

INSIDE...

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showcase

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*USF fundraiser
to feature
performance
of 'Every
Brilliant
Thing'*



IRON
COUNTY

today

SUSPECT ARRESTED FOR CRIMINAL MISCHIEF

SEVERAL SLASHED TIRES FOUND IN PARKING STRUCTURE

from Sgt. Clint Pollock

CEDAR CITY POLICE DEPARTMENT

Last week, several vehicle tires were destroyed in Cedar's downtown parking structure. Officers found several vehicles including police, city, and county vehicles that were parked in the parking structure with tires that were "slashed."

This was devastating to our community because in these times equipment or supplies are hard to get. This type of incident significantly impacts budgets and resources where these vehicles are out of service until repaired. It is unknown the timeframe they can be repaired as this depends on tire availability.

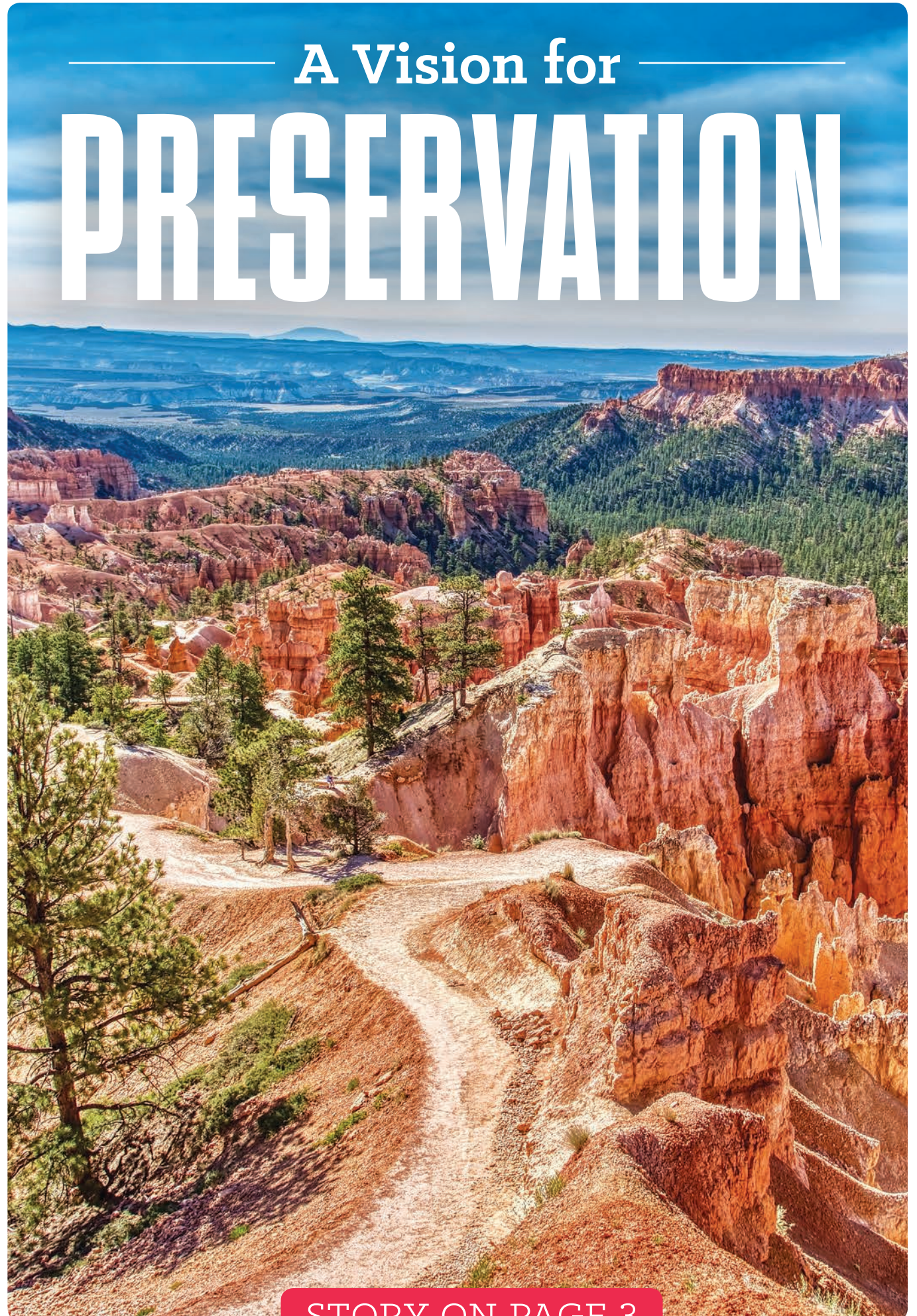
A reward was offered of at least a \$500 to anyone with information that leads to the arrest and conviction of the suspect(s).

During the investigation, the Cedar City Police received a tip regarding a suspect. The suspect was identified as Isaac Halstead, a 28-year-old-male. Officers detained Mr. Halstead for questioning. After the interview, officers were attempting to arrest Mr. Halstead, but he resisted their efforts and assaulted officers, who were able to safely take Mr. Halstead into custody.

Mr. Halstead was booked in the Iron County Jail for a second-degree felony criminal mischief due to the estimated damage of around \$12,000 and four counts of assault by a prisoner.

Soon thereafter, officers located property that was abandoned at the library. This property was found to belong to Mr. Halstead that contained two loaded firearms. Mr. Halstead was then also charged for possessing a firearm by a restricted person which is unrelated to this case.

We are very appreciative of the tip that we received that identified Mr. Halstead as the suspect.



STORY ON PAGE 3

GETTY IMAGES

Gold Cross donates ambulance to Southwest Tech

from Cordelle Morris

SOUTHWEST TECHNICAL COLLEGE

One of Southwest Technical College's guiding principles is "All Hands-on Deck" which emphasizes the importance of a quality hands-on education. EMT students at Southwest Tech now have the opportunity to receive additional experience behind the wheel of a newly donated ambulance, thanks to the generous contribution of Gold Cross Ambulance.

Gail Goodman, Director of Health Professions, and Rachel Stewart, Emergency Medical Services Faculty Coordinator, accepted the donation from Gold Cross Ambulance on behalf of Southwest Tech. Stewart works directly with EMT students from teaching in the classroom to driving the ambulance while they perform realistic simulations in the back.

According to Stewart, "The impact that this vehicle will have on students' education is enormous. From using radios, assessing patients, loading them into the ambulance, and transporting them to a mock-hospital gives an incredible experience for our students. Goodman agreed adding, "This is a big deal for our EMT students to have these experiences and this will make a huge difference in their education."

Gold Cross Ambulance Onboarding Specialist, Gene Moss, stated, "We are glad that Southwest Tech can make use of everything we give and look forward to having a great working relationship." Southwest Tech recognizes Gold Cross as a valuable partner in helping students gain hands-on experience both in the classroom and in the field.

The ambulance was recently wrapped with a brand-new Southwest Tech design and to be specifically designated as an educational vehicle. Adult



(Above) The ambulance before it gets its new colors and calling. (Below, L to R) Gene Moss (Gold Cross Ambulance Onboarding Specialist), Mike Moffitt (Gold Cross Ambulance President), Rachel Stewart (Southwest Tech EMS Faculty Coordinator), Gail Goodman (Southwest Tech Health Professions Director), Brennan Wood (Southwest Tech President), Scott Leavitt (Southwest Tech Vice President of Academics).



PHOTOS COURTESY SOUTHWEST TECH

and high school students can participate in the EMT program at Southwest Tech and it typically takes about three months to graduate. Those that wish to continue their education can participate in Southwest Tech's Advanced EMT program. The Emergency Medical Services education at Southwest Tech is also planning on adding a paramedic program and fire academy this coming year. For more information about these programs, please visit stech.edu.

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PRINCIPLES OF VISION IRON COUNTY: *Preserve vistas & landscapes*

from Sophie Kronick

VISION IRON COUNTY PROJECT COORDINATOR

Vision Iron County (formerly Iron County Vision 2050)* is a long-term strategic visioning effort with the goal of protecting and promoting the quality of life for all county residents. Every other week, we will explain one of the 12 Key Focal Points to give a better sense of Vision Iron County's long-term goals. These 12 points summarize community preferences from the public survey and are used to guide and measure Vision Iron County's work.

Preservation of Iron County's unique assets is high on the community's list of priorities for managing long-term growth. One survey respondent wrote, "Our history and landscape is what sets us apart and that is the real heart of our community." Two weeks ago, we touched on the importance of historic preservation in our area. In this segment, we will build on preservation priorities in Iron County by exploring the second key focal point: Preserve area vistas and scenic landscapes.

Our area has spectacular physical features. Our visual setting is central



GETTY IMAGES

Iron County has some of the most iconic, beautiful and accessible landscapes nearby, including Cedar Breaks.

to our quality of life and helps drive our economic engine, drawing residents, businesses, and tourists to our area. Our mountains, night skies, meadows, ancient lava beds, hillsides and corridors make our area unique. In addition, we are home to diverse plant and animal species that add to the area's striking appeal. To retain long-term desirability, Vision Iron County (VIC) understands we must preserve our scenic characteristics and habitats as growth occurs.

Partnering with organizations

and residents around the county to make investments in preservation and restoration will help us ensure that Iron County natural resources continue to provide scenic character, high-quality recreation settings, and environmental benefits. Embracing multi-use concepts and considering land use can also help protect vistas and avoid visual pollution.

Proximity to natural amenities is a characteristic that connects Iron County residents and visitors to the landscape. Capitalizing on these

assets will help us shape spaces that promote the well-being of residents and visitors. Tune in next time to learn how VIC hopes to use the concept of placemaking to inform our vision.

For more information and a full list of the 12 Key Focal Points, visit the VIC Facebook page at facebook.com/visionironcounty. Want to stay in the loop? Join the VIC network! Contact icvision2050@cedarcitychamber.org with your name and email address to be added to our email list. We invite you to join us on this exciting journey!

**The name change of Iron County Vision 2050 to Vision Iron County reflects the dynamic, ongoing nature of this visioning process. We believe that projects and initiatives in our area must consider how decisions impact the future of Iron County. VIC seeks to facilitate communication and visioning across the county for many years to come. This work does not have an end date and will continue in perpetuity. We look forward to releasing a new logo soon and continuing progress on Iron County's long-term vision!*



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opinion

FROM THE EDITOR

Home Invasions

If you didn't think it was already, it's seems easier to believe it now, that the world is becoming a scary place to live. With the current invasion of Ukraine by Russia, we may be wondering if another war is coming. We're still recovering from our (and preparing for another) "war" with COVID and now we watch this new invasion and, perhaps worriedly, about the level of our country's inevitable commitment and involvement in that conflict... specifically that of our brave and beloved soldiers who will be called upon in that moment.

While we focus on invasions in foreign countries, there are invasions closer to home I hope we will also focus on and invest our best in preventing and overcoming. There are many evil and cruel

people trying to destroy the good in our world, but the greatest invasions often happen at home. I encourage each of us to fortify our homes (and hearts) against any evil that threatens our peace and happiness. This includes anything in the media, movies, music, etc.



COREY BAUMGARTNER
MANAGING EDITOR

As such, the Iron County Today newspaper will continue to strive to be a bright beacon of good news, hope and help encourage our communities and citizens to not only not be afraid, or give in to despair, but to have the courage to stand up for what's good and right, right now, right here at home. May we each take this responsibility seriously and courageously throughout Iron County.

WORD OF THE WEEK

DILETTANTE:

All great artists have to begin their craft somewhere, usually it's at the beginning. Believe it or not, Picasso was once a dilettante. Amadeus was also once an amateur. With effort and practice they both became dazzlers, no longer dabblers. Whatever your art, do it with all your heart.



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THOUGHT OF THE WEEK

"You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose."

Dr. Seuss

TO THE EDITOR

Please don't steal our water

The citizens of western Beaver County area are very alarmed and unsettled that eastern Iron County and other communities are trying to steal our water from Pine Valley and Wah Wah Valley. These areas are a desert. During some dry years there are only 2-3 inches of rainfall, generally never over 6 inches.

There is never enough rainfall to recharge these underground aquifers. After a few years of pumping, these aquifers will be pumped dry. It will dry up the springs and wells in the area as well as drying up the future wells that are planning to be drilled. Then nobody will have any water.

It will cost \$500,000 to \$600,000, or more, to drill the wells, put in the pipelines and get electricity out to the pumps. This will greatly increase everyone's cost of water. Therefore, Cedar City, Enoch, Hurricane and St. George need to stop issuing any more building permits because of the lack of water. The solution to increase demand of water needs to be addressed before continuing to grow and Wah Wah and Pine Valley's water is not the solution.

If more water is needed, people need to better manage their present water and have gravel lawns instead of grass ones. Cedar and Enoch would have a lot surer water rights by buying farms in Parowan Valley and transferring this water; then it will be a lot cheaper and they'll always have water. Whereas, drilling wells, getting electricity, then pumping and piping water from Wah Wah valleys is such a gamble and the sources will soon dry up.

Please do not steal our Beaver County water. It is completely speculative and uneconomical.

Respectfully, Gib Yardley, Beaver, UT

IRON COUNTY FORECAST

A SPRING FEELING CONTINUES THROUGH MIDWEEK AS CLOUDS START TO INCREASE HEADING INTO THURSDAY. BY FRIDAY WE MOVE INTO MORE OF AN ACTIVE WEATHER PATTERN WITH THE CHANCE FOR WET WEATHER AS COLDER TEMPERATURES START TO MOVE IN. COLDER TEMPERATURES PERSIST THROUGH THE WEEKEND INTO EARLY NEXT WEEK AS THE PATTERN REMAINS ACTIVE.

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THURSDAY	Partly Sunny 59°/32° PRECIP: 0% WINDS: S 15-20
FRIDAY	Chance Rain/Snow 45°/22° PRECIP: 30% WINDS: SW 15-20
SATURDAY	Chance Rain/Snow 42°/21° PRECIP: 30% WINDS: WSW 10-15
SUNDAY	Slight Chance Snow 40°/16° PRECIP: 20% WINDS: NNW 10-15
MONDAY	Partly Cloudy 38°/17° PRECIP: 10% WINDS: WSW 10-15
TUESDAY	Chance Snow 37°/16° PRECIP: 30% WINDS: WSW 10-15

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opinion

The fringe benefits of social media

Bryan Gray is a syndicated contributor to and not an employee of this newspaper. His opinions are solely his own and not those of the Iron County Today.

Last week I was passed by two trucks flying a flag with the profane message “F*** Biden”, proof that even imbeciles possess freedom of speech. It also occurred to me that maybe I had been wrong.

I have had the belief that as the country became more educated, we would see less extreme views, more examining of complex issues, and in increase in civility. Instead, the United States and Utah are becoming a geography of tribes, making our politics less about accommodation and governance than about painting the other guy as evil.

cyclops

Bryan Gray

bgray@aplhagraphics.com



I blame much of it on the internet where anyone can say anything and attract believers. Say “Hitler didn’t kill Jews; the Holocaust was made up by Jewish bankers who control the mass media”, and millions of people will nod their heads. The internet has also made us less patient with each other. We want information instantaneously, just as we want our delivery of Amazon packages.

The growth in podcasts hasn’t helped either. Apple podcasts feature the rantings of Steve Bannon who suggested that Dr. Anthony Fauci be beheaded, while Goggle podcasts allow the spouting of InfoWars’ Alex Jones who tells listeners that no children were killed in the infamous Newtown, Connecticut school shooting. (Tell that to the grieving parents.)

You can say these people are the “fringe”, but they have planted the seeds of mistrust and wariness leading to the current widespread silliness that Trump actually received more votes than Biden. And beliefs create actions, like the man who sprayed lighter fluid on a tray of medical masks and set them aflame at a school board meeting or the similar warning to a school board member that they could be “tracked down” and “would never be seen in public again.”

No wonder a 2019 Pew Research survey found that a majority of Americans say, “Most people can’t be trusted.”

Compromise has become a filthy word for those aligning themselves with so-called freedom movements. As a constitutional scholar from southern Utah, David Farnsworth, wrote in the Deseret News, the Founding Fathers referred to “We the People”, not “We the Selfish.”

Wrote Farnsworth, “The ...blessings of liberty... arise only in context of a complex and varied community that those Founding Fathers envisioned. We travel only because others have built cars and planes as well as roads and airplanes paid for by taxes. We eat because others grow, harvest, pack, and transport

see **SOCIAL MEDIA** » 10

The Undeclared War, K-9 soldiers and foreign terrorist organizations – Part 3

by Edy Meredith

FOR IRON COUNTY TODAY

In early November 2019, then President Trump announced that the U.S. would legally designate Mexican drug cartels as foreign terrorist groups. When groups are designated as FTO’s, it becomes illegal for people in the U.S. to knowingly offer support for them. My research has shown that only the Department of State can declare such FTO designations. We all know what happened next to the Mexican and Chinese drug cartels: exactly nothing, except that their illegal and dangerous drug trafficking increased as our southern borders were left virtually open, and the drug cartels were allowed open access to the United States through use of the U.S. interstate highway system.

The Mexican and Chinese (Mex-Chin) drug cartels are now openly working together to flood the United States with dangerous fentanyl and its powerful derivatives, which are so powerful that they are called the “Once and you’re done drug.” Just taking fentanyl once will kill. Since 2019 the Drug Enforcement Administration (DEA) has been pushing the federal government to declare them at FTOs. Why hasn’t this happened? Why are the citizens of the United States led to focus on the 40-year high inflation rate? Inflation won’t matter if our youth continue to die from taking fentanyl just once, even inadvertently when exposed to it. Perhaps we the average citizen are being encouraged to ignore the threat that the Mex-China drug cartels are creating. Please go to the following: thefederalist.com/2021/12/07/bidens-border-crisis-killing-more-americans-than-ever-with-spike-in-drug-trafficking/. The Mex-China crime groups have gained complete control of the Mexican side of the 1,950-mile border and direct the flow of deadly fentanyl and migrants. From the information I have received from American truckers, the Mex-China crime groups also control many areas on the

American side as well.

To protect U.S. law enforcement officers (local, state, federal, and interstate Highway Patrol) K-9 officers are purchased, trained, and utilized in law enforcement. The K-9 designation (canine/dog) occurred during WWII as shorthand to refer to police dogs and their human handlers. With the K-9 capabilities that humans are lacking, K-9 officers are irreplaceable in the detection of deadly “once-and-you’re-done” drugs like fentanyl and its new derivatives. K-9 officers are very expensive both to purchase initially and to train. It takes a special breed of dog and special human handler to work together in the dangerous work of detection. It takes at least three months to train a police dog to be an effective K-9 officer.

K-9 officers have specialties: drug detection; sniffing out well-hidden and dangerous drugs, stopping fugitives, and finding dead bodies for example. While dogs have long been considered as human’s best friend, a good police dog is a criminal’s worst enemy. Two of the best dog breeds for K-9 officers are the German Shepherd and Belgian Malinois. Dogs have been used in law enforcement as far back as the Middle Ages.

see **WAR** » 10

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IRON COUNTY WATER STEWARDS

from Ashley Langston

FOR IRON COUNTY TODAY

Q & A WITH BRENT HUNTER

Get to Know Your H₂O: Central Iron County Water Conservancy District appreciates questions submitted by community members about the Pine Valley Water Supply Project and local water needs. As part of its role as steward of water in Cedar Valley, the District is working with a group of experts, community members and elected officials to help prepare viable solutions for the future and to respond to community questions and concerns about emergent water issues.

This week's question from the community is answered by Brent Hunter, agricultural producer and Board Chair of the Central Iron County Water Conservancy District.

Question: How is water being conserved in agriculture?

A: The Cedar Valley's agricultural history is an important part of the area's heritage, and agriculture producers work hard to optimize water use while sustaining a good yield.

Agriculture irrigation accounts for approximately 75 percent of the water usage in our valley according to numbers from the Utah Division of Water Rights. The Central Iron County Water Conservancy District focuses a large part of its conservation efforts on agriculture water optimization because that is where conservation can have one of the largest impacts in our valley.

Farmers are continually looking for more efficient ways to irrigate. It saves water, as well as electricity and other expenses. One of the biggest changes in the past 20 to 30 years has been converting flood irrigation systems on farms to sprinkler systems that save more water and are 60-80 percent more efficient.

Agriculture is always changing: new methods, practices, and technologies are being developed to make agriculture more efficient. One example of these more recent updates in technology are the (Low Elevation Spray Application) LESA systems that have been developed and the research that is being conducted at SUU Farm and that was conducted on my farm.

In 2018, the E&I Conservation District & the Water District acquired money from the legislature

and started a program to convert traditional pivot nozzles to high-efficiency LESA nozzles that research shows can achieve 95 percent efficiency. To date, more than 2,000 acres of alfalfa fields in the Cedar Valley have been converted, which equates to a potential savings of 800-1,000 acre-feet per year (calculated at 20 percent).

As a board member of the E&I Conservation District and the Central Iron County Water Conservancy District, I have been involved with several agriculture water efficiency studies. For several years, Utah State University Extension conducted a study on my farm to test several different sprinkler systems.

Currently USU Extension and Southern Utah University (SUU) are involved with a research project that will help determine the most water-efficient ways to use agricultural land in Utah. This research is happening locally on the SUU Farm as well as at several other locations in the state. Data from the local research will be beneficial to Cedar Valley farmers.

The scarcity of water affects all residents in the Cedar Valley, but those involved in agriculture see the challenges on a day-to-day basis. Water is a precious resource and we are using more out of the aquifer each year than is being replaced. It is important that we conserve, recharge, reuse and import water for the future of the Cedar Valley.

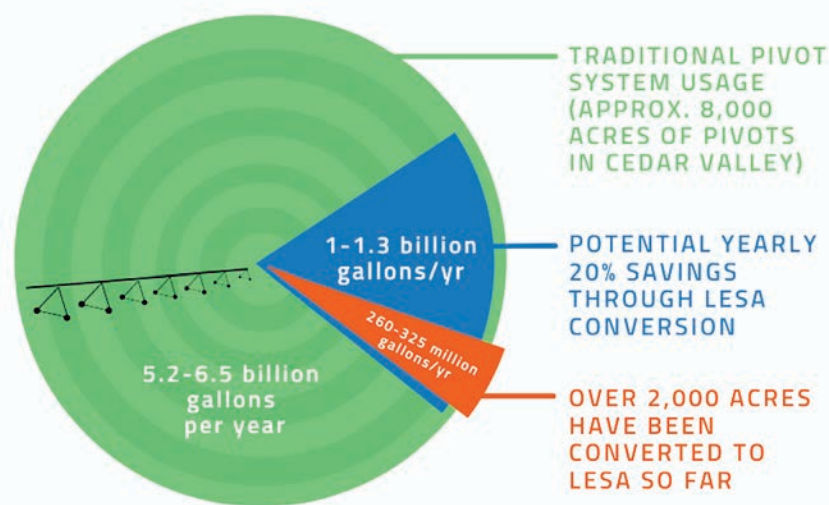
Several special interest groups have recently moved their focus to the Cedar Valley, and have been spreading misinformation. The Central Iron County Water Conservancy District was created by a vote of Cedar Valley residents more than two decades ago. It has consistently been dedicated to developing and stabilizing the valley's water supply through conservation, recharge, reuse, and importing of water for the benefit of all current and future water users in the region. All the District's efforts utilize scientists, experts and professionals to understand the valley's underground aquifer and to determine responsible solutions for the community as it strives to meet local water challenges. For reliable information on the Pine Valley Water Supply Project specifically and the Cedar Valley's water situation in general, please visit www.cicwcd.org.



Research is being conducted on the SUU Farm to determine the most efficient way of irrigating crops in the Cedar Valley.

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UTAH LEGISLATIVE UPDATE: WEEK 6

Dear Friends and Neighbors,

We have concluded week 6 of the 2022 Legislative General Session, which means we only have one week left to consider bills. We have until midnight on Friday, March 4th to consider legislation before we adjourn. To date we have passed 223 bills this session. We still have many more bills to consider.

We livestream our floor time as well as the audio for our committee meetings, so tune in and follow along during the process! Also, if there is a particular bill you are watching, I would encourage you to use our bill tracking feature which will keep you up to date on the progress of the bills you're following.

Russian/Ukrainian Conflict Discussion

As most are aware, earlier this week, Russia invaded Ukraine in an unprovoked and unjustified attack. Bombs are currently dropping across the country, and I condemn Russia's use of military force against the Ukrainian people. This event has been tragic and traumatizing for innocent civilians, many of whom are fleeing their homes. I also recognize the strains most European countries face in this situation. Like the United States, our allies have implemented sanctions to economically punish the Russian government for its actions. However, many of these countries are dependent on Russian oil and natural gas for their energy sources, creating additional difficulties. While we will continue to make thoughtful moves to more sustainable energy sources here and abroad, I am hopeful that this situation will spark a conversation about utilizing Utah's and the United States natural resources to eliminate the financial ties between Russia and their European consumers. In the meantime, I continue to pray for Ukraine and that peace and freedom will prevail.

University of Utah Football

This week, we honored athletes, coaches and staff on the University of Utah football team for their outstanding performance during the 2021 season. Despite a restricted 2020 season, the challenges of participating in team athletics during a pandemic and the painful loss of two beloved teammates, these student-athletes united and became the first team in program history to win a Pac-12 championship and earn a place in the Rose Bowl. It was an honor to recognize

this team for their extraordinary success.

Navajo Nation Leadership Recognition

We were grateful to have leaders from the Navajo Nation join us in the Senate on Wednesday. Navajo Nation Council Delegate Pernell Halona and others were recognized for their contributions and accomplishments. The Navajo Nation contributes to our state in meaningful ways and we were grateful for the opportunity to highlight their community and strengths.

Manufacturing Modernization Grant Program

With the recent worldwide supply chain issues caused by the pandemic, we have seen the need to lessen our dependence on manufacturing overseas and bring more manufacturing back to Utah. S.B. 212 Manufacturing Modernization Grant

innovation, bringing jobs to Utah and contributing to our economy. S.B. 212 passed in the Senate and is now in the House for consideration.

Hill Air Force Base Families

On Thursday, we honored all Airmen, Guardians, Department of Defense civilians, and their families assigned to Hill Air Force Base. Military families selflessly sacrifice to support their loved ones as they defend our liberties at home and abroad. They are resilient in adapting to ever-changing circumstances, and Utah is a stronger, safer and more vibrant state because of their service. I want to thank all military service members for their sacrifice to the peace we all enjoy in this country.

Sexual Exploitation Amendments

The increasing demand for child-por-

nography is alarming. The surge in the market has led to increased victimization of and sexual violence against innocent children, who are re-victimized with continued distribution. S.B.167 Sexual Exploitation Amendments seeks to target the child-pornography industry by increasing the legal penalty for producers and distributors. These individuals are primarily responsible for its continuation. Currently, they are grouped with those who possess or view the explicit content. From a legal standpoint, they have committed the same crime, which is a secondary felony. While all actions mentioned are deplorable, we feel it is incorrect to group them, and the process as it is lacking the appropriate consequence for producers' and distributors' actions, at an average of only 180 days in jail.

With this legislation, producing or distributing child-pornography would be regarded as a first-degree felony and punished as such. This bill is meant to protect our youth from the violence and trauma of child-pornography. S.B.167 is a result of the efforts of lawmakers, stakeholders, law enforcement and government agencies. This bill passed in the Senate and will now be considered in the House.

Law Enforcement Recording Release

When a firearm is discharged by law enforcement, and someone is injured, some individuals want to see the body cam or car footage. H.B. 260 Law Enforcement Recording Release Amendments aims to balance all interests by allowing an individual to request law enforcement video recordings if the prosecutor has declined to file any charges. The recordings may also be released if criminal charges are filed, as long as the judge determines it wouldn't influence a potential jury. The bill also prohibits the release of a video recording if an individual injured in the incident or an immediate family member requests it. H.B. 260 passed in the House and the Senate Government Operations and Political Subdivisions Committee. It will now be considered on the full Senate.

Thank you again for your wonderful support as we are nearing the end of the regular session of the Utah Legislature. I appreciate each of you for your insight, ideas, and feedback as we have worked through some important and difficult issues. Please continue to reach out to me anytime at evickers@le.utah.gov, or you can text or call 435-817-5565.

Sincerely, Evan



SEN. EVAN VICKERS
UTAH SENATE DISTRICT 28



COURTESY PHOTO

Parowan Mayor Mollie Halterman, testifying in the Senate Natural Resources on HB 242 Secondary Water Metering. "Thank you to Mayor Halterman for coming to the Utah Legislature, grateful to get to work with you and thank you for your work and dedication representing Parowan."

Program creates a program to administer grants to local Utah businesses, helping maintain or develop manufacturing in the state. This program will support companies expanding automation and

nography is alarming. The surge in the market has led to increased victimization of and sexual violence against innocent children, who are re-victimized with continued distribution.

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Romney, Stewart make statements on Russia's invasion of Ukraine

ROMNEY: "THE '80S CALLED' AND WE DIDN'T ANSWER."

SALT LAKE CITY — U.S. Senator Mitt Romney (R-UT) released the following statement on Vladimir Putin's invasion of Ukraine:

"Putin's Ukraine invasion is the first time in 80 years that a great power has moved to conquer a sovereign nation. It is without justification, without provocation and without honor. Putin's impunity predictably follows our tepid response to his previous horrors in Georgia and

Crimea, our naive efforts at a one-sided 'reset,' and the shortsightedness of 'America First.' The '80s called' and we didn't answer.

The peril of again looking away from Putin's tyranny falls not just on the people of the nations he has violated, it falls on America as well. History shows that a tyrant's appetite for conquest is never satiated.

America and our allies must answer the call to protect freedom by subjecting Putin and Russia to the harshest economic penalties, by expelling them from global institutions, and by committing ourselves to the expansion and modernization of our national defense.

STEWART CALLS PUTIN "TRUE EVIL"

WASHINGTON— Rep. Chris Stewart (R-UT) released the following statement regarding Russia's renewed invasion of Ukraine.

"The mistake the West has made for more than a decade is to think an autocratic bully can be a reasonable geopolitical partner. Putin doesn't want to be part of the current international order. He wants to blow it up. China, Iran and North Korea are watching with similarly malevolent intentions. They must see us respond firmly to Russia's

reprehensible aggression.

The world is now witnessing the true evil that is Vladimir Putin. And as we witness this evil, the U.S. and our allies must stand resolute with the Ukrainian people and resolve to provide them with support to defend against this unprovoked, unforgivable attack.

The U.S. and allies should impose the strongest possible sanctions and export controls to cripple Russia's ability to make war. The U.S. should also be sending small arms, explosives and communication equipment to help ensure a well-armed, well-organized Ukrainian insurgency. Putin's barbarity must be punished swiftly and severely.

IRS AUCTION

Sealed Bid Sale on March 22, 2022 | Sale Time: 10:30 a.m.

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For more information contact Kelila Callahan @ 925-260-4087

WAR

« CONTINUED FROM PAGE 5

Next week, we will examine why the Mex-China crime groups have not been designated as FTOs (Foreign Terrorist Organizations) along with who and why not. To prepare, please consider what the phrase “red-handed” means and where it came from: The phrase “red-handed” has its roots in 15th century Scotland, and it literally refers to being caught with blood on your hands after committing a crime. The perpetrators of protection for the Mex-China crime groups will be explored next week. Who are they? The documentation that is available is impeccable while the collaborators are not. See you next week.

SOCIAL MEDIA

« CONTINUED FROM PAGE 5

food. We are educated...by the efforts of teachers. We live in homes we did not build. We are alive because thousands of people who cared worked together to stamp out smallpox, polio, and dozens of other diseases that limited the average life span of our ancestors to less than 40 years and killed almost half of their children in infancy.”

The angry young men in the trucks with the foul anti-Biden flag have been raised in an internet world, not one where history is appreciated and actions are reviewed and examined with facts and community context. Yes, they are the fringe, but they carry a social disease which is spreading despite our strides in education.

BOOKINGS

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

FEB. 21	FEB. 24	FEB. 26
Ashley S Pugh SPANISH FORK, UT Prob/Parole Violation	Blake D Taylor CEDAR CITY, UT DRUG - Poss w/Intent to Dist, Firearm by Restr, DRUG - C/S, Paraphernalia	Collin W Bundy CEDAR CITY, UT DUI, DRUG - Poss C/S, Paraphernalia
FEB. 22	FEB. 25	FEB. 27
Robert L Boren CEDAR CITY, UT DUI	Saipele A Vaigafa CEDAR CITY, UT DUI w/BAC at/over .08, No Valid DL	David M Travino CEDAR CITY, UT DRUG - Poss C/S, Paraphernalia, Criminal Mischieif
Ashlee M Williams MILFORD, UT DRUG - Poss C/S, Paraphernalia	Laramie S Carpenter CEDAR CITY, UT DUI, Drive w/o Ins	
Kylar F Williams CEDAR CITY, UT Unlawful Sex Conduct w/16-17, Unlawful Sale Tobacco to Minor	Morganne K Hepworth CEDAR CITY, UT Assault	
Delaine O Thomson III CEDAR CITY, UT Assault		

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Southern Utah University

Art unites differences at SUU's APEX event

by Christina Schweiss

FOR IRON COUNTY TODAY

Artist Aisha Lehmann was SUU's APEX lecturer on February 24. Lehmann was introduced by Jessica Kinsey, Executive Director at the Southern Utah Museum of Art. Kinsey explained that Lehmann "is an artist that uses culture and storytelling to inspire her work. She explores the complexities of identity and race."

Currently an undergrad at BYU, Lehmann was thrilled to be in a room filled with creative peers. Lehmann plans on going to grad school in sociology. She said that by doing this, she is "choosing to engage with issues and subject matters that are very important to me, in a more concrete way, while still having the art practice."

Dealing with different textiles and patterns in her creative projects, Lehmann explained that, "There's so much culture and heritage in patterns. I am making quilts, of sorts, with all these collages of patterns."

Looking back at her beginning, Lehmann said, "I've always loved art. I've had very influential mentors over the years who have encouraged me to continue."

Aisha Lehmann related her message about equality to her work, "The true core of someone's identity has a lot more to do with these organic textures and colors."

"Being a creative person is such a privilege in this world today. If we are able to learn together, we can come together and unite as people."

Aisha Lehmann

Lehmann declared, "Making visual art was always something that was important to me, but it took a lot of people along the way to encourage me to keep with it and recognize that there is value in it."

Art unites communities and lets people express their creative self. Lehmann stated that, "Art is a way to capture the nuance and the ambiguity of race and identity."

Giving advice to the creative artists and students in the audience, Lehmann declared that, "Finding mentors and finding the subject matter that can feed the work outside of yourself" is key.

Lehmann expressed that, "Everyone has a fascinating story and beautiful aspects of their story. But in the society that we live in, someone's identity gives them certain privileges or disadvantages because of very man-made, hierarchical systems."

Speaking to the artists in the room, Lehmann expressed, "Being a creative person is such a privilege in this world today." Leaving the audience with some inspiration, Lehmann shared, "If we are able to learn together, we can come together and unite as people."

The next APEX event will take place on March 8 at 11:30 in the Hunter Conference Center on SUU's campus.



KATIE ENGLERT

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EVERY BRILLIANT THING

Performance to be featured at USF's Make-a-Scene fundraiser

by *Liz Armstrong*

FOR IRON COUNTY TODAY

CEDAR CITY — The Utah Shakespeare Festival has announced its annual Make-a-Scene celebratory event on March 31 at the West Valley Performing Arts Center in West Valley City, Utah. The one-night-only fundraising gala will feature a buffet dinner and a special performance of *Every Brilliant Thing* starring Festival favorite Michael Doherty and directed by Vincent J. Cardinal.

Doors open at 6 p.m., the buffet dinner begins at 6:30 p.m., and the performance starts at 8 p.m. As in years past, this year's play will feature several surprise visits from political and business leaders and other Utah luminaries most audience members will recognize.

"This is always a fun event featuring wonderful Utah VIPs performing onstage alongside great Festival actors, all to benefit the Festival," said Executive Producer Frank Mack. "This play is perfect because it is an audience participation show, so Michael will invite community leaders to participate with him, unrehearsed and spontaneously."

The ticket price is \$275 and is all inclusive; no additional fundraising will be part of the event. Table sponsorships are also available.

"Our Make-a-Scene event has become the most popular and successful fundraising event of the year

for the Festival," said Donn Jersey, development and communication director. "It is a festive evening of good food, good friends, and fun theatre."

To reserve a spot, contact Donn Jersey at jersey@bard.org or 435-865-8002 or Emily Cacho at emily@bard.org or 435-586-7877.

"We are always thrilled to get to work with Michael Doherty, who is such a wonderfully spontaneous and creative actor and who is paired with an amazing director, Vincent Cardinal, for this event," said Artistic Director Brian Vaughn.

Both Doherty and Cardinal will be familiar to Festival-goers. Doherty, who will play the Narrator, was at the Festival in 2021 as Dromio of Syracuse in *The Comedy of Errors* and The Joneses in *The Comedy of Terrors*. He appeared previously in *Charley's Aunt*, *The Foreigner*, and the Festival's production of *Every Brilliant Thing* in 2019.

Cardinal is returning to the Festival after directing *The Foreigner* in 2018, *Every Brilliant Thing* in 2019, and *The Comedy of Errors* in 2021. He will also be directing *King Lear* this summer.

Every Brilliant Thing was a phenomenal success in 2019, so much so that it was remounted as a touring production to Utah schools to support their suicide prevention efforts. It was performed over 160 times in more than 100 schools.

When the play went on tour, Governor Spencer J. Cox addressed its efforts in suicide prevention, calling it a "poignant, moving story with the potential to reach students who may be personally coping with depression or who are witnessing its impact within their family or social network."

For more information about *Every Brilliant Thing* and the Make-a-Scene event, visit bard.org/make-a-scene.



Michael Doherty's life-changing, "Every Brilliant Thing" will be instrumental in this year's fun fundraiser for the Festival.

Cedar City Star Search back by popular demand

from Gabrielle Costello

CEDAR CITY PIO, COMMUNITY RELATIONS

The Cedar City Star Search Competition has returned for another year! After great success and inspiring acts from last year, a new group of judges are looking for more talented community members who will have the chance to win \$250.00 in their age division. Interested individuals and groups can apply to be considered for the show at www.cedarcity.org/starsearch by Friday, March 4, 2022. All talents are encouraged to apply, such as singers,

dancers, musicians, comedians, and more! If you have talent, we want to see it!

The contest design includes three age divisions (4 -12, 13-18, and 19+) as well as a Groups and Bands category. The participants will each compete for a \$250.00 prize in their respective age division and category. And if that isn't enough, the audience will also get their say with one act designated as Audience Choice.

The Star Search event will be held on Friday, March 25th, 2022, at the Heritage Center Theater. Tickets for the event are free and are available now at www.cedarcity.org/starsearch. An exciting group

of judges have been recruited to contribute their professional expertise in searching for new local talent.

This year's judges include Cedar City councilmember R. Scott Phillips, who has spent 40 years working and leading the Utah Shakespeare Festival, Chuck Triplett, a well-known leader in Cedar City's music community, and Miss Color Country Outstanding Teen 2022.

If you are a Cedar City resident, be encouraged in your talent and passion and apply today for a chance to win big! This will be a local event you won't want to miss!

Are we having fun, yet?

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

What if they held the Games and nobody came? No, I don't mean that, exactly. What if they held the Games and just the players came? To actually play, instead of carrying the weight of nations on their often very-young shoulders. What if they just played among themselves, to watch each other, to be amazed by others' prowess, to learn from one another? But not to win. Not to compete but just to "play", a term that implies fun and camaraderie, frivolity and light-heartedness.

But I am afraid that we are hard-wired for competition, and can hardly imagine this scenario: a skier blazes downhill to applause and appreciation from other skiers and someone says, "I want a turn." Would it be even possible for that skier to swish to a finish without someone saying, "Wow! You were even faster than the American guy?"

How long would it be before they were lined up to show off their skill, with someone timing each flyer "just for fun"? And over there kids were showing off at the half-pipe, pointing out that so-and-so is still in high school, the youngest of the group, which would imply a victory of sorts just by virtue of a

birth date.

And since this space is dedicated to the arts, I must point out in all fairness that there isn't any genre of artistic endeavor that doesn't lend itself to judging. Quilts of breath-taking beauty and needlework are exhibited in juried shows, where a blue ribbon pinned on a certain hung piece proclaims that this quilt is the "beautifullest" of all. The same for art exhibits or flower shows. Vocalists compete to be declared worthy to advance to the next level of excellence. Finalists in a bake-off can earn cash prizes by producing a dessert considered the best after a taste-test by other bakers.

For years a panel from a comic strip called "Funky Winkerbean" kicked around our house. It showed a band director encouraging his players before a trip to a competition with high-flown words of praise for the power of music to stir the soul. The last panel said, "We all know the purpose of great music. TO WIN!"

see **HAVING FUN** » 14



OPEN CALL

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Music festivals celebrate 39 years of musical achievement

by Sara Penny

FOR IRON COUNTY TODAY

March brings 260 music students from throughout southern Utah to Cedar City for both piano and string Music Festivals. The students play two memorized pieces for a panel of three judges to receive written commentary and earn points for Gold Cup trophies. Strings start on March 5 at Canyon View High School with the piano students on March 19 at the SUU Music Building.

Marin Colby directs the Southern Utah String Festival with a team of volunteers. Sessions are open to the public and are like a short recital. This allows the students to perform for their peers and a supportive audience, rather than only the judges. Hearing more advanced students can be a great motivating factor and students are encouraged to listen to other sessions. Karaly Whitesel serves as treasurer and judging coordinator. Lauana Carter organizes the Gold Cup recitals and trophies. The website is at <http://www.southernutahstringfestival.org>. This year also offers an online option and students are participating from all over the US, including Texas, Indiana, Maryland, Idaho and Ohio.



Sara Penny directs the Gold Cup Scholarship program for the strings. Seniors planning to attend SUU who have earned at least one Gold Cup may apply for a \$100 scholarship by March 30 by submitting the application at <http://www.southernutahstringfestival.org/PDF/Scholarship.pdf>. "We have given as much as \$1000



COURTESY IMAGES

a year and we encourage the students who are going to SUU to apply," said Penny.

The National Federation of Music Clubs Piano Festival is partially sponsored by the SUU Music Department and is set for Saturday, March 19, at SUU, starting at 8 a.m. It is directed by Brittne Larson. Piano students may also apply for a \$100 scholarship if attending SUU in the fall if they have earned at least one Gold Cup trophy. Applications will be available at the Piano Festival.

The Music Festivals started in

"In an age of instant gratification, it is particularly valuable for students to work towards a long term goal and to realize the joy of musical achievement."

Sara Penny

1983 to encourage a high level of musicianship and to provide a positive performance opportunity for students of all ages. Several of the early participants are now professional musicians and teachers. Others have gone on to careers as varied as science, business, and medicine. "Musical training is a huge benefit to children as they learn listening skills, cooperation, and discipline," said Sara Penny. "In an age of instant gratification, it is particularly valuable for students to work towards a long term goal and to realize the joy of musical achievement."

HAVING FUN

« CONTINUED FROM PAGE 13

Parents contribute. "Who can be the first to get her chores done?" "The cleanest room wins an extra dessert." "Come help with these Christmas decorations. I want to look better than the Andersens this year." A friend's child's teacher posted a list of the best English and math students in the class.

My friend's son was on the bottom of each list, a fact that didn't escape him every day as he sat in that schoolroom.

Can we encourage without rating? Can we create situations where everyone wins? Can everyone be "employee of the month"? Does the pride of a great nation have to skate with a teenager who is destroyed emotionally when she comes in—horrors!—fourth? Couldn't it just be enough that she is an exquisite skater?

VOLUNTEERS DESPERATELY NEEDED FOR PAROWAN AREA

THE PAROWAN SENIOR CENTER

is in need of volunteers to deliver meals on Wheels to the homebound elderly. A driver is needed on Thursday between the hours of 10:30 a.m. until around 12:30 p.m.

Meals on Wheels is for those that are home bound and cannot get out or prepare their own meals. These seniors are in great need and are very appreciative of this service and especially to the volunteers

THE PAROWAN SENIOR CENTER

is looking for volunteer Receptionist for Monday and Friday between the hours of 8:00 - 11:00 a.m. This person would answer the phone to take meal reservations and give information.

FOR MORE INFORMATION PLEASE CALL:

Curtis Crawford, Coordinator
435-225-1222 • ccrawford@ironcounty.net



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NOW THAT'S A REASON TO CELEBRATE

HOW TO OVERCOME

broken New Year's fitness resolutions

by Tammy Crompton

FOR IRON COUNTY TODAY

Does this look a bit familiar to you?

JANUARY: Make a New Year's resolution to get exercise, go to the gym and eat healthy! Woot! And then you go to the gym, but you're confused because you actually have no idea what to do. And you're also too prideful to ask for help.

FEBRUARY: You do a few workouts at the gym. At least you're still going! But you're not seeing any progress or results.

MARCH: Total annihilation. You've given up on going to the gym and are demotivated.

APRIL: Oh my gosh, summer is coming and you need to get in shape to wear a bathing suit!

MAY: You think about going to the gym again, or maybe just dieting with drastic diets to try and see results faster.

JUNE: But now summer is here and you're mad because you didn't continue exercising. New Year's resolution is long forgotten.

JULY – DECEMBER: Oh, well. You'll just think about this again on January 1st.

Why Do We Lose It?

I have bad news, everyone: We set ourselves up for failure when we think January 1st is the magical day to start getting in shape.

Living a healthy lifestyle can start any day of the week, month or year. Diets don't need to start on Monday, either. After 20+ years of helping clients with their fitness journeys, I have realized that the January 1st resolution is a complete detriment to a person's goals. Yes, you heard me correctly. It's far better for TODAY (or any day that is very soon) to be the day to start the little steps towards living a healthier lifestyle. Jan. 1st has long gone. Make the choice to start today.

Where Do We Start?

If you have successfully started an exercise program and make healthier food choices, then congratulations! You're doing great. If you

started going to the gym and then let it all go, then here are some things you can do to get back on the better bandwagon:

1. Hire a Personal Trainer. (One with many years of experience, one who can help you start according to your level of fitness, one with the knowledge to get you the results you want).

2. Drink more water throughout the day.

3. Cut out sodas and all things that contain added sugars.

4. Start eating 5-6 smaller meals in a day spread out over 2-3 hours.

5. Eat one-ingredient items (i.e., apples, bananas, or chicken) and shop only the perimeter of the grocery store.

6. Stay away from processed foods with ingredients you can't identify or pronounce.

7. Take a few moments each day to focus on you. Mediate for 10 minutes, listen to your favorite music for 10 minutes, take a 10-minute walk.

It's all about starting with small steps. Life is a journey; eating healthier and exercising is a journey as well. There will be detours, but remember: it isn't an all or nothing journey. It is about daily steps being taken toward the long-term goal of feeling better.

You can get help from us at IFS Studio. We are a private personal training studio here in Cedar City with options for virtual training as well. Call to set up a consultation today, (661) 436-0259.

"We set ourselves up for failure when we think January 1st is the magical day to start getting in shape."



business

Put your money where your house is!



JOHN A. NEWBY
COLUMNIST

I recently came across a great community marketing campaign out of Canada. In fact, I enjoyed it so much I made it the title of this week's column. The name of the Canadian marketing campaign as well as the title of this column are very clear, we need to be placing (spending) our local money where we live,

or as it says, "Put Your Money Where Your House Is." This is the type of marketing campaign that every local community should be encouraging, and every local media company should be employing. This is the type of messaging we all need to hear, and we can't hear often enough. This is the type of message that resonates and makes people stop and think.

As long as we are looking north of the border, I would also like to relay the results of a recent survey completed by Maru/Matchbox for the Canadian Federation of Independent Business. While this survey was conducted in Canada, I can't help but believe the results speak very accurately to the thoughts and

BUILDING MAIN STREET,
NOT WALL STREET

sentiments right here in the United States. The Maru/Matchbox poll found the following interesting figures:

- » 82 percent were worried their favorite local businesses would close
- » 69 percent were concerned their economy is not recovering near fast enough
- » 76 percent believe we must start focusing more on economic recovery
- » 95 percent believe supporting our small businesses is the key to keeping our economy healthy

As for finding number one, COVID has certainly challenged many small and medium local businesses. The fact is that it has already claimed the lives of numerous local businesses with more and more feeling the mounting or increased pressure each passing day. COVID has altered shopping patterns and behaviors, some of which will never return.

As for findings number two and three, many fear we aren't recovering fast enough. I sense this is as much due to the paragraph above coupled with other supply demands and economic constraints. Personally, while this tends to be a fear among many, I tend to view this as a long-term trend that will never recover. Local communities can work with this with some creativity and forethought.

I can't say enough about finding number four. When it comes to local communities, it is safe to say the vibrancy and power of your local economy rests upon your ability to innovate, facilitate, support, promote and ultimately maintain your small and medium size local business base. For local communities, no number of big boxes and chains will alter your fate without a thriving small business base. I am constantly amazed at how few communities and community leaders really understand this most

see **MONEY** » 19

calendar

ONGOING OPPORTUNITIES

GOVERNMENT

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 9-10:30 am • Pastry Pub, 86 W Center, Cedar City

Iron County Republican Women

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

Parowan City Council

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Auxiliary

3rd Wed, 6 pm, Cedar Library, 303 N 100 E, Amer. Legion Conf. Room • (435) 704-6654

Bikers Against Child Abuse

1st Thurs 7 pm • Courtyard Marriott (1294 S Interstate Dr, Cedar City), Cedar Breaks Conference Room

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Lion's Club

Tues, 12 pm • Call Pres. Roger Shurtz for mtg. info. Everyone welcome! (435) 590-2896

Marine Corps League

Detachment 1315, 2nd Wed, 6 pm
Elks Lodge, 111 E 200 N, Cedar City.

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org. Helpline: John (702) 802-1332, Kara (702) 232-6829
KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Speaking From The Heart • M – Sa, Noon

Steps and Traditions • M – Su, 7 am

Red Road to Sobriety • Mon, 6 pm Paiute

Tribe, 440 N Paiute (435) 586-1112 Ext. 307

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

The Great Fact • T, F, Noon. True Life Center

2111 N. Main. • (702) 802-1332 or (702) 533-7856

Red Creek Group • Wed, 7 pm • 685 N 300 E,

Parowan • (435) 477-8925

Women's Meeting • Sat, 10:30 am

My Story • Sat, 8 pm

Thank God it's Sunday Spiritual • Sun, 11 am

What a Way to Start the Day • Su, W, F

7-8 am • All are welcome

Addiction Recovery (12-Step)

Tues, 7:30 pm • Canyon View Seminary building
54 W. 1925 N., North entrance.

Al-Anon

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Al-Anon • 1st, 3rd Tues, 7-8 pm • Call for info:

(435) 704-8984

Easy Does It • Tues, 7-8 pm • (435) 559-3333

Hope for Today (Family Groups)

Thurs, 6 pm • (435) 559-3333

Alzheimer's Caregiver

Online Meetings: 2nd Fri, 5:30 pm, 4th Mon,
5:30 pm • RSVP to mjmillier@alz.org or (435)
238-4998 x8773

ARP—Addiction Recovery

1st Wed, 7 pm • Parowan Seminary building,
Main & 300 N, Parowan

Sun 7:30 pm • 85 N 600 W, Cedar City, Rm. 102 –
LDS bldg. Back entrance. 435-218-9578

Caregivers

1st Tues, Noon • Five County Aging Offices, 585

N Main, Ste. 1, Cedar City

Celebrate Recovery

(Christian 12-Step) Wed 6:30 pm • True Life Center, 2111 N Main, Cedar. Through Christ we can be victorious over any hurts, habits, hang-ups (Phil. 4:13) • Jeff J 801-638-1800, Gary D. 702-303-5662.

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, feel supported, share perspectives on healing, recovery. Join: affiliate.rainn.org/helproom/canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org • (435) 635-9603
KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm

Live and Let Live • Fri, 8 pm

Candle Light Mtg • Sat, 9:30 pm (Small room)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm • Meeting

Hall, 1067 S Main, Cedar (877) 865-5890

Nicotine Anon (12-Step)

Fri 6 pm • KKCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

Porn Addiction Recovery for Men

Thurs, 7:30pm • Canyon View seminary building
(54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Wed, 7:30 pm • Share Families of So. Utah
• 565 N Main Street, Ste. 6, Cedar • www.southernutahshare.com

Senior Blind/Visually Impaired

3rd Thurs, 1:30 pm • Cedar City Library

Southwest Parkinson's Alliance

2nd Tues, 1 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

Widows Support Group

2nd Sat, 11-1pm • Sunrise Church. These Free meetings begin January 8th. Questions? 435-586-3640 or Sunrisechurch.net.

CLASSES/ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

American Legion Post 74

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Veterans come learn about benefits, opportunities and fellowship. Honor Guard provides military honors at Veterans funerals. • Post Commander Darrin Duncan (435) 704-1466.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Book Club

2nd Thurs, 7 pm • Cedar Library 303 N 100 E.

Boy Scout Troop 1848

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door, next to Enoch City Business office. Text Bryan Fanton 435-327-1214

Cedar Chest Quilters' Guild

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. cedarchestquiltersguild.org

Cedar City ESL

Wed, 7 pm • Free tutoring for English as 2nd Language. Cedar City Library (303 N 100 E).

Cedar City Toastmasters

Thurs, 7 am • Pastry Pub • 86 W University. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. www.cedarprofessionals.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library
303 N 100 E.

Color Country Pickleball

M-F, 7-10 am • 155 E 400 S (Cedar Stake Ctr), Paddles & balls supplied. (435) 586-6345

Color Country Winds

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

Cub Scout Pack 1848

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

Explorer Bible Club

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

Hey Cedars Square Dance Club

Mon, 6:30-8:30 pm • Cedar City Visitors Center, 581 N Main, Cedar City. Open to all. \$4.00 per person. Neil (909) 477-9795.

Pickleball Group

Weekdays, 7 am • SUU Pickleball Courts. Anyone is welcome. Fee is \$2 (indoors) and free (outdoors)

Recharge With Cognomovement

Mon, 5:15-6:15 pm • Cedar Yoga Space (736 N Main, North Entrance). Brain-body exercise helps harmonize your brain hemispheres, boost overall energy. \$12 drop in /First time to studio is Free. 541-291-7856.

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

Senior Yoga Classes

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/ reserve your spot.

Tae Kwon Do Class

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 W Royal Hunte Dr. \$25/mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

Tai Chi For Health

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health benefitting Seniors. Helps coordination, balance, flexibility, more. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

Take Action for Freedom

Wed, 7 pm • Stahl West 600 N. Airport Road, Cedar • Preserve Constitution, Republic, voting laws, medical freedom, education, 1st & 2nd Amendment Rights, ed. on CRT & boarder illegal immigration, local/county/state Legislature

Top Bar Hive Bee Keeping

1st Tues, 7 pm • Cedar City Library
303 N 100 E. (435) 586-6661

TOPS – Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am. • Cedar City Library, 303 N 100 E. Lose weight affordably. • 586-3233 (a.m. mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

Wellness Wednesdays

Wed 5-6 pm • Create Better Health. ZOOM Meeting ID: 841 6308 8990, Passcode: health, INFO: Kristi Sharp (435) 986-2564. ksharp@swuhealth.org

To add your ongoing opportunity to our calendar, call 867-1865, ext.6 or email news@ironcountytoday.com

calendar

WED, MARCH 2

TEEN MENTAL WELLNESS DAY

WONDER WEDNESDAY – (4-6PM) @
Frontier Homestead State Park (635 N Main St, Cedar City), (435) 586-9290. FREE for all students K-5.

THURS, MARCH 3

NATIONAL ANTHEM DAY

SUU A.P.E.X. LECTURE SERIES (11:30AM) @
SUU Great Hall in the Hunter Conference Center. This week we host Roy F. Baumeister, one of the world's most prolific and influential psychologists. He has published over 700 scientific works, including over 40 books. INFO: www.suu.edu/apex.

IRON COUNTY AFFORDABLE HOUSING MEETING (2:30-4pm) @ Courtyard by Marriott, 1294 S. Interstate Dr., Cedar City. Learn about the state of affordable housing in Iron County and solutions to make housing in our area more obtainable. Register and submit your questions at <https://bit.ly/vic-ahcm> (in person and virtual options available).

FRI, MARCH 4

EMPLOYEE APPRECIATION DAY

SUU COMMUNITY EDUCATION CLASSES 2022
– Learn a new skill or improve an old one! SUU has the class for you! Visit www.suu.edu/cpd/community-enrichment for dates, times and to learn more about each class and the registration code. Register at www.eventbrite.com. Classes include: Yoga, Gardening, American Sign-Language, Water Coloring, Acrylic Painting, Travel Spanish, Sourdough Bread, Crochet, Salsa Dancing, Photography, Pickleball, and Grilling.

SAT, MARCH 5

CINCO DE MARCHO

CEDAR CITY DOWNHILL MILE (10AM) @ THE
water tower near S 400 E (Cedar City). Registration \$10. Available online sur.run/downhill-mile. Run your fastest mile with the roadrunners this March! An opportunity to really fly as your race friends, family, and the clock! T-shirts, prizes, and refreshments will be provided for all who participate.

CEDAR BREAKS GUIDED SNOWSHOE WALKS
(Every Sat/Sun 10am and 1pm) @ the junction of Hwy 143 and Hwy 148 (weather permitting). National monument entrance fee applies (\$10 per person). Experience a ranger-led hike to enjoy the snow-covered red rocks at Cedar Breaks National Monument! Equipment: Water, Snacks, Warm clothing, Sun protection, Interagency pass or credit/debit card to pay the entrance fee. *Snowshoes and poles are provided* INFO: (435) 986-7120.



FESTIVAL CITY FARMERS MARKET (10AM TO 1pm), @ 45 W Center Street. Every Saturday behind I/G Winery (45 W University Blvd., Center St, Cedar City). FREE admission. Delicious homemade foods for holiday meals. Hand-made artisan crafts for unique gift-giving. Activities, live music.

FARMER'S MARKET (9AM TO 1PM), @ IFA
(905 S Main). Vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor, gifts for all ages. For booth prices & info: Facebook (Cedar Saturday Market), or Nancy 435-463-3735.

KIDS ENTREPRENEUR FAIR (3PM) @ SIREN
Barber & Beauty (684 S Main St, Cedar City). This is an event for kid entrepreneurs and their families to work together to provide support and create opportunities for kids to sell their creations. Sign up is FREE and helps kids learn a trade and get encouragement for their entrepreneurial spirit!

MUSIC FESTIVALS, STRINGS (MARCH 5,
8am-4pm) @ Canyon View High School (166 W. 1925 N.) Piano (March 19, 9am-4pm) @ SUU Music Building (351 W University Blvd). The students play two memorized pieces for a panel of three judges to receive written commentary and earn points for Gold Cup trophies.

SUN, MARCH 6

DENTIST'S DAY

"IF YOU'RE IN A BOXING MATCH, TRY NOT
to let the other guy's glove touch your lips, because you don't know where that glove has been." Jack Handey

MON, MARCH 7

BE HEARD DAY

HEY CEDARS SQUARE DANCE CLUB (6:30-8pm) @ Cedar City Visitor Center (581 N. Main). Accepting couples, singles, families with children 8 and over. Children must be accompanied by a paid adult. No experience necessary. If you can walk and shake hands you can Square dance. Fee \$4.00 per person/week. Children under 18 \$2.00. INFO: Neil (909) 477-9795.

TUES, MARCH 8

PROOFREADING DAY

MOCK CAUCUS NIGHT – (7PM) @ HERITAGE
Center. The public is invited to attend this presentation by the Iron County Republican Party. The "Mock Caucus Night" is designed to inform, and questions from the audience will be allowed following the presentation. Registration (6pm). To find out what precinct you belong to go to www.ironcountygop.org and a map of new precinct boundaries is available.

UNITED UTAH PARTY CAUCUS. (7PM) @
Cedar City Library (303 N 100 E) or streamed on Zoom (details at [Facebook.com/SouthwestUUP](https://www.facebook.com/SouthwestUUP)). Observers welcome. Visitor IP:172.70.210.150Form:

WED, MARCH 9

GET OVER IT DAY

WONDER WEDNESDAY – (4-6PM) @ CEDAR
City Library (303 N 100 W). Admission is FREE for all students K-5.

MARCH 10

PRECEPT UPON PRECEPT BIBLE STUDIES
(1-3pm) @ Cedar City Public Library (303 N 100 E). 10-wk study of James, "A faith that's real." Discover truth using observation, interpretation, application. Nondenominational studies with homework, discussion, DVD lecture. Workbooks \$22.50. Call 435-267-2234, 435-238-3078 for info/register. Visit: www.precept.org.

MARCH 11

CEDAR CITY JUNIOR BALLET – THE SECRET
Garden (7:30pm) @ Heritage Center Theater (105 N 100 E, Cedar City). General admission \$15. Available at Heritage Center Box Office (435) 865-2882. Come and enjoy the classical ballet company which is designed to involve community talent of all ages. Masks must be worn at all times. Children 4yrs and older are welcome to attend. INFO: (435) 867-4719 or www.cedarcityjuniorballet.org, Facebook: /CedarCityJuniorBallet.



MARCH 12

INFANT LOSS SUPPORT CONFERENCE
(10am-4pm) @ Courtyard by Marriott Cedar City (1294 S Interstate Dr. For anyone touched by infant/pregnancy loss. Connect, learn, and heal together. \$35/single, \$50/couple. Info/registration @ simplyamiracle.com/events.

SHEEP TO SHAWL (10AM – 4PM) @
Frontier Homestead State Park Museum (635 N Main St, Cedar City). \$2 per person or \$8 per family. Preregistration required and spots are limited to ensure safety of those attending. Call (435) 586-9290 to reserve your spot. Sagebrush Fiber Artisans will allow participants to journey through the step-by-step process of taking wool from the sheep's back to yours. Demonstrations include shearing, washing, carding, spinning, dyeing, and weaving.



MARCH 19

MUSIC FESTIVAL – PIANO (9AM-4PM) @
SUU Music Building (351 W University Blvd). The students play two memorized pieces for a panel of three judges to receive written commentary and earn points for Gold Cup trophies.

Want your event on our calendar?

There is no charge for calendar items. Your submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.

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Clinics in Delta, Filmore, Panguitch & Kanab

“PLAYBILL”

I can imagine the conversation these cleaning-crew ladies are having. They’ve been tasked to clean up the venue after the performance and they’ve stumbled across a discarded playbill and decided to take a closer look. Are they discussing the famous actors, or their favorite scenes? Perhaps they are wishing they could do more than just pick-up garbage after the performance.

What great performances are waiting in the wings of your life? Are you too content with the content of your life to take a risk and step onto that stage? Life is risk! It’s a risk going to bed with life left undone and it’s a risk getting out of bed to go make life happen.

I spoke last week on the importance of time. Time will happen no matter what we do or don’t do. It will carry on, but if we want life to carry on we need to engage and participate, not simply as a spectator or expecting that just because we’re backstage

or in the audience, that’s close enough to the action.

Do you really feel you are meant to live life backstage, in the audience, or picking up after other spectators? I’m not criticizing spectators, I’m striving to encourage each of us—whether we’re on stage, backstage, behind the scenes or in the auditorium—to realize we each have a special spark that the world needs (that the people around us need) to help make (create) their own lives better and happier.

Yes, like most good plays and plots, there’s always some trial, tragedy, storm or obstacle trying to ruin things. But what turns tragedy into victory is that we each have the responsibility, accountability and ability to write and rewrite our own life stories. And by rewrite I don’t mean we can change the past, but we can challenge it by writing better scenes for

our future.

Shakespeare is quoted as saying, “All the world’s a stage...” (As You like It, Act 2, Scene 7). Whatever stage you’re on, someone is watching and learning from

the rut LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



you. Whether it’s the stage of parenting, education, shopping, or your place of employment, etc.

The second part of that quote says, “...and all the men and women are merely players.” May I remind each of us that we are not merely players! We are creators. Therefore, don’t be too content with merely reading playbills and watching other people live out their dreams on their chosen stages. There is a special spark in you that



NORMAN ROCKWELL

needs to be kindled into the bright beautiful flames of your future.

No matter what age, wage or stage you are upon this week, no matter how bright the spotlights or who is in the audience, do your best.

Don’t let the play end before you take the stage. Steel your nerves and don’t let them steal your opportunity to create a good life for you and those around you. You still have the special spark within you. The stage is yours.

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435-586-7061

SUU celebrates nursing students with awards ceremony

from Vikki Robertson

FOR IRON COUNTY TODAY

The Southern Utah University Department of Nursing hosted its 14th the fourteenth annual Celebration of Southern Utah Nursing dinner and awards ceremony on February 24, 2022. The faculty and students ask community members to nominate nurses who they feel have provided outstanding care.

Students in their last semester of nursing school review all the nominations and select winners in each of the categories. Winners are invited to a dinner where they are served by the students. Following the dinner, the awards are presented to the outstanding nurses.

This year's winners were recognized for providing excellent nursing care in the following areas:

- » Aubrey Stephensen for Critical Care
- » Lisa Anderson for Community/Public Health
- » Ellen Vincent for Home Health and Hospice
- » Brie Shelley for Medical Surgical
- » Sharon Greenlee for Long Term Care
- » Kaitlyn Merryweather for Maternal/Newborn
- » Janet Warner as a retired Registered Nurse

This year the Department of Nursing also recognized the Fall and Spring 2020 graduates who all passed the NCLEX-RN on the first try.

The Department of Nursing faculty members and students congratulate those recognized at the dinner and appreciate all the excellent nurses in Southern Utah.



Pictured from left to right: Brie Shelley, Janet Warner, Lisa Anderson, Aubrey Stephensen

COURTESY PHOTOS

MONEY

« CONTINUED FROM PAGE 16

basic and known process. Let me reiterate, NO local community has much of a future without a STRONG local business base, plain and simple. Most everything a community does should take that thought process into consideration as they make decisions regarding the community and its future.

This brings us back to our column title. The importance of "Putting Your Money Where Your House Is." We all want to improve our communities, we all want to see our communities become more vibrant, and we all want to feel the heart and soul that comes from such an effort. In order for any of that to happen, we MUST find ways to keep our dollars local, or as it says, where our house is. Just remember, local spending paves your own streets, not the streets of some far-off corporate headquarters' city.

John A. Newby is the author of the weekly "Building Main Street, Not Wall Street" column. He is dedicated to helping communities and local media companies combine synergies allowing them to not just survive but thrive in a world where truly-local is lost to Amazon & Wall Street chains. His email at: john@360MediaAlliance.net.

schools

Gateway NJHS raises money to help Cedar City Hospital

from *Angela Walker*

NJHS GATEWAY LEADER

The Gateway Academy chapter of the National Junior Honor Society recently completed their annual fundraiser. The NJHS students set a goal to raise \$2,500 having decided that \$1500 of the money raised would go to help the Cedar City Hospital and the rest to help fund the Honor Society Chapter.

The students started the project with Penny Wars, where each classroom in the school tries to raise the most funds in silver coins and green bills, then sabotage other classes with pennies. The class from each level that raised the most money won a party. Through penny wars, the NJHS advisor

reports that the school had gathered a little over \$850 just in coins. The NJHS students also sold candygrams and delivered them to classes on Valentine's day. The project wrapped up with the NJHS kids selling sponges of paint the throw at the school Administration.

Mr. Kupfer, Mrs. DiBrienza and Mr. Armour gladly accepted the challenge to let the students throw the paint-filled sponges at them. As students came through the line to throw the paint, the encouragement from the Admin was admirable, even handing sponges back to students that had missed to throw again. When all the sponges had been thrown, and the last coin counted, \$3,126.36 was the final total that had been raised.



Mr. Armour, Mr. Kupfer, and Mrs. DiBrienza let the students throw paint-filled sponges at them for accomplishing so much during the fundraiser.

COURTESY GATEWAY

ICSD NEWS NUGGETS

from *LeAnn Woolstenhulme*

IRON COUNTY SCHOOL DISTRICT

Cyn. View Middle School

Last week, the Canyon View Middle School musical theater class put on a show stopping performance of Roald Dahl's Willy Wonka Jr. based off of the book, Charlie and the Chocolate Factory. The students brought each of their characters to life with great zeal. Thank you to all of the students who prepared so thoroughly for their role. Special thanks, goes out to all the teachers and parents who helped with set design and costumes making this production possible.



Parowan Elementary

Parowan Elementary enjoyed a STEM night with parents and students with so many fun activities. There was a lot of excitement in the air but when the Third Grade performed their Western Program, Westward Ho, To Iron County. Wow! The school was really filled with excitement. Students again memorized the personal history of two of our wonderful citizens of Parowan, Clarence and DeAnne Stubbs, who were honored during the program. Individuals are chosen to be honored because of their many contributions to our community. Mr. and Mrs. Stubbs are so deserving of this honor. Students sang, danced, performed skits, and just had fun learning the history of our county and especially Parowan. Each student was assigned a pioneer project and an ancestor report that really added to the learning of our pioneers. There is always so much excitement with the students as they perform and participate in this annual program at Parowan Elementary.

South Elementary

The 3rd graders at South Elementary shared a

patriotic program with students and families for President's Day. Each class prepared a poem about the meaning of President's Day with a focus on George Washington and Abraham Lincoln. Other presidents were highlighted with student speaking parts. The students also performed patriotic songs with great enthusiasm. It was a great way to enjoy our President's Day holiday.



Fiddlers Canyon Elementary

Congratulations to our Fiddlers Canyon Elementary Spelling Bee winners! First place: Rece Simon. Second place: Jade Ragle. Third place: Uciel Cruz. All of our participants did a great job, and these three finalists will go on to the District Spelling Bee later this school year. Nice work, spellers!



If your child is going into 1st grade next year, applications for our Chinese dual language immersion program are due March 25. You can get one in the front office or on the school website under the Academics tab. Chinese DLI is open to anyone in the district, not just those living in the Fiddlers Canyon boundaries.

Don't forget to follow the Fiddlers Canyon Elementary PTA page on Facebook for more updates and highlights!

Iron Springs Elementary

Iron Springs Elementary Students have been busy learning, growing and celebrating

together! February started off with our SEP's and Book Fair. We are so grateful for our parents and the support that we receive.

Our 5th grade students have been working all year to learn more about our nation including the Gettysburg Address, Constitution, Preamble, State capitals and Presidents of the United States. This month they held a program to share this knowledge with the rest of the school. It included a special flag ceremony and patriotic music. They did a spectacular job!

Tuesday 2/22/22 did not pass without celebration! At 2:22 we held a 2-minute dance party out on the playground. February is also when our 4th and 5th grade Spelling Bee is held. We would like to Congratulate all who participated! Congratulations to Derek Allen, Charlotte Wood and Maddie Cowley who made it to the top.



Three Peaks Elementary

The Three Peaks Elementary fifth grade students held their annual Patriot Awards program on February 24, 2022. Our United States has enjoyed a rich history which dates back to the late 1700's. Many key figures have played a large role in the birth of our country and in the patriotic movement that we have enjoyed since the country was formed in 1776. As citizens it is important to know what patriotism is and why it plays an important role in our history. Each 5th grade student had the opportunity to memorize and become familiar with important documents and symbols of our country. For example; reciting the Gettysburg Address, memorizing the order of US Presidents, recognizing United States and Utah symbols, naming all 50 states and capitals, the Presidential Oath of Office, etc. We would like to congratulate our 5th grade students and let them know how proud we are of them and the hard work they have done to prepare for this year's Patriot Program. A big thank you to the 5th grade teachers for getting this big event ready - Mr.

Jason Robison, Mrs. Tiffany Young, Mrs. Debbie Melling, and Mrs. Sherrie Mackelprang.



We will celebrate Dr. Seuss Week February 28-March 4. Thing 1, Thing 2, and the Cat in the Hat will be reading to all grade levels on March 2. Other festivities include pajama day with treats, a read-a-thon, and dressing up each day to go with a theme from a Dr. Seuss book. Thank you to our PTA for planning this fun week.

Enoch Elementary

Students at Enoch Elementary combined art and science as they studied plants this week. Art teacher, Mrs. Kirsten Anderson, encouraged students to become scientists as they observed and analyzed plant life. Then students became artists as they meticulously stretched the parts of the plants. These scientific drawings will be displayed in the halls in preparation for Family Engagement Art Night.



schools

NEWS from the NEST

Hello Iron County. The Nest has a few exciting announcements for you! On February 21st, the Falcon Football family welcomed Burke Miller as the new Head Coach of the Varsity Football team. According to Jeff Rushton, Falcon Football Booster President, "Coach Miller has many years of football experience. He was an assistant at SUU, he has served as a QB coach, offensive assistant and most recently the freshman head coach at Canyon View's youth football program for over five years." Along with the boosters we are thrilled to have Coach Miller and very excited for the future of the football program at Canyon View.

This year's theme for Prom was announced last week. McKinlee Urie, this year's Junior Class President, said that the dance will be "Out of This World. The theme itself is intergalactic. The night will definitely be euphoric. Our goal is to host something no one has ever experienced before. It is going to be very fun! We are very excited about it!"

Speaking of shaking your groove thing...Canyon View is holding a stag dance March 4th to raise

"Our goal [for Prom] is to host something no one has ever experienced before. It is going to be very fun!"

funds for a local cancer patient. Canyon View Student Government invited both Parowan and Cedar High Schools. Katelyn Pace has been hard at work since our annual Student Government Car Wash to raise funds for this charitable event. Katelyn is Canyon View's Service Rep. She is one of the hardest workers Student Government has ever seen. We are so thankful for her dedication to the Nest.

February 23, CV held its 2nd annual Sterling Scholar Reception. This event was held to honor the Sterling Scholars and all of their hard work throughout the years. It is a chance for the students to showcase their portfolios which highlight their academic, civic, and school achievements. Debra Cutler, member of the Sterling Scholar Board at CV, explained the reception is a way for the community to see the caliber of people we have representing Canyon View as Sterling Scholars.

Harlee Nicoll is Athlete of the Week. Harlee is a dedicated Athlete. She plays volleyball and Basketball. This 5'11" senior plays as a power forward and center on the Varsity Basketball team. She averages 9.6 points per game, 8.7 rebounds, 1.3 steals, and 1.3 blocks. Harlee has played in 19 varsity games. Big thank you to Harlee for helping the Nest compete in our new region this season.

Artist of the week goes to Zack Kle. Zack is a 4 year participant in the ceramics program at CV. Arts Rep, Sydney Bartlett commented, "He is always looking for new things to make, is always willing to help, and is eager to be in the studio." We are thankful to Zack for helping to make Canyon View a creative space.



BROOKLYN RUSHTON
ENGLISH STERLING SCHOLAR

An estate is more than just money

by Jeffery J. McKenna

FOR IRON COUNTY TODAY

Even if your children are grown with families of their own, you can probably remember scenes of sibling rivalry when they were younger. In some families, the competition continues into adulthood; for others, it decreases as children mature. But it can all come flooding back while trying to divide up your estate after your death, as your children argue over who gets what.

If you die without a will, a court will decide, based on state law, who will inherit your property. The result could well be contrary to your wishes. You have worked hard and accumulated assets - house, car, jewelry, investments, family heirlooms, etc. It is risky to simply expect your children to divide your assets evenly or work the distribution out for themselves. It is sure to create problems and mount expenses of probate, and your heirs will have to put up with court-appointed people making the family decisions.

While many people worry about the federal estate tax, the truth is most of us won't have a tax problem under the current tax laws. But there is another tax that should be considered when formulating your estate plan - the "family tax." The family tax should be of great concern. It is the emotional "tax" of the hard feelings paid by children and grandchildren when you do not express your wishes legally. It is also the financial price paid by charities that you would have gifted some of your assets to.

You can make it easy on yourself and your loved ones by taking a few simple steps to ensure that your estate is in order. Whatever the size of your estate, large or small, the first step is to have your intentions put in writing. You can do

this either in a basic will or a will plus the trust documents that will be needed to carry out your wishes. An estate planning professional can help you make the best decision for your individual financial and family situation.

Once you have a plan in place, it is usually a good idea to discuss your wishes with your family. If a family member has questions about the details, or has any quibbles, you can explain your reasons for structuring your estate plan as you have. Often a simple and direct explanation that makes sense to your family will set their minds at ease, and prevent future hard feelings. While your family shouldn't dictate your actions, they should be informed about them.

It is also a good idea to discuss division of your personal property. The method of making a list with a description of the property items and who you'd like to have them - with input from your children - can alleviate any hard feelings later.

Putting together an estate plan is not as daunting as it might seem at first, and it pays big dividends in the long run. Not having an estate plan in place can cost you not only in dollars and cents, but could also cost you family discord.



GETTY IMAGES

Jeffery J. McKenna is a local attorney whose practice has been focused on Estate Planning for over 20 years. He is licensed and serves clients in Utah, Arizona and Nevada. He is a shareholder at the law firm of Barney, McKenna and Olmstead. If you have questions you would like addressed in these articles, please feel free to contact him at 435 628-1711 or jmckenna@barney-mckenna.com or visit the firm's website at WWW.BARNEY-MCKENNA.COM, he would enjoy hearing from you. Now with a Panguitch Office at 46 North Main Street to Serve Clients in and around Garfield County.

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obituaries

Barbara Adams Esplin



Barbara Adams Esplin passed away on February 23, 2022, in Cedar City, Utah surrounded by her family. She was born on March 15, 1931, in Cedar City, Utah to Ralph and Ireta Adams. Barbara married Garth Wendell Esplin on June 10, 1949, later solemnized in the St. George Temple. They raised 6 children.

Barbara was a faithful member of The Church of Jesus Christ of Latter-day Saints. She served in many capacities but her favorite calling was teaching primary. She was also a

member of the Daughters of the Utah Pioneers. Barbara enjoyed knitting, crocheting and gardening. Red roses were her favorite.

Her family was her number one priority. She loved her children, grandchildren, great-grandchildren and great-great-grandchildren. She had the opportunity to raise her granddaughter, Brittny. She was close to her nephew and niece, John Logan and Renee Rawlings.

Barbara is survived by her children Robert Esplin (Shelley) of Cedar City, UT, Gayle Esplin of Cedar City, UT, Jennifer Alger (Don Ray) of Cedar City, UT, Janice Oviatt (Jim) of Ivins, UT, Jackie Blake (Randy) of Enoch, UT; 12 grandchildren and 21 great-grandchildren, and 3 great-great-grandchildren.

She was preceded in death by her parents Ralph and Ireta Adams, her husband Garth Esplin, son David W. Esplin, brother Gerald Adams and sister Lola Peshel.

Funeral services will be held on Friday, March 4, 2022, at 11 am at the Cedar 4th Ward Chapel (500 W. 400 N. Cedar City, UT). Viewings will be held on Thursday, March 3rd from 6-8pm at Southern Utah Mortuary (190 N. 300 W. Cedar City, UT) and Friday March 4th from 9:30-10:30 am at the church. Interment will be at the Cedar City Cemetery under the direction of Southern Utah Mortuary. Livestream of the funeral will be available. Online condolences can be sent to www.mortuary.org.

Judith Ann (Reynolds) Guertler



Judith Ann (Reynolds) Guertler, age 79, passed away on February 21, 2022, in Murray, Utah. She was born on June 30, 1942, in Elkhart, Indiana to Howard and Helen (Pletcher) Reynolds.

Judy's family moved from Indiana to Escondido, California. Judy graduated from Escondido High School. Shortly after graduation she married Larry Welburn. Together they had four children. Judy was a wonderful stay at home Mom, who loved to sew, bake amazing pies, play games, host parties, and read. She always kept a

beautiful and welcoming home. They raised their family in the rolling hills of Fallbrook, California. They later divorced.

Judy fulfilled a dream of owning her own frozen yogurt shop. She later sold that business and continued her career as a dental office manager. It was during this time period she met, and fell in love with, David Guertler. Judy and David married in 1991. They were sealed a year later in the San Diego Temple. They had many wonderful adventures together.

She was a faithful member of The Church of Jesus Christ of Latter-day Saints. Judy served in many callings throughout her life in the church, from multiple Relief Society Presidencies to Gospel Doctrine Teacher. One of her greatest joys was serving as a World Wide indexing missionary. She loved Family History work. She had a strong testimony and deep love for her Savior Jesus Christ.

Judy is survived by her husband of 31 years, David. She is also survived by her five children, daughter, Norine (Alan) Rogers; sons, Ken (Sandy) Welburn, James (Traci) Welburn, John (Debbie) Welburn, and step-daughter Anna (Josh) Wrobel; 22 grandchildren and 9 great-grandchildren with 3 more on the way. She will be missed by many other relatives and friends.

Funeral Services were held on Saturday, February 26, 2022, at the Midvalley 2nd Ward at 1:00 p.m. Family. Friends were invited to call Friday, February 25, 2022, from 6:00p.m. - 8:00p.m. at the church and again on Saturday from 11:30-12:30p.m. prior to services. Interment was at the Cedar City cemetery, under the direction of Affordable Funeral Services, 2002 North Main Street, Cedar City, Utah (435-586-3456).

The family wishes to thank the doctors and nurses who cared for Judy over the last month, especially the staff and team at Intermountain Medical Center Respiratory I.C.U.

Online condolences can be sent to www.affordablefuneralservices.com. The link to the on-line service was provided at the above website.

Kathryn Hunter Adams



Kathryn Hunter Adams age 88, passed away on Saturday, February 19th at her home in Cedar City surrounded by family. For 14 years she struggled with complications from a stroke leaving her paralyzed. With all those challenges she was always upbeat and positive.

Kathryn was born July 27th, 1933, to George M. Hunter and Pauline Wood Hunter in Cedar City, Utah. She was the youngest of six. Kathryn married William Gary Adams on June 28th, 1952, in Cedar City and their marriage

was later solemnized in the St. George Temple.

Kathryn worked as a medical receptionist for many local doctors. She served as a ward and stake librarian in the Cedar Stake for the Church of Jesus Christ of Latter-day Saints. She was the president of Cedar Lady Elks 1969 and then served as Utah President of Lady Elks from 1970-1971. Kathryn and Gary enjoyed their square dancing years, entertaining at her home and at their cabin, but most of all she adored being a grandma and helped taking care of her grandkids.

She is survived by her two children, Craig Gary Adams, Paula Parry (Kendall). Grandchildren: Brennon Adams (Christie), Amanda Wiedmeier (Levi), Shaylee Lamoreaux (Kenneth), Emalee Adams, Shawn Adams (Jessica), Brady Parry and 8 great-grandchildren, and many nieces and nephews that loved her.

She was preceded in death by her parents, sisters Norine Bell, Georgia Merrill and her brothers, Clyde, Antone and Richard Hunter.

Her family would like to thank Ethan Bunker and the staff at Sun Tree Home & Hospice, and Dr. Mark Corry. Special thanks to Mikayla Mineer and Aliselyn Maxfield for the daily tender care.

Funeral services were held on Friday, February 25th at 11am at the Southern Utah Mortuary (190 N. 300 W. Cedar City, Utah) with a viewing the same day from 9:30am-10:30am prior to the funeral services. Interment was in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Livestream of funeral will be available. Online Condolences can be sent to www.mortuary.org.

LaRae (Williams) Romberg



LaRae (Williams) Romberg from Parowan Utah was called home to her Heavenly Father on February 25, 2022.

She was a faithful member of the Church of Jesus Christ of Latter-day Saints. LaRae was born in Parowan Utah on June 3, 1933.

She was a beloved wife to Lowell Howard Romberg who preceded her in death (10 May 2005). Also preceding her death were her sons-in-law: Kenneth "Craig" Cox (4 July 2019) and Robin Randall Smith (7 September 2019).

LaRae's talents were many, among those, she was an accomplished seamstress and excellent cook. She loved to travel and saw many beautiful sites in many countries around the world.

She especially loved being with her family on summer vacation at Clearlake, in California.

She took pride in her children and grandchildren's accomplishments and successes.

She was a member of "Daughters of Utah Pioneers, Camp Elizabeth, Historical Society". She had keen memories of her pioneer heritage and ancestors and told stories of them up until the end of her life.

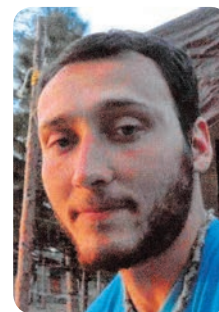
She was known to have taken many into her home to live and helped anyone in need. She definitely showed Christ-like love toward everyone.

She is survived by her four children, Karen Ann Eury, Linda Rae Smith, Kenneth Alan Romberg (Valerie) and Janet Elaine Cox. Many Grandchildren and Great-Grandchildren. Until we meet again we love you LaRae.

Funeral Services will be held on Saturday March 5, 2022, at 11:30 am at the Parowan 2nd ward building (59 South 100 West, Parowan, Utah). There will be a viewing held at the same location from 9:30-11:00 am just prior to the services. Interment will be in the Parowan Cemetery Under the direction of Heartlight Affordable Funeral Services.

Online condolences can be sent to her memorial page at www.affordablefuneralservices.com.

William McCrae Schmutz



William McCrae "Crae" Schmutz, 29, began his mortal sojourn in Cedar City, Utah, as the youngest of seven.

His love for the outdoors grew as he spent time with family up the mountain, at the beach, and on the ranch, surrounded by the wonders of nature, sleeping under stars, and singing around a campfire as Mom played her guitar.

Crae attended Cedar High and Southern Utah University's SUCCESS Academy, but most of his learning came through life experiences. He left home with a backpack and guitar, anxious to

see the world. He lived and loved freely, and embraced the unknown.

He appreciated good music and conversation, and shared his signature songs and smile with strangers who quickly became friends. Crae had a unique compassion for humankind, and saw the best in everyone.

He fell in love with Becca Castanon, and they welcomed a daughter, Piper Luree Lindley Schmutz, in 2020. Her arrival was the highlight of his life.

He died in El Paso, Texas on February 1, 2022, doing what he loved—riding the rails with his dog, Nikolai.

Crae is preceded in death by his grandparents, Eldon and Luree Schmutz, and McRae Bulloch, and his stepmother Elyce Jones Schmutz.

He is survived by his daughter, Piper; parents, Brad Schmutz, (Darla) and Zhailaa Rei; and siblings, Cade (Val), Terrin (Ammon), Kina (Ben), Lehn, Trent, and Taylor; and grandmother, Lillian Bulloch.

A private service was held for Crae on February 24, 2022, and he was laid to rest in New Harmony, Utah.

"Why is it that man sits stagnant, as their spark and inspiration dwindles and dims? It's in seeking out the depths of that which we do not know that we grow." - Crae

Lisa W Adams



Lisa W Adams peacefully passed away in the loving arms of her devoted husband Robert "Bob" Adams, February 15, 2022, at the SGRH in St. George Utah.

An informal memorial service will be held for friends and family to attend on Saturday March 5, 2022, from 1:00 pm to 3:00 pm at the Social Hall 212 N. Main Street St. George, Utah.

Please visit www.mcmillanmortuary.com for a detailed obituary and to express condolences.



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faith

Hope and the repentant thief on the cross – Part 7

by *Edy Meredith*

FOR IRON COUNTY TODAY

The most touching narrative in the Bible could be said to be in Luke 23:32-43. Prior to that, Jesus had been taken at nightfall, kept up all night in a trial before the Sanhedrin, beaten until He was almost unrecognizable, taken before the Roman governor for sentencing, and then in debilitating and beaten condition, Jesus was made to carry His cross (sometimes called a tree) to the crucifixion site where His body was attached, crucified, and died.

There on the place called The Skull, Jesus was crucified between two thieves (robber criminals). Even the two criminals His cross was between at first mocked Him along with the Roman soldiers. In verse 39, one of the criminals continued to mock and hurl abuse at Him, saying, "Are you not the Christ? Save

Yourself and us."

In verse 40 one of the thieves said to his fellow thief, "Do you not even fear God since you are under the same sentence of condemnation. And we indeed are suffering justly, for we are receiving what we deserve for our deeds; but this man has done nothing wrong." Turning toward Jesus, this thief said, "Jesus, remem-

We know from other places in the New Testament that Jesus had the power to forgive sins while on His earthly ministry. The New Covenant (New Testament) was about to be sealed with the blood of Jesus at His death on the cross shortly after He spoke with forgiveness to the repentant and remorseful thief next to Him who may have previously

the promised Messiah, with great authority to forgive sins and give the sinner a new start even at the point of the sinner's death. In the New Testament, "paradise" is simply another word for heaven, the dwelling place of God. Just as Jesus and His believers (including the thief next to Jesus on the cross) are in heaven, so can we be there with our loving Creator God. The only thing keeping us out of heaven is our sin, but Jesus the Messiah, also called Christ from the Greek, paid the price for humankind's sin and took the penalty for our sins (the wages of sin is death) away by His death on the cross when we trust Him alone for our justification and sanctification (also called salvation in the Bible).

Please open your heart to Him today and in doing so, you will understand who He is, and He will also know you, and someday you will also be with Him in the paradise of Heaven.

DIFFICULT QUESTIONS & TRUTH 101.58

ber me when You come into Your Kingdom!"

While Jesus was experiencing the physical, emotional, mental, and spiritual agony of death on the cross, He still expressed the divine nature of His love for humankind showing His compassion to the repentant thief next to Him. Jesus said to this thief, "Truly I say to you, today you shall be with Me in Paradise."

heard the teachings of Jesus. Yes, this thief may have known the teachings of Jesus and that He was the promised Messiah and demonstrated through his attitude and words that he regretted his past deeds with anguish, grief, sorrow, and remorse.

I think that possibly we might take a teaching from this historical event that it is never too late to admit to knowing who Jesus is,

Community Bible Study starts March 10

NON-DENOMINATIONAL

from *Cheryl Disney*

FOR IRON COUNTY TODAY

A Precept Upon Precept Bible Study will be held at the Cedar City Public Library (303 N 100 E). The class will begin on March 10, from 1-3 pm. It will include a 10-week study of James, "A Faith That's Real." Workbooks are \$22.50 and may be picked up once you register. Lesson 1 will be discussed in class the first week.

James, A faith that's real; What is true faith? How should you live the Christian life? Each verse of this practical study is alive with instructions, admonition, and encouragement. Learn God's principles for dealing with trials, temptations, the tongue, and the pull of the world. Precept Upon Precept studies take a straight-forward investigative approach to Bible study.

The inductive method will lead attendees to discover truth for themselves by using three skills; observation, interpretation and application. These studies consist of homework, discussion, and DVD lecture by Bible teacher Wayne Barber.

Precept Bible studies are nondenominational. Interested students may call 435-267-2234 or 435-238-3078 for information or to register. Information about Precept Ministries International can be found at www.precept.org.

"The Hurt & The Healer" (MercyMe)

GOD'S playlist

Corey Baumgartner

news@ironcountytoday.com



"Why?" At some time in each of our lives, especially when our trials and tragedies seem too great to bear, we've asked this question—honestly or bitterly—from the depths of our despair. There a million different "Why's" and it seems a million different ways to answer them, but there is really only one answer to every hurting heart; that answer is the Love of Jesus Christ.

(Matthew 5:4) says that, "Blessed are they that mourn, for they shall be comforted." And who comforts them? I know as family, friends and neighbors we strive to do our best—even in our own weakness—to comfort those in need, whether it's the loss of a job, a dream, or a loved one.

Nevertheless, when our hearts and souls are wounded, they need the comfort and consoling that can only come from our Savior, Jesus Christ. Our suffering (no matter what it is) needs His Light and Love above all. It is here where the hurt and the Healer collide. It is here where our hurting humanity is "overcome by majesty" and His grace begins to heal our wounds within.

The Lord will sustain and steady each of us

through our trials (1 Peter 5:10). While the pain can be excruciating during our individual crucibles, it is comforting and reassuring to know that we are not alone in our times of need. When a part of us dies, the Lord fills in that space with His mercy and grace.

There's another powerful part of the beauty and mercy that comes from the miracle of His holy help and healing. We don't have to understand how it all works for it work, or even to receive it. We don't have to have our life all together before we reach out for His healing hands, or He reaches out for ours. We need only turn our hearts to the Lord and invite, allow Him to help replace our ashes for beauty Isaiah 61:3).

As each pain is personal, so too is His healing process. There is no template or timetable for healing. While each heart is different, one thing remains sure, God's love for you.

As you are willing to let Him help you endure your Garden of Gethsemane, even your own cruel cross, He will be with you and through His grace, your sorrows shall be turned to joy (John 16:20).

What a beautiful verse and promise. That is why even in our darkest hours we must not give up.

We must faithfully look up and lift up our hearts fixed on the Lord and He will lift us up and carry us through (2 Corinthians 4:16-18). He carried (and conquered) His cross so He could help us carry (and conquer) ours. No matter what you're struggling or suffering with this week, even right now, let your hurt and the Healer collide. He's there for you. He will take your heart and breathe it back to life.

"We need only turn our hearts to the Lord and invite, allow Him to help replace our ashes for beauty."

sports

SCORES + RECAPS FROM IRON COUNTY COMPETITION

Rams finish sixth at 2A boys tourney

by Tom Zulewski

IRON COUNTY TODAY

Drake Robinson scored 19 points to lead three players in double figures as the No. 6 Parowan Rams avoided elimination from the 2A state basketball tournament with a 78-69 victory over the Millard Eagles on Feb. 25 at the Sevier Valley Center in Richfield.

The run at state for Parowan ended with a 49-46 loss to Region 19 foe South Sevier on Feb. 26. The red-clad Rams, who were seeded fifth, rallied from a 10-point third-quarter deficit and closed the game with an 8-0 run to secure the fifth-place finish.

Parowan's Brock Felder led the Rams with 25 points in tough battle against the Enterprise Wolves.

RUN AT STATE ENDS WITH 49-46 LOSS TO SOUTH SEVIER

Against the No. 2 Eagles, Parowan raced out to a 33-20 halftime lead and was able to kick the offense into high gear in the second half to eliminate Millard (19-6) with its second loss of the tournament. Braden Bettridge added 17 points and Brock Felder helped out with 15.

Hunter Rhodes led all scorers for Millard with 23 points, but the Eagles had just two free-throw attempts in the game.

In the quarterfinal round played Feb. 24, the Enterprise Wolves broke open a tight game by outscoring the Rams 26-9 in the fourth quarter to pull away to a 60-41 victory. Felder led Parowan with 25 points, but the team couldn't sustain any momentum after outscoring the No. 3 seed Wolves 13-4 in the second quarter to take a 21-16 lead at the half.

Parowan finished its season with a 14-10 overall record.



DAVID MINEER, SR.

DIXIE RALLY ENDS REDS REPEAT DREAMS

by Tom Zulewski

IRON COUNTY TODAY

The Cedar Reds knew what was at stake in the quarterfinals of the 4A state basketball playoffs. As the defending champion, they sent a message to the No. 2-seeded Dixie Flyers by building a lead that lasted through the first three quarters of the game.

4A QUARTERFINALS



Dixie

41



Cedar

34

Cedar	12	9	3	10	--	34
Dixie	5	4	11	21	--	41

Cedar - Santana 11, Rogers 9, Munson 5, Bronson 4, Albrecht 3, Garrett 2. Totals 12 6-8 34. 3-pointers - Rogers 3, Munson 1.

Dixie - Carter 14, Roberts 12, Lemke 10, Webb 5. Totals 15 8-18 41. 3-pointers - Carter 1, Roberts 2.

When the fourth quarter came around, the Flyers found another gear and found a way to advance.

Grant Carter led all scorers with 14 points, and Dixie put together a fourth-quarter rally that helped them secure a 41-34 victory over Cedar on Feb. 21 at Burns Arena in St. George. The Flyers beat the Reds for the 14th straight time overall.

For the longest time, Cedar (13-11) looked every bit like a defending champion, racing out to a 12-0 lead in the first quarter and building a 21-9 advantage at the half.

Once the second half began, the Flyers started their charge and the Reds offense went cold. Cedar managed only a 3-pointer from senior Aaron Munson

see REDS » 25

T-Birds explode in 2nd half, stun Montana, 82-74

by Trevor Marbut

ASST. DIRECTOR, ATHLETIC COMMUNICATION

CEDAR CITY, — John Knight III had 26 points in his final game in the America First Event Center, and the Southern Utah University men's basketball team out-scored Montana by 24 points in the second half to erase a 16-point halftime deficit in one of the most memorable senior nights in program history.

After the T-Birds (18-9, 12-5) jumped out to a 4-0 lead to start the game, Montana used a 13-4 run to take a 5-point lead and continued to

to send one of the strongest senior classes in program history out on a loss in their final home game, putting on an incredible display of basketball over the final 20 minutes.

The Thunderbirds set the tempo on defense, holding Montana to just nine made field goals and one made three-pointer for the entire second half. Southern Utah was able to simultaneously find their stroke on the offensive side of the floor in the final 20 minutes, shooting a scorching 61.3 percent from the field (19-31), and 62.5 percent from three (5-8).

minutes of play to completely take over the game. Senior Nick Fleming capped off the run by drilling a contested three-pointer with the shot clock winding down, energizing the arena and giving SUU a 9-point lead, their largest of the contest.

Southern Utah continued their strong play over the final five minutes of the game to secure Coach Todd Simon's 100th career victory, and shock the Grizzlies. The win was Southern Utah's 17th of the season and 12th victory in Big Sky play. With Northern Colorado and Weber State both dropping games tonight, the T-Birds now hold sole possession of second place in the conference standings. SUU also clinched a first-round bye in the Big Sky tournament with the win tonight.

It was a complete team effort from Southern Utah, as nine different T-Birds scored in the game, with six different players contributing at least six points.

Notable Stats:

Southern Utah was able to get into the lane all night long, scoring 46 of their 82 points in the paint.

The Thunderbirds received 18 points of contribution off the bench, with Fleming (8) and Aanen Moody (6) leading the way.

Southern Utah dominated the glass, pulling down 38 rebounds to Montana's 27.

Jason Spurgin recorded the first double-double of his career, with a 15-point, 14-rebound performance, while also dishing out 4 assists.

Fausett scored all 13 of his points on the night in the second half.

The victory was the 100th career win for Head Coach Todd Simon.

Tonight marked Dre Marin's record 67th home game in a Thunderbird uniform.

The 16-point comeback win was the largest of the season for SUU.

Up Next:

The Thunderbirds will close out the season with games against Idaho State and Weber State, on March 3 and March 5.



During SUU's Senior Night victory, John Knight III scored 26 points in his last home game as a T-Bird.

SUU ATHLETICS

build upon that throughout the first half. The Grizzlies (17-11, 10-7) were on fire in the first period, shooting 55.6 percent from the field (15-27) and 63.6 percent from three (7-11) to take a 44-28 lead into the break.

Despite struggling on both sides of the floor in the first half, Southern Utah refused

Tevian Jones scored a tough basket on a driving layup to open up the half, and SUU chipped away at the lead over the next 5 minutes, trimming it down to just 10 off of a made basket by Maizen Fausett with 14:58 remaining. The T-Birds started to build momentum and ripped off a 27-8 run over the next 10

PREP SCOREBOARD

SCORES

Region 10 Boys Basketball

- 2/21 **4A PLAYOFFS, QUARTERFINALS**
At Dixie State University
Dixie 41, Cedar 34
Sky View 66, Crimson Cliffs 58
Snow Canyon 58, Hurricane 34
Ridgeline 75, Green Canyon 44
- 2/22 **4A PLAYOFFS, SEMIFINALS**
Snow Canyon 47, Sky View 45
Dixie 56, Ridgeline 47
- 2/23 **4A PLAYOFFS, CHAMPIONSHIP**
Snow Canyon 50, Dixie 41

Region 12 Boys Basketball

- 2/24 **3A PLAYOFFS, QUARTERFINALS**
At Weber State University
Juan Diego 49, Morgan 43, OT
Layton Christian 58,
Summit Academy 37
Manti 61, Am. Leadership 36
Grantsville 35, Ben Lomond 34
- 2/25 **3A PLAYOFFS, SEMIFINALS**
Grantsville 65, Manti 45
Layton Christian 80,
Juan Diego 69
- 2/26 **3A PLAYOFFS, CHAMPIONSHIP**
Layton Christ. 48, Grantsville 46

Region 19 Boys Basketball

- 2/24 **2A PLAYOFFS, QUARTERFINALS**
At Sevier Valley Center, Richfield
Enterprise 60, Parowan 41
Rowland Hall 51, S. Sevier 42
San Juan 69, Rockwell 58
Kanab 54, Millard 50
- 2/25 **2A PLAYOFFS, SEMIFINALS**
Enterprise 57, Kanab 42
San Juan 60, Rowland Hall 34
- 2/26 **2A PLAYOFFS, CHAMPIONSHIP**
San Juan 45, Enterprise 44

Region 10 Girls Basketball

- 2/21 **4A PLAYOFFS, QUARTERFINALS**
At Dixie State University
Green Cyn. 59, Snow Cyn. 38
Ridgeline 56, Dixie 25
Desert Hills 56, Hurricane 38
Sky View 52, Mtn. Crest 39
- 2/22 **4A PLAYOFFS, SEMIFINALS**
Desert Hills 55, Sky View 43
Ridgeline 53, Green Canyon 41
- 2/23 **4A PLAYOFFS, CHAMPIONSHIP**
Desert Hills 58, Ridgeline 55, 2 OT

Region 12 Girls Basketball

- 2/24 **3A PLAYOFFS, QUARTERFINALS**
At Weber State
Morgan 45, Emery 42
Judge Memorial 57, Carbon 33
Richfield 49, Union 37
Layton Christian 43, Grantsville 40
- 2/25 **3A PLAYOFFS, SEMIFINALS**
Judge Memorial 63, Morgan 54
Richfield 43, Layton Christian 39
- 2/26 **3A PLAYOFFS, CHAMPIONSHIP**
Judge Memorial 43, Richfield 37

Region 19 Girls Basketball

- 2/24 **2A PLAYOFFS, QUARTERFINALS**
At Sevier Valley Center, Richfield
N. Summit 58, Draper APA 48
South Sevier 40, Beaver 36
Kanab 52, North Sevier 35
Millard 50, Duchesne 43
- 2/25 **2A PLAYOFFS, SEMIFINALS**
Kanab 47, Millard 36
South Sevier 43, N. Summit 41
- 2/26 **2A PLAYOFFS, CHAMPIONSHIP**
Kanab 47, South Sevier 37

STANDINGS

Region 10 Boys Basketball

	REGION	OVERALL
Snow Canyon (1)	10-2	24-2
Dixie (2)	9-3	19-6
Crimson Cliffs (5)	7-5	14-9
Cedar (7)	6-6	13-11
Hurricane (8)	4-8	12-12
Pine View (9)	3-9	8-14
Desert Hills (10)	3-9	7-15

Region 12 Boys Basketball

	REGION	OVERALL
Canyon View (12)	7-1	11-13
Carbon (14)	6-2	10-11
Richfield (15)	4-4	8-13
Emery (17)	3-5	7-15
Grand (20)	0-8	5-18

Region 19 Boys Basketball

	REGION	OVERALL
San Juan (1)	7-3	21-5
South Sevier (5)	7-3	16-8
Parowan (6)	7-3	14-10
Enterprise (3)	6-4	19-7
Kanab (10)	3-7	14-11
Beaver (16)	1-9	6-16

Region 10 Girls Basketball

	REGION	OVERALL
Desert Hills (2)	12-0	19-4
Snow Canyon (4)	10-2	16-7
Cedar (7)	6-6	11-10
Dixie (9)	5-7	9-13
Hurricane (10)	4-8	10-14
Pine View (8)	4-8	8-14
Crimson Cliffs (12)	1-11	4-18

Region 12 Girls Basketball

	REGION	OVERALL
Richfield (2)	5-1	20-4
Emery (4)	4-2	19-6
Carbon (8)	2-4	13-10
Canyon View (11)	1-5	7-12

Region 19 Girls Basketball

	REGION	OVERALL
Beaver (1)	10-0	21-3
Kanab (2)	8-2	20-4
South Sevier (8)	5-5	13-12
Parowan (12)	4-6	10-14
Enterprise (13)	3-7	9-15
San Juan (19)	0-10	3-21

REDS

« CONTINUED FROM PAGE 24

in the third quarter, but still held on to a 24-20 lead with only eight minutes remaining.

Dixie started the final period with a 3-pointer from Carter that gave them their first lead of the game at 25-24 early in the fourth.

Cedar stayed well within range, especially when Zab Santana (11 points) scored off a steal to cut the lead to 36-34 with one minute

remaining, but it would be all Flyers after that as they converted two layups in a clinching 5-0 run that ended the Reds' season.

Dixie scored 21 points in the fourth quarter against Cedar, surpassing the combined total from the first three quarters. The Flyers also overcame an 8-for-18 shooting effort at the free-throw line in the win.

Dixie finished the season 19-6 overall after falling 50-41 to Snow Canyon on Feb. 23 in the 4A championship game.

SUU drops final road contest at Montana

by Tyler Roper

SUU ATHLETICS STRATEGIC COMMUNICATION

MISSOULA, Mont. — The Southern Utah University women's basketball team dropped its final road contest of the 2021-22 season Thursday when it suffered a 71-46 defeat at Montana.

The T-Birds dropped to 16-11 for the season and 12-6 in Big Sky play. Montana improved to 17-9 for the year and 10-7 in league competition.

Despite the setback, Lizzy Williamson had a productive game for the Thunderbirds in the form of 14 points, eight rebounds and five blocks on the defensive end. The Australian center also came away with two steals. Cherita Daugherty and Madelyn Eaton also had solid scoring nights for SUU with 10 points apiece. Daylani Ballena ran point for Southern Utah and dished out five assists while scoring

seven points of her own. Without forward Darri Dotson in the lineup, the T-Birds struggled in the battle down low. Montana outrebounded Southern Utah 40-28, including a 12-5 advantage on the offensive glass. The Grizzlies also outscored the Thunderbirds 38-20 in points in the paint. The SUU bench struggled to score with Eaton thrust into the starting lineup as the reserves could only manage two points compared to Montana's 26.

The T-Birds will look to rebound when they host Idaho State tonight. Tip-off is scheduled for 6:30 p.m. MT with a live broadcast available on ESPN+.

For all the latest on Southern Utah women's basketball, follow @SUUWBasketball on Twitter and Instagram, and like the Southern Utah Women's Basketball Facebook page.



Hailey Vultaggio floored the audience with her routine and helped the Flippin' Birds stay undefeated at home with her career high of 9.925.

SUU ATHLETICS

T-Birds use 196.675 to stay perfect at home

by Tyler Roper

SUU ATHLETICS STRATEGIC COMMUNICATION

CEDAR CITY — Down .500 heading into the final rotation, the Southern Utah University gymnastics team needed a big floor rotation to pull out its fourth-straight home victory, and the T-Birds delivered with a 49.475 to go on and defeat Boise State by a score of 196.675-196.225.

The Flippin' Birds remained perfect at home with the victory and avenged a loss to Boise State from earlier in the season.

VAULT (49.075)

Rachel Smith started what would prove to be a strong individual evening with a team-high 9.875 on vault. She was followed by Hailey Vultaggio who strung together a career night, starting with a personal best 9.825 in the first rotation. Anna Hartley and Stephanie Tervort also contributed identical 9.800s.

BARS (49.375)

Karley McClain led Southern Utah in the second rotation by setting a career high with a 9.925 on her bar routine. Nikki Thomas stepped up big in the event for SUU, tying a season high with a score of 9.875. Aubri Schwartz and Shylen Murakami then matched Tomas' output themselves by recording the same marks of 9.875.

BEAM (48.750)

Beam proved to be the T-Birds' toughest rotation of the night, but it also produced one of the best individual scores of the meet. Murakami tied a career-best performance when she led off the event with a score of 9.925. Vultaggio posted the next-highest score at 9.875, and Smith notched a 9.850.

FLOOR (49.475)

Needing their biggest rotation of the night to have a chance at winning the meet, Vultaggio, Schwartz and Hannah Nipp all delivered by hitting the 9.900 mark. Vultaggio set a career high when she scored a 9.925, and Schwartz did the same by tying her career best at 9.900. Nipp was the last routine of the entire meet, and she saved the best for last by tying her career high of 9.950. Nipp's score also matched the school record which she and several others hold together.

The Thunderbirds will now travel for their furthest meet of the entire season when they head to Pennsylvania for a quad meet on Saturday, March 5. SUU will face host Penn State along with Denver and Cornell. The meet begins at 5 p.m. MT.

For all the latest on Southern Utah gymnastics, follow @SUUGym on Twitter, @SUUGymnastics on Instagram, and like the Southern Utah Gymnastics Facebook page.



SUU ATHLETICS

SUU's Cherita Daugherty and the Lady T-Birds look to bounce back strong against Idaho State tonight.

A CHANGE THAT'S OVERDUE

With the high-school basketball season in the rear-view mirror – at least in our corner of the state – the playoffs provided us many stellar examples of why the 35-second shot clock can't get here fast enough.

Teams that relied on offenses that scored in bunches suddenly took the air out of the ball. Some had shots that just didn't fall, and the lack of accuracy proved contagious. Regardless of the classification, the exhibits of games lacking scoring from the just concluded postseason are plentiful.

Our primary game that screamed for a shot clock was Cedar's 4A quarterfinal game against Dixie on Feb. 21. The 41-34 loss to the Flyers was cringe-worthy because not only was it a season-low in points for the Reds – the previous was 40 against Dixie on Feb. 2 – but nearly half below its average of 62.8 points per game. Dixie wasn't any better. They only cleared 40 points with a pair of late baskets inside the final minute, and the late burst helped it avoid its season low in points in a 39-38 win over Desert Hills on Jan. 28. Even with that on the ledger, the Flyers averaged 57 points per game. Ironically, Dixie was held to 41 points a second time in the playoffs and lost the championship game to Snow Canyon on Feb. 23.

In the 3A quarterfinals at Weber State, No. 3 Grantsville outlasted Ben Lomond in a 35-34 slog-fest Feb. 24. The Cowboys beat its previous season low by three points – a 39-38 loss to Ogden on Feb. 4 – and the output was 24 points below its season average of 59 ppg. Grantsville made it to the 3A final, but suffered a 48-46 loss to Layton Christian on Feb. 26. It wasn't a season low in points for the Eagles – they scored 47 in a Dec. 21 win over 5A school Timpanogos – but it was 21 below its season average (69).

The 2A championship game had San Juan barely getting past Enterprise, 45-44. The Broncos tied its season low in points, and they beat Hurricane by the same score at the Hodson Classic on Dec. 29. It was 24 points below their season average. The Wolves tied its season low in points as well, matching the output from a 46-44 loss to Parowan on Jan. 14. Enterprise averaged 61 points per game, so that drop-off is just as noticeable.

This lack of production should change with the shot clock when we become the 12th state in the nation to adopt it. Holding the ball for a minute or more won't be allowed, and learning the new rules will be an essential part of the teaching coaches will need to do to get ready for next season.

As Canyon View girls head hoops coach Jaycee Barnhurst told me when the news came out in January, teams are going to have to play for the full 32 minutes of a game, start to finish. That's what the players signed up for, and the new rule is more than welcome, even if it will take some time to get used to.

» **For the second year in a row, the Southern Utah men's basketball team** is closing in on a 20-win season. A second straight regular-season crown is not likely this time – the T-Birds would need a road sweep of the final three games, including a win at league leader Montana State on Tuesday – but a first-round bye for the conference tournament in Boise has already been secured.

The only question left, barring a collapse by the Bobcats, is where everyone will end up in the final seeding. Here are the details: Despite a loss to Montana on Sunday, the Bobcats stood at 13-4 and led the T-Birds (12-5) by a game, so all they need to do is beat them in Bozeman to clinch the crown

and the No. 1 seed for Boise. MSU beat SUU in Cedar City, so they would own the tiebreaker.

Unfortunately, that game was too late for press deadline, so there will be follow-up next week.

The T-Birds close the regular season with games at Idaho State on Thursday and at Weber State on Saturday. Right now, SUU leads both the Wildcats and Northern Colorado by a game in the loss column, but does not own the tiebreaker over either team. The Bears have already swept the season set with the T-Birds, and Weber State would do the same with a win in Ogden. SUU would not fall to any worse than No. 4 because Montana picked a bad time for a slump, having lost three of its last four heading into the matchup with its in-state rival. The Griz recovered and beat the Bobcats to improve to 11-7 in conference, likely clinching the No. 5 seed and the last first-round bye. Get the calculators out and brackets ready.

» **For the 18th straight year, I will be in Las Vegas for another NASCAR race weekend**, my 23rd in a row overall at LVMS. For the first time since the 2019 fall event, drivers will have to qualify to earn their spot in the field.

RANDOM thoughts

Tom Zulewski
IRON COUNTY TODAY



It all begins Friday afternoon when qualifying happens for the Camping World Truck Series Victoria's Voice Foundation 200 at 3 p.m. Utah time. The race itself starts at 7 p.m. and will air live on FS1. The XFINITY Series cars will also qualify Friday at 5 p.m. for the Alsco Uniforms 300, and that race happens Saturday at 2:30 p.m. on FS1. The Cup cars will qualify Saturday at Noon for the Pennzoil 400, and that race runs Sunday at 1:30 p.m. on Fox.

One of my favorite things from this year's schedule is that nine of the first 10 races will be on broadcast television. Fox is on Channel 13 locally, so as long as you have a good working antenna, all is well. If you have tickets and can visit the race in person, that's a huge bonus.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

TOM'S SPORTS TRIVIA

With the calendar officially in March, that can only mean one thing. The NCAA basketball tournaments – March Madness – are almost here. The dozen for this week drifts into the moments, upsets and other facts about the games that have us all screaming at – or ripping up – our bracket predictions. Enjoy and please remember...no wagering!

1. All good fans of college hoops should know the UCLA Bruins have won the most NCAA titles with 11. Which SEC school is second on the all-time list with eight, the last one coming in 2012?

- A. Florida
- B. Arkansas
- C. Kentucky
- D. LSU

2. Southern Utah is in its final season in the Big Sky Conference. Which team from the league was the most recent one to win a first-round game at the NCAA Tournament?

- A. Montana
- B. Weber State
- C. Idaho
- D. Northern Arizona

3. The T-Birds will be joining the Western Athletic Conference (WAC) next season. Other than Utah's run to the national title game in 1998, which of these former WAC schools was the most recent to reach the NCAA Tournament Sweet 16?

- A. Colorado State
- B. Wyoming
- C. New Mexico
- D. Nevada

4. Which of these schools was NOT part of the memorable NCAA Final Four in 1979, the year Michigan State won the title?

- A. Penn

- B. Marquette
- C. Indiana State
- D. DePaul

5. The ACC and the Pac-12 are tied for the most NCAA men's basketball championships with 15. Which conference is third on the list with 11?

- A. SEC
- B. Big Ten
- C. Big East
- D. Missouri Valley

6. Which Big Sky school reached the Elite Eight of the NCAA Tournament in 1977, the year Marquette won the title?

- A. Northern Colorado
- B. Idaho State
- C. Montana State
- D. Eastern Washington

7. Among the NCAA schools that have won a single women's basketball title, which one does NOT fit this list?

- A. Maryland
- B. Purdue
- C. South Carolina
- D. Notre Dame

8. Which school won the NCAA women's title the last time UConn failed to reach the Final Four?

- A. Rutgers
- B. Tennessee
- C. Texas A&M
- D. Louisville

9. Tennessee has appeared in every NCAA women's basketball tournament since it started in 1982. While Stanford and Georgia are tied for second on the list with 34, which school is fourth with 33 appearances?

- A. Texas
- B. North Carolina
- C. Vanderbilt
- D. Louisiana Tech

10. All four No. 1 seeds have reached the Women's Final Four four times in NCAA Tournament history. When did the most recent one happen – it featured UConn, Mississippi State, Notre Dame and Louisville

- A. 2012
- B. 2015
- C. 2018
- D. 2021

11. Which women's team reached the Elite Eight of the NCAA Tournament as a No. 11 seed in 2011? Its men's team had the same NCAA seed, but lost to BYU in the second round.

- A. VCU
- B. USC
- C. Missouri
- D. Gonzaga

12. Which WAC women's basketball program finished with a 24-0 record in 2021, but was not invited to the NCAA Tournament due to its Division I transitional status?

- A. Cal Baptist
- B. Seattle
- C. Utah Valley
- D. Grand Canyon

LAST WEEK'S ANSWERS

1. B: Jeff Gordon.
2. A: Trevor Bayne.
3. B: Two feet.
4. D: Michael Waltrip.
5. C: Kevin Harvick.
6. B: Dale Jarrett. Jarrett finished first from the pole position in 2000.
7. B: Two. Johnson won the 500 in 2006 and 2013.
8. D: 200. The Daytona track is 2.5 miles long.
9. A: 2019. There were 12 cautions for 47 laps in the race won by Denny Hamlin, his first of back-to-back victories in the 500.
10. B: Corvette.
11. C: Richard Petty.
12. A: Juan Pablo Montoya.

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OPEN MIC! ALL PERFORMERS WELCOME! OR ENJOY THE POETRY & songs of Bill Smith. Cedar City Library, East Wing on March 5 from 4:30pm-6pm. Questions, Call Bill at 559-471-6443

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Missing on 2/15/22 around 5 pm near 1400 North and 3800 West in Equestrian Pointe, west of Cedar City.



Chipped, fixed female, 60 pounds, main coloring is tan with black and white. Mixed breed (main features resemble Shepherd and Staffordshire Terrier --> which kind of looks like a Pitbull and some Rottweiler.) She was wearing a pink collar with her name and owner's phone number engraved on bone tag. Friendly upon approach. Name is Kira.

OWNER'S INFORMATION:

JEN LUNDGREN / 435-267-6622
climbingladybug@hotmail.com
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legal notices

PUBLIC NOTICE

The Cedar City Police Department announces the disposal of found and unclaimed property in accordance with UCA 77-24a-5 and UCA 45-1-101. The Cedar City Police department has in its possession: mountain style, BMX, road and children's bicycles; scooters and hoverboards; hand/power tools and tool boxes; luggage and bags w/personal property; MP3 style players, video games, computers, and other electronics and computing devices; cell phones; keys; jewelry, coins and currency; home, sports and other collectibles; shoes, clothing and bedding; wallets, purses, backpacks; sporting, golf, skiing and camping equipment; firearms, holsters, gun cases and knives; strollers; camera equipment. All unclaimed found property and all other unclaimed property will be disposed of in accordance to state law and city policy after Friday, April 15, 2022.

**Published March 2, 9 & 16, 2022
Iron County Today • ICT #0459**

STORAGE UNIT AUCTION

Starts: February 3, 2022 at 2:00 PM - Ends: March 12, 2022 at 10:00 AM Thunderbird Storage

www.storagetreasures.com
435.238.6160

The following storage units are to be sold in accordance with Utah Code 38-8-4. Each unit will be sold as an entire unit to the highest bidder. Inventory was taken from outside the unit. The unit was sealed and will remain sealed until the auction ends on the above date.

1335 - Contents belonging to Lynzee Morgan Harris.
60 N 100 W New Castle, UT 84756

MISC. HOUSEHOLD GOODS, ANTIQUE FURNITURE, MISC. FURNITURE, WASHER/DRYER, MISC. BOXES, LUGGAGE

The above units will be auctioned through www.storagetreasures.com. If you wish to participate in the auction, you will need to participate online. We will not be taking bids through our office in Cedar City, Utah.

**Published February 23 & March 2, 2022
Iron County Today • ICT #0453**

NOTICE OF SEALED BID SALE

Internal Revenue Service

Date Bids will be opened: MARCH 22, 2022

Time Bids will be opened: 10:30 a.m.

Place of Sale: 4830 Business Center Dr Ste 250
Fairfield, CA 94534

Property Offered: 1344 W 1700 S, Cedar City, UT 84720 "See www.irsauctions.gov for the complete legal description"
Minimum bid \$43,600.00

Submission of Bids: All bids must be submitted on Form 2222, Sealed Bid Purchase of Seized Property Contact the office indicated below for Forms 2222 and information about the property. Submit bids to the person named below before the time bids will be opened.

Details may be viewed at www.irsauctions.gov

Under the authority in IRC 6331 and 6335 the property described herein was seized from RONALD & FRANCESCA STEVENSON and will be sold at public auction. Only the right, title and interest RONALD & FRANCESCA STEVENSON is offered for sale. If requested the IRS will furnish information about possible encumbrances. All property is offered subject to any prior valid outstanding liens in favor of third parties against the taxpayer which are superior to the lien of the U.S. The US makes no guarantee or warranty, expressed or implied, as to the validity, quality, or condition of the property or its fitness for any use. No claim will be considered for allowance or adjustment or for rescission of the sale based upon failure of the property to conform to any representation expressed or implied.

Full payment of the bid is required the day of the sale. All payments must be by, certified, or cashiers or check drawn on any bank of trust company incorporated under the laws of the U.S., payable to U.S. Treasury.

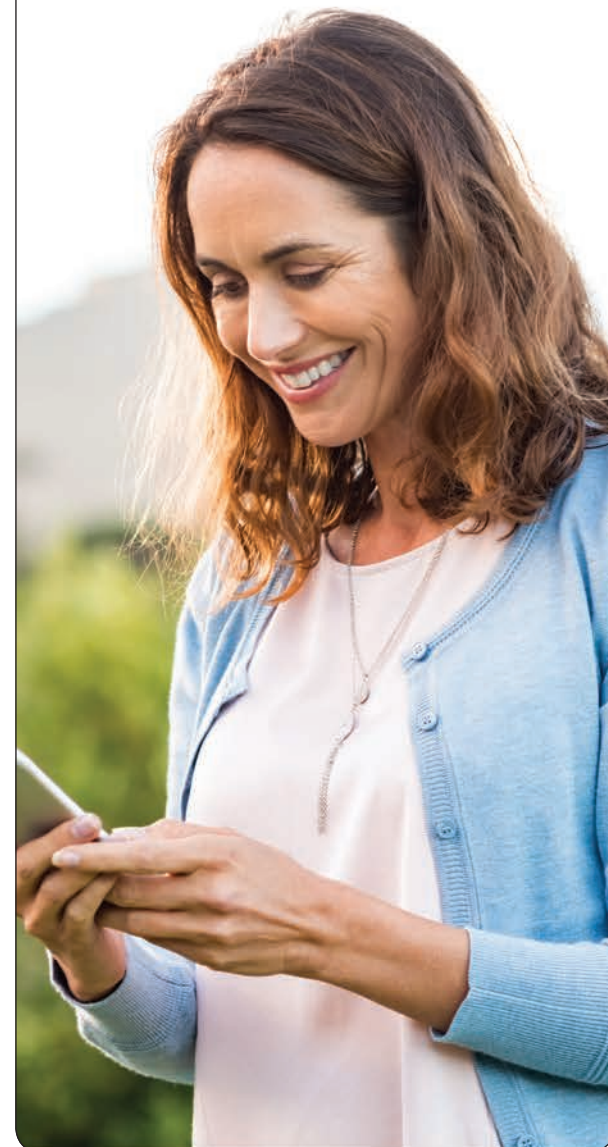
Kelila Callahan 925-260-4087

**Published March 2, 2022
Iron County Today • ICT #0454**

Like.
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on



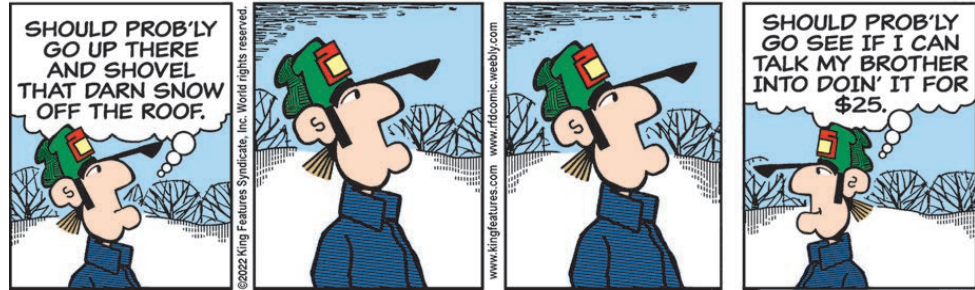
Amber Waves

by Dave T. Phipps



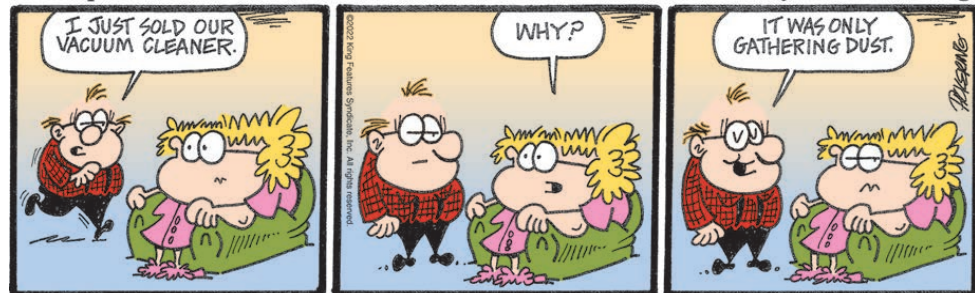
R.F.D.

by Mike Marland



The Spats

by Jeff Pickering

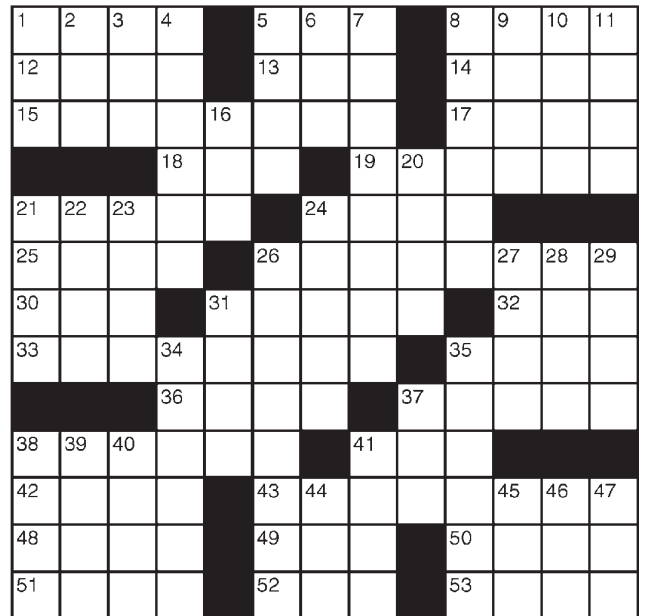


February 28, 2022 Posting Date

King Crossword

ACROSS

- 1 Offend
- 5 Vegas lead-in
- 8 Biting remark
- 12 Jacob's twin
- 13 Antlered animal
- 14 Latin love
- 15 Printout
- 17 Earring site
- 18 Roscoe
- 19 More slothful
- 21 Filled fully
- 24 — colada
- 25 Cupid's alias
- 26 Street vendor's vehicle
- 30 Sawbuck
- 31 Attorney's load
- 32 Bee follower
- 33 Barber's offerings



- 35 Panache
- 36 Aachen article
- 37 Utter impulsively
- 38 Architectural style
- 41 Hero sandwich
- 42 Actress Perlman
- 43 Ski lodge cupful
- 48 "A Room of — Own"
- 49 Prior night
- 50 Not so hot?

- 8 French novelist
- 9 Mine, to Marcel
- 10 Judicial garb
- 11 Rabbit's title
- 16 Cow's chaw
- 20 &&&&
- 21 Actor Rogen
- 22 Location
- 23 Singer Braxton
- 24 Stickum
- 26 Hindquarters
- 27 Rights advocacy org.
- 28 Bring up
- 29 Bivouac shelter
- 31 Roman 202
- 34 Go over again
- 35 Macaroni shapes
- 37 Tampa Bay NFLer
- 38 Pirate's drink
- 39 "It can't be!"
- 40 Golf props
- 41 Dance move
- 44 Eggs
- 45 Cornfield noise
- 46 Mouths (Lat.)
- 47 Music booster

DOWN

- 1 "I'm not impressed"
- 2 "This — recording"
- 3 Distant
- 4 Fakes, as figures
- 5 Author Uris
- 6 Jungfrau, for one
- 7 Urban silhouettes

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Weekly SUDOKU

by Linda Thistle

		9		4		2		
3					1			6
	6		8		7			3
8		5			4	1		
		7	3					2
	2			9				4
	5				2		9	
9				8				7
		8	1			3	6	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

- ♦ Moderate
- ♦♦ Challenging
- ♦♦♦ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Scrolls are missing. 2. Controls are missing. 3. Cord is shorter. 4. Locket is missing. 5. Cap is different. 6. Word is different.

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Trivia test

by Fifi Rodriguez

1. GEOGRAPHY: How many countries are also cities?
2. MOVIES: Which character was the first princess in a Disney movie?
3. WEATHER: What kind of cloud produces rain, thunder and lightning?
4. LITERATURE: What were the names of the four daughters in "Little Women"?
5. PSYCHOLOGY: What fear is represented by the condition called "ablutophobia"?
6. ANATOMY: What are the gaps between nerve cells called?
7. TELEVISION: Which long-running, daytime soap opera is set in Port Charles, New York?
8. LANGUAGE: What does the Latin phrase "non compos mentis" mean in English?
9. U.S. PRESIDENTS: Which president introduced the Social Security program?
10. ANIMAL KINGDOM: What is a young llama called?

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5	6	3	9	1	7	8	1	2	4	8	2
2	7	4	2	7	6	8	5	8	1	3	9
1	6	8	4	3	2	6	4	3	7	5	6
3	4	5	4	3	7	9	8	5	2	1	6
2	8	2	6	8	1	5	7	3	4	9	4
9	7	9	4	1	7	6	4	4	1	2	8
4	4	8	2	6	4	1	5	2	6	3	8
3	4	4	9	2	1	7	5	6	2	8	1
8	1	8	2	1	8	6	4	3	2	1	8

Answer

Weekly SUDOKU

S	W	A	P	S	A	P	S	H	S	O	G
M	A	R	M	E	V	E	E	S	E	N	O
A	O	C	O	A	H	O	T	C	H	A	R
S	U	B	S	I	C	I	H	I	G	O	T
B	L	U	R	T	E	I	N	E	I	C	E
N	L	A	N	E	L	A	I	R	C	U	T
C	E	L	A	N	S	E	S	C	A	S	E
C	E	L	A	N	S	E	S	C	A	S	E
A	R	T	A	R	T	A	R	T	A	R	T
R	E	R	L	A	Z	E	R	G	U	N	L
E	R	L	A	Z	E	R	G	U	N	L	A
L	O	B	E	L	O	B	E	L	O	B	E
R	O	A	M	O	R	E	L	K	E	L	K
B	A	R	B	L	A	S	L	A	S	L	A

Solution time: 23 mins.

Answers

King Crossword

FRIENDS

Today's Word

- 1. Crater
- 2. Rescind
- 3. Refer
- 4. Notice

SCRAMBLERS

Solution

- 1. Three: the city/states of Vatican City, Monaco and Singapore
- 2. Snow White
- 3. Cinnamon
- 4. Meg, Jo, Beth and Amy
- 5. Fear of bathing
- 6. Synapses
- 7. "General Hospital"
- 8. Not of sound mind
- 9. Franklin Roosevelt
- 10. A cria

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

- Hole: ARRECT
- Annul: CINDERS
- Assign: FREER
- Regard: ETONIC

TODAY'S WORD



"I'm losing weight, but I'm so cranky I'm also losing _____."

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