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IRON COUNTY | **today**
 JANUARY 29, 2026 | VOL. 17 NO. 4

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MEET THIS MONTH'S CLINICIAN!

MILTON MCLELLAND

Founder & Owner
Clinical Mental Health
Counselor (CMHC)

Specializing in Bipolar
Disorder, Borderline
Personality Disorder,
Trauma, PTSD, and more.

Milton works with adults,
couples, and more.

His approach is ACT, DBT,
and IFS



WELCOME TO ROOTS COUNSELING & WELLNESS

My name is Milton McLelland. I am a clinical mental health counselor and the co-owner of Roots Counseling, alongside my wife, Rochelle. Since 2016, Roots Counseling has operated as a Dialectical Behavior Therapy (DBT)-based treatment center. DBT was originally developed to help individuals who have experienced complex trauma and who struggle with emotional regulation, relationships, and daily life functioning. It is a skills-based model grounded in the belief that people are doing the best they can with the skills they currently have—and that growth and change are always possible.

At Roots, DBT serves as the foundation of our work. By combining traditional talk therapy with practical, evidence-based skills, we help individuals learn how to manage emotions, build healthier relationships, and move toward the life they want to live. Over the years, we have continued to grow and evolve while maintaining our commitment to DBT. We have also integrated additional therapeutic approaches that strengthen and complement this foundation, including Internal Family Systems (IFS), often referred to as "parts work." IFS helps individuals better understand their inner world, identify where they feel stuck, and work compassionately with themselves so that insight and skills can come together in meaningful ways.

This column is part of our effort to support mental health not only in our practice, but within our community and beyond. Life feels especially demanding right now, and connection, understanding, and hope matter. Each month, we will explore mental health topics relevant to everyday life and share what we see working in recovery right here in Iron County. If you have questions you would like us to address, you may email Roots Counseling at info@rootscw.com with the subject line "Newspaper Question." Your privacy will always be respected. We look forward to building a healthier, more resilient community as we continue to serve Iron County.

Change doesn't require
perfection, just a
willingness to begin.

"Real healing begins when
you don't have to do it
alone. Therapy with me is
collaborative,
compassionate, and focused
on real growth."

-Milton M.



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COUNTY | **today**

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News

Southern Utah Athletics Announces "Back to the Big Sky" Feature Series Ahead of Big Sky Return -page 12



IRON COUNTY

today

SUU Hosts Utah Theatre Association **DRAMA CON**



STORY IN NEWS

Board of Education continues discussion on boundaries, school year calendar

by Shauna Lund

IRON COUNTY SCHOOL DISTRICT

Questions from the community on the proposed boundary changes are slowing down, members of the Board of Education said Tuesday during a workshop meeting.

Superintendent Dr. Lance Hatch said about 25-30 people attended the Jan. 12 open house at Cedar Middle School. Only two people attended at Canyon View Middle School.

Board members said the main concerns heard were from families in the West View area, which is proposed to move from Iron Springs Elementary to South Elementary. Once those families learned of the intent to build a new South Elementary in the South Mountain area, they were mostly appeased, but still questioned why the district would move students now.

Business Administrator Todd Hess said the district did not want to put the community through another boundary change in three years, so all changes needed to balance enrollment are part of this proposal. Board members said they had been asked many questions about the option for impacted students to stay in their current school.

Hatch said there is a procedure. Once the board votes on the new boundaries, parents have 30 days (until March 31) to make a request to stay in their current school. This consideration is outside of the normal open enrollment period which ends on the first Friday of February.

“We hope to be able

to put everybody in the school that they want to be in,” Hatch said. “South is the one where that could be difficult.”

The Board is scheduled to make a final determination on the boundary proposals during its Feb. 24 meeting. A public hearing for the community to address board members on the proposal is scheduled for 6 p.m. Feb. 17. In other business, board members continued to discuss possible options for the 2026-27 school year calendar. Many said they received a clear message from teachers and parents when the majority responded positively to a possible four-day week.

Hatch said the board needs to take action on the calendar during its business meeting Jan. 22, so families can plan ahead. He also outlined a different idea for some in-school Fridays where teachers could offer intervention and enrichment activities.

“I have tried to stay very much out of declaring what I think needs to happen and there’s a reason for that,” Hatch said. “Because regardless of what I think about the topic, the board will make a decision and that decision, I will own it, and I will champion it and whatever it is, we are going to do it well.”

The Board also discussed possibly piloting a four-day calendar in a couple of schools to work out any issues. Board President Ben Johnson said the two schools in Parowan might be a good place to start, especially considering that many schools in their athletic region are already on a four-day schedule.

Utah Water Conditions Update

by Michael Sanchez

UTAH DIVISION OF WATER RESOURCES

SALT LAKE CITY (Jan. 22, 2025) – Utah’s lackluster snow season continues to be a concern. 95% of the state’s water supply comes from snowpack. Refilling reservoirs is less likely if the trend of dismal snowstorms continues. 2025 was the warmest year on record for Utah, according to the National Weather Service.

The northern portion of the state is doing slightly better than other areas, but is still recording below-normal levels. 94% of the state is currently experiencing some form of drought. Last year at this time, 20% of the state was in drought.

“As the old saying goes, ‘In Utah, we are either in drought or preparing for the next one,’” Joel Williams, interim director at the Utah Division of Water Resources, said. “We can all see that our water situation is not looking great. For those looking to prepare, water conservation tips and tricks can be found at SlowtheFlow.org.”

Reservoirs are currently above-normal for this time of year. Some reservoirs (like Strawberry, Jordanelle and Deer Creek) have room for multiple years of storage, while other reservoirs only contain water for about one year.

As noted in the Natural Resources Conservation Service’s January 1st Water Supply Outlook Report, atypical snowpack conditions so far this winter have been particularly challenging for modeling snowmelt runoff.

Reservoir storage helps us preserve water for use in dry summer months and drought years. To encourage water conservation among Utahns, the Department of Natural Resources continues to promote initiatives such as the Agricultural Water Optimization Program for farmers and SlowtheFlow.org for residents. These programs aim to educate and incentivize water-saving practices, ensuring Utahns become more drought-resilient and prepare for future conditions.

Many indoor water-saving tips are available on the [Slow the Flow](http://SlowtheFlow.org) website.

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Communications sent to this email address will be received by all board members, the USBE superintendency and select board staff. Please include the city where you live in your emails so your recognized board member may choose to email you personally.

Man arrested after running out of gas in stolen van, starting fire to stay warm

by *Tracie Sullivan*

FOR IRON COUNTY TODAY

A Nevada man was arrested late Thursday night after Utah Highway Patrol troopers responded to a report of a fire burning inside a vehicle along Interstate 15 in Iron County.

According to charging documents filed in 5th District Court, troopers were dispatched shortly after 11:20 p.m. on Jan. 16 to a fire near milepost 68.

When the responding officer arrived around 11:32 p.m., he found a white van parked along the roadway with one male occupant. The driver told the officer he had

run out of gas and started a fire inside the van to stay warm.

The man identified himself as Johnathan Alberto Barahona, 34, of Las Vegas.

A records check showed Barahona's Nevada driver license was suspended and that he had multiple out-of-state warrants, including warrants from Nevada and Tennessee. The vehicle's license plate also returned as stolen out of Las Vegas, according to the affidavit.

Barahona told the officer he had borrowed the van from a friend who instructed him to drive it to Wyoming. During a search,

officers located the vehicle's keys in his front right pocket.

Barahona was taken into custody without incident and transported to the Iron County Jail.

He was booked on suspicion of receiving or transferring a stolen vehicle, a second-degree felony, and driving on a suspended or revoked license, a misdemeanor. Court records indicate Barahona also has an active warrant out of Nevada for larceny and failure to appear.

The affidavit states investigators believe Barahona poses a flight risk due to having no ties to Utah.



SUU Hosts Utah Theatre Association DramaCon

by *May Hunter*

FOR IRON COUNTY TODAY

Southern Utah University's Department of Theatre, Dance, and Arts Administration welcomed 44 schools

and more than 1,250 students and theatre educators from across Utah to Cedar City for the state's premier secondary theatre conference,

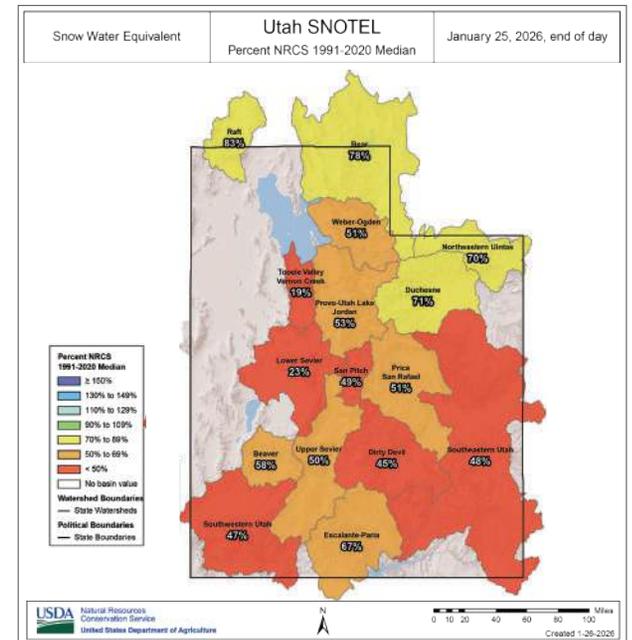
see **DRAMACon** » 7

Special Event:
Annual Fundraiser
Cedar Mountain Nordic Ski Club

BlackBird Bar • 90 Hoover Avenue, Cedar City
Saturday, Feb 7th • 7:00 to 10:00 PM • Live Music

Come Join the festivities to help.
Raise money to cover parking lot snow removal
and plan club activities for 2026

Sponsored by: Cedar Mountain Nordic Ski Club. For more details
visit us at cmnsc.org



IRON COUNTY FORECAST

DRY CONDITIONS WILL CONTINUE FOR THE WEEKEND WITH TEMPERATURES ABOVE AVERAGE AS A RIDGE OF HIGH PRESSURE REMAINS FIRMLY IN PLACE. WINDS WILL REMAIN LIGHT WITH PLENTY OF SUNSHINE AND JUST A FEW CLOUDS TO START OUT THE WEEK.

Check your local forecast anytime at:
ABC4.com/weather

THURSDAY
Mostly sunny
50°/22°
PRECIP: 0%
WINDS: N 5-10

FRIDAY
Sunny
49°/27°
PRECIP: 0%
WINDS: N 5-10

SATURDAY
Mostly sunny
58°/35°
PRECIP: 0%
WINDS: NW 5-10

SUNDAY
Mostly Sunny
58°/33°
PRECIP: 0%
WINDS: Calm

MONDAY
Partly cloudy
55°/28°
PRECIP: 0%
WINDS: SW 5-10

TUESDAY
Mostly Sunny
50°/25°
PRECIP: 10%
WINDS: N 10-15

WEDNESDAY
Sunny
52°/26°
PRECIP: 0%
WINDS: N 5-10

opinion

FROM THE EDITOR



**ESTHER
HAILSTONE**
OFFICE MANAGER

This past week, I had the opportunity to try to explain our Groundhog Day tradition to someone who doesn't live in our county. If you've ever tried to explain a quirky local tradition to an outsider, you know it's

harder than it sounds. What feels perfectly normal to us suddenly becomes a series of questions you never thought to ask, and, in my case, many I couldn't fully answer.

Why do we do it this way?
When did it start?
What does it really mean?

That conversation stuck with me longer than I expected.

I think sometimes we get so caught up in what we're doing that we forget the why behind it all. The reasons fade into the background, and routines take over.

Lately, I've taken a long, honest look at my own life and tried to find the "why" behind the things I do. And I'll admit, I was surprised by how many things I do simply because I always have. Not because I questioned them, or chose them with intention, but because they became habits.

Traditions, routines, and even small daily actions matter more than we think they do. They connect us to our past, ground us in the present, and shape the kind of community we're building for the future.

So maybe this week is a good time to pause and ask yourself "why." You might find, as I did, that the answer brings a little more meaning to the everyday moments we often take for granted.

QUOTE OF THE WEEK

"It's not the load that breaks you down, it's the way you carry it."

-Lou Holtz



A Holiday Worth Celebrating

PART 1

by *Edy Meredith*

FOR IRON COUNTY TODAY

July 4, 2026, will be the United States Semiquincentennial, also called bisquicentennial, America250, or the quarter millennium. More easily recognized is the fact that it will be the 250th anniversary of the United States Declaration of Independence, when it was adopted by the Second Continental Congress. The Second Continental Congress, meeting in Philadelphia, voted for the independence of the United Colonies by passing the Lee Resolution on July 2, 1776, while the Declaration of Independence mainly written by Thomas Jefferson, a member of the Committee of Five, was proclaimed on July 4, 1776, the date on which the anniversary of American independence is celebrated.

This is a long history but an important

one. During the 50th anniversary observances on July 4, 1826, there were no government-sponsored events, but it is remembered as the day that former presidents John Adams and Thomas Jefferson both died. (Please check your local library for a book of the letters exchanged by Adams and Jefferson during their lifetimes.) Was their dying on the same day a coincidence or a changing of the guard being noticed by Providence? We know that our country is in flux and a continued development toward a more perfect union, a phrase used in American political discourse and discussions. It is a slight rephrasing of the second clause of the Preamble to the United States Constitution, "in order to form a more perfect union". The phrase is used to convey an idea that the United States remains an unfinished

WORD OF THE WEEK

INEFFABLE

[in-ef-fa-ble]

adjective

too great or extreme to be expressed or described in words.

IRON COUNTY **today**

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opinion

A HOLIDAY

« CONTINUED FROM PAGE 6

work-in-progress and that achieving the lofty goals espoused by the American founding documents demands continuing effort. According to Ann Fairfax Withington, “On the way toward declaring independence, Americans saw themselves as a separate people in the process of birth... amidst all their bustle of practicality (they formed congresses, produced documents articulating their rights and grievances, established importation and exportation embargoes), they also took measures to alleviate internal tensions and to strengthen themselves as a people.” Get ready, American people and citizens to celebrate the amazing American Constitution which has served as a model for other countries as peoples across the globe attempt to create governments that recognize and create governments for the people and of the people with equal rights and privileges for all classes and groups.

Locally, Utah has two organizations that recognize colonial ancestry: 1) The Bald Eagle Chapter, NSDAR in Cedar City, Utah, for the National Society Daughters of the American Revolution, which was organized February 6, 1993. Its meetings are held September through May on the third Tuesday of the month at 11:30 am at our local library (utahdar.org/baldeagle/); and 2) the Utah Society Sons of the American Revolution (utahsocietysonsar.org) which meets in Salt Lake City, ringing in the 250th Year of America’s Founding on February 21 at 6 pm at 3301 Louise Avenue in Salt Lake City under the auspices of America250 and the Utah Society of the Sons of the American Revolution for a celebration of George Washington’s Birthday Banquet. Both of these organizations are for direct descendants of the American patriots who achieved the independence of the American people although others can attend and support the purposes of the two organizations.

So why is the American Constitution important which colonial patriots male and female lived and fought for: 1) It establishes the framework of the U.S. government; 2) It protects individual freedoms; 3) It limits government authority; 4) It ensures adaptability and longevity through the amendment process. Future articles will deal with more specifics and about the patriots, male and female, who fought for a unique form of government at the time of its origin and with the worldwide influence of the Constitution of the United States. We will also look at the story of the remarkable women who were at the center of the American Revolution frequently called Liberty’s Daughters. I am hoping that we will all get involved in the preservation of American liberties and answer the call to freedom that is urgent even today as despots rule throughout the world.

DRAMACon

« CONTINUED FROM PAGE 5

DramaCon, held January 22–24, 2026.

Conference participants engaged in a wide range of workshops, showcases, and educational sessions, while also attending multiple theatrical productions presented throughout the weekend.

Celebrity guest



Lisa Hopkins Seegmiller, Tony Award-winning, Grammy Award-nominated singer, actress, and Professor of Voice, directed several masterclass workshops. She also shared her inspiring journey, culminating in a Grammy Award win, with a packed auditorium of DramaCon attendees, one of the highlights of the three-day conference.

SUU’s production of *Pippin*, directed by Britannia Howe, was presented during the conference. A celebrated Broadway musical originally produced by Stuart Ostrow and directed by Bob Fosse, *Pippin* explores themes of self-discovery, ambition, and the search for purpose, resonating with audiences through its blend of spectacle, storytelling, and emotional honesty.

In addition to university productions, attendees enjoyed performances from secondary schools, including Parowan High School’s *Hadestown* and Cedar High School’s *Into the Woods*, offering a diverse and inspiring sampling of theatre at both the secondary and university levels.

“Hosting DramaCon alongside *Pippin* is a powerful opportunity,” said Brian Swanson, chair of the Department of Theatre, Dance, and Arts Administration. “It allowed students and educators from across the state to experience live theatre in a professional university setting while engaging in meaningful conversations about storytelling, artistry, and purpose.”

The Utah Theatre Association’s decision to host DramaCon at Southern Utah University highlights the university’s longstanding commitment to arts education, community engagement, and supporting the next generation of theatre artists and educators.

Drama education is essential for students, helping to build critical life skills, enhance academic performance, and foster social-emotional development. It builds confidence and self-esteem while providing a safe, supportive environment for students to express themselves. Through drama, students learn collaboration, clear and kind communication, active listening, and respect for diverse perspectives, skills that extend far beyond the stage.



IRON COUNTY GOVERNMENT RECAPS

Cedar City Planning Commission Meeting Summary

by Iron County Today Staff

FOR IRON COUNTY TODAY

Property Rezoning at 3000 North, 400 West

The first item addressed a newly annexed property requiring both a general plan amendment and a zone change. A representative from Go Civil presented the proposal to rezone the property from Annex Transition to INM1 (light business industrial manufacturing). The property's location near the airport creates restrictions on residential development, limiting construction to one unit per five acres under current airport overlay zones.

The property borders existing industrial uses, including storage units being developed to the west. Given these factors and the impracticality of residential development under current restrictions, the commission voted to recommend approval of both the general plan amendment and the zone change. Staff noted that future modeling might be required depending on what businesses ultimately locate there, and buffering between residential and industrial uses should be considered.

Center Street Development Deferral Agreement

The commission debated a request for a development deferral agreement at 4200 West and Center Street, allowing infrastructure improvements on part of Center Street now while delaying work on another section until later development phases. The request cited high costs and market uncertainty, arguing the existing road is sufficient for current traffic.

City engineering staff opposed the deferral, stating the road is unsafe for pedestrians and cyclists and that required infrastructure improvements are part of the city's master plan. Commissioners discussed safety, enforcement, costs, and concerns about creating uneven roadway improvements.

A compromise was recommended requiring full improvements up to 4200 West immediately, with the western portion deferred until development occurs on the south side or five years pass, whichever comes first. The motion passed with one dissenting vote.

Public Input

A resident spoke in favor of maintaining the neighborhood's residential character and expressed relief that the proposed development would primarily include single-family homes rather than higher-density units, despite existing zoning allowing greater density.

The commission adjourned after directing staff to prepare the deferral agreement for city council consideration.

Cedar City Council Meeting Summary

by Iron County Today Staff

FOR IRON COUNTY TODAY

Public Comment Reform Discussed

The city council reconsidered its public comment process after concerns arose about its removal from the standard agenda. Members said the intent was to better distinguish between general comments and items requiring formal action, noting legal limits on responding to issues not listed on the agenda.

Residents voiced strong support for open public comment, citing transparency and community engagement. The council ultimately restored public comment at the end of action meetings with a three-minute limit per speaker and committed to directing residents to appropriate follow-up resources. Public comment after individual agenda items will continue.

Heritage Theater Renovation Planning

The city council discussed plans for a major renovation of the Heritage Theater, tentatively scheduled for 2028. The nearly 27-year-old facility is in need of upgrades, particularly to its sound and lighting systems. Approximately \$1.5 million has already been allocated, with the possibility of additional funding in the current budget cycle, bringing the total estimated cost to \$3-3.5 million.

Because the theater schedules events up to two years in advance, staff had begun warning potential renters that the venue may be unavailable in 2028. Council members noted that the renovation timeline and scope are still uncertain and depend on a forthcoming consultant report. They directed staff to continue booking 2028 events with clear notice that renovations may occur, allowing renters adequate time to adjust plans if needed. This approach preserves revenue while providing transparency and flexibility for renters.

Water Bill Waiver Request

The city council considered a request to waive part of a water bill after a brief spike in usage. Staff confirmed the meter was working properly and that responsibility beyond the meter lies with the property owner.

BUDGET SUMMARY

YEAR	STATE OF UTAH	IRON COUNTY	SCHOOL DISTRICT	CEDAR CITY	COUNTY POPULATION	INFLATION RATE
2020	\$18,500,000,000	\$64,397,882	\$97,275,145	\$84,121,067	57,286	1.4
2021	\$20,300,000,000	\$68,529,185	\$111,206,179	\$82,661,906	58,672	7.0
2022	\$25,600,000,000	\$80,413,678	\$116,183,977	\$82,219,239	62,508	6.5
2023	\$26,000,000,000	\$78,255,317	\$172,080,787	\$97,198,239	64,211	3.4
2024	\$29,400,000,000	\$67,789,445	\$200,512,950	\$150,125,060	65,765	3.2
2025	\$30,800,000,000	\$132,282,649	\$221,113,931	\$77,269,263	67,617	2.7
ANNUAL INCREASE	10.7%	15.5%	17.8%	0%	3.4%	4.3

* Information was obtained directly from the governmental entities listed.

IRON COUNTY GOVERNMENT RECAPS

Despite sympathy for the unexpected cost, the council denied the request to remain consistent with policy, reaffirming that the city is only responsible for issues on its side of the meter.

Downtown Economic Committee Appointment

The council approved the appointment of Jay Woody Lots to the Downtown Economic Development Committee as the Utah Shakespeare Festival's representative. Lots brings a background in arts management, experience leading performing arts centers, and a strong interest in community involvement.

Council members noted the energy and perspective he would bring to the committee, and the appointment was unanimously approved on the consent agenda.

Cemetery Renovation Project Modifications

The city council reviewed proposed roadway changes to the cemetery renovation project to address concerns about tight turns that limit access for hearses and larger vehicles. The modifications include removing some landscaping, adding asphalt, and adjusting curbing.

Two options were discussed: hiring the original contractor or completing the work in-house at a lower estimated cost. While council members supported the improvements, they expressed frustration that recent work required changes and stressed the need to finish the project before Memorial Day.

During public comment, concerns were raised about potential warranty issues

if the city handled the modifications internally. As a result, the council moved the item to the action agenda for further discussion rather than approving it on the consent agenda.

Wastewater Treatment Plant Projects

The city council reviewed two wastewater-related items. The first involved a change order for an effluent reuse filtration project to reconcile interest payments and extend the completion deadline. With no added costs, the item was approved for the consent agenda.

The second item was a proposed contract modification for a wastewater effluent reuse study and water master plan updates. The study would explore infrastructure needed to reuse treated effluent for secondary irrigation within the city. Council discussion focused on balancing current budget constraints with the long-term value of planning for future water needs and potential funding opportunities.

During public comment, concerns were raised about the lack of a comprehensive water strategy. Council members acknowledged the concern, noting that multiple committees are working on different components of an overall water plan.

Administrative Matters

The meeting concluded with approval of council committee assignments and a request from a resident for improvements to the city website to make agendas and meeting schedules easier to find and understand.

LEGISLATIVE UPDATES

Representative Albrecht's Legislative Session Report



REP. CARL ALBRECHT

UTAH HOUSE DISTRICT 70

Week 1

Hello Friends and Neighbors,

This week marks the start of Utah's 2026 General Session (January 20 to March 6). Over the next 45 days, we'll debate and vote on legislation that affects families, local communities, and Utah's long-term strength. I'll use this newsletter to share clear updates on what's happening—plus the best ways for you to stay involved.

If you'd like to follow along, you can watch committee meetings and floor debates live, review past proceedings, and see daily agendas at le.utah.gov.

The North Capitol Building: Built for Utahns

We're also marking a major milestone at the Capitol complex: the new **North Capitol Building** is complete. State leaders celebrated the building's opening on January 16, 2026.

This project expands public access and adds critical capacity, which means more office space, a new conference center, additional public parking, and secure storage for Utah's art and historic artifacts. The building will also house the future Museum of Utah, creating a new place for learning and civic engagement on Capitol Hill.

Legislation update: Bills I'm working on

Moving forward through committee

HB 78 – Nuclear Regulatory Amendments

This bill focuses on Utah's approach to nuclear regulation and oversight, with the goal of creating a clearer state framework as advanced nuclear technology develops. It is meant to reduce uncertainty for innovators while keeping safety and accountability at the center. It also helps Utah stay prepared as new energy options expand.

HCR 1 – House Concurrent Resolution Regarding Advanced Nuclear Manufacturing

This resolution expresses Utah's support for advanced nuclear manufacturing and signals the state's interest in attracting this work to Utah. It also emphasizes the need to address practical challenges, including safety in manufacturing, transportation, and waste management. In short, it sets a direction and encourages responsible growth in this space.

On Committee

HB 64 – School and Institutional Trust Lands Amendments

This bill creates a process for counties to nominate culturally or scientifically significant sites on trust lands for potential preservation. It sets basic standards for nominations and outlines how those nominations would be reviewed and tracked. It also allows steps to be taken when a site is at risk of damage.

Passed the House floor and Sent to the Senate

HB 66 – Soil Health Program Amendments (House vote: 73-1-1)

This bill extends the repeal date of the Utah Soil Health Program, keeping the program in place longer. Specifically, it moves the repeal date to July 1, 2036. That stability helps support long-term planning for agriculture, land health, and stewardship.

HB 67 – Lead Acid Battery Disposal Sunset Amendments (House vote: 70-0-5)

This bill removes the sunset tied to Utah's lead-acid battery disposal provisions so the current system does not lapse unexpectedly. The goal is to keep a predictable framework for safe handling and disposal. It also gives the Legislature time to evaluate whether additional changes are needed.

HB 69 – Drinking Water Restructuring Amendments (House vote: 60-11-4)

This bill updates parts of Utah's drinking-water enforcement structure by adjusting how violations are handled under state law. The intent is to clarify compliance expectations and improve how enforcement tools are used. Put simply, it aims to make drinking-water oversight clearer and more workable.

Committee's and Caucus

LEGISLATIVE UPDATES

- Chair of the House Natural Resources, Agriculture, and Environment Committee

- Serving as a member of:

- House Public Utilities and Energy Committee and Appropriations Subcommittee, Federalism Commission, House Public Utilities and Energy Committee, and Water Development Commission, Constitutional Defense Council.

- Chair of the Rural Caucus. This Caucus was founded in the mid-1990's, originally known as the Cowboy Caucus, and has grown to become one of the longest-running and most widely attended caucuses during the Legislative Session. The caucus focuses on a wide range of key issues, ensuring that the concerns of rural residents are heard and addressed at the state level. We are committed to bridge the gap between rural and urban interests.

Stay engaged

Your input matters, especially early in the session, when bills are still being shaped. The easiest way to track bills, agendas, and live streams is through le.utah.gov.

Thank you for staying involved, and I'll keep these updates coming.



SEN. EVAN VICKERS
UTAH SENATE DISTRICT 28

Friends and neighbors,

The first week of the 2026 General Session is underway, and it's always an exciting and

important time. This is when we begin setting priorities, hearing from Utahns across the state, and working through legislation that will shape our future. I'm grateful to be here representing Southern Utah, and I'm committed to keeping you informed throughout the session.

Utah continues to be a national leader in many areas. We're ranked **#1 overall, #1 for economic outlook, #1 for social mobility, and #4 for education**. Those rankings don't happen by accident. They reflect generations of Utahns who believe in hard work, strong families, personal responsibility, and communities that show up for one another.

Opening day at the Capitol was a meaningful reminder of those values and the legacy we're building on. It was also a chance to reflect on the role Utah plays in our nation's story. As America approaches 250 years of liberty, I'm proud that Utah continues to be a place where opportunity is growing and where people come together to solve problems.

We were honored to welcome several special guests who helped make the first day of the session memorable. **Darin Hoover**, Gold Star father of **Staff Sergeant Taylor Hoover**, led us in the Pledge of Allegiance. Staff Sergeant Hoover was tragically killed in action during the 2021 Afghanistan airport attack, and it was a powerful moment to recognize his family and his sacrifice. We also welcomed **Connor Zaharis**, a University of Utah engineering student, who performed the national anthem on the piano. Members of the Utah National Guard posted the Colors, and **Elder Patrick Kearon** of The Church of Jesus Christ of Latter-day

Saints offered the opening prayer. We were also grateful to welcome leaders from Utah's higher education and business communities as we celebrated the important work they do across our state.

This week also included the governor's **State of the State** address. He called on Utahns and lawmakers to recommit to civic virtue, moral character, and the habits of self-government. I share that message. We may not always agree on every issue, but we can work through challenges with respect and a shared commitment to what is best for Utah.

On the first day of the session, Utah Supreme Court Chief Justice **Durrant** also delivered the **State of the Judiciary** address. He spoke about the importance of checks and balances in our system of government and the responsibility each branch has to serve the people well. Healthy disagreement is a natural part of the process, but mutual respect between branches of government strengthens public trust—and that matters.

One exciting milestone this week was the official opening of the North Capitol Building. For over a century, Utahns have invested in the Capitol as more than just a building. It's a symbol of our shared values and our commitment to the future. The new North Building improves access and efficiency for both employees and the public, and it provides additional meeting space, new conference areas, and more public parking. It will also become the future home of the **Museum of Utah**. The design includes thoughtful features that make visiting easier, including clear pathways, better circulation, and improved drop-off access.

I invite you to come visit the Capitol and see it in person.

We also welcomed **Utah Tech University** for their Day on the Hill. Utah Tech plays an important role in Southern Utah and provides a high-quality education experience for more than 13,000 students. It was great to see students and faculty at the Capitol and to recognize the work they're doing to prepare the next generation.

As the session continues, I'm working on legislation that focuses on public safety, water conservation, and strengthening families. A few bills of note:

S.B. 30 — Human Trafficking, Exploitation and Smuggling Amendments

This bill strengthens Utah's ability to prosecute human traffickers by improving definitions and penalties. Over time, trafficking laws have become a patchwork of broad language that can make it harder to hold true offenders accountable. This bill provides clearer, more practical language so prosecutors can better target traffickers. It also protects good-faith employers, especially those using lawful migrant labor, while creating accountability for individuals who knowingly benefit from trafficked labor.

S.B. 46 — Water Wise Landscaping Amendments

Utah is the second-driest state in the nation, and we face frequent drought conditions. This bill reduces unnecessary water use on state-owned property by limiting non-functional turf on new state construction projects, prohibiting it in park strips, and requiring more waterwise landscaping overall. It also updates outdoor water

standards by requiring smart irrigation systems rather than basic overhead spray irrigation. These are common-sense steps to protect long-term water supplies while Utah continues to grow.

S.B. 22 — Minor Driving Hours Amendments

This bill is a simple update that reflects real-life families. It clarifies that a stepparent or foster parent can supervise a minor with a learner permit. The goal is to remove unnecessary barriers and give families more flexibility while helping young drivers succeed.

S.B. 48 — Kratom Revisions

This bill focuses on the most potent kratom compounds by updating how they are regulated under state law. It targets high-risk synthetic or concentrated derivatives that have been linked to misuse, dependence, and rare overdose cases. As these products evolve, regulations need to keep pace. This bill closes gaps and strengthens public health protections by focusing oversight on the forms associated with the greatest risk.

Your voice matters in this process. Public participation plays an important role in shaping strong policies for all Utahns. If you would like to follow bills, view committee agendas, or learn how to participate, you can visit senate.utah.gov/getting-involved. If you would like to meet with me during the session, please contact my intern **Gavin Clarke** at gclarke@le.utah.gov or **385-441-0604**.

Thank you for your support and for trusting me to represent our area at the Utah Legislature. It's an honor to serve you. Please reach out

LEGISLATIVE UPDATES

anytime with questions, feedback, or insight. And if you haven't already, please take the survey I sent out several days ago, as your responses will help guide my work this session and ensure I'm focusing on what matters most to the people I represent.

— Sen. Evan Vickers

by *Tracie Sullivan*

FOR IRON COUNTY TODAY

A federal civil rights lawsuit accusing

the Iron County School District of failing to protect a student from prolonged bullying is now pending in federal court.

The case was filed Jan. 13 in Iron County's 5th District Court and transferred the following day after the district invoked federal jurisdiction. The district is the only defendant named.

The lawsuit was brought by David and Sameeta Cowley on behalf of their minor daughter, a former Cedar High School student who was later withdrawn from in-person classes. The complaint alleges school officials were repeatedly notified of harassment but failed to intervene or implement required safety measures.

Court filings indicate the events began in the spring of 2024, when the student was a sophomore at Cedar High School. What started as conflict between two students escalated into racially charged electronic messages that allegedly caused significant emotional distress.

After receiving the messages, the student reported the exchange to school staff. She expressed concern about retaliation and worried the incident could affect her participation in school activities.

Because of those concerns, she obscured identifying information in the screenshots she shared with the counselor and initially said the messages had been sent to someone else.

Bullying lawsuit against Iron County School District moves to federal court

According to the filing, the counselor later permitted the student to delete the original messages from her phone. When the district conducted its investigation months later, officials cited the absence of the original texts as a reason disciplinary action could not be taken, despite the existence of screenshots and other digital records.

In April 2024, the family submitted a formal complaint requesting an internal investigation. The review, conducted by the district's human resources director, lasted approximately five months. During that period, no interim measures were implemented to separate the student from those involved or limit continued contact at school, the lawsuit claims. The student was also required to recount the incidents multiple times during the process, despite warnings from her private therapist that doing so could worsen psychological harm.

When the investigation concluded, the district determined it could not substantiate racial harassment, citing the lack of original messages. The lawsuit contends that decision relied on standards typically used in criminal investigations rather than the lower evidentiary threshold applied in school disciplinary and civil rights matters.

As the situation remained unresolved, the family sought assistance from the Cedar City Police Department. Court records describe ongoing communication between school officials and law enforcement that did not result in either disciplinary or criminal action. Search warrants were authorized for cloud-based data associated with the students' accounts, though the filing states at least one warrant was never executed. A later limited review reportedly concluded no messages were exchanged on the date in question, a finding the family disputes.

According to court documents, affidavits from multiple individuals later confirmed text communications

occurred that day. Digital notifications recovered from a wearable device also aligned with the timing of the alleged messages.

The student continued encountering peers connected to the situation into the following school year, including shared classes and school activities, the lawsuit states. One incident cited in court filings describes a teacher directing the student to transport several involved classmates to a school service project despite her objections.

The cumulative impact of the ongoing situation allegedly resulted in severe emotional harm. On Sept. 6, 2024, the student attempted suicide, according to court records. She did not return to in-person classes afterward and missed approximately 12 weeks of school while receiving treatment. The remainder of the academic year was

completed online, and she has not returned to Cedar High School.

The lawsuit asserts violations of federal and state law, including claims under Title VI of the Civil Rights Act, Title IX, the Fourteenth Amendment, Utah's Constitution and the state's anti-bullying statutes. It also includes allegations of negligence and negligence per se.

The family is seeking monetary damages, attorney fees, declaratory relief and court-ordered changes to district bullying prevention practices.

The case is now docketed as case No. 4:26-cv-00007 in U.S. District Court. No hearings have been scheduled, and the district has not yet filed a response. The allegations have not been proven in court.



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southern utah university



Southern Utah Athletics Announces “Back to the Big Sky” Feature Series Ahead of Big Sky Return

by **Regan Hunsaker**

SUU ATHLETICS

CEDAR CITY, Utah — As Southern Utah University prepares for its official return to the Big Sky Conference in July of 2026, Thunderbird Athletics is proud to announce the launch of a

new feature series celebrating SUU's rich history within the league.

The series will revisit Southern Utah's time in the Big Sky Conference, highlighting conference championship teams, memorable moments, notable alums, and rivalries that will soon

be renewed as the Thunderbirds rejoin one of the nation's premier collegiate conferences. Designed as both a reflection and a celebration, the project gives voice to the deep-rooted connection between SUU and the Big Sky while building excitement for the program's next chapter.

"This series is about honoring where we've been as we prepare for where we're going," said Interim Director of Athletics Tom Higbee.

Southern Utah's identity has long been intertwined with the Big Sky Conference, and this is an opportunity to share those stories with longtime supporters while introducing a new generation of Thunderbirds fans to our history.

Beginning in January, the series is planned to feature at least one in-depth article per month leading up to July 1, 2026, when Southern Utah officially rejoins the conference. Additional features, interviews, and archival content may be added as the SUU Sports Information team continues to uncover and celebrate moments from the university's Big Sky legacy.

Look for the first article to become available next week as we take a look at one of the most successful football seasons in the Thunderbirds' history.

Beyond reliving past successes, the series serves as a reminder of the respect and admiration Southern Utah holds for the Big Sky Conference and its member institutions. The Thunderbirds return with a sense of pride, tradition, and excitement to once again compete alongside programs that helped shape the university's athletic history.

Fans can follow the series throughout the year on suutbirds.com in the "Back to the Big Sky" tab under the Fan Zone Section. Look for regular posts on our Southern Utah Athletics' social media platforms as the countdown to the Thunderbirds' return to the Big Sky officially begins.

About the Big Sky Conference

Founded in 1963, the Big Sky Conference is an NCAA Division I conference, competing in the Football Championship Subdivision. The Big Sky prides itself on its "#ExperienceElevated" platform that emphasizes the unique traits and lifelong benefits that the conference and its member institutions provide to around 3,300 student-athletes each year. Conference members have won 13 NCAA championships, including seven in football by five different members, as well as six of the last nine Division I men's cross country titles by NAU.

About SUU Athletics

Southern Utah University Athletics is home to 15 NCAA Division I teams. SUU Athletics supports the University's educational mission by fostering leadership, personal growth, and academic excellence. Committed to integrity and community engagement, we prepare student-athletes for success both on and off the field. SUU Athletics is more than competition - it's a transformative part of the Thunderbird experience.

Follow Us

Track Southern Utah Athletics 24/7 by following @SUUThunderbirds on Twitter and Instagram, and like the Southern Utah Athletics page on Facebook.

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SOUND OF MUSIC ON STEROIDS



by Matt Marxteyn

RED ROCK FILM FESTIVAL

It was the film that changed the rules for the Red Rock Film Festival simply by winning more awards than any other film at Red Rock: 10 including the Grand Jury Prize for Best Fiction Feature at the 18th Festival and Market. Then Angel Studios picked it up for distribution as it is playing in theaters right now, earning praise from critics and audiences alike. As an independent, this is a must see today, as it may not be in theaters tomorrow.

"I Was a Stranger" which changed its name from "The Stranger's Case" since the Festival is an escape thriller that plays like the last half hour of "The Sound of Music", but instead of political refugees like the von Trapp family who left pretending to go on vacation on a train, the Syrians in this story never know

who to trust as they embark across unknown territories, fences and the Mediterranean. A bold adventure that fans are not used to from Angel Studios. Angel fans expecting "Snow White" should prepare for "Bambi" where tragedies of the recent past are met with an uncertain future of survival.

These stories in "Stranger" are based on reality, and are a call to action. It tells the same story of escape from five different points of view: a Syrian doctor, a poet with family, a soldier struggling with his conscience, a smuggler that scouts the route, and a Greek captain caught between the tides. These are not cookie-cutter characters, these are complex people we should know from digging into our own family history and journals.

A strong first feature by Utah director Brandt Andersen (executive producer of "Everest" and

of "American Made" starring Tom Cruise,) the film "I Was a Stranger" proved a Utah Filmmaker could win several awards in both the Utah Filmmaker category and the main Grand Jury category. As a result the Red Rock Film Festival no longer grants Special Jury Awards or Special Achievements for Utah Filmmakers as it can prove a redundancy as was the case with "Stranger" which also won awards for cinematography and screenplay in both categories. The Festival has opened its call for entries for its 20th Anniversary with the Initial Deadline being January 28, 2026.

Opening this Friday is another winning film from the 19th Red Rock Film Festival: "Standout: The Ben Kjar Story" – it received the Audience Award for Documentary Feature and for Utah Filmmaker Feature. Born with a rare disorder Crouton Syndrome, Ben's story shows how he overcame bullying,

surgeries and proved everyone wrong by becoming Utah Valley University's first championship wrestler. As an independent documentary, again, see it now.

Both films are playing nationwide from California to Utah to New York and can easily be found at www.showtimes.com. For the 20th Anniversary Red Rock Film Festival filmmakers may submit their feature or short with extremely low rates for University students at <https://filmfreeway.com/RedRockFilmFestival>.

Initial Deadline with low entry fee is January 28, 2026. The Regular Deadline is March 31, 2026. All genres considered with competitions for Animation, Documentaries, Dramatic Fiction as well as experimental, music videos and even for trailers. Trailers can be submitted at filmfreeway.com/UtahFilmMarket.

Discovering Magic Through the Arts

by Sara Penny

CCAC VICE PRESIDENT

“The world is full of magic things, patiently waiting for our senses to grow sharper,” wrote the Irish poet W. B. Yeats. We are surrounded by natural beauty, but it takes some extra focus to take the

time to appreciate a glorious sunset or a stunning vista.

Last fall I had a visitor from New Jersey. As we drove around the corner to the Kolob overlook the gigantic sandstone monoliths came into view and she

the sight.

Fortunately we have artists who help us remember to pay attention to the magic around us through their work.



Your Arts Council recently hosted our Winter Arts Social and it was wonderful to hear the progress

of individual artists. Tiffany Marchant helps her students develop their skills. It was inspiring to hear how much it meant to the students of the Alternative High School to have an exhibit of their art at the city offices. The community support and having all of the pieces purchased was definitely magical for the students.

I realized that I have come to expect the spectacular without appreciating the magic of

was shocked. "What in the world?" was her reaction. She had never seen anything like it. I realized that I have come to expect the spectacular without appreciating the magic of

Michael Clark is working to have the Plein Air Competition again in May. He won't qualify for a mini-grant this year so sponsors would be most welcome. There was a good level of participation last spring so the project is off

and running.

We were also able to enjoy songs by Andrew Briggs and Matthew Clegg accompanied by Tracey Bradshaw. The song from Camelot brought good memories for me because my husband and I were involved in a community theater production of this musical in Beaumont, Texas before moving to Utah. We are fortunate to have such talented musicians teaching at SUU and sharing their performances with the community. There are several upcoming concerts and recitals on the SUU Music Department website.

One of the magical elements of the Socials is watching artists from different disciplines interact and make connections. It is refreshing to have a lovely evening of camaraderie. It certainly gives me hope for Cedar City to see people working together in our arts community. It was abundantly clear that we have a lot of great events coming our way this winter and spring. The tricky bit is letting you know

about everything, so watch our social media and monthly newsletter for updates.

Remember that the next mini-grant applications are due Feb. 28. The application is on our website under Support. In order to find the magic it is helpful to have a solid plan for the project.

Helping all ages participate in the arts is part of our mission. On our Cedar City Arts Council website we have Art Resources that include community groups and contact information. Under the Education tab is a listing of opportunities for children. Updates are welcome so the website can be an accurate resource. Many of the programs have scholarships, so as many children as possible can participate.

Wishing you success in developing your art form. Many thanks to those who attend the local arts events. You make it worth the effort.

Due West

Tuesday, February 10th
The Heritage Center Theater • 7:00 PM

Due West is an American country music group from Nashville, Tennessee. Consisting of Tim Gates, Brad Hull, and Matthew Lopez.

**(435) 865-2882 or
Cedarcitymusicarts.org for tickets**



COMMUNITY + PERSONAL INTEREST IN IRON COUNTY

by May Hunter

FOR IRON COUNTY TODAY

Every year on February

2nd, people all around the world wait for one very important moment... Punxsutawney Phil (the fluffiest little weather "expert") pops out of his burrow to make his big prediction!

So what's the deal with the shadow?

If Phil sees his shadow:

That means it's bright and sunny out-so Phil gets spooked, scurries back into his hole, and we're stuck with six more weeks of winter.

If Phil Doesn't see his shadow:

That means it's cloudy-so Phil stays out and announces the good news:early spring is on the way! How did Groundhog Day even start?

Believe it or not, this tradition goes way back!

Groundhog Day is connected to an ancient Christian tradition called Candlemas. During Candlemas, clergy would bless and distribute candles to help people through the winter season. People believed the weather that day could hint at what the rest of winter would be like:



* Sunny day=winter might stick around longer.

* Cloud day=warmer weather could be coming soon.

Eventually, this idea evolved into what we celebrate today-letting a groundhog decide our seasonal fate.

What does the Farmer's Almanac say for 2026?

According to the Farmer's Almanac, winter may not be ready to pack its

bag just yet. Their long-range forecasts are based on a mathematical and astronomical formula (not folklore!) and they claim their predictions are accurate about 80-89% of the time.

No matter what Phil says, spring officially begins with the Vernal Equinox on March 20, 2026 at 10:46 a.m.

Phil's prediction for 2026

Weather predictions suggest that on February 2, 2026, Punxsutawney may have snow showers and cold temperatures.

And because of that...

It's predicted that Phil will NOT see his shadow-which means EARLY SPRING!

A little Groundhog Day History

The first official Groundhog Day was celebrated on February 2, 1887. Since then, the tradition has grown more popular-especially after the famous 1993 movie Groundhog Day starring Bill Murray.

Today, thousands of people still gather at Gobbler's Knob in Punxsutawney, Pennsylvania, hoping to witness Phil's big moment in person.

Phil says it best:

"A day to take everything a little less seriously, and break up the winter monotony...at least for a little while!"



GROUNDHOG'S DAY 2026:

WILL PUNXSUTAWNEY PHIL SEE HIS SHADOW?



calendar

ONGOING OPPORTUNITIES

GOVERNMENT

Brian Head Council

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Central Iron County Water Conservancy District Board Meetings

3rd Thurs., 6:30pm. 710 S. Westview Drive

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

Iron County Republican Women

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

Parowan City Council

2nd & 4th Thurs, 5:30 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Post 74

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Learn about Veteran benefits, opportunities, fellowship. Honor Guard provides military honors at Veterans Funerals. Post Commander Tris Colman (805) 268-4287.

Bikers Against Child Abuse

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Rm)

Cedar Area Inter-Faith Alliance (CAIFA)

3rd Tues 10:30am @ Cedar Library, West room. Help us plan and organize fundraising projects and quarterly community events. (No meet Jul, Nov, Dec)

DAR – Bald Eagle Chapter

3rd Tues, 11:30 AM @ the Cedar City Brian Head Visitors Center.

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Kiwanis Club of Iron County

1st Tuesday of each month at the Cedar City library. ironcountykiwanisclub@gmail.com

Lion's Club

Tues, 12 pm • Call Pres. Michelle Wilson for mtg. info. Everyone welcome! (802) 359-2183

Marine Corps League

Detachment 1315, 2nd Wed, 6:30 pm
Elks Lodge (303 N 100 E)

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

Veterans of Foreign Wars (VFW)

1st Thurs, 6PM, Post 10846 meets @ Elks Lodge, 111 E 200 N.

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org. Helpline: John (702) 802-1332, Kara (702) 232-6829

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Speaking From The Heart • M – Sa, Noon
Steps and Traditions • M – Su, 7 am

Red Road to Sobriety • Mon, 6 pm Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

The Great Fact • T, F, Noon. True Life Center 2111 N. Main. (702) 802-1332 or (702) 533-7856

Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

Uncommon Sense • Sat, 10:00 am

My Story • Sat, 8 pm

Thank God Sunday Spiritual • Sun, 11 am

What a Way to Start the Day • Su, W, F 7-8 am • All are welcome

Al-Anon

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Easy Does It • Tues, 6-7 pm • (435) 559-3333

Hope for Today (Family Groups)

Thurs, 6 pm • (435) 559-3333

Key to Harmony (Online/Email Meeting) Sun & Tues 435-704-4979 • <https://keytoharmony.org/>

Alzheimer's/Dementia

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed
Last Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn, access resources, connect. Virtual option available. Raven Albertson, 385.831.7124, utahprograms@alz.org.

ARP—Addiction Recovery

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan
Sun 7:30 pm • 85 N 600 W, Cedar, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

Caregivers

3rd Thurs, 5:45-7 pm • Zion's Way Home Health, 369 N 100 W #1, Cedar. All levels of the caregiver's journey from pre-caregiving to bereavement and rebuilding welcome. INFO: Kat at 702-292-9911.

Embrace Grace

Unmarried, pregnant? You don't have to walk alone! Safe, judgment-free zone. Free baby stuff at a baby shower for you. Text or call 407-719-8595. Info under Resources tab @ Thrashingfloor.life.

Grief Support Group

2nd Tues, 5 pm • Southern Utah Mortuary (190 N 300 W, Cedar). Safe, supportive for those who have lost loved ones. You are not alone. Free. INFO: 435-586-4040

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, share perspectives on healing, recovery. Join: affiliate.rainn.org/helproom/canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org • (435) 635-9603
KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

It Works - How and Why • Thurs, 7:30-8:30 pm

Live and Let Live • Fri, 8 pm

Candle Light Mtg • Sat, 9:30 pm (Sm rm)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm • Mtg Hall, 1067 S Main, Cedar (877) 865-5890

Nicotine Anon (12-Step)

Fri 5 pm • KKCB 203 Cobble Creek Dr. Ste. 201

(North Room), Cedar • (435) 559-0394

Porn Addiction Recovery

Men Only • Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • www.southernutahshare.com

Reel Mental Health

1st Tues, 6PM • Mountain View Lodge 625 W 200 S Parowan UT 84724 • A fun interactive support group focused on your mental health and well-being.

Senior Blind/Visually Impaired

3rd Thurs, 1:30 pm • Cedar City Library

Southern Utah Veterans Assoc.

1st Thurs, 7 pm • Westview Christian Center, 2624 W Hwy 56, Cedar. INFO: Chuck Waddell 907-252-1365.

Southwest Parkinson's Alliance

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

Widows Ministry

2nd Sat, 11-1 pm • New Journey-Widow's Ministry @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

CLASSES, CLUBS & ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Bingo & Lunch

Fri, lunch @Noon, Bingo @3 pm. Free for Seniors @ Our House Assisted Living (995 S Regency Rd, Cedar). INFO: 435-867-0055.

Book Club

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

Cars & Custard

2nd Mon., 6-8 PM at Culver's Treasures Thrift Store is: 1093 S Main Street, Cedar City, UT. Classic Cars & Trucks, Customs, Your pride and joy. A free small Custard for each car entry, provided by Culver's! Contact Mike @ 909-717-1232 or ekimjacobs@gmail.com for more info.

Cedar Breaks Model A/Vintage Car Club

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email cedarbreaksmodela@gmail.com.

Cedar Chest Quilters' Guild

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. cedarchestquiltersguild.org

Cedar City ESL

Wed, 6:30 - 7:30 pm • Free ESL lessons offered at Cedar Library, Rare Book Room (303 N 100 E). No pre-registration required.

Cedar City parkrun

Saturday 9 am • West Canyon Park, (133 S 400 E) • Free 5K for runners, joggers & walkers. Volunteers welcome. Info: Bruce @ 435-301-5480

or coalcreektrail@parkrun.com

Cedar City Toastmasters

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

Cedar City Unitarian Universalists

2nd Sundays at 2:00pm @ 1280 E Midvalley Rd. Leave a message for Bonnie at 435 590-0596 if interested.

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit www.cedarprofessionals.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

Cedar City Community Band

We offer a wealth of opportunities for individuals of all ages and skill levels to get involved and experience the joy of ensemble music-making. Contact us at www.cedarcitycommunityband.org or by calling 435-590-2513.

Explorer Bible Club

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

International Folk Dancing

Fri, 1-2 pm • Cedar Senior Center (489 E 200 S) FREE; No Partner Needed; teaching! INFO: 626-808-6129

Iron County Moms For America

4th Thurs, 7pm at 2321 W Cove View Dr, Cedar City. Join a growing number of women throughout the nation to strengthen and preserve liberty. INFO: Kami Merrill 435-592-4152 or email: ironcountymoms4america@gmail.com

Iron County Democrats

Come meet with an exciting and welcoming group committed to improving our world. Monthly meetings and annual convention. For more information find us at Facebook- Iron County Utah Democrats, or call Mike Keil at (435)840-4712.

Friends of Festival Country K9s

offers Dog Training classes and therapy dogs for libraries, schools, and more. We also have events like animal adoptions and microchip clinics. Call Gail Workman at 435-592-5487 for info.

Labyrinth Walk

Last Saturday, 12:00-2:00. St. Jude's Episcopal Church (70 N 200 W, 1 block north of W University Blvd). No Charge. Please join us in a sacred, calm environment for walking prayer on the largest indoor labyrinth in the state of Utah. No experience required, facilitators are present.

Local Cub Scout Pack (K–5th).

Wednesday @ 6 p.m. For more information, go to myscouting.org or contact local Cubmaster Tristin L. at CubScoutTroop1848UT@gmail.com

OARS (Open, Authentic, Relevant, Spiritual)

meetings every Tuesday night 6pm-8pm at the Cedar City Library in the Park - excluding holidays. Includes dinner, faith-oriented discussion and prayer for ages 18-30. Info: text 541-579-1554 or pastorschuyler@gmail.com

Parowan Pickleball

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and sign-up: Season: October 21 to July 25. Parowan Rec, 35 E 100 N, Parowan, UT 84761. 435-600-1597.

PB&J Therapy Groups

These two groups teach skills for different areas of life by utilizing recreational activities and engaging in other forms of expressing emotions. INFO: 435-267-4212.

College: forms.gle/SmGytgCfvQ1TS2pB7

Adolescent: forms.gle/BZiepPW63pR6Zd8k9

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

Sagebrush Fiber Artisans Guild

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

Senior Yoga Classes

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Sewing Group

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

Tai Chi For Health

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required.

TOPS—Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

Wellness Wednesdays

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990. PW: health, Info: Kristi Sharp (435) 986-2564, ksharp@swuhealth.org

Youth Group

Wed, 6:30-8 pm • Ages 12-18. Meal, games & Bible Study. @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net.

calendar

THURS, JAN 29

URINETOWN THE MUSICAL PRESENTED
CEDAR VALLEY COMMUNITY THEATRE
(7:30-9PM) Dates: January 29, 30, & 31.
the Heritage Center Theater (105 N 100
E, Cedar City). Doors open at 6:30 pm.
General admission is \$15, and students,
seniors and children are \$10, available at
the Heritage Center Box Office, online,
and cvct.online.

FRI, JAN 30

AUBREE OLIVERSON - SATELLITE SALON
SERIES (7:30-9PM) The SUU Satellite
Salon Series presents violinist Aubree
Oliverson at the Thorley Recital Hall,
SUU Music Building (432 W 200 S, Cedar
City). Join for her solo performance. The
Satellite Salon Series. It is FREE and
open to the public!

HADSTOWN TEEN EDITION PRESENTED
BY PAROWAN HIGH SCHOOL (7PM) Dates
January 30th and 31st. at Parowan High
School (168 N Main St, Parowan). Tickets
are \$7 for adults and \$5 for students and
seniors.

CEDAR BREAKS: SHOWSHOE HIKES
Every Friday & Saturday throughout
the winter. Sign up for a free guided
snowshoe tour. Participants will hike a
1-mile round-trip through snowy terrain.
The entire experience will last about one
hour and thirty minutes. The equipment,
including snowshoes and a pair of ski
poles, is available to all participants at
no cost. Entrance fee to the monument
is not covered. Make a Reservation at
eventbrite.com. For information, visit
nps.gov/cebr or call (435) 986-7120.
Reservations are required.

SAT, JAN 31

LABYRINTH WALK (12-2PM) AT ST
JUDE'S Episcopal Church. (70 N 200 W,
1 block north of W University Blvd) No
Charge. Please join us in a sacred, calm

environment for walking prayer on the
largest indoor labyrinth in the state of
Utah. Come experience this powerful
practice used for centuries to unite body,
mind and spirit. No experience required;
facilitators are present. Last Saturday of
each month.

MON, FEB 2

Groundhog Day

TERI MCHALE AT KOLOB GALLERY TERI
McHale will be Kolob Gallery's Solo Artist
for the month of February. A textile artist
well-known throughout Utah, McHale
has been working since 2003 in the
medium. Her stunning works have been
juried into several national and interna-
tional shows and she was recognized as
an "Artist of Utah" in the Southern Utah
Museum of Art exhibition this summer.
Please check the Kolob Gallery's website
for times.

FRI, FEB 6

UTAH SHAKESPREARE FESTIVAL THE
COMEDY OF ERRORS (7PM) Come and
enjoy a free performance of The Comedy
of Errors by the Utah Shakespeare
Festival at the Southern Utah University
Auditorium. A talkback with the cast will
follow the performance. This is open to
all ages.

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OPEN HOUSE (10AM-7PM) At 473 N. 200
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showroom favorites, Touch & style pieces
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There is no charge for calendar items.
Your submissions can be made online at
ironcountytoday.com, or emailed to news@
ironcountytoday.com or brought to 479 N 100
W, #1, Cedar City, Utah 84721. The deadline is
Friday at noon. The calendar is not to be used for
advertising. Items will be printed at our discretion.



THE IMPACT OF MUSEUMS



by May Hunter

FOR IRON COUNTY TODAY

A visit to a museum is a search for beauty, truth, and meaning in our lives. Try to visit museums as often as you can. There's something wonderfully calming about them, the peaceful atmosphere, the quiet, the lack of distraction, and, of course, the beauty of the art. All of it comes together to create a relaxing and enriching experience.

One of the greatest benefits of visiting museums is the opportunity to shift your perspective. Museums invite us to step into the shoes of artists and pioneers who left behind pieces of their lives for us to discover. They allow us to connect with stories, ideas, and moments that shaped the world we live in today.

Museums and galleries are also a fantastic way to learn more about your city while appreciating its art and history. Each museum offers a unique way of telling that story. The five museums featured here are easy to find, welcoming, and ready for you to explore.

Museums can increase our sense of well-being, help us feel proud of where we come from, and inspire, challenge, and stimulate our minds. They don't just teach us, they help us feel healthier and more connected.

FRONTIER HOMESTEAD STATE PARK MUSEUM

Welcome to Frontier Homestead State Park Museum, where you can discover the

pioneer and early industrial history of Cedar City and Southwest Utah.



Highlights include an extensive collection of horse-drawn wagons once owned by Gronway Parry, historic buildings, a Native Heritage exhibit, a sawmill, and a replica blast

see **MUSEUMS** » 18



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MUSEUMS

« CONTINUED FROM PAGE 17

furnace, just to name a few. History truly comes alive here.

SOUTHERN UTAH MUSEUM OF ART (SUMA)

Located on the campus of Southern Utah University, the Southern Utah Museum of Art features artwork by SUU students, local and regional artists, as well as nationally and internationally recognized artists. SUMA houses over 2,000 objects in its permanent collection, including work by Jimmie F. Jones, a distinguished landscape painter whose estate helped establish the museum.

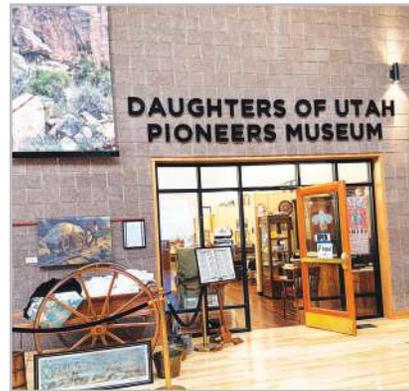


This state-of-the-art museum is a must-visit, a place to wander, ponder, and enjoy. With rotating exhibits, outstanding artists, and stunning

sculpture courts, there's always something new to discover. SUMA is open year-round and offers a variety of exhibitions and events for all ages, making it well worth visiting again and again.

DAUGHTERS OF THE UTAH PIONEERS MUSEUM

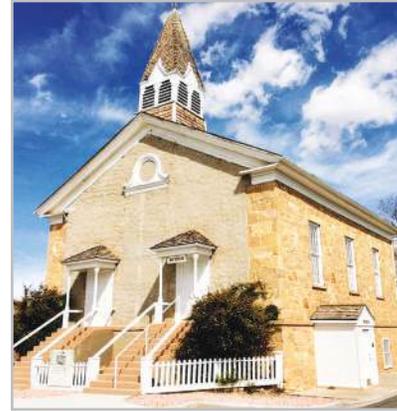
Located inside the Iron County Visitor Center, the Daughters of the Utah Pioneers Museum is dedicated to preserving the history and artifacts of pioneer ancestors. Noted as having one of the world's largest collections of pioneer memorabilia, the museum showcases items dating back to the arrival of early settlers in May of 1869.



As you enter, you truly step into history. These belongings tell the story of a resilient people who traveled more than 2,000 miles west from Nauvoo, Illinois, and from many parts of the world, in search of freedom and

a better life.

DAUGHTERS OF THE UTAH PIONEERS MUSEUM — PAROWAN, UTAH



Located in the Old Rock Church in Parowan, this museum is currently undergoing restoration. After fifty-two years of use, the Daughters of the Utah Pioneers acquired the building and are working to return it to its original condition. When complete, this museum promises to be a true masterpiece. The museum is expected to open from May 25–September 6, 2026.

FREHNER MUSEUM OF NATURAL HISTORY



The Frehner Museum of Natural History offers a fascinating look at the natural world, featuring taxidermy, specimens, shells, plants, minerals, dinosaur tracks, and fossils. Located at Southern Utah University, the museum is dedicated to research, education, and interactive exhibits that highlight humanity's connection to the natural world.

Programs like “Wonder Wednesday” provide hands-on, immersive experiences for all ages, making learning both fun and engaging. To better understand the natural history of Southern Utah, this museum is a must-see.

WHERE TO FIND THESE INCREDIBLE MUSEUMS

- **Frontier Homestead State Park Museum**
635 North Main Street,
Cedar City, Utah
Open Monday–Saturday, 9 a.m.–5 p.m.; Sunday, 10 a.m.–4 p.m.
Admission: \$4 per person (annual pass available)
- **Southern Utah Museum of Art (SUMA)**
13 South 300 West, Cedar City, Utah
Open Monday–Saturday, 10 a.m.–6 p.m.
Free admission
- **Garth & Jerri Frehner Museum of Natural History**
300 West 162 South,
Cedar City, Utah
Open Tuesday–Friday, 12 p.m.–6 p.m.
Free admission
- **Daughters of the Utah Pioneers Museum (Iron County Visitor Center)**
581 North Main Street,
Cedar City, Utah
Open Tuesday–Friday, 1 p.m.–4 p.m. (Winter hours)
Free admission

Museums make us feel good, make us smarter, and offer meaningful ways to learn. They inspire us and provide wonderful opportunities to spend time with friends and family. Museums connect us to the larger world around us—allowing us to travel across continents, explore outer space, or revisit moments in history, all without leaving the building.

Follow your eyes wherever they lead you, and the world may begin to look a little different. “The best introduction to art is to stroll through a museum.” So go ahead, visit a museum!



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schools

IRON COUNTY SCHOOL DISTRICT NEWS NUGGETS

by Colby Leavitt

FOR IRON COUNTY TODAY

Canyon View Middle School

CVMS was filled with fun rewards and learning opportunities this past week. 8th graders were able to go skiing for their Cougar Pride trip. They had a blast on the slopes. 6th graders reviewed book genres with their very own classroom Starbooks! Students were able to read, and review, a variety of books all while their barista teachers served them hot chocolate. Students enjoyed reading, relaxing, and enjoying their hot cocoa in language arts class.



South Elementary

3rd grade students at South Elementary celebrated the messages of Martin Luther King Jr. in a program on Friday, January 16. Students shared his ideas about peace, love, and caring through songs, stories and art. A special thanks to Kirsten Anderson for helping our students

with their portraits.

Three Peaks Elementary

The Great Kindness Challenge at Three Peaks Elementary will be held January 26-30, 2026. This is a proactive and positive program that improves school climate and increases student engagement. This week will be devoted to performing as many acts of kindness as possible at school and elsewhere. Students will be given a kindness challenge checklist and urged to accept the challenge and show the world that KINDNESS MATTERS! Mrs. Liesl Arnell, our wonderful school counselor, is organizing this fun week and we are excited to see what happens as we spread kindness. "Kindness is the universal language that can be spoken by everyone."

North Elementary

Our Dudes and Donuts event was a big hit once again! Students and their dudes enjoyed treats, time together, and a fun stop at the photobooth. Thank you to our PTA for their support in making this special event happen each year. Our kindergarteners counted, learned, and laughed their way through the 100th day of school—celebrating 100 days of growing smarter and stronger! They also marched the halls for a small parade to celebrate. Our annual science fair was a success, highlighting students' curiosity and innovation. The top 5th grade projects will move on to compete at the SUU Science Fair in March. Great job Polar Bears!

obituaries

Lorrilie Musser



Lorrilie Musser, known fondly by her nieces and nephews as Aunt Lee and by her grandchildren as Grandma Rowley, embarked on her eternal journey on January 17, 2026. Lorrilie was born on August 18, 1943, in Salt Lake City, UT, and was raised in Murray, Utah. She later moved to Cedar City, Utah, making it her home and a place of fond memories.

Lorrilie was a creative and talented individual who found joy in making beautiful things. She was especially talented in sewing, creating all her children's clothes when they were young, even designing wedding dresses. Her love for scrapbooking was a testament to her generous spirit, preserving cherished memories not only for her but for those who would follow. A lover of literature, Lorrilie always had a book in her hand, and she also enjoyed traveling, finding joy in the discovery of new places and experiences. She was a life long member of the Church of Jesus Christ of Latter-day Saints. Lorrilie was also a champion for those with disabilities, a cause that was close to her heart. Above all, her family and helping others were what mattered most to her. Her generous and loving nature was a beacon of light to all who knew her.

Lorrilie is survived by her children, Connie (Ron) Huntington, Tiffany (Terry) Petersen, Carolyn (Ben) Waters, and Raymond (Shelly) Musser, Joseph (Desiree) Musser, she is also survived by 14 grandchildren and 4 great-grandchildren. She is also survived by her brothers, Frank and Ervin Lathrop. She is preceded in death by her parents, Freddie Lathrop and LaRue Fowlks, her husband, Judd Musser, her brother Wayne Lathrop, sisters-in-law Connie and Patty Lathrop, and her granddaughter Heidi Musser.

A viewing will be held on Saturday, January 24, 2026, at 11:30 am at the Enoch 1st Ward, 2233 Village Green Road, Enoch, Utah. Funeral services will follow at 1:00 pm in the same location.

"And, if you keep my commandments and endure to the end, you shall have eternal life, which gift is the greatest of all the gifts of God." (Doctrine and Covenants 14:7) Lorrilie lived these words, and her example of love, service, and endurance will continue to inspire those who knew her.

Jeannette Alaska



Jeannette Ann Alaska, 89, passed away January 22, 2026 in Cedar City Utah. She was born January 20th 1937 in Los Angeles, California to Arnold and Rose Palmiero. While still in high school her brother brought home and introduced his best friend, Charles Alaska (Chuck). After Chuck met and hung out with her for the evening, he told her brother he was going to marry her. They were later married on February 19th 1955.

Family has always been the most important thing to her. Raising her 5 children was the joy of her life. She was also active in the Catholic Church and in her later years she loved volunteering her time at the Catholic Thrift Store and The Happy Factory. She has always been very creative and enjoyed her side activities like sewing, crocheting, and stain glass crafts. The sun was another love in her life. She would sit out in it for hours just to soak up the warmth. She also enjoyed camping with the family and watching any wildlife that she could find.

She is survived by her 5 wonderful children- Bonny Rayburn (Gordon), Bob Alaska, Lindy Alaska, Cheri Baker (Dean), and Jeff Alaska (Sheri), 7 Grandchildren- Ryan Rayburn (Bree), Mindy Smith (Wes), Ashley Simon (Geza), Josh Baker, Julia Alaska, Sofia Alaska, and Olivia Alaska. She has also been blessed by watching her 6 Great Grandchildren grow up- Crystal Rayburn, Kennedy Rayburn, Alex Rayburn, Gage Smith, and Gracy Smith.

She was preceded in death by her husband Charles E Alaska and her parents Arnold and Rose Palmiero. As well as 2 siblings, Irene and Tommy.

Graveside services will be held at a future time when family can all be present.

Final arrangements are under the direction of Southern Utah Mortuary. Online condolences can be sent at www.mortuary.org.

obituaries

Lorraine Palmer Snow



Lorraine Palmer Snow, age 83, passed away peacefully on January 18, 2026. She was born on May 27, 1942, to Eugene Isom Palmer and Ada Stephenson Palmer. She graduated from Cedar High School and later earned her bachelor's degree in Elementary Education from Southern Utah State College, beginning a life devoted to learning, teaching, and serving others.

On June 3, 1961, Lorraine married the love of her life, Boyd W. Snow, in the St. George Temple. Together they raised their three children in Emery County, building a home filled with love, faith, learning, and support. Their marriage was one of deep devotion and partnership. In 1987, they returned to Iron County. Lorraine passed away on the tenth anniversary of Boyd's death. She missed him dearly, and her family finds comfort in

knowing they are now joyfully reunited.

Teaching was truly Lorraine's calling. She loved to teach and had a remarkable gift for helping others feel capable and confident. She taught countless students throughout her career and continued teaching well beyond the classroom. Lorraine also gave piano lessons to neighborhood children and her grandchildren, patiently guiding them and sharing her love of music.

Music was at the heart of who Lorraine was. She was an accomplished violinist and pianist whose extraordinary talent blessed countless lives. Lorraine accompanied numerous choirs and individuals, sharing her gift generously and selflessly. Sharing her passion for music was one of Lorraine's greatest gifts to everyone who knew her.

Lorraine deeply loved and supported her children and grandchildren. She was their biggest cheerleader - always present, encouraging, and proud. She never missed a holiday or special occasion without a thoughtful card, note, or phone call - small but meaningful reminders of her constant love.

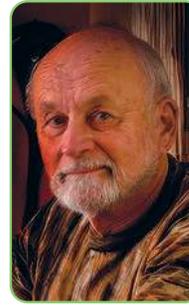
Lorraine was a faithful and devoted member of The Church of Jesus Christ of Latter-day Saints, serving in various callings. Her testimony was central to her life, and she lived her faith through quiet service, compassion, and unwavering devotion. She also enjoyed painting, reading, and sewing - talents that reflected her thoughtful and nurturing spirit.

She is survived by her children: Richard Snow (Candi) of Hickory, North Carolina; Annette Hanson (Jonathan) of Saratoga Springs, Utah; and Arlene Olcott (Roger) of Enoch, Utah. She is also survived by 15 grandchildren and 27 great-grandchildren. She is survived by her sisters, Jan Myers (Roger) of Grantsville, Utah, and Carol Walker (Tom) of Cedar City, Utah, and her brother, Alan Palmer (Sandy) of Richfield, Utah.

She was preceded in death by her beloved husband, Boyd W. Snow, her parents, and her brother, Stephen Palmer.

Funeral services will be held on Saturday, January 24, 2026, at 11:00 a.m. at the church located at 2015 N. Wedgewood Lane, Cedar City, Utah. There will be a viewing on Friday evening, January 23, 2026, from 6:00-8:00 p.m. at Southern Utah Mortuary (190 N. 300 W, Cedar City, UT), and one on Saturday, prior to the service, from 9:30-10:30 a.m. at the church. Interment will be at Cedar City Cemetery, under the direction of Southern Utah Mortuary. Online condolences can be shared on the website www.mortuary.org.

William C. Westbrook, Sr.



William Coleman Westbrook Sr., known to everyone as Bill, lived a good, long life of almost 97 years and has now passed to the other side to be with his beloved wife June. Bill was born in Jonesboro, Arkansas in 1929 to Estella Coleman Westbrook and William Westbrook and was raised by his grandparents, Essie and Jefferson Duane Coleman. He was a hard-worker from an early age selling eggs for his grandmother, helping Emerson Funeral Home owned by the family of his best friend, later working in a liquor store owned by his mother (though he never had a drink) and doing many things which will remain family-only lore.

Bill Sr., also known as Horsehide Willy, Dad, Pappaw, husband to June, Daddy to Bill and Pam, loving father-in-law to Loretta, Pappaw to Ashley, Madison, Lilly, great-grandfather of Violet and fond companion of Barbara

Webb.

He was an incredible husband, father, mentor, successful businessman, climbing partner, handyman and master mechanic with a creative understanding of how things work. As the owner of Boat & Motor Mart, and later also Campers Corner/Alpine Sports, he was known throughout the Memphis area, the entire Mid-South region and the national outdoor sports/boating business community as a savvy and shrewd businessman for over 25 years. Beginning their lives toward being a leader in the boating industry, Bill and June left Jonesboro to own and operate the Kamp Karefree fishing camp on Horseshoe Lake in Hughes, Arkansas. A bare bones beginning which led to him being recognized as one of Johnson Outboard Motors most successful dealers.

He was known as a prolific and entertaining storyteller, entralling those attending many Boy Scout campfire gatherings, friend get-togethers and even strangers at the Post Office with wild tales of motorcycle rides, climbing trips, stories about his kids and much, much more. One of his favorite sayings, and a truth that he lived by was "...if it doesn't work or fit just right - get a bigger hammer." Many items around the house showed markings of that philosophy. He was also a lover of black Sharpies and Whiteout—freely using them to identify so many heretofore unmarked things - containers, appliances, furniture, tools and even car dash dials.

Bill was a bike rider who loved to sit on the handlebars and ride the bike backwards, a water skier, snow skier, hunter, fisherman, shooter, mountaineer, rock climber, motorcycle rider, back-country backpacker and family camper. As their kids were growing up, he and June enjoyed taking the family on extended motor home trips all over the country so they could all see as much of our country as they could.

Bill and June sold their businesses in their mid-50's and retired to Jackson Hole, Wyoming before relocating to the warmer climate of Las Vegas, Nevada. There they had the third home of their dreams and truly enjoyed life to the max.

Following June's passing in 2003, Bill returned to Memphis and Jonesboro enjoying travel and time with Jonesboro school mate Barbara Webb before moving next door to Bill Jr. and his wife Loretta in Cedar City, Utah for the past 6 years.

William C. Westbrook Sr. was man of many facets, interests, hobbies and successes with excellence in all. His greatest success and legacy is his love of family and friends.

He is survived by William C. Westbrook, Jr. and daughter-in-law Loretta Westbrook of Cedar City, Utah; daughter Pam Westbrook of Quantico, VA; Granddaughters Ashley Wynter Westbrook of Sausalito,

California, Madison Westbrook of Seattle, Washington and Lilly with husband Pat and great-granddaughter Violet Cole of Livingston, Montana.



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Warriors rally past Reds

by Tom Zulewski

IRON COUNTY TODAY

Through the first three quarters, the Cedar Reds played on equal footing with the Snow Canyon Warriors, even enjoying a lead as late as the early stages of the fourth quarter. Once 6-foot-3 Chaylee Andrews got started, the Reds couldn't keep pace.

Andrews scored 13 of her team-high 17 points in the fourth quarter, and the Warriors held the Reds without a field goal in the period on the way to a 69-55 win Jan. 22. Snow Canyon improved to 12-8 overall and moved into sole possession of second place in Region 9 with a 7-2 record.

“(Snow Canyon) kept executing what they wanted to do and kept getting layup after layup,” said Cedar head coach Corry Nielsen, who watched the Reds fall to 3-6 in Region 9 and 9-11 overall. “We forgot how we were supposed to play, got sped up a little bit, and we kind of panicked.”



Cedar's **Gabby Gomez** drives toward the basket against Snow Canyon's Chaylee Andrews (34) during their game played Jan. 22. The Warriors won, 69-55.

(Tom Zulewski/Iron County Today)

Cedar was outscored 23-8 in the fourth quarter, and all eight points came from the free-throw line. The Reds had their last lead at 49-46 after Lexie Tripp made two free throws before the Warriors scored consecutive baskets and never trailed again, closing with an 18-5 run. Gabby Gomez paced Cedar with 21 points in the loss and Brooke Vargas added 10. The Reds fell behind by as many as 10 in the first quarter, but used a 15-2 run to grab their first lead of the game at 22-19. Snow Canyon had an answer by scoring the last eight points of the second

quarter to take a 32-31 lead at the half.

The lead changed hands five times in the third quarter before a 3-pointer from Vargas helped Cedar take a 47-46 lead by the end of the period.

In the Reds' other game of the week, visiting Desert Hills scored 18 points in the first quarter and held off every rally as the Thunder beat Cedar, 51-44 at the Wolf Den on Jan. 20. Gomez led Cedar with 17 points and Vargas added 15 in the loss.



Desert Hills

51



Cedar
44

Desert Hills	18	12	8	13	-	51
Cedar	11	11	9	13	-	44

Desert Hills - Peterson 12, Langi 9, Villanueva 7, Heaton 7, Martinez 5, Moutsos 4, Mortensen 4, Nelson 3. Totals 18 11-15 51. 3-pointers - Langi 1, Heaton 1, Martinez 1, Nelson 1.

Cedar - Gomez 17, Vargas 15, York 7, Esplin 3, Corry 2. Totals 13 11-14 44. 3-pointers - Gomez 3, Vargas 3, York 1.



Snow Canyon

69



Cedar
55

Cedar	17	14	16	8	-	55
Snow Canyon	19	13	14	23	-	69

Cedar - Nielson 4, Tripp 2, Corry 4, Vargas 10, York 5, Gomez 21, Fielding 4, Bromley 2, Esplin 3. Totals 19 13-25 55. 3-pointers - Vargas 2, Gomez 2.

Snow Canyon - White 8, Chesley 16, Mackay 4, Kozlowski 4, Jensen 9, Fanua 8, Andrews 17, Wynia 3. Totals 27 10-19 69. 3-pointers - Chesley 2, Mackay 1, Jensen 2.

Sanders sets school record in Falcons rout

by Tom Zulewski

IRON COUNTY TODAY

The Canyon View boys basketball team found itself in a bit of a struggle early, trailing the opposition late in the first quarter. Once Jeter Sanders heated up, his Falcon teammates came along for the ride and helped him make school history. Sanders set a new single-game record by scoring 40 points and CV pulled away in the second half to beat the Providence Hall Patriots, 85-43, at the Nest on Jan. 21 in their only game of the week. The junior beat the previous record of 37 set by Andrew Barnes and tied by brother Felps Sanders. “In warmups, I was feeling kind of bad, but they say it means you'll have a better game,” Sanders said. “It's awesome to think no one else has done it, but it doesn't blow my mind because we're capable of doing more.”

Jack Meyer backed up Sanders'

see **SANDERS** » 24

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NASCAR on broadcast TV keeps shrinking

RANDOM thoughts

Tom Zulewski
IRON COUNTY TODAY



As the first month of 2026 fades away, I've had some nagging bouts with my general curiosity over the state of sports and how they appear on TV. As these words were written, I was watching the final two hours of the Rolex 24 at Daytona on NBC. It's always a fun event, and several NASCAR Cup regulars show up to compete with selected race teams in different types of cars.

In just over two weeks (Feb. 15), the Daytona 500 will be run on Fox (Channel 13 locally) for the 26th consecutive season. For a long time, it was easy to figure out the broadcast deal NASCAR had with its TV partners. Fox had the first 16 races of the season, finishing at Sonoma Raceway, TNT would grab a small piece of the pie in the summer months, and ESPN finished up the year all the way through the crowning of the season champion at Homestead-Miami Speedway.

In 2026, those days have disappeared. Fox will show us the first three Cup races of the season at Daytona, Echopark Speedway (Atlanta) and Circuit of the Americas in Austin, Texas on March 1. After that, the next five races move to Fox Sports 1, including the Pennzoil 400 at Las Vegas Motor Speedway on March 15.

Fox TV returns April 19 and will show the AdventHealth 400 at Kansas, then the Jack Link's 500 at Talladega one week

later. Fox Sports 1 finishes its part of the season for the first three Sundays of May at Texas, Watkins Glen and the All-Star race at Dover.

So far, there are five NASCAR Cup races to be shown on broadcast TV. It doesn't get much better as we head toward summer.

Starting with the Coca-Cola 600 at Charlotte Motor Speedway on May 24, you'll need Amazon Prime for the next five weeks. Nashville, Michigan, Pocono and the newest addition to the schedule at Naval Base Coronado near San Diego that wraps up the stretch over Father's Day weekend.

TNT's coverage begins June 28 with one of my favorite races, the Toyota/SaveMart 350 at Sonoma. The network's five-week run includes Chicagoland Speedway, EchoPark (Atlanta), North Wilkesboro and the Brickyard 400 at Indianapolis closes out the stretch July 26.

Following an off week, the Cup Series switches coverage to USA Network for three weeks, including Iowa, Richmond and New Hampshire. On Aug. 29, NBC returns for a week to wrap up the 26-race regular season with the Coke Zero 400 at Daytona.

USA Network returns Labor Day weekend at Darlington

for the first of seven playoff races, including Las Vegas in its new position as the second race in the Round of 12 for the South Point 400 on Oct. 4.

Side note: the Vegas race weekend conflicts with the final round of the PGA Tour's Bank of Utah Championship that happens at Black Desert Resort in Ivins. Interesting viewing choices ahead.

The final three races of the season will all air on NBC, from the Yellwood 500 at Talladega to the championship race that returns to Homestead-Miami Speedway.

Out of the 36-race NASCAR Cup schedule, the final count is nine races you can see on broadcast television in 2026. That's 25 percent, or one quarter, of the season. Not good if you value spending less for watching sports on TV.

Let's not get started on the carnage from the NFL regular season. Thursday night games on Amazon Prime, Christmas Day games on Netflix, it's all just off the wall madness.

We all love our sports, but this is a friendly reminder to please choose wisely where you want to spend your hard-earned money to enjoy your favorites. Your wallet and bank account will thank you later.

Contact Tom Zulewski at tominator19@yahoo.com.

TOM'S SPORTS TRIVIA

And now, we have liftoff on another dozen sporting trivia questions for your guessing enjoyment. This week's collection is a grab bag of challenging stuff that won't break your brain – at least that's the intended goal here. Have fun, embrace the chaos, and please remember...no wagering!

1. The Baseball Hall of Fame welcomed two new inductees in Carlos Beltran and Andruw Jones on Jan. 21. What outfield position did both players play in their careers?
2. In one of the weirder coincidences in NFL playoff history, both conference championship games – New England at Denver and L.A. Rams at Seattle – featured head coaches with the same pair of first names. What were those names?
3. In the latest AP Top 25 for men's college basketball, three teams are undefeated. After No. 1 Arizona and No. 7 Nebraska, what MAC school – making its first appearance in the poll since 1999 – is the third unbeaten at No. 25?
4. Ending a four-game losing streak in impressive fashion, the New York Knicks set a new standard with a 54-point blowout win Jan. 21. What division rival did the Knicks hold to just 66 points in the victory?
5. Who was fired after nine seasons and a 98-50 record as head coach of the Buffalo Bills last week following a 33-30 overtime loss to the Denver Broncos in the Divisional Round of the AFC playoffs Jan. 17?
6. Including McDermott, how many head coaches were fired during or after the 2025 NFL regular season? (Note: Mike Tomlin resigned as head coach of the Pittsburgh Steelers after 19 seasons following a loss to the Houston Texans in the Wild Card round)
7. With the Super Bowl around the corner, the PGA Tour still has its own wildly popular event that happens during that week (Feb. 5-8). In what nearby state is the WM Phoenix Open held?
8. Kyle Tucker had multiple offers on the table, but the free agent signed a \$240 million deal with the Los Angeles Dodgers, who are looking for a three-peat as World Series champions. How

many years are covered in the contract?

9. Who replaced the injured Bo Nix as the starting quarterback for the Denver Broncos in the AFC Championship game against the New England Patriots?
10. After the Miami Dolphins fired Mike McDaniel as its head coach, where did he land as the new offensive coordinator under Jim Harbaugh?
11. With the two-year turnaround complete for the Indiana Hoosiers and the national title secured, how many games have the Hoosiers lost in two years under head coach Curt Cignetti?
12. What conference will Southern Utah and Utah Tech be joining as of July 1? The T-Birds are returning to a place where it won two football titles in 2015 and 2017.

LAST WEEK'S ANSWERS

1. Brooks Koepka.
2. Sergei Fedorov. After leaving the Red Wings following the 2002-03 season, Fedorov played for the Anaheim Ducks, Columbus Blue Jackets and Washington Capitals.
3. London.
4. John Harbaugh.
5. Clayton Kershaw.
6. Dante Moore.
7. True.
8. New York Jets. The Buffalo Sabres have missed the playoffs for 14 straight years, the L.A. Angels are on a 10-year playoff drought, and the Hornets have missed the NBA playoffs for nine straight seasons.
9. Houston Cougars.
10. Fred Warner.
11. The Detroit Pistons are the top team in the East and the defending champion Oklahoma City Thunder lead the West.
12. Jusuf Nurkic.

PREP SCOREBOARD - WINTER STANDINGS

SCORES

Boys Basketball

Region 9

1/21 Desert Hills 54, Cedar 51
Pine View 63, Dixie 58
Snow Canyon 71, Crimson Cliffs 61

1/23 Snow Canyon 77, Cedar 45
Hurricane 53, Dixie 43
Crimson Cliffs 60, Pine View 43

Region 14

1/20 Am. Leadership 65, Providence Hall 47
Juab 67, South Sevier 59

1/21 Canyon View 85, Providence Hall 43
Delta 54, Richfield 52
Juab 75, Parowan 69

1/23 Richfield 71, Providence Hall 30
Juab 55, Delta 42

Region 18

1/20 Grand 55, Green River 48
Juab 67, South Sevier 59
San Juan 85, Whitehorse 51
Enterprise 74, Lincoln County (NV) 39

1/21 Juab 75, Parowan 69
South Sevier 48, Beaver 46

1/23 San Juan 52, Parowan 50
Kanab 69, Grand 61
South Sevier 60, Enterprise 42
Beaver 68, Bryce Valley 49

1/24 Kanab 41, San Juan 35

Girls Basketball

Region 9

1/20 Desert Hills 51, Cedar 44

Snow Canyon 56, Crimson Cliffs 39
Pine View 58, Dixie 52

1/22 Snow Canyon 69, Cedar 55
Dixie 74, Hurricane 35
Pine View 47, Crimson Cliffs 27

Region 14

1/20 Canyon View 49, Providence Hall 6
Delta 44, Richfield 37

1/22 Delta 50, Juab 34
Richfield 45, Providence Hall 20

1/24 Ridgeline 49, Canyon View 27

Region 18

1/20 Valley 60, Parowan 15
Enterprise 58, Lincoln County (NV) 36
Beaver 41, South Sevier 24
San Juan 69, Whitehorse 67

1/21 Monument Valley 60, Grand 45

1/22 Grand 63, Parowan 23
Enterprise 51, South Sevier 30
Kanab 49, Emery 36

1/23 San Juan 57, Parowan 17
Kanab 64, Grand 20
Beaver 46, Draper APA 39

1/24 Kanab 76, San Juan 38

STANDINGS

RPI RANKINGS IN PARENTHESES

Boys Basketball

Region 9

	REGION	OVERALL
Crimson Cliffs (4)	6-2	12-7
Pine View (2)	6-3	14-6
Dixie (3)	5-3	12-6
Hurricane (5)	5-3	11-8
Snow Canyon (9)	5-3	12-7
Desert Hills (16)	2-6	8-10

Cedar (24) 0-9 3-17

Region 14

	REGION	OVERALL
Richfield (2)	4-1	12-7
Canyon View (8)	3-1	9-10
Delta (4)	3-2	11-7
Juab (6)	2-3	9-9
Providence Hall (15)	0-5	4-16

Region 18

	REGION	OVERALL
Kanab (2)	9-0	15-2
South Sevier (4)	7-2	13-7
San Juan (9)	5-4	11-9
Enterprise (12)	4-4	9-10
Parowan (10)	4-5	8-9
Beaver (14)	1-7	9-9
Grand (23)	0-8	2-16

Girls Basketball

Region 9

	REGION	OVERALL
Dixie (1)	7-1	18-1
Snow Canyon (5)	7-2	12-8
Desert Hills (3)	6-2	14-4
Pine View (4)	6-3	15-5
Cedar (11)	3-6	9-11
Hurricane (17)	1-7	7-12
Crimson Cliffs (20)	0-9	3-16

Region 14

	REGION	OVERALL
Delta (1)	5-0	16-2
Canyon View (4)	3-1	11-9
Richfield (9)	3-2	8-11
Juab (13)	1-4	4-12
Providence Hall (15)	0-5	4-14

Region 18

	REGION	OVERALL
Kanab (1)	9-0	18-2
Beaver (2)	7-1	16-2
Enterprise (3)	5-3	15-3
San Juan (8)	5-4	9-8
Grand (17)	2-6	3-13
South Sevier (15)	2-7	3-16
Parowan (23)	0-9	0-18

Struggles continue for Cedar boys

by Tom Zulewski

IRON COUNTY TODAY

Ty Rowley led the way with 16 points, but the Cedar Reds had no answer to slow down Ne'a Tauaefa, who finished with 30 points as the Desert Hills Thunder held on and beat Cedar,

54-51, on Jan. 21 at the Wolf Den. The game was close throughout, with the host Thunder (2-6 Region 9, 8-10 overall) coming through with clutch shots.

Desert Hills led 26-25 at the half and a buzzer-beating jumper put

them up 41-39 after three quarters.

In Cedar's second game of the week, Reggie Mackay led three players in double figures with 20 points and Snow Canyon used a big fourth quarter to pull away to a 77-45 rout over the Reds on

Jan. 23. The Warriors outscored Cedar 29-12 over the final eight minutes to hand the Reds their 10th straight loss (0-9 region, 3-17 overall).

After a bye, Cedar travels to play a road game at Hurricane on Friday starting at 7 p.m.

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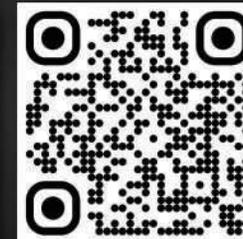
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SANDERS

« CONTINUED FROM PAGE 21

Sanders made six of the Falcons' 11 3-pointers in the victory, including one that helped give Canyon View (3-1 Region 14, 9-10 overall) a 22-17 lead after the first quarter. "After we made the adjustments defensively, our guys got locked in," Canyon View head coach Kim Blackner said. "Our defense led to them taking bad shots, and we saw the ball go through the hole for easy buckets." The visiting Patriots stayed close through most of the second quarter, but Sanders heated up with eight points as part of a 12-1 run that finished the period and stretched the Falcons' lead to 44-26 at the half. When Sanders hit a short jumper in the closing seconds of the third

effort with 21 points and Zach Maine added 12.

quarter, it completed his record-setting night and finished off a 30-11 scoring surge that made it 74-37 and allowed for a running clock throughout the fourth.

Dallas Loutensock led Providence Hall (0-5, 4-16) with 24 points in the loss and Ryker Jones added 12.

The Canyon View girls played twice last week, starting with a 49-6 rout over the Patriots on Jan. 20 in Herriman. Tory Taylor led the Falcons with 12 points and a 3-pointer in the win as 11 different players scored at least one point in the victory.

On Jan. 24, CV played a non-region



Canyon View's **Zach Maine** shoots and scores two of his 12 points against Providence Hall on Jan. 21. The Falcons won, 85-43. (Tom Zulewski/Iron County Today)

game against defending 4A state champion Ridgeline and fell to 11-9 overall with a 49-27 loss to the Riverhawks, snapping a three-game winning streak. Canyon View returned home for both

SUU Thunderbirds Men's Golfer Luke Barnes Wins The Hurricane City Amateur

by **Randy Dodson** CEDAR CITY, UTAH -- It may be mid-January,

but the Hurricane City Amateur finds a way to feature hot players. Another cold and windy weekend, which has become a feature of the event, returned Jan. 16-17 to Sky Mountain Golf Course in Hurricane, where weather conditions turned the final round into a survival test, and shot-making may have taken a back seat to decision-making.

Through it all, Southern Utah University junior Luke Barnes delivered a steady 36-hole performance, backing up a strong opening round with steady, damage-control golf that wins tournaments on early-season, difficult Dixie Swing days. Barnes carded rounds of (-4) 68-72—14,0 winning the 2026 Hurricane City Amateur, a Utah Golf Association Player Performance Ranking event, earning his first career UGA PPR victory.

Barnes arrived on the final day with

the lead and the usual pressure that comes with playing from the top of the leaderboard while Mother Nature tries to pull

the leaders back to the pack. While players are used to Sky Mountain's exposed fairways demanding a conservative plan and a lot of patience, Barnes spent much of the final round keeping the ball in play, managing momentum to stack pars, hoping the field makes the mistakes the conditions almost guaranteed.

Every champion faces a moment when the win teeters, and for Barnes, that moment came at hole 12. His tee shot on the par 3 found water. Barnes responded with an up-and-down that preserved his score and, more importantly, preserved his calm. It was the type of recovery that doesn't always show up in the final numbers but often defines why a player wins.

That hole became a turning point. From there, Barnes played the closing stretch with added concentration, making key putts and staying committed to conservative lines as the wind increased.

In a tournament where gusts can turn

good iron shots into missed greens, Barnes' short game did the separating. Over two days, his 10-foot and in putting gave him the foundation to keep pressure on the field while avoiding the big mistakes as pressure mounted down the stretch. With the tournament still requiring a clean finish, Barnes played the 18th hole with controlled decision-making and finished with a well-earned par to defeat last week's St. George Amateur champion, Brock Porter (photo below), by one shot.

Barnes' win also reflected a player trending upward during the winter months. This victory, earned in demanding conditions, serves as a confidence-builder heading into the SUU spring season.

It was also a hometown-style win for a Thunderbird. Barnes is a Cedar City product, and winning in Southern Utah always carries added meaning for players who grew up on these courses and now represent the state's university programs.

Barnes' name is one Utah golf circles recognize because of his father Jared's, a PGA Professional at Cedar Ridge, connection to the profession. His path into competitive golf began early through that influence, but his commitment to serious tournament



Canyon View

85



Providence Hall

43

Providence Hall 17 9 11 6 - 43
Canyon View 22 22 30 11 - 85

Desert Hills - Loutensock 24, Ballard 2, Jones 12, Lancaster 5. Totals 113-16 43. 3-pointers - Loutensock 4, Jones 3, Lancaster 1.

Canyon View - Canyon View - Maine 12, Sanders 40, Roundy 2, Meyer 21, Bealer 2, Rigby 3, Camba 3, Caldwell 2. Totals 338-12 85. 3-pointers - Maine 2, Sanders 6, Meyer 1, Rigby 1, Camba 1.

games this week, starting against Region 14 leader Delta on Tuesday. They will face the Juab Wasps on Thursday starting at 7 p.m.

golf took hold later, when he made the decision as a teenager to pursue competition with purpose. Southern Utah Director of Golf Richard Church views Barnes as a player whose progress is fueled by a consistent willingness to work. Barnes has been committed to making the changes necessary to elevate from player to winner.

The result at Sky Mountain represented exactly what coaches hope to see: preparation translating into performance under pressure, in a setting where the course demands maturity as much as skill.

A January win can set a tone for an entire season. For Luke Barnes, earning a UGA PPR victory this early provides momentum as Southern Utah prepares for its spring schedule. The timing is ideal as his added confidence now becomes fuel for the weeks ahead.

Barnes also made clear this win was built on support—family, coaches, teammates, and the people closest to him who make the work possible.

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NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. **NOTE:** The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case.

¡AVISO! Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación.

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Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov) o poniéndose en contacto con la corte o el colegio de abogados locales. **AVISO:** Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de \$10,000 ó más de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso.

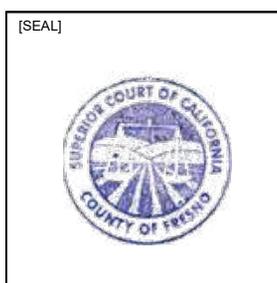
The name and address of the court is:
(El nombre y dirección de la corte es): B.F. Sisk Courthouse
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CASE NUMBER:
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The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is:
(El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es):
Christopher Goodroe, Esq.; Wilshire Law Firm; 3055 Wilshire Blvd, 12th Fl, Los Angeles, CA 90010; 213-381-9988

DATE: 7/24/2024 Clerk, by A. Payne, Deputy
(Fecha) (Secretario) (Adjunto)

(For proof of service of this summons, use Proof of Service of Summons (form POS-010).)
(Para prueba de entrega de esta citación use el formulario Proof of Service of Summons, (POS-010)).



NOTICE TO THE PERSON SERVED: You are served

- as an individual defendant.
- as the person sued under the fictitious name of (specify):
- on behalf of (specify):
under: CCP 416.10 (corporation) CCP 416.60 (minor)
 CCP 416.20 (defunct corporation) CCP 416.70 (conservatee)
 CCP 416.40 (association or partnership) CCP 416.90 (authorized person)
 other (specify):
- by personal delivery on (date):

ANNOUNCEMENT OF APPOINTMENT AND NOTICE TO CREDITORS

Estate of Abbie Roderick

Probate No. 253903108

Chelsy Tosha Andersen, whose address is 685 N. 275 E., Kaysville, Utah 84037, has

been appointed Personal Representative of the above-entitled estate. Creditors of the estate are hereby notified to: (1) deliver or mail their written claims to the Personal Representative at the address above; (2) deliver or mail their written claims to the Personal Representative's attorney of record, Kevin B. Call, at the following address: 8 E Broadway, Ste. 720, Salt Lake City, Utah 84111; or (3) file their written claims with the clerk of the district court in Salt Lake County, or otherwise present their claims as required by Utah law within three months after the date of the first publication of this notice or be forever barred.

Date of first publication: January 15, 2026

/s/ Kevin B. Call

Attorney for Personal Representative

Published January 15, 22, & 29, 2026

ANNOUNCEMENT OF APPOINTMENT AND NOTICE TO CREDITORS

Estate of Brian Harold Schultz.

Case Number 253500226.

Brent David Schultz has been appointed personal representative of this estate. All persons having claims against the decedent must present their claims in writing within three months after the date of the first publication of this notice or the claims will be forever barred.

Written claims may be:

- Delivered or mailed to the personal representative or their attorney at the address below, or
- Filed with the Clerk of the District Court in Iron County.

Date of first publication: January 8, 2026.

Brent David Schultz: Personal Representative (or attorney for personal representative)

Address: 1510 Corder Drive

City, State, Zip: Nashville, Tennessee, 37206

Email: Brentschultz714@gmail.com

Phone: (714) 306-6898

Date: January 4, 2026

Published January 15, 22, & 29, 2026

Amber Waves

by Dave T. Phipps



TIGER

by Bud Blake



The Spats

by Jeff Pickering



Weekly SUDOKU

	8	1				7	3	6
		4	6				1	2
6				2			9	
		5		9			8	4
	3		4		5			1
	6			3	1	9	5	7
	4	6	9			1	7	
9	2	8			7		4	
		7						

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

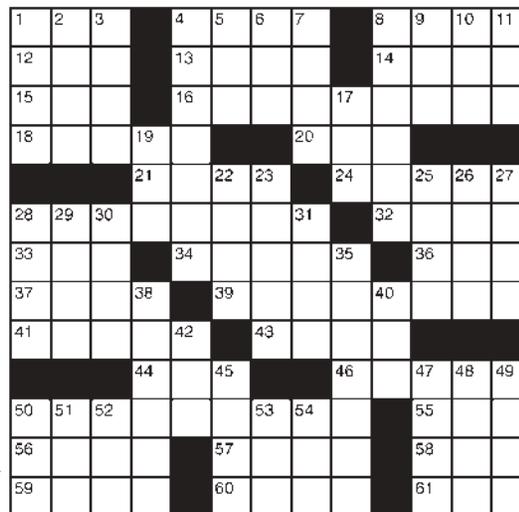
Differences: 1. Back of chair is different. 2. Fox is different. 3. Collar is missing. 4. Barrier is missing. 5. Refrigerator handle is lower. 6. Stove hood is wider.

January 26, 2026 Posting Date

King Crossword

ACROSS

- 1 Nile biter
- 4 Chat
- 8 Job for Holmes
- 12 One of the five W's
- 13 "East of Eden" son
- 14 Makes a choice
- 15 Snaky fish
- 16 Fruit salad ring
- 18 — Lama
- 20 Humorist
- 21 — Raton
- 24 Settle a debt
- 28 Holiday wreath adornment
- 32 Ms. McEntire
- 33 "I love," to Livy
- 34 Passion
- 36 "The One I Love" band
- 37 Attempt
- 39 Pesto ingredients
- 41 Bar mixer
- 43 Salinger girl
- 44 Sticky stuff
- 46 Tuscany setting
- 50 Forest-inspired color
- 55 Uncle, to Pedro
- 56 Romanov ruler



- 57 Hardly hirsute
- 58 Help
- 59 Rental units (Abbr.)
- 60 Totals
- 61 24 horas
- 9 Smartphone download
- 10 Cardinal cap letters
- 11 Jargon suffix
- 17 Tire filler
- 19 Jurist Fortas
- 22 Business abbr.
- 23 MacDowell of "Green Card"
- 25 Andean land
- 26 Help a hood
- 27 Thanksgiving veggies
- 28 Bygone days
- 29 Texter's "As I see it"
- 30 Lunch hour
- 31 Billions of years
- 35 Prompts
- 38 Detroit team
- 40 Mosquito barrier
- 42 Gearwheel tooth
- 45 Spheres
- 47 Slightly
- 48 Ovid's 53
- 49 Luke's teacher
- 50 School org.
- 51 MSN, for one
- 52 Rebel Turner
- 53 Vichy water
- 54 Stately tree

DOWN

- 1 Dumbstruck
- 2 — butter
- 3 Survey
- 4 Bubble tea ingredient
- 5 Shapiro of NPR
- 6 Horror star Chaney
- 7 Recognized
- 8 Whirlybird

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9	2	8	4	6	3	7	1	5
8	1	5	7	6	4	3	2	9
4	6	2	8	1	9	5	7	3
8	3	9	4	7	5	2	6	1
1	7	5	2	6	9	3	8	4
6	5	3	7	1	2	4	9	8
7	9	4	6	8	3	5	1	2
2	8	1	5	4	9	7	3	6

Answer

Weekly SUDOKU

A	P	T	S	S	I	P	T	
L	S	A	H	R	A	L	D	A
T	I	O	P	I	N	E	G	F
L	I	V	A	L	I	V	A	L
L	E	M	E	S	M	E		
S	I	N	E	N	I	F	I	N
M	R	E	F	O	O	R		
V	A	R	E	N	O	C	E	
A	B	O	C	A	R	E	P	A
L	A	L	A	L	M	I	T	
E	L	P	I	N	E	A	P	A
W	H	O	A	R	O	N	C	P
C	A	S	E	T	A	L	K	

Solution time: 24 mins.

Answers

King Crossword

Trivia test

by Fifi Rodriguez

- HISTORY:** When did the Easter Rising insurrection take place in Ireland?
- GEOGRAPHY:** What is the capital of India?
- MEDICAL TERMS:** What is a common name for lateral epicondylitis?
- MOVIES:** The "Back to the Future II" characters travel forward in time to which year?
- LITERATURE:** What color is the badge of courage in Stephen Crane's novel about the Civil War?
- GAMES:** How many points is the center red bullseye on a dartboard worth?
- ANIMAL KINGDOM:** What is a group of floating otters called?
- AD SLOGANS:** Which car company used the slogan "Drive your dreams"?
- TELEVISION:** What is husband Darrin's profession in the "Bewitched" sitcom?
- SCIENCE:** What part of the brain controls hunger?

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Trivia Test Answers
1. 1916; 2. New Delhi; 3. Tennis elbow; 4. 2015; 5. Red; 6. 50; 7. A raft; 8. Toyota; 9. Advertising executive; 10. Hypothalamus



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