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showcase

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The journey
of creating
Prospero

IRON
COUNTY

today

Evan McMullin responds to confirmed date for debate against Senator Mike Lee

from Kelsey Koenen Witt

COMMUNICATIONS DIRECTOR

The Utah Debate Commission, the independent body that oversees and executes debates for federal races in the state, announced the first debate between former undercover CIA officer and independent candidate

for U.S. Senate Evan McMullin and incumbent Sen. Mike Lee. It will take place on October 17 at 6:00 p.m. MT at Utah Valley University.

In response Evan McMullin released the following statement: "I'm grateful to the Utah Debate Commission for coordinating this event and to Utah Valley University

for hosting us. Debates are critical to our democratic process, they allow us to see those that seek to be our elected leaders side by side, discussing the critical issues facing our communities and our country. I look forward to laying out our vision to fix our broken politics, solve critical challenges, defend the

Constitution and our Democratic Republic and give all Utahns a more unifying alternative to the division and extremism that is tearing our country apart.

I also look forward to holding Senator Lee accountable. The fact

see **DEBATE** » 3

MAIN EVENT



PHOTOS IN LIFE

COREY BAUMGARTNER

Cedar City apartments saved by sprinkler system following kitchen fire

from Gabrielle Costello

CEDAR CITY CC PUBLIC INFORMATION OFFICER

At approximately 12:56 p.m. on Saturday, August 20th, 2022, Cedar City Fire Department received a call involving a kitchen fire at an apartment complex located at 163 North 300 West in Cedar City. Upon arrival, no flames or smoke were visible from the exterior, however water was spraying out of the unit due to an activated sprinkler system.

Cedar City Fire Department responded with 1 Battalion Chief, 1 engine, and 1 squad unit with a total of seven firefighters. When investigating, the firefighters found a cooking fire had started on the stove but was now extinguished thanks to an activated sprinkler system that quickly suppressed the flames. Firefighters credit the sprinkler system for saving dozens of lives and preserving multiple apartment units.

"This type of fire could have easily spread to nearby units, displacing tenants and damaging not only this apartment unit, but neighboring ones as well," said Firefighter Chad Barnes. "We are thankful this building



Something as simple and helpful as a home oven can become a dangerous hazard if not used appropriately.

had a working sprinkler system that meets code requirements because it ultimately saved lives and property."

Firefighters returned to the property a few days later and the water salvage was nearly complete with tenants moving back in, resuming normal operations.

Cedar City Fire Department encourages all business and property owners to explore installing sprinkler systems, especially if the building is older and was not initially required to do so according to older code. Cost is usually the main factor for property owners to hesitate, but the long-term benefit outweighs the up-front cost should your property ever experience a fire.

"Recovering from an unexpected fire or disaster is always the hardest part of resuming normal operations," said Fire Chief Mike Phillips. "As seen with this apartment fire, do what you can now to prepare for an unfortunate event and your business or property will be able to recover quicker."

For more safety information and updates from Cedar City Fire Department, follow their Facebook page or visit their website at www.CedarCity.org/Fire.

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The NICA High School Cycling League (Region 3) mountain bike races return to Three Peaks.

COURTESY VISIT CEDAR CITY BRIAN HEAD

Iron County portion of Three Peaks Recreation Area closed Sept. 9-10 for bike race

from Maria Twitchell

IRON COUNTY PARKS AND RECREATION

Iron County Parks and Recreation is notifying the public that their recreation facilities, including campground, group pavilions and Iron Sides disc golf course, will be closed to the public on September 9th and 10th to provide a safe and traffic-controlled area for the Utah NICA High School Mountain Bike Race.

Over 600 estimated Region #3 high school mountain bikers, along with their parents and support team members will be racing throughout the Three Peaks recreation site. The public is asked to be aware and respect the race closures and to maintain a slow speed at all times if choosing to be in the area. There will be sections of Three Peaks operated by the Bureau of Land Management that will also be closed for the race, however the Shooting Range, Model

Port and Shooting Range Road will remain open.

According to Iron County Parks and Recreation Director Maria Twitchell "We are thrilled to once again be hosting the NICA High School Cycling League for their Region #3 cross country mountain bike race. Three Peaks is premier facility to host such an event of this magnitude. We hope the public will be patient with our decision to close facilities so we can provide the absolute safest environment for the kids who are participating." The county park will reopen to the public on Monday, September 12th.

For questions regarding the closure of the County portion of Three Peaks Recreation Area, contact the Iron County Parks and Recreation office at 435-586-5124 or email mtwitchell@ironcounty.net. Contact for NICA High School Cycling League is Kristene Petersen 801.360.5393, kristine@utahmtb.org.

DEBATE

« CONTINUED FROM PAGE 1

is that Senator Lee has no positive record, no single great accomplishment to present after nearly 12 years. He seems to think that his job is all about voting 'no' and demonizing the other side when, in fact, the job of a senator is to roll up his sleeves and deliver results.

We can't offer long-term solutions to the outrageous prices we're facing at the gas pump and

the grocery store if we can't work together. Senator Lee has spent years in service to special interest groups and it must end. I look forward to presenting a better way for Utah, advocating for Utah's needed leadership on a national scale, and discussing solutions to the challenges we currently face. My priorities are clear: strengthen our democracy and stand up to extremists, lower health care costs, reduce reckless government spending and inflation, protect our air and water, and keep America safe."

ROCKET LAUNCH SCRUBBED

CEDAR CITY CELEBRATION ON STANDBY

from Gabrielle Costello

CEDAR CITY PUBLIC
INFORMATION OFFICER

Last week's issue (August 31) a story was printed about Cedar City celebrating the local businesses involved with NASA's Artemis I rocket launch. The celebration and press conference was to be held on September 6, but was a no go.

Unfortunately the launch has been delayed once again due to a persistent hydrogen leak and temperature issues. While the windows for launch are closing quickly, NASA advisers are still hopeful for a launch later in September, but it will most likely not occur until October, to give the engineers time to resolve all safety issues. We look forward to celebrating this exciting event when it is launched.



COURTESY JOE SKIPPER

SUU MICHAEL O. LEAVITT
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FORUM
6:00 PM

opinion

FROM THE EDITOR

Remembering is a call to action

For two decades, our country has fought for and sought to remember and revere the heroes and sacrifices on 9/11 (2001) and those created and put forward every day since. There are many in our Iron County communities who were not alive during that trying time, but it has effected their lives, perhaps without them knowing just how much.

That's why we still remember and pass on this legacy to our posterity. Yes, we remember to grieve, but also to be grateful for and to be better prepared for the future. We also remember that no matter our enemies

abroad, we still have opportunities and responsibilities to help protect and provide for each other in our Iron County communities and beyond. As such, during this time

of remembering and honoring, we have special service opportunities (justserve.org) and Southern Utah University is holding special events to commemorate 9/11. Check out our weekly calendar for more details.

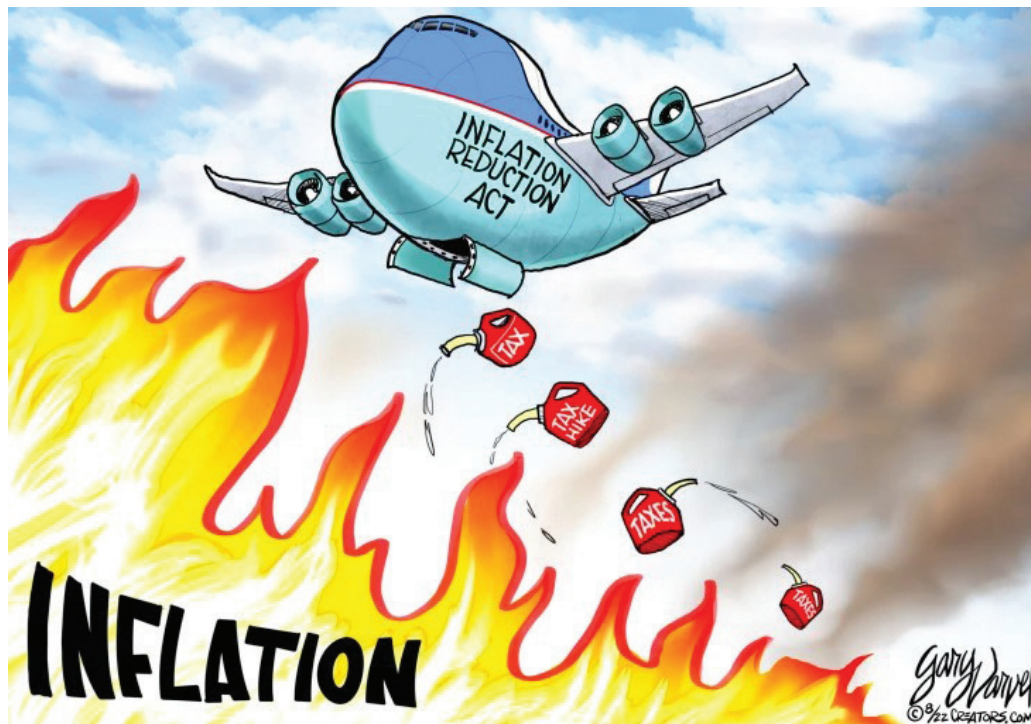
I hope that as we remember 9/11, we also continue to support leaders and laws that will help prevent such tragedies in the future, wherever they have the potential of taking place. And may we not only never forget, but strive to live the best lives we can because of those who have sacrificed and continue to do so each day for every one of us.

WORD OF THE WEEK

QUIP

A witty remark, or observation.

Whenever life leaves you feeling unequipped, a clever quip can help you get a grip and put some zip back in your skipp.



QUOTE OF THE WEEK

"Life has taught me one supreme lesson. This is that we must—if we are really to live—put our convictions into actions."

Margaret Sanger

We have met the enemy

Bryan Gray is a syndicated contributor, not an employee. His opinions are solely his own and not those of the Editor, staff or Iron County Today.

Several months ago I attended a seminar featuring former Utah Gov. Jon Huntsman, Jr., who discussed challenges facing the United States in foreign and domestic policy.

The former ambassador to China and Russia explained that battles, either military or economic, were problematic for the U.S. since leaders of both countries view the world differently than us.

"Both China and Russia want to return to global dominance by returning to their former dynasties and empires," he said. A rational modern-day compromise is difficult, he said, when Putin and his Chinese counterpart are motivated by a sense of history. The countries don't want to feel comfortable; they want to expand and become modern-day behemoths on the world stage – and to achieve these aims, the leaders are willing to

sacrifice hundreds of thousands of their own people.

On the domestic front, Huntsman was also somewhat gloomy. The biggest problem, he said, was not inflation, global warming, immigration, or education.

"My greatest fear," he said, "is that we are close to a new Civil War, with large segments of Americans refus-

"blow up" at a family party where the under-35 attendees clashed with older members of the family over gay rights. The birthday party for his mother exploded into verbal assaults and finger-pointing. To the extent that the mother and her husband walked out, vowing to never enter their son's home again.

Another friend explained he never engaged in family parties due to acrimonious debates about Trump and racial issues. A client advised me he refused to invite a brother-in-law to a family reunion due to the relative's right-wing conspiracy theory views.

It is sad, but tribal politics, not compromise, is a winning ticket for elected officials. Three out of every four Americans agreed in a recent poll that too much debt can hurt the economy, yet both Republicans and Democrats jack up the national debt., even though only 30% of Americans favor more tax cuts if it increased the debt.

How easy it should be for

ing to listen to the other side and compromise to settle differences."

Yes, much like the Middle East and parts of Africa, Americans are becoming more tribal. Too often, entire neighborhoods reflect a "sameness" in terms of race, religion, and politics. It is rural vs. urban, college-educated vs. non-college educated, young vs. old.

A co-worker told me of a recent

cyclops

Bryan Gray

bgray@aphagraphics.com



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opinion

Encouraging the talents of women with men as allies (Part 2)

by Edy Meredith

FOR IRON COUNTY TODAY

Last week, I referenced an internet article: wal-lithub.com/edu/best-and-worst-states-for-women-equality/5835. I am going to explore it more carefully this week. We know that women's rights (and the benefits that accrue and accumulate to their families) have grown, but women still work hard to break the glass ceiling that impedes their success. On a state-by-state basis, women are accorded different possibilities for success even when their training, education, and preparation is equal to that of men in similar fields because there is still evidence of unequal treatment. The workplace provides evidence of this. While women make up 50 per cent of the population, they constitute about 27% of legislators and 25% of Fortune 500 board members. The achievement gap is wide depending upon the U.S. state, although it is slowly diminishing as women join in workforce participation.

In the article on wal-lithub.com in a 4-page chart, the 50 states are compared and ranked from #1 to #50 (best to worst), comparing each state's Total Rank & Score, Workplace Environment, Education & Health, and Political Empowerment (Political Participation & Election). To my surprise, New Mexico's overall rank is #1 and the last ranked state of #50 to my dismay is Utah, next to Georgia at #49. The article also compares "Income and Executive Positions Gaps." Please read this article and don't rely only on my summary. Get the information and evaluate it firsthand.

Are we encouraging the talents of women to benefit their families or is the workplace environment for women discouraging? How can we hearten and buoy up women's participation, elevate the stature of women in their families and society, and value both male and female participation to improve our communities and state?

The contributions of women are becoming more well known such as the women who have contributed to the U.S. space exploration program. The mathematician Katherine Johnson had a 35-year career with NASA that began in 1961 when she successfully calculated the flight trajectory of the first American in space. She was featured in the 2016 movie "Hidden Figures" which included ushering in the agency's uses of computers aided by her ability for manual calculations. Other women in the space program were Sally Ride, Kathryn Sullivan, Judith Resnik, Nancy Grace Roman, Ellen Ochoa,

Helen Sharman, and Mae Jemison. Many other women have joined the NASA space team from both scientific and pilot backgrounds. NASA is all about teamwork. None of NASA's accomplishments would have been possible without great teamwork over many years. Women and men make great human accomplishments as team members. Such accomplishments were unimaginable just 100 years ago, except as fiction.

OP/
ED

Many of the world's problems (famine, overcrowding, warming and drought, flooding, fire prevention, etc.) could be prepared for and mitigated with cooperation and teamwork among our Utah population. Let us bring Utah women and children into the mix, as an ingredient in our solution to Utah's problems.

Remember that it is getting more expensive to raise children here. Current concerns and opportunities include education, high costs, overcrowding (Utah is the fastest growing state in the nation.), drought and water, homelessness, and advancing the interests and participation of women in politics, business, education, and society. (Deseret News and KSL – Utah's Top 10 Issues).

Let us all join together (men, women, children, government officials, etc.) to become the solutions to the myriad of difficulties that confront us. More next week.

BOOKINGS

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

AUG. 29

Christopher I Cleveland

CEDAR CITY, UT
DV – In Presence of Child, Assault

Tanna M Cross

CEDAR CITY, UT
DRUG – Poss w/Intent to Dist, Paraphernalia

Tawni A Quintanilla

CEDAR CITY, UT
Burglary of Vehicle

AUG. 30

Isacc J Cross
DUI, DRUG – Poss C/S, Paraphernalia

AUG. 31

Jose G Aguilar Gonzalez

CEDAR CITY, UT
DUI w/BAC at/over .08

Alysa D Douglas
CEDAR CITY, UT
Child Abuse – w/ Physical Injury

Alberto E Goicolea-Del Rio

CEDAR CITY, UT
DRUG – Poss w/Intent to Distribute

Dylan C Young
CEDAR CITY, UT
Intoxication

Ronald A Cochrane

CEDAR CITY, UT
Purch/Trans/Poss/Use of Firearm by Restr.

SEPT. 1

Denise a Beirle
SUMMIT, UT
DRUG – Poss C/S, Paraphernalia

John L Bennett
ENOCH, UT
Assault

Mara Jansons

BERYL, UT
DRUG – Poss Paraphernalia

Daryl G Stocking
ENOCH, UT
Agg Assault, DRUG – Poss C/S

SEPT. 2

Nikki L Cervantes
CEDAR CITY, UT

Intoxication, Assault

Brooklyn J Fernelius

CEDAR CITY, UT
Assault

Kody J Fox

CEDAR CITY, UT
DUI, Speeding

Esther E Frogge
CEDAR CITY, UT
Aggravated Arson

SEPT. 3

Skye Ayers

PAROWAN, UT
DUI, DRUG – Poss C/S, Paraphernalia

SEPT. 4

Cordell DeJolie
IRON COUNTY, UT
DUI

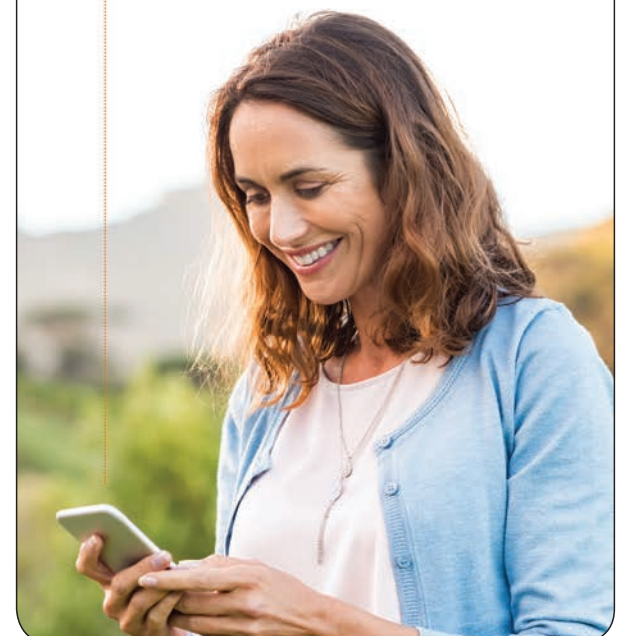
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Southern Utah University

SUU makes history with first doctorate students

from David Bishop

SUU DIRECTOR OF PUBLIC RELATIONS

When Southern Utah University students returned to campus this week for the start of the fall semester, ten students began their path on a history-making event. For the first time in SUU's 125 years, the University welcomed doctoral students to campus. The students in the Doctorate of Psychology program's first cohort are primarily from Utah, and eight are graduates of SUU.

"This is a significant moment in SUU history," said SUU President Mindy Benson. "Not only do we begin our first doctorate-level program at the University, but the focus on clinical psychology will make a difference in the lives of people throughout rural Utah. SUU was founded to improve opportunities for the people of southern Utah and this new

"This is a significant moment in SUU history"

SUU President Mindy Benson

Doctorate of Psychology program fits well in our overall mission."

SUU's Doctorate of Psychology in Clinical Psychology (Psy.D.) program is the only Psy.D. program in the state of Utah. It differs from a Ph.D. degree by placing greater emphasis on training professionals for practical application rather than on research. Both are based on scholarly theories and evidence-based practices.



SUU is proud of its first doctorate students and their academic leaders. Their skills will be greatly needed in our communities.

"This is a culmination of decades of effort in trying to bring graduate training in psychology to SUU,"

said Dr. Steve Barney, Psy.D. program director and professor of psychology. "We have worked tirelessly to develop a program to serve the needs of these students and the community. We are making history by welcoming this first cohort of students into the program."

The Psy.D. is an intensive five-year, full-time in-residence program and will accept 10 additional students each year. The first four years combine coursework and hands-on practical experience, with at least 10 hours per week of practicum training at community sites. The fifth year is spent in a full-time internship.

The program's location in Cedar City, Utah, provides an ideal environment for training in specialized placement sites that serve Native American, Hispanic, Veteran, student, and other rural populations. In addition to classes facilitated by expert faculty and culturally relevant clinical training activities, students within the program are supervised by practicing psychologists with a range of clinical specializations.

To learn more about SUU's Doctorate of Psychology in Clinical Psychology program, visit suu.edu/psyd.

Democrats, liberals and conservatives, would sacrifice something for the common good.

As Huntsman said, "Gasoline prices would come down, for instance, if Pres. Biden and the oil companies got together with a plan for lowering prices in exchange for extra drilling privileges. Instead, we're heading for a Civil War where no one will give and take due to extremist political views."

As Pogo, the comic strip character, famously said, "We have met the enemy – and it is us!"

ENEMY

« CONTINUED FROM PAGE 4

members of both parties to sit down and create a long-term plan, slicing spending from every department and, if necessary, imposing additional means of revenue to lower the national debt and provide stability for Social Security and Medicare. In a compromise, "everyone's ox would be gored" and no one would entirely get their way. Everyone, Republicans and



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public & health

Walk to End Alzheimer's raises awareness, supports Iron County residents



The Alzheimer's Association is excited to host its 4th annual Walk to End Alzheimer's® event in Cedar City. They are inviting residents from Iron County and surrounding areas to join in the fight against Alzheimer's and all other dementia.

The event is set for Saturday, September 10, 2022, at Cedar City Motor Company 1010 N. Main Street. Event festivities begin at 9:00 AM. Walkers can come get their team flow-ers, take a photo, visit vendor booths, and receive a flower for the reason they walk in the TDS sponsored Promise Garden. The walk will begin right after the Promise Garden Ceremony at 10:00 AM. There is also a "Walk Where You Are" option for those that aren't able to join in person, download the "Walk to End Alzheimer's" mobile app and there will be an augmented reality experience where you will see flowers pop up as you walk.

Lauren Willie, Southwest Utah Regional Manager of the Alzheimer's Association said, "We love having the Walk in Cedar City. It is a great opportunity to connect with local residents who are impacted by this disease and connect them with resources, support, and education. The support of this amazing community is so heartwarming and we are so grateful to be part of it."

The Alzheimer's Association has a weekly Information and Support Meeting at the Cedar City Library. Everyone is welcome to attend whether you have a connection to the disease or just have questions about it. It is held in person from 5:30pm-6:30pm every Tuesday. There is also a virtual option to join as well.

Funds raised from the Walk will be used to continue to provide care and support services to people living with Alzheimer's disease and other dementia and their caregivers in Iron County and the surrounding area. The organization offers education, counseling, support groups, and a 24-hour Helpline at no charge to families. In addition, contributions help fund advancements in research to prevent, treat and

eventually conquer this disease. The Alzheimer's Association advocates for those living with Alzheimer's and their families on related legislative issues, and with health and long-term care providers.

To register for the event, visit the website alz.org/walk or text "AlzWalk" to 51555. For more information about the Walk contact Southwest Utah Regional Manager, Lauren Willie at (435) 359-4819 or lewillie@alz.org

The Alzheimer's Association Utah Chapter is the premier source of information and support for the more than 34,000 Utahns with Alzheimer's disease, their families and caregivers. The Alzheimer's Association offers education, counseling, support groups and a 24-hour Helpline at no charge to families. In addition, contributions help fund advancements in research to prevent, treat and eventually conquer this disease. The Alzheimer's Association advocates for those living with Alzheimer's and their families on related legislative issues, and with health and long-term care providers. For information call the Alzheimer's Association 24/7 bilingual Helpline at 800-272-3900, or visit www.alz.org/utah.

Lauren Willie - Regional Manager

National Day of Service honors 9/11 anniversary

Join the nation and your fellow citizens in Iron County in performing an act of service on the 21st anniversary of the 9/11 attacks on the USA. To unite our country in a common cause, this annual day of service has been instituted around the anniversary to memorialize 9/11. You can find There are postings for projects at justserve.org with opportunities to serve in your community.

Many projects have been posted in connection with this national and statewide service effort with most projects happening on this Saturday, September 10, 2022. You can view them on the website under the hashtag #911utahdayofservice followed by the project title. Some projects need 4 or 5 volunteers while others need 300 to 400 volunteers. Among the projects you will find a wide variety of opportunities to serve.

Four projects posted on justserve.org by the Iron County School District include the need for grab bags, bedding, and Hygiene items for Iron County students who may be homeless or experiencing food anxiety.

In Enoch City there are projects at the Petsafe Dog Park and Enoch City beautification projects. There are projects to support the BLM in cleaning up brush at Quichipa to restore wetlands and clean-up at the Three

Peaks Park area that require hundreds of volunteers. There are many more. Please volunteer if you are able.

If you are unable to volunteer because of some limitation (age, physical, or other) you are encouraged to seek out your favorite charity or service organization and make a contribution. Monetary contributions can be made directly to the organization. JustServe volunteers do not handle monetary donations. Donations of items needed by these organizations on a continuing basis are normally listed on the organization's web page or posted on JustServe.org or social media. Items can be dropped off at the organizations address. Some of the local organizations you may explore donating to are Iron County Care and Share, Canyon Creek Services, SUU and SW Tech HOPE pantries, Family Support Center of SW Utah, Youth Futures Homes of Cedar City and more of your choice.

If you have questions or need more information you may contact JustServe Specialists for the Iron County Area, Patty Walser (435-590-4280) John Walser (435-5904281) and leave a message. The national website for the National Day of Service is 911day.org if you desire additional information on the day.

John Walser - justserve.org

Helping to reduce the number of feral cats in Iron County



Cats, some of us hate them and some of us love them, but regardless of your opinion on cats there's one thing we cannot deny and that is their existence. Over the past 5 years the feral cat population in Iron county has skyrocketed. Feral cats tend to flock to places that have food sources and water available and they breed at remarkable speeds.

Did you know cats as young as 4 months old can get pregnant and have babies? One female cat can have up to 3 litters of kittens a year. Many of these feral cats are the offspring of residents' unfixed cats and unfortunately, Iron County hasn't had many programs that help to spay and neuter cats, thus leading to the overpopulation crisis. However, thanks to Brittany McCabe, Manager at the Cedar City Animal Shelter, that may be changing today.

So, what can we as a community

do to help these cats? Helping to get as many cats fixed as possible is the best solution to the overpopulation of cats in Iron County. Unfortunately, feral cats are often seen as pests and are often killed, poisoned, injured or abandoned in the middle of nowhere. Many of these cats die of illness or are taken to shelters where they are often euthanized.

Getting these cats fixed will reduce the number of cats that suffer. Feral kittens usually have a 75% fatality rate and the surviving kittens are often riddled with diseases and parasites. Adult female cats suffer when they are constantly having litter after litter of kittens, most of which end up dying. Male cats suffer too since they often have to fight each other and defend their territories. Often the lone males get kicked out of the cat groups and die from their injuries or starvation. Getting the cats fixed and vaccinated also help control the spread of disease and helps keep people and other animals safe.

Some rescues, vets and shelters may offer a TNR program. A TNR program (Trap Neuter Return) consists of Humanely trapping feral cats and bringing them to a veterinarian to get spayed or neutered. Many TNR programs will also vaccinate the cats and cut the tip off one ear to signal that the cat is already fixed and vaccinated. Once fixed and vaccinated the cat is then, by city ordinance (unless adopted or released to a colony outside city limits) required to be released back to where it was living.

Best Friends Animal Sanctuary offers free and low income options for spaying and neutering and will occasionally help communities with TNR programs. Other places that may be able to help are The Humane Society in Saint George, The Jackson Day Foundation, Paws, BAM and other animal rescue groups within Iron County.

It would greatly help if there were people with farms or land that would be willing to adopt feral cats (who make great mousers). Sara Field, a resident expert on all manner of rescues, would be willing to assist in such relocations. Her contact info is: +1 (435) 680-5708.

However, considering relocations, it is imperative to be sure they need relocating due to human health hazards or dangerous conditions, as relocations can be dangerous and stressful for cats. Their colony is their neighborhood and are frequently not welcomed into other colonies.

That being said, a lot of the trailer/mobile homes parks in Iron County have feral cats. This is because a lot of the residents' cats are not fixed, thus they breed with other cats. Also, people put out food which attracts cats in mass and once cats find a food source they do not stray from it.

MAYOR'S MINUTE

Do you remember your first trip to the Public Library? The first library I remember was the Carnegie Library on Main Street, just north of the City office. It was built in 1914 and was used by the community until 1957 when I was eight years old.

I remember my mother taking me to the library and how special it was to make the trip, although I'm not quite sure how we got there because my mother did not drive until years later. We had a 1951 Ford and my dad may have dropped us off or we may have walked the 11 blocks from home.

I remember clutching my books as I made my way to the children's section located downstairs in the basement off the south stairway and my mother would go upstairs. I was not the best reader, but I have always loved the library.

This summer, I had the unique opportunity to host the BSBC (Banana Split Book Club) at the much newer Library in the Park in Cedar City. I personally met 1,500 children in our community and was able to visit and chat about the books available. The excitement in their eyes and the anticipation of a new adventure paired with a great ice cream dish has been a dream come true for me.

If you can believe it, we served over 4,300 banana splits, checked out nearly 3,000 books, and showed 12 movies to these 1,500 children over the course of 12 weeks. Almost every BSBC kid came with an adult, and I was so excited to see the level of support each child was receiving. Thank you everyone for joining me this summer, and I hope we can do it all again next year!

I want to welcome all the students and families back to school for another year of fun and learning. We are so grateful for the amount of rain we received this summer and the community's support to conserve water. And a special thank you to our Streets Division for doing such a great job catching up on sealing and surfacing our roads according to schedule.

Summer may have ended but we still have many events to look forward to in Cedar City, like our Cedar City Half Marathon on September 10th, where spectators are always welcome, and of course our holiday events. Stay connected with us to learn more by visiting our website at www.CedarCity.org or following us on social media.

Cedar City Mayor, Garth O. Green



PUBLIC

« CONTINUED FROM PAGE 7

Feeding the feral cats isn't necessarily a bad thing if you do it right. When people leave cat food out all day and night it can spoil, get wet, moldy and cause illnesses. Food that is left out for long periods of time attracts wildlife such as skunks, raccoons, badgers and coyotes which can pose an additional threat to pets and people. So if you feed the cats, make sure the food is fresh and not out all the time.

Many people in the trailer parks feed the cats and it does create problems with neighbors and the surrounding areas since cats often mark their territory with urine, and many die in the area. When feral cats tend to flock in one area, creating a colony, it causes diseases and sickness to spread like a wildfire.

In these situations people's own personal pets can get affected and so can humans. Often feral cats don't have areas to bury their feces so exposed fecal matter and carcasses are everywhere and it can cause a stench and can also spread diseases such as parvo, distemper and Giardia. Often in trailer parks the best thing you can do to prevent a human health hazard is to not feed the cats, they will leave if there is no food source.

Another thing you can do to help is to clean up the areas where cats like to gather. Feral cats are often seen around dumpsters because they like to scavenge for food in the trash. Making sure that dumpsters have secure lids and that the trash around the dumpsters is picked up will encourage the cats to go elsewhere for food.

While our shelters in Cedar City and Enoch do an excellent job of treating and caring for animals, the Iron County shelter does not take cats. However, when rescuing or trapping a stray, wild or feral cat here are a few things to keep in mind:

1. You can only bring an animal to a shelter that was found within the shelter's boundaries, without a fee.
2. If you feed or keep a cat longer than 72 hours, they will be considered yours and a \$100-\$200 fee will be assessed when you bring it to a shelter. Fees depend on whether they are found in or out of boundaries and on whether they have space.
3. A No-kill shelter means that less than 10% of animals are euthanized. And if you take a feral cat over 12 weeks, it likely cannot be tamed and hence likely euthanized (which would change when the TNR program is up and running).
4. Bringing sick cats to a shelter can cause many of the cats at the shelter to also become sick. Thanks to Brittany McCabe at Cedar City Animal Shelter a foster program may be up and running soon to help with this. Consider fostering a kitten until it is well.
5. Shelters become overwhelmed during kitten season which begins in late spring and goes until the end of summer and may not have room for all animals. Trapping and spaying in winter can drastically cut down on spring kittens.
6. Volunteer, Volunteer, Volunteer at the shelters. You will not only learn what hard work and care they give, but you'll help an animal that has likely already had a very hard life.

Sara Field and Tina Dickinson

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THE JOURNEY OF CREATING PROSPERO

by **Liz Armstrong**

FOR IRON COUNTY TODAY

Jasmine Bracey is candid about her experience preparing to play the role of Prospero in *The Tempest* this summer at the Utah Shakespeare Festival. She is quick to note that there are so many things about this role that scare her.

"I've seen *The Tempest* four times, and I think it's a wonderful play, but I never remember Prospero, because I've never really followed that line of vengeance and orchestrating-puppet-master," Bracey said.

Bracey, who last season was at the Festival as Belarius in *Cymbeline* and Mrs. Dickson in *Intimate Apparel*, said

she was honest with director Cameron Knight about the role: "You're having me play a character that I don't usually care about, so how can we remedy that?"

But this isn't a problem for Bracey, but rather an exciting challenge. "There's so much about Prospero that I don't understand and don't know, but I can honestly say that I'm very excited to figure that out and go on that journey," Bracey said. "It's the first time I've really been challenged with a role."

Bracey encourages patrons to come and see *The Tempest* because of how fun it is. "Regardless of my complications with my character, the story holds. It's messy, like life is, and in a comedic spirit, that's really great for audience members to experience."

Because Prospero is usually a male character played by a male actor,

Bracey will give the role a fresh, female perspective. "Prospero definitely has a mercurial nature; and it will read differently, I think, coming from a female instead of a male," she said.

Bracey also noted that a mother-daughter relationship is viewed differently than a father-daughter relationship because "there is an assumption that females are more communication- and connection-based," which results in the actress thinking of Miranda differently with Prospero as her mother.

"Though these relationships can be explored regardless of gender, I have a

see **PROSPERO** » 10



Jasmine Bracey as Prospero in the Utah Shakespeare Festival's 2022 production of *The Tempest*

My September days grow long

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

Is it autumn if you aren't going back to the classroom for the first time in forever? Retiring from SUU seemed like such a good idea last spring when I was tired and just couldn't face walking up and down those stairs in the music building one more time! I spent the summer helping some students finish the piano proficiency exam and making copies of my class syllabi for those teachers hired to take my place. And...yikes! On August 31st, someone else was standing in front of a group of new students, discussing textbooks and practice room protocol. In my space!

I, meanwhile, sat at the kitchen table, glancing at the clock and thinking that I had to fold up the Sudoku puzzle and head out the door. Oh no, wait. I don't have to. I finished the puzzle, comfy in my jeans and plaid camp shirt, and sent a couple of texts. Nice.

I haven't made my husband's favorite cookies for months, and can any day now, if I want. No, if he wants. I can take whatever appointment the dentist has for my checkup, and a nap later in the day is a real possibility. Lovely.

I look at the wreckage that is our game closet and think too bad that I don't have time to put it in order.

Oh, wait. Yes I do. Rats.

Is it autumn if the first concert of the Cedar City Music Arts season 2022-23 is just 3 weeks away? Yes. The appearance of the Utah Symphony in our community on September 28th means that summer is



"It is autumn when I buy grapes instead of strawberries. When Hurricane Peach Days is just a memory and I am no longer in the mood to make potato salad."

over, and I need to get tickets to the patrons on my ticket list.

Is it autumn if crazy Sweeney Todd is going to take his bloody razor and leave us for good on September 9th, and Maria is going to shepherd all those children over the Alps for the last time just a month later? Yes and yes. (USF is already having meetings to discuss West Side Story for next year. Yay!)

It is autumn when I buy grapes instead of strawberries. When Hurricane Peach Days is just a memory and I am no longer in the mood to make potato salad. Instead, I ate some unhealthful food at the Iron County Fair and wished again that I had a new quilt to enter. Oh, wait. The pattern for that very intricate Mother Goose quilt is just where I left it years ago. No more excuses; I have time to make it now. And it is dark in the morning when I leave the house to walk at 6:00 A.M., and I'll be wearing another layer of jacket, soon. Yep, it's autumn.

Important note to self: you can read from that large stack of unread books in the middle of the morning now. For me, the days of September grow long, not short. But in spite of all the above, I just don't think it is autumn if you don't go back to school.

PROSPERO

« CONTINUED FROM PAGE 9

feeling that it may hit differently with me being both female and black, depending on the gender or racial biases in the audience," Bracey said.

Ultimately, Bracey has been on a journey, trying to navigate how to make this character someone she would personally want to watch. "I've done Shakespeare for over a decade, and I've never encountered a role like this," Bracey said.

To see Bracey as Prospero and experience the imaginative romance of Shakespeare's *The Tempest*, purchase tickets at <https://www.bard.org/plays/the-tempest/>.

Amara Webb (left) as Miranda and Jasmine Bracey as Prospero



KARL HUGH. COPYRIGHT UTAH SHAKESPEARE FESTIVAL 2022

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The 2022 Iron County Fair lived up to its theme “Light Up the Sky” and shared the light and entertainment everywhere in between with a carnival, concert, car show, crafts, contests, rodeos and a traditional favorite parade. Get your crafts, photos and booths ready because next year will be here before we know it! (ironcountyfair.net)

FAIR FUN



calendar

WED, SEPT. 7

BUY A BOOK DAY

BEGINNING TAI CHI FOR HEALTH (9:30AM)
@ Cedar City Senior Center (489 E 200 S). Excellent low impact movement for stress reduction and balance – Fun and Free! INFO: Maria Bailey (435) 673-3548 x103. Pre-registration not required.

CEDAR CITY SMALL BUSINESS NETWORK (9:30am) @ Pastry Pub (86 W University Blvd, Cedar City). FREE. No long-term commitment. Come connect, interact, build relationships. INFO: cedarcitysmallbusinessnetwork.com.

YOUTH SERVICE LEAGUE (YSL) MEETING (3:30-4:30pm) @ Cedar Visitors Center Conference Room (581 N Main). Opportunity for youth between the ages of 11 - 18 to volunteer in making a positive difference in our community. Hours volunteered look great on college applications.

MIDVALLEY FARMERS MARKET (4-7PM) @ 780 Midvalley Rd (Enoch). Live music, jump house, face painting, and more. This is a Project of The PEACE Guild. INFO: Text: (760) 580-0116.

CHARACTER SKETCHES (WEDS, 6:30-8:30PM)
@ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

MOMS FOR AMERICA (7PM) @ CEDAR CITY
Visitors Center (581 N Main). Keep Liberty Alive in your heart and home by being part of our local group! Together we can heal our nation from the inside out! INFO: Kami Merrill 435-592-4152, email ironcountymoms4america@gmail.com.

CEDAR CITY COMMUNITY BAND (WEDS, 7-9pm rehearsals) @ Cedar High Band Room (703 W 600 S). No audition required. High School band students and up. (Middle School students may be allowed to play if a parent is also playing in the band). Scheduled performances on November 4, April 7, and June 24. Steve Shirts, director: steve39shirts@gmail.com.

THURS, SEPT. 8

STAR TREK DAY

SOUTHWEST JUNIOR LIVESTOCK SHOW (8am-5pm) @ Diamond Z Arena (11 S Cross Hollow Rd., Cedar City). Judging Hogs, Goats, Lambs, and Steers. Market Classes. Open to public. Come out and support our local 4H and FFA kids and their animals.

BIBLE STUDY CLASS (1-3PM) @ CEDAR CITY
Public Library (303 N 100 E). This Precept Upon Precept Bible Study includes a 15-week study of Romans 1-5. Workbooks \$31.50. Romans 1-5 explains the foundational doctrines of our faith - original sin, justification, redemption, and propitiation. Studies consist of homework, discussion, and DVD lecture by Bible teacher Wayne Barber. INFO & Registration: 435-267-2234 or 435-238-3078 and www.precept.org.

ART OF WOMEN RECEPTION (6-8PM) @
Cedar City Library (303 N 100 E). Join us for an artists reception and celebrate the 2nd annual all female art show. The show will run through October 27th. Co-Sponsored by Artisans Art Gallery.



FRI, SEPT. 9

WONDERFUL WEIRDOS DAY

SOUTHWEST JUNIOR LIVESTOCK SHOW (9am-5pm) @ Diamond Z Arena (11 S. Cross Hollow Rd., Cedar City). Open to public. Fitting and Showmanship Classes. Hogs, Goats, Lambs, and Steers. Come out and support our local 4H and FFA kids and their animals.

SUU PATRIOT DAY (10:30-11:15AM) @ SUU
Library Quad. Please join us in paying tribute to and commemorating the anniversary of 9/11.

CEDAR CITY ARTISANS FAIRE (NOON-8PM)
@ Ramada Inn (1575 W 200 N, Cedar City). Admission FREE. Enjoy a day of locally crafted, one-of-a-kind, never before see jewelry, wall art, sculpture, home decor, ceramics, and more.

FESTIVAL OF HOMES (FRI & SUN (1-8PM),
Sat and Labor Day (10am-8pm). Iron County Home Builders Association: Tickets \$14 (3yrs. and older), \$12 with coupon code. Tickets available online at festivalofhomes.com, at State Bank of Southern Utah, or Coldwell Banker Advantage (26 N Main St, Cedar City).



GREAT AMERICAN STAMPEDE RODEO (FRI-Sat 7pm) @ Cross Hollow Event Center (11 N Cross Hollow Rd, Cedar City). Admission \$10 adults, \$6 children (4-12yrs), \$30 family pass (2 adults & 4 children), \$8 students (valid ID, Friday ONLY). An amazing show for the whole family. Concessions available. Advanced tickets at CAL Ranch, IFA, and Ranger's Farm & Ranch Supply. INFO: 435-586-2424.

SAT, SEPT. 10

SWAP IDEAS DAY

911 NATIONAL DAY OF SERVICE – EVERYONE
invited to join in a national day of service today or during that week, to memorialize the anniversary of the 9/11/2001 attacks on the USA. You can help unite and strengthen America by focusing on building a brighter future. Join together in a common cause to perform acts of service individually, in your family, in your neighborhood, or in your community, state or nation. Volunteer @ justserve.org.

CEDAR CITY HALF MARATHON (6AM-1PM).
One of the most spectacular downhill closed-canyon runs ever focusing on a quality runner experience over quantity. INFO and Registration: racerooster.com.

RED ACRE: SUNRISE FARM FLOW YOGA (7-8am) @ Red Acre Farm (2322 W 4375 N, Cedar City). Class is donation-based (suggested \$5-\$10). Proceeds go to Red Acre Center for Food and Agriculture. All are welcome! Let us know you're coming at redacrefarmcsa.org.

SWEET PEA FARM BREAKFAST (8AM-NOON)
@ Sweet Pea Farm & Orchard (136 S 600 W, Parowan). Join us all summer long.

WALK TO END ALZHEIMER'S (9AM-NOON) @
Cedar City Motors (1010 N Main). This event is held to raise awareness, connect people with community resources, and bring hope through research. The walk will be a little over a mile walk and will have the famous pinwheel flowers. Sign up as an individual or create a team alz.org/walk or text 2ENDALZ to 51555. INFO: (435) 359-4819.

CEDAR CITY FARMERS MARKET (9AM-1PM)
@ IFA parking lot (summer) (10am-1pm) @ inside IFA (winter) (905 S Main St, Cedar City), admission FREE. Come for the farmers, food, and artisans as well as drawings, bingo, and more! INFO: Facebook, Cedar Saturday Market, or Nancy (435) 463-3735.

FESTIVAL CITY FARMERS MARKET (9am-1pm) Summer. (10am-1pm) Winter. @ Behind I/C Winery (45 W University Blvd / Center St, Cedar City). Admission FREE. Festival City Farmers Market offers the bounty of local farmers and backyard gardeners who grow organically. Shop locally produced and grown fruit, vegetables, cheese, jam, bread, eggs, honey, farm products, and more. Starting September 17th we will be moving next door to S 100 W.

BRIAN HEAD ROCKTOBERFEST (9:30AM-9PM)
@ Brian Head Resort (329 S Hwy 143). A day of live music, artisan vendors, food, and beer. Souvenir beer steins and wine tumblers available for drinks. Band cover charge \$10. Ticket fee available online or at the gate.

SOUTHWEST JUNIOR LIVESTOCK SHOW (10am) @ Diamond Z Arena (11 S. Cross Hollow Rd., Cedar City). Open to public. Market Stock Sale beginning at 10 a. m. Selling Lambs, Goats, Beef, and Hogs. Come out and support our local 4H and FFA kids and their animals.

BURGERS, BIKES & BANDS (5:30PM – 8PM)
@ Red Acre Farm (2322 W 4375 N, Cedar City). Join for music, burgers, frosty lemonade, made from scratch pies and good company. Family-friendly event and fun for all ages. INFO: (435) 865-6792 or Facebook: / RedAcreFarmCSA. No fee/purchase required to come listen to the band. Please no food from off-site. Tipping the band is encouraged. Bring along blankets, lawn chairs, umbrellas.



CVCT: FALL CARNIVAL FUNDRAISER (6-9PM)
@ Cedar City Main Street Park (200 N Main). \$7 General Admission or \$30 family pass (6 admits). Join the Cedar Valley Community Theatre Fundraiser for bounce houses, cotton candy, games, face painting, and more.

SUN, SEPT. 11

PATRIOTS DAY

61ST ANNUAL UTAH SHAKESPEARE FESTIVAL (Matinee and Evening performances) in three grand theaters. FREE nightly Greenshow (summer) at 7:10 pm, backstage tours, seminars, and play orientations. Plays featured this season in repertory are: 'All's Well That Ends Well', 'King Lear', 'Sweeney Todd', 'The Sound of Music', 'Trouble in Mind', 'Clue', 'The Tempest', 'Thurgood' (Thru Oct 9). Tickets and INFO: 1-800-PLAYTIX (752-9849) or visit www.bard.org.

MON, SEPT. 12

VIDEO GAMES DAY

WREATHS ACROSS AMERICA (10AM-4PM) @
(750 S Main, Cedar City). The Bald Eagle Chapter of Daughters of the American Revolution welcomes the WAA Mobile Education Exhibit national tour. FREE and open to the public. Mobile exhibit tour, short films, interactive exhibits and welcoming home Vietnam veterans.

LEARN TO SQUARE DANCE (6-7:30PM) @
Cedar City Aquatic Center (2090 W. Royal Hunte Dr.) The Hey Cedars Square Dance Club is hosting beginners class starting on September 12 and continuing for 13 weekly classes, \$5 per person per week. Former dancers that would like a brush-up are always welcome. Class caller is Susan Howard. INFO: Call/Text Neil 909-477-9795.



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calendar

ONGOING OPPORTUNITIES

TRAVIS HUMPHREYS ART EXHIBIT (M-F 9-5PM) @

Cedar City Offices (10 N Main). FREE Admission. Enjoy over 30 original oil paintings of the local area with handmade frames. Paintings are available for purchase. INFO: (435) 586-3399 or goldrivergallery.com

CULVER'S CARS & CUSTARD (5:30-7:30PM) @ CULVER'S

(1065 S Main, Cedar City). Classics, Customs, Supercars and a cruise down Main (8pm). Free single-scoop of custard per entry. INFO: Mike (909) 717-1232, ekimjacobs@gmail.com.

TUES, SEPT. 13

POSITIVE THINKING DAY

SUMA: EXHIBITS (11AM-6PM, MON-SAT) @ SUMA (13 S 300 W, Cedar City). Exhibits include, 'I'm Walkin' for My Freedom, The Space Between, and Jeanne Jo. Admission is Free. INFO: suu.edu/suma.

WOMEN'S BUSINESS CENTER CONFERENCE (4-8PM) @

Courtyard by Marriot (1294 S Interstate Dr. Cedar City). Keynote Speaker, Holly Porter, CEO of Holly Porter International LLC. Includes panel discussion, networking activity, and announcement of the So. Utah Entrepreneur of the Year. Cost - \$60. INFO and REG @ business.wbcutah.org.

WED, SEPT. 14

COLORING DAY

MIDVALLEY FARMERS MARKET (4-7PM) @ 780

Midvalley Rd (Enoch). Live music, jump house, face painting, and more. This is a Project of The PEACE Guild. INFO: Text: (760) 580-0116.

CHARACTER SKETCHES (WEDS, 6:30-8:30PM) @ CEDAR

City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

THURS, SEPT. 15

RED ACRE SUMA POP UP LUNCH (11:30AM-1PM) @

Southern Utah Museum of Art (13 S 300 W, Cedar City). We will be harvesting what's ripe and ready to make: sandwiches, salads, pastries, pies, and more. Sit, enjoy and eat with friends on the plaza or take your lunch on the go.

FRI, SEPT. 16

SUU POW/MIA CEREMONY (10:30AM) @ SUU P.E.

Building Flagpoles. Supported by the SUU Veteran Resource and Support Center.

ROCK, GEM, MINERAL & JEWELRY SHOW (FRI-SAT

10am-7pm, Sun 10-4pm) @ Cross Hollow Event Center (11 N Cross Hollow Rd, Cedar City). Admission FREE. Enjoy rocks, minerals, fossils, jewelry, beads, exhibits, demonstrations, field trips, and more!

SAT, SEPT. 17

SOUTHERN UTAH WATERCOLOR SOCIETY MEETING

(1:30pm) @ Cedar City Library (303 , 100 E). From 2-4pm Stacy Phillips from Golden Art Products giving presentation and Demo on their products. This is open to the public and you do not need to be a member to attend.

THURS, SEPT. 22

10,000 BEDS BREAKFAST OF HEROES (7:30-9AM)

Doors open at 7AM. @ Courtyard by Marriott (1294 S. Interstate Dr, Cedar City). Speakers include Cedar City Mayor Garth O. Green, Sergeant JR Robinson - Narcotics Task Force, Councilman Ron & Liz Riddle, Interventionist Travis Whittaker, and Lion's Gate Recovery's Aaron Ward. This event will raise awareness about substance use and mental health challenges in our area. FREE but registration is required on Eventbrite.com: 10,000 Beds Breakfast of Heroes in Cedar City, UT.

GOVERNMENT

Brian Head Council

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

Iron County Republican Women

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

Parowan City Council

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Post 74

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Veterans invited to learn about benefits, opportunities and fellowship. Honor Guard provides military honors at Veterans funerals. • Post Commander Darrin Duncan (435) 704-1466.

Bikers Against Child Abuse

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Room)

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Lion's Club

Tues, 12 pm • Call Pres. Roger Shurtz for mtg. info. Everyone welcome! (435) 590-2896

Marine Corps League

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org. Helpline: John (702) 802-1332, Kara (702) 232-6829

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Speaking From The Heart • M – Sa, Noon

Steps and Traditions • M – Su, 7 am

Red Road to Sobriety • Mon, 6 pm Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

The Great Fact • T, F, Noon. True Life Center 2111 N. Main. • (702) 802-1332 or (702) 533-7856

Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

Women's Meeting • Sat, 10:30 am

My Story • Sat, 8 pm

Thank God it's Sunday Spiritual • Sun, 11 am

What a Way to Start the Day • Su, W, F 7-8 am • All are welcome

Al-Anon

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Al-Anon • 1st, 3rd Tues, 7-8 pm • Call for info: (435) 704-8984

Easy Does It • Tues, 7-8 pm • (435) 559-3333

Hope for Today (Family Groups) Thurs, 6 pm • (435) 559-3333

Alzheimer's/Dementia

Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn about/access resources, connect with others for support. Contact Lauren Willie 435-359-4819, lewillie@alz.org for info and Zoom link.

ARP—Addiction Recovery Commission

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan Sun 7:30 pm • 85 N 600 W, Cedar City, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

Caregivers

1st Tues, Noon • Five County Aging Offices, 585 N Main, Ste. 1, Cedar City

Celebrate Recovery

(Christian 12-Step) Wed 6:30 pm • True Life Center, 2111 N Main, Cedar. Through Christ we can be victorious over any hurts, habits, hang-ups (Phil. 4:13) • Jeff J 801-638-1800, Gary D. 702-303-5662.

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, feel supported, share perspectives on healing, recovery. Join: affiliate.rainn.org/helproom/canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org • (435) 635-9603

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm

Live and Let Live • Fri, 8 pm

Candle Light Mtg • Sat, 9:30 pm (Small room)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm • Meeting Hall, 1067 S Main, Cedar (877) 865-5890

Nicotine Anon (12-Step)

Fri 6 pm • KKCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

Porn Addiction Recovery for Men

Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Wed, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • www.southernutahshare.com

Senior Blind/Visually Impaired

3rd Thurs, 1:30 pm • Cedar City Library

Southwest Parkinson's Alliance

2nd Tues, 1 pm. • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

Widows Support Group

2nd Sat, 11-1pm • Sunrise Church. These Free meetings begin January 8th. Questions? 435-586-3640 or Sunrisechruch.net.

CLASSES, CLUBS & ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Book Club

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

Boy Scout Troop 1848

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door, next to Enoch City Business office. Text Bryan Fanton 435-327-1214

Cedar Chest Quilters' Guild

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. cedarchestquiltersguild.org

Cedar City ESL

Wed, 7 pm • Free tutoring for English as 2nd Language. Cedar City Library (303 N 100 E).

Cedar City Toastmasters

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit www.cedarprofessionals.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

Color Country Winds

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

Cub Scout Pack 1848

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

DAR – Bald Eagle Chapter

2nd Tues, 4 pm • Cedar City Library, 303 N 100 E

Explorer Bible Club

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

Folk Dancing Class

1-2 pm • Cedar Senior Center (489 E 200 S). Come to your first International Folk Dancing Class! Teaching included. Easy to learn, fun, free for all ages. (626) 808-6129

Hatha Yoga

Tues 6 pm & Wed 7 pm, \$10, Retro Fitness (929 S Main St, Cedar City) • Fri 7:30 pm, \$13, Cedar Yoga Space (736 N Main, Cedar City). Connect body, mind, & breath through movement & meditation. Mats provided, all levels welcome. Kirsti 435-327-1200.

Hey Cedars Square Dance Club

Mon, 6-8 pm • Cedar City Aquatic Center, 2090 W. Royal Hunt Dr. Class caller is Susan Howard. \$5.00 per person. INFO: Neil 909-477-9795.

International Folk Dancing

Fri, 1-2 pm • Cedar City Senior Center (489 E 200 S). Free. All ages welcome. Teaching included. INFO: (626) 808-6129

Motivational Mondays

Mon, 6:30-7 pm • Cedar Yoga Space (736 N Main, North Entrance). New and fun way to add a positive mindset and experience Cognomovement. Leave feeling more balanced, energized, and motivated to live your best life. No mat needed. \$12 drop in/first time to studio is Free. 541-291-7856.

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

Senior Yoga Classes

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Sewing Group

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

Tae Kwon Do Class

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 W Royal Hunte Dr. \$25/ mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

Tai Chi For Health

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health benefitting Seniors. Helps coordination, balance, flexibility, more. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

Take Action for Freedom

Wed, 7 pm • Stahl West 600 N. Airport Road, Cedar • Preserve Constitution, Republic, voting laws, medical freedom, education, 1st & 2nd Amendment Rights, ed. on CRT & boarder illegal immigration, local/ county/state Legislature

Top Bar Hive Bee Keeping

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

TOPS – Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am. • Cedar City Library, 303 N 100 E. Lose weight affordably. • 586-3233 (a.m. mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

Wellness Wednesdays

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PW: health, Info: Kristi Sharp (435) 986-2564, ksharp@swuhealth.org

To add your ongoing opportunity to our calendar, call 867-1865, ext.6 or email news@ironcountytoday.com

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Local residents, for best prices get day-of half-price tickets (Mon-Thurs) or the Iron County Pass that gives you any eight performances for \$200. Contact us for details.

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family

Creating creative kids

Too much screentime is bad for kids. This is a well-known fact and something that is reiterated at most pediatrician appointments. Just knowing this, however, does not make it any easier to limit.

I frequently turn the TV on for my kids "just while I take a shower." Then I realize they're still very much entertained and I could also do the dishes. Maybe even a load of laundry! Three hours later I have a mostly clean house, zombie eyed kids quoting some obnoxious cartoon and a guilty conscience.

Over the course of the summer I made a point to turn the TV off and take note of what my little people did to entertain themselves. The result left me equally entertained!

The first out of the box idea came from my six-year-old who fished an empty two liter bottle out of the garbage can. I watched silently as he scrounged for supplies, asked me how to spell a

mom's CORNER(ED)

by Weslie Stratton

CONTRIBUTOR



"I made a point to turn the TV off and take note of what my little people did to entertain themselves. The result left me equally entertained!"

few words and told me he would be in the backyard, burying a message in a bottle for someone to find in the future.

This kept him busy for an entire afternoon as he buried, dug it up, relocated and buried it again several times.

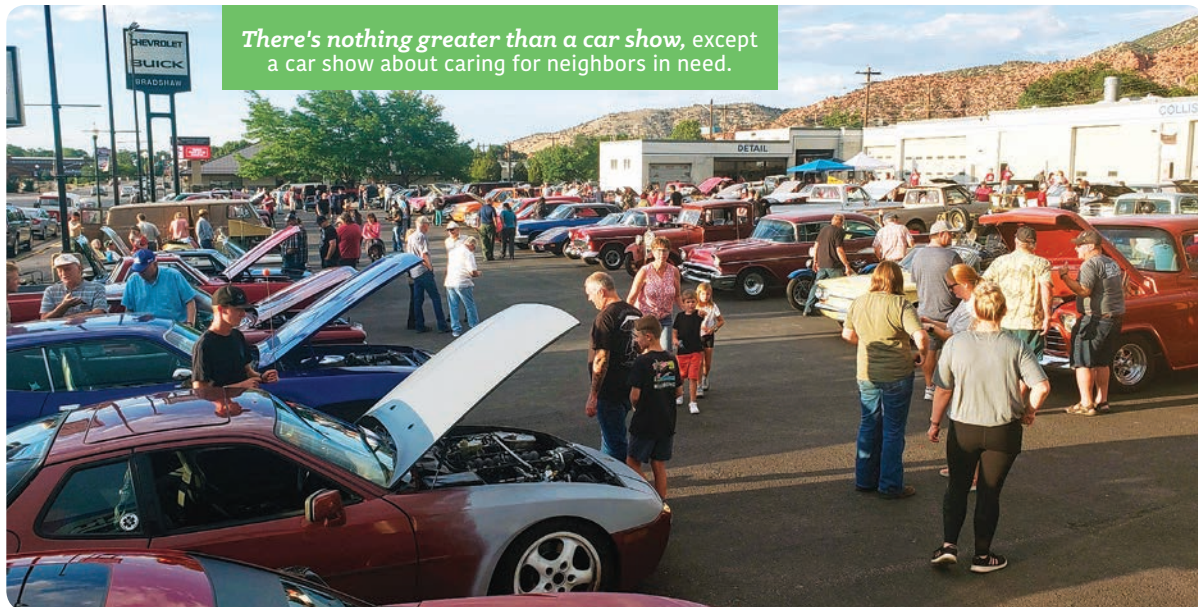
The next activity came from my toddler girls. We have a water table that keeps them moderately entertained for about 20 minutes. This summer they put their heads together and used teamwork to drag their little kitchen dishes outside to "cook and clean" in the water. They had tea parties and washed dishes for two weeks straight. Then they switched gears and made mud snacks instead.

My boy spent another afternoon creating a metal detector out of a stick and paper plate which he hovered over the entire yard, pretending to discover and dig up various treasures.

Another day the kids dumped a box full of plastic cones into their swimming pool and tried wading from one end to the other without touching a cone.

After a summer full of fun activities that didn't cost

see **CREATIVE** » 20



There's nothing greater than a car show, except a car show about caring for neighbors in need.

Bradshaw's Cool August Night continues legacy of hope and help

by Corey Baumgartner

IRON COUNTY TODAY

In the August 17 edition of your Iron County Today, we highlighted an annual event held at Bradshaw's Buick and Chevrolet in Cedar City. The event is much more than car show, with a showing of care for a chosen person or organization in the community. This year, Julia and BJ Valerius are the recipients of the community's generosity. The money raised from this year's car show (\$4856) will help cover their

medical expenses and help them be able to improve their quality of life as they both battle health challenges.

Alongside the partnership of a generous community, these sponsors helped make a difference.

» Legacy Events & Rentals
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» Arctic Circle
» Beau's Auto Parts
» Bristlecone
» Cheesecake Culture
» SkyRC
» Siren Barber & Beauty
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» Forever Summer
» World Class Pawn
» The Creamery
» Tink's Superior Auto Parts
» High Desert Metal Work, LLC
» Sonrise Christian Church
» Kolob Water
» Funtime Inflatables



(L to R) BJ and Julia Valerius are presented the special check from Mark Bradshaw and Seana Cowley of Bradshaw's in Cedar City.

PHOTOS COURTESY MARK BRADSHAW

"Armchair General"

To begin this week's rut, I gotta say I was surprised to see a couple of cats and no dog in this photo! This may be the only Rockwell illustration I've seen where the pets aren't pooches! But I digress. There are more important things going on, though I'm sure the cats could care less.

This man, perhaps a World War veteran himself, is carefully fine-tuning the radio's reception into the station that provides wartime news in real time. He's prepared with his maps so he can better understand where the war is taking place, but also how it's taking place. He wants to see if there are mountains, rivers, or other obstacles that need to be averted or strategized and utilized to the allies' advantages. Where are the best places to build bridges? Trenches? To deploy troops and supplies? To drop bombs?

We can also imagine this man confidently and competently commanding (even commandeering) the troops from the comforts of his armchair. Giving orders over the airwaves as if he were in charge, or at least advising the Generals and Admirals, helping them sort out the sorties and win the war.

There is a vast difference—whether commanding and leading an army, business, classroom or the home front—that requires presence, not just prowess; intelligence, not just information; boots on the ground, not feet propped up in an armchair.

I think at one time or another—especially while watching our favor-

ite sports team—we've each earned the title of "Armchair General." It's understandable, right? Because from our perspectives we can see things from the couch that the coach can't, or has missed amongst a mass of other decisions to be made in the moment. And, of course, sometimes we're right and sometime we're wrong about the strategies and plays. Sometimes we're on the same page of the playbook and we cheer

the rut LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



when the game is won. Sometimes "we" lose the game and jeer at the players, coaches, refs, opposing fans and even our televisions...in this case, the radio. Sadly, we've also witnessed much worse when someone's anger is no longer confined to an armchair.

These are times when we need to take our own personal commercial breaks, before we completely break down. These are times when we need to call a timeout, perhaps even head back into the safety and solitude of the locker room and cool off, calm down, rest, reset and rethink our plays, plans and come back out on the field ready to fight, not just get into fights.

Whatever arena you're tuned in to today—whether it's sports, politics, the office, the classroom, or sorting out the sorties at home—and whether you're giving orders from the armchair, coaching



NORMAN ROCKWELL

from the couch, berating from the booth, screaming from the sidelines, or reproving on the field, strive for a good demeanor, even when

others seem demeaning. In wise words that you may find familiar, "Do rowdy right" no matter where you're at.



**Intermountain®
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is pleased to welcome

Dr. Travis Jones

Dr. Travis Jones was born and raised in southern Utah. He started his undergraduate studies at Southern Utah University where he received his associates degree prior to moving to St. George, Utah, to complete his bachelor's degree from Dixie State University. Medical school brought Dr. Jones and his family to the Denver Metro area while he attended Rocky Vista University, College of Osteopathic Medicine. Internal medicine residency was completed at HCA/HealthONE Sky Ridge Medical Center. Dr. Jones has special interest in type 1 and type 2 diabetes management, cardiovascular disease, weight loss, and preventative medicine. In his free time he enjoys woodworking, mountain biking, snowboarding, flyfishing, hiking, camping, and spending time with his family.



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Clinics in Delta, Fillmore, Panguitch & Kanab

The potential of potatoes – the “eyes” have it

Do you plan to store or preserve a crop of potatoes this year? See below for suggestions of selecting the right potato for the right end-product. Why? Choosing now what you plan to do with the harvest will determine how pleased you will be with your selected method(s) of storing or preserving this tasty tuber!

General selection for quality: When selecting fresh potatoes, select smooth, firm potatoes free of soft or green spots. The varieties include white, yellow, purple and red. Each variety may have a slightly different flavor or texture but can be used interchangeably.

Choosing the better potato based on use: In general, new potatoes are small-medium in size, are thin-skinned and best boiled, added to stews, and may be baked. The larger Russet potatoes come with thicker brown skin, make great baked or mashed potatoes and shred nicely for hash browns which may be frozen or freeze-dried.

Preparation and Eating Fresh: When ready to use, scrub potatoes with a vegetable brush and rinse. Rinse just before cooking because rinsing potatoes a long time before use will shorten their shelf life. Many find it unpleasant to eat the potato

Kathy's CORNER

by Kathleen Riggs
USU EXTENSION



skin/peel but that is where several amazing nutrients are found such as potassium, iron, and niacin. Skins also provide fiber and magnesium.

Canning:

New potatoes, especially white, are the recommended variety for home canning. Preserved alone or as part of a stew, this potato will hold its texture

see **POTATOES** » 18



GETTY IMAGES

people

BIRTH

Jagger Jay Dunn

Jagger Jay Dunn was born June 30th, 2022. He was 7lbs. 19 inches. His proud parents are Braxtyn and Ellie Dunn. His grandparents are Jason and Heidi Dunn and Kelly and Amy Allred.



WEDDING

Benjamin & Nola

Benjamin Zemira Palmer and Nola June Holliday were sealed for time and all eternity in the Brigham City Temple on August 27,

2022. Benjamin is the son of David and Latanna Palmer of Enoch. Nola is the daughter of David and Adrienne Holliday of Ogden.



MISSION

Lily Maclayne Dunn

Lily Maclayne Dunn has been called by the Church of Jesus Christ of Latter-day Saints to serve in the Idaho Falls Temple Visitors Center Mission. Her farewell is September 11th at 12:00 at 638 E Canyon Dr. in Cedar City.



ANNUAL CEDAR CITY HOSPITAL Health Fair and Flu Shoot Out

**Saturday,
September 24**
9 a.m. to 12 p.m.

Located in the Cedar City Hospital Concourse

Face coverings and hand sanitation required

DOZENS OF FREE:

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schools

ICSD NEWS NUGGETS

from LeAnn Woolstenhulme

IRON COUNTY SCHOOL DISTRICT

South Elementary

On Wednesday, August 31, fourth grade students at South Elementary enjoyed a visit with presenters from Loveland Living Planet Aquarium. Students participated in a discussion about adaptations and the structures and functions that animals have to survive in their natural habitat. The presenters brought a hissing cockroach and a gopher snake for the students to observe and discuss their adaptations. Sage, the gopher snake was met with mixed reviews by the students, although all were given an opportunity to pet Sage and talk about his structures and functions. Thank you, Loveland Living Planet Aquarium, for your time and expertise!



Three Peaks Elementary

Three Peaks Elementary students are currently being assessed on their reading and math skills and are ready to receive instruction based on ability and skill level. We would like to thank the tremendous efforts of our Literacy Coach, Linda Sahagun, our Instructional Coach, LeAnn Roberts, and the reading and math aides who have spent countless hours assessing students so that each child can be successful. We would also like to thank our math coaches, Kari Berry and Deborah Sanders, for their expertise in helping students with math concepts.

Utah Food Bank will make their first delivery of free non-perishable food items to our school on September 14, 2022 and every second Wednesday of each month after that. Utah Food Bank's School Mobile Pantry provides a cost-effective food distribution point for children at school and is only available to the students and their families of the school it is delivered to. Classroom teachers will be contacting parents/guardians to inquire about sending a bag of food home with students. If you have not been contacted, please let your child's teacher know you are interested.

A big thanks to the PTA volunteers who helped with picture day. Fall picture retakes are scheduled for October 17, 2022. Three Peaks PTA will be holding their next meeting on September 8 at 3:30 pm in the library.

Parowan Elementary

Whew! School started and all is well at Parowan Elementary. Lots of parents attended our back-to-school night! New HVAC units are being installed in every classroom for maximum efficiency.

Acadience Reading & Math assessments have been given and intervention groups are being determined by those results. Teachers will explain the testing and the placement in targeted interventions to parents during our upcoming parent conferences. Our reading goal is to raise all 'at risk' students through targeted interventions and more time in text. That means we need to read. Read at home! Read at school! Read on the bus! Read everywhere! This year, through donations and our school budget, Kindergarten through 3rd graders have the opportunity to read from a book provided by the school with a targeted skill. Please, please help us read with our students every night.

Last year, 45% of our 'at risk' students made typical or better progress. This year we will raise our scores to 55%. We can do it!

East Elementary

Parents, we need your help! We have had several close calls where students have narrowly avoided being hit by cars during parent pick-up at the end of the school day. Parents, please do NOT wave your child to go across the parking lot to meet you at your car. In many cases, our students are too small to be seen easily when they step out from in between cars. It is a terrifying experience for teachers on duty, students, and drivers alike. Please help us avoid a tragedy!

Our PTA is phenomenal and working really hard for our students. If you are not already a part of this organization, please go to cedareast.memberhub.com and join now. They meet the first Friday of every month in the gym at 12:00.

There are a few things you will want to put on your calendars. East Elementary shirts are available for purchase online at cedareast.memberhub.com until September 15th. Our annual Eagle Run Fundraiser is underway! If you haven't registered your student online, please do so. The PTA is accepting online donations, checks made payable to East PTA, and cash. These will continue to be accepted until September 23rd. This is our biggest fundraising event and provides money for a huge variety of programs. Our annual Eagle Run will be on Friday, September 16th. It's always a fun day!

Enoch Elementary

Enoch's 5th graders learned about the interactions between Earth's spheres. In Mrs. Kirsten Anderson's art class, they used kinesthetic learning to act out rain watering flowers, a crab on the ocean floor, and

more interactions. Next, they will create artwork to display Earth's interactions.

The Utah Food Bank Mobile School Pantry is providing extra food supplies to Enoch's families. Students can take home bags of food once a month to help feed their family.

The Fall Carnival is coming! Bring your family on September 26, for bounce houses and more.

Keep an eye out for fun happenings by following the Enoch Elementary PTA on Facebook.

Fiddlers Canyon Elementary

We had a fantastic Welcome Back Bash last week! We want to thank the PTA leaders and members who made it such a great opening event. We had snow cones from Tiki Shack, cotton candy from Soda Nerd, and bounce houses from Funtime Inflatables. Everyone had a great time relaxing in the evening sun, and we hope the event started your school year on the right foot!



Watch your child's homework folders for more information about our upcoming Penny Wars fundraiser, and stay up-to-date on all the latest news and happenings at our school by liking the Fiddlers Canyon Elementary PTA page on Facebook.

POTATOES

« CONTINUED FROM PAGE 17

better than other varieties.

STEPS:

- » Select small potatoes with 1–2-inch diameter
- » Wash and peel
- » Pre-treat with ascorbic acid solution
- » Follow USDA instructions found here: https://nchfp.uga.edu/how/can_04/potato_white.html
- » Make altitude adjustments for pressure canning as listed

Pre-treating for Drying & Freeze-drying:

Many vegetables, including potatoes, require pre-treatment to achieve best quality. See the link to the National Center for Home Food Preservation (NCHFP) above for directions. In addition, water and steam blanching are described in this online publication. https://nchfp.uga.edu/publications/uga/uga_dry_fruit.pdf (page 5).

When freeze-drying potatoes, they may be prepared the same as for dehydrating. However, potatoes may also be pre-cooked as mashed, scalloped, hash browns, etc.

Storing fresh potatoes: Harvested potatoes are also commonly stored for later use. They should be harvested after the vines start to die. Cure potatoes at 50 to 60 F at relatively high humidity for two weeks. After this, store tubers near 50 F. Lower temperatures may cause an off flavor to develop. Warmer temperatures are acceptable but will decrease storage life.

Once potatoes have been prepared and processed using the method of your choice, filled canning jars, freezer containers or Mylar® bags may be stored for later use as outlined in these USU Extension fact sheets or inquire at your local USU Extension Office

https://digitalcommons.usu.edu/cgi/viewcontent.cgi?article=1163&context=extension_curall

<https://extension.usu.edu/yardandgarden/research/potatoes-in-the-garden>.

Kathleen Riggs is the Utah State University Extension family and consumer sciences professor for Iron County. Questions or comments may be sent to kathleen.riggs@usu.edu or call 435-586-8132.

www.ironcountytoday.com

+



obituaries

Vyonne Gibson Robinson



Vyonne Gibson Robinson passed away on Wednesday, August 31, 2022.

Vyonne was born January 4, 1947, to Joseph Hunter Gibson and Lela Goodwin of Enoch, Utah. She is the youngest of four children. She grew up on a family farm in Enoch, Utah. She loved her horse Mickey, ice skating on the pond, and learning how to quilt, embroider, and cross stitch.

She attended Cedar High School and was in the first graduating class to attend a full year in the new High School. She formed many friendships in high school that have lasted throughout her lifetime. She enjoyed having lunch, going to concerts, and traveling with some of these friends. One memorable vacation was an Alaskan cruise.

Vyonne and Mitch were in second grade together, but did not date until after high school. Dad teased mom some in seminary and sabotaged the trucks of her other dates when he began chasing her. They had some fun dates including

horseback riding and swinging in the park after work. Dad proposed by putting mom's engagement ring in a box of Cracker Jacks. They were married on April 15, 1967, in the St. George temple. They decided if they got married on tax day they would always remember their anniversary. They had five children, 3 girls and 2 boys. They enjoyed 55 happy years together raising and teaching their children and grandchildren the value of work on the family farm. They have 17 grandchildren and 2 great-grandchildren. They enjoyed lots of family trips to the mountain, family dinners, and playing games together.

Her favorite holiday was Christmas. For many years she painted holiday windows for businesses around Cedar City. She enjoyed decorating for the holidays and gathering the family together for our annual Christmas party. She had a craft store for several years. Later she enjoyed decorating and working at the Wood and Lace Place and Comforts of Home, where she enjoyed decorating several Christmas trees each year. She decorated beautiful wedding cakes and shared her talents in many ways. She painted scenery for dance recitals and did the artwork for many of our school dances.

Vyonne was a faithful member of the Church of Jesus Christ of Latter-day Saints and served in many positions including Relief Society President and teacher, Young Women advisor, and several positions in primary. She enjoyed preparing and teaching lessons in Relief Society. She also enjoyed her and Mitch's Service Mission in the addiction recovery program.

Family time was very important to her. She loved spending time up the mountain together with family and away from the demands of life. She was always ready to play games with her grandchildren and attended as many special events as her health would allow. Family reunions and BBQs were not complete without her famous potato salad! It was a highly requested dish for birthdays, farewells, and reunions.

The past few years have been difficult as her health declined and she was unable to do the things she wanted to do. She liked doing hand work and embroidered dish towels and crocheted the edges on pillow cases for each of her grandchildren. She also crocheted the edges of hundreds of baby blankets that were donated to kits for new mothers.

Vyonne is survived by her husband Mitchell Robinson of Cedar City, her children Tony (Kayleen) Robinson of Cedar City, Brenda (Dale) Prince of New Harmony, Jason (Amy) Robinson of Central Valley, Amber (Andy) Fabrizio of Tooele, 17 grandchildren, and 2 great-grandchildren. Her sisters Corale Bruhn and Virginia Neagle of Cedar City.

She is preceded in death by her parents Hunter and Lela Gibson, daughter Becky Robinson Crosby, grandson Tyrell Robinson, sister Alene Chamberlain, and brother Garrie Gibson.

Funeral Services were held on Saturday September 3, 2022, at 10:00 am at the Cedar 16th Ward Building (1925 West 320 South, Cedar City, UT). Viewings were held Friday September 2, 2022, from 6:00 - 8:00 pm at Southern Utah Mortuary (190 N. 300 W. Cedar City, UT) and Saturday Morning from 8:30 - 9:30 am at the Church. Interment was held at the Cedar City Cemetery, under the direction of Southern Utah Mortuary. Online condolences may be made at mortuary.org.

The family would like to thank Suntime hospice for their loving care and kindness of Vyonne.

Jessaca Hollerman



Jessaca Hollerman "Spitfire and Sunshine"

Jessaca returned to the arms of her Heavenly Father August 10th, 2022, in Cedar City. She was 56 years old. She was born September 14, 1965, to Jess and Lynda Hollerman.

Jessaca was educated in Cedar City schools, graduating from Cedar High and Evan's Cosmetology College. She attended SUU. She was crowned Iron County Rodeo Attendant in 1983.

June 16, 1989, she married Dean C. Turner, the love of her life. They have

three children: Erika (Mike) Logan, Desirée Turner (Nate), and Jesse Douglas Turner.

Jessaca is a member of the Church of Jesus Christ of Latter-day Saints. Her most loved calling was a teacher in the Young Women. She influenced many who talk about her with love, even now.

Jessaca worked at Northwestern Insurance Company and Crumb Insurance Company.

She was happiest crafting, junking, gardening, hunting, and spending time in nature. She loved dogs and horses. Her favorite place is our cabin at Duck Creek.

Jessaca is survived by her children, her parents, her brother Lance (LeAnne), and her six grandchildren: Ava, Axle, Aidan, Chloe, Bronx and Ridge. Many aunts, uncles, and cousins love her. A private visitation was held on August 15th for family and close friends.

Interment was at the Corinne City Cemetery. We miss our vivacious Red Neck Girl.

I've found a new place where I can be free.

I've found a whole new beginning just made for me.

I know only peace and I never feel pain.

Days are full of sunshine and never the rain.

So don't mourn me for long, nor forever cry.

Whenever your sorrow bears down on your heart,

Think not of my ending, but of my new start.

For on earth there's no joy that I'd ever see,

Compared to the joy of God smiling at me.

Anonymous

James Franklin Beatty



James Franklin Beatty graduated suddenly from this stage of life on September 1, 2022, to rejoin his loved ones. He was born on October 23, 1971, in St. George, Utah to James Lloyd Beatty and Barbara Poland, and grew up in Logandale, Nevada.

As a young boy he learned to work hard doing construction with his dad. He spent the majority of his life devoted to professional and personal projects that used those skills and other talents in computers and networking to bless all those he loved.

He was a dedicated member of The Church of Jesus Christ of Latter-day Saints and strove to share the love of the Savior with all whom he came in contact with. He served a mission in Poland where he blessed many lives, made many friends, and faithfully devoted himself to any position he held within the Church. His family was his world, and the Savior was his best friend.

Although his passing was unexpected and his time here was short, his legacy of love is evidence that he made the most of it. "In the end, it's not the years in your life that count. It's the life in your years." —Abraham Lincoln

He is survived by the love of his life Brenda (Harris) Beatty and his children Larissa Beatty, James Beatty (Laura), Tesia Beatty, and Michael Beatty, and one grandchild, Eve Beatty. He was preceded in death by his father James Beatty, his grandparents George and Rebecca Poland and Donald and Evelyn Beatty, his Uncle Paul and Aunt Dorothy Beatty, and nephew Ethan Baker.

Services will be held at 451 East Midvalley Rd. Enoch, UT on Saturday September 10, 2022, at 11:00 a.m. There will be a viewing held at the church from 9:30-10:30 a.m. just prior to the services.

Interment will be at the Enoch Cemetery under the direction of Heartlight Affordable Funeral Services. In lieu of flowers, to help his surviving family with funeral and other expenses as well as complete the home he was working to refurbish, consider donating to the James F. Beatty Family Fund at Mountain America Credit Union, or the GoFundMe campaign "Jim Beatty Funeral Expenses and Family Support."

Jeanette Stoker



On a cold December Morning, Dec. 18, 1933, a 10-pound bald-headed baby girl made her entrance into this world. Welcoming her were her parents, Helen Myers and Rollin Clair Gillins of Milford, UT, along with big brother Lorraine.

Mom grew up on the Milford Flat on a dairy farm where she learned the value of hard work at a young age. Although there were never-ending and early morning chores to do, she also had fun and did her fair share of shenanigans.

One of the most famous was at the age of 6, grandpa caught her riding their horse, Dusty Dale - bareback. Now this wasn't just any horse, he was a prime quarter horse racer. Somehow he knew not to take off with this little girl on his back and was just gently walking around the arena with her. Needless to say, the next day Grandpa came home with "Brownie" and mom now had her very own pony to ride without breaking her neck!

On March 15, 1951, at the age of 17 she married her high school sweetheart, Gerald Stoker, in the Manti LDS Temple. Not long after, dad was drafted into the Korean war and mom was fortunate enough to be able to join him overseas in France where they spent the next year and a half. Many fond memories and lifelong friends were made here and mom talked about it right up until the end. Over the next 12 years, Steve, Lori Jean, Karrie and Annie completed their family along with numerous cats and dogs that mom helped hurry and sneak out of the house when dad got home.

Mom and Dad raised their family in Cedar City, Utah where she worked part time as an administrative assistant first at KSUB radio and then in the Financial Aid office at SUSC - now SUU. She took pride in her work and loved the people she worked and associated with. She helped many students afford a college education who otherwise wouldn't have been able to. She also taught piano for many years which was one of her passions. She loved to sit at the piano or organ and sing and play. Unfortunately, thyroid cancer took her beautiful singing voice away but she still did it anyway. She also loved to travel and her and dad and many of their friends were well-traveled on many different continents. Other hobbies included reading, gardening, knitting, quilting, and camping. Some of her accomplishments were volunteering for the March of Dimes, serving in many different church callings, being PTA President at South Elementary and being voted as one of the Mothers Of The Year for Iron County.

In 1996, she sadly lost her oldest daughter, Lori to cancer, a trauma which she never recovered from. This along with a stroke some 18 years ago after caring for her own parents led to her continuing decline. The past few years have been so hard including the loss of yet another child, Steven. Even faced with these trials she always tried to stay cheerful and positive with dignity and humor.

Dad, we all want to thank you; along with so many others (you know who you are), for being such a faithful, devoted husband and taking care of mom so she could remain in her own home and pass over to the other side within the place she loved most.

Mom left this world in the early morning hours on August 27, 2022, with dad by her side. She leaves behind her sweetheart and best friend of 71 years, her daughters, Karrie Adams (David) of St. George and Annie Yahne (Mark) of Cedar City. Daughter-in-law, Wendy Stoker (Steve), son-in-law, Russ Eyre (Lori) of Cedar. 15 Grands, 31- 1/2 Greats and 1 Great, Great. Sister, Louise McKnight (Bob), Bro. - and Sis. -in-law Dean & Samantha Stoker and many other family and friends.

She joyously reunited with her parents, brother Lorraine Gillins and wife Nona, In laws, Owen & Lenna (Billie) Stoker, Barbara Stoker and husband Frank Jones and many other relatives. But most importantly she is once again with her daughter, Lori and son, Steve, who she missed so much. What a party they must be having!

Mom, until we meet again, we love you and will miss you.

Funeral services were held Friday, Sept. 2, 2022, at 11:00 a.m. in the Cedar West Stake Center located at 725 S. 1100 W. Cedar City. Viewing Thurs. Sept 1, 6-8 p.m. at So. Utah Mortuary and from 10 - 11 a.m. Friday before the funeral at the Stake Center. Interment was in the Cedar City Cemetery immediately following the services.

faith

"HIS HAND IN MINE"

"These poems capture who I am. They are written with a prayerful hand, and are inspired from above. It is my hope that all who read them will be edified, find comfort, and feel God's love."

— L. Brent Jones

Safe Haven

by L. Brent Jones

*Each one of us longs for a place,
Where we can be ourself.
Where no one else will judge us,
But they'll give to us their help.*

*It may exist within our minds,
When a group of friends appear.
Or it can be a structure,
That takes away our fear.*

*To some it is a special home,
Where welcome arms await.
To others it's a mountain bench,
We sit upon when it's getting late.*

*Sometimes we find it in a church,
Where we're welcomed with the rest.*

*And we find that the greater throng,
Has come there to be blessed.*

*Blessed with the hand of friendship,
And accepted as they are.
They're surrounded by a safety,
That radiates from afar.*

*I want my home to be that place,
Where safety can be found.
And when others come through my door,
Peace will be its sound.*

*A peace that pierces the soul,
And offers its relief.
For as we look for refuge,
He's testing our belief.*

*We need to know He's watching over us,
And extends to us His hand.
Whenever we are feeling lost,
He shows us where to stand.*

*As a hen gathers her baby chicks,
And protects them with her wings,
He'll provide us our own safe haven,
And the peace that it surely brings.*

"Run to the Battle" (Steve Camp)

Whether you're an armchair warrior, trapped in the trenches, or need that fighting spirit reignited within your heart, this is a great song to do just that. Because sometimes we can get so comfortable in the pews, enjoying the peaceful sounds of the chapel bells, while outside the walls of worship, beyond the pulpits and pews, a battle rages on that needs more soul-soldiers.

Isn't that the purpose of the pews and pulpits, to not only protect us, but to prepare us to be safer and successful on the battlefields of life? Whether you go to a church, monastery, mosque, or temple, isn't the purpose to inspire us to live better lives when we leave those hallowed halls?

Isn't that why we are counseled to "search, ponder and pray" even to pray always (Luke 21:36, Ephesians 6:18), so that we are not only more disciplined disciples, but warriors willing and ready to defend God's kingdom, one heart at a time?

Yes, it seems easier to preach "love one another" from the pulpit,

but harder to put it into action when our schedules don't align with God's. I know it takes longer to put on the Armor of God every day (Ephesians 6:1-17), especially when we're already late for work, school, or life. But we're in the middle of a raging war

GOD'S playlist

Corey Baumgartner

news@ironcountytoday.com



and cannot afford to go into battle unguarded and unprepared.

Not only for our sakes, but because we are called to help others who may be lost, fallen from injuries, and bring them back to the safety of the fold. Why else are we counseled to let our lights so shine (Matthew 5:14-16)? So the world will see how bright we are, or rather is it about Whose light we shine so those who see it will look to God and live (Isaiah 45:22)?

Yes, there will be times when we

are weekend warriors, or weakened warriors and need help. But that doesn't mean God isn't there, or doesn't care. There are also times when we feel all we can do is crawl to the battle. Fear not (Isaiah 41:10), for life is not always about perfection, or the pace of life, but your direction and intention of your words, works, faith and footsteps (2 Kings 6:14-17).

Today, do you have His armor on? Are you learning how to use His sword and shield to defend yourself and your loved ones? You may have been patiently and diligently training all your life. I

know sometimes you're tired of the fight and it feels like you're ready to give up, even to die, but there are still people that need your strength, your love—including yourself—so don't hesitate. Your time will come, perhaps today.

Turn towards the Lord and guard your heart with prayer and listen intently for the sound of the trumpet calling you back into the battle. With renewed courage (Joshua 1:9) and confidence in the Lord, run to the battle.

CREATIVE

« CONTINUED FROM PAGE 15

a cent, the inside-the-box ideas seemed to hold their attention the very best.

After emptying a few large boxes out of storage I tossed them into the middle of the living room and turned the kids loose.

For the first few days they sat inside the boxes coloring details and blasting off to the moon. The next stage involved stuffing them full of pillows and blankets and reading stories.

Stage three involved my checking insurance coverage as they took turns riding down the stairs. Eventually they all piled into one and took a wild ride resulting in lots of laughter, a few tears and a busted box.

But the fun didn't end there! They took the split-edged box, tore it open and made a monster truck jump out of it.

So many of these activities had my kids laughing together and creating memories that they talked about weeks later. Some of them involved messes that had to be cleaned up. All of them left me feeling good about the way my kids spent their time.

I'm still not perfect about screen-time but I am more inclined to leave the TV off and see what kind of shenanigans my kids create together. Try it out! If your kids are like mine, they'll have you riding boxes down the stairs alongside them!

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Scan to learn more



Reds fall short vs. Warriors

by Tom Zulewski

IRON COUNTY TODAY

For much of the first half, the Cedar Reds offense didn't get on the field. The defense didn't break and kept the game scoreless for the first 18 minutes. Once Snow Canyon senior quarterback Hunter Johnson got started, the Warriors were able to flip the switch and hold on down the stretch for the win.

Johnson ran for two touchdowns and fellow senior Will Warner returned an interception for the other score as Snow Canyon beat Cedar, 20-17, in the Region 10 opener for both teams Sept. 2. SC evened its record at 2-2 while Cedar fell to 1-3.

"We came out flat at the start of the game and gave (Snow Canyon) a little bit of momentum," Cedar head coach Josh Bennett said. "I'm proud of how our guys fought back. Our defense has been a staple all year."

The Cedar defense carried a large portion of the workload in the first half, stopping Snow Canyon on each of its first two drives deep into Reds territory before Johnson got the Warriors on the board with a 5-yard touchdown run midway through the second quarter. After the extra point was blocked, SC had a 6-0 lead.

Later in the period, quarterback Koden Lunt hit Conner Hardman on a 62-yard pass to the Snow Canyon 19-yard line, and Jourden Raftery finished the drive with a 7-yard touchdown with 55 seconds left.

After a big kickoff return set the Warriors up deep in Reds territory, Ammon York came through with the first of his two interceptions on the night, returning the ball to inside the SC 30. Parker Kucifer hit a 38-yard field goal with a second to play, and somewhat surprisingly, Cedar went to the halftime locker room with a 10-6 lead.

"We're at the point where there's got to be a continuous sense of urgency to get better," Bennett said.

Cedar got the ball to start the second half, but went three-and-out. Johnson would strike again on SC's initial second-half possession when he ran around the left side on a



Snow Canyon

20



Cedar

17

Snow Canyon	0	6	14	0	--	20
Cedar	0	10	0	7	--	17

Q2 – SC – Johnson 5 run (kick blocked), 6:09
 C – Raftery 7 run (Hernandez kick), :55
 C – FG Kucifer 38, :01

Q3 – SC – Johnson 73 run (Christian kick), 9:41
 SC – Warner 59 interception return (Christian kick), 7:23

Q4 – C – York 35 interception return (Hernandez kick), 6:53

Stockton Albrecht catches a clutch pass from Koden Lunt to set the Reds up for a timely touchdown



PHOTOS BY CORAY BAUMGARTNER

Falcons ground Eagles, earn tough road win

by Tom Zulewski
IRON COUNTY TODAY

The Canyon View Falcons didn't produce a lot of offense in its road game at Millard on Sept. 2. It delivered just enough defense to help come away with another victory.

Asher Groft scored a first-quarter touchdown, and quarterback Jaxon Jensen hit Traie Buhler on the final play of the first half for another score, and it was good enough to earn a 13-7 win over Millard to improve to 3-1 on the season. The Eagles remained winless at 0-4.



Canyon View

13



Millard

7

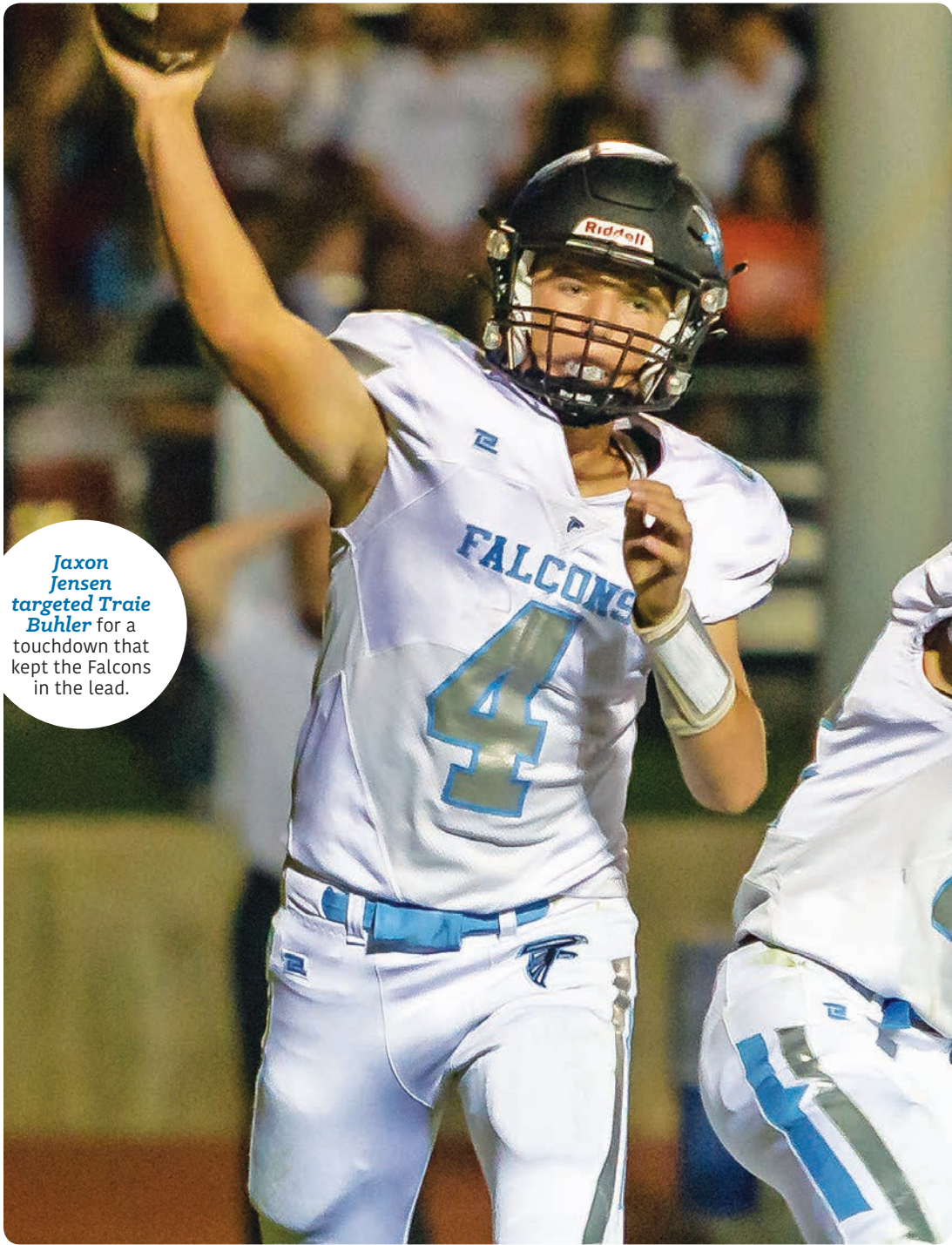
Canyon View	6	7	0	0--	13
Millard	0	0	0	7--	7

Q1 - CV - Groft 21 run (kick failed), 6:18
Q2 - CV - Buhler 18 pass from Jensen (Slack kick), :00
Q4 - M - Gillins 49 pass from Turner (Hernandez kick), 5:20

Groft got the scoring started midway through the

opening quarter on a 21-yard run, and when Buhler made the catch of Jensen's pass from 18 yards out, the Falcons led 13-0 at the break. They lost the shutout when Kaden Turner found Kenyon Gillins for a 49-yard score with 5:20 remaining in the game. From there, CV was able to survive and leave with the win, its seventh in the last nine games dating back to Week 7 of last season.

Canyon View will play its final preseason game on the road Friday at San Juan in a 7 p.m. start. The Broncos beat 1A Milford, 55-10, in last week's outing.



Jaxon Jensen targeted Traie Buhler for a touchdown that kept the Falcons in the lead.

SCOREBOARD

SCORES

Region 10 Football

9/2

Snow Canyon 20, Cedar 17

Hurricane 28, Pine View 19

Crimson Cliffs 21, Desert Hills 14

3A South Football

9/2

Canyon View 13, Millard 7

North Sevier 45, Carbon 24

Richfield 35, Ogden 7

Juab 55, Delta 21

Grantsville 42, North Sanpete 6

Juan Diego 34, Manti 32

1A South Football

9/2

Gunnison 41, Parowan 27

Enterprise 20, North Summit 7

San Juan 55, Milford 10

Kanab 34, Duchesne 27

Region 10 Girls Soccer

8/30

Cedar 5, Hurricane 1

Snow Cyn. 2, Desert Hills 1, OT

Crimson Cliffs 3, Pine View 0

Faith Lutheran (Nev.) 3, Dixie 0

9/1

Cedar 4, Snow Canyon 3

Crimson Cliffs 3, Dixie 0

Desert Hills 2, Hurricane 1

Region 12 Girls Soccer

8/30

Canyon View 4, Carbon 0

Richfield 2, Grand 1

Emery 2, South Sevier 0

9/1

Emery 4, Grand 0

Carbon 3, Richfield 1

STANDINGS

Region 10 Football

REGION

OVERALL

Crimson Cliffs

1-0

3-1

Snow Canyon

1-0

2-2

Hurricane

1-0

1-3

Dixie

0-0

2-1

Desert Hills

0-1

2-2

Cedar

0-1

1-3

Pine View

0-1

0-3

3A South Football

REGION

OVERALL

Juab

0-0

4-0

Canyon View

0-0

3-1

Richfield

0-0

3-1

Carbon

0-0

2-2

Manti

0-0

2-2

North Sanpete

0-0

2-2

1A South Football

REGION

OVERALL

Enterprise

0-0

4-0

Kanab

0-0

4-0

Milford

0-0

3-1

Parowan

0-0

0-3

Region 10 Girls Soccer

REGION

OVERALL

Cedar (3)

4-0

6-1

Desert Hills (5)

3-1

6-3

Snow Canyon (7)

3-1

5-3

Hurricane (11)

2-3

3-5

Crimson Cliffs (9)

2-3

3-7

Dixie (12)

1-3

1-8

Pine View (13)

0-4

1-6

Region 12 Girls Soccer

REGION

OVERALL

Canyon View (3)

1-0

6-3

Emery (14)

1-0

3-6

Carbon (6)

1-1

6-3

Richfield (8)

1-1

6-3

Grand (17)

0-2

1-2

SCHEDULE

Region 10 Football

9/9

Hurricane at Cedar

Snow Canyon at Crimson Cliffs

Pine View at Dixie

North Sanpete at Desert Hills

3A South Football

9/9

Canyon View at San Juan

North Sanpete at Desert Hills

South Sevier at Richfield

Carbon at Emery

Union at Juab

Manti at Morgan

1A South Football

9/9

Water Canyon at Parowan

Duchesne at Enterprise

North Summit at Kanab

Delta at Milford

Region 10 Girls Soccer

9/6

Cedar at Desert Hills

Hurricane at Snow Canyon

Pine View at Dixie

9/8

Pine View at Cedar

Snow Canyon at Crimson Cliffs

Dixie at Desert Hills

Region 12 Girls Soccer

9/6

Grand at Canyon View

Richfield at Emery

9/8

Richfield at Canyon View

Emery at Carbon

REDS

« CONTINUED FROM PAGE 21

quarterback draw and won a foot race to the end zone for a 73-yard touchdown that gave the Warriors the lead again.

With backup quarterback Spencer Bell under center for most of the second half after Lunt had to leave the game with a knee injury, Snow Canyon used its defense to pad the lead. Will Warner picked off a Bell pass and returned it 59 yards for a score, and the Warriors went up 20-10 with a wave of momentum with two scores in just over two minutes.

In the fourth quarter, Cedar's defense had an answer of its own when York struck again, picking off another Johnson pass and returning it 35 yards for the

touchdown. With 6:53 left, the Reds were within a field goal.

Despite regaining the football at its own 21 with 3:13 to play and two timeouts, Bell and the Reds couldn't get into field goal range. Even after a penalty on SC wiped out a potential game-ending interception, a final fourth-down run by Bell ended short of a first down with 35 seconds to go. From there, the Warriors ran out the clock and escaped with the win.

"We've been playing better games overall. We just have to keep getting better and improving, and we will. The kids have bought in," Bennett said.

The extent of Lunt's injury wasn't known after the game, and he'll be a game-time decision when Cedar hosts Hurricane for its Homecoming game Friday at 7 p.m.

Reds edge Warriors, stay perfect in Region 10

by Tom Zulewski

IRON COUNTY TODAY

As has been the habit, the Cedar Reds girls soccer team got off to another fast start in a key Region 10 matchup Sept. 1. Even when the opposition responded, the defense stood tall under the pressure and helped Cedar come away with an important victory.

Keana Tolman scored twice – including her fourth penalty-kick goal of the season – and got support from Rylan Tebbs and Kenzie Bird to lift the Reds to a 4-3 victory over the Snow Canyon Warriors. Cedar stayed unbeaten at 4-0 in region play (6-1 overall) and handed SC its first region loss (3-1, 5-3).

Tebbs got the scoring started with the match only three minutes old by launching a 20-yard shot that beat Warriors keeper Tori Martin for the early lead. Tolman went to work in the 22nd minute when she booted a free kick that nestled safely in the top left corner of the goal to stretch the margin to 2-0.

With 30 seconds left in the half, the Warriors scored to pull within a goal. Cedar head coach Scott Kamachi said his team was able to rise to the challenge.

“It could have been a little more than it was at the half,” he said. “We have a young team, and they responded to the pressure of two undefeated teams in a big-deal game. I was very proud of them gutting it out and getting the win.”

Nine minutes into the second half, the Reds caught a big break when a penalty kick was issued after a Warrior player was whistled for a handball in the 18-yard box. Tolman stepped in and nailed the PK, then Kenzie Bird followed four minutes later with a 12-yard shot that Martin deflected. The ball glanced off the crossbar and settled into the goal to



Rylan Tebbs battles for the ball to help keep the Cedar Reds unbeaten in region play.

push the Reds' lead to 4-1.

“I told the girls whichever team capitalizes on the other's mistake, that's the one that's going to win,” Kamachi said. “Take care of the chances when you get them.”

Lily Wittwer scored twice for Snow Canyon and Lottie Smith added the other marker. The Warriors answered the Reds surge with two quick goals of their own in a four-minute span that cut the lead to one, but Cedar was able to hold on.

“It was stressful, but I believe in our team,” Tebbs said. “We knew we were playing good, but we couldn't bring our level down to theirs. We can't get comfortable with winning. Every team is equally good.”

Cedar opened the week on the road

with a 5-1 win at Hurricane on Aug. 30. Tolman and Tebbs scored two goals apiece as the Reds pulled away from a 2-0 halftime lead to secure the victory. They continued region play with a game at Desert Hills on Tuesday that was too late for press deadline and will host Pine View on Thursday in a 4 p.m. start.

Across town, Canyon View won its only game of the week, shutting out the Carbon Dinos in its Region 12 opener on Aug. 30, 4-0. Hadlee Farrow scored twice in the win while Bethanee Vargas and Brook Davie added the other markers for CV, who improved to 6-3 overall.

The Falcons are home for both games this week. They played the Grand Red Devils on Tuesday and will host the Richfield Wildcats on Thursday in a 4 p.m. start.

Keeper Cambria Simper continues to make great plays and saves for the Reds.



PHOTOS BY COREY BAUMGARTNER

Bulldogs growl early, beat Rams

by Tom Zulewski

IRON COUNTY TODAY

Tyson Tucker threw three touchdown passes to Bryson Sorensen, and the Gunnison Bulldogs built a big halftime lead on the way to a 41-27 rout over Parowan, spoiling the Rams' home opener Sept. 2. The Rams remained winless on the season at 0-3, while the Bulldogs improved to 3-1.

Tucker found Sorensen twice in the first half – a



Gunnison

41



Parowan

27

Gunnison	7	14	20	0	--	41
Parowan	0	0	13	14	--	27

Q1 – G – Sorensen 4 pass from Tucker (Valencia kick), 1:42

Q2 – G – Tucker 5 run (Valencia kick), 4:36
G – Sorensen 10 pass from Tucker (Valencia kick), :08

Q3 – G – 8-yard touchdown run (kick failed), 11:03
P – DeGroff 2 run (Townsend kick), 8:15
G – Sorensen 60 pass from Tucker (Judy run), 7:13
P – Hall 64 pass from DeGroff (kick failed), 6:08
G – Hopkins 2 run (kick failed), :33

Q3 – P – DeGroff 10 run (DeGroff run), 10:47
P – Miller 68 fumble return (Townsend kick), 1:03

4-yard score in the first quarter and a 10-yarder with 8 seconds left – as Gunnison took a 21-0 lead to the halftime break. Parowan was able to get going in the third quarter behind quarterback Justin DeGroff, who scored on a 2-yard run and added a 64-yard pass to Wyatt Hall, but Tucker was able to find Sorensen again on a 60-yard strike and Tyrek Hopkins scored on a 2-yard run with 33 seconds left in the period to push the Bulldogs' lead to 41-13.

Parowan would score twice in the final 12 minutes, the last one coming on a 68-yard fumble return by Cooper Miller with 1:03 remaining. The Rams will stay home this week and welcome the Water Canyon Wildcats for a 7 p.m. kickoff.

Delane Fitzgerald era opens with big win

by **Regan Hunsaker**

ASSISTANT AD, SUU SPORTS INFORMATION

THUNDERBIRDS DEFEAT TOMMIES 44-13

Football is finally back and The Thunderbirds came to play. Despite allowing a couple of big plays to start the game, the Southern Utah defense played an outstanding game holding the St. Thomas Tommies to just 13 points Thursday evening. This coupled with consistent scoring by the T-Bird offense led to a big 44-13 victory to kick off the 2022 campaign and Coach Delane Fitzgerald's tenure here at Southern Utah.

After a booming kick from Redshirt Senior

marched the ball out to midfield but a clutch tackle by Mitch Price led to a turnover on downs and gave the Thunderbirds a short field to work with and after 9 plays Southern Utah settled for a Jake Gerardi field goal.

After a 7 play 27 yard drive, The Purple were forced to give the ball back to the T-Birds who promptly marched the field. Aided by a 42 yard completion from #12

Justin Miller to #8 Isaiah Wooden Southern Utah

flip the field though and the T-bird defense came up big once again when #59 Cameron Dahle stuffed the Tommies on a 4th and 1 near midfield.

Grady Robison entered the game in the shotgun and after making a great read kept the ball for a big 19 yard run to put the T-Birds within striking distance once again. Justin Miller reentered the game and completed 3 straight passes including a 6 yard quick hit to #99 Mata'vaa Ta'ase for the touchdown.

Justin Miller completed a pair of passes to Mata'vaa Ta'ase and Isaiah Wooden for 26 and 25 yards respectively. The latter of the two passes put the Thunderbirds up 38-13 after the Petit extra point.

Southern Utah and St. Thomas traded drives that covered little ground and in the second possession of the fourth quarter for the Tommies Cade Sexauer threw a pass that was intercepted by #5 Davin Wilson. The Redshirt Sophomore cornerback returned the ball 26 yards to the St. Thomas 16 yard line where Miller and crew had no trouble punching it in on a 1 yard run by #15 Elijah Burns to make the lead 44-13. The missed extra point by Petit sailed just left of the upright but the Thunderbirds had the game well in hand by this point and another 4th down stop was all it took for Southern Utah to seal the victory.

St. Thomas had 180 yards rushing with 282 yards passing in the contest. The Thunderbirds would finish with 117 yards on the ground and 372 through the air. Justin Miller would go 23-35 for 364 yards and 3 touchdowns. The leading receiver for Southern Utah was Isaiah Wooden who hauled in 5 catches for 142 yards and a couple of touchdowns. Josh Dunn and Roderick Ward led the SUU defense in tackles with 6 each.

"The story of the game is 4 turnovers to 0 turnovers... that is the difference in that football

"You have to make an adjustment to game speed quickly and that's what our guys did."

**Delane Fitzgerald,
SUU Head Coach**



SUU ATHLETICS

Jake Gerardi to start the game, the Tommies needed only two plays to reach the endzone. The drive consisted of a 60 yard rush by the sophomore running back #4 Hope Adebayo followed by a 15 yard dash to the endzone by #26 Shawn Shipman. This drive would account for just over 40% of the Tommies total rushing yards as the T-Bird defense would quickly tighten up the running lanes. Coach Fitzgerald said of the early score by the Tommies "Our players had to make an adjustment to the speed of the game... you have to make an adjustment to game speed quickly and that's what our guys did."

The Southern Utah offense would go 3 and out in the first drive but a well-placed punt started the St. Thomas offense deep in their own territory. The Tommies once again

would finish the drive when running back #21 Bobby Cole would punch it in to make the score 10-7.

The Thunderbirds would never relinquish the lead, scoring in their first drive of the second quarter on a 64 yard pass to Isaiah Wooden. The 4 play 80 yard drive established a feeling of command for the Southern Utah Offense. The Tommies would turn the ball over on a fumble by QB #14 Cade Sexauer in the subsequent drive giving the T-Birds great field position. #30 Micah Petit would add another 3 points to the scoreboard for the Thunderbirds as he put in a 31 yard field goal to extend the lead to 20-7 before the half.

The Thunderbirds got the ball to begin the second half but were forced to punt after only 3 plays. Jake Gerardi booted a 71 yard punt to

St. Thomas answered with an 11 play 75 yard drive capped off by a 9 yard touchdown pass to #5 Josh Komis. The Tommies opted to try for the 2 point conversion though but the Cade Sexauer pass went through the hands of wide receiver #8 Wesley Juszcak. Keeping with the aggressive strategy St. Thomas tried an onside kick that was fielded by #20 Rand Jensen and returned to the Tommies 35 yard line.

Despite starting with great field position the Thunderbird drive stalled and Petit added another field goal from 23 yards out to make the score 31-13 in favor of the T-Birds. The third period came to a close as the Tommie quarterback forced a throw that was intercepted by #3 Rodrick Ward right at midfield.

The fourth quarter started when

game." Said Coach Fitzgerald. Coach Fitzgerald praised the team a whole saying "there were 8 or 9 players who stepped up and who played really well." Southern Utah has not started the season with a victory since 2013. Coach Fitzgerald and his staff have started this season out on a high and we can look forward to some exciting football this fall.

The Thunderbirds will travel to Salt Lake City next Saturday to take on the #7 ranked University of Utah. Marking the first time the T-Birds have squared off with an FBS top 10 team.

For all the latest on Southern Utah football, follow @SUUFb_ on Twitter, @SUUFb on Instagram, and like the Southern Utah Football Facebook page.

TOM'S SPORTS TRIVIA

With Serena Williams making what should be her final appearance at the U.S. Open, it's time for this week's dozen to salute the achievements of notable women in the sports world. We celebrate everyone's achievements in this space, so please remember...no wagering!

1. Serena Williams won her first of 23 Grand Slam tennis titles at the 1999 U.S. Open and then won her next five Slams by beating which familiar foe?

- A. Lindsay Davenport
B. Venus Williams
C. Maria Sharapova
D. Justine Henin

2. Serena lost in her last four Grand Slam finals – two in 2018, two in 2019. At which Slam event did she earn her last title in 2017?

- A. Australian Open
B. U.S. Open
C. Wimbledon
D. French Open

3. After spending seven seasons as an assistant coach with the San Antonio Spurs, who became the head coach of the WNBA Las Vegas Aces this season?

- A. Diana Taurasi
B. Lisa Leslie
C. Rebecca Lobo
D. Becky Hammon

4. On April 12, 2022, Alyssa Nakken became the first woman to serve as an on-field coach for which MLB team?

- A. San Diego Padres
B. San Francisco Giants
C. Los Angeles Dodgers
D. Colorado Rockies

5. Which now-defunct WNBA team is tied with the Minnesota Lynx and Seattle Storm for the most championships won in league history (four)?

- A. Detroit Shock
B. Sacramento Monarchs
C. Utah Starzz
D. Houston Comets

6. Who was the last American woman to win the singles title at the U.S. Open in 2017?

- A. Madison Keys
B. Sloane Stephens
C. Leylah Fernandez
D. Bianca Andreescu

7. The National Women's Soccer League (NWSL) celebrates its 10th anniversary in 2022. With new additions in San Diego (Wave) and Los Angeles (Angel City FC), how many teams are in the league?

- A. 9
B. 10
C. 11
D. 12

8. The Women's World Cup soccer tournament will return in 2023. The United States has won the most titles with four. Which country is second on the list with two?

- A. Norway
B. Germany
C. Japan
D. Brazil

9. Which American woman has scored the most goals at the World Cup?

- A. Abby Wambach
B. Michelle Akers
C. Megan Rapinoe
D. Mia Hamm.

10. Who was the last American woman other than the Williams sisters to win the singles title at Wimbledon?

- A. Chris Evert
B. Martina Navratilova
C. Lindsay Davenport
D. Billie Jean King

11. Out of 12 teams, how many head coaches in the WNBA are men?

- A. Four
B. Five
C. Six
D. Seven

12. Which of these WNBA teams holds the record for most consecutive playoff appearances?

- A. Los Angeles Sparks
B. Connecticut Sun
C. Minnesota Lynx
D. Seattle Storm

LAST WEEK'S ANSWERS

1. A: NBA.
2. C: Football.
3. A: 1984
4. D: Feared
5. B: Rome
6. A: Lion
7. B: PGA
8. C: Summer
9. C: Eight
10. A: ESPN
11. B: Seabiscuit
12. C: Baseball

SUU gets home breakthrough, but it's only one game

Let's get one thing out of the way right away. The Southern Utah football program has been in serious disarray since the 2017 season, as a 6-34 overall record confirms. On Sept. 1, the T-Birds and new head coach Delane Fitzgerald got the 2022 season off on the right foot with an impressive rout over St. Thomas of Minnesota, a program that played its first football game at the Division I level.

Let's not get too excited for this. It's a win for SUU at home – its first since 2019 – but there's a lot of work ahead with a schedule that features teams most of the community knows little to nothing about.

The T-Birds will open play in the Western Athletic Conference against Utah Tech on Sept. 24. It's been long overdue, but a rivalry within easy shouting distance is a welcome sight – maybe not along the lines of Utah-BYU or Michigan-Ohio State, but with time it could happen.

Because of some changes to the conference for football, the WAC will only have six teams. As a result, SUU gets to play Utah Tech a second time in St. George on Nov. 5. In between, we get to see the likes of Tarleton State (Oct. 8 at home), Abilene Christian (Oct. 15) and Stephen F. Austin (Oct. 22 at home), then SUU closes its inaugural WAC season at Sam Houston State on Nov. 19.

I'm truly familiar with only two of the programs in the WAC not named Utah Tech. SUU lost to Sam Houston State in its first two FCS playoff appearances, and Canyon View grad Jaylie Roden signed with Abilene Christian for track and field in 2020. Not the most ringing of endorsements for what's ahead, but this is a chance for the T-Birds to prove they belong in their new home.

And in case you're wondering, ACU (over Lamar, 28-14) and Tarleton (29-13 over Mississippi Valley State – alma mater of NFL legend Jerry Rice) won their season openers last week. Stephen F. Austin has split its first two games (loss to Jacksonville State, win over Alcorn State) and Sam Houston was shut out in its opener by No. 6 Texas A&M, 31-0.

So far, the sample size of games is way too small to predict what's ahead for Southern Utah. One

thing is for sure, though – a win can always mean the start of good things to come.

» **With last week's road win at Millard**, the Canyon View Falcons are 3-1 to start the 2022 season, and if you include the big finish it had on the way to a first-round playoff win a year ago, CV is on a 7-2 roll right now. The Falcons have a serious road test at San Juan on Friday, but the Broncos aren't invincible by any means.

RANDOM thoughts

Tom Zulewski

IRON COUNTY TODAY



San Juan won last year's meeting with CV in Cedar City, 42-7, and is averaging 46 points a game in its 4-0 start to 2022. The Broncos are the defending 2A state champions, so the Falcons clearly have work to do to try and solve the high-powered offense.

Even with a loss, Canyon View should be placed in the upper half of the 3A rankings – strictly a guess at this point – when the first RPI rankings of the season are released by the UHSAA on Sept. 12. The Falcons had a good shot at beating Cedar, and a win over the Broncos will enhance the resume that much more.

After that, only math geeks and algorithms hold the fates of every playoff team. Winning will make all the difference.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

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ANIMAL MUMMIES

In ancient Egypt, people believed in life after death. They wrapped up loved ones, even pets and other animals, to preserve their bodies after death.

Message Carriers

Ancient Egyptians believed some animals could talk to the gods. They would mummify an animal to send a message to a god.



Making a Mummy

It took time to make a mummy, or **mummify**, an animal. First, the animal's organs were removed. The body was rubbed with salts to dry it out. Then, it was covered in special oils and wrapped in cloth.

Some animals were put into special jars made to look like them.

Dog Catacombs: Tomb of the Dogs

There is a burial ground in Egypt that has millions of mummified dogs. It's believed there are eight million dogs buried there! This site is called **Saqqara** (suh-KAHR-uh).



Mammoth Mummy

Not all mummies are made by people. Some get accidentally mummified, or preserved, by nature. This happened to a young mammoth more than 40,000 years ago.

Archeologists named her **Lyuba** (lay-OO-BAH). They think she got stuck and sunk into some deep mud. The mud dried around her and preserved her for tens of thousands of years.



Mummified Zoo

Archeologists have also found other animals mummified by ancient Egyptians. Use the code to reveal some of these animals.



D

S

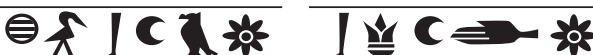


R

E



S



The pyramids at Giza are "guarded" by a huge statue with the body of a lion and the head of a king. Circle every other letter to see what it is called.



T O P K H L I Y N C X

S

Extra! Extra!

News Number Puzzles

Imagine each letter of the alphabet was a number. A=1, B=2, C=3 and so on. Using that number code, change each letter in a headline into a number. Then add up those numbers. Which headline has the highest number? Which one has the lowest?

Standards Link: Math: Calculate sums and differences.

Kid Scoop Puzzler

Replace the missing words.

SYMBOLS **FOUND** **DISAPPEARS** **OVER** **PUSHED** **IMPORTANT**

The scarab beetle was very _____ to ancient Egyptians. Scarab beetle mummies have been _____ with human mummies, often placed _____ the heart.

The Egyptians believed that scarabs were _____ of their god Khepri. They believed Khepri _____ the sun across the sky each day, just like a scarab beetle would roll up and move a ball of dung.

The scarab beetle was a symbol of rebirth. That is because the sun _____ each day and _____ rises again the next day.

Double Double Word Search

BODIES
CLOTH
DOGS
DRIED
EGYPT
MUD
MUMMY
OILS
PRESERVED
SALTS
SCARAB
SUN
TALK
WRAPPED
YEARS

Find the words in the puzzle. How many of them can you find on this page?

X	T	D	O	G	S	Y	E	S	J
B	O	D	I	E	S	E	M	L	F
D	D	T	B	D	I	A	U	I	H
E	H	E	A	A	T	R	M	O	T
I	T	S	P	K	R	S	M	W	O
R	P	K	A	P	L	A	Y	N	L
D	Y	M	T	L	A	A	C	U	C
T	G	U	D	J	T	R	T	S	U
R	E	D	K	D	L	S	W	B	Q
D	E	V	R	E	S	E	R	P	F

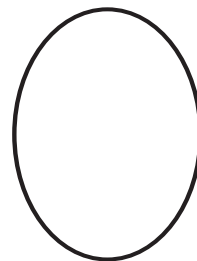
Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.



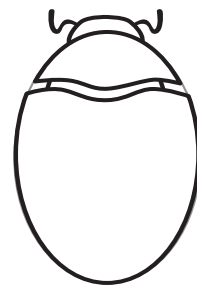
Draw a Scarab!

Follow these steps to draw a scarab beetle. Invite a friend or family member to draw one, too.

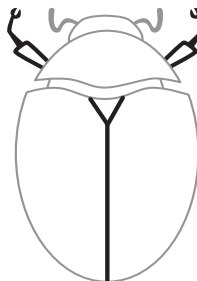
1



2



3



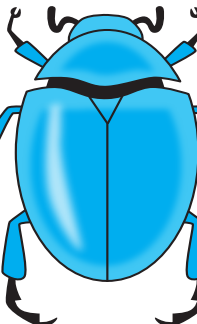
4



5



6



Write On!



Mysterious Mummy

Once Upon a Time there was a strange mummy and ...
Finish this story.



THE GREAT AMERICAN STAMPEDE

CEDAR CITY, UTAH
SUU RODEO



RODEO

SEPTEMBER 9th & 10th, 2022
Cross Hollow Event Center • 7:00pm



Featuring the Riata Ranch Cowboy Girls Trick Riding & Trick Roping Spectacular

TICKETS ON SALE AT
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Adults	\$10.00	PER DAY
Kids under 12 (4 and under FREE)	\$6.00	
Family (2 adults & 4 children)	\$30.00	
Students (with valid ID - Friday only)	\$8.00	



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