



Cedar City Hospital Celebrates Expansion of Emergency Department with Groundbreaking

› **March 19, 2025 | 2 p.m.**
at Cedar City Hospital

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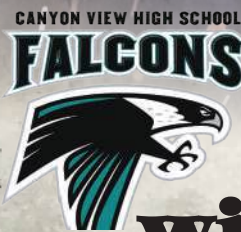
life

Brian Head
Town is Turning
50 Years Old and
ready to Celebrate!
see pg. 17



IRON
COUNTY

today



Falcons rally

win 3A girls basketball title



STORY IN SPORTS

Fluoride will be banned from Utah's water supplies — but only if Cox signs this bill

Since the 1970s, fluoride has been fought over in Utah. This bill would ban it from water, whether citizens want it or not.

by Robert Gehrke

THE SALT LAKE TRIBUNE

Fluoride will be banned from Utah water systems by May 7, if Gov. Spencer Cox signs a bill now headed to

his desk.

Friday evening, the Utah Senate approved HB81, sponsored by Rep. Stephanie Gricius, R-Eagle Mountain, prohibiting fluoride from being added to water systems, the latest battle in a war that has been waged in Utah for five decades.

Fluoride is scientifically proven to strengthen the enamel on teeth and prevent cavities. The Utah Dental Association was among the groups that spoke out against the bill.

But Gricius argued that a court in California had also found that it could potentially cause cognitive issues

and said the Environmental Protection Agency should reassess its fluoride standards.

Additionally, she said, a majority of residents should not be allowed to decide whether chemicals should be added to everyone's drinking water. By eliminating fluoride and making it easier for those who want it to get it from a pharmacy, people can decide for themselves whether they want fluoride or not.

Conservative groups like the Utah Eagle Forum and others rallied to support the bill and succeeded in winning the support to ban it.

Few areas in Utah actually add fluoride to the water. Salt Lake and Davis counties and Brigham City are among a small handful of areas where voters have chosen to fluoridate their water.

Communities have always had the option to remove fluoride if that's what voters wanted. One of those who testified in support of Gricius' bill in committee was Brigham City Mayor DJ Bott, who said most of the fluoride added to the city's water ends up on lawns or showers and the residents are split on whether they want it to continue.

In fact, Brigham City residents defeated a proposition in December 2023, voting to keep fluoride in their water by a margin of more than two-to-one.

Salt Lake County's council approved a resolution in December, on a 5-4 party-line vote, to support Gricius' bill.

There was little debate ahead of Friday night's final passage.

Republican Sen. Todd Weiler, R-Woods Cross, said his county had voted to add fluoride and argued locals can and should decide the issue.

"I'm not sure I'm comfortable with the Legislature telling Salt Lake City, Brigham City, Helper and Davis County that their local authorities can't do what their residents tell them to do," Weiler said.

The bill passed on an 18-8 vote with Weiler and Republican Sens. Chris Wilson of Logan and Evan Vickers of Cedar City, who is a pharmacist, voting against the ban. Democratic Sen. Stephanie Pitcher of Salt Lake voted for it.

The bill now goes to Cox for consideration. If he signs it, the bill would take effect May 7

This article is published through the Utah News Collaborative, a partnership of news organizations in Utah that aims to inform readers across the state.

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Las Vegas Man Pleads Guilty in Iron County Case

by Tracie Sullivan

FOR IRON COUNTY TODAY

A Las Vegas man has pleaded guilty in connection to an incident involving an employee at a Cedar City restaurant.

Steven C. Jackson, 65, was arrested on Nov. 17, 2024, after law enforcement received a report about his alleged conduct toward an employee at IHOP. According to court records, he later reached a plea agreement, admitting to two third-degree felonies including attempted forcible sexual abuse and possession of a firearm by a restricted person.

Incident at IHOP Leads to Arrest

Court documents state that on Nov. 16, 2024, Jackson was dining at the Cedar City IHOP when he engaged in an inappropriate conversation with an employee after being told she was 17 years old. He later gave her \$70 and made comments that raised concerns.

"In particular, he told her that he 'wants' her and asked 'how does that make you feel,' the documents state.

According to the affidavit, Jackson invited her to the hotel where he

was staying and wrote the number to his room on her hand after "kissing it." He also made several attempts to inappropriately touch her.

Officers later contacted Jackson at his hotel. He initially denied parts of the encounter but eventually admitted certain aspects of the incident.

Court Proceedings and Plea Deal

Jackson appeared in 5th District Court in Iron County on Wednesday Feb. 26 before Judge Matthew Bell. Court

records show he waived his right to a preliminary hearing.

Under the plea agreement, prosecutors dismissed one of the initial charges of criminal solicitation of a minor, a second-degree felony and contributing to the delinquency of a minor, a class A misdemeanor.

In Utah, a third-degree felony carries a potential sentence of up to five years in prison and a fine of up to \$5,000. Bell has ordered a presentence investigation prior to sentencing.

Kanarraville Man Accepts Plea Deal in Iron County Case

by *Tracie Sullivan*

FOR IRON COUNTY TODAY

A Kanarraville man faces a minimum of ten years in the Utah State Prison after being convicted of a first-degree felony

Jonathan Chance Murdock, 39, pleaded guilty in 5th District Court to aggravated sexual abuse of a child. He was initially charged with six first-degree felonies including object rape, aggravated sexual abuse

of a child, two counts of forcible sodomy and two counts of rape. All charges but one were dismissed as part of a plea agreement.

According to court documents, the case against Murdock began in 2022, when deputies responded to his home on a call for a suicidal subject with a firearm. Deputies identified Murdock as the individual who had

threatened to take his life.

At the time, Murdock was not in the home but had fled into a nearby field prior to police arriving on scene. Deputies called Murdock who answered the phone and said he could not move his legs due to a self-inflicted gunshot wound to the head. Deputies used video communication to locate him, secured the firearm, and transported him for

medical treatment.

During the incident, the victim disclosed information to law enforcement that led to a criminal investigation. Following the suspect's hospitalization, investigators followed up with interviews and forensic examinations, leading to formal charges being filed.

Sentencing

Murdock's sentencing is

scheduled for April 22, where he faces a minimum of ten years based on the charges. Judge Meb Anderson has ordered a presentence investigation be conducted before issuing a final ruling.

Prosecutors had previously sought a no-bail warrant, citing concerns over public safety and Murdock's attempted self-harm as factors in their request.

District considers changes to schedule for high school students

by *Shauna Lund*

IRON COUNTY SCHOOL DISTRICT

a little different next year for high school students, Superintendent Dr. Lance Hatch advised the Board of Education.

The Board already approved the calendar, which includes start and end dates and breaks. However, Hatch said district administration typically then add in specifications like A days and B days for secondary students. The current practice is to alternate days, which means some weeks an A day is on a Monday and Wednesday and Friday and other weeks it is on a Tuesday and Thursday. While that practice keeps A days and B days basically even, the schedule does not work well for students taking classes at Southwest Tech and Southern Utah University.

To better accommodate students seeking classes outside of the high school, the district has been outlining a calendar specifying Mondays and Wednesdays as A days and Tuesdays and Thursdays as B days, with Fridays being the only day that fluctuates. Districts throughout the region use a similar practice for their high school students, Hatch said.

Once laid out, the days actually come out pretty even so students will still spend the same amount of time in their A day classes and B day classes.

"Change like this gives a better opportunity for

The school calendar for 2025-26 will probably look

(students) to take those classes (at SUU and STech)," Hatch said.

Board member John Taylor, who teaches at SUU, said the change will be welcomed by the university.

Hatch said the district will continue to resolve any concerns and then establish the calendar and communicate the change to parents and staff.

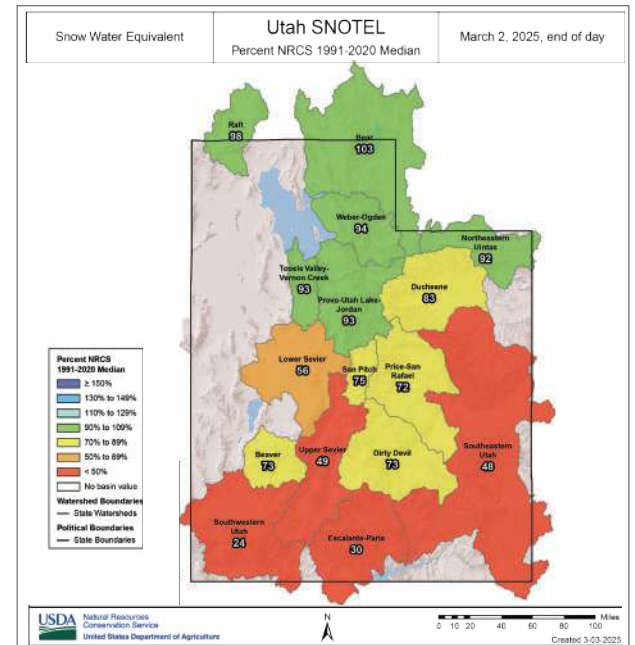
In other business:

Hatch told board members an AI committee, made up of teachers, administrators and a board member, has vetted three platforms and has settled on "School AI" for district use.

As the district moves forward, the platform will be opened up for teachers to use through the rest of the school year. Hatch said the platform is one that has been approved by the state and privacy concerns have been addressed.

"It's been a long process, but I'm glad we took the time," Hatch said of the committee work. "Because we needed to. It's a big leap."

He added that AI is going to really open the doors to more personalized learning. The tool can provide individualized instruction for students all along the scale. Board Member Stephanie Hill, who served on the committee, agreed.



IRON COUNTY FORECAST

A WINTER SYSTEM WILL MOVE THROUGH UTAH THURSDAY INTO FRIDAY BRINGING RAIN, THEN A SWITCH TO SNOW THURSDAY NIGHT INTO FRIDAY MORNING. THE WEEKEND WILL BE DRY AS WE WARM UP AND PREPARE TO "SPRING FORWARD" FOR DAYLIGHT SAVING TIME.

Check your local forecast anytime at:
ABC4.com/weather

THURSDAY
Rain/Snow
42°/30°
PRECIP: 70%
WINDS: SW 15-25

FRIDAY
Snow
42°/22°
PRECIP: 0%
WINDS: NW 5-15

SATURDAY
Partly Cloudy
51°/19°
PRECIP: 10%
WINDS: W 5-10

SUNDAY
Mostly Sunny
59°/22°
PRECIP: 0%
WINDS: W 5-10

MONDAY
Partly Cloudy
56°/28°
PRECIP: 10%
WINDS: W 5-10

TUESDAY
Rain/Snow
46°/26°
PRECIP: 40%
WINDS: SW 5-15

WEDNESDAY
Partly Cloudy
48°/23°
PRECIP: 20%
WINDS: NW 5-10

opinion

FROM THE EDITOR



CASSI SCHMUTZ
COPY EDITOR

This week marks my one-year anniversary with **Iron County Today**, and what a year it has been! When I first stepped into this role, I knew I was joining something special—a newspaper

that truly values its community, its readers, and the stories that bring us all together. Over the past twelve months, I've had the privilege of meeting so many incredible people, and learning just how much heart and history make up Iron County.

From the excitement of the Iron County Fair to the solemn moments of honoring our veterans, from local elections to heartwarming community traditions, it has been a joy to share your stories. I've loved seeing the way our small-town connections shine through in every event, every act of kindness, and every milestone. This job has also given me a deeper appreciation for the power of local news. In a world where information is often overwhelming and fast-moving, it's more important than ever to have a newspaper that highlights the people and events right here at home. Whether it's celebrating a high school athlete's big win, spotlighting a local business, or bringing attention to important issues in our county, we are committed to being a voice for our community.

I want to thank each of you—our readers, our advertisers, our contributors, and everyone who has supported this paper. Your engagement, feedback, and passion for Iron County are what keep us going. I'm excited for another year of storytelling, growth, and deepening the connections that make this place so special.

WORD OF THE WEEK

PANACEA

[pana-see]
noun

a solution or remedy for all difficulties or diseases:



LETTER TO THE EDITOR

On March 7, 2024, the Senate passed a bill that would have finally expanded the Radiation Exposure Compensation Act (RECA) to include all victims of nuclear tests in Utah, and extended the program for those of us in southern Utah who still need it. But Utah's senators and representatives failed to support it, and it went on to die in the House. Now, almost a year later we need Utah's representatives to act.

I am a downwind cancer survivor. When I was diagnosed with breast cancer in April 2020, it was suggested that I look into the RECA, which provides health screenings and financial compensation for people who worked with uranium or at U.S. nuclear test sites and people who lived downwind of the Nevada Nuclear Test Site. Atmospheric nuclear tests were only conducted on days the wind blew away from highly populated Las Vegas and California. Because I grew up in Iron County, my family was directly in the path of nuclear fallout.

I applied for and received RECA compensation while undergoing chemotherapy and radiation to treat my cancer. Thankfully, I had good insurance and didn't depend on RECA to pay my bills. During treatment however, I saw how easily a cancer diagnosis can throw someone into financial disaster. Eight rounds of chemotherapy were accompanied by shots to protect my bones from the degenerative effects of my treatment. Just one shot cost \$10,000, and I needed eight. Setting aside the cost of chemo and radiation, RECA compensation of \$50,000 wasn't enough to cover my shots let alone other medical expenses. RECA was established in 1990 and compensation hasn't been updated in the decades since, even as medical costs have grown and the value of the dollar has shrunk.

Once again, Congress is set to debate compensation for the men and women who lived and worked near Cold War-era nuclear test sites, including in uranium mines, who were sickened by their exposure to dangerous radiation. Since the House allowed RECA to expire last June, these communities - often plagued with radiation-linked illnesses, like cancer - have been without help.

Downwinders in northern Utah, and other states across the country, have too long been forgotten.

Please understand, my story is not unique. Of the near 250 students in my high school graduating class, too many have died from cancer. I am one of more than 8,000 Utahns to receive RECA. But too many more have been excluded because they don't live in one of the 10 counties covered by RECA. Recent research suggests that radiation and fallout from U.S. nuclear tests blanketed the entire state of Utah, as well as surrounding states. RECA should be expanded to cover all of these communities.

Respectfully,
Norma Grimshaw Lloyd

QUOTE OF THE WEEK

"Never let the future disturb you. You will meet it, if you have to, with the same weapons of reason which today arm you against the present." - Marcus Aurelius

IRON COUNTY **today**

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opinion

A Tapestry of Color

PART V

by *Edy Meredith*

FOR IRON COUNTY TODAY

When I look at the natural world including humans I always think of the Great Creator, the Echad in ancient Hebrew, whose Greatness we small-minded humans cannot begin to understand, and I am amazed. Looking at the immensity of Space through our many telescopes in space, we can see to the end of our Universe. How did this all happen and how did all our different human races or skin colors come into existence as God's wonderfully created image? In God's eyes, there is no worth associated with the color of one's skin. We humans are all life, breath, existence, and of inestimable worth, created in His image or in His Imago Dei found in Genesis 1:26-27. This concept is primarily derived from the creation narrative in the Book of Genesis, where it is stated that God created human beings in His own image and is a central theme in understanding the nature, purpose and dignity of human life from a biblical perspective.

"Then God said, "Let Us make humans in Our image,

after Our likeness, to rule over the fish of the sea and the birds of the air, over the livestock, and over all the earth itself and every creature that crawls upon it.' So then, God created humans in God's image, male and female He created them." These passages from Genesis, the first book of the Bible, highlight the distinctiveness of humanity in creation, emphasizing both the relational aspect ("Let Us make...") and the functional aspect ("to rule over" or take care of) because of being made in God's image. Notice the use of the words Our image, Our likeness. God in ancient Hebrew, the original language along with Aramaic of the Old Testament, does not say "My image, My likeness" as we might selfishly say today.

So how did different races come into existence as God's wonderfully created image? The Bible never speaks about skin color. The word "race" is usually defined in modern terminology as "a family, tribe, people, or nation belonging to the same stock" or "a class or kind of people unified by shared interests, habits, or characteristics" or "a category of humankind that shares certain distinctive physical traits such as skin color." We twenty-first century humans often think that race has to do with the color of one's skin, yet that idea does not come from the Biblical Scriptures, but it is a "sociological construct" which attempts to help us organize our world, but God in the Bible never distinguishes humans by skin color. Humans created that distinction. Diversity does exist, and it is in God's

glorious plan. Does diversity in nature demonstrate the creative glory and ability of God, the Echad of the Bible? Echad was one of the original words for God in the Old Testament written in ancient Hebrew which means a Unity of Parts as demonstrated in the Triune God of the Old Testament.

In future articles we will discuss the scientific evidence for a global flood. In the Bible it is reported that the people of God spread across the Middle East, with every person sharing one feature in common: Sin that was so ugly that God decided to wipe all humans off the face of the earth except for Noah, his wife, and his sons Shem, Ham, and Japheth and their wives. Now how do we know that really happened? Recently scientists uncovered evidence that Noah's flood has a basis in fact due to some astonishing events that took place around the Black Sea about 7,500 years ago. Please go to the following web site for more information: smithsonianmag.com/science-nature/evidence-for-a-flood-102813115/

Most of the U.S. founders except for Monroe and Franklin were frankly deceived by their own lust for money and power so they imposed a racial and gender superiority interpretation on society. Yes, they were sinful humans, but we in our society have frankly outgrown that. Yes, all humans are challenged to live out lives of equality by treating each other as political equals even though we are a very diverse human race. Let's run the race together, living in tranquility as much as we can as a diverse tapestry of human colors.

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IRON COUNTY GOVERNMENT RECAPS

Iron County Commission

from Iron County Today Staff

FOR IRON COUNTY TODAY

Department reports were given, starting with the Emergency Preparedness Director. He reported no disasters this quarter but attended 22 meetings and submitted a flood mitigation grant request increased to \$834,000 at FEMA's insistence. He also shared a NOAA forecast predicting smaller snowpacks and more monsoonal activity.

The County Clerk reported 484 marriage applications, 453 business licenses, 363 passport applications, and 54 sewer impact fees. He updated the commission on a fire district feasibility study, with the county contributing \$25,000 of the \$50,000 cost.

The Fleet Director reported ordering 23 vehicles, improving tracking to prevent lost orders, and hiring a new mechanic for upfitting operations. He also discussed strategies to maximize vehicle resale value at auctions.

The Human Resources Director reported ending 2024 under budget, filling 13 positions, making 15 promotions, and currently recruiting for 24 roles. Turnover hit a tracked high of 22.58% (56 positions), but workers' compensation rates dropped to their lowest since 2021. She also recognized employees with service milestones from 5 to 20 years.

The Public Defender reported two new hires were settling in well and preparations were underway for IDC grant applications.

A commissioner shared updates on meetings at the Children's Justice Center and road department, while the Economic Development Director reported promising manufacturing site visits and upcoming solar

rebates.

Another commissioner discussed the county firearms range, business site visits, SUU athletic program expansion, airport lease issues, and noted Iron County funds 41% of Cedar City Fire Department's budget for unincorporated areas.

After public comments, the Commission addressed several agenda items. The Utah Division of Wildlife Resources presented a \$255 PILT payment for state-owned land and introduced its new director. Updates included progress on prairie dog delisting, the Watershed Restoration Initiative completing 16,000 acres of habitat work, and concerns over low moisture levels (30% of normal snowpack). Issues with wild turkeys in the Buena Vista neighborhood were also discussed, as residents are split between feeding them and raising complaints.

The Commission approved a BLM communication site lease for a repeater in Hamlin Valley to improve first responder communications in an area with no coverage. The 30-year lease was at no cost to the county, with donated equipment and minimal expenses for fencing.

Personnel matters included approving a new attorney, four seasonal weed department employees, and several Sheriff's Office positions, including a corrections deputy, a promotion, and a reserve deputy.

The Public Works Department requested an exception to policy to promote an employee despite not meeting the six-month waiting period, citing severe staffing shortages with multiple vacancies and a need for experienced workers to maintain deteriorating roads.

Cedar City Council Meeting

from Iron County Today Staff

FOR IRON COUNTY TODAY

During Mayor's Business, a proposal was made to take over the Spirit of 76 parade, along with a request for about 1,500 square feet of storage for floats currently kept at a local business. The council agreed to continue discussions on storage options.

The mayor reported on a meeting with the Division of Water Resources about test wells at Martin Flat, noting no depth restrictions and that moving water rights could take several months. It was suggested to wait until the March 12 protest period ends before proceeding. The council requested this item be added to the next meeting agenda for a formal vote.

A council member reported that permits for two test wells on the North End had been approved—one on BLM land and another on private property. Construction of one well pad is underway, with drilling expected within a week, while the BLM process may be finalized within 30 days.

The "Love Where You Live" essay contest for third graders was highlighted. Cedar City's Events Director awarded three winners from over 270 entries.

Winners:

1st: Maya Salgado, Iron Springs Elementary

2nd: Melly Frankum, Iron Springs Elementary

3rd: Creighton Low, Fiddlers Elementary

Each student read their essay about why they love Cedar City, highlighting community activities, attractions, and friendly people.

The council discussed options for the 3900 West water line serving the Magnolia Fill subdivision. The northern section (800 North to Equestrian Point) is included in the current 10-year impact fee plan, while the southern section (to Highway 56) lacks funding until the next cycle.

An alternative was proposed: connecting to the Water Conservancy District's line instead of extending south. This would give the city access to Basin 71 water rights without building costly infrastructure, though it would require usage fees of about \$1 per thousand gallons.

Cost estimates:

- \$500,000 to connect northward to the District's line
- \$1.1 million to extend south and bore under the railroad

Concerns were raised about strain on the Highway 56 line and potential pressure issues. The council agreed to amend the impact fee study to include the northern connection and have the developer's engineer work with the city on a regional cost-sharing plan. The city engineer preferred also completing the southern connection for operational control, though funding would need to come from sources beyond impact fees.

The council focused on water management and other key issues. They denied a request to waive Diamond Z Arena fees for Farm Fields Days, noting community funds had already covered the \$798.50 cost.

They approved a street variance for 2125 South Circle and Estate Drive with conditions: no driveways on the 26-foot road, no-parking signs, and recorded restrictions on the final plat. The vote passed 4-1.

The council debated ending Clark Land

BUDGET SUMMARY

YEAR	STATE OF UTAH	IRON COUNTY	SCHOOL DISTRICT	CEDAR CITY	COUNTY POPULATION	INFLATION RATE
2020	\$18,500,000,000	\$64,397,882	\$97,275,145	\$84,121,067	57,286	1.4
2021	\$20,300,000,000	\$68,529,185	\$111,206,179	\$82,661,906	58,672	7.0
2022	\$25,600,000,000	\$80,413,678	\$116,183,977	\$82,219,239	62,508	6.5
2023	\$26,000,000,000	\$78,255,317	\$172,080,787	\$97,198,239	64,211	3.4
2024	\$29,400,000,000	\$67,789,445	\$200,512,950	\$150,125,060	65,765	3.2
2025	TBD	\$132,282,649	\$221,113,931	TBD	TBD	TBD
ANNUAL INCREASE	11.78%	20.57%	21.23%	15.58%	2.96%	4.3

* Information was obtained directly from the governmental entities listed.

IRON COUNTY GOVERNMENT RECAPS

and Livestock's wastewater effluent lease, urging water reclamation due to severe drought. It was emphasized that 3,400 acre-feet from the treatment plant could support municipal needs.

Some council members hesitated, citing the lack of infrastructure and ongoing negotiations with the Conservancy District. A citizen urged planning for pressurized irrigation in new developments and securing easements while maintaining good relations with the Clark family. The council ultimately voted against terminating the lease for now, opting to develop a broader plan.

Parowan City Council

from *Jennelle Zajac* Staff Reports

FOR IRON COUNTY TODAY Cori Adams, the Library director, provided a report on the library, highlighting its community support and accessibility features. The library offers various services and programs, including games and resources for individuals with disabilities. Cori expressed appreciation to Library staff and volunteers that make the library successful.

Jeremy Franklin discussed updates on the city's power infrastructure. Key projects included tree trimming efforts to mitigate outages and upgrades to electric and gas projects. Plans for the next year included a hotline trailer and panel opening.

Jerry Ross, City Treasurer, acknowledged several staff members for their contributions. Connie, charged with managing utility billings and cemetery business, was praised for her interactions with people. Brooke, the communication specialist, was commended for her work on licensing and public engagement. Jerry also discussed the office's efforts in sustainable budgeting, reducing reliance on paper, and transparency initiatives.

City Manager Dan Jessen presented several upgrades in the City office including an exit door on the North side of the office, a proposed new phone system, pool maintenance this spring and a working concession stand. Shade structures for the pickleball courts will be installed soon. Work continues at the bike park, which is targeted to open before the last day of school. Many library maintenance upgrades are planned for this year.

Action Meeting

Proposed Zone Modifications - Rural Done Right

Dan Jessen presented proposed zoning modifications aimed at managing growth while preserving Parowan's rural character. Key proposals included restricting urban-style housing (condominiums, townhomes, apartments, and five-unit developments), while allowing multifamily housing with a single-family look and feel (twin homes, three-plexes, four-plexes, and cottage courtyards). He also discussed incentivizing attainable housing through smaller lots in R2 and R3 zones, a first-time home buyer program, and restrictions on short-term rentals owned by outside corporations. Jessen also proposed allowing mixed-use development in the commercial district, beautifying the

commercial district, and updating the city's annexation map. The Council voted to direct the Planning Commission to consider the proposed modifications.

Prime West Annexation Petition

Dallas Buckner presented an annexation petition for a 51-acre parcel adjacent to I-15 and north of Painted Hills RV Park. The petition had received approval from the county. The Council voted to accept the application.

Flood Damage Prevention Ordinance Update

Update to City Code 13.24, the Flood Damage Prevention Ordinance (2025-04) was approved by the Council.

Water Recharge Operating Agreement

The agreement with the Parowan Pumpers on the water recharge operating agreement for the recharge pipeline was approved.

Taxiway A and Apron Pavement Maintenance Project

The Council unanimously approved Task Order F for the Taxiway A and Apron Pavement Maintenance Project professional services agreement for the Parowan Airport.

Work Meeting – Items Discussed and voted on at future meetings

Cemetery Plot Transfers

Connie Biasi requested a policy change regarding cemetery plot transfers. She highlighted the current process's inefficiencies, particularly for gifting plots to family members, and proposed allowing direct transfers between residents to simplify the process and reduce administrative burden.

Zone Change on Parcel 8-2018

Discussion of a proposed zone change from General Commercial (GC-1) to Multi-Family Residential (R3) for a parcel on Pine Canyon Drive (2200 West). The change would facilitate a planned unit development (PUD) project, including manufactured homes, by connecting two parcels under the same ownership. The Planning Commission recommended approval. →The council discussed access and egress for the proposed PUD, given the landlocked nature of the parcel.

Board of Adjustments Appeal Authority

Discussion of a proposal to update city code 15.14 regarding the Board of Adjustments appeal authority. The proposed change would transition from a five-person volunteer board to a single individual with technical expertise in municipal land use. This change aims to improve the efficiency and impartiality of the appeal process. The council discussed the benefits of using a professional appeal authority, potentially an attorney or city planner, and the need for them to understand Parowan City's specific codes.

Cargo Storage Container Regulations

Discussion of proposed updates to city code 15.65 regarding cargo storage containers. The proposed changes include treating containers as accessory buildings subject to rear yard occupancy limits (25%), requiring permits for both temporary and permanent placement, and allowing for habitation or business use only if integrated into a structure and not visible as a container. Grandfathering of existing containers was discussed, with the stipulation that they must comply with the new code if relocated or modified. Violations would be classified as infractions.

Preschools in Commercial Districts

Discussion of proposed updates to city code 15.36 regarding preschools in commercial districts. Currently, preschools are not explicitly defined in the city code. The proposal would add preschools to the permitted uses in commercial zones, similar to K-12 schools. The council also discussed state licensing requirements for preschools and daycares.

Inland Port Discussion

Presentation by Danny Stewart from the Utah Inland Port Authority regarding the potential for Parowan City to join the Iron Springs Inland Port area. The discussion covered the benefits of joining, including access to public financing tools and collaboration on economic development strategies. The council also discussed the process for joining and defining a project area within the city, likely focusing on the area around the airport.

Parowan City Organization Chart

Discussion of a proposed update to the city organization chart, placing citizens at the top to reflect the council's citizen-centric approach. The mayor highlighted several citizen-initiated projects as examples of this philosophy. The council discussed the need for the chart to be a formal policy but also allow for administrative flexibility.

Committee Updates

- Theater Board – Parowan Theater will present “Little Women” March 20-22, 24, and 27-29.
- Historic Preservation: Discussed approval of a manufactured home on 30 North 100 West and processes for designated historical sites as well as proposed signs to notify citizens they are “entering the historic district.”
- Water Recharge: Reviewed pipeline walkthroughs, discussed funding for capacity, and addressed recharge permit applications.

Residents are encouraged to attend City Council Meetings on the second and fourth Thursday of each month at 5:30 p.m. at the Parowan City Council Chambers. Alternatively, the meetings can be viewed at <https://www.youtube.com/parowancity2030>

UTAH LEGISLATIVE UPDATES



Rep. Albrecht's Sixth Week of Session

REP. CARL ALBRECHT
UTAH HOUSE DISTRICT 70

We officially have one week remaining in the 2025 General Legislative Session. I walked into the Session with ten bills and seven have already made it through the process to the Governor's desk. We're working hard to get my final bills over the finish line. I'm looking forward to working with my colleagues to finish this final sprint to pass bills that better District 70, Rural Utah and the state as a whole.

Highlights of Week 6

My first co-sponsor bill of the Session was passed unanimously through the House Floor on Wednesday, **SB 159: Environmental Quality Modifications** from Senator Keven Stratton. This bill will get our hazardous waste landfills up to industry standard by requiring oil industry landfills to have protective synthetic liners. This bill will help keep Utah cleaner and safer.

On the floor

I passed **HJR 3: Joint Resolution Regarding State Prisoner Placement** in Iron County Correctional Facility through the Senate Government Operations and Political Subdivisions with a unanimous vote on Monday. This bill secures much needed funds for additional beds and expansion for the Iron County Correctional Facility.

I passed two more bills through the Senate unanimously; **HB 174: Water Rights Restricted Account** and **HB 239: Disaster Funds Revisions**. **HB 174** adjusts the permitted use of funds in the Water Rights Restricted account, allowing our state engineer to have the flexibility with legal resources to meet the needs of a growing state. **HB 239** secures funds for disaster avoidance and preparation, especially in high-risk rural areas of Utah. **HB 174** was signed into

law by the Governor on Thursday, while **HB 239** is still waiting for his signature. It's great to get two more bills through the legislative process.

HB 202: Private Landowner Big Game Revisions was heard by Senate Natural Resources, Agriculture and Environment Committee on Thursday. **HB 202** allocates elk tags to landowners between 4,000 to 8,999 contiguous acres. This bill protects landowners' rights, giving them the ability to legally deal with the elk causing damages to their property. It passed through committee with a favorable recommendation.

The Colorado River Authority Advisory Council met on Tuesday to discuss water issues in our State, specifically ones that effect our share of the Colorado River. Water is a very vital resource and it's an honor to serve on this council.

We were joined on the hill by the Utah Sheriffs' Association with their annual legislative breakfast on Wednesday. These brave men and women do so much to keep Utah safer, and it is always an honor to attend this breakfast and give them recognition.

Our Friday morning Rural Caucus was as great as always. We heard several great presentations concerning the great work being done in our rural communities. Some highlights including an update from the Institute for Land, Water, and Air at Utah State University, and progress and updates at the Utah San Rafael Energy Lab. These groups love Rural Utah, and we will continue to fight for it.

On Friday, I also had the honor to recognize the Commissioner of the Utah Department of Agriculture and Food, Craig Buttars. Commissioner Buttars is retiring after a long career serving Utah, serving in state government since 2015. Through his service and career as a dairy farmer, he has worked tirelessly to make agriculture in our state stronger.

On Monday, I had the opportunity to visit with Mrs. Ashby's South Sevier Middle School class during their day at the Capitol. I love connecting with the youth of District 70 and teaching them how they can get involved in our State's legislative process. It's vital that we instill confidence and knowledge of how our government works in Utah's students.

Committees

We had another great week in House Natural Resources, Agriculture, and Environment Committee which I Chair, and House Public Utilities and Energy Committee. We passed bills that help ensure Utah has control of its energy future, increased local food accessibility in our state, and much more.

As we enter this final week, I encourage you to get engaged or stay engaged if you have already. Carved in the front of the House Chamber we have the words "vox populi," which means "voice of the people." The work we do is for you and your input is vital. Please make your voice heard and feel free to attend any public meetings or attend online to listen and testify.

Contact me through phone or email; carlalbrecht@le.utah.gov, (435) 979-6578, or contact my intern Joe Boyle; jboyle@le.utah.gov, (386) 420-3096.

Thank you for your continued support.

Rep. Carl Albrecht



REP. REX SHIPP
UTAH HOUSE DISTRICT 72

As we enter Week 6 and the final stretch of the 2025 General Legislative Session, much has already been accomplished for Utah. I have been working hard to strengthen

our community and secure Utah's future by supporting legislation that enhances election integrity, promotes local economic growth, and protects individual freedoms.

With just one week left on Capitol Hill, there is still important work to be done. I encourage you to stay engaged in the process—whether in person or online at le.utah.gov. If you have any questions or feedback, please don't hesitate to reach out. Your input is invaluable, and I appreciate hearing from you!

Bill Spotlight: HB 104 Firearm Safety Amendments

This week, I had the privilege of speaking with the Women's State Legislative Council about HB 104 and my goal of preventing accidental firearm incidents among our youth. It was a great discussion, and I appreciated the opportunity to address questions and clarify the bill's intent. Ensuring firearm safety is a priority, and I'm grateful for the engagement and thoughtful conversation.

I also sat down for an interview with Natalie Wadas from Channel 2, where we discussed the positive impact HB 104 will have. I remain hopeful that this important legislation will be signed into law and make a real difference in protecting Utah's children. This bill focuses on safety, awareness, and preparedness, ensuring that if a child encounters an unattended firearm, they know how to respond safely. I look forward to continuing the conversation and working toward a safer future for Utah's youth.

Discussing HB 408 - School Board Referendum Amendments

This week, I had the opportunity to join The Rod and Greg Show to discuss HB 408, a bill that ensures greater accountability in school board decisions. Under this legislation, school board actions could be subject to referendums if they do not pass with a supermajority vote.

Currently, school boards are the only legislative body in Utah where referendums are not allowed. HB 408 brings them in line with other legislative bodies, giving citizens a stronger voice in important decisions—especially those involving local laws and tax policies. This bill is about transparency, accountability, and ensuring the public has a say in the policies that affect their communities.

Supporting the American Dream

The American dream of homeownership is a cornerstone of Utah's values, and two legislative measures, H.B. 360

UTAH LEGISLATIVE UPDATES

and H.B. 368, are poised to make this dream more attainable for our residents. H.B. 360 focuses on increasing housing affordability by implementing policies that encourage the development of diverse housing options, while H.B. 368 streamlines local land use regulations, reducing bureaucratic hurdles and expediting the construction of new housing projects. Together, these bills aim to expand housing availability and affordability, empowering more Utah families to achieve the stability and pride that comes with owning a home.

Progress of My Bills

- HB 141 Adoption Modification - Being prepared for signature of the Governor
- HB 104 Firearm Safety Amendments - Moving its way up the Senate 2nd Reading Calendar
- HB 147 Aquatic Invasive Species Amendments - Moving its way up the Senate 2nd Reading Calendar
- HB 153 Hunting Amendments - Held in Senate Natural Resources, Agriculture, and environment Committee
- HB 162 Transportation Funding Amendments - Being presented this week in Senate Transportation, Public Utilities, Energy, and Technology Committee
- HB 240 Urban Farming Assessment Amendments - Making its way up the Senate 2nd Reading Calendar
- HB 408 School Board Referendum Amendments- Waiting to be put on the agenda for Senate Government Operations and Political Subdivisions Committee

Representative Rex Shipp
Rshipp@le.utah.gov

A tiny Utah family business delivered custom work. Trump's freeze means the federal government isn't paying up.

President Trump froze funds used to pay for federal contracts with businesses. "We hope we can find a way to compensate" businesses, a spokesperson for the Bureau of Land Management in Utah said.

by Shannon Sollitt

THE SALT LAKE TRIBUNE

Sam Conder, his brother and his dad spent two months this fall welding about 30 steel kiosks for the federal Bureau of Land Management. Conder expected the huge, standalone steel structures to hold trail signs and land markers on BLM land across Utah.

He also expected to be paid for the work.

Instead, he got an email explaining why he won't be — even though his tiny family business delivered the kiosks to the BLM in November. President Donald Trump's Day 1 executive order freezing Inflation Reduction Act funds also cut off the BLM's funding to pay its \$30,457 purchase order with ARC Construction Solutions, a three-employee construction shop in Cedar City.

"It's not huge, but it's not insignificant," Conder said. "We're a really small business. \$30,000 ... keeps us going."

Conder said his contacts in his local BLM office, including his contracting officer, have "tried very hard" to fix things, but until the freeze is lifted or repealed, or unless Congress authorizes new funds, there is nothing they can do.

The executive order has been challenged in court but remains in effect. Citing policy that prohibits commenting on active litigation, a spokesperson for BLM said she could not discuss how many similar letters have been sent to Utah businesses.

But Christina Judd, Utah commu-

nications director for the BLM, said the agency "values the partnerships we have with Utah contractors. We hope we can find a way to compensate them for the work they've done"

Trump issued the "Unleashing American Energy" executive order on his first day in the White

House "to unleash America's affordable and reliable energy and natural resources," according to the order. The order included a decree that "all agencies ... immediately pause the disbursement of funds appropriated through the Inflation Reduction Act."

Conder said he had expected to be paid in December, and received the email from the BLM last week. "This contract was funded using IRA money and per the recent executive order the funds have been frozen," it said, according to the copy shared with The Salt Lake Tribune, "halting all payments at this time."

The company was drawn to bid on the project because the Department of Interior, which includes the BLM, has

see **TINY UTAH FAMILY BUSINESS** » 14

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DAYLIGHT SAVING 2025...IT'S BACK!

by May Hunter

FOR IRON COUNTY TODAY

Daylight saving time starts on SUNDAY MARCH 9, 2025 at 2 A.M. Daylight saving time ends SUNDAY NOVEMBER 2, 2025, at 2 A.M. In the winter, most states turn clocks back one hour on the second Sunday of NOVEMBER. This means that clocks will move forward one hour in the SPRING, and backward one hour in the FALL. Daylight saving time is part of the twice-annual time change that affects millions, but not all Americans. Arizona and Hawaii are the only two states in the United States that do not observe Daylight Saving Time

Daylight saving in the U.S. first started with the Standard Time Act of 1918, a wartime measure for seven months during World War 1 in the interest of adding more daylight hours to conserve energy resources.

Without daylight saving time, we'd continue to benefit from this natural process of longer days

without the abrupt interruption of a clock change in March. We'd have more opportunities to take in daylight in the early part of our day throughout the spring, even if just on the way to work or school or our other daily activities.

The easiest way we've found to keep daylight saving straight is the helpful little expression spring forward, fall back. The general idea is that this allows us to all use natural daylight better: moving the clocks forward one hour in the spring grants us more daylight during summer evenings, while moving clocks back one hour in the fall grants us more daylight during winter mornings.

5 tips to adjust to Time Change:

1. Go to bed and get up at the same time.
2. Practice good habits before bedtime.
3. Keep dinnertime consistent. Eat more protein and less carbs.
4. Get more light!
5. Take a short cat nap.

It may help to go outside into the natural sunlight to cue your body and help retain your inner clock.

“

An extra yawn one morning in the springtime—an extra snooze one night in the autumn—is all that we ask in return for dazzling gifts.

—Winston Churchill

SHAKE IT UP-ST. PATRICK'S DAY MINT SHAKES

(An American-Irish Tradition)

INGREDIENTS

- 1 pint vanilla ice cream (2 cups)
- 1/4 cup whole or 2% milk
- 1/2 teaspoon peppermint extract
- 1/2 teaspoon pure vanilla extract
- 3 or 4 drops green liquid food coloring
- Whipped cream and green sanding sugar, for garnish

DIRECTIONS

Blend the ice cream, milk, peppermint extract, vanilla and food coloring in a blender until smooth.

Pour into one or two serving glasses and garnish

with whipped cream and sanding sugar.

MILK SHAKES LIKE OTHER SIMPLE CONCOCTIONS, are only as good as their ingredients, so use high-quality ice cream and vanilla extract. Combining peppermint extract and vanilla ice cream gives the drink an extra-refreshing, minty flavor you wouldn't get from using regular mint chip ice cream.



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Celebrating One Year of Excellence: The Fellas Barbershop – Cedar City

Sponsored by *The Fellas Barbershop*

FOR IRON COUNTY TODAY

Cedar City's very own The Fellas Barbershop is celebrating one year of serving the community, creating fresh cuts, and building an unmatched barbering experience. Since opening its doors, the shop has quickly grown into a household name, earning the title of Cedar City's highest-rated barber-shop with over 500 five-star Google reviews—a testament to its commitment to top-notch service and customer satisfaction.

A Vision of Community and Quality

Owner Glen Reber started The Fellas Barbershop – Cedar City with a clear purpose: to give back to the community that means so much to him. "I love Cedar City and wanted to find a way

to be more closely connected with our amazing community," he said. "This shop is more than just a place to get a haircut – it's a gathering space, a hub for camaraderie, and a place where people walk out feeling their best."

What started as a dream quickly turned into a thriving business. Today, six highly skilled barbers work tirelessly to provide an unparalleled grooming experience, setting a new standard in the local barbering scene. The shop has seen incredible growth—not only in its team size and number of customers but also in the overwhelming support from the Cedar City community.

More Than Just a Barbershop

Over the past year, The Fellas Barbershop has been more than just a place for a great haircut—it has been an active contributor to the Cedar City community. The shop has proudly

participated in events like Fiesta Days, the Chamber of Commerce Business Expo, July Jamboree, and the 4th of July Parade, helping bring people together and strengthen local ties.

The Fellas even hosted their own block party open to the entire community, complete with live music, games, and a bounce house for kids—a perfect example of their commitment to creating a welcoming and family-friendly environment.

One of their proudest initiatives has been their Veterans Day free haircut event, where The Fellas locations collectively donated hundreds of free haircuts to those who have served. "Giving back is at the core of what we do," said Reber. "We're excited to do even more for our veterans and community in the upcoming years."

Anniversary Celebration – Join the Party!

To commemorate their one-year anniversary, The Fellas Barbershop – Cedar City is hosting an epic celebration this week, and the whole community is invited!

- Here's what's happening: \$24 Haircuts – Thursday, June 13 (a special throwback price!)
- Anniversary Party – Saturday, June 15 (featuring swag bags, food, and special giveaways)
- Anniversary Raffle – All Week! (Every haircut earns an entry to win free haircuts for a year + awesome products!)

So, if you haven't experienced Cedar City's top-rated barbershop yet, now is the perfect time. Stop by The Fellas Barbershop – Cedar City, get a fresh cut, join the celebration, and see why the community can't stop raving about this barbershop.

Follow The Fellas Barbershop on social media for updates and event details!

TINY UTAH FAMILY BUSINESS

« CONTINUED FROM PAGE 11

made it a priority to work with small businesses, Conder said. The department is "committed to increasing prime contract awards and subcontract awards to the small business community," it said in a recent memo, and noted it awarded more than half of its contracts to small businesses in 2023.

He has reached out to Utah's federal delegation for help, he said, but he has not reached or heard back from anyone. Representatives from each office — Sens. John Curtis and Mike Lee, and Congresswoman Celeste Maloy, who represents Conder's district — did not respond to The Tribune's questions.

On Sunday, Curtis said Congress has failed to fix issues such as federal spending and the national debt, and Trump's efforts now are not a crisis, but "how we test the Constitution." Trump, Curtis said on "Face the Nation with Margaret Brennan," "is trying to fix it with the tools that he has. The courts will push back if he steps out of line. ... And that's the beauty of the system. It works."

Conder said he is willing to bid on future federal projects. He doesn't fault the BLM, he said, which he instead sees as caught up in a power grab from the new administration.

"At the end of the day, I would love to get paid for the work that we've already done and done well," Conder said in an email to The Tribune.

But "this story isn't about \$30,000 that the federal government owes to our small business," he said. It's about "how the executive branch, in their zeal to dismantle our federal government, has tried to eliminate checks and balances and in the process hurt a small business in a small community."

This article is published through the Utah News Collaborative, a partnership of news organizations in Utah that aims to inform readers across the state.

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CAIRN WOMEN'S CONFERENCE 2025

Better Together—Each woman a thread within the tapestry of belonging.

by May Hunter

FOR IRON COUNTY TODAY

The Cairn Women's Conference has something for everyone. It will be a day of empowerment, connection, and inspiration with amazing women! This event is designed to bring together women from all walks of life to celebrate each other's strengths and accomplishments. Every woman's success should be an inspiration to others, we're strongest when we cheer each other on.

The Cairn is all about women coming together to share their stories within their individual journeys, with the compassionate knowledge that we've all been there, or are going to go through it. And, most importantly, we are not alone. Whether you are a student, professional, or stay-at-home mom, this conference will have something for everyone. It's a conference to Share, Learn and Have Fun. Because, simply, we are Better Together.

Sharing stories, wisdom, life lessons and healing together forms a bond of sisterhood that is extremely powerful. There is a shared experience that all women have and feel, which can only be understood fully by other women. This kind of group bonding allows us to cry and laugh without being judged. Participate in engaging workshops, listen to well-trained, thought-provoking speakers, and network with like-minded individuals.

Keynote speakers

Melinda Pfundstien - Melinda currently serves as Executive Director

of Community and Workforce Development at Southern Utah University. She is an accomplished actress, and impactful director in live theatre, she excels in artistry, leadership, trailblazing and strategic communications. She enjoys bringing individuals and groups together—whether it be on platforms of education, creativity, or uplifting social causes.

Tessa Romero - "The Transformative Power of the 'I Am' Statement"

Passionate about kind and effective communication, Tessa is a mindset coach, especially for moms. She has used the promise of self-discovery to inspire a dramatic turnaround in women's approach to daily life and motherhood. Tessa helps cultivate patience, confidence, and joy in motherhood.

Sierra Lamb - "Home Safety"

As a Senior Leader of two L.L.C. businesses, Si (short for Sierra) and OneLife CPR & First Aid L.L.C., is excited to be part of the movement in providing high-quality Life-Saving education for professionals, AND the general public of many families throughout the western United States. She has a background in both animal and human medicine. She has been an active first responder since 2010. Si is very passionate about promoting awareness and education of basic life-saving to all levels of the household world and automatic in-the-office and on-the-street knowledge. Her goal is to build an education facility that offers not only training in healthcare, but also Emergency Medical Services, Advanced Cardiac Life Support and Pediatric

Advanced Life Support.

Lynette Kelly - "Intuitive Self-Defense for Women"

Lynette has been studying boxing, judo and Ronin Goshin Jutsu for 12 years. She feels a deep purpose to being a bridge for women to learn and practice self-defense. She is a mother, tailor and competitive weightlifter. She is working on completing her personal trainer certificate, and plans to open up a studio in Cedar City, where she will coach boxing, weightlifting and general physical fitness.

DiAnne Berry - "Accentuating Your Essence"

Being the oldest child, DiAnne believes she has a heightened sense of responsibility. She left her family farm at age 18, and found herself in an unfamiliar territory of only having to consider her own needs, she remembers the feeling of being adrift. She got married and assisted her husband through his college and career, taking classes when she could in alternative

see **CAIRN** » 16

Better Together

Each woman a thread within the tapestry of belonging.

CAIRN WOMEN'S CONFERENCE 2025

The Cairn is all about women coming together to share their stories within their individual journeys, with the compassionate knowledge that we've all either been there, or are going to go through it. And, most importantly, we are not alone. Whether you're a student, professional, or stay-at-home mom, we hope to have Y-O-U part of the 2025 Cairn Women's Conference to Share, Learn and Have Fun. Because, simply, we are *Better Together*.

March 15, 2025

8:30 am - 5:00 pm

The Heritage Center
Cedar City, Utah



Scan to learn more about the speakers and register!



THECAIRNWOMENSCONFERENCE.ORG

Imagination is not just for kids

by Samuel Wells

CCAC BOARD MEMBER

I can still hear the words of my high school English teacher after all these years: “use your imagination,” he said, and I felt like he was talking down to a bunch of toddlers. I was in my “growing up” years of rejecting childhood and trying to figure out what maturity meant. Cartoons were no longer popular. And there was no chance that I would be drawing a holiday greeting card for anyone.

And so I find it a little amusing, after all these years, to find myself picking up

my colored pencils. In fact, I occasionally make my science students do the same. I am not trying to create artists. That isn't my job. But I am trying to tap into the innate human capacity to imagine things that aren't obvious. When we do this, we foster learning and self-discovery. Researchers have learned in recent years that creativity and the imagination need to be a part of everyone's life. It isn't just for young people. Children almost always prefer living

in the world of make-believe. As a young parent, I was reminded of this all the time. My interest and energy in coming up with bedtime stories was never quite sufficient for the wishes of my children. I sometimes felt like I had graduated into the “real” world where imagination was no longer important.

This is unfortunate and it is wrong. I don't mean that we need to see more animated movies or visit more amusement parks. But we desperately need more time to imagine the other possibilities in our lives, and in the world around us. Imagination happens when our rational minds are influenced by our deeper subconscious minds and with the world around us.

Sometimes it strikes unexpectedly and in thrilling ways.

Experiencing the joys of the imagination is one of the most important ways to find meaning despite challenging

circumstances. This imagination leads to creativity and an active life. We can imagine building a house, a garden, a nightstand. We can imagine a vacation, a relationship, a way out of an addiction. We can imagine the words to a new poem, a way to

succeed at work, maybe even the real meaning of dragons. In a word, we can imagine

ourselves doing just about anything. And the wonder of it all is that, once we have imagined it,

we can start to make it happen.

One of the saddest things that I see as a teacher is wasted talent. The magic of imagination gets derailed so often when we are busy or have our minds saturated with digital distractions. In fact, some of us are so distracted that our subconscious minds simply go to sleep. This sad situation doesn't need to be. Peter Pan wasn't completely correct when he said that, “all children, except one, grow up.” Maybe our bodies do. I'll give him that. But the wonder of childhood doesn't ever have to go away.



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CAIRN

« CONTINUED FROM PAGE 15

medicine and raised 8 children, (gave birth to 5) and adopted three siblings when they were 9, 11 and 12. DiAnne was able to move back into her childhood farm-home in Brush Prairie, Washington. She had struggled to find her voice but nowadays, she shares her voice and wisdom as an Artist, Empath Guide, Resilience Advocate, and Author of two books, which explore the gifts of resilience, confidence, and peace of mind amidst life's storms. She leads workshops on 'The Art of Living Well' like trusting your intuition, and empathic skills. DiAnne specializes in healing work and coaching. She now lives in southern Utah. DiAnne is honored with your presence at the conference, she treasures it as a part of her significant journey.

Dr. Jeff O'Driscoll-“Finding Gratitude in Grief”

Back by popular demand speaker, healer, spiritual mentor, author and

former ER doctor, Jeff O'Driscoll says every experience enables me to help others. For 25 years he has helped people heal their bodies. With candor, humor and empathy, he now helps people identify their gifts, find their own answers, and heal their souls. Dr. O'Driscoll has been writing books for over 30 years. He has published works of history, biography, theology, medical science and healthcare administration. He recently published a series of children's books.



“Every time women gather together in circles, the world heals a little more”
-Jana Leavitt

“Alone we can do so little-together we can do so much. There's strength in numbers, and when women stand together, we can change our worlds and the world.”

Brian Head Town
50th
 1975–2025

BRIAN HEAD TOWN IS TURNING 50 Years Old AND READY TO CELEBRATE

from Nancy Leigh

FOR IRON COUNTY TODAY

On March 12, 1975, Brian Head Town, a small resort community, was officially incorporated and since that time Brian Head has become a resort community destination for those seeking the resort town type of lifestyle.

On March 12, 2025, Brian Head will celebrate its 50th Anniversary with two major events: March 12–15th and July 24–26, 2025. Join us as we celebrate Brian Head Town's

anniversary with four days of events in March and three days of events in July. The events are free to the public, so come and support the local community.

The celebration kicks off on
March 12, 2025:

March 12–15, 2025:

- ◆ **Resident appreciation dinner:** A thank you to our residents and dignitaries.
- ◆ **Fireworks Display:** A spectacular fireworks show on March 12.
- ◆ **Ski Joring:** Thrilling ski joring races on March 15.
- ◆ **Snow Shovel Race:** A unique snow shovel race event.
- ◆ **Southwest Wildlife Foundation:** Martin will host an educational but fun presentation with his eagles and other raptor bids.
- ◆ **Carnival Birthday Bash:** Kids will enjoy carnival games and prizes.
- ◆ **Reduced Snowmobile Tours prices:** Special discounts on snowmobile tours with Thunder Mountain Motorsports.
- ◆ **Family Snow Sculpture & Snowfest:** A family-friendly snow sculpture competition, kids sledding, smores and hot chocolate.



calendar

THURS, MAR 6

OCVHS PRESENTS "BOOK OF WILL"

(7-9PM) March 6-8, in the high school auditorium, 166 W. 1925 North, Cedar City.

SALT LINES CLOSING PANEL

(11:30AM-1:30PM) in the R. Haze Hunter Alumni Center - Gilbert Great Hall. In connection with the exhibition, Salt Lines: Exploring Climate, Environment, and the Saline Influx, Southern Utah Museum of Art (SUMA) invites you to a community conversation about environmental issues affecting Utah.

FRI, MAR 7

GEM & JEWELRY SPRING SHOW

(7-8PM) March 7-8, from 10-7pm and March 9, from 10-4pm, at the Diamond Z Arena. Entry is free to the public. Come enjoy the wonders of Mother Nature like natural crystals and minerals, beautifully created gemstone jewelry and free door prizes, silent auctions and classes. Whether you have a passing interest or are an avid hobbyist, jewelry crafter or metaphysical practitioner, our great vendors are likely to have something to pique your interest.

BROADWAY OPEN MIC NIGHT (8PM)

Don't miss it! Broadway Open Mic Night is back!!! Come and dazzle us with your favorite show tune (We can provide most tracks for you)! Admission is free! We

can't wait to see you there! @ 389 N 100 W, Suite 7, Cedar City, UT

SAT, MAR 8

FESTIVAL CITY FARMERS MARKET (10AM-1PM) held every Saturday

at 100 West Center Street (Cedar City), admission is FREE. Shop locally produced and grown fruit, vegetables, cheese, jam, bread, eggs, honey, farm products, hand crafted items, and more. For information emailfestivalcityfarmersmarket@gmail.com

SUN, MAR 9

Daylight Savings - Spring Forward

MOUNTAIN VIEW SPRING REVIVAL

(MAR. 9-12) Mountain View Baptist Church will be holding special meetings for Spring Revival. The guest speaker will be Evangelist Don Woodard from Ohio. The Sunday service times will be held at 11:00 A.M and 6:00 P.M. The services held on Monday thru Wednesday will begin at 7:00 P.M. nightly. The church is located at 1160 S. 860 W. in Cedar City. Visitors are always welcome!

MON, MAR 10

HISTORY BOOK CLUB (6:00PM) AT

Main Street Books. Reading "The Demon of Unrest" By Erik Larson. Most titles are available well in advance at Main Street Books. All are welcome to join!

AUDITION OPEN CALL (6:30-9:30PM)

Cedar Valley Community Theatre is pleased to announce the upcoming auditions for "The Scarlet Pimpernel". Ages 16 and up are welcome to audition. Signup at www.CVCT.online. Callbacks - Tuesday, March 11th from 6:30-9:30pm.

TUES, MAR 11

FAMILY HISTORY CLASSES (10AM) @

Cedar City Library (303 N 100 E). Pam and Catherine will explain how Vital

Records can help your Family History Research progress. They will demonstrate where to find Civil Registrations, how to examine them and how to use the information the records contain. This is an intermediate class. They can help you get started and answer any questions you might have regarding your Family History Research. All classes are free!

LIVE JAZZ W/ TANNER DAWSON (7PM)

at Off the Cuff at 913 South Main. We provide live jazz performances every 2nd Tuesday of the month. Music is primarily performed by the Off The Cuff (OTC) band with featured guests. Shows are free!

SAT, MAR 15

REEL MENTAL HEALTH SILENT

AUCTION (2-6PM) @ The Valor Hotel Conference Room 1650 W 200 S Parowan, Ut. 84761. Reel Mental Health is a fun interactive support group. Topics include Mental Health, Substance Abuse, Suicide Prevention and so much more. To keep the group thriving, we need your help! Nick's Smokehouse & Cafe is donating a 6hr event rental at The Rambouillet Barn for up to 50 guests, along with a 25% disc. for catering by Nick's. This package is valued at 3,000 dollars. More than 8 local vendors are participating. Hope to see you there.

CAIRN WOMANS CONFERENCE

(8:30AM-5:00PM) @ The Heritage Center, 105 N. 100 E., Cedar City, Utah. THECAIRNWOMENSCONFERENCE.ORG

BRIAN HEAD TOWN 50TH

ANNIVERSARY (MAR 12-15) Join us as we celebrate Brian Head Town's anniversary with four days of events in March. The events are free to the public, so come and support the local community. For more information, refer to the official Brian Head Town website. brianheadtown.utah.gov or by

calling the Town offices at (435) 677-2029 M-F - 9-5.

FEED UTAH FOOD DRIVE (9AM) IN

March, organizations and residents throughout Utah will collaborate with Utah Food Bank for the annual statewide Feed Utah food drive. Utah Food Bank asks the public to help by placing a bag of non-perishable food outside their front door by 9:00 am on the morning of the food drive for pickup by volunteers. Donated food will be distributed to Utah Food Bank and local food pantries throughout the state. You can also take food donations directly to Lin's grocery store or Canyon View Stake Center 1985 North Main St, CEDAR CITY, UTAH 84721-9757 between 9-12. For more info visit <https://www.utahfoodbank.org/feedutah/>.

RELIEF PRINTMAKING WORKSHOP (6-9PM)

Join us at Bookdom Apothecary for a hands-on Relief Printmaking Workshop. Cost: \$35 (30 seats available) - Purchase Tickets In Store - Guided by talented instructor Bailey Powell, this immersive experience will introduce you to the fascinating world of relief printmaking - a centuries-old art form that transforms carved surfaces into striking, high-contrast prints.

CEDAR CITY STAR SEARCH

(7PM) @ Heritage Center Theatre: The annual Cedar City Star Search is a vibrant community event showcasing the best local talent from Cedar City and Iron County. Twelve finalists will perform live, competing in front of community celebrity judges for a chance to win a cash prize. The audience gets to join in the fun by voting for the Audience Choice Award. With music, dance, and more, it's a free night of excitement and entertainment for all ages! Reserve free tickets in advance online.

calendar

ONGOING OPPORTUNITIES

GOVERNMENT

Brian Head Council

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Central Iron County Water Conservancy District Board Meetings

3rd Thurs., 6:30pm. 710 S. Westview Drive

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

Iron County Republican Women

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

Parowan City Council

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Post 74

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Learn about Veteran benefits, opportunities, fellowship. Honor Guard provides military honors at Veterans funerals. Post Commander Tris Colman (805) 268-4287.

Bikers Against Child Abuse

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Rm)

DAR – Bald Eagle Chapter

3rd Tues, 11:30 AM @ the Cedar City Brian Head Visitors Center.

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Lion's Club

Tues, 12 pm • Call Pres. Michelle Wilson for mtg. info. Everyone welcome! (802) 359-2183

Marine Corps League

Detachment 1315, 2nd Wed, 6:30 pm
Elks Lodge (303 N 100 E)

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

Veterans of Foreign Wars (VFW)

1st Tues, 6PM. Post 10846 meets @ Elks Lodge, 111 E 200 N. Email: VFWinCedarCity@gmail.com

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org. Helpline: John (702) 802-1332, Kara (702) 232-6829
KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Speaking From The Heart • M – Sa, Noon
Steps and Traditions • M – Su, 7 am

Red Road to Sobriety • Mon, 6 pm Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

The Great Fact • T, F, Noon. True Life Center 2111 N. Main. (702) 802-1332 or (702) 533-7856

Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

Uncommon Sense • Sat, 10:00 am

My Story • Sat, 8 pm

Thank God Sunday Spiritual • Sun, 11 am

What a Way to Start the Day • Su, W, F 7-8 am • All are welcome

Al-Anon

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Al-Anon • 1st, 3rd Tues, 7-8 pm • 435-704-8984

Easy Does It • Tues, 7-8 pm • (435) 559-3333

Hope for Today (Family Groups)

Thurs, 6 pm • (435) 559-3333

Key to Harmony (Online/Email Meeting) Sun & Tues
435-704-4979 • <https://keytoharmony.org/>

Alzheimer's/Dementia

Last Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn, access resources, connect. Virtual option available. Raven Albertson, 385.831.7124, utahprograms@alz.org.

ARP—Addiction Recovery

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan
Sun 7:30 pm • 85 N 600 W, Cedar, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

Caregivers

3rd Thurs, 5:45-7 pm • Zion's Way Home Health, 369 N 100 W #1, Cedar. All levels of the caregiver's journey from pre-caregiving to bereavement and rebuilding welcome. INFO: Kat at 702-292-9911.

Celebrate Recovery 12-Step

Fri, 6:30 pm • Sunrise Christian Church (6843 W 1800 N, Cedar). God can change any hurt, habit or hangup, not just alcohol addiction INFO: 435-586-3640

Embrace Grace

Unmarried, pregnant? You don't have to walk alone! Safe, judgment-free zone. Free baby stuff at a baby shower for you. Text or call 407-719-8595. Info under Resources tab @ Threshingfloor.life.

Grief Support Group

2nd Tues, 5 pm • Southern Utah Mortuary (190 N 300 W, Cedar). Safe, supportive for those who have lost loved ones. You are not alone. Free. INFO: 435-586-4040

Grief Support - Child Loss

1st Tues, 7 pm • Cedar Library (303 N 100 E). FREE for bereaved parent, sibling or grandparent. Includes any child loss (pre-birth, young, teen, adult). INFO: 435-327-1856

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, share perspectives on healing, recovery. Join: affiliate.rainn.org/helproom/canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org • (435) 635-9603
KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

It Works - How and Why • Thurs, 7:30-8:30 pm

Live and Let Live • Fri, 8 pm

Candle Light Mtg • Sat, 9:30 pm (Sm rm)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm • Mtg Hall, 1067 S Main, Cedar (877) 865-5890

Nicotine Anon (12-Step)

Fri 5 pm • KKCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

OARS (Open, Authentic, Relevant, Spiritual) Young Adults Meeting

Every Tues. 6-8PM @ Cedar City Library in the Park - excluding holidays. Includes dinner, faith-oriented discussion and prayer. Info: text 541-579-1554 or pastorschuyler@gmail.com.

Porn Addiction Recovery

Men Only • Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • www.southernutahshare.com

Senior Blind/Visually Impaired

3rd Thurs, 1:30 pm • Cedar City Library

Southern Utah Veterans Assoc.

1st Thurs, 7 pm • Westview Christian Center, 2624 W Hwy 56, Cedar. INFO: Chuck Waddell 907-252-1365.

Southwest Parkinson's Alliance

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

Widows Ministry

2nd Sat, 11-1 pm • New Journey-Widow's Ministry @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

CLASSES, CLUBS & ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Arts for Adults w/ Disabilities

Every other Tues, 1-2pm, starts Nov. 28. • Johnson Arts Center (59 N 100 W Cedar). Fun, engaging activities. Drum/Flute circles, group juggling, fine arts projects, more! All levels/abilities! 702-917-2151.

Bingo & Lunch

Fri, lunch @Noon, Bingo @3 pm. Free for Seniors @ Our House Assisted Living (995 S Regency Rd, Cedar). INFO: 435-867-0055.

Book Club

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

Boy Scout Troop 1848

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door. Text Sheila 805-208-4545

Cars & Custard

2nd Mon, 6-8 PM at Culver's 1065 Main St, Cedar City. Classic Cars & Trucks, Customs, Your pride and joy. A free small Custard for each car entry, provided by Culver's! Contact Mike @ 909-717-1232 or ekimjacobs@gmail.com for more info.

Cedar Breaks Model A/Vintage Car Club

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email cedarbreakmodela@gmail.com.

Cedar Chest Quilters' Guild

Thurs, 10 am • Cedar Senior Center, 489 E 200

S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. cedarchestquiltersguild.org

Cedar City ESL

Wed, 6:30 - 7:30 pm • Free ESL lessons offered at Cedar Library, Rare Book Room (303 N 100 E). No pre-registration required.

Cedar City Toastmasters

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

Cedar City Unitarian Universalists

2nd Sun., 11:00am @ 1280 E Midvalley Rd. Leave a message at 435 590-0596 if interested.

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit www.cedarprofessionals.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

Cedar City Community Band

We offer a wealth of opportunities for individuals of all ages and skill levels to get involved and experience the joy of ensemble music-making. Contact us at www.cedarcitycommunityband.org or by calling 435-590-2513.

Cub Scout Pack 1848

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

Explorer Bible Club

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

International Folk Dancing

Fri, 1-2 pm • Cedar Senior Center (489 E 200 S) FREE; No Partner Needed; teaching! INFO: 626-808-6129

Iron County Moms For America

4th Thurs, 7pm at 2321 W Cove View Dr, Cedar City. Join a growing number of women throughout the nation to strengthen and preserve liberty. INFO: Kami Merrill 435-592-4152 or email: ironcountymoms4america@gmail.com

Friends of Festival Country K9s

offers Dog Training classes and therapy dogs for libraries, schools, and more. We also have events like animal adoptions and microchip clinics. Call Gail Workman at 435-592-5487 for info.

Community Dance: Live music, Classic Country, Oldies Rock & Roll.

3rd Friday of every month, 7-9 pm. Cedar Senior Center, 489 E 200 S. No cover. Call the Senior Center for more information at 435-586-0832.

Parkrun

Sat 9am - Canyon Park West. A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate - it's up to you! www.parkrun.us

Parowan Pickleball

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and sign up: Parowan Visitors Center 435-477-8190.

PB&J Therapy Groups

These two groups teach skills for different areas of life by utilizing recreational activities and engaging in other forms of expressing emotions. INFO: 435-267-4212.

College: forms.gle/SmGyGcfvQ1tS2pB7

Adolescent: forms.gle/BZiePW63pR6Zd8k9

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

Sagebrush Fiber Artisans Guild

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

Senior Yoga Classes

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Sewing Group

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/ reserve your spot.

Tai Chi For Health

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

TOPS—Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

Wellness Wednesdays

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PW: health, Info: Kristi Sharp (435) 986-2564, ksharp@swuhealth.org

Youth Group

Wed, 6:30-8 pm • Ages 12-18. Meal, games & Bible Study. @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

history

The Hole in the Rock Expedition PART 1

by Jay Jones

FOR IRON COUNTY TODAY

One of the great pioneering feats of the American West involved determined men and women from Iron County.

The tale of the Hole-in-the-Rock pioneers has been told many times. The highlight of the expedition occurred on 26 January 1880, when 40 wagons descended a perilous route carved through red-rock cliffs to reach the banks of the Colorado River.

Leaders of the Church of Jesus Christ of Latter-day Saints announced the project to settle in the four-corners area at a stake conference in Parowan on 28 December 1878. Families from Parowan, Paragonah and Cedar City heard their names called from the pulpit and began preparations to fill the colonizing mission. Additionally, families from other parts of Utah were soon called.

A scouting party of about 30 men, mostly from Iron County, set out in April 1879 to find locations in the four corners area suitable for settlement. They passed through Kanab, Lees Ferry, and Tuba City on their way to the San Juan River country.

Near the confluence of Montezuma Creek and the San Juan River they found Peter Shirts, formerly of Cedar City, who had recently settled in the area. They built a fort and a couple of cabins and the James Davis family of Cedar City and the Henry H. Harriman family of Parowan, who had traveled with the scouting party, decided to stay.

The scouting party returned home via Moab and the Old Spanish Trail through Green River and Castle Dale. Their travels had covered nearly 1,000 miles.

A more direct route to the four-corners area via the recently settled town

of Escalante was proposed. Preliminary reports were favorable, and pioneers were ready to go.

Work began in earnest to carve a road through a steep and narrow gorge to the Colorado River 2,000 feet below.

such a steep grade.

George Decker, later a member of the faculty at the Branch Normal School in Cedar City, wrote that the best team for the job was a pair of horses owned by Joseph F. Barton of Paragonah. They had been blinded by a pinkeye epidemic and could not see the fearful gorge ahead. The horses carefully felt their way, one step at a time, and safely took three wagons down. Several men with ropes restrained the wagons from behind.

The men split up into teams at difficult places along the way to assist the wagons down to the river banks. Joseph Stanford Smith of Cedar City worked hard all day helping others, and had understood that someone else would drive his wagon down the treacherous road.

When it was thought that the day's work had been completed, Smith found his wagon and family alone at the top with nobody to assist. His wife Arabell insisted that she and one of their horses would be able to restrain the wagon from plunging out of control down the precipice.

The Smiths left their three young children on a blanket at the top and told them to wait and pray until their father returned for them. Although both Arabell and the horse lost their footing and were dragged along until the wagon came to a stop in some sand, their injuries were treatable.

After taking care of Arabell's wound, Smith climbed back to the top. He found the children waiting where they had been left. "God stayed with us," said Ada, the eldest.

Next, part 2 of the Hole-in-the-Rock Expedition.



A mural "The Last Wagon" at a visitor center in Escalante portrays Arabell Smith and a horse pulling back on the wagon driven by Joseph Stanford Smith at Hole-in-the-Rock. The three children in the family are seated on a blanket, awaiting their parents' return

**HISTORICAL
THREADS**

"Jens Nielson led the pathfinder group of twenty-five wagons out of Cedar City on October 22, 1879," according to Lee Reay in the book "Incredible Passage Through the Hole-in-the-Rock." Other groups soon followed.

When they reached the rim overlooking the Colorado River about 50 miles southeast of Escalante, the wisdom of choosing this route was called into question. However, accumulating snowfall made a return trip home problematic, so the decision was made to find a way forward.

Benjamin Perkins from Cedar City, who had grown up working in coal mines in Wales and was expert in using explosives, was a leader in the road building effort.

Cornelius Decker of Parowan recorded: "I don't think I ever seen a lot of men go to work with more of a will to do something than that crowd did. We were all young men; the way we did make dirt and rock fly was a caution . . ."

On 26 January 1880 a group of 40 wagons was ready to try the new road, but the horses balked at going down

schools

NEWS FROM THE NEST

by Delaney Richards

FOR IRON COUNTY TODAY

Sweethearts

On February 22nd, Canyon View hosted its highly anticipated annual Sweetheart Dance, and it was an absolute blast! The wrestling team pulled off an incredible event filled with amazing music and a ton of fun activities. Everyone danced the night away and enjoyed a fabulous selection of free snacks! A huge shoutout to the wrestling team for throwing such an unforgettable dance! What a night to remember!

State Champs!!

Canyon View has done it again—claiming the title of state champions for the fifth time! On Wednesday, the 26th, the girl's basketball team delivered an electrifying performance that had everyone on the edge of their seats! After a challenging first quarter where they fell behind, the girls kicked it into high gear, battling back to tie the game in the second quarter. By the third quarter, they had seized the lead, and in the fourth quarter, they maintained their momentum and got the victory! These incredible athletes poured their hearts and souls into this triumph, just as Coach Jacee Barnhurst emphasized with her powerful mantra: "Be the best you can be! Focus on what you can control, rebound as a team, and don't worry about the competition." And that's exactly what Canyon View's girls did—they honed in on their strengths and soared to the top! Congratulations to the team on this monumental win! The excitement is definitely there, and Canyon View couldn't be prouder!

BRIAN HEAD

« CONTINUED FROM PAGE 17

◆ **Snowshoe Tours:**

Additionally, the National Park Service is offering a special snowshoe tour at Cedar Breaks National Monument to celebrate the anniversary. This guided 1-mile roundtrip snowshoe hike provides insights into the local history and stunning winter views. The tour is free, and equipment is provided at no cost, but equipment is limited so register early. For registration and details, visit the event page on Eventbrite. [eventbrite.com](https://www.eventbrite.com)

- ◆ **X-Country Ski Tour** with Cedar Mountain Nordic Ski Club, the tour is free to the public, but you will need to bring your own equipment or rent some in Brian Head.

- ◆ **Drone Show:** Come and experience a fun family event with a drone show over Bristlecone Pond.

For more details on the March events, visit the event page on Brian Head Town's website: brianheadtown.utah.gov.

But wait!! the celebration still continues in July with three days of free events:

July 24-26 Events:

- ◆ **Village Way Vendor Fair:** A fair featuring various vendors and more.
- ◆ **Bounce Houses:** Fun activities for children.
- ◆ **Brian Head Car Show:** A showcase of classic and modern cars.
- ◆ **Cowboy Poetry:** Come and sit by the fire roasting smores and listening to some authentic

cowboy poetry.

- ◆ **Brian Head Arbor Day:** Celebrations honoring Arbor Day with planting 50 trees.
- ◆ **Pioneer 5K Run:** A 5K run event through Brian Head and beyond.
- ◆ **Night Sky Exploration:** Stargazing and astronomy events.
- ◆ **Dutch Oven Cook-off:** Come and test your dutch oven skills and win.
- ◆ **Pie Contest:** Think you have the best pie in town? Come test your pie making skills and win prizes.

- ◆ **Drone Show:** This spectacular event is fun for the entire family.

These events offer a variety of activities to commemorate Brian Head Town's 50th anniversary.

For more information, refer to the official Brian Head Town website. brianheadtown.utah.gov or by calling the Town offices at (435) 677-2029 M-F - 9-5.



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schools

IRON COUNTY SCHOOL DISTRICT NEWS NUGGETS

by Colby Leavitt

FOR IRON COUNTY TODAY

Congratulations to the 2025 Love Where You Live Writing Contest winners!

- 1st place: Maya Salgado, Roger Urbanek's class, Iron Springs Elementary
- 2nd place: Mellie Francom, Brenda Prince's class, Iron Springs Elementary
- 3rd Place: Creighton Law, LeAnn Atwood's class, Fiddlers Elementary



Every February, Cedar City Events partners with Iron County School District 3rd Grade classes to hear what these young writers love most about living in Cedar City. This year, 270 essays from 20 classes were entered, and a committee narrowed them down to the top 3. The winning students receive a cash prize, along with their teachers for classroom expenses, all thanks to the sponsorship provided by Cedar City Rotary Club.

Canyon View Middle School

Students at Canyon View Middle School put their business skills to the test in the first Cougar

Makers Market. Students were invited to find something to sell, price it, display it and market it to those who walked through the gym. Students kept the profits and learned valuable lessons in supply and demand. Our MathCounts team won 1st place and will be headed to the State competition.



Escalante Valley Elementary

The 4th graders at Escalante Valley Elementary were highly engaged during a recent math lesson where they were able to practice coding skills using Ozobots. Students demonstrated knowledge and competency in reducing fractions, as well as graphing perimeter and area of shapes

Three Peaks Elementary

Three Peaks Elementary held their annual spelling bee. The contest took nearly two hours and 29 rounds before naming the following winners: Logan Wilson-1st place, Hannah Urie-2nd place, and Briggs Barnes-3rd place.

North Elementary

North Elementary hosted our annual spelling bee. Our 1st place winner (Taytum Myers) and 2nd place winner (Addison Cuaresma) will advance to the district spelling bee on March 19. Our 3rd place alternate winner was Darby Whisenhunt.

East Elementary

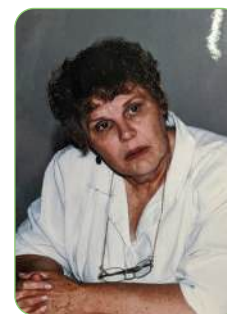
Tricia Adams, a 3rd grade teacher, was recognized as an Innovative Teacher of the Year at the Utah Coalition for Educational Technology (UCET) Conference. The Innovative Teaching Award recognizes teachers for supporting student learning through innovative teaching practices using technology. Adams implemented a new teaching approach this year that helps students take ownership of their learning.

Launch High School

Thirteen students from Launch High School had the opportunity to travel to Salt Lake City last weekend and attend the StoryCon Writing Conference. Two students from LHS were standouts at StoryCon this year. Senior Cason Blodgett was a finalist published in the "Once Upon A Time" Teen Anthology. Freshman Aspen Dail was one of three teens featured in the StoryCon Script Writing Contest. These students' one-scene plays were performed on the main stage by a troupe of professional actors. Aspen's play was awarded first-place overall script.

obituaries

Janet Carroll Gordon



Janet Carroll Gordon, long-time Southern Utah resident and political activist, particularly on downwind radiation issues, died Tuesday, February 25th, 2025, in St. George, Utah. Janet was born on May 24th, 1939, in Kanab, Utah. She was the fourth of five children born to Henry and Velma Carroll, of Orderville, Utah. Janet was preceded in death by her parents as well as older brothers Norman Henry Carroll, of Orderville, Utah; Kent Frederick Carroll, of Orderville, Utah; and her sister Mary Lou (Carroll) Melling, of Cedar City, Utah. She is survived by her younger sister Madolyn (Carroll) Bills, of Salina, Utah.



Janet graduated high school in 1957, and was that year crowned Miss Kane County. She married James Denzel Holt, in 1958, and they had three children: James Bradley Holt, Patricia (Gordon) Dominguez, and Kent Carroll Gordon. In 1963 Janet and James Holt were divorced. Janet married Lloyd Gordon of Cedar City, Utah, in 1965. During this period, Janet began her activism by joining the League of Women Voters, and becoming active in the Iron County Democratic Party. She and Lloyd were also very active in environmental issues.

Janet became particularly interested in downwind radiation issues after attending a conference at the University of Wyoming in Laramie, in 1979. She and her sister Mary Lou realized that the death of their brother Kent, in 1961, was very likely due to his exposure to radioactive fallout from testing at the Nevada Test Site. She subsequently devoted the rest of her life to this important issue, co-founding and serving as Director of Citizens Call, a downwind advocacy, educational and political organization. Janet was put in charge of the both the 1980 & 1990 census' for Southern Utah locations. In 1980 she also joined with a group of Atomic Veterans, and environmental activists to form the National Committee for Radiation Victims, of which she was named to the Chair position. She was asked to testify before Senator Orrin Hatch's senate committee, during his early efforts to draft and pass a Radiation Exposure Compensation Act. This was the first of many times that she testified on this and related issues. RECA was eventually passed and signed into law in 1990.

In 1983, Janet appeared on the Phil Donohue show, talking about downwind issues to national audiences. She spent the next few decades lobbying and testifying in congress and working with representatives in both congressional houses to contribute to drafted legislation; flying all over the world, to publicize and help gain international support for this issue. In 1980, she began organizing yearly vigils in Utah, every January 27th, to protest nuclear testing and to call for a comprehensive test ban treaty. In 1985 she was invited to Japan for her first time, to speak at the 40th Annual Hiroshima & Nagasaki Commemorations. Over the years, she served as a delegate and speaker at eight different annual commemorations in Hiroshima & Nagasaki, helping to send other local Downwinders to participate there, as well, over additional years. Specifically, Janet testified against the dangers of nuclear power and nuclear arms development at United Nations meetings in Copenhagen and Geneva. She spoke at worldwide conferences in Moscow, Minsk, Kazakhstan, Berlin, London, Stockholm, and Tokyo.

This farm girl from Orderville, Utah ended up shaking the pillars of congress, and her testimony, her incredible people-skills and tireless dedication to publicizing these issues, were instrumental in the eventual passage of the RECA legislation. Janet leaves a powerful and lasting legacy behind her.

A memorial gathering will be held at Bella Terra Care Center, 178 S. 1200 E., St George, Utah, on March 7th, 2025, with visitation beginning at 6:30 PM. Services will be held on Saturday, March 8th, with visitation at 10:00 AM, and Funeral at 11:00 AM, at Serenity Funeral Home, 1316 S. 400 E., St George, Utah. An additional memorial gathering will be held in Cedar City, Utah on Saturday, March 8th, at 4:00 PM, at the Kolob Gallery, 111 S. Main Street. Subsequent graveside services and interment will take place at the Cedar City Cemetery.

obituaries

Mary Linda Rollins Yardley



Mary Linda Rollins Yardley, known as “Ducky,” 79, passed away on February 26, 2025, surrounded by her loving family in Beaver, Utah. Linda was born on March 29, 1945, in Cedar City, Utah, to Carmen A. “Bill” and Mala Macfarlane Rollins.

Growing up in Parowan, Utah, she often said she had an amazing childhood and enjoyed spending quality time with her grandparents, playing with her lifelong friends and sisters, learning how to cook and sew with her mom, going on fishing and hunting trips with her dad, and causing mischief with her cousins, especially when Dan and Don A. were in town.

Mom attended Parowan Elementary and Parowan High School. She was very active in school plays, sang in the choir, was a cheerleader, participated on dance teams, and was involved in several other clubs in which she excelled.

After graduating in 1963, Linda took off to work on the South Rim of the Grand Canyon, where she spent some of the best days of her life. Upon returning home, she began working at a sewing factory in Beaver. It wasn't long before her life changed forever when a handsome young return missionary looked her up and asked her out on a date. She knew the moment she

saw him that he was the love of her life. On their fourth date, he proposed, and she said yes.

On April 18, 1964, Linda married Rowland Yardley in the St. George, Utah, temple; they were sealed for time and all eternity. Together, they had four children and created a life only read about in fairy tales.

Linda had a great love of writing and wrote beautiful poems. She also enjoyed sewing, cooking, and making things with her hands. Ducky had a passion for music, and she could listen for hours. There was always a good tune playing on her stereo, or she would be playing a melody on her piano. She was a gifted pianist and could play the piano by ear.

Mom loved to dance. She was a professional shimmier and taught her daughters, granddaughters, and any other females who dared to learn The Shimmy. She knew all the dance moves, including the jitterbug, western swing, and two-step, just to name a few. She was even televised dancing The Charleston with some of her friends when she was a teenager. She had a passion for dancing, and Rowland was her perfect partner. When they danced, people would stop to watch them tear up the dance floor, and they passed their talent and love for dancing on to each one of their kids. Many nights, you could hear music echoing from our living room and see the shadows of the entire family dancing through the big window.

She was a devout member of The Church of Jesus Christ of Latter-day Saints and held many callings, her favorite being a Sunday school teacher. She loved sharing the gospel with the teenage members of the ward alongside Rowland.

Hunting camp was a vacation that we all looked forward to; it was the highlight of our year spent with family and good friends. Mom always made it an adventure. We were all decked out in orange, with BB guns and .22s strapped to our shoulders, warm beds in either our camper or big army tent, early mornings and evenings looking for a big one, days filled with card games, campfire stories, exploring new country, target practice, riding horses, and enjoying evenings with Mom's famous Dutch oven peach cobbler.

Hard work was something Mom took pride in. She worked at Elk Meadows Ski Resort for several years, and with her magnetic personality, her coworkers instantly became friends. She was also a substitute teacher at Belknap Elementary and cared deeply for each student she had the privilege of teaching. Later, she obtained a position working for Sherm and Eileen Hinkley at their souvenir shop at Cove Fort. Mom developed an instant bond with the missionaries. She and Sister Hinkley were lifelong friends. During the summer months, you'd find her in the swather, cutting the straightest lines you've ever seen. She was incredibly proud of the farm and construction business that she and Rowland created, and she worked alongside him whenever possible.

The most important and cherished role that Linda embraced was being a wife, mom, and Granny Ducky. Her life revolved around her family. She was present and whistled the loudest at every activity or sporting event her kids and grandkids were involved in. She was a shoulder to cry on, a source of advice, or a swift kick in the pants when needed. She was the perfect blueprint of what a wife and mother should be: honest, caring, strong, and gentle. She set a great example of how to be a devoted wife and was a pillar of how to love and live.

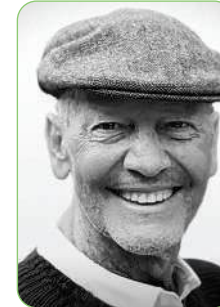
Linda is survived by her children Danny (Michelle) Yardley, Malissa (Ryan) Anderson, Marci (Brady) Webster, and Travis Yardley (Jaden Coates), along with nineteen grandchildren, fifteen great-grandchildren, and one great-grandson on the way. She is also survived by her brother-in-law Ray Alan (Debbie) Yardley, brother-in-law Cliff (Nancy) Yardley, and many nieces and nephews. She was preceded in death by her husband, parents, grandparents, in-laws, a great-granddaughter, sisters April Rollins Yardley and Norda (Bill) Barton, and sisters-in-law Beth Yardley and Eudora Carter.

The family would like to thank Dr. Rhett Smith and Tammy, Home Health “The Girls,” Therapists, St. George Neuro Rehab, and the staff at Beaver Valley Hospital.

Funeral services for Linda will be held on Tuesday, March 4, 2025, at 11:00 a.m. at the Beaver Stake Center (1350 East 200 North, Beaver, Utah). A viewing will be held on Monday, March 3, 2025, from 6:00 p.m. to 8:00 p.m. at the stake center. There will also be a viewing prior to the services on Tuesday, March 4, 2025, from 9:30 a.m. to 10:30 a.m. under the care of Blackburn Vernal Mortuary.

Philip Wayne Hermansen

March 11, 1957 — February 15, 2025



Philip Wayne Hermansen, 67, passed away in St. George, Utah, on February 15, 2025, leaving behind a legacy of creativity, kindness, and resilience. Born on March 11, 1957, in Bexar, Texas, Phil was the beloved son of Scott Wayne Hermansen and Mary Eleen Hansen, both of whom preceded him in death.

Phil is survived by his loving wife, Lori Ann Thacker, and their three sons: Daniel Wayne Hermansen (Kimberly Schoney) and their children, Scotlynd Grace and Westley Brooks. Benjamin Clark Hermansen (Amanda Lyman) and their children, Clark Thomas and Stella Mae. Jonathan James Hermansen (Kylie Stringham) and their children, Makenna, Elise,

and Chloe.

He was a devoted brother to Renon Hermansen (Kelly Wood, deceased), Terry Hermansen (Nancy Sutherland), Janette Hermansen (Dan Adams), Linda Hermansen (Kent Woodruff), and Douglas Hermansen (Tami Condie). He was preceded in death by his sister, Myrna Hermansen (Danny Robb, both deceased).

Phil graduated from Parowan High School in 1975 and later earned a B.A. in Art Composite from Southern Utah University. He served a two-year mission in Rome, Italy, for The Church of Jesus Christ of Latter-day Saints, an experience that deepened his faith and love for people.

An accomplished athlete and artist, Phil set school records in track and served as captain of his high school football team. He had a deep love for the outdoors, spending time hiking, rappelling, and embracing nature. His artistic talent was undeniable—despite being colorblind, he had a remarkable ability to see and share the world through his unique perspective.

Phil dedicated his career to creativity, working as an artist and graphic designer at Rollographics before venturing into the restaurant business as the owner of Los Hermanos and La Fiesta, where he transformed each space into a personal art show with custom murals and masks. He became the Art Director for the Utah Shakespeare Festival and a Graphic Design Instructor at Southern Utah University. His love for Shakespeare inspired him to create themed merchandise that helped promote both the Festival and the Bard's timeless works.

A man of deep faith, Phil served in many callings within his church, including as a bishop, where he ministered with compassion and joy. He faced lifelong health challenges with unwavering optimism, often flashing a grin and a thumbs-up even when being loaded into an ambulance.

Above all, Phil's greatest joy was in loving others. He was quick with a compliment, eager for conversation, and found immense happiness in creating a backyard wonderland for his grandchildren.

Funeral services were held at 2:00pm on Saturday, February 22, 2025 at The Church of Jesus Christ of Latter Day Saints Cedar City 4th Ward Chapel at 500 W. 400 N. Cedar City, UT 84721. A viewing will be held on Friday, February 21, 2025 from 6:00-8:00pm and prior to services from 12:30-1:45pm at the same location.

Phil's warmth, humor, and creativity will be dearly missed but never forgotten.

To order memorial trees or send flowers to the family in memory of Philip Wayne Hermansen, please visit our flower store.

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sports

SCORES + RECAPS FROM IRON COUNTY COMPETITION

Southern Utah Storms Sacramento State for High Flying Victory

 by *Regan Hunsaker*

SUU ATHLETICS



SACRAMENTO, California

— The Flippin' Birds took on a tough Sacramento State team in California Friday night. Southern Utah came away with a 196.100-193.575 win. The victory brings the T-Birds record to 10-4 on the season with a 3-0 record against conference opponents.

Sophomore Niya Randolph delivered a stellar all-around performance, claiming first place with a 39.350 total, highlighted by a

9.900 on uneven bars and a 9.875 on floor. Ellie Cacciola also played a key role, winning vault (9.875) and beam (9.850), while Mia Hampton consistently placed near the top, including a tie for second on vault (9.825) and third on floor (9.825). Maria Ferguson impressed on bars (9.850) and beam (9.800), adding to the team win.

Head Coach Scotty Bauman said I'm so proud of our team tonight. They brought energy and confidence to every event. Niya had a phenomenal night. Cacciola, Mia, Ferguson, and Rylee all went off tonight as well. This was a true team effort, and we'll keep building on this momentum."

Meet Recap Bars (49.025)

Southern Utah began the meet on bars with a slightly different lineup. Christensen

led off with a 9.750, establishing a steady rhythm. Senior Isabella Neff came next providing a 9.725, while Freshman Mia Hampton executed a graceful routine for a 9.800. Sophomore Niya Randolph followed with a stellar routine, turning up the crowd with a 9.900. Sophomore Maria Ferguson added a solid 9.850 and sophomore Alex Routsis wrapped it up with a 9.700.

Vault (48.975)

Moving to vault for their second rotation, senior Ellie Cacciola set the tone by putting up a 9.875 vault. Sophomore Mackenzie Kelly followed with a sharp 9.750, while freshman Mia Hampton added a solid 9.850. Sophomore Niya Randolph contributed a 9.800, and sophomore Brinlee Christensen was next in the lineup with a 9.700. Senior Taylor Gull finished the rotation by competing vault for the first time this season, earning a 9.675. The team sat at a 98.00 following the second rotation.

Floor (49.150)

The Flippin' Birds took to the floor for their third rotation, holding nearly a two point lead over the Hornets. Hampton sparked the momentum with an energetic 9.825. Sophomore Alyssa Fernandez followed with a solid 9.775 to match her season-high, while Christensen added a 9.800. Randolph brought excitement with a vibrant team high of 9.875. Cacciola continued the strong showing for the floor squad with a dynamic 9.85. Senior Taylor Gull delivered a radiant 9.800 in the anchor spot. The T-Birds headed to the final rotation with a 146.500 overall.

Beam (48.900)

The Thunderbirds continued to the beam for their final event. Randolph opened with a composed 9.775, setting a steady foundation. Christensen was next with a 9.700 while sophomore Elliot Bringhurst secured a 9.475 with her routine. Cacciola delivered a determined performance, scoring 9.850. Sophomore Rylee Miller earned a solid 9.825, before sophomore Maria Ferguson closed out the event with a 9.750, giving the T-Birds a 196.050 final score.

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Determination pays dividends for CV girls

RANDOM thoughts

Tom Zulewski

IRON COUNTY TODAY



As the 3A state basketball tournament unfolded at the UCCU Center in Orem, the Canyon View girls weren't about to let press clippings, media opinion or scoreboards get in the way of its mission. Only a championship trophy and a fire truck ride would matter.

It was far from easy, but with seniors like Bethanee Vargas and Maya Nichols leading the charge, nothing was going to stop CV from winning its first 3A title since 2006 and second in school history.

In all three games, Canyon View trailed at halftime. In all three games, they came back to win. The last one – a third-game rematch with the Emery Spartans – may have been the sweetest of them all. Observers didn't need to look any further than the postgame locker room after the title game when the team sang "We Are the Champions" loud and proud enough for supporters to hear back in Cedar City who couldn't make the trip.

The belief in their potential was real, and CV's players left no doubt they were going to do what was necessary to win the championship trophy. One major theme drove the motivation.

In the quarterfinal game Feb. 24 against fellow Region 12 member Juab, the Falcons raced out to an early lead, but went cold on the offensive end in the second quarter. CV was outscored 13-3 in the period and fell behind 18-15 at the half.

With Nichols leading the charge, Canyon View regained control of the game by outscoring Juab 20-9 in the third quarter and advancing to the semifinal for the first time in the last three seasons.

As it turned out, CV was just getting started. Defense was needed, and it delivered again.

South Summit – the No. 3 seed who won its two prior 3A tourney games by a combined 4 points, including a 51-50 win in double overtime at home over No. 14 Carbon – fell behind 19-13 after a quarter, but held Canyon View to a single field goal from Maylee Spencer early in the second and took a 22-21 lead to the break.

When Vargas came up with a steal and basket early in the third quarter, the Falcons reclaimed the lead and held on to it the rest of the way. After South Summit's Emma Broadbent tied the game early in the fourth at 31-31 with an underhand layup, the game wasn't truly sealed until Kambree Potter came up with a steal that led to a layup from Nichols with one minute left.

Vargas delivered the clinching moment with a steal and layup of her own, then added a free throw along with one from Nichols that pushed the margin to 10 and gave the Falcons their first trip to a 3A title game in 19 years.

And then came Emery, who reached the final for the second year in a row. The Falcons struggled early again, shooting 25 percent – including 0-for-11 from 3-point range – in the first half and trailing 21-15 heading to the locker room.

There would be no panic, no nerves, and no fear – just a team determined to reach its ultimate destination while shooting 48 percent from the floor (12-of-25) over the final 16 minutes.

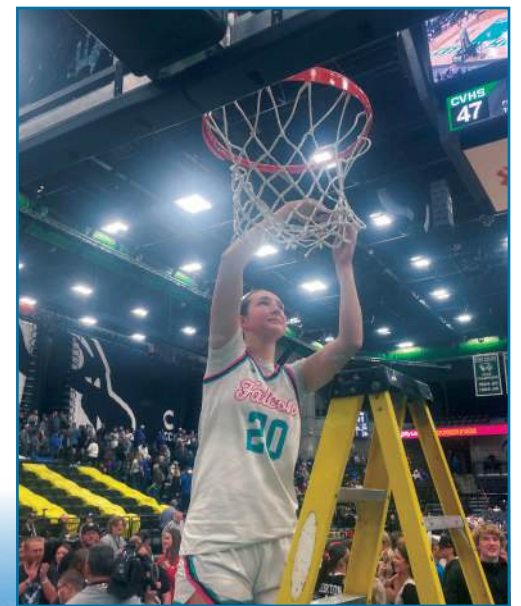
CV still trailed through all of the third quarter in the final until senior Macey Sorenson hit a 3-pointer – her only field goal of the day – that beat the buzzer and tied the game at 34-34. When Nichols came up with a layup early in the fourth, that put the Falcons in front for the first time all game.

Emery didn't go quietly, and they stayed close until Potter hit a 3-pointer – her only points of the day – in the final minute that pushed the

see [RANDOM THOUGHTS](#)» 26



Canyon View junior **Kambree Potter** holds the UHSAA state championship trophy after the Canyon View Falcons rang the victory bell on campus Feb. 27 in celebration of the team's 3A state title.



Players and coaches from the Canyon View girls basketball team got a ride aboard a Cedar City fire truck Feb. 27 in celebration of the Falcons' 3A state championship victory.

RANDOM THOUGHTS

« CONTINUED FROM PAGE 25

lead to 46-39 and sealed the team's first trophy since head coach Jaycee Barnhurst was just 11 years old. Final: Falcons 47, Spartans 41.

With a final record of 22-5, CV had its most successful season since the 2006 champs went 24-1 under the tutelage of the late Steve Hodson.

Vargas was named tournament MVP by the Deseret News and Nichols joined her on the all-tournament team along with Emery's Katelyn Nielson and Kabree Gordon, Emma Broadbent of South Summit and Grantsville's Avery Allred.

Now comes the hard part – doing it all again next season. With the new realignment, CV will be part of a smaller Region 14 along with Delta, Juab, Richfield and Providence Hall. Fewer region games (eight instead of 14) will likely mean more challenges in scheduling to come.

As good as the Falcons were during this season, it won't be surprising if they're right back in the championship mix again next year. It's just the way they like it, and the fire truck ride to campus will only add to the motivation.

Follow Tom Zulewski on Threads @ TommyZee81 or email tominator19@yahoo.com..



Falcons beat Wildcats, finish fifth

by Tom Zulewski

IRON COUNTY TODAY

OREM – For Canyon View boys basketball head coach Kim Blackner, his team's performance at the 3A state championship boiled down to one key question: How would the Falcons respond following a tough loss that denied them a shot at playing for a championship.

The end result had CV coming through with flying colors and finishing fifth overall.

Senior Felps Sanders led three players in double figures with 19 points, and Canyon View shook off a sluggish start to beat the South Summit Wildcats, 62-46 in the fifth-place game played at the UCCU Center on Feb. 26. The Falcons fell behind at 16-5 early, but closed the first quarter with a 14-2 run that gave them a lead

they wouldn't relinquish as they finished the season 22-5 overall.

The finish may have eased the shock of a quarter-final loss, but Blackner was more than thankful at how the Falcons responded.

“When you have your heart ripped out not only as

MONDAY



Judge Memorial

62



Canyon View

59

Judge Memorial 11 15 17 19- 62
Canyon View 11 13 17 18 - 59

Judge Memorial – Apathjang 28, Alor 17, Deng 10, Peek 4, Ismail 3. Totals 20 14-21 62. 3-pointers – Apathjang 5, Alor 2, Ismail 1.

Canyon View – F. Sanders 29, Attig 12, Ludlow 10, J. Sanders 4, Morris 2, Hallows 2. Totals 23 8-12 59. 3-pointers – F. Sanders 2, Attig 2, Ludlow 1.

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PREP SCOREBOARD - WINTER STANDINGS

SCORES

Boys Basketball

Region 12

02/24 3A state playoffs, quarterfinals
At UCCU Center, Orem
Judge Memorial 62, Canyon View 59
Richfield 55, Union 41
Morgan 64, Emery 39
Juab 59, South Summit 39

02/25 3A state playoffs, semifinals
Morgan 71, Juab 59
Richfield 56, Judge Memorial 43
3A playoffs, consolation
South Summit 50, Emery 37
Canyon View 79, Union 69

02/26 3A state playoffs, championship
Morgan 47, Richfield 32
3A state playoffs, third place
Judge Memorial 66, Juab 59
3A state playoffs, fifth place
Canyon View 62, South Summit 46

Girls Basketball

Region 12

02/24 3A state playoffs, quarterfinals
At UCCU Center, Orem
Canyon View 47, Juab 40
South Summit 56, Richfield 53
Grantsville 70, Judge Memorial 58
Emery 44, Morgan 30

02/25 3A state playoffs, semifinals
Canyon View 45, South Summit 37
Emery 50, Grantsville 47
3A state playoffs, consolation
Juab 56, Richfield 47
Judge Memorial 41, Morgan 29

02/26 3A state playoffs, championship
Canyon View 47, Emery 41
3A state playoffs, third place

Grantsville 51, South Summit 38
3A state playoffs, fifth place
Juab 53, Judge Memorial 44

STANDINGS

RPI RANKINGS IN PARENTHESES

Boys Basketball

Region 12

	REGION	OVERALL
Canyon View (2)	12-2	22-5
Richfield (3)	12-2	20-6
Juab (5)	10-4	19-8
Emery (9)	8-6	12-14
Manti (13)	5-8	7-14
Delta (10)	4-9	11-11
Carbon (14)	2-12	5-19
North Sanpete (16)	2-12	4-17

Girls Basketball

Region 12

	REGION	OVERALL
Canyon View (2)	12-2	22-5
Emery (5)	10-4	16-11
Richfield (6)	9-5	14-12
Juab (7)	9-5	16-9
Manti (10)	8-6	12-11
North Sanpete (13)	4-10	7-17
Carbon (14)	4-10	7-18
Delta (17)	0-14	4-18



T-BIRDS TRACKER

T B I R D T I C K E T S . C O M



UPCOMING HOME EVENTS

MARCH

6

6:30 PM

MEN'S BASKETBALL VS SEATTLE
SENIOR DAY - WEAR RED
AMERICA FIRST EVENT CENTER

MARCH

7

9 AM
1 & 3:30 PM
6:30 PM

WOMEN'S GOLF PIZZA HUT LADY THUNDERBIRD INVITATIONAL
SUNBROOK GOLF CLUB, ST. GEORGE, UT
SOFTBALL VS TARLETON STATE KATHRYN BERG FIELD
HOME OPENER - WEAR RED
FLIPPIN' BIRDS VS BOISE STATE AMERICA FIRST EVENT CENTER
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MARCH

8

9 AM
12 PM

WOMEN'S GOLF PIZZA HUT LADY THUNDERBIRD INVITATIONAL
SUNBROOK GOLF CLUB, ST. GEORGE, UT
SOFTBALL VS TARLETON STATE KATHRYN BERG FIELD

MARCH

9

9 AM

WOMEN'S GOLF PIZZA HUT LADY THUNDERBIRD INVITATIONAL
SUNBROOK GOLF CLUB, ST. GEORGE, UT

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UNIVERSITY OF WEST GEORGIA **SEPT 27**

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FALCONS

« CONTINUED FROM PAGE 26

an athlete, but as a human, you get challenged,” Blackner said. “I love the way they responded, and I knew they would. We executed and did all the right things that gave us a chance to play on Wednesday.”

Jeter Sanders scored 5 of his 14 points during CV's first-quarter run and finished with four 3-pointers for the game – two coming in the third quarter that pushed the Canyon View lead to as much as 10 at 40-30. They

finished off the victory with a 12-2 run over the final 4:32 to close the season strong.

Among the seniors playing their final games as Falcons, Ty Attig added 15 points, Bubba Ludlow finished with 8, Seth Morris had 4 and Ethan Hallows had 2.

In the tournament opener played Feb. 24, the Falcons had two good looks at a game-tying 3-point shot. When the last one slithered around the rim and fell out, the Judge Memorial Bulldogs were able to keep the dream of repeating as 3A state champions alive.


J.J. Apathjang led three players in double figures with 28 points and Judge survived the last two missed shots to beat the Falcons, 62-59 in the 3A state quarter-final game. The Bulldogs (16-11) led 56-47 with three minutes left – the largest lead of the day for either team – before holding on to advance to a semifinal showdown against Richfield, who beat Union, 55-41, later in the day.

Felps Sanders led all scorers with 29 points, Attig had 12 and Ludlow added 10 in the heart-breaking loss.

CV came back strong in the consolation bracket, scoring 45 points in the first half and beating the Union Cougars, 79-69 in the elimination game played Feb. 25. Felps Sanders led the way with 32 points, Attig had 21, and Ludlow added 14.

The Falcons led 45-30 at the half and kept the lead in double figures through much of the second half. CV made 31 field goals, including six 3-pointers, and avenged a tough second-round loss to the Cougars from last year's playoffs.


TUESDAY



FALCONS

Canyon View

79



Union

Union


69

Union 15 15 24 15 - 69
 Canyon View 21 24 19 15 - 79

Union - Olsen 27, Bell 12, Jensen 11, Duncan 11, Adamson 2, Olson 1, Womack 5. Totals 24 10-12 69 3-pointers - Olsen 5, Bell 2, Jensen 3, Olson 1.

Canyon View - Ludlow 14, Attig 21, F. Sanders 32, J. Sanders 8, Morris 1, Bealer 1, Slack 2. Totals 31 11-14 79. 3-pointers - Ludlow 1, Attig 2, F. Sanders 1, J. Sanders 2


WEDNESDAY



FALCONS

Canyon View

62



South Summit

South Summit

46

South Summit 18 8 14 6 - 46
 Canyon View 19 12 16 15 - 62

South Summit - Osguthorpe 10, Woolstenhulme 17, Branca 6, Reber 8, Harris 3, Welch 2. Totals 19 4-5 46. 3-pointers - Osguthorpe 1, Branca 2, Harris 1.

Canyon View - Ludlow 8, Attig 15, F. Sanders 19, Hallows 2, J. Sanders 14, Morris 4. Totals 22 8-10 62. 3-pointers - Ludlow 1, Attig 3, F. Sanders 2, J. Sanders 4.

TOM'S SPORTS TRIVIA

And now, we have liftoff on another dozen sporting trivia questions for your guessing enjoyment. This week's collection is a grab bag of challenging stuff that won't break your brain – at least that's the intended goal here. Have fun, embrace the chaos, and please remember...no wagering!

1. It was an interesting week for Michigan and Michigan State as both won games with shots that beat the final buzzer. Name either Big Ten opponent that fell victim to the winning shots (one happened Feb. 26, the other 24 hours later).
2. For the second time in his NBA career – and done on the same day (Feb. 27) nine years apart – what Golden State Warrior made 12 3-pointers in a 121-115 victory over the Orlando Magic? He finished with 56 points.
3. The annual NFL Combine wrapped up March 3 as college players tried to make an impression on NFL teams leading up to the Draft. What city's Lucas Oil Stadium hosted the on-field activities?
4. As of Feb. 28, the Utah Hockey Club was locked in a fight with three other Western Conference teams for the second wild card spot in the Stanley Cup playoffs. What team held the coveted spot as of that date – Calgary, Vancouver or St. Louis?
5. What Minnesota Timberwolves player nicknamed “Ant” was facing a one-game suspension after picking up his 16th technical foul of the season in a road loss to the Los Angeles Lakers on Feb. 27?
6. What two teams – one who had the worst season in modern MLB history, the other the defending World Series champion – share the same spring training facility, Camelback Ranch, in Glendale, Ariz.?
7. Jake Knapp became the 13th different player to shoot a round of what number when he did it at the opening round of the PGA Tour Cognizant Classic on Feb. 27?
8. What Big Ten school wasn't allowed to make up its women's basketball games at UCLA and USC originally scheduled for Jan. 12 and Jan. 15 after they were postponed due to the wildfires? Both games were counted as forfeit losses.
9. True or False: in the latest AP women's basketball poll, both UCLA and USC were ranked in the top 5.
10. While the Detroit Pistons have already improved their win total by 19 games from last season, it doesn't compare to the 42-game turnaround (from 24 to 66 wins) achieved by what NBA team in 2008? (Hint: this team went on to win that year's NBA title)
11. The MLB season-opening series set for March 18 and 19 in Tokyo has games that start at 4 a.m. Utah time. What time is that equal to at the stadium in Tokyo?
12. As of Feb. 28, how many more goals does Washington Capitals center Alex Ovechkin need to surpass Wayne Gretzky's career goals scored record of 894?

LAST WEEK'S ANSWERS

1. Australia.
2. Shai Gilgeous-Alexander.
3. Los Angeles Chargers.
4. Bill Self.
5. Rafael Devers.
6. Washington Commanders.
7. True.
8. South Carolina.
9. Three – Houston (4), Iowa State (9) and Texas Tech (10).
10. Three.
11. Eight.
12. Cincinnati Reds Ironically, they swept the Dodgers in a Division Series round.

Falcons rally, win 3A girls basketball title

by Tom Zulewski

IRON COUNTY TODAY

OREM – After 19 years of waiting, the Canyon View girls basketball team was seeing its championship dream starting to slip away. Senior leaders Bethanee Vargas and Maya Nichols came to the rescue at the perfect time and the Falcons made the shots when they mattered to earn the 3A crown.

Vargas led the way with 12 points and Nichols came through with a layup early in the fourth quarter that helped lift Canyon View to a 47-41 victory over the Emery Spartans in the 3A final played at the UCCU Center on Feb. 26. CV finished 22-5 overall and claimed its first 3A championship trophy since 2006.

Unlike their two earlier games, Canyon View trailed Emery (16-11) well into the second half. When senior Macey Sorenson hit a 3-pointer that beat the third-quarter buzzer, it tied the score at 34-34 and made all the difference for the Falcons' momentum over the final eight minutes.

"We were struggling to shoot the ball," CV head coach Jaycee Barnhurst said as the celebration swirled around her. "To finally see one go through the net in a crucial situation, it was probably the game-changing point."

After Sorenson's 3-pointer – her only field goal of the game – Nichols started the fourth-quarter surge with the layup that broke the tie and gave the Falcons

the lead for the first time. They wouldn't let it go, but not without a serious challenge from the Spartans, who knocked out top seed Grantsville, 50-47, in the first semifinal of the day and was making its second straight appearance in the championship game.

"We kept saying 'you've got to forget about

everything that's going on. Forget about the fans, forget about what this game means, and play the game that you know how to play," Barnhurst said. "Finally, we got back to that in the fourth quarter, and playing good defense was the difference."

Vargas, who averaged 11 points per game in the tournament and was named Most Valuable Player by the Deseret News, added that the team wasn't going to let the lack of early momentum slow them down.

"From the very beginning, we said if we had a lull, we weren't going to let it affect us and we were going to keep pushing," Vargas said. "For a lot of girls, this was our last game ever, and we wanted to give it everything we had. Leave no regrets.

"It still feels unreal. I can't believe we actually won state. I'm so grateful for my coaches and my teammates."

The Spartans were able to stay close throughout the fourth quarter until junior Kambree Potter nailed a 3-pointer – her only points of the game – with 35 seconds left that pushed the lead to



Canyon View's Maylee Spencer (4) goes after a loose ball against an Emery defender during the 3A girls basketball state championship game Feb. 26. The Falcons beat the Spartans, 47-41 and won their first state title since 2006.

46-39. Vargas added one final free throw, and once the final seconds ticked away, the celebration began.

Among the other seniors playing in their final games for CV, Maylee Spencer finished with 9 points and a 3-pointer, Nichols had 8, and Emery Miles had 6 points to go with 8 rebounds after overcoming early foul trouble in the first quarter.

The Falcons closed the year with a seven-game winning streak, their last loss coming at Emery on Jan. 28.

In the semifinal game played Feb. 25, Canyon View overcame a two-point second quarter and beat No. 3 South Summit 45-37 to advance to play for the 3A crown. Behind 16 points from Vargas and 14 from Nichols, the Falcons erased a 22-21 halftime deficit – their second in as many tournament games – and rallied for the win.

Nichols scored 7 points in the fourth quarter, including a driving layup after a steal by Potter with one minute left. Vargas would follow with a steal and layup of her own that pushed the CV lead to 43-35 with 48.7 seconds remaining and effectively sealed the win. Canyon

View earned its first trip to the championship game since winning it all in 2006.

The Falcons started their run through the 3A tournament with a 47-40 victory over another Region 12 foe, the Juab Wasps. Nichols led the way with 21 points, and CV overcame a 3-point second quarter to advance past the quarterfinals for the first time in the last three seasons. After getting outscored 13-3 in the second, Canyon View trailed 18-15 at the half. They would regain control of the game with a 20-9 effort in the third quarter and secure the win from there.

MONDAY



Canyon View

47



Juab

40

Juab 5 13 9 13 - 40
Canyon View 12 3 20 12 - 47

Juab – H. Hall 14, Wright 8, Rosenbeck 8, Harmon 3, Blankenagel 3, C. Hall 2, Draper 2. Totals 16 4-8 40. 3-pointers – Wright 2, Rosenbeck 1, Harmon 1.

Canyon View – Nichols 21, Spencer 9, Miles 6, Vargas 5, King 4, Potter 2. Totals 18 7-13 47. 3-pointers – Nichols 3, Spencer 1.

TUESDAY



Canyon View

45



South Summit

37

South Summit 13 9 7 8 - 37
Canyon View 19 2 10 14 - 45

South Summit – Broadbent 17, Brown 7, M. Woolstenhulme 2, Clegg 6, E. Woolstenhulme 2, Arnout 3. Totals 12 10-15 37. 3-pointers – Brown 1, Clegg 1, Arnout 1.

Canyon View – Spencer 6, Nichols 14, Potter 3, Miles 6, Vargas 16, Totals 17 8-13 45. 3-pointers – Nichols 1, Potter 1, Vargas 1

WEDNESDAY



Canyon View

47



Emery

41

Emery 12 9 13 7 - 41
Canyon View 5 10 19 13 - 47

Emery – Jensen 5, Gordon 9, Nielson 18, Sharp 2, Stilson 2, Guymon 1, Cowley 4. Totals 16 5-12 41. 3-pointers – Jensen 1, Gordon 3.

Canyon View – Spencer 9, Nichols 8, Potter 3, Miles 6, Vargas 12, Sorenson 4, King 2, Blackner 3. Totals 19 6-10 47. 3-pointers – Spencer 1, Potter 1, Sorenson 1.

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#591 Daniel Rodriguez; trampoline, floor jacks, fireplace, furn., boxes
#594 Damian Aaron Bustos; tv, furniture, Christmas tree, bed

Published on March 6, 2025

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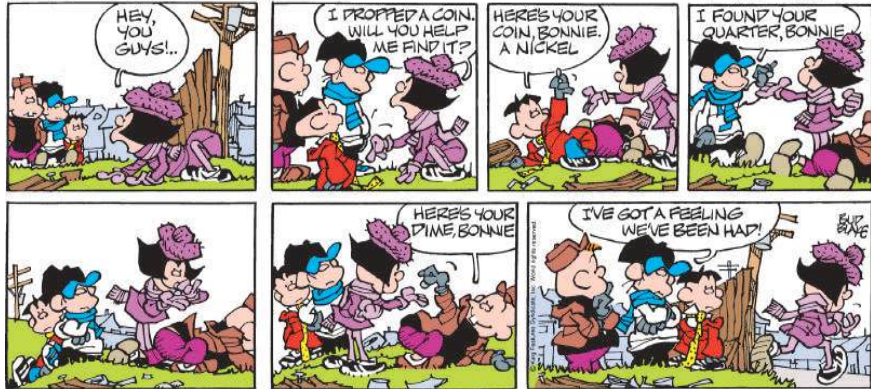
Amber Waves

by Dave T. Phipps



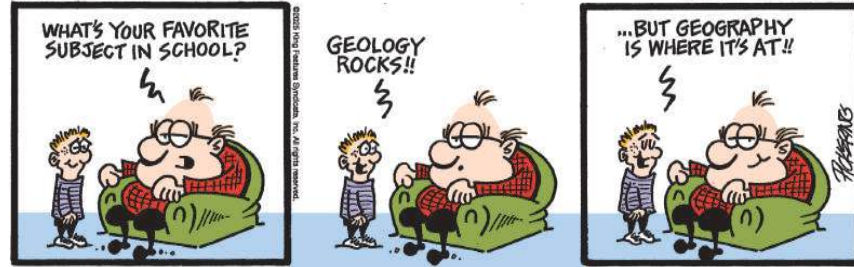
TIGER

by BUD BLAKE



The Spats

by Jeff Pickering



Weekly SUDOKU

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Purse is smaller. 2. Tie is missing. 3. Hat is longer. 4. Item in display case is different. 5. Top left is missing. 6. Necktie is missing from display stand.

King Crossword

ACROSS

- 1 Rug cleaner, briefly
- 4 500 sheets
- 8 Nursery cry
- 12 — -de-France
- 13 "Prometheus" actor Idris
- 14 Tehran's country
- 15 Pottery
- 17 Dweeb
- 18 Ecol. watchdog
- 19 Church meet-ups
- 21 Mellow yellows
- 24 Calendar abbr.
- 25 Train unit
- 26 Actress Cattrall
- 28 Rural buildings
- 32 Pharmaceutical
- 34 Crosses (out)
- 36 Cranny
- 37 "The Stranger" author
- 39 Drone
- 41 Roman 1006
- 42 Judge in 1995 news
- 44 Polite denial
- 46 Height
- 50 Sunbather's goal
- 51 Part of N.B.
- 52 Mob bully

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46	47	48			49		50				
51					52		53			54	55
56					57				58		
59					60					61	

- 6 Composer Stravinsky
- 7 Brick worker
- 8 SUV's kin
- 9 Location
- 10 Crumbly earth
- 11 Common conjunctions
- 16 Mimic
- 20 Male swan
- 21 Outlet letters
- 22 Actress Kate
- 23 Half dozen
- 27 "Whatever"
- 29 Lothario
- 30 PBS science show
- 31 Nonfat
- 6 Grade-school basics
- 7 Brick worker
- 8 SUV's kin
- 9 Location
- 10 Crumbly earth
- 11 Common conjunctions
- 16 Mimic
- 20 Male swan
- 21 Outlet letters
- 22 Actress Kate
- 23 Half dozen
- 27 "Whatever"
- 29 Lothario
- 30 PBS science show
- 31 Nonfat
- 32 Fender instruments
- 35 Heat source
- 38 "Rugrats" dad
- 40 Engines
- 43 Two-tone cookies
- 45 Scratch
- 46 Tizzy
- 47 Takeout request
- 48 Physics bit
- 49 Within (Pref.)
- 53 Hardly any
- 54 Punk-rock subgenre
- 55 Massage

DOWN

- 1 London's Old
- 2 Pub serving
- 3 Part of the brain
- 4 Comment
- 5 Inventor Whitney

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2				3	5	1	8	4
7				9	2	4	5	3

Answer

Weekly SUDOKU

V	A	C	T	E	A	M	M	A	M	A
L	E	A	M	I	C	S	N	E	R	A
C	H	E	A	M	I	C	S	N	E	R
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D	R	U	X	E	S	N	O	V	A	L
G	A	M	I	C	S	N	E	R	A	L
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R	O	B								

Solution time: 25 mins.
Answers
King Crossword

Trivia test

by Fifi Rodriguez

- LITERATURE: Who lives at 4 Privet Drive?
- TELEVISION: Which 1980s sitcom featured the Keaton family?
- U.S. PRESIDENTS: Who was the first American-born president?
- COMICS: What is Deadpool's profession?
- AD SLOGANS: Which makeup company's slogan is "Maybe she's born with it"?
- HISTORY: Which battles marked the beginning of the American Revolution?
- INVENTIONS: The 1904 World's Fair introduced which fluffy confection?
- MOVIES: In which year were the first Oscars awarded?
- MEASUREMENTS: What does 1 gallon of water weigh?
- GEOGRAPHY: What are the colors of the Italian flag?

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Trivia Test Answers
1. Harry Potter and the Dursley family; 2. "Family Ties"; 3. Martin Van Buren, born after the Revolutionary War; 4. Mercenary; 5. Maybelline; 6. Battles of Lexington and Concord; 7. Cotton candy; 8. 1929; 9. 8.34 pounds; 10. Green, white and red



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