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## WELCOME TO ROOTS COUNSELING & WELLNESS

### MEET THIS MONTH'S CLINICIAN!

#### MILTON MCLELLAND

Founder & Owner  
Clinical Mental Health  
Counselor (CMHC)

Specializing in Bipolar  
Disorder, Borderline  
Personality Disorder,  
Trauma, PTSD, and more.

Milton works with adults,  
couples, and more.

His approach is ACT, DBT,  
and IFS



My name is Milton McLelland. I am a clinical mental health counselor and the co-owner of Roots Counseling, alongside my wife, Rochelle. Since 2016, Roots Counseling has operated as a Dialectical Behavior Therapy (DBT)-based treatment center. DBT was originally developed to help individuals who have experienced complex trauma and who struggle with emotional regulation, relationships, and daily life functioning. It is a skills-based model grounded in the belief that people are doing the best they can with the skills they currently have—and that growth and change are always possible.

At Roots, DBT serves as the foundation of our work. By combining traditional talk therapy with practical, evidence-based skills, we help individuals learn how to manage emotions, build healthier relationships, and move toward the life they want to live. Over the years, we have continued to grow and evolve while maintaining our commitment to DBT. We have also integrated additional therapeutic approaches that strengthen and complement this foundation, including Internal Family Systems (IFS), often referred to as "parts work." IFS helps individuals better understand their inner world, identify where they feel stuck, and work compassionately with themselves so that insight and skills can come together in meaningful ways.

This column is part of our effort to support mental health not only in our practice, but within our community and beyond. Life feels especially demanding right now, and connection, understanding, and hope matter. Each month, we will explore mental health topics relevant to everyday life and share what we see working in recovery right here in Iron County. If you have questions you would like us to address, you may email Roots Counseling at [info@rootscw.com](mailto:info@rootscw.com) with the subject line "Newspaper Question." Your privacy will always be respected. We look forward to building a healthier, more resilient community as we continue to serve Iron County.

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perfection, just a  
willingness to begin.

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you don't have to do it  
alone. Therapy with me is  
collaborative,  
compassionate, and focused  
on real growth."

-Milton M.

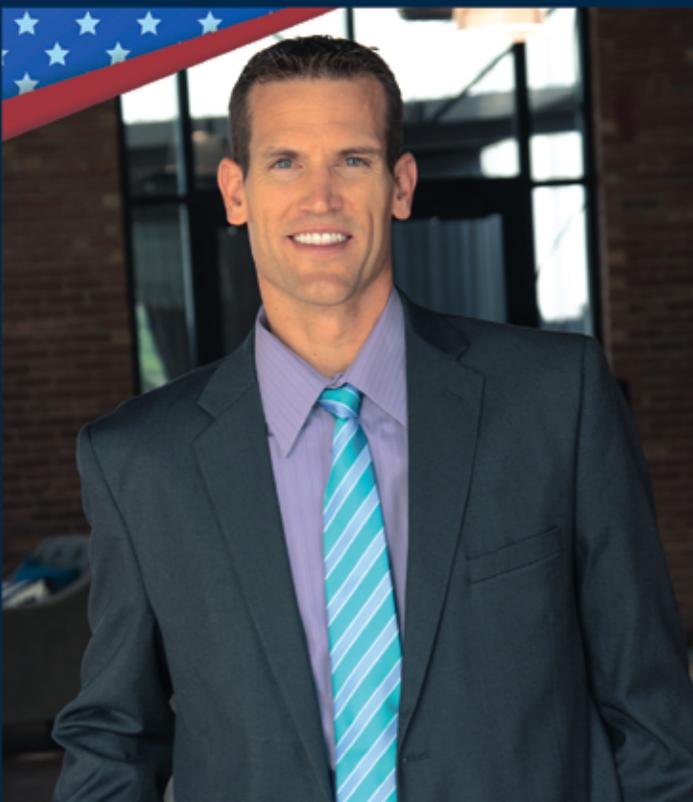


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## TELTON HALL FOR IRON COUNTY SCHOOL BOARD - DISTRICT 5



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- Married 22 Years
- Graduated Southern Utah University Summa Cum Laude
- Played SUU Basketball under Bill Evans
- Certified Financial Planner™
- 2021 Amazon Finance Best Selling Author

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-page 15



IRON  
COUNTY

today

# CANYON VIEW DRILL TEAM CLAIMS FIFTH STRAIGHT 3A STATE TITLE



STORY IN SPORTS

# Board approves traditional school year calendar

by Shauna Lund

IRON COUNTY SCHOOL DISTRICT

The Board of Education of Iron County School District approved the traditional calendar for 2026-27. However, the board also agreed it would continue to discuss different options for future school years.

Board member Tyrel Eddy moved to approve the traditional calendar for 2026-27, but also to submit to the Utah State Board of Education (USBE) a request to implement a modified four-day calendar for 2027-28. His motion also suggested a freeze on Cost of Living Adjustments for one year and using the savings to build a new elementary school.

“This has been a very, very in-depth process,” Eddy said of the months the Board has discussed a modified calendar. “We’ve done two surveys to the community. We’ve done two surveys to the schools. We’ve held town halls. We’ve all received an enormous amount of email correspondence, phone calls. It’s been a lot.”

Eddy said that when surveys show more than 60% support from the community and higher than 70% support from staff, it cannot disregard that endorsement of a four-day school week.

Several board members spoke to the motion. They agreed that for this

coming year, the traditional schedule was the best option and needed to be adopted to help families and teachers plan. However, they expressed that more discussion needed to take place before requesting approval of a modified schedule from the USBE.

Eddy’s motion died from lack of a second. Board Vice President Michelle Tullis introduced another motion to only approve the 2026-27 calendar. Board member Stephanie Hill said it was important for the Board to continue to get input and hammer out the details so they could get it right before asking for the approval from the USBE.

Tullis also apologized to teachers and

parents for the length of time it had taken to adopt a school year calendar.

“I think we’re all feeling the same way, that it’s taken longer than it ... should have,” she said. “We honestly don’t take that lightly, it’s just, it really just got away from us. We are committed to doing better. We want to make sure that we have this right.”

The Board plans to explore the four-day calendar for 2027-28 in its February meeting and possibly March. The deadline to apply for the variance from the state is April 10.

The motion passed with a vote of 6 to 1.

## STATE REPRESENTATION CONTACT INFORMATION:

### House Representatives

**Representative Rex Shipp - District 71**  
435-590-1073  
rshipp@le.utah.gov

**Representative Carl Albrecht - District 70**  
435-979-6578  
Carlalbrecht@le.utah.gov

### State Senator District 28

**Evan J. Vickers**  
Phone: 435-817-5565  
email: evickers@le.utah.gov

### Governor

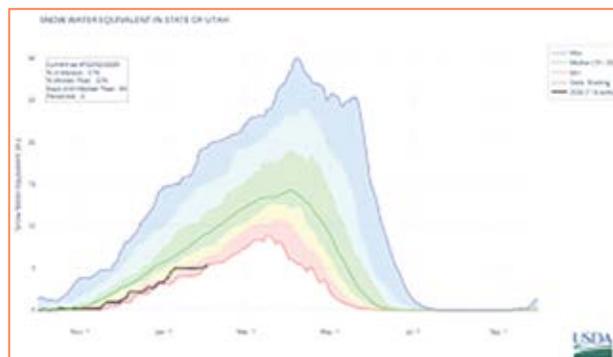
**The Office of Gov. Spencer J. Cox**  
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P.O. Box 142220  
Salt Lake City, UT 84114-2220  
Phone: 801-538-1000  
Toll Free: 800-705-2464  
<https://governor.utah.gov/contact/>

### board@schools.utah.gov

Communications sent to this email address will be received by all board members, the USBE superintendency and select board staff. Please include the city where you live in your emails so your recognized board member may choose to email you personally.

# NEW RECORD LOW STATEWIDE SNOWPACK

## A Special Report of the NRCS-Utah Snow Survey



from Jordan Clayton

U. S. DEPARTMENT OF AGRICULTURE

New record low statewide snowpack conditions for Utah

- As of January 31st, Utah’s statewide snow water equivalent (SWE) measured at our SNOTEL weather stations was an average of 5.1 inches, which dipped below the previous minimum observed value of 5.2 inches for that date. Since then, our statewide SWE has continued to set new

record minimums for all observations going back to the beginning of the SNOTEL era in 1980. Refer to the NRCS-Utah Snow Survey homepage for additional information.

- As of today, 31 of Utah’s 140 SNOTEL sites were reporting a record low amount of SWE for this date, and 12 more were second-highest. Combined, that amounts to 31% of Utah’s SNOTEL network that is at its worst or second-worst amount of snowpack.
- Of Utah’s major basins, 4 have record low SWE based on current conditions (Weber-Ogden, Provo-Utah Lake-Jordan, Tooele Valley-Vernon Creek, and Lower Sevier), with 6 others very close to setting record lows (Northeastern Uintas, San Pitch, Price-San Rafael, Dirty Devil, Upper Sevier, and Southeastern Utah).
- Currently, our statewide snow water equivalent (SWE) is only at about one-third of our normal statewide annual peak SWE, with only two months to go in the typical snow accumulation season.

southern utah university

# Michelle Orihel to deliver Grace Adams Tanner Distinguished Faculty Lecture

*History professor to present annual lecture through  
Eccles A.P.E.X. series*

from Shauri Thacker

SUU GRACE A. TANNER CENTER FOR HUMAN VALUES

Cedar City, UT — Southern Utah University associate history professor Michelle Orihel will be presenting “American Independence: Stories of Freedom, Struggle, and Resilience” as the 2026 Grace Adams Tanner Distinguished Faculty Lecture. Her lecture will take place on Thursday, Feb. 12, at 11:30 a.m. in the Gilbert Great Hall of the Hunter Alumni Center. All campus and community members are invited to attend.

Orihel is an associate professor of history at Southern Utah University. She earned her B.A. at Brock University, M.A. at Queen’s University, and a Ph.D. at Syracuse University in 2010. She teaches the survey course in American history as well as upper-division courses on colonial and revolutionary America, the early American republic, the history of American journalism, and the history of gender in early America. In recognition of her teaching accomplishments, Southern Utah University named her Outstanding Educator for Diversity and Inclusion in 2017.

Her research focuses on the politics and print culture of post-revolutionary America and the Atlantic world. Presently,

she is writing a book about the rise and fall of the Democratic-Republican Societies in 1790s America. Inspired by the French Revolution, these societies formed the first opposition movement to the national government in American history.

The Grace A. Tanner Center for Human Values seeks to promote access to scholarly and scientific learning in all areas of human values which embrace moral, artistic, intellectual, and

see **MICHELLE ORIHTEL** » 7

Grace A. Tanner Distinguished Faculty Lecture

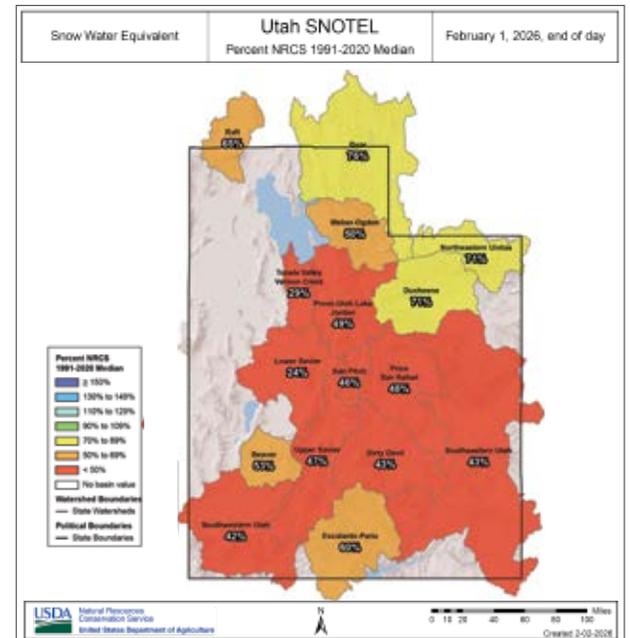
## MICHELLE ORIHTEL

“American Independence: Stories of  
Freedom, Struggle, and Resilience”

11:30 a.m. | February 12, 2026 | Gilbert Great Hall



SUU SOUTHERN  
UTAH  
UNIVERSITY



**IRON COUNTY FORECAST**

OUR WEEK WRAPS UP WITH SUNSHINE AND VERY MILD TEMPERATURES. HIGHS WILL WARM INTO THE MID TO UPPER 50S THROUGH SUNDAY. A COLD FRONT BRINGS COLDER AND POSSIBLY MORE UNSETTLED WEATHER CONDITIONS NEXT WEEK.

Check your local forecast anytime at: [ABC4.com/weather](http://ABC4.com/weather)

**THURSDAY**  
SUNNY  
**59°/25°**  
PRECIP: 0%  
WINDS: NE 5-10

**FRIDAY**  
SUNNY  
**58°/26°**  
PRECIP: 0%  
WINDS: S 5-10

**SATURDAY**  
MOSTLY SUNNY  
**58°/27°**  
PRECIP: 0%  
WINDS: S 5-10

**SUNDAY**  
PARTLY SUNNY  
**57°/28°**  
PRECIP: 10%  
WINDS: N 5-15

**MONDAY**  
RAIN/SNOW  
**44°/29°**  
PRECIP: 30%  
WINDS: SW 5-10

**TUESDAY**  
PARTLY CLOUDY  
**42°/25°**  
PRECIP: 20%  
WINDS: S 10-15

**WEDNESDAY**  
RAIN/SNOW  
**38°/23°**  
PRECIP: 40%  
WINDS: W 10-20

## opinion

### FROM THE EDITOR



**ESTHER  
HAILSTONE**  
OFFICE MANAGER

**I**t's hard to believe we are already in the second month of 2026.

While February may be the shortest month of the year, it's still packed with meaningful moments. From Groundhog

Day and Valentine's Day to Presidents' Day, and, of course, the Super Bowl for football fans, there's no shortage of things to look forward to.

As winter slowly begins to ease, our community is starting to come back to life. Schools, local organizations, and businesses are staying busy, and there's always something happening worth sharing.

If you're like me, you probably enjoy a steady routine and knowing what to expect day to day. But February is a great reminder that even small changes, a community event, a good story, or a neighbor lending a hand, can bring something new and positive into our lives.

That's where you come in. Some of the best stories we publish come directly from our readers. If you know of a local event, a milestone, a student achievement, or a story that deserves to be told, we invite you to share it with us. Your tips, photos, and ideas help us continue telling the stories that matter most to our community.

As always, thank you for reading and supporting local news. We look forward to another great month of sharing the stories that connect us all.

### QUOTE OF THE WEEK

#### ALTRUISM

[al-tru-izm]

noun

*selfless concern for the well-being of others, without care for one's own interests; unselfishness.*



### LETTER TO THE EDITOR

*OPPORTUNITY !!??*

*With the move of Smiths grocery store to a new facility, now is the time for Cedar City, Iron County, and Private partners to come together and acquire the old building. A donation by Smiths/Kroger would be a great deal. Once acquired the local governments could send out Request for Proposals on how to develop the building as and indoor recreation/activities center. Virtually nothing in the area for winter activities, indoors. The build out could be phased in over several years. A food truck corral with utility hookups and eating area would also be great. Lets get a public/private group together to get this done.*

*Bruce Winslow*

## Founding of the American Republic

### PART 2

by *Edy Meredith*

FOR IRON COUNTY TODAY

We frequently hear of the Founding Fathers, but rarely about the Founding Mothers, but this is very sad because the Founding Mothers of the American Revolution that led to the founding of the American Republic are known as

the Backbone of America. Without a backbone strong and firm, our American Republic could not stand so today we are celebrating those patriots by increasing our knowledge of them. The American Revolutionary War could not have been successful without the strong support of women in the American

see **FOUNDING** » 7

### QUOTE OF THE WEEK

*"Everybody can be great... because anybody can serve."*

-Martin Luther King Jr.

IRON COUNTY **today**

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## opinion

### FOUNDING

« CONTINUED FROM PAGE 6

Revolution. Although women were not allowed to vote in U.S. federal elections until 1920, the American Revolutionary War would not have been able to succeed and progress as it did without the widespread ideological as well as material support of colonial women. Ordinary domestic behaviors became charged with political significance as women in their daily activities confronted and supported the Revolution by halting previously everyday activities, such as drinking British tea or ordering clothes from Britain as colonial women showed significant support through their actions for the Revolution. Besides the colonial women supporting the Revolution, those women who remained loyal to the British Crown or who remained politically neutral suffered devastating results as they were forced to flee their homes and relocate to Canada and to other countries, such as England or to countries in South America.

The support of colonial women is frequently divided into several categories: 1) support in the domestic realm such as the homespun movement, 2) nonimportation and nonconsumption of British or Canadian goods, 3) quartering of patriotic American soldiers, 4) camp followers who provided services to the patriot fighters such as cooking and laundry, 5) women soldiers, 6) women poets and writers, 7) Freedom lawsuits as the revolution continued in mind and body even until the Civil War. We know that slaves, both male and female, fought in the Revolutionary War as Great Britain promised freedom if the slaves would join in fighting the insurrection but one of the most loyal slaves was George Washington's faithful slave who after the death of George Washington was set free and allowed to live throughout his life at the Washington Estate in Virginia.

For more information about the impact of colonial women on the American Revolution, please go to Thriftbooks.com or to Amazon and order some of the following books: 1)

Founding Mothers: Remembering the Ladies, a History Picture Book About Women Who Shaped the American Revolution, by Cokie Roberts and Diane Goode written for children to teach them about American principles; 2) Founding Mothers: Women of America in the Revolutionary Era by Linda Grant Depauw; 3) Founding Mothers & Fathers: Gendered Power and the Forming of American Society by Mary Beth Norton; 4) The Founding Mothers of the United States by Selene Castrovilla, 5) Founding Mothers: A Teachers Guide to Founding Mothers: Common-Core Aligned Teacher Materials by Cokie Roberts and Amy Hurskis, 6) The Founding Mothers: The Biographies and Influence of Martha Washington, Abigail Adams, Deborah Sampson and others by Thomas Jacobs. In our age of technology, ignorance of history is not an acceptable excuse as we continue in the work of an inclusive and more perfect union. Please also read my favorites including Glory, Passion, and Principle: The Story of Eight Remarkable Women at the Core of the American Revolution by Melissa Lukeman Bohrer; and Liberty's Daughters: The Revolutionary Experience of American Women 1750-1800 by Mary Beth Norton. Freedom, real freedom without bondage, requires that education be available to all. If the parents and grandparents are ignorant of history, how can their grandchildren be free? In the days of legal slavery, slaves were not allowed to get an education, to learn to read, or to attend school. One of our favorite historical figures, Frederick Douglass, somehow through the grace of God taught himself to read and was able to escape from slavery and become a well-known freedom fighter through the words and speeches he gave throughout Europe and the United States. Ignorance has never been about freedom. Women have always been at the forefront of freedom as we fight for knowledge and real power for ourselves and for our children. Remember, it is always about education. Those who are lacking in knowledge have always been enslaved to prejudice and unlawful restrictions. The price of freedom has always been about knowledge and education.

## southern utah university

### MICHELLE ORIHEL

« CONTINUED FROM PAGE 5

spiritual concepts. For more information about the Grace A. Tanner Distinguished Faculty Lecture and the center as a whole, visit [suu.edu/tanner](http://suu.edu/tanner).

The Center has sponsored this lecture at Southern Utah University since 1981. Each year, one scholar or creative is selected to give a dynamic and engaging presentation as the Grace A. Tanner

Distinguished Faculty Lecturer. The selection process is overseen by a Faculty Senate committee without the Center's involvement.

Eccles A.P.E.X. has been bringing experts from across various disciplines since 1983. Always free and open to the public, the event series encourages attendees to be passionate about a broad spectrum of thoughts, ideas, disciplines, backgrounds and cultural themes. More information about Eccles A.P.E.X. can be found on their website at [suu.edu/apex](http://suu.edu/apex).

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# IRON COUNTY GOVERNMENT RECAPS

## Parowan City Council Meeting Summary

by Jennelle Zajac

FOR IRON COUNTY TODAY

**Public Comment** - During the public comment section, Cecilie Evans, a representative from the Iron County Homeowners Association, requested increased collaboration between the association, city staff, and council members prior to council meetings to proactively address building industry concerns.

**Audit Report and Fraud Risk Assessment** - Kimball and Roberts presented the audit report for fiscal year 2025, delivering a “clean and unmodified” opinion, signifying a clean audit of Parowan City financials with no material irregularities. Rick Roberts discussed the budget to actual expense comparisons, noting that while total revenues were less than budgeted, expenditures were also kept below budget. He also addressed a finding of non-compliance regarding the Fraud Risk Assessment and emphasized the importance of timely completion and approval. The council approved the audit report and moved to rectify the Fraud Risk Assessment. The council discussed the possibility of forming a formal audit committee to ensure Parowan City receives a finding-free assessment in the future.

**Pioneer Legacy Celebration Request** - Justin and Merrill Osmond presented a report on the 2024 Pioneer Legacy Celebration, expressing gratitude for the city's support and outlining plans for the upcoming 2026 event. He requested continued partnership and sponsorship from the city, emphasizing that any funds raised beyond production costs would be donated to charity.

**Breakwater Flood Control Discussion** - The council resumed discussion on the Breakwater Flood Control, evaluating three options: doing nothing, putting the project out to bid, or running the pit as an enterprise fund. The discussion included the need to process existing raw materials, potential cost savings, and the importance of flood control for the town. The council decided to table the item until the next meeting to gather more information on feasibility and bidding processes.

**Police Truck Buyback** - The council deliberated on the police truck buyback program, considering whether to purchase and keep two trucks coming off lease. Ultimately, the council approved buying both trucks with the option to sell one if it's not needed after evaluation.

**Water Impact Fee Analysis Presentation** - Bowen Collins & Associates presented a draft of the Water Impact Fee Analysis, explaining the methodology for calculating fees and emphasizing the importance of growth paying for itself. The analysis proposed a new Water Impact Fee of

\$7,284.76, a significant increase from the current fee of \$2,056 for residential. The council decided to schedule a public hearing for the next meeting.

**Airport FBO Operating Agreement and Hangar Leases Discussion** - The council discussed the FBO operating agreement and hangar leases at the airport. The proposal involved separating airport management duties from the FBO and hiring a part-time city employee for airport management. The city would lease the main hangar to the FBO for free, encouraging them to enhance services and attract more aviation activity.

**Annexation Policy Plan Discussion** - The council reviewed the annexation policy plan, deciding whether to make recommendations to change the map and future boundaries. Councilmember Burton expressed interest in shrinking the annexation area, citing infrastructure concerns. After discussion, the council agreed to move the item to the next action meeting, allowing Councilmember Burton to present a proposed new annexation map.

### Other Discussions

- **Building Permit Fee:** The council discussed the recently adopted fee schedule and negative feedback received from builders. Compared to the Iron County and Cedar City, Parowan's fees are much higher. The council will consider discounts and refunds at a future meeting.

- **Wildland Urban Interface:** The council reviewed the definition of Wildland Urban Interface in preparation for defining the area for Parowan City. The wildland urban interface (WUI) is the area where human development meets or intermingles with wildland vegetation, posing significant wildfire risks.

*Residents are encouraged to attend City Council Meetings on the second and fourth Thursday of each month at 5:30 p.m. at the Parowan City Council Chambers. Alternatively, the meetings can be viewed at <https://www.youtube.com/@parowancity2030>*

## Iron County Commission Meeting Summary

by Iron County Today Staff

FOR IRON COUNTY TODAY

The meeting opened with the election of officers for 2026, with Commissioner Ken Robinson unanimously appointed as chair. The commission then approved the December 8, 2025 meeting minutes and payment claims from December 8, 2025 through January 25, 2026.

### Open Meetings Law Training

The County Attorney provided required training on Utah's Open Meetings Act,

## BUDGET SUMMARY

YEAR	STATE OF UTAH	IRON COUNTY	SCHOOL DISTRICT	CEDAR CITY	COUNTY POPULATION	INFLATION RATE
2020	\$18,500,000,000	\$64,397,882	\$97,275,145	\$84,121,067	57,286	1.4
2021	\$20,300,000,000	\$68,529,185	\$111,206,179	\$82,661,906	58,672	7.0
2022	\$25,600,000,000	\$80,413,678	\$116,183,977	\$82,219,239	62,508	6.5
2023	\$26,000,000,000	\$78,255,317	\$172,080,787	\$97,198,239	64,211	3.4
2024	\$29,400,000,000	\$67,789,445	\$200,512,950	\$150,125,060	65,765	3.2
2025	\$30,800,000,000	\$132,282,649	\$221,113,931	\$77,269,263	67,617	2.7
<b>ANNUAL INCREASE</b>	10.7%	15.5%	17.8%	0%	3.4%	4.3

\* Information was obtained directly from the governmental entities listed.

## IRON COUNTY GOVERNMENT RECAPS

highlighting common violations, notice and recordkeeping requirements, and proper procedures for closed meetings. He emphasized that discussions between two commissioners can constitute a quorum and that intentional violations are a Class B misdemeanor.

The commission also discussed electronic public participation, noting new state requirements for more interactive options. Members agreed to explore improved virtual participation methods for future meetings.

### Commission Reports and Ongoing Projects

Commissioner Blake reported that the new county jail project is on schedule. He also addressed challenges with House Bill 48, noting issues with state wildland-urban interface maps and fire fees. Iron County has chosen not to implement the program until state concerns are resolved, despite the January 1 deadline.

Blake shared updates on EMS oversight now being handled at the county level, with improved coordination among Gold Cross Ambulance, Intermountain Life Flight, and dispatch services.

### SITLA and Solar Development Concerns

Concerns were raised about SITLA allowing solar development on grazing lands with limited notice. The commission discussed potential ordinances, including reviewing tax incentives, requiring bonding and decommissioning plans, and allowing grazing under solar panels.

Commissioners expressed skepticism about solar tax incentives and agreed to further review these issues.

### Additional Matters

The commission discussed visitor center space needs following the departure of Five County AOG and a request from USU Extension, agreeing to prioritize county needs.

It was reported on road dedication and

maintenance issues and plans to meet with the Board of Realtors to clarify responsibilities. He also addressed misconceptions about Utah's fence-out laws related to a current livestock lawsuit.

### Zoning Ordinance Amendments

Proposed amendments to the Iron County Zoning Ordinance 2026-2 updated definitions, the table of uses, guest house regulations, and added standards for vehicle storage lots.

Many changes shifted certain uses from conditional use permits to administrative permits, including indoor recreation, park-and-ride facilities, retirement homes, and telecommunication sites. Educational facilities were also consolidated into a single category.

The amendments allow one guest house by right with only a building permit, streamlining a frequently used process, with standard conditions moved into ordinance regulations.

New vehicle storage lot standards include minimum lot size, setbacks, screening, surface and lighting requirements, and limits to operable, registered vehicles. The Planning Commission recommended approval with clarification requests, and the amendments were unanimously approved.

### Escalante Valley Housing Authority

The commission reviewed the Escalante Valley Housing Authority, created in 1970 but never formally registered with the state, which operates 28 low-income housing units in the Beryl area.

Compliance issues were identified during a bank review, prompting discussion on assisting with state registration and reviewing recent property tax assessments after the units lost their tax-exempt status.

The commission noted the authority's role in meeting housing needs and unanimously approved a letter of support for state registration, appointment of a county liaison,

approval of future board appointments in public meetings, and limited legal assistance.

### Annual Bee Inspector Report

The annual report on county honeybee health noted inspections of 30 yards and 87 colonies in 2025. Findings included cases of American foul brood requiring destruction, treatable European foul brood, chalk brood managed through equipment replacement, and several severe cases of parasitic mite syndrome. Varroa mites remain the leading cause of colony loss, though local beekeepers were cooperative in addressing issues.

### Utah State University Extension Services Agreement

The commission reviewed and approved the 2026 cooperative agreement with Utah State University Extension Services totaling \$239,982. Concerns were discussed regarding office space requests, and the commission chose to defer any expansion while further evaluating overall county space needs.

### Policy Updates and Personnel Actions

Updated per diem and mileage rates for 2026 were approved based on federal guidelines. Numerous personnel actions, primarily within the Sheriff's Office, were also unanimously approved.

The meeting concluded with a closed session regarding the sale of real property before adjournment.

Residents are encouraged to attend Iron County Commission Meetings on the second and fourth Mondays of each month at 9am at the Iron County Commission Chambers, located at 68 S 100 E in Parowan, Utah. Alternatively, the meetings can be viewed at [www.youtube.com/@ironcounty6701/streams](http://www.youtube.com/@ironcounty6701/streams)

## Cedar City Council Meeting Summary

by Iron County Today Staff

FOR IRON COUNTY TODAY

### 75th Anniversary of the Miracle of Gapyeong

The council heard plans to commemorate the 75th anniversary of the "Miracle of Gapyeong" on May 2, honoring nearly 600 Cedar City servicemen who fought in Korea in 1950 and all returned home alive. Events will include a morning ceremony at Veterans Memorial Park, a luncheon with Southern Utah University, a historical display, and a documentary screening. City support was requested for traffic control, a police escort, and installation of a commemorative plaque.

Council members expressed strong support and discussed issuing a proclamation and including the event in Iron County's America 250 celebrations.

### Police Department Promotion

The council recognized the promotion of a new police sergeant, Sergeant Bonds, selected from multiple qualified candidates to fill a vacancy created by a retirement.

### Transit Study Presentation

A regional transit study examining Cedar City, Enoch, Parowan, and Brian Head was presented, based on more than 800 survey responses. Shopping was identified as the primary reason for regional travel, with strong demand for service to Southern Utah University, downtown Cedar City, and major retail areas. The study proposed a phased transit expansion plan through 2050. The council forwarded the study to the transportation planning committee for further review.

### Cemetery Renovation Project

The council approved additional

## IRON COUNTY GOVERNMENT RECAPS

roadway work for the cemetery renovation project, awarding the work to the original contractor to preserve the project warranty. The council required the work to be completed before Memorial Day weekend.

### Wastewater Effluent Reuse Study

The council discussed a contract modification for a wastewater effluent reuse study and water master plan amendment. The project is tied to \$2 million in ARPA grant funding that must be spent by June 30 and would support construction of a pump station and pipeline to deliver treated effluent for agricultural use, with future reuse planned for Cedar City and Enoch.

The project requires a 20% local match totaling \$400,000, shared between Cedar City, Enoch, and the Central Iron County Water Conservancy District. Concerns were raised about long-term funding, including the need for a dedicated enterprise fund or adjusted water rates to support operations and future wastewater treatment expansion.

After discussing funding options, timelines, and the importance of the study for system design, the council approved the contract modification. Additional grant funding may also be pursued to help offset costs.

### Public Comment

Two residents addressed the council, raising concerns about water quality, traffic congestion near major retail areas, and cleanliness in commercial parking lots. Comments also emphasized the need to address long-term water sustainability through rate adjustments and aquifer recharge, noting that future grant funding may be limited.

The council adjourned after completing all agenda items and public comments

*Residents are encouraged to attend the Cedar City Council Meetings held every Wednesday of each month at 5:30PM located at City Hall, 10 N Main St. Cedar City Utah. Alternatively, the meetings can be viewed at [youtube.com/@cedarcityutah/streams](https://youtube.com/@cedarcityutah/streams).*

## LEGISLATIVE UPDATES

### Week 2 Recap: Secure Elections, Supporting First Responders, and More



REP. REX SHIPP  
UTAH HOUSE DISTRICT 72

#### From our Community to the Capitol

Week 2 of the 2026 General Legislative Session was another productive week of advancing conservative solutions that strengthen Utah's future. We made significant progress to keep power reliable and affordable, passed measures to enhance election security, and moved forward with bills that keep Utah affordable for current and future generations. My commitment remains fighting for our community by supporting families, protecting liberty, and promoting a thriving economy for Utah.

If you'd like to follow the process more closely, you can watch sessions live, view daily agendas, and learn more about legislation at [le.utah.gov](http://le.utah.gov).

#### Fighting for Utah Children

This week, my bill, HB 174 Sex Characteristics Change Amendments, passed out of the House Health and Human Services Committee. This legislation is about protecting Utah's children by placing clear guardrails around irreversible medical interventions that can cause lasting harm to otherwise healthy bodies. Advancing this bill is an important step forward, and I remain fully committed to seeing it through. Protecting children is one of the most serious responsibilities we have as lawmakers, and I am committed to making sure we accomplish this most vital goal.

#### Putting Utah Students First

As your Representative, I'm committed to keeping higher education affordable, accessible, and focused on real outcomes that prepare graduates to succeed in the workforce and strengthen their families and

communities. Utah's higher education leaders joined with Governor Cox and legislative leadership to sign a historic joint resolution reaffirming a shared commitment to students, academic excellence, and public accountability. I believe this resolution sets an important standard—both in Utah and nationally—for keeping students at the center of every decision.

#### Strengthening Election Security

I am committed to ensuring Utah's elections are secure, transparent, and trusted by all voters. This session, we're advancing H.B. 209 Voting Amendments, which adds meaningful election integrity measures while maintaining easy participation for most voters. The bill provides a clear process for election officials to verify citizenship and ensure ineligible individuals—including non-citizens—are not on our voter rolls, building on the safeguards already in place. Most Utahns won't notice any change in how they vote, but these steps strengthen public confidence in our elections and protect the foundational principle that only eligible citizens participate in state and local elections.

#### Supporting Those Who Serve

One of the important ways we're standing with our first responders this session is through H.B. 79, which restores legal protections for those who put themselves in harm's way to protect others. This summer, the Utah Supreme Court upended forty years of precedent, claiming these protections only apply during rare, limited

circumstances. H.B. 79 bill clarifies that first responders and emergency responders are protected from lawsuits when they are acting in good faith while responding to emergencies, disasters, or providing emergency medical care. The goal is simple: allow our firefighters, law enforcement officers, EMTs, and other emergency personnel to focus on saving lives and serving the public, without the constant fear of legal second-guessing. Utah's first responders deserve our trust, our gratitude, and our full support, and this legislation is an important step in backing them up.

#### Supporting Utah Families

Utah families are the heart of our communities, and the Legislature is committed to strengthening and supporting them. With rising costs for housing, childcare, and everyday essentials placing real pressure on parents, our focus is on reducing those burdens and making it easier for families to thrive. That includes keeping more money in family budgets through continued tax relief, expanding access to affordable childcare, and supporting policies that promote stability and opportunity for parents and children alike. Strong families are the foundation of a strong Utah, and every policy we pursue is guided by the goal of helping families build secure and hopeful futures.

Bills Passed by the House this Week

- H.B. 47 Vehicle Registration and Insurance Amendments
- H.B. 49 Law Enforcement Salary Amendments
- H.B. 50 Child Protection Ombudsman Amendments
- H.B. 52 Tribal Endorsement of Utah Driver License Amendments
- H.B. 53 Community Rehabilitation Program Amendments
- H.B. 54 Boating Safety Education
- H.B. 61 Navajo Trust Fund Amendments
- H.B. 65 Construction Code Amendments
- H.B. 66 Soil Health Program Amendments
- H.B. 67 Lead Acid Battery Disposal Sunset Amendments



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## LEGISLATIVE UPDATES

H.B. 69 Drinking Water Restructuring Amendments  
 H.B. 73 Public Employee Retaliatory Action Amendments  
 H.B. 77 Tax Modifications  
 H.B. 78 Nuclear Regulatory Amendments  
 H.B. 85 State Sovereignty Amendments  
 H.B. 209 Voting Amendments  
 S.B. 1 Higher Education Base Budget  
 S.B. 4 Economic and Community Development Base Budget

S.B. 5 General Government Base Budget  
 S.B. 6 Transportation and Infrastructure Base Budget  
 S.B. 7 National Guard, Veterans Affairs, and Legislature Base Budget  
 H.B. 211 Real Property Recording Amendments  
 H.C.R. 4 Concurrent Resolution Regarding Religious Freedom  
 H.B. 76 Data Center Water Transparency Amendments  
 H.B. 182 Genetic Information Amendments  
 H.B. 199 Health Data Amendments

I would love to hear from you!

District 71  
 Representative Rex Shipp  
 Rshipp@le.utah.gov

### Representative Albrecht's Weekly Hill Update

#### Hello Friends and Neighbors,

As we wrap up the second week of the 2026 General Session, I'm pleased to share progress on several bills I've sponsored that are moving through the legislative process. These bills reflect the needs and values of our

district — supporting innovation in energy, preserving public lands, and strengthening Utah's long-term prosperity. Thank you for following along and staying involved.

As always, you can track legislation, see agendas, and watch live sessions at [le.utah.gov](http://le.utah.gov).

#### Legislation Update: Bills I'm Working On

##### Passed the House Floor

HB 78 – Nuclear Regulatory Amendments

House vote: 75-0-0  
 This bill creates the Nuclear Energy Regulatory Office under the Division of Waste Management and Radiation Control. It provides a framework for Utah to manage licensing, compliance, and oversight of nuclear materials under federal guidance. With nuclear energy gaining national momentum, this ensures that Utah is prepared with its own responsive and responsible regulatory structure.

HCR 1 – House Concurrent Resolution on Advanced Nuclear Manufacturing

House vote: 71-3-1  
 This resolution expresses the Legislature's support for advanced nuclear manufacturing and encourages the development of this emerging sector in Utah. It highlights the importance of safety, transportation infrastructure, and regulatory readiness, while signaling Utah's interest in attracting future investment and innovation in clean

energy.

##### Moving Forward in the House

HB 64 – School and Institutional Trust Lands Amendments  
 Status: On House 2nd Reading Calendar  
 This bill creates a formal process for

counties to nominate culturally or scientifically significant sites on school trust lands for possible preservation. It sets clear guidelines for how nominations are made, reviewed, and monitored —with special protections in place if a site is at risk. These lands matter deeply to Utah's rural counties, both as cultural heritage and preservation for future generations.

HB222 – Limitations of Actions Amendments

Status: Passed Public Utilities and Energy Committee

This Bill clarifies that individuals and businesses cannot be held liable for damages or injuries caused by greenhouse gas emissions unless they directly violated a specific legal duty. It removes the previous requirement that a person must live or do business in Utah to qualify for this limited liability. The bill makes only technical and conforming changes beyond this core adjustment

##### Floor Sponsorship in the House

SB 20 – Natural Resources, Agriculture, and Environment Technical Changes

Senate sponsor: Sen. Kevin Stratton | House sponsor: Rep. Carl Albrecht  
 This bill makes technical updates to Utah's conservation and environmental statutes, improving clarity and coordination among agencies. These changes support consistent implementation of programs that benefit landowners, farmers, and water users across Utah.

SB 26 – Pest Control Amendments  
 Senate sponsor: Sen. Kevin Stratton | House sponsor: Rep. Carl Albrecht  
 This bill clarifies provisions related to pest control programs, particularly those that impact agriculture and public land. These updates ensure better coordination and enforcement in protecting crops, rangeland, and ecosystems.

##### Now on the Senate Reading Calendar

HB 66 – Soil Health Program Amendments  
 Status: Passed House | On Senate 2nd Reading Consent Calendar  
 Extends the Utah Soil Health Program

through July 1, 2036. This provides long-term support for sustainable agriculture and land health strategies, helping Utah farmers and ranchers invest with confidence in their land's future.

HB 67 – Lead Acid Battery Disposal Sunset Amendments

Status: Passed House | On Senate 2nd Reading Consent Calendar

Removes the sunset provision on the state's lead-acid battery disposal system, keeping these safety measures in place without disruption. This bill protects public health and gives the Legislature time to assess future environmental needs.

HB 69 – Drinking Water Restructuring Amendments

Status: Passed House | Awaiting Senate Committee Review

Updates Utah's drinking water governance model to clarify compliance and enforcement tools. It supports long-term oversight of critical infrastructure that impacts both rural and urban communities.

##### Committees and Caucus Leadership

As Chair of the House Natural Resources, Agriculture, and Environment Committee, I continue working to bring thoughtful, rural-focused policy to the forefront of the legislative conversation. I'm also actively serving on the:

- House Public Utilities and Energy Committee
- Natural Resources Appropriations Subcommittee
- Water Development Commission
- Federalism Commission
- Constitutional Defense Council
- Colorado River Authority of Utah

I also serve as Chair of the Rural Caucus, one of the most well-attended and longest-standing caucuses on the Hill. We focus on ensuring rural needs are heard and addressed in all areas of state policy.



REP. CARL ALBRECHT

UTAH HOUSE DISTRICT 70

## LEGISLATIVE UPDATES

Additionally, I serve on a Rural legislative Education Working Group focused on strengthening education delivery and facilities in rural areas. This includes supporting capital improvement funding, enhancing rural campus infrastructure, and ensuring students across Utah, no matter their ZIP code, have access to strong learning environments that prepare them for the future.

### Stay Engaged

Your feedback helps shape the decisions we make here at the Capitol. I encourage you to follow live committee meetings, explore bills of interest, and stay connected through the official website: [le.utah.gov](http://le.utah.gov).

Thanks again for your continued engagement. I'll be back next week with another update.

## Week 2-Sen Vickers' Legislative Update



**SEN. EVAN VICKERS**  
UTAH SENATE DISTRICT 28

Friends and Neighbors,

As we wrap up the second week of the 2026 General Session, I want to share an update on several key pieces of legislation that have received attention at the Capitol. From discussions about our court system to policy debates involving kratom and elections, my focus remains on advancing practical, commonsense solutions that serve Utah families and communities.

**S.B. 134, Court Amendments:** I have concerns about expanding the judiciary at this time. While I understand the intent behind expanding the Supreme Court, the Court of Appeals, and the District Courts, adding permanent judicial positions requires clear, long-term data showing sustained need. Expanding the courts is a significant and ongoing financial commitment, and without greater certainty about future caseloads and fiscal impact, I could not support S.B. 134.

**S.B. 45, Kratom Revisions:** The Senate considered whether kratom should be banned while public health risks are better understood. In Senate Business and Labor, we discussed the evolving concerns surrounding kratom, including

testimony from individuals who believe it has helped them and from others who described serious harm. These discussions highlighted the need for caution when public safety is involved.

**S.B. 140, Election Adjustments:** This bill clarifies ballot order and candidate filing timelines. It establishes a clear schedule for the Lieutenant Governor to create the randomized ballot order list, sets a uniform signature-submission deadline for 2026 U.S. House candidates, and aligns election procedures with recent changes to congressional filing deadlines.

**S.B. 194, Election Modifications:** This legislation strengthens election integrity and transparency. It adds verification for mail-in ballots, improves voter registration accuracy, and establishes conflict-of-interest safeguards when the Lieutenant Governor oversees an election while appearing on the ballot. The bill also addresses voter record access, audits, citizenship verification, and candidate signature requirements.

It is an active and productive time at the Capitol, and I look forward to keeping you informed as these conversations continue and as we work toward policies that reflect the values we share and the needs of our communities.

Thank you for taking the time to follow along this session. It's an honor to represent you, and I'm grateful for the thoughtful engagement and conversations that help guide this work.

If you have questions, concerns, or ideas you'd like to share, please don't hesitate to reach out. Your feedback matters, and hearing directly from you helps ensure the decisions we make reflect the needs and values of our communities.

You can contact my office through my intern Gavin Clarke, 385-441-0604, or reach out to me at 435-817-5565.

We welcome your thoughts and look forward to staying connected throughout the session.

Warm regards,

Evan



**Help us spread Love to our Senior Citizens This Valentine's Day!**

This Valentine's Day, we're inviting participants to create Valentine's cards for our senior citizens. You're welcome to make multiple cards or a single card for the entire group —whatever works best for you!

A simple Valentine can bring joy, connection, and warmth to seniors who truly appreciate being remembered.

You can bring them by or mail them:  
695 N 300 E. PO Box 262 Parowan, UT 84761  
We would love to have them by February 12<sup>th</sup>  
Thank you so much for your love & service!  
Happy Valentine's Day!



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# Cedar City Livestock Association and Heritage Festival to Host Historic Lincoln Day Banquet

from Donna Christensen

FOR IRON COUNTY TODAY

**CEDAR CITY, UT** — The Cedar City Livestock & Heritage Festival, in partnership with the Cedar City Livestock Association, invites the community to its annual **Lincoln Day Banquet and Fundraiser**. This historic event will be held on **February 16 at 7:00 p.m.** at the Cedar City Elks Lodge #1556, continuing a long-standing tradition of supporting vital agricultural and heritage causes in Iron County.

## A Tradition of Heritage and Advocacy

The Lincoln Day Banquet has served for decades as a gathering point for Southern Utah's ranching families and

community supporters. This year's event highlights the "long history" of the livestock industry, with proceeds benefiting the Western Heritage Foundation to ensure the region's rural legacy and youth programs thrive. **Donna Christensen**, a member of the Heritage Festival Board, will serve as the evening's Emcee.

## Featured Keynote Speakers

The banquet will feature two prominent voices currently shaping land and resource policy:

- **U.S. Congresswoman Celeste Maloy:** Representing Utah's 2nd District, Congresswoman Maloy will provide the latest updates from Washington D.C. She will specifically address how current federal legis-

lation impacts agriculture and public land issues for rural Utahns.

- **Redge Johnson, DNR Deputy Director:** Serving as both the Deputy Director of the Utah Department of Natural Resources (DNR) and the Director of the Governor's Public Lands Policy Coordinating Office, Johnson brings extensive experience in land and water acquisition. A Utah native with a global perspective, he is a leading expert on the intersection of state policy and natural resource management.

## Ticket and Fundraising Information

All are welcome to attend this evening

of fellowship and advocacy. Tickets are \$45.00 each.

- **Where to Purchase:** Visit the **ERA Realty office** on 200 North in Cedar City or contact any member of the Cedar City Livestock and Heritage Festival.

- **Payment:** Checks should be made payable to the Western Heritage Foundation.

## Event Details

- **What:** Lincoln Day Banquet and Fundraiser
- **When:** February 16 at 7:00 p.m.
- **Where:** Cedar City Elks Lodge, 111 E 200 N, Cedar City, UT 84720

**Special Event:**  
Annual Fundraiser  
**Cedar Mountain Nordic Ski Club**

BlackBird Bar • 90 Hoover Avenue, Cedar City  
Saturday, Feb 7th • 7:00 to 10:00 PM • Live Music

*Come Join the festivities to help:*  
Raise money to cover parking lot snow removal  
and plan club activities for 2026

Sponsored by: Cedar Mountain  
Nordic Ski Club. For more details  
visit us at [cmnsc.org](http://cmnsc.org)

## The Value of Nonprofits in Utah, Quantified

by Shawn Teigen

UTAH FOUNDATION

SALT LAKE CITY (January 29, 2026) – In 2025, the Utah Foundation showed that Utah had the highest Social Capital Index score in the nation. This was partially driven by factors related to “community life.” This high level of community life – such as how much Utahns give to charities – is highlighted in the latest report from the Utah Foundation on the state's nonprofits.

Nonprofits often fill gaps when the free market and governments fall short. A vast majority of Utah's nonprofits are charities – over 10,000 in all.

From a quantitative perspective, Utah's charities add a relatively large value to the state. In terms of income and assets per capita, Utah outperforms the nation by about 75%. This is not equal across the counties. In fact, little Kane County ranks near the top of the list, largely due to Best Friends Animal Sanctuary.

Charities range from education organizations to those focusing on arts and humanities. From human services to health. And from recreation to religion. Some are philanthropies. Some support youth, while others support animals.

Most charities, at least 56%, are

small, with annual incomes under \$50,000. Religious income and assets are not reported to the IRS. But there are some very large non-religious charities. In fact, all 17 charities with over \$500 million in assets collectively hold \$40 billion, representing over 70% of all charities' assets in Utah. The largest charities are hospitals, philanthropic organizations, or educational institutions.

“Nonprofits are an important part of the strength of the state,” said Shawn Teigen, President of the Utah Foundation. “We are excited to have partnered with the Utah Nonprofit Association to provide a look at Utah's charities from the perspective of IRS data.”

# Due West \*young man

by Marty Warburton

CEDAR CITY MUSIC ARTS

Way back in 1865, popular newspaper editor Horace Greeley is said to have coined the memorable phrase: *“Go West, young man, and grow up with the country.”* It turned out to be pretty good advice, as the West was speeding headlong into the Twentieth Century. Now, hold that thought, and fast forward about 160 years up the road, flip a few words, and here we are: *“Young Man, grow up, play Country, and call it Due West.”* Richfield, Utah native Tim Gates did just that.

Due West is a trio of country musicians who, by pure chance, met at a house party in 2004. Matt Lopez, Brad Hull and Tim Gates are all from the western U.S., but like many aspiring artists, they found themselves in Music City, USA. The three of them were all invited to the same party by Diamond Rio member Dan Truman at his sister's house in Nashville, Tennessee. As happens in Nashville, when everyone gets together, music breaks out, they begin pickin' and singin'. When Tim started singing, Brad and Matt chimed in playing and singing harmony. Matt remembers, “It got to the point where the three of us were taking over the whole party. People who showed up later told us, ‘Man your band is awesome. Your band is so tight.’” Tim later confessed, “We were

strangers until that night.”

At that point, it was a no-brainer to form a real band. Since Tim Gates is from Utah, Matt Lopez is from Wyoming and Brad Hull is from Arizona, they called their group, you guessed it, Due West. Not just a cover band, no Sir, this talented trio writes more than 90% of the music they perform and record, but have also written songs for Lady A, Thompson Square, Black Hawk, Bucky Covington, and the Bellamy Brothers to name a few. When you hear their crystal clear innovative three part harmonies, you will easily understand why Due West quickly found themselves in the fast lane. They did it all, professionally producing music videos, concerts and tours, as well as having been featured on the Grand Ol' Opry. Word soon got out around southern Utah how Tim Gates from little ol' Richfield and his new band, Due West, was putting their stamp on modern Country Music.

Matt explains, “Sometimes as songwriters, you become a band to give yourself an outlet for your original music if no one else is recording your song.”

In 2012, Due West hit 4th gear when their paths crossed with songwriter Dean Dillon, who has composed or co-written 55 songs for George Strait, 11 of which went to number one.

Due West met Dean when

they were both playing a gig in Colorado. They were thrilled! After a brief backstage meeting, Dean Dillon watched their set and afterwards said, “I'd like to write with you guys.” And luckily for Due West, he followed through with that. As a proven “Hoss” in the music industry, Dean Dillon's kindness and generosity opened many a door. Inviting the trio into his creative sanctuaries in Nashville, Key West, and Colorado, Dean and Due West began crafting songs that would leave an indelible mark on their musical journey.

More than 12 years later, Dean Dillon has created his own record label, Unwound Records, and Due West is the flagship artist. Their latest release, a 12 song album entitled “Unbroken” was recently released on Dean Dillon's “Unwound Records” label.

Cedar City Music Arts is extremely proud to present Due West at The Heritage Center Theater on Tuesday, February 10th. Doors open at 6:30, Concert at 7:30. If you are not (yet) a CCMA season ticket holder, it is highly suggested that you call the Box Office at 435-865-2882 or go to [Cedarcitymusicarts.org](http://Cedarcitymusicarts.org) to secure your seats. Demand is high. Some of the best stories are the “local boy makes good” stories. In that regard, Tim Gates, Matt Lopez & Brad Hull are bringin' home the bacon. Come see for yourselves.



CCMA PRESENTS  
*Due West*



**Tuesday, February 10th**  
The Heritage Center Theater • 7:00 PM



**GRAND OLE OPRY**  
**DUE WEST**

Due West is an American country music group from Nashville, Tennessee. Consisting of Tim Gates, Brad Hull, and Matthew Lopez.

**(435) 865-2882 or**  
**Cedarcitymusicarts.org for tickets**

# Midwinter is Here

by Samuel Wells

CCAC BOARD MEMBER

Most of our calendars in America don't draw attention to the first day of February. Maybe we remember that the next day (February 2) is Groundhog Day. But in many parts of Europe February 1st is celebrated as the midpoint between the winter solstice and the spring equinox. The day is known as Imbolc (or Saint Brigid's Day).

It is a time of year when we all need a bit more optimism. The sun has been slowly getting higher in the sky now for over a month, but the warming of the northern hemisphere seems to be tak-

ing its time. Even the crocuses and grape hyacinths are still asleep, and the manzanita on Cedar Mountain won't be blooming for several weeks - at least not until some of the bumblebee queens wake up to pollinate them.

Our ancestors longed for spring just as we do, and having a holiday of anticipation was their way of connecting with Earth in order to celebrate life. No official holidays were created for mid-summer, mid-autumn, or even for mid-spring. These seasons aren't nearly as long or pressing and it seems that no one was motivated to

celebrate their passing.

Historical celebrations of mid-winter generally focused on light. Families and communities gathered around open fires, told stories, and watched as the winter constellations worked their way further and further west across the sky. Candles were lit inside homes. And acts of washing and cleaning were ritually carried out during the day - all anticipating the new life and activity that would soon be realized with the coming of spring.

Like Christmas and Easter, the date for Imbolc has been



a compromise between old Celtic traditions and Christian practices. There are still a few places that prefer to celebrate the holiday on the evening of the first full moon after midwinter. This will happen on Tuesday, March 3 this year. In fact, the first day of February is an unfortunate date since the midway point between winter and spring is almost never that early. This year it occurs on February 3rd or 4th. For most mid-wintering enthusiasts, the exact date isn't important. It's the spirit of the holiday that counts.

This year seems admittedly different, at least for me. We haven't experienced a really cold winter night yet - at least compared to previous years.

In fact, our neighbor still had roses blooming up until the end of November. Kathy and I watched quite incredulously as a monarch butterfly flew past our yard the week before Thanksgiving. I wonder what our ancestors thought of these kinds of strange years, and if they celebrated winter passing in the same way. One part of me wants to slow the season down until we get some real snow on the mountain. I guess I'm feeling sympathy with those former times that worried through their own winter uncertainties. Such has been our human experience for millenia. This year, for me, Imbolc means getting outside on a sunny day and hoping for the best.

## CEDAR CHEST QUILT GUILD'S ANNUAL RETREAT

*"Get Your Quilting Kicks in '26"*



by May Hunter

FOR IRON COUNTY TODAY

The 2026 Annual Retreat will be held at the Heritage Center, 105 N. 100 E., Cedar City, Utah. The Heritage Center will be filled with over 250 quilts from 28 states. The event runs February 4-7, from 8:00 a.m. to 8:30 p.m., and Saturday from 9:00 a.m. to 4:00 p.m. This event is open to the public and free of charge.

The Cedar Chest Quilters Guild is a nonprofit organization that participates in charitable activities benefiting local citizens and donates quilts to various families, patients, group homes, and many other places. They offer monthly classes focused on learning and creating quilt projects, where everyone can always learn something new. They are currently helping with the 250th Anniversary Baby Quilt Project, celebrating America's 250th birthday in 2026 with patriotic-themed fabric. Every baby born at Cedar City Hospital in 2026 will be presented with a quilt. Cedar City Hospital welcomed 818 babies during 2025.

This guild is not only a group interested in the art of quilting, its members become friends who care about each other as individuals. The guild builds friendships and lasting relationships, sharing in the everyday joys and sorrows that are just part of life.

If you would like to join this remarkable guild or are interested in helping make baby quilts, please contact them at [cedarchestquiltersguild.org](http://cedarchestquiltersguild.org).

Families are like quilts, stitched together one piece at a time.  
When life throws you scraps, make a quilt!



# HENRY'S PLACE CAMP & RETREAT CENTER IN CEDAR CITY, UT HONORS THE 20-YEAR LEGACY OF LVMPD SGT. HENRY PRENDESON FEBRUARY 1, 2026

## *Remembering a Life of Sacrifice and a Vision That Continues to Change Young Lives*

from Hillary Smoot

HENRY'S PLACE CAMP & RETREAT CENTER

**LAS VEGAS, January 28, 2026** – On February 1, 2026, Henry's Place commemorates the 20th anniversary of the passing of Las Vegas Metropolitan Police Department Sergeant Henry Prendes, whose End of Watch was February 1, 2006. Sgt. Prendes died in the line of duty while serving his community. Two decades later, his service, sacrifice, and dedication continue to be remembered and honored.

Sgt. Prendes served with the Las Vegas Metropolitan Police Department and was recognized for his commitment to public service. His legacy continues through Henry's Place, the nonprofit organization established in his name following his death.

Founded in 2006, Henry's Place provides free Christian summer camp experiences for at-risk youth from Southern Nevada and Southern Utah. Based in Cedar City, UT, Henry's Place Camp & Retreat Center features a 9,000-square-foot Main Lodge, two camper lodging cabins, two amphitheaters, a disc golf

course, a challenge course, and expansive outdoor activity areas. Last summer alone, the camp hosted 158 campers over 11 weeks, offering mentorship, outdoor adventure, and spiritual growth at no cost to participating families, and to date, Henry's Place has hosted more than 500 at-risk and foster youth.

"Henry's Place was created to continue Sgt. Prendes' commitment to service and community, not only through remembrance, but through meaningful action," said Founder Dawn Prendes-Morris. "Henry believed deeply in serving others and protecting those who could not protect themselves. This ministry is a living legacy of his sacrifice and his joy of helping people."

As the organization marks two decades since Sgt. Prendes' passing, Henry's Place remains focused on expanding access to its transformative programs and continuing operations free of charge for those who attend.

Friends, family, colleagues, and community supporters are invited to honor Sgt. Prendes by remembering his service and supporting the ongoing mission of

Henry's Place. Visit <https://henrysplace.org/> for more information.

### ABOUT HENRY'S PLACE

Henry's Place was founded in 2006 in memory of Sergeant Henry Prendes of the Las Vegas Metropolitan Police Department, who dedicated his life to protecting others and dreamed of a brighter future for at-risk youth. Today, that vision continues through a Christ-centered camp and retreat center in Cedar City, UT that provides high-quality, no-cost experiences designed to inspire hope, build confidence, and introduce young people to the life-changing love of Jesus. Through leadership training, outdoor adventure, and faith-based mentorship, Henry's Place equips youth with the tools to grow in character, community, and faith. In the off season, the 14-acre Retreat Center is available for rent for group functions to help support Camp operations year-round. For more information, or to help support their mission, visit <https://henrysplace.org/>

## schools

# Gateway Prep NJHS Leaders Represent School at State Capitol

by **Sharyn Manley**

NJHS DIRECTOR

On Thursday, January 29, student leaders from

Gateway Academy's National Junior Honor Society (NJHS) traveled to Salt Lake City to participate in Charter Day on the Hill as part of National School Choice Week.

During the visit, students toured the Utah State Capitol, explored educational displays from schools across the state, and attended student performances. The event also featured speakers who highlighted the importance of educational choice and

the role charter schools play in Utah's education system.

Gateway students had the opportunity to connect with peers from other charter schools statewide and shared transportation with staff and students from Valley Charter School in Hurricane. The day concluded with lunch and informal networking among student leaders.

Overall, the experience provided students with a meaningful opportunity to celebrate and learn more about the diverse educational options available to Utah families.



## IRON COUNTY SCHOOL DISTRICT NEWS NUGGETS

by **Colby Leavitt**

FOR IRON COUNTY TODAY

### East Elementary

East Elementary recently held its

traditional yearbook cover art contest. This year's theme, "Soaring Through the Years," inspired many creative entries. The winning design was created by Brielle Judd, a third-grade student. Congratulations to Brielle on this outstanding achievement!



colorful necklaces.

### Three Peaks Elementary

Students and teachers celebrated the 100th Day of School by dressing up as if they were 100 years old or wearing outfits decorated with 100 items. Classes enjoyed a variety of hands-on activities, including counting exercises and stringing 100 Fruit Loops to create colorful necklaces.

### Iron Springs Elementary

Kindergarten students at Iron Springs Elementary proudly celebrated their 101st day of school in style! Classrooms were filled with spots and smiles as students and teachers dressed up like 101 Dalmatians, enjoyed hands-on activities centered around the number 101, munched on festive snacks, and wrapped up the day with a joyful school parade. It was a paws-itively perfect way to mark 101 days of learning and growth!

### Escalante Valley Elementary

Escalante Valley School held its annual spelling bee last week, where students in grades 1-6 had the opportunity to participate. Things kicked off with 1st and 2nd grades battling each other for the title, followed by a challenge between grades 3-6. The spelling bee concluded with (3) girls to represent the younger grades, and (3) boys to represent the older grades. As a school, we are proud of these students for their achievements and academic successes.

### Canyon View Middle School

Last week CVMS hosted seven schools for the annual MathCounts competition. Canyon View Middle, Cedar Middle, Gateway, Kanab Elementary, Kanab Middle, Moab, and Red Hills Middle all had teams participate in math competitions throughout the day. CVMS had three teams in the top five and three students in the top ten! Ty Huff ended in 9th place, Owen Bealer ended in 7th place, and Jacob Peterson ended in 4th place! We are so proud of our MathCounts students!

### South Elementary

Students and teachers celebrated the 100th Day of School by dressing up as if they were 100 years old or wearing outfits decorated with 100 items. Classes enjoyed a variety of hands-on activities, including counting exercises and stringing 100 Fruit Loops to create

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# THE SECRET LIFE OF WINTER BEES

## Staying Warm: The Winter Cluster

by May Hunter

FOR IRON COUNTY TODAY

**D**uring the winter months, honey bees do not migrate or hibernate like some animals. Instead, they remain inside their hives to survive the cold. You might wonder, “Where do honey bees go in the winter?” Honey bees are incredibly inventive, and their winter survival strategies are quite impressive.

Throughout winter, their behavior is known as the honey bee winter cluster, which helps them generate heat and stay alive. Worker bees gather closely around the queen to keep her warm, vibrating their wing muscles to maintain the hive at a comfortable temperature. The winter hive is very quiet, but beneath the stillness, important work is happening.

Teamwork is essential for survival. The worker bees form a tight cluster and constantly shift positions to keep warm. Bees take turns rotating from the cold outer edge of the cluster to the warmer center, ensuring that each bee has a chance to warm up. They rely heavily on cooperation and plenty of stored food. Honey bees depend on the honey they collected during the warmer months, as it is their only source of food when flowers are no longer available.

Most honey bees do survive the winter, although the hive population is smaller, which helps conserve energy. Bees born in the fall, known as winter bees, are different from summer bees. Winter bees live longer and have the primary responsibility of

keeping the queen alive and the hive functioning through the cold months. They develop larger, fatter bodies that store extra energy and help them stay warm, truly built for the season.

Each hive needs approximately 60 to 90 pounds of honey to survive the winter. As temperatures drop, honey bees also seal their hive by closing cracks and gaps with propolis, turning their home into a stronghold against harsh weather and intruders. At the same time, they maintain a larger opening for proper ventilation.

Occasionally, on a warm winter day, bees may venture out on brief cleansing flights. These short outings allow them to relieve themselves and stretch their wings before quickly returning to the warmth of the cluster. Their primary focus during winter is simple: survival.

So next time you wonder “What do honey bees do in the winter?” remember that these industrious little insects are hard at work keeping their colony alive, warm, and ready to thrive when spring returns.



### *Honey: A Winter Superfood*

Honey is a food that has remained unchanged throughout history. It sweetens milk, yogurt, and desserts, and it also nourishes the body. It is one of the healthiest foods we can enjoy during the winter months.

Temperature fluctuations are common in winter, and our bodies often respond with an increase in colds

or flu. Honey has natural antiseptic and anti-inflammatory properties, making it ideal for sore throats, colds, laryngitis, and coughs. Not only does honey soothe a sore throat, but it can also help reduce coughing.

Honey may relieve sinus pressure, support healthy gums, improve memory, aid in weight management, boost the immune system, support heart health, increase energy, improve cholesterol levels, soothe the stomach, and even help with depression. During winter, taking a daily spoonful of honey can help strengthen the throat. It may also act as a natural nerve pain reliever due to its glucose content. Honey helps stabilize blood sugar levels, and taking a teaspoon before bed may promote more restful sleep.

Beyond personal wellness, honey has important medical uses. A specialized medical-grade honey known as Manuka honey is used in hospitals and clinics to treat wounds, burns, and infections because of its powerful antibacterial and anti-inflammatory properties. It is especially effective for antibiotic-resistant, chronic, or infected surgical wounds. Manuka honey is also used to treat acne by reducing redness, swelling, and pain, and by fighting bacteria through the production of low levels of hydrogen peroxide. Honey is not recommended for babies under eighteen months, as their digestive systems are not yet developed enough to fight certain spores that older

children and adults can safely handle.

From its nearly eternal shelf life to its vital role in pollination, honey is truly a marvel of nature. As you savor its sweet taste, take a moment to appreciate the remarkable journey it has taken, from flower, to hive, to your table. Whether drizzled over yogurt, stirred into tea, or used in countless creations, honey is more than just a sweetener; it is a symbol of nature's beauty, complexity, and resilience.

So the next time you dip into a jar of honey, remember the miracle of the bees that made it all possible.

“For bees, the flower is the fountain of life; for flowers, the bee is the messenger of love.” — Kahlil Gibran



### *Where to find honey in the winter:*

Festival City Farmers Market  
— 100 West University, inside IFA, Saturdays 9–1, Cedar

City, UT  
Lovell's — 635 W. 200 N., Parowan, open 24 hours.



## calendar

## ONGOING OPPORTUNITIES

## GOVERNMENT

**Brian Head Council**

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

**Cedar City Council**

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

**Central Iron County Water Conservancy District Board Meetings**

3rd Thurs., 6:30pm. 710 S. Westview Drive

**Enoch City Council**

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

**Enoch Planning Commission**

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

**Iron County Commission**

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

**Iron County Democrats**

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

**Iron County Republican Women**

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

**Parowan City Council**

2nd & 4th Thurs, 5:30 pm • City Hall, 35 E 100 N • (435) 477-3331

## SERVICE GROUPS

**American Legion Post 74**

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Learn about Veteran benefits, opportunities, fellowship. Honor Guard provides military honors at Veterans Funerals. Post Commander Tris Colman (805) 268-4287.

**Bikers Against Child Abuse**

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Rm)

**Cedar Area Inter-Faith Alliance (CAIFA)**

3rd Tues 10:30am @ Cedar Library, West room. Help us plan and organize fundraising projects and quarterly community events. (No meet Jul, Nov, Dec)

**DAR – Bald Eagle Chapter**

3rd Tues, 11:30 AM @ the Cedar City Brian Head Visitors Center.

**Elks Lodge #1556**

111 E Freedom Blvd. Cedar City, (435) 586-8332

**Kiwanis Club of Iron County**

1st Tuesday of each month at the Cedar City library. [ironcountykiwanisclub@gmail.com](mailto:ironcountykiwanisclub@gmail.com)

**Lion's Club**

Tues, 12 pm • Call Pres. Michelle Wilson for mtg. info. Everyone welcome! (802) 359-2183

**Marine Corps League**

Detachment 1315, 2nd Wed, 6:30 pm  
Elks Lodge (303 N 100 E)

**Rotary Club**

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

**Veterans of Foreign Wars (VFW)**

1st Thurs, 6PM, Post 10846 meets @ Elks Lodge, 111 E 200 N.

## SUPPORT GROUPS

**AA—Alcoholics Anonymous**

(435) 635-3603 • [www.utahaa.org](http://www.utahaa.org). Helpline: John (702) 802-1332, Kara (702) 232-6829

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Speaking From The Heart** • M – Sa, Noon  
**Steps and Traditions** • M – Su, 7 am

**Red Road to Sobriety** • Mon, 6 pm Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

**Misfits** • M – F, 6 pm

**Cedar Group** • Tues, 8 pm

**The Great Fact** • T, F, Noon. True Life Center 2111 N. Main. (702) 802-1332 or (702) 533-7856

**Red Creek Group** • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

**Uncommon Sense** • Sat, 10:00 am

**My Story** • Sat, 8 pm

**Thank God Sunday Spiritual** • Sun, 11 am

**What a Way to Start the Day** • Su, W, F 7-8 am  
• All are welcome

**Al-Anon**

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Easy Does It** • Tues, 6-7 pm • (435) 559-3333

**Hope for Today (Family Groups)**

Thurs, 6 pm • (435) 559-3333

**Key to Harmony (Online/Email Meeting)** Sun & Tues 435-704-4979 • <https://keytoharmony.org/>

**Alzheimer's/Dementia**

Last Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn, access resources, connect. Virtual option available. Raven Albertson, 385.831.7124, [utahprograms@alz.org](mailto:utahprograms@alz.org).

**ARP—Addiction Recovery**

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan  
Sun 7:30 pm • 85 N 600 W, Cedar, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

**Caregivers**

3rd Thurs, 5:45-7 pm • Zion's Way Home Health, 369 N 100 W #1, Cedar. All levels of the caregiver's journey from pre-caregiving to bereavement and rebuilding welcome. INFO: Kat at 702-292-9911.

**Embrace Grace**

Unmarried, pregnant? You don't have to walk alone! Safe, judgment-free zone. Free baby stuff at a baby shower for you. Text or call 407-719-8595. Info under Resources tab @ Thrashingfloor.life.

**Grief Support Group**

2nd Tues, 5 pm • Southern Utah Mortuary (190 N 300 W, Cedar). Safe, supportive for those who have lost loved ones. You are not alone. Free. INFO: 435-586-4040

**Helproom**

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, share perspectives on healing, recovery. Join: [affiliate.rainn.org/helproom/canyoncreekservices](http://affiliate.rainn.org/helproom/canyoncreekservices).

**Multiple Sclerosis**

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

**Narcotics Anonymous**

[www.nasouthernutah.org](http://www.nasouthernutah.org) • (435) 635-9603  
KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Basic Text Study** • Mon, 8 pm

**Just for Today** • Wed, 8 pm

**It Works - How and Why** • Thurs, 7:30-8:30 pm

**Live and Let Live** • Fri, 8 pm

**Candle Light Mtg** • Sat, 9:30 pm (Sm rm)

**Women Only** • Sun, 11 am

**Dopeless Hope Fiends** • Sun, 8 pm • Mtg Hall, 1067 S Main, Cedar (877) 865-5890

**Nicotine Anon (12-Step)**

Fri 5 pm • KKCB 203 Cobble Creek Dr. Ste. 201

(North Room), Cedar • (435) 559-0394

**Porn Addiction Recovery**

Men Only • Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

**Pregnancy, Infant Loss**

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • [www.southernutahshare.com](http://www.southernutahshare.com)

**Reel Mental Health**

1st Tues, 6PM • Mountain View Lodge 625 W 200 S Parowan UT 84724 • A fun interactive support group focused on your mental health and well-being.

**Senior Blind/Visually Impaired**

3rd Thurs, 1:30 pm • Cedar City Library

**Southern Utah Veterans Assoc.**

1st Thurs, 7 pm • Westview Christian Center, 2624 W Hwy 56, Cedar. INFO: Chuck Waddell 907-252-1365.

**Southwest Parkinson's Alliance**

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

**Widows Ministry**

2nd Sat, 11-1 pm • New Journey-Widow's Ministry @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, [info@sonrisechurch.net](mailto:info@sonrisechurch.net), [sonrisechurch.net](http://sonrisechurch.net).

## CLASSES, CLUBS &amp; ACTIVITIES

**Adult Barre/Modern Dance**

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

**Arthritis Foundations Exercise**

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

**Bingo & Lunch**

Fri, lunch @Noon, Bingo @3 pm. Free for Seniors @ Our House Assisted Living (995 S Regency Rd, Cedar). INFO: 435-867-0055.

**Book Club**

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

**Cars & Custard**

2nd Mon., 6-8 PM at Culver's Treasures Thrift Store is: 1093 S Main Street, Cedar City, UT. Classic Cars & Trucks, Customs, Your pride and joy. A free small Custard for each car entry, provided by Culver's! Contact Mike @ 909-717-1232 or [ekimjacobs@gmail.com](mailto:ekimjacobs@gmail.com) for more info.

**Cedar Breaks Model A/Vintage Car Club**

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email [cedarbreaksmodela@gmail.com](mailto:cedarbreaksmodela@gmail.com).

**Cedar Chest Quilters' Guild**

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. [cedarchestquiltersguild.org](http://cedarchestquiltersguild.org)

**Cedar City ESL**

Wed, 6:30 - 7:30 pm • Free ESL lessons offered at Cedar Library, Rare Book Room (303 N 100 E). No pre-registration required.

**Cedar City parkrun**

Saturday 9 am • West Canyon Park, (133 S 400 E) • Free 5K for runners, joggers & walkers. Volunteers welcome. Info: Bruce @ 435-301-5480

or [coalcreektrail@parkrun.com](mailto:coalcreektrail@parkrun.com)

**Cedar City Toastmasters**

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

**Cedar City Unitarian Universalists**

2nd Sundays at 2:00pm @ 1280 E Midvalley Rd. Leave a message for Bonnie at 435 590-0596 if interested.

**Cedar Professionals**

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit [www.cedarprofessionals.org](http://www.cedarprofessionals.org)

**Cedar Radio Control Club**

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

**Cedar City Community Band**

We offer a wealth of opportunities for individuals of all ages and skill levels to get involved and experience the joy of ensemble music-making. Contact us at [www.cedarcitycommunityband.org](http://www.cedarcitycommunityband.org) or by calling 435-590-2513.

**Explorer Bible Club**

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

**International Folk Dancing**

Fri, 1-2 pm • Cedar Senior Center (489 E 200 S) FREE; No Partner Needed; teaching! INFO: 626-808-6129

**Iron County Moms For America**

4th Thurs, 7pm at 2321 W Cove View Dr, Cedar City. Join a growing number of women throughout the nation to strengthen and preserve liberty. INFO: Kami Merrill 435-592-4152 or email: [ironcountymoms4america@gmail.com](mailto:ironcountymoms4america@gmail.com)

**Iron County Democrats**

Come meet with an exciting and welcoming group committed to improving our world. Monthly meetings and annual convention. For more information find us at Facebook- Iron County Utah Democrats, or call Mike Keil at (435)840-4712.

**Friends of Festival Country K9s**

offers Dog Training classes and therapy dogs for libraries, schools, and more. We also have events like animal adoptions and microchip clinics. Call Gail Workman at 435-592-5487 for info.

**Labyrinth Walk**

Last Saturday, 12:00-2:00. St. Jude's Episcopal Church (70 N 200 W, 1 block north of W University Blvd). No Charge. Please join us in a sacred, calm environment for walking prayer on the largest indoor labyrinth in the state of Utah. No experience required, facilitators are present.

**Local Cub Scout Pack (K–5th).**

Wednesday @ 6 p.m. For more information, go to [myscouting.org](http://myscouting.org) or contact local Cubmaster Tristin L. at [CubScoutTroop1848UT@gmail.com](mailto:CubScoutTroop1848UT@gmail.com)

**OARS (Open, Authentic, Relevant, Spiritual)**

meetings every Tuesday night 6pm-8pm at the Cedar City Library in the Park - excluding holidays. Includes dinner, faith-oriented discussion and prayer for ages 18-30. Info: text 541-579-1554 or [pastorschuyler@gmail.com](mailto:pastorschuyler@gmail.com)

**Parowan Pickleball**

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and sign-up: Season: October 21 to July 25. Parowan Rec, 35 E 100 N, Parowan, UT 84761. 435-600-1597.

**PB&J Therapy Groups**

These two groups teach skills for different areas of life by utilizing recreational activities and engaging in other forms of expressing emotions. INFO: 435-267-4212.

College: [forms.gle/SmGytgCfvQ1TS2pB7](https://forms.gle/SmGytgCfvQ1TS2pB7)

Adolescent: [forms.gle/BZiepPW63pR6Zd8k9](https://forms.gle/BZiepPW63pR6Zd8k9)

**Rock Club**

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. [southernutahrockclub.org](http://southernutahrockclub.org)

**Sagebrush Fiber Artisans Guild**

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

**Senior Yoga Classes**

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

**Sewing Group**

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

**Southern Utah Woodturners**

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

**StrongBoard Classes**

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

**Tai Chi For Health**

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required.

**TOPS—Take Off Pounds Sensibly**

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

**Water Aerobics Class**

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

**Wellness Place**

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: [thewellnessplacecc.com/upcoming-classes](http://thewellnessplacecc.com/upcoming-classes)

**Wellness Wednesdays**

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990. PW: health, Info: Kristi Sharp (435) 986-2564, [ksharp@swuhealth.org](mailto:ksharp@swuhealth.org)

**Youth Group**

Wed, 6:30-8 pm • Ages 12-18. Meal, games & Bible Study. @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, [info@sonrisechurch.net](mailto:info@sonrisechurch.net).

## calendar

FRI, FEB 6

**UTAH SHAKESPREARE FESTIVAL THE COMEDY OF ERRORS (7PM)** Come and enjoy a free performance of The Comedy of Errors by the Utah Shakespeare Festival at the Southern Utah University Auditorium. A talkback with the cast will follow the performance. This is open to all ages.

**DWELLADecOR NEW SHOWROOM OPEN HOUSE (10AM-7PM)** At 473 N. 200 W Cedar City. Open House perks: First 20 guests entered to win, Store Credit + Dwella decor merch, shop exclusive showroom favorites, Touch & style pieces you only seen online. Shop our online store in person.

SAT, FEB 7

**LOVE IN BLOOM (6-8PM) LOVE IN BLOOM IS A** February exhibition exploring love through the enduring language of art. Petals unfurl as gestures of intimacy. The works move between softness and strength, mirroring love itself in its many forms. We invite you to an opening reception at Gold River Gallery to enjoy wonderful art and offer a lasting gift for someone truly special.

**DEDAR CHEST QUILTS GUILD'S ANNUAL RETREAT (9AM-4PM)** At the Heritage Center, 105 N. 100 E. The Cedar Chest Quilters Guild will host its 2026 Annual Retreat featuring more than 250 quilts from 28 states. This free, public event celebrates the art of quilting and the guild's charitable work. More information: cedarches-tquiltersguild.org

**CEDAR MOUNTAIN NORDIC SKI CLUB ANNUAL FUNDRAISER (7-10PM)** Join other club members and the River House Band at the BlackBird Bar, 90 Hoover Avenue Cedar, to help raise funds for plowing the Deer Hollow parking lot! (No need to RSVP)

TUES, FEB 10

**DUE WEST \*YOUNG MAN (7:30) CEDAR CITY** Music Arts presents Due West! at the Heritage Center Theater. Featuring Tim Gates, Matt Lopez, & Brad Hull. Doors open at 6:30 p.m., with the concert beginning at 7:30 p.m. Tickets are available through the box office at 435-865-2882 or at cedarcitymusicarts.org. High demand is expected.

**ADULTS WITH DISABILITIES (1-2PM) JOIN US** for Music, Motion, and Art Workshops! Dancing, juggling, drum circles, art projects & so much

more! At the Lighthouse Art & Learning Center (Near Applebees - between Sweet Basil & Subway). Questions ? Call Jill Spatafore 702-917-2151

**JAZZCAST FROM THE JAZZ ALLIANCE OF CEDAR CITY (7PM)** at Off The Cuff! The House Band will be serving up a mix of romantic jazz favorites for Valentine's Day and New Orleans-style grooves for Mardi Gras. Free admission, free desserts, great music, great vibes, and a sweet night out—see you there!

WED, FEB 11

**TRINITY LUTHERAN CHURCH (3PM) TRINITY** Lutheran Church here in Cedar City (410 E. 1935 N.) will be installing a new Pastor. Please join us for the service and welcome him to our community.

THURS, FEB 12

**GRACE A. TANNER DISTINGUISHED FACULTY LECTURE MICHELLE ORIHHEL (11:30AM)** At the Bilgert Great Hall. American Independence: Stories of Freedom, Struggle, and Resilience.

FRI, FEB 13

**SKI WITH A RANGER PROGRAM (12:30 PM) THE** free program educates guests about forest health and local geology. Second Friday of each month: Mar. 13 (Navajo base area; youth-focused), Apr. 10, plus Saturday, Apr. 25, 2026. Base of the Giant Steps Express Lift at 1 p.m. (except Mar. 13 at the Navajo base area). Approximately one hour, weather and conditions permitting. Reservations are not required. Participants must be intermediate-level skiers or snowboarders and have a lift ticket or season pass. Attendance is first-come, first-served.

## Want your event on our calendar?

There is no charge for calendar items. Your submissions can be made online at [ironcountytoday.com](http://ironcountytoday.com), or emailed to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or brought to 479 N 100 W, #1, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.

## obituaries

## Sean Wharton



Our dear husband, father, and grandfather, Sean Wharton, passed away in his home on January 29, 2026 at the age of 60 surrounded by his loving family following his strong and courageous battle with Glioblastoma Brain cancer.

Sean was born June 18, 1965 to Linda Kaye Glad and Ralph Donald Wharton and grew up in Salt Lake City, Utah. Sean learned the value of hard work at a young age and began a very successful career in culinary arts as a teenager. He soon found opportunities to work as the "Sous Chef" at restaurants in Deer Valley Ski Resort in Park City, Utah and Cape May, New Jersey, where he split his time in each city during their peak seasons.

While at Deer Valley, Sean met "his Becca", the love of his life. They were married April 27, 1996. Through their union, Sean and Rebecca became the parents of 10 children:

Alyssa, Nickie, Emily, Daren, Gavin, Mindy, Jacob, Kelton, Izabell, and Lilly. They also received guardianship of Mariel as a teenager, who is loved as a daughter.

Sean dreamed of operating and owning his own restaurant and in 1997 Sean and Rebecca made their dream into a reality by purchasing the Gateway Grille in Kamas, Utah. They owned and operated it for 21 years and maintained a catering business for the Park City Area.

In 2018 Sean and Rebecca felt inspired to sell the Gateway Grille and catering company to move their family from Kamas to Cedar City, Utah. They later started a general contracting company named 16 Stones Construction.

Sean was a dedicated member of The Church of Jesus Christ of Latter-day Saints. He served in many callings and touched the hearts of everyone in the wards and communities where he served. One of his favorite opportunities was serving as an ordinance worker in the Cedar City temple for 5 years while working full time. As he served in the temple, Sean felt a closeness with his Father in Heaven and Savior Jesus Christ that he would always cherish.

Sean worked hard and played just as hard. He prioritized taking his family on vacation, making memories and quickly planning the next family adventure. He was an avid dirt biker and loved desert racing. He enjoyed skiing, boating, rock climbing, hiking, and just being outdoors. Through all of this, Sean always brought his family with him and encouraged his sons and daughters to do the things he loved. He was always the one behind the camera making sure family memories were documented and making us all smile. Regardless of the challenge, he found a way to ensure his family was always

provided for. When many would stop trying, Sean was found working harder and always finding a way to make things work. Even in the last year of his life, fighting his biggest battle, his priority was guaranteeing his sweet wife and girls at home were left well taken care of.

Sean is survived by his loving wife Rebecca, their children Alyssa (Gentry), Emily (Ryan), Daren, Gavin (McKenzie), Mindy, Jacob, Kelton, Izabell, Lilly, and 11 grandchildren. He is preceded in death by his daughter Nickie, his parents, and his brother Todd.

Cedar City, Utah services will be held on Friday February 6, 2026 at The Canyon View Stake Center: 1985 North Main Street Cedar City, Utah 84721. The viewing will be held from 12:30-1:30 PM with the funeral following at 2 PM. There will be a livestream of funeral services available on [cedarvalleyfuneral.com](http://cedarvalleyfuneral.com) on Sean's memorial page.

On Saturday February 7, 2026 we will hold a gathering for friends and family at the Kamas Stake Center: 3038 North State Rd. 32 Marion, Utah 84036 from 12:30-1:30 PM preceding the graveside service at 2 PM at the Marion Cemetery: 832 East 2700 North Kamas, Utah 84036.

Our family would like to express our deepest gratitude to all family, friends, community members and health care providers who have assisted, and sent their love, support, and prayers in behalf of our family. As a family, we would like to say a special thanks to our Mom for the amazing care and love she gave our dad during the hardest part of this battle. She felt it was a privilege to be able to care for her sweetheart in the comfort of their home

## obituaries

### JoAnn Jones



It is with deep sorrow that we announce the loss of JoAnn Jones, who passed on January 26th, 2026, at age 80.

Born on August 2, 1945, JoAnn was a shining beacon of love and spirituality, and a constant source of encouragement and inspiration to those around her.

JoAnn was a loving wife to Daniel Jones ("my sweet Danny") and a cherished mother to her children James, Michael, Ammon, Aaron, and Ani. She was beloved by her brother, Neuman Duncan, and will be deeply missed by her family, friends and community.

As a member of the Church of Jesus Christ of Latter-day Saints, JoAnn's faith in the Savior influenced all aspects of her life. She devoted her time as a full-time missionary, a mission leader in the Australia, Perth mission, and matron of the Cedar City temple. Her dedication and service were evident in her actions and teachings within her church and community.

JoAnn enjoyed walking, swimming and embracing all forms of exercise. Those whom she met along the walking trail and at the swimming pool knew her and loved her. With a knack for teaching, she taught piano for 65 years and elementary school for ten, leaving a profound impact on the lives of her students. She was an avid reader and continued to take courses at the University throughout her life. She never tired of doing family history research and performing ordinance work in the temple she loved.

JoAnn was focused, genuine, intense and witty. She greeted everyone with a radiant smile. She was a goal setter, and her determination was contagious. She repeatedly told us that her greatest accomplishment in this life was her family. She was a sweet and loyal wife and a loving mother and grandmother- roles which she took incredibly seriously and performed with immense love and dedication.

JoAnn's greatest focus, so often quoted at home, "For behold, this life is the time to prepare to meet God" showcased her profound faith and perspective on life and the eternal hereafter.

Her family and friends will remember her unwavering faith, her unflinching determination, and her endless love.

She was a force for goodness here on earth. She was a testament of kindness, love and light. She will be forever remembered and deeply missed by those who had the honor of knowing her.

Her funeral will be held on Saturday January 31, 2026 at 11 AM in the Church of Jesus Christ of Latter-Day Saints Greens Lake chapel (1120 West Greens Lake Drive). Viewings will be at the church on Friday evening from 6 to 8 PM and 9 to 10:30 AM on Saturday. Interment will be at the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences may be shared at [www.mortuary.org](http://www.mortuary.org). In lieu of flowers, please donate to the Church of Jesus Christ of Latter-Day Saints Humanitarian Fund.

### Edward Ray Forcade



Edward Ray Forcade passed away Saturday, January 24, 2026 at the age of 81 in Cedar City, Utah. Ed was born on November 10, 1944 in Provo, Utah, to his father, Beachey Verne Forcade and his mother Ettie Retta Rodeback Forcade.

Ed graduated from Maywood High School in Maywood, California in 1962. In 1964 he joined the United States Navy and served in the Vietnam War.

On March 10, 2003, he married Daisy Redmond. They were later sealed in the Los Angeles, California Temple. Ed was a member of the Church of Jesus Christ of Latter-day Saints all his life. He was a faithful Home Teacher and would accept any calling.

Ed worked as the maintenance manager for the Bourget Brothers Building Materials Company in Santa Monica, California for many years. He was a handyman and could repair almost anything. He also made beautiful cabinetry.

Ed was a very giving person. If he found out that someone needed help, he'd go help them without hesitating. He had a thirst for knowledge; he was always on the internet researching.

He is survived by his wife, Daisy Forcade, his niece, Wendy Reeve and his nephew, Scott Reeve. He is preceded in death by his parents and his sister, Jean Forcade.

The family would like to thank Cedar Health and Rehabilitation and the hospice nurses for their kindness in helping him in his final days. Graveside services will be held at the Cedar City, Utah Cemetery on Friday, January 30, at 2:00 p.m.

### Bertha Mae Hardy Smith



Bertha Mae Hardy Smith 87, passed away peacefully at home on January 28, 2026. She was born June 19, 1938 in Las Vegas, Nevada to Dudley Leavitt Hardy and Vera Eva Wittwer. Bertha is the youngest of five children. When she was just two months old, her father unexpectedly died of a heart attack leaving her mother to raise their four children. Her mother eventually moved their family to Logandale and went to work as a school teacher. Bertha grew up in a happy home with her mother and siblings. Every holiday was special and they made sure Bertha had everything she could ever need. She graduated from Moapa Valley High School where she enjoyed participating in student council,

performing in plays, cheerleading, and was a member of the marching team, the debonettes.

Bertha attended the College of Southern Utah (CSU) in Cedar City, Utah. There she met Dee Albert Smith. They were married July 10, 1957 in the St. George Temple of the Church of Jesus Christ of Latter-Day Saints. Eventually, they made Cedar City their home where they raised their four children. Bertha loved hosting parties, square dancing with Dee, visiting family in Logandale, and gardening. She was known for her beautiful home and flower gardens. She also loved animals, especially dogs. She always had a dog that was part of the family. As her children grew, she took a job at North Elementary School in Cedar City as a school secretary and later transferred to Fiddlers Elementary School. She enjoyed being in the schools with the kids and worked for many years.

When Bertha and Dee retired, they moved to Alamo, Nevada and built a beautiful home. They loved traveling with friends and family and attending all the events involving their grandchildren and great-grandchildren. From sports, musical programs, baptisms, graduations, weddings, and baby blessings, they made every effort to attend and show their love. Bertha liked to stay busy, and she continued to be known for her beautiful home and garden. She enjoyed sharing her knowledge with others, which led her to having a small greenhouse business for several years selling flowers and other plants. She loved visiting with others and getting to know the community better.

Bertha loved her Savior, Jesus Christ. She served faithfully in many callings for The Church of Jesus Christ of Latter-Day Saints throughout her life including serving many years with her husband, Dee, as temple ordinance workers in the Las Vegas, Nevada Temple.

Although the last few years were a challenge for her with various health issues, including a serious fall, breaking her femur, Bertha found ways to be involved in the lives of others by remembering birthdays and relishing visits with friends and family. She enjoyed movies, her daily drives with a friend to get a Coke, and getting her hair and nails done.

Bertha is preceded in death by her parents: Dudley Leavitt Hardy and Vera Eva Wittwer; her siblings: Elaine (Jay) Whipple, Maurice "Mike" Hardy, Grant Hardy, and Glen (Shirley) Hardy; her two great grandchildren: Ella Rowley and Norman Smith.

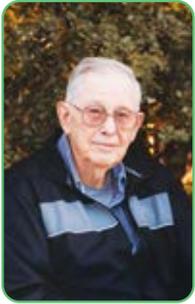
Bertha is survived by her loving husband of nearly 70 years, Dee Smith; their four children: Scott (Bonnie) Smith, DeeAnn (Robert) Hansen, Russell (Lori) Smith, and Roger (Jennifer) Smith; 17 grandchildren; 42 and counting great-grandchildren; a sister-in-law Ann Hardy.

Funeral services will be held Friday, February 6, 2026 at 11:00 am in the Alamo LDS Chapel. A viewing will be held prior to the funeral at 10:00 am. Graveside services will be Saturday, February 7, 2026 at 1:00 pm, Utah time, at the Cedar City, UT Cemetery under the direction of Southern Utah/Southern Nevada Mortuary. To share online condolences, please visit [www.mortuary.org](http://www.mortuary.org).

Bertha loved flowers so anyone wanting to send them for the services can contact Zion Sun Floral in Cedar City, UT. 435-586-6119 | [zionsunfloral.com](http://zionsunfloral.com)

## obituaries

### Grant Secrist



Grant E. Secrist passed away at his home in Cedar City, Utah, on 22 January 2026 at the age of 89. Grant was born in Rock Springs, Wyoming, on 8 October 1936, to his parents, Grant H. Secrist and Josephine Zueck Secrist. He grew up in Bountiful, Utah, and also spent time in Rock Springs with his beloved maternal grandparents, who significantly shaped his life. Gene, as he was known to family and close friends, learned the value of hard work at a very young age, working on local farms by age eight and delivering newspapers. He was the oldest of five boys and was expected to care for his brothers while his father was working in the trucking industry, and his mother was very involved in local civic affairs during and after World War II. His brothers (Gary, Joe, Tom, and Bill) looked to his example and leadership throughout their lives. Gene graduated from Davis High School in 1954, where he lettered in four varsity sports.

Grant continued his education at the College of Southern Utah (now Southern Utah University), where he lettered in football, baseball, and track. In 1955, he married his high school sweetheart, Carol Babcock. Over the next nine years, they welcomed five children: Ted, Rick G., Susan, Michele, and David. The marriage later ended in divorce in 1977.

Grant continued his education at the University of Utah and completed a B.S. degree in Psychology. While at the University of Utah, Grant joined the Air Force ROTC, earning the Distinguished Military Graduate designation and being commissioned as an officer. He served on continuous active duty for 22 years, including assignments with the Strategic Air Command Missile Combat Crew and the Air Force Manned Orbiting Laboratory program. While in the Air Force, he completed a Master's Degree at Purdue University and a Ph.D. at the University of Utah. He retired from the Air Force as a Lt. Colonel in 1981.

In 1979, Grant married Narcie Garcia Temple in San Antonio, Texas. Narcie and her son, Michael, became part of the family. Narcie was by his side for nearly 47 years. They found their way to Cedar City, Utah, where they have lived together for the last 30 years.

Following his Air Force career, Grant founded Human Performance Research Associates, where he consulted on numerous projects, including the development of High Demand Training concepts. The application of these concepts enhanced fighter pilot training, led to a long-standing relationship with Major League Baseball umpires, and supported other commercial applications.

Grant had a love of God, family, and country. He had a burning desire to leave the world and his country a better place for his children and grandchildren. He worked tirelessly to research and write, aiming to improve the trajectory of the country he loved right up to the time of his passing. He loved the beauty of the American West and was especially fond of the Wind River Mountains in Wyoming. Grant also passionately pursued his family's historical roots, including early Utah pioneers and his maternal grandparents who immigrated from Northern Italy.

Grant was a loving father, grandfather, and uncle. He found a way to bond with each of his 18 grandchildren, focusing on their individual interests so that each would say they are his favorite.

Grant is survived by his wife, Narcie; his children, Ted Secrist (Sandy), Susan Phelps, Michele Swenson (Rick), David Secrist (Julie), and Michael Temple (Sherry); 18 grandchildren; 33 great-grandchildren; and one brother, Bill Secrist (Tammy).

Services will be held at 12:00 pm on 3 February 2026 at Southern Utah Mortuary, 190 N 300 W, Cedar City, Utah. A visitation will be held prior to the funeral service at 11:00 am. Interment will follow at 2:00 pm at the Southern Utah National Cemetery in Cedar City under the direction of Southern Utah Mortuary. Online condolences may be shared at [www.mortuary.org](http://www.mortuary.org).

In lieu of flowers, please donate to the Church of Jesus Christ of Latter-Day Saints Missionary Fund or a disabled veteran's organization.

### Gary Little



Gary W. Little passed away on January 26, 2026 in Cedar City, UT, from complications related to COVID 19 and Alzheimer's disease.

Born in Cedar City, Utah, Gary was the youngest of eight children of Thirza Mahala Watson Little and Thomas David Little. Deeply cherished by his older siblings, he grew up surrounded by love, support, and faith. A devoted member of The Church of Jesus Christ of Latter-day Saints, Gary served with unwavering commitment throughout his life.

Gary graduated from Cedar City High School, where he lettered in basketball and developed a lifelong love for sports. After graduation, he began what would become a distinguished 30 year career with the U.S. Steel Iron Mines. He was honored upon retirement for never having taken a single sick day—a remarkable reflection of his dedication, resilience, and strong work ethic.

During the Korean War, Gary enlisted in the United States Air Force alongside several friends from Cedar City and was stationed in Seoul, South Korea. After completing his military service, he returned home and resumed his career with U.S. Steel.

Gary met Carolyn Black while she attended what is now Southern Utah University. They were married in Kanosh, Utah, on July 28, 1956, and later had their marriage solemnized in the St. George Temple in 1976. They were blessed with one daughter, Lisa Little Parsons.

Gifted with his hands and known for his meticulous nature, Gary built the duplex where he and Carolyn began their life together, followed later by the home they would share until his passing. He took immense pride in maintaining an immaculate home and yard—mowing his lawn well into his 90s. A passionate sports fan, Gary frequently attended high school and college football and basketball games, often bringing Lisa along. He loved the mountains and cherished time spent with family cutting wood and enjoying the outdoors.

Gary had a deep sense of responsibility to family. He remained closely connected to his extended relatives, regularly checking in and caring for widowed family members. He lovingly cared for his mother in her later years, bringing her joy and comfort.

After retiring from U.S. Steel, Gary continued working in construction in Las Vegas, concluding his career in 1999. Carolyn joined him there in 1987, and together they purchased a townhome while keeping their Cedar City residence. They traveled frequently between the two homes and, for many years, traveled the world together until the COVID 19 pandemic. In 2016, they sold their Las Vegas home and returned to Cedar City permanently.

Gary was preceded in death by his parents, Thirza and Thomas Little; sisters Velle (Ernil) Liljenquist, Wanda (Ken) Brown, Thirza (Joe) Robinson, Laura Little, and Marie (John) Hatherell; brothers Dee (Mary Jane) Little and Dixon (Gerry) Little; brothers in law Morgan Young, Russell (Evon) Black, and Lorin Black; and niece Emily Olson; nephews Lorin Little, Jeff Robinson, and Brad Young.

He is survived by his beloved wife, Carolyn Black Little; daughter Lisa Little (Troy) Parsons; grandsons Chase (Brigitte), Nick (Kat), and Cody (Lindsey); great granddaughters Carter and Dillon; sisters in law Mary (Tom) Olson and Judy Young; and many cherished nieces and nephews.

Gary will be remembered for his quiet strength, steadfast devotion, and deep love for his family. His legacy lives on in all who were blessed to know him.

Funeral services will be held on Saturday, January 31, 2026, at 12:00 p.m. at Southern Utah Mortuary, located at 190 N. 300 W., Cedar City, UT. A viewing will be held prior to the services at 11:00 a.m. Interment will take place at the Cedar City Cemetery, under the direction of Southern Utah Mortuary. Online condolences can be sent at [www.mortuary.org](http://www.mortuary.org).



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# sports

**SCORES + RECAPS FROM IRON COUNTY COMPETITION**

## Barnhurst reaches milestone in CV hoops win

by Tom Zulewski  
IRON COUNTY TODAY

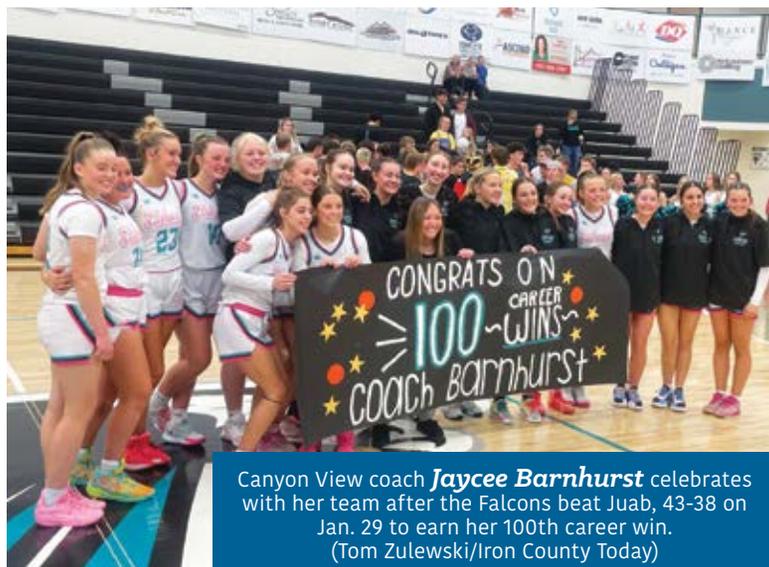
**A**s her team celebrated the moment

around her, Canyon View head coach Jaycee Barnhurst was ready to jump into the huddle and embrace a special achievement. It wasn't easy, but the Falcons made the shots when they mattered and when the final horn sounded, history was made. Erin Hallows and Tayla Blackner scored 11 points each, and Canyon View beat the Juab Wasps, 43-38 on Jan. 29 as Barnhurst became the first basketball coach in school history with 100 victories. Complete with balloons that flew down from the upper level of the Nest, a banner that congratulated her on the milestone moment, and a plaque with the number in raised letters, Barnhurst reflected on the achievement.

"I think we've all stuck around so long – (Steve) Newman has been with me since the beginning, Rob (Potter) has been with me for four years – because we can see so much potential in all of these kids. It's hard to be done when they're there every day, work hard, and they're good kids."

Juab (1-6 Region 14, 4-14 overall) led 11-8 late in the first quarter, but Potter scored five straight points to finish off an 11-0 run that carried over into the second and gave CV (4-2, 12-10) a 19-11 advantage, its largest of the night.

Cambry Hall, who led all scorers with 13 points, hit one of her three 3-pointers later in the period to jump-start an



Canyon View coach **Jaycee Barnhurst** celebrates with her team after the Falcons beat Juab, 43-38 on Jan. 29 to earn her 100th career win. (Tom Zulewski/Iron County Today)



Canyon View's **Erin Hallows** (0) goes up for a shot over Juab's **Mollie Blakenagel** (11) during their game played Jan. 29. The Falcons won, 43-38. (Tom Zulewski/Iron County Today)

7-1 surge as the Wasps closed within 20-18 at the half. After six first-quarter lead changes, the Falcons were able to stay in front throughout the second half.

"We just couldn't get into a rhythm,"

Barnhurst

said. "Good minutes, then bad minutes. Props to Juab. I don't think we expected them to do some of the things they did. It took us a while to adjust and put the ball in the net."

Mollie Blakenagel added 10 points for Juab in the loss. The Wasps finished 5-of-11 from the free-throw line while the Falcons were 10-of-18.

In Canyon View's first game of the week, Delta came to

the Nest on Jan. 27 and left with the Region 14 title after a 64-52 victory. The top-ranked Rabbits are 7-0 in region and 18-2 overall.

Madison Eliason led all scorers with 28 points for the Rabbits, who led 34-24 at halftime and kept the margin steady the rest of the way.

Hallows led CV with 21 points in the loss and Tory Taylor added 12. The Falcons faced a road game at Richfield on Tuesday and will close the regular season at home for Senior Night with a game against Providence Hall on Thursday.

The first round of the 3A state basketball tournament happens Feb. 14 with games at home sites before heading to America First Events Center for games from Feb. 19-21.

Team	W	L	Region	Overall
<b>Canyon View</b>	4	2	12	10
<b>Juab</b>	1	6	11	12

Team	Score
<b>Canyon View</b>	43
<b>Juab</b>	38

Team	W	L	Region	Overall
<b>Juab</b>	1	7	9	11
<b>Canyon View</b>	14	6	11	12

**Juab** – Welch 2, Halvorson 6, Hall 13, Blakenagel 10, Olsen 6, Garrett 1. Totals 14 5-11 38. 3-pointers – Hall 3, Blakenagel 2.

**Canyon View** – Hallows 11, Taylor 3, King 6, Potter 8, Blackner 11, Bailey 4. Totals 15 10-18 43. 3-pointers – Taylor 1, Potter 2.

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## TOM'S SPORTS TRIVIA

And now, we have liftoff on another dozen sporting trivia questions for your guessing enjoyment. This week's collection is a grab bag of challenging stuff around the Super Bowl that won't break your brain – at least that's the intended goal here. Have fun, embrace the chaos, and please remember...no wagering!

1. Super Bowl LX between the New England Patriots and Seattle Seahawks is a rematch of Super Bowl XLIX, which was won by New England, 28-24. Where was SB XLIX played?
2. The Patriots continue to expand on its record for most Super Bowl appearances in NFL history. How many times has New England played in the Super Bowl?
3. Nine different pairs of NFL teams have faced each other twice in the Super Bowl. What two teams are the only ones that have faced each other three times? (SB X, XIII and XXX)
4. How many Super Bowls have been decided in overtime?
5. Eight different teams have played in at least one Super Bowl, but left without a win. What TWO teams have lost the most Super Bowls (four) without a win in NFL history?
6. Jacksonville (31 years) and Houston (24 years) have never played in a Super Bowl, but what two more-established teams have never played in a Super Bowl in its entire 60-year history?
7. He's the head coach at Colorado these days, but Deion Sanders is one of nine different players to win back-to-back Super Bowls with two different teams. What teams were they (SB XXIX and XXX)?
8. New England quarterback Drake Maye could become the new record-holder as the youngest quarterback to win a Super Bowl, but what Pittsburgh Steelers QB holds the record now at 23 years, 340 days when he won Super Bowl XL?
9. What New York Giants wide receiver caught a pass from quarterback Eli Manning

against his helmet in the final two minutes of Super Bowl XLII?

10. The helmet catch from the previous question helped the Giants beat the New England Patriots in SB XLII. What AFC team is still the only one to finish a season unbeaten and untied?
  11. What Chicago Bear – who was enshrined in the Pro Football Hall of Fame in 2024 – is the only player to return the opening kickoff of a Super Bowl back for a touchdown?
- LAST WEEK'S ANSWERS**
1. Center field.
  2. Sean and Mike. In the AFC Championship, Sean Payton took on Mike Vrabel, and the NFC title game was Sean McVay vs. Mike MacDonald.
  3. Miami-Ohio. The latest AP poll had the RedHawks up one spot to No. 24 before playing the UMass Minutemen on Jan. 27.
  4. Brooklyn Nets.
  5. Sean McDermott.
  6. Nine head coaches were fired in the 2025 NFL season.
  7. Arizona.
  8. Tucker signed a four-year deal to join the Dodgers.
  9. Jarrett Stidham.
  10. Los Angeles Chargers.
  11. Under Curt Cignetti, the Indiana Hoosiers are 27-2 in the last two seasons, including the school's first football national title.
  12. Big Sky Conference.

## CV wrestlers dominate at divisional meets



RANDOM  
thoughts

Tom Zulewski  
IRON COUNTY TODAY

If one thing was made abundantly clear, the Canyon View Falcons wrestling

teams sent several loud messages to the rest of the 3A field with the state tournament championship up for grabs.

Both the CV boys and girls teams captured titles at their respective divisional meets held Jan. 23 and 24 at Union High in Roosevelt.

With four individual champions and five runners-up, the CV boys team held on and won the Division A title with 294.5 points, only 4.5 ahead of the Juab Wasps, who are the nine-time defending state champions.

Looking for its third straight state team title, the

Canyon View girls had six individual champions at the B Division meet and won the title with 306 points, ahead of Juab's 279.5 points.

Here are all of Canyon View's wrestlers who finished in the top eight and earned their spots for the 3A state championship meet that happens Wednesday and Thursday at Sevier Valley Center in Richfield:

### Girls

- 100 – Daisy Callaway, 1st; Capri Zorn, 2nd.
- 105 – Mayra Castillo, 2nd; Sierra Monteleone, 4th
- 110 – Taylor Whittom, 4th; Alizayah Retana, 6th
- 115 – Brynlee Lauritzen, 2nd; MacKenzie Beck, 8th
- 120 – Takyera Taylor, 1st; Ekaterina Baca, 4th
- 125 – Sadie Sams, 1st; Claire Russell, 7th
- 130 – Serenitee Bushnell, 2nd; Mya Headlee, 6th
- 135 – Gemma Carter, 3rd.
- 140 – Lizbet Rodriguez, 1st; Ammi Arenas, 3rd

see **RANDOM THOUGHTS** » 27

## THIS WEEK WITH THE T-BIRDS



**GYMNASTICS**  
FEB. 6 • 6:30 PM

ALUMNI NIGHT & WESTERN NIGHT



**MEN'S BB**  
FEB. 7 • 6:30 PM

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EVENTS**

MONDAY, FEBRUARY 9<sup>TH</sup>

• LUNCHEON AT COURTYARD BY MARRIOTT

12:00 PM - \$10.00 ENTRY

• COACHES SHOW AT CAFE SABOR - 5:00 PM



**MEN'S BB**  
FEB. 12 • 6:30 PM

LOCAL HEROES NIGHT



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# PREP SCOREBOARD - WINTER STANDINGS

## SCORES

### Boys Basketball

#### Region 9

1/28 Snow Canyon 70, Desert Hills 56  
Pine View 67, Hurricane 59  
Crimson Cliffs 57, Dixie 55

1/30 Hurricane 72, Cedar 60  
Dixie 68, Snow Canyon 62  
Pine View 63, Desert Hills 59

#### Region 14

1/28 Canyon View 48, Delta 47  
Richfield 62, Juab 32

1/30 Juab 72, Canyon View 55  
Delta 68, Providence Hall 34

#### Region 18

1/27 Kanab 76, Panguitch 44

1/28 South Sevier 55, Parowan 52

1/29 Enterprise 54, Grand 53

1/30 Kanab 59, South Sevier 54  
Beaver 53, Grand 50  
San Juan 56, Enterprise 39

1/31 San Juan 62, Beaver 43

### Girls Basketball

#### Region 9

1/27 Desert Hills 73, Snow Canyon 54  
Dixie 68, Crimson Cliffs 49  
Pine View 61, Hurricane 29

1/29 Cedar 62, Hurricane 23  
Pine View 41, Desert Hills 40  
Snow Canyon 60, Dixie 57

#### Region 14

1/26 Providence Hall 43, St. Joseph 33

1/27 Delta 64, Canyon View 52  
Richfield 36, Juab 32

1/29 Canyon View 43, Juab 38  
Delta 52, Providence Hall 13  
Manti 28, Richfield 23

#### Region 18

1/27 South Sevier 67, Parowan 30  
Beaver 50, Panguitch 33  
San Juan 79, Monument Valley 53

1/29 Enterprise 55, Grand 18  
Kanab 49, South Sevier 22

1/30 Enterprise 55, San Juan 53  
Beaver 60, Grand 23

1/31 Beaver 58, San Juan 46

## STANDINGS

RPI RANKINGS IN PARENTHESES

### Boys Basketball

#### Region 9

	REGION	OVERALL
Crimson Cliffs (4)	7-2	13-7
Pine View (2)	8-3	16-6
Dixie (3)	6-4	13-7
Snow Canyon (9)	6-4	13-8
Hurricane (7)	6-4	12-9
Desert Hills (17)	2-8	8-12
Cedar (24)	0-10	3-18

#### Region 14

	REGION	OVERALL
Richfield (2)	5-1	13-7
Canyon View (8)	4-2	10-11
Delta (5)	4-3	12-8
Juab (6)	3-4	10-10
Providence Hall (15)	0-6	4-17

#### Region 18

	REGION	OVERALL
Kanab (2)	10-0	17-2
South Sevier (4)	8-3	14-8
San Juan (9)	7-4	13-9
Enterprise (12)	5-5	10-11
Parowan (10)	4-6	8-10
Beaver (14)	2-8	10-10
Grand (23)	0-10	2-18

### Girls Basketball

#### Region 9

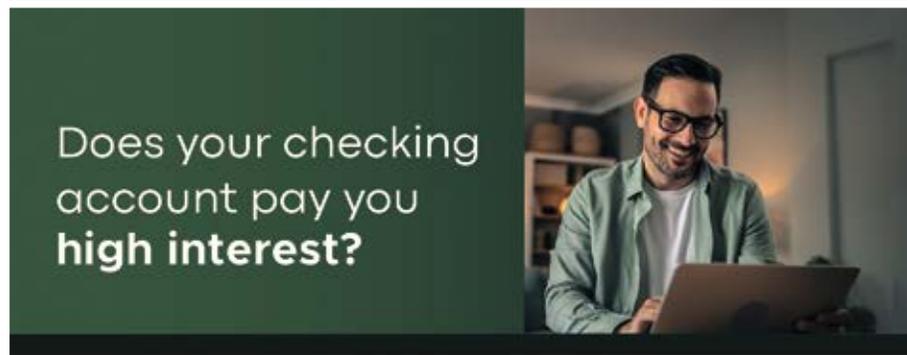
	REGION	OVERALL
Dixie (1)	8-2	19-2
Pine View (3)	8-3	17-5
Snow Canyon (5)	8-3	13-9
Desert Hills (4)	7-3	15-5
Cedar (11)	4-6	10-11
Hurricane (17)	1-9	7-14
Crimson Cliffs (19)	0-10	3-17

#### Region 14

	REGION	OVERALL
Delta (1)	7-0	18-2
Canyon View (4)	4-2	12-10
Richfield (9)	4-2	9-12
Juab (13)	1-6	4-14
Providence Hall (14)	0-6	5-15

#### Region 18

	REGION	OVERALL
Kanab (1)	10-0	19-2
Beaver (2)	9-1	19-2
Enterprise (3)	7-3	17-3
San Juan (8)	5-6	10-10
South Sevier (15)	3-8	4-18
Grand (17)	2-8	6-15
Parowan (23)	0-10	0-19



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## RANDOM THOUGHTS

« CONTINUED FROM PAGE 25

145 – Gwendaline Gardiner, 2nd; Jacksyn Kippen, 5th  
 155 – Nellie Carter, 1st; Shelby Sands, 4th  
 170 – Rylee Carter, 2nd; Mylee Crawley, 4th  
 190 – Karissah Haymore, 1st; Shalyse Parke, 2nd  
 235 – Valeria Estrada, 2nd.

### Boys

106 – Teagan Griffiths, 2nd; Kyle Tebbs, 6th  
 113 – Jaxten Bowler, 1st; Cael Imlay, 4th  
 120 – Kooper Nowell, 1st; David Hernandez, 6th  
 126 – Brayden Spencer, 4th; Molokai Rodriguez, 6th  
 132 – Gage Nielson, 2nd; Madden Malan, 6th  
 138 – Abraham Meraz, 3rd; Preston Rosser, 8th  
 144 – Cole Cavalieri, 2nd; Samuel Harris, 9th  
 150 – Kallen Cavalieri, 2nd; Gavin Gardiner, 7th  
 157 – Limoni Matakaiongo, 2nd; Daxon Christiansen, 6th  
 165 – Josiah Barker, 2nd; Boston Young, 9th  
 175 – Alex Crawley, 1st; Bridger Bauer, 6th  
 190 – Kelly Valladolid, 4th; Bruce Cornelius, 8th  
 215 – Carter Killian, 6th  
 285 – Tate Killian, 1st; Draven Clark, 8th.

Once state wrestling is complete, thoughts will turn to state basketball. Brackets for the 2A, 3A and 4A playoffs will be revealed Saturday on the UHSAA app or KSLsports.com, and the first round in 4A will be played Feb. 10 for the boys and Feb. 11 for the girls.

## Reds girls rout Tigers

by Tom Zulewski

IRON COUNTY TODAY

Brooke Vargas and Gabby Gomez combined for 30 points, and the Cedar Reds defense dominated in a 62-23 rout over the Hurricane Tigers at the Wolf Den on Jan. 29 in the team's only game played last week. With the win, Cedar improved to 4-6 in Region 9 and 10-11 overall. Vargas led the scoring for the Reds with 16 points and four 3-pointers while Gomez added 14 as they built a 38-17 lead after three quarters and outscored the visiting Tigers (1-9, 7-14) 24-6 in the fourth quarter to turn the game

into a runaway.

In total, nine different players scored at least one point for Cedar.

The Cedar boys team traveled to Hurricane to face the Tigers on Jan. 30. Brigham Kemp scored 23 points, and the Reds stayed close throughout before falling 72-60 to the Tigers. Cedar fell to 0-10 in Region 9 and 3-18 overall.

Cedar trailed only 36-32 at the half, but saw Hurricane steadily pull away over the final two quarters to earn the win and improve to 6-4 in region, 12-9 overall.

The top eight teams in the 4A rankings receive first-round byes, and those teams start their quest to reach the Dee Events Center at Weber State on Feb. 13 and 14. As of Feb. 1, here are the 4A teams that will have byes according to the RPI.

On the boys side in order: Provo, Pine View, Dixie, Crimson Cliffs, Cottonwood, Juan Diego, Hurricane and East are the top eight. Snow Canyon is at No. 9, but could pass the Leopards with two wins and some help. These are the first-round matchups to be played Feb. 10, subject to change: Cedar is the last team in, and they would face Snow Canyon; Summit Academy plays at Sky View; Jordan is at Ridgeline; Bear River travels to Mountain View; Stansbury at Timpanogos; Uintah at Murray; Mountain Crest at Green Canyon; Desert Hills at Judge Memorial.

On the girls side, Dixie has been No. 1 for most of the season, but split its last four games after a 17-0 start. The rest of the top eight with the first-round byes are Green Canyon, Pine View, Desert Hills, Snow Canyon, Mountain Crest, Ridgeline and Provo. Like the Snow Canyon boys, the Timpanogos girls are lurking at No. 9 and could steal the last bye.

Both Reds teams have entered the final week of the regular season. The girls played a road game at Pine View on Tuesday and will finish up the schedule at home for Senior Night against the Dixie Flyers starting at 7 p.m.

The boys played Pine View for their senior night Wednesday and will close the season on the road at Dixie on Friday. Final rankings and brackets for the 4A state playoffs will be released Saturday at 10 a.m. and first-round games will be played Feb. 10 for the boys and Feb. 11 for the girls.

Here are the first-round matchups for the girls that will be played Feb. 11, subject to change: Juan Diego is the last team in and would travel to Provo; Park City is at Mountain View; Murray travels to the Wolf Den to face No. 11 Cedar; Bear River travels to Uintah; Highland is at Judge Memorial; Crimson Cliffs goes to Sky View; Jordan at Tooele, and Hurricane goes to Cottonwood.

On the 3A side, they will start the first round Feb. 13 and 14, and the winners advance to America First Event Center in Cedar City for the tournament that runs Feb. 19-21. Right now, the Canyon View girls are No. 4 in the RPI and will play Juab in the first round. The boys are No. 8 and would host Union. Full details for all of the state playoffs can be found at uhsaa.org.

Contact Tom Zulewski at [tominator19@yahoo.com](mailto:tominator19@yahoo.com).

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# Sanders comes through again in CV win

by Tom Zulewski

IRON COUNTY TODAY

Brooke Vargas and In his previous outing for the Canyon

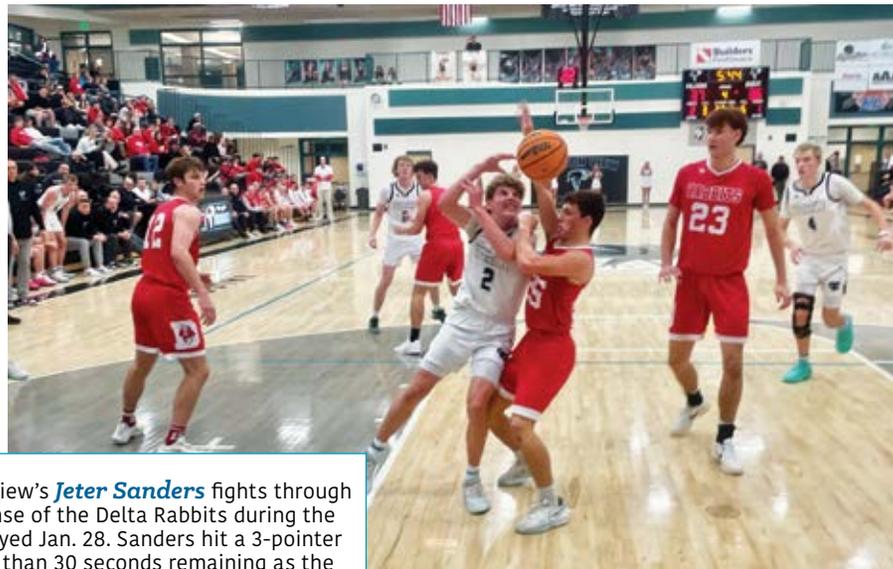
View boys basketball team, Jeter Sanders set a new school single-game scoring record with 40 points. On Jan. 28, the junior had his numbers reduced by half, but he still found a way to get the Falcons back into the win column.

Sander scored 10 of his game-high 20 points in the fourth quarter, including a 3-pointer with 28 seconds remaining, and CV beat the visiting Delta Rabbits, 48-47, for their fifth win in the last six games.

After a bye gave the Falcons a full week to get ready for Delta, head coach Kim Blackne said his team came out sluggish at the start.

“We got to enjoy the break with our bye, but we just played out of gas,” Blackner said. “We felt like we were a couple of steps slow, our sets were a little bit off, and it just wasn’t us. What I loved is our guys, knowing it was a sub-par night in execution on both ends, they stayed in the fight and we used our offensive sets better over the last three minutes to help us get the lead.”

With the Rabbits leading 36-34 as the fourth quarter began, the momentum



Canyon View's **Jeter Sanders** fights through the defense of the Delta Rabbits during the game played Jan. 28. Sanders hit a 3-pointer with less than 30 seconds remaining as the Falcons won, 48-47.  
(Tom Zulewski/Iron County Today)

shifted when Sanders hit one of his three 3-pointers that gave CV a 37-36 lead, their first since late in the first quarter. Delta reclaimed the lead at 47-45 when Brody Cleaver scored four straight points on a jumper and two free throws with 49 seconds left but Sanders had the answer when it mattered and the Falcons survived the final Rabbits possession when a final shot was tapped in the air three times, but never got near the rim for a

rebound chance as the last 16 seconds ticked safely away.

“We’ll enjoy this one for 15 minutes, but then we have to get ready for Juab,” Blackner said. “Control what we can control.”

In their other game of the week, CV was outscored 24-5 in the second quarter and never truly recovered as the host Wasps rolled to a 72-55 victory over the Falcons on Jan. 30. Canyon View fell to 4-2 in Region 14 and 10-11 overall, while Juab improved to 3-4, 10-10. Maddix Stowell led four players in double figures for Juab with




Canyon View  
**48**

Delta  
**47**

Delta	16	4	16	11	-	47
Canyon View	8	10	16	14	-	48

**Delta** – Robinson 7, Rawlinson 3, Cleaver 9, Bundy 11, Driggs 16, Pace 1. Totals 18 5-12 47. 3-pointers – Robinson 1, Rawlinson 1, Bundy 3, Driggs 1.  
**Canyon View** – Whittaker 11, Sanders 20, Meyer 8, Bealer 3, Camba 3, Chavez 3. Totals 16 11-14 48. 3-pointers – Whittaker 1, Sanders 3, Camba 1

23 points in the win.

Sanders matched Stowell with 23 points for the Falcons in the loss and Jaxon Whittaker added 11. CV closed its home regular-season schedule with a game against region leader Richfield on Wednesday, and will travel to face the Providence Hall Patriots on Friday. Final RPI rankings and playoff brackets will be announced Saturday, and the opening round of the 3A state playoffs happens Feb. 10. Winners advance to play at America First Events Center in Cedar City for the opening round of the 3A state playoffs Feb. 19.

## Canyon View drill team claims fifth straight 3A state title

by Iron County Today Staff

FOR IRON COUNTY TODAY

The Canyon View High School drill team continued its dominance Friday night at Utah Valley University, capturing its fifth consecutive Class



3A state championship.

The Talons placed first overall after winning the Military and Dance categories and finishing second in Show. The milestone performance ties Canyon View with Manti for the

seventh-longest championship streak in Utah drill team history.

Head coach Nicole Mikkelson, who has led the program through all five titles, credited the team’s focus and unity.

“This team handled the pressure of going for five with confidence and trust in one another,” Mikkelson said.

Morgan won the Show category and finished second overall, followed by

Manti, Juab, and Ogden.

Team members include: Ella Askeroth, Brooklyn Baker, Ellie Barrick, Kaydence Chadburn, Brielle Christian, Kallie Clegg, Jayley Coon, Alexis Davie, Charlotte Gambles, Madison Gillies, Jayda Hathaway, Ashley Irons, Nicole Jacobsen, Gentry Jones, Brinley Ludlow, Ellie McClellan, Madison Meredith, Bentlee Mitchell, Larvri Mock, Jaquelle Morris, Reagan Reynolds, Janelle Robinson, Madeline Ruiz, Hudcyn Sanderson, Delaini Speak, Hannah Stoker, Kylee Sullivan, Reese Urie, Haylee Wright and Cecily Yorgason.

Assistant coaches this season were Alex Staheli, Aspen Marshall, Jessica Sahagun, and Jadyn Sommer.

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## ANNOUNCEMENT OF APPOINTMENT AND NOTICE TO CREDITORS

Estate of Scott Giles Carlile, Case No. 253500229ES  
Elizabeth Irene Miller Carlile has been appointed personal representative of this estate. All persons having claims against the decedent must present their claims in writing within three months after the date of the first publication of this notice or the claims will forever be barred.

Written claims may be:

- Delivered or mailed to the personal representative's attorney at the address below, or
- Filed with the Clerk of the District Court in Iron County.

DATED THIS 30th day of January 2026.

WILLARD R. BISHOP, ESQ

Attorney for Personal Representative, Elizabeth Irene Miller Carlile

P.O. Box 279

Cedar City, Utah 84721-0279

Phone: (435)586-9483

Email: willardrbishoppc@gmail.com

Published on February 5th, 12th, & 19th 2026.

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### YOU ARE BEING SUED BY PLAINTIFF: (LO ESTÁ DEMANDANDO EL DEMANDANTE):

JESSICA ISABEL DELEON, an individual; BLAY HERNANDEZ and RORY HERNANDEZ, minors by and through their Guardian Ad Litem, GABRIEL HERNANDEZ

**NOTICE!** You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), or by contacting your local court or county bar association. **NOTE:** The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. **¡AVISO!** Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación.

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The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is:  
(El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es):  
Christopher Goodroe, Esq.; Wilshire Law Firm; 3055 Wilshire Blvd, 12th Fl, Los Angeles, CA 90010; 213-381-9988

DATE:  
(Fecha) 7/24/2024

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[SEAL]



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