

INSIDE...

'WREATHS
ACROSS
AMERICA'
HONORS
LOCAL
VETERANS



WEDNESDAY, DECEMBER 21, 2022

IRON
COUNTY

today

STEARNS & FOSTER®

**FLOOR MODEL
CLOSEOUT**

Save
UP TO 50%*
ON SELECT FLOOR MODELS



*See store for details. Save up to 50% on Stearns & Foster® 2019 Estate, Lux Estate, Lux Estate Hybrid, and Reserve floor sample models only. Available products and sizes vary by location. Savings applies to purchases made now while supplies last. Not valid on previous purchases or pending orders. Copyright 2022 Sealy, Inc. All rights reserved.

24 MONTHS
of 0% financing**

& SAVE \$500
on the Sealy Posturepedic®
Halliday mattress**

PLUS A \$300

gift with purchase of any Tempur-Pedic®
mattress set or \$200 gift with purchase
of any Sealy® mattress set**

**Terms and conditions apply. See store for details.

NOBODY BEATS THE
**MATTRESS
STORE**
NOOOOBODY!!!

CEDAR CITY
114 N MAIN
NEXT TO LIN'S GROCERY
435-865-6182

BLOOMINGTON
2696 PIONEER RD.
NEXT TO BLOOMINGTON WAL-MART
435-635-8900

ST. GEORGE
172 N BLUFF ST.
NEXT TO ACE HARDWARE
435-986-4048

WASHINGTON
844 TELEGRAPH ST., STE 5
NEXT TO BEST BUY
435-627-2013



WEBSTER
ORTHODONTICS

415 N. MAIN ST., SUITE 304
CEDAR CITY, UT 84721
435.867.9172
WEBSTER-SMILES.COM



BEAUTIFUL SMILES FOR A LIFETIME



\$300 OFF FULL SET
OF BRACES
New Patients Only

Most Insurances Accepted

*Want Iron County Today delivered
right to your mailbox each week?*

JOIN OUR DIRECT MAIL SERVICE!

Iron County Today offers direct mail service for those who are outside our current paper routes or otherwise do not receive our paper regularly. Direct mail is also a great option for friends or family members living outside Iron County. The cost to receive a weekly mailed subscription to the paper is only \$40 per year.

Enroll Today...

Simply mail this form with your check or call us at (435) 867-1865 Ext. 1 with your credit card payment.

Name: _____

Mailing Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

PAYMENT INFORMATION

Check# _____ (\$40 per year)

MAIL TO:

Iron County Today
389 N 100 W, Suite 12
Cedar City, UT 84721



ONLY
\$40
/ YEAR

JUST
77¢
/ ISSUE!



sports

- 4 Opinion
- 8 Showcase
- 11 Life
- 22 Sports
- 27 Classifieds
- 29 Comics/Puzzles

*Doug Knuth
named new
SUU Athletic
Director*



IRON
COUNTY


today



Hundreds gather to honor Cedar City veterans at third annual Wreaths Across America event

by Gabrielle Costello

CEDAR CITY PUBLIC INFORMATION OFFICER

CEDAR CITY — On Saturday, December 17th, hundreds of community members bundled up to gather at the Cedar City Cemetery to lay 1,260 fresh balsam wreaths on the graves of our local veterans as part of the National Wreaths Across America program. Cedar City's chapter is coordinated by many volunteers, under the leadership of Cedar City Councilman R. Scott Phillips.

Throughout the week, volunteers gathered in frigid weather to unload the wreaths after being transported cross country by truck from Maine. Then, tracking down nearly 1,300 gravesites, digging through snow, and marking the site with an American flag in preparation for Saturday's event. Due to weather, if a known gravesite was accidentally missed, wreaths were available on the day of the event to ensure every veteran was accounted for.

Alongside nearly 3,600 memorial sites across the United States, the Cedar City community was able to experience a sentimental and patriotic ceremony before laying the wreaths. Opening remarks were made by Councilman Phillips, as he described the initial flyover called the "Missing Man Formation", courtesy of Southern Utah University (SUU) Aviation, as an aerial salute to the fallen soldiers.

"On this day, millions of Americans are gathering as one nation to remember, honor, and teach the values of sacrifice and service," explained Councilman Phillips. "The freedoms we enjoy today have not come without a price. Lying here before us and around us in this cemetery and around the nation are men and women who gave their lives so we can live in freedom."

The audience enjoyed multiple patriotic elements as part of the itinerary including the posting of colors, the Pledge of Allegiance by Cedar City Fire Chief Mike Phillips, remarks from Cedar City Mayor Garth O. Green, an emotional rendition of a poem titled "Soldier Tribute" recited by Utah Shakespeare Festival's interim artistic director and Actor David Livingston, and an explanation of the symbolism behind what a "Veteran's Wreath" by Noah Denhalter whose grandfather is a veteran buried in the cemetery.

Mayor Green also shared a special connection with the Cedar City Cemetery, where his father and brother are both buried as U.S. veterans. "As we go to these graves this day, pause for a moment at each



The weather was cold but hearts were warmed with powerful words, songs and tears of gratitude for our heroes.



see **WREATHS** » 6

PHOTOS BY CORALEE MYERS

Senate passes defense bill with Romney measures to counter China, save the Great Salt Lake, and assist Utahns

ROMNEY: "NDAA IS ONE OF THE MOST IMPORTANT PIECES OF LEGISLATION CONGRESS PASSES"

WASHINGTON — U.S. Senator Mitt Romney (R-UT) recently applauded Senate passage of the James M. Inhofe National Defense Authorization Act for Fiscal Year 2023 which authorizes funding for our national defense and critical security priorities, ensuring our troops have the resources they need. The NDAA also includes significant provisions Romney fought for, including his Great Salt Lake Recovery Act, a measure that bolsters his efforts to open a passport agency in Salt Lake City, and his legislation to develop a strategy to recycle and recover critical minerals from batteries used in the federal electric vehicle fleet. The NDAA also includes Romney's efforts to strengthen global health security, support Taiwan, and counter China's efforts to become the world's superpower.

"The NDAA is one of the most important pieces of legislation Congress passes, and this year is no different," Senator Romney said. "This year's legislation includes protections against threats from China and Russia, measures to bolster our national defense and support our troops, and additional security assistance for Ukraine. It also includes measures which will decrease our dependence on foreign adversaries like China when it comes to our critical mineral supply.

"Importantly, this year's defense bill also includes several measures which will benefit our state, like the Great Salt Lake Recovery Act, which will complement and elevate the work being done by the State of Utah to develop a permanent solution to save our Great Salt Lake," Romney continued. "Utah is rapidly expanding as a center for global commerce and tourism and is home to thousands of Latter-day Saints who annually embark on worldwide religious missions—yet Utahns must travel long distances to reach the nearest passport office. I am proud to continue working to see that our state gets a passport agency so we can be better assist Utahns."

Romney Measures Included in the NDAA:

Strategic EV Management Act of 2022

Requires a federal strategy to recycle and recover critical minerals from batteries used in the federal electric vehicle fleet. Authored by Senator Romney and his colleagues, the Strategic EV Management Act ensures that government agencies are properly using and recycling batteries from the federal fleet of electric vehicles.

Additional Authorities for Taiwan

Authorizes up to \$1 billion per year for Presidential Drawdown Authority for Taiwan.

Passport Agency Report

Requires the Secretary of State to review the geographic diversity of passport agencies to identify areas of the country with both high demand and no in-person access, and further requires a strategy for increasing accessibility for large population centers currently lacking agencies. In September, as a part of the Department of State Reauthorization Act,

the Senate Foreign Relations Committee approved Romney's measure to review and report on the geographical diversity of passport agencies.

Great Salt Lake Recovery Act

Authorizes \$10 million for the U.S. Army Corps of Engineers to carry out a Great Basin saline lake monitoring and assessment program for conserving water, and mandates the agency conduct a feasibility study on pipelines and other water-redirecting technologies. The Great Salt Lake Recovery Act builds on Utah's efforts to address the historic drought conditions of the Great Salt Lake and other saline lakes in the Great Basin.

Learning from the War in Ukraine with Respect to China

Requires the administration to issue a report analyzing how Russia's war against Ukraine has impacted China's diplomatic, military, economic, and propaganda objectives with respect to Taiwan.

Securing Inspector General Independence Act

Requires the president to provide detailed reasons for firing an inspector general (IG) 15 days before their termination, and prohibits placing IGs

see **DEFENSE BILL** » 7



NOW OPEN

Home goods
Clothing
Toys
Seasonal Items
and MORE!

**ALL Starting
at 50% off
Retail Value!**

Save Big. Spend Little

Wednesday - Friday: 10:00am - 6:00pm
Saturday: 10:00am - 5:00pm
440 Coal Creek Rd. Cedar City, UT 84721



D9 Meats

YES
WE WILL BE INSIDE IFA
DEC. 24 & 31
9 AM - 1 PM
PRE-ORDER BY WEDNESDAY
FOR PICKUP ON SATURDAY

CEDAR CITY Farmers MARKET

USDA Supplemental Nutrition Assistance Program (SNAP)
DOUBLE UP FOOD BUCKS UTAH
Utah ProduceRx

D9 Meats • 240 N 200 E, Paragonah, UT
435-463-3735 • Hours: M-F 9am-3pm
f /D9-Custom-Cuts-452585254828399/

Protect your world
Auto • Home • Life • Retirement

Call me today to discuss your options. Some people think Allstate only protects your car. Truth is, Allstate can also protect your home or apartment, your boat, motorcycle - even your retirement and your life. And the more of your world you put in Good Hands®, the more you can save.

Mike Haight
435-586-3245
1870 N MAIN STREET #106
CEDAR CITY

Allstate
You're in good hands.
Auto Home Life Retirement

opinion

FROM THE EDITOR

Merry Christmas

It's been said that if someone doesn't keep Christmas in their heart, they won't be able to find it in a store, or under a tree.

And no matter how many gifts one gains (or gives), where they're bought, or how extravagantly they're wrapped, when we give from our wallets more than our hearts, we are merely exchanging objects, rather than changing lives—the real and root intention of a gift.

And whether Christmas is celebrated in December or September, or not at all—it's not the date, decorations or donations that make the true difference.

The true difference is both given and received through our individual decisions and devotion to becoming better people (no matter one's religion, race or resources) both personally and publicly.

Isn't that genuine meaning and true life-changing, world-bettering force behind celebrating Christmas, or any other holiday? Even if it's not, what harm is there in trying to do good and become better in (and for) this world? I hope this Christmas season and into the new year that we'll each dare to find out.

And I hope that you'll continue to consider and receive this newspaper as a weekly gift from our house (and hearts) to yours.

Merry Christmas,

Corey, Devin, Patti, Scott, Rosie, Lorie & Gail

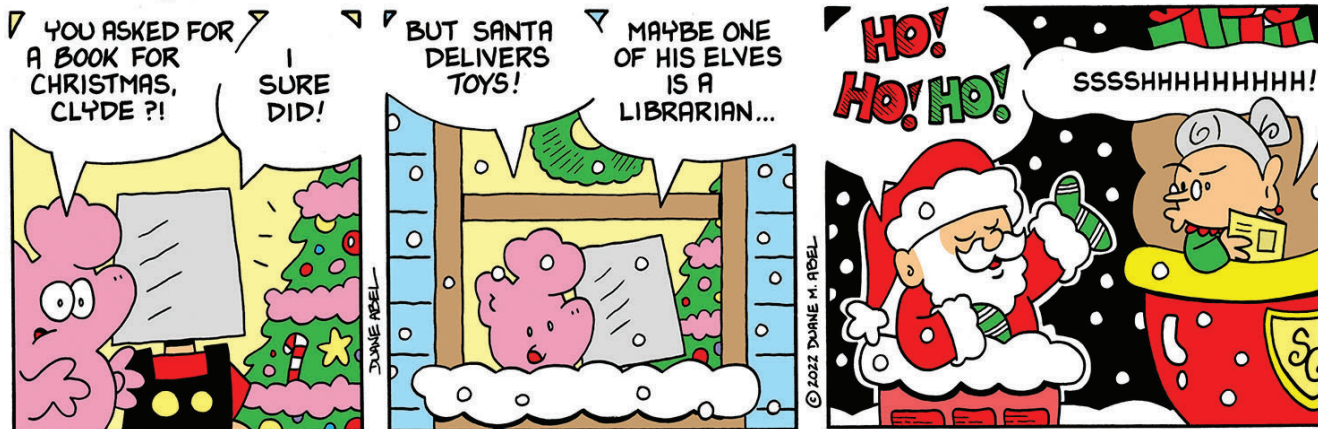
WORD OF THE WEEK

XEROCHILIA

Medical term for dry lips

It will surely chap your hide if you forget to apply your ChapStick this winter!

ZED by Duane M. Abel



www.corkeycomics.com

Putting one's neck on the shopping block

Bryan Gray is a syndicated contributor, not an employee. His opinions are solely his own and not those of the Publisher, Editor, Staff or Iron County Today.

It's the season to shop and make decisions – not only decisions on what to buy but also the choice of visiting a physical store or purchasing online.

Online sales climb every year, and I increasingly hear men say that shopping in a store or at a mall is akin to having a root canal. I'm not one of these men; I enjoy the experience of touching items rather than viewing them in a catalogue or on a computer screen. It's ironic that men have no qualms battling a crowd at a Utah Jazz game, but scowl at being withing two feet of another human at Dillard's.

That said, however, I am annoyed at poor customer service which is as easy as finding a snowflake this December. Last week I saw examples of great and disgusting service.

While shopping on a weekend, there were several stores where employees obviously wanted to be somewhere else rather than working. They huddled with co-workers or stared at their phones rather than helping customers. They

viewed people coming into the store as intruders, not folks who were responsible for paying their wages. We have been in these stores, and we have all wondered how the employees were hired in the first place.

In one case, however, I put the blame on the store owner. At a fast-food restaurant, I approached

I pointed out that a grocery store was located within one block of the restaurant. To my limited mental capacity, I figured one of the staff would take a couple of bucks out of petty cash and buy 1,000 cheap napkins to get them by.

I received a stunned look. Maybe the manager didn't care to extend any more energy than punching the time clock (although I assume the mess customers made in the dining room without napkins probably used more staff energy cleaning up the place). Then again, there was a high probability that the owners never gave the manager the ability to use his head and make decisions vital for the store operation. Taking a few dollars from the cash register to buy a pack of napkins would hardly force the store into bankruptcy, and any owner not giving leeway for a manager to actually "manage" is an example of executive stupidity.

And now for an example of great customer service. At a Minky Couture store, a smiling employee told me her location did not have the requested size for a plush bathrobe.



“Men have no qualms battling a crowd at a Utah Jazz game, but scowl at being withing two feet of another human at Dillard's”

the counter and asked for a napkin since the dispensers were empty.

“Oh, we've been out of napkins since yesterday,” the employee said. “I'm not sure when we're going to get any from our distributor.”

Okay, the young man was honest. But when the store manager joined the conversation and agreed,

see **SHOPPING** » 7



389 N 100 W, Suite 12
Cedar City, Utah 84721
Ph: 435-867-1865
Fax: 435-867-1866
IronCountyToday.com

ADMINISTRATION

R. Gail Stahle
PUBLISHER
gail@ironcountytoday.com

Rosie Sevier
OFFICE MANAGER
officemanager@ironcountytoday.com
435.867.1865 Ext. 1

ADVERTISING

Scott Stahle
SALES REPRESENTATIVE
scott@ironcountytoday.com
801.755.5999

Patti Bostick
SALES REPRESENTATIVE
patti@ironcountytoday.com
435.592.1030

EDITORIAL

Corey Baumgartner
MANAGING EDITOR
news@ironcountytoday.com
435.867.1865 Ext. 6

Tom Zulewski
SPORTS REPORTER
tominator19@yahoo.com

LAYOUT/DESIGN

Devin Christ
CREATIVE DIRECTOR
design@ironcountytoday.com

CIRCULATION

Jennifer Springer
S. CEDAR CITY
jennifer@ironcountytoday.com
702.824.2573

CIRCULATION, CONT.

Justyn Gallego
N. CEDAR CITY/ENOC
justyn@ironcountytoday.com
435-704-8330

Wendy Hanson
PAROWAN/PARAGONAH
wendy@ironcountytoday.com
435.477.9100

opinion

'Tis the season for local communities

Marcus Aurelius once said, "The happiness of your life depends upon the quality of your thoughts."

This statement is true on so many levels. One might even suggest in a roundabout way that the happiness and future of your community depends upon the quality of our thoughts and actions. Leaders and even entire communities often struggle with making meaningful and impactful decisions, often due to the fear of failure. The human mind will often avoid situations that instill fear. However, it is the leaders and communities willing to overcome the fear of the unknown that will ultimately make great strides.

The Christmas season is the perfect time for communities to let their vision run wild with little financial risk. I am reminded of Ottawa, IL, where the locals created an outdoor Christkindl Market after Thanksgiving leading up to Christmas. While it started small, it grew each year adding additional market huts, booths, activities, food options, and more. As the market grew each year, so did the amount of both local and out-of-town tourists from near and far that come to spend their holiday dollars in Ottawa.

Ottawa, IL, isn't the exception. I recently saw a list of a few communities with the same thought process and vision. Here are just a few bold communities capitalizing from tourists during the Christmas season.

There is Garrison, ND, with their Charles Dickens Festival. There is Thibodaux, LA, with their Main Street Market. There is Leavenworth, WA, with their own version of the Christkindl Market. Not to be outdone, there is Steubenville, OH, with their Nutcracker Village. If you want to see lights, visit Rochester, MI, their downtown over the Christmas holidays is a sight to behold. Speaking of lights, in Muskogee, OK, they have what many might consider the ultimate park light display at Honor Heights, drawing tourists from all over the region each year as they continually add to the display.

While I haven't seen one yet, wouldn't it be awesome if a community became known as the Nativity community over the holidays with literally dozens of nativity scenes throughout the community, large, small, and live? I am sure we could go on and on as holiday ideas are endless. I should point out, each of the above examples are very small communities, some as small as 1900. Not only do these projects build community pride, but they also each draw tourists into the community to spend their dollars during the holidays.

What is the key to making this the maximum communitywide success? Very simple, it must be structured in such a way as to include



JOHN A. NEWBY
COLUMNIST

see **LOCAL** » 6

TO THE EDITOR

Cedar City – shabby or chic?

After moving back to Cedar City, following many years of living away, my wife and I are very pleased with our decision. What a beautiful area! So many places to see and enjoy nearby.

We also have friends who travel through and motel here a couple of times a year, who we have hosted and shown around. Their comments surprised us, saying that they had thought that Cedar was a "shabby" town. Their only exposure to our town was to travel through on the freeway and stay near the middle off/on ramps.

By now, having looked closer, especially from the freeway, I understand their comments. There are quite a few large properties that certainly are shabby; antiquated equipment, vehicles scattered randomly to rust, and dilapidated buildings in view of thousands of passersby. Many of these people might stay and spend money here, helping the local economy, if they saw the area as positively as we see it.

Property rights come with responsibilities. In addition to affecting tourism, I would hope those responsible would take some pride in ownership of a property that was not shabby. Even if that area never wins a beauty contest, it could still be much improved.

The other area for improvement I've noticed is the many vacant lots around town and on Mainstreet that are fields of weeds and sometimes junk. They also detract from the attractiveness of the town.

I hope that people who have lived here for a long time, and are used to how things have looked, will take a new look and imagine how the town can be helped to be more attractive and more in keeping with our beautiful area. Thank you for listening.

Reed Thorley, Cedar City

The Magnificent Messiah

Last weekend, I wanted to attend the annual Messiah concert, but realized I had not acquired the necessary tickets. So, I resigned and resorted to going on YouTube and watching a presentation of the Messiah. I found one that was classy and even done in a cathedral. Afterwards, I watched another

presentation of the Messiah, though this second one was not as classy.


However, they both made me homesick to attend the local performance of the Messiah because I am deeply into my feelings of love for this music. Then I remembered that last year, my friend and I stood in line waiting for open seats and were able to get in. So, I made up my mind that I was going to the concert!

Unfortunately, it began raining and I knew it could also possibly turn into snow. But my desire to see and hear our local talent outweighed the weather as I backed my car out of the garage. Yes, I was concerned about driving in the storm, but knowing I would soon hopefully be hearing the choir, symphony, soloists, conductor and assistant conductor share this amazing music, my fear was overridden and I carefully went forth.


When I got to the theater, the first ticket taker sent me to the second ticket taker and I soon found myself in a center seat, only a few rows back. I was amazed and delighted! The longer they sang, the greater was my delight! I wanted to applaud every piece. By the time the last note was concluded, I left my seat clapping my hands and basically shouting, "Wonderful!"

Thank you all so very much and thank you to all the others who were a part of making the Messiah performance magnificent!


Bonnie Duncan, Cedar City




WEDNESDAY
Partly Cloudy
44°/20°
PRECIP: 10%
WINDS: SW 5-10



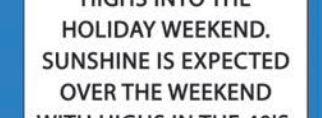
THURSDAY
Partly Cloudy
33°/22°
PRECIP: 10%
WINDS: NW 10-15




FRIDAY
Partly Cloudy
39°/21°
PRECIP: 15%
WINDS: NW 5-10




SATURDAY
Sunny
42°/27°
PRECIP: 0%
WINDS: N 10-15



SUNDAY
Mostly Sunny
48°/31°
PRECIP: 0%
WINDS: S 5-10




MONDAY
Partly Cloudy
51°/33°
PRECIP: 5%
WINDS: SW 5-10




TUESDAY
Mostly Cloudy
50°/33°
PRECIP: 10%
WINDS: SW 10-15

IRON COUNTY FORECAST

VERY COLD TEMPS ARE MOVING IN THURSDAY WITH REBOUNDED HIGHS INTO THE HOLIDAY WEEKEND. SUNSHINE IS EXPECTED OVER THE WEEKEND WITH HIGHS IN THE 40'S.



Get Utah's most accurate forecasts anytime at:
ABC4.com/weather



Want to submit a letter to the editor?

Submit your letter to the Editor on our website at www.ironcountytoday.com, or by emailing it to news@ironcountytoday.com. All letters must be brief (generally under 300 words in length), list the writer's name, city and telephone number (phone number will not be printed). Iron County Today reserves the right to edit all letters for length or content.

QUOTE OF THE WEEK

"Don't expect too much of Christmas Day. You can't crowd into it any arrears of unselfishness and kindness that may have accrued during the past twelve months."

Oren Arnold

BOOKINGS

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

DEC. 13

Breonna Stewart
CEDAR CITY, UT
Speeding

KCI Williams
CEDAR CITY, UT
Assault

DEC. 14

Manu Labale
CEDAR CITY, UT
DUI w/BAC over .08

DEC. 15

Nolan A Beets
CEDAR CITY, UT
Criminal Trespass, Theft

Parker W Bolenbaugh
CEDAR CITY, UT
DRUG - Poss C/S,
Paraphernalia

Devin Cordova
CEDAR CITY, UT
Criminal Trespass, Theft

John K Rollins-Mendez
CEDAR CITY, UT
Assault

DEC. 16

Jesus Alfaro
CEDAR CITY, UT
Domestic Violence in
Presence of Child

Jackie S Murphy
CEDAR CITY, UT
Stolen CC, Forgery,
DRUG - Poss C/S

Michael S Torres
HOMELESS, CEDAR
CITY, UT
Burglary

DEC. 17

Miguel J Cruz
CEDAR CITY, UT
DRUG - Poss C/S,
Paraphernalia, Firearm

Joshua J Goss
CEDAR CITY, UT
DRUG - Poss w/
Intent to Distribute,
Paraphernalia

Connery O Proctor
CEDAR CITY, UT
DRUG - Poss C/S,
Paraphernalia

Austin J Ziegler
IRON COUNTY GRID
DUI

Brielle Cheek
CEDAR CITY, UT
Purch, Poss, Consume
by Minor

Brissa Perez Martinez
CEDAR CITY, UT
Purch, Poss, Consume
by Minor

John S Coleman
CEDAR CITY, UT
Assault

Connery O Proctor
CEDAR CITY, UT
Purch, Poss, Consume
by Minor

DEC. 18

Sage England
CEDAR CITY, UT
Intoxication

DEC. 19

Shawna Owens
IRON COUNTY GRID
Theft

Tara L Theys
CEDAR CITY, UT
Assault

WREATHS

« CONTINUED FROM PAGE 2

one and remember the buddies and those who did not make it home," said an emotional Mayor Green. "Pause at each grave and say, 'Thank You.'"

Eight ceremonial wreaths were presented by both active and veteran military personnel, representing each branch including the U.S. Army, U.S. Marines, U.S. Navy, U.S. Space Force, U.S. Coast Guard, U.S. Merchant Marines, as well as the Prisoners of War (POW) and those Missing in Action (MIA). The audience listened to a moving rendition of "God Bless America" performed by Nathan Myers, and then a booming 21-gun salute performed by the Iron County Veteran's Coalition and "Taps" by the American Legion, Post #74. Those in attendance who had veteran family members buried onsite began making their way to truck beds parked throughout the grounds, while the remainder of the audience listened to "America the Beautiful" by Nathan Myers and "Amazing Grace" on bagpipes by Dan Jones and Scott Sharp.

It was a sight to see so many people of all ages gather in the frigid weather, trucking through the bed of snow to find the headstones and markers designated as a veteran's grave. Many in uniform were in attendance with their young families, whispering "thank you" to those who served before them.

To view the complete live stream of the ceremony, visit www.bit.ly/ccwreaths. Donations for the Wreaths Across America program are accepted year-round. If you would like to donate, please make checks payable to "Bald Eagle Chapter DAR" and mail them to Wreaths Across America, 126 S. 2050 W., Cedar City, UT 84720 or leave contributions at City Hall (10 N. Main Street, Cedar City) in the mailbox of Councilman R. Scott Phillips.

LOCAL

« CONTINUED FROM PAGE 5

your locally owned business base. The commonality with all the above communities (excepting Muskogee) is that these unique displays and themes are centered within their local business districts or downtowns. This is the key element that drives the ultimate maximized and measurable success for the community – turning that hard work and community-wide effort into dollars.

There is no reason every community in the country can't find their niche and work to capitalize on it. The only thing holding communities back is effective leadership, drive, and desire. Each of the above communities have found ways to spend very little money, get the entire community involved and create something new that appeals to both locals and tourists. When you are only spending a few thousand dollars, it doesn't take many tourists create a great ROI on that investment.

Just as I opened this column with a quote, let me close with one as well. Lao Tzu, author of the Tao Te Ching once said, "Be careful what you water your dreams with. Water them with worry and fear and you will produce weeds that choke life from your dreams. Water them with optimism and solutions and you will cultivate success." Water your community with optimism and solutions. When you do this, you will find roads that lead to success. You'll find that even a wrong turn can turn out to be a beneficial learning experience from which to build moving forward.

John A. Newby, of Pineville, MO. is the author of the "Building Main Street, Not Wall Street" weekly column and CEO of Truly-Local, LLC, dedicated to assisting communities create excitement, energy and combine synergies with their local media where LOCAL is often lost to corporately-owned entities and the Internet. His email: info@Truly-Localllc.com.

public & health

High school seniors impacted by Alzheimer's invited to apply for AFA's Teen Alzheimer's Awareness Scholarship

High school seniors impacted by Alzheimer's disease can win up to \$5,000 for college through the Alzheimer's Foundation of America's (AFA) Teen Alzheimer's Awareness Scholarship. Students can enter the contest by visiting www.alzfdn.org/scholarship. The deadline for submissions is March 1, 2023, at 5:00pm ET.

"Teens across the country are active in the battle against Alzheimer's disease, whether it's caring for family members, volunteering, working in a care facility, or raising awareness and educating those around them," said Charles J. Fuschillo, Jr., AFA's President and CEO. "These college scholarships will help tomorrow's leaders with their college education. We invite all high school seniors who have been affected by Alzheimer's to enter."

College-bound high school seniors are invited to apply for the scholarship by submitting an essay (1,500 words maximum) or submitting a video, no more than four minutes long, describing how Alzheimer's disease has impacted their lives and what they have learned about themselves, their family and/or their community through their experience with Alzheimer's. Essays can be submitted by visiting www.alzfdn.org/scholarship. Students

already attending college are not eligible to participate.

The winner receives a \$5,000 scholarship with additional prizes awarded for runners up and honorable mentions. Last year, AFA awarded \$90,000 in scholarships to 117 high school students.

AFA has been able to provide these scholarship funds with the generous support of charitable donors.

"Teens across the country are active in the battle against Alzheimer's disease, whether it's caring for family members, volunteering, working in a care facility, or raising awareness and educating those around them."

**Charles J. Fuschillo, Jr.,
AFA President, CEO**

Individuals wishing to support this and other programs and services for families affected by Alzheimer's disease can do so by visiting www.alzfdn.org/donate or calling AFA at 866-232-8484.

Sandy Silverstein



**Intermountain
Cedar City Hospital**

**ROUTINELY NAMED AS ONE
OF THE TOP COMMUNITY
HOSPITALS IN THE COUNTRY**

- National Rural Health Association
- IBM Watson Health
- Fortune Magazine
- iVantage Health
- Healthgrades
- Vizient
- Centers for Medicare and Medicaid Services
- Chartis Center for Rural Health

Sen. Lee introduces Interstate Obscenity Definition Act

WASHINGTON, D.C. — Sen. Mike Lee (R-UT) introduced the Interstate Obscenity Definition Act to establish a national definition of obscenity that would apply to obscene content transmitted via interstate or foreign communications.

Obscenity is not protected under the First Amendment and is prohibited from interstate or foreign transmission. The Supreme Court, however, has struggled to define obscenity, and its current definition under the "Miller Test" runs into serious challenges when applied to the internet.

Sen. Lee's bill would define "obscenity" within the Communications Act of 1934. Additionally, it would also strengthen the existing prohibition on obscenity by removing the "intent" requirement that only prohibits the transmission of obscenity to abuse, threatens, or harassing a person.

DEFENSE BILL

« CONTINUED FROM PAGE 3

on administrative leave during that waiting period except for limited reasons, such as posing a threat to governmental interests. Senator Romney is a cosponsor of the Independence and Empowerment Act, which was introduced by Senator Chuck Grassley (R-IA), to bolster IG protections.

Global Health Security

Encourages the president to establish a Committee on Global Health Security at the NSC and a special representative for global health security and diplomacy at USAID. This provision is modeled after Senator Romney's legislation, the Global Health Security Act, to reaffirm the United States' commitment to global health security.

Arms Export Delivery to Partners, Allies

Requires the Secretaries of State and Defense to report on any delayed arms deliveries to partners and allies in the Indo Pacific, including Taiwan, Japan, South Korea, Australia, the Philippines, Thailand, and New Zealand and U.S. efforts to speed deliveries, as part of an effort to expedite deliveries.

SHOPPING

« CONTINUED FROM PAGE 4

"They're sometimes hard to find at this time of year," she said, "but let me look and see if any of our other stores have one."

A store did and they promised to hold it for me. And once I arrived at that store, another cheerful employee had it ready for purchase – and other example of personal service. She would be glad, she said, to look in the back and see if there were any other colors that I might like even more than the one she was holding for me.

Two great employees making shopping a comforting experience. Somehow, I think that if either of the Minky stores had run out of toilet paper, one of the staff members would have run over to a nearby grocery store and brought pack a four-pack.

Sen. Lee introduces bill to protect children online

WASHINGTON, D.C. — Sen. Mike Lee (R-UT) introduced the Shielding Children's Retinas from Egregious Exposure on the Net (SCREEN) Act, which would direct the Federal Communications Commission (FCC) to issue a rule requiring all commercial pornographic websites to adopt age verification technology to ensure children cannot access pornographic content.

At the time of Sen. Lee's SCREEN Act introduction, seventeen states have recognized pornography as a public health crisis leading to a broad range of individual, societal, and public health impacts. Congress' past attempts to prevent children from accessing online pornography have, by and large, failed First

Amendment scrutiny. Sen. Lee curated this bill to utilize vast technological improvements, giving this legislation good legal ground to pass the Supreme Court's requirement that the government use the least restrictive means to achieve its interests.

Of the bill, Sen. Lee said, "Every day, we're learning more about the negative psychological effects pornography has on minors. Given the alarming rate of teenage exposure to pornography, I believe the government must act quickly to enact protections that have a real chance of surviving First Amendment scrutiny. We require age verification at brick-and-mortar shops. Why shouldn't we require it online?"

SONRISE CHRISTIAN CHURCH
presents

JESUS
The True Gift
of Christmas

Join us on the eve
of Christmas eve for our

CHRISTMAS PROGRAM
FRIDAY, DECEMBER 23
at 6:00 pm

6843 West 1800 North
Cedar City, UT 84721 • Off Iron Springs Rd.

CALL FOR INFORMATION (435) 586-3640

showcase

ARTS + ENTERTAINMENT IN IRON COUNTY

Thank You Xun Sun

FOR YEARS OF MUSICAL SERVICE

by Sara Penny

FOR IRON COUNTY TODAY

Dr. Xun Sun has been an inspiring Music Director and Conductor for the Orchestra of Southern Utah since 2003. He has recently resigned due to health challenges. One of his major accomplishments has been interpreting new music through OSU commissions. He supported several emerging composers such as Mark Dal Porto, Chad Cannon, Marshall McDonald, Steven Sharp Nelson, Jacob Lee, and Keith Bradshaw. "He has a real gift for looking at a score, hearing the music, and transmitting the musical possibilities to the musicians," said Sara Penny, OSU musician. Some of the OSU commissioned works such as Spanish Trail Suite and Africa have garnered international attention and awards through the League of American Orchestras.

"He has a real gift for looking at a score, hearing the music, and transmitting the musical possibilities to the musicians"

Sara Penny, OSU musician

As a child he was identified as having exceptional musical talent and was trained in the Wuhan Conservatory of Music. He was an esteemed violinist in China and pursued his education in America at Missouri-Kansas City Conservatory of Music and Columbia University. He was appointed to the SUU Director of Orchestral Activities in 2001.

In 2015 Dr. Sun was recognized as one of Musical America's 30 Professionals of the Year for his work in promoting world peace through music. He has invited many international musicians to perform with OSU including Ukrainian violinist Solomyia Ivakhiv and most recently Celia Yu Liu, pipa soloist. In addition he has arranged for OSU and SUU musicians to perform in China. To see an overview of the 2011 Chinese trip for OSU musicians visit <https://www.youtube.com/watch?v=8s5fH93vEWk>. He has



Ling and Xun



Backstage



Dr. Keith Bradshaw, Mr. Mei Chang Sheng, Mr. Luo YiLin and Dr. Xun Sun working on The Dream of Helen.



Xun Conducting an encore at a 2022 performance of Messiah.

PHOTOS COURTESY XUN SUN AND THE ORCHESTRA OF SOUTHERN UTAH

see **XUN SUN** » 10

'Light Up the Sky' in Cedar on New Year's Eve

COME CELEBRATE WITH CEDAR CITY EVENTS AT THE HERITAGE THEATER DEC. 31

by Brooke Twitchell

FOR IRON COUNTY TODAY

CEDAR CITY — Cedar City Events is excited to announce not one, but two exciting opportunities for the community to ring in the new year on Saturday, December 31st, 2022. Both New Year's Eve events will take place in different parts of the City's Heritage Theater, one with fun activities for guests of all ages and the other with professional entertainment and an exquisite dinner for guests over 21 years old.

The family-friendly event begins at 7:00 p.m., where guests can expect snacks and beverages, New Year's Eve swag, hot chocolate, music, a photo booth, and more! Tickets are \$10 per person or \$50 for a family of 6 people. And it wouldn't be a proper Cedar City celebration without fireworks! At 10:00 p.m., Cedar City Fire Department will help Light Up the Sky to ring in 2023 in unison with our friends on the east coast. Grab your tickets today at www.cedarcity.org/nye before they sell out!

The adult event will also begin at 7:00 p.m. at the Heritage Theater, where Cedar City Events has partnered with IG Winery for cocktails and mocktails, Park Place Eatery for a delightful menu spread, and impressive professional entertainment by singer



Robyn Cage

COURTESY ROBYN CAGE

and pianist Robyn Cage. Ms. Cage graduated from The Boston Conservatory and moved to New York City, where her performances were praised in The New York Times and Variety. With her repertoire of hundreds of pop/rock hits from the 60s to today, jazz standards, Broadway show tunes, timeless classics, and today's chart-toppers, Cage's song list offers favorites for everyone. Tickets are \$50 per person, with an option to book a table for up to 8 people at a discounted price. Visit www.cedarcity.org/nye to get your tickets today!

"As we wrap up 2022, there is so much to be thankful for as a community," stated Cedar City's Events Director, Brooke Twitchell. "We would love to invite everyone to come together one last time before the year ends with fun entertainment for a variety of ages!"

"As we wrap up 2022, there is so much to be thankful for as a community"

Brooke Twitchell, Cedar City Events Director

Whether you're a student home for the holidays, visiting from afar, or looking for an opportunity to make memories with the ones you love, there's no better place to celebrate than the heart of Historic Downtown Cedar City. The community is encouraged to not wait until the last minute to grab tickets. Visit www.cedarcity.org/nye to learn more about these two events and purchase tickets today.

Winter PHOTO CONTEST

Top photos will be featured in our next issue of Color Country Magazine!

Complete contest details/rules & enter your photo at IRONCOUNTYTODAY.COM

If I were in charge of Christmas...

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

As far as the calendar goes, next year will be the best. It is ideal to have Christmas Eve on a Sunday, when we can go to church and have our family rituals on Christmas Eve and then enjoy Christmas morning on a Monday, with nothing to interrupt the glee. Christmas on Sunday sets up a contest of sorts between Christ and Santa Claus, with parents having to figure out how to keep the Sabbath Day holy and deal with those presents on the same day.

For another thing, there should always be snow. It can't be true, as my memory recalls, that snow always began to fall about 4:00 in the afternoon on the 24th, but that is what I remember. Not sleet, or stingy, hard little pellets, but big soft flakes that fell straight, without disturbance from wind. The trees and houses, roadways, even vehicles gradually became clean and quiet. Homes looked warm and cozy, with yellow rectangles for windows and colored lights that gradually became muted and blurred. It got cold and dark and soon there was hardly anyone on the streets. Of course not. It was Christmas Eve, and everyone was home waiting.

Christmas is always special, but not, I would say, always the same. Christmas feelings change as the years go by, as perspectives change. If you were fortunate

as a child, Christmas was wonderful. Though I knew we didn't have a lot of money when I was young, Santa Claus was very generous with me and my four sisters. As I grew older, my parents were still generous. Even as a young adult, I never questioned how they managed to deny the fiscal caution evident all the rest of the year. I accepted as right the feeling that special people did special things for me because I was special.

Gradually, I learned to be the person who did for others, within my family and beyond. To the joy of receiving I added the joy of giving, and Christmas took on a new dimension. The doing for those people who are dear to you is as wonderful as being done for—I still wake up at 4:30 on Christmas morning and think of the fun to come, and I can't go back to sleep.

I have a student who doesn't know the Christmas carols! How is that possible?! If I had my way, holiday music would be an elementary school class. The music is at once religious and cultural. Sing Hannukah songs and the Christian carols, but also "Chestnuts Roasting On an Open Fire" and "Silver Bells." Pass them from one generation to another as we do fine art. My daughter is showing The Nutcracker to her grade school music students. There is some grumbling; a nine-year-old boy may be bored for now, but at least he won't be ignorant forever.

Wait! I just thought: if Christmas Eve is on a Sunday, then so is New Year's Eve. That could be a problem. Rats! Nothing is simple, even if I were in charge.



Shakespeare In The Schools: Othello to tour in 2023

by Liz Armstrong

UTAH SHAKESPEARE FESTIVAL

CEDAR CITY — The Utah Shakespeare Festival is thrilled to announce its 2023 production of Shakespeare in the Schools, an annual touring production. A team of 10 members will travel across Arizona, Idaho, Nevada, and Utah, bringing the timely message of Othello to students.

The Tour

Shakespeare in the Schools "brings quality Shakespeare performances and workshops to schools and communities throughout the West," and has been doing so for twenty-nine years. The shortened 75-minute performance will allow students to experience quality theatre, while the 15-minute talkback following the show gives students the opportunity to interact with the actors. The acting company also teaches three performance-based workshops covering text and voice, stage combat and movement, and improvisation.

Associate Education Director Stewart Shelley said the tour is incredibly important because it gives students a full Shakespeare experience.

"It's important for students to hear Shakespeare's text spoken out loud and see the actors embody the characters," Shelley said. "This tour is a really important next step in understanding Shakespeare as a classical playwright and understanding his stories."

The tour will start January 30 and end April 21. If you wish for Shakespeare in the Schools to come to your school or community, visit bard.org/othellotour to submit a Tour Request Form.

The Play

This is the first time that Othello will be taken on tour by the Festival. Director Cordell Cole, who has previously toured for Shakespeare in the Schools, strongly advocated for the play, specifically because of Othello's message on the destruction that hate brings.

"When hate seeps so far into our bones that we stop looking for the truth, danger follows," Cole said. "It is a violent lesson, one told achingly, through language full of dirt, grit, and

"It's important for students to hear Shakespeare's text spoken out loud and see the actors embody the characters."

**Stewart Shelley, USF
Associate Education Director**

pace. At any moment in this tale, had hate been thrown aside just long enough to sit, express, and work through, things could have perhaps turned out differently."

Cole believes it was lack of communication that tore Iago and Othello apart, as well as Othello and Desdemona.

"It all spirals away from them; for seemingly nothing. And I believe that's the point," Cole said. Hate in communication's stead seems to be our country's truth, today, yesterday, and tomorrow if we do not address it."

Shelley agrees that Othello is an "important show with an important message."

"It's very timely for our society right now and a great opportunity for students to engage early on in important conversations about equity, diversity, and inclusion and what that means," She said.

The Team

In addition to Cole as director, the team will consist of Technical Director April Salazar, Tour Manager Abby Nakken, and Stage Manager Lindy Rublaitus. The seven actors are Darrin Earl II, Ian Greers, Rachel Jones, Nazlah Black, Noah Ratgen, Nic Sanchez, and Shay Jowers.

About Festival Tours

The Festival will actually have two different touring productions on the road around the same time: Othello and Every Brilliant Thing, which is not part of Shakespeare in the Schools, but is funded by the state legislature. While the audiences are similar, the goals for each show are different.

Shakespeare in the Schools—this year, Othello—is designed for audiences to have a condensed yet complete theatrical experience, with lights, costume, and sound design. Every Brilliant Thing, however, is a much smaller production with only one actor that aims to reach students with important messages about mental health and hope. More information about the latter show can be found at bard.org/brillianttour.

If you have any questions, contact the Utah Shakespeare Festival Education Department at 435-865-8333 or usfeducation@bard.org.

XUN SUN

« CONTINUED FROM PAGE 8

conducted numerous orchestras in China, Ukraine, and the U.S.

Mayor Gerald Sherratt was working on the statues for Main Street when a contingent of Chinese musicians, officials, and businessmen visited Cedar City, hosted by Dr. Sun. The resulting collaboration was the statue of Helen Foster Snow designed, built, and donated by the Chinese at the Cedar City Main Street Park. This led to further

collaborations with SUU dancers and musicians for performances in China celebrating the life of Helen Foster Snow, who was born in Cedar City. She became a force for building hospitals, schools, and agricultural cooperatives in China. Just recently SUU instituted the Helen Foster Snow Cultural Center.

In 2014 Dr. Sun was recognized at the SUU Commencement with a Board of Trustees Award of Excellence. The citation noted several partnerships between SUU and China facilitated by this exceptional

musician and humanitarian.

Dr. Xun Sun and Dr. Ling Yu have three talented children who have all performed on piano extensively. Anna now works at Zion Bank in computing, Sarah is with the BYU Young Ambassadors, and David is studying at Yale. Videos of performances are available on the [@OrchestraofSoUtah](https://www.youtube.com/@OrchestraofSoUtah) YouTube channel.

"OSU wants to thank Dr. Sun for his years of service and wish him well in his health recovery," said Harold Shirley, OSU President.

WREATHS OF HONOR

Veterans honored through Wreaths Across America ceremony

by May Hunter

FOR IRON COUNTY TODAY

Each December on National Wreaths Across America Day, our mission to Remember, Honor, and Teach is carried out by coordinating wreaths-laying ceremonies in more than 3,400 locations to all 50 U.S. states at sea and abroad. One man's annual tribute to our veterans inspired a legion of volunteers and gave rise to the Wreaths Across America of today.

We have Veterans Day in the fall and Memorial Day in the spring, but our service members sacrifice their time and safety every single day of the year to preserve our freedom. In many homes, there is an empty seat for one who is serving or one who made the ultimate sacrifice for our country. There is no better

time to express our appreciation than during the hustle and bustle of the holiday season. As such, several citizens gathered at the Cedar City Cemetery to show our veterans and their families that we will never forget.

Master of Ceremony, R. Scott Phillips and Cedar City Councilman began the ceremony with a moment of silence to remember the fallen, the prisoners of war, the missing in action, and honor all of those who have served and are serving this great nation's armed services.

Mckenzie Williams, SUU Music Major, sang the National Anthem, and Chief Mike Phillips, Cedar City Fire Department lead the Pledge Of Allegiance. Following, the Missing

Man Formation Flyover was courtesy of SUU Aviation; an aerial salute in honor of fallen soldiers. The wingman to the right of the lead pilot pulls up and breaks formation by splitting off and heading west; thereby flying off into the sunset. This symbolizes the soldier that has died while the rest of the formation continues on.

R. Scott Phillips shared: "Across the country there are more than 3,600 memorial sites like this one in Cedar City, millions of Americans gather as one nation to Remember, Honor, and Teach the values of sacrifice and service and will lay more than 2 million wreaths this same day. We are all proud to be Americans living in a free society made up of many people from many walks of life. The freedoms we enjoy today



Each wreath represents a gift from a grateful nation to the veterans who helped and help defend it still today.



PHOTOS BY MAY HUNTER

calendar

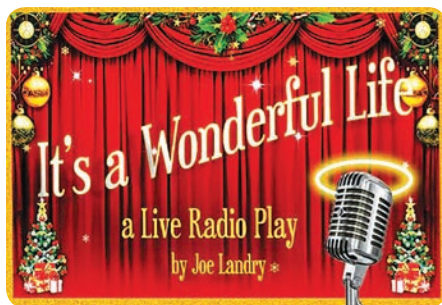
WED, DEC 21

WINTER SOLSTICE

CEDAR CITY SMALL BUSINESS NETWORK (9:30am) @ Pastry Pub (86 W University Blvd, Cedar City). FREE. No long-term commitment. Come connect, interact, build relationships. INFO: cedarcitysmallbusinessnetwork.com.

CHARACTER SKETCHES (WEDS, 6:30-8:30PM) @ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

SIMONFEST THEATER CO. – IT'S A Wonderful Life (7pm, 21, 22, 23) @ Heritage Center Theater (105 N 100 E, Cedar City). Come be part of the audience at a 1940s live radio broadcast of this timeless and heartwarming story. Enjoy the Christmas Festival in the lobby (6pm). Live music, last-minute gifts from local vendors, and a visit from Santa Claus. Tickets \$20 adults. \$12 children (6-17yrs).



THURS, DEC 22

MATHEMATICS DAY

SIMONFEST THEATER CO. – IT'S A Wonderful Life (7pm, 22, 23) @ Heritage Center Theater (105 N 100 E, Cedar City). Come be part of the audience at a 1940s live radio broadcast of this timeless and heartwarming story. Enjoy the Christmas Festival in the lobby (6pm). Live music, last-minute gifts from local vendors, and a visit from Santa Claus. Tickets \$20 adults. \$12 children (6-17yrs).

FRI, DEC 23

FESTIVUS

SONRISE CHRISTMAS PROGRAM (6PM) @ Sunrise Christian Church (6843 W 1800 N, Cedar). Join us for "Jesus – The True Gift of Christmas." INFO: 435-586-3640.

SAT, DEC 24

CHRISTMAS EVE

CEDAR CITY FARMERS MARKET (10AM-1PM) @ inside IFA (winter) (905 S Main St, Cedar). FREE. Farmers, food, and artisans. Drawings, bingo, and more! INFO: Facebook, Cedar Saturday Market, or Nancy 435-463-3735.

LIGHTS AT THE HOMESTEAD (5:30-8PM) @ Frontier Homestead State Park (635 N Main, Cedar). FREE. Donations encouraged. Stroll through the park grounds and enjoy the holiday lights. INFO: 435-586-9290

CHRISTMAS EVE AT CALVARY CHAPEL (4PM) @ Calvary Chapel (101 E Nichols Canyon Rd, Cedar). Community and family event with traditional carols, worship music, and a special Christmas message. INFO: 435-867-8188, calvarycedar.org.



SUN, DEC 25

CHRISTMAS

"IT'S TRUE, CHRISTMAS CAN FEEL LIKE A LOT of work, particularly for mothers. But when you look back on all the Christmases in your life, you'll find you've created family traditions and lasting memories. Those memories, good and bad, are really what help to keep a family together over the long haul." – Caroline Kennedy

MON, DEC 26

KWANZAA

WINTER WONDERLAND (6-10PM) @ Parowan Main Street Park. Admission FREE. An enticing wonderland of Christmas lights, incredible displays, Christmas Characters, Santa, and hot chocolate. Paint a free ornament to hang in the tunnel. Lights turned on every night from dusk until 10 pm.

TUES, DEC 27

VISIT THE ZOO

SUMA: EXHIBITS (11AM-6PM, MON-SAT) @ SUMA (13 S 300 W, Cedar City). Admission is Free. INFO: suu.edu/suma.

WED, DEC 28

PLEDGE OF ALLEGIANCE DAY

STEVE HODSON CANCER CLASSIC (9AM – 9PM) Basketball tournament @ Canyon View High School (166 W 1925 N, Cedar). Since 2012, Canyon View and Cedar have hosted the tournament to honor the legendary former Canyon View and Cedar coach who died of multiple myeloma in 2008, but more importantly to help local families in their own fight against cancer.



CHARACTER SKETCHES (WEDS, 6:30-8:30PM) @ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

SAT, DEC 31

LABYRINTH WALK (12-2PM) @ ST. JUDE'S Episcopal Church (70 N 200 W, 1 block north of W University Blvd) No Charge. Celebrate and contemplate the New Year by walking a beautiful tiled medieval style labyrinth based on the 12th century labyrinth in Chartres Cathedral in France. Located within the church. This meditative practice has been used for centuries to calm the mind and open the soul. Allow about 35 minutes for your walk. INFO and Reservations please call Anne 702-539-3400 or Rev. Lee 435-592-0034.

LIGHT UP THE NEW YEAR FINALE! (7PM) @ Heritage Center Theater (105 N 100 E, Cedar). \$10 per person or \$50 for family of 6. Join Cedar City Events and Light Up the New Year at this family friendly event! Fun for all ages!



Want your event on our calendar?

There is no charge for calendar items. Your submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.



SUU AND CEDAR CITY HAVE BEEN KNIT TOGETHER FOR 125 YEARS - AND COUNTING.
HAPPY HOLIDAYS TO THE PEOPLE WHO MAKE IT HAPPEN!



calendar

ONGOING OPPORTUNITIES

GOVERNMENT

Brian Head Council

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

Iron County Republican Women

3rd Wed, 11:30 am.
Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

Parowan City Council

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Post 74

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Veterans invited to learn about benefits, opportunities and fellowship. Honor Guard provides military honors at Veterans funerals. • Post Commander Darrin Duncan (435) 704-1466.

Bikers Against Child Abuse

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Room)

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Lion's Club

Tues, 12 pm • Call Pres. Roger Shurtz for mtg. info. Everyone welcome! (435) 590-2896

Marine Corps League

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org. Helpline: John (702) 802-1332, Kara (702) 232-6829
KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Speaking From The Heart • M – Sa, Noon

Steps and Traditions • M – Su, 7 am
Red Road to Sobriety • Mon, 6 pm Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307
Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

The Great Fact • T, F, Noon. True Life Center 2111 N. Main. • (702) 802-1332 or (702) 533-7856

Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

Women's Meeting • Sat, 10:30 am

My Story • Sat, 8 pm
Thank God it's Sunday Spiritual • Sun, 11 am

What a Way to Start the Day • Su, W, F 7-8 am • All are welcome

Al-Anon

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Al-Anon • 1st, 3rd Tues, 7-8 pm • Call for info: (435) 704-8984

Easy Does It • Tues, 7-8 pm • (435) 559-3333

Hope for Today (Family Groups) Thurs, 6 pm • (435) 559-3333

Alzheimer's/Dementia

Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn about/access resources, connect with others for support. Contact Lauren Willie 435-359-4819, lewillie@alz.org for info and Zoom link.

ARP—Addiction Recovery

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan Sun 7:30 pm • 85 N 600 W, Cedar City, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

Caregivers

1st Tues, Noon • Five County Aging Offices, 585 N Main, Ste. 1, Cedar City

Celebrate Recovery

(Christian 12-Step) Wed 6:30 pm • True Life Center, 2111 N Main, Cedar. Through Christ we can be victorious over any hurts, habits, hang-ups (Phil. 4:13) • Jeff J 801-638-1800, Gary D. 702-303-5662.

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, feel supported, share perspectives on healing, recovery. Join: affiliate.rainn.org/helproom/canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org • (435) 635-9603
KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm

Live and Let Live • Fri, 8 pm

Candle Light Mtg • Sat, 9:30 pm (Small room)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm • Meeting Hall, 1067 S Main, Cedar (877) 865-5890

Nicotine Anon (12-Step)

Fri 5 pm • KKCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

Porn Addiction Recovery for Men

Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Wed, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • www.southernutahshare.com

Senior Blind/Visually Impaired

3rd Thurs, 1:30 pm • Cedar City Library

Southwest Parkinson's Alliance

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

Widows Support Group

2nd Sat, 11-1pm • Sonrise Church. These Free meetings begin January 8th. Questions? 435-586-3640 or Sonrisechruh.net.

CLASSES, CLUBS & ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness

Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Book Club

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

Boy Scout Troop 1848

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door, next to Enoch City Business office. Text Bryan Fanton 435-327-1214

Cedar Chest Quilters' Guild

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. cedarchestquiltersguild.org

Cedar City ESL

Wed, 7 pm • Free tutoring for English as 2nd Language. Cedar City Library (303 N 100 E).

Cedar City Toastmasters

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit www.cedarprofessionals.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

Color Country Winds

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

Cub Scout Pack 1848

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

DAR – Bald Eagle Chapter

2nd Sat, 10 am • Cedar City Library, 303 N 100 E

Explorer Bible Club

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

Folk Dancing Class

1-2 pm • Cedar Senior Center (489 E 200 S). Come to your first International Folk Dancing Class! Teaching included. Easy to learn, fun, free for all ages. (626) 808-6129

Hey Cedars Square Dance Club

Mon 6-7:30 pm (Beginners), Dancing 7:30-8 pm • Cedar Visitor Center (581 N Main). Returning to Aquatic Center in November. All former square dancers invited. INFO: Call/Text Neil Mattson 909-477-9795.

International Folk Dancing

Fri, 1-2 pm • Cedar City Senior Center (489 E 200 S). Free. All ages welcome. Teaching included. INFO: (626) 808-6129

Motivational Mondays

Mon, 6:30-7 pm • Cedar Yoga Space (736 N Main). Add a positive mindset and experience Cognomovement. Leave feeling more balanced, energized, and motivated. No mat needed. \$12 drop in/first time to studio is Free. 541-291-7856.

Parowan Pickleball

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of

skill levels, 3 indoor courts, beginners welcome. INFO, fees and signup: Parowan Visitors Center 435-477-8190.

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

Senior Yoga Classes

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Sagebrush Fiber Artisans Guild

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

Sewing Group

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

Tae Kwon Do Class

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 W Royal Hunte Dr. \$25/mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

Tai Chi For Health

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

Take Action for Freedom

Wed, 7 pm • Stahl West 600 N. Airport Road, Cedar • Preserve Constitution, Republic, voting laws, medical freedom, education, 1st & 2nd Amendment Rights, ed. on CRT & boarder illegal immigration, local/county/state Legislature

Top Bar Hive Bee Keeping

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

TOPS – Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am. • Cedar City Library, 303 N 100 E. Lose weight affordably. • 586-3233 (a.m. mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

Wellness Wednesdays

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PW: health, info: Kristi Sharp (435) 986-2564, ksharp@swuhealth.org

To add your ongoing opportunity to our calendar, call 867-1865, ext. 6 or email news@ironcountytoday.com

WREATHS

« CONTINUED FROM PAGE 11

have not come without a price. Lying here before and around us and in cemeteries throughout the nation, are men and women who gave their lives so that we can live in freedom and without fear. We can worship as we see fit. We can raise our children to believe as we do. We are free to vote for leaders of our choosing. We have the right to succeed, and we have the right to fail at whatever we wish to pursue.”

Mayor Garth O. Green stated that “The United States of America was founded on the ideals of freedom, justice, and equality. Our nation stands as a shining beacon of liberty and freedom to the world. This nation has always been the first to stand up for the freedom of people from around the world. There are many men and women serving today in all branches of the military, here at home and in places far away that most of us have never heard of. These men and women are part of the best-trained, best equipped, forces in the world. We honor them and their families for all the sacrifices they make each day to keep our country safe from terrorism, hatred and injustice. We must endure so that future generations learn from today and never forget.”

“We must endure so that future generations learn from today and never forget.”

Cedar City Mayor Garth O. Green

Derek Livingston, actor, entertainer, and friend, Interim Artistic Director for the Utah Shakespeare Festival, shared a special version of “’Twas the Night Before Christmas” which paid tribute to all military personnel who have served or currently serving and away from home and family during the holiday season.

Noah Denhalter, paid tribute to his grandfather, Antone Hunter, a veteran of World War II, and buried in Cedar City cemetery. He described how the wreath is made of 10 bouquets and what each one symbolizes. He concluded with saying when you place a wreath on a veteran's grave, it is not just a wreath, it is a personal gift to an American Hero.

After the demonstration of how to place the wreath on the grave, Nathan Myers sang “God Bless America.”

Thank you to all those who attended and all those involved in making this event a huge success. Thank you for all the volunteers. Thank you to the sponsors, and the Wreaths Across America Board, who donated valuable time and resources.

There are over 1,230 veterans in our Cedar City cemetery and We Shall Never Forget. For those who were not able to attend this year, Wreaths Across America will be held again in this cemetery, December 16, 2023.

A little taste of a Japanese Christmas and New Year's Celebrations in Cedar City

from Michael Sudlow

FOR IRON COUNTY TODAY

Michael Sudlow and his wife Valarie recently moved to Cedar City and decided to unpack all the gifts and Christmas cards received over the years from their Japanese friends to share with their new friends in Cedar City.

As they did, they ran across gifts, cards, and photos of their Christmas experiences in Japan. And it reminded them of some humorous beliefs Japanese people have about how Americans celebrate their most popular holiday.

For example, if you ask a typical Japanese person what Americans eat on Christmas, almost no one will say turkey, ham, or roast beef. No, it will be chicken. And not just any chicken, it will be Kentucky Fried Chicken. And for dessert, it will not be pumpkin pie or Yule Log cakes; it will be a cute little Christmas cake. And to make sure you are prepared for this meal, you need to place your orders at least a month in advance.

Mike noted that although Japanese department stores and businesses are brightly decorated for Christmas, most home do not display trees inside the home although Christmas lights, or illuminations as they are called in Japanese, are now seen almost everywhere. And if you do have a tree, it will be a small, artificial one.

The big holiday for Japanese comes a week after Christmas and is known as Oshogatsu (お正月). Sudlow explained that during Oshogatsu, almost everything closes down for two or three days to give

families time to visit relatives and to visit their local temples and shrines to pay their respects to their ancestors and pray for success in the coming year.

And even though the custom of sending Christmas cards is waning in the United States, Japanese families make sure to prepare and send out hundreds of New Year's cards and gifts to all their family friends, and business associates. Because the Sudlows are Americans, their Japanese friends are more likely to send them Christmas cards rather than New Year's cards.

When they moved to Cedar City in April of 2021, they wanted



Michael and Valarie Sudlow enjoy the magic and cultural connections that Christmas creates.



PHOTOS COURTESY SUDLOW FAMILY

an authentic setting in which to display their gifts and cards, so they worked with their builder and had a real Japanese room with real tatami mats created as a place to display many of these beautiful gifts they have acquired over the past 35 years.

As can be seen in the photos, the Japanese use intricate designs in their cards and gifts. The Sudlows said they look forward each year to see what new and exciting cards might be coming their way.

One final interesting cultural difference: In Japan you can say

“Meri-Kurisumasu: (メリークリスマス) Merry Christmas all the way up to Christmas Day, but you would normally say “Akemashite Omedetou Gozaimasu” (あけましておめでとうござい)” (Happy New Year) anytime from midnight on New Year's Eve and through the month of January.

Cedar PET SUPPLY

Sadly, we adopted all of our reindeer to Santa! But we have puppies, kittens, and every other furry friend for a wonderful gift this season!

MERRY CHRISTMAS AND HAPPY NEW YEAR FROM CEDAR PET SUPPLY!

MERRY Christmas

WE WOULD LIKE TO REMIND PEOPLE TO BE GENEROUS, KIND AND CONSIDERATE AS WE GO ABOUT THIS BUSY AND POSSIBLY STRESSFUL TIME OF YEAR. ALSO, REMEMBER TO DONATE TO OUR LOCAL NON-PROFITS OR JUST HELP OUT THAT NEIGHBOR IN NEED. WISHING EVERYONE A SAFE AND HAPPY HOLIDAY SEASON FROM THE DAVIS FAMILY AND D&D VARIETY.

D&D VARIETY STORE

Surviving and enjoying airline travel with a baby

by *Kylie Leavitt*

FOR IRON COUNTY TODAY

It's officially that time of year again! Christmas trees are up, cranberry wreaths are on the door, and magic is in the air. However, magic isn't the only thing flying through the skies this month. So are countless families who are traveling around to be with loved ones this season. And some of these families have one thing that makes flying a little (more like a lot) more stressful...a baby. Luckily, there are some things you can do to help make your flight a bit more enjoyable for you and your little bundle of joy.

The first thing you need to do is look up your airline and see what accommodations your airline will make for your child. Most airlines are extremely accommodating because they know that you don't want to hear your little one cry the whole flight, and they don't either. So they want to do whatever they can do to keep you and your baby happy.

Typically, airlines will allow you to check all baby gear (strollers, pack and plays, car seats and car seat bases) with no fees. This will allow you to free your hands and simply worry about carry-ons. However, that still doesn't make security easy.

If your baby is able to be worn in a carrier, it is highly recommended that you wear your baby. You already carried them for 9 months, so what's a couple more hours? This will allow you to get through security with free hands, and all that will



GETTY IMAGES

be required of you is a hand test and a walk through the metal detector.

As far as feeding your babies go, for the moms

who aren't breast feeding, plan on bringing twice the amount of food your baby typically eats because you never know if there is going to be a layover. Don't worry about putting your formula in a 4 ounce container. Formula can go through security as is, and if you fill your bottles up with 3 ounces of water or less, they don't need to check the water. So fill those bottles up, throw them on the belt, say your prayer that you don't get a dreaded pat down or set the machine off, and plan on buying another bottle of water for your baby once you get through the gate.

If you've made it this far in your travels without a breakdown, give yourself a pat on the back because the most stressful part is over. Now all you have to worry about is the plane ride itself. One trick that parents swear by is feeding your baby during takeoff and landing. This helps with the uncomfortable feeling your little one might feel in their ears and might even put them to sleep, giving you a nice minute to reset, watch a movie, and prepare for your landing.

And most importantly, even if your baby does cry the whole way, just know that you are an amazing parent and you've made it on the plane. Don't give up and know that most people on the plane are willing to help you with your little one, whether its playing peek-a-boo with them behind the seat, or just offering a kind word. Keep your head up parents and know that your destination is just a couple of hours away.

HATCHECK GIRL

This is a classic Norman Rockwell painting entitled, "Hatcheck Girl." I read an interpretation of this composition that suggested this woman could have been an aspiring actress herself who was paying her dues—collecting the hats and coats of the already "famous" or "successful" people whom she hopes to be like someday.

However, in this moment, she looks bored and ignored, and also looks like perhaps she's having a pouty pity-party (understandably so) as she ponders the price paid for the privilege of her pursued path underneath the weight and pressure of packing other people's paraphernalia.

Not only is she carrying and wearing too many hats; she also has to keep track of them all so as to give them back to the correct owners, who will be in a hurry and anxious to get home, hoping to avoid any inconvenience after the convention. I'd like to see the painting of her

after the chaos.

I'm sure we've each had similar "hatcheck" moments where we've already seen (been) that painful painting of the moment after. We all know what it's like to have days and weeks of juggling and struggling to carry all the weights and works during the daily conventions of our lives.

the rut
LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



And while this particular painting depicts a hatcheck girl, it could as easily be a hatcheck guy. Men can also try and wear many hats and carry to much weight in the name of providing for themselves and their family. However, when any of us sacrifice our peace to keep up the pace—we risk losing the very things we're working so hard to gain and maintain.

Looking closer at the painting, there is a cigar at

her feet. It's still burning and surely bothering her while she's trying to do her job. She can't reach over to pick it up, let alone kick it away because she might fall over. My point is, why don't we take the time, or make the time to get rid of the things (usually small things) in our lives that bother us; things that are smoldering and smoking us out? Is it because we're too busy? Burdened? Blinded? Distracted? Depressed? If we don't make time to make changes in our lives, time will eventually take us.

I'll share one final thought from this work of art to help remind and reinforce our hearts during our ratty conventions of life. Yes, we must pay our dues and even endure the blues. Mix in some green with envy on our personal palettes for the apparent peace and prosperity of other people around us and we'll feel overwhelmed and even begin doubting, pouting, shrinking and shirking our abilities and



NORMAN ROCKWELL

responsibilities in our lives.

If you dare to dare compare then don't despair. Realize that you, too, can accomplish great things. You

may feel like just a lowly hatcheck person now, but if you are willing to keep getting up and not give up, you will become much more.

family

A MONTH OF CHRISTMAS COOKIES

Merry Christmas Iron County! The big day is upon us and I hope you're all enjoying festive activities with friends and family.

My kids have been absorbing the many dozens of cookies we have baked together these last few weeks leading up to the 25th. Over the years I have narrowed our seasonal confections down to two recipes that we alternate between. The first is a chewy gingersnap, that I prefer over the traditional crispy version, and the second is a variation of sugar cookie with cream cheese frosting, perfect for decorating with the kids. Both recipes make about four dozen cookies (perfect for sharing)!

While the sugar cookies are preferred by the kids due to the creativity of cookie cutters and colored frosting, the cookie itself isn't overpowered by sugar. This makes it just right by the time frosting and sprinkles are added. This also makes it a little harder to stop after eating just one!

The gingersnaps, on the other hand, are more of an acquired taste that only one of my kids enjoys along with my husband and me.

Not to be left out of the festivities, I like to roll these crinkled finished cookies in red and green sugar sprinkles, rather than the plain or powdered sugar suggested in the recipe.

After realizing too late last year that we hadn't baked any cookies for Santa, and juggling holiday

celebrations with a brand new baby, I made a mental note to better prepare in 2022. So in an effort to save the kitchen from last minute mess making I tossed a few cookies from our last batch in the freezer this week, ready to decorate for Santa on Saturday evening!

Keep these options in mind as you prepare for Christmas Eve and consider which you think Santa Claus will prefer!

mom's CORNER(ED)

by Weslie Stratton

CONTRIBUTOR



Sugar Cookies

BY AMANDA WARDLE

- » 1 cup sugar
- » 1 cup butter
- » 2 eggs
- » 1 cup sour cream
- » 4 cups flour
- » 1/2 tsp baking powder
- » 1 tsp baking soda
- » 1/2 tsp salt

Add dry ingredients to wet ingredients and mix. Cover and chill for 2-8 hours. Rolls out to 1/4-1/2 inch thick and cut out. Bake for 8-10 minutes at 375 degrees. Cool and frost!

Cream cheese frosting

- » 1 lb powdered sugar
- » 8 oz cream cheese
- » 2 tbs butter



GETTY IMAGES

- » 1 tsp vanilla
- » Food coloring (optional)

Chewy Gingersnaps

BY A BOUNTIFUL KITCHEN

- » 3/4 cup unsalted butter softened
- » 2 cups white sugar
- » 2 eggs
- » 1/2 cup molasses light or dark
- » 4 cups all purpose flour
- » 4 teaspoons baking soda

- » 1 teaspoon sea salt
- » 1 tablespoon ginger powdered
- » 2 teaspoons cinnamon
- » Granulated colored sugar sprinkles for coating

Mix and roll into one inch balls. Coat with sugar sprinkles and bake on ungreased sheet for 8 minutes at 350 degrees. *Do not overbake! Cookies will look puffy and crinkled but will flatten.

HAPPY HOLIDAYS FROM THE IRON COUNTY PREVENTION COALITION!

HOLIDAY TIME IS THE PERFECT TIME TO BOND WITH THE YOUTH IN YOUR LIFE TO PREVENT UNDERAGE DRINKING!

IRON COUNTY PREVENTION COALITION

Happy Holidays

FROM ALL OF US AT

IRON COUNTY today

schools

ICSD NEWS NUGGETS

from LeAnn Woolstenhulme

IRON COUNTY SCHOOL DISTRICT

Fiddlers Canyon Elementary

We had a super successful career day on November 22. People from the community with interesting jobs came and taught Fiddlers students about their education and day-to-day work. We are grateful to all those who volunteered their time to make this day special and fun! We hope everyone has a safe and fun winter break. School will be back in session on Wednesday, January 4. We will also have our first PTA meeting of the year on January 4 at 2:30 pm. Watch homework folders for more information on STEAM Week, coming up January 9-13, culminating with our Science fair on January 13. Please follow Fiddlers Canyon Elementary PTA on Facebook for more updates and highlights from our school.

**Launch High School**

As a Freshman at Launch High School, Cayden Whaley has already completed almost all her third quarter coursework. She is close to being done with the fourth quarter as well! She is also doing multiple projects. She is helping with the Rocketivities activities. For their project, they are having activities every Friday for the students who are on pace or who completed two tests that week. She is also doing a data-science project. The other project she is working on is a business that she is

creating. She is going to be selling crochet creations. She is doing astounding and by next semester I would not be surprised if she is in the same coursework as some of our current Sophomores.

Emily Templin is another student at Launch who is doing magnificently. Emily is a Sophomore and is done with all of her classes for first semester and has completed three of the four tests for English in the third quarter. She is dedicated in all of her classes and does great work. She also does an extra project every quarter, right now she is doing a project to create a store using our point system here at Launch. She is also writing a book as another project. She is dedicated to all of the work she does.

Izzy Eastep is Graduating as a Junior at Launch High! Last year she completed two years of Math. She also took the ACT as a Sophomore so she wouldn't need to take two English classes. Last year she also completed eight projects including being in charge of one of the Launch Robotics Teams: Perfect Paradox. This year she is doing all of her senior coursework, she is going to graduate early as a junior. Which is pretty unbelievable. She is super motivated and brilliant.



All three of these students are the very models of what Launch High is about: Innovate. Improve. Impress.

South Elementary

The holidays are an exciting time in elementary school. This week at South Elementary, the second-grade team was able to take their classes to see the mini-musical Frozen. The performance was very well done and the children enjoyed seeing kids their own age participating in the production. On

Friday, our school will have the opportunity to attend a Christmas performance by the acapella group Vocalocity.

Escalante Valley Elementary

The Enterprise branch of Zion's Bank recently welcomed the 6th grade students from Escalante Valley for tree decorating, caroling, and treats. Visiting the bank during the holiday season has been a long-standing tradition for our students; one that they look forward to as 6th graders. We appreciate the warm welcome felt each time we visit this local business, and anticipate many more Christmases together.

**Iron Springs Elementary**

Iron Springs Elementary is full of Holiday cheer. On Monday students participated in a school Christmas sing wearing their favorite Holiday shirt. On Tuesday Santa Claus came and had breakfast with students in their pajamas and then visited each classroom. We want to wish everyone a Merry Christmas and Happy New Year! Enjoy your Winter Break and we will see all our fantastic students in January.

Enoch Elementary

Enoch Elementary celebrated the holidays with entertaining performances, sing-along songs, and fun activities. Each grade took a turn performing for their families and the school. Everyone is excited for the winter break, and classes resuming on January 4. Congratulations to Mr. Garfield, Mrs. White, and Ms. Soper's classes for winning the class Battle of the Books competition! These classes read the most books from the battle

book list, in preparation for the grand battle at the end of the year. The winning students won a class party and the winning teachers earned some relaxation time.

**Three Peaks Elementary**

Mrs. Crystal Hopkins, our wonderful librarian, organized a tree ornament decorating contest this season. Students were asked to create an ornament based on their favorite book and/or character. Students could use any type of crafting material and the ornament could not exceed 5 inches in height. This was a volunteer activity, but so many students came up with wonderful ideas for their ornaments. Prizes were awarded based on creativity, difficulty of construction, and decoration detail. These ornaments were then used to decorate a beautiful tree for the library. Mrs. Hopkins does so much for our school and involves the students in activities and lessons that go beyond just reading in the library and checking out books to students. We appreciate all she does for Three Peaks Elementary.



We hope everyone has a safe and wonderful holiday season! School will resume on Wednesday January 4, 2023.

Gateway students discover history and heritage

from Alison Firth

DISCOVERY HOMESCHOOL DIRECTOR

Gateway's Discovery program is a hybrid program, where students spend time learning on campus as well as from home. The theme of our Discovery Winter Festival was "Tapestry of America." Students drew symbols on US maps to represent countries immigrants arrived from in the 1800s, the time period we are studying this year in Discovery classes. Adding a personal note, each student decorated a

heart to represent their family heritage. They all wrote reports about their families' immigration stories, as well.

Students also showcased artwork from Mr. Ferguson's classroom, about famous Americans from the 1800s and the transcontinental railroad. Mrs. Chen led students in Christmas and US history-themed songs, which the older classes accompanied on ukulele and guitar. We had a wonderful turnout and really appreciate the support of all our Discovery families!



The students wove their words, voices and instruments into the "Tapestry of America."



PHOTOS COURTESY GATEWAY ACADEMY

schools

Fiddlers Canyon students deck the halls at Zions Bank

**“LIGHTS ON”
TREE-TRIMMING
TRADITION
MARKS 50TH
YEAR**

from *Kallee Feuz*

FOR IRON COUNTY TODAY

Students from Fiddlers Canyon Elementary School shared in a 50-year community tradition, creating handmade ornaments for Zions Bank’s Christmas tree and receiving a cash donation to their school in return. Throughout Utah, Idaho and Wyoming, more than 3,000 elementary school students are participating in the annual “Lights On” event by making festive decorations to brighten Zions Bank branches.

Second-grade students from Fiddlers Canyon



Fiddlers Canyon students handcrafted unique ornaments for the special and traditional tree located at Zions Bank in Cedar City.



Elementary created home-made ornaments for Zions Bank’s Cedar City branch. In return, Zions Bank presented a \$100 donation to the school. The public is invited to visit the branch, located at 3 S. Main St, and see the

decorated tree on display through the holidays.

“It brings us so much joy to have a local class decorate our tree every year,” said Katie Orton, mortgage loan officer at Zions Bank’s Cedar City branch. “Our local

community does so much for us, and it feels great to give back.”

This year, 65 Utah and Idaho schools are taking part in Zions Bank’s “Lights On” holiday celebration. In addition, a number of

Zions branches have invited students from special-needs classes and Title 1 schools to decorate the trees in their lobbies. Zions Bank has been inviting students to participate in this annual holiday event for 50 years.

AFFORDABLE DENTISTRY

Why pay more than you have to?

- Dental Implant, Abutment, & Crown **\$1500/tooth**
- Custom Dentures **\$750/plate**
- Immediate Dentures **\$550/plate**
- Zirconia Crowns **\$525/tooth**

Smiles RESTORED

FREE CONSULTATION

FOR DENTAL IMPLANTS, DENTURES, AND IMPLANT DENTURE SYSTEMS.

— Includes X-Ray —

Restrictions apply. Mention discounted fee when booking appointment. Please call for details. Cannot be combined with any other offers. Insurance will be billed under contract rate if applicable.

\$45
NEW PATIENT SPECIAL
EXAM • XRAY • CLEANING
(for patients without dental insurance)

obituaries

Marilyn Murie



Ada Marilyn Rust Murie left this world on December 14th, 2022, at the age of 94, ready to start her next adventure. She was born Sept. 7, 1928, to Burton Orlando Rust and Lillian May Sparks Rust in St. George UT. She was the 4th of 5 children. Her Dad was a school teacher and so in her early years they moved around to wherever he was asked to teach. Her growing up years were spent mostly in Glendale, UT. While there she met Elvin Edward Murie when he was visiting his sister, Belva Anderson, who was teaching school there. After graduating from Valley School, in Orderville, she went to one year at BYU, then came home to marry Elvin.



They were married Sept 15th, 1947, at Swains Creek, which was at the time Crofts sawmill, up Cedar Mt. They spent their lives raising their 5 children, and serving friends, neighbors and reaching out to many they didn't

know. In July 1964 they were sealed together in the St. George temple. In 1966 Marilyn went to nursing school to become an LPN. She worked at Valley View Medical Center for over 38 years. Most of those years she took care of newborn babies, giving them the special love that only she could give.

When Elvin passed away in 1974, Marilyn was only 46 years old and still raising a family. She never let that slow her down. If she wanted to go somewhere, see something, care for someone, she did it, many times taking kids or grandkids with her. Her bumper sticker for many years said, "I may be lost, but I'm making record time." She explored her world, loving the beauty she saw in nature. She was adventurous and hiked down the Narrows several times. She loved camping, and Dutch oven cooking over an open fire.

Using her "Dad's" recipes she became a candy maker, and is remembered by many for the candy pulls, using a hook to pull the candy, some with fancy stripes and some with peanut butter filling. Also making the best peanut brittle around. She also had a gift for "seeing" people. Some would come to her for advice and comfort, even 'kids' that weren't her own called her mom and spent a lot of time in her home. She loved the Church of Jesus Christ of Latter-day Saints. For several years she was primary president, and had a list of all the ward kids that she kept track of for years, long after her primary days. They were still important to her. While serving as a counselor, she was instrumental in starting the Cub Scout program, not just for her ward but for the whole area.

Marilyn loved music. She sang not just in ward choirs, but in community choirs, and small groups with other ladies. She taught herself to play the accordion and encouraged her kids to take music lessons. She is the last of her generation on both her side and Elvin's. She is also the last of the original "Enoch" group of friends. End of an Era! Such a legacy has been left for her children and grandchildren.

She is preceded in death by her parents, and her siblings, Lillian Ruth Smith (Russell), Marjorie Alice Dec (John), Lois Valera Thompson. Burton Lavoy Rust, a very special grandson Nathan Murie, and a daughter-in-law, Starr Murie.

She is survived by her children, Charlene Murie, Patricia Carlson (Rick), Brent Walter Murie (Kim), Dolores Wheeler (Steven) and Kevin Lynn Murie. She is also survived by 19 grandchildren, 59 great-grandchildren, and 3 great-great-grandchildren, with 3 more on the way. Our thanks to all those who have cared for and helped Mom at this time.

Funeral services were held Tuesday, December 20, 2022, at 11:00am at Garden Park Ward in Enoch (451 East Midvalley Road, Enoch, UT). A viewing was held on Monday December 19, 2022, from 6:00 to 8:00pm at Southern Utah Mortuary (190 N 300 W Cedar City, UT), and on Tuesday December 20, 2022, from 9:30 to 10:30am at the Garden Park Ward in Enoch (451 East Midvalley Road, Enoch, UT). Interment was in the Enoch Cemetery (1590 East Sunrise Drive, Enoch, UT), under the direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com.

David Lynn Arnold



David Lynn Arnold, age 74, passed away peacefully in his sleep at home in Parowan, Utah on Sunday December 11, 2022.

David was born in Loma Linda, California on December 16, 1947. He was the oldest child of Clara Marie Sturgis and Charles Henry Arnold. He grew up loving baseball, cars, the beach and the cute girl at church, Lennilu Mee. David was persistent and Lenni remembers that every time she turned around, "he was there." They fell deeply in love and these childhood sweethearts were

married on February 24, 1967. Through the years their love grew. They never stopped flirting, delighting all who watched them. Surely there could be no greater example of living together in love and becoming one in heart and mind.

David's life was centered on loving and serving his family which grew to include six sons and one daughter. He worked tirelessly to support them, spending most of his working years in retail management.

A few years after their marriage David and Lenni were introduced to the Church of Jesus Christ of Latter-day Saints. They were baptized and were later sealed for time and all eternity in the Los Angeles Temple. David served faithfully in all his callings including Elders Quorum President and High Priests Group Leader. He was a diligent and loving home teacher and ministering brother - always developing lasting relationships which he tried hard to maintain even after moving to new areas.

David knew and loved his Savior Jesus Christ. Whenever he spoke in prayer there was honor, humility, reverence and meekness in his voice. All who were present knew he connected with heaven.

David's highest priority and treasure was his family. Though working long hours he made it to practically every game, concert, performance or competition for his children and grandchildren, no matter the distance. His cheers and tears of pride will always be remembered. David's life was about service. He was selfless, supportive and smiling. His extremely witty, self-deprecating dry sense of humor interjected into daily interactions delighted all around him.

David, a man without guile, the hardest worker - who always finished the job, the most wonderful husband, a dedicated father and grandfather, whose vigorous determination to love and serve will be a cherished legacy to all who knew him, fought a good fight, kept the faith and finished the course with honor and has now entered into the rest of the Lord.

David is survived by his sweetheart and loving wife of 55 years, Lennilu Mee Arnold, his children, Sean (Karyn), Joshua David (Christy), Michael Aaron (Marie), Joseph Daniel (Lydia), Sarah Ann (Andy) Nelson, Samuel (Michelle) and Matthew Adam (Nicole) Arnold, 44 grandchildren, 3 great-grandchildren and 2 more on the way. He is also survived by his siblings: Carolyn, Daniel, Michelle & Trevon.

Funeral Services were held on Friday December 16, 2022, at the Parowan 4th Ward at 11 am (90 South Main Street). No public viewing was held. Interment was at the Parowan City Cemetery under the direction of Heartlight Funeral Services (2002 North Main Street, Cedar City, Utah). The family would like to thank Zion's Way and SunTree Home Health and Hospice for their care and kindness.

Edwin Gayle Webb



Gayle Webb, 82, passed away on December 13, 2022. His family was by his side after a valiant battle with cancer.

Gayle was born on June 1, 1940 in Cedar City, UT to Edwin Webb and Naomi Perkins. He was the youngest of 9 children, the last one living.

Gayle started dating Mari Sharon Gorman in middle School and they were married on March 18, 1961. Nearly 62 years in March 2023.

Gayle has 3 children, 2 daughters and 1 son. Mary Gail Weiss (Bill), Sherri Kay Webb (Fred). Jamie's Gayle Webb (Aaron

Webb) who passed last year.

Gayle has 9 grandchildren and 10 great-grandchildren. He was an outdoor enthusiast, archery was his favorite. He loved to make custom arrows and bow strings for others. Gayle also loved animals and was a hard worker.

He was a loving, wonderful Husband, Dad and Grandpa. Gayle was an all-around great man, who was loved by many and will be greatly missed.

A private celebration of life will be held at a later date.

Judith Ann Murray Hardenburg



Judith Ann Murray Hardenburg, age 82, passed away peacefully of cancer at her home in Cedar City, UT on December 12, 2022. Judy grew up in Summit NJ, where she graduated from Summit High School and earned a scholarship to St. Elizabeth Hospital's School of Nursing where she earned her RN.

Judy and her husband, Hal, raised their three children in Berkeley Heights NJ, where she was active in the PTA and marching band parents organizations. She worked as a nurse in Oncology, then Nursing Home care, and finished her career as a Hospice nurse, which was her favorite role.

She and her husband retired to Cedar City, UT in 1998. Always happiest helping others, Judy enjoyed 22 years volunteering between Med Surg and the Hospitality/Information Desk at Intermountain Healthcare's Cedar City Hospital. She enjoyed time with her family, close friends, gardening, puzzles and her two dogs, Bryn and Molly. She was also an avid traveler and enjoyed visiting many



places around the world.

Judy was predeceased by her husband, Harold (Hal) C. Hardenburg, Jr., MD of Cedar City, UT. She is survived by her daughter and son-in-law, Erika and Darren Reber of Cedar City, UT and her step-grandchildren, Austin Reber and Hailey Mangiaracina and her husband, David; her daughter and son-in-law, Heidi and Bill Evenson, of Summit, NJ and her grandchildren, Kelsey Evenson of Jersey City, NJ, Courtney Evenson and Katie Evenson of New York, NY, and William Evenson and his wife, Kaitlyn Evenson of Needham, MA; and her son, Kurt Hardenburg, of White House Station, NJ. She is also survived by her sister, Margaret Lacy of Destin, FL and her brother, Thomas Murray of Summit, NJ.

A small family celebration of life will be planned in 2023. In lieu of flowers, the family respectfully asks for donations to Sun Tree Hospice in Cedar City UT, to whom they are grateful for kind and compassionate care at the end of her life.

There is a charge of \$50 for obituaries to be published.

Submissions can be made online at ironcountytoday.com, emailed to news@ironcountytoday.com or brought in typed/digitized format to 389 N 100 W, #12, Cedar City, Utah 84721. A single submission may include up to two photos. The deadline for submissions is Monday at noon.

MIDTOWN TIRE & AUTO

"Great Service You Can Trust!"

COMPLETE AUTO REPAIR & MAINTENANCE

- Free Shuttle Service
- Financing Available
- All Major Tire Brands

BRIDGESTONE
Firestone

435-586-0460

433 S. Main, Cedar City (Look for the Big Tire in Front)
See our website at midtowntireauto.com for other savings!

\$47⁹⁹

Oil Change

+ Taxes & Fees

PLUS TIRE ROTATION

Includes
FREE
Car Wash

Oil Change & Filter up to 5 Qts. of synthetic blend oil (full synthetic extra) • Fluid Check & Fill • Courtesy Check Includes: Tire & Suspension, Inspection, Battery Alternator, Starter & Braking System • Not Valid w/any Other Offer • Exp. 12/31/22

faith

Peace Light Of Bethlehem Arrives in Cedar City

by May Hunter

FOR IRON COUNTY TODAY

“The Light of Friendship & Peace” was first introduced to the United States in the year 2000 and the sharing of the special Light has steadily grown each year in America. This year it began its special journey once again from Bethlehem and arriving at the JFK International Airport on December 4th. This year the Peace Light is also being dedicated to Peace in Ukraine.

The Peace Light from Bethlehem campaign was originally organized in 1986 and the Peace Light has never been extinguished since. It is symbolic of the Light of Christ, is meant to promote peace, harmony and unity among the people of the world.

To celebrate and share the Peace Light in Cedar City, an open house was held on Sunday, December 18, 2022, at the Park Place Eatery. Individuals were invited to bring their own lantern or protected candle to transport the flame back to their homes.

For information on the Peace Light go to www.peacelightnorthamerica.org for questions about the Peace Light, contact Dave & Sheryl Admire at 435-267-2610.



(Top Left) Dave and Sheryl Admire have been instrumental in keeping the flame alive and sharing the light shining bright within our community during the holiday seasons.



PHOTOS BY MAY HUNTER

Circle Of Glory

by Kathleen Brown

*Before the King of the Jews was born,
before the foundation of earth was framed,
Yahweh knew that man would fall,
and He had a mystery, foreordained.*

*Neither the angels of Heaven knew,
nor had the regions of darkness heard,
when a council meeting in Heaven was held,
between Father, Spirit and Eternal Word.*

*Thus spoke one called the Ancient of Days:
“In the volume of the Book it is written of me:
‘Lo, I come to the earth to do Thy will,’
the fallen ones, Father, I will go and redeem.”*

*A Lamb without spot, there He offered Himself
through the Spirit to Yahweh and became—
—before the foundation of the world,
the mystery of Yahweh: a lamb slain.*

*The angels of Heaven shouted for joy
on the day that the earth by Him was framed;
they sang as He scattered morning stars,
set each one’s course, and each one named.*

*Then before all regions of darkness and light,
from the dust of the earth He made a man.
They watched in awe as man was crowned
and covered with glory by Yahweh’s hand.*

*Not the highest of angels was called upon
to set the crown which Yahweh placed;
the Greater crowned the lesser,
and with Yahweh’s glory man was graced.*

*Yet from that glory man would fall,
and by his fall, all men were lost.
Lost to the one who long before,
the perfect will of Yahweh crossed.*

*But at the appointed time there came
in eastern skies a star ablaze . . .
to herald the birth of the One we call
Y’shua, Salvation, the Ancient of Days.*

*The brilliance of Yahweh in a veil of flesh
without which upon Him no eyes could have rest.
Demands of divine justice he came to meet...
the Creator of man in incarnation’s seat.*

*And on a cross, crossed wills were met
when the Lamb of Yahweh overthrew
man’s sentence of eternal death
and God’s blood spilled to ransom you.*

faith

Twelve is a wonderful number (Part 12)

by Edy Meredith

FOR IRON COUNTY TODAY

There are 170 uses of the number twelve (12) in the New King James Version of the Bible: 122 times in the Old Testament and 48 times in the New Testament. Although twelve appears 170 times, the number seven (7) appears 603 times as seven (7) is the number of completion or perfection as God completed His work and rested on the seventh day called the Sabbath.

Concerning twelve, there are more than 45 categories of objects and activities that use the number 12 in the Bible with the word “apostles” used the most times (38 times). An apostle in its literal sense is an emissary, literally “one who is sent off” and in translation the word messenger can also be used, including ambassador and envoy.

Think of the significance of the number twelve (12) in the Bible where twelve is a prophetic number, the number of a perfect government, and one of the numbers God uses to show His perfection. God is not just a King, but He is King of Kings, and not just Lord but Lord of Lords. In Revelation 19:16, “And He hath on His robe and on His thigh a name written, King of Kings and Lord of Lords.” Twelve demonstrates that God is in control. In Matthew 26:53, Jesus says during the

time that the chief priests, scribes, and other elders plotted to kill Him: “...do you think that I cannot now pray to My Father, and He will provide Me with more than twelve legions of angels?” A legion was a unit to 3,000-6,000 men in the Roman army or a vast host, multitude, or large number.

If you have never thought about numbers in the Bible, please think about them now as I list some of the many uses of number 12 in the Bible and in the created Universe:

Jacob had twelve sons and Israel has twelve tribes, one born of a man Jacob, and the other Israel the nation is born of God. Jesus had 12 disciples and set up the church with 12 teachable men who dropped their careers and families to follow Him. The new Jerusalem has 12 gates and 12 foundations with twelve pearls. The first recorded words of Jesus were at the age of 12. There were 12 baskets of food left over when Jesus fed the 5,000. There were 12 spies sent out by Moses in the Book of Numbers. Elijah built an altar of 12 stones when he called fire down from Heaven In 1 Kings 18. In Revelation 22 we are told that the tree of life will bear 12 fruits.

Even in current day culture, the number twelve occurs repeatedly. There are 12 months in a year reflecting the natural cycle of the seasons and the planetary cycles in our portion of

the Universe as determined by Julius Caesar’s astronomers’ observations of the skies around 100 B.C. before the Christian Era showing 12 major constellations in the heavenlies. There are 12 inches in a foot. We buy eggs in quantities of dozens (12). In English twelve is the largest number that has just one syllable. There are 2 pairs of 12 ribs in the human body.

Besides the number 12, multiples of 12 occur in the Universe. While some people like to say that the frequent occurrence of the number twelve in our modern day is just a remnant from the Western world’s Judeo-Christian history, the number 12 is ubiquitous with even the hands of the clock showing from 1 through 12.

Science and Nature reflect the glorious Creation of God and His true perfection shown in the number 12 and multiples of 12. As early as 1500 B.C. the ancient Egyptians developed a sundial calibrated to divide the interval between sunrise and sunset into 12 parts. Perhaps the number twelve in nature reflects that the God and Creator of the Universe is telling humans to look up. He is coming again.

The Bible answers many questions. Please continue to study the Bible as this series on Bible prophecy ends with Part 12, praising God with the heavenly host: “Glory to God in the highest, And on earth peace, goodwill toward all”

“HIS HAND IN MINE”

“These poems capture who I am. They are written with a prayerful hand, and are inspired from above. It is my hope that all who read them will be edified, find comfort, and feel God’s love.”

— L. Brent Jones

Merry Christmas

by L. Brent Jones

*With all the tumult in this world,
We need the Christmas Star,
To guide us to our Savior’s love,
So near, but yet so far.*

*Like all the wise men of the past,
We search to find His grace,
Through the glory of His miracles,
And the comfort of His face.*

*For trials come to all of us,
But we are not alone.
He waits for us with outstretched arms,
For our pains He has atoned.*

*Each year we travel different roads,
With hazards to overcome.
Sometimes, weary from the journey,
We need to see where we came from.*

*Then thank God for the things we have,
And keep Him in our hearts,
And Look to Him to guide our paths,
When difficulty starts.*

*He came to us that Christmas Day,
To save us from the world,
And give to us eternal hope,
With this banner He’s unfurled.*

*“Peace on Earth and joy to all.”
It waves for all to see.
But we must learn to follow Him,
To claim our destiny.*

*So tonight, when you look into the sky,
Search for that Christmas Star.
And find the peace Savior brings,
No matter where you are.*

*For Christmastime is a time for love,
And giving from the heart.
When all the world can look to Him,
With a brand new year to start.*

*To our neighbors and our many friends,
We share this wish with you.
To find new hope at this Christmastime,
And have a happy new year, too.*

In Jesus Name (Katy Nichole)

I don’t know what kind of year you’ve had or what kind of miracle you need today, but God does. I don’t know what hurts you need healed, but God does. I don’t know what misunderstandings or doubts you need to be delivered from, but God does (Deuteronomy 31:8).

I pray that you will remember and come to know that He is still the God of possible and that the wind and waves still know His name and obey Him (Matthew 8:27). If you are struggling now, even broken down, then may I pray for you that 2023 is your year to break through.

I pray your circumstances will change for the better (Romans 8:28), that your fear will flee (Isaiah 41:10) and you will be still and still know (Psalm 46:10) who and Whose you are! Believe it, receive and don’t give up on yourself and don’t give up on Him. God is still God and you are still His beloved child.

And I declare with all my heart that His miracles have not ceased! Neither has His love for you (Psalm 136). Be patient in afflictions (Romans 12:12).

Trust that He is not deaf and will defend you to the end (2 Kings 6:15-17).

That’s why for the last two years, I’ve been using these lyrics to help light and lead as many hearts as possible to the One who promises peace, strength and healing. Two years before that, I shared the lessons I learned while visiting with God on His porch—a



place where pleading and perseverance ultimately lead to provision and providence. Simple metaphors, yes, but accompanied by powerful promises.

Regardless, everything I strive to write about is and has been about relationship more than religion. Because no matter who and what you believe in, or how and where you worship, the goal of every commandment, principle,

ordinance and covenant is not about just checking boxes, but becoming closer to each other and more like your God and Savior (1 Peter 2:21, 1 John 2:6, Matthew 11:29, Luke 6:46).

Thus, each column is a call to action. Not to preach but reach out and remind you that you are not alone and encourage you to keep going no matter what opponents and opposition you face. It’s to help you come unto Christ and live (Matthew 11:28-30). We’ve left the protection of the Porch (it doesn’t mean we can’t go back and visit often, even daily!) and now we have acquired an inspiring Playlist, a soundtrack of strength when we feel weak. Now where will we travel in

2023? First, I’ll write a recap next week of all the songs I’ve written about in 2022 and then it’s time to shift gears, literally. Stay tuned!

And I hope you listen to this testimonial tune (and the others) and feel the love the Lord has for you. I hope you feel His encouragement for your every discouragement no matter what, in Jesus name.

Falcons need OT, earn win over Rams

CV DEFEATS JUAB TO COMPLETE WEEK

by Tom Zulewski

IRON COUNTY TODAY

For the second time in the early season, the Canyon View Falcons needed to work overtime. Facing a serious challenge from the Parowan Rams, the second bit of extra effort went a lot better than the first as the Falcons ended up in the win column.

Chad Hartmann scored 26 points and fellow senior Andrew Barnes added 21, including four key free throws with the game on the line, as the Falcons held on for a well-earned 74-71 overtime win over the Rams on Dec. 13 to improve to 5-2 overall. CV led through most of the first three quarters, but head coach Kim Blackner knew the Rams were clearly tough.

"They were a handful tonight with their two bigs, and their guards shot the ball well," Blackner said of the Rams. "I love the way our team responded in the critical moments. They executed out of timeouts and we had one more defensive stop than they did."

Brock Felder proved to be the biggest challenge to the Canyon View defense. The senior scored a career-high 30 points, including a key putback of a missed 3-pointer that just beat the buzzer and sent the game to overtime tied at 59-59.

There were four lead changes in the extra period, including a 3-point play converted by Barnes that put the Falcons up 66-65 with 2:25 left. Felder – who scored 9 of Parowan's 12 points in overtime, countered with a layup on the Rams' next possession, but Hartmann followed with a layup of his own, and CV would hold on the rest of the way.

"All of the guys stepped up. I'm happy we got this win," Hartmann said. "We knew we had to play our best four minutes in the overtime."

Waylon Robinson added 18 points with five 3-pointers for Parowan (3-2) in the team's only game of the week, and Cash Mortensen helped



Canyon View

74



Parowan

71

Parowan	9	20	14	16	12	71
Cyn. View	15	21	9	14	15	74

Parowan – Robinson 18, Mortensen 14, Townsend 3, Millett 6, Felder 30. Totals 28 7-12 71. 3-pointers – Robinson 5, Mortensen 1, Townsend 1, Felder 1.

Canyon View – Malcom 2, Ellet 5, Farrow 6, Whittaker 1, Miles 6, Barnes 21, Topham 1, Jacobsen 4, Hartmann 26, Ludlow 2. Totals 24 19-25 74. 3-pointers – Ellett 1, Farrow 2, Miles 2, Hartmann 2.



"I love the way our team responded in the critical moments. They executed out of timeouts and we had one more defensive stop than they did."

Kim Blackner, CV head coach

out with 14. The Rams traveled to play at Juab on Tuesday in a game that was too late for press deadline.

Canyon View completed its week with a 61-52 victory over the Juab Wasps on Dec. 16 and improved to 6-2 on the season. Despite being outscored 22-7 in the second quarter, the Falcons held Juab to 7 points in the third and rallied for the win.

Hartmann led the way for CV with 17 points and Myles Topham chipped in with 14. The Falcons traveled across town to play at Cedar on Tuesday in a game that was too late for press deadline.

Chad Hartmann eludes his Wasps defender on the way to score for the Falcons.

CV's Myles Topham flies high for the Falcons in their win over the Juab Wasps last Friday.

Reds outlast Dons in OT thriller

by Tom Zulewski

IRON COUNTY TODAY

Stockton Albrecht had a week no one would wish on anyone. A bad allergic reaction forced him to the sidelines in one game, and the Cedar senior was later diagnosed with complete hearing loss in one ear. He responded to the adversity with a clutch effort on the home floor that helped the Reds salvage a win at the Coach Walker Classic.

Albrecht scored 21 points, including a pair of key free throws in the final minute of regulation, and Cedar rallied from a double-digit first-half deficit to beat the Spanish Fork Dons, 80-75 in overtime Dec. 17 to break a two-game slide. Cedar evened their record at 4-4 on the season.

"It was fun. Defense got us back into this one," Albrecht said. "We got stops, kids stepped up, hit some shots, made some big free throws.

"The coaches joked that they may need to learn sign language for me, but it's still fun. We play as a team. Players step up when others can't."

Including the play of Albrecht, all five starters scored in double figures for the Reds, who pulled into a 67-67 tie at the end of regulation and didn't take a lead for the first time until the overtime period. Things got dicey late when Ty Bronson was whistled for a technical foul between two free throws. Since it was counted as his fifth foul, it forced Kanden Coronado to step in for the second attempt, which was missed. With the Cedar lead only at three, Nate Rogers (11 points) hit two free throws in the final minute to finish off the win.

"We just didn't stop," Cedar head coach Tyler Monks said. "They hit seven threes in the first half that were comfortable. We didn't rotate over well enough. In the second half, we said 'guys, we gotta make them take tough twos and stay on shooters.'"

The Reds were able to deliver seven straight defensive stops at one point in the second half. Monks said Albrecht's effort was a perfect example of how much experience made a difference.

"He's a leader," Monks said. "To battle through the way he has this week has been tremendous. It's a kid like that who's invaluable to your team, gets guys going in practice, makes the right play, and is always positive. You don't always have kids

Cedar's Landon Kreitzer crashes the boards and shot long range to help keep the Reds hot to the very end.



COREY BAUMGARTNER



Cedar

80



Spanish Fork

75

Sp. Fork	15	15	16	21	8	-	75
Cedar	9	14	16	28	13	-	80

Spanish Fork – Solorzano 18, Whittaker 6, Healey 10, Leatherwood 6, Lees 15, Johnson 3, Beckstead 5, Dunn 12. Totals 26 10-21 75. 3-pointers – Solorzano 2, Whittaker 2, Healey 3, Leatherwood 2, Lees 4

Cedar – Rogers 11, S. Albrecht 21, Garrett 10, Bronson 16, Kreitzer 15, E. Albrecht 5, Coronado 2. Totals 26 19-24 80. 3-pointers – Rogers 1, S. Albrecht 2, Bronson 3, Kreitzer 2, E. Albrecht 1.

"It was fun. Defense got us back into this one. We got stops, kids stepped up, hit some shots, made some big free throws."

Stockton Albrecht

like that."

Cedar's other games of the week were played at Crimson Cliffs, and both came out as close losses. The Reds opened the Classic on Dec. 15 with a 65-60 loss to Manti as the Templars scored 26 points in the fourth quarter to hold on for the win.

Rogers led Cedar with 20 points in the loss.

In Game 2 at the Classic, Landon

Kreitzer led the way with 20 points, but Cedar dropped a 70-61 decision to the Bountiful Redhawks on Dec. 16. The Reds led by three after the opening quarter, but the Redhawks got 15 points from Tanner Crane and four 3-pointers from Charlie Smith to secure the victory.

Cedar played host to Canyon View on Tuesday in the last game before the Christmas break. It was too late for press deadline.

Ram girls get past Bobcats, win two

by Tom Zulewski

IRON COUNTY TODAY

In a back-and-forth battle throughout, the Parowan girls basketball team came through with a fourth-quarter surge that secured a 64-57 win over the Panguitch Bobcats on Dec. 13, the first of its two victories from last week. Brooklyn Hulet led four Rams players in double figures with 22 points, and Parowan led by only two after three quarters before pulling away to the win.

Hulet added 20 points on Dec. 15 as the Rams used a big second-quarter effort to grab control and post a 54-36 win over the Duchesne Eagles at home. Bella Johnson and Aspen Jense added 12 points each as Parowan improved to 5-3 overall on the season.

The Rams will return to play for the first of three games at the Steve Hodson Cancer Classic when they take on Spanish Fork on Dec. 28 starting at 11:30 a.m. at the Canyon View gym.

Cedar girls drop three on road

by Tom Zulewski

IRON COUNTY TODAY

Annalyse Shimada led all scorers with 22 points, but the Cedar Reds didn't have enough left to get past the Cedar Valley Aviators in a 48-44 road loss Dec. 17. Only four players scored for Cedar as they fell to 0-7 on the season.

In the first game of a three-game trip, Cedar dropped a 51-31 decision at Highland on Dec. 15. Shimada led the Reds with 10 points, and they didn't reach double figures until the fourth quarter. The host Rams led 31-13 at the half.

The road trip continued Dec. 16 as Timpview beat Cedar, 54-23. The Reds scored only 11 points in the first three quarters as the Thunderbirds cruised to the win.

Shimada led Cedar with 15 points in the loss.

Cedar played host to Canyon View on Tuesday in their last game before the holiday break, but it was too late for press deadline.

Falcon girls rally for two wins in Richfield

by Tom Zulewski

IRON COUNTY TODAY

Through the entire second quarter of its game at the 2A/3A Preview on Dec. 16, the Falcons found the basket seemingly under lock and key. Every shot they tried didn't roll in the hoop. When Jayda Gleave went to work, her CV teammates came along for the ride and rallied to earn a big victory.

Gleave hit five 3-pointers in the third quarter, and Canyon View overcame a scoreless second quarter by wiping out a 14-point halftime

deficit and beating the Millard Eagles, 49-44 at the Sevier Valley Center. Gleave and Maya Nichols finished with 16 points each to lead the way.

"I had a senior who decided we weren't going to lose," CV head coach Jaycee Barnhurst said of Gleave. "Tough defense sealed the deal, and we matured a lot today."

The Falcons wiped out all of the halftime deficit by the end of the third quarter, outscoring the Eagles 23-9 in the period to tie the game at 34-34. From there, CV seized control and held on for the victory.

On Dec. 17, Canyon View had to

deal with another double-digit deficit at halftime and rallied to win. After falling behind by 11 at the half, CV went on a 33-12 tear in the second half and beat the Juab Wasps, 46-36, to improve to 5-3 on the season.

It was a bit of revenge for the Falcons, who lost to the Wasps in Nephi, 41-33, on Dec. 1.

"We came out in the second half ready for revenge. They weren't going to lose to them again," Barnhurst said. "It was a complete team effort."

Nichols paced Canyon View in the win with 16 points and Maylee Spencer added 12. CV cut the Juab

lead to 30-28 after three quarters and started the fourth with a 12-1 run to pull away.

The Falcons started the week with a 46-43 home win over the Crimson Cliffs Mustangs on Dec. 14. Gleave and Brooke Davie led the way for CV with 11 points as they built a 30-18 lead at halftime before holding on in the fourth quarter. Crimson Cliffs (1-4) held Canyon View to just four points in the third, but couldn't complete the comeback attempt.

CV traveled across town to play the Cedar Reds on Tuesday in a game that was too late for press deadline.

Butler's block party, 1200-Point Club entry leads 'Birds over 'Jacks

by Jason Marsteller

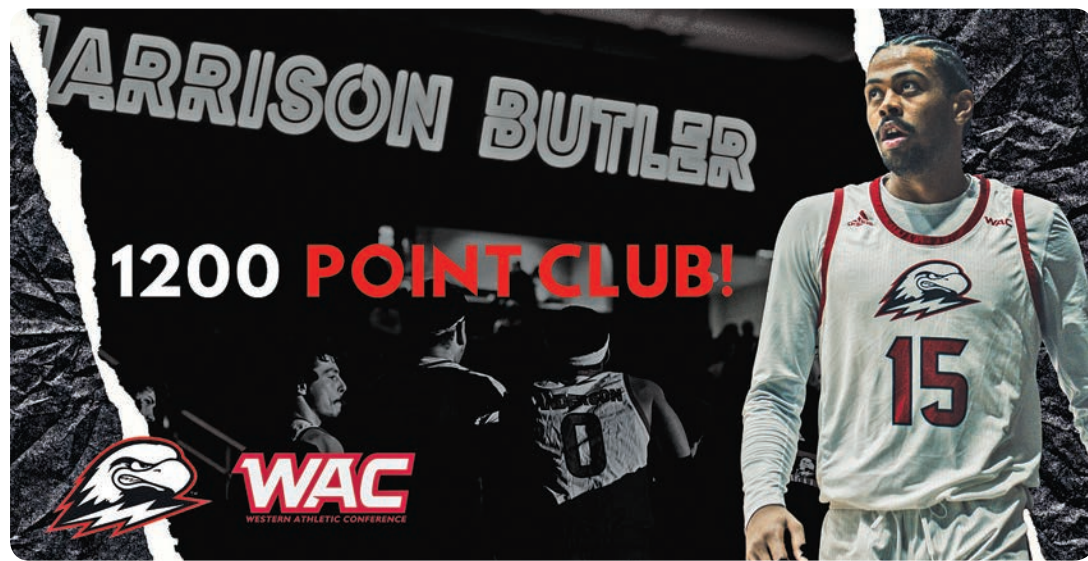
SUU ATHLETICS STRATEGIC COMMUNICATION

CEDAR CITY — Senior guard Harrison Butler's historic performance led the way in a thrilling victory as the Southern Utah men's basketball team outlasted former Big Sky conference foe Northern Arizona, 106-101, in overtime on Saturday, Dec. 17 at the America First Event Center. The exciting game featured 19 lead changes and 14 ties.

Senior guard Harrison Butler became just the 10th member of the 1200-point club in

nearly notched a double-double with nine rebounds, while Spurgin (6) and Allen (5) each also had a strong night on the glass. Jones led the 'Birds defensively with five steals, while Butler led with four key blocks.

SUU's aggressive offense proved to be enough to win the contest as the 'Birds show 82.4 percent from the charity stripe thanks to a 42-51 performance. The 42 made free throws are among the top five performances of all time for SUU. The team made 54 against Bethesda on Nov. 18, 2016, while also connecting on 44 free throws against Weber State on Dec. 14, 1991.



Thunderbird history with his career-high 23 points against Northern Arizona for 1,221 career points. The effort pushed Butler ahead of Davis Baker (1,205 points, 2007-10).

Senior forward Maizen Fausett tacked on seven points to increase his seventh-ranked career tally to 1,231 points, while senior guard Tevian Jones' season-high 31 points moved him to a total of 1,038 points in an SUU uniform. Overall, Jones has scored 1,136 career points thanks to his time in Illinois.

Senior guard Drake Allen joined Jones (31) and Butler (23) in clearing 20 points with a career-high 22 points against NAU, while junior center Jason Spurgin also broke into double-figures with 11 points. Butler

That's the fifth consecutive victory against the Lumberjacks, a streak that began with an 85-80 victory in Cedar City on Feb. 23, 2021. One more win against NAU will match SUU's series-record six wins in a row from Feb. 27, 2016, to Jan. 12, 2019.

Southern Utah heads back out on the road with a road trip to Boulder, Colo. to take on the Colorado Buffaloes on Wednesday, Dec. 21 at 5 p.m. MT.

Stay up to date during the 2022-23 SUU Men's Basketball season by following @SUUBasketball on Twitter and Instagram and by liking the Southern Utah Basketball page on Facebook.

PREP SCOREBOARD

SCORES

Region 10 Boys Basketball

12/15 Manti 65, Cedar 60
Logan 57, Snow Canyon 50
Dixie 71, Maple Mountain 69
Desert Hills 65, Green Cyn. 49
Crimson Cliffs 68, Riverton 64, OT
Pine View 68, Spanish Fork 52

12/16 Bountiful 70, Cedar 61
Snow Cyn. 62, Green Canyon 57
Dixie 65, Logan 53
Dixie 49, Riverton 40
Crimson Cliffs 66, Spanish Fork 56
Desert Hills 66, Maple Mtn. 51
Manti 66, Pine View 51

12/17 Cedar 80, Spanish Fork 75, OT
Desert Hills 67, Manti 58
Logan 72, Pine View 60
Dixie 72, Green Canyon 55
Crimson Cliffs 80, Maple Mtn. 50

Region 12 Boys Basketball

12/13 Canyon View 74, Parowan 71, OT
12/14 Emery 65, North Sanpete 57
Richfield 51, Delta 42
San Juan 88, Grand 80

12/15 Uintah 60, Carbon 43
12/16 Canyon View 61, Juab 52
Richfield 64, Millard 59
Morgan 80, Grand 39
12/17 Emery 65, Uintah 58
Summit Academy 75, Grand 38

Region 19 Boys Basketball

12/13 Canyon View 74, Parowan 71, OT
Kanab 62, Bryce Valley 42
12/14 San Juan 88, Grand 80
South Sevier 61, Gunnison 35
12/15 South Sevier 83, Duchesne 65
12/16 Piute 58, Kanab 56
Enterprise 57, Duchesne 36
North Summit 47, Beaver 44
12/17 Duchesne 69, Beaver 48
Enterprise 72, North Summit 54

Region 10 Girls Basketball

12/14 Cyn. View 46, Crimson Cliffs 43
12/15 Highland 51, Cedar 31
12/16 Timpview 54, Cedar 23
Dixie 42, Moapa Valley 32
Snow Canyon 66, Spanish Fork 47
12/17 Cedar Valley 48, Cedar 44
Orem 45, Snow Canyon 43

Region 12 Girls Basketball

12/13 Carbon 60, North Sanpete 32
Beaver 51, Richfield 50
12/14 Cyn. View 46, Crimson Cliffs 43
12/15 Emery 58, North Sanpete 42
Richfield 63, Union 21

12/16 Canyon View 49, Millard 44
Carbon 57, Ogden 22
Richfield 61, Layton Christ. 50, OT
12/17 Canyon View 46, Juab 36
Carbon 55, Layton Christian 49
Richfield 65, Ogden 37

Region 19 Girls Basketball

12/13 Parowan 64, Panguitch 57
Beaver 51, Richfield 50
Millard 44, Enterprise 38
Monument Valley 71, San Juan 52
12/15 Parowan 54, Duchesne 36
12/16 Beaver 50, Union 24
Kanab 57, North Summit 33
North Sevier 50, Enterprise 28
South Sevier 50, Duchesne 48
12/17 Beaver 50, North Summit 30
Duchesne 50, Enterprise 27
South Sevier 52, Juan Diego 45
Kanab 49, North Sevier 43
San Juan 46, Bayfield (CO) 34

STANDINGS

Region 10 Boys Basketball

	REGION	OVERALL
Dixie (2)	0-0	9-2
Snow Canyon (6)	0-0	6-2
Crimson Cliffs (8)	0-0	6-3
Desert Hills (3)	0-0	5-3
Cedar (10)	0-0	4-4
Hurricane (12)	0-0	2-4
Pine View (14)	0-0	1-7

Region 12 Boys Basketball

	REGION	OVERALL
Emery (3)	0-0	7-1
Richfield (5)	0-0	6-2
Canyon View (6)	0-0	6-2
Carbon (11)	0-0	4-5
Grand (18)	0-0	2-6

Region 19 Boys Basketball

	REGION	OVERALL
Kanab (3)	0-0	7-1
Enterprise (4)	0-0	4-1
South Sevier (1)	0-0	6-2
Parowan (5)	0-0	3-2
San Juan (6)	0-0	3-4
Beaver (21)	0-0	1-6

Region 10 Girls Basketball

	REGION	OVERALL
Snow Canyon (5)	0-0	5-4
Dixie (4)	0-0	3-3
Desert Hills (8)	0-0	3-3
Pine View (10)	0-0	3-5
Crimson Cliffs (11)	0-0	1-4
Hurricane (9)	0-0	1-6
Cedar (12)	0-0	0-7

Region 12 Girls Basketball

	REGION	OVERALL
Richfield (3)	0-0	8-2
Carbon (5)	0-0	8-3
Emery (10)	0-0	6-3
Canyon View (6)	0-0	5-3

Region 19 Girls Basketball

	REGION	OVERALL
Kanab (1)	0-0	10-0
Beaver (2)	0-0	7-1
South Sevier (3)	0-0	5-1
Parowan (7)	0-0	5-3
San Juan (13)	0-0	3-3
Enterprise (11)	0-0	3-8

Doug Knuth named SUU Athletic Director

by Nikki Koontz

SUU MARKETING COMMUNICATION

CEDAR CITY — After an extensive national search, Southern Utah University would like to welcome Doug Knuth as its next Athletic Director. Knuth will begin his appointment at SUU in January.

"Doug has extensive experience as a leader in intercollegiate athletics," said SUU President Mindy Benson. "His focus on students and his coaching team is clear from the educational and professional opportunities he provides through his leadership and the accolades they have received. Doug has the drive to lead and grow Thunderbird Athletics while supporting the student-athletes, coaches and staff."

Knuth has nearly 30 years of intercollegiate athletics experience, including nine years as a Division I director of athletics, and two decades of successful fundraising with a focus on long-term growth. He comes from the University of Nevada where he served as the director of athletics managing 400 student-athletes, 16 athletic programs, and 150 staff and coaches.

"I am grateful to President Benson for the opportunity to join her team at Southern Utah University to support the university mission and work with loyal alumni and the Cedar City community to support our talented student athletes and coaches," said Knuth. "I also want to thank Vice President Marvin Dodge and the search committee for their great work throughout the search process. This is a special time at SUU and I can't wait to get started."

Prior to his time at the University of Nevada, Knuth served as the senior associate athletic director for the University of Utah. During his time there he successfully led a team to launch a comprehensive athletics campaign and doubled the Utes' annual fund in five years. Knuth also took a leadership role in the strategic planning process of Utah's \$1.2 billion university capital campaign.



PHOTOS COURTESY SUU ATHLETICS

Knuth also served as the assistant athletics director for development at Michigan State for five years and was responsible for the annual giving program. He managed major gifts associated with the expansion of Spartan Stadium through suite and club seats sales. Knuth holds a master's degree in business administration from Northwood University, a master's degree in sport administration and facility management from Ohio University, and a bachelor's degree in business administration from the University of Connecticut.

"Doug will be an amazing addition to the Thunderbird family," said Marvin Dodge, vice president for finance and administration and search committee chair. "His calm demeanor and steady drive toward excellence will move SUU's athletic programs and facilities forward in remarkable ways. SUU's search committee, with representatives from across campus and the community, was impressed with the number of exceptional candidates from across the country who sought out the opportunity to serve as our athletic director. It was obvious to the committee that Doug's extensive experience in athletics, working with students, coaches, and staff, and his love of working with community members will ensure success at all levels."

Southern Utah Athletics is home to 15 NCAA Division I athletic teams and is a proud member of the Western Athletic Conference. During SUU's first year in the WAC, the men's basketball team had the best record in the state of Utah, track and field had nine student-athletes qualify for the NCAA Regionals, the men's cross country team finished second in the WAC Championship, the Flippin Birds gymnastic team went to Regionals for the 9th year in a row, and the volleyball team made the WAC Tournament.

Keep up with the Thunderbirds by following @SUUThunderbirds on Twitter, Instagram and Facebook.

Lord's career night powers Thunderbirds past Eagles

by Seth Whitehouse

SUU ATHLETIC COMMUNICATIONS

CEDAR CITY — A career-high 30-point double-double from Alexa Lord and a dominant second half lifted the Southern Utah University women's basketball team over the La Sierra Eagles 77-44, Saturday evening in the America First Event center. The win improves the Thunderbirds to 4-6 this season.

"It was a great win," said SUU head

"It was a great win. Alexa played a great game, and it was so much fun to watch."

Tracy Sanders, SUU head coach

coach Tracy Sanders." Alexa played a great game, and it was so much fun to watch. I was a little disappointed with how we started the game. We gave up a lot of points in the first quarter, but I thought we buckled down and played very well in the last three quarters. I'm

proud of this group, and I think there's some great stuff we can take away from this game. We will celebrate this win and then start to move on to next week against Utah.

In the first double-double of her career, Lord shot 11-17 from the floor

with ten rebounds and three assists. Megan Jensen added a massive double-double scoring 13 points and ten rebounds. Samantha Johnston and Daylani Ballena chipped in offensively as Johnston finished with nine points and four assists, and Ballena racked up eight points. Lizzy Williamson also finished with a game-high three blocks.

The Thunderbirds controlled several areas of the game, outshooting the

see **LORD** » 26

Meet the new region, same as the old

The Utah High School Activities Association has completed the next two-year realignment for our state's athletic programs. While no one from the neighborhood is making any strange moves, a familiar region name will return to our sports consciousness next fall.

Cedar is still joined together with the six Washington County high schools – Crimson Cliffs, Desert Hills, Dixie, Hurricane, Pine View and Snow Canyon, and all will be part of the new Region 9. Instead of the current iteration of two regions (10 and 11) with 13 schools, the 4A ranks will double to 26 schools inside four regions, numbered from 8 to 11.

Many of the schools coming into the new 4A are from Utah County (Region 8) along with portions of Salt Lake and Tooele counties (Region 10). As they stand now, the Cache County schools will stay as Region 11 for the next two school years.

Canyon View will stay as they are for the new realignment in 3A South for football and Region 12 for all the other sports. While CV has some of the highest enrollment among the 3A schools, there has been more success that justifies the case for staying where they are.

The football team did historic things this past season, winning eight games for the first time in the school's 26-year history. It ended with a semifinal loss to the Juab Wasps, but to hear head coach Burke Miller tell it afterwards, the

team is just getting warmed up for more in 2023 and beyond.

Girls soccer under Steve Newman has had back-to-back successful years, but fallen short of the ultimate prize. Baseball won 18 games last season and nearly outlasted eventual champion Juan Diego before falling in a 22-21 slugfest on May 7.

RANDOM thoughts

Tom Zulewski
IRON COUNTY TODAY



Parowan will stay in 1A South for football and a newly-formed 2A Region 18 in all other sports. Among the surprises of the new realignment, the Beaver Beavers will be stepping out of

“The girls are trying to give me gray hair”

Jaycee Barnhurst, CV girls basketball coach

the 2A football ranks next August and joining the Rams, Kanab, Enterprise and Milford for a five-school 1A South.

For more details and the exact placement of where our schools will be playing next fall, the list is available at uhsaa.org.

CV girls basketball coach Jaycee Barnhurst graduated

from the school in 2014. In her sixth season leading the team, Barnhurst had a wild weekend that may have given her a greater appreciation for all the ways a team can win games.

Nowhere was it more evident than at the 2A/3A Preview played Friday and Saturday at Sevier Valley Center in Richfield. In the opening game against Millard on Dec. 16, the Falcons didn't score a point in the second quarter and fell behind by 14 at halftime.

Not only did the Falcons wipe out the deficit by the end of the third quarter, they finished the job in the fourth and beat the Eagles.

Game 2 against the Juab Wasps had a similar feel. CV managed to score just two points in the second quarter and fell behind by 11 at the half. They were able to cut the deficit to two after three quarters, and a 12-1 run in the fourth made the difference in a 46-36 win, its third straight heading to a rivalry showdown that was played at struggling Cedar on Tuesday.

“The girls are trying to give me gray hair,” Barnhurst said after the win.

Welcome to the coaching world, where some stress comes with the territory and winning provides relief no aspirin can touch.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

LORD

« CONTINUED FROM PAGE 25

Eagles from the field 42.3 percent to 28 percent while continuing to dominate the boards, racking up 48 total rebounds to La Sierra's 29. Southern Utah also commanded the paint, scoring 36 points compared to the Eagles' 10.

Lord remained the hot hand in the final quarter, getting to the rim at will, and scoring eight of her 13 total fourth-quarter points in the paint, helping the Thunderbirds cruise to a 77-44 victory.

Southern Utah will now hit the road for another difficult non-conference test as they will face off against the No. 13 ranked Utah Utes on Dec. 22 at the Huntsman Center in Salt Lake City. Tip-off is set for 5 P.M. MT.

For all the latest on Southern Utah women's basketball, follow @SUUWBasketball on Twitter and Instagram and like the Southern Utah Women's Basketball Facebook page.

TOM'S SPORTS TRIVIA

As Christmas closes in, it's time to salute the most magical day of the basketball fan's year – a full complement of five NBA games being played on the holiday. Always defend the 3-pointer and please remember...no wagering!

1. One more NBA team will be playing for the first time on Christmas in 2022. Which team will be facing the defending champion Golden State Warriors in a rematch of last season's second-round playoff series?
A. Minnesota Timberwolves
B. Memphis Grizzlies
C. Miami Heat
D. Brooklyn Nets

2. Three of these four NBA teams have gone the longest since last playing on Christmas Day. Which one does NOT belong on the list?
A. Sacramento Kings
B. Indiana Pacers
C. Detroit Pistons
D. Charlotte Hornets

3. For the first NBA game on Christmas Day 2022, which pair of teams will be facing each other for the 13th time on the holiday, more than any other?
A. Celtics-Knicks
B. Lakers-Suns
C. 76ers-Knicks
D. 76ers-Wizards

4. The first NBA Christmas Day game ever televised came in 1967 when the San Diego Rockets beat the Los Angeles Lakers. Where are the Rockets located now?
A. Houston
B. San Antonio
C. Dallas
D. New Orleans

5. Which NBA team is the only one still seeking its first win in a Christmas Day game?
A. Denver Nuggets
B. Toronto Raptors
C. Dallas Mavericks
D. San Antonio Spurs

6. The Utah Jazz beat the Dallas Mavericks on Christmas Day in 2021. How many wins do the Jazz have on the holiday?
A. 3
B. 4

C. 5
D. 6

7. In what year did Shaquille O'Neal and Kobe Bryant face off for the first time on Christmas Day as opponents instead of teammates?
A. 2004
B. 2005
C. 2006
D. 2007

8. In 2021, who became the NBA's all-time leading scorer in Christmas Day games?
A. Steph Curry
B. LeBron James
C. Dirk Nowitzki
D. Giannis Antetokounmpo

9. Because of a lockout, in what year did Christmas Day also serve as the NBA regular-season opener?
A. 2009
B. 2010
C. 2011
D. 2012

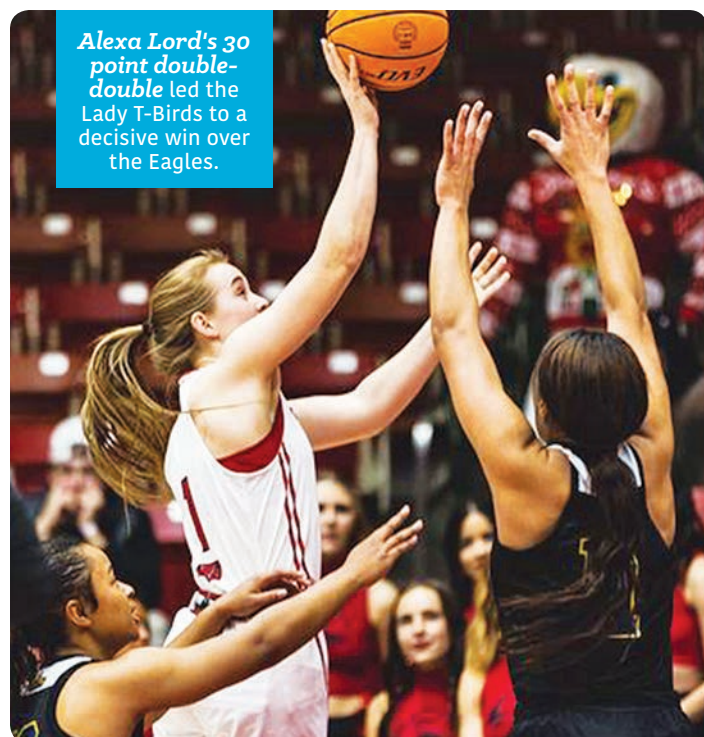
10. Among these names, who is the only one to have both played and coached in an NBA game on Christmas Day?
A. Phil Jackson
B. Nick Nurse
C. Tom Thibodeaux
D. Mike Brown

11. When was the last year an NBA Finals rematch was featured on Christmas Day?
A. 2017
B. 2018
C. 2019
D. 2020

12. The Toronto Raptors hosted the first Christmas Day game outside the United States in 2019. Who was the opponent?
A. Philadelphia 76ers
B. Milwaukee Bucks
C. Boston Celtics
D. New York Knicks

LAST WEEK'S ANSWERS

1. C: Bahamas
2. B: Wasabi. While it may seem like it's all about the condiment, this Wasabi is a technology company.
3. A: New Mexico
4. B: Fresno State
5. D: Dallas
6. D: AutoZone
7. C: Tony the Tiger
8. A: Allstate
9. B: SoFi Stadium
10. D: Lockheed Martin
11. A: Yankee Stadium
12. B: Cotton Bowl



Alexa Lord's 30 point double-double led the Lady T-Birds to a decisive win over the Eagles.

SUU ATHLETICS

classifieds

YOUR DIRECT CONNECTION TO THE COMMUNITY

1 WEEK » \$10 BASE RATE up to 30 words, plus 10¢ per word over 30 words
2 WEEKS » \$20 BASE RATE up to 30 words, plus 20¢ per word over 30 words
3 WEEKS » \$24 BASE RATE up to 30 words, plus 30¢ per word over 30 words
4 WEEKS » \$32 BASE RATE up to 30 words, plus 40¢ per word over 30 words
YELLOW HIGHLIGHT MAY BE ADDED TO ANY AD FOR AN ADDITIONAL \$5/WEEK

Submit classified ads at ironcountytoday.com or call 435-867-1865 x. 1
— DEADLINE TO PLACE CLASSIFIED ADS IS FRIDAY AT NOON —

Iron County Today's classifieds section is a service to the community and is not intended to be used by for-profit businesses. Advertisements are the sole responsibility of the advertiser. Iron County Today hereby disclaims all liability for any damage suffered as the result of any advertisement in this newspaper and is not responsible for any claims or representations made in advertisements in this newspaper. Iron County Today has the sole authority to edit and locate any classified advertisement as deemed appropriate. Iron County Today reserves the right to refuse any advertising.

ANIMALS

4 KITTENS READY FOR ADOPTION 3 MALES 1 FEMALE. Fostered Mama kitty ready for adoption 1/1/2023. text for pics and info 4355312434

ANNOUNCEMENTS

CELEBRATE RECOVERY 2 OUT OF 3 PEOPLE AT CR ARE there for Shame, Control, Anger, Fear, Perfectionism, Pride, Codependency, Eating Disorders, Financial, People Pleasing, Despair, Anxiety, Adultery, Pornography, Grief, Abortion, Dysfunction, Abuse. 1 out of 3 are there for addictions. God Heals ALL the above. Give CR a try! You won't be alone. Wednesday nights, 6:30 at the True-Life Center, 2111 North Main, Cedar City, Utah 84720. For other information, please call Jeff J. 801-638-1800 or Gary D. at 702-303-5662. God Bless You!

BACHELOR HAS EVERYTHING EXCEPT THAT ONE SPECIAL lady. Plus 50. Friends first, lets chat.

FOR SALE

SNOW TIRES FOR SALE 175/70 R14 GENERAL ALITMAX Artic 12. Used only one season. All 4 for \$200. Call 385-219-0900

HONDA GENERATOR EU2200I/COMPANION 30A, BRAND new and still in box. \$900 Cash. Milwaukee tools, etc. Text 239-331-1282

FREE CHRISTMAS KITTENS, 8 AVAILABLE CHRISTMAS week. If interested call 435-429-4210

HELP WANTED

PAROWAN GROUNDWATER DISTRIBUTION SYSTEM WATER Commissioner Job Description: The Parowan Groundwater Distribution System is seeking applicants for Water Commissioner in Iron County, Utah. The selected candidate will be responsible to measure water use of the Parowan water right holders via mapped acreage or meter, input this data into a GIS based tool called the Groundwater Commissioner Accounting Tool (GWCAAT), compare the measured use to the limits of the water rights, and compile these findings into an annual report and present the report to members of the Distribution System at an annual meeting. Resume by Jan 6, 2023 to Water Commissioner PO Box 456, Parowan, Ut 84761. Questions to 435-559-4199

SERVICES

YARD CLEANING; LANDSCAPING AND LAWN CARE; MOVING Help; Painting, Removal of Debris; Construction Clean Up or other household items; Whatever you need! 702-467-6470 Michael

HANDYMAN, LICENSED AND INSURED, HOME/REAL ES-tate repairs and inspection. Painting, drywall, carpentry, stucco, patio covers, electrical, doors, replacement windows, deck repair, roof repair, home cleaning services. 39 Years in business. Call Ray, 435-559-7669

CLOCK REPAIR. ALL CLOCKS INCLUDING GRANDFATHER and Antique Clocks. Over 30-years experience. Pick-up and Delivery for grandfather clocks. Call Bill, 435-590-2640.

WANTED

THE HOUSESMITH BY JOE WILLIAMS CONSTRUCTION. HIGH expectations high end results. Especializing in interior trim & doors, tile, painting, roofing, drywall, etc. Licenced and insured 435-383-1370

CALL 435-876-1865 EXT. 1 TO PLACE YOUR CLASSIFIED AD

JJ's Window CLEANING & BLINDS
 Cedar City's ONLY Full-Service Window Cleaning & Blind Company

\$100 OFF
 COMPLETE HOME OF WINDOW FURNISHINGS
 Minimum of \$600. With coupon. Exp. 12/31/22

SHUTTERS • BLINDS • SHADES
Thanks for supporting your local veteran owned business!

FREE ESTIMATES • CALL TODAY! • 435-865-5850

We Have the Boots TO KEEP YOUR FEET WARM & STYLISH

CARDON'S EST. 1984
 SHOES AND CLOTHING

74 N. Main, Cedar City • 586-6161 • cardonshoes@gmail.com

Diesel Pickup Specialists

SDP SMITH DIESEL PERFORMANCE

Cummins • Powerstroke • Duramax

2048 N. MAIN, CEDAR CITY 435-865-0055

YOUR AD HERE!
435.867.1865

FINNEGAN INTERIOR LLC

OVER 20 YEARS EXPERIENCE



LICENCED AND INSURED

Call us for all your drywall, paint, trim or any of your remodel & interior finish needs

CALL JOSH@ 435-559-3844
finneganinterior.com

SET FREE Trucking Inc.

HAULING JUNK REMOVAL SNOW REMOVAL SKID STEER

US00T 2132276 MB 742647

6404 W 1400 S • CEDAR CITY (435) 477-2623 • SETFREEHAULINGJUNK.COM

Before & After Cleaning

Residential • Commercial • Cabins
 Licensed & Insured

Kim Preach 435.592.0328

Bob's BASEBALL TOURS

DC Cherry Blossom Tour:
 Home games at Washington Nationals, NY Yankees & Boston Red Sox. Mar. 31-Apr. 4, 2023

East Coast Tour:
 Home games at Yankees, Red Sox, Orioles, Phillies, Nationals, Mets & Little League World Series. Aug. 18-27, 2023

Tours include additional sightseeing, motor coach transportation and quality hotels/game tickets.

Free Brochure: Call or Text 507.217.1326

legal notices

NOTICE OF TRUSTEE'S SALE

NOTICE IS HEREBY GIVEN that the following described property will be sold at public auction to the highest bidder, payable in lawful money of the United States at the time of the sale, at entrance to the **IRON COUNTY COURTHOUSE** located at **40 N. 100 E., Cedar City, UT** on **Wednesday, February 1, 2023 at 1:00 p.m.**, for the purpose of foreclosing on a Deed of Trust originally executed by **FIRST EMPANADA FACTORY, INC.**, as Trustor, and **UTAH INDEPENDENT BANK**, as Beneficiary. The Deed of Trust is dated April 5, 2021 and recorded on April 6, 2021, as Entry No. 00766183, Book 1543, Pages 1139-1146, in the official records of the Recorder of Iron County, State of Utah, and includes property more particularly described as follows:

Parcel: B-1534-0002-0001
Address: 601 W. 2675 N., Cedar City, UT 84720
Legal: BEG N0°00'04"W 1614.52 FT ALG SEC LN & N89°38'27"W 468.86 FT FR SE COR SEC 27,T35S,R11W, SLM; N00°56'23"W 130.17' TO S R/W OF 2675 N ST; ALG SD R/W S57°51'53"W 4.35 FT; ALG CURV TO RT DIST OF 129.01 FT, RADIUS 230.00 FT, CHORD 127.32 FT BEAR S73°56'00"W, DELTA 32°08'13"; N89°59'54"W13.12 FT; LEAVING SD R/W S00°00'06"W 91.71 FT; S89°38'27"E 141.30 FT TO POB; SUBJ TO 7.5 FT PUBLIC UTIL EASE ALG N SIDE OF PARCEL & 10 FT PUBLIC UTIL EASE ALG S SIDE OF PARCEL ADJ TO 2675 N ST.

A Substitution of Trustee was recorded on September 13, 2022 as Entry 00796835, Book 1622, Pages 0681-682 and a Notice of Default was recorded on September 13, 2022 as Entry 00796836, Book 1622, Pages 0683-0684 in the official records of the Recorder of Iron County, State of Utah.

The Substitute Trustee has elected to sell or cause to be sold all rights, title and interest of the Trustor in and to the real property described in the aforementioned Trust Deed in order to satisfy such obligations in favor of the Beneficiary.

Bidders must tender to the Substitute Trustee a deposit of five thousand dollars (\$5,000.00), at the time of sale and the balance of the purchase price is due by 12:00 p.m. MST on the first business day following the sale. The deposit is non-refundable and retained as damage if balance is not paid within 24 hours of sale. Both the deposit and the balance must be paid to J. David Westwood, Trustee, in the form of a wire transfer, cashier's check or certified funds. Cash payments, personal checks or trust checks are not accepted.

The Substitute Trustee shall sell the above property at the time of the sale without warranty, express or implied subject to all encumbrances of record. Anyone having questions or desiring information regarding the property to be sold should contact the undersigned. Hours of office operation: 9:00 a.m. to 5:00 p.m., Monday through Friday, except legal holidays.

This is an attempt to collect a debt. Any information obtained will be used to collect this debt.

/s/ J. David Westwood
 J. David Westwood
 WESTWOOD LAW, P.C. (435) 267-2145
 98 W. Harding Ave., Cedar City, UT 84720

**Published December 21 & 28, 2022 & January 4, 2023
 Iron County Today • ICT #0501**

YOUR AD HERE!
435.867.1865

EXTRA!
Kids Can Get Paid Too!

If you are 10 years or older and interested in delivering the newspaper, please contact Iron County Today at 867-1865 x.1

Avg. Route Pays \$40 a Month!

Current Carriers: GET A \$10 BONUS when you refer a new carrier!

Open for Business?

WE'LL GET THE WORD OUT.

Whatever your footprint, location, product or budget, Iron County Today remains your trusted partner in promoting your community business. Through our flagship newspaper and dozens of special publications, we've helped hundreds of local businesses and organizations capture the public eye and produce results that matter. And with a reach of up to 20,000 homes, you can be sure that we will help you do the same.

Call to Advertise. 435.867.1865

IRON COUNTY **today**

King Crossword

ACROSS

- 1 Feedbag bit
- 4 Chilled
- 8 Theatergoer's souvenir
- 12 Show to a seat, slangily
- 13 Cleopatra's river
- 14 Poi base
- 15 Dance syllable
- 16 Fabric fastener
- 18 Klum of "Project Runway"
- 20 Hide-hair insert
- 21 Early birds?
- 24 Apple intruders
- 28 Wind-driven toy
- 32 Tidy
- 33 Altar affirmative
- 34 Fusses
- 36 Log chopper
- 37 Region (Abbr.)
- 39 Flag-shaped blazer accessory
- 41 Pago Pago's place
- 43 Sleuth Wolfe
- 44 Sphere
- 46 Lively dance
- 50 Yankee uniform pattern
- 55 Squeak stopper

1	2	3		4	5	6	7		8	9	10	11	
12				13					14				
15				16					17				
18				19			20						
				21		22	23		24		25	26	27
28	29	30					31		32				
33				34					35		36		
37				38		39			40				
41				42		43							
				44		45			46		47	48	49
50	51	52				53	54				55		
56						57					58		
59						60					61		

- 56 Clue
- 57 One-named supermodel
- 58 Buddy
- 59 Conks out
- 60 Like lemons
- 61 Supplement, with "out"
- 7 TV chef Paula Choice
- 8 "Sophie's Choice" author
- 9 Spigot
- 10 Swiss canton
- 11 "— voyage!"
- 17 AAA job
- 19 Morning moisture
- 22 Earth sci.
- 23 Auto style
- 25 Harvest
- 26 Extra-long language
- 27 British gun
- 28 Plum centers
- 29 Notion
- 30 Standard
- 31 Easy gait
- 35 Eden tempter
- 38 Perches
- 40 Privy
- 42 Illustrations
- 45 Telly watcher
- 47 Earring site
- 48 "Star Trek" captain
- 49 Medicinal plant
- 50 Prof's degree
- 51 Three, on a sundial
- 52 Away from SSW
- 53 "— Little Teapot"
- 54 Standard

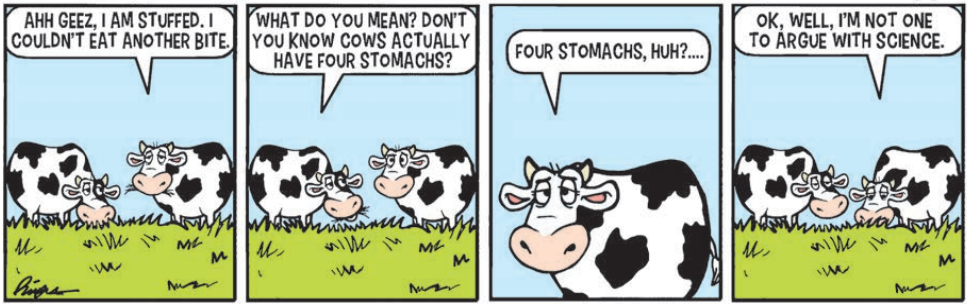
DOWN

- 1 "That hurts!"
- 2 Tennis great Arthur
- 3 Bangkok language
- 4 Perception
- 5 Espionage org.
- 6 Sprite
- 22 Earth sci.
- 23 Auto style
- 25 Harvest
- 26 Extra-long language
- 27 British gun
- 28 Plum centers
- 29 Notion
- 30 Standard
- 31 Easy gait

© 2022 King Features Synd., Inc.

Amber Waves

by Dave T. Phipps



R.F.D.

by Mike Marland



The Spats

by Jeff Pickering



Weekly SUDOKU

by Linda Thistle

3			5				2	6
	6			9	8			
		9		4			7	
1				6				8
	5		1		3			
	7	2		9				6
			1	7	4			
	4		3		2		5	
5					8			9

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

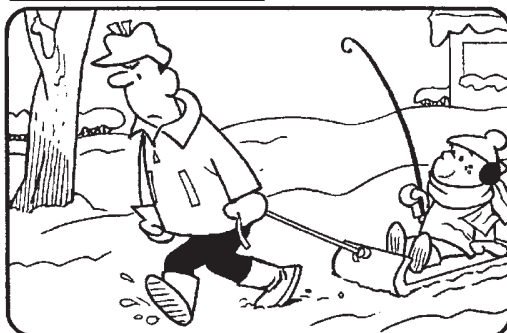
DIFFICULTY THIS WEEK: ♦

- ♦ Moderate ♦♦ Challenging
- ♦♦♦ HOO BOY!

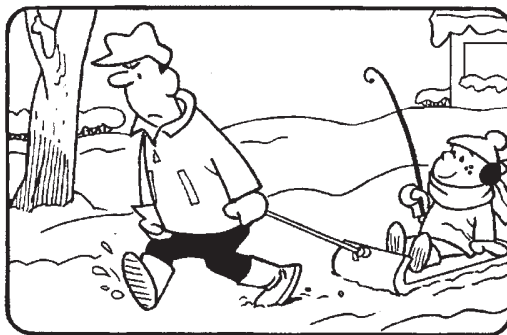
© 2022 King Features Synd., Inc.

HOCUS-FOCUS

BY HENRY BOLTIHOFF



Find at least six differences in details between panels.



Differences: 1. Cap is different. 2. Collar is different. 3. Leg is moved. 4. Rope end is missing. 5. Whip is shorter. 6. Scarf end is missing.

© 2022 King Features Syndicate, Inc.

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

- Lament
- RIDGE
- Secure
- CANRITE
- Push
- LOPPER
- Debris
- SWEAT

TODAY'S WORD



"But try us again sometime — you never know when we'll be _____."

© 2022 King Features Syndicate, Inc. All rights reserved.

Trivia test

by Fifi Rodriguez

- TELEVISION: What is the primary setting of the Netflix series "Bridgerton"?
- GEOGRAPHY: Where is the Republic of Maldives located?
- LITERATURE: What is the subject of Walt Whitman's poem "O Captain! My Captain!"?
- LANGUAGE: What is the third letter of the Greek alphabet?
- HISTORY: When was the last time the Liberty Bell rang in Philadelphia?
- MOVIES: What was Henry Fonda's jury number in "12 Angry Men"?
- MATH: What is a heptahedron?
- BUSINESS: In what year did McDonald's introduce the Big Mac to all of its customers?
- U.S. PRESIDENTS: Which president tried to ban Christmas trees from the White House?
- ANIMAL KINGDOM: What do bees collect from flowers and use to make honey?

© 2022 King Features Synd., Inc.

9	3	6	8	1	4	7	2	7	5	2	7	5
1	5	1	7	2	7	5	4	8	3	6	2	7
2	8	2	4	8	5	4	7	5	1	9	7	5
5	6	5	1	6	3	1	2	8	9	3	8	9
7	9	7	3	9	7	4	3	6	1	2	4	3
8	8	4	8	1	9	3	7	5	6	2	4	8
3	7	3	1	5	7	4	1	6	4	1	5	7
1	4	1	4	8	1	4	3	9	2	3	9	8
6	2	6	9	2	6	3	1	4	5	8	7	9

Answer

Weekly SUDOKU

H	I	E	S	D	I	E	S	D	I	E	S	D	I	E	S
O	B	R	O	P	I	N	S	T	R	I	P	E	O	I	L
K	A	P	O	R	B	O	L	K	A	P	O	R	B	O	L
N	S	A	M	O	V	A	N	E	R	L	P	I	N	S	A
I	D	O	S	A	X	E	S	I	D	O	S	A	X	E	S
T	H	E	L	L	N	E	A	T	H	E	L	L	N	E	A
S	M	O	R	S	W	O	R	M	S	S	M	O	R	S	W
H	E	I	D	I	N	O	R	H	E	I	D	I	N	O	R
O	R	O	S	A	F	E	T	A	R	P	I	N	O	R	O
B	A	S	T	A	R	P	I	N	O	R	O	S	A	F	E

Solution time: 24 mins.

Answers

King Crossword

- 1. Lincoln.
- 2. Indian Ocean.
- 3. The death of President Abraham Lincoln.
- 4. Gamma.
- 5. 1846.
- 6. Juror No. 8.
- 7. A polyhedron with seven faces.
- 8. 1968.
- 9. Theodore Roosevelt.
- 10. Nectar.

SCRAMBLERS
solution

1. Dirge 2. Certain 3. Propel 4. Waste

Today's Word
DESPERATE

