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LOCAL
DEALS
INSIDE



IRON
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today

I.G.N.I.T.E.



Utah Attorney General Sean Reyes (R) congratulates Iron County Sheriff Ken Carpenter at the I.G.N.I.T.E. launch.

STORY ON PAGE 2



(L to R) **IGNITE is made official** with the help of Meghan Beal (National Sheriffs Assoc.), Claire McNally (National Sheriffs Assoc.), Sheriff Samuel Hulse (Bonneville County, ID), Lt. Shalon Shaver (Iron County Jail Commander), Iron County Sheriff Kenneth Carpenter, Ed Vitacolonna (Bonneville County Jail Commander), Major Jason Gould (Genesee County, MI Jail Commander), Steven Buckley (EDOVO), Sean Reyes (UT Attorney General), Sgt. Michelle Walker (Iron County Sheriff's Office).

Iron County launches I.G.N.I.T.E. to provide education and second chance for inmates

by May Hunter

FOR IRON COUNTY TODAY

I.G.N.I.T.E. stands for Inmate Growth Naturally & Intentionally Through Education. By providing inmates with valuable job training, they are equipped with skills they can use upon release to gain meaningful employment and reduce their likelihood of reoffending. It provides education, job training and certification, creates purpose, and allows inmates to set and achieve goals. It also provides employment upon reentry, along with incentives and rewards for those incarcerated. It provides crucial hope where most incarcerated individuals have never been acknowledged for their progress.

Iron county is first in Utah to offer the I.G.N.I.T.E program and eleventh in the nation. Iron County Sheriff Ken Carpenter is among other sheriffs across the nation that recognize the ability of our jails to provide opportunity for change among incarcerated people. I.G.N.I.T.E. is an initiative put in place by the National Sheriffs' Association to evolve educational and substance abuse treatment programs in jails across our country.

I.G.N.I.T.E. was started by Sheriff

Chris Swanson and his team in Genesee County, Michigan. I.G.N.I.T.E. is based on educational opportunities provided to incarcerated people without additional taxpayer expense. National partners like Edovo make that possible. Edovo is a social-impact organization that provides educational, vocational, and rehabilitation to incarcerated people.

"To see the sense of accomplishment and resulting pride in young people who had never accomplished anything of significance before was life changing for them and very touching and encouraging for me."

Iron County Sheriff Ken Carpenter

Their goal is "Everyone deserves the opportunity to thrive."

Iron County Sheriff Ken Carpenter expressed, "To see the hope in the eyes of inmates that never had hope before. To see the sense of accomplishment and resulting pride in young people who had never accomplished anything of significance before was life changing

for them and very touching and encouraging for me. We can do more than just incarcerate. We can also help lift our brothers and sisters above addictions, above the environment they've found themselves in, and help them find joy in life and happiness as a contributing part of the community. But it takes the compassion, support and interaction

of the community. We are grateful for those who have already volunteered time and resources. We are off to a great start, and it will get better as we grow together."

Iron County Jail Commander, Lt. Shalon Shaver added, "Iron County is excited to partner with the National Sheriffs' Association as I.G.N.I.T.E. initiative sweeps across America.

The goal is to motivate and provide our inmates with additional educational opportunities by encouraging them to exit their incarceration with the skills they need to succeed."

Echoing their remarks, Sheriff Hulse, of Idaho Falls shared, "I.G.N.I.T.E. gives an opportunity for hope to those that have been previously hopeless and change to anyone who participates. Inmates begin to think differently and their lives begin to change because of it. The education component provides new work opportunities for participants. Jail staff have improved interactions with inmates because the relationship dynamics are improved from an us versus them to one of encouragement and accomplishment for each other. The ultimate goal being reduced recidivism and an improved community."

Everyone deserves the opportunity to learn from their mistakes and to start anew. People can grow and change over time, and second chances can provide an opportunity for individuals to make positive changes in their lives. A second chance under compassionate release is essential because it revitalizes the spirit of justice. It give hope and real meaning of life to those incarcerated.

Cedar City Youth Council experiences Local Officials Day at the Utah State Capitol

by Gabrielle Costello

CEDAR CITY PUBLIC INFORMATION OFFICER

Cedar City's recently inducted Youth Council piled into a 15-passenger van on the afternoon of Tuesday, January 16, and headed to Salt Lake City to prepare for a full day on Wednesday at the State Capitol alongside local, regional, and state government officials. Eight of the ten recently inducted Youth Council members attended Local Officials Day on Wednesday, January 17, sponsored by the Utah League of Cities and Towns in addition to over a thousand other Youth Councils from cities and towns across the state of Utah.

Cedar City Mayor Garth Green, city councilmembers R. Scott Phillips and Carter Wilkey also attended the trip and coordinated a special dinner for the kids on the first night with Senator Evan Vickers and his wife Chris, Representative Rex Shipp and his wife Stacia, and Representative Carl Albrecht and his wife Gayle. Upon arrival, the students were in awe of their lodging amenities at the Little America Hotel.

"We have really enjoyed bringing the youth council with us to Local Officials Day the past few years. The students dress to impress and make the most of every moment," said councilmember R. Scott Phillips. "For many of them, it was their first time at the State Capitol, but we know it won't be the last for these leaders."

On Wednesday, the students were able to



COURTESY PHOTOS

The Cedar City Youth Council met with local leaders such as Rep. Rex Shipp, and participated in a mock committee meeting.



attend a variety of sessions including an opportunity to participate in a mock committee meeting addressing the issue of affordable housing. They also played an icebreaker game of legislative bingo, listened to an inspiring talk from Governor Cox about housing and disagreeing better, and ate lunch with a State Representative. Executive Director of the Utah League of Cities and Towns, Cameron Diehl, shared how their organization supports cities statewide in various efforts and initiatives.

"My favorite part of the day was interacting with our representatives and participating in a special tour led by Representative Rex Shipp's wife," said Youth Council Mayor, Sadie Hinck. "We got to walk on the House floor, see underground in the Capitol building, and connect with our local leaders. I'm so grateful for the experience!"

A Local Officials Day would not be complete without driving back home to Cedar City on Wednesday to attend a City Council Meeting of their very own. To follow along their journey, please follow Cedar City – City Government on Facebook, @officialcedarcity on Instagram, and @cedarcityutah on Twitter.



opinion

FROM THE EDITOR

Penalties, fumbles, interceptions and sacks

Am I talking about football, business or life? Yes I am—all three and every other area and arena of our lives. Because whether it's on the playing field, home field or work field, nobody likes to hear these words, let alone be on the giving, or receiving end of them.

And as the first month of the new year is already behind us, it's imperative that we keep pressing forward. Sure, we will make mistakes, miss opportunities and get knocked down—no matter where we work, live or play. But just because our season (day, month, year) isn't perfect, doesn't mean that the game is over. No matter what happens to us—on or off the field—we can't stop working, living or playing. We get back up and back in the game, despite missed passes, dropped balls, stumbles and tumbles. Even if today feels like 4th and long, and no matter what the fickle fans or the scoreboard says, don't stop striving to reach your goals and becoming a better you every day of the year, no matter where you live, work or what you play, game on!



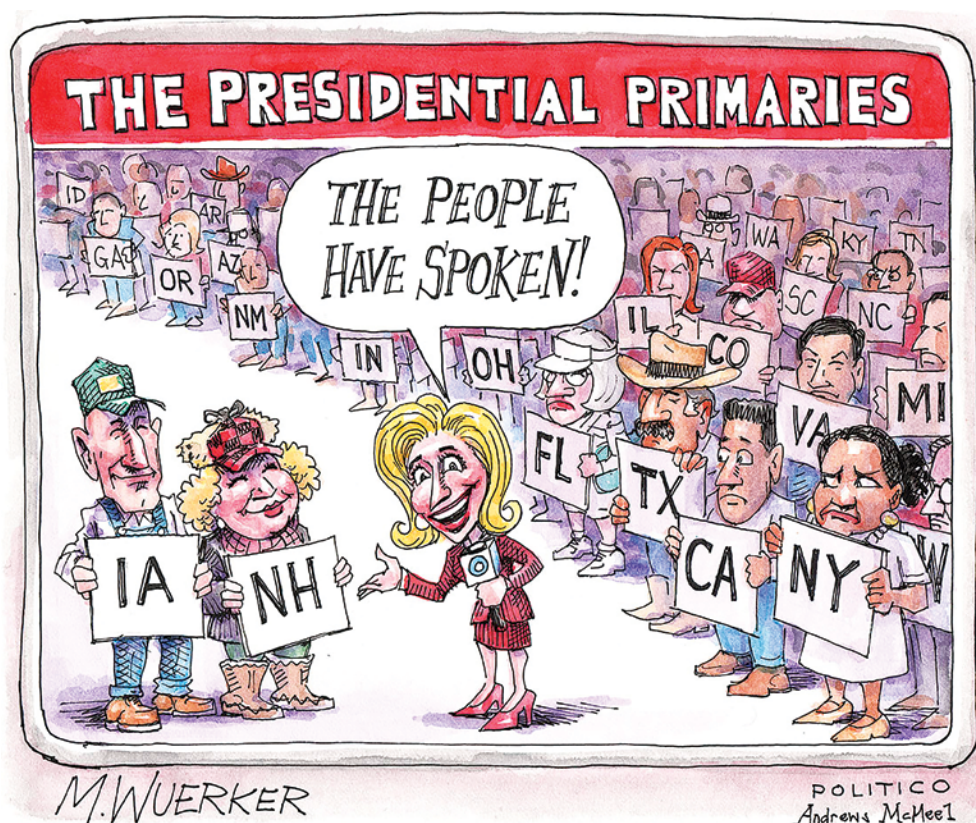
COREY BAUMGARTNER
MANAGING EDITOR

WORD OF THE WEEK

MELIORISM

[MEL-yuh-riz-uhm] The doctrine that the world can become better through human effort.

Whether it's a new year or a new day, we each have the responsibility and response ability to make our habitats, habits and world better today than they were yesterday.



TO THE EDITOR

Samaritan's Purse thanks Cedar City and Iron County,

Generosity throughout Cedar City contributed to a successful shoebox gift collection season at drop-off locations for the Samaritan's Purse project Operation Christmas Child. Across the U.S., the project collected 10 million shoebox gifts in 2023. Combined with those collected from partnering countries in 2023, the ministry is now sending over 11.3 million shoebox gifts to children worldwide, including many who are suffering from war, poverty, disease and disaster.

Through shoeboxes—packed with fun toys, school supplies, and personal care items—Cedar City and Iron County area volunteers brought joy to children in need around the world. Each gift-filled shoebox is a tangible expression of God's love, and it is often the first gift these children have ever received.

Through the continued generosity of donors since 1993, Operation Christmas Child has collected and delivered more than 220 million gift-filled shoeboxes to children in more than 170 countries and territories.

Across UT, shoebox packers often shop for deals on shoebox items throughout the year, and many serve at a deeper level by becoming a year-round volunteer. Information about ways area participants can get involved year-round can also be found at samaritanspurse.org/occ or by calling 303-745-9179.

Although local drop-off locations for shoebox gifts are closed until Nov. 18–25, 2024, anyone can still be a part of this life-changing project by conveniently packing a shoebox gift online in just a few simple clicks at samaritanspurse.org/buildonline. These simple gifts, packed with love, send a message to children worldwide that they are loved and not forgotten.

Sincerely,

Luke Switzer,
Samaritan's Purse

QUOTE OF THE WEEK

"Trust yourself. You know more than you think you do."

Benjamin Spock

IRON COUNTY **today**

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opinion

Local businesses must compete in digital age

At the risk of repeating myself, let me share one of my favorite quotes. Gen. Eric Shinseki said to his troops, "If you don't like change, you will like irrelevance even less." All great changes are preceded by chaos, and upheaval, you must be willing to sacrifice where you currently are, for the vision of where your dreams can take you. While we have experienced change over the past few years, I believe we are on the precipice of even greater and unprecedented change in the future. Will we manage that change on our terms or stand by and be acted upon?

Let's begin with a critical element. Local businesses must build/upgrade their websites without hesitation. Just as a downtown is the eyes into the heart and soul of a community, your website is the eyes into the heart and soul of your business and what it offers. It need not be expensive in today's world of technology, but having a viable and working website is a critical component to your future business success.

Don't fall for the hype that everything is being done online. Two years ago, 90+% of retail was transacted within the walls of retail establishments. While C19 changed that forever, as things are normalizing, you can expect in-store shopping patterns will improve as we have come to find out that we humans seek interaction. That said, don't get comfortable, there is a significant shift toward digital purchases and that won't change. Be aware of these patterns and alter your strategies as needed to assure better store traffic and results.

Secondly, assure consumers can find you, both physically and digitally. Make sure you are active on social media, and everyone knows your operating

BUILDING MAIN STREET, NOT WALL STREET

hours. Does your listing show-up on Google Maps? When people drive or walk by, are your windows and facade inviting? Just as your website is the eyes into the heart and soul of your business digitally, your window and storefront are that to your physical location, as well. How does your business show up in the digital search word world? Google a

few of your key products or services and see where your business shows up or how far down the list you must scroll to find your shop. Make no mistake, while many are returning to brick-n-mortar to shop, they arrive there by googling online about where to spend their money.

Thirdly, when you are online, consistently respond to interactions quickly. Just as we expect great customer service when in person, view this as your online customer service portal.

Great service goes a long way. While we are discussing online, avoid stagnation, rotate your web photos often – after all, pictures are worth a thousand words.

Fourth, in addition to over-the-top customer service, make sure the inside of the business is warm and inviting. Are shoppers able to easily find what they might be looking for? Make sure it is easy to get around the store. Cluttered aisles are one of the biggest detriments to pleasant shopping experiences. Always remember, uniqueness provides ambiance. The ambiance you create today determines who comes back tomorrow.



JOHN A. NEWBY
COLUMNIST

Fifth, always seek ways to communicate after your customer's first visit. This is where a digital strategy can be king. Always have in-store and digital promotions, drawings, contests, raffles, surveys, and games. With technology, this is now very simple. I'm always amazed how people provide email and cell phone numbers with a chance to win something. I also amazed at how many businesses don't have a communication strategy. This should be at the top of any business plan. If you are a food establishment, always have a method to entice customers back. It's amazing how easy and

see **DIGITAL AGE** » 8

IRON COUNTY FORECAST

INCREASING WET WEATHER POTENTIAL FOR SOUTHERN UTAH INTO THE WEEKEND. MILD TEMPERATURES WILL BRING RAIN SHOWERS INITIALLY WITH A CHANGE OVER TO SNOW INTO THE WEEKEND.

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THURSDAY	increasing Showers 47°/32° PRECIP: 75% WINDS: S 10-20
FRIDAY	Rain/Snow 40°/26° PRECIP: 70% WINDS: SW 10-15
SATURDAY	Snow Showers 36°/21° PRECIP: 50% WINDS: W 5-10
SUNDAY	Partly Cloudy 39°/27° PRECIP: 10% WINDS: SE 5-10
MONDAY	Chance Rain/Snow 42°/31° PRECIP: 30% WINDS: S 5-10
TUESDAY	Rain/Snow 41°/29° PRECIP: 50% WINDS: S 10-15
WEDNESDAY	Snow Showers 39°/24° PRECIP: 45% WINDS: SW 5-10

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Opinions expressed in the following articles are those of the author and don't necessarily represent those of all Insider Members or Iron County Today

The soaring national debt: A no longer looming economic crisis

by Casey O. Anderson

CHAIRMAN OF THE ICT BOARD

In recent years, the United States has found itself grappling with an ever-increasing national debt, with the annual interest payments surpassing a staggering \$1 trillion. This alarming figure demands urgent attention and prompts us to explore the potential consequences of such a financial burden on the nation's future.

The enormity of the national debt raises questions about its sustainability and the measures that might be necessary to alleviate the strain it imposes on the economy. One eye-catching hypothetical scenario often discussed is the idea of confiscating the wealth of billionaires to cover the interest payments.

To put this into perspective, let's consider the notion of seizing the entire wealth of the top billionaires to address the \$1 trillion interest payment. The combined net worth of the top 10 wealthiest Americans,

including Jeff Bezos, Elon Musk, Bernard Arnault, Bill Gates, Mark Zuckerberg, Warren Buffett, Larry Page, Sergey Brin, Larry Ellison, and Steve Ballmer, was approximately \$1,330 billion as of the latest available data in January 2022. Even if we were to confiscate 100% of their wealth, a drastic, illegal, immoral and practically infeasible measure, it would only cover a mere 1.33 years of the national debt interest payments. This stark realization underscores the severity of the issue at hand, emphasizing the need for a comprehensive

reminder that a sustainable, long-term solution is imperative to avoid the complete depletion of personal wealth and the collapse of our economic foundations.

The implications of this burgeoning national debt are far-reaching and could lead to a complete economic collapse within a specified timeframe unless decisive action is taken. The trajectory of wealth confiscation painted above illustrates the severity of the situation, emphasizing the need for a comprehensive and sustainable plan to address the national debt crisis.

"The time to act is now, before the weight of the national debt becomes an insurmountable burden for generations to come."

and sustainable plan to address the national debt crisis.

Consider the broader picture: there are a total of 735 billionaires in the United States. If we were to continue down the path of wealth confiscation to meet the annual interest payments, within just three years, every billionaire's wealth will be exhausted. The following year will see the confiscation of all wealth held by millionaires, including their homes, leaving no stone unturned. By the fifth year, the well of wealth will run dry, with no more reserves to confiscate just to meet the interest on the national debt. This grim trajectory serves as a stark

One potential solution lies in freezing new spending or, at the very least, curtailing the growth of spending. Without imposing limits on spending, the cycle of debt accumulation becomes unmanageable, posing a significant threat to the nation's financial stability.

Freezing spending growth is not an easy decision, as it requires a delicate balance between addressing the immediate financial concerns and ensuring the long-term prosperity of the nation. However, without such measures, the national debt will continue to skyrocket, burdening future generations with an unsustainable

financial legacy.

It is essential for policymakers to engage in responsible fiscal management, prioritizing investments that yield long-term economic benefits while simultaneously trimming excesses. Additionally, exploring avenues for revenue generation, such as tax reforms, can contribute to a more sustainable fiscal policy.

The \$1 trillion interest payment on the national debt is not merely a statistic; it is a wake-up call that demands our attention and proactive measures. The hypothetical scenario of wealth confiscation highlights the urgency of finding practical solutions to address the root causes of the debt crisis.

As citizens, it is our responsibility to engage in informed discussions, demand transparency from our leaders, and advocate for responsible fiscal policies that safeguard the economic well-being of our nation. The time to act is now, before the weight of the national debt becomes an insurmountable burden for generations to come. We call on all elected officials and institutional leaders to stop the government spending binge and start working towards a transition away from a complete over-reliance on the federal government that will not be around in its current form within five years. The game of hot potato, the Capital has been playing, is about to end. The music has stopped and Iron County should be the first one to find a chair, not the last.

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Canyon View Middle School students return to regular classes after rigorous CO testing

by Shauna Lund

IRON COUNTY SCHOOL DISTRICT

Canyon View Middle School was back in session last Wednesday after multiple tests deemed the building safe for occupancy. The school moved to virtual learning that Monday and Tuesday while the school district and independent investigators thoroughly tested the school for any traces of carbon monoxide or other harmful gasses. Tuesday's testing included an independent check of carbon monoxide detectors which exist in every classroom, hallway and public area as is required by law. These tests concluded that all carbon monoxide detectors are and were functioning normally.

"The district would not open the school unless we knew it to be safe" Iron County School District Superintendent Dr. Lance Hatch

said. "These are our students, our colleagues and for many of us, our own family members. We would not knowingly put those we love — or those trusted to our care — in harm's way."

After rigorous testing on Sunday, the National Guard's 85th WMD Civil Support Team released a report indicating "there were no airborne hazards in Canyon View Middle School." Three thorough tests took place and involved all equipment in the school including the heating and ventilation systems while running.

A carbon monoxide contamination on Thursday, January 18, prompted several students to seek hyperbaric treatment. ICSD is certain the air was contaminated due to a remodeling project near D Hall. Although it is unknown exactly how this occurred, it is believed exhaust from gas-powered equipment

entered the building. An independent group is investigating the construction area and the protocols in place. In the meantime, the district has not allowed any use of gas-powered tools in the building during school hours and none at all until it determines the exact cause of the contaminated air.

Posts on social media insist that the district and school leaders are not telling the truth about this incident. That is not the case. District and school administrators understand the frustration of not being able to visually pinpoint and fix a cause. We are confident in the safety of the school.

Attendance at school is an individual matter and parents will make the ultimate choice to keep their child home anytime they feel it is unsafe. The decision will be respected and teachers will work with parents and students to stay

up on coursework. ICSD also has an online school option for anyone who feels their child cannot safely return to school.

District and school administrators wish to express appreciation for the quick response and ongoing monitoring by Cedar City Fire Department. The CCFD originally responded to the alarm and has continued daily checks of the building. No concerning carbon monoxide levels have been detected since.

Great care has been provided by the Cedar City Hospital emergency room and the St. George Hyperbaric Treatment Center is also appreciated. We are also grateful for the National Guard 85th WMD Civil Support Team for their extremely thorough support. Additional thanks to Iron County Emergency Manager George Colson and Governor Spencer Cox for mobilizing the 85th.

Romney joins colleagues in introducing resolution to support School Choice

WASHINGTON — U.S. Senator Mitt Romney (R-UT) joined his colleagues, led by Senator Tim Scott (R-SC) and Senate Health, Education, Labor and Pensions Committee Ranking Member Bill Cassidy, M.D. (R-LA), in introducing a resolution designating January 21 through January 27, 2024, as National School Choice Week.

"For too many parents, the ability to choose a learning program that meets the needs and circumstances of their children is limited or nonexistent," Senator Romney said. "Parents know what is best for their kids and they should have the freedom to choose the model of education that works best for their family—whether that is public, homeschool, or otherwise."

"It is unacceptable that today — in the United States of America — millions of kids who grew up just like I did still lack access to quality education simply because of their zip code," Senator Scott said. "We cannot leave our kids' education and the future of America's children to chance. Instead, transforming our nation's education system and ensuring every child has access to a quality education must be our call to action every single day."

"Children should have every opportunity to succeed in school, regardless of income or zip code. School choice provides this opportunity," Dr. Cassidy said. "This National School Choice Week, we celebrate parents' ability to make the best educational decisions for their family."

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Southern Utah University

Aviation Maintenance student awarded scholarship from SUU and Whirly-Girls

by Lisa Doris Zumkeller

FOR IRON COUNTY TODAY

The Whirly-Girls International, a non-profit, educational, and charitable organization dedicated to advancing women in helicopter aviation has announced that student Ruby Esquivel was awarded the Southern Utah University (SUU) and Whirly-Girls Breaking Barriers: Female Maintainers Scholarship. SUU has collaborated with the Whirly-Girls Scholarship Fund to provide a Whirly Girl with the opportunity to pursue studies in the Aviation Maintenance Technician (AMT) field.

This scholarship is specifically designed to empower aspiring female students and propel them towards successful careers in aviation maintenance. The scholarship has a total value of \$5,000, which will be evenly divided across five semesters, amounting to \$1,000 per semester. The Whirly-Girls Scholarship Committee will be holding a banquet and honoring recipients during the HAI HELI-EXPO convention in

Anaheim, CA this February 25th.

Recipient Ruby Esquivel broke free from her repetitive routine and decided to invest in herself by seeking discomfort in the unknown. Her interest in aviation was sparked during a skydiving adventure in Hawaii. This led her to further her education at Southern Utah University. Ruby is determined to become an Aircraft Maintenance Technician, aiming for her long-term goals to help others by being part of a company much bigger than herself and aspiring to provide for her deserving mother. She plans to use this scholarship to cover tuition costs, as her out-of-state balances are much greater than expected.

SUU's Aircraft Maintenance Technician Program is currently the most up to date in the country because it is based off of upcoming brand-new standards and FAA regulations. Whirly-Girls International was founded in 1955 to promote women in the helicopter industry. The Whirly-Girls Scholarship Fund, Inc. is a federally tax exempt 501(c)(3) public charity that has grown from

a single \$500 scholarship to a wide range of training and development scholarships valued today at nearly \$250,000. This year, the program awarded 24 scholarships to deserving female aviators from around the world. The Whirly-Girls organization and scholarship program is designed to advance the careers of female helicopter pilots and mechanics

while building community and public awareness of the career opportunities that are available to women in the rotorcraft sector of the aviation industry.

For more information on Whirly-Girls International and Whirly-Girls scholarships, please visit www.whirlygirls.org or contact marketing@whirlygirls.org.

DIGITAL AGE

« CONTINUED FROM PAGE 5

effective a simple punch card, either printed or digital can be at drawing diners to return repeatedly.

Always think multiple visits. Few businesses can survive when customers only visit their location once. The most successful businesses always rely upon their best customers returning frequently. What is the lifetime value of a frequent customer? Every business should understand this number and the impact on their business. Frequent customers ultimately determine if a business has the sustainability needed to survive over the long haul.

Start with simple e-mail market-

ing, it is the venue where the open and response rates are great. While it is getting less effective, utilize social media tapping into large communities of consumers residing in your target area. There is no simple solution or one size fits all. Being aggressive, promoting or marketing your business is a must. The passive will surely die.

John Newby, Pineville, MO. is a nationally recognized Publisher, a Community, Chamber, Business & Media consultant & speaker. The founder of Truly-Local, dedicated to assisting communities, their businesses and local media to build synergies, thus creating more vibrant communities. He can be reached at: info@Truly-Local.com.

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IRON COUNTY GOVERNMENT RECAPS

Cedar City Council (Jan 24th, 2024)

by Iron County Today Staff

IRON COUNTY TODAY

SkyWest Airlines Air Service Contract

Cedar City Mayor Garth Green provided a brief update on his recent meeting with SkyWest Airlines executives regarding the essential air service contract that expires at the end of 2024. He stated they received some information but there was nothing major to report yet. The contract and airline service issues will continue to be discussed over the coming months leading up to its expiration.

Cedar City – Official Birthplace of Filmmaking in Utah

Mayor Green read an official proclamation declaring Cedar City as the official birthplace of filmmaking in Utah. This year marks the 100th anniversary of the first film shot in Utah back in 1924 titled “The Deadwood Coach” starring Tom Mix. Mayor Green highlighted how that first filming location in Cedar City and Southern Utah demonstrated the scenic backdrops available and ushered in a new era of on-location filming that has now resulted in thousands of productions over the past century. The council later unanimously approved a resolution formally establishing Cedar City as the birthplace of Utah film.

Cedar City Auditor’s Report

Caleb Reese, the independent auditor for the city’s 2021-2022 fiscal year financial statements, stated that the city received an unqualified opinion, meaning the financial statements

were materially correct without any identified issues. He reviewed the various audit reports and compliance checks that are required, noting the city passed all those as well. Mr. Reese emphasized the importance of the city council’s oversight role when it comes to internal controls and financial policies. He encouraged the council to scrutinize expenditures, vendors, and other items that seem unusual in order to provide that necessary oversight.

Iron County School Board District Meeting

by Iron County Today Staff

IRON COUNTY TODAY

Cedar Redmen Mascot

During the recent Iron County School Board District meeting, a former student passionately advocated for reinstating the “Redmen” mascot at Cedar High School, arguing the term pays respect to Native American heritage which should be celebrated. Multiple speakers echoed the desire to bring back this mascot. Data and petitions were cited revealing strong community support. Counterarguments about potential harm were also disputed.

Cellphone Ban in Schools

A student member of the Cedar City Youth Council voiced concerns held by many students regarding proposals to ban cell phones in schools. Phones bridge communication gaps with families, coordinate extracurricular logistics, and aid health/safety. Bans could backfire, fueling Chromebook misuse. Instead, guidelines promoting responsible use may better serve schools.

Native American Performance

A Native American student, Sully, performed a traditional dance in full ceremonial attire. His mother conveyed Soy’s passion for sharing his culture and talent to uplift voices often unheard. She noted reluctance from Cedar High School in the past to allow Soy’s performance, contrasting welcoming inclusion from Canyon View High School.

Miss Iron County Combats Child Abuse

The current Miss Iron County, Talise Mosley, spoke about initiatives to combat and educate on child abuse in the county and made requests for specific prevention programs to be implemented in schools.

Construction/Trade Programs for Students

There are concerns about skilled labor shortages for construction projects in the fast-growing Cedar City area. It was suggested that implementing construction trade programs at the high school level would be a definite benefit.

South Elementary Grant Usage

The Board approved key improvement initiatives for South Elementary School, which recently received a sizeable grant. The funds will contract specialized support focusing on attendance rates, math competencies, and early literacy proficiency. Discussion centered on tailoring evidence-based interventions to bolster learning outcomes for groups of underserved students.

Sen. Lee introduces bills to protect unborn

WASHINGTON — As the nation prepares to observe the annual March for Life, Sen. Mike Lee (R-UT) is reinforcing his dedication to protecting the unborn by introducing at least three critical pieces of legislation: the Abortion is not Health Care Act, the Protecting Life in Health Savings Accounts Act, and the Protecting Life in Foreign Assistance Act.

“Each human life, born and unborn, has immeasurable dignity and worth. The lives of both an unborn baby and her mother matter; and healthcare should heal, protect, and preserve both their lives. Our laws and use of taxpayer money should reflect that truth, which is why I have introduced these bills,” said Sen. Lee.

The Abortion is not Health Care Act would end the tax

deductibility of abortions and clarify that this gruesome practice is not health care. Currently, the IRS categorizes an abortion as “medical care” and allows tax benefits to flow to this practice, subsidizing the killing of hundreds of thousands of unborn children each year. This bill would amend Section 213 of the Internal Revenue Code to prohibit elective abortion expenses from being considered eligible for a medical expense deduction.

The Protecting Life in Health Savings Accounts would end the preferential tax treatment of abortion in health savings accounts. This legislation would amend the Internal Revenue Code to explicitly prevent abortions from getting a special tax advantage through the use of

these accounts.

The Protecting Life in Foreign Assistance Act would ensure that our foreign aid is not funding or promoting abortions overseas. The Trump Administration rebranded this policy as the Protecting Life in Global Health Assistance (PLGHA) policy and applied it to all global health assistance, foreign nonprofits, and NGOs. With President Biden having rescinded the Protecting Life in Global Health Assistance policy in 2021, American citizens may be complicit in overseas abortions under the guise of “foreign assistance.” Congress must ensure this cannot be the case now or ever again. Doing so would affirm the dignity of unborn human lives everywhere and save countless lives across the globe.



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UTAH LEGISLATIVE UPDATES

Utah House of Representatives

SouthWest Tech Diesel Program

It's the second week of the session and it's been a whirlwind! This year started with some exciting conversations and meetings. Earlier this week I presented a Request for Appropriations (RFA) with Brennan Wood, the President of SouthWest Technical College. This RFA is a request for an expansion of the diesel technology program. The two new inland ports in SouthWest Tech's region will welcome an unprecedented opportunity for economic expansion and job creation in Southern Utah. This program would help with the distinct need for specialized machinery and vehicles that will operate out of these ports. This program would contribute significantly to the success and sustainability of SouthWest Tech's regional industrial growth. I am passionate about higher education and investing in our future, especially in District 71.

Meeting With Local Leaders

Iron County is growing at an extremely rapid pace and funding higher education is crucial. I had a chance to talk to President Mindy Benson of Southern Utah University after her RFA presentation to talk about her future goals for SUU. I enjoy the opportunity of being on the Higher Education Appropriations Subcommittee and having the chance to talk to so many wonderful and intelligent school presidents. I also had the chance to talk to a few Navajo Nation delegates in regard to Senate Bill SB 57, Utah Constitutional Sovereignty Act. I enjoy having an open dialogue with our indigenous tribes.

Criminal Defamation Statute

This session one of my main focuses is to uphold the First Amendment and protect personal liberty, and this week I was able to make my first of many moves in that direction. On Thursday, I had the opportunity to present my Bill HB 158 to the Judiciary Committee on Thursday, and it passed unanimously. This bill repeals the criminal defamation statute in Utah code. This bill fortifies free speech and liberty. Criminal defamation is hurtful to American freedom, and this bill protects people.

Utah Agriculture Bills

I also value southern Utah's agriculture and natural resources. Being the Vice Chair of the Natural Resources, Agriculture, and

Environment Committee, allows me to be part of important conversations relating to our beautiful region. In committee, I was able to vote on bills that I support, bills including but not limited to, SB 20, HB 76, HB 52, HB 120, HB 5, HB 1, HB 68, SB 1, HB 206, HB 275, HB 295, HB11, HB 57, HB 61, HB 62. All of these bills have passed through my committee and will have a positive effect on our rural areas. These bills protect our water sources, agriculture, mining and coal industries. Overall this week has been productive and insightful, and I am excited to keep up the good work here at the Capitol for the next five weeks.

— Rep. Rex Shipp

I'm sponsoring several bills this year and they have already seen a bit of action. Here is an update on those that have been introduced.

Legislation and Appropriations

H.B. 54 Coal Miner Certification Panel Amendments, which extends a sunset clause for this panel, passed favorably out of the Senate Natural Resources Committee, and is headed to the Senate Floor for a vote.



REP. REX SHIPP
UTAH HOUSE DISTRICT 72

H.B. 239 State Employee Cybersecurity Training Requirements requires Executive Branch employees to participate



REP. CARL ALBRECHT
UTAH HOUSE DISTRICT 70

in the same cybersecurity training that legislators and their staff complete each year. It's important that we are all on the same page regarding responsible and safe technology use. It passed out of the House Public Utilities, Energy, and Technology committee and is headed to the house floor for a vote.

H.B. 241 Clean Energy Amendments replaces the word "Renewable" to "Clean" throughout Utah Code, and adds nuclear, geothermal energy, pumped storage, and carbon capture or sequestration technology as clean energy alternatives. We want to build a future beyond carbon emitting sources of energy in Utah, however until technology catches up, we must continue to use base load energy powered by coal and natural gas.

Besides legislation, I am also sponsoring several Requests for Appropriations, or RFAs. These are like legislation but are requests for money from the state budget to be directed to specific departments and projects. For Utah to become truly energy dependent, it requires a serious amount of

Rare Earth Metals or Critical Minerals for the development of technology. Utah has 28/35 of these critical minerals, but we are unaware of the full scale of their existence. I am proud to be sponsoring an RFA that provides money to the Utah Geological Survey to study and fully locate these deposits so we can plan for their extraction to the benefit of our state.

Visiting Federal Delegation

Congresswoman Celeste Maloy, Rep. John Curtis, and Rep. Burgess Owens all met with members of the Majority Caucus throughout the week. Congresswoman Maloy also joined us Friday morning for Rural Caucus breakfast where she shared her commitment to representing rural issues at the federal level. I'm especially thankful for her leadership and passion that she has showcased for rural Utahns throughout the beginning of her congressional tenure.

I hope that any of my constituents feel comfortable reaching out regarding any concerns, and I again invite you to do so. My intern is Gage Duffin. He is a graduate of Utah State University. His email address is gduffin@le.utah.gov. His telephone

number is 385-420-3079. I will continue updating you throughout the Session on these important issues that influence your local communities. I always look forward to representing all the needs and interests of Rural Utah.

Please contact me directly by email at carlalbrecht@le.utah.gov. You can also text, or call me at 435-979-6578.

— Rep. Carl Albrecht

Utah Senate

This week I sponsored a resolution in the Senate to mark the 100th anniversary of the Utah Association of Counties (UAC), and the significant and important work they do. I was joined on the floor by county officials, include Commissioners Paul Cozzens and Mike Bleak from Iron County, and Iron County Treasurer Nicole Rosenberg. I am grateful for the service of our local leaders.

Resolution S.C.R. 3 Passed

Having a Major League Baseball team in Utah would bring significant economic benefits to the whole state, and our advantageous geographic position, our proven track record in hosting successful sporting events, our community-centered values, and our robust economy are all a perfect fit for

our state to have its own MLB team.

Teacher Salary Increase

I am sponsoring a bill to expand the teacher salary increase to include teachers not covered in last year's \$6,000 increase. I presented the bill in committee this week. I am extremely grateful for the hard work of our educators, who do so much to help our children prepare for their futures.

Privacy and Safety in Bathrooms and Locker Rooms

The Senate passed H.B. 257, which provides privacy and peace of mind by ensuring people in government facilities use multiple-occupancy restrooms, locker rooms or showers that correspond with their sex. It also strengthens criminal charges for those who commit offensive behavior in a bathroom. The bill will now be reconsidered by the House.

H.B. 261 Equal Opportunity Initiatives

This was passed to remove barriers to ensure all students are given the same opportunities to succeed.

Receiving a high-quality education is important and we want to support all students who have a higher likelihood of not completing college. It puts common-sense policies in place for government agencies and universities by not requiring job applicants to pass an ideological litmus test or demanding that students or

faculty in Utah's universities adhere to a particular ideology to graduate or be hired.

Balanced Budget

The Legislature is required to pass a balanced budget every year. We've been working on passing subcommittee base budgets so the state can continue functioning at a basic level, preventing the state government from shutting down, until we, typically during the final week of the session, pass what is known as the "Bill of Bills;" the comprehensive budget bill that includes additional appropriations not included in the base budgets.

I will continue to work very hard to represent the needs of our area of the state, ensuring we receive the necessary funding for our growing population and infrastructure needs. The Legislature will also consider cutting taxes for the fourth year in a row. Your hard-earned money belongs in your pocket. Thank you for staying involved and informed about the legislative process.

— Sen. Evan Vickers

Navajo Jewelry Making

LOCAL ARTISAN'S WORK REFLECTS TRIBAL VALUES

by Ruth Scovill

FOR IRON COUNTY TODAY

Cary Bitsoie Rose demonstrates Navajo jewelry making at the Iron Mission State Park and I have had the happy experience of speaking with her a couple of times now about Navajo traditions. Navajos call themselves the Diné or the People.

Local artisan Cary Bitsoie Rose works and weaves Navajo traditions into every piece of her handmade jewelry.



They believe that people came from the mud of the earth, and that they are deeply tied to nature. Specifically, the Diné are the People of the Four Sacred Mountains which delineate their traditional land. America itself is known to the Native American people as Turtle Island. Those who American's commonly call Native Americans or Indians, prefer the term First Nations, so that term will be used in this article and Diné will specify the Navajo people.

In the Diné tradition, the people are stewards of the land. The way that they live with the land is to groom the forests and live in harmony with nature. Cary says that there was no word for trash in the Diné language because the tradition was to put everything to use and waste nothing. In recent years, First Nation tribes have been able to reclaim some of their traditional lands. This has been especially true with Deb Haaland, who is a member of the First Nations, serving as the Secretary of the Interior. Cary says that many people that she has talked to have been happy for the First Nation people to regain control and access to their native lands.

Cary learned jewelry making from her mother. She enjoys working with the native rocks and believes that the different stones have specific attributes which influence the wearer. She notes that in the Bible, it also talks about different stones that represent unique qualities. When Cary makes jewelry, it is often asymmetrical, which reflects how people have different qualities within their personality.

She relates a story borrowed from the Cherokees about how each person has two wolves within. Rather than thinking of them as good and evil, she describes it more as peace and chaos that must be brought into balance. The asymmetry represents the complex nature of each individual.

PHOTOS BY RUTH SCOVILL

see **NAVAJO JEWELRY** » 14

Tourism Bureau to celebrate Cedar City as the birthplace of Utah film and television

from Cedar City - Brian Head
Tourism Bureau

FOR IRON COUNTY TODAY

The Visit Cedar City - Brian Head Tourism Bureau is thrilled to announce the When Hollywood Came to Town celebration on February 3rd at 6 p.m. at the Cedars Hotel, commemorating Cedar City as the Birthplace of Utah Film and Television. This event is part of the statewide celebration honoring the 100 Year Anniversary of Utah's film industry.

2024 marks the centennial of the first motion picture shot in Utah, and the Utah Film Commission is celebrating throughout the year with special events commemorating the "100 Years As America's Film Set."

City's rail transportation hub and the scenic wonders of southern Utah as backdrops for major motion pictures. Maria Twitchell, Executive Director for Visit Cedar City - Brian Head Tourism Bureau, stated, "Thanks to the Parry Brothers recruiting efforts, the highly acclaimed actor/producer Tom Mix came to Cedar City in 1924 to film his silent western, "The Deadwood Coach". This was the first film shot outside of the Hollywood studios and the first motion picture shot in Utah putting Cedar City and Utah on Hollywood's map."

The celebration will take place at the historic Cedars Hotel, the same location where the Parry Brothers had their business office in 1923 and were inspired to bring

EVENT PART OF STATE-WIDE CELEBRATION

Cedar City played a pivotal role in the creation and development of Utah's film industry, making it a fitting location for this momentous celebration.

Event Details

When Hollywood Came To Town Celebration Date: February 3, 2024, Time: 6:00 p.m. Location: Historic Cedars Hotel, 52 North Main, Cedar City. The celebration will feature a Hollywood "premier"-like atmosphere with special guests from the Utah Film Commission. Highlights include the premiere of an SUU Student Film project and screenings for the finalists in the Cedar City 48 Hour Short Film Competition.

Cedar City proudly declares itself the Birthplace of Utah Motion Picture Filmmaking, thanks to the efforts of early residents Gronway and Chauncey Parry. In 1923, the Parry Brothers actively recruited Hollywood producers to utilize Cedar

Hollywood studios to Cedar City. Additional Activities for the 100 Years As America's Film Set Celebration in Cedar City: Utah Division of Arts & Museums Traveling Exhibition Location: Frontier Homestead State Park Museum, 635 N Main, Cedar City Dates: Through February 20, 2024 Time: 9 a.m. to 5 p.m. (Monday through Saturday) Free admission, this exhibit runs through February 20, 2024 and celebrates the cinematic moments that have happened throughout Utah's communities showcasing the history and timeline of film through photographs and stories. SUU Film Studios Tour Date: February 3, 2024, Time: 3:00 p.m. Location: Bristlecone Hall, Corner of 200 South and 800 West, #room 121 Public tour of newly constructed film studios and Bachelor of Fine Arts Filmmaking program. Light refreshments served. For additional information about these great events, please visit VisitCedarCity.com.

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Introducing Adrienne Anderson

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

Eight years ago or so, I went to a meeting of the Cedar City Arts Council board and was introduced to Adrienne Anderson, a new member of the community who was hoping to work on the Arts Council in a volunteer capacity of some sort. As I have come to know, volunteering is what Andie does, and has been doing so her whole life. "Starting when I was eight."

It quickly became clear that Andie was going to add a new standard of professionalism to the workings of the Council. Andie grew up in and raised a family of three daughters in a suburb of Chicago. For fifteen years, she worked as a de facto paralegal for some attorneys, where she acquired the business experience that she has applied to the workings of the Council. The family eventually moved to Las Vegas for the benefit of her husband's health, where she worked for a pharmaceutical company and volunteered in an art museum, something she enjoyed very much.

Eventually, she and her daughters returned to the Midwest—Wisconsin this time and then to Washington state, where volunteerism continued to be a way of life. Andie has known some tragedy: her husband and one daughter died, precipitating the various moves mentioned above. Eventually, a domestic crisis brought her to Cedar City, where she has lived since 2015, leaving a trail of grateful bosses and bringing a valise full of experience and a sense of how to properly do things that the Arts Council has

repeatedly taken advantage of. In 2023, AARP named her as one of the outstanding volunteers in Utah!

Andie's latest contribution to the mission of the Arts Council has been a revamping of the Mini-Grant application form. It was okay before, but Andie's ideas have made it a much easier document to use, something of benefit to both the applicant and the Arts Council member who has to read and organize the material that arrives in our email or post office box twice a year. Andie is that person, and she then brings her well-organized information to the committee where we make our decisions based on her perusal of the applications.

To remind you: twice a year the Arts Council awards grants of up to \$500.00 to eight to ten artists of all persuasions—visual artists, musicians, literary types, educators, etc. who make contributions to the cultural atmosphere of Iron County. Since 2008, the Council has awarded a total of \$48,000.00 to hundreds of local artists. If you have an artistic project in mind, you could add your name to that list of recipients. I typed in Cedar City Arts Council Mini-Grant application and it popped right up. We award more grants than we deny, especially when your project promotes a connection with our cultural landscape. Important: the application deadline is February 29th.

Andie, a smart, experienced, generous octogenarian who has become my friend, has provided you with an application that is easy to use. Take advantage of her recent work for the artists of Iron County.



Johnson Arts Center receives grant for art, music, motion workshops

by May Hunter

FOR IRON COUNTY TODAY

Music is present in all areas of our lives. It stimulates memories, gives pleasure and excitement and can involve and modify the perception of movement. Music and Motion workshops are now available thanks to a grant received by the Cedar City Arts Council. The grant will fund a series of workshops for the intellectually disabled adult population in Iron County.

The importance of music and move-

participants include music circles where they can play a variety of world instruments, percussion circles, kazoo creations, marching and walking to music, dancing motion circles, guitar exploration and sing-a-longs. Also, they offer outdoor nature movement explorations, weather permitting.

Music and movement activities offer participants the opportunity to practice speech and communication skills, make eye contact with others, and socialize. But most importantly it helps them to develop real and meaningful friendships as partici-



The new workshops at the JAC provide adults with disabilities opportunities to socialize and to develop meaningful friendships with others.



PHOTOS BY MAY HUNTER

ment cannot be underestimated. It can transport us, transforms us and allow us to express ourselves in ways that might be otherwise difficult. Especially for the intellectually disabled, these workshops are very much needed.

The purpose of these workshops is to increase their functionality and provide meaningful social interaction amongst their peers. These workshops provide a means of engaging in purposeful, enjoyable music, and motion, and to learn new skills.

Some activities engaged in by the

pants begin to recognize and look forward to seeing each other on regular basis.

These workshops are open to all intellectually disabled adults, but are especially for those who cannot currently receive necessary services in Utah. The waiting list to receive such services can be as long as 5 to 20 years. Workshops are held at the Johnson's Arts Center and the Turn Lighthouse Art Center. If anyone is interested in finding out more information, visit www.johnsonartscenter.org, or call/text: Jill Spatafore at 702-917-2151.

Lecture at SUU looks back at a moment at the opera

by Christina Schweiss

FOR IRON COUNTY TODAY

The Ask. Ponder. Educate. [X]. event on Jan. 25 featured Southern Utah University professor Douglas Ipson. His presentation was called “A Napoleonic Whodunit: Can an Opera Help Crack a Centuries-old Case?”

Ipson explained that on Oct. 10, 1800, Napoleon Bonaparte was almost ambushed and assassinated while he was attending an opera at the Paris Opera House. However, many scholars believe that this is just a conspiracy.

The opera which Bonaparte was attending was called Les Horaces. During the opera, there is a scene where three brothers are to give an oath, saying that they will fight for their country. This scene was going to be where the attack took place. Ipson explained that the oath scene is also based upon a painting called ‘Oath of Horatii.’

The plan of attack was to use daggers and start a fire. If that would’ve happened, the National Library, which was just across the street from the opera house, would have gone up in flames. The assassination attempt was prevented by the police force of Joseph Fouché.

Many memoirs from that time don’t recollect this specific night at the opera. However, in his memoir, Fouché affirmed that a plot arose aiming at assassinating Napoleon at the opera house. Ipson said that the reason this story is questioned so

much is because the story of the attempted assassination is based upon “oral history rather than documented history.”

Ipson ended his lecture by mentioning how scholars and historians believe this story to be a conspiracy since there are not too many records of it. However, after he explained what happened the night at the opera based

“The reason this story is questioned so much is because the story of [Napoleon’s] attempted assassination is based upon oral history rather than documented history.”

Douglas Ipson

upon his knowledge and research, Ipson said, “nothing seems all that farfetched.”

The next A.P.E.X. event will take place on Feb. 8 at 11:30 a.m. and the guest lecturer will be Josh Singh. The title of his presentation is “From Used Cars Salesman to Marvel Entertainment: Building a Career That’s All Yours.” To learn more about all upcoming A.P.E.X. events, go to www.suu.edu/apex.

NAVAJO JEWELRY

« CONTINUED FROM PAGE 11

Even where the jewelry is worn and the way jewelry is worn can remind the wearer to pay attention to each of these aspects of their personality.

Because we don’t know what others have been through, the Diné tradition is that we should be careful not to judge, but to honor our own experiences as well as the experiences of others. Cary also explains that another way that the Diné describe the complexity of human nature is to say that people are made of three parts—the heart (emotion), the mind (reason) and the gut (instinct). The gut helps to keep us grounded and will not lie to us. As people navigate life, it is important that they consider their own experiences as well as honoring the experiences of others. “A fool is full of confidence while a wise person is full of self-doubt.”

Traditionally, the Diné culture is matriarchal with the women carrying the family clan lines and holding the family together. Cary’s mother, Mary Bitsoie, is the head of the family which consists of eight children. Mary has also honored her husband by taking his name as the family name (Bitsoie, meaning grandson). It is important that children pay attention to their elders and learn from them so that they can apply the wisdom that their parents have learned as they begin to deal with life. Thus, children can grow into their own roles of leadership within the family. The older children learn from their parents and take responsibility to teach and care for their younger siblings. In this way, they prepare for their own roles in life.

Cary’s mother Mary Bitsoie is a weaver. She has also played an important leadership role within the community in educating and caring for the young people. She made their home a safe place where the young people in the community could come. She was also a leader in their church. She is now passing these things to the next generation. Cary has taught her family the traditional value of Hozôh, walking through life with a sense of balance and beauty, as she was taught by her mother before her. Cary is grateful to both her mother and older siblings for setting the path that she has followed to grow into the strong and confident woman that she is today.



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ENOCH

A softer slice of life

The City of Enoch is a beautiful chapter in the legacy that is Iron County and Utah.

by May Hunter

FOR IRON COUNTY TODAY

Enoch City is a city in Iron County, Utah. It is located approximately 7 miles northeast of Cedar City, in Cedar Valley. It is a nice, small, and quiet town away from all the lights, populated areas, and traffic. Enoch is a place that allows everyone to enjoy a simple life. It has multiple public parks, fun annual events, and an assortment of amenities, that all make this place unique. It's quiet and rural atmosphere is "Country Living" at its best.

Enoch was first called Elk Horn Springs by travelers along the Spanish Trail. After 1851 it was known as Johnson's Ranch or Springs for Joel H. Johnson. He was given permission to build a house and a big stockade to protect and care for the cattle owned by settlers of Iron County.

Seven families moved there and the community was known as Johnsons Fort. John Pidding Jones and his sons moved to Johnson Fort in about 1869. Jones built and operated an iron foundry for twenty-seven years while his sons worked in farming and dairying.

Joseph Armstrong bought half of the fort in 1880. When a post office was requested in 1884, another community was already named after Johnson, so the Jones family, organized in the Order of Enoch, suggested the name Enoch. The population remained under 250 until the 1970's when several subdivisions were developed.

When Enoch was incorporated in 1956, the settlements (Enoch, Grimshawville, Steenville, and Williamsville) came together in name, but the town remained a spread-out rural community of farms and scattered homes. Pastures and fields still dominate the landscape, as townspeople actively work to maintain a rural atmosphere.

Telephone lines reached Parowan and Cedar City in the summer of 1903. Although there were few private telephones for several years. Cedar City and Parowan were connected to major communities northward as far as Montana in August 1903.

John H. Woodbury was the first manager of Cedar City's telephone company. After a line was built from Cedar City to Enoch in 1905, William H. Grimshaw decided to have a telephone in his home northwest of Enoch. The cost of bringing a line to his home was more than he wanted to pay, so Grimshaw used the wire fences which enclosed the fields as his telephone line. Whenever there was a road, gate, or gap in the fence, he bridged it with extensions and insulators on the posts on each side. After he connected his home via the fences to the central office, he asked Woodbury to bring out a

MAY HUNTER

family

Unexpected pen pal

The Tooth Fairy has been very busy at the Stratton house the last several months. Our oldest has lost eight teeth and has become a wealthy boy!

As per tradition, he places each lost tooth under his pillow and wakes up the next morning to a dollar in its place (a small fortune for a kid who

movie, *The Santa Clause 2*, and things evolved. In the movie, the Tooth Fairy makes several appearances and even saves the day, but not as a cute pixie. This Tooth Fairy is a masculine guy with wings! In a meeting with Santa, Mother Nature, the Easter Bunny and others, he petitions for a change of name resulting in his name swap from the Tooth Fairy to The Molenator.

Our son thought this was hilarious and has since started a correspondence with The Molenator. Rather than simply depositing his teeth under the pillow, our boy writes notes asking about his

life and what he does with the teeth he collects.

I can only imagine how this has complicated the life of the poor Molenator! In the midst of his very busy schedule he is tasked with collecting yet another tooth on his already maxed out route. But no, he can't just collect the tooth and leave a buck, he has to add pen pal to his job description!

In an act of sheer jealousy, our six year old girl started leaving notes for The Molenator as well, minus a missing tooth. She was very put out to discover that he only responds to mail accompanied by a recently lost tooth.

After months of hearing me tell her brother to eat apples to help loosen his already wiggly teeth, our daughter has begun eating them by the bushel in hopes of loosening her perfectly intact teeth.

To her utter delight, she finally felt the slightest movement in one of them and begs me to check her progress at least twice a day.

I don't know how this poor magical guy is going to keep up with these kids when she starts contributing to the workload, but I, for one, am very grateful to this faithful fairy who never disappoints our expectant little boy.



SHUTTERSTOCK

mom's CORNER(ED)

by **Weslie Stratton**

CONTRIBUTOR



likes to buy treats at the gas station). I recall receiving in the ballpark of 25 to 50 cents per tooth as a kid, but given recent economic inflation, I have chosen not to be resentful of my son's good financial fortune.

Starting out, our kids believed in a cute, pixie version of the Tooth Fairy, but during the Christmas of 2022 they watched the Tim Allen

“Our son has since started a correspondence with The Molenator. Rather than simply depositing his teeth under the pillow, our boy writes notes asking about his life and what he does with the teeth he collects.”



Women for Women

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Mercedes Carter, PA-C

Amber Dalton, FNP-C



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ENOCH

« CONTINUED FROM PAGE 15

phone. Woodbury was somewhat skeptical and said if he installed it Grimshaw would have to pay the monthly rate whether it worked or not.

Grimshaw agreed and after installation rang up central and heard the voice of Arabella Jones saying, "Number, please? Who is this?" Grimshaw responded, "This is William H. Grimshaw on Linger Longer Lane talking on the barbed wire fence." "You are?" she said. "Oh, Mr. Grimshaw, its coming in just as clear as if it was on a smooth wire." Afterwards, many families used this method to connect their valley farms to the telephone system.

Population in 1996 was 2,576 and growing. Today Enoch's population is 8,231. Enoch City boasts of its history of the Old Spanish trail, its pioneer heritage, its unprecedented growth, its family values, and most of all its delicious water. Enoch is very family oriented. Enoch has just annexed over 600 acres for a new subdivision at the north end of town.

Two "ground breakings" have recently been held in Enoch. KJ's Ice Barn, a new ice rink facility which will be open next year, will include public skate sessions, hockey, and learning to skate, they will have lots of amenities. They will also provide indoor batting cages, pickleball courts, a gym, party room, and a pro shop. It is located at the northeast corner of Enoch, just west of Interstate 15.

The Iron County Children's Justice Center, located adjacent to the Enoch park, which will be completed next year in the spring around April of 2024. It is a homelike facility which will serve children and families who are experiencing the crisis and chaos that comes with physical or sexual abuse of a child.

Enoch City also has its own city offices, library, police department, animal shelter, and a dog park. There are many activities in Enoch that can be enjoyed year-round. T-Ball and coach pitched games, soccer and rugby are held at the Enoch City Recreation Complex. They also have a disc golf and pickleball court.

Enoch is #9 on the list of the Top 10 Best Places to Retire in Utah. Even though Enoch is now the second largest community in Iron County, it continues to maintain the charm of a small town. Welcome To Enoch.

Enoch City Vision Statement:

"The vision of Enoch City is a community interconnected with a strong community image and infrastructure. We recognize there will be growth and development in our area which will be addressed in a well-planned and organized manner. Expansion of the city will occur based on proper planning, zoning, and capital facility improvements. We will work to have the city grow in a manner that maintains and improves upon the good quality of life we currently enjoy and all desire."



COURTESY SUU

Hyrum Jones standing in front of one of the first homes in Enoch



MAY HUNTER

The City of Enoch continues to grow and provide more recreational opportunities and services for its citizens and visitors.



MAY HUNTER

Pioneers of the past rest in peace after they laid the foundation for the successful present and future of Enoch City.



COURTESY SUU

Photo of The Enoch Brass Band, taken in March of 1917 in the Enoch Church House during a farewell party in honor of Eldon Armstrong Jones.

Do not disturb

Everywhere we go in life, we are surrounded by signs. They help to govern, guide and sometimes make us growl as we submit to their sometimes seemingly inconvenient wisdom and warnings. Whether we're driving, working, Googling, or traveling long distance, there are always signs to tell us how to get there, how fast to drive on the way, where we can and can't go, and what we can do once we arrive.

Whenever and wherever I travel, one of my favorite signs—more for its irony than productivity—is the “Do Not Disturb” sign. I've learned that no matter where I put this supposedly useful symbol for solitude, I still can't prevent

every disturbance and turbulence in my life. In fact, it seems the bigger my sign is, and the more prominently placed, someone else is wearing a “I Don't Care?” sign that is always bigger and seems to give them the right of way to ignore my sign without a second glance. Ah well, it's an opportunity to learn patience and build character, right?

True, some people haven't learned, have forgotten, or don't care, about how to be respectful as we share the roads and ruts of life. Sometimes we may be having such a rotten time ourselves that we're more concerned about our own survival than being courteous as to not disturb our fellow travelers. And with all the chaos and contention in the world, it is becoming far too easy to disturb and offend people these days, on purpose or

not. The important thing to remember, for our own emotional well-being, is to not get perturbed and disturbed by every mishap, misfortune, or mistake made by others... especially those made by ourselves.

While we are constantly surrounded by things that can easily disturb and detour us from our destinations, it is up to us if we choose to let them affect us negatively. Of course we don't want the disruptions and disturbances of daily life to keep knocking on our doors, especially when we're trying to rest and recharge for the battles ahead. But if we are not wise,

impatience, frustrations and quick tempers can readily rob us of our health and happiness.

Therefore, today I hope we will each take a look at the signs upon our emotional doors and hearts, and watch for other people's signs, also. What sign is hanging on the door to your heart right now? What sign is hanging on the door to your dreams? The door of your friendships? Marriage? Future? Are there signs you wish someone else would put up or take down? Is there anything in your life that needs to be denied access to your heart and home because it's disturbing and not improving your health and happiness? As for me and my heart—while I will still keep the “Do Not Disturb” sign handy—I'm going to try wearing my, “I Can Overcome All Things”, and “I Love You Anyway” signs and see what happens.

the rut
LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



calendar

FRI, FEB 2

GROUNDHOG DAY

CEDAR BREAKS SNOWSHOE HIKE (FRI, SAT, SUN, 10-3pm, thru March 31) @ Cedar Breaks. \$10 person. Ranger guided, educational, beginner friendly. Snowshoes, poles provided. Reservations required. 1 mile roundtrip through snowy terrain. No cost. Dress Warm. CedarBreaksInfo@nps.gov or 435-986-7120. Reservations confirmed by Friday prior to scheduled walk.

SAT, FEB 3

GO TO THE LIBRARY

CEDAR CITY POLAR PLUNGE (9:45AM – COSTUME Contest, 10-11am Plunge) @ The Lake at the Hills (2090 W Royal Hunte Dr). Join Cedar City Police Departments as they ‘Take the Plunge’ for Special Olympics Utah! INFO: <https://www.classy.org/event/2024-cedar-city-polar-plunge/e544186>.

CEDAR CITY FARMERS MARKET (10AM-1PM) @ IFA (905 S Main St, Cedar). FREE. Farmers, food, artisans. Drawings, bingo, more! INFO: Facebook, Cedar Saturday Market, or Nancy 435-463-3735.

FESTIVAL CITY MARKET (10AM-1PM) @ (CENTER St. & 100 W) By Bristlecone Coffee. FREE. Handmade treasures and a bounty of local farmers, backyard gardeners, fresh fruits, veggies, with local artisans for jewelry, art, wood, pottery.

SO. UT FILM INDUSTRY MEET-UP (1-3PM) @ SUU Bristlecone Hall, Room #121 (200 S 800 W, Cedar). Presented by Utah Film Commission & SUU. Check out SUU's new film program and facilities, connect with industry leaders, and network with the local film community. FREE. RSVP @ bit.ly/southern-utah-film-meet-up.

SO. UT BALD EAGLE VIEWING (3-6PM) @ RUSH Lake Ranch (9600 North Minersville Highway; SR 130). 12 miles north of Cedar City off State Route 130. FREE. Participants encouraged to register in advance on Eventbrite. Utah Division of Wildlife Resources personnel will answer questions. Some spotting scopes available. Bring binoculars if you have them. INFO: Johnny Neil 435-868-8756.

MIDVALLEY FARMERS MARKET & ARTISAN FAIRE (5-8pm) @ (780 Midvalley Rd. Enoch). Live music, jump house, face painting, and more. Beautiful, unique items. Have dinner, listen to music, let the kids play in the jump house. INFO: Text: 435-704-6916.

MON, FEB 5

TINNITUS AWARENESS

“I HAVE OFTEN LAMENTED THAT WE CANNOT close our ears with as much ease as which we close our eyes.” Richard Steele

TUES, FEB 6

COMPLIMENT DAY

MUSIC, MOTION WORKSHOP (1-2PM) @ JOHNSON Arts Center (59 N 100 W). For Intellectually Disabled adults. Fun activities in the workshop at no cost. Sponsored by Cedar City Arts Council. INFO: 702-917-2151.

COMPASSIONATE FRIENDS GRIEF GROUP (7-8:30pm, 1st Tues) @ Cedar City Library (303 N 100 E). Everyone 18+ who are a bereaved parent, grandparent, sibling, and/or professional person (those from funeral homes, chaplains, pastors, doctors, nurses, mental health workers, police, etc.) who are sensitive to the needs of the bereaved are encouraged to attend.

WED, FEB 7

PERIODIC TABLE DAY

YOUTH SERVICE LEAGUE (YSL) MEETING (1ST Wed, 3:30-4:30pm) @ Cedar Visitors Center Conference Room (581 N Main). Opportunity for youth (Ages 11-18) to volunteer in making a positive difference in our community. Come see how we are helping Iron County! Parents are welcome to join!

WONDER WEDNESDAY – (4-6PM) @ S.U.M.A. (13 S 300 W, Cedar). FREE for all students K-5. Children, accompanied by an adult, can join for fun make-and-take activities self-guided programming. INFO: (435) 586-5432.

CHARACTER SKETCHES (WEDS, 6:30-8:30PM) @ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

CEDAR CITY MUSIC ARTS: YUKO MABUCHI IS held at 7:30 pm in the Heritage Center Theater (105 N 100 E, Cedar City). Tickets are \$30 for adults and \$15 for students, available online. Enjoy an evening of Jazz Piano in Cedar City.

THURS, FEB 8

LAUGH AND GET RICH DAY

WHAT HAPPENED WHEN THE WORLD'S TONGUE-twister champion got arrested? They gave him a tough sentence!

FRI, FEB 9

CUT THE CORD DAY

UT PAIUTE INDIAN SWEETHEART ROUND DANCE (6pm) @ PITU Gym (440 N Paiute Dr, Cedar). Everyone welcome to endo the invited drum group Medicine Thunder as well as performances of Potato Dance, Owl Dance, and Cake Walk. \$20 buy-in for the Paiute Circle song competition. Sponsored by the PITU Pouw'wan, Cultural, and Environmental Programs.

calendar

ONGOING OPPORTUNITIES

GOVERNMENT

Brian Head Council

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

Iron County Republican Women

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

Parowan City Council

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Post 74

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Learn about Veteran benefits, opportunities, fellowship. Honor Guard provides military honors at Veterans funerals. Post Commander Darrin Duncan (435) 704-1466.

Bikers Against Child Abuse

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Rm)

DAR – Bald Eagle Chapter

2nd Sat, 10 am • Cedar Library, 303 N 100 E

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Lion's Club

Tues, 12 pm • Call Pres. Michelle Wilson for mtg. info. Everyone welcome! (802) 359-2183

Marine Corps League

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

So. Utah Veterans Assoc.

1st Thurs, 7pm • Westview Christian Center (2624 West Hwy 56, Cedar). Veterans, First Responders, All are welcome to attend.

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org. Helpline: John (702) 802-1332, Kara (702) 232-6829 KCCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Speaking From The Heart • M – Sa, Noon

Steps and Traditions • M – Su, 7 am

Red Road to Sobriety • Mon, 6 pm Paiute

Tribe, 440 N Paiute (435) 586-1112 Ext. 307
Misfits • M – F, 6 pm
Cedar Group • Tues, 8 pm
The Great Fact • T, F, Noon. True Life Center 2111 N. Main. (702) 802-1332 or (702) 533-7856
Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925
Uncommon Sense • Sat, 10:00 am
My Story • Sat, 8 pm
Thank God Sunday Spiritual • Sun, 11 am
What a Way to Start the Day • Su, W, F 7-8 am • All are welcome

Al-Anon

KCCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed
Al-Anon • 1st, 3rd Tues, 7-8 pm • 435-704-8984
Easy Does It • Tues, 7-8 pm • (435) 559-3333
Hope for Today (Family Groups) Thurs, 6 pm • (435) 559-3333

Alzheimer's/Dementia

Last Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn, access resources, connect. Virtual option available Raven Albertson, 385.831.7124, utahprograms@alz.org.

ARP—Addiction Recovery

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan
 Sun 7:30 pm • 85 N 600 W, Cedar, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

Caregivers

3rd Thurs, 5:45-7 pm • Zion's Way Home Health, 369 N 100 W #1, Cedar. All levels of the caregiver's journey from pre-caregiving to bereavement and rebuilding welcome. INFO: Kat at 702-292-9911.

Celebrate Recovery 12-Step

Fri, 6:30 pm • Sonrise Christian Church (6843 W 1800 N, Cedar). God can change any hurt, habit or hangup, not just alcohol addiction INFO: 435-586-3640

Embrace Grace

Unmarried, pregnant? You don't have to walk alone! Safe, judgment-free zone. Free baby stuff at a baby shower for you. Text or call 407-719-8595 . Info under Resources tab @ Threshingfloor.life.

Grief Support Group

2nd Tues, 5 pm • Southern Utah Mortuary (190 N 300 W, Cedar). Safe, supportive for those who have lost loved ones. You are not alone. Free. INFO: 435-586-4040

Grief Support - Child Loss

1st Tues, 7 pm • Cedar Library (303 N 100 E). FREE for bereaved parent, sibling or grandparent. Includes any child loss (pre-birth, young, teen, adult). INFO: 435-327-1856

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, share perspectives on healing, recovery. Join: affiliate.rainn.org/helproom/canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org • (435) 635-9603 KCCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed
Basic Text Study • Mon, 8 pm
Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm
Live and Let Live • Fri, 8 pm
Candle Light Mtg • Sat, 9:30 pm (Sm rm)
Women Only • Sun, 11 am
Dopeless Hope Fiends • Sun, 8 pm • Mtg Hall, 1067 S Main, Cedar (877) 865-5890

Nicotine Anon (12-Step)

Fri 5 pm • KCCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

Porn Addiction Recovery

Men Only • Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • www.southernutahshare.com

Senior Blind/Visually Impaired

3rd Thurs, 1:30 pm • Cedar City Library

Southern Utah Veterans Assoc.

1st Thurs, 7 pm • Westview Christian Center, 2624 W Hwy 56, Cedar. INFO: Chuck Waddell 907-252-1365.

Southwest Parkinson's Alliance

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

Widows Ministry

2nd Sat, 11-1 pm • New Journey-Widow's Ministry @ Sonrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

CLASSES, CLUBS & ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Arts for Adults w/ Disabilities

Every other Tues, 1-2pm, starts Nov. 28. • Johnson Arts Center (59 N 100 W Cedar). Fun, engaging activities. Drum/Flute circles, group juggling, fine arts projects, more! All levels/abilities! 702-917-2151.

Bingo & Lunch

Fri, lunch @Noon, Bingo @3 pm. Free for Seniors @ Our House Assisted Living (995 S Regency Rd, Cedar). INFO: 435-867-0055.

Book Club

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

Boy Scout Troop 1848

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door. Text Sheila 805-208-4545

Cedar Breaks Model A/Vintage Car Club

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email cedarmodela@gmail.com.

Cedar Chest Quilters' Guild

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. cedarchestquiltersguild.org

Cedar City ESL

Wed, 6:30 - 7:30 pm • Free ESL lessons offered at Cedar Library, Rare Book Room (303 N 100 E). No pre-registration required.

Cedar City Toastmasters

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit www.cedarprofessionals.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

Color Country Winds

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

Cub Scout Pack 1848

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

Explorer Bible Club

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

International Folk Dancing

Fri, 1-2 pm • Cedar Senior Center (489 E 200 S) FREE: No Partner Needed; teaching! INFO: 626-808-6129

Iron County Moms For America

1st Wed, 7pm • Cedar City Library. Keep liberty alive in your hearts, homes with liberty minded book discussions. INFO: Kami Merrill 435-592-4152 or email: ironcountymoms4america@gmail.com

O.A.R.S. Young Adult Group

Tues, 9, 6-8 pm • Cedar Library (303 N 100 E). Open, Authentic, Relevant, and Spiritual. Dinner group, ages 18-30. Talk about spirituality, mutual support, curiosity, community service. Text 541-579-1554, pastorschuyler@gmail.com

Parowan Pickleball

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and signup: Parowan Visitors Center 435-477-8190.

PB&J Therapy Groups

These two groups teach skills for different areas of life by utilizing recreational activities and engaging in other forms of expressing emotions. INFO: 435-267-4212. College: forms.gle/SmCytgCfvQ1tS2pB7 Adolescent: forms.gle/BZiepPW63pR6Zd8k9

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about

geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

Sagebrush Fiber Artisans Guild

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

Senior Yoga Classes

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Sewing Group

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

Tae Kwon Do Class

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 W Royal Hunte Dr. \$25/mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

Tai Chi For Health

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

Take Action for Freedom

Wed, 7 pm • Stahl West 600 N. Airport Road, Cedar • Preserve Constitution, Republic, voting laws, medical freedom, education, rights, ed. on CRT & boarder illegal immigration, Legislature

Top Bar Hive Bee Keeping

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

TOPS—Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

Wellness Wednesdays

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PV: health, Info: Kristi Sharp (435) 986-2564, ksharp@swuhealth.org

Youth Group

Wed, 6:30-8 pm • Ages 12-18. Meal, games & Bible Study. @ Sonrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

schools

IRON COUNTY SCHOOL DISTRICT NEWS NUGGETS



COURTESY GATEWAY

Gateway students enjoy an uplifting and educational afternoon at the Utah State Capitol.

Gateway students celebrate National School Choice Week

by Cooper Andrews & Aspen Dail

FOR IRON COUNTY TODAY

On the morning of January 23, 2024, Gateway students loaded the St. George Shuttle to go to the State Capitol. They joined other charter schools from around the state to celebrate National School Choice Week.

National School Choice Week is a yearly event where during a week in January, charter schools celebrate school choice by taking part in fun activities and events. This week highlights how everyone should have an effective and engaging learning experience, as well as the options that are available in learning.

Once on the bus, the students traveled for three hours, laughing and enjoying each other's company all the way there. The Capitol towered over the students as they arrived at its front steps. Once inside, the students were

see **GATEWAY** » 24

from Braylie Tullis

IRON COUNTY SCHOOL DISTRICT

Enoch Elementary

Enoch's 5th graders explored instruments during the CVMS Band and Orchestra "petting zoo." Each year Mrs. Redd and Mrs. Anderson visit, along with some of their students, to tell the 5th graders about the elective classes they can sign up for next year. They also bring a variety of instruments and let the students play each one, to see which ones they like. It gets the students excited for middle school, as they decide which fun class they want to sign up for. Students and parents also experienced fun activities for science, technology, engineering, art, and math during Enoch's annual STEAM Family Night. The SUU STEM Center for Teaching Learning hosted this annual event for our community to enjoy.



Three Peaks Elementary

Fourth grade students at Three Peaks Elementary have been learning about the history of Utah. To celebrate our state's 128th birthday, the fourth-grade students presented a program to students and parents on January 24. It was wonderful to hear the songs and speaking parts and witness scenes depicting how and when Utah was discovered and settled. Thank you to the students who memorized parts and songs and to the parents who provided transportation to the program and matching shirts for the costumes. A special thanks to the fourth-grade teachers for all of their hard work in getting this program ready: Mrs. Cassie Walker, Mrs. Brenda Roundy, Mrs. McKaylie Ruhr, and Mrs. Jenae Raban. We would also like to thank all of the parents who were able to visit with teachers about their student's education during SEP week. We appreciate your involvement and support of Three Peaks Elementary.



Fiddlers Canyon Elementary

Our next Feed Your Family fundraiser will be on Monday, February 5, at both Cedar City Dairy Queen locations. Watch for flyers coming home in your child's homework folder. Mark your calendars for our celebration of Chinese New Year on February 6, starting at 5:30 pm. It's a great way to enjoy some Chinese culture and learn more about our dual language immersion program. Follow Fiddlers Canyon Elementary PTA on Facebook for more information and updates. We are looking for nominees

for positions on the PTA Executive Board. You can nominate someone on the nomination form in the school front office or by sending a message to the PTA Facebook page.

South Elementary

South Elementary students are busy planning for SEP week which is January 29- February 2nd. In the meantime, our 4th graders presented an assembly based on the life of Martin Luther King Jr. Throughout the year an emphasis has been placed on treating others with kindness, dignity and respect which was supported through word and song by our 4th grade students. South students have shown they are great examples of these qualities!



Escalante Valley Elementary

This year our 1st & 3rd grade students teamed up for a 100th day of school celebration. Students worked in pairs to complete tasks, such as: measuring the length of items around the classroom, weighing and comparing objects, performing health challenges, and learning about mass and volume through task cards. Additionally, students had the opportunity to work with Ozobots, where the miniature robots followed an outline of "100" and students added codes to its path of travel. The day concluded with a number identification activity as teams searched the hallway for number cards and colored in a chart to reveal a secret message. We are proud of all the things our students have learned and accomplished in the past 100 days of school!



schools

Cedar High Students showcase talents, support each other

by Tsadakah Wilberg

FOR IRON COUNTY TODAY

On January 24, Cedar High faced Dixie High school in a boys varsity basketball game. This home game was very well attended with students and parents filling the stands. All were eager to support the team. The game was very exciting with lots of back and forth scoring and continued optimism from the audience.

Both of Cedar's basketball teams have put a lot of effort into how they play as evidenced by their never ending focus on the court. Although Cedar didn't win this game, the team showed that they could push through and accomplish a lot. Even when Dixie was in the lead, Cedar continued onward, remembering the hard work they put into the game.

The seniors in boys varsity basketball this year are Easton Albrecht, Parker Englebright, Jonathan "JT" Jeter, and Landon Kreitzer. They have been working for the longest at the sport and all have a deep appreciation for it. They have prepared for years to get to where they are now and are making the most of their high school careers in sports.



Cedar High's Mohey Tawa (Top) and the Cheerleaders help keep the crowd entertained and energized during sporting events.



PHOTOS BY TSADAKAH WILBERG

The fun and excitement of the game was added to by the cheerleaders and drill team. Both put in the long hours to bring school spirit

and delight to Cedar events. Mohey Tawa performed their military dance. A dance with lots of dramatic movements and fantastic lifts. They really

do so much for the school and dedicate a lot of themselves to achieve it. The pep band is also a fantastic addition to games and events. They also sacrifice time to make games all that they can be and more.

Oftentimes, it is not one team or event that makes up a high school. Only by the combined talents of athletes, musicians, dancers, theater students, academics—and of course the audience and support that everyone else provides—that we have the best high school experiences.

Cedar is a great school because they strive to recognize all the clubs, teams, and other organizations that push students to higher and mightier accomplishments. The student government and other leaders have pushed to have everyone support one another and achieve great things. All of the students deserve to be recognized and praised for their accomplishments because they all put so much effort and care into what they do.

So, whether you come to a basketball game to see the players succeed, listen to the band play, or watch Mohey and Cheer perform, Cedar High is a great place to be.

Courtyard Club invites all to help plant new future at Cedar High

from CHS Courtyard Club

FOR IRON COUNTY TODAY

Greetings, dear readers! Today, we bring you the heartwarming tale of the Courtyard Club at Cedar High School, where a group of budding enthusiasts is turning their school's middle courtyard space into a blooming sanctuary. The Courtyard Club has a mission that goes beyond textbooks and exams. Their goal is to transform the small courtyard in the middle of the school into a haven of natural beauty, transcending the traditional classroom environment.

Last fall, the green-thumbed members of the Courtyard Club

gathered for a monumental workday. Armed with shovels, hoses, and a plethora of pizza, they sowed the seeds of change by planting an array of vibrant flowers and plants. Lady Bug Nursery played a crucial role by providing an abundance of good soil, ensuring that the roots of their efforts would run deep.

In the spirit of community and growth, Mike Green emerged as a benevolent benefactor, generously donating funds for essential supplies and a variety of plants. The Courtyard Club expresses heartfelt gratitude to everyone who lent a hand in this blooming endeavor.

However, as the frost of winter



COURTESY CHS COURTYARD CLUB

gives way to the warmth of spring, the Courtyard Club faces a new challenge: the impending planting season. With the vision of turning the courtyard into a kaleidoscope of colors, they are reaching out to the

families and friends of the community for support.

"As spring tiptoes closer, we're gearing up to bring even more life

see **COURTYARD** » 24

February is Black History Month

celebrations

AFRICAN AMERICAN HISTORY – PART 1

by *Edy Meredith*

FOR IRON COUNTY TODAY

Every February the United States honors the contributions and sacrifices of African Americans who have helped shape our nation. Black History Month celebrates the rich cultural heritage, triumphs, and adversities that have helped create our nation.

Each year the Association for the Study of African American Life and History (ASALH) chooses a theme for the month. In 2022 the theme was Black Health and Wellness, paying honor and homage to medical scholars and health providers. This year in 2024 the theme is African Americans and the Arts. For centuries Western intellectuals denied or minimized the contributions of people of African descent to the arts as well as to history. Today we can see the unbroken chain of Black art production from antiquity to the present, from Egypt across Africa, from Europe to the New World.

Even prior to the American Revolution, enslaved Africans of the southeastern United States began their more than 300-year tradition of making sweetgrass baskets and other crafts. Even more present in American mainstream consciousness today are the many actors, actresses, and singers who have filled American consciousness with their talents in the arts from singing, dancing, drawing, painting, writing, and other artistic expressions.

The early suffering of those in bondage to slavery and later to Jim Crow laws gave birth to spirituals as a major contribution to American music. Blues musicians such as Robert Johnson, McKinley "Muddy Waters" Morganfield, and Riley

"BB" King created and nurtured a style of music that became the bedrock for gospel, soul, jazz, and other popular forms of music that today performers like John Legend continue to perform and to create demand before modern day audiences in person, television, and film. Black contributions to literature include works by poets like Phillis Wheatley,

"African American contributions to art, literature, and history are immense. But how did February get chosen to celebrate such contributions?"

essays, autobiographies, and novels by writers such as David Walker and Maria Stewart as well as contemporary favorites like Maya Angelou, Langston Hughes, W.E.B. Dubois, and Paul Lawrence Dunbar. Among Maya Angelou's most famous works is "I Know Why the Caged Bird Sings" published in 1969, when it became the first of seven autobiographies of Angelou's life. She was a prolific poet, and

her words often depict Black beauty, the strength of women and the human spirit, as well as a demand for social justice.

African American contributions to art, literature, and history are immense. But how did February get chosen to celebrate such contributions? In 1926 Carter G. Woodson, the "Father of Black history", first set out to designate a time to promote and educate people about Black history and culture by designating a weeklong celebration during the second week of February as Negro History Week. February was chosen because it covered the birthdays of Frederick Douglass (February 14) and Abraham Lincoln (February 12). The date received a lot of publicity and did galvanize fellow historians through the Association for the Study of Negro Life and History founded in 1915 and later becoming the ASALH. The idea grew in acceptance, and by the later 1960s, it became Black History Month when racial injustice and inequality became central to creating a celebration of African American history during a time when Martin Luther King Jr. along with other leaders gave their lives to energize the American public to take political action to change, improve, and bring the promise of liberty to all Americans. In 1976, President Gerald Ford made Black History Month official as he urged everyone to "seize the opportunity to honor the too-often neglected accomplishments of Black Americans in every area of endeavor throughout our history." In ensuing parts of this series of articles, other African Americans and their accomplishments will be featured.

95TH BIRTHDAY

Betty Jean Cowley

Betty Jean Cowley will turn 95 years old on Ground Hog Day, February 2, 2024. Her 5 children, 15 grandchildren, 35 great-grandchildren and 1 great-great-grandchild want to wish her the happiest of birthdays.



90TH BIRTHDAY

Arlen D. Grimshaw

Happiest wishes go out to Arlen D. Grimshaw who is celebrating his 90th birthday on February 4, 2024. He was born and raised in Cedar City. He served a mission to California, married his sweetheart Catherine Siggard and graduated from CSU. He is dearly loved by all of his family including his 4 children - Janeen, Scott, Nanette (deceased) and Jill. He is proud of his 11 grandchildren and 3 great-grandchildren. He is adored by his family, friends and neighbors. He is well known for his wisdom, strength, generosity and great memory. He looks forward to the spring when he can get on his John Deere tractor. Congratulatory messages for our dad can be sent to arlengrimshaw@gmail.com; he will be watching his iPad.

Want to submit a celebration announcement?

There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 479 N 100 W, #1, Cedar City. The deadline is Friday at noon for the following week's issue. Announcements should be 100 words or less. Please call 435-701-9982 for pricing for all other announcements.

Improving kindness leads to better health and happiness

In a world that can sometimes feel disconnected and overwhelming, showing love and compassion to those around us through small acts of kindness is more important than ever. Going the extra mile to show love and support doesn't have to be complicated or time-consuming. In fact, there are plenty of easy ways to make someone feel loved and appreciated. From sending a heartfelt text message or leaving a surprise note to offering a listening ear, these simple gestures can go a long way in brightening someone's day. Not only will your efforts help those around you feel more cared for and loved, but you will reap some health benefits as well.

In a recent study, seven days of kind acts were observed and performed by participants. Each participant was randomly assigned either to perform at least one more kind act than usual for a close friend or acquaintance, or to actively observe kind acts. Happiness was measured before and after the seven days of kindness. According to the researchers, being kind to ourselves and others - even strangers - as well as actively observing kindness around us can boost our happiness.

When you engage in acts of kindness, you shift your focus from your symptoms to helping others. As you perform acts of kindness, it also releases oxytocin, which is known as the feel-good-hormone. This leads to increased self-esteem and optimism in your everyday life. Stephen Post of Case Western Reserve University School of Medicine found that when we give of ourselves, everything from life satisfaction to self-realization



MEAGAN JOHNSTON
USU EXTENSION

and physical health is significantly improved. Mortality is delayed, depression is reduced and well-being and good fortune are increased.

One interesting fact about kindness is that it can be contagious. When people receive or witness acts of kindness, not only does it improve their mood, but they are more likely to pay it forward. Have you ever wished that your kids, neighbors, or friends showed you more kindness? If so, try each day to do one small act of kindness to those around you. Who knows, maybe it will create a domino effect of kindness with those whom you associate with.

You can celebrate Random Acts of Kindness Week February 11th-17th and make kindness the norm by heading to www.randomactsofkindness.org where you can find activities and monthly kindness calendars with simple suggestions to show a little bit of kindness each and every day.

Small acts of kindness can have a big impact on someone's day and create a positive ripple effect that spreads throughout our communities. The Greek storyteller, Aesop, is known for saying, "No act of kindness—however small—is ever wasted." So,

why not take a moment today to show love to those around you? Not just your loved ones but the seemingly insignificant people you cross paths with daily. You never know how much of a difference it might make in someone's life. Let's spread love and kindness, one small act at a time.

To read more about how kindness can improve your health visit: <https://extension.usu.edu/mentalhealth/articles/improve-mental-health-with-acts-of-kindness>

"When you engage in acts of kindness, you shift your focus from your symptoms to helping others."



PAULA SYLVESTER

Members of the Cedar Chest Quilt guild present Larry Bilyeu (Ret. Army, Navy) with a Quilt of Courage for his service.

Quilt of Courage

from Paula Sylvester

FOR IRON COUNTY TODAY

On January 10, 2024, members of the Cedar Chest Quilt Guild presented a Quilt of Courage to veteran Larry Bilyeu. He served in the Army for 5 years and later in the Navy for over 5 years. In 1971 he joined the US Army volunteering for Jungle Operations Training. He

was with the 193rd Airborne, 82nd Airborne and the 5th Battalion 19th Special Forces units during his service. In 1976 he joined the US Navy and became a corpsman serving in the hospital, health clinics and the operating room. Following his military service, Larry attended nursing school at North Iowa Area Community College and practiced for the next 38 years.



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Code: 67682

obituaries

Paul David Graff



Paul David Graff was born on May 24, 1935, in Cedar City, Utah to Arnold LaMar Graff and Deloris Jensen Graff. He died on January 19, 2024, in Cedar City, following complications from a fall. He was raised in Cedar City with his 3 siblings, LaMar, Gaylord (G.J.), and Shirley (Joanna Brown).

Paul grew up in Cedar City and attended Iron County Schools. He spent his youth working on the family farm and on the mountain, herding sheep and moving cattle. He spent much of his time with his Grandma

and Grandpa Graff in Kanarrville, a town he loved. Paul then graduated from CSU (SUU) and moved on to the University of Utah where he graduated with a degree in Biology in 1957. In 1958, Paul's Aunt Bee introduced him to Diana Tremewan, from Elko, Nevada, who was attending college in Salt Lake City. Paul and Diana married on November 8, 1958. They raised their family in both Salt Lake and Cedar City. His friends, both old and new, were important to Paul.

He worked in finance and mortgage while living in Salt Lake City and moved home to Cedar City with his family to manage the family farm after his physician father had a debilitating stroke. He cared lovingly for his father until his death.

Paul had many interests. He earned his pilot's license while in college and continued to fly recreationally with his family for many years. Sheep Camps always grabbed his attention, and he kept his childhood sheep wagon at his home where he enjoyed many hot chocolates with his children and grandchildren. Lambing season was an important time for Paul. He worked hard to save every lamb. Paul was an animal lover who cared for baby birds that had fallen from their nest to many horses, cats and dogs. Farming and raising crops always fascinated him, even in his final years. He played the piano beautifully by ear and entertained his family with his banjo ukulele.

Paul served as the manager of the Cedar Livestock Show and was a member of the Utah Cattleman's Association and the Utah Woolgrowers. He supported his children and niece as their 4-H Leader when they raised steers. He cheered his family on in rodeos, band and orchestra concerts, sporting events, bridge-building contests and graduations. He encouraged his children to pursue their educational endeavors and helped his grandchildren with their homework, especially math. He took a concealed weapons course with 3 of his grandsons and impressed them at the gun range. He was interested in his grandchildren and great-grandchildren's lives. He was a member of the Church of Jesus Christ of Latter-day Saints.

Paul and Diana built a mountain cabin at their beloved Spanish Hollow. Their children and grandchildren will always cherish the memories there. Paul was a voracious reader and finished a historical novel just before his death. He read the newspaper and comics every day without fail. His granddaughter introduced him to Wordle and he looked forward to completing the word puzzle every day. For the past ten years, he walked a mile daily at Smith's Food and Drug, where he made many friends. We will miss the \$2 dollar bills he placed in our Christmas stockings every year.

Paul is survived by his wife, Diana, and loved by their five children, Giana (N. Lee Hulet), Genifer (Kerry Rose), Gayle (Thadd Jennings), Paul Rowland (Kristine Doty) and Oliver Graham. He has eleven grandchildren and seven great-grandchildren. He was predeceased by his grandparents, parents and brothers.

Funeral Services were held on Saturday January 27, 2024, at the Rock Church, 75 East Center Street, Cedar City, at noon. Visitation was held that same morning from 10:30 to 11:30. Burial was at the Cedar City Cemetery under the direction of Southern Utah Mortuary. To view a Livestream of the funeral service and share online condolences, please visit www.mortuary.org.

Ellie Grace Esmeier



On the morning of January 23, 2024, we went to meet our little angel Ellie Grace Esmeier. Little did we know our precious daughter had fulfilled her mission here on earth, and had already gone home to our loving Heavenly Father. We will be forever heartbroken, but so grateful that we know we will be able to see her again and she will be ours forever. Ellie Grace is survived by her parents Samuel (Sam) Kim Esmeier and Alison (Ali) Fay Bealer Esmeier. Siblings Corbett (6), Marshall (4),

and Emma (19 months) all of Las Vegas, NV. Grandparents Kim and D'Ann Esmeier of Las Vegas, NV. Scott and Grace Bealer of Minersville, UT. Great Grandma Corinne (the late Norman) Esmeier of Cedar City, Utah. The late Harris and Naideen Nelson of Cedar City, Utah. Great-Grandparents Beverly (Melvin) (the late Alfred Bealer) Prodzinski of Milford, Utah. The late Fay and Betty Marshall of Minersville, Utah. Many Aunts, Uncles, and Cousins on both sides of the family. She will forever be our beautiful angel Ellie Grace Esmeier watching over us to guide us safely home. Services will be held on Saturday, February 3, 2024. Visitation at 9-9:30 am Funeral will be to follow at 10 am (PST) at 877 Temple View Dr., Las Vegas, NV 89110. Interment will be held in Minersville Cemetery, Minersville, UT at 4 pm (MST).

COURTYARD

« CONTINUED FROM PAGE 21

to our little haven. But we can't do it alone," says Katelyn Green, the president of the Courtyard Club.

The Courtyard Club is inviting the community to join hands (and green thumbs) in their mission. Whether it's contributing financially, sharing gardening expertise, offering precious time, or unearthing forgotten garden supplies from the depths of the shed, every contribution will be embraced with open arms and grateful hearts.

"We believe in the power of unity and growth," adds Katelyn. "Your support will help us blossom into something truly extraordinary."

So, dear readers, let's rally around the Courtyard Club and nurture this beautiful initiative. Whether you're a seasoned gardener or just a casual admirer of flowers, there's a place for you in this botanical adventure. Let's make Cedar High's courtyard the talk of the town—a floral haven where the seeds of community, generosity, and laughter bloom into a garden full of joy.

If you want to contact and help us grow our dream please scan these QR codes and get involved!

Thank you for all the support!

The Courtyard Club



GATEWAY

« CONTINUED FROM PAGE 20

amazed and awestruck by the beautiful architecture. Shortly after arriving, they began their tour of the Capitol. They walked through the Hall of Governors, watched part of a Legislative session, and stood under the mural of Utah history that was imprinted on the globe. 8th grade student Roxy Carnesecca when asked about her favorite part of the tour said, "I really enjoyed viewing the Legislative session, it was really cool."

After completing the tour, the students made their way up the marble stairs and joined the other schools visiting the Capitol. They were greeted by the Lieutenant Governor, Deidre Henderson, who gave a speech sure to inspire anyone who listened to it. Henderson said that when she looked into the crowd of students, she could see a bright future. 8th

"I loved it. I thought it was cool for us to hear the Lieutenant's speech and see the architecture. It was really cool."

Bryn Harris

grade student Hannah Feree said, "She sounded like she really wanted to help us."

Afterwards, the students reconvened for a short lunch break before sitting down to watch schools perform as part of the day's activities. The performances ranged from singing to dancing to Shakespeare to jump roping, all of which were very polished and well done. Sadly, all good things must come to an end. With the performances ending the trip, students loaded back onto the buses and headed back home.

Overall, the trip was an amazing and insightful experience. From the tour to the speech, to the performances, every part of the trip was meaningful in its own unique way. It was for sure memorable for everyone that participated. 8th grade student Bryn Harris when asked how she felt about the trip said, "I loved it. I thought it was cool for us to hear the Lieutenant's speech and see the architecture. It was really cool."

finances

ASK RUSTY

Social Security's "First Year Rule"

Dear Rusty: I'm considering filing for my SS at age 64 in February, before my full retirement age of 66 years and 10 months. I'm working full time and would like to continue earning until I meet the \$21,240 limit for this year. When does the \$21,240 limit go into effect? Does it start after receiving my first SS benefit deposit? Or does Social Security go by my year-to-date earnings starting on January 1st?

If I file in February and it takes 90 days to receive my first SS deposit, and at that point my year-to-date earnings are \$18,500, can I continue to work until I earn the balance of the \$21,240 (\$2,740) and then stop working? Or do they only count the earnings after I receive the first benefit payment? I know that for anything earned over \$21,240 I'll need to repay \$1 for every \$2 over the limit. Signed: Ready to Retire

Dear Ready: Since you haven't yet reached your full retirement age (FRA), if you claim now and are working, things will work somewhat differently during your first year collecting benefits.

If you claim for your benefits to start in February, only your earnings starting in February count toward the earnings limit. But during your first calendar year, once your benefits start, you'll be subject to a monthly earnings limit of \$1,770 and, if that is exceeded in any month (February – December), you won't be eligible for benefits for that month. That means that they could withhold your entire monthly amount for any 2023 month after January that exceeds the monthly limit. This is part of Social Security's "first year rule," which applies only during your first calendar year collecting. If, instead, you claim for your benefits to start in March, then the monthly limit will apply from March thru December. Remember,

it's not when your payment is received that counts; it's when your benefits start (SS pays benefits in the month following the month earned). Beginning in 2024 only the annual limit would apply.

Nevertheless, the "first year rule" offers some latitude on your earnings. If the penalty for exceeding the annual earnings limit (\$21,240 for 2023) is less than the penalty which results from using the monthly limit, Social Security will use the annual limit and assess the smaller penalty amount. So, if your annual (full year) 2023 earnings are less than \$21,240, no penalty will be assessed, or if you only exceed the annual limit by a small amount, you'll be assessed a penalty of \$1 for every \$2 you are over the limit. But if your annual earnings are substantially more than the 2023 limit, Social Security may deem you temporarily ineligible

to get benefits. When you complete your application there will be a section asking you to tell them about this year's earnings as well as what you expect next year's earnings to be. From that they will decide whether you are currently eligible to collect benefits.

So, if your goal is to work only to the point that no

penalty will be assessed, you can work until your 2023 earnings reach \$21,240 (whenever that is). Or you could work even a little bit longer and simply take the penalty (half of what you exceed the annual limit by), in which case SS will simply withhold future benefits for enough months for them to recover what is owed for exceeding the limit. But if you continue working full time and will substantially exceed the annual limit, it's likely Social Security will say you are temporarily ineligible to collect benefits (until your earnings are less or you reach your full retirement age when the earnings test no longer applies).

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RUSSELL GLOOR
SOCIAL SECURITY
ADVISOR

faith

PRAY ALWAYS

With the busyness and chaos of this world, there is a greater need for personal prayer in our daily lives. Prayer can come in many faiths and forms. It can be a gateway to being guided and guarded by the Spirit of God in our daily lives. It can also be a conversation that can lead one to a greater cohesion and conversion for their Christian crawl, walk, or race.

Prayer is more than a check-in, or a check-up. It can be a recharging and a reconnecting of our hearts and minds to the greatest power in the universe...Love (1st John 4:7-21). Prayer isn't just a symbol of obedience, or reverence, it is an expression of our love for and reliance upon God, our Father, for direction, protection and even as a reminder that we are loved and not alone.

Prayer is the plea of the created crying out to their Creator for peace, courage, forgiveness, strength and direction (1st Peter 5:7). It is a unifying of our wills to God's. It is also a renewing and restoring of our relationship with Him. Regardless of your prayer routine, your time with God should be more about communion than communication; of gratitude more than grievances.

There are many scriptures in the Bible that speak of the need for and the power of prayer, even that we should pray without ceasing (1st Thessalonians 5:16-18). The Bible also counsels us to not be anxious but live in prayer and thanksgiving (Philippians 4:6). The scriptures often speak of the unity between prayer and thanksgiving. Thus, praising can also be a form of praying.

Also, praying doesn't always have to be done on one's knees. God isn't concerned with the place and posture as much as He is with the desires of the heart of the person praying. It's about your needs, not your knees. Whether you are praying privately in your room (Matthew 6:6), at your

desk, in your car, or anywhere else you need peace and direction, know that God hears you and will help you. There are no prayers too short, too long, or insignificant in the eyes and heart of He who waits for and listens intently to your every heartfelt word.

Only God knows how many prayers are said (or unsaid) and He listens to each one. There is no heavenly switchboard where you're put on hold for the next available angel. God takes

your prayers personally, privately and immediately. While many verses encourage you to ask and it shall be received (John 15:7, Matthew 7:7), be careful not to fall into temptation's trap of believing that delayed answers means God isn't listening or caring. He hears you and will help you in His perfect time. You must be patient as you wait upon Him and remember that your ways (timing) are not always His ways (Isaiah 55:8-9).

Today, who and what are you praying for? Keep praying, listening and trusting Him. He will not leave you comfortless in the meantime.

VERSE OF THE WEEK

MATTHEW 6:6

"But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret..."

Ever notice how distractions seem to suddenly appear prior to your praying? This is no coincidence. The adversary knows the power of a single prayer and will try to delay and stop you. Don't despair when distractions arise. Shut the door to his interferences—and pray on.

GOD'S
porch
Corey Baumgartner
news@ironcountytoday.com



sports

SCORES + RECAPS FROM IRON COUNTY COMPETITION

REDS DECLAW TIGERS

by Tom Zulewski

IRON COUNTY TODAY

The Cedar Reds had a difficult time in its opening game of last week against a favorite to win the 4A state title. When its second game rolled around, Landon Kreitzer helped his team break a lengthy losing streak.

Kreitzer led five different players in double figures with 20 points and Cedar held Hurricane to a single point in the second quarter as they easily beat the Tigers, 77-53 on Jan. 26. The Reds ended a six-game skid and improved to 2-5 in Region 9, 4-14 overall.

Cedar led 25-12 after the opening quarter, but used a 15-1 run over the second period to push the margin to 40-13 at the break and leave no doubt to who was in control. The Reds never let the deficit slip out of double figures in the second half and made six 3-pointers – three coming from Easton Albrecht (11 points).

Tate Stubbs added 14 points for the Reds, J.T. Jeter had 12 and Taylor Davis chipped in with 10. Carson Visser added two 3-pointers off the bench.

Facing the undefeated Region 9 leaders, Cedar ran into a hot-shooting team and dropped an 86-51 decision to the Dixie Flyers at home Jan. 24. Kyle Lemke led Dixie with 22 points and Jordan Roberts set a new state record with 20 assists. The Flyers led 39-20 at the half and added on well from there to stay unbeaten in Region 9. Lemke added nine rebounds to his stat line, and Roberts helped the offense with 13 points. Kreitzer led the Reds with 24 points in the loss.

Cedar played host to Desert Hills on Wednesday in a game that was too late for press deadline, and they will travel to play at Crimson Cliffs on Friday night starting at 7 p.m.



Cedar
77



Hurricane
53

Cedar	25	15	16	21	-	77
Hurricane	12	1	23	17	-	53

Cedar – Stubbs 14, Davis 10, Jeter 12, Kreitzer 20, Albrecht 11, Visser 8, Martin 2. Totals 31 9-10 77. 3-pointers – Albrecht 3, Kreitzer 1, Visser 2.

Hurricane – Staples 4, Q. Gubler 9, Langston 3, Jackman 8, McCauley 2, Kemp 15, Homer 7, T. Gubler 2, Hughes 3. Totals 17 15-32 53. 3-pointers – Q. Gubler 1, Kemp 1, Homer 2.



Cedar's JT Jeter takes the ball to the hoop against a tough Dixie Flyers team.

CV girls sweep week

by Tom Zulewski

IRON COUNTY TODAY

With the race for positioning in the 3A state playoffs reaching the homestretch, the Canyon View girls basketball team knows every game can make the difference between starting at home or playing on the road.

It was far from poetic artistry, but the Falcons got back on the winning track and put themselves in prime position for the postseason.

Maylee Spencer and Emery Miles scored 12 points apiece, and CV held Manti to two free throws in the third quarter on the way to a 51-41 victory over the Templars on a snowy night at the Nest on Jan. 25. The Falcons improved to 6-4 in Region 12 and 10-9 overall.

Canyon View led 28-25 at the break, but struggled to find its offensive touch in the period, but an 8-2 run was good enough to open up a 36-27 lead heading to the fourth quarter.

The Falcons were able to keep the lead in double figures through most of the final eight minutes, and they overcame eight 3-pointers made by the visiting Templars (2-8, 7-11). Manti was just 1-of-5 at the free-throw line to 9-of-11 for Canyon View.

In its first game of the week, Canyon View used another strong third-quarter effort at home to break the game open and beat the North Sanpete Hawks, 46-39 on Jan. 23 at the Nest. Maya Nichols set the pace with 11 points and nine different players made their way onto the final stat sheet. After outscoring the Hawks by six in the third to build a 31-21 lead, CV kept up the pace and brought home the win despite allowing

a pair of late baskets – a 3-pointer and a layup – to close the gap to the final margin.

The Falcons returned to play Tuesday with a road game at Juab that was too late for press deadline, and they will welcome the Emery Spartans to the Nest tonight for a 7 p.m. tipoff.



Canyon View

51



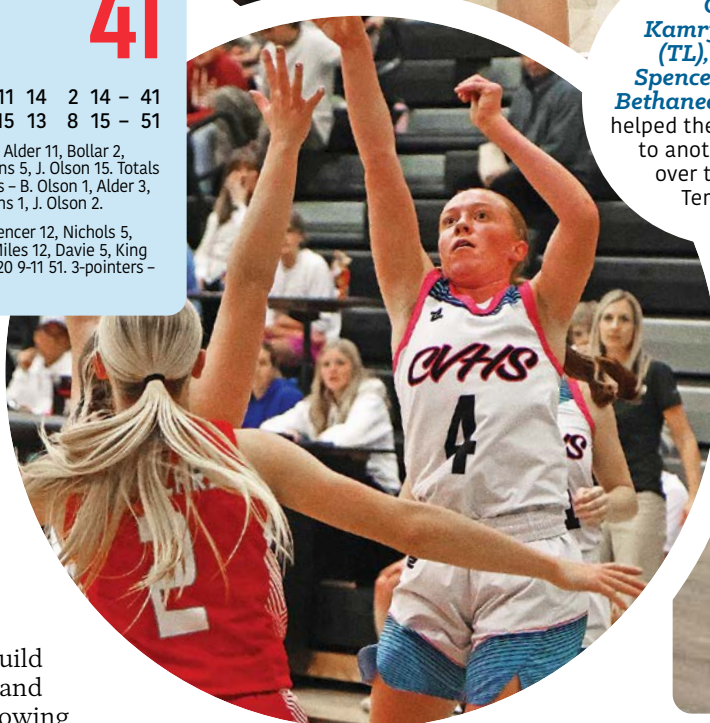
Manti

41

Manti 11 14 2 14 - 41
Canyon View 15 13 8 15 - 51

Manti – B. Olson 5, Alder 11, Bollar 2, Thompson 3, Stevens 5, J. Olson 15. Totals 16 1-5 41. 3-pointers – B. Olson 1, Alder 3, Thompson 1, Stevens 1, J. Olson 2.

Canyon View – Spencer 12, Nichols 5, Brush 5, Potter 7, Miles 12, Davie 5, King 3, Vargas 2. Totals 20 9-11 51. 3-pointers – Nichols 1, Potter 1.



CV's Kamryn Brush (TL), Maylee Spencer (BL) and Bethanee Vargas (R) helped the Falcons soar to another victory over the Manti Templars.

Falcons boys fall twice

by Tom Zulewski

IRON COUNTY TODAY

Even with injuries to two key players and a slow start on offense, the Canyon View boys basketball team had the Manti Templars right where it wanted them. Once Hunter Stevens and his teammates found the shooting touch, the defending 3A champions showed how tough they are to beat. Stevens led the way with 18 points, including three of his four 3-pointers in the fourth quarter, as Manti pulled away to a 55-35 victory over CV on Jan. 26. The Falcons fell to 6-4 in Region 12 and 11-7 overall.

Despite falling behind 18-3 after a 3-pointer by Stevens early in the second quarter, CV went on a 15-2 run and cut the margin to 20-18 midway through the third quarter. The Templars were held without a point for more than 9 minutes, but ended up scoring 35 over the last 12.

"We made some bad decisions offensively," Falcons head coach Kim Blackner said of the rough stretch. "Manti is extremely good in transition, so they got easy buckets in transition and we gave up four offensive rebounds in a row."

Manti (8-2, 15-5) closed the third quarter with a matching 15-2 run and stretched the lead to as much as 24 down the stretch. Mason Starkweather put the exclamation point on the win when he hit a 3-pointer – one of 11 the team made on the night – that barely beat the 35-second shot-clock buzzer and put the Templars up 53-29 with less than two minutes to play.

"They're good enough and athletic enough that if they're gonna have four chances, they've got guys who can score," Blackner said.

Already without junior guard Ty Attig – who was lost for the season with a torn ACL – the team had to play without Felps Sanders, who injured his patella tendon late in the Falcons' win over Richfield. It forced the Falcons to make adjustments on offense, and it showed as Jace Farrow was the only player to reach double figures for CV with 14 points.

"We're not built like we were two weeks ago, so we know we can't get to 65 or 70 (points) with the guys we have," Blackner said. "Understanding the strengths Manti brings to the table, we tried to chip in to that and make it a boring game. At 20-14 (at the half), we had a shot."

Canyon View's other game of the week was a



Manti

55



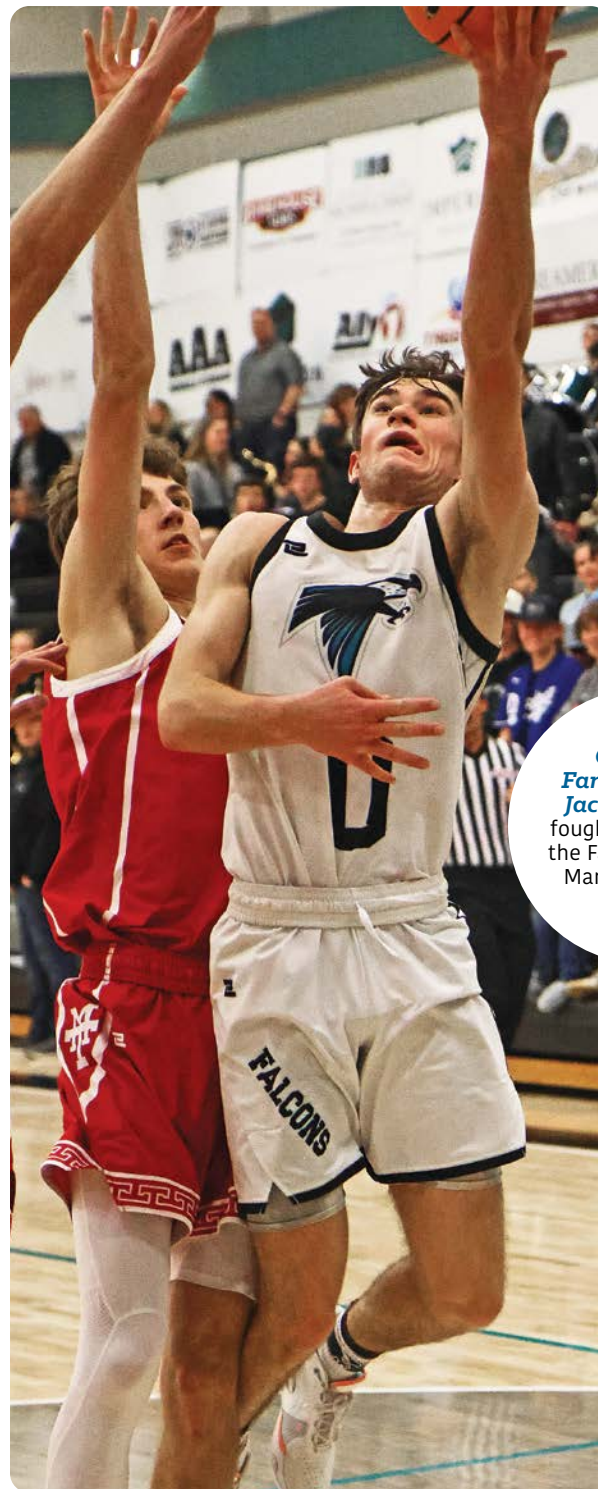
Canyon View

35

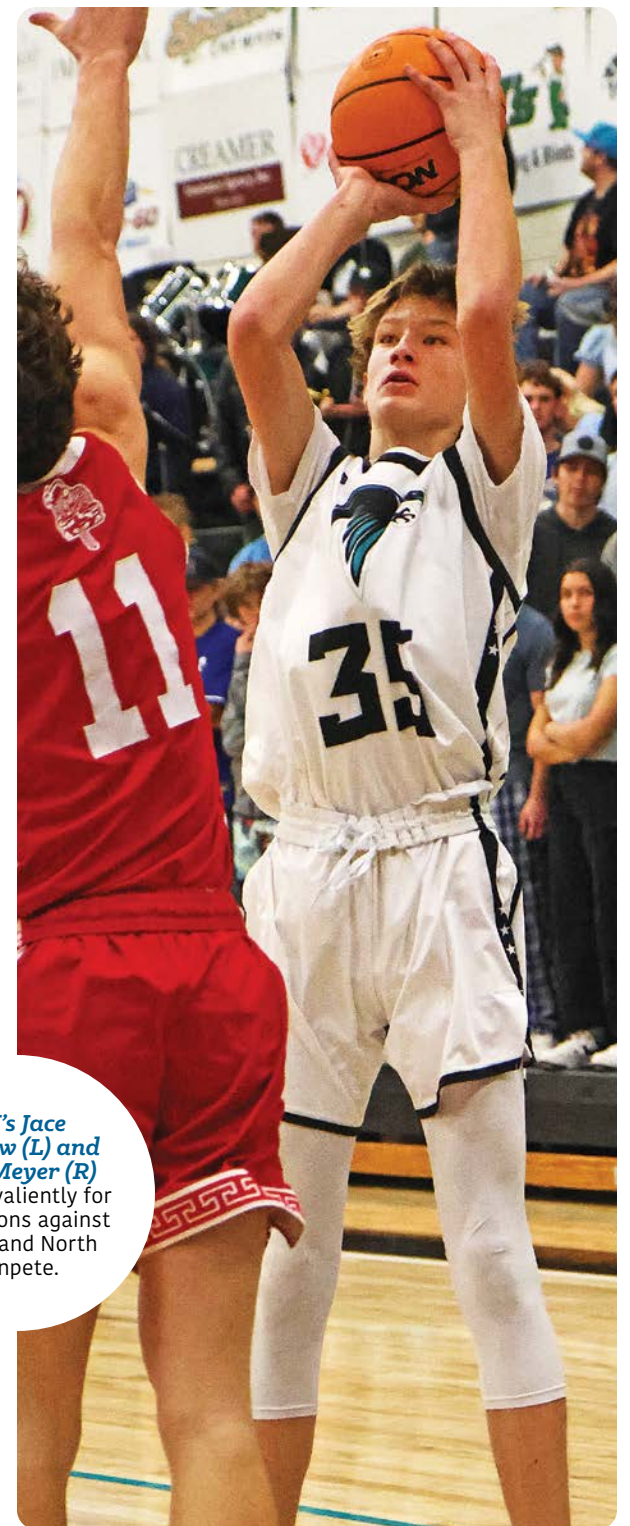
Manti 15 5 15 20 - 55
Canyon View 3 11 6 15 - 35

Manti – Thompson 6, Stevens 18, Starkweather 7, Alder 6, Frischknecht 11, Thomas 5, Mason 2. Totals 20 4-5 55. 3-pointers – Thompson 2, Stevens 4, Starkweather 1, Alder 2, Frischknecht 1, Thomas 1

Canyon View – Farrow 14, Camba 2, Miles 9, Sanders 3, Morris 4, Meyer 3. Totals 14 3-7 35. 3-pointers – Farrow 1, Sanders 1, Morris 1, Meyer 1.



CV's Jace Farrow (L) and Jack Meyer (R) fought valiantly for the Falcons against Manti and North Sanpete.



PHOTOS BY COREY BAUMGARTNER

62-57 overtime loss on the road at North Sanpete on Jan. 24. The Falcons trailed by 10 after the opening quarter, but rallied to force overtime with the game tied at 53-53 through regulation.

Carson Miles led Canyon View with 21 points, Farrow added 16 and Este Camba chipped in with 10 in the loss. The Falcons returned to play Wednesday at home against Juab in a game that was too late for press deadline, and they will face Emery at the Nest on Friday in a 7 p.m. tipoff.

Gabby Gomez carries Reds to sweep

by Tom Zulewski

IRON COUNTY TODAY

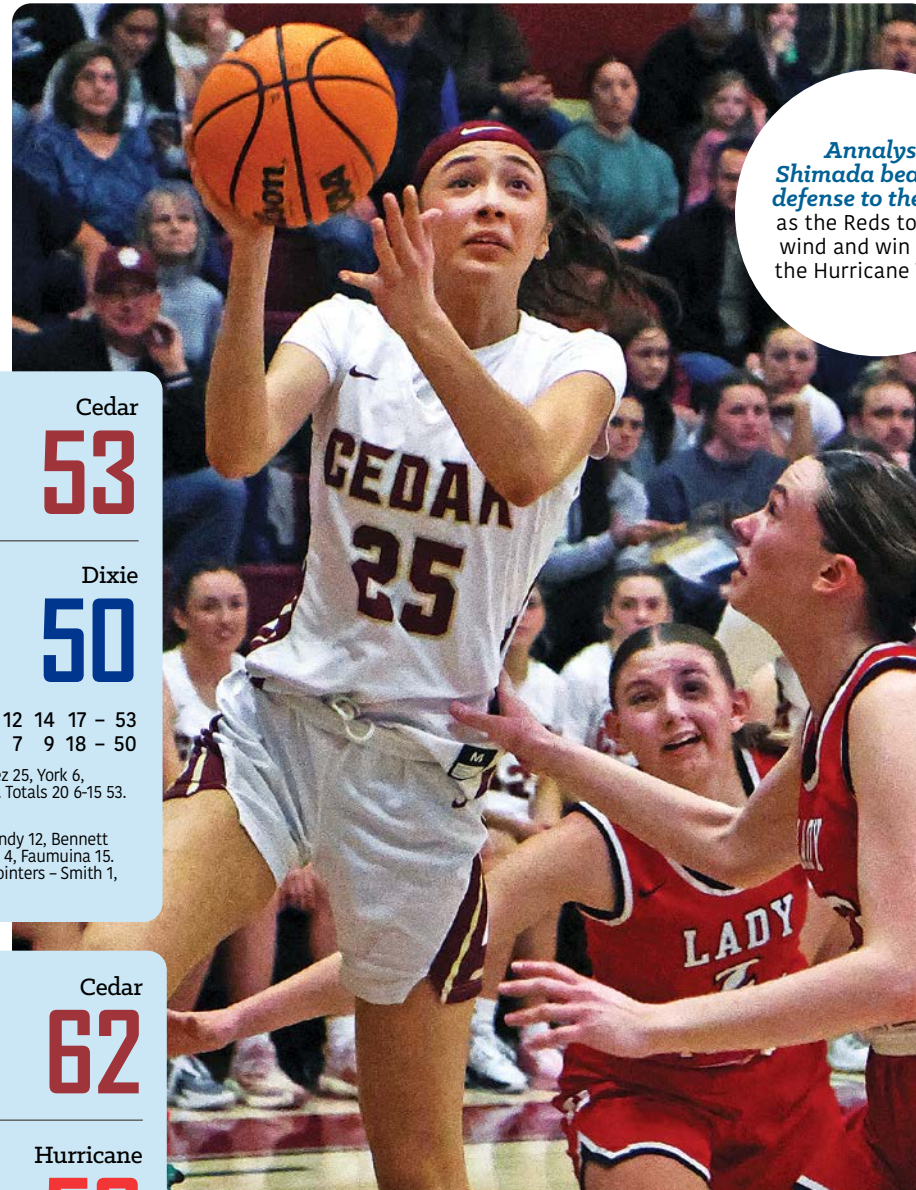
Filling her role on the basketball court isn't complicated for Cedar sophomore Gabby Gomez. Leave her open with time and space, and Gomez won't hesitate to shoot. For two games last week, Gomez had a performance that could easily make Golden State Warriors guard Stephen Curry stand up and take notice.

Gomez scored 25 points, including seven 3-pointers, and Cedar rallied in the second half to beat the Dixie Flyers, 53-50, at the Hangar on Jan. 23 to break a two-game losing skid. Kiara Hansen added 13 points and the Reds overcame an early run by Dixie to get back in the win column.

"This game meant a lot for both teams," Cedar head coach Corry Nielsen said. "It was a gut-wrenching, in-the-mud fight and we were able to make a few extra plays in the end."

Gomez got Cedar off to a hot start with the game's first seven points, but Dixie (4-3 Region 9, 9-9 overall) answered with 16 straight points and led 16-7 late in the first quarter. Gomez would add three more 3-pointers in the second, the last one pulling Cedar within 23-22 at the half.

"We had good shots in the first half, but missed some layups," Nielsen said. "If Gabby is open and has a good shot, I don't mind her doing that. She understands and she's come a long way."



Analyse Shimada beats the defense to the hoop as the Reds took the wind and win out of the Hurricane Tigers.



Cedar

53



Dixie

50

Cedar	10	12	14	17	- 53
Dixie	16	7	9	18	- 50

Cedar - Orton 1, Gomez 25, York 6, Shimada 8, Hansen 13. Totals 20 6-15 53. 3-pointers - Gomez 7.

Dixie - Smith 9, Ja. Bundy 12, Bennett 8, Je. Bundy 2, Gledhill 4, Faumuina 15. Totals 18 10-14 50. 3-pointers - Smith 1, Ja. Bundy 1, Bennett 2.



Cedar

62



Hurricane

50

Hurricane	5	12	12	21	- 50
Cedar	13	16	13	20	- 62

Hurricane - Walker 14, Esplin 12, Larsen 12, Myers 5, Crandall 4, Stout 3. Totals 15 11-19 50. 3-pointers - Walker 4, Esplin 4, Stout 1.

Cedar - Gomez 31, Hansen 10, York 9, Shimada 7, Bishoff 3, Albrecht 2. Totals 21 8-25 62. 3-pointers - Gomez 9, York 1, Shimada 1, Bishoff 1.

Gomez hit another 3-pointer for Cedar's first points of the third quarter to put the Reds back in front at 25-24, and they wouldn't trail again the rest of the way.

"I like when they run a zone," Gomez said of Dixie's defensive approach. "We knew we needed to turn things up two notches. They tied the game a couple of times, but we kept fighting."

Cedar was able to stretch the lead

to 50-44 midway through the fourth quarter, but Dixie kept chipping away until Reds freshman Jaylin York hit a free throw with 10.7 seconds left to put them up by 3. Needing the 3-pointer for the tie, the Flyers never got a shot off.

Nielsen did a fist pump as his team celebrated around him after the final buzzer.

"We had a complete team effort and we shared the ball," Nielsen said.

Kealah Faumuina led Dixie with 15 points in the loss and Jaycee Bundy added 12.

For the team's second game of the week, Gomez didn't let up on her

3-point shooting, hitting nine and scoring 31 points as Cedar returned home and beat the Hurricane Tigers, 62-50 on Jan. 25 to improve to 5-2 in Region 9 and 13-4 overall. The sophomore became the seventh player in Utah girls basketball history to make nine 3-pointers in a game.

The Reds led 13-5 after the first quarter and built the margin consistently throughout the night. Hansen added 10 points for Cedar in the win while York, Analyse Shimada and Mya Bishoff each added



PHOTOS BY COREY BAUMGARTNER

Gabby Gomez was on fire from the 3-point line, hitting 9, as the Reds gained the victory over Hurricane.

a 3-pointer to help the offense.

Cedar traveled to play at Desert Hills on Tuesday, which was too late for press deadline. They will host the Crimson Cliffs Mustangs tonight in a 7 p.m. tipoff.

Men's basketball claims another victory over Abilene Christian

DOMINIQUE FORD RECORDS FIFTH STRAIGHT 20-POINT GAME

by Parker Haynie

SUU ATHLETIC COMMUNICATION

ABILENE, TEXAS — Men's Basketball went on the road to Texas and will return home with two massive WAC victories. Earning an 82-67 win over the Wildcats of

Abilene Christian. Thunderbirds won back-to-back conference games for the first time this season and improved to 8-12 overall and 3-6 in conference play. "It's never easy to get wins in this conference, much less road wins, in this conference.



SUU's Braden Housley found his scoring rhythm again, pouring in 18 points, including 2-3 from deep.

So to go 2-0 on this road trip feels really good," said Head Coach Rob Jeter. The Thunderbirds didn't lead in this game until the 9:01 mark in the second half, but after taking that first lead 52-51, SUU went on a 30-16 run to close the game and come away with a 15-point victory. Four players scored in double-digits for the Thunderbirds, once again led by Dominique Ford, who has now scored at least 20 points in five straight contests. He finished the game with 23 on 8-13 from the field, with five rebounds and two steals. Braden Housley found his scoring rhythm again, pouring in 18 points, including 2-3 from deep. Zion Young was huge for SUU, especially in the first half, scoring timely buckets on his way to 17 points on 6-11 from the field. Jamari Sibley picked up right where he left off after the game against Tarleton State, scoring 15 points on 6-8 from the field, pulling down a team-high seven rebounds, dishing three assists, and had two blocks and two steals. An unbelievable performance by Sibley. Chazz Hutchison was big for SUU, in just 13 minutes he recorded six rebounds and three blocked shots. The Thunderbirds shot a scorching 59% from the field, including 72% in the second half. They were also 46% from three, taking just 11 attempts. SUU held ACU to 42% from the field and 25% from three. They also had five blocked shots, compared to just two for Abilene. "We really locked in on the defensive side of the ball; holding them under a point per possession

is always the goal, and we accomplished that tonight," said Jeter. Stay up to date during the 2023-24 Southern Utah Men's Basketball season by following @SUUBasketball on Twitter and Instagram and by liking the Southern Utah Basketball page on Facebook.

PREP SCOREBOARD

SCORES		STANDINGS	
Region 9 Boys Basketball		RPI RANKINGS IN PARENTHESES	
1/24	Dixie 86, Cedar 51 Snow Cyn. 64, Desert Hills 52 Pine View 92, Hurricane 62	Region 9 Boys Basketball	
1/26	Cedar 77, Hurricane 53 Desert Hills 55, Pine View 45 Dixie 71, Crimson Cliffs 60	REGION	OVERALL
Region 12 Boys Basketball		Dixie (1)	7-0 16-3
1/24	N. Sanpete 62, Cyn. View 57, OT Richfield 52, Manti 47 Juab 54, Carbon 49 Delta 62, Emery 55	Snow Canyon (12)	4-2 10-6
1/25	Carbon 66, Delta 57	Pine View (7)	4-3 12-6
1/26	Manti 55, Canyon View 35 Emery 53, Richfield 39 Juab 62, North Sanpete 55	Crimson Cliffs (13)	4-3 9-8
Region 18 Boys Basketball		Desert Hills (15)	3-4 10-8
1/23	Kanab 62, North Sevier 46	Cedar (23)	2-5 4-14
1/24	Enterprise 59, Parowan 55 Beaver 58, Millard 49 S. Sevier 75, Water Canyon 45	Hurricane (22)	0-7 5-13
1/26	Kanab 54, Parowan 41 Beaver 54, Water Canyon 41 South Sevier 74, Millard 24	Region 12 Boys Basketball	
Region 9 Girls Basketball		REGION	OVERALL
1/23	Cedar 53, Dixie 50 Hurricane 47, Pine View 41 Snow Cyn. 58, Desert Hills 41	Manti (2)	8-2 15-5
1/25	Cedar 62, Hurricane 50 Desert Hills 57, Pine View 40 Dixie 66, Crimson Cliffs 33	Richfield (5)	7-3 11-7
Region 12 Girls Basketball		Emery (3)	6-4 14-5
1/23	Canyon View 46, N. Sanpete 39 Carbon 60, Juab 46 Emery 60, Delta 30 Richfield 69, Manti 48	Canyon View (6)	6-4 11-7
1/25	Canyon View 51, Manti 41 Carbon 61, Delta 42 Richfield 57, Emery 46 Juab 58, North Sanpete 23	Juab (7)	4-6 11-7
Region 18 Girls Basketball		Carbon (10)	4-6 8-10
1/23	Enterprise 63, Parowan 47 Beaver 69, Millard 23 S. Sevier 83, Water Canyon 18	North Sanpete (12)	3-7 7-11
1/25	Kanab 67, Parowan 40 Beaver 61, Water Canyon 23 South Sevier 66, Millard 42	Delta (17)	2-8 5-13
		Region 18 Boys Basketball	
		REGION	OVERALL
		South Sevier (4)	8-1 15-5
		Enterprise (1)	7-1 14-5
		Kanab (2)	6-2 14-5
		Beaver (9)	5-3 9-7
		Parowan (17)	3-6 4-14
		Water Canyon (14)	1-8 3-8
		Millard (25)	0-9 0-20
		Region 9 Girls Basketball	
		REGION	OVERALL
		Snow Canyon (2)	6-0 15-1
		Cedar (3)	5-2 13-4
		Dixie (8)	4-3 9-9
		Desert Hills (10)	4-3 7-8
		Hurricane (6)	3-4 10-8
		Pine View (15)	2-5 4-14
		Crimson Cliffs (18)	0-7 4-13
		Region 12 Girls Basketball	
		REGION	OVERALL
		Carbon (3)	10-0 14-4
		Richfield (2)	9-1 15-4
		Juab (4)	6-4 12-7
		Canyon View (7)	6-4 10-9
		Emery (9)	5-5 10-8
		Manti (12)	2-8 7-11
		North Sanpete (13)	1-9 6-13
		Delta (16)	1-9 5-14
		Region 18 Girls Basketball	
		REGION	OVERALL
		Beaver (3)	9-0 17-2
		Kanab (2)	7-1 17-2
		South Sevier (5)	6-3 15-3
		Enterprise (9)	5-3 9-10
		Millard (15)	3-6 6-13
		Water Canyon (16)	0-8 2-12
		Parowan (22)	0-8 1-17

Uhrich's career-high propels T-Birds over Wildcats

by Tyler Roper

SUU ASST. AD, COMMUNICATIONS

CEDAR CITY — Ava Uhrich scored a career-high 25 points to propel the Southern Utah University women's basketball team past Abilene Christian 82-80 on Saturday afternoon at the America First Event Center. The Thunderbirds improve to 5-13 overall and 3-6 in Western Athletic Conference play, while the Wildcats drop to 8-10 and 4-5 in WAC play.

Head Coach Tracy Mason said, "I'm really proud of our performance today. Things got a little crazy there at the end, but we worked hard, were confident, and I think we deserved to win."

Ava Uhrich was phenomenal for SUU, pouring in a double-double with 25 points and 12 rebounds. This marks Uhrich's sixth double-double of the season and her fifth in WAC play. Samantha Johnston set a new season-high with 17 points, including five makes from behind the arc. Daylani Ballena added 15 points to go along with a team-high five assists. Alexa Lord was the fourth T-Bird to reach double-figure scoring, adding 11 points on 5-9 shooting from the field. Shiho Isono provided a spark off the bench, adding nine points, three assists, and two rebounds in 28 minutes of action.

Southern Utah dominated the glass, winning the rebounding war 33-26. SUU tallied 19 assists on the day, compared to only 11 by ACU. The Thunderbirds knocked down a season-best 10 three pointers on 47.6 percent shooting from downtown.



Ava Uhrich poured in a double-double with 25 points and 12 rebounds-- her sixth double-double of the season and her fifth in WAC play.

Ava Uhrich jumpstarted the offense for SUU, scoring the first five points to give the Thunderbirds a 5-4 lead early in the first quarter. Then, Samantha Johnston caught fire, connecting on three shots from behind the arc to push the 'Birds in front 14-10. Abilene Christian would fight back to get within a single point, 16-15, with 3:11 on the clock. The

Thunderbirds countered with a 9-4 stretch to take a 25-19 advantage at the end of the first frame.

Southern Utah relied on a balanced attack as it used an 11-6 push to extend its lead to double-digits, 37-26, midway through the second period. However, the Wildcats posted a 14-5 rally to trim the 'Birds lead to 41-39. The Thunderbirds closed out the half on a 9-2 run to go up 50-41 at the break. The two squads traded buckets in a back-and-forth third quarter. The Thunderbirds shot an efficient 7-11 from the field as they outscored the Wildcats 22-20. Johnston and Ballena combined for 10 points in the period to give SUU a 72-61 lead approaching the final period of play.

Abilene Christian came out hot in the fourth quarter, using a 19-7 run to take a 80-79 lead with 1:45 remaining in the game. Southern Utah got the ball to Uhrich, who delivered a layup to retake the lead with less than a minute remaining. After Ashley Banks came up with a steal on the defensive end, Uhrich split a pair of free throws to push SUU in front 82-80 with six seconds left. Johnston came up with a big defensive play, rejecting a three point attempt from the Wildcats to secure a 82-80 victory for Southern Utah.

The Thunderbirds will head to Texas to take on UT Arlington tonight, Feb. 1. The game is scheduled to begin at 5 p.m. MT. For all the latest on Southern Utah women's basketball, follow @SUUWBasketball on Twitter and Instagram and like the Southern Utah Women's Basketball Facebook page.

SUU football hires new Offensive Coordinator

by Regan Hunsaker

ASSISTANT AD, SUU SPORTS INFORMATION

Southern Utah University Football is excited to announce the hiring of Brad Robbins as the new Offensive Coordinator. Robbins comes to Southern Utah from Tennessee Tech, where he served as wide receiver's coach and passing game coordinator.

Coach DeLane Fitzgerald said, "Coach Robbins brings a great innovative mind to our offense. His presence within our program guarantees that we will have an exciting and high-scoring offense. We are thrilled to have him join T-Bird Nation!"

Robbins' coaching journey includes successful stints at various institutions, most recently making waves at Tennessee Tech, where he coached the receivers and improved offensive

performance across the board.

With a degree in business administration from Virginia-Wise and a master's in student affairs from Virginia, Robbins began his coaching career at the University of Virginia. He later transitioned to VMI, where he played a pivotal role in elevating the team's passing game and breaking school records. There, he mentored Aaron Sanders, who was named 1st team all-conference and ranked 3rd in the nation in receptions in 2015 while becoming the all-time receptions leader in program history.

Robbins furthered his impact at Charleston Southern University, contributing to the development of players like Kam Brown, who later signed with the Tampa Bay Buccaneers. His commitment extended beyond the field, serving as the Director of Community Service.

Robbins also had a successful stint at North Greenville University, where he orchestrated impressive offensive performances. At NGU, Robbins achieved remarkable success as the offensive coordinator, overseeing significant improvements in yardage, points, and passing proficiency. Under Robbins direction NGU averaged 27 points per game and 403 yards of total offense in 2022. Quarterback Dylan Ramirez set freshman records under his watch, showcasing Robbins' ability to mold standout performers.

Now, Robbins brings his talent to Southern Utah, where he is poised to lead the Thunderbirds into a new era of offensive excellence. With a track record of developing both players and innovative strategies, Robbins is set to make a lasting impact on Southern Utah's football program.



Brad Robbins

SUU ATHLETICS

T-Birds continue to shine at UW and Stacy Dragila Invitationals

by James Wilson

SUU ATHLETICS STRATEGIC COMM.

SEATTLE, Wash./POCATELLO, Idaho — The Southern Utah University track & field program closed competition on two separate meets over the weekend as both teams participated in the UW and Stacy Dragila Invitationals on Friday, Jan 26, and Saturday, Jan 27.

Coach Eric Houle said, “This week-end produced some additional great performances, both at Idaho State and the University of Washington. A couple of school records and many top 10 performances.”

UW Invitational

The men’s team posted strong finishes in the running events, including a second-place finish from Isaiah Labra in the 5000m with a time of 13:46.95 and a fourth-place mark from Travis Feeny with a time of 13:51.84. Labra would also achieve a 17th-place finish in the 1-mile run with a time of 4:02.33, good for sixth in school history.

Nathan Carlin led the ‘Birds to a third-place finish and a time of 1:51.07 in the 800m. This time would also put Carlin fifth all-time in the event in SUU history. Kadan Allen followed that up in sixth with a time of 1:52.05,



“This week-end produced some great performances, both at Idaho State and the University of Washington. A couple of school records and many top 10 performances.”
— Coach Eric Houle

putting him eighth all-time.

In the 5000m, Madisan DeBos led the women in sixth place and a time of 16:42.67, good enough to improve her #5 all-time school mark. Josii Johnson also moved into the record books in the 800m with a time of 2:12.36 to put her 5th all-time in SUU history.

Stacy Dragila Invitational

Astley Davis continued to dominate the triple jump, improving his school record with a distance of 53’05.00” and putting him at third best in the NCAA. Joren McKeever also achieved a personal record in the high jump with a height of 7’01.00”,

placing him in second all-time at Southern Utah. Trenton Maurer improved his sixth all-time mark in the pole vault with a 15’03.00”, also putting him in fourth place at the event.

In the shot put, Daniel Krynzel accomplished a PR of 52’00.50”. This distance would also put Krynzel ninth all-time in school history. Stephen Campbell achieved a PR in the weight throw with a distance of 56’01.00”, also ninth all-time.

The women’s triple jump was led once again by Ajia Hughes, placing second in the event and improving her school record to 38’09.00”. In the 200m, Shante Myrie placed second with a time of 24.83 seconds, tying her for seventh all-time in SUU history. Makenna Skoczylas and Shelyse Ellingford each achieved high marks in the pole vault with jumps of 12’01.25” and 11’01.50” respectively, placing Skoczylas second in the event and Ellingford sixth all-time.

Southern Utah will now travel south to Flagstaff for the second time in two weeks for the NAU Ron Mann Classic tomorrow, Feb 2. Stay current on the Thunderbird track and field programs by following @SUUTFXC on Twitter and Instagram and like the Southern Utah Track and XC page on Facebook.

SUU’s Davis named WAC Men’s Field Athlete of the Week

by James Wilson

SUU ATHLETICS STRATEGIC COMM.

The Southern Utah University Track & Field program is proud to announce that runner Astley Davis has been named the Western Athletic Conference’s Men’s Field Athlete of the Week after a record-breaking performance at the NAU Lumberjack Team Challenge.

Head Coach Eric Houle said, “Astley is one of the most consistent Athletes on the team. We can always count on him and his performances when we need them most.”

This recognition comes after Davis’ performance in the triple jump, where he placed first with a distance of 50’10.00”, smashing the previous school record, and the

long jump, where he secured a second-place finish and a distance of 24’03.75”.

Davis has been one of the most impressive athletes for SUU since his arrival from the University of Mary, where he was an NSIC champion and All-Conference performer. Last season, Davis captured All-American status with an impressive 8th-place finish at the 2023 NCAA Division I Outdoor Track and Field Championships. Davis broke the Southern Utah track and field outdoor program record in the process, triple jumping 16.17m.

Stay current on the Thunderbird track and field programs by following @SUUTFXC on Twitter and Instagram and like the Southern Utah Track and XC page on Facebook.



SUU ATHLETICS



COURTESY IRON COUNTY FAIR

Cowboys vote Iron County PRCA Rodeo No. 3 in Utah

by Cami Cox

FOR IRON COUNTY TODAY

A survey facilitated by the Wilderness Circuit board of directors has ranked Iron County's PRCA rodeo as the third-best rodeo in the state among medium-sized Utah rodeos. The survey tallied votes from rodeo competitors belonging to the Wilderness Circuit, which is the rodeo region covering the majority of Utah, Idaho and Nevada. The results of the voting, released on January 25, ranked Iron County third among 12 other rodeos that take place throughout the state of Utah.

"We are honored to be so highly ranked among Utah's rodeos; this means we're doing something right in Iron County, and the cowboys who come here are appreciative of that," said Jamilyn Evans, Iron County Fair director.

Iron County's PRCA rodeo events take place during the annual Iron County Fair, which occurs each year over Labor Day weekend at the Iron County Fairgrounds in Parowan. This year's county fair and rodeo events will take place Aug. 29 through Sept. 2. The Iron County Fair features three PRCA rodeos that take place Friday, Saturday and Monday during the fair.

For additional information about the Iron County Fair and PRCA rodeo, visit ironcountyfair.net, email fair@ironcountynet or call 435-477-8380.

CV wrestlers solid at Page Invite

As the wrestling season draws closer to the end, the Canyon View wrestling teams pulled off a feat that could only be described as amazing. OK, let's add outstanding, excellent and brilliant.

The Falcon girls, under the direction of Dallas Lowry, finished with nine wrestlers and one champion on the medals podium and finished second overall in the final standings at the She Devil Classic in Page, Arizona on Jan. 20. CV earned 154 points, just three behind Casteel High for the team title.

That was good, but the boys team did even better in the Sand Devil Classic, producing 10 placers and three champions on the medals podium while flipping the script and capturing the team championship with 280.5 points, two ahead of Casteel.

Both teams were strong contenders at the 3A South Divisional meet. CV's girls team wrestled in the B Division meet that was held Tuesday at Emery High, and the boys will compete in the A Division meet at Union High on Friday and Saturday.

The top eight in each weight class advance to the 3A state meet that will be held at the Sevier Valley Center in Richfield on Feb. 9 and 10.

Here are the wrestlers from Canyon View who made it to the medals podium at Page:

- » Girls 100 – Mayra Castillo, 4th.
- » Girls 107 – Brynlee Lauritzen, 5th.
- » Girls 114 – Sophomore Julia Kay improved to 39-0 as she pinned teammate and senior Kristie Jensen by fall with just 18 seconds remaining in the final match to win the gold medal.
- » Girls 132 – Sophomore Gemma Carter was pinned by Rachel Green of Barry Goldwater in the final and finished second.
- » Girls 145 – Junior Kelsey Weaver was pinned by Syria Smith of BG at the 3:51 mark in the final. Freshman Karissah Haymore finished 6th.
- » Girls 152 – Lizbet Rodriguez, 4th.
- » Girls 185 – EliAnna Santos-Banks was pinned by Lyla Tree of Red Mesa in the final in 2:55 and finished second.
- » Boys 106 – Kooper Nowell, 5th.
- » Boys 113 – Gage Nielsen, 3rd.
- » Boys 120 – Tucker McCormick, 3rd.
- » Boys 132 – Sophomore Cole Cavalieri finished second

following a 17-6 major decision to Chase Carter of Casteel.

- » Boys 144 – Blake Crawley, 4th.
- » Boys 150 – Jack Cavalieri, 5th.
- » Boys 157 – Nathan Nicoll won the title with a 6-5 win over Parker Snyder of San Juan.
- » Boys 165 – Alex Crawley, 3rd.

- » Boys 175 – Trexton Nicoll, 3rd.
- » Boys 215 – Marc Richardson won the title by pin over Dixie's Connor Jolley in :36.
- » Boys 285 – Luke Langston won the title with a 2-1 decision over Gavin Franklin of Flagstaff.



RANDOM
thoughts

Tom Zulewski

IRON COUNTY TODAY

That certainly didn't last long: After Jordan Roberts broke a 42-year-old state record with 20 assists in Dixie's 86-51 win over Cedar on Jan. 24, the mark would last all of two days. On Friday night, Peter Hakim of 2A school APA West Valley dished out 26 assists in a 101-44 rout over UMA Hill Field. All you can say for something like that is "wow" while picking your jaw up off the floor.



The referee raises the arm of Canyon View wrestler Luke Langston after he won the heavyweight division crown at the Sand Devil Classic in Page, Arizona on Jan. 20.

With the basketball playoffs closing in, it's also time to take note of where everyone stands in the race for seeding. Here are the highlights through games played Jan. 26: In 4A, the Cedar girls are the No. 3 seed and 13-4 overall. They would have a first-round bye and host the winner of Tooele-Mountain View (14 vs. 19) on Feb. 22.

The Cedar boys are at the opposite end of the coin. At No. 23, the Reds would travel to face No. 10 Mountain View on Feb. 21. With only 24 teams allowed in the playoff bracket, the bottom two teams in the final rankings will not advance to the playoffs.

On the 3A side, both Canyon View teams will earn opening-round byes. The boys team is at No. 6 overall and would face No. 11 Judge Memorial at home Feb. 17. The girls are No. 7 and would host No. 10 Layton Christian on Feb. 16. The 3A state tournament happens at Sevier Valley Center Feb. 22-24, and 4A will be played Feb. 26-28 at the UCCU Center in Orem.

Follow Tom Zulewski on X – the artist formerly known as Twitter – @TommyZee81 or email tominator19@yahoo.com.

Randolph sets career-high in narrow loss at #20 Iowa

by Regan Hunsaker

ASSISTANT AD, SUU SPORTS INFORMATION

CORALVILLE, Iowa — The Flippin' Birds competed on the road last Friday evening at the University of Iowa. The Flippin' Birds finished with an impressive 195.425. The meet was a back-and-forth affair that came down to the very last routine for both teams. The Hawkeyes came away with the win, scoring 195.800.

Southern Utah Freshman Niya Randolph took the all-around title, setting a new career best with a 39.325. Randolph tied for first in the



SUU ATHLETICS

bars and second in the vault. Sophomore Kayla Pardue notched a first-place finish on the vault. The Thunderbirds vault team outscored the Gymhawks, but Iowa would win the other three events in what turned out to be a very evenly matched competition.

Head Coach Scotty Bauman said, "I am very proud of the way the team competed tonight. We were in it to the very end and the effort that our athletes put in was outstanding. We had ourselves in a position to win late but couldn't quite close it out. The more we compete, the closer we get to putting together a complete meet, and we will get there soon."

Bars (48.950)

The Flippin' Birds would open the meet on the bars with freshman Brinlee Christensen.

Christensen scored a 9.750, and senior Aubri Schwartze followed her with a 9.750 of her own. Freshman Alex Routsis was next up and posted a 9.700. Randolph moved the needle with an impressive 9.850, and junior Isabella Neff immediately matched that. Sophomore Trista Goodman wrapped up the first rotation, scoring 9.750.

Vault (49.025)

The Flippin' Birds next moved to the vault, where junior Ellie Cacciola led the team off with a score of 9.800. Randolph was next, tying her season-high score of 9.825 before sophomore Kennedy McClain posted a 9.750. Junior Taylor Gull followed up with a 9.700. Sophomore Kayla Pardue scored the top marks for the event, placing first with a 9.850. Wrapping up the rotation for the Thunderbirds was freshman Mackenzie Kelly, who made her official collegiate debut with a 9.800.

Floor (49.125)

The Thunderbirds moved to the floor for the third rotation. Freshman Alyssa Fernandez got things started with a 9.800. Cacciola and Christensen would help the team, scoring 9.725 and 9.825, respectively. Gull posted an impressive 9.800 before Randolph dialed up an outstanding 9.875 routine that was good enough to finish tied for second. Wrapping up the floor rotation was Pardue, who set a new career-high, scoring 9.825. The 49.125 score for the Flippin' Birds was their best of the season so far.

Beam (48.325)

Fernandez led off the final rotation for the T-Birds with a 9.775. McClain was next and scored a solid 9.825, with Cacciola immediately matching her, grabbing the same score. Randolph picked up a 9.775 to finish her all-around for the night, and it looked as though the Birds were in position to win. Back-to-back falls led to a team score of 48.325 and allowed Iowa to pull out a victory.

The Flippin' Birds will square off with the Aggies tomorrow, Friday, February 2, at the Dee Glen Smith Spectrum. The meet will begin at 7:00 p.m. MT and will be broadcast on Mountain West Network. For all the latest on Southern Utah gymnastics, follow @SUUGym on Twitter, @SUUGymastics on Instagram, and like the Southern Utah Gymnastics Facebook page.

TOM'S SPORTS TRIVIA

With Super Bowl LVIII almost set to happen in Las Vegas – the teams will be locked in by the time you read this – it feels truly appropriate to present this week's dozen on the biggest football game of the year. Have fun, embrace the chaos, and please remember...no wagering!

1. Among the four teams who reached the conference championship games – Baltimore, Kansas City, San Francisco and Detroit – which one won the most games in the regular season?

2. The Kansas City Chiefs had a very good chance to repeat as Super Bowl champions, but who was the last team to go back-to-back, winning SB XXXVIII and XXXIX?

3. Including its matchup with the San Francisco 49ers, the Detroit Lions have played for the NFC Championship twice in the Super Bowl era. Who was the opponent when the Lions reached the title game in 1991 – a team that's changed its name twice since then?

4. Baltimore has won two Super Bowls with the Ravens, including Super Bowl XLVII over the 49ers. Two brothers – John and Jim – coached head-to-head in the game, and Jim was hired Jan. 24 as the new head coach of the Los Angeles Chargers. What is their last name?

5. If it wasn't for bad luck, the Buffalo Bills would have no luck at all. The Chiefs benefited from a missed 44-yard field goal by Tyler Bass to beat the Bills and advance to the AFC Championship game for the sixth straight season. Who has been the quarterback through the entire run?

6. When Kansas City won Super Bowl LVII, it took a 27-yard field goal with 8 seconds left to beat the Philadelphia Eagles. Who was the kicker who delivered the Chiefs to the victory?

7. Baltimore originally had the Colts, but the city landed the Ravens in 1996. What was the Ravens' former name – which would be restored three seasons later under new ownership?

8. The San Francisco 49ers won the first of its five Super Bowls in 1982 when it beat the Cincinnati Bengals. Screenwriter Oliver Stone got involved when he named a main character in a 1983 movie for winning quarterback Joe Montana. Name the movie.

9. Which Super Bowl was the only one that didn't use Roman numerals?

10. The Chiefs are 2-1 in three previous Super Bowl appearances over the last five years. Which team beat Kansas City in the stretch (SB LV) for Tom Brady's seventh championship?

11. In the Detroit Lions' playoff run, quarterback Jared Goff has completed 74 percent of his passes and thrown for three touchdowns with no interceptions. Where did Goff play his football in college before being taken No. 1 by the L.A. Rams in 2016?

12. Kyle Shanahan has led the San Francisco 49ers to a Super Bowl appearance in seven seasons as head coach. Who is his dad, who led the Denver Broncos to back-to-back Super Bowl wins in 1997 and 1998?

LAST WEEK'S ANSWERS

1. Golden State Warriors.
2. Reba McEntire.
3. True. Since 1996, the Cowboys have made 13 playoff appearances without reaching the NFC Championship game.
4. 65.
5. 3:30 a.m.
6. Mike Tomlin.
7. James Dolan.
8. Chicago Blackhawks.
9. Amon-Ra St. Brown.
10. Boston Celtics, Charlotte Hornets.
11. Miami (FL).
12. Fay Vincent.

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SUMMONS

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Facsimile: (801) 621-2693
bmfroerer@froererandmiles.com

IN THE FIFTH JUDICIAL DISTRICT COURT

COUNTY OF IRON, CEDAR CITY DEPARTMENT, STATE OF
UTAH 40 North 100 East, Cedar City, Utah 84720

MISTY MARIE CARHART and
KAY DEE JOHNSON, as Personal Representatives of the
Estate of KEVIN DEAN JOHNSON,

Plaintiffs,

vs.

DARCY L. JOHNSON,

Defendant.

SUMMONS
(THIRTY-DAY)
Civil No. 230500200
Judge Ann Marie Mciff Allen

THE STATE OF UTAH TO DEFENDANT DARCY L. JOHNSON:

You are hereby summoned and required to file an Answer in writing to the COMPLAINT TO QUIET TITLE on file with the Clerk of the above-entitled Court, and to serve upon, or mail to Matthew B. Miles, Attorney for Plaintiffs at 2661 Washington Blvd., Suite 201, Ogden, Utah 84401, a copy of said Answer within thirty (30) days after service of this Summons upon you.

If you fail so to do, Judgment by Default will be taken against you for the relief demanded in said Complaint, which has been filed with the Clerk of said Court and a copy of which is hereto annexed and herewith served upon you.

DATED this 2nd day of January, 2024.

BY: MATTHEW B. MILES
Attorney for Plaintiffs

Published January 25, February 1 & February 8, 2024
Iron County Today • #0534

NOTICE OF TRUSTEE'S SALE

The following described property will be sold at public auction to the highest bidder, payable in lawful money of the United States at the time of sale, at the main entrance of the Fifth District Courthouse located at 40 North 100 East, Cedar City, UT 84720 on February 27, 2024 at 2:00 p.m. of said day, for the purpose of foreclosing a trust deed originally executed by John Belcher, as Trustor, in favor of Utah Community Federal Credit Union, covering real property located at 149 Rountree Dr., Cedar City, UT 84720, and more particularly described as: LOT 11, BLOCK A, FORREST PARK SUBDIVISION, ACCORDING TO THE OFFICIAL PLAT THEROF ON FILE AND OF RECORD IN THE IRON COUNTY RECORDERS OFFICE. (Parcel I.D. B-1111-0001-014A-11) The current beneficiary of the trust deed is Utah Community Federal Credit Union and the record owner of the property as of the recording of the notice of default was John Belcher, as Trustor. The Trustee disclaims any responsibility for any error in the description of the physical address or legal description of the Property. The sale of the Property described herein will be made without any warranty, including warranties as to title, possession, encumbrances or bankruptcy status. Bidders must be prepared to tender \$20,000.00 in certified funds at the sale and the balance of the purchase price in certified funds within twenty-four (24) hours of the sale (unless the following day is a weekend or holiday in which case the balance must be tendered on the next business day following the day of the sale). The sale is also subject to workout, reinstatement, payoff, sale cancellation or postponement, incorrect bidding instructions, bankruptcy, or any other circumstance of which the Trustee is unaware. In the event any of the liability to the Trustee or Beneficiary for interest or any other damages. If the high bidder tenders the funds necessary to bid but fails to tender the remainder of the purchase price within twenty-four (24) hours of the sale, said bidder shall forfeit the tendered funds to Utah Community Federal Credit Union and the subject property shall then be sold to the next highest bidder. Dated January 22, 2024. Paul D. Jarvis UCCU General Counsel 360 West 4800 North, Provo, Utah 84604, (801) 223-7779

Published February 1, 8 & 15, 2024
Iron County Today • #0535

NOTICE OF PETITION

IN THE DISTRICT COURT OF MOUNTRAIL COUNTY,
STATE OF NORTH DAKOTA

In the Matter of the Estate of PATRICIA CHARGING
MIKE, Deceased.

NOTICE OF PETITION FOR FORMAL PROBATE OF WILL AND APPOINTMENT OF A PERSONAL REPRESENTATIVE

NOTICE IS HEREBY GIVEN that GINA FEATHER MARIE
MIKE HERRARA has filed herein a petition for formal
probate of will and appointment of a personal
representative.

Dated this 25th day of January, 2024.

PRINGLE & HERIGSTAD, P.C.

By: /s/ Debra L. Hoffarth
Debra L. Hoffarth, Attorney for Petitioner
2525 Elk Drive
P. O. Box 1000
Minot, ND 58702-1000
(701) 852-0381
dhoffarth@pringlend.com

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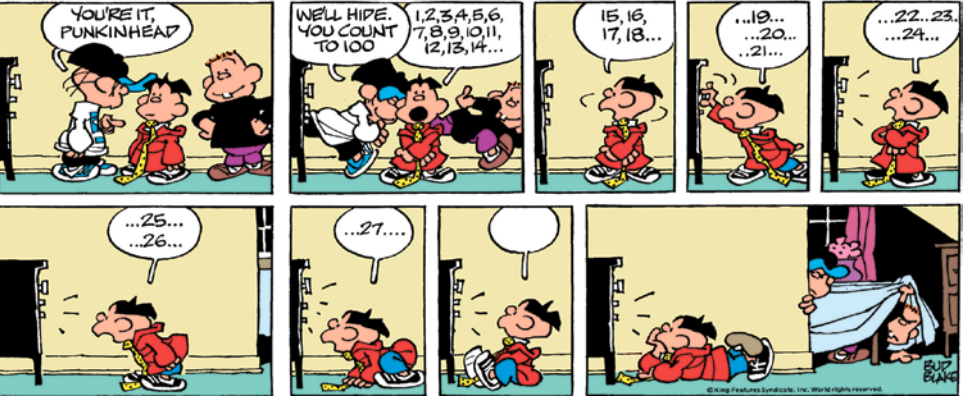
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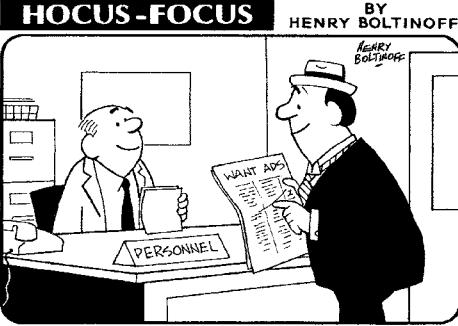


by Dave T. Phipps

by BUD BLAKE

by Jeff Pickering

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Newspaper is longer. 2. Hat is larger. 3. Label is missing. 4. File cabinet is taller. 5. Man is thinner. 6. Jacket sleeve is shorter.

King Crossword

ACROSS

- 1 TV schedule abbr.
- 4 Rotate
- 8 Exerciser's target
- 12 Slithery fish
- 13 Layered cookie
- 14 Greek vowel
- 15 Selflessness
- 17 Seize
- 18 Chapeau
- 19 Slogan
- 21 Garden figurines
- 24 Use henna
- 25 Post-op area
- 26 Apply cream
- 28 College study
- 32 Close by
- 34 "Gee, ya think?"
- 36 Golfer's cry
- 37 Campfire leftovers
- 39 Clothing protector
- 41 Sandwich meat
- 42 "— been real"
- 44 By and large
- 46 Opposite of candor
- 50 Eggy quaff
- 51 Bern's river
- 52 Halite
- 56 Egyptian deity
- 57 Shrek, for one
- 58 Half of CIV
- 59 Society newbies

1	2	3	4	5	6	7	8	9	10	11
12			13				14			
15			16				17			
		18			19		20			
21	22			23		24				
25			26		27		28		29	30
32			33		34		35		36	
37			38		39		40		41	
		42		43		44		45		
46	47	48			49		50			
51				52		53			54	55
56				57				58		
59				60				61		

- 60 French perfume brand
- 61 Prom rental

- 10 — impasse
- 11 Innocent one
- 16 Ewe's mate
- 20 Workout venue
- 21 Actress Gershon
- 22 Mark Harmon TV series
- 23 Melancholy
- 27 Fella
- 29 "Atlas Shrugged" hero
- 30 Exam format
- 31 "Ratatouille" rat
- 33 Patty Hearst, for one

- 35 "Tell —" (Streisand/Dion song)
- 38 Fr. holy woman
- 40 Monopoly job
- 43 Seafood selection
- 45 Cyclades island
- 46 Stated
- 47 Lighten
- 48 Baby's bed
- 49 Boo-Boo's buddy
- 53 — Magnon
- 54 Lucy of "Elementary"
- 55 Box office buys, slangily

DOWN

- 1 Afternoon get-together
- 2 Ann Patchett's "— Canto"
- 3 However
- 4 Praised loudly
- 5 Mentalist Geller
- 6 Take it easy
- 7 Wanderer
- 8 Biblical cover-up?
- 9 Petty of "Tank Girl"

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Weekly SUDOKU

by Linda Thistle

4			1				2	
	8			5		4		
	3	2			7			9
		1		6		3		
	9				8	6	1	
3			7					8
		7			3	5		
	6		4	9			8	
2					6			4

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

- ♦ Moderate ♦♦ Challenging
- ♦♦♦ HOO BOY!

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4	8	6	9	7	5	8	1	2
2	8	7	1	6	7	8	9	5
1	9	5	8	2	7	7	6	
8	6	2	7	1	7	9	5	3
5	1	9	8	2	8	7	6	7
7	7	8	5	9	6	1	2	8
6	5	1	7	7	8	2	8	9
8	7	7	2	5	9	6	8	1
9	2	8	6	8	1	5	7	4

Answer

Weekly SUDOKU

X	H	O	I	O	S	E	D	
I	L	I			S	I	S	
A	V	A	R	O	K	S	A	L
G	O	N	A	C	R	E	C	S
A	N	L	I					
A	B	I	B		S	H	E	S
E	H	D	U	H	G	I	N	
I	C	D	A	B				
G	N	E	D	A				
E			T	A	G	L	I	N
A	L	T	R	U	I	S	M	
E	E	L	O	R	E	O		
F	L	A	B					

Solution time: 25 mins.

Answers

King Crossword

- 1. A lodge; 2. Oregon; 3. Bugs Bunny; 4. William Peter Blatty; 5. XC (90); 6. 33; 7. Iceland; 8. "The Man Who Knew Too Much"; 9. Pollution by the wind; 10. Cyndi Lauper.

Trivia Test Answerst

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