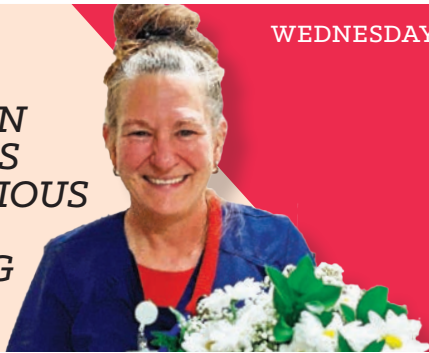


INSIDE...

LOCAL RN
RECEIVES
PRESTIGIOUS
'DAISY'
NURSING
AWARD



WEDNESDAY, FEBRUARY 8, 2023

IRON
COUNTY

today

LOVE YOURSELF MORE THAN HE SAID HE DID.

Join now as an Ultimate Member
and pay **ZERO enrollment** with
no commitment.

PROMO CODE: **ZERO**

**GET
REAL**

Retro Fitness

Valid for new members only. Not combinable with other offers. At participating locations.



WEBSTER
ORTHODONTICS

415 N. MAIN ST., SUITE 304
CEDAR CITY, UT 84721
435.867.9172 | WEBSTER-SMILES.COM



BEAUTIFUL SMILES FOR A LIFETIME

Most Insurances Accepted

CALL US TODAY FOR YOUR COMPLIMENTARY CONSULTATION!

Winter PHOTO CONTEST

Top photos will be featured in our next issue of Color Country Magazine!

Complete contest details/rules & enter your photo at IRONCOUNTYTODAY.COM

sports

- 4 Opinion
- 9 Showcase
- 12 Life
- 20 Sports
- 26 Classifieds
- 29 Comics/Puzzles

Falcons Rally falls short against Carbon



IRON COUNTY



Rep. Stewart introduces social-media ban for Kids

WASHINGTON — Rep. Chris Stewart (R-UT) introduced the Social Media Child Protection Act, which would make it unlawful for social media platforms to provide access to children under the age of 16. The rates of teen and adolescent depression, anxiety, and suicide have risen at unprecedented levels since the emergence of social media.

“Our nation’s young people are facing an unprecedented mental

“The damage to Generation Z from social media is undeniable – so why are there no protections in the digital world?”

Rep. Chris Stewart (R-UT)

health crisis,” said Rep. Stewart. “More than 40 percent of teenagers say that they struggle with feelings of sadness or hopelessness, and more than half

of parents express concern over their children’s mental well-being. There has never been a generation this depressed, anxious, and suicidal – it’s

our responsibility to protect them from the root cause: social media.

“To all those who say this would be an overstep by our government, I understand your concern. And I share your ideological belief that more government usually makes life worse, not better. But we have countless protections for our children in the physical world – we require car

see **BAN** » 8



A HERO'S HONOR

STORY IN LIFE

Cedar City Historic Preservation Commission planning Railroad Centennial Celebration

by Gabrielle Costello

CEDAR CITY PUBLIC INFORMATION OFFICER

The Cedar City Historic Preservation Commission is planning a week-long celebration for the 100th anniversary of the first train arriving in Cedar City, which played an important role in our regional tourism, commerce, and agriculture efforts.

The celebration will take place June 19th through June 24th, 2023, and will include mural unveilings, various parties and receptions, school programming, photo opportunities, and a reenactment of the first passenger train arriving in Cedar City in June of 1923 featuring President Harding.

The Historic Preservation Commission is currently working on gathering stories, artifacts, and old photographs from the 1920s time period to include in the celebration when the Union Pacific Railroad was brought to Cedar City as part of the National Park Service.

If you have any historical pieces to share, please contact the Historic Preservation Commission Chair, Aleese Cardon, by email at: Aleese.Cardon4@gmail.com.

Since the first train arrived in Cedar City, our unique town has grown full steam ahead in community and commerce.



COURTESY CEDAR CITY CORPORATION

AFFORDABLE DENTISTRY

Why pay more than you have to?

- Dental Implant, Abutment, & Crown **\$1500/tooth**
- Custom Dentures **\$750/plate**
- Immediate Dentures **\$550/plate**
- Zirconia Crowns **\$525/tooth**

Smiles RESTORED

FREE CONSULTATION

FOR DENTAL IMPLANTS, DENTURES, AND IMPLANT DENTURE SYSTEMS.

— Includes X-Ray —

Restrictions apply. Mention discounted fee when booking appointment. Please call for details. Cannot be combined with any other offers. Insurance will be billed under contract rate if applicable.

\$59
NEW PATIENT SPECIAL
EXAM • XRAY • CLEANING
(for patients without dental insurance)

Cedar City Regional Airport Master Plan Public Meeting #2 announced for Feb. 23

by Gabrielle Costello

CEDAR CITY PUBLIC INFORMATION OFFICER

CEDAR CITY — Cedar City Regional Airport is holding the second public meeting for the Airport Master Plan. This meeting will provide an overview of the airport and regional economics, a comprehensive inventory of the airport facilities, and a forecast of aviation demand. This information provides the foundation for the remainder of the planning process. A key component of this phase is the identification of the critical aircraft, which will determine the FAA design standards for the airport as development occurs. The community is encouraged to attend this meeting which will take place on Thursday, February 23rd from 5:30–7:30 p.m. at Festival Hall, 105 North 100 East, Room #5. Updates and additional information will be made available online at: www.cdcmasterplan.com and www.cedarcity.org/airport.



COURTESY CEDAR CITY CORPORATION

The Cedar City Regional Airport is ready to fly into the future by creating a foundation of improved developments and capabilities.

Senate GOP introduce Concealed-Carry Reciprocity Bill

WASHINGTON, D.C. — Sens. Mike Lee (R-UT), John Cornyn (R-TX) and Bill Hagerty (R-TN), along with 42 of their Senate colleagues, introduced the Constitutional Concealed Carry Reciprocity Act, which would allow individuals with concealed carry privileges in their home state to exercise those rights in any other state that allows concealed carry, while still abiding by that state’s laws.

Of the bill, Sen. Lee said, “As a proud constitutional carry state, Utah has always valued the right of its people to keep and bear arms. Now, in a post-Bruen world, we have the ammunition to jealously defend the Second Amendment rights of all Americans. It defies logic that we allow individuals to use their home-state license to drive in another state but not concealed carry. I’m proud to cosponsor this commonsense legislation to protect the Second Amendment rights of law-abiding Americans.”

Of the bill, Sen. Cornyn said, “I’m proud to support law-abiding gun owners across America with

this commonsense legislation that would let them concealed carry in all states that allow it. This legislation strengthens two of our most fundamental constitutional protections – the Second Amendment’s right of citizens to keep and bear arms and the Tenth Amendment’s right of states to make laws best-suited for their residents – and I’m grateful to 44 of my Republican Senate colleagues for joining me on this important bill.”

Of the bill, Sen. Hagerty said, “The constitutional right of self-defense should not disappear simply because an individual crosses state lines. I’m pleased to join my Senate colleagues in this commonsense legislation to ensure that law-abiding Tennesseans who are permitted to carry a concealed firearm are able to exercise that right in other states, consistent with those states’ laws, without having to obtain a separate permit.”

Background on the Constitutional Concealed Carry Reciprocity Act:

Allows individuals with concealed carry privileges in their home state to

exercise those rights in any other state with concealed carry laws.

Treats state-issued concealed carry permits like drivers’ licenses where an individual can use their home-state license to drive in another state, but must abide by that other state’s speed

limit or road laws.

Protects state sovereignty by not establishing a national standard for concealed carry.

This legislation is endorsed by the National Shooting Sports Foundation and the National Rifle Association.

You could get up to

\$3,500

within minutes of filing.

0% interest Refund Advance loan

Offer available: Jan. 3 – Feb. 28

Visit us at:

112 S MAIN
CEDAR CITY, UT 84720
435-586-6802

This is an optional tax refund-related loan from Pathway, N.A. It is not your tax refund. Loans are offered in amounts of \$250, 500, 1,000, \$1,250 or \$2,500. Approval and loan amount based on expected refund amount, eligibility criteria, and underwriting. If approved, funds will be loaded on a prepaid card and the loan amount will be deducted from your tax refund, reducing the amount paid directly to you. Tax returns may be filed without applying for this loan. Fees for other optional products or products featured below may apply. Limited time offer at participating locations. H&R Block License No. FR-2, CE1P1813696. ©2022 H&R Block, Inc.

\$25 Off

tax preparation

for Cedar City H&R Block clients

Bring in this coupon and get a discount on your 2022 personal income tax return when you visit H&R Block.

Discount may not be combined with any other offer or promotion. Valid at participating U.S. offices. Void if transferred and where prohibited. Discount valid only for tax preparation fees for an original 2022 personal income tax return. Coupon must be presented prior to completion of initial tax office interview. No cash value. Expires April 30, 2023. Code: 67682



CHECK US OUT ONLINE...

ironcountytoday.com



opinion

FROM THE EDITOR

It snowed again?

Don't worry, I'm not going to complain about the much needed moisture. Though, I'm not going to be relying on Siri anymore, or the math of meteorologists. I didn't measure Sunday's benevolent blizzard, but I'm pretty sure the inches received were not the inches perceived prior to the storm. Unless, of course, 1 inch now equals 6 inches when it comes to snowstorms?



COREY BAUMGARTNER
MANAGING EDITOR

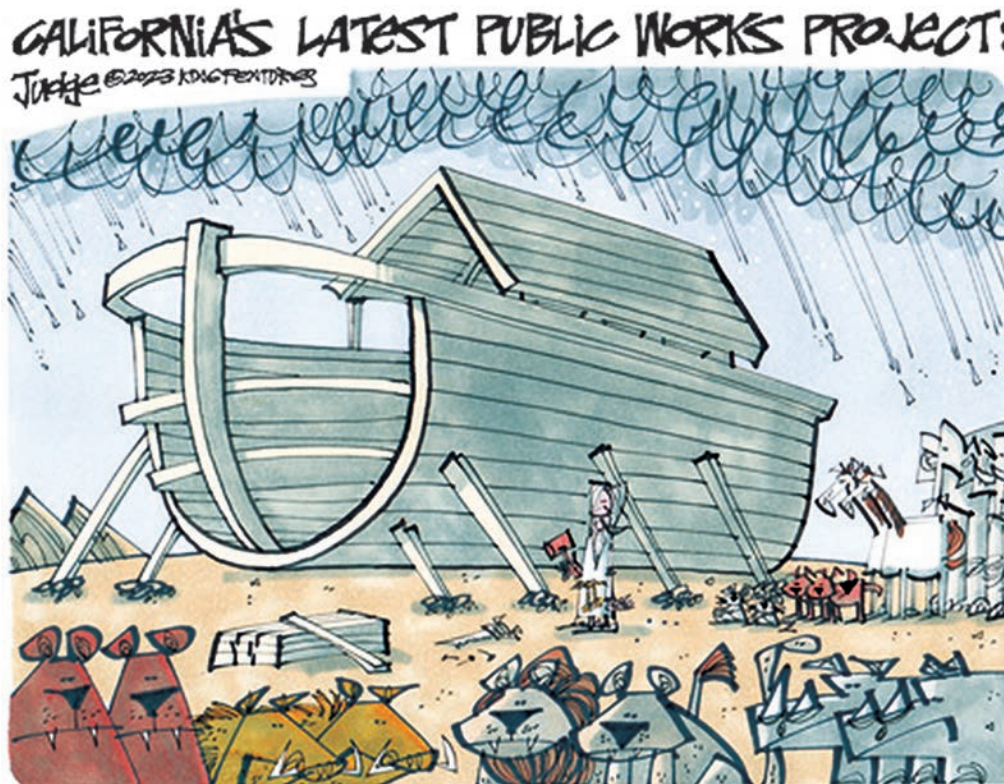
Perhaps our recent unbalanced blizzards are what prompted the comment I overheard from overhead as I shoveled beneath the stairs at an apartment

complex, "It snowed again!?" I don't know if it was just an observation, but there was some frustration, and perhaps rightfully so.

It's alright to be frustrated, especially when you're already under the weather when the weather takes you by surprise. Yes, pay attention to and plan accordingly for the weather, even though predictability is becoming less reliable. And yes, thank you to everyone with a snowplow, snow shovel, and/or Ice Melt. Your work does not go unneeded or unnoticed.

I was also thinking, are there other services for those in our community who are stuck, even trapped in their homes because they cannot shovel themselves out? Is there a hotline for cold times when someone needs to go to the store or even has an emergency but they can't even get to their car because of the snow and ice? Just a question, perhaps even a business proposition?

Regardless, I hope we will each keep our eyes and ears open and do what we can for ourselves and others to keep ourselves warm, safe and connected as winter continues its benevolent barrage of blizzard benefits.



QUOTE OF THE WEEK

"All you need is love. But a little chocolate now and then doesn't hurt."

Charles Schulz

WORD OF THE WEEK

FUTILE

Pointless, Fruitless, In vain.

If you follow a futile furrow, don't get hostile, change course.

Selling the sales-tax suggestion

Bryan Gray is a syndicated contributor, not an employee. His opinions are solely his own and not those of the Publisher, Editor, Staff or Iron County Today.

spouse runs up a bill (with your knowledge) on your joint credit card for purchases at Nordstrom or Home Depot, you cannot just balk at paying. All you can do is work

Republicans cut back the additional funds for the Internal Revenue Service. As much as you might despise and fear the IRS, it's one of the few governmental agencies that brings in money rather than spending it. In halting funding, the Republicans are rewarding tax cheats, not average taxpayers.

But the GOP deserves credit for House passage of the Fair Tax Act, which if rewritten could lead to a fairer system by substantially reducing the federal

income tax and instituting a federal sales tax.

Our current income tax is a mess. If you want to avoid income tax, just avoid regular income – and the wealthy do just that. (Remember Donald Trump publicly saying he was "smart for not paying income taxes.") Since the late 1970s, the average tax rate paid by the wealthiest sliver of Americans has fallen

Since the Grand Old Party gained a majority in the U.S. House, the Republicans have made several missteps, one of which could raise havoc with the U.S. economy. At the same time, however, some conservatives are rightly pushing for a potential replacement of the federal income tax.

On the negative side, the GOP (including all four of our congressmen) are playing with fire – torching the economy – by refusing to raise the national debt ceiling. Granted, spending is out of control, but the raise in the debt ceiling simply says the country will pay its bills, those already voted on and spent by Republicans and Democrats.

Look at it this way: If your

with your spouse at reducing future spending.

Not raising the debt limit makes America a deadbeat, catastrophic for interest rates and cost of goods. The impact of a slacker nation not paying its bills will mean delays or cutbacks in military/government paychecks and Social Security/Medicare/Medicaid payments, affecting a majority of American citizens.

Making it even worse,

cyclops
Bryan Gray
bgray@aplhagraphics.com

see **SALES-TAX** » 8



389 N 100 W, Suite 12
Cedar City, Utah 84721

Ph: 435-867-1865

Fax: 435-867-1866

IronCountyToday.com



ADMINISTRATION

R. Gail Stahle
PUBLISHER
gail@ironcountytoday.com

Rosie Sevier
OFFICE MANAGER
officemanager@ironcountytoday.com
435.867.1865 Ext. 1

ADVERTISING

Scott Stahle
SALES REPRESENTATIVE
scott@ironcountytoday.com
801.755.5999

Patti Bostick
SALES REPRESENTATIVE
patti@ironcountytoday.com
435.592.1030

EDITORIAL

Corey Baumgartner
MANAGING EDITOR
news@ironcountytoday.com
435.867.1865 Ext. 6

Tom Zulewski
SPORTS REPORTER
tominator19@yahoo.com

LAYOUT/DESIGN

Devin Christ
CREATIVE DIRECTOR
design@ironcountytoday.com

CIRCULATION

Jennifer Springer
S. CEDAR CITY
jennifer@ironcountytoday.com
702.824.2573

CIRCULATION, CONT.

Justyn Gallego
N. CEDAR CITY/ENOCH
justyn@ironcountytoday.com
435-704-8330

Wendy Hanson
PAROWAN/PARAGONAH
wendy@ironcountytoday.com
435.477.9100

Romney discusses debt ceiling, TRUST Act & priorities for 118th Congress

WASHINGTON, D.C. — U.S. Senator Mitt Romney (R-UT) joined KUTV for a wide-ranging interview on the debt ceiling, his TRUST Act, and his priorities for the 118th Congress.

On the Debt Ceiling:

Do you believe that the President is going to need to negotiate where we're going to have the possibility of having some conditions met to maybe change how much money we're spending? Or does the debt ceiling just need to be raised? And then we move on to how much we spend?

There's an expression that's been used around Washington for a long time, and that is never take a hostage you're not prepared to shoot. And the reality is we shouldn't take the debt ceiling as a hostage because we're certainly not willing to shoot it. It would be unacceptable for us to say we're going to stop all payments, not just interest on the debt, but Social Security payments, Medicare, Medicaid payments, veterans' benefits—we're going to stop all of that. That is simply unacceptable. Nevertheless, raising the debt ceiling has, in the past, been used as an opportunity for us to find ways to reduce spending, and that's something we badly need to do. So, I'm hopeful that the House that's taking the lead in this regard will be able to work with the White House, and the White House needs to negotiate to say, okay, we need to work together to restrain spending and see if we can't get closer to a balanced budget.

How do we make a change where we're not having to make the same decision about raising the debt ceiling and spending more and more money that we don't have? Are there realistic ways moving forward that both sides can come to the table?

The focus should really be on the appropriations process—the budget setting process that goes on every year. The reason we're having to raise the debt ceiling is because of what was passed over the past years in the budget. So, as we look at the coming year budget, we need to have a process which allows us to look at each aspect of federal spending one by one, have amendment votes for either reducing or expanding spending at a particular area. We have to find a way to balance all of our spending with our revenues.

On the TRUST Act:

We have a lot of things that are maybe not going to be solvent, whether it's 10 or 15 years down the road, whether it's Social Security or other spending packages. How do you believe that we can change how we're spending money there and actually move forward in a way where we're not having these concerns year after year?

I think one of the surprises that a lot of people have when they look at federal spending is that one-third of federal spending we actually vote on. That's the so-called budget, one-third. And that was the \$1.7 trillion budget, the omnibus that was voted on last December. And everybody gets focused on that. But don't forget two-thirds we don't vote on. That's the non-discretionary, the mandatory, the entitlement. And that's an area where the deficit has been large and has been adding to our debt. And so my TRUST Act is designed to create rescue committees to save Social Security, Medicare, Medicaid, and the Highway Trust Fund from becoming bankrupt, which they're scheduled to do over the next few years. So we need to make sure that we save those programs, we balance the

spending there. That's the only way we're going to be able to finally rein in the deficit and reduce the amount of debt our country has.

Do you have support from Democrats right now on this? Is this something that you believe you'll be able to move forward with and get some agreement on?

The good news is that we had a, if you will, a practice vote on this some months ago and about 71 senators voted in favor of the TRUST Act. They'll get weak knees as time goes on, they'll face a lot of resistance. But we have a number of Democrats that are sponsoring this bill, both in the House and in the Senate, along with, of course, a number of Republicans. So there's real recognition that we have to finally address the imbalance that exists in our entitlement programs and to make sure they stay solvent.

Is this something that could be part of the process in this year's discussions about budgeting and how we move forward? Or is this something that probably won't be even realistic to talk about or deal with until next year?

Interestingly, Senator Manchin has been speaking with the Speaker of the House, Leader McCarthy, and has talked to him about this TRUST Act and perhaps including it in the debt ceiling package. And I believe it's possible that it will be seized upon by the members of the House—Republicans and Democrats—to say, hey, let's put this in the package and begin a process of making sure that we save Social Security.

I think a lot of people see what you do in Washington and on the Senate side believe that you have a little of that middle ground where you can talk to other Democrats and talk to Republicans and find the way forward that both sides can agree on. Do you believe that you can be that kind of negotiator on budget issues?

The funny thing about Washington is that when people are running in campaigns, they pretend like their side is going to get everything they want. And the reality is our country is divided almost 50-50. And in order for something to become law, not just to become a campaign theme, but to become law, it requires Republicans and Democrats to find enough agreement to actually pass it. And so I am one of those that over the last several years, I've been able to work with a number of Democrats to find some common ground. We don't agree on everything. We actually disagree on most things, Republicans and Democrats. But there are a number of us that have found enough areas of agreement that we've gotten things passed.

On Priorities for 118th Congress:

I want to talk a little bit about your congressional priorities as we go into this new year. What are your goals are right now? What are you focused on and what are your constituents back home saying?

The high priorities for me are number one with regards to our spending to make sure that we can find a way to save Social Security, Medicare, Medicaid, save our military, and get to a balanced budget that we don't just keep on adding trillions of dollars to the national debt that represent the greatest threat to our economy and to our nation. And so my TRUST Act is one way of approaching that. But there are other things we're working on as well to try and rein in spending, so that that's number one.

see **ROMNEY** » 7



Valentines for Her

Beef Filets \$20.50/lb
Beef Rib Eyes \$16/lb

SUPERBOWL SMOKIN' GRILLING FOR HIM

Beef Brisket or Tri-Tip \$6.50/lb
Chicken Leg Quarters \$12.50/10-lb bag

PICK UP BEFORE NOON ON FEB. 11
As D9 Meats will be leaving AT NOON!
Pre-Order by Wednesday



Every Saturday
9am-1pm • IFA
905 S. Main,
Cedar City, UT



USDA
Supplemental
Nutrition
Assistance
Program




DOUBLE UP
FOOD BUCKS
UTAH




Utah
ProduceRx

D9 Custom Cuts, LLC • 240 N 200 E, Paragonah, UT
435-463-3735 • Hours: M-F 9am-3pm
f /D9-Custom-Cuts-452585254828399/




CERTIFIED UTAH'S MOST ACCURATE FORECAST



IRON COUNTY FORECAST

MOSTLY DRY SKIES TO ROUND OUT THE WORKWEEK. CLOUDS INCREASING SATURDAY WITH HIGHS REACHING INTO THE MID 40S. SLIGHT CHANCE FOR RAIN AND SNOW SHOWERS SUNDAY. NEXT WEEK WILL START MOSTLY DRY BEFORE A SYSTEM WILL BRING THE POTENTIAL OF SNOW SHOWERS ON TUESDAY.

Get Utah's most accurate forecasts anytime at:
ABC4.com/weather



WEDNESDAY
Sunny
44°/17°
PRECIP: 0%
WINDS: WSW 5-10

THURSDAY
Sunny
37°/19°
PRECIP: 0%
WINDS: NNW 5-10

FRIDAY
Mostly Sunny
45°/24°
PRECIP: 0%
WINDS: SSW 5-10

SATURDAY
Partly Sunny
44°/23°
PRECIP: 10%
WINDS: SSW 5-10

SUNDAY
Slight Chance
41°/20°
PRECIP: 20%
WINDS: NNW 10-15

MONDAY
Partly Cloudy
39°/25°
PRECIP: 10%
WINDS: NW 10-15

TUESDAY
Chance Snow
37°/19°
PRECIP: 40%
WINDS: SSW 10-15

public & health

Fearful fentanyl pests persist in arriving in Iron County

by Edy Meredith

FOR IRON COUNTY TODAY

The interstate highway system is the fastest conduit for distributing deadly fentanyl across America with Interstate 15 crossing California and the Intermountain West, including Utah, Idaho, and Montana, interconnecting with the total interstate system. The interstate highway system, while originally designed to connect the broad expanse of American states and help Americans travel, today enables the Mexican and Chinese drug cartels to expedite the distribution of lethal fentanyl across America the Beautiful including Iron County where we live.

Americans are waking up to fatal fentanyl and are beginning to stir up a fighting response to oppose the death-dealing drug and its distribution across the U.S. An organization has formed, info@fentanylawarenessday.org, designed to increase awareness and provide tools for caring citizens by promoting National Fentanyl Awareness Day, planned to be held on Tuesday, May 9, 2023. While this is the beginning of February, time will pass quickly as fentanyl deaths continue to mount up and increase, if citizens and local governments do nothing. This cannot just be stopped by law enforcement. All state, local officials, and citizens must be involved in the fight to stop fentanyl's killing spree.

I recently wrote an article about a broad harm reduction approach to fentanyl deaths recommending the use of fentanyl test strips including giving 7 sources where fentanyl test strips can be purchased: amazon.com, ovusmedical.com, dancesafe.org, dosetest.com, paneldrugtest.com, www.detectachem.com, and www.cdc.gov. Youtube.com also has three useful videos to watch: 1) How to Use a Fentanyl Test Strip, 2) How Fentanyl Test Strips Work, and 3) Fentanyl Testing Strips in Schools.

On the evening of April 18, 1775, Paul Revere left his home and became a folk hero in his famous ride to warn Boston-area residents that the British were coming. Our enemy today transports across open borders a small synthetic drug no bigger than one grain of salt, deadlier and stronger than any other drug known so far and promoted by those who hate Americans and especially want to kill American youth. So far, our enemies are succeeding in their killing spree.

Please go to the National Fentanyl Awareness Website to receive a 2023 partner toolkit to sign up to help educate yourself and your family members about how take action to protect our citizens and family members. Look for information about National Fentanyl Awareness Day at the following website: fentanylawarenessday.org.

Please do this and mark your calendars with May 9, 2023, as National Fentanyl Awareness Day which is planned to destroy the deadly plague of fentanyl through public awareness. Please also call and write to your Utah legislators who are meeting now in Salt Lake City about the use of fentanyl testing strips.

You can find who your state senator is at <https://senate.utah.gov>, phone (801) 538-1408 and state representatives at <https://house.utleg.gov>, phone (801) 538-1408 or go to your local library where librarians will be happy to help you connect with elected officials. Remember that this scourge is causing great trouble, suffering, and is being used as an instrument of war against people in our country.

New grant from Rocky Mountain Power supports Iron County School District

CEDAR CITY — Every day, organizations across southern Utah are putting their hearts into projects and programs to nurture our local communities and care for the environment. These efforts weave together to create a stronger, more resilient future for the region.

The Rocky Mountain Power Foundation, a nonprofit arm of Rocky Mountain Power, is donating more than \$242,000 in new grant funding across the three states it serves to support organizations committed to community enhancement and environmental respect. From improving access to affordable housing and workforce training to building new hiking trails and protecting wildlife and local ecosystems, this round of grants will underwrite a wide range of efforts that meet critical needs and improve local livability.

"We are inspired by these organizations, in towns large and small, that are working hard to lift up people in their communities and take care of the environment," said Tom Heaton, Rocky Mountain Power regional business manager. "It is an honor to support this indispensable work, while helping to boost the growth and vitality of the communi-

ties we serve."

This round of grants, focused on community enhancement and environmental respect, is one of the four grant cycles offered by the foundation annually.

In southern Utah, the Rocky Mountain Power Foundation provided a \$1,000 grant to the Iron County School District to provide a sensory table and sensory materials to introduce kindergarten students from disadvantaged backgrounds to STEM concepts.

Jona Whitesides,
Rocky Mountain Power

High school seniors impacted by Alzheimer's encouraged to apply for Teens for Alzheimer's Awareness Scholarship

The Alzheimer's Foundation of America (AFA) is offering scholarships of up to \$5,000 to college-bound high school seniors affected by Alzheimer's disease or other dementia-related illnesses as part of its annual Teens for Alzheimer's Awareness Scholarship. Entries can be submitted at www.alzfdn.org/scholarship and must be received by Wednesday, March 1 at 5 pm ET.

Eligible teens are invited to apply for the scholarship by submitting an essay (1,500 words maximum) or submitting a video, no more than

four minutes long, describing how Alzheimer's disease has impacted their lives and what they have learned about themselves, their family and/or their community through their experience with Alzheimer's.

Examples of ways that Alzheimer's impacted a student's life can include:

- » Having a loved one with Alzheimer's disease or another dementia-related illness.
- » Helping care for someone with Alzheimer's disease or another dementia-related illness.
- » Volunteering or working in a care setting that serves individuals with dementia.
- » Raising Alzheimer's awareness in their school or community.
- » Conducting Alzheimer's research.

The program is open to current high school seniors living in the United States who will be attending a U.S. college or university this Fall. Students already attending college are not eligible to participate. The top prize awarded is a \$5,000 scholarship. Additional prizes are awarded for runners up and honorable mentions. Last year, AFA awarded \$90,000 in scholarships to 117 high school students.

AFA has been able to provide these scholarship funds with the generous support of charitable donors. Individuals wishing to support this and other programs and services for families affected by Alzheimer's disease can do so by visiting www.alzfdn.org/donate or calling AFA at 866-232-8484.

Sandy Silverstein,
Alzheimer's Foundation of America

CEDAR DERMATOLOGY

Specializing in Skin Cancer, Skin Diseases & Cosmetic Procedures



Ben Adams, DO
Rand Colbert, MD
Jason Christian, PA-C

CALL US:
(435) 586-6440
OR (800) 986-6440

MEDICAL SERVICES:

Skin Cancer Treatment • Acne
Warts & Moles • Psoriasis/Eczema
Mohs Surgery • Skin Diseases

Medicaid, Medicare & Most Insurance Accepted

COSMETIC SERVICES:

Botox & Filler
Laser Hair Removal
Hyperpigmentation
Microdermabrasion
Chemical Peels
Photofacials
Spider Veins



CEDAR DERMATOLOGY • 166 W 1325 N, STE. 250 • CEDAR CITY

Clinics in Delta, Fillmore, Panguitch & Kanab

First DAISY Award winner announced at Cedar City Hospital

from Becki Bronson

FOR IRON COUNTY TODAY

The DAISY Award for Extraordinary Nurses is a prestigious, international nursing award that recognizes the extraordinary care provided by nurses. Cedar City Hospital just awarded their very first DAISY Award to Nannette Petrocelli, RN, Medical/Surgical Department.

Here was Nannette's nomination, written by a grateful family member of a patient named Debbie Watson:

"My elderly father was weak and dehydrated after fighting COVID. While in the hospital, it was discovered he had an abdominal bleed. We were scared and exhausted. Nan not only took care of my Dad, but she also calmed my Mom and I, and kept our spirits up the three days Dad was there. Dad is hard of hearing and had lost his voice but Nan would lean in and calmly speak to my dad so he could hear her, and patiently listen to his whispering voice. She always knew ahead of time what Dad would want or need and provided lovingly for him. Dad was humbled by his personal needs, but Nan dealt with them with kindness and respect for his privacy. Nan is an amazing nurse, but more than that, she is a blessing to her patients. Mom and I cried tears of gratefulness as we left Dad. Nan, you are an angel walking among us, and we are truly blessed to have you in our lives. Thank you so much."



The Medical/Surgical Team and DAISY Award Committee, with award-winner Nannette Petrocelli and patient family members Debbie Watson and Wilma Maddox.

"...a huge thank you for [Nannette's] exemplary service and kindness to each of our patients!"

Jen Frandsen, RN

gratulations to Nannette for receiving this DAISY Award, and a huge thank you for her exemplary service and kindness to each of our patients!"

To nominate a nurse for the DAISY Award, you can pick up a form from any caregiver at Cedar City Hospital, or you can nominate online at daisyfoundation.org/daisy-award/thank-your-nurse-nomination.

The DAISY Award recipient receives a framed certificate, a DAISY Award signature lapel pin and a hand-carved stone sculpture entitled A Healer's Touch, at a special ceremony held in their honor, and the winner's story is maintained on the DAISY website for others to read and enjoy.

Jen Frandsen, RN, and DAISY Award Coordinator for Cedar City Hospital, says, "Nurses are nurses because they love their patients, and sacrifice so much time and work to truly care for them. So, to be recognized in this way, with an internationally recognized nursing award, is one of the highest honors a nurse can get. A huge con-

that corridor. And we're going to need to have transportation support for East-West transportation, as well as our rail system.

One of the things I know I've seen you talking about is the Great Salt Lake a lot and trying to make some changes in Congress that would help Utah. A lot of people are looking and saying, okay, what can Congress do to fill up our lake, what can it do?

The first thing Congress could do is to say to the State, all right, you guys, you have got to study your lake and figure out what it takes to keep it. And we're going to support that with legislation we got passed this last year, which is having the Army Corps of Engineers and others work together to actually guide part of this process going forward so that the federal government is up to date on what's happening to the Great Salt Lake. Once we know that, and once we have prescriptions as to what things we need to do, we're willing to stand behind what the state legislature comes up with and the Governor comes up with to say, here are the things we need, whether it's reservoirs, whether it's buying water rights, whether it's conservation efforts. We're going to take some real action here.

ROMNEY

« CONTINUED FROM PAGE 5

Number two relates to immigration. I hear across the state from our businesses, from our ranchers and farmers, we need more workers and we need to be able to bring people in legally and follow the legal process. And that means stopping illegal immigration, but making sure we bring in the people we need in agriculture and dairy areas and hospitality that our employers need so that we can grow our economy and create more good jobs for the rest of the people in our state.

And I'll mention one more, and that is we're a military state as well with Hill Air Force Base, with the Dugway Proving Grounds. It's important for us to have the support needed to keep our military the strongest in the world such that no one would think of threatening us.

And I'll mention just one more, and that's our infrastructure needs. We're the fastest growing state in America, and we're bounded with lakes on one side—with Utah Lake and the Great Salt Lake—and mountains on the other, and much of our population, about 80%, lives along

Women for Women

- PRIMARY CARE
- MEDICATION MANAGEMENT
- WELL WOMAN EXAMS
- BIRTH CONTROL
- BIOIDENTICAL HORMONE THERAPY
- TESTOSTERONE PELLETS
- INFERTILITY
- BLEEDING
- PAIN

Mercedes Carter, PA-C

Amber Dalton, FNP-C

CALL US TODAY!

435-865-9500
www.cciowh.com
110 W 1325 N Suite 300, Cedar City, UT 84721

UTAH LEGISLATIVE UPDATE

Friends and Neighbors,

We have finished the third week of the 2023 General Session and are almost halfway through this legislative session. At this point in the process, the Senate is sending many bills over to the House of Representatives for their consideration. Likewise, the Senate reviewed many House bills this week. I appreciate the structure of our legislative process, which ensures that a bill is reviewed and debated by many legislators and receives public input before it can become law.

This week includes many highlights, including the commemoration of Water Week where we brought awareness to water conservation efforts in the state. Additionally, many groups and organizations joined us at the Capitol. I had the opportunity to meet with a group of students from Beaver. Below are additional highlights from week three. As always, please let me know if you have any questions, concerns or comments about our work at the Capitol.

Utah Water Week

The Legislature celebrated Water Week. Water Week is a combined effort from Senate and House members to emphasize the work the Legislature is doing to conserve, protect and enhance Utah's water resources. As a desert state, water will always be an important focus of the Legislature. However, Utahns can also take steps to help conserve water. By discussing water issues during Water Week, we hope to increase awareness of water conservation efforts in our state. Below are a few highlights of water-related legislation the Legislature is working on during the 2023 General Session.

S.B. 76 WATER AMENDMENTS

Over the summer, the Unified Economic Opportunity Commission started working on how we could better promote and unify our water conservation efforts in the state. S.B. 76 incentivizes merging land use and water planning. It also provides state resources to local agencies to address the disconnect between water districts and other water-related entities in the state, aiming to improve communication.

S.B. 53 GROUNDWATER USE AMENDMENTS

Groundwater is a critical component of Utah's water. Many areas of the state rely on aquifers for water. Several counties in Utah have already begun taking steps to recharge aquifers. It has come to the Legislature's attention that current statutory language prevents local districts from recognizing artificial recharge of groundwater as "beneficial," but rather allowing organizations or water users to recharge groundwater aquifers if there is an intent to recover the water. S.B. 53 changes state statute to allow critical management areas to recharge groundwater aquifers without withdrawing the water, allowing local districts to mitigate the decline of aquifers.

TURF BUY BACK – S.B. 118 WATER EFFICIENT LANDSCAPING INCENTIVES

Outdoor water use is 65% of all municipal water use. Last year, we passed legislation incentivizing Utahns to get rid of decorative grass and replace it with water-wise landscaping. This year, S.B. 118 Water Efficient Landscaping Incentives, expands on the popular "turf buyback" program by allocating more funds to the program. By switching out grass that isn't used, Utahns can conserve significant amounts of water. Find more information on how you can benefit from this program at the Flip Your Strip webpage.

Great Salt Lake Authority Amendments

Legislation is currently in progress to establish an office to oversee the management of the Great Salt Lake. Ten different agencies currently oversee different aspects of the lake, creating the need to consolidate current efforts underway to preserve the Great Salt Lake under one authority.

Water Conservation and Augmentation

Agriculture is vital to our way of life as it supplies necessary resources and food. Agriculture uses the majority of water in Utah, and why the Legislature is working on how to provide the tools to improve its optimization. Making investments in agriculture optimization helps our farmers become more water efficient and productive. The legislation also creates a strategic fund to target the most effective ways to invest in agriculture optimization by offering grants to farmers to help pay for new technology that uses less water.

Social Media Regulation

The more people study the effects of social media on teens, the more we learn about its negative effects. Social media has led to a rise in teen depression, anxiety and suicidal ideation. It's important to provide parents with more tools and control when it comes to their kids' social media. S.B. 152 Social Media Regulation Amendments adds age verification, sets time restrictions on when minors can use social media and prevents social media companies from collecting data on minors.

Pharmacy Day on Capitol Hill

We were joined at the Capitol by pharmacists, pharmacy technicians and students for Pharmacy Day on Capitol Hill. During this annual event, legislators were able to talk with pharmacy experts about the work and the innovative practices that are being implemented in this field. Pharmacy students also presented research on healthcare topics that affect the general public. It was great to meet with so many bright pharmacy providers who perform a crucial role in keeping our state healthy.



SEN. EVAN VICKERS
UTAH SENATE DISTRICT 28

The American Legion Utah Auxiliary Visit

We were joined last week by the American Legion leadership legionnaires of the state of Utah's auxiliary. The American Legion is the oldest veteran's service organization, celebrating its 103rd anniversary this year. Among the visitors were Legionnaire Casey Kunimura, Post 9 Legionnaire Member and 442nd Regimental Combat Team veteran. Kunimura was put into a Japanese internment camp after Pearl Harbor was bombed. Despite this, he went on to serve in WWII, the Korean War and Vietnam. He is a true patriot. The legionnaires strengthen America through their value principles of selfless service, American values, patriotism, family and community engagement and leading new generations of Americans, values and principles many of us pride ourselves on as senators and leaders in the state of Utah.

How to Navigate the Legislative Website

Staying informed and knowing how to use government resources are important parts of being involved in the legislative process. With this in mind, we have created video tutorials that explain how to best utilize the legislative website (le.utah.gov). We will be highlighting a new tutorial each week of the session, and we hope that they will be both helpful and instructive. This week's tutorial walks you through how to find a committee meeting agenda.

Very important work is happening at the Legislature, and I want to know your thoughts, feedback and ideas on the issues we're discussing. Please reach out anytime through my legislative email or cell. Thank you for your continuing strong support through this Legislative session.

Sincerely, Evan

BAN

« CONTINUED FROM PAGE 1

seats and seat belts; we have fences around pools; we have a minimum drinking age of 21; and we have a minimum driving age of 16. The damage to Generation Z from social media is undeniable – so why are there no protections in the digital world? It's well past time that we take bold, comprehensive action for the sake of our kids.

"President Biden recently wrote that '... young people are struggling with bullying, violence, trauma and mental health. We must hold social-media companies accountable for the experiment they are running on our children for profit.' And the Surgeon General recently stated that adolescents shouldn't be given access to social media until they're at least 16 years old. This legislation is a real opportunity for bipartisanship in a divided Congress. Let's get to work and give our nation's young people the protections they so desperately need."

The Social Media Child Protection Act makes it unlawful for social media platforms to provide access to children under the age of 16. It also...

- » Makes it the social media platform's responsibility to verify age (using methods like ID verification);
- » Requires social media platforms to establish and maintain reasonable procedures to protect the confidentiality, security, and integrity of personal information collected from users and perspective users;
- » Gives the authority to the State to bring a civil action on behalf of its residents;
- » Gives parents a private right of action on behalf of their children;
- » Directs the FTC to prevent any social media platform from violating these regulations including implementing fines for violations.

SALES-TAX

« CONTINUED FROM PAGE 4

by more than half while the average rate for the bottom 90% has increased.

For the wealthy (one-half of one percent of taxpayers), upgrade your Gulfstream jet and deduct it as a business loss. A super-wealthy casino owner in Nevada set up ten different grantor-retained annuity trusts which over three years knocked off nearly \$3 billion in lawfully-owed taxes. My father, a wage-earning printer in the early 1960s, paid \$302 one year in federal income taxes; that same year, J. Paul Getty, one of the country's wealthiest men, paid only \$504.

The Fair Tax Act favored by Republicans would replace the income tax totally. That won't happen, but reducing the income tax and replacing a portion of it with a federal sales tax makes sense.

A sales tax stops tax avoidance and tax dodges. Everyone pays something – and everyone should since even the poor benefit from highways, military defense, and clean water, etc. The rich pay more in actual dollars; the sales tax on a Ruth's Chris dinner is more than a McDonald's value meal. And a sales tax puts a stop to the non-taxed underground economy; even cash-based drug dealers have to make purchases.

Those opposed to the sales tax say the rich would pay a smaller portion of their income/assets. But under the current system, tax lawyers, loopholes, and special deductions already reward the wealthy. The federal sales tax idea deserves a fresh debate and Republicans deserve some credit.

READY *to* ROCK

OSU brings excitement to Cedar with Symphonic Rock Concert

by **Rebekah Gonzalez**

FOR IRON COUNTY TODAY

Iconic rock arrangements will be rolling across audiences at the Orchestra of Southern Utah's upcoming concert, conducted by Maestro Carylee Zwang. OSU offers a full sensory experience combining rock elements with the textures of the Symphony Orchestra at the Cedar City Heritage Theatre, Thursday February 9th, 2023. The concert is full of vocal and instrumental soloists, dancers and actors.

The evening will open with classic refrains of "Eleanor Rigby" by the Beatles performed by the Orchestra with vocal soloist Brandon Burk. The song maintains its classic Beatles integrity with additional symphony orchestra twists provided by master arranger and composer Cody Fry.

The Orchestras stunning opening arrangement is just the beginning of a spectacular evening and Symphonic Rock journey that will continue to pay homage to music from all eras. Vocal soloist Mark McGahan (Apollo's Army) and choreographer Torri Adams will enthrall you with "Thriller" by Michael Jackson followed by the classic "I Will Survive" performed by Adrienne Anning, "Under the Bridge" by Red Hot Chilli Peppers and "Bring me to Life" by Evanescence performed by Tamara Merkle, Cynthia Ferree and Mark McGahan. All of these phenomenal pieces are enriched and strengthened with the Orchestra of Southern Utah's instrumentals making these songs a new experience.

After intermission the Orchestra soars through the desert plains to the popular and well known "I Still Haven't Found What I'm Looking For" by U2 leading into the ultimate true gritty rock music era of Pink Floyd "Another Brick in the Wall" performed by Lorah Bodie. As if the excitement from Pink Floyd isn't enough the Orchestra will continue to exalt the Rock Gods with the King of Rock, Elvis

Presley's "Burning Love" performed by "Andrew Briggs", and Led Zeppelin's Kashmir like you have never heard before with "wailing" solo cello performed by Brooke Macnaughtan. It wouldn't be rock if there wasn't big hair band music, Justin Olsen pays homage to Aerosmith and the electric concert finale will end on a rock music high from Guns n' Roses. With

music spanning the decades and genres this concert will have you singing, rocking and reminiscing along with the Orchestra.

Don't miss out, come celebrate with OSU on Thursday,

February 9, 7:30 p.m. at the Heritage Theater. Concert ticket prices are as follows: \$12 for adults, \$6 for students and children over six years. No babies, please, as concerts are recorded. Tickets are now available online at www.myosu.org. Advanced purchase strongly recommended.

"With music spanning the decades and genres this concert will have you singing, rocking and reminiscing along with the Orchestra."



Vocal soloists Mark McGahan (R) and Brandon Burk (L) are just a couple of the many soloists performing at this electrifying orchestral concert.



SUU Alumnus earns GRAMMY nomination

by Kenzie Lundberg

FOR IRON COUNTY TODAY

Ted Kocher at AIR studios Southern Utah University alumnus and adjunct faculty member Ted Kocher recently earned a GRAMMY nomination for his work as the producer on the score for Call of Duty: Vanguard. This is the second GRAMMY nomination for Kocher.

“Helping students to strengthen their skills, and then apply those skills toward artistic and commercial success is a primary focus of our teaching,” said Dr. Steve Meredith, founding director of the Master of Music degree program in Music Technology. “Ted Kocher represents



COURTESY SUU

This isn't Kocher's first nomination.

In 2012, Kocher was part of the team that earned what is considered the video game world's first GRAMMY nomination.

the very best of this teaching philosophy, and we are proud to have him as both an alumnus of the program, and as an adjunct instructor for our future students in the MMT program.”

Kocher is a music and audio professional with high-level experience performing every discipline of audio. He currently works as a music supervisor for Sony Interactive Entertainment, which is home to the Playstation brand. This is Kocher's 14th year working with Playstation and Sony. During that time, he has helped to produce and edit music for Call of Duty: Vanguard, Call of Duty: Modern Warfare, Ghost of Tsushima, Journey, and Uncharted 4 among others. Kocher also composed music for the Playstation Originals

logo, Ratchet and Clank: Rift Apart, Marvel's Spider-man: Miles Morales, and Uncharted 4.

Kocher has worked on four out of the last six Call of Duty games, usually the best-selling franchise of the year. He received a GRAMMY nomination in the “best score soundtrack for video games and other interactive media” category as part of the team that produced the score for Call of Duty: Vanguard.

“I was the music supervisor for Call of Duty: Vanguard,” said Kocher. “For me, the development cycle was about two years. The first year and a half was working with the composer and his team to develop the score and the sound. Which is about two and a half hours of music. Then our team came back in to edit the music and implement it to match the creative vision.”

This isn't Kocher's first nomination. In 2012, Kocher was part of the team that earned what is considered the video game world's first GRAMMY nomination. The soundtrack to the videogame, Journey, received a nomination in the category of “best score soundtrack for visual media.”

“I am really proud of the Journey score,” said Kocher. “It was a great moment to be nominated that year after all that hard work. And beyond the GRAMMY nomination, the game was widely praised. It was an interesting game because there was no dialogue at all in the game, it was very music and sound forward. Our work was a huge part of the experience.”

The video game industry has been lobbying the Recording Academy for a video game-specific category, and until this year, there has not been a specific category for video game music. The new category recognizes the composer(s) of an original score created specifically for, or as a companion to, video games and other interactive media. The premier nomination list includes other well-known titles: Assassin's Creed Valhalla: Dawn of Ragnarok, Marvel's Guardians of the Galaxy, Old World, and Aliens: Fireteam Elite.

Kocher's recognitions also include several Motion Picture Sound Editors Golden Reel awards, BAFTA nominations, and multiple TEC and GANG awards. He holds a master's degree in music technology from SUU and a bachelor's degree in music performance from Duquesne University. For SUU students hoping to learn from Kocher, he is an adjunct faculty member in the music technology program.

The 65th GRAMMY Awards aired live on Sunday, February 5, 2023, from Los Angeles' Crypto.com Arena

The Orchestra of Southern Utah
presents

ROCK GOLD

February 9 2023
Heritage Theater • 7:30pm

Carylee Zwang
Music Director and Conductor

Featuring hits of:
Coldplay • The Beatles
U2 • Gloria Gaynor
Michael Jackson • Aerosmith
Bon Jovi • Red Hot Chili Peppers
and more..

Tickets available on line at myosu.org
\$12 adults • \$6 students over 6
Children over 6 welcome, no babies please
as concerts are recorded.

Major Concert Sponsors:



RECREATION • ARTS • PARKS

NATIONAL ENDOWMENT OF THE ARTS

Utah Division of Arts & Museums

More information at myosu.org

Do artists work for money, fame, or just the arts' sake?

Here is a question that occurs to me occasionally: would artists do what they do even without payment or an audience? I thought of that when we went to see the Community Valley Community Theatre's production of *Brigadoon*. We enjoyed the show, maybe because it is one we know quite well and so went with expectations of a pleasant evening. (The fact that we went to Wendy's first, which meant a chocolate frosty for me, added to the anticipation. I'm a cheap date.)

The cast numbered maybe fifty, not counting the instrumentalists in the pit. (Again, huzzah to the company for going with live music. And Carylee Zwang is a fabulous conductor, very generous with her time.) The house was maybe three quarters full and seemingly swept up in the romantic story. But what if there had been just a handful in the seats? Would the cast have enjoyed themselves as much as they apparently did? Did they perform for the arts' sake, for themselves, or to please an audience?

Earlier in the week we saw the bluegrass band Sister Sadie, and there was no doubt they were having a great time. But then,

they were professionals who were getting paid—very well. The fiddler, the bass player, the others, looked like they couldn't have been happier to be there.

(Well, they did complain about the cold.) It wasn't an easy gig for them, as they were booked in Nashville the very next night, but they were top-notch performers and entertainers who put on a fabulous show. I've never heard a better fiddler, or bass player! I want to think that their motivation wasn't entirely financial.

On a much smaller scale, I'm thinking about the local artists who have received financial encouragement from the Cedar City Arts Council in the form of mini-grants. Amalia Wells' grant got caught up in the COVID shut down—nice phrase—and she is just now able to give her cooking classes again. But I have learned that after just one paid cooking session, she has been giving free cooking lessons at the Senior Center to women in financial straits. She calls this a very "satisfactory service activity." Good use for our money, don't you think? Thanks, Amalia.

Natalie Young, whose "Sugarhouse Review" journal received funds some years ago, has just checked in to say that her first book of poetry is in presale. It is a hardcover with illustrations called *All This was Once Under Water*. I like to think that we had some hand in that. Maybe...

Thanks to some numbers sleuthing by Sara Penny, which she shared with me, I see that Amalia's is the only culinary arts grant that we have awarded in the last 14 years. Literary disciplines, which would include Natalie, have accounted for 8 grants in the same time period. Sara found 24 different categories in all; surely your art form would fit in there somewhere. If you meet our application deadline of February 28th, we could be adding your name to our list of happy recipients.



New band scholarship to honor long-time Cedar City Band Instructor

from Utah Music Foundation

FOR IRON COUNTY TODAY

SALT LAKE CITY — Utah Music Foundation, a non-profit organization dedicated to providing scholarships to musical students from Utah communities, is proud to offer a new band scholarship to honor beloved Utah Band educator Steve Shirts. This \$500 scholarship will be offered to Utah high school seniors with a background in band and will honor Steve Shirts.

"Steve Shirt's impact on the lives of countless students and fellow musicians is immeasurable. The creation of a band scholarship in his name is a fitting tribute to his life's work and a testament to the incredible impact he had on his students," says Tim Eaton, President and Founder of Utah Music Foundation. "We are grateful for Steve's contribution to the Utah music community and are thrilled to honor him by offering a scholarship named after him." One \$500 scholarship will be



Steve Shirts

COURTESY UMF

awarded based on the student's involvement in band and a brief essay. This short essay will invite students to reflect on how music, and specifically their participation in band has impacted their life and how band will be a part of their life going forward. The application process is open now at www.utahmusicfoundation.org and concludes March 31.

The scholarship winner will be announced later this spring.

To apply or donate to this scholarship, please visit: www.UtahMusicFoundation.org/steve-shirts-band-scholarship. For more information, please contact: info@utahmusicfoundation.org

About Utah Music Foundation

Founded in 2018, the Utah Music Foundation is a non-profit organization dedicated to helping students in Utah reach their musical and academic potential. Utah Music Foundation offers scholarships to musical high school students to help alleviate the financial burden of their college education. In 2020, more than 65 students representing over 25 high schools from 10 counties in Utah applied for available scholarships. Utah Music Foundation is recognized by the IRS as a public charity with 501(c)(3) tax exempt status. Visit www.UtahMusicFoundation.org for more information.

Just in time for Valentine's: SUU's Spring Swing Thing

by Kol A. Gibson

FOR IRON COUNTY TODAY

Hey all you bobby sockers and rollin' rockers! Grab your partner or a friend, put on your glad rags, and dance the night away at SUU's Spring Swing Thing featuring the SUU Jazz Ensemble. All community members, SUU faculty, staff, and students are invited to join the SUU Music Department, SUUSA, and Student Involvement & Leadership on Saturday, February 11, 2023, in the Gilbert Great Hall of the Hunter Alumni Center on SUU's campus.

"The Spring Swing Thing has become somewhat of a tradition for James and I over the last several years, and we're excited to continue the event's success," says Toni Sage, Executive Director of Academic Success at SUU and dance instructor. "We've had the opportunity to build a community of dancers through the many lessons we have taught, but we want everyone, regardless of their

dance experience, to join us! If you wouldn't consider yourself a dancer, we'll give you the swing and foxtrot lessons that'll sweep your partner off their feet."

Toni and James Sage began this collaborative event along with Dr. Adam Lambert, Director of Bands at SUU, and SUU's Community Education department in the spring of 2018. Though the event is usually later in the spring, they are excited

"If you wouldn't consider yourself a dancer, we'll give you the swing and foxtrot lessons that'll sweep your partner off their feet."

Toni Sage, dance instructor

to be able to offer a fun night out on the town just in time for Valentine's Day.

"We are excited to again participate in the Spring Swing Thing, where the community can experience big band swing dance music, brought to life by the SUU Jazz Ensemble," said Dr. Lambert. "Not only is this an excellent opportunity for the community to receive excellent dance instruction by Toni and James, but it is also a fantastic way for the student musicians to gain professional performance experience."

Don't miss your chance to enjoy a night of spinning, swaying, whirling, and twirling to live music on Saturday, February 11, 2023. Dance instructors Toni and James Sage will kick off the evening with a dance lesson from 7-7:30 p.m., followed by a community dance and concert featuring the SUU Jazz Ensemble from 7:30-9:30 p.m. Admission is free for all. For more information, please contact Toni Sage at tonisage@suu.edu.

Duane Blackwell

REMEMBERING A LOCAL HERO

by Kristina Williams

FOR IRON COUNTY TODAY

Sergeant Major Duane Blackwell served from 1950-1985 across several branches of the military. He first enlisted for active duty in the Army and later served active duty in the Air Force. He also served in the Army National Guard, Navy Reserves and Army Reserves. After retirement, Duane relished opportunities to wear his uniform and loved to wear hats with his military pins attached. Knowing this, Duane's eldest grandson, Jason Shakespear, of Cedar City, restored Duane's old Army "Willy" Jeep in Duane's honor. He drove Sergeant Major Blackwell in many parades in Iron County. Duane was known to often

ride while saluting parade goers. This was his way of recognizing and showing appreciation to his fellow Americans. He freely showed gratitude to all who love our nation, not only those higher in rank.

Duane is a great example of a patriot. He loved the United States of America and was proud to offer his service and effort to our communities and nation. During his military service, Duane benefited by developing a variety of skills which he utilized while performing assignments ranging from gunner, radio operator, jet technician, battalion recruiter, rifleman instructor and trainer and instructor for NBC (Nuclear Biological and Chemical)

see **BLACKWELL** » 15



No matter the mission, Sergeant Major Duane Blackwell served his family and country with love and honor.



The Leader Within

the rut
LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



Leaders—good and bad—are found all around us. An organization's success or downfall is often determined or undermined by its leader(s). Some businesses are even judged (good or bad), not by the quality of their products produced but by the reputation and choices of the person in charge. This not only applies to the director of directions, but the commitment of their crew as well. In fact, some ships have been known to survive—despite the crumbling credentials of the captain—because the individuals on board found and followed their own leader within.

That being said, regardless of the leader you are choosing to follow, even when it seem frustrating and futile as you witness their decisions become incisions into the arteries of your company, don't let anyone else defeat the leader within you. Continue to learn what you can and to provide your best and don't let their (or anyone else you

LEADERSHIP 101.5

work, play, commute with) bad example exempt or expel you from creating excellent work and excelling in your sphere of influence.

Do you believe there's such a leader inside of you? A leader of integrity, ingenuity, endurance and brilliance? Trust me, there is! Yes, it can be intimidating to discover that leader within you because you may realize you can no longer follow the flaws, but must find a higher cause for your life. This newfound freedom calls forth new capabilities and responsibilities. It may also uncover a new desire to progress higher—meaning finding a new career, or no longer sitting on your rear in fear of not being able to succeed in your chosen path to pursue.

Maybe you're the one whose leadership has been sinking? Maybe your desires got detoured, distracted or delayed by the oppositions in this world. Often, poor leadership causes your own worth and work to submerge. Sometimes it takes an emergency for the leader within to emerge. No matter the situation, there are times when a leader realizes it's time to step up and other times, it's time to step out/away.

Alright, then today it's time to refocus your resolutions and become a better leader—for yourself, family, friends, employees, students, coworkers and anyone else in your sphere of influence.

Today, it's time for you to stop just robotically following and start becoming the leader you know is inside you. It doesn't matter if people tell you that can or cannot do something. They will tell you! Nevertheless, if it's what you believe you are meant to do, then do it!

Today, it's time to believe in yourself. You may not be as qualified or confident. Don't doubt yourself or your capabilities. You may not have the leader you need at home, work or in life, but don't discount counting on yourself. Today, it's time to let your leader within step up and take that leap of faith into your future.

Have a leadership question? Send me a message here at news@ironcountytoday.com.



GETTY IMAGES

Don't get caught out in the cold

Outdoor enthusiasts would agree it's great being outside to recreate or exercise, even when temperatures are frigid, if you are prepared and dressed appropriately. However, many of us take for granted we can slip inside a warm home or heated vehicle at any time to ward off the cold. Fewer of us think we will be the next family with a furnace that stops working or that a snowstorm will cause our power to go out.

According to the Extension Disaster Education Network (known as EDEN), being prepared for winter and winter storms includes, "understanding weather-related terms, winterizing homes and vehicles, and taking action to protect family members, pets, livestock, and neighbors." (See <https://extensiondisaster.net/hazard-resources/naturally-occurring/winter-weather/>)

Vehicle preparedness.

In addition to making sure your vehicle is in good working condition and has at least ½ tank of fuel, EDEN recommends that each vehicle be equipped with a winter car kit including a shovel, blankets, extra mittens, socks, hats, booster cables, flashlight, and batteries, first aid kit, bright colored cloth to use as a flag, snacks, and water.

Pay attention to weather forecasts. Whether you have a widget/app on your smart phone or tablet, you watch the daily whether on television or listen over FM/satellite radio, it shouldn't be difficult to be aware of whether conditions coming your way. At least one local television meteorologist uses the slogan, "Know before you go."

That's sound advice to adhere to before leaving home for the day or heading out on a longer adventure. Owning a battery hand-crank weather alert radio may also put your mind at ease if the power goes out at home.

Dress appropriately.

Whether outside shoveling snow, or participating in outdoor recreational activities, comfort and even survival begins with wearing appropriate clothing. Layers of loose, lightweight clothing plus boots, hats, and mittens. (EDEN states that allowing fingers to be together keeps hands warmer.) Much of

the body's heat escapes through the head so hats and scarves are important options to cover the top of the head, ears, and the nose and mouth to keep extremely cold air from getting into the lungs. In addition, overexertion is common when shoveling heavy snow so protect both your back and heart by taking frequent breaks and drinking water to stay hydrated. EDEN also shares important information for avoiding the potential of hypothermia and frostbite in the link above.

No heat at home.

While utility companies/workers strive to keep power sources up and running, occasionally, wind, snow, ice, or a combination of these conditions wreak havoc on power lines. If you choose to use generators, wood-burning stoves, or other sources of heat, keep in mind

they may produce dangerous levels of carbon monoxide so it will be important to circulate the air with an exhaust fan or crack open a window.

Pets and Farm animals.

Pets that live outside need extra calories to stay warm in the winter and efforts should be made to ensure their drinking water doesn't freeze. If pets can stay dry and have enough shelter to fend off wind and snow, they will withstand the cold conditions much easier. Pets are also susceptible to frostbite on their ears, tails, and paws.

Livestock are not immune to winter temperatures, snow, and ice. While usually heartier than family pets, they, too, benefit from a windbreak (trees, shrubs or something constructed), a place to lay down that is not covered in snow, and the ability to reach their feed and water.

If the information shared here seems overwhelming, just focus on one area at a time. Perhaps start with the one that makes you feel the most vulnerable, insecure, or afraid. Another approach is to do the easiest one first. If you spend a lot of time in your car, get a first aid kit and a flashlight and check those off the list. Any way you approach preparedness is a step in the right direction. Just get started if you haven't already. You'll be happy you did!

Kathleen Riggs is the Utah State University Extension family and consumer sciences professor for Iron County. Questions or comments may be sent to kathleen.riggs@usu.edu or call 435-586-8132.

Kathy's
CORNER

by Kathleen Riggs

USU EXTENSION



calendar

WED, FEB 8

KITE-FLYING DAY

CEDAR CITY SMALL BUSINESS NETWORK (9:30am) @ Pastry Pub (86 W University Blvd, Cedar City). FREE. No long-term commitment. Come connect, interact, build relationships. INFO: cedarcitysmallbusinessnetwork.com.

WONDER WEDNESDAY – (4-6PM) @ CEDAR City Library (303 N 100 E, Cedar). FREE for all students K-5. Children, accompanied by an adult, can join for adventure and fun make-and-take activities self-guided programming. INFO: (435) 586-6661.

CHARACTER SKETCHES (WEDS, 6:30-8:30PM) @ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

THURS, FEB 9

PIZZA DAY

MOMS AND DAUGHTERS FOR AMERICA (7pm) @ Cedar City Visitor's Center (581 N Main). Empower moms, raise patriots, and promote liberty for the healing of our nation. INFO: ironcountymoms4america@gmail.com.

OSU: CONCERT – ROCK GOLD (7:30PM) @ Heritage Center Theater (105 N 100 E, Cedar). Admission \$12 adults & \$6 students. The orchestra brings you timeless music complete with singers, guitars, drums, chorus, and dancers. INFO/Tickets @ www.myosu.org.

FRI, FEB 10

CHILDREN'S HOSPICE DAY

FOOD TRUCK ROUNDUP (4-7PM) @ IRON County Fairgrounds (Parowan). Everyone is invited to come and enjoy the variety of Food Trucks that will be at the fairgrounds.



SUU SPRING DANCE CONCERT (10, 11, 13 @ 7:30pm, Matinee on 11 @ 2pm) @ Randall L Jones Theatre (300 W Center, Cedar).

OFF THE CUFF COMEDY IMPROV (8PM) @ OTC Theater (913 S Main, Cedar). Tickets \$10 and advance tickets available at otccomedy.com. OTC entertains your funny bone with hilarious, notorious, uproarious performance styles.

SAT, FEB 11

BE ELECTRIFIC DAY

CEDAR CITY FARMERS MARKET (10AM-1PM) @ inside IFA (winter) (905 S Main St, Cedar). FREE. Farmers, food, and artisans. Drawings, bingo, and more! INFO: Facebook, Cedar Saturday Market, or Nancy 435-463-3735.

FESTIVAL CITY MARKET (10AM-1PM) @ (Center St. & 100 W) By Bristlecone Coffee. FREE. Handmade treasures and a bounty of local farmers, backyard gardeners, fresh fruits, veggies, with local artisans for jewelry, art, wood, pottery.



SUU – SPRING SWING THING (7PM – DANCE Lessons with James and Toni Sage, 7:30pm – Dance and Concert) @ SUU Campus – R Haze Hunter Alumni Center – Gilbert Great Hall (351 W University Blvd, Cedar). Admission FREE. Dressy attire encouraged. Everyone is invited to come learn to dance and enjoy the SUU Jazz Ensemble.

VALENTINE PAINT PARTY (7:30PM) @ IRON Springs Adventure Resort (3126 N Iron Springs Rd, Cedar City). Tickets \$30 per person. Bring some friends or come solo for a fun Valentine-themed paint party! Canvas, oils, and all other supplies are included. Tickets and information are available at www.ironspringsutah.com or call (435) 708-0101.

RANGER LED SNOWSHOE HIKES – EACH SAT & SUN – Two walks offered @ Cedar Breaks National Monument. Also FRI afternoon walk @ junction of Hwy 143 and Hwy 148 (weather permitting). \$10 per person. Snowshoes, poles provided. 1 mile walks (about 90 mins.) Reservations required. Email CedarBreaksInfo@nps.gov or call (435) 986-7120. Programs may be canceled due to weather. Bring Water, Snacks, Warm, layered clothing, Sun protection.

SUN, FEB 12

AUTISM SUNDAY

CEDAR UNITARIAN UNIVERSALISTS MEETING. (Noon-2nd Sundays) @ Gazebo Pavilion in City Park. Bring a chair. If inclement weather meet at 1280 E Midvalley Rd in Enoch. Please call Bonnie, 435-590-0596 and leave message for details.

BRIAN HEAD SUPERBOWL PARTY (4-9PM) @ Giant Steps Lodge – Lat Chair Grill & Brews (329 S Hwy 143, Brian Head). All football fans invited for 2nd annual Super Bowl viewing

party. All-you-can-eat appetizer buffet. Admission \$20 adults, \$10 kids (12yrs and under). INFO: www.brianhead.com.

MON, FEB 13

APOLOGY DAY

ART CLASS – “CREATIVITY THROUGH Elements of Art” (Mons 1-3pm, thru April 24). Geared towards homeschool students (12-17yrs.) \$30 per class. \$99 monthly. \$375 upfront. All supplies included. Instructor: Andrea Anderton. INFO: thecreativefocusstudio@gmail.com.

SUU INTERNATIONAL FILM FEST (6PM, 6TH thru 23rd) @ SUU Sharwan Smith Center Theater (351 W University Blvd, Cedar). All Films are subtitled, FREE, and open to the public. Come enjoy the best of international cinema. Schedule of all eight movies @ <https://www.suu.edu/hss/languages/film-festivals/>



OFF THE CUFF COMEDY – CHRIS TURNER (8-10pm) @ Off the Cuff (913 S Main, Cedar). Freestyle Rapper & Comedian. Tickets \$10 per person. Available online at otccomedy.com.

SUMA: EXHIBIT – JIMMIE JONES: MY Passion, My Odyssey (Mon-Sat 11am – 6pm, thru March 4) @ SUMA (13 S 300 W, Cedar). Jimmie Jones was a skilled portrait painter, but he believed his true calling was that of a landscapist. Admission FREE. INFO:suu.edu/suma.

TUES, FEB 14

READ TO YOUR CHILD DAY

CHILDREN'S STORY TIME (TUESDAYS, 10AM) @ Frontier Homestead State Park Museum (635 N Main, Cedar). Admission is FREE. A ranger reads a fun frontier-themed story along with a corresponding take-home activity. Recommended for preschool-aged children.

COUPLES/PARTNER CANDLELIGHT CHOCOLATE YOGA (7pm) @ Spirit Wellness (1615 N. Main, Cedar). INFO: 435-867-5582. Free to members. \$8 drop-in fee for non-members. Fun and get connected literally to your partner!

LIVE JAZZ (7PM) @ OFF THE CUFF (913 S Main, Cedar). (2nd Tues of Month) Brought to you by the Jazz Alliance of Cedar City. Free Admission. INFO: jazzallianceofcedarcity.org.

DATE NIGHT AT THE MUSEUM (7-8PM) @ Southern Utah Museum of Art (13 S 300 W, Cedar). Tickets \$22.50 to \$30 available on eventbrite.com. This year, SUMA is celebrating the best part of Valentine's Day: chocolate! Join us for an Intro to Chocolate class virtually taught by Salt Lake City's favorite high-end grocery and delicatessen, Tony Caputo's.

WED, FEB 15

LOVE RESET DAY

WONDER WEDNESDAY – (4-6PM) @ SUU S.T.E.M. Center @ Geoscience Bldg. Room #323 (351 W University Blvd., Cedar). FREE for all students K-5. Children, accompanied by an adult, can join for adventure and fun make-and-take activities self-guided programming. INFO: (435) 586-7812.

CHARACTER SKETCHES (WEDS, 6:30-8:30PM) @ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

THURS, FEB 16

GRAND OPENING – INTERMOUNTAIN Performing Arts Conservatory (4-8pm) @ 389 N 100 W, Suite 7, Cedar). Renovations are well-underway and we can't wait to show you what we've done with the place! Come meet us, learn about lessons and upcoming classes, and take a look at our new digs. We'll have treats from Ganache-d Brownies, gifts, and we'll answer all of your questions! www.im-pac.com. 435-572-0072.

Want your event on our calendar?

There is no charge for calendar items. Your submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.



Mountain Eye
Institute
LASER & SURGERY CENTER

ACCEPTING NEW PATIENTS!

1811 W. Royal Hunte Dr. Ste. 1, Cedar City, UT 84720 • 435. 586.1131

Specialized Services Include:

“No-stitch” Cataract Surgery
Macular Degeneration
Diabetic Retinopathy
Treatment of Glaucoma
Pediatric Strabismus • General Eye Exams

On Site
Optical
Center

mountaineyeinstitute.com

calendar

ONGOING OPPORTUNITIES

GOVERNMENT

Brian Head Council

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

Iron County Republican Women

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

Parowan City Council

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Post 74

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Veterans invited to learn about benefits, opportunities and fellowship. Honor Guard provides military honors at Veterans funerals. • Post Commander Darrin Duncan (435) 704-1466.

Bikers Against Child Abuse

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Room)

DAR – Bald Eagle Chapter

2nd Sat, 10 am • Cedar City Library, 303 N 100 E

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Lion's Club

Tues, 12 pm • Call Pres. Roger Shurtz for mtg. info. Everyone welcome! (435) 590-2896

Marine Corps League

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org. Helpline: John (702) 802-1332, Kara (702) 232-6829
KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed
Speaking From The Heart • M – Sa, Noon

Steps and Traditions • M – Su, 7 am

Red Road to Sobriety • Mon, 6 pm Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

The Great Fact • T, F, Noon. True Life Center 2111 N. Main. • (702) 802-1332 or (702) 533-7856

Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

Women's Meeting • Sat, 10:30 am

My Story • Sat, 8 pm

Thank God it's Sunday Spiritual • Sun, 11 am

What a Way to Start the Day • Su, W, F 7-8 am • All are welcome

Al-Anon

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Al-Anon • 1st, 3rd Tues, 7-8 pm • Call for info: (435) 704-8984

Easy Does It • Tues, 7-8 pm • (435) 559-3333

Hope for Today (Family Groups)
Thurs, 6 pm • (435) 559-3333

Alzheimer's/Dementia

Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn about/access resources, connect with others for support. Contact Raven Albertson, 385.831.7124, utahprograms@alz.org

ARP—Addiction Recovery

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan
Sun 7:30 pm • 85 N 600 W, Cedar City, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

Caregivers

1st Tues, Noon • Five County Aging Offices, 585 N Main, Ste. 1, Cedar City

Celebrate Recovery

(Christian 12-Step) Wed 6:30 pm • True Life Center, 2111 N Main, Cedar. Through Christ we can be victorious over any hurts, habits, hang-ups (Phil. 4:13) • Jeff J 801-638-1800, Gary D. 702-303-5662.

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, feel supported, share perspectives on healing, recovery. Join: affiliate.rainn.org/helproom/canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org
• (435) 635-9603

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm

Live and Let Live • Fri, 8 pm

Candle Light Mtg • Sat, 9:30 pm (Small room)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm • Meeting Hall, 1067 S Main, Cedar (877) 865-5890

Nicotine Anon (12-Step)

Fri 5 pm • KKCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

Porn Addiction Recovery for Men

Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • www.southernutahshare.com

Senior Blind/Visually Impaired

3rd Thurs, 1:30 pm • Cedar City Library

Southwest Parkinson's Alliance

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

Widows Support Group

2nd Sat, 11-1pm • Sunrise Church. These Free meetings begin January 8th. Questions? 435-586-3640 or Sunrisechruh.net.

CLASSES, CLUBS & ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels. Free to members, or \$8 drop-in fee.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Book Club

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

Boy Scout Troop 1848

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door, next to Enoch City Business office. Text Bryan Fanton 435-327-1214

Cedar Chest Quilters' Guild

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. cedarchestquiltersguild.org

Cedar City ESL

Wed, 7 pm • Free tutoring for English as 2nd Language. Cedar City Library (303 N 100 E).

Cedar City Toastmasters

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit www.cedarprofessionals.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

Color Country Winds

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

Cub Scout Pack 1848

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

Explorer Bible Club

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

Folk Dancing Class

1-2 pm • Cedar Senior Center (489 E 200 S). Come to your first International Folk Dancing Class! Teaching included. Easy to learn, fun, free for all ages. (626) 808-6129

Hey Cedars Square Dance Club

Wed 6-7:30 pm (Beginners), Dancing 7:30-8 pm • Cedar City Aquatic Center (2090 W Royal Hunte Dr). All former square dancers invited. INFO: Call/Text Neil Mattson 909-477-9795.

International Folk Dancing

Fri, 1-2 pm • Cedar City Senior Center (489 E 200 S). Free. All ages welcome. Teaching included. INFO: (626) 808-6129

Iron County Moms For America

2nd Thurs, 7pm • CC Visitor Center (581 N Main). Help heal our nation, keep liberty alive in your heart & home. INFO: Kami Merrill 435-592-4152 or email: ironcountymomsforamerica@gmail.com.

Motivational Mondays

Mon, 6:30-7 pm • Cedar Yoga Space (736 N Main. Add a positive mindset and experience Cognomovement. Leave feeling more balanced, energized, and motivated. No mat needed. \$12 drop in/first time to studio is Free. 541-291-7856.

Parowan Pickleball

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and signup: Parowan Visitors Center 435-477-8190.

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

Senior Yoga Classes

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Sagebrush Fiber Artisans Guild

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

Sewing Group

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/ reserve your spot.

Tae Kwon Do Class

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 W Royal Hunte Dr. \$25/ mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

Tai Chi For Health

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

Take Action for Freedom

Wed, 7 pm • Stahl West 600 N. Airport Road, Cedar • Preserve Constitution, Republic, voting laws, medical freedom, education, 1st & 2nd Amendment Rights, ed. on CRT & boarder illegal immigration, local/ county/state Legislature

Top Bar Hive Bee Keeping

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

TOPS – Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am. • Cedar City Library, 303 N 100 E. Lose weight affordably. • 586-3233 (a.m. mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

583 S Main Suite #5, Cedar City, (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

Wellness Wednesdays

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PW: health, Info: Kristi Sharp (435) 986-2564, ksharp@swuhealth.org

To add your ongoing opportunity to our calendar, call 867-1865, ext.6 or email news@ironcountytoday.com

BLACKWELL

« CONTINUED FROM PAGE 12

warfare. Thousands of soldiers were taught at his hand. He received many military ribbons and medals including Plane Captain Wings from the Navy, the Berlin Airlift ribbon from the Air Force, and the Korean Service Medal, Expert Rifleman and Bayonet badges from the Army. Duane retired as an E-9 Sergeant Major from the Army Reserves. As a civilian, Duane taught high school industrial arts (auto mechanics, metal shop and wood shop) in Colorado and Missouri. He enjoyed teaching and was loved by many students.

Duane was married to his loving wife, Zuliabell, for 66 years until her passing in 2018. They raised nine children and have a large posterity numbering 121



COURTESY BLACKWELL FAMILY

A legacy of love and leadership flowed strong and true throughout the Blackwell family lineage.

today. Zuliabell was a great support to Duane throughout his military career. She assisted him in any way she could; editing and typing reports, sewing appropriate insignia to his uniforms, attaching his many ribbons and medals and pressing his uniforms so that he was always presented in the most honorable manner. She held down the fort at home, managing household tasks and making sure that the children were well taken care of.

After many years of health challenges, Duane passed away January 13, 2023. His family, friends and Iron County community will miss seeing the soldier in the jeep during summer parades. But his lessons of faith, endurance, hard work, and patriotism will live through all who learned from him.

schools

ICSD NEWS NUGGETS

from *LeAnn Woolstenhulme*

IRON COUNTY SCHOOL DISTRICT

Enoch Elementary

The Lions Club announced the start of the Kite Flight reading event. Enoch Elementary students received a calendar to track their reading minutes from now until April 22. On this date students exchange their calendars for a kite and other prizes at the Mountain Eye Institute's Kite Flight & Community Health Fair. As a bonus, the class with the most minutes wins a pizza party. This week teachers, parents, and students met to celebrate growth and make plans to help each student be successful. The PTA also held a book fair fundraiser. Thank you for all the support from our Enoch family! Family Week is coming February 27 through March 3. During this week families can participate in fun activities, like Art & Engagement Night, donuts, love notes, and Penny Wars.

**Three Peaks Elementary**

Fourth grade students at Three Peaks Elementary have been learning about the history of Utah. To celebrate our state's 127th birthday, the fourth-grade students presented a program to students and parents on January 25. It was wonderful to hear the songs and speaking parts and witness scenes depicting how and when Utah was discovered and settled. Thank you to the students who memorized parts and songs and to the parents who

provided transportation to the program and matching shirts for the costumes. A special thanks to the fourth-grade teachers for all of their hard work in getting this program ready: Mrs. Cassie Walker, Mrs. Brenda Roundy, Mrs. McKaylie Ruhr, and Mrs. Jenae Raban. We would also like to thank all of the parents who were able to visit with teachers about their student's education during SEP week. We appreciate your involvement and support of Three Peaks Elementary.

**Fiddlers Canyon Elementary**

Fiddlers Canyon Elementary fourth graders recently celebrated Middle Ages Day at school. They got to eat special food, dress up as a person from the time period, and learn more about this era in history. Two students in each class were even crowned king and queen of the feast! Thank you to Mrs. Linford for some great pictures. You can see more pictures and stay up-to-date on all our school events by following the Fiddlers Canyon Elementary PTA Facebook page. Our Share the Love food drive begins February 13. Each grade will compete for the most items donated. Students can drop their donated non-perishable food items in the designated area in the front entrance of the school through Friday, February 17. All items will be donated to the Iron County Care and Share. Our school has a history of donating generously, so let's keep the

tradition going! Mark your calendar for Spirit Stick sales on February 22. Sticks will be sold at lunch recess. Watch homework folders for more information on Spirit Sticks and on the upcoming Dr. Seuss Week February 27-March 3.

**East Elementary**

East Elementary SEP week was a huge success. We'd like to thank our teachers, support staff, parents, and PTA for all of the time and effort put in to help the week go smoothly. We appreciate you. We all are working for the success of our students. We take the safety of our students seriously. All exterior doors are locked during the school day, except for the doors closest to the office. Visitors to the school must enter through these doors and check in with Mrs. Cornelius in the office. Our students have been instructed not to open doors for any person during the school day. We realize that with the lay-out of East Elementary and the lack of parking, this can be inconvenient for our parents and visitors. We firmly believe that the safety of our students is worth the inconvenience, however, and thank you for your understanding and compliance with the new safety protocols. The window has opened for our Dual Immersion Applications! Our dual immersion program is one of the top

performing Spanish programs in the state. If you would like to find more information about our program, please see our school website. The application can be found on our website (<https://east.irondistrict.org/o/east>). All incoming first grade students need to fill out an application, even if the student has older siblings already enrolled in the program.

Iron Springs Elementary

What a fantastic week at Iron Springs Elementary last week. We are so grateful for the amazing parents and guardians who came to support their students with SEP week. While visiting their students' classrooms they were encouraged to take a Bulletin Board Quiz. If parents took the quiz and answered all questions 100% their name was put in for a drawing. Each morning winners were drawn from the previous day to receive a free book from our Book Vending Machine. Our Scholastic Book Fair took place this past week as well. Through the book fair money is raised to supply books for our vending machine, teacher's classrooms, and leveled library.

South Elementary

South Elementary students were in for a treat with a visit from the Orchestra of Southern Utah. Students learned about different instruments in the orchestra. Thank you for sharing your talents with us.



Gateway Academy celebrates National School Choice Week

from *Joni O'Hanlon*

FOR IRON COUNTY TODAY

In addition to our students spending a day at the state Capitol we also celebrated National School Choice Week with our annual Donuts with Dudes, Muffins with Misses. We love our families and are so thankful they choose Gateway as their school of choice. This event served over 600 parents and students. Our yearbook theme announcement was also made this week. Students are encouraged to illustrate "What does learning look like." We know it looks different in every school and every classroom so we wanted to see what their favorite part is. The week wrapped up with field trips and the color yellow! Students and teachers were encouraged to show their support by wearing yellow on Friday. School choice means giving parents access to the best K-12 education options for their children. These options include traditional public schools, public charter schools, magnet schools, private schools, online learning, and homeschooling.



Yellow was worn to show support for School Choice Week, while dudes enjoyed donuts to help strengthen bonds between family and friends.

PHOTOS COURTESY GATEWAY ACADEMY

family

Big heroes to little people

Last week I read an article in the news about a mother who put her life on the line attempting to save her little boy in a dog attack. I cried like a baby and thought to myself how truly heroic this woman was as she not only lost her son, but now faces the trauma of the physical injuries she sustained in the attack.

While most of us will never experience life threatening displays of devotion to our families (hopefully!) I have since noticed some of the ordinary ways that parents prove to be true heroes to their kids.

As a reading mom in my son's classroom I enjoy the opportunity to listen to students read aloud to me one day a week. Since the start of the school year I have seen several of these kids make great progress. My son has a phenomenal teacher and in no way do I mean to downplay her roll in these achievements, but I know that much is to be attributed to caring parents who take the time to read with their children each day.

I know firsthand how easy it is to let this task slide from one day to the next as we get caught up with our busy lives. However, the smiles I see on these little faces as they complete a sentence without hesitation is proof that their parents are making time to boost their confidence by improving areas they may have struggled in.

How many of you have spent a sleepless night comforting a sick or scared child? The next day feels like an eternity with such a sleep-deprived mind, but imagine how that night would have gone for your little one had you not

been willing to sacrifice on their behalf.

You're a hero to them!

To the mom in the grocery store aisle who paused to kiss a scraped knee, and to the dad at the gas station who kept his cool after his kid spilled a soda, these are the moments that bring out your true character and prove to your children that they come first.

To the parents who devote their free time to soccer games and dance recitals, who spend hours researching the best way to treat a new diagnosis, to those who laugh at joke after joke with no punchline just to feel a connection with a child, you are true heroes.



mom's
CORNER(ED)

by **Weslie Stratton**
CONTRIBUTOR

“How many of you have spent a sleepless night comforting a sick or scared child?... You're a hero to them!”

Next time you feel ordinary, think about the reasons that your kids were able to wear clean clothes to school, survive a trip to the dentist, enjoy three meals a day or are able to work through a frustration they're experiencing. All of that is due to the many little ways you are there for them that add up to a lifetime of heroism to your children.

Hug your little ones close! Dry their tears and make them smile. If these are the only things you are remembered for in the end, you will have much to be proud of!

finances

Will Social Security be there for me?

ASK RUSTY: SOCIAL SECURITY MATTERS

from *The Association of Mature American Citizens*

FOR IRON COUNTY TODAY

Dear Rusty: I am 56 and hope to hold out to get maximum Social Security at age 70. However, with all of the talk of Social Security funds being depleted, is it wise to continue with this mindset? Will there even be Social Security benefits for folks in my age bracket? Should I think about starting Social Security benefits as soon as I am eligible? I am employed; however, I don't have a large amount of savings. I contribute to my company's 401(k) and receive the match, and I own my own home (almost paid off) with an estimated \$250,000.00 in equity, but I won't be able to stay in the home long term. Any insight you can provide would be greatly appreciated.
Signed: Weary Worker



RUSSELL GLOOR
SOCIAL SECURITY
ADVISOR

Dear Weary Worker: I don't suggest changing your strategy due to fears of Social Security not being there – it will be. Although the program is facing some future financial issues, the very worst that could happen is that everyone's benefits might be cut by 20+% if Congress fails to act to restore the program to solvency before the Trust Funds are depleted in the early to mid-2030s. In my opinion, Congress will not likely fail to act because to do so would be political suicide. The fact is, they already know how to fix Social Security's financial issues; they just lack the bipartisan spirit and political fortitude to do so until they extract every possible ounce of political capital from the issue. So, it's largely a matter of how long Congress will wait to reform the program.

Right now, the Social Security Trust Funds hold about \$2.8 trillion in reserves to ensure full benefits will be paid. But Social Security now pays

out more in benefits than it receives in revenue, so the extra money needed to pay full benefits is taken from those reserves. What is needed is reform which addresses the reality that people today are living much longer and collecting benefits for much longer than the program is structured to accommodate. Many possible solutions are on the table in Congress, including raising the full retirement age a bit to deal with the reality of people living much longer, and increasing the program's tax revenue by withholding a bit more from American workers. The eventual reform will likely include some variation of both, as well as other "tweaks" which further guarantee the program will be there for future generations.

As for the thought of claiming your benefits as soon as you are eligible (age 62), be aware that Social Security has an "earnings test" which applies to anyone who collects benefits before reaching full retirement age (FRA). If you are working fulltime when you first become age-eligible, you likely wouldn't be able to collect benefits because your benefit amount would be insufficient to pay the penalty for exceeding the earnings limit (\$1 for every \$2 over the limit) within one year. And, as you may already know, your age 62 benefit would be cut by about 30% from your FRA amount, while your benefit at age 70 would be about 76% more than your age 62 benefit.

So even if the worst case scenario happens (which it almost certainly won't), an across the board cut of 20+% to your age 70 benefit would yield a higher monthly payment than that same cut to your age 62 benefit amount. So, I suggest you stick with your current strategy to continue

see **RUSTY** » 18

SERVING CEDAR CITY AREA FOR OVER 15 YEARS

Cedar View Pediatric Dentistry

1251 Northfield Rd. Suite 201 Cedar City • 586-8188

We will match any competitors discounts!

Dr. Tyler Albrecht
DMD, Pediatric Dentist

Dr. Sean Schexnayder
DMD, Pediatric Dentist

Dr. Nathan Call
DMD, Pediatric Dentist

Dr. Dean Orton
DMD

Se Habla Español!

FREE DENTAL CLEANING FOR CHILDREN 0-2 YEARS OLD.

obituaries

Marion Sevy Turner



On February 3, 2023, at 8:58pm Marion Sevy Turner, born March 15, 1933 at age 89, peacefully passed to the other side to return home to her sweetheart where their incredible love story can live on. What an epoch heavenly reunion they are having - full of dancing, and to her excitement, daily foot rubs from her true love. No one's foot rubs were quite the same. We think this ritual might be the secret to her youthful looking feet!

Marion was preceded in death by her son Stephen Eugene Turner, her husband of 67 years, Clyde Eugene Turner, her parents Heber McKee Sevy and Mary Sophia (Fye) Knell, as well as her siblings Mary Loraine Sevy Allen, Russell McKee Sevy and Adele Sevy Decker. She is survived by her 3 children - Russell Todd Turner (Teresa Sullivan), Lisa Turner Hogge (Daren Hogge) and Aimee Turner Charlton, her 11 grandchildren and 12 great-grandchildren.

Born and raised in Cedar City, Utah, she was the youngest daughter and to her own admittance was a bit spoiled. During her younger years, she spent a lot of time at Camp Joy on Kolob Mountain and rode horses, swam in the creek and cooked food over the fire. In her teenage years she went to work at Zion and Grand Canyon National parks in the summers, and stayed in the bunks there. Though she loved her time at the parks, she admitted she was never much of a hiker.

In high school, she was very involved in student activities and took that same approach when she attended Branch Agricultural College (BAC) in the early 50's. She was the president of Phi Alpha Beta sorority, and was also a part of the Air Force marching group. She had a glamorous look to her, and there are many photos of her adjourned in her movie star style bathing suits.

One historic day, the snow was falling, and Marion thought it prudent to call a taxi to get to school. Clyde Turner happened to be looking her way and wondered who this beauty might be that was "rich" enough to hail a cab to school. He knew right then he must get to know her better, and the rest is history.

They both earned their associates degrees from BAC, and Marion and Clyde Eugene Turner of Milford, Utah were married in 1954 in Cedar City, Utah. They had four children together. They started their early married years in Williamsburg, Virginia where Clyde was stationed with the army, and she often talked about what a beautiful place it was to live and explore. They ended up in Milford, Utah for a short time, but ultimately moved to Las Vegas, Nevada where they raised their children and lived for 30+ years.

Marion was known for her prowess in the kitchen. Her kitchen was her joy and she put her heart into the food she cooked, baked and candies she created. It was how she showed her love. People always knew they could get a good meal at the Turner house and there was usually some type of homemade goodie to be had at all times. There are many core dishes that our family will continue to include in our festivities which will forever be her legacy.

She was a librarian at Western High School and retired from there in the mid-90's. It was a fitting career for her as she was known to always have a newspaper, magazine or book in her hand as often as possible. Her voracious love for reading was a distinct gift especially in her later years. She loved words and collected quotes and poems to share. She had been known to write funny poems as gifts for people through the years.

Her time in the national parks and in the Cedar Mountains fostered her love for the beauty of nature. She was always in awe of a deep sunset, a colorful sunrise, the uniqueness of the clouds, and taking the scenic route. She would pull off to the side of the road to observe when the wildflowers were in full bloom. Every year she'd say, "I think this is the prettiest the wildflowers have ever been." And then she'd say the same thing the next year, and so on.

For being such a beauty queen, she can be seen in most photos with her eyes closed, but most importantly, many shots show her in full laughter. She was spunky and had a reputation for cutting phone calls and goodbyes short, and those who knew her understood it was nothing personal. She modeled humility and gratitude as she enjoyed the simple things in life and didn't need much to be happy. Marion embodied resilience and strength to the very end. She will be deeply missed by her loved ones who also know she is exactly where she wants to be.

Her love for Cedar City runs deep and though she lived in northern Utah for the last year, her desire was to return home to the place she loves most to be laid to rest with her sweetheart by her side.

Services will be held Saturday, February 11, at the LDS Church Building at 1925 West 320 South, Cedar City, Utah with a viewing at 10am MST, funeral at 12pm MST and graveside services immediately following at the Cedar City Cemetery. Live streaming of the services will be available.

Dr. George Gary Dunford



Dr. George Gary Dunford passed away at home in Cedar City, Utah on February 1, 2023. He was born in Provo, Utah on March 08, 1935, to Venna Luetta Patterson and George Osmond Dunford, he was the third of eight children.

His adventuresome early childhood years were in Shelly, Idaho. His family moved to Payson when Gary started 5th grade, there he made some good, lifelong friendships. He participated in

student government, and sports at Payson High. Summer months in Montana working for the Forest Service and as a smoke jumper and were filled with adventure. After graduation from High School and Seminary, Gary attended BYU for one year.

He served a two year mission for the Church of Jesus Christ and Latter-day Saints in the North Central States Mission (Minnesota, US and Manitoba, Canada). His service to God continued throughout his life. Service to country was in the Utah National Guard. His family and children lived in various parts of the US and inevitably he engaged in community service.

Gary married his best friend - sweetheart in the Salt Lake Temple June 26, 1959. It has been 63 1/2 years of happy life together.

He is survived by his loving wife Frances L. Dunford, along with his children Jeff Dunford, Connie Dunford, and Jill Stewart and by his six grandchildren: Laurie Gregerson, Brittney G Samuelson, Tiely Stewart, Sydni D Jensen, Zachery Dunford, and Derek Dunford, and his great-granddaughter Sofie Jensen. He is also survived by his four sisters, Margaret Reid, Arlene Vanwagenen, Barbara Christiansen, and Ann Thayne.

He was preceded by his parents, George Osmond Dunford, and Venna Luetta Patterson, along with his sister Ruth Creer, and his two brothers Ned and Max Dunford.

Funeral services will be Saturday, February 11, 2023, at 11 am at the Cedar City Stake Center (155 E 400 S). A Viewing will be held on Friday February 10, 2023, from 5-7pm at the Cedar City Stake Center (155 E 400 S), as well Saturday February 11, from 10:00-10:30 at the Cedar City Stake Center (155 E 400 S). His interment will be in the Bloomington Cemetery in Idaho. His services are under the direction of Southern Utah Mortuary. Online condolences as well as livestreaming services at www.sumortuary.com.

RUSTY

« CONTINUED FROM PAGE 17

working and wait as long as practical to claim your benefits (up to age 70). As an aside, AMAC (Association of Mature American Citizens) has, for years, been proposing (to Congress) its "Social Security Guarantee Plus" which would restore Social Security to solvency for generations to come and would not require an increased payroll tax rate. Congressional reaction has been generally positive, leading us to be hopeful for a reasonable solution to the problem.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

faith

You Turns

Have you ever needed to make a U-turn? You know, when you're driving down the highway and you miss your exit, or realize you're on the wrong road and/or heading in the wrong direction? Like most drivers, you start looking for those sections of salvation in between the median to make a U-Turn. Thankfully, you see one coming up but then you also see a familiar foe, the No U-Turn sign.

However, when you realize you are headed in the wrong direction, the added delay can be time-consuming and frustrating. It's a worse feeling when you see that the next safe exit to turn around is miles away and more out of your way. It can be deflating and defeating to feel like you can't turn around sooner and get back on the right road.

Spiritually speaking, as you travel down life's roads and realize you need to turn around, that's exactly what the adversary wants you to feel and believe - that you've been traveling and stuck on the wrong road for too long and there's no exits for escape. In other words, there's no turning around and going back. This may be perhaps one of the devil's greatest deceptions of all, deceiving someone into believing there's no coming back home.



One of the greatest You "Turn" stories in the Bible is the Prodigal Son (Luke 15:11-32). The son didn't think he could come home, or at least not be a part of the family anymore. He had driven far from home and spent his inheritance on fool fuel. What would have happened if his money hadn't ran out, or if he didn't choose to come home? True, it may seem he made the decision on his own, with some encouragement from his pigpen pals, but it's okay to need/ask for help in making You Turns. We all get stuck in the muck and need help sometimes.

What You Turns do you need to make in life today? Perhaps you need some validation and encouragement as you strive to encourage others in making better choices? Whatever the choices, it's your turn to make a You Turn. No matter what roads you've been traveling. No matter how long you've been stuck and stranded on the wrong roads, heading in the wrong direction, it's time to turn to the One who came to save you from every detour, delay and defeat (John 3:16-17).

It hasn't been too long. You haven't strayed too far away and you don't have to wait for the next exit miles away. Through the Atonement of Jesus Christ, you can turn around right here, right now and His help and healing will immediately begin to work in your heart and life (Joel 2:12-17, Isaiah 45:22). Today, if it's time for a You Turn, you are not alone. God will give you the grace for your race and help you change your direction, right now. Come home! You are still a part of God's family (Romans 8:31-39).

faith

"HIS HAND IN MINE"

"These poems capture who I am. They are written with a prayerful hand, and are inspired from above. It is my hope that all who read them will be edified, find comfort, and feel God's love." — L. Brent Jones

My Eternal Family

by L. Brent Jones

When I took my true love by the hand,
And asked her to be mine,
There was no thought of what would come,
But God's guidance was divine.

Now, through the years I've come to see,
The trust He had in me,
To bless me with the perfect mate,
To form our family tree.

He hand selected who would come,
And how they would connect.
Each one a special spirit child,
To foster and protect.

To raise them in the ways of God.
To teach them what was right.
To give them all the love we had,
As we kept them in our sight.

Now, looking back from where I stand,
Upon this earthly plane,
I'm a witness to His miracles,
Wherein possibilities still remain.

For this gift that he has given me,
Of an eternal life,
With these wondrous blessings that are mine,
My family and my wife.

More glorious than life itself,
Is my eternal family.
Each one of you is a gift from God.
You mean the world to me.

You've made me what I am today.
You make this father proud.
You're more than I could wish for,
And I proclaim my love aloud!

You've held on to the Iron Rod,
Showing your family the way.
To find in God what you have found,
And taught them how to pray.

You're more than I could ever dream.
You are my everything.
And even if there are things you lack,
All eternity will bring.

Complementary Biblical gender roles – (Part 6)

by Edy Meredith

FOR IRON COUNTY TODAY

The biblical authors do not directly spell out their views on gender roles, but the biblical presumption is that readers would understand the realities of survival in an agricultural, farming, and herding culture. While biology certainly affected who normally did what tasks, ancient Israelite women performed tasks for different reasons from what we may assume would be natural for women of today. At that time Israelite women managed the household, while the men supervised physical security. However, both men and women were required for creating, protecting, and the continuation of their households.

Motherhood was considered a privileged position of honor. For that reason, marriage was important and encouraged. While Mosaic law did allow for polygamy except for priests, most Jews outside of Palestine regarded polygamy as one of the three great sins of mainstream Judaism, calling the practice one of "the nets of the devil" by which "smooth speaking" Pharisees entrapped the people, pointing to

Genesis 2:24 where the two shall become one flesh. Jesus in His encounters with Pharisees also quoted Genesis 1:27 as "in the beginning of creation" (Mark 10:6 and Matthew 19:5) and emphasizing that He agreed with monogamy.

In complementary roles for male and female, daily interactions were usually harmonious, supportive, and encouraged reciprocal interdependence between the male and female genders. However, as the Bible teaches in both the Old and New Testaments, all humans are born as sinners with sinful and selfish natures, totally depraved and affecting all (Isaiah 53:6, Romans 7:14).

Biblical scripture shows that ancient women had more social and political power than modern readers might expect as they made and executed plans for the men in their lives; for example, Eve who questioned what God said, Sari, Lot's daughters, Rebekah, Rachel, Leah, Rehab, Ruth, Hannah, Mary, Mary Magdalene, Martha and Mary, Tamar, and Potiphar's wife, for example. Please see the following for a list of about 170 women whose names are found in the Hebrew and Christian Bibles: Wikipedia, List of women in the Bible.

Most Old and New Testament women and men worked tirelessly alongside each other to cultivate sufficient calories and protection from climate, crop failures, banditry, pestilence, and invading empires—laboring within the homestead, creating their jobs themselves, unlike most modern-day patterns of getting employment from other people in another place away from our homes (although electronic communication has changed some of that location-specific work). Male dominance during biblical times reflects culture and is not a Biblical mandate. Rather the roles of men and women should be interpreted through Biblical scripture as egalitarian with each deserving respect, relating to the principle that God created humans, male and female created He them and He blessed them. While there were urban centers in the Bible, the primary Biblical model featured open green spaces and was distinctly suburban and rural.

As we end this series on Women of the Bible, let us all remember how Jesus treated women, how He is a counter cultural leader, showing respect for women and men and calling all to repentance.

Persecuted Jehovah's Witnesses honored during Holocaust Remembrance Day

from The Jehovah's Witnesses

FOR IRON COUNTY TODAY

On January 27, the world marked International Holocaust Remembrance Day, a symbolic date to commemorate the victims of Nazism. Murderous Nazi terror targeted millions for reasons of biology, nationality, or political ideology. But few people know that the Nazis' victims included thousands of Jehovah's Witnesses, who suffered for their Christian faith.

Jehovah's Witnesses, also then known as Bible Students, were "the only group in the Third Reich to be persecuted on the basis of their religious beliefs alone," says Professor Robert Gerwarth.

The Nazi regime branded Witnesses "enemies of the State," according to historian Christine King, because of "their very public refusal to accept even the smallest elements of [Nazism], which didn't fit their faith and their beliefs."

On religious grounds, the politically neutral Witnesses refused to give the "Heil Hitler" salute, take part in racist, violent acts, or join the German army. "In their literature they publicly identified the evils of the regime, including what was happening to the Jews," stated King.

Witnesses were among the first sent to concentration camps, where



A purple triangle distinguished the Jehovah's Witnesses who were imprisoned for refusing to submit to Hitler's regime.

they bore a unique uniform symbol—the purple triangle. Of about 35,000 Witnesses in Nazi-occupied Europe, more than one-third suffered direct persecution. Most were arrested and imprisoned. Hundreds of their children were taken to Nazi homes or reformatories. About 4,200 Witnesses went to Nazi concentration camps.

Leading authority Detlef Garbe wrote: "The declared intention of the NS [Nazi] rulers was to completely eliminate the Bible Students from German history."

Thousands of Jehovah's Witnesses were among the millions of Nazism's victims. An estimated 1,600 Witnesses died, 370 by execution. The Nazis sought to break Witnesses' religious convictions by offering them freedom in exchange

for a pledge of obedience. The standard Erklärung (issued in 1938) required the signee to renounce his or her faith, denounce other Witnesses to the police, fully submit to the Nazi government, and defend the "Fatherland" with weapon in hand. Prison and camp officials often used torture and privation to induce Witnesses to sign. According to Garbe, "extremely low numbers" of Witnesses recanted their faith.

Geneviève de Gaulle, a niece of General Charles de Gaulle and member of the French Resistance, said of female Witness prisoners in Ravensbrück concentration camp: "What I admired a lot in them was that they could have left at any time just by signing a renunciation of their faith. . . . Ultimately, these women, who appeared to be so weak and worn out, were stronger than the SS, who had power and all the means at their disposal. They had their strength, and it was their willpower that no one could beat."

The failure of Nazi coercion in the case of Jehovah's Witnesses contrasts with widespread societal conformity to Nazi aims before and during the Holocaust. The nonviolent resistance of ordinary people to racism, extreme nationalism, and violence merits thoughtful reflection on this International Holocaust Remembrance Day.

FALCONS RALLY FALLS SHORT

by Tom Zulewski

IRON COUNTY TODAY

In a key Region 12 battle played Feb. 2, the Canyon View girls basketball team head coach Jaycee Barnhurst would rather forget. The second half was clearly better, but the end result fell short of the important prize.

Maylee Spencer scored 26 points, but the Falcons couldn't finish a comeback from a 19-point deficit as they fell 52-38 to the visiting Carbon Dinos. Ranked No. 8 in the RPI, CV fell to 2-3 in Region 12 and 12-7 overall on the season.

"We did a lot of things well in the

second half, but it comes down to we didn't play well in the first half," Barnhurst said. "We didn't have energy, didn't play tough. We came in here thinking we were already beat."

With the help of a strong defensive effort and eight third-quarter points from Spencer, Canyon View went on a 10-4 run to cut into a 19-point deficit. The Falcons would add a 9-2 run to begin the fourth



Carbon

52



Canyon View

38

Carbon 21 14 6 11 - 52
Canyon View 12 6 10 10 - 38

Carbon - Tanner 1, Sorenson 3, Richards 1, Williams 3, Jensen 2, Orth 13, Timothy 17, Lancaster 4, Garrish 8. Totals 19 13-22 52. 3-pointers - Williams 1.

Canyon View - Spencer 26, Nichols 4, Lister 2, Miles 2, Davie 1, Gleave 3. Totals 14 6-10 38. 3-pointers - Spencer 3, Gleave 1.



(L to R)
Canyon View's
Maya Nichols and
Kamryn Brush
bolstered the nearly
energy-extinct Falcons
to keep fighting to
the end.



"We didn't have energy, didn't play tough. We came in here thinking we were already beat."

Jaycee Barnhurst,
CV girls head coach

quarter that sliced the Dinos' lead to 43-37 with more than half the fourth quarter remaining.

After two offensive trips resulted in missed shots, Carbon put the win away and ended the drama with a 9-1 run over the last four and a half minutes that sealed the win.

"We got some big defensive stops and then we finally found the bottom of the net," Barnhurst said of CV's second-half effort. "We made them tired for a stretch of time, but we had a hard time hanging on to the intensity."

Spencer had 13 points in the open-

Parowan boys drop two on court

by Tom Zulewski

IRON COUNTY TODAY

Brock Felder scored 14 points, but the Parowan boys basketball team couldn't overcome a slow start as they fell 73-44 to the No. 2 Kanab Cowboys on Jan. 31. The Rams fell behind 19-4 after the first quarter and didn't have an answer to slow down Kason Janes, who led all scorers for the Cowboys with 21 points.

Kanab was only 4-for-8 at the free-throw line, but made 30 field goals to 18 for Parowan.

The Rams improved in their second game of the week Feb. 1, but fell short in a 61-58 road loss at San Juan. Cash Mortensen led Parowan (4-4 Region 19, 8-9 overall) with 20 points, Felder added 14, and Luke Millett contributed 12.

Parowan had a road game at Enterprise on Tuesday that was too late for press deadline, and they will finish the regular season at home Thursday against South Sevier in a 7 p.m. tipoff.

Ram girls stun No. 2 Kanab

21-POINT 2ND QUARTER LEADS TO UPSET OF COWBOYS

by Tom Zulewski

IRON COUNTY TODAY

Brooklyn Hulet scored 21 points, and the Parowan girls basketball team pulled off a 54-53 upset win Feb. 1 over No. 2 Kanab in Region 19 play. The Rams outscored the Cowboys 21-11 in the second quarter and took control of the game.

Hulet made five 3-pointers as part of her effort, and Parowan was able to win despite shooting just two free throws. Bella Johnson added 12 points and seven rebounds in the win.

The Rams finished the week with a 73-51 victory over the San Juan Broncos on Feb. 3. Hulet completed her week with a 26-point effort and Katlynn Matheson added 15 for Parowan in the win as they improved to 5-3 in Region 19 and 10-9 overall along with a No. 8 ranking in the RPI.

Parowan will host Enterprise tonight and finish the regular

season with a road game at South Sevier on Friday. Both games will start at 7 p.m.



Parowan
54



Kanab
53

Kanab	12	11	16	14	- 53
Parowan	8	21	17	8	- 54

Kanab - Cutler 17, Little 14, Bateman 9, Houston 8, Gilberg 3, Janes 2. Totals 18 9-11 53 3-pointers - Cutler 2, Bateman 3, Houston 2, Gilberg 1.

Parowan - Hulet 21, Johnson 12, Matheson 8, Robinson 7, Jense 6. Totals 22 2-2 54. 3-pointers - Hulet 5, Robinson 1, Jense 2.

Sizzling second stanza not enough for Southern Utah

T-BIRD MAIZEN FAUSETT JOINS 1400-POINT CLUB

by Jason Marsteller

SUU ATHLETICS STRATEGIC COMMUNICATION

ST. GEORGE — The Southern Utah men's basketball team turned in a scorching second stanza, but it was not enough to overcome a quiet first frame in an 86-79 loss to Utah Tech on Saturday, Feb. 4.

SUU's record moved to 16-8 and 8-3 in the Western Athletic Conference, while Utah Tech improved its record to 11-13 and 3-8 in WAC play.

Senior forward Maizen Fausett led five Thunderbirds in double-digit scoring with 19 points as he joined the 1,400-point club with 1,407 in his career at SUU. He's just the fourth player for Southern Utah ever to accomplish that feat as he closes in on former teammate Dre Marin's 1,434 career points for third all-time on the record charts.

Sophomore center Jason Spurgin and sophomore guard Drake Allen each scored 13 points with Spurgin collecting a double-double thanks to 10 rebounds.

Graduate guard Cameron Healy canned four straight three-pointers in the second half en route to 12 points, while senior guard Tevian Jones turned in 10 points during the game. Jones increased his SUU career tally to 1,245 points to go along with 1,343 total as an NCAA Division I player along with some time spent in an Illinois uniform.

Senior guard Harrison Butler chipped in seven points along with 11 rebounds as his career tally increased to 1,331 at SUU.

In the first half, Utah Tech opened the game quickly, taking a 9-3 lead at the 17:23 mark. Tevian Jones kicked off scoring for the T-Birds with a trifecta during the stretch. The Thunderbirds countered with a 7-3 burst of their own during the following 1:45 of play to cut the Utah Tech lead to 12-10 with 15:38 on the clock. Jones added another triple during this stretch of play.

The Trailblazers, however, pushed their lead to 14-10 with 15:04 on the clock heading into the first media timeout. That keyed a 12-0 run for Utah Tech as it extended its lead to 24-10 with 12:26 to play.

In the second half, Utah Tech started the second stanza like it did in the first half with a 5-0 run to take a 52-30 lead with 18:49. Maizen Fausett took a great Cameron Healy assist to the hole with a layup to cut the gap to 52-32 before converting the old-fashioned three-point play with 18:29 left to move to within 52-33.

The teams battled down the stretch with the Trailblazers having just enough to close out the game for an 86-79 victory. Southern Utah returned home to face Tarleton State on Thursday, Feb. 9 at 7 p.m. MT.



SUU ATHLETICS

Senior forward Maizen Fausett led five Thunderbirds in double-digit scoring with 19 points as he joined the 1,400-point club with 1,407 in his career at SUU.

Stay up to date during the 2022-23 Southern Utah Men's Basketball season by following @SUUBasketball on Twitter and Instagram and by liking the Southern Utah Basketball page on Facebook. Head on over to our online ticket store (<https://www.ticketreturn.com/prod2new/team.asp?SponsorID=16319>) to purchase season, package and single-game tickets!

Snow Canyon holds off Cedar boys

by Tom Zulewski

IRON COUNTY TODAY

The Cedar Reds didn't have the best outing in its initial game of the week. The Snow Canyon Warriors had just enough left at the end to hold off a serious challenge and come away with a key road victory.

Owen Mackay scored a game-high 30 points, and the Warriors made 11 of 12 free throws in the fourth quarter to hang on for a 66-61 victory over the Reds on Feb. 3. Cedar dropped its third straight and fell to 2-7 in Region 10, 7-11 overall.

Snow Canyon (7-2 Region 10, 14-7 overall) led 44-43 after three quarters, but Cedar stayed close thanks to a strong effort from the 3-point line. After Kanden Coronado hit his third trey of the night to give the Reds their last lead at 54-53, Mackay and Karter Murdock hit two free throws each and the Warriors would

Snow Canyon

66

Cedar

61

Snow Canyon – Hamlin 5, Meacham 11, Leavitt 3, Warner 12, Murdock 5, Mackay 30. Totals 23 12-14 66. 3-pointers – Hamlin 1, Meacham 3, Leavitt 1, Warner 2, Mackay 1.

Cedar – Rogers 6, S. Albrecht 11, Garrett 6, Bronson 10, Kreitzer 15, E. Albrecht 1, Coronado 10, York 2. Totals 23 5-10 61. 3-pointers – Rogers 2, S. Albrecht 2, Garrett 1, Bronson 1, Kreitzer 1, Coronado 3.

take control for good.

“We were trying to battle back the whole time, but we just gotta execute a little better,” Cedar head coach Tyler Monks said. “We played a lot better, a lot harder, than we did Wednesday night. We boxed out well, but we just have to make a few more plays down the stretch.”

Landon Kreitzer led three Reds players in double figures with 15 points, Stockton Albrecht added 11 and Ty Bronson chipped in with 10.

In its first game of the week, Cedar was outscored 31-5 in the second quarter and fell 82-52 at home to the Crimson Cliffs Mustangs on Feb. 1. Jordan Eaton led five players in double figures with 17 points for the visiting Mustangs (6-3

region, 12-6 overall).

Ranked No. 10 in the RPI, the Reds will play their only game of the week tonight on the road at Pine View in a 7 p.m. tipoff.

Cedar girls rally past Mustangs, split hoops week

by Tom Zulewski

IRON COUNTY TODAY

The Cedar girls basketball team struggled out of the gate in its Feb. 1 home game against the Crimson Cliffs Mustangs. After scoring just nine points in the first half, the Reds turned up the defensive pressure and earned another victory.

Annalyse Shimada had nine points, and Cedar wiped out a five-point half-time deficit to beat Crimson Cliffs, 34-26, and earn its third Region 10 win of the season. Trailing 14-9 at the break, the Reds held the Mustangs to just 12 points over the final 16 minutes.

Cedar

34

Crimson Cliffs

26

Crimson Cliffs – Jones 9, Adams 7, Plewe 3, Korella 3, Tebbs 2, Richey 2. Totals 10 5-19 26. 3-pointers – Korella 1.

Cedar – Shimada 9, Gomez 8, Bishoff 6, Hansen 4, Warby 2, Robison 2, Davis 2, Bird 1. Totals 12 5-11 34. 3-pointers – Shimada 2, Gomez 1, Bishoff 2.

Shimada added nine rebounds for Cedar in the victory and the team made five 3-pointers.

In their second game of the week, the Snow Canyon Warriors scored more than 20 points in each of the first three quarters and coasted to a 71-52 win over Cedar on Feb. 2. Olivia Hamlin led all scorers for Snow Canyon (9-0 Region 10, 14-5 overall) with 28 points. Kiara Hansen led Cedar (3-6, 3-14) with 14 points in the loss.

The Reds were able to outscore the Warriors 17-6 in the fourth quarter.

Cedar played its only game of the week at Pine View on Tuesday, which was too late for press deadline.

PREP SCOREBOARD

SCORES

Region 10 Boys Basketball

- 2/1 Crimson Cliffs 82, Cedar 52
Snow Canyon 73, Pine View 63
Desert Hills 92, Hurricane 67
- 2/3 Snow Canyon 66, Cedar 61
Dixie 65, Pine View 42
Desert Hills 60, Crimson Cliffs 47

Region 12 Boys Basketball

- 2/1 Emery 68, Canyon View 60
Richfield 71, Grand 35
- 2/3 Canyon View 60, Carbon 40
Emery 92, Grand 51

Region 19 Boys Basketball

- 1/31 Kanab 73, Parowan 44
South Sevier 82, Beaver 38
- 2/1 San Juan 61, Parowan 58
- 2/2 Enterprise 48, Beaver 43
Kanab 74, South Sevier 62
- 2/3 Enterprise 66, San Juan 54
- 2/4 South Sevier 70, San Juan 48

Region 10 Girls Basketball

- 1/31 Cedar 34, Crimson Cliffs 26
Snow Canyon 61, Pine View 46
Desert Hills 44, Hurricane 41
- 2/2 Snow Canyon 71, Cedar 52
Dixie 55, Pine View 49
Desert Hills 35, Crimson Cliffs 34

Region 12 Girls Basketball

- 1/31 Draper APA 67, Carbon 60
- 2/2 Carbon 52, Canyon View 38
Richfield 54, Emery 39

Region 19 Girls Basketball

- 1/31 Dove Creek (CO) 60, San Juan 45
- 2/1 Parowan 54, Kanab 53
Beaver 45, South Sevier 37
- 2/3 Parowan 73, San Juan 51
South Sevier 46, Kanab 44
Enterprise 59, Grand 44
- 2/4 San Juan 50, Enterprise 41

STANDINGS

RPI RANKINGS IN PARENTHESES

Region 10 Boys Basketball

	REGION	OVERALL
Dixie (2)	8-0	18-2
Snow Canyon (4)	7-2	14-7
Crimson Cliffs (6)	6-3	12-6
Desert Hills (5)	5-4	12-7
Pine View (12)	2-6	3-14
Cedar (10)	2-7	7-11
Hurricane (14)	0-8	2-15

Region 12 Boys Basketball

	REGION	OVERALL
Emery (3)	6-1	15-4
Richfield (2)	5-2	14-5
Canyon View (8)	4-3	13-8
Carbon (12)	2-4	8-10
Grand (17)	0-7	5-16

Region 19 Boys Basketball

	REGION	OVERALL
Kanab (2)	6-2	15-4
Enterprise (1)	6-2	14-4
South Sevier (3)	6-3	14-6
Parowan (8)	4-4	8-9
San Juan (9)	3-6	7-15
Beaver (18)	0-8	3-15

Region 10 Girls Basketball

	REGION	OVERALL
Snow Canyon (4)	9-0	14-5
Dixie (5)	6-2	12-6
Desert Hills (8)	6-3	10-9
Hurricane (9)	3-5	4-11
Cedar (11)	3-6	3-14
Pine View (10)	2-6	6-13
Crimson Cliffs (12)	1-8	2-12

Region 12 Girls Basketball

	REGION	OVERALL
Richfield (2)	4-1	17-3
Carbon (4)	4-1	14-5
Canyon View (8)	2-3	12-7
Emery (10)	0-5	9-9

Region 19 Girls Basketball

	REGION	OVERALL
Beaver (1)	8-0	18-1
Kanab (3)	5-3	16-3
Parowan (8)	5-3	10-9
South Sevier (6)	4-4	11-9
Enterprise (11)	1-7	6-16
San Juan (14)	1-7	6-15

SCHEDULE

Region 10 Boys Basketball

- 2/8 Cedar at Pine View
Dixie at Snow Canyon
Hurricane at Crimson Cliffs
- 2/10 Dixie at Desert Hills
Snow Canyon at Hurricane
Crimson Cliffs at Pine View

Region 12 Boys Basketball

- 2/8 Carbon at Emery
- 2/10 Canyon View at Grand
Richfield at Carbon

Region 19 Boys Basketball

- 2/7 Parowan at Enterprise
South Sevier at San Juan
- 2/9 South Sevier at Parowan
Enterprise at Kanab
- 2/10 San Juan at Beaver

Region 10 Girls Basketball

- 2/7 Pine View at Cedar
Snow Canyon at Dixie
Crimson Cliffs at Hurricane
- 2/9 Hurricane at Snow Canyon
Pine View at Crimson Cliffs
Desert Hills at Dixie

Region 12 Girls Basketball

- 2/7 Richfield at Draper APA
- 2/9 Canyon View at Richfield
Carbon at Emery
- 2/10 Grand at Canyon View

Region 19 Girls Basketball

- 2/7 San Juan at South Sevier
- 2/8 Enterprise at Parowan
Kanab at Beaver
- 2/10 Parowan at South Sevier
Beaver at San Juan
Kanab at Enterprise



CHECK US OUT ONLINE...

ironcountytoday.com +



Cedar's Kucifer, Bennett sign with SUU football

by Tom Zulewski

IRON COUNTY TODAY

For Cedar kicker Parker Kucifer, kicking footballs was more of his thing than punting. For linebacker Bryson Bennett, having his dad direct him as head coach made all the difference in his college choice.

On Feb. 1 before friends, family and teammates, Kucifer and Bennett signed their letters of intent to play football for Southern Utah. The pair will be joining a Thunderbirds team that finished 5-6 overall in its debut season under Delane Fitzgerald as a member of the Western Athletic Conference (WAC).

Among the highlights for Kucifer's senior season with a Reds team that finished 4-7 overall was a 38-yard game-winning field goal that beat Pine View 31-28 in overtime and a 45-yarder that got the scoring started against Crimson Cliffs in the regular-season finale.

"I'm not much of a punter," said Kucifer, who plans to major in either sports communication or aviation. "I really respect the new coaching staff and love what they're trying to do. Having family and friends you know at your games is awesome, and if I was across the nation, it'd be a lot harder for them to see that."

Knowing he's entering a different kind of pressure as a kicker, Kucifer has related to what he's seen when the pros have moments like Dallas Cowboys kicker Brett Maher had when he missed



(L to R) Cedar kicker Parker Kucifer and linebacker Bryson Bennett sign their letters of intent to play football for Southern Utah on Feb. 1.

TOM ZULEWSKI

four extra points in a playoff win over the Tampa Bay Buccaneers.

"I felt bad for Maher when he missed those," Kucifer said. "When you hit the posts, it's always a pain. There aren't a lot of us, and when they make the kicks, it's always nice to see."

Bennett said having his dad running the show made all the difference in his opportunity to stay home.

"All my life I wanted to make him proud," Bennett said. "I know he's proud of me, and he really helped. He was always hard on me, and I

wouldn't be here without him."

Josh Bennett said there was one additional factor that gave Bryson the drive to stay home and play for the T-Birds.

"He had offers from other schools, but he wanted to stay close to home and he's going to be a pre-med student. SUU has a great pre-med program," Bennett said of his son's choice. "That helped steer him, and the coaches have been great. They're giving him a chance. SUU is a great program that's on the rise and will continue to get better."

Thunderbirds dismantle Vaqueros with balanced attack

by Seth Whitehouse

SUU ATHLETIC COMMUNICATIONS INTERN

EDINBURG, Texas — The Southern Utah University women's basketball cruised past the UTRGV Vaqueros Saturday afternoon with a dominating 84-55 victory. The Thunderbirds had an explosive scoring attack, with five different players finishing with double-digits. After a tight first half, the Thunderbirds amassed a 21-2 third-quarter run to secure the victory. Southern Utah remains unbeaten in WAC play, improving to (13-7; WAC 9-0), while UTRGV falls to (8-13; WAC 2-8).

Southern Utah dominated in several statistical categories, recording a season-high field goal percentage of 61.1 percent and a three-point percentage of 46.2 percent. The Thunderbirds controlled the paint scoring 48 points inside compared to the Vaqueros' 18 points. SUU remained efficient from the charity stripe shooting 80 percent on 12-15, shooting compared to UTRGV's 62.5

Megan Jensen led the charge for the Thunderbirds, scoring 21 points on 8-10 shooting with four rebounds and two blocks. Tomekia Whitman continues to be a spark, finishing with 15 points, six rebounds, and two assists.



SUU's Samantha Johnston helped the Thunderbirds vanquish the Vaqueros with precision 3-point shooting.

SUU ATHLETICS

Samantha Johnston was on fire from three the entire night, recording 14 points and two assists, shooting 4-6 from behind the arch. Lizzy

Williamson had an impressive night down low, earning 12 points, five rebounds, and a game-high three blocks, while Cherita Daugherty added

10 points, three assists, and two steals.

In the first half, both teams started the game by trading buckets back and forth before Johnston hit a deep three and Williamson sunk a second-chance layup to open an 11-6 lead for the Thunderbirds heading into the first media timeout.

Southern Utah remained on fire to begin the second half, exploding out on a 21-2 run as Jensen and Williamson combined for 12 quick points, and Johnston hit another three to stretch SUU's lead to 62-34.

UTRGV fought back to begin the fourth quarter with a top-of-the-key three. But SUU was just too dominant as Whitman dished out a dime to Ballena for a three-pointer, and Jensen kept finding lanes to the basket compiling two more crafty layups, putting the game out of reach and helping the Thunderbirds cruise to the 84-55 victory.

The Thunderbirds had a short turnaround as they headed to Arlington for their second Texas matchup against the UT Arlington Mavericks on Monday, Feb. 6, at 12 p.m. MT.

For all the latest on Southern Utah women's basketball, follow @SUUWBasketball on Twitter and Instagram and like the Southern Utah Women's Basketball Facebook page.

Flippin' Birds flourish on the floor in statement victory over BYU

by *Regan Hunsaker*

ASSISTANT AD, SUU SPORTS INFORMATION

CEDAR CITY — The Flippin' Birds snatched another Mountain Rim Gymnastics Conference win at home tonight against BYU 196.925-196.475. After a slow start on the vault, the Thunderbirds went on to win the bars and floor while also matching the Cougars on the beam.

The Thunderbirds started the evening off on the vault and finished the competition with some near-perfect floor routines. Graduate Student Karley McClain claimed an individual

we see them again in Provo. Just like everyone else, the comfort level at home is a big factor," shared Coach Scott Bauman.

VAULT (48.900)

Southern Utah fell behind early in the meet on the vault. McClain and freshman Kayla Pardue were the top scorers for the T-Birds with 9.825. The next best score for southern Utah was sophomore Ellie Cacciola who scored 9.775. Graduate student Rachel Smith was next with a 9.750 and graduate student Caitlin Kho rounded out the scoring with a 9.725.

each executed highly technical routines scoring 9.900. Junior Aubri Schwartze scored the next best with a 9.850 and McClain continued to contribute to the team's scores with a 9.825. Smith closed out the Beam scoring for Southern Utah with a 9.800.

FLOOR (49.500)

The floor team for the Thunderbirds continued to prove why they are ranked in the top 30 with some beautiful routines. McClain, who sits at #23 nationally, showed why the floor has been a strength for her all season scoring a 9.950. Schwartze



SUU ATHLETICS

The Flippin' Birds celebrate the victory over BYU with their 8th best team score (196.925). The floor team also tied their 3rd best score (49.500 in 2020) in program history.

event champion scoring a 9.995 with her floor routine and finishing the all-around with a 39.475 which matched her season high.

The Southern Utah floor team scored a season-best 49.500 which tied the #3 all-time mark in program history. The last time the Thunderbirds scored 49.500 on the floor was in 2020 when they squared off with Central Michigan University. The 196.925 score for the Flippin' Birds was also good enough to find a spot in the record books as the eighth-best team score of all-time for SUU.

"BYU is a well-coached team with phenomenal athletes, so it is great to get the win tonight but we will have to be sharp again next week when

BARS (49.250)

The Flippin' Birds charged back into the race scoring their top marks of the season with a 49.250. Graduate student Shylen Murakami led the T-Birds with a 9.900 while McClain added a 9.875. Graduate student Mayson Bentley notched a season-best 9.825 and that effort was matched by Kho, freshman Trista Goodman, and sophomore Isabella Neff.

BEAM (49.275)

Heading into the third rotation the Flippin' Birds were behind by less than a tenth of a point. SUU answered the call with an outstanding 49.275. Cacciola and junior Hailey Vultaggio

scored just behind her at 9.925 and Vultaggio followed that up with a 9.900. Cacciola and Smith rounded out the scoring with a 9.875 and 9.850 respectively. In all, four of the top five scores on the floor in the meet belonged to the T-Birds.

The Flippin' Birds will continue conference play this Friday when they travel to Provo for a rematch with BYU. The meet will start at 7:00 p.m. MT at the Smith Fieldhouse.

For all the latest on Southern Utah gymnastics, follow @SUUGym on Twitter, @SUUGymnastics on Instagram, and like the Southern Utah Gymnastics Facebook page.

CV HOOPS

« CONTINUED FROM PAGE 20

ing half, but CV managed to score only six in the second quarter as they went to the halftime locker room trailing 35-18. The Falcons will play twice this week starting with a road game at region leader Richfield on Thursday, then finish the regular season with a non-region home game Friday against Grand starting at 5:45 p.m.

CV BOYS SPLIT

The Canyon View boys teams split a pair of Region 12 home games last week, starting with a 68-60 loss to the Emery Spartans on Feb. 1. Jase Whitaker led the way with 24 points, including six 3-pointers, but the Falcons couldn't hold on after taking



Emery

68



Canyon View

60

Emery 18 11 21 18 - 68
Canyon View 17 16 13 14 - 60

Emery - Rasmussen 14, T. Tuttle 7, Sharp 2, Justice 14, Curtis 3, Z. Tuttle 2, Stilson 17, Olsen 2, Nielson 7. Totals 26 12-22 68
3-pointers - T. Tuttle 1, Justice 1, Curtis 1, Nielson 1.

Canyon View - Ellett 2, Farrow 10, Whitaker 24, Miles 5, Barnes 2, Topham 10, Hartmann 2, Ludlow 5. Totals 20 10-12 60
3-pointers - Farrow 2, Whittaker 6, Miles 1, Ludlow 1.

a 33-29 halftime lead.

Wade Stilson led Emery with 17 points, and the visiting Spartans turned their fortunes around by making 10-of-12 from the free-throw line in the second half, matching CV's total for the game.

Jace Farrow and Myles Topham added 10 points each for the Falcons in the loss.

Canyon View rebounded Feb. 3 and pulled away in the second half to rout Carbon, 60-40, and improve to 4-3 in Region 12, 13-8 overall. Chad Hartmann led the way with 16 points and Andrew Barnes added 10 as CV broke open the game after leading 25-20 at the half.

The Falcons will close the regular season with a road game at Grand on Friday that starts at 7 p.m.

Canyon View girls win divisional wrestling title

On the strength of four individual wins, including the final match of the day, the Canyon View girls wrestling team came through and won the 3A Division B championship held at Morgan High on Feb. 1. Wrestling at heavyweight, Maitae Cardenas came through with a pin of Ogden's Tomi Rogers in 36 seconds as the Falcons edged runner-up Juab by two points, 267-265.

CV's other individual titles came from Julia Kay at 105 pounds, Kristie Jensen (110) and Tilisa Matakaiongo (190). Kay improved her record on the season to a perfect 42-0 when she pinned Juab's Emily Shoemaker in 3:21, Jensen pinned Brighton Summers of Ogden in 38 seconds and Matakaiongo pinned Juab's Macee Ercanbrack in 45 seconds.

The Falcons added runner-up finishes from Michaela Rember (120) and Kelsey Weaver (155). Kay was named the tournament's Most Outstanding Wrestler, and all 14 members of the team qualified for the

Cedar, which has 10 seniors on the team, will compete at the 4A Divisional meet Friday and Saturday and those who qualify advance to the 4A State meet at Sevier Valley Center on Feb. 17 and 18.

There was more than enough frustration for the Canyon View girls basketball team

in its home game loss to Carbon on Feb. 2, but with only a single game played during the week, head coach Jaycee Barnhurst didn't mince words as she let her feelings be known on the four-team shape of Region 12.

"This region sucks," she said. "One game a week is not fair to anybody. It's not fair to any of the girls and it's not fair to the teams. Whoever thought a four-team region was smart has no clue what sports are

about. No idea."

With the push for RPI position in the 3A state playoffs heading to the final week, CV has only a key road game at No. 2 Richfield left

RANDOM thoughts

Tom Zulewski

IRON COUNTY TODAY



DALLAS LOWRY

Canyon View's Maitae Cardenas finishes a pin of Ogden's Tomi Rogers in 36 seconds as the Falcons won the 3A Division B wrestling title Feb. 1 at Morgan High.

3A state meet that will be held at Sevier Valley Center in Richfield on Feb. 15 and 16.

Canyon View head coach Dallas Lowry announced signups are being taken for a new season of Little League wrestling Feb. 20 and 21 from 4 to 5 p.m. at the Falcons wrestling room on campus. For more details, contact Lowry at 531-1606.

Across town, Cedar head wrestling coach Luke Payne was honored Feb. 2 in his final home meet leading the Reds as he announced his retirement after 21 years with the program. Payne spent the last eight years as head coach.

Thursday to potentially help its fight to move up from the No. 8 spot in the rankings. Playoff pairings will be announced Saturday and first-round girls games in 2A and 3A will be played Feb. 15.

The current alignment will expire at the end of this season, and Region 12 will double to eight teams in the fall with the addition of Manti, Juab, Delta and North Sanpete.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

TOM'S SPORTS TRIVIA

In the interest of the news of the week, this week's dozen does a deep dive into some of the headlines that made news you may not have heard from your normal sources. If you know, you know, so please remember...no wagering!

1. Even with its controversial start, the LIV Golf tour finally landed a contract with a broadcast TV network to air its 14 tournaments in 2023. Which network will show the LIV Golf tour this season?

- A. The CW
- B. Paramount Plus
- C. Fox Sports 1
- D. Golf Channel

2. The NFL Pro Bowl took on a different twist when it played a flag football game with teams coached by Peyton and Eli Manning. In which city was the game played Feb. 5?

- A. Tampa
- B. Miami
- C. Las Vegas
- D. Atlanta

3. With the NBA trade deadline rapidly approaching, which Brooklyn Nets star asked for a trade when negotiations on a contract extension broke down last week?

- A. Kevin Durant
- B. Kyrie Irving
- C. Royce O'Neal
- D. Ben Simmons

4. Which quarterback legend announced his retirement at age 45 for a second time in a Twitter video?

- A. Russell Wilson
- B. Derek Carr
- C. Zach Wilson
- D. Tom Brady

5. The PGA Tour played its most recent event at the AT&T Pebble Beach Pro-Am in Pebble Beach, Calif. How many courses are played in this tournament?

- A. One
- B. Two
- C. Three
- D. Four

6. Former Utah Jazz player Donovan Mitchell was ejected from the Cleveland Cavaliers game against the Memphis Grizzlies on Thursday night following an on-court fight. Which Grizzlies player did Mitchell accuse of "being a dirty player" after the third-quarter incident?

- A. Ja Morant

- B. Dillon Brooks
- C. Xavier Tillman
- D. Desmond Bane

7. In a season where scoring has gone through the roof, two NBA teams have allowed more than 120 points per game. The San Antonio Spurs are one (122.3 ppg). Which Eastern Conference team is the other, allowing 120.1 ppg?

- A. Charlotte Hornets
- B. Orlando Magic
- C. Toronto Raptors
- D. Detroit Pistons

8. With the completion of the 2022 NFL regular season, its Sunday Ticket streaming service left DirecTV after 29 years. Where will NFL Sunday Ticket be carried starting next fall?

- A. YouTubeTV
- B. Fubo
- C. Tubi
- D. Peacock

9. Which NBA superstar is closing in on Kareem Abdul-Jabbar's career scoring record of 38,387 points as a member of the Los Angeles Lakers?

- A. Russell Westbrook
- B. Carmelo Anthony
- C. James Harden
- D. Chris Paul

10. Where is the 2023 NFL Draft being held?

- A. Philadelphia
- B. New York
- C. Kansas City
- D. Cincinnati

11. Spring training is still a week away, but which Los Angeles Dodgers player spent last week bowling in the PBA U.S. Open in Indianapolis?

- A. Trea Turner
- B. Max Muncy
- C. Will Smith
- D. Mookie Betts

12. How much does a 30-second TV ad cost in Super Bowl LVII?

- A. \$5 million
- B. \$6 million
- C. \$7 million
- D. \$8 million

LAST WEEK'S ANSWERS

1. B: Green Bay Packers. The Packers beat the Kansas City Chiefs in Super Bowl I and the Oakland Raiders in SB II.
2. D: Seven.
3. A: Philadelphia Eagles.
4. C: 50. Tom Brady broke the record with 62 pass attempts in Super Bowl LI.
5. B: Second.
6. D: Dallas Cowboys.
7. B: Kevin Dyson.
8. C: Carolina Panthers.
9. B: David Tyree.
10. C: Levi's Stadium.
11. A: Nick Foles.
12. D: Baltimore Ravens.

classifieds

YOUR DIRECT CONNECTION TO THE COMMUNITY

1 WEEK » \$10 BASE RATE up to 30 words, plus 10¢ per word over 30 words
2 WEEKS » \$20 BASE RATE up to 30 words, plus 20¢ per word over 30 words
3 WEEKS » \$24 BASE RATE up to 30 words, plus 30¢ per word over 30 words
4 WEEKS » \$32 BASE RATE up to 30 words, plus 40¢ per word over 30 words
YELLOW HIGHLIGHT MAY BE ADDED TO ANY AD FOR AN ADDITIONAL \$5/WEEK

Submit classified ads at ironcountytoday.com or call 435-867-1865 x. 1
— DEADLINE TO PLACE CLASSIFIED ADS IS FRIDAY AT NOON —

Iron County Today's classifieds section is a service to the community and is not intended to be used by for-profit businesses. Advertisements are the sole responsibility of the advertiser. Iron County Today hereby disclaims all liability for any damage suffered as the result of any advertisement in this newspaper and is not responsible for any claims or representations made in advertisements in this newspaper. Iron County Today has the sole authority to edit and locate any classified advertisement as deemed appropriate. Iron County Today reserves the right to refuse any advertising.

ANNOUNCEMENTS

SINGLE GENTLEMAN, LATE 60'S, I HAVE ALL I NEED, LOOKING for single lady 60+, for long term relationship. Hope to see you soon: 435-592-4438 call or text.

FOR SALE

PARAGONAH CANAL COMPANY, SEVEN-TENTHS OF A share for sale. If interested call 717-872-6759.

TRAVEL SCOOTER 2016 SERIES LIKE NEW ONLY USED ONCE. Travel Pro-Red \$1,000 or Best Offer. Call Jerry or Debbie 435-275-6326 or Leave Message

6.5 QT NINJA FOOD I COOKER-FRYER W/SMART LID LIKE new used once, Model OL501, 14 -in1 pressure cooker/steam fryer with SmartLid- great for families. (775)790-2970 in Cedar City. \$100 cash

CLOCK REPAIR. ALL CLOCKS INCLUDING GRANDFATHER and Antique Clocks. Over 30-years experience. Pick-up and Delivery for grandfather clocks. Call Bill, 435-590-2640.

SERVICES

THE HOUSESMITH BY JOE WILLIAMS CONSTRUCTION. High expectations high end results. Especializing in interior trim & doors, tile, painting, roofing, drywall, etc. Licenced and insured 435-383-1370

AMERICAN LAWN AND TREE: TREE TRIMMING, TREE RE-moval, rain gutter cleaning, outdoor projects, lot and property cleaning, property caretaking. For free estimates, call Rich 435-691-5059

WANTED

CAMERAS & LENSES WANTED: BUYING OLD FILM CAMER-as, 35mm: Leica M, Leica R, Exakta, Contax, Canon, Alpa, Pentax, etc., Medium format: Rolleiflex, Hasselbald, Mamiya 6x7 645, Pentac 6x7m etc. Movie cameras, Bolex, Arriflex, etc. Also books, images, german binoculars, etc. Entire collections considered. Cash paid! We will be at the Gun Show in St. George, at the Dixie Center. Sat./Sun. February 18 & 19. We can also see you in Cedar City. Please call first 928-565-0572

STRONG YARD WORKERS (MINIMUM 16 YEARS OLD). FOR short term project in Enoch. \$15.00 per Hour. Call 435-590-0596

CALL 435-876-1865 EXT. 1 TO PLACE YOUR CLASSIFIED AD

**YOUR AD HERE!
435.867.1865**

Ready for Prom?
AVOID THE RUSH!
 With Tuxedo & Suit Rentals

CARDON'S
 EST. 1934
 SHOES AND CLOTHING

Parowan High Prom:
March 4

74 N. Main, Cedar City • 586-6161 • cardonshoes@gmail.com

FINNEGAN INTERIOR LLC

OVER 20 YEARS EXPERIENCE  LICENCED AND INSURED

Call us for all your drywall, paint, trim or any of your remodel & interior finish needs

CALL JOSH@ 435-559-3844
finneganinterior.com

Diesel Pickup Specialists

SDP
SMITH DIESEL PERFORMANCE

Cummins • Powerstroke • Duramax

2048 N. MAIN, CEDAR CITY 435-865-0055

JJ's Window CLEANING & BLINDS

Cedar City's ONLY Full-Service Window Cleaning & Blind Company

\$100 OFF
 COMPLETE HOME OF WINDOW FURNISHINGS
 Minimum of \$600.
 With coupon. Exp. 3/31/23

SHUTTERS • BLINDS • SHADES

Thanks for supporting your local veteran owned business!

FREE ESTIMATES • CALL TODAY! • 435-865-5850

February 24 & 25

DELTA SNOW GOOSE FESTIVAL 2023

CRAFT FAIR
 75 W Main St.
 Fri: 12 pm - 7 pm
 Sat: 10 am - 4 pm

GOOSE OBSERVATION W/DNR
 Sherwood Shores (East Boat Ramp)

WILD GOOSE CHASE 5K
 25th @ 10 am
 Starts at Public Beach
 Sign up at runnercard.com

QUILT SHOW & CLASSES
 Millard County Fair Building
www.deltasnowgoosequiltshow.blogspot.com

DELTA AREA CHAMBER OF COMMERCE
 75 W. MAIN STREET
 DELTA, UT 84624
 435-864-4316
WWW.DELTAUTAHCHAMBER.COM



- Food Trucks
- Raffles and Prizes
- 4H Activities
 - Painting
 - Cake Decorating
 - Pillowcase
 - Crafts

* Links to sign up on USU Extension-Millard County Facebook or Delta Snow Goose Social Media

[@snowgoosefestivaldeltaut](https://www.facebook.com/snowgoosefestivaldeltaut) [@deltasnowgoosefestival](https://www.instagram.com/deltasnowgoosefestival)

Winter PHOTO CONTEST

Top photos will be featured in our next issue of Color Country Magazine!

Complete contest details/rules & enter your photo at IRONCOUNTYTODAY.COM

legal notices

PUBLIC NOTICE

Clean the Air Carbon Tax Act Initiative — Public Hearing Feb 12, 12:30pm, 175 W 900 S #10, St. George. **This initiative petition proposes the creation of a new carbon tax.**

Published February 8, 2023
Iron County Today • ICT #0509

SUMMONS

IN THE FIFTH JUDICIAL DISTRICT COURT IN AND FOR IRON COUNTY, STATE OF UTAH

CANDOR DEVELOPMENT INCORPORATED, a Utah Foreign Corporation,

Plaintiff,

v.

THE HEIRS AND DEVISEES OF LEWIS ROOT, THE HEIRS AND DEVISEES OF JOSEPH J. WILKINSON, THE HEIRS AND DEVISEES OF PETER B. FIFE, THE HEIRS AND DEVISEES OF WILLIAM WALKER, THE HEIRS AND DEVISEES OF CHARLOTTE ROSENBERG, THE HEIRS AND DEVISEES OF MAGNUS ROSENBERG and MAURINE ROSENBERG, and THE HEIRS AND DEVISEES OF RAYMOND H. LUNT and ZELMA J. LUNT, and JOHN DOES I-X,

Defendants.

SUMMONS FOR PUBLICATION

Case No. 230500007
Judge Matthew L. Bell

THE STATE OF UTAH TO DEFENDANTS:

The above-entitled Court has entered an Order granting Plaintiff the right to serve Defendants, THE HEIRS AND DEVISEES OF LEWIS ROOT, THE HEIRS AND DEVISEES OF JOSEPH J. WILKINSON, THE HEIRS AND DEVISEES OF PETER B. FIFE, THE HEIRS AND DEVISEES OF WILLIAM WALKER, THE HEIRS AND DEVISEES OF CHARLOTTE ROSENBERG, THE HEIRS AND DEVISEES OF MAGNUS ROSENBERG and MAURINE ROSENBERG, and THE HEIRS AND DEVISEES OF RAYMOND H. LUNT and ZELMA J. LUNT, and JOHN DOES I-X, by Publication. You are thereafter hereby summoned and required to file an answer in writing to a Complaint on file with the clerk of the above entitled Court, located at 40 N 100 E, Cedar City, UT 84720. You are also required to file an Answer with the Court and serve upon, or mail to, Plaintiff's attorney, a copy of said Answer within twenty-one (21) days after the service of the Summons upon you if you reside within the State of Utah, or thirty (30) days after the service of Summons upon you if you reside outside the State of Utah. If you fail so to do, judgment by default will be taken against you for the relief demanded in said Complaint, which has been filed with the Clerk of said Court.

Please be advised that this action seeks to quiet title to certain real property and identified Plaintiff's Complaint, Exhibit "D": Legal Description, which is located in Iron County, Utah, and once quieted, the land shall be titled solely in the name of Candor Development Incorporated, a Utah Foreign Corporation, to the exclusion of all parties.

A copy of the Complaint in this action has been deposited with the Clerk of the Cedar City District Court, with a description of the Real Property, and can be picked up by anyone claiming an interest in the above matter at no charge.

DATED this 17th day of January, 2023.

WAYMENT & JONES LAW
/S/ Justin W. Wayment
JUSTIN W. WAYMENT
Attorney for Plaintiff

Published January 25, February 1 & 8, 2023
Iron County Today • ICT #0507

LIEN STORAGE SALE

NOTICE IS HEREBY GIVEN, by Enoch Storage Rentals, that the rights, title and interest of the following storage occupant's personal property will be sold at public auction for non-payment of rent. Each unit's contents will be sold in bulk as a single transaction for CASH only on Saturday, Feb. 25, 2023 at 9 am at Enoch Storage located at 660 E 4930 N Enoch, UT 84721, 435-867-4655. A \$100 refundable cash performance deposit, per unit, is required of successful bidders. Successful bidders will be allowed 7 days to clean out the units.

- #166 David A. Hoovan; mountain bike, exercise equip., microwave
- #182 Bonnie Norton or Iren D. Leavitt; furniture, tv, mattress, totes
- #186 Melissa Ebright; bed frame, table, microwave
- #205 Dan Heath; grill, shelving, fridge, totes
- #218 Minda Malaeulu; tools, shelves, furniture, appliances
- #334 Wyatt Overson; misc. items
- #343 Ryan Russ; pressure washer, fishing poles, tools, chain saw, ladder
- #467 Charles Rice; Honda 4 wheeler, BBQ, mountain bike, chain saw
- #474 Charles Rice; aerator, washer, dryer, fridge, golf clubs
- #492 Andrew W. Baird; chainsaw, suitcase, 5 gal water buckets
- #596 Brittany Gustafson; bedding, totes, furniture

Published February 8, 2023
Iron County Today • ICT #0510

PUBLIC NOTICE

The State of Utah School and Industrial Trust Land Administration (SITLA) has received an application to lease the surface of the following described acreage in Iron County: Township 35 South, Range 15 West, Section 19 Lots 1-4, E2, E2W2 (All), Section 29 W2, Section 30 Lots 1-4, SE4SW4, NE4NE4, SE4SE4, Section 31 N2, SW4, W2SE4, NE4SE4; containing approximately 1,839.44 acres. Any individual wishing to submit a competing application to lease this property, a portion thereof, or a parcel including any of the above-described acreage, should also file an application and the appropriate application fee(s). SITLA will accept competing applications until 5:00 P.M. Friday, March 3rd. For more information about the parcel and about the leasing process, please feel free to contact Mike Healy, 675 East 500 South Suite 500, Salt Lake City, Utah 84102, (801) 538-5159, Reference No.: SULA 2007

Published February 8, 15 & 22, 2023
Iron County Today • ICT #0511

We Now Accept

LEGAL NOTICES

- Utah's Highest Circulated Weekly Newspaper
- Delivered to Doorsteps in Iron County
- Available in Racks in Iron, Beaver & Washington Counties

For Deadlines & Placement Call:


435.867.1865 x.1

IRON COUNTY **today**


YOUR AD HERE!

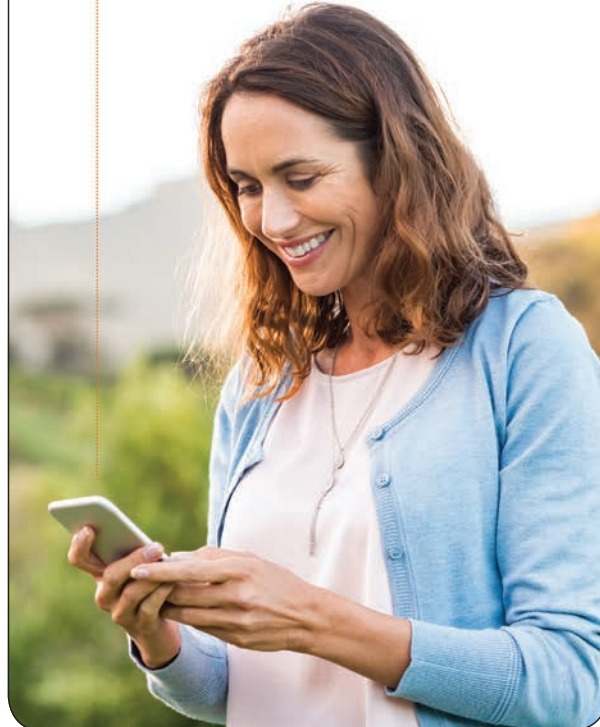
435.867.1865

Like.
Follow.
Connect.



on

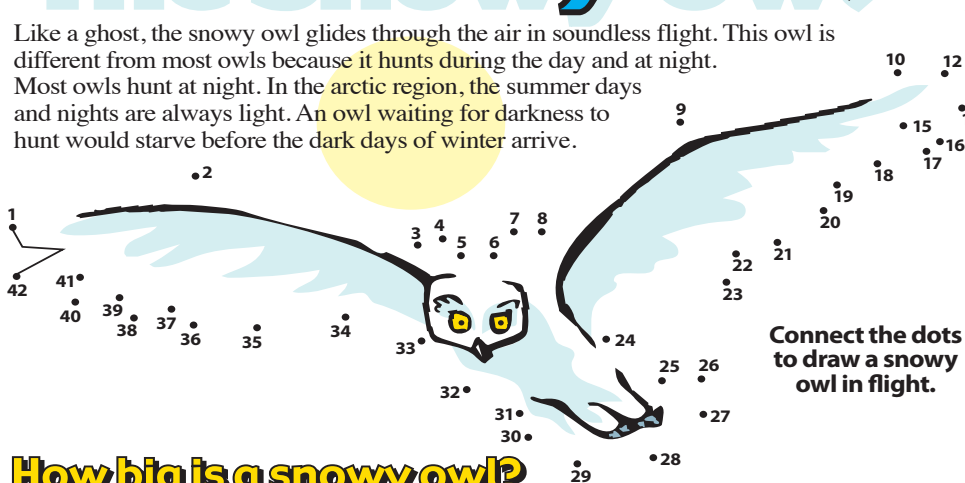






The Snowy Owl

Like a ghost, the snowy owl glides through the air in soundless flight. This owl is different from most owls because it hunts during the day and at night. Most owls hunt at night. In the arctic region, the summer days and nights are always light. An owl waiting for darkness to hunt would starve before the dark days of winter arrive.



Connect the dots to draw a snowy owl in flight.

Why White?

Many animals can blend into their environment. This is called camouflage. There are few trees on the tundra, so the snowy owl's white plumage blends with the snowy world of the northern arctic.

In the spring, when the snowy owl makes a nest, the snow has started to melt and the brown earth shows through patches of white snow. The female snowy owl's soft white feathers are streaked with brown so she cannot be seen as she nests on the ground.

Here are three other animals that blend into their habitats, or homes. Can you unscramble their names?

**POLEDAR
REDE
EGIRT**

Standards Link: Life Science: Animals have external features that help them thrive in the different environments they inhabit.

How big is a snowy owl?

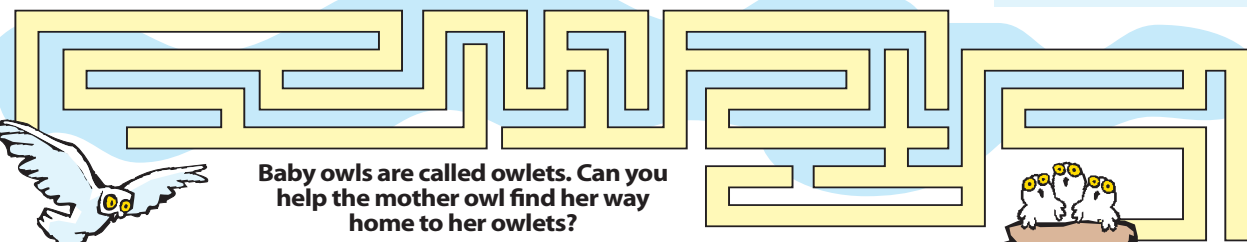
The snowy owl is one of the largest owls, with a height of about 27 inches (69 cm) and a wingspan of up to 60 inches (152 cm). Wingspan is the measurement from wing tip to wing tip, when the wings are fully stretched.

How many of the things in this chart could fit into a snowy owl's wingspan?

Microwave oven	25 inches (63.5 cm)
Teacher's desk	40 inches (102 cm)
House cat	25 inches (63.5 cm)
Baseball bat	33 inches (84 cm)
Tennis Racket	27 inches (69 cm)
Small car (width)	67 inches (170 cm)

Measure 60 inches (152 cm) on the floor. Now lie down with your arms outstretched along the line. Measure your outstretched arms. How do you compare?

Standards Link: Measurement: Students compare the length of objects by using direct comparison of standard units.



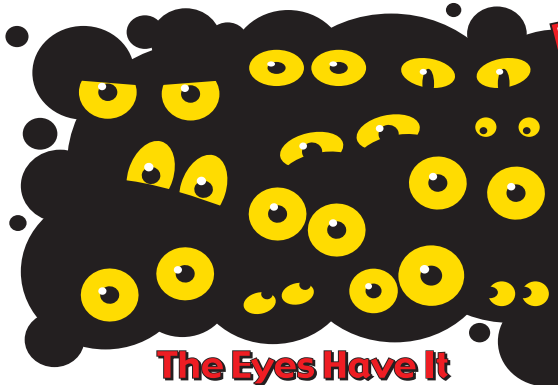
Owl Eyes

All owls have excellent sight so that they can spot creatures like mice that run fast along the ground. Owls' eyes are not the same as human eyes. We move our eyes in their sockets to see from side to side. The owl must turn his head to see in different directions. Owls also have a third eyelid, which protects the eye.



It is a milky white eyelid that comes up from the bottom of the eye. Its purpose is to clean and refresh the owl's eyes. This third eyelid is called a *nictitating membrane*.

Standards Link: Life Science: Adaptations in physical structures improve an animal's chance for survival.



The Eyes Have It

The snowy owl has round, yellow eyes. Can you find the pair of eyes that match?

Standard Links: Visual Discrimination: Students compare and sort common objects.

Extra! Extra!

Count the Eyes

Look through the newspaper and count the number of eyes that you find. How many are human eyes? How many are the eyes of other animals?

Standards Link: Number Sense: Count and name a number of objects.

Try these exercises to have fun and exercise the owl way!



Fly like an owl.

Stretch your arms wide apart and swoop around outdoors.

Perch like an owl.



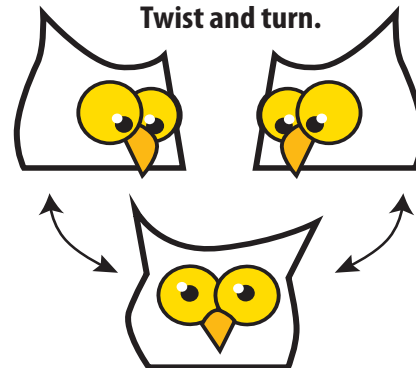
Squat down like you are sitting on a tree branch watching for mice on the ground. Fold your arms into wings with your thumbs in your armpits. How long can you stay in this position?

Hop like an owl.



Start in the perch position. Then hop to the right, hop to the left, hop forward, hop backward.

Twist and turn.



While sitting in the perched position, turn your head as far to the right as you can. Then turn your head as far left as possible.

Standards Link: Physical Education: Understand the health benefits of physical activity and exercise.

Write On!

Animal Report

Write a paragraph reporting on your favorite animal. Include at least three facts about this animal.

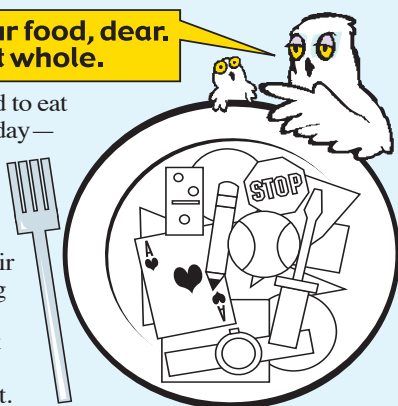
Kid Scoop Puzzler

Don't chew your food, dear. Swallow it whole.

The snowy owls need to eat a huge amount each day—enough to equal their own body weight. They don't chew their food—they just swallow their prey whole, including fur, claws, teeth and bones. Then they spit out a pellet of all the parts they can't digest.

What silly things can you find on this owl's dinner plate?

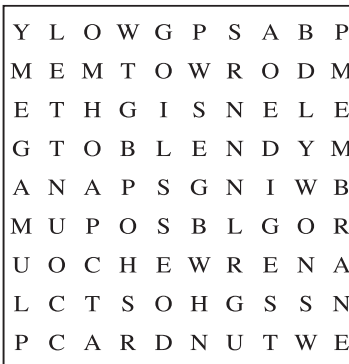
Standards Link: Life Science: Animals need food for survival and have physical structures to help them survive.



Double Double Word Search

- SNOWY
- OWL
- WINGSPAN
- MEMBRANE
- DIGEST
- BONES
- COUNT
- TUNDRA
- SPOT
- SIGHT
- CHEW
- PREY
- BLEND
- GHOST
- PLUMAGE

Find the words in the puzzle. How many of them can you find on this page?



Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

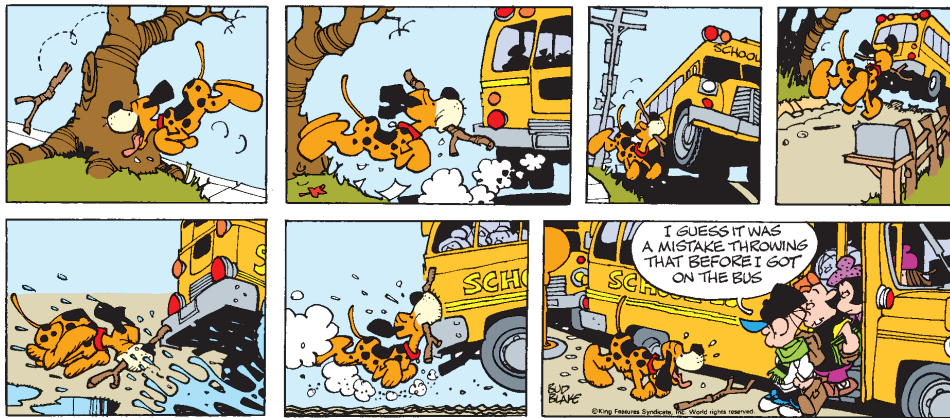
Amber Waves

by Dave T. Phipps



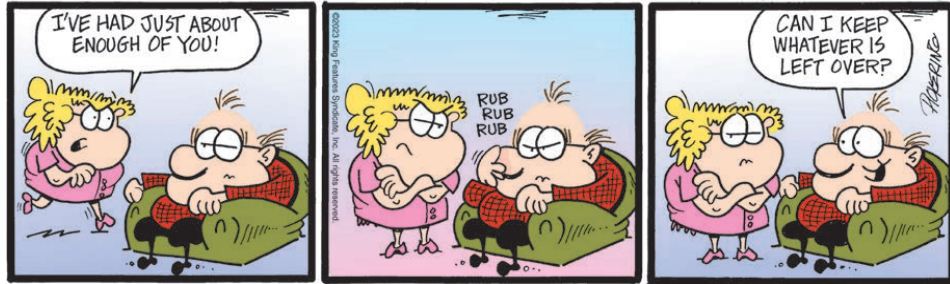
TIGER

by BUD BLAKE



The Spats

by Jeff Pickering



Weekly SUDOKU

by Linda Thistle

	1		6					7
		6	3					4
4				8	2			
7				9				8
		3	4		5			
	9		6					3
	3		5					2
1				7		8		
		7			4			9

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

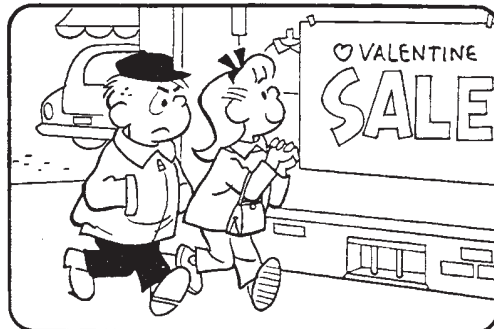
DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

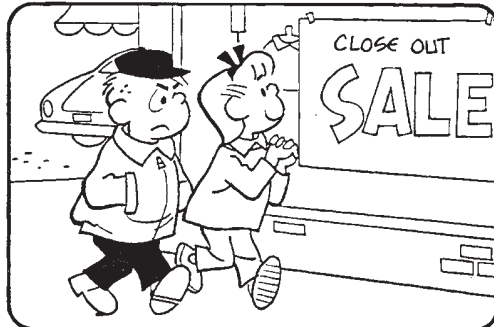
© 2023 King Features Synd., Inc.

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Car is different. 2. Leg is missing. 3. Sign is different. 4. Pocketbook is missing. 5. Sign is different. 6. Basement window is missing.

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

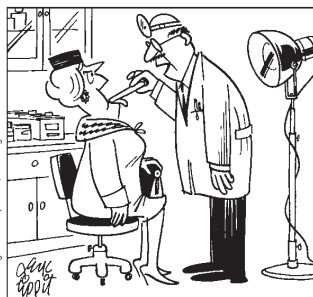
Bad **TORENT**

Good **BINGEN**

Object **SPOTTER**

Staff **CLAYFUT**

TODAY'S WORD



"I believe you may have sprained your _____!"

February 6, 2023 Posting Date

King Crossword

ACROSS

- Niger neighbor
- Existed
- Close
- Timber wolf
- Rocker Rose
- Christian Andersen
- Modern taxi rival
- Museum-funding org.
- Verdi opera
- Anne who married Henry VIII
- Funhouse feature
- Extinct bird
- Documentarian Burns
- Island near Java
- Gymnast's move
- Brit. record label
- Continent north of Afr.
- Bar cubes
- Olympic skating gold medalist Tara
- Grand tale
- "Today" rival, briefly
- "Fresh Air" ailer

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
18				19			20	21				
			22					23				
24	25	26			27	28	29				30	31
32					33					34		
35			36	37						38		
			39					40	41			
42	43				44		45			46	47	48
49					50	51				52		
53					54					55		
56					57					58		

- Honeydews
- Jerry of the Grateful Dead
- Golf bag item
- Frazier foe
- "Heavens!"
- Spanish ayes
- Charged bit
- Mature
- Try out
- Schlep
- Get lippy
- shepherd
- Moolah
- Hopefuls
- Chopping tool
- Bridge coup
- "Doctor Zhivago" star
- Tress holder
- Nullify
- Despot
- "Hey!"
- Annoy
- canto
- Parisian pal
- Makeup kit item
- Arctic seabird
- Shrinking in fear
- Here, in Dijon
- Chest muscle
- "Leave that to me!"
- Indian bread
- Goofs
- Ma's mate
- Fine spray
- Canal of song
- Go yachting
- Pet
- Rapscallions
- Pro votes
- Singer Rawls

DOWN

- Golf bag item
- Vagrant
- Genesis

© 2023 King Features Synd., Inc.

Trivia test

by Fifi Rodriguez

- ART: Where is the Prado Museum located?
- GEOGRAPHY: What is the only country that the Equator and the Tropic of Capricorn pass through?
- LANGUAGE: What does the Latin phrase "tempus fugit" mean?
- MATH: What is another name for the division sign?
- MUSIC: How long did it take singer Bob Dylan to write the big hit "Blowin' in the Wind"?
- ANIMAL KINGDOM: How many times on average does a ruby-throated hummingbird flap its wings in one second?
- MOVIES: Which movie features the line, "Keep the change, ya filthy animal"?
- LITERATURE: Which novel features four children named Peter, Susan, Edmund and Lucy?
- TELEVISION: What is Joey's famous line in the sitcom "Friends"?
- ANATOMY: What is a common name for the pinna in human anatomy?

© 2022 King Features Synd., Inc.

1	6	3	4	2	8	7	9	5
9	5	8	7	3	6	7	1	4
2	7	4	1	6	5	1	8	3
4	3	7	3	8	5	1	6	9
6	2	7	4	1	5	2	3	8
8	1	6	3	9	2	3	4	7
3	6	2	5	8	1	5	9	4
5	4	5	3	9	7	1	4	8
7	8	7	9	2	6	2	9	3

Answer

Weekly SUDOKU

S	A	S	S	G	L	U	G	T	E	S	T	S
S	A	S	S	G	L	U	G	T	E	S	T	S
S	A	S	S	G	L	U	G	T	E	S	T	S
S	A	S	S	G	L	U	G	T	E	S	T	S
S	A	S	S	G	L	U	G	T	E	S	T	S
S	A	S	S	G	L	U	G	T	E	S	T	S
S	A	S	S	G	L	U	G	T	E	S	T	S
S	A	S	S	G	L	U	G	T	E	S	T	S
S	A	S	S	G	L	U	G	T	E	S	T	S
S	A	S	S	G	L	U	G	T	E	S	T	S

Solution time: 25 mins.

Answers

King Crossword

TONGUE

Today's Word

- Rotten
- Bent
- Protest
- Faculty

SCRAMBLERS

Answers

- Madrid, Spain
- Brazil
- Time flies
- Obelus
- 10 minutes, according to Dylan
- About 50 times
- "Home Alone"
- "The Lion, The Witch and the Wardrobe"
- "How you doin'?"
- Outer ear

LOVE

WHERE YOU

live



Renon Savage

In 1982 I moved to Cedar City to attend Southern Utah State College, now Southern Utah University, and who knew that this special place would become such a big part of my life. Five years after living here, I started working for the City and I will never forget my first day was the day before my first child turned one years old.

I recently celebrated my 35th employment anniversary with the City, and it has been a great place to work while raising my family. I enjoy the people I work with and the community members that I come in contact with. I love that being family-oriented is ingrained in the culture of Cedar City with the many activities and opportunities for a variety of ages.

My three children have all married and have chosen to stay in the area, and I love being close to them and their families. I enjoy supporting my grandkids in their many activities, whether it is sports, rodeo, dance, or cheer.

I love that we have four seasons to enjoy, and yes, I even can appreciate the snow! However, fall is probably my favorite with the crisp air and vibrant leaves. I also enjoy being so close to the mountains, where we can take a quick ride on the side-by-side, go camping, or just experience the scenery.

I have never regretted moving to Cedar City and am grateful to have built such a strong connection with the community over the years.



Donnie Hunter

Born and raised in Cedar City... this is home. I have been fortunate to live here my entire life. I love the seasons. With Zion only an hour away and Cedar Breaks even closer, the scenery is absolutely breathtaking. I love photography so I can find all I ever want to photograph from Desert Big Horn Sheep to Deer, Elk, Turkeys, and Eagles to amazing sunsets or relaxing on the lake to catch a fish or two. There is hiking in every direction and no matter the weather you can find a place suitable for about anything you want to do outdoors.

I love the Shakespeare plays, the Master Singers concerts, and all the entertainment Cedar has to offer. I love spending time with my family and friends. The people here are pretty laid back, friendly, and always happy.

"Welcome to my world, Welcome to Cedar City. Where adventure never ceases!"



Share your Story!



#CedarCityLove
#CedarCityConnect

Visit our **LOVE** letter photo set-up located in Cedar City's Mayor's Square, on the corner of Center and Main Street, and be a part of spreading the love all month long! Don't forget to tag us! **@cedarcityevents**

