

INSIDE...

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WEDNESDAY, OCTOBER 6, 2021

IRON
COUNTY

today

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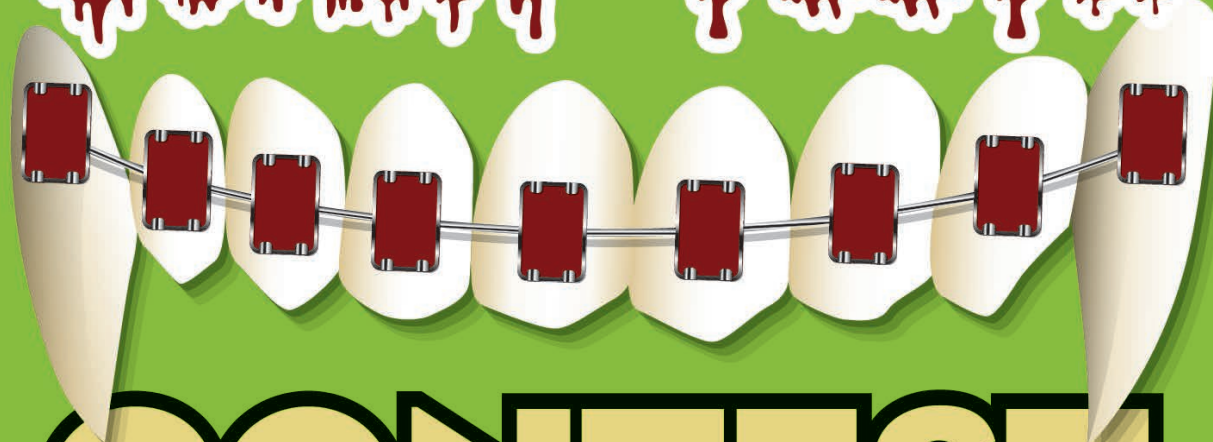




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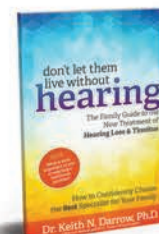
About the Local
Expert in Cedar City:



Dr. Jacob Burrows, AuD

Southern Utah's Leading Expert on the Cognitive Benefits of Medically Treating Hearing Loss, Tinnitus, and Balance and a Director of Audiology for Intermountain Audiology.

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sports

- 4 Opinion
- 11 Showcase
- 15 Life
- 28 Sports
- 32 Classifieds
- 35 Comics/Puzzles

*Big third
quarter
carries
Rams past
Wolves*



IRON
COUNTY

today

SHOOTING SUSPECT IN CUSTODY

from Sgt. JR Robinson

CEDAR CITY POLICE DEPARTMENT

On September 30, 2021, officers from the Cedar City Police Department responded to a report of shots fired at the 4200 West block of 375 N. Initial information reported was a male subject, later identified as Brian Peters, intentionally fired a handgun at a family member inside the home.

Peters also called dispatch and

stated SWAT would need to respond and there would be lots of gun fire. Homes in the immediate area were evacuated and a nearby elementary school was placed on lock-down during this incident. Vehicle traffic on SR-56 was also stopped for a time.

Officers from multiple agencies responded and began to set up containment when Peters fired at least one shot at a uniformed officer who was conducting traffic control

on SR-56 as part of this incident.

Phone contact was made with Peters whereupon he stated if officers entered through his front door he would shoot them. Peters then exited the front of the home aiming his firearm as he approached another uniformed officer. Commands were given by the officer to stop and drop the firearm. Peters disregarded these orders and continued to approach the officer with the firearm. The officer then

discharged his service weapon to stop the threat Peters presented. As a result of this incident, Peters suffered injuries and was transported to Cedar City Hospital and then airlifted to St George for specialized care while remaining in custody of law enforcement.

The motive for this shooting is unknown at this time. This is an active investigation conducted by the Iron/Garfield/Beaver Counties Critical Incident Task Force.

Futuristic Fun!



**SUU Professor
Brandon Wiggins**
uses a Van de
Graaff generator to
demonstrate electric
frequencies.

PHOTOS IN SHOWCASE

SHAY BARUFFI



Maile **WILSON EDWARDS** *Mayor*

I never thought we would see the deception and lies coming from a Political Action Committee during an election here in Cedar City, yet I was wrong. Instead of wanting to talk about policy or how to make our community better, this PAC, my opponent and his supporters would rather try to distract our residents with false and misleading information.

I will once again, address this same unfounded accusation and then return to my plans for the future of our beautiful community.

I was born and raised in Cedar City. My husband and I are proud to be residents of this community and be raising our family here.

When I got married both my husband and I owned separate homes. We kept his home as he is a doctor that has early morning surgeries, and stays at the home once a week, the night before surgery, and also when he is on-call with St George Regional hospital.

Though the request to change the property classification to a secondary residency was made to the proper agency and has been declared that way for years on all tax filings, it was not immediately implemented. However, the correction has now been made with the appropriate agency. There wasn't tax fraud, mortgage fraud or anything else that this Political Action Committee is suggesting.

I am a Cedar City resident. Even our local Iron County Assessor's office confirms that my Cedar City residency has not changed and that as far as they are concerned, I have done everything above board.

Together under my leadership, Cedar City has achieved remarkable and important milestones.

As your Mayor, I pledge to continue to work diligently on the critical issues that we must immediately address including: Infrastructure, water, mitigating the impacts of growth, economic opportunities, and preserving our quality of life.

Authorized by the Committee to Elect Maile Wilson Edwards

www.MaileWilsonEdwards.VOTE

Two-vehicle accident claims lives west of Cedar City

from Jimmy Roden

CEDAR CITY POLICE DEPARTMENT

On September 28, 2021 at 10:07 A.M. officers from the Cedar City Police Department were summoned to the intersection of Highway 56 and Iron Springs Road in reference to a two-vehicle collision. It was determined that a cement truck collided with a white Ford Explorer. The Ford Explorer had five occupants and the cement truck had only the driver inside.

Law Enforcement, Fire and EMS arrived on the scene and began evaluating multiple patients with injuries. It was determined that the adult, female driver of the white Ford Explorer succumbed to her injuries and passed away on scene.

Two other adult females inside the Ford Explorer were transported to a local area hospital in critical condition. One male juvenile passenger was also in critical condition and transported via ambulance. The final occupant of the Ford Explorer was a male juvenile. He was flown via

A tragic accident that took place just west of Cedar City is still under investigation.



JEFF RICHARDS, ST. GEORGE NEWS / CEDAR CITY NEWS

helicopter to a local area hospital and is in critical condition. The driver of the cement truck was uninjured.

The cause of the accident is still under investigation. Our thoughts and prayers are with all of those affected by this tragic incident.

Iron County Mayoral Write-In Candidates

Cam Findlay

ENOCH MAYOR

Please visit ElectCamFindlay.com for videos, to view supporters, and see my full 4 Year Plan. Enoch City is at a hinge point and we need a clear vision going forward. It will take leadership, experience, determination, and hard work, which is why I am asking you to write-in Cam Findlay for Enoch Mayor!

As Mayor, my three areas of focus would be to help Enoch City become:

Prepared
& Responsive
Planned &
Prosperous |
Active & Lively
(See website for complete details.)

Prepared & Responsive:

We must transparently address our drainage and sewer systems by creating a Flood Mitigation Task Force. We must let citizens know exactly what we are dealing with, then get experts and citizens together to find solutions.

We also need an active Community Response Team to be ready when the next disaster hits. There must be a clear central command for communication and distribution of resources.

Planned & Prosperous:

We need to plan and guide our growth, in line with infrastructure capabilities, and plan for the next 5-50 years. With proper planning

we can keep the rural community feel, while attracting the right businesses to generate the revenue which our city needs. We cannot keep living off of impact fees alone.

We must work with developers to create a win-win environment so that our city is benefitted by the growth when it happens.

Active & Lively:

We need more options for recreation and community events in Enoch City. With amazing community members we

have been able to start and grow the Enoch City Soccer league from 300 to 600 participants in only 4 years.

As Mayor I would foster more great activities like this in our city.

My experience by the numbers:

- » 15 Wonderful Years of Marriage
- » 8 Amazing Children
- » 15 Years Helping Cities, Counties, and Small Businesses Plan and Grow
- » \$132M+ In Award Dollars for Small Businesses
- » 4 Years Starting and Running Enoch Soccer
- » 3 Years on the Enoch City Economic Development Committee
- » 4 Years on the Enoch City Parks & Rec Committee

Together, as a community, we can solve the challenges facing Enoch City!



Mollie Halterman

PAROWAN MAYOR

As Mayor, I will work hard and effectively for what matters to you most by bringing people together to take care of our assets and each other to strengthen our town. Current involvement in local, county, regional and state committees and organizations has prepared me for the position by creating relationships, connections and access to resources to help address our issues in a productive way that will ensure wise decisions and positive outcomes. My plan is to counsel and partner with those from Parowan's past and present that know the whats, whys and hows to keep Parowan, Parowan.

Faith, family and relationships are my greatest blessings, second only to community involvement and I am looking forward to working to bring people together for the best possible future for Parowan.

My background and experience includes:

- » Parowan Economic Health/Development Chair
- » Chamber of Commerce President, Main St Beautification
- » Iron County Economic Development Advisory Board
- » 5 Counties Disaster, Recovery Resiliency Economic Strategy (DRRE)
- » Trails Arts Recreation Parks Committee
- » SUU Iron Leaders Academy Inaugural Class '20-'21
- » Bachelor of Science SUU 2014



- » Parowan and Cedar City business owner for the past 18 years
- » Outdoor recreation enthusiast

My priorities as Parowan's next Mayor are to:

1 - Preserve the heritage, history and traditions and communicate the importance of those precious, foundational cornerstones to those who live here, move here and visit here.

2 - Upgrade, improve and reinforce basic infrastructure systems. Water, Power and Connectivity/Communications through maximizing assets including budgeted money, grants and relationships/partnerships.

3 - Bring people together in Parowan through transparent communication including improving our city website, fostering a friendly open-door policy in our city offices and being able to answer questions in person and through other easily accessible communication/media avenues.

4 - Maintain, improve and construct (where feasible) community amenities - Parks, Recreational facilities, Trail systems and inner-city Trails, Sidewalks and municipal properties through maximization of available funds: allotted budgets, grants and local/regional resources, partnerships and relationships.

5 - Fostering the value of the individuals through workforce development, community education and civic project coordination. Building upon the desires of our residents to be part of our community in meaningful, positive ways through welcoming and inviting contribution in projects and processes that are effective, successful and sustainable.

opinion

FROM THE EDITOR

Thank you

Today is last day of what is known as “National Newspaper Week.” While many newspapers have focused on why the media matters to the readers, I think it goes both ways. You, our readers and advertisers matter to us. When our team writes a story, snaps a photo or sells an ad, we’re not just trying to fill space or a make dollars, we want to make a difference for the better in your life and your bottom line.

So, while this week is traditionally about readers thanking their local newspaper, I and the Iron County Today team want to thank each of you. Without your loyal support in so many different ways, we wouldn’t be as great of a newspaper as we have become and are today. Yeah, that sounds like we’re tooting our own horn, but without you we wouldn’t have a horn to toot. Because each week our stories and ads are not just based on—they are all about—our most important assets, you. So any tooting is also rooting for you.

With that, thank you, not only this week, but each Wednesday of all 52 weeks every year.



COREY BAUMGARTNER
MANAGING EDITOR



THOUGHT OF THE WEEK

"There are risks and costs to action. But they are far less than the long-range risks of comfortable inaction."

John F. Kennedy

Personal choice, freedom of choice and life choice

Bryan Gray is a syndicated contributor to, not an employee of, this newspaper. His opinions are solely his own and not of Iron County Today.

This pandemic should have ceased a long time ago. We stopped polio. We stopped smallpox. We could have stopped the spread of COVID too if only a small minority of Americans had not confused freedom with accountability and believed the bellowing internet crackpots instead of guidance from solid science.

If a physician tells me I’ve got cancer, it’s best to believe him than the guy who does my shoe repair. Combine ignorance with the “It’s my life and I’ll do what I want” crowd and you have a virus which has killed nearly 700,000 Americans and forced others to delay life-saving treatment for other diseases due to limited hospital capacity.

Yes, it makes me angry. We had a key to the solution, but a few misinformed men and women gummed up the lock. These included a few Utahns who protested last week outside their employer, the Internal Revenue Service. Their labor union president backed them up, saying they should have a choice as to receiving the vaccine or lose their jobs.

My best response to this claim comes from national newspaper columnist Nancy Armour who wrote last week, “Personal choice, freedom of choice, and a life choice? No. A personal choice is one that

cyclops

Bryan Gray

bgray@alphagraphics.com



affects only you. We have any number of laws that place the protection of the collective good above personal freedoms. Try exercising your ‘freedom’ to drive 100 miles per hour in a school zone and see how well that goes for you.”

“Try exercising your ‘freedom’ to drive 100 miles per hour in a school zone and see how well that goes for you.”

People are being misled. A Cedar City reader, for instance, recently wrote me that the World Health Organization “still insists there is no proof that masks work to slow the spread of COVID.” Actually, that’s a misnomer. In July, the WHO stated that mask-wearing was part of a “comprehensive

strategy to suppress the spread of the virus” and it recommended masks be worn even among the vaccinated. The reader is correct that masks are not a cure-all, but it’s not a fable that the mask-less unvaccinated are some five times more likely to die of COVID in Utah than those listening to the scientific community.

A similar cry comes from a former Salt Lake City Police officer leading the “freedom movement” while holding public anti-vaccination events throughout the state. Before such an event in northern Utah last week, he claimed, “Government in general was never in charge of our health.”

Again, not true. In a court case, *Jacobs vs. Massachusetts*, the U.S. Supreme Court ruled that the state could override individual rights to balance public health during a smallpox outbreak. The justices spoke of viewing “the welfare, comfort, and safety of many, and not permit the interests of the many to be subordinated to the wishes and convenience of the few.”

If the government doesn’t have a legitimate interest in public health, the taxpayers could save a few dollars and stop funding clean water and air initiatives.

Yes, this column should never had been written since COVID would no longer be an issue. But as I write this, Utah hospitals have reported another 23 deaths due to COVID. And yes, this makes me angry.

IRON COUNTY today

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opinion

TO THE EDITOR

Caution on Iron Springs Road

Last week on September 28, there was a fatal accident at the intersection of SR-56 and Iron Springs Road. This is the second fatal accident at this intersection in a year and a half. Most people don't realize that Iron Springs Road enters SR-56 just as the highway makes a 45 degree turn to the southwest. This intersection on the curve is especially dangerous.

The traffic on 56 is traveling at about 60 miles an hour. If you are turning left from Iron Springs Road, a turn I make several times a day, you are facing two allusions. The turn appears to be a normal 90-degree left turn but the curve adds considerably more distance that needs to be covered before you can safely complete the turn. The curve also disguises the speed of the oncoming vehicles. They will reach you before you expect.

Another result of the curve is that it causes large trucks turning right (and there are a lot of oil tankers and garbage trucks turning onto Iron Springs Road) completely hide other vehicles that are approaching the intersection from the east. The result of the configuration of this intersection can be deadly. So please, if you drive Highway 56 be aware of the danger. Watch out for vehicles turning in front of you. If you drive Iron Springs Road, give yourself what seems like much more than enough time to make the turn, you will need it.

Jana Steed, Cedar City

Facts, lies and video tapes

Mr. Bryan Gray (Cyclops) calls President Trump an uneducated blowhard. No, a blowhard is someone who talks a lot and does nothing. Or, says one thing and does another. Trump has an infested ego and he is a bully. In fact, a bigger bully than the original Teddy Roosevelt. Trump pushes red tape and do-nothing government out of the way. In doing so he gave us the vaccine and the best economy ever plus a better life for all minorities. That's typical of Republicans. Trump is the bully we need.

Donald Trump did not incite a riot on January sixth. The video proves he told the crowd to go in peace. However, some misguided fools committed trespassing, vandalism and destruction of Government property. They are being punished for that and rightly so. Recently released videos through the Freedom of Information Act of the entire January sixth incident shows in part a jovial crowd allowed into the capitol by capitol police as well as rioters. By definition the incident was not an insurrection. Compare that to the burnings of federal buildings, police stations and private property the conglomerate called "The Summer of Love."

The officer killed on January sixth actually died of a stroke but Democrats said he was bludgeoned with a fire extinguisher. Lies. The only person killed in the riot was a female veteran Trump supporter. The officer fired indiscriminately into the crowd. That shot is against officer shooting protocol. He was tagged a hero by the conglomerate. Lie. What if a white cop shot a black lady even by accident? The conglomerate would scream murder!

Censoring is Democrat Conglomerate Policy. The conglomerate consists of the media, Hollywood, Big Tech, Unions and the Democrat Party. Big Tech is censoring what they determine is

false information. That's subjective and arguable. There are thousands of medical experts who question mandates of vaccines, especially because of the studies that show people getting COVID after being vaccinated.

Maricopa County Arizona's audit states Biden won the state by about 11,000 votes but their report also indicated there were thousands of ballots for Biden that could not be explained in terms of logistics. Two hundred courts did not hear cases on fraud.

So, the question is, what with open borders allowing tens of thousands of illegals into the country while Biden is mandating everyone else get vaccinated, who is the real blowhard?

Joseph Samuel Russo M.A., M.P.A., Cedar City

Want to submit a letter to the editor?

Submit your letter to the Editor on our website ironcountytoday.com, or by emailing it to news@ironcountytoday.com or bring/mail them to 389 N 100 W, Cedar City, Utah 84721. All letters must be signed, be brief (generally under 300 words in length), list the author's city and give the writer's telephone number (phone number will not be printed). We reserve the right to edit all letters for length or content. For letters arriving electronically, we will use the author's e-mail address in lieu of a signature.

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65°/48°
PRECIP: 20%
WINDS: S 5-15

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Mostly Sunny
67°/50°
PRECIP: 10%
WINDS: S 15

FRIDAY
Showers
58°/42°
PRECIP: 50%
WINDS: S 10-15

SATURDAY
Isolated Showers
58°/40°
PRECIP: 30%
WINDS: WSW 10

SUNDAY
Partly Cloudy
58°/37°
PRECIP: 10%
WINDS: N 10

MONDAY
Mostly Sunny
63°/32°
PRECIP: 10%
WINDS: SW 10-15

TUESDAY
Rain/Snow Showers
42°/24°
PRECIP: 40%
WINDS: W 10-15

IRON COUNTY FORECAST

MILD WITH SLIGHT CHANCE FOR SHOWERS THROUGH THURSDAY, THEN A BETTER RAIN CHANCE FRIDAY AND SATURDAY WITH COOLER TEMPERATURES. SLIGHT WARM UP INTO MONDAY BEFORE TURNING COLDER TUESDAY.

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Southern Utah University

Hawks soar into T-Bird country

from Christina Schweiss

FOR IRON COUNTY TODAY

On September 30, Southern Utah University hosted HawkWatch International. Ryan Paul, a faculty member at SUU introduced Melissa Halvorsen who is the Education and Outreach Director at HawkWatch International.

The HawkWatch mission is “to conserve our environment through education, long-term monitoring, and scientific research on raptors as indicators of ecosystem health.”

After telling the story of how HawkWatch came to be, Halvorsen explained how the raptors, once endangered, are now about to become endangered again. Halvorsen declared that in order for us to stop this endangerment problem, the “Tide of public opinion has to turn to the point that policy makers recognize that they need to act in order to keep their constituents happy.”

Halvorsen inspired the audience to make a difference in not only their community but also in their ecosystem. “To solve big problems we need diverse solutions,” Halvorsen said. “There is no one magic bullet that is going to make this go away. It is going to take a lot of different approaches, different people, and different minds

working on this problem.”

Telling the crowd how they can help the endangered species, Halvorsen declared, “It is misleading to think that we can spend our way out of this problem. And it is misleading to think that you as the individual have to solve it through your choices alone. We have to come together, and the most powerful tool we have is not our dollar, but our voice.”

Halvorsen explained how everything is connected.

“When raptors are healthy, so are you, so is your family. So, start there. It’s not gonna change until enough people

that it is important to us to make these kinds of changes.”

With her final words, Halvorsen left the audience with some notes of hope and how we all must play our part

connected to our ecosystem whether we want to be or not. All has to mean people, it has to mean animals, it has to mean wilderness, it has to mean the planet. We are all united



(Right)
Hawkwatch
Education and Outreach
Director Melissa Halvorsen
handles Goose, a Peregrine
falcon, while (Left)
Hawkwatch Educator
Iza Schwartz handles
Artemis, a Western
Screech-owl.

speaking out and talk to the people in power and convince them

in this world. “We really believe in this concept of freedom and justice for all but we take that all away from just humans,” Halvorsen said. “It’s easy to feel disconnected from your ecosystem, but you are not. We are

looking for justice because that is a part of the ALL.”

The next APEX event is October 7 at 11:30. For more information about APEX and the upcoming events, visit <https://www.suu.edu/apex/>

PHOTOS BY KATIE ENGLERT

When The Big Banks Can't Help, **We Can!**

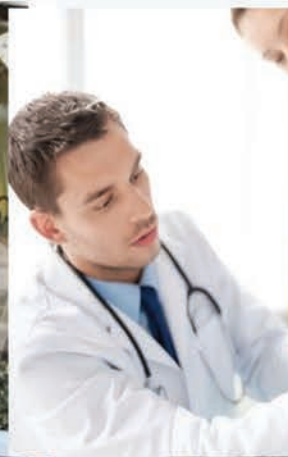
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YOU'VE SEEN THE BILLBOARDS

HERE'S THE "REST OF THE STORY" ABOUT UGANDA.

Iron County is at a crisis point. According to the National Water and Climate Center, precipitation levels in Southwestern Utah are currently at 18% below average, despite monsoon rains, severe thunderstorms and flash floods in August. Water access has been an issue in the region since at least the 1930s, and not enough is being done to solve the problem.

While there is a lack of water in Cedar, the lack of water management is by far the bigger crisis.



In addition to his long-term experience with pipes, valves and fittings, Garth Green has been in the trenches, bringing water to people who need it most in the rural areas of Kenya, Uganda and Malaysia. His knowledge of water issues is more than theoretical.

Green flew to Uganda in 2006 to evaluate the merits of developing a local spring and improving water access in a small community near Kamuli. After visiting with the residents and getting a feel for the need there, he saw an opportunity to expand their vision to meet the needs of more Ugandans.

With assistance from a prominent local leader, Hannington Kantutu, Garth surveyed the broader area and came up with a proposal to locate and deliver clean, sanitary water to as many people as possible.



Under Green's leadership, with funding from the Church of Jesus Christ of Latter-Day Saints, 129 communities now have access to safe water sources. If he can do it there, he can do it here.

Change doesn't happen on its own. We don't need one big idea to solve Cedar's water emergency, we need ten innovative ideas. Just as he did in Uganda, Garth Green will not rest until he finds the right solutions to the issues facing his own home, Cedar City.

Much has been said about the drought and how to maximize our water resources. Lots of talk, a few studies, dollars down the drain.

Little has been done.

When wells are drilled in Africa, the community has to come together to manage and maintain their new precious asset. When Garth Green arrived in a village, he would not wait around while everyone talked about what to do. Instead, he sought out the true leaders of the community—the women. Working side by side with these powerful matriarchs, Green helped villages find the will to succeed.



It will take all of us to resolve the water issues of Cedar City, but it can be done. Garth Green has proven that he has the experience, vision and leadership to end the crisis and move Cedar into the future.

LEADERSHIP, EXPERIENCE, KNOWLEDGE & VISION

(435) 691-5030

www.GarthGreen.com

Garth@GarthGreen.com

 **GREEN**
FOR MAYOR

Mayor Maile's Corner

PAID FOR BY MAILE WILSON EDWARDS FOR MAYOR CAMPAIGN FUND

Flood Clean Up and Future Planning

In Cedar City our annual City budget cycle goes from July 1st through June 30th. Prior to any of the flooding, where our city continues to grow, I know that it is critical that we are always evaluating, addressing and planning for current and future infrastructure needs, in turn mitigation the impacts of the growth on our residents. As such, I had proposed in the tentative budget, and the City Council ultimately approved requests in the final budget, to finance and complete updates to all our infrastructure masterplans throughout Cedar City. While these updates had not been completed prior to the flooding, as the new budget cycle has just started July 1st, they were on the docket.

As I believe in the utmost transparency, I want to provide an update on the status of the Storm Drain Master Plan and let you know some additional information related to flood cleanup and future planning. During our September 15th City Council meeting, the Engineering Department presented the results of the Request for Proposals (RFP) where qualified groups could submit a proposal to complete the Plan Update. At the following meeting the Council awarded the contract to Sunrise Engineering to do the work which includes collecting field data and completing the detailed flood studies in the time allotted. The detailed flood studies were requested to be completed within 60 days to allow the City to budget for any recommended improvements at the mid-year budget revision. The proposed project will begin in mid-October. Detailed flood studies of specific areas in town are planned to be finished by December 1, 2021. Modeling, and analyzing the storm drain system for future needs should be complete in the Spring. I look forward to receiving the Master Plan Update information and I will share the improvements, projects and recommendation that come from this update with our residents.

On a positive note, I am happy to report that Cody Drive is now open for public use. As part of getting that road back open we had to repair the actual roadway that had been undermined by the floods, repair the banks and underground utilities, and installed a new piping system that takes the water from the north side of the road

to the south side which will ultimately connect into the large storm drain line that goes along Cross Hollows Road. It is also future planned to have curb, gutter and sidewalk down Cody Drive. This was merely one area of public infrastructure that has been repaired.

As I had mentioned in previous communications, the City was looking at all avenues to assist our residents. I am happy to say that the Small Business Administration has recently informed up that they will be providing low-interest federal disaster loans to businesses and residents affected by the severe storms and flooding that occurred Applicants may apply online, receive additional disaster assistance information and download applications at <https://disasterloanassistance.sba.gov/>. Applicants may also call SBA's Customer Service Center at (800) 659-2955 or email disastercustomerservice@sba.gov for more information on SBA disaster assistance. Completed applications should be mailed to U.S. Small Business Administration, Processing and Disbursement Center, 14925 Kingsport Road, Fort Worth, TX 76155. The deadline to apply for property damage is Nov. 30, 2021. The deadline to apply for economic injury is July 1, 2022.

Please know that I will continue to actively pursue all avenues to help our resident repair and rebuild following the flooding. I will also continue to evaluate all City infrastructure for current and long-term solutions.

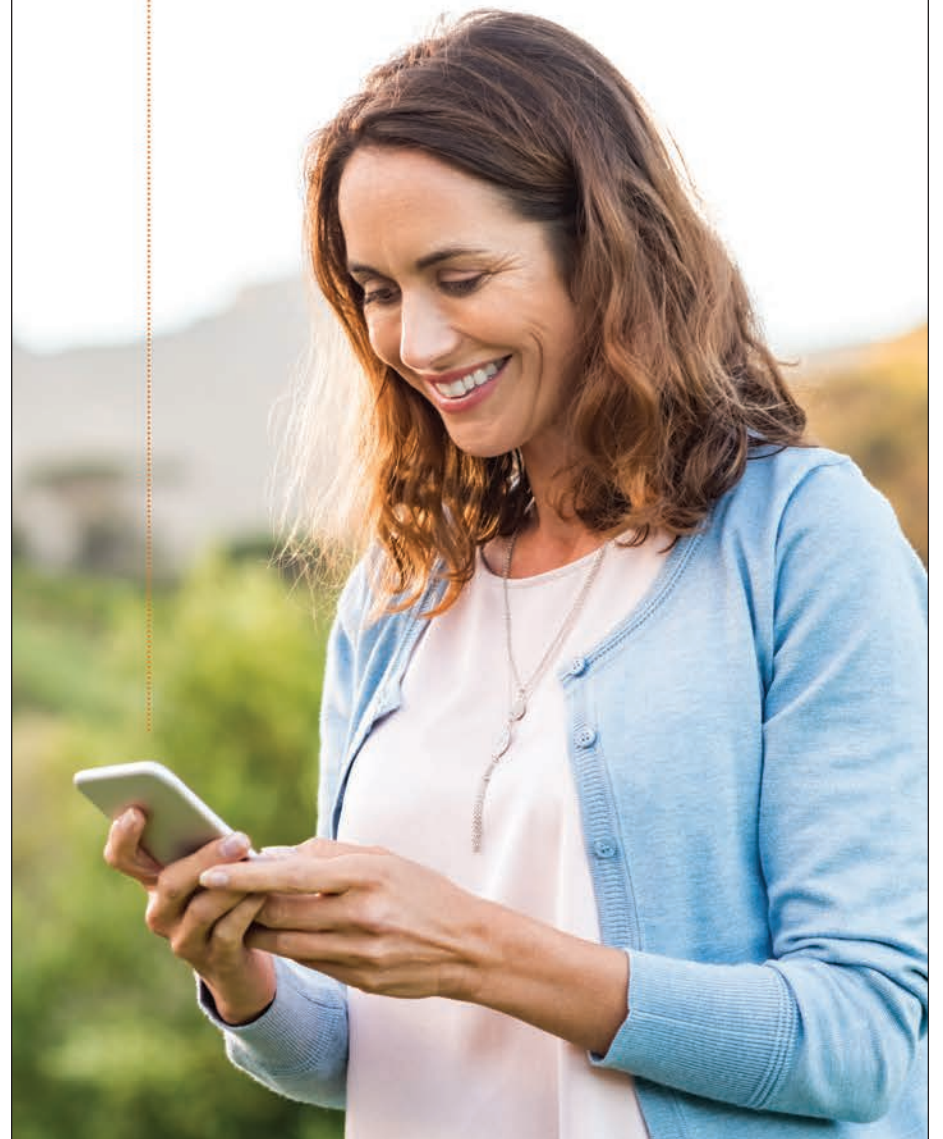
Maile Wilson Edwards,
Cedar City Mayor



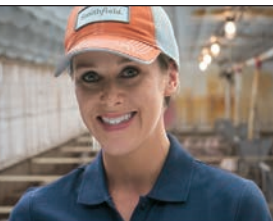
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public announcements

Supporting a healthy immune system

Do you always feel as if you recover from one cold when another one hit you? While there's no guarantee or magic answer to preventing us from getting sick, there are certainly things we can do to help ourselves. By making healthier choices in what we eat, we can strengthen our immune system to help fight off (and help recover a bit quicker from) the dreaded sniffles. Here are four immune-friendly vitamins and minerals you may want to have on hand.

Hooray for Vitamin A!

Vitamin A is the first nutrient that directly supports a healthy immune system. Studies have shown that a vitamin A deficiency can lead to damage in the mucosal linings of the respiratory, gastrointestinal and genitourinary tracts. (These linings are essential to the body's defense against foreign particles. When they are damaged, likelihood of infection rises). Vitamin A deficiency has also been linked to an increased number of skin infections. Get vitamin A by eating eggs, yogurt, cheese and fish.

Keep your eye on Vitamin E

Also, a mainstay of the immune system, vitamin E helps protect the body against cardiovascular disease and cancer. Vitamin E functions as an antioxidant, protecting you against oxidative stress and acting as an important support to one's immune function. It's also a crucial part in the health of your skin, brain and blood. How to get more of it in your diet? Sunflower seeds, almonds, salmon, and peanuts. Vegetable oils, avocados and wheat germ are also excellent sources.



GETTY IMAGES

The power of Zinc

Zinc helps produce T cells; the small white blood cells essential to the adaptive immune system. (The adaptive immune system remembers how to respond to each new threat--so if a person had a disease such as chicken pox as a child, that person doesn't get it again.) Zinc also supports immune health and a person's metabolism while hosting antioxidant properties and assisting in our body's natural ability to heal. However, because zinc can decrease the body's absorption of copper, iron and calcium, zinc supplementation is not recommended for healthy adults. Get it in its natural form through foods like beans, shellfish, meat, nuts and seeds.

The impact of Iron

An iron deficiency can weaken the immune system. Our bodies use iron to make hemoglobin and myoglobin, (which provide essential, oxygen-carrying functions throughout our bodies). Iron also plays a role in our hormone production. And did you know that zinc, our last power-mineral, may limit the absorption of iron? If you take both

supplement), also increase your daily consumption of iron-rich foods so the one nutrient doesn't nullify the benefits of the other. How to get more iron in? Spinach, shellfish, quinoa, organ meat, pumpkin seeds and turkey!

We at IFS Studio have spent over 20 years in the field of health, nutrition and fitness. We can develop a personal meal plan to suit your body's dietary needs as well as your health concerns and goals. Come and get started today to support your immune system and becoming a healthier you! www.ifsstudio.com or visit us at 2390 UT-56 Suite #9 in Cedar City.

zinc and iron supplements (consult your doctor before starting any new

BOOKINGS

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

SEPT. 29

Dennis R Atkinson
HARMONY, UT
Prob/Parole Violation

Sage E Balentine
CEDAR CITY, UT
DRUG - Poss C/S

Bryan J Burkes
CEDAR CITY, UT
Drive on Susp/Revoked Lic, DRUG - Poss C/S, Paraphernalia, Purch/Poss Firearm by Restr.

Michael D Gray
CEDAR CITY, UT
Child Abuse - Inv Physical Injury, DV - In Presence of Child

Colton S Maughan
CEDAR CITY, UT
Intoxication

SEPT. 30

Dennis R Atkinson
NEW HARMONY, UT
DRUG - Poss C/S,

Paraphernalia, Poss Stolen Credit Cards

Dawn H Medina
CEDAR CITY, UT
Theft (\$500 to \$1500)
Criminal Trespass

Rubilee J Schekenbach
HURRICANE, UT
Assault

OCT. 1

Brian R Peters
ENOCH, UT
Attempted Homicide, Felony Discharge of Firearm

Molly M Porter
CEDAR CITY, UT
DRUG - Poss C/S, Paraphernalia, Rec/Poss Stolen Veh

David L Severson
CEDAR CITY, UT
Intoxication, Consume Alcohol by Minor

Thomas L Severson
CEDAR CITY, UT
DRUG - Poss C/S, Rec Stolen Property

OCT. 2

Stacy Faulkner
OCEANSIDE, CA
DUI, Open Container in Veh

Louis T McCombs, Jr.
TAFT, CA
DUI w/BAC at/over .08, Follow Too Close

Micheal D Allen
BROOKINGS, OR
Intoxication

Kevin G Walker
SYRACUSE, UT
Intoxication, Open Container in Veh, Fail to Remain at Accident - Damage Only

OCT. 3

Marcell E Struggs-Anderson
ST. GEORGE, UT

Rec/Poss Stolen Veh, Speed Reg

Cynthia L Tracy
CEDAR CITY, UT
DUI w/BAC at/over .08, Operate Veh on Right Side

Taylor M Button
HOMELESS, CEDAR CITY, UT
Burglary/Vehicle

Morgan R Oldroyd
EL SINORE, UT
Aggravated Assault

Ivis C Oliva
LAS VEGAS, NV
DRUG - Poss w/Intent to Dist, Paraphernalia, Drive w/out Ins, Susp/Revoked Lic

OCT. 4

Casey J Moen-Corrao
CEDAR CITY, UT
DRUG - Poss C/S, Paraphernalia, Speed Reg.

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R. Scott Phillips
Cedar City Council

COMMITTED to the community, DEDICATED to progress.

I would appreciate your vote!

REMEMBER: GENERAL ELECTION IS NOV. 2

JOIN THE CAMPAIGN!

Call 435-701-7884 or visit rscottphillips.com

UTAH LEGISLATIVE UPDATE

Hello dear friends and neighbors,

I want to thank each of you that reached out during these last several weeks to offer your kind words, prayers, and support on my behalf while I had COVID and a few difficult after-effects. For those who don't know the story, I contracted a breakthrough case of COVID and with some after-complications, ended up becoming an inpatient on Cedar City Hospital's Medical/Surgical floor September 17-19. I'm doing well now and on the mend. I am still on some supplemental oxygen, but just for a short time as I continue to get better. I'm glad to share my experience with you, and also thank all those that helped take care of me and get us through.

Over the Labor Day weekend we were all up at our family cabin at Panguitch Lake when I started not feeling well. My wife Chris and I are fully vaccinated for COVID so I just thought perhaps I had a bad cold. But it kept lingering and I thought, well, I better get tested for COVID just to be sure. And sure enough, I tested positive, and Chris tested positive for COVID the next day. All Chris ended up needing was a box of Kleenex, really, and was tired for pretty much one day, and that was it. For me, it hit worse; I was exhausted and a lot more run down than she was. But by the next Saturday night, I was feeling OK, food sounded good again, and I thought to myself I was going to be OK. Monday and Tuesday I had all-day Zoom meetings, but by Wednesday afternoon I started not feeling well again.

I had a procedure scheduled with Dr. Ryan Workman to happen the day after Labor Day, but delayed that until September 17 because of having COVID. I was on Eliquis (an anticoagulation medication) as a preventative measure, and had to go off Eliquis a few days before the surgery to be ready for the procedure. I didn't fully realize the blood clot component of COVID and how that would come into play as I went off Eliquis, but it ended up being a perfect storm as, by coming off the tail end of COVID and going off Eliquis, I ended up forming some blood clots in my legs, and those blood clots then traveled to my lungs and I was admitted to the hospital.

I'm not sure anyone knows, least of all me, just how painful blood clots are in your lungs, unless you've experienced it. That Friday night was unbearable. Apparently the dying of the tissue from the blood clot causes tremendous pain, and it was agony to endure. I recall all I could do was hold a cold compress to my chest and hang on. If I had to cough it was off the charts painful. Even morphine didn't dull the pain much at all. Fortunately, by Saturday night it had eased up, Sunday morning it was much better, and by Sunday afternoon I was released from the hospital. The downside is I have to be on oxygen for a while longer until the blood clots dissolve. I'm not in pain right now, but it was really amazing the pain that blood clots cause in your lungs.

While I was there, it hit home to me just how important it is we aren't cavalier when it comes to COVID. I personally was really fortunate, as while COVID hit me harder than some other people, it wasn't terrible. I was actually fine until the "afterparty" and had to be treated for blood clots. But while I was staying at the hospital Friday and Saturday, I was surprised to hear at least five Code Blues (critical, non-breathing status of a patient) called overhead. I was talking with one of the doctors who said when COVID started back over a year and a half ago, the first go-around at the hospital would see about five to six COVID inpatients (people staying the night at the hospital). Now, a year and a half later, the whole wing was mostly COVID inpatients, and, since the COVID vaccine, virtually all COVID inpatients have been unvaccinated. It was a sobering reminder of what can happen with COVID, and I don't think people should treat this at all lightly.

I have to tell you, from the very start, the minute I walked into Cedar City Hospital, every single person took such good care of

me. ER nurse Heather Batty was wonderful, so was Dr. Brett Baumgartner, along with Dr. Mitch Melling, and Dr. Jarid Gray. All the way through at every point in the hospital, everyone took great care of me. Others that took care of me include my nurse, Jed, along with Tiffany, Rhett, Brandi, Brooke and Sierra, along with many others who were so kind and respectful to me. I couldn't have had better care. And the food you can order, that was awesome quite frankly! It was great that you could order something when it sounded good and you felt like you could eat. My wife, Chris, had dinner with me there a couple nights. Thank you to Cedar City Hospital. The care at every step was superb.

What I want to leave you with is that to fight COVID most effectively, you need antibodies. The best way to get those is through a vaccine, and if you need additional antibodies, even if you've already had COVID, get vaccinated on top of that. I was fully vaccinated, then had COVID, I joke that I now have enough antibodies to ward off Attila the Hun. As I've talked to medical professionals in many different settings, it's clear than having antibodies is going to be your best help. If you get COVID and survive it, great, there's some antibodies from that, but you can bolster that through vaccination.

I also want to make it clear that the decision whether to get vaccinated or not is a personal decision, and I would hope that you consider the facts and the science when making that decision. I would also caution you to be careful of the great deal of so-called "science" floating around on social media. One really good source for up-to-date facts is our local health department, the Southwest Utah Public Health Department. It is their job to have current information for you.

Finally, I just want to say, from the bottom of my heart, how much your kindness has meant to me and Chris. The phone calls, the texts, the messages, so many of you reached out and offered your support and have been so kind. I am so deeply grateful. Thank you from our entire family. What a privilege it is to call you friends and neighbors.

Here are some highlights from this past month at the Utah Legislature.

Remembering 9/11

20 years ago, September 11, 2001, was a day that changed America forever. Though it was a trying time for our country, we came together and found strength as we helped one another. Words will never be able to express my gratitude for the first responders and civilians who stepped up that day. Their courage and devotion to their fellow Americans will never be forgotten.

Responding to the Federal Government's Vaccine Mandates

Our ability to make individual choices is at the core of the American foundation. As soon as we take away liberties, we are headed down a path of no return.

In our state, we strongly believe in personal choice and responsibility when it comes to health and safety. An individual's decisions should be respected, upheld and protected. Because of this belief, our state has worked to find the right balance between prioritizing health, while allowing vaccine exemptions.

The Biden Administration recently announced that the Department of Labor's Occupational Safety and Health Administration is developing a rule to require all businesses with 100 or more employees to mandate vaccines, or submit to weekly testing, as a condition of employment. The president's unilateral

decision to force businesses to mandate COVID-19 vaccines violates the principles and processes our country was founded on. We are witnessing textbook government overreach. The President's unilateral decision to mandate vaccinations on private entities is unprecedented and unacceptable.

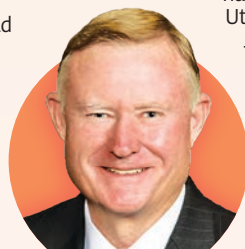
My colleagues and I are taking actions to push back on this aggressive mandate and I continue to support Utah's vaccination effort. Vaccines have proven to be the most effective way to reduce hospitalizations and save lives. However, requiring employers to force these decisions upon their employees is not the proper role of government and should not become the new precedent.

Gov. Spencer J. Cox and Lieutenant Gov. Deidre Henderson stand united with legislative leadership and join Utah Senate President J. Stuart Adams and Utah Speaker of the House Brad Wilson against the egregious federal mandates and overreach regarding President Biden's mandate on COVID-19 vaccines. Read the joint statement here.

COVID-19 Update

VACCINATIONS AND HOSPITALIZATIONS

Data shows vaccines are the best method of defense against the COVID-19 virus. A majority of COVID-19 hospitalization and deaths in Utah are those who are unvaccinated. Vaccines are available for all Utahns 12 and older.



SEN. EVAN VICKERS
UTAH SENATE DISTRICT 28

The Utah Department of Health added new color-coded data to the COVID-19 dashboard under the school tab to make it easier to see which schools are approaching a Test to Stay event. During Test to Stay events, schools are required to test all students for COVID-19. Utah law requires schools to hold a Test to Stay event when:

- Schools with 1,500 or more students have two percent of their students test positive for COVID-19 within 14 days.
- Schools with fewer than 1,500 students have 30 students test positive for COVID-19 within 14 days.

Every school in Iron District is less than halfway to meeting the requirements for Test to Stay.

Redistricting

Every ten years, the Utah Legislature is constitutionally required to redraw congressional, state Senate, state House of Representatives and State Board of Education districts to reflect changes in population. To accomplish this, the Legislature formed the bipartisan Legislative Redistricting Committee to gather public input and recommend new district boundaries to the full Legislature.

The committee is currently touring the state to listen to feedback, discuss data and review maps submitted by the public. The Legislative Redistricting Committee has a public hearing in Cedar City on September 24, at 1:00 PM.

Housing Affordability

The Political Subdivisions Interim Committee heard a presentation from the Utah Housing Coalition, a group made up of nonprofit and for-profit organizations dedicated to promoting equitable, sustainable communities and affordable housing.

When defining affordability, a broad understanding is housing is unaffordable if it costs more than 30 percent of the resident's income. There is a shortage of affordable rental homes throughout the state to low-income households or families whose incomes are at or below 30 percent of their area median income. The affordable housing shortage is estimated to be over 45,000

rental homes. Currently, there are several incentives for owners and investors to create low-income housing, including the Housing Tax Credit.

Drought Conditions

Brian Steed, Executive Director of the Utah Department of Natural Resources, met with the Natural Resources Interim Committee to speak about drought conditions. Currently, 100 percent of the state remains in drought, with 88 percent of the state in extreme drought. While this is an improvement from where we started the summer, the conditions are still worse than in previous years.

The current drought is a result of poor rainfall and moisture accumulation during fall of 2020, resulting in dry soil which then absorbed all snowpack runoff during the winter and spring. Our state relies heavily on snowpack runoff and the lack of water has resulted in depleted stream flows and reservoir levels. However, we have received high volumes of moisture during the end of summer, which has improved soil and moisture conditions.

Furthermore, Utahns have done well to save water. Director Steed reported several water use regions where water consumption has noticeably declined during the drought. Jordan Valley Water Conservancy District saw their water usage down nearly 30 percent this August compared to last August. Washington County reported saving 600 million gallons of water this summer despite a population increase. Salt Lake has saved 1.8 billion gallons since July 1. Even with these positive gains, it remains important for Utahns to conserve.

Economy Update

The Executive Appropriation Committee regularly asks for updates on Utah's economy. During the most recent update, we found that:

1. Utah have recovered more than the number of jobs that we lost over the course of the pandemic.
2. Our inflation growth is slowing.
3. We have falling unemployment rates and the second lowest unemployment rate in the nation.

Utah has a strong economy that has not only endured this pandemic, but is continually improving!

One final ask: please make sure to vote in this upcoming election. It is more important than ever. Mail-in ballots make it as easy as possible to vote, and those will be arriving in your mailbox in October. Some believe that their vote doesn't really matter; that they can forget to send their ballot back in and it will still be OK. This couldn't be further from the truth. Every single vote counts, and particularly so in a local election, where many races have come down to just a few votes, even a single vote in some cases. Please make every possible effort to watch for your ballot, fill it out, and send it back in before the deadline. If you need any questions answered, you can get those at vote.utah.gov or at your respective county clerk website. I included those below for your convenience. Thank you for participating in this all-importance process of casting your vote.

WASHINGTON COUNTY:

<https://www.washco.utah.gov/departments/clerk-auditor/election-info/>

IRON COUNTY:

<https://www.ironcounty.net/government/departments/clerk/elections/about>

BEAVER COUNTY:

<https://www.beaver.utah.gov/87/Elections>

Sincerely,

Evan Vickers, Utah State Senate

Edgy subject matter at Red Rock Film Festival

from Matt Marxteyn

RED ROCK FILM FESTIVAL

It is not unusual for the Red Rock Film Festival to take on subjects other festivals shy away from. In 2008 it featured the US Premiere of Marc Munden's BAFTA winning film "The Mark of Cain" which exposed the crimes of British soldiers during the Iraq conflict taking trophy photos as

they tortured their captives. 2010 saw Andrew James and Joshua Ligairi's "Cleanflix" about the dozens of Utah DVD retailers who 'sanitized' video rentals and revealed the video piracy and other crimes of some of those rental shops.

The films, however, came with a difference — rather than judging a book by its cover Red Rock's rigorous previewing process found these films

that declared "to have a message without sounding like the sensationalized headlines of the media." In its 15th year, the Red Rock Film Festival is back and not playing it safe taking on subjects of sex, heroin addictions, love and destruction in addition to its dozens of films of all genres from comedy to sports films and a new category: Dance Film.

Although the Festival has not

released its official selections, dozens of passes have already been sold and filmmakers have already begun talking.

Taylor Olson director of "Bone Cage" said, "I have seen so many fantastic films that've played at [the] festival and wanted to follow suit!"

His film sensitively excavates the tragedy of how young people in rural

see **FILM FEST** » 13

by Shay Baruffi

IRON COUNTY TODAY

The Orchestra of Southern Utah took guests of their annual Children's Jubilee on a journey through the future and make-believe worlds with technology, the arts, games, and virtual spectacles. Visitors were able to experience educational science demonstrations, visit with animals, and play with new technology.

Patty Walser, a violinist, prepared a booth exhibiting the restoration of a DeLorean, the famed car from the beloved *Back to the Future* series. "Joe Walser, my nephew, helped restore the DeLorean. The car is currently in a museum in California, but it is being moved to the Smithsonian in Washington DC." A video featuring the classic car's renewal was being shown; "Joe comes in and out of the video, but he is one of the main people who restored the DeLorean, I'm so proud of him and his group," stated Walser.

Professor Brandon Wiggins of SUU performed fascinating science demonstrations featuring a time-worn Jacobs Ladder and a very new Van de Graaff generator. Wiggins used electric frequency emitted by the Van de Graaff to play song tunes. *Moana's* "How Far I'll Go" was a crowd favorite.

The Children's Jubilee was packed with fun activities including BattleBots and virtual welding from Southwest Tech, a variety of games by the Frontier Homestead, green screens, paper planes, virtual reality games and so much more.

The event concluded with the Orchestra of Southern Utah performing soundtrack favorites from *Back to the Future*, *August Rush*, *Legend of Zelda*, *Luigi's Mansion*, and even some classical additions from Edward Elgar's *Enigma Variations*.

For more information about the Orchestra of Southern Utah, visit: <https://www.myosu.org>.



PHOTOS BY SHAY BARUFFI

Even you might benefit from these grants

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

We meet as a committee in the library. It is an interesting side-note to see how circumstances have altered over the last few months. We used to meet in whatever space was available, even closely grouped around the table in one of the small rooms along the east side of the building. Then suddenly the library limited the number of participants in our meeting to five and scheduled us into a large room. Now that restriction has been lifted and it is up to us to set parameters ourselves. I still convene a small group into a large room—and require masks. I guess this means trying to find the “new normal”.

The newest recipients of the Cedar City Arts Council mini grants have just received their letters of congratulations. This is of interest to you, why? Because the most important element of the grant is the manner in which it will impact the residents of Iron County in general, and that means that many of you will be beneficiaries of these awards in some way. As I list the new awardees, see if you place yourself in any of these circles of benefit.

Under the direction of Kathleen Wells, the third and fourth grade students of Iron Springs Elementary School will receive their own recorders on which to learn about music and how to create it. It is Kathleen's intention that the students will keep these recorders to take home after the school year ends.

Tiffany Marchant has reserved an exhibit space for her art students at S.E.A. High School to display their final projects in the spring. Despite their objections that they “don't know how to draw”, Tiffany assures them that they will learn, and the Arts Council will help with the framing costs of those art pieces. We could all go see that art show.

Lis Williams of Creative Kinesthetics will be able to supply the dance experience for more students with more costumes and increased chances for performance. This might include some of your kids.

A couple of local bands have probably been heard by half the residents of Iron County. Bill and Loretta Westbrook's Coyote Bluegrass and Drew Danburry's Icarus Phoenix will have help toward the purchase of new PA sound systems. The better to hear you with, my dear.

If you like bagpipes, we have helped SUU student Joseph Marrow towards the purchase of his own set of pipes so he can join the Scarlet and Black Pipe Band. Another SUU student, Alyssa Goussak, will have help toward the purchase of portable tap boards so she can tap dance all over town. Maybe some of you will have a chance to see either of these two.

And Laura Hall is receiving assistance to establish workshops and camps to teach the art of ceramics. Anybody interested, watch for that.

As dues-paying members of the Arts Council and Rap Tax contributors, you have an investment in these hopeful art projects. If you pay attention, you will enjoy the end results of your generosity.



Orchestra of So. Utah to explore timeless musical creations

by Mary Furse

FOR IRON COUNTY TODAY

OSU's first full concert this season is primed for transporting audiences back to the seeds of creation and to future realms, with a mix of stirring soundtrack cues and classical selections. Those who attend will take a journey full of awe and imagination.

Written for double orchestra and quartet, Ralph Vaughn Williams' Fantasia on a Theme by Thomas Tallis gives every line of melody and harmony a place and a function for an aesthetic masterpiece. Canyon View High School joins together with the Orchestra to fulfill the lush string sounds of the double orchestra. The music moves from a mysterious and brooding beginning, like the very first light of creation within the darkness of space, gradually out and upward until it culminates in a grand revelation full of awe and radiance. This music remains true to the heart of human expression, and encompasses our experience, from the beginning to the future, for us and all of creation.

The music of Halo will open with echoes of ancient conflicts, then evolve into an anthem of heroic purpose as, in the view of Halo's protagonist's, you rise to the task of fighting for humanity's survival.

Next, Edward Elgar's Enigma Variations will take you through the heart of a creative artist as he expresses the characters of people in his own life. On the surface, the enigma was once the identities of these people he represented through moments of moving and tragic expression, flights of fancy and humor, wholesome reveries, triumphant action, and the luminous and deeply

emotive “Nimrod” movement. The real enigma, which remains to this day, was Elgar's intended meaning behind his theme. But for each who listens, a personal meaning and connection can be discovered.

The mood will then lighten up, in a way, with music from Luigi's Mansion depicting a spooky adventure through a haunted house: a quest to rescue a brother from a ghost who fears no vacuum cleaner. Then, bursting with thrill and wonder, the music of Back to the Future will evoke the excitement of discovery and creative innovation. You may feel the drive (at 88 miles per hour)

to forge your own destiny. As Doc Brown wisely put it, “Your future is whatever you make it. So, make it a good one!”

August's Rhapsody blends a colorful wheel of music with the rush of city streets, quotes from Bach, and expressions of open vistas, representing the inexhaustible palette of life, sound, and nature available to a



Carylee Zwang will conduct the OSU and Canyon View orchestra to take the audience back to the future and beyond with stirring soundtracks and classical selections.

musician. Featuring guitar soloists Stan Szczesny and Troy White, cellist Peter Romney, and vocalist Kate Sowards, this inspiring finale is the convergence of creativity and human connection.

OSU will be conducted by Carylee Zwang this fall. Zwang has served as a public-school music educator and has directed pit orchestras for numerous community musicals. When not conducting, she plays percussion for OSU and also for the popular band 8eez and several other local bands.

Explore music of timeless creations with OSU on Thursday, October 7 at 7:30 p.m. at the Heritage Theater. Concert ticket prices are as follows: \$12 for adults, \$6 for children, and \$6 for students. Tickets are now available online at www.myosu.org.

Fall PHOTO CONTEST

Top photos will be featured in our next issue of Color Country Magazine!

Complete contest details/rules & enter your photo at IRONCOUNTYTODAY.COM



Coal In Their Veins



Hungry Ghosts



A Sexplanation



Bone Cage

PHOTOS COURTESY RRF

FILM FEST

« CONTINUED FROM PAGE 11

communities, employed in a wood processor, treat the people they love at the end of their shift. From love to sex, Alexander Liu's "A Sexplanation" takes on the subject with honest conversations with scientists and educators to uncover those naked truths and hard facts.

Alexander said, "We were honored to film part of our documentary in Utah — and wanted to make sure we screened in a state that was so welcoming to us."

Even in hard topics such as drug addiction, the focus is still on the family and loved ones it pulls apart.

Director Dalit Merhav said, "I'm thrilled that RRF have selected 'Coal In Their Veins'. It highlights an important topic of addiction in the family and

the difficulty it creates for the ones closest to the addict."

Mark Borkowski's "Hungry Ghosts" refers to spirits who crave and eat away at the living, and shines a light on the Philadelphia's opioid crisis while exploring a family torn apart by addiction as a man searches for his missing wife who has relapsed.

On the lighter side the Festival is also embracing animation, music videos, family films and documentaries. The Red Rock Film Festival runs October 18-23, 1-11 pm at the Cedar Fun Center on 170 East Fiddlers Canyon Road in Cedar City with special events on the 24th for the larger pass holders. 1-Day and multi-Day passes range from \$30 to \$125 at the Cedar Fun Center and at RedRockFilmFestival.eventive.org/passes/buy with just a handful of You Snooze You Lose Ticket Packages and Locals Passes left.

It's time for Oktoberfest 2021 at Iron Springs Adventure Resort

from Lesle Dodge

FOR IRON COUNTY TODAY

Come join us for two weekends of great family fun, food, music, entertainment, lots of kids' activities, contests, the Oktoberfest Pickleball tournament and of course the Oktoberfest Beer and Wine Garden featuring IG Winery. The event runs October 15-16 and 22-23. Fridays from 3-8pm and Saturdays from 10-8pm. Wristbands: \$5 per weekend (under 3 free).

Don't miss SUU Aviation's flyover and ball drop for the kids, the adorable Weiner Dog Race sponsored by Pet Supply, and a super awesome LASER NIGHT SHOW on our beautiful mountains!

Biktoberfest, sponsored by Family Cycle of Cedar City, will also be joining us this year. Check out their vendors and Demos. They will kick off Friday morning in our event center with a live streaming of the Red Bull Rampage cycling competition — everyone is welcome!

Of course, we love to wear our Lederhosen and Dirndl dresses, so don't be shy, dress up



COURTESY IRON SPRINGS ADVENTURE RESORT

and show your Oktoberfest spirit and win a prize at the costume contest!

There is plenty to see and do all day, so join us for lunch and dinner for some great German food as well as many other food options and sweet treats throughout the day!

Make sure to check out our website for more information and to register for the Pickleball Tournament, Weiner Dog Race, and Vendor applications. Ironspringsutah.com or call 435-708-0101. *Prost!*

Oktoberfest

Iron Springs

CEDAR CITY

OCTOBER 15-16 & 22-23

Entertainment, Food & Beer Garden, Biktoberfest, Family Fun and much more!

Two Day Pass: \$5 • Under 3 Free

Ironspringsutah.com • 435-708-0101

IRON SPRINGS ADVENTURE RESORT

Celebrating two decades of Art in Kayenta

from Michelle Sundberg

FOR IRON COUNTY TODAY

IVINS, UT — The Kayenta Arts Foundation is pleased to announce the 21st annual Art in Kayenta festival, Friday, October 8th through Sunday, October 10th, 2021. Each fall thousands of art enthusiasts and families have been making their way to Kayenta Art Village for the annual three-day FREE art festival in Ivins. Not only do festival goers enjoy spectacular art, but they are also treated to stunning desert vistas, culinary delights from festival vendors, a beer and wine garden, live music, and Kayenta's own delightful Xetava Gardens Café.

Guests will have the opportunity to visit a collection of 48 juried, regional and national artists who specialize in sculpture, painting, jewelry, ceramics, wood, metal, and

other media. "The quality of art and extent of creative expression at the Festival is extraordinary. Combined with the Art Village setting and backdrop of Ivins red mountain, it is truly a special experience," states Foundation Chair, Rob Goodman.

The Art in Kayenta festival

"The quality of art and extent of creative expression at the Festival is extraordinary."

Rob Goodman, Kayenta Arts Foundation Chair

hosts a silent auction featuring the original work from the attending artists and offerings from local businesses. Festival guests will have the exclusive opportunity to bid on selected art pieces. The auction is hosted by the nonprofit Kayenta Arts Foundation, with proceeds benefit-

ing Center For the Arts at Kayenta (CFAK).

During the Art in Kayenta festival, CFAK is also presenting "The End of the Horizon" written by Utah Playwright Debora Threedy. The compelling interpretation of the life and mysterious disappearance of

the 20-year old Utah Legend Everett Ruess, is a tribute to his legions of devotees, all those who wander and long to wander, and to the many loved ones who are left in the wake of all types of loss. Ruess was an explorer, artist, poet, and writer whose strange disappearance near

Escalante Utah has made him the quintessential iconic figure of red rock canyon walkabouts and desert explorers everywhere. Performances are being held in the indoor Lorraine Boccardo Theater at Center For the Arts at Kayenta (881 Coyote Gulch Court, Ivins, Utah) through October 10th. Tickets are available online or at the box office.

The Kayenta Arts Foundation asks those attending the festival to abide by COVID-19 safety protocols as stipulated by the State of Utah. Current guidelines can be found at <https://coronavirus.utah.gov/utah-health-guidance-levels>. The festival cannot completely mitigate the risks, so please make your own informed decision when it comes to attendance. If you are sick or exhibiting any symptoms, please stay home. For more information, visit: www.KayentaArts.com.

CENTER FOR THE ARTS AT KAYENTA

21st ANNUAL FREE FESTIVAL

ART IN KAYENTA

OCT 8-9-10
FRI-SAT 10-5
SUN ... 10-4

scan with smartphone

[435] 674-ARTS
@ KAYENTA ART CENTER

KayentaARTS.com
881 Coyote Gulch Ct., Ivins, UT 84738

Logos for Kayenta Arts Foundation, National Endowment for the Arts, Utah Division of Arts & Museums, Kayenta Art Village, and Kayenta Homes & Properties are also present.

VISIT US ONLINE AT IRONCOUNTYTODAY.COM

COMMUNITY + PERSONAL INTEREST IN IRON COUNTY

RANDALL JONES

Father of Tourism

by Janet B. Seegmiller

FOR IRON COUNTY TODAY

Randall Lunt Jones was a grandson of Cedar City pioneers Thomas and Sage Jones, and the son of T. Jedediah “Jed” Jones, a civic minded contractor who supervised the building of the Tabernacle in 1887 and Old Main in 1898.

But Jed’s greatest contribution may have been sending his son Randall to find stray cattle on their homestead high up on Miner’s Peak, southeast of Cedar Valley. From there, the teenager looked out into a geologic wonderland to the south, the towers and spires of a distant “Little Zion” canyon and promised himself that one day he would explore that canyon.

Randall Jones pauses for a pose as he creates unique photos capturing the beauty of the Utah landscape.

COUNTDOWN TO CEDAR CITY'S 170TH BIRTHDAY

His opportunity came in the summer of 1907 when he put his wife and son into a covered wagon packed with provisions and they traveled from Cedar City to Toquerville and on to Virgin, finally camping in orchards at the eventual site of the Zion Lodge. For two weeks, Jones explored the canyon that had astonished him from a distance. He fell in love with the beauty of the canyon and enthusiastically publicized and photographed it for the rest of his life.

In 1909, he went to Indiana to study architecture and visited sites such as Mammoth Cave in Kentucky and Niagara Falls. These trips convinced him that southwestern Utah had more majestic scenery than was found in the East, but that hotels, restaurants, and transportation had to precede tourists. Upon his return to Cedar City, he began educating local businessmen about the opportunities for tourism. He joined a local chamber of commerce and urged locals to build a magnificent 100-room hotel, which he had designed in 1917. Construction on this El Escalante Hotel was begun by businessmen, but not completed until the Union Pacific

took over the project in 1922. The UP then hired Jones to publicize the scenic destinations which took him to Los Angeles, New York, Boston, the White House, London and more.

Scenic beauties advertised

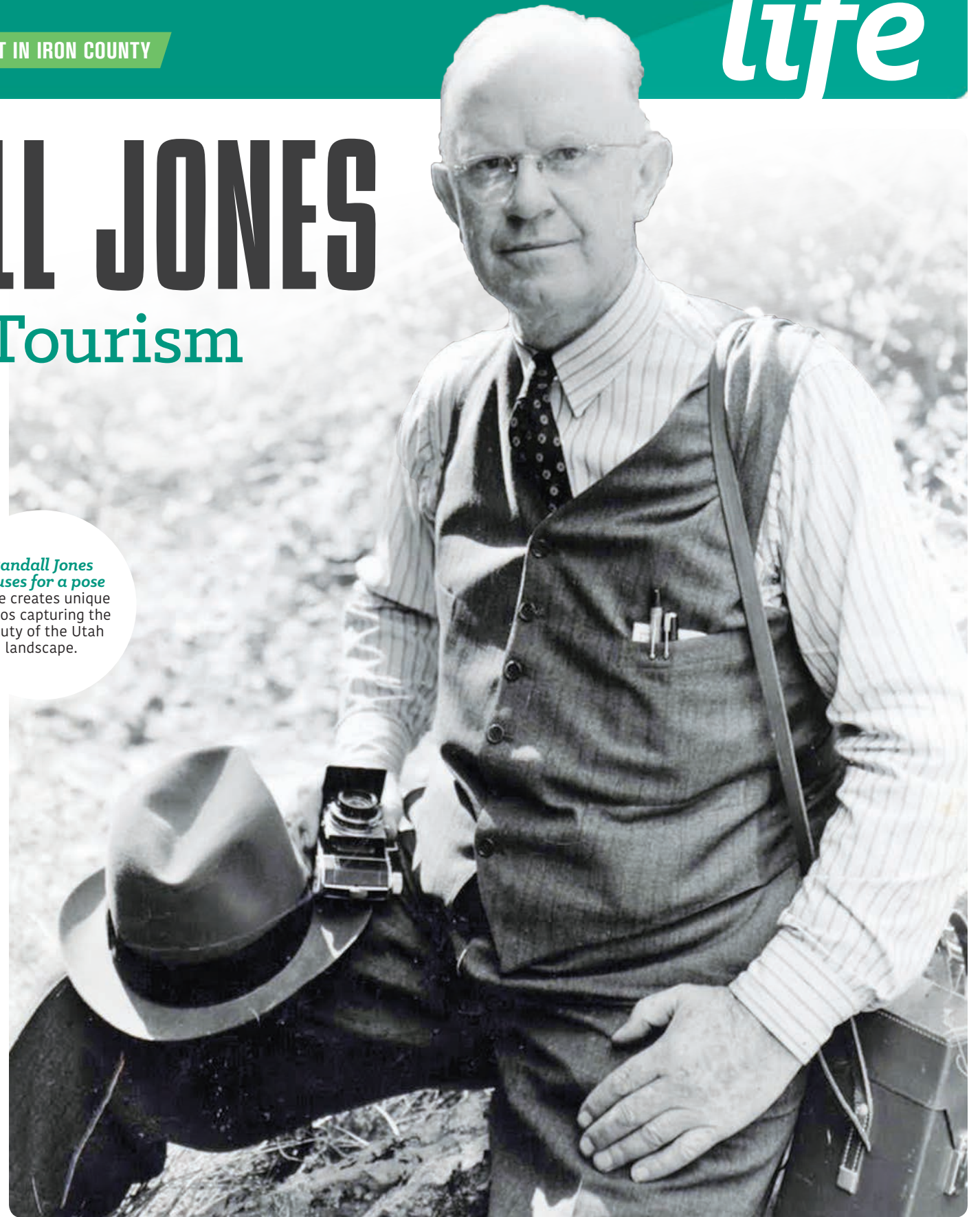
Los Angeles, California, Feb 14 – Scenic Southern Utah went on the map last night in Southern California, when Randall L. Jones, publicity agent for the Union Pacific railroad, entertained more than three hundred guests at the

exclusive Beverly Hills Hotel in this city with colored views and lecture on Utah's wonderful attractions...a program of publicity mapped out by the Union Pacific Railway officials looking to the development of Southern Utah's tourist travel. (Iron County Record, 2/24/1922)

Randall’s “colored views” in the 1920s were likely “lantern slides” taken with large cameras – using 8x10” and later 5x7” and 3.25x4” film, and colored by his son Homer. For 40

years, Randall traveled to photograph and show the world the beauty of the Utah and Arizona parks, enticing them to visit via the UP railroad.

When the Randall L. Jones Theatre was dedicated, President Gerald R. Sherratt said, “Randall Jones is regarded by many as the father of tourism in southern Utah and tourism is one of the largest of our industries. In the history of Cedar City and of this region, he was a giant.”



LORI SHERMAN

“In the history of Cedar City and of this region, he was a giant.”

President Gerald R. Sherratt



**Cedar City,
Utah**



**Iron County
Fair 2021**

SPECIAL THANK YOU to the 2021 buyers for supporting the show

\$25,000 +

Mel Clark Construction+
Zion Plumbing & Mechanical#
State Bank of Southern Utah
Cedar Band Corporation

\$15,000 +

Rusty's & Milts Steakhouse#
Leon's Alignments#
M S Concrete#
Beaver Co. Businesses
Holt Dairy LLC#
Security Escrow & Title
Munford General Contracting

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Bettridge Distributing
IFA - Cedar City
Reyes & Kacie Carballo

\$5,000 +

Allred & Allred+
Bradshaw Chevrolet
Cedar City Motor Company
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ERA Realty Center Jennifer Davis
Hinton Burdick CPA's & Advisors+
IFA SUAC
Matt's Springs & Trailer Sales+
Mike Yardley Farms
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R S Energy

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Schmidt Construction
Scott Stubbs Livestock
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\$2,000 +

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Cozzens Cabinets
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Docs Fire Safety and First Aid
Double O Agri-Spraying
Eagles Landing
Gardner & Platt Fencing
Gardner Brothers Drilling
High Power Enterprises
Huntsman Counseling & Consulting
Jason Spencer
Jense Electric
John Orton Excavating
John's Spetic Service
Kelly Esplin
King Feed & Livestock
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Marshall & Evans Electric Inc
Mathews Farms#
MBM Livestock
Met Johnson
Mountain Land Supply**
Mountain View Animal Clinic
Phillip Gardner
Rafter K Show Lambs
Robinson Construction+
Ron Heaton
Russ Platt Lambs
South Creek Shell
Sun American Mortgage
WestCor Construction
WL Plastics
Zerkle Properties

\$500 +

Bauer Farms+**
Brett Webster**
Cedar City Rotary Club
Chad & Linda Reid
Color Country Aussies+
Coulter Family
DeLynn Barton
Design Curb+
Dixie Leavitt Agency Benton Goodwin
E&I Soil Conservation District**
Esquire Estates
Evans Trucking
Garfield Livestock#
Go Green Enterprises
Jake Benson+
L & W Ranch
Lance Reid
Lance Smith
Nelson Family Farm
Outwest Equine and Western Supply
Seegmiller Law
Stubbs Horse Shoeing+
Sunpro**
The Tire Company

< \$500

Absolute Plumbing+
Babydoll Photography
Ben Harris+
Boyd Goodwin
Bruce Johnson
Desert Valley Enterprises Co
Dr. Lance Smith
Garfield Ready Mix+
Garfield Rentals#
JR Scaping#
Jenkins & Webster Livestock+
Kinross Electric
Kirk Mitchell
Quinn & Amanda Stubbs#
Robinson Construction+
Ross & Kaye Workman

****Buyers Fund
#Grand Champion Hog
+Iron County Champion Hog**

SCHOLARSHIP CONTRIBUTORS

Brown Farms
Shannon W Sorensen, DDS
Bret & Margo Whittier

Dale & Anona Yardley
Floyd & Elizabeth Yardley
Lee & Giana Hulet
Ree Zaphiropoulos

Bulloch's Drug Store
Wayne & Maria Smith
Kade & Michelle Adams

Yardley Cattle Gib
& Denise Yardley
In Memory of Pat Yardley
Jared & Jessica Christensen

A SPECIAL THANKS TO: Rocky Mountain Power, Leavitt Group and Western Ag Credit for sponsoring the Buyers Dinner • Safari Pr

LAMBS

HOGS

STEERS

GOATS



Rand Neilson
Cedar City, Utah
*Purchased by State Bank
of Southern Utah*



Graysen Garfield
Cedar City, Utah
Purchased by: See List #



Nikelle Aiken
Cedar City, Utah
*Purchased by Rusty's &
Milt's Steakhouses*



Riley Stubbs
Cedar City, Utah
*Purchased by Yardley
Show Goats*



Shelby Emmett
Enterprise, Utah
Purchased by Holt Dairy



Hayden Garfield
Cedar City, Utah
*Purchased by Cedar City
Motor Company*



Gage Yardley
Milford, Utah
Purchased by RS Energy



MaKinlee Yardley
Beaver, Utah
*Purchased by Yardley
Show Goats*



Aubree Neilson
Cedar City, Utah
*Purchased by Wes Barton
& Leon's Alignments*



Lane Robinson
Cedar City, Utah
Purchased by: See List +



Nikelle Aiken
Cedar City, Utah
*Purchased by Dairy Queen
@ Chevron*



Dillan Stubbs
Cedar City, Utah
*Purchased by BJG Land
& Livestock*

Property Management for donating the rooms for the judges • All those that supported the show in way of boosts and buckle sponsors

Join us for the Fall Fest party in Parowan

from Gail Harris

FOR IRON COUNTY TODAY

"We don't let 'em die," said Karen Miller at The Old Rock Church in reference to those who've gone before as well as to the heritage that binds Parowan. The strength and purpose that settled the small mother town, Parowan, seem to be most obvious in the community celebrations that make living here and participating so neat. We invite all to come on over and share a golden day that, for a moment, takes you to that piece of Americana for which we yearn: vendors of crafts and food, a fun 5K and car show, leisure, laughter, music, and lots of good will. Mark on your calendar, Saturday, October 9, 10:00 a.m. - 4:00 p.m. on Main Street and the Town Square in Parowan. It's a party!

This 5K run is different; you can walk - if you want - (it's non-timed) and still get a personalized vintage medal. The entry fee is \$5.00 preregister or \$10.00 at the start, OR donate a children's book for the super cool new "Little Library." The 5K begins and ends at Parowan Library. Browse and reminisce the cars from your past or add them to your wish list for the future. "Magic can happen there; you just have to take a minute to see it," shared Marta Mitchell.

Actually, the magic begins at the first turn into Parowan from the north or the south. What about those crazy-creative scarecrows that line both

see **FALL FEST** » 23



PHOTOS COURTESY JET SMITH

calendar

ONGOING OPPORTUNITIES

GOVERNMENT

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 9-10:30 am • Pastry Pub, 86 W Center, Cedar City

Iron County Republican Women

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

Parowan City Council

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Auxiliary

3rd Wed, 6 pm, Cedar Library, 303 N 100 E, Amer. Legion Conf. Room • (435) 704-6654

Bikers Against Child Abuse

1st Thurs 7 pm • Courtyard Marriott (1294 S Interstate Dr, Cedar City), Cedar Breaks Conference Room

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Lion's Club

Tues, 12 pm • Call Pres. Roger Shurtz for mtg. info. Everyone welcome! (435) 590-2896

Marine Corps League

Detachment 1315, 2nd Wed, 6 pm
Elks Lodge, 111 E 200 N, Cedar City.

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org
Helpline: John (702) 802-1332, Kara (702) 232-6829
KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Speaking From The Heart • M - Sa, Noon

Steps and Traditions • M - Su, 7 am

Red Road to Sobriety • Mon, 6 pm Paiute Indian Tribe of Utah, 440 N Paiute (435) 586-1112 Ext. 307

Misfits • M - F, 6 pm

Cedar Group • Tues, 8 pm

The Great Fact • T, F, Noon. • True Life Center (TLC) 2111 N. Main. • (702) 802-1332 or (702) 533-7856

Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

Women's Meeting • Sat, 10:30 am

My Story • Sat, 8 pm

Thank God it's Sunday Spiritual • Sun, 11 am

What a Way to Start the Day • Su, W, F 7-8 am • All are welcome

Al-Anon

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Al-Anon • 1st, 3rd Tues, 7-8 pm • Call for info: (435) 704-8984

Easy Does It • Tues, 7-8 pm • (435) 559-3333

Hope for Today (Family Groups)

Thurs, 6 pm • (435) 559-3333

Alzheimer's Caregiver

Online Meetings: 2nd Fri, 5:30 pm, 4th Mon, 5:30 pm • RSVP to mjmillar@alz.org or (435) 238-4998 x8773

ARP—Addiction Recovery

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan

Caregivers

1st Tues, Noon • Five County Aging Offices, 585 N Main, Ste. 1, Cedar City

Celebrate Recovery

(Christian 12-Step Program) Wed 6:30 pm • True Life Center, 2111 N Main, Cedar City. We believe that through Christ we can be victorious over any hurts, habits, hang-ups (Phil. 4:13) • Jeff J 801-638-1800, Gary D. 702-303-5662.

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe space to communicate, feel supported and share perspectives on healing, recovery. Join at: affiliate.rainn.org/helproom/canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org • (435) 635-9603
KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm

Live and Let Live • Fri, 8 pm

Candle Light Meeting • Sat, 9:30 pm (Small room)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm • The Meeting Hall, 1067 S Main St, Cedar (877) 865-5890.

Pornography Addiction Recovery for Men

Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Wed, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • www.southernutahshare.com

Senior Blind/Visually Impaired

3rd Thurs, 1:30 pm • Cedar City Library

Southwest Parkinson's Alliance

2nd Tues, 1 pm. • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

CLASSES/ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center
489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Awana Bible Club

7th-12th grade, Mon, 6:30 - 8:30 pm, 3 yrs-6th grade, Wed, 6:30 - 8 pm, Valley Bible Church, 4780 N Hwy 91, Cedar City • (435) 586-0253 or (435) 990-1638

Book Club

2nd Thurs, 7 pm • Cedar City Library 303 N 100 E.

Cedar Chest Quilters' Guild

Thurs, 10 am • Cedar City Senior Center, 489 E 200 S. Sewing projects for all abilities. Block of the Month. Make friends, improve your skills & have fun. Visitors are always welcome. Info: Ms. Ronnie Badgett. (435) 477-2243. cedarchestquiltersguild.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library 303 N 100 E.

Cedar City Toastmasters

Thurs, 7 am • The Pastry Pub • 86 W University Blvd. Find your voice & shape your future. Be the leader and speaker you want to be. (603) 731-0116

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. www.cedarprofessionals.org

Color Country Pickleball

M-F, 7-10 am • 155 E 400 S (Cedar Stake Ctr), Paddles & balls supplied. (435) 586-6345

Color Country Winds

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

Hey Cedars Square Dance

Wed • Beginner's, 6:30 pm, Mainstream Dancers, 7-9 pm • Cedar City Senior Center, 489 E 200 S. Info: Pat (435) 233-5910

Pickleball Group

Weekdays, 7 am • SUU Pickleball Courts. Anyone is welcome. Fee is \$2 (indoors) and free (outdoors)

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

Senior Yoga Classes

Mon, 1-2pm • Canyon West Park behind the Senior Center • Wed, 1-2pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

Tae Kwon Do Class

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 W Royal Hunte Dr. \$25/mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

Tai Chi For Arthritis

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health benefitting exercise for Seniors. Helps with coordination, balance, flexibility and more. To register - contact Maria Bailey (435) 673-3548. Space limited.

Take Action for Freedom

Wed, 7 pm • Stahl West 600 N. Airport Road, Cedar • Help preserve our Constitution, Republic, voting laws, medical freedoms, traditional education curriculum, 1st & 2nd Amendment Rights, education on CRT & Southern boarder issues/illegal immigration & local/county/state Legislature issues

Top Bar Hive Bee Keeping

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

TOPS - Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am. Evening weigh-in 6:30 pm, mtg 7-8 pm • Cedar City Library, 303 N 100 E. Lose weight without buying special foods. • 586-3233 (a.m. mtg) or 867-4784 (p.m. mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes.thewellnessplacecc.com/upcoming-classes

To add your ongoing opportunity to our calendar, call 867-1865, ext.6 or email news@ironcountytoday.com

calendar

WED, OCT 6

MAD HATTER DAY

CHARACTER SKETCHES "THE GAME AWARD" - Game of the Year." (Wed 6:30-7:30pm) Cedar City Library [303 N 100 E], 435-586-6661. All skill levels welcome.

LUNCH AT THE MUSEUM: RED ACRE FARM (11:30 am - 1pm) @ SUMA (13 S 300 W, Cedar City). Join SUMA and Red Acre Farm for a pop-up lunch series. Enjoy delicious seasonal goodies like sandwiches, salads, pastries, pies, and more, all starting at just \$5!

YOUTH SERVICE LEARNING MONTHLY MEETING (3:30 - 4:30pm) @ the Cedar City Visitors Center conference room. Open to all youth between 11 - 18 years old. Be a part of serving positively in our community. Never a fee.

THURS, OCT 7

DEPRESSION SCREENING DAY



SUU APEX EVENT - (11:30AM) @ SUU HUNTER CONFERENCE GREAT HALL (351 W University Blvd, Cedar City), FREE admission is FREE. INFO and the Event Stream Link visit www.suu.edu/apex. **SPEAKER:** author Matt Bell. Bell's latest novel, *Appleseed*, was published by Custom House in 2021. His craft book *Refuse to Be Done*, a guide to novel writing, rewriting, & revision, will follow in 2022.

ENOCH 'MEET THE CANDIDATE' NIGHT (7-8pm) @ Enoch Elementary School Gym [4701 N Wagon Wheel Dr. Enoch, UT]. Come put a face to the names on your ballot!

OSU CONCERT - CREATIONS WITH MUSIC (7:30pm) @ Heritage Center Theater [105 N 100 E Cedar City]. Tickets: \$12 Adults, \$6 Children, \$6 Students. INFO: myosu.org

SHAKESPEARE'S THE TEMPEST (OCT 7, 8, 9) (7:30 p.m.) @ the Engelstad Shakespeare Theatre. SUU's Department of Theatre, Dance, and Arts Administration present *The Tempest*, a story of magic, betrayal, love, and forgiveness. Tickets \$10 adults, \$8 alumni with card, \$5 for youth. SUU faculty/staff (and one guest) and students can attend for free with a valid ID card.

FRI, OCT 8

FLUFFERNUTTER DAY

JUDD PUMPKIN PATCH (MON - SAT 9AM - 7pm) @ 314 E 270 N (Paragonah). Spend the afternoon at the pumpkin patch finding the perfect pumpkin, see all the animals in the petting zoo (FREE), Wagon Rides (\$2), and Barrel Train Ride (\$1). FREE admission. Pumpkins are \$0.30 a pound. INFO: (435) 477-9783.

ART IN KAYENTA (FRI/SAT: 10AM - 5PM, Sun: 10am - 4pm) @ Center For the Arts at Kayenta, 881 Coyote Gulch Ct. Ivins, UT. Cost - FREE Admission. INFO: www.KayentaArts.com.

SAT, OCT 9

I LOVE YARN DAY

POWER IN PINK - BREAST CANCER AWARENESS WALK & 5K RUN (8:30am) at Canyon Park West (151 S 400 E, Cedar City). Registration \$25 per person on EventBrite, Active.com or 8am at the event. This fun walk and run fundraiser benefits women and their families in Iron County who are dealing with breast cancer.



FALL FEST 5K RUN OR WALK (9AM) @ PAROWAN LIBRARY (16 S Main St.). Pre-registration is \$5 and \$10 day of the race or donation of a children's book. Pre-register for 5K at the Parowan Visitor Center (5 S Main St.). INFO: (435) 559-4504.

SONS OF UTAH PIONEERS TREK (MEET 10AM) at The Creamery (cheese factory) in Beaver. Tour Cove Fort Mission and Fremont Indian Museum. If weather is good we will drive up to the Kimberly gold mining Ghost Town, Puffer Lake and down to Marysville. Then to Mount Dutton, Kingston Pioneer Trail/Purple Haze in Centerville for lunch. And Lastly Butch Cassidy, Pioneer trail through Paragonah.

NEW HARMONY APPLE FESTIVAL & FALL HARVEST (10am - 3pm) @ the Town Park (I-15 Exit #42, West 5 miles, New Harmony), FREE admission. Join us for craft vendors, food, games, music, raffles, and our famous New Harmony Apples! Proceeds support local Harmony Valley Volunteer Fire Dept. INFO or sign up as a vendor: www.newharmonyfire.org/applefestival.

FALL FEST ON MAIN STREET & CAR SHOW (10am - 4pm) on Parowan Main Street. Enjoy a wonderful fall day with entertainment, craft vendors, games, food, a car show featuring all makes, models, and 5k Run (\$5 per person). INFO: (435) 559-4504 or (435) 477-8190.

20TH ANNUAL PUMPKIN & SCARECROW FESTIVAL (10am - 4pm) at the Diamond Z Arena - Cross Hollow Event Center (11 N Cross Hollow Rd, Cedar City). Admission \$5 per child. Hosted by the Cedar City Area Chamber of Commerce. This year features Face Painting, Scarecrows, Pumpkin Patch, Activities, Trick or Treating, Nail Painting, Cupcake Decorating, Food, and more! New this year is the Scarecrow Contest. Decorate your own Scarecrow for a chance to win a prize! INFO: (435) 586-4484 or www.cedarcitychamber.org.

RENTWAPO-WORKS FARMERS MARKET (Saturdays 9-2pm), (4871 N Enoch Rd.) Eggs, pecans, popcorn, hand crafted items, home decor, indestructible dish/pan scrubbers, baby blanket & booty ensembles, homeopathic items. A fun and unique shopping experience for all ages. Turn your passion into profit and have your own booth. Info - Linda 435-559-1657.



FESTIVAL CITY FARMERS MARKET (9AM TO 1PM), @ 45 W Center Street. Every Saturday rain or shine. Artwork, baked goods, crafts, custom semi-precious stone, costume jewelry, farm fresh produce, homemade brownies & candies, home style treats, homemade jams & jellies, homeopathic items and 100% real honey. Free gift for fathers.

SATURDAY FARMER'S MARKET (9AM TO 1PM), Saturdays @ IFA, 905 S Main. Good weather outside, bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For booth prices & info: (435) 559-1657.

NATURE HILLS: HARVEST FEST (OCT 9, 13, 16 - M/W 3-7pm & Sat 12-7pm) @ Nature Hills Farm (4326 N 2100 E, Cedar City). Tickets \$5 per person available online at www.naturehillsfarm.com/harvest-fest.html. This annual celebration of Fall is great for all ages. Hayride, Yard Games, Pumpkin spice hot cocoa, pick out the perfect pumpkin. Farm store fully stocked with Harvest needs and goodies. INFO: (435) 559-2791

SIMONFEST THEATRE CO: DRIVING MISS DAISY (Oct 9, 11, 12, 7pm) @ Heritage Center Theater (105 N 100 E). Tickets \$20 adults, \$15 veterans/students, \$12 children (6-17yrs). Group rate available by calling (435) 327-8673. Tickets online at www.simonfest.org. For special seating needs, call (435) 267-0194. Stars TV celebrities Sheree J Wilson and Clarence Gilyard. A Broadway success and an Academy Award-winning film. Tickets available online at www.simonfest.org.

SUN, OCT 10

WORLD MENTAL HEALTH DAY

"DURING THE MIDDLE-AGES, PROBABLY one of the biggest mistakes was not putting on your armor because you were "just going down to the corner." Jack Handey

MON, OCT 11

COLUMBUS DAY

ART ON THE FARM - SCARECROW BUILDING CONTEST (Oct 11-13th, 3pm until Dusk) Build your scarecrow and bring it out, or build it on-site with materials you provide (family-friendly entries please). We will have a t-post for your scarecrow to go on, or you may sit your scarecrow anywhere you choose on the farm.. No fee to enter fill out form online: <https://www.redacrefarmcsa.org>.

CULVER'S CARS & CUSTARD (6 - 8PM) @ CULVER'S (1065 S Main St, Cedar City), FREE admission. Enjoy a night with classics (1981 or older), customs, hot rods, and exotics.

TUES, OCT 12

SAVINGS DAY

PAROWAN SCARECROWS ON MAIN - SUNRISE to Sunset along Parowan Main Street (from about 300 N to 200 S, Parowan). Bring the whole family out to find your very favorite scarecrow built by local businesses, clubs, or community members. INFO: Visitor Center (435) 477-8190.

WED, OCT 13

STOP BULLYING DAY

CHARACTER SKETCHES "THE GAME AWARD" - Game of the Year." (Wed 6:30-7:30pm) Cedar City Library [303 N 100 E], 435-586-6661. All skill levels welcome.

PRECEPT UPON PRECEPT BIBLE STUDIES (6:30 to 8:45pm) @ Cedar City Public Library (303 N 100 E). Straight-forward investigative approach to Bible study. Attendees will discover truth for themselves by using three skills; observation, interpretation and application. Nondenominational studies consist of homework, discussion, and DVD lecture by Bible teacher Pete Delaney. Interested students call 435-267-2234 or 435-238-3078 for info/register. Visit: www.precept.org.

COMING UP

OKTOBERFEST IRON SPRINGS ADVENTURE RESORT (Oct 15-16 & 22-23, Fri: 3-8pm Sat: 10am-8pm) @ Iron Springs [3196 North Iron Springs Road, Cedar City]. Family fun, food, music, entertainment, kids' activities, Pickleball, Beer & Wine Garden, Weiner Dog Race, night Laser Show! INFO: www.ironspringsutah.com or 435-708-0101.



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schools

Welcome to The Nest, Iron County!

from Brooklyn Rushton

FOR IRON COUNTY TODAY

Canyon View's student body is buzzing with a revitalized energy that shows us just how much potential the class of 2022 has. The Student Body officers are leading their fellow classmates into the new school year with vision.

Student Government announced this year's theme for Canyon View's staff, faculty, and students: "Black, Silver, Teal, Unify!" Deirdre Barton, Student Body President, explains that Student Council's

his tour of duty in Iraq along with his countless service to our community and the local American Legion.

On September 25, 2021, members of CV's Student Government combined suds and service and washed cars for the community at Sparkle's Car Wash and raised funds through donations for CV's Annual Christmas project. This year these funds, combined with a donation from the Larry H. Miller Foundation and Quarters for Christmas, will greatly benefit members of Canyon View's Student Body particularly those affected by the recent flooding.

CV's athlete of the week is Brooklyn Winters! She is a girls varsity soccer player. This four-year returner has made a huge impact on her teammates, and a lasting impression on the student body.



The Canyon View Student Body Government is ready for a great school year of activity and unity.

COURTESY AMY RIGBY

"overall goal for this year is 100% to unify our school. In every aspect; sports, classes, clubs, activities -- you name it, we want to make everything the school does feel like a family is doing it."

Recently, Canyon View High School celebrated its 20th Homecoming. The week was filled with several after-school activities including a massive slip n' slide, game night, parade, and dance just to name a few.

The alumni classes of 2016 and 2001 were honored in a school-wide assembly. In addition, the students at Canyon View also commemorated the 20th anniversary of 9/11 at the assembly by honoring our country's fallen soldiers and citizens. The student body also recognized community member, Darren Duncan, for

Her good sportsmanship not only shines on the field, but is ever so apparent in the classroom. She has an infectious smile, and has the ability to make anyone in her vicinity smile and laugh.

Hailey Rowley has been deemed this week's artist of the week! She is a fluid dancer and dowses her moves with emotion. Hailey is said to be an amazing big sister. Students here at CV can attest to her sweet spirit; she is very friendly, and you can rely on her for a smile anytime!

The student body at Canyon View High School is thrilled to be in the classroom, and on the field and court again. We extend an invitation to our community to be involved with our incredible school because we promise 21-22 will be an unforgettable year!

ICSD NEWS NUGGETS

from LeAnn Woolstenhulme

IRON COUNTY SCHOOL DISTRICT

Enoch Elementary

Families joined the fun at Enoch Elementary's Fall carnival on September 27. Students played games and enjoyed food. The carnival raised over \$900. Enoch's families also visited the Book Fair. These fundraisers will provide help for school improvements. Thank you for all the support from the PTA and our community!



Friends from the Orchestra of Southern Utah visited our school to invite students to the Children's Jubilee on October 2. This year's theme is "Explore Past, Present, Future." At the assembly, students played musical games.

East Elementary

On Wednesday, September 29th, we had our Grandparents Breakfast. It was a huge success, as evidenced by the many grinning students and grandparents in attendance. Thank you to our wonderful kitchen staff for your hard work to make this event possible!

Thank you, too, to all of the parents who came to SEP meetings last week! We appreciate you taking the time to meet with the teachers to discuss your students' progress and goals.

Launch High School

Earth and Science students at Launch High School completed a Science experiment this week to try to solve the problem that NASA has faced in sending astronauts to Mars: How do we protect people from the sun's radiation during space travel? Students chose from various materials to design and prototype a radiation shield for their "ships," an egg that they were charged with protecting. They then exposed their ships and shield to an open flame for 4 minutes to simulate the radiation that a rocket would experience. After the allotted time, if the egg was still cool to the touch, then they could determine that their prototype was effective. If the egg had cooked, then it was back to the drawing board!



Fiddlers Canyon Elementary

If your child was absent when pictures were taken or if you just didn't like the

way the pictures turned out, retakes are October 7 at Fiddlers Canyon Elementary. Please send back the originals with your student by the 7th.

Don't forget to mark your calendars for STEAM Night at our school at 6 pm on October 14. We can't wait to have parents back in the building to show off what we've been learning and to provide a fun night for families.

Reflections art contest submissions are due October 22. You must submit all artwork online. Please see the flier that should have been sent home earlier this week or the Fiddlers Canyon Elementary PTA Facebook page for all the details.

Iron Springs Elementary

Iron Springs Elementary 5th grade students went on a field trip to Mammoth Caves. They loved having the opportunity to explore and learn.

During SEP week last week, we had our annual Breakfast with a Buddy. Students had the opportunity to bring a buddy to school with them in the morning to enjoy a hot breakfast prepared by our Amazing Lunch Ladies. The Book Fair was also open for them to visit. This is always a fun morning for everyone and this year did not disappoint.

Three Peaks Elementary

Three Peaks Elementary would like to thank our wonderful PTA. Stacy Halladay, PTA President, and her board provided a snack table for teachers to visit during SEP week. Lunch was provided for teachers and staff on Thursday and cookies for everyone on Friday.

Volunteers also set up and worked in the Book Fair during SEP week to provide books and merchandise to parents and students.



Throughout the school year the PTA sponsors educational and entertaining activities to help students learn important concepts. Watch for the information about Red Ribbon Week coming October 26-29.

We love our PTA!

South Elementary

It's been a great week! Thank you, South Elementary parents, for your continued support during SEP's and for making your children's education a priority! It is a wonderful thing when parents, teachers, and students, collaborate together, and discuss goals so optimal learning will occur! The book fair, hosted by our amazing PTA, was also a success. We appreciate so much how our PTA is always willing to go above and beyond to provide opportunities for our students.

Better understanding the process, purpose of probate

by Jeffery J. McKenna

FOR IRON COUNTY TODAY

It is common to hear the statement, "I want to avoid probate" or "I don't want my family to go through the horrors of probate." When you ask these same individuals "What is probate?" many do not have an answer.

Probate is one of the least understood of court processes. However, it is a procedure that can affect the family and heirs of every mature adult following his or her death.

Simply stated, probate is a special state court legal process for settling the debts of someone who has died, and distributing the remaining property to rightful heirs.

In a probate, the person who is authorized by the probate court to administer the estate of a deceased person is called a personal representative (or executor or administrator in some states).

A primary purpose of the probate process is to have a personal representative appointed for the deceased individual. The personal representative must be appointed in order to "sign" the decedent's name after death.

During life, a person signs a deed or bill of sale to transfer property. When a person dies, it is still necessary to have some document to show a transfer of title. In other words, a "signature" of the decedent is necessary. The probate process provides one method of doing this. By appointing a personal representative, the court authorizes that person or persons to sign for the deceased individual.

Many people believe that if they have a will there will be no probate. Nothing could be further from the truth. Whether you have a will or do not have a will, your estate must go through a probate proceeding if the assets are in your sole name.

The only difference between dying with a will and dying without a will is that if you die with a will, you tell the probate court how you would like to have your property distributed after your death. If you die without a will, the state legislature tells the probate court how to distribute your estate. In either case, probate will take place.

When considering whether to "avoid probate" or not, it is important to understand what is being avoided.

In all cases, it is important to be educated about the different estate planning tools. After you have reviewed the different estate planning possibilities, you can then make a decision as to what is best for you.

Jeffery J. McKenna is a local attorney serving clients in Utah, Nevada, and Arizona. He is a shareholder at the law firm of Barney McKenna and Olmstead. He is a founding member and former President of the Southern Utah Estate Planning Council. If you have questions regarding this article or if you have a topic you wish to have addressed in this column, you can call 435 628-1711 or email jeff@bmo.law or visit www.bmolawfirm.com.

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“Hero’s Welcome”

This Rockwell illustration not only pays homage to a hero returning home from battle, but to those future-heroes he has inspired to aspire to become heroes themselves one day. I don’t think this image is glorifying war because in a sense, its innocence and simplicity go against the duplicity found in many movies and video games that magnify war and glorify it’s gore.

Not to get off track, or attack those who enjoy Hollywood heroics, but to emphasize that we are bombarded daily by some form of fighting, real or virtual. While, there are many opportunities to see (movies) or play (video games) about saving the world from enemies (zombies, aliens, monsters or other evil invaders), what about being a hero in real life? Perhaps some believe that it’s easier to imagine being a hero or even a superhero in virtual reality because they don’t have the

time, ability or opportunity to be one in real life?

Have you ever thought of yourself as a hero, or wish you could be a hero for someone else, including yourself? Perhaps we need to redefine what a hero truly is and what it takes, or doesn’t take to become one. Because each day there are many opportunities to be heroic found within the interactions with those you live with, work with, associate with, play and study with. However, they’re usually in disguise. We can become so busy with our own battles that we don’t see the needs of people around us. That might be uncomfortable to hear because no one like to hear they aren’t doing enough, or aren’t making a difference.

That’s understandable because our potential heroics are often sabotaged by the semantics sold to us by cinematics. We think we need a superpower, or superweapon to make a real difference. Ever thought of a

the rut LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



smile, hug or high-five as a superweapon? They can be. And if so, we need to redefine, or reevaluate what it means to be a hero and start becoming one.

Let’s begin with some epic questions about the epicenter of your life. What battles are you fighting today? Are they physical, financial, marital, spiritual, political, emotional, or a chaotic combination? Are you living heroically for yourself and others?

Striving to live heroically is not arrogant or egotistical, it’s an honorable and human thing to do. It’s when so-called heroes seek out applause and approval that their efforts become skewed because their egos get skewered. When this kind of guilt guides our actions and when we can’t be the hero, we can end up feeling



NORMAN ROCKWELL

more heretic than heroic and end up beating ourselves up because we think we aren’t living up to the expectations, evaluations and petitions of other people. That’s no way to live either.

Today, give yourself a

hero’s welcome, or at least a purposeful pat on the back of encouragement. Because no matter your battles and battlefields, you’re choosing to keep fighting, learning, living and not giving up. That’s heroic.

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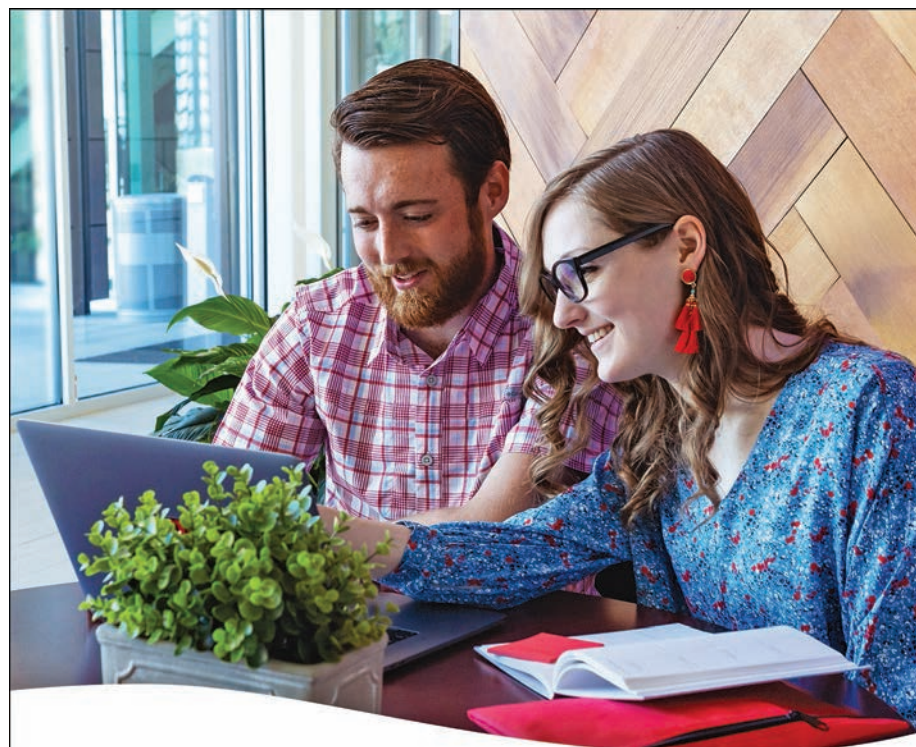
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Annual rock show an Iron County Gem

by Corey Baumgartner

IRON COUNTY TODAY

Each year at the Cross Hollow Event Center in Cedar City, rock-hounds of every age gather to ogle at beautiful gems, jewelry and quality creations from rock formations that would make many museums envious.

With lots of fun activities for the younger rock hounds, including observing rocks under a UV light and a dinosaur bone display, there was also a bedrock of vendors displaying and selling beautiful gemstones, geodes and handcrafted jewelry to help accessorize any

collector's ensemble.

This yearly event is an integral part of the Southern Utah Rock Club's mission to further interests in mineralogy and all related arts and sciences including collecting, classifying, cutting, jewelry making and education.

To become a member and to receive monthly newsletters, rock hound tips and information on monthly fieldtrips through the beautiful back-country of the southwest, visit www.southernutahrockclub.com and on Facebook at www.facebook.com/groups/utahrocks.



PHOTOS BY COREY BAUMGARTNER

FALL FEST

« CONTINUED FROM PAGE 18

sides of Main Street...that change, improve, and wildly entertain us every year. These are created by individuals, by families, by school children, by businesses, and they haunt or bless the town from Oct. 4 thru Nov. 1 unless some micro-burst wind-witch sweeps in and has her mad way. It's the best place to walk the street with a grandchild or with a creative-fun spirit who catches the magic of Fall Fest in Parowan. Seriously, the leaves are crunching underfoot; the hills are close enough to look up at the colors on the mountain; it's all here..."You have to take a minute to see it" to feel it; to laugh with it; to momentarily find a reality that is just so fun!

We've all heard that the way to a person's heart is through their stomach. The food vendors down Main Street know this, and they bring their best wares; it may be a bit competitive as they up their game each year and bring the best to market! It just isn't the right time or place to be on a diet. Also, you may not need a new bauble or piece of decor, but the uniqueness of the wares spread out in bright individualized show, is just too much to resist. Why try? For those who don't love to shop, they can talk because the day is leisurely and fun.

Parowan City, Events Coordinator, Jet Smith loves Parowan. It isn't her job, it's her life and her husband, Kevin, and daughter, Erica, share the love. The heart and time that bring this Fall Fest to life is personal and abiding. You can tell. Parowan, like so many of our surrounding communities, has invited and has felt the growth of many new residents. They all say, "We don't know what it is, but we do know there's something really different and special in this town."

This is Parowan - a community of a few thousand who celebrate a continuation of very hardy good people and efforts that result in something that's just hard to articulate...it's real; it's genuine; it's who we are, and it's a great walk in the park and down Main Street. We hope to see you there.



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Tips for staying positive even if the world seems upside-down

Many folks are still wary of socializing in large groups as the pandemic continues. Others still face the challenges of rebuilding or replacing parts of homes and other belongings after late summer flooding. Some families are continuing to home school children and adapting to remote work. In other words, almost everyone around us has been affected in one way or another by several months of atypical illnesses and disruptions to family routines.

How is one to look beyond these challenges and find positivity among chaos or disruptions in daily life? Experts at Utah State University Extension share tips under four main categories building on the statement by author, Charles Swindoll: "Life is 10% what happens to me and 90% how I react to it." Below are some excerpts.

Stay connected

Physically distancing doesn't mean we have to be distanced emotionally or socially. Here are some ways to stay connected to family, friends, and coworkers, especially you may feel alone or sense that someone else may need to know someone is thinking about them.

» Video conferencing may

not seem like positive interaction but when you see people's faces and expressions, it can be very effective. Interacting with online games or puzzles can also be entertaining.

» Are you tired of back-and-forth texting? Make a call and connect with a voice on

well-being. This means finding those activities that are soothing, relaxing and important to you. Known as self-care, here are some tips for building up reserves.

» Get enough sleep. Quality sleep can help protect your mental health, physical health, quality of life and safety by being alert.

» Express gratitude to your

your frustrations. An innate object such as a ball or punching bag may work well for you.

» Take a break without any expectations for yourself. Maybe just wander around the yard or take a stroll around the block to take in your surroundings.

Remember COVID-19 safety protocols

as strong as it could be.

» Practice good personal hygiene with frequent handwashing, coughing into your sleeve, and using hand sanitizer after being in a public place.

Build and maintain a healthy immune system

» Adequate sleep has been mentioned already—to help the body relax before bedtime, turn off all technology 30 minutes before getting into bed.

» Eat a variety of foods that contain vitamins and minerals needed to by the systems in the body working together and functioning properly.

» Keep hydrated with water and exercise regularly (the goal is 30 minutes per day) to reduce feelings of anxiety and stress. Exercise promotes positive self-image and greater sense of well-being.

You may be skeptical that any of the above tips have power to actually change your attitude and create more positivity in your life but why not give a few a try? For the full list of activities, see: <https://extension.usu.edu/covid-19/stay-happy-stay-healthy>.

Kathleen Riggs is the Utah State University Extension family and consumer sciences professor for Iron County. Questions or comments may be sent to kathleen.riggs@usu.edu or call 435-586-8132.

Kathy's CORNER

by Kathleen Riggs

USU EXTENSION



GETTY IMAGES

the other end of the line.

» Don't underestimate the meaningful effect of hand-written cards or letters sent through the mail.

Take care of yourself

To be of use to yourself and others, you must take time to build a reservoir of positive

friends and family with a phone text or Direct Message and let them know something specific you appreciate about them.

» Allow yourself to feel discouraged or get upset every once in a while. It's okay. Just choose carefully who or what becomes the scapegoat of

» Wear a mask when around groups of people you don't live with. Even if you don't feel it is necessary, it can help put others at ease.

» Stay home if you feel sick. It may be a common cold but that still means your immune system is compromised or at least not

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Quilts of Valor, Patches4patriots award two quilts in September

from Deborah Leoni

FOR IRON COUNTY TODAY

We were so excited and honored to award our first quilts in September. The first quilt went to Corporal Cal in Panguitch, Utah

on September 15th with his family in attendance. We then awarded Master Sgt. Fred H. Of Enoch, Utah a quilt on the 18th of September. His family was also in attendance. This has been a great honor for all of us.



(Left) Corporal Cal of Panguitch, UT and (Right) Master Sgt. Fred H. of Enoch, UT receive their unique quilts.



PHOTOS BY DEBORAH LEONI

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faith

“If We’ve Ever Needed You” (Casting Crowns)

One of the most beautiful and powerful chapters in the Bible is Psalm 23. It’s quoted in movies, songs and you’ve probably heard it preached from the pulpit plenty of times. However, it’s often not until you’re personally walking through the valley of the shadow of death that you fully realize the need to reach out for the One God sent to rescue and restore you.

When you’re spiritually suffocating and desperate for a breath of hope, or lost in the shadows of your past, looking and longing for even a glimpse of green pastures, the Lord is reaching out to you. When the spiritual dehydration from despair and doubt in yourself, others and in God’s love makes you desperate for even a sip from the still, living waters, the Lord is reaching out to you.

What does your valley of the shadow of death look like? Dark, depressing, never-ending? It is in these murky moments of darkness and despair,

GOD’S playlist

Corey Baumgartner

news@ironcountytoday.com



when you better understand the power of both the devil’s deception and miseries and God’s grace and tender mercies.

The devil seeks to increase the blinding mists of darkness by telling you that you’re not worthy of the mountaintop. He’ll try to make you believe that the people on the mountaintop are mocking you and will throw rocks at you every time you try to climb higher. Nevertheless, know the Lord’s light and love aren’t rewards reserved only for those who reach the mountaintop. As your Sure Shephard, they are His rod and staff to help guide and guard you, and anyone else who chooses to believe and receive them (Isaiah 55:1), as we each must journey through our valleys on our way to His mountaintop.

No matter how long you’ve been wandering, suffocating, dehydrating and feeling like all is lost, you are not forgotten or forsaken. No matter what you’ve been through or are going through, or how often you’ve been walking within your personal valley of adversity, you can fear no evil because the Lord really is with you. Because Psalm 23 isn’t just a verse of power, it’s a powerful promise. It’s a personal promise from God to you that when you need Him, He will be there.

Yes, sometimes you may have to endure your valley a while longer, but you will know that you are not alone. You can also trust that when the Lord isn’t leading you up and out of the valley, He will still lead you through the valley and will not give up on you. He will Rescue (John 3:16-17), Restore (Joel 2:25), Renew (2 Corinthians 4:16-17) and Reinforce (Romans 8:28) your life. His light and love can even help revive your marriage, your children, your hope and your faith.

If you’ve ever needed the Lord, it’s now. Don’t wait any longer, reach out for Him. He is reaching out for you and it is His love that restoreth and leadeth your soul in the paths of righteousness.

Extreme suffering, God’s silence, and Prayer (Part 4)

by Edy Meredith

FOR IRON COUNTY TODAY

In chapter 22 of the book of Job in the Old Testament, we find an example of extreme suffering mixed with God’s silence at least at the beginning. Job simply wanted to know why he was going through so many painful experiences and privations yet he couldn’t get an answer as to why. Suddenly God confronted Job and challenged Job’s misconceptions. In the process, Job realized several key truths about God’s nature.

In the beginning of Job’s story, he is blameless and upright with many possessions and blessings from God including a large household and family. One by one each of Job’s blessings and possessions are taken from him because of a contest between God and Satan (Job 1:6-12). God removed His protections around Job when Satan challenged God by saying that Job only loved and feared God because of Job’s blessings. During Satan’s attacks, Job loses his possessions, family, household, and health. Job’s wife tells him that he should “Curse God and die.” Job’s three friends came to mourn with him and comfort him, but they are no comfort at all, telling him that he must be a great sinner to suffer

these injuries to life and limb.

In the 42 chapters of the Book of Job, trials surround him, including many that many humans go through. In chapter 38, God reveals His Omnipotence (all powerful nature) to Job by questioning Job out of the whirlwind with such questions as “Where were you when I laid the foundations of the earth? Tell Me if you have understanding.” Through chapters 38 to the

DIFFICULT QUESTIONS & TRUTH 101.38

end in chapter 42, God and Job discuss the nature of God and human life. God asks Job if he can explain or control pain and evil. Job’s faith in God grew in the middle of his extraordinary struggles. All Job can then do is praise God. In the end, Job is restored to his life and blessed by God. Please read and contemplate deeply how that applies to your life.

Jesus’ Parable of the Unjust Judge and the Persistent Widow also deals with prayer in the middle of life’s challenges. It is about a judge who did not fear God or care for his fellow

humans. He is approached by a woman who has been dealt with unjustly. She appeals for justice but is denied when the judge ignores her case. In this parable Jesus shows his followers that they should always pray and not give up. (Luke 18:1-8) The woman continues many times to appeal to the unjust judge to give her justice from her adversary. The judge thinks, “Though I do not fear God nor regard man, yet because this widow troubles me I will avenge her, lest by her continual coming she weary me.” (Luke 18:4-5) Jesus says that when His followers call out day and night to Him, He will avenge them and bring justice. And then the important question, “When the Son of Man comes <again> “will He really find faith on earth” (Luke 18:8). It is also implied that surely our Great God will hear and answer our prayers because God is all that is good and powerful.

Are you faithfully and persistently praying to the Great God, Creator of the Universe, Creator and Sustainer of life? Is your prayer life a faithful reflection of your love of God and all that He provides? Can humans control the long-term climate and short-term weather? A very good question to ask for another day and praying always.

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obituaries

Ferne T. Westgate



Ferne T. Westgate was born in Cambridge, Massachusetts on June 12, 1930. She was married to George W. Westgate for 69 years. Ferne worked for several public schools throughout the years as a cook. Ferne passed away on September 6, 2021 in Cedar City, Utah.

Ferne raised 6 children. She is preceded in death by her husband, George W. Westgate, her parents and siblings, as well as her sons Ronald A. Westgate, Steven J. Westgate, and daughter Susan M. Wilson. She left behind her daughters: Linda C. New, Karen L. Westgate, and Georgina L. Mulligan. She loved to cook, crochet, and help others. She was kind and loving. She was my mother.

Clyde Eugene Turner



Clyde Eugene Turner, beloved husband, father, brother, grandfather and great grandfather passed away on September 30, 2021, with his wife Marion by his side. He was born on January 21st, 1933, in Milford, Utah to Mabel Bradfield Turner and Stephen Eugene Turner. He was preceded in death by his son Stephen Clyde Turner, both of his parents Stephen Eugene Turner and Mabel Bradfield Turner, and his eldest sister Jeraldine Turner Kirk. He is survived by his wife Marion Sevy Turner, Russell Turner (Teresa Sullivan) Lisa Turner Hogge (Daren Hogge) and Aimee Turner Charlton, and his sister Patricia Turner Davis. Clyde has 11 grandchildren & 12 great-grandchildren who are his pride and joy.



He was best known for his loving nature, calm disposition and his ability to make a new friend wherever he went. He was a gifted athlete and lettered in several sports at Milford High school and went on to play football on a scholarship at "The Branch Agricultural College" (now SUU) in the Fall of 1952.

He married Marion Sevy Turner on June 19, 1954. They went to Las Vegas for a quick honeymoon and then moved to Virginia Beach for two years where Clyde was stationed in the army.

Clyde excelled in all of his work endeavors. He worked on the railroad as a brakeman in Milford Utah, managed several gas stations, owned Big A Break and Auto in Las Vegas for several years, and spent his last years in Las Vegas managing several Big O Tire chains.

Clyde was an incredible worker, but his greatest love was coaching his sons in Little League Baseball and umpiring countless games in 100+ degree weather in Las Vegas, Nevada.

Clyde and Marion semi-retired in Cedar City, Utah in the Spring of 1997, where Clyde worked part-time at Mr. Bubbles Car Wash, went to most of his grandchildren's track meets, baseball games and any event that his grandchildren attended. He was always the first to cheer them on. His nick name is "Clyde The Glide" because of his smooth moves and his endearing blue eyes.

He's been entered in "The Hall of Fame" for roller-skating, water sliding, and trampoline jumping in his late 70's and 80's with his grandchildren and great grandchildren. He was known for turning a trip to Mesquite into a Hawaiian vacation for everyone whom he loved and adored. He has more friends at "The Market Grill" than one can count, was hard to beat in a good game of horse, and was always the first one to bet on the Utah BYU football game. Last but not least, Clyde has earned a memorial rock to be placed at "The Cedar Ridge Golf Course."

He is a legend to many people and will be missed and cherished by his loving and courageous nurses at Cedar rehab and the many doctors who cared for him during his tender last few months.

The staff at Cedar Rehabilitation shared with us that he was "a ray of sunshine", showing up every morning in his bright blue car to bring gifts and snacks to his wife Marion for the past 18 months, and he never missed a day."

However, first and foremost, he will be cherished greatly by his beautiful wife Marion and all the memories that they have shared together over the last 67 years.

There was a graveside service in Milford, UT on Friday Oct 8 at noon. Following the service, there was a Celebration Of Life at 1:00 pm. at the City Offices Banquet Room located at 26 S 100 W Milford, UT.

In lieu of flowers, we are asking for donations to go to the Cedar Rehabilitation Center to continue in helping other residents have the kind and loving experience that Clyde has been given during his short stay at the facility. These donations need to be in check or cash form. The contact for Cedar Rehabilitation is alihawk@ensignservices.com or 805-504-6657. Online condolences can be sent to www.sumortuary.com.

Diana Lee (Erickson) Jackson



Diana Lee (Erickson) Jackson, age 79, passed away on September 26, 2021 in Cedar City, Utah. She was born August 31, 1942 in Hailey, Idaho, to Evelyn and Howard (Bud) Erickson.

Diana was raised in the Zion National Park where she could be found playing surrounded by the beauty of the park. Diana graduated from North Sevier High School and went on to receive her beauty license. Soon after Diana met and married Donald (Dean) Jackson on August 22, 1962. In Salt Lake City, Utah and were sealed in the Manti temple on May 14, 1964. Together they had five children, who she raised all while working at the family motel, in Richfield, Utah. The family moved to and loved living in Cedar City, Utah. She was a member of the LDS Church. She was a great beautician and loved sewing, music, and cooking for her family. She enjoyed her job at CAL Ranch for over 15 years.

Diana was preceded in death by her husband of 50 years, and her eldest daughter Cherie Palmer, and grandson Alex Forman. She is survived by her daughters, Julie Forman; Teresa Taintor and her son's Clark Jackson; Scott Jackson; eight grandchildren; and one great-grandchild. She will be missed by many other relatives and friends.

Funeral Services were held on Saturday, October 2, 2021, at Affordable Funeral Services (2002 North Main St, Cedar City Utah. Friends and family were welcomed to join the viewing services at 10:00-10:45 AM. The family held a closed service at 11:00 AM. The graveside service was held the same day at 3:00 pm at the Salina Pioneer Cemetery, Salina Utah. A lunch was provided for the family following the graveside service at the park in Salina.

Online condolences can be sent to her memorial page at www.affordablefuneralservices.com.

Russell Ellis Williams



Sept. 9, 1948 - Sept. 25, 2021

Russell Ellis Williams, 73, Motoqua, Utah, passed away on Saturday, Sept. 25, 2021 at Bella Terra Nursing and Rehabilitation, St. George. He was born on Sept. 9, 1948, in Burien, Washington to Bevan L. and Doris [Mitchell] Williams, both of whom preceded him in death. He attended Highline High School in Burien, Washington but left school early to join the military. He was an Army Combat Veteran and served in Vietnam from 1966 through 1968.

On Oct. 26, 1997, he married Halley Kay [Young] Hersh, in Rexburg, Idaho. They were happily married until Halley preceded him in death on April 26, 2014.

Russ is survived by five children: Joshua (Julia Twaddle) Williams, Las Vegas, Nevada; Amy (Rahul Ahmed) Williams, Goshen, Indiana; Martha (Christian) Wenger, Elkhart, Indiana; Molly [Williams] Keller, Hurricane; and Evan Williams (Karla Thornton),

Parowan; five step-children: Kacie Hersh, Salt Lake City; Brooke Hersh, Cedar Hills; Amidey (Gary) Anglesey, American Fork; Lianna Howells, St. George; and Shane (Jen) Howells, Central; 20 grandchildren; four siblings: Bevan Terry Williams, Silver City, New Mexico; Rick Williams, Seattle, Washington; Candie Sacayanan, Midway; and Jodie McClure (Andrew Vilicich), California; along with many nieces and nephews.

Russ was a unique person. He was warm and gregarious, with a sense of humor, but he could also be stubborn. He was an independent spirit, an outdoorsman, and a survivalist. He liked to play pinochle, and tell stories about his life. He was quite a talker and enjoyed time with family and friends but also appreciated peace and solitude.

Over the years, he worked in construction, as a cook, and did odd jobs. He wasn't a 9-5 type of guy and was happiest living a simple life surrounded by nature. He will be remembered and missed by all.

Funeral Services were on Saturday, Oct. 2nd at 5:00 PM MT at the Church of Jesus Christ of Latter-day Saints in Gunlock, Utah. Burial was earlier in the day. Arrangements are with Serenity Funeral Home of Southern Utah, St. George. Online condolences may be shared at: www.serenitystg.com.

David Oliver



David John Oliver, 83, of Cedar City, Utah, peacefully passed on from this mortal life on Monday, September 27, 2021. A graveside service celebrating David's admirable and honorable life was held at 1:30 pm on Saturday, October 2, 2021 at the Ogden City Cemetery under the direction of Southern Utah Mortuary.

David was born on August 16, 1938 in Salt Lake City, Utah, one of three sons (Richard and Douglas) born to loving parents Mary Jane (Jones) and John Oliver. He emerged as a leader amongst his peers,

serving as president for the graduating class of 1956 and seminary vice president while attending South High School in Salt Lake City. He then devotedly served a mission to the Southern States Mission of the Church of Jesus Christ of Latter-day Saints (primarily serving in Georgia and Florida) from 1958-1960. He role modeled to his future posterity the importance of keeping commitments (even when facing significant adversity) by faithfully completing his assignment following the premature passing of his beloved mother Mary Jane in November 1959. Upon his return from missionary service, David was married and sealed for time and all eternity to his high school sweetheart Carol Ann Kendall on August 17, 1961 in the historic Salt Lake City Temple of the Church of Jesus Christ of Latter-day Saints. They both subsequently graduated from the University of Utah before lovingly and patiently parenting six children.

David served in a variety of leadership positions as a corporate executive during residencies in California, Washington, Tennessee, Indiana, New Jersey, and Arkansas while also earning a master's degree in business administration while working in San Francisco. Those assignments provided opportunities to cultivate life-long friendships in each location, and more importantly, service opportunities including branch president in Sparta, New Jersey, and multiple terms of service on High Councils in the stakes of Zion. Following retirement from his professional career in 2000, David and his beloved Carol were able to utilize their skills, talents, and life experiences to bless the lives of others as international educators in Jinan, China through the BYU China Teachers Program. They also served as senior missionaries in the West Indies Mission, where David served as first counselor in the branch presidency. Additionally, David and Carol served as senior missionaries at the St. George Utah Visitor Center and Historical Sites. David, well read in the doctrine of Jesus Christ, encouraged gospel learning while serving as a Gospel Doctrine teacher during both his professional career. He also served in a student ward bishopric and as LDS Institute instructor at Southern Utah University.

David was appreciative of God's natural beauties. He enjoyed fishing in the Uintah Mountains (Granddaddy Lake Basin in particular) with his brother Richard and father John, as well as hiking in the Wasatch Mountain Range with his high school and college friends. He shared this love and enthusiasm of nature with his family by hosting memorable fishing excursions during his adulthood. David also gravitated to the sport of golf during his youth (inspired by Arnold Palmer), ultimately becoming a 'scratch' golfer. He also shared many rounds, and more importantly, meaningful conversation with some of his children. David was a talented tenor, contributing to vocal ensembles at South High School with some of his best buddies like Richard Geertsen, David Parker, and Ande Anderson. He was also a member of the Salt Lake Symphonic Choir and the 1957 Sigma Chi Quartet. David continued to share his vocal talents throughout life, singing as a soloist (or with his family) during church services and civic events. Indeed, he loved music of diverse genres, including quartets of the 1950s such as the Hi-Lo's and the Four Lads, performers such as Neil Diamond and John Denver, and classical music.

With his joyful service on earth as son, brother, husband, father, uncle, grandfather, great-grandfather, and friend now complete, David is survived by his loving and loyal eternal companion of 60 years, Carol Ann, brother Richard and sisters Suzanne, Sharon, and Stacey. He was preceded in death by his father John and his mother Mary Jane (Jones). His legacy lives on through his posterity, which includes his six children: Mark David Oliver and spouse Robert (Quon) of San Francisco, California; Douglas Kendall Oliver and spouse Theresa (Pina) of Camas, Washington; Lisa Patria Oliver Pusey and spouse Loren of Lehi, Utah; Spencer Christian Oliver and spouse Aimee (Moline) of Snohomish, Washington; Jon Anthony Oliver and spouse Lynne (Shepherd) of Charleston, Illinois; and Jensina Victoria Oliver Christian and spouse Nathan of Shoreline, Washington; his twenty grandchildren (Patria, Sarah, Jeremie, Hannah, Emma, Katie, Emily, Kendall, Jackson, Clara, Erin, Brooklynne, Freddy, Joey, Katelyn, Bridget, Ian, Aftyn, Jacob and Mathis) and nine great-grandchildren (Selma, Henry, Phoebe, Ray, Jack, Rose, Esther, Alina and Chloe).

His eternal posterity rejoices in the fact that David has been relieved from his physical challenges of the past five years and has been provided the opportunity to reunite with his loving parents Mary Jane and John, his brothers Douglas and Scott, and his extended family until we are able to be together with him again. Online Condolences can be sent to www.sumortuary.com.

sports

SCORES + RECAPS FROM IRON COUNTY COMPETITION

Falcons blank Red Devils, clinch Region 12 crown

by Tom Zulewski

IRON COUNTY TODAY

The three seniors on the Canyon View girls soccer team had one mission in mind for their regular-season finale Sept. 30. Only a mercy-rule finish would do.

All three – Courtney Hillyard, Brooklyn Winters and goalkeeper Niky Johnson – more than did their part as the Falcons closed with a big flourish and an emphatic win.

Hillyard scored twice and added three assists and freshman Bethanee Vargas scored a hat trick as Canyon View shut down the Grand Red Devils, 8-0, in a game that needed only 72 minutes to complete. Winters scored the final goal with just over eight minutes remaining to finish off an 8-0 season in Region 12 for the Falcons, who are 14-3 overall.

“Last year, our seniors tried to develop a family, and it rubbed off on us,” said Winters, who assisted on Hillyard’s first goal in the second minute. “From the first practice with all the newer players and the freshmen, we accepted them fully.”

After Hillyard got the scoring started, she added the assist on Vargas’ first goal six minutes

 see **CV SOCCER** » 29


Canyon View's Bethanee Vargas scored a hat trick for the Falcons as they defeated the Grand Red Devils.

ANITA BUNKER



Parowan's Treven Yardley scrambles to evade the Wolves and scores 1 of his 4 touchdowns on the night for the Rams.

DAVE MINEER

HUGE THIRD QUARTER CARRIES RAMS PAST WOLVES

by Tom Zulewski

IRON COUNTY TODAY

Treven Yardley ran for four touchdowns, and the Parowan Rams scored 28 third-quarter points to turn a close game into a 41-7 rout over the North Sevier Wolves on Oct. 1 at Alma Richards Stadium. The Rams improved to 2-1 in 1A South and handed the Wolves its third straight loss after a 5-0 start (5-3 overall).

Yardley got the scoring started in the first quarter on a 1-yard run, then added a 5-yard run in the

second as Parowan led 13-0 at the break. Easton Jense (1 yard) and Tysen Gale (31 yards) scored less than two minutes apart early in the third quarter before Yardley struck again with TD runs of 5 and

50 yards late in the period to complete the scoring.

North Sevier was able to break the Parowan shutout bid when Kannin Boswell scored on a 1-yard run with 4 minutes, 57 seconds left in the game.

Parowan returns to region play Friday with a road game at Enterprise at 7 p.m. The Wolves routed Gunnison, 42-7 last week.



Parowan

41


North Sevier

7

North Sevier	0	0	0	7	--	7
Parowan	7	6	28	0	--	41

Q1 – P – Yardley 1 run (Quezada kick), 7:24

Q2 – P – Yardley 5 run (kick failed), 7:17

Q3 – P – Jense 1 run (Quezada kick), 9:58

P – Gale 31 run (Quezada kick), 8:14

P – Yardley 5 run (Quezada kick), 3:17

P – Yardley 50 run (Quezada kick), :40

Q4 – NS – Boswell 1 run (Peterson kick), 4:57

SCOREBOARD

SCORES

Region 10 Prep Football

10/1

Desert Hills 47, Hurricane 6
Crimson Cliffs 28, Pine View 14
Dixie 42, Snow Canyon 14

3A South Prep Football

10/1

Canyon View 26, Carbon 15
Juab 28, Richfield 27
North Sanpete 28, Manti 20

1A South Prep Football

10/1

Parowan 41, North Sevier 7
Kanab 27, Milford 14
Enterprise 42, Gunnison 7

Region 10 Girls Soccer

9/28

Crimson Cliffs 3, Hurricane 1
Snow Canyon 3, Dixie 0
Pine View 2, Desert Hills 1

9/30

Cedar 3, Snow Canyon 2, 2 OT
Dixie 3, Pine View 0
Desert Hills 7, Hurricane 2

Region 12 Girls Soccer

9/28

Canyon View 3, Carbon 1
Richfield 3, Emery 0

9/30

Canyon View 8, Grand 0
Carbon 8, Emery 0

STANDINGS

Region 10 Prep Football

REGIONOVERALL

Desert Hills (1)4-07-1

Crimson Cliffs (4)3-15-3

Dixie (5)3-14-3

Pine View (8)2-25-2

Snow Canyon (9)2-34-4

Cedar (10)1-32-5

Hurricane (12)0-52-6

3A South Prep Football

REGIONOVERALL

Juab (2)3-07-1

Manti (7)2-14-4

Richfield (8)2-13-5

North Sanpete (5)1-23-5

Canyon View (10)1-22-5

Carbon (12)0-32-5

1A South Prep Football

REGIONOVERALL

Kanab (2)3-06-2

Milford (3)2-15-3

Parowan (7)2-15-3

Enterprise (6)2-14-4

North Sevier (4)0-35-3

Gunnison (9)0-33-4

Region 10 Girls Soccer

REGIONOVERALL

Crimson Cliffs (1)11-014-2

Snow Canyon (7)7-47-7

Dixie (6)6-58-8

Desert Hills (10)6-56-9

Pine View (9)6-67-9

Cedar (12)3-85-10

Hurricane (13)0-110-13

Region 12 Girls Soccer

REGIONOVERALL

Canyon View (2)8-014-3

Carbon (6)5-210-4

Richfield (9)4-49-7

Grand (15)1-64-6

Emery (20)1-73-14

SCHEDULE

Region 10 Prep Football

10/8

Desert Hills at Cedar
Pine View at Snow Canyon
Dixie at Crimson Cliffs

3A South Prep Football

10/8

North Sanpete at Canyon View
Carbon at Juab
Richfield at Manti

1A South Prep Football

10/8

Parowan at Enterprise
Milford at Gunnison
North Sevier at Kanab

Region 10 Girls Soccer

10/5

Cedar at Crimson Cliffs
Desert Hills at Dixie
Snow Canyon at Hurricane

Region 12 Girls Soccer

10/5

Carbon at Grand

10/9

3A playoffs 1st round, teams TBD

CV SOCCER

« CONTINUED FROM PAGE 28

later. Vargas added her second goal on a long-range shot that settled in the top-right corner of the net in the 33rd minute to stretch the CV lead to 3-0 at the break.

For head coach Steve Newman, the goal of the game for his team was simple.

“We just wanted to let them play, give them more

stretch the lead to 4-0, and it opened up from there. Vargas completed her hat trick with a goal off a steal in the 57th minute and Andee Nelson added a goal in the 65th.

When Hillyard and Winters scored two minutes apart, the victory – CV’s ninth straight – was secured early.

CV was ranked No. 2 in the RPI and will know their final position today when the UHSAA releases the playoff matchups. First-round

“We just wanted to let them play, give them more control on the field”

Steve Newman, Canyon View head coach

control on the field,” he said. “Let them be in charge of the flow of the game.”

With lineup changes allowing Johnson to play in the field for the second half, she didn’t miss her opportunity to add to the CV offense. The senior scored her first goal of the year from close range in the 51st minute to

games happen Saturday, and the Falcons will host a second-round game next Wednesday, Oct. 13 against an opponent to be determined.

Canyon View’s other game of the week was a 3-1 road win over the Carbon Dinos on Sept. 28, which was called after 61 minutes due to multiple weather delays.

Freshman nets winner as Reds beat Warriors

by Tom Zulewski

IRON COUNTY TODAY

The Cedar Reds girls soccer team found itself on the wrong end of too many one-goal scores to count, especially in Region 10 play. On Sept. 30, one freshman made sure to put her team on the right side of the line and into the win column.

Eliza Heaton scored off a corner kick with five minutes left in the second overtime as Cedar held on to beat Snow Canyon, 3-2, in its only game of the week to improve to 3-8 in Region 10. With two teammates also in the play, the kick came out far enough to draw the Snow Canyon goalie out of the goal, allowing Heaton to

“The girls wanted this one. They had all the emotion from the last home game, and they worked hard”

Scott Kamachi, Cedar head coach

and I just touched it.”

Cedar head coach Scott Kamachi said his team had added motivation with five seniors playing their final home game on Senior Day.

“The girls wanted this one. They had all the

dangerous area and Eliza got on the end of it. I couldn’t even see her. Sometimes, she disappears.”

Dani Mitchell, one of the five seniors for Cedar, got the Reds on the board with a goal early in the first half on a shot that barely trickled inside the line for a 1-0 lead. The score held until the Warriors (7-4 Region 10) were able to tie it early in the second half.

With two minutes left in regulation, Cedar sophomore Rylan Tebbs netted the go-ahead goal, but Snow Canyon tied it less than a minute later, forcing the overtimes.

The Lady Reds closed the regular season Tuesday with a road game at No. 1



Cedar's Eliza Heaton was in the right place at the right time during overtime to win the game for the Cedar Reds.

COREY BAUMGARTNER

slip to open space and put in the game-winner.

“I was really worried we were going to lose in the end, but we didn’t,” Heaton said. “I’m just trying to score. (The ball) came to me

emotion from the last home game, and they worked hard,” Kamachi said. “Everyone got tired and the tactical part fell apart. It turned out to be a slugfest. “We got the ball in a

Crimson Cliffs, which was too late for press deadline. The final rankings and matchups for the 4A state playoffs will be released Saturday and the opening-round games happen Oct. 13.

Ward helps Falcon football snap losing streak

by Tom Zulewski
IRON COUNTY TODAY

Adrian Ward ran for two touchdowns and caught a scoring pass from Nick Macias in the final minute of the first half as the Canyon View Falcons beat the Carbon Dinos

on the road, 26-15 on Oct. 1 to break a five-game losing streak. With the score tied at 6-6, Ward went to work with 2 minutes, 46 seconds to play until halftime as he scored on a 45-yard run. When Macias delivered his touchdown with

59 seconds remaining, the Falcons took a 19-6 lead to the break and didn't relinquish it. Ward would score on a 5-yard touchdown with 5:05 left in the fourth quarter as the Falcons improved to 2-5 overall, 1-2 in 3A South play. The senior finished with



Canyon View



Carbon

26

15

Canyon View 0 19 0 7 -- 26
Carbon 0 6 0 9 -- 15

Q2 - CV - Macias 2 run (kick failed), 10:55
C - Moss 35 pass from Rich (kick failed), 5:43
CV - Ward 45 run (run failed), 2:46
CV - Ward 13 pass from Macias (Slack kick), :59

Q4 - C - FG Chappell 37, 9:13
CV - Ward 5 run (Slack kick), 5:05
C - Vasquez 60 pass from Falk (run failed), 2:06

205 yards rushing on just 12 carries, and the Falcons rushed for 423 total yards as a team. CV will return home this

week for a game against North Sanpete on Friday at 7 p.m. The Hawks held on for a 28-20 win over Manti at home last week.

SUU falls short in final minutes against Portland State

by Tyler Roper
SUU ATHLETICS STRATEGIC COMMUNICATION

CEDAR CITY — In a game that went back and forth all night, the Southern Utah University football team had the ball in the closing minutes with an opportunity to extend the game, but could not find the endzone as Portland State went on to claim a 20-13 victory Saturday

key moments well enough, so we need to get better and it starts with me. Hats off to Portland State, they did a great job." Neither team led by more than seven points the entire game, and that was the exact margin Southern Utah trailed by as it drove the length of the field on its final possession. The Thunderbirds made it all the way to the PSU four-yard line before

After Portland State took its first lead of the night, Justin Miller connected with Ethan Bolingbroke on a 19-yard touchdown strike to put SUU up 10-7. Bolingbroke led the Thunderbirds in receiving on the night with 83 yards to go with his touchdown. Coming out of the halftime break, Noah Alejandro connected on his second field goal of the night to put the T-Birds up 13-10. That would

III led SUU in rushing with 45 yards and was followed by Karris Davis who had 23. Davis was also second on the team in receiving yards with 27. AJ Stanley led Southern Utah defensively with 10 tackles while Greg Rogers and Justin Brown pitched in six apiece. Francis Bemiy created one of SUU's biggest highlights of the night by making a huge goal line stand when he forced a fumble on



It was a tough loss for the SUU Thunderbirds (1-4) against the Portland State Vikings (2-3), but they'll be ready for Sacramento State on Saturday.

night at Eccles Coliseum. The setback dropped SUU to 1-4 on the season and 0-2 in Big Sky play. The Vikings improved to 2-3 overall and 1-1 in league play with the victory. "I'm not going to lie, it hurts," said SUU head coach Demario Warren. "We've got more in the tank, but this team is always going to fight to the end. We just didn't execute in those

seeing the drive stall along with their hopes of evening up the score. The Vikings took possession and were able to bleed the clock to close out their win. Southern Utah found an offensive rhythm early by connecting on a field goal on its opening drive, and driving into the red zone on the next possession before throwing an interception.

Unfortunately be the only score SUU could manage the rest of the way, though, as Portland State scored the final 10 points of the game to close out the win. SUU won the battle through the air with a 179-151 advantage in passing yards, but was outgained on the ground as PSU had 156 yards to the Thunderbirds' 88. David Moore

the two-yard line and then came up with the recovery. Kobe Singleton also recorded his second interception of the season in the SUU secondary. The Thunderbirds will look to right the ship on Saturday when they travel to face Sacramento State in California. Kickoff is slated for 7:00 p.m. MT, and the game will be broadcast live on ESPN+.

An old friend deserves recognition

Last Monday, the Colorado women's basketball team announced on its Twitter account that a new game for this season's schedule will be played Dec. 7. The opponent is Southern Utah, the game will be played at the America First Event Center, and it means the arrival of a familiar friend leading the Buffaloes.

J.R. Payne, who guided the T-Birds to a 23-10 season and a Big Sky co-championship in 2014, is returning to the place where she spent five years as one of SUU's most successful women's basketball coaches. In her final year before leaving Cedar City, Payne led the T-Birds not only to the co-championship, but a win over Colorado State in the opening round of the Women's NIT.

While there was joy in the announcement Payne will return, there is an item that chills the good vibes pretty quickly.

The Big Sky championship banner, which was once standing proudly in the rafters at AFEC, was taken down several years ago and hasn't been returned. The only banners there today are the retired numbers of Don Marshall (11) and Myndee Larsen (00).

The walls of the arena that were once adorned with the many achievements of men's basketball – including recognition of the 2001 NCAA Tournament appearance – and several other sports have been replaced by "Southern Utah University" along with the names of a pair of corporate sponsors.

Changing the walls as constituted now is too hard to do at this point, but it should be very easy

"While there was joy in the announcement Payne will return, there is an item that chills the good vibes pretty quickly."

to replace the Big Sky banner earned by the 2014 women's basketball team – one coached by J.R. Payne – and leave it in the rafters where it rightfully belongs.

Details on what happened to the banner initially were sketchy, but it still exists and sits in an office at the arena. As if that weren't enough, the SUU men's team won its first Big Sky basketball title in the spring. No official word has been released on if a banner-raising ceremony will be held to honor that achievement, either for the opening home game vs. Bethesda on Nov. 9 or when the Big Sky home opener is played Dec. 30.

This is SUU's final year as a Big Sky member. Even as the school goes forward into the WAC next year and beyond, the selling of the programs to recruits gets that much harder for coaches without the presence of tangible things like championship banners that showcase success.

There are 62 days left until SUU and Colorado square off on the court at the AFEC. There's more than enough time to do the right thing here. If not for J.R. Payne, do it for assistant coach Hailey Mandelko, who was a player on that championship team. She helped put that banner in the rafters when it was there just as much, if not more so.

The bigger schools like Duke, Kentucky, North Carolina or UCLA – and we could mention many more besides them – have more than a full share of banners in the rafters of their respective arenas. When prospective recruits come for official visits, they can see for themselves what a winning culture can ultimately produce.

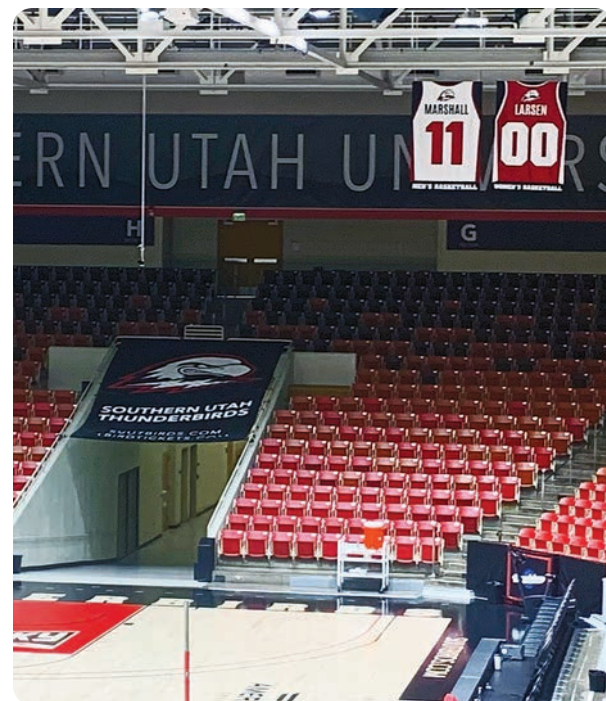
As SUU closes in on another basketball season, any reminder of championship success needs to be embraced, remembered and

placed on display for all to see inside the arena, not just in the trophy case. Those who've moved on to bigger opportunities deserve to relive the joy and celebrate right along with the rest of us.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

RANDOM thoughts

Tom Zulewski
IRON COUNTY TODAY



Two retired numbers hang in the mostly empty rafters at the America First Event Center, hoping to be joined by other banners soon.

TOM'S SPORTS TRIVIA

With the Major League Baseball postseason about to start, this week's dozen deals with memorable comebacks, notable late-season battles, and individual achievements. Celebrate the full season just completed, but please remember...no wagering!

1. When thinking about comebacks, the gold standard is probably when the New York Yankees rallied to beat the Boston Red Sox and win the American League East title in 1978. How many games did the Yankees trail by in mid-July when the comeback began?

- A. 12
- B. 13
- C. 14
- D. 15

2. On Sept. 6, 2009, the Minnesota Twins trailed by seven games in the AL Central Division race. Which team did they defeat in a one-game playoff to claim the title?

- A. Chicago White Sox
- B. Detroit Tigers
- C. Kansas City Royals
- D. Cleveland Indians

3. In 2019, the Washington Nationals didn't exactly set the world on fire, going 19-31 in the first 50 games. Who was the manager who guided them to a 74-38 mark the rest of the way, a NL wild-card berth and a World Series title?

- A. Davey Martinez
- B. Dusty Baker
- C. Dave Johnson
- D. Jim Riggleman

4. The Detroit Tigers lost 119 games in 2003. Three seasons later, they reached the World Series. Who was the manager who led them to the first of two World Series appearances during his eight-year tenure?

- A. Brad Ausmus
- B. Alan Trammell
- C. Ron Gardenhire
- D. Jim Leyland

5. In 1993, the San Francisco Giants took the fight for an NL West title down to the final day of the regular season, but came up short despite winning 103 games. Who won the crown before changing divisions the following year?

- A. Atlanta Braves
- B. Houston Astros
- C. Cincinnati Reds
- D. San Diego Padres

6. The Tampa Bay Rays had a memorable season in 2011, clinching a wild-card berth on the final day of the regular season by rallying from a 7-0 8th-inning deficit to beat the New York Yankees. Who did the Rays beat in the wild-card race to advance?

- A. Boston Red Sox
- B. Toronto Blue Jays
- C. Los Angeles Angels
- D. Baltimore Orioles

7. In the 2011 World Series,

the Texas Rangers were six outs away from its first title in Game 6, but the St. Louis Cardinals rallied from a 7-4 8th-inning deficit to force extra innings. Who hit the walk-off home run for the Cardinals in the 11th inning that forced Game 7?

- A. Albert Pujols
- B. David Freese
- C. Yadier Molina
- D. Matt Holliday

8. In 1985, the Kansas City Royals were the first team to overcome two 3-1 series deficits in the same postseason. Who did they beat in the American League Championship Series before duplicating the feat in the World Series?

- A. New York Yankees
- B. Oakland Athletics
- C. Chicago White Sox
- D. Toronto Blue Jays

9. Four different teams have rallied from 3-1 deficits by winning Games 6 and 7 on the road, the last coming in 2016 when the Chicago Cubs beat the Cleveland Indians. Who pulled off the feat in 1979, winning the last two games in Baltimore to beat the Orioles?

- A. Pittsburgh Pirates
- B. Cincinnati Reds
- C. Philadelphia Phillies
- D. San Francisco Giants

10. When the Boston Red Sox began their comeback from a 3-0 deficit in the 2004 American League Championship Series, they scored once

in the bottom of the ninth to tie Game 4 and force extra innings. Who scored that run and is now the manager of the Los Angeles Dodgers?

- A. Terry Francona
- B. Dave Roberts
- C. David Ortiz
- D. Bill Mueller

11. In that 2004 ALCS, Games 4 and 5 went to extra innings. How many innings were played in Game 5?

- A. 13
- B. 14
- C. 15
- D. 16

12. The Oakland Athletics won the first of three straight World Series titles in 1972, but had to win Game 7 after blowing a 3-1 series lead. Who did the A's beat that year?

- A. Cincinnati Reds
- B. New York Mets
- C. Los Angeles Dodgers
- D. St. Louis Cardinals

LAST WEEK'S ANSWERS

- 1. B: Michigan
- 2. C: The Kennel
- 3. B: San Jose
- 4. A: Syracuse
- 5. D: Bird's Nest
- 6. C: Florida State. The school's former head coach, Bobby Bowden, passed away Aug. 8 at the age of 91.
- 7. B: Oracle
- 8. B: Clemson
- 9. A: Babe Ruth
- 10. C: Heinz
- 11. A: Arizona Cardinals
- 12. D: San Antonio Spurs

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CELEBRATE RECOVERY! CHRISTIAN 12-STEP PROGRAM dealing with Hurts, Habits, or Hangups. Wednesday nights at 6:30pm at True Life Center-Four Square Church, 2111 N Main St, Cedar City, UT. Call Jeff 801-638-1800 or Gary D. 702-303-5662.

ENOCH 'MEET THE CANDIDATE' NIGHT! THURSDAY, OCTOBER 7th from 7pm-8pm at Enoch Elementary School Gymnasium. Come put a face to the names on your ballot!

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FOUND: MENS' GOLD WEDDING BAND, FOUND AT THE LAND-fill on Sept 28th. Inscriptions & Date on inside, Call to identify 435-590-9193

MISCELLANEOUS

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legal notices

NOTICE FOR PUBLICATION

In the Fifth Judicial District Court, In and for Iron County, State of Utah, In the Matter of the Estate of Peter M. Von Lutzow, Deceased, NOTICE OF HEARING ON PETITION FOR FORMAL PROBATE OF WILL AND FORMAL APPOINTMENT OF PERSONAL REPRESENTATIVE, Case No. 213500164, Honorable Matthew L. Bell. Notice is hereby given to all persons who are interested in or who claim an interest in the above estate that on August 30, 2021, Mei Lie The, by and through counsel of record, Matt A. Munson, filed a Petition for Formal Probate of Will and Formal Appointment of Personal Representative to appoint Mei Lie The as personal representative of the above-referenced estate, to act without bond. A copy of the Petition may be obtained by requesting one from the Clerk of the Court. A hearing has been set to consider the Petition on October 19, 2021, at 1:45 p.m. before the Honorable Matthew L. Bell, Fifth Judicial District Court, Iron County, located at 40 N. 100 E., Cedar City, UT 84720. The hearing will NOT take place at the courthouse. The hearing will be held remotely and may be accessed via WebEx.com. Contact the court to provide your current email address for instructions on appearing for the hearing. Failure to appear and object at or before the hearing may result in the Petition being granted. DATED: September 7, 2021, M. A. MUNSON LAW P.C. /s/ Matt A. Munson, Attorney for Petitioner. 970 S. Sage Dr., Ste. 109, Cedar City, UT 84720 Telephone No. 435-238-7734 Pub: Sep 15, 22, 29, Oct 6, 2021.

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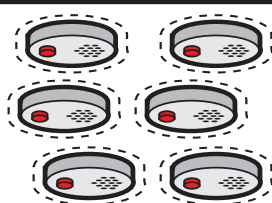
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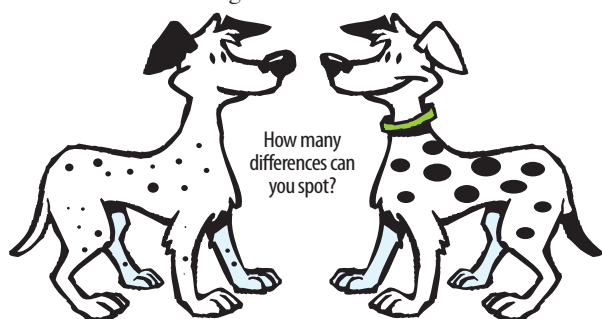
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How many differences can you spot?

Standards Link: Visual Discrimination/Sorting: Find similarities and differences in common objects.

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BATTERIES
SLOGAN
FLOOR
STAIRS
FIRE
SAFELY
LOUD
STEAM
DUST
HELP
SMELL
FACT

Find the words in the puzzle. How many of them can you find on this page?

T	S	U	P	E	F	R	P	B	S
S	C	S	M	E	L	L	A	M	S
L	T	A	N	I	E	T	O	F	L
O	S	E	F	H	T	K	S	O	S
G	U	E	A	E	M	U	F	R	
A	D	R	R	M	R	D	E	R	I
N	A	I	T	A	M	L	A	D	A
B	E	F	L	L	A	S	T	E	T
S	R	A	B	Y	L	E	F	A	S

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

Keeping you safe in an emergency.

To stay safe in a burning building, a firefighter must wear special gear.

A turnout coat, for example, is a special jacket designed to protect a firefighter from heat and flames.

Reflective stripes on the coat and pants help firefighters see one another in a dark, smoky building.



Photo: Flashon Studio/Shutterstock

Smoke can be one of the biggest dangers in a fire. Firefighters wear face shields and an air mask to be able to see and breathe.

If a fire breaks out in your home, it is **VERY** important to **STAY LOW**.

Crawl towards an exit as quickly as possible to avoid breathing in smoke. And if a firefighter wearing gear like in the photo above is there, don't be afraid. They're there to help!



Write On!

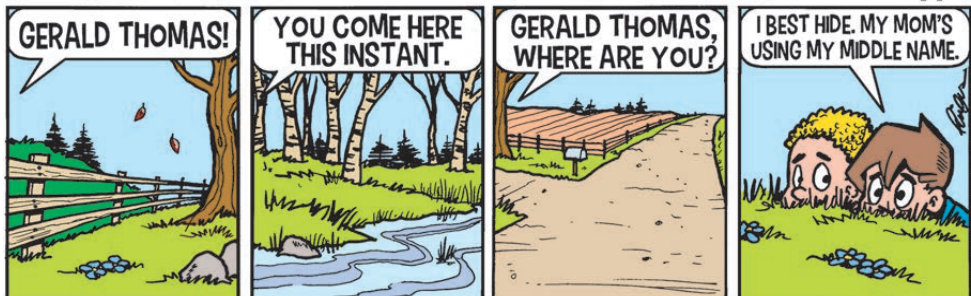


Our Fire Department

Write a paragraph telling what you know about the fire department in your town.

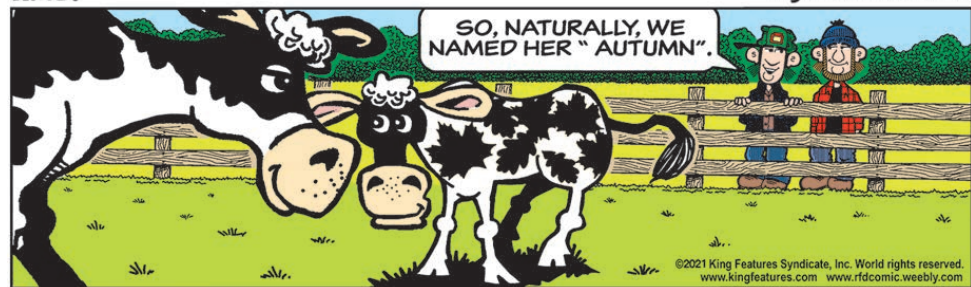
Amber Waves

by Dave T. Phipps



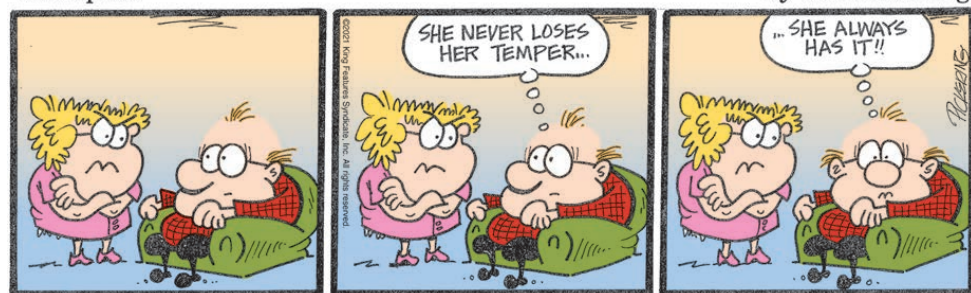
R.F.D.

by Mike Marland



The Spats

by Jeff Pickering



Weekly SUDOKU

by Linda Thistle

9				4	8	6		
	2		1					5
		6			7		1	
4				6	5			
		9	3				8	4
	3			9				7
6					5		2	
	8			7		3		
1		7	4					6

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTIHOFF



Find at least six differences in details between panels.



Differences: 1. Mirror is raised. 2. Cup handle is missing. 3. Sleeves are added. 4. Chair is different. 5. Arm is added. 6. Hair is different.

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SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Flare
FANGLE

Start
BEGIN

Capture
PARENT

Dilate
WINED

TODAY'S WORD

October 4, 2021 Posting Date

King Crossword

ACROSS

- 1 Sparkle
- 6 Word of denial
- 9 Early hrs.
- 12 — Carta
- 13 Japanese sash
- 14 Like sashimi
- 15 Surrounded by
- 16 Italian city where Marconi was born
- 18 Mexican entree
- 20 Optimistic
- 21 Honey holder
- 23 Jurist Fortas
- 24 De Mille of dance

- 25 Nepal's continent
- 27 Bakery lure
- 29 Italian port city
- 31 Italian city of canals
- 35 Soft leather
- 37 Pack cargo
- 38 Grinding tooth
- 41 Genetic letters
- 43 Storm center
- 44 Oil cartel
- 45 Pippa, to Kate Middleton
- 47 Italian city on the Adriatic

1	2	3	4	5	6	7	8	9	10	11
12						13			14	
15						16		17		
		18			19			20		
21	22			23			24			
25			26		27		28			
29				30		31			32	33
			35			36		37		
38	39	40			41		42		43	
44				45			46			
47				48			49		50	51
52				53			54			
55				56			57			

- 49 October birth-stones
- 52 Crone
- 53 — de deux
- 54 "— Be" (The Beatles)
- 55 "Quiet!"
- 56 Illustrations
- 57 Yorkshire city

DOWN

- 1 "Today" rival, briefly
- 2 Felon's flight
- 3 Self-indulgent "journey"
- 4 "— Karenina"
- 5 Igneous rock

- 6 More altruistic
- 7 Bassoon's kin
- 8 Up to
- 9 Inert gas
- 10 Parson's home
- 11 Convinces
- 17 Church key-boards
- 19 Humiliate
- 21 Painter Vermeer
- 22 Simile part
- 24 Soul, to Sartre
- 26 — -Lorraine
- 28 Pizza cooks
- 30 Where Lux. is

- 32 State repeatedly
- 33 Coquettish
- 34 Ram's mate
- 36 Most desert-like
- 38 Fluttery insects
- 39 Media mogul Winfrey
- 40 Janet of "Psycho"
- 42 Coral reef
- 45 Flag feature
- 46 Duel tool
- 48 Hot tub
- 50 Cover
- 51 Rds.

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1. TELEVISION: Which actor portrayed Kevin Arnold in the 1980s-90s sitcom "The Wonder Years"?
2. MEDICAL: What is a more common name for rhinorrhea?
3. MUSIC: How many members are in the pop group ABBA?
4. MOVIES: Who directed "The Godfather" trilogy?
5. ANIMAL KINGDOM: What is the native country of the kiwi bird?
6. ENTERTAINERS: Which American singer/songwriter was born with the name Peter Gene Hernandez?
7. SCIENCE: What does a petrologist study?
8. GEOGRAPHY: The Cape of Good Hope lies at the tip of which continent?
9. PSYCHOLOGY: What fear is represented in the condition known as cynophobia?
10. LITERATURE: The novels "Tom Sawyer" and "Huckleberry Finn" are both set in which U.S. state?

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6	5	8	2	3	4	7	1	6	7
1	4	3	6	7	9	5	8	2	
6	2	7	5	1	8	3	4	9	
7	9	1	4	6	2	8	3	5	
4	8	2	5	1	3	6	9	7	
3	6	5	9	8	7	2	1	4	
8	1	4	7	2	6	9	5	3	
5	7	6	3	9	1	4	2	8	
2	3	6	8	4	5	1	7	9	

Answer

Weekly SUDOKU

S	A	V	H	S					
L	E	E	T						
P	A	S							
O	P	A	S						
S	I	S	T						
E	R								
N	A								
S	T	O							
E									
N	A	P	L	E	S				
A	R	O							
A	B	E							
S	E	N	A						
R	O	S							
T	A	M	A						
G	O								
B	O								
O									
A	M								
A	M								
S									

Solution time: 26 mins.

Answers

King Crossword

FENDER

Today's Word

1. Flange
2. Begin
3. Entrap
4. Widen

SCRAMBLERS

1. Fred Savage
2. Runny nose
3. Four
4. Francis Ford Coppola
5. New Zealand
6. Bruno Mars
7. Rocks
8. Africa
9. Fear of dogs
10. Missouri

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QUEEN-SIZE SET
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PER MONTH



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