

JANUARY 21-27, 2024 | VOL. 15 NO. 3

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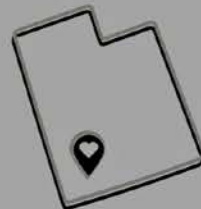
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today

# 'BIG' HIT



STORY IN SHOWCASE

# Canyon View Middle School evacuated as teachers, students treated for CO<sup>2</sup> exposure

from Shauna Lund

FOR IRON COUNTY TODAY

Just after 1 p.m. last Thursday, teachers and students were evacuated from Canyon View Middle School after reports of a strong odor in D Hall, thought to be from ongoing construction. As a precautionary measure, Cedar City Fire Department monitored the air throughout the school and did not find any dangerous levels of carbon monoxide. All students were cleared to re-enter the building.

However, a few students and teachers in D Hall reported minor symptoms such as headache, dizziness, or nausea. Paramedics were called to test the CO levels of all students in D Hall using a finger monitor. About 25 individuals were advised to be further checked by a doctor as their levels were above normal.

Because of this situation, Canyon View Middle School implemented remote learning days Monday and Tuesday while an independent group tested carbon monoxide detectors at the middle school. CO detectors are located in every classroom, hallway and public area at the school. This was done as a precautionary measure, along with other testing that has been completed over the last several days.

"We are going above and beyond what would normally be expected in this situation to ensure that students and staff are safe in our school," said Superintendent Dr. Lance Hatch.

At this point in time the building has been tested and cleared six times by three different entities. That timeline of tests includes:

- » Testing by the Cedar City Fire Department last Thursday, which occurred within 15 minutes of the carbon monoxide alarm going off in D Hall. Small amounts were detected in that area, which is adjacent to the remodeling project.
- » Friday morning, the fire department again tested the building as school began, which included



COURTESY CANYON VIEW MIDDLE SCHOOL

*"We are going above and beyond what would normally be expected in this situation to ensure that students and staff are safe in our school"*

**Superintendent Dr. Lance Hatch**

testing in the kitchen as lunch was being prepared. Classrooms were occupied by students and heating and ventilation units were running. No dangerous levels were detected in any areas.

- » Following reports about another possible exposure on Friday afternoon, the fire department and Dominion Energy again tested the entire building, including heating systems, hot water heaters and kitchen appliances. The building again was cleared for occupancy.
- » On Saturday evening, after reports about possible exposures during basketball games, the fire department again tested the building and found


no traces of harmful gasses.

- » The Utah National Guard's 85th Civil Support Team was called to assist with the investigation of this incident. The 85th has a number of advanced capabilities to identify hazardous materials down to the parts per billion level. Fire department testers identify down to the parts per million level.

"Our job is to assist our local first responders in ensuring the public is safe. We have a robust complement of HAZMAT technicians and highly specialized equipment that is designed for situations just like this," said Lieutenant Colonel Rob Dent, commander of the 85th. The 85th conducted three different tests over about a four-hour period. No traces of harmful gasses were found. Their equipment checks for over 150,000 particulates that could be considered harmful to humans.

We appreciate the quick reaction of the fire department and first responders. We are also grateful for the fast response of students and teachers as they evacuated the building. We care about the safety of everyone in our schools and will take necessary precautions to ensure this does not happen again.

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# Cedar City welcomes Main Street Washateria

by **Corey Baumgartner**

IRON COUNTY TODAY

When Randy and April Laswell opened the Main Street Washateria, they didn't realize they were carrying on a family legacy of laundry that began with their grandparents and great-grandparents, who also owned a laundromat. With such a family foundation of focusing on fabrics, the Laswell's created a state-of-the-art, full-service laundromat that delivers unparalleled quality.

Randy explained that "A washateria is a south Texan name for laundromat, and to honor my grandparents, my wife and I settled on combining the term "washateria" with something that represented Cedar City. So, we combined Main Street and Washateria to form our business name "Main Street Washateria".

And they want their local washateria to help iron out any wrinkles from washing worries by providing a positive customer experience.

"We want to give everybody a comfortable, safe, and inviting environment to come and do their laundry," shared Randy. "Because one of the important things for us is customer service. People deserve to have someone there to help them out, even if it's carrying their laundry to and from their vehicles."

That's why the Laswell's took the time to plan and prepare with the research required to provide that positive experience for each customer. They also made sure their location was suitable and safe for everyone who comes to do their laundry.

"The safety aspect is also paramount for us," the Laswell's explained. "We wanted a location that was well-lit and where people would feel safe coming to." They added that there's always staff on location to help manage questions and concerns.

With service and safety, the technology aspect of doing laundry is also upgraded at the Washateria.

Customers can pay with cash, card and quarters. There's even an app to help them pay and keep track of their laundry from their phone.

So, if you've got dirty laundry, the Main Street Washateria is the place to air it and clean it. From 20lbs. to

100lbs. capacity washers, they can help you get the dirtiest jobs done. Stop on by and take their washers for a spin. They'll help you turn those piles back into smiles. And as they say, "The best days end in the dirtiest clothes."

The Main Street Washateria is open daily 7am to 11pm. They are located at 684 S. Main, Suite #2, Cedar City. You can call them 435-572-0914 and you can read more about their laundry legacy online at <http://mainstreetwashateria.com/>.

*Owners Randy and April Laswell and their children, join community leaders and other guests as they prepare to officially cut the ribbon to their Washateria.*



COREY BAUMGARTNER

*"A washateria is a south Texan name for laundromat, and to honor my grandparents, my wife and I settled on combining the term "washateria" with something that represented Cedar City."*

**Randy Laswell, Owner**

## opinion

### FROM THE EDITOR

## Playoffs? You kidding me? Playoffs!?

There have been some great NFL speeches—or rants—given at press conferences over the years. Jim Mora, who coached on several college and NFL teams, has had some good ones. His “Coulda, Shoulda, Woulda” speech berated those who made excuses for losing, instead of finding another way to win. However, his “Playoffs?!” speech has become a viral favorite,



**COREY BAUMGARTNER**  
MANAGING EDITOR

and a mantra that has been mocked many times. His point was, stop talking about the playoffs and focus on winning the next game.

Even if you're not a football fan, I hope that as 2024 continues to march

down the field of life that you keep believing in and fighting for your goals and dreams. Yes, you'll lose some games and incur some injuries. No matter what, have hope, and have the courage to back it up with action.

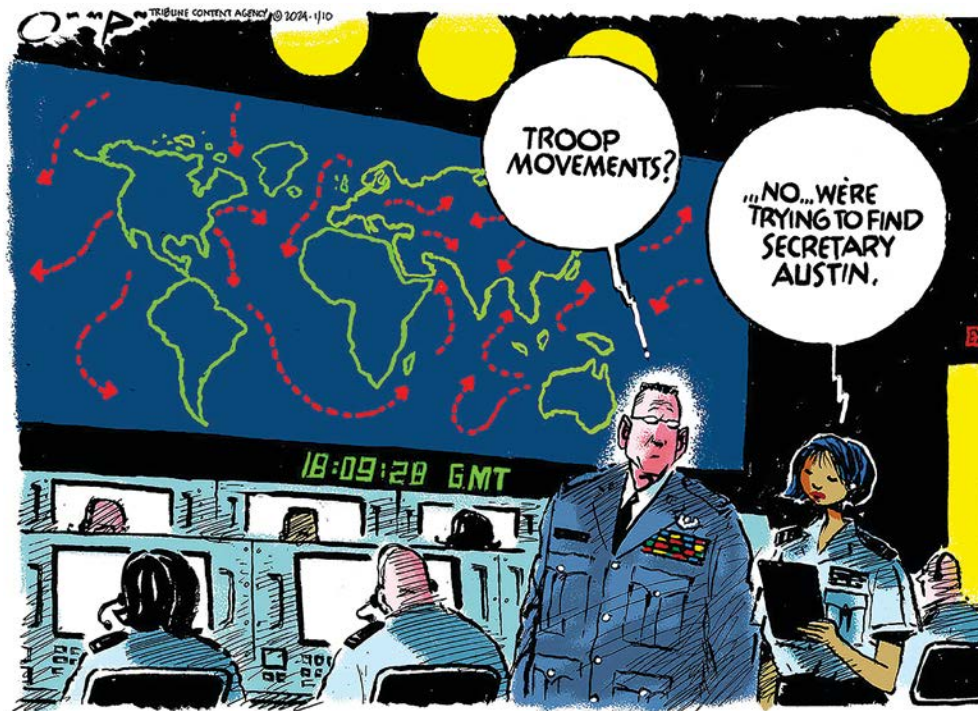
Don't end the year with “Coulda, Shoulda, Woulda” regrets. Don't doubt yourself about making the proverbial playoffs. Don't beat yourself up for penalties. Keep betting on yourself, improving yourself, winning one more game, and fighting for one more day. Because no matter what sport you play, place you live, where you work, subject you study, or goals ahead, never stop believing!

### WORD OF THE WEEK

#### ALLITERATION

*Use of the same consonant at the beginning of each word*

The ailing alligator was allergic to all the alluring alliteration littering literature. It was alleviated when it was no longer allowed.



### QUOTE OF THE WEEK

*“Our greatest glory is not in never falling, but in rising every time we fall.”*

Confucius

## Honoring International Holocaust Remembrance Day

by David Hutchings

FOR IRON COUNTY TODAY

I just returned from a tour of several holocaust sites and was nearly crushed with the great atrocities people have done to each other. While I was there I saw something tramped into the newly fallen snow covering the graves of men, women and children murdered there. It was a symbol of hate, violence and intolerance well-known from the past. It was a poignant reminder of the sadistic show of force that hate is and how it is not dead, and probably never will be completely, despite the millions it has already killed and still kills today.

Looking back, I should have expected to see such a symbol, but I did not, not in that place, not now. Because now it was a quiet, out of the way, and peaceful place. Yet there it was, a symbol of hate, as plain as day. This made me think of how easy it is to find terrible things in places we are sure they would never be. And I wondered where such hate

could wait and lurk within one's heart as I stood over the graves of those who intolerance first marginalized, justifyingly brutalized, then indifferently annihilated.

I worry for my children and their children, as I do for you and yours, and the way the world forgets the basic call to decency and civility. When it not only sees others differently, but gets upset and then rationalizes the unthinkable cruelties it seeks to callously impose on anyone different in appearance, action or thought.

The world is a complex place but one thing is clear, it is wrong to mistreat a fellow human being based on the fact that they may not match ones ideals, or any other reason for that matter. Not there, here or anywhere. Not then, today or ever.

I hope this Saturday, January 27, 2024, designated by the United Nations as “International Holocaust Remembrance Day”, we will remember

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IRON COUNTY **today**

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## opinion

# National debt is the greatest threat to our country, it's time for Congress to act

**W**hile many Americans were celebrating the holidays with their loved ones, our country reached a milestone that is nothing to celebrate: The United States national debt now exceeds \$34 trillion.

In just ten years, the national debt has more than doubled. Not only is this level of debt unsustainable, but it is growing at the largest rate seen in the history of this country. \$34 trillion is a staggering amount of money. To put this in context, the national debt has now exceeded \$100,000 for every person in the United States. Given the imminent nature of this crisis, continuing to turn a blind eye will only put the American Dream further out of reach for our children and grandchildren.



**SEN. MITT ROMNEY**  
U.S. SENATE (R-UT)

It is easy to point fingers, but both parties are to blame for our country's fiscal condition. Policies enacted by both Republicans and Democrats—across presidential administrations and several congresses—have led to soaring annual budget deficits. In 2023 alone, the federal deficit totaled \$1.7 trillion, more than three and half times as large as it was in 2014.

Interest payments on the debt totaled \$659 billion in the last fiscal year, making it the fourth largest expenditure in the budget. In the next few years, interest payments are on pace to exceed both defense and non-defense discretionary spending, which includes education, transportation and more. And if we continue at this rate of fiscal imbalance, in the not-so-distant future, interest payments will be our largest expenditure.

In 2010, then Chairman of the Joint Chiefs of Staff, Admiral Mike Mullen, stated that, "the most significant threat to our national security is our debt." It is hard to imagine a circumstance where the United States can continue to lead the world when we spend more on interest than on defense in a given year. The United States prevailed over the Soviet Union during the Cold War because the Soviet Union could not keep up with the buildup of

see **NATIONAL DEBT** » 10

## A Whispered Warning

By David Hutchings

I returned from a trek with the saddest of tales to tell. As I speak for each one of millions who can't, lend me your ear and please listen well. More importantly for just you and me, as I recount a journey that was and is yet to be.

I saw something in that place far away. It struck me so hard, I need to share it today. A man-made hell of not so long ago, and really not so far away.

While all that went there have now long since been gone, I was lucky to return from a place that very few did. Before I left, they whispered to me a message. They said we must not forget.

For we do so at our own peril, when we lose track of the terrible things in history done. The untold masses lost when man tries to erase man. When someone becomes no one.

All the hurt and harm created by human hands. They made every effort to destroy all that did not fit their view of the world. Innocent lives lost at the will of their evil employ.

We must always remember the incalculable damage hate has always done. And never, ever forget. If we are to live on this world as one.

It is also so very important for me to say, though this place I mentioned is now quiet and far away. There are so many others that shout the same, where hate and violence at this very moment reign.

Some around the corner, some in our hearts buried deep within, some beside us, some among us, some which only exist at each man's whim.

So, what did I bring you from this awful place? The only thing left that matters from that miserable time and space. A simple thing...I, too, hope we never ever forget.

Never forget that none are all the same. And when others look so different we should see with hearts of love and respect. That is all that matters if we are to keep this place at bay. Only by doing this can such a place stay far away.

Now I have delivered the message that they told me to tell. So that now you also know the secret to living life so well.



Now you are the one who must carry, and all you pass you must tell, this message from a place far away. Farewell.

## HOLOCAUST

« CONTINUED FROM PAGE 4

the costly lessons pulled out of one of the ugliest chapters of history. And I hope that we will each pause to remember the tragedy, and then go forward into today's challenges striving to live the beautifully simple lesson of the great Golden Rule of treating others as we would wish and deserve to be treated—humanely as fellow humans—despite any differences, small or great.


I can also only hope that we are careful to constantly check ourselves both internally and externally and always allow all people the same right to live and to exist that we ourselves claim each day. For living anything less than that has the enormous potential to destroy us all in the end.

**IRON COUNTY FORECAST**

A CHANCE OF RAIN, THEN SNOW SHOWERS ON THURSDAY AS A STORM MOVES THROUGH. THE END OF THE WORKWEEK ENDS CALM WITH SLIGHTLY BELOW AVERAGE TEMPERATURES. HIGH PRESSURE BUILDS IN BY THE WEEKEND RESULTING IN MOSTLY SUNNY SKIES AND A WARMING TREND THAT WILL CARRY OVER INTO NEXT WEEK.

Check your local forecast anytime at:  
[ABC4.com/weather](http://ABC4.com/weather)



<b>THURSDAY</b>
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<b>FRIDAY</b>
Mostly Sunny <b>39°/21°</b> PRECIP: 10% WINDS: N 10-15
<b>SATURDAY</b>
Mostly Sunny <b>43°/23°</b> PRECIP: 0% WINDS: W 5-10
<b>SUNDAY</b>
Mostly Sunny <b>46°/25°</b> PRECIP: 0% WINDS: WSW 5-10
<b>MONDAY</b>
Mostly Sunny <b>49°/26°</b> PRECIP: 0% WINDS: W 5-10
<b>TUESDAY</b>
Mostly Sunny <b>52°/28°</b> PRECIP: 0% WINDS: SSW 5-10
<b>WEDNESDAY</b>
Partly Cloudy <b>52°/30°</b> PRECIP: 0% WINDS: SSW 5-10

## IRON COUNTY GOVERNMENT RECAPS

### Cedar City Council (Jan 17th, 2024)

by Iron County Today Staff

IRON COUNTY TODAY

#### Youth Council Trip to State Capital

The Council reported on a recent youth council trip to the Utah State Capitol. He detailed the behind-the-scenes tour they received and mock legislative committee participation with over 1,300 other students.

#### Stormwater Drainage Master Plan SUU Partnership

City Engineer Jonathan Stathis announced a partnership with the SUU Civil Engineering department on further developing the stormwater drainage master plan. This will provide students with real-world project experience while benefiting city infrastructure planning.

#### Gratitude From Shakespeare Festival

The Utah Shakespeare Festival leadership, including new Artistic Director John de Antonio, expressed gratitude for city support. They highlighted acclaimed productions from the prior year and introduced plays for the 2024 season lineup while inviting continued community backing.

#### Water Rights Contract

The council considered approving a contract for \$5,330,800 to purchase 520 acre-feet of water rights from DJT Resorts and Hospitality and the Harden Family Trust. The water rights have priority dates prior to the cutoff in the groundwater management plan, meaning they are considered safe yield. The transaction would involve DJT acquiring the rights from the Trust and then transferring them to the city in the same closing. This item was moved to the action items along with the related budget adjustment.

#### Budget Amendments 2023 and 2024

A public hearing was held on a resolution to amend the 2023 and 2024 budget. Multiple revisions were proposed, including carrying forward unspent funds from previous grants and budgets, adjusting for additional revenues earned by the police and fire departments, covering unanticipated costs at the Iron West sports complex, purchasing new golf carts for the golf course, and replacing a failing water line on Western View street. Also proposed was adding \$5.3 million to purchase the aforementioned water rights, with \$3.3 million transferred from the capital improvement fund to the water fund for this purpose. Finally, \$20,000 was added to match county funds and upgrade restrooms at the Diamond Z arena.

#### Safety Action Plan to Provide Safer Routes

The council voted to decline a \$52,000 Safe Streets

for All federal grant after finding out it would not adequately cover the full costs to develop a safety action plan for the city. Instead, after discussions with the county and Federal Highways, they will join Iron County's recently awarded \$600,000 grant for the same purpose which will fully fund the completion of an action plan. The focus for Cedar City will be on incorporating safe routes to schools, particularly in the northern part of the city such as routes to Canyon View High School and Middle School where additional trails and sidewalks are needed.

### Iron County School Board District Meeting

by Iron County Today Staff

IRON COUNTY TODAY

#### Title IX Athletic Program Review

Cedar High School offers 13 female sports and 11 male sports currently, with plans to add boys volleyball and boys/girls lacrosse soon. Facilities available to male and female athletes were reviewed, with issues noted such as inadequate tennis courts and tracks in poor condition at some schools.

#### Success Academy Charter

A proposed amendment to their charter gives students who complete Math 1 in middle school, or a summer program, two lottery draws instead of one when applying to the academy. Enrollment is capped at the school, so there was discussion around possibilities to expand access for interested students in the future.

#### Health Curriculum Materials

The curriculum covers sensitive topics, so the superintendent encouraged board members to thoroughly review the materials before the next meeting when a vote would be held to continue using them. Any concerns about specific materials should be communicated over email in the meantime.

#### Capital Improvement Project Funding

There was an in-depth discussion on funding options for high-priority capital improvement projects that were part of the failed bond measure last fall. Details were presented on using lease revenue bonds rather than general obligation bonds for projects like school additions and upgrades. Interest rates are more favorable now, but there are tradeoffs with flexibility, risk, and use of capital funds versus increasing the capital facilities property tax levy. More discussion is expected at future meetings as plans develop.

#### Internet Safety

Troy detailed requirements around making information readily available to internet users like parents, administrators, and students. The policy covers using technology like firewalls and filters to block

inappropriate, obscene, or harmful content; complying with the Children's Internet Protection Act (CIPA); and addressing issues like harassment and bullying online.

#### Student Cell-Phone Use

Prompted by a letter from Governor Cox encouraging districts to create policies to remove cell phones from classrooms. Board members discussed perspectives from students, parents, and teachers. They note it may make sense to have policies vary across elementary, middle, and high schools based on students' needs and capabilities. There is debate around whether policies should be set at the district or individual school level.

### Iron County Commission Meeting (Jan 16th, 2024)

by Iron County Today Staff

IRON COUNTY TODAY

#### Infrastructure Master Plans Amendment

The commission discussed a proposed ordinance text amendment regarding notification requirements for changes to the city's infrastructure master plans. The amendment would require 10 days' notice to affected property owners before such changes could be approved. There was discussion around ensuring proper balance between protecting citizens' rights and not making the process overly burdensome for developers. The commission decided more time was needed to refine the amendment language. They tabled it for a future meeting.

#### Annual Training on Ethics, Open Meeting Requirements

City attorney Randall McOne summarized key parts of the open meetings act, emphasizing that any discussion of commission business by a quorum of members (4 in this case) must be held in a properly noticed public meeting. On ethics, McOne focused on disclosure of potential conflicts of interest and situations where commissioners need to recuse themselves from participating in decisions. Gifts over \$50 and anything that could improperly influence decisions should be avoided. Violations could result in misdemeanor charges or decisions being invalidated. Commissioners were encouraged to consult with city legal staff if any questions arise.

The commissioners were reminded that part of their role includes a responsibility to propose updates to city ordinances when problematic gaps or other issues are identified based on their real-world experience. Though not formally obligated, they were welcomed by city staff to provide such legislative input. Following brief discussion around commissioners' ability to also voice concerns as citizens on agenda items at city council meetings, the annual training concluded.

## public & health

### Iron County Fair venues expanded for public rental

by Cami Cox

FOR IRON COUNTY TODAY

**PAROWAN** — The Iron County Fairgrounds have been home to Southern Utah's annual Iron County Fair and other local events for generations. Iron County has recently taken ownership of the fair property in its entirety, whereas in the past Parowan City owned a large portion of the land. Under its new full ownership, Iron County wishes to make the public aware that the fairground facilities are not just for county fair use and city/county-sponsored events; use of the fairground facilities — from the exhibit building and outdoor arena to horse stalls, the outdoor pavilion, snack shack and even the parking lots — has been expanded for public booking.



“We want the community to know that the fairgrounds aren't just for the county fair. This is a perfect setting for weddings, family reunions, conventions, expos, and other events,” said Jamilyn Evans, Iron County Fair director. “Rental of the fairgrounds is also very reasonably priced, especially in comparison with standard wedding venues and other facilities that cost thousands of dollars for only a couple of hours of access.”

With rental pricing beginning at just \$10 per day for certain facilities and ranging up to \$250 or \$400 per day and \$1,250 or \$2,000 per week for the exhibit building (depending on occupation size), the Iron County fairgrounds serve up a viable, affordable option for those looking to host events.

“We are glad to accommodate birthday parties, conferences — you name it,” Evans said. “Whether it's a small, private event or a large convention, the fairgrounds are an outstanding option.”

The exhibit building also has dual-purpose use for indoor basketball, pickleball and other recreational activities for which community members can rent the space.

For information about booking the Iron County Fairground facilities or to make a reservation, visit <https://ironcountyfair.net/IronCountyEventCenter>, call 435-477-8380 or email [fair@ironcounty.net](mailto:fair@ironcounty.net).

### High School Seniors impacted by Alzheimer's invited to apply for Scholarship Contest

by Sandy Silverstein

FOR IRON COUNTY TODAY

High school seniors impacted by Alzheimer's disease can earn up to \$5,000 for college through the Alzheimer's Foundation of America's (AFA) Teen Alzheimer's Awareness Scholarship Contest. Students can enter the contest by visiting [www.alzfdn.org/scholarship](http://www.alzfdn.org/scholarship).

“You're never too young to make a difference in the lives of others, and teens are showing that every day in the fight against Alzheimer's disease,” said Charles J. Fuschillo, Jr., AFA's president and CEO. “Teens across the country are helping to care for loved ones with Alzheimer's, volunteering at care settings, raising awareness, and even conducting scientific research. We encourage them to share their stories through this scholarship contest.”

“Through the stories and struggles of many teens impacted by Alzheimer's disease, it is our hope a new generation will use their experiences to bring awareness on the impact of the disease and advocate for more caregiver support and research in the years to come,” said Stephanie Evans Ariker, AFA's Director of External Relations.

College-bound high school seniors are invited to apply for the scholarship by submitting an essay (1,500 words maximum) or submitting a video (four minutes in length or less), describing how Alzheimer's disease has impacted their lives and what they have learned about themselves, their family and/or their community through their experience with Alzheimer's. Entries can be submitted by visiting [www.alzfdn.org/scholarship](http://www.alzfdn.org/scholarship). The deadline for submissions is April 1, 2024, at 5:00 pm ET. Students already attending college are not eligible to participate.

#### Experiences that students can write about include:

- » Having a loved one with Alzheimer's disease or another dementia-related illness
- » Helping care for someone with Alzheimer's disease or another dementia-related illness
- » Volunteering or working in a care setting that serves individuals with dementia
- » Raising Alzheimer's awareness in their school or community
- » Conducting Alzheimer's research

The first-place winner receives a \$5,000 scholarship. Additional prizes awarded for runners up and honorable mentions. More than \$428,000 in college scholarships have been awarded since the program's inception.

Alzheimer's disease affects millions of families across the United States. More than 6 million Americans currently live with Alzheimer's disease, a number projected to more than double by 2060, according to the U.S. Centers for Disease Control and Prevention (CDC). AFA is able to provide scholarship funds through the generous support of charitable donors. Individuals wishing to support this and other programs and services for families affected by Alzheimer's disease can do so by visiting [www.alzfdn.org/donate](http://www.alzfdn.org/donate) or calling AFA at 866-232-8484.

### Auditions now open for Cedar City's 4th annual Star Search Competition

by Gabrielle Costello

CEDAR CITY PUBLIC INFORMATION OFFICER

Get ready for the spotlight! Cedar City's 2024 Star Search Competition is now accepting auditions through Friday, February 16, 2024, where contestants will have the chance to win \$250 in their respective age category or division.

Mark your calendar for this year's competition on Friday, March 15, 2024, at the Heritage Theater, featuring solo and group divisions. Auditions are open to the greater Iron County community. This year, the event will also feature fundraising efforts for Canyon Creek Services, a community-based non-profit advocacy organization that serves Iron, Beaver, and Garfield counties, and provides free, confidential and comprehensive services to survivors of domestic violence and sexual assault.



“You won't want to miss this fun-filled community event,” said Cedar City Mayor Garth Green. “It is an opportunity for everyone to come together and cheer on their friends, family, and neighbors, which is what our community is all about.”

Previous Star Search contestants have provided a diverse range of talents including singers, dancers, musicians, magicians, and even ventriloquists! Be encouraged in your talents and take the plunge by submitting your audition... you just might win! For audition information and to reserve free tickets to the event, visit [www.cedarcity.org/starsearch](http://www.cedarcity.org/starsearch).

## Southern Utah University

# SUU student chosen to be contestant on 'The Price Is Right'

by Nikki Koontz

SUU MARKETING COMMUNICATION

Lindsey Wessling, a sophomore studying Outdoor Recreation, Parks and Tourism, recently had the thrill of a lifetime as a contestant on the iconic television game show, The

to the studio in Los Angeles there is a lot of waiting around. First, you wait in line outside, then you wait in a holding room before every contestant is interviewed by the casting producers," Wessling said. "The producers watch the audience the entire time and take notes on their behavior and

moment to stand out," Wessling said. "So, before I left Cedar City I wrote an essay titled "Why I Would be the Perfect Contestant on The Price Is Right." Then I printed it out and brought it with me. When it was my turn to talk during the group interview, I pulled the essay out of my shirt and proudly handed it to the producers. I don't think anyone had ever done that before, so they were impressed, and it was memorable. I think my interview played a large role

in getting selected as a contestant!"

While Wessling didn't win big on The Price Is Right, the SUU community congratulates her on the unforgettable experience and wishes her continued success in her studies and future endeavors. As the university continues to foster an environment that encourages students to pursue their dreams, Wessling's appearance on The Price Is Right serves as a testament to the limitless possibilities available to SUU students.



SUU Sophomore Lindsey Wessling makes her Thunderbirds proud as she offers her opening bid during the show.

COURTESY LINDSEY WESSLING

Price Is Right.

The episode aired on Thursday, January 11 and viewers across the nation tuned in to witness Wessling's exciting appearance on the beloved show. A lifelong fan of The Price Is Right, Wessling's dream of being selected to "Come on down!" became a reality, showcasing the unique and diverse talents of SUU students.

"I've been watching The Price Is Right since I was a little kid, and being a contestant is something I've always dreamed of," said Wessling. "When I heard my name, it was surreal – a dream come true! The experience was incredible, and I'm so grateful for the opportunity to represent SUU."

With over 120 audience members for the producers to choose from, being selected as a contestant takes much more than luck. "When you get

*"When I heard my name, it was surreal – a dream come true! The experience was incredible..."*

**Lindsey Wessling**

how they interact with others. I knew that I had to be my most outgoing and fun self, so I tried to introduce myself to as many people as possible and be a friendly face."

However, it is the interview that helps producers select who they want to "Come on down!"

"I knew the interview was my



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## UTAH LEGISLATIVE UPDATES

### Utah House of Representatives

It's time for another Legislative Session and I am thrilled to be back. This year is already off to an exciting start, and I will remain steadfast in my commitment to protect my constituents and Utah's inalienable right to a life of liberty and freedom. This session my goals are to protect our First Amendment, safeguard Utah families and children, and defend our natural resources and agriculture.

This year the House Majority Caucus prepares for the upcoming Legislative Session by identifying its key policy priorities. This year we identified four areas of focus: People, Resources, Accountable Government and Future. This legislative session, we will pass policies that address today's problems and create generational benefits for our constituents, for our future, and for Utah.

#### Cedar City Youth Council

I had the chance to meet with the Cedar City Youth Council and talk about my upcoming bills and welcome the youth into the world of policy.

#### Riley Gaines

I had the chance to talk to and connect with the lovely advisor and spokeswoman Riley Gaines. She works with Independent Women's Voice where she advances the mission of advocating for equality and fairness, and women's safety, privacy, and equal opportunities.

#### HB 0113 passes through committee

On Friday the 19th, my bill HB0113, Rural County Jail Facilities Tax, passed through the House Revenue and Taxation Committee unanimously. It's now moved on with a Favorable Recommendation. This bill will take the necessary steps to improve our outdated and inefficient jail facility. I presented my bill with the Iron County Commissioner, County Sheriff and the County Clerk. My bill, if passed will help rural counties fund new and necessary jails. I'm a conservative and believe transparency in taxation is vital to the American people.

I'm honored to continue to serve District 71 again for another year and let's get the ball rolling!

— Rep. Rex Shipp

#### The House Is In Session

Tuesday, January 16th marked the beginning of Utah's Legislative Session and my eighth year serving as a Representative. I am looking forward to representing the citizens

of District 70. During our inaugural meeting, Speaker of the House Mike Schultz asked all representatives to write down their "why" for legislative service on a piece of paper and raise it on the floor. I wrote, "Fight Federal Overreach". This session, I am serving again as the Chair of the House Public Utilities, Energy and Technology Committee, and as a member of the House Business and Labor Committee. I also sit on the Natural Resources, Agriculture, and Environment Standing and Appropriations Subcommittee, and Co-Chair of the Rural Caucus. I will continue to Serve on the Federalism Commission and the State Water Development Commission.

#### Snow College Visit And Performance

It's been a busy week here at the Capitol. On Tuesday, my wife Gail and I were honored to host Snow College President Stacey McIff, Dr. Michael Huff and the Snow College Cadence Chamber Choir. The Choir performed the National Anthem and Utah We Love Thee on the floor of the House of Representatives, which received a standing ovation. I am thankful that they made the drive from Ephraim to share their incredible talent with us.



REP. REX SHIPP  
UTAH HOUSE DISTRICT 72



REP. CARL ALBRECHT  
UTAH HOUSE DISTRICT 70

I've had the opportunity to meet with many constituents within this first week. I joined the Cedar City Youth Council for dinner on Tuesday night and with the Richfield Youth City Council on Wednesday. I enjoyed getting to speak with young men and women who are interested in politics and government. I also met with a Navajo Nation representative and members of the Utah Rural Schools Association to discuss their hopes and concerns on legislation this Session.

#### Legislation And More

In terms of legislation, I am running several bills this year, some of which were worked on during the Interim meetings in the summer and fall. You can track all my bills at Le.Utah.Gov.

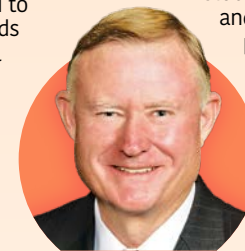
On Wednesday the House passed HB54 Coal Miner Certification Panel Amendments, which is a bill that extends a sunset clause for a panel to certify coal miners, it is essential that our miners are properly trained to do their jobs well. My bill, HB61 Water Measuring And Accounting Amendments passed unanimously out of the House Natural Resources Committee Thursday afternoon. HB61 addresses issues with telemetry, granting the State Engineer the rulemaking authority over measuring of water in the

state. You can't control what you don't measure. Finally, I will be presenting HB34 Agricultural Tourism Amendments Friday at noon in the House Judiciary Committee. This legislation allows for greater opportunities for farmers who want to invite the public to share the agricultural experience on their farms and ranches. I chaired the Rural Caucus on Friday morning. This is the largest Caucus on the hill.

Governor Spencer Cox delivered his State of the State address Thursday evening, titled "Be Weird Utah", highlighting the peculiar characteristics that set us apart from the rest of the nation. Utah has done well with several national recognitions, and I look forward to working with him and the House Majority Caucus on contributing to more.

My intern is Gage Duffin, a graduate of Utah State University. His email address is gduffin@le.utah.gov. His telephone number is 385-420-3079. I will be keeping you updated throughout the Session on these important issues that influence your local communities. I look forward to representing all the needs and interests of Rural Utah. Please contact me directly by email at carlalbrecht@le.utah.gov. You can also text or call me at 435-979-6578.

— Rep. Carl Albrecht



SEN. EVAN VICKERS  
UTAH SENATE DISTRICT 28

### Utah Senate

Dear friends and neighbors,

January 16 marked the start of the 2024 General Session. Over 45 days, until March 1, my fellow legislators and I will collaborate on various policy issues to create new laws and establish budgets for essential programs and services for the great state of Utah. In addition to passing legislation, Utah has a constitutional requirement to balance the state budget every year. Our state is the best-managed state in the nation. As we balance the budget during the session, I remain committed to being fiscally responsible, while identifying and creating policies that protect and support Utahns, all without financially putting our state at risk.

Rural Utah is the backbone of our state. Our needs differ from those in the Wasatch Front. Education, infrastructure, and land decisions impact our area differently than northern Utah. As we examine proposed legislation, I will always advocate for southern Utah to ensure we are equally represented.

On the morning of day one, Elder Kevin W. Pearson, General Authority Seventy of The

Church of Jesus Christ of Latter-day Saints, gave the opening prayer, and the Utah National Guard presented the American flag and led us in the Pledge of Allegiance. It was a special morning and an honor to start our session this way.

This week, we had the privilege of hearing from Gov. Spencer Cox during his State of the State address. The governor highlighted Utah's uniquely beautiful landscapes, people, and culture, and pointed to how when we work together, we accomplish great legislative successes and ensure our state continues to thrive. These successes include significantly reduced taxes, while providing the largest direct teacher salary raise and investing \$500 million into water conservation and agriculture optimization.

Additionally, two bills of note the Legislature is considering in committee hearings this week are:

H.B. 261 Equal Opportunity Initiatives focuses on supporting the success of all students in Utah's universities, colleges and K-12 schools, while ensuring public educational institutions and government entities remain neutral on political issues and protect freedom of speech on campuses and in the workplace. H.B. 261 also seeks to invest in "Student Success Offices," providing support, guidance, and resources for all students, including those who have a higher likelihood of not completing college.

S.B. 57 Utah Constitutional Sovereignty Act sets up a legislative framework and a legal process for the Utah Legislature to restore the proper balance between the state and federal government. At times, the federal government proposes a rule or regulation that is overreaching and unconstitutional, based on the rights reserved to the state under the 10th Amendment of the U.S. Constitution. S.B. 57 creates a process that allows the Legislature to propose a resolution to deny federal government overreach. Any proposed concurrent resolutions will go through the legislative process and abide by, and respect, the U.S. Constitution and the courts.

Utah is the number one state in the nation. We that live here know this, but also, even national ranking entities like U.S. News and World Report say the very same thing, naming Utah in 2023 as the best state in the nation. Utah consistently demonstrates that effective governance includes limiting government overreach, and encouraging free-market solutions. I thank you for staying informed and involved along the way, and welcome your feedback. It is a privilege to represent District 28. I will continue to share weekly updates throughout the session.

— Sincerely, Evan

# Rep. Maloy Joins Congressional FFA Caucus

from *Bella Pinnock*

FOR IRON COUNTY TODAY

WASHINGTON, D.C. — Congresswoman Celeste Maloy announced that she has joined the Congressional FFA Caucus for the 118th Congress. The FFA Caucus is an informal, bipartisan group of U.S. Representatives dedicated to issues related to the next generation of agricultural leaders and students pursuing careers in agriculture, food, natural resources, and related sciences.

“I am excited to join the Congressional FFA Caucus. As someone who went to school on a Future Farmers of America scholarship, I can confidently say that I wouldn’t be where I am today without my involvement in the FFA as a young student. I look forward to working with Representatives Mann, Panetta and other members to ensure ‘the promise of better days through better ways,’” said Rep. Maloy.

“We are excited to welcome Representative Maloy to the Congressional FFA Caucus,” said Reps Tracey Mann and Jimmy Panetta, Co-Founders and Co-Chairs of the FFA Caucus. “The FFA Caucus provides a unique opportunity for Congress to reach across the aisle and support the next generation of leaders in food and agriculture. Representative Maloy will be a valuable member of the caucus, and we look forward to working together to ensure that the next generation is equipped to meet the challenge of delivering food, fiber, and fuel to the world.”

The National FFA Organization is a congressionally chartered school-based national youth leadership organization of more than 850,823



COURTESY PHOTO

student members as part of 8,995 local FFA chapters in all 50 states, Puerto Rico, Washington D.C., and the U.S. Virgin Islands.

In the 117th Congress, 42 members of the U.S. House of Representatives were part of the FFA Caucus. Last year, Representatives Mann and Panetta led nearly 90 of their colleagues on a bipartisan resolution designating February 19-26, 2022, as National FFA Week. To date, the FFA Caucus has hosted more than 2,000 FFA members on Capitol Hill.

For more information about the Congressional FFA Caucus, visit the website here, <https://ffacaucus-mann.house.gov>.

## Utah Senate President Adams responds to Gov. Cox’s State of the State Address

SALT LAKE CITY — President J. Stuart Adams issues the following statement following Gov. Spencer Cox’s 2024 State of the State address:

“Tonight, Gov. Cox highlighted the innate, unwavering goodness in Utahns. As Gov. Cox said, ‘Utah still believes in the win-win.’ We work together, uplift those around us and give back. We know how to sustain prosperity, maintain upward mobility and ensure the American dream stays alive and well by working together the Utah Way. We know that

the issues we face as a state – from energy to affordable housing to homelessness – are ones we will face head-on because of the collaborative nature of the Utah spirit. I stand united with the Governor, Lt. Governor and my colleagues in the Legislature to have the necessary foresight to keep Utah the best state in the nation.”

The full address given by Gov. Cox can be viewed at <https://governor.utah.gov/state-of-the-state-address/>

## NATIONAL DEBT

« CONTINUED FROM PAGE 5

our defense industrial base. As the Chinese Communist Party works to overtake us as the global superpower, we cannot allow the national debt to burden our country so greatly to the point that we are unable to make the necessary investments in national security.

Two-thirds of the federal budget happens automatically—without a vote by Congress—and over time, Congresses have moved more and more domestic spending into this category. As Washington bounces from one government funding fight to the next, it is important to keep in mind that fights over annual appropriations only include merely one-third of the federal budget.

Getting our country back on track will take more than adjustments to discretionary spending levels. Now more than ever, we must find bipartisan solutions that stabilize our nation’s finances for future generations. American families need stability. Requiring bipartisanship, as our fiscal commission does, ensures Congress reaches solutions that will stand the test of time.

We have proposed the establishment of a bipartisan, bicameral fiscal commission tasked with finding solutions to strengthen our fiscal health and meaningfully decrease the national debt. This 16-member commission would consist of 12 members of Congress and four outside experts, equally appointed by congressional leaders.

This commission would look at the federal budget as a whole—closely examining both spending and revenue sources, leaving no stone unturned. It’s important to note that there are no preconceived outcomes and any proposal recommended by the commission would require bipartisan support to advance.

Getting out of this mess will require putting aside the political posturing. There are possible solutions that improve our nation’s fiscal future and preserve critical programs, like Medicare and Social Security. A bipartisan fiscal commission, like the one we are proposing, is the most practical and immediate chance we have to advance those solutions, address this crisis and protect seniors.

Those who claim a fiscal commission is simply a trojan horse for cuts to Social Security and Medicare are engaging in fearmongering. What will jeopardize these benefits is inaction—keeping the status quo. Social Security will become insolvent in less than ten years, which would result in an automatic cut in benefits by 24 percent. That is unacceptable. Those who propose doing nothing are effectively paving the road to bankruptcy of Social Security and Medicare. Congress needs to find solutions that preserve these essential programs for Americans who today are in their 20s, 30s, and 40s.

The national debt is the greatest threat our country faces—and we are rapidly approaching the crisis point. We were elected to lead, and that involves making sacrifices and tough decisions. There is growing appetite on both sides of the aisle to address our national debt. It is time for Congress to put the interests of the country ahead of political expediency and get us on sound fiscal footing before it is too late.

# Foster care provides youth hope for present and future

from Amy Bates M.S.Ed

UTAH FOSTER CARE, SW REGION

The statistics for teens in foster care can be grim and, at times, feel hopeless. However, by listening to their voice, we can begin to hear the pain and need behind their words. This will allow us to discover meaningful ways we can begin to make a difference, not only in their immediate lives but in their futures as well.

With this goal in mind, Utah Foster Care is hosting a Teen Speak Forum on Feb 1st at 6:30 pm at the Family Support Center (535 S. Main St. #5). Young adults who have experienced foster care will bravely come forward to share their stories. We will also have representatives from the community there to offer practical suggestions on ways you could change the narrative of this vulnerable population.

I had the privilege to speak to a former foster youth about the experience they lived.



COURTESY PHOTO

“Being placed into foster care, I was stripped away from all of what made me who I was. All my permanent connections were lost, and all my friends and family relationships were gone. I felt dehumanized.”

As I finished speaking with this young adult who had spent time in foster care, he issued this challenge,

“By changing your perspective on youth in foster care, by simply seeing them as human, you can allow them to follow their passions, instead of focusing on all the things that need to change in their life. That would be tremendously beneficial. We can all aim to amplify the voices of foster youth by creating a space that allows

*“We can all aim to amplify the voices of foster youth by creating a space that allows for them to create their own narrative in life.”*

*former foster youth*

for them to create their own narrative in life.”

I would echo his challenge and encourage everyone to step out into unknown and possibly scary terrain to see what they can offer to the youth of our future. To RSVP or if you have any questions, please contact Amy Bates at [amy.bates@utahfoster-care.org](mailto:amy.bates@utahfoster-care.org).

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# showcase

ARTS + ENTERTAINMENT IN IRON COUNTY

# BIG FISH

Community Theatre performance catches audiences hook, line & sinker

by Stephen Wagner

FOR IRON COUNTY TODAY

Cedar Valley Community Theatre continues performances of the new Broadway musical, *BIG FISH*, January 25-27, 7:30pm at the Heritage Center Theater. Assistant Director Torri Adams has fallen in love with this unique musical.

"I did not initially know the story of *BIG FISH*. Being introduced to it through this musical has endeared it to my heart. Many of the themes hit close to home for me, as I'm sure it will for everyone who sees it. The musical showcases our ability to touch people's lives, even in the smallest ways, and the idea of creating a legacy for our families is a beautiful message to bring to the stage. It's also very funny and filled with incredible songs and choreography!"

This exuberant musical comedy tells the tale of Edward Bloom, a traveling salesman and his larger-than-life adventures. From encountering a witch and befriending a giant, to working in a circus in order to meet the girl of his dreams, Edward lives a life without fear, and his good deeds



*There's nothing fishy about this funny and fantastic leap into the imagination to find the celebration of life!*

# The absent “gift-giving” gene

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

I come from a long line of gifted gift givers. No one could beat my mother when it came to remembering some small reference you made in July to something you liked or wished you could afford. Then there it was—under the Christmas tree months later, having resided in the interim in a place called “lay away”, where the store kept the item and the buyer made monthly payments on it until it was paid for. And they weren’t tacky or kitschy items, either. She bought beautiful things that added to the development of my sense of style and good taste. My sisters all shared her ability to give the most appropriate and classy gifts ever.

All I can think of, when it came to me, is that I was either practicing the piano or reading when that particular gene was handed out, because I do not have the knack for gifting that everyone else does. Except this year! And I am happy to say that I was the star present-giver this year!

Several months ago, while cleaning out a closet, I saw my stack of t-shirts from the Utah Summer Games road races. And hanging on a multi-armed coat hanger nearby were the medals to go with them. (I must modestly say that I won a medal every time I ran.) It occurred to me that my grandchildren might consider them to be good reminders of their Grandma’s hobby. I pictured shadow boxes with the matching

shirt and medal(s) that could be hung on a wall and duly admired on a daily basis. So, during Thanksgiving week I gratefully assisted my artsy daughter as we assembled 10 shadow boxes.

We stiffened the shirt fronts with art board, tucked the rest of the fabric behind, and pinned the fabric and the medal ribbons on the backing of the boxes. Each year’s shirt design was different, some very clever (one like a car license plate), all attractive. One could tell my place in the race by the color of the medals—gold for first place, etc. The boxes were a surprise and a hit. I

was very happy and quite sure that no one in Cedar City had anything like them.

Another great gift, and one that I just recently mentioned, is

food. The advantage of food is the it goes away, either by being eaten or thrown away. But the result is the same: you don’t have to find a place for it, clean it, or hang it on a wall. Our family’s signature gift is the peanut brittle we spread far and wide. But we were really lucky this year to be on the receiving end in a community that values the culinary art of baking. I have a freezer full of great bread!

Count the darling bird feeder hanging in my front yard that looks like a little house covered with seeds of various sizes, and my presents this year, both received and presented, are unusual and creative. Maybe that part of my DNA is kicking in after all.



# Performance at SUU spotlights music in the Civil Rights Movement

by Christina Schweiss

FOR IRON COUNTY TODAY

The 2024 APEX season began on Jan. 18 in the Hunter Charles Conference Center on SUU’s campus. The event was a performance of Martin and Music. Charles Holt and Gerald C. Rivers are the voices behind Martin and Music and their performance was all about spreading Martin Luther King Jr’s message about music and its power in the world.

the soundtrack of the movement. As they were marching and put in jail, they would sing songs. Music had a very important part to the civil rights movement.”

The show concluded with a Q and A where audience members were able to ask both Holt and Rivers questions. Rivers explained that Martin and Music is “meant to be a shared experience.”

Holt expressed how he doesn’t believe in being politically correct in order for people to feel comfortable. He said, “We need to be



Charles Holt (L) and Gerald C. Rivers are the voices behind Martin and Music and their performance was all about spreading Martin Luther King Jr’s message about music and its power in the world.

CHRISTINA SCHWEISS

Rivers took on the persona of Martin Luther King Jr. and recited some of his lesser-known speeches. Holt tied into the show by performing songs from the civil rights movement, such as, ‘God’s Been Good To Me,’ ‘Balm in Gilead,’ and ‘Amazing Grace.’

The performance was very intimate, and one could hear a pin drop once Holt finished singing. The audience could feel Martin Luther King’s spirit. Holt said, “music is the great language and the communicator that brings us all together.”

The message of Martin and Music was all about spreading love and music. Rivers said, “King’s words remind us to love.”

Holt explained, “The music was actually

uncomfortable. We need to hear all of what was said.”

When an audience member asked about movements of today, Holt explained that a movement is more than just a march - it has to have structure. Movement’s don’t destruct.”

Leaving the audience with some final words, Rivers said, “We do this for one person to get it. Don’t leave here the way you came in. When you leave here today, take something with you.”

The next APEX event will occur today, Jan. 25 and the guest lecturer will be Douglas Ipson. All APEX events take place at 11:30 on Thursdays.



## BIG FISH

« CONTINUED FROM PAGE 12

become the stuff of legend. According to Adams, "being part of Cedar Valley Community Theatre has connected my family to so many people in Cedar City. It's such a joy to work with old friends while making new ones in every production I'm involved in. BIG FISH is a perfect representation of our community and I'm proud to be a part of it." Bring your entire family to this hilarious and moving celebration of life! Tickets available at the Heritage Center Box Office and [cvct.online](http://cvct.online).



PHOTOS BY ERIN SHAKESPEAR-BISHOP



## THE 1826 &amp; 1827 SOUTHWESTERN EXPEDITIONS OF

## Jedediah S. Smith

by Jay M. Jones

FOR IRON COUNTY TODAY

Jedediah Strong Smith, one of America's great explorers, passed through Iron County twice: first in 1826 and then again in 1827.

Smith, born in New York in 1799, traveled to St. Louis in 1822, where he joined "Ashley's Men," one hundred men recruited to trap for furs in the Rocky Mountains. In 1825 Smith became a partner with Ashley in the fur business. In 1826 Ashley sold his interest in the company to Smith and business partners William Sublette and David Jackson.

Also, in 1826 Smith began an epic expedition in the Southwest to assess its fur trapping potential and to look for a route to the Pacific Ocean that might simplify the logistical problem of getting furs to market. At that time the American Southwest was almost totally unknown to Americans. Although the Southwest could not compete with the Northern Rockies in the production of furs, and a simple route to a Pacific port was not to be found, Jedediah Smith's Southwest Expedition

became an American classic.

Dale Morgan is a noted Utah historian and the author of the biography "Jedediah Smith and the Opening of the West," copyrighted in 1953. This book is still a rock-solid source for the contributions Smith made to the development of the American West.

In March 1967 Morgan was in St. Louis to give an address to the Missouri Historical Society.

"He expressed the hope that perhaps the attics and closets of the city might still provide exciting discoveries in the way of fur trade material to add to the Society's already impressive archives on the subject," according to the introduction to the book, "The

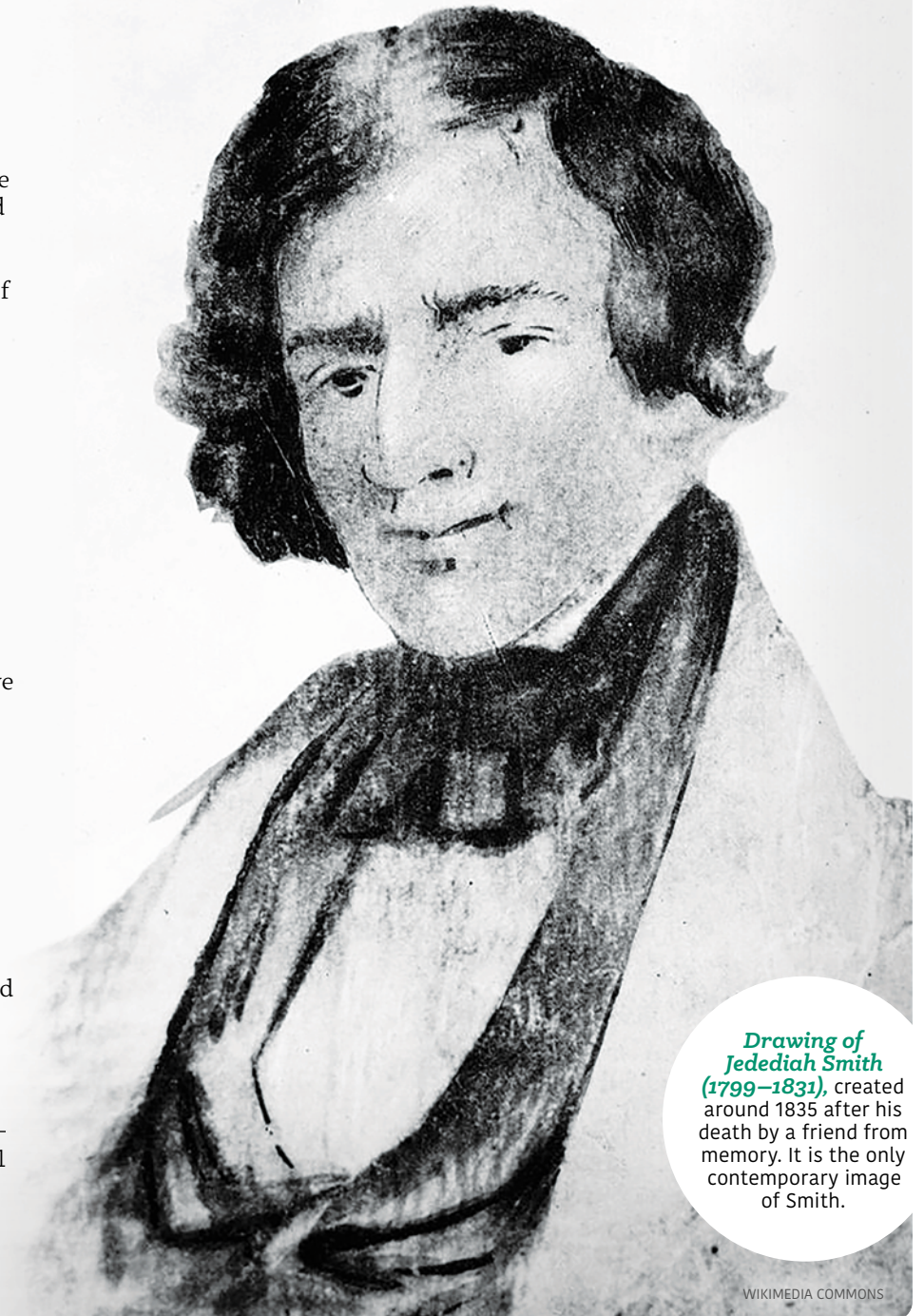
Southwest Expedition of Jedediah S. Smith: His Personal Account of the Journey to California, 1826-1827."

George R. Brooks, editor of the book, continues his introduction: "About four months later . . . a friend came to my office with a group of papers . . . Among the things he offered was a simple cardboard box from around the turn of the

see **SMITH** » 21



HISTORICAL  
THREADS



*Drawing of Jedediah Smith (1799-1831), created around 1835 after his death by a friend from memory. It is the only contemporary image of Smith.*

## calendar

## THURS, JAN 25

## I.V. NURSE DAY

**IRON COUNTY HOMELESS COUNCIL (3PM) @** Libertad Community (Building A) 1044 N. Hovi Hills Drive, Cedar. A collaboration of homeless providers, public agencies, private entities committed to reduce causes of homelessness in Iron, Beaver, Garfield, Kane counties.

**BIG FISH (25TH – 27TH, 7:30PM) @ HERITAGE** Center Theater (105 N 100 E, Cedar City). Performance by Cedar Valley Community Theatre. General Admission \$15. Discount Admission (seniors, students with ID, children 12 and under) \$10. Special group pricing available for orders of 10 or more. Tickets purchased at Heritage Center Box Office or [www.cvct.online](http://www.cvct.online).

## FRI, JAN 26

## FUN AT WORK DAY

**CEDAR BREAKS SNOWSHOE HIKE (FRI, SAT, SUN, 10-3pm, thru March 31) @ Cedar Breaks.** \$10 person. Ranger guided, educational, beginner friendly. Snowshoes, poles provided. Reservations required. 1 mile roundtrip through snowy terrain. No cost. Dress Warm. [CedarBreaksInfo@nps.gov](mailto:CedarBreaksInfo@nps.gov) or 435-986-7120. Reservations confirmed by Friday prior to scheduled walk.

**SUMA: CREATE PLAYDATE (10AM) @** Southern Utah Museum of Art (13 S 300 W, Cedar). A special storytime and hands-on creative activity in performing and visual arts. Each Create Playdate is about 45 minutes long. Geared toward preschool children (ages

3 to 5) and their parents or guardians. Every book read at Create Playdate is followed by engaging and hands-on arts activities that can be enjoyed by the whole family. FREE. Registration not required.

**POP-UP COLLAGE PARTY (5-8PM) @** Artisans Art Gallery (94 W University Blvd, Cedar). Registration \$15 adults. Kids (7-17yrs.) FREE—must be accompanied by an adult) available on [eventbrite.com](http://eventbrite.com). Artist Emily Ronquillo is hosting a drop-in collage party with all the supplies you need. Participants receive plastic storage envelope to create their collage kit or take their work-in-progress home after the party. Space is limited.

**OTC 20TH BIRTHDAY SHOW (8PM) @ OFF** the Cuff (913 S Main, Cedar). \$10 at the door. Tickets/INFO: [otccomedys.com](http://otccomedys.com).

## MON, JAN 29

## PUZZLE DAY

**SUMA COMMUNITY NIGHT (5-7PM) @** Southern Utah Museum of Art (13 S 300 W, Cedar). Join SUMA for a STEAM-centered evening. Practice your skills as a “boxitect” by creating extraordinary things out of cardboard boxes. Attendees can collaborate on a cardboard city, as well as enjoy soup and refreshments. FREE for all ages. INFO: 435-586-5432.

## TUES, JAN 30

## STORYTELLING WEEK

“THROUGH THE ART OF STORYTELLING, WE can preserve our heritage, educate future generations, and inspire change.” Philipp Humm

## WED, JAN 31

## INSPIRE HEART WITH ART

**CEDAR CHEST QUILTERS' GUILD ANNUAL** RETREAT (Wed-Fri, 8am-6pm, Sat 8am-12pm) @ Heritage Center (105 N 100 E, Cedar). View quilts, visit vendors. FREE. INFO: [cedarchest-quiltersguild.org](http://cedarchest-quiltersguild.org).

**WONDER WEDNESDAY – (4-6PM) @** Frehner Museum of Natural History (162 S 300 W, Cedar). FREE for all students K-5. Children, accompanied by an adult, can join for fun make-and-take activities self-guided programming. INFO: (435) 865-8547.

**CHARACTER SKETCHES (WEDS, 6:30-8:30PM)** @ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

## THURS, FEB 1

## HEROES DAY

“A HERO IS SOMEONE WHO HAS GIVEN his or her life to something bigger than oneself.” Joseph Campbell

## FRI, FEB 2

## GROUNDHOG DAY

**SUMA: CREATE PLAYDATE (10AM) @** Southern Utah Museum of Art (13 S 300 W, Cedar). FREE! A special storytime and hands-on creative activity in performing and visual arts. About 45 minutes long. Geared toward preschool children (ages 3 to 5) and their parents/guardians. Every book read is followed by engaging and hands-on arts activities.

## SAT, JAN 27

## HOLOCAUST REMEMBRANCE DAY

**CEDAR CITY FARMERS MARKET** (10am-1pm) @ IFA (905 S Main St, Cedar). FREE. Farmers, food, artisans. Drawings, bingo, more! INFO: Facebook, Cedar Saturday Market, or Nancy 435-463-3735.

**FESTIVAL CITY MARKET (10AM-1PM) @** (Center St. & 100 W) By Bristlecone Coffee. FREE. Handmade treasures and a bounty of local farmers, backyard gardeners, fresh fruits, veggies, with local artisans for jewelry, art, wood, pottery.

**MIDVALLEY FARMERS MARKET & ARTISAN** FAIRE (5-8pm) @ (780 Midvalley Rd. Enoch). Live music, jump house, face painting, and more. Beautiful, unique items. Have dinner, listen to music, let the kids play in the jump house. INFO: Text: 435-704-6916.

**LABYRINTH WALK (NOON-2PM, 40-MIN** sessions) @ St. Jude's Episcopal Church (70 N 200 W, Cedar City). Gentle contemplation within sacred space. Largest indoor labyrinth in Utah. This meditative, prayerful practice has been used for centuries. Join us regardless of faith, or experience. FREE. Facilitators present. Rain or shine. INFO/Reservations please call Anne 702-539-3400.

**OPEN MIC (4TH SAT, 7-9PM) @ FRONTIER** Homestead (635 N Main, Cedar) FREE Family friendly event to showcase your talents, music, poetry, comedy, magic, etc.

## SUN, JAN 28

## LEGO DAY

“IT IS ONLY WHEN WE TAKE CHANCES, when our lives improve. The initial and the most difficult risk that we need to take is to become honest.” — Walter Anderson

CEDAR VALLEY COMMUNITY THEATRE PRESENTS

**DREAM BIGGER.**

**Big Fish**

A NEW BROADWAY MUSICAL

Music and Lyrics by Andrew Lipppa  
Book by John August  
Based on the novel by Daniel Wallace and the film by Tim Burton

**JANUARY**  
19, 20, 22,  
25, 26, 27  
7:30 PM

**HERITAGE CENTER THEATER**  
105 N 100 E, CEDAR CITY

GENERAL ADMISSION: \$15  
SENIORS 55+, STUDENTS W/ ID, CHILDREN 3-12: \$10

TICKETS: HERITAGE CENTER BOX OFFICE  
AND [WWW.CVCT.ONLINE](http://WWW.CVCT.ONLINE)

Presented in Association with Theatrical Rights World Wide, New York, NY



## calendar

## ONGOING OPPORTUNITIES

## GOVERNMENT

**Brian Head Council**

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

**Cedar City Council**

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

**Enoch City Council**

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

**Enoch Planning Commission**

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

**Iron County Commission**

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

**Iron County Democrats**

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

**Iron County Republican Women**

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

**Parowan City Council**

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

## SERVICE GROUPS

**American Legion Post 74**

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Learn about Veteran benefits, opportunities, fellowship. Honor Guard provides military honors at Veterans funerals. Post Commander Darrin Duncan (435) 704-1466.

**Bikers Against Child Abuse**

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Rm)

**DAR – Bald Eagle Chapter**

2nd Sat, 10 am • Cedar Library, 303 N 100 E

**Elks Lodge #1556**

111 E Freedom Blvd. Cedar City, (435) 586-8332

**Lion's Club**

Tues, 12 pm • Call Pres. Michelle Wilson for mtg. info. Everyone welcome! (802) 359-2183

**Marine Corps League**

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

**Rotary Club**

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

**So. Utah Veterans Assoc.**

1st Thurs, 7pm • Westview Christian Center (2624 West Hwy 56, Cedar). Veterans, First Responders, Aall are welcome to attend.

## SUPPORT GROUPS

**AA—Alcoholics Anonymous**

(435) 635-3603 • [www.utahaa.org](http://www.utahaa.org). Helpline: John (702) 802-1332, Kara (702) 232-6829 KKCBC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Speaking From The Heart** • M – Sa, Noon

**Steps and Traditions** • M – Su, 7 am

**Red Road to Sobriety** • Mon, 6 pm Paiute

Tribe, 440 N Paiute (435) 586-1112 Ext. 307

**Misfits** • M – F, 6 pm

**Cedar Group** • Tues, 8 pm

**The Great Fact** • T, F, Noon. True Life Center 2111 N. Main. (702) 802-1332 or (702) 533-7856

**Red Creek Group** • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

**Uncommon Sense** • Sat, 10:00 am

**My Story** • Sat, 8 pm

**Thank God Sunday Spiritual** • Sun, 11 am

**What a Way to Start the Day** • Su, W, F 7-8 am • All are welcome

**Al-Anon**

KKCBC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Al-Anon** • 1st, 3rd Tues, 7-8 pm • 435-704-8984

**Easy Does It** • Tues, 7-8 pm • (435) 559-3333

**Hope for Today (Family Groups)**

Thurs, 6 pm • (435) 559-3333

**Alzheimer's/Dementia**

Lst Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn about/access resources, connect with others for support. Raven Albertson, 385.831.7124, [utahprograms@alz.org](mailto:utahprograms@alz.org).

**ARP—Addiction Recovery**

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan Sun 7:30 pm • 85 N 600 W, Cedar, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

**Caregivers**

3rd Thurs, 5:45-7 pm • Zion's Way Home Health, 369 N 100 W #1, Cedar. All levels of the caregiver's journey from pre-caregiving to bereavement and rebuilding welcome. INFO: Kat at 702-292-9911.

**Celebrate Recovery 12-Step**

Fri, 6:30 pm • Sunrise Christian Church (6843 W 1800 N, Cedar). God can change any hurt, habit or hangup, not just alcohol addiction INFO: 435-586-3640

**Embrace Grace**

Unmarried, pregnant? You don't have to walk alone! Safe, judgment-free zone. Free baby stuff at a baby shower for you. Text or call 407-719-8595. Info under Resources tab @ Threshingfloor.life.

**Grief Support Group**

2nd Tues, 5 pm • Southern Utah Mortuary (190 N 300 W, Cedar). Safe, supportive for those who have lost loved ones. You are not alone. Free. INFO: 435-586-4040

**Grief Support - Child Loss**

1st Tues, 7 pm • Cedar Library (303 N 100 E). FREE for bereaved parent, sibling or grandparent. Includes any child loss (pre-birth, young, teen, adult). INFO: 435-327-1856

**Helproom**

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, share perspectives on healing, recovery. Join: [affiliate.rainn.org/helproom/canyoncreekservices](http://affiliate.rainn.org/helproom/canyoncreekservices).

**Multiple Sclerosis**

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

**Narcotics Anonymous**

[www.nasouthernutah.org](http://www.nasouthernutah.org) • (435) 635-9603 KKCBC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Basic Text Study** • Mon, 8 pm

**Just for Today** • Wed, 8 pm

**Hope Without Dope** • Thurs, 8 pm

**Live and Let Live** • Fri, 8 pm

**Candle Light Mtg** • Sat, 9:30 pm (Sm rm)

**Women Only** • Sun, 11 am

**Dopeless Hope Fiends** • Sun, 8 pm • Mtg Hall, 1067 S Main, Cedar (877) 865-5890

**Nicotine Anon (12-Step)**

Fri 5 pm • KKCBC 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

**Porn Addiction Recovery**

Men Only • Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

**Pregnancy, Infant Loss**

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • [www.southernutahshare.com](http://www.southernutahshare.com)

**Senior Blind/Visually Impaired**

3rd Thurs, 1:30 pm • Cedar City Library

**Southern Utah Veterans Assoc.**

1st Thurs, 7 pm • Westview Christian Ministry, 2624 W Hwy 56, Cedar. INFO: Chuck Waddell 907-252-1365.

**Southwest Parkinson's Alliance**

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

**Widows Ministry**

2nd Sat, 11-1 pm • New Journey-Widow's Ministry @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, [info@sunrisechurch.net](mailto:info@sunrisechurch.net), [sunrisechurch.net](http://sunrisechurch.net).

## CLASSES, CLUBS &amp; ACTIVITIES

**Adult Barre/Modern Dance**

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels. Free to members, or \$8 drop-in fee.

**Arthritis Foundations Exercise**

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

**Arts for Adults w/ Disabilities**

Every other Tues, 1-2pm, starts Nov. 28. • Johnson Arts Center (59 N 100 W Cedar). Fun, engaging activities. Drum/Flute circles, group juggling, fine arts projects, more! All levels/abilities! 702-917-2151.

**Bingo & Lunch**

Fri, lunch @Noon, Bingo @3 pm. Free for Seniors @ Our House Assisted Living (995 S Regency Rd, Cedar). INFO: 435-867-0055.

**Book Club**

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

**Boy Scout Troop 1848**

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door. Text Sheila 805-208-4545

**Cedar Breaks Model A/ Vintage Car Club**

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email [cedarmodela@gmail.com](mailto:cedarmodela@gmail.com).

**Cedar Chest Quilters' Guild**

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. [cedarchestquiltersguild.org](http://cedarchestquiltersguild.org)

**Cedar City ESL**

Wed, 6:30 - 7:30 pm • Free ESL lessons offered at Cedar Library, Rare Book Room (303 N 100 E). No pre-registration required.

**Cedar City Toastmasters**

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

**Cedar Professionals**

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit [www.cedarprofessionals.org](http://www.cedarprofessionals.org)

**Cedar Radio Control Club**

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

**Color Country Winds**

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

**Cub Scout Pack 1848**

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-2111.

**Explorer Bible Club**

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

**International Folk Dancing**

Fri, 1-2 pm • Cedar Senior Center (489 E 200 S) FREE: No Partner Needed; teaching! INFO: 626-808-6129

**Iron County Moms For America**

1st Wed, 7pm • Cedar City Library. Keep liberty alive in your hearts, homes with liberty minded book discussions. INFO: Kami Merrill 435-592-4152 or email: [ironcountymoms4america@gmail.com](mailto:ironcountymoms4america@gmail.com)

**O.A.R.S. Young Adult Group**

Tues, 9, 6-8 pm • Cedar Library (303 N 100 E). Open, Authentic, Relevant, and Spiritual. Dinner group, ages 18-30. Talk about spirituality, mutual support, curiosity, community service. Text 541-579-1554, [pastorschuyler@gmail.com](mailto:pastorschuyler@gmail.com)

**Parowan Pickleball**

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and sign up: Parowan Visitors Center 435-477-8190.

**PB&J Therapy Groups**

These two groups teach skills for different areas of life by utilizing recreational activities and engaging in other forms of expressing emotions. INFO: 435-267-4212. College: [forms.gle/SmGytgCfvQ1tS2pB7](https://forms.gle/SmGytgCfvQ1tS2pB7) Adolescent: [forms.gle/BZiepPW63pR6Zd8k9](https://forms.gle/BZiepPW63pR6Zd8k9)

**Rock Club**

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about

geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. [southernutahrockclub.org](http://southernutahrockclub.org)

**Sagebrush Fiber Artisans Guild**

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

**Senior Yoga Classes**

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

**Sewing Group**

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

**Southern Utah Woodturners**

2nd Sat, 9 am. Cedar High School wood shop, 703 W 600 S.

**StrongBoard Classes**

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

**Tae Kwon Do Class**

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 N Royal Hunte Dr. \$25/mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

**Tai Chi For Health**

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

**Take Action for Freedom**

Wed, 7 pm • Stahli West 600 N. Airport Road, Cedar • Preserve Constitution, Republic, voting laws, medical freedom, education, rights, ed. on CRT & boarder illegal immigration, Legislature

**Top Bar Hive Bee Keeping**

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

**TOPS—Take Off Pounds Sensibly**

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

**Water Aerobics Class**

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

**Wellness Place**

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: [thewellnessplaceccc.com/upcoming-classes](http://thewellnessplaceccc.com/upcoming-classes)

**Wellness Wednesdays**

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PV: health, Info: Kristi Sharp (435) 986-2564, [ksharp@snuhealth.org](mailto:ksharp@snuhealth.org)

**Youth Group**

Wed, 6:30-8 pm • Ages 12-18. Meal, games & Bible Study. @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, [info@sunrisechurch.net](mailto:info@sunrisechurch.net), [sunrisechurch.net](http://sunrisechurch.net).

# schools

## IRON COUNTY SCHOOL DISTRICT NEWS NUGGETS

from *Braylie Tullis*

IRON COUNTY SCHOOL DISTRICT

### Canyon View Middle School

Canyon View Middle School is so grateful that our building leadership team puts in extra time beyond scheduled meetings to review and gather information to make important school decisions. Their goal is to work towards helping EVERY child succeed in an enriching environment. Thank you, leadership team!



### South Elementary

It has been a busy week at South Elementary. 4th graders had the opportunity to have an interesting and informative lesson about fossils presented by Sarah Black, a ranger from Zion National Park's Kolob Branch. Our 2nd and 5th graders enjoyed the play, Matilda, presented by the Cedar City Children's Musical Theatre. Some of the actors were students from our school. We want to give a shout out to our many volunteers. Thank you for the time you share helping our students.



### Three Peaks Elementary

January 17 was a busy day for Three Peaks Elementary. In the morning, the 4th and 5th grade classes were invited to attend a BookBreaks virtual author visit with Jeff Kinney, author of the popular "Diary of a Wimpy Kid" series. The student leadership team submitted a recorded question, and their question was one of only a few answered by Kinney during the event. Their question was, "How do you come up with ideas for your books, are any of them personal experiences?" Mr. Kinney answered that most of the ideas for the stories in his books are from personal experiences as a boy growing up. Crystal Hopkins, the librarian, has been providing monthly author visits in the library all year. Thanks to a partnership with LSTA (Library Services and Technology Act)

grant, USL (Utah State Library), and SEDC (Southwest Educational Development Center), the library has received books from each author. In the afternoon, the Repertory Dance Theater from Salt Lake City came to Three Peaks and taught the students many things. They focused on the history of dance, the choreographic process, and the art of improvisation. This dance demonstration gave us insight into how to watch, appreciate, and create dances. Please remember that January 29-February 2 is SEP week. School will dismiss Monday-Thursday at 2:30 pm and Friday at 1:30 pm. Be sure to attend your child's SEP conference to discuss the successes and needs of your child.



How do you come up with ideas for your books are any of them personal experiences?



### Lauch High School

Lauch High School recently announced their Quarter 2 Impress the Rest award recipients. The Impress the Rest Award is given to those students who complete all of their academic and project content in every class by the time that the quarter closes for the district. LHS is a competency-based school, which means that students are not allowed to move onto a new unit or a new quarter until they have

demonstrated proficiency, an 80% or higher, on every test in every class. The Impress the Rest standard is very difficult to achieve and is viewed by Launch teachers and administration as the equivalency of a 4.0 award. Congrats to all of our impressive students!



#### IMPRESS THE REST WINNERS (A DAY):

Julia Adair, Adelin Dalton, Alexandria Torres, Audrey Burr, Bracken Johnson, Briar Adams, Cam Biggs, Conner Criswell, Curtis Sabin, Dylan Templin, Eli Howard, Emery Miles, Emily Templin, Emma Savage, Ethan Cannon, Grant Aitchison, Halle Vickers, Hannah Despain, Isabelle McCleary, Jaydin Daniels, Jonas Hunt, Joshua Jones, Kaitlyn Palladino, Kaylin Haslem, Lillian Burr, Lillie Despain, Maylee Spencer, Miguel Hernandez Ramirez, Olivia Staheli, Riley Andrews, Salma Vazquez, Tate Killian, Ty Burton, Zakary Reid

#### IMPRESS THE REST WINNERS (B DAY):

Carson Miles, Amaya Romine-Norton, Jason Cheney, Abby Ralston, Akima Clark, Amaya Romine-Norton, Bridger Laird, Brooke Barnes, Bryson Barnes, Carson Miles, Cayden Whaley, Chance Gregersen, Crue Peterson, David Martineau, Ireland Hamilton, Jaxon Bealer, Kohen Carlson, Quinten Hansen, Sophia Clark, Tiago Maher, Zoe Shakespear, Thomas Moton

### Parowan Elementary and High school

Happy birthday to Parowan City! Students of all ages participated in the celebration of Parowan's 173rd birthday. Songs and dances were performed by every grade, culminating in the Grand March led by Citizen of the Year Sandra Benson. Parowan Elementary and Parowan High School enjoy giving back to their commu-

nity. The birthday celebration is an annual event students and residents look forward to every year.



### Fiddlers Canyon Elementary

We had a great turnout at STEAM Night last week. Students and their families learned about all kinds of scientific principles and phenomena. They also got to play with robots and explore the night sky. Thank you to all our volunteers and presenters! You made the experience possible. Don't forget about SEP Week coming up January 29-February 2. Watch for a message from your child's teacher to set up a conference. School will let out at 2:30 Monday through Thursday, and at 1:30 on Friday. Follow Fiddlers Canyon Elementary PTA on Facebook for more news and updates.



## schools

# Cedar High students celebrate Crystal Cotillion

## NEWS FROM THE DEN

by *Tsadakah Wilberg*

FOR IRON COUNTY TODAY

Crystal Cotillion—or the Winter Ball—has often faded into the background of Cedar students' minds. It isn't as big a deal to them as Homecoming or Prom. This year however, the student body planned a host of activities to make this Crystal Cotillion a memorable one. The week of the dance was filled with creative competitions and dress ups.

Since Cotillion week was shortened by the long weekend, there were only four dress up days but each were fun and creative. Tuesday, the girls created outfits based on famous singer Taylor Swift. The boys wore things reminiscent of popular rapper Kanye West. Wednesday, everyone paired up with friends and dressed as "Rhyme without Reason". Pairs would dress in outfits that rhyme, for example, exercise gear paired with overalls and a red shirt—Cardio and Mario. Thursday, students found their most luxurious clothes for Bougie day. On Friday, they wore their red clothing and school t-shirts.

On Tuesday, the student body gave out large sheets of paper to make posters. Provided with chalk, different groups of students were encouraged to create anything and then the posters were judged in a competition. Lots of teens partnered up to create beautiful, creative, or funny works of art. The student body intended it to bring everyone together in a fun way and this activity

definitely accomplished that goal. Thursday evening, everyone got together for a large dodgeball game between the different grades. After the game, students gathered around to watch the C be burned, a long standing tradition that everyone eagerly takes part in.

Friday morning, the pep band played songs filled with school spirit for students entering the building. Music could be heard throughout the school and gave everyone a little pep to continue through the day. The next day, January 20th was the dance which took place in the cafeteria. There were hours



Students created posters that were beautiful, creative, or funny works of art.

TSADAKAH WILBERG

of dancing and fun; an excuse to dress up in nice clothes for an evening.

It was a fun week of celebration for CHS students. Filled with long held traditions, fun activities, and new memories, this year's dance was one worth looking forward to. Yes, the Winter Ball has faded from the minds and memories of most of the students but the Crystal Cotillion will be a dance students remember fondly for years to come.

# Turn the Page

The stories of our lives may not always make the best headlines or bedtime stories. They may not always make the best benchmarks, springboards, speeches, or sermons, but they are our stories to live, learn from and to tell. We may not be proud of every page, or worthy of every word, but we must remember that each of us are more than the pages of our past, and that there are plenty of pages still left to write.

Each day the book of life gives us a new page, a new beginning. We can't erase what we've already written, but we don't have to let the ink of our pasts poison the fountains of our futures. Each new page (day) is a chance to make better choices and change the remaining chapters for the better. Yes, we will still misspell and make mistakes as we choose our own adventures, but they will be stepping stones to success and milestones to those who will follow in our footsteps. It is also crucial to remember that each trial can be transformed into a touchstone, not a tombstone. Never forget that each of us is always worth a new day and a new page.

Sometimes new days are daunting because our pasts are still haunting us. When the voice of fear tells us our future is forfeited because of our past failures, it's time to stop listening and looking backwards and start living forwards. We will no longer be held hostage by hopelessness. It's easy to only see what we've lost and at how great a cost, but don't take for granted each new day. It is an unexplored and untainted treasure.

We can learn to live again and create memories worth remembering. After all, our memory's main design is not to constantly maim or reprimand us,

but to remind us of the good and wonderful things life has given to us and still has to offer. Yes, our previous choices can affect our current ones, but those lessons learned can teach us how to make better choices, listen to better voices and write better stories.

The hero of your story may be hurting, forgotten, even disre-

garded and discarded, but the hero is still inside you. Maybe you think that your story is over, or that it's not worth writing, but your story is worth it and far from finished. No matter where you are right now, what you've gone through, or are

*“Don't take for granted each new day. It is an unexplored and untainted treasure.”*

still going through, open up the book of your life again.

The pen of the present is still in your hand. I know your heart has untapped wells filled with the ink of courage and hope. There are many more amazing and beautiful chapters left to write. It's time to turn the page and write a better story for yourself. Keep turning the page and write with all your heart and bring your story back to life. I know that it's going to be worth every page.

*the rut*  
LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



## family

## STICKY SITUATIONS

mom's  
CORNER(ED)by **Weslie Stratton**

CONTRIBUTOR



**M**y family recently enjoyed attending a sporting event in Las Vegas. The weather was ideal for allowing the kids to run free and play with cousins who were also attending! It didn't take long for them to find a pile of sand that kept them busy for the majority of the afternoon.

After weeks of indoor play I was relieved that they were able to take this time to enjoy the outdoors and stretch their legs. I didn't even mind that they were filthy from head to toe and would need a thorough scrubbing ASAP. I spent hours wiping dirt out of eyes, noses and even out of our



SHUTTERSTOCK

two-year-old's mouth. None of this slowed them down as they transported sand with toy tractors and dump trucks.

At the end of our event I spent a good 10 minutes pouring sand out of pockets, shaking out socks and wiping the kids down before buckling them into their car seats, and none of this bothered me. Sand is clean and comes off easily. What did bother me was the sticky mass I found on the bottom of our toddler's shoe!

The original substance had been stomped solidly into the sole and covered with dirt and grass until it was unrecognizable. Fearing the worst, I scraped it along a curb until I was able to determine that it was not dog poop. The alternative, however, was much stickier and would not be scrubbed, wiped or peeled away.

While a college education did nothing to prepare me for situations like this, years of motherhood have!

*“The original substance had been stomped solidly into the sole and covered with dirt and grass until it was unrecognizable.”*

Luckily our boy didn't need his shoes for the remainder of the day and I was able to stow them where the mystery goop would not be likely to make contact with anything else.

The next day I went about problem solving. Through a process of elimination and exploring most likely scenarios due to his surroundings at the time of contact, I determined that the goop was most likely sugar based. This knowledge led to the understanding that sugar dissolves in water. So I ran the faucet as hot as I could and placed the shoe sole deep to soak for a while. When I conducted a progress check I determined that my treatment plan was effective and the majority of the goop was removed with a paper towel.

Upon inspection I determined that the substance was consistent with a soggy fruit snack that dried after being ground into my son's shoe, creating a new form resembling concrete.

After all these years of applying my degree in Communications to my life, I am coming to realize that studying Chemistry could have done a better job at preparing me to handle all of the sticky situations I face as a mom!

## celebrations

## MISSION

**Emma Anne Rigby**

Emma Anne Rigby has been called to serve a mission in the Arcadia, California Mission for the Church of Jesus Christ of Latter-day Saints, Spanish speaking. Emma enters the Provo MTC January 31, 2024. Emma's parents are Travis and Amyanne Rigby.



## Want to submit an announcement?

There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements. Submissions can be made online at [ironcountytoday.com](http://ironcountytoday.com), or emailed to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or brought to 479 N 100 W, #1, Cedar City. The deadline is Friday at noon for the following week's issue. Announcements should be 100 words or less. Please call 435-701-9982 for pricing for all other announcements.

# D9 Meats

## 10% OFF

### JANUARY 27TH

**Pork Tenderloin**  
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## SMITH

« CONTINUED FROM PAGE 15

century with his grandfather's name written upon it. This modest reliquary was opened to reveal two segments of an apparently lengthy manuscript which began with the words: 'August 7th, 1826, at our rendezvous at a place known as the bend of the Bear River. My Partners Messrs Jackson & Sublette and myself ...'

Smith's journal tells of the incredible journey through Utah, down the Virgin River Gorge south of present-day St. George, along the Colorado River south to an encampment of Mohave Indians, then across the Mohave Desert to the Spanish Missions of Southern California. Smith lists 18 men that constituted the expedition. In addition, some women and children accompanied the party.

The journal mentions that the expedition trapped for beavers in Southern Utah on the Beaver River for 2 or 3 days, and that Smith followed it downstream, noting its eventual disappearance into the desert sands. Smith called the stream Lost Creek.

Continuing south from the present site of Beaver, Utah, Smith records: "Leaving lost Creek I traveled over some very rocky hills for ten miles I then entered a valley which run a little west of south varying from 3 to 7 miles in width and followed down this about 20 miles before we found water."

The exploring party camped in the vicinity of Paragonah and Parowan. About this time they ran out of dried buffalo meat, which they had procured before starting the journey. They killed two or three antelope in the area. Smith writes: "Robeseau and Nipasang (two of the party members) with their women and boys left us today as they were anxious to go more East which I would not consent to do."

Whether Robeseau and Nipasang followed the Old Spanish Trail up Little Creek Canyon near Paragonah, whether they took another canyon into the mountains, how extensively they explored the Southern Utah mountains, and whether they rejoined the Smith expedition at a later time, is not clear.

Smith's expedition continued south and west, descending Ash

Creek to the Virgin River, which Smith called the Adams River in honor of President John Quincy Adams. After arriving in Southern California via a Mohave Desert route, the Smith Expedition was welcomed at the San Gabriel Mission by Father José Bernardo Sánchez. At the same

Nevada Mountains and then traverse the Great Basin desert to finally arrive at Bear Lake in time for the 1827 rendezvous. After the rendezvous, Smith returned to his men in California with some variation to the route of the year before. Traveling south from Bear Lake with 18 men, they skirt the

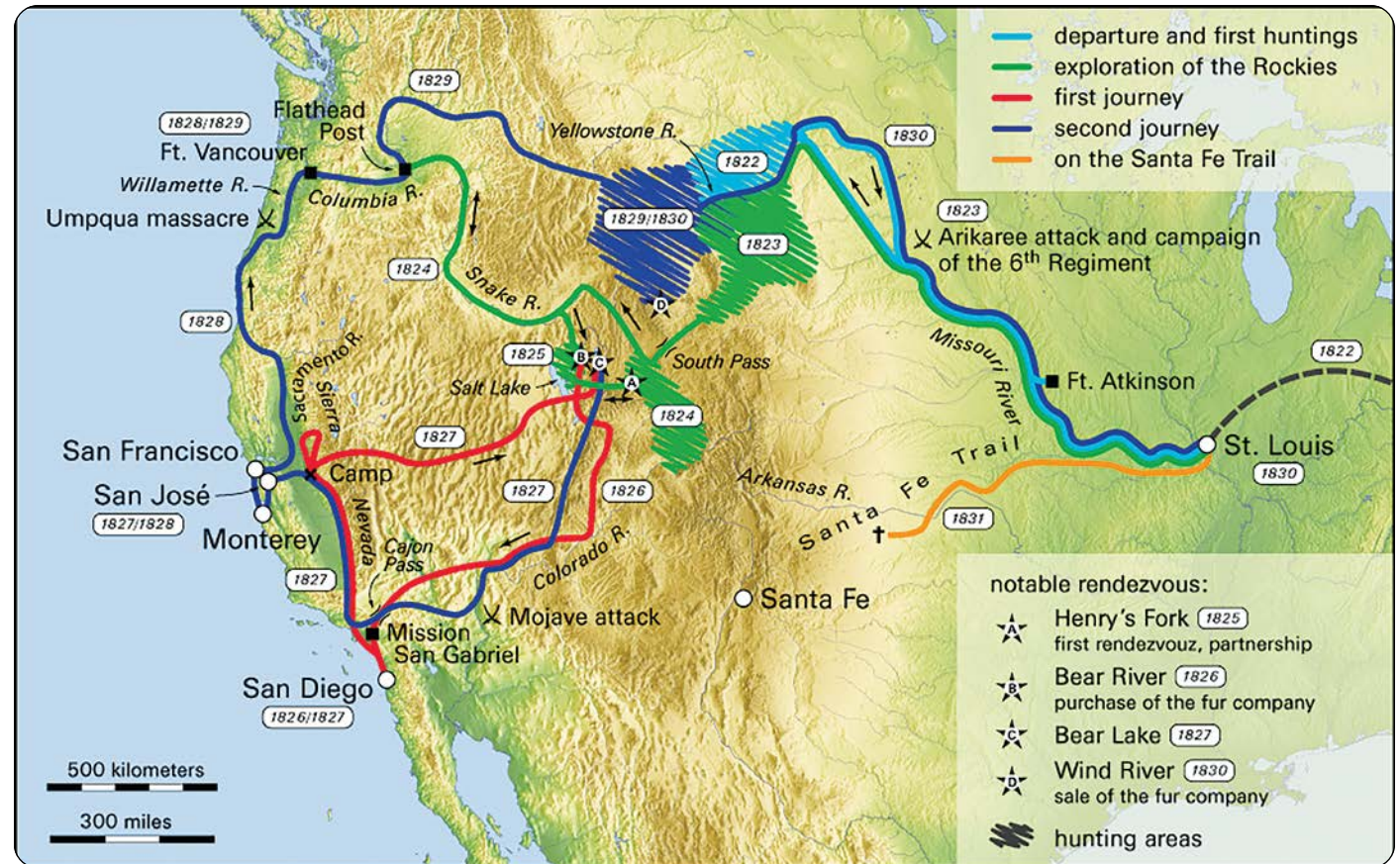
A documentary of some of the highlights of Smith's Southwest Expedition can be found at <https://www.youtube.com/watch?v=uGV2D-dGpIsM>. Although filmed in Montana, the film portrays Smith's adventures in the Southwest.

Jedediah Smith was reported killed in 1831 on the Santa Fe Trail in Kansas. In the foreword to his biography of Smith, Dale Morgan wrote the following tribute:

"In the exploration of the American West, Jedediah Strong Smith is overshadowed only by Meriwether Lewis and William Clark. During his eight years in the West Jedediah Smith made the effective

## "In the exploration of the American West, Jedediah Strong Smith is overshadowed only by Meriwether Lewis and William Clark."

Dale Morgan



*Jedediah Smith's exploration of the West.* Map compilation by Maximilian Dörrbecker, August 2006.

time the Mexican authorities viewed them with suspicion and required them to stay at the San Gabriel Mission for several weeks before allowing them to continue on their way.

The following spring Smith left most of the men to trap furs in the rich forests of California while he took two companions, Silas Gobel and Robert Evans, to cross the Sierra

Uinta Mountains and follow the Provo River into Utah Valley.

Making good time through Southern Utah, little mention is made of the experiences of Smith's second trip through Iron County. Reaching the St. George area, the difficulties of the Virgin River Gorge are avoided by a detour up the Santa Clara River for a few miles, then over the Utah Hill of Old Highway 91 fame.

discovery of South Pass; he was the first man to reach California overland from the American frontier, the first to cross the Sierra Nevada, the first to travel the length and width of the Great Basin, the first to reach Oregon by a journey up the California coast. He saw more of the West than any man of his time and was familiar with it from the Missouri River to the Pacific, from Mexico to Canada."

## obituaries

### Kenneth Richard Montgomery



Kenneth Richard Montgomery passed away on December 19, 2023, in Cedar City, UT due to health issues. He was born January 2, 1945, in Wheat Ridge, Colorado to Samuel Wesley Montgomery and Edna Fae Montgomery. As a youth, Ken grew up in Buena Vista, CO and had many happy times in the mountains and with family. He moved to Canon City, CO in 1959. During some of that time he worked at a local drug store behind the soda fountain and delivered prescriptions to residents. Ken graduated from Canon City High School in 1963.

Ken joined the U.S. Army in September 1968 and was deployed to Vietnam and appointed Sargent of munitions. He received a Bronze Star Medal and several other commendations. He was Honorably discharged in 1969.

Ken married Ginger Sue McMillen in 1970 in Colorado. They had three children together in Buckeye, CO. They ended their marriage at a later date.

Ken attended CSU and graduated with a doctorate in veterinary medicine in 1975. He had a private practice in Northern Colorado for many years, along with farming and ranching. Ken enjoyed his family, skiing, hunting and fishing. In 1989 Ken joined the USDA as a Veterinary Medical Officer. In 1990 he was transferred to

the Ontario, CA USDA office.

Ken married Linda in December 1994 in California. In January 1995, Ken and Linda moved to Cedar City, UT where he became the Southern Utah Veterinary Medical Officer. Ken enjoyed this position very much and traveled in Utah across the U.S., including a month in England.

Ken and Linda purchased a home with ten acres north of Cedar City in 1998. They worked the land together where Ken planted dozens of windbreaker trees with a complete drip system. He was very accomplished with building things and did just about anything well that he put his mind to at the time. Ken became an avid motorcyclist and rode the mountains with Linda and attended many motorcycle rallies with great friends. He loved building a beautiful red chopper himself. One of the photos shown is with a paver in his honor at the Vietnam Memorial Park in Cedar City UT.

He is survived by his wife Linda, his daughter, Kristi (Troy) Dressler, grandchildren Tripp and June, son Marc (Anabella) Montgomery, grandchildren Max and Clarisa, daughter-in-law, Sei Montgomery, grandchildren Sean and Jessi, step-daughter Lisa (Kevin), grandson Eric, brother, Ed (Anita), sister Trudy (Phil) and many nieces, nephews, and other family members and friends he loved and cared for so much.

He was preceded in death by his dad Sam Montgomery, mother Edna Williams, step-dad Truman Williams, his son Patrick R. Montgomery and many other family members over the years that he also loved and cared for so much. He is with the Lord now and will always be loved and missed so, so very much. A Celebration of Life will be held in Colorado at a later date.

## Want to submit an obituary?

There is a charge of \$100 for obituaries to be published. Submissions can be emailed to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or brought in digitized format to 479 N 100 W, #1, Cedar City. A single submission may be up to 600 words and may include up to two photos. Submitted obituaries over 600 words will be charged an additional 10¢ per word. The deadline for submissions is Monday at 11 am for Thursday's publication.

## faith

# KNOCK KNOCK

### REVELATION 3:20

**D**id you lock your doors before you left for work or school today? Do you lock them before you go to bed? Why do we use locks and alarms in the first place? Most likely it's to help protect the people, places and things that are valuable to us, right? Of course, we make sure to unlock the door when we know special guests are coming and to enjoy visits from our family, friends and anyone delivering our pizza or purchases. Locks are a way to provide both comfort and protection for our possessions, ourselves and all those priceless people entrusted to our care.

What if the Savior knocked on your door today? Would you recognize His knock? Would you look out the window to make sure it was Him? While He may not be at your physical door right now, I believe He knocks on the doors of your mind and heart every day. Usually, we welcome Him in, right? Other times, we may hesitate to answer the door, or even be too busy to do so. Or we peek through the blinds and when we see it's Him, do we pretend we're not home? Why would we pretend we're not home or available? Maybe because we're afraid that our side of the door is too chaotic, cluttered, and unclean for such an important guest? That's exactly why we do need to let Him in! He can help us get cleaned up, repaired, organized, and get our lives back in order. However, He will never barge in. We must always choose to invite Him in.

Does the devil ever knock on your door. Yes, but he is more deceptive. He doesn't like to announce himself. He has learned that it's easier and better to sneak

in through the doorways of technology. Sometimes, he doesn't even have to knock because some people give him his own key, password, and welcome mat. Some not only welcome, but worship him.

We must learn to recognize the knocks of all visitors and any deceptive intruders. For they will not only make themselves at home, but they will also ruin every home and heart that welcomes them in. Because whatever evil we let into one area of our lives, will spread.

If there is anything and un-Christlike that has been allowed to cross over the threshold of your mind, heart, or home, knowingly or not, it's time to give it an eviction notice, signed by the Savior of the world Himself.

It's also time to change the locks and change the daily desires of your heart. This will take

more courage and wisdom to learn when to or not answer the door. Yes, it takes time to recognize and rid your life of all uninvited guests, or pests, that have hitchhiked into your home and heart. When you let Christ in, He will help you begin to change your locks and your life. Can you hear Him knocking now? Let Him in.

## VERSE OF THE WEEK

### JAMES 1:7

*“Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.”*

It's kind of a pain that the sun goes down so early during winter. But in the winters (trials) of our souls, the Son never goes down. His Light and Love are available 24/7, 365, always. No matter what.

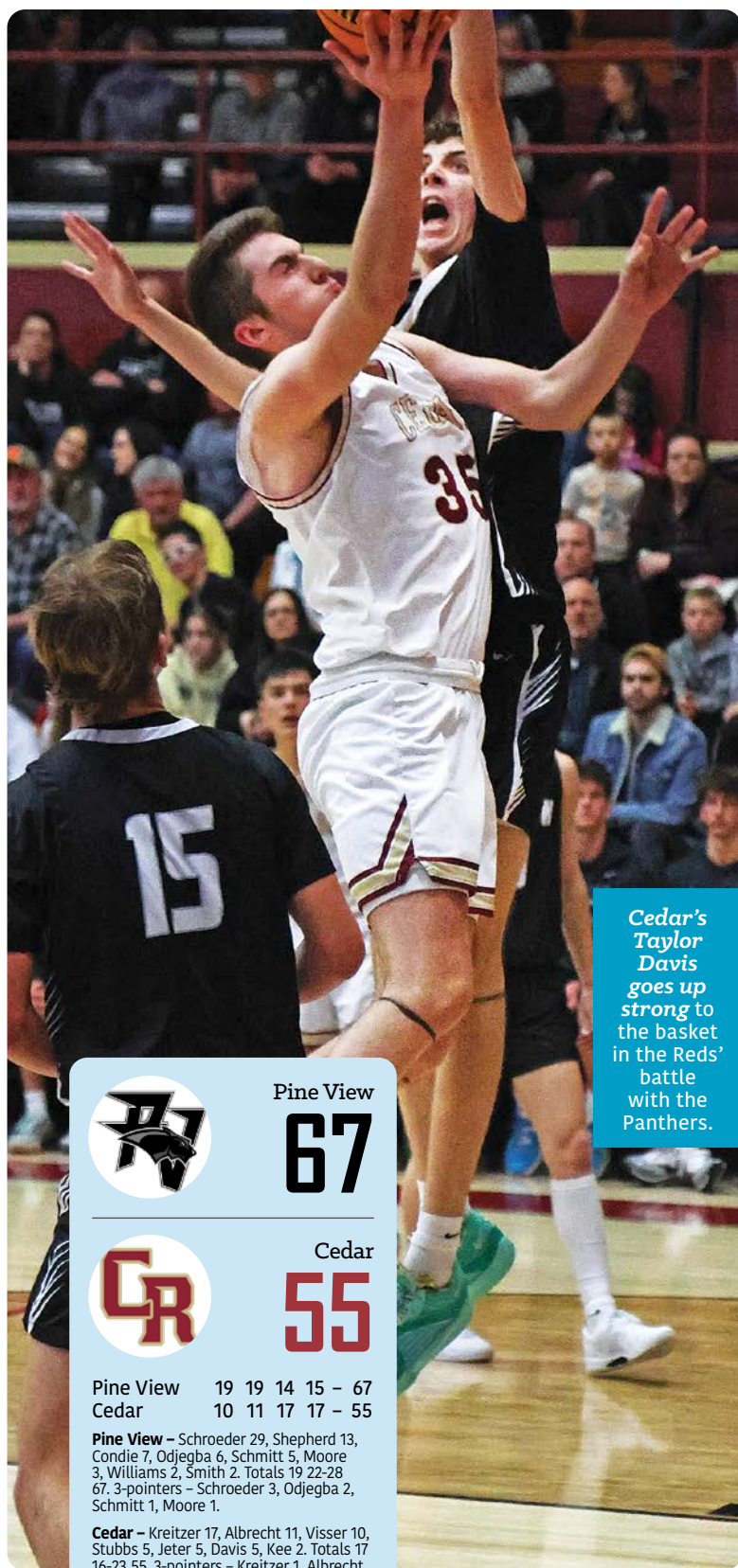
GOD'S  
**porch**

Corey Baumgartner

[news@ironcountytoday.com](mailto:news@ironcountytoday.com)



*“It takes time to recognize and rid your life of all uninvited guests, or pests, that have hitchhiked into your home and heart.”*



**Cedar's Taylor Davis goes up strong to the basket in the Reds' battle with the Panthers.**

COREY BAUMGARTNER

## Falcons rebound, rout Wildcats

REDS UNABLE TO COME BACK, FALL TO PINE VIEW

by Tom Zulewski

IRON COUNTY TODAY

The Canyon View boys basketball team had a mission in its return to the home floor. After learning the bad news involving the injury to junior guard Ty Attig, the Falcons restored positive vibes and flew away to a convincing win.

Felps Sanders scored a season-high 31 points, and CV used a key second-quarter run to break the game open and roll to a 65-49 win over Richfield at the Nest on Jan. 19 to improve to 6-2 in Region 12 and 11-5 overall. With the game tied late in the second quarter, the Falcons went on an 11-0 run to finish the period and take a 33-22 lead to the break.

CV was never seriously challenged in the second half, something that left good feelings for Falcons head coach Kim Blackner after the team learned Attig will likely be lost for the season after tearing his ACL.

"The news has been depressing this week, but I love the way our guys responded," Blackner said. "We had to go a little bit deeper on our bench, but the young guys stepped up and were just awesome."

Richfield (6-2, 10-6) was able to stay within

range through much of the third quarter, but a pair of baskets by Sanders pushed the Canyon View advantage to 50-37 heading to the fourth. A 3-pointer from Jace Farrow (15 points) finished off a 13-4 run that gave the Falcons a 63-41 lead, their biggest of the game.

It was a near polar-opposite of what CV experienced in a 62-58 road loss at Carbon on Jan. 17, a game Blackner called "a perfect storm."

"I'm really proud of our leadership," Blackner said. "We weren't very good and ran into a perfect storm over there. I talked to the seniors and asked them to be better leaders. They have the tools and all the leadership capabilities. Our younger guys are willing to follow."

Canyon View got more bad news when Sanders had to be helped off the floor after suffering what appeared to be a knee injury on a drive toward the basket with two minutes left. There was no official word on the extent of the injury following the game.

No Richfield player scored in double figures, and Cort Moon led the way for the Wildcats with 9 points. Canyon View played at North Sanpete on Wednesday in a game



Canyon View

65



Richfield

49

Richfield 9 13 15 12 - 49  
Canyon View 15 18 17 15 - 65

**Richfield** - Barnett 3, Yardley 5, Moon 9, Wayman 5, Fautin 6, Southwick 7, Spell 8, Young 6. Totals 17 12-14 49. 3-pointers - Barnett 1, Yardley 1, Wayman 1.

**Canyon View** - Farrow 15, Sanders 31, Miles 12, Morris 3, Irons 2, Slack 2. Totals 23 11-13 65. 3-pointers - Farrow 1, Sanders 4, Miles 2, Morris 1.



Carbon

62



Canyon View

58

Canyon View 8 16 13 21 - 58  
Carbon 12 10 22 18 - 62

**Canyon View** - Sanders 23, Farrow 11, Camba 9, Slack 8, Miles 5, Irons 2. Totals 21 3-4 58. 3-pointers - Sanders 4, Farrow 3, Camba 3, Slack 2, Miles 1.

**Carbon** - Cowan 21, Raby 11, Butler 11, Orth 8, Warburton 6, Mortensen 3, Lancaster 2. Totals 22 10-15 62. 3-pointers - Cowan 5, Orth 2, Mortensen 1.



Pine View

67



Cedar

55

Pine View 19 19 14 15 - 67  
Cedar 10 11 17 17 - 55

**Pine View** - Schroeder 29, Shepherd 13, Condie 7, Odjegba 6, Schmitt 5, Moore 3, Williams 2, Smith 2. Totals 19 22-28 67. 3-pointers - Schroeder 3, Odjegba 2, Schmitt 1, Moore 1.

**Cedar** - Kreitzer 17, Albrecht 11, Visser 10, Stubbs 5, Jeter 5, Davis 5, Kee 2. Totals 17 16-23 55. 3-pointers - Kreitzer 1, Albrecht 1, Visser 2, Jeter 1.

# CV's Hardin signs with Bethany golf team

by Tom Zulewski

IRON COUNTY TODAY

After playing football for his first three years, Canyon View's Taylor Hardin felt a twinge in his soul. The pull of golf in his senior season was too strong, and Hardin made it pay off when he signed his letter of intent Jan. 17 to play the game for Bethany College in Lindsborg, Kansas. The NCAA Division III school is located about an hour's drive north of Wichita.

In his only season with the Falcons golf team, Hardin became the No. 1 player in the lineup and finished in a tie for 14th in the individual standings at the 3A state tournament held at Meadowbrook Golf Course in October. Hardin finished two strokes outside of medalist honors after rounds of 76 and 75 – including an eagle on the par-5 18th hole – as CV made the cut for Day 2. He admitted the choice to leave football was hard.



Canyon View senior Taylor Hardin signs his letter of intent Jan. 17 to play golf at Division III Bethany College in Lindsborg, Kansas.

TOM ZULEWSKI

*"I loved the coaches and my teammates, but it felt like I'd be better (playing golf). I took the risk on myself, and it paid off."*

**Tyler Hardin**

"It was hard because I loved playing football," Hardin said. "I loved the coaches and my teammates, but it felt like I'd be better (playing golf). I

took the risk on myself, and it paid off."

He never had an official visit to Bethany College, but Hardin liked

what he heard from head coach Zach Able.

"Coach said a couple of older players were leaving and they wanted to bring in some more guys and get them in the system right away," Hardin said. "He said I could fit in right there and they have fall and spring seasons. With the phone calls we had, it worked for me."

One of the goals Hardin has as he heads to the Midwest to join the Swedes team is simple.

"I need to be more consistent," he said. "Try and eliminate holes that blow up and make any mistakes – which will happen – as small as possible."

Hardin will have most of his tuition covered and he has plans to become a teacher or lawyer. His mom is a Kindergarten teacher at Three Peaks Elementary in Enoch and his future is wide open.

"If the opportunity is there, I'd love to continue playing golf as long as possible," Hardin said.

# SUU drops road contest against Cal Baptist

by Tyler Francis

SUU ATHLETIC COMMUNICATIONS

**RIVERSIDE, Calif.** — The Southern Utah University women's basketball team fell 93-67 to California Baptist on Saturday afternoon at Dale E. and Sarah Ann Fowler Events Center. The Thunderbirds move to 4-12 overall and 2-5 in Western Athletic Conference play, while the Lancers improve to 14-2 and 6-1 in WAC play.

Head Coach Tracy Mason said, "It's time to regroup, come together and find an identity. From top to bottom we need more from people and we have to do it as a collective group."

Alexa Lord scored a season-high 15 points to lead the Thunderbirds. Ashley Banks recorded a double-double with 11 points to go along with a team-high 10 rebounds. Charli Kay was the third T-Bird to reach double-figure scoring, adding 10 points on 4-6 shooting from the field. Alexandra Eldredge took advantage of her first career start, tallying eight points, three assists, and two steals. Samantha Johnston and Shiho Isono each added four assists to spark the 'Birds offense. Nine players managed to register a point for SUU.



Alexandra Eldredge took advantage of her first career start, tallying eight points, three assists, and two steals.

SUU ATHLETICS

The two squads got off to a hot start in the first quarter. Five players got in the scoring column for the Thunderbirds, headlined by Daylani Ballena who registered seven points on 3-3 shooting from the field. SUU managed to stay within striking distance, 17-14, with 3:36 on the clock. The Lancers used a 10-3 burst to jump in front 27-17 at the end of the period. Alexa Lord poured in eight of the Thunderbirds' 12 points in the second frame to fuel the 'Birds attack. CBU held a 52-29 advantage at the break.

The Lancers stayed aggressive as they extended their lead to 77-41 approaching the final quarter of play. Southern Utah saved its best for last, outscoring California Baptist 26-16 in the fourth period, with Charli Kay registering 10 points to lead the Thunderbirds. CBU would go on to claim a 93-67 victory.

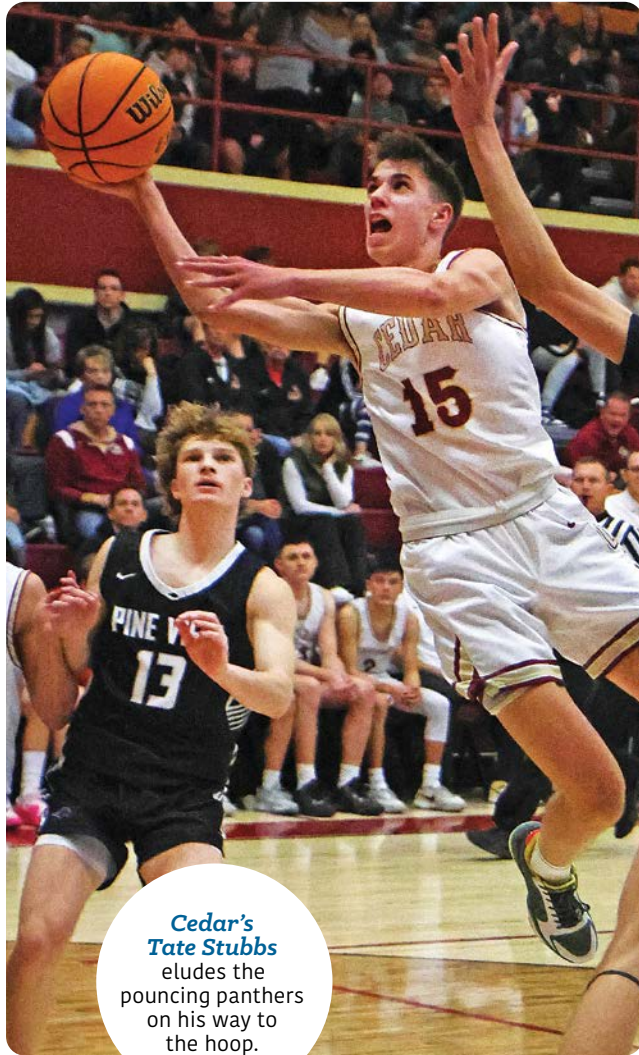
The Thunderbirds return to the friendly confines of the America First Event Center as they host Tarleton State tonight, Thursday, Jan. 25. The game is scheduled to tip-off at 6:30 p.m. MT. For all the latest on Southern Utah women's basketball, follow @SUUWBasketball on Twitter and Instagram and like the Southern Utah Women's Basketball Facebook page.

## BOYS HOOPS

« CONTINUED FROM PAGE 23

that was too late for press deadline, and they will return home for a game against Region 12 leader Manti tonight starting at 7 p.m.

Across town, the Cedar Reds played a single game last week. Nash Schroeder scored 29 points, and the Pine View Panthers built a big halftime lead before cruising to a 67-55 win over Cedar at the Wolf Den on Jan. 17. The Reds fell to 3-13 on the season and 1-4 in Region 9 play.



**Cedar's Tate Stubbs** eludes the pouncing panthers on his way to the hoop.

COREY BAUMGARTNER

The Panthers (3-2, 11-5) scored 19 points in each of the first two quarters and built a 38-21 halftime lead. Griffen Shepherd helped the Pine View effort with 13 points, and the team made seven 3-pointers.

Landon Kreitzer led the Reds with 17 points, Easton Albrecht added 11 and Carson Visser helped out with 10, including two 3-pointers. Cedar returned to play Wednesday at home against the Region 9-leading Dixie Flyers, a game that was too late for press deadline. They will travel to Hurricane on Friday to face the Tigers in a 7 p.m. tipoff.

## Canyon View girls fall to Dinos, Wildcats

## LADY REDS FALL TO PINE VIEW

by Tom Zulewski

IRON COUNTY TODAY

The challenge was real for the Canyon View girls basketball team when it welcomed the Carbon Dinos to the Nest on Jan. 16. When the Dinos turned up the defensive pressure and Amiah Timothy got rolling, the Falcons didn't have an answer.

Timothy scored a game-high 25 points and Maddi Orth added 18 as Carbon used a 22-9 second-quarter burst to pull away and put away a 66-53 win over Canyon View. The Dinos (8-0 Region 12, 12-4 overall) led 38-23 at the half and by as many as 21 points in the second half.

"We prepared a lot for their full-court pressure. We watched a lot of film and we had it down," CV head coach Jaycee Barnhurst said. "We struggled against the press in the second quarter, but once we figured it out, we were OK."

CV managed to close the deficit on Carbon to 10 on a pair of occasions in the fourth quarter, but the Dinos' lead never fell into single figures after halftime.

"We won the second half, but in that second quarter, we dug a hole that was pretty hard to get out of," Barnhurst said. "If we could have only had three or four more minutes."

Maya Nichols led Canyon View with 17 points in the loss, Maylee Spencer added 11 and Brooke Davie chipped in with 10.

The second game of the week for CV had a similar feel as they traveled to Richfield on Jan. 18. The Wildcats used a 22-5 run in the second quarter and beat the Falcons, 60-30. Canyon View fell to 4-4 in Region 12 and 8-9 overall. Richfield improved to 7-1 and 13-4.

Leading 10-9 late in the first

quarter, the Wildcats broke the game open with a 15-0 run and never looked back. Richfield led 39-14 at halftime and had 11 different players find their way into the scoring column, led by 20 points from Kamryn Knutson and 12 by Brielle Jolley. The pair combined to make six (three apiece) of the 10 3-pointers made by the Wildcats.

CV returned home for both of its games this week, the first coming against North Sanpete on Tuesday that was too late for press deadline. They will face the Manti Templars on Thursday in a 7 p.m. tipoff.

*"We won the second half, but in that second quarter, we dug a hole that was pretty hard to get out of"*

**Jaycee Barnhurst,**  
CV head coach

The Cedar girls team played a single game last week and was upset by the Pine View Panthers, 48-42 on Jan. 16 at the Pit in St. George to fall to 3-2 in Region 9 and 11-4 overall. In a game that was close throughout, the Reds struggled at the free-throw line, hitting on just 4 of 14 attempts while the host Panthers were 20-for-30.

Annalyse Shimada led Cedar with 16 points and Gabby Gomez added 14 in the loss. The Reds traveled to play at Dixie on Tuesday in a game that was too late for press deadline, and they will return home Thursday to face the Hurricane Tigers in a 7 p.m. tipoff.



Carbon

66



Canyon View

53

Carbon 16 22 11 17 - 66  
Canyon View 14 9 13 18 - 53

**Carbon** - Sorenson 8, Curtis 8, Johnson 3, Jensen 4, Orth 18, Timothy 25. Totals 24 14-20 66. 3-pointers - Sorenson 2, Johnson 1, Timothy 1.

**Canyon View** - Spencer 11, Nichols 17, Brush 2, Farrow 2, Miles 5, Davie 10, Vargas 2. Totals 21 9-14 53. 3-pointers - Spencer 1, Nichols 1.



Richfield

60



Canyon View

30

Canyon View 9 5 6 10 - 30  
Richfield 17 22 13 8 - 60

**Canyon View** - Spencer 8, Nichols 7, Potter 6, Davie 3, Davenport 2, Brush 2, Vargas 1, Sorenson 1. 3-pointers - Potter 2.

**Richfield** - Knutson 20, Jolley 12, Winters 7, Albrecht 4, Jones 3, Crane 3, Bagley 3, White 2, Stewart 2, Evensen 2, Anderson 2. 3-pointers - Knutson 3, Jolley 3, Winters 1, Jones 1, Crane 1, Bagley 1.



Pine View

48



Cedar

42

Cedar 11 12 6 13 - 42  
Pine View 10 16 10 12 - 48

**Cedar** - Shimada 16, Gomez 14, Hansen 6, York 2, Bird 2, Albrecht 2. Totals 18 4-14 42. 3-pointers - Shimada 1, Gomez 1.

**Pine View** - Gustin 16, Seve 7, Harris 7, Morley 6, LeFevre 4, Jensen 4, Falaniko 4. Totals 13 20-30 48. 3-pointers - Gustin 1, Jensen 1.

# Ford's season high not enough as T-Birds fall to Lancers

by Parker Haynie

ASST. DIR., SUU ATHLETIC COMM.

**RIVERSIDE, CALIF** — Despite a season-high 28 points from Dominique Ford, all coming in the second half, the Thunderbirds were unable to complete the comeback and fell to California Baptist 68-73 on the road. The Thunderbirds

remaining, but that is as close as it would get.

SUU shot a solid 45% from the field but went just 3-13 from three.

Ford didn't score a single point in the first half but went ballistic in the second. Scoring 28 points on 8-15 from the field and 11-13 from the free-throw line. Zion Young added 15 points of his

playing 26 minutes, scoring six points, pulling down a team-high nine rebounds, and adding two blocks.

Dominique Daniels Jr. led the way for the Lancers, scoring a new D1 career-high 39 points on 24 shots.

"Unfortunately, it's the same story. Until we can string together multiple stops in a row, we aren't

Abilene to take on Abilene Christian on Sat, Jan 27. Stay up to date during the 2023-24 Southern Utah Men's Basketball season by

following @SUUBasketball on Twitter and Instagram and by liking the Southern Utah Basketball page on Facebook.



SUU's Dominique Ford scored 28 points in the 2nd half in a heroic effort to come back by the T-Birds. SUU ATHLETICS

drop to 6-12 on the season and 1-6 in WAC play.

Neither team led by double-digits at any point, and the Lancers held on to a seven-point halftime lead throughout the rest of the game. SUU cut it to two points with, 68-70, with 3:29

own, including 10-10 from the free-throw line. Parsa Fallah scored eight of the team's first 10 points, but only finished the game with 14 total and added eight rebounds.

Chazz Hutchison had his best game in an SUU jersey,

going to win these games. We pulled within two, but were unable to get stops down the stretch," said Coach Rob Jeter.

The Thunderbirds will head to Texas with a game at Tarleton St. today, Jan 25, and then head to

## PREP SCOREBOARD

### SCORES

#### Region 9 Boys Basketball

- 1/17** Pine View 67, Cedar 55  
Dixie 70, Snow Canyon 54  
Crimson Cliffs 76, Hurricane 64
- 1/19** Dixie 78, Desert Hills 47  
Crimson Cliffs 65, Pine View 64  
Snow Canyon 84, Hurricane 60

#### Region 12 Boys Basketball

- 1/17** Carbon 62, Canyon View 58  
Emery 75, North Sanpete 40  
Richfield 59, Delta 46  
Manti 64, Juab 39
- 1/19** Canyon View 65, Richfield 49  
Manti 77, Delta 51  
Carbon 80, North Sanpete 62  
Emery 52, Juab 39

#### Region 18 Boys Basketball

- 1/17** South Sevier 69, Parowan 51  
Kanab 78, Millard 54  
Enterprise 67, Beaver 57
- 1/19** Parowan 51, Millard 44  
South Sevier 68, Kanab 64  
Enterprise 80, Water Cyn. 43

#### Region 9 Girls Basketball

- 1/16** Pine View 48, Cedar 42  
Hurricane 55, Crimson Cliffs 52  
Snow Canyon 67, Dixie 56
- 1/18** Snow Canyon 65, Hurricane 31  
Pine View 53, Crimson Cliffs 44  
Desert Hills 44, Dixie 42

#### Region 12 Girls Basketball

- 1/16** Carbon 66, Canyon View 53  
Richfield 49, Delta 25  
Emery 65, North Sanpete 26  
Juab 57, Manti 56
- 1/18** Richfield 60, Canyon View 30  
Juab 60, Emery 50  
Carbon 71, North Sanpete 39  
Manti 42, Delta 34

#### Region 18 Girls Basketball

- 1/16** South Sevier 78, Parowan 39  
Beaver 65, Enterprise 52  
Kanab 65, Millard 38
- 1/18** Millard 59, Parowan 39  
Enterprise 62, Water Cyn. 31  
Kanab 58, South Sevier 52

### STANDINGS

RPI RANKINGS IN PARENTHESES

#### Region 9 Boys Basketball

	REGION	OVERALL
Dixie (1)	5-0	14-3
Crimson Cliffs (11)	4-2	9-7
Pine View (6)	3-2	11-5
Snow Canyon (13)	3-2	9-6
Desert Hills (16)	2-3	9-7
Cedar (23)	1-4	3-13
Hurricane (21)	0-5	5-11

#### Region 12 Boys Basketball

	REGION	OVERALL
Manti (2)	7-1	14-4
Canyon View (4)	6-2	11-5
Richfield (6)	6-2	10-6
Emery (3)	5-3	13-4
Carbon (10)	3-5	7-9
Juab (7)	2-6	9-7
North Sanpete (13)	2-6	6-10
Delta (18)	1-7	4-12

#### Region 18 Boys Basketball

	REGION	OVERALL
Enterprise (1)	6-1	13-5
South Sevier (3)	6-1	13-5
Kanab (2)	5-2	12-5
Beaver (8)	3-3	7-7
Parowan (14)	3-4	4-12
Water Canyon (11)	1-6	3-6
Millard (25)	0-7	0-18

#### Region 9 Girls Basketball

	REGION	OVERALL
Snow Canyon (2)	5-0	14-1
Cedar (3)	3-2	11-4
Dixie (7)	3-2	8-8
Desert Hills (12)	3-2	6-7
Hurricane (6)	2-3	9-7
Pine View (14)	2-3	4-12
Crimson Cliffs (16)	0-6	4-12

#### Region 12 Girls Basketball

	REGION	OVERALL
Carbon (3)	8-0	12-4
Richfield (2)	7-1	13-4
Juab (4)	5-3	11-6
Emery (9)	4-4	9-7
Canyon View (7)	4-4	8-9
Manti (12)	2-6	7-9
North Sanpete (11)	1-7	6-11
Delta (15)	1-7	5-12

#### Region 18 Girls Basketball

	REGION	OVERALL
Beaver (3)	6-0	14-2
Kanab (2)	6-1	16-2
South Sevier (5)	4-3	13-3
Enterprise (9)	4-3	8-10
Millard (14)	3-4	6-11
Water Canyon (19)	0-6	2-10
Parowan (22)	0-6	1-15

# Flippin' Birds finish third in home opener

## ELLIE CACCIOLA LIGHTS UP THE BEAM WITH 9.925

by Regan Hunsaker

ASSISTANT AD, SUU SPORTS INFORMATION

The Flippin' Birds competed at home for the first time this season with a tri-meet featuring opponents Arizona State and Utah State. The Thunderbirds came in third place, scoring 195.075, while Utah State scored 195.375, and the Sun Devils scored 196.200.

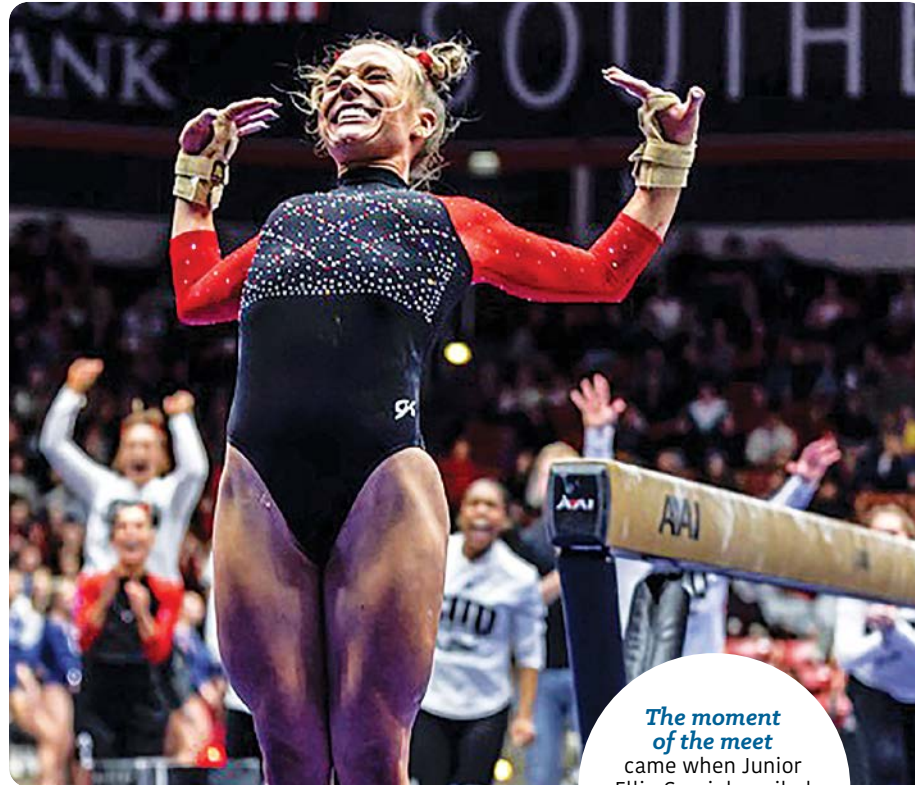
Southern Utah scored an entire point better than the finish at the Best of Utah meet; however, it wasn't enough to come out with a win. The Thunderbirds scored a season-best 48.900 as a team in the floor rotation. The moment of the meet came when Junior Ellie Cacciola nailed a beam routine that scored an impressive 9.925.

### Vault (49.000)

The Flippin' Birds started the meet out strong with the vault. Junior Ellie Cacciola posted a 9.825 to start things off. Freshman Niya Randolph followed with a 9.800, and then it was Sophomore Trista Goodman's turn. Goodman would score 9.700, and following her vault, sophomore Kayla Pardue impressed the judges with a season-best 9.850. Junior Taylor Gull scored 9.700 before Sophomore Kennedy McClain wrapped up the rotation with a solid 9.825 vault.

### Bars (48.550)

The Flippin' Birds would open the second rotation with freshman Brinlee Christensen, who scored 9.725. Freshman Alex Routsis added a career-high 9.875 to the total before an uncharacteristic 9.325 routine by Goodman. Randolph was next for Southern Utah, scoring 9.750. Junior Isabella Neff continued a solid start to her season, scoring 9.875 and bringing the team event total to 48.550.



**The moment of the meet** came when Junior Ellie Cacciola nailed a beam routine that scored an impressive 9.925.

### Beam (48.625)

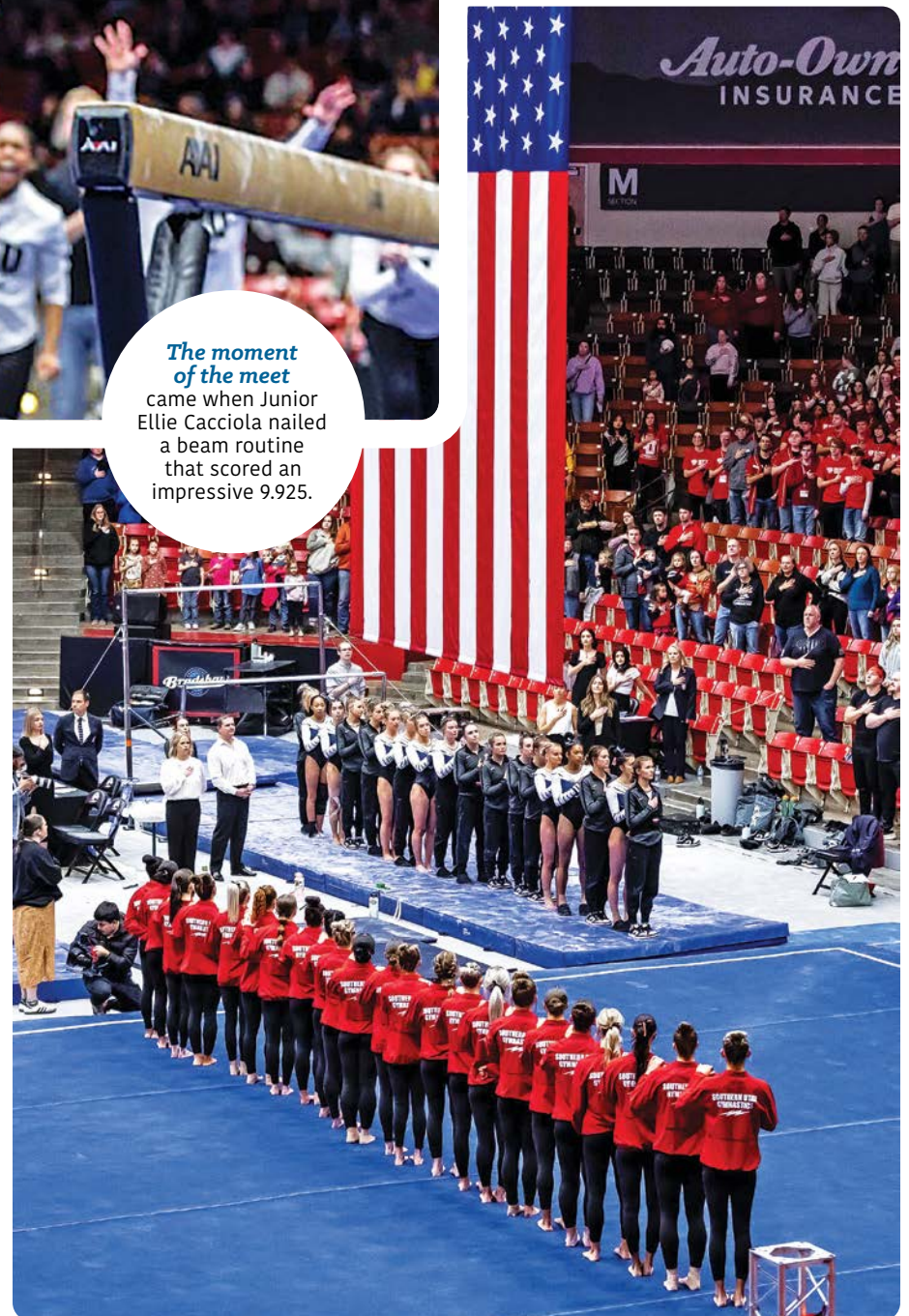
In the third rotation, the T-Birds moved to the beam and started with McClain, who scored 9.600. Freshman Alyssa Fernandez was next, posting a new career best of 9.825. Senior Aubri Schwartze would follow that with a routine that scored 9.600. Cacciola scored the highest marks for the Flippin' Birds all season with an astounding 9.925. Senior Aly Coutu finished off the beam rotation for Southern Utah by scoring 9.675.

### Floor (48.900)

The Thunderbirds posted a season-best 48.900 on the floor tonight but continuously look to improve with each meet. SUU would begin the final rotation with a 9.675 by Gull, followed by another solid routine from Fernandez, which scored 9.800. Cacciola would go next, grabbing a 9.725. Randolph posted a new career high of 9.875, and Christensen followed with a career-best of her own, scoring 9.825.

The Flippin' Birds will hit the road to take on #18 Iowa. The

Thunderbirds will square off with the Hawkeyes on Friday, January 26, at Xtream Arena. The meet will begin at 5:30 p.m. MT and will be broadcast on BIG+. Visit [tbirdtickets.com](http://tbirdtickets.com) to reserve your seats! For all the latest on Southern Utah gymnastics, follow @SUUGym on Twitter, @SUUGymnastics on Instagram, and like the Southern Utah Gymnastics Facebook page.



PHOTOS COURTESY SUU ATHLETICS

# SUU sets multiple school records at Lumberjack Challenge

by James Wilson

SUU ATHLETICS STRATEGIC COMMUNICATION

**FLAGSTAFF, Ariz.** — The Southern Utah men's and women's track & field teams wrapped up competition at the NAU Lumberjack Team Challenge on Friday, Jan. 19 with several impressive outings, including eight first-place finishes and five brand-new school records.

The 'Birds also impressed in the running events, with Dylan Gibson leading the pack in the 400m with a time of 46.56 seconds (46.77 adjusting for altitude), setting a school record. Jaedyn Carpenter followed close behind with a time of 47.28 seconds, and Nelson Douglas and Nick Pembroke closed out the top four for the Thunderbirds with times of 48.13 and 48.94 seconds respectively.

capped off a first-place finish with a distance of 5'08.00". She also finished first in the triple jump, setting a new personal best with a distance of 38'07.00" and breaking a new school record.

Southern Utah took home two top-five finishes in the 200m with Jayden Lightford finishing third with a time of 25.06 seconds and Shante Myrie finishing fifth with a time of 25.21 seconds. Myrie also impressed in the 400m, finishing third with a time of 56.96 seconds.

Josii Johnson and Jordyn Bartolomucci each scored in the top ten

at the 800m, as Johnson finished fourth with a time of 2:17.36 and Bartolomucci finished ninth with a time of 2:21.42. The 'Birds finished strong in the pole vault, with Ariana Baker and Makenna Skoczylas each tying for third place with vaults of 11'11.75".

Both teams will now prepare for a busy weekend as they head to the UW Invitational and Stacy Dragila Invitational on Friday, Jan. 26, and Saturday, Jan. 27. Stay current on the Thunderbird track and field programs by following @SUUTFXC on Twitter and Instagram and like the Southern Utah Track and XC page on Facebook.



The SUU Thunderbirds track and field teams soared with eight first-place finishes and set five brand-new school records in Flagstaff, AZ.

SUU ATHLETICS

Head Coach Eric Houle said, "What a great meet for us today. Five school records, top 10 performances; every week we get stronger and stronger."

## Men's Recap

The men's team was once again led by Cedar English, who landed with a first-place finish in the long jump with a distance of 24'08.25", setting a new school record. Astley Davis followed up that performance with a second-place finish and a distance of 24'03.75". Davis posted a strong performance in the triple jump as well, placing first overall with a distance of 50'10.00", also a school record. Joren McKeever led the way in long jumps with a distance of 6'10.25".

Douglas led all runners in the 200m with a time of 21.58 seconds, while Kadan Allen took second place in the 800m with a time of 1:53.49. Trenton Maurer set a new season-best in the 60m hurdles, taking home second place with a time of 8.14 seconds.

In the 4x400 relay, Douglas, Carpenter, Gibson, Jace Rodgers, Pembroke, and Bringhurst wrapped up competition with a first-place finish and a time of 3:11.86 (3:12.70 adjusting for altitude), breaking a new school record in the event.

## Women's Recap

Led by Ajia Hughes, the women's team had an impressive outing in jumps. In the high jump, Hughes

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# Cedar hires SUU assistant as new football coach

**W**ith 13 years of collegiate coaching experience from Southern Virginia to Eastern New Mexico to Southern Utah, Tye Hiatt was named the new head coach last week to lead the football program at Cedar High. Hiatt takes over from Josh Bennett, who resigned Nov. 27 after nine seasons in the role and a 38-57 overall record.

Hiatt comes to Cedar High after serving as offensive coordinator and quarterbacks coach at Southern Utah under head coach DeLane Fitzgerald last season. The T-Birds finished 6-5 – 4-2 in the United Athletic Conference – and averaged nearly 32 points per game, continuing the upward climb the football team has enjoyed since it finished 1-10 in 2021 and averaged 19 ppg.

The Reds are coming off back-to-back 4-7 seasons that included first-round victories in the 4A state playoffs over Logan and Pine View, respectively.

**Staying with the football theme**, it's been a truly glorious stretch to start 2024. You've seen me wearing my Detroit Lions fandom on my sleeve, head, soul, and wherever else I can put it out there. For only the second time in my life, I am truly proud to know the feeling that comes from the Lions winning a playoff game.

As last weekend unfolded, the Lions were the No. 3 seed in the NFC and knew they would face the Los Angeles Rams at home at Ford Field in the Wild Card round. It was the first home playoff game in the building and the first Detroit and all fans everywhere could enjoy in 30 years.

But the bigger fish to fry was out there. The Lions had won one playoff game in my entire life, and it happened 32 years ago (plus nine days, but who's counting?). Before the team played, there was a situation that had serious potential and nagged at my conscience due mainly to all the disappointments of playoffs and seasons past.

The Green Bay Packers – a primary NFC North rival – were the No. 7 seed and faced the Dallas

Cowboys earlier in the day last Sunday. If the Pack was able to beat a Cowboys team that hadn't lost in 16 straight games at AT&T Stadium, a Lions win would mean another home game the following week.

I wasn't about to show any degree of overconfidence. Then the game started.

After a quarter, the Packers had a 7-0 lead. Then the Cowboys, who won 12 games for the third straight season, imploded. When Darnell Savage returned an interception 64 yards for a touchdown with less than two minutes left in the first half, it was 27-0.



My immediate thought: This prosperity wasn't real, but it only added to the emotion for what was to come.

When Romeo Doubs caught a 3-yard touchdown pass from Jordan Love – a Utah State alumni – early in the fourth quarter, the Packers had a 48-16 lead on the road in Dallas.

This wasn't a minor upset, it was a major beatdown. The Cowboys managed to score two touchdowns inside the final six minutes, but it wasn't nearly enough to overcome a third straight early exit from the playoffs.

That kicked the door wide open for the Lions. Beat the Rams, earn a second home game in as many weeks – after going 30 years without one.

With the added distraction of former Lion Matthew Stafford returning to the place he called home for 12 years, the pressure and the possibilities were immense. When Detroit made the opening drive

look easy, it was a great sign for the night ahead.

But these are the playoffs. Nothing worth having ever comes easy, and as the game moved on, the tension went to insane heights.

The Lions went cold on offense after halftime, but the Rams were colder. Michael Badgely – who had been on the practice squad for most of the season – nailed a 54-yard field goal that put Detroit up by a touchdown at 24-17 early in the third quarter. The Rams had two drives that stalled in the red zone, and it led to two short Brett Maher field goals.

It seems simple, but that made all the difference. When Jared Goff, the former Ram, hit Amon-Ra St. Brown for 11 yards on a 2nd-and-9 play with less than two minutes left, it was good enough to seal the win and send me into a genuine state of giddy shock. Lions 24, Rams 23. It was a razor's edge finish, but my goodness, it was a win.

The epitaph reads: Jan. 5, 1992–Jan. 14, 2024. May nine straight playoff losses rest in peace.

Not only did the Lions win a playoff game, they got to stay home to go after the next one. The Tampa Bay Buccaneers were no pushover, but at this point, everything is gravy. Desert Hills alumni and Lions all-Pro offensive lineman Penei Sewell said it best in an interview with Fox 2 in Detroit earlier in the week.

"We can't stop at the appetizer. It's time to go for the whole meal," he said.

Pass me a plate and the silverware. There are bigger football dishes out there Gordon Ramsay couldn't come up with if he tried, and that's why being a fan can be so maddening, challenging, and an absolute blast.

Just remember to use your napkins when necessary to wipe away the rough parts.

Follow Tom Zulewski on X – the artist formerly known as Twitter – @TommyZee81 or email [tominator19@yahoo.com](mailto:tominator19@yahoo.com).

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# Southern Utah Gymnastics introduces new streaming partner

by *Regan Hunsaker*

ASSISTANT AD, SUU SPORTS INFORMATION

In the fall of 2023, the Flippin' Birds joined a new gymnastics conference. The Mountain Pacific Sports Federation became the new home for Southern Utah Gymnastics, and as a part of this conference, home gymnastics meets will now be streamed on Overnight, the preferred streaming partner of the MPSF conference.

Director of Athletics Doug Knuth

the conference to achieve their mission. This platform is part of the MPSF, and as members of the conference, we will support their goals and hope to increase the visibility of Women's Gymnastics across the country."

MPSF Executive Director Foti Mellis said, "Broadcasting our competitions on Overnight allows the MPSF to showcase its outstanding teams and student-athletes who compete in our conference. Overnight will provide maximum exposure for our student-athletes,



*"...as members of the [MPSF] conference, we will support their goals and hope to increase the visibility of Women's Gymnastics across the country."*

**Doug Knuth, SUU Athletic Director**

said, "We understand that our fans have gotten used to streaming every home event on ESPN+ however, when you join a new conference, you have to work with

member institutions, and partners. Their platform will help the MPSF share our story by setting a stage to celebrate the many successes of our national champions and Olympic medalists."

### How To Watch:

- » Visit [overnight.com](https://overnight.com)
- » Create an account
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Visit [tbirdtickets.com](https://tbirdtickets.com) to reserve your seats! For all the latest on Southern Utah gymnastics, follow @SUUGym on Twitter, @SUUGymnastics on Instagram, and like the Southern Utah Gymnastics Facebook page.

## TOM'S SPORTS TRIVIA

*Wait...January is already almost over? That means your quizmaster/hardest working writer in Utah has another set of 12 questions from the sports week that was. Have fun, embrace the chaos, and please remember...no wagering!*

1. What NBA team had to postpone two games last week – including one against the Utah Jazz on Jan. 17 – when assistant coach Dejan Milojevic died of a heart attack at age 46?
2. Which country music legend was named to sing the National Anthem at Super Bowl LVII in Las Vegas on Feb. 11?
3. Dallas Cowboys owner Jerry Jones said Mike McCarthy will be retained as the team's head coach in 2024 after another 12-win season and first-round playoff exit. True or False: The Cowboys have not played in an NFC Championship game since its last Super Bowl win in 1996.
4. The NBA has a new rule for postseason awards such as Most Valuable Player, Defensive Player of the Year and others. How many games do the players have to play in the regular season to be eligible?
5. The No. 3 seed in men's singles at the Australian Open, Daniil Medvedev played one of the longer matches at the Australian Open, a five-setter that lasted 4 hours, 23 minutes and didn't start until 11:07 p.m. local time. At what time did the match end with a Medvedev win that came two hours before local sunrise?
6. What Pittsburgh Steelers head coach – the longest-tenured in the NFL – has said "I expect to be back" for an 18th season leading the team?
7. What owner of the New York Knicks and Rangers was accused in a lawsuit Jan. 16 of sexual assault involving a Tennessee woman?
8. As if Buffalo didn't already have enough issues with weather, the NHL's Sabres were forced to postpone a game last week when a lake effect storm was expected to dump 2 feet of snow. Who was the scheduled opponent?
9. Finishing with seven receptions for 110 yards on the night, which Detroit Lions receiver caught the most important one that gained a first down with less than two minutes left and secured the team's Wild Card Round playoff win over the Los Angeles Rams?
10. At nine seasons, what NBA Eastern Conference team has the longest active streak of playoff appearances? At seven seasons, what NBA team has the longest active playoff drought?
11. In an unprecedented move, tight end Cam McCormick was granted a ninth year of eligibility by the NCAA due to injuries and the COVID year. After starting at Oregon in 2016, McCormick is playing for what ACC school coached by Mario Cristobal?
12. What former MLB commissioner – who served from 1989 to 1992 – made a multi-million dollar donation to Yale to endow the baseball coach's position to honor his father, who played the game at the Ivy League school?

### LAST WEEK'S ANSWERS

1. Bill Belichick. Jerod Mayo, who played and served as an assistant under Belichick, was named the new head coach of the Patriots.
2. Pete Carroll.
3. Ohtani's dog.
4. Victor Wembanyama.
5. Nick Saban. Kalen DeBoer, who coached Washington for two seasons and led the Huskies to the national title game, was named to take over.
6. The NBA Draft is held over two rounds.
7. Penei Sewell.
8. Michigan.
9. Philadelphia 76ers.
10. Quinn Ewers.
11. Wyoming.
12. Bud Harrelson.

# classifieds

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## ANIMALS

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## legal notices

### SUMMONS

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IN THE FIFTH JUDICIAL DISTRICT COURT

COUNTY OF IRON, CEDAR CITY DEPARTMENT, STATE OF UTAH 40 North 100 East, Cedar City, Utah 84720

MISTY MARIE CARHART and  
 KAY DEE JOHNSON, as Personal Representatives of  
 the Estate of KEVIN DEAN JOHNSON,

Plaintiffs,

vs.

DARCY L. JOHNSON,

Defendant.

SUMMONS  
 (THIRTY-DAY)  
 Civil No. 230500200  
 Judge Ann Marie Mciff Allen

THE STATE OF UTAH TO DEFENDANT DARCY L. JOHNSON:

You are hereby summoned and required to file an Answer in writing to the COMPLAINT TO QUIET TITLE on file with the Clerk of the above-entitled Court, and to serve upon, or mail to Matthew B. Miles, Attorney for Plaintiffs at 2661 Washington Blvd., Suite 201, Ogden, Utah 84401, a copy of said Answer within thirty (30) days after service of this Summons upon you.

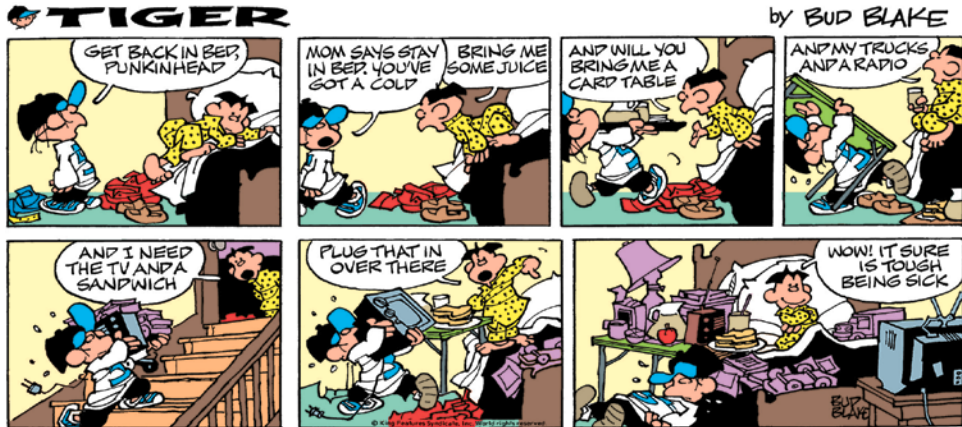
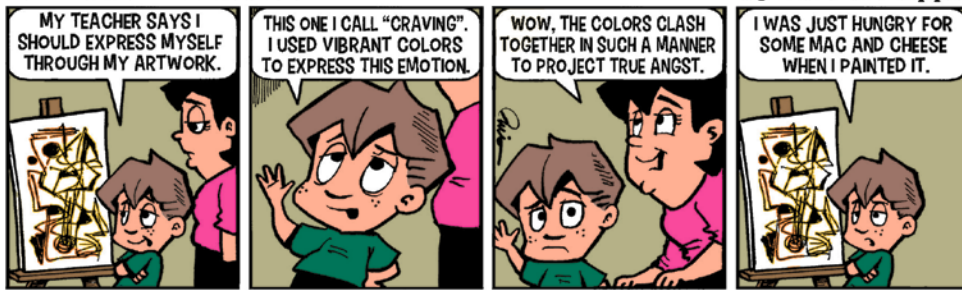
If you fail so to do, Judgment by Default will be taken against you for the relief demanded in said Complaint, which has been filed with the Clerk of said Court and a copy of which is hereto annexed and herewith served upon you.

DATED this 2nd day of January, 2024.

BY: MATTHEW B. MILES  
 Attorney for Plaintiffs

Published January 25, February 1 & February 8, 2024  
 Iron County Today • #0534

by Dave T. Phipps



### Weekly SUDOKU

by Linda Thistle

	6		2					7
5			4					9
2		7			6	3		
		1		3		7		
	4		9					8
7					8		6	1
1			7		5	9		
		6	3					5
	8			1				2

Place a number in the empty boxes in such a way that each row across, each column down and each small 6-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK:** ◆ Moderate ◆◆ Challenging ◆◆◆ HOO BOY!

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### HOCUS-FOCUS

BY HENRY BOLTIHOFF

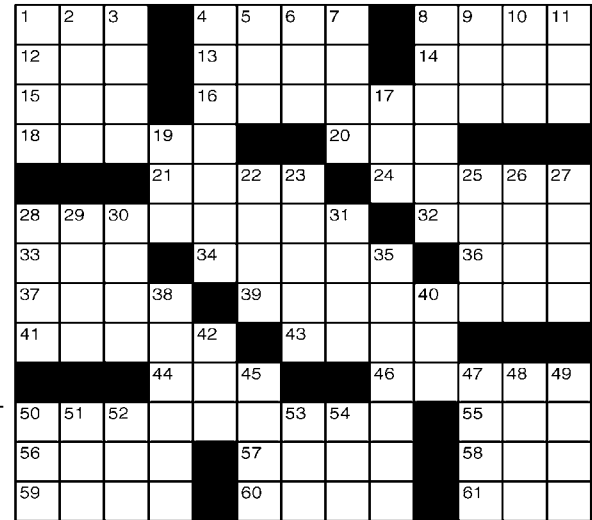
Find at least six differences in details between panels.

Differences: 1. Broom handle is longer. 2. Cloth is different. 3. Cap is different. 4. Cup is missing. 5. Cabinet is wider. 6. Flower picture is reversed.

## King Crossword

### ACROSS

- 1 Hot tub
- 4 Pack (down)
- 8 Honeycomb division
- 12 Joke
- 13 Teen fave
- 14 Celestial bear
- 15 Capote nickname
- 16 Difficult problem
- 18 Celery unit
- 20 Pantheon member
- 21 Morays
- 24 Twilight, poetically
- 28 "Bravo!"
- 32 Wry Bombeck
- 33 Raw rock
- 34 Begets
- 36 Melody
- 37 Actress Meg
- 39 Maintains
- 41 Wheel connectors
- 43 Bake sale orgs.
- 44 — Victor
- 46 Dugout seating
- 50 Sociable and lively
- 55 "Caught ya!"
- 56 Medicinal plant
- 57 Vogue rival
- 58 Singer Phair
- 59 Reporter's quest



- 60 Workout count
- 61 Mimic
- 10 Baton Rouge sch.
- 11 Felon's flight
- 17 Eggy quaff
- 19 Triathlon segment
- 22 Secular
- 23 Razor sharpener
- 25 Algerian port
- 26 During
- 27 Red planet
- 28 Mrs. Dithers of "Blondie"
- 29 African antelope
- 30 "Hud" actress Patricia
- 31 Faxed
- 35 Equine homes
- 38 Butterflies
- 40 Language suffix
- 42 High school subj.
- 45 Declare
- 47 "The Lion King" lion
- 48 Intel product
- 49 Visibility hindrance
- 50 Fire
- 51 Flamenco cheer
- 52 At once
- 53 — -de-France
- 54 Jungfrau, for one

### DOWN

- 1 Boot camp
- 2 Section
- 3 Water, in Mexico
- 4 Hearts, slangily
- 5 Big fuss
- 6 Calendar abbr.
- 7 Advertise
- 8 Get cozy (with)
- 9 Blunder

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- GENERAL KNOWLEDGE:** What is the last name of Ken, who was Barbie's boyfriend?
- TELEVISION:** In the sitcom "The Office," the company is in which U.S. city?
- GEOGRAPHY:** In which country is The Matterhorn located?
- MUSIC:** Which 1990s group was the singer Beyonce a part of?
- U.S. STATES:** In which state is Monument Valley located?
- LITERATURE:** In which children's book do the characters Tweedledee and Tweedledum appear?
- MATH:** In Roman numerals, what is XLVIII divided by XII?
- MEDICAL:** What is a common name for polythelia?
- CHEMISTRY:** How many elements are listed on the Periodic Table?
- MOVIES:** What is the year of the Olympics in the movie "Chariots of Fire"?

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2	2	9	6	1	4	5	8	3
7	5	4	1	8	3	9	7	6
8	3	6	5	9	7	4	2	1
1	9	4	8	2	5	3	6	7
3	8	5	7	1	6	2	4	9
6	7	2	4	7	3	9	1	5
4	5	3	9	6	8	7	1	2
9	6	2	7	1	4	8	3	5
1	7	8	1	7	5	3	8	4

Answer

### Weekly SUDOKU

S	P	A	T	A	M	P	C	E	L	L
G	A	G	I	O	L	U	R	S	A	
T	R	U	C	O	N	U	N	D	R	U
S	T	A	L	K	G	O	D			
E	E	L	S	G	L	O	A	M		
C	O	N	G	R	A	T	S	E	R	M
A	I	R	S	I	R	E	S			
R	A	V	A	L	E	S				
A	L	E	S	P	T	A	S			
H	C	A	V	A	L	E	S			
H	A	V	A	L	E	S				
A	L	O	E	L	I	E				
Z	A	L	O	E	L	I	E			
A	P	E								

Solution time: 24 mins.

Answers

### King Crossword

- Trivia Test Answer:
- His full name is Kenneth Sean Carson; 2. Scranton, Pennsylvania; 3. Switzerland; 4. Desha's Child; 5. Arizona; 6. "Through the Looking-Glass"; 7. IV (Four); 8. Having an extra nipple, which affects about 1%-5% of the population; 9. 118; 10. 1924.

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