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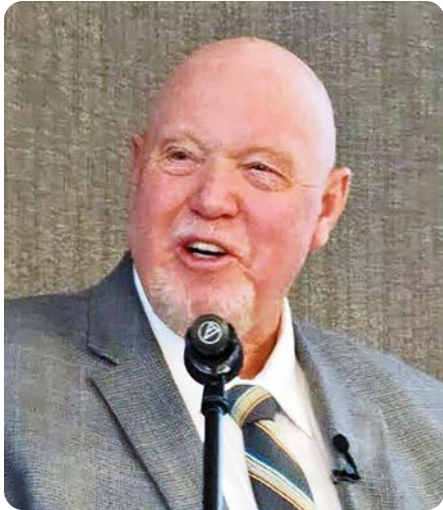
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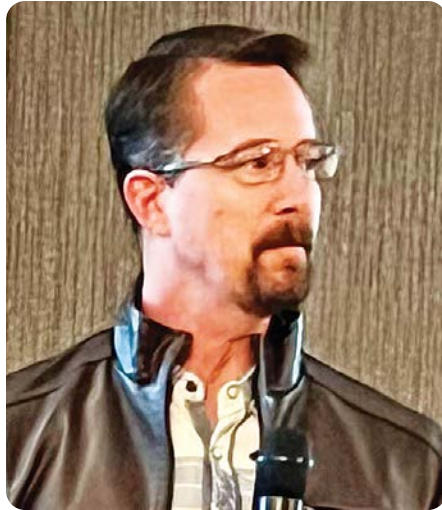
MUNCHKIN MARVELS



STORY IN SPORTS



Garth Green, Cedar City Mayor



Bret Howser, Brian Head Town Manager



Geoffrey Chesnut, Enoch City Mayor



Mollie Halterman, Parowan Mayor

PHOTOS BY DONNIE & MAY HUNTER

Iron County Economic Review Breakfast serves positive progress

by *May Hunter*

FOR IRON COUNTY TODAY

The Cedar City Chamber Of Commerce hosted the Iron County Economic Review Breakfast on February 21, 2024, at the Courtyard Marriott in Cedar City. Mayors from Cedar City, Enoch, Parowan and Brian Head shared what's happening in their area. Conversations remained positive as economics in these cities have been on an upward trend.

Cedar City Mayor Garth Green stated that Cedar City is rated the #3

population of 161 and is currently growing at a rate of 1.0% annually and its population has increased by 8.78% as there are more condominiums being built. The newest addition, Aspen Meadows, is a master-planned ski-in/ski-out gated mountain resort community, located just under the highest peak, at 11,307' (Brian Head Peak). Brian Head, is a special collection of lands that occupies an area of remarkable natural beauty and local historical reference. There is always a lot going on in Brian Head, both winter and summer.

Raptor Flight Chamber.

Parowan Mayor Mollie Halterman stated that 2024 has been a year of everything happening at once. There are multiple annexation and subdivision requests, a new bridge on Main Street and the Old Hwy 91,

A new airport runway and hangers, new pickleball courts, new trails, the Old Rock Church restoration, and of course, Solar Lighting of the "P". These and many more have made history as the most business license applications and renewals in Parowan History!

MAYORS REPORT UPWARD TRENDS

Best Small City to start a business. Building inspections, permits, new subdivisions, new business licenses, commercial & industrial building valuation have all increased. He shared that one of the greatest recent accomplishments was the purchase of old water rights. And continuing to make Iron County a great place to live, the new soccer complex on HWY 56 is in the works to be completed in the Fall 2025. Other improvements include upgrades to the Cedar City Regional Airport.

Brian Head Town Manager, Bret Howser, explained that Brian Head is continuing to expand additional skiable areas. Brian Head has a

Enoch City Mayor Geoffrey Chesnut stated that Enoch continues to experience growth. He shared some positive numbers. There has been an increase in residential-single families. An increase of 600+ industrial acres annexed. New stores include O'Reilly Auto Parts, Dollar General, and Enoch Healthcare/Pharmacy. There are also storm drainage and watershed projects in the works. Old Hwy 91 will also receive improvements, and several new building and businesses will help improve the lives of Enoch citizens. These include Iron County Youth Soccer, KJ Ice Barn, Children's Justice Center and building a new Wildlife Rescue Center & World Class

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Iron County School Board considers district cell phone policy

from Iron County School District

FOR IRON COUNTY TODAY

Consistency of rule enforcement for use of personal electronic devices in schools seems to be the main concern for teachers, Superintendent Dr. Lance Hatch told the Board of Education during its workshop Tuesday.

Hatch reported on a survey about cell phones he sent to faculty members at secondary schools. The short survey targeted two key items — whether current rules support maintaining a positive learning environment and whether enforcement of the school adopted cell phone rules are adequate. While the majority of respondents said cell phone rules supported maintaining an effective learning environment and enforcement was adequate, Hatch said the percentage disagreeing with those statements still show a need for consideration of a district-wide policy.

He proposed adding to the Responsible Use Policy (ECAC) specific language regarding Personal Electronic Devices.

“In this policy we have expectations, we have what’s going to happen if you violate the expectations, so a lot of great work has already been done, it just has not been applied to cell phone use,” Hatch said.

The proposed addition includes restricting use by preschool, elementary and middle school students to before and after school, unless authorized by an IEP, 504 or Health Plan. Currently, that policy is already followed at those grade levels. At the high school level, Hatch said the proposal would limit students to use during breaks, lunch and before and after school. Each entity would determine school-specific procedures and enforcement above that.

Each board member weighed in with thoughts on creating a policy. Board member Jeff Corry proposed the restrictions be the same at the high school as they are at the middle schools. Board member Dave Staheli commended the superintendent for the information and said the proposed policy was clear and not overly restrictive. Board president Ben Johnson asked about ear buds, which some students use while studying. “Do we have enough ability for our teachers to still make those decisions in the classrooms?” Board member Tiffiney Christiansen suggested parent and student input on a survey. “We need buy in,” Christiansen said, “Enforcement is going to be difficult.” Hatch will work on a short survey that will give parents, students and school staff a chance to give feedback on the proposal.



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opinion

FROM THE EDITOR

Take the Leap

Greetings leapers! According to “science” the Earth takes exactly 365 days, five hours, 48 minutes and 45 seconds to circle the sun. The occasional Feb. 29 ensures we don’t lose six hours every year. It also makes it quite the celebration for those with birthdays on February 29th. I’ll bet that’s quite the anticipation and celebration after a four year wait!

We all have goals and dreams that require more than just taking a step. Sometimes you gotta leap! From asking someone out on a date, or beating a deadline...whether it’s starting a family, a new business, a new job, or leaving one, there are many opportunities to leap! May I suggest that we all become leapers in our lives.



COREY BAUMGARTNER
MANAGING EDITOR

Leaping is rarely easy, convenient or comfortable, but when you really want to accomplish something, don’t let the fear of falling and failing keep you from reaching the other

side. It’s okay to fall and fail. Get back up and keep leaping! Because the true failure, is not believing in yourself enough to try, try, try again. Today, it’s time to go the distance and leap into your future!

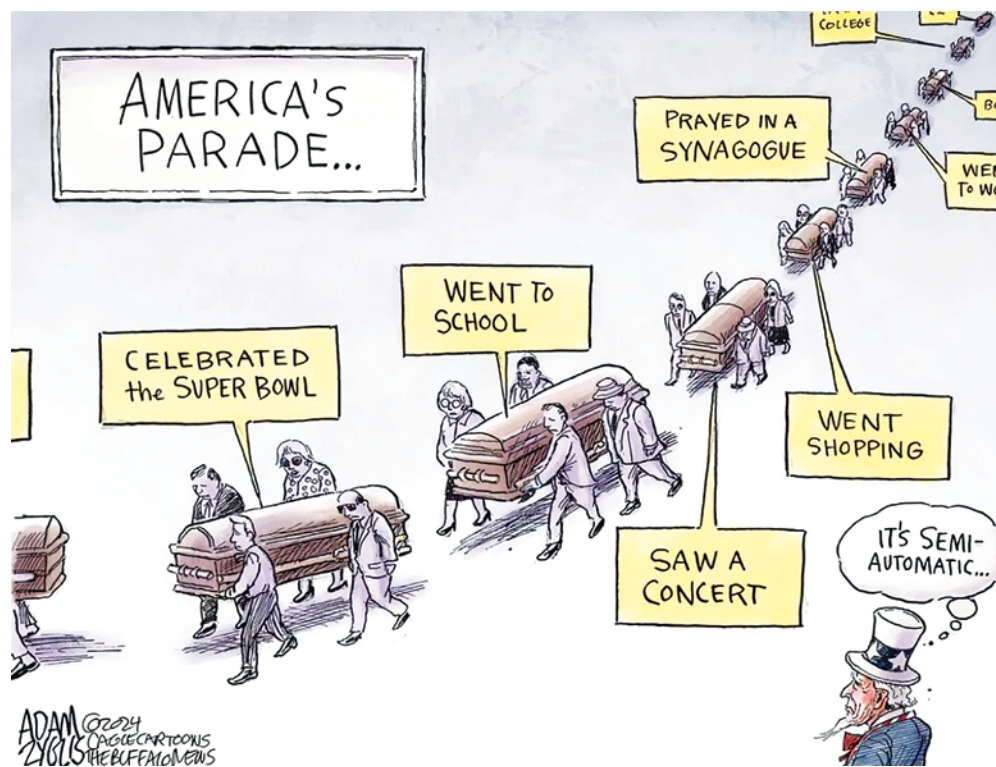
So, what great things are you going to achieve in the next 4 years? I look forward to hearing from you then! And of course before if you need some extra motivation and guidance before during and after your leap! And if you want, you can email me at my personal address, coreybaumgartner@hotmail.com.

WORD OF THE WEEK

AUDACITY

[aw-das-i-tee] Boldness or daring, with confident or arrogant disregard for personal safety, conventional thought, or other restrictions.

There are times in life that require such commitment and courage that it seems reckless, but these are the moments we must be bold and not give up.



Choosing to succeed

BLACK HISTORY MONTH – PART 5

by Edy Meredith

FOR IRON COUNTY TODAY

Byron Allen, African American media mogul, recently offered \$14.3 billion for Paramount Global, his latest effort to acquire major media assets. He started his career years ago as a stand-up comedian and was the youngest to appear on the Johnny Carson show. He is a notable figure in the American media landscape, distinct for his impressive portfolio of companies that span many aspects of entertainment and communication. His net worth is estimated at \$400 million. He established Entertainment Studios in 1993, and expanded into digital media, broadcasting, and film production through his conglomerate, Allen Media Group, including the Grio broadcast and the annual Grio awards recognizing eminent work of African Americans in entertainment, film, television, and digital media. His wife, Jennifer Lucas, is also a successful busi-

nesswoman as an entertainment writer and producer. They have three children together as a multiracial couple.

Byron Allen’s life demonstrates how success comes to those of any racial background when they work hard and develop ongoing beneficial relationships. I receive the Grio channel on channel 4.4 from the air with a good GE antenna I bought at Walmart 7 years ago for about \$50.00 on a Sylvania television that is over 20 years old. So, it doesn’t take a fancy or expensive hook-up to get informative news and entertainment.

As part of TheGrio broadcasts, Byron Allen sponsors the Grio Awards as a tribute to cultural icons and innovators whose contributions have profoundly impacted Black lives. From artists to film stars and community heroes, TheGrio celebrates excellence and those who go the extra mile to succeed. During this month on

see **CHOOSING** » 11

QUOTE OF THE WEEK

“Courage is not the absence of fear, but the triumph over it.”

Nelson Mandela

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Potential life-sentence handed down by Cedar City judge

by Iron County Today Staff

IRON COUNTY TODAY

A judge from Cedar City's Fifth District Court handed down a potential life sentence on Tuesday, ordering a 50-year-old defendant to serve a minimum of 40 years for two first-degree felonies.

Judge Ann Marie Mciff Allen sentenced the defendant, Aaron Moody, to 25 years to life for sodomy of a child and 15 years to life for aggravated sexual abuse of a child. Allen made the sentences consecutive, stating that she felt the crime was so egregious it warranted a stiff penalty.

"She was very clear in her sentence. She felt it needed to be served one after another rather than him getting credit for time served at the same time," Deputy County Attorney Trajan Evans said.

The sentencing was part of a plea agreement done with the Iron County Attorney's Office to avoid having to put the victims on the stand. "The defendant didn't want to have to put the victims through a trial so he agreed to the plea agreement and was willing to accept the penalties," Evans said.

The Iron County Attorney, Chad Dotson, is relieved to see the case resolved and believes the sentencing aligns with the severity of the crime. "He will be 90 years old before he's out. I think in this case the sentence was definitely appropriate," Dotson said. "I really want to thank the hard work everyone put into this case. The investigators of the Iron County Sheriff's Office, my prosecuting team, the victim's advocates, and the Children's Justice Center all did a fantastic job."

Moody was initially arrested in October 2023 along with his 44-year-old wife, Angelica Moody, by the Iron County Sheriff's Office. She has since pleaded not guilty by reason of insanity and is currently undergoing mental competency examinations. Evans clarified that Angelica Moody is not claiming she is incompetent to stand trial but rather she was "insane" at the time the crimes were committed.


Aaron Moody was originally charged with a first-degree felony sodomy of a child, a second-degree felony for forcible sexual abuse, and a third-degree felony for endangerment of a child or vulnerable adult. His initial charges also included several misdemeanors for bestiality, possession of marijuana, and paraphernalia.


Angelica Moody faces 10 counts of sodomy of a child and one count of aggravated sexual assault, all first-degree felonies. Additionally, she is charged with a second-degree felony for forcible sexual abuse, along with two third-degree felonies for incest and endangerment of a child or elderly adult. Furthermore, she is accused of two counts of bestiality and possession of a controlled substance, both misdemeanors.

The probable cause statement provides a detailed report that included numerous incidents of child sex abuse. The events allegedly took place over two years from 2021 to 2023.

After confessing to the police about her and her husband's actions, Angelica Moody later recorded a phone conversation with him where he admitted to the allegations, the police report said. The victims also corroborated the information to law enforcement.

Note: While stories of this nature typically offer additional details from the police report, Iron County Today has refrained from elaborating on the alleged actions of the defendants in this case. This decision is made to maintain the protection of the victims' privacy, and well-being






IRON COUNTY FORECAST

A QUIET AND MILD END TO THE WORKWEEK WITH HIGHS NEAR 60. BIG CHANGES ARRIVE THIS WEEKEND WITH A BIG DROP IN TEMPERATURES AND A CHANCE OF RAIN AND SNOW ON SATURDAY, THEN A CHANCE OF STRAIGHT SNOW ON SUNDAY. CALMER CONDITIONS FOLLOW NEXT WEEK WITH A WARMING TREND.

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ABC4.com/weather



THURSDAY
Mostly Sunny
59°/39°
PRECIP: 0%
WINDS: SSW 10-15

FRIDAY
Partly Cloudy
60°/38°
PRECIP: 10%
WINDS: SSW 20-25

SATURDAY
Chance Rain/Snow
52°/24°
PRECIP: 50%
WINDS: SSW 20-25

SUNDAY
Chance Snow
38°/16°
PRECIP: 60%
WINDS: WSW 10-15

MONDAY
Slight Chance
35°/18°
PRECIP: 20%
WINDS: NW 10-15

TUESDAY
Partly Cloudy
41°/23°
PRECIP: 0%
WINDS: SW 5-10

WEDNESDAY
Partly Cloudy
45°/26°
PRECIP: 10%
WINDS: SW 5-10

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ICT | insiders club corner



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Opinions expressed in the following articles are those of the author and don't necessarily represent those of all Insider Members or Iron County Today

What we do with time

by Michael Joyner

ICT INSIDER

Both of my grandfathers were farmers. One of them I never got to know. I saw him only once and he passed away when I was just barely four years old. The other one died when I was twelve. I didn't see him often, either, but he taught me a lot during the times I spent with him. He did not use an alarm clock, yet he managed to be up before dawn every morning. He would pull on his overalls while I gathered up my shorts and t-shirt, and we would quietly make our way into the kitchen. There he would fix us each a little bowl of cereal. That was intended to tide us over until Grandmama set the table with a massive farm breakfast.

Between the cereal and Grandmama's hot meal he followed a ritual, and when I was there, I followed it as well. He would walk to the henhouse and scatter cracked corn on the ground for the chickens, gather whatever eggs were available and take them into the kitchen. Then we would climb into his old pickup truck and make the rounds. He drove to the barn to feed the mules and hogs, to each of the fields to take a look at the tobacco, corn and cotton, and back to the house. We would usually walk into the dining room just as a pan of hot biscuits was placed on the table. His timing was perfect.

Granddaddy never wore a watch. I never saw him look at a clock, either, but he always seemed to know what time it was. My cousins and I were fascinated with this ability of his and would often challenge him

to tell us what time it was. He would always state the correct time within fifteen minutes, even after dark. My older brother asked him one day how he could always guess the correct time. "It's not a guess," he answered. "A farmer always knows what time it is."

My mother later told me a story that helped me to understand how he always knew the time. At the end of World War II, both of her older brothers



SHUTTERSTOCK

came home with gifts for all the family. The oldest had been stationed in Germany, so he brought Granddaddy a fine wristwatch. A few days later at dinner, she noticed that he was not wearing the watch. "Is it in your pocket?" she asked. "No," he said. "It's in my top drawer. If I start looking at that thing I'll forget how to tell time."

Granddaddy didn't care much for daylight saving time, either. I heard him say more than once, "You

can change that clock back and forth all you want, but that won't change what time it is." Eventually, that made a lot of sense to me. The crops and the animals didn't care at all if people set their clocks forward in the spring and back in the fall.

In my old age I have come to believe that time is the only true justice in life. No matter how old we are, no matter how much money we have, where we live or what we do for a living, we all have the same number of hours in a day. We can waste our time, but we can't beg, borrow or steal more time. All we can do is make the best of the time we have.

Daylight Saving Time Misnamed

by Neal Smith

ICT INSIDER

Let us start with the basics. There are only 24 hours in a day with a portion of those hours the sun is shining producing daylight. Now the trick is, how do we save any of that daylight? Is that even possible?

I am reminded of a wise old philosopher talking about Daylight Saving Time.

"Only a politician would think he could cut the bottom off a blanket, sew it on the top, and have more blanket."

Isn't this what we do when they mess with the clock twice a year? Maybe it is even more foolish. We cut the bottom off the blanket and sew it on the top, then a few months later, we cut it off the top and sew it back on the bottom of the blanket. I think we just ruin a perfectly good blanket and we don't save anything. One thing we do manage to do is mess up our sleep cycle twice a year.

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public & health

74th Annual 'Best of Cedar City' Awards Gala on March 7

Cedar City is home to a number of distinctively unique and innovative businesses, individuals, and organizations. The people of Iron County serve, develop and actively contribute to help the community and those in their respective industries, to grow and thrive. Each year, the community nominates businesses, organizations, and individuals to be recognized across 16 different categories. Nominations are then voted on by members of the Cedar City Chamber of Commerce to be celebrated at the Best of Cedar City Annual Awards Gala.

Award winners will be honored at the Awards Gala on March 7, 2024 at 6:00 p.m. in the S.U.U. Sharwan Smith Center Ballroom. Tickets and sponsorships are available for purchase through the Cedar City Chamber of Commerce located at 510 West 800 South or call (435) 586-4484.

We hope you will join us in celebrating the achievements and contributions of these individuals, businesses, and organizations. Congratulations to all of our winners.

The Cedar City Chamber of Commerce along with our presenting sponsor BZI are pleased to announce our Best of Cedar City 2023 winners.

- » CEO Award: Southern Utah University
- » Award Sponsor: Dixie Leavitt Agency
- » Man of the Year: Craig Isom
- » Award Sponsor: Carter Wilkey – Fathom Realty
- » Woman of the Year: Tessa Douglas
- » Award Sponsor: Cedar Band Corp
- » Business of the Year: Festival City Farmer's Market
- » Award Sponsor: Jennifer Davis – ERA Realty
- » Educator of the Year: Rob Potter
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- » Restaurant of the Year: Pizza Cart
- » Award Sponsor: Choice Builders
- » Organization of the Year: Vision Iron County

- » Award Sponsor: InfoWest
- » Young Citizen of the Year: Sadie Hinck
- » Award Sponsor: Desert Pain Specialists
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- » Innovative Business of the Year: RCS Rocket Motor Components
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- » Award Sponsor: D&D Variety
- » Customer Service of the Year: Lin's Market
- » Award Sponsor: Cedar City Motor Company
- » Ambassador Spirit Award: Julie Padilla
- » Award Sponsor: Safari Hospitality
- » Excellence in the Arts – in Memory of Fred C. Adams: Cedar City Children's Musical Theatre
- » Award Sponsor: Utah Shakespeare Festival
- » Legacy Lifetime Achievement: Neal Smith
- » Award Sponsor: Southern Utah University

Funding competition for organizations providing entrepreneurial training for women veterans

from U.S. Small Business Admin.

FOR IRON COUNTY TODAY

The U.S. Small Business Administration has opened applications for non-profits and private firms to compete for up to \$300,000 in funding to provide entrepreneurship training to women veterans. The Women Veteran Entrepreneurship Training Program aims to support women veterans in starting or growing their businesses, with up to six grantees receiving awards for a base period of 12 months, extendable for three additional 12-month periods.

"Utah's commitment to supporting veterans is unwavering," said Marla Trollan, SBA Utah District Director. "This grant would enhance

"This grant would enhance the veteran support system here in Utah as well as assisting women veterans around the country."

Marla Trollan, SBA Utah District Director

the veteran support system here in Utah as well as assisting women veterans around the country. I encourage organizations who are already serving veterans and women on their entrepreneurial journey to consider applying for this amazing

opportunity which will help them in their mission to empower women veterans to succeed."

The application period is open until March 21, 2024. Interested organizations must apply through grants.gov.






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Southern Utah University

SUU's Cyber Defense National Designation renewed

by *Nikki Koontz*

SUU MARKETING COMMUNICATION

Southern Utah University's Department of Computer Science & Cybersecurity is honored to once again earn a designation as a National Center of Academic Excellence in Cyber Defense (CAE-CD) by the

once again lives up to its potential as a university that prioritizes student success."

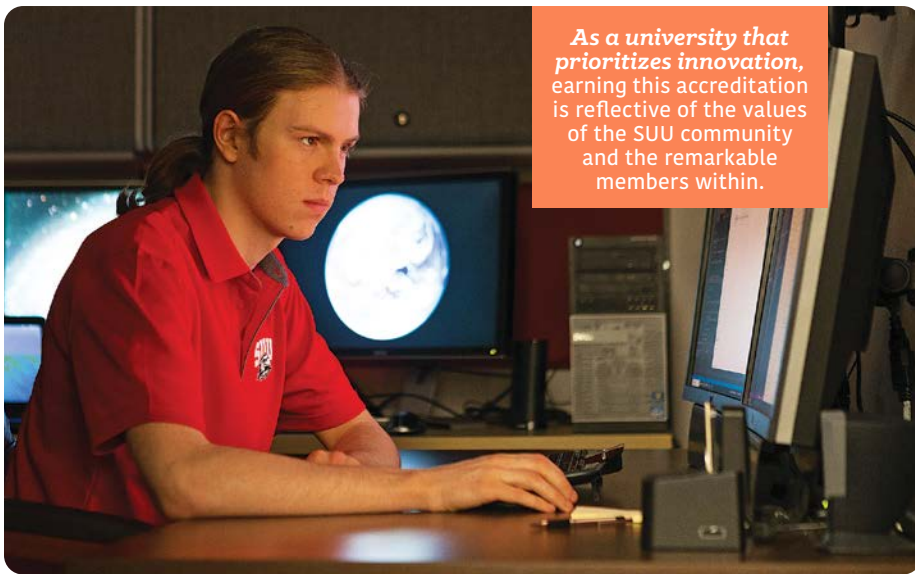
Another advantage includes access to recruitment scholarships at CAE-CD-designated universities. If acquired, students will be eligible for full-time employment at various (DoD) agencies and facilities. These

Northwest Commission of Colleges and Universities. The recognition proves that SUU continues to live up to its potential.

The university initially earned this distinction in July 2018, making SUU eligible for several grants and faculty training opportunities since that time that directly enhance cybersecurity education. Since adopting cybersecurity as a major in Fall 2021, the program has grown exponentially—with three times as many students as

of Spring 2024. Growth rates for the program are projected to continue in coming years, thanks to outreach and involvement at elementary and secondary schools in Cedar City.

As a university that prioritizes innovation, earning this accreditation is reflective of the values of the SUU community and the remarkable members within. Learn more about the programs relating to Computer Science and Cybersecurity at www.suu.edu/csc.



COURTESY SUU

As a university that prioritizes innovation, earning this accreditation is reflective of the values of the SUU community and the remarkable members within.

National Security Administration (NSA) for their Bachelor of Science in Cybersecurity degree.

The CAE-CD provides cybersecurity students with several unique opportunities. Students attending a CAE-CD school are eligible to compete at a national level in cyber defense competitions, which foster professional connections and hands-on learning. Last semester, competing students took 3rd overall in the country and 1st place among the defending teams at the national Hack the Building 2.0 competition.

"Through this honor, students can prove that their education in cyber defense is meaningful and that they have learned about the breadth and depth of topics needed to be qualified for employers to keep their computer systems secure," said Dr. Sagers department chair and associate professor of cybersecurity. "This endorsement proves that SUU

candidates may also receive compensation for travel expenditures, room, and board for a cyber-related conference.

Dr. Sagers, Dr. Garry Wallace, Dr. Shalini Kesar and Dr. R. Alexander Nichols led the effort to retain CAE-CD endorsement. After a thorough evaluation, the cybersecurity program satisfied the criteria for the distinction.

The rigorous application process assessed the curriculum to ensure that all mandated content is taught and assessed, and the number of graduates and qualified teachers, institutional support, student participation in activities, security policies and protection of data for students and faculty are also evaluated. After the program of study evaluation, the assessment and continuous improvement plans of the degree are examined, as well as the regional accreditation of the University by the

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IRON COUNTY GOVERNMENT RECAPS

Cedar City Council

by Iron County Today Staff

IRON COUNTY TODAY

The council celebrated Nick Bitman's son's state swimming records, welcomed Terry Hermanson and Ellen Wheeler to new committee roles, and discussed community engagement initiatives like "Love Where You Live" and the local Chinese New Year celebration.

Chief Adams and shelter manager Brittany McCabe presented concerning stats about the animal shelter, prompting talks on fee adjustments and awareness campaigns.

Another topic was the need for adjustments to city ordinances on fence heights for residential nursery schools. Amanda Parker advocated for alignment with state requirements to ease the process for establishing in-home day cares, supported by experienced childcare provider Christina Graff. This discussion showcased the challenges faced by childcare providers in meeting regulatory standards and the benefits of aligning city ordinances with state standards for community accessibility and affordability of childcare services.

Discussion also include a proposed zoning and development changes, including concerns about increased density's impact on quality of life. The dialogue focused on issues like traffic and preserving neighborhood character. A survey revealed residents' preference for lower-density housing. Developers emphasized balancing growth with community values, aiming to align proposals with the city's plan while addressing demands for affordable housing.

One significant topic centered around the historic flooding event of 2005 and subsequent legal actions taken by residents affected by flooding around the Quichipa area. The plaintiffs argued that the city's infrastructure developments, particularly asphalt and concrete construction, had exacerbated flood risks. However, the courts dismissed the suit based on evidence suggesting that the city had preserved the historic flow patterns of Coal Creek and had conducted extensive hydrological studies to support their case.

The city wants to be more open and transparent about how we develop our infrastructure, and that starts with keeping everyone informed and involved. Some folks are worried that all this extra notification might slow things down or make the planning process more complicated. Councilmember Wilkie stressed that it's more important to do things

right than to rush through them. The goal here is to find a balance between getting people involved and keeping things moving smoothly.

Parowan City Council

by Jennelle Zajac

FOR IRON COUNTY TODAY

Industrial Park Master Plan Design Approved

Parowan City received a grant from the Governor's Office of Economic Opportunity for the creation of an Industrial Park Master Plan. This plan will include planned infrastructure for the airport and the industrial area of Parowan. Jones & DeMille has been recommended to assist Parowan City with the engineering services and preparation of the plan. The Council voted unanimously to approve the selection of Jones & DeMille for this work.

Arbor Day Proclamation

April 29, 2024, has been proclaimed as Arbor Day for Parowan City. Mayor Mollie Halterman urged all citizens to go out and plant trees on Arbor Day. The Council approved the proclamation.

RAP Tax Ordinance Approved

The Council unanimously approved the RAP Tax Ordinance 2024-01 which will provide funds for Recreation, Arts and Parks for Parowan Citizens.

Land, Water, Conservation Fund Grant for Pickleball Courts

Parowan City will apply for a \$200k grant which will, combined with previous grant money received, will fund construction of the 6 planned courts and site improvements like shade structures and spectator seating. The Council approved the application.

During the Work Meeting portion of the meeting, several items were presented for discussion with no action taken by the Council:

- Parowan Chamber of Commerce is hosting a Party on March 6, 2024, from 5:30 to 7:30 pm at Cedar Rose Estates. The theme is St. Patrick's Day. Cost is \$15 per person and everyone is invited to attend.
- Parowan Art Program Update: Steve

Decker reported that the Third Thursday Art Program has been quite a success with several known artists and many locals participating. Average attendance is thirteen with high reviews being given to the projects and art mentors.

- City Manager Dan Jessen brought the new City Council up to speed on the current status of Billboards in Parowan. Parowan's Planning and Zoning Commission made a positive recommendation for billboards in Parowan; public hearings and City Council meetings in 2023 resulted in the council requesting creation of ordinance banning new billboards within the City limits of Parowan. This item will be reconsidered after the Parowan Economic Development Committee reviews it and makes a recommendation to the City Council.

- Parowan City will update code to align with State of Utah code for water backflow and cross-connections within City Water systems. Billy Calloway of Parowan Public Works presented requirements that will be incorporated into the proposed ordinance and City workers will work with citizens who have systems out of compliance.

Residents are encouraged to attend city Council Meetings on the first and third Thursday of each month at 6:00 p.m. at the Parowan City Council Chambers. Alternatively, the meetings can be viewed at <https://www.youtube.com/@parowancity2030>

Cedar City Planning Commission

by Iron County Today Staff

IRON COUNTY TODAY

In a recent Cedar City Planning Commission meeting, key agenda items were deliberated upon, encompassing a range of development proposals and zoning regulations crucial to the city's growth and infrastructure.

Townhomes on Center Street

One focal point was a proposal for a townhomes project situated on Center Street, accompanied by a request for a variance concerning a three-way stop. This particular proposition prompted a thorough examination of traffic management strategies and their implications for pedestrian safety and vehicular flow.

Many residents voiced concerns about potential consequences like increased population density, traffic jams, and strains on local resources. They made a strong plea to decision-makers, urging

them to prioritize the well-being of current residents over any potential economic benefits. Despite differing opinions, the meeting highlighted a shared commitment to preserving the unique character and livability of Cedar City neighborhoods. Residents voiced their desire for transparent decision-making processes and meaningful community engagement in shaping the future development of their area.

Sewer Main Plan

Clint Rogers, a professional engineer and water manager at Stand Tech, highlighted Cedar City's updated sewer main plan. Emphasizing the need for expansion readiness and infrastructure maintenance, the plan addresses current issues and future growth projections. Rogers outlined findings, indicating minor congestion in specific areas and projected strain over the next five to ten years, particularly in the west and south sectors. Proposed projects totaling \$70 million aim to alleviate congestion and accommodate growth, though challenges such as funding limitations persist. Despite obstacles, the plan provides a clear path for infrastructure improvement, essential for Cedar City's sustainable development and residents' quality of life.

Residential Development

Local officials recently discussed proposed ordinances to streamline residential development processes and ensure adequate infrastructure. As such, two key ordinances were addressed. One, clustering developments and another on public improvement requirements. One example is in an R1 zone with a 10,000 square foot minimum lot size, the ordinance would allow lots as small as 5,000 square feet. Yet, with setbacks and width requirements considered, actual lot sizes may exceed half the minimum. The talk emphasized the need for residential projects to come with essential public upgrades like roads and utilities. Two, a new ordinance proposes that developers contribute to these improvements when certain criteria are met, preventing taxpayers from shouldering the burden. By tying these requirements to existing zoning laws, the city hopes to balance development and community well-being. Feedback from stakeholders will refine the proposals to ensure fairness and long-term sustainability.

In addressing these complex issues, planners seek to engage with stakeholders, including developers, homeowners, and community organizations, to gather input and ensure that zoning regulations reflect the diverse needs and preferences of residents.

UTAH LEGISLATIVE UPDATES

House of Representatives

Working For Utah

We've finished the sixth week of the 2024 Legislative Session and there is one week left. The marathon is turning into an all-out sprint and I will continue to represent all Rural Utah and ensure that your concerns are heard.

Legislative Updates

Here is a closer look at my legislation. H.B. 241 Clean Energy Amendments, H.B. 31 Agritourism Amendments and H.C.R. 8 Butch Cassidy State Monument passed the Senate and have been sent to the Governor to sign into law. H.B. 124 Energy Infrastructure Amendments, and H.C.R. 13 Concurrent Resolution Related To The Division Of Wildlife Resources are awaiting consideration by the Senate. H.B. 483 Construction Trade Amendments, H.B. Public Land Use Amendments, and H.B. 522 Veterinarian Education Loan Repayment Program were all heard and passed on the House Floor late Thursday night and Friday morning and are headed for Senate Committee. The remainder of my bills are also awaiting the Governor's signature. H.B. 54 Coal Miner Certification Panel Amendments – Governor's Desk, H.B. 61 Water Measuring And Accounting Amendments – Governor's Desk, H.B. 239 State Employee Cybersecurity Training Requirements – Governor's Desk, H.B. 363 Livestock Grazing Amendments – Governor's Desk, H.B. 384 Utah Geological Survey Data Submission Amendments – Governor's Desk.

Guests

I've had another high school shadow intern with me this week, Conner Nelson, from North Sevier High School. He even had the special opportunity to tour the Capitol Dome with Representative Jon Hawkins. On Wednesday I spoke with the Women's State Legislative Council of Utah to discuss my energy bills and how important it is to ensure that we have affordable and dispatchable power for our growing state. Senator Mike Lee also stopped by House Majority Caucus Lunch Wednesday to highlight some of the legislation he is sponsoring at the federal level.

Friday was Utah Farm Bureau's Day on the Hill; we had ranchers, farmers and other ag producers here to educate legislators on the benefit they provide for all of Utah. I spoke to their members on my legislation and my priorities for Rural Utah. Superintendent Willis and other members of the Piute County School District spoke to me Thursday afternoon about the bills they support or oppose. During the Rural Caucus breakfast Friday morning we were pleased to hear from Utah State on their Vet Program and from Utah Department of Agriculture and Food on their Soil Health Program.

Conclusion

I hope that all my constituents reach out regarding any concerns, I again invite you to do so. My intern is Gage Duffin, a graduate of Utah State University. His email address is gduffin@le.utah.gov. His telephone number is (385) 420-3079. I always look forward to representing all the needs and interests of all Rural Utah. Please contact me directly by email at carlalbrecht@le.utah.gov or text or call (435) 979-6578.

— Rep. Carl Albrecht

Week 6 of the session has come to a close. This week was a short week, as Monday was Presidents Day. It was good to come home to Cedar City for a long weekend and prepare for the chaos ahead.

I started my week in the Senate Natural Resources, Agriculture and Environment Committee. I presented my bills HB 291 and HB 297. HB 291 is a clean-up bill for the Department of Food and Agriculture, with the help of Amber Brown and others the bill passed through committee without issue. I also presented HB 297, the Utah Bee Inspection Act to the Natural Resources committee and it passed without issue. I'm excited to see these bills move through the Senate Floor next week.

These bills will improve life for small producers and beekeepers. I'm especially excited to see HB 297 come to fruition. This bill is a step in the right direction for beekeepers and municipalities.

On Wednesday I presented HB 526 Shell Egg Producers Amendments to the House Natural Resources, Agriculture, and Environment and it passed unanimously. I'm thankful for the support from my colleagues and hope to see this one move



REP. CARL ALBRECHT
UTAH HOUSE DISTRICT 70



REP. REX SHIPP
UTAH HOUSE DISTRICT 71



SEN. EVAN VICKERS
UTAH SENATE DISTRICT 28

through the legislative process this upcoming week. I had the chance to talk about HB 526 to the Women's State Legislative Council of Utah. I was happy to be part of the discussion and work with such wonderful individuals.

Carson Brown, SUU's Student Body President was on Capitol Hill this week and we had the chance to sit together on the house floor. Carson is a brilliant young man and I'm excited to see what he does in the future. I also presented my bill HB 356, Bail amendments in the Senate Judiciary, Law Enforcement, and Criminal Justice Committee, and it passed. This bill will improve safety and public record.

In exciting news, my bill HB 158 Criminal Defamation Amendments has passed both the House and Senate bodies and is enrolled to be signed by the governor. This bill is nearly across the finish line and will soon become law. I am excited for this chance and I'm thankful that so many from my community have worked on this bill with me. In our local area we have seen the impact of Criminal Defamation, I view it as unconstitutional and a limiting factor on free speech. I'm thrilled to share this news with you and I hope to see this section of the statue gone.

With only one week remaining of our seven-week Legislative session, every minute counts. This past week I have been hard at work ensuring that the bills we pass will be beneficial for our community. During week 6, we passed bills to safeguard the quality of

our higher education institutions, eliminate unnecessary school fees for Utah students and families, and safeguard our water future. During our last week on the hill, make sure you continue to follow along with the process in person or online at le.utah.gov.

— Rep. Rex Shipp

Utah Senate

We have one week remaining for the 2024 General Session. Over the last six weeks, we have passed more than 200 bills on various topics spanning from homelessness and affordable housing to water and social media regulation. The last week of the legislative session is the busiest of the year with many early mornings and late nights on the Senate floor. Utah has the shortest legislative session in the country—only 45 days. The Legislature is constitutionally required to adjourn on March 1 before midnight. After we adjourn, lawmakers return to their communities to resume their everyday lives.

Part of the beauty of the Utah Legislature, and why our state is the best-managed state in the nation, is due to our part-time, citizen legislature.

Lawmakers live and work among their constituents with the laws they have passed. It also promotes innovative solutions to issues facing the state because of the various expertise each member brings. We have teachers, doctors, attorneys, police officers, ranchers and other professions that bring varying perspectives to the legislature. Diverse experiences provide insight when crafting policy and creating laws.

My work as a business owner and pharmacist help inform my perspective as a legislator, just as it does for my legislative colleagues.

For example, I often work on legislation to improve the efficiency of government oversight within my profession. This session, I'm running S.B. 207 Pharmacy Practice Act Amendments, which allows pharmacists to include a QR code on medicine bottles with links to medication guides that outline information such as recommended dosages and side effects. While this may seem like a simple change, the bill will benefit Utahns by increasing accessibility to their prescription information.

Each year, the legislature balances the state budget. Deciding where to allocate funds is a significant aspect of the process. Throughout the session, we have many discussions to determine the best balance between meeting the demands of the state, supporting Utahns and remaining fiscally responsible. The Executive Appropriations Committee (EAC) recommended the 2024-25 budget on Friday evening. This year's recommendations include significant education, water and workforce development funding while reducing taxes for the fourth consecutive year. The EAC budget recommendation is now advanced to the entire Legislature for consideration and will continue to be refined during the final week of the session. We recognize wise financial decisions now will help the state be fiscally secure for generations to come. I will keep you updated on the state's final budget and the funding that will impact our

CHOOSING

« CONTINUED FROM PAGE 4

February 9, 10, and 11, Sheryl Underwood and Roy Wood, Jr. hosted the two-hour award celebration. TheGrio has a viewership that spans over 50 million subscribers on Charter/Spectrum, Comcast Xfinity, Cox, DirectTV, Dish, Verizon Fios, and over-the-air broadcast stations (like I get) because TheGrio ownership wants to ensure that its programming reaches diverse audiences.

In TheGrio awards this year, Byron Allen spoke about the truth that some in America are attacking Black American history stating that “At this time, 44 states are debating which Black history to teach in schools. There’s only one Black history that should be taught: the truth... Unfortunately, we have seen this before. When you erase the truth, you can repeat the atrocities again. That’s why I’ve dedicated my life to building one of the world’s biggest media companies, simply because we must tell our own stories, keep control of the narrative and our images. Representation matters. When we see positive images of ourselves, it lifts our spirits. You cannot be what you cannot see.... slavery did not benefit Black people and the greatest trade deficit in America is the one between white corporate America and Black America.”

He went on to state that proper education is very important for African Americans.... having equal justice and representation in the boardroom and classroom, making sure that African Americans have real economic inclusion, proper health care, and lowering the incidence of attacks on Black Americans in the streets. With warriors like Byron Allen and the African American astronauts featured last week, African Americans can reach for, find, and receive the shining stars which are emblems and the true rewards of living in truth.



COURTESY PHOTO

SUU President Mindy Benson, along with Southwest Tech President Brennan Wood, SUU Board of Trustees Chair Jodi Hart-Wilson, SUUSA President Carson Brown, and SUU’s Community and Government Relations lead Becki Bronson presented me with an autographed football helmet for my office. Go T-Birds!

SENATE

« CONTINUED FROM PAGE 10

community.

I appreciate those of you who have reached out to share your perspective on legislation throughout the session. I always appreciate receiving your input on bills. As we finish the 2024 session, please continue to share your perspective with me. You can contact me at evickers@le.utah.gov. Thank you for allowing me to serve as your state senator. I look forward to returning home to all of you in Cedar City soon.

— **Sen. Evan Vickers**

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ARTS + ENTERTAINMENT IN IRON COUNTY

'Love, Hope, & Unity'

Chinese New Year celebrated in Cedar with Miss Utah, Sarah Sun

by May Hunter

FOR IRON COUNTY TODAY

The Family Support Center of Southwestern Utah is committed to strengthening families, protecting children, and promoting healthy relationships. That's why Miss Utah, Sarah Sun, was invited back to her hometown during the Chinese New Year celebration. Sarah Sun became the first Asian American to be crowned Miss Utah, with her commitment is to create positive change.

Executive Director Connie Furnival said, "We wanted to bring Sarah Sun back to Cedar City for this special event to both celebrate her and to spread her message of love, hope, and unity in our families and in the community."

Sun was the special guest at the Chinese New Year celebration was held at the Heritage Theater on Wednesday February 21, 2024. With a welcome and introduction by Maile Wilson-Edwards, the Heritage Center Theater was filled with excitement and anticipation. Sun performed an amazing piano solo, which was followed by her violin duet with Ling Yu, "Happy New Year"



(R) Maile Wilson-Edwards and her daughter join Sarah Sun at the celebration. (L) Sarah performs for the audience.



Bluegrass music “Dream Team” to perform in Cedar

from Marty Warburton

FOR IRON COUNTY TODAY

Over the last, well, 94 years, Cedar City Music Arts has continuously hosted world class artists from around the globe. Everything



John Moore



Rick Faris

from Opera to Dance, from the Utah Symphony to The Spanish Brass, and Concert Pianists to The Jive Aces, CCMA again raises the musical bar.

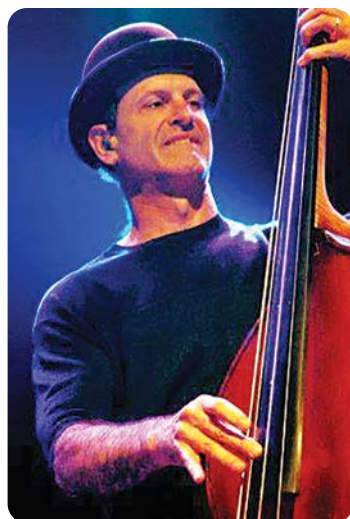
Four of the hottest touring Bluegrass musicians in the business will take the stage at the Heritage Center

Theater on Wednesday, March 6th. While never playing together before, each of them perfectly speak and understand the language of the music they love and render. Real, Live, Bluegrass.

John Moore, having been the mandolinist, guitarist and vocalist for the acclaimed band Bluegrass Etc., was also the mandolinist with the band California, the International Bluegrass



Jake Workman



Mark Schatz

Music Association's Instrumental Band of the Year, three years in a row. He is also a sought-after

teacher, having taught some of today's hottest young musicians, including the likes of Chris Thile and Sean & Sara Watkins of Nickel Creek.

Bassist Mark Schatz is a true 'renaissance man' of the acoustic music world. A two-time winner of the IBMA Bass Player of the Year, Mark is best known for his

contributions on some of the most iconic recordings in bluegrass by artists such as Tony Rice, Bela Fleck, John

see **DREAM TEAM** » 15

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Music Festivals celebrate 39 years of musical achievement

by Sara Penny

FOR IRON COUNTY TODAY

March brings music students from throughout southern Utah to Cedar City for both piano and string Music Festivals. The students play two memorized pieces for a panel of three judges to receive written commentary and earn points for Gold Cup trophies. Strings start on March 2 with the piano students on March 23, both at the SUU Music Building.

Having a performance opportunity and getting written comments helps build the musical standard for the young musicians. The Festivals are organized as mini-recitals so the students can hear a few other performances at their level. This helps them discover new repertoire and also helps them have a positive performing experience with their family and friends. The students are also encouraged to watch other sessions.

Marin Colby directs the Southern Utah String Festival with a team of volunteers. Karaly Whitesel serves as treasurer and judging coordinator. Lauana Carter organizes the Gold Cup recitals and trophies. The website is www.southernutahstringfestival.org. This year also offers an online option and students are participating from all over the United States. The String Festival is co-sponsored by the SUU Music Department since 2023.

Gold Cup Scholarships are available to seniors planning to attend SUU who have earned at least one Gold Cup. String students may apply for the \$100 scholarship by March 30 by submitting the application at <https://form.jotform.com/233194650701149> "We have given as much as \$1000 a year and we encourage the students who are going to SUU to apply," said Sara Penny, scholarship coordinator. This is open to all majors, not just music.

The National Federation of Music Clubs Piano Festival is partially sponsored by the SUU Music Department and is set for Saturday, March 23, at SUU, starting at 8 a.m. It is directed by Brittnie Larson. Piano students may also apply for a \$100 scholarship if attending SUU in the fall if they have earned at least one Gold Cup trophy. Applications will be available at the Piano Festival.

This year we celebrated Sarah Sun as Miss Utah. She participated in the Music Festivals when she was a child. Other notable participants have performed as concerto soloists with orchestra, started their own music studios, and many continue to provide musical service for community and church events.

"We appreciate the team of volunteer coordinators, judges, and tabulators who make this experience possible for our young musicians," said Sara Penny, founding director.



Young musicians perform during last year's Gold Cup Recital (2023)

PHOTOS COURTESY SARA PENNY



The Judges and Tabulator play an instrumental part in the process of helping young artists achieve their musical goals.

NEW YEAR

« CONTINUED FROM PAGE 12

by Yuan Mao. There were also musical performances by the Fiddlers Elementary Chinese Dual Immersion students in 1st through 5th grade classes.

Fiddlers Canyon Elementary began the Chinese Immersion program during the 2017-2018 school year. The program begins in first grade and continues through fifth grade. Students enrolled in the program receive instruction for half of the day in Chinese and the other half in English.

The study of a different language at an elementary age provides children with the opportunity to have better understanding of other cultures, acquire improved listening skills, greater confidence, strengthens their decision-making abilities, along with more creativity, improved memory and better flexibility of mind. It can also result in higher test scores in reading and math.

This not only helps to make better students, but in a world in which different cultures and languages are valued and appreciated—with open, aware and empathetic people—it is a better world for our children.



Above, Fiddlers Elementary Chinese Immersion students perform a song and Paul Kline demonstrates “Nunchucks” at Chinese New Year celebration



PHOTOS COURTESY MAY HUNTER

DREAM TEAM

« CONTINUED FROM PAGE 13

Hartford, Claire Lynch, Tim O'Brien, Sara Jarosz, and Nickel Creek. Mark appears on Bela Fleck's most recent Grammy winning acoustic project, My Bluegrass Heart, and currently tours with that band.

Rick Faris was born to play music. Most kids learn to fish or hunt from their dad. Rick learned guitar licks, fiddle tunes and musical insight from his. In 2021 he started The Rick Faris Band and in 2022 was awarded the “New Artist of the Year” by the International

Bluegrass Music Association. An accomplished Luthier, Rick also builds top quality acoustic guitars.

Utah's own Jake Workman rounds out this fine quartet. At the age of 13 Jake began playing guitar. Banjo and mandolin soon followed. He entered many instrument contests and won many titles on guitar, banjo and mandolin. In late 2015 he got the call from Ricky Skaggs to join his award-winning band and is the lead guitarist for Kentucky Thunder to this day. Jake's head turning precision, speed, melody bending improvisation and tone has set a very high

watermark for his adoring contemporaries.

Truth be told, chances are that a concert featuring this particular line-up of A-list musicians may never happen again. Luckily for Cedar City, these four stars will align at The Heritage Center Theater on March 6th at 7:30pm. These artists will also perform an afternoon matinee for the students of the Iron County School District as part of Cedar City Music Art's ongoing quest to bring the best of all things music arts to Southern Utah. Tickets available at cedarcitymusicarts.org, call 435-865-2882 or at the door.

See you at 2:00— weather permitting

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

It was my sister who first talked me into running a race with her. She had done a lot of running and I had started a little bit on my own. One day she was registered to run a small 5K road race and asked if I wanted to run with her. I didn't do all that well, but it was fun and the beginning of my running easy races when I could.

My favorite time for daily running became early morning, so early that in the winter it was still dark. In California, where we were living at the time, the only weather issue was fog. It was in California that I ran the few half-marathons that I have run, sometimes alone, sometimes with a friend. Once I saw a young friend who caught up with me and talked for a minute or two and then said, “Well, I'm going to go on. I'll never get to the finish line at this rate.” and ran on. And I thought I was doing so well.

When we moved to Cedar City I continued going out in the early morning hours, only now the weather was problematic. I went even when it had snowed; running on fresh, cushy snow in silence was so lovely. I set up daily goals for myself that helped me earn those gold and silver medals in the Summer Games each June. At my best, I could run a mile in 9 minutes.



But the years passed, and what was this? My best was 10 minutes, or make that 11. Gradually I began my runs with a few minutes of walking first and then a slow lope. One neighbor passed me one morning and said, “What do you call that?!” Rude! I set up a goal for walking after I had quit running in the Summer Games. By cutting out all the curves in the streets, I could walk an exact mile in 18 minutes.

Fast forward to now. All my health advisers testify to the benefits of walking. But now I go in mid-afternoon and I usually have a companion with me. We check the weather each day about 2:00 P.M. and go if circumstances are at all favorable. But it isn't the temperature that will deter us; it is the wind. It doesn't take a very brisk wind to make half our walk miserable. You see, when the breeze is in our faces, we complain. On the way back, it is a new experience with the wind at our backs. And sunshine is cause for much rejoicing.

We often see the friend who walks her little dog as she rides an electric scooter. People in cars wave to us but I can't tell who the driver is. We can tell you who is getting a new roof in the neighborhood, though. Yikes! Two boys riding tiny scooters, no helmets, careened down a hill in front of us. My new goal: just getting out at all is a win these days. See you at 2:00.

Springing Forth

by John Turner

FOR IRON COUNTY TODAY

We've had a pretty mild winter, so far, here in Iron County, especially compared to last year. There may be a couple more snow falls yet to come, so it's not quite gardening season yet in the area. I have several friends who are more than ready to get some

seeds in the soil, but a bit of winter weather is still in the forecast, so we continue to wait.

We don't have the benefit of a chubby groundhog anywhere in the state, to give us an "ever so accurate"

forecast of when winter is over and we can begin Spring with some gardening chores on a warm afternoon. Therefore I decided to go to the source of all things gardening, here in the county: Ladybug Nursery. They

invited me to come on over to see just how prepared they are for spring planting. Even though the weather is not quite right yet, they are ready to roll with lots of flats of flowers peeking out of all those pots, waiting to be purchased and planted soon.

Once I arrived at the main Ladybug

see [LADYBUG](#) » 17

BEHIND THE SCENES AT LADYBUG NURSERY



A sea of strawberries awaits the eager green-thumbs of spring at Ladybug Nursery.

LADYBUG

« CONTINUED FROM PAGE 16

on the far West end of town, I soon discovered that priority one right now is planting pots with bare root strawberries. I got a 2 hour demo of the process that starts with cleaning and trimming a large box of these fledgling plants, each one looks like a baby octopus. The one gallon pots are filled with soil on the assembly line, and then spaced out on a long table where three young plants are handplanted into each pot.

Flats containing 25 4" pots are filled with the same soil on another assembly line and sent through a watering chamber known as the "car wash" because it looks like a miniature version of a Tag 'N Go. Only one bare root is planted into each of the 4" pots followed by a plastic naming tag and then they are on their way to the main floor of the nursery. Within a few days, they are sprouting and ready for the anxious gardeners who have waited all winter to take them home.

All in all, the time spent at Ladybug was a welcome change of scenery for me. Many thanks to the Ladies of Ladybug: Amy, Zoe, Ruth, Angella, and Caroline, who gave me the Grand Tour. I'm ready for Spring! Try a visit yourself to one of the three stores in Cedar City, Enoch and Beaver to get yourself out of the Winter doldrums and spring into Summer weather soon, and make sure your strawberries get the right amount of water!



An assembly line helps prepare the strawberry roots in pots to be transplanted to their new homes.



PHOTOS BY JOHN TURNER

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The end is the beginning

Remember when the world was supposed to end in 2012? Remember exterminating the Y2K bug? Don't forget the rogue asteroids circling our planet ready to pounce and pulverize us. Whatever the current threat to humanity today, it's just the latest perilous prediction dressed in the same old apocalyptic apparel. Another chaotic chapter of the Earth's impending doom. I think the Mayans had the corner market on doomsday. Call it what you will, prophetic, apocalyptic or idiotic, their calamity encouraging calendar was the closest thing to a cataclysm, up to that point, since the Y2K bug threatened to disconnect

and destroy our technological world as we know it. Imagine where we'd be today without computers, smartphones and Internet. That's a real apocalypse!

Maybe the Mayans were just trying to save us from our own technological troubles? I also find it odd that in all their wisdom they forgot to go to the nearest bank, or drugstore and pick up a free calendar for the next thousand years? Besides who had the time back in those days to carve a new calendar anyway? Maybe it's all just a Mayan misunderstanding and they're out there somewhere having a good laugh at our expense? That's a long

“There are much worse events to focus our fears on than zombies and fiery fireballs.”

time to wait for a punch line.

Whether it's a paranoid Chicken Little, techno bug, cryptic calendar, COVID or rogue meteor that takes us to meet our Maker, there's no hurry to worry about any of them, or pander to the pandemonium. Because while we may not get to decide when or how we die, we can choose how we will live. Will we set good examples? Will we help others? Should we run and hide and hope somehow we survive it all? Will we stand up for what is right, or

continue cursing the news and social media and hope someone else does something about all the pains and perils in the world?

There are much worse events to focus our fears on than zombies and fiery fireballs. And I'm sure we can agree that some things in the world do need to end. Too many tragedies and temptations seem to be flourishing in spite of well-meaning laws and lawmakers. It is a cruel world out there, but we can no longer leave making a difference to indifference, deference, or deaf ears. Doing nothing is no longer an option. We don't need to panic at every perilous prediction. If we truly want to save the world, then we need to start with the world within our minds and hearts and the one between our front doors and back doors.

For those of you still stuck in any apocalyptic rut, today is a new day and I doubt it will be your last due to an asteroid, alien invasion or apocalypse. May you have the hope and will to keep waking up and making a difference in any way you can. And may each of your life's endings become new and better beginnings.

the rut LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



calendar

THURS, FEB 29

LEAP DAY

CEDAR HIGH BROADWAY MUSICAL “LITTLE Women” (29th 7pm, March 1st 7pm, 2nd 2pm, 7pm) @ CHS Auditorium (703 W 600 S). Tickets \$8 adults, \$5 students. Available at the door.

FRI, MARCH 1

UNPLUG DAY

CEDAR BREAKS SNOWSHOE HIKE (FRI, SAT, SUN, 10-3pm, thru March 31) @ Cedar Breaks. \$10 person. Ranger guided, educational, beginner friendly. Snowshoes, poles provided. Reservations required. 1 mile roundtrip. No cost. Dress Warm. CedarBreaksInfo@nps.gov or 435-986-7120. Reservations confirmed by Friday prior.

SAT, MARCH 2

READ ACROSS AMERICA

CEDAR CITY FARMERS MARKET (9AM-1PM) @ IFA (905 S Main St, Cedar). FREE. Farmers, food, artisans. Drawings, bingo, more! INFO: Facebook, Cedar Saturday Market, or Nancy 435-463-3735.

FESTIVAL CITY MARKET (9AM-1PM) @ (Center St. & 100 W) By Bristlecone Coffee. FREE. Handmade treasures and a bounty of local farmers, backyard gardeners, fresh fruits, veggies, with local artisans for jewelry, art, wood, pottery.

MIDVALLEY FARMERS MARKET & ARTISAN FAIRE (5-8pm) @ (780 Midvalley Rd. Enoch). Live music, jump house, face painting, and more. Beautiful, unique items. Have dinner, listen to music, let the kids play in the jump house. INFO: Text: 435-704-6916.

SUN, MARCH 3

CAREGIVER APPRECIATION

“TO CARE FOR THOSE WHO ONCE CARED FOR us is one of the highest honors.” Tia Walker

MON, MARCH 4

TENNIS DAY

SUU BREAD & SOUP NITE (5-7PM) @ SUU Sharwan Smith Center (351 W University Blvd). \$1 with a non-perishable food item, \$3 without. All food from food-raiser helps support the campus HOPE Pantry. The evening features all-you-care-to-eat bread, soups, and desserts and live, family-friendly entertainment. INFO: suu.edu/cec/breadnsoup.html.

TUES, MARCH 5

SPORTSMANSHIP DAY

COMPASSIONATE FRIENDS GRIEF GROUP (1ST Tues, 7-8:30pm) @ Cedar City Library (303 N 100 E). Everyone 18+ who are a bereaved parent, grandparent, sibling, and/or professional person (those from funeral homes, chaplains, pastors, doctors, nurses, mental health workers, police, etc.) who are sensitive to the needs of the bereaved are encouraged to attend.

WED, MARCH 6

DENTIST DAY

YOUTH SERVICE LEAGUE (YSL) MEETING (1ST Wed, 3:30-4:30pm) @ Cedar Visitors Center Conference Room (581 N Main). Opportunity for youth (Ages 11-18) to volunteer in making a positive difference in community. Parents welcome to join!

WONDER WEDNESDAY - (4-6PM) @ S.U.M.A. (13 S 300 W, Cedar). FREE for all students K-5. Children, accompanied by an adult, join for fun make-and-take activities. INFO: (435) 586-5432.

MOMS FOR AMERICA (1ST WED, 7PM) @ Cedar City Library (303 N 100 E). Keep liberty alive in your hearts, homes with liberty minded book discussions. INFO: Kami Merrill 435-592-4152, ironcountymoms4america@gmail.com.

CCMA CONCERT (7:30PM) @ HERITAGE CENTER Theater (105 N 100 E, Cedar). Tickets \$30 adults, \$15 students, available online (<https://ci.ovationtix.com/35507>). Enjoy an evening of live music with John Moore, Rick Faris, & Steve Spurgin.

THURS, MARCH 7

BE HEARD DAY

RASTELLI CIRCUS (4:30 AND 7:30PM) @ CROSS Hollow Arena (11N Cross Hollow Rd, Cedar). Tickets \$25 adults, \$18 children. Early bird and family tickets available @ rastellicircus.com.

FRIDAY, MARCH 8

PROOFREADING DAY

SUMA CREATE PLAYDATE (10-11AM) FREE @ Southern Utah Museum of Art (13 S 300 W, Cedar). A special storytime and hands-on creative activity enjoyed by the whole family. Geared toward preschool children (ages 3-5) and their parents/guardians.

CEDAR ROCK, GEM, MINERAL & JEWELRY SHOW (Fri-Sat 10am-7pm, Sun 10-4pm) FREE @ Cross Hollow Event Center - Diamond Z Arena (11 N Cross Hollow Rd, Cedar). Silent auctions, drawings, rocks, minerals, fossils, jewelry, beads, exhibits, demonstrations, field trips, and more! INFO: southernutahrockclub.org.

calendar

ONGOING OPPORTUNITIES

GOVERNMENT

Brian Head Council

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

Iron County Republican Women

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

Parowan City Council

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Post 74

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Learn about Veteran benefits, opportunities, fellowship. Honor Guard provides military honors at Veterans funerals. Post Commander Darrin Duncan (435) 704-1466.

Bikers Against Child Abuse

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Rm)

DAR – Bald Eagle Chapter

2nd Sat, 10 am • Cedar Library, 303 N 100 E

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Lion's Club

Tues, 12 pm • Call Pres. Michelle Wilson for mtg. info. Everyone welcome! (802) 359-2183

Marine Corps League

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

So. Utah Veterans Assoc.

1st Thurs, 7pm • Westview Christian Center (2624 West Hwy 56, Cedar). Veterans, First Responders, All are welcome to attend.

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org. Helpline: John (702) 802-1332, Kara (702) 232-6829 KKCBC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Speaking From The Heart • M – Sa, Noon
Steps and Traditions • M – Su, 7 am
Red Road to Sobriety • Mon, 6 pm Paiute

Tribe, 440 N Paiute (435) 586-1112 Ext. 307
Misfits • M – F, 6 pm
Cedar Group • Tues, 8 pm
The Great Fact • T, F, Noon. True Life Center 2111 N. Main. (702) 802-1332 or (702) 533-7856
Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925
Uncommon Sense • Sat, 10:00 am
My Story • Sat, 8 pm
Thank God Sunday Spiritual • Sun, 11 am
What a Way to Start the Day • Su, W, F 7-8 am • All are welcome

Al-Anon

KKCBC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed
Al-Anon • 1st, 3rd Tues, 7-8 pm • 435-704-8984
Easy Does It • Tues, 7-8 pm • (435) 559-3333
Hope for Today (Family Groups) Thurs, 6 pm • (435) 559-3333

Alzheimer's/Dementia

Last Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn, access resources, connect. Virtual option available. Raven Albertson, 385.831.7124, utahprograms@alz.org.

ARP—Addiction Recovery

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan
Sun 7:30 pm • 85 N 600 W, Cedar, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

Caregivers

3rd Thurs, 5:45-7 pm • Zion's Way Home Health, 369 N 100 W #1, Cedar. All levels of the caregiver's journey from pre-caregiving to bereavement and rebuilding welcome. INFO: Kat at 702-292-9911.

Celebrate Recovery 12-Step

Fri, 6:30 pm • Sunrise Christian Church (6843 W 1800 N, Cedar). God can change any hurt, habit or hangup, not just alcohol addiction INFO: 435-586-3640

Embrace Grace

Unmarried, pregnant? You don't have to walk alone! Safe, judgment-free zone. Free baby stuff at a baby shower for you. Text or call 407-719-8595 . Info under Resources tab @ Threshingfloor.life.

Grief Support Group

2nd Tues, 5 pm • Southern Utah Mortuary (190 N 300 W, Cedar). Safe, supportive for those who have lost loved ones. You are not alone. Free. INFO: 435-586-4040

Grief Support - Child Loss

1st Tues, 7 pm • Cedar Library (303 N 100 E). FREE for bereaved parent, sibling or grandparent. Includes any child loss (pre-birth, young, teen, adult). INFO: 435-327-1856

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, share perspectives on healing, recovery. Join: affiliate.rainn.org/helproom/canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org • (435) 635-9603
KKCBC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed
Basic Text Study • Mon, 8 pm
Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm
Live and Let Live • Fri, 8 pm
Candle Light Mtg • Sat, 9:30 pm (Sm rm)
Women Only • Sun, 11 am
Dopeless Hope Fiends • Sun, 8 pm • Mtg Hall, 1067 S Main, Cedar (877) 865-5890

Nicotine Anon (12-Step)

Fri 5 pm • KKCBC 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

Porn Addiction Recovery

Men Only • Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • www.southernutahshare.com

Senior Blind/Visually Impaired

3rd Thurs, 1:30 pm • Cedar City Library

Southern Utah Veterans Assoc.

1st Thurs, 7 pm • Westview Christian Center, 2624 W Hwy 56, Cedar. INFO: Chuck Waddell 907-252-1365.

Southwest Parkinson's Alliance

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

Widows Ministry

2nd Sat, 11-1 pm • New Journey-Widow's Ministry @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

CLASSES, CLUBS & ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Arts for Adults w/ Disabilities

Every other Tues, 1-2pm, starts Nov. 28. • Johnson Arts Center (59 N 100 W Cedar). Fun, engaging activities. Drum/Flute circles, group juggling, fine arts projects, more! All levels/abilities! 702-917-2151.

Bingo & Lunch

Fri, lunch @Noon, Bingo @3 pm. Free for Seniors @ Our House Assisted Living (995 S Regency Rd, Cedar). INFO: 435-867-0055.

Book Club

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

Boy Scout Troop 1848

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door. Text Sheila 805-208-4545

Cedar Breaks Model A/ Vintage Car Club

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email cedarmodela@gmail.com.

Cedar Chest Quilters' Guild

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. cedarchestquiltersguild.org

Cedar City ESL

Wed, 6:30 - 7:30 pm • Free ESL lessons offered at Cedar Library, Rare Book Room (303 N 100 E). No pre-registration required.

Cedar City Toastmasters

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit www.cedarprofessionals.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

Color Country Winds

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

Cub Scout Pack 1848

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

Explorer Bible Club

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

International Folk Dancing

Fri, 1-2 pm • Cedar Senior Center (489 E 200 S) FREE; No Partner Needed; teaching! INFO: 626-808-6129

Iron County Moms For America

1st Wed, 7pm • Cedar City Library. Keep liberty alive in your hearts, homes with liberty minded book discussions. INFO: Kami Merrill 435-592-4152 or email: ironcountymoms4america@gmail.com

O.A.R.S. Young Adult Group

Tues. 9, 6-8 pm • Cedar Library (303 N 100 E). Open, Authentic, Relevant, and Spiritual. Dinner group, ages 18-30. Talk about spirituality, mutual support, curiosity, community service. Text 541-579-1554, pastorschuyler@gmail.com

Parowan Pickleball

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and signup: Parowan Visitors Center 435-477-8190.

PB&J Therapy Groups

These two groups teach skills for different areas of life by utilizing recreational activities and engaging in other forms of expressing emotions. INFO: 435-267-4212. College: forms.gle/SmGytgCfVQ1tS2pB7 Adolescent: forms.gle/BZiepPW63pR6Zd8k9

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

Sagebrush Fiber Artisans Guild

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

Senior Yoga Classes

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Sewing Group

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

Tai Chi For Health

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

Top Bar Hive Bee Keeping

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

TOPS—Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

Wellness Wednesdays

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PW: health. Info: Kristi Sharp (435) 986-2564, ksharp@swuhealth.org

Youth Group

Wed, 6:30-8 pm • Ages 12-18. Meal, games & Bible Study. @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

schools

Iron County School District supporting students, families in need

by Ruth Scovill

FOR IRON COUNTY TODAY

There are 359 homeless children going to school in Iron County. They may be living out of a car, at a campground or a shelter, or cohabitating with another family where they may not even have an available bed. Other students live in homes without adequate heat, clothing, or food. Many of these homes are single parent homes or have only one income.

A federal and state law called McKinney-Vento requires that homeless students be admitted to school. The law waives initial requirements for birth certificates and vaccine records which will be obtained after the student is registered. Records can often be obtained from a previous school. The law also provides these students with free school breakfast and lunch. The aim is to keep students at school safe and well-fed while they are in attendance.

Tracy Womack, coordinator at the District Pantry, is responsible for getting homeless students registered into school. She coordinates the distribution of food and commodities to individual students and families with the help of Jolene Lee and Autumn Maxwell. Students who are in need of help should contact their school office, who will contact the pantry. The pantry prepares and delivers boxes to the schools for students to take home. The pantry coordinates food so it can be made into nutritious meals.

Canyon View High School has its own on-campus food pantry where students can go directly. CVHS is currently the only food pantry on an ICSD school campus. It is run by teachers Liz Valo and Fred Harvey. CVHS also has a clothes closet for students who need clothing for school, a job interview, or a dance.

The district recently received a grant for a teen center at the district food pantry on the east end of the Cedar High School



(L to R) Autumn Maxwell & Tracy Womack at the ICSD pantry join forces with Liz Valo & Fred Harvey at the CVHS pantry.



PHOTOS BY RUTH SCOVILL

campus. It will eventually provide a place where teens can wash their clothes, get a shower, and do their homework. Womack remarks that for teens who may be living out of their cars, this gives them a sense of dignity.

The Utah Food Bank is a key component to the school district's efforts. Besides delivering food to the district pantry, the Food Bank takes its mobile pantry to 6 of the 9 elementary schools in ICSD. Several local service clubs and businesses in the area including the Rotary Club, the Lions Club, the Leavitt Group, and State Bank have adopted specific schools, providing funding so the Food Bank can provide for those schools.

Community members and organizations have generously donated clothing, quilts and other bedding and hygiene kits. Womack says Walmart Gift cards are also helpful. Cards are not distributed to clients, but are used by the district to purchase needed items. If you would like to help, email Tracy Womack at Tracy.Womack@ironmail.org.

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schools

Gateway Academy awarded \$1.5 million safety grant, 2,000-student enrollment expansion

from Paul Dail

FOR IRON COUNTY TODAY

The 2023-24 school year has been a good one for Gateway Preparatory Academy, the K-8 public charter school in Enoch, Utah. In December, the school was awarded a \$1.5 million School Safety and Support Grant from the Utah State Board of Education, and at the end of January, the Utah State Charter School Board approved Gateway's large expansion application for a phased enrollment increase of 2,000 students.

The School Safety and Support Grant is part of \$72 million allocated to the USBE as part of H.B. 61, "School Safety Requirements," which was passed during the 2023 Utah Legislature with the intent of enhancing basic physical safety and security in Utah schools.

"With our expansion plans, we are hoping to cement the legacy of our former director while also building upon it, the future is looking bright."

Gateway Director Dave Armour

"We are excited to have received the funding for this grant," Gateway Director Dave Armour said. "When we saw the opportunity to receive funding to improve the safety of our school, we had to try and take advantage of it. We live in a time when school safety is being discussed on what feels like a daily basis. We feel like this funding will go a long way to improving our school safety. One of our primary goals as a school administration is for our students and families to feel as safe as

they can be when they step through our doors."

Given the broad scope of the "basic physical safety and security," Armour said the grant will be used for a wide variety of applications at Gateway. "We have already been able to use the funds to upgrade our camera system and door security," he said. "In addition, we have purchased new first aid kits for every classroom, new AEDs (automatic external defibrillator), and new signage for the building, including for the

carpool lane. These upgrades have made the campus safer, and we are looking forward to using the rest of the funding on future projects."

School officials believe these additions to the campus will continue to pave the way for the growth Gateway has been experiencing over the past few years. Iron County in general has seen an explosion in its population, a fact that served as the impetus for Gateway to apply with the State Charter School Board for the enrollment expansion in order to meet the increasing demand for quality education. As part of the school's application to the USCSB, Gateway acknowledged that "educational preferences have evolved, with a growing emphasis on vocational and technical education, online learning,

see **GATEWAY** » 26

Musical motivation inspires Lady Reds to advance in playoffs

by Tsadakah Wilberg

FOR IRON COUNTY TODAY

Last Thursday, the 22nd of February, was the playoffs for the varsity girls basketball team at Cedar High School. The girls faced off against the Provo Bulldogs with the energy and support of the Cedar students and community to back them. The game was a huge step towards going to State at Utah Valley University. The girls pushed hard for the win, and even with a missing member, they showed Cedar strength and the Cedar varsity girls basketball team is going to State at Utah Valley University on the 26th!

The Madrigals choir began the game by singing the National Anthem. The rendition was beautiful, filled with a reverence and love for our country. After the choir finished, the game began and the pep band began playing. With the combined efforts of the band and cheerleaders, spirits soared and the audience was filled with singing and cheering. Several of the game traditions were completed with an air of sadness as this was the last girls basketball home game of the season.



The Lady Reds advance in the playoffs with a victory over the Bulldogs.

Throughout the game, Cedar was in the lead, starting with a score of 13 for Cedar and 5 for Provo. After each round, Cedar was still winning the game and the students and audience cheered

louder than ever. The game ended with a score of 54-29 with Cedar having a large lead.

It was Annalyse Shimada who earned 20 of the points. Senior Kiara Hansen scored 12 points. Mya Bishoff and McKenzie Bird earned 8 points each and Alyssa Williams and Erica Bromley earned 2 points for each one. Riley Albrecht and Kelsi Orton each added a single free throw.

This year Cedar had two seniors on the varsity team. McKenna Twitchell and Kiara Hansen have worked hard for all they have accomplished at Cedar High. Playing on varsity for the last two years and now going to state for their senior year. This year Cedar's girl varsity team has placed third out of our division and 20th in the state. They have won many of their games including Senior Night.

Cedar has accomplished a lot so far this year and has a lot to be proud of. Their basketball teams have gone far and pushed themselves to succeed. The team's work has paid off and has taken them to where they are now. Everyone is looking forward to state and supporting the girls team because they know that the team is hardworking and will crush it at state.

schools

IRON COUNTY SCHOOL DISTRICT NEWS NUGGETS

from *Braylie Tullis*

IRON COUNTY SCHOOL DISTRICT

Parowan Elementary

The Parowan Elementary multipurpose room was at capacity when lifelong educator Rex Burton was given a surprise honor prior to his annual third-grade program. Burton always honors community members as part of the third-grade performance for visiting family members, but this time he was surprised to find himself in the spotlight. The third-grade program includes songs, skits and recitations. Former colleagues recited Burton's life sketch and students and parents gave him a standing ovation. Burton has been an education icon at the school for 44 years. It's also the school he attended as a young boy. Congratulations Mr. Burton! You have taught and impacted many generations.



Iron Springs Elementary

Fifth graders at Iron Springs Elementary held their Presidents Day Assembly last week. Students shared with the school and parents the things they have learned about the Government of the United States through song and the spoken word. They were able to share the names of all the states in the United States as well as all of the Presidents of the United States. Some of our students have memorized the

Gettysburg Address and shared that with everyone as well.



Fiddlers Canyon Elementary

The Share the Love Food Drive was a huge success! Students brought in over 2,300 items to donate to Iron County Care and Share. Congratulations to the 4th grade, which donated the most items of any grade (696) and won a party to celebrate. We are so thrilled to host this food drive each year and are especially grateful for each and every donation. Thank you! Our Dr. Seuss Week is in full swing! Don't forget that students can purchase snacks during the readathon on Friday. Mark your calendars for spring pictures on March 5 and no school March 13-15. Make sure to follow Fiddlers Canyon Elementary PTA on Facebook to stay up to date with all the school's events and highlights.

Three Peaks Elementary

The Three Peaks Elementary fifth grade students held their annual Patriot Awards program on February 15, 2024. Our United States has enjoyed a rich history which dates back to the late 1700's. Many key

figures have played a large role in the birth of our country and in the patriotic movement that we have enjoyed since the country was formed in 1776. As citizens, it is important to know what patriotism is and why it plays such an important role in our history. Each 5th grade student had the opportunity to memorize and become familiar with important documents and symbols of our country. For example, reciting the Gettysburg Address, memorizing the order of US Presidents, recognizing United States and Utah symbols, naming all 50 states and capitals, the Presidential Oath of Office, etc. We would like to congratulate our 5th grade students and let them know how proud we are of them and the hard work they have done to prepare for this year's Patriot Program. A big thank you to the 5th grade teachers for getting this big event ready - Mr. Jason Robison, Mrs. Tiffany Young, Mrs. Debbie Melling, and Mrs. Sherrie Mackelprang.



Canyon View Middle School

Congratulations to our CVMS MathCounts Winners! The MathCounts team competed against 5 schools at SUU. This team of 4 students got 3rd place overall. Zach McUne was 7th place in the top 10. Keyan Mayer was 6th place in the 10-countdown round.



Angela Sanders, Keyan Mayer, Myles Talbot, Zach McUne, Brecken Bealer, Bethany Holyoak

Enoch Elementary

Enoch Elementary hosted the You Be the Chemist Regional Challenge. This national competition invited 5-8 grade students to team up and test their science knowledge. Top teams from the participating schools in the region came to Enoch to compete. One of Enoch's 5th grade teams was awarded 3rd place. Congratulations to Gage, Axel, Tytan, and Aspen! The competition was hosted by Mrs. Meachum, Mrs. Davis, and Mrs. Roundy. Enoch thanks all the volunteers and local supporters for helping with this special event, including the SUU Stem Center and Chemistry Club, Iron County School District, Southwest Technical College, and 5 Buck Pizza.



family

One size fits most

As a young first time mom I did a lot of research. I Googled our baby's size at each week of pregnancy and read hundreds of mommy blogs on childbirth and newborn care. Of course, when our baby was actually born it was a unique experience that no amount of research could have prepared me for!

Similarly, as our baby boy grew into a naughty toddler, I was facing a new learning curve: discipline. Most people my age or older grew up with a simple, one size fits all punishment for every situation, and as a stubborn child I was the recipient of many

in that the craziness of the day has died down. Homeschool is over, meals are finished and cleaned up, everyone has had plenty of exercise after a trip to the park and it's time to wind down in a pair of comfy PJs. Usually this entails an episode of our favorite show (currently CHiPs from the 1970's) and a few stories before everyone is tucked into bed and kissed goodnight.

However, with all of the together time that we cherish, we have seen an uptick in disagreements that are common among siblings. These usually end with a meltdown and at

least one kid in tears. In an act of desperation, or maybe inspiration, I have started enforcing a "no evening fun" rule for anyone not respecting their family members.

So far each of our girls has had a turn at early bedtime while the rest of the

family enjoys our evening ritual. They understand that they are missing out on something they enjoy because of their actions throughout the day, and that they have an opportunity to start fresh the next morning.

Two weeks in and our kids are able to settle their disagreements with one warning a day. While I am thrilled at the results this method of discipline is showing, I understand that the same concept may not work in your home!

Kids require an endless amount of trial and error and no two are the same. While this concept is a success with our older kids, we are in a never ending battle with our two-year-old who isn't old enough to remember his actions after 10 minutes, let alone at the end of the day.

If you find yourself frustrated and confused over how to discipline your children in a productive (yet loving) manner, don't give up. Take a deep breath and try a new approach. Remember that there is no one size fits all solution to child behavior and while one method works for one child, it may not for the next.

mom's CORNER(ED)

by **Weslie Stratton**

CONTRIBUTOR



spankings! This method of discipline worked on me, and predictably, it's what I assumed would work on my kids. However, the results were nowhere near as successful as with my siblings and me.

It turns out that every family is different and, unfortunately, each kid may require their very own method of discipline to learn and grow.

While trying my hardest to teach our oldest kids the dos and don'ts of life I didn't hesitate to give them a quick swat on the rear. And while this immediately got their attention, they did not learn the intended lesson!

By the time our third and fourth kids came along I had learned that a good old-fashioned spanking wasn't a one size fits all punishment. I have spent years experimenting with time out, withholding treats, ignoring the bad behavior while praising the good and a plethora of other options that mommies love to blog about! My latest method has become the most effective yet for our three oldest kids who are able to understand consequences.

Evenings are special for our family



COURTESY CICWCD

The annual Water Fair is full of great science, education and fun for all the students that attend.

Water Fair for Iron County 5th Graders coming March 5 & 6

from **Jessica Staheli**

CICWCD PR & CONSERVATION MANAGER

The Central Iron County Water Conservancy District is holding the annual 5th Grade Water Fair field trip for all 5th graders in the Iron County School District on March 5th & 6th. The event is held for two days in Cedar's Heritage Center Theater, from 9:30 – 2:40pm. Students will attend with their class for half of the school day during the event. Keynote

presenter, Professor Brandon Wiggins from Southern Utah University, will start the fair with exciting water experiments for the students. Then classes will rotate to visit different groups where topics discussed will include: the water cycle, water conservation, water rights, watershed restoration, irrigation, etc. Students will participate in hands-on water experiments and in a water jeopardy game where the winning class will earn a pizza party.



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Code: 67682

history

Fate of Powell's men, preparations for further exploration (Part 4)

by Jay M. Jones

FOR IRON COUNTY TODAY

After John Wesley Powell found Joseph Asay waiting for him at the confluence of the Virgin and Colorado Rivers on August 30, Wallace Stegner continues the story in "Beyond the Hundredth Meridian":

"Powell and his brother shook hands with the other four and turned north with their Mormon hosts to St. Thomas and on over the Beaver Dam Mountains to St. George, the capital of Brigham Young's southern province. As they went they inquired of everyone they met for word of the three . . . The Powells waited a day in St. George, but no word of the men had been received.

"They were only two days on their way [from St. George to Salt Lake]. . . when word of Dunn and the Howlands caught up with them . . . The three had climbed the wall and made it to the forested top of the plateau. They had made it no farther. They lay out there now somewhere beside a waterpocket, stripped and filled with arrows, victims of an Indian misunderstanding and of their own miscalculation of the algebra of chance."

William H. Goetzmann in "Exploration and Empire" summarizes: "Powell returned to civilization a hero. Newspapers all over the country carried accounts of his stirring voyage, and the death of the three unfortunate mountaineers served to heighten the story."

At Salt Lake, the Deseret News reported "a highly appreciative audience . . . listened with great interest to Major Powell's account of his exploration of the Colorado River." Returning to the east, Powell retold the adventure to crowds in Chicago, Detroit, Cincinnati and Bloomington, among other places.

Congress soon appropriated \$10,000 to provide for his continued exploration of the Colorado River region, thus putting him in competition with other western surveys led by Clarence King, Ferdinand Hayden and George Wheeler.

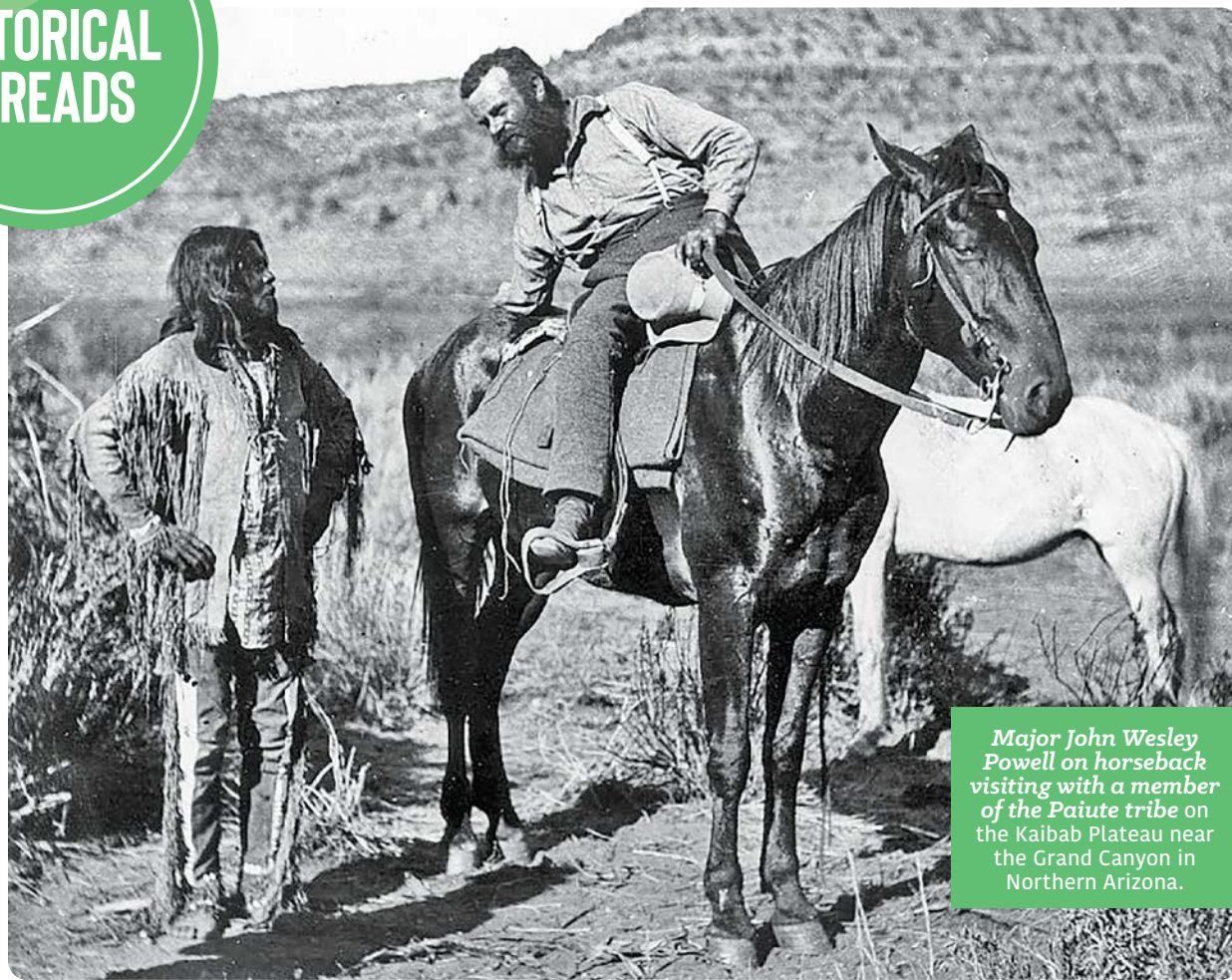
Powell returned to Utah in 1870 to make plans for another river trip in 1871. He recruited Jacob Hamblin to find a way to supply the next year's expedition with food and supplies at the confluence of the Dirty Devil River with the Colorado. He also had Hamblin take him to the plateau region north of the Grand Canyon to try to understand the details of the deaths of the Howland brothers and William Dunn.

Powell gives the following account, found in Chapter 9 of his report, "Exploration of the Colorado River of the West and its Tributaries":

"September 19 [1870] . . . This evening, the Shi'-vwits, for whom we have sent, come in, and, after supper, we hold a long council. A blazing fire is built, and around this we sit — the Indians living here, the Shi'-vwits, Jacob Hamblin, and myself.

"I tell the Indians that I wish to spend some months in their

we believe what you say. We believe in Jacob, and look upon you as a father. When you are hungry, you may have our game. You may gather our sweet fruits. We will give you food when you come to our land. We will show you the springs, and you may drink; the water is good. We will be friends, and when you come we will be glad. We will tell the Indians who live on the other side of the great



Major John Wesley Powell on horseback visiting with a member of the Paiute tribe on the Kaibab Plateau near the Grand Canyon in Northern Arizona.

COURTESY JACK HILLERS (USGS)

country during the coming year, and that I would like them to treat me as a friend. I do not wish to trade; do not want their lands. I tell them that all the great and good white men are anxious to know many things; that they spend much time in learning, and that the greatest man is he who knows the most. They want to know all about the mountains and valleys, the rivers and the cañons, the beasts, and birds, and snakes. At last I tell them I wish to take pictures of everything, and show them to my friends."

Then their chief replies: "Your talk is good, and

river that we have seen Ka'-pu-rats, and he is the Indians' friend. We will tell them he is Jacob's friend.

"We are very poor . . . We live among rocks, and they yield little food and many thorns. When the cold moons come, our children are hungry. Last year we killed three white men. Bad men said they were our enemies. They told great lies. We thought them true. We were mad; it made us big fools. We are very sorry. Let us be friends.

see **POWELL** » 25

obituaries

Richard Norman Day



Richard Norman Day, age 66, passed away February 20, 2024, surrounded by his family. He was born April 19, 1957, to Norman Higbee Day and Cherie Taylor Day. He was born and raised in Parowan, Utah. He was the youngest of three sons.

Richard was raised on the Day farm in Parowan along with his brothers Scott Eugene Day and Larry Taylor Day. He graduated from Parowan High School in 1975, and then he moved on to attend SUU. He worked in cabinetry and was later hired on at the Paiute

Housing Authority. It was a job he really enjoyed and did well. He loved the people that he worked with. Richard was a very skilled craftsman and was very particular in everything he created.

He married Tena Isom Day on March 28, 1986, and they have shared 38 wonderful years together. She remained by his side up until his passing. Richard helped raise his three stepchildren: Tami, Angie and Denim. He treated and loved them like his own. They will always be appreciative of everything he did for them. Richard had a kind heart and a love for animals. He adored his 2 pet dogs and his cat, and they adored him back. They will all miss him dearly.

Richard had many hobbies that he thoroughly enjoyed including searching for Spanish treasure, gold mining, ceramics, drawing, playing his guitar, hunting and camping with his family. He loved anything outdoors. Richard was always up for a good time and was such a fun person to be around. He had many great stories and a library of knowledge that we all loved to hear.

Richard is survived by his mother, Cherie Taylor Day. His wife, Tena Isom Day, and his three stepchildren: Tami Welch (Scott), Angie Adams (Wade) and Denim Day (Traci). Along with 18 grandchildren and 4 great-grandchildren. He is preceded in death by his father; Norman Higbee Day and his two older brothers; Scott Eugene Day and Larry Taylor Day.

Richard, we will think about you always, we will talk about you often and you are forever in our hearts.

A viewing was held Sunday, February 25th from 5:00 to 7:00 p.m. and Monday, February 26th from 9:30 to 10:30 a.m. at the Parowan 3rd Ward church. 90 S. Main, Parowan. A graveside and dedication of the grave was held Monday, February 26th at 11:00 a.m. at the Parowan Cemetery.

The family would like to thank Ethan Bunker of Sun Tree Home Health & Hospice for taking such good care of Richard. Online memories and condolences can be posted at www.HeartlightFS.com.

Ken Orton



1938 – 2024 Salina, Utah
William Kenneth Orton, age 85, of Salina, Utah, passed away Thursday, February 22, 2024, at the Central Utah Veterans Home in Payson, Utah. He was born September 30, 1938, in Cedar City, Utah to Ivan Benson and Mina Gurr Orton. Ken spent his childhood in Cedar City, and often shared fond memories of working at his dad's gas station as a young boy. A graduate of Cedar City High School, he went on to join the United States Navy.

Ken married Connie Taylor Shepherd on October 31, 1987, in Cedar City, Utah. Their marriage was later solemnized in the St. George Temple. Ken was a very proud Veteran of the United States Navy and continued to serve as a member of the Salina American Legion Post #36 along with other Civic Clubs: Cedar City Elks Lodge where he was a Past Exalted Ruler, and also Past President of the Salina Lions Club.

As a member of the Old Time Fiddlers, he enjoyed music, cowboy poetry and playing his guitar, especially at the North Sevier Senior Citizens activities and weekly dances. Oh did he love to dance and visit with friends. Before his health declined, he loved spending time with his extended family on many camping, hunting and fishing trips. He loved to hunt and was an avid fisherman.

Ken is an active member of the Church of Jesus Christ of Latter-day Saints where he served as Scout Master and Executive Secretary. He also served an L.D.S. Mission at Cove Fort with his wife Connie.

Ken is survived by his children, Kirk (Dede) Orton, Kevin (Becky) Orton, Son-in-law Charlie Woolsey, Kenny (Julee) Shepherd, 16 grandchildren, 32 great-grandchildren and 3 great-great-grandchildren. He is preceded in death by his wife, Connie Orton; daughter, Camille Woolsey; parents, Ivan and Mina Orton; siblings, Cloyd Orton and Errolynn Ence.

The family wishes to extend their thanks for the care that was given Ken at the Central Utah Veterans Home. Graveside services will be held on Monday, March 4, 2024, in the Salina Pioneer Cemetery. Friends may call for viewing at the Springer Turner Funeral Home, 150 East Main Street in Salina, Monday morning from 10:30 to 11:30 A.M. prior to the services. Burial with military honors accorded by the Salina American Legion Post #36 and the United States Navy Honor Guard will be held at 12:00 Noon at the Salina Pioneer Cemetery under the care of the Springer Turner Funeral Home of Richfield and Salina, Utah. Online guest book at: www.springerturner.com.

Mitchel Brent Hatch



Mitchel Brent Hatch was born July 25, 1956 in Salt Lake City to Brent Schow Hatch and Sara Orton Hatch and big sister Rachel. Upon completion of his happy - and all too short - time here, he passed on gracefully at home at Panguitch Lake, in the arms of his loving wife, Lottie, on February 3, 2024.

Mitch and Rachel grew up in Salt Lake City and Richfield and enjoyed

spending time with their grandparents and uncles and aunts and uncles and cousins in Panguitch and at Panguitch Lake.

Mitch was an extremely proud and devoted father to his only son, Sean Ogden Hatch, and times they had together were treasured. Sean, and Mitch's daughter-in-law, Lisa Percell Hatch, live in Gilroy, California with their two children, Mitch's beloved grandchildren, Virginia Joan Hatch and Mitchel Lawrence Hatch.

Mitch graduated from Richfield High in 1974 and received a Bachelor of Philosophy degree from the University of Utah in 1978. He maintained that he used his degree every day in navigating life's ups and downs. He liked nothing more than having a problem in need of a logical solution.

Mitch was a great lover of life. He saw the positive in every situation and made his choices from there. There was not much, in his opinion, that couldn't be solved satisfactorily. He was a kind, nice man who treated everyone fairly and as he'd like to be treated. Mostly, he was as straight-forward a guy as you'll ever meet.

Mitch was a warm and generous friend and the life of any party. To know him was to love him and to laugh heartily with him. He was a big fan of Rock and Roll music - especially the Rolling Stones - and, in general, didn't think any music written after the 70s was worth his time.

Mitch was a lifetime Hotel Manager, beginning as the Night Manager at the Hotel Utah and ending with his own successful management company, Endeavor Hospitality. As a natural problem solver, he excelled at making people happy they'd chosen his establishment whether he was checking them in or carrying their bags or washing their dishes or patiently listening as they told him everything that was wrong with his hotel. He valued his employees and most of them would consider him a friend now - not an old boss. He was a hard worker, an effective manager, and an astute businessman who enjoyed success at every turn.

Mitch was an animal lover - which you know if you knew him. Mitch love love loved dogs (and cats) and was such a caring and indulgent "boss" to so many. Sam, Elvis, Astro, Moby, Lou, Zeek and Sarah-Dog have welcomed him to heaven and Bear-Dog and Bob-Cat mourn him here.

Mitch is survived by his wife, Lottie Hatch, his son, Sean (Lisa) Hatch and his grandchildren Virginia and Mitch, his father, Brent Hatch, his sister Rachel Auernig (Gene Redford), and her daughters, Rachel Anne Curtis, Shannon Blake and April Petersen. He was preceded in death by his beloved mother, Sara Urie.

A celebration of Mitch's life will be held on or about his birthday, July 25, at the Panguitch cemetery.

POWELL

« CONTINUED FROM PAGE 24

"When white men kill our people, we kill them. Then they kill more of us. It is not good. When they stop killing us, there will be no Indian left to bury the dead. We love our country. The pines sing, and we are glad. Our children play in the warm sand; we hear them sing, and are glad. The seeds ripen, and we have to eat, and we are glad. We do not want their good lands; we want our rocks, and

the great mountains where our fathers lived. We are very poor; we are very ignorant; but we are very honest. . . . We will be friends."

Powell mentioned that Ka'-pu-rats was the name by which he was known among the Utes and Shoshones, meaning "arm off." After more repetition and a few gifts were given, they shook hands and the council broke up.

Hamblin learned more of the details of the death of the three men. "They came upon the Indian village almost starved and exhausted with fatigue. They

were supplied with food, and put on their way to the settlements. Shortly after they had left, an Indian from the east side of the Colorado arrived at their village, and told them about a number of miners having killed a squaw in drunken brawl, and no doubt these were the men. They followed, surrounded the men in ambush, and filled them full of arrows."

Next in the series, the second trip of Major John Wesley Powell exploring the Green and Colorado Rivers.

obituaries

Michael Christopher Beatty



Michael Christopher Beatty had a heart too big for this life, and left it to join his father on February 19, 2024.

He was born on March 13, 2006, in Cedar City, Utah to James Franklin Beatty and Brenda Kay Harris. His entry into this life was bumpy and eventful. True to form, he kept his family on their toes for all of his life. Michael was the youngest of four siblings, and while all the other siblings had

mom at home in their early years, Michael was raised with his father at home. This created a bond between the two that lasted through this life and beyond.

Michael was rambunctious and adventurous. He had a firm idea of what he wanted, and made sure it happened. He also had a loving spirit. From a very young age when you looked at him, his smile and his blue eyes shined. He shared that love with everyone. He developed an amazing hug and caring nature. He was also fiercely loyal, and struggled when his friends were treated unkindly.

He was full of life and adventure, and loved to build. As soon as his brother introduced him to Legos, Michael was building, and continued to throughout his life. He would see large scale creations and replicate them. He had his sights set on being an engineer, after he was done being a demolitions expert, "because you can't be a demolition expert and have a family."

Michael struggled with traditional education. His schooling started at Fiddlers Elementary with Kindergarten, and continued in many other in-person and online schools. Several times his dad homeschooled him, and he thrived during those periods. When dad became too ill to homeschool, Michael was devastated and wanted nothing to do with education. CVHS teachers and counselors worked hard with him, but the death of his father during his Junior year was devastating. For his senior year he attended Southwest Education Academy, and excelled in that environment. Michael completed high school through SEA in November of 2023. It took a caring team of educators and counselors working hard with him to get him graduated. He wanted to continue to see friends, so even after he graduated he attended seminary every other day. This was his routine, and he loved it. His family is grateful to all those involved in this part of his education. Your love and care was noticed and appreciated.

Michael was preceded in death by his favorite person, his father James Franklin Beatty. They have now had a glorious reunion and are together again with other relatives that have passed on. The Beatty family is overwhelmed with gratitude for the outpouring of love, kindness, and donations to make his funeral possible. Know you are appreciated.

Michael Beatty's life will be celebrated on March 2nd with a viewing at 9:30 and a funeral at 11 am located at 451 E Midvalley Rd. If you knew Michael, and need to heal, come and partake. There will be a private graveside by invite only.

On March 13th at 6pm, there will be a balloon release at Park Discovery for Michael's Birthday and suicide awareness. Come write a message on a balloon and send it up. On March 18th there will be a family day in the park fundraiser. This will include Food vendors, inflatables, music, and entertainment, information on suicide awareness and prevention.

Max L Alger



Max L. Alger passed suddenly on February 22, 2024. He was born February 19, 1946, to Warren and Lorna Lowe Alger. He spent his childhood in Hiawatha, Utah. His family moved back to their hometown of Parowan, Utah and he stayed until he married Cindy Evans and moved away for a short time to Anaheim, California. They moved back to Parowan to raise their 5 children where he started his business Max Alger backhoe.

In his career his excavation skills were unmatched. He was excellent at digging and also being honest, fair and personable. After he retired, he was able to spend his time rock hounding and collecting and cutting rocks. He loved nature passionately and pointed out every single sunset he saw. He also found so much joy hunting, fishing, and camping. He was a lover of studying a map and wishing he could see every single bit of this world. He loved to travel and look at this earth and its beauty.

His greatest love was for people, especially his family. He adored his five children and his grandkids and each one felt his deep love for them. He was so close with his four sisters and all of his nieces and nephews. He made his entire life work, and he worked incredibly hard about making life amazing for his kids. Perfect vacations and amazing Christmases. He made friends with every single person he met.

The definition of love is the lack of judgement. This perfectly describes our Dad. He never had a bad word to say about a single soul. He was known for his generosity and many, many friends weren't surprised with him showing up with jerky, peanut cluster or sour dough biscuits. His kindness was unmatched.

He is survived by his children, Shilo (Ryder) Holcomb, Heidi (Geoff) Raftery, Traci Avila, Kelli (Dalton) Smith and Darren (Danle) Alger. His sisters Norma Baker and Tammy Holcomb and 17 grandkids.

He is preceded in death by his parents, his sisters Myrna Miller, Colleen Adams, and Mary Jo Alger and grandsons Rhett Holcomb and Norman Smith. The world lost a best friend.

A celebration of Max's life was held on Sunday, February 25, 2024 (2-8pm) at Max's home, 580 West 300 South, Parowan, Utah. And held again on Monday, February 26, 2024 (4-8pm) also at his home. Arrangements were under the direction of Southern Utah Mortuary. Online condolences can be made at mortuary.org.

Want to submit an obituary?

There is a charge of \$100 for obituaries to be published. Submissions can be made online at ironcountytoday.com, emailed to news@ironcountytoday.com or brought in typed/digitized format to 479 N 100 W, #1, Cedar City. A single submission may be up to 600 words and may include up to two photos. Submitted obituaries over 600 words will be charged an additional 10¢ per word. The deadline for submissions is Monday at 11 am for Thursday's publication.

GATEWAY

« CONTINUED FROM PAGE 21

and alternative schooling models."

Currently, Gateway already has a thriving hybrid and distance education model that allows students to receive a variety of curricula that addresses their individual needs in an environment that benefits their learning and prepares them for the next steps in their education. "Our hybrid/distance education students represent 24% of our school's population," Armour said.

Amy Gibson, Gateway's Assistant Director of Growth and Development, said that Gateway can offer programming to that student population that they can't get anywhere else in the county. "Elementary online students from the local district do not have an opportunity to participate in on-campus activities," she said, "but we offer all of our students

"These upgrades have made the campus safer, and we are looking forward to using the rest of the funding on future projects."

Gateway Director Dave Armour

the chance to take music, art, and drama classes— and even go on field trips— in conjunction with our onsite population. We also provide special education and intervention services onsite or remotely according to parent preference."

Gibson also said the school will be taking a planned phased approach, starting with 500 students for the first year and continuing to grow from there.

In November 2021, the school announced the acquisition of 10 acres of land adjoining the current campus, and since that time, various improvements have been made to the property— including a new playground area— and groundwork has been completed for an outdoor classroom/amphitheater. Armour said plans are also still in the works for a new middle school building, as well as the Andy Burt Memorial Field House, named after Gateway's former director and Armour's good friend and mentor who died in October 2021.

"Gateway has gone through some difficult times the past few years, not the least of which being the passing of a great friend to Southern Utah," Armour said, "but we believe we've seen greater staff unity through this adversity, and since the start of this school year, it feels like Gateway is back on track and starting an exciting new chapter. With our expansion plans, we are hoping to cement the legacy of our former director while also building upon it, the future is looking bright." For student enrollment and more information, visit the school website, gpacharter.org.

finances

ASK RUSTY: SOCIAL SECURITY

Will my work earnings affect my social security benefits?

Dear Rusty: I am presently 67 years of age and am still working full time. I am receiving Medicare coverage, but I have not yet applied for monthly Social Security payments. I have been told that I can take SS payments even if I am still working. Is that correct? Is there a limit to how much I can earn each year and still receive SS payments? Signed: Working but Wondering

Dear Working: Social Security's so-called "earnings test" applies only to those who haven't yet reached their full retirement age. At 67 years of age, you are already past your SS full retirement age (FRA) of 66 years and 2 months, which means there is no longer a limit to how much you can earn from working. Regardless of how much you earn, your monthly Social Security benefits will not be affected, so you can claim your Social Security at any time and not worry about your benefits being affected.

You should also know that because you haven't yet claimed your Social Security, your monthly benefit has been growing since you reached your full retirement age in October of 2021. You've been earning Delayed Retirement Credits (DRCs) at the rate of .667% more benefit for each month you have delayed claiming, so your benefit now at 67 would be over 8% more

than it would have been at your FRA last year. And, if you wish to, you can continue waiting to claim SS and continue to earn those DRCs to get a still higher benefit. But DRCs stop when you reach 70, when you would get your maximum Social Security benefit – about 31% more than your FRA amount – so never wait past age 70 to claim.

To recap: because you've already passed your full retirement age you can claim your SS benefit now (e.g., to start in January) and get a benefit which is 8+% more than you would have gotten if you claimed at your full retirement age, or you can continue to wait and get an even higher amount by claiming even later. Which way to go depends a lot on your current financial needs and your life expectancy. If you don't urgently need the money now and are in good health and expect at least average longevity (about 84 for a man your current age), then waiting longer to claim would be a smart move. But if you need (or want) the money now, then claiming at this time would also be a wise choice. In either case, you don't need to worry about your earnings from work negatively affecting your monthly Social Security benefit – they won't.



RUSSELL GLOOR
SOCIAL SECURITY
ADVISOR

This article is intended for information purposes only and does not represent legal or financial guidance. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

faith

Leaving Egypt

EXODUS 14

One of the most dramatic displays of God's power in the Bible is when He parted the Red Sea for the Israelites so they could escape their Egyptian captors and the wicked Pharaoh's wrath. It's such a pivotal part in Biblical history that many movies have been made about it. Who is your favorite Moses? Charlton Heston, Val Kilmer, or Christian Bale? Someday, we'll get to meet the real Moses. I wonder which actor he would choose to portray him, perhaps himself?

Regardless of Hollywood's attempts at recreating this monumental and miraculous journey, we each make our own personal exoduses through life. There will be moments when we face opposition that seems impossible to overcome. We will face our own Egyptian Pharaohs that seek to enslave us and Red Seas that seem to barricade our path to escape. Whether we struggle with an addiction, a bad relationship, or regrets from the past, we cannot make our journey to peace and safety without Divine direction, protection and deliverance.

What oceans of opposition do you need God to part for you? Just as God parted the waves for Moses and the Israelites to safely pass through, He will part your proverbial Red Sea. He will lead you to people and places who can help you escape the slavery of addiction. He will help you flee the wicked Pharaoh's that haunt, hunt and hurt you.

The question is, when God parts the waters, will you be willing to walk through them? Are you willing to leave your old habits and desires behind? You don't want to carry the regrets and poisons of your past into the Promised Land, right? Maybe your feet hesitate to move forward because you feel unworthy to move to higher and holier ground?

I believe that God doesn't care as much about where your mind, heart and body have been as much as where they are headed now. He doesn't just want you to cross through the parted waters to

escape, but to become all that He created and needs you to be. To no longer be a slave to sin and sorrow but to become a partaker of a new life through His tender mercies.

Yes, there will be difficult days in the wilderness. Days where you miss the comforts of Egypt and even be tempted to swim back. You may feel that there is too much responsibility and accountability in your newfound freedoms. Just remember that God came through the parted waters with you. He will not only



get you to higher and holier ground but make you holier. He will take your old desires and habits and create within you higher desires and more holier habits. And He can help you not only stay away from evil, but to no longer have the desires for it. It's how God works; not just for His Biblical prophets and servants, but also for you, right now. Why? Because He believes in you. And because He loves you.

VERSE OF THE WEEK

PHILIPPIANS 4:6-8

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Don't be anxious about anything? Does God know about anxiety? Has He ever had wayward children? Been told He wasn't doing a good job and fired? Had friends and loved ones turn their backs on Him? YES! That's why He not only understands you, but stands with you, always, all ways, no matter what.

Falcons win twice, finish fifth in 3A

by Tom Zulewski

IRON COUNTY TODAY

After a similar start to last year's 3A girls state basketball tournament, Canyon View head coach Jaycee Barnhurst wanted nothing more than a pair of wins that would lead to a fifth-place finish. The mission was accomplished in convincing fashion Feb. 24.

Emery Miles scored 13 points, and the Falcons broke the game open in the second half on the way

to a 59-46 victory over Summit Academy at Sevier Valley Center in Richfield. CV won 15 games for the second straight season, finishing 15-12 overall.

"Overall, I felt like we played one of the most complete games of our season today," Barnhurst said. "We played tough defense and found a way to translate on offense. It was a complete team effort – exactly how we wanted to end our season."

Maylee Spencer added 12 points for Canyon View as they led most of the way by as much as 20 in the second half before finishing off the victory.

"Our goal was to play all three days after getting beat Thursday and we found a way to get two wins," Barnhurst said.

CV earned the right to play for a third straight day by beating Region 12 rival Juab, 49-38 on Feb. 23.

"It was a complete team effort – exactly how we wanted to end our season."

Jaycee Barnhurst, Canyon View head coach

(L to R)
CV's Maylee Spencer and Hadlee Farrow helped the Falcons soar in the playoffs.



Canyon View

59



Summit Acad.

46

Summit Acad. 6 11 12 17 - 46
Canyon View 12 14 19 14 - 59

Summit Academy – Backus 23, Gorgeson 10, Flores 7, Orme 3, Holmes 3. Totals 15 9-14 46. 3-pointers – Backus 3, Gorgeson 1, Flores 1, Orme 1, Holmes 1.

Canyon View – Miles 13, Spencer 12, Vargas 9, Nichols 8, Brush 7, Potter 6, Sorenson 2, Hallows 2. Totals 19 15-23 59. 3-pointers – Spencer 2, Nichols 2, Potter 2.

Spencer led the way with 10 points and six different Falcon players scored at least 5 points to help in the victory. Canyon View led 22-18 at the break but outscored the Wasps 12-7 in the fourth quarter to secure the win.

In its opening game of the tournament, the 7th-seed Falcons led by six after the first quarter, but Richfield took full advantage of its home court environment in a convincing 44-23 win Feb. 22. CV scored just two points between the second and third quarters as the Wildcats beat them for the 11th straight time overall. Hallie Janes led Richfield with 21 points and Brielle Jolley added 10.

Cedar girls cruise in 4A playoff opener

by Tom Zulewski

IRON COUNTY TODAY

For the second round of the 4A girls basketball playoffs, the Cedar Reds knew the opponent wouldn't be easy. Once the shooters were slowed, the Reds had enough patience to counter and cross off the first important win of the season.

Annalyse Shimada led all scorers with 20 points, and Cedar raced out to a big halftime lead before rolling to a convincing 54-29 victory over the Provo Bulldogs on Feb. 22 at the Wolf Den. The No. 3 seed Reds improved to 18-5 overall and earned a quarterfinal matchup against No. 6 Green Canyon that was played Feb. 26 at the UCCU Center in Orem.

"They had a bunch of really good shooters. We couldn't leave them (open) and we had to take care of the



PHOTOS BY COREY BAUMGARTNER
Mya Bishoff shoots a sure 3-pointer in front of the supportive CHS students.

ball," Cedar coach Corry Nielsen said. "Our only problem was we fouled too much. As we go on, we can't give teams easy points and make them score in the half-court against us."

Cedar did its best work in the opening half behind Shimada, who had 12 of her 20 points that helped build a 34-16 lead at the break.

"We needed to limit the turnovers,

With injured teammate Gabby Gomez watching and cheering from the stands, Cedar had more than enough inspiration to finish the work and cross off the first marker on the way to another shot at a 4A title.

When the final horn sounded, Nielsen

Annalyse I thought we would have all year. She's coming on at the right time, but so is Kiara (Hansen) and everyone else."

Hansen backed up Shimada with 12 points in the win for the Reds, who



McKenzie Bird pulls up for a shot during the Reds' victory over the Bulldogs.

push the ball up the floor and get easy baskets," Shimada said. "It was definitely a matter of patience, and we worked a lot with presses in practice."





Both sides tightened up on the defensive end after halftime, but Cedar had the advantage, limiting Provo to just 6 made field goals. The Bulldogs were able to balance that by going 16-for-25 (64 percent) at the free-throw line.

joined the CHS band in the post-game celebration.

"I love our school. The crowd was huge tonight and the support was awesome," Shimada said.

Along with the rest of the team, Shimada drew plenty of praise from her head coach.

"Annalyse is playing with tremendous confidence over the last six, seven games," Nielsen said. "It's the

	Cedar	54		Mtn. View	68
	Provo	29		Cedar	67
Provo	5	11	5	8	29
Cedar	13	21	8	12	54
Provo - Deucher 4, Martin 1, Moyes 3, Albert 8, Ibarra 2, Denton 7, Martinez 4. Totals 6 16-25 29. 3-pointers - Moyes 1.					
Cedar - Orton 1, Bird 8, Albrecht 1, Shimada 20, Bishoff 8, Williams 2, Bromley 2, Hansen 12. Totals 18 14-22 54. 3-pointers - Shimada 2, Bishoff 2.					
Mountain View - Lewis 4, Fairbanks 19, Mella 32, Suguturaga 8, Kaopua 2, Hair 3. Totals 25 12-17 68. 3-pointers - Lewis 1, Mella 4, Suguturaga 1.					

faced the Green Canyon Wolves in the 4A quarterfinals Monday afternoon. The game was too late for press deadline, and Cedar's full playoff run will be recapped in the March 7 edition of Iron County Today.

"Whoever we play, they're going to be a good team," Nielsen said. "When you get down to the final eight, everybody's good."

Cedar's boys team saw its season come to a tough end in the opening round of the 4A playoffs Feb. 21 when Conner Fairbanks scored a conventional 3-point play with less than two seconds remaining as No. 10 Mountain View advanced with a 68-67 victory over the Reds.

Cedar had taken a 67-65 lead after J.T. Jeter made a free throw on the previous possession, but couldn't stop Fairbanks, who made the winning basket with the necessary free throw that sent the Bruins on to the second round. Landon Kreitzer led four players in double figures with 20 points, but the Reds finished the season with a 4-20 overall record.

Bryce Mella led all scorers for Mountain View (15-10) with 32 points and Fairbanks added 19.

Men's basketball fights hard, but falls to UTA

by Parker Haynie

ASST. DIRECTOR, SUU ATHLETIC COMM.

ARLINGTON, TEXAS — The Southern Utah Men's Basketball Team hasn't had many bounces go their way this season, and that continued tonight against UT Arlington, as the Thunderbirds had a big lead that slipped away and ended in a brutal 90-85 loss.

"It's the same story, during a different game. Anytime you can score 85 points in a basketball game, you should win. But that hasn't been the case for us this season. We will continue to battle; this group is resilient and never gives up," said Coach Rob Jeter.

The Thunderbirds are now 9-18 on the season and 4-12 in conference play. Abilene Christian and Utah Valley were able to win their games, so the challenge became even steeper for the Thunderbirds to make it to WAC Vegas.

SUU held the Mavericks scoreless for the first three and half minutes of the ball game, building a nine-point lead that ballooned to 15 early in the first half. But a 17-6 run to close the first half saw the Thunderbirds take just a 39-37 lead to the break. The second half was largely back and forth throughout. UTA's lead never reached double-digits, but a timely three-point make by Sterling Gaston-Chapman,



SUU ATHLETICS

just his third of the year, would prove too much for the Thunderbirds to come back from.

The Thunderbirds shot nearly 52% from the floor and 46% from three. Making nine three-pointers on the night. They also had an impressive 16 assists as a team. Four different Thunderbirds scored over 15 points on the night, with Dominique Ford leading the way at 24 points, including five triples. Zion Young had one of his best games of the season, scoring 20 points

on 7-12, pulling down four rebounds and dishing a team-high four assists. Parsa Fallah had 19 points and six rebounds, and Braden Housley chipped in with 17 points and went 2-4 from three.

Stay up to date during the 2023-24 Southern Utah Men's Basketball season by following @SUUBasketball on Twitter and Instagram and by liking the Southern Utah Basketball page on Facebook.

PREP SCOREBOARD

STANDINGS

RPI RANKINGS IN PARENTHESES

Region 9 Boys Basketball

	REGION	OVERALL
Dixie (2)	12-0	22-3
Snow Canyon (7)	9-3	16-7
Crimson Cliffs (13)	7-5	13-11
Pine View (12)	6-6	15-10
Desert Hills (15)	6-6	14-11
Cedar (23)	2-10	4-20
Hurricane (22)	0-12	5-19

Region 9 Girls Basketball

	REGION	OVERALL
Snow Canyon (2)	12-0	22-1
Cedar (3)	9-3	18-5
Hurricane (8)	6-6	13-11
Dixie (9)	6-6	13-12
Desert Hills (13)	5-7	10-12
Crimson Cliffs (17)	2-10	7-17
Pine View (19)	2-10	4-20

SCHEDULE

Region 9 Boys Basketball

2/26 4A PLAYOFFS, QUARTERFINALS

@ UCCU Center, Orem

Green Canyon vs. Ridgeline

Layton Christian vs. Murray

Snow Canyon vs. Dixie

Cottonwood vs. Logan

2/27 4A PLAYOFFS, SEMIFINALS

Teams TBD

Region 9 Girls Basketball

2/26 4A PLAYOFFS, QUARTERFINALS

@ UCCU Center, Orem

(scores will be reported in the March 7 edition of ICT)

Cedar vs. Green Canyon

Snow Canyon vs. Sky View

Dixie vs. Ridgeline

Desert Hills vs. Payson

2/27 4A PLAYOFFS, SEMIFINALS

Teams TBD

Ballena shines as T-Birds fall at home to Lady Mavs

by Tyler Francis

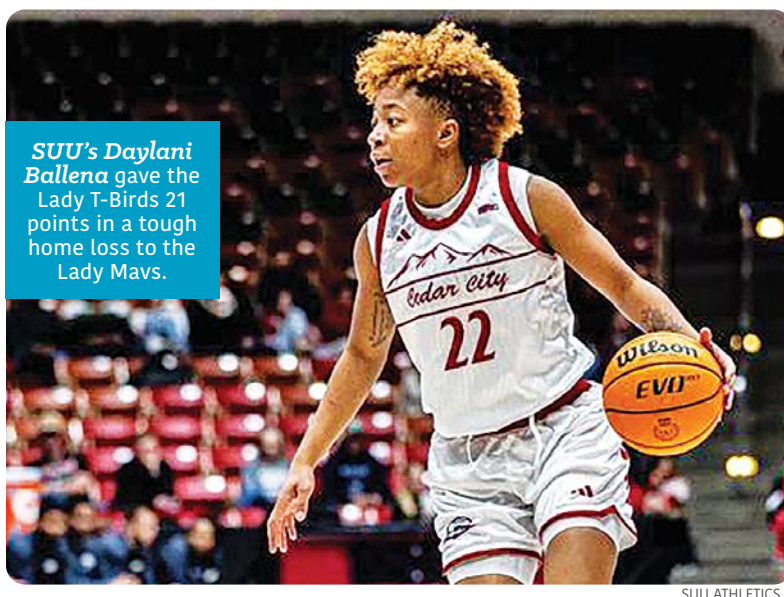
SUU ATHLETIC COMMUNICATIONS

CEDAR CITY — Daylani Ballena poured in 21 points as the Southern Utah University women's basketball team fell to UT Arlington 78-70 on Wednesday night at the America First Event Center. The Thunderbirds move to 7-18 overall and 5-11 in Western Athletic Conference play, while the Lady Mavs improve to 14-12 on the season and 10-6 in conference play.

Head Coach Tracy Mason said, "I

thought we played a lot better in the second half. If we could have made a run a bit sooner and started off a little better, I think we could have been right there. It's a tough loss."

The Thunderbirds outscored the Lady Mavs 38-30 in the paint. Southern Utah outperformed UT Arlington in several statistical categories, recording more rebounds (42-41), assists (16-12), and blocks (8-5). It was a total team effort on



SUU's Daylani Ballena gave the Lady T-Birds 21 points in a tough home loss to the Lady Mavs.

SUU ATHLETICS

Utah youth take to rails in Brian Head Resort competition

from James Graven

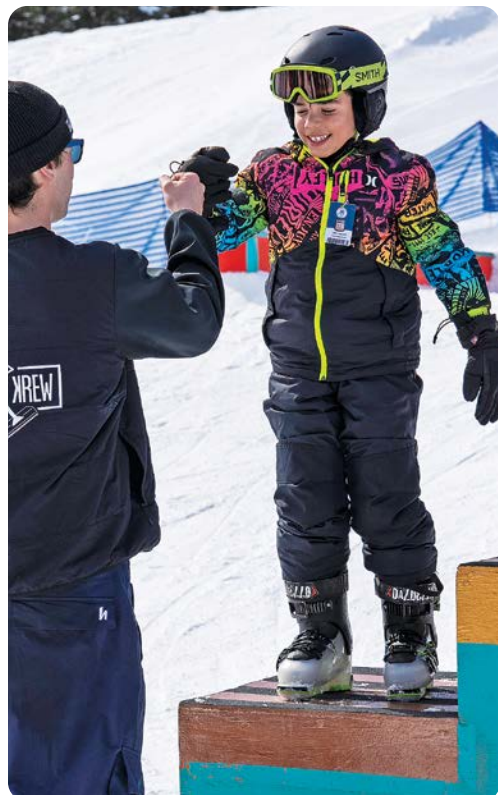
FOR IRON COUNTY TODAY

In addition to being known for “the greatest snow on Earth”, Utah has long been hailed for producing some of the top athletes in the world. And it’s no coincidence that this legacy begins at a young age. Last weekend, Brian Head Resort hosted the Munchkin Rail Jam contest, celebrating the talents of nearly 20 kids under the age of 12. By providing a platform for these young athletes, the Munchkin Rail Jam represents another layer of Brian Head’s commitment to nurturing young talent.

In a bid to break down barriers to entry, Brian Head Resort also offers free skiing and snowboarding for kids ages 12 and under, no purchase required or blackout dates. This inclusive approach ensures that financial constraints never stand in the way of a child’s dream to conquer the slopes.



The Munchkin Rail Jam is a great way for the youth to show off and improve their snowboard and skiing skills.



PHOTOS BY JAMES GRAVEN



It was a great day on the slopes for young snowboarders and skiers.

SUU men's track & field win WAC championship

THUNDERBIRD WOMEN TAKE FIFTH

by James Wilson

SUU ATHLETIC COMMUNICATIONS

ALBUQUERQUE, N.M. — The Southern Utah University track & field teams wrapped up a dominant performance in the 2024 WAC Indoor Championships with the men's team claiming the WAC Championship and

way in the 200m prelim with a time of 20.85 seconds, setting a new personal record and school record. Gibson followed that up with another first-place finish in the 200m with a time of 21.15 seconds. Isaiah Labra took first and set a new school record in the mile run with a time of 3:55.02. This time also set a brand-

the way in the 3000m with a time of 8:03.45, putting him in sixth place all-time in the event at SUU. Labra and Santiago Gaitan followed close behind in second and third place with times of 8:05.00 and 8:11.73, giving the 'Birds a podium sweep in the event.

Cedar English won the conference championship in the long jump with a distance of 25'00.50", also giving him a brand-new indoor school record. Astley Davis took second

Women's Recap

With a fifth-place finish, the women's team scored 57 points, behind UTRGV, Utah Valley, UT Arlington, and conference champion Grand Canyon.

In the high jump, Ajia Hughes claimed the top spot with a distance of 5'10.75", also setting a new indoor school record. Madison DeBos improved her seventh-all-time mark in the mile run with a third-place finish and a time of 4:49.56. Savannah Nielson



The SUU Track and Field teams dominated the WAC indoor Championship. The men took 1st place and the women took 5th.

SUU ATHLETICS

the women taking fifth place.

Head Coach Eric Houle said, "What an awesome conference championship for both men's and women's teams. Performances were beyond what I could've ever imagined. The athletes gave their best in every single event. Both teams will go down as some of the best teams I've ever been blessed to coach."

Men's Recap

With 171 points, the men's team dominated their way to the WAC title, putting up 71.5 more points than second-place teams Grand Canyon and UT Arlington.

Reigning WAC Track Athlete of the Week Dylan Gibson led the

new conference record in the WAC championships, breaking the old record set over 45 years ago.

In the 5000m, Travis Feeny took the top spot with a time of 14:15.56. Coleman Cragun and Max Jones also finished strong in the event in fourth and sixth with times of 14:22.48 and 14:24.67 respectively. Feeny also led

place in the event with a jump of 24'03.75" and Levi Smith took fourth with a 23'09.50". These finishes would also give them second and fourth all-time in school history. In the pole vault, Trenton Maurer claimed second place in school history with a jump of 16'01.75", also giving him sixth in the event.

also improved her second-place spot in the 60m hurdles in school history with a time of 8.50 seconds, good for second place in the event. In the 800m, Josii Johnson secured a second-place finish with a time of 2:10.43. Following close behind her in seventh place was Kimmie Winward with a time of 2:16.68. Makenna Skoczylas finished strong in the pole vault with a third-place finish and a jump of 12'04.75".

Athletes from both teams have now qualified for the NCAA D1 Indoor Nationals in Boston. The meet will take place on Friday, Mar. 8, and Saturday, Mar. 9. Stay current on the Thunderbird track and field programs by following @SUUTFXC on Twitter and Instagram and like the Southern Utah Track and XC page on Facebook.

"Performances were beyond what I could've ever imagined. The athletes gave their best in every single event. Both teams will go down as some of the best teams I've ever been blessed to coach."

Head Coach Eric Houle

SUU Dance Team represents at USA Collegiate Championships

by Regan Hunsaker

ASSISTANT AD, SUU SPORTS INFORMATION

ANAHEIM, California — The Southern Utah Dance Team represented at the United Spirit Association Collegiate Nationals February 17-18 in Anaheim, California. The team competed in Hip-Hop and Pom divisions and placed well in both events. The energetic pom routine secured a seventh-place finish, while the fun and exciting hip-hop dance placed third overall.

Coach Sadie Spencer said, “The team did very well; there was a lot of tough competition, and we did really good! We are very proud of the team!”

The team got the chance to compete on a national stage, showed that they were up to the task, and built great camaraderie in the dance world.

Junior Alli Jensen said, “My experience at nationals was amazing! Truly, no words can describe the love and support we feel being there doing what we love in front of all of our families and friends!” She added, “I love that I get to be there wearing our school colors and the T-Bird. We strive to congratulate and cheer on every team to show the type of people we are here at SUU and in the dance community.”

Southern Utah freshman Jadyn Sommer had this to say about her experience, “This weekend was incredible. There is no better feeling than going out and doing your very best with your best friends! It was such a positive place to be with the best of the best.” Freshman Allyson Marks added, “Being able to represent the



The SUU Dance team got the chance to compete on a national stage and build great camaraderie in the dance world.

PHOTOS COURTESY SUU DANCE TEAM



school in such a positive environment felt amazing! It truly was an out-of-body experience.

“I’m so grateful for the opportunity to dance, and for my teammates and coaches, who do so much for me.”

Southern Utah Athletics would like to congratulate each of these outstanding dancers for representing our school with pride and performing so well. The SUU Dance Team performs at nearly every home event and supports the efforts of all of our student-athletes on campus. To follow the Thunderbird Dance Team, find them on Instagram @southernutahdance.

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Cedar City Hospital caregiver named Utah's Athletic Trainer of the Year

from Brad Gillman

INTERMOUNTAIN HEALTH

An Intermountain Health athletic trainer who supports student athletes and teams at Cedar High School has been selected as Utah's 2023-24 Athletic Trainer of the Year by the Utah Athletic Trainers Association.

Melissa Mendini-Gates has been a trainer at Cedar High School for nearly a decade and has developed a great bond during that time with student athletes, coaches, and parents who she supports on the field and in the training room.

"Melissa is just outstanding, and our entire community trusts and loves her because she's given so much to our entire county and school district," said Eric Packer, president of Intermountain Cedar City Hospital. "This honor is well deserved for her dedication to athletes in her care."

Mendini-Gates was nominated by her peers to be the Utah Athletic Trainers Association (UATA) Secondary Schools athletic trainer of the year. After being nominated for this award, it went to the Honors and Awards committee for the UATA. The committee then determined that she should be the recipient of this prestigious award.

"As president of the UATA, I feel



MELISSA MENDINI-GATES

"Athletic training allows me the ability to positively influence high school athletes, and it's a rewarding experience to be able to educate them about their bodies, injuries, the healing process, and help them return to the sport they're passionate about."

Melissa Mendini-Gates

very proud that Melissa earned this award. She exemplifies excellence in athletic training," said Marcus Homer, president of the Utah Athletic Trainers Association for Secondary Schools. "Cedar City High School is very lucky

to have such a great athletic trainer and valued healthcare professional."

Mendini-Gates is one of dozens of Intermountain Health athletic trainers supporting student athletes and high school teams across the state. Intermountain teams up with

high schools across Utah to provide athletic trainers, which have become an invaluable resource to keeping student athletes healthy, safe, and performing at their best.

Mendini-Gates said her love for athletic training started with watching her dad, Ricky Mendini, who was the longtime athletic trainer at Southern Utah University.

"I was incredibly fortunate to have a dad as an athletic trainer," said Mendini-Gates. "Athletic training allows me the ability to positively influence high school athletes, and it's a rewarding experience to be able to educate them about their bodies, injuries, the healing process, and helping them return to the sport, they're passionate about."

T-BIRDS

« CONTINUED FROM PAGE 30

the offensive end as seven T-Birds registered a field goal.

Daylani Ballena led the way with a team-high 21 points on 8-16 shooting from the field. This marks the fourth time Ballena has surpassed 20 points in a game this season. Ashley Banks recorded 13 points along with eight rebounds. Samantha Johnston played a great all-around game, totaling 11 points, five rebounds, and a team-best six assists. Ava Uhrich added eight points and led the squad with nine rebounds. Johnston and Banks played stifling defense, each tallying three blocks.

After neither team was able to score a bucket in the opening two minutes, the Lady Mavs were able to take a 24-8 advantage at the end of the first quarter. Daylani Ballena led the 'Birds with six points in the second quarter as UT Arlington took a 44-27 lead at the break.

The two squads traded baskets to start the second half, with UT Arlington narrowly outscoring Southern Utah 21-20 in the period. Ashley Banks led the team with six points in the quarter as the 'Birds trailed 65-47 approaching the final period of play. Ballena powered a ferocious comeback effort, adding 11 points to spark a 23-11 run by the Thunderbirds to cut the lead to 76-70 with 19 seconds remaining in the game. However, UT Arlington was able to hold on and claim a 78-70 victory.

The Thunderbirds will hit the road tonight (Feb 29) in Texas to take on Abilene Christian. The game is scheduled to begin at 5 p.m. MT. For all the latest on Southern Utah women's basketball, follow @SUUWBasketball on Twitter and Instagram and like the Southern Utah Women's Basketball Facebook page.

Strike up the band...it's playoff time

Just when you thought you had seen everything, I got a glimpse of Cedar girls basketball coach Corry Nielsen after his team beat the Provo Bulldogs in the second round of the 4A state playoffs last week.

Instead of watching as the girls celebrated another win, Nielsen walked right up and stood with the CHS band as they played the necessary songs. So it begged the question after the game. What was the motivation that gave the coach the jolt to visit the band?

Nielsen had zero inhibitions about the choice he made and was more than happy to talk about it.

"The band is huge," Nielsen said. "You guys don't understand how intimidating our band is for other schools. The first comment I get from other coaches is 'ugh...your band just annoys us.' That's the best comment I could ever have."

I've been around and covered Cedar High for a long time. I've seen parents and fans of opponents covering their ears a lot as the CHS band's noise level hits rock-concert proportions before tip-off, during the game, and definitely after the game, win or lose.

The 4A playoffs will be finished by the time you read these words, but rest assured, Nielsen confirmed the band traveled to the UCCU Center in Orem for all of the Reds' playoff run. All secret weapons are always welcome in the quest for success.

The 2A and 3A playoffs are also in the rear-view mirror, and the champions were all worthy. A lot of great basketball was played, but one game not involving a team from Southern Utah will stick out with me for a long time to come.

In the 3A boys semifinal, Judge Memorial was seeded 10th in the RPI and brought a losing record (10-13) to the table. Once they got started, none of the higher seeds could stop them. The Bulldogs started with a 59-49 road win at No. 7 Morgan, then beat No. 2 seed and Region 12 member Emery, 69-63 at the Sevier Valley Center in the quarterfinals.

Then we got a game that can easily be

described as the wildest game I've ever seen in my 27 years in sports journalism. Judge faced No. 3 seed Ogden and looked like it was ready to run the Tigers out of the SVC and back onto I-15 as fast as possible. After a 4-point play, the Bulldogs had a 57-34 lead with seven minutes left in the game. All of a sudden, the roof fell in as the Tigers went on the defensive prowl.

It was swift, fast and quick. The run started with a free throw with 6:37 left, then a pair of 3-pointers shrunk the lead further. Four free throws sandwiched around a layup, and the lead was down to 10 in the space of less than 2 minutes. With 4:48 on the clock, it was Judge 57, Ogden 47. It took another 47 seconds to wipe out eight more points from the Bulldogs' advantage. When a baseline jumper was made, Ogden

got within 57-55 with 4:01 remaining.

Judge stopped the bleeding briefly with a jumper that pushed the margin back to four, but a 3-pointer from the Tigers wiped out the lead in full and made it 60-59 with 2:09 left. Through all the stress, a free throw was made with 1:21 to play and Judge tied the game at 60-60, forcing the unlikeliest of overtimes.

Once the four extra minutes began, Judge Memorial reasserted itself and outscored Ogden 10-3 to exhale and polish off a 70-63 win that didn't finish until well past 11:15 p.m.

The Bulldogs completed the four-game sweep and won the 3A title in similar fashion, losing most of a 10-point lead in the fourth quarter before beating No. 1 South Summit, 65-62 to earn the right to hold the big trophy from the UHSAA, its first since 2006.

You can love the RPI or hate it all you want, but Judge Memorial knew once they got the first playoff win, they knew they had a chance, regardless of seed. If you worry about what you can control first, the rest of the pieces will eventually fall into place.

Follow Tom Zulewski on X, the artist formerly known as Twitter, @TommyZee81 or email tominator19@yahoo.com.



"All secret weapons are always welcome in the quest for success."

TOM'S SPORTS TRIVIA

The NBA regular season is heading for the home stretch following a lengthy All-Star break, but we're back to a mash-up of all things sports from the week that was. Have fun, embrace the chaos, and please remember...no waging!

- Love it or hate it, the NBA All-Star Game returned to the East vs. West format and a lot of points were scored. What total point milestone was reached and which conference pulled off the feat?
- Auston Matthews scored his 50th goal of the season in his team's 54th game Feb. 21, the fastest the mark has been reached in the NHL in 28 years. What Eastern Conference team does Matthews play for?
- The College Football Playoff is set to expand to 12 teams this fall, but the committee isn't done with expansion. How many teams are being considered for the CFP starting in 2026?
- True or False: Lionel Messi scored one of the goals in Inter Miami's 2-0 MLS season-opening win over Real Salt Lake on Feb. 21.
- It didn't happen very often when Tom Brady was around for the New England Patriots, but the team has a top-5 selection in the opening round of the 2024 NFL Draft. At what number are the Patriots in the picking order?
- Needing only 8 points to break the NCAA women's basketball career scoring record, Iowa's Caitlin Clark flew past the mark quickly with a new single-game personal best in a 106-89 win over Michigan on Feb. 15. How many points did Clark score?
- What Brooklyn Nets coach was fired Feb. 19 after the team posted a 21-33 record, good for 11th place in the

Eastern Conference?

- What video game company is returning to the college football universe with College Football 25, a new product due to be released this summer?
- Jake Diebler made a memorable impression in his first game as interim head coach when what Big Ten school beat No. 2 Purdue, 73-69, on Feb. 18?
- On the PGA Tour, Hideki Matsuyama flipped the script and rallied from a six-shot deficit to win the Genesis Invitational at Riviera Country Club on Feb. 18, finishing with a three-stroke win. What was Matsuyama's final-round score, the lowest ever achieved by a champion at Riviera?
- Jenny Cavnar was hired as the primary play-by-play TV voice last week for what AL West team that may or may not be moving after the 2024 season?
- Who is the defending champion of the Pennzoil 400 NASCAR Cup Series race that runs at Las Vegas Motor Speedway on Sunday?

LAST WEEK'S ANSWERS

- Luka Doncic.
- Boston Celtics.
- Minnesota Timberwolves.
- Isaiah Stewart.
- Devin Booker.
- True. The Lakers rallied in the second half to beat the Timberwolves in the play-in tournament game.
- Blocked shots. Wembanyama leads the NBA with 156 and Kessler is 4th with 132.
- True. The Heat and Magic are tied for the 7th seed with 30-25 records.
- Doc Rivers.
- Washington Wizards.
- Lauri Markkanen.
- The Indiana Pacers are the No. 6 seed in the Eastern Conference with a 31-25 record, and the Phoenix Suns are the sixth seed in the West at 33-22.

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legal notices

CERTIFICATION OF PETITION FOR ANNEXATION

I, Lindsay Hildebrand, the duly appointed Recorder for Enoch City, UT, hereby certify that I have reviewed the Petition for Annexation signed by Nelson Family Land LLC.

To view the Petition for Annexation, legal descriptions and map please request the information from the Enoch City Office, 900 E. Midvalley Road, Enoch UT 84721 or call 435-586-1119. The Petition for Annexation was filed with this office on January 24, 2024. I find that the petition meets the requirements for annexation as provided by Utah State law, (subsections 10-2-403 (2), (3) and (4), U.C.A.) The Enoch City Council received the Certification of the Petition for Annexation on February 8, 2024. The City Council may grant this annexation unless a written protest to the annexation petition is filed with the Iron County Boundary Commission at P.O. Box 429, Parowan, UT 84761 and the Enoch City Recorder within 30 days after the notice of certification is received, which would be by March 6, 2024. The legislative body or governing board of an affected entity may legally protest this annexation by filing as instructed above.

Published February 15, 22 & 29, 2024
Iron County Today • #0538

NOTICE TO CREDITORS

SETTLORS AND CO-TRUSTEES, STEVEN ALLRED HITZ AND GINGER LYNNE HITZ, 755 SOUTH MAIN STREET, STE-4-401, CEDAR CITY, UTAH 84720, AND COTRUSTEE, LEXIE MARINE DUDLEY HEREBY PUBLISH NOTICE THAT THE FOLLOWING ASSET WAS TRANSFERRED INTO A UTAH DOMESTIC ASSET PROTECTION TRUST ON FEBRUARY 7, 2024: PARCEL NO. B-1882-0014-0001 IN IRON COUNTY, UTAH. CREDITORS ARE REQUIRED TO PRESENT CLAIMS TO THE ABOVE CO-TRUSTEES WITHIN 120 DAYS FROM THE FIRST PUBLICATION OF THIS NOTICE OR BE FOREVER BARRED.

Published February 15, 22 & 29, 2024
Iron County Today • #0539

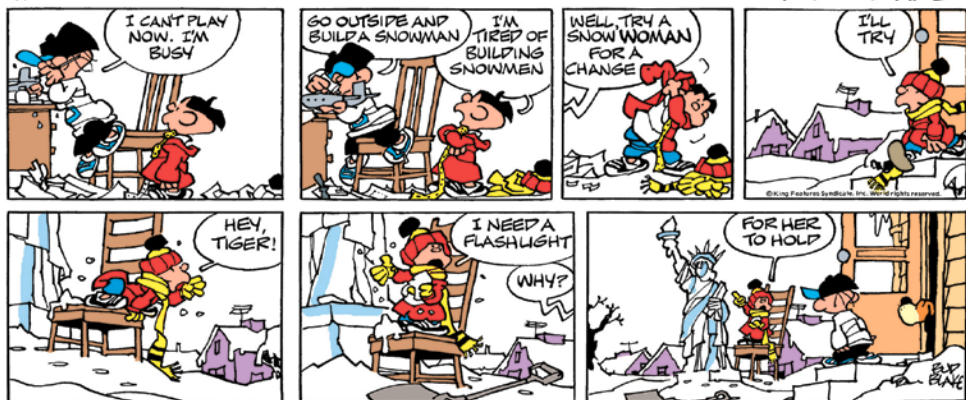
Amber Waves

by Dave T. Phipps



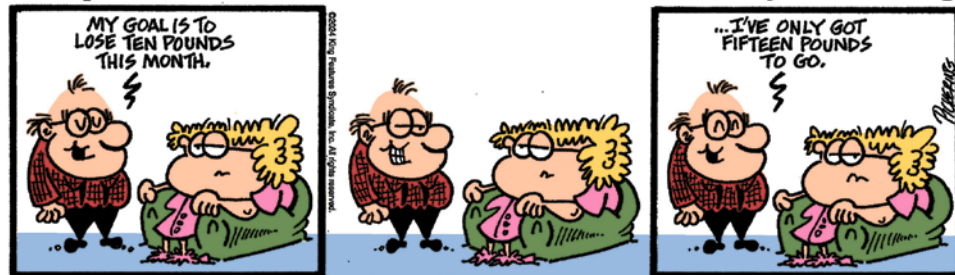
TIGER

by BUD BLAKE



The Spats

by Jeff Pickering



Weekly SUDOKU

by Linda Thistle

8			6					9
	4	8						1
	7			9	5			
		3	6	8	4			7
2				1				4
	8		4					3
		6			2	9		
3			7					2

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

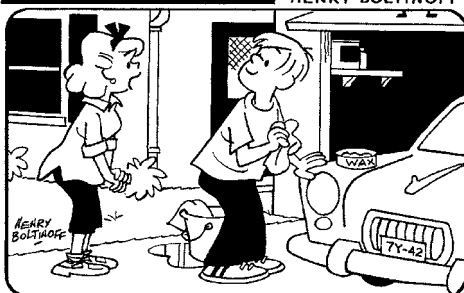
DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

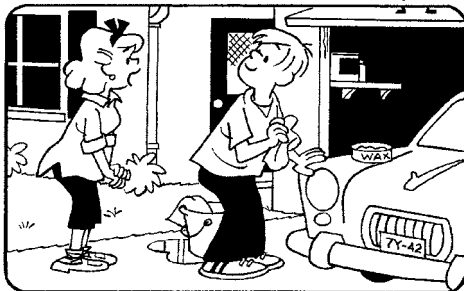
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Bumper is different. 2. Shelf is lower. 3. Window is added. 4. Wax is moved. 5. Neckline is different. 6. Doorknob is different. 7. Tears or crying. 8. Mexico. 9. Steve Carell. 10. Naples.

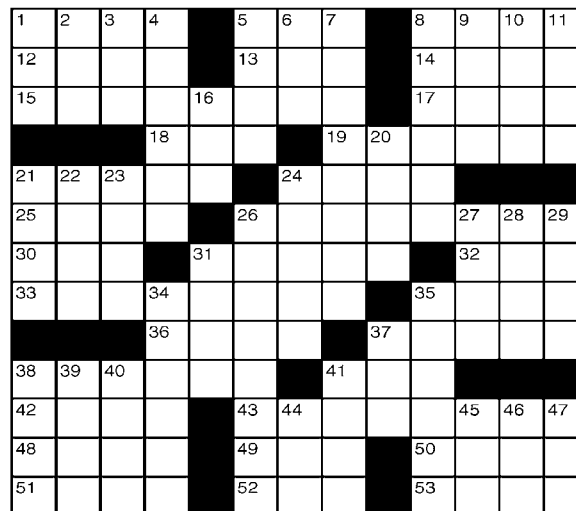
1. He can talk with animals.; 2. Vincent van Gogh.; 3. Cucumbers.; 4. 13.; 5. Tears or crying.; 6. 1977 (Chia Guy).; 7. Theodore Roosevelt, the Nobel Peace Prize.; 8. Mexico.; 9. Steve Carell.; 10. Naples.

Trivia Test Answers

King Crossword

ACROSS

- 1 Not so hot?
- 5 Dog tags, e.g.
- 8 Quick look
- 12 Antioxidant berry
- 13 French vineyard
- 14 Impetuous
- 15 Dungeon's quality
- 17 Actress Rae
- 18 Small batteries
- 19 Detroit hoopster
- 21 Like a neglected lawn
- 24 Coop group
- 25 Within (Pref.)
- 26 Foppish behavior
- 30 Caustic cleaner
- 31 Loud
- 32 Dean's list stat
- 33 Writer Steel
- 35 Three- — sloth
- 36 Barn birds
- 37 Travesty
- 38 "Jane Eyre" author
- 41 Tofu source
- 42 Chicago's Mayor
- 43 Hanging loosely
- 48 Location



- 49 Swiss canton
- 50 Roasting spot
- 51 Church song
- 52 Domino spot
- 53 Harvest
- 10 Canadian gas brand
- 11 "Star Trek II" villain
- 16 Aye undoer
- 20 "500" race
- 21 Use a blowtorch
- 22 New Age singer
- 23 Genesis garden
- 24 Salutes emperor
- 26 Prettified
- 27 Composer
- 28 Detail, briefly
- 29 Created
- 31 Salamander
- 34 Sea off Sicily
- 35 "Fearless" singer Swift
- 37 Boating hazard
- 38 Humdrum
- 39 "Gilmore Girls" daughter
- 40 Utah city
- 41 Use scissors
- 44 "Exodus" hero
- 45 "— had it!"
- 46 Museum-funding org.
- 47 Econ. measure

DOWN

- 1 Bankroll
- 2 Obamacare acronym
- 3 Scooted
- 4 Japanese emperor
- 5 Frosts a cake
- 6 Hosp. workers
- 7 Hitchcock
- 8 Overly proper
- 9 Bridge position

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Trivia test

by Fifi Rodriguez

1. LITERATURE: In the children's book, what is Doctor Dolittle's special talent?
2. ART: Who painted the work titled "Starry Night"?
3. FOOD & DRINK: Which vegetable is commonly used to make pickles?
4. MUSIC: What is pop singer Taylor Swift's favorite number?
5. MEDICAL: What is a common name for lachrymation?
6. BUSINESS: When was the Chia Pet invented?
7. U.S. PRESIDENTS: Who was the first American to win a Nobel Prize?
8. HISTORY: The Aztec civilization emerged in which modern-day country?
9. TELEVISION: Who played the character Michael Scott on TV's "The Office"?
10. GEOGRAPHY: The volcano Mount Vesuvius overlooks which modern-day Italian city?

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9	2	1	8	7	5	6	4	3
4	8	6	2	3	1	9	5	7
3	5	7	9	6	4	2	8	1
6	4	8	5	1	3	7	9	2
5	1	3	7	2	9	8	6	4
7	9	2	4	8	6	3	1	5
8	3	5	6	4	2	1	7	9
7	1	7	9	3	5	8	4	2
2	6	2	1	4	6	1	4	6

Answer

Weekly SUDOKU

P	A	R	E	A	P	P	I	P	N	A	H
N	O	V	E	R	I	O	L	I	O	L	I
G	L	I	N	G	L	I	N	G	L	I	N
Y	O	N	G	L	I	N	G	L	I	N	G
F	A	R	C	E	W	L	S	T	E	N	O
D	E	O	T	L	E	T	E	N	I	N	E
P	A	P	A	L	I	S	A	O	N	A	L
M	A	N	D	A	V	A	N	D	A	V	A
S	M	E	D	D	E	D	E	D	E	D	E
N	O	T	O	N	H	N	H	N	H	N	H
N	O	T	O	N	H	N	H	N	H	N	H
A	C	A	I	G	R	A	S	A	I	G	R
H	A	S	A	I	G	R	A	S	A	I	G
P	E	K	A	R	M	L	D	S	P	E	K

Solution time: 23 mins.

Answers

King Crossword

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