

INSIDE...
**COMMISSIONER
MIKE BLEAK
SHARES ON
FIGHT WITH
COVID-19**



WEDNESDAY, FEBRUARY 10, 2021

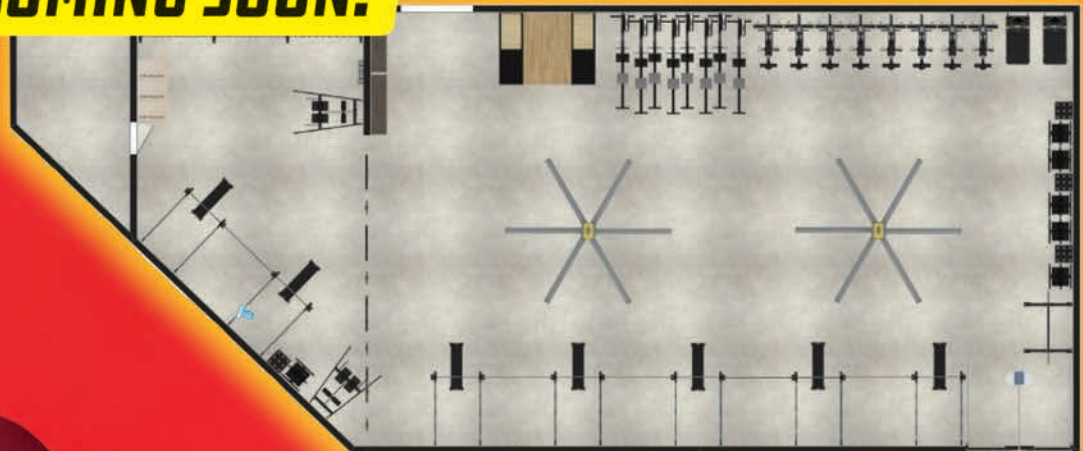
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- 4 Opinion
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Canyon View girls earn road victory over Dixie Flyers



IRON COUNTY


today

Covid Victor

IRON COUNTY COMMISSIONER MIKE BLEAK AND HIS WIFE AMY fought side by side during the difficult days of enduring COVID-19.



STORY IN LIFE

Smith's to provide first doses of COVID-19 Vaccine to seniors on February 11

from **SMITH'S FOOD & DRUG**

FOR IRON COUNTY TODAY

Smith's Food & Drug, a division of The Kroger Co., announces that it has obtained a limited supply of the *Moderna* COVID-19 vaccine and will begin administering inoculations to senior citizens 70 years and older at selected Smith's Pharmacies starting on February 11, 2021.

Initially the vaccinations will only be available to senior citizens 70 years and older, as part of Utah's COVID-19 vaccine distribution timeline. Smith's is following the CDC's phased distribution schedule for administering the COVID-19 vaccine and will strictly follow guidelines from the state/local health department on their vaccine distribution plan.

Those seniors desiring the vaccine will need to make an online appointment with their local Smith's pharmacy starting February 10 at <http://www.smithsfoodanddrug.com/>



GETTY IMAGES

covidvaccine. Vaccine doses will be provided at no cost to patients.

Individuals interested in receiving the vaccine can expect their appointment to be as fast and simple as getting an annual flu shot—reserve

an appointment online, receive your vaccination from a licensed health-care professional and wait 15-30 minutes after receiving the vaccine to ensure the absence of any side effects," said Jaime Montuoro, Smith's

Pharmacy Director.

With 53 pharmacies throughout Utah, Smith's presence in local communities provides the unique ability to efficiently administer the vaccine. It is anticipated that Smith's will expand the vaccine distribution to the general public as government directives make the vaccine available to additional groups.

More recently, Smith's became the nation's first retailer to offer rapid antibody tests to customers in all Smith's pharmacies for just \$25. Rapid antibody testing helps inform patients if they previously have been infected with SARS-CoV-2, the virus that causes COVID-19, and results are typically ready in around 15 minutes.

At Smith's Food & Drug, we strive to make decisions that balance the safety of our associates with our commitments to our customers and communities. And above all else, we'll be there for our communities when they need us most.

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Iron County pledges funds to assist high school students at Southwest Tech

from Neal **SMITH**

FOR IRON COUNTY TODAY

CEDAR CITY — The representatives of Iron County recently approved their 2021 budget pledging funds to support high school students with costs towards college fees, textbooks, and certification exams at Southwest Technical College. As part of the Intergeneration Poverty Initiative, these funds will eliminate all registration fees for high school students and provide scholarship opportunities to cover the costs of college textbooks and exams for students with additional financial needs. “This is a huge step in eliminating barriers for all high school students to have the opportunity to gain additional access to technical education,” stated Southwest Tech President, Brennan Wood. “The exposure these students get while in high school can propel them with a future in a promising career.”

As with all technical colleges throughout the state of Utah, high



STUDENTS LEARN ADVANCED SKILLS BY PARTICIPATING IN HANDS-ON TRAINING in the EMT classroom at Southwest Tech.

school students can attend courses at Southwest Tech tuition-free. However, many courses require additional costs, including college textbooks and certification exams. These additional costs can be burdensome for some families of high school students and deter them from enrolling in these courses. These pledged funds from Iron County will help all high school

students have equal financial opportunity to attend the technical courses they wish to attend.

Commissioner Paul Cozzens speaking on behalf of Commissioners Marilyn Wood, Mike Bleak, and former commissioner Alma Adams stated, “The Intergenerational Poverty grant that Iron County has awarded is not a handout, but a hand up for those

in need. What an amazing potential return on investment to see individuals receive training and be able to be self-sufficient and provide for themselves and loved ones. We are happy to be a part of helping these individuals improve their station in life and gain the ability to pay it forward.”

Commissioner Bleak added, “This is a long term commitment to the students of Iron County schools that we believe in you. This program will make a big difference, over time, in reducing our poverty rate in Iron County.”

Neal Smith, Development Director at Southwest Technical College and a member of the Intergenerational Poverty Committee would like to see other municipalities join the county in funding this project. “Imagine, a student will discover unlimited future possibilities, thanks to the dual enrollment program with Southern Utah University, a degree or a certificate in their future, and a career of their choosing.”

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OPINION

To boldly stimulate where no economy has gone before

The opinions stated in this article are solely those of the author and not Iron County Today.

Discussions of the proposed economic stimulus package often center on the total cost and its impact on the national debt. Too little attention is paid to the effect stimulus checks make to individual men and women.

Two weeks ago, I drove into a parking lot for a restaurant I frequently visit. I was surprised at the large number of vehicles since this restaurant had been a “ghost town” during the spring and summer of last year.

What was the difference? “Stimulus checks,” said my server.

And how did it affect her? “My check went toward the rent on my apartment,” she said. “But with people spending their checks on restaurant meals, I’m getting almost double the hours at work and more than double the tips. And for the first time in six months, I’ve gone out and spent some money at the mall.”

Which, of course, means the mall store can also increase employee hours, etc. etc. Franklin D. Roosevelt called it priming the pump and his efforts at stimulating the economy effectively freed the country from the grip of the Great Depression.

(Yes, World War II spending helped as well, but WPA projects and other infrastructure spending were a major stimulant.)

Maybe Pres. Biden’s \$1.9 trillion proposal is too much. As mentioned in last week’s column, a sizeable number of Utahns and Americans are skating by just fine. But I believe the proposal by a group of moderate Republicans is akin

per year salary in San Diego where most homes are priced over \$600,000? Can a \$40,000 salary in Denver allow a man or woman to buy an average priced home of \$460,000?

Pres. Biden’s plan, of course, is not geared for people buying houses. But his plan – \$1,400 per person with even a fraction of that amount going to those earning \$300,000 – is more likely to help the economy though I would recommend phasing out stimulus checks to those in the over \$175,000 earning segment.

Deficits are not new and the GOP didn’t seem too worried about a deficit when it cut taxes during the Trump presidency. Deficits haven’t harmed the economy. Since 1961, deficits have grown almost every year under both Republican and Democrat presidents. Yet look at how the stock market has reacted; a \$10,000 investment in the S&P 500 stock index in 1961 today is worth over \$3 million (with the top performance coming in the presidencies of Bill Clinton, Barack Obama, Gerald Ford, and “Daddy” Bush).

I don’t necessarily agree with the Democrat boast of “Go big or go home!” There must be a reason for going big. But I do agree with the former U.S. Secretary of Labor Robert Reich who wrote, “Millions of people are hurting...The best way to reduce the debt as a share of the economy is to get the economy growing again...If ever was the time for boldness, it is now.”



Cyclops

by Bryan GRAY

COLUMNIST

to putting a piece of gauze on a severed artery. It fails to meet the crisis.

Under the Republican offer, \$1,000 direct payments would go to individuals making \$40,000 a year with partial payments to those earning \$50,000. This may be fine for residents in rural Utah and South Dakota, but seems flimsy for those living in more urban areas. What is \$1,000 to a person in the Bay Area where the median home price is \$980,000 and where an apartment rent averages more than \$2,500 per month? What is a \$50,000

Thought of the Week

from the desk of R. Gail Stahle, publisher

“When we love, we always strive to become better than we are. When we strive to become better than we are, everything around us becomes better too.”

» Paulo Coelho

Submit your letter to the Editor on our website ironcountytoday.com, or by emailing it to news@ironcountytoday.com or bring/mail them to 389 N 100 W, Cedar City, Utah 84721. All letters must be signed, be brief (generally under 300 words in length), list the author’s city and give the writer’s telephone number (phone number will not be printed). We reserve the right to edit all letters for length or content. For letters arriving electronically, we will use the author’s e-mail address in lieu of a signature.



DAVE GRANLUND © www.davegranlund.com

OPINION

America needs heroes right now

"I believe we can safeguard our nation and institutions by taking responsibility for what is broken and working to listen in good faith." – Rep. Chris Stewart

A hero of mine, Abraham Lincoln, led this country through a time when our nation was so deeply divided that Americans were literally at war with each other over the concept of what it means to be an American and the future of our nation. During this crisis, President Lincoln had a strong belief that if he could complete construction on the U.S. Capitol Dome, the Union would survive. To him, the Capitol Dome was a symbol of a united country.

While our current struggles are not analogous to the Civil War, surely we would benefit from remembering the lessons we learned from President Lincoln.

Two weeks ago, under that same dome that President Lincoln hoped would save the Union, a mob of angry Americans, some ironically carrying Confederate battle flags, broke down police barriers and stormed the U.S. Capitol Building. Being sheltered in a small office with a window that looked out on the riots, I had a first-hand look at the violence. Watching as mob mentality caused injury and death, I saw nothing patriotic or heroic in what they did.

I heard them chanting that they wanted to hang Vice President Mike Pence. I heard their foul language. I heard their anger and their hate. I watched as they assaulted police officers, some of whom were my friends. I unequivocally condemn anyone who destroyed property, assaulted police officers or intended to commit violence against any of their fellow Americans — on the right, or the left.

It seems there is a sense of severe disquiet in America. Something is broken in our society. The past year has been riddled with violent, angry protests. We're not listening to each other. We demonize, suppress or misrepresent opposing views. We have gotten away from our Federalist traditions that allowed local communities to govern themselves, instead seeking to impose one set of values on an entire

OP/
Ed



REP. CHRIS STEWART

UTAH HOUSE DISTRICT 2

see **HEROES** » 10

From the Editor

The show must go on

Thank you for all of the thoughts and prayers you sent this week concerning my Grandma Carole's passing. I've had some difficult weeks as the editor of our local newspaper, but I think this past week—being an editor and more importantly, a grandson—took a greater toll than I could have prepared for. So, thank you for each of you. If you didn't know about it (it all happened so quickly) and/or weren't able to make the funeral, here's the link, https://youtu.be/uTxQ6zTjB_Y.

Nevertheless, as life and the newspaper must be the only things that truly matter.



COREY BAUMGARTNER
MANAGING EDITOR

go on, my personal perspectives on life and what really matters have been more solidified. There will always be illnesses, accidents and death. I know many lives and lights have been lost during these difficult times. Now it's up to us to carry their torch forward. We need to live our lives now.

Spend time with your loved ones. Get out there and make as many memories with them as you can. This makes memories all the more important because in the end, those are the only things that can be left behind and

To the Editor

...with liberty [and accountability, responsibility] and justice for all



Ok, here I am just an old Grandma who has tired of listening to the juvenile (probably better described as toddler) behavior I see on the news. One side having tantrums, exaggerating and even lying. Then the other side doing the exact same. Bullying is to be avoided at all costs in the schools, but how about in politics or on the streets.... need I say more?

And now that one side has won, they want and expect the American people to be "united." Through censorship and control, the American people are to quiet down and accept what they are being told by career politicians, who have long forgotten (if they ever knew) what it means to be a "public servant."

I expect more from my elected Representatives and the American People in general (no matter what political party they pledge allegiance). We have to be the laughing stock of the world! From tweets to tearing up speeches, what absolute nonsense! Hiding "pork" in stimulus bills that supposedly help the American workers while very possibly annihilating small business. And these people are running our country. Stimulus bills to "help" the American citizens but include foreign aid for "gender study." REALLY??? And this is okay??? REALLY???


I am afraid that too many American citizens have become lazy, selfish and brainwashed or indoctrinated. Life is not fair, never was, is not now and never will be. The power to improve your life is your responsibility NOT the government's. The government will buy your votes with empty promises and rules that benefit those in power not the vast majority. Please, wake-up America!

J. Sukowaty, Iron County





IRON COUNTY FORECAST

AFTER A QUIET AND MILD START TO THE WEEK, UNSETTLED WEATHER MOVES INTO THE REGION BRINGING A COUPLE ROUND OF RAIN AND SNOW TO SW UTAH. TEMPERATURES WILL BECOME MUCH COOLER AND CLOSER TO THE AVERAGE FOR THE TIME OF YEAR. OVERALL, THE WEEKEND LOOKS A BIT WISHY WASHY.



Get Utah's most accurate forecasts anytime at:
ABC4.com/weather



WEDNESDAY	Partly Cloudy 50°/33° PRECIP: 0% WINDS: W 6-12
THURSDAY	PM Showers 52°/32° PRECIP: 30% WINDS: SW 10-15
FRIDAY	Rain/Snow 47°/36° PRECIP: 50% WINDS: WSW 15-20
SATURDAY	Breaks of Sun 47°/32° PRECIP: 20% WINDS: WSW 10-15
SUNDAY	Snow 40°/30° PRECIP: 70% WINDS: W 7-14
MONDAY	Partly Cloudy 39°/21° PRECIP: 10% WINDS: W 7-14
TUESDAY	Partly Cloudy 44°/24° PRECIP: 10% WINDS: W 7-14

Thank you

A note to our community



On behalf of the team and Board of Directors of Iron County Care and Share, we thank you for your love and support in 2020.

A year that began with uncertainties and trepidation, ended with love and gratitude.

You made it possible for our doors to remain open and serve the most vulnerable in our community.

We served 1,379 unique households with food, clothing and household cleaning supplies. We served many households for the first time and connected individuals and families to resources that prevented homelessness and further crisis.

We sheltered 381 guests and provided 3 meals each day for 10,926 days.

We supplied safety and health equipment, vital documents, access to medical care, education, and transportation support estimated at over \$25,000. A majority of these funds were spent locally.

We provided over \$95,000 rental support that was invested into our housing community.

The tolls of the pandemic are not yet over. Many families and individuals will need further support to stay healthy, happy and housed. We are here for anyone in need.

We have homeless prevention dollars to assist with rent, mortgage and utilities in arrears. Please encourage your friends and neighbors to contact us for Case Management/Housing appointments. Case management links people to resources - education, health, mental health, housing, utilities, vital documents, and almost anything else that provide an exit from crisis and move toward self-sustainability.

EMERGENCY SHELTER

Nights of Shelter	10,926
Guests Served	381
Male	232
Female	149
Age 0-17	23
Age 18-45	228
Age 46-62	107
Age >63	23
Golden Age	78

DAY SHELTER/Drop-In Services

FREE COMMUNITY SERVICES	
Individuals	146
Visits	542
Showers	485
Meals	396
Laundry Loads	60

FOOD PANTRY

Unique Households	1,379
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INBOUND

Utah Food Bank	282,497
Community	153,472
Lin's (F)	18,768
Smith's (F)	6,811
Smith's (NF)	30
Walmart (F)	80,886
Walmart (NF)	6,699

OUTBOUND

Monthly Boxes	338,770
Weekly Bags	77,339
Camper's Specials	6,876
Non-Food (NF)	638

NF = Non-Foods

Camper's Specials are weekly bags of high protein, shelf stable, and ready-to-eat items for those living without refrigeration or cooking appliances.



SUU nursing students doing their part to fight COVID-19

by David **BISHOP**

FOR IRON COUNTY TODAY

In partnership with the Southwest Utah Public Health Department, SUU nursing students are administering the vaccine to the Iron County residents over 70 years of age.

"I haven't seen an initiative like this in healthcare, ever in my lifetime. It's a massive undertaking," said Suzie Campbell, assistant professor of nursing and coordinator for the vaccine effort. "We are so pleased to partner with the Health Department and take care of our community. This is a unique opportunity for students to serve on the frontlines to help protect us all from COVID. We received feedback from people who have been immunized and they have been so appreciative of the service and the chance to protect themselves. It's been a great opportunity."

Students in the second and third semesters of the nursing program began working with the Southwest Utah Public Health Department and administering the vaccine the first week of January 2021. The Health Department began receiving shipments of the COVID-19 vaccine and distributing the vaccine in Washington, Iron, Kane, Beaver, and Garfield counties in December. Currently, they are vaccinating 500 individuals daily and are working to expand that to 700 per day. Supplies are limited and are offered to priority groups at clinics in each county, by

SUU NURSING STUDENTS ARE VALUABLE ASSETS in helping the doctors and nurses at the Cedar City Hospital. They aren't just learning hands-on, they're making a real difference.



COURTESY SUU

online registration.

"Some of the individuals coming into the Health Department to get the vaccine seemed like they had been waiting so long to get it, and they were finally able to," said Hunter Hagen, second year nursing student at SUU. "They were so excited and happy. I am so glad to be part of it."

SUU's Nursing Department anticipates they will continue working with the Health Department throughout the year. While the focus is on adults over 70, they hope to

shift to children and adolescents this summer. With the goal to eventually have the entire public immunized, the

Health Department will continue to need support of the nursing students.

"I work as a home health nurse as well, and I take care of a husband and wife who live in an assisted living center," said Campbell. "The husband has not left the facility in the past ten months and his wife only leaves for doctor appointments. They haven't seen their grandchildren and great-grandchildren in almost a year. I can't even imagine living like that. These vulnerable individuals have been waiting so long for this vaccine and we are so excited to be part of the effort to offer it to them."

SUU's nursing students have spent countless hours in the past year helping students, faculty, staff, and the Cedar City community fight against the COVID-19 pandemic, including helping with the campus-wide testing effort at SUU.

The SUU Nursing program aims to prepare graduates to successfully enter nursing practice, develop technically proficient nurses, and support faculty members as health care professionals. Learn more about the SUU Department of Nursing.

NOTICE SOUTHERN UTAH RESIDENTS

Southern Utah University Nursing Faculty & Students Request your help by nominating Registered Nurses (RNs) to be recognized at the

13th Annual Celebration of Southern Utah Nursing

The event is held to honor outstanding registered nurses. **Please help** us by nominating a deserving registered nurse.

We will honor one nurse in each of the following categories: **Medical/Surgical, Home Health/Hospice, Small Hospital, Labor/Delivery/Nursery, Long Term Care, Community/Public Health, and Critical Care/Emergency.**

Please include the information below to nominate a deserving Registered Nurse:

Nominee Name: _____

Category: _____

Phone # or E-Mail: _____

Address: _____

Reason for Nomination: (please submit on a separate sheet)

Nominated by: _____

Phone # or E-Mail: _____

Please submit nomination information by March 5, 2021, to:

Online: <https://www.surveymonkey.com/r/RNCelebration>,
e-mail: nursing@suu.edu or **mail to:**

Southern Utah University Department of Nursing
Attn: Celebration Committee,
351 W. University Blvd., Cedar City, Utah 84720

Call 435-586-1906 or 435-865-8678 with any questions.



VOLUNTEERS DESPERATELY NEEDED FOR PAROWAN AREA

THE PAROWAN SENIOR CENTER

is in need of volunteers to deliver meals on Wheels to the homebound elderly. A driver is needed on Wednesday between the hours of 10:30 a.m. until around 12:30 p.m. Also they need substitute drivers for Monday, Wednesday and Friday for the same hours.

Meals on Wheels is for those that are home bound and cannot get out or prepare their own meals. These seniors are in great need and are very appreciative of this service and especially to the volunteers

THE CEDAR SENIOR CENTER

is looking for volunteer Receptionist for Wednesday and Friday between the hours of 8:00 - 11:00 a.m. This person would answer the phone to take meal reservations and give information.

FOR MORE INFORMATION PLEASE CALL:

Curtis Crawford, Coordinator
435-225-1222 • ccrawford@ironcounty.net



SOUTHERN UTAH UNIVERSITY NEWS

Opportunity Quest inspires young entrepreneurs

by Shay **BARUFFI**

IRON COUNTY TODAY

Southern Utah University's Opportunity Quest was presented by the Larry H. & Gail Miller Center for Entrepreneurship. Opportunity Quest is a business pitch competition that pursues the most inventive business ideas with a high potential for expansion. The competition is part of the Utah Entrepreneur Challenge, which is a state-wide university entrepreneur competition.

Tyler Stillman, the Director of Entrepreneurship, gave a brief description of how the event works; "Every participant has 90 seconds to pitch their business idea, this is followed by a short question and answer period between the participant and judges. Each presentation takes about four minutes total and at the end of the event the judges choose three runners-up and one winner of the competition."

This year's competition featured 20 entrepreneurs: Kaelei Corbridge, Braden Mineer, Shayley Stephenson, Gregory Rogers, Hannah Hickenlooper, Quinten Gish, Myni Anoman, Jared Britt, Nathan Randall, Connor



AMONG THE MANY TALENTED ENTREPRENEURS, MIRRYN MORRILL WON THE COMPETITION with her stencil creation company, "Morr Décor Stencils."

SHAY BARUFFI



AUSTIN SPENCER
1st runner-up



GREGORY ROGERS
2nd runner-up



JOSEPH THOMPSON
2nd runner-up

Jaten, Stephen Cutler, Albert Hanks, Carter Fillion, Madelyn Tebbs, Quinn Hagerman, Joseph Thompson, Tanner Runolfson, John Woolley, Jameson Griffiths, Austin Spencer and Mirryn Morrill.

The group presented various brilliant ideas ranging from graphic design companies to mobile dating apps to leather working. Presenter Madalyn Tebbs is currently a Junior at SUU studying both business and graphic design/marketing. She presented on her graphic design business *Madly Done Designs* where she does stunning card layouts for her clients.

After the presentations, the runners-up were announced; the 1st runner-up was Austin Spencer and his business EZ Feed, the 2nd runner-up was Gregory Rogers and his business The Art of Success, and the 3rd runner-up was Joseph Thompson and his Equipment and Implement Sales business. The winner of the Opportunity Quest competition was Mirryn Morrill who presented her stencil creation company, *Morr Décor Stencils*.

Congratulations to everyone who took part in the Opportunity Quest Competition, the business ideas presented were inspiring.

Professor explores deaf culture in early 20th century sports

by Shay **BARUFFI**

IRON COUNTY TODAY

Professor of History at SUU, Dave Lunt, introduced Professor Kimball; "Dr. Kimball is an associate professor of history at BYU. He has a Ph.D. in history from Purdue University. He is the author of two books; *Legends Never Die: Athletes and Their Afterlives in Modern America*, and *Sports in Zion: Mormon Recreation 1890-1940*."

Dr. Richard Kimball's APEX talk focused on "how deaf men used the new sport of football to fight for the use of sign language and fight against the prevailing notions about deaf physicality and weakness in the early 20th century," as stated by Dr. Kimball.

During the second half of the 19th century, deaf people faced shocking obstacles and judgement. "Eugenicists lead by Alexander Graham Bell generally classified deaf people with the mentally disabled, criminals,

paupers and alcoholics. Although the idea was completely unfounded, many Americans associated the deaf with what they called 'feeble-mindedness'. Bell argued that the congenitally deaf should voluntarily forgo marriage as a way to stem the genetic tie to deaf

descendants," said Dr. Kimball.

Many curriculums in the early 20th century omitted sign language because they sought to force deaf people to appear 'normal' by teaching them speech and lip-reading skills. Sign language was considered

primitive and unusual. According to Dr. Kimball, "In 1900 nearly 40% of American deaf students were enrolled in oralist schools. By 1920, 80% were enrolled in schools that shunned sign language altogether."

Deaf publications from the early 20th century exposed the worth of sports like football in fighting for equality. Gallaudet College in Washington D.C. was the heart of football for deaf men in the early 20th century. Deaf athletes at the college fought the opinions associated with deaf people at the time, they proved that they are equal on the field to their hearing counterparts.

Football remains an important part of Gallaudet University's curriculum today. According to Dr. Kimball, "Senior fullback and team co-captain, Mike Haynes, with the Gallaudet Bison stated, 'we all realize when you play for Gallaudet you're playing for the deaf community across the country.'"



A.P.E.X. DIRECTOR DR. LYNN VARTAN SPEAKS WITH DR. RICHARD IAN KIMBALL about advancements within the deaf culture throughout the last two centuries.

SHAY BARUFFI

Utah Legislative Update - Week 3

Dear Friends and Neighbors,

Week three is done, and the legislature has passed 50 total bills. We've seen some great bills that are the culmination of years of work and negotiation. The great thing about the Utah Legislature is that almost everyone up here tries hard to be open, respectful, and collaborative. Even though we have many differences, we all still share some common goals. We all want Utah to have a booming economy, a first-rate education for our kids, clean air, affordable and accessible healthcare, recreational opportunities, and safe communities.

I appreciate all of you who have taken the time and effort to share your viewpoints so far. Please, keep it up and stay involved.

My Bills:

Holocaust Education

Many of us learned about the Holocaust during our K-12 years; however, it seems this important, historic lesson is slowly diminishing in our children's education. My bill, S.C.R. 1 Concurrent Resolution on Holocaust Education, highlights the importance of Holocaust and genocide education for students and encourages the State Board of Education and local education agencies to provide Holocaust and genocide content for schools. This bill passed with unanimous support in the Senate and will now be considered by the House.

Charitable Prescription Drug Recycling

Often expensive medications go unused. S.B. 97 Charitable Prescription Drug Recycling Program Amendments, improves an existing program that provides a way for low-income individuals to get access to these medications. This bill makes it possible for an individual to donate unused, non-expired medications that are protected in secure manufacturer packaging to a pharmacy or physician's office.

Week 3 Highlights

Constitutional Carry

Utah currently has an "open carry" law that allows citizens who are legally able to possess a firearm to openly carry them in public. Once that individual puts on a coat over the weapon, it is considered concealed, which currently requires a permit. H.B.60 Conceal Carry Firearms Amendments, would allow anyone over 21 that is legally able to possess a firearm to carry a concealed weapon in public without a permit. This does not change our gun ownership laws.

This simply allows law-abiding citizens to conceal their firearms on their person in public areas.

The bill also establishes the Suicide Prevention and Education Fund where expenses from the state's concealed weapons account will go towards suicide prevention efforts and firearm safety. This does not discontinue the permit process, as those who choose to conceal carry while visiting other states will still need a permit. H.B. 60 passed in the Senate and will return to the House for concurrence.

Law Enforcement Weapon Technology

Equipping our law enforcement officers with the latest resources to address incidents is critical to protecting the public. S.B. 68 Law Enforcement Weapons Amendments, would create a fund that will allow law enforcement agencies to purchase technology that assists in investigating officer involved critical incidents where shots were fired. This tamper-proof technology will allow

voters. H.B. 12 Deceased Voter Amendments, creates a more uniform process to rectify this issue. When a Utahn passes away, the bill requires that the death certificate be sent from the state registrar to the Lieutenant Governor's office within five business days of the certificate's registration.

The certificate will then be sent to the County Clerk's office where the deceased name will be removed from the voter rolls. Before each election cycle, the Lieutenant Governor's office will also cross-check each name against United States Social Security Administration data. H.B. 12 passed the Senate and House and will be sent to the governor.

Driver License Changes

This week, we considered legislation that would make changes to the driver's license requirements for new drivers. H.B. 18 Driver Education Amendments, would extend the term of a learner permit from one year to 18 months. This change does not prevent youth from getting their

sick or lost loved ones. Thousands lost jobs and some lost businesses. Students, teachers and families had to adapt to a new style of teaching. During this challenging time, many individuals in our state and local health departments worked tirelessly to produce, publish and promote accurate information to help us navigate this pandemic. This week, the Senate passed H.C.R. 6 Concurrent Resolution Recognizing COVID-19 Efforts, to recognize and express our appreciation for these individuals.

Financial Relief for Businesses Harmed by COVID-19

Over the last year, we made significant efforts to provide economic support to businesses negatively impacted by COVID-19. S.B. 25 Corporate Tax Amendments, provides more targeted relief to businesses by allowing them to carry back a Utah net loss realized during 2020 for up to three years. The idea is if a business was profitable in the three years leading up to 2020, but then suffered a loss in 2020, the loss is very likely to have been caused by the economic hardship brought about by the pandemic. This bill passed in the Senate and will now be considered in the House.

COVID-19 Update

Several of you have asked that I continue to include COVID-19 data updates, so I will be sure to include the data updates with my weekly legislative session update.

On Friday, February 5th, the Utah Department of Health reported 3,438,170 total COVID-19 tests administered, 352,489 total positive cases, 318,034 estimated recovered cases, 13,755 total hospitalizations, 349 current hospitalizations, 1,728 total fatalities and 382,881 vaccinations administered.

The Southwest Utah Public Health Department reported 25,197 total positive cases including 22,146 total recovered cases, 36 currently hospitalized and 209 total fatalities. Iron County currently has 4,654 cases of COVID (13 new - 25 deaths) and Washington County has 19,129 (65 new - 168 deaths). Both counties continue to have a high transmission level.

I want to thank you for giving me the opportunity to serve as your State Senator, it is truly an honor and a privilege. I hope you will reach out to me at evickers@le.utah.gov this session to share your thoughts.

Thanks, Evan Vickers

Senate District 28



SEN. EVAN VICKERS

UTAH SENATE DISTRICT 28



(PICTURED LEFT): UTAH SENATE MAJORITY WHIP ANN MILLNER AND I at work on the Senate Floor this week at the Legislature.

COURTESY EVAN VICKERS

firearms to record the number of shots fired and when they were fired. This simple modification will improve the effectiveness of police investigations where firearms were used. This bill passed in the Senate and will now be considered in the House.

Deceased Voters

Although Utah works hard to have accurate and secure elections, ballots occasionally are mailed to deceased

license upon turning 16. In addition, this bill would remove the required six observation hours for driver education observation for 15-17-year-olds. This bill passed with unanimous support in the Senate.

Recognizing COVID-19 Efforts

The last year has been hard on everyone as we've learned to live life during a pandemic. Many have been

HEROES

« CONTINUED FROM PAGE 5

nation, only to reverse course in the next election. The result is an irritated and contentious public, feeling marginalized and ignored all across the political spectrum.

President Lincoln, in his second inaugural address, called on a war torn and weary nation to proceed “[w]ith malice toward none; with charity for all; with firmness in the right, as God gives us to see the right, let us strive on to finish the work we are in; to bind up the nation’s wounds.”

So, can we break this cycle of anger? Nothing will change as long as different groups of Americans feel left out of the government without redress for their grievances. Nothing will change as long as those of us who have a bully pulpit use it primarily to lecture or talk down to anyone who disagrees with us. We are going to have to step away from our usual allies and try to understand why Americans who disagree with us are angry — without listening just so we can argue. We need people who can reach out to marginalized groups without demonizing others.

When Big Tech companies use their clout to cut people out of the conversation, it only adds to the feeling of helplessness. Even if such censorship is not strictly illegal, it’s a very bad idea, adding to the frustration, fear and anger that is driving the violence.

Ignoring each other’s sources of frustration is what has gotten us to where we are. Let’s boldly investigate questions of election integrity, racial discrimination, economic inequality and any other issue that drives people to the streets in mobs.

If what we want is “a more perfect union,” we need to foster mutual respect. If we want to end the year of angry protests, we need to listen to each other to lessen the desperation and pull each other back from the fringes. When people feel like they have ways to work within the system to fix problems, they don’t burn businesses or storm government buildings.

We should fix this by listening, acknowledging our failures, addressing grievances through the proper channels and respecting the right of local communities to govern according to their own values. We can’t afford to gloat, mic drop, finger point or further marginalize each other.

After all of the blood and sacrifice during the Lincoln Administration to preserve and perfect this Union, I don’t want to see the institutions of my country undermined by contempt and misinformation. I believe we can safeguard our nation and institutions by taking responsibility for what is broken and working to listen in good faith. The type of hero we need right now is a caring neighbor.

I will close with the plea from the closing line of President Lincoln’s second inaugural address: “to bind up the nation’s wounds ... to do all which may achieve and cherish a just, and a lasting peace, among ourselves, and all nations.”

To which I say, amen.

Bookings

Below are bookings as reported by the Iron County Sheriff’s Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

Feb. 1

DEAN A SHALLENBERGER
CEDAR CITY, UT
DRUG – Poss/Use of Psychotoxic Chemicals

DYLAN C SORACCO
CEDAR CITY, UT
Burglary of a Dwelling, Theft

Feb. 2

KYLE R ESPINOZA
CEDAR CITY, UT
DRUG – w/Intent to Dist C/S

CARL A GRAVES
CEDAR CITY, UT
Assault

BRANDON L WALL
CEDAR CITY, UT
Assault, Aggravated-Intention-SBI

Feb. 4

ANNE E SCHURTZ
CEDAR CITY, UT
DRUG – Poss Drug Paraphernalia

TANNER K TRAMMELL
CEDAR CITY, UT
Obstructing Justice, Drive w/o INS, Tattooing or Unlawful Piercing

Feb. 5

EDUARDO D DOMINGUEZ
CEDAR CITY, UT
DRUG – Poss of Drug Paraphernalia

SARAH A HENDERSON
CEDAR CITY, UT
Obstructing Justice

TIMOTHY D KARSTEN
CEDAR CITY, UT

DRUG – Poss C/S Sched I/II/Analog

CADON R SAGENDORF
CEDAR CITY, UT
Assault

DENISE F THORNTON
CEDAR CITY, UT
Child Abuse/Neglect

Feb. 6

DANIELLE L ANGULO
BEAVER, UT
Retail Theft

DEBRA D SCHUMANN
CEDAR CITY, UT
Animal Attacking, Biting

Feb. 7

KRUE E JOHNSON
CEDAR CITY, UT
DUI

VALENTINE'S COLORING CONTEST WINNERS!

BLVD HOME
Stormie Barlow, 18

AGES 11-18
1st: Kaila Sanchez
2nd: Verda Council

COLOR COUNTRY PEDIATRICS

AGES 0-5
1st: Kristi Adams
2nd: Claire Williams
3rd: Santiago Franco

MATTRESS STORE
First 100 entries!

AGES 6-11
1st: Olivia Gunter
2nd: Brooke Mull
3rd: Hyrum Simons

WEBSTER ORTHODONTICS

GRAND PRIZE
Kendra Peterson

AGES 2-9
Noah

JRI INSURANCE

AGES 2-10
1st: Mya Robb
2nd: Scarlett Mangum

AGES 10-16
Valerie Sowards

AGES 17-90
Sydney Leota

CONGRATULATIONS!

WHY WAIT WEEKS FOR YOUR REFUND? BLOCK COULD GET YOU UP TO **\$3500** THE DAY YOU FILE.

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»»»» JAN. 4 - FEB. 28 ««««

Employee of the Week

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Discount may not be combined with any other offer or promotion. Valid at participating U.S. offices. Void if transferred and where prohibited. Discount valid only for tax preparation fees for an original 2020 personal income tax return. Coupon must be presented prior to completion of initial tax office interview. No cash value. Expires April 30, 2021.

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Beef Filet Mignon **\$16/LB**
Beef Rib Eye Steak **\$14/LB**
Beef T-Bone Steak **\$12/LB**

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Cedar City, UT

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'AND SO IT GOES'

6TH ANNUAL ROCK CONCERT FEATURING SUU CHOIRS & FRESHMAN PIANIST, IAN OLIVER

by Ashley H. **POLLOCK**

SUU COLLEGE OF PERFORMING & VISUAL ARTS

Southern Utah University's Department of Music will perform their 6th Annual SUU Rock Concert, featuring SUU Choirs and SUU freshman, Ian Oliver, on the piano. The concert titled *And So It Goes: Billy Joel & Friends* will be held on

major from Taylorsville, Utah, says, "As opposed to the typical classical pieces you'd get in a choir, performing popular music brings a different dynamic to the table. A lot of people are already familiar with the songs, and have had a lifetime of memories, experiences, and other things they correlate with certain pieces. With all the unique attachments individuals

as well as music that demands substantially more sound and depth of character. The Concert Choir is an excellent choral group that has performed a wide variety of literature and genres as part of its musical heritage.

Luminosa is an auditioned choir specifically designed to provide a choral experience for treble

back as an instructor. I feel like I belong in the SUU music department, but I also feel like I should be running around to classes and doing homework, not teaching a class and assigning homework! All in all, I love it so far. The faculty members have been so welcoming of me coming back. My favorite piece the students will be performing is *You Belong*



COURTESY SUU

Wednesday, February 17, 2021 at 7:30 p.m. available by live streaming only at www.suu.edu/pva/music/webcasts.html.

The SUU Choirs performing are Opus Choir, Concert Choir, and Luminosa Treble Choir. Some of the songs to be performed that evening include *Everybody Has a Dream*, *Sound of Silence* (Pentatonix), *Still Rock and Roll to Me*, *You Belong with Me* (Taylor Swift), and *Uptown Girl*.

Ian Oliver, freshman Theatre Arts

have to the music, the energy while performing them certainly feels very different. The room is vibrant; rather than one collective soul of the choir singing, you truly feel the buzz of hundreds of different spirits projecting at you what the music means to them. It's very special."

Opus is the premier mixed choral ensemble of Southern Utah University. The group is flexible enough to perform music that is suited for chamber ensembles

voices, focusing on the exploration of quality literature from various stylistic and historical periods, and the development of vocal, choral, and musical skills.

Ashley Stackhouse recently graduated from SUU in December 2020 with a degree in music education and a choral emphasis. She has returned as the director of Luminosa Treble Choir. Stackhouse shares, "Honestly, it's strange and completely normal all at the same time to be

with Me by Taylor Swift. I'm a full on Swiftie at heart, so getting to teach this piece to my students has been so much fun!"

Rock out in your living room to the 6th Annual SUU Rock Concert titled *And So It Goes: Billy Joel & Friends* on Wednesday, February 17, 2021 at 7:30 p.m. live streaming at www.suu.edu/pva/music/webcasts.html. For more information about the Department of Music at SUU, please visit www.suu.edu/pva/music.

Annual Children's Jubilee coming to Cedar on Feb. 13

by Tanisa **CROSBY**

FOR IRON COUNTY TODAY

One thing that is great about music is that it connects people of all ages. One can never be too young to really start to dive into music, which is why the Orchestra of Southern Utah loves the annual Children's Jubilee. Children of all ages are invited to various activities and experience the thrill of live orchestral music. This year, the theme for the Jubilee and Concert is "Everyone a Superhero" and will take place on February 13th at 1 PM at the Heritage Center Theatre in Cedar City, UT.

There will be fun activities centered on the theme of superheroes starting at 1 PM. The Orchestra of Southern Utah will host several STEAM centered activities, an adaptation on the well-known "STEM" acronym. Activities will include science demonstrations and a museum display, which families are welcome to watch and explore. While the activities will not be hands on, something the jubilee is well known for, children will receive bags of take home activities and goodies. Families and children are encouraged to come dressed up as their favorite superheroes.

At 2 PM, the concert hall will be opened and everyone can then come enjoy a mini concert put on by the Orchestra. Cellomania USA will open the concert with the Theme from Transformers, Nina Hansen, the founder of Cellomania and a cellist from the Orchestra, started the group in 2006 to help students learn the cello beyond what they learn in the classroom. "Playing in a cello choir is an experience like no other," Nina Hansen explained, "It is the golden moment of playing the cello. It provides opportunities for growth in intonation, rhythm, technical skills, team work, spatial awareness and overall musicality." In the past, Cellomania has performed across Iron County and even traveled to places such as Disneyland in California and performed in Changsha, Xi'an and near Beijing on the Great Wall of China. Nina added, "Kids in Cedar City will love to see other kids playing really cool music, wearing really cool outfits, and having a great time on their instruments." The Orchestra under the direction of Conductor Carylee Zwang will play highlights of scores from Superman Returns, Robin Hood: Prince of Thieves and Star Wars.

The Children's Jubilee will take place on February 13th at 1 PM at the Heritage Center Theatre, located on 105 N 100 E, Cedar City, UT, (behind Lin's). Tickets are \$5 for adults and children and can be purchased at www.myosu.org or at the door; families can also get a free ticket if they bring in 3 cans of food to donate. Babies are welcome for this concert and have free admittance. Admittance is limited to 220 for safe audience attendance, and masks are required in the concert hall. Due to the limits in seating, it is recommended to purchase tickets in advance online.



ONE OF THE PLACES THE CELLOMANIA MUSICIANS TOOK THEIR TALENTS to was the Frontier Homestead State Park in Cedar City.

COURTESY OSU

everyone
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SUPERHERO ★

ORCHESTRA of SOUTHERN UTAH
CHILDREN'S JUBILEE
 ★ FEB 13, 2021 ★
 CARYLEE ZWANG, conductor
 1:00-3:00 @ the HERITAGE CENTER THEATER

Activities for family fun with art, music, and science • \$5 per person
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My experience in the pit...orchestra pit, that is

by Mary Anne **ANDERSEN**

CEDAR CITY ARTS COUNCIL

The assignment I gave to my piano student, Adam Jones, was to write about his experience in the orchestra pit of Canyon View High School's recent production of "Mamma Mia", an entirely new experience for him. Following, in his own words, is his remembrance of that most compelling of addictions: musical theater.

There exists a myriad of questions regarding our daily lives—"How was the universe created?" "What does it mean to be free?" Or even, "What does it mean to be?" Yet the most pressing question I found myself facing for the past two months was how I landed myself in an orchestra pit. While that question has remained unanswered, even after the act, the experience offered me during the months of preparation and performance was invaluable, and can be to any musician wanting to look at his or

her instrument with new eyes.

The schedule of our rehearsals consisted of starting at 7pm and staying for a smidge after 9. Our musicians were three people at the keyboards, one on the drums, and the one who made this entire endeavor a reality, Alex Byers, our teacher, at the electric bass. Without the brain-paralyzing conscientious effort expended daily by him, any tangible hope of live music would have been reduced to atoms. But a problem remained, one that I had managed to evade for my lifespan to now. A deadline waited for me; one I could not avoid. Normally, I enjoy the sound of those as they go whizzing by, but I would have no such pleasure here. A packet of 24 songs and 140 pages stood there, bathed in its menacing aura, just waiting to be practiced until opening night, exactly one month away. The question to be answered was, "It takes me months

to finish a 6-page composition, but this; is this even possible?" The answer lay in my sacrificing my weekends to see tangible progress.

Two weeks had passed since we had begun rehearsal, and we were now tasked with moving the equipment down to the pit: three keyboards, a drum set, and electric bass, multiple computers, and a soundboard which was to be connected to the speakers overhead. An hour later, we were ready. All electrical instruments were connected to the soundboard; our earphones were joined with Mr. Byers' phone, linking us to the click-track keeping us together. It was now time to practice with actors.

Their practices much resembled ours: occasional missed lines, late cues, and offbeat singing. Yet, that was half the joy of it all. Gradually, we all became more comfortable with what we were given. The actors'

*“ Gradually,
we all
became
more
comfortable
with what we
were given.*

characters began to emerge as they became confident in their new skins and we in the pit had our anxieties slowly resolved.

And suddenly performance day was here at last. For the past 10 days, we had been together practicing, repeating, and nailing in correct rhythms, lines, and choreography. As the audience settled in and the lights dimmed, we anxiously inched closer to our music and adjusted posture. The click-track began.



The advertisement features a scenic winter landscape with snow-covered evergreen trees and mountains in the background. In the foreground, a person wearing a red knit hat and a backpack is seen from behind, looking out over the valley. The text "WINTER PHOTO CONTEST" is prominently displayed in large, bold, white letters with a blue outline. Below this, a white italicized font reads: "Winning photos will be featured in our next issue of Color Country Magazine!". At the bottom, a white font on a blue background says: "Complete contest details/rules & enter your photo at IRONCOUNTYTODAY.COM".

IRON COUNTY COMMISSIONER MIKE BLEAK'S WINNING FIGHT WITH COVID-19

by Becki **BRONSON**

FOR IRON COUNTY TODAY

Commissioner Mike Bleak battled COVID-19 and was lucky enough to come out victor, but is still recovering from his ordeal. It wasn't as if he didn't already have a lot going on anyway. Commissioner Mike Bleak serves as one of the three elected Commissioners for Iron County, but in addition to that, he works for the state Medical Examiner's office investigating deaths, and he works part-time for the Enoch City Police Department. Mike founded and chairs the Iron County COVID-19 Task Force, which is made up of dozens of community leaders and proactively addresses local issues in relation to COVID and COVID response. He also serves on numerous charitable boards like the Iron County Children's Justice Center and is considered a world expert on the Choking Game and prevention. He speaks internationally on the subject and helped the CDC formulate a classification for death by the choking game so they could be better tracked, investigated and addressed with prevention.

But if all that wasn't enough, December 2020 also held some pretty big cards for the Bleak family. Mike, along with his wife Amy, a Nurse Practitioner at Intermountain WorkMed in Cedar City, have three children heading in three different directions: their oldest, Brock, had just gotten engaged to be married in early December, their middle child Kason had just left for a mission to Michigan and then on to Trinidad and Tobago at the same time, and their youngest Kylie is a middle schooler at Cedar Middle and competitive gymnast. Both Mike and Amy are also caring for elderly parents, and are building a new home right now, too, to put the cherry on top. "December was a busy time for the Bleaks" is an understatement.

But as Murphy's law dictates, when it rains it pours. "At the end of the year, there's so much to manage at the County, it's a mad dash," says Mike. "The Commission is on a year calendar, not a fiscal calendar, so we have a lot to take care of before the year ends." But it was at this very same time that Mike started to feel unwell, just a little bit, December 30, 2020. "I felt a little more tired than I normally am," says Mike. "That carried over into New Year's Eve. Our family went to a party, and though I sat and visited with people, I didn't really have the energy to participate and help host." Despite this, Mike says he didn't think it could be COVID. "A few weeks leading up to this I had had a small cold and some head congestion," says Mike. "It never did get worse, and I didn't think I needed to go get tested. My wife has her doctorate in nursing, and initially she didn't think it was COVID either. And anyone that is married to a

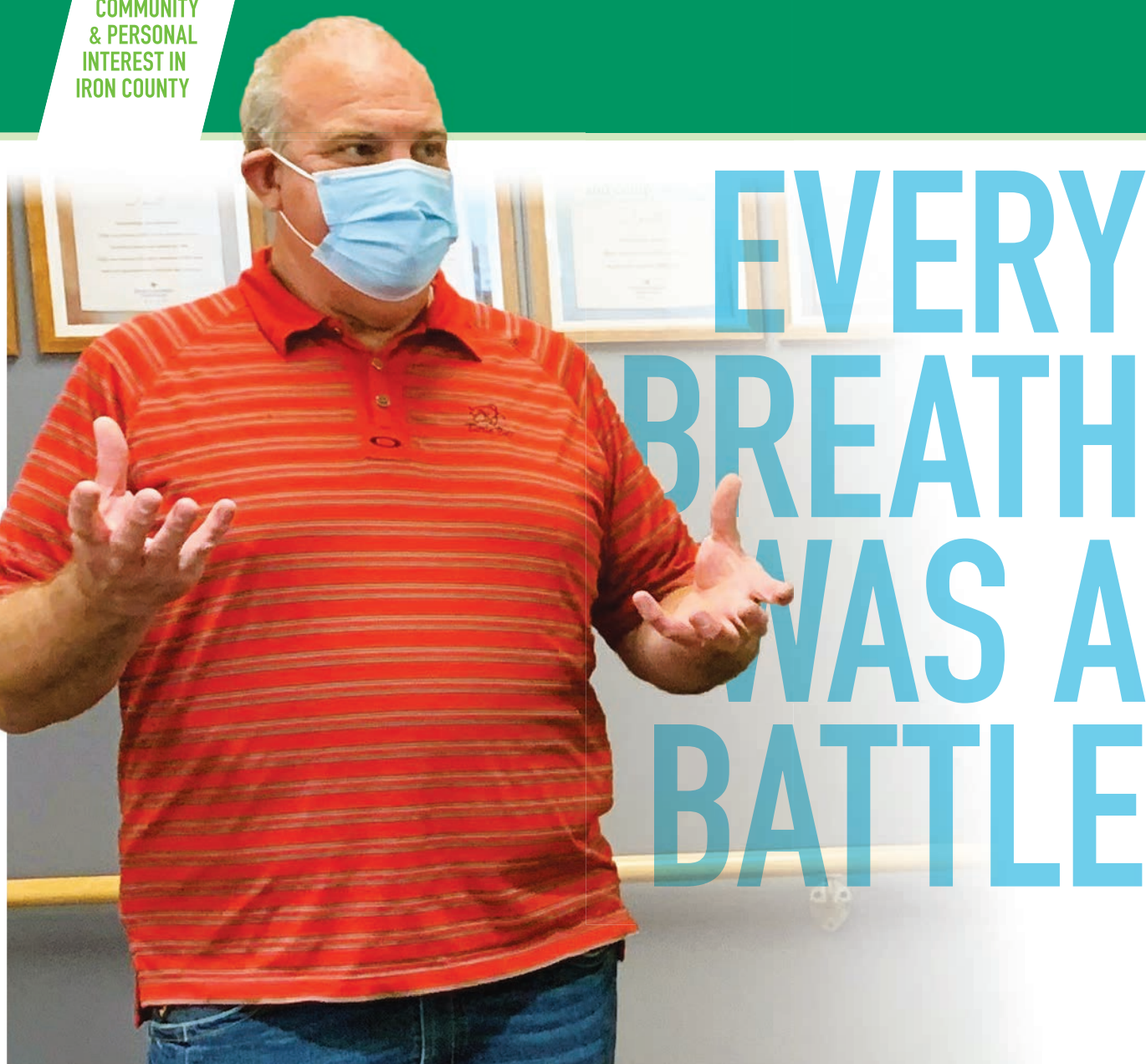
nurse or doctor will attest: there's no sympathy with medical people. We have a saying in our house, 'If mom says let me look at it, it's gotta be bad.' They see the worst of the worst pretty routinely, so nothing surprises them and it has to be really bad for them to be impressed."

Through New Year's Day and January 2, 2021, Mike felt progressively worse, still mostly tired. "Finally on Monday (January 3) I thought I'd better get tested as I wasn't getting any better," says Mike. "The next day I went to SUU to get the rapid COVID test they offer on-campus. The reason I even thought to get tested was I take care of my dad who is in poor health. Leading up to this, I was definitely careful to mask and sanitize, and so just wanted to be sure to rule COVID out."

But it didn't take even five minutes before the testing tech came back to the car and told Mike: he definitely had COVID-19. "I toured the ICU and

COVID unit at St. George Regional Hospital in early November of 2020, and that was a sobering glimpse into what could happen with COVID," says Mike. "As a medical examiner, I knew COVID was a real thing and something to take seriously. As a local elected official, I had to balance the COVID reality with economic stability in the county, jobs, practical planning and moving forward. COVID wasn't something I feared necessarily. Anyone I knew that had had it didn't struggle with it, it came and went. My sister and her family all had it, and it was miserable for a few days and then they were fine. So, I knew it was real, and I knew it had to be addressed. But it hits home when you go through it yourself."

Mike went home, called Amy and a few others to let them know, and hunkered down for what he thought would just be a few days of essen-



COURTESY MIKE BLEAK FAMILY

New consulting business brings “PB&J” to Cedar City

from Amy M. **NIELSON**

FOR IRON COUNTY TODAY

I have been asked many times over the past few years “why PB&J?” In the simplest explanation it stands for Peace, Balance and Joy, the primary target we aim for as practitioners for the clients we work with. But deeper in my heart is memories and sensations of comfort stemming from childhood memories.

I would regularly make bread with my grandmother as well as strawberry jam after picking the fresh berries from the patch outside her home. Open faced lightly toasted bread, creamy melty peanut butter and fresh jam. For years I thought it was about the food but I recognize now that it was about the comfort offered by a loving woman who through her gift of cooking brought warmth, love, compassion and beautiful values to her grandchildren.

I come from a legacy of loving, compassionate women. At PB&J Consulting we will not likely offer you a sandwich, but the services we

are creating and the environment we are cultivating come from desire to offer safety, comfort, compassion and love. We are endeavoring to pull together quality, evidenced based services that promote healing and wellness. We offer mental health counseling and we are supplementing this part of our work with massage therapy, nutritional coaching, yoga, support and education through classes and groups. We are building our practice from the recognition that so many of our mental health issues are directly related to unmet needs of the body.

This past year we have seen a dramatic increase in people seeking services for mental health. So much so that many are reaching out and having to be placed on wait lists. Some also face barriers such as finances, transportation, location, or the need to quarantine. At PB&J we are trying to help overcome these barriers by offering in-person and online counseling, affordable classes and groups online, free seminars monthly and we do have a sliding scale for those that qualify.



GETTY IMAGES

If you are looking for counseling and are wanting to get started on your healing journey right away, whether you are waiting to get into one of our counselors or any of the qualified practitioners in town, look us up, see how our supplementary services can get you started on the road to wellness. Maybe you are just seeking a boost of mood,

reduction of tension and stress in your body or want to learn more about how to make healthful shifts in your life. Give us a call, look us up on our website, we offer free phone consultations to help you know what might be a benefit for you. <https://www.psychologytoday.com/us/therapists/pbj-consulting-inc-cedar-city-ut/361815>.

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CALENDAR

DUE TO THE COMMUNITY'S RESPONSIBILITY to help prevent the potential spread of COVID-19, please check with the event and activity sponsors to make sure that the event is still taking place. Everyone's patience is greatly appreciated during this time.

WEDNESDAY, FEBRUARY 10

UMBRELLA DAY

WONDER WEDNESDAY – (2-4PM) CEDAR CITY LIBRARY. Admission is FREE for all students K-5. Children, accompanied by an adult, can join for adventure and fun make-and-take activities. This week children are invited to come and explore color with art projects and fun experiments! Masks are required.

- Frontier Homestead State Park (1st Wed.) 635 N Main St | (435) 586-9290
- Cedar City Library (2nd Wed.) 303 N 100 E | (435) 586-6661
- Southern Utah Museum of Art (3rd Wed.) 13 S 300 W | (435) 586-5432
- SUU S.T.E.M. Center (4th Wed.) 162 S 300 W | (435) 586-7770.

THURSDAY, FEBRUARY 11

MAKE A FRIEND DAY



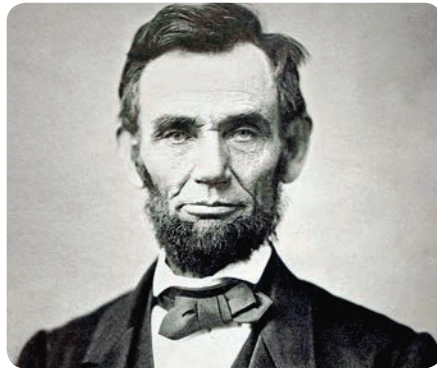
SUU - A.P.E.X. – LIVING THROUGH LOVE – 11:30 am – SUU Great Hall (351 W University Blvd, Cedar City). Admission is FREE. Celebrating our LGBTQIA+ families and friends. Sharing stories and experiences. Love, marriage, career and equality, with the lens of sharing and learning about each other and the journeys of those around us. Info: www.suu.edu/apex.

CCCMT: ANNIE VALENTINE'S SHOW & DESSERT FUNDRAISER – "Couples Night" (11*, 12th, 15th) - 7pm at (150 E Altamira Dr, Cedar City) \$10 per person includes cookie, bottle of water. Come support the Cedar City Children's

Musical Theatre. *Special Couples Only Night Saturday (\$30 per couple). Tickets available online, www.CCCMT.org.

FRIDAY, FEBRUARY 12

ABRAHAM LINCOLN'S BIRTHDAY



HISTORY (1809) ABRAHAM LINCOLN BORN IN HARDIN COUNTY, KENTUCKY. Died: April 15, 1865 in Washington, D.C. He led America through its greatest internal crisis, the American Civil War, preserving the Union and ending slavery and promoting the passage of the Thirteenth Amendment to the Constitution prior to his assassination by John Wilkes Booth.

SATURDAY, FEBRUARY 13

WORLD RADIO DAY



RENTWAPO-WORKS FARMERS MARKET (Saturdays and Sundays) – 9am to 2pm, (4871 N Enoch Rd.) Cold weather inside. Warm weather outside. Apples, Art, hand-crafted items, eggs, home décor, homeopathic items, Avon, furniture, pecans, apples, un-popped popcorn and homemade goodies. A free, fun and unique shopping experience. Some weeks include door prizes and games. COVID compliant. Info – Linda 435-559-1657



CEDAR CITY YEAR-ROUND DOWNTOWN FARMERS MARKET, 10am to 1pm, Every Saturday rain or shine, in parking lot behind the Stratford Hotel, (18 S Main Street) or inside the building behind the parking lot in the cold weather months. Artwork, baked goods, crafts, custom semi-precious stone, costume jewelry, farm fresh produce, homemade brownies & candies, home style treats, homemade jams & jellies, homeopathic items and 100% real honey. Admission FREE.

SATURDAY FARMER'S MARKET, 9AM TO 1PM, Saturdays @ IFA, 905 S Main. Good weather outside, bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For info call (435) 463-3735.



OSU'S CHILDREN'S JUBILEE – "EVERYONE A SUPERHERO" – 1pm, Heritage Theater (105 N. 100 E.) Lobby displays (1-2pm). Concert (2pm). Featuring full orchestra with music from Superman, Robin Hood, and Star Wars. \$5 per person, babies free. One free admission with three cans of food for Iron County Care and Share. Info: www.myosu.org.

VALENTINE'S COUPLES CANDLELIGHT YOGA – 2pm, Spirit Wellness (1615 N. Main, Cedar City) Fun, easy, and romantic, connect with your partner. Free to members, \$8 drop in fee for non-members. (435) 867-KLUB(5582)

SUNDAY, FEBRUARY 14

VALENTINE'S DAY

"THE ONLY THING WE NEVER GET ENOUGH OF IS LOVE; and the only thing we never give enough of is love."—Henry Miller

MONDAY, FEBRUARY 15

SINGLE AWARENESS DAY

CCCMT: ANNIE VALENTINE'S SHOW & DESSERT FUNDRAISER - 7pm at (150 E Altamira Dr, Cedar City) \$10 per person includes cookie, bottle of water. Come support the Cedar City Children's Musical Theatre. Tickets available online, www.CCCMT.org.

TUESDAY, FEBRUARY 16

PANCAKE DAY

SOUTHERN UTAH WATERCOLOR SOCIETY (3RD MONDAYS except holidays – 5:30pm) Meet at Cedar City Library (303 N. 100 E.) All interested parties are welcome. Throughout the year we have demonstrations, workshops providing instruction. We also host exhibits. Come join us!

WEDNESDAY, FEBRUARY 17

RANDOM ACT OF KINDNESS DAY

PRECEPT UPON PRECEPT BIBLE STUDY – "Sermon on the Mount" – 6:30 to 8:45pm (Also Thurs 1-3pm), Cedar City Library (303 N 100 E). A 6-week precept study of the Sermon on the Mount. Bible studies are nondenominational. Call 435-267-2234 or 435-238-3078 for info and to register. Workbooks are \$22.50, available Feb. 10th. www.precept.org.

Want your event on our calendar?

There is no charge for calendar items. Your submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.



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CALENDAR

Support Groups

ALCOHOLICS ANONYMOUS

(435) 635-3603 • www.utahaa.org • Helpline: John (702) 802-1332, Kara (702) 232-6829

Meetings at KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Steps and Traditions • M – Su, 7 am

Speaking From The Heart • M – Sa, Noon

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

Thank God it's Sunday Spiritual • Sun, 11 am

My Story • Sat, 8 pm

Women's Meeting • Sat, 10:30 am

What a Way to Start the Day • Su, W, F 7-8 am • All are welcome

Red Road to Sobriety • Mon, 6 pm Paiute Indian Tribe of Utah, 440 N Paiute (435) 586-1112 Ext. 307

The Great Fact • T, F, Noon • True Life Center (TLC) 2111 N. Main. • (702) 802-1332 or (702) 533-7856

Red Creek Group • Wed, 7 pm • Canyon Park, Lions Pavilion • (435) 477-8925

AL-ANON

Meetings at KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Easy Does It • Tues, 7-8 pm • (435) 559-3333

Al-Anon • 1st, 3rd Tues, 7-8 pm, Parowan Senior Center, 685 N 300 E • (435) 477-8925

Hope for Today (Family Groups) Thurs, 6 pm • (435) 559-3333

NARCOTICS ANONYMOUS

www.nasouthernutah.org • (435) 635-9603 Most classes meet at 203 E Cobblecreek Dr, unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm

Live and Let Live • Fri, 8 pm

Candle Light Meeting • Sat, 9:30 pm (Small room)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm The Meeting Hall, 1067 S Main St, Cedar (877) 865-5890.

ALZHEIMER'S CAREGIVER

Online Meetings: 2nd Fri, 5:30 pm 4th Mon, 5:30 pm • RSVP to mjmillar@alz.org or (435) 238-4998 x8773

PARKINSON'S

Please call Kristy for info about Parkinson's and activities available. 435-559-9681

CAREGIVERS

1st Tues, Noon • Five County Aging Offices, 585 N Main St, Ste. 1, Cedar City

ARP—ADDICTION RECOVERY

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan

SENIOR BLIND/VISUALLY IMPAIRED

3rd Thurs, 1:30 pm • Cedar City Library

NAMI BRIDGES & FAMILY TO FAMILY

Thurs, 7 pm • SW Behavioral Health Center, 245 E 680 S, Cedar. Free • (435) 590-7749

PREGNANCY, INFANT LOSS

1st Wed, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar City www.southernutahshare.com

MULTIPLE SCLEROSIS

3rd Thurs, 6-8 pm • Cedar Visitor's Center (581 N Main) Caregivers and those with MS

Service Clubs

LION'S CLUB

Tues, 12 pm • Call Pres. Roger Shurtz for mtg. info. Everyone welcome! (435) 590-2896

ROTARY CLUB

Tues, 12:15 • Southwest Tech 757 W 800 S, Cedar City • (435) 233-0244

CEDAR CITY ELKS LODGE #1556

111 E Freedom Blvd. Cedar City (435) 586-8332

MARINE CORPS LEAGUE

Detachment 1315, 2nd Wed, 6 pm Elks Lodge, 111 E 200 N, Cedar City.

AMERICAN LEGION AUX

3rd Wed, 6 pm, Cedar Library, 303 N 100 E Amer. Legion Conf. Room • (435) 704-6654

DAR – BALD EAGLE CHAPTER

2nd Tues, 4 pm, Cedar City Library ajssball@aol.com

BIKERS AGAINST CHILD ABUSE

1st Thurs 7 pm • 593 N 1450 W, Cedar City. Helpline: 435-559-4505

Classes/Activities

ADULT BARRE/MODERN DANCE

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

ARTHRITIS FOUNDATIONS EXERCISE

Wed, 1 pm, Cedar City Senior Center 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

AWANA BIBLE CLUB

7th-12th grade, Mon, 6:30 pm - 8:30 pm 3 yrs-6th grade, Wed, 6:30 pm - 8 pm Valley Bible Church, 4780 N Hwy 91, Cedar City • (435) 586-0253 or (435) 990-1638

BOOK CLUB

2nd Thurs, 7 pm • Cedar City Library 303 N 100 E. Next month (Jan) we will discuss "The Zookeeper's Wife" by Diana Ackerman

CEDAR CHEST QUILTERS' GUILD

Thurs, 10 am • Cedar City Senior Center 489 E 200 S • (435) 586-0832

CEDAR CITY RADIO CONTROL CLUB

4th Thurs, 7 pm • Cedar City Library 303 N 100 E.

CEDAR CITY TOASTMASTERS

Thurs, 7 am • The Pastry Pub 86 W University Blvd. Find your voice & shape your future. Be the leader and speaker you want to be. (603) 731-0116

CEDAR PROFESSIONALS

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. An organization of business people. Stimulate business for members through exchange of ideas, information and business referrals. www.cedarprofessionals.org

COLOR COUNTRY WINDS

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

COLOR COUNTRY PICKLEBALL

M-F, 7-10 am • 155 E 400 S (Cedar Stake Ctr) Paddles & balls supplied. (435) 586-6345

HEY CEDARS SQUARE DANCE

Wed • Beginner's, 6 pm, Mainstream Dancers, 7-9 pm • Cedar City Senior Center 489 E 200 S. (435) 531-6811 or (435) 669-4867

Government

IRON COUNTY COMMISSION

2nd & 4th Mon, 9 am Commission Chambers 68 S 100 E, Parowan.

CEDAR CITY COUNCIL

Wed (except 5th), 5:30 pm • City Hall 10 N. Main St (435) 586-2950

ENOCH PLANNING COMMISSION

2nd & 4th Tues, 5:30 pm • City Hall 900 E Midvalley Rd • (435) 586-1119

ENOCH CITY COUNCIL

1st & 3rd Wed, 6 pm • City Hall 900 E Midvalley Rd • (435) 586-1119

PAROWAN CITY COUNCIL

2nd & 4th Thurs, 6 pm • City Hall 35 E 100 N • (435) 477-3331

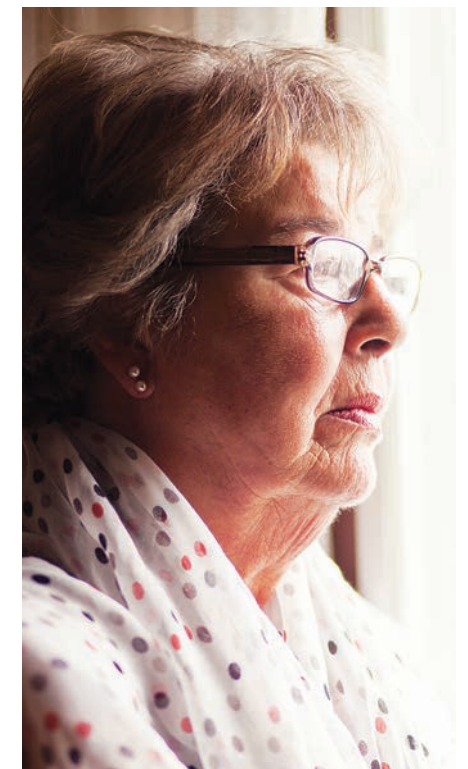
IRON COUNTY REPUBLICAN WOMEN

3rd Wed, 11:30 am. Tickets \$20, https://www.ironcountyrepublicanwomen.com

Alzheimer's caregiver's virtual support group in Cedar

Dear Community Members,

With the COVID-19 pandemic, caregivers and those who have Alzheimer's Disease are more isolated than ever. The online support group we host is to provide caregivers with community resources and a connection with other caregivers.



GETTY IMAGES

During the month of February, we will have groups through Zoom on the second Friday of the month (2/12/21) and the fourth Monday of the month (2/22/21). Potential participants who are not able to connect through the video conferencing platform can dial a phone number and enter the meeting information to connect through audio.

If you would like additional information, you can reply to this email or contact the Alzheimer's Association's Regional Manager, Mike Miller, at (435) 238-4998, extension 8773, or mjmillar@alz.org.

Thank you,

Michelle Morriss

SCHOOLS

ICSD News Nuggets

from Le Ann **WOOLSTENHULME**

IRON COUNTY SCHOOL DISTRICT

Iron Springs Elementary

Big things are happening here at Iron Springs Elementary! We have added a Book Vending Machine!



Working with our Community Council, we were able to start the Accelerated Reader Program at the beginning of the year. Students have individual reading goals set for them to work towards each quarter. All students who meet or exceed their goals for the quarter earn a reward. The reward for this quarter will be popsicles and an extra recess!

This addition will also be used with our Accelerated Reader Program as an additional incentive. At the end of each quarter three students from each class who have the highest percentage on their goals receive a token to use in the vending machine to get a free book of their choosing. This addition to our school was made possible through the efforts of our amazing PTA!

The combined efforts of our Community Council and PTA have brought an excitement for reading into the lives of our students. Thank you to all who have worked so hard to make this happen. Also, a special thank you to Mr. Steve

Burton and Mrs. Michelle Lambert for coming to the unveiling and showing your support.

Enoch Elementary

The sounds of horns filled the 5th grade halls as students tested out band instruments this week. Mrs. Lauralyn Anderson, Director of the Canyon View Middle School bands visited the soon-to-be middle schoolers. She allowed students to try out various instruments to help them choose their elective class for next year.



Enoch Elementary wants to thank all the parents for attending the SEP conferences with our teachers. We are excited to watch students grow their skills and confidence.

Fiddlers Canyon Elementary

Our February PTA meeting will be February 17th at 12:30 in the school library (masks required). All parents are welcome to join us as we present nominations for next year's PTA board.

3rd, 4th, and 5th graders are eligible to participate in the school spelling bee.

Winners of upcoming class spelling bees will move on to the school competition on March 17th. You can find practice lists on the school website under the Activities tab. Good luck, spellers!

Mark your calendars for Kindergarten registration on March 2nd. More details coming soon!

Three Peaks Elementary

Three Peaks Elementary recently celebrated the 100th day of school. Students and teachers dressed up to look as if they were 100 years old. Students brought 100 objects to count and graph. Math and reading activities were centered around the numeral 100. We had a grand day and cannot believe that we have been in school 100 days already!



We would like to thank parents/guardians for attending SEP conferences in person or virtually. Students learn better when there is positive collaboration and communication between home and school.

A reminder that President's Holiday is on Monday, February 15, 2021 and school will not be in session.

South Elementary

Each month South Elementary spotlights a student from each grade who is a great example of being safe, kind, and responsible. Congratulations to this month's spotlight students. Also happening at South Elementary, the first grade students enjoyed celebrating the 100th day of school. They did counting activities, made some cool 100-day glasses, and one class even made 100 pancakes.



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 Contact us at: 435-865-8576

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AGE OF ROMANCE



The Rut LESS TRAVELED

by Corey BAUMGARTNER
IRON COUNTY TODAY

With Valentine's Day approaching, this wonderful Rockwell illustration portrays an inspiring mixture of both modern and medieval love. There are a lot of delightful ideas for knights and princesses to discover in the details. As we can see on the focused face of the young boy, he's not only enjoying a fantasy of becoming a noble knight, but he's searching for any clues to use on his way to knight-hood and becoming worthy of the princess. His trusty, furry steed is patient, but bored waiting for his rider to stop reading and take him to the countryside for a jovial joust with anything that moves.

Unfortunately, in today's so-called age of romance, these kinds of portrayals of knights and princesses are more frowned upon than believed in. While many can enjoy a good romantic movie, or Disney fairytale with a happy ending, they don't believe such relationships are real. It may still be fun to fantasize about such, but too many broken hearts, depressing dragons and unworthy knights (or princesses) have made such happy endings seem unrealistic. They become suspicious of the chivalrous and settle for "good enough" or not at all. Nevertheless, just because some aspects of romance are exaggerated and eroded in movies, music and magazines, doesn't mean we should demean or disbelieve in the importance of seeking such true unity

between love and romance in our dating, or our marriages.

Some prideful princesses think knights are no-longer needed, that chivalry doesn't exist, and there are no such things as happy endings. They don't want or need to be "rescued," they want reality. The reality is that we all need to be rescued once in a while. Even if the princess can take care of herself, that's not all knights are good for or should learn/know how to do. Respecting a princess can be more effective than rescuing them. Once a princess (or a knight) is reminded of their value, they can rescue themselves with the added strength that comes from knowing they are valuable and valued. Who doesn't want that? And what's wrong with a princess rescuing her knight? Sometimes,



NORMAN ROCKWELL

knights lose fights with dragons and get mud on their armor, too. Some naughty knights have forgotten that whether you have to fight a dragon or not, every princess has great worth—more than all the treasure troves ever portrayed in the Disney archives. Some knights who haven't learned or have forgotten (need to be reminded) how to be chivalrous and how to treat each princess honorably and to value her for her heart more than her inheritance. A true knight knows, or is willing to learn, that every girl and woman is a princess and queen who deserves to be treated with respect and honor.

No, not all knights are nice, or princesses are perfect. Don't let one prideful princess or naughty knight keep you from believing in and finding the one who is searching valiantly (and striving to become more valiant, virtuous) for your hand and your heart. And even when you find them, keep learning how to become the very best knight, or princess and enjoy the journey together.

PEOPLE

BIRTH

Vivenna Glover

Vivenna Glover was born on January 27, 2021, at 7:12pm, to Tyler and Ambri Glover of Enoch, UT. She weighed 6lbs. and was 19in. long. She was welcomed by sister, Ivy Glover, Don and Sherie Glover (Father's Parents) and David and Laurie Dunnell (Mother's Parents).



There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon for the following week's issue. Announcements should be 100 words or less. Please call 435-867-1865 ext. 5 for pricing for all other announcements.

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Expires Feb. 21, 2021

FAITH

Perfect peace

by Malcolm HOWARD

FOR IRON COUNTY TODAY

You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You. (Isaiah 26:3 – NKJV)

With things in the world as they are now, is it possible to have peace? Not just peace, but perfect, complete, unwavering peace in your mind and heart? Isaiah 26:3 says “yes” and tells us how: Your mind must be stayed, fixed, firmly anchored, on God, and you must trust in Him to always do what’s right. Trust His wisdom, His love, His knowledge, His power, His holiness, His goodness, His mercy and grace. Trust Him.

Note Who is the Provider, the Source, of that peace: God Himself, identified three times in this verse as You. Our omnipotent, omniscient God is fully capable, and desirous of providing perfect peace to His own, those people who have trusted the Lord Jesus Christ – the Jesus of the Bible – as their Savior from sin. Note also that God will not only provide perfect peace but also keep you in perfect peace.

Trust Him. Do you believe – are you totally convinced – that the God Who created this universe by merely speaking it into existence could instantly change the current world situation? If you do believe that, then it should be obvious that God is allowing and controlling what’s happening now. It’s part of the plan He set in place before creation. The current events are fulfilling some of that eternal plan.

Trust Him. We’re spectators – observers – watching the unfolding of God’s plan for the ages. More than that, like it or not, we’re forced to live with and, to a degree, participate in what’s happening around us. We are personally affected by the current conditions, and that too is part of God’s plan.

Trust Him. From eternity past, God sovereignly determined when you would be born. He knew that you would be on earth at this time, observing and participating. That’s part of His plan for your life and He knows what He’s doing.

Trust Him. One group or another may think they’re in control of what’s happening in the world, but they’re not. God is. As in every age, those who are in power are there by His sovereign decree, and He’s using them to accomplish His plan, His will.

Trust Him. (Although God isn’t the author of evil, He sometimes uses man’s evil ways and deeds for His purposes. Read the Old Testament book of Habakkuk.) At His trial, Jesus told Pilate, “You would have no authority over me unless it had been given you from above” (John 19:11, NASB). That’s still true. God is still sovereign, still on His throne, still in absolute control. Nothing happens on earth without His permission.

Trust Him. Only God knows and controls the future. We don’t. God is never surprised by anything because everything is under His control. It always has been and always will be. That knowledge should enable us to trust Him without reservation and thus experience the peace – perfect peace – promised in Isaiah 26:3.

Community Presbyterian Church of Cedar City invites our community to join us as we begin the solemn season of Lent

February 17 is Ash Wednesday. Ash Wednesday is the beginning of the church season of Lent, when we, as followers of Christ, remember and reflect on the journey of Jesus to the cross. Lent is a time of preparation that leads to the glorious resurrection of Jesus Christ on Easter, April 4th.

At Community Presbyterian Church, we will hold a Drive By Ash Wednesday event on Wednesday, February 17 from 5:30-6:30 p.m. in the church parking lot. Pastors will

—LENT—

place ashes on the foreheads of those who come. No need to get out of your car, and ashes will be placed with a clean disposable sponge. (COVID friendly)

In addition, you will receive a prayer and scripture verses that you can use to reflect as you leave the event. Join us as we begin the sacred season of Lent.

Community Presbyterian Church is located at 2279 N Wedgewood Ln. Cedar City. For more information call the church office 435-586-8891 or go to our website cedarpres.org.

Pastor Nancy Pearson
Community Presbyterian Church

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FAITH

Moving forward, moving backward, or just staying in place

ASKING DIFFICULT QUESTIONS & TRUTH 101.6

by Edy **MEREDITH**

FOR IRON COUNTY TODAY

Have you heard of giving a hand or leg up? The “leg up” phrase started when a person needed help to get on a horse. The helper would extend both hands knitted together to provide support for the to be horse rider’s foot. It is also a phrase for helping another person to move forward, make progress, to push, advance, and make headway. It is the opposite of making another person stumble or stall. It is an indication of giving a benefit to another person. Perhaps that person has been banging their head against a wall and has been unsuccessful in accomplishing a goal. It seems like they have been trying to push water uphill. Can you be a friend and help that person make progress if they would like your help?

We want to be discerning so our friend does not walk-in circles or bark up the wrong tree. Ask your friend if you can help them and do not stand in their way because of your own fear or prejudice. Recently a friend of mine reconnected with some long-lost former in-laws, through the intervention of a mutual acquaintance. Initially the mutual acquaintance carefully asked about my friend’s unusual last name. After determining that her friend did have a former relationship to those people and bore no ill will against the other party, the two parties were re-connected.

While the long-lost in-laws had committed some cruel actions many years before toward my friend and her children, I have found that time does heal many wounds. Even the children who had been cut off from in-laws, a parent, and parental help also bear no ill feelings, and in fact, God has blessed and healed them from the destruction caused by the paternal neglect and abandonment.

I recently came across an article called “Lesson from my father, a Holocaust survivor” by Harvey Katz in All Israel News. His father told Harvey,

“You have to always forgive, otherwise bitterness will destroy you.” (For the complete story: allisrael.com/lesson-from-my-father-a-holocaust-survivor)

Another example of progress and perseverance over persecution is the life of Percy Lavon Julian (1899-1975), a research chemist and pioneer in the chemical synthesis of medicinal drugs from plants. He received more than 130 chemical patents and was one of the first African Americans to receive a doctorate in chemistry. He pushed past racial barriers and physical attacks to become well known and well rewarded for his persistent work. Julian said that his Grandfather Cabe told him that there’s “always a remedy, always a way out, and I want you to look for that way just as the Prophet Jeremiah when he was in despair and the Lord told him that there is always a way out.” Professor Julian received 19 honorary degrees, induction into the National Academy of Science, and had many buildings named for him. Dr. Julian thanked his parents, teachers, and Grandpa Cabe, who in a cotton field taught him the meaning of an old spiritual. “It was then that I made my vow that I would forever fight to keep hope alive because there is always a way out.” (chicagotribune.com/opinion/commentary/ct-perspective-flashback-percy-julian-chemist-oak-park)

Do you help the needy, the poor, and the oppressed? To the rich young man, Jesus answered, “If you want to be perfect, go, sell your possessions, give to the poor, and you will have treasure in heaven. Then come, follow me.” (Matthew 19:21)

If you are retired and have an IRA, each year you can donate a portion or all of your Required Minimum Distribution to charitable 501(c)(3) organizations without paying any taxes on it. Please study to see how this can benefit you and charitable organizations for the best of both worlds. Pray and help so that blessings from heaven will flow into the lives of many.

“I Wanna Go Back” (David Dunn)

LUKE 15:11-32

What did you dream about doing, becoming when you were a kid? What do you dream about doing, becoming now that you’re an adult? Does being an adult mean that you have to have different dreams, or is it that you’re more realistic now and don’t have time for dreams or “religion” and no longer believe such childlike faith is practical for your “grown-up” problems? Do you feel like you’re facing mountains today that no amount of faith could ever move? Is it easier to keep up with the Joneses than follow Jesus?

David Dunn’s heartfelt song



GOD'S Playlist

by Corey **BAUMGARTNER**

IRON COUNTY TODAY

incorporates these concerns along with two familiar Christian songs, “This Little Light of Mine” and “Jesus Loves Me.” It also has elements from the Parable of the Two Brothers, or more familiarly recognized as, the Prodigal Son (Luke 15:11-32).

Dreams and desires are good things, but when they distance us from Deity, they will lead us down paths that end up in more pigsties than palaces. I’m sure the prodigal son never dreamed that he would be working in the pigsties, or get to the point of starvation where pig food looked like a feast. Once he realized his demise, he wanted to go back to his father—no longer as his son, but his servant. He had a showdown with his shame and thankfully, hope won.

I love the verse in (MALACHI 3:7) because the Lord basically

says, come back to me and I’ll come back to you. The Lord doesn’t say, “You’re the idiot that left me in the first place and now you think you can just come home?” Perhaps many people think this is the Lord’s response so they don’t come home. They’d rather take their chances with the pigs than the punishment. If they only read the rest of the story, of where and how the prodigal and his papa were reunited!

Concerning the “punishment” that makes everyone who’s ever made a mistake hesitate, hurt, run and hide. Jesus loves you! He wants you to stop running, hiding and come back. Not so he can punish you, but promote you. He wants to take you physically,

emotionally and spiritually from the pigsty to the palace, from the mud to the mansion (JOHN 14:2-3). Yes, chastisement may be necessary (HEBREWS 12:4-12) but it’s not to shame

you or make you feel like an idiot. It’s to make you stronger in weakness and cause your light to be brighter in a world getting darker. He wants you to know that He really can heal you if you give Him your sins (JOB 22:23), your ashes (ISIAIAH 61:3) and that He will still give you a future and a hope (JEREMIAH 29:11). Though you may not feel it in the moment, it’s also to remind you that He loves you (JOHN 3:16-17).

Do you wanna to go back into the arms of Jesus? What’s holding you back? What’s blocking your little light from shining? Is a pigsty perspective preventing you from realizing Jesus loves you? He’s not just waiting for your return, but like the grateful father of the prodigal, He is running towards you with arms and heart wide open. Come back!

BLEAK

« CONTINUED FROM PAGE 14

tially waiting out a bad cold. “I told everyone, ‘I’m fine I’ll be OK.’ And I was sure I would be. At the testing center, they said to plan to be in quarantine ten days from the onset of when you started feeling sick, and I was already five days into it so thought, yeah, I should be good. My family stayed away from me and washed their hands a lot.”

But as the next two days progressed, his concern began to grow. “The first thing I noticed was my skin started to feel like it was on fire,” says Mike. “I never did get a fever, but even to touch my skin it was painful. My joints hurt like never before; I could feel my bones hurting. Having a doctor for a wife was helpful, because I could access a blood oxygen reader pretty easily, and my levels were still good at this point, 94-95 percent blood oxygen. But I felt miserable. I would get headaches unlike I had ever had. I’ve had migraines before but this was much, much worse. I didn’t eat and really didn’t drink because I was growing too sick to feel like it. I was feeling so horrible I didn’t even have the energy to pick up my phone, and didn’t for a long time, for days, weeks. That can tell you just how sick I felt.”

Despite that, though, Mike says there were just two things he made sure to do “to keep feeling human.” “I made myself shower every single day, and I shaved every day,” says Mike. “Sometimes it meant crawling to the shower and hanging on the wall and doors to get there and back, but I did it. And shaving was with my electric razor as I laid almost immobile on the couch.”

This went on for the rest of the first week in January, and still, things were not getting better. “I couldn’t sleep, I was miserable,” says Mike. “But I told myself, ‘Well, I can still breathe, so I am going to be OK.’ It felt like a really, really bad flu.” But as Mike rounded the corner into the second week of January, things took a significant turn for the worse. “I started to get short of breath,” says Mike. “Then it grew to where I couldn’t breathe at all. It would be comparable to blood clots in your lungs.”

Unfortunately, Mike knows all too well what that feels like, having had to be hospitalized in an ICU in 2000 and again in 2010 for blood clots in his lungs and the resulting pneumonia. “In 2010 I had to be Life Flighted for it,” says Mike. “So I know what’s it’s like to not be able to breathe, and it was directly comparable to that.

You cannot get oxygen volume or exchange in your lungs, it’s like you’re hyperventilating. The air goes in, but there’s no oxygen. Even to sit up I was gasping for air. If it hadn’t been for Amy, I definitely would have ended up in the hospital. Every breath was a battle. And that lasted for almost the entire following week.”

Amy called some physicians to confer and contemplated taking Mike to the hospital. “But we were told the 10 to 14 day window where they could give you medication to help treat it had passed,” says Mike. “We decided to stay home and try and treat it that way.” Amy ordered oxygen for Mike and Intermountain Home Health set up the oxygen tanks at their house and Mike wore the canula morning and night.



COURTESY MIKE BLEAK FAMILY

THERE WAS NO PRECAUTION TOO SMALL to help keep Commissioner Bleak from getting worse and from keeping his family and those around him safe from getting COVID-19.

Mike became severely dehydrated at this same time. His digestive system wouldn’t process or keep anything he ate or drank in, so he had to also be put on an IV. “In addition, I lost any normal taste and smell,” says Mike. “When you have a cold you can’t taste well, but this is completely different. You could taste individual ingredients, perhaps, maybe just the salt in something, and that’s it. But chicken tasted like cardboard. Food texture was thrown completely off. If someone put hot sauce on something, I couldn’t taste the hot sauce but my mouth would burn.” The only thing he could taste was Crystal Light punch and Arizona canned strawberry drink. “I think it could be from the acidity,” says Mike. “Because coating my entire mouth, palette and throat was a film that I could never get rid of, no matter how hard I tried.”

It was finally in the third week of January when Mike started to round

a corner. “I was coughing quite a bit on January 20th, but on the 21st and 22nd I didn’t cough quite so much,” says Mike. “The claim is it takes 10 days after first symptoms to get better, but I went another 10 days with pretty scary symptoms.” And just because he can breathe better or has the strength and ability to leave the house, doesn’t mean he’s recovered from COVID, and may not for a while. “One thing that I am understanding now is the longer-term effect of COVID,” says Mike. “The mental health part of how we are dealing with COVID is a real thing and something that needs to be addressed. It’s a pretty scary feeling being all alone, nobody coming near you, nobody coming to the house, just that part alone was difficult. But even when

you’re home, you’re isolated, no one is getting near you. Human beings aren’t meant to live that way, and while you’re sick and suffering terribly already, it’s added to by being left all alone, and it plays with your mind. During that stretch of time when I couldn’t breathe, a friend I grew up with about my age passed away from COVID. You start thinking ‘What I have really could kill me,’ and your anxiety is very real while you are going through this, just waiting for the other shoe to drop.”

Mike is still on oxygen to keep his blood oxygen rates up. “My blood oxygen is still pretty low, probably low 80s, but getting better every day,” says Mike. “The lack of oxygen also seems to have made it more difficult for brain processing. I still feel like I’m in a haze. I’m foggy, I can’t remember names, dates, it’s hard to process things like I used to be able to do quickly. I think it will return with

time, but right now, I still feel like I’m not fully better.”

He still doesn’t fully have his taste and smell back either, he estimates only 75% percent has returned, and the film in his mouth and throat is still there. “Being sick has affected things I wouldn’t have ever anticipated,” says Mike. “I have a constant lump in my throat, and am constantly trying to clear it, but it won’t go anywhere. And my vision. I have pretty good vision and being 50 years old I have needed reading glasses on occasion, but now I need them all the time, and I’m going to need them with a stronger magnification. I have talked to a few others where their eyes got worse after COVID too. One of my friend’s sister and husband both got COVID, one got detached retinas during it and another had eardrum damage they think may be permanent. I’m feeling pretty fortunate, because I can tell I’m getting better every day, but my eyesight is definitely worse.”

As Mike continues to heal and work to get better, he says he advises those in our community to take COVID a “little more seriously.” “Iron County made it through the first eight months with a pretty low transmission rate, hospitalizations stayed low,” says Mike. “But after Thanksgiving it has caught up with us in our area, and we are now in a different circumstance. We’ve been upwards of 30 percent positivity rate the last few months (meaning of those who have taken the COVID test, 30 percent test positive, which indicates a higher transmission rate). In comparison over the summer we were in single digit positive rates. There is no way we can stop the spread of COVID completely, but you know, we can slow it, and we can prevent giving it to others, and prevent our getting it.”

Mike says he knows there are some who have gotten COVID twice and is doing what he can to prevent this happening to him. “I wear a mask when I go anywhere, and I hand sanitize a lot, because I don’t want it again,” says Mike. “Everyone’s got to take responsibility for themselves. We can’t close the economy, and I am against government mandates.

So, ask yourselves: what I am doing to prevent the spread? Do what you can, not in a fearful way, but in a smart way, to keep yourself and your family safe. Wear a mask. Sanitize your hands, often. Because I wouldn’t wish going through what I did on anybody. Well, I take that back,” laughs Mike. “There are a COUPLE people in the world I could wish it on, but everyone else, no!”

OBITUARIES

Donna Clark



Our loving wife, mom, sister and grandma Donna Jean Webster Clark passed away peacefully in her home on February 3, 2021. Our lives will forever be changed knowing this great lady.

Donna Jean was born April 24, 1941 to Louis Wells Webster and Ruby Smith Webster in Cedar City, Utah. The oldest child of three, she took good care of her two younger brothers, Wells and Sid.

Donna attended Cedar High School and was a proud Redmen graduate with the class of 1959. She was a very active member of her graduating class and helped planned many class reunions. She loved her luncheons with her fellow '59er ladies. She continued her love of education by teaching kids to read for years at the North Elementary. She made so many life-long friends there.

On June 26, 1959 Donna Jean married the love of her life, Robert Samuel Clark. They were married in the church on 900 West with all of their friends and family present. In 1962, Donna and Bob went in to have their first child only to be surprised with twins! They sent Granny to the store to buy a second set of everything. Michael Louis Clark and Janette Clark McIntyre were the light of this young mother's life. 7 years later, a sweet baby girl, Nancy Clark completed their family.

In her red bandana, Donna worked side by side with Bob at the family farm. She was a hard worker who instilled a love for life and the land in her children and all those around her. From docking lambs to feeding hungry mouths, she never shied away from hard work. Donna has served as the president of the Lady Woolgrowers Association for many years. She also ran the concession stand for the Southwest Jr. Livestock Show serving Lamb Burgers and giving away lollipops to every kid who stopped by.

Donna Jeans' door was always open to everyone. There was always food to eat and a fresh pot of coffee brewed. She looked forward to her afternoon coffee date with her friends around the kitchen table. She made everyone who walked in the door feel like family. Donna touched many lives with her generosity.

She could be found shopping at Lin's multiple times a day. Even if she didn't need groceries she was there for the social life. All of the employees knew her by first name.

Donna's favorite place to be was the cabin on Cedar Mountain. She considered her "mountain house" her very own slice of heaven.

She is survived by her husband Robert Samuel Clark. Their children Michael (Renaë) Clark, Jan (David) McIntyre, and Nancy Clark. Their grandchildren Kristin (Shae) Reber, Heidi (Stoney) Burningham, Mandy (Russ) Mitchell, Samuel (Kelsey) McIntyre, and Doug (Bailey) Clark. Brothers, Wells (Sandra) Webster and Sid (Gayle) Webster. Donna Jean has 10 Great Grandchildren whom she loved to spoil rotten.

Donna was preceded in death by her Father Louis Wells Webster and her Mother Ruby Smith Webster.

Graveside services were held Saturday, February 6, 2021 at 2p.m. at the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent at www.suumortuary.com.

As a family we would like to express our sincere appreciation to Ethan Bunker and his staff at Suntree Home Health and Hospice, as well as Rose, Kathy, Mattie, Maryette, Dacia, Wendy, and Martha. Thank you for loving our grandma as much as we do.

There is no charge for obituaries of 400 words or less. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. A single submission may include up to two photos. The deadline for submission is Monday at noon. For pricing information for obituaries longer than 400 words, please call 435-867-1865 ext. 5.

Carole Dee Walker Marquardson



Carole Dee Walker Marquardson, 83, slipped quietly away into the arms of our Savior while in the Cedar City hospital, January 30, 2021. She is home with her sweetheart, Elwin and other dear family and friends.

Carole was the third child of Theman Ezra and Opal Thompson Walker. She was born on a snowy Easter morning, March 28, 1937 in Pioche, Nevada.

The family moved to Los Angeles when Carole was about 5 years old where her father was a welder building ships for WWII.

In April 1946, the family moved to Milford, Utah when they purchased the farm from Theman's father Ezra. This is where Carole learned to love the earth, animals and trees. She spent many hours helping her father work on the farm. She was Grandpa's right-hand helper.

She was involved in the 4-H program and even became a leader when she had her family. She graduated from Milford High school, and worked



in the office as school secretary.

Carole married the love of her life, Elwin Dean Marquardson, on New Year's Eve, December 31, 1955. Their first child, Laurie, was born in Milford the following year. They moved to Salt Lake City where Bradley, Dale and Darrin completed their family. They worked for many years in Sandy on a mink farm and in 1969 the family relocated to Cedar City, UT.

Mom held several different jobs from the Coleman Company, Lin's, Southwest Educational Development Center, Mountain West Book Store, and Premium Oil/ Cash Saver.

When she became ill and in need of a liver transplant, the community rallied and held many fundraisers and made it happen. Our family will be eternally grateful for the support we were shown at that time from the auctions and the people who worked tirelessly keeping track of the donation jars throughout town, just everything! So many people donated their time and resources. On February 22, 1992 she received a successful liver transplant in Salt Lake City. We are eternally grateful for the organ donation from the young woman whose gift of life gave us these extra years with our mother.



Ted (Edward Keith) Hartley passed away on January 28, 2021 with his wife, son and sister-in-law by his bedside in St. George, after a courageous battle with complications from COVID-19.

Ted had celebrated his 80th birthday on July 19, 2020. It was a quite celebration due to the restrictions from the virus.

Born in Gurtuna, California, on July 19, 1940, to Lydia Ellen and Fred Hartley, Ted spent his early years in Humboldt County. His family moved

to the desert on advice from his physician due to his asthma. He lived in Southern California and Las Vegas, Nevada, until he settled in Needles, California, where he graduated from high school and began his career with Southern California Gas Company. He worked in the same industry until he retired in 1997. He started as a Pipeline Repairman and worked his way to welder, Certified Welding Inspector, and finished as a Pipeline Inspector in Goleta, California.

Ted Served his country with the Arizona Army National Guard. He served from 1963 until 1969. His specialty during his service was in the Military Police qualifying as a Sharpshooter.

Ted married Linda Cook in 1966 and they were married

Mom and dad enjoyed pitching horseshoes and she earned the Utah State Woman's Horseshoe championship in 1985. She also competed in the Summer Games pitching horseshoes, winning a silver and a gold medal. She has many trophies and awards, but her family friends were the greatest award. She was a fun-loving person and loved her family and friends passionately. She also had many pets through the years, as she loved all of God's creatures. Mom loved the earth and felt that it and all creations on it were gifts from our Father in Heaven.

She was an active member of the Church of Jesus Christ of Latter-day Saints, serving in many positions from primary teacher, Webelo's and Cub Scout leader and Relief Society president. Her faith was so important to her and kept her going through hard times.

She studied Geology at SUSC and was president of the geology club where she made many lifelong friends. Mom would often study rocks or the mountain formations and wonder aloud how God made them. She would say when she got to Heaven she would ask God to show her, so I know there are some in depth discussions going on up there now.

Mom loved walking with her dogs and especially going to the mountains, camping, rock hounding, fishing, hunting and visits with her children, grandchildren, friends, her sisters, her heart-sister Gaye Marie Ekker and all the people she treasured who call her mom or grandma. She loved us all unconditionally. She was also passionate about photography and has filled many binders with her photos of everything and everyone she could capture.

Carole is survived by her children, Laurie Ann Harvey (Paul), Gilbert, Arizona, Bradley Dean Marquardson, Dale Elwin Marquardson and Darrin Dee Marquardson, all of Cedar City, UT.

Grandchildren: Corey Lee Baumgartner, Dustin James Husted, Loren David Plunk, Devon Lethaniel Marquardson, Erin Kathleen Plunk, and Kaleb Elwin Marquardson. Sisters: Marjorie Gale and Deanna Leppink, many beloved nieces and nephews and her fur-babies.

She was preceded in death by her husband Elwin, parents, Theman and Opal Walker, brother Ronald Walker, sisters Barbara Mayer and Darlene Talbot.

Her funeral was held Monday, February 8, 2021 at Southern Utah Mortuary in Cedar City. A viewing was also held at 9:30 am with the funeral following at 11:00 am. Interment was in the Enoch City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent to www.sumortuary.com. For those unable to attend, you can view the funeral online: https://youtu.be/uTxQ6zTJB_Y.

Thank you all for being here in support and love.

Ted Hartley

54 years. They had one son, Randy, who currently resides in Atlanta and is a financial advisor. They have 2 grandchildren, Teddy and Cecilia.

If you were to ask Ted what he was most proud of it would be his family. In particular he was very proud of Randy who was an internationally ranked swimmer and earned a college scholarship for his work and dedication. In the early years Ted was up early getting Randy to his early morning workout and rarely missed the additional afternoon workout.

Ted loved to fish, hunt and play golf. He enjoyed visiting and playing on many famous golf courses with Randy. They frequently attended the Masters Tournament in Augusta and on Ted's 70th birthday Randy treated his father to the British Open at St. Andrews, Scotland. For his 80th birthday Ted purchased a golf cart. He was very visible on the course with the "blue" cart.

With lots of nephews Ted was able to pass the knowledge he gained from his hobbies and enjoyed working with all of them. He liked to take the time to share what he had learned, mainly being self-taught.

Ted is survived by his wife Linda, his son Randy and his grandchildren Teddy and Cecilia. He also has an extended family of cousins and in-laws. Being an only child, he loved the entirety of his family.

He was a loving, kind and gentle person who touched many lives and will be missed.

OBITUARIES

Joyce M. Slack



Joyce M. Slack, 75, passed away peacefully at home in Cedar City, UT on Wednesday, February 3, 2021, surrounded by her sweetheart and family. Joyce was born July 13, 1945 in Caliente, Nevada to Marel Decker and Delsa Winsor Bradshaw. She was the third child of four children.

Joyce was a kind, generous and loving wife and mother. Her love was always unconditional. She never ever complained about anything, especially when she was hurting or in pain. She always wore a smile on her face that

warmed the hearts of those who had the pleasure and privilege to be around her. She has touched the lives of so many with her love and kindness. Joyce and Hal always had a welcome home to all those who visited and would do anything for them. She loved to cook for family and friends. Her children and grandchildren tell of her unconditional love; a love that permeated everything that she did.

Joyce loved going to the Slack family mountain property to relax and spend quality time with Hal, family, and all that joined them on the mountain. She enjoyed horseback riding, square dancing, water-skiing, sewing, crocheting, and reading. So many have benefited from her amazing skills as a seamstress by wearing clothes or dresses she made or receiving blankets and needle point creations.

Growing up, Joyce lived in Pioche, Nevada with her family until their new home was built in the late 1950's, when they moved to Panaca, Nevada. She graduated from Lincoln County High School in Panaca, NV as Valedictorian in 1963. She was active in all aspects of High School Life. She was in the Band, Chorus, Marching Group, Cheerleader and other activities. She was also the Nevada State President for the Future Homemakers of America (FHA).

After High School she attended BYU in Provo, UT on a scholarship, graduating with her Associates Degree before marrying William Mattson, September 5, 1964. They moved to Seattle, Washington where she worked as a secretary for Boeing. They later moved to Belmont, CA and shortly after she had two children. They later divorced, and she moved back to Panaca, NV for a short period of time before moving to Cedar City, UT.

Joyce went back to school at Southern Utah State College (SUSC) to study business education, later receiving her bachelor's degree in 1976. She met Hal Slack on a blind date to go square dancing. They enjoyed each other's company so much they decided to get married and blend their two families together, as Hal had three children of his own. Hal and Joyce were married on April 24, 1976 in Pioche, NV and later sealed together on March 25, 1977, for time and for all eternity, in the St. George Temple.

Joyce went back to school at Utah State University graduating with a Master of Education Degree in 1982. Joyce taught typing, keyboarding, and many other business classes at Cedar High School and Cedar Middle School.

She loved working with young people and was passionate about teaching and truly cared about her students, whether it was in the classroom or outside of school. She worked tirelessly for her family and her students until she retired from the Iron County School District.

Joyce was active in The Church of Jesus Christ of Latter-day Saints throughout her life and served in numerous callings over the years. It is with this faith, love, patience, and guidance that she raised her family. She will be truly missed.

Joyce is survived by her husband Hal Martin Slack; her 5 children, Roseanne Slack - Cedar City, UT; Angie Slack - Cedar City, UT; Jason (Kris) Slack - Cedar City, UT; Kris (Kevin) McMahon - Las Vegas, NV; and Greg Slack - Salt Lake City, UT.

Joyce is also survived by her brother, Gerald Winsor Bradshaw; sister, Colleen Bradshaw Flinspach; brother, Kenneth Marel Bradshaw; 14 Grandchildren; 19 Great Grandchildren; and 1 Great, Great Grandchild. She is preceded in death by her loving Parents.

A private family funeral service and graveside service was held as per her request. Please visit www.sumortuary.com to leave condolences for the family, share a memory, or to just sign the guestbook.

The family would like to thank Dr. Jarid Gray and the doctors and nurses of the ICU at the Cedar City Hospital and the Nurses and Staff of the Intermountain Healthcare Hospice for their loving care of mom and for the helpful and loving support to our family. Your kindness and love are truly appreciated.

WINTER PHOTO CONTEST

Winning photos will be featured in our next issue of Color Country Magazine!

Complete contest details/rules & enter your photo at IRONCOUNTYTODAY.COM

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FALCON GIRLS BEAT FLYERS

by Tom ZULEWSKI

IRON COUNTY TODAY

With a chance at a potential first-round bye for the 4A state playoffs waiting in the distance, the Canyon View girls basketball team took a major step toward reaching that goal on Feb. 2 with an important road win.

After a back-and-forth battle through three quarters, the Falcons went on a 17-9 run over the final eight minutes to secure a 45-34 road win over the Dixie Flyers. Harlee Nicoll led the way with 15 points in the victory and Addie Newman added 14.

Dixie got 14 points from Kealah Faumuina in the loss. The Flyers fell behind CV 10-4 after the opening quarter, but rallied to take a 17-15 lead at the half.

In its second game of the week Feb. 4, Canyon View couldn't muster any offense and dropped a 58-23 decision to Pine View, the top-ranked team in the 4A RPI. The Falcons fell behind 37-13 at the half and were held to single-digit scoring in all four quarters.

Nicoll led CV with nine points in the loss. They returned home to play Cedar on Tuesday in a game that was too late for press deadline, and they host Crimson Cliffs for the Senior Night finale Thursday starting at 7:30 p.m.



JIROBINSON
KIARA HANSEN BEATS THE FLYERS DEFENSE TO THE HOOP in the Falcons' Feb. 2 victory over Dixie.

FLYERS EDGE REDS

by Tom ZULEWSKI

IRON COUNTY TODAY

The Cedar boys basketball team came up with a big offensive performance in its previous outing, but had to face the Region 9 leaders on Feb. 5. When a wrench was thrown into the Reds' speed on the offensive end, the Dixie Flyers took full advantage.



Dixie kept Cedar off the board for five minutes in the second quarter and went on to a 65-60 road victory over the Reds to improve to 9-1 in region play. The Reds were outscored 16-5 in the period and fell to 6-4.

"It's pretty disappointing after we scored five in the second," Cedar head coach Mark Esplin said. "We slowed down, and we're not good slow. We gotta get the ball and get up and down the floor."

Cedar led 15-11 late in the first quarter, but Dixie - who beat the Reds for the 11th straight time - took a 30-20 lead at the halftime break and never trailed after that. The Flyers briefly stretched the margin to 12 early in the third quarter, but Cedar was able to stay in range behind 18 points from Gaige Savage and 14 from Zab Santana.

"There's a belief factor. Right now, I'm not sure our team believes we can beat Dixie," Esplin said. "It's a disappointment. No one really said much afterwards. This was a missed opportunity, and we can't lose at home."

Jeff Cox matched Savage with 18 points

	Dixie
	65
	Cedar
	60

Dixie	14	16	13	22	--	65
Cedar	15	5	19	21	--	60

Dixie - Forsy 15, Finlinton 15, Bennett 8, Barben 9, Cox 18. Totals 27 6-9 65. 3-pointers - Forsy 2, Finlinton 1, Barben 2.

Cedar - Savage 18, Harrison 3, Grant 13, Tebbs 10, Santana 14, Armstrong 2. Totals 24 5-10 60. 3-pointers - Savage 1, Harrison 1, Grant 2, Tebbs 1, Santana 2.



TOM ZULEWSKI
CEDAR'S TREYTON TEBBS PULLS DOWN THE REBOUND in a tough loss to Dixie.

see **REDS** » 27

LADY REDS HOLD ON, BEAT TIGERS

by Tom ZULEWSKI

IRON COUNTY TODAY

The struggle seemed real in the first half for the Cedar girls basketball team. Shots were falling, but the Hurricane Tigers weren't exactly going away. Once the Lady Reds got to the line, they made their free throws when they mattered and put away another victory.

Braylee Peterson scored 10 of her game-high 16 points in the second half, and the Lady Reds held on for a 44-41 victory over the Tigers on Feb. 2. Cedar kept its hold on third place in Region 9 and improved to 6-3 overall.

To hear head coach Corry Nielsen tell it, the grind was more challenging than it needed to be.

"I'm not coaching well enough because what I'm trying to teach isn't getting through. I've got to do a better job," Nielsen said. "Our two things we preach are rebounding and turnovers. At times, we

were pretty good, but we got outrebounded by 10."

On the positive side of the coin, Cedar was 18-of-21 at the line despite hitting one fewer field goal than Hurricane (14-13). The lead changed hands four times over the final three minutes of the first half, but the Lady Reds got the last two baskets and took a 21-18 lead to the break.

Thanks to

Peterson and Grace Morales – who added 13 points – they wouldn't trail in the second half. Morales hit two buckets, including an and-1, near the end of the third quarter to push the lead to 33-25, their largest of the night

"The main thing is we needed to get our rebounds. A lot of their hoops came on putbacks," Peterson said. "We had to pick up the intensity and keep pushing. No matter what, we'll take the win."

Missing leading scorer Haley Chesley, the Tigers got 15 points and three 3-pointers from Lydia Prince in the loss.

On Feb. 4, Cedar fell behind early, but went on a 14-5 tear in the second quarter to rally and beat the Dixie Flyers, 44-41 on the road to extend its winning streak to three straight games. Peterson had 17 points in the victory and Abby Davis added 10. The Lady Reds were 11-of-12 at the free-throw line to aid in the victory.

Cedar played at Canyon View on Tuesday in a game that was too late for press deadline, and they'll host Pine View – ranked No. 1 in the 4A RPI – on Thursday starting at 7:30 p.m.

Cowboys slip by Rams

by Tom ZULEWSKI

IRON COUNTY TODAY

In a game that was close from the start, the Kanab Cowboys rallied in the fourth

quarter and beat the Parowan Rams, 47-44 on Feb. 5 to move up four spots to No. 6 in the 2A RPI rankings with one week left in the regular season.

Krue Stubbs led the Rams

(4-2 Region 18) with 17 points as they had their four-game winning streak snapped. Kanab was the last team to beat Parowan, winning by the same score at home Jan. 20.

Parowan opened the week on a better note with a 56-47 road win at Enterprise on Feb. 3. Leading by a point at the half, the Rams outscored the Wolves 17-6 in the third quarter to take control and earn the victory. Stubbs led three players in double figures with 19 points, Shaydon Benson added 18 and Drake Robinson helped out with 10 for Parowan.

The Rams, who maintained their No. 2 RPI ranking, travel to Beaver for a 7 p.m. game tonight, then will wrap up the regular season Friday with another road game at Millard that also begins at 7 p.m.

On the girls' side, the Rams fell twice, starting with a 57-50 loss to Enterprise on Feb. 3, and finishing with a 52-43 defeat against Kanab. The Rams got 15 points from Danika Jones against the Wolves and Brooklyn Pace added 11.

On Feb. 5, the Cowboys outscored the Rams 18-8 in the third quarter to grab control of the game and earn the win. Brooklyn Hulet led Parowan with 20 points in the loss and Kynlee Rowley added 11.

Parowan played the first of two home games to close the regular season Tuesday against Beaver, which was too late for press deadline. They will face Millard on Thursday starting at 7 p.m.



PAROWAN'S DRAKE ROBINSON SCORES 2 OF HIS 10 POINTS, but the Rams couldn't corral the Kanab Cowboys.

Canyon View boys fall again

by Tom ZULEWSKI

IRON COUNTY TODAY

The struggles continued for the Canyon View Falcons boys team as they finished off another rough week on the basketball court with a 57-44 home loss to Pine View on Feb. 5. The visiting Panthers led throughout and improved to 3-7 in Region 9 play behind 16

points from Joshua Bice and 12 from Ruston Shaw.

CV fell to 0-10 in region and was led by 16 points from Cole Farrow in the loss. The Falcons were 13-of-14 from the free-throw line.

To begin the week, the Falcons fell 60-41 to region leader Dixie on Feb. 3. The Flyers got off to a quick start and pushed its lead to as much

as 30 points before settling with the final margin.

Brendan Greenhalgh led the Falcons – who shot just two free throws in the game – with 17 points. CV will try again to break its losing streak tonight when they welcome Cedar to the Nest for a 7 p.m. tipoff and finish off the week Friday with a game at Crimson Cliffs that begins at 7:30 p.m.

Scoreboard

SCORES

High School Boys Basketball

2/3	Cedar 85, Hurricane 45 Dixie 60, Canyon View 41 Crimson Cl. 69, Desert Hills 67 Snow Canyon 54, Pine View 45 Parowan 56, Enterprise 47 Beaver 55, Kanab 48
2/5	Dixie 65, Cedar 60 Pine View 57, Canyon View 44 Crimson Cliffs 58, Hurricane 44 Snow Canyon 66, Desert Hills 53 Kanab 47, Parowan 44 Enterprise 64, Millard 51

High School Girls Basketball

2/4	Cedar 44, Dixie 41 Pine View 58, Canyon View 23 Hurricane 46, Crimson Cliffs 35 Desert Hills 76, Snow Canyon 26 Kanab 52, Parowan 43 Millard 42, Enterprise 40
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STANDINGS

Region 9 Boys Basketball

	REGION	OVERALL
Dixie (4)	9-1	15-3
Crimson Cliffs (1)	8-2	16-2
Desert Hills (3)	7-3	15-3
Cedar (6)	6-4	11-6
Snow Canyon (7)	6-4	13-5
Pine View (16)	3-7	4-12
Hurricane (17)	1-9	2-16
Canyon View (20)	0-10	1-17

Region 18 Boys Basketball

	REGION	OVERALL
Beaver (1)	5-1	14-2
Parowan (2)	4-2	8-5
Enterprise (4)	4-3	10-8
Kanab (6)	3-4	8-8
Millard (14)	0-6	6-12

Region 9 Girls Basketball

	REGION	OVERALL
Desert Hills (3)	10-0	14-2
Pine View (1)	9-1	16-1
Cedar (8)	7-3	10-7
Hurricane (11)	5-5	7-10
Canyon View (12)	4-6	7-11
Dixie (16)	4-6	6-10
Snow Canyon (19)	1-9	2-14
Crimson Cliffs (20)	0-10	2-14

Region 18 Girls Basketball

	REGION	OVERALL
Kanab (4)	6-1	12-3
Beaver (3)	4-2	12-5
Millard (6)	3-3	11-8
Enterprise (5)	3-4	13-5
Parowan (14)	0-6	5-13

SCHEDULE

High School Boys Basketball

2/10	Cedar at Canyon View Pine View at Desert Hills Crimson Cliffs at Dixie Snow Canyon at Hurricane Parowan at Beaver Millard at Kanab
2/12	Cedar at Pine View Canyon View at Crimson Cliffs Desert Hills at Hurricane Dixie at Snow Canyon Parowan at Millard Beaver at Enterprise

High School Girls Basketball

2/11	Pine View at Cedar Crimson Cliffs at Canyon View Hurricane at Desert Hills Snow Canyon at Dixie Millard at Parowan Enterprise at Beaver
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Cedar girls give new meaning to Groundhog Day

In case anyone missed it earlier last week, Feb. 2 was Groundhog Day, the annual exercise where a literal animal who goes by Punxsutawney Phil appears with a bunch of men in top hats and tells the world if we're getting spring early or we get six more weeks of winter.

Or there's that movie with Bill Murray from 1993 of the same name that gives the art of comedic repetition a whole new spin. It's worth watching.

The Cedar girls basketball team, on the other hand, took the entire week to a whole new level. It started Feb. 2 (see the story elsewhere on these pages) with a 44-41 home victory over the Hurricane Tigers. There was a brief time where both teams took turns swapping the lead, but the Lady Reds secured the win with a strong second-half effort

Barely 48 hours later, the game on the road at Dixie was uncannily similar. Cedar fell behind briefly, took a three-point halftime lead and delivered a strong third quarter before hanging on.

And the final score was... wait for it...Cedar 44, Dixie 41.

Two games so similar, it almost made one wonder if head coach Corry Nielsen saw his shadow in the post-game locker room.

When you throw in Cedar's win over Canyon View on Jan. 14 that needed overtime, the Lady Reds have 30 percent of their victories – three out of 10 – by the same 44-41 count on the scoreboard. Not only will we probably have six more weeks of winter, but the Lady Reds are also hoping for four more weeks of basketball to play. Men in top hats not required.

» **With two weeks left in the basketball regular season**, the fight is on for positioning for the playoffs. Here's where everyone from Region 9 stands in the 4A ranks, boys and girls:
On the boys side, Crimson Cliffs,

Desert Hills, Dixie, Cedar and Snow Canyon occupy five of the top seven spots – first, third, fourth, sixth and seventh, respectively.

The Reds didn't lose a spot despite its 65-60 loss to Dixie on Feb. 5, but have to play two teams that beat them in the first meeting. Crimson Cliffs and Desert Hills come to the CHS gym to finish out the regular season Feb. 17 and 19.

Our prevailing thought here: Cedar won't fall out of the top 11, but could be playing its second-round playoff game on the road Feb. 26. They have a two-spot cushion and can make their position stronger with two wins this week.

For Canyon View, the struggles are real. They're at No. 20 out of 21 in the



4A RPI and haven't won since Dec. 4 against Ben Lomond – the team directly in front of them in the rankings.

» **Heading into the final week of the 2A season**, Parowan's boys are No. 2 in the RPI and only trail Beaver. The Rams will play the defending 2A state champs tonight, and they beat them earlier in Region 18 play.

» **On the girls side, Cedar holds the No. 8 spot** in the 4A RPI. The Lady Reds would have a first-round bye for the state playoffs along with No. 1 Pine View and No. 3 Desert Hills. It's hanging by the proverbial thread as of this moment.

Adding to the intrigue for the final two weeks, Canyon View and Hurricane are very much in the chase to earn the same distinction. The Tigers are at No.

did not change. Dixie remained at No. 4 and Cedar stayed at No. 6 in 4A. The Reds haven't defeated the Flyers since Jan. 27, 2016.

Cedar fared far better in its other game of the week, getting five players in double figures as they rolled to an 85-45 rout over the Hurricane Tigers on Feb. 3. Grant had a double-double of 20 points and 10 rebounds to lead the Cedar offense, and Savage deliv-

11 heading into this week's play and the Falcons sit at 12th.

CV and Cedar played at the Nest on Tuesday, and they close with three very winnable games down the stretch, including a rematch with Hurricane on Feb. 18. The Lady Reds finish with the Senior Night finale Thursday against Pine View, then close with road games at Crimson Cliffs and Desert Hills.

Stay tuned. The fireworks are just getting started.

» **4A wrestling settled its seeding for the state tournament** with divisional competition Feb. 5 and 6, with Cedar competing in the A Divisional at Desert Hills and Canyon View traveling to Uintah for the B Divisional meet. The Reds placed seventh overall with 198 points, while the Falcons came home in sixth.

The top eight in each weight class advanced to the state meet, but they have to wait two weeks for a one-day tournament that happens Feb. 20 at the Sevier Valley Center in Richfield. Here are the qualifiers:

- » 106: Alex Kay (Canyon View), 6th
- » 113: Greg Melling (Cedar), 5th; Ashton Mardis (CV), 8th
- » 120: Lawson Black (Cedar), 8th
- » 126: Jack Cavalieri (CV), 8th
- » 132: Jake Olsen (CV), 2nd
- » 138: Cooper Anderson (Cedar), 4th
- » 145: Jancey Payne (Cedar), 6th
- » 152: Rayce Zobell (Cedar), 6th; Josh Zobell (Cedar), 8th
- » 160: Joseph Fischer (CV), 6th
- » 170: Waylon Jones (CV), 5th; Tommy English (CV), 7th
- » 182: Trey Payne (Cedar), 4th; Gavin Cardenas (CV), 6th
- » 195: Bryan White (Cedar), 4th; Dayne Hudson (CV), 7th
- » 220: Payton Murray (Cedar), 1st; Marc Richardson (CV), 7th

Follow Tom Zulewski on Twitter
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REDS

« CONTINUED FROM PAGE 25

for Dixie, while Carson Forsey and Isaac Finlison added 15 apiece to keep Cedar in the rear-view mirror. Dallin Grant had 13 points for the Reds and Trey Tebbs added 10.

With two weeks left in the regular season, the RPI ranking for both teams

ered his own double-double with 11 points and 10 assists.

Cedar outscored Hurricane 53-20 over the second and third quarters to blow the game open. Tebbs and Luke Armstrong added 12 points apiece, and Santana finished with 10.

The Reds travel to face Canyon View for a 7 p.m. start tonight, then will play at Pine View on Friday starting at 7:30 p.m.

THE DIXIE WRESTLING TEAM HOLDS UP THE BELL TROPHY after defeating Cedar for the first time since 2009.



TOM ZULEWSKI

Flyers wrestlers beat Reds, reclaim Bell

by Tom ZULEWSKI

IRON COUNTY TODAY

For the past eight seasons, Dixie wrestling coach Jarad Carson knew the feeling of frustration his team felt as they watched Cedar ring the Bell trophy after a victory. On Feb. 3, the feeling of euphoria took a decided turn toward Flyers blue for the first time in a long, long time.

Thanks to four consecutive pins, Dixie pulled away and beat Cedar, 50-21, winning the Bell and taking it to St. George for the first time since 2009. The Flyers earned six pins and three close decisions on the way to the win.

“Cedar’s a heck of a team and a heck of a program. For us to come out and do what we did, I was surprised,” Carson said as the team rang the bell around him. “We had a busy week, so we didn’t have a lot of time to prepare. These kids came and wrestled tonight, and I’m extremely proud of them.”

With the dual starting at the 145-pound match, both teams wrestled on even terms until Payton Murray gave Cedar a 21-15

lead when he pinned Nick Zimmerman late in the first round at 220 pounds. Once K.C. Erickson defeated Ben

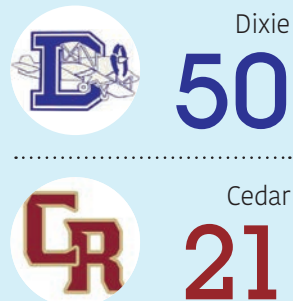
Ellis 3-1 in the heavyweight match, it was all Dixie after that.

“We were on a mission to get the Bell back,” Carson said. “To be head coach for nine years and not have it in our possession at least once has been heartbreaking. We’ve come close, but also fell well short.”

Pokey Houghton gave the Flyers the lead for good when he pinned Simon Heimel in under a minute at 106 pounds, then Oscar Walsh (113), Trace Franco and Avery Anderson followed suit. After a forfeit at 132, Korbyn Suwyn finished off the win and started the celebration when he edged Cooper Anderson by a 6-4 count at the 138-pound match.

“They were ready to wrestle. I don’t think our mental preparation was great for today,” Cedar coach Luke Payne said. “We had a couple of injuries that hurt us, and we just gotta improve by Friday.”

In addition to Murray, Cedar’s other wins in the dual came from Nick Tromontanas (pin at 160), Trey Payne (pin at 182) and Bryson Bennett (win by decision at 195).



106 – Pokey Houghton (D) p. Simon Heimel (C), :53

113 – Oscar Walsh (D) p. Greg Melling (C), 3:12

120 – Trace Franco (D) p. Kaden Gilbert (C), 5:32

126 – Avery Anderson (D) p. Lawson Black (C), 1:02

132 – Zion Bringhurst (D) won by forfeit.

138 – Korbyn Suwyn (D) def. Cooper Anderson (C), 6-4

145 – Gavin Teeter (D) p. Carson Savage (C), 4:23

152 – Niko Prechtel (D) def. Rayce Lovell (C), 7-6.

160 – Nick Tromontanas (C) p. Yaw Galvan (D), 3:26

170 – Cash Carlisle (D) p. Aiden Pouha (C), 3:14.

182 – Trey Payne (C) p. Ashton Cox (D), 2:30

195 – Bryson Bennett (C) def. Easton Dower (D), 3-1.

220 – Payton Murray (C) p. Nick Zimmerman (D), 1:50.

285 – K.C. Erickson (D) def. Ben Ellis (C), 3-1.

TOM'S SPORTS TRIVIA

With Valentine's Day approaching this weekend, the latest brain-bending dozen looks at power partners in sports. Watch out for the facts and please remember...send chocolate.

- Last week, Sue Bird agreed to a new contract with the WNBA's Seattle Storm. Where did Bird play her college basketball?
 - Washington
 - Tennessee
 - Connecticut
 - Baylor
- Megan Rapinoe was the oldest player to score a goal in a Women's World Cup final when she pulled off the feat on a penalty kick in 2019. In what country was that match played?
 - France
 - United States
 - Germany
 - Japan
- Green Bay Packers quarterback Aaron Rodgers was recently named as one of the upcoming guest hosts for which iconic game show?
 - Wheel of Fortune
 - The Price is Right
 - Jeopardy
 - Name That Tune
- What was Danica Patrick's highest finish in her NASCAR career, which lasted from 2010 to 2018 and covered 252 total races?
 - Third
 - Fourth
 - Fifth
 - Sixth
- Andre Agassi won eight Grand Slam singles titles in his career. Where did he win his first in 1992?
 - U.S. Open
 - French Open
 - Wimbledon
 - Australian Open
- Steffi Graf has 22 Grand Slam singles titles in her career. Where does she rank on the all-time list?
 - First
 - Second
 - Third
 - Fourth
- NHL star Mike Fisher played over 1,100 games over 19 seasons between the Ottawa Senators and the Nashville Predators. Which American Idol winner is his wife?
 - Carrie Underwood
 - Kelly Clarkson
 - Jordin Sparks
 - Maddie Poppe
- Swimsuit model Kate Upton has been dating Justin Verlander, World Series winner from the Houston Astros. How many no-hitters has Verlander thrown in his career?
 - One
 - Two
 - Three
 - Four
- Speaking of models, Gisele Bundchen is married to Tampa Bay Buccaneers quarterback Tom Brady. Where was Bundchen born?
 - Germany
 - Canada
 - Brazil
 - United States
- Soccer superstar David Beckham has been married to former Spice Girl Victoria Beckham for 20 years. Which MLS team did Beckham play for from 2007 to 2012?
 - Chicago Fire
 - L.A. Galaxy
 - Real Salt Lake
 - Sporting Kansas City
- Former NFL quarterback Rodney Peete proposed to his wife, Holly Robinson Peete, in 1995 on the set of which ABC comedy she was a co-star of?
 - Family Matters
 - Full House
 - Hangin' With Mr. Cooper
 - Growing Pains

Last Week's Answers:

- C: Peyton Manning.** Manning won Super Bowl XLI with the Indianapolis Colts and Super Bowl 50 with the Denver Broncos.
- B: Five**
- A: San Francisco 49ers.** The 49ers beat the Denver Broncos, 55-10, in Super Bowl XXIV
- C: Pittsburgh Steelers.** The Steelers won Super Bowls IX and X, then added XIII and XIV.
- A: The M*A*S*H finale.** Super Bowl XLIV was seen in an estimated 106.5 million homes to 105.9 million for the M*A*S*H finale, a record that stood for 27 years.
- B: Ken Norton Jr.** Norton played for the Dallas Cowboys in Super Bowls XXVII and XXVIII, then moved on and won Super Bowl XXIX with the San Francisco 49ers.
- B: Jacoby Jones.**
- C: Cliff Avril**
- B: CBS and NBC:** CBS was the rights holder for NFL games and NBC was the AFL broadcaster.
- A: AFL-NFL Championship Game**
- B: Los Angeles Rams.** The Rose Bowl in Pasadena – where Super Bowl XIV was played – is 26 miles from the L.A. Memorial Coliseum.
- A: Qualcomm Stadium, San Diego.**

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Beehive Telephone Company is the recipient of Federal financial assistance from the Rural Utilities Service, an agency of the U.S. Department of Agriculture, and is subject to the provisions of Title VI of the Civil Rights Act of 1964, as amended, Section 504 of the Rehabilitation Act of 1973, as amended, the Age Discrimination Act of 1975, as amended, and the rules and regulations of the U.S. Department of Agriculture which provide that no person in the United States on the basis of race, color, age, religion, national origin or handicap shall be excluded from participation in, or admission or access to, denied the benefits of, or otherwise be subjected to discrimination under any of this organization's programs or activities.

The person responsible for coordinating this organization's nondiscrimination compliance efforts is Larry Mason, SVP-Regulatory Affairs. Any individual, or specific class of individuals, who feels that this organization has subjected them to discrimination may obtain further information about the statutes and regulations listed above from and/or file a written complaint with this organization; or USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, DC 20250-9410, or call (800)795-3272 (voice) or (202)720-6382 (TDD). USDA is an equal opportunity employer. Complaints must be filed within 180 days after the alleged discrimination. Confidentiality will be maintained to the extent possible.

Published February 10, 2021
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BEEHIVE TELEPHONE PUBLIC NOTICE

Lifeline service is a government program designed to make monthly residential telecommunication services more affordable to eligible low-income customers. Customers who are eligible for the Lifeline program are also eligible for toll blocking at no additional charge.

The Federal and State Lifeline discount can be applied to qualifying voice or broadband services. The Lifeline program is administered by the Universal Service Administration Company for all lifeline services nationwide. To find out more about the Lifeline program and eligibility requirements visit <https://www.lifelinesupport.org/>.

Lifeline is a non-transferable service and eligible subscribers may receive assistance from only one wireline or wireless telecommunications provider per household. Only eligible customers may enroll in the program. To verify eligibility and apply for Lifeline service discounts, the required application must be completed and certified online at <https://nationalverifier.servicenow.com/lifeline>. Customers who willfully make false statements to obtain Lifeline benefits can be punished by fine or imprisonment or can be barred from the program.

Basic services are offered to all customers in Beehive Telephone's service territories at the rates, terms, and conditions specified in Beehive's tariff. Eligible subscribers verified and certified by the Universal Service Administration Company will receive the discount prescribed by Federal and State regulation. If you have any questions regarding Lifeline service or would like to apply for Lifeline service, please call us at 800-615-8021.

Published February 10, 2021
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ANNOUNCEMENT OF APPOINTMENT AND NOTICE TO CREDITORS

Estate of George Michael Dearden, Deceased Probate No. 203500164, in the Fifth Judicial District Court, 40 North 100 East, Cedar City, UT, 84720, phone number (435) 867-3250.

Brenda Dearden, whose address is 115 Claremont St., Colorado Springs, CO 80909, is the prospective Personal Representative of the above-entitled estate. Creditors of the estate are hereby notified to: (1) deliver or mail their written claims to the prospective Personal Representative at the address above; (2) deliver or mail their written claims to the prospective Personal Representative's attorney of record, Wilford N. Hansen, Jr., Utah State Bar No. 1352, at the following address: PO Box 67 Payson, UT, 84651; or (3) file their written claims with the Clerk of the Cedar City District Court in Iron County, or otherwise present their claims as required by Utah law within three months after the date of the first publication of this notice or be forever barred.

Date of first publication: February 10, 2021.

Wilford N. Hansen, Jr.
UTAH REGIONAL LEGAL SERVICES, P.C.
PO Box 67
Payson, UT 84651
(801) 465-9288

Published February 10, 17 & 24, 2021
Iron County Today • ICT #0361

SUMMONS

Westwood, Law, P.C., J. David Westwood, Counsel for Plaintiff, 98 W. Harding Ave., Cedar City, Utah 84720, Telephone (435) 267-2145, david@westwoodlawfirm.com In the Fifth Judicial District Court in and for Iron County, State of Utah, Case No. 200500198, Judge Ann Marie McIlff Allen. Lila Prestwich, Trustee of the Lyn Prestwich and Lila L. Prestwich Joint Living Trust, Plaintiff vs. The Estate of Pearl L. Stapley, a/k/a Pearl L. Lawrence, a/k/a Pearl L. Grover, Ralph Gifford, trustee of the Pearl L. Stapley Living Trust, The Estate of Benjamin Earl Lawrence, The Estate of Ina Augusta Pershall, The Estate of James Vaughn Lawrence, The Estate of Wilford Thomas Lawrence, The Estate of Ruth Gifford, The Estate of Thomas Lawrence, Jr., The Estate of Ernest Edward Lawrence, The Estate of Joseph Fredrick Lawrence, The Estate of David Lawrence, The Estate of Barbara Bauer, The Estate of Bess Connell and all persons unknown, claiming any legal or equitable right, title, estate, lien, or interest in the property rights described in the Verified Complaint which are adverse to Plaintiff's title, or any cloud on Plaintiff's title thereto. You are summoned and required to answer the Verified Complaint filed with the court in the above matter. Within 21 days after service of this summons you must file your written answer with the clerk of the court at the following address: Iron County Courthouse, 40 N. 100 E., Cedar City, Utah 84720, and you must mail or deliver a copy of the Answer to Plaintiff's attorney at the address listed above. If you fail to do so judgment by default may be taken against you for the relief demanded in the Verified Complaint. The subject matter of this Verified Complaint is to quiet title to real property. The Complaint is on file with the clerk of the court.

Published February 10, 17 & 24, 2021
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LEGAL NOTICES

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February is the month to fall in love with fitness!

Good 4 You Valentine's Day Cards

Create some healthy Valentine cards by filling in the missing vowels. Then cut out each message, paste it on some construction paper and give to a good friend!

Standards Link: Reading Comprehension: Follow simple written directions.

TO: _____
FROM: _____

P _ _ S B _
M _ _
V _ L _ NT _ N !

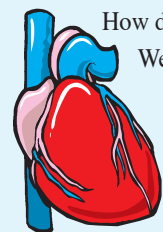
TO: _____
FROM: _____

_ R _ NG _ Y _ U
GL _ D T _ B _
M _ V _ L _ NT _ N ?

TO: _____
FROM: _____

Y _ _ R _ TH _
_ PPL _ _ F
M _ _ Y !

Love Your Heart and Your Heart Will Love You!



How do you love your heart?

Well, first of all you need to understand that your heart is a muscle. And, like all of your muscles, it works best when you exercise, rest, drink water and eat healthy food.

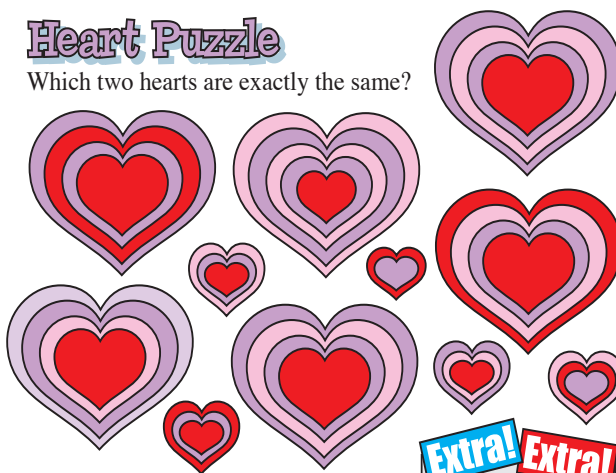
Circle the healthy food item that should come next in each row.

TO: _____
FROM: _____

Y _ _ R _ A
B _ RR _ SP _ C _ L
FR _ ND!

Heart Puzzle

Which two hearts are exactly the same?



Extra! Extra!

Ad Transformer

Look for newspaper ads that encourage kids to eat or drink things that are unhealthy. Rewrite the ad so that it is advertising something *good* for your health.

Standards Link: Health: Students understand essential concepts about nutrition and diet; know healthy eating practices.

Valentine's Day Healthy Heart Tag

Materials: Cut out the 10 cards at right. (Paste them onto construction paper to make them sturdier if you wish.) A watch with a second hand will be needed as well.

Directions: Give the stack of activity cards to the person who is "It." When "It" tags someone, that person selects a card and performs the named activity for the amount of time stated. After the person completes the activity, he or she becomes "It."

Standards Link: Physical Education: Use a variety of basic and advanced movement forms.

Hop on one foot for 30 seconds.	Jump up and down in place for 60 seconds.	Stand on one leg while singing for 45 seconds.
Flap your arms like a bird for 30 seconds.	Tiptoe in a circle while quacking for 10 seconds.	Pretend to be a motorcycle for 30 seconds.
Run in slow-motion for 15 seconds.	Pretend to carry an elephant for 60 seconds.	Do jumping jacks for 20 seconds.

Kid Scoop Puzzler

Draw a line from each piece of broken heart below to its other half. What compound words did you create?



Standards Link: Language Arts: Identify compound words.

Double Double Word Search

- VALENTINE
- HEART
- MUSCLE
- EXERCISE
- HEALTHY
- TEACHER
- CARDS
- PLACE
- SECONDS
- STACK
- FITNESS
- GOOD
- REST
- CARE

Find the words in the puzzle. How many of them can you find on this page?

S	E	E	X	E	T	R	K	C	H
S	N	E	E	I	S	R	C	E	E
E	I	R	T	C	M	P	A	X	R
N	T	A	E	U	N	L	T	E	E
T	N	C	S	S	T	A	S	R	H
I	E	C	D	H	T	C	D	C	C
F	L	R	Y	O	H	E	E	I	A
E	A	S	D	N	O	C	E	S	E
C	V	H	E	A	R	G	T	E	T

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop[®] LESSON LIBRARY

Valentines from the Headlines

Cut out five or more words from the headlines in today's newspaper. Use these to write a Valentine message to your teacher!

Standards Link: Writing Applications: Write in a variety of genres and forms.

Write On!

Spring Poems

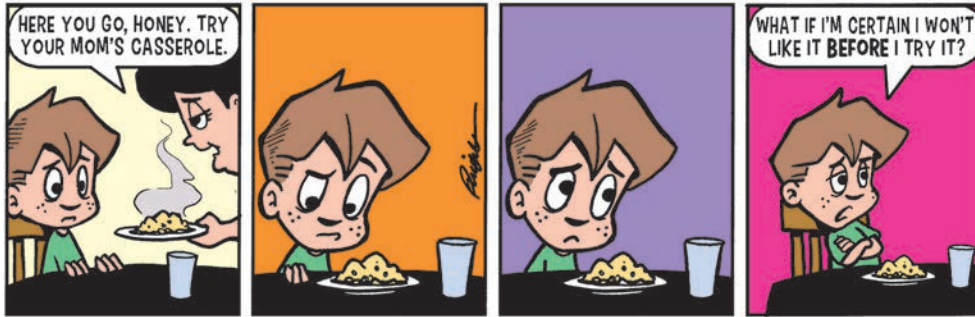
Send your story to:

Write a poem that describes spring in your community.

Deadline: March 7 **Published:** Week of Apr. 4
Please include your school and grade.

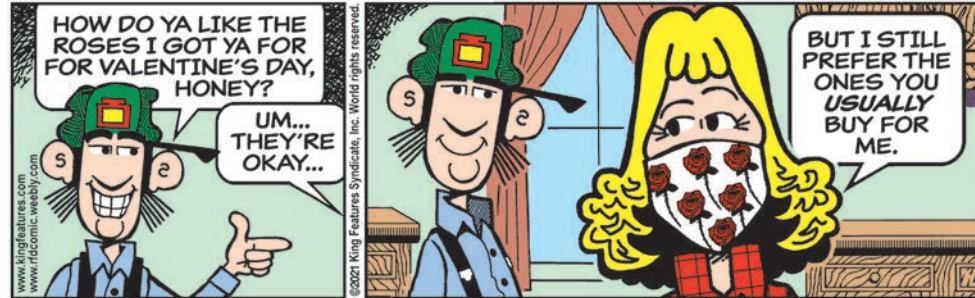
Amber Waves

by Dave T. Phipps



R.F.D.

by Mike Marland



The Spats

by Jeff Pickering



Weekly SUDOKU

by Linda Thistle

2			3	4				
	9	2						7
8			9		2	1		
7			4	6				
	5		1				8	
6		5	2					4
	4	6			9			
9				8		3		
	6	3	5					1

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

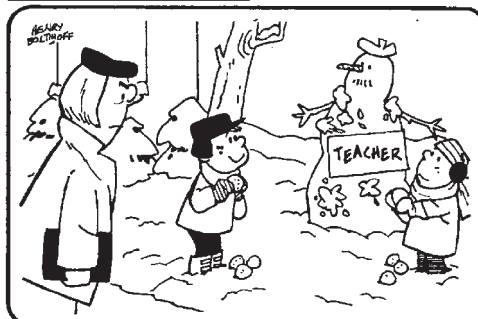
DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

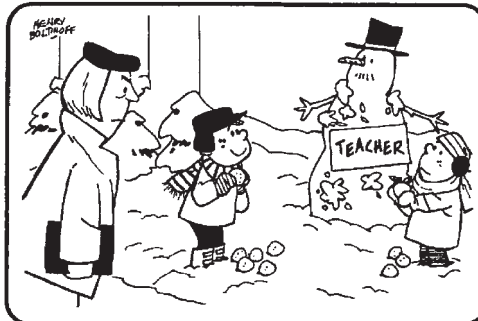
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Snowman's hat is different. 2. Boy has a scarf. 3. Snowballs have been added. 4. Tree is missing. 5. Teacher's nose is different. 6. Boy is holding an apple.

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King Crossword

ACROSS

- 1 To boot
- 5 Tummy muscles
- 8 Writer Rice
- 12 Appeared suddenly
- 14 Earth
- 15 Regatta
- 16 Pout
- 17 "— a Camera"
- 18 Decisive moments
- 20 A Musketeer
- 23 Prejudice
- 24 Reddish horse
- 25 Lake activity
- 28 CCV x X
- 29 Pre-diploma hurdles
- 30 Dig in
- 32 Straw hats
- 34 Carton sealer
- 35 School orgs.
- 36 Used a sponge
- 37 Stir-fry veggie
- 40 Crony
- 41 Slanted type (Abbr.)
- 42 Yacht lover's event
- 47 French 101 verb
- 48 Veteran
- 49 Easy targets
- 50 Ballot marks

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15							16			
			17			18	19			
20	21	22			23					
24				25				26	27	
28				29				30		31
	32		33				34			
			35				36			
37	38	39				40				
41				42	43			44	45	46
47				48						
49				50				51		

- 51 Whig's rival
- 10 Egyptian river
- "Cheers"
- 11 BPOE members
- 33 Granny Smiths
- 34 Mild cheese
- 36 Bulb measure
- 37 Slapstick arsenal
- 38 Jazzy James
- 39 Seniors' org.
- 40 Cushions
- 43 Flamenco cheer
- 44 Med. plan option
- 45 Not 'neath
- 46 Like some humor

DOWN

- 1 NYPD alert
- 2 Brit's restroom
- 3 Hotel amenity
- 4 Choice
- 5 Leading man?
- 6 Tampa Bay NFLer
- 7 Dishes not on the regular menu
- 8 Home of St. Francis
- 9 Entre —
- 13 Historic times
- 19 "Phooey!"
- 20 Branch
- 21 Pyramid, maybe
- 22 Saintry ring
- 23 Wild pigs
- 25 Challah holder
- 26 Tide variety
- 27 Be slack-jawed
- 29 "Beetle Bailey" dog
- 31 Danson of

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1	2	3	4	5	6	7	8	9
9	3	5	8	4	7	1	4	6
8	2	6	7	3	9	6	5	1
4	7	4	6	1	7	4	7	4
2	8	3	9	7	1	6	5	4
5	6	9	4	8	3	2	7	1
3	7	8	6	4	9	5	2	1
5	7	4	9	2	6	1	8	5
6	9	5	7	3	4	6	9	2

Weekly SUDOKU

A	L	S	O	A	B	S	A	N	N	E		
B	O	A	T	R	A	C	E	S	U	L	K	
P	O	P	E	D	U	P	S	O	I	L		
A	T	H	O	S	B	A	I	V	A	S		
M	M	L	A	S	O	R	A	L	S	E	A	T
B	O	A	T	E	R	S	T	A	P	E	D	
P	A	L	D	O	P	A	L	P	A	L	D	
W	H	O	S	H	O	A	T	S	H	O	W	
E	T	H	E	L	O	L	D	T	I	M	E	R
S	A	P	E	S	X	S	E	S	T	O	R	Y

Solution time: 22 mins.

Answers

King Crossword

- 1. Tooth enamel; 2. California; 3. Woodrow Wilson, March 1913; 4. About 23,000; 5. "Batman Forever" (1995); 6. Oklahoma (Oklahoma City); 7. Stone mason; 8. Q; 9. A tower; 10. "Fahrenheit 451" Ray Bradbury

Trivia Test Answers

Trivia test

by Fifi Rodriguez

- ANATOMY: What is the hardest substance in the human body?
- GEOGRAPHY: Off which U.S. state's coast is Santa Catalina Island located?
- U.S. PRESIDENTS: Who was the first president to hold a press conference?
- GENERAL KNOWLEDGE: How many breaths does the average human being take in one day?
- MOVIES: Which movie featured the Seal song "Kiss From a Rose"?
- U.S. STATES: A city in this state became the first in the world to install a parking meter?
- ANCIENT WORLD: Before he became a philosopher, what was Socrates' profession?
- LANGUAGE: What is the only letter that does NOT appear in any of the U.S. states' names?
- ANIMAL KINGDOM: What is a group of giraffes called?
- LITERATURE: Which dystopian 1950s novel was originally titled "The Fireman"?

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Sealy

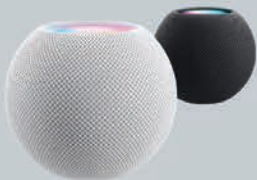
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