

Cody T. Wilson - DMD, MBA



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Family Health Fair and Flu Shot Clinic

with the Southwest Utah Public Health Department

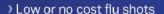
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-) Car Seat Checks
-) Liberty Walk on Hospital Trail



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News

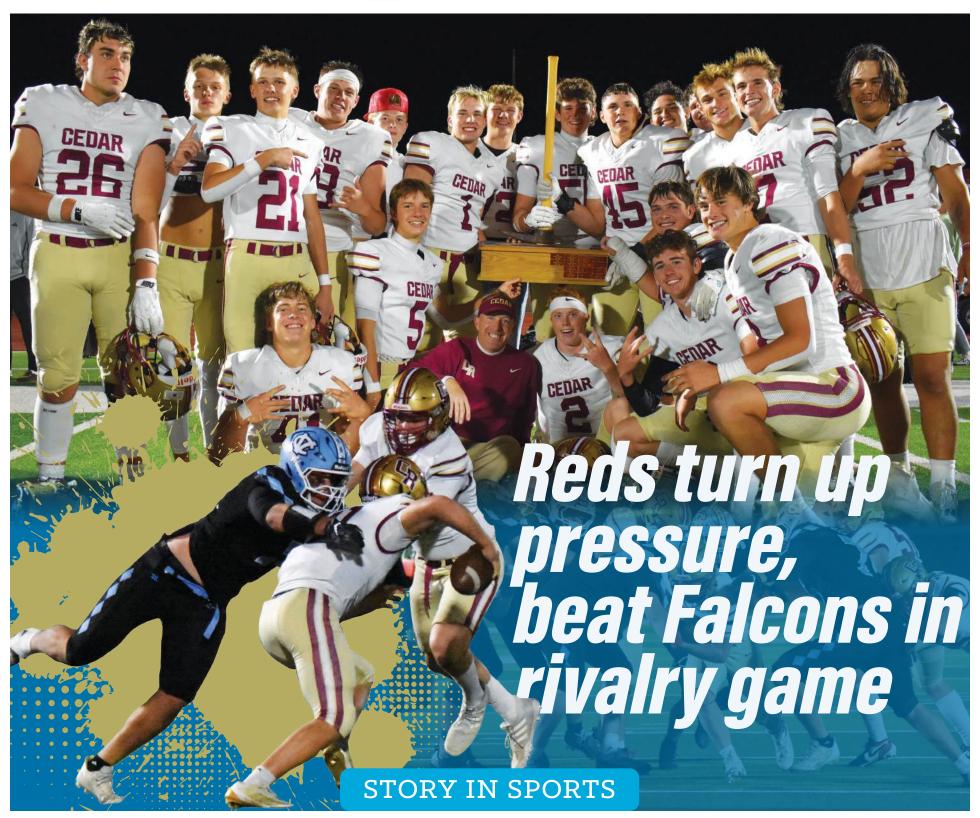
SUU Honors The Class of 1975 and Three Outstanding Alumni at

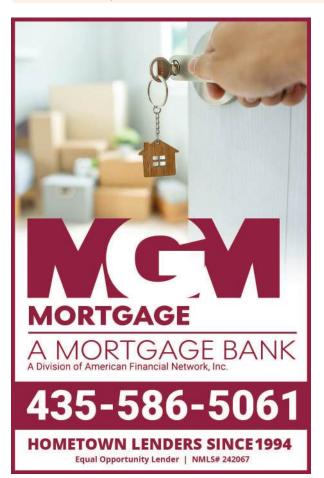


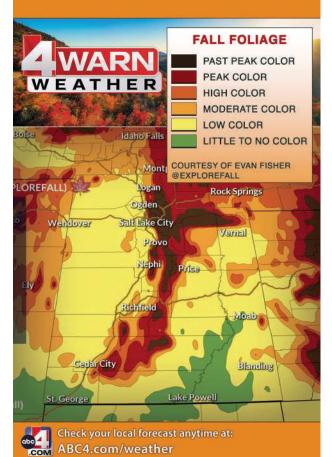
Homecoming











Judge vows fairness as Charlie Kirk murder suspect adds high-profile defense attorneys

by Tracie Sullivan

FOR IRON COUNTY TODAY

A Utah judge pledged to protect the rights of Tyler Robinson as the case against the 22-year-old accused of killing Charlie Kirk moved forward in court this past week.

During a waiver hearing Monday in Provo, 4th District Judge Tony Graf told attorneys he would ensure Robinson's constitutional rights are respected throughout the proceedings.

"Every person will be treated with dignity and respect," Graf said. "Justice will never be compromised."

Robinson appeared from the Utah County Jail by audio only, his video screen kept dark at his defense team's request. The hearing drew heavy security and a crowded courtroom as prosecutors and defense lawyers addressed how to manage what they described as a "voluminous"

amount of discovery.

Graf also approved the addition of two high-profile California attorneys — Michael N. Burt of San Francisco and Richard G. Novak of Pasadena — to Robinson's legal team alongside Utah attorney Kathryn Nester.

Both Burt and Novak have decades of experience in death penalty cases and hold the federal designation of "learned counsel," a qualification for attorneys handling capital trials.

Nester told the court the defense does not intend to waive a preliminary hearing but asked for more time to review the evidence expected from prosecutors. The Utah County Attorney's Office confirmed it has a substantial amount of mate-

rial to turn over.

Robinson faces multiple felony charges, including aggravated murder, which carries the potential death penalty. Utah County Attorney Jeff Gray has announced he will pursue that penalty if Robinson is convicted.

Robinson, an electrician apprentice from Washington County, is accused of firing a high-powered rifle from a rooftop at Utah Valley University on Sept. 10, striking Kirk in the neck as he spoke to a crowd of about 3,000 people. Kirk, 31, was the co-founder of the conservative student group Turning Point USA.

Robinson was arrested later that day in St. George after family and friends allegedly persuaded him to surrender. His next court appearance is scheduled for Oct. 30 at 10 a.m., when his attorneys said he will attend in person.

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Proposed Redistricting Standards Bill Now Include Three Tests

Two Additional Methods Added Following Input

from Aundrea Peterson

UTAH SENATE

SALT LAKE CITY – S.B. 1011 Redistricting Standards would establish three clear

tests in state statute to assess whether congressional maps treat political parties fairly.

This legislation is in response to a recent ruling by 3rd District Court Judge Diana Gibson, who found that the language of Proposition 4 was too "general" and "non-specific." In her decision, Judge Gibson invited lawmakers to define clear criteria using "the

PROPOSED REDISTRICTING

« CONTINUED FROM PAGE 4

best available data and scientific and statistical methods to use in evaluating redistricting plans for compliance with ... Proposition 4."

"We sought feedback, and I appreciate my colleagues, including members of both parties, and members of the public for their input," said Sen. Brady Brammer, sponsor of the bill. "In response, we added two additional tests to ensure the analysis of maps is more robust to identify undue favoring or disfavoring of any party—whether that party be Republicans or Democrats."

This bill implements three statistical methods, as invited by Judge Gibson's ruling, including the partisan bias test and the mean-median difference test, that:

 Establishes a clear, objec tive and data-driven pass/fail test to determine whether a map meets the test of partisan symmetry.

• Minimize ambiguous language, giving Utahns and courts clear and workable standards.

- Reduces the likelihood of prolonged litigation.
- Enhances transparency, consistency and accountabil ity in the redistricting process.

"This isn't about favoring one party over another; it's about ensuring the rules are fair and consistently applied," said Sen. Brammer. "Clear standards increase accountability, reduce years of costly legal battles and help restore public confidence in the redistricting process. Evaluations of compliance with Proposition 4 should be objective and not merely a Rorschach test."

The Redistricting Standards align the state with established national legal precedent by codifying a statistical, data-driven approach to assess whether congressional maps treat political parties fairly.

Key Provisions of the S.B. 1011 Redistricting Standards:

The Three Statistical Methods

- Partisan Bias Test
- Pass/fail: 0 for the current map with four seats. +/-1 and +/-2 fail.
- The test played a key role in the U.S. Supreme Court landmark decision *Gill v. Whitford* (2017). Similar analyses have been used to invalidate manipulated maps in states such as Pennsylvania and North Carolina.
 - Ensemble Analysis
 - O Pass/fail: Must be within the acceptable bounds of 2.5% and 97.5% with no outliers.
 - O Detects purposeful favoring or disfavoring of any party.

- O Democrat-proposed test.
- Mean-Median Difference Test
 O Pass/fail: No deviation above 2% between the mean and the median.
 - O Provides another method, in addition to the partisan bias test, to measure undue favoring or disfavoring of any party.
 - O Democrat-proposed test.

The Legislature will consider the bill during the special session on Monday, October 6, 2025.

Judge binds Sorber-Petrie over on murder, firearm charges in Cedar City teen's killing

by Tracie Sullivan

FOR IRON COUNTY TODAY

A 5th District judge has ruled that Matthew Sorber-Petrie, accused in the January shooting death of 17-year-old KayLee Dutton, will stand trial on murder and multiple firearm charges.

In an oral ruling issued this week, Judge Meb Anderson rejected defense arguments that the charges violated Sorber-Petrie's due process rights.

"Mr. Sorber-Petrie's arguments have no basis in Utah law," Anderson said, noting that accomplice liability is not treated as a separate offense under state statute. "It is well settled that accomplices incur the same liability as principals."

Under Utah law, that means a person can be held just as responsible for a crime if prosecutors show they helped plan it, provided the weapon, or encouraged the act — even if they weren't the one who pulled the trigger.

The judge cited case law including *State v. Gonzalez* (2002) and Utah's accomplice liability statute, adding: "Mr. Sorber-Petrie has adequate notice of the charges against him, and the state's second amended information does not violate his due process rights."

After reviewing evidence from the August preliminary hearing, Anderson ruled the state had met the burden of probable cause.

That standard allows a case to proceed if prosecutors show enough evidence that a crime likely occurred and the defendant may have been involved. It is a far lower threshold than at trial, where guilt must be proven beyond a reasonable doubt.

"The state provided evidence that Mr. Sorber-Petrie not only helped plan this attack, but he may have been the driving force in the paranoia that brought it about," Anderson said. "Evidence was presented that he recklessly supplied the firearm used in the attack ... and that he encouraged or desired that outcome."

Dutton was shot five times and died at the scene. Her passenger, Sydney Neal, survived but told the court she suffered two physical injuries related to the gunfire.

Following the August 29 preliminary hearing, Anderson had already bound Sorber-Petrie over on six counts, including obstruction of justice and weapons charges. With his latest ruling, he ordered the 23-year-old bound over on the remaining counts: one charge of murder and seven counts of felony discharge of a firearm causing serious bodily injury, all first-degree felonies.

Sorber-Petrie is scheduled for arraignment Oct. 21 at 1:30 p.m., to be held by WebEx.



IRON COUNTY FORECAST

WE'RE LOOKING AT A
WARM END TO THE WORK
WEEK ACROSS THE AREA.
RAIN CHANCES INCREASE
THIS WEEKEND THANKS TO
SOME TROPICAL
MOISTURE STREAMING
INTO THE BEEHIVE STATE.
WE DRY OUT WITH COOL
TEMPS FOR NEXT WEEK.

Check your local forecast anytime at: ABC4.com/weather



THURSDAY Partly Cloudy 78°/48° PRECIP: 20% WINDS: S 10-20 Scattered Rain 73°/51° PRECIP: 40% WINDS: S 5-15 Rain Showers 69°/50° PRECIP: 60% WINDS: SW 5-15 Isolated Showers 65°/39° PRECIP: 30% WINDS: N 5-15 MONDAY Mostly Sunny 65°/36° PRECIP: 10% WINDS: N 5-10 TUESDAY Mostly Sunny 64°/35° PRECIP: 20% WINDS: SE 5-10 WEDNESDAY Mostly Sunny 64°/37° PRECIP: 10%

WINDS: N 5-10

opinion

FROM THE EDITOR



SCHMUTZ COPY EDITOR

o you feel that? The cooler weather? We've made it! Move over, summer lovers! Fall is officially here. Ahhh, I just love this time of year. My house is decorated, I've got the urge to bake everything pumpkin,

and there's already a pot of stew calling my name. For the next few months, it's all about festive gatherings, family time, and soaking up the cozy charm that comes with the season.

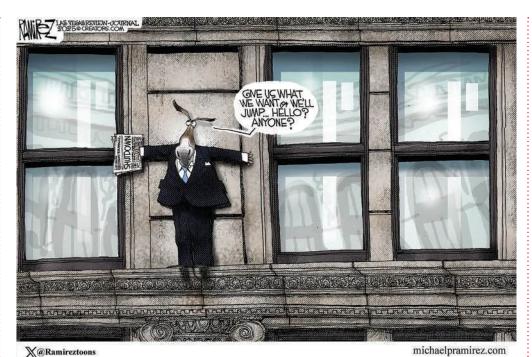
It's been a minute since I've been up on the SUU campus, but my favorite tree in all of Cedar City is near the Science Building on upper campus. If anyone happens to catch it at its peak color, please send me a photo. I'd love to see it!

Speaking of holidays and family time, Iron County Today is gearing up for our second annual Holiday Guide! This special edition will be your family's go-to resource for everything happening between Thanksgiving and New Year's. From Christmas light maps and details on the Downtown Lighting Ceremony to local plays, worship services, and festive markets across Iron County. But we need your help to make sure we don't miss a thing! If you know of a holiday event, craft fair, concert, nativity, or service, please let us know so we can include it. And for our local businesses, this is a perfect opportunity to advertise your holiday specials and reach families looking to shop local this season. Let's make this holiday season the most connected and community-centered one yet.

QUOTE OF THE WEEK

"Adversities are temporary. What is permanent is what we become by the way we react to them."

-Dallin H. Oaks



Main Street Park Flag

In April of 1776 the shot heard around the world was fired. This shot began what we could call the most crucial war in American History. The war that separated the thirteen colonies from British rule. The War of Independence, 250 years later our nation is celebrating the beginning of that war starting July 1 2025 and ending July 4 2026.

Not to be left out of this yearning celebration, six months ago, Cedar City along with surrounding communities, clubs and organizations formed a 250-celebration committee.

Each organization was asked what they could do to add to the celebration. There were many great ideas presented as you will notice. As a member of the American Legion Post 74, I was asked to represent the Veterans of Iron County. My contribution to this event



dered why, in the past 30 or so years, had not been done, would be to bring new life to the flag situated in the Center of Main Street Park in Cedar City. With the help of some individuals' contribution, the promises of the most and the generosity of Wheeler Machinery offering the use of their 85ft Model 8605J straight boom lift, I was able to sand, prime, and paint the pole and replace the halyard, completing it September 25th. I could not have accomplished any of this without the boom lift, the patient instruction

and something I have won-

of Wheeler technicians and the help rendered by Cedar Parks and Recreation Dept., and Councilman Scott Phillips.

I am, now, awaiting the installation of flood lights so the flag can be

WORD

CATACOMB

[cat·a·comb] Noun

a subterranean cemetery of galleries with recesses for



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opinion

Anxiety or Revival

PART 7

Gen Z has been called the

by Edy Meredith

FOR IRON COUNTY TODAY

Anxiety Generation or the Revival Generation. Which do you prefer? Are your children and grandchildren full of hope and positivity or full of anxiety and fear? Gen Z humans were born between 1997 and 2012 and considered the first generation to have largely grown up using the internet, modern technology, and social media. Although I am one of the Silent Generation born between 1928 to 1945 making up about 7% of the current population, I have used the internet and computers since they were first developed in the 1980's when commercial internet service providers emerged in the United States. (See History of the Internet on Wikipedia.) So today we can research almost anything good or bad through the regular internet or through the dark internet. Great changes in the world are developing now. In Matthew 24:3-31 in the Bible is recorded what Jesus said would be the signs of the times and the end of the age. "Nation will rise against nation, and kingdom against kingdom. And there will be famines, pestilences and earthquakes in various places. All these are the beginning of sorrows... many will be offended...Then many false prophets will rise up and deceive many. And because lawlessness will abound, the love of many will grow cold. But he who endures to the end shall be saved. And this gospel of the kingdom will be preached

in all the world as a witness to all the nations, and then the end will come." Jesus statements about the end are recorded in Matthew 7:23 and 24:12 and 29, Mark 13:24, Revelation 6:12, Acts 2:19, Luke 21:11, 2 Timothy 3:1, 2 Thessalonians 2:3, and Romans 1:28. As the time of the End approaches God is also at work in drawing many people in all nations into a righteous relationship. In Brussels Belgium, 19,000 people attended the "Festival of Hope" presented by Franklin Graham just over the weekend of 9/29/2025. Events are also being held across the United States from Washington D.C. to Colorado Springs to Grand Rapids Michigan with men, women, and children committing their lives to serving Jesus, the Jewish Messiah--discarding living only for themselves and worldly desires.

The Christian Broadcasting Network has made available a DVD entitled "The Revival Generation—Gen Z turning to Jesus". If you want to experience the true story that's sparking nationwide campus revivals, witness how a generation rising out of despair and into faithfilled purpose, and see lives changed through salvation, freedom and authentic Christian community, please contact CBN at 800-700-7000 and or CBN.com to find out if Gen Z is lost or is being found in a DVD that captures a spiritual awakening that is unfolding among today's young adults. In a time marked with anxiety, addiction, and confusion, the DVD reveals a generation that is discovering hope, purpose, and identity through a personal relationship with Jesus the Christ. On September 12, 2023, thousands of students at Auburn University united in prayer. This incredible gathering led to UniteUs—a sweeping revival movement that is transforming lives on campuses across the United States where countless students are turning to Christ, being baptized in droves, and experiencing the power of God like the first generation of Christians did in 30 A.D., with organizations like Turning Point USA co-founded by Charlie Kirk, now headed by his wife, with a similar mission to UniteUs. This is a call for hope for old and young to stay ahead of the game and not miss what God is doing and how Gen Z will even change the future of business. Take

out your Bible to examine prophecy about what will happen at the end of the age (Luke 17:21and chapter 21, Matthew 24-25, and Mark 13) where Jesus describes events surrounding His second coming, and the final judgment. Jesus intertwines the present realities of AD 30 with future hopes, creating a complex portrait. describing wars, famines, false prophets, and the gospel being preached to all nations. These signs indicate the unfolding of history toward the climax of God's redemptive plan, culminating in His

return and referring to an extremely difficult period where great suffering and trouble would occur. In Luke chapter 21, Jesus tells of the importance of watching: "But take heed to yourselves, lest your hearts be weighed down with carousing, drunkenness and cares of this life, and that Day comes on you unexpectedly...pray always that you may be counted worthy to escape all these things that will come to pass, and to stand before the Son of Man (Isaiah 53:3, Luke 9:58, Matthew 11:19) who came the first time to save as many as would believe on Him, praying always as a solemn request for the Triune God to help in our times of need.

PARK FLAG

« CONTINUED FROM PAGE 6

flown 24 hrs. a day.

In 1928, when the Daughters of the Utah Pioneer installed this flagpole, it was the second highest flagpole in the state. Not so now, but it is still taller than any of the surrounding trees helping the flag to be visible from afar.

May this flag always be a reminder of the sacrifices and contributions of patriots of the American War of Independence, the American Revolutionary War, the many freedoms we have, which have not been free, and the contributions our local veterans have made, when you see this flag flying high above the Cedar City Main Street park.

Larry Bell



IRON COUNTY GOVERNMENT RECAPS

Parowan City Council Meeting 9-25-2025

by Jennelle Zajac

FOR IRON COUNTY TODAY

Public Hearings – Three public hearings were held addressing issues under consideration by the council. They are: Proposed amendments to the Kay Geez Stock, LC (Goodfellows Rock Crusher Repair – the big new building to the north of the airport) development agreement, proposed new Open Space/Parks code, and proposed Short Term Rental (STR) code and fees. No public feedback was provided during these hearings.

Action Agenda

Winter Wonderland Request

- The council approved a request from the Parowan & Brian Head Area Chamber of Commerce to set up the annual "Winter Wonderland". Carylie English, representing the Chamber, confirmed the event's significance and requested the use of the usual space and electricity.

Staheli/Walker Building Permit (Shared Driveway) – This item was discussed at length in the previous meeting, where the council requested the Fire Chief review the request. The Fire Chief's report noted that the

driveway required improvements, recommending it be "fully graveled" to ensure access for heavy fire trucks in all weather conditions as well as the removal of pine trees within the easement area to facilitate fire apparatus turnaround. The permit was approved.

Enbridge Gas Easement Sale

- The council approved the sale of a permanent easement to Enbridge Gas for new switching equipment. The proposed cost for the easement was \$5.25 per square foot, which was deemed comparable to previous land sales.

Enoch City Building Inspector Agreement – At the 9/11 meeting, the council considered a cooperative agreement with Enoch City for building inspections, aiming to address staffing limitations and ensure timely inspections. The council approved this agreement.

Parowan Air Park LLC
Memorandum Of
Understanding - The
Memorandum of Understanding
(MOU) with Parowan Air Park LLC,
extensively discussed in a prior
meeting, was approved. The
MOU was developed to
memorialize the agreement on
potential throughputs to access,
future development, hangars,
etc.

Work Agenda Discussions
– to be voted on at a future

meeting

Fremont Solar Power Purchase Agreement - Jeremy Franklin, Power Director, presented details on the Fremont Solar Power Purchase Agreement (PPA). This UAMPS project involves a 29-megawatt solar facility with a 4-hour battery storage system. Parowan's share would be 500 kilowatts, with an option to increase to 1000 kilowatts. The 25-year agreement, set to begin by December 31, 2027, offers a competitive price of \$6.00 to \$7.00 per megawatt-hour.

Parowan EWS Cooperative Agreement (Fire Agreement)

- The City Manager presented the Parowan EWS Cooperative Agreement, a five-year fire insurance agreement with the Utah Division of Forest, Fire and State Lands (FFSL). This agreement protects the city from potential bankruptcy due to large wildfires.

Open Space and Parks Discussion - The council revisited the proposed amendments to the draft Open Space and Parks code, specifically regarding land dedication for subdivisions. The current proposal requires a 3% dedication of gross land area for all zones except agricultural and rural estates. Councilman Harris argued this was "excessive" for the R1 zone, advocating for a graduated scale as originally proposed by the Planning Commission. The City Manager

was tasked to bring back two versions of the ordinance for a vote at the next meeting.

Short-Term Rentals and Fees Discussion - The council discussed the proposed Short-Term Rental (STR) ordinance. Within the ordinance is a restriction on the number of STRs allowed within Parowan city limits that is 10% of the current homes. Owner-occupied STRs would be exempt from this restriction. The City Manager reported feedback from the Realtors Board, who preferred market forces to determine STR saturation and disliked the 10% cap.

Procurement and Disposal Code Discussion - The City Manager presented updates to the Procurement and Disposal code, aiming for greater clarity and accountability. Key changes to the disposal policy included defining "de minimis" property (under \$500) and property under \$5,000 that can be disposed of administratively. Property valued at \$5,000 or more, or any real property will require City Council approval for disposal. A notable discussion point was the absence of a policy for police officers to be gifted service weapons upon retirement.

Residents are encouraged to attend City Council Meetings on the second and fourth Thursday of each month at 5:30 p.m. at the Parowan City Council Chambers. Alternatively, the meetings can be viewed at https://www.youtube.com/@parowancity2030



ALBRECHT
UTAH HOUSE DISTRICT 70

From Our Community to the Capitol

During the September Interim Meetings, I met with my committees and reviewed ways to strengthen data privacy in schools, improve access to health care, modernize transportation and DMV services, and ensure our communities remain safe and supported. The work we're doing now lays the foundation for policies that directly impact everyday life — from safer roads to more reliable public services, to reliable. dispatchable, and affordable energy. I'm deeply grateful for the chance to carry the voice of our community to the Capitol and make sure vour priorities are at the heart of these conversations. In case you missed it, watch full recordings of last month's meetings at le.utah.

BUDGET SUMMARY

YEAR	STATE OF UTAH	IRON COUNTY	SCHOOL DISTRICT	CEDAR CITY	COUNTY POPULATION	INFLATION RATE
2020	\$18,500,000,000	\$64,397,882	\$97,275,145	\$84,121,067	57,286	1.4
2021	\$20,300,000,000	\$68,529,185	\$111,206,179	\$82,661,906	58,672	7.0
2022	\$25,600,000,000	\$80,413,678	\$116,183,977	\$82,219,239	62,508	6.5
2023	\$26,000,000,000	\$78,255,317	\$172,080,787	\$97,198,239	64,211	3.4
2024	\$29,400,000,000	\$67,789,445	\$200,512,950	\$150,125,060	65,765	3.2
2025	\$30,800,000,000	\$132,282,649	\$221,113,931	\$77,269,263	67,617	2.7
ANNUAL INCREASE	10.7%	15.5%	17.8%	0%	3.4%	4.3

<u>LEGISLATIVE UPDATE</u>

October's Interim Meetings will take place on October 14th and 15th. I hope to see you there or online.

Redistricting Update

The Utah Legislative Redistricting Committee continues its work of selecting Utah's Congressional boundaries under the 3rd District Court order. While we will exhaust all legal options, we are taking this responsibility seriously to comply with Prop 4 and uphold the Legislature's constitutional right to determine boundaries.

Prop 4 requires we prioritize population deviation, minimizing city and county splits, compactness, contiguity, preserving neighborhoods, following natural geography, and avoiding maps that favor or disfavor parties or candidates. After meeting those standards, we also consider Utah-specific needs like rural/urban balance, military installations, higher education, and federal lands.

Despite the challenge, the committee has selected five maps which meet that criteria. A 10-day public comment period runs until October 5, and you can share your comments at https://citygate.utleg.gov/legdistricting/utah/comment_links. A map will then be voted on by the Legislature in a Special Session on October 6th, and given to the 3rd District Court Judge for her review.

Condemning Political Violence

Political violence in any form is unacceptable and has no place in our state or our country. I am proud of the way Utahns responded to the political assassination last month— with unity, compassion, and a renewed commitment to stand together against hate. Let's recommit to carrying forward the principles of liberty, respect, and courage.

Utah Among the Nation's Best for Teachers

Education is a top priority for myself and all my colleagues in the Legislature, and I'm proud that Utah was ranked the #2 best state in the nation for teachers. This recognition reflects historic investments by the Legislature, including the largest single pay raise for teachers in state history. Utah also ranks second in

the nation for 10-year salary growth, with teacher pay rising 50% over the past decade. With the largest share of our state budget dedicated to public education, these investments are making a real difference. Competitive salaries, steady growth, and policies that expand opportunity for educators are helping Utah teachers thrive — and that means a brighter future for our students and communities.

Investing in Utah's Future, Responsibly

Thanks to key legislation from the 2025 Session, Utah's public colleges and universities are planning to reinvest \$60 million into high-demand programs like engineering, AI, biotech, and mental health — all without raising tuition or taxes. This is exactly the kind of smart, responsible use of taxpayer dollars we need: supporting education, preparing students for the jobs of tomorrow, and strengthening our economy. Fiscal responsibility means funding what matters most, and these investments show a clear commitment to Utah's future.

Committees I Serve on

- Chair National Resources Agriculture and Environment
- Public Utilities and Energy
- Water Development Commission
- Natural Resources Appropriations
- Constitutional Defense Commission
- Federalism Commission
- Energy Council

Thank you

Lastly, as always, I am deeply grateful for the trust you place in me to represent you. I believe Utah's strength lies in our people — hardworking, resilient, and committed to each other. Together, we can continue to build a safe, prosperous, and great future for our state. Thank you for staying engaged, and I look forward to sharing more updates with you in the weeks ahead.

Warm regards, Representative Carl Albrecht House District 70

public & health

Bowery Creek Project to begin in October

by Jenny Plecki

U.S. FOREST SERVICE

Cedar
City, UT —
The Dixie
National

Forest – Cedar City Ranger District will begin vegetation treatments in First Left Hand Canyon south of Parowan along Forest Service Route 30049 locally known as the Yankee Meadows Road in October 2025.

The treatments will be completed in cooperation with Iron County, Utah Forestry, Fire and State Lands, the Utah Division of Wildlife Resources, the Natural Resource Conservation Service, the Cedar City Field Office of the Bureau of Land Management, and multiple private

landowners. Funding is through the Utah Watershed Restoration Initiative.

The goal of these treatments is to reduce the risk of high severity wildfire and improve wildlife habitat in First Left Hand Canyon, including within the 5 Mile picnic area. These goals will be accomplished by hand crews and heavy equipment removing conifers in aspen, sagebrush, and riparian vegetation types, as well as thinning the understory of ponderosa pine stands. Nonnative, invasive Russian Olive will also be removed from portions of Bowery Creek. Similar treatments are also planned on neighboring land ownerships along Parowan Creek, in Second Left Hand

Canyon, and in Coop Valley.

Travelers in the area should use caution and be aware of crews and heavy equipment working alongside roadways and within the 5 Mile picnic area.

All proposed treatments will reduce fuel loading to help reduce wildfire risk to critical infrastructure along SH143, to Forest and County infrastructure located in First Left Hand Canyon, and to structures on private land. Removing conifers from aspen, sagebrush and riparian communities should also improve habitat for big game, wild turkeys, and other wildlife.

More than 1,150 acres have been identified for treatment and project implementation will extend throughout the winter into the spring of 2026. More information about the project can be found at https://wri.utah.gov/wri/project/title.html?id=7402.



public & health

Community Invited to Intermountain Cedar City Hospital's Annual Free Family Health Fair & Flu Shot Clinic on October 11

by Brad Gillman
INTERMOUNTAIN HEALTH

ntermountain Cedar City Hospital

will hold its annual Family Health Fair and Flu Clinic on Saturday, October 11, 2025, from 9 a.m. to 12 p.m, and is inviting the community to attend to enjoy multiple health resources and fun activities.

"This year's health fair is focused on providing a healthy and fun event for family members of all ages. We have added some interactive events alongside our screening and health booths, that we hope will encourage healthy lifestyles," said Rachelle Hughes, communications manager for Intermountain Cedar City Hospital. "In addition, we have added a couple of events that are part of Iron County's America 250 celebration

this year and will honor our love of community."

Dozens of free booths and health education opportunities will line Intermountain Cedar City Hospital's main entrance concourse. Booths will include free health screenings, a Flu Shot Clinic with Southwest Utah Public Health Department, a Teddy Bear Clinic for children 12 years and under (an America 250 event), car seat checks by the Southwest Utah Public Health Department, and a Liberty Walk on the hospital's trail (an America 250 event.)

The Southwest Public Health Department will hold the Flu Shot Clinic to administer low or no-cost flu shots.

October is typically when influenza rates start to increase and the new immunizations become readily available, setting the health fair as the perfect time to get immunized for the flu season.

The community can plan ahead and save time by visiting SWUhealth.org/flu for more information on the flu shot and to prefill out consent forms. This year's Teddy Bear Clinic is a new

addition to the annual health fair and will allow children to bring their own teddy bear, or receive a free teddy bear, that they can bring to the clinic to get medical treatment for their "patient."

A teddy bear clinic is meant to help children feel more comfortable with medical environments and procedures. Free teddy bears will be available to the first 150 children.

During the liberty walk event, participants are invited to walk the Cedar City Hospital trail and find flag stations where they will receive a sticker or stamp for their passport book, that is picked up inside the health fair. Participants receive walking swag and an entry for an outdoor active lifestyle prize basket. For more information call 435-868-5828.

COMMUNITY PARTNERS JOIN IN NATIONWIDE PRESCRIPTION DRUG TAKE BACK DAY

by Heidi Baxley

FOR IRON COUNTY

[Cedar City, UT] – To raise

awareness about the potential

for misuse of prescription medications, [Southwest Prevention, the Iron County Sheriff's Department, Southwest Technical College and Lin's Fresh Market] are sponsoring a Prescription Drug Take Back Day event as part of the DEA's National Take Back Initiative on Saturday, Oct 25th from 10am -2pm.

According to the Office of National Drug Control Policy, prescription drug abuse is the nation's fastest-growing drug problem. Most individuals who misuse prescription drugs, particularly teens, believe that these substances are safer than illicit drugs because they are prescribed by a healthcare professional and dispensed by a pharmacist. The first step in attempting to tackle the problem of prescription drug abuse is to educate parents,

youth, and patients about the dangers of abusing prescription drugs.

To address the abuse and misuse of prescription drugs, community organizations, public health entities and law enforcement are collaborating to host drug take-back programs nationwide. These drug disposal programs are a good way to remove expired, unwanted or unused medicines from the home and reduce the chance that someone may accidentally or intentionally take the medicine.

What can you do in your community?

Follow disposal guidelines. Don't flush your prescription medications, our waste water systems aren't designed to filter medications out. They could end up in our ground water or soil. If no instructions are given on the drug label, and no take-back program is available in your

area, take them out of their original containers and mix them with an undesirable substance, such as used coffee grounds or kitty litter — to make the medication less appealing and unrecognizable — then put them in a sealable bag, empty can, or other container to prevent the medication from leaking or breaking out of a garbage bag.

Talk to your kids: It's important that our children learn about the proper use of medications. Set clear rules and consequences about any substance use. For more information, tips and tools visit www.parentsempowered.org

Take advantage of community take-back programs & permanent disposal boxes: Prescription Drug Take Back Day occurs twice yearly in April and October. In addition, Iron County has 7 permanent disposal boxes available to use year round:

Iron County Sheriff's Office Cedar City Police Department SUU Police Department Township Pharmacy Wal-Mart Four Points Healthcare (pending new Pharmacy) Parowan Drug & Gift

Cedar City Prescription Drug Take Back Day Saturday, October 25th 10am-2pm Cedar City Lin's Fresh Market

Will collect: Prescription medications, over the counter medications, liquids

Will not collect: Medical waste, syringes, intravenous solutions, and injectables

For more information visit www. southwestprevention.org

Box-n-Lock Self Storage Celebrates Ribbon Cutting in Cedar City

by Lynette Staker

MANAGING DIRECTOR

The Cedar City Chamber of Commerce joined Box-n-Lock Self-Storage for a ribbon cutting celebration at their

new, modern storage center. With more than 550 units, Box-n-Lock is proud to provide the community with a storage option that is not only safe and secure, but also clean, beautiful, and built with customer convenience in mind.

Located inside a gated property, the facility features excellent lighting, 24/7 security cameras, and attentive managers who regularly monitor the grounds to ensure

peace of mind. In addition to traditional storage, Box-n-Lock also offers unique "man-cave" style units which are ideal for small businesses seeking convenient warehouse-style space.

Box-n-Lock is also excited to give back locally and is currently working with Iron County Care and Share. Through the end of October, the facility will gladly accept canned food donations to help support their important efforts in the community.

Box-n-Lock looks forward to serving residents and businesses with storage solutions that combine security, cleanliness, and care.



Pumpkins, Scarecrows & Autumn Fun Await!

from the Chamber of Commerce

FOR IRON COUNTY TODAY

Mark your calendars! The Chamber of Commerce is thrilled to host the 25th Annual Pumpkin & Scarecrow Festival this Saturday, October 11, from 10:00 a.m. to 3:00 p.m. at the Diamond Z Arena in Cedar City. Please use the north entry of the arena for entry to the Festival. Tickets are just \$5.00 per person.

This family-favorite fall celebration will feature over 40 vendors, offering treats, crafts, games, and plenty of festive cheer. Kids are encouraged to come in costume and join in the costume contests held three times throughout the day—with fun prizes up for grabs!

The Pumpkin & Scarecrow Festival began in 2000 as part of the Utah Shakespeare Festival's fall season kick-off. Over the years, the event grew bigger, more elaborate, and more beloved than ever—so much so that the Chamber of Commerce's Ambassadors proudly carry on the tradition today.

"The Chamber is absolutely delighted to present this celebration that brings together people of all ages for a magical few hours before Halloween — a full-on kickoff to the holiday season. Join us for costume contests, festive surprises, and plenty of autumn cheer — we can't wait to make memories with you!", stated Tessa Douglas, President & CEO, Cedar City Chamber of Commerce.

The arena is indoors so regardless of weather, your little ones are sure to have a a good time. Each person is encouraged

to visit each vendor who will have games and prizes at their booth and at the end turn your form into the America First Credit Pumpkin Patch and pick your very own pumpkin to carve, paint, or simply place in your yard or home.

To find out more, visit the Chamber of Commerce website. Bring the whole family, dress up, and join us for a day of pumpkins, scarecrows, food, music, laughter, and memories!











southern utah university

SUU Honors The Class of 1975 and Three Outstanding Alumni at Homecoming

by Ruth Scovill

FOR IRON COUNTY TODAY

Homecoming is always a fun and exciting celebration at SUU. Part of the fun is welcoming back alumni from all over the country. This year the school is honoring the 50th anniversary of their graduation for the class of 1975. SUU also honored three outstanding

alumni at the annual
Alumni Awards Banquet:
Aimee Anderson Oravec of
the class of 1994 received
the Outstanding Alumnus
Award. Scott Johnson of
the class of 1984 received
the Distinguished Service
Award. Madyson Howard of
the class of 2017 received
the Young Alumnus Award.
They were honored at the
Alumni Awards Banquet

on September 25, 2025. At the banquet, OPUS also performed *An American Tribute*.

Aimee Anderson Oravec is currently serving as a judge on the Alaska Supreme Court. As a student at SUU, Aimee was a stellar member of the SUU forensics program. She also helped to coach the team when they traveled, and

was very involved in campus programs. Since leaving SUU, Aimee has been very involved in her community, including volunteering in youth sports programs.

Scott Johnson has been contributing to SUU for over 45 years. At SUU, he was an outstanding accounting major, and won the R.
Kenneth

see **SUU** » 14



Join me in voting for RON RIDDLE

Ron Riddle brings common sense & steady leadership to the City Council.

He's dedicated to protecting property rights, supporting public safety, and making smart, responsible decisions that keep Cedar City a place where future generations can thrive.

-Tyler Melling Cedar City Councilman

RE-ELECT Ron
RIDDLE
Cedar City Council

Scott Johnson







RonForCedar@Gmail.com

PAID FOR BY THE COMMITTEE TO RE-ELECT RON RIDDLE

COUNTY today INSIDER'S CLUB



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OF SOUTHERN UTAH







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ICT GOLD



















nitetime

ICT SILVER

ROBINSON FAMILY PUMPKIN PATCH

by May Hunter

FOR IRON COUNTY TODAY

Robinson Pumpkin Patch is open for all your fall pumpkin fun. Experience the vibrant atmosphere

of a full, fun day at Robinson Family Farm. They are passionate about the kind of experience to their guests. They have FREE Hay Rides & Petting Zoo, A Corn Pit, A Maze to climb through and slide down, Pumpkin Launching, Horse Rides all add to the adventure. Fall is in the air, and that means it's time to start your fall adventure right here in Southern Utah. Robinson's started their pumpkin business 12 years ago and it just keeps getting better and better. They originally started the farm to give their own children jobs so they could earn their own money to buy things they needed and wanted. It taught them responsibility and how to enter the working world at an early age. They taught their children 'Pumpkin Patches' are a



tradition they will never outgrow. It's a Robinson Family cherished tradition and it has offered their children hands-on experiences that will last a lifetime and will be passed on to many generations.

The Robinson Family Pumpkin Patch is fun for the whole family. They are located at 'You Pick Pumpkins & More', through a precise street address-1680 West Industrial Road, Cedar City, Utah, Monday-Friday 3 PM-Dark, Saturday 9AM-Dark, through October 25, 2025. Come Experience the Best Pumpkin Patch in Cedar City, Utah.

Come Make Some Memories-find the perfect pumpkin and enjoy all the fun activities. For more information call 435-691-5014 or visit them on facebook. com/Robinson Family Pumpkin Patch. Thank you for supporting our pumpkin patch!

I don't see how a pumpkin patch could be more sincere than this one!" -Charlie Brown



southern utah university

SUU

« CONTINUED FROM PAGE 12

Benson Award twice as the outstanding student of the year. As a resident of southern Nevada, Johnson has had a stellar career as a banker, and contributing community member. He continues to be very involved at SUU.

Madyson Howard was an outstanding gymnast on the SUU Flipping
Birds team as a student at SUU. That training served her well when she competed on the NBC series American Ninja Warriors and she is now a popular member of the cast of that show. She has contributed greatly to her community as a specialized nurse in the St. George ICU nurse, and is now working as an infusion clinic provider. Many of her patients recognize her from American Ninja Warriors, which creates an instant

relationship and helps put them at ease. She and her husband, Tyler, have a four-year-old son.

These are just three examples of the outstanding alumni from SUU, who provide service in their families and communities every day. SUU provides an outstanding springboard into life for its many graduates, who go on to make contributions wherever they are. Homecoming celebrates everyone who is, and will always be, part of the SUU community. GO T-BIRDS.



ARTS + ENTERTAINMENT IN IRON COUNTY

snowcase

The Soundtrack of Your Imagination

by Amy Gold

ORCHESTRA OF SOUTHERN UTAH

usic evokes memories and sparks imagination. Some favorites from Broadway, film, and American composers are on the program for the popular Children's Jubilee with the Orchestra of Southern Utah, on Saturday, October 11, at the Heritage Center. Admission is "Pay what you can," with non-perishable food donations covering one admission going to the SUU Hope Pantry. All ages, including

babies, are encouraged to attend and enjoy this community celebration of music and creativity.

Lobby activities begin at 12 noon with face painting by Brenda Griffith, interactive instrument play with Stan Szczesny, and a sound design booth with Kolby Clarke. Families can also explore SUU STEM circuit boards, try on costumes in the photo booth, and enjoy a variety of hands-on exhibits. Community and university

see THE SOUNDTRACK » 16







myosu.org

OCTOBER 11, 2025 HERITAGE CENTER THEATER Activities: 12:00 pm · Concert: 2:00 pm







Pricing: pay what you can. We are accepting non-perishable food donations for the Hope Pantry.

THE SOUNDTRACK

« CONTINUED FROM PAGE 15

partners—including the Cedar City Arts Council, Cedar City Children's Musical Theater, SUU Arts Fusion, and Cedar Valley Community Theater—will share

interactive science, art, and music experiences. Performances by Cedar High students and a green screen activity from Gateway Preparatory Academy add to the fun.

A shorter concert designed for families begins at 2 p.m. with the orchestra. Highlights include *Mary Poppins: A Symphonic Fantasy*, a *West Side Story* medley, and selections from The Phantom of the Opera, all showcasing the magic of Broadway and film music. Audience members will also enjoy Believer, previewing the upcoming Rock Gold: Volume Three concert with soloists Andrew Briggs, Michael Cox, Mari Hobson, and Sabrina Williams. Kristin Briggs and Melinda Pfundstein join the orchestra as soloists for *Defying Gravity* from Wicked. In recognition of America250 celebrations, the concert also features quintessential American pop from the Beach Boys as part of "America's Playlist."

Carylee Zwang directs the orchestra. "The Children's Jubilee is a favorite musical day for me. We love the energy of the children and we have chosen music that is fun and exciting for them," she said. "We appreciate all of the community helpers who provide family activities and make this event so special."

Since 2004, OSU has presented family matinee concerts, with the very first Jubilee earning national recognition at the League of American Orchestras in Washington, D.C. with the Sally Parker Education Gold Ribbon Award. The original concept—to integrate science and art with music for a memorable experience—remains at the heart of this beloved tradition. The Children's Jubilee is sponsored by the George S. and Dolores Doré Eccles

see **THE SOUNDTRACK** » 17

REDUCE PAIN AND IMPROVE FUNCTION - NATURALLY! SCAN TO LEARN MORE ABOUT PRP AT SOUTHWEST SPINE AND PAIN CENTER TRY **PRP THERAPY** Platelet-Rich Plasma An exciting advancement in regenerative medicine using your own blood. IMAGE-GUIDED PROCEDURE BY FELLOWSHIP-TRAINED PAIN PHYSICIANS HEAL NATURALLY WITH YOUR OWN PLATELETS REDUCE PAIN WITHOUT SURGERY OR LONG RECOVERY LIMITED TIME OFFER PRP TREATMENT STARTING AT \$450 MUST SCHEDULE TREATMENT BY 10/31/25 **CEDAR CITY - Call or text 435.586.2229** www.swsp.com 2311 N. Main Street | Cedar City, UT 84721

Utah Symphony Stuns Cedar City



by Marty Warburton

FOR IRON COUNTY TODAY

What began as a beautiful Fall day in Cedar City ended with a bang at the Heritage Center Theater. The Utah Symphony snuck into town on the last day of September and presented an amazing concert to a full house of Cedar City Music Arts patrons. Under the direction of Thierry Fischer and David Green, the Utah Symphony did not disappoint. Many classics including the music of Mozart, Tchaikovsky, Korngold, Prokofiev and even music from Star Wars, was precisely delivered by this throng of highly polished musicians.

Symphony Conductor Jessica Rivero Altarriba brought the heat, coaxing every last bit of musical energy from the orchestra.

But wait, there's more. On the following morning at 10am, over 900 Iron County School District students were bussed into the Heritage Center Theater, and were there treated to a private performance of their own. The symphony's vice president of education & community engagement Benjamin Kipp was well prepared for the occasion, offering an entertaining and informative concert, by the entire Utah Symphony Orchestra, for these fortunate students.

What a pleasure it was, to have talent of this magnitude kick-off CCMA's ninety-sixth season. Cedar City Music Arts wishes to thank all who attended, and is committed to continue bringing highly talented artists to Cedar City.

There are 6 more concerts to go, featuring top notch artists of multiple genres from around the world. See what it is all about. Season Tickets and information on upcoming events is available at cedarcitymusicarts.org, or by calling the Heritage Center Theater box office at 435–865–2882



Four Books for Fall

by Samuel Wells

CCAC BOARD MEMBER



hen the rabbitbrush turns mustard gold and the aspens on Cedar Mountain become yellow,

I get a hankering to sit outside and read a book. More particularly, I get a hankering to read a book that feels like autumn. I have enjoyed quite a few of these books through the years

and would like to touch on four of my favorites for anyone who might be looking for something to read.

Autumn Across America is first on my list. It was written in 1956 by (Pulitzer Prize-winning author) Edwin Way Teale and describes the author's journey (with his wife Nellie) zigzagging across America to experience the season continentally, starting in Cape Cod in September and ending at the winter solstice in California. I particularly like his account of travelling through northern Utah and experiencing what he calls their "million-duck day" at the Bear River delta. For easterners, he wrote, "accustomed to counting our flocks of migrant ducks in dozens and scores, the wonder never diminished in these thousands and tens of thousands and hundreds of thousands of waterfowl. It was, for a glorious day, a

return to older times, to when the country was new."

Ruby Holler by (Newberry medalist) Sharon Creech is not obviously a seasonal story other than its setting is a forest that turns red (ruby) in the fall from all the maples. It is about orphan twins who are always in trouble for something and get shunted from house to house until a patient couple takes them into their home in the woods. I don't want to spoil the plot or the page-turning adventures they share, but the story resolves itself into a heart-warming victory of human kindness. This very fun read just feels like fall to me. Creech was the first American to win the prestigious British Carnegie medal for this book (in 2002).

Robin Wall Kimmerer's *Braiding Sweetgrass* is both an award winning and a best selling book.

Kimmerrer is a scientist (an expert of mosses) and a member of the Potawatomi Nation. The book does mention weaving with ash, cattails, and sweetgrass. But it is much more than this. It is about weaving each of us (of all cultures) together and to the natural world. Referring to the many kinds of harvests that we share, Kimmerer writes that, "We know that

appreciation begets abundance. Why should it not be so for Mother Earth, who packs us a lunch every single day?"

Finally, Wendell Berry's essays relating to farming and food are treasures of American literature in addition to being very relevant to our fractured world. His book, *Bringing it to the Table*, is a collection of some of his most important essays. It includes pieces of his fiction and nonfiction writing – many of which have recently been republished by the Library of America.

Whatever book you choose to read, my only advice is to take your time and enjoy the season. Winter is going to arrive sooner than we plan. There is no reason at all to be in a hurry.

THE SOUNDTRACK

« CONTINUED FROM PAGE 16

Foundation, The Utah Division of Arts and Museums, Cedar City RAP Tax, Charles M. and Gloria F. Parrish Foundation and ABA Possibilities.

For more information on the

orchestra, visit myosu.org or follow OSUCedarCity on social media.

Who: Orchestra of Southern Utah

What:
Children's Jubilee - the Soundtrack of Your Imagination

Where: Heritage Center

When: Saturday, Oct. 11

For a fun family afternoon for all ages, including babies

Music, art and science activities including a special concert designed for children. Admission is Pay as You Can. Canned food welcome for the SUU Hope Pantry





Cedar City, Utah





Iron County Fair 2025

SPECIAL THANK YOU to the 2025 buyers for supporting the show

\$30,000 +

Shane Palfreyman
Dry Lakes Ranch Beef
Schmidt Construction, Inc.
State Bank of Southern Utah
Leon's Alignments *
Cedar Band Corporation
MS Concrete %

\$25,000 +

Cedar Livestock Market # % *
Cedar City Motor Company %
Holt Dairy % *
IFA % *
Milt's & Rusty's Steakhouses
Mel Clark Inc.
Producers Livestock - Wayne Cowley
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\$15,000 +

Security Escrow & Title % *
Zion Plumbing & Mechanical *
IFA SUAC

\$10,000 +

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Michael Yardley Farms # % *
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Nathan Call
Desert Pain Specialists
Ashdown Brothers Construction
Pearson Ranch - Tammy Pearson #

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Double O Ag Spraying # WT Transportation Services Diamond J DeLynn Barton Ranchers insurance Preston Excavating Bar F Ranch In honor of Grandpa Charles Raft Farms - Richard Abbott Holt and Company CPA Brent Hunter Farm Robert Christian Parowan's Southern Country Chevron and Bakery Southern Utah Animal Hospital Bradshaw all around - CoBurn Bradshaw Robert Pectol Dick Clark Livestock, LLC Lazy A Ranch % Andrea Workman Mike Clark **Custom Meat Shop** Gardner Brothers Drilling Yardley Rock % David Grant Canyon Trail Rides - Laycee Johnson Sopo Properties L&H Electric Lonnie and Heidi Olsen % Calob Johnston Mountain View Animal Clinic - Bryce Blood Yardley Cattle Co Circle C Six # Brady & Marci Webster

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Dr. Ryan Workman Seth Davie * Superior Simmentals #

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Shirley Richardson
In Memory of McCabe Garfield
Desert Sky Sheep
Tom Marshall **DGS Services** Lytle ranch Iron County Farm Bureau Federation Cedar City Rotary Chasing The Sun LLC # RTM Desert Color LLC # Ouinn and Amanda Stubbs Boyd Badders Trucking Secure Storage Original Carter Cattle Meat % Shane Mathews %

\$500 +

Phillip Gardner Linda Reid Lance Reid CBK Livestock - Samuel Jones % HA farms - Coy Stowell %

A SPECIAL THANKS TO: SCHOLARSHIP DONATORS. ROCKY MOUNTAIN POWER, WESTERN AG CREDIT, AND LEAVITT GROUP FOR SPONSORING THE BUYERS DINNER. SAFARI PROPERTY MANAGEMENT FOR DONATING THE ROOMS FOR THE JUDGES. ALL THOSE THAT SUPPORTED THE SHOW IN WAY OF BOOSTS, BUCKLE AND BANNER SPONSORS AND DONATIONS TO THE SOUTHWEST LIVESTOCK SHOW BUYER'S FUND.

LAMBS

HOGS

STEERS

GOATS

Grand Champions



Lilly Yardley Milford, Utah See List #



Chloee Harris Cedar City, Utah Zion Plumbing & Mechanical



Reid Stubbs Cedar City, Utah See List %



Baylor Spencer Enoch, Utah Mike Yardley Farm & Dry Lakes Ranch Beef





Maddy Horton Cedar City, Utah Purchased by Leon's Alignment



Bronx Harris Cedar City, Utah Purchased by Car Works



Halie Horton Cedar City, Utah Cedar City Motor Company



Charley Barton
Paragonah, Utah
Leon's Alignment & IFA
See List *

Iron County Champions



Halie Horton Cedar City, Utah Milt's & Rusty's Steakhouses



Reagan Lambert
Parowan, Utah
Milt's & Rusty's Steakhouses



Kollins Jones
Cedar City, Utah
Milt's & Rusty's Steakhouses



Reid Stubbs Cedar City, Utah State Bank of Southern Utah

Searecrows, Witches and Skeletons Spotted on Spotted on Street,

WELCOME

to

PAROWAN

by John Byron Turner

Parowan

FOR IRON COUNTY TODAY

he surest sign that summer is behind us and the holiday season is on its way will be the first sighting of the scarecrows and miscel-

laneous other creatures perched on their hay bales, all along Main Street in downtown Parowan.

This colorful and humorous tradition began about ten years ago, thanks to Jet Smith, the current Parowan Events Planner and her husband Kevin. They were passing through Price, Utah on a road trip and noticed the scarecrows on hay bales along that Main Street. She brought the idea home and incorporated it into one of the many seasonal events that she is responsible for organizing here in Parowan.

The Smiths soon acquired 100 hay bales, distributed them along Main Street and invited the local citizens to decorate them for Halloween. Families and some local businesses diligently and creatively plan and assemble their creations in early October and they remain on display right up until Halloween. These days the bales are distributed with the help of the Department of Corrections so that the tradition can continue ahead of Fall Fest every year. On October 11th, the creepy collection is lined up and ready for the multitudes that come every year for the Saturday Fall Fest from 10 am to 4 pm, featuring booths, vendors, a car show and lots of family fun.

This year, the city is in the midst of a

see **SCARECROWS** » 22

calendar

THURS, OCT 9

FAMILY HISTORY CLASS (10AM) CEDAR CITY
Family Search Center 95 N 2125 W, Cedar City,
LIT. This class will be the second class teaching

UT. This class will be the second class teaching about Vital Records. The class will focus on Family Bibles, Church Records and Cemetery information. Come learn how to expand your researching skills using these helpful resources. Pam and Catherine are experienced teachers and professional Genealogists. Classe are about one hour and free!

"YOU CAN'T TAKE IT WITH YOU" (OCT. 9-11,

6:30PM) Mix-ups, arrests and fun occur with a Russian dance instructor, a duchess and federal agents as Parowan Community Theatre presents the comedy classic "You Can't Take It with You." Performances will take place at the Aladdin Theater, 27 N. Main St. in Parowan. The doors open at 6:30 p.m., and performances begin at 7.

SAT, OCT 11

ENOCH WILDLIFE RESCUE OPEN HOUSE

(10AM-5PM) Open House Holidays with the Birds located at 6337 N 650 E Enoch, UT 84720. Custom designed birdhouses, holiday gifts for donation, food from local vendors, free crafts for kids, wildlife shirts and raffles! Help support rescued wildlife!

PAROWN FALL FESTIVAL (10AM-4PM)

Located at Parowan Main Street. Enjoy a wonderful fall day with entertainment, craft vendors, games, food, a car show featuring all makes and models.

CHILDREN'S JUBILESS (12PM) ORCHESTRA OF Southern Utah presents The Soundtrack of Your

Southern Utah presents The Soundtrack of Your Imagination at the Heritage Center for a fun family afternoon for all ages, including babies!

MUSIC, ART AND SCIENCE ACTIVITIES

including a special concert designed for children. Admission is Pay as You Can. Canned food welcome for the SUU Hope Pantry

ANNUAL PUMPKIN FESTIVAL (10AM-3PM) @

Diamond Z Arena 11 S. Cross Hollow Dr. Cedar. Face Painting, Pumpkin Patch, Activities, Trick or Treating, Nail Painting, Cookies, Food, and much more! \$5 per person.

BIG TREE NURSERY FALL FESTIVAL

(11AM-4PM) @ 240 N 100 E Kanaarraville. Activities and food!

FAMILY HEALTH FAIR & FLU CLINIC

(9PM-12PM) Intermountain Cedar City Hospital will hold its annual Family Health Fair and Flu Clinic and is inviting the community to attend to enjoy multiple health resources and fun activities.

MON, OCT 13

CARS & CUSTARD CAR SHOW (6-8PM) AT

Culver's (1065 S Main St, Cedar City), admission is Free. Enjoy a night with classics (1981 or older), customs, hot rods, and exotics. Followed by a cruise down Main Street at 8:00 pm. For information or to enter a car call, Mike, at (909) 717-1232 or email him at ekimjacobs@gmail.com. *weather permitting

NATURE HILLS HARVEST FESTIVAL (8AM-11AM) 2277 W. Kittyhawk Drive.

TUES, OCT 14

Charlie Kirk Remembrance Day

CHARLIE'S PANCAKES AT THE PARK (5-7PM) @ Cedar City Main Street Park. Honoring Charlie Kirk on his birthday with his favorite breakfast!

Kirk on his birthday with his favorite breakfast! Donations welcome, not required. RSVP at IronCountyGOP.org/RSVP.

CRAFT NIGHT!!! (5:30-6:30PM) @ GREAT

Harvest Bakery in Cedar City! Every Tuesday. \$20-35 per person. Join me and an amazing group of creative people for a night full of crafting, laughter, and connection - hosted by Stellar Crafts. Space is limited, and trust me you don't want to miss this, so book your spot today. Its all Reserved ahead of time, no unreserved show up. Think: Great conversation, Hands-on crafting fun, Delicious food from Great Harvest Bakery and New Friendships waiting to happen. For more info go to Facebook.com/mystellarcrafts or Email stellarcrafts@gmail.com or Text (435) 572-0585.

SAM EVANS ON TRUMPT (7PM) @ OFF THE

Cuff – 913 S Main, Cedar City. Jazz Alliance of Cedar City – Featuring Sam Evans on Trumpet! This month we're thrilled to feature the incredible trumpet artistry of Sam Evans, bringing fire, soul, and swing to the bandstand. Free Desserts & Free Admission!

WED, OCT 15

HALLOWEEN ROLLER SKATE (6PM-7:30PM)

Iron County Fairgrounds in Parowan.

THURS, OCT 16

RELIGIOUS FREEDOM DISCUSSION (12PM) A

Discussion on Religious Freedom with Bill Duncan of the Sutherland Institute. The event, sponsored by the Michael O. Leavitt Center for Politics and Public Service, will be held on the SUU campus in the Church Auditorium of the Sharwan Smith Student Center.

FRI, OCT 17

THE JOHN MEAD DANCE COMPANY (8PM) AT the Heritage Center Theather! You will be

thrilled to experience Cedar City's first, homegrown professional dance company present its premiere performance of inventive, energetic, original choreography. Appropriate for all ages, the concert will present 3 new works, featuring the talented JMDC company dancers and guest performances by New York dance artist Ellen Kogan and dancers from the SUU Dance Department. The Artistic Director, John Mead is an internationally recognized choreographer with a long history of success in the field of dance. The John Mead Dance Company hopes to provide a professional pathway for aspiring, adult dancers in the local community. Mr. Mead and the dancers of JMDC cordially invite you to experience the premiere performance of Cedar City's own professional dance company!

FALL BIBLE CONFERNECE (OCT. 17-19) VALLEY

Bible Church in Enoch, Utah, announces its upcoming annual Fall Bible Conference to be held at the church on October 17-19. The theme of this year's Conference is "The Light Speaks" and will focus on discovering the Jesus of John's Gospel. This year's special speaker will be Dr. Greg Baker, who has served as the Pastor of Fellowship Bible Church (www.fbcliberty.com) in Liberty, Utah, since 2010. The second and third sessions will be held on Saturday, October 18th at 4:30 PM and 7 PM with a meal in-between. The two final sessions will be held at 10 AM and 11 AM on Sunday, October 19th.

VALLEY BIBLE CHURCH IS LOCATED AT 4780 N. Hwy 91 in Enoch. Call 435-586-0253 for more info or check out the church's website at www. vbcfamily.com.

SAT, OCT 18

HOLDING OUT HELP BENEFIT DINNER

(6-8:30PM) @ Courtyard Marriott | 1294 S Interstate Drive, Cedar City, UT 84720. Be Part of the Ripple Effect – Make a Difference in Our Community! Join us for a special evening of inspiration and impact at the: Holding Out HELP walks alongside individuals leaving polygamy—providing food, clothing, shelter, counseling, education, and job skills—helping people not only survive but thrive. Come be inspired by powerful stories of resilience and help create ripples of hope that grow into waves of change. Tickets are available now: https://holdingouthelp.org

THE JOHN MEAD DANCE COMPANY (8PM) AT

the Heritage Center Theather! You will be thrilled to experience Cedar City's first, homegrown professional dance company present its premiere performance of inventive, energetic, original choreography. Appropriate for all ages, the concert will present 3 new works, featuring the talented JMDC company dancers and guest performances by New York dance artist Ellen Kogan and dancers from the SUU Dance Department. The Artistic Director, John Mead is an internationally recognized choreographer with a long history of success in the field of dance. Mr. Mead and his wife moved to Cedar City two years ago and wish to bring value to

the Cedar City community through professional dance. The John Mead Dance Company hopes to provide a professional pathway for aspiring, adult dancers in the local community. Mr. Mead and the dancers of JMDC cordially invite you to experience the premiere performance of Cedar City's own professional dance company!

TUES, OCT 21

WORKSHOPS FOR ADULTS WITH DISABILITIES

(1-2PM) The Art of Making Music & Motion. Held at The LIGHTHOUSE Art & Learning Center (between Sweet Basil & Subway restaurants). Select Tuesdays, Nov 4th & 18th, Dec 2nd & 16th . Questions? Call Jill Spatafore 702-917-2151

CRAFT NIGHT!!! (5:30-6:30PM) @ GREAT

Harvest Bakery in Cedar City! Every Tuesday. \$20-35 per person. Join me and an amazing group of creative people for a night full of crafting, laughter, and connection - hosted by Stellar Crafts. Space is limited, and trust me you don't want to miss this, so book your spot today. Its all Reserved ahead of time, no unreserved show up. Think: Great conversation, Hands-on crafting fun, Delicious food from Great Harvest Bakery and New Friendships waiting to happen. For more info go to Facebook.com/mystellarcrafts or Email stellarcrafts@gmail.com or Text (435) 572-0585.

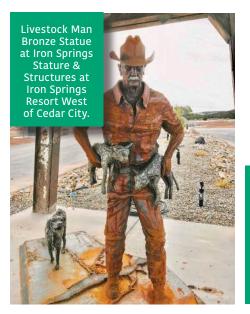
SAT, OCT 25

CEDAR CITY PRESCRIPTION DRUG TAKE BAKE

DAY (10AM-2PM) @ Cedar City Lin's Fresh Market.Will collect: Prescription medications, over the counter medications, liquids. Will not collect: Medical waste, syringes, intravenous solutions, and injectables. For more information visit www.southwestprevention.org

Want your event on our calendar?

There is no charge for calendar items. Your submissions can be made online at ironcountytoday.com, or emailed to news@ ironcountytoday.com or brought to 479 N 100 W, #1, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.



by May Hunter

FOR IRON COUNTY TODAY

Kanarraville Falls, a route through a narrow canyon with tree ladders and rope climbs to dramatic water cascades at 40 South Main, Kanarraville, Utah, has gained notoriety as a favorite destination for adventure seekers. This is a water hike that requires a bit of sure-footedness. The hike to the base

TAKE ME ON A ROAD TRIP IN AUTUMN



of the first waterfall is

short and easy. If you want a moderate challenge, climb the falls and continue up the canyon. Hiking the falls requires a permit. Visit **kanarraville.com** for details.

Iron Springs Statues and Structures is located at 3196 North Iron Springs Road. Your base camp for adventure. History comes alive at the Iron Springs Resort.

Native Americans used the area as hunting and gathering grounds, the historic Spanish Trail passes nearby, and the arrival of pioneers brought iron mining, shaping the history of the region. The original lodge was built in 1950 for the iron ore operation. There was even a laboratory used to test ore quality. Look for the Man Camps, Pump House, Water Tank, Crusher, Railroad Tracks, and Weigh Station. Don't forget to view five incredible bronze statues depicting: Native American, Father Escalante,

Ellen Johnson Nelson, Livestock Man, and Iron Miner. These amazing bronze statues were made by Jacob Dean. Visit **ironspringsutah.com** for details.

Nearby, **Three Peaks Recreation Area** offers many activities; mountain biking, hiking, disc golf, OHV and ATV riding, RC car driving, model airplane flying, camping, and horseback riding. With more than 6,000 acres of land to explore, there is something for every-

one. Visit **blm.gov** and search *Three Peaks* for details.

As the temperature cools, it's the best time for Southern Utah hiking:

- ✓ Thor's Hideout Trail (Thunderbird Gardens) – 3.2 miles
- ✓ Red Hollow Trail (Cedar Canyon) 3.3 miles
- ✓ Alex Canyon Trail (above Cedar City Golf Course) – 1 mile
- ✓ **C-Trail** (overlooking Cedar City and surrounding moun tains) – 7.3 miles
- ✓ Valentine Peak Trail (Parowan) – 6.5 miles
- ✓ Noah's Ark Trail 3 miles
- ✓ **Vermillion Castle Trail** 13 miles
- ✓ Parowan Gap Dinosaur Footprints – 0.4 miles

Visit **visitcedarcity.com** for Iron County trail info, or pick up a map at the Iron County Visitor Center, 581 North Main, Cedar City, Utah.

see **ROADTRIP IN AUTUMN** » 25

MOONLIT CANYON CREEK SERVICES MOONLIT CANYON MASQUERADE October 4th, 2025 Iron Springs Resort Tickets available now!

SCARECROWS

« CONTINUED FROM PAGE 20

year-long celebration of our country's 250th

anniversary. They are suggesting and emphasizing that participants in the hay bale decorating event should make as much use of patriotic colors as possible, so on

top of the primary fall colors that you can expect to see in the trees, prepare for an abundance of red, white and blue as well. This patriotic show of colors will go on in many different city events until July 4th, 2026, the 250th anniversary of these United States.

Mark Saturday, October 11th for a possible trip up Cedar Canyon to see the spectacular show of fall colors, continue through Brian Head, and down Parowan Canyon for an equally spectacular Fall Fest. You may need to slow down or park and walk along Main Street to see all the details and read all the clever messages on the hay bales. If this year, or in the future, you have a great idea for a hay bale display, contact Jet Smith for information at the Parowan Visitor's Center at (435) 477-8190.

So, if this collection of scarecrows, witches and skeletons doesn't bring a smile to your face,

you are most likely a curmudgeon and will likely be using the words "Bah Humbug" over the next couple of months while the rest of us are celebrating with friends and family.

Summer is over, the heat is gone, so enjoy all the upcoming holidays and pray for a little more snow this year!



calendar

<u>ONGOING OPPORTUNITIES</u>

GOVERNMENT

Brian Head Council

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Central Iron County Water Conservancy District Board Meetings

3rd Thurs., 6:30pm. 710 S. Westview Drive

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

Iron County Republican Women

3rd Wed, 11:30 am. Tickets \$20, https://www.ironcountyrepublicanwomen.com

Parowan City Council

2nd & 4th Thurs, 5:30 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Post 74

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Learn about Veteran benefits, opportunities, fellowship. Honor Guard provides military honors at Veterans funerals. Post Commander Tris Colman (805) 268-4287.

Bikers Against Child Abuse

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Rm)

Cedar Area Inter-Faith Alliance (CAIFA)

3rd Tues 10:30am @ Cedar Library, West room. Help us plan and organize fundraising projects and quarterly community events.

DAR – Bald Eagle Chapter

3rd Tues, 11:30 AM @ the Cedar City Brian Head Visitors Center.

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Lion's Club

Tues, 12 pm • Call Pres. Michelle Wilson for mtg. info. Everyone welcome! (802) 359-2183

Marine Corps League

Detachment 1315, 2nd Wed, 6:30 pm Elks Lodge (303 N 100 E)

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

Veterans of Foreign Wars (VFW)

1st Thurs, 6PM, Post 10846 meets @ Elks Lodge, 111 E 200 N.

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org. Helpline: John (702) 802-1332, Kara (702) 232-6829 KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Speaking From The Heart • M – Sa, Noon **Steps and Traditions •** M – Su, 7 am

Red Road to Sobriety • Mon, 6 pm Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

Misfits • M - F, 6 pm

Cedar Group • Tues, 8 pm

The Great Fact • T, F, Noon. True Life Center 2111 N. Main. (702) 802-1332 or (702) 533-7856

Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

Uncommon Sense • Sat, 10:00 am

My Story • Sat, 8 pm

Thank God Sunday Spiritual • Sun, 11 am What a Way to Start the Day • Su, W, F 7-8 am

Al-Anon

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Easy Does It • Tues, 6-7 pm • (435) 559-3333

Hope for Today (Family Groups) Thurs, 6 pm • (435) 559-3333

Key to Harmony (Online/Email Meeting) Sun & Tues 435-704-4979 • https://keytoharmony.org/

Alzheimer's/Dementia

Last Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn, access resources, connect. Virtual option available. Raven Albertson, 385.831.7124, utahprograms@alz.org.

ARP—Addiction Recovery

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan Sun 7:30 pm • 85 N 600 W, Cedar, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

Caregivers

3rd Thurs, 5:45-7 pm • Zion's Way Home Health, 369 N 100 W #1, Cedar. All levels of the caregiver's journey from pre-caregiving to bereavement and rebuilding welcome. INFO: Kat at 702-292-9911.

Embrace Grace

Unmarried, pregnant? You don't have to walk alone! Safe, judgment-free zone. Free baby stuff at a baby shower for you. Text or call 407-719-8595. Info under Resources tab @ Threshingfloor.life.

Grief Support Group

2nd Tues, 5 pm • Southern Utah Mortuary (190 N 300 W, Cedar). Safe, supportive for those who have lost loved ones. You are not alone. Free. INFO: 435-586-4040

Grief Support - Child Loss

1st Tues, 7 pm • Cedar Library (303 N 100 E). FREE for bereaved parent, sibling or grandparent. Includes any child loss (pre-birth, young, teen, adult). INFO: 435-327-1856

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, share perspectives on healing, recovery, Join: affiliate.rainn.org/helproom/canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org • (435) 635-9603 KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Basic Text Study • Mon, 8 pm Just for Today • Wed, 8 pm

It Works - How and Why • Thurs, 7:30-8:30 pm Live and Let Live • Fri, 8 pm

Candle Light Mtg • Sat, 9:30 pm (Sm rm) Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm • Mtg Hall, 1067 S Main, Cedar (877) 865-5890

Nicotine Anon (12-Step)

Fri 5 pm • KKCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

Porn Addiction Recovery

Men Only • Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • www. southernutahshare.com

Reel Mental Health

1st Tues, 6PM • Mountain View Lodge 625 W 200 S Parowan UT 84724 • A fun interactive support group focused on your mental health and well-being.

Senior Blind/Visually Impaired 3rd Thurs, 1:30 pm • Cedar City Library

Southern Utah Veterans Assoc.

1st Thurs, 7 pm • Westview Christian Center, 2624 W Hwy 56, Cedar. INFO: Chuck Waddell 907-252-1365.

Southwest Parkinson's Alliance 2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

Widows Ministry

2nd Sat, 11-1 pm • New Journey-Widow's Ministry @ Sonrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@ sonrisehurch.net, sonrisechurch.net.

CLASSES, CLUBS & ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center, 489 E 200 S
• 435-586-0832. FREE. Trained instructors.
Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Bingo & Lunch

"Fi, lunch @Noon, Bingo @3 pm. Free for Seniors @ Our House Assisted Living (995 S Regency Rd, Cedar). INFO: 435-867-0055.

Book Club

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

Cars & Custard

2nd Mon., 6-8 PM at Culver's Treasures Thrift Store is: 1093 S Main Street, Cedar City, UT. Classic Cars & Trucks, Customs, Your pride and joy. A free small Custard for each car entry, provided by Culver's! Contact Mike @ 909-717-1232 or ekimjacobs@ qmail.com for more info.

Cedar Breaks Model A/Vintage Car Club

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email cedarmodela@ omail.com.

Cedar Chest Quilters' Guild

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. cedarchestquiltersquild.org

Cedar City ESL

Wed, 6:30 - 7:30 pm • Free ESL lessons offered at Cedar Library, Rare Book Room (303 N 100 E). No pre-registration required.

Cedar City Toastmasters

Thurs, 7 am • Cedar City Visitor Center, 581 North

Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

Cedar City Unitarian Universalists 2nd Sun.,11:00am @ 1280 E Midvalley Rd. Leave a message at 435 590-0596 if interested.

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit www.cedarprofessionals.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

Cedar City Community Band

We offer a wealth of opportunities for individuals of all ages and skill levels to get involved and experience the joy of ensemble music-making. Contact us at www.cedarcitycommunityband.org or by calling 435-590-2513.

Explorer Bible Club

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

International Folk Dancing

Fri, 1-2 pm • Cedar Senior Center (489 E 200 S) FREE; No Partner Needed; teaching! INFO: 626-808-6129

Iron County Moms For America

4th Thurs, 7pm at 2321 W Cove View Dr, Cedar City. Join a growing number of women throughout the nation to strengthen and preserve liberty. INFO: Kami Merrill 435-592-4152 or email: ironcountymoms4america@amail.com

Iron County Democrats

Come meet with an exciting and welcoming group committed to improving our world. Monthly meetings and annual convention. For more information find us at FaceBook-Iron County Utah Democrats, or call Mike Keil at (435)840-4712.

Friends of Festival Country K9s

offers Dog Training classes and therapy dogs for libraries, schools, and more. We also have events like animal adoptions and microchip clinics. Call Gail Workman at 435-592-5487 for

Labyrinth Walk

Last Saturday, 12:00-2:00. St. Jude's Episcopal Church (70 N 200 W, 1 block north of W University Blvd). No Charge. Please join us in a sacred, calm environment for walking prayer on the largest indoor labyrinth in the state of Utah. No experience required, facilitators are

Local Cub Scout Pack (K-5th).

Wednesday @ 6 p.m. For more information, go to myscouting.org or contact local Cubmaster Tristin L. at CubScoutTroop1848UT@gmail.com

Parowan Pickleball

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and signup: Season: October 21 to July 25. Parowan Rec, 35 E 100 N, Parowan, UT 84761. 435-600-1597.

PB&J Therapy Groups

These two groups teach skills for different areas of life by utilizing recreational activities and engaging in other forms of expressing emotions. INFO: 435-267-4212.

College: forms.gle/SmGytgCfvQ1tS2pB7 Adolescent: forms.gle/BZiepPW63pR6Zd8k9

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals.

Learn to cut and polish and make jewelry. southernutahrockclub.org

Sagebrush Fiber Artisans Guild

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

Senior Yoga Classes

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Sewing Group

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

Tai Chi For Health

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required

TOPS-Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

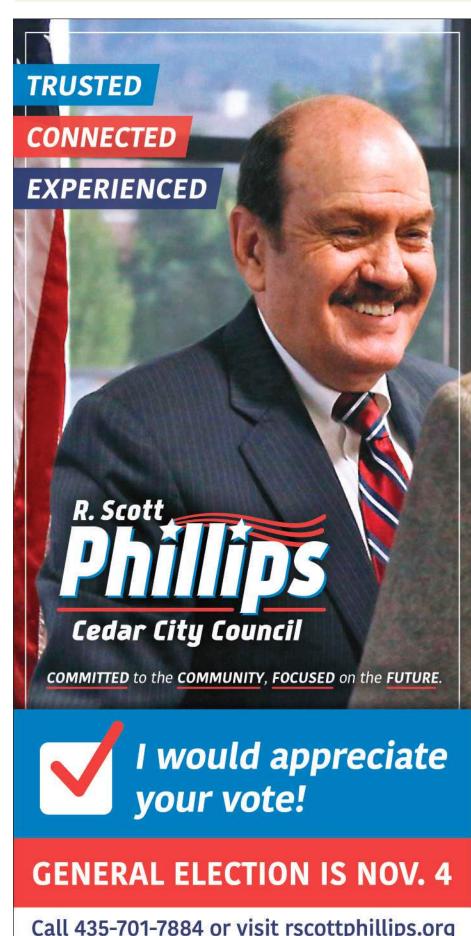
583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/ upcoming-classes

Wellness Wednesdays

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PW: health, Info: Kristi Sharp (435) 986-2564, ksharp@ swuhealth.org

Youth Group

Wed, 6:30-8 pm • Ages 12-18. Meal, games & Bible Study. @ Sonrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisehurch.net. sonrisechurch.net.



faith

Valley Bible Church Announces Its Fall Bible Conference



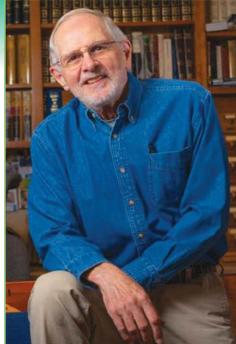
GREG BAKER

by Tom Jeffcott

FOR IRON COUNTY TODAY

Valley Bible Church in Enoch, Utah, announces its upcoming annual Fall Bible Conference to be held at the church on October 17-19. The theme of this year's Conference is "The Light Speaks" and will focus on discovering the Jesus of John's Gospel.

Each session of the Conference will trace a defining theme of Jesus' identity – Word, Light, Creator, Sent-One, God-man, and Revealer. We



will discover a Jesus Who speaks life, illuminates hearts, and sends His people to reflect His glory.

This year's special speaker will be Dr. Greg Baker, who has served as the Pastor of Fellowship Bible Church (www.fbcliberty.com) in Liberty, Utah, since 2010. He and his wife Danielle have five children, and they love Utah. Not only do they enjoy all things outdoors, but they are passionate about sharing the gospel of Jesus Christ with believers and unbelievers alike.

The five conference sessions will be held beginning with a Meet and Greet at 6 PM on Friday, October 17th followed by the service starting at 7 PM. The second and third sessions will be held on Saturday, October 18th at 4:30 PM and 7 PM with a meal in-between. The two final sessions will be held at 10 AM and 11 AM on Sunday,

VERSE OF THE WEEK

PHILIPPIANS 4:13

I can do all things through Christ which strengthens me.

October 19th.

Valley Bible Church is located at 4780 N. Hwy 91 in Enoch. Call 435–586–0253 for more info or check out the church's website at www.vbcfamily.com.

ROADTRIP IN AUTUMN

« CONTINUED FROM PAGE 22

Head in any direction in Southern Utah and you'll

find lakes and reservoirs for fishing or water sports. Fishing areas include: Navajo Lake, Panguitch Lake, Lake on the Hill, Yankee Meadows, Duck Creek Pond, Red Creek Reservoir, New Castle Reservoir, Enterprise Reservoir, Bristlecone Pond (Brian Head), and Otter Creek Reservoir. You can fly fish year-round, though March through October is more productive with longer windows of opportunity. Trout thrive in cooler water, typically 50–68 degrees, making autumn one of the best times to catch them. Visit **takemefishing. org** for details.

Being outside reduces stress, increases brain function, and makes us happier. **GET OUTSIDE** and find yourself, it's what

makes these places wonderful.

"The biggest adventure you can ever take is to live the life of your dreams." - Oprah Winfrey



obituaries

Elna Stubbs



Elna Halterman Stubbs was born April 1, 1929 in Parowan, Utah, the second of five children of Arvilla Dalton and Clifton Halterman. Her parents instilled in her honesty, a powerful work ethic, gratitude for all she had, and a tender heart for that one person who needed a friend.

She graduated from Parowan High School and received a music scholarship to attend Branch Agricultural College (BAC), now SUU. She recalls such fun times during her college experience as she was involved in social events, orchestra and choir. She was a straight A student—as smart and sweet as she was beautiful.

Elna was very talented musically. She attributes her early love for music to her 3rd grade teacher, Doris Tobler, who taught her class to sing harmony. Elna sang in a trio for 20 years with two of her lifetime friends, Ramona Stubbs and Shirley Evans, with Itha Mortensen as accompanist. They had a wonderful time practicing and performing at wedding receptions, funerals, and community events. They even cut a record which was played on the local radio station. Elna also brought comfort to countless families who requested her to play a violin solo at their loved one's funeral services.

Elna and Howard Stubbs became acquainted in high school. He impressed her by waiting after school to walk her home and carry her violin case. They remained friends while he spent time in Japan after the occupation, then upon his return the spark was ignited. They dated and were married, on June 12, 1948. They were sealed to each other and their four children, Cheryl, Craig, Jolene, and Janeal, in the St. George Temple on February 6, 1965.

Elna was committed to her church, serving as ward Relief Society President, Stake Relief Society Counselor, Singing Mother's chorister, Primary and Mutual chorister, and a devoted visiting teacher for 50 years. Being a part of the Parowan Literary Club for 16 years was also a very rewarding part of her life. She developed close relationships with people of all ages as she served in her church and community. She always said that her mother's and grandmother's friends became some of her best friends.

She was a gifted seamstress. She sewed most of her daughter's clothes, including prom and wedding dresses. Her valuable sewing talent launched her into her own business career, making beautiful draperies, which she steadfastly pursued for 40 years. She also loved to crochet and quilt. She won many grand champion ribbons at the Iron County Fair for her handwork. She admits that she did have to re-do many stitches while watching Jazz games when John Stockton and Karl Malone were playing.

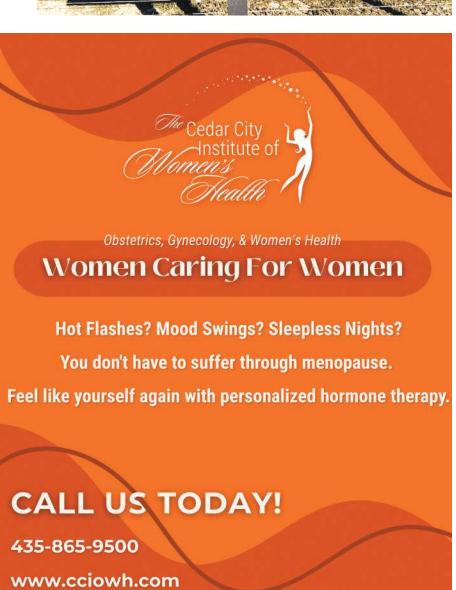
Howard and Elna loved what they called their little "Island in the Sky" at Dry Lakes. Many years of enjoyment were spent driving to their trailer which they parked there every summer. They roamed the hills, enjoying beautiful wildflowers and watching the deer. Their family has many fond memories of outings in the mountains with Grandma and Grandpa, especially in the fall --Grandma cooking a tasty dinner in the trailer while Grandpa chopped and loaded wood onto the truck. She always enjoyed spending time with her children and grandchildren, leaving endearing memories.

On October 1, 2025, Elna passed away peacefully, attended by the family she loved, and who deeply loved her.

Elna is survived by her children, Cheryl Lynn (Blaine) Johnson, Jolene (Eugene) Dalley, Janeal (Marvin) Magalei; 13 grandchildren, 31 great grandchildren, 1 great-great grandchild. She was preceded in death by husband, Howard LeFevre Stubbs; parents, Arvilla Dalton and Clifton Halterman; sisters, Aleen Orton, Merna Mitchell; brothers, Dee Halterman, Merrell Halterman; son, Craig Stubbs; grandson, Seth Johnson.

The family would like to thank Three Peaks Care Center and Zion's Way Hospice for the kindness and compassion they showed our mother and grandmother during the time she was in their care.

A viewing will be held on Saturday, October 11, 2025 in the Relief Society room at the LDS chapel in Parowan, Utah (59 S 100 W) from 9:30-10:30 AM. Funeral services will follow in the chapel at 11:00 AM. To view the livestream of the service and share condolences, please visit www.mortuary.org.



110 W. 1325 N. Suite 300, Cedar City, UT 84721

obituaries

Michelle Rae Kail



Michelle Rae Kail passed away peacefully in the early morning hours of Sunday, September 7, 2025. She was 79 years old.

Born November 17, 1945, in Cedar City, Utah, Michelle was the daughter of Raymond H. and Zola (Rosenberg) Duerksen. The family moved to Lander, Wyoming in the summer of 1962 just before Michelle's junior year of high school. There, she quickly made lifelong

friends who remained some of her dearest companions throughout her life.

She graduated from Fremont County Vocational High School in 1964, and in 1966, she married the love of her life, James "Dan" Kail. Together they shared 55 years of marriage, raising two daughters while navigating adventures—from married-student housing at the University of Wyoming to a family move to Elko, Nevada in 1975, and eventually back to Lander in 2013.

Michelle was a devoted wife, mother, and homemaker. She had an eye for detail—her home was always immaculate, her hair perfectly styled, and her outfits color-coordinated to a tee. Friends and family alike teased (and admired) her for her sense of style and her insistence that things be "just so."

Life for Michelle was best when shared with others. She ran the Junior Bowling League with her best friend, bowled in ladies' leagues, and enjoyed countless rounds of golf on "ladies' day" and at tournaments with friends and her daughters. She cherished long lunches, cocktail hours, road trips, and the kind of easy laughter that comes with decades of friendship. After returning "home" to Lander, she slipped seamlessly back into her circle of friends and family.

Michelle cherished her close-knit family and valued spending holidays together, each one creating new memories and stories that grew funnier each time they were retold.

Michelle was preceded in death by her husband, James D. "Dan" Kail; her brother, Kenneth B. Duerksen; and her parents, Raymond H. and Zola (Rosenberg) Duerksen. She is survived by her daughters, Danielle M. Boggis (Lander) and Brittani R. Kail (Dustin Springston, Lander); her grandson, David J. Boggis (Lander); her sister, Coy Cummings (Terry, Nevada); and several nieces and a nephew.

Her family takes comfort in knowing she is reunited with Dan, her brother, and her parents—no doubt catching up over coffee, laughter, and maybe a round of golf.

In lieu of flowers, the family welcomes donations in Michelle's memory to Anam Cara Giving, 909 Fremont St., Lander, WY 82520.

Michael Jay Lopour



Michael Jay Lopour was born on May 16, 1968, in Mitchell, South Dakota, to Joseph J. and Brenda Lopour. The youngest of four sons, Mike grew up surrounded by family and sports, two passions that shaped his life.

At age four, his family relocated to Cedar City, Utah, where Mike attended East Elementary School and graduated from Cedar High School. An athlete from the start, he played little league football and baseball, and at Cedar High he lettered in football and wrestling. His athletic journey continued into college at Dixie Junior College and Southern Utah State College (now Southern Utah University), where he played football, wrestled, and competed in track and field as a hammer thrower. Mike earned a Bachelor of Arts degree in Health and Physical Education from SUSC.

On September 16, 1995, Mike married Adria Goodsell, and together they welcomed three beautiful daughters: Samantha Catherine, Alexandria Lea, and Danielle Joe. His daughters were truly the light of his life, and he took immense pride in their accomplishments. The family made their home in Colorado Springs, Colorado, where Mike devoted his career to teaching and coaching at local high schools. During this time, he also earned a master's degree from the University of Phoenix.

Mike was preceded in death by his mother, Brenda, and his oldest brother, Rock. He is survived by his father, Joe; brothers Dirk and Dave; and his three cherished daughters, Sammie, Alex, and Dani. He will also be deeply missed by many aunts, uncles, cousins, in-laws, nieces, nephews, and countless friends.

A viewing will be held on Wednesday, October 1, 2025 from 6-8pm at Southern Utah Mortuary (190 N. 300 W, Cedar City, UT). Mike will be laid to rest at the National Bohemian Cemetery in Gregory, South Dakota. To share online condolences, please visit www.mortuary.org.

Oscar Ronald Adams



Oscar Ronald Adams "Ron's" remarkable life came to a peaceful end the morning of Wednesday, October 1, 2025 at home surrounded by his family.

Oscar Ronald "Ron" Adams was born on April 9, 1940, in Cedar City, Utah, to Bill and Arvilla Adams. From a young age, Ron carried with him a deep sense of duty, faith, and devotion to family. He graduated from Cedar High School in 1958 and went on to attend the College of Southern Utah, earning his degree in 1961. He then continued his education at Brigham Young University, where he not only earned his degree in 1963 but also became a lifelong fan of the Cougars, proudly cheering them on for the rest of his life.

On July 22, 1960, Ron married his eternal companion, Lolene McAllister, in the St. George Utah Temple. Their love story spanned more than six decades, filled with joy, trials, and countless memories. Together they raised three children—Debbie Pimm (Dave), Danny Adams (Trixie), and Nanette Prisbrey (Bruce).

Ron trained at Williams Air Force Base and graduated in 1964. He honorably served his country as a pilot in the United States Air Force during the Vietnam War. His courage and skill in the cockpit reflected his character: steady, dependable, and fearless. He was awarded the silver star for gallantry in connection with military operations.

Following his military service, he went on to a distinguished career as a pilot for American Airlines, where he safely guided passengers across the skies for many years. His dedication and professionalism earned the respect of colleagues and passengers

alike.

A devoted member of The Church of Jesus Christ of Latter-day Saints, Ron gave his heart to serving others. He served faithfully as a bishop and later in the stake presidency, where his counsel and compassion blessed countless lives.

In the early 2000s, Ron and Lolene were called to serve a mission in Fiji. Their time there was a cherished chapter of their lives. It was during this mission that they met Chandresh Narayan, who became like a son to them and remained a beloved part of their eternal family. Ron was instrumental in preparing for the dedication of the Suva Temple and helping President Hinckley's plane land for the private temple dedication.

Ron's greatest joy came from his family. He and Lolene were blessed with three children, seven grandchildren, and fifteen great-grandchildren. He was also a loyal brother to Gayle and Uldene and was preceded in death by his brother Gary. Known affectionately as Ron or Ronnie, he was the heart of his family, offering quiet strength, laughter, and unconditional love. His favorite place on earth was the Family property on Cedar Mountain, where he found peace and joy surrounded by his loved ones.

Ron Adams will be remembered for his unwavering faith, his deep devotion to God and country, and his steady example of discipleship. He taught his family by word and deed to trust in the Lord, to serve faithfully, and to love unconditionally. His influence will continue to guide his posterity and all who knew him.

"Well done, thou good and faithful servant... enter thou into the joy of thy lord." – Matthew 25:21

The family would like to express gratitude to Ethan Bunker for his kindness and loving care in taking care of Ron.

Funeral services for Ron will be held on Monday October 6, 2025 at 11:00 am at the Hillcrest Ward (1925 W. 320 S., Cedar City, UT). Viewings will be held on Sunday, October 5, 2025 from 6-8 pm at Southern Utah Mortuary (190 N. 300 W., Cedar City, UT) and prior to the service on Monday from 9:30-10:45 am. Interment will be at the Cedar City Cemetery, under the direction of Southern Utah Mortuary. To view a livestream of the service and share online condolences, please visit www.mortuary.org.





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schools

IRON COUNTY SCHOOL DISTRICT NEWS NUGGETS

by Colby Leavitt

FOR IRON COUNTY TODAY

South Elementary

The 4th grade students from South Elementary recently took a field trip to Fremont Indian State Park, where they had the opportunity to learn about the history and culture of the Native American peoples who once lived in the area. Students explored ancient rock art, artifacts, and even got hands-on with activities that helped bring history to life. It was a fun and educational day that deepened their understanding of Utah's past and the people who shaped it.



Cedar High School Thr

Cedar High School would like to give a Big Shoutout to the CHS Class of 1961 for their generous donation. Each year a monetary award is given to the Student Choice Favorite Teacher of the Year.

The recipients are:

2021-2022: Travis Wood

2022-2023: McKayla Plewe

2023-2024: Lindsay Winslow

2024-2025: Johnathan Chidester

Unified Sports is in full swing and hosted the Region Soccer Tournament.

Football team is undefeated this year.

CHS Tennis Doubles teams took Region.

Studio Reds Fall Play "Peter and the Star Catcher" begins October 9.

For a full list of activities, please visit the school website.

Canyon View Middle School

6th Grade Science students at CVMS have been busy learning in creative ways. They explored atoms and molecules by constructing molecular models using marshmallows and spaghetti. The exercise reinforced their understanding of atomic composition and molecular structure in an engaging format. Students also participated in a density field trip where they acted as particles, moving to different areas around the school. By comparing how many "particles" (students) fit into each space, they explored how mass, volume, and density relate to one another.

Iron Springs Elementary

Iron Springs Elementary Grands Breakfast was held this past week in conjunction with SEP Week. Our school was filled with excitement as students enjoyed breakfast and the Book Fair with those who are grand in their lives.

Three Peaks Elementary

Three Peaks Elementary would like to thank our counselor, Mrs. Liesl Arnell, for spearheading the "Kindness Wall" project for our school. This project is made possible through a state grant and Weber State University. The hope is that by spreading positive messages in the school community, students will learn how to share those positive vibes online. Using Chromebooks, students can access the app and share uplifting thoughts, compliments and encouragement, once approved. These kind messages are shared on screens set up in the lobby and the lunchroom and help create an environment of inclusion and support. We would also like to thank district technology and maintenance for helping us get things set up.

Gateway Academy

from Joni O'Hanlon

GATEWAY ACADEMY

Students from Gateway Preparatory Academy proudly represented their school at the recent Hope Squad Conference held in St. George. The event brought together Hope Squad members from across the region, offering a powerful opportunity for students to connect, collaborate, and grow as mental health advocates in their schools and communities.

Throughout the day, Gateway students engaged in workshops and activities that emphasized leadership, peer support, and suicide prevention. One of the highlights of the conference was the chance to interact with Hope Squad members from other schools, exchanging ideas and building a strong network of youth committed to creating a culture of kindness and inclusion.

The keynote speaker for the event was actor and musician Kirby Heyborne, who delivered an inspiring message on the importance of sharing kindness. With a blend of humor, sincerity, and musical talent, Heyborne captivated the audience, performing a few of his original songs and encouraging students to lead with compassion in their daily lives.

Gateway Preparatory Academy is proud of its students for their enthusiastic participation and continued dedication to the Hope Squad mission. Their presence at the conference was a reflection of the school's commitment to student wellness, peer support, and the power of positive connection.





sports

SCORES + RECAPS FROM IRON COUNTY COMPETITION

Reds turn up pressure, beat Falcons in rivalry game

by Tom Zulewski

IRON COUNTY TODAY

For the second straight week, the

Cedar Reds faced a familiar opponent who provided more than enough of a challenge to keep the defense on its toes. The Canyon View Falcons were moving the ball in the fourth quarter and closing in on the end zone. Facing a fourth-and-goal, a Ryder Miller pass was tipped in the air near the goal line by Madden Persons. When it came down in the hands of Junior Togiai-Bloomfield, he knew what to do as Cedar stayed perfect on the season. Togiai-Bloomfield returned Miller's deflected pass 97 yards early in the fourth quarter for what proved to be the game-clinching touchdown as the Reds beat the Falcons, 35-14, on Oct. 3 before a big crowd at Eccles Coliseum. Cedar kept the rivalry pick-axe trophy on the south side of town for the third straight year and improved to 8-0 overall, 4-0 in 3A South.

"We told our kids at halftime, 'you can't flinch," Cedar head coach Tye Hiatt said.

"The worst thing that could happen is we start to over-analyze and whatever else. I was proud of our kids for making that play."

CV suffered their third loss in the last four games and fell to 4-4, 1-3 in 3A South. The Falcons scored two touchdowns in the second quarter and came through with an interception on the final play of the first half as they pulled even at 14-14. After a personal foul penalty forced Canyon View to kick off from their own 25-yard line to start the second half, Slade Parsons took the kick and returned it 61 yards to the Falcons' 19. Four plays later, quarterback Everett Kelling found Dylan Crowley on a 10-yard touchdown pass as Cedar took the lead for good at 21-14 with 9:49 to

Canyon View
quarterback **Ryder Miller**crosses the goal line on a
14-yard touchdown run in the
second quarter of the Falcons'
game against the Cedar Reds on
Oct. 3.

(Cavett Ishihara/For Iron County Today)

play
in the third
quarter.

Later in the period, Cedar
drove 85 yards in four
plays and Gavin DeMille
found the end zone on a 17-yard
run to push the lead to 28-14.

Kelling contributed the big play with

run to push the lead to 28-14. Kelling contributed the big play with a 50-yard run that put the Reds in the red zone at the CV 12.

The Falcons started the next drive from

their own 23-yard line and had the ball for more than six and a half minutes. In the space of 15 plays, they would come away with no points after Togiai-Bloomfield's interception. "He's a linebacker, so he doesn't need to be in great shape. Usually he only runs around five

runs around five to 10 yards, anyway,"

Canyon View Canyon
View's **Preston Higgins**tackles Cedar's **Dylan Crowley** (4) during the
Falcons' game against the Reds
on Oct. 3 at Eccles Coliseum.

anyway,"
Kelling
joked of his
teammate's
length-ofthe-field

(Cavett Ishihara/For Iron County Today)

see **REDS** » 29

touchdown



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REDS

« CONTINUED FROM PAGE 28

run.

With a perfect regular season only two wins away, Kelling took note of what it all means to the Reds.

"You can see all the growth that's happened with the senior class

through these last four years," he said. "We've put in plenty of work, plenty of time, We had all the pain in the last three years and now it's starting to pay off"

Cedar took advantage when Maddox Harris picked off a Miller pass on the game's opening possession at the CV 17. From there, Braxton DeMille scored on a 5-yard touchdown and a 7-0 lead. A poor punt by the Falcons on their next possession allowed Kelling and the Reds to pad the lead.

Starting from their own 47, Kelling would hit Parsons with two passes, the second one covering 32 yards for another score

Cedar's

Gavin DeMille

reaches the end zone
after scoring on a 17-yard
touchdown in the third
quarter against Canyon View
on Oct. 3.

(Eric Fieldsted/For Iron County Today)

nine straight runs, Miller threw a 17-yard touchdown pass to a wide-open Brock Neighbors on the first play of the second quarter to cut the Cedar lead in half.

and a 14-0 advantage.

Canyon View used a 10-play,

76-yard drive to get on the

board for the first time. After

Miller's legs would help CV tie the game on its next possession, finishing off an eight-play, 75-yard drive with a 14-yard touchdown that tied the score at 14-14 midway through the period.

Cedar will be facing one of its tougher tests in this week's game at Juab on Friday for a 7 p.m. kickoff. The Wasps went on the road and beat Richfield, 35-31 in last week's game.

Canyon View will travel to face the Wildcats in their game for this week, also starting at 7.



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{EST. 2006}



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Former Flippin' Bird, Nurse, and American Ninja Warrior: Madyson Blake Howard Honored as SUU's Young Alumnus Award Winner

by Regan Hunsaker
FOR IRON COUNTY TODAY

CEDAR CITY, Utah — From the gymnastics floor of the America First Event Center to working the floor as a

nurse at St. George Regional Hospital and the stage of American Ninja Warrior, Madyson Blake Howard has built a life defined by resilience, discipline, and passion. This homecoming week, the Southern Utah



University Alumni Association will recognize her with the Young Alumnus Award, celebrating her remarkable journey since graduating from SUU.

For Howard, her time as a member of the Flippin' Birds gymnastics team was nothing short of transformative. Coming to Southern Utah as one of only a handful of Level 10 gymnasts from Idaho Falls, she quickly found herself thriving in a program where belief from head coach Scotty Bauman and the support of her teammates shaped her confidence and character. "Being part of the Flippin' Birds changed the trajectory of my life," Howard said. "It was the first time I had been on a team that felt

like a family. Competing under pressure, balancing school and training, and being surrounded by strong, disciplined women pushed me to grow in every aspect of my life."

That foundation would prove invaluable when Howard pursued a career in nursing. She spent five years in the ICU, including the grueling days of the COVID-19 pandemic, and now works in the infusion clinic where she continues to care for patients on a daily basis.

"In gymnastics, I learned how to perform well under pressure," she reflected. "That ability to slow down, focus, and take things one step at



ICU patients and



their families or building ongoing relationships in the infusion clinic, Howard finds inspiration in the strength of those she serves.

Even while excelling in nursing, Howard found a new passion in American Ninja Warrior, where she has competed multiple times and reached the buzzer three times. The transition from collegiate gymnastics to the ninja course felt natural.

"I attribute all of my mindset for Ninja Warrior to what I learned as a gymnast and during my time at SUU," she said. "On the show, the stakes feel lower than college gymnastics. It's just fun, I can swing, fly, and tackle obstacles one at a time. Bars was always my favorite event growing up, and now I get to relive that joy in a different way."

Beyond her professional and athletic accomplishments, Howard's proudest role is being a mother to her four-year-old son, who already loves tackling ninja obstacles alongside her. She hopes to pass on the values of hard work, determination, and living an active lifestyle.

"My family means everything to me,"
she said. "I hope my son sees that you
can be an amazing parent while also
keeping yourself healthy and pursuing
passions that push you to be better."
Receiving the Young Alumnus Award from
SUU holds special meaning for Howard.
"I am very honored," she said. "So much of
my life's trajectory came from my time at
SUU. To go back and be recognized this way
really means a lot to me."

Her

A rebound season worth remembering



or most of the last 20 years that I've lived in this part of our world, I've seen the Cedar Reds have some good football seasons, others not so much. For 2025, this Cedar team has pushed itself to the edge of something pretty spectacular in anyone's book.

After a big win over Canyon View on Oct. 3, Cedar improved to 8-0. In all of its long history, eight straight wins to begin a season has only happened twice before at Cedar High, most recently in 1980. During that year, the Redmen (which is what they were known as at the time) had most of its success on the defensive side of the ball – a complete polar opposite of what's happening 45 years later.

In 1980, the Reds scored more than 19 points in a game once and completed its perfect regular season with wins of 7-6 and 7-0 over Springville and Payson, respectively. In the greatest of all ironic twists, Cedar lost in the opening round to Cyprus by the score of...you guessed it, 7-6.

It was clearly a rough way to end a pretty special season. The 2025 Cedar team feels different, and offense has carried the day. Through last week's win, Cedar has averaged nearly 44 points a game and given up less than 20 (19.8).

As they headed into this week's showdown at Juab, the Reds weren't quite ready to talk about or put into perspective what all this winning has done to the team. With a healthy quarterback in senior Everett Kelling leading the charge, confidence has grown through every challenge.

While an 8-0 start may be nice, it won't matter in the long run until you're holding up the championship trophy when the 3A title game is played Nov. 15 at Zions Bank Stadium in Herriman. That's part of why this game against the Wasps is going to mean so much more than any other in a long, long time.

As we close in on the 2025 playoffs, Cedar is comfortably on top of the RPI rankings while Juab is third at 7-1 overall. Manti handed the Wasps its only loss of the season – 52-19 in Week 4 – and Juab has four of its wins by 8 points or less, including a 35-31 win over Richfield last week.

Bottom line here: Despite all of its success right now, Cedar hasn't been anywhere close to winning, let alone playing for, a state title.

Two of my favorite contrasting seasons of Cedar football came in 2010 and 2011. In 2010, the Redmen/Reds started the year 5-0, lost in two overtimes to Snow Canyon, then won the final four games to finish 9-1. In the first round of the playoffs, Cedar saw its season end at home against Judge Memorial. The Bulldogs wiped out a 21-7 lead and rallied for a 24-21 win.

The following year, Cedar started 0-4, finished the regular season at 4-5, beat Judge and Delta in the playoffs on the road to reach the semifinals, then lost a 23-21 thriller at the old Hansen Stadium to Desert Hills. It's been their deepest run since I started working here, but if the cards fall right, this year's run could end up with a big trophy.

The top three in the 3A final rankings earn an opening-round bye for the playoffs, and Cedar's potential second-round game could be really interesting. Right now, Canyon View is the No. 8 seed and they would stay home to host Ogden in the opening round Oct. 24.

As long as they win that matchup, they would face Cedar again, probably at Eccles Coliseum. Before any of that can come to life, CV would have to win one of its final two games, and both are on the road at Richfield and Manti.

Knowing how the RPI math works, nothing is guaranteed to come to pass until the computer has the final say.

In the meantime, sit back and let everything play out. There aren't many one-game-at-a-time moments left.

Contact Tom Zulewski at tominator19@yahoo.com.

TOM'S SPORTS TRIVIA

And now, we have liftoff on another dozen sporting trivia questions for your guessing enjoyment. This week's collection is a grab bag of challenging stuff that won't break your brain – at least that's the intended goal here. Have fun, embrace the chaos, and please remember...no wagering!

- 1. What San Diego Padres player made Chicago Cubs pitcher Shota imanaga pay for pitching to him that led to a 2-run homer in the fifth inning of Game 2 in the NL Wild Card series on Oct. 1?
- 2. Corner Canyon grad Jaxson Dart came through in his first NFL start Sept. 28, rushing for a touchdown as the NY Giants earned their first win of 2025. What AFC West team did the Giants beat?
- 3. Winner of the NBA title in 2024 with the Boston Celtics, what Western Conference team signed Al Horford as a free agent last week? Horford called signing with this team "a great opportunity to compete and to win at a high level."
- 4. With its new name officially in place, who did the Utah Mammoth open the 2025-26 regular season against with a road game Oct. 9?
- 5. What two NASCAR Cup drivers one retired, the other still competing – are tied for the most Cup race wins at Las Vegas Motor Speedway with four each?
- 6. They didn't set a record, but the Detroit Tigers came close to leaving the most runners on base in a playoff game in MLB history, stranding 15 during Game 2 of its AL Wild Card series against the Cleveland Guardians on Oct. 1. What AL West team holds the mark with 16 LOB in Game 2 of the 2009 ALCS?
- 7. True or False: After eliminating the Indiana Fever in the WNBA semifinals, the Las Vegas Aces were looking for its third title in the last four seasons when it faced the New York Liberty in the Finals that started Oct. 5.
- 8. Since the best-of-3 Wild Card round was implemented in 2022, 10 of the previous 12 series have ended in two-game sweeps. Which NL team was the only one to finish a sweep in this year's Wild Card round when it defeated the Cincinnati Reds?
- 9. After Week 4, what two NFL teams are still undefeated at 4-0?
- **10.** After Week 4, name any of the three NFL teams that are winless at 0-4.
- 11. Who scored the winning run all the way from first base after Austin Wells singled

- in the bottom of the 8th inning to lift the New York Yankees to a 4-3 win in Game 2 of the AL Wild Card over the Boston Red Sox?
- 12. After the team waived him Sept. 17, former Utah Mammoth goalie Connor Ingram was acquired by what Western Conference team that's been the Stanley Cup runner-up the last two seasons?

LAST WEEK'S ANSWERS

- 1. Sister Jean was 99 years old when the Ramblers made its run to the 2018 Final Four.
- 2. True. Chase Briscoe won at Darlington, Denny Hamlin won at Gateway, Christopher Bell won at Bristol and Ryan Blaney won at New Hampshire. All four drivers are still alive in the NASCAR Cup Playoffs.
- 3. Cal Raleigh, Kyle Schwarber, Shohei Ohtani and Aaron Judge. Raleigh finished with 60 home runs, Schwarber hit 56, Ohtani had 55 and Judge hit 53.
- 4. Seven. No other team had more than 5 sacks in Week 3.
- 5. Luke Donald.
- 6. Automated Balls and Strikes.
- 7. The Cougars landed at No. 25. Heading into this week's showdown with Utah, BYU moved up to No. 23, while the Utes are still outside the rankings.
- 8. Philadelphia Eagles. Jordan Davis ran back the blocked field goal on the final play to seal the win over the L.A. Rams.
- 9. True. The Rockies finished the 2025 season with a run differential of minus-424 and a record that may last for a long time. The 1932 Boston Red Sox rank second with minus-345.
- 10. Mike Gundy.
- 11. Minnesota Vikings.
- 12. Phoenix Mercury. The Mercury went on to eliminate the Lynx in Game 4 of its semifinal series and was set to face the winner of the series between the Indiana Fever and Las Vegas Aces.



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FORMER FLIPPIN' BIRD

« CONTINUED FROM PAGE 30

advice for today's student-athletes? Keep moving forward after college.

As an athlete, being active is part of your daily life, and losing that can be hard," she said.
"Find something you love to do that keeps you active; it will make the

transition easier and just as rewarding.

From Flippin' Bird to frontline nurse, from ninja courses to motherhood, Howard's journey continues to inspire. Her story is a testament to the values learned at SUU and the lasting impact of determination, community, and passion for everything you do.



Thunderbirds Win First Conference Game in Five-Set Thriller

by Braden Dean

SUU ATHLETICS

Cedar City, UT - Southern Utah volleyball (2-12, 1-2) picked up its first conference win of the season in a five-set classic against California Baptist (5-11, 1-3). The win is not only the 'Thunderbirds' first WAC conference win of the season, but also the first five-set match in which the Thunderbirds have come out on top victorious.

Game Recap

Southern Utah came out on fire in the first, jumping out to a commanding lead behind the service of Aleeya Jones, who recorded four consecutive aces to fuel an early 8-2 Thunderbirds lead. SUU continued to apply pressure as Swayzee Mason and Amanda Mendoza each added aces of their own, and Addyson McArthur and Kaitlyn Hoelker supported the attack at the net. The Thunderbirds' flawless play saw them win the set 25-13.

The Thunderbirds continued to carry their momentum into the second set, overcoming an early deficit. CBU jumped out to a 3-0 lead, and the Thunderbirds changed the momentum in their favor. Asya Akbulut was a force setting the ball, and Victoria Zibechhi and Kaitlyn Hoelker

recorded timely kills to pull even in the set. Addyson McArthur and Amaya Tobias would soon become a defensive force, each recording key blocks and helping to slow down the CBU attack. The Thunderbirds capitalized on a Lancer error down the stretch, and a CBU service error sealed the set 25-23 in favor of Southern Utah.

California Baptist extended the match in a hard-fought third set, edging out the Thunderbirds 25-23. The Thunderbirds and Lancers traded points early, but ultimately the Lancers would take a mid-set lead behind a slate of attack errors by Southern Utah. Clutch kills from Hughes and McArthur would tie the score late. A late push from the Lancers would hold off the Thunderbirds' rally, forcing a fourth set.

CBU controlled the fourth set from the midway point on, closing out the set with a 25-15 win. Southern Utah would keep things tight early on with kills from Zibecchi and McArthur, and Mason and Tobias would help keep the Thunderbirds within reach. A late CBU run would feature several kills and a service ace to break the set open, and SUU couldn't slow down the Lancers' momentum.

Southern Utah would shift the Lancers' momen-

tum in their own favor in the fifth set. Hoelker would record a kill assisted by Akbulut, and Lancers' errors would then ensue. Three consecutive CBU errors saw Southern Utah take a 6-3 lead. The Thunderbirds and Lancers would trade points until, ultimately, Zibbechi provided a timely kill, and Jones recorded a service ace to help the Thunderbirds take a 14-10 lead. An attack error on the next serve would push the Thunderbirds to victory in an intense fifth set.

Thunderbirds Standouts

Victoria Zibecchi (#7) – 14 kills, two blocks, and three digs

Addyson McArthur (#8) -12 kills, two blocks, and six digs

Amaya Tobias (#13) – four kills, three blocks, four digs



PREP SCOREBOARD

SCORES

3A South Football

10/3 Cedar 35, Canyon View 14 Juab 35, Richfield 31 Manti 35, North Sanpete 14 Delta 28, Carbon 0

1A South Football

10/3 Beaver 55, Parowan 14 Kanab 64, Enterprise 18

Region 9 Girls Soccer

9/29 Snow Canyon 2, Desert Hills 1 Dixie 3, Pine View 0

9/30 Cedar 4, Dixie 2
Desert Hills 4, Hurricane 0
Snow Canyon 8, Pine View 1

10/2 Snow Canyon 1, Cedar 1, Warriors win 4-3 on PKs Crimson Cliffs 4, Dixie 0 Hurricane 3, Pine View 2, OT

Region 14 Girls Soccer

10/30 Canyon Vlew 4, Providence Hall 0 Richfield 5, Delta 0

10/2 Canyon View 3, Richfield 0 Delta 1, Juab 1, Rabbits win 3-2 on PKs UMA Hill Field 1, Providence Hall 0

2A South Girls Soccer

9/30 Enterprise 4, Parowan 2San Juan 3, South Sevier 1Beaver 8, Gunnison 0Grand 3, Millard 0

10/1 South Sevier 3, Parowan 2

10/2 Grand 3, South Sevier 1 Beaver 4, Enterprise 3, 2 OT Millard 5, San Juan 0

10/3 Parowan 5, Gunnison 1 Beaver 2, Millard 1

Region 9 Girls Volleyball

9/30 Crimson Cliffs 3, Cedar 2
 Hurricane 3, Snow Canyon 0
 Desert Hills 3, Pine View 0

 10/1 Morgan 3, Dixie 2

10/2 Desert Hills 3, Crimson Cliffs 1

Region 14 Girls Volleyball

9/30 Canyon View 3, Providence Hall 0Delta 3, Juab 0Panguitch 3, Richfield 0

10/2 Canyon View 3, Juab 0 Richfield 3, Providence Hall 0 Delta 3, Carbon 0

Region 18 Girls Volleyball

9/30 Dixie 3, Parowan 0 Enterprise 3, Beaver 0

10/2 Kanab 3, Beaver 0

10/3 San Juan 3, Parowan 0 South Sevier 3, Grand 1

10/4 Grand 3, Parowan 1

STANDINGS

RPI RANKINGS IN PARENTHESES

Football

3A South

	KEGIUN	UVEKALL
Cedar (1)	4-0	8-0
Juab (3)	3-1	7-1
Richfield (5)	3-2	5-3
Manti (4)	2-2	5-3
North Sanpete (7)	2-3	5-3
Canyon View (8)	1-3	4-4
Carbon (12)	0-4	2-6

1A South

	REGIUN	UVEKALL
Kanab (3)	3-0	7-1
Beaver (2)	1-1	6-2
Enterprise (6)	0-1	3-5
Parowan (7)	0-2	3-5

Girls Soccer

Region 9

	REGION	OVERALL
Snow Canyon (2)	10-1	13-2
Crimson Cliffs (6)	8-3	12-4
Desert Hills (7)	8-3	12-4

Cedar (15)	5-7	8-8
Hurricane (17)	4-7	8-8
Dixie (19)	4-7	5-10
Pine View (26)	0-11	2-15

Region 14

•	REGION	OVERALL
Canyon View (6)	6-0	9-7
Richfield (5)	5-3	13-5
Delta (8)	4-3	9-9
Juab (12)	2-4	6-9
Providence Hall (15)	0-7	1-13

2A South

***************************************	KEGIUN	UVEKALL
Grand (7)	9-1	12-3
Beaver (9)	9-2	12-5
Millard (11)	8-3	10-7
San Juan (12)	7-5	9-8
South Sevier (13)	6-7	6-11
Enterprise (17)	4-8	4-12
Parowan (19)	0-11	1-16

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Girls Volleyball

Region 9

	IILUIUI	OVENIMEE
Desert Hills (2)	11-0	19-8
Crimson Cliffs (5)	7-3	19-7
Cedar (8)	5-5	11-12
Dixie (10)	4-5	16-9
Hurricane (9)	4-6	13-12
Snow Canyon (13)	3-6	9-13
Pine View (14)	0-9	6-11

Region 14

	NEUIUN	UVERALL
Canyon View (2)	6-0	15-5
Richfield (7)	4-1	8-13
Delta (4)	3-2	16-5
Juab (9)	1-5	8-10
Providence Hall (11)	0-6	11-8

DECION

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Region 18

	REGION	OVERALL
San Juan (1)	9-1	20-2
Enterprise (3)	9-1	16-5
South Sevier (10)	4-5	10-9
Kanab (13)	4-6	4-15
Parowan (9)	3-7	13-12
Grand (14)	3-7	6-12
Beaver (12)	3-8	8-12

Rams overrun by Beavers

by Tom Zulewski

IRON COUNTY TODAY

Beavers
rushed for
seven touchdowns and
grabbed control of the
game early, rolling to
a 55-14 rout over the

The Beaver

Parowan Rams on Oct. 3. Dub Pender and Bridger Blackner scored two touchdowns apiece to lead the way as the Beavers improved to 6-2 overall, 1-1 in 1A South.

Blackner got started for Beaver with a 4-yard touchdown in the first quarter and added his second score on a 9-yard run with 2:18 left in the half as the Beavers built a 28-6 lead at the break. Parowan's (3-5, 0-2) lone score came when Tyson Bettridge caught a 26-yard touchdown pass from Hunter Bettridge in the period.

Leonardo De Leon scored on a 20-yard run in the third quarter for Beaver, and Pender added his second score of the day on a 5-yard touchdown 33 seconds later to allow for a running clock the rest of the way. Orton would add a 20-yard TD pass to Noah Wolff, and Trey Bradshaw completed the Beavers' scoring on a 6-yard touchdown. Hunter Bettridge added a 10-yard run for Parowan.



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 \$75.00 / Yard maintenance: \$15.00. WWW.ACEDARCITYRENTAL.
 COM
- ** MOVE-IN BONUS OF \$295.00 OF FIRST MONTH RENT! ** 3 Bed / 2.5 Bath / 2 Car Garage. New Construction Townhouse. Address: 2875 W Cody Dr #19, Cedar City. Rent: \$1,850.00, Deposit: \$2,775.00, Flat monthly fee for WTS: \$85.00. WWW.ACEDARCITYRENTAL.COM





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\$27.72 hr. Utah Department of Public Safety, Cedar Communications Center. Provides 9-1-1 dispatching and communications services to state and local agencies (law enforcement, fire and EMS). Must have a high school diploma or GED equivalent, and be 18 years of age by hire date. Must pass ECOMM National Dispatcher Assessment (including 30 WPM typing) thorough background check, polygraph and drug test. Utah State has a highly competitive benefits package (medical, dental, retirement). Must be willing to work rotating shifts, days, swings, graveyards, weekends, and holidays. Hiring incentives: One for One salary credit may be given for prior Emergency Dispatch experience. \$2,500 hiring bonus for those with current Emergency Dispatch Certification (Utah POST Dispatch Certification)*. \$1,000 signing bonus to a new hired Dispatcher with no experience or with out of state certification*. *After successfully completing full background investigation, polygraph and drug test. You must create an account and apply online at https://www. governmentjobs.com/careers/utah Refer to requisition/job reference # 46612 all applications must be submitted online. Preferred correspondence will occur via email. Resumes emailed or faxed will not be accepted as an application. You will receive testing information in the week following the closing date. If you do not receive the information or if you have any questions contact Dora Collier, DPS/HR, 385-347-6334 or dcollier@utah.gov CLOSING DATE: 10/19/2025 11:59 PM







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October 6, 2025 Posting Date

King Crossword

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29 Strange thing 55 Radiator sound 10 Cove

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Norville 49 "Glee" guitarist

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Solution time: 26 mins.

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30 Playpen item 32 Deducted

cheer 36 Cracker type

38 Actors Robert and Alan

39 Borscht base 40 Innocents

42 Play for time

45 Stallion's mate

46 Operatic solo 48 Rule, for short

26 Roman orator 50 Chemical suffix

51 Curved letter

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1. MOVIES: In the United States, what is the title of the first Harry Potter movie?

2. GEOGRAPHY: The Prime Meridian Line runs through which major city?

3. HISTORY: When did federal child labor law start in the United States?

4. ACRONYMS: What does the acronym VPN stand for?

5. U.S. PRESIDENTS: Which president appeared on the 1960s comedy show "Laugh-In"?

6. TELEVISION: Which teen show starred Mayim Bialik before she got the role as Amy Fowler on "The Big Bang Theory"?

7. GENERAL KNOWLEDGE: Where did the Minoan civilization flourish?

8. SCIENCE: What pH balance is considered

9. LITERATURE: In which of Shakespeare's plays does the character Polonius appear?

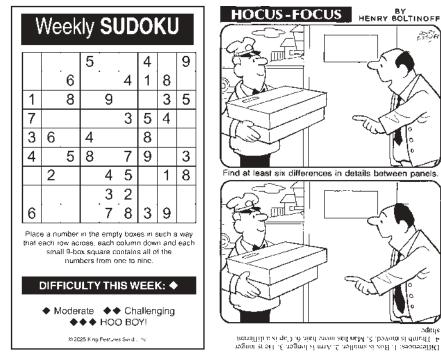
10. ANIMAL KINGDOM: In which African country can the Bonobos species of ape be found in the wild?

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9. "Hamlet"; 10. Democratic Republic of the Congo 4. Virtual Private Network; 5. Richard Nixon; 6. "Blossom"; 7. The Island of Crete; 8. 7; 1. "Harry Potter and the Sorcerer's Stone"; 2. Greenwich, London, England; 3. 1938; Trivia Test Answerst



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