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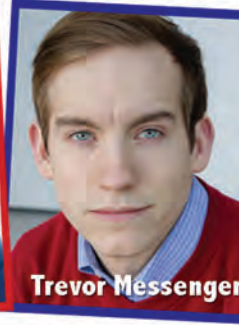
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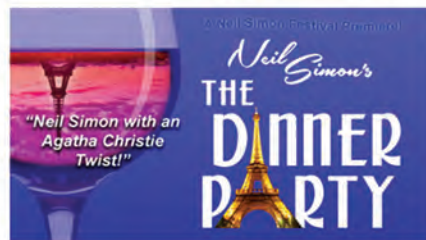
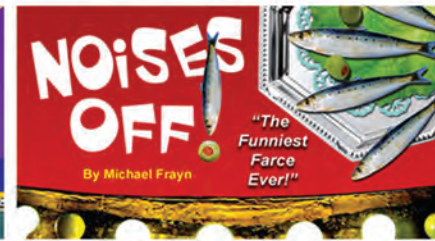
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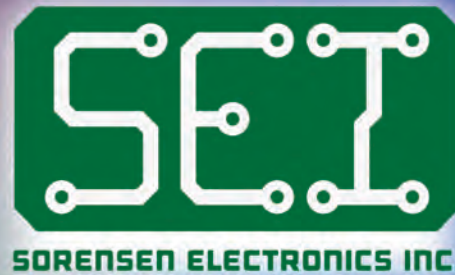


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WEDNESDAY, MAY 24, 2017

VOL. 9 NO. 25

CEDAR CITY POLICE OFFICERS RAISE THE FLAG in remembrance of current and fallen peace officers.



HOLLY COOMBS

HONORING *our* OFFICERS

Cedar City Police Department present flag ceremony in honor of National Peace Officers Memorial Week

by Holly **COOMBS**
holly@ironcountytoday.com

Despite a rainy morning, the Cedar City Police Department gathered at 7:30 a.m. last Monday for a ceremonial flag-raising in the Cedar City Cemetery in honor of National Peace Officers Memorial Week.

The ceremony was led by Cedar City Police Chief Darin Adams.

"This is a solemn occasion to honor those who have given the ultimate sacrifice in defense of their city, their community and their nation," Adams said as he welcomed the public who attended.

The portion of the cemetery where the flag was risen is the future site of the Police and Fire Memorial, which they plan to have complete by next year, he said.

The program began with an invocation by Cedar City councilmember Fred Rowley

and followed by the presenting of colors, raising of the flag and a keynote speaker, who was Utah Shakespeare Festival Founder Fred Adams.

Adams spoke to the officers with a few humorous one-liners as well some more serious words.

"I am honored to be here," Fred Adams said. "What a special place, what a special, special time and what an important thing to remember."

His one-liners, he said, should be something the police officers should have memorized.

"If you run you'll only go to jail or tired," Fred Adams said. "Warning: you want a warning? I'll give you a warning. I'm warning you I'm going to give you another ticket."

You know we have a quota. Two more tickets and my wife gets a toaster oven, he continued to joke. He then spoke about when he was young and about when he decided to settle and raise his family in Cedar City.

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Cedar City Hospital named a top 20 rural hospital for second year in a row

by Becki **BRONSON**
For Iron County Today

Cedar City Hospital was recently named one of the Top 20 Rural Community Hospitals in the country for the second year in a row, one of only two hospitals to have achieved this distinction in the history of the award.

The 2017 Top 20 Rural Community Hospitals, including Cedar City Hospital, were recently announced by the National Rural Health Association. An awards ceremony was May 11, in San Diego, California.

The Top 20 Rural Community Hospital winners are those hospitals who have achieved success in their overall performance, based on a composite rating from eight pillars of hospital strength: inpatient market share, outpatient market share, quality, outcomes, patient

perspectives, costs, charges and financial stability.

"Cedar City Hospital is proud of the hard work of its physicians and staff who have contributed to our hospital achieving this designation," Eric Packer, Cedar City Hospital Administrator and CEO, said. "Our results as a top healthcare provider means our community can count on us to deliver the services they need now and in the future. We are very honored to receive this award."

Steve Thompson, Governing Board Chair at Cedar City Hospital, said relating to an old proverb that "better has no limit."

"To have received this award twice in a row now, and being only one of two hospitals in the country to do this in the award's history, shows just how driven we are to continuously improve," Thompson said. "This provides a truly healing environment for our community and those we serve."



COURTESY OF BECKI BRONSON

L TO R- Alan Morgan, CEO of National Rural Health Association; Steve Thompson, Governing Board Chair at Cedar City Hospital; Eric Packer, Administrator and CEO of Cedar City Hospital

Southern Utah boys selected for Boys State

by Holly LINFORD
For Iron County Today

Each year, boys are selected from each state to participate in Boys State, a week-long conference which emphasizes political involvement in forums and lectures.

Darrin Duncan, Commander from the Cedar City American Legion, said this conference is important because the boys are taught patriotism and how the country runs.

“American Legion Boys State is the foremost program in the United States today for training young men to be responsible citizens and to understand how the United States, state, and local governments function,” he said. “More than ever we need to train our young people regarding their responsibilities to ensure our country remains free and our government officials are men and women of integrity. The young men are also taught patriotism and to appreciate



FROM L TO R: Darrin Duncan Cedar City American Legion Post 74; Jim Graff: Southern Utah Mortuary Meryl Arns: Elks Lodge Jensen Lambert, Trejan Quarnberg, Dax Hirschi, Josh Sterling Brown, Drake Baltzer, Rich Gillett Cedar City Lions Club, Keith Owens-Veterans of Foreign Wars Post 10846; and Scott Bealer - Zions Bank.

those that have sacrificed for our freedom.”

Duncan said Utah has one of the lowest numbers for involvement in elections, even though that’s something many claim to be important in this state. He said this conference is vital in helping more people get active and involved in the state.

Duncan said they don’t get a lot of boys that interview in

Cedar City, but the ones that do are great examples.

“The boys that interview is just the cream of the crop,” he said.

Duncan said every year Samsung gives a \$10,000 scholarship at Boys State and one at Girls State. He said three students out of the whole country have come from Southern Utah. And they had two in one year.

Trejan Quarnberg, a junior from Cedar City High School, said he decided to apply for Boys State because he’s always wanted to become a lawyer.

“I’ve always enjoyed the aspect of law,” he said. “It’s important to start while you’re in High School to better prepare yourself for getting involved in politics and your communities later on.”

Drake Baltzer, a junior at Cedar City High, said the process of getting into Boys State involved going online and filling out questions about leadership attributes.

He said the next step involved interviewing with members of the American Legion where he was interviewed about his leadership skills and why he was interested in Boys State.

“Boys State is vital for my future because it will help prepare me for what interests me,” he said.

Companies from the community sponsor Boys State and make donations to ensure the boys are able to go and be a part of this opportunity.

Rich Gillett from the Lions Club said it’s about \$375 per student to be able to attend Boys State. The student comes up with \$75 and they go to different clubs in the community to

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HOLLY COOMBS

FROM L TO R: Cedar City Mayor Maile Wilson, City Council Member Fred Rowley and Chamber of Commerce President Chris McCormick. Wilson read the proclamation of the "Make Cedar City Sparkle" campaign and awarded Rowley the first award for his work on the campaign. McCormick presented the campaign video at the Cedar City Council meeting last Wednesday.

Cedar Sparkle Campaign introduced, council debates flood mitigation

by Holly COOMBS
holly@ironcountytoday.com

"Make Cedar City Sparkle" campaign, presentation of the Leisure Services master plan and consideration to amend a gravel and mining lease to Schmidt Construction were part of the most recent Cedar City Council meeting.

In March, Cedar City councilmember Fred Rowley read a proposal to make Cedar City "Sparkle." The proposal was to encourage clean up and polishing of the city in preparation of the coming of the Cedar City LDS Temple open house in October and the dedication in December.

Chamber of Commerce President Chris McCormick presented a video announcing the campaign kick-off associated with that proposal. The video can be viewed on YouTube. Cedar City Mayor Maile Wilson also read a proclamation to the Cedar City community to make efforts to "Make Cedar City Sparkle."

Wilson said that each month an award will be given to an individual who has shown their efforts in making the campaign a reality.

"The first award I now present to our own city councilman Fred Rowley for his efforts on the campaign," she said.

The council then considered an amendment to renew a lease for operation of the Schmidt Construction mining pit.

City Manager Paul Bitmenn said that Schmidt has in the past pre-paid a large sum of money to the city, which he has been getting a credit for to still mine gravel. Bitmenn said he wants to renew his lease for 20 years and in exchange offer the city to use his pit for a water recharge project when needed.

"In exchange of extending he will let us use a pit to the east of him for use for seasonal recharge," he said. "It may be temporary, it could be every year if we get snow, or if we don't get snow. We'd recharge water into it and when the water dries up we can have his crews go in and mine it and clean it out."

City councilmember Paul Cozzens, who is also on the Iron County Water Conservancy District Board, said the pit is in a good location near Coal Creek.

"It's extremely valuable to us as a recharge

project," Cozzens said.

The Western Rock gravel pit is also being used by the Iron County Conservation District near Cedar City Regional Airport for the flood mitigation project.

City councilmember Terri Hartley said the concern is with water being within a three-mile radius of the airport, which is not within regulation by the Federal Aviation Administration.

Hartley mentioned that the water is attracting birds. She said during the Airport Board Meeting the previous week, Southern Utah University made

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Opinion

The cyberattack prevented me from watching cat videos, updating Facebook and sharing recipes...



Want to Submit a Letter to the Editor?

Submit your letters to news@ironcountytoday.com or bring or mail them to 389 N. 100 West, Cedar City, Utah 84721. All letters must be signed, be brief (generally under 300 words in length), list the author's city and give the writer's telephone number (phone number will not be printed). We reserve the right to edit all letters for length or content. For letters arriving by e-mail, we will use the author's e-mail address in lieu of a signature.

Utah Jazz a bigger impact than Hatch

In the past few weeks, Utahans are agonizing and pleading, "Please return. Don't leave!"

Sorry, Sen. Hatch, but they are talking about Gordon Hayward, not you!

This tells us something about the importance we place on professional sports. (I suspect more men in Utah could name the Dallas Cowboys' quarterback than could identify their congressman.) It also emphasizes our belief that Gordon Hayward's signing a new contract with the Utah Jazz is more impactful in our lives than any political deal our senior senator could implement.

should not be a lifetime job. That was 1977; some 60 percent of Utahans were either not born or were still playing marbles on the playground when Hatch first assumed office.

He was initially a vital figure in a state which barely leaned Republican, and over the years he crossed the political aisle to work with Democrats on legislation. It was a less partisan time; when it came to children's health legislation, for instance, the only difference between Hatch and Sen. Ted Kennedy was their choice of beverage. For Republicans, he became a father figure, beloved by many and disrespected

Hatch's challenges to a reelection are three-fold. First, the far right-wing Tea Party folks generally see him as too liberal, and this niche holds tremendous sway at GOP conventions. Secondly, recent statements reflecting his desire to appoint his successor made him look arrogant. But the major challenge is convincing Utahans that they can't do without him.

Most citizens I've spoken to – Republicans, Democrats, and independent minds – this he has been in office too long. They would prefer a graceful exit. Many are also concerned that he has lost any concept of statesmanship, trying to

The major challenge (for Hatch) is convincing Utahans that they can't do without him



Cyclops

by Bryon GRAY
Columnist

Hey, the Jazz are winner. Congress, on the other hand, is a den of relics playing games with our health care and complicating our tax code and moving at the speed of a wounded seagull.

Or at least this is what a good share of Utahans perceives – and this is not a good sign for Sen. Hatch's unannounced but probably bid for another six-year term. Political wonks are intrigued, but I think most Utahans simply yawn.

Hatch came from a labor union environment in Pittsburgh and was virtually unknown when he first ran for public office in Utah. A stealth underdog, he won by affirming that elective service

by very few. He also gave Utah a potent level of seniority.

But the loss of Sen. Bob Bennett shocked him into a grittier conservatism. He began calling Democrats "nutcakes." He forgot the term bipartisanship and increasingly viewed the political spectrum as "us versus them." Age has also not been kind – as it is to few 83-year old men.

Last week he stated that people receiving government benefits (and even employer-subsidized benefits) never want to get off the dole. He is probably correct – but that seems a sour opinion from someone who has been enjoying life on the government dime for the past 40 years.

be relevant by carrying water for Donald Trump.

No matter how much campaign money he has socked away, a convention battle could be competitive, and, if forced into a primary election, independent voters could sign on and end his political career.

Those "nutcakes" he jeered at have their fingers crossed. I wouldn't count him out, but I don't think it will be an easy ride.

The opinions stated in this article are solely those of the author and not of Iron County Today.

Opinion

Why such names, places, signs Utah?

Utah has some strange names and places and I know this because I was born and raised in Panguitch, which is an Indian name meaning "Big Fish," referring to the great trout in Panguitch Lake.

For as long as I can remember a big wooden or bronze fish weather vane has been working hard on the roof of the Garfield County Court House there. The fishing is still great but like so much of our area Panguitch and the lake have been "discovered" which means more strangers — and some of them are stranger than others — have made their way to our little part of the world and it makes me sad. Just call me selfish, but too many people often spoil things.

Then there is Toquerville Even the "locals" find that name a little strange. One of the residents in Brookdale, George Slack, was born and raised in Toquerville and he tells me that Toquer is, an Indian word meaning "Black — the Chief must have been a more dark-skinned Indian than most of the tribe — Anyway, The town was named after him. When Chief Toquer died he was buried in one of the hillsides there. His grave site has been located, but Mr. Slack was not sure what happened to the artifacts that were buried with him,

A little side-note here — Mr. Slack married a Cedar City girl, Audrie

Gower, Because he looked so much like my dad, I did a little scratching and found out that his mother, was Rowena Worthen, who is first cousin to my dad, Scott Worthen. I always called her Aunt Rowena. She was a delightful, fun lady and after her husband, Harry Slack, died she came to work for Bud and I at the Zion Lodge and I loved her, I know a lot of their family who live here in Cedar City. It has been great fun for me getting to



Around THE CORNER

by Bernice REMBER
Columnist

know George and his wife, I'm not 100 percent sure, but I think Kanarraville was also named after an Indian Chief by the name of Kanarra. Let me know if this is true or if I just made that up.

Now, if any of you reading this knows where Snuckuponus Country is pat yourself on the back! I know where it is because there is a sign in a Restaurant, on the outskirts of Green River, Utah that tells all about it.

And how about Scootumpa? Anyone know where this little Settlement is or was----or what it means?

Prairie dog ruling, its effect on Iron County

by Holly COOMBS
holly@ironcountytoday.com

The Iron County Homebuilders Association met for its monthly luncheon and report, which included new information on the ruling for the prairie dog policy, which will take effect last Saturday.

After U.S. District Judge Dee Benson's ruling for prairie dogs in 2014 to be removed from private property was overturned in 2017, the court concluded that federal government lacks authority under the Endangered Species Act to regulate the take of Utah prairie dogs on non-federal lands.

The state management authority over the species will immediately be superseded and replaced by the requirements of the Endangered Species Act and applicable U.S. Fish and Wildlife Service regulations. At this point, any current state authorization for take of Utah prairie dogs that is inconsistent with the ESA or associated 4(d) regulations will become ineffective and unenforceable, according to the U.S. Fish and Wildlife Services letter sent to the Iron County Home Builders Association members.

"The state authorization will not protect you from criminal exposure under the ESA once the Court of Appeals decision becomes effective," the letter stated. "The Division is unsure if the USFWS will honor existing development permits once



THINKSTOCKPHOTOS

the appellate court becomes effective. We are encouraging the USFWS to adopt the principles in the state management plan. We will continue working with the USFWS to conserve and manage Utah prairie dog populations while striving to minimize their impacts on residents and business owners."

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Cedar City economic development continues to grow, new businesses open



by Holly COOMBS
holly@ironcountytoday.com

The quarterly Economic Summit report took place last Wednesday as state, city and county officials spoke on the economic growth and development in Cedar City.

Among the growth in Cedar City includes new businesses, which continue to make Cedar City its home for business.

Electric Avenue Lighting & Décor, located at 2002 N. Main St., opened its doors last Tuesday.

“(The grand opening) is going really well,” Electric Avenue Lighting & Décor Owner Erika Denhan said. “We are happy and excited to be open.”

Denhan, who is originally from Pittsburg, Penn., has lived in Cedar City for three years. She said she is excited to be a part of the business community in Cedar City and a part of the Iron County Home Builders Association.

“I’m happy to be a part of the expansion and look forward to helping with the smallest to the largest parts of home building in Cedar City,” Dehan said.

She said that the Chamber of Commerce has been super supportive and Sonny Boys Barbeque catered a lunch for the grand opening.

Doughnutsville, located on 943 S. Main St., opened two weeks ago, and has provided many options including cake doughnuts, various glazed doughnuts, croissant sandwiches, muffins and more.

Another business new to Cedar City as of three months ago is Park Place Eatery on West Center Street across from Boomers Bloomers. It provides crepes, sandwiches, soup, ice cream and more.

The Holiday Inn also had a grand re-opening last Wednesday.

Economic Development Director Danny Stewart said he’s excited to see the growth in Cedar City.

“There are a lot of great things going on,” Stewart said of the economic growth.

ELECTRIC AVENUE LIGHTING & DÉCOR opened its doors last Tuesday at 2002 N. Main St. as an option to help home owners in the development stages.

PHOTOS BY HOLLY COOMBS



DOUGHNUTSVILLE opened two weeks ago at 943 S. Main. St. with a new variety of doughnuts, croissant sandwiches, muffins and more.



PARK PLACE EATERY provides crepes, sandwiches, soups, Italian sodas and more. The business opened three months ago and is located on West Center Street across from Boomers Bloomers.

PHOTOS BY HOLLY COOMBS

COUNCIL

Continued from page 3

a report and Mike Mower, Executive Director of Aviation at SUU, said the flight students had to change their flight pattern coming into the airport because of the birds.

Hartley said the concern also involves public safety and the amount of birds being killed.

“(Airport Board) said they kill 100 birds year-to-date compared to zero last year,” she said. “... and what’s happening with all this water around the airport is the birds are in the air flying around from pond to pond because the county also has one down the road, and just north of it there are lots of ducks and geese.”

Hartley said the FAA has its standards and those need to be measured.

“We need to take a good hard look,” she said. “I feel like there’s a lot of issues we need to consider. I’m thinking we should table this until we know what we are doing with all the water out there because now we have two more irrigation ponds.”

Cozzens, who has worked on the flood mitigation project, said that air cannons and bird mitigation with guns have been the procedure.

“I don’t think an airport matters that much without water,” he said. “If we hadn’t done what we’ve done this year with the project, the state engineer was prepared within a short period of coming and making junior rights of anything past 19,350 acre-feet. Cedar City would have lost about two-thirds of our water rights.”

Cozzens argued that there are no other options.

Hartley said a different plan needs to be put together because the city can’t afford to pay \$20 million back to the FAA.

“I’m asking that we table it, not kill it because I know how important all of this is,” she said.

Bitmenn said the FAA wants to know what the city is doing regarding the flood mitigation efforts.

“(The FAA) seems willing to work with us,” he said. “The FAA doesn’t come out to give a hard yes or a hard no. They need to know ‘this is what you are doing. OK let’s see how we can work with this.’”

Hartley again emphasized tabling the item until a proper discussion and plan could be put in place. Wilson agreed a plan needed to be made.

Resident Tom Jett agreed in public comment to the council.

“I hate where this is argued with contention,” Jett said. “I think it needs to be put aside to decide. Wait maybe a couple meetings and come up with a plan.”

The item will be discussed again in the council’s next meeting.

Professor Artis Grady named Outstanding Dietitian of the Year

CEDAR CITY, UT — Artis Grady has been named Outstanding Dietitian of the Year by the Utah Academy of Nutrition and Dietetics. Grady, an associate professor of human nutrition at Southern Utah University and has been a registered dietitian since 1976.

Known in Utah as the Award of Merit, this distinction recognizes a dietitian who leads and makes significant contributions to the dietetics field. Grady received nominations for the award from colleagues at SUU and at the University of Utah. She will be featured in the Journal of the Academy of Nutrition and Dietetics in September and will receive recognition at the Food & Nutrition Conference & Expo in Chicago this October.

“I was so surprised to even be nominated for the award, let alone selected,” Grady said. “I’m very grateful for the many years of support from terrific colleagues, my husband and my family. My career and this award wouldn’t be possible without them.”

Colleagues in the Department of Agriculture and Nutrition Sciences

crafted her recommendation letter to the Award of Merit Selection Committee, including testaments to Grady’s dedication, effectiveness, and impact in teaching and leading students

“Artis has a gift of connecting with students, recognizing specific needs, and then gently and constructively guiding them to specific and diverse fields of interest,” a letter from professors Lee Wood, Matthew Schmidt, Celesta Lyman, Billie Jean Session and Nica Clark said. “Her impact as a mentor is evident by the steady stream of students who return to her office, often after many years, to

give thanks for helping them meet their potential. In her 40-year career in dietetics, (Grady) has given of her knowledge, time and talents to positively impact tens of thousands of undergraduate students.”

The first 14 years of Grady’s career in dietetics included work as an Administrative Dietitian at Utah Valley Hospital in Provo, the University of Tennessee Medical Center in Knoxville, Tennessee, and at St. Joseph’s Hospital in Kirkwood, Missouri. She also consulted for care centers, Women, Infants, and Children programs and private physicians and their patients.

She began teaching at SUU in 1990 and helped develop the Department of Agriculture and Nutrition Sciences, which offers two emphasis tracks in pre-dietetic and allied health and outputs spirited professionals and graduate school candidates each year.

“Being a registered dietician allows for a wide array of career paths and job opportunities,” Grady said. “I often tell students that this is a field that is always applicable, since everyone eats every day.”

Grady’s specializes in sports nutrition and food chemistry. Her biggest reward in teaching is seeing students graduate and continue to succeed throughout life.

“My proudest moment working at SUU is witnessing the growth of the nutrition program,” Grady said. “We see students head to graduate schools across the country in everything from dietetics to medical school, pharmacy to physical therapy, dental school to physician’s assistant. The basis they have in nutrition at the undergraduate level is applicable in so many fields.”



COURTESY OF SUU

ARTIS GRADY WAS HONORED with a dietician of the year award.

BOYS

Continued from page 2

sponsor them to be able to go.

Gillett said his company has been a part of sponsoring Boys State for as long as he can remember because it’s an important program.

“At their age, it’s important to learn the knowledge of how government works,” he said. “It gives them a leg up over those who don’t know how the government works.”

Scott Bealer, Manager of the Financial Center of Zions Bank and sponsor of Boys State said he attended when he was in high school.

“It gives them an opportunity to

learn how the country is run,” he said. “It teaches them teamwork and how to get involved with others.”

Jim Graff from Southern Utah Mortuary said it’s important for companies to reach out and get involved in things like Boys State and be active in the community.

“It helps the boys greatly for companies like us to be involved and active,” he said. “This conference will teach them great leadership skills that they’ll be able to use in the future.”

Duncan said these boys could not do without the sponsors. He wanted to thank Zions Bank, Southern Utah Mortuary, Elks Lodge, The Lions Club, Rotary Club, the Leavitt group, and Joe and Beverly Burgess.

Southern Utah Vision Care

THE CEDAR CITY AND PAROWAN LIONS CLUB

Cedar View Pediatric Dentistry

want to thank all our sponsors for the great success of the 2017 Doctor’s Scott & Tyler Albrecht’s Kite Flight for Reading & Sight.

With the partnership of the Iron County School District and the support of our many fine sponsors, 730 reading charts were redeemed for a kite, book or movie ticket on April 29, 2017 in spite of the weather. We had great venter activity on the field the day of the event and spirits were high, evidenced by the large number of young people who are making reading a regular activity. **We win when KIDS READ.**

Our sponsors donated a total of \$14,732 that was divided among the Iron County schools from Headstart to sixth grade. The sponsorship dollars are distributed based upon the percent of participation of each school by the number of reading charts redeemed. Here is the list of the schools and the amount of the checks presented to the PTA/PTO of each school.

• Three Peaks Elementary \$2,574	• South Elementary \$2,312
• North Elementary \$1,616	• Iron Springs Elementary \$1,496
• Fiddlers Canyon Elementary \$1,367	• Parowan Elementary \$1,363
• Gateway Preparatory Academy \$842	• Enoch Elementary \$687
• East Elementary \$655	• Headstart \$592
• Canyon View Middle School 6th \$536	• Escalante Valley Elementary \$476
• Cedar Middle School 6th \$216	

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NAISBITT BAGLEY TEAM 865-1019 MLS 78918

Run like a Superhero



PHOTOS BY COREY BAUMGARTNER

RESIDENTS RUN IN THE 13TH ANNUAL CHILDREN'S JUSTICE CENTER 10K RUN last Saturday to raise awareness of sexual abuse of children, physical abuse of children and other crimes involving children. The theme this year was "Not All Superheroes Wear Capes."

Turkey hunting in Utah for 2016-17 season still available



UTAH'S GENERAL STATEWIDE TURKEY HUNT RUNS UNTIL MAY 31 and the Division of Wildlife Resources encourage the latter part of the general hunt can be tougher because most are male turkeys. Wet and cold weather has likely pushed the nesting season back a about a week so male turkeys might be gobbling later into the spring this year.

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Contact us at: 435-586-9368



Be the One who Saves Me!



Photo courtesy of Humane Society

If you have room in your heart to give an adoptable pet a safe and caring home, visit the Enoch City Shelter, 900 East Midvalley Road, or call Chris at 435-586-9445.

Adorable dogs and cats can also be adopted by visiting the Cedar City Animal Shelter, 1150 W. Kittyhawk Drive, or for adoption information call, 435-586-2960.

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Parenting, child conferences provided at SUU

by Abigail **WYATT**
For Iron County Today

Southern Utah University hosted a Practical Parenting event last Saturday for parents, caregivers and community members. This free half-day conference provided a broad range of information to parents who have questions about managing common child behaviors or have concerns about their children. The event took place in the Sharwan Smith Ballroom on SUU's campus.

Practical Parenting: Everyday Strategies Recommended by Professionals was intended to help navigate the role of parenting and learn where to seek additional resources. The presenters are all practicing psychologists who have significant experience working with families who experience everything from mild, everyday issues to more serious concerns.

Participants were welcomed to any or all of the following presentations last Saturday:

8:30 a.m. Help! I'm raising a teenager!
9:45 a.m. Autism: Myths and Reality
11 a.m. Parenting the Worried Child
12 p.m. Strategies to Manage Disruptive Behavior

1:15 p.m. Mom or Dad, I can't sleep!
Michelle Grimes, assistant professor in the SUU Psychology Department, organized the event.

"We wanted a time where we can talk about some very common parenting struggles, but also let folks know what to do when they have a serious concern," she said. "We want to help everyone know what signs to look for and what resources are available."

Each lecture included time for questions and answers. Since it was hosted by the university, individual advice was not provided during this event. However, each presenter shared a list of available resources and provided information intended to help navigate the role of parenting.

"Raising children is a wonderful experience, but at times it can be difficult," Grimes said. "While there's a lot of information available on the Internet it's hard to know what you can trust, what's accurate and what's up to date."

The presenters included Dr. Sheila Crowell from the psychology department

at the University of Utah who specializes in adolescent depression, self-harm and suicidality in youth; Dr. Cy Nadler from Children's Mercy Hospital in Kansas City, Missouri, who specializes in Autism Spectrum Disorders; Dr. Ariel Ravid from Evidence Based Treatment Centers of Seattle, Washington, who has expertise in treating children with anxiety disorders, avoidance behaviors and childhood and adolescent fears; and Grimes, who focuses on the evaluation and treatment of children with disruptive behavior, sibling conflict and sleep disorders.

"This conference will provide helpful information to parents and caregivers," Grimes said. "It will cover how to respond to typical-yet challenging child behaviors, and also discuss signs that indicate more help is needed and what resources are available."

The event was free thanks to support from Intermountain Healthcare.

The university also hosted a Child Behavioral Health Conference for health-care providers last Friday where licensed education credits — UPA and NASW - Utah Approved. Presenters will provide information on current evidence-based practices for depression, anxiety, autism spectrum disorders, disruptive behavior disorders and pediatric sleep disorders.

The conference was in the Sharwan Smith Student Center Ballroom same as the parenting conference the day following. This event was geared toward anyone who works in health and human services including psychologists, social workers, counselors, and marriage and family therapists. Primary care providers, pediatricians, nursing staff, and other allied health professionals whose practice includes youth are also welcome to attend.

The presentations were:

8:15 a.m. - An Evidence-Based Approach to Treating Risky and Self-Injurious Behaviors

10 a.m. - Disruptive Behavior in Childhood: From Theory to Practice

1 p.m. - Assessment and Treatment of Autism Spectrum Disorders

2:45 p.m. - Evidence-Based Treatment for Child and Adolescent Anxiety Disorders

4:15 p.m. - Sleep and Psychopathology

The presenters were also Crowell, Nadler, Ravid and Grimes.

SOUTHERN UTAH UNIVERSITY HOSTED A CHILD BEHAVIOR AND PARENTING CONFERENCE last Friday and Saturday to assist families in rearing their children as well as caregivers to help their patients.



COURTESY OF SUU

Desert cruisers mark its 27th annual Parowan fun run

by Michael **HULL**
Deseret Cruisers Vice President

This year marks the 27th Annual Parowan Fun Run put on by Desert Cruisers of Las Vegas and the Parowan Chamber of Commerce.

The run will be June 3 at the Library Park on Main Street in Parowan. Registration is \$10 per vehicle and starts at 8 a.m. and is expected to finish by 3 p.m.

Food, vendors, raffles prizes and a 50/50 raffle will also be available. This year's two Grand Prizes will be a wire feed welder and a 254-piece 3 drawer tool set from Sears. In the event of rain the show will be moved to the fairgrounds building.

The night prior, the Parowan Chamber of Commerce will have the 2nd Annual Friday Night Cruise from 6 to 8 p.m. and will be selling food at the Gazebo on Main Street.

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Questions?
Find out more by calling Cedar City Hospital Surgical Services, at 435-868-5420.

USDA summer food service program to serve Iron County children

Cedar City and Enoch's hungry children will benefit from the USDA's Summer Food Service Program again this summer! The sponsor organization locally is the Community Presbyterian Church funded through the Utah State Department of Education with the USDA Summer Lunch funding.

Free lunches will be made available to children this summer at the Cedar City Main St. Park Pavilion. Lunches will be served Mondays through Fridays from 11:30 a.m. to 12:30 p.m. on a first come, first served basis each day. Children must be under 18 years of age to receive a lunch. Those over 18 can purchase a lunch for \$2. The program begins May 30 and continues until Aug. 18. Lunches will not be served on July 4 or July 24.

Additionally, this summer lunches will be served at two locations in Enoch. Liberty Park, located at 27 W. Midvalley Road and Garden Park, located at 646 E. Blue Sky Drive South. The meals, along with positive enrichment activities, help ensure that kids return to school healthy



COURTESY OF REBEKAH SCHAFF

CHILDREN WILL BENEFIT FROM FREE LUNCHES from the USDA summer food service program and educational activities from May 30 to Aug. 18 excluding July 4 and July 24.

and ready to learn.

The staff of the program are working with community partners to bring enrichment activities along with sports and education to the parks during meal times.

The Community Presbyterian

Church invites volunteers to help prepare and serve the lunches. Food Handler's cards are necessary and training is available. For questions, contact Rita Osborn at 435-865-8520.

This institution is an equal opportunity provider.

OFFICERS

Continued from page 1

"It was a good place to raise our children," Fred Adams said. "It was a place where our sons, no matter what trouble they got into, everyone would know who they belonged to and that would be a deterrent. It was a good place because it was kind of a Mayberry for us."

He continued that he met a couple that had been coming for years and years to the festival and recently bought a house in Cedar City. Fred Adams asked them why they decided to buy the house and move to Cedar City.

"They said 'because it's safe, because we can walk the streets,'" he said. "There is one reason it's safe. We have a remarkable, remarkable force of young men that have dedicated their lives to making Cedar City the kind of a town, not only to be proud of, but that we can comfortably live in."

Fred Adams concluded saying he chose his home in Cedar City also because of the police department and all they do.

Scott Sharp, assistant principal of Cedar High School, then played the bagpipes before the ceremony concluded.



SCOTT SHARP, ASSISTANT PRINCIPAL OF CEDAR HIGH SCHOOL, plays the bagpipes during the National Peace Officers Memorial Week flag ceremony last Monday.



The Cedar City Rotary Club and President David Westwood thank all those who supported our golf tournament. Proceeds go toward many worthy local projects. Every year Rotary delivers a dictionary to every third grader in Iron, Beaver and Garfield counties and funds scholarships at SUU and Southwest Applied Technology College. Individuals interested in service are invited to attend a meeting Tuesday at noon at the main SWATC campus.

Special Thanks...

Golf Committee

- Mark Webster, Chairman
- Glade Hamilton • Neal Smith
- Todd Boyer • Zurl Thornock
- Paul Monroe • David Westwood

Tournament Day Volunteers

- Wayne Clark
- David Oberhelman
- Marguerite Smith
- Kathy Johnson
- Gene Hotinger
- Sherrie Hansen
- Scott Hansen
- Jared's Golf Shop staff

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- Jared's Golf Shop
- The Leavitt Group
- Mark Webster Orthodontist
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- Small Business Development Corporation
- Southern Utah Mortuary
- Southern Utah University
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- Robert D. Pearson, M.D.
- Cedar Orthopaedic Surgery Center
- Cedar Dental

Bookings

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

May 15

Geneva M. Arechiga, Cedar City
Resisting/Interfering Arrest, Intoxication

Paul P. Carlson, Cedar City
Criminal Trespass

David A. Scott, Cedar City
Intoxication

May 16

Brandon L. Birdsell, Cedar City
Possession

May 17

Jason M. Carlston, Salt Lake City
DUI, Fail Stop

Michael R. Messersmith, Salt Lake City
Drug Paraphernalia, Possession

Phillip A. Monconsombat, Cedar City
Criminal Trespass, Burglary/Vehicle

Kasie B. Jones, West Jordan
Possession, Drug Paraphernalia, FTA-Warrant

David A. Muterspaw, Salt Lake City
Resisting/Interfering w/Arrest

May 18

Jose A. Hernandez, Cedar City
Assault, Controlled Substance

Jodilyn H. Robertson, Enoch
Retail Theft

Chandra A. Joslin, Cedar City
Probation/Parole Violation

Timothy M. Smith, Cedar City
Possession

May 19

Derek C. Perkins, Cedar City
Driving on Denied License, No Insurance

Pedro J. Gaspar-Martin, Cedar City
Sexual Abuse of a Child, two other sexual offenses involving a child

Paul F. Hutchings, Iron County
DUI

May 20

Manuel T. Nez, Cedar City
Intoxication

May 21

Tariq L. Barton, Hurricane
False Info to Police Officer

Joe B. Zavala, Washington
Driving w/o insurance, Threats against life/property, DV in presence of child, Assault, DUI, Child Abuse, Kidnapping

Steven S. Ludlow, Cedar City
DUI

David T. Montoya, Cedar City
Probation/Parole Violation

Lyndsie C. Hunt, Cedar City
Issuing bad check, Theft

Mattie B. Tidwell, Cedar City
Retail Theft

Extreme ROCK CRAWLERS



PHOTOS BY COREY BAUMGARTNER



ROCK CRAWLING FANATICS GATHERED FOR THE ANNUAL EXTREME ROCK CRAWLING EVENT at Three Peaks Recreation Area last Saturday.



MACHINE MUSIC MAKERS

Casino Game Makers Partners with SUU's Master of Music Technology Program

by Nikki KOONTZ
SUU Marketing Communications

CEDAR CITY, UT — The Master of Music Technology at Southern Utah University has partnered with Casino Game Makers to provide paid music composition and sound design opportunities for those enrolled in the graduate program.

Students work closely with Casino Game Makers staff to provide the musical soundtrack and effects for gaming devices, which are found at casinos throughout the world. Steve Meredith, the Master of Music Technology director, worked closely with Dre Freden, Lead Game Designer for Casino Game Makers, to establish the partnership.

“The Master of Music Technology program features a curriculum that is project-based, with the intent that these projects will form the core of a student’s professional portfolio,” Meredith said. “Opportunities like the Casino Game Makers partnership not only help to prepare students for the type of work situations that are typical of the current music profession, but they also help musicians expand the way they define themselves professionally.”

He said students who would not primarily identify themselves as composers can be active participants in this type of project and in so doing, expand their skill set and help them identify new potential income streams.

Freden from Casino Game Makers sees the partnership as a win-win situation.

“It’s great to see students in the program be so engaged in each new project, and really dig in to give us exactly what we need. Because Casino Game Makers places games all over the world, we think that scoring or doing sound design for one of our games is a really nice ‘bullet point’ for a professional resume,” he said. “And of course, the company benefits because we no longer have to use generic library music, but instead we get customized music that helps our machines stand out in a very competitive environment.”

Chance Wilson, a student in the Master of Music Technology program, recently provided music for the upcoming

Casino Game Makers game *The Deep*. For him, the experience was both professionally and artistically challenging.

“There is a real art and craft to writing music with such specific parameters,” Wilson said. “The



STEVE MEREDITH, MASTER OF MUSIC TECHNOLOGY DIRECTOR assists student Chance Wilson. The music program has teamed with assisting Casino Game Makers.

PHOTOS COURTESY OF SUU

“There is a real art and craft to writing music with such specific parameters”

— **Chance Wilson**

experience helps me to develop the discipline required for specific musical applications in film, TV and video games, which is where I want to end up working.”

The Master of Music Technology is a project-based program designed for musicians who wish to use technology to enhance and expand their current skillset as a performer, educator, composer or technician. All students enroll in core courses in music technology, and then choose a study track — Performance Technology or Studio Technology. The degree consists of 30-credits, all offered online, and includes regular interaction with other students, and instructors who are working music technology professionals.

For more information, visit www.suu.edu/pva/music/musictechnology.html



SUU STUDENT CHANCE WILSON has the opportunity to work with Casino Game Makers with the help of the Master of Music Technology program now available at SUU.

Call for submissions in Mental Health Awareness Community Art Show

by Lauren MCAFEE
For Iron County Today

CEDAR CITY, UT — The Cedar City Library in the Park and the Iron County Prevention Coalition are hosting a Mental Health Awareness Community Art Show as part of an effort to promote positive mental health.

The theme for this art show is “How Do I Stay Resilient?” which was created to share the message that individuals can find ways to be resilient and strong during hard times.

The art gallery will be on display during the month of June in the Cedar City Library in the Park. Artists of all ages are invited to submit artwork of any medium in 2D form by Monday at the Cedar City Library in

the Park.

Interested artists can pick up a submission packet from the library. Submissions are due May 31 at the library.

More information and questions can be answered by contacting Lauren McAfee, assistant librarian at the Cedar City Library in the Park, or Heidi Baxley, Prevention Specialist, at the Southwest Behavioral Health Center.

The Mental Health Awareness Community Art Show was made possible from funding provided by National Association of Mental Illness and the National Network of Libraries of Medicine, Midcontinental Region, under a cooperative agreement with the U.S. National Library of Medicine.



JIM CASE, A LOCAL RESIDENT WHO RECENTLY PASSED AWAY, has been recognized by many and considered a Renaissance Man.

COURTESY OF SARA PENNY

A Renaissance Man: Remembering Jim Case

by Mary Anne ANDERSEN
Cedar City Arts Council

Everyone knew Jim Case, even if they didn't know him. He was a singular presence about town, distinctive in appearance and practically omnipresent at all events. My grandchildren have noticed him for years, beginning with the times he would walk from his home up on the hill to The Grind Coffeehouse for lunch every day, reading a book as he went. He was a slight person with slim legs who usually wore shorts, earning him the title “Bird-man” among my crowd. Those of us who knew him worried about that walking with his head in a book, but he never fell — at least not then.

The brief obituary in the newspaper was so unsatisfactory. It is impossible to get the essence of a person from dry facts, but they are a beginning. For instance, we learn that Jim was 88 years old, a venerable age even in this time of extended life spans. But that doesn't tell anyone who doesn't know that he really lived for those years. Skiing in his 80's, hiking in summer and winter, he paid a price in accidents on some occasions, but he wasn't one to just sit around.

He continued to attend every social/cultural even that this town offered, which is not a few. Four days before his death he was taking pictures at the Shakespeare Guild's welcoming barbecue. And he was generous in his financial support of them, not in the way of big get-your-name-on-the-

building donations, but big enough to encourage those organizations he felt were important to our community.

The obituary talked about his educational degrees, but you had to spend time with Jim to know how smart he really was. His home was full of gorgeous maps and books related to his career as a cartographer, and his walls were hung with original paintings (most by local artists) because he loved and understood visual beauty. Over the recent years, he has taken thousands of photographs of local wild flowers. He knew the value of daily walking and combined it with what had become a passion for him.

Jim was a charter member of the Cedar City Arts Council's Literary Group, started nine or ten years ago. When the subject interested him, he would come with supplemental material he was eager to share with us. The rest of us were content to just read the book and move on, but Jim saw each new book as a stimulus for research and teaching. A book by John Muir occasioned detailed, really detailed maps that had me

staring blankly at the papers he unrolled on the table before us. I'm sorry I didn't pay more attention, Jim.

Did the obituary tell you that he sang with the Master Singers? That he attended all musical concerts presented by Music Arts and the University? Did it say that he loved the little snacks that were often a part of cultural events? Did the obituary say what Jim really was: a Renaissance Man?



Everyone knew Jim Case, even if they didn't know him

That Looks Sketchy



ART WORKS GALLERY

Opens May 26, 2017, 5-8pm
Shows through June 24

COURTESY OF LINDA KILEY

ART WORKS GALLERY PRESENTS "THAT LOOKS SKETCHY," opening, from 5 to 8 p.m. at Art Works Gallery, in Cedar City. The exhibit will showcase drawings, studies, sketches rendered in pencil, charcoal, pen and ink, and pastel. The exhibit shows through June 23.

Cedar City marked as one of the top retirement communities in the nation

by Holly COOMBS
holly@ironcountytoday.com

Cedar City has been listed as one of the top cities for retirement, according to goodcall.com. Cedar City was listed as number 87 on the list of 100 cities by goodcall.com.

Among the key takeaways of what qualifies the cities on the list include the following:

» Top cities tended to be smaller. The top 10 percent of cities averaged about 45,000 residents, while the bottom 10 percent averaged more than 96,000.

» Top cities tend to have many more homeowners. In the

top 10 percent, an average of 68 percent of residents are homeowners. Only about 48 percent of residents are homeowners, on average, in the bottom 10 percent.

» Health care costs are lower in top cities. While some of the top cities tend to be areas with slightly higher cost of living, they also tending to have lower costs for health care than those cities near the bottom. On average, cities in the top 10 percent had health costs about five percent below the national average, while the bottom 10 percent of cities averaged about five percent higher than the national cost.

» The top cities tend to be places where older residents are

“People of all ages are realizing that Cedar City is a special place to call home”

— Cedar City Mayor Maile Wilson

flocking to. The top 10 percent of cities averaged about 13 percent growth in population of people age 65 and older. The lowest tier averaged less than five percent growth, around the national average.

» Populous coastal areas tend to be ranked lower. Very few of the top 10 percent of cities were in New England, Texas, or the northern Pacific regions. Instead, top cities were spread throughout the South and Midwest.

Mayor Maile Wilson said she believes that Cedar City is a great place for retirement because it has something for everyone.

“From the cultural experiences to the nearby outdoor recreation, people of all ages are realizing that Cedar City is a special place to call home,” Wilson said.

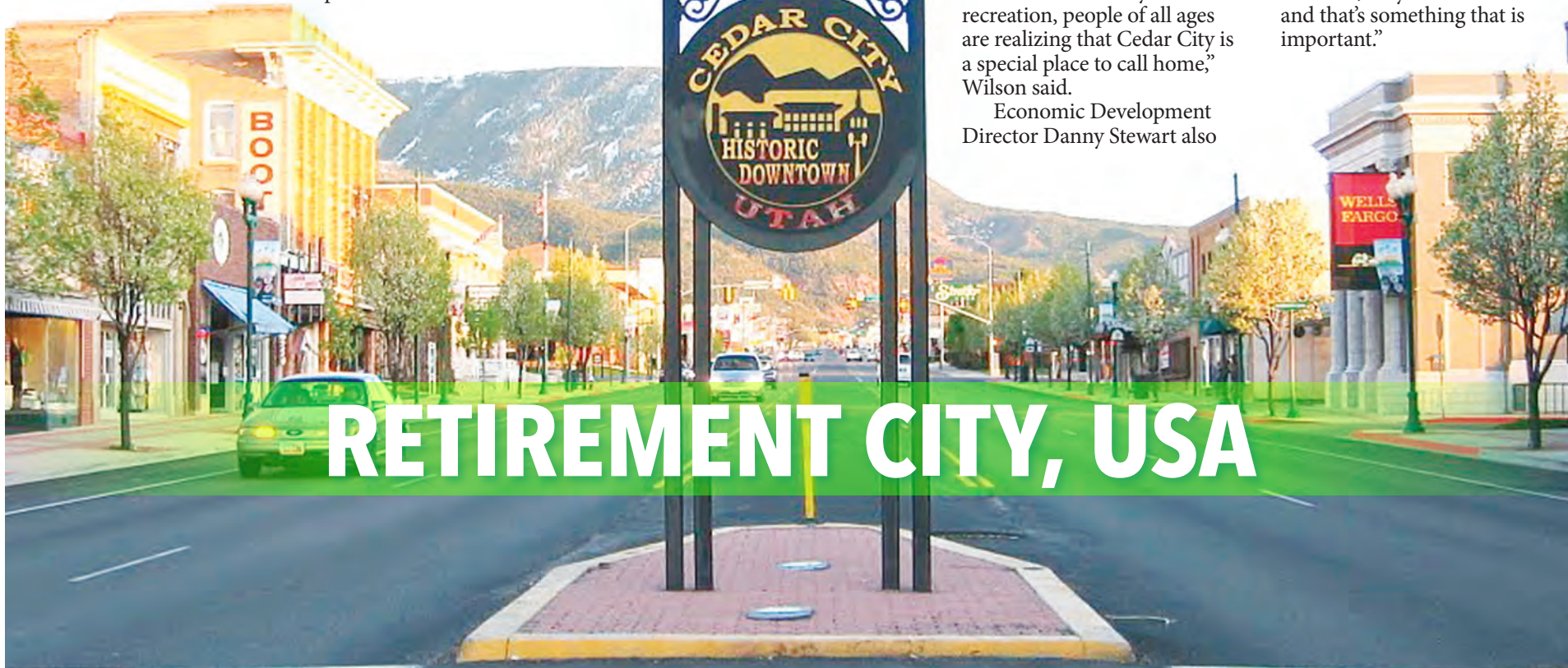
Economic Development Director Danny Stewart also

said that Cedar City seems to have the right culture for retired individuals.

“A lot of what we do as far as what we do in attracting business does attract retirees,” Stewart said. “That’s being a university community, having the Utah Shakespeare Festival, having all the amenities that give us a really unique lifestyle.”

Stewart said that it would make sense to me that retired individuals would find the businesses and parts of Cedar City attractive.

“I think it’s a great thing for the city (to be on the list),” he said. “Retirees bring a lot to the community when they come here as well. They like to get involved, they like to volunteer and that’s something that is important.”



HOLLY COOMBS

CEDAR CITY HAS BEEN NAMED ONE OF THE TOP COMMUNITIES IN THE NATION for retired individuals to settle. Cedar City, also known as Festival City, USA attracts retired couples because of activities, festivals and small size it presents.



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Dr. Sean Schexnayder

DMD, Pediatric Dentist



Dr. Jeff Higbee

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DMD, Pediatric



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People

Birth



Martha Kathleen Nielson

Martha Kathleen "Matty-Kay" Nielson was born to Colin and Amy Nielson of Enoch on May 8, 2017 at 7:54 p.m. She weighed seven pounds, two ounces and was 19 inches in length.

80th Birthday

Kim Jones

Kim Jones turned 80 years old on May 19, 2017. Kim was born in Monroe, Utah to Lawrence and Edna Jones. Kim enjoyed teaching math for 40 years at Southern Utah University. He continues to treasure living in Cedar City, Utah with his wife, Louise Jones, of 58 years. They have three children, nine grandchildren, and three great-grandchildren, with more to come. He loves fishing, following the Atlanta



Braves and values attending his grand-kids sports and events. He would enjoy any calls, cards, or visits from friends.

Weddings

Fuller-Roach

Dustin Fuller and Nicole Roach were married May 20, 2017 at the SUU Mountain Center, Cedar City, Utah. The parents of the bride are Steve and Nancy Mitchell of Las Vegas, NV and Pepper Roach of Northridge, CA. The parents of the groom are Chris and Karen Marchant of Cedar City and the late Michael Ray Fuller.



Strand-Palmer

Lexi Strand and Austin Palmer will be married May 27. The couple will be sealed for time and all eternity in the St. George Temple with a reception to follow from 7:30 to 9:30 p.m. in the bride's parent's backyard in Cedar City. Parents of the Bride are Tim and Charise Strand. Parents of the Groom are: Kevin and Melinda Palmer.



90th Birthday

Eva Deen Cox Milne

Eva Deen Cox Milne turns 90 years young on May 25. Eva Deen was born and raised in Cedar City where she spent most of her life. She has five children; Michael, Larry, Robert, Dean and Kay as well as 16 grandchildren and 41 great-grandchildren. Happy Birthday Mom, we love you.



Eagle Scout



Carson Nathaniel Carpenter

Carson Nathaniel Carpenter, 14, received his Eagle Scout Award at a court of honor last Wednesday in the Church of Jesus Christ of Latter-day Saints Third Ward. Carson's Eagle Scout project was to build some cement pads for the disc golf course at Three Peaks Recreation Area. Thank you to all who helped and participated in order to make his project a success.

1st Birthday

Grayson & Malea White

Double the cupcakes and double the fun our little ones have just turned one. Grayson and Malea celebrated their first birthday on May 12. They are the twins of Dusty and Amber White of Cedar City. Grandparents are Mike and Glenna White of Cedar City and Barney and Carol Thompson of Milford.

Have a People Announcement?

There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements. Announcements and photos can be submitted to news@ironcountytoday.com or at 389 N. 100 West, #12, Cedar City, Utah 84721. The deadline is Friday at noon for the following week's issue. Announcements should be 100 words or less. Please call 435-867-1865 ext. 5 for pricing for all other announcements.

Funtime Inflatables to host fundraiser for young girl with cancer on May 29

by Holly COOMBS
holly@ironcountytoday.com

The 14th annual Colleen and Kay Scott Memorial Day Foundation Fundraiser will take place again on Memorial Day from 10 a.m. to 3 p.m. in the Cedar City Main Street Park this time to benefit a four-year-old girl battling cancer.

"Cancer is a difficult thing to go through for anyone, but take a child who has their whole life in front of them and throw something like this at them?" Cathy Bryant with Funtime Inflatables LLC said. "They don't know what to do or what is going on, only that they are sick and it is not fun."

Lillianna Kerby, 4, daughter of Samantha Hammond, live in Cedar City. Kerby has a three-year-old sister and a one-year-old brother. She was diagnosed with Acute Lymphoblastic Leukemia on April 23.

Hammond said that she took Kerby to Cedar City Hospital's emergency room when a fever she had wouldn't break.

After running some tests physicians found a low white blood cell count and Kerby was then airlifted to Primary Children's Hospital in Salt Lake City.

Since that day, Kerby has undergone three blood transfusions, a bone marrow aspiration/biopsy and has also started Chemo Therapy.

Hammond said she is hoping Kerby can come home within this week.

"They will need to make a trip up to Salt Lake City every Tuesday for the next month, but they don't have a car that would make the trip up there right now," Bryant said. "Over the next two and half years they will need to make several trips to Primary Children's Hospital, which will be an additional expense."

The event at the park is free, but donations are accepted on Kerby's behalf to help with travel and medical expenses.

The event will run from 10 a.m. to 3 p.m. and will include lots of rides from Funtime Inflatables, food and music. In the afternoon, there will also be games, races and a candy cannon for the young kids, old kids and even the young at heart kids.



COURTESY OF CATHY BRYANT

LILLIANNA KERBY, 4, WAS DIAGNOSED WITH ACUTE LYMPHOBLASTIC LEUKEMIA on April 23. A fundraiser supporting her will be Monday in the Main Street Park from 10 a.m. to 3 p.m.

Calendar

Wed, May 24

CEDAR CITY COUNCIL, 5:30 p.m., council chambers
AMERICAN SIGN LANGUAGE II CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.
TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.
COLOR COUNTRY WINDS COMMUNITY BAND REHEARSAL, 7:30 p.m., Community Presbyterian Church in Cedar City, no audition, must be able to play a band instrument and read music, we even welcome "rusty" players who want to begin playing again.
FREE DANCE AEROBICS CLASS, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091 (no texts please).
IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.
FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 a.m. to 1 p.m., located at 2569 Freeway Drive between Rally Stop and the Travelodge. Rides available at no charge, leaving the Main Street Pavilion by the library at 11:30 a.m. and returning to same location after the meal. Look for the Sunrise Christian Fellowship van.
COLOR COUNTRY PICKLEBALL, 9:30 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information call Ed Severance at (435) 586-6345.
TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park. For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.
DOMESTIC VIOLENCE SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.
ALCOHOLICS ANONYMOUS, 8 to 9 p.m., Parowan United Methodist Church social hall, 190 N. Main St.
ALCOHOLICS ANONYMOUS, 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.
NARCOTICS ANONYMOUS JUST FOR TODAY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.
CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.
FREE CHINESE LANGUAGE AND CULTURE CLASS, 6-7 p.m. every Tuesday and Wednesday on the SUU campus. For more information, call 435-238-3417 or email to peiliteng@gmail.com
BELLY DANCE CLASS AT THE POINTE DANCE STUDIO, 6:30 p.m. All levels welcome. Enjoy a group of supportive ladies in fun and fitness and love of belly dance. Just \$15 a month. More details at <https://www.facebook.com/bellydancerarifa/>
"YOU ARE THE DIVINE," Pamela Wilson. 'Love deeper exploration of yourself. Honor your misunderstandings.' A 25 minute video then casual discussion. 7 p.m., Cedar City Library in the Park (Rare Books Room). The Literary Club. For more information, call 435-559-7777.

CEDAR CHEST QUILTERS' GUILD, 10 a.m., Cedar City Senior Center, 489 East 200 South.
COLOR COUNTRY COMMUNICATIONS, Cedar City Toastmasters, 7 a.m. 86 W. University Blvd. Find your voice. Shape your future. Be the leader and speaker you want to be.
IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Dept., 260 E. DL Sargent Drive, Cedar City. Call 435-586-2437 with questions.
COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West, Cedar City.
ALCOHOLICS ANONYMOUS, 11 a.m. women-only meeting, noon Speaking from the Heart AA, 6 p.m. AA Misfits. The Meeting Hall, 1067 S. Main Street, Cedar City. More info at 877-865-5890.
ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, noon, Cedar Bowling Center, 421 E. Highway 91.
AL-ANON HOPE FOR TODAY (FOR FAMILIES OF ALCOHOLICS), 7 p.m., the KKCB Meeting Hall, 1067 S. Main. More info at 435-531-1045.
NARCOTICS ANONYMOUS, 8 p.m., The Meeting Hall, 1067 S. Main. More info at 877-865-5890.
CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m. Call 435-865-1387 for an appointment. Accepts Medicaid, Medicare and all private insurances.
PAROWAN CITY COUNCIL, 6 p.m., Parowan City building.
CEDAR CITY RADIO CONTROL CLUB, 7 p.m., Cedar City Library in the Park. John Ellison at 435-590-7906 for more information.

NARCOTICS ANONYMOUS, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For Information, call (877) 865-5890.

Mon, May 29

MEMORIAL DAY (check with classes/groups to make sure they are being held)
FREE DANCE AEROBICS CLASS, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091 (no texts please).
COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information, call Ed Severance at (435) 586-6345.
IMMUNIZATIONS/WIC/VITAL RECORDS, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.
RED ROAD TO SOBRIETY/AA MEETING, open meeting, 6 p.m., Paiute Indian Tribe of Utah, 440 N. Paiute Drive, Cedar City. For more information call Chris at 586-1112 ext. 307.
BOOK BABIES, 10 and 10:30 a.m., Cedar City Library at the Park. Story time designed for babies and toddlers up to age 2.
ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.
NARCOTICS ANONYMOUS MONDAY NIGHT BASIC TEXT STUDY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.
CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.
IRON COUNTY VETERAN'S COALITION WILL PERFORM A MEMORIAL DAY CEREMONY AT THE CEDAR CITY CEMETERY, starting at 10 a.m. This will include a flag raising and wreath ceremony, and a short message.

Fri, May 26

FREE DANCE AEROBICS CLASS, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091 (no texts please).
COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information, call Ed Severance at (435) 586-6345.
IMMUNIZATIONS/WIC/VITAL RECORDS, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.
ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.
NARCOTICS ANONYMOUS LIVE AND LET LIVE, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.
CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

Tues, May 30

AMERICAN SIGN LANGUAGE I CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.
STORY TIME AT THE FRONTIER HOMESTEAD STATE PARK, 10 a.m., an opportunity for preschool children to learn about the past through stories and history-related activities, story time is free thanks to the support of the Cedar City-Brian Head Tourism Bureau.
CEDAR CITY ROTARY CLUB WEEKLY MEETING, noon, Southwest Applied Technology College, 510 W. 810 South in Cedar City, for more information call (435) 865-7637.
IMMUNIZATIONS/WIC/VITAL RECORDS, 1 to 5:30 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.
RAPE AND SEXUAL ASSAULT SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.
COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information call Ed Severance at (435) 586-6345.
AL-ANON "EASY DOES IT," 7 to 8 p.m., Community Presbyterian Church, 2279 N. Wedgewood Lane, Cedar City, for more information call (435) 531-1045.
AL-ANON, 7 to 8 p.m., Parowan United Methodist Church social hall, 190 N. Main St.
ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, noon, Cedar Bowling Center, 421 E. Highway 91, Cedar City.
ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA, 6 p.m. AA Misfits and 8 p.m. AA Cedar Group, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.
CEDAR CITY COMMUNITY CLINIC, 10 a.m. to 7 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

Sat, May 27

YEAR ROUND FARMERS MARKET, every Saturday rain or shine, 9 a.m. to noon, 905 S. Main St. in Cedar City, local vegetables, greens, fruit, herbs, baked goods, artisan cheese, live plants, flowers, jams, raw honey, farm fresh eggs, and more.
CEDAR SATURDAY MARKET, 1 to 5 p.m., inside IFA, 905 S. Main. Includes farmers, gardeners, food vendors, youth agricultural groups and artisans/crafters.
ALCOHOLICS ANONYMOUS, 11 a.m. women's meeting, noon Speaking from the Heart AA, 6:30 p.m. AA BB Study, and 8 p.m. My Story speaker meeting, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

Sun, May 28

ALCOHOLICS ANONYMOUS, 11 a.m. (TGISS) AA and 6:30 p.m. 12x12 Book Study, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

SUU DISCOVER STORY TIME, 6:30 p.m., Cedar City Library in the Park.

FREE CHINESE LANGUAGE AND CULTURE CLASS, 6-7 p.m. every Tuesday and Wednesday on the SUU campus. For more information, call 435-238-3417 or email to peiliteng@gmail.com

Wed, May 31

CEDAR CITY COUNCIL, 5:30 p.m., council chambers
AMERICAN SIGN LANGUAGE II CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.
TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.
COLOR COUNTRY WINDS COMMUNITY BAND REHEARSAL, 7:30 p.m., Community Presbyterian Church in Cedar City, no audition, must be able to play a band instrument and read music, we even welcome "rusty" players who want to begin playing again.
FREE DANCE AEROBICS CLASS, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091 (no texts please).
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FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 a.m. to 1 p.m., located at 2569 Freeway Drive between Rally Stop and the Travelodge. Rides available at no charge, leaving the Main Street Pavilion by the library at 11:30 a.m. and returning to same location after the meal. Look for the Sunrise Christian Fellowship van.
COLOR COUNTRY PICKLEBALL, 9:30 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information call Ed Severance at (435) 586-6345.
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CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.
FREE CHINESE LANGUAGE AND CULTURE CLASS, 6-7 p.m. every Tuesday and Wednesday on the SUU campus. For more information, call 435-238-3417 or email to peiliteng@gmail.com
BELLY DANCE CLASS AT THE POINTE DANCE STUDIO, 6:30 p.m. All levels welcome. Enjoy a group of supportive ladies in fun and fitness and love of belly dance. Just \$15 a month. More details at <https://www.facebook.com/bellydancerarifa/>
"THE TRUTH ABOUT YOUR FUTURE," Vernon Howard. 'All prophecy is in vain if you remain in the den of time.' A 25 minute video then casual discussion. 7 p.m., Cedar City Library in the Park (Rare Books Room). The Literary Club. For more information, call 435-559-7777.

Thurs, May 25

AMERICAN SIGN LANGUAGE III CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way, Enoch.
NAMI BRIDGES & FAMILY TO FAMILY CLASSES (FREE), 7 P.M., Southwest Behavioral Health Center, 245 East 680 South, Cedar City. To enroll, call Robert (435) 590-7749 or Rosie (435) 590-0880.



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Schools

IRON COUNTY SCHOOL DISTRICT News Nuggets

compiled by LeAnn **WOOLSTENHULME**
Iron County School District

East Elementary

Summer is here. It is a bittersweet time for our East family. Many of our dual immersion students enjoyed visiting with their Spanish pen pals last week. Our field day was fantastic, and we had several Eagles who traveled to compete in the national Lego-league competition. As we bid our fifth graders a fond farewell, we wish them good luck on their transition to the middle school! We also wish Mrs. Rebecca Guillen, Mrs. Sonja Stokes, Mrs. Nasrin Petersen, and Mrs. Kimberly Saucedo the best in their new endeavors. You have made a positive difference in the lives of your students with your love and dedication. Our students have made excellent progress this year, and we don't want them to succumb to the infamous "summer slide." Parents, please keep your children reading over the summer! Be safe and have fun, Eagles!



Enoch Elementary

Enoch Elementary students participated in the Battle of The Books this past week. Third, fourth and fifth grade students read extensive book lists all year long and competed against South Elementary this week. Our fourth and fifth grade teams won the trophy for their grade levels, and our third grade team gave a great battle but came up short in the end. We appreciate the participation partnership we have had with South Elementary over the years with Battle of The Books. Kids will bring home a new reading list on the last day of school to begin reading for next year. Our Speech department would like to thank The Hub and Little Caesars for donating pizzas for the annual speech graduation party. The support from these businesses is wonderful. With the last days of school upon us, we wish for a wonderful, safe school year. We will see you in August.

Escalante Valley

We have so many exciting things going on here at E-Valley! We are so proud of the following students for earning the Patriot Award: Yulianna Parra Silva, Samantha Peterson, Eduardo Padilla, and Alyssa Tullis. Also TayLin Platt and Avery Tullis earned the "Utah This Is The Place" award. All these students worked so hard and we couldn't be more proud! We had an amazing science fair last week! Mr. Heaton took the participating students on a field trip where

they saw the forest service engine and learned about wild lands fire fighting. Nikki Frey was there and taught them about animal tracks. We went on a fishing field trip and the kids had a great time. Last but not least, thanks to our PTA, Parents, and Sponsors: Dixie Power, Enterprise Valley Medical Clinic, South Central Communications, and State Bank, we were able to purchase new play ground equipment for our school as well as a new sound system in our gym. All in all it has been a great year! Thanks to all the teachers and staff that make our school incredible!

Iron Springs Elementary

We had our Iron Springs Chess Club Tournament and declared Ryan Ball as grand champion, Josiah Zerkle second, and Luke Munson third place winner. Congratulations to all of our 21 participants.



FROM LEFT TO RIGHT 1st place Ryan Ball, 2nd place Josiah Zerkle, and 3rd place Luke Munson

South Elementary

On to new adventures...Mrs. Carolyn Olenlager will be retiring after 26 years of teaching. She has taught preschool, kindergarten, second and fourth grades. Over the years she has seen many changes and has stayed enthusiastic and energetic sharing her love of learning with her students. She loves music and can always be heard singing a song while she walks down the halls. We want to thank Mrs. "O" for sharing her talents with both the students and staff at South Elementary. We will miss her, and wish her well as she starts this new chapter of her life.



MRS. CAROLYN OLENSLAGER retires from South Elementary.

Three Peaks Elementary

Three Peaks Elementary is winding down the year. End of level assessments are complete and we are so proud of all of the students and their hard work. Field day will be on May 23 with the finals of all races held first and field events afterward. We would like to thank Mr. Jason Robison and Mrs. Amy Callister for all of the work they have done to make this event possible. We would also like to thank our PTA for helping with treats. Our awards assembly will be held on May 24 in the morning and students will be dismissed at 1:30 pm for the summer. Thank you to all of the parents, teachers, staff members, and volunteers for making this year fantastic! See you on August 15!!

Fiddlers Elementary

Sen. Evan Vickers (R-Utah) stopped by to award the fifth-grade students at Fiddlers Elementary who completed the requirements for the Patriot Award. The recipients were: (back row) Kaleb Kirby, Riley Ball, Cade Polson, Skyler Fielding, Zac Millett, Cheyenne Adams, Senator Vickers, Gracie Burt, Hallie Newman, Allison Muron, Kylee Wheelwright, Rylie Carpenter, Rachel Arnold, and Jocelyn Arnold. (front row) Kelly Young, Ryan Atchison, Payson Slade, Sebastian Kuckelmann, Nina Andersen, Halle Vickers, Cali Ped, Jaci MacInnis, Alexa Benson, Madison Jones, Nicole Munford, AJ Chandara, Nicholas Bitemenn, and Devan Williams.



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May 27th

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Schools

Educators recognized by Utah Education Network

With more than one in four Utah children encountering the Juvenile Justice System before their 18th birthday, too many youth face difficult circumstances that disrupt their education.

The Utah Education Network announced the recognition of Utah's "American Graduate Champions" working with Youth in Care — formerly known as at-risk youth— for their work in the Iron County school district, Danelle Black, a science teacher, Leona Schexnayder and Sombryn Williams Youth in Care teachers and Tim Marriot, a Youth in Care counselor have all been nominated by peers for their dedication to helping youth overcome challenging circumstances and reach academic milestones.

» **Danelle Black**
Youth in Care Science Teacher, Iron County School District

Danelle is always willing to try new things to engage students. As the only science teacher for Youth in Care at her school, the veteran educator innovates her teaching practice by collaborating with other science teachers in the district and engaging in ongoing self-reflection. When students fall behind, she actively seeks solutions to help them perform. A colleague wrote, "I don't think Danelle realizes her school-wide impact. I hope other Youth in Care teachers hear her story and realize that they, too, are doing great work."

» **Leona Schexnayder**
Youth in Care Teacher, Iron County School District

With more than two decades' experience as an educator,

Leona has motivated countless youth to complete high school diplomas. Now a Special Education teacher for a secure care facility in Iron County School District, she plays a key role in helping students graduate from and prepare for life after high school. "Leona cares about all her students. She doesn't let anything get in the way of helping her students achieve their goals," A colleague said. "She stays on top of changes, including technology, to enhance her instruction."

» **Sombryn Williams**
Youth in Care Teacher, Iron County School District

Sombryn encourages students to use their creative talents and participate in literacy, art and writing projects, and competitions. A teacher with ten years' experience in alternative education, she was one of the first Youth in Care teachers to create a school newsletter that highlights student accomplishments and improves communication with parents, family, staff and community partners. "Sombryn goes the extra mile in her teaching responsibilities," a colleague said. "She motivates and engages students in meaningful goals and projects, helping them to achieve a greater level of success and achievement in their lives."

» **Tim Marriott**
Youth in Care School Counselor, Iron County School District

Former probation officer Tim Marriott works to ensure that each student finds the pathway to their goals. In addition to meeting individually with youth in care and presenting in their classes, he arranges field trips, creates weekly College and Career lesson plans, and attends every graduation ceremony. "I've never seen a Youth in Care School Counselor so involved and visible with our youth," a colleague wrote. "Many have lost trust in educators from past experiences. Tim helps repair that trust and hope so youth can rediscover and reach their educational goals."



DANELLE BLACK



LEONA SCHEXNAYDER



SOMBRYN WILLIAMS



TIM MARRIOTT

Your finest hours



The Rut LESS TRAVELED

by Corey BAUMGARTNER

Memorial Day is Monday. Whether we have the day off, or not, I hope we will truly celebrate and appreciate our freedoms and our country's heroes. They continue to give their all, too often without a vacation, or recreation. Their mettle is more valuable than any medal they could ever receive. We should always remember to be grateful for our freedoms, lives and those who continue to fight for and defend us, including our dedicated first responders, against anyone or thing that threatens us and to help protect what matters most.

When was the last time you really thought about and remembered what matters most in your life? Maybe you feel like the wars in your life have taken away the precious and valuable people and places? Sadly, wars are designed to do that and the world is full of battlefields of broken hearts and fallen soldiers. Those battles and battlefields include fear, loneliness, abuse, abandonment, addictions, anger and countless other afflictions.

Whatever battles you face today, even those you have been fighting for a long time, you must keep fighting! I know it's not easy, not even close. But all battles must come to an end and to those left standing, or even to those barely breathing, go the victor's crown. Sometimes not giving up is a true victory and you are worth not giving up on! No matter who said you weren't worth it, or pushed you down; made you feel ugly, worthless, or unimportant; deep in your heart you know a different story. You know that there is much more to you than meets the blind and brash eyes of those who can no longer see your worth and beauty because they can no longer see their own. That's not a rut, it's a pitiful pit.

It's time to remember who you are and who you can be

It's time to remember who you are and who you can be. Stop scowling at your scars and start staring again at the stars. I'm not talking about wishful thinking, or forgetting that your past ever happened, but rather to realize that you are not your past. Life isn't about where you've been as much as it is about where you're going. Yes, you may have learned some lessons the hard way, but living a happy and fulfilling life is not about perfection, but the direction in which you're now headed. Remember that you are still in control of your own destiny. Despite the delays and detours, you will see that what lies between you and the rest of your life is not your painful past, but your full-of-potential present.

Have the courage to set foot upon life's battlefields one more time and raise your banner of new beginnings. You may even be a hero to someone else struggling and fighting the same battles you have learned and earned the victory over. There is still a hero inside of you, right now. Get back into the battles and may these be your finest hours!

Stuck in a rut? Email me at coreybaumgartner@hotmail.com

Obituaries

Patria Mary Sorenson



Patria Mary Sorenson, 91, beloved wife, mother, daughter, grandmother, sister, and dear friend left this life peacefully May 19, 2017 surrounded by her family in Kanab, Utah. Patria was born August 28, 1925 in Pocatello, Idaho and married Gordon Gail Sorenson on March 22, 1945 in Santa Monica, California. Gordon passed away May 31, 1981.

She worked 23 years for the telephone company and finished her working career with Zion Plumbing, retiring in December 2003. She was a valued employee who was loyal to her employers. She gained many friends and kept in touch with them throughout the years. One of her favorite memories was being handed the keys to the owners Corvette to run an errand. She also had a great relationship with the children of the owners.

Patria was a devoted member of the Church of Jesus Christ of Latter-day Saints and served in many callings. She enjoyed serving in the Relief Society presidency and being a visiting teacher. She faithfully attended the temple every Friday for many years, driving alone or with one of her friends. The announcement of a temple in Cedar City was especially joyful for her.

Patria began her married life in Richfield, Utah, but moved to Cedar City in 1952. She lived there for 52 years. In 2002, her son Jim moved to Kanab. When she came to visit, she told him she would never live in Kanab. A year and a half later, she sold her home in Cedar City and bought a home in Kanab. Then she would laughingly tease that one should never say never. She enjoyed Kanab, and made many friends who visited her often. In 2013, she decided to live with her son, Jim and his wife, Annie and was so happy to be able to spend time with them. She had a close and loving relationship with her son. She loved watching the Utah Jazz, listening to Tony Bennett, spending time with her family and loved traveling with her sister, Nancy. She loved visits from her grandchildren and great grandchildren. Her little dogs, Tiffy and Molly were her beloved companions. She will be fondly remembered by many.

Her survivors include her son Jim (Annie) of Kanab, Utah, her 2 brothers Richard (Kay) and Jon, three grandchildren, Travis (Sandy), Laura (Allan), and Nathan, and 9 great grandchildren. She is preceded in death by her mother and father, brothers, Tom and Alan, her sister, Nancy, and her identical twin, Carol.

Funeral Services will be at 11 a.m. on Thursday at the Cedar West Stake Center, located at 725 South 1100 West in Cedar City. A viewing will be Wednesday from 6 to 8 p.m. at Southern Utah Mortuary, located at 190 North 300 West in Cedar City and a viewing will be on Thursday from 9:30 to 10:30 a.m. at the Cedar West Stake Center. Interment will be in the Richfield Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent to www.sumortuary.com

Submitting an Obituary

There is no charge for obituaries of 400 words or less with up to two photos. Please email submissions to news@iron-countytoday.com or bring to 389 N. 100 West #12, Cedar City, Utah 84721. The deadline for submission is Monday at 10am. For pricing information for obituaries longer than 400 words, please call 435-867-1865 ext. 5.

DeMoin Sorensen



DeMoin Sorensen, age 89, passed away the morning of the May 12, 2017 at his home in Cedar City. He was born April 24, 1928 to Earl John and Effie Jane Lamoreaux Sorensen in Mt. Carmel, Utah.

DeMoin lived in Mt. Carmel as a boy and went to school at Valley High School in Orderville where he met Lucy Esplin. DeMoin Sorensen married Lucy LaRee Esplin December 11, 1948 in the St. George Temple. They have five children. They spent the first four years of their married life in the Mt. Carmel area. They have lived in Cedar City for 60 years.

DeMoin worked as a sheep herder, drove cows to the Arizona Strip, worked at the iron mine, become a heavy equipment mechanic, then became a farmer at Mt. Carmel for many years. He enjoyed having his children and grandchildren come and visit. There are many memories of Easter weekends and 4-wheeler rides to the caves. Dutch oven dinners were always a high light. Many helped with the farm work and had fun experiences with DeMoin. He most enjoyed having the entire family gather together. DeMoin and Lucy loved to ride horses and went on many rides with the Iron Ranger Horse Riding Club. DeMoin loved reading his newspaper and was a Jazz fan and would watch every game. He is a member of the Church of Jesus Christ of Latter-Day Saints. Many grandkids mentioned to him they learned how to work from working with him because he was such a hard worker and how he continued through all the years of his illness finding ways to be independent. He was a great story teller and recently we heard some new ones. He was a tough cowboy from the good ole days and that helped him through many difficult years. He was at times a tease and right up to his last day his sense of humor showed through.

DeMoin is survived by his five children: Jolene (Dave) Clark, Spanish Fork; Bryant (Catherine) Sorensen, Ghana Cape Coast Mission; Calvin (Jaylynn) Sorensen, Cedar City; Stanley (Debbie) Sorensen, Cedar City; Effie (Roger) Chappell, Cedar City; 29 grandchildren; 62 great grandchildren. Siblings: Erlene Blackburn, Dale Sorensen and LaDru (LaRue) Sorensen. He was preceded in death by his loving wife Lucy, his parents, great granddaughter Kira Plumb, brother Earl and his wife Colleen, brother-in-law Laddie Blackburn and Sister-in-law Margaret Sorensen.

The funeral services were last Saturday at the Mt. View Chapel at 4050 West on Highway 56. Viewings was last Friday from 6 to 8 p.m. at the church and last Saturday morning from 9 to 10:45 a.m. Interment was at the Orderville Cemetery.

The family would like to thank Mosdell Mortuary, and all medical personnel who helped DeMoin especially Ethan Bunker from Alliance Hospice for their tender care.

Ila KlingonSmith Robinson



Ila KlingonSmith Robinson, 86, was called home from this earthly life on May 12, 2017. Ila came into this world on July 14, 1930, the seventh of eight children born to Moroni D. KlingonSmith and Lois Joice Ashworth KlingonSmith. She lived her entire life in Cedar City, Utah. She spent her youth hiking the foothills, working on her father's farm and hanging out with cousins and friends on the east side of town. At the age of 16 she met the love of her life, Floyd James Robinson, a returned WWII sailor. They were married July 3, 1947 in Cedar City Utah and later sealed in the St. George LDS Temple on January 16, 1982. She graduated from Cedar High School and then started a family. In 1949 they welcomed a daughter, Floyejean followed by sons; Dennis Ray, Russell Dee, and Kevin Floyd.

She was a member of the Church of Jesus Christ of Latter-day Saints. She served for many years in the Primary organization, ward librarian, and in the Scouting program. In 2001 she was a recipient of the Silver Beaver Award, one of the highest Scouting awards. She had a love for genealogy and spent many hours doing research on her own family line and helping others. She had a heart of gold and would do anything she could to help others, even if she had to do without. She worked many years beside her husband and children in the Hide and Metal Recycling Business. Together Ila and Floyd taught their children the value of honest and hard work. Her greatest treasure was her family and time spent with them was her greatest love.

Ila is survived by her son Kevin Floyd (Tamara), 13 Grandchildren, and 27 Great Grandchildren, and one more on the way, Sister Carma McColloch, 3 Sister-in-Laws, and many Nieces and Nephews. Ila is preceded in death by her Parents, Husband Floyd, sons Dennis and Russell, daughter Floyejean, and grandson Tony.

Funeral services were last Friday at 11 a.m. at the Cedar City LDS Rock Church, located on 75 East Center St. A viewing 9:30 to 10:30 a.m. prior to the funeral. There also was a viewing last Thursday from 6 to 8 p.m. at the Rock Church.

Interment was in the Cedar City Cemetery under the direction of Hughes McArthur Mortuary. Visit www.hughesmortuary.com to leave condolences.

The family would like to extend a special thank you to all those who showed Ila friendship and kindness over the years.

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(Excludes May 13 & 14)

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Round-Up Platter • Creamy Chicken Pasta
Includes a Salad and a Side

Reservations Recommended
No Take Out

Religion

CHURCH Directory

26 students receive first communion at Christ the King Catholic Church

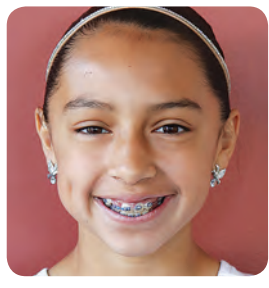
On Saturday, 26 students received the Sacrament of First Holy Communion at Christ the King Catholic Church. Father Robert J. Bussen presided over the Mass.



DAVID JUAREZ, child of Francisco and Veronica Juarez



CAMILLA MORRIS, child of Jesse and Carmen Morris



CATALINA ROGERS, child of Scott and Conny Rogers



ALEXANDER HERNANDEZ, child of Jose & Nicolasa Hernandez



MIGUEL HERNANDEZ, child of Jose and Nicolasa Hernandez



RUBY MICHEL, child of Melissa Jaime



JOAQUIN CUARA, child of Alfonso and Pricilla Cuara



ELIFELET MONTANEZ-AVILA, child of Edith Avila



MARIANA ORTEGA, child of Rocio Gudino



DANAE CUELLO, child of Miguel and Edith Cuello



EOWYN MAQUIN, child of Juana Elias



J'LEIGH BUSCHMAN, child of Donnie and Sarah Buschman



ANTONIO RODRIGUEZ, child of Juan and Ana Rodriguez



JASMIN URIBE, child of David and Cecilia Uribe



JONATHAN BECERRA, child of Araceli Gomez



MARITZA URIBE, child of David and Cecilia Uribe



ALEJANDRO GARCIA, child of Rita Pinales



GRACE CUELLO, child of Miguel and Edith Cuello



JACOB TAPIA, child of David Tapia and Graciela Nieto



SEBASTIAN UDAVE, child of Javier and Carolina Udave



SOPHIA AGUILAR, child of Matthew and Maria Malachowski



EVELYN URIBE, child of Jesus Uribe and Noemi Anguiano

Calvary Chapel
101 E. Nichols Canyon Rd.
Suite A-6, Cedar City
10 am - Sundays,
7 pm - Thursdays
867-8188

Cedar City Seventh Day Adventist Church
4571 N. Hwy. 91, Enoch
11 am - Saturdays
592-2142

Christ the King Catholic Church
690 S. Cove Drive, Cedar City
9 am & 7 pm - Sundays
Spanish Service
11:45 am - Sundays
586-8298

The Church of Jesus Christ of Latter-day Saints
Cedar City Stake
155 E. 400 South, Cedar City
586-8381
9 am & 11 am, - Sundays

Enoch Stake
3600 N. Minersville Hwy., Enoch
586-5950
9 am, 11 am & 1 pm - Sundays
Parowan Stake
90 S. Main St., Parowan
477-8929
9 am & 1 pm - Sundays

Church of Christ
1075 S. Fir, Cedar City
11 am Sundays
586-9534

Community Presbyterian Church
2279 N. Wedgewood Ln., Cedar City
10 am - Sundays
Childcare Available
586-8891

First Baptist Church
324 W. 200 North, Cedar City
11 am - Sundays
586-6994

Grace & Truth Fellowship A Church of Christ
195 W 650 S, Cedar City
10 am & 11 am - Sundays
6 pm - Wednesdays
238-3886

Grace Christian Church
845 West 200 South, Parowan
10:30 am - Sundays
7 pm - Wednesdays
590-1663

Kingdom Hall of Jehovah's Witness
620 E. Nichols Canyon R., Cedar City
7 p.m - Thursdays,
10 am - Sundays
867-1837

Light of the Valley Fellowship Church
995 S. Regency Rd., Cedar City (Brookdale Senior Solutions)
1:30pm - Sundays
590-7362

Mountain View Baptist Church
1160 S. 860 West, Cedar City
11 am & 6 pm - Sundays
865-1211

New Life Church
Spring Hill Suites
1477 S. Old Hwy 91, Cedar City
10 am - Sundays
233-0047

Parowan United Methodist Church
190 N. Main, Parowan
9:30 am - Sundays
6:30 pm - Thursdays
477-1334

Potters House Christian Fellowship Church
732 North Main, Cedar City
11 am & 6:30 pm - Sundays
7:30 pm - Wednesdays
695-8212

Red Hills Southern Baptist Church
4277 N. Wagon Wheel Dr., Enoch
10:45 am - Sundays
865-7068

Sonrise Christian Fellowship
201 E. 3800 N. Enoch (Gateway Academy)
10 am - Sundays
586-3640

St. Jude's Episcopal Church
70 N. 200 West, Cedar City
10 am - Sundays
586-3623

Trinity Lutheran Church
410 E. 1935 North, Cedar City
10 am Sundays
586-7103

True Life Center
2111 N. Main St., Cedar City
9 am & 11 am - Sundays
867-0405

Valley Bible Church
4780 N. Hwy 91, Enoch
11 am - Sundays
586-0253

Westview Christian Center
2624 W. Hwy 56, Cedar City
11 am - Sundays,
6:30 pm - Wednesdays
865-1550

If your church in Iron County is not listed in this directory or if any information is incorrect, please call 867-1865 or email news@ironcountytoday.com

PHOTOS COURTESY OF NANCY LEFORT

STATE SUCCESS



THE LADY RAMS FINISHED SECOND IN THE 1A STATE TRACK MEET THIS LAST WEEKEND while the Lady Reds were just shy of grabbing the 3A title from the Deseret Hills Thunder at the BYU track.



PHOTOS BY DAVID MINEER

STATE TRACK TOP 5 FINISHERS

Parowan

Girls medley relay: Lily Kerr, Alyssa Ulrich, Vanessa Lozano, Aubrey Pickett, 4th, 4:44.45.

Boys 3,200-meter run: Hunter Lorenz, 4th, 10:23.30.

Girls 100-meter dash: Autumn Rogerson, 2nd, 13.36.

Girls 400 meters: Rogerson, 2nd, 1:01.16.

Boys 300 hurdles: Ethan Guymon, 3rd, 41.88.

Girls 800 meters: Aubrey Pickett, 2nd, 2:31.39.

Girls 200 meters: Rogerson, 3rd, 27.40.

Girls 4x400 relay: Lozano, Taylor Robb, Emmy Evans, Pickett, 3rd, 4:23.84.

Boys 4x400 relay: Ryan Jeffries, Regan Hunt, Travis Gale, Trevor Bassett, 3rd, 3:43.47.

Girls high jump: Gabriella Hasemeyer, T-4th, 4 feet, 11 inches.

Girls long jump: Rogerson, 2nd, 15-5.75.

Boys long jump: Gale, 3rd, 19-7.75.

Boys discus: Daniel Horton, 5th, 127-5.

Cedar

Girls 1,600 meters: Mic Webster, 1st, 5:06.12; Kaysie Klemic, 5th, 5:17.60.

Boys 1,600: Jensen Lambert, 4th, 4:26.26.

Girls medley relay: Brinley Hess, Kaylee Brunson, Lexi Bird, Halsey Curry, 3rd, 4:20.68.

Boys medley relay: Derek Ball, Bailey Gray, Bryson Robertson, Danny Saunders, 4th, 3:38.21.

Girls 3,200 meters: Webster, 1st, 10:52.57; Harley Taylor, 5th, 11:26.84.

Boys 3,200 meters: Lambert, 2nd, 9:22.31.

Girls 100 hurdles: Hannah Sobel, 3rd, 15.61.

Boys 110 hurdles: Trenton Maurer, 3rd, 15.25.

Girls 100 meters: Julia Hunt, 2nd, 12.59.

Girls 4x100 relay: Brunson, Jasie York, Rachael Hunt, Julia Hunt, 2nd, 49.56.

Girls 400 meters: York, 2nd, 57.22; Rachael Hunt, 3rd, 58.38.

Girls 300 hurdles: Julia Hunt, 2nd, 45.60.

Boys 300 hurdles: Dylan Clements, 3rd, 40.00.

Girls 800 meters: Klemic, 1st, 2:17.74; York, 3rd, 2:18.46; Webster, 4th, 2:20.74.

Girls 200 meters: Julia Hunt, 2nd, 25.62; Rachael Hunt, 4th, 26.08.

Girls 4x400 relay: Hess, Bird, Summer Bryson, Rachael Hunt, 1st, 3:59.79.

Boys long jump: Clements, 1st, 22-6.5.

Canyon View

Girls 400 meters: Larissa Dabb, 5th, 59.65.

Boys 400 meters: Seth Dabb, 2nd, 48.57.

Boys 4x400 relay: Abe Huxford, Mitchell Wright, Britt Dunnell, Seth Dabb, 1st, 3:23.45.

Girls javelin: Yani Oshley, 4th, 113-11.75.

Cedar, Parowan girls finish second at 3A track meet

by Tom **ZULEWSKI**
Iron County Today

The Cedar Lady Reds had a girls 4x400-meter relay team that was looking to repeat as 3A state champions on the BYU campus May 20. The team of Brinley Hess, Summer Bryson, Lexi Bird and Rachael Hunt got what they came for, but the rest of the Cedar team fell just short of its second straight 3A state track title.

Desert Hills ruled in dominating

fashion as the boys and girls teams won the 3A title on the Clarence Robison Track. The Thunder boys finished with 131 points, comfortably ahead of runner-up Hurricane's total of 76, but the girls needed every point they could muster to hold off Cedar.

The Thunder girls team won with 164 points, just ahead of Cedar's 130. In addition to the 4x400 relay win (3:59.79), sophomore Mic Webster pulled off the distance double, win-

ning the 1,600 meters in 5 minutes, 6.12 seconds and repeating the feat in the 3,200 in 10:52.57.

Kaysie Klemic was the other event winner for the Cedar girls, as she stood on top of the podium for the 800 meters with a time of 2:17.74.

Cedar's boys team was fifth in the 3A standings with 45 points, and Dylan Clements won the long jump with a leap of 22 feet, 6 ½ inches.

Canyon View's boys 4x400 relay team of Abe Huxford, Mitchell

Wright, Britt Dunnell and Seth Dabb crossed the finish line first as the lone event winner for the Falcons with a time of 3:23.45.

In its final year as a 1A track program, Parowan's girls team finished second to Panguitch with 71.5 points, and the boys came in fifth with 48. Autumn Rogerson was a standout for the Rams with second-place efforts in the 100 meters, (13.36), 400 (1:01.16) and long jump (15-5 ¾).

Falcons eliminated by Warriors at 3A baseball

by Tom ZULEWSKI
Iron County Today

The Canyon View Falcons began their run at the 3A state baseball playoffs with what should have been a deflating loss to the Snow Canyon Warriors last weekend.

The Falcons pressed on, rallied to win the second Saturday game against Grantsville, and played with the "Nash Tough" mantra they displayed on their hats, worn in honor of Nash Zobell, a local child battling leukemia.

In what was clearly a bookend moment, Snow Canyon beat Canyon View again May 19 and put an end to the Falcons' postseason run.

The Warriors would score five runs in the fourth inning and add one in the sixth to pull away for a 13-6 victory at Brent Brown Ballpark in Orem. CV finished the season with a 17-10 overall record.

Snow Canyon – who went all the way to the state title game before falling to Dixie in dramatic fashion May 20 – pounded out 14 hits and took a 7-3 lead after scoring five runs in the

second inning.

Canyon View got three runs back in the top of the third to cut the lead to a run, but the fourth-place team from Region 9 had six of its hits go for extra bases, including two doubles from Braden Baker and a double and triple from Austin Deming.



Joey Lambeth and Tyrel Robinson each hit doubles and Colton Gochis had a triple among the Falcons' eight hits.

CV began its run through the one-loss bracket May 18 with two impressive victories, a 7-4 win over Bear River at Spanish Fork, and they beat Ridgeline 8-4 at Brent Brown Ballpark later in the day to stay alive.

The Falcons, who played an error-free game, jumped out to

a 6-0 lead after four innings against the Bears and added an insurance run in the top of the seventh. Bear River committed five errors and was eliminated with the loss.

Against the Riverhawks, Canyon View scored all of its runs in the top of the sixth inning to wipe out a 4-0 deficit and live on through one more game.

	Snow Cyn. 13
	Cyn. View 6



CANYON VIEW FALCON BASEBALL HAD ITS RUN AGAINST THE SNOW CANYON WARRIORS, which ended in an unexpected 13-6 loss this last weekend.

JR ROBINSON

Wasps eliminate Lady Reds from 3A softball

by Tom ZULEWSKI
Iron County Today

The Cedar Lady Reds, for all of the home run power they had during the season, found out just how much good pitching can silence good hitting at the 3A softball playoffs.

After scoring in the top of the first on a solo home run from Sage Oldroyd, Cedar was shut down the rest of the way as the Tooele Buffaloes raced to a 9-1 win in the opening game May 18 at the Spanish Fork Softball Complex.

The Buffaloes, the No. 2 seed from Region 10, strung together four two-out hits in a four-run fourth inning to take control of the game. They would add two more runs in the fifth and three in the sixth to knock the Lady Reds down to the one-loss bracket.

Waiting in the wings for a third time on the season, Cedar had to face their cross-town rival, the Canyon View Falcons. The Lady Reds trailed for a time, but scored five runs in the

sixth to break a 1-1 tie and stay alive with a 6-1 win.

Canyon View struck first with a run in the fourth as senior Kelsee Hyatt singled and scored, but Sage Oldroyd held the Falcons to just four hits over 5 2/3 innings. Amanda Cardon, Brittne Simcox and Japrix Weaver all had RBI singles in the tie-breaking rally.

For the second year in a row, Cedar was the last Region 9 team standing at the 3A playoffs, but saw its season come to an end with an 11-5 loss to Juab on May 19. The Lady Reds led 2-0 after a half-inning, but the Wasps – the Region 12 champion – responded with five runs in the fourth, two in the fifth and three more in the sixth to pull away.

Cedar had more errors (five) than hits (four) before rallying with three runs in the top of the seventh, all scoring on a home run from Oldroyd, her second of the postseason.

The Lady Reds did not graduate any seniors this season, and the Falcons will return to the Region 9 fold in 2018.

	Juab 11
	Cedar 5

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T-Birds Sign BYU Transfer Jamal Aytes

The Southern Utah basketball program and head coach Todd Simon have announced the addition of 6-foot-6 BYU graduate transfer Jamal Aytes to the Thunderbird family. Aytes is completing his undergraduate degree in June from BYU and will have one season to play this winter at SUU.

"Jamal is a big piece to our program next season. He brings a wealth of experience to our youthful roster. His size, strength, rebounding and ability to score in multiple areas will be a great asset," Simon said. "In addition, Jamal is a fantastic person that fits the character of our program and this institution."

The San Diego, Calif., native began his college career at UNLV before transferring to BYU where he played his sophomore and junior seasons.

This past season, Aytes appeared in 28 games, finishing with season highs of 12 points and five rebounds against Saint Louis.

Before UNLV, Aytes played at JSerra Catholic High School where he played for legendary coach Joedy Gardner. Aytes averaged 17 points and 10 rebounds over the course of his senior year of high school and was named to the All-CIF Southern Division 4AA Team. He was also nationally ranked by ESPN.com as the No. 66 power forward.

Aytes played AAU basketball for the Dream Vision under the guidance of coach Clayton Williams.

Southern Utah previously announced the signings of incoming freshmen Dre Marin, a point guard out of Arizona, Jordan Lyons, a 6'7" wing out of Ontario, Canada, and Je'rell Springer, a 6'6" guard from Las Vegas. The Thunderbirds also signed Jamil Jackson, a 6'6" junior college wing out of Minnesota, and 2 transfers, Cameron Oluyitan, a 6'6" wing from Boise State and Andre Adams, a 6'9" forward from Arizona State.

Former Thunderbird continues basketball in South America

Former Lady T-Bird Jessica Richardson has had a busy spring. Since playing her last game as a Thunderbird in February, Richardson has graduated from Southern Utah with a degree in Exercise Science and launched her professional basketball career abroad.

Back in April, Richardson joined La Liga Femenina de Básquetbol, a professional women's basketball league in Argentina, as a member of Hindu Club de Resistencia. The team has only played four games since the start of the season three weeks ago, but Richardson has already proved her worth, earning

more minutes on the court and leading the team in rebounds in their last two games.

In four games, Richardson has hit double digits in rebounds twice, including her first professional double-double (14 points, 18 rebounds) last Sunday. The Kaysville, Utah native has also played a full 40 minutes in her last two starts, both coming on back-to-back days.

All La Liga Femenina games are streamed live on their website and



FORMER SOUTHERN UTAH UNIVERSITY ATHLETE JESSICA RICHARDSON plays professionally for the women's league in Argentina.

archived games can be found on their YouTube channel.

SUU golf athletes wrap up season at NCAA Regional Competition

The 2016-17 campaign came to a close for SUU's Fidel Concepcion last Wednesday, as he wrapped up play at Stanford Golf Course and NCAA

Regional Competition.

The junior from Sydney, Australia, shot his highest round of the event last Wednesday, carding an 82. That score brought his three-round score to a 19-over 229 (75, 72, 82).

Concepcion was able to record nine pars through the third and final round, but had to score a bogey or higher on the other nine.

Oklahoma's Brad Dalke was the top player on the leaderboard at the end of competition, scoring 12-under over the



PHOTOS COURTESY OF SUU

SUU'S FIDEL CONCEPCION ended his golf career last Wednesday at NCAA Regional Competition on the Stanford Golf Course. Concepcion is the third golfer in SUU history to go to regionals as part of the Division I competition.

three rounds.

On the team side of things, Stanford and Baylor tied for the title as both teams shot a 823.

Concepcion had a historic season for the Thunderbirds, becoming only the third golfer since the program moved to Division I that moved on to Regionals.

"We're proud of what Fidel was able to accomplish through the course of the season, and it was great for him to be able to represent the university on a national stage," SUU head coach Richard Church said.

SUU tennis announces signing contract of Las Vegas resident

The Southern Utah men's tennis team and head coach Sadhaf Pucher are proud to announce the signing of Cesar Castro. Castro comes to Southern Utah from Las Vegas, Nevada where he holds a 23-18 record in junior play.

"Cesar is a great addition to our Thunderbird family," Pucher said. "His growth in the juniors this past year has been very impressive with his national ranking improving 300 spots and his sectional ranking improving 30 spots."

After years of training at the Darling Tennis Center in Las Vegas, Castro finished third in the state in singles and won his sectional in doubles in his senior season.

"I believe he is one of those juniors who will peak during his college career. His work ethic and drive will be a great fit for our program," Pucher said.

Time for change has come

With the completion of state playoffs for spring sports and summer vacation upon us, the Utah High School Activities Association is about to embark on a big-time change when school resumes in August.

For the first time, all sports will be grouped into six classifications statewide, and the effects are numerous for the schools in our area.

As we've documented, Canyon View has officially returned to Region 9, reuniting with Cedar, Dixie, Desert Hills, Pine View, Snow Canyon and Hurricane after two years away. The group will be bumped up a notch to the 4A ranks and there's one notable change for the playoffs.

After two seasons where all six teams from 3AA South advanced to the playoffs, only the top four earn that honor in Region 9 in 2017. A total of 25 schools dot the new 4A landscape.

Region 10 will be brand-new with Mountain View, Orem, Payson, Salem Hills, Spanish Fork and Uintah.

The former 3AA North schools will scatter between Region 11 (Park City, Stansbury, Tooele and Ben Lomond) and Region 12 (Logan, Bear River and Ridgeline). Bonneville and Ogden will be the new additions to Region 11, while new school Green Canyon, Mountain Crest and Sky View round out Region 12.

Parowan will stay as a 1A school for football, forming a 1A South region with Kanab, Milford and Monticello. Diamond Ranch, who won the 1A state title in 2015, elected to drop its football program.

For all other sports, the Rams will move up to 2A and be part of a new Region 18 with Beaver, Enterprise, Gunnison, Kanab, Millard and North Sevier.

Josh Bennett will return for his third season as head coach of the Cedar Redmen, while Skylar Miller was hired in December to take over the program at Canyon View. Parowan is searching for a new head coach.

» **Also on the coaching front**, it was disappointing to gain the knowledge of John Alison's resignation as Cedar High girls basketball coach last week. He posted a .636 winning percentage over a decade and took his 2016 team to a 3A state title game for the very first time.

But at the end of the day, circumstances that surround real life tend to get in the way.

Coaches at the high-school level don't make a big pile of extra money for what they do. The financial payoff comes in a small amount after a season ends. In the meantime, not only are they dealing with preparing their teams for games and doing their best to build chemistry, but with star-struck parents who live athletic glory through their children and will do whatever they feel necessary to convince them their son or daughter is worthy of more playing time.

That's why it was hardly surprising when Alison told me he has no plans to return to coaching. He accepted a job teaching 8th-grade math at a middle school in Vernal, and his wife, Kami, will teach at Uintah High.

When the negative elements build up over time and start getting in the way of everything else that's good in life, that's the biggest sign it's time to move on.

After 30 years at Cedar High, former football coach Todd Peacock – who resigned his position after the

Winning isn't everything. It shouldn't be the only thing, either



RANDOM Thoughts

by Tom ZULEWSKI
Sports Writer

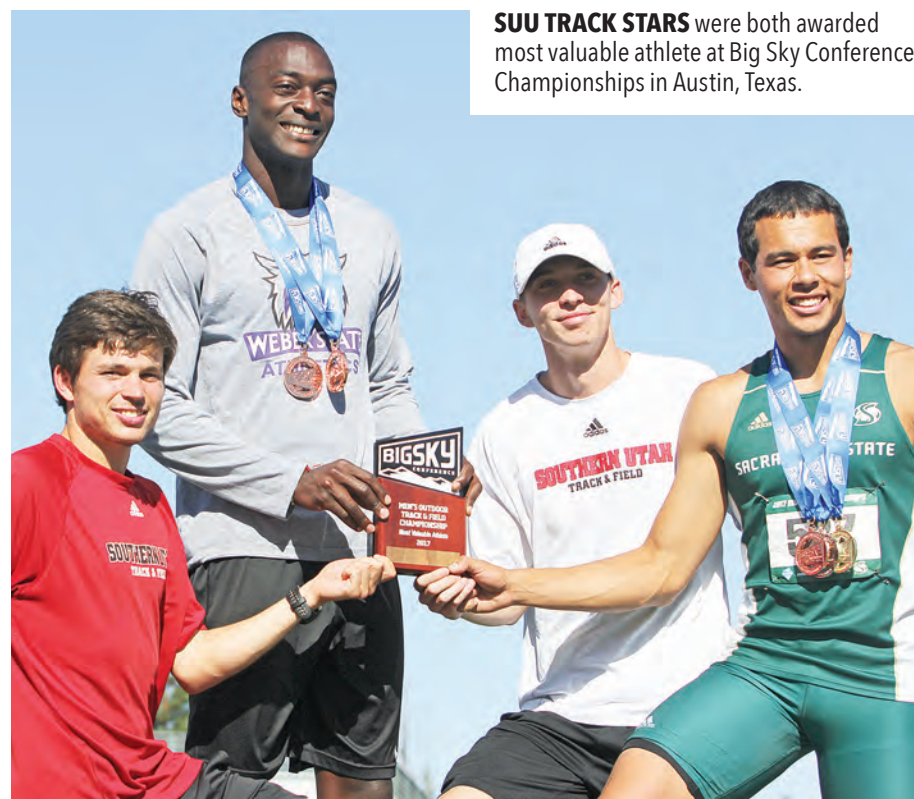
2014 season – is retiring and heading to Vernal to become the head coach at Uintah High this fall. Peacock will work next season unpaid due to state retirement rules.

» **And one more administrative departure to share:** Canyon View athletic director Jim Langford has stepped down after five seasons to take over as the principal at Juab High. One of the last coaching hires before he left was Jaycee Slack, who will lead the varsity girls basketball program at just 22 years old.

Slack told me last week she had several of her junior varsity team parents recommend her for the job. Now that Slack has it, only time will tell how the relationships change.

Winning isn't everything. It shouldn't be the only thing, either.

Follow Tom Zulewski on Twitter @ TommyZee81 or email tominator19@yahoo.com.



SUU TRACK STARS were both awarded most valuable athlete at Big Sky Conference Championships in Austin, Texas.

COURTESY OF SUU

SUU track stars awarded most valuable athlete award at conference

by SUU ATHLETICS STRATEGIC COMMUNICATIONS
For Iron County Today

CEDAR CITY, UT — At the conclusion of the 2017 Big Sky Outdoor Track and Field Championships the conference gave out the award for Men's Most Valuable Athlete. This year it wasn't just one athlete that received the honor, it was four, two of which were from Southern Utah.

Kasey Knevelbaard and Mike Tate, who both secured two event championships and both scored 20 points for the Thunderbirds, were two of the recipients of the award.

"Obviously, it's a huge honor, there's a lot of really great athletes in the Big Sky," Tate said. "To receive it with three other great athletes was awesome, and to be up there with one of my teammates who I've been training with all year made it extra special."

Knevelbaard said the hard work and preparation that SUU head coach Eric Houle set up for the athletes has pushed them to the point that they can contend for awards like that.

"It's a huge testament to what coach Houle is doing here," he said. "He's taken one middle distance and one long distance athlete, and scored 40 points. It's just a huge honor."

As a whole, SUU's distance team

had an extremely strong showing at the conference championships claiming the event title in the 800-meter, the 1,500-meter, the 5,000-meter and the 10,000-meter and earning several other points in those events.

"It's pretty crazy because we have the cross country national champions in our conference, and to go in and destroy all the distance events showed we're here to play and that we're serious," Knevelbaard said.

Tate said he will keep the award with the others he has received, and will make sure his mom is one of the first people to see it.

"I put them up on my wall in my room, and I usually send a picture to my mom," he said. "Usually the first time I go home after winning an award I usually take it home to show my mom, dad and family in person."

Knevelbaard and Tate shared the award with Sacramento State's Michael Turner

and Weber State's Alex Reece. This marked the first time in the history of the conference that the award was split four ways. Both Turner and Reece were responsible for 20 points, not counting points gathered from relays.

Several Thunderbirds will be continuing their season at NCAA Regional competition in Austin, Texas. The official field for Regionals will be set on Thursday.

"It's a huge testament to what coach Houle is doing here"

— Kasey Knevelbaard

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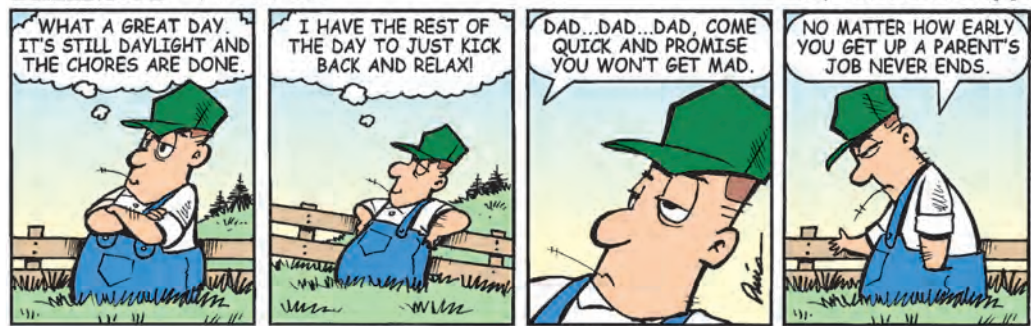
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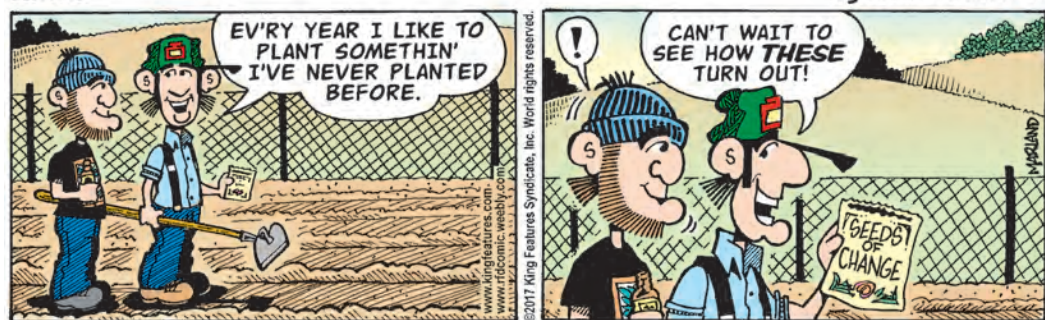
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by Dave T. Phipps



R.F.D.

by Mike Marland



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by Jeff Pickering



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by Linda Thistle

	7			3				6
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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Tail is shorter. 2. Number is different. 3. Leash is missing. 4. Cone has less ice cream. 5. Neckline is different. 6. Trash can is missing.

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King Crossword

ACROSS

- 1 Nuclear energy source
- 5 Pigpen
- 8 Hairdresser's item
- 12 Pop
- 13 Raw mineral
- 14 Hawaiian feast
- 15 Desert-like
- 16 Painting, sculpture, et al.
- 18 Conifer exudation
- 20 Lascivious
- 21 Two, in Tijuana
- 22 Owns
- 23 Hodgepodes
- 26 Reception amenity
- 30 Coop dweller
- 31 Ewe's mate
- 32 Altar affirmative
- 33 Tram, usually
- 36 Otherwise
- 38 Grecian vessel
- 39 Supporting
- 40 Pedro's pal
- 43 TV schedules
- 47 Oscillation rendering
- 49 Locate
- 50 Picture on a PC
- 51 Zero

1	2	3	4		5	6	7		8	9	10	11
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47						48				49		
50						51				52		
53						54				55		

- 9 What we share
- 10 Dillon or Damon
- 11 Not idle
- 17 Verve
- 19 "Help!"
- 22 That guy
- 23 Resistance measure
- 24 Garland for 14-Across
- 25 Hostel
- 26 Series of battles
- 27 Crib
- 28 Big bother
- 29 Deteriorate
- 31 Scooted
- 34 Oregon city
- 35 Singer Sheryl
- 36 Charged bit
- 37 Painting on plaster
- 39 Profession
- 40 Unrepaired
- 41 Isinglass
- 42 Privy to
- 43 Roman 57
- 44 "Once — a time ..."
- 45 Shetland, for one
- 46 Underworld river
- 48 Moreover

DOWN

- 1 Pronto, on a memo
- 2 Spelling of TV
- 3 Valhalla VIP
- 4 Got by somehow
- 5 Couches
- 6 Stumble
- 7 Longing
- 8 Contract section

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4	3	9	7	8	6	1	5	2
2	5	8	1	9	3	4	6	7
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8	2	6	9	3	4	7	1	5
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6	8	4	2	1	7	5	9	3
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Answer

Weekly SUDOKU

X	N	O	D	D	D	E	N	S	A	N	S
N	O	C	I	L	I	N	N	O	C	I	
T	O	P	S	A	V	A	L	E	S	I	N
A	M	I	G	L	I	N	E	O	G	S	
F	O	R	F	O	R	N	U	R			
O	N	I	F	I	C	A	R	N	I	N	
I	D	O	R	A	M	R	A	M	H	E	N
B	A	R	W	I	N	S	O	I	L	O	
S	H	A	S	S	O	D					
P	I	N	E	S	A	P	P	I	N	E	
A	R	I	D	F	I	N	E	A	R	T	S
S	O	D	A	O	R	E	L	U	A	B	
A	T	O	M	S	T	Y	C	O	M	B	

Solution time: 21 mins.

Answers

King Crossword

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Trivia test

by Fifi Rodriguez

- HISTORY:** What charge did Spiro Agnew plead no contest to after he resigned as U.S. vice president in 1973?
- BUSINESS:** What company manufactured the Walkman portable audio cassette/tape players?
- U.S. POLITICS:** Who was Gerald Ford's running mate in 1976?
- MEASUREMENTS:** How many seconds are in a year?
- LANGUAGE:** What is a tonsure?
- GEOGRAPHY:** What group of islands does Tahiti belong to?
- GENERAL KNOWLEDGE:** What does the Hornbostel-Sachs system do?
- ENTERTAINERS:** What actress/TV host was born with the name Caryn Johnson?
- EXPLORERS:** Who was the first person to fly solo between Hawaii and the continental United States?
- ANATOMY:** What is a common name for the patella?

- Income-tax evasion; 2. Sony; 3. Bob Dole; 4. 31 million; 5. A shaved head; 6. Society Islands; 7. It classifies musical instruments; 8. Whoopi Goldberg; 9. Amelia Earhart; 10. Kneecap

Trivia Test Answers

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Full \$999
Queen \$999
King \$1,699

Cherry Opal
Pillow Top
Set w/ Up Adj.
Sealy **\$1,299**

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Full \$1,299
Queen \$1,299
King \$1,799

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