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4 Opinion  
11 Showcase  
14 Life  
21 Sports  
27 Classifieds  
28 Comics/Puzzles

LOCAL  
DEALS  
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IRON  
COUNTY

today

*INSIDE: 2023 IN REVIEW*

# *MOVING 4WARD*

AS WE TAKE A LOOK BACK...



## 2023 IN REVIEW (January–June)

### JANUARY

#### ***Pace Clarke leaves legacy at Utah Summer Games***

Executive Director of the Larry H. Miller Utah Summer Games, Pace Clarke, has announced he will be leaving the Utah Summer Games to pursue an exciting new opportunity. Hosted by Southern Utah University, the Games have grown significantly under Clarke's leadership. "Pace has done an exceptional job directing the Utah Summer Games," said SUU President Mindy Benson. "His leadership has elevated all aspects of the Games and set the organization up for ongoing success. We wish him the very best." As the executive director, Clarke led growth in athlete participation from 8,010 athletes to a record-breaking 10,189 athletes in 2022.



#### ***Reds boys basketball works with local 4-H to teach skills, inspire students***

Just as important as practice, says Coach Monks, is the importance of being an influence for good. "Our boys have a great culture of competition, and of togetherness," says Monks. "There's something to be said for the power that comes from helping others. Being unselfish and working together is what it's all about, and it's what our team is all about." So, in place of practice that day, Coach Monks and the Cedar Reds spent some time with the 4-H Afterschool Program at North Elementary January 18, teaching the 4th and 5th graders there the basics of basketball.



### FEBRUARY



#### ***SUU pre-health students volunteer in Dominican Republic***

This trip gave pre-health students the opportunity to gain hands-on experience by providing care to underserved communities in the Dominican Republic. The trip also exposed them to different cultures and lifestyles, teaching them about the importance of cultural competency in the medical field. Students had the opportunity to take part in various professional development activities. In partnering with a local clinic, the students were able to interact with local professionals while assisting in treating local patients.



#### ***First DAISY Award winner announced at Cedar City Hospital***

The DAISY Award for Extraordinary Nurses is a prestigious, international nursing award that recognizes the extraordinary care provided by nurses. Cedar City Hospital just awarded their very first DAISY Award to Nannette Petrocelli, RN, Medical/Surgical Department.

#### ***New band scholarship to honor long-time Cedar City Band Instructor***

Utah Music Foundation, a non-profit organization dedicated to providing scholarships to musical students from Utah communities, is proud to offer a new band scholarship to honor beloved Utah Band educator Steve Shirts. This \$500 scholarship will be offered to Utah high school seniors with a background in band and will honor Steve Shirts.



#### ***Duane Blackwell – Remembering a local hero***

Sergeant Major Duane Blackwell served from 1950–1985 across several branches of the military. Duane's eldest grandson, Jason Shakespear, of Cedar City, restored Duane's old Army "Willy" Jeep in Duane's honor. He drove Sergeant Major Blackwell in many parades in Iron County. Duane was known to often ride while saluting parade goers. This was his way of recognizing and showing appreciation to his fellow Americans. He freely showed gratitude to all who love our nation, not only those higher in rank. Duane is a great example of a patriot. He loved the United States of America and was proud to offer his service and effort to our communities and nation.



## 2023 IN REVIEW



### Cedar City strikes rock gold

When one thinks of a rock concert, they may not imagine violins, oboes and cellos, but after Maestro Carylee Zwang and the OSU's performance of classic rock hits last Thursday evening, they may just change their minds forever.

### Iron County Today newspaper saying farewell

"It is with a heavy heart that I share with you that February 22nd will be the last issue of your community newspaper, Iron County Today. For nearly two decades this newspaper has been committed to being both a source of journalism and joy in this community and we have enjoyed being a part of your lives. Journalism and newspapers have been in my blood and in my heart for more than 85 years, and I have never taken this responsibility lightly." — R. Gail Stahle (Owner, Publisher of Iron County Today)



### CVHS Drill Team earns second straight State Title

The CVHS Talons Drill Team made Canyon View History by bringing home its second 3A State Championship Title, making them back-to-back State Champions.

## APRIL

### Start the Presses!

START THE PRESSES! this is not an April Fool's joke... we are back in business! And thanks to you and your generous donations, we hope to remain so for a long time to come. It seems like just one month ago we were saying goodbye to you, our faithful readers. Oh, wait...it was just a month ago! And what a month it has been for myself and our Iron County Today family, trying to decide what was next for each of our lives. I know many of you were willing and wanting to take up that financial mantle. I also know, and am grateful for, each of you who continue to make a contribution of your valued time, talents and treasure to support us in any way you can to help us keep ink on the publishing table.



### Man's selfless gift saves a life, sets example to others

"I've always been fascinated by the idea of organ donation," Mike Wood said. "When I was 12 my uncle was in a tragic car accident and his heart was donated to someone in the community. It was remarkable to see the impact he could have even after his death." Last year, inspired by an article he read in an Intermountain Health publication about a Good Samaritan donor, and drawing on more than a decade of professional experience on the organ donation committee, Wood decided it was time to take his to a whole new level by donating one of his kidneys to a stranger.

### Utah Gov Cox Visits Parowan High

The high school auditorium was packed with students who listened as Gov. Cox spoke about the future of the state as well as the need for more healthy conflicts and how students can lead by example. "We're not talking to each other anymore," Gov. Cox said. "In fact, we're doing the exact

opposite. We're just screaming at each other and social media has exacerbated that."



### SUU's Simon leaving for Bowling Green

After a successful season, Coach Todd Simon announced that he will be leaving Southern Utah Athletics to take a head coaching job at Bowling Green. Since 2016, Coach Simon has transformed SUU's Men's Basketball program. Athletic Director Doug Knuth said of Simon's departure, "The entire Southern Utah University and Cedar City community will miss Todd and Katie Simon and their children. We thank them for their service to our student-athletes, athletic department, and university. While we will miss them as colleagues and friends, we wish them all the best in their return to the Midwest and know they will be SUU fans and friends for life."



### Cedar City Fire Department introduces six new recruits

Cedar City Fire Department welcomed the six newest members of the department at a City Council meeting on Wednesday, April 12th. This group of volunteer firefighters had months of written and hands-on training designed to hone their skills and prepare them to respond to local area emergencies such as fires, traffic accidents, and rescue calls. They were recently recognized in front of the Cedar City Council by Fire Chief Mike Phillips and lead academy instructor Greg Orloski, where they had their badges pinned by loved ones.

## opinion

### FROM THE EDITOR

# Truly Great Moments

**A**t the end of each year, we try to capture some of the best moments and combine them into one section in the newspaper. While we can't recap them all, 2023 had some amazing moments. If you think of any that should be on our list, or that we should be watching for this year, let me know. Most importantly, even if you don't make the

news, make sure you keep striving to make some great moments in 2024. More importantly, in your quest for memorable memories, try to make other people around you great. While some of the greatest accomplishments and successes in the world are seemingly achieved by an indi-



**COREY BAUMGARTNER**  
MANAGING EDITOR

vidual, or attained solo, when an individual uses their time, talents and treasures to make others great, that's when the world is truly changed. That's my challenge to each of us in 2024—let's strive to make each other great!

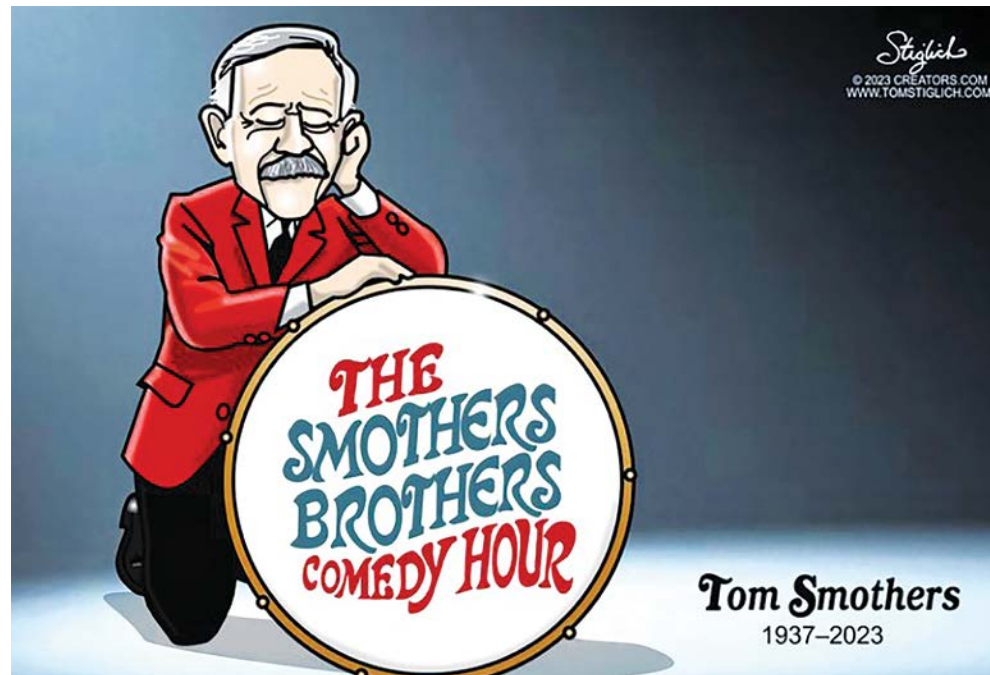
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### WORD OF THE WEEK

#### AULD LANG SYNE

*"Auld Lang Syne" was originally a Scottish poem, later set to music. The phrase translates to "old long since" and refers to "times gone by."*

As 2023 is full of times gone by, may we look forward to and create our future with new dreams, breathe life into old ones, make new acquaintances and achieve new accomplishments. The best is yet to come.



# Unsupported assumptions about 'catastrophic global warming'

by John Grimaldi

FOR IRON COUNTY TODAY

**T**here was a time when climate scientist Judith Curry was the sweetheart of the global warming set. As she put it in an interview with newsman John Stossel, "I was adopted by the environmental advocacy groups and the alarmists and I was treated like a rock star ... flown all over the place to meet with politicians." That all changed when she investigated and realized that climate change alarmists were using "bad data" and that climate variability is natural. Her admission showed that "Curry is an unusual researcher who looked at criticism of her work and actually concluded they had a point," remarked Stossel.

The fact is that back in the day a considerable majority of climate scientists were warning that "environmental pressure groups" had it all wrong, says the National Center for Biotechnology Information. The NCBI posted a report at the time that a letter signed at that time by over 50 leading members of the

American Meteorological Society, the overwhelming majority of the 60 U.S. climate change scientists, warned about the policies promoted by environmental pressure groups. The NCBI noted that "the policy initiatives derive from highly uncertain scientific theories. They are based on the unsupported assumption that catastrophic global warming follows from the burning of fossil fuel and requires immediate action. We do not agree."

Nevertheless, in the following decades climate change hysteria has taken over. But there are still authoritative reports that reveal the facts. For example, says the Independent Institute, in his book, *Hot Talk, Cold Science*, astrophysicist Dr. S. Fred Singer, writes about the "alarmists clamor to impose draconian government restrictions on entire populations in order to combat climate change, revealing some startling, stubborn contradictory facts, including:

CO2 has not caused temperatures

see **WARMING** » 5

### QUOTE OF THE WEEK

*"New Year = A New Life! Decide today who you will become, what you will give how you will live."*

Anthony Robbins

IRON COUNTY **today**

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## opinion

### TO THE EDITOR

#### Reclaim the Redmen

Cedar City can choose to make Redmen a pejorative term or choose to elevate and reclaim the name, Redmen. You have the opportunity to make this word officially hateful or an honor by your actions, for this generation and all those that follow.

The name United Negro College Fund is not racist and universally accepted as an honorable name.

The NAACP (National Association for the Advancement of Colored People) is not racist nor derogatory.

The LGBTQ community and those that respect them, have ameliorated the word Gay & Queer. Their use is not derogatory.

The term Cowboys (which originated from black slaves that worked the cows) is revered by black and white people alike.

What do all these examples have in common that Redmen, Cedar City and Native Americans don't? The right to elevate a name, have their own opinion and the right for intent, context, and tone to determine if the term is positive or racist. Choose wisely and keep this word as a positive representation of a great people.

*Tony Andrews, Social Media Director  
Native American Guardians Association*

## WARMING

« CONTINUED FROM PAGE 2

or sea levels to rise beyond historical rates. Severe storms have not increased in frequency or intensity since 1970—neither have heat waves nor droughts. Global change is not harming coral reefs. Any increases in CO2 concentrations across huge time spans (there have been a few) haven't preceded rising global temperatures; they've followed them by about six to eight hundred years—just the opposite of alarmist claims. Alarmist climate scientists have hidden their raw temperature data and deleted emails—then undermined the peer-review system to squelch debate.

In sum, despite all the hot talk—and outright duplicity—there is no climate crisis resulting from human activities and no such threat on the horizon.

Meanwhile, "climate crisis anxiety" is on the rise with more and more patients, most of them in their early years, showing up at their doctors seeking help. According to experts at Yale University, for example, more and more patients are showing up at their doctors with illnesses known as "as eco-anxiety, eco-grief, or climate doom."

## 2023 IN REVIEW

### APRIL

#### Margaret Miller, Southern Paiute Tribe honored at SUU Founders Day

This year the Founder's Day banquet honored Margaret Miller who is retiring as a judge in Iron County after nearly 50 years of dedicated and outstanding service. Miller has been a proponent of fair and equitable treatment of women. She has also focused on making our community safer by holding people responsible who drive under the influence of illegal drugs or alcohol. She had another focus on people who commit fraud by writing and passing bad checks. Miller has also performed many marriages in Iron County and been a strong supporter of our community and of SUU.



#### Kyle Petty Charity Ride returning to Cedar

When the Kyle Petty Charity Ride started, the NASCAR man behind the event didn't know it would go very far. After one year, it became five, five became 10, and the ride makes its 27th trip starting in Salt Lake City on April 29, for the first time since 2017, the ride will be making a stop in Cedar City, arriving at Spring Hill Suites at 6 p.m. on May 3 for an overnight stay. Making a full loop through most of Utah and portions of Nevada, the charity ride will benefit Victory Junction Gang camp based in the Piedmont region of North Carolina.



#### Life Flight lands a home in Cedar City

On Monday morning, April 24, the Intermountain Cedar City Hospital welcomed on board its newest member of the team, a Life Flight Helicopter. Thanks to the acquisition of their own Life Flight helicopter, the Intermountain Cedar City Hospital can now provide even faster critical care to Iron County and the surrounding areas. The helicopter and specially trained medical crew will be stationed at the Cedar City Hospital 24 hours a day, ready to save lives.



#### Men's 4x400 Meter Relay: A race to remember

When you approach the record-breaking men's 4x400-meter relay team, you are immediately greeted with a sense of humility and passion. A team that prides itself on hard work, togetherness, and perseverance has collected several impressive finishes this year, but none as remarkable as this past weekend at the Bryan Clay Invitational. In an incredible scene, Carpenter separated himself from the rest of the pack of runners and ran the fastest split of his career so far, 45.11, to shatter the record and send his team into pure joy at the finish line.

# ICT | insiders club corner



The ICT Insiders Club is made up of individuals from the community dedicated to supporting the efforts of Iron County Today through membership. For just \$15 a month, Insiders will have exclusive, early access to Iron County Today digitally via email, receive a personal invitation and seat at our Annual Insider's Club Dinner, as well as the opportunity to provide their very own voice to the paper, with selected articles being published right here in our Insider Club Corner. **TO BECOME A MEMBER, SCAN THE CODE TO THE RIGHT, OR CALL 435-701-9981.**

*Opinions expressed in the following articles are those of the author and don't necessarily represent those of all Insider Members or Iron County Today*

## New Beginnings

by Mike Joyner

ICT INSIDER, CEDAR CITY

I grew up in a military family. My father was an enlisted man in the Navy. His particular skill set, aviation electronics, was in great demand, so he was transferred often. There was usually an operational assignment, in a squadron of air-planes or aboard an aircraft carrier, followed by a school to teach or catch up on the latest technology, then another operations assignment and so on. Those assignments were typically about two years in duration. That meant our family moved quite often, sometimes from coast to coast and once overseas. As a result, I attended twelve schools in three states and one foreign country between kindergarten and graduating high school.

Moving expenses were paid by the Navy, but the cost was limited, so we learned to travel light. My brother, sister and I tried not to accumulate too many things that couldn't be efficiently shipped from one location to another. Possessions other than clothing that were particularly precious to us had to fit in a suitcase that we could carry in the car that we

travelled in. "No excess baggage," my father used to say.

My siblings and I also learned that in addition to leaving behind possessions that we didn't need or had no room for, we left behind friends and acquaintances. Some were good

play, favorite restaurants and theatres. More than once we left behind a pet that we assumed would be happy with a new family. None of the three of us really believed that, but we tried to assure each other that was the case.

We were genuinely sad to leave,



SHUTTERSTOCK

*"A new beginning can occur at any time, in any place. It's all a matter of attitude."*

friends, with whom we stayed in contact via mail and an occasional long-distance telephone call. Others were not so good friends, and some were enemies that we were glad to let go of. We also left behind teachers, neighbors, churches, favorite places to

but also looked forward to a new beginning. Moving to a new location offered a chance to start over. A new school meant that we could try harder to make good grades, pay attention in class, turn in all of our homework, study harder and not have to be prejudged by

teachers who already knew about our bad habits. Unfortunately, we would also miss the teachers who knew about our good habits and gave us a break when we had a bad day on a test.

Moving to a new location also provided an opportunity to reinvent ourselves with respect to new friends. I always made a pledge that this time I would be more outgoing, less self-centered, and seek out the kids who sat alone in the lunchroom. I usually promised myself I would be more active and try not to waste my time. I might set a goal to take up a new hobby, join the church choir, read more good literature and fewer comic books. I didn't always succeed. In fact, I probably achieved only a small fraction of what I had hoped for, but at least I tried.

Moving to a new location was a catalyst for making needed improvements, just as a new year presents to a lot of people the ritual of making resolutions. I realize now, in my old age, that making improvements in one's life doesn't require a catalyst, such as a new year or a move to a new location. While both of those can create the illusion of turning over a new leaf, I have learned and accepted the fact that we can never rid ourselves of our past. Quite the contrary, we need the lessons of our past to forge ahead with new goals and plans. A new beginning can occur at any time, in any place. It's all a matter of attitude.

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## 2023 IN REVIEW

### MAY

#### ***SUU graduates largest class in 125 year history***

Describing this year's graduating class, President Benson shared that the average age of graduates is 27. The youngest is 17 and the oldest is 73. Graduates came from 27 countries, 47 states, 28 Utah counties. This is also SUU's largest graduating class with 2408 graduates. This includes 810 masters, 1807 bachelors and 266 associate degrees being conferred.



#### ***Life Safety Week fires up 2nd graders to live safer***

Each April, the Cedar City Fire Department hosts 2nd graders and brings them to the fire station to teach them how to be safer citizens at home, school and wherever they are. Corresponding with their annual curriculum in the classroom, the students are taught first-hand a variety of Life Safety skills from community professionals including firefighters, law-enforcement, emergency personnel and 911 dispatchers.



#### ***Cedar City Police Department honored during banquet***

Our community celebrated the Cedar City Police Department at the annual awards banquet held at Heritage Hall to honor and acknowledge the brave stars in our community. Together, we celebrated the "men and women in blue" as well as their spouses who stand for Service-Integrity-Honor. "I want to express my deepest gratitude and heartfelt thanks to a group of remarkable individuals, who without them, we would not be who we are, where we are, or what we are as law enforcement officers and staff." – Chief Darin Adams



#### ***Cedar boys and girls race to the finish line at state track***

And now, another school year of athletic competition has come to a close for Iron County. There were a lot of entertaining highlights from the spring season that wrapped up with the state track meet, and the Cedar boys team led the way. Behind a win in 4x400-meter relay and a pair of second-place finishes from senior Logan Peel, the Reds came through with a second-place finish in the final team standings with 97 points. For the Cedar girls, Quincy Esplin easily won the state title in the discus with a throw of 130 feet, 6 1/4 inches, and the team was fifth overall with 84 points.

### JUNE

#### ***Life-saving heroes honored during special ceremony***

A hero is not defined by age, but by action. And thanks to the quick-thinking action of sixteen-year-old Lindsay Abbott, a life was saved. That life was Sarah Pine, a bus driver for Enoch Elementary. Abbott, a junior at Canyon View High School, was on her lunch break when she saw the accident. She immediately pulled over to see how she could help. She didn't realize that this moment would be when her CPR training and CNA certification from Southwest Technical College would help her save Sarah's life. "I knew exactly what to do and what steps to take," Lindsay shared. "I had to do it."



#### ***Ground is broken on new Cedar East Elementary***

East Elementary Principal Mike Moyle joined teachers, students and other educational and community leaders in creating a new legacy for future Eagles, as ground was ceremonially broken on what will house the new East Elementary School in Cedar City.



## 2023 IN REVIEW

### JUNE

#### Falcons come up big, win Summer Games gold

The Canyon View boys basketball team fell short to the Cedar Reds in its bid for a Utah Summer Games gold medal one year ago. On June 3, the Falcons were able to deny their friends and rivals a chance to repeat and left little doubt who belonged on top of the tournament standings. Thanks to strong first-half shooting from all over the floor, CV raced out to an 18-point halftime lead and finished off a convincing 54-34 win over the Providence Hall Patriots in the gold-medal game played at America First Event Center.



#### Larry H. Miller Utah Summer Games begin!

It was a beautiful evening at the Southern Utah University Eccles Stadium. Thousands of athletes from around Utah gathered together to enjoy some good music, food, fun and fireworks. SUU President Mindy Benson welcomed the athletes also introduced Jonathan Oglesby, the new executive director of the Larry H. Miller Utah Summer Games. Other special guests included Utah Governor Spencer Cox and First Lady Abby Cox, who officially opened the 37th annual Utah Summer Games.



#### K-9 units educate public at community event

Each summer, Friends of Iron County K9 sponsors one of the most educational and exciting fund-raisers of the summer, "Police Dogs and Hot Dogs in the Park." One of the main functions of the Friends of Iron County K9 foundation is that there are significant costs involved in caring for the K-9 officers and their handlers, especially when that K-9 retires from active service. Because of their friendship with their handlers, they literally become part of the family. The funds raised during the "Dogs and Dogs" event are help pay for food, medicine and other supplies to help care for them as they transition to civilian life.



#### SUU student wins big on Wheel of Fortune

Kira Paskett admitted she wasn't much of a fan of Wheel of Fortune, but things changed quickly for the SUU freshman with an Instagram ad as a motivation. Paskett answered the ad over the winter break that was looking for players for College Week, and less than a month later, she was chosen to play on "America's Game." Paskett's game with the Wheel was taped in late January and when all was shown to the world June 6, she walked away with \$14,800 in cash.



#### Paiute tribes honor legacy with pow-wow, restoration gathering

This has been an exciting week for the Paiute Tribe as they sponsored their annual Pow-Wow. Events kicked off with the pageant to pick the Queen and Princess for the Pow-Wow. Each contestant made a speech, and performed a modern talent and a traditional talent. During the event, the entertainment was provided by the Paiute Indian Tribe of Utah (PITU) Flute Players, and a drum circle, and Black Ridge Singers.



## 2023 IN REVIEW



### Cedar City celebrates 100 year mark since arrival of Union Pacific Railroad

The railroad coming to town affected Cedar City even before the Union Pacific passenger depot officially opened, resulting in a building boom in 1923. Houses sprang up everywhere. Rail service in Cedar City for the first half of the twentieth century helped shape the City's future. It was the rail spur and the train depot that brought recognition from all corners of the world.

### SUU student summits Mt. Hood after being paralyzed

Vishal Shukla is not only a senior at Southern Utah University, but he is perhaps the most incredible climber of Mount Hood. About fourteen months ago, Shukla was in a body surfing accident that left him quadriplegic. Now, after many weeks of physical and occupational therapy, he has regained full mobility and recently summited the 11,240-foot peak.



## public & health

### Alzheimer's Association Utah Chapter to continue support group in Cedar

from Tracy HeavyRunner

FOR IRON COUNTY TODAY

Effective January 2024 the Alzheimer's Association Support Group will be occurring on the last Tuesday, monthly, continuing at the Cedar City Library (303 N 100 E) from 5:30 PM to 6:30 PM. An in-person and a virtual option will be available.

This support group is available to people living with cognitive impairment or dementia, family, friends and caregivers. The support group provides social and educational components by trained facilitators. This support group will create a safe, confidential, supportive environment and a chance for participants to develop informal mutual support, social relationships and decrease isolation.

There are more than 5.7 million Americans living with Alzheimer's disease in the United States. In Utah alone, there are 34,000 people in Utah living with Alzheimer's disease; that number is projected to reach 44,000 people by 2025. For more information on Community Forums, visit [www.alz.org](http://www.alz.org) or call 800.272.3900.



## Lands Providing a Bright Future

Learn about the Utah Trust Lands Administration. They generate revenue from Trust Lands that benefit public schools and other important state institutions, ensuring prosperity for present and future generations.

Learn more at [TrustLands.Utah.gov](http://TrustLands.Utah.gov)

Iron & Beaver school districts received over

# \$2.2 MILLION

in funding this year from revenue generated on Trust Lands.

\*Charter Schools in the area also receive Trust Lands funding.



# WWW.IRONCOUNTYTODAY.COM

# Cedar City continues Railroad Centennial Celebration with \$3,300 donation to The Happy Factory

by Gabrielle Costello

CEDAR CITY PUBLIC INFORMATION OFFICER

The Happy Factory donated 500 handcrafted wooden trains to Cedar City's Railroad Centennial Celebration. On Tuesday, December 19, 2023, councilmember R. Scott Phillips presented The Happy Factory with a \$3,300 check for the proceeds that were raised. The wooden trains were available during the weeklong celebration in June, with a suggested donation price of \$25.

The Happy Factory is a Cedar City-based non-profit charitable organization "that produces simple,



COURTESY PHOTOS

(L to R) Jyl Schuyler, Tim Bywater, Donna Cooley (founder), councilman R. Scott Phillips.

but quality, hardwood toys that are given to children in need around the world." Commemorative wooden trains were custom-made by their volunteer staff for the 100-year celebration with scraps of wood donated by Timberline Cabinet Doors and mineral oil donated by Bulloch Drug. As of November 2023, over 1,744,412 toys have been distributed around the world in the lifetime of The Happy Factory, which was founded in 1995 by Charles and Donna Cooley.

"We are so grateful for the generous donation by our friends at The Happy Factory," said councilmember R. Scott Phillips. "These handcrafted trains added a special touch to the celebration and are sure to last a lifetime. Thank you to all who donated throughout the year!"

A limited supply of trains is still available at the City offices, located at 10 N. Main Street, Cedar City, where the proceeds will continue to benefit The Happy Factory.



**WELCOME 2024!**

**10% OFF**

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**JANUARY 6TH**

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9am-1pm IFA  
905 S. Main, Cedar City

240 N 200 E, Paragonah, UT • 435-463-3735 • W-F 9am-3pm

# Saving Lives

USF's *Every Brilliant Thing* Tour returning in 2024

from Utah Shakespeare Festival

FOR IRON COUNTY TODAY

The Festival is proud to announce the inspiring production of *Every Brilliant Thing* will once again sweep the state of Utah in 2024. The tour begins January 4 and concludes March 23.

With the intention of "cultivating the use of proactive, life-affirming communication when you or those you love are confronted with depression," this is one of the most critical pieces of work the Festival has ever produced, according to Director of Development and Communications Donn Jersey.

"This tour is about saving lives," Tour Manager Jordan Simmons said.

"Young people need the affirmation that they are not alone. Each and every student that will watch this production will be reminded that they are needed, they are loved, and they belong here," Governor Spencer J. Cox said.

The story begins when, at seven years old, the lone character learns that their mother is in the hospital after her first attempt to take her own life. Afterwards, they begin a list—a list of everything brilliant about the world, everything worth living for. With humor and inventiveness, the story explores depression and hope, uncertainty and change, relationships and solitude, risk and resilience, guilt and forgiveness.

## Britannia Howe - Director

Howe directed *The Greenshow* in 2018, 2019, 2021, and 2023, as well as *Cymbeline* in 2021. She is returning to the Festival this 2024 season with three new *Greenshow* scripts, inspired by the plays that are being produced in the Engelstad Shakespeare Theatre. She has also worked at Illinois State University, Utah State University, and Illinois Shakespeare Festival to name a few. Howe

received the Kennedy Center American College Theatre Festival National Directing Fellowship in 2011, and has taught at Illinois State University, Southern Utah University, and for the Festival's Playmakers and Actor Training programs. Howe received a Master of Fine Arts in Directing from Illinois State University, as well as a Bachelor of Fine Arts in Classical Acting and Theatre Education from Southern Utah University.

## Jordan Simmons - Tour Manager

Simmons is returning as tour manager, having held the same position for the 2019/2020 and 2023 tours of *Every Brilliant Thing*. "Every Brilliant Thing offers hope to those who may be struggling and in need of connection. This play provides a platform in which students can begin critical conversations with their parents and mental health professionals," Simmons said. He was the stage management administrative assistant and scheduler for the 2023 season at the Festival. Before that, he was the production assistant for the Festival's mainstage

see **BRILLIANT** » 12

Jeremy Thompson in the Utah Shakespeare Festival's 2023 touring production of *Every Brilliant Thing*.

# Singing out the old year and ringing in the new

by Edy Meredith

FOR IRON COUNTY TODAY

What are Americans listening to and singing? You can find out by going to the Spotify Daily Chart at [Kworb.net/spotify/country/us\\_daily.html](https://www.kworb.net/spotify/country/us_daily.html) where a daily chart lists the most popular songs streaming. The Spotify Daily Chart contains oldies and newbies starting with number 1 (Brenda Lee singing “Rocking Around the Christmas Tree”) to number 200 (Bryan Martin belting out “We Ride”) and every song in between. Some of the favorite Christmas carols

bell of freedom ten years after the Civil War years of 1861–1865 when travel was difficult and sometimes dangerous.

My last and favorite (fave) among New Years’ songs is “Auld Lang Syne” welcoming and ringing in the 2024 New Year where trends are expected to reshape society. Forbes.com states that environmental concerns will top the list along with frightening new technologies like intelligent machines (AI) that will impact health-care, space travel, travel, ecological conservation, and daily life, leading to fear and uncertainty. Please

## HOLIDAY MUSIC, PART 6

we have listed in this series are being listened to by Americans. Since this article is our last in the holiday music series, we feature two more songs of celebration.

The first one comes from the category of African American spirituals, “Go Tell It on the Mountain”, popularized by the Fisk Jubilee Singers and John Wesley Work Jr. It was published in a collection titled “Slave Songs of the United States”. Fisk University in Nashville, Tennessee, was founded in 1866, and its 40-acre campus is listed on the National Register of Historic Places. The Fisk Jubilee Singers (See Leviticus 25 to understand the origin of the year of jubilee) was organized as a ten-member singing tour to raise funds for debt-ridden Fisk University, starting in October 1871 through 1872 singing and ringing the

hold onto your hats as the winds of change may seem threatening. Sing along with me an old song such as “Auld Lang Syne” (pronounced old lang sign), attributed to the national poet of Scotland Robert Burns in 1788. (Read about his controversial life as he opposed slavery on Scotsman.com.) In more recent times, the Canadian-born bandleader Guy Lombardo made “Auld Lang Syne” a New Years Eve tradition in North America as his band, The Royal Canadians, played the song on radio to start the New Year.

Counting down to 2024, look to presently popular New Years songs including: “Dance the Night” by Dua Lipa, and remember that you can find today’s most popular songs on the Spotify Daily Chart. Happy New Year everyone. Find joy in singing and moving to music in 2024.

## BRILLIANT

« CONTINUED FROM PAGE 11

production of Every Brilliant Thing as well as Twelfth Night in 2019. He has also been the production assistant for The Hunchback of Notre Dame and Mamma Mia at Pacific Conservatory Theatre and the stage manager for Part of the Story for Salt Lake Acting Company. Simmons received a Master of Fine Arts in Arts Administration from Southern Utah University and a Bachelor of Fine Arts in Theatre Design and Technology from Utah State University.

### Kathryn Whilden - Stage Manager

This is the second time Whilden is stage managing for the Festival’s production of

as Snout in A Midsummer Night’s Dream and Paris in Romeo and Juliet. In previous years, he was in The Comedy of Errors, Richard III, and Henry V, to name a few. Vega is a recipient of the Festival’s Michael and Jan Finlayson Acting Award (2017). Vega has also been Puck/himself in William Shakespeare’s Long Lost First Play (abridged) at Reduced Shakespeare Company and boasts teaching credits from Utah Tech University. He received a Bachelor of Arts from Southern Utah University and a Master of Fine Arts from the University of San Diego.

### Angelique Archer

“There are very few instances in life where you can make an immediate impact on the future generation. This tour is one of those instances,” Archer said. “Every Brilliant Thing, and the conversations it will create, will save lives.”

Although Archer is new to the Festival, this isn’t her first educational tour. She has been on tour with Cincinnati Shakespeare Company in Macbeth, Twelfth Night, and Julius Caesar, among others. She also performed in Cato at Clarence Brown Lab Theatre, The Taming of the Shrew, and Little Women at Cincinnati Shakespeare Company and more. Archer also has film and television credits, having been in Monica, You Have No Idea, and Truth. She received a Bachelor of Arts in Theatre and Economics from Hamilton College.

“This show reminds students that they are not alone and provides them with resources to talk about their mental health struggles and get the help they need,” Archer

said. “I became an artist because of the change theatre can make that will continue long after the play has ended. This show is a perfect example of the power and importance of this art form. It is a privilege to be a part of this tour and to bring this message to communities all over Utah.”

For more information on the play, click here [www.bard.org/study-guides/every-brilliant-thing-study-guide](http://www.bard.org/study-guides/every-brilliant-thing-study-guide) for the study guide. Funded by the State of Utah, the Every Brilliant Thing Tour is free to any secondary education school in Utah that is interested. The production is in partnership with SafeUT and with the support of Governor Cox. For tour questions, contact Simmons at [brillianttour@bard.org](mailto:brillianttour@bard.org).



COURTESY USF

Every Brilliant Thing. Whilden received a Bachelor of Arts in Theatre and Spanish from Wofford College. Previously at the Festival, she was the assistant stage manager for Jane Austen’s Emma The Musical, The Play That Goes Wrong, The Sound of Music, and Clue. Whilden has also worked for Cape Fear Regional Theatre, Triad Stage, and Clinton Area Showboat Theatre.

Although this is a one-person show, the touring company consists of two actors, which means they alternate each performance. When not acting, each also helps the stage manager with production duties.

### Marco Antonio Vega

Vega hit Festival stages this past season



## CONTEST WINNERS

### Cedar Music Store & Studio

#### AGES 0-5

Rosy Tebbs

#### AGES 6-9

Kinsey Johnson

#### AGES 10-15

Desna White

#### AGES 16+

Megan Zufelt

#### GRAND PRIZE

Avi Jessop

### Eggen Dental

#### AGES 2-9

Jane

#### AGES 10-16

Joanne

#### AGES 19-90

Jennie Jessop

### Jones Paint & Glass

#### AGES 0-4

Aayla Peacock

#### AGES 5-9

Kinsey Johnson

#### AGES 10-13

Chandra Johnson

#### AGES 14-18

Joanne

#### AGES 19+

Megan Zufelt

### TDS

#### AGES 0-6

Claire Langford, 5

#### AGES 7-11

Maddie Johnson, 11

#### AGES 12-18

Alexa De La Pena Hdz, 12

### Webster

#### Orthodontics

#### GRAND PRIZE

Jenn

#### AGES 2-9

Treysen Hoovan

#### AGES 10-16

Autumn

#### AGES 17-90

Nicki Jones

### World Class Pawn

#### RAFFLE WINNERS:

##### \$50 VISA CARD

Alice Casperson, 10

##### \$5 SWIG/CRUMBLE

##### GIFT CARD:

- Steven James Montgomery, 34
- Leya, 9
- Jelissa Jessop, 12
- Alyla Peacock, 3
- Joanne, 14

## How much should interesting trivia cost?

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

O kay, I admit to giving into the pitch from Boys Town again. I know we don't need to feel guilty about keeping or using something we didn't pay for if it arrives in our mail box unsolicited. We can keep something or throw it away and not feel bad, and I do that more often than not, but if I actually use that freebie, I think I need to pay something for it. And Boys Town sends me stuff that I often use. The packet in December included The Old Farmer's 2024 Almanac, and I started leafing through it right away. I am a sucker for that kind of trivia.

For instance, the random information about the traditions associated with New Year celebrations immediately grabbed my attention. The month of January is named after the Roman god Janus, protector of gates and doorways. He is depicted with two faces, one looking into the past, the other into the future.

*“In Swiss homes, dollops of whipped cream, symbolizing richness in the year to come, are dropped on the floor and allowed to remain there!”*

Our New Year Eve's celebration when we were young involved going outside at midnight and banging on pots and pans with wooden spoons. And I just learned that making noise is done around the world. In China, firecrackers fend off the forces of darkness; in the American colonies, pistol shots rang out at midnight.

We had special treats when we were doing our best to stay awake late. A Maxfield pecan log was our favorite candy and I read we weren't alone in enjoying special food. In Spain, people attempt to eat 12 grapes during the 12 strokes of midnight. If successful, the result is good luck for all 12 months of the coming year. In Swiss homes, dollops of whipped cream, symbolizing richness in the year to come, are dropped on the floor and allowed to remain there! (It doesn't say how long it stays). In India and Pakistan, rice promises

prosperity.

A tradition in Scotland is called Hogmanay. It means “first footing” and says that the first person to cross the threshold into your home in the new year is an indicator of the year to come. If the “first footer” is tall, dark, and handsome, the year will be a good one. (Don't you think you would be recruiting the desirable person to drop by?). Also in Scotland, presents of coal, shortbread, and silverware were traditionally exchanged to invite good fortune.

In 2600 B. C. in Babylon, resolutions associated with the new year were a way to reflect on the past and plan ahead. So, people have had good intentions for centuries, it would seem.

Now admit it: didn't you find all those useless bits of information interesting? Or at least amusing? The founder of the Almanac, Robert B. Thomas, always included some advice of his own. A favorite admonition was, “Begin the new year square with every man.” In other words, pay your debts. I found the above 15 minutes worth \$25.00, wouldn't you?



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WESTAF NATIONAL ENDOWMENT FUND FOR THE ARTS TOURWEST

## A FRESH PERSPECTIVE ON

# Achieving Goals

## IN THE NEW YEAR

by May Hunter

FOR IRON COUNTY TODAY

As the clock struck midnight and fireworks illuminated the sky, millions around the world welcomed the promise of a new year with a list of resolutions. However, research and evidence suggest that these well-intentional goals often fall by the wayside before January comes to a close. Despite the annual tradition of setting resolutions, studies indicate that a significant percentage of individuals struggle to maintain their newfound habits. This burst of motivation often wanes, leading to a sense of disappointment and guilt.

Are New Year's resolutions truly effective, or is there a better way to approach personal growth? Dr. Emily Thompson, a psychologist who specializes in behavior changes, explains, "The problem with New Year's resolutions is that they are often framed as drastic, sweeping changes. This black-and-white approach can be overwhelming and not productive, setting us up for failure rather than success."

Unlike resolutions, setting intentions focuses us on cultivating a mindset or guiding principle rather than specific goals. This allows us to prioritize progress over perfection. Also, instead of hastily jotting down a list of resolutions on New Year's Eve, we can engage in mindful reflection. This involves taking into account our values, strengths, and areas for growth. By understanding the motivation behind personal goals, we can establish intentions that align with our authentic selves.

Dr. Thompson adds, "Mindful reflection allows us to identify meaningful and achievable intentions. It's about creating a roadmap for personal development that is rooted

see **2024 GOALS** » 20



# EAT DESSERT FIRST

*As the new year begins, let's take a nostalgic trip down memory lane to reminisce about some ruts from the past to help you not get stuck in 2024.*

**W**hether you're Willy Wonka or not, if you've ever left a chocolate bar in your pocket, purse, or car, on a warm day, you know what a bittersweet experience it creates. You were looking forward to devouring that delicious delicacy! If only you had eaten your sweet treat in time. Now, your

gardens, before we can enjoy the good and sweet things. Sometimes, we can worry so much about the weeding that we let our motivations and happy moments melt away in the car of carelessness or linger too long in the warm windowsills of someday.

Yes, we need the nourishing, nutritious, sometimes atrocious, experiences of life. However, even with the best of intentions, our pursuits of busyness can quickly fill us up and wear us out, preventing us from enjoying life's other delicious delicacies. If we get caught up in only looking for life's luxuries, or blinded by the bitterness from life's tragedies, our taste buds can become desensitized to the beauty and sweetness

tormented taste buds have to endure the trial of you rushing to the refrigerator, hoping to rejuvenate your melted mess. Is this the deserved fate of one who deserts their desserts?

Life is like that choice chocolate bar. We can get so busy fussing and focusing on the bitter that we let the sweet moments melt away. Or we're so stuffed from eating emotional junk food that we don't have room left for divine dessert? Even when we are being as responsible as possible with our daily duties, and have a sweet attitude, life isn't always sweet. Nevertheless, we can learn to respond more reasonably and bravely to adversity, so we don't let the junk food ruin the joys of life or melt our motivations.

Because life is too short to fret about, or feel like we have to fix every flaw, repair every wrong, or rake every weedy mistake from our

found all around us and put our emotional and spiritual palates in peril. This is when we begin to let our dreams die in the dark cupboards of indecision, or let our faith become frozen in the freezer of fear.

I hope we will realize and remember that there are delicious delicacies to be discovered and devoured daily if we will rest our rakes, open those dark cupboards, clear out the cobwebs and unfreeze our faith. Let us begin anew and focus on making life more palatable than pitiful.

Too many sweet moments have already been melted and missed. Today, I challenge each of us, no matter how much

is piled on our plates, or how many bitter fruits we find on the limbs of our tree of life, that we make time to refresh and recharge our emotional palates, reinvigorate our taste buds and learn to eat (enjoy) our desserts first!

## the rut LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



***"We can learn to respond more reasonably and bravely to adversity, so we don't let the junk food ruin the joys of life or melt our motivations."***



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## family

## A year in review

This time last year I wrote about resolutions I made with my kids. Prioritizing reading was at the top of the list, and I am happy to report that we read more in 2023 than the previous two years combined. Part of our success is attributed to my kids' ages. They are

that American families could use more of today.

While the story is told from the perspective of the family's second daughter, Laura, even my seven-year-old son is sucked into the pioneer way of life.

We have had many conversations on what it would be like if we had to survive on only things we grew and hunted, and which of us would take on the many different responsibilities required to live in the wilderness. (I find myself rolling my eyes at the foods that

my children refuse to even try in comparison to what Laura describes as a typical family meal during her childhood!)

We have especially enjoyed reading about various holidays and ways that the Ingalls family creatively celebrated with seemingly nothing to give or receive. They always find a way to bring joy to what must have felt like an ordinary day of work and chores.

I recommend this series not only to families, but to anyone looking for an uplifting page turner that will leave you wondering if you have what it takes to pioneer like the Ingalls family.

If you haven't already, add family story time

to your list of resolutions this year. I guarantee you won't regret the time spent or the conversations sparked by reading aloud to your kids!

mom's  
CORNER(ED)

by Weslie Stratton

CONTRIBUTOR



getting older and our short stories are phasing into chapter books that the whole family can enjoy!

The series we have practically devoured this past year is Little House on the Prairie by Laura Ingalls Wilder. There are nine books in total, and while we are only two thirds of the way through, we're already feeling sad about the series coming to an end. I had my doubts starting out, but we learned within the first two chapters that this series is ripe with adventure suitable for boys and girls of all ages.

The storyline follows the Ingalls family as pioneers settling their way across several states, risking their lives as they learn to live in harsh weather, befriend Indians, struggle through sickness and countless other hurdles that they overcome with a grit and tenacity

*"We have had many conversations on what it would be like if we had to survive on only things we grew and hunted, and which of us would take on the many different responsibilities required to live in the wilderness."*

## calendar

THURS, JAN 4

TRIVIA DAY

**TOAST TRIBUTE BAND (7PM) @ HERITAGE**  
Center Theater (105 N 100 E, Cedar). Tickets \$29 to \$42. Available online at cedarcity.org. With a surprising fidelity rarely heard from a live tribute band, their sound is often described as "spot on" to the original recordings.

FRI, JAN 5

HARBIN ICE FESTIVAL

**CEDAR BREAKS SNOWSHOE HIKE (10-3pm, Dec 29 - March 31, Fri, Sat, Sun) @ Cedar Breaks National Monument.** \$10 per person. Ranger guided snowshoe hikes. Beginner-friendly. Snowshoes, poles provided. Reservations required. 1 mile roundtrip through snowy terrain, learning about the park from rangers as they stop along the way. No cost. Dress Warm. CedarBreaksInfo@nps.gov or call 435-986-7120. Requests for reservations will be confirmed by the Friday prior to the scheduled walk.

SAT, JAN 6

TAKE A POET TO LUNCH

**BRIAN HEAD NEW YEAR RAIL JAM (9:30-4pm) @ Brian Head Giant Steps (329 S Hwy 143).** Competition open to all skill levels (snowboarders or skiers). Competition details @ www.brianhead.com.

**CEDAR CITY FARMERS MARKET (10am-1pm) @ IFA (905 S Main St, Cedar).** FREE. Farmers, food, artisans. Drawings, bingo, more! INFO: Facebook, Cedar Saturday Market, or Nancy 435-463-3735.

**FESTIVAL CITY MARKET (10AM-1PM) @ (Center St. & 100 W) By Bristlecone Coffee.** FREE. Handmade treasures and a bounty of local farmers, backyard gardeners, fresh fruits, veggies, with local artisans for jewelry, art, wood, pottery.

**MIDVALLEY FARMERS MARKET & ARTISAN FAIRE (5-8pm) @ (780 Midvalley Rd. Enoch).** Live music, jump house, face painting, and more. Beautiful, unique items. Have dinner, listen to music, let the kids play in the jump house. INFO: Text: 435-704-6916.

SUN, JAN 7

HARLEM GLOBETROTTER'S DAY

**"SUCCESS IS A JOURNEY, NOT A DESTINATION.** The doing is often more important than the outcome." — Arthur Ashe

MON, JAN 8

CLEAN YOUR DESK

**WHEN EVERYTHING SEEMS TO BE GOING** against you, remember that the airplane takes off against the wind, not with it. - Henry Ford

TUES, JAN 9

LAW ENFORCEMENT DAY

**MY HEROES ARE THOSE WHO RISK THEIR** lives every day to protect our world and make it a better place—police, firefighters and members of our armed forces. — Sidney Sheldon

WED, JAN 10

HOUSEPLANT APPRECIATION

**WONDER WEDNESDAY - (4-6PM) @ Cedar City Library (303 N 100 E, Cedar).** FREE for all students K-5. Children, accompanied by an adult, join for fun make-and-take activities. INFO: (435) 586-6661.

**CHARACTER SKETCHES (WEDS, 6:30-8:30pm) @ Cedar City Library (303 N 100 E).** Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

**OPEN MIC NIGHT (2ND/4TH FRI, 7PM) @ Johnson Arts Center (59 N 100 W, Cedar).** Each artist will have a 7-minute set. First come, first served signups at the door. \$5 donation is required for entry. INFO/Q's email info@johnsonartscenter.org.

THURS, JAN 11

MILK DAY

**UTAH FARM & FOOD CONFERENCE (11th-12th, 9am-7pm) @ Festival Hall, Heritage Center (105 N 100 E, Cedar).** Full Conference - \$140 Pre-Conference Event: Farm Tour - \$45 Pre-Conference Event: Hoophouse Workshop - \$55 Farm to Fork Dinner - \$75 Donations accepted. Gathers more than 150 farmers, gardeners, biodynamic practitioners, permaculturists, educators, students, activists, chefs, seed geeks, foodies, and homesteaders from Utah and neighboring states. INFO: 435-704-1222 or utahfarmconference.org.

## calendar

## ONGOING OPPORTUNITIES

## GOVERNMENT

**Brian Head Council**

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

**Cedar City Council**

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

**Enoch City Council**

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

**Enoch Planning Commission**

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

**Iron County Commission**

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

**Iron County Democrats**

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

**Iron County Republican Women**

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

**Parowan City Council**

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

## SERVICE GROUPS

**American Legion Post 74**

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Learn about Veteran benefits, opportunities, fellowship. Honor Guard provides military honors at Veterans funerals. Post Commander Darrin Duncan (435) 704-1466.

**Bikers Against Child Abuse**

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Rm)

**DAR – Bald Eagle Chapter**

2nd Sat, 10 am • Cedar Library, 303 N 100 E

**Elks Lodge #1556**

111 E Freedom Blvd. Cedar City, (435) 586-8332

**Lion's Club**

Tues, 12 pm • Call Pres. Michelle Wilson for mtg. info. Everyone welcome! (802) 359-2183

**Marine Corps League**

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

**Rotary Club**

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

**So. Utah Veterans Assoc.**

1st Thurs, 7pm • Westview Christian Center (2624 West Hwy 56, Cedar). Veterans, First Responders, Anyone interested welcomed, encouraged to attend.

## SUPPORT GROUPS

**AA—Alcoholics Anonymous**

(435) 635-3603 • [www.utahaa.org](http://www.utahaa.org). Helpline: John (702) 802-1332, Kara (702) 232-6829 KKCBB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Speaking From The Heart** • M – Sa, Noon  
**Steps and Traditions** • M – Su, 7 am

**Red Road to Sobriety** • Mon, 6 pm Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

**Misfits** • M – F, 6 pm

**Cedar Group** • Tues, 8 pm

**The Great Fact** • T, F, Noon. True Life Center 2111 N. Main. (702) 802-1332 or (702) 533-7856

**Red Creek Group** • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

**Women's Meeting** • Sat, 10:30 am

**My Story** • Sat, 8 pm

**Thank God Sunday Spiritual** • Sun, 11 am

**What a Way to Start the Day** • Su, W, F 7-8 am • All are welcome

**Al-Anon**

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Al-Anon** • 1st, 3rd Tues, 7-8 pm • 435-704-8984

**Easy Does It** • Tues, 7-8 pm • (435) 559-3333

**Hope for Today (Family Groups)**

Thurs, 6 pm • (435) 559-3333

**Alzheimer's/Dementia**

Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn about/access resources, connect with others for support. Raven Albertson, 385.831.7124, [utahprograms@alz.org](mailto:utahprograms@alz.org)

**ARP—Addiction Recovery**

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Cedar. All levels of the caregiver's journey from pre-caregiving to bereavement and rebuilding welcome. INFO: Kat at 702-292-9911.

**Caregivers**

3rd Thurs, 5:45-7 pm • Zion's Way Home Health, 369 N 100 W #1, Cedar. All levels of the caregiver's journey from pre-caregiving to bereavement and rebuilding welcome. INFO: Kat at 702-292-9911.

**Celebrate Recovery**

Fri, 6:30 pm, starting July 7, 2023 • Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, [info@sonrisechurch.net](mailto:info@sonrisechurch.net), [sonrisechurch.net](http://sonrisechurch.net).

**Embrace Grace**

Tues, 5:30pm • Unmarried, pregnant? Don't be alone. Safe, non-judgmental. Free baby stuff at baby shower for you! Childcare available with heads up. 407-719-8595 or Threshing-FloorLife>Resources>Embrace Grace.

**Grief Support Group**

2nd Tues, 5 pm • Southern Utah Mortuary (190 N 300 W, Cedar). Safe, supportive for those who have lost loved ones. You are not alone. Free. INFO: 435-586-4040

**Grief Support - Child Loss**

1st Tues, 7 pm • Cedar Library (303 N 100 E). FREE for bereaved parent, sibling or grandparent. Includes any child loss (pre-birth, young, teen, adult). INFO: 435-327-1856

**Helproom**

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, share perspectives on healing, recovery. Join: affiliate. [rainn.org/helproom/canyoncreekservices](http://rainn.org/helproom/canyoncreekservices).

**Multiple Sclerosis**

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

**Narcotics Anonymous**

[www.nasouthernutah.org](http://www.nasouthernutah.org) • (435) 635-9603 KKCBB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Basic Text Study** • Mon, 8 pm

**Just for Today** • Wed, 8 pm

**Hope Without Dope** • Thurs, 8 pm

**Live and Let Live** • Fri, 8 pm

**Candle Light Mtg** • Sat, 9:30 pm (Sm rm)

**Women Only** • Sun, 11 am

**Dopeless Hope Fiends** • Sun, 8 pm • Mtg Hall, 1067 S Main, Cedar (877) 865-5890

**Nicotine Anon (12-Step)**

Fri 5 pm • KKCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

**Porn Addiction Recovery**

Men Only • Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

**Pregnancy, Infant Loss**

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • [www.southernutahshare.com](http://www.southernutahshare.com)

**Senior Blind/Visually Impaired**

3rd Thurs, 1:30 pm • Cedar City Library

**Southern Utah Veterans Assoc.**

1st Thurs, 7 pm • Westview Christian Center, 2624 W Hwy 56, Cedar. INFO: Chuck Waddell 907-252-1365.

**Southwest Parkinson's Alliance**

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

**Widows Ministry**

2nd Sat, 11-1 pm • New Journey-Widow's Ministry @ Sonrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, [info@sonrisechurch.net](mailto:info@sonrisechurch.net), [sonrisechurch.net](http://sonrisechurch.net).

## CLASSES, CLUBS &amp; ACTIVITIES

**Adult Barre/Modern Dance**

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

**Arthritis Foundations Exercise**

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

**Arts for Adults w/ Disabilities**

Every other Tues, 1-2pm, starts Nov. 28. • Johnson Arts Center (59 N 100 W Cedar). Fun, engaging activities. Drum/Flute circles, group juggling, fine arts projects, more! All levels/abilities! 702-917-2151.

**Bingo & Lunch**

Fri, lunch @Noon, Bingo @3 pm. Free for Seniors @ Our House Assisted Living (995 S Regency Rd, Cedar). INFO: 435-867-0055.

**Book Club**

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

**Boy Scout Troop 1848**

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door. Text Sheila 805-208-4545

**Cedar Breaks Model A/ Vintage Car Club**

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email [cedarbreaksmodela@gmail.com](mailto:cedarbreaksmodela@gmail.com).

**Cedar Chest Quilters' Guild**

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. [cedarchestquiltersguild.org](http://cedarchestquiltersguild.org)

**Cedar City ESL**

Wed, 6:30 - 7:30 pm • Free ESL lessons offered at Cedar Library, Rare Book Room (303 N 100 E). No pre-registration required.

**Cedar City Toastmasters**

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

**Cedar Professionals**

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit [www.cedarprofessionals.org](http://www.cedarprofessionals.org)

**Cedar Radio Control Club**

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

**Color Country Winds**

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

**Cub Scout Pack 1848**

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

**Explorer Bible Club**

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

**International Folk Dancing**

Fri, 1-2 pm • Cedar Senior Center (489 E 200 S) FREE: No Partner Needed; teaching! INFO: 626-808-6129

**Iron County Moms For America**

1st Wed, 7pm • Cedar City Library. Keep liberty alive in your hearts, homes with liberty minded book discussions. INFO: Kami Merrill 435-592-4152 or email: [ironcountymoms4america@gmail.com](mailto:ironcountymoms4america@gmail.com)

**O.A.R.S. Young Adult Group**

Tues. 9, 6-8 pm • Cedar Library (303 N 100 E). Open, Authentic, Relevant, and Spiritual. Dinner group, ages 18-30. Talk about spirituality, mutual support, curiosity, community service. Text 541-579-1554, [pastorschuyler@gmail.com](mailto:pastorschuyler@gmail.com)

**Parowan Pickleball**

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and signup: Parowan Visitors Center 435-477-8190.

**PB&J Therapy Groups**

These two groups teach skills for different areas of life by utilizing recreational activities and engaging in other forms of expressing emotions. INFO: 435-267-4212. College: [forms.gle/SmCytgCfvQ1tS2pB7](https://forms.gle/SmCytgCfvQ1tS2pB7) Adolescents: [forms.gle/BZiepPW63pR6Zd8k9](https://forms.gle/BZiepPW63pR6Zd8k9)

**Rock Club**

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about

geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. [southernutahrockclub.org](http://southernutahrockclub.org)

**Sagebrush Fiber Artisans Guild**

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

**Senior Yoga Classes**

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

**Sewing Group**

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

**Southern Utah Woodturners**

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

**StrongBoard Classes**

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

**Tae Kwon Do Class**

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 W Royal Hunte Dr. \$25/mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

**Tai Chi For Health**

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

**Take Action for Freedom**

Wed, 7 pm • Stahl West 600 N. Airport Road, Cedar • Preserve Constitution, Republic, voting laws, medical freedom, education, rights, ed. on CRT & boarder illegal immigration, Legislature

**Top Bar Hive Bee Keeping**

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

**TOPS—Take Off Pounds Sensibly**

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

**Water Aerobics Class**

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

**Wellness Place**

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: [thewellnessplacecc.com/upcoming-classes](http://thewellnessplacecc.com/upcoming-classes)

**Wellness Wednesdays**

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PV: health, Info: Kristi Sharp (435) 986-2564, [ksharp@swuhealth.org](mailto:ksharp@swuhealth.org)

**Youth Group**

Wed, 6:30-8 pm • Ages 12-18. Meal, games & Bible Study. @ Sonrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, [info@sonrisechurch.net](mailto:info@sonrisechurch.net), [sonrisechurch.net](http://sonrisechurch.net).

## finances

### ASK RUSTY: SOCIAL SECURITY

#### Cutting Social Security will make me lose my home!

**Dear Rusty:** Politicians are talking about taking money from Social Security, but I need that money to support my daughter and pay for my home. I'm a widow, and my husband passed in 2017. I'll lose my home if my Social Security benefits are cut. Please help. Signed: Widowed Senior

#### Dear Widowed Senior:

Despite what you might read or hear in the media, the main threat for you to lose any of your Social Security money is if Social Security is not reformed. In that case, everyone who receives benefits will see a cut of about 23% to their monthly benefit starting in about 2034. The way to avoid that is by updating the current Social Security law to address two primary issues:

1. People now live much longer than when Social Security was enacted in 1935 and when the last major program change occurred in 1983. Average life expectancy of beneficiaries today is mid-80s, compared to mid-60s when the program started. In other words, people now collect benefits for much longer (often decades longer) than the program

is designed to support.

2. The number of workers contributing to the program is growing much slower than the growth in beneficiaries receiving benefits. That means the ratio of contributors to recipients is much less now than it has been in the past, which means program costs are growing faster than incoming revenue.

Reality is that reform is necessary now to avoid cuts to everyone's benefits later. But here's a very important point that should comfort you – any reform enacted will almost certainly affect only those who have not yet claimed their Social Security benefits. That means you should not be affected because you're already receiving benefits, and you will continue to do so at the same amount except for the increases you will get from Cost of Living Adjustments (COLA). Every Social Security change ever made has affected only future beneficiaries, not current ones. The only real threat to your Social Security benefit is if no changes are made and, even then, any cuts wouldn't happen until about 2034.

So please rest assured that your personal Social Security benefits will not be cut. Anything you hear now implying otherwise is a scare tactic designed to make headlines for

see **HOME** » 20



**RUSSELL GLOOR**  
SOCIAL SECURITY  
ADVISOR

## obituaries

### Diane Holbrook Brown



Diane Holbrook Brown passed away peacefully on Christmas Day - December 25, 2023. She was born on July 30, 1933, in Provo, Utah to Esther Ruth Hamilton Holbrook and Raymond Brimhall Holbrook. She married her sweetheart, Dr. Gaylen L. Brown, in the Salt Lake Temple on February 17, 1961. They enjoyed 46 years of marriage before Gaylen passed away in 2007.

In her youth, Diane enjoyed boating and camping with her family and learning the art of homemaking from her mother. She attended Douglas grade school in Salt Lake City where she reached the finals in the hopscotch tournament one year. She graduated from East High School, attended Brigham Young University her freshman year, and graduated from the University of Utah with a degree in Home Economics.

She worked as a secretary for O.C. Tanner Jewelry Company while attending high school and had the opportunity to work at Zion National Park as a cabin maid with her cousin Carol during the summer of 1950. After graduating from the University of Utah, she moved to Washington D.C. to work as a secretary for Senator Arthur V. Watkins and Congressman Henry A. Dixon for 3 years. She also served as an Elections Judge, secretary of the Cedar City Youth Council, member of the Board of Adjustments, and ushered for The Utah Shakespeare Festival for 35 years.

Diane was a devoted member of the Church of Jesus Christ of Latter-day Saints. She served in many callings. She loved the gospel and shared her testimony with her family and friends. She was blessed with musical talent and enjoyed playing the piano in Relief Society, Young Women's, and Primary. She was an amazing cook and baker and enjoyed spending time with her family. Diane loved to travel and visited many places around the world with her friends and family.

Diane is survived by her five sons, all of Cedar City: Robert (Danielle), Scott (Leah), Gregory (Toni), Tyler (Julie), and Shawn (Teri); her 25 grandchildren and 8 great-grandchildren; her brother, Dr. John Hamilton Holbrook (Judy), and many nieces and nephews. She was preceded in death by her husband Gaylen L. Brown, and two brothers, Dr. Lafayette Holbrook and Hal Hamilton Holbrook.

The family would like to express their gratitude to all the wonderful friends who greatly blessed Diane's life. She spent many years without her sweet Gaylen but was loved and taken care of by so many. The family would also like to thank the staff of Cedar Health and Rehabilitation and Ethan Bunker for their loving care of Diane.

Diane will be greatly missed by all who knew and loved her. She was a bright and beautiful spirit who touched many lives with her kindness. She will always be remembered as a loving wife, mother, grandmother, and great-grandmother.

Funeral Services were held Tuesday, January 2, 2024, at 11:00 am at the Cross Hollows Stake Center (2830 W. Cody Dr., Cedar City, Utah). Viewings were held on Monday, January 1, 2024, from 5-7:00 pm at Southern Utah Mortuary (190 North 300 West, Cedar City, Utah), and on Tuesday, January 2, 2024, from 9:30-10:30 am at the Church, prior to the service. Interment was in the Cedar City Cemetery, under the direction of Southern Utah Mortuary. To view a livestream of the funeral service and to share online condolences, please visit [www.mortuary.org](http://www.mortuary.org).

### Mary Lou Worthington



Mary Lou Peterson Worthington passed away December 23rd surrounded by loved ones. She was born June 20, 1941, in Cedar City, Utah to Farrell Martin Peterson and Louise Stucki. She married Don W. Worthington Aug. 9th, 1963. She graduated from College of Southern Utah and Utah State. She was a devoted member of The Church of Jesus Christ of Latter-day Saints, serving in many capacities, including as a full-time missionary with her husband in the Connecticut/Rhode Island Mission. She loved family history, reading, sewing, ceramics and the outdoors; especially Cedar Mountain and the Grand Canyon.



She was preceded in death by her parents and her sister Geri Andersen. She is survived by her husband Don; children, Bob (Tami), Eric (Ashley), Brad (Dorothy), Dona Murphy (Rod), Julie Wiley (Trent), Doug (Katie) and Jeff (Braydee); thirty-three grandchildren and ten great-grandchildren; brother, Kent Peterson (Jean); and sister, Beverly Munteer (Jerry).

Funeral Services were held on Thursday, December 28th at 11:00 am at The Church of Jesus Christ of Latter-day Saints (11251 S. 2700 W., South Jordan, UT), where Viewings were also be held on Wednesday, December 27th from 6:00 to 8:00 pm, and prior to the services on Thursday from 9:30 to 10:30 am. Interment took place in the Cedar City Cemetery on Saturday, December 30th at 1:00 pm. Funeral Directors: Utah Valley Mortuary. Condolences may be expressed to the family at [uvfuneral.com](http://uvfuneral.com).

## Want to submit an obituary?

There is a charge of \$100 for obituaries to be published. Submissions can be made online at [ironcountytoday.com](http://ironcountytoday.com), emailed to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or brought in typed/digitized format to 479 N 100 W, #1, Cedar City. A single submission may be up to 600 words and may include up to two photos. Submitted obituaries over 600 words will be charged an additional 10¢ per word. The deadline for submissions is Monday at 11 am for Thursday's publication.

## faith

# Out with the old, in with the new

*As 2024 begins, it's time to revisit God's Porch. It's time to sit down with Father and listen for His guidance and tender mercies as you begin your new year and new you.*

## MATTHEW 9:17

**H**ave you ever wondered what it would be like to sit and talk with God? Not only through prayer but face to face?



What if He had a porch with a seat just for you? Would you go visit? What would you talk about?

No matter what religion you belong to; whether you go to church or are just looking for ways to live a better life, I hope you'll find

*“Life is about new beginnings. New beginnings not only cause pause for contemplation but can provide creative and motivative energy for future ventures.”*

perspective and peace on the Porch. No, I don't speak for God—though we all should by the way we live (Matthew 5:16)—but I've sat on His porch many times. I've found shelter from life's storms and the courage to

leave the Porch and face them. We've had some difficult, but beautiful conversations over the years. I've asked Him a lot of questions. I still don't have all the answers, but I hope to share some of the precious responses I've received with you. So, have a seat and I pray that when you leave, you will have more peace, hope and courage for your life.

For the verse that inspired this week's Porch, I chose the parable about not putting old wine into new wineskins. While there are

many interpretations of this parable, the common thread woven through most of them seems to be about new beginnings.

Life is about new beginnings. New beginnings not only cause pause for contemplation but

can provide creative and motivative energy for future ventures. New beginnings are exciting, but they can also be excruciating. Especially when previous attempts didn't go so well. You can be easily tempted into questioning yourself. Can I really

start over? Can I really do and become better, even with sorrows and shame from my past? The answer is a resounding, Yes!

When you're burdened by a painful past, I know it's hard to let go and move beyond it, or even believe in new beginnings. That's exactly why Jesus Christ came to this world. Not to make heavenly headlines, but to heal the wounded and broken hearts

(John 3:16-17). You and your heart are why He came, why He died, and why He lives!

Whatever burdens, sins, or regrets that you need to be freed from, you can have a new beginning.

If you are willing to give your old life to Jesus and let Him change your heart, He will give you hope for the future and make you new again. Pour out the old bad habits, old regrets and old grudges and let Jesus help you make better decisions and live a better life.

Have a great 2024 and remember that God's Porch and heart are only a thought and prayer away. I hope you'll visit him soon. I know He's hoping the same.

## VERSE OF THE WEEK

### PROVERBS 3:5-6

*“Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.”*

As 2024 arrives, we need God's daily direction even more. As we give Him our faith and trust, He will help us. Even when we don't know exactly where to go, or understand exactly what to do, when we stand with Him, He will direct and protect us.

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## 2024 GOALS

« CONTINUED FROM PAGE 14

in self-awareness and self-compassion.”

As we embark into the new year, it's worth considering whether the age-old tradition of New Year's resolutions truly serve us well. By adopting a more mindful and intentional approach we can pave the way for sustained personal growth throughout the year. Let this be the year we prioritize progress over perfection and embrace the power of setting intentions of a more fulfilling and purpose-driven life.

Setting smaller goals has been proven as a more reasonable way to find success and achieve big results. Resolutions, or creating ways to improve your life, can actually be made any day of the year. But in the “New Year” it sounds like the perfect time because it reflects the endless possibilities of a new canvas or the first page of a blank notebook. Choose small ‘resolutions’ all throughout this upcoming year, that are best for you.

Ultimately, success will come as you stay in line with your life goals. Some of those lifelong and life-improving goals can include learning to say ‘No’ the right way and at the right time. Also, be a listener. Listening is a life skill that will take you far in your personal and professional life. When you listen, you make

*“The secret of change is to focus all of our energy, not on fighting the old, but on building the new.”*

**Socrates**

people feel understood, respected and in turn they will respect you back. And don't underestimate the power of an unexpected ‘thank you’ being the reason for someone's smile. This will add positively to your outlook on life. Try setting a day each week to go without complaining about anything. Be more organized with your life every day. Fall back in love with your life this year. Count your blessings each day whether big or small. Do at least one thing that will take you even closer to your dreams, towards doing something that you love to. Surround yourself with positive and supportive people. Work towards a healthier lifestyle. Add more for each month in this “New Year.”

Remember, when you focus on the positive in your life, the negative things will keep getting pushed away. That is how you fall back in love with your life. As 2024 begins and 2025 is on its way, may you learn from your resolutions and move forward and treat yourself with as much respect and love as you do your loved ones.

## HOME

« CONTINUED FROM PAGE 18

political gain. The program must be reformed or face insolvency in a bit more than 10 years, and that is what both Republicans and Democrats want to prevent. The difference between the parties is that one side wants to solve the problem mainly by raising Social Security payroll taxes on workers, whereas the other side wants to adjust the program to deal with the above two factors causing the problem. What is needed is bipartisan cooperation to reach a compromise, which Congress will hopefully eventually achieve.

They already know how to fix Social Security; they just need to find the bipartisan spirit needed to do so. For its part, the Association of Mature American

Citizens (AMAC) has, for years, proposed changes which would restore Social Security to full solvency without raising taxes on American workers, and AMAC's proposal has been well received by many in Congress. If you wish to review AMAC's proposal, please go to [www.amac.us/social-security/](http://www.amac.us/social-security/).

In any case, contrary to what you might hear in the media, your current Social Security benefits should not be negatively affected by any future Social Security reform enacted.

*This article is intended for information purposes only and does not represent legal or financial guidance. Visit their website ([amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory)) or email [ssadvisor@amacfoundation.org](mailto:ssadvisor@amacfoundation.org).*

**2024 STATE-WIDE  
FARMERS' MARKET**  
**JAN 12 SAT 8:00 AM - 11:30 AM**  
 at the **UTAH FARM & FOOD CONFERENCE**  
 at Heritage Center Theater Lobby  
 105 North 100 East  
 CEDAR CITY

sponsored by  
 Cedar City  
 UTAH FARM & FOOD CENTER

RED ACRE CENTER  
 FOR FOOD AND AGRICULTURE

SCORES + RECAPS FROM IRON COUNTY COMPETITION

# sports

## CV GIRLS TAKE TWO AT SHCC

by Tom Zulewski

IRON COUNTY TODAY



Canyon View

63



Stansbury

8

Stansbury 3 2 3 0 - 8  
Canyon View 19 17 17 10 - 63

**Stansbury** - Gibbons 3, McGee 2, Hansen 2, Proctor 1. Totals 2 4-8 8. 3-pointers - None.

**Canyon View** - Brindley 2, Barnes 4, Spencer 14, Nichols 16, Brush 4, Farrow 5, Potter 2, Miles 8, Davenport 2, Vargas 6. Totals 23 12-29 63. 3-pointers - Barnes 1, Spencer 2, Nichols 1, Farrow 1



Canyon View

51



Dixie

42

Dixie 9 8 11 14 - 42  
Canyon View 18 6 16 11 - 51

**Dixie** - Campbell 4, Smith 7, Bundy 8, Gledhill 1, Faumuina 22. Totals 14 12-24 42. 3-pointers - Bundy 1, Faumuina 1.

**Canyon View** - Sorenson 2, Spencer 8, Nichols 12, Brush 2, Farrow 5, Potter 7, Miles 2, Davie 2, King 3, Vargas 7, Newman 1. Totals 16 13-19 51. 3-pointers - Spencer 1, Nichols 2, Farrow 1, Potter 2.

CV's Maylee Spencer flies to the hoop in a decisive win over the Stallions.

Canyon View girls basketball coach Jaycee Barnhurst isn't a big fan of coaching in blowout games. Decisions on who to play and who to sit on the bench becomes more difficult as the scoreboard lights up. After giving up the game's first point, the Falcons left little doubt who would rule the day in its opening game at the Steve Hodson Cancer Classic.

Maya Nichols scored 16 points and Maylee Spencer added 14 as Canyon View rolled to a convincing 63-8 rout over the visiting Stansbury Stallions on Dec. 27. The Falcons led 19-3 after the opening quarter and 36-5 at the break,

holding the Stallions to a single field goal in each half.

"We finally played like we can offensively," Barnhurst said. "Defensively, we've been playing pretty well, but we moved the ball and got some shots to go. That helps."

A total of 10 players found their way onto the final scoresheet for the Falcons, and they didn't allow the Stallions a point in the fourth quarter with a running clock in play. It allowed Barnhurst the freedom to rotate lineups throughout the second half.

"It's the hardest game to coach," she said. "It becomes 'who do I go to next? How long do I let the starters play? Do I put the young kids in?' instead of playing with our core group in a tighter game."

For its second game of the Classic, South

## FALCONS

« CONTINUED FROM PAGE 21

Sevier used a big shooting display in the second quarter to pull away for a 50-36 victory over the Falcons on Dec. 28. CV led 15-10 after the opening quarter, but the Rams – ranked No. 3 in 2A – hit 3-pointers on four straight possessions in the second and took control of the game. South Sevier outscored CV 21-7 in the second quarter and led 31-22 at the half. The Falcons couldn't find any rhythm in the second half as the visitors pulled away.

Sydnee Patterson and Kinley Jensen paced the Rams with 13 points apiece and Kansas Mills added 11 with a team-high three 3-pointers. Spencer paced the Falcons with 15 points in the loss.



South Sevier

50



Canyon View

36

South Sevier 10 21 12 7 - 50  
Canyon View 15 7 6 8 - 36

**South Sevier** – Patterson 13, Jensen 13, Mills 11, Nielson 9, Miller 4. Totals 21 3-8 50. 3-pointers – Patterson 1, Mills 3, Nielson 1.

**Canyon View** – Spencer 15, Nichols 8, King 4, Davie 4, Potter 3, Vargas 2, Brush 2. Totals 14 3-8 36. 3-pointers – Spencer 2, Nichols 2, Potter 1.

CV finished its run at the SHCC with a 51-42 win over the Dixie Flyers on Dec. 29 behind 12 points from Nichols as they evened their record on the season at 6-6. The Falcons had 11 different players make it on the final scoresheet and kept up a double-figure lead through much of the second half.

Canyon View will return to Region 12 play tonight with a home game against the Juab Wasps that tips off at 7 p.m. at the Nest.

Cedar's girls team played a single game last week, beating the Payson Lions, 44-36 on Dec. 28 to improve to 9-2 on the season. Gabby Gomez scored 17 points and Kiara Hansen added 10 for the Reds, who led 18-17 at the half before pulling away to the win. Cedar will return

to Region 9 play tonight when they host the Desert Hills Thunder in a 7 p.m. start.



CV's Brooklyn Davie (L) and Kamryn Brush help the Falcons defeat the Stallions in their opening game.



## PREP SCOREBOARD

## SCORES

## Region 9 Boys Basketball

- 12/27** Pine View 69, Cyprus 49  
Snow Canyon 54, Elko (NV) 36  
Canyon View 78, Hurricane 74  
Dixie 57, Etiwanda (CA) 56
- 12/28** Dixie 73, St. Bernard (CA) 67  
Snow Canyon 66, Tooele 40  
Hurricane 58, Panguitch 51  
Pine View 57, Elko (NV) 56
- 12/29** Layton Christian 63, Cedar 41  
Grantsville 66, Hurricane 48  
Dixie 74, West Ranch (CA) 69  
Alta 68, Snow Canyon 35  
Desert Hills 66, Tooele 44

## Region 12 Boys Basketball

- 12/27** Canyon View 78, Hurricane 74  
North Sanpete 78, Grand 72
- 12/28** Canyon View 71, Grantsville 66  
Juab 72, Millard 49  
Manti 66, Delta 57
- 12/29** Canyon View 66, Panguitch 55  
Emery 72, Uintah 51  
Providence Hall 62, North Sanpete 56

## Region 18 Boys Basketball

- 12/27** Enterprise 72, Moapa Valley 69
- 12/28** Needles (CA) 62, Enterprise 54  
Enterprise 70, Slam Academy (NV) 60  
Enterprise 71, Somerset Sky Pointe (NV) 58  
Juab 72, Millard 49
- 12/29** Enterprise 60, Lowry (NV) 44  
Kanab 62, Wayne 50  
Gunnison 60, Millard 53  
Wendover 76, Beaver 70  
S. Sevier 72, North Sevier 40

## Region 9 Girls Basketball

- 12/27** South Sevier 42, Dixie 26
- 12/28** Cedar 44, Payson 36  
Dixie 43, Stansbury 31  
Kanab 47, Hurricane 27  
Crimson Cliffs 57, Enterprise 44
- 12/29** Beaver 50, Pine View 39  
Canyon View 51, Dixie 42  
Snow Cyn. 63, Judge Mem. 51

## Region 12 Girls Basketball

- 12/27** Canyon View 63, Stansbury 8
- 12/28** S. Sevier 50, Canyon View 36  
Carbon 56, Juab 55
- 12/29** Canyon View 51, Dixie 42  
Manti 57, North Sevier 37

## Region 18 Girls Basketball

- 12/27** South Sevier 42, Dixie 26
- 12/28** South Sevier 50, Cyn. View 36  
Kanab 47, Hurricane 27  
Millard 64, Gunnison 46  
Crimson Cliffs 57, Enterprise 44

**12/29** South Sevier 49, Stansbury 39  
Beaver 50, Pine View 39

## STANDINGS

## RPI RANKINGS IN PARENTHESES

## Region 9 Boys Basketball

|                     | REGION | OVERALL |
|---------------------|--------|---------|
| Dixie (2)           | 1-0    | 10-1    |
| Pine View (5)       | 1-0    | 9-3     |
| Cedar (22)          | 1-0    | 3-9     |
| Snow Canyon (12)    | 0-0    | 5-4     |
| Desert Hills (15)   | 0-1    | 6-5     |
| Crimson Cliffs (13) | 0-1    | 5-6     |
| Hurricane (18)      | 0-1    | 5-7     |

## Region 12 Boys Basketball

|                    | REGION | OVERALL |
|--------------------|--------|---------|
| Emery (2)          | 2-0    | 9-1     |
| Canyon View (4)    | 2-0    | 7-3     |
| Juab (3)           | 1-1    | 8-2     |
| Richfield (7)      | 1-1    | 4-4     |
| North Sanpete (12) | 1-1    | 5-5     |
| Manti (5)          | 1-1    | 8-3     |
| Carbon (10)        | 0-2    | 4-5     |
| Delta (17)         | 0-2    | 3-7     |

## Region 18 Boys Basketball

|                  | REGION | OVERALL |
|------------------|--------|---------|
| Enterprise (1)   | 2-0    | 10-4    |
| South Sevier (3) | 2-0    | 8-4     |
| Beaver (8)       | 1-0    | 4-4     |
| Parowan (13)     | 1-1    | 3-7     |
| Kanab (5)        | 0-1    | 6-4     |
| Water Canyon (7) | 0-2    | 2-3     |
| Millard (25)     | 0-2    | 0-12    |

## Region 9 Girls Basketball

|                     | REGION | OVERALL |
|---------------------|--------|---------|
| Cedar (3)           | 1-0    | 9-2     |
| Dixie (5)           | 1-0    | 6-6     |
| Desert Hills (13)   | 1-0    | 5-4     |
| Snow Canyon (1)     | 0-0    | 9-1     |
| Hurricane (8)       | 0-1    | 6-5     |
| Crimson Cliffs (11) | 0-1    | 4-7     |
| Pine View (18)      | 0-1    | 2-9     |

## Region 12 Girls Basketball

|                    | REGION | OVERALL |
|--------------------|--------|---------|
| Richfield (2)      | 3-0    | 9-3     |
| Carbon (3)         | 3-0    | 8-4     |
| Juab (4)           | 2-1    | 8-4     |
| Canyon View (5)    | 2-1    | 6-6     |
| Emery (9)          | 1-2    | 6-5     |
| Delta (13)         | 1-2    | 5-5     |
| Manti (12)         | 0-3    | 5-5     |
| North Sanpete (11) | 0-3    | 5-7     |

## Region 18 Girls Basketball

|                   | REGION | OVERALL |
|-------------------|--------|---------|
| Enterprise (11)   | 2-0    | 6-7     |
| Kanab (1)         | 1-0    | 11-1    |
| Beaver (4)        | 1-0    | 9-2     |
| South Sevier (3)  | 1-1    | 10-1    |
| Millard (12)      | 1-1    | 4-8     |
| Water Canyon (15) | 0-2    | 2-6     |
| Parowan (22)      | 0-2    | 1-9     |

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# Falcon boys finish sweep at Hodson Classic

by Tom Zulewski

IRON COUNTY TODAY

The Canyon View Falcons were denied a sweep of their three games at last year's Steve Hodson Cancer Classic after a double-overtime loss to the Panguitch Bobcats. On Dec. 29, CV was able to even the score and go into the new year on a high note.

Carson Miles and Jace Farrow scored 19 points apiece, and Canyon View went on a 19-5 third quarter run to take control and finish off a 66-55 victory over Panguitch to complete its first three-game sweep at the SHCC since 2019 and extend its winning streak to five games (7-3 overall).



Canyon View

78



Hurricane

74

Hurricane 18 13 19 24 - 74  
Canyon View 21 15 25 17 - 78

**Hurricane** - Hurst 26, Jackman 25, Kemp 9, Ence 7, Hughes 4, Langston 3. Totals 24 14-16 74. 3-pointers - Hurst 5, Jackman 1, Kemp 2, Langston 1.

**Canyon View** - Miles 23, Sanders 22, Attig 12, Farrow 9, Slack 7, Irons 3, Camba 2. Totals 29 15-21 78. 3-pointers - Miles 3, Sanders 1.

The visiting Bobcats (10-3) led 25-24 at the half, but the Falcons doubled their first-half output in the third quarter and took a 48-37 lead to the fourth. Panguitch never got the margin back below double figures the rest of the way. Ty Attig added 18 points for Canyon View in the win. Cache Eyre led Panguitch with 19 points in the loss and Justin Osburn added 11.

In the middle game of the

Classic for the Falcons, Miles led three players in double figures with 21 points as CV beat the Grantsville Cowboys, 71-66 on Dec. 28. Felps Sanders chipped in 17 points and Attig helped out with 12. The Falcons led by 20 after three quarters, which was more than enough cushion to overcome seven 3-pointers made by the Cowboys in the final period. Grantsville outscored CV 26-11 in the fourth. Ethan Powell led all scorers for Grantsville with



Canyon View

71



Grantsville

66

Grantsville 10 13 17 26 - 66  
Canyon View 24 17 19 11 - 71

**Grantsville** - Dzierzon 8, Hendrix 5, Powell 25, Kell 4, Thornton 3, Roberts 17. Castagno 4. Totals 20 17-22 66. 3-pointers - Dzierzon 1, Powell 4, Thornton 1, Roberts 3.

**Canyon View** - Farrow 6, Attig 12, Camba 2, Sanders 17, Miles 21, Irons 8, Slack 5. Totals 27 10-15 71. 3-pointers - Farrow 1, Sanders 1, Miles 5.

25 points and Bryson Roberts added 17 in the loss.

"We had the lead, and then we got complacent," Canyon View head coach Kim Blackner said after the Grantsville game. "We started taking some quick shots that were falling early, but didn't later. Defensively, I think we got tired. At the end of the day, they hit some big shots."

CV got its run at the SHCC off on the right foot as they beat the Hurricane Tigers, 78-74 on Dec. 27 behind 23 points from Miles and 22 from Sanders. The Falcons led 36-31 at the half, but came through with

another big third quarter, outscoring the Tigers 25-19 in the period to push the advantage to 61-50.

Over the three games of the Classic, Miles hit 10 3-pointers for the Falcons and averaged 21 points per game in the stretch. R.J. Hurst led Hurricane (5-7) with 26

points, including five of his team's nine 3-pointers, and Cayleb Jackman added 25 to go with 11 rebounds.

The Falcons returned to

Region 12 play Wednesday with a road game at Manti that was too late for press deadline. They will travel to play at Juab on Friday in a 7



Canyon View

66



Panguitch

55

Panguitch 14 11 12 18 - 55  
Canyon View 17 7 24 18 - 66

**Panguitch** - Eyre 19, Osburn 11, Johnson 8, R. Chappell 6, Parkin 4, B. Chappell 3, Tebbs 3, Miller 1. Totals 20 10-17 55. 3-pointers - Eyre 1, Osburn 2, Johnson 2.

**Canyon View** - Miles 19, Farrow 19, Attig 18, Irons 6, Slack 2, Sanders 2. Totals 25 12-18 66. 3-pointers - Miles 2, Farrow 1, Attig 1.



**Jace Farrow (Top) and Felps Sanders** took the Falcons to new heights over each of their opponents.

p.m. tipoff.

Cedar's boys basketball team played a single game over the holiday week and lost 63-41 to Layton Christian at home on Dec. 29. The Reds (3-9) trailed 20-7 after the first quarter, but stayed close until the fourth, when the Eagles outscored them 22-10 to break the game open. Cedar will return to Region 9 play Friday with a road game at Desert Hills that starts at 7 p.m.



PHOTOS BY COREY BAUMGARTNER

# Thunderbirds close out non-conference with big win over Antelope Valley

by Parker Haynie

ASST. DIRECTOR, SUU ATHLETIC COMM.

The Thunderbirds Men's Basketball team closed out non-conference play with an emphatic win over NAIA Antelope Valley, 95-78 on Saturday, Dec 30 in the America First Event Center. The entire Thunderbirds team

never looked back.

SUU had a season-high 17 assists, led by Braden Housley with six and Johnson with five. Johnson led the team in rebounds, corralling 13 to go along with 11 points and a double-double for the young transfer. Housley led the team in points as well, pouring in 22, just one off a career-high. Five

with Housley and Johnson leading the way at four a piece. The Thunderbirds shot nearly 50% from the field and just under 40% from three.

"I am proud of how our guys battled tonight. As of yesterday I wasn't sure we were even going to be able to play. We only had five guys able to practice because of sickness. So I am proud of our guys coming out and battling and coming away with a good win at home," said Head Coach Rob Jeter.

"We are out of time in terms of figuring things out, we are into league play, so whatever we have we have to keep going with it. We can score with anybody but we have to learn how to make teams uncomfortable when they're on offense because trading bucket for bucket doesn't work in our league," said Jeter.

The Thunderbirds continue the rest of league play when the preseason WAC favorite GCU comes to town tonight, Jan 4, at 6:30 p.m.



Prophet Johnson and the T-Birds slammed the door on Antelope Valley in Saturday's 95-78 victory.

SUU ATHLETICS

was battling a flu bug that traveled throughout the team, Parsa Fallah and Jamari Sibley were unable to play due to the sickness.

The Thunderbirds lead by seven at the half but back-to-back steals by Prophet Johnson to open the second half sparked a run that pushed the lead to 15 and the Thunderbirds

players scored in double-digits for the Thunderbirds, Dominique Ford had 19, Zion Young with 16 including 4-9 from three, and Chazz Hutchison had 10 points to go along with nine boards.

SUU won the turnover battle 19-10 and in turn outscored the Pioneers 33-6 in points off turnovers. Five different Thunderbirds recorded a steal

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# Success in the balance for Flippin' Birds

by **Regan Hunsaker**

ASSISTANT AD, SUU SPORTS INFORMATION

The Flippin' Birds season is just around the corner, and the beam team is taking shape as they prepare to take on some tough competition at the Super 16 in Las Vegas. A good beam rotation can make a huge difference in a meet, so let's take a look at the possible lineup for Southern Utah this season.

Head Coach Scotty Bauman said, "We may have lost a lot of our consistent beam workers from a year ago, but we have some outstanding gymnasts who will be stepping up this season. If our beam team hits, it will make us a very tough team to beat. We have several gymnasts who are battling for a spot in this rotation, and it is making them all better."

The Flippin' Birds return a pair of consistent performers from last year's team and a few gymnasts looking to make a splash in the lineup this year. Ellie Cacciola was one of the conference's top beam workers last season. She recorded a career-high score of 9.925 last season and will look to make that a consistent number this year. Cacciola placed in the top three on the beam at the Mountain Rim Gymnastics Conference Championship last season. Aubri Schwartze was also a constant on the Thunderbirds beam lineup over the previous three seasons. Schwartze has a career-best of 9.900 on the beam but topped out at 9.900 last season. This season, Schwartze and Cacciola could create a high-scoring duo for the Flippin' Birds.

The Thunderbirds are replacing four lineup spots this season. This will bring the most new faces to the beam rotation since the Thunderbirds had to replace five on the 1994 team. Though the Flippin' Birds will have almost an entirely new lineup, they are poised for an infusion of new talent from the incoming freshman class as well as some fresh routines from returning gymnasts.

Kennedi McClain, Aly Coutu, Isabella Neff, and Anna Hartley have been nothing short of stellar in their



**SUU's  
Ellie Cacciola  
recorded a  
career-high** score  
of 9.925 last season  
and looks to beat  
that this year.

training leading up to the season. With remarkable progress and consistency, these athletes are poised to become regular fixtures, bringing precision and grace to every routine. Alongside them, Trista Goodman and Ellie Thomson have honed their skills to present solid routines, adding depth to the potential lineup for Southern Utah.

Elliot Bringhurst, the 2023 Level 10 national beam champion, brings an unparalleled level of skill to the team. Her remarkable prowess on the

beam promises to add security to the potential lineup. She is setting the bar high for the team's performances with her preparation this fall.

Niya Randolph has seamlessly settled into her role battling for a spot on the beam team. She is showcasing a level of skill that positions her as one of the team's strongest competitors coming into the season. Alyssa Fernandez, a proven force as the 2021 and 2022 Arizona State Beam Champion, offers a solid foundation and a competitive edge to the team's

beam lineup, ensuring a fierce competition for spots this season.

Brinlee Christensen, the 2023 Utah State Beam Champion, brings her own brand of solidity and skill to the team, further fortifying the depth of talent available. Moreover, the established beam prowess of Rylee Miller, the 2023 bronze medalist at Canadian Nationals and silver medalist at Canada Games, alongside Marisa de Groot, the 2023 Provincials silver medalist on beam, adds a level of finesse and technical precision that sets them apart as top-tier

*"If our beam team hits, it will make us a very tough team to beat. We have several gymnasts who are battling for a spot in this rotation, and it is making them all better."*

**Head Coach Scotty Bauman**

performers. Their expertise and track record in competition heralds a thrilling season ahead, where their contributions are anticipated to play a crucial role in Southern Utah's gymnastics success.

The Thunderbirds will open the season on the road on January 6, 2024, at the Super 16 in Las Vegas. The First home meet for Southern Utah will be on January 19, when the Flippin' Birds will host a tri-meet with Arizona State and Utah State.

Help us pack the America First Event Center by buying your season tickets today! Visit [tbirdtickets.com](http://tbirdtickets.com) to reserve your seats! For all the latest on Southern Utah gymnastics, follow @SUUGym on Twitter, @SUUGymnastics on Instagram, and like the Southern Utah Gymnastics Facebook page.

SUU ATHLETICS

# New year, fresh notes

To start 2024 off right, let's begin by clearing out the last remains of what's developed into one of the worst losing streaks I've ever seen. Yes, Virginia, the Detroit Pistons are truly, truly bad.

After the Brooklyn Nets beat Detroit twice, the team stood alone for awfulness in a single season with 27 losses in a row. The chance to tie the all-time record would come in Boston on Dec. 28. The Celtics have the NBA's best record and brought a 21-game home court winning streak to the table.

The betting line had Boston favored by 17 points, so I had no expectation that anything would change to give off a sense of hope that this nightmare would end. But then the game started and was shown to a national audience on NBA TV. That may have been a sign of what was to come.

The Pistons were very meh in the opening quarter, but had a 30-27 lead. When the second quarter began, things took a turn. Shots started falling from everywhere. Layups, dunks, 3-pointers, you name it. After shooting 74 percent in the period, Detroit took a 66-47 lead at halftime. At no point in this streak did they enjoy the luxury of a lead that reached 21 points before Payton Pritchard beat the buzzer with a jump shot.

*“Losing is never fun, but when it piles up over such a long period of time – two full calendar months for the Pistons – it drains the soul for fan and player alike.”*

Once the teams returned for the second half, it was clear why the Pistons are who they are. By the time the third quarter ended, that halftime lead had disappeared. Detroit didn't quit in this game, though.

After falling behind 106-100 with under two minutes left, Jaden Ivey hit a conventional

3-point play and a long-range 3 to knot the score at 106. It looked like the Celtics would close out the win in regulation when Jayson Tatum scored on a layup with eight seconds left, but Bojan Bogdanovic – remember him, Jazz fans? – was Bogey on the spot as he followed up a Cade Cunningham shot and scored with 4 seconds left to force overtime tied at 108.

The drama was still strong in the extra period until former Milwaukee Buck Jrue Holliday converted a 3-point play with 2:13 left to put the Celtics up for good at 116-115.

Derrick White sealed the win and the Pistons' place in NBA infamy with two free throws with four seconds to play.

As of this writing, Detroit had a chance to lose its 29th straight game

as they played the Toronto Raptors at home Dec. 30. The Pistons may have lost by the time you see and read these words, and it boggles the mind how this streak has ruined a once-proud franchise.

If it continued, the streak would have taken the Pistons to a four-game Western road swing that started at Houston on New Year's Day, then reached the Delta Center on Wednesday for a rematch with the Jazz.

Among the big four sports – NBA, NHL, NFL and MLB – the Pistons were only a single game behind the Chicago Cardinals' 29 losses in a row. That mark was set 78 seasons ago.

For perspective, the worst MLB streaks are 24 in a row in the National League by the 1899 Cleveland Spiders (yes, they were a thing back then) and 21 in row in the American League by the 1988 Baltimore Orioles. The NHL mark is 18 straight by the 2003 Pittsburgh Penguins that was matched by the 2021 Buffalo Sabres.

So there you go. Losing is never fun, but when it piles up over such a long period of time – two full calendar months for the Pistons – it drains the soul for fan and player alike.

To stay in the fight is hard, but when a win is achieved, it makes the feeling that much sweeter.

Follow Tom Zulewski on X – the artist formerly known as Twitter @TommyZee81 or email [tominator19@yahoo.com](mailto:tominator19@yahoo.com).

## RANDOM thoughts

Tom Zulewski

IRON COUNTY TODAY



## TOM'S SPORTS TRIVIA

*Happy New Year, one and all. With 2024 officially here, it's time to look back at stuff from the final week of the year that was worth talking about. Have fun, embrace the chaos, and please remember...no wagering!*

1. The Detroit Pistons tied an all-time record for futility when it lost a 19-point halftime lead and lost its 28th straight game Dec. 28 to what Eastern Conference team, who was looking to extend its own homecourt winning streak to 22 in a row?

2. The Cleveland Browns were able to clinch a playoff berth Dec. 28 when it beat the New York Jets at home, 37-20, using its fourth starting quarterback this season. This player has won a Super Bowl ring with the division rival Baltimore Ravens. Name him.

3. In one of the weirder bowl sponsorships, Kellogg's got involved when Kansas State beat North Carolina State on Dec. 28. What toastable breakfast pastry – hence the game's title – was served to the winning coach?

4. What San Francisco 49ers quarterback called his four-interception performance “a sucky state of mind to be in” after his team lost at home to the Baltimore Ravens on Christmas night?

5. Speaking of turnovers, what Minnesota Vikings quarterback was benched after he threw four interceptions in a 30-24 loss to the Detroit Lions on Christmas Eve?

6. What Cincinnati Bengals wide receiver called out several players in the Kansas City Chiefs secondary, saying “I’m just adding fire to the fuel” during an availability with the media last week?

7. As if he wasn't great enough already, what Denver Nuggets post player didn't miss a shot from the field (11-for-11) or free-throw line (3-for-3) – the third time he's done it in his career – in the team's win over the Memphis Grizzlies on Dec. 28?

8. Michigan defensive coordinator Jesse Minter compared Alabama quarterback Jaden Milroe's running ability to what USC standout running back, who won the 2005 Heisman Trophy?

9. What Pittsburgh Penguins defenseman set a new NHL record with five assists in the second period in the team's 7-0 shutout of the New York Islanders on Dec. 27?

10. Where is this year's CFP National Championship game being played Jan. 8?

11. What Denver Broncos quarterback has been benched for the final two games of the regular season over the team's offensive issues?

12. While Michigan and Alabama played in one CFP semifinal New Year's Day, what was the other matchup? One of the teams featured beat Alabama early in the 2023 season.

### LAST WEEK'S ANSWERS

1. TCU.
2. The San Francisco 49ers and San Diego Chargers combined to score 75 points in Super Bowl XXIX in 1994. The 49ers won, 49-26.
3. Connecticut (UConn)
4. LSU Tigers, Iowa Hawkeyes.
5. Jon Rahm.
6. The Golden Knights beat the Florida Panthers.
7. Brooks Koepka.
8. T-Mobile Park in Seattle.
9. Novak Djokovic.
10. The Texas Rangers, who were managed by Bruce Bochy.
11. Solheim Cup.
12. Florida State.

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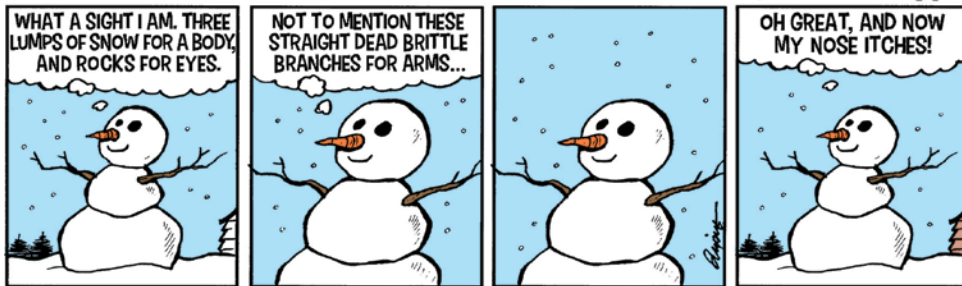
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\*by signing you agree to have your card charged \$15 monthly

by Dave T. Phipps



**TIGER**

by BUD BLAKE



The Spats

by Jeff Pickering



## Weekly SUDOKU

by Linda Thistle

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 5 |   | 1 |   |   |   |   | 7 |
| 3 |   |   | 4 | 2 |   |   |   | 9 |
|   |   | 2 |   |   | 9 | 6 |   |   |
|   | 7 | 3 | 6 |   |   | 8 |   |   |
| 8 |   |   |   | 1 |   |   | 5 |   |
|   | 9 |   |   | 5 |   |   |   | 4 |
| 2 |   |   | 3 |   |   |   |   | 9 |
|   | 4 |   |   |   | 6 |   | 8 |   |
|   |   | 5 |   | 8 |   | 7 |   | 1 |

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

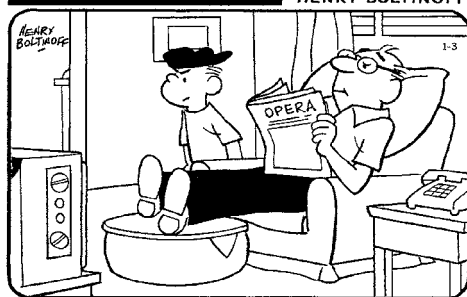
**DIFFICULTY THIS WEEK:** ♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

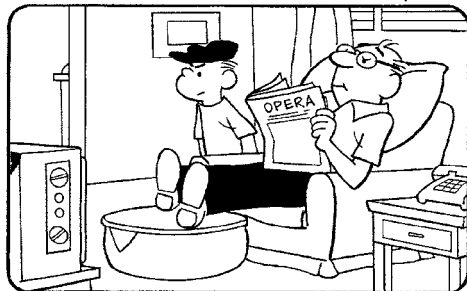
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## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Ottoman is turned. 2. Drawer is added. 3. Phone is moved. 4. Legs are shorter. 5. Hat is turned around. 6. Boy is moved.

## King Crossword

### ACROSS

- 1 Melville cap-  
tain
- 5 Male swans
- 9 Luau dish
- 12 Humorist  
Barry
- 13 Med. plan  
options
- 14 PC program
- 15 Barrel bottom  
bit
- 16 Concerning
- 17 Old Olds
- 18 Voice in an  
iPhone
- 19 Half of XIV
- 20 Rooters
- 21 Formerly  
called
- 23 "Morning  
Edition" aier
- 25 Humidor con-  
tents
- 28 Salad base
- 32 Maxim
- 33 Sean of  
"Rudy"
- 34 Bequest
- 36 Surround with  
light
- 37 Judge Lance
- 38 Approves
- 39 Iowa crop
- 42 WWII service  
member
- 44 "See ya!"
- 48 Some
- 49 "Legally  
Blonde" role

|    |    |    |   |   |   |   |   |   |    |    |
|----|----|----|---|---|---|---|---|---|----|----|
| 1  | 2  | 3  | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 |    |    |   |   |   |   |   |   |    |    |
| 15 |    |    |   |   |   |   |   |   |    |    |
| 18 |    |    |   |   |   |   |   |   |    |    |
|    |    |    |   |   |   |   |   |   |    |    |
| 25 | 26 | 27 |   |   |   |   |   |   |    |    |
| 32 |    |    |   |   |   |   |   |   |    |    |
| 34 |    |    |   |   |   |   |   |   |    |    |
|    |    |    |   |   |   |   |   |   |    |    |
| 39 | 40 | 41 |   |   |   |   |   |   |    |    |
| 48 |    |    |   |   |   |   |   |   |    |    |
| 51 |    |    |   |   |   |   |   |   |    |    |
| 54 |    |    |   |   |   |   |   |   |    |    |

- 6 Hotel chain
- 7 Ho-hum
- 8 Away from  
NNW
- 9 Brazilian rub-  
ber
- 10 Frank
- 11 Wall St.  
debuts
- 20 Clean slate
- 22 Upright
- 24 Bit of mischief
- 25 Baseball's  
Ripken
- 26 Chemical suf-  
fix
- 27 Joke
- 29 JFK info
- 30 Goose egg
- 31 — -cone
- 35 Cried in pain
- 36 Tertiary Period  
epoch
- 39 Give a darn
- 40 Burden
- 41 Deli loaves
- 43 Jai —
- 45 Bailiwick
- 46 Eliot Ness,  
e.g.
- 47 Nile vipers
- 49 Punk rock off-  
shoot

### DOWN

- 1 Totals
- 2 Mata —
- 3 Say it's so
- 4 2013 Keira  
Knightley film
- 5 Sour cream  
tidbits

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1. GENERAL KNOWLEDGE: When is Three King's Day celebrated typically?
2. TELEVISION: In the drama series "Mad Men," what product is presumed to be Don Draper's last advertisement?
3. GEOGRAPHY: What is a chain or collection of islands called?
4. MOVIES: To which city is the McCallister family traveling in the holiday classic "Home Alone"?
5. LEGAL: What is a moot court?
6. LITERATURE: What is the name of the heroine in "The Scarlet Letter"?
7. FOOD & DRINK: What kind of nut is used in marzipan?
8. MUSIC: What is the gift on the 11th day in the song "The Twelve Days of Christmas"?
9. SCIENCE: How much of the Earth's surface is covered with water?
10. HISTORY: What are the two Japanese cities that the United States hit with atomic bombs in WWII?

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|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 1 | 4 | 7 | 2 | 8 | 6 | 5 | 3 | 9 |
| 3 | 8 | 2 | 9 | 1 | 5 | 6 | 4 | 7 |
| 6 | 9 | 5 | 7 | 4 | 3 | 1 | 8 | 2 |
| 4 | 7 | 3 | 8 | 5 | 2 | 9 | 6 | 1 |
| 9 | 5 | 6 | 1 | 3 | 7 | 4 | 2 | 8 |
| 2 | 1 | 8 | 4 | 6 | 9 | 3 | 7 | 5 |
| 5 | 3 | 9 | 6 | 7 | 8 | 2 | 1 | 4 |
| 8 | 6 | 1 | 5 | 2 | 4 | 7 | 9 | 3 |
| 7 | 2 | 4 | 3 | 9 | 1 | 8 | 5 | 6 |

Answer

Weekly SUDOKU

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 1 | 4 | 7 | 2 | 8 | 6 | 5 | 3 | 9 |
| 3 | 8 | 2 | 9 | 1 | 5 | 6 | 4 | 7 |
| 6 | 9 | 5 | 7 | 4 | 3 | 1 | 8 | 2 |
| 4 | 7 | 3 | 8 | 5 | 2 | 9 | 6 | 1 |
| 9 | 5 | 6 | 1 | 3 | 7 | 4 | 2 | 8 |
| 2 | 1 | 8 | 4 | 6 | 9 | 3 | 7 | 5 |
| 5 | 3 | 9 | 6 | 7 | 8 | 2 | 1 | 4 |
| 8 | 6 | 1 | 5 | 2 | 4 | 7 | 9 | 3 |
| 7 | 2 | 4 | 3 | 9 | 1 | 8 | 5 | 6 |

Solution time: 21 mins.

Answers

King Crossword

Trivia Test Answerst

1. Jan. 6, the 12th day of Christmas.; 2. Coca-Cola.; 3. An archipelago.; 4. Paris, France.; 5. A simulated court to give law students a chance to practice what they have learned.; 6. Hester Prynne.; 7. Almond.; 8. 11 pipers piping.; 9. Almost 71%.; 10. Hiroshima and Nagasaki.

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For starters, your ad is visible to a majority of Iron County by way of over 17,000 copies distributed each week, far greater reach than any other local advertising option. And with creative publications like our popular Coloring Books, you'll have a **proven method for bringing potential customers through your doors!**



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— Randy Cosby, Founder & COO at InfoWest

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