

INSIDE...

VETERANS
HONORED AT
CEDAR CITY
PROGRAM



WEDNESDAY, NOVEMBER 16, 2022

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showcase

- 4 Opinion
- 10 Showcase
- 12 Life
- 22 Sports
- 27 Classifieds
- 29 Comics/Puzzles

Iron Mission Days brings the past into the present in Cedar City



IRON
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today

CEDAR CITY OBSERVES VETERANS DAY

by *Corey Baumgartner*

IRON COUNTY TODAY

The annual Veterans Day program by the Iron County Veterans Coalition was held at Veterans Park in Cedar City. It was a beautiful Friday morning to honor those who have served and continue to serve in protecting and directing our country. The program included military honors, musical numbers, special awards and the dedication of the new Memorial Rock Garden.

Mike Wright of the Iron County Veterans Coalition welcomed and thanked everyone for coming. While it was a chilly morning, hearts soon warmed with the opening prayer from veteran Keith Robison. He offered words of gratitude for our military veterans who gave their all and those still giving and also for the sacrifices of their families. After the prayer, the revered refrains of the National Anthem were performed honorably by the Cedar High School Choir, conducted by Mark Ganowsky.

Crystal Farinella, representing the Quilts of Valor Foundation—which honors veterans with special quilts made by many valiant volunteers—awarded three quilts to veterans. The three chosen heroes to be honored were Harold Frazer (American



COREY BAUMGARTNER

Legion Vice-Commander), John Fenn (Commander of the American Legion, Post 74, and Charles (Chuck) Triplett (Commander of the Combat Veterans Motorcycle Association, Chapter 49-4).

She expressed, “When this quilt is wrapped around [you] our veterans today please know that it is a hug from grateful nation. It also carries a three part message to honor your Service, Sacrifice, and to provide Peace and Comfort.” She concluded by sharing, “There are no words to describe the heroes that you all are.”

Following Farinella, Paul Monroe, chairperson of the Veterans Park committee dedicated the new Memorial Rock Garden. When the Cedar City Rotary took on the challenge to build Veterans Park, they also committed to continue to

VETERANS HONORED WITH NEW MEMORIAL ROCK GARDEN

maintain and improve it. Part of that improvement has included landscaping and now a beautiful memorial rock garden.

Dick Keener, Navy veteran and husband of the Cedar City Rotary Club past president, Miriam Keener, designed the beautiful stonework of the garden. It contains special rocks patriotically painted by local community members and groups to honor Veterans. Many members of the community were involved with donations and the creation of this special mission.

“Today we formally dedicate this Veterans Memorial Rock Garden in honor of our Veterans. We hope this garden will bring joy to the community and provide inspiration to others to add patriotic rocks to the collection” said Monroe.

VETERANS

« CONTINUED FROM PAGE 1

Concluding the dedication, Emily Pete sang "Some Gave All" (Billy Ray Cyrus) and the Cedar Middle School Choir sang "Song for the Unknown Hero" (Pamela Martin and Joseph M. Martin).

"We hope this garden will bring joy to the community and provide inspiration to others to add patriotic rocks to the collection"

Paul Monroe

To all the unknown and known heroes who continue to serve, we thank you. We echo expressed sentiments that while we will never know the true level of your sacrifices and sufferings, we value your valor and will strive to honor you and those who give and gave all by living the best lives we can, each day we are blessed to wake up in the United States of America.



It was a beautiful day for Cedar City to join together and celebrate our heroes.

Historical marker dedicated at old post office building



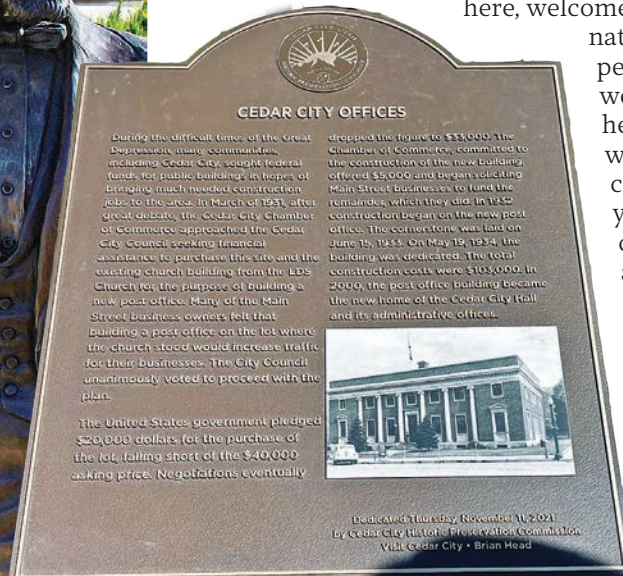
Cedar City Mayor Garth O. Green dedicates a special historical marker for the historic Post Office building.

by May Hunter

FOR IRON COUNTY TODAY

Cedar City Mayor, Garth O. Green, unveiled a special historical marker near the Cedar City offices building. Originally, the building was the post office and has now become the new home of Cedar's City Hall and its administrative offices.

Mayor Green spoke of how the community is growing rapidly, "Wherever you came from, whatever reason brought you here, welcome. To our native folk, people who were raised here, what a wonderful community you have created for all of us to enjoy."



PHOTOS BY MAY HUNTER

Utah Senate Majority Caucus Leadership Team and 2023 session priorities

from Utah State Senate

FOR IRON COUNTY TODAY

SALT LAKE CITY — The Utah Senate Majority Caucus elected their leadership team for the 65th Legislature (2023/24) on Thursday, November 10, and announced session priorities.

Utah Senate Majority Leadership Team:

Sen. J. Stuart Adams, R was selected to serve as Senate President

Sen. Evan Vickers, R, was selected to serve as Majority Leader

Sen. Ann Millner, R, was selected to serve as Majority Whip

Sen. Kirk Cullimore, R, was selected to serve as Majority Assistant Whip

The reelected Utah Senate Majority leadership team released the following statement:

"It is an honor and privilege to be selected by our colleagues to the Senate majority leadership team once again. We are grateful for the opportunity to work with

legislators in the Senate and the House, as well as the governor, to find solutions to issues that will strengthen our state and help Utahns reach greater personal and economic success. To remain the best economy in the nation, we need to find lasting solutions to Utah's water crisis, make long-term investments in infrastructure and help individuals and families afford the rising cost of living.

"As a state and nation, we have faced immense challenges over the last few years. We counseled with experts, meticulously reviewed data, heard from the public and deliberated steps to reach the greatest outcomes for all Utahns. As a result, Utah has the best economy in the nation, is the fastest-growing state, ranked first in COVID-19 protocols, and holds the title of Best Economic Outlook for 15 years running. Additionally, we were able to allocate historic funding for education and social services while cutting taxes for hard-working Utahns.

"Utah's strong economy is

a product of smart, innovative, conservative policies. We will continue to work towards improving the lives of all Utahns while preparing for future challenges. Our commitment to excellent policy drives decisions and will keep Utah moving in a positive upward trajectory. We will continue to meet challenges head-on during the upcoming session and work to find lasting solutions to ensure our state's growth for generations to come."

The Senate Majority Leadership team has outlined priorities for the 2023 General Session.

Senate Majority Leadership Priorities:

- » Increase teacher salaries.
- » Find a long-term solution to Utah's water crisis.
- » Cut taxes to offset rising inflation caused by the federal government's overspending.
- » Keep Utah's economy and thriving business community the best in the nation.
- » Sustain Utah's great quality of life.

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opinion

FROM THE EDITOR

Dear Veterans,

Being grateful every year in November (Veterans Day) and May (Memorial Day) is not redundant or overdone. While our gratitude may not be as outwardly expressed throughout the year, we hope you know that it is there, nonetheless.

Every time our alarm goes off and though we may grumble as we tumble out of bed, without the freedoms you fought for, it would be so much worse. While we each have our individual struggles as we juggle so much in life, we couldn't do so many things that we take for granted every day, without your commitment to give your life so we could live ours better.

And even though there are some whose attitude does not convey gratitude, don't let their silence or indifference demean or diminish your devotion to your country; to each of us. True valor is fighting for freedom for those who don't want to be truly free, or protect such a precious gift and responsibility, which you have given generations of families.

Though Veterans Day has passed, know that your sacrifices live on in each of us as we daily do our duty to protect the living legacy you have provided.

WORD OF THE WEEK

UPCYCLE

Transforming goods or waste material to produce something better than the original.

In the seasons and cycles of life, we will make mistakes and face tragedies. Let us upcycle our oppositions into better decisions and actions in the future.



COREY BAUMGARTNER
MANAGING EDITOR



QUOTE OF THE WEEK

"It is foolish and wrong to mourn [those] who died. Rather, we should thank God that such men [and women] lived."

George S. Patton Jr.

Lifestyles of the rich and infamous

Bryan Gray is a syndicated contributor, not an employee. His opinions are solely his own and not those of the Editor, Staff or Iron County Today.

A daily host on KSL Radio regularly claims that Americans aren't really too far apart politically due to their shared values. From my conversations with both Democrats and Republicans, I have scoffed at the KSL analysts. To my mind, there is a wide gulf based on education and lifestyle.

Last week Republican columnist David Brooks was in my camp. In a well-reasoned column, he said the underlying structure of society has changed with Americans "sorting themselves out by education."

Surveys and voting patterns clearly show that Democrats have lost their hold on working-class men and women, especially White voters but also leakage on working-class Latinos and Blacks. Warehouses are filled with Trump voters, whereas high-rise offices are home to Democrats.

The Democratic base is now college-educated Americans and Asians (who also fall into the most educated of all minority groups).

Brooks notes that many think Democrats have lost working-class voters by not focusing on economic issues. But he explains that idea is too simplistic. Americans with and without college degrees not only have different views

People have put up barricades and perceive the other class as a threat to what is beautiful, true, and good."

There is certainly an economic ingredient in the political stew. Inflation, for instance, hasn't hurt airlines, the hospitality industry (high-end restaurants and hotels) or banks – all industries favored by college-educated patrons who are generally immune from sticker shock on gasoline and eggs. And when it comes to the "culture wars", the college-educated and those without stand on different protest sites.

The KSL host can say all he wants about all of us wanting the same thing for families and our neighborhoods. But we don't – and we don't live in the same neighborhoods and zip codes either!

The Pulitzer Prize-winning novelist Andrew Sean Greer also viewed the political chasm in his newest novel ("Less is Lost").

"America, how is your marriage?" he asks. "Your two-

on the role of government but on almost every other aspect of lifestyle.

"They have different relationships to patriotism and faith, they dress differently, enjoy different food, have different ideas about corporal punishment, and of course, race. You can't isolate the difference between the two classes into one factor. It's everything...

cyclops

Bryan Gray

bgray@aphtagraphics.com



see **LIFESTYLES** » 8

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opinion

Midterms bring republicans to a fork in the road

Depending on the outcome of several key races, the Republican Party could soon have control of one or both houses of Congress. Robert Frost and politics don't really mix, but his famous allegory is apt: Two roads diverge before this potential GOP majority. The one "less travelled by" would be to pass bills that would make things better for the American people. The more tempting and historically more frequented road would be to pursue pointless investigations, messaging bills, threats and government shutdowns. The road we choose could make "all the difference."

Exit polls of voters confirmed that inflation remains a top voter concern. Midterm campaigns largely focused on assigning blame for rising prices. Now, beyond crossing our fingers that the Federal Reserve will fix the problem, Congress can actually help by increasing legal immigration, expanding the number of work visas in sectors that face worker shortages, securing the border, reducing tariffs on our allies, facilitating oil, gas, nuclear and renewable development, and reining in spending.

Excessive spending and the deficit have been the Republican Party's bugaboo for years. But like the Democrats, we shy away from telling the American people the truth that the spending problem isn't primarily due to the annual budget. Two-thirds of federal spending isn't even voted on by Congress. Rather, it is automatic "nondiscretionary" spending on entitlements, such as Medicare, Social Security and Medicaid, and on servicing the debt. It's this spending that is growing faster than the economy. No amount of trimming what the federal government allocates for defense, education, the environment or housing will be enough to bring our books into balance.

Excessive spending not only adds to the national debt, it is highly stimulative and inflationary. The Fed has its foot on the brakes while the administration and Congress are flooring the gas pedal.

If Congress wants to slow inflation, both parties will need to work together to find solutions to the entitlement crisis. It isn't rocket science. Some mix of changes to revenues, benefits and eligibility is necessary along with a promise that no program will be eliminated and current and near-retirees won't be affected.

The immigration mess also figured prominently in the midterms. Politicians have railed at the broken system for 25 years but have done almost nothing to fix it. We need new legal immigrants—at least a million a year to keep the population from declining—but continuing

to accommodate the open border means more fentanyl, more gang violence and an overwhelming burden on border states. I asked a leading Democrat why his party hasn't acted to secure the border, especially since its failure to do so gives my party a huge advantage in swing states such as Arizona and Nevada. His answer: "You don't understand the power of the immigration lobby." Madness.

OP/ED

If Congress wants to solve the immigration mess, it will need to reach a bipartisan deal. Political courage is the rare but critical commodity we need.

Most Americans are worried about climate change. But they are also smart enough to know that our current climate and energy policies are absurd. Yes, Americans are generally on board with renewables, electric cars and insulation. But they know that those actions alone won't make any difference in global emissions. China emits more greenhouse gases than the U.S., Europe and Japan combined. What politicians propose to do in the U.S. would cost trillions and amount to only a drop in the global bucket. Further, by closing off coal and penalizing oil and gas before adequate alternatives are even close to being available, politicians are driving up the price of energy and hugely adding to inflation.



SEN. MITT ROMNEY
U.S. SENATE (R-UT)

To make a difference on climate, Congress should focus on measures to reduce global emissions, not merely our own. That means funding research on technologies that can be adopted around the world, slapping penalties on imports from prolific emitters and giving the private sector incentives to innovate solutions.

Finally, we must address doubts sown by both parties about the integrity of our elections.

It comes mostly from the GOP, but Democrats aren't without sin. Of course, there will be isolated irregularities in any election, but there has been no evidence of organized fraud or voter suppression that would have changed the outcome of a recent state or federal race.

The world looks to the U.S. as a model of free and fair elections. If we don't have faith in our own system, how can we expect democracy to work elsewhere?

While authoritarians in Russia and China are advertising an alternative to government of, by and for the people, spouting evidence-free claims of

election fraud is stupidly self-defeating and despicable.

We can govern in the people's interest or make a lot of pointless noise. I hope we choose wisely.

Two roads are available. I hope Congress and the White House engage to make a difference rather than to make more noise.

"If Congress wants to solve the immigration mess, it will need to reach a bipartisan deal. Political courage is the rare but critical commodity we need."

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IRON COUNTY FORECAST

CHILLY TEMPERATURES ARE STICKING AROUND THROUGH THE END OF THE WEEK WITH MAINLY DRY CONDITIONS EXPECTED. A WEAK COLD FRONT WILL SLIDE THROUGH IRON COUNTY ON FRIDAY AND BRING SOME CLOUD COVER AND POSSIBLY A FEW SNOW FLURRIES. OTHERWISE, DRY WEATHER WILL CONTINUE OVER THE WEEKEND.



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40°/18°
PRECIP: 0%
WINDS: N 5-10

THURSDAY

Sunny
45°/18°
PRECIP: 0%
WINDS: NW 5-10

FRIDAY

Partly Cloudy
39°/12°
PRECIP: 5%
WINDS: N 10-15

SATURDAY

Mostly Sunny
39°/20°
PRECIP: 0%
WINDS: NW 5-10

SUNDAY

Mostly Sunny
45°/23°
PRECIP: 0%
WINDS: SW 5-10

MONDAY

Mostly Sunny
49°/26°
PRECIP: 0%
WINDS: SW 5-10

TUESDAY

Partly Cloudy
46°/25°
PRECIP: 5%
WINDS: SW 5-10

Cedar City Fire Department's Regional Training Center becomes state-wide draw

by Gabrielle Costello

CEDAR CITY PUBLIC INFORMATION OFFICER

If you find yourself driving along Lund Highway in Cedar City towards Enoch, you may come across Cedar City Fire Department's Regional Training Center, which has continued to grow since it was first established 23 years ago as part of Fire Station #3.

Firefighters in Cedar City and the surrounding Iron County area have been utilizing the Fire Training Center located at 3013 W 1600 N near the Cedar City Regional Airport for many years, where it has served as a home base for training hundreds of firefighters on local and state level certifications.

"We have come a long way with this training facility so that we can create realistic and relevant training scenarios for our firefighters," said Fire Chief Mike Phillips. "Through grant funding, donations, and department budget, we have been able to slowly add props to build the site you see today, with future plans to continue making improvements that will ultimately benefit the entire community."

Alongside the Fire Department's regular training, their volunteer firefighter program heavily utilizes the facility in training that includes auto extrication, search and rescue, command and control class (CTC), and live fires such as residential and high-rise structure fires.

"We have come a long way with this training facility so that we can create realistic and relevant training scenarios for our firefighters"

Fire Chief Mike Phillips

As training props have been added, regional and even state agencies have caught wind of the training facility and have begun utilizing it beyond its intended purpose of firefighting. Most recently, the 85th WMD CST Joint Army and Air National Guard unit traveled from Salt Lake City to participate in a week-long training at the facility, where their primary responsibility is focused on weapons of mass destruction response and hazardous material incidents. The team of 22 full-time National Guard members spent the first week of November utilizing the facility to focus on high-angle rescue and confined space rescue.

"We have a major rescue training requirement twice a year and we chose Cedar City's training facility because of the great relationship we have with the fire department and because this type of facility is hard to come by up north," stated Commander Rob Dent of the 85th WMD CSD unit.

Other public safety partners, such as Cedar City Police Department and the Iron Metro SWAT team, utilize the facility for gas exposure, active shooter training, and clearing a building with the added stairwell feature.

The Cedar City Fire Regional Training Center has become an immense resource for Iron County and statewide for those who commit their lives to keep our community safe and we are thankful to have it readily accessible in Cedar City.



PHOTOS COURTESY GABBIE COSTELLO

public & health

Utah Foster Care invites community to gathering to help local children

We are entering the season often know for family, giving and excitement. What a great time of year it can be and yet not everyone looks forward to it with the same anticipation. With over 80 children in foster care in Iron County the holidays can be a difficult time for them. Utah Foster Care would like to invite our community to come explore ways they can spread some holiday joy to local children.

This informal gathering will be an opportunity to see all the ways you can help children in foster care. We will also have a light lunch for those who RSVP. We understand that although the State of Utah is experiencing a critical need for more foster parents, especially those willing to take teenagers and sibling groups, it may not be the right fit for everyone. Local foster parents will be on hand to share their experience in opening their heart and home. They will also be able to offer suggestions on things that would be beneficial to them and the kids in their homes.



Ideas such as helping with dance classes, renting musical instruments or donating sports equipment for the child to use. Other ideas can support the whole family such as gift cards for restaurants or helping with household chores that are hard to get to with extra kids in the home. We will also have a donation bin for new unwrapped toys and gift cards which are incredibly useful during the holiday.

Being separated from your primary family during the holidays is hard. Coming together we can all work to make it a little easier for children who are in foster care, through no fault of their own.

Desmond Tutu said, “Do your little bit of good where you are; it is those little bits of good put together that overwhelm the world.”

Join us on Nov 18th at noon at the Cedar City Library to find out what YOU can do to help. If you have any questions about foster care you can go to our website utahfostercare.org or RSVP to Amy Bates at 435-463-7404.

Amy Bates - Utah Foster Care

Creating a dementia-friendly home during Alzheimer's Awareness Month

Almost every part of a home can impact quality of life for someone living with a dementia-related illness and their family care partners—even seemingly-cosmetic choices such as wall colors, furniture patterns, and dishware. As part of National Alzheimer's Awareness Month, the Alzheimer's Foundation of America (AFA) is offering tips for creating a dementia-friendly home.

Through The Apartment—a full-scale model dementia-friendly residence—AFA shows different

adaptations families can make to make their homes safer and more dementia-friendly.

“Most homes were not designed with the needs of someone living with a dementia-related illness in mind, but virtually every aspect of a home can affect the person's quality of life,” said AFA President & CEO Charles J. Fuschillo, Jr. “From purchasing higher-tech appliances all the way down to labeling dresser drawers and putting up old family photos, there are a variety of adaptations family care partners can use to make their loved one's home more dementia-friendly.”

Steps that families can take include:

Being mindful of color choices and contrast. Colors can be used to help with mood. For example, blue often has a calming effect and is great to use in places that promote relaxation, such as lounge areas, bathrooms, and bedrooms. Brighter colors like red, purple and orange can be energetic and stimulating, and, therefore, may not be the best choice to use in these rooms.

Color contrast is important too—it aids with vision, depth perception and spatial orientation. Dishware that contrasts with the tablecloth color makes it easier for someone with dementia to see the food on the plate.

Providing visual cues. Labeling is an easy, low-cost adaptation that anyone can make. For example, putting labels on dresser drawers with the name of the contents (i.e., shirts, pants, socks, etc.) and a small picture is an effective memory cueing technique.

Choosing proper lighting. Lighting obviously influences eyesight, but it can also affect the body and behavior. Blue light rays stimulate the brain, increase alertness and elevate energy levels, but also negatively impact sleep quality in the evening. Lights which produce glare may hinder vision for someone with dementia. Flickering lights can increase agitation.

Utilizing glare-free lighting aids with sight, while lighting that operates with a circadian rhythm mimicking natural patterns of high blue light in the day and low blue light at night can improve sleep and reduce agitation.

Using reminiscent decorations. Décor and photos can serve a purpose beyond making a home aesthetically pleasing—they can promote familiarity, aid with mood and assist with memory recall. Beach/nautical-themed pictures can promote positive memories for someone who enjoys the ocean. Vintage magazines on shelves and tables can help stimulate memory and remind the person about a familiar time period from their past. Family photos reinforce the faces of cherished loved ones.

Embracing technology. Technological tools can provide additional support to care partners, especially if they aren't in the home with the individual living with a dementia-related illness. Interactive virtual assistant technology can enable caregivers to schedule reminders and events that will be audibly played for a loved one, such as “it's lunchtime now” or “time to take your medication.” Care partners can utilize app-controlled thermostats to check, program and change the temperature remotely, as well as smart smoke/carbon monoxide alarms which can be programmed with friendly human voices and be controlled/monitored via an app.

Families can learn more about these and additional ways to create a dementia-friendly home by visiting The Apartment page on AFA's website at www.alzfdn.org/theapartment. The page includes a brief film tour along with The Apartment: A Guide to Creating a Dementia-Friendly Home, a free 20-page booklet that showcases each of the rooms with detailed, step-by-step summaries of

dementia-friendly improvements that can be made. Individuals can also contact AFA's Helpline 7 days a week by phone (866-232-8484), webchat (www.alzfdn.org), or text message (646-586-5283).

For more information about AFA, call 866-232-8484, visit www.alzfdn.org, follow us on Twitter or connect with us on Facebook, Instagram or LinkedIn. AFA has earned Charity Navigator's top 4-star rating for seven consecutive years.

Sandy Silverstein

Winter returns to Cedar Breaks National Monument

Roads to and through the park have been closed for the season

Cedar City, Utah – Following the first significant snowfall since early October, Cedar Breaks Scenic Byway (Hwy. 148) and Rim Road (the road through the park) were closed for the season on Tuesday, November 9. The closure of the roads comes a month earlier than last year and marks the end of busy summer season at the park.

Although the roads are closed, the park remains open. Vehicles can access the northern side of the park via Highway 143, which will remain open throughout the winter but may close temporarily during and immediately after heavy snowstorms and periods of blowing snow. For up-to-date road conditions, visit the Utah Department of Transportation's (UDOT) website at www.udottraffic.utah.gov or call 511 in state, or 866-511-UTAH (8824) out of state.



As the snow continues to build, the Rim Road will be transformed into a marked and groomed snowmobile route. The rest of the park will become a winter playground for those on snowshoes and skis. Snowmobiles are only permitted on the marked, groomed path through the park. Staying on the marked path ensures a safe and enjoyable recreational experience for visitors while protecting park resources such as plants and wildlife. Additional details will be released once there is enough snow coverage to establish the snowmobile route.

About Cedar Breaks National Monument: Established by President Franklin D. Roosevelt in 1933, Cedar Breaks National Monument preserves the multicolored geologic spectacle of the Cedar Breaks amphitheater, scenic vistas, and natural and cultural resources of scientific interest for public appreciation, education, recreation, and enjoyment. Visit us at www.nps.gov/CedarBreaks, on Facebook www.facebook.com/CedarBreaksNPS, and Instagram www.instagram.com/CedarBreaksNPS.

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Brent Everitt

Inaugural Makeathon spurs new product ideas for old problems

by Tessa Douglas

SOUTHWEST TECH

The Cedar City Business & Innovation Center and SUU Startup held their first joint "Makeathon", a 24-hour team event designed to stimulate innovative product ideas to solve real-world problems. Five teams entered the competition, which began on Friday, Nov. 4 and ended Saturday, Nov. 5, with nearly \$5,000 in combined awarded prizes.

To kick off the event, the entire group brainstormed a product they wanted to innovate to be more useful or to solve a problem. The teams decided they would work to improve a common piece of furniture—a dresser. Hours of brainstorming, designing, prototyping and crafting resulted in five new types of dressers, some of which teams plan to develop into real-world products.

The winning team designed a modular, snap-together dresser system that could be as large or as small as a customer wants. Ultimately, the judges picked the winning design due to its scalability, ease of use, practicality and ability to be manufactured in an affordable way.

One of the judges, Cedar City Economic Development Director Danny Stewart, said "All of the ideas were fantastic, and any one of them

"When else are you going to focus for just 24 hours on creating something from nothing, and potentially come out of it with a legitimate business idea?"

Brandon Champet

LIFESTYLES

« CONTINUED FROM PAGE 4

hundred-fifty-year promise to stay together in sickness and in health? First, 13 states, then more and more, until 50 of you have taken the vow... Did you ever dream of being on your own again? Never having to be part of someone else's family squabbles? Never having to share a penny? Tell me honestly, because I have contemplated marriage and I wonder: If it



Jordan, Brandon and Leland won the contest with the best dressed (and functioning) dresser.

COURTESY SOUTHWEST TECH

could have been the winner. We thought the winning one was especially creative and also practical, so it stood out among the rest."

The second-place team designed a dresser that mounts to a wall and rotates similar to a Ferris wheel. The idea behind the design was to have one less piece of furniture on the floor, to utilize empty wall space in a practical way, and to make the dresser fun for kids.

Brandon Champet, a member of the winning team, had a great time participating in the competition. "I came in not really knowing what to expect, but it turned out to be so much fun," said Champet. "When else are you going to focus for just 24 hours on creating something from nothing, and potentially come out of it with a legitimate business idea?"

Ellie Wheeler, SUU Startup Event Coordinator said "This was a fun and challenging event to put on. Now that we've held it once and saw how well it came together, we are planning to do a couple each year." Isaac Askeroth, Cedar City Business & Innovation Center Manager, echoed Wheeler. "This was a great first Makeathon, and it's only going to get better. We can't wait to bring in more teams, to innovate with them, and to see what kinds of products and businesses end up coming out of this event as it goes on."

can't work for you, America, can it work for any of us?"

We have become a nation almost as tribal as any Middle Eastern or African country. When the eighty-year-old husband of the Speaker of the House is brutally attacked and suffers a severe brain injury, one tribe is gleeful and falsely speculates that it could be a homosexual attack while the other tribe points its finger at the hatred stemming from Trumpism.

Issues and fairness don't matter as much as to which tribe you belong.



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Dr. Jayson Edwards
for a Quick
Appointment**

IS YOUR ANNUAL MEDICARE DEDUCTIBLE PAID FOR THIS YEAR?

Come see us before your medicare deductible starts over for 2023.

We still have appointments left for the remainder of 2022.

Southern Utah University

Guest lecturer helps train the brain for success

by Christina Schweiss

FOR IRON COUNTY TODAY

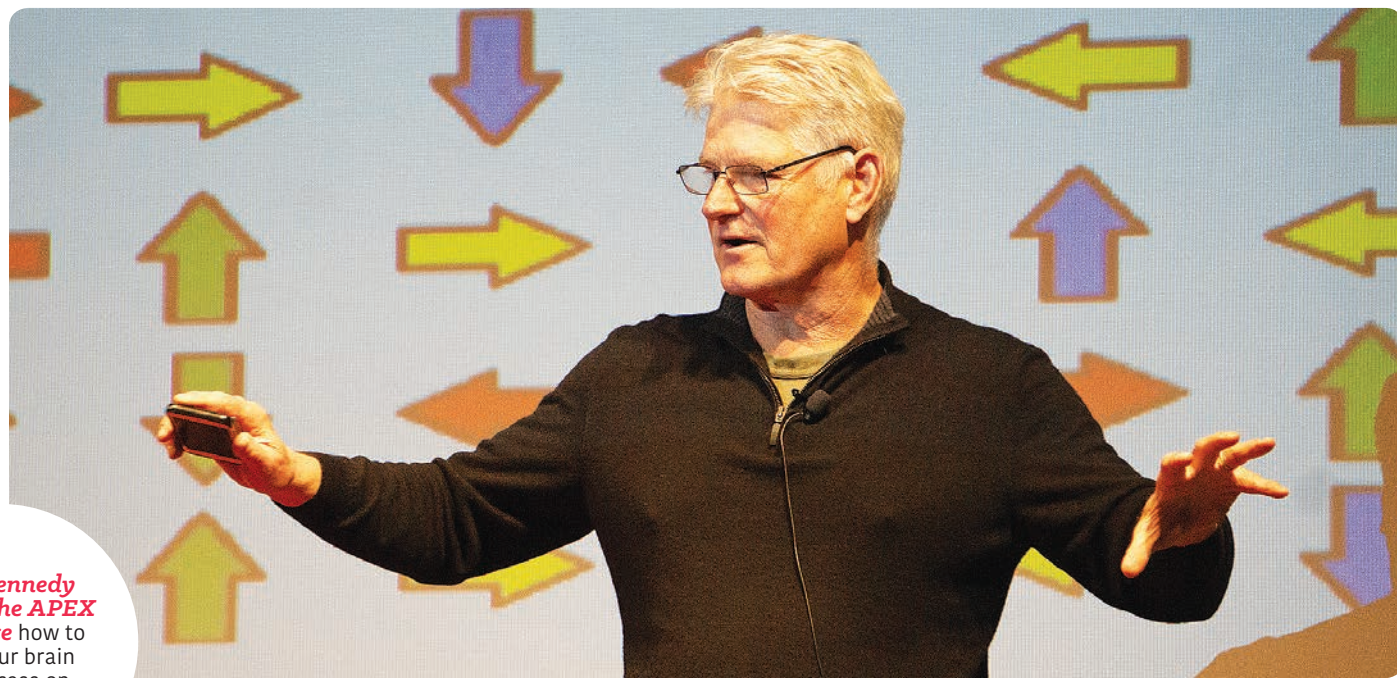
Neuroplastician and Master Executive Brain Coach, John Kennedy was the APEX guest lecturer on November 10.

Brenda Christensen, the director for SUU's grad and online program, introduced Kennedy "is a pioneer in the field of applied neuroplasticity. That means he helps people rewire their brains and speed up their cognitive processing." Christensen had Kennedy train her entire family.

Kennedy began his lecture by expressing, "Train Your Brain For Success is a deliberately generic title because we all define success differently. The critical factor in our success is the ability in our brain to change and process information quickly with better focus."

People analyze their success differently. Kennedy explained that "a lot of times we measure our success by looking forward. It's always better to measure success by looking backwards to see how far you've come."

Kennedy told the audience that, "The most important thing you will experience is that when you leave



John Kennedy teaches the APEX audience how to train your brain for success on November 10.

JOSEPH ROBERTS

today, your brains will be different than they are now." Colored arrows pointing in different directions are what Kennedy used to lead the different exercises in his lecture. Kennedy declared, "Your brain is like the process of your computer. When you update your computer, everything works better; when you update your brain, everything works better."

Ending his presentation, Kennedy explained, "Our brains are wired around damage. Rewire your brain around whatever damage is there. We aren't trying to fix anything; we are just training your brain to do what it needs to do to be successful. Every time we make the brain work harder, it's going to change to handle the load."

To learn more information about

the specific exercises Kennedy used or to schedule a virtual meeting with John Kennedy, go to www.combat-braintraining.com.

The next APEX event will take place on November 17. Former chairman of the Northwest Band of the Shoshone Nation and American Politician, Darren Perry, will be the guest lecturer. For more information visit www.suu.edu/apex.

BOOKINGS

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

NOV 7

Steven C Baggs
CEDAR CITY, UT
DV, Assault

Alysa Douglas
CEDAR CITY, UT
Assault

Timothy E. Kovar
CEDAR CITY, UT
Criminal Mischief

Jonathan C. Murdock
ENOCH, UT
Rape, Sodomy

NOV 8

Keith Harris
INTOXICATION,
ASSAULT

Lindsi M Myers
CEDAR CITY, UT
CC Fraud, Theft

Jessie G Rogers
HOMELESS,
CEDAR CITY, UT
Criminal Trespass,
Retail Theft

Sutton T Snyder
ENOCH, UT
DRUG - Poss C/S,
Paraphernalia

NOV 9

Eracio M Garcia
CEDAR CITY, UT
Retail Theft

NOV 10

Amanda M Larsen
IRON COUNTY, UT
Burglary, Stolen CC

Timothy R Payton
CEDAR CITY, UT
DUI w/BAC at/over .08

Timothy D Karsten
IRON COUNTY, UT
Drive on Susp/
Revoked DL

Kenyanna M Ricks
CEDAR CITY, UT
Theft

NOV 12

Brianna M Garcia
ENOCH, UT
Intoxication

Lee V Interpreter
CEDAR CITY, UT
DUI

Luiz Sanchez
CEDAR CITY, UT
Retail Theft

Award-winning writer & scientist to present original work at SUU

by Ryan Shoemaker

FOR IRON COUNTY TODAY

The Creative Writing Program at Southern Utah University is pleased to host ecologist, evolutionary biologist, and award-winning writer Steven L. Peck for a reading of his original work at 4:00 p.m. on November 29. The reading will take place in the Student Theatre on the lower level of the Sharwan Smith Center of SUU. This event is FREE and the public is invited to attend. A Q&A and book sale with copies of Peck's works will follow the reading.

This event presents SUU students and community members a chance to listen to and interact with a central and unique voice in Mormon arts and letters. Peck—a two-time winner of the Association of Mormon Letters Novel Award—is also a successful poet, nonfiction writer, and scholarly science writer.

Mormon fiction scholar Michael Austin wrote that Peck is "one of Mormonism's best living writers" and



COURTESY STEVEN L. PECK

Steven L. Peck

that he writes with "a genre-busting literary style."

Steven L. Peck is a Utah native from Moab, Utah, and currently lives in Pleasant Grove. He is an ecology professor at Brigham Young University and, in that capacity, has published over fifty scientific articles in the fields of insect evolutionary ecology, ecological mathematics, and philosophy of biology.

As a writer, his work draws on the rhizomatic connections between his love of the land and its ecology. His creative writing explores relationships with science, religion, evolution, consciousness, and the ways humans interact with the other inhabitants of this planet.

Peck has published two short story collections and two essay collections on religion and science. His poetry has appeared in Cold Mountain Review, Flyway, New Myths, Pedestal Magazine, Prairie Schooner, Red Rock Review, Whitefish Review, and other places. His poetry collection, *Incorrect Astronomy*, is published by Aldrich Press.

showcase

ARTS + ENTERTAINMENT IN IRON COUNTY

Iron Mission Days

BRINGS THE PAST INTO THE PRESENT

by May Hunter

FOR IRON COUNTY TODAY

Each year the Frontier Homestead State park takes visitors back in time with history, pioneer demonstrations and other historic hands on activities.

All who attended experienced opportunities to learn important skills from our historical pioneers. Activities included blacksmithing, weaving, rope making, making rag dolls, a printing press, and wax molds. Time-traveling visitors were also treated with delicious Dutch oven cobbler and cornbread made in an open fire oven.

Inside the museum visitors also experienced unique arts and craft booths, as well as weaving and rock collecting. The 171st birthday celebration is one we will always remember, and look forward to each year.

Visit tap.bio/@historicdowntowncc for a video and audio tour of the places to visit in historic Cedar City and <https://frontierhomestead.org> for more information.



PHOTOS BY MAY HUNTER

Do we really need those billboards?

by *Mary Anne Andersen*

CEDAR CITY ARTS COUNCIL

I am attracted to words. When I visit a museum or art gallery, I am compelled to read each accompanying bit of information—title, artist, medium, background info, etc. Sometimes I have to remind myself to look at the picture! I am also, I must confess, a reader of billboards.

On a recent trip up north and back, I was interested in each billboard that flashed by. After a few miles, I started thinking about it as a column topic and tried to remember a few. I didn't do really well, but noticed some trends. There are a lot of attorney advertisements, mostly for personal injury lawyers. The pictures of two brothers accompany a slogan, "In a wreck? Oh, my heck! Call so and so." Another shows the image of two cars post-collision. These appear not just once but several times in the miles between Lehi and Springville.

And the car dealerships! One had the slogan "90 years of being all ears." I remember from trips past that this particular business touts itself as always listening to its customers, but I would have been confused without that previous acquaintance. I would venture to say that there is not one automobile manufacturer in those miles that doesn't have a flashy picture to make me think I might need a new car.

"Tis the season..." of course, for the malls to call you in. Elves, little girls holding stuffed toys, snow scenes...I was okay with it, since Christmas is, after all, next month. A billboard-sized Crumbl cookie of three layers, a foot of frosting, and caramel topping dripping down was disgusting, not enticing. But the most disturbing sight of the trip was an anti-abortion advertisement with a picture of a fetus in utero. I couldn't read the information as we went past too fast, but I won't forget the photo.

Las Vegas also has a lot of billboards. I swear that there is an election going on there at any given month. The turn-over rate for judges must be the highest in the country, and large billboards fill every intersection. Sometimes the same candidate stands on every corner. Vacant lots are full of signs for every municipal office. I don't read those.

And lots of attorneys advertise there, also, many in Spanish. A lot promise help with immigration issues, underscoring a major problem in our country. One firm named Lerner and Rowe always makes us look twice (Think "My Fair Lady"). And one frequent billboard touts The Love Store. (I shudder to think). There are some really beautiful pictures of expensive meals and of course gigantic photos of the likes of Garth Brooks, or whoever is in town.

Wasn't there a movement some time ago to make billboards illegal? They blight the landscapes upon entering towns, and mostly, for the likes of me, I think they are dangerous distractions. I need to have my eyes on the road and not on the sign encouraging me to donate my old clunker to a worthy charity.

SUU music faculty, alumnus to perform at world's largest percussion convention

by *Kol A. Gibson*

FOR IRON COUNTY TODAY

The Southern Utah University Department of Music is proud to announce yet another success for Dr. Lynn Vartan, Director of Percussion, as she has been invited to perform at the Percussive Arts Society International Convention (PASIC) in Indianapolis, Indiana. Dr. Vartan will be playing with the Heartland Marimba Quartet alongside one of her former students, Jordan Nielsen.

Heartland Marimba started in 2014 as a six-day summer festival with performances and workshops at Iowa State University in Ames, Iowa. After their first year's success, the festival



Lynn Vartan

continued to grow until 2016, when Dr. Vartan hosted a 10-day Heartland Marimba festival on Southern Utah University's campus. Several of her students participated in workshops and performances with the group, but Jordan Nielsen caught their attention.

"Heartland loved him when they met him in 2016, and they work with him often," Lynn explains. "It is extra cool that SUU hosting the festival, my connection with the group, and now Jordan playing with them regularly all came full circle. Teacher and student will join together again in such a big event!"

Originally from Richfield, Utah, Nielsen began his education at SUU in 2014. After his graduation in 2019, Jordan earned a full-ride assistantship in percussion performance at the University of Missouri-Columbia. He is now one of the Heartland Marimba Ensemble artists and serves as the Director of Education & Outreach for The Missouri Symphony.

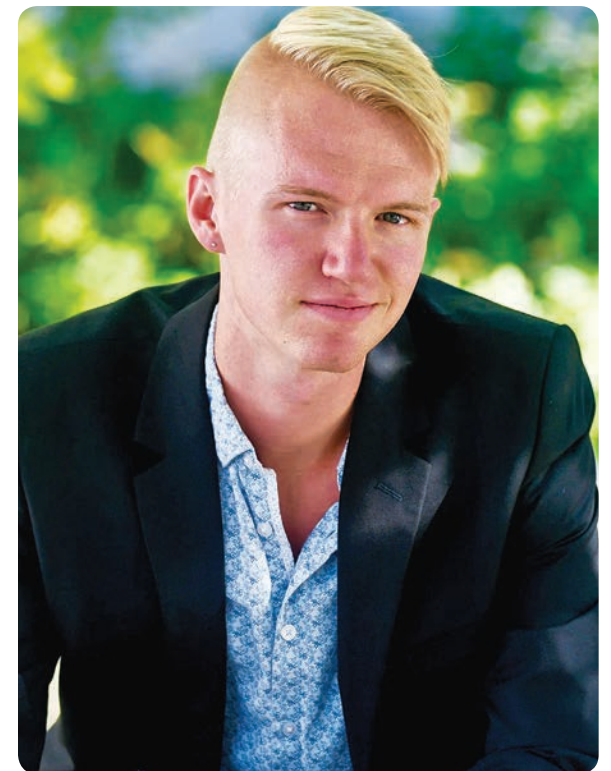
"My time with Dr. V was an experience for which I am continually thankful. The moment I began studying with her, she not only taught me how to become a better percussionist but also what it takes to be a true professional in the

field," shares Nielsen. "Her lessons instilled in me a desire for excellence and lifelong learning. Not a week goes by in which I don't reflect on a lesson that she has taught me."

"One of the great gifts we have to give our students can sometimes happen beyond or after the classroom," says Dr. Vartan. "I truly believe in the power of sharing and making connections. It is such a joy to be able to lift students up with the chance to interact with my professional network. Watching Jordan and others seize the day and reach their full potential is truly amazing and creates opportunities for even more great stories and a greater legacy in the future!"

The Percussive Arts Society International Convention (PASIC) is the largest percussion event in the world and brings thousands of percussionists together from across the globe. The Heartland Marimba Quartet (HMQ) concert that is taking place during the convention will feature the current Quartet, eight Heartland Marimba Ensemble artists, and will welcome back founding HMQ members and conductors as well as former collaborators and guest artists.

"We are reaching back to 2015 and presenting a concert for our percussion community that I feel exhibits the broadness of our mission and



Jordan Nielsen

PHOTOS COURTESY SUU

activities," shared a spokesperson for HBQ. "This is our chance to knock their socks off by giving them a little bit of everything. We will be using eight marimbas, a vibraphone, two xylophones, a glockenspiel, crotales, and other small percussion instruments to perform pieces from our whole body of work, including one piece that will be released on an album in 2023."

The University is proud to have outstanding faculty and alumni perform at the international level and showcase the lifelong learning opportunities that are made possible at Southern Utah University. For more information about the SUU Department of Music and its instrumental area of study, please visit www.suu.edu/music.

Community celebrates Cedar City's 171st Birthday

by Gabrielle Costello

CEDAR CITY PUBLIC INFORMATION OFFICER

The community gathered this past weekend to celebrate Cedar City's 171st birthday, with events organized by the Cedar City Historic Preservation Commission.

The celebration began on Thursday, November 10th with a concert performed by the Orchestra of Southern Utah titled "Traditions." Attendees were able to sing Happy Birthday to Cedar City with the Orchestra and enjoy complimentary birthday cake in the foyer, in the company of a massively decorated faux birthday cake with illuminating candles.

On Friday, November 11th, birthday guests gathered at the City Hall front steps for a Downtown Historical Markers Dedication ceremony with remarks from Mayor Garth O. Green, followed by a walking tour of six downtown city landmarks with refreshments in tow. With the chilly weather, Mayor Green acknowledged Mr. Henry Lunt's statue standing tall at the steps of City Hall, wondering if he knew how cold it would be in modern-day Cedar City in mid-November.

Following the Historical Marker Dedication Ceremony, the Downtown Scavenger Hunt was officially announced, and the community was invited to put their history knowledge to the test. Folks were invited to return their completed scavenger hunt to the Frontier Homestead State Park on Saturday, November 12th to receive a commemorative prize and enjoy delicious cobbler to continue in the birthday celebration.

Whether you've lived here you're whole life or are new to the area, the entire community is invited to participate in the annual Cedar City Scavenger Hunt in Historical Downtown to learn more about local history. The scavenger hunt information is still available at www.CedarCity.org, along with the answer key. If you missed out this weekend, participate at your own pace and learn some new historical facts that are sure to be a great conversation piece. Happy birthday, Cedar City!



Cedar City turned 171 years young last week and the community came to celebrate!

Cedar celebrates birthday with special traditions, memories

by May Hunter

FOR IRON COUNTY TODAY

The settlement of Cedar City began November 11th, 1851, when a group of 35 men led by Henry Lunt arrived in a blizzard from Parowan, 20 miles to the North, to establish an iron works. They founded what they called "Fort Cedar" or "Cedar City" on the north bank of Coal Creek. They decided upon the name because of the abundance of juniper trees in the area, which they thought were cedars.

It is most fitting that each year Cedar City's birthday falls in the month of November. It is a time to remember those who have

sacrificed through their military service, to gather with family and friends for Thanksgiving, and to honor those who came before and cherished this land.

As we honored veterans on November 11th, we also honored the brave pioneers who came before. The festivities of Cedar City's 171st birthday began on November 10th as Cedar City celebrated "traditions" through music with a concert by the Orchestra of Southern Utah.

What do traditions really mean? We all have "traditions" that are forever linked directly to our memories. Traditions reinforce values such as freedom, faith, integrity, and help define our roots and identity. They involve a sense of belonging

and bring family and communities together.

Because of our traditions, we've kept our balance for many, many years. Traditions can be the link between the past, the present, and the future. Isn't that really what a birthday celebration is? It reminds us of the past 365 days, the cherished memories made, the excitement and promise of today, and the hope that the next year will bring positive change.

As we commemorate 171 years of Cedar City's existence, we do so by examining the past, acknowledging the present, and anticipating the future of Cedar City through traditions and memories.

We look at the past, and we

are humbled by the beginnings of a small group of brave pioneers who built a small fort they called "home", through the present, we continue to work on the challenges of our town and experience the joy of living here, and as we prepare for the future, we envision a city for all of us that will be bright, prosperous, and embracing.

November is also National Native American Month. We should never forget the ancestors from our Native American culture who were protectors of this land long before our city was settled. May we continue to learn from them and work alongside our Native American brothers and sisters creating a better community for all.

family

Jumping the Christmas gun

Last week I enjoyed visiting with relatives I hadn't seen in over a year at a family reunion. We talked about everything: kids, health, the weather, future vacations, etc.

One conversation led to the holidays when a cousin-in-law asked if I am "one of those people" who decorates for Christmas before Thanksgiving. I enthusiastically replied, "Yes!" This is something I do shamelessly and with the full support of my family.

"Heaven forbid they hear my three-year-old belting out 'Jingle Bells' throughout the summer!"

mom's
CORNER(ED)

by Weslie Stratton

CONTRIBUTOR



There is a huge divide between Christmas addicts like myself and "those other people" who feel that holidays should be compartmentalized in neat little time frames that never overlap. Heaven forbid they hear my three-year-old belting out "Jingle Bells" throughout the summer!

In all seriousness, there is something nostalgic and cozy about the whole Christmas season that I long for the other 11 months of the year. This is why I have decided that not prolonging my favorite holiday by a month is completely acceptable.

That said, my family still enjoys a traditional Thanksgiving and all

that entails. We just enjoy it with the beautiful glow of twinkle lights on the Christmas tree that is waiting to be decorated the next day.

Traditionally, the Stratton family cuts down a Christmas tree in the forest the weekend after Thanksgiving. This forced me to wait until then to put our tree up, but a few years back my husband asked what I would like for an anniversary gift at the end of October.

Having decided that a real tree was

too messy for crawling kids and grabby babies (and already having Christmas on my mind) I requested a fake, pre-lit Christmas tree. Naturally we had to try our new tree out, so after the kids were done trick-or-treating that Halloween the tree went up, and voila, a new tradition was made! Each year since then we have decorated immediately following Halloween and have

loved every minute of it.

Occasionally, someone will enter our home, take a look around and roll their eyes. For the most part I have found that the serene beauty of Christmas lights have a way of softening a home and creating a cheerful atmosphere!

Every morning after our tree goes up I will walk out of the bedroom to find our oldest three children cuddled up on the couch together staring at it.

For this reason, and because of the sheer joy it brings my heart, I will forever be unapologetic about beginning my celebration of Christmas prior to Thanksgiving!

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calendar

WED, NOV 16

BUTTON DAY

BEGINNING TAI CHI FOR HEALTH (9:30AM) @ Cedar City Senior Center (489 E 200 S). Excellent low impact movement for stress reduction and balance – Fun and Free! INFO: Maria Bailey (435) 673-3548 x103. Pre-registration not required.

CEDAR CITY SMALL BUSINESS NETWORK (9:30am) @ Pastry Pub (86 W University Blvd, Cedar City). FREE. No long-term commitment. Come connect, interact, build relationships. INFO: cedarcitysmallbusinessnetwork.com.

MIDVALLEY FARMERS MARKET (4-7PM) @ 780 Midvalley Rd (Enoch). Locally grown produce, eggs, honey and meats, homemade cheese, canned goods, baked goods, hot foods for dinner. Local artisans for hand-made original arts and crafts! INFO: Text 760-580-0116.

CHARACTER SKETCHES (WEDS, 6:30-8:30PM) @ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

THURS, NOV 17

HIKING DAY

BIBLE STUDY CLASS (1-3PM) @ CEDAR CITY Public Library (303 N 100 E). This Precept Upon Precept Bible Study includes a 15-week study of Romans 1-5. Workbooks \$31.50. Romans 1-5 explains the foundational doctrines of our faith - original sin, justification, redemption, and propitiation. Studies consist of homework, discussion, and DVD lecture by Bible teacher Wayne Barber. INFO 435-267-2234 or 435-238-3078, www.precept.org.



SUU GUIDED TOURS (7-8PM) MEET @ lower level of the SUU Library (351 W University Blvd, Cedar City). Admission is FREE. If you love history, the SUU Archaeology Repository stores artifacts recovered from archaeological surveys and excavations conducted on federal and state lands in southwestern Utah and the Arizona Strip since the early 1960s.

CV – TUCK EVERLASTING (7PM, 17TH-19TH, 21st) @ Canyon View High School (166 W 1925 N). Tickets \$7 adults & \$2 students. Preferred seating \$10 adults & \$5 students. Family passes \$20 available (onstage.tickets). Based on the novel Tuck Everlasting by Natalie Babbitt. INFO: (435) 586-2813.



FRI, NOV 18

PRINCESS DAY

TALON CRAFT FAIR (FRI 5-9PM, SAT 9-5PM) @ Canyon View High School (166 W 1925 N). Admission is \$1 per person or 6 for \$5. Enjoy a day with food, craft vendors, live entertainment, and more. Don't forget to visit Santa! INFO: www.cvtalons.wixsite.com/talons.

SAT, NOV 19

ADOPTION DAY

CEDAR CITY FARMERS MARKET (9AM-1PM) @ IFA parking lot (summer) (10am-1pm) @ inside IFA (winter) (905 S Main St, Cedar City), admission FREE. Come for the farmers, food, and artisans as well as drawings, bingo, and more! INFO: Facebook, Cedar Saturday Market, or Nancy (435) 463-3735.

FESTIVAL CITY FARMERS MARKET (9am-1pm) Summer. (10am-1pm) Winter. @ W Center & 100 S. By Bristlecone Coffee. FREE. Festival City Farmers Market offers the bounty of local farmers, backyard gardeners, fresh fruits, veggies, and local artisans for jewelry, art, wood, pottery. INFO: Text 760-580-0116.



SUN, NOV 20

GAME AND PUZZLE WEEK

“THE HOLIDAY SEASON IS A PERFECT TIME to reflect on our blessings and seek out ways to make life better for those around us.” – Anonymous

MON, NOV 21

BOOK WEEK

PATCHES 4 PATRIOTS (11AM – 4PM) @ Cedar City Visitor's Center (581 N Main) Iron County's Quilt of Valor. To nominate a Service Member or Veteran that has been touched by war go to the Quilts of Valor website <https://www.qovf.org>. INFO: Esmeralda Carter 757-438-2371.



TUES, NOV 22

GO FOR A RIDE DAY

SUMA: EXHIBITS (11AM-6PM, MON-SAT) @ SUMA (13 S 300 W, Cedar City). Admission is Free. INFO: suu.edu/suma.

WED, NOV 23

JUKEBOX DAY

MIDVALLEY FARMERS MARKET (4-7PM) @ 780 Midvalley Rd (Enoch). Locally grown produce, eggs, honey and meats, homemade cheese, canned goods, baked goods and several types of hot foods for dinner. Local artisans for handmade original arts and crafts! Live entertainment. INFO: Text 760-580-0116.

CHARACTER SKETCHES (WEDS, 6:30-8:30PM) @ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

FRI, NOV 25

PAROWAN CHRISTMAS IN THE COUNTRY (Fri – Sat) Events include: (Holiday Bazaar @ Iron County Fair Building (50 S 600 E Clinic Way). Santa's Parade (Sat 10am). Candlelight Walking Parade (Sat 6pm). Town Lighting Ceremony (Sat - 6:15pm @ Town Square). Christmas Variety Show (Sat 7pm @ Aladdin Theater, 27 N Main). INFO: Parowan Visitor Center (435) 477-8190.

SAT, NOV 26

PAROWAN HOMETOWN HOLIDAY MARKET (9-5pm) @ Parowan shopping areas throughout the community. Unique & meaningful gifts for your loved ones.

CEDAR CITY DOWNTOWN LIGHTING CEREMONY (4-6pm) @ Cedar City Offices (10 N Main St, Cedar City) @ 4pm with food trucks, tree decorating contest. 5:15 pm the program begins. Santa arrives at 6pm and the lights will be turned on. Pictures with Santa, Holiday Tree Fundraiser, Hot Chocolate, view/win Christmas trees, children's area and more!



5TH ANNUAL HOLIDAY TREE JUBILEE (5-8PM) 26th, 28th, 29th @ Heritage Center Theater (105 N 100 E, Cedar), \$25 Family Donation. Come see Santa and an amazing display of decorated Christmas trees. All proceeds go to our local homeless and at-risk teens. FREE professional Christmas photographs, FREE hot chocolate, Christmas trees to view and WIN. INFO: Facebook: /holidaytreejubilee or (435) 531-9138.

Want your event on our calendar?

There is no charge for calendar items. Your submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.



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schools



GATEWAY STUDENTS HONOR VETERANS

from Amy Gibson

FOR IRON COUNTY TODAY

Friday, November 11th marked our annual Veterans Day program and breakfast. It was so great to be back on campus for this exciting event. Due to COVID, the previous years had been celebrated as a drive-thru style breakfast and radio show.

This year, veterans were welcomed into the school by our Honor Society students and linked with their students to move to the field for the helicopter landing. After that, they made their way inside for some breakfast with all the fixin's.

A huge thank you to the Civil Air Patrol for Posting the Colors. Among the favorite songs performed, the 4th and 5th grader's "Military Medley", and "Thank You, Soldiers" are always tear-jerkers. Veterans commented that they got to enjoy songs including, "In Flanders Field" which they hadn't heard in quite some time.

This year we had all Kindergarten through 5th graders, band, and choir perform. There is something special about events coming together with the input of numerous students and staff that make me realize Gateway is truly a great way.



PHOTOS COURTESY GATEWAY ACADEMY

ICSD NEWS NUGGETS

from LeAnn Woolstenhulme

IRON COUNTY SCHOOL DISTRICT

Enoch Elementary

Enoch's 5th grade students designed earthquake-proof structures. The students tested their building ideas on shaker tables provided by the SUU STEM Center. "It was awesome," said 5th grader Alex, "We got to experiment with our own engineering skills." The science standard encourages students to design and create solutions to prevent damage from natural disasters.



Escalante Valley Elementary

Motivational speaker, Chad Hymas, delivered a powerful message to our students during his recent assembly. Despite a tragic accident which left Mr. Hymas paralyzed, he fought back to prove that physical limitations don't have to stop a person from dreaming big. His message of hope, self-love, and showing kindness towards others left an impact on students and staff alike. Escalante Valley School felt honored to have welcomed Mr. Hymas into our building for a morning full of laughter, tears and the hope that everyone will be reminded to DO what needs to be DOne!



Fiddlers Canyon Elementary

Thank you to everyone who supported our school by eating at Culver's for our Feed Your Family Fundraiser on November 7! We had a great turnout. Our next Feed Your Family Fundraiser will be in December at Panda Express. Keep your eyes peeled here and on the Fiddlers Canyon Elementary PTA Facebook page for more details and to stay updated on all the great things happening at our school.

With the cold weather in full swing, please make sure your child's coat is labeled. If your child came home without a coat, check our overflowing lost-and-found bins. We have lots of missing items just waiting to be reunited with their owners.

Three Peaks Elementary

Mr. Hunt hosted a lunar eclipse party in the early morning hours of November 8. A few brave students and their parents met from 2:30-3:30 am on the back playground of Three Peaks Elementary to watch the last "beaver blood moon" of 2022. Mr. Hunt explained to his students that a lunar eclipse can only occur when the full moon passes through the shadow of the Earth. Lunar eclipses happen about twice a year and can be seen from a much larger portion of the Earth compared to solar eclipses. Lunar eclipses can last for a few hours, but solar eclipses may last only a few minutes. It was cold and windy but students enjoyed each other's company while drinking hot chocolate and waiting for the astronomical phenomenon to happen. All students who attended the lunar eclipse party were in attendance at school later that morning. Thank you, Mr. Hunt for making learning fun.



Three Peaks Elementary will host our eighth annual Turkey Calling Contest on November 21. Details and winners will be listed later. A reminder that school will not be in session November 23-27 because of Thanksgiving Break.

South Elementary

Our school theme this month is Gratitude. South Elementary would like to express our gratitude to all military veterans who have bravely served our country. Thank you for serving and protecting our freedoms we enjoy.



Fifth grade wrapped up their science unit on learning about different earth's spheres interactions by constructing and erupting volcanoes! It was a blast!



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The Family Tree

From roots to fruits, everyone has a family tree. You may not be able to name every leaf, or brag about every branch, but one thing is certain, without those who came before you, you wouldn't be here. How familiar are you with your family tree? Some know the history of their arboreal ancestors going back many generations. Others can name a few branches or leaves, while some may wish they were part of a different tree of heritage altogether. I know some who would like to do some personal pruning or perhaps purchase a chainsaw for their family tree!

That's understandable. Hopefully, I can help change those churnings and challenge you to keep your own roots out of such ruts. At the very least, within the forests of your own mind and heart, offer some hope for your future fruits no matter the roots and fruits that came before you.

As you know, my last name is Baumgartner. I grew up being informed that it means Tree Gardner or Tree Doctor. While I may not know how to perfectly prune a tree,

I've planted, climbed and burned (fireplaces and campfires) a few in my days. Yes, the rumor may be true that plastic houseplants survive better in my home than live ones. Nevertheless, I know a thing or two about roots and fruits and I'm going to go out on a limb and say that

the rut
LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



everyone's family tree needs a little more TLC, and persistent, patient, compassionate pruning. I'm not speaking of ostracizing and disowning as much as making sure that we our nurturing and protecting our family forest from anything (big or small) that can destroy the health of our roots and reduce our fruits. If you need an example and some encouragement, take a drive up the canyon and witness the work of the tiny, but devastating Bark Beetle. Sometimes

see **FAMILY TREE** » 20



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obituaries

Cherene Heap



Cherene Heap passed away after a valiant battle with ALS, November 6th, 2022, Cedar City, Utah surrounded by loving family. Cherene was born on October 10, 1956, in Panguitch Utah to Wallace Garth Heap and Marilyn Riggs Heap.

Cherene was mother to many and teacher to all. She was the first of four children and set a beautiful example for her siblings to follow. Cherene spent her first year of life in Hatch, Utah then moved to Cedar City which became home for her. She

attended Cedar High School, SUSC and SUU and pursued the occupation she was born for as an elementary school teacher. She began her career in the Alpine School District and then was offered a position at North Elementary in Cedar City where she remained a Polar Bear for the rest of her career. She loved each and every student she taught. She loved to share with them the joys of reading and the doors that could be opened through education. Cherene was also very involved with childcare for the Utah Shakespearian Festival.

She had a great love of nature, the arts, good music and was an avid reader. Among her greatest joys in life were her nieces and nephews. She delighted in spoiling them and sharing many adventures with them. She also had the privilege of having foster children with her sweet friend and roommate Kris Cooley as part of their friend family and considered them her own and their children as her grandchildren.

She has been invaluable as her mother's caregiver after the passing of her father, bringing so much peace of mind to her siblings. Cherene has served at every opportunity throughout her life, including a full-time mission in the Oregon Portland Mission, Relief Society president, Primary president, Young Women and temple ordinance worker. She especially loved being a temple service missionary in the youth center.

She is survived by her mother Marilyn R. Heap; sister SheraLyn LeFevre (Lloyd) Cedar City; Sharla Graf (Brian) Missionaries in Kumamoto, Japan; Michael Heap (Connie) Cedar City; foster children Sandy Allen Rollins (Katie) Holden, Utah; James Rollins, Cedar City, Utah. 13 nieces and nephews and 7 grandchildren.

She was preceded in the death by her father Wallace G. Heap, grandparents and many loving uncles and aunts. Funeral services were held on Saturday November 12th at the Cedar West Stake Center 725 South 1100 West. Funeral services were under the direction of Southern Utah Mortuary. Interment was in the Hatch, Utah Cemetery.

Avon Maree Payton



Avon Maree Payton, age 96, passed peacefully away of natural causes in Cedar City, UT on November 7, 2022.

Avon was born in Los Angeles California on May 27, 1926, and raised by her mother, Rhea Taylor. While living in La Brea California she told of playing with the Little Rascals of movie fame as they lived on the same street. Her mother was a studio artist for the motion picture studios and often took her to work where she watched movie making.

Avon studied at Poly Tec College until the war came along when she volunteered to work as an aircraft mechanic working on the hydraulic systems on large planes. She often would be required to sit in the right seat for the test flights and said she hoped she put the landing gear back together correctly. At age 50 she purchased an airplane and flew regularly over Southern Utah just to see the country by herself.

She was a long-time resident of Kanarrville, UT and loved the quiet life there. She was active in taking classes at SUU until she no longer could drive well into her 90's. She enjoyed studying geology and had quite a rock pile to show for it. She often could be seen at yard sales as her need to store up for the next depression was great.

Her children, Richard Payton, Douglas Payton (deceased), Kitty Marie Payton, and Harold TEE Payton (deceased). She has eleven grandchildren and numerous great-grandchildren.

She was very appreciative of her adopted family at Cedar Health and Rehabilitation for their caring and love.

Her wishes are that there will be no viewing and she will be cremated and laid to rest under her favorite tree.

She was certainly a real character for those that knew her. We will miss her.

Donald Ray Blount



Donnie was born on October 20, 1960, in Bellflower, California, to Herschel and Joan Blount. He spent much of his time in the Pacific Ocean, where he and his friends would play and surf the many beaches in the warm California sun.

He met and married the love of his life, Connie Teresa Minner. Together they raised their wonderful children from their previous marriages in Cedar City, Utah. Donny was a faithful and loyal friend. He was a master at yard work and loved the

industrial field.

Donald Ray Blount, age 62, passed away peacefully after a courageous battle with CIDP on October 31, 2022, in Cedar City, Utah. Everyone Donny met instantly fell in love with his good nature and genuine, positive, can-do attitude.

He truly loved his wife, Connie, and looked at her joyfully. He loved to pass candy to friends at work and could bring the morale up in any situation. Many relatives and lifelong friends will miss him.

He is survived by his lovely wife, Connie Blount, brother Gary, and his wife, Cathy, daughter Lyndsey Blount; three step-children, Rachael Harris, Grant Nord, and Shaun Nord, wife Jenelle; and seven grandchildren.

Services will be held at the Greens Lake Chapel, off Greens Lake Road, Cedar City, Utah. On Saturday November 12, 11:00 am.

Tamra (Tamie) McDonough Wheeler



Tamra (Tamie) McDonough Wheeler, 64, passed away on November 5th, 2022, at the Cedar Health and Rehabilitation Center surrounded by her family. Her Death was caused from complications of a rare brain syndrome called PRES. She was a daughter, sister, wife, mother, grandma, aunt, and friend.

Tamie was born June 5th, 1958, in Cedar City, Utah to Talmage and Yvonne McDonough. She was born and raised on Highland Drive and loved to play in the hills behind her house and

down by the creek. She was raised and loved by her three sisters and brother. Sandra (Wells) Webster, Hollie (Doug) Urle, Colleen Blackner (deceased) and Wade McDonough.

Tamie worked at the Pizza Factory when it first opened in Cedar City, Valley Medical Center, TWA, KBRE Radio Station, and the Department of Natural Resources, where her work ethic and abilities were greatly appreciated. She enjoyed cooking, especially her coconut bread and cream pies. She loved her dogs, Chinese good, watching WWE and AEW wrestling, flowers, coloring, and Dr. Pepper. Family was very important to Tamie, she loved them all! She will be missed by all who knew and loved her.

Tamie is survived by her three children, Tyler (Heather) Marshall, Ashley Marshall, and Derek (Amanda) Wheeler, six grandchildren, Jacob Larsen, Tenaysha Larsen, Talmage Marshall, Hay Lee Jo Marshall, Wyatt Marshall, and Ayden Wheeler, four great-grandchildren Zachary, Emma, Luke Larsen, Tyler Joe Larsen, and many nieces and nephews.

Final Arrangements are under the direction of Southern Utah Mortuary.

Donald Stanley Snyder



D. Stanley Snyder, "Stan," age 74, of Cedar City, Utah, passed away peacefully on October 28, 2022, at St. George Regional Hospital.

Stan was born on June 29, 1948 in Waco, Texas to John Walter David Snyder and Dorothy Mae Brisbin. In his early years, his family moved to West Covina, California and then to Spring Valley, California. Stan graduated from Mount Miguel High School in Spring Valley, California. After high school, Stan worked in the grocery store business before serving

a mission for the Church of Jesus Christ of Latter-day Saints.

During the years of 1968 and 1969, he served in the French East Mission that covered southern France and western Switzerland. Following his mission, he began his career with the United Food and Commercial Workers Union and worked for various grocery stores throughout San Diego County. He was a non-foods department manager for many years. He retired after an exciting 35-year career.

On May 12, 1973, Stan married the love of his life, Francie Matthews, in the Los Angeles California Temple. They were married 49 1/2 years. They have 6 children and 17 grandchildren. They raised their family in two southern California cities—National City and El Cajon. In 2005, they moved to Cedar City, Utah.

Stan has been a member of the Church of Jesus Christ of Latter-day saints since the early 1960's. Being a member of the Church and a disciple of Jesus Christ were very important to him. He served in many callings over the years including 5 bishoprics, high councilor, High Priest Group leadership, ward mission leader, Young Men president, Scout leader, Primary teacher and cleaning supervisor at the Cedar City Temple. For the last 4 years, Stan and his wife have served as Church Service missionaries with the Addiction Recovery Program.

Gardening was one of Stan's favorite pastimes. Stan grew a bountiful garden each summer. His specialties were corn, green beans, pumpkins and watermelon. Stan also loved maintaining his lawn and yard. He enjoyed mowing his lawn with neat, crisp rows. Stan was also an avid hiker, backpacker and camper. His love of the mountains began in his youth as a Boy Scout hiking through the Sierras. He shared his love of the outdoors with his family through yearly camping trips. His favorite place to camp and hike was Yosemite. In his later years, he and Francie would return to Yosemite each fall. Stan also enjoyed coin collecting.

Stan was preceded in death by his son, Paul Stanley Snyder, in addition to his parents and his sister, Rita Snyder Danzis. He is survived by his wife, Francie Snyder, his brother, Wayne Snyder, his 5 children, Wendy (Scott) Bradshaw, Jeremy Snyder, Nathan (Jill) Snyder, Amber (Tom) Sorenson, April (Veasna) Kim, and his 17 grandchildren, Paul (Bailey) Bradshaw, Matthew Bradshaw, Joshua (Kassy) Bradshaw, Megan Bradshaw, Jonathan Bradshaw, Evan Bradshaw, Scarlett Snyder, Cayden Snyder, Cameron Snyder, Madison Sorenson, Brandon Sorenson, Jacob Sorenson, Cora Sorenson, Jackson Kim and Teagan Kim.

The family wishes to thank all of the friends and neighbors for the prayers, love and support and those who graciously cared for Stan at St. George Regional Hospital.

Funeral services will be held on Saturday, November 19, 2022, at 11:00 at the Cedar North Stake chapel (95 N 2125 W). Interment at the Cedar City Cemetery will immediately follow. Final arrangements are under the direction of Southern Utah Mortuary. Online condolences may be left at mortuary.org.

Henry "Hans" James Oor



Henry "Hans" James Oor passed away unexpectedly on Wednesday, November 2nd, 2022, at the age of 63, from a massive heart attack.

Hans was born in the Netherlands on January 8th, 1959. With his family, he immigrated to the United States in January 1961. Our family was not expecting Hans' life to be cut so short so soon. We are all devastated by this huge loss and he will be forever missed.

He was born a naturally sweet and kind soul, with a heart of gold, a

big smile for everyone he met and was a joy to be around. He was born into an outdoors-loving family. He especially enjoyed off-roading, hunting, camping and riding his motorcycles with his family and friends.

He worked hard as a Lead Sheet Metal Mechanic for Los Angeles Unified School District and loved his job and the people he worked with. He retired in October 2021 after 19 years.

He is preceded in death by his Mother (Charlotte "Jackie") and Father (Harry) as well as his older sister (Margie) and older brother (Bill) and his nephew (Chris Tanner). He is survived by and will always be remembered with much love by his heartbroken sister & brother-in-law, Lorna & Ed Mackun. Sister-in-law, Patricia Oor. Skip, who is more than a friend, whom he considered a brother, as well as his 3 nephews and many cousins. His girlfriend, Peggy, as well as his beloved animals Gus, Robert and Larry.

He was also greatly loved and will be greatly missed by the many friends he'd made growing up and working with the Los Angeles Unified School District. We are all able to find comfort in knowing he has been reunited with mom and dad and sister and brother and nephew. What a joyous reunion it must have been for them all.

obituaries

Sherma Radmall



Sherma Wright Spendlove Radmall, 86, passed away peacefully on November 8, 2022, in Cedar City, Utah. She was born November 15, 1935, in Hurricane, Utah to Grant Wright and Vinetta Stout.

Sherma was raised in Hurricane and graduated from Hurricane High School in 1954. When Sherma was age 17, her mother died in childbirth and as the oldest child she helped raise her 5 siblings for the next two years until her wedding. Her neighbor Armond Dahl Spendlove returned home while serving in the Navy. They fell in love and were

married on March 30, 1954, in the St George Utah Temple.

As part of Dahl's Naval Service, they moved to Groton, Connecticut and then to Kamakura, Japan. Following Dahl's Naval Service, he took a job with the Bureau of Reclamation and they moved to Vernal, Utah then Cedar City, Utah and then to Boulder, Nevada. During this time Sherma gave birth to four children and they raised their family together.

In 1967 they took a job in Walla Walla, Washington with the Army Corp of Engineers and built a house on 9 acres of farmland where they raised livestock and produce. Her life in Walla Walla changed dramatically in 1971 when Dahl had a brain aneurism and was no longer able to care for himself. Sherma went to work as an office worker so that she could support her family and take care of her husband. She spent many years as the receptionist for Dr. Peter Strange in his OB/GYN office. Dahl passed away on September 23, 1985.

After Dahl passed away and while she was living in Walla Walla, she was introduced to Paul Radmall by her sister Deanna who lived in Cedar City. They talked on the phone every day for 3 months and decided to get married in an effort to save \$800 per month on long-distance phone charges. They were married in the Seattle Washington Temple on July 2, 1988, and she lived in Cedar City for the remainder of her life.

They were inseparable during their 34 wonderful years of marriage. She worked alongside Paul in "The Orchard" in LaVerkin, Utah where they were famous for their family picnics that included diving for coins in sawdust, riding the tractor and using the "Home DePot."

Sherma was an active member of the Church of Jesus Christ of Latter-day Saints. She and Paul spent 8 years working as ordinance workers in the St. George Temple and they served a mission in the Ulaanbaatar Mongolia Mission where they managed the mission's efforts to teach English.

Sherma was an amazing cook. Her family loved her homemade bread, pickles, pickled beets and molasses candy. She became well known in Mongolia for her apple pies and taught the chefs at the 5-star Ulaanbaatar Hotel how to make them.

The best thing about her is the way she lifted those around her. She was always happy and always had something nice to say about everyone. She loved children and would always gravitate to them. Even in her later years as she battled the onset of Alzheimers, she faced her challenges with optimism and faith.

She is survived by her husband, Paul Radmall of Cedar City, Utah; her children Gregg Spendlove (Laura), Scott Spendlove (Pam), Brent Spendlove, and Janice Hegerhorst (Dan); her step-children Stephen Radmall (LaRae), Suzanne Leavitt (Keith), Lloyd Radmall (Kristi), and Mary Mitchell; 29 grandchildren and 64 great-grandchildren. She is also survived by her siblings Darrell Wright (Chunying), Maryanne Evans (Arza), Ginette Bunderson, Deanna Judd (Brent) and Ricky Wright (Pearl).

She was preceded in death by her parents, her husband Armond Dahl Spendlove, her sister Leanna Wright and her great-granddaughter Eve Pettit.

Funeral Services will be held at 11:00 am on Saturday, November 19, 2022, at the Cedar 20th Ward Chapel, 725 South 1100 West, Cedar City. A viewing will be held from 6:00-8:00 pm on Friday, November 18, 2022, at Southern Utah Mortuary, 190 North 300 West, Cedar City, Utah. Visitations will also be held from 9:30-10:30 am at the Cedar 20th Ward building prior to the services. The burial will be in the Hurricane City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent to mortuary.org.

Want to submit an obituary?

There is a charge of \$50 for obituaries to be published. Submissions can be made online at ironcountytoday.com, emailed to news@ironcountytoday.com or brought in typed/digitized format to 389 N 100 W, #12, Cedar City, Utah 84721.

A single submission may include up to two photos. The deadline for submissions is Monday at noon.

faith

'I don't want to be saved alone'

The following editorial is a response to the thought-provoking article entitled "The Only Hope for Heaven" (Nov 9, pg. 20)

by A.T. Younger

FOR IRON COUNTY TODAY

I have endured many personal moments secluded on the island the writer spoke of. I have been neglected by those who should have included and encouraged me more during those troubled times. It has only been because of the light and love of Jesus that I found my way back to the sure shore of hope and faith. Yet, I wonder how many I have failed to include and encourage? And how many are still stuck on lonely islands and in the valleys of sorrow and don't know about Jesus or salvation that I could have reached out to by opening my mouth and letting my light so shine?

I suppose the question is, why are/were we (me) stuck on that island in the first place? Have we been following Jonah more than Jesus and neglecting our divine duties to love one another (James 2:17, Jhon 13:34)?

Now, even in my solitude, I knew that I didn't need to be inside a church for God to love me or hear my prayers, nor did I question my salvation. However, to me, that's not what church is for. While not its main purpose, every church should be a place of encouragement and fellowship with others. More importantly, it's a dedicated place for higher-learning (Matthew

11:29), reconnecting and recommitting (through repentance and penance) our lives to Christ, while also receiving His everlasting love and forgiveness towards us.

Yes, Jesus Christ is our only hope, but that makes our need to meet together oft more crucial to encourage each other. (Hebrews 10:5, 2nd Peter 3:17) True, we may not be able to make it to every service, but if we truly seek to become the humble followers of Christ we must continue to join forces (Matthew 18:20) and be lights unto this world. What

better place to train up and fortify the good Samaritans who are

needed even more today on the Road to Jericho? What better place to learn from and lean on others as we strive to become welcoming inn-keepers to the Manger and protecting, guiding guardians (shepherds) in partnership with our Savior?

Yes, Christ's loving sacrifice is enough for me to be saved, but I don't want to be saved alone. I believe I am also called to let my light so shine and

help others (Matthew 5:16) and to bear one another's burdens (Galatians 6:2). It's hard to love my neighbors and bear one another's burdens in solitude.

And I guess what I'm saying is, I'm not judging the person in the pew or on the island (for whatever reason they're there), but how grateful I am that I'm no longer marooned so that I can continue to learn of, speak of, follow and be like Christ to help those stranded or lost to come home.

"While not its main purpose, every church should be a place of encouragement and fellowship with others."

FAMILY TREE

« CONTINUED FROM PAGE 18

we must prune to prevent peril.

I also know that sometimes life provides plenty of manure moments. When it does, we can either let it ruin our fruits or we can use it to fertilize our roots. And no matter what, don't doubt the need for or the power of a shot of Miracle-Gro.

How do you nurture and protect your roots and fruits? Maybe no one showed you how or showed you the wrong way. Regardless, you will reap what you sow. So, no matter who is in your family tree, or their fruits (good or bad), you have the responsibility and ability to repair and improve your own roots and grow better fruits.

Today, no matter how bad your branches or rotten your roots, there is still hope as you begin nourishing, protecting and rooting for your roots. Repair and/or prune where prudent, even when life gives you more manure than Miracle-Gro. Thus, your family forests can continue (or begin with you) to provide the cooling shade, building materials of wisdom and fuel for the fires of your future.

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faith

The God Who Stays (Matthew West)

I was recently running some errands around town and saw a familiar sight in our community, a person holding a cardboard sign that simply, but wisely read: “Out of luck, not out of hope.”

We’ve all seen such signs. We know they are there, whether we look or not; whether we stop and help or not (Matthew 5:42). The Lord also knows they are there. He has not forgotten His other beloved lilies (Matthew 6:25-34). Sometimes we want to help but don’t know how, or can’t. Perhaps we want to help in our hearts, but not our wallets. Those compassionate exchanges are between you and the Lord (Proverbs 3:27).

Nevertheless, know that anytime you help someone (especially those labeled as “the least of these”), whether they have a sign or not, you are doing it unto Christ (Matthew 25:40).

I am also reminded of the compassionate council that we are all beggars. Not just at one time or another, but every day as we plead for God’s grace and tender mercies (Ephesians 2:8-9). Daily we need and plead for new hope

(Psalm 18:24) and new beginnings (Lamentations 3:22-23).

So, what would (does) your sign say? Does it say, “I’m not worth it!” or “Beyond repair!” Maybe you (or someone else) have taken a Sharpie of Shame and scribbled, “Lost Cause”, “Hopeless Case”, “I’m Lost” or “Get Lost!” That may be what the world thinks (and maybe you’ve read it so many times you believe it), but my friends, the world doesn’t

have the final say. He sees things that we don’t, or have forgotten. He sees the people passed by every day who just need a compliment, hug or smile. He also sees those that perhaps we are too quick to judge and grudge.

That’s why Jesus Christ endured (and overcame) the Grueling Gethsemane, the Cruel Cross, and the Terrifying Tomb. So He could be the God who stays. Not because He wants to, but because He wants to, because He loves you!

Today, it’s time to trade in your sign for one of God’s that He wrote just for you. “Worth it!” “Loved!” “Found” “Forgiven!” “Valuable!” “Welcome Home!”

May you also know and feel He is standing beside and staying with you. Nothing can

separate you from His love (Romans 8:31-39). Yes, you will have scars, regrets and feel like there’s no possible way to ever be forgiven, trusted, or even loved again. That’s where God’s unfailing love—during your every failing and flailing—runs to, reaches out, rescues and restores you; to give you a new hope and new future (Jeremiah 29:11).

have the final say.

Nothing written with the Sharpie of Shame has power to overwrite, or override God’s Grace and the Blood of Jesus Christ. Through His Atonement you can rewrite your story. He’ll stay right by your side until your heart is restored and your story is finished.

That’s the miracle and beauty of the Lord looking on the heart (1 Samuel



How did ancient humans know God’s will (Part 7)

by Edy Meredith

FOR IRON COUNTY TODAY

Before the Bible was written down, starting 3,500 years ago and finished in about 70 A.D., how did the earliest human civilizations know the will of the Universe’s Creator? With the Old Testament completed around 400 B.C., with 500 quiet years before the arrival of the Messiah, about 100 more years of New Testament times, and more time before the canon of the Bible was organized together as one book, the good God we know in our Bible has communicated with humans from the beginning as humans sought to know their Creator and the created world around them.

There are at least three ways that I have explored that the Creator brought knowledge to humans. The human conscience the Creator placed in humans helped them to seek knowledge and truth. Within humans is a universal sense of right and wrong, even though not everyone agrees about right and wrong. The sense of morality points toward a maker of morality—God. Romans 1:19-20 notes that the creation points to an intelligent Creator God: “For what can be known about God is plain to them because God has shown it to them. For His invisible attributes,

namely, His eternal power and divine nature have been clearly perceived, ever since the creation of the world, in the things that have been made so they are without excuse.” Yes, humans are without excuse because both within and outside in Nature, the testimony of a Creator God is displayed both anciently and today.

In Psalm 19:1-4: “The heavens declare the glory of God; and the firmament (skies and universe) shows His handiwork. Day unto day utters speech, and night unto night reveals knowledge. There is no speech nor language where their voice is not heard. Their line has gone out through all the earth, and their words to the end of the world.” The complexity of the microcosm (the very small) and the macrocosm (the very large) points to an Ultimate Designer who designed the Universe with purpose, care, and wisdom. Today, especially with our ability to peer backwards in time with magnificent telescopes in the heavens, our knowledge of the power of the Creator is expanding. God is communicating through both natural and supernatural means to share the revelation of who the Triune God is, the Echad of the Old Testament.

Yes, with our modern-day scientific instruments in space, our knowledge

has been enlarged; however, even the ancients from long ago peered into the heavenly skies for timeless knowledge. NASA and Stanford Solar Center have cooperated in a 63-page report on ancient observatories at the following website: solar-center.stanford.edu/AO/Ancient-Observatories.pdf. It contains photographs and detailed information of how ancient cultures tracked the motions of the sun and moon, measured time, and related their world to the skies by building glorious and enigmatic observational structures. The ancient peoples who built the observatories were marking and observing the complicated and cyclic nature of the movements of the sun, moon, planets, and stars that represented a perfection that could not be attained by mortal humans but represented the artistry of the Creator God.

Read about recent astrophysics discoveries and the origins of the original Zodiac stars maps in Wales: members.ancient-origins.net/articles/zodiac-0. Look also at Revelation 12:1-5 for a description of the past sky that can now be time-identified and demonstrates an example of dual prophecy interpretation which we will discuss next week. The Biblical narrative and modern science substantiate and support each other as God’s truth prevails.

"HIS HAND IN MINE"

“These poems capture who I am. They are written with a prayerful hand, and are inspired from above. It is my hope that all who read them will be edified, find comfort, and feel God’s love.”

— L. Brent Jones

Soldiers

by L. Brent Jones

*Soldiers give up everything,
To keep their homeland free.
They leave behind their loved ones,
To fight for liberty.*

*They dedicate the time they serve,
With their honor and their love.
Their love for home and family,
And their faith in God above.*

*They give to us our safety,
And our freedoms they preserve.
So we owe to them our gratitude,
And our praises they deserve.*

*We should never disrespect them,
For they’ve done it all for us.
Or for someone else’s dignity,
They’ve earned our heartfelt trust.*

*They pledge to God and country,
And will give their life for them.
Doing everything that’s asked of them,
Their brothers and sisters they defend.*

*They take an oath of loyalty,
To the country they revere.
As they fulfill their responsibilities,
To their corps and their peers.*

*They’ll never leave a man behind,
For they have a loving bond,
That gives to them a synergy,
And stays with them until they’re gone.*

*The uniform they choose to wear,
Should be honored by us all.
It’s the emblem of our hopes and dreams,
And the freedoms we recall.*

*So, honor them for who they are,
And give thanks for what they do.
For without their constant vigilance,
Would our freedoms just renew?*

*Give thanks to them for what they’ve given,
And what they’ve sacrificed,
To protect the freedoms you hold dear,
For it’s them who have paid the price.*

BRONCOS START FAST, BEAT BEAVERS FOR 2A CROWN

by Tom Zulewski

IRON COUNTY TODAY

ST. GEORGE – San Juan head coach Barkley Christensen knew the challenge his team had in a rematch with the Beaver Beavers for the 2A title. A fast start was an essential need for the Broncos to be successful.

With Parker Snyder under center and doing his thing, Christensen and the rest of the team thanked their lucky stars and celebrated another 2A state championship.

Snyder accounted for five touchdowns – three rushing, two passing – and San Juan took a big first-quarter lead before finishing off the Beavers, 41-21 on Nov. 11. The Broncos won their 25th straight game, finished the year 13-0, and added another big trophy to the school trophy case.

“It’s insane. I get videos from his neighbors of him throwing in snow storms. He’s winning state championships in his backyard all the time,” Christensen said of the junior quarterback. “This isn’t the first one he’s won. He was ready for this.”

For the Beavers (8-5), the day was a reversal of fortune following last week’s 35-0 semifinal shutout over South Summit. On the game’s opening drive, Bodie Wheatley fumbled on the first play from scrimmage at the Beaver 48. Snyder would score on a 1-yard run for the early 7-0 Broncos lead less than three minutes into the first quarter.

Later in the period, Beaver fumbled again and San Juan converted the turnover into their third touchdown on



Beaver’s Gage Raddon eludes his Bronco defender with a well-placed stiff arm.



San Juan

41



Beaver

21

Beaver	0	14	0	7	–	21
San Juan	27	0	8	6	–	41

Q1 – SJ – Snyder 1 run (Black kick), 9:09
 SJ – Conway 8 run (Black kick), 6:46
 SJ – Baker 25 pass from Snyder (Black kick), 2:24
 SJ – Snyder 2 run (kick blocked), :30

Q2 – B – Gale 1 run (Amezcuza kick), 6:07
 B – Gale 17 pass from Fails (Amezcuza kick), 1:03

Q3 – SJ – Conway 5 pass from Snyder (Snyder run), :48

Q4 – SJ – Snyder 1 run (kick blocked), 7:52
 B – Gale 2 run (Amezcuza kick), 3:15



PHOTOS BY COREY BAUMGARTNER

Beaver’s Tate Gale stretches for the endzone, but was called down before crossing the plane. On the next play he ran it in for the score.

a 25-yard pass from Snyder to Collin Baker that stretched the margin to 21-0.

“I’ve been very fortunate to be a part of a program that’s won this (title) two years in a row,” Snyder said. “We knew the mistakes that we made, and a lot of those were on me. We knew if we played smart and played our game, we’d come out and finish this one.”

Helped by two interceptions, the Beaver defense got them back in the game with a pair of second-quarter scores by Tate Gale. Gale scored on a 1-yard run and caught a 17-yard touchdown from Fails with 1:03 left in the half to cut the Bronco lead to 27-14 at the break.

The one key defensive stop that gave San Juan the boost they needed came late in the third quarter. After a fourth-down stop, Snyder drove the Broncos 47 yards in eight plays, hitting Zack Conway on a 4-yard touchdown with 48 seconds remaining in the period. He ran the ball in for a two-point conversion, and the Beavers couldn’t recover.

Snyder added a 1-yard touchdown run early in the final quarter and Gale added a 2-yard TD for Beaver with 3:15 to play that finished the scoring.

Cedar's Esplin, Barnes join SUU for track, golf

by Tom Zulewski

IRON COUNTY TODAY

Quincy Esplin weaved through two different sports before landing on her feet in track and field. Thanks mainly to the COVID pandemic and the help of his dad, Luke Barnes immersed himself in the game of golf. On Nov. 9, the pair saw their sports success bear fruit when they signed their letters of intent to attend Southern Utah University. Esplin will join in the discus and shot put events for track and field while Barnes signed on with the T-Bird golf team.

Esplin, who finished third in the discus behind teammate Kiara Hansen as a junior and sixth in the shot put at the 2021 4A state meet, said growing up in Cedar and attending many events at SUU made the choice of school relatively easy.

"I've grown up going to SUU events and always loved the athletics and academics there," Esplin said. "As I started thinking more about my athletic career, I felt more and more SUU was a good fit for me. As I met with Coach (Jay) Kovar, he made me feel welcome and I know as he coaches me, he'll be able to help me reach the next level."

Barnes had plenty of motivation to sign at SUU. His dad is Cedar Ridge head pro Jared Barnes, who played on the T-Bird golf team.

"It's in the family, and I've always wanted to play there," Barnes said. "Over the last few years, I've been around practicing with the team and



Cedar athletes Quincy Esplin and Luke Barnes signed letters of intent Nov. 9 to attend Southern Utah University. Esplin will join the SUU track team while Barnes will compete in golf.

TOM ZULEWSKI

"As I started thinking more about my athletic career, I felt more and more SUU was a good fit for me."

Quincy Esplin

the coaches. I've known them for a long time."

Barnes was part of a Cedar Reds team that finished in a tie for fifth at this year's 4A state tournament, three strokes behind fourth-place Dixie. The senior missed medalist honors by a single stroke when he carded a double-bogey on the par-5 18th hole at Sky Mountain Golf Course after hitting his approach shot out of bounds.

"I had to accept it and keep

putting the ball in play," said Barnes, who shot a final-round 76 at state and finished tied for 12th. "Go up there and finish the hole with as good a shot as I could."

Esplin transitioned to track and field after nine years in gymnastics and three with the Cedar girls soccer team. She credited gymnastics for helping her get to where she is with track and field.

"It was a sport that taught me

"It's in the family, and I've always wanted to play there"

Luke Barnes

about working hard and gave me a lot of the strength I have now," Esplin said. "Track's always been the sport I've put my attention into. When I decided to part ways with soccer, it was a hard decision because I miss the team, but I knew (track) was the right decision for me."

Esplin plans to study strength and conditioning at SUU, while Barnes plans to study business with an emphasis on golf.

Thunderbirds terrorize Lincoln at home, 55-0

by Jason Marsteller

SUU ATHLETICS STRATEGIC COMMUNICATION

The Southern Utah football team closed out its home season at Eccles Coliseum with a dominant 55-0 drubbing of Lincoln University on Saturday, Nov. 12. With the win, SUU moved to 4-6 on the season and finished with a winning home record of 3-2.

The sizzling shutout is the first for SUU since back-to-back 44-0 shellackings delivered to then-Big Sky opponents Weber State (Oct. 2) and Sacramento State (Oct. 17) in 2017. Additionally, that's the largest margin of victory in a shutout by the T-Birds since a 56-0 conquest of Occidental College on Sept. 1, 1979. The 1979 game stands as the school record for most points scored in a shutout.

Southern Utah's dominant defense controlled the entire game, holding the Oaklanders to just 74 yards from 61 plays. That's a paltry 1.21 yards per play for the visitors. Lincoln also only managed four first downs, while also coughing up the ball three times



SUU's Davin Wilson celebrates a home victory with his T-Bird teammates

SUU ATHLETICS

with one interception and two lost fumbles.

Defensively, junior Aubrey Nellems led the way with 10 tackles including one for loss. Senior defensive lineman Francis Bemiy lived in the backfield with a trio of tackles for loss. In fact,

SUU recorded a crushing 14 tackles for loss during the contest. Sophomore Davin Wilson and freshman Brendan Hale each corralled an interception during the game as well with Wilson turning his into a house call.

The T-Birds overpowering offense

took care of its side of the equation, amassing 450 yards of offense from a balanced attack with 229 rushing yards and 221 passing yards. SUU collected 23 first downs and nearly made it through the entire contest with a punt before senior punter Jake Gerardi rocketed a 58-yarder with 14:07 left in the fourth quarter.

Junior quarterback Justin Miller helmed SUU's offensive attack with a stellar 202.7 quarterback rating. He went 22-for-25 for 208 yards and four touchdowns against one errant pass that led to an interception.

Junior wide receiver Ethan Bolingbroke paced eight pass catchers with 52 yards from five receptions. Sophomore wide receiver Brennon Hutchings led all scorers with a pair of touchdown receptions.

With the game well in hand at the half with SUU up 34-0, plenty of T-Birds had the chance to rush the rock with freshman running back Braedon Wissler leading nine ball carriers with 88 yards off 10 attempts.

see **T-BIRDS** » 26

Thunderbirds fall to Gonzaga, 91-38



SUU's Daylani Ballena makes her move to the basket with an excellent screen from her Lady T-Birds teammate Megan Jensen

by Tyler Francis

SUU ATHLETIC COMMUNICATIONS

SPOKANE, Wash. — The Southern Utah University women's basketball team (2-1) came up short against the Gonzaga Bulldogs (2-1), falling 91-38.

Lizzy Williamson led the way for the Thunderbirds, recording a double-double with 14 points and 10 rebounds. Daylani Ballena also hit double digits, scoring 13 points to go along with three assists and three steals.

Megan Jensen scored on the opening possession for the T-Birds. Following this, Gonzaga would heat up, leading 31-8 after the first quarter. The momentum seemed to be in their favor, as Gonzaga would continue their dominant play into the second quarter, leading 52-15 at the half.

The Thunderbirds competed well in the third quarter. Cherita Daugherty had a pair of buckets, and Ballena and Williamson each had three points to pace the Thunderbirds during this period. The Zags would play well in the fourth, ultimately coming away with a 91-38 victory.

With the loss, the Thunderbirds drop to 2-1 overall.

SCOREBOARD

SCORES

Region 10 Football

11/11 **4A PLAYOFFS, CHAMPIONSHIP**
At Greater Zion Stadium
Desert Hills 30, Crimson Cliffs 14

3A South Football

11/11 **3A PLAYOFFS, CHAMPIONSHIP**
At Greater Zion Stadium
Morgan 55, Juab 3

1A South Football

11/11 **1A PLAYOFFS, CHAMPIONSHIP**
At Greater Zion Stadium
Layton Christian 55, Kanab 19

STANDINGS

Region 10 Football

	REGION	OVERALL
Crimson Cliffs (1)	5-1	10-3
Snow Canyon (5)	5-1	7-4
Desert Hills (2)	4-2	10-3
Dixie (3)	4-2	6-4
Cedar (8)	2-4	4-7
Hurricane (10)	1-5	2-9
Pine View (13)	0-6	0-9

3A South Football

	REGION	OVERALL
Juab (1)	5-0	12-1
Canyon View (4)	4-1	8-4
Richfield (5)	2-3	7-5
North Sanpete (6)	2-3	5-7
Manti (8)	2-3	5-7
Carbon (12)	0-5	2-9

1A South Football

	REGION	OVERALL
Enterprise (2)	3-0	11-1
Kanab (3)	2-1	10-3
Milford (4)	1-2	8-4
Parowan (8)	0-3	1-9

SUU scorches Saint Katherine, 91-48

by Jason Marsteller

SUU ATHLETICS STRATEGIC COMMUNICATION

The Southern Utah men's basketball squad won its second contest in a row with a scintillating performance to down Saint Katherine, 91-49, on Saturday, Nov. 12 at the America First Event Center. The conquest improved SUU's overall record to 2-1 on the season, while Saint Katherine fell to 0-4. That's the fourth win in the series against Saint Katherine as SUU now owns a 4-0 record against the Firebirds.

A trio of Thunderbirds scored double digits this evening with graduate student guard Cameron Healy leading all scorers with 15 points. Senior guard Tevian Jones and freshman guard Martel Williams each put up 12 points of their own in the dominant outing by the 'Birds.

Sophomore center Jason Spurgin nearly nabbed a double-double with nine points and nine rebounds as he led all rebounders tonight. Meanwhile, senior guard Dee Barnes proved to be a pest defensively with four thefts.

Southern Utah owned Saint Katherine offensively, connecting on 50.8 percent of its shots by way of a 32-for-63 outing. That's the second consecutive contest eclipsing the 50-percent mark. SUU also connected on 14-of-39 three-pointers for a 35.9-percent rate. The Thunderbirds dominated the glass, winning the rebounding battle 48-33.

Defensively, Southern Utah held Saint Katherine in check throughout the tilt. The Firebirds shot just 32.1 percent (18-56) and turned the ball over 22 times with SUU converting them into 33 points. SUU also owned the paint, outsourcing Saint Katherine 32-18.

Quite possibly the most telling stat of just how much Southern Utah dominated this contest. SUU's bench (52) outscored Saint Katherine's team (48). That's the same points the bench tallied in its last contest against La Verne.

Stay up to date during the 2022-23 Southern Utah Men's Basketball season by following @SUUBasketball on Twitter and Instagram and by liking the Southern Utah Basketball page on Facebook.



SUU's Cameron Healy fights off a Firebird to score the layup for the Thunderbirds.

Jake Gerardi's unlikely journey to becoming the T-Birds punter

by Tyler Francis

SUU ATHLETIC COMMUNICATIONS

CEDAR CITY — When Jake Gerardi stepped onto the football field as a freshman at Azusa Pacific, he originally had aspirations of being a tight end. During his time at the Division II school he was listed as both a tight end and a kicker, although he mainly saw the field as a punter.

Gerardi earned all-conference honors as a punter while playing for the Cougars, but his time there came to an abrupt end. In 2020 Azusa Pacific announced they were cutting their football program. Gerardi's future was uncertain. "I didn't know if I was going to play football again at that moment," said Gerardi.

It was an unlikely road that brought Gerardi to Cedar City. He sent film to every school in the Big Sky conference, but the Southern Utah University football program was the only team to respond back. The Thunderbirds gave him an offer: move out here in a week and play the spring season, and if he earned a starting position, he would have a scholarship.

At this point Gerardi was unsure whether or not he wanted to pursue his football career as a tight end or a punter. "Either I'll play for a Division II team or lower as a tight end," said Gerardi, "or I would go for a Division I level and try and be a punter."

Gerardi had little to no film as a tight end, but he had already seen great success as a punter. Gerardi accepted the offer from Southern Utah, deciding that he would round out the rest of his career as a punter. He said that the decision to commit solely to punting made him the most focused he'd ever been in his football career up until that point.

Southern Utah University was very different from Azusa Pacific. "Going from a place that's sunny and 75 degrees to a place like Cedar was kind of different," said Gerardi. The first thing that stood

out to him was the snow, something he never had to deal with while growing up in California.

Previously Gerardi had been living in Los Angeles, where there was always something going on in the bustling city. Cedar City was a very different experience. There wasn't as much going on compared to LA, and the

50 yards per punt, contributing significantly to the team's success.

Training to be a punter varies from preparing for other positions in football. The biggest difference, according to Gerardi, is that it's "not always the amount of work you do, it's how smart you do your work." Gerardi elaborated about

football games. "I feel like punters are the unbeknownst heroes of the defense," Gerardi said. Punters can make the game hard for the other team when they do their job right. It doesn't always show up on the stat sheet when a punter forces the opposing team to start from the 20-yard line every possession, but it certainly

1910 yards, shy just 70 yards of breaking his own personal best for a season while with the Thunderbirds.

Gerardi has aspirations of playing professional football upon graduating from SUU. He also plans on dipping his hand into entrepreneurship. Gerardi hopes to have a family in the future and considers himself an "aspiring dad."



SUU ATHLETICS

SUU's Jake Gerardi and his Thunderbirds teammates know that his leg and heart are a crucial part of their success.

"As a punter you don't get the glory. You just do your job and celebrate with the team after."

Jake Gerardi

city itself was much smaller. It was a nice change of pace for Gerardi, who didn't mind the more laid-back nature of Cedar City. "You can really focus," he said. "There's no distractions to take you away from what you're trying to do."

Gerardi worked hard upon arrival to SUU, earning a spot in the rotation as the team's punter. During the spring 2021 season he averaged 40 yards per punt, improving his average over each of the next two years. This season Gerardi has recorded nearly

how the mental side of the game is pivotal for kickers. Having confidence and being mentally prepared are two of the more vital aspects of being a successful punter. The physical aspect of preparation is different as a kicker as well. Gerardi stated that it's important to pace himself while at practice or training in order to not overwork himself and keep his legs fresh for games.

Although they don't always receive the recognition they deserve, punters are a key factor in winning

plays a major factor in coming out with a victory.

Gerardi is satisfied knowing that he helps his squad. "As a punter you don't get the glory. You just do your job and celebrate with the team after."

This team-first attitude is something Gerardi plans on carrying into the final stretch of the season. He aims to do whatever Coach Fitzgerald requires of him, and execute each kick to the best of his ability.

Through the first eight games Gerardi has punted for

With three games remaining on the schedule, Gerardi plans on finishing his college career on a high note. Gerardi and the Southern Utah football team will continue their season on Saturday, when they travel to St. George to take on in-state rival Utah Tech.

For all the latest on Southern Utah football, follow @SUUFB_ on Twitter, @SUUFB on Instagram, and like the Southern Utah Football Facebook page. And don't forget to listen to the Thunderbird Coaches Show on your favorite Podcast platform and on YouTube! New Episodes drop Every Monday at 6 PM!

VISIT US AT IRONCOUNTYTODAY.COM

HS football playoffs give anticlimactic feel

As the later rounds of the 2022 high school football playoff season unfolded, there were storylines worth celebrating. Canyon View winning eight games for the first time in school history was well worth our attention – don't be surprised if the Falcons return to a similar position next November –

“If you thought upsets and surprises would continue in the semifinals and finals, you ended up with a sense of disappointment.”

and the Beaver Beavers went from 30 seconds from elimination all the way to another shot at the 2A state title.

If you thought upsets and surprises would continue in the semifinals and finals, you ended up with



a sense of disappointment. In total from 1A through 4A, three of the top seeds reached the final, but only Layton Christian broke through and won its first 1A title in convincing fashion with a rout of No. 3 Kanab.

All three No. 2 seeds – San Juan, Morgan and Desert Hills – that played for the state championship at Utah Tech on Nov. 11 ended up holding the big trophy with dominating performances. San Juan started fast and beat Beaver (see the story elsewhere on these pages) while Morgan routed No. 1 Juab and Desert Hills pulled away in the second half to beat Crimson Cliffs.

Only the 4A final had dramatics that carried into the fourth quarter, but the Thunder erased any potential for a stressful finish when Cyrus Polu returned a kickoff 90 yards for a touchdown that opened up a 23-7 lead less than 90 seconds into the period. When Tyden Morris added a 3-yard score with 9:12 to play, the countdown was on.

Finals in reverse order of appear-

ance: Thunder 30, Mustangs 14; Morgan 55, Juab 3 (3A...the Wasps' only real highlight was a 52-yard first-quarter field goal by Ryker Richards); Broncos 41, Beavers 21 (2A); Eagles 55, Cowboys 19 (1A).

While having live streams available through KSL's service was nice, 2022 was a clear break from past tradition mainly due to the expansion of 5A and 6A with the latest UHSAA realignment. This meant 5A and 6A got both last week's semifinals and the championship games coming up Friday seen live on KJZZ and KMYU.

Plans for the next two-year realignment are on the agenda for the UHSAA's next Board of Trustees meeting that happens Thursday. Watch this space for more details.

And now, the competition heads indoors starting after Thanksgiving.

The story of the basketball season is clearly the arrival of the 35-second shot clock for all boys and girls varsity games. Here are the regular-season openers for all Iron County high schools.

» **Cedar boys** (with new head coach Tyler Monks): Dec. 1 vs. Sky View in the North vs. South Challenge played at Pine View.

» **Cedar girls**: Nov. 29 at Carbon.

» **Canyon View boys** (with new head coach Kim Blackner): Nov. 30 vs. Hurricane

» **Canyon View girls**: Nov. 22 vs. Beaver.

» **Parowan boys**: tonight vs. Bryce Valley.

» **Parowan girls**: Thursday vs. Draper APA.

Wrestling seasons are also getting started after the Thanksgiving break. Cedar's boys and girls wrestling teams start Dec. 2.

Fresh off its first 2A state volleyball title, the Parowan Rams headlined the all-Region 19 team that was announced last week. Paige Felder was named co-Most Valuable Player along with Kanab's Madison Orton. The other Rams who were named to the team that finished 29-1 include Madison Adams, Taylen Yardley, Layni Williams and Addi Guymon.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

TOM'S SPORTS TRIVIA

In celebration of the end of another sports year – NASCAR just crowned its champions in all three national series Nov. 6 and there won't be much more until we get to 2023 – this week's dozen salutes successes of athletes and teams across the sports spectrum. Please remember...no wagering!

1. While we all know Jack Nicklaus has won the most Masters titles with six, Tiger Woods is second on the list of most green jackets. How many Masters titles does Tiger have?

- A. Two
- B. Three
- C. Four
- D. Five

2. Denver won the 2022 NCAA men's hockey championship ahead of Minnesota State, Minnesota and Michigan. What is this championship called?

- A. Frozen Four
- B. Fantastic Four
- C. Fabulous Four
- D. Frugal Four

3. We make a big deal of our Super Bowl in the U.S., but our neighbors to the north have a championship called the Tim Hortons Brier that's played in March, with the winner representing the country at the World Championship later in the year. What sport do they play?

- A. Ice Fishing
- B. Hockey
- C. Curling
- D. Soccer

4. Speaking of NASCAR, three different drivers have won seven Winston/Nextel/Sprint/Monster Cup Championships, the most all-time. Who does NOT belong on this list?

- A. Dale Earnhardt
- B. Joey Logano
- C. Jimmie Johnson
- D. Richard Petty

5. For NBA championships won, we all know the Boston Celtics and Los Angeles Lakers have ruled the roost with 17 crowns each. Which team moved into third place on the all-time list when it beat the Celtics to win its seventh banner in June?

- A. San Antonio Spurs
- B. Philadelphia 76ers
- C. Golden State Warriors
- D. Chicago Bulls

6. The last Super Bowl touchdown pass NOT thrown by a quarterback came in the second quarter of Super Bowl LVI. Cincinnati Bengals wide receiver Tee Higgins caught a 6-yard score from which teammate?

- A. Joe Mixon
- B. Ja'Marr Chase
- C. Tyler Boyd
- D. Evan McPherson

7. Iga Swiatek won two women's Grand Slam tennis tournaments in 2022 – the French Open (for the second time in three years) and the U.S. Open. What country does Swiatek call home?

- A. Romania
- B. Croatia
- C. Czech Republic
- D. Poland

8. The North Dakota State Bison have won the FCS National Championship in nine of the last 11 years, including 2021. Which current WAC member – who beat Utah Tech on Oct. 29 – won the FCS title in 2020?

- A. Abilene Christian
- B. Sam Houston
- C. Tarleton State
- D. Stephen F. Austin

9. On the PGA Tour, three golfers won their first major titles in 2022. Which one does NOT belong on this list?

- A. Justin Thomas
- B. Scottie Scheffler
- C. Cameron Smith
- D. Matthew Fitzpatrick

10. Rafael Nadal won two Grand Slam titles in 2022 and completed a career Grand Slam for a second time. At which major did Nadal pull off the feat?

- A. Australian Open
- B. French Open
- C. Wimbledon
- D. U.S. Open

11. For the second year in a row, the MLS Cup final was decided by penalty kicks. Which team beat the Philadelphia Union on Nov. 5 in the shootout (3-0) after playing to a 3-3 draw through overtime?

- A. FC Dallas
- B. Portland Timbers
- C. Los Angeles FC
- D. Real Salt Lake

12. At the Men's College World Series in June, which SEC school won its first national title, rallying with three runs in the bottom of the eighth inning in Game 2 to beat Oklahoma?

- A. Alabama
- B. Missouri
- C. Ole Miss
- D. Georgia

LAST WEEK'S ANSWERS

- 1. B: San Diego Padres
- 2. C: Cincinnati Reds
- 3. A: Detroit Tigers
- 4. C: Minnesota Twins
- 5. D: Seattle Mariners
- 6. A: Kansas City Royals
- 7. B: Boston Red Sox
- 8. B: Pittsburgh Pirates
- 9. C: Baltimore Orioles
- 10. A: Milwaukee Brewers
- 11. A: Detroit Tigers
- 12. B: Brooklyn/Los Angeles Dodgers

T-BIRDS

« CONTINUED FROM PAGE 23

Freshman running back Jayden Perkins also rushed 10 times for 64 yards.

The Thunderbirds also celebrated 12 seniors prior to the contest:

- » #91 Francis Bemiy- Defensive Lineman
- » #11 Tre Caine- Defensive Back
- » #18 Austin Ewing- Quarterback
- » #31 Jake Gerardi- Punter/Kicker
- » #81 Brennon Hutchings- Wide Receiver

- » #37 Clayton Johnson- Tight End
- » #16 Justin Mitchell- Safety
- » #36 Jake Narayan- Cornerback
- » #7 Mitchell Price- Safety
- » #47 Dillon Smith- Linebacker
- » #2 Zach Strand- Defensive Lineman
- » #4 Jason Thomas- Safety

For all the latest on Southern Utah football, follow @SUUFB_ on Twitter, @SUUFB on Instagram, and like the Southern Utah Football Facebook page. And don't forget to listen to the Thunderbird Coaches Show on your favorite Podcast platform and YouTube! New Episodes drop Every Monday at 6 p.m.

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Thanksgiving Around the World



People around the world are grateful for a good harvest. A good harvest in the fall means there will be plenty of food for all.

Ancient Greece

Thanksgiving celebrations go back thousands of years in some parts of the world.

In ancient Greek mythology, baby Zeus was fed by a goat foster-mother named Amalthea. One day, he broke off one of her horns. Food began to pour out of the horn. This is the story of the "horn of plenty," a familiar symbol of Thanksgiving in the U.S.A. today.

Circle every other letter to discover another name for the "horn of plenty!"

B C O T O H R Y
N B U L C N
O M P S I F A

C O



China: Moon Festival

China's harvest celebration is called the **Mid-Autumn Festival**, the **Moon Festival** or the **Mooncake Festival**.

Families gather to eat different kinds of round foods that symbolize the moon. These include eggs and **mooncakes**. Tea is served in round cups.

Mooncakes are round pastries that are filled with a sweet filling.

All but one of these mooncakes has an identical twin. Can you find the unique mooncake?



Hold this page up to a mirror to read this paragraph!

mobpniK bətinU

,nɔbɔniK bətɪn U ʀtɪ nɪ
a s ɔpɔstɪs
a ʀvɛst fɛstɪvəl ɛsɔp
tɪpɪ bɪɪng
gɪvɪɪg sʀulɔɔs ɔf ʀuɔd
tɔgɪθɪr ʀɪʀtɪɪr lɛstɪɪ
wɔd hɪs gɪnɪmɪt tʀuɔd
.ɔɪvɛstɪv ɪz ʀuɔd

Canadian Thanksgiving

Thanksgiving Day in Canada is celebrated on the second Monday in October. It was originally celebrated by an English explorer, Sir Martin Frobisher. When his ship reached Canada, he gave thanks for a safe arrival.

What year did Sir Martin Frobisher reach Canada? Complete this math problem to reveal the year.

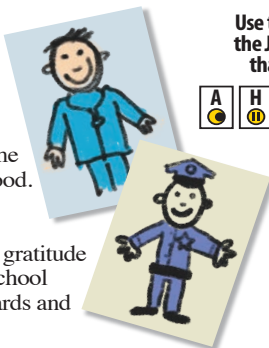
$$\begin{array}{r} 1039 \\ + 539 \\ \hline \end{array}$$

Japan: Labor Thanksgiving Day

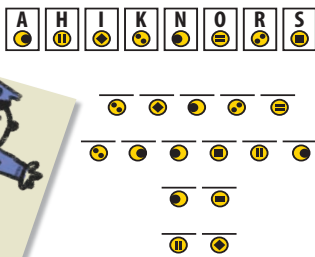
Long ago, people in Japan celebrated the harvest. As time went on, their day of giving thanks became a time to thank the workers who grew and harvested their food.



Today, Japan celebrates a Labor Thanksgiving Day. It's a day to show gratitude for the workers in the community. School children make colorful thank you cards and gifts for the police, firefighters and hospital workers.



Use the code to discover what the Japanese call their special thanksgiving celebration.



Extra! Extra! Thank the Helpers

Write a letter to the editor of your local newspaper thanking the community helpers such as police, firefighters, teachers, hospital workers and more.

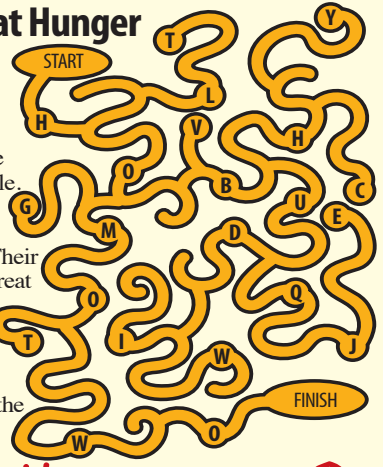
Standards Link: Language Arts: Communicate ideas in letter format.

Kid Scoop Puzzler

Ghana: Hooting at Hunger

In parts of Ghana, people celebrate a festival called **Hooting at Hunger**.

Years ago, a severe famine broke out among the people. The people put all of their energy into growing yams and soon had a big crop. Their hunger ended, and, with great joy, they "hooted at hunger." This is the meaning of their name for their day of thanksgiving. Write down the letters on the correct path of the maze to the celebration's name.



Double Double Word Search

ARRIVAL
CROP
FARMING
FOOD
FULL
GOAT
HARVEST
HORN
HOSPITAL
LABOR
POLICE
TEACHERS
WALKS
WRITE
YAMS

Find the words in the puzzle. How many of them can you find on this page?

X	W	R	I	T	E	T	A	O	G
T	E	A	C	H	E	R	S	H	F
Y	B	P	O	L	I	C	E	O	O
F	T	S	E	V	R	A	H	R	O
U	R	S	K	L	A	W	E	N	D
L	W	L	A	T	I	P	S	O	H
L	A	L	A	B	O	R	C	R	M
Y	A	M	S	Y	J	C	R	O	P
C	E	V	G	N	I	M	R	A	F
D	S	S	A	R	R	I	V	A	L

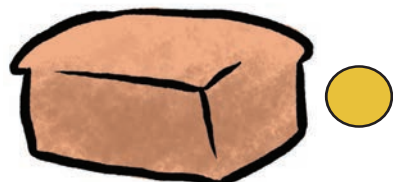
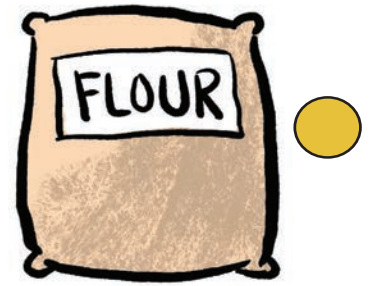
Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

Kid Scoop Together

How Wheat Becomes Bread

Work with a family member to number the pictures in order to show how wheat grows from a seed to become bread. It takes workers at every step to get the bread to people.

1. Seeds are planted.
2. Wheat grows from seed.
3. Grain is removed from the plant.
4. Wheat grains are ground into flour.
5. Flour is made into bread.



Erntedankfest

Germany calls its Thanksgiving **Erntedankfest**. People take to the streets in parades. Some carry harvest crowns made of grains, fruit and flowers.

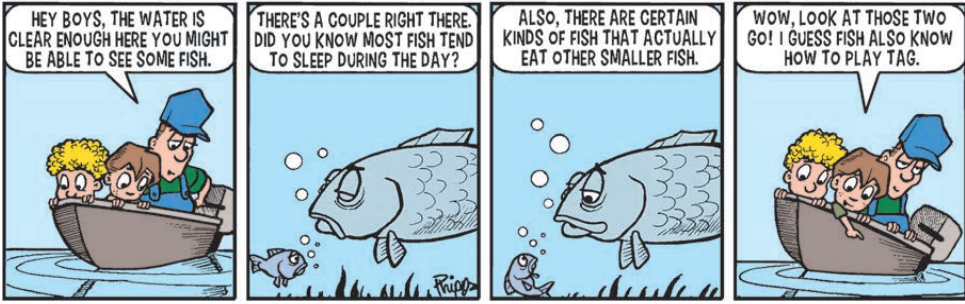
Write On!

I'm Thankful!

Think back on things that have happened since last Thanksgiving. What are you thankful for that happened this past year?

Amber Waves

by Dave T. Phipps



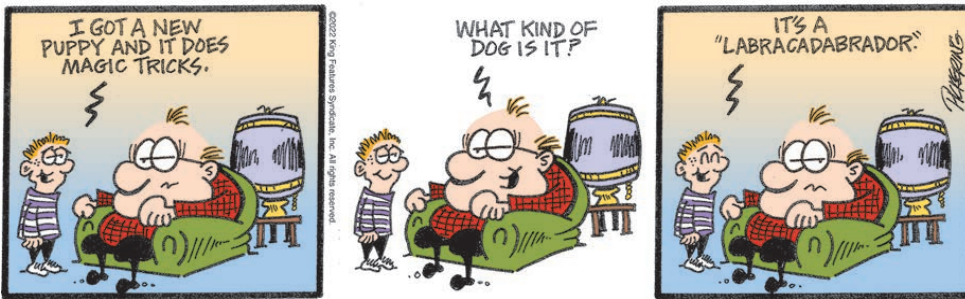
R.F.D.

by Mike Marland



The Spats

by Jeff Pickering

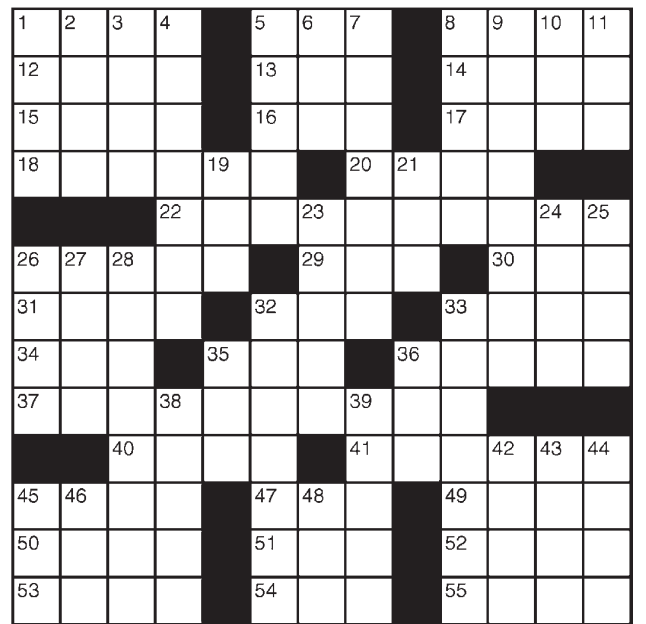


November 14, 2022 Posting Date

King Crossword

ACROSS

- 1 Stitched
- 5 Bol. neighbor
- 8 Urban haze
- 12 Rue the run
- 13 Six, in Sicily
- 14 "I did it!"
- 15 Corp. VIP
- 16 Not on
- 17 Goals
- 18 Summer goal
- 20 See to
- 22 Coffee variety
- 26 Macadamized
- 29 Galley item
- 30 Old Oldsmobile
- 31 "Sad to say ..."
- 32 Director Lee
- 33 Tarzan's transport
- 34 Dress
- 35 Author Umberto
- 36 Wedding rings
- 37 Rich coffee lightener
- 40 Coffin support
- 41 Serviette
- 45 No neatnik
- 47 Dos Passos trilogy
- 49 Early Peruvian
- 50 Actor Hackman
- 51 Computer key
- 52 Aussie hoppers



- 53 Turner and Danson
- 9 Variety of orange
- 35 Needle hole
- 36 Sheep call
- 38 Feelings, informally
- 39 Put into law
- 42 Shoelace snarl
- 43 PC picture acronym
- 45 Pvt.'s superior
- 46 Author Harper
- 48 Away from NNW
- 10 Peculiar
- 11 Helium, for one
- 19 Succor
- 21 Mess up
- 23 Esteem
- 24 Transmit
- 25 Low digits
- 26 Walkway
- 27 Lotion additive
- 28 Wanderer
- 32 Amasses
- 33 "Twilight"

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Weekly SUDOKU

by Linda Thistle

8		4						9
	2			1	7			
		6		8		2		
4				2		8		
	3		7	9		6		
		1	6					4
6			3		8			1
		3		5				6
	1		8					9

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦♦ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Fence is shorter. 2. Ears are different. 3. Dog is moved. 4. Helmet stripe is different. 5. Mouth is different. 6. Armbands are missing.

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SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Probe
LEVED

Cause
UNDICE

Calm
TABLES

Dawdle
TROLIE

TODAY'S WORD

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Trivia test

by Fifi Rodriguez

- MOVIES: Who voices the character of Timon in "The Lion King"?
- ANIMAL KINGDOM: What is a group of parrots called?
- GENERAL KNOWLEDGE: What are the main colors of Italy's flag?
- SCIENCE: What instrument is used to measure wind speed and direction?
- LITERATURE: Who wrote the young readers' novel "Looking for Alaska"?
- U.S. STATES: In which state can you find Glacier National Park?
- MEASUREMENTS: What is the study of measurements called?
- TELEVISION: The characters in "Laverne & Shirley" live and work in which city?
- GEOGRAPHY: Which two countries occupy the Iberian Peninsula?
- U.S. PRESIDENTS: Which president signed into law a bill that made "The Star-Spangled Banner" the national anthem?

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5	9	3	6	4	8	1	2	7	1	2	7
6	4	2	5	7	3	1	7	5	3	8	6
1	7	8	9	2	3	6	5	4	5	2	6
4	3	9	8	5	6	1	6	5	8	7	2
1	2	6	4	7	9	4	8	7	3	8	5
7	8	7	5	3	1	2	6	9	4	6	4
3	2	3	4	7	8	5	6	1	9	6	1
8	5	8	1	7	5	6	4	9	6	1	3
9	6	1	6	9	4	2	3	1	8	5	7

Answer

Weekly SUDOKU

V	A	N	A	E	T	S	E	S	S	E	D	S
G	O	R	E	S	C	E	S	C	E	N	E	G
S	A	V	A	I	N	C	A	S	L	O	B	S
N	K	I	N	A	P	K	I	N	B	I	E	R
M	A	V	A	N	A	E	T	S	E	D	S	S
S	N	D	S	E	C	O	E	C	E	O	G	T
N	E	A	N	G	A	N	G	A	N	G	A	N
O	A	R	E	D	O	A	R	E	D	O	A	R
T	L	I	G	H	T	R	O	A	S	T	A	S
N	D	E	N	D	E	N	D	E	N	D	E	N
P	R	E	S	E	L	E	N	D	S	P	R	E
S	A	H	E	S	E	L	T	A	D	A	S	A
S	M	O	G	A	R	G	S	M	O	G	A	R

Solution time: 25 mins.

Answers

King Crossword

SCRAMBLERS

Solution

- Delve
- Induce
- Stable
- Lotter

Today's Word

LOADED

- Answers**
- Nathan Lane.
 - A pandemonium.
 - Green, white and red.
 - Anemometer.
 - John Green.
 - Montana.
 - Metrolgy.
 - Milwaukee, Wisconsin.
 - Portugal and Spain.
 - Herbert Hoover.

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EVENT

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