

INSIDE...

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TRAGIC LOSS
OF ENOCH
FAMILY



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life

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IRON
COUNTY

today

ENOCH POLICE DISCOVER TRAGIC DEATHS DURING WELFARE CHECK

from Rob Dotson

ENOCH CITY MANAGER

On January 4, 2023, officers from the Enoch City Police department were summoned to 4923 North Albert Drive in reference to a welfare check. Concerned family and friends contacted police after not hearing from the victims. Officers entered the residence at approximately 4 p.m. and discovered three adults and five minors deceased inside the home. Each appeared to have sustained gunshot wounds.

While this intense investigation is

ongoing, investigators currently believe there are no suspects outstanding. Evidence suggests that the suspect took his own life after killing seven others in the home. The suspect is 42-year-old Michael Haight. The two other adults in the home were Haight's wife, Tausha Haight, 40 years of age, and Tausha's mother, 78-year-old Gail Earl. The minors were the Haight's children a 17-year-old female, 12-year-old female, 7-year-old female, 7-year-old male, and a 4-year-old male.

With permission from the family representative, we confirm that the

funeral services for Gail Earl, Tausha Haight, and her 5 beautiful children will be held Friday, January 13, 2023 in La Verkin, Utah for family and friends. The family will provide more information through their choice of methods.

We join with all who are deeply saddened by this tragic incident and want to express our condolences to the family and friends of the victims.

Many feel the desire to share their resources with the grieving families and affected first responders and you are invited to do so. Enoch City officials invite everyone to do what good they

can wherever they live and contribute to legitimate entities.

The investigation by law enforcement and the Utah State Medical Examiner continues and until completed, no additional information is available at this time. While this intense investigation is continuing, our community appreciates the respect of the professional media, the thoughts and prayers of caring people across the world, and offers for help. Every good action produces a ripple of good will towards our shared belief in the greatness of humanity.



The lives of the Haight family were tragically taken from our community.

Statement from the Robin and Brenda Haight family

Our family is absolutely devastated and completely heartbroken by the tragic loss of Michael, Tausha, their five precious children, and Tausha's mother, Gail Earl. We express our most sincere and heartfelt condolences to the entire Earl family along with the many families, friends, and neighbors whose lives have been impacted by these eight incredible human beings. We would also like to express our gratitude to all who have reached out to express love and support during this most difficult time.

We are humbled by the incredible outreach and generosity of our community. Your prayers have been felt, your messages received, and our hearts are uplifted by your kindness. To all those who have assisted in any manner with this tragic event, know of our deepest gratitude for your service. May we continue to help and strengthen one another during this difficult time. It is our fervent prayer that through faith in Heavenly Father and in our Savior, Jesus Christ, that there can be peace and comfort to the hearts of all those who join us in mourning the loss of these eight beautiful lives.

Funeral arrangements will be announced as they are finalized. Our family asks for respectful consideration and privacy at this time of unspeakable grief.

With heavy hearts,

The Robin and Brenda Haight Family

COURTESY THE ROBIN AND BRENDA HAIGHT FAMILY

INSIDE: 2022 IN REVIEW



COURTESY CEDAR CITY

Members of the new Cedar City Youth Council: (L to R) Mary Jane Ward, Sadie Hinck, Lara Sorenson, Lydia Smith, Hadley Persons, Brenna Haley, Braelynn Haley, William Garza, Kathryn Garza, Andrew Barrick.

Ten students welcomed to Cedar City Youth Council

by Gabrielle Costello

CEDAR CITY PUBLIC INFORMATION OFFICER

Cedar City elected officials and staff are excited to announce the new Cedar City Youth Council members! On Wednesday, January 4th, 2023, ten local high school students were formally introduced with an oath of office and pinning ceremony at the City Council meeting.

Please join us in welcoming the following individuals:

- » Mary Jane Ward
- » Sadie Hinck
- » Lara Sorenson
- » Lydia Smith
- » Hadley Persons
- » Brenna Haley
- » Braelynn Haley
- » William Garza
- » Kathryn Garza
- » Andrew Barrick

After a few dormant years, the

“We want them to be familiar with local and state government and promote the importance of civic involvement today and in the future.”

R. Scott Phillips, Cedar City Councilmember

Cedar City Youth Council has been revitalized to encourage civic engagement for high-school-aged youth in the community. The opportunity opened up in the past few months to gauge interest in the program. Interested students were then interviewed and invited to participate.

“As their elected officials, it is our goal to connect with these future leaders and learn how we can better serve them in our community,” explained Councilmember R. Scott Phillips. “We want them to be familiar with local and state government and promote the

importance of civic involvement today and in the future.”

The ten students all have a GPA of at least 3.8 or higher and come from a variety of backgrounds and other extracurricular programs. Four students are from Cedar High School, four are from Canyon View High School, and two are a part of the homeschool community. They stood proudly in professional attire at the City Council meeting, raising their right hand to commit their oath to the U.S. Constitution followed by a name badge pinning from a loved one, a signed agreement, and an

official handshake from city staff and elected officials.

The program will require them to attend at least one City Council meeting every month, shadow City Council members in their various committees and initiatives, and participate in community service projects.

On January 17th, the Youth Council will travel to Salt Lake City and participate in Local Officials Day. They will be given the opportunity to meet state representatives, participate in discussions, and familiarize themselves with the State Capitol.

The Cedar City Council looks forward to working with these engaged students and hopes their participation in the program will have a positive impact on them and our community.

To follow along their journey, please follow Cedar City – City Government on Facebook, @officialcedarcity on Instagram, and @cedarcityutah on Twitter.



COURTESY SUU

From the bookstore to basketball, SUU celebrates “Learning Lives Forever” through Thor’s Vault, which will have a classic read for everyone.

Retro line at bookstore celebrates 125 years of SUU

by Nikki Koontz

SUU MARKETING COMMUNICATION

In honor of Southern Utah University’s 125th anniversary, the SUU Bookstore is debuting *Thor’s Vault*, a limited-edition collection of updated classics, inspired by retired university marks.

Thor’s Vault is a campus collaboration between the SUU Bookstore, Athletics, Alumni, and Marketing Communication carefully created to become new old favorites. The collection was built to celebrate the time-honored legacy of SUU. The memories of faculty, staff, and alumni, along with SUU’s history of connection, adventure, and soaring, are relived through retro merchandise.

Products are available in-person and online through the SUU Bookstore.

The retro line includes marks and colors from:

- » Branch Normal School, 1897–1913
- » Branch Agricultural College, 1913–1953
- » College of Southern Utah, 1953–1969
- » Southern Utah State College, 1969–1990

Attendees to the upcoming retro games will also have a chance to celebrate the past with throwback colors. When the women’s and men’s basketball teams take the court on February 8 and 9, look for the teal jerseys as they represent the College of Southern Utah.

Visit the SUU Bookstore in the Sharwan Smith Student Center or online at suubookstore.com to purchase items from *Thor’s Vault*.

In 1897 the founders of Southern Utah University believed so strongly in the power of education that they risked their lives and finances for the privilege of building and hosting an institution of higher education in rural Cedar City, Utah. Their determination and grit are woven into the cultural fabric of SUU. SUU’s enduring legacy is built on 125 years of fortitude, determination, and community triumph. Celebrate with us as we explore our rich history and prepare for a bright future. Learn more at suu.edu/125.

2022 IN REVIEW (July–December)

JULY

DOBERMAN PINSCHER GIVES BIRTH TO 14 PUPS

Have you ever heard of quattuordecimlet's? In what may be a new record for Utah and Iron County, a Doberman Pinscher by the name of Nala gave birth to 14 beautiful puppies on June 21.



SUU ATHLETES MAKE TRANSITION INTO W.A.C.

14 out of the 15 Southern Utah sport teams will now be competing in the WAC; with the exception of SUU Gymnastics, which will remain a member of MRGC Conference.

CEDAR AMERICAN WINS MAJORS ALL-STAR TITLE

Speed can be a good thing for a team looking to manufacture runs, and Cedar American's major softball All-Star team threw in an added dose of clutch pitching to help deliver a state title and a continuation of its season.



AUGUST

GO PRO

Former Southern Utah University basketball players Dre Marin and John Knight III signed their first professional contracts. Marin with German club s. Oliver Würzburg (August 10) and Knight III with Norwegian Club Froya Basket (August 24th).



NEW GYM INSPIRES CLIMB TO NEW PEAKS

Last week a groundbreaking of epic proportions took place in Cedar City. What was once a small at-home business, "Tiny Tumblers", has now, under the care and capabilities of owner and director Kari Louthan, been relocated, rebranded and risen to new heights as Red Peak Gym.



SEPTEMBER

SPRINKLER SYSTEM SAVES APARTMENT FROM FIRE

Cedar City Fire Department received a call involving a kitchen fire at an apartment complex located at 163 North 300 West in Cedar City. Upon arrival, no flames or smoke were visible from the exterior, however water was spraying out of the unit due to an activated sprinkler system.



DANNY STEWART RECEIVES AWARD FOR LEADERSHIP

On Thursday, September 8th, Economic Development Director for Cedar City and Iron County, Danny Stewart, was named the public sector recipient of the 2022 Thayne Robson Award for Leadership in Economic Development by EDCUtah.



ROTARY CLUB MAKES DONATION TO CEDAR CITY PD

The Cedar City Police Department (CCPD) recently received a generous donation of \$3,672.80 from the Cedar City Rotary Club to purchase much-needed specialized equipment.



COUNTY RESPONDS TO NATIONAL DAY OF SERVICE

Volunteers from communities throughout Iron County and New Harmony contributed thousands of hours of service, answering the call to serve and to memorialize the victims and heroes of 9/11/2001. Over an estimated 1900 volunteers joined efforts in over 20 reported projects



SUU WELCOMES MINDY BENSON AS 17TH PRESIDENT

On September 23, 2022, at Southern Utah University's American First Event Center, the historic inauguration of SUU's 17th and first woman president, Mindy Benson, took place.



opinion

FROM THE EDITOR

Light up the world

With the recent tragedy in Enoch, you have and will hear, read and perhaps even speak many words to try to describe it, explain it, understand it. Nevertheless, there are some experiences and tragedies in our lives where there are no words that can fully console one's soul and that cannot explain, express or expel them from our minds and hearts.

No matter what your feelings and words (conversations) this week, and in the weeks to come, even if those words

are not expressed verbally, they will still affect your mind and your heart. Because some words are too powerful to just be words. Such words want more, demand more, they need a voice. Yet, some words spoken

during such times of tragedy, loss, fear, anger, heartbreak, resentment, rage and even regret, can they themselves become verbal bullets that only promote harm and further the pain for those who remain.

Yes, we will each have different words and feelings during this time of intense and indescribable pain and sorrow. To not feel, to not speak, to not share, would be to not care, even an injustice to the memories of such a beautiful family.

As such, one of the most meaningful, enduring ways to honor the Haight family going forward, must be about more than making it through the grief and the mourning. With all the hurting, we must also kindle the sparks of hope and healing.

The best way to defeat death, is to keep living and loving. In our greatest trials, we must keep hoping and helping each other. True there may be no understanding, or adequate consolation

see **LIGHT** » 10



COREY BAUMGARTNER
MANAGING EDITOR



QUOTE OF THE WEEK

"People, even more than things, have to be restored, renewed, revived, reclaimed and redeemed. Never throw out anyone."

Audrey Hepburn

WORD OF THE WEEK

BEDLAM

A scene or state of wild uproar and confusion.

While we cannot predict pandemonium, we can still prepare for it the best we can by making the best choices we can physically, mentally, financially and spiritually.

Pages of hidden treasures to be found in books

Bryan Gray is a syndicated contributor, not an employee. His opinions are solely his own and not those of the Publisher, Editor, Staff or Iron County Today.

For several years I have ended the year with a list of my favorite books. In 2022 I read 67 books, both novels and non-fiction; some new releases, others published in prior years and, in some cases, re-reads. Consistently, readers have reached out and said thank you for the suggestions. Then again, one responded he was terrified that I read "such trash."

Here are some of my favorite reads from 2022:

One of my favorites was written 25 years ago. "Dairy Queen Days" by Robert Inman provides a jaunty journey of a southern teenager attached to a wacky by loveable father. The novel is a hard-to-find pleasure.

The latest from Booker Prize nominee Andrew Miller ("The Slowworm's Song") is a beautifully written letter to his daughter from

a guilt-ridden former alcoholic reliving an atrocity he committed in Ireland's Catholic-Protestant conflict.

For a look at a mesmerizing psychopath with no conscience, you can turn to "A Ladder to the Sky" by perennial award-nominee John Boyne. Bloodshed is replaced

Luther King ("Hellhound on His Trail" by Martin Sides), a fascinating look at the battle for civil rights and the role of the FBI.

The other historical books are "The Vanderbilts", Anderson Cooper's tale of his Gilded Age ancestors, "The Key Man" by Simon Clark and Will Louch, a view of an international con man who fooled the professionals at numerous financial institutions, and "Mercury Rising" by Jeff Shesol, highlighting the voyage of astronaut John Glenn and NASA's commitment to beating the Russians in the Cold War era.

As mentioned in prior columns, my "go-to" books tend to be mysteries, and 2022 brought some good ones. I'd suggest Katrine Engberg's "The Butterfly House" and either of the hilarious but touching escapades of four assisted-living residents solving crimes, both sequels to Richard Osman's earlier novel "The Thursday Murder Club" ("The Man Who Died Twice"

see **BOOKS** » 10

cyclops

Bryan Gray

bgray@aplhagraphics.com



by evil scheming.

For non-fiction, I recommend five pieces, three released in 2021-2022 and two previously published. The oldies, but goodies include Ben Mezrich's "Bringing Down the House", the true story of a band of MIT students who successfully attempted – and faced later consequences – of "cheating" at blackjack tables, and the detailed look at tracking the killer of Martin

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2022 IN REVIEW

SEPTEMBER

PAROWAN RANCHERS 3RD IN NATIONAL BEEF COMPETITION

A small family business in Southern Utah has ranked among the top beef producers in the Nation during the recently held "Best in the West Beef Competition." Reyes and Kacie Carballo run Dry Lakes Ranch, a farming and ranching operation dating back to the 1870's in Parowan, Utah.



CEDAR ORTHOPAEDIC SURGERY CENTER WINS NATIONAL RECOGNITION

Cedar Orthopaedic Surgery Center, led by Randy Delcore, M.D. has recently won the 2022 OR Excellence Award for Pain Control from the national magazine Outpatient Surgery. The award recognizes his philosophy regarding the management of pain at his outpatient surgical center.



REMEMBERING BERNICE, OUR HERO

On July 17, 2022, our beloved and very adored heroine, Bernice Rember quietly and peacefully passed away. She was 93 years old! Many of you were lucky to have known her. Bernice made an impact. Bernice was a hero and her legacy continues.



OCTOBER

MINI ALCOHOL BOTTLES POSE DAUNTING DILEMMA

Recently, the Utah Department of Alcoholic Beverage Services Commission released a proposed rule change to allow miniature bottles of alcohol to be sold in Utah again. We recognize that alcohol is a dangerous commodity, and an increase in alcohol impairments could lead to an increase in disorderly conduct, DUI's, accidents, and other alcohol related infractions, causing more work for our already overburdened state and local first responders.

MICHAEL BAHR USF INTERIM MANAGING DIRECTOR

The Utah Shakespeare Festival is excited to announce that Michael Bahr will return to the Festival to serve as the interim managing director. "He has a long history of audience development, creative programming, and cultivating connections to art. As a result, I have confidence and optimism about the future of the Festival," said Southern Utah University President Mindy Benson.



CV MAKES HISTORY, ROUTES DINOS

For its final regular-season game, the Canyon View football team didn't get off to the best of starts, turning the ball over twice in its first three possessions. When senior Nick Macias intercepted a pass and returned it for a touchdown, the Falcons soared from there and made history.



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CERTIFIED UTAH'S MOST ACCURATE FORECAST

IRON COUNTY FORECAST

CLOUDY AND WARM INTO THE START OF THE WEEKEND BUT RAIN AND SNOW MIX COMES INTO PLAY SUNDAY-TUESDAY. ONLY A FEW INCHES OF ACCUMULATION EXPECTED.

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Partly Cloudy 39°/25° PRECIP: 5% WINDS: SSW 5-10
THURSDAY
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FRIDAY
Mostly Cloudy 49°/33° PRECIP: 0% WINDS: SSE 5-10
SATURDAY
Mostly Cloudy 45°/31° PRECIP: 30% WINDS: SSW 5-10
SUNDAY
Chance Rain/Snow 39°/31° PRECIP: 65% WINDS: SW 5-10
MONDAY
Chance Rain/Snow 38°/28° PRECIP: 50% WINDS: SW 5-10
TUESDAY
Chance Rain/Snow 36°/24° PRECIP: 50% WINDS: SSW 5-10

2022 IN REVIEW

OCTOBER

POWER IN PINK BATTLES BREAST CANCER

On October 22, 2022, at Canyon Creek Park, the community gathered together to walk or run a 5K to support those battling breast cancer. The event was put on by Power in Pink-Iron County, a local non-profit, whose mission is to raise funds to help support the women and families of those who are battling with breast cancer, as well as raise awareness.



STATEWIDE PITCH COMPETITION

Startup companies working with Cedar City's Business & Innovation Center beat out 35 other businesses from all over the state to win six of the eight finalist spots at the One Utah Summit State Bank Business Challenge.



ARTS COUNCIL HONORS LISA CRETSINGER

This year's Art Award will be presented to Lisa Cretsinger for her many years of service in promoting art and music for our area. Lisa Cretsinger is the owner of Groovacious Records, Cedar City's very only independent full service record store.



NOVEMBER

TOASTMASTERS CELEBRATES 20 YEARS IN SO. UTAH

Toastmasters International, an organization that teaches public speaking and leadership, is alive and well in Southern Utah. The Cedar City Toastmasters Club recently celebrated twenty years as an active Toastmaster Club; they had a great turnout at the, Our House-Assisted Living, facility right here in Cedar City.



LOCAL BOWLER PROVES AGE IS JUST A NUMBER

Every Wednesday morning at 10 AM during the months of September through May at Cedar Bowling Center, 95 year old Audrey Lebbon proves that age is just a number as she competes in the "Early Risers" bowling league.



CEDAR GIRLS WIN 1ST XC STATE TITLE IN 15 YEARS

Cedar has worked hard this season under the direction of Coach Greg Harris and assistant coaches Dan Jewkes, LaRae Heaton, James Davidson, and Kasie Watts who recognize that the team's success and dedication has been impressive. The girls were prepared to race their best at state, after coming off of a remarkable achievement at region; champions for the first time in 10 years with four girls in the top ten.



CEDAR CITY CELEBRATES 171ST BIRTHDAY

The community gathered this past weekend to celebrate Cedar City's 171st birthday, with events organized by the Cedar City Historic Preservation Commission.



GOOD HOUSEKEEPING

Local hotel housekeeper Christine Perkins at the Holiday Inn Express & Suites Cedar City has been named the grand prize winner by Cintas Corporation in the 2022 Cintas S.H.I.N.E. (Star Housekeepers in a New Era) Award.



HOLIDAY CONCERT CELEBRATES 125 YEARS OF SUU

Southern Utah University's Department of Music is celebrating 125 years of SUU with its annual Holiday Concert on Friday, December 2, 2022. Along with performances by the Wind Symphony, Opus, Concert and Women's Choirs, and Orchestra, the evening will debut the musical score "Thunderbird," commissioned to celebrate 125 years of SUU.



2022 IN REVIEW

DECEMBER

ARTEMIS I ROCKET LAUNCH.

Cedar City and the Cedar City Area Chamber of Commerce highlighted local aviation and aerospace companies. Our aviation and aerospace industries have recently played a historical part in providing crucial elements for NASA's recent Artemis I rocket launch.



SCOTTY BAUMAN – 30 YEARS WITH THE FLIPPIN' BIRDS

In the world of NCAA athletics, the coaching carousel often and routinely spins and sends a wave of change through a program and an entire athletic department. But Scotty Bauman and Southern Utah University have built a strong relationship now spanning three decades.



WREATHS ACROSS AMERICA

On Saturday, December 17th, hundreds of community members bundled up to gather at the Cedar City Cemetery to lay 1,260 fresh balsam wreaths on the graves of our local veterans as part of the National Wreaths Across America program. Cedar City's chapter is coordinated by many volunteers, under the leadership of Cedar City Councilman R. Scott Phillips.



THANK YOU XUN SUN

Dr. Xun Sun has been an inspiring Music Director and Conductor for the Orchestra of Southern Utah since 2003. He has recently resigned due to health challenges. One of his major accomplishments has been interpreting new music through OSU commissions.



PEACE LIGHT ARRIVES IN CEDAR CITY

Each year an Austrian child travels to Bethlehem to obtain a flame from the grotto where Jesus was born. The Peace Light is never extinguished and is symbolic of the Light of Christ is meant to promote peace, harmony and unity among the people of the world. This year the keepers of the flame were Dave and Sharyl Admire (Cedar City) and the Peace Light is being dedicated to peace in Ukraine.



SUU NAMES NEW ATHLETIC DIRECTOR

After an extensive national search, Southern Utah University would like to welcome Doug Knuth as its next Athletic Director. Knuth will begin his appointment at SUU in January.



THE SHOT CLOCK ARRIVES

The 35-second shot clock has become the law of the land for high-school basketball in Southern Utah, coming after a slate of state championship games that were as dull as watching paint dry. Now that we know teams will be needing to play the full 32 minutes to secure victories, the shot clock's presence has improved the quality of what we're seeing on the floor.

Cedar City Hospital welcomes first baby of 2023

from Becki Bronson

INTERMOUNTAIN HEALTHCARE

It's only fitting that a strong and handsome Knight be the first to ride in to our community to officially take us into 2023: Knight Daniel Kern is Cedar City Hospital's New Year Baby, being born January 2, 2023, at 6:27 p.m., weighing in at 9 pounds, and 6 ounces, and 21 inches long.

The delivery went very well, and mom and baby are doing great; mom says Knight is a "cuddler already." Knight's proud parents are Scout Osborn and Ryan Kern of Minersville. Knight has a big brother waiting to welcome him home, three-year-old Ranger.



L to R) (Ryan and Scout welcome their son, Knight, into the world.

INTERMOUNTAIN HEALTHCARE

Scout started going into labor at 3 a.m. January 2, and right up until Knight was born, it was definitely a slower ride toward delivery for this particular Knight. "We live in Minersville, and it was really snowy, so we drove 25 miles an hour the whole way here," says Ryan. Scout says, "When I got to hospital it was kind of the expectation, 'Oh, we'll have this baby in a few hours,' and a few hours later, 'Oh, we'll have this baby in another few hours,' but it wasn't until 15 hours later he was born."

Wonderful and unique names are nothing new to the family; Knight's mom's name, Scout, comes from the book To Kill A Mockingbird. Was there a special reason to choose the name Knight? They say it was something that just came to them on their way to the hospital. "A while ago, we had three names we were trying to decide between, but for some reason, on the drive to the hospital, we decided none of the three worked, and we both decided on Knight!" says Scout.

"It's always exciting to welcome our first baby of the year," says Jenny Call, Women and Newborn services manager at Cedar City Hospital. "Knight is absolutely darling and we love being able to support our local moms with the very best care as they deliver their babies." Cedar City Hospital's Women and Newborn Department was recently recognized by U.S. News and World Report as of the nation's Best Hospitals for Maternity Care for 2022.

The new parents received a prize basket from Intermountain Healthcare to celebrate the New Year's birth, which included generous donations from three Utah-based baby product vendors: Minky Couture; Loulou and Company; and Over the Moon.

Congratulations to the Kern family and welcome to the world, Knight! Congratulations on being the New Year Baby at Cedar City Hospital for 2023!

By way of note, 852 babies were born at Cedar City Hospital in 2022.

Senator Lee Delivers Message to Utahns

LEE SWORN IN AS MEMBER OF 118TH CONGRESS

WASHINGTON, D.C. — Sen. Mike Lee (R-UT) delivered a message to Utahns as he was sworn in as a member of the 118th Congress by Vice President Kamala Harris on the floor of the US Senate, beginning his third term. Many members of Lee's family attended the ceremony, including his wife, Sharon, and two of their children. Lee family friends were also in attendance.

Per Senate tradition, Sen. Lee was escorted to the Senate floor by fellow Senator March Rubio of Florida. Lee & Rubio both assumed office together on January 3, 2023.

In his message, Sen. Lee said, "Having just been sworn in as a member of the 118th Congress, I can only begin to express how honored I am to continue serving as your Senator. I am grateful for the trust and confidence you've placed in me to represent you and bring the Utah way to the national stage.

"Today marks the beginning of a new Congress, bringing a fresh opportunity to restore and renew our nation's founding principles of federalism and separation of powers.

"Since arriving in Washington, I've witnessed the executive branch's continued expansion of its powers and influence while Congress neglectfully delegates its Constitutional authority to unelected bureaucrats. This unchecked power creates dangerous consequences, not just for Congress, but



OFFICE OF SENATOR MIKE LEE

for Utah in particular.

"When Congress abdicates its duty, we neglect the needs of Utahns. As a premier public lands state, Utah deserves not only a seat at the table, but a voice to ensure that we have the means to address a host of issues, including affordable housing.

"We must restore balance and accountability to the legislative branch of government. This includes reforming the spending process and restoring fiscal responsibility, so Utahns never again have to endure record-high inflation driven by reckless government spending. We must work to reclaim Congress' rightful powers and ensure our nation remains a beacon of freedom and prosperity.

"Many challenges do lie ahead, but I remain committed to working and fighting for the issues

"I'm grateful for the trust and confidence you've placed in me..."

Sen. Mike Lee (R-UT)

that matter to the people of Utah and the rest of our great country. I'm committed to standing up for Utah – home of Browning Arms Company – against relentless encroachments on the Second Amendment. I'm committed to defending religious liberty so Utahns can continue to worship according to their sincerely held beliefs. I'm committed to promoting fiscal responsibility, so we do not shackle our children with unbearable debt. Above all, I'm committed to upholding my oath to preserve and defend the Constitution.

"Thank you again for your support, and I look forward to continuing to serve you in the 118th Congress."

UTAH FARM AND FOOD CONFERENCE

JANUARY 2023

12 - 14
CEDAR CITY UTAH

RedAcreCenter.org (435) 704-1222

STATE-WIDE 2023 FARMER'S MARKET JANUARY SATURDAY 8:00 AM - 11:30 AM CEDAR CITY UTAH

at the UTAH FARM AND FOOD CONFERENCE

at Festival Hall and Heritage
Center Theater Lobby
105 North 100 East, Cedar City,

sponsored by

Mofaco
Modern Farm and Artisan Co-op

RED ACRE CENTER
FOR FOOD AND AGRICULTURE

public & health

List of local mental health providers for those in need

We are heartbroken to hear about the tragedy that occurred in our neighboring city of Enoch. Our hearts and prayers go out to all who have been affected by the heaviness of this situation. We recognize our communities are very much intertwined and would like to provide a list of available resources to anyone who may need them.

Iron County Schools Crisis Intervention Team

For students, parents, school personnel
» <https://www.irondistrict.org/article/951716>

SUU Services

For SUU students

- » Student Mental Health Resources – <https://www.suu.edu/mentalhealth/>
- » Counseling & Psychological Services – <https://www.suu.edu/caps/>

Low-cost or free services referred by 2-1-1:

GENERAL COUNSELING SERVICES

Family Healthcare – Cedar East Clinic

» 435-865-1387

» 245 E 680 S, Cedar City 84720

Four Points Community Health Center

» 435-586-1112

» 440 N. Paiute Dr., Cedar City 84721

Canyon Creek Services

» 435-867-9411

» 297 N Cove Dr., Cedar City 84720

SAFEUT: HELP WITH ANY SIZED

PROBLEM, ANY TIME

» Call 833-372-3388 or start a chat on their website. <https://safeut.org/>
Consider looking into your employee benefits for Employee Assistance Services like Counseling, or through your religious organization.

Cedar City Government

Utah Domestic Violence Coalition releases statement regarding the deaths in Enoch

This past week we learned that local authorities are investigating the heart-wrenching tragedy that occurred last week in Enoch. The Utah Domestic Violence Coalition (UDVC) is grieving with the community and those directly and indirectly affected by this situation.

While any domestic violence fatality impacts more than the victims, we would like to acknowledge that this situation affects smaller and rural communities differently. Approximately 20% of Americans live in rural communities, and homicides in rural communities are three times as likely to involve

an intimate partner than in large cities. In addition, the connections between all those directly involved when domestic violence occurs in smaller communities can be profound and overlapping.

We want anyone who needs help to know that support is available, whether you are a victim of violence, are concerned about your use of violence, or are impacted by domestic violence in any way. If you are near the Enoch/Cedar City area, you have a local domestic violence provider. Please reach out to Canyon Creek Services via their hotline at 1-435-233-5732. If you are elsewhere in the state, you can call UDVC's confidential hotline 24 hours a day at 1-800-897-LINK (5465). Callers can speak with a trained advocate to help them navigate services throughout the state and connect them to a local agency ready to help with services, including shelter, therapy, and housing.

UDVC continues to advocate for increased funds for victim services, enhanced collaboration between community services and law enforcement, and better tools for risk assessment and data collection across the state. And most importantly, we support the need for more preventive measures in communities and statewide to increase safety for anyone potentially impacted by violence.

Kimmi Wolf, UDVC Communications & Engagement Specialist

It's a new year: time to make your memory screening appointment today!

The Alzheimer's Foundation of America is reminding individuals about the importance of memory screenings and providing free memory screenings virtually.

With 2023 officially underway, the Alzheimer's Foundation of America (AFA) is encouraging everyone to schedule their annual memory screening appointments today. AFA offers free, confidential memory screenings through a secure virtual format every weekday, with no minimum age or insurance prerequisites—appointments can be scheduled by calling AFA at 866-232-8484 or through AFA's website, <https://alzfdn.org>

"Annual memory screenings should be part of everyone's health and wellness routine, even if you're not currently experiencing memory problems. Just like other facets of our health, our brains need regular check-ups too," said Charles J. Fuschillo, Jr., AFA's President & CEO. "Start the new year off by being proactive about your brain health and scheduling your 2023 memory screening appointment."

Memory screenings are simple, quick (approximately 10-15 minutes) and noninvasive, and consist of a series of questions, administered

by a qualified professional, to gauge memory, language, thinking skills and other intellectual functions. They are similar to other routine health screenings, such as those for blood pressure, cholesterol and skin checks. Results are not a diagnosis, but a memory screening can suggest if someone should see a physician for a full evaluation.

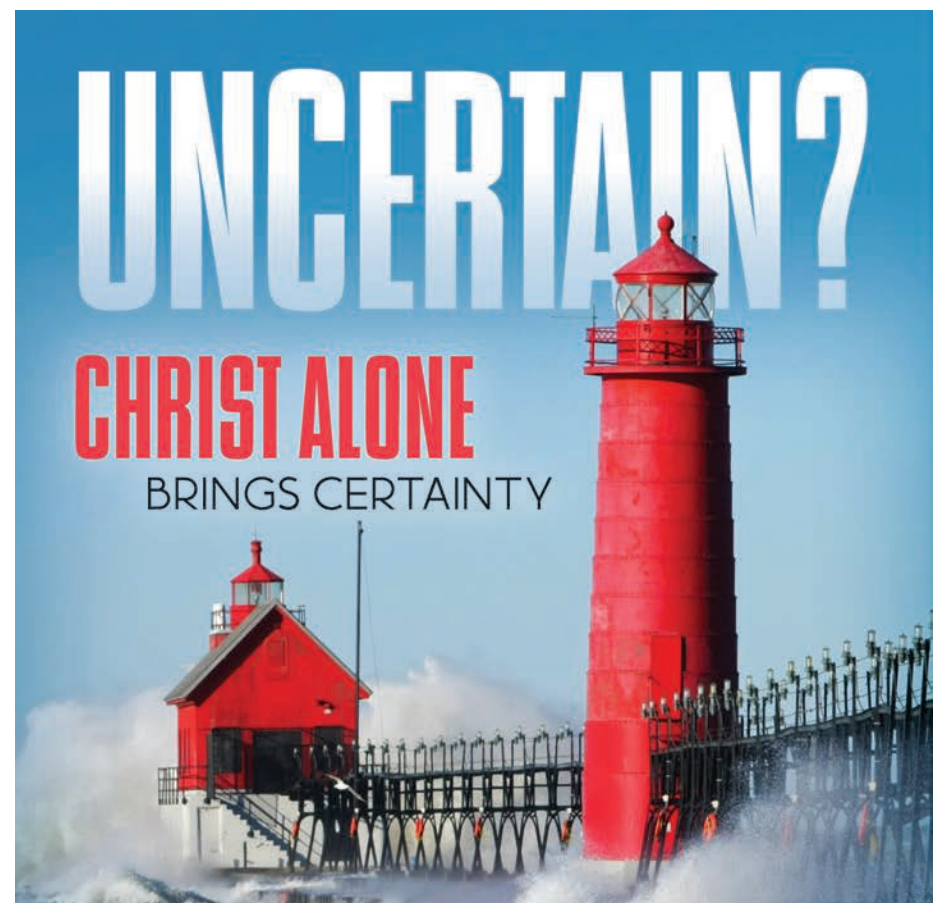
Early detection of memory impairments is extremely important. Many different conditions can cause memory issues, including treatable or curable conditions such as vitamin deficiencies, thyroid disorders, urinary tract infections, sleep apnea, stress, anxiety, and depression.

Even in the case of a dementia-related illness such as Alzheimer's, early detection can provide greater opportunity to begin treatments that can

help slow the symptoms of the disease, as well as taking part in a clinical trial. In addition, it affords the person the chance to take advantage of community services, such as support groups and therapeutic programming, that can help maximize quality of life, as well as have a greater say in making legal, financial and health care decisions.

Memory screening appointments can be scheduled by calling AFA at 866-232-8484 or through AFA's website here. Screenings are conducted through secure videoconference technology (i.e., Facetime, Zoom, Skype)—all that's needed is a device with a webcam and Internet capability, such as a smartphone, laptop, or tablet.

Sandy Silverstein,
Alzheimer's Foundation of America



UNCERTAIN?

CHRIST ALONE
BRINGS CERTAINTY

COME AS YOU ARE
TO A BIBLE STUDY IN THE GOSPEL OF LUKE

THIS SUNDAY **8:30 OR 10:30**

CHILDRENS AND YOUTH MINISTRY PROVIDED


CALVARY CHAPEL
CEDAR CITY

101 E. NICHOLS CANYON ROAD
CEDAR CITY
CALVARYCEDAR.ORG
435-867-8188

A NON-DENOMINATIONAL BIBLE TEACHING CHURCH

MAYOR'S MINUTE

As I reflect on the first year of my administration, I am humbled and honored to serve as Cedar City's Mayor. I would like to give a report on my stewardship.

At first, it was like drinking from a firehose. Even though I have personally known every Mayor of Cedar since Gronway Perry, I had never once been in the mayor's office until December 28th, 2021, when Mayor Wilson Edwards and I had a de-briefing to assist me in my future endeavors. A week later, it was my office.

Getting acquainted has been a challenge. I've been "ignoring" our local government for decades. If I didn't need to come into a City office, I didn't. If the water came on when I turned on the faucet, the sewer left, garbage was picked up, no assaults, no fires, no problems, I was fine and I minded my own business. I had 10 times more theater visits than swimming pool visits.

Oh, how the tables have turned to become fully involved in all the operations and decisions that are made for our city. Although I ignored local government for years, I wanted to run for office to help with water in our region. Everything moves slower for me than I want, but we are focused on Parks, Water, infrastructure, and the BSBC.

First things first, the budget. Wow! So much to remember and understand, but thankfully numbers are my thing. I want to thank all the department heads for everything they do, with a special thank you to Natasha Hirschi in Human Resources, Finance Director Jason Norris, and especially City Manager Paul Bittmenn for their patience with me. This is a well-run city with conservative values and solid bank accounts. Thank goodness.

I needed to refresh my knowledge on a variety of topics, so I attended the AWWA show (American Waterworks Association) with our Water Department Superintendent Robbie Mitchell, the Irrigation Show with Shane Johnson and our Parks & Outdoor Facilities Division Head Anthony Pearson, the Airline and Airport Show with our Airport Manager Nick Holt and Economic Development Director Danny Stewart, as well as the retail show with Danny Stewart. I have

probably walked 100 shows in my career, but I was much younger then.

And I can't go without mentioning all the fun we've had this year. What a party town! Our Events Director Brooke Twitchell and I have become good friends and I appreciate all her efforts. I'm glad all I have to do is give a little speech. The events were first class, and everyone loved them. Thanks to all who help.

This year also marked the inaugural Banana Split Book Club (BSBC) and it was so much fun. 1,500 kids participated and over 5,000 banana splits were served.

I am looking forward to a new year with so much more to do. Thanks for the opportunity to serve. Happy New Year!

Mayor Garth O. Green, Cedar City Mayor



LIGHT

« CONTINUED FROM PAGE 4

for this desolation, but even without understanding, may there still be standing beside the family and each other.

Standing side by side, hand in hand and heart in heart, not only in the hopes of helping prevent such tragedies in the future, but because we, our community, are the ones called to bear this burden.

Yes, we must grieve and we mourn, to unfathomable depths, but we cannot give up. There's too much at stake. May we never forget and may we each remember that hope still lives, that there is still a world in need of light and love.

For now it becomes each of us, to honor those lives lost too soon, by carrying forward the flames from the torches of their bright, beautiful lives and to keep lighting this world, as they did, as we now bravely take even one step into the darkness.

Let's go light up the world.

BOOKS

« CONTINUED FROM PAGE 4

and "The Bullet that Missed").

If you haven't read Ann Cleeves, you are missing out. This year's reading included several of the Vera Stanhope mysteries ("Silent Voices") and Cleeves' most recent detective, Matthew Venn ("The Heron's Cry"). As usual, Anthony Horowitz is an enjoyable read ("A Line to a Kill") although my favorite in the series is 2018's "The Word is Murder". And if you enjoy thrillers, Michael Robotham's newest made my 2022 list ("When You are Mine").

Final Note: My wife doesn't much like mysteries, but she has read nearly 80 books in 2022. Five novels she would name as "keepers": "Demon Copperhead" by Barbara Kingsolver, "Now is Not the Time to Panic" by Kevin Wilson, "They're Going to Love You" by Meg Howrey, "Horse" by Geraldine Brooks and "Lucy By the Sea" by Elizabeth Strout. Both my wife and I agree that Strout is an American treasure.

Best Friends Animal Society/SUU Scholarship recipients awarded

from Temma Martin

FOR IRON COUNTY TODAY

KANAB — Navajo Nation First Lady Phefelia Nez, alongside President Jonathan Nez, today announced the four recipients of Best Friends Animal Society/Southern Utah University Scholarships, known as the 'Phefelia H. Nez Best Friends Scholarships'. Video of announcement here.

Demetrius Begay, was awarded Animal Services Focused bachelor's degree. He is part of the Navajo Nation Veterinarian Program and Rez-Solutions. Amariss Morrisette, of McKinley County and the City of Gallup, Kelvina Lee, a Navajo Nation veterinarian aide on the mobile unit, and Samilita Holiday, of the Navajo Nation Veterinarian Program and Rez-Solutions, each have been chosen

for the Principles of Contemporary Animal Services certification.

"The backgrounds of the applicants and their goals for helping pets and people of the Navajo Nation was impressive. This is the beginning of a partnership that will only grow stronger because learning lives forever," said Tawny Hammond, Director, National Learning Advancement for Best Friends Animal Society.

"It was so inspirational to review what the applicants shared about themselves," said Ledy VanKavage, Senior Legislative Attorney for Best Friends Animal Society. "Some wrote of longing to return to school, quoted their elders, and lessons passed on to them, and they all told their personal stories of overcoming adversity and seizing opportunities. This is such a strong group of professionals, and

we couldn't be more honored and excited."

The agreement for the 'Phefelia H. Nez Best Friends Scholarships' was signed Dec. 20 by Navajo Nation President Jonathan Nez and Vice President Myron Lizer and Aimee Charlton, Senior Manager of Learning Advancement for Best Friends Animal Society.

"We know how much people love their pets and want to have access to care that will keep them healthy and safe," said Michelle Weaver, Director, Sanctuary Outreach & Animal Engagement for Best Friends Animal Society. "And with the large number of strays and limited veterinary resources these scholarships will allow these important programs to grow and provide more resources to the community."

"During our time in office, First

Lady Nez remained committed to working together with animal rescue and caregivers who offer services and support for pets and animals in our Navajo communities. Pets and animals are a key part of many lives and as Navajo people, we have a unique responsibility to care for them. I congratulate my wife, Phefelia, and thank Best Friends Animal Society and Southern Utah University for recognizing her work and compassion," said President Nez.

Best Friends Animal Society offered scholarships for a Southern Utah University (SUU) Online General Studies Bachelor's degree with a focus in Animal Services, as well as four seats for professional development certificate courses specifically curated with Best Friends Animal Society and SUU scholarships will be offered for five years.

showcase



Kate MacLeod

Award-winning
singer-songwriter
to perform in
Cedar City

Kate is a nationally recognized songwriter and performer. A stellar musician who brings a lifetime of music performance to the stage.

from Jim Howells

FOR IRON COUNTY TODAY

Award-winning singer-songwriter Kate MacLeod and the Utah Music Review will appear in a very special concert in Cedar City, 7:00 PM, Friday, January 13 at Community Presbyterian Church Event Hall, 2279 N Wedgewood Lane in Cedar City. The concert is presented by the Iron County Acoustic Music Association (ICAMA) with support from the Utah Division of Arts and Museum, WESTAF, Cedar City RAP, and the National Endowment for the Arts.

Kate MacLeod is a stellar musician who brings a lifetime of music performance to the stage. She is a singer, songwriter, storyteller, producer, collaborator, and tireless advocate for the positive influence of music in people's lives. The Salt Lake City-based musician accompanies her heart-felt vocals on violin, acoustic guitar, and mountain dulcimer creating a unique

blend of Americana folk, Celtic, Bluegrass, classical and jazz. She will be joined onstage by Mark Hazel, Mandy Danzig, and Jim Stout who together have decades of performing experience.

Trained on violin as a young child, MacLeod has become a nationally-recognized songwriter and performer. Her songwriting style and live performances display an unbreakable link between traditional music and cutting-edge contemporary songwriting. Her songs evoke treasured memories that sound "as pure as water from a mountain stream." She has shared the stage with Peter Rowan, Charles Sawtelle, and Tim O'Brien and has opened for Rosanne Cash and Dan Fogelberg. She has been compared to Joni Mitchell, Nanci Griffith, Richard Thompson, and Emmylou Harris. MacLeod's songs have been featured on NPR's song showcase "What's in a

see **MACLEOD** » 12



PHOTOS COURTESY KATE MACLEOD

Don't get too cozy. There's lots to do

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

I texted my daughter up north during the last week of December and asked what she and her guests—two adults, three children, two dogs—were going to do for the day. She replied they were just hanging out, so glad they had nowhere to go! This after a trip they all took to Cedar City to gather with cousins from down south and Colorado. I had invited all my family for a post-Christmas, two-day party, not dreaming that everyone would come. But everyone did! It was a great two and a half days, but it involved suitcases, dog crates, boxes of presents, and musical chairs with beds and motel rooms, and much more food than was good for us. Not to mention the fact that I required that everyone take a COVID test before they left for home. Although no one wanted to admit it to me, everyone was glad to be home again, where the chaos was semi-contained.

That is a good description of January, isn't it? We just want to light the fireplace, hope for snow, and stay home. However, that feeling doesn't last long in a community that has more to offer than most small towns of comparable size. There is a lot of good stuff to do, and we all have FOMO—fear of missing out.

For instance: Date Night Dance Classes are being offered at the Aquatic Center the nights of January 5th (too late), 12th, and 19th. The offer is for adults 18 and over who want to learn “fun and flirty styles.” The cost is \$20.00 per class. No experience is necessary and a video will be provided to use for at-home practice (dat-enightdancing@gmail.com).

For a younger crowd, 12 to 17, art classes are being offered by Andrea Anderton. The schedule—Monday afternoons, 1:00–3:00, from January 9th to April 24th—is geared toward the home-schooled student. Many art forms are explored: drawing, painting, 3D sculpture. Once enrolled, students' supplies are pre-purchased, so there are no refunds (thecreative-focusstudio@gmail.com).

More classes still. One-on-one study with industry professionals in the areas of acting (including dialects and stage combat), vocal technique, and dance are available through IMPAC. These classes are open to students of all ages, beginning in January. Contact im-pac.com for dates and pricing information.

The Jazz Alliance of Cedar City doesn't offer classes, just good enter-

tainment on the second Tuesday of the month. The venue is Off the Cuff at 913 So. Main and because of grants from our Rap Tax, Utah Arts and Museums, and the National Endowment for the Arts, the shows are free (JazzAllianceofcedarcity.org).

And school starts again to push us out the door.

Teachers know that the best teaching, and they hope also learning, occur during the first two months of the year.

Sports start again. And deadlines start looming again, like having to decide what to write about for a weekly column.

Speaking of which: the thing with the voice and microphone is called a “beat box”, not a boom box.

“We just want to light the fireplace, hope for snow, and stay home. However, that feeling doesn't last long in a community that has more to offer than most small towns of comparable size.”



MACLEOD

« CONTINUED FROM PAGE 11

Song”, Tom May’s “River City Folk,” and “A Prairie Home Companion”. She received the 2019 Best of the West Award from Folk Alliance International. MacLeod also leads the group Shanahy, a Celtic music ensemble.

Mark Hazel accompanies Kate on acoustic and electric guitar, and adds his remarkable vocals to Kate’s songs. He also performs with Shanahy.

Mandy Danzig is a songwriter and multi-instrumentalist who adds vocal harmonies, mandolin, and fiddle to MacLeod’s performances. She has extensive music training in classical music, choral, and compositional

studies and performs her own music with other music projects.

Jim Stout has recorded music for national and local television, radio advertising spots, and motion pictures. He toured the United States, Canada, and the United Kingdom with the Osmond Brothers and has performed with many national and local professional acts.

More about Kate MacLeod and samples of her music can be found at <https://www.katemacleod.com>.

The concert begins at 7:00 PM, Friday, January 13 at Community Presbyterian Church Event Hall, 2279 N Wedgewood Lane, Cedar City. Doors open at 6:30. Admission is free. A suggested \$10 donation helps support the ICAMA concert series.

ICAMA PRESENTS

**KATE MACLEOD
AND THE UTAH MUSIC REVIEW**

FRIDAY JANUARY 13 7:00 PM

**COMMUNITY PRESBYTERIAN CHURCH
2279 N WEDGEWOOD LANE**

SUGGESTED DONATION \$10

Supported by—

#ICAMAMUSIC

**Winter
PHOTO CONTEST**

Top photos will be featured in our next issue of Color Country Magazine!

Complete contest details/rules & enter your photo at IRONCOUNTYTODAY.COM

COMMUNITY + PERSONAL INTEREST IN IRON COUNTY

by Susie Knudsen

SUU ASST. DIR. MARKETING AND ENROLLMENT

This year, make time for yourself by learning new skills that enhance a healthy lifestyle with Southern Utah University's (SUU) Community Education classes. The new spring lineup offers ways to get active, prepare food and grow fresh produce you can enjoy all year long. Choose from four healthy living classes including Gluten Free and Dairy Free Cooking, Pickleball, Gardening from the Ground Up and Preserving the Harvest to flourish with your family and feel good inside and out.

"The new year is a great time to set goals and commit to learning ways to care for yourself," said Melynda Thorpe, executive director for SUU Community & Professional Development. "Learning new skills and developing hobbies are significant contributors to staying healthy, active and engaged in the community."

LEARN SELF-CARE SKILLS WITH SUU COMMUNITY ED.

Try the Pickleball class starting on March 21 to get moving and pick up this popular sport. Learn techniques for serving the ball, basic grip, forehand and backhand hitting and the basic rules of the game with instructor Jeremy Waite.

Cooking with fresh food at home can contribute to your wellness, and for those with allergies or dietary restrictions, healthy cooking can look quite different. Find out what substitutes to use in the new Gluten Free and Dairy Free Cooking class taught by Southwest Tech's Chef Jon Woodgate on Jan. 26. By learning gluten-free and dairy-free methods, you'll be able to adapt your favorite recipes and continue cooking for friends and family. This class will keep you in the kitchen and cooking what you love.

"Culinary skills are like tools in a toolbox," said Woodgate. "If you only have one or two culinary skills and an understanding of those very specific or very unique foods it's hard to branch out. Understanding how to cook gluten-free and dairy-free allows you to add more tools to your toolbox."

For gardeners looking to improve the quality of their soil and find out what vegetable varieties grow well in Cedar City's climate, some returning favorite classes are back with instructors Neal and Valerie Pack. The Gardening from the Ground Up class starts on February 1 and will help you prepare for a summer garden. Preserving the Harvest starts

see **HEALTHY YOU** » 15

MAKE TIME FOR A HEALTHY YOU



Need to mix in some healthy routines and have a ball this year? SUU can help.

PHOTOS COURTESY SUU COMMUNITY & PROFESSIONAL DEVELOPMENT

calendar

WED, JAN 11

TAKE THE STAIRS

CEDAR CITY SMALL BUSINESS NETWORK (9:30am) @ Pastry Pub (86 W University Blvd, Cedar City). FREE. No long-term commitment. Come connect, interact, build relationships. INFO: cedarcitysmallbusinessnetwork.com.

WONDER WEDNESDAYS – (4-6PM) @ CEDAR City Library (303 N 100 E, Cedar). FREE for all students K-5. Children, accompanied by an adult, can join for adventure and fun make-and-take activities self-guided programming. INFO: (435) 586-6661.

CHARACTER SKETCHES (WEDS, 6:30-8:30PM) @ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

THURS, JAN 12

WORK HARDER

7TH ANNUAL UTAH FARM & FOOD CONFERENCE (12th – 14th). Gathering more than 150 farmers, gardeners, biodynamic practitioners, perma-culturists, educators, students, activists, chefs, seed geeks, foodies, and homesteaders from Utah and neighboring states. Conversations, workshops, activities, farm tours, and meals. INFO: 435-704-1222 or utahfarmconference.org.



BIBLE STUDY (NONDENOMINATIONAL) (1-3pm thru Feb 2) @ Cedar Public Library (303 N 100 E). Romans 6, 7, and 8—chapters which explain what it means to be in Christ. Discover truth through observation, interpretation and application. Homework, discussion, DVD lecture by Bible teacher Wayne Barber. INFO/Register 435-267-2234 or 435-238-3078. Workbooks \$22.25. www.precept.org.

MOMS FOR AMERICA (7-8:30PM) @ CEDAR City Visitors Center (581 N Main). Keep Liberty Alive in your heart and home by being part of our local group of mothers to reclaim our culture for truth, family, freedom and the Constitution. Together we can heal our nation from the inside out! INFO: Kami Merrill 435-592-4152, Email: ironcountymomsforamerica@gmail.com.

DATE NIGHT DANCING (7:30-9PM, JAN IS International Tango on 12, 19) @ Cedar Aquatic Center (2090 W Royal Hunte Dr.) Ballroom dance classes catered to adults (18+). Fun, flirty styles, no experience, partner necessary! Step-by-step instruction with practice video. \$20 per class or \$50 for whole series. INFO: datenightdancing@gmail.com.

FRI, JAN 13

QUITTERS DAY

PAROWAN'S 172ND BIRTHDAY (9AM) @ Parowan High Gym (168 N Main) Song & dance. Luncheon following the Celebration (11am). Town Meeting @ Parowan High Auditorium (Noon). INFO: 435-477-8190.



ICAMA CONCERT (7PM) @ COMMUNITY Presbyterian Church (2279 N Wedgewood Lane, Cedar City). "Shake off the Holiday Blues" with Kate MacLeod and the Utah Music Review. Americana, folk and blues with the award-winning singer-songwriter and band. \$10 suggested donation.

OFF THE CUFF COMEDY IMPROV (8PM) @ OTC Theater (913 S Main, Cedar). Tickets \$10 and advance tickets available at otccomedy.com. OTC entertains your funny bone with hilarious, notorious, uproarious performance styles.

CONCERT – TOM BENNETT (9PM) @ BLACK Bird Bar (90 W Hoover Ave., Cedar). No cover charge. Come out for a night featuring the country and blues one-man band.

SAT, JAN 14

ORGANIZE YOUR HOME

STATEWIDE FARMER'S MARKET (8-12PM) @ Heritage Center Theater (105 N 100 E, Cedar). Annual statewide farmers market returns to the Utah Farm and Food Conference. Open to the public, highlights feature farmers and artisans from all areas of Utah. Apply to be a vendor @ https://forms.gle/JJA5UJGeEBs5Zg6.

CEDAR CITY FARMERS MARKET (10AM-1PM) @ inside IFA (winter) (905 S Main St, Cedar). FREE. Farmers, food, and artisans. Drawings, bingo, and more! INFO: Facebook, Cedar Saturday Market, or Nancy 435-463-3735.

FESTIVAL CITY MARKET (10AM-1PM) @ (W Center & 100 S.) By Bristlecone Coffee. FREE. Handmade treasures and a bounty of local farmers, backyard gardeners, fresh fruits, veggies, with local artisans for jewelry, art, wood, pottery.

HAIGHT FAMILY FUNDRAISER (5-8PM) @ Cedar City Elk's Lodge (111 E 200 N). For the Haight Family Trust and Mental Health assistance for first responders. \$40 Adults. \$12 Children (12 and Under). Raffle tickets \$5 each or 5 for \$20. Dinner from Dry Lakes Ranch and Pork Belly's. Prepared by the Drunken Butcher. Sponsored by The Friends of the Iron County Sheriff (friendsofsheriff.org).

PAROWAN BIRTHDAY BALL (7-9PM) @ IRON County Fairground Bldg (471 E 40 S, Parowan). Celebrate Parowan's Birthday in style with hot homemade scones and dance to the music by the band Muddy Boots.

SUN, JAN 15

HUNT FOR HAPPINESS

"THROUGHOUT LIFE PEOPLE WILL MAKE YOU mad, disrespect you and treat you bad. Let God deal with the things they do, cause hate in your heart will consume you too." Will Smith

MON, JAN 16

BOOK PUBLISHERS DAY

ART CLASS – "CREATIVITY THROUGH ELEMENTS of Art" (Mons 1-3pm, Jan 9 thru April 24). Geared towards homeschool students (12-17yrs.) \$30 per class. \$99 monthly. \$375 upfront. All supplies included. Instructor: Andrea Anderton. INFO: thecreativefocusstudio@gmail.com.



PATCHES 4 PATRIOTS (11AM – 4PM) @ CEDAR City Visitor's Center (581 N Main) Iron County's Quilt of Valor. To nominate a Service Member or Veteran that has been touched by war go to the Quilts of Valor website https://www.qovf.org. INFO: Esmeralda Carter 757-438-2371.

TUES, JAN 17

KID INVENTORS DAY

CHILDRENS STORY TIME (10AM) @ Frontier Homestead State Park Museum (635 N Main, Cedar). Admission is FREE. A ranger

reads a fun frontier-themed story along with a corresponding take-home activity. Recommended for preschool-aged children.

SUMA: EXHIBITS (11AM-6PM, MON-SAT) @ SUMA (13 S 300 W, Cedar City). Admission is Free. INFO: suu.edu/suma.

COWBOY POETRY WESTERN MUSIC OPEN MIC (3rd Tues, 6:30 pm) @ Mt. View Ranch Museum (10 S 600 W, Parowan). All are welcome to participate and/or enjoy this Western Unwind. Admission free.

WED, JAN 18

THESAURUS DAY

CHARACTER SKETCHES (WEDS, 6:30-8:30PM) @ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

FRI, JAN 20

BRIGADOON – CEDAR VALLEY COMMUNITY Theatre (7:30pm, 20th, 21st, 23rd, 26th, 27th, 28th.) @ Heritage Center Theater (105 N 100 E, Cedar). General admission \$15. \$10 Seniors (55+), Children (3-12yrs.), and Students with ID. Tickets @ Box Office and www.CVCT.online.

SAT, JAN 21

BRIDAL EXPO (11AM-1PM) @ IRON Springs Adventure Resort (3196 N Iron Springs Rd, Cedar). Workshops, local wedding specialists, free samples, drawings, prizes, and more. Everything you need in one place to plan your wedding, Quinceañera, Prom, and other special occasions. Admission \$5 at door. INFO: 435-708-0101 or online (ironspringsutah.com).

TUES, JAN 24

SISTER SADIE BLUEGRASS BAND (7:30-9:30pm) @ Heritage Theater (105 N 100 E, Cedar). Tickets \$30 Adults, \$15 Students. All general seating. Available @ https://www.cedarcity.org/1088/Festival-Hall-Heritage-Theater. Brought to you by the Cedar City Music Arts.



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calendar

ONGOING OPPORTUNITIES

GOVERNMENT

Brian Head Council

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

Iron County Republican Women

3rd Wed, 11:30 am.
Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

Parowan City Council

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Post 74

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Veterans invited to learn about benefits, opportunities and fellowship. Honor Guard provides military honors at Veterans funerals. • Post Commander Darrin Duncan (435) 704-1466.

Bikers Against Child Abuse

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Room)

DAR – Bald Eagle Chapter

2nd Sat, 10 am • Cedar City Library, 303 N 100 E

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Lion's Club

Tues, 12 pm • Call Pres. Roger Shurtz for mtg. info. Everyone welcome! (435) 590-2896

Marine Corps League

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org. Helpline: John (702) 802-1332, Kara (702) 232-6829
KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed
Speaking From The Heart • M – Sa, Noon

Steps and Traditions • M – Su, 7 am

Red Road to Sobriety • Mon, 6 pm Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

The Great Fact • T, F, Noon. True Life Center 2111 N. Main. • (702) 802-1332 or (702) 533-7856

Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

Women's Meeting • Sat, 10:30 am

My Story • Sat, 8 pm

Thank God it's Sunday Spiritual • Sun, 11 am

What a Way to Start the Day • Su, W, F 7-8 am • All are welcome

Al-Anon

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Al-Anon • 1st, 3rd Tues, 7-8 pm • Call for info: (435) 704-8984

Easy Does It • Tues, 7-8 pm • (435) 559-3333

Hope for Today (Family Groups)
Thurs, 6 pm • (435) 559-3333

Alzheimer's/Dementia

Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn about/access resources, connect with others for support. Contact Lauren Willie 435-359-4819, lewillie@alz.org for info and Zoom link.

ARP—Addiction Recovery

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan
Sun 7:30 pm • 85 N 600 W, Cedar City, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

Caregivers

1st Tues, Noon • Five County Aging Offices, 585 N Main, Ste. 1, Cedar City

Celebrate Recovery

(Christian 12-Step) Wed 6:30 pm • True Life Center, 2111 N Main, Cedar. Through Christ we can be victorious over any hurts, habits, hang-ups (Phil. 4:13) • Jeff J 801-638-1800, Gary D. 702-303-5662.

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, feel supported, share perspectives on healing, recovery. Join: affiliate.rainn.org/helproom/canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org • (435) 635-9603

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm

Live and Let Live • Fri, 8 pm

Candle Light Mtg • Sat, 9:30 pm (Small room)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm • Meeting Hall, 1067 S Main, Cedar (877) 865-5890

Nicotine Anon (12-Step)

Fri 5 pm • KKCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

Porn Addiction Recovery for Men

Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Wed, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • www.southernutahshare.com

Senior Blind/Visually Impaired

3rd Thurs, 1:30 pm • Cedar City Library

Southwest Parkinson's Alliance

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

Widows Support Group

2nd Sat, 11-1pm • Sonrise Church. These Free meetings begin January 8th. Questions? 435-586-3640 or Sonrisechruh.net.

CLASSES, CLUBS & ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness

Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Book Club

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

Boy Scout Troop 1848

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door, next to Enoch City Business office. Text Bryan Fanton 435-327-1214

Cedar Chest Quilters' Guild

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. cedarchestquiltersguild.org

Cedar City ESL

Wed, 7 pm • Free tutoring for English as 2nd Language. Cedar City Library (303 N 100 E).

Cedar City Toastmasters

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit www.cedarprofessionals.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

Color Country Winds

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

Cub Scout Pack 1848

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

Explorer Bible Club

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

Folk Dancing Class

1-2 pm • Cedar Senior Center (489 E 200 S). Come to your first International Folk Dancing Class! Teaching included. Easy to learn, fun, free for all ages. (626) 808-6129

Hey Cedars Square Dance Club

Mon 6-7:30 pm (Beginners), Dancing 7:30-8 pm • Cedar Visitor Center (581 N Main). Returning to Aquatic Center in November. All former square dancers invited. INFO: Call/Text Neil Mattson 909-477-9795.

International Folk Dancing

Fri, 1-2 pm • Cedar City Senior Center (489 E 200 S). Free. All ages welcome. Teaching included. INFO: (626) 808-6129

Iron County Moms For America

2nd Thurs, 7pm • CC Visitor Center (581 N Main). Help heal our nation, keep liberty alive in your heart & home. INFO: Kami Merrill 435-592-4152 or email: ironcountymomsforamerica@gmail.com.

Motivational Mondays

Mon, 6:30-7 pm • Cedar Yoga Space (736 N Main. Add a positive mindset and experience Cognomovement. Leave feeling more balanced, energized, and motivated. No mat needed. \$12 drop in/first time to studio is Free. 541-291-7856.

Parowan Pickleball

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and signup: Parowan Visitors Center 435-477-8190.

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

Senior Yoga Classes

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Sagebrush Fiber Artisans Guild

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

Sewing Group

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/ reserve your spot.

Tae Kwon Do Class

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 W Royal Hunte Dr. \$25/ mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

Tai Chi For Health

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

Take Action for Freedom

Wed, 7 pm • Stahl West 600 N. Airport Road, Cedar • Preserve Constitution, Republic, voting laws, medical freedom, education, 1st & 2nd Amendment Rights, ed. on CRT & boarder illegal immigration, local/ county/state Legislature

Top Bar Hive Bee Keeping

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

TOPS – Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am. • Cedar City Library, 303 N 100 E. Lose weight affordably. • 586-3233 (a.m. mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

Wellness Wednesdays

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PW: health, Info: Kristi Sharp (435) 986-2564, ksharp@swuhealth.org

To add your ongoing opportunity to our calendar, call 867-1865, ext.6 or email news@ironcountytoday.com

HEALTHY YOU

« CONTINUED FROM PAGE 13

March 9 and will help you make the most of your produce and continue to enjoy it year round. Learn many preservation techniques, including freezing, canning and dehydration.

If you are looking for a new hobby, consider taking Wood Carving for Beginners starting on Feb. 2 with instructor Jocelyn Ross. In this fun class, you'll learn the skills needed to design and create a hand carved charcuterie board to take home. You'll also get a set of carving tools to continue practicing on different species of wood.

Learn the basics of watercolor painting with returning instructor and local artist Larry Lawoski on Jan. 25. From transparency and color theory to composition and style, this class will teach you how to turn your vision into an art piece you'll be proud to display. Lawoski will also teach the Intermediate American Sign Language class for those ready to build on existing language skills on Jan. 24.

SUU's Community Education program offers classes, workshops and events for the purpose of generating fun, cultural and educational opportunities for those who love to learn. While increasing participant knowledge, programs provide non-credit experiences for community members wishing to develop new hobbies, skills and areas of personal interest.

To register for classes visit suu.edu/ wise or call SUU Community Education at (435) 865-8259.

faith

Nondenominational community Bible study continues in Romans

A Precept Upon Precept Bible Study will be at Cedar City Public Library, 303 N 100 East. The class begins on January 5, 1-3 pm. It includes a 9-week study of Romans Part 2, chapters 6-8. "Freed from sins power." Workbooks are \$22.25.

Free from the guilt and power of sin, but what about the flesh? Discover how justification by faith relates to day-by-day living through the Holy Spirit's power – the amazing process of sanctification. There are no chapters in all the Word of God that are more enlightening or more liberating than Romans 6, 7, and 8—chapters which explain what it means to be in Christ.

Precept Upon Precept studies take a straight-forward investigative approach to Bible study. The inductive method will lead attendees to discover truth for themselves by using three skills; observation, interpretation and application. These studies consist of homework, discussion, and DVD lecture by Bible teacher Wayne Barber.

Precept Bible studies are non-denominational. Interested students may call 435-267-2234 or 435-238-3078 for information or to register.

Information about Precept Ministries International can be found at www.precept.org.

That's the way we've always done it

LEADERSHIP 101.1

If you've ever heard the phrase, "That's the way we've always done it" used as a reason (excuse) to not improve, or provide the necessary tools and training for your position, it's time to reevaluate (or reinforce) your practices. I say reinforce because sometimes the way you've always done something is the best way to do it and if so, those prized practices and people need to be protected.

Nevertheless, in most cases, this phrase has negative connotations and consequences for leaders and businesses who want to thrive (not just survive) in 2023 and beyond. Are you or someone you know using this familiar phrase as a copout? It's understandable because change is scary, right? But shouldn't one fear failure (from not changing) more than the risk/reward of making better choices and changes? Indifference is even worse than failing.

the rut LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



There's another familiar phrase you've heard at some time in life, "If it isn't broke, don't fix it." Why mess with success, right? Unless you don't want to improve your business and your bottom line, not to mention the success and happiness of your employees, then sure, leave things alone. But be aware that just because something isn't broken doesn't mean it can't be improved.

That's why changing for the sake of change is unwise. Change doesn't always equal improvement and neither does comfort always lead to profit. Not that we have to be uncomfortable all the time, but in an ever-changing world, sometimes idly going with the flow leads to the deception that while it appear the business is producing, it doesn't mean it's improving. And any leader and business that is not constantly striving to improve, despite the risk of rapids on the river of revenue, is slowly sinking itself, its people, profits and accomplishments.

see **LEADERSHIP** » 17



COREY BAUMGARTNER

The Knights of Columbus (L to R) Hugh Eltgroth, Randy Rhoads, Helen Rhoads, Howard Austin, David Webb, Sam Kravetz, Amy Van Duzen (Family Support Center), Paul H. Smith.

Coats For Kids gives thanks to caring community

by Corey Baumgartner

IRON COUNTY TODAY

Each year the local Knights of Columbus and "Coats for Kids" bring a bit of extra warmth and care to our community. For over a decade they have partnered with many local businesses, churches and generous community members to provide winter gear for kids and adults. While Utah is the #1 state for collecting Coats for Kids, Cedar City continues to collect more items per capita than any other location.

From coats and gloves to sweaters, hats and everything in between, over one thousand items are donated at different locations throughout Iron County. Some items are even knitted by local fiber artisans who weave in a little extra care to the clothing.

"We have so many families in need and getting these coats make an incredible impact on their lives," expressed Helen Rhoads.

Once collected, the items

"We have so many families in need and getting these coats make an incredible impact on their lives"

Helen Rhoads

are then distributed through organizations such as the Care and Share, Canyon Creek Services and the Family Support Center, which continues to be instrumental in providing both clothes and care to those who need it in our community. Several wards from the Church of Jesus Christ of Latter-day Saints and the Presbyterian Church are also influential in the collecting and distributing process.

"Without the amazing

partners that we have, we couldn't serve the kids and families of our community like we do," shared Randy Rhoads of the Knight of Columbus.

If you or someone you know (Child, or Adult) is in need of some warm winter clothing, contact the Family Support Center 435-586-0791. 535 S Main, Suite 6, Cedar City. They are open (Mon 4-7pm, Wed 4-8pm, Fri 3-5pm). Or you can call to make an arrangement for another time.

Thank you to everyone involved in another successful year of collecting and distributing these coats and clothes to help make a difference in the lives of kids and families in our community.

- » Cal-Ranch
- » Christensen's
- » Cedar City Offices
- » IFA
- » Iron County Today
- » Jones Paint & Glass
- » State Bank of Southern Utah
- » Walmart
- » Wells Fargo
- » Zions Bank

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schools

ICSD NEWS NUGGETS

from LeAnn Woolstenhulme

IRON COUNTY SCHOOL DISTRICT

Three Peaks Elementary

As 2023 begins and we revisit and set new goals, the faculty and staff at Three Peaks Elementary are fully committed to teach and help each student learn to their full potential. Our school's mission statement is: We will work collaboratively to create a safe and stimulating learning environment. We will support and extend learning and relationships to ensure each student has the opportunity to develop college and career readiness skills. Our vision statement is: Create an outstanding educational environment in which students are engaged in meaningful learning experiences, demonstrate personal responsibility and show respect and kindness for others.



We would like to express gratitude to the parents for supporting and helping us with these goals.

On January 3, the staff and faculty met together to review middle of the year math and reading data and discussed ways to adjust Tier 1 and Tier 2 instruction based on the results of the data. We also had professional development on this year's focus of the evidence-based instructional strategy-teacher clarity. We discussed designing assessment, creating meaningful learning experiences, and mastery of standards. Thank you to our instructional coach, LeAnn Roberts, and our literacy coach, Linda Sahagun, for helping with the planning and delivery of these training sessions.



MLK Holiday will be observed and no school will be held on Monday, January 16, 2023.

Escalante Valley Elementary

LuAnne Brown, our school's music director, spent countless hours preparing for our annual winter music program. This year's theme focused on My Favorite Things, and featured one-of-a-kind Christmas songs. Each grade (PreK-6) sang at least one song including actions. The program concluded with a slideshow of pictures with students and their

families, indicating that in the end families are the most important part of the holidays. We are beyond thankful for all those involved in making our Christmas program so memorable each year!



Fiddlers Canyon Elementary

We had a great winter break and are happy to be back in school! At the end of December, three students were recognized for their efforts in the summer Chinese reading program from LingoAce: Eleanor M., Elizabeth M., and Joseph M. (not pictured). They read an average of five books in Chinese per week for 10 weeks during summer 2022. Way to go!



On December 19, students and parents got to hear from our amazing choir during their concert. Mrs. Callister did an amazing job leading the choir, and we are grateful for her efforts. We also got into the holiday spirit with the special decorations students made in art class with Mrs. Jones. We have some serious talent here at Fiddlers!



Mark your calendars for no school January 16, spirit stick sales at lunch on January 18, and Pastries with Parents at 8 am on January 27. Please also watch your child's homework folder for information regarding SEP week, coming up January 30-February 3. As always, follow Fiddlers Canyon Elementary PTA on Facebook for more news and updates.

GRIEF

by Kayleah Madsen

FOR IRON COUNTY TODAY

On January 4th, 2023, eight members of the Haight family were discovered to be deceased after a welfare check at their family home in Enoch, Utah. The details of which I am sure most of you already know. The tragedy is all over the news and even in presidential statements. And while their tone is somber, journalists and reporters will never be able to truly grasp the shock, sadness, confusion, and anger our community is feeling.

Enoch is not the type of place where tragedy strikes. I myself have lived near Enoch for 17 years and haven't heard so much as a pin drop from the town. It is the kind of place where visitors are always welcome and doors are always open. Yet here we are amidst devastation. Maybe tragedy not only strikes when you are least expecting it, but also where you are least expecting it, and none of us expected it in the Haight household.

Many of us considered the Hights to be friends, neighbors, or even family. I myself was acquainted with the eldest daughter of the Haight family. While we only crossed paths on occasion, I was always struck by her charming laugh and bright smile whenever I was in her company. Now, I have spent hours thinking of the long, fulfilling life she was robbed of and struggle to come to terms with the fact that this tragedy leaves us without closure and without justice for the victims.

I know I am not the only one struggling with the loss of the Haight family. However, hand in hand our community takes on this grief together.

In remembrance of the Haight family, a memorial has formed near the Haight family home. On Monday, January 9, 2023, members of the CVHS community gathered in loving memory of one of its own and her family. We lit candles as we were comforted by music. Because together, we are always better. In addition, the Iron County School District has mobilized a crisis response team made up of therapists and counselors to provide students, parents, and school personnel support during this time.

At Canyon View High School our hearts and our prayers go out to those who are struggling with the loss of the members of the Haight family and encourage you to use the resources our community offers. We stand with you—you are not alone.

May Gail Earl, Tausha Haight, and her 5 children rest in peace.

If you are experiencing domestic abuse or suicidal thoughts please use these resources:

- » Canyon Creek Services 24-hour Hotline: 435-233-5732
- » Utah's 24-hour Sexual Violence Help Line: (801) 736-4356
- » National Domestic Violence Hotline: 1-800-799-SAFE (7233) or text START to 88788
- » Utah's 24 Hour Suicide and Crisis Lifeline: 988
- » National Suicide Prevention Lifeline: 1-800-273-8255 or text TALK to 741741

NEWS FROM THE NEST

LEADERSHIP

« CONTINUED FROM PAGE 16

This is where the reinforcement I spoke about earlier becomes vital to the vitals and vitality of any business and home. There are familiar and famous brand name products that have a winning track record because of their consistent commitment (reinforcement) to quality and service. They have legit legacies built on time tested, un-bested foundations of integrity, not just tradition.

If you are (or desire to become) a leader of such a business or home, you cannot afford to become lackadaisical with your leadership or laurels. You must become resolute in your resolutions to not only remove obstacles, but improve every aspect and asset of your business, beginning with your most important resource, your people. Because it's your people that produce those

“Change doesn't always equal improvement and neither does comfort always lead to profit.”

products that lead to the laurels great leaders enjoy. Without their dedication, a leader's legacy has no legs to stand on. Without helping and providing them with leadership and provisions, the future of that business is history.

Therefore, if there are changes that need to be made in your organization, despite the challenges of openly opposing tradition, I implore you to explore those areas both realistically and resolutely. Not tomorrow, today!

obituaries

Jack Nelson Webster



Jack Nelson Webster (JN), 87, passed away peacefully at his home surrounded by his loving family on January 3, 2023. Born in 1935 to Ernest Nelson Webster and Helen Pace in Cedar City, Utah, he spent his life here and on Kanarra Mountain.

JN was preceded in death by his parents, and brothers Pace and Don Ray. He is survived by the love of his life, wife Sharon, whom he married in 1956, siblings Jolene and Sandy, and children James (Sharrie), Brad (Linda), KC (Janet), Melinda (David), Kate (Greg), and Leanne, as well as 18 grandchildren and 28 great-grandchildren.

He attended Cedar High School where he excelled in track, basketball, and football. He attended College of Southern Utah (now SUU) and graduated from Utah State University, where he majored in Accounting. He joined the ROTC and served for two years on active duty in the Army as a Finance Officer, achieving the rank of Captain. After posts in Indianapolis, Reno, and



Seattle, he and his family settled in Brigham City, Utah, where he raised his children and worked as an Accountant and Head of Corporate Payroll for Thiokol.

JN and Sharon returned home to Cedar City after retirement in 1998. They spent much of their time building and tending to their cabin haven on Kanarra Mountain where they hosted numerous family retreats. Second only to his family, his great love was playing and watching sports and cheering for all Utah teams.

He was an active member of the Church of Jesus Christ of Latter-day Saints and was sealed to Sharon in 1963. He served the Church in many positions, including Bishop and Counselor in the Brigham City North Stake Presidency, and as a missionary with his wife on missions to Tanzania and Slovenia, as well as to the Family History Library in Salt Lake, and the Church property auditing division throughout the US.

He enjoyed participating in the Sons of the Utah Pioneers, and was well known for his service to neighbors, friends, and family, particularly in generously lending his financial and tax expertise.

His love of nature, his dry wit and humor, peacemaking, and unconditional support of loved ones will be greatly missed, though we know he is received in joy by his loved ones now in paradise.

A viewing was held on Friday January 6 from 5-7pm at Southern Utah Mortuary in Cedar City. Funeral services were held at the 16th ward chapel (1925 W 320 S in Cedar City) on Saturday January 7 at 11am, with a prior viewing from 9:30-10:30am. The funeral service was available to stream at mortuary.org/obituaries/jack-webster.

Interment was in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com.

Douglas Eugene Stanford



Douglas Eugene Stanford, at the young age of 63, passed away unexpectedly in his home on 11-30-2022.

Douglas, also known as Doug, was born in California on March 28, 1959. He was very carefree and loved life. On April 14, 1979, he married his true love Cynthia Anderson.

He was preceded in his death by his parents, George McKay, Stanford and Wendelin, leisure, and his brothers, Ron and Dennis and also his sister Mary.

He is survived by his wife, Cynthia, his brother Russ and his sisters, Denise, and Debbie along with his only daughter, Christina.

Doug had four grandchildren Marvin, Christopher, Shalondra and MaryAnn. Also 3 great-grandchildren along with a large number of nieces and nephews. Doug will be forever missed by all who knew and loved him.

Arrangements were made under the direction of Southern Utah Mortuary. Online condolences may be left at www.mortuary.org.

Gaytha Lamoreaux Benson



Gaytha Lamoreaux Benson, affectionately known to many as "Grandma Gator" (90), passed away peacefully on Tuesday, January 3, 2023, at the Beaver Valley Hospital surrounded by her family. She was born on the opening morning of the deer hunt, October 20, 1932, in Paragonah, Utah, to Joe and Hilma Robinson Lamoreaux. She often said that when she was born her dad took one look at her and headed for the hills (to hunt).

She was the oldest of five children. Joan, Robin, Duane and Mina. She loved her hometown of Paragonah and the people there. She attended Parowan High School where she was involved in student council, drama and oration. It was there she met her sweetheart, Joe Benson. She graduated in May and on June 30, 1950 she and Joe were married in the St. George Temple.

Together they raised four children. GayLynn, Katy, Julie and Joey. They made their home in Parowan, Utah until they moved to Beaver, UT. in 1961. Joe was assigned to Beaver as a Utah Highway Patrolman and the couple decided to make the move and live in Beaver for "a couple years". 61 Years later, they still call Beaver their home.

Gaytha worked side by side with Joe on the farm and later as they ran the Delano Motel together. Gaytha worked hard renting and cleaning rooms as well as washing sheets and towels daily for the motel. Earlier, she also enjoyed working at the Beaver County School District and later at Lee's Dept. store and loved working with and getting to know the community. Mom always loved a party especially at the Family Cabin. She was an excellent cook. She was known for her homemade rolls, caramel popcorn balls, homemade ice cream and would try to make everyone's favorite pie for the holidays.

She loved gardening and together with Joe, raised a beautiful vegetable garden each year. She loved to bottle items from their garden and she claimed the title of "Harvest Holic" At the age of 89 her efforts totaled 200+ bottles of fruit and vegetables. Mom made sure every Grandchild had a handmade quilt. Some included hidden pockets to hold contents of older blankets that were worn out but still loved and needed.

Gaytha was instrumental in helping organize the Beaver Civic Arts and enjoyed directing and helping with numerous productions in the Old Courthouse. She was patriotic and loved a parade. She is the only person we know to take her own salt water taffy to a parade to throw at her grandchildren.

Her favorite pastime was her family. She loved them with everything she had, teaching them to stand up straight and enunciate. She loved reading to grandkids, cheering them on at numerous sporting events. She was their biggest fan and supported them win or lose. She rooted for the underdog and always wanted everyone to do their best.

Gaytha is survived by: her husband of 72 years Joe Benson; her children, Katy (James) Robinson, Beaver UT; Julie (Destry) Labrum, South Ogden, UT; and Joe (Esther) Benson, Beaver UT. Siblings: Duane (Sonya) Lamoreaux, St George, UT and Mina Brown, Phoenix, AZ. She is Grandma to 12 and Great-Grandma to 17. She is preceded in death by her daughter, GayLynn Starr; Parents, Joe and Hilma Lamoreaux; sister Joan Mortensen; and brother Robin Lamoreaux. The family would like to thank the Nurses, Aides and staff at Beaver Valley Long Term Care as well as the Doctors, Nurses, Aides and Staff at Beaver Valley Hospital for the loving care and friendship.

In lieu of flowers the family requests donating to Beaver Valley Long Term care or that you hold your loved ones close and make memories. A funeral was held Monday, January 9, 2023, at 1:00 pm. The viewing was held that morning from 11:30 to 12:30 at the Beaver Third Ward LDS Chapel, 220 North Main, Beaver, Utah. Interment was held at the Mountain View Cemetery. Services were available live stream via Zoom at <https://zoom.us/j/92523285481?pwd=OVBOVjJCaWphb25hdVltbXppTWY3dz09>

Family and friends are invited to share tributes online at www.SerenityStG.com. Arrangements and memorial tree planting by Serenity Funeral Home of Southern Utah, 986-9100.

Denise Marie Prestwich Christensen



Denise Marie Prestwich Christensen was born on March 1, 1956, in Cedar City, Utah to Sheldon and Bonnie Prestwich. Surrounded by loved ones on both sides of the veil, she passed away peacefully in American Fork, Utah on December 28, 2022, after a brief infection & pneumonia. She was 66.

Denise was the oldest of three children. She had two brothers, Lance and Locke. She loved spending time with her extended family her aunts, uncles, cousins and grandparents and spent a lot of her time with them at their family farm growing up. One of her greatest achievements she was very proud of was being named Miss Iron County Rodeo Queen. She graduated from Cedar high school as a proud Redmen in 1974.

She loved art and drawing and was very crafty. She always decorated for the holidays and went over the top as they were her favorite. She enjoyed music, being outdoors, sewing & cooking, she lived most of her life in Cedar City, Utah, and in Las Vegas, Nevada. She will be missed by many.

Denise is survived by her children Tisheena (Mike) Hollis, and Shaunte' (Chris) Haas, both of Las Vegas, Nevada. Parents: Sheldon and Bonnie Prestwich of Cedar City, Utah. Siblings: Lance and Locke Prestwich, both of Cedar City, Utah. As well as her 7 grandkids, Anthony, Alyssa, Bryson, Macey, Tanner Hollis, Dustin, and Hannah Haas, and 1 great-grandchild Oaklynn Hollis.

She's preceded in death by her grandson, Blake James Hollis as well as many grandparents, great-grandparents and cousins.

Funeral services were held Tuesday, January 3, 2023, at 1 PM in Cedar City, Utah at the Southern Utah mortuary. No viewing was held. She was laid to rest at the Cedar City Cemetery immediately following the funeral under the direction of Southern Utah Mortuary. Online condolences can be made at mortuary.org.

The family thanks you all for the kind words, flowers and meals that have been sent.

William (Bill) Duane Roda



William (Bill) Duane Roda, 89, of St. George, Utah passed away on December 26, 2022, at 11:20 a.m. Bill died peacefully with his wife and daughters by his side at Intermountain St. George Regional Hospital. Cause of death was Interstitial Lung Disease.

Bill was born on August 25, 1933, in Wykoff, Minnesota to Fred and Doris Roda.

He had three older siblings - Marcella, Dolores and Russell. He graduated from Rochester

(Minnesota) High School. Bill served in the United States Army, Specialist 3rd Class and was assigned to the Signal Core at Fort Huachuca, Arizona.

Bill married the love of his life Judith Ann Larson on July 17, 1955. Bill's working career was largely spent in the sales industry. Before retiring, Bill was with the California State Lottery.

His residences included Casa Grande, Arizona, San Diego, California, Parowan, Utah and St. George, Utah.

Bill is survived by his wife of 67 years, Judith Ann, daughters Carrie Elizabeth Roda of St. George, Utah and Lyndy Sue (Mr. Edward A. Carreiro) of Whidbey Island, Washington.

A private interment will be held at First United Methodist Church in San Diego, California in the Spring of 2023.

The family would like to thank Dr. Mustufa T. Saifee, MD, Pulmonologist and the staffs of the CCU and ICU departments at Intermountain St. George Regional Hospital for their excellent care and compassionate understanding.

Arrangements were made under the direction of Hughes Mortuary, St. George, Utah.

Bill Roda - Husband, Father, Friend.

Want to submit an obituary?

There is a charge of \$50 for obituaries to be published. Submissions can be made online at ironcountytoday.com, emailed to news@ironcountytoday.com or brought in typed/digitized format to 389 N 100 W, #12, Cedar City, Utah 84721. A single submission may include up to two photos. The deadline for submissions is Monday at noon.

family

A never ending battle

There are some things that just never end in the Stratton house. Hugs and kisses, snack requests and the Paw Patrol theme song, to name a few.

My personal endless battle has more to do with the piles of supposedly dirty clothing that seem to stack up overnight!

Between a messy baby, two toddler girls who think a full outfit must be tossed in the laundry basket every time their clothes are changed (generally three times a

day, each) and a rambunctious six-year-old boy, laundry is literally an endless endeavor!

For years I utilized a communal laundry basket for the kids and washed it all together as it filled. While I have yet to find a system that made me love doing laundry, I have since discovered a

method that made the task more efficient and, in turn, a little less dreadful.

Through trial and error and I have settled on individual laundry bags for the kids. In a perfect world I would do one load of laundry a day, alternating between each kid and my husband and I.

mom's
CORNER(ED)

by Weslie Stratton
CONTRIBUTOR



"Laundry is literally an endless endeavor!"

While the actual washing may not make a difference, I have found that doing individual loads for each member of the family cuts the time it takes to fold and put away significantly! This also makes it much easier to include the kids in the process and give them a sense of responsibility.

As each child's clothing comes out of the dryer I either call them to assist in the folding process (for the two oldest) or to deliver the folded clothing to their closet (for our three-year-old). After years of watching me complete this task on my own, they have gained some misguided understanding that it is a blast to do and they want in on the fun! I, for one, am happy to delegate.

Pro tip: As a picky mom trying to do my best, I used Dreft laundry detergent for each of my babies, right up until 2020 when availability was limited. Left with no choice, I stooped to the lesser known All Free And Clear: Baby, and I never looked back.

This is a perfect alternative to Dreft for literally half the price. The scent is very similar and my sensitive skinned little ones never knew the difference. I am appalled by how much I could have saved our family over the years had I started with All!

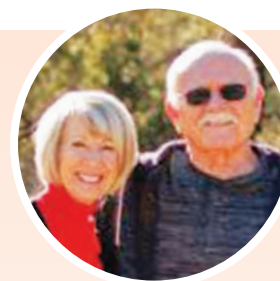
Maybe your New Year's resolutions didn't include laundry, but consider these tricks as you look to make changes in the year to come!

people

BIRTH

Joel Howard White

Joel Howard White was born to Paul and Amanda White of Tooele, UT., on August 24, 2022, at 7:22 p.m. He weighed nine pounds, three ounces and was 22 inches long. Joel is the little brother of Luke and Haylee. His grandparents are Howard and Wendy Garrard and the late Shanna Garrard of Grantsville, Utah. His other grandparents are Beejay and Shane Munford and the late Mike White of Cedar City, Utah.

50TH
ANNIVERSARY
Kent and Becky
Bradshaw

It's Our Golden Anniversary! January 12, 1973 Kent and Becky Bradshaw ignored all warning signs and swore to each other, in front of witnesses and God Almighty, that they would forever honor and obey each other. 50 years later they are still squabbling over whose turn it is to do what and who gets the remote. (Becky will testify, Kent always gets the remote.) Through all the ups and downs, good times and bad, and many life curveballs that have been thrown their way, they have cared for and LOVED each other endlessly. They are a true inspiration and legacy to all. This beautiful couples' favorite kids, Billy (the dog) and Cheddar (the cat), along with their other children, grandchildren, and great grandchildren, would like to wish them the happiest and blessed 50th Anniversary!

Recharging your patience

Getting back into the flow of post-holiday routines may require a bit of patience: not only with those around you but also yourself. In an article published by Extension specialists, Barbara Beaulieu and Allison Hillis, at Purdue University Extension Department of Health and Human Sciences, 10 Steps are identified for helping get individuals and families back to a more positive mindset.

1. Establish new routines

Routines offer a way to promote health and wellness. Having routines provide a feeling of having control through structure and organization.

2. Stay connected with family and friends

The feeling of loneliness can be associated with depression and cardiovascular disease. Make social connections with other adults a priority through video chats, phone calls, emails, or text messages.

3. Exercise

Find ways to exercise at home. Try to duplicate what you do at a gym with things that you have at home such as using canned goods for weights if you do not have standard weights. You can do yoga, Pilates, Zumba or just dance to some fun music. Find routines on the internet that you enjoy doing.

4. Go outside

Studies show being outside in nature reduces stress, depression and anxiety. Take a walk, run,

hike, or bike ride in nature either by yourself or with your family. Do fun activities with your children such blowing bubbles, sidewalk chalk, or kicking a soccer ball.

Kathy's
CORNER

by Kathleen Riggs
USU EXTENSION



5. Adjust your expectations

Set reasonable expectations for yourself and family. Or even lower your expectations during this time. Eliminate or reduce some tasks/ activities at this time to create expectations that work with you instead of against you.

6. Mindfulness

Being aware of our thoughts, feelings and bodily sensations. Several websites and apps provide steps in learning how to focus on our body at a moment in time.

7. Alone time

Find time to be alone to decompress from family demands, separation from family members, and have some quiet time for prayer, meditation, journal, or just to process thoughts.

8. Give yourself a break

Indulge in something that you enjoy which is positive and helps you relieve stress and relax. Allow yourself to engage in activities that you enjoy, such as soaking in a bathtub, reading books you have been wanting to read, binge watch your favorite TV show, watch your favorite movies again, do puzzles, bake, coloring, etc.

9. 'Pet your stress away'

Ten minutes of playing, interacting, or petting your dog or cat reduces stress hormone cortisol and can reduce stress, anxiety, and loneliness.

10. Laughter

Laughter is still a good medicine for your health to reduce physical tension. A good laugh can relieve some physical symptoms of stress, reduce pain, and increase personal satisfaction.

These are only suggestions. There are many different ways to calm ourselves and do what helps you to press the re-start button.

Beaulieu and Hillis state that especially if we feel overwhelmed it is okay to take time to recharge. When we feel recharged, we are able to have more patience and tolerance with others. Find ways to recharge that work for you. (This complete article may be accessed here: <https://www.extension.purdue.edu/extmedia/HHS/HHS-843-W.pdf>)

Kathleen Riggs is the Utah State University Extension family and consumer sciences professor for Iron County. Questions or comments may be sent to kathleen.riggs@usu.edu or call 435-586-8132.

faith

Women and their numbers in history – (Part 2)

by Edy Meredith

FOR IRON COUNTY TODAY

According to the Bible in Genesis 1:27-28, "So God created mankind in His own image; in the image of God, He created them; male and female He created them. Then God blessed them..." In the Creation of humankind, there was an equality between male and female because they were both created in the image of God. According to the Biblical narrative, since the Fall in the Garden of Eden, when Satan enticed Eve and Adam to disobey God, male and female have been jousting with each other for control and supremacy. With men usually as the physically stronger of the two genders, men have frequently won the battle for power and authority.

There are some interesting aspects to this competition. In births, usually a greater but small percentage of males are born—with more than 1.1% of males born with a ratio of 51.1 percent male to 49.8 percent female. However, in one area of human comparison, women outlast males with a longer life span, both anciently and in modern times. Males have an average

lifespan in the U.S. of 76.1 years; females have an average lifespan of 81.1 years with the population of Utah showing an average age with both genders combined of 79.4 years. Utah is number 13 out of the 50 U.S. states in longevity. (simplyinsurance.com/average-us-life-expectancy-statistics/#section-11).

Because of this relative natural equality of population numbers, we should expect an equality of participation between male and female throughout history unless governments and cultural institutions intervene such as the more recent devaluation of female babies in China and the Chinese government's "one baby only policy." Girl babies were aborted in their gestation period before their births. In many cultures both anciently and today, female births have been suppressed with male babies favored. I know several couples both in Iron County and other parts of the U.S. who happily adopted female babies from China to join their other children in happy family situations. The Chinese ran into many problems as their female population plummeted. Apparently, God the Creator values

males and females with equality in status, rights, and opportunities. This Creator God did give women a special and important task and job to bear children for 9 months with babies gestating in the woman's own body as part and parcel of an important soul connection. The Bible identifies close to 200 women by name with the good and the bad, the pagan and the believers in God. You can find this list in Wikipedia/List of women in the Bible. The list is from A to Z.

Women in the Bible are wives, mothers and daughters, victors and victims; women who change the course of important events, as well as women who were powerless to affect even their own destinies because ancient near eastern societies were patriarchal, and the Bible itself is generally interpreted as patriarchal, centered around men and their actions.

As Part 1 last week demonstrated, Jesus the Messiah appealed to both men and women because of His gospel of grace, freely given to all who would receive Him. Next week, we will begin to look at individual and heroic women of Bible times in this series on Extraordinary Women of the Bible.

"HIS HAND IN MINE"

"These poems capture who I am. They are written with a prayerful hand, and are inspired from above. It is my hope that all who read them will be edified, find comfort, and feel God's love."

— L. Brent Jones

One Step at a Time

by L. Brent Jones

*When a mountain is placed before me,
That I know I have to climb,
Then I must keep moving forward,
And I do so one step at a time.*

*Even though the mountain seems
too high,
And impossible to cross,
I pick up one foot then place it down,
So my direction isn't lost.*

*If I put it down in front,
Of the last step that I took,
With my eyes still focused on my goal,
I'll obtain a clearer look.*

*A look at what's in front of me,
As that mountain I ascend.
I am on my way to conquering it,
On my footing I depend.*

*If my feet are placed on solid ground,
And I study my next move,
I'll find courage in my chosen path,
And my abilities will improve.*

*My steps grow stronger as I go,
And my footing seems more sure.
But halfway up my doubts increase,
And I start to question more.*

*Am I making this climb on my own?
Is it even possible to do?
Yet someone has climbed this
mountain before.
For there are prints of another's
shoe.*

*Then I look up towards the
mountain top,
And I see someone standing there.
He's made the climb before me,
And of my struggles He is aware.*

*He's left His footholds in plain sight,
And He's reaching down His hand.
I just need to reach up and grasp it,
And keep climbing as planned.*

*He knew that I could make the climb.
His goal was to strengthen me.
For as I grow in faith and confidence,
His view I'll get to see.*

The Rearview Mirror

When was the last time you drove your vehicle using only the rearview mirror to get to where you were going? Especially now, when you're looking for motivation and inspiration for your 2023 road-trip, is that what you're trying to do? Are you so caught up in the failures behind you, that you are neglecting the new opportunities in front of you?

For many, this vilifying vision isn't just a yearly concern, but a daily discouragement, causing such chaos in one's chassis that they don't want to go anywhere, or see anyone because they feel their damage (mistakes) is un-repairable and their driving (life) is un-redeemable. This is how the adversary abuses us (or get us to abuse ourselves) through the misuse of our mirrors, wherever they are located.

Remember, there's a reason why the rearview mirror is smaller than the windshield. And there's a difference between using a rearview mirror to occasionally back up verses driving backwards.

Every driver has made (will make) mistakes (Romans 3:23). Thankfully, perfect driving is not a requirement

to reach our divine destination. However, we should still strive to drive the best we can and improve our driving skills, but when we make mistakes, trust that God will still use those woes and worries in our rearview mirrors for our good (Romans 8:28). Thus, even after detours and accidents, through God's grace and love, you can still confidently become who you were created to be and do

past)." (John 16:33). He's not boasting. He's beckoning each of us bad drivers to come unto Him and let Him help us see, live and drive better.

Yes, while some mistakes and sins require more extensive repairs through repentance, the Atonement of Jesus Christ (our Merciful Messiah Mechanic) counsels, comforts and cleanses us as we confess and

correct our sins through His divine direction and defense (1 John 1:9). Thus, this miracle of forgiveness allows us to stop looking behind us in fear and to look ahead with fortified faith and faithfulness as we "forget the former things; do not dwell on the past." (Isaiah 43:18). And as we forget we forge a new path forward and

"reach forth unto those things which are before, and press toward the mark for the prize of the high calling of God in Christ Jesus (Philippians 3:13-14).

Today, as you stop driving through life looking only through the rearview mirror, you'll see the wonderful places you have yet to go and the amazing person you are and are becoming! Drive safely and enjoy the journey!

the things you were called to do in your life (Philippians 4:13).

How is this possible even after all your bad driving? Because He proclaims and promises, "My grace is sufficient for thee...my strength is made perfect in weakness. (2 Corinthians 12:9). He also promises that "In me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world (and your perilous



FALCONS FLY PAST RABBITS

by Tom Zulewski

IRON COUNTY TODAY

In search of a lightning bolt, the Canyon View Falcons found one to jump-start their offense and came through with a strong effort heading toward Region 12 play.

Hunter Ellett led the way for the second straight game with 11 points and three 3-pointers, and CV used a 24-8 second-quarter run to break the game open and secure a 55-36 road win over the Delta Rabbits on Jan. 6. The Falcons had 11 different players score points as they improved to 9-5 overall on the season.

With a team-wide balanced scoring effort, Canyon View was able to keep its lead in double figures throughout the second half.

To open the week, the Falcons were beaten at home by the Manti Templars, 78-51 on Jan. 4. CV led the No. 1 team in 3A midway through the second quarter at 19-17 after back-to-back 3-pointers by Ellett, who finished with a team-best 13 points, but Manti closed the

CV's Chad Hartmann (L) and Andrew Barnes (R) helped the Falcons hoop past the Rabbits after being toppled by the Templars.



Canyon View

55



Delta

36

Canyon View 11 24 8 12 - 55
Delta 10 8 7 11 - 36

Canyon View - Ellett 11, Miles 7, Ludlow 7, Farrow 6, Hartmann 5, Barnes 5, M. Topham 4, Malcolm 4, Whittaker 2, Jacobsen 2, Buhler 2. Totals 21 6-14 55. 3-pointers - Ellett 3, Miles 1, Ludlow 1, Hartmann 1, Barnes 1.

Delta - Henderson 15, Chase 6, Bundy 5, J. Brough 4, T. Topham 2, Lovell 2, K. Brough 2. Totals 11 12-18 36. 3-pointers - Henderson 1, Bundy 1.



Manti

78



Canyon View

51

Manti 12 21 29 16 - 78
Canyon View 10 13 15 13 - 51

Manti - Anderson 10, Pogorzewski 10, Douglas 20, Frischknecht 15, Hansen 3, Stevens 2, Je. Barton 5, Rasmussen 3, Larson 7, Ja. Barton 2, Thompson 1. Totals 29 13-19 78. 3-pointers - Anderson 2, Douglas 4, Larson 1.

Canyon View - Farrow 2, Whittaker 6, Barnes 3, Hartmann 10, Ellett 13, Miles 2, Topham 2, Jensen 2, Irons 2, Ludlow 7, Sanders 3. Totals 16 13-16 51. 3-pointers - Whittaker 1, Barnes 1, Hartmann 1, Ellett 3.

half with a 16-4 run to take a 33-23 lead at the break.

The Templars poured it on in the second half, building the margin to as much as 31 points before putting away the victory. Kayson Douglas led four players in double figures for Manti with 20 points and four 3-pointers. Reggie Frischknecht added 15 while Dylan Anderson and Larson Pogroszewski helped out with 10 points each for the Templars.

Chad Hartmann was the only other Falcon in double figures with 10 points in the loss for Canyon View.

PHOTOS BY JR ROBINSON

Reds beat Mustangs, break nine-game losing streak

by Tom Zulewski

IRON COUNTY TODAY

Annalyse Shimada scored 22 points and the Cedar Reds clamped down on the defensive end in the second half to beat the Crimson Cliffs Mustangs, 48-32, on Jan. 5 to break a nine-game losing streak and even its Region 10 record at 1-1.

The host Mustangs led 22-20 at the half, but the Reds went on a 28-10 tear in the second half to take control and earn the victory. No players scored in double figures for Crimson Cliffs (0-2 region, 1-6 overall), but Kenadee Richey was the leader with eight points.



Cedar

48



Crimson Cliffs

32

Cedar	7	13	15	13	-	48
Crimson Cliffs	10	12	5	5	-	32

Cedar – Shimada 22, Hansen 9, Gomez 6, Parson 5, Davis 3, Bishoff 3. Totals 15 14-21 48. 3-pointers – Gomez 2, Davis 1, Bishoff 1.

Crimson Cliffs – Richey 8, Tebbs 7, Adams 6, McKone 5, Plewe 3, Jones 3. Totals 13 5-21 32. 3-pointers – McKone 1.

Cedar was close to ending the losing streak a game earlier, but the Desert Hills Thunder held on for a 45-42 win at the Wolf Den on Jan. 3. The game was tied after the first quarter, but the Reds were able to even the score at 29-29 heading to the fourth.

Shimada led Cedar with 21 in the loss, while Desert Hills (2-0, 6-6) got 12 points apiece from Jacie Riding and Ashtin Hansen. The Reds hosted Snow Canyon on Tuesday in a game that was too late for press deadline, and they'll travel to Pine View to take on the Panthers on Thursday in a 7 p.m. tipoff at the Pit.



The Cedar Reds, led by Annalyse Shimada (22 pts.), earned their first Region 10 victory of the season over the Mustangs.

PREP SCOREBOARD

SCORES

Region 10 Boys Basketball

1/4

Desert Hills 54, Cedar 49
Dixie 71, Hurricane 38
Snow Cyn. 60, Crimson Cliffs 49

1/6

Crimson Cliffs 70, Cedar 49
Desert Hills 83, Hurricane 41
Snow Canyon 53, Pine View 37

Region 12 Boys Basketball

1/3

Emery 69, Enterprise 65
Grand 76, Monticello 48

1/4

Manti 78, Canyon View 51
Carbon 56, Am. Leadership 55
Emery 76, San Juan 46
Richfield 61, North Sanpete 58

1/6

Canyon View 55, Delta 36
Carbon 63, Providence Hall 45
Am. Leadership 60, Emery 45
Manti 71, Richfield 40
Grand 73, Tintic 61

Region 19 Boys Basketball

1/3

Emery 69, Enterprise 65

1/4

Enterprise 85, Am. Heritage 55
Emery 76, San Juan 46

1/6

San Juan 56, Parowan 52

1/7

Kanab 71, San Juan 49

Region 10 Girls Basketball

1/3

Desert Hills 45, Cedar 42
Pine View 59, Canyon View 47
Dixie 55, Hurricane 41
Snow Cyn. 67, Crimson Cliffs 39

1/5

Cedar 48, Crimson Cliffs 32
Snow Canyon 70, Pine View 36
Desert Hills 58, Hurricane 49

Region 12 Girls Basketball

1/3

Pine View 59, Canyon View 47
Corner Canyon 68, Emery 45
Carbon 66, Union 37
Richfield 58, Delta 24

1/5

Canyon View 53, Delta 42

1/6

Richfield 58, Maple Mtn. 22

Region 19 Girls Basketball

1/3

Whitehorse 58, San Juan 56

1/5

Beaver 61, Am. Heritage 45
N. Sevier 56, South Sevier 54

1/6

Beaver 51, Enterprise 34
Kanab 71, San Juan 50

STANDINGS

Region 10 Boys Basketball

REGIONOVERALL

Desert Hills (3)2-09-3

Snow Canyon (6)2-09-5

Dixie (2)1-011-2

Crimson Cliffs (8)1-17-4

Pine View (14)0-11-8

Cedar (11)0-25-6

Hurricane (13)0-22-9

Region 12 Boys Basketball

REGIONOVERALL

Richfield (2)0-09-3

Emery (3)0-09-3

Canyon View (9)0-09-5

Carbon (10)0-06-5

Grand (16)0-04-8

Region 19 Boys Basketball

REGIONOVERALL

Kanab (3)1-010-2

San Juan (10)1-15-10

Enterprise (1)0-07-2

South Sevier (2)0-08-3

Beaver (15)0-03-7

Parowan (11)0-14-6

Region 10 Girls Basketball

REGIONOVERALL

Snow Canyon (4)2-07-5

Desert Hills (8)2-06-6

Dixie (5)1-07-4

Cedar (11)1-11-9

Pine View (9)0-14-8

Crimson Cliffs (12)0-21-6

Hurricane (10)0-21-8

Region 12 Girls Basketball

REGIONOVERALL

Richfield (3)0-013-2

Carbon (5)0-010-3

Canyon View (7)0-010-4

Emery (8)0-08-4

Region 19 Girls Basketball

REGIONOVERALL

Kanab (1)1-012-0

Beaver (2)1-011-1

South Sevier (6)0-06-4

Parowan (9)0-05-6

Enterprise (11)0-14-10

San Juan (14)0-13-8

SCHEDULE

Region 10 Boys Basketball

1/11

Cedar at Snow Canyon
Desert Hills at Crimson Cliffs
Dixie at Pine View

1/13

Pine View at Cedar
Snow Canyon at Dixie
Crimson Cliffs at Hurricane

Region 12 Boys Basketball

1/11

Carbon at Grand
Emery at Richfield

1/13

Canyon View at Emery
Grand at Richfield

1/14

Canyon View at Carbon

Region 19 Boys Basketball

1/10

Parowan at Beaver
Enterprise at South Sevier

1/12

Kanab at Parowan
South Sevier at Beaver

1/13

Parowan at Kanab
Enterprise at San Juan

1/14

Enterprise at Grand

Region 10 Girls Basketball

1/10

Snow Canyon at Cedar
Pine View at Dixie
Crimson Cliffs at Desert Hills

1/12

Cedar at Pine View
Dixie at Snow Canyon
Hurricane at Crimson Cliffs

Region 12 Girls Basketball

1/10

Emery at Canyon View
Carbon at Richfield

1/12

Richfield at Emery

1/13

Canyon View at Carbon

Region 19 Girls Basketball

1/11

Beaver at Parowan
South Sevier at Enterprise

1/13

Parowan at Kanab
San Juan at Enterprise
Beaver at South Sevier

1/14

San Juan at Parowan



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Cedar boys fall twice to start region play

by Tom Zulewski
IRON COUNTY TODAY

Landon Kreitzer led all scorers with 22 points, but the Cedar Reds fell short in a 54-49 road loss to the Desert Hills Thunder on Jan. 4 to open Region 10 play. Kreitzer added seven rebounds and two 3-pointers in his stat line, but no other Reds player finished in double figures.

Eli Allred led three players in double

figures for the Thunder with 16 points, Boston Holbrook added 11 and Lincoln Holmes helped out with 10.

Stockton Albrecht pulled down 12 rebounds for Cedar and Boston Garrett added 11 in the loss.

On Jan. 6, Jordan Eaton led four players in double figures with 16 points, and the Crimson Cliffs Mustangs pulled away and routed Cedar, 70-49, to even its Region 10 record at 1-1. Eaton added 17 rebounds as part of his effort for the

Mustangs in the win.

Crimson Cliffs started the night against the Reds with a pair of 20-point quarters to build a 44-31 halftime lead before cruising to the win from there. Stockton Albrecht led Cedar with 18 points in the loss and Nate Rogers added 12.

The Reds will travel to play at Snow Canyon tonight for a 7 p.m. tipoff before returning home to play the Pine View Panthers on Friday, also starting at 7 p.m.



Crimson Cliffs

70



Cedar

49

Falcons rebound, take down Rabbits

by Tom Zulewski
IRON COUNTY TODAY

Jayda Gleave and Maylee Spencer combined for 22 points, and the Canyon View Falcons led from the start in a 53-42 home win over the Delta Rabbits on Jan. 5. CV jumped out to a 10-point lead after the first quarter and kept it steady the rest of the way as they improved to 10-4 overall on the season.

The milestone tied the career-best mark for wins in the six-year tenure of head coach Jaycee Barnhurst, and it's the fastest CV has reached 10 wins since the 3A state title winners of 2006 improved to 10-1 on Dec. 31, 2005.

All of Gleave's 12 points came from four 3-pointers, and Spencer added 10 to lead the Falcons in the victory. Kate Smith led Delta with 20 points, including six 3-pointers, in the loss.

Canyon View returned from the holiday break Jan. 3 and dropped a 59-47 decision at Pine View, snapping the team's seven-game winning streak.

The Falcons trailed the host Panthers (4-8) 31-21 at the half, but were outscored 21-8 in the third quarter.

Gleave duplicated her effort from the Delta game with 12 points on four 3-pointers, and Brooklyn Davie added 10.

Canyon View sits at No. 7 in the RPI rankings and they hosted the Emery Spartans on Tuesday for the start of Region 12 play in a game that was too late for press deadline. They'll travel to play at Carbon on Friday night for a 7 p.m. tipoff.



CV's Maylee Spencer (L) and Maya Nichols (R) helped the Falcons thump the Rabbits from Delta.



Canyon View

53



Delta

42

Delta	9	9	10	14	-	42
Canyon View	19	10	10	14	-	53

Delta – Finlinson 1, K. Smith 20, M. Smith 6, Dodoo 12, Allred 2, Christensen 1. Totals 14 6-10 42. 3-pointers – K. Smith 6, Dodoo 2.

Canyon View – Spencer 10, Nichols 6, Brush 7, Potter 6, Miles 4, Davie 8, Gleave 12. Totals 19 8-14 53. 3-pointers – Spencer 1, Potter 2, Gleave 4.



PHOTOS BY JR ROBINSON

Flippin' Birds fly to first place finish at Super 16

TEAM POSTS WINNING MARK OF 195.800

by **Regan Hunsaker**

ASSISTANT AD, SUU SPORTS INFORMATION

LAS VEGAS, Nevada — The Southern Utah Gymnastics team opened their season in dynamic fashion at the Super 16 Presented by Ozone in Las Vegas, Nevada. The Flippin' Birds grabbed a first-place finish in their session with a score of 195.800.

Southern Utah drew bars for their opening rotation and set the tone for the meet scoring the individual and team-high right away. The team followed it up by tying for the top spot in the beam and taking second on the floor. The Thunderbirds wrapped up the event with a team victory on vault. Graduate student Karley McClain grabbed second place in the All-Around competition.

BARS (49.050)

The T-Birds started off with one of their strengths as a team, the bars. Graduate student Caitlin Kho got the meet started earning a 9.725. The best score of the rotations for SUU came from freshman Trista Goodman with a 9.900 in her first collegiate appearance. Fifth-year seniors Karley McClain and Shylen Murakami each scored 9.825 while Junior Aubri Schwartz put up a

9.775. Graduate student Mayson Bently rounded out the bars team with a 9.675.

BEAM (48.850)

The next apparatus for the Flippin' Birds was the beam and the team's experience showed with a pair of veteran competitors Murakami and Schwartz putting up identical scores of 9.800. Sophomore Ellie Cacciola wasn't far behind with a 9.775 and McClain scored a 9.750.

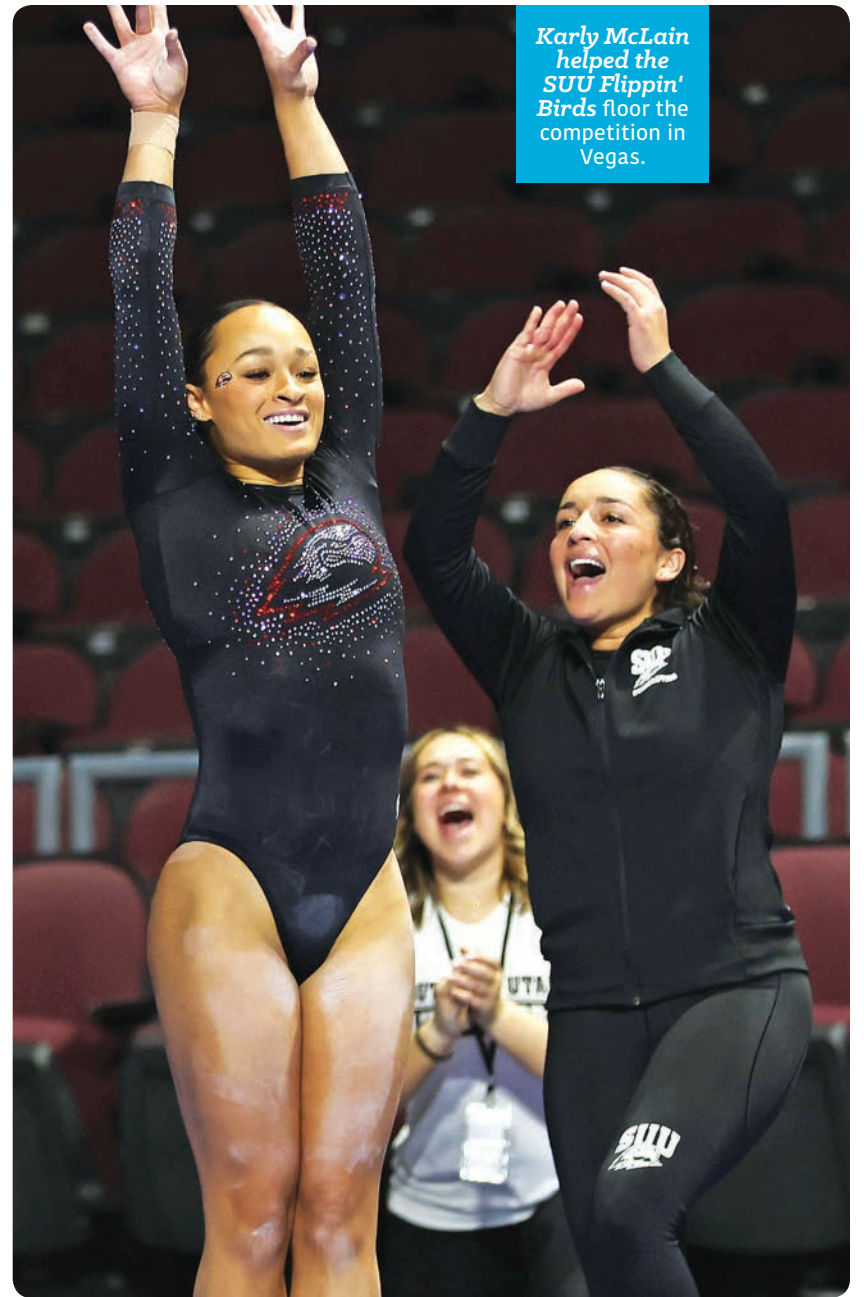
FLOOR (48.950)

In the only event that the Thunderbirds didn't take a share of the top spot, junior Hailey Vultaggio would lead out scoring a 9.875. Schwartz and McClain added matching scores of 9.850 and the T-Birds would go on to get a 9.700 from senior Rachel Smith. Junior Emma Ingrassia wrapped up the team score with a 9.675.

VAULT (48.950)

Taking a lead into the final event of the meet Southern Utah looked to close it out with some solid scores. Freshman Kayla Pardue was the top scorer for the Flippin' Birds with a 9.850. Kho was right behind her with a 9.800. Cacciola and Smith also pitched in identical scores of 9.775.

For all the latest on Southern Utah gymnastics, follow @SUUGym on Twitter, @SUUGymnastics on Instagram, and like the Southern Utah Gymnastics Facebook page.



Karley McClain helped the SUU Flippin' Birds floor the competition in Vegas.

SUU ATHLETICS



SUU's Tevian Jones was clutch in the final minutes to lead the Thunderbirds to a victory over Abilene.

SUU ATHLETICS

Jones jumpstarts T-Birds to win with scorching 2nd half

by **Jason Marsteller**

SUU ATHLETICS STRATEGIC COMMUNICATION

ABILENE, Texas — Senior guard Tevian Jones jumpstarted the Southern Utah men's basketball team to a gripping, 74-72, road victory against Abilene Christian with a transcendent second-half performance. With the Thunderbirds trailing by five at the half, Jones sparked SUU with 22 points in the second stanza to help improve Southern Utah's record to 11-6 and 3-1 in Western Athletic Conference play. ACU, meanwhile, fell to 9-7 and 1-2 in the conference.

Jones unleashed a 28-point performance to push his overall career scoring tally to 1,130 at SUU. He moved into the 1,200-point club overall including his time at Illinois. Overall, Jones has now scored 1,228

points as a collegiate player.

Senior forward Maizen Fausett closed to within nine points (1,291) of the 1,300-point club with 11 points tonight, while sophomore guard Drake Allen turned in a double-double with 10 points and 11 rebounds. Meanwhile, senior guard Harrison Butler inched his way up the career-scoring charts with six points as he moved to within two points of Jackson Stevenett's 1,273 points from 2010-13.

Southern Utah returns home to welcome Sam Houston to the America First Event Center on Thursday, Jan. 12 at 7 p.m. MT.

Stay up to date during the 2022-23 Southern Utah Men's Basketball season by following @SUUBasketball on Twitter and Instagram and by liking the Southern Utah Basketball page on Facebook.

Falcons flying high heading to region play

It hasn't all been smooth sailing, but the basketball teams at Canyon View are in serious contention to experience seriously good things when the 3A state basketball tournament comes to the America First Event Center at the end of February.

In their first year under Kim Blackner, the boys had a rough outing in a home loss to the Manti Templars – the probable title favorite – but rebounded well for a 19-point road win at Delta on Jan. 6 to improve to 9-5 on the season. The girls have encountered a little more stress than they'd like, but a steady wire-to-wire effort at home over Delta on Jan. 5 pushed their overall record to 10-4.

Not only did the win help head coach Jaycee Barnhurst match her highest single-season win total in her six years on the bench, but it's also the fastest CV has reached 10 wins since the 2006 state champions won their 10th on Dec. 31, 2005.

Ironies aside here, there's a ton of potential with both teams to do big things. For the Falcon boys, it's clear Manti will provide the most formidable challenge. At 11-2, the Templars have won in impressive fashion by an average of nearly 23 points per game.

The CV girls have produced wins in challenging fashion, including five where they trailed at halftime – two by double figures. Barnhurst joked that the team has given her gray hair at times, but the end results have been more than satisfying.

Region 12 as a whole has been competitive. For the girls, CV opens with the Emery Spartans, who have the fourth-best overall record at 8-4. The top three teams on the

boys side of the region all have nine wins, and the Falcons will travel to Emery to face the 9-3 Spartans on Friday.

Right now, the girls are at No. 7 in the RPI and the boys stand at No. 9. With the schedule ahead, both teams face challenges, but winning will be the catalyst that sets positive changes in motion.

With the state tournament in their own backyard, it should be more than enough motivation to keep the Falcons in the title-chasing conversation. Stay tuned to this space for more knowledge ahead.

RANDOM thoughts

Tom Zulewski
IRON COUNTY TODAY



To err is me: In last week's column, I dropped mention that TCU was the first school "not from a Power 5 conference" to reach the CFP

National Championship game. After a note from a reader and a quick search, I found out I goofed.

TCU is part of the Big 12, which is one of the Power 5 conferences along with the ACC, Big Ten, Pac-12 and SEC. Not sure where my brain was when I made the mistake, but the correction has now been made.

The national title game was played Monday night, which was too late for press deadline, but if the Horned Frogs were able to beat the Georgia Bulldogs, they would become the first school outside the SEC (Alabama, Georgia, LSU), ACC (Clemson) and Big Ten (Ohio State) to hold the big trophy.

Your move, Pac-12.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.



DAVE MINEER SR.

Parowan's Cash Mortensen makes a move to help the Rams in their attempt to beat the Broncos.

BOYS HOOPS

« CONTINUED FROM PAGE 21

The Falcons open Region 12 play Friday night with a road game at Emery in a 7 p.m. tipoff, and they will travel to Carbon to play the Dinos on Saturday in a 5 p.m. start.

Elsewhere in Iron County, Brock Felder led all scorers with 29 points, but it wasn't enough for Parowan as the boys team dropped a 56-52 decision to the San Juan Broncos at home to start Region 19 play Jan. 6. Garrett Young led three players in double figures with 15 points for the Broncos (1-0, 5-9), who led after the first three quarters on the road and took a 40-30 advantage to the fourth before holding on.

The Rams played a road game at Beaver on Tuesday that was too late for press deadline, and they will return home to play the Kanab Cowboys on Thursday night starting at 7 p.m.

TOM'S SPORTS TRIVIA

Another national champion has been crowned in college football for the 2022 season, so this week's dozen runs a deep post pattern into the little-known facts surrounding the era of the College Football Playoff (CFP), which has been around since 2014. Please remember...no wagering!

1. Among the four teams in the 2019 CFP, which one had one loss during its season?

- A. LSU
- B. Ohio State
- C. Clemson
- D. Oklahoma

2. There was plenty of offense in this year's edition of the CFP. Which school scored the lowest point total in the semifinal games?

- A. Ohio State
- B. Georgia
- C. Michigan
- D. TCU

3. In the history of the CFP, two games have been decided in overtime. Which school played in BOTH of them in 2017?

- A. Alabama
- B. Georgia
- C. Oklahoma
- D. Clemson

4. Which of these schools has the most victories in the history of the CFP (9)?

- A. Clemson
- B. Alabama
- C. Georgia
- D. Ohio State

5. It was the home of Super Bowl LVI in 2022, but which venue hosted the CFP National Championship in 2023?

- A. NRG Stadium
- B. Levi's Stadium
- C. SoFi Stadium
- D. Mercedes-Benz Stadium

6. LSU is the only team to win the national title in its only appearance in the College Football Playoff. Which Pac-12 team made the final in its only CFP appearance, but lost in the title game?

- A. Oregon
- B. USC
- C. UCLA
- D. Utah

7. In the 2021 CFP championship game, which future first-round draft choice of the Detroit Lions caught four passes for 65 yards before tearing his ACL?

- A. JaCory Brooks
- B. Cameron Latu
- C. Jameson Williams
- D. Brian Robinson

8. The 2018 CFP title game was decided in overtime when DeVonta Smith caught a 41-yard touchdown pass from Tua Tagovailoa.

Smith was later drafted by the Philadelphia Eagles, but which team selected Tagovailoa with the fifth overall pick in the 2020 NFL Draft?

- A. Dallas Cowboys
- B. Miami Dolphins
- C. San Francisco 49ers
- D. Tennessee Titans

9. Which Big Ten team – in its only CFP appearance – suffered the first shutout in the semifinals, a 38-0 loss to eventual champion Alabama?

- A. Minnesota
- B. Illinois
- C. Penn State
- D. Michigan State

10. In the 2016 CFP title game, what future Tennessee Titans running back ran for 158 yards on 36 carries and three touchdowns, including the clincher on a 1-yard run with one minute left that helped Alabama beat Clemson?

- A. Calvin Ridley
- B. Kenyan Drake
- C. Derrick Henry
- D. O.J. Howard

11. The highest scoring game in CFP history came in the 2017 semifinals at the Rose Bowl in Pasadena, Calif., when Georgia beat Oklahoma in double overtime, 54-48. Who scored the winning touchdown for the Bulldogs on a 27-yard run and created a splash as an NFL rookie by scoring the only touchdown of Super Bowl LIII for the New England Patriots?

- A. Nick Chubb
- B. Sony Michel
- C. James White
- D. Rex Burkhead

12. Georgia clinched its first national title since 1980 when it beat Alabama, 33-18 in the 2022 CFP title game. While Stetson Bennett threw two touchdowns, who came through with the pick-six on a 79-yard interception return in the final minute that secured the win?

- A. Kelee Ringo
- B. Adonai Mitchell
- C. Brock Bowers
- D. Lewis Cine

LAST WEEK'S ANSWERS

1. B: Ole Miss.
2. C: Ryan.
3. D: New York Yankees.
4. A: Two. Dale Jr. won the Daytona 500 in 2004 and 2014.
5. C: Dallas Mavericks.
6. B: John.
7. A: Boston Celtics
8. D: Los Angeles Clippers. Noah played the majority of his NBA career (nine seasons) with the Chicago Bulls.
9. A: NBC.
10. B: Houston Texans.
11. C: San Jose State.
12. B: Las Vegas Raiders.

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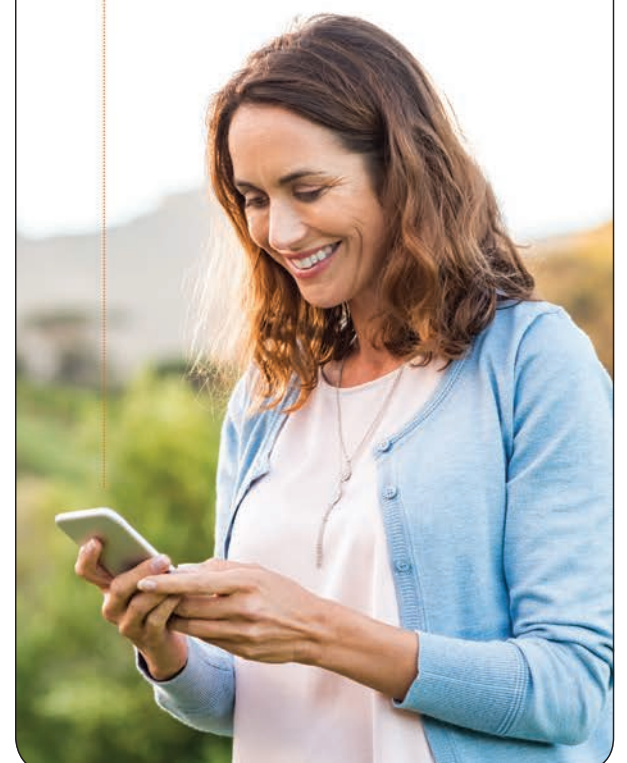
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NOTICE OF TRUSTEE'S SALE

NOTICE IS HEREBY GIVEN that the following described property will be sold at public auction to the highest bidder, payable in lawful money of the United States at the time of the sale, at entrance to the **IRON COUNTY COURTHOUSE located at 40 N. 100 E., Cedar City, UT on Wednesday, February 8, 2023 at 1:00 p.m.**, for the purpose of foreclosing on a Deed of Trust originally executed by FIRST EMPANADA FACTORY, INC., as Trustor, and UTAH INDEPENDENT BANK, as Beneficiary. The Deed of Trust is dated April 5, 2021 and recorded on April 6, 2021, as Entry No. 00766183, Book 1543, Pages 1139-1146, in the official records of the Recorder of Iron County, State of Utah, and includes property more particularly described as follows:

Parcel: B-1534-0002-0001

Address: 601 W. 2675 N., Cedar City, UT 84720

Legal: BEG N0°00'04"W 1614.52 FT ALG SEC LN & N89°38'27"W 468.86 FT FR SE COR SEC 27,T35S,R11W, SLM; N00°56'23"W 130.17' TO S R/W OF 2675 N ST; ALG SD R/W S57°51'53"W 4.35 FT; ALG CURV TO RT DIST OF 129.01 FT, RADIUS 230.00 FT, CHORD 127.32 FT BEAR S73°56'00"W, DELTA 32°08'13"; N89°59'54"W13.12 FT; LEAVING SD R/W S00°00'06"W 91.71 FT; S89°38'27"E 141.30 FT TO POB; SUBJ TO 7.5 FT PUBLIC UTIL EASE ALG N SIDE OF PARCEL & 10 FT PUBLIC UTIL EASE ALG S SIDE OF PARCEL ADJ TO 2675 N ST.

A Substitution of Trustee was recorded on September 13, 2022 as Entry 00796835, Book 1622, Pages 0681-682 and a Notice of Default was recorded on September 13, 2022 as Entry 00796836, Book 1622, Pages 0683-0684 in the official records of the Recorder of Iron County, State of Utah.

The Substitute Trustee has elected to sell or cause to be sold all rights, title and interest of the Trustor in and to the real property described in the aforementioned Trust Deed in order to satisfy such obligations in favor of the Beneficiary.

Bidders must tender to the Substitute Trustee a deposit of five thousand dollars (\$5,000.00), at the time of sale and the balance of the purchase price is due by 12:00 p.m. MST on the first business day following the sale. The deposit is non-refundable and retained as damage if balance is not paid within 24 hours of sale. Both the deposit and the balance must be paid to J. David Westwood, Trustee, in the form of a wire transfer, cashier's check or certified funds. Cash payments, personal checks or trust checks are not accepted.

The Substitute Trustee shall sell the above property at the time of the sale without warranty, express or implied subject to all encumbrances of record. Anyone having questions or desiring information regarding the property to be sold should contact the undersigned. Hours of office operation: 9:00 a.m. to 5:00 p.m., Monday through Friday, except legal holidays.

This is an attempt to collect a debt. Any information obtained will be used to collect this debt.

/s/ J. David Westwood
J. David Westwood
WESTWOOD LAW, P.C. (435) 267-2145
98 W. Harding Ave., Cedar City, UT 84720

Published January 11, 18 & 25, 2023
Iron County Today • ICT #0504

SUMMONS

IN THE FIFTH JUDICIAL DISTRICT COURT IN AND FOR IRON COUNTY, STATE OF UTAH

ROBERT JEFFREY PARKER, TRUSTEE OF THE KILAUEA TRUST 1, DATED DECEMBER 28, 1992; and THE PARKER FAMILY LIMITED PARTNERSHIP, A NEVADA LIMITED PARTNERSHIP,

Plaintiffs,

vs.

THE WAIMEA LIMITED PARTNERSHIP, A TEXAS LIMITED PARTNERSHIP, AS TO AN UNDIVIDED 1% INTEREST; THE HEIRS AND DEVISEES OF BRUCE HOLMAN; THE HEIRS AND DEVISEES OF JAMES L. MORROW; THE HEIRS AND DEVISEES OF MELVIN C. PAXTON; FAUN W. MARSHALL, AKA FAWN W. MARSHALL; C & L TRUST NO. 101; THE HEIRS AND DEVISEES OF CLARK E. FULLMER, AKA CLARK ELMER FULLMER, DECEASED; THE HEIRS AND DEVISEES OF R. WAYNE WINTER, DECEASED; THE HEIRS AND DEVISEES OF LOUISE WINTER, DECEASED; XRAY, INC.; and JOHN DOES 1 through 10,

Defendants.

SUMMONS
(30-Day)

Case No. 220500137

Judge Matthew L. Bell

THE STATE OF UTAH TO THE FOLLOWING DEFENDANTS:

Waimea Limited Partnership, a Texas Limited Partnership; the heirs and devisees of Bruce Holman, deceased; the heirs and devisees of James L. Morrow, deceased; the heirs and devisees of Melvin C. Paxton, deceased; Faun W. Marshall, aka Fawn W. Marshall; C & L Trust No. 101; the heirs and devisees of Clark E. Fullmer, aka Clark Elmer Fullmer, deceased; the heirs and devisees of R. Wayne Winter, deceased; the heirs and devisees of Louise Winter, deceased; and X-Ray, Inc., and all other persons unknown who claim or may claim an interest in and to the property which is the subject of this action.

You are hereby summoned and required to file an answer in writing to the Complaint for Quiet Title in this matter with the Clerk of the above-entitled Court whose address is 40 North 100 East, Cedar City, Utah 84720, and to serve upon, or mail to James W. Jensen, Jensen Law Office, Plaintiffs Attorney, 250 South Main Street, P.O. Box 726, Cedar City, Utah 84721, a copy of said answer, within thirty (30) days after service of this Summons upon you. If you fail so to do, judgment by default will be taken against you for the relief demanded in said Complaint for Quiet Title, which has been filed with the Clerk of said Court.

This is an action to quiet title in favor of the Plaintiffs to the following described property:

Parcel 1:

The West Half(W1/2) of the Southwest Quarter (SW1/4) of Section 13, Township 35 South, Range 10 West, Salt Lake Base & Meridian; and the Southeast Quarter (SE1/4) of the Northeast Quarter (NE1/4), and the East Half(El/2) of the Southeast Quarter (SE1/4) of Section 14, Township 35 South, Range 10 West, Salt Lake Base & Meridian; EXCEPTING THEREFROM the following property described in REC BK 274/803.
Tax ID No. D-0202-0001-0001

Parcel 2:

The Northeast Quarter (NE1/4) of the Southeast Quarter (SE1/4), Section 23, Township 35 South, Range 10 West, Salt Lake Base & Meridian.
Tax ID No. D-0224-0002-0000

Parcel 3:

The East Half (El/2) of the Southwest Quarter (SW1/4); and the South Half(S1/2) of the Northeast Quarter (NE1/4); and the North Half (N1/2) of the Southeast Quarter (SE1/4) and the Southwest Quarter (SW1/4) of the Southeast Quarter (SE1/4) of Section 13 and the Northwest Quarter (NW1/4) of the Northwest Quarter (NW1/4), and the Northeast Quarter (NE1/4) of Section 24, all in Township 35 South, Range 10 West, Salt Lake Base & Meridian.
Tax ID No. D-0202-0001-0203-2

Parcel 4:

The East Half (El/2) of the Northwest Quarter (NW1/4); and the Southwest Quarter (SW1/4) of the Northwest Quarter (NW1/4); and the Northwest Quarter (NW1/4) of the Southwest Quarter (SW1/4) of Section 24, all in Township 35 South, Range 10 West, Salt Lake Base & Meridian.

Excepting therefrom all that portion of land as conveyed to Collins Brothers Corp, Nevada Corporation by that certain Warranty Deed recorded March 31, 1981, as Entry No. 226242, in Book 274, at Page 803 of the Official Records and further described as follows:

A tract of land thirty-three feet wide on each side of the following described center line to be used for a public roadway:

Beginning at a point which is the intersection of the North property line of the 3200 Subdivision, Unit No. 1 and the center line of Deep Canyon Drive, thence, along a curve to the left 34.96 feet with a radius of 71.80 feet and central angle of 27°55'01", thence North 11°58'06" West 107.94 feet; thence along a curve to the left 124.99 feet with a radius of 185.53 feet and central angle of 38°48'32"; thence North 26°50'26" East 248.11 feet with a radius of 427.39 feet and central angle of 21°12'16"; thence North 5°38'10" East 99.82 feet; thence along a curve to the left 117.48 feet with a radius of 234.59 feet and a central angle of 28°41'35"; thence North 23°03'25" West 72.64 feet; thence along a curve to the right 117.53 feet with a radius of 86.05 feet and a central angle of 78°15'27"; thence North 55°12'02" East 37.66 feet to a point which is the intersection of the extension of Deep Canyon Drive and the center line of the Summit Mountain Road.
Tax ID No. D-0202-0203-0000

Parcel 5:

The Southwest Quarter (SW 1/4) of the Northwest Quarter (NW 1/4) of Section 13, Township 35 South, Range 10 West, Salt Lake Base and Meridian.
Tax ID No. D-0202-0001-0000 (X-Ray)

If the Plaintiffs are successful in this action, title to the property will be quieted in favor of the Plaintiffs as to an undivided nine-tenths (9/10) interest in the Quiet Title Property and Juel Parker as to an undivided one-tenth (1/10) interest in the Quiet Title Property and against all interests in and to the property herein described. A copy of the Complaint for Quiet Title in this action can be obtained from the Plaintiffs' attorney at no charge by anyone claiming an interest in the above described property.

DATED this 20th day of October, 2022.

JENSEN LAW OFFICE

JAMES W. JENSEN

Attorneys for Plaintiffs

Published January 4, 11 & 18, 2023
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SUMMONS

IN THE FIFTH JUDICIAL DISTRICT COURT IN AND FOR
IRON COUNTY, STATE OF UTAH

WILLIAM R GRIMSHAW FAMILY TRUST, U/A/D
10/30/2006,

Plaintiffs,

v.

THE WADE HILL FAMILY LIMITED PARTNERSHIP AND
THE SUCCESSOR AND ASSIGNS OF THE WADE HILL
FAMILY LIMITED PARTNERSHIP, and JOHN DOES I-X,
Defendants.

SUMMONS FOR PUBLICATION

Case No. 220500158

Judge Matthew L. Bell

THE STATE OF UTAH TO DEFENDANTS:

The above-entitled Court has entered an Order
granting Plaintiffs the right to serve Defendants,
The Wade Hill Family Limited Partnership and the
Successor and Assigns of the Wade Hill Family
Limited Partnership, by Publication. You are thereafter
hereby summoned and required to file an answer in
writing to a Complaint on file with the clerk of the
above entitled Court, located at 40 N 100 E, Cedar
City, UT 84720. You are also required to file an Answer
with the Court and serve upon, or mail to, Plaintiffs
attorney, a copy of said Answer within twenty-one (21)
days after the service of the Summons upon you if
you reside within the State of Utah, or thirty (30) days
after the service of Summons upon you if you reside
outside the State of Utah.

If you fail so to do, judgment by default will be
taken against you for the relief demanded in said
Complaint, which has been filed with the Clerk of
said Court.

Please be advised that this action seeks to quiet
title to certain property identified in Plaintiffs
Complaint, Exhibits "8" and "C", which is located in
Iron County, Utah, and once quieted, the land shall
be titled solely in the name of William R Grimshaw
Family Trust, U/A/D 10/30/2006, to the exclusion of
all parties.

A copy of the Complaint in this action has been
deposited with the Clerk of the Iron County District
Court, with a description of the Real Property, and
can be picked up by anyone claiming an interest in
the above matter at no charge.

DATED this 8th day of December, 2022.

WAYMENT & JONES LAW

/S/ Justin W. Wayment

JUSTIN W. WAYMENT

Attorney for Plaintiff

Published January 11, 18 & 25, 2023
Iron County Today • ICT #0503

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IRONCOUNTYTODAY.COM

IRON COUNTY CLERK REQUEST
FOR PROPOSALS FOR BY-MAIL
BALLOTING SERVICES

Iron County Clerk
PO Box 429
68 South 100 East
Parowan, UT 84761-0429
(435) 477-8340

1. INTRODUCTION

The Iron County Clerk has statutory responsibility to
administer all County, State and Federal Elections,
and provides administrative services to Municipalities
and Local Districts as contracted. Iron County desires
to obtain Requests for Proposal (RFP) for By Mail
balloting and ballot printing services.

It is the intention of Iron County to contract with a
qualified vendor with expertise and knowledge in the
area of by mail balloting processes and ballot printing.
The vendor will coordinate its efforts to print all paper
ballots for each applicable election, prepare and mail
all required by mail ballots to individual voters, and
provide any additional printed paper ballots required
by the county for use during the election. The vendor
will be required to coordinate these services with the
schedule mutually agreed upon between the vendor
and the Iron County Clerk's office that is subject to
the laws and ordinances of the United States and the
State of Utah.

2. SCOPE OF WORK

Prospective vendors should have the expertise,
capacity and ability to print and process by mail
ballots for 2-3 elections each year for a by mail
voting population of 35,000. General Elections are
held in November; Primary elections are in June or
August. Occasionally, other special elections may
be held within the year. Vendors will provide stock
for ballots, envelopes and any additional inserts
required by the Iron County Clerk's Office. Vendors
must have ability to produce ballots compatible
with processing on ES&S ballot scanning equipment,
specifically DS450 and DS200 scanners. Vendors must
provide a secure method of transmitting and receiving
Personally Identifiable Information (PII) related to
voter registration files and must provide guarantees
of such protection. Vendors will provide a secure
facility with equipment capable for printing ballots,
assembling ballots, envelopes, and inserts. Equipment
must provide addressing and mail preparation and
sorting. Vendor will be responsible to ensure ballots
are delivered in a timely manner to the US Post Office
for delivery to voters.

3. TERMS OF AGREEMENT

The initial contract period shall be for a 7-month
period starting on June 1, 2023 and ending December
31, 2023. At the end of this period, the contract shall
be renewable for five additional one-year calendar
periods upon agreement of both parties. It shall be
understood that either party may at any time during
the contractual relationship terminate the agreement
without liability or penalty upon 120 days' written
notice delivered to the other party.

4. COSTS AND FEES

Iron County will consider proposals which meet
the required purpose and scope of the work and
provide the best value to Iron County. All pricing
quotes provided must remain valid for the purpose of
drafting a contract until 60 days after the bid closing.
Any proposal which does not offer to remain firm
for this required period may be considered as non-
responsive.

Bids should include cost breakout for the following
items:

Materials:
Outer Envelope
Inner (return) Envelope
Test Deck Ballot sets
Ballot

Administration:
Ballot and envelope assembly and mail preparation
Ballot setup per ballot style
Inserting additional information or instructions with
ballot
Data base set up (if applicable)
Other standard costs

Prices should be quoted for the following ranges:
5,000-10,000
10,000-20,000
20,000-35,000 registered voters

5. PROPOSAL SUBMISSION REQUIREMENTS

All proposals submitted for evaluation should include,
but are not limited to, the following:

- A. Introduction: This section consisting of a cover
letter, an executive summary (two pages maximum)
and an organizational chart showing the team
involved including individual members, all
organizations, relationships and a breakdown of
responsibilities including a biography and resume of
key members who will be involved in the project.
- B. Vendor Qualifications and Experience: A narrative
that specifically addresses the firm's experience with
the capability to successfully perform the required
services requested in the RFP's scope of work.
- C. Proposal: This section should cover such things as the
approach to the RFP's scope of work; the proposed
schedule of the work to include project strategy,
methodology used to control costs, insure operational
effectiveness, identify outputs to be delivered, and
identify advantages of the proposal to Iron County
including value added items and or services.
- D. Fee Schedule: A detailed fee schedule proposed to
be charged for the services to be performed.

Please note: Proposals in non-standard formats cannot
be evaluated without considerable analysis. Failure to
follow the prescribed format may result in rejection of
the proposal.

6. EVALUATION CRITERIA

Submitted Proposals will be evaluated and scored by
the selection committee based on the following criteria:

Qualifications and Relevant Experience:	60%
Fee Schedule	40%
Total:	100%

7. PROJECTED SCHEDULE FOR THE RFP PROCESS

Iron County reserves the right to modify this schedule
at its sole discretion.

Activity	Date
Request for Proposal Issued	January 6, 2023
Last day to submit questions via e-mail	February 7, 2023 at 5:00 p.m.
Proposal Due Date	February 24, 2023 at 5:00 p.m.
Opening of Proposal in Public Meeting	February 27 at 10:00 a.m.
Notice of Award	TBD

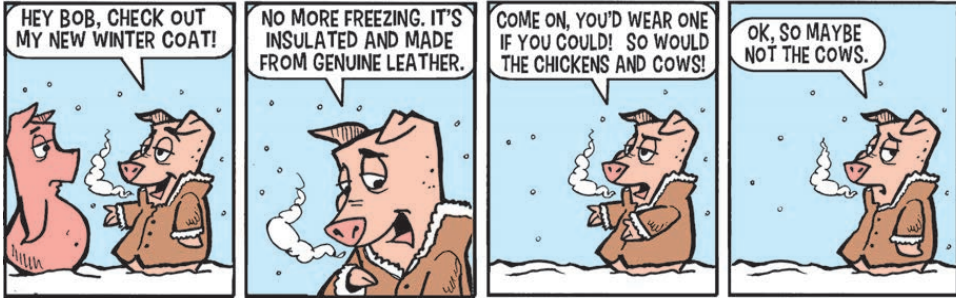
8. CONTRACT AND PROPOSAL INFORMATION

Any interested parties should contact the Iron County
Clerk's Office for specific bidding forms, and rules.

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Iron County Today • ICT #0505

Amber Waves

by Dave T. Phipps



R.F.D.

by Mike Marland



The Spats

by Jeff Pickering



Weekly SUDOKU

by Linda Thistle

		1		7			8	5
7			8			9		
	2				6		3	
		2			3		7	
	3			1	7	4		
4			5					1
		8		3			5	
	1		2					4
6					9	2		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

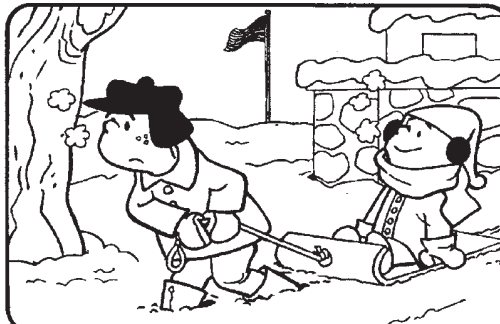
DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

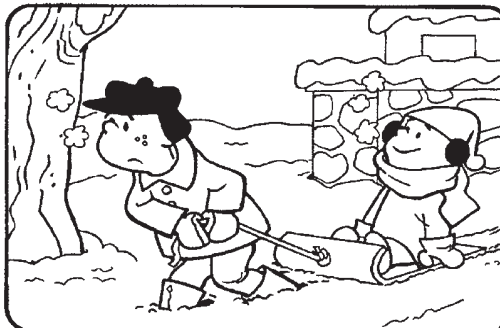
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Earflap is smaller. 2. Rope loop is missing. 3. Flag is missing. 4. Buttons are missing. 5. Tassel is shorter. 6. Sled is shorter.

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Pad
BATTLE
Acclaim
ASPIRE
Stash
OVERT
Regular
LAYDI

TODAY'S WORD

January 9, 2023 Posting Date

King Crossword

ACROSS

- 1 Discoverer's call
4 Island near Java
8 "Cheers" order
12 Brooch
13 Oodles
14 Plotting
15 Swelled head
16 Reed and Rawls
17 "Hud" actress Patricia
18 Star of "NCIS: Los Angeles"
21 Klutz
22 Singer Starr
23 Photo book
26 Witty one
27 Crater part
30 Corp. king-pins

- 31 24 hours
32 Cab cost
33 Sauce source
34 Novelist Rand
35 Avid
36 Anderson Cooper's channel
37 Calendar abbr.
38 Official flower of Chicago
45 Cash advance
46 Manhattan area
47 Lennon's love
48 During
49 Nest setting
50 Pep
51 Sandwich shop
52 Play area
53 Greek vowel

DOWN

- 1 Oil cartel
2 Lofty
3 — about (roughly)
4 Fragrant wood
5 Unfriendly
6 Noisy
7 "Not a problem!"
8 Energizer mascot
9 Fencing sword
10 List-ending abbr.
11 Bakery buy
19 Debtors' notes
20 Pester
23 Rm. coolers
24 Sign before Virgo
25 Lad
26 Pallid
27 Joplin tune

- 28 Anger
29 Debussy's "La —"
31 Ming, for one
32 Kismet
34 Reply (Abbr.)
35 Seconded
36 "True Colors" singer Lauper
37 Different
38 Not naked
39 Abode
40 Banister
41 Asta's feeder
42 Relocate
43 Squad
44 NYC gallery

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Trivia test

by Fifi Rodriguez

- TELEVISION: Which TV game show features a "Daily Double" to increase potential winnings?
- FOOD & DRINK: What kind of poisoned fruit does the fairy-tale character Snow White eat and fall into a deep sleep?
- ADVERTISING: Which cereal features a character named Seadog?
- U.S. PRESIDENTS: Which president officially named the executive mansion the White House?
- MOVIES: What is the name of the most famous Wookiee in the "Star Wars" movies?
- MONEY: What is the official currency of Nigeria?
- ANIMAL KINGDOM: How many legs do shrimp have?
- HISTORY: How many states did Alabama Gov. George Wallace win as a third-party candidate in the 1968 presidential primary?
- MEDICAL: What is the common name for the human trachea?
- GAMES: How many suspects are in the board game "Clue"?

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3	1	2	6	8	7	4	5	9
4	6	8	5	9	7	2	3	1
6	5	7	4	3	8	1	6	2
1	6	3	8	2	5	6	7	4
8	2	4	7	1	9	6	3	5
9	7	5	3	4	6	2	8	1
7	3	1	6	9	4	5	8	2
2	4	6	1	8	5	3	7	9
5	8	9	2	6	7	1	4	3

Answer

Weekly SUDOKU

E	T	A	D	A	R	D	I	T	E	L
A	M	A	I	D	T	R	E	E	A	M
O	N	O	H	O	S	O	L	A	N	O
C	H	A	R	A	S	A	N	T	H	C
N	U	M	H	E	M	N	O	C	T	O
H	E	A	G	E	N	N	C	O	N	S
E	A	R	E	F	A	R	E	O	S	C
L	R	I	M	A	G	W	A	M	A	L
L	L	A	F	K	A	F	O	A	F	O
L	L	N	N	O	O	S	O	I	S	C
O	E	A	L	O	U	S	N	E	A	L
O	T	O	A	L	O	U	P	I	N	E
B	E	R	I	B	A	L	I	B	E	R

Solution time: 21 mins.

Answers

King Crossword

LEADER

Today's Word

1. Tablet 2. Praise;
3. Trove; 4. Daily

SCRAMBLERS

Answers
1. "Jeopardy."
2. Apple.
3. Cap'n Crunch.
4. Theodore Roosevelt.
5. Chewbacca.
6. The narra.
7. Ten.
8. Five.
9. Windpipe.
10. Six.



Dr. Martin Luther King, Jr.

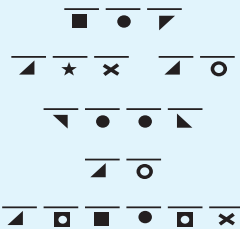
The Power of Words

The words of Dr. Martin Luther King, Jr. helped to change the world. His words still inspire people today. He was born on January 15, 1929 in Atlanta, Georgia. His father was the minister of the Ebenezer Baptist Church, as was his father before him. Because Martin and his father had the same name, the family called him M.L.

Caring

When M.L. was young, he played with all the children who lived in his Atlanta neighborhood.

Use the code to find out what M.L.'s mother told him.



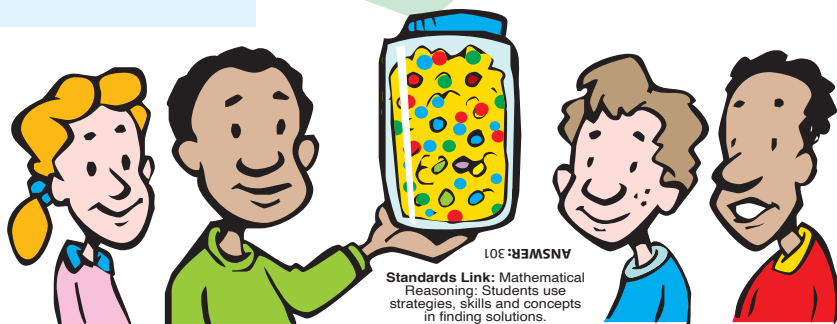
▲ = A ● = O
▼ = D ★ = R
× = E ○ = S
◀ = G ◐ = U
◻ = N ◼ = Y

But when they reached school age, the white children went to a school for white children only, and M.L. was sent to a school for black children. After the first day of school, M.L. and his white friends were never allowed to play together again.

Standards Link: History: Students identify the people honored in commemorative holidays.

Use Your Marbles

Martin and his friends have been collecting marbles. They counted to see how many marbles in all. Use the clue to see if you can figure out how many marbles.



Standards Link: Mathematical Reasoning: Students use strategies, skills and concepts in finding solutions.

Clue: When counted by 2s, 3s, 4s, 5s, or 6s, there is always one marble left over. When counted by 7s, there are no marbles left over. The answer is between 299 and 310.

Discipline

- 8 + 7 = the driver forced him to give up his seat to a white person.
- 3 + 5 = Once he gave a speech in another town about the rights of black people. He
- 9 + 11 = with a Ph.D. in Theology. M.L. would now be addressed as Dr. King.
- 2 + 4 = As M.L. started school, he discovered he could dazzle people with his words.
- 9 + 8 = With hard work and study, M.L. eventually graduated from Boston University
- 5 + 6 = won a prize for his speech attacking segregation laws. On the bus ride home,

The sentences in the above story are out of order. Find the correct order by doing the math problem next to each line. Then put the line in order from the smallest sum to the largest.

Standards Link: Character Education: Students identify character traits in others.

Courage

For more than 20 years, Martin Luther King spoke out against _____ and segregation. During these years, he was arrested, had his _____ bombed, and was accused of being "un-American."

In 1963, Dr. King gave his famous "I Have a Dream" speech in Washington, D.C. "I have a dream that one day in Alabama little black boys and black girls will _____ hands with little white boys and white girls as sisters and _____."

In 1964, the _____ Rights Act was passed, granting equal rights to black Americans and Dr. King received the Nobel Peace _____.

Sadly, just four _____ later, Dr. King was shot and killed in Memphis, Tenn. But his words live on.

BROTHERS

CIVIL

JOIN

PRIZE

YEARS

RACISM

HOME

Find where each of these words belong in this story.

Standards Link: History: Students understand the achievements of famous people.

Double Double Word Search

MARTIN
CIVIL
BOSTON
EBENEZER
MARBLES
ALABAMA
LUTHER
KING
DREAM
SPEECH
WHITE
IMPACT
BOYS
PLAY
HEAL

Find the words in the puzzle. How many of them can you find on this page?

E T G H E R E W O P
O B F N O T S O B W
A O E O I E P L A Y
L Y M N L K R U D E
A S A B E M L T S T
B C R A R Z A H I I
A A T N S P E E C H
M C I V I L H R R W
A G N T C A P M I D

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

Quiz a Friend!

Quiz a friend or family member with the following statements. If they don't know the answers, you can use today's Kid Scoop to be the teacher! All the answers can be found on today's Kid Scoop page.

- Where was Martin Luther King born?

- From which college did Dr. King receive his Ph.D.?

- In 1964 Dr. King was awarded an important prize. What was it called?

- In what year was the Civil Rights Act passed?
☐ 1964 ☐ 1968 ☐ 1970
- What was the name of the famous speech Dr. King gave in Washington D.C.?

- Give at least one example, recounted in today's Kid Scoop page, of Martin Luther King's courage.

- In what year was Dr. King shot and killed?
☐ 1964 ☐ 1968 ☐ 1970
- Words were one tool Dr. Martin Luther King used to bring about social change.
☐ True ☐ False

8. True. (He did use actions, too. He helped with the bus boycott. He was arrested. He led protests.)
7. 1968
6. Continuing to speak for civil rights even after being arrested and having his home bombed.

5. "I Have a Dream"
4. 1964
3. Nobel Peace Prize
2. Boston University
1. Atlanta, GA

ANSWERS

Standards Link: Reading Comprehension: Demonstrate comprehension by identifying answers in text.



Write On!



I Have a Dream

Write a paragraph about a dream you have for yourself, or your school, or your community, or the entire world.