

INSIDE...

**LOOKING
BACK: THE
TOP STORIES
OF 2020**



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**Parowan's
Huber
named
Utah
Athletic
Trainer of
the Year**



**IRON
COUNTY**

today



2021

LOOKING BACK... AS WE LOOK AHEAD

LOOKING BACK // the Top Stories of 2020

JANUARY

PHOTOGRAPHER COMBINES YEARS OF WORK FOR FIRST EXHIBITION

Those in the Cedar City community who have never met Asher Swan have likely seen his work hanging in the aquatic center, the Braithwaite Art Gallery, doctor's offices, or even seen him taking photos for the various media jobs he has worked since moving to southern Utah in 2008.

Swan, who graduated from Southern Utah University in 2015, and is now the university's official photographer, has been dreaming of the day he could show off a collection of his most artistic images, specifically three projects that have taken the last five years to complete. That day is coming soon.



"A Piece of My Mind - It's a Feeling, Not Just an Image with Asher Swan" is set to debut in Springdale at the Canyon Community Center. For more information visit the Canyon Community Center calendar at springdaletown.com.

"To me, photography, it's a feeling — not just an image," Swan said. "This journey has been a passion of mine for 36 years and I really wanted to do something different. This exhibit will be vibrant and colorful, and this exhibition will be different than what you might be used to."

FEBRUARY

A FURRY STAR IN IRON COUNTY

If you've ever heard of, or watched, the classic Disney movie, Lady and the Tramp, you may be excited to know that we have the star of the live action Disney motion picture, living right in our own Iron County.

One of the stars of the movie, Lady, is owned by Iron County's local dog trainer, Gail Workman.

Lady's real name is Rose and Rose was a "star" before Disney ever found her.



Gail was contacted by Disney due to Gail's reputation and her chosen breed, the Cocker Spaniel. Gail, not knowing who was calling or why they wanted to see her dogs, said she would be at an AKC Hunt Test in California with some dogs and could meet with them there to see some of her dogs. Although Gail had other Cocker Spaniels, Rose was the dog that the Disney scout couldn't keep her eyes off of. The rest is history.

USF FOUNDER FRED C. ADAMS PASSES AWAY

"Wherever the bright sun of heaven shall shine, his honor and the greatness of his name shall be" (William Shakespeare, Henry VIII).

The state's most prominent arts leader, Adams made a deep and lasting impact on everyone he met.



"Fred Adams was a visionary leader, one of a handful of great artistic geniuses that helped create the regional non-profit theatre movement," added Frank Mack, executive producer. "His invention of the Utah Shakespeare Festival is a great innovation that forever changed the destiny of the state of Utah, Cedar City, and the country."

The Festival is considered one of the most

prestigious theatres in the United States and has received the Tony Award for Outstanding Regional Theatre, an Emmy Award, and the Utah Best of State Award, among other accolades.

"Fred is the most creative, passionate and tireless person I have ever known," said Southern Utah University President Scott L Wyatt. "In the Utah arts world he was without equal."

"Fred Adams is a true hero, not only to me personally but to the state of Utah as a whole," added Evan J Vickers, Utah Senate majority leader. "He has done the work of ten men and managed to accomplish it in just one lifetime. We are all indebted to him for the amazing things he has done for us. He will truly be missed, but his memory and legacy will last forever."



FILE PHOTOS

LOCAL WORLD WAR II HEROES REMEMBERED

The B-17 Flying Fortress was a bomber built by Boeing that played a critical role in World War II. It was a workhorse that delivered massive numbers of bombs that destroyed Hitler's ability to dominate Europe. General Carl Spaatz, the American air commander in Europe, said, "Without the B-17 we may have lost the war."

One of the early B-17 pilots from Iron County was Frank Hunter of Cedar City, who became a Flying Fortress pilot in October 1942. Alta Hunter, Frank's mother, sent him a letter. Colonel Fay R. Upthegrove saw the letter and was prompted to reply, writing in part:

"Dear Mrs. Hunter: We have never met, but I feel like I know you, after reading your letter to your son Frank. It is one of the best letters from a mother to a son that I ever had the pleasure of reading. . . . The thing I like most about Frank is his honesty and modesty, and boys don't acquire those traits without love and guidance at home. He did a miraculous job in getting himself and crew safely home after the odds were so heavy against him. Moral courage, the will to keep trying and skill plus a wonderful plane tell this story of his and many other crews. . . ."

LOOKING BACK // the Top Stories of 2020

MARCH

CEDAR GIRLS WIN SECOND 4A CROWN

The calendar showed a special day, but the Cedar Lady Reds knew it was just another day to let their defense take a giant leap forward past another opponent.



Once the seniors found their range, it was only a matter of time until they got to hold another 4A championship trophy.

"Defensively, we were in the right spots and didn't get beat too bad," Nielsen said. "I told the girls today will be the happiest and the saddest day of my life. How many schools go 49-2 in two years?"

CEDAR HOSPITAL NAMED A TOP 100 COMMUNITY HOSPITAL

For five times now, Intermountain Cedar City Hospital has been named a 2020 Top 100 Rural & Community Hospital by the national health care analytics group, The Chartis Center for Rural Health.

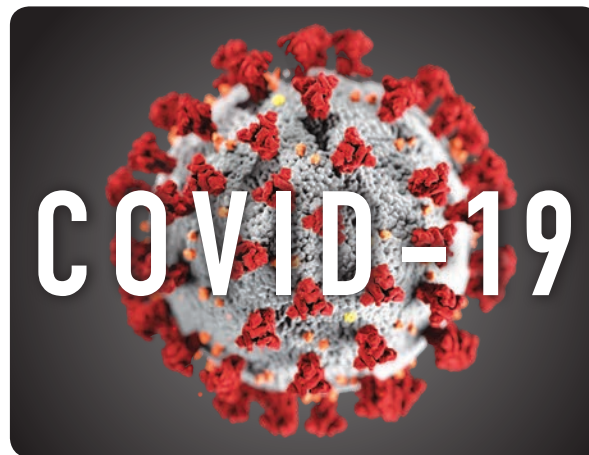


Eric Packer, Cedar City Hospital Administrator and CEO says, "We are thrilled for this prestigious recognition. Our caregivers work extremely hard to give the very best care, while ensuring our patients and their loved ones feel truly supported, safe, at ease, and valued. I think what impresses me most about the culture at Cedar City Hospital is we really

care about doing the right thing. Going above and beyond is the norm here. Ensuring the right thing happens is at the forefront of all considerations. The work we do is not easy. The challenges of providing healthcare in a rural and remote setting are not easy. And yet, there is no challenge that our teams won't tackle head on and conquer."

Packer adds, "We do not take our motto for Intermountain Healthcare lightly. 'Helping People Live the Healthiest Lives Possible' is what drives our decisions and a part of all we do as a community hospital in rural Utah. We are grateful for this award and how it underscores the exceptional dedication of all the caregivers at Cedar City Hospital."

COVID STRIKES IRON COUNTY



FILE PHOTOS

"Due to the unpredictable nature of the Coronavirus, our schools, churches, several businesses and events are being postponed, canceled and/or closed throughout our Iron County communities. This also includes classes and meetings from our community calendar as well as the businesses and restaurants found in the Marketplace publication.

These challenges and changes have definitely caused concern, uncertainty and inconvenience. As such, the Iron County Today will do our best to keep you informed. In the meantime, and as new changes seem to be happening daily, please verify with a specific meeting, class and business by calling or going online to their website to verify they are open and operating.

During this time of crisis, care and compassion are needed more than ever. The Iron County Today extends a special thank you to our local businesses who continue to purchase ads and to our devoted deliverers of the Iron County Today. We also appreciate you, our readers, for your encouragement and support! We will survive and thrive together.

Please be smart, stay safe and visit: ironcountytoday.com and coronavirus.utah.gov for the best, most positive news and updated information.

Thank you,

The Iron County Today Staff'

APRIL

COURAGE – It's times like these when our hearts, not just our health are tested. We must maintain our composure with courage. We must have compassion for those who need encouragement and we must not only communicate with one another but stay connected. For not only are we in this together, but we must and can only get through this together.

OPPORTUNITY – Despite these unfamiliar difficulties and distresses of these times, we must learn to seek and see the opportunities in the oppositions before us. No matter that the odds seem against us, we must find a way through for our lives and the lives of those that follow are depending on us to do so.

VALIANT – While our vision of the future may be blurred by burdens, we must be valiant against this virus. Life still has value and meaning and while we may not be able to foresee the future, we must still believe we have a future and fight for it every day.

INFLUENCE – Despite this infiltrating influenza, we can still make a difference while keeping our distance. We can call old friends, start an inspirational blog, work on your writing projects, learn to play an instrument, begin a new hobby and anything that helps you and others enjoy life more.

DISCIPLINE – No matter how long this viral trial lasts, we each need to implement more discipline in our lives. Because while we may feel inconvenienced, isolated, frustrated and defeated, as Maya Angelou said, "You may encounter many defeats, but you must not be defeated. In fact, it may be necessary to encounter defeats, so you can know who you are, what you can rise from, how you can still come out of it."

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OPINION

We will survive

The opinions stated in this article are solely those of the author and not Iron County Today.

There are at least three distinct advantages of growing old: a man can spend money on automobiles instead of diapers, there is no fascination in looking “cool”, and the passing of the years offers a sense of perspective lost among those who think Beyonce is a sex goddess and Garth Brooks was the founder of country music.

Here is my perspective as we await the new year...Despite the unstable economy, the polarization of politics and the uncertain spread of the COVID virus, we are better off today than in past decades.

Unlike 50-70 years ago, families now have multiple vehicles per household, and our homes are stocked with more electrical-powered appliances and technology that we could dream of even 20 years ago.

Yes, politics have become bitter and we have yet to inoculate many Americans from racial bigotry. Then again, we no longer see the same type of religious bigotry as we did 60 years ago when John F. Kennedy, a Catholic, ran for the presidency.

It wasn't long ago that AIDS raised the specter of widespread catastrophe with Karl Malone uneasy about being on a basketball court with an infected player and a Utah talk show host cautioning people about swimming in public swimming pools or eating at a restaurant. AIDS has not yet been cured, but the victims receive

stabilizing treatment and there is not a daily AIDS watch in the obituary pages.

Women today have more career options than they did in past decades... The abortion rate continues to decline... Longevity has generally increased...There are major gains in cancer treatment... The number of American soldiers bogged down in foreign deserts decreases each year...Cars and trucks sport new features



Cyclops

by Bryon GRAY

COLUMNIST

and last longer than they did 40 years ago.

We still must guard against terrorism, but that is nothing new. Some 30 years ago a kook was terrorizing people with tainted Tylenol, and previous generations were nervous about Soviet missiles capable of destroying silos in Nebraska.

We had the Cold War. We survived it. Americans now are more concerned about global warming than they are of a weaponized Castro government in Cuba.

We even survived the past election amid all of Trump's sour grape tirades and unending Burgess Owens-Ben McAdams television ads.

Now if we can only survive “The Real Housewives of Salt Lake City” TV series!



From the Editor

HAPPY NEW YEAR?

I saw a poll online (and we know we can believe everything online, right?) that suggested Utah's most miserable day of the year will be January 1st, 2021. Apparently, 36-year weather data identifies January 1st as the rainiest, coldest day of the month.



COREY BAUMGARTNER
MANAGING EDITOR

Well, considering our 2020 prospects, what's new? However, I know that many of us are hoping that “turning the corner” will instantly rid us of the challenges of the coronavirus and all will be well again because the calendar says so.

So, as we look ahead and “put our behinds in the past”—thanks Timon and Pumbaa—may we do so with optimism, caution and courage. We're not out of the woods just yet. And while the vaccine is a vigilant step against the vigilante COVID-19, even with a vaccine on the horizon we must still be valiant against the virulent pessimism permeating our communities, homes and hearts.

Who cares if the forecast calls for Friday to be a miserable day? Even if it is, we must not let it ruin the other 364 days of our year. We must not let the weather, or a calendar dictate our decisions to succeed and make 2021 even better than last year—despite pandemics, politics and persecutions, no matter what.

Thought of the Week

from the desk of R. Gail Stahle, publisher

“New year—a new chapter, new verse, or just the same old story? Ultimately we write it. The choice is ours.”

» Alex Morritt

OPINION

The biggest threat to our country is misinformation

“The greatest threat facing our country? No one knows what is true anymore... No free nation can survive when its citizens no longer know what to believe or who to trust.”—Rep. Chris Stewart

Access to the most sensitive intelligence on earth has given me a unique perspective of the threats facing America. My six years of service on the House Intelligence Committee has allowed me to travel the world, from Moscow to Western China. Because of this, I’m often asked, “What is the greatest threat facing our country?” People expect me to list China, Russia, North Korea, perhaps even socialism. Actually, it is none of these. The greatest threat facing our country? No one knows what is true anymore.

Free nations require an informed citizenry. No free nation can survive when its citizens no longer know what to believe or who to trust. Broken trust weakens our nation in unimaginable ways. Every time we learn we’ve been duped, our distrust grows.

I adamantly support a free and unfettered press. But like every foundational organization upon which our democracy depends, the press has to be held accountable. Not only are they not exempt from criticism if they fail in their responsibilities, but they should be held to a higher standard, not a lower one. My concerns are far greater than just the behavior of our press...It’s the politicization and manipulations of respected institutions; the FBI, CIA, DOJ and other government agencies, universities, Big Tech, and other institutions that are critical to public trust.

In our modern world, our quest for truth requires constant work. Content shoots at us like water through a firehose, blending bias, opinion, and facts that are nearly impossible to differentiate, leaving us pinned against a wall of doubt. Many people tell me they have given up on network news, major newspapers, and especially the internet. (As it turns out, social media is great for keeping in touch with your kids, but not for getting the facts.)

This problem isn’t new, but it is increasing. As a young man, I remember listening to a Dan Rather report and thinking, “This is not true. He is not telling the full story.” This was the first time I remember questioning the intentions of a news anchor. But simple bias is old fashioned and simple compared to what we have now. Media has gone from bias to propaganda, to open deception and suppression. And yes, it is suppression when social media and traditional news not only ignore

facts but actively suppress things they don’t want you to know, making it impossible to share information they don’t agree with, for example, Hunter Biden’s connections with Burisma.

There are several possible explanations for this war on truth. Some of those explanations are fairly benign. The immediacy of content has created an urgent race to be the first to reach our eyes. BigTech and BigMedia have also learned that anger is a powerful motivator to hold attention, thus distorting stories to generate a fire of addictive rage. Fact-checking has become increasingly unreliable, rarely more accurate or unbiased than those who are supposedly ‘fact-checked’.

But the core reason for the lack of truth is really fairly simple. And also frightening.

Those who control the narrative see our nation, our culture, and our future in a very different way than most Americans do. They think our nation is so deeply flawed, so racist, oppressive, imperialistic, unfair, and arrogant that it should not be defended, and in fact, needs to be torn down and fundamentally rebuilt. They think that half of

Americans are rubes; backward, racists, homophobic, sexist, anti-science, closed-minded religious zealots who are too dumb to know what’s good for them. So, they have to tell us. No, not just tell us, they publicly shame those who don’t fall in line until we join them or cry for mercy.

And truth dies in the process of forcing us to convert to their “better” vision of America.

This list of such distortions is far beyond what can be addressed here. Indeed, the list could fill a landfill. But to make the point, I will mention just a few.

Remember the guy who went to rescue trafficked kids from a pizza parlor in D.C.? He was reacting to what he was reading and believing on social media.

For more than three years we were told that President Trump had committed treason by conspiring with the Russians to steal the election and put himself in office. Thousands of news stories and TV interviews, hundreds of classified leaks, and Intelligence Committee hearings told the same story. Yet not a word of it was true. And many individuals who originated these claims knew that everything they were saying was pure fiction.

One would think that the damage to the credibility of those who perpetuated this fraud would be substantial as well. But it’s not. None of



REP. CHRIS STEWART

UTAH HOUSE DISTRICT 2

OP/Ed


To the Editor

Honoring our heroes


The Wreaths Across America is a wonderful project that honors and remembers our veterans. I was not able to attend the Saturday program, but I went to the cemetery the following day and saw all of the beautiful wreaths which had been placed on each veteran's grave. Thanks to the Daughters of the American Revolution for supporting this. I loved the wreath and flag on my husband's grave. Thank You!


Corinne S. Williams

Submit your letter to the Editor on our website ironcountytoday.com, or by emailing it to news@ironcountytoday.com or bring/mail them to 389 N 100 W, Cedar City, Utah 84721. All letters must be signed, be brief (generally under 300 words in length), list the author's city and give the writer's telephone number (phone number will not be printed). We reserve the right to edit all letters for length or content. For letters arriving electronically, we will use the author's e-mail address in lieu of a signature.




WEDNESDAY
Mostly Sunny
33°/2°
PRECIP: 0%
WINDS: N 4-8







THURSDAY
Chance of Snow
34°/10°
PRECIP: 20%
WINDS: W 5-10




FRIDAY
Partly Cloudy
32°/10°
PRECIP: 0%
WINDS: N 6-12




SATURDAY
Partly Cloudy
38°/9°
PRECIP: 0%
WINDS: SSW 3-6




SUNDAY
Partly Sunny
40°/14°
PRECIP: 0%
WINDS: SSW 5-10



MONDAY
Partly Cloudy
39°/22°
PRECIP: 0%
WINDS: SSW 4-8




TUESDAY
Snow Showers
39°/19°
PRECIP: 50%
WINDS: SSW 5-10




IRON COUNTY FORECAST

AFTER A WINTER STORM BROUGHT SEVERAL INCHES TO IRON COUNTY, WE WILL SEE MOSTLY SUNNY SKIES BUT COLD TEMPERATURES FOR YOUR MID-WEEK. THE REMAINDER OF THE FORECAST WILL BRING BACK A MIXTURE OF SUN AND CLOUDS WITH SOME POSSIBLE SNOW SHOWERS FOR NEW YEAR'S EVE.



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LOOKING BACK // the Top Stories of 2020

MAY

UTAH SALUTED WITH FLYOVER

The Air Force F-35A Lightning II Demonstration and 388th Fighter Wing performed a formation flyover throughout the state of Utah Thursday, 30 April, in salute to everyone on the frontlines in the fight against COVID-19, as well as those staying at home to “flatten the curve” of the virus.



“This flyover is our way of saluting those that are keeping our home-front safe during these unique times,” said Capt. Kristin “BEO” Wolfe. “To provide just a small showcase of our appreciation to everyone that is doing their part to combat the virus, and to say, ‘thank you for your sacrifice and service,’ to let everyone who has been affected by this pandemic know that we stand by you.” The flyover also provided standard training to the pilots, and demonstrates the readiness of the Air Force.

The F-35, America’s newest fifth-generation fighter, provides game-changing stealth, interoperability and lethality. It can penetrate dangerous airspace that other aircraft cannot and destroy high-threat targets both in the air and on the ground.

92-YEAR-OLD RETURNS TO FINISH SUU DEGREE

At ninety-two years old, Mary Butler has lived a full life, but she is far from finished reaching her goals. Butler has decided to fix her attention on a new accolade; finishing her bachelor’s degree in theatre at Southern Utah University.



“One thing I have learned in life is that if your dreams don’t scare you to death - they are not big

enough,” said Butler. “At the age of 92 years, I am scared to death to go back to school to earn my degree but I am here and determined.”

Butler will graduate with a bachelor’s degree at ninety-six, making her the oldest graduate in SUU history.

CEDAR DOCTOR, NURSE VOLUNTEER AT NEW YORK COVID HOSPITALS

An email went out in early April 2020 to some Intermountain Healthcare caregivers asking, “Would you consider volunteering to serve in some of the hardest hit areas of COVID-19 in New York hospitals?”

“I had to go,” says Dr. Jarid Gray. The Cedar City doctor is a hospitalist at Cedar City Hospital (a hospitalist is a physician that provides round-the-clock care to patients staying at the hospital). “My wife said she knew I’d signed up to help before I even told her, she just simply said to me ‘This is what you do.’”



At the same time, Cedar City Hospital Medical/Surgical (sometimes called Med/Surg for short) floor nurse Justin Robbins also answered the call for volunteers. “I kind of decided on a whim to do it, but I knew it would provide good experience,” says Justin. “I felt like it was valuable time spent to help others who needed it, and also gain experience to best respond if we ever got a surge of COVID-19 patients.”

COUNTY NAMES FOSTER MOTHER OF THE YEAR

Bethany Ross is Iron County’s Foster Mother of 2020. Bethany Ross has been a foster mom for two years. In these two years she has fostered four children. She and her husband also have three biological children ages 13, 10, and 7. “I would not be able to do this without the love and support of my husband and three wonderful children,” says Bethany. “Foster care has been given a bad rep in the media and in movies but it’s really a beautiful

thing. Being a part of these babies’ lives and seeing them grow has been a beautiful thing for my family. It has really helped us grow and become closer; we love being a foster family.”



Bethany speaks fondly of her experiences working with Utah Foster Care, “The successes and failures of the biological parents are your successes and failures. Working with the team at Utah Foster Care has been a wonderful experience, many of them have been foster parents as well so their expertise has been very helpful in many rough situations.” (utahfostercare.org).

UTAH SUMMER GAMES CANCELED DUE TO COVID-19

“Although we are deeply saddened by this decision, we feel that it is the best thing we can do for the health and safety of our athletes, spectators, and most importantly, our local communities, state and nation,” said Pace Clarke, executive director of the Larry H. Miller Utah Summer Games.

“We want to encourage each of you to find new ways this year to embrace the mission and spirit of the Games by celebrating excellence in the human spirit and healthy lifestyles,” said Clarke. “Whether it is by doing a service project in your local community, developing a new hobby or skill, or being a more kind and compassionate person, we know as we do our best individually, we can have a significant impact for good that will help give strength to others in this trying time.”



FILE PHOTOS

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LOOKING BACK // the Top Stories of 2020

JUNE



GRAND OPENING OF TRAVEL PLAZA CELEBRATED

The Cedar Band of Paiute's located here in Iron county held the grand opening and ribbon cutting for the long-awaited Cedar Band Travel Plaza on Saturday June 12th. As a token of friendship among all who came that day everyone was asked to sign the ribbon as a memento for the Travel Plaza.

This was a grand affair. With some 300 attendees, the atmosphere was filled with such an excited energy and long-awaited anticipation. Everyone there was anxious to see the final results of what had been so carefully planned many months ago. Appreciation was everywhere.

One of the highlights of the event was the presence of ceremonial drummers who, with as much energy as they could, made the drum sing. They also sang a chant that blessed the entire morning.

The Cedar Band Travel Plaza is located at 7248 South, Old Highway 91 at Exit 51 just south of Cedar City.

CONCERT HELD, EMPHASIZES FREEDOM

Country superstar Colin Raye headlined a special concert last Saturday. Held at the Iron Springs Adventure Resort the event was designed to help inspire and boost local vendors and small businesses throughout Iron County who have suffered from the effects of the Coronavirus.

This was the biggest gathering of people since the nationwide Coronavirus quarantine began and it was also the first concert and event of its kind in the nation as thousands of local and out of town guests enjoyed vendor booths, food-trucks and motivating speakers who encouraged everyone, especially business owners, to be strong during these challenging times.

While deemed controversial by some, it provided an opportunity for others to celebrate their freedoms, not fears. The event also emphasized the need for more faith, less doubts and more self-reliance as businesses re-open their doors and move fearlessly forward into the future.



'TODAY' EARNS TOP AWARD FOR 3RD STRAIGHT YEAR



FILE PHOTOS

For the third year in a row, your Iron County Today newspaper has been named the 2019 best newspaper for General Excellence in Utah by the Utah Press Association.

Thank you for your support and loyalty as readers, advertisers and contributors in so many ways.

Each of us here on the Iron County Today team are proud to continue to serve you and provide the best information and inspiration each week for your life.

The remaining 'Top Stories of 2020' will be published in next week's issue



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MISINFORMATION

« CONTINUED FROM PAGE 5

those who carried water for these lies have been held accountable. Not the FBI, CIA, or DOJ officials. Not the members of Congress who lied to the American people. And certainly not the press.

Beyond the substantial damage done to reputations and careers, the greater concern is the damage to our democracy, which is unimaginable.

Another example shows the personal costs of the lies the media is willing to put forward in order to promote an agenda.

Nine months ago, a 4-minute video clip of High School Junior Nick Sandmann went viral. Sandmann, wearing a MAGA hat while attending the March for Life, was a poster boy for the backwards America the media loves to hate. The video showed Sandmann smiling while a Native American beat a drum near his face. Media outlets lashed out, calling Sandmann a racist and a kid with a "punchable face." In the words of Sandmann himself:

"The mainstream media revved up into attack mode. They did so without researching the full video of the incident, without...ever asking me for my side of the story. And do you know why? Because the truth was not important."

When the longer video Sandmann talks about was finally examined, the truth unfolded, telling a very different story. But once again, Americans had been deceived.

More recently, citizens have been forced to examine the chasm between election polling and what turned out to be real.

Nearly every national poll predicted a huge blue wave election, followed by down-ballot Democrat party wins across the nation. But when Americans finally had a chance to vote, no blue wave appeared. Twenty-seven House races were considered too close to call. Republicans won every single one of them. Seven were considered "lean Democrat." Republicans won these as well. Up and down the ballot, from state legislators to U.S. Senate races, Republicans won, proving that

the polls were fabulously wrong...again, and in the same way as in 2016.

All of this begs a simple question. If polling just gets it wrong, why do they always get it wrong against the same side? A simple explanation is that pollsters are just incompetent. And yes, that is possible. But I think a more plausible explanation is they didn't want you to know the truth. Most of these polls are paid for or published by the same organizations that manipulate information every day, BigTech/BigMedia with deep pockets. They understand the power of controlling the vote. They understand the potential impact of convincing a group of people that it's over, their candidate is going to lose, their vote doesn't matter, and the outcome is assured.

This is nothing but a subtle form of voter manipulation.

After such a colossal breakdown, is it any wonder people would say, "I don't know what is true anymore!?" Once again, we are left shaking our heads while the trust that is necessary for a free nation to survive is chipped away.

An informed citizenry and our collective trust in our most treasured institutions are crucial for our form of government to survive. The process of rebuilding starts with acknowledging the problem, by digging deeper. By recognizing there is so much to gain by hijacking truth and very little to gain from telling the truth. We must reject those who manipulate, mislead, and malign. Never has this been more important.

Bookings

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty. For a juvenile the name is "(Male/Female) Juvenile Offender" and juvenile is of age less than 18 years.

- | | | |
|---|---|--|
| <p>Dec. 23
DAVID B CHRISTENSEN JR
CEDAR CITY, UT
False Info to Police, Poss Stolen CC, Poss Drug paraphernalia</p> <p>JUSHAU K HOYT
ENOCH, UT
Prob/Parole Violation</p> <p>Dec. 24
JASON D FEATHERHAT
CEDAR CITY, UT
Drive on Susp w/ Prior Conviction, Alcohol Restr DL, Open Container in Veh, DRUG - Poss</p> | <p>C/S, Distribute/Offer/Arrange</p> <p>DANE S GIBSON
CEDAR CITY, UT
Alcohol Restr DL, DUI, Purch/Poss/Consume by Minor - Measurable Amounts</p> <p>Dec. 25
JON P OLGUIN
False Title/Reg, Identity Theft, DRUG - Poss C/S Sched I/II/Analog, Drug Paraphernalia, Burglary/Veh</p> <p>DAVID L SEVERSON
HOMELESS, CEDAR CITY, UT
Purc/Poss/Consume by</p> | <p>Minor - Measurable Amounts, Intoxication</p> <p>Dec. 26
THOMAS L SEVERSON
CEDAR CITY, UT
DUI, Retail Theft, Intoxication</p> <p>Dec. 27
FELIX C KANOSHI-MARTINEZ
CEDAR CITY, UT
Alc Restr DL, Purc/Poss/Consume by Minor - Measurable Amounts, Accident Prop Damage, Drive w/o Ins, Drive on Denied</p> |
|---|---|--|

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Faculty and Alumni represent SUU with three Dance Educator of the Year Awards

by Ashley H. **POLLOCK**

SUU COLLEGE OF
PERFORMING & VISUAL ARTS

SUU faculty and alumni alike received the three 2020 teaching awards presented by the Utah Dance Education Organization (UDEO). Alexandra Bradshaw-Yerby, Assistant Professor of Dance at SUU, was awarded the Higher Education Educator of the Year. Courtney Pearce, SUU alumna, received the Secondary Dance Educator of the Year, Courtni Giles, SUU Dance Education alumna received the Elementary Dance Educator of the Year Award.

Alexandra Bradshaw-Yerby came to SUU in the Fall 2019 and is the Dance Education Director. She holds an MFA in Dance from the University of Washington and was a featured performing artist with the Ririe-Woodbury Dance Company.

Bradshaw-Yerby spoke of teaching in the dance education program at SUU, "I want my students to have a firm foundational understanding in biomechanics and alignment principles. They should have a global perspective about dance technique, forms of dance, the value of the historical trajectory behind different forms, and how and why they are important. The third thing is that these students have an awareness and education in the professional dance field. It is so important for my students to be learned in the progressive pedagogical theories and practices. They are bringing those experiences into the classroom so they can assist different types of learners with different type of learning styles."

Courtney Pearce graduated from SUU with a degree in Dance Education in 2006 and has been an educator for 12 years at Crimson Cliffs High School and Desert Hills High School. She has served on countless boards and in many leadership positions all while serving the dancers in her community.

Pearce explained why she chose the dance program at SUU, "I thought I was going to become a vet



ALEXANDRA BRADSHAW-YERBY

"It is so important for my students to be learned in the progressive pedagogical theories and practices."

» **Alexandra Bradshaw-Yerby**

and dance my way through it. One semester in and I was hooked on the dance department. I had found my family away from home in the students and more so in the faculty. The faculty was tough, yet encouraging. They really took the time to push me and get to know me as an individual. They looked for the things I needed, even if I did not want it. I saw myself grow in confidence and it came from the support of the department."

Courtni Giles graduated from SUU in 1996 with degrees in Dance Education and French Education. She was the first student to graduate from SUU with a dance education degree. Giles currently serves as a Beverley Taylor Sorenson Arts Learning Program (BTSALP) dance

"I had found my family away from home in the students and more so in the faculty"

» **Courtney Pearce**



COURTNEY PEARCE

educator for the Washington County School District. She teaches at eight different elementary schools in special education and dance and has taught for 24 years. In her current position with BTSALP, she created a new movement program for the severely disabled which she calls "Art in Motion." It is an adaptive program which helps her students to move in creative and holistic ways.

Of her time at SUU, Giles shared, "The education program AT SUU is thoughtful, researched, and provides a space in which future educators can succeed. The dance education program was able to give me the resources and practical information to start my career as a high school dance teacher. That core information provided me the foundation to



PHOTOS COURTESY SUU CPVA

COURTNI GILES

"The dance education program was able to give me the resources and practical information to start my career"

» **Courtni Giles**

successfully teach."

She was drawn to SUU as a university because of the opportunity and scholarships that were available. The faculty kept her here with the individualized education that she was able to receive and the smaller class sizes. Giles' daughter is currently attending SUU and those same opportunities are available to her today.

Congratulations to these outstanding dance educators and the legacy they share with their students. We are honored to claim them as Southern Utah University Thunderbirds. If you are interested in the dance education program at SUU, please visit www.suu.edu/pva/ta/dance-education.html.

My neighbor's silver tree is beautiful; mine smells heavenly

by Mary Anne **ANDERSEN**

CEDAR CITY ARTS COUNCIL

And then there is the matter of a Christmas tree. In our home, we are of the generation that thinks a Christmas tree comes out of the ground, not out of a box. And we are stubbornly sticking to our guns. This year we are the last in our family, and among our friends, as far as I know, to have a tree that was once alive.

The trip to the Christmas tree lot was a cherished December ritual for our family when we were growing up. Little forests sprang up in vacant lots all over the city, some run by individuals or families, others by groups like the Boy Scouts as fund raisers. Sagging strings of lights surrounded the lot and the ground underneath was wet and muddy, or slippery if there was snow. It smelled heavenly. We walked up and down the rows, trying to come to con-

sensus, not easy if there were six or seven in the family. But we eventually agreed, and the tree was hauled home, tied to the top of the car. It was always too tall and had to be cut off when we got home.

Our Dad really cared about how the tree looked. One year, the tree had a bare spot, a place that needed a branch. As I said, it was always too tall, necessitating the removal of some branches near the bottom, so Dad drilled a hole in the trunk and stuck an amputated branch in the bare spot. I'm not kidding. He thought bubble lights were tacky, but you know those tinsel/icicles that some families threw at the tree? We took the recycled boxes from the year before, and very, very carefully straightened each fragile piece out again and then hung them on the tree, one at a time.

In California, when we were raising our family, we visited a commercial Christmas tree farm,

where we walked rows of growing trees and finally cut down our choice. That enterprise had hot chocolate (for sale), pictures with Santa (for sale), and tree flocking (for sale), which turned the tree a beautiful, bushy white.

A couple of times, since our move to Utah, we have obtained a permit and tramped the cold mountain to find one still in nature, as it were. That needs big boys, which we didn't have, and a keen eye; trees that look so small in the forest are too big, once placed in the scale of a small living room. One year, after cutting, hauling, setting up, and decorating, we got up the next morning to find the tree lying on the carpet. It was not well shaped or balanced, bushier on one side than the other, and the heavier side prevailed. We tipped it back up, and ran thin wires from the trunk to the window frame and bookcase to stabilize it.

We now shop the convenience of Home Depot, where they cut the trunk, wrap it in netting, and haul it to our truck (for free). Sold!

“*...It was always too tall, necessitating the removal of some branches near the bottom, so Dad drilled a hole in the trunk and stuck an amputated branch in the bare spot.*”



 The advertisement features a scenic winter landscape with snow-covered evergreen trees and mountains in the background. In the foreground, a person wearing a red knit hat and a camouflage jacket is seen from behind, looking out over the valley. The text "WINTER PHOTO CONTEST" is prominently displayed in large, bold, white letters with a blue outline. Below this, a smaller line of text reads "Winning photos will be featured in our next issue of Color Country Magazine!". At the bottom, a blue banner contains the text "Complete contest details/rules & enter your photo at IRONCOUNTYTODAY.COM" in white.

WINTER PHOTO CONTEST

Winning photos will be featured in our next issue of Color Country Magazine!

Complete contest details/rules & enter your photo at IRONCOUNTYTODAY.COM

Snow & Ice Tips

to protect our yards this winter

by Debbi **MAYSTER**

FOR IRON COUNTY TODAY

With the pandemic keeping people sheltering at home, more people are extending their outdoor time in the winter by adding fire pits, outdoor heaters and other features. Even in the wintertime, it's important to take care of your yard. The Outdoor Power Equipment Institute (OPEI), an international trade association representing power equipment, small engine, portable generator, utility vehicle, golf car and personal transport vehicle manufacturers and suppliers, offers tips to keep your yard in top shape for winter use.

Stop trimming your lawn once it freezes.

Trim your grass to the height recommended for your lawn variety before it freezes. Cutting your grass too short can leave it dry and

exposes it to the elements, not to mention insects and disease.

Add a thin layer of mulch to your lawn before it's too cold.

A thin layer of mulch can protect your grass roots from snow and frost. It can even prevent deeper layers of soil from freezing, making it easier for your lawn to bounce back in the spring.

Check your trees for dead, damaged limbs.

Removing dead or damaged limbs before inclement weather arrives, is one way to protect your shrubs and yard from damage (not to mention people and pets!). Snow and ice can weigh heavily on dead branches and make them snap and fall. Remove any dead branches carefully with clippers, a chainsaw or pole pruner, following safety precautions. Consult an arborist for problematic trees.

Mark pathways to clear & beds to avoid.

Mark the areas that you will need to clear of snow and ice, as well as areas you want to avoid, like flower beds. Stakes or sticks can help. When it's time to run your snow thrower, you won't accidentally cut a path through the lawn and can stick to your walkways. Always follow manufacturer's safety procedures and never put your hand inside the snow thrower. Always use a cleanout tool or stick to clear a clog. Be sure that children and pets are safely inside and not near outdoor power equipment while it's being operated.

Keep new (and old) plantings well-hydrated.

Many people have added trees and shrubs to their yards during the pandemic, and caring for them in the winter is still important. Plants and trees that are well-hydrated are more likely to survive a hard freeze so water well before the cold snap sticks. Newly planted trees can only survive about two weeks in the winter without water, so be sure to water any new trees you've added to your landscape if they aren't getting water naturally from rain or snow. If your outside hose is already shut off for the winter, then use a bucket and add 5 gallons to the area around the tree.

Continue watering plants and trees even after the leaves drop.

Older plants and trees should enter winter well-hydrated, so continue watering even after the leaves have dropped. Even in the wintertime, hardy evergreen plants continue to lose moisture through their needles and if it's a dry winter they need supplemental water too.

Don't shake heavy snow and ice off branches.

It may be tempting for children (or adults) to wiggle those branches and watch the snow come off, but snow or ice can damage a branch. Shaking them can cause the branches to snap. It's better to wait until the snow melts to assess the damage.





COURTESY IRON SPRINGS RESORT

Bridal Expo coming to Iron Springs Adventure Resort

It's time! Everything you need in one place to plan your wedding, Quinceanera, Prom, and other special occasions. Grab your friends, classmates, fiancé, bride's maids, parents, grandparents, and anyone else who would like to share a fun afternoon together and come to the Bridal Expo!

Admission is free and the first 100 people get a free swag bag filled with surprises, so come early and check out all the local vendors and what they have to offer. Browse through the dresses, photographers, decorators, caterers, florists, cake decorators, salons and other pampering services. There will be drawings, give-a-ways, and a fashion show you don't want to miss!

The Bridal Expo is a one day only event, so don't miss out! Come chat with Vendors, buy lunch at the Expo café and enjoy it while listening to great music performed by The Bare Naked Waiters.

Saturday, January 9, 2020 11am -3pm, Iron Springs Adventure Resort, 3196 North Iron Springs Road in Cedar City. Turn north on Iron Springs Road and stay on the road for 4.5 miles. Enter through the Hotel. Questions or vendor applications, go to our website: ironspringsutah.com, or contact Les: 435-851-6434.

BUSINESS

Move Fast – Time is of the essence

BUILDING MAIN STREET, NOT WALL STREET

Today, our column approaches change from the 30,000-foot level. Rachel Gutter said, "Changing the world is always disruptive." Few understand the truly disruptive nature of change. Disruptive change is usually viewed as unsettling. It is downright disruptive to the average person, who would much prefer certainty and little change as they plod through life. Unfortunately, many companies and communities are ill equipped to cope with major disruption. In fact, most people, when faced with disruption, change, or trends, tend to double down on the old-fashioned thinking and put up protective walls hoping the disruption will pass them by. In today's economic and business climate, coupled with Covid-19, this is the sure path to irrelevance and destruction.

We are most likely in the most massive and profound economically disruptive period in our lifetime. This disruption isn't just a city, state or national issue, it is a worldwide issue that is quite unique in human history. In the book, the Tale of Two Cities, it states, "It was the best of times, and it was the worst of times." That is so true today. We are struggling with a pandemic which brings revenue declines, shoppers opting to stay home for fear of catching a virus. At the same time, we have un-curtailed vastness of information available to us in seconds. We have the ability to shop from our couch. We have the ability to see friends around the globe in seconds. These two competing realities bring us the "best" and "worst" of times for most individuals, companies and communities.

Fighting and winning against massive economic disruption is not an easy task; few are up to the challenge. Most are surprised to hear that 87% of Fortune 500 companies in 1955 no longer exist today, due in large part to failing to deal with disruptive forces that engulfed them. Today, the disruptive forces that are starting to weigh heavily on communities are just in the beginning stages. The disruption will only intensify. The e-commerce of the Internet will increase, wages will remain challenged. Companies, communities and states will have fewer resources from which to call upon. The list of potential disruptions will continue to mount.

When faced with disruptive forces, what ought communities do? First and foremost, they must recognize the danger they face. One of the biggest reasons those Fortune 500 companies are no longer around is that they remained faithful and clung to their previously successful business models. They failed to take seriously or fully

understand the true danger they faced until it was too late.

In order to overcome the disruptive forces, companies and communities must switch from the slow and plodding approaches to transformation and revitalization of their company or community to that of certain and swift action. They must look at the cause of the disruption and determine if they should fight the disruption or if they should marshal the forces of the disruption to their advantage. Both can be very effective. At times, a combination of the two approaches could be the answer.

Regardless of the approach, one thing is certain. Doing what has been done in the past is rarely the right approach. In fact, it will be more about not getting it exactly right all the time

but being less wrong than you were before. Change isn't about being right every time, it is about calculated trying, knowing and accepting that some of the efforts will fail. The trick in failing is to fail quickly, cheaply and move on learning from your mistakes.



JOHN A. NEWBY
COLUMNIST

Those resistant to change will always be the biggest roadblocks to success. Some just don't have the DNA of change and will resist to the end. Look for those in your community that lead change. They are the ones that will provide hope. Look for those leaders seeking new paths and directions, they

at least understand the severity of the situation. Much like a race against time, the clock that determines the winners and losers in the new economic business climate has already started. If your community hasn't left the starting blocks, it isn't too late. But if they are still surveying the track and weighing the pros and cons of the race, they are destined for a last place finish.

As always, balance is still the key; there are many traditional approaches to issues that are certainly still viable options. More often than not, it will be a few of the traditional methods sprinkled in or combined with new approaches that win the day. The message most important to understand is that now is not the time to meander. Now is the time to place the company or community pedal to the metal of change or risk being rendered irrelevant in the future.

John A. Newby, author of the "Building Main Street, Not Wall Street" column assists communities and their local media companies combine synergies allowing them to not just survive but thrive in a world where truly-local is lost to Amazon, Wall Street chains and others. His email: john@360MediaAlliance.net.

Change is challenging

Life is full of many choices and roads to travel. There are also many ruts to get stuck in along the way. While some ruts are inevitable, we can strive to do our best and learn to choose the Rut Less Traveled.

With that being said and with the new year arriving shortly, change is challenging! Not only is it a shift into a new gear but a shift into new fears. Nevertheless, we can learn to leap over (no matter how wide/deep) those chasms and canyons of doubt and despair—even the ones that trapped us in 2020. There certainly were a lot of ruts to navigate through in 2020—per-

When you do get your behind out of your ruts, be aware that life is brighter than the bottom of your rut, so it will take time to adjust and appreciate your new light and freedom. Maybe it seems too bright, that there is too much freedom and responsibility to be out of a rut. Perhaps you feel it was easier being stuck and even be tempted to climb, or jump back into your rut!

Also, don't just make changes on the surface. Don't climb out of your rut and sit on the edge waiting for change to happen. Make it happen. Get out and start filling it in immediately! If you only sit and stare at your ruts with

regret, a gust of guilt will gladly push you back in. Use the shovel you used to help dig your ruts to now fill them in. Get rid of your rutty routes and routines and create new, better, healthier and happier ones!

Maybe you're too tired to fill it in after just climbing out. Yes, it takes time and effort but one shovelful at a time and you won't have to fear that rut anymore. It's a new promise, not a familiar pit. That's what friends, family, good books, music and experiences are for. They've got an encouraging hand to help pull you out and inspiring dirt to help you fill in the rut. However, watch out for old "friends" trying to pull or push you back into the ruts!

While every day of 2021 will not be hakuna matata—it's still a jungle out there—putting our past behind us, to make room for a better future is great advice. Now, let's do that and look forward to (and help create) a better 2021!



The Rut LESS TRAVELED

by Corey BAUMGARTNER

IRON COUNTY TODAY

sonal and political. But we did it, we're here at the end! Or, is it the beginning?

It may be difficult to see new beginnings from the bottom of a rut, but when you start crawling, climbing, and/or jumping out, your vision will improve. Keep living, going forward and upward, and don't look down and don't look back.

In the words of those who know a thing or two about new beginnings, "In times like this my buddy Timon here says, 'You gotta put your behind in your past.'" (Pumbaa) "No, no, no. Amateur. Lie down before you hurt yourself. It's 'You gotta put your past behind you.'" (Timon)

CALENDAR

FRIDAY, JANUARY 1

NEW YEARS DAY



CHRISTMAS LANTERN WALK – (THRU JAN 2ND) 5 pm. Iron Springs Adventure Resort (3196 Iron Springs Rd, Cedar City) This is a free event sponsored by many churches in the community that will surely put you in the Christmas Spirit! Dress warm and bring your own lantern or purchase one on site. Enjoy a beautiful Lantern Walk through the Christmas Nativity displays. Info: sage@netutah.com or 435-851-6434.

SATURDAY, JANUARY 2

SCIENCE FICTION DAY

RENTWAPO-WORKS FARMERS MARKET – 9AM to 1pm, (4871 N Enoch Rd.) Eggs, Fruit, Vegetables, Hand-crafted items, Jewelry, Clothing, Homeopathic items and Home Décor. Good weather – Inside. Bad weather – Outside. Info: 435-559-1657 (Linda).

CEDAR CITY YEAR-ROUND DOWNTOWN FARMERS MARKET, 10am to 1pm, Every Saturday rain or shine, in the parking lot behind the Stratford Hotel, (18 S Main Street) or inside the building behind the parking lot in the cold weather months. Definitely worth stopping by for artwork, baked goods, crafts, custom semi-precious stone and costume jewelry, farm fresh produce, homemade brownies & candies, home style treats, homemade jams & jellies, homeopathic items and 100% real honey. Admission is FREE.

SATURDAY FARMER'S MARKET, 9AM TO 1PM, Saturdays @ IFA, 905 S Main. Good weather outside, bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For info call (435) 463-3735.

WEDNESDAY, DECEMBER 30

BACON DAY

PRECEPT UPON PRECEPT BIBLE STUDY – 6:30 TO 8:30 PM (Thurs 1-3 pm), Cedar City Library (303 N 100 E). A 6-week study (Thru Feb 10) of 2nd Peter. Precept Bible studies are nondenominational. Call 435-267-2234 or 435-238-3078 for info and to register. The cost of the workbook is \$18. www.precept.org.

THURSDAY, DECEMBER 31

LAST DAY OF 2020! (CHAMPAGNE DAY)



BRIAN HEAD RESORT: NEW YEAR'S EVE PARTY – "We Believe" (3pm to 12:30am) Brian Head Resort (329 S Hwy 143, Brian Head). Come for great food, live music from 'Muddy Boots,' the traditional Torchlight Parade and Fireworks Extravaganza to ring in the New Year. Info: (435) 677-2035.

POLICY KINGS: NEW YEAR'S EVE BASH (9PM TO 12:30AM) Policy Kings Brewery (223 N 100 W, Cedar City). There is a \$5 cover charge with tons of new cocktails and beer! Come and say farewell to 2020! The Austin Gray Band will jam and ring in the new year with all the hits! You don't want to miss this group w/a special song at 12:01 am! This is a 21 yrs. and over event.

NOTE: UNFORTUNATELY, THERE WILL BE NO ENOCH ORCHESTRA (1851 thru 2020) this year. However, please watch the special video at: fortjohnson.org. We hope to return and restore this wonderful tradition next year!

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LASER & SURGERY CENTER

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mountaineyeinstitute.com

CALENDAR

SUNDAY, JANUARY 3

FRUITCAKE TOSS DAY

PAROWAN WINTER WONDERLAND LIGHTS: Presented by the Parowan Chamber. From dark to 10 pm in the Parowan Main Street. Every night until January 3rd. Join them every Saturday for FREE hot cocoa & cider while supplies last. Bundle up and celebrate a "Winter Wonderland."

MONDAY, JANUARY 4

TRIVIA DAY



"I THINK WHAT MAKES 'JEOPARDY!' SPECIAL is that, among all the quiz and game shows out there, ours tends to encourage learning." – Alex Trebek

TUESDAY, JANUARY 5

SCREENWRITERS DAY

HISTORY (1914) – \$5.00 PER DAY WAGES AT FORD – Henry Ford introduces a revolutionary pay deal when he introduces \$5.00 per day wages for all his Ford workers. He told reporters that he wants his Ford workers to earn enough to be able to afford to buy a Ford motor car. They're a little more expensive nowadays. (www.thepeoplehistory.com)

WEDNESDAY, JANUARY 6

CUDDLE UP DAY



HISTORY (1838) – THE TELEGRAPH – ON JANUARY 6, 1838, Samuel Morse's telegraph system is demonstrated for the first time at the Speedwell Iron Works in Morristown, New Jersey. The telegraph, a device which used electric impulses to transmit encoded messages over a wire, would eventually revolutionize long-distance communication, reaching the height of its popularity in the 1920s and 1930s. (www.history.com)

Support Groups

ALCOHOLICS ANONYMOUS

(435) 635-3603 • www.utahaa.org • Helpline: John (702) 802-1332, Kara (702) 232-6829

Meetings at *KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed*

Steps and Traditions • M – Su, 7 am
Speaking From The Heart • M – Sa, Noon
Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm
Thank God it's Sunday Spiritual • Sun, 11 am
My Story • Sat, 8 pm

Women's Meeting • Sat, 10:30 am

What a Way to Start the Day • Su, W, F 7-8 am • All are welcome

Red Road to Sobriety • Mon, 6 pm Paiute Indian Tribe of Utah, 440 N Paiute (435) 586-1112 Ext. 307

The Great Fact • T, F, Noon • Call for location • (702) 802-1332 or (702) 533-7856

Red Creek Group • Wed, 7 pm • Canyon Park, Lions Pavilion • (435) 477-8925

The Great Fact • T, Fri, Noon. Call (435) 559-7777 for location.

AL-ANON

Meetings at *KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed*

Easy Does It • Tues, 7-8 pm
Community Presbyterian Church, 2279 N. Wedgewood, Cedar City. (435) 559-3333

Al-Anon • 1st, 3rd Tues, 7-8 pm, Parowan Senior Center, 685 N 300 E (435) 477-8925

Hope for Today (Family Groups)
Thurs, 6 pm • (435) 559-3333

NARCOTICS ANONYMOUS

www.nasouthernutah.org • (435) 635-9603
Most classes meet at *203 E Cobblecreek Dr, unless otherwise listed*

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm

Live and Let Live • Fri, 8 pm

Candle Light Meeting • Sat, 9:30 pm (Small room)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm

The Meeting Hall, 1067 S Main St, Cedar (877) 865-5890.

ALZHEIMER'S CAREGIVER

Online Meetings: 2nd Fri, 5:30 pm
4th Mon, 5:30 pm • RSVP to mjmillier@alz.org or (435) 238-4998 x8773

PARKINSON'S

2nd Thurs, 3 pm • Cedar City Library

CAREGIVERS

1st Tues, Noon • Five County Aging Offices, 585 N Main St, Ste. 1, Cedar City

ARP—ADDICTION RECOVERY

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan

SENIOR BLIND/VISUALLY IMPAIRED

3rd Thurs, 1:30 pm • Cedar City Library

NAMI BRIDGES & FAMILY TO FAMILY

Thurs, 7 pm • SW Behavioral Health Center, 245 E 680 S, Cedar. Free • (435) 590-7749

PREGNANCY, INFANT LOSS

1st Wed, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar City www.southernutahshare.com

MULTIPLE SCLEROSIS

3rd Thurs, 6-8 pm • Cedar Visitor's Center (581 N Main) Caregivers and those with MS

Service Clubs

LION'S CLUB

Tues, 12 pm • Call Pres. Roger Shurtz for mtg. info. Everyone welcome! (435) 590-2896

ROTARY CLUB

Tues, 12:15 • Southwest Tech
757 W 800 S, Cedar City • (435) 233-0244

CEDAR CITY ELKS LODGE #1556

111 E Freedom Blvd. Cedar City
(435) 586-8332

MARINE CORPS LEAGUE

Detachment 1315, 2nd Wed, 6 pm
Elks Lodge, 111 E 200 N, Cedar City.

AMERICAN LEGION AUX

3rd Wed, 6 pm, Cedar Library, 303 N 100 E
Amer. Legion Conf. Room • (435) 704-6654

DAR – BALD EAGLE CHAPTER

2nd Tues, 4 pm, Cedar City Library
ajssball@aol.com

BIKERS AGAINST CHILD ABUSE

1st Thurs 7 pm • 593 N 1450 W, Cedar City.
Helpline: 435-559-4505

Classes/Activities

ADULT BARRE/MODERN DANCE

Wed, 11 am-noon, Spirit Wellness Club,
1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

ARTHRITIS FOUNDATIONS EXERCISE

Wed, 1 pm, Cedar City Senior Center
489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

AWANA BIBLE CLUB

7th-12th grade, Mon, 6:30 pm – 8:30 pm
3 yrs-6th grade, Wed, 6:30 pm – 8 pm
Valley Bible Church, 4780 N Hwy 91,
Cedar City • (435) 586-0253 or (435) 990-1638

BOOK CLUB

2nd Thurs, 7 pm • Cedar City Library 303 N
100 E. Next month (Jan) we will discuss "The Zookeeper's Wife" by Diana Ackerman

CEDAR CHEST QUILTERS' GUILD

Thurs, 10 am • Cedar City Senior Center
489 E 200 S • (435) 586-0832

CEDAR CITY RADIO CONTROL CLUB

4th Thurs, 7 pm • Cedar City Library
303 N 100 E.

CEDAR CITY TOASTMASTERS

Thurs, 7 am • The Pastry Pub
86 W University Blvd. Find your voice & shape your future. Be the leader and speaker you want to be. (603) 731-0116

CEDAR PROFESSIONALS

Tues, 7:30 am • Springhill Suites, 1477 S
Highway 91, Cedar City. An organization of business people. Stimulate business for members through exchange of ideas, information and business referrals.
www.cedarprofessionals.org

COLOR COUNTRY WINDS

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

COLOR COUNTRY PICKLEBALL

M-F, 7-10 am • 155 E 400 S (Cedar Stake Ctr)
Paddles & balls supplied. (435) 586-6345

HEY CEDARS SQUARE DANCE

Wed • Beginner's, 6 pm, Mainstream
Dancers, 7-9 pm • Cedar City Senior Center
489 E 200 S. (435) 531-6811 or (435) 669-4867

Government

IRON COUNTY COMMISSION

2nd & 4th Mon, 9 am
Commission Chambers
68 S 100 E, Parowan.

CEDAR CITY COUNCIL

Wed (except 5th), 5:30 pm • City Hall
10 N. Main St (435) 586-2950

ENOCH PLANNING COMMISSION

2nd & 4th Tues, 5:30 pm • City Hall
900 E Midvalley Rd • (435) 586-1119

ENOCH CITY COUNCIL

1st & 3rd Wed, 6 pm • City Hall
900 E Midvalley Rd • (435) 586-1119

PAROWAN CITY COUNCIL

2nd & 4th Thurs, 6 pm • City Hall
35 E 100 N • (435) 477-3331

IRON COUNTY REPUBLICAN WOMEN

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

PICKLEBALL GROUP

Weekdays, 7 am • SUU Pickleball Courts.
Anyone is welcome. Fee is \$2 (indoors) and FREE (outdoors)

ROCK CLUB

1st Thurs, 6 pm • Gateway Academy, 201
W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry.
southernutahrockclub.org

SOUTHERN UTAH WOODTURNERS

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

TAE KWON DO CLASS

Wed, 7-8:30 pm • Cedar City Aquatic Center,
2090 W Royal Hunte Dr. \$25/mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

TAI CHI FOR ARTHRITIS

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. Free class, basic elements of Tai Chi – Coordination, Balance, flexibility. Register: Maria Bailey (435) 673-3548

TOP BAR HIVE BEE KEEPING

1st Tues, 7 pm • Cedar City Library
303 N 100 E. (435) 586-6661

TOPS – TAKE OFF POUNDS SENSIBLY

Wed • Weigh-in 9 am, mtg 9:30 am. Evening weigh-in 6:30 pm, mtg 7-8 pm • Cedar City Library, 303 N 100 E. Lose weight without buying special foods. • 586-3233 (a.m. mtg) or 867-4784 (p.m. mtg)

WATER AEROBICS CLASS

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

WEIGHTWATCHERS REIMAGINED!

Wed, 9:30 am • Cedar City Aquatic Center
2090 W Royal Hunte Dr. Guidance, in-person motivation from members, trained guides and wellness coaches. (702) 832-0555. Evening workshops now available. More info at weightwatchers.com/us/find-a-meeting

WELLNESS PLACE

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

PEOPLE

85TH BIRTHDAY

Annette Hyer Hansen



Annette Hyer Hansen is celebrating her 85th birthday on New Year's Day. She was the New Year's baby for Cache Valley in 1936, ringing in the year on January 1 at 12:08 am. She is the youngest of the 7 children of Ira and VaLeria Hyer. Annette and Sheridan Hansen celebrated their 67th wedding anniversary on December 23. Her posterity includes her six children: Lorie (deceased), Sheree Lewis, Kip Hansen, Julie Williams, KathJo Smith and Kris Hansen. She has 17 grandchildren and 18 great-grandchildren. She enjoys reading, crocheting, dolls and beautiful flowers. She has been actively involved in the LDS church, many community organizations and other clubs. Annette has never met a stranger; she is a friend to all. Her greatest joy is her family. HAPPY 85th BIRTHDAY mom. We love you.

Have a People Announcement?

There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon for the following week's issue. Announcements should be 100 words or less. Please call 435-867-1865 ext. 5 for pricing for all other announcements.

WINTER TIPS

« CONTINUED FROM PAGE 12

Remove damaged branches as soon as the weather allows you to do it safely.

If snow or ice have snapped a limb, look at the cut and assess the damage. Try to get a clean cut on an already broken branch or limb, as this will make it more

difficult for insects or disease to enter the stressed area on your tree or shrub. Follow all manufacturer's safety precautions if using a chainsaw or pole pruner.

Be careful about salt.

Salt can melt snow and ice, but it can also damage plants and trees by drawing water away from their roots. Keep salt applications away from your

trees and shrubs. Salt should also be cleaned off pet paws following a romp outside in the snow.

Remember to get outside, even when it's chilly. It's good for our mental and physical well-being to spend time in our family yards and breathe in the fresh air – and it also helps us connect to each other and with nature.

Christmas

COLORING CONTEST

WINNERS

MATTRESS STORE

AGES 0-8 Kinsey, 6	AGES 9-17 Arraia Jessop, 15	AGES 18+ Amber Darger, 21
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Pick Up Your

FREE 2021 CALENDAR!

Calendars can be found at



389 N 100 W, #12, Cedar City, UT 84721
435-867-1865

IRON COUNTY today

2021

PHOTO BY COVEY BOURGONJON

JANUARY	FEBRUARY	MARCH	APRIL
MAY	JUNE	JULY	AUGUST
SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER

1 Jan New Year's Day
10 Jan Martin Luther King Day
12 Feb Lincoln's Birthday
14 Feb Valentine's Day
15 Feb Presidents Day
16 Feb Mardi Gras Carnival
14 Mar Daylight Saving (start)

17 Mar St. Patrick's Day
1 Apr April Fool's Day
2 Apr Good Friday
4 Apr Easter
5 Apr Easter Monday
5 May Cinco de Mayo
9 May Mother's Day

15 May Armed Forces Day
23 May Pentecost
24 May Pentecost Monday
31 May Memorial Day
14 Jun Flag Day
20 Jun Father's Day

5 Sep Labor Day
11 Sep September 11th
17 Sep Citizenship Day
24 Sep Native American Day
11 Oct Columbus Day

31 Oct Halloween
7 Nov Daylight Saving (end)
11 Nov Veterans Day
25 Nov Thanksgiving

FAITH

PREPARE YE

2ND CORINTHIANS 5:17

As 2020 nears its final day, we look to 2021 with renewed hope. However, know that God's love is not dictated by a date or distance. No matter what the clock or calendar say, every day we can be made new (2 Corinthians 4:16-17). Thus, I thought it would be helpful to take a journey through a few past Porches to help us prepare for 2021 and beyond. It has been both humbling and enlightening to sit with you on God's porch and to learn of and feel His love for each of us through His holy scriptures. As His words guided and guarded us through 2020, they will certainly do so in 2021.

January 8, 2020

What are you seeking for in 2020 (2021)? A person, place or thing? Position? Profit? Peace? In Matthew, God assures us that what we seek after we will find. That's very encouraging until we realize He doesn't say we'll find it right away. Don't let that discourage you from continuing to seek. For in the seeking is a becoming—so that when you do find, you have also been refined as to be able to truly embrace and enjoy that blessing. And because of your patience, persistence and transformation during your searching, you are better prepared to not only procure, but to protect that precious treasure you were seeking.

February 12, 2020

Let us also remember that we are all beggars. We are all in need of help, love, and mercy from God every day of our lives. We may not be begging on a street corner, but by a bedside pleading for a sick child, or in an empty bed lonely after losing a spouse or lost in the wilderness of wickedness and need help to overcome and come home. Thank God there are people and places willing to reach up, reach out and help those in need. Whether it's with a meal, a smile, a home, hope or all of the above. God bless you.

March 4, 2020

As with any loss or death, there must be time to grieve and mourn, but there must also be a time to have the faith and courage to leave the tomb of despair and disrepair and begin living your life again. (Joshua 1:9) You've got to forgive yourself and others who helped put you in that tomb. And no matter how long your faith, hope and love have been entombed, no matter how many dreams have died, or how many times your heart has been broken, or how many relationships have been lost, there is still hope, healing and life for you. (John 11:25-26)

April 1, 2020

The Armor of God is not just a fancy metaphor for mortality. It is imperative that we not only

learn about God's armor and how to use it but to put it on—every piece—and keep it on. It may seem easier said than done but it will bring greater peace, protection and happiness into our lives. Why don't we have the armor on all the time then? Perhaps because we're too busy to put it on and learn how to use it, or maybe we're listening to the devil whispering that it's too much work, that it's too heavy and burdensome to wear all the time, or it's not cool and attractive. Neither is having regrets and sorrows from sin.

May 6, 2020

Now, with every piece in place we are ready for any battle and any enemy. Trust God's Armor. It doesn't need to be redesigned. It is perfect for any age, wage and stage of life. It will prepare you for any environment and arena. The Lord needs each of us on the battlefield. Are you ready to join Him? Get His Armor on and let's go! (Ephesians 6:10-20)

“The Lord needs each of us on the battlefield. Are you ready to join Him?”



GOD'S Porch

by Corey BAUMGARTNER

IRON COUNTY TODAY

June 3, 2020

What about those who have not been to church since long before the quarantine? How much more difficult will it be for them—wondering if they'll be accepted, or good enough to come back to the fold? This is why it is imperative that church leaders and members extend the “warm” hand of fellowship to everyone. For there are those who have become “strangers” (Deuteronomy 31:12) and forgotten what it feels like to be loved, needed and what the warm fires of faith feel like. To any lost and cold souls the Savior reminds them that they are accepted and good enough, inviting them to come home (Jeremiah 31:3).

July 1, 2020

To any who are now lost at sea and wondering

Resolutions?
Bah humbug!

by Edy MEREDITH

FOR IRON COUNTY TODAY

Everyone knows that New Year's Resolutions are rarely made, and if made are rarely kept. If you Google New Year's Resolutions you will find many suggestions, ranging from health, quit smoking, nutrition, exercise, love, family, charity work, to “Live Your Dreams.” Several years ago I saw one on Facebook that I copied and make part of my life as best as I can. I resolve to be more like Jesus:

- » Hang out with sinners (aren't we all?)
- » Upset religious people
- » Tell stories that make people think
- » Choose unpopular friends
- » Be kind, loving, and merciful
- » Take naps on boats

I recently told a friend about this, and her response was: “Jesus didn't take naps on boats!” Well, we are going to examine each of these in their Biblical context to discover why they exemplify the Great Commandment referred to in Matthew 22:35-40, Mark 12:28-34, and Luke 10:27, in ways that we can all look to Him as an example of great love. In the small ways, we build up habits that show how we understand the short and powerful earthly ministry of Jesus--yesterday, today and tomorrow.

How was Jesus a friend of sinners? He often drew the anger of the righteous scribes, Pharisees, Sadducees upsetting those religious authorities for eating with sinners (Luke 15:2). They called Him “a glutton and a drunkard, a friend of tax collectors and sinners” (Luke 7:34). There are many examples of this such as, Jesus calling Matthew the tax collector to be His disciple (Matthew 9:9-13, Mark 2:13-17, Luke 5:27-32). He forgave sinful women (Luke 7:36-50). His parables speak loudly of the lost sheep, a lost coin, and a lost son in Luke 15. He said that He came for sinners, and the Bible tells all of us that we all fall far short of the glory of God because we are sinful (full of sin which exists in our essence). Some say, “No I am good,” but are you good as God is good and how God defines good. Look at the Ten Commandments. Have you ever broken one of them, ever in your life? All is not bad news because Jesus came to redeem sinners, to pay the price for our sins.

His stories as parables make us think. As we delve into the meaning of them and consider how He is our friend even today; we also understand that we are unpopular with many of the righteous, popular, political, religious, and acceptable members of our community. It is

OBITUARIES

Janet Kaye Larson Rock



Janet Kaye Larson Rock peacefully departed this mortal life on 21 December 2020, after a long battle with cancer. As a beautiful light went out in this world, she left us a special light in the heavens to remember her by that night, appearing less than an hour after she passed.

Born in April of 1959, to George and Isabel Larson, of Sacramento CA. The youngest of 6 children, she was the cute, little 'angel' in a house full of girls. Known as "laughin Larson," she always knew how to have fun and "just let it go." Coming out to Utah to stay with her Aunt Betty Ross, in Bountiful, Utah, she met Dennis and they were sealed in the SLC Temple in 1980.

Her kids were the great adventure of her life, and she loved being a mom to 4 boys and a daughter. She went on many adventures, and enjoyed taking her family out to Lake Tahoe to the Larson family reunion every summer, where many good memories were made. A number of years were spent living in a small trailer, with 5 kids, through the winter in Park City, and later, living in an army tent in New Harmony, while houses were built. Her life was lovingly dedicated to her family, especially to her husband, Dennis. She was a light to all who knew her and spread that light everywhere she went. Janet was a very talented person, the greatest one being her ability to focus on others, loving, caring for, and serving them unselfishly.

16 grandkids were her joy, and one of her crowning achievements. They will miss their grandma/Mima. Her final days were spent with many family and friends coming to visit her and spending precious time, memories, and laughs with her. She was so thankful to see everyone that came, one last time. Faith in Jesus Christ sustained her to the end as she was received home and healed in His arms.

Survived by: Mother Isabel, husband Dennis, children; Jarad (Jennilyn), Justin, Jeffrey (Carly), Jennifer Minchey (Zac), and Jamin (Rachel), and all 16 of her grandkids. Sisters: Shirley Calapp, Judy Baucom (David), Gloria Armstrong (Larry).

Preceded in death by: Father George Larson, sister Marsha Seitz, brother Larry Larson, sister-in-law Sandy Larson, and brother-in-law Keith Calapp.

Graveside services will be held for family in Hatch, Utah, 30 December 2020

Condolences can be sent to jaradrock@yahoo.com.

Submitting an obituary...

There is no charge for obituaries of 400 words or less. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. A single submission may include up to two photos. The deadline for submission is Monday at noon. For pricing information for obituaries longer than 400 words, please call 435-867-1865 ext. 5.

PREPARE

« CONTINUED FROM PAGE 17

if there's a way back, or if their foolishness has caused them to be forsaken and forgotten forever; fear not! Your Captain (Jesus Christ) is still calling you home. To any sailors who are sinking, or drowning and don't know how much longer you can stay afloat, don't give up! Keep believing, fighting, breathing. Help is on the way. You will find in time and brought safely home.

August 5, 2020

I know that we each have our storms and struggles every day in our lives. I know that whether it's a pandemic, plague or personal predicament; it often seems like to endure and overcome them is the same difficulty as attempting to walk on water. Maybe some of us don't have that kind of faith (yet) to get out of the boat. That's alright. Jesus is still there, not only inviting each of us to join Him, but to help us to take courage in these times of uncertainty; to not be afraid of, or swept away by, the flood of fear that threatens to sink our boats and hopes. No matter how depressing the deluge of daily news about the storms raging across our world appears to be, we must keep our eyes and our hearts on Jesus. For as He guided and guarded his apostles through their storms, He will surely get us through ours. (Matthew 14:27-31)

September 23, 2020

Yes, we will have moments of difficulty and doubt as our internal-captors remind us of our past and tell us we're too weak to break free, or to stay free; that we're not worthy of greater things and that our Promised Land has been promised to someone else because we've made too many mistakes (Colossians 1:21-23). No matter what personal Pharaohs we face today; fears, failures (sins) and addictions that have enslaved us; if we will have faith to press forward, to even to take one footstep towards God, we will one day experience true freedom (Galatians 5:1).

RESOLUTIONS

« CONTINUED FROM PAGE 17

then we understand our need for His friendship. He makes us think about what is important in life. As He would say, "Truly, verily, I say unto you. Love your neighbor as yourself."

Being kind, loving, and merciful is not popular today as we witness the destruction of many places and values in our country. Are you praying for your enemies and for those who despitefully use you as He did on the cross looking forward, even in His suffering, to the best good of all people? Jesus' love was very costly, commanded, conspicuous, and committed as the Book of John demonstrates in chapter 13.

All is not lost. The gospel good news still prevails. In Isaiah chapter 1, God says through Isaiah the prophet, "Wash yourselves, make

October 7, 2020

My friends, of course God has noticed and knows about the state of our community, government, world and our individual lives. It breaks His heart to see His children suffering in so much trial and turmoil. How can He see/feel so much suffering and not give up like others have? Because He understands very well that, "We are hard pressed on all sides, but not crushed; perplexed, but not in despair; persecuted, but not forsaken; struck down, but not destroyed." (2 Corinthians 4:8-9, 12) He also understands that at times we may feel like giving up. He reminds, encourages us that when we are forsaken, persecuted, struck down, afflicted in any way, "... God works all things together for the good of those who love Him, who are called according to His purpose." (Romans 8:28) That purpose is our happiness and eternal salvation. (John 3:16-17)

November 4, 2020

Whether today is your time to mount up on wings of eagles or take shelter under the care and protection of our Savior, don't be chicken during these challenging times. Don't fly the coop just because things are difficult. Your life still has a great purpose entrusted to you by God. You have something special and important that only you can share with the world and change it for the better. Don't be afraid to spread your wings and fly. It's why God gave them to you.

December 16, 2020

No matter what gifts we choose to give and receive, may we each take time to remember the greatest gift ever given to us; a gift which we can receive, open and enjoy every day of our lives. This gift is God's love given through His Beloved Son, our Savior, Jesus Christ. With this Love comes Peace (John 14:27), Hope (Jeremiah 29:11), Strength (Philippians 4:13) and Forgiveness (Isaiah 1:18). May we each receive these gracious gifts and give them to others now and always.

May God bless each of us in this new year (2021) and new you!

yourselves clean, put away the evil of your doings...Cease to do evil, learn to do good; seek justice, rebuke the oppressor; defend the fatherless, plead for the widow. Come now, and let us reason together, says the Lord, though your sins are like scarlet, they shall be white as snow...If you are willing and obedient..." Turn to the Good Shepherd. Be spontaneously in love with Him. When He awoke during the storm and discovered a great windstorm and His disciples saying, "Teacher, do You not care that we are perishing?" Then He arose and rebuked the wind, and said to the sea, "Peace be still!" And the wind ceased and there was a great calm. (Mark 4:35-39).

He is powerful, strong, and holds all authority to say again "Peace be still." Let us turn again to Him and keep the greatest of all the commandments: Love the Lord your God with all your heart, might, mind, and strength, and like unto it, love your neighbor as yourself.

T-Bird women rout Trailblazers

by Tom ZULEWSKI

IRON COUNTY TODAY

After the Southern Utah women's basketball team lost a tough game to BYU on Dec. 18, senior Liz Graves said the plan was clear against the Dixie State Trailblazers.

"We want to punch them in the mouth," Graves said.

With senior Darri Frandsen leading the charge, the message was delivered swiftly and clearly.

Frandsen and teammate Madelyn Eaton led all scorers with 15 points, and Southern Utah forced 17 turnovers on the way to a convincing 80-44 rout over Dixie State on Dec. 21, sending the T-Birds to the holiday break with a 3-2 overall record.

"It was fun to see some different lineups in there," said SUU head coach Tracy Sanders, who went to her bench often after the T-Birds built a 27-12 first-quarter lead. "We had great defensive pressure in the first half, setting the tempo and pushing the ball in transition."

As she did in the BYU game, Frandsen found her range early, scoring the first seven T-Bird points and finishing with 10 in the quarter as SUU built its big lead that only grew as the night wore on.

"My teammates got me in pretty good position," Frandsen said. "We shared the ball well and found the open person on the 3-point line."

SUU led 42-24 at the half, but both teams went cold from the floor, failing to score until Margarita Satini (9 points) got inside for a layup three minutes into the third quarter. Frandsen and Charita Daugherty would add 3-pointers in an 11-2 run that helped turn the game



LIZ GRAVES HELPED THE SUU THUNDERBIRDS deliver her prophetic "punch in the mouth" to the Trailblazers from Dixie.

COURTESY OF SUU ATHLETICS



So. Utah

80



Dixie St.

44

DSU	12	12	9	11	—	44
SUU	27	15	24	14	—	80

Dixie State — Robins 7, Isaacson 5, Pavlica 6, Stevenson 5, Gillen 9, Potter 4, Vance 2, Camacho 3, Muscoreil 3. Totals 14-53 13-21 44. 3-pointers — Isaacson 1, Stevenson 1, Camacho 1.

Southern Utah — Frandsen 15, Satini 9, Graves 6, Daugherty 8, Eaton 15, Thornberry 7, Ballena 6, Barrington 4, Kamps 3, Johnston 3, Tronnier 4. Totals 30-68 12-18 80. 3-pointers — Frandsen 2, Graves 1, Daugherty 1, Eaton 2, Thornberry 1, Johnston 1.

into a blowout.

"Darri's been a great scorer since she came back this summer," Sanders said. "She's got a whole new confidence and become a better 3-point shooter. She's more aggressive and finishing better, and it's fun to see."

In the first meeting between the future rivals since Oct. 30, 2013, SUU outrebounded Dixie State by a 51-32 count and held the Trailblazers (1-2) to just 26 percent shooting from the floor to go with 20 points in the second half.

Playing only its third game as a Division I program, Breanna Gillen led Dixie State with 9 points in the loss.

The T-Birds will return from the holiday break on Thursday to close out 2020 with the first of two Big Sky home games against the defending conference champion Montana State Bobcats starting at 5:30 p.m. The teams will also play on Saturday starting at noon as the calendar turns over to 2021.

2020: A year for the rear-view mirror

When 2020 is reviewed in history books everywhere, the main theme will be less about sports and more about how a pandemic threw all of our lives into collective chaos. That's sad and true all at once.

As this madhouse of a year fades into infamy, we choose to chase down some goodness wherever it can be found. We looked under a lot of rocks, but managed to secure a full share of gems for our final column of 2020.

First and foremost, the Cedar girls basketball team completed a back-to-back blitz with its second 4A state title, pulling away in the final three quarters to beat Pine View on Feb. 29. The two-year stretch of dominance ended with a 49-2 record and another state championship trophy.

Aiding the cause, the Lady Reds pulled off one of the more impressive comebacks of recent memory when they wiped out a 19-point third-quarter deficit and beat Desert Hills on the road Jan. 31.

But less than two weeks after Cedar's girls claimed the 4A championship hoops trophy, our sports world started slowly crashing down. The last high school games were played March 12, the season was cancelled soon after. On the same day, SUU's men's basketball team went from celebrating an opening-round win over Idaho at the Big Sky tournament in Boise the day before to seeing the plug pulled on its season.

We lost the annual PRCA rodeo in Cedar City that was scheduled for June and the Utah Summer Games were cancelled on account of COVID-19. Even as case counts remain high, the arrival of a vaccine gives hope that the disruptions suffered in 2020 will be a one-time-only happening.

Even with other Utah rodeos getting wiped out during the summer, Parowan was able to hold its PRCA stop successfully in September. Later in the month, the PRCA announced the Wrangler National Finals Rodeo would be moved out of Las Vegas due to COVID restrictions.

When the WNFR was held at Globe Life Field in Arlington, Texas earlier this month, it set the stage for two members of the Wright family to come up with a big-time haul of gold buckles.

Not only did Stetson Wright repeat convincingly as all-around champion, he rallied past Ty Wallace and claimed a gold buckle in bull riding for the first time. After trailing in the money for most of the sea-

son, Ryder Wright won his second saddle bronc gold buckle in Texas. The Beaver resident won five go-rounds – matching his 2016 record – and backed it up by winning the average to rally past Wyatt Casper and take home the top prize.

Appropriately enough, Wright clinched the victory by sharing the Round 10 win with his brother, finishing as the only cowboy to score on all of his 10 rides in 2020.

While most states had to delay fall high-school sports to the spring, we were fortunate to have what felt like a “normal” season in Utah. Cedar football not only had its best season under Josh Bennett with seven wins, the last one was memorable as the Reds shut out the Dixie Flyers at home, 28-0, on Oct. 30 in the second round of the 4A state playoffs. It was the first time Dixie had been blanked in a game in nine years and the first time Cedar did the trick to its



COURTESY RYAN HUBER

RYAN AND KYLYNNE HUBER OF PAROWAN PROUDLY POSE WITH HIS PLAQUE in honor of his dedication to providing care for student athletes.

Parowan's Huber named Utah Athletic Trainer of the Year

from Becki **BRONSON**
FOR IRON COUNTY TODAY

Parowan High School's athletic trainer Ryan Huber received the High School Athletic Trainer of the Year award for 2020 from the Utah Athletic Trainer Association (UATA). Because of COVID, UATA couldn't present the award at a formal ceremony, so UATA and Intermountain Sports Medicine leaders visited Ryan at Parowan High to present the award to him in person, along with his wife, Kylvnne.

Melissa Mendini, head athletic trainer for Intermountain Sports Medicine in the Iron County School District, says, “Ryan has done so much to grow athletic training in Utah. As one of the only athletic trainers at the 2A level, Ryan has treated and cared for many

athletes. He's directly impacting many schools who do not have access to an athletic trainer, some of which have never even heard of one. He is constantly covering games, tournaments, and playoffs as the only athletic trainer or medical professional present—many times caring for athletes that are not his own. He is one of the most caring and personable athletic trainers I have ever met and this adds to his ability to have an impact on many athletes, community members, and school administrators.

People in Parowan look to him as an extremely important healthcare resource, and appreciate him as an athletic trainer. It is something this rural area hasn't had access to before. Ryan is a valuable asset to athletic training and to the UATA and absolutely deserves this award!”



RANDOM Thoughts

by Tom **ZULEWSKI**

SPORTS WRITER

southern rival since 2001.

Canyon View's girls soccer team also had a season that amazed as they finished with a winning record in Region 9 play (8-6) for only the second time in school history (2002). The Falcons ended long winless streaks by beating Cedar, Desert Hills and Dixie in two-game sweeps and defeating Snow Canyon for the first time in 17 years.

CV finished two games behind the Thunder for the Region 9 title, but ended up with the higher ranking in the RPI, finishing No. 6 overall. They earned a second-round home game in the 4A playoffs, but fell to Mountain Crest on Oct. 14.

Even as the pandemic rages on, the sports angels seem to be watching over us for now as 2021 closes in. May the New Year bring you new reasons to be thankful for good health, a family that's safe, and games that will continue with minimal disruption.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

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2014 FORD EDGE PLUS: 4 DOOR SUV, 18,580 MILES, 3.5L V6, AWD, Navigation, back-up camera, heated leather seats, 20" premium wheels, roof rack, white, one owner, excellent condition! \$18,500. 435-590-1920.

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CELESTRON ASTROMASTER 114EQ TELESCOPE. NEW IN BOX. Includes full height metal tripod. Call or Text. Great Christmas gift. \$75 Russ Swift 208-573-0329 (Located in Cedar City)

ATLANTIC ARMS TACTICAL 12 GA SHOTGUN. LEVER ACTION. New with case. 2 3/4-3 in. shells. Includes extra shortened pistol grip stock & choke kit. \$400 Russ Swift 208 573-0329.

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MOTORCYCLE: BMW R1100RT \$1200. NEW ACOUSTIC GUITAR with strap: \$60. Classic Sidewinder 16' Boat & trailer w/85HP motor: \$1200. Please call/text for pictures 702-468-6704.

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24" MOUNTAIN BIKES (2), NEW STYLE FRAMES FOR BOTH boys or girls! Ages 10-13? Trek- Very Nice: \$50, Roadmaster- OK: \$30, Both 21 speeds, front shocks. 435-383-3099.

MISCELLANEOUS

HOME GROWN FRUITS/VEGETABLES, OR HOBBY TAKING over your house? Sell jewelry, clothing, home decor, home grown fruits/vegetables, etc. at ENOCH FARMERS MARKET. 435-559-1657 Linda for information.

GENTLEMAN WISHES TO MEET WITH A SINCERE WOMAN --friendship first. Let's talk and keep social distancing. Winners only. 435-327-8212.

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From our furry friends to yours

May you have a Merry Christmas!

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15% OFF BLIND CLEANING Exp. 2/3/21

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Shutters • Blinds • Shades
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SERVICES

CARING COMPANION SERVICES: PROVIDES CARE AND COMPANIONSHIP for seniors in need, including transportation, shopping, meal preparation, and medication reminders. References available. Call: Linda Peterson (435) 233-6802.

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WANTED

FABRIC NEEDED FOR ITEMS TO BE DONATED: TO MAKE weighted blankets for people in need. Will pick up. Please call 435-559-1657

CASH PAID! COIN COLLECTIONS WANTED: OLD CURRENCY, silver, gold and collectables. Jim 801-859-9900.

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Parowan/Paragonah
Wendy Hanson • 477-9100

LEGAL NOTICES

SUMMONS

Todd W. Prall, #10610
HUTCHISON & STEFFEN, PLLC
Peccole Professional Park
10080 West Alta Drive, Suite 200
Las Vegas, Nevada 89145
Ph: 702-385-2500
Fx: 702-385-2086
Email: tprall@hutchlegal.com
Attorney for plaintiff

In the District Court of Utah
Fifth Judicial District Iron County
40 N. 100 E., Cedar City, UT 84720

RICHARD TANGREN SURVIVE TRUST II,
a Nevada Trust, Plaintiff,

v.

FENCING, INC. EMPLOYEES PROFIT SHARING PLAN; FENCING INC. PENSION AND PROFIT SHARING PLAN; PARKER FAMILY LP, a Nevada limited partnership; JUEL PARKER, an individual; LARAE EARL, an individual; WOODROW WAGNER, SR., an individual; WOODROW WAGNER, JR., an individual; ANDREW SAIS, an individual; BYRON UNDERHILL, an individual; FLORIAN HOUSTON, an individual; and all persons unknown claiming any legal or equitable right, title estate, lien or interest in the property described in the complaint adverse to the complainant's ownership or clouding its title as DOES I through X, inclusive, and ROE CORPORATIONS I through X, inclusive,

Defendants.

SUMMONS

Civil No. 200500162

Judge: Ann Marie Mciff Allen

THE STATE OF UTAH TO DEFENDANT TO FENCING, INC. EMPLOYEES PROFIT SHARING PLAN; FENCING INC. PENSION AND PROFIT SHARING PLAN; LARAE EARL, WOODROW WAGNER, SR., WOODROW WAGNER, JR., ANDREW SAIS, BYRON UNDERHILL, FLORIAN HOUSTON, and all persons unknown claiming any legal or equitable right, title estate, lien or interest in the property described in the complaint adverse to the complainant's ownership or clouding its title.

The above-entitled Court has entered an Order granting Plaintiff to serve Defendants FENCING, INC. EMPLOYEES PROFIT SHARING PLAN; FENCING INC. PENSION AND PROFIT SHARING PLAN; LARAE EARL, WOODROW WAGNER, SR., WOODROW WAGNER, JR., ANDREW SAIS, BYRON UNDERHILL, and FLORIAN HOUSTON by publication

You are summoned and required file an answer in writing to the Complaint on file with the clerk of the above-entitled Court, located at 40North 100 East, Cedar City, UT 84720. You are also required to file an Answer with the Court and serve upon or mail to, Plaintiff's attorney, a copy of said Answer within twenty-one days after the service of the Summons upon you if you reside within the State of Utah, or thirty (30) days after the service of Summons upon you if you reside outside of the State of Utah.

If you fail so to do, judgment by default will be taken against you for the relief demanded in said Complaint, which has been filed with the Clerk of said Court.

Please be advised that the action seeks to quiet title to certain real property and identified in Plaintiff's Complaint, which is located in Iron County, Utah, and once quieted, the land shall be titled solely in the name of the RICHARD TANGREN SURVIVOR TRUST II who is acting on behalf of a the FLYING CAL-UTE RANCHEROS PARTNERSHIP.

Please be advised that the action also seeks a declaration from the Court establishing that the RICHARD TANGREN SURVIVOR TRUST II has authority to act on behalf of the FLYING CAL-UTE RANCHEROS PARTNERSHIP and further establish the remaining partners and their percentage ownership in the FLYING CAL-UTE RANCHEROS PARTNERSHIP.

A copy of the Complaint in this action has been deposited with the Clerk of the Court, with a description of the Real Property, and can be picked up by anyone claiming an interest in the above matter at no charge.

Published Dec. 16, 23 & 30, 2020 & Jan. 6, 2021
Iron County Today • ICT #0338

NOTICE TO CREDITORS IN THE FIFTH DISTRICT COURT, IRON COUNTY STATE OF UTAH

IN THE MATTER OF ESTATE

of

AUDREY H SHUMWAY,

Deceased.

ANNOUNCEMENT OF APPOINTMENT
AND NOTICE TO CREDITORS

Case No. 203500115
Judge Matthew L Bell

Rebecca S Rasmusson, whose address is PO Box 872, Parowan UT 84761 has been appointed personal representative of the above entitled estate. Creditors of the estate are hereby notified to (1) deliver or mail their written claims to the personal representative at the address above, (2) deliver or mail their written claims to the personal representative's attorney of record, Von J. Christiansen, at P.O. Box 1090, Beaver UT 84713; and (3) file their written claims with the Clerk of the Fifth District Court in Iron County and otherwise present their claims as required by Utah law within three (3) months after the date of the first publication of this notice, or be forever barred, such date of first publication being December 16, 2020.

Dated this 3rd day of December, 2020.

/S/

Rebecca S Rasmusson
Personal Representative

Published December 16, 23 & 30, 2020
Iron County Today • ICT #0336

ENOCH CITY MEETING SCHEDULE FOR 2021

The Enoch City Council meets on the 1st and 3rd Wednesday of each month at 6:00PM.

The Planning Commission meets on the 2nd and 4th Tuesday of each month at 5:30PM.

The Economic Development Committee meets on the 1st Thursday of each month at 6:30pm.

The Water Board meets on the 2nd Thursday of each month at 4:30pm as needed.

The Tree Committee meets on the 3rd Thursday of each month at 6:00pm.

The Recreation Advisory Board meets on the 3rd Thursday of each month at 6:00pm.

The Land Use Appeal Authority meets only "as needed" and will advertise their meetings in advance per State law. Some meeting dates may change due to circumstances and will be noticed per State Code requirements. All meetings will be held at the Enoch City Office, 900 E. Midvalley Road, Enoch, UT 84721. Meeting information can be viewed at cityofenoch.org.

Published December 30, 2020 & January 6, 2021
Iron County Today • ICT #0345

NOTICE OF PUBLIC HEARING

Notice is hereby given that the Enoch City Planning Commission will hold a public hearing on January 12, 2021 at 5:30pm at the Enoch City Office, 900 E. Midvalley Road, Enoch, UT. The public hearing is regarding a zone change from Single Family Residential R-1-18 to Single Family Residential R-1-11 for land owned by the Richardson's located on Midvalley Road on the north side approximately across the street from Boebert Park. For more information call the Enoch City Recorder at 435-586-1119 or see the website. <http://www.cityofenoch.org/ordinancespublic-notices.html>

Published December 30, 2020
Iron County Today • ICT #0346

SUMMONS

Westwood, Law, P.C., J. David Westwood, Counsel for Plaintiff, 444 S. Main Street, Suite C-8, Cedar City, Utah 84720, Telephone (435) 267-2145, david@westwoodlawfirm.com In the Fifth Judicial District Court in and for Iron County, State of Utah, Case No. 200500164, Judge Matthew L. Bell. Gretchen Merrill, Plaintiff vs. Henry C. Koch, Jr. and all persons unknown, claiming any legal or equitable right, title, estate, lien, or interest in the property rights described in the Verified Complaint which are adverse to Plaintiff's title, or any cloud on Plaintiff's title thereto. You are summoned and required to answer the Verified Complaint filed with the court in the above matter. Within 21 days after service of this summons you must file your written answer with the clerk of the court at the following address: Iron County Courthouse, 40 N. 100 E., Cedar City, Utah 84720, and you must mail or deliver a copy of the Answer to Plaintiff's attorney at the address listed above. If you fail to do so judgment by default may be taken against you for the relief demanded in the Verified Complaint. The subject matter of this Verified Complaint is to quiet title to real property. The Complaint is on file with the clerk of the court.

Published December 30, 2020, January 6
& 13, 2021
Iron County Today • ICT #0347

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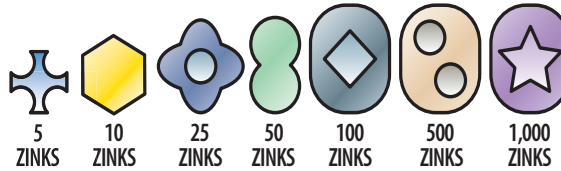
A VISIT TO PLANET MOOLAH

On the Planet Moolah, the money doesn't look like ours. But the inhabitants have their own money and they use it the same way we do to pay for stuff.



Zeekor and Stasko are traveling to the Supply Station to do some shopping. They'll need your help to figure out what things they can afford to buy. They'll also need your help counting out the money to pay.

Here is what money looks like on Planet Moolah. They don't have paper money. Instead, Moolahians use metal coins in different shapes. Below each coin, its value is shown.



PET PROJECT

Stasko gets paid 130 zinks each day for feeding her neighbor's pet, Fralpar. While she is carefully feeding Fralpar, can you circle some Planet Moolah coins that add up to 130 zinks? Have a family member check your math.

There's got to be easier ways to make money!



FANCY FOOTWORK

Zeekor and Stasko need new boots. Add up all the money they have saved and circle the two pairs of boots that cost exactly that much.

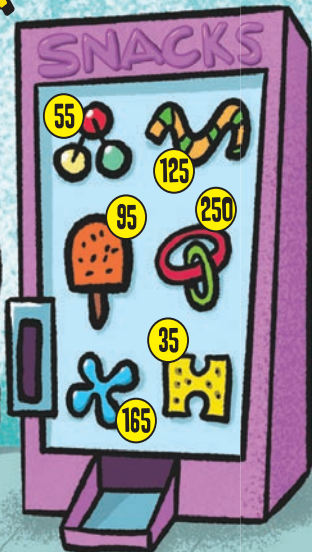
How many zinks will it cost to refuel Stasko and Zeekor's ship for the journey home? Add up the coins along the correct path. Fill in the bubble next to the correct answer.

120 105 145
 135 115 160

Do you have a piggy bank? Kids on Planet Moolah save their money in schneekflet banks. Find the two that are the same.

SNACK ATTACK

Zeekor is ready for a tasty snack. But he needs your help sorting his money before he decides which of these out-of-this-world Supply Station snacks to buy!



Draw a line from each snack in the vending machine to the circle that contains that exact amount of Planet Moolah coins needed to buy it.

Extra! Extra!

Wants and Needs

Look through the newspaper to find examples of things people NEED to survive. Then find examples of things you WANT but don't need. Cut them out and glue them onto a poster showing Needs and Wants.

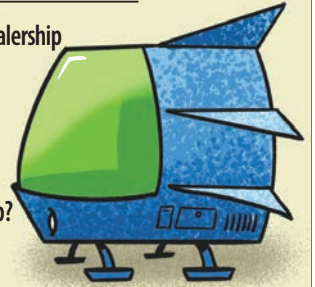
Standards Link: Social Science: Students understand basic economic concepts.

Kid Scoop Puzzler

Stasko would love to buy a new Supernova Ultra ship. It costs 12,000 zinks. After giving the dealership 2,000 zinks, she has to pay it off in monthly payments.

1. How much would she have to pay per month to completely pay for the ship in 50 months?

2. Or, if Stasko gave the dealership 5,000 zinks for the first month's payment, and made payments of 500 zinks per month, how many months would it take to pay for the ship?



Double Double Word Search

CAREFULLY

MOOLAH
VENDING
MONEY
SNACK
COINS
BANKS
PAID
FIGURE
KIDS
BOOTS
BUY
PATH
VALUE
OUT

Find the words in the puzzle. How many of them can you find on this page?

S	V	W	B	H	T	A	P	G	C
T	D	P	A	I	D	G	N	S	A
K	U	I	N	S	N	I	O	C	R
M	C	O	K	F	D	B	K	E	E
B	O	Y	S	N	V	C	V	R	F
O	L	O	E	J	A	W	A	U	U
O	B	V	L	N	T	Y	L	G	L
T	A	U	S	A	O	S	U	I	L
S	V	B	Y	P	H	M	E	F	Y

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop LESSON LIBRARY

It Pays to Share

Newspapers often report on people sharing with others. Look for one or more articles about people donating or raising money for a good cause. List the time, talent and/or money that was donated to this cause.

Standards Link: Reading comprehension.

Write On!

My Amazing Invention

Send your story to:
If you could invent something new and useful, what would it be? What would your invention do?

Deadline: January 24 Published: Week of Feb. 21
Please include your school and grade.

Amber Waves

by Dave T. Phipps



R.F.D.

by Mike Marland



The Spats

by Jeff Pickering



Weekly SUDOKU

by Linda Thistle

7			6					9
	1		8					2
		2		7	4			1
4			7		2			
	8			3		9	6	
		5	2			8		
6				9		3		
	7				1		5	
	5	9	3					8

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦

♦♦ Moderate ♦♦ Challenging
♦♦♦♦ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Sign on shovel is different. 2. Window on door is missing. 3. Door knob is added. 4. Man's hat is different. 5. Tree trunk is wider. 6. Man's nose is shorter.

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King Crossword

ACROSS

- 1 "— Lang Syne"
- 5 Steed stopper
- 9 Plead
- 12 Dandling site
- 13 Reactions to pyrotechnics
- 14 Preceding
- 15 Mid-month date
- 16 Automaker Ransom Eli —
- 17 Have a bug
- 18 Small winning margin
- 19 Go blue?
- 20 Air for a pair
- 21 "How I Met Your Mother" net
- 23 Census stat
- 25 Off-course
- 28 Auction, often
- 32 Use crib notes
- 33 Rechargeable battery
- 34 Grow canines
- 36 Tourist attractions
- 37 Moray or conger
- 38 Coop occupant
- 39 Witty one
- 42 Clay, now
- 44 "Super-food" berry
- 48 Tramcar contents
- 49 Teeny bit
- 50 So
- 51 Meadow
- 52 Expression
- 53 Deserve
- 54 Spigot
- 55 Whirlpool
- 56 "Phooey!"

1	2	3	4		5	6	7	8		9	10	11		
12					13					14				
15					16					17				
18					19					20				
				21	22			23	24					
25	26	27						28			29	30	31	
32										33				
34						35		36						
					37			38						
39	40	41				42	43				44	45	46	47
48						49					50			
51						52					53			
54						55					56			

DOWN

- 1 Related
- 2 Loosen
- 3 Dregs
- 4 Treated with irreverence
- 5 "Give a hoot, don't pollute"
- 6 Sacred
- 7 "Heavens to Murgatroyd!"
- 8 Donkey
- 9 Suitor
- 10 One of HOMES
- 11 Money
- 20 Like some drivers or hitters
- 22 Wash
- 24 Aladdin's ally
- 25 Performance
- 26 The girl
- 27 Shirt shape
- 29 Interlaken
- 30 Long. crosser
- 31 Mag. staffers
- 35 Very happy
- 36 Vibrate abnormally
- 39 Filly's brother
- 40 Vicinity
- 41 Harvest
- 43 Byron or Tennyson
- 45 Burn somewhat
- 46 Atmosphere
- 47 "— It Romantic?"
- 49 Chowd down

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8	7	6	4	2	3	6	5	1	
5	6	1	8	9	7	4	3	2	
1	4	3	5	6	7	8	2	9	
4	7	8	1	6	2	5	3	6	
6	1	6	1	3	4	5	7	8	2
5	3	2	8	7	6	1	9	4	
1	6	1	3	7	4	5	2	6	8
3	2	3	6	4	8	1	9	5	1
6	8	9	5	2	1	6	3	7	4

Answer

Weekly SUDOKU

A	L	D	W	H	O	A	B	E	G	K	N	E	R	E
A	L	D	W	H	O	A	B	E	G	K	N	E	R	E
A	L	D	W	H	O	A	B	E	G	K	N	E	R	E
A	L	D	W	H	O	A	B	E	G	K	N	E	R	E
A	L	D	W	H	O	A	B	E	G	K	N	E	R	E
A	L	D	W	H	O	A	B	E	G	K	N	E	R	E
A	L	D	W	H	O	A	B	E	G	K	N	E	R	E
A	L	D	W	H	O	A	B	E	G	K	N	E	R	E
A	L	D	W	H	O	A	B	E	G	K	N	E	R	E
A	L	D	W	H	O	A	B	E	G	K	N	E	R	E
A	L	D	W	H	O	A	B	E	G	K	N	E	R	E

Solution time: 24 mins.

Answers

King Crossword

1. Victoria; 2. University of Minnesota; 3. Four; 4. Collinwood; 5. Ligaments; 6. Botany; 7. Candy, candy canes, candy corns and syrup; 8. Piscine; 9. Gourd; 10. Edward Jenner

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Trivia test

by Fifi Rodriguez

- GEOGRAPHY:** What is the capital of the Canadian province British Columbia?
- GENERAL KNOWLEDGE:** Which university or college has sports teams with the nickname "Golden Gophers"?
- MEASUREMENTS:** How many cups equal 1 quart?
- TELEVISION:** What was the name of the mansion in the TV series "Dark Shadows"?
- ANATOMY:** What are the tissues that hold bones together?
- SCIENCE:** What is the study of plants called?
- MOVIES:** What are the main food groups, according to Buddy in the movie "Elf"?
- ANIMAL KINGDOM:** What is the scientific adjective used to describe fish?
- CURRENCY:** What is the basic currency of Haiti?
- INVENTIONS:** Who is credited with the invention of vaccines?



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