

Ladybug Nursery

OPEN YEAR ROUND
Cedar & Beaver Locations



Hooray! Gardening Season is HERE!

COOL SEASON CROPS

Lettuce, spinach, cabbage, broccoli, cauliflower, chard, artichokes, brussel sprouts, celery, kale, peas, carrots, onions, beets, radishes

COOL SEASON FLOWERS

Pansies, Snapdragons, Dianthus, Alyssum

WARM SEASON CROPS

Peppers, tomatoes, eggplant, herbs, tomatillos, sweet potatoes, melons, squash, cucumbers, beans, corn, potatoes

HELPFUL GARDENING HINTS

CEDAR CITY HAS AN AVERAGE OF 135 FROST-FREE DAYS. MAY 20-OCTOBER 5

- Cool Season crops will tolerate a light frost (Light Frost is when temperatures fall below freezing roughly to 28°)
- Water garden in the morning. If plants are slightly dry at night they are less likely to have problems with disease.
 - Fertilize according to plants needs through the season for better results
 - Be proactive on weed and pest control

MARCH

- Prep your garden soil. Steer Manure & Nutri-Mulch work well to rejuvenate the soil.
- Prune your Berries and Fruit Trees
- Once soil temperatures have reached 40°F plant cool season crops from seeds outdoors, or transplant hardy seedlings. When temperatures fall below 28°F take precautionary measures

APRIL

- It's not too late to prepare your garden soil
- Plant cool season vegetable starts and seeds
- Once soil temperatures have reached 50°F plant seed potatoes outdoors

MAY

- Prepare garden soil for warm season crops
- MID MAY —
- Plant warm season crops Watch night time temperatures!
- Mothers Day: Remember Mom!

SPRING FEVER CURE: Come out to the greenhouse to see what is popping up!

Helpful link for gardening tips: <https://extension.usu.edu/yardandgarden/index>

Cedar City

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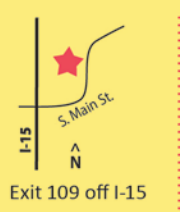
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CIRCUS COMES TO TOWN



STORY IN SHOWCASE

Utah scraps decades-old defamation law, bolstering free speech rights

by Tracie Sullivan

FOR IRON COUNTY TODAY

Utah's recent move to discard a half-century-old defamation law marks a monumental win for free speech advocates. In a significant decision this legislative session, Utah lawmakers voted to repeal the defamation law, which had been on the books since 1973, making it a class-B misdemeanor to defame another person. The legislative action signals a profound shift in upholding First Amendment rights in the state.

"It seems the desire for people to want to stifle and silence speech is the spirit of our times. I believe this bill offers a beacon of hope," Cedar City criminal defense attorney Robert Winterton said. "Free speech and the right to dissent is in our constitution because it is our God-given right and Utah stood up for those rights by passing this bill."

Rep. Rex Shipp, R-Cedar City, introduced House Bill 158, citing several states that had already repealed similar laws. He argued that criminalizing defamation stifles free speech and is unnecessary given the civil remedies already available. Additionally, he pointed to laws addressing violent and harassing speech.

"This doesn't have anything to do with civil defamation," Shipp said. "...What I'm concerned about is you have big companies or even government institutions that for some reason somebody said something they didn't like so they're going to go after them criminally."

In the legislative committee hearing, Shipp shared that his decision to sponsor the bill was influenced in part by recent events in Iron County. He also mentioned a case in Beaver County filed in recent years under the criminal statute.

Last year, Cedar City prosecuting attorney Randall McUne brought attention to the criminal defamation law by filing charges against former Enoch resident Richard Jensen. Jensen runs an Iron County School District Parent's page where he has been known to criticize the school district on several issues. The prosecutor's decision to file charges followed a complaint by the school district alleging one of these posts had defamed Canyon View High School Principal Dennis Heaton.

"All of a sudden the talk on this page went silent because everyone was afraid to say anything," Shipp said. "So I think it's important we protect free speech."

However, Cedar City resident Steve Merrill contradicted Shipp's argument during the hearing, stating that Jensen's Facebook group has remained active. He also noted that Jensen had made numerous statements over the years without facing

"It seems the desire for people to want to stifle and silence speech is the spirit of our times."

Robert Winterton, Cedar City criminal defense attorney

prosecution under the statute.

"I will also mention that the person who has been charged has, over multiple years, made many statements that would have been considered under this statute," Merrill said. "And he was not prosecuted for those. I don't know which one or which ones pushed it over the top but it was not a one off situation."

The case remains ongoing and is scheduled for pretrial in June. If The bill is signed by the governor the law will go into effect May 1, likely forcing Cedar City to dismiss the charges.

Winterton testified during the House committee hearing about a recent defamation case he defended in 2022 in Iron County. Similar to Jensen, Winterton's client, LaBrandon Frandsen, had made multiple online statements about a prominent local business where he was then employed. His statements accused company personnel of engaging in criminal conduct.

"The government said they would dismiss the case but only if my client deleted his online review," Winterton said during the hearing. Frandsen declined the prosecutor's offer, asserting he had evidence to back up his statements.

Seeing himself as a whistleblower, Winterton said his client aimed to inform the public about the wrongdoings he witnessed firsthand. His choice led to a prolonged legal ordeal, spanning 14 months. Ultimately, the Iron County Attorney's Office, however, dismissed the charges anyway.

"But they dismissed without prejudice leaving open the possibility of refileing the charge," Winterton said. "So bottom line, I've seen how the

see **DEFAMATION** » 8

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Cedar City man found guilty for attempted murder

by Tracie Sullivan

FOR IRON COUNTY TODAY

A 38-year-old man, who moved to Cedar City two years ago to make a fresh start, now faces prison time after a jury found him guilty of aggravated attempted murder.

The jury deliberated for less than two hours on Wednesday before convicting Zackry Izaac Ross of two first-degree felonies: attempted murder and aggravated robbery. Initially charged with a third-degree felony of aggravated assault, Dotson upgraded the charge after reviewing video footage from the crime scene.

"I'm really proud of my team," Iron County Attorney Chad Dotson said. "I also appreciate the jury. They heard the facts in this case and knew the defendant acted violently against the victim without cause and delivered a guilty verdict, which I'm really grateful for."

Ross previously served time in the Utah State Prison in 2018 for a felony protective order violation. Following his prison sentence, he was convicted for stalking and possession of weapons by a restricted person. Court records show his probation was terminated "unsuccessfully," in 2022.

He had just recently moved to Cedar City with the intention to "start over," Dotson said. However, within a short time after arriving, he was arrested for strangling a woman at the Suds and Duds laundromat located at

"They heard the facts in this case and knew the defendant acted violently against the victim without cause and delivered a guilty verdict, which I'm really grateful for."

Chad Dotson, Iron County Attorney

696 W. 200 North in Cedar City.

According to the probable cause statement filed in 5th District Court, Cedar City Police Department initially responded to a call on a possible vagrancy at the laundromat on Feb. 15, 2023. At that time, a laundromat employee reported a male refusing to leave the premises. Officers instructed Ross to leave and informed him he was not allowed to return, effectively trespassing him from the property.

Shortly after the police left, they were called back by the owner of the laundromat. He had seen Ross

see **GUILTY** » 8

Governor Cox declares Utah will become "No-Kill Shelter Year" in 2024

from Michelle Sathe

BEST FRIENDS ANIMAL SOCIETY

Last week, Governor Spencer Cox declared 2024 as No-Kill Shelter Year in Utah. The declaration demonstrates that the state of Utah is working diligently to make Utah not

Animal Society.

"Forty years ago, Best Friends made Utah its home state with the Best Friends Animal Society Sanctuary in Kanab. Now, in 2024, it just makes sense for no-kill to be on the horizon for the Beehive State."



Gov. Cox and his new furry friend display his newly signed "No-Kill" bill.

COURTESY BEST FRIENDS ANIMAL SOCIETY

only the first no-kill state in the west, but also the largest no-kill state in the country.

Best Friends Animal Society, a leading national animal welfare organization working to end the killing of cats and dogs in America's shelters by 2025, applauds this monumental lifesaving motion in its home state.

"Utah is on the cusp of achieving no-kill and Governor Cox's declaration gives the movement an extra push to achieve this momentous accomplishment in 2024," said Julie Castle, CEO, Best Friends

According to recent data from Best Friends, about 2,100 dogs and cats were killed in Utah animal shelters, with a majority (76%) of those deaths being cats. However, there is hope – 46 out of 58, or 79%, of shelters in Utah have reached no-kill status. Currently, throughout the state only 12 shelters have yet to reach no-kill.

Best Friends and the No-Kill Utah (NKUT) Coalition, an initiative that brings together passionate individuals, city shelters, and animal welfare organizations, are working to

increase pet lifesaving throughout the state. The organizations work with shelters throughout the state, including North Utah Valley Animal Services and South Utah Valley Animal Services, to adopt lifesaving programming including: community cat programming, spay/neuter services, and food assistance, among other resources.

"I am supportive of Utah working to become a no-kill state," said Gov. Cox. "We know when residents of our great state come together for a cause they believe in, they can achieve so much. I fully support Utahns stepping up by adopting and fostering animals in their local communities."

No-kill is defined as saving every dog or cat in a shelter who can be saved. Rather than simply working to obtain a no-kill designation, the goal is for every shelter to make a clear commitment to pet lifesaving and transparency while working to achieve and sustain no-kill in philosophy and practice. Community safety and good quality of life for pets are guiding principles of the philosophy and are attainable when animal welfare professionals engage in best practices and protocols.

"Community members, shelters, rescue groups, and government officials must take Governor Cox's words to heart as we all commit to 2024 as the year Utah goes no-kill," said Castle.

Individuals can help save lives by choosing to adopt from a shelter or rescue group instead of purchasing from a breeder or store, spay or neuter their pets, foster kittens or an adult dog, volunteer, donate, and advocate for proven lifesaving programming for pets. To learn more visit bestfriends.org.

opinion

FROM THE EDITOR

The time has come

Normally, I am a man of many words. Today, I am also a man of many tears as the time has come for me to say farewell once again as your editor. I know this will come as a shock and I apologize for the abruptness of this announcement. Due to recent unfavorable situations, there was not time to plan accordingly. I hope you will forgive me. This time around, there is no sweet sorrow at my parting.

I hope you will know that the spirit in which I write this final Letter From the Editor, and my Letter of Resignation, is written with thanks not threats, of gratitude not regret. Over the last ten+ years, I have given everything I have had, and everything I've been given and acquired



COREY BAUMGARTNER
MANAGING EDITOR

along the way, to maintain and improve this newspaper. I hope and believe that on my watch it has become more readable, palatable, and enjoyable both for your minds and your hearts.

I'm sure you're curious about what happened. There was a difference of opinion in how it was thought I should best do my job as Managing Editor, Writer and Photographer. My loyalty became a liability and while I tried to make things right,

see **TIME** » 5

WORD OF THE WEEK

DIVESTITURE

[dih-ves-ti-cher] Act of selling off or disposing of a business, subsidiary, or asset.

As 2024 progress, we each decide daily which people, places, products we will either invest our assets, or divest and delete as to improve our quality of life and well-being.



The dangers of forever chemicals

FOREVER CHEMICALS — PART 1

by *Edy Meredith*

FOR IRON COUNTY TODAY

The word “forever” means lasting, permanent, will never disappear, and constantly present. Some of these chemicals appear normally in the natural world while many others are human made. These “forever chemicals” surround us in our environments where we live. We can't escape them as they are even in the foods we eat.

Some theorize that we can develop immunity to them. More recently the EPA (Environmental Protection Agency) has proposed that forever chemicals should be considered hazardous substances and that at least 9 PFAS (perfluoroalkyl or perfluoro-chemicals) should be categorized as hazardous to human health. It is estimated these forever chemicals could be in nearly half of all U.S. tap water and have been found to cause a long list of toxic effects in humans and animals, including cancer, a decreased response to vaccinations, high cholesterol, a decrease in female fertility, preeclampsia,

thyroid disorders, asthma, and a reversal of biological gender. These chemicals break down very slowly and accumulate in people, animals, and the environment.

It is estimated that there are at least 350,000 different types of artificial chemicals currently on the international marketplace for purchase with the development and production of more expected. There are 50 million different chemicals here on

Earth, natural and synthetic, with the vast majority of synthetic human-designed chemicals made in the last few decades. They are now registered in a database maintained by the American Chemical Society. (For more information check out the following on the internet (chempedia.info/info/this_book) or at your local library: Big Chemical Encyclopedia.

Are artificial chemicals threatening humanity? A new study has found that the release of new entities (artificial chemicals and other human-made pollutants)

**OP/
ED**

see **DANGERS** » PB

QUOTE OF THE WEEK

“The only way to do great work is to love what you do. If you haven't found it yet, keep looking. Don't settle.”

Steve Jobs

IRON COUNTY **today**

479 N 100 W, Suite 1
Cedar City, Utah 84721

Ph: 435-701-9981
IronCountyToday.com

ADMINISTRATION

Esther Hailstone

OFFICE MANAGER
officemanager@
ironcountytoday.com
435.701.9981

EDITORIAL

Corey Baumgartner

MANAGING EDITOR
news@ironcountytoday.com
435.701.9982

Tom Zulewski

SPORTS REPORTER
tominator19@yahoo.com

ADVERTISING

Craig Cardon

SALES REPRESENTATIVE
craig@ironcountytoday.com
435.701.9998
(c) 435.592.3194

LAYOUT/DESIGN

Devin Christ

CREATIVE DIRECTOR
design@ironcountytoday.com
435.701.9984

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For questions or concerns regarding your newspaper delivery, please contact the Cedar City Post Office.

opinion

TO THE EDITOR

Scammers targeting our community

This week I received a call from a friend who was on the other phone line with someone from the Sheriff's office. This "someone" was demanding payment of \$1,000 or \$2,000 because my friend had missed appearing for jury duty and was about to be arrested. My friend was not aware of this jury duty—this was a surprise. A high-pressure telephone demand for money raised my Spidey senses so I consulted Google. A quick online search revealed that the caller was a scammer. When I told my friend—in a 3-way call with the scammer—that this was a scam, the scammer swore at us and hung up. More information about scams in Utah can be found online at www.utcourts.gov/en/self-help/services/juryroom/juryscam.html.

Best Regards, Close Call

Maloy statement on today's continuing resolution

from Bella Pinnock

FOR IRON COUNTY TODAY

WASHINGTON, D.C. — This week, Representative Celeste Maloy voted against continuing resolution H.R. 7463 – Extension of Continuing Appropriations and Other Matters Act, 2024. She released the following statement after the vote:

"It's past time for us to vote on spending bills for fiscal year 2024, which is nearly halfway over. The last time Congress passed a budget was when Nancy Pelosi was Speaker of the House. Passing another continuing resolution only keeps old Democratic policies in place and does nothing for the American people who are

struggling under the weight of inflation fueled by wasteful government spending under the last budget. Another CR also hurts our national security and military readiness. Our defense budget is already insufficient, and in the dangerous world we live in, we can't afford to fall any further behind in our competition with China."

TIME

« CONTINUED FROM PAGE 4

misunderstandings led to misgivings and set off a chain reaction of detrimental dominoes, of which my departure is the outcome.

That being said, my integrity has not been compromised. I fought for what I believed was right. I can leave holding hold my head (not my nose) and heart high knowing that I did my best in giving my life to a cause that means much more than ink and page numbers. I did what I did with the best interests of you, our readers and our communities, in

my mind and heart.

Lest any think me ungrateful, I say unto those who have provided this second chance at life for our newspaper, and those who have made donations, subscriptions in good faith, Thank you. You and your support means more to me than even I can express completely in words. To the owners and investors, I am grateful you saw an opportunity to make a difference in this community and for allowing me the mantle of being the Managing Editor. May we not focus on the faults, but the positive differences. While we did not always see eye to eye, thankfully it didn't escalate to an

Romney praises Leader McConnell's service

from Sen. Mitt Romney

FOR IRON COUNTY TODAY



WASHINGTON — U.S. Senator Mitt Romney (R-UT) recently issued the following statement regarding Leader Mitch McConnell's announcement that he will step down as Senate Republican Leader in November:

"No senator in memory has demonstrated more respect for the institution of the Senate than Leader Mitch McConnell. He has defended it against attack by people from both parties. He has been steadfast in his defense of conservative values, promoting a conservative judiciary, invigorating economic growth, insisting on America's defense of freedom, and protecting the rights of all Americans. His accomplishments and dedication to conservative principles may have been less recognized and heralded than their due. The

"No senator in memory has demonstrated more respect for the institution of the Senate than Leader Mitch McConnell."

Senator Mitt Romney (R-UT)


history of the Senate will revere the extraordinary record of its longest-serving Senate leader."

IRON COUNTY FORECAST

A CHANCE OF RAIN AND SNOW SHOWERS ON THURSDAY BEFORE CALMING TO END THE WORKWEEK WITH BELOW AVERAGE TEMPERATURES. MOSTLY SUNNY SKIES THROUGH THE WEEKEND WHILE WARMING UP. THE WARMING TREND CONTINUES THROUGH EARLY NEXT WEEK BEFORE POSSIBLE CHANGES BY MID TO LATE WEEK.

Check your local forecast anytime at:
ABC4.com/weather



THURSDAY
Chance Rain/Snow
45°/26°
PRECIP: 50%
WINDS: WSW 10-15

FRIDAY
Mostly Sunny
41°/22°
PRECIP: 10%
WINDS: WNW 10-15

SATURDAY
Mostly Sunny
50°/31°
PRECIP: 0%
WINDS: SW 10-15

SUNDAY
Mostly Sunny
54°/35°
PRECIP: 0%
WINDS: SSW 10-15

MONDAY
Partly Cloudy
57°/37°
PRECIP: 10%
WINDS: SSW 15-20

TUESDAY
Slight Chance
58°/36°
PRECIP: 20%
WINDS: SSW 15-20

WEDNESDAY
Chance Rain
52°/30°
PRECIP: 40%
WINDS: WSW 15-20

public & health

Daylight Saving 2024...its back!

by May Hunter

FOR IRON COUNTY TODAY

"An extra yawn one morning in the springtime, an extra snooze one night in the autumn, is all that we ask in return for dazzling gifts." Winston Churchill

Daylight saving time starts at 2 a.m. on March 10. In the spring, most states turn clocks forward one hour on the second Sunday of March, causing us to spring forward and lose an hour of sleep. Daylight saving time is part of the twice-annual time change that affects millions, but not all, Americans.



SHUTTERSTOCK

Daylight saving in the U.S. first started with the Standard Time Act of 1918, a wartime measure for seven months during World War 1 in the interest of adding more daylight hours to conserve energy resources.

Without day light saving time, we'd continue to benefit from this natural process of longer days without the abrupt interruption of a clock change in March. We'd have more opportunities to take in daylight in the early part of our day throughout the spring, even if just on the way to work or school or our other daily activities.

The easiest way we've found to keep daylight saving straight is the helpful little expression, "spring forward, fall back." The general idea is that this allows us to all use natural daylight better.

Moving the clocks forward one hour in the spring grants us more daylight during summer evenings, while moving clocks back one hour in the fall grants us more daylight during winter mornings.

5 tips to adjust to the time change:

1. Go to bed and get up at the same time.
2. Practice good habits before bedtime.
3. Keep dinnertime consistent. Eat more protein and less carbs.
4. Get more light!
5. Take a short cat nap.

It may also help to go outside into the sunlight to cue your body and help retain your inner clock.

Alzheimer's and dementia awareness presentation coming in March

from Tracy HeavyRunner, SSW

FOR IRON COUNTY TODAY

The United States has more than 5 million individuals living with memory loss, and 16 million are serving as their unpaid caregivers. The disease is a global crisis that impacts numerous families right here in our community. However, no one has to face this memory impairment alone, without information or resources.

The Alzheimer's Association has created a free, 1-hour presentation covering the basics of Alzheimer's disease and dementia. The presenter, Shariq I. Sherwani, PhD, MBA, will share 10 habits for a healthy brain and explore the relationship between Alzheimer's disease and dementia. Shariq will also discuss statistics specific to Utah, along with the risk factors associated with memory loss.

This presentation will take place at 5:30pm, March 11, 2024, at Christ the King Catholic Church (690 S Cove Dr, Cedar City). Everyone is welcome. For more information, please email Theavyrunner@alz.org and 800-272-3900, alz.org.

Independence Day Parade application process has begun.

from Cedar City Lions Club

FOR IRON COUNTY TODAY

The Cedar City Lions Club has begun accepting applications for parade entries. The Parade will be on Thursday July 4, 2024. The Theme is: Freedom is the Greatest Gift. All registrations need to be submitted by 10 PM Saturday June 15. You can find the application and all rules at:

cedarcitylionsclub.org/parade-application. Come join in on this exciting and fun filled parade.



SHUTTERSTOCK



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Mercedes Carter, M.D.



Amber Dalton, FNP-C

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- ABNORMAL BLEEDING
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Legislature provides tax relief for Utahns – again

from Aundrea Peterson

UTAH SENATE

SALT LAKE CITY — The Utah Legislature passed \$170 million in tax relief to reduce financial burdens for Utahns. S.B. 69 Income Tax Amendments, sponsored by Sen. Chris Wilson and Rep. Kay Christofferson, lowers the income tax from 4.65% to 4.55%, increasing incentives to work, save, invest and spend money.

Additionally, H.B. 153 Child Care Revisions, sponsored by Rep. Susan Pulsipher and Sen. Daniel McCay, expands the child-dependent exemp-

tion for children from age three to age four, making Utah an even more family-friendly place to live.

“Once again, we’re putting Utahns first by cutting taxes for the fourth year in a row,” said President J. Stuart Adams. “Lowering taxes is the fairest way to reduce the tax burden, promote upward mobility and let Utahns keep more of their hard-earned money. Thanks to a legacy of foresight, responsible planning and fiscally conservative policies, we have proven it is possible to provide for current needs while laying the groundwork for growth and advancement for future

generations.”

“The best way to make life more affordable for Utahns is to let families govern their finances, not the government,” said Speaker Mike Schultz. “This tax cut, on the heels of three previous tax reductions, allows Utahns to do just that. We will continue to focus on common-sense solutions and look to the future as we put Utah families first.”

“If we want a strong economy, we do not want to tax productivity – it stifles economic growth,” said Sen. Wilson. “Tax cuts benefit all taxpayers and result in Utahns keeping more

of their hard-earned paychecks. The Beehive State is proof that with responsible planning and fiscally conservative policies, states can provide economic stability and excel even through the most difficult circumstances.”

Over the past four years, the Utah Legislature has reduced taxes by more than \$1.3 billion. Utah lawmakers remain committed to lowering taxes while ensuring the most vital parts of society are funded with investments in education, social services, water, housing, transportation and infrastructure.

Utahn asks Congress to protect global health, foreign assistance

from Caroline Rourke

FOR IRON COUNTY TODAY

WASHINGTON — On Tuesday, 120 advocates from The ONE Campaign, including an associate professor at Weber State University, headed to Capitol Hill to ask US lawmakers to support robust foreign assistance, including funds for development aid and protecting the health of millions of children around the world.

Barrett Bonella and his fellow advocates were in Washington, DC, for ONE’s annual Power Summit. In more than 150 meetings on March 5, the group asked Members of Congress and their staff to back no less than \$61.7 billion for the Fiscal Year 2025 State and Foreign Operations Appropriations bill, including \$4.4 billion specifically for development assistance. As part of the overall request, the advocates will also urge lawmakers to support no less than \$340 million for Gavi, the Vaccine Alliance, which helps keep kids safe from deadly but preventable diseases by promoting routine immunization access.

“We’re at a pivotal moment in

the fight to end extreme poverty and preventable disease, with crises, conflicts, and changing politics threatening all the progress we’ve made,” Bonella said.

“Investing in development and humanitarian assistance isn’t just the right thing to do - it’s the smart thing. For a fraction of the US budget, Senator Mike Lee, Senator Mitt Romney, and Representative Blake

Moore can make some real difference in the lives of millions of people while also creating a stronger, safer world for all of us.”

The ONE Campaign, co-founded by activist and U2 lead singer Bono, celebrates its 20th anniversary in 2024.

In that time, ONE supporters around the world have taken a collective 25 million actions in support of ending extreme poverty and preventable diseases like HIV/AIDS, tuberculosis, and malaria. From the creation and success of programs like PEPFAR, the Global Fund to Fight HIV/AIDS, Tuberculosis and Malaria to legislation like the Global Food Security Act and the READ Act, ONE supporters have been there through it all.

“Whether they’ve been with us

since day one, or this is their first trip to the nation’s capital, we couldn’t do this work without supporters like Barrett,” said Suzanne Granville, executive director for North America at the ONE Campaign. “They are

relentless in their pursuit of ONE’s vision of a fairer world, making their voices heard not just in the halls of Congress but in cities and communities across the country.” Read more at www.one.org.

“...we couldn’t do this work without supporters like Barrett”

Suzanne Granville



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DEFAMATION

« CONTINUED FROM PAGE 2

government can weaponize criminal defamation statutes to suppress critical voices and stifle open discourse about legitimate newsworthy concerns.”

Nevertheless, Frandsen said that the case significantly impacted his life, particularly his career prospects.

“I had to take a \$10 an hour retail job because no one in my industry would hire me,” Frandsen said. “My experience is in hotel hospitality and I can’t get a job in my field now.”

“That law is very concerning because it has the potential to stifle free speech. We can’t prosecute people just because they say something that we don’t like.”

Chad Dotson, Iron County Attorney

The two Iron County cases represent just a fraction of the 85 cases that have been introduced in court across the state since 1998, the furthest back Shipp could retrieve records from the system. Most of them have resulted in dismissal but 12 have been convicted.

Will Carlson from the Salt Lake County District Attorney’s Office expressed concern to the committee about the “chilling effect” such cases have on free speech. He also addressed the tendency for types of laws to burden the legal system.

“The other thing it does is, it encourages people to use criminal justice resources when they’re upset about something that someone else said,” Carlson said. “And prosecution has a burden of proof beyond a reasonable doubt so having this on the books leads to an unnecessary drain of resources, even if the case is not prosecuted.”

Winterton stressed the need to constrain the government authority

to manipulate criminal laws for political agendas.

“As the government increasingly uses criminal statutes for political purposes we should limit their power to suppress speech and take this tool away from them,” Winterton said. “It’s too frequently being abused.”

Despite the Iron County Attorney’s Office bringing the charges against Frandsen, County Attorney Chad Dotson agrees with Winterton.

“There are already criminal laws that make it criminal to engage in harassing and violent speech; we don’t need them to include defamation,” Dotson said. “That law is very concerning because it has the potential to stifle free speech. We can’t prosecute people just because they say something that we don’t like.”

Several Iron County residents echoed similar sentiments during the legislative hearing, urging lawmakers to pass Shipp’s bill. Milton McLelland, a mental health therapist in Cedar City who testified at the hearing, cited Jensen’s case as evidence of public officials misusing the defamation law.

“Supporting HB 158 is crucial to restoring citizens’ power to address grievances without the fear of prosecution, rectifies an injustice and preserves constitutional rights in Utah,” McLelland said.

Beyond the Iron County cases, Shipp told Iron County Today he has noticed a troubling national trend: the increasing criminalization of speech, along with instances of individuals being excluded from public discourse, removed from online platforms, and socially isolated.

Additionally, some have even faced financial repercussions, being denied access to their funds due to bank account closures. These factors also influenced Shipp’s decision to advocate for the repeal of the Utah law.

In a near unanimous vote on the Senate floor with only one dissenting vote and with 60 yeas and only 11 nays in the house, House Bill 158 is now on its way to the governor’s desk for final approval.

If passed, Utah will join the ranks of 15 other states that have repealed criminal defamation laws since 1972 when Pennsylvania was the first. The most recent state to do so is Georgia in 2015.

GUILTY

« CONTINUED FROM PAGE 3

attack the victim on a live video camera he had in his other business, The Vault Pawn Shop, located in front of the laundromat.

Upon their return, officers found Ross on top of the victim, holding her on the ground with a hose wrapped around her neck, strangling her. In court, Ross claimed that he had no intention of harming the employee and was simply acting in self-defense, alleging that the employee had initiated the attack.

However, the prosecution presented video evidence contradicting his testimony, showing the

employee never approached Ross and was attempting to leave upon his return. The footage revealed Ross had strangled her for two and a half minutes before Cedar City Police Officer Aaron Condie forcefully removed him. An expert witness testified during the trial it only takes strangulating someone for four minutes before they die.

“He was more than half way there and showed no signs of stopping,” Dotson said. “Officer Condie was truly a hero that day. I’m not sure the victim would still be here if it wasn’t for him.”

Under current Utah law, Ross is looking at a minimum of five years to life for each charge. His sentencing is scheduled for April 8.



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IRON COUNTY GOVERNMENT RECAPS

Cedar City Council

by Iron County Today Staff

IRON COUNTY TODAY

The promotion of Council Member Matt Topham to the rank of Sergeant within the Police Service was celebrated. However, it was a bittersweet moment as they bid farewell to a veteran officer who had retired.

A presentation from Horrocks Engineers highlighted traffic studies conducted at major intersections across the city. Engineers presented potential solutions to traffic jams, including installing traffic lights and considering the implementation of roundabouts. The council has engaged in discussions regarding the feasibility and implications of these proposals, taking into account factors such as cost, safety and future infrastructure development. The council members shared their concerns and offered suggestions, demonstrating their commitment to meeting the needs of the community and improving public safety. Emphasis was placed on the importance of collaboration with county authorities and stakeholders, particularly in projects involving shared infrastructure and resources.

A significant portion of the discussion focused on transportation infrastructure, particularly the need to expand roads and create intersections. Concerns have been raised about the adequacy of existing roads and their impact on traffic, particularly near schools and neighborhoods. Members deliberated on the best course of action, taking into account factors such as pedestrian safety, bus routes and traffic patterns. Zoning regulations have also been a focal point, with citizens expressing concerns about the impact of development projects on neighborhoods. The discussion highlighted issues of fairness, transparency and respect for the general plan, highlighting the delicate balance between property rights and community interests.

Throughout the discussion, emphasis was placed on aligning the proposed projects with the city's master plan, a comprehensive plan guiding growth, land use, and infrastructure development. Council members deliberated on the importance of this alignment while responding to concerns raised by citizens and developers.

Transparent communication and notification processes were also discussed, particularly where proposed developments deviated from existing zoning or infrastructure standards. It was considered essential to ensure that relevant parties, such as neighboring landowners and stakeholders, were properly informed and had the opportunity to participate in decision-making processes.

Beyond zoning, broader issues related to town planning and citizen engagement were also addressed. Council members explored ways to improve public access to planning information, proposing improvements to the city's website to provide easy access to zoning maps, master plans and other relevant documents.

Councilor Cox explained the challenge elected officials face, recognizing the importance of planning for future growth while considering the interests of current residents. He highlighted the need for sustainable and inclusive development approaches, ensuring that the needs of all stakeholders are taken into account.

Another important discussion focused on proposed changes to infrastructure standards, particularly regarding sewer manholes and irrigation company facilities. Technical details and security considerations were discussed, emphasizing efficient maintenance of infrastructure while

minimizing risks to public health and safety.

Throughout the meeting, council members emphasized transparency and public engagement. They discussed procedures for notifying changes to the master plan, deliberating on informing affected landowners and seeking community input. The council recognized the importance of open communication and ensuring residents have the opportunity to participate in decision-making.

The meeting concluded with the adoption of resolutions and ordinances, reflecting the council's commitment to effective governance and responsible urban planning. As Cedar City experiences continued growth and change, these issues will remain central to municipal decision-making. Council deliberations highlight the need for thoughtful and collaborative approaches to urban development, balancing community aspirations with resource management and competing interests.

Iron County School Board

by Iron County Today Staff

IRON COUNTY TODAY

Canyon View Athletes

Canyon View High School assistant principal Michael Hudson recognized the accomplishments of CVHS winter sports teams. The drill team won first place in the state competition in military and second place in dance/routine categories. The girls wrestling team won the state championship, with five individual state champions. The swim team boys finished second at state, and Kurt Morgan was the 3A High Point Swimmer of the Year. Brett Jacobson, CVHS vice principal and athletic director, recognized 10 student athletes who achieved Academic All-State honors in winter sports including cheer, drill team, basketball, and wrestling. This award recognizes excellence in both academics and athletics. Jacobson highlighted that CVHS competitive cheer had the most academic all-state honorees of any 1A-6A cheer team in the state.

Wrestling with health hazards

There was significant discussion from community members about the need for proper facilities for sports like wrestling at Canyon View High School. Speakers described unsafe conditions with the current shared, small wrestling room and weight lifting facilities. They highlighted that it presents health hazards, inability to accommodate growing rosters, wasted practice preparation/take down time, and inability for parents to watch practices. Multiple wrestling coaches, parents and student athletes advocated for constructing adequate and safe facilities as soon as possible.

Rally for Cedar's Redmen Mascot

Other public comments covered reinstating Cedar High School's Redmen mascot and name. Community members argued the decision a few years earlier was made unfairly without appropriate public input. They asked the board to revisit the decision.

School Updates, Improvements

Superintendent Lance Hatch highlighted North Elementary School and Canyon View High School. North Elementary has 620 students, 50% of whom are economically disad-

vantaged. It is proudly a STEM school, having received the state's gold STEM designation. Teachers have participated in professional development, and students have met or exceeded their end-of-year academic goals in math and reading. The school was placed on targeted school improvement for its subgroup of ESL students. After hard work, there was significant growth - 26.9% more ESL students made adequate progress. Canyon View offers many advanced, concurrent enrollment, visual/performing arts, and CTE classes. Over 212 students earned 554 concurrent enrollment credits last year. There are comprehensive guidance and support services like therapists, interventions, alternative classrooms, and advocates. 192 students earned 819 quarter credits through the on-site credit recovery program. The graduation rate is 98% and 78% of seniors have applied to college.

The board unanimously approved Big D Construction's \$7.86 million bid as general contractor for the Perinn multipurpose building addition. They also unanimously approved switching the contract for the South Elementary continuous improvement expert to Ed Direction, following an appeal of the original award. The board also quickly adopted several uncontroversial policy updates involving retiring outdated technology policies, adding language on handling bomb threats, copyright policy, and internet safety requirements.

Board discusses capital projects and funding options for identified needs

Facilities Management Director Hunter Shaheen reviewed the High Priority Capital Outlay Projects with board members. Those are items covered by the regular capital budget. On the list are items addressed every year, including roofs and asphalt. Others are those identified as high priority through an annual evaluation. Any immediate need that pops up can knock items lower on the list, Shaheen said.

Following that report, Superintendent Dr. Lance Hatch reviewed four possible options as the district moves forward following the slim defeat of the 2023 Bond Proposition. Those include:

- Continuing forward by adding additional portable classrooms as needed for growth
- A smaller bond proposition in the 2024 election cycle
- Utilizing lease revenue bonds to build the two highest priority projects
- A combination of options

The recommendation from district administration — after taking many things into consideration — would be to utilize lease revenue bonds to build a new elementary school on property the district owns in Hamilton Fort and construct an addition onto Canyon View High School. The proposal also includes the possibility of moving Southwest Education Academy into the building that currently houses the district offices and moving district personnel into the current South Elementary building after a new elementary is built.

For the average home, the increase on taxes would be a little over \$8 a month. Because previous bonds have been paid off, it would appear to be a tax increase. However, the taxpayer would still be paying less than they have paid in the last year.

After a long discussion on all the different scenarios that could be considered, including conversation about beliefs of why the bond didn't pass, board members agreed to study the options further and forward options they might have to the superintendent.

UTAH LEGISLATIVE UPDATES

House of Representatives

Working For Utah

The seven-week Legislative Session is over, and my colleagues and I have wrapped up our work. The seventh week of the Session turns the grueling marathon into an all-out sprint to the finish line, and most of our time this week was spent mainly on the House Floor finalizing the budget and the remaining Senate bills. I'm thankful for everyone who took the time to contact me on issues concerning them and for those who took the time to come visit during this time. As we head home to spend some time with our friends and family before we return for Interim work, I want to provide an overview of some of my work this year at the Capitol.

Legislative Updates

I ran several successful bills this year. Here is an update on how those turned out. H.B. 31 Agritourism Amendments – Governor's Desk, H.B. 54 Coal Miner Certification Panel Amendments – Governor's Desk, H.B. 61 Water Measuring And Accounting Amendments – Governor's Desk, H.B. 124 Energy Infrastructure Amendments, Governor's Desk, H.B. 239 State Employee Cybersecurity Training Requirements, Governor's Desk, H.B. 241 Clean Energy Amendments – Governor's Desk, H.B. 363 Livestock Grazing Amendments – Governor's Desk, H.B. 384 Utah Geological Survey Data Submission Amendments – Governor's Desk, H.B. 483 Construction Trade Amendments – Governor's Desk, H.B. 496 Public Land Use Amendments – Governor's Desk, H.B. 522 Veterinarian Education Loan Repayment – Governor's Desk, H.C.R 8 Butch Cassidy State Monument – Signed by the Governor.

All my Requests for Appropriations were funded and included in the final budget that passed Friday. I'm thankful for all of the people who worked on these bills and those who brought forward any concerns so that we could resolve them and pass all this legislation. I'm proud of the work I've done this year to help all Rural Utah. You can always take a more in depth look at my bills at le.utah.gov.

We passed over 465 bills this Session, with some just being minor clean up bills of Utah Code or extended commissions or programs. Some are more significant changes, like H.B. 562 which provides funding mechanisms for a stadium to host an MLB team right here in Utah. I supported this legislation because the money for the ballpark would come from a 1.5% tax increase on rental cars in the state and a tax within the ballpark district. 90% of car rentals are from the Salt Lake City Airport and this tax would affect mostly tourists traveling here. That tax increase would only go into place once there is an official agreement to bring a team to Utah, and Utah would retain ownership rights of the stadium. This has zero effect on taxes for rural citizens.

Interim Work

Though our 45-day Legislative Session may be over, our work is not. As a Legislature, we will spend the next 10 months meeting in our committees, learning

about the pressing needs of the state, and preparing for next year's Session. Our first interim meetings of 2024 will take place this coming May. I am your Representative all year long, not just during our 45-day Session, and I would love to continue to hear what issues matter to you. You can follow along with the whole process, in person or online at le.utah.gov.

Final Thoughts

I am honored to have had the privilege to represent all of you this year, and I will continue to work hard throughout the Interim and into the future. My job is to represent the interests of those in the counties I serve and all Rural Utah. I am committed to learning more each day on the issues we collectively face and how I can help provide a solution. Please continue to reach out to me if you have anything you would like to address, I am always willing to help where I can. You can reach me at calbrecht@le.utah.gov or (435) 979-6578. Thank you again for this privilege. It is an honor to serve.

— Rep. Carl Albrecht

As the 2024 session comes to a close, I'd like to reflect on the last 45 days. For the last two months,



REP. CARL ALBRECHT
UTAH HOUSE DISTRICT 70



REP. REX SHIPP
UTAH HOUSE DISTRICT 71



SEN. EVAN VICKERS
UTAH SENATE DISTRICT 28

I've worked hard to improve business for small food producers, strengthen our criminal justice system, and improve higher education. This session has been productive, insightful, and collaborative. I'm thankful to my colleagues and legislative staff for their support and open dialogue.

I'm grateful for my awesome intern Whitney, who was a great help this session and overall a joy to work with. Lastly, I'm forever indebted to my wife, who's my biggest supporter and remains a lifeline during the Legislative session.

Over the last 45 days, my colleagues and I have worked tirelessly to make a meaningful difference not only for all of Utah, but for our community. I am deeply proud of the work my colleagues and I have been able to accomplish. From improving public safety, to supporting our incredible educators, to protecting our states many natural resources and so much more, this has truly been a meaningful 45 days For Utah.

Utah has a long history of fiscal responsibility, awarding us accolades from Best Economic Outlook and Overall Best Economy for several years running. Achievements like this would not be possible without our commitment to passing a balanced budget. This

year's budget truly is a reflection of what matters to Utah: investing in education, protecting our natural resources, and increasing both housing affordability and housing supply. You can learn more about the budget for fiscal year 2025 at <https://house.utleg.gov>.

Though our 45-day Legislative session may be over, our work is not. As a Legislature, we will spend the next 10 months meeting in our committees, learning about the pressing needs of the state, and preparing for next year's session. Our first interim meetings of 2024 will take place this coming May.

I am your Representative all year long, not just during our 45-day session, and I would love to continue to hear what issues matter to you. You can follow along with the whole process, in person or online at le.utah.gov.

I firmly believe that Utahns deserve to keep more of their hard-earned money in their own pockets, which is why the Legislature is continuously committed to reducing taxes. This year, we passed a nearly \$170 million tax cut, building upon the \$1.3 billion in tax relief we have passed over the last four years. Over time, these sustained, incremental tax cuts have made a real difference for Utah families.

This session has been a wild ride and I'm so thankful I'm able to represent the wonderful District 71, and I'm excited to continue to work during the interim to forward the goals of rural Utah.

Utah Senate

Dear Friends and Neighbors,

The 2024 General Session finished March 1, and the \$29.4 billion state budget approved included \$167 million for an income tax cut, \$113 million for law enforcement, \$832 million for public education and \$188 million for higher education, and \$300 million in subsidized loans for affordable housing projects.

Many in Iron County know of the challenges to fund a new county jail. Rep. Rex Shipp and I offered HB 113, which would have raised sales tax up to 0.4% after a vote of county residents, but it was met with great resistance in the Senate. Working with other legislators, county commissioners, and other experts, we found another solution. HB 488 now has a provision that will allow for the funding of a jail, with an already authorized transportation sales tax that is allowed for mass transit, but as rural counties don't have much need for mass transit, it can be used for the jail. Counties are classified into different classes based on size, for example, Salt Lake County is a 1 Class county, while Rich County is a 6 Class. HB 488 allows 3 Class through 6 Class counties, Iron County being a 3 Class county, to hold a truth in taxation hearing and impose a county wide sales tax of 0.3%, to help with funding for needs like a county jail. Other rural counties could also benefit from this provision by using it to improve their public safety/law enforcement programs if they choose.

As housing affordability and shortage are key issues facing our state, I ran S.B. 185 Residential Building Inspection Amendments. It promotes efficiency and

SENATE

« CONTINUED FROM PAGE 10

decreased costs as it streamlines the process of inspecting a building by allowing contractors and developers to use approved outside building inspectors if their municipality fails to complete an inspection within three days.

H.B. 562 establishes a revitalization district in the long-neglected west side of Salt Lake to build

provide Salt Lake City an option for city revitalization for a possible hockey stadium, which would bring improved roads, increased public safety, and more.

Finally, I had the opportunity to meet with Gov. Spencer Cox this week and deliver a memento from a Cedar City business. Braden Yardley, owner of Yardley Sports in Cedar City, created a custom baseball glove for Gov. Cox as a token of his admiration and support. Gov. Cox was delighted. Moments like these remind me of the



COURTESY GOV. COX

Sen Vickers and Gov Cox with baseball gift from Brandon Yardley

a Utah-owned Major League Baseball stadium. This will be a private-public partnership, where the state will be the sole owner of the stadium, and the stadium tenant will be responsible for all operations and maintenance costs, in addition to making lease payments to the state. S.B. 272

incredible people and businesses that make up our community.

Interim meetings start in May to review legislation passed and plan for 2025. I welcome your feedback. Please reach out anytime at evickers@le.utah.gov.

Sincerely, Evan Vickers

Romney leads bill to lift people out of social safety net and into workforce

from Sen. Mitt Romney

FOR IRON COUNTY TODAY

WASHINGTON — Senator Mitt Romney (R-UT) recently introduced the One Door to Work Act, legislation which would allow states the flexibility to implement Utah's successful model of consolidating federal workforce development and social safety net programs within a single state entity—like Utah's Department of Workforce Services—to help unemployed workers reintegrate more quickly into the workforce. Representative Burgess Owens (R-UT) previously introduced the One Door to Work Act in the House, a version of which passed out of the House Committee on Education and the Workforce in December 2023.

“More than 25 years ago, Utah implemented a plan to integrate federal workforce funds with existing social safety net programs within one entity, the Department of Workforce Services. Since then, Utah's model has successfully helped scores of workers rise up out of poverty and back into the workforce,” Senator Romney said. “It is also in large part why our state had the quickest job recovery in the nation after the pandemic. I'm proud to introduce this legislation, which will give states the needed flexibility to follow Utah's lead in empowering folks to get themselves out of the social safety net and into work.”

“Despite an abundance of job openings, our workforce participation rate has plummeted, leaving many Americans on the sidelines,” said Rep. Owens. “That's why I introduced the One Door to Work Act in the House, mirroring Utah's successful model, to empower states and local workforce boards with the flexibility to enact vital reforms. By establishing a state innovation authority under the Workforce Innovation and Opportunity Act (WIOA), we enable proactive pursuit of innovative solutions, bridging gaps between workforce and temporary programs, and creating a streamlined one-stop shop for social and workforce services. This Act serves as a beacon of hope for Americans seeking a return to

the workforce, urging nationwide adoption of Utah's proven successes.”

“We're grateful to Senator Romney for his work to expand the Utah workforce model to the rest of the country,” said Governor Cox. “Utah has long had the most successful one-stop-shop for integrating federal safety net and workforce programs so job seekers can get high-quality career services, training and education, and businesses can find those workers. This is part of the reason Utah recovered from the pandemic faster than any other state. Senator Romney's legislation will allow all other states the same flexibility.”

“There are 8.7 million open jobs in this country, and the workforce participation rate has not fully recovered from the COVID-19 pandemic.”

Greg Sindelar, Executive Director and Chief Operating Officer of the Texas Public Policy Foundation

“There are 8.7 million open jobs in this country, and the workforce participation rate has not fully recovered from the COVID-19 pandemic. States need the flexibility in the One Door to Work Act to use our workforce dollars to move our people off the sidelines,” said Greg Sindelar, Executive Director and Chief Operating Officer of the Texas Public Policy Foundation.

“A robust workforce is not only integral to a thriving state economy, but also to its social fabric. When a person is unemployed for longer than six months, it is associated with decreased well-being, even measurably affecting mortality. The One Door to Work Act gives workers, employers, and taxpayers the system that they deserve,” said Daniel Erspamer, Chief Executive Officer of the Pelican Institute for Public Policy.



HIGH FLYING FUN!

COURTESY RASTELLI CIRCUS

Rastelli Circus to perform three nights in Iron County

by Cami Cox

FOR IRON COUNTY TODAY

Kids and grownups alike are always excited when the circus comes to town! From March 7-9, Iron County residents can witness the skills and thrills of the Rastelli Circus, a renowned family circus hailing from Italy that has been captivating audiences for over a century.

The Rastelli Circus showcases world-class

“We love hosting these types of events at the Iron County Fairgrounds and helping to bring fun opportunities to our county residents”

Jamilyn Evans, Iron County Fair director

performers that include jugglers, acrobats, comedians, clowns and aerialists. Iron County audiences will also enjoy performances by The Cedeno Brothers, a specialty attraction from Ecuador who are appearing in the United States for the first time.

“We love hosting these types of events at the Iron County Fairgrounds and helping to bring

see **CIRCUS** » 14

CLUE on stage

ANOTHER PHENOMENAL CANYON VIEW THEATER PRODUCTION

from Jerusha Thelin, CV Theater

FOR IRON COUNTY TODAY

Canyon View Theater Production is proud to announce the showing of CLUE on stage, a hilarious murder mystery that will be sure to have you on the edge of your seats, howling with laughter and eager to see how the murder mystery will unfold. Come watch your favorite board game characters come to life on stage. This transfixing production is ready to take the stage at Canyon View High School from March 6th to March 11th.

CLUE on stage may seem like your typical “it was a dark and stormy night” story, but as you look closer you will see it is full of lovable and somewhat crazy characters from your favorite board game. It’s chalked with stupidly funny jokes, and just as many murders. We get to fall in love with many amazing characters as we learn how they got to Boddy Manor, and just how crazy they can get.

Our actors have worked incredibly hard to bring these characters to life. Our director, Holly Barrick, has worked with all of our actors and crew to bring this play to the stage. Whether through blocking, lines or building sets, she has been there throughout it all. The lead of our play: Wadsworth, played by Jarrett Pangan, leads the characters throughout the play. More of our characters with notable actors include: Miss Scarlet, played by Olivia Staheli and Alison Robertson, Mrs. Peacock, played by Hayley Rowley and Brenna Haley, Mrs. White, played by Ava Kramer and Halle Vickers, Colonel Mustard, played by Patton Steed, Professor Plum, played by Levi Hokansen, and Mr. Green, played by Jaxten Dupass and Gavin McLelland. Each and every one of the actors have diligently worked with these characters to make them the best they can be for the audience.

For more information or to reserve tickets, please visit see their calendar entry on our weekly calendar or visit www.onthestage.tickets/show/canyon-view-high-school/65be9654fe27130e46b0f145. Tickets will also be sold at the door.

Cedar High brings Alcott’s “Little Women” to life

by Tsadakah Wilberg

FOR IRON COUNTY TODAY

Little Women by Louisa May Alcott has been a beloved story for over a hundred years. It is a story about a family of sisters that face everyday challenges and shows how those challenges change everything. Although renditions of that story have varied greatly, the heart of the story never changes. It

sweetness. Meg, the oldest and gentle natured sister was terrifically played by Andilynn Pelley. Tiana Green performed as Marmee, playing the character with all the wisdom and grace she is known for. And of course, the play would not be complete without the complexities and passionate fire that are Jo, expertly played by Reese Romney.

Although it is the actors that make the characters come to life,

through costume and prop design. Through their craftsmanship, they were able to create the far off places in Jo’s mind, the stories she wrote. With the performance of Jaycee Smith, Aiden Anderson, Willow Bishop, Molly Campbell, Trayson Hayden, John Myers, and the ensemble, Jo’s stories were brought to life in rich detail.

Combined with the master storytelling of Allan Knee, is the music and lyrics by Jason Howland and Mindi Dickstein. While listening to the music from this musical, one can see the story of Little Women in a new light. It would be difficult to capture Marmee’s grief at being separated from her husband the same way the song Here Alone does. Naturally, the beauty and diversity of the songs is only emphasized by those who sang them. There was a wide range of vocal talent from the Cedar High students that made the play dazzling.

Every year, Cedar High has put together two fantastic shows that pull on the heart strings of

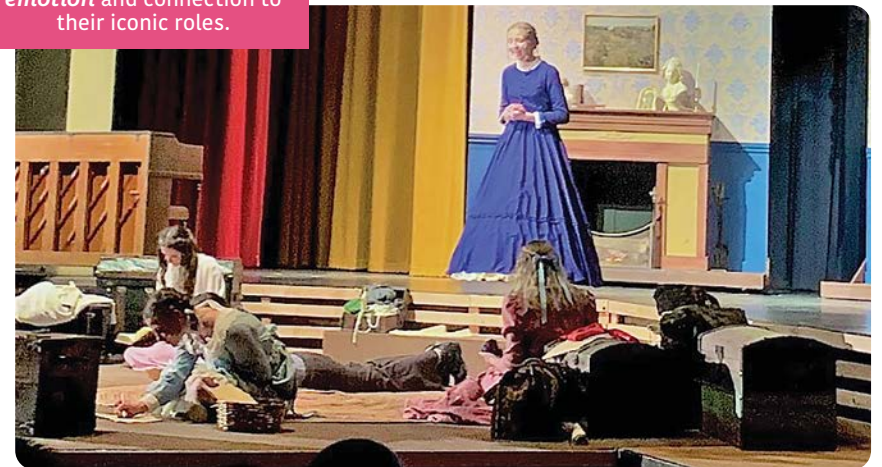


Cedar High students bring emotion and connection to their iconic roles.

is that part of Little Women that every rendition tries to keep hold of even if they change the details. The Little Women musical is no different.

At the Cedar High School performance of the musical Little Women on February 29- March 2nd, it was the hopes of the actors, stage crew, and director that the play had the same heart and soul as the original book. Through their efforts, their production of the story is one that will be fondly remembered. They took the audience into the world that Alcott created, allowing them to laugh, cry, and fall in love with the March sisters.

With the delightful girlishness befitting Amy, Ella DeMille played her part from the character’s immature youth to her graceful womanhood. Abby Wright was an adorable Beth with perfectly timed



PHOTOS BY TSADAKAH WILBERG

all of their efforts would not be complete without the work of the stage crew and director, Richie Uminski. It was they who created the Little Women world—the sights and sounds from the March home, and bringing the 1860’s to the stage

their audiences. They have helped students gain confidence and learn valuable skills for future endeavors. The experiences born from putting on plays like Little Women have impacted many and will continue to do so in future productions.

Finalists announced for 2024 Cedar City Star Search

by Gabrielle Costello

CEDAR CITY PUBLIC INFORMATION OFFICER

CEDAR CITY — Twelve finalists have just been announced for Cedar City Star Search, where they will have the chance to win \$250 in their respective age category or division at the Heritage Theater on Friday, March 15. The finalists will compete in front of an esteemed panel of local celebrity judges including, Cedar City Chief of Police, Darin Adams, Conductor/Music Director of the Orchestra of Southern Utah, Carylee Zwang, and Artistic Director of the Utah Shakespeare Festival, John DiAntonio. With over 50 auditions submitted, the 12 finalists who will compete in the 2024 Cedar City Star Search talent competition are:

Groups Category:

- » Jason McConnell & Savannah Eckert
- » Dee Holt, Shelly Forsman, Stephanie Wood, and Suzanne Tegland
- » Bring the Gurney

Youth Category:

- » Cruise Louthan
- » Bentley Hulet
- » Collin Morris
- » Teen Category:
- » Tiana Green
- » Brooklyn Jones
- » Reagyn Reynolds
- » Adult Category:
- » Dylan Thomas Gavin
- » Kaitlyn Esplin
- » Amy Gifford

Cheer on the finalists at this free community event by reserving your ticket online while supplies last at www.cedarcity.org/starsearch. This year, the event will also feature fundraising efforts for Canyon Creek Services. This community-based non-profit advocacy organization serves Beaver, Iron, and Garfield counties, and provides free, confidential, and comprehensive services to survivors of domestic violence and sexual assault. You won't want to miss this unforgettable night of community talent!

CIRCUS

« CONTINUED FROM PAGE 12

fun opportunities to our county residents," said Jamilyn Evans, Iron County Fair director. "We're excited to have the Rastelli Circus perform at our fairgrounds."

The Rastelli Circus will perform on March 7 at the Cross Hollow Arenas, 11 S. Cross Hollow Rd. in Cedar City, and March 8-9 at the Iron County Fairgrounds, 550 E. Clinic Way in Parowan. Tickets and other information can be found at rastellicircus.com and in this week's calendar.



COURTESY RASTELLI CIRCUS

Rehearsing—an artistic skill by itself

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

When Fred Adams was in charge of things, and before the new Shakespeare complex was built, the Festival allowed interested patrons to watch rehearsals in the Adams Theater. Signs at the various entries told us that we were welcome to watch rehearsals but to please be quiet and respectful of what was taking place. So, beginning in May of each season, LeGrand and I would pick the warmest evenings, stop at Maverik and buy large cups of frozen yogurt — they don't have that anymore, either — and watch the company rehearse. It was maybe our favorite event of the Shakespeare season. It never kept us from going to the actual performances later, thinking we had already seen the shows. On the contrary, it was with real anticipation that we went to see which aspects of the rehearsal sessions had finally been adopted into the productions themselves.

Rehearsing is a matter of two things: experimentation and repetition. We would watch the director focus on a small scene. He or she would give directions, the actors would comply, and then often, the director would call for a repeat with different blocking, say, or change in vocal inflection of the dialogue. The stage manager would watch intently, the props and costume people were sometimes present, and the person giving cues would deliver some help when the actor would yell, "Line". When the most desirable version of the scene seemed settled on, it would be rehearsed several times to set things in the actors' memories. It was so fascinating to see the interactions between director and actors until the most desired result was attained.

The Cedar City Children's Musical Theater has recently produced

"It was so fascinating to see the interactions between director and actors until the most desired result was attained."

"Matilda". One afternoon I went over to watch a rehearsal and the process was much the same as with USF. I walked through the door and a choreographer was working with a line of dancers in the hallway. As I sneaked past them, I could hear some singers in another room, working on a song. I went into the auditorium to see 6 or 7

girls on stage practicing with big alphabet blocks. It was obvious they were heavy! But in spite of the director's yelling "Again" several times, they never complained, just did as they were told. (These

were middle school girls I think. Amazing!) It was a big help when the sound guy showed up and played their music so they weren't having to sing their own accompaniment on top of everything else! And I was impressed with the large number of adults who were there to rehearse with these kids.

Getting young piano students to understand how to practice effectively is not easy. As I said, repetition is a major factor but grade school kids tend to think one time through per practice session is enough. I have to write down specific practice plans. And I have to warn them not to practice their mistakes so they get good at them. The well-known adage "practice makes perfect" should more properly read "practice makes permanent". Rehearsing/practicing is really an artistic skill in itself.





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Cedar Mountain Nordic Ski Club hits the trails

by May Hunter

FOR IRON COUNTY TODAY

The Cedar Mountain Nordic Ski Club (CMNSC) began in the early 2000's as a small group of like-minded friends who loved Nordic skiing and wanted to advocate for the sport and establish and ornate cross-country skiing and snowshoeing routes across Cedar Mountain. Since then, it had grown into a non-profit organization of over 70 dues-paying individuals and family members that is entirely supported by the efforts of member volunteers and occasional grant funding.

The stated purpose of the CMNSC is "to increase public awareness and enjoyment of Nordic skiing in what are some of the nation's best snow conditions and in locations offering outstanding outdoor recreations opportunities. With increased support from available sources, we hope to raise the healthy and rewarding sport of Nordic skiing to the level of popularity we feel it should enjoy here in Southwestern Utah."

Helping with development of Deer Hollow Winter Recreation Area since the start, CMNSC has been directly involved with the Cedar City Ranger District of the Dixie National Forest to assist in the development and promotion of the Deer Hollow Recreation Area as the only designated non-motorized cross-country skiing and snowshoeing area in southern Utah. The area is located on Highway 14, just east of Mile 22 and now has 14 miles of snowshoe and cross-country ski trails, including some dog trails which are groomed by the Rest Service and Club volunteers as conditions permit.

Recently, most of the clubs volunteer efforts have been focused on the maintenance of the trail system at Deer Hollow. Their members have been involved each year with off-season trail maintenance to prepare the trail system for



"We hope to raise the healthy and rewarding sport of Nordic skiing to the level of popularity we feel it should enjoy here in Southwestern Utah."

Nordic skiing is a great way to enjoy the great outdoors during the winter season.

CMNSC

see **SKI CLUB** » 17

SKI CLUB

« CONTINUED FROM PAGE 16

winter grooming, operation of snowmobiles for trail maintenance and grooming, seasonal installation trail signs, and equipment repair.

Club member, enthusiastic volunteer, and avid cross-country skier, Jim Riehle has presented two workshops this year at the Cedar City Library on cross-country ski gear as an introduction to those who are unfamiliar with this fun winter activity. The workshops were followed up with free instruction by Riehle, club volunteers Jerry Hamilton and Rick Oliver, who presented introductory cross-country ski lessons at the Community Ski Day that was recently held at the Deer Hollow Recreation Area on February 24. Over 50 participated of all ages who were new to cross-country skiing and snowshoeing. They were able to take advantage of not only free introductory lessons but were also provided free cross-country ski and snowshoe gear, thanks to the generosity of Cedar Sports and SUU Outdoors.

For more information on the CMNSC, visit cmnsc.org. There you can join, donate, or check out upcoming events, download maps, check conditions, and post comments.

Cross-Country Skiing Utah is an awesome, low-impact activity and it is a great way to enjoy winter for people of all ages and abilities. From challenging every single muscle to helping you de-stress, the perks of cross-country skiing will convince you to hit the trails.



PHOTOS BY LARRY RUFENER
Ollie Bryan from Cedar Sports, Derek Bryan from SUU Outdoors, and CMNSC Treasurer Paul Roelandt at the Community Ski Day at Deer Hollow.

celebrations

90TH BIRTHDAY

Jay Peck

Happy 90th Birthday Jay Peck! Come celebrate at an Open House March 9th, 2024, 2-4pm. LDS church, 1650 W Center St, Cedar City Utah. We love you grandpa!



Want to submit an announcement?

There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 479 N 100 W, #1, Cedar City. The deadline is Friday at noon for the following week's issue. Announcements should be 100 words or less. Please call 435-701-9982 for pricing for all other announcements.

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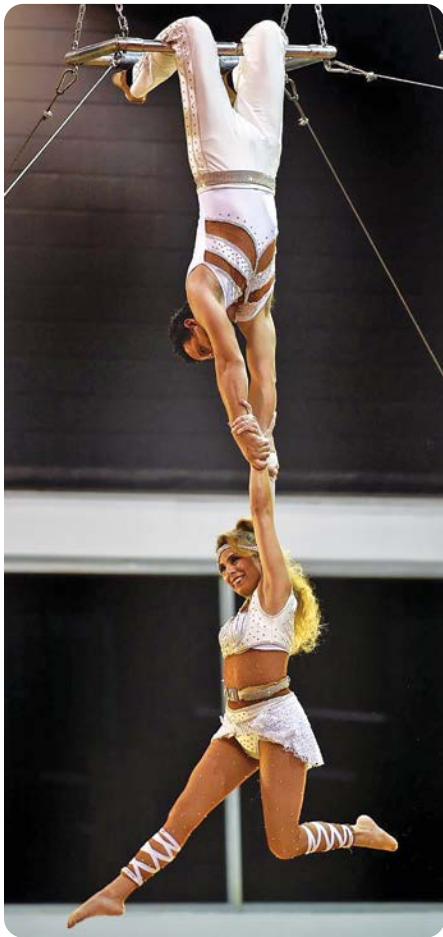
240 N 200 E, Paragonah, UT • 435-463-3735 • W-F 9am-3pm

calendar

THURS, MARCH 7

BE HEARD DAY

RASTELLI CIRCUS (4:30 AND 7:30PM) @ Cross Hollow Arena (11N Cross Hollow Rd, Cedar). Tickets \$25 adults, \$18 children. Early bird and family tickets available @ rastellircus.com.



CLUE ON STAGE (MAR 7-9 & 11, 7PM) @ Canyon View High School Auditorium (166 W 1925 N, Cedar). Clue is a hilarious farce-meets-murder mystery. Led by Wadsworth, Miss Scarlet, Professor Plum, Mrs. White, Mr. Green, Mrs. Peacock, and Colonel Mustard race to find the killer. Tickets \$5 General Seating, \$8, Preferred Seating. Available @ onthestage.com under "shows."

FRI, MARCH 8

PROOFREDDING DAY

SUMA CREATE PLAYDATE (10-11AM) FREE @ Southern Utah Museum of Art (13 S 300 W, Cedar). A special storytime and hands-on creative activity enjoyed by the whole family. Geared toward preschool children (ages 3-5) and their parents/guardians.

CEDAR ROCK, GEM, MINERAL & JEWELRY SHOW (Fri-Sat 10am-7pm, Sun 10-4pm) FREE @ Cross Hollow Event Center - Diamond Z Arena (11 N Cross Hollow Rd, Cedar). Silent auctions, drawings, rocks, minerals, fossils, jewelry, beads, exhibits, demonstrations, field trips, and more! INFO: southernutahrockclub.org.

CEDAR BREAKS SNOWSHOE HIKE (FRI, SAT, SUN, 10-3pm, thru March 31) @ Cedar Breaks. \$10 person. Ranger guided, educational, beginner friendly. Snowshoes, poles provided. Reservations required. 1 mile roundtrip. No cost. Dress Warm. CedarBreaksInfo@nps.gov or 435-986-7120. Reservations confirmed by Friday prior.

SUU GUEST ARTIST RECITAL: ZIONTRIO (7:30pm) FREE @ SUU - Thorley Recital Hall (351 W University Blvd, Cedar). The Zion Trio will be performing works by Schubert, Debussy, and Turina.

RASTELLI CIRCUS (MAR 8-9, 6:30PM) @ Iron County Fairgrounds (68 S 100 E, Parowan). Tickets \$25 adults, \$18 children. Early bird and family tickets available @ rastellircus.com.

OPEN MIC NIGHT (2ND/4TH FRI, 7PM) @ Johnson Arts Center (59 N 100 W, Cedar). Each artist will have a 7-minute set. First come, first served signups at the door. \$5 donation is required for entry. INFO/Q's email info@johnsonartscenter.org.

SAT, MARCH 9

BARBIE DAY

CEDAR CITY FARMERS MARKET (9AM-1PM) @ IFA (905 S Main St, Cedar). FREE. Farmers, food, artisans. Drawings, bingo, more! INFO: Facebook, Cedar Saturday Market, or Nancy 435-463-3735.

FESTIVAL CITY MARKET (9AM-1PM) @ (Center St. & 100 W) By Bristlecone Coffee. FREE. Handmade treasures and a bounty of local farmers, backyard gardeners, fresh fruits, veggies, with local artisans for jewelry, art, wood, pottery.

MIDVALLEY FARMERS MARKET & ARTISAN FAIRE (5-8pm) @ (780 Midvalley Rd. Enoch). Live music, jump house, face painting, and more. Beautiful, unique items. Have dinner, listen to music, let the kids play in the jump house. INFO: Text: 435-704-6916.

SUN, MARCH 10

DAYLIGHT SAVING

CEDAR UNITARIAN UNIVERSALISTS MEETING. (2nd Sun, 11am) @ 1280 E. Midvalley Rd (Enoch). INFO: Call/Text Bonnie at 435-590-0596 or email Dr.Bonnie8@gmail.com.

MON, MARCH 11

FIX A LEAK WEEK

SUU DISCOVER STORYTIME (4:30-5:30PM) FREE @ Cedar City Library (303 N 100 E). A new theme that book, activity follows along with! INFO: email suudiscover@suu.edu.

ALZHEIMER'S PRESENTATION (5:30PM) FREE @ Christ the King Catholic Church (690 S Cove Dr, Cedar). 1-hour presentation covering the connection between and basics of Alzheimer's disease and dementia. Presenter, Shariq I. Sherwani, PhD, MBA, will share 10 habits for a healthy brain. INFO: email Theavyrunner@alz.org and 800-272-3900, alz.org.

TUES, MARCH 12

AZTEC NEW YEAR

ART OF MAKING MUSIC, MOTION, (1-2PM) @ Johnson Arts Center (59 N 100 W, Cedar). A Sound Bath Workshop for the intellectually disabled. Info @ 702-917-2151. Funded by Cedar City Arts Council.

LIVE JAZZ (7PM, 2ND TUES) @ OFF THE CUFF (913 S Main, Cedar). FREE! Brought to you by the Jazz Alliance of Cedar City. INFO: jazzallianceofcedarcity.org.

WED, MARCH 13

GOOD SAMARITAN DAY

"WHEREVER THERE IS A HUMAN BEING, there is an opportunity for a kindness." Lucius Annaeus Seneca

THURS, MARCH 14

PI DAY

BIBLE STUDY (MAR 14-APRIL 18, 1-3PM) @ Cedar City Library (303 N 100 E). 6-wk study of 2 Timothy to discover truth by using three skills: observation, interpretation and application. Homework, discussion, DVD lecture. Precept Bible studies are non-denominational. Workbooks \$10.50 and may be ordered when you register @ 435-267-2234 or 435-238-3078. www.precept.org.

FRI, MARCH 15

DOWN'S SYNDROME AWARENESS

CEDAR CITY STAR SEARCH (7-9PM) FREE @ Heritage Center Theater (105 N 100 E, Cedar). Talented locals compete for prizes. Tickets are required. INFO: cedarcity.org.

MUSICAL: BRIGHT STAR (MAR 15-16, 18-23, 7-9pm) @ Parowan Aladdin Theater (27 N Main). Parowan City presents the new Musical Bright Star. Tickets \$7 at the door and Parowan Visitor's Center (5 S Main St). INFO: 435-477-8190.

SAT, MARCH 16

NATIONAL QUILTING DAY

SHEEP TO SHAWL (10AM-4PM) @ Frontier Homestead State Park Museum (635 N Main, Cedar). \$4 per person or \$20 per family. Sagebrush Fiber Artisans demonstrations include shearing, washing, carding, spinning, dyeing, weaving. INFO: 435-586-9290.



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calendar

ONGOING OPPORTUNITIES

GOVERNMENT

Brian Head Council

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

Iron County Republican Women

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

Parowan City Council

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Post 74

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Learn about Veteran benefits, opportunities, fellowship. Honor Guard provides military honors at Veterans funerals. Post Commander Darrin Duncan (435) 704-1466.

Bikers Against Child Abuse

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Rm)

DAR – Bald Eagle Chapter

2nd Sat, 10 am • Cedar Library, 303 N 100 E

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Lion's Club

Tues, 12 pm • Call Pres. Michelle Wilson for mtg. info. Everyone welcome! (802) 359-2183

Marine Corps League

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

So. Utah Veterans Assoc.

1st Thurs, 7pm • Westview Christian Center (2624 West Hwy 56, Cedar). Veterans, First Responders, All are welcome to attend.

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org. Helpline: John (702) 802-1332, Kara (702) 232-6829 KKCBC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Speaking From The Heart • M – Sa, Noon

Steps and Traditions • M – Su, 7 am

Red Road to Sobriety • Mon, 6 pm Paiute

Tribe, 440 N Paiute (435) 586-1112 Ext. 307

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

The Great Fact • T, F, Noon. True Life Center

2111 N. Main. (702) 802-1332 or (702) 533-7856

Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

Uncommon Sense • Sat, 10:00 am

My Story • Sat, 8 pm

Thank God Sunday Spiritual • Sun, 11 am

What a Way to Start the Day • Su, W, F

7-8 am • All are welcome

Al-Anon

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Al-Anon • 1st, 3rd Tues, 7-8 pm • 435-704-8984

Easy Does It • Tues, 7-8 pm • (435) 559-3333

Hope for Today (Family Groups)

Thurs, 6 pm • (435) 559-3333

Alzheimer's/Dementia

Last Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn, access resources, connect.

Virtual option available. Raven Albertson, 385.831.7124, utahprograms@alz.org.

ARP—Addiction Recovery

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan

Sun 7:30 pm • 85 N 600 W, Cedar, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

Caregivers

3rd Thurs, 5:45-7 pm • Zion's Way Home Health, 369 N 100 W #1, Cedar. All levels of the caregiver's journey from pre-caregiving to bereavement and rebuilding welcome.

INFO: Kat at 702-292-9911.

Celebrate Recovery 12-Step

Fri, 6:30 pm • Sunrise Christian Church (6843 W 1800 N, Cedar). God can change any hurt, habit or hangup, not just alcohol addiction INFO: 435-586-3640

Embrace Grace

Unmarried, pregnant? You don't have to walk alone! Safe, judgment-free zone. Free baby stuff at a baby shower for you. Text or call 407-719-8595 • Info under Resources tab @ Threshingfloor.life.

Grief Support Group

2nd Tues, 5 pm • Southern Utah Mortuary (190 N 300 W, Cedar). Safe, supportive for those who have lost loved ones. You are not alone. Free. INFO: 435-586-4040

Grief Support - Child Loss

1st Tues, 7 pm • Cedar Library (303 N 100 E). FREE for bereaved parent, sibling or grandparent. Includes any child loss (pre-birth, young, teen, adult). INFO: 435-327-1856

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, share perspectives on healing, recovery. Join: affiliate.rainn.org/helproom/canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org • (435) 635-9603 KKCBC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm

Live and Let Live • Fri, 8 pm

Candle Light Mtg • Sat, 9:30 pm (Sm rm)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm • Mtg Hall, 1067 S Main, Cedar (877) 865-5890

Nicotine Anon (12-Step)

Fri 5 pm • KKCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

Porn Addiction Recovery

Men Only • Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • www.southernutahshare.com

Senior Blind/Visually Impaired

3rd Thurs, 1:30 pm • Cedar City Library

Southern Utah Veterans Assoc.

1st Thurs, 7 pm • Westview Christian Center, 2624 W Hwy 56, Cedar. INFO: Chuck Waddell 907-252-1365.

Southwest Parkinson's Alliance

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

Widows Ministry

2nd Sat, 11-1 pm • New Journey-Widow's Ministry @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sunrisechurch.net.

CLASSES, CLUBS & ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Arts for Adults w/ Disabilities

Every other Tues, 1-2pm, starts Nov. 28. • Johnson Arts Center (59 N 100 W Cedar). Fun, engaging activities. Drum/Flute circles, group juggling, fine arts projects, more! All levels/abilities! 702-917-2151.

Bingo & Lunch

Fri, lunch @Noon, Bingo @3 pm. Free for Seniors @ Our House Assisted Living (995 S Regency Rd, Cedar). INFO: 435-867-0055.

Book Club

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

Boy Scout Troop 1848

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door. Text Sheila 805-208-4545

Cedar Breaks Model A/ Vintage Car Club

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email cedarmodela@gmail.com.

Cedar Chest Quilters' Guild

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome.

Info: Ms. Ronnie Badgett. 435-477-2243. cedarchestquiltersguild.org

Cedar City ESL

Wed, 6:30 - 7:30 pm • Free ESL lessons offered at Cedar Library, Rare Book Room (303 N 100 E). No pre-registration required.

Cedar City Toastmasters

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit www.cedarprofessionals.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

Color Country Winds

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

Cub Scout Pack 1848

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

ESL Classes

M,T,W,Th, 6:30-7:30pm • FREE @ Cedar City Library Rare Book Room (303 N 100 E). No pre-reg req.

Explorer Bible Club

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

International Folk Dancing

Fri, 1-2 pm • Cedar Senior Center (489 E 200 S) FREE; No Partner Needed; teaching! INFO: 626-808-6129

Iron County Moms For America

1st Wed, 7pm • Cedar City Library. Keep liberty alive in your hearts, homes with liberty minded book discussions. INFO: Kami Merrill 435-592-4152 or email: ironcountymoms4america@gmail.com

O.A.R.S. Young Adult Group

Tues. 9, 6-8 pm • Cedar Library (303 N 100 E). Open, Authentic, Relevant, and Spiritual. Dinner group, ages 18-30. Talk about spirituality, mutual support, curiosity, community service. Text 541-579-1554, pastorschuyler@gmail.com

Parowan Pickleball

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and signup: Parowan Visitors Center 435-477-8190.

PB&J Therapy Groups

These two groups teach skills for different areas of life by utilizing recreational activities and engaging in other forms of expressing emotions. INFO: 435-267-4212.

College: forms.gle/SmGygtCfvQ1TS2pB7

Adolescent: forms.gle/BZiePWW63pR6Zd8k9

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

Sagebrush Fiber Artisans Guild

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

Senior Yoga Classes

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Sewing Group

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 434-0259 to register/reserve your spot.

Tai Chi For Health

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

Top Bar Hive Bee Keeping

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

TOPS—Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W. Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

Wellness Wednesdays

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PW: health, INFO: Kristi Sharp (435) 986-2564, ksharp@snuhealth.org

Youth Group

Wed, 6:30-8 pm • Ages 12-18. Meal, games & Bible Study. @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sunrisechurch.net.

schools

Gateway's NJHS raises money for great local causes

by *Angela Walker*

NATIONAL JUNIOR HONOR SOCIETY

The Gateway Academy chapter of the National Junior Honor Society completed their annual fundraiser/service Project on February 29th. The NJHS students set a goal to raise \$2,500, having decided that \$1000 of the money raised would go to help Canyon Creek Services and the rest to help fund the Honor Society Chapter. The students started the project with Caring Coins and Penny Wars, where each classroom in the school tries to raise the most funds. The class from each level that raised the most money won a party. The NJHS students also sold candygrams and delivered them to classes on Valentine's



NJHS kids sold bags of feathers to turn the principal and school counselor into chickens. Mr. Armour and Mr. Duty were more than happy to participate in this challenge.

Day. The project wrapped up with the NJHS kids selling bags of 10 feathers to turn the principal and school counselor into chickens. Mr. Armour and Mr. Duty were more than happy to participate in

this challenge. As students came through the line, the Administrators smiled and made jokes with the students. The Honor Society was able to earn \$1764.61. Even though the students didn't meet their

goal, they are still donating the \$1000 for the service project and are going to be working on raising the rest of the funds they need to run their Honor Society Program.

IRON COUNTY SCHOOL DISTRICT NEWS NUGGETS

from *Braylie Tullis*

IRON COUNTY SCHOOL DISTRICT

Three Peaks Elementary

Three Peaks Elementary held their annual spelling bee on February 22, 2024. The contest took two hours and 25 rounds before naming the following winners: Braylee Fieldsted-1st place, Tatum Wilcock-2nd place, and Max Pace-3rd place. We are very proud of all the students who studied hard and did a wonderful job in the class and school spelling bees. Good luck in the district spelling bee! Thank you to all of the spelling bee judges for their help with this contest-Marcy Christensen (head judge), Coli Rider, and Jeanette Miller. Please remember that students will not attend school March 13-15 so that teachers can attend professional development.



Fiddlers Canyon Elementary

Congratulations to the winners of the school spelling bee! In 1st place was Thiago Avila Torres, 2nd place was Aspen

Crane, and 3rd place was William Payne. Thank you to everyone who participated and helped us with this event, and we are all wishing good luck to Thiago, Aspen, and William as they head to the district spelling bee on March 19! Thanks to everyone who helped with Dr. Seuss Week! We had a great time with our guest author Jim Cogan, our readathon and snack sales, and fun dress-up days. We are grateful for your support. Mark your calendar for no school on March 13-15th. We will also be having our White Ribbon Week March 25-29th, so watch your child's homework folder and the Fiddlers Canyon Elementary PTA Facebook page for updates and more information. Our next PTA meeting will be March 21st at 1 pm in the faculty room. We will be voting on next year's leadership and hope to see you there!

Enoch Elementary

Over 600 people filled the halls of Enoch Elementary during the annual Title 1 Parent Engagement and Art Night. Families participated in a book walk, drum room, photo booth, crafts, and more. The halls were filled with all the art projects students had created during their art class with Mrs. Kathryn Spagnolo. Special guest Michael Bahr, from the Utah Shakespeare Festival, led families in songs and games. Seed for Soldiers collected donations to send to troops. Parents brought their spare grocery sacks to help make mats for the homeless, as well. Thank you to all the volunteers that helped make this special

night possible!



Parowan Elementary

February 21, 2024, was an exciting day for Parowan Elementary, especially the Third Graders. For many weeks Parowan Elementary Third Grade has been preparing for their annual Iron County-Westward Ho The Wagons - program. This year the students displayed their projects and

quilts a bit early so that the effort of the students could be enjoyed even longer. Students made all different kinds of projects that related to pioneer life. The quilts were quilts that students had made in Third Grade for the past 40 years. It also has been a tradition to honor citizens in Parowan and the local communities for their wonderful contributions. This year the Third Grade honored Marilee Stowell, Ron and Susan Roth. Students memorized and told about their life experience in front of many parents, family and friends. We appreciate these wonderful citizens of Parowan. Singing, dancing, skits and stories of Parowan History were recited by the students. We are so appreciative of the privilege of having this program at Parowan Elementary. Mrs. Contrys, Ms. Adams, and Mr. Burton. Thank you to Mr. Heaton for the opportunity, and the Third-Grade students for their wonderful effort. We thank the citizens of Parowan who make this community a great place to live. This program completes the Third-Grade curriculum in such a wonderful, life changing way. Thank you all.

South Elementary

South Elementary students spent the month of February thinking about kindness. We joined 39,000 schools in 110 countries by participating in the "Great Kindness Challenge". Students tried to see how many acts of kindness they could perform in 1 week. Thank you to the PTA for providing treats to help celebrate Dr. Seuss' birthday.

The advantages of pavers, artificial grass

from Rocky Ridge

FOR IRON COUNTY TODAY

In landscaping, the debate between real grass and alternatives such as pavers and artificial grass continues. While the allure of a lush, green lawn may be enticing, there are compelling reasons to consider the advantages of pavers and artificial grass in transforming your outdoor space. These alternatives can be a game-changer for both homeowners and communities alike.

With water scarcity here in Iron County and the west in general becoming an increasingly pressing issue, the maintenance of real grass can be a significant drain on water resources. In contrast, artificial grass requires no water, which helps conserve precious water supplies. By choosing artificial grass, you can contribute to the conservation of water resources while still enjoying the aesthetic appeal of a green outdoor space.

The maintenance demands of real grass are not to be underestimated. From mowing and fertilizing to combating pests and weeds, maintaining a natural lawn can be labor-intensive and time-consuming. Pavers and artificial grass offer a low-maintenance alternative that frees up time and resources.

Pavers and artificial grass offer unparalleled durability and longevity compared to real grass. While natural grass can become worn and patchy over time, pavers provide a durable surface that can withstand heavy foot traffic and wet, cold weather conditions. Likewise, artificial grass is designed to withstand the rigors of everyday use, maintaining its

lush appearance for years to come.

Another advantage of pavers and artificial grass is their versatility in design and customization. Pavers come in a wide range of colors, shapes, sizes and patterns, allowing you to unleash your creativity and design outdoor spaces that reflect your unique style. Similarly, artificial grass is available in



COURTESY PHOTOS

various shades and textures, offering endless possibilities for creating inviting landscapes that enhance appeal and property value.

While real grass has long been the default choice for outdoor landscaping, the advantages of pavers and artificial grass cannot be overlooked. From promoting sustainability and conserving water resources to offering low maintenance and durability, these alternatives offer numerous benefits that make them a compelling option.

Career Changed

I recently watched a heartfelt “dog-umentary” about the life of a guide dog. It explained how they were picked because of their potential to become leaders from their litters. It showed how they were trained, tested and then transferred to those people whose lives would be transformed and would benefit from their assistance.

Guide dogs are such a blessing to so many. They allow people to live more productive lives and they provide companionship to those who need extra comfort and courage on the battlefields of life. Entire books and other movies have been written and produced on the blessings of our furry “best friends.”

Anyone who has experiences with dogs—from working, playing, protecting, or being protected by—you know that it’s not a coincidence that canines can help us conquer our challenges and enjoy life when things get ruff.

Not all puppies pass the test. It doesn’t mean they aren’t still useful and needed, but there is a certain criteria required for a dog to be able to help a person navigate the world. Some of the tests include the dog being willing to disobey a command to protect their person from danger. This means that if the dog sees approaching danger like a hole (rut), or something that their person could trip over or be injured by, they will stop even if they are commanded to go forward. There is a lot of trust and responsibility involved and some dogs don’t make it. It doesn’t mean they’re bad, it just means they need to be “Career Changed.”

Sometimes in life we each need a career change. Where we’re at now in our lives may have been the perfect place for us and our families. However, there are times when some people and places are also meant to prepare us for what lies ahead. If you feel stuck and stagnant in any area of your life, it’s worth a look to see if something needs to be changed, upgraded, improved or removed. It’s tough to see the road from the ruts, especially when we’ve been stuck so long that we’ve become blind and no longer realize that we’re not seeing things as clearly as we need to.

the rut
LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



Also, experiencing a career change isn’t always about changing careers or companions as much as learning to see more clearly how to remove obstacles, fill in ruts and potholes keeping us from becoming more successful and loving within our current careers and companionships.

Because despite the dangers out there waiting to discourage and drown us in despair, we each have the abilities and responsibilities to not only make our own lives better, but to then help others navigate and live better lives. Helping others is the greatest career we could ever have. No, we’re not perfect. We will fall and fail some tests. Nevertheless, as the new year continues, may we keep getting back up, overcoming challenges, making changes, course corrections and help each other endure, enjoy and live better.

family

Preparing for the worst

“Attention. We have a lost child.” These are words every parent dreads hearing from the loudspeaker at any supermarket, sporting event or theme park. Words that send every mom into an instant headcount and (hopefully) a sigh of relief when her own kids are accounted for.

Years ago my husband took our oldest son to a racing event in Las Vegas with his cousins. He was so excited to experience the fast paced sport he had seen on TV, and I was nervous about our little guy getting lost in the crowd. In an effort to calm my mom nerves I did what I always taught my son to never do. I took a Sharpie marker and wrote my husband's phone number down the length of his forearm where it could not be missed in the event he was separated from his dad! In the end, the two had a wonderful time together without a hiccup and our son had ugly Sharpie markings on his arm for the entire next week.

Not long after, we planned a California vacation where we would be around large crowds and I worried about our little pack of wandering toddlers. Hesitant to mark them all with permanent ink, I thought up a more logical solution of providing them with instant access to my phone number. The result? A trendy beaded bracelet complete with every digit of my number around their little wrists.

They were all too young to memorize the

number but old enough to recall that they wore it on their wrist if someone were to ask for it. In fact, they loved it so much they showed it off to friends and family!

Two years later they still wear their bracelets, but they have looked at and repeated the number printed there so frequently that they now know it by memory. Luckily they have never needed it to

mom's CORNER(ED)

by **Weslie Stratton**

CONTRIBUTOR



reconnect with me in a worst case scenario, but I have peace of mind knowing that they know that number by heart and have it with them in the event they forget.

Raising kids is a nerve wracking experience. I try hard to enjoy every moment, but I am a worrier by nature! While I can't guarantee that my kids won't slip and split their chin at a splash pad or fall off a bed and break their arm, I can find peace of mind knowing they can always reach me in the event that they are lost in a public area.



SHUTTERSTOCK

business

When you fail to plan, your plan is failure!

BUILDING MAIN STREET, NOT WALL STREET

One of my favorite Albert Einstein quotes goes as follows, “Logic will take you from A to B, imagination will take you everywhere.”

This quote especially rings true when we relate it to community leadership, vision, and innovation. On one hand, the first half of the quote accurately describes many city governments throughout the country, organizations run by good intentioned and well-meaning leaders. They are smart and very creative within the box they reside. They play it safe. However, it is the second half of the quote that best describes forward-thinking city governments. This group of leaders are few and far between.

What separates those communities in the second group versus those many communities within the first group? Simply put, it is their dedicated forward thinking toward revitalizing and transforming their communities for the new economy and future barreling toward them. Of course, most communities believe they have time and there are no worries. In reality, the economic transformation occurring today was moving rapidly toward us prior to COVID. The onset of COVID only accelerated the economic transformation, reducing the timeframe in which to transform being measured in decades or years to only months in many cases.

There are many discussions, points of view, thoughts, and opinions on what will make-up this new normal and economy. However, when we consolidate those into a couple points nearly everyone seems to agree on, we can see that regardless of one's point of view, rapid change is certainly upon us.

We all agree retail is undergoing rapid transformation. The retail world has become a situation of the haves and have-nots. The hardest hit group is our locally-owned businesses. They are in a fight for their retail and service lives. Many are falling by the wayside at a faster rate than one can imagine.

The locally owned and operated business apocalypse is far from over, it will continue for years. The unfortunate issue here is that this hits the smaller and mid-sized communities hardest. Many residents of these communities are flocking to the convenience



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ALL-STAR AWARD
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BROKER AWARD
KARA ALLRED



ROOKIE OF THE YEAR
LEANN PAULSON



WINNER
JENNIFER DAVIS



BEN BATTY



COBY ZOBELL



DONNA CHRISTENSEN



JENNIFER DAVIS



JENNY VOSSLER



MARI EDDY



MICHELLE JORGENSON

LEADERS CIRCLE



1ST RUNNER UP
DONNA CHRISTENSEN



KOLE HALLADAY



MATT BAGLEY



MELINDA WHITE



TRACEE JEFFS

CIRCLE OF ACHIEVEMENT



2ND RUNNER UP
MARI EDDY



NATHANIEL PUGH



CURT ALLRED



KAY CARTER



LEANNE HOLLERMAN

CIRCLE OF HONOR



TONI CARL



ALECIA JONES



ALEX MEISNER



BRINLY KNIGHT



CATHRYN DALLEY



LIZ KELLY



JEFF HUMPHRIES



NECIA BURGESS



NIKOHLE HUMPHRIES



THERESA NELSON



VICKI NELSON

history

Powell's second river expedition (Part 5)

by Jay M. Jones

FOR IRON COUNTY TODAY

Major John Wesley Powell's epic 1869 voyage down the Green and Colorado Rivers was not the end of his exploration of the west. A second river trip extending from 1871 to 1872, followed by several years of studies and travels in the Colorado Plateau region by his team left a huge impact on the American West.

During John Wesley Powell's first river expedition down the Green and Colorado Rivers, some of the scientific data his crew collected was lost. Because of dwindling rations as the trip progressed, other important information was not recorded due to time constraints. Historian William H. Goetzmann notes: "Realizing that the scientific results of his first river voyage were inadequate, Powell projected his second expedition on a much broader scale."

A Federal appropriation of \$10,000 was granted to Major Powell early in 1870 for additional explorations of the Colorado River and the surrounding area. Later that year he was in Utah making preparations for the second river trip. Additionally, with Jacob Hamblin, he made notable visits to native Paiutes and Hopis in Southern Utah and Northern Arizona. Powell was also at Fort Defiance, New Mexico for the signing of the historic treaty with the Navajos on 5 November 1870.

Powell made preliminary preparations to have pack trains resupply his river expedition at the Uinta River near present day Vernal, the Dirty Devil River near today's Hite, the Crossing of the Fathers in Glen Canyon, and the Paria River at what is now known as Lee's Ferry. Starting from Green River, Wyoming on 22 May 1871 with eleven men, Powell was the only one of the group that had run the river in 1869. About 15 townspeople, a significant portion of the town's population at the time, came down to the river to wish them well.

Second in command and lead geographer of the expedition was Almon H. Thompson, nicknamed "Prof" by the men, the husband of Powell's sister Nellie. A veteran of the Civil War, Thompson had been the entomologist for Powell during the 1868 expedition to the Rocky Mountains, and

Lake City just before the start of the expedition when Powell needed some extra help for his survey teams. Hillers learned the art of photography, and went on to take over 20,000 photographs for the Geological Survey and the Bureau of Ethnology during his career.

Expedition artist and assis-

Emma, who was staying in Salt Lake City, was ill. Powell left the expedition in charge of Professor Thompson. While Thompson led the continued journey down the river, Powell went to Salt Lake to check on Emma and to get the status of the next planned resupply at the Colorado River's confluence with the Dirty Devil River. It turned out that Emma was expecting the couple's first and only child Mary, who was born in Salt Lake City on 10 September 1871.

Powell rejoined the expedition at Gunnison Crossing – present day Green River, Utah. He brought with him supplies to last until the Crossing of the Fathers, since an overland supply route to the Dirty Devil confluence had not yet been found.

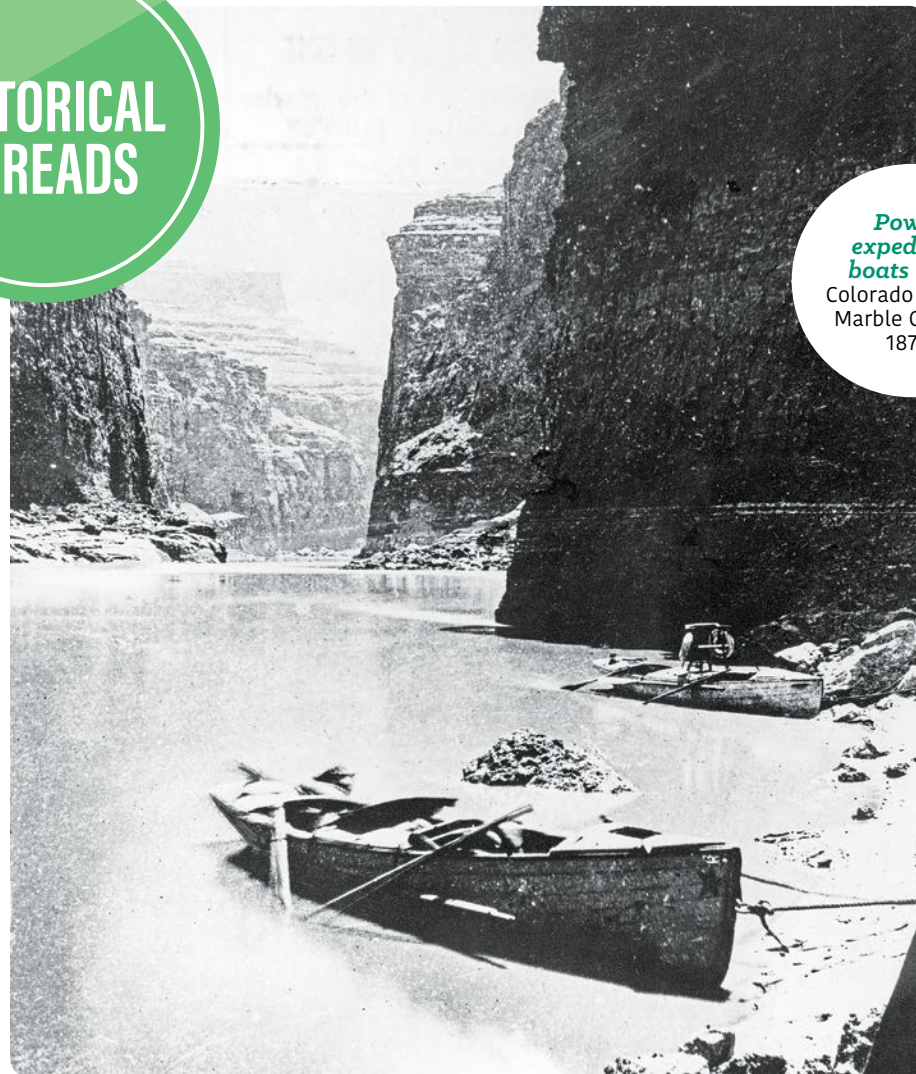
Dellenbaugh notes in his book several stops along the way to check out cliff dwellings, fossils, geology, and other details. He made several sketches of points of interest. At the confluence with the Dirty Devil River, one of the boats was cached to provide down-river transportation for a planned return visit the following year.

Francis Bishop recorded in his journal the meeting with the resupply party at the Crossing of the Fathers on October 6: "Here the Major separated from his men to go overland to Kanab and arrange for more supplies. In charge of Almon Harris Thompson, the river party took to the boats again on October 14, and October 23 reached the mouth of the Paria. This completed the year's plans for the river traverse." Major Powell went on to Salt Lake City to greet his wife and new baby daughter.

On 13 July 1872 the men in the boat reached the mouth of the Paria River. Since their arrival the previous year, John D. Lee had built a home there and made preparations to establish a ferry.

Dellenbaugh records: "[Lee] called the place Lonely Dell, and it was not a misnomer. It is now known as Lee's

HISTORICAL THREADS



Powell expedition boats in the Colorado River at Marble Canyon, 1872.

JACK K. HILLERS, U.S. GEOLOGICAL SURVEY

was the superintendent of schools in Bloomington, Illinois.

E. O. Beaman was hired as the photographer for the expedition. Clem Powell, a young cousin of the Major, was assistant photographer. Jack Hillers, a German emigrant and Civil War veteran, was hired in Salt

tant topographer was Frederick Dellenbaugh, a self-taught young man of seventeen who went on to document the expedition in the book "The Romance of the Colorado River."

When the party reached the first resupply point at the Uinta River, Powell received word that his wife

obituaries

Dean Warren Cooley



Dean Warren Cooley, 89 passed away on Feb 28, 2024. He was born on July 20th, 1934, to Clyde Adrian Cooley and Ella Mae Carson in Glenwood Minnesota. The Cooley family moved to Idaho when Dean turned one years old and that became home. Dean grew up farming with his family and became known for his driving skills at the ripe age of 5 years old. He liked to drive fast and could park with skill

and efficiency. Dean was always active running around the farm, swimming in the irrigation ditch, and playing football. When Dean was 17 years old, a friend of his built a race car and they took turns racing at Wilken's Speedway local dirt track. Dean was able to win a few races and was hooked. Dean knew what it meant to put the pedal to the medal and was known for being a wild driver with a wild car. For years Dean did odd truck hauling jobs to fund his racing and endured many wrecks and injuries to his body.

In the Year 1967 Dean was introduced to the Church of Jesus Christ of Latter-day Saints and started reading the Book of Mormon. He prayed if he should stop racing and the answer was yes. He was baptized April 26th, 1967. In that same year Dean met Peggy Ann Wheelwright and they were married one year later on April 26th, 1968, and went on to have five children; Frank, Stephanie, Joshua, Jeremiah, and Adrienne.

Dean loved his family and was an exemplary father and husband. He loved being around family and was always the life of the party. His love was unconditional and was a great friend to anyone who knew him. He loved to race, he loved sports, loved to drive truck, and loved to talk. Dean could talk to anyone and loved to be social and made all those around him feel important and loved. Dean was known for his sharp mind and astounding memory. It was his superpower.

Dean is preceded in death by his parents Clyde Adrian Cooley and Ella Mae Carson and siblings, Charles Cooley, Majorie Larue, Margaret Fuelling, Ruth Wolf, and son Joshua Cooley. He is survived by his beautiful wife Peggy Ann Wheelwright Cooley, Frank Adrian Cooley (Natalie Gibilterra Cooley), Stephanie Ann Cooley Hansen (Jeffery Hansen), Jeremiah Wheelwright Cooley (Amanda Puffer Cooley), and Adrienne Cooley Marshall (Gus Marshall). Thirteen grandchildren Weylin Cooley, Whitney Cooley, Camrie Doyen (Matt Doyen), Darrin Hansen (Emme Parrish), Kaden Hansen (Joy Kane Hansen), Jacey Hansen, Tayte Cooley, Layne Cooley, Newt Cooley, Shakell LeBaron (Walter LeBaron), Aryale Martin (Dray Martin), Alyssa Utley (Porter Utley), and Gus Marshall Jr. Five great-grandchildren Leyton LeBaron, Claire LeBaron, Rhodes Martin, Jaxon Doyen, Ava Doyen, and with one on the way.

Dean will be missed by so many and we will feel his loss. We would like to extend a huge thank you and love to Milford Memorial Hospital. They have taken such great care of Dean for the past three years and became his family. He expressed his love and gratitude to his family every day for his Milford family and loved each and every one of them for the love and support they gave.

Services were held for Dean in Minersville Utah on March 2nd, 2024, at 1:00 pm at the LDS church building (130 W. Main St. Minersville, UT 84752). Graveside was held at the Enoch Cemetery (Cemetery Rd. Enoch, UT) at 3:00 pm. To view a livestream of the funeral service and leave online condolences, please visit www.mortuary.org.

Carol Louise Munteer



Carol Louise Munteer passed away on Monday, February 26, 2024, in Cedar City after a valiant fight with acute renal failure at the age of 78. Carol was born on August 8, 1946, in Richfield. Carol was the fourth child of Marvin Charles "Cotty" and Louise Spencer Munteer.

Carol grew up with many challenges in her life, both intellectual and physical. She was very loved by her parents and siblings. She attended

elementary and high school in Escalante Utah. Carol was a great baseball player in her younger years. She was very generous and loved to share anything she had. She was a proud member of The Church of Jesus Christ of Latter-day Saints.

Carol's Aunt Effie taught Carol the basics of embroidery work. From there, she spent many hours embroidering dish towels, pillow cases, tablecloths and table runners for her friends and loved ones. She won many ribbons in the county and state fairs. She loved to watch Music and the Spoken Word, Little House on the Prairie and the game show network. She relished a good, cold root beer, dark chocolate M&M's and York Peppermint Patties. She enjoyed puzzles, coloring and ceramics. She especially appreciated visits from her family.

After the death of Carol's parents, she moved to Salt Lake City and later Kearns and lived with her sisters Marva and Peggy who tenderly loved and cared for her. After Peggy and then Marva passed away, Carol moved to Cedar City in June 2022 where she has since lived and been cared for by her brother Jerry and his wife Beverlee until she passed. Carol has been a blessing in our lives and has taught our family so much. We know she is enjoying a beautiful reunion and has reached her full potential as she was reunited with her eternal family.

Carol was preceded in death by her parents; siblings: Myrna, Marva, Paul, Scott, Peggy, and Joy; nieces: Krisaundra and Briona Munteer; and nephew, Quinn Munteer. She is survived by her brother Jerry (Beverlee) Munteer, Cedar City, and sister-in-law, Renee Munteer, Springville. She is also survived by several beloved nieces and nephews and great nieces and nephews who adored Carol and loved serving her.

The family would like to express their appreciation to Ethan Bunker and Christine Bott of Sun Tree Hospice for the loving and respectful care they provided for her. A special thanks also to Berne Tom and Shoni John who became dear and caring friends to Carol.

Graveside services were held Monday, March 4, 2024, at 1:00 p.m. in the Escalante City Cemetery, where a van viewing was held from 12:30 - 1:00 p.m. Funeral Directors: Magleby Mortuary, Richfield, Salina and Manti. Online guestbook at www.maglebymortuary.com.

There is a charge of \$100 for obituaries to be published. Submissions can be made online at ironcountytoday.com, emailed to news@ironcountytoday.com or brought in typed/digitized format to 479 N 100 W, #1, Cedar City. A single submission may be up to 600 words and may include up to two photos. Submitted obituaries over 600 words will be charged an additional 10¢ per word. The deadline for submissions is Monday at 11 am for Thursday's publication.

Darlene Larson



Darlene Denison Larson passed away peacefully surrounded by her loving family on Monday, February 26, 2024. Darlene was born July 1, 1937, in Sterling, UT to Forrest and Geniel Denison as the youngest of five children.

Mom spent most of her childhood on a farm in Sanpete County with her close-knit family who enjoyed being together. Her parents taught them how to work and play together at an early age. She attended grade school in Sterling, UT and later attended and graduated from Manti High School. It was there she met

her high school sweetheart, Arlo. They married July 20, 1956, in the Manti Temple and shared 67 beautiful years together as each other's best friends.

In their first year of marriage, they lived in Mayfield, UT. Soon after that they moved to Sandy, UT, where mom worked at the Pfaff Sewing Company and purchased her first sewing machine. Her sisters Noma and Nedra taught her how to sew, which became a treasured talent. While in Northern Utah they welcomed their first daughter Teresa, and a couple years later their oldest son Brad.

In 1960, they relocated to Cedar City, UT for Dad's job and shortly after welcomed another son Cary, daughter Janice, and son Greg. While in Cedar City they moved four times, built two homes, and were in four different LDS wards. They got to know just about everyone in Cedar City and built lifelong friendships that they'll cherish forever.

Much of their time was spent on Cedar Mountain at the cabin, camping at Yankee Meadow, boating at Lake Powell, and going anywhere their camper would take them. As a family, we vacationed to many different places and created many lasting memories together.

Mom loved her Savior. She had a strong testimony of the Gospel of Jesus Christ, which she instilled in her children. She also held many church callings. She served in Primary Presidencies, Stake Relief Society, and in Young Women's. She also enjoyed indexing with her friends. She just had such a love for service and spent her whole life serving others. Mom and Dad served in the St. George Temple and loved every minute of it.

Mom was our cheerleader, and never missed an opportunity to come watch our games. Whether it was softball, baseball, volleyball, a dance or piano recital, or spending countless hours keeping score at little league ball games—whatever it was, she was there for her children, grandchildren and great-grandchildren.

Mom is preceded in death by, her parents, her sisters Norma (LaMar) Fredrickson, Nedra (Joe) Stewart, brother Milton (Lola) Denison and sister-in-law Glenna Rae Carpenter. Her mother and father-in-law, Bryon and Eula Larson, and sister-in-law Beth Ann Paxman.

She is survived by her eternal sweetheart, Arlo and her five children: Teresa (Lee) Holmes, Brad (Debbie) Larson, Cary (Cindy) Larson, Janice Jensen, and Greg (Brittanie) Larson. All of Cedar City, UT. Along with fifteen grandchildren, and thirty-one great-grandchildren (with one more on the way). As well as her brother Calvin (Alice) Denison and brother-in-law Arthur Carpenter.

Funeral Services were held Saturday, March 2, 2024, at 11:00 am in the Cedar 16th Ward Church Building (1925 West 320 South, Cedar City, UT). Viewings were held Friday March 1, 2024, from 6:00-8:00 pm at Southern Utah Mortuary (190 North 300 West, Cedar City, UT) and at the Church prior to the services, on Saturday March 2, 2024, from 9:30-10:30 am. Interment was in the Cedar City Cemetery under the direction of Southern Utah Mortuary. To view a Livestream of the Funeral Service and Online Condolences, please visit www.mortuary.org.

The family would like to thank Sun Tree Hospice, Ethan Bunker, Christina Bott, Janelle Brown and Dr. Steve Newman for their loving care and kindness of our mother.

obituaries

Eric Paul Christensen



Born in Albuquerque, New Mexico on January 24, 1961. The Lord called Eric home on February 5, 2024.

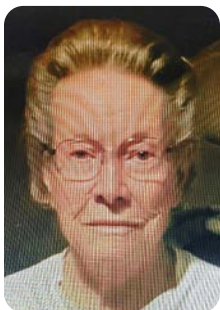
Eric is survived by his son, Ricky Keone Christensen; ex-wife, Rhonna Henderson; grandchildren, Keone Akahi Christensen, Jacob Makai Christensen, and Kalani Kay Christensen; siblings Jane Wilkinson (Gary), brothers Raymond (Brenda) Christensen, James Christensen, and Frank Christensen; and ex-wife, Debbie McKenzie. Eric is preceded in death by his parents, Robert and Mary, and

brother, Robert.

Eric became an ordained minister in 2010. He loved the outdoors, gold panning, metal detecting, camping, fishing, especially with his son. He was a collector of old coins and really cared a lot for the time he could spend with his family.

The families would like to thank those who cared for him during the last hours of Eric's life: Cedar City Emergency Doctors and Nurses, Heidi and her team on the medevac. Dr. Moon, Dr. Pilpher, and the nurses in the Cardiac ICU at St. George Hospital.

Cherie Taylor Day



Cherie Taylor Day passed peacefully from this life on February 29, 2024, surrounded by loved ones.

Cherie was born in Parowan Utah to Frank E. Taylor and Neta Thornton on April 27, 1927. After graduating from Parowan High School, she attended BYU. She later received her teaching degree from BAC (now SUU).

She married her sweetheart, Norman H. Day on August 16, 1947. They were later sealed for time and eternity in the St. George Temple. Early on they lived on and managed

the Day Farm where they raised their three sons, Scott Eugene, Lawrence Taylor, and Richard Norman. They later moved the family to town where they resided the rest of their lives.

Cherie was a beloved educator who taught for many years at Cedar Junior High, Cedar Middle, and Parowan High Schools. She herself was a lifelong learner who enjoyed many interests. Among these were Piano, singing, art and painting, word puzzles, genealogy, computer indexing and literary club, just to name a few.

Cherie's greatest joy was her family. She especially enjoyed visits from her grandchildren, nephews, and nieces. Up to her last day, she always had a bright smile to greet them. She told everyone she planned to live until she was one hundred years old. However, ninety-seven was all she could manage. We believe, because she did not anticipate surviving Norman, and all three sons. Most recently Richard's passing only nine short days earlier.

Cherie will be remembered for her kindness and generosity. Her absence will be felt deeply by all those who had the privilege of knowing her. She is survived by her sister Katrine Rowley and daughter-in-law Tena Day. She also leaves behind 5 grandchildren, 19 great-grandchildren and 6 great-great-grandchildren, plus one on the way. Cherie is preceded in death by her husband Norman and all three sons, Scott, Larry, and Richard.

The family will receive friends and family at a visitation on Saturday, March 9, 2024, from 1:00 to 2:30 pm at the Parowan 3rd Ward Church at 90 S. Main St., Parowan, followed by graveside services at 3:00 pm at the Parowan Cemetery.

Robert Bruce Fotheringham



Robert Bruce Fotheringham passed away on February 26, 2024, at the age of 97. He was the son of Arnold Fotheringham and Zella Ireta Memmott Fotheringham. Bruce was born in Minersville, Utah, on January 20, 1927.

Bruce grew up on a farm in Minersville. His father died when he was just four years old. He was the youngest in the family of three brothers,

Jack, Bill and Dixon, and one sister, Vvs. He enjoyed riding horses and swimming in the creek and various games and activities with his many friends.

Bruce attended Minersville Elementary School, and then Milford High School. He graduated from High School in 1945. He enlisted in the Navy and served in the Pacific on the USS Topeka, a light cruiser, for the remainder of the war. He attended Utah State University in Logan and BAC (SUU) in Cedar City. While in a dance class, he met Marilyn Miles. They both loved to dance, and they danced the entire evening. After that she was the only one for him. Bruce and Marilyn were married in the St. George Temple on September 17, 1949, and made their permanent home in Cedar City. They are the parents of four children - David, Robert, Debra and Scott.

Bruce was an active member of the LDS Church all his life. He was a scout master, taught Sunday School, and was a faithful Home Teacher/Minister. He enjoyed working as secretary of the High Priest quorum. He had a strong testimony through the years and was a good example to many who knew him.

Bruce worked at various jobs during his lifetime. Mainly, though, he worked for the Utah Highway Department in engineering, building roads, and for the Union Pacific Railroad as an engineer and fireman. He ran trains from Cedar City to Geneva, and Milford to Las Vegas. He also engineered trains for a time from Milford to Las Vegas on Amtrak.

Bruce enjoyed sports. He played football and basketball in high school and baseball in college. In college he was the champion boxer in his weight. Later in life he enjoyed watching sports on TV. He loved hunting. Deer season was a favorite time of year.

Bruce lived a long, rich life filled with all the best things. He was an example to his children and grandchildren of the blessings of work, thrift, and valuing family.

In his final years, Bruce was cared for at home by Magali. She has been the kindest, most attentive caregiver the family could have hoped for. Her warmth and tenderness will always be remembered.

Bruce was preceded in death by his wife, Marilyn Elva Miles Fotheringham, his brothers, Jack, Bill, Dixon and a sister, Vvs (Harold) Baxter. Also 2 great-grandsons, Miles and Jaden. He is survived by his children, David Bruce, (ShaRee), Robert Miles (Susan), Debra Marie (Jim Johnson), and Gary Scott Fotheringham. He has 18 grandchildren and 48 great-grandchildren.

There will be a viewing held on Saturday March 9, 2024, from 10:00 am to 11:00 am at the Cedar City 13th ward located at 725 South 1100 West in Cedar City, Utah. Graveside services will follow at 11:30am at the Cedar City Cemetery. Online condolences can be sent to www.heartlightfs.com.

EXPEDITION

« CONTINUED FROM PAGE 24

Ferry. Mrs. Lee XVIII proved to be an agreeable woman, and she and her husband treated us very kindly, inviting us, as we had nothing but bread and coffee, to share their table, an offer we gladly accepted." Two days later other of Powell's men arrived at Lee's Ferry from Kanab with supplies and mail and began preparations for continuing down the Colorado.

Major Powell and "Prof" Thompson finally arrived at Lee's Ferry on 13 Aug 1872, along with Nellie Thompson and Professor DeMotte. "Mrs. Thompson had been at Kanab all the previous winter and had pluckily made several trips with Thompson into the mountains." Dellenbaugh wrote that Mrs. Thompson would willingly have joined the expedition through the Grand Canyon if her husband had consented to it. On August 17 two boats set out from Lee's Ferry with seven men: Major Powell, Thompson, Hillers, Jones, Clem Powell, Hattan, and Dellenbaugh.

After receiving supplies at Kanab Wash, Major Powell announced the termination of their river trip at that point. They had accomplished their survey objectives, and Powell determined that it was

"The second passage down the river was not an exploration, but a survey; what rendered it scientifically important rendered it dramatically second-hand."

Wallace Stegner

not worth the risk to continue on. Powell's report published in 1875 did not mention the second trip, although much of the information for that report came from that tour.

About the second expedition, Wallace Stegner notes that it "was a tremendous adventure to the young men who participated in it. Yet somehow it doesn't make a story. It hasn't the thrill or the suspense, the fear, the fateful climax, the ending muted by tragedy; it doesn't come to us with either the terror or triumph of the first. The second passage down the river was not an exploration, but a survey; what rendered it scientifically important rendered it dramatically second-hand."

If the second trip was not as well-known as the first, Dellenbaugh's book shows that it had a full share of drama. But Powell's legacy is far more than an adventure story. Next in the series, Powell's continued surveys of the Colorado Plateau – the filling in of many of the blank spaces on the map.

faith

Nondenominational community Bible Study

2 TIMOTHY

A Precept In and Out Bible Study will be held at the Cedar City Public Library, 303 N 100 East. The class will begin on March 14, from 1-3 pm. It will include a 6-week study of 2 Timothy, "A Study in Discipleship." Workbooks are \$10.50 and may be ordered when you register for the class. Classroom size is limited. Register while we still have space. For information or to register call 435-267-2234 or 435-238-3078. Lesson 1 will be discussed in class the first week.

PLAN

« CONTINUED FROM PAGE 22

of online shopping leaving their local communities hung out to dry. I don't believe all online shopping is bad, there are certain things that you cannot get in local communities. While some online shopping can be a healthy thing for a community, when the balance swings too far off kilter, communities can be devastated.

While the methods may vary, when it comes down to it, forward thinking communities understand one basic law of transformation: The Law of Local. They understand keeping every dollar possible within the boundaries of their communities is not only vital, but essential. They understand and commit all their time, resources, and energy on creating a vibrant local retail base, a local restaurant base along with a local experience-based and quality of life

Paul entrusted the Gospel to Timothy and others. Are you guarding the treasure of the Word that has been entrusted to you? By your life? By your words? Even in the midst of persecution?

Precept Bible studies take a straight-forward investigative approach to Bible study. The inductive method will lead attendees to discover truth for themselves by using three skills; observation, interpretation and application. These studies consist of homework, discussion, and DVD lecture. Precept Bible studies are nondenominational. Information about Precept Ministries International can be found at www.precept.org.

atmosphere. They understand with few exceptions, the continued courting of national chains and big boxes is a trojan horse that can destroy their locally owned business base. They understand those same dollars devoted in years past to national chains suck your community dry slowly and steadily. Those dollars are better used to build their community's local business base. They make local entrepreneurship easy, affordable, and wanted. If your community is to have a bright future, understand the economic dynamics of today are changing. Your ability to change with them is critical for your survival in a cruel and unrelenting economic environment.

John Newby, Pineville, MO. is a nationally recognized Publisher, a Community, Chamber, Business & Media consultant & speaker. He can be reached at: info@Truly-Localllc.com.

Pharaohs, Faith, Freedom

EXODUS 14

Trapped! The Israelites had just escaped generations of enslavement. Now, they faced another impossible obstacle in front of them, the Red Sea. They couldn't turn around because they faced certain death from Pharaoh's vengeful cavalry coming behind them. It's no wonder they began to doubt Moses (again) and God (again). After all, why would God rescue them from one torturous tribulation only to place them in another apparent peril? Thus, they believed that God had not rescued them at all, but that He was merely relocating their gravesites (Exodus 14:11).

How often do we doubt God's love and power when we see impossible obstacles in our lives?

Sure, it would have been great to arrive on the beach of the Red Sea and see the waters already parted. That's not always how God works. Through all the miracles in the Bible, they've never been provided to just solve a problem, or only to get someone to a better place physically. Every miracle provided in the past and present has been to also provide that person a future (Jeremiah 29:11) and to get them to a better place spiritually. Because what's the point of rescuing the Israelites from Pharaoh's enslavement and taking them to a better place if their minds and hearts stayed stuck in the prisons of their past?

That's why the waters came crashing down and drowned Pharaoh's armies. It was as if God was saying, "I've not only set you free and brought you to a better place, but I've also washed your past away." While most continued to press forward with greater trust in the Lord's love and plan, some complained they missed the comforts of slavery (Exodus 16:3)! Some may have even desired to swim back across the Red Sea because they weren't ready to endure what was needed (Faith, Patience, Persistence) to find a new life of freedom, health and happiness.

No matter what personal Pharaohs you face today; fears, failures (sins) and addictions, etc. that enslave you; if you will have faith to press forward, to take one footstep towards God, I believe you will one day experience true freedom (Galatians 5:1). Yes, you will have moments of difficulty and doubt as your internal captors remind you of your past and tell you you're too weak to break free or stay free; that you're not worthy of greater things and that your Promised Land has been promised to someone else



because you've made too many mistakes (Colossians 1:21-23).

Nevertheless, as you follow the Lord and depart from your misguided monarchs, He will encourage you and prepare the way. There will be obstacles to hinder you, but to also remind you to have faith in God and be reminded that He still has faith in you. As you trust Him and follow Him, He will not only help you press forward and through your obstacles, but to leave behind your slave mentality for the promised freedoms God has and will provide for you.

VERSE OF THE WEEK

2 CORINTHIANS 4:17-18

For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. We fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.

Our trials may feel more monumental and not momentary, but when this mortal veil vanishes, we will see that God was with us, loved us, was for us and all that He has for our eternal inheritance was worth them all.

Thunderbirds come up just short in final home game

by Parker Haynie

ASST. DIRECTOR, SUU ATHLETIC COMM.

CEDAR CITY — The SUU Men's Basketball team played in the America First Event Center for the final time this season and came up just short against the Texans of Tarleton St.

"I am really proud of this team, the one thing that has always remained true, is we never stop fighting, and we saw that again tonight. There were stretches where it seemed like we were down and out, but these guys always keep fighting, which makes me proud," said Head Coach Rob Jeter.

"Playing in front of the SUU fans this season has been really amazing.

YOUNG'S CAREER-HIGH 29 NOT ENOUGH IN LOSS

Wasn't the season we had hoped for, but you can always feel the love and support for our team, and I am very appreciative of that," continued Jeter.

Zion Young was a man on fire for the first eight minutes of this ballgame, outscoring the Texans by himself 23 to 19. He scored the Thunderbird's first 23 points of the contest on Senior Night. But ultimately, the Texans were able to battle back and take a 39-37 lead into the halftime break.

Tarleton St. was doing all they could to stop Young from getting the ball, and held him to just six points the rest of the night, that led to an 88-83 victory for the Texans. The Thunderbirds slide to 9-20 on



Zion Young was a man on fire scoring the first 23 points and outscoring the Texans by himself 23 to 19.

Rushton, Irons sign football letters of intent

by Tom Zulewski

IRON COUNTY TODAY

As he was growing up, Canyon View senior Lincoln Rushton watched his share of football games at Southern Utah and tried his best to envision what it would be like to wear the T-Bird uniform. On Feb. 29, Rushton took the leap on Leap Day and brought the vision to life when he signed his letter of intent to join the SUU football program in front of friends, family, coaches and teammates at the CV school library.

Teammate Scotty Irons also signed his letter of intent and will join the St. George Eagles, a newer junior college online school that has a connection with SUU for classes.

"I'm super grateful for the opportunity I have," said Rushton, who will join the team after serving a two-year mission for the Church of Jesus Christ of Latter-day Saints. "I hope when I get back, I can make an impact on the team."

Rushton led the Falcons in his senior season with 539 rushing yards and five touchdowns for a high-powered offense that averaged over 37 points per game. The senior added 146 tackles and nine sacks from his linebacker position on the defensive side of the ball for a CV team that finished 9-3 overall.

With the transfer portal a big deal in college football, CV head coach Burke Miller said it makes getting his players recruited by Division I programs like SUU that much more challenging.

"Coaches want to see who they can get that's already been

schools, including McPherson College in Kansas, where Jaxon Jensen and Traie Buhler signed two weeks ago, but had his heart set on staying closer to home.

"This is where I really wanted to go from the beginning," Rushton said. "My dad graduated from SUU and played

Canyon View football players Lincoln Rushton (L) and Scotty Irons get ready to sign letters of intent Feb. 29. Rushton signed with Southern Utah and Irons signed with the new St. George Eagles program.



TOM ZULEWSKI

proven in college football versus taking a prospect coming out of high school. It's almost like the NFL Draft," Miller said. "It's a patience game for sure, equally hard for both player and coach."

Rushton drew interest from several

football there as well."

Irons had been battling a hand injury during the early part of his senior season, but his efforts when he returned drew interest from the coaches in the new Eagles program. He plans to play in the fall before heading

"This is where I really wanted to go from the beginning. My dad graduated from SUU and played football there as well."

Lincoln Rushton

out to his mission for the Church of Jesus Christ of Latter-day Saints.

"It's a good opportunity for me because playing there for a year and going on the mission will give me an extra year of eligibility," Irons said. "It will be a good place to start."

Irons will keep his position at linebacker for the Eagles and Rushton's position will be determined after he returns from his mission. Miller said Irons improved his approach to the game simply by speaking up.

"Last year, Scotty was letting the defensive coordinator do the talking and not asking questions," he said. "We told him to eliminate any confusion and don't be afraid to ask questions. Now we hope he can get noticed in St. George."

T-BIRD HOOPS

« CONTINUED FROM PAGE 28

the year and 4-14 in conference play, and unfortunately have been eliminated from the WAC Postseason Tournament.

Young's career-high 29 points led the way for the Thunderbirds, but the other senior, Chazz Hutchison, had his best game in an SUU jersey, scoring 12 points on a perfect 5-5 from the field. Pulled down a team-high nine rebounds and tacked on two blocked shots for good measure. Dominique Ford scored his season average of 16 points to go along with four rebounds and three assists.

Prophet Johnson was big time off the bench, scoring 14 points and thieving two steals. The Thunderbirds shot just under 50% from the floor and 43% from three. They also had 15 assists on 28 field goals.

The Thunderbirds will close out the season tonight (March 7) on the road, as they head to Texas to take on Stephen F Austin at 5:30 p.m. and then head to Edinburg to take on UTRGV on Saturday, March 9 at 2 p.m. Stay up to date during the 2023-24 Southern Utah Men's Basketball season by following @SUUBasketball on Twitter and Instagram and by liking the Southern Utah Basketball page on Facebook.

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Davis, Labra to represent SUU at NCAA Indoor Nationals

by **Regan Hunsaker**

ASSISTANT AD, SUU SPORTS INFORMATION

The NCAA announced its field for the NCAA Division I Indoor Nationals earlier this week, and two Thunderbirds have made the cut to compete. Southern Utah distance runner Isaiah Labra qualified to run the mile with his outstanding performance at the WAC Indoor Championships, running the race in

3:55.02. Senior Astley Davis qualified in the triple jump based on an exceptional resume built over the course of the entire season, including a qualifying jump of 53.4 feet.

Coach Eric Houle said, "Isaiah and Astley are among the best athletes in the NCAA. To be one of 16 athletes out of around 2000 in each event is quite an accomplishment. Boston has a great facility, so it's another opportunity for the two to improve their

marks. It should be a great weekend."

Isaiah Labra has been consistently improving over the course of the indoor season. Labra has set and broken records this winter, all leading up to his spectacular mile run at the WAC Indoor Championships in Albuquerque in February. Earlier this season, Labra set a personal record at the Huskey Classic, finishing the mile in 3:58:50. The run put him in the fourth-best spot in the SUU record

book at the time.

When it came time for the mile run at the WAC Indoor Championships, Labra stepped to the line with anticipation and got off to a hot start. He increased his speed over the course of the race and gained a lead that he wouldn't surrender, finishing five seconds faster than the next closest competitor and smashing a confer-

see **NATIONALS** » 31

Thunderbirds drop road contest at Tarleton State

by **Tyler Francis**

SUU ATHLETIC COMMUNICATIONS

STEPHENVILLE, Texas — The Southern Utah University women's basketball team came up short against Tarleton State on Saturday, Mar. 2 at Wisdom Gym, falling 69-63. The Thunderbirds move to 7-20 overall and 5-13 in Western Athletic Conference play, while the Texans improve to 9-18 and 6-12 WAC.

Head Coach Tracy Mason said, "I thought we played hard, we had the effort, we had the energy. We needed a few more shots to drop and a few more stops on the defensive end. I was really impressed with Shiho, playing with a broken nose and being absolutely fearless."

Ava Uhrich (17 points) and Daylani Ballena (16 points) led the way for the Thunderbirds offensively. Shiho Isono scored a season-high 13 points to go along with five rebounds and four assists. Samantha Johnston recorded a career-high nine assists to lead the team. Ashley Banks and Alexa Lord each grabbed a team-high seven rebounds.

Southern Utah came out strong to start the game. Ava Uhrich opened the scoring for the Thunderbirds, drilling a three pointer at the top of the key with 8:50 on the clock. Shiho Isono



Shiho Isono played fearlessly scoring a season-high 13 points to go along with five rebounds, four assists.

SUU ATHLETICS

came up with a steal on the following play and connected on a fast break layup to give SUU a 5-0 lead. Tarleton State fired off a 13-2 run to jump in front 13-7 midway through the quarter. Southern Utah responded, closing the period with a 13-6 stretch to take a 20-19 advantage at the end of the first. The two squads matched each other basket for basket as the score was tied at 26-26 with 6:10 on the clock. The Texans then used an 11-6 burst to go up 37-32, with Daylani Ballena and Uhrich leading the 'Birds' offensive effort with nine points each at the break.

Southern Utah relied on a balanced attack in the third quarter, with six T-Birds getting in the scoring column. The Texans outscored the Thunderbirds 19-14 in the frame to jump in front 56-46 approaching the final period of play. After Tarleton State extended its lead to 64-50, Southern Utah scored eight of the next 10 points to get within eight, 66-58, with 2:10 on the clock. However, the Texans were able to hold on to earn a 69-63 victory.

Southern Utah returns tonight, Thursday, Mar. 7, for a matchup against Stephen F. Austin. The game is scheduled to begin at 6:30 p.m. MT. For all the latest on Southern Utah women's basketball, follow @SUUWBasketball on Twitter and Instagram and like the Southern Utah Women's Basketball Facebook page.

PREP SCOREBOARD

SCORES

Region 9 Boys Basketball

2/26 4A PLAYOFFS, QUARTERFINALS

@ UCCU Center, Orem

Green Canyon 67, Ridgeline 64
Layton Christian 58, Murray 53
Snow Canyon 68, Dixie 57
Cottonwood 52, Logan 48

2/27 4A PLAYOFFS, SEMIFINALS

Layton Christian 68,
Green Canyon 54
Cottonwood 48, Snow Cyn. 45

2/28 4A PLAYOFFS, CHAMPIONSHIP

Layton Christian 58,
Cottonwood 53

Region 9 Girls Basketball

2/26 4A PLAYOFFS, QUARTERFINALS

@ UCCU Center, Orem

Cedar 59, Green Canyon 54
Snow Canyon 52, Sky View 40
Ridgeline 66, Dixie 22
Payson 51, Desert Hills 40

2/27 4A PLAYOFFS, SEMIFINALS

Snow Canyon 62, Cedar 35
Ridgeline 54, Payson 30

2/28 4A PLAYOFFS, CHAMPIONSHIP

Ridgeline 58, Snow Canyon 34

STANDINGS

RPI RANKINGS IN PARENTHESES

Region 9 Boys Basketball

	REGION	OVERALL
Dixie (2)	12-0	22-4
Snow Canyon (7)	9-3	17-8
Crimson Cliffs (13)	7-5	13-11
Pine View (12)	6-6	15-10
Desert Hills (15)	6-6	14-11
Cedar (23)	2-10	4-20
Hurricane (22)	0-12	5-19

Region 9 Girls Basketball

	REGION	OVERALL
Snow Canyon (2)	12-0	24-2
Cedar (3)	9-3	19-6
Hurricane (8)	6-6	13-11
Dixie (9)	6-6	13-13
Desert Hills (13)	5-7	10-13
Crimson Cliffs (17)	2-10	7-17
Pine View (19)	2-10	4-20

Comeback by Flippin' Birds falls short at BYU

by Regan Hunsaker

ASSISTANT AD, SUU SPORTS INFORMATION

CEDAR CITY — The Flippin' Birds traveled North Friday evening to take on the Cougars in Provo. Southern Utah finished with a score of 195.175 in the meet. BYU took home the win, scoring 195.650.

Southern Utah freshman Niya Randolph continued to impress in the all-around. Randolph finished first with 39.250, continuing to raise her season average. Randolph took the top spot in the floor exercise and tied for first in the vault. Junior Ellie Cacciola and freshman Alyssa Fernandez tied for the top spot on the balance beam.

Head Coach Scotty Bauman said, "We came out a little bit flat and had to make some adjustments as we went. I am really proud of the way the girls battled back in the last two events; there was a lot that we can build off of from this meet."

Bars (48.225)

The Flippin' Birds opened the meet on the bars, and freshman Brinlee Christensen scored a 9.800. Sophomore Trista Goodman set a new pace with a 9.825, and Randolph added to the team total with 9.750. Junior Isabella Neff followed that up, matching the team-high score for the meet of 9.825. Senior Aubri Schwartze wrapped up the second rotation with a 9.025 routine.

Vault (48.775)

The Flippin' Birds began the second rotation on



SUU freshman Niya Randolph took the top spot in the floor exercise and tied for first in the vault.

the vault, where junior Ellie Cacciola led the team off with a score of 9.775. Randolph was next with a 9.800 before sophomore Kennedy McClain posted a 9.725. Sophomore Kayla Pardue followed that up with a 9.775 vault. Wrapping up the rotation for the Thunderbirds was Freshman Mackenzie Kelly, who scored 9.700.

Floor (49.050)

The Thunderbirds moved to the floor for the third rotation, and freshman Alyssa Fernandez got things started with a great 9.750 routine. Cacciola added a 9.750 before junior Taylor Gull stepped onto the floor, scoring 9.825. An excellent routine from Christensen scored a 9.850, followed by a phenomenal 9.875 routine from Randolph.

Beam (49.125)

Fernandez led off the final rotation for the T-Birds with an incredible 9.875. McClain was next and scored a 9.800. Cacciola then impressed the judges on the beam to score 9.875 with her routine. Randolph picked up a 9.825 before senior Aly Coutu added a routine that scored 9.750. Freshman Elliot Bringham wrapped up the rotation and the meet for the Flippin' Birds with a 9.700.

Visit tbirdtickets.com to reserve your seats! For all the latest on Southern Utah gymnastics, follow @SUUGym on Twitter, @SUUGymnastics on Instagram, and like the Southern Utah Gymnastics Facebook page.

NATIONALS

« CONTINUED FROM PAGE 30

ence record that had stood for over 45 years.

Astley Davis has showcased his exceptional talent and dedication in the realm of track and field, particularly in the triple jump event, throughout his collegiate career. Davis has consistently pushed the boundaries of his abilities, setting records and making significant strides in his performance. His journey to qualify for the Triple Jump at the 2024 Division I indoor nationals was marked by remarkable achievements, notably during the 2024 indoor season. At the Lumberjack Team Challenge, Davis made waves by clinching first place in the triple jump with a phenomenal distance of 50'-10.00", setting a new school record in the process. His

momentum continued at the Stacy Dragila Invitational, where he further improved the school record with an

impressive jump of 53'05.00".

Davis' stellar performance wasn't confined to the indoor season alone;

his prowess also extended to outdoor competitions. Notable highlights from the 2023 outdoor season include his outstanding triple jump distances of 52.8 feet at the WAC Outdoor Track & Field Championships and 51.9 feet at the Bryan Clay Invitational. His jump of 53.05 feet at the 2023 Division I Outdoor Track and Field National Championship earned Davis All-American status with the eighth-best jump in the country. Davis will aim to further cement his legacy as one of the top athletes in Southern Utah history by competing at Nationals next week.

The NCAA DI Indoor Nationals will be held in Boston. The meet will take place from Thursday, Mar. 7, to Saturday, Mar. 9. Stay current on the Thunderbird track and field programs by following @SUUTFXC on Twitter and Instagram and like the Southern Utah Track and XC page on Facebook.



(L to R) Astley Davis (Triple Jump) and Isaiah Labra (Mile) will compete for the T-Birds!

Larson dominates, holds on late to win again at LVMS

by Tom Zulewski

IRON COUNTY TODAY

LAS VEGAS — When you're on a roll in racing, it's not necessary to change things up a whole lot. For the second straight race at Las Vegas Motor Speedway, Kyle Larson was dominant, but had to do everything in his power to hold on and secure another victory.

Larson led all but one of the final 46 laps and came away with the checkered flag in the Pennzoil 400 at LVMS on March 3, his 24th career victory. The driver of the HendrickCars.com No. 5 Chevrolet led 181 of the 267 laps and beat a hard-charging Tyler Reddick to the line by .441 seconds. It all came down to holding the line as winning time came down.

"The bottom (of the track) was good, but (Reddick) was making up time in (turns) 3 and 4," Larson said. "I thought I had a decent gap with around eight (laps) left, but I needed to go up top to build momentum. It ended up being the wrong move because it let him get much closer to me and I had to block his air.

"I was able to do a lazy arc to take his air away and get (his car) tight.

As long as I hit my marks, I knew I would be safe to the checkered (flag)."

At the end of each of the first two stages, Larson led laps in bunches, finishing the final 24 circuits of Stage 1 in front and 41 of the final 44 laps of Stage 2 to earn an additional playoff point. If it wasn't for bad luck, Reddick wouldn't have any luck at all. For every line he tried to run a good line in a bid to run down Larson, the No. 45 was blocked from getting to the front.

"I don't know if there was anything I could have done," Reddick said. "(Larson) would have had to make a big mistake or run into lap traffic to knock his momentum out. It was a solid effort for our team, but I don't like running second.

"The air gets so turbulent under this car the leader can use blocks to their advantage. You can go into the middle of the corner or turn to the bottom and drift up, it doesn't cost anything. ... You gotta do whatever it takes to win with this NextGen car."

Stage 1 was slowed by an 11-minute red flag period at lap 33 when Chris Buescher lost a tire on track and damaged the wall between turns



Kyle Larson celebrates with his daughter, Audrey and son, Owen after winning the Pennzoil 400 at Las Vegas Motor Speedway on March 3.

CHRIS GRAYTHEN, GETTY IMAGES

1 and 2. Maintenance crews repaired the area before the race resumed. In the final stage, Corey Lajoie had a flat right rear tire that led to a caution and wiped out Larson's lead that had reached two full seconds. On the ensuing pit stop, Ross Chastain took two tires and gained 12 spots to move up to second before the restart at lap 240, but Larson returned to the lead when the field returned to the line.

Including the red flag, the race was slowed by six cautions for 35 laps, and the winning average speed was 133.192 mph. There were 24 lead changes among 15 drivers. Ryan Blaney — last week's runner-up at Atlanta — was third while Chastain and Ty Gibbs completed the top five finishers. The Cup Series will race next in the Shriners Children's 500 on Sunday at Phoenix Raceway.

Nemechek outduels Smith, earns XFINITY victory

by Tom Zulewski

IRON COUNTY TODAY

LAS VEGAS — In the search for a win in the NASCAR XFINITY Series, the difference between winning and losing can come down to the smallest adjustments. When the checkered flag flew in the LiUNA at Las Vegas Motor Speedway, John Hunter Nemechek took advantage at the right time and earned the trip to Victory Lane.

Nemechek took the lead for the fifth and final time with 11 laps to go and won the 300-mile race on March 2 at LVMS, his 10th career win in the XFINITY Series. The driver of the No. 20 Safeway/Albertson's Toyota beat pole winner Cole Custer by over four seconds and was confident in his



John Hunter Nemechek celebrates after winning The LiUNA! XFINITY Series race at Las Vegas Motor Speedway on March 2.

CHRIS GRAYTHEN, GETTY IMAGES

team from the start.

"I knew we had a shot at the win from the moment we unloaded (off the truck)," said Nemechek, who led a race-high 99 of the 200 laps. "We were an OK car, but we made all the right adjustments and the car just took off in Stage 3."

After swapping the lead with Chandler Smith on five different occasions in the final stage of the race, Nemechek took the lead for the final time after the last cycle of pit stops finished at lap 190. Smith led 74 laps overall, but was disappointed at the finish.

"We let this one get away today," said Smith, who finished third. "I steered the team in that direction,

Carruth weaves through penalties, wins at Vegas

by Tom Zulewski

IRON COUNTY TODAY

LAS VEGAS — In 29 previous starts in the NASCAR Craftsman Truck Series, Raja Caruth's best finish was third. On his 30th start, the 21-year-old dodged and weaved through every possible situation to earn his first checkered flag.

Caruth held off a fast-closing Tyler Ankrum and won the Victoria's Voice Foundation 200 on a windy night March 1 at Las Vegas Motor Speedway, becoming only the third Black driver in NASCAR history to win a national series race (Wendell Scott, Bubba Wallace).

"I'm pretty speechless," said Caruth, who is in his senior year of college majoring in motorsports management at Winston-Salem University in North Carolina. "Over the winter, there was a lot of uncertainty where I would be driving without funding behind me, but I stayed true to my faith and my family. A lot of people put a lot of stuff together for me to be in this spot."

After qualifying on the pole, Caruth fell back and didn't lead for the first time until the start of Stage 2. Ty Majeski went on to win the first two stages, but the door opened for the driver of the No. 71 HendrickCars.com Chevrolet when Majeski was among four drivers flagged for pit road violations at lap 102 of the 134-lap race.

Majeski, Christian Eckes and rookie Layne Riggs were caught speeding, and Kyle Busch committed a safety violation. Caruth took the lead at lap 113 and held on to the end to make history.

"I had to be prepared for anything," said Carruth, who led for a total of 38 laps. "It's really easy to get excited, miss your marks and get caught up in the moment, but I still had to execute. Fortunately, it worked out for us."

When the dust settled, Eckes finished sixth, Majeski finished 10th despite leading a race-high 40 laps, Busch was a lap down in 15th and Riggs was 21st. Only 13 of the 32 trucks finished on the lead lap. The pit-road chaos that came with the penalties nearly cost Ankrum, but he managed to survive and finish less than a second behind Caruth.

"When you know the penalties are coming, it's

always better to be a little conservative on pit road," said Ankrum, who finished fourth in Stage 1. "I was actually afraid I got caught speeding on pit road because I came to the (commitment) line too hot. I cut it real close, but a lot of these races come down to guys taking care of themselves and letting them make their own mistakes."

The wind, which gusted to as much as 40 mph at times, provided an added challenge for Ankrum and

"It's really easy to get excited, miss your marks and get caught up in the moment, but I still had to execute."

Raja Caruth



Raja Caruth celebrates after winning the NASCAR Craftsman Truck Series Victoria's Voice Foundation 200 at Las Vegas Motor Speedway on March 1.

MEG OLIPHANT, GETTY IMAGES

NAMECHECK

« CONTINUED FROM PAGE 32

but you win and lose as a team. It could have been better, but definitely could have been worse."

With windy conditions on the track, Smith said it was harder to figure out what worked for his No. 81 Quick Tip Toyota.

"We over adjusted. We adjusted for it to get a little tighter, but the track got a lot freer. It went the wrong way, and the weather has been crazy all weekend. It was hard to predict."

Going for his third straight win to start the season, Austin Hill led six laps early in Stage 2 before finishing fourth.

"Toward the end, I had to slow

down so I wouldn't wreck," Hill said. "It allowed the 81 and 00 to get to me, but I was able to salvage a top-5 and keep our momentum up going into next week."

"Until the checkered flag flies, I always think we have a chance to win the race. You never know if a caution came out at the end what would have happened."

Las Vegas native Riley Herbst was

the rest of the field.

"The balance in (turn) 3 and 4 was completely different than it was in 1 and 2 all night long. You can't fix that because you can't fix Mother Nature. You wish you could give her a phone call and tell her to knock it off, but you can't."

Majeski had qualified sixth, but passed the leaders near the midpoint before pulling away and winning Stage 1 ahead of Carruth. Carruth reclaimed the lead after pit stops and had Busch alongside on the restart.

Majeski made a move back to the front later and cruised to the caution-free Stage 2 win ahead of Corey Heim — who qualified 25th — and Carruth. After pit stops, Majeski fell back to third and Taylor Gray moved to the front ahead of Busch.

Heim would finish third overall, followed by Taylor Gray and Christopher Bell, who completed the top five. The winning average speed was 129.91 mph and there were four cautions — two for on-track incidents — that ate up 19 laps.

fifth, while A.J. Allmendinger, Ryan Sieg, Sammy Smith, Brandon Jones and Justin Allgaier completed the top 10. The winning average speed was 137.143 mph, and there were four cautions — two for on-track incidents — that covered 22 laps.

As the series heads to Phoenix on Saturday, Hill leads Smith by 22 points with Herbst sitting in third at 27 off the pace.

Racing is what you make of it

As the weekend began, I was looking forward to my 20th year of covering the races at Las Vegas Motor Speedway. While channel surfing on the TV in my hotel room Saturday morning, I stumbled on the season-opening Formula 1 race, the Grand Prix of Bahrain. It was a sight that gave me flashbacks to 2023.

See Max Verstappen qualify on the pole. See him dominate the field and win going away. The Red Bull Racing driver picked up where he left off from a season ago, winning at Bahrain by over 22 seconds in front of Sergio Perez.

Process this for a moment. Including Saturday, Verstappen has won 29 of the last 34 races in F1 dating back to the French Grand Prix...in July 2022. By the math, that's an 85 percent success rate, and that's obscene. It gives those who don't have the perspective on technology reasons to

— were out front and separated by inches as they zoomed toward the finish line. In the end, technology (there's that word again) quickly told everyone Suarez ended up as the winner, beating Blaney by .003 seconds, the second-closest finish all-time in NASCAR's 75-year history.

The Ambetter Health 400 was among the hot topics of discussion in the weekend media availability at LVMS. Suarez knew he was in front of Busch at the line, but couldn't see where Blaney was to his outside of the three-wide sandwich. The wait to find out who won may have been short, but it seemed interminable to Suarez, who earned the second win of his NASCAR Cup career.

"It was only a minute, but it felt like three hours," Suarez said.

And that's the beauty behind NASCAR. The days of one driver ruling the roost and winning races going away are long gone. In the last 30 years, only three Cup drivers have won 10 or more races in a season — Jeff Gordon (13 in 1998, won the third of his four championships), Jimmie Johnson (10 in 2007, won the second of five straight championships) and Kyle Larson (10 in 2021, won his first championship).

Those who love Formula 1 will cite the technology and driver skill as to why the races are fascinating. Those who love NASCAR will cite the competitive nature that happens every week. The bigger key is that technology, along with a few good nerds who know the science behind the cars, makes the racing an acquired taste on either side of the tracks. Of course, your viewing mileage may vary.

—On the home front, Canyon View grad Addie Newman led the Southern Virginia women's basketball team to another appearance in the NCAA Division III tournament, the school's second in the last three seasons.

The Knights led DeSales University by eight after the first quarter, but was outscored 18-6 in the fourth and lost 53-42 in the opening-round game played March 1 in Center Valley, Pa. Newman finished with 9 points in 34 minutes played as SVU finished the year at 22-7 overall.

Follow race nerd Tom Zulewski on X, the artist formerly known as Twitter, @TommyZee81 or email tominator19@yahoo.com.



run away from watching the racing all the more.

Netflix has renewed "Drive to Survive" for a sixth season later this summer, and it's compelling in that you get a better behind-the-scenes perspective of what goes on for the drivers, the race teams — including the engineers — and the drivers who drive the cars as they globe-hop around the world to go fast and go after trophies.

For perspective, Verstappen has 55 career wins in his 10th season in F1. He's more than halfway to Sir Lewis Hamilton's all-time record of 103. Hamilton is in his 18th season on the circuit, but his last win was three years ago at the 2021 Saudi Arabian Grand Prix. Hamilton is 39 years old, but Verstappen is only 26. At the rate Verstappen is going, it's going to take less than five years for him to get to the top of the career list.

By contrast, there's NASCAR — more specifically, the Feb. 25 race at Atlanta Motor Speedway. As the field reached the final turn of the final lap, three drivers — Ryan Blaney, Daniel Suarez and Kyle Busch

TOM'S SPORTS TRIVIA

Happy Spring Training to all who celebrate. Baseball may be starting to dominate our brains, but we're still looking out for news from the week. Have fun, embrace the chaos, and please remember...no wagering!

1. Shohei Ohtani doesn't have a World Series ring just yet, but what happened to the L.A. Dodgers' star as he detailed on Instagram last week involving a different kind of ring?
2. As if Iowa women's basketball star Caitlin Clark hasn't set enough records already, she was only 17 points behind what NCAA men's basketball legend nicknamed "Pistol" for the all-time scoring record, men's or women's, with one regular-season game left?
3. The Philadelphia Phillies announced it would shut down a popular promotion Feb. 29 due to unruly fan behavior that came when what ballpark food in a bun was sold for a reduced price?
4. NHL head coaches Sheldon Keefe and Don Granato were fined \$25,000 each for "unprofessional conduct directed at officials" during games played last Tuesday, Feb. 27 against the Vegas Golden Knights and Florida Panthers, respectively. What teams do the pair coach?
5. LeBron James led the biggest comeback of his NBA career Feb. 28 when the Los Angeles Lakers rallied from a 21-point fourth-quarter deficit and posted a 116-112 win. What crosstown team did the Lakers beat?
6. BYU did something remarkable when it beat No. 7 Kansas, 76-68 on Feb. 27. The Cougars broke a home-court winning streak by the Jayhawks that had reached how many games dating back to last season?
7. The Pac-12 announced it will continue its TV network next season despite having only two schools in the conference. What schools will make up the new "Pac-2" and still be showcased?

8. What Colorado Avalanche forward extended his home game point streak to 29 straight with a goal and an assist in his team's 5-1 win over the Dallas Stars on Feb. 27?
9. The Chicago Bulls had a shooting night to forget in a 105-95 home loss to the Detroit Pistons last week that included 2-for-29 from 3-point range. Adding to the bizarre nature of the win, how many turnovers did the Pistons commit - 14 more than the Bulls had?
10. What NFL stadium hosted the 2024 NFL Combine that wrapped up March 3?
11. Texas delivered a big road win last week that was marred by fans throwing objects, including water bottles, on the floor in the second half. Who was the opponent in the game played in Lubbock?
12. According to a report from the MLB Players Association, what was the average salary for a big-leaguer in 2023, an increase of 7.1 percent?

LAST WEEK'S ANSWERS:

1. The Eastern Conference All-Stars surpassed 200 points for the first time in NBA history, defeating the Western Conference, 211-186 at the All-Star Game in Indianapolis on Feb. 18.
2. Toronto Maple Leafs
3. 14.
4. False. Messi had an assist on the insurance goal that finished off Inter Miami's win over RSL.
5. Barring a trade, the Patriots will pick at No. 3 in the first round of the 2024 NFL Draft.
6. Clark scored 49 in the Hawkeyes' win over the Wolverines.
7. Jacque Vaughn.
8. EA Sports.
9. Ohio State.
10. Matsuyama shot a final-round 62 to win the Genesis Invitational at Riviera Country Club.
11. Oakland Athletics.
12. Hendrick Motorsports driver William Byron. Byron will be looking for a second win in the first three races after he won the Daytona 500.

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legal notices

PUBLIC NOTICE: COUNTY WEED TREATMENT

It is the Duty of every Property Owner to control and prevent the spread of Noxious Weeds on any land in his possession, or under his control. This notice serves as a warning that if he fails to comply with this notice, enforced weed control measures may be imposed at the direction of County Authorities. The following weeds are hereby officially designated and published as noxious for the State of Utah, as per the authority vested in the Commissioner of Agriculture and Food under Section 4-17-3: There are hereby designated five classes of noxious weeds in the state: Class 1A (EDRR Watch List), Class 1 (EDRR), Class 2 (Control), Class 3 (Containment), and Class 4 (Prohibited for sale or propagation). Class 1A: Early Detection Rapid Response (EDRR) Watch List Declared noxious and invasive weeds not native to the state of Utah and not known to exist in the State that pose a serious threat to the state and should be considered as a very high priority. Common crupina - Crupina vulgaris African rue - Peganium harmala Small bugloss - Anchusa arvensis Mediterranean sage - Salvia aethiopsis Spring millet - Miliun vernale Syrian beancaper - Zygophyllum fabago Ventenata (North Africa grass) - Ventenata dubia Plumeless thistle - Carduus acanthoides Malta starthistle - Centaurea melitensis Class 1B: Early Detection Rapid Response (EDRR) Declared noxious and invasive weeds not native to the State of Utah that are known to exist in the state in very limited populations and pose a serious threat to the state and should be considered as a very high priority. Camelthorn - Alhagi maurorum Garlic mustard - Alliaria petiolata Purple starthistle - Centaurea calcitrapa Goatsrue - Galega officinalis African mustard - Brassica tournefortii Giant reed - Arundo donax Japanese knotweed - Polygonum cuspidatum Blueweed (Vipers bugloss) - Echium vulgare Elongated mustard - Brassica elongata Common St. Johnswort - Hypericum perforatum Oxeye daisy - Leucanthemum vulgare Cutleaf vipergrass - Scorzonera laciniata Class 2: Control Declared noxious and invasive weeds not native to the state of Utah that pose a threat to the state and should be considered a high priority for control. Weeds listed in the control list are known to exist in varying populations throughout the state. The concentration of these weeds is at a level where control or eradication may be possible. Leafy spurge - Euphorbia esula Medusahead - Taeniatherum caput-medusae Rush skeletonweed - Chondrilla juncea Spotted knapweed - Centaurea stoebe Purple loosestrife - Lythrum salicaria Squarrose knapweed - Centaurea virgata Dyers woad - Isatis tinctoria Yellow starthistle - Centaurea solstitialis Yellow toadflax - Linaria vulgaris Diffuse knapweed - Centaurea diffusa Black henbane - Hyoscyamus niger Dalmatian toadflax - Linaria dalmatica Class 3: Containment Declared noxious and invasive weeds not native to the State of Utah that are widely spread. Weeds listed in the containment noxious weeds list are known to exist in various populations throughout the state. Weed control efforts may be directed at reducing or eliminating new or expanding weed populations. Known and established weed populations, as determined by the weed control authority, may be managed by any approved weed control methodology, as determined by the weed

control authority. These weeds pose a threat to the agricultural industry and agricultural products. Russian knapweed - Acroptilon repens Houndstouge - Cynoglossum officinale Perennial pepperweed (Tall whitetop) - Lepidium latifolium Phragmites (Common reed) - Phragmites australis ssp. Tamarisk (Saltcedar) - Tamarix ramosissima Hoary cress - Cardaria spp. Canada thistle - Cirsium arvense Poison hemlock - Conium maculatum Musk thistle - Carduus nutans Quackgrass - Elymus repens Jointed goatgrass - Aegilops cylindrica Bermudagrass* - Cynodon dactylon Perennial Sorghum spp.: Johnson Grass (Sorghum halepense) and Sorghum almum (Sorghum alnum). Scotch thistle (Cotton thistle) - Onopordum acanthium Field bindweed (Wild Morning-glory) - Convolvulus spp. Puncturevine (Goathead) - Tribulus terrestris *Bermudagrass (Cynodon dactylon) shall not be a noxious weed in Iron County and shall not be subject to provisions of the Utah Noxious Weed Law within the boundaries of that county. It shall be a noxious weed throughout all other areas of the State of Utah and shall be subject to the laws therein. Class 4: Prohibited Declared noxious and invasive weeds, not native to the state of Utah, that pose a threat to the state through the retail sale or propagation in the nursery and greenhouse industry. Prohibited noxious weeds are annual, biennial, or perennial plants that the commissioner designates as having the potential or are known to be detrimental to human or animal health, the environment, public roads, crops, or other property. Cogongrass (Japanese blood grass) - Imperata cylindrica Myrtle spurge - Euphorbia myrsinites Dames Rocket - Hesperis matronalis Scotch broom - Cytisus scoparius Russian olive - Elaeagnus angustifolia

Each county in Utah may have different priorities regarding specific State designated Noxious Weeds and is therefore able to reprioritize these weeds for their own needs. The following are declared noxious weeds for the State of Utah and/or the County of Iron:

Common crupina - Blueweed (Vipers bugloss) - Purple loosestrife - Elongated Mustard - Squarrose knapweed - Common St. Johnswort - Dyer's woad - Oxeye Daisy - Yellow starthistle - Cutleaf Vipergrass - Yellow toadflax - Leafy spurge - Diffuse knapweed - Medusahead - Black henbane - Rush skeletonweed - Dalmatian toadflax - Spotted knapweed - African rue - Purple loosestrife - Small bugloss - Squarrose knapweed - Mediterranean sage - Dyer's woad - Spring millet - Yellow starthistle - Syrian beancaper - Yellow toadflax - Ventenata (North Africa grass) - Diffuse knapweed - Plumeless thistle - Black henbane - Malta starthistle - Dalmatian toadflax - Camelthorn Russian knapweed - Garlic mustard - Houndstongue - Purple starthistle - Perennial pepperweed - Goatsrue - Phragmites - African mustard - Tamarisk - Giant reed - Hoary cress - Japanese knotweed - Canada thistle - Poison hemlock - Dames Rocket - Musk thistle - Scotch broom - Quackgrass - Russian olive - Jointed goatgrass - Bermudagrass* - Perennial Sorghum spp.: Johnson Grass - Scotch thistle (Cotton thistle) - Field bindweed (Wild Morning-glory) - Puncturevine (Goathead) - Cogongrass (Japanese blood grass) - Myrtle spurge

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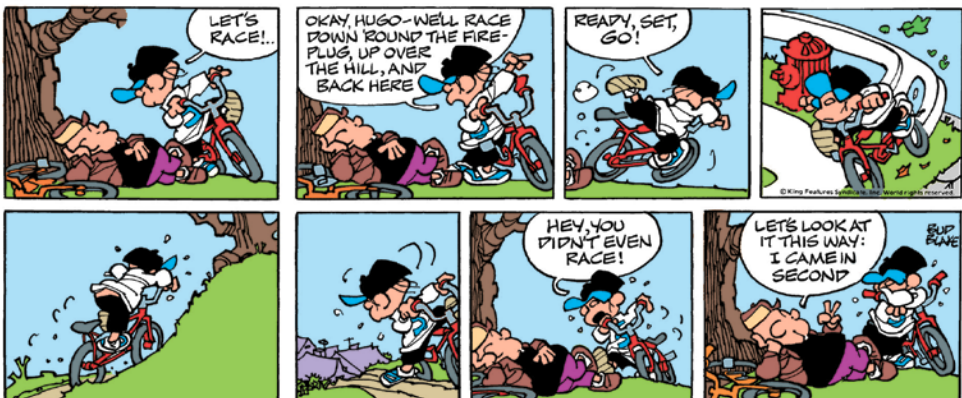
Amber Waves

by Dave T. Phipps



TIGER

by BUD BLAKE



The Spats

by Jeff Pickering



Weekly SUDOKU

by Linda Thistle

		4	7					5
5					9	6		4
	6			8				2
		8			3	9		
	5			2				3
7			4		6			1
	1		8					6
6				1				2
		2			5	3		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

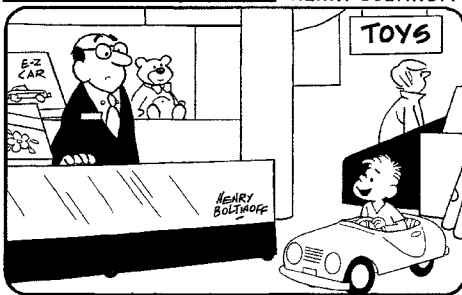
DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

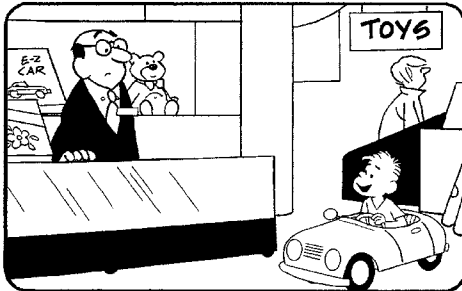
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Car door is different. 2. Rear tire is moved. 3. Side mirror is added to car. 4. Teddy bear is moved. 5. Nametag is moved. 6. License plate is missing.

King Crossword

ACROSS

- 1 Manhandle
- 5 Annex
- 8 Trig function
- 12 Within (Pref.)
- 13 "Ben- —"
- 14 Toledo's lake
- 15 "Sure, of course"
- 17 Bakery buy
- 18 "Yippee!"
- 19 Apple music service
- 21 Pride parade initials
- 24 "Let me think ..."
- 25 Valley in California
- 28 Indy event
- 30 Wall climber
- 33 Rocker Rose
- 34 Plains grazers
- 35 Formerly known as
- 36 Earth (Pref.)
- 37 Stink
- 38 "It's — real!"
- 39 Texter's "Enough!"
- 41 Bring up
- 43 Tell
- 46 Pink hue
- 50 Lena of "The Reader"
- 51 Sake, e.g.
- 54 Curse
- 55 Greek mountain

1	2	3	4	5	6	7	8	9	10	11	
12				13				14			
15				16				17			
18							19	20			
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43	44				45		46		47	48	49
50					51	52	53				
54					55				56		
57					58				59		

DOWN

- 1 Calico's call
- 2 "My Way" writer
- 3 Beehive State
- 4 Jesuit university
- 5 Sushi fish
- 6 Press for payment
- 7 Zwei follower squad
- 8 Blood part
- 9 Ore source
- 10 Aswan's river
- 11 Congers
- 16 Sailing hazard
- 20 Subsequently
- 22 Party cheese
- 23 Stunning gun
- 25 Pester
- 26 Chopper
- 27 Story thread
- 29 Pepsi rival
- 31 Victory sign
- 32 Longing
- 34 Telly watcher
- 38 Cleveland
- 40 Like lions
- 42 Expert
- 43 Filches
- 44 Israeli carrier
- 45 Guitarist
- 47 Clapton
- 48 Funny person
- 49 Visitor to Siam
- 52 Ogler's look
- 53 Altar affirmative
- 54 Jazz lover

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Trivia test

by Fifi Rodriguez

6	1	3	5	4	9	2	7	8		
8	2	4	7	1	3	5	6	9		
9	7	5	2	6	8	3	1	4		
1	8	2	9	5	4	6	3	7		
4	3	7	8	2	6	9	5	1		
5	9	6	3	7	1	8	4	2		
2	6	1	4	8	5	7	9	3		
4	7	9	6	3	2	1	8	5		
3	8	5	1	8	1	6	7	4	2	9

Answer

Weekly SUDOKU

M	A	U	L	A	D	S	I	N	E
G	E	O	R	E	K	B	E	E	N
N	A	P	A	R	A	C	E	I	V
L	G	B	T	H	M				
W	A	V	A	O	H	O			
O	K	A	F	I	N	E	R	O	L
E	N	T	O	H	U	R	E	R	I
R	E	L	A	D	S	I	N	E	

Solution time: 24 mins.

Answers

King Crossword

Trivia Test Answers:
1. Portland, Oregon.; 2. "Mean Girls"; 3. Reykjavik, Iceland.; 4. "Modern Family"; 5. Two.; 6. Volcanic eruption.; 7. Six.; 8. Nirvana.; 9. A congregation.; 10. Rabbit.

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