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- 4 Opinion
- 11 Showcase
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# AMALFI AWAITS



SUU's 'Community on the Go' offering trip to coast of Italy

Story on page 10

COURTESY OF SUU COMMUNITY ON THE GO

62  
YEARS

BIRTHDAY CELEBRATION

FRIDAY, NOV. 22ND 11:00 TO 2:00

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# Veterans celebrated at Cedar Health and Rehab

by Kelsey KEENER

IRON COUNTY TODAY

Residents at Cedar Health and Rehabilitation were treated to a Veterans Day celebration last week that featured music and gifts.

Following a prayer and the flag ceremony conducted by members of the Southern Utah University ROTC, the Canyon View Middle School musical theater class performed the Star Spangled Banner and America the Beautiful.

Spencer Eaton spoke briefly, discussing the lessons he has learned from Veterans. Eaton shared stories of young men finding ways to enlist in the military before they were 17 and explained that taking responsibility is one of the lessons he learned.

“Our Veterans look for opportunities to serve, and opportunity to take responsibility,” he said.

The second lesson Eaton stated was “to move with intent, don’t waste energy and don’t quit.” He briefly quoted a poem by Adlai Stevenson to help explain his meaning. The third lesson Eaton explained



THE SUU ROTC PRESENTED THE COLORS during a special Veterans Day flag ceremony and the Canyon View Middle School Theater performed the Star Spangled Banner and America the Beautiful.

KELSEY KEENER

“Our Veterans see, and saw, the importance of not letting the sacrifices of others go to waste”

» Spencer Eaton

was also found in a poem, In Flanders Fields by John McCrae.

“Our Veterans see, and saw,

the importance of not letting the sacrifices of others go to waste,” Eaton said after reading the poem.

“This beautiful country is built upon people who sacrificed so we could stand.”

Eaton encouraged those in attendance to reflect on the question posed in the Star Spangled Banner: “Oh, say does that Star Spangled Banner yet wave, o’er the land of the free and the home of the brave?”

“I think it’s our call to action, for us to do what is within our power to look for opportunities to take responsibility, to move with intent, to not waste energy and never to quit, and to not allow the sacrifices of others to go to waste,” he said. “So, on this Veterans Day I invite all of you to look for opportunities to ensure that our Star Spangled Banner will continue to wave, over the land of the free and the home of the brave.”

Members of the Daughters of the American Revolution Bald Eagle Chapter recognized the following Veterans with a gift at the end of the program: Cecil Jorgensen, Peyton Canary III, John Gibson, David Oliver, David Price, Glen Eigenbrod, Michael Hyatt, Nick Denecke, John Reed and Scott Baldwin.

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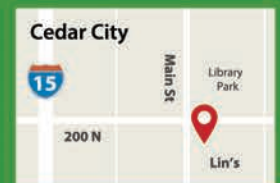
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COURTESY PHOTO

# Wreath ceremony to honor Veterans in Enoch, Summit Cemeteries

from Aliene **OVERLY**  
FOR IRON COUNTY TODAY

A ceremony for families of Veterans, or anyone who would like to honor a Veteran by placing a wreath on their grave can attend the special wreath ceremony to be held on December 14 at 12 noon at the Enoch City cemetery. Wreaths are \$15.00. You can also make a donation

for wreaths and have it placed for you if you are unable to attend. We are collecting donations to lay 98 wreaths in Enoch and 17 in Summit. All donations in check form can be mailed to the Bald Eagle Chapter DAR, 126 South 2050 West, Cedar City, UT 84720 or to 901 East Midvalley Road, Enoch, UT 84721. Thank you for helping us honor our Veterans!

# Wreaths Across America announces plans for 2020

by Trinity **PAJÓN**  
IRON COUNTY TODAY

“We need all the help we can get!”

» **Mary Gillespie**

Last week the Daughters of the American Revolution Bald Eagle Chapter made an announcement at the Cedar City Senior Center about their participation with Wreaths Across America.

Treasurer of the Daughters of the American Revolution Bald Eagle Chapter Mary Gillespie spoke about the purpose of Wreaths Across America. She said that the event is about honoring the living and dead Veterans.

“After the living (Veterans) have been honored, the wreaths are placed on the graves of the (deceased) Veterans,” she said. “This is not to remember their deaths but rather the sacrifices (they made) for our freedom which we enjoy today.”

Gillespie said that this year they have covered the graves in both the Enoch and Summit cemeteries. In

total, she said, they have covered 116 graves this year.

She then announced that next year they will cover the Cedar City cemetery along with the Enoch and Summit Cemeteries. She said that in total 911 graves will need to be covered with wreaths.

Gillespie stated that the Bald Eagle Chapter has decided to not gain any profit from these wreaths. She said that they will proceed with the Three-for-Two Program. According to Gillespie, if the checks are made out to the Bald Eagle Chapter, they can purchase two wreaths and get the third one free.

“So, what can you do for us,” she asked. “You can spread the news that this is what we are doing and we need all the help we can get!”



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## OPINION

## To the Editor

## What's in a name

Dear Editor,

Kudos to those who helped with the repainting of the Redmen water tank. This is an iconic symbol and what a joy it is to see it looking like new. Now it is time to remember and reflect on the Redman name. History can be forgotten easily if it is not constantly taught to each generation. First, it is important to understand that the name Redmen has a long and distinguished place in American history.

Did you know that only three percent of colonists fought against Great Britain? A small group of patriots, the Sons of Liberty, formed a secret underground army and were instrumental in winning the war. How did a small group of patriots make such a difference? Because they had a secret weapon—the native warriors who referred to themselves as “Redskins” and “Redmen” not racially but literally as they wore red body paint.

Without these “Redmen” America would still be subject to the crown. The Sons of Liberty still exist and they chose the “Redmen” name as a tribute and to honor the Redmen who we all owe for our freedom.

Over 144,000 Native Americans enlisted in WWII and remain the largest ethnic group in the U.S. Military today. The code name of the beaches stormed on D-Day were Utah and Omaha. Likewise, the names Apache, Blackhawk, and Tomahawk are just some of the names respectfully used and recognized as honorable. While battles were lost in each of the wars above the final outcome in a large part can be attributed to the Native American who belong to this land and deserve to be remembered on a daily basis.

In 1942, the year Cedar High School chose the Redmen name, the world was at war we needed a secret weapon. The water tank will stand as a remembrance name that at one time was the “Secret Weapon” of Cedar High School as it represented honor, pride, tradition, unity, courage and strength. And it should be brought back to once again represent the spirit of Cedar City and the Native Americans who helped build our community. We do not have to bow to the social agenda of the day and adopt politically correct ideas — not now, not ever. Words matter and it matters what is in a name.

Lisa Bohne Davis

## Gender neutral pronouns

Dear Editor,

“Gender neutral” pronouns are just plural pronouns used incorrectly for the sake of people’s feelings.

Before I get into this, let me start by disclosing that I harbor no animosity towards any member of the LGBTQ+ community provided they are decent to me as well. I really don’t care what you “identify” as or what you want to do with your life and your time, so long as you’re not impeding on anyone else’s ability to go about life as he or she deems fit.

However, some of the views within the LGBTQ+ community are starting to feel shoved down my throat the same way religious people attempt to convert me and push me to accept Jesus. I’m particularly vexed by the encouragement for all of society to use “gender neutral” pronouns. Firstly, because I cringe when “they” or “them” is used in reference to one person rather than a group of people — as it is grammatically incorrect.

More importantly, I have not seen a decent argument that convinces me to ignore grammar as well as basic biology. I read an article posted by Elite Daily about how not using gender neutral pronouns is harmful, and the author wrote, “...hearing someone use my proper pronoun makes me feel seen and cherished. Hearing myself called “he” or “she” challenges my hard-won sense of self, as if breaking a spell I used my own blood to cast.”

Basically, the only reason I’ve ever come across to use “gender neutral” pronouns is to protect people’s feelings.

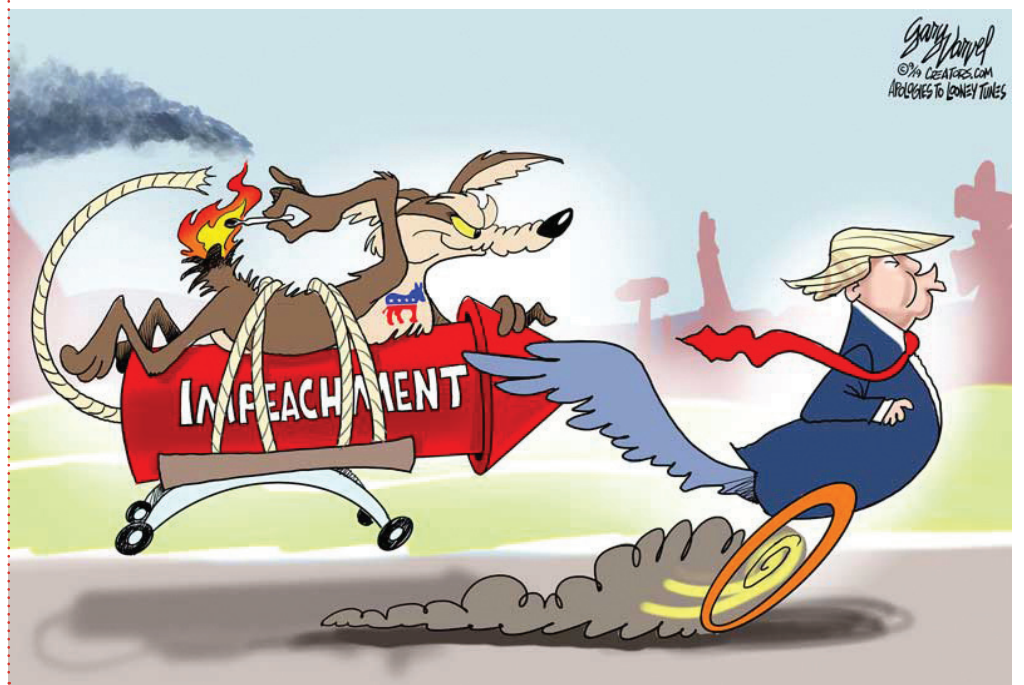
When did anyone else’s feelings become my responsibility? My husband and I enjoy some hobbies together, as well some hobbies as individuals (after all, we’re two different people still). I don’t expect my husband to change his preferences simply to make me feel secure in what I like. If he doesn’t like reading as much as I do, that doesn’t invalidate my love for reading and books.

So, where do some of these people get off on expecting me to change the way I view gender just to validate their feelings? They are the ones choosing to “identify” and live their lives outside of the norm (which is the norm for a reason, you know, science and whatnot), why is it my responsibility to validate their choices? That is essentially asking for special treatment simply for being gay or transgender or androgynous, which is utterly ridiculous and not an accomplishment.

Stop expecting special treatment for something that does not make you special; stop expecting society to cater to your feelings. That kind of expectation is not difficult for others to live up to, but also completely unreasonable and illogical — its no surprise that feelings of being outcast are quite common. If you really want to be treated “normally,” don’t hold abnormal expectations for everyone else.

I will not ignore facts and science just to protect your feelings.

Sheri Culligan





## OPINION

## From the Editor

## Safe journeys

This Thanksgiving season, I hope that as you punch that timeclock, patented today in 1888 by Willard Bundy, it means you can go visit your friends and family. Here are some timely tips to help you be safe and enjoy your journey and make some good memories.



COREY BAUMGARTNER

MANAGING EDITOR

Pay attention to traffic signals, pioneered on this day in 1923 by Garrett Morgan. Take time to “Stop and Smell the Roses” released today in 1981 by Ringo Starr. If you pit-stop at McDonalds for lunch, remember that on this day in 1984 they sold their 50 billionth hamburger. You could

help them set a new record!

Don't forget some good traveling tunes. Maybe you can listen to some Josh Groban, who released his debut album “Josh Groban” today in 2001. Or, maybe you've got Adele's 3rd album “25” on your playlist. I wouldn't blame you. Released today in 2015, it was the world's best-selling album that year and has since sold over 22 million copies worldwide.

No matter who you spend Thanksgiving with, or without. No matter what you eat, or how much, remember to be grateful for your life. And if you feel so inclined while you're reclined, write a Letter to the Editor and share what you're most thankful for this year.

## Thought of the Week

from the desk of R. Gail Stahle, publisher)

*“Why do strong arms fatigue themselves with frivolous dumbbells? To dig a vineyard is a worthier exercise for men.”*

» Marcus Valerius Martialis

## Abrams named Cedar City Employee of the Month

by Kelsey KEENER

IRON COUNTY TODAY

Economic Development Coordinator Brad Abrams was named November's Employee of the Month during last week's City Council meeting.

Abrams' supervisor, Economic Development Director Danny Stewart, nominated him and presented him with his award during the evening. Stewart said Abrams does a great job for the Economic Development Department.



BRAD ABRAMS IS CONGRATULATED by members of the city council for becoming November's Employee of the Month.

KELSEY KENER

“He genuinely cares about Cedar City and he is creative and thoughtful in the many ways he communicates the city's message to numerous audiences,” Stewart said. “(Abrams) oversees the city's website, and he is meticulous in his work to keep the site fresh and user-friendly, even within the limits of our CivicPlus platform. He also deals with lesser-seen and lesser-understood aspects of the website, keeping it compliant with security and accessibility standards that most users aren't aware of.”

He added that Abrams works with several committees as well.

“He is in charge of responses to frequent requests for information, helping companies that are considering moving to Cedar City and Iron County by providing crucial data and organizing it in simple and attractive documents,” said Stewart. “He also works closely with the Historic Downtown Economic Committee and the Cedar City Historic Preservation Commission,

serving as recorder for both organizations. He has also helped design web pages for various community interests, including the Animal Adoption Shelter, the Library, and many others.”

Stewart said Abrams is a good team member for the city.

“He also helps with the organization of Cedar City events, including the Cedar City half marathon and the Slow Roll program,” he said. “(Abrams) is a great person to have on our team. He is well-liked and well-respected.”



## IRON COUNTY FORECAST

WE'LL BE DRYING OUT OVER THE WEEKEND AFTER OUR MIDWEEK STORM. LOOK FOR SUNNIER SKIES BUT CHILLY WITH HIGHS IN THE 40's AND LOWS IN THE 20's.



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## WEDNESDAY

Rain to Snow  
43°/42°

PRECIP: 100%  
WINDS: Light



## THURSDAY

Snow  
41°/37°

PRECIP: 90%  
WINDS: W 5-10



## FRIDAY

Partly Cloudy  
41°/27°

PRECIP: 0%  
WINDS: N 5-10



## SATURDAY

Mostly Sunny  
43°/25°

PRECIP: 0%  
WINDS: N 5-10



## SUNDAY

Sunny  
46°/24°

PRECIP: 0%  
WINDS: NW 5-10



## MONDAY

Mostly Cloudy  
42°/22°

PRECIP: 0%  
WINDS: N 10-15



## TUESDAY

Partly Cloudy  
38°/12°

PRECIP: 0%  
WINDS: N 10-15



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## Bookings

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty. For a juvenile the name is "(Male/Female) Juvenile Offender" and juvenile is of age less than 18 years.

### Nov. 10

**STUART A WALRAVEN**  
CEDAR CITY, UT  
False Title/Reg, Probation/  
Parole Violation, DRUG - Poss  
Sched C/S Sched I/II/Analog

### Nov. 11

**ALBERT Y JASPER**  
TUBA CITY, AZ  
Intoxication, Using City  
Park After Hours, Alcohol/  
Consumption in Park

**DESIRAE L HUNT**  
CEDAR CITY, UT  
Assault

### Nov. 12

**PRESTON D BLOSSOM**  
PHOENIX, AZ  
Criminal Trespass, False Info  
to Police Officer

**DANIEL L KERBY**  
CEDAR CITY, UT  
Criminal Trespass

**WADE J MOON**  
CEDAR CITY, UT  
Intoxication

**ESTHER E STEWART**  
CEDAR CITY, UT  
Fail to Remain at Accident  
(damage Only), No Valid  
DL - Never Obtained, Alcohol  
Restr DL, Interlock Dev  
Req, DUI - 21 w/Passengers  
under 18

**JAMES C MILLER**  
CANYON COUNTRY, CA  
Retail Theft

### Nov. 13

**KELLY A KEITZ**  
PAROWAN, UT  
Drug Court Violation

**TRACY G PACKWOOD**  
PAROWAN, UT  
Drug Court Violation

**CLARENCE J WALLACE**  
CEDAR CITY, UT  
DRUG - Poss C/S Marijuana/  
Spice, DRUG - Poss of Drug  
Paraphernalia

### Nov. 14

**CANDACE M ANDERSON**  
CEDAR CITY, UT  
DRUG - Poss C/S Marijuana  
Spice, DRUG - Poss of Drug  
Paraphernalia, Open Con-  
tainer in Veh, No Insurance  
(2nd or Subsequent Offense  
w/in 3 yrs. of Prior)

**DAVID D CARTER**  
CEDAR CITY, UT  
DRUG - Distr/Offer/Arrange  
Distr C/S

**CHARLES MCKAY P  
LAFFERTY**  
KANOSH, UT  
DUI - w/Passenger under 16

**MICHAEL J LOPOUR**  
HOMELESS, CEDAR CITY, UT  
Fail to Comply w/Court

**GAVIN F MOON**  
RIVERTON, UT  
DRUG - Poss/use of C/S,  
DRUG - Poss w/Intent to  
Distr

**JESSICA L SPENCER**  
ORDERVILLE, UT

DRUG - Poss C/S in  
Correctional Facility

**AJANI N COX**  
CEDAR CITY, UT  
Retail Theft (2 Counts),  
Probation/Parole Violation

**MALE JUV OFFENDER**  
CEDAR CITY, UT  
Theft

**TILEE J  
THORNTON-TILLEY**  
CEDAR CITY, UT  
Probation/Parole Violation

**HIEFER P WOOD**  
CEDAR CITY, UT  
Threat w/Weapon

### Nov. 15

**BRIAN N BEDFORD**  
HOMELESS, ST. GEORGE, UT  
Probation/Parole Violation,  
DRUG - Distr/Offer/Arrange  
Distr of C/S (3 Counts)

**MICHAEL A GIANGRANDE**  
HURRICANE, UT  
Spouse Abuse, Attempted  
Theft, Driving w/o Adult  
Learn Permit

**BRANDYN J ADAIR**  
CEDAR CITY, UT  
Criminal Mischief

**JOSHUA K HOYT**  
ENOCH, UT  
Probation/Parole Officer

**MALE JUV OFFENDER**  
CEDAR CITY, UT  
Consume Alcohol by Minor

**DANIEL R KLAPPOTH**  
CEDAR CITY, UT  
Threats Against Life/Property

**AUSTIN W MUNK**  
PAROWAN, UT  
Disorderly Conduct, Intoxica-  
tion, Purch/Poss/Consume by  
Minor Measurable Amounts

**MALE JUV OFFENDER**  
PAROWAN, UT  
Purch/Poss/Consume by  
Minor Measurable Amounts

**TERESA I RAY**  
MASON CITY, IA  
Disorderly Conduct

### Nov. 16

**LARAMIE S CARPENTER**  
CEDAR CITY, UT  
Drive on Susp/Rev DL,  
Alcohol Restr DL, Operating  
Veh w/o Interlock Restr

**SALLY A CHRISTENSEN**  
HOMELESS, CEDAR CITY, UT  
Criminal Trespass

### Nov. 17

**NATHAN A DITTMER**  
ENOCH, UT  
DUI of Alcohol w/BAC at or  
over .08, DRUG - Poss of Drug  
Paraphernalia

**CHUCK L NARANJO**  
IBAPAH, UT  
Intoxication

**CHAD B PHYFER**  
CEDAR CITY, UT  
Criminal Trespass, Disorderly  
Conduct After Req to Stop

**MARK C WALLACE**  
CEDAR CITY, UT  
DRUG - Poss C/S Sched I/II/  
Analog, Assault

# Jeff Burningham speaks at Iron County Town Hall meeting

by Trinity PAJÓN

IRON COUNTY TODAY

Last week gubernatorial candidate, Jeff Burningham spoke at the Iron County Town Hall meeting in Cedar City.

Burningham spoke about how his entrepreneurial experience will benefit him as governor of Utah.

"I am a job creating entrepreneur that understands how the market works," he said. "In fact, I have found success and made money by understanding markets and knowing where things were going. When I sit down and hear about rural economic incentives, it is very easy for me to see what is wrong with some of the incentives we have set up for rural Utah."

running," he said. "I believe someone who has been in the economy, building the economy, best understands how to do that."

Burningham then stated that we need to innovate education. He said that our current education system no longer fits our world.

"The problem is we are teaching our children this huge industrial age education complex," he said.

*"I'm not afraid to lose. I'm playing to do what is right for Utah, period"*

» Jeff Burningham

Burningham answered questions from attendees. One attendee asked what kind of liaison Burningham has with the existing legislature.

"I know the legislature fairly well," he said. "I have gotten to know them better this last year (and) a lot of them are my friends."

After answering the question, Burningham stated how he can influence the legislature.

"The governor can use the bully pulpit to stand for the right things and help influence that," he said. "And there are so many great people serving in our legislature."

Another attendee asked what Burningham had learned from the statewide listening tour.

"The most important issues I heard were economic diversifi-



DURING A TOWN HALL MEETING, GUBERNATORIAL CANDIDATE, JEFF BURNINGHAM shares his platform on creating meaningful reform in Utah and doing what is right for Utah.

Burningham stated that many politicians are concerned with getting re-elected.

"If I am a one-term governor but I create some meaningful reform and make a difference in Utah, that is fine by me," he said. "As a political outsider, the only power I have in this race is that I'm not afraid to lose. I'm playing to do what is right for Utah, period."

He spoke about increasing opportunity in Utah. He said that after college most graduates leave Utah to pursue opportunity.

"We need to keep our economy

"Guess what, this is the information economy (and) the world is changing faster and faster. We can prepare our kids in better ways and we need to do that."

In his final statement, he said that we need to push back on the federal government and make Utah a self-reliant state.

"I will be a governor who will wisely stand up to the federal government and say 'we are sovereign, we have a state with capable people (and) we know what is best for our children and grandchildren. We can do this,'" he said.

Following his speech,

education and the federal overreach," he said. "These are issues that stuck out to me."

Burningham closed this question with a statement about the most valuable thing he learned from his listening tour.

"We are all one Utah," he said. "You see great individuals in every county of the state. Conservative people that believe in individual responsibility, free enterprise (and) limited government. They not only say this with their mouths, but they practice this in their lives, and it makes our state the best place in the country to live."

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**WHEN YOU HEAR THE CRASH...THINK JONES PAINT AND GLASS**

# Janet Warner awarded with Quilt of Courage

by Trinity PAJÓN

IRON COUNTY TODAY

Last week the Cedar City Senior Center held a Quilt of Courage presentation for local resident Janet Warner awarded by the Cedar Chest Quilt Guild.

Janet Warner graduated from BYU in 1970 with a bachelor's degree in nursing. She worked in Salt Lake County in the health department as a

public health nurse.

Warner had two uncles who served in WWII as pilots in the United States Air Force. They talked to her about joining the medical reserve unit at the Hill Air Force Base in Utah to participate in the United States Air Force Nurse Corps. After discussing with her uncles about this, she decided to join.

In the following year, she served in the Medical Evacuation Reserve



**LOCAL VETERAN**  
**JANET WARNER** stands next to her Quilt of Courage which she received in recognition of her dedicated service in the United States Air Force Nurse Corps.

TRINITY PAJÓN

*“I really enjoyed my service in the United States Air Force Nurse Corps and my time in Vietnam”*

» Janet Warner

unit at Hill Air Force Base. She also attended the Officer Basic Medical Training Medical Course and Flight Nurse training at Brooks Air Force Base in Texas.

While Warner was in school, she decided to go into active duty and in 1972 she received orders to the staging flight at Tan San NFB Vietnam. There, she served as a staff nurse.

While in Vietnam, she met Sergeant Richard Warner whom she married and had two children with after they both returned to the states.

“I really enjoyed my service in the United States Air Force Nurse Corps and my time in Vietnam,” she said. “I got to know some very special Vietnamese people.”

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# SOUTHERN UTAH UNIVERSITY

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SUU is a caring campus community where students come first.

# Dangers of unauthorized drones near wildfire highlighted

by Ally RIDING

FOR IRON COUNTY TODAY

WASHINGTON, DC — This week, Representatives John Curtis (R-UT) and Jared Huffman (D-CA), both members of the House Natural Resources Committee, introduced the Aerial Incursion Repercussion (AIR) Safety Act, bipartisan legislation to raise awareness on issues interfering with wildfire fighting by directing the Bureau of Land Management and the USDA Forest Service to conduct a study on how drone trespassing has affected wildfire suppression and costs.

“When wildfire breaks out, our brave firefighters need to protect lives and property. When unauthorized drones enter a wildfire area, firefighters must ground helicopters and their own drones—both critical components to wildland firefighting—until the drone is removed. This means that far too often valuable time and resources are spent removing civilian drones instead of containing and suppressing fire,” said Curtis. “That is why I am proud to introduce the Aerial Incursion Repercussion (AIR) Safety Act with my friend Mr. Huffman, to study how private drones flown near wildfire hinders suppression efforts and start looking at solutions that will help deter and remove unauthorized drones. I am confident that this will spur a much-needed discussion on the state of our forests and how we can better manage them to reduce the risk of

fire and the damage they cause.” “Wildfires have caused enormous devastation to families, businesses, and communities in my district. The idea that anyone would interfere with the heroic efforts of firefighters and other first responders is unthinkable,” said Huffman. “The AIR Safety Act is an important step in addressing the challenges and safety risks posed by unlawful drone interference and



ensuring first responders are able to do their jobs and protect lives and homes.”

### Statement of Support:

*Greg Josten, National Association of State Foresters President; South Dakota State Forester:*

“We already know that flying personal drones where wildland firefighters are actively suppressing wildfires puts the civilian operator, their neighbors, and wildland firefighting personnel in danger. The slogan is true, and

state forestry agencies know it all too well: If you fly, we can’t. Now, it’s time to quantify all the deleterious effects of drone incursions on wildfire fighting airspace. With hard numbers to support needed change, we’ll be better positioned to prevent costly delays and shut-downs and protect both property and lives.”

*Brian Cottam, Utah State Forester:*

“In Utah, we have seen drone incursions continue to endanger firefighter and public safety. Congressman Curtis’s AIR Safety Act is a step in the right direction to reveal the extent of drone disruption in wildfire suppression and help put a stop to this dangerous behavior.”

### Background:

The Federal Aviation Administration sets Temporary Flight Restrictions (TFRs) around wildfires. Although laws exist prohibiting interference with wildfire fighting, many people fly their private drones within TFRs to take pictures and videos of the fire.

When unauthorized drones enter TFRs, events known as drone incursions, all aerial firefighting tools – including helicopters dropping flame retardant – must be grounded, resulting in valuable time and money being wasted that could otherwise be used to suppress the fire and save lives and property.

The bipartisan AIR Safety Act will bring attention to this issue and help determine the best ways to avoid future drone incursions.

## Last Week's National News

Compiled by Kelsey KEENER

IRON COUNTY TODAY

### Black market products responsible for vaping-related injuries, illnesses

More evidence continues to be discovered that black market vaping products are related to what has been named “e-cigarette or vaping product use-associated lung injury.” The Center for Disease Control report recommends that people don’t use vaping products, particularly products from “off the street,” and “the latest national and state findings suggest products containing THC, particularly from informal sources like friends, or family, or in-person or online dealers, are linked to most of the cases and play a major role in the outbreak.” An article from NBC News reports that black market marijuana vaping products are tainted with hydrogen cyanide. The Hartford Courant in Connecticut reports that black market THC is a contributor to the state’s 34 cases of EVALI. News 10 out of New York reports similar findings. As of Nov. 5, there were 2,051 cases of EVALI nation-wide and 39 deaths in 24 states related to EVALI.

### Utah politicians on impeachment:

The Daily Herald produced an article regarding some of Utah’s legislative leaders’ view of the impeachment inquiry of President Donald Trump. To summarize: Representative Chris Stewart said arguments against the president are weak; Representative John Curtis said he is glad that the country can watch the proceedings for themselves.

### School shooting in Santa Clarita last Thursday

Nov. 14, around 7:30 a.m., a 16-year-old student open fired at Saugus High School in Santa Clarita with a .45 caliber handgun. Two people were killed and several injured. The gunman, Nathaniel Berhow, is currently in custody. Motive is unknown as of Friday, Nov. 15.



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# SUU's 'Community on the Go' partners with Cedar City Chamber to offer trip to Coast of Italy

The popular SUU Community on the Go travel program has partnered with the Cedar City Chamber of Commerce to take travelers to the coast of Italy in March 2020 where they will experience world cuisine and visit historic sites. Travelers will spend eight days exploring hillside towns along the western Italy coast in Naples, Sorrento, Capri, Pompeii, and Amalfi, among others.

"We are excited to partner with the Cedar City Chamber of Commerce to bring this exciting trip to community members at such an affordable price," said SUU Community on the Go Executive Director Melynda Thorpe. "The large group tour setting allows adults in the community to travel together with friends and family members and discover the inspiring coast of Italy. And like all of our Community on the Go trips, learning is at the heart of every new experience."

Italy travelers will also enjoy many artisan shops selling local

**TRAVELERS WILL SPEND EIGHT DAYS** exploring hillside towns along the western Italy coast



COURTESY OF SUU COMMUNITY ON THE GO

wares, museums and art galleries, visiting the Gardens of Augustus, learning the art of pasta making from a master pastaio and an optional limoncello making session.

An optional two-day Rome extension has recently been added to the itinerary and gives travelers the

opportunity to explore more of the country, including the Vatican and Rome Italy Temple Visitors Center.

The Italy trip takes place March 26-April 2, 2020 at a cost of \$3,324 before the registration deadline of December 7, 2019. Travelers may add a tour extension to Rome for \$599.

Reserve your spot today by visiting [suu.edu/onthego](http://suu.edu/onthego), or call (435) 586-7808 for more information.

Since the Community on the Go travel program launched in 2017, trips have funded \$25,000 in scholarships for students at SUU. Programs benefiting from the trips include foreign languages, English, anthropology, and theater arts. There have been 307 travelers on 11 trips to destinations all over the world, including Peru, Transylvania, China, and France.

SUU Community on the Go offers fun, educational, and affordable travel for the community to international and domestic destinations. Trips are led by SUU faculty experts who share their expertise while guiding travelers in a group environment. Activities are flexible and designed using community feedback. Since the program's launch in 2017, more than 300 individuals have participated in SUU educational travel opportunities. For more information, visit [suu.edu/onthego](http://suu.edu/onthego).

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# 435-586-7061

# Showcase

ARTS &  
ENTERTAINMENT  
IN IRON COUNTY



## McCall *of the* Wild

### Sculpture by McCall Smith Chidester

by Shary **BARUFFI**

IRON COUNTY TODAY

McCall Smith Chidester recently opened her sculpture exhibit at Groovacious' Art Wall Gallery. Many of McCall's designs are inspired by Norse mythology, tattoo design, video games, and music. Her sculpture of a boar's head titled, Tusk, is based on Fleetwood Mac's song titled the same. A sculpture of a fox titled, Grease my Chin, is based on a song from the 15th century.

Most of McCall's designs are created using ceramic, others are made from a resin cast. All of

her sculptures are extraordinarily detailed and beautiful dimensionally. According to McCall's artist statement; "I believe that animals better illustrate the human condition than humans do, and I gratefully employ them as my subject matter to convey emotions that words fail me in expressing."

McCall Smith Chidester's exhibition will be on display at Groovacious' Art Wall Gallery, 195 W 650 S #2, Cedar City, until the end of December. For more information about McCall and her sculptures visit her Instagram @doomkat or her website at: <https://doomkat.wixsite.com/portfolio>.

*“ I believe that animals better illustrate the human condition than humans do”*

# Red Rock Film Festival announces Audience Awards

from Matt **MARXTEYN**

FOR IRON COUNTY TODAY

The Cedar City section of the 13th Annual Red Rock Film Festival came to a close Saturday night with the announcement of the Audience Awards. The closing film was the Western States premiere of Ton van Zantvoort's "Sheep Hero" which seemed like the perfect fit for the sheep herding community.

This year's program director Stuart Robinson said, "Each year, the Red Rock Film Festival receives hundreds of submissions across 12 categories. Fiction and documentary are the most robust categories, but animation, experimental, music video, young filmmaker, and other specialized categories help to ensure that the festival is inclusive and well rounded. They give the festival breadth alongside depth."

The international Festival this year had two main sections: one in St. George November 1-5 and another in Cedar City November 6-9 with the Grand Jury Winner's Showcase coming up in the winter.

Both the feature winners had several scenes filmed in Utah: Patrick Botticchio, Alberto Bernad's Documentary Feature filmed on the Salt Lake flats "Blenio, UT" and the Fiction Feature filmed in Canyonlands "Links of Life" directed by Marie-Hélène who said,

"We are so very proud for this award as this means so much to us that it has been given by the audience. I am so very attached to Links of Life as it is my first feature and even more so as it reveals a place so sacred to me."

Marie-Hélène has previously won at the Red Rock Film Festival in 2015 for her film "À Court D'enfants" ("Shortage of Children") — the Audience Award for Fiction Feature and the Grand Jury Prize for Best Fiction Featurette. Another returning film who won was Abraham Joffe ACS — he and Dom West's film "Yarrow: The Virtues of Monochrome" won the Audience Award for Short-Short, a subcategory for films five minutes and under. Abraham's previous film "Ghosts of the Arctic" won the Grand Jury Prize for Best Documentary Short in 2017.

The more than 50 films from 19 countries in competition were selected from hundreds submitted from 41 countries; but there was one young filmmaker from Utah who competed with adults. Cade Langsdon competed and won the Audience Award for Experimental Short for the short student film "Sanguine" who made the film at Salt Lake City's Spy Hop, a digital media arts center for youth.

The Spirit of the Festival Award was given to three filmmakers from the unexpected comedic documentary film on climate change called "Who Farted?": Directors Nik Sheehan and Albert Nerenberg and their editor Chris Fassbender who starred in and edited his father Norm Fassbender's "Body & Soul" that was accepted into the Festival in 2013.

The Festival also announced it will return to Cedar City November of 2020 and make the St. George section a completely different Festival and conference based on its Red Grid market category.

## 13th Annual Red Rock Film Festival Audience Awards

(Given to the directors of the films)

### Arna Selznick

"The Most Magnificent Thing" (Canada) for Animation Short.

**Kévin Payet, Charlotte Poncin,** "Urban Jungle" (France) for Music Video

### Lucas Sachs,

"Treasure" (New Zealand, USA) for Collegiate Fiction Short

### Cade Langsdon,

"Sanguine" (SLC, UTAH USA) for Experimental Short

### Logan Polish,

"Margot" (USA) for Young Filmmaker Short

### George ve Gänæaard, Horia Cucută,

"America" (USA) for Fiction Short.

### Abraham Joffe ACS, Dom West,

"Yarrow: The Virtues of Monochrome" (Australia) for Short-Short.

### Ross Kauffman,

"Still Plays with Trains" (USA) for Documentary Short.

### Hiroyuki Miyagawa,

"テロルンとルンルン" "Terrolun and Lunlun" (Japan) for Fiction Featurette.

### Patrick Botticchio, Alberto Bernad,

"Blenio, UT" (Switzerland) for Documentary Feature and Featurette.

### Marie-Hélène Roux

"Links of Life" (France) for Fiction Feature.

## Spirit of the Festival Award (Canadian filmmakers)

**Nik Sheehan, Albert Nerenberg, and Chris Fassbender** of "Who Farted?"

*"I am so very attached to 'Links of Life' as it is my first feature and even more so as it reveals a place so sacred to me."*

» Marie-Hélène, Director



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## UPCOMING EVENTS

### OPERA

Thorley Recital Hall  
November 13-16 at 7:30 p.m.

### ART INSIGHTS- MAGNUS ELVAR JONSSON

SUU Auditorium  
November 14 at 7:00 p.m.

### PIANO & STRING ENSEMBLES

Thorley Recital Hall  
November 18 at 7:30 p.m.

### BRASS & WOODWIND ENSEMBLES

Thorley Recital Hall  
November 19 at 7:30 p.m.

### CONTINUUM: STUDENT DANCE CONCERT

Randall L. Jones Theatre  
November 22, 23, 25 at 7:30 p.m.  
November 23 at 2:00 p.m.

### FALL EXHIBITIONS

Now through December 28  
Southern Utah Museum of Art  
Monday-Saturday from 11 a.m. - 6 p.m.

[www.suu.edu/pva](http://www.suu.edu/pva)



## No fancy stuff for Thanksgiving, please

by Mary Anne **ANDERSEN**

CEDAR CITY ARTS COUNCIL

**F**ood season is coming up! By that I mean just what you think I do: this is a time of the year when we think about, plan for, cook more, and eat more than we do other times of the year. All of which I like, so it is with great anticipation that I look forward to the seasonal edition of a magazine that I subscribe to. Yes, the actual paper version shows up in my mailbox and I turn to the food section, hopeful for some new ideas for holiday cooking. But alas; the photos are beautiful but seldom do I find a recipe that would work for the crew I cook for.

Other months of the year, I read with bemusement about what passes for “family friendly” meal suggestions. No family that I have ever cooked for would be big on beef and eggplant pitas with garlic yogurt; they would quickly disassemble the pitas, eating the beef and maybe a bite of the pita. And everyone knows that nachos are supposed to have ground beef, gooey cheese, and tortillas chips, not ginger coconut pork and butternut squash. Even for our family of just two, some things would just not fly.

But I hoped that the holiday edition would have



some suggestions for show-stopping menus, something that would elicit applause from an admiring progeny. However, take the suggestion of a “fabulous side dish”: crispy Brussels

sprouts with pancetta and lemon. That one is dead from the first ingredient—Brussels sprouts. And to my knowledge, I’ve never purchased, let alone served, pancetta. And I have a feeling that I would be eating all of the sweet potato/cranberry sauce waffles by myself the next morning, which is a perky suggestion for using leftovers. And the post-thanksgiving sandwich of turkey, fried slabs of stuffing, green beans, and cold gravy/mayo dressing would be a wreck to eat. It would fall apart at the first bite, even if you could get your mouth around it. Or your husband to try it.

So, I will stick to the tried-and-true again this year, I guess. I would love to have some really great mashed potatoes on the table, but the magazine’s recipe calls for 1 cup heavy cream, 1 cup whole milk, and a whole stick of butter for 4 pounds of potatoes. With gravy on top of that. I just need some trick to keeping my healthier version (using 2 percent milk and a chunk of butter) warm for more than 5 minutes.

Apple pie needs to look like apple pie, not the suggested honey-apple galette with pistachio sugar. I won a second-place ribbon in a California county fair with my apple pie once. Let’s not gild the lily. And speaking of pies, I will need apple, pumpkin, banana cream, and chocolate to please my crowd. That will keep me busy, with no time for loaded sweet potatoes with coconut and kale. Too bad.

## Smithson’s “Spiral Jetty” discussed during act lecture

by Kelsey **KEENER**

IRON COUNTY TODAY

Author Hikmet Sidney Loe discussed her book, *The Spiral Jetty Encyclo: Exploring Robert Smithson’s Earthwork through Time and Place*, last week at Southern Utah University.

Loe started by explaining that the lecture would be in response to two exhibits currently on display at the Southern Utah Museum of Art: *A World Transformed: The Transcontinental Railroad and Utah*; and *Compendium*.

The focus of Loe’s book, *Spiral Jetty*, is a piece of land art created on the north shore of the Great Salt Lake in 1970 and shares themes of time, mobility and the broad expanse of the transient west with the two aforementioned exhibits.

“Smithson’s artistic works, his visual art and his writing, exhibited an abiding interest in our temporal and special relationships with the

many far-flung sites as he sought out the stories of those who blazed new trails in the American landscape.”

Smithson was particularly interested in the west and historical sites, including regional considerations in his art to embody the specific location of his work. Loe also discussed Smithson’s interest in 19th century government expeditions, specifically ones in Utah.

“You might say my early preoccupation with the early civilizations of the west was a kind of fascination with the coming and going of things,” Loe quoted Smithson.

Loe said that by narrowing Smithson’s interest to the Great Basin, the focus turns

to two bodies of water: Mono Lake in California and the Great Salt Lake. She added that there are

many similarities between the two lakes. Loe considers his work based on Mono Lake as the precursor and template for *Spiral Jetty*, particularly the method of combining multiple forms of media to create a single artistic statement.

After discussing Smithson’s interactions with the west, Loe touched on the influence of the railroad on his work.

“The transcontinental railroad played a key role in, literally, the shape of *Spiral Jetty*,” she said. “... What Smithson did in this essay was very specifically situated from Rozel Point, where *Spiral Jetty* is, to the transcontinental railroad. Through that process,

the history of the development of the railroad starts to unfold. There are many sites and moments that inform our understanding of *Spiral Jetty* from the construction of the transcontinental railroad in 1969.”

Loe offered an interpretation of Smithson’s idea of time, which he considered to be an artistic medium, focusing on the perception of time. She compared the radically different amounts of time patrons award works in museum to the necessary amount of time to view land art, and quoted Smithson: “Timelessness is found in the lapsed moments of perception, in the common pause that breaks apart into a sandstorm of pauses.”

Commenting on this, Loe explained, “... The evidence of time pauses or activates perception, depending on how you interpret the quote, and this is what Smithson wanted in his art and wanted from us in engaging with his art: the activation of the senses; the onslaught of the environment; the sheer joy of joining intellectual creativity to art that exceeds the bounds of space, art based on the mobility of time.”



PHOTOS BY KELSEY KEENER

**AUTHOR HIKMET SIDNEY LOE** discusses her book, *The Spiral Jetty Encyclo: Exploring Robert Smithson’s Earthwork through Time and Place*, and its themes of time, mobility and the broad expanse of the transient west.

national world,” Loe said.

Loe began by talking about some of Smithson’s background and early travels, which were usually related with land art pieces he wanted to create. He created several pieces in the United States, as well as Italy and the Netherlands.

“Smithson basically changed how we view and consider works of art in relationship to landscapes, and the multiple ways that we investigate and traverse those landscapes,” Loe explained. “His lifelong fascination with exploration and modes of transportation led him to these and

# Enjoy a Festival Christmas at the Frontier Homestead State Park Museum

from Todd **PRINCE**

FOR IRON COUNTY TODAY

**CEDAR CITY** — Looking for a fun, family friendly, affordable way to celebrate the Christmas season? How about Christmas at the Homestead and Holiday Market—at the Frontier Homestead State Park Museum. The Utah Shakespeare Festival and the State Park Museum are once again partnering to provide a Christmas celebration for area residents and visitors.

Christmas at the Homestead will take place Monday through Friday, December 2-6, from 5:30 to 8 p.m. Admission is \$5 per family. The Holiday Market will add to the celebration on Friday, December 6 from 11 a.m. to 8 p.m. and Saturday, December 7 from 9 a.m. to 3 p.m. Admission to the market on Friday is included in the Christmas at the Homestead admission price. On Saturday, the cost is only \$1 per person.

“Christmas at the Homestead gives us a chance to highlight our local history, give something back to the community, and offer an exceptional shopping experience during the Holiday Market,” said Park Manager Todd Prince.

The celebration will feature lighting design by Festival Properties Director Benjamin Hohman—as well as Santa, various specialty Christmas trees, and free hot chocolate, popcorn, and other surprises. In addition, each evening live entertainment will be featured from 6:00 - 6:45 p.m., and hands-on crafts will be available.

To cap it all off, the Holiday Market on December 6 and 7 will offer visitors an opportunity to recapture the sights, sounds, and ambiance of a pioneer Christmas market, providing a truly unique holiday shopping experience. Visitors can browse the work of over thirty artists and craftsmen then purchase the perfect handcrafted gifts, including exquisite photos and glasswork, historical reproductions, whimsical jewelry, seasonal treats,



COURTESY PHOTOS

woodwork and much more.

Live entertainment will add to the ambiance of the market on Saturday December 7, featuring: Randy Johnson at 9:30 a.m., Southern Utah Hand Bell Choir at 10:30 a.m., Mountain Top Sound at 11:30 a.m., Kaitlin Sevy at 12:30 p.m., and Bill and Loretta Westbrook at 1:30.

Walking through the various museum structures throughout the week, visitors will get a feeling of yesterday. Each building will be adorned with a themed tree and other festive decorations.

“*It's an enchanting experience with everything that makes Christmas special*”

» **Donn Jersey**

“Nothing will get you in the holiday spirit quicker and more completely than spending an evening at Christmas at the Homestead,” said Donn Jersey, Festival Director of Development and Communications. “It’s an enchanting experience with everything that

makes Christmas special: music, friends and family, entertainment, and holiday goodies.”

“This is a great opportunity for individuals and families to benefit from an affordable and entertaining holiday experience,” added Park Manager Todd Prince.

This year, Christmas at the Homestead is made possible with support from Cedar City-Brian Head Tourism Bureau, Cedar City

Corporation, State Bank of Southern Utah, The Grind, SUU Head Start, Iron County Schools, the Western Heritage Foundation, Wilson and Whetton Orthodontics, Bulloch Drug, Utah State Parks, Frontier Homestead Museum Foundation, and the Utah

Division of Arts and Museums.

The park is located at 635 North Main Street in Cedar City. For a schedule of events and the latest information and details, visit the museum website: [frontierhomestead.org/christmas-at-the-homestead](http://frontierhomestead.org/christmas-at-the-homestead).

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Star 98

Cherry Creek Media

# ADOPT *a* SOLDIER

from Jeremy **WESTBY**  
FOR IRON COUNTY TODAY

## NATIONAL CARE LETTER CAMPAIGN TO HONOR DEPLOYED SERVICE MEMBERS AND VETERANS

Help honor Veterans and deployed service men and women this holiday season by sharing a card or letter in appreciation of their service and sacrifices.

2019 marks the ninth year that America's Adopt A Soldier® will reach out to America to ask for cards of thanks to share with our nation's service members who are deployed and Veterans who are in state Veterans homes and

hospitals.

"In 2018, over 200,000 care letters were shared," said Mary Keeser, America's Adopt A Soldier® Founder. "This year, the goal is to reach over 300,000, which would allow us to send at least four letters to every Veteran in a Veterans home or Veterans hospital as well as to our deployed service

members."

"The cards and letters we receive are drawn or written by a diverse group of individuals, from 3 years-old to the over 100 years-old," Mary adds. From kitchen tables to classrooms, to businesses, to college dorms to

faith-based establishments, the pens, pencils, crayons and pieces of paper used to create messages of hope, appreciation, unity and support will have a positive impact. The letters of care are truly the caring pulse of America towards our

service men and women."

To participate in the 2019 National Care Letter Campaign, mail your personal written and designed letter or greeting card to America's Adopt A Soldier, 5400 Shawnee Road, Suite #300, Alexandria, Va. 22312

Care letters will be accepted through December 18, 2019. For more information visit: [www.americas-adoptasoldier.org](http://www.americas-adoptasoldier.org) or call 703-278-3718.



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# CALENDAR

## Support Groups

### ALCOHOLICS ANONYMOUS

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### CEDAR CITY

Most classes meet at 203 E Cobblecreek Dr, unless otherwise listed

**Steps and Traditions** • M – Su, 7 am

**Speaking From The Heart** • M – Sa, Noon

**Misfits** • M – F, 6 pm

**Cedar Group** • Tues, 8 pm

### New Beginnings

(Women Only Book Study) • Wed, 6 pm

**Family Groups** (Fellowship of Relatives, Friends) • Th, 6 pm

**T.G.I.S.S.** (Thank God it's Sunday Spiritual) • Sun, 11 am

**My Story** • Sat, 8 pm

**Hope for Today** • Thurs, 7 pm • KKCB Meeting Hall, 1067 S Main St, (435) 559-3333

### What a Way to Start the Day

Su, M, W, F, 7-8 am • Fellowship Building behind St. Jude's Church, 70 N 200 W.

**Red Road to Sobriety** • Mon, 6 pm  
Paiute Indian Tribe of Utah, 440 N Paiute (435) 586-1112 Ext. 307

### Easy Does It

• Tues, 7-8 pm  
Community Presbyterian Church, 2279 N Wedgewood. (435) 559-3333

**Lunch Bunch** • T, Th, Noon, Cedar Bowling Alley, 421 E Highway 91, (435) 586-1383

### PAROWAN

**Al-Anon** • 1st & 3rd Tues, 7-8 pm,  
Parowan Senior Center, 685 N 300 E (435) 477-8925

**Red Creek Group** • Wed, 7 pm  
Parowan Senior Center  
685 N 300 E • (435) 477-8925

### NARCOTICS ANONYMOUS

www.nasouthernutah.org  
(435) 635-9603

Most classes meet at 203 E Cobblecreek Dr, unless otherwise listed

**Basic Text Study** • Mon, 8 pm

**Just for Today** • Wed, 8 pm

**Hope Without Dope** • Thurs, 8 pm

**Live and Let Live** • Fri, 8 pm

**Candle Light Meeting** • Sat, 9:30 pm  
(Small room)

**Women Only** • Sun, 11 am

**Dopeless Hope Fiends** • Sun, 8 pm  
The Meeting Hall, 1067 S Main St, Cedar (877) 865-5890.

### SEX ANONYMOUS

Wed, 6 pm • 203 E. Cobblecreek Dr. (877) 865-5890

### PARKINSON'S

2nd Thurs, 3 pm • Cedar City Library (West Room), 303 N 100 E

### CAREGIVER

1st Tues, Noon • Five County Aging Offices, 585 N Main St, Ste. 1, Cedar City

### ARP—ADDICTION RECOVERY

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan

### (BACA) BIKERS AGAINST CHILD ABUSE

Color Country Chapter Meeting  
1st Thurs 7:30 pm • 2nd Thurs, 7 pm  
593 N 1450 W, Cedar City.

### SENIOR BLIND/VISUALLY IMPAIRED

3rd Thurs, 1:30 pm • Cedar City Library  
303 N 100 E

### NAMI BRIDGES

& Family to Family Classes  
Thurs, 7 pm • Southwest Behavioral Health Center, 245 E 680 S, Cedar City  
Free • (435) 590-7749 or (435) 590-0880

## Service Clubs

### LION'S CLUB

Tues, 11 AM Board Meeting, 12 PM General Meeting • SWTC South Campus, 757 W 800 S, Cedar City. Lunch catered by SWTC. All welcome! (702) 480-3238

### ROTARY CLUB

Tues, 12:15 • Southwest Tech  
757 W 800 S, Cedar City • (702) 865-7637

### MARINE CORPS LEAGUE

Detachment 1315, 2nd Wed, 6 pm  
Elks Lodge, 111 E 200 N, Cedar City.

### AMERICAN LEGION AUX

3rd Wed, 6 pm, Cedar City Library  
303 N 100 E, American Legion Conf. Room • (435) 704-6654

## Classes/Activities

### ARTHRITIS FOUNDATIONS EXERCISE

Wed, 1 pm, Cedar City Senior Center  
489 E 200 S • 435-586-0832  
FREE. Trained instructors. Variety of range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

### AWANA BIBLE CLUB

7th-12th grade, Mon, 6:30 pm  
Preschool-6th grade, Wed, 6:30 pm  
Valley Bible Church, 4780 N Hwy 91,  
Cedar City • (435) 586-0253 or (435) 990-1638

### BOOK CLUB

2nd Thurs, 7 pm • Cedar City Library 303 N 100 E. This month we will discuss "Plum Rains" by Andromeda Romero-Lax.

### CEDAR CHEST QUILTERS' GUILD

Thurs, 10 am • Cedar City Senior Center  
489 E 200 S • (435) 586-0832

### CEDAR CITY RADIO CONTROL CLUB

4th Thurs, 7 pm • Cedar City Library  
303 N 100 E.

### CEDAR CITY TOASTMASTERS

Thurs, 7 am • The Pastry Pub  
86 W University Blvd. Find your voice & shape your future. Be the leader and speaker you want to be. (435) 773-5466

### CEDAR PROFESSIONALS

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. An organization of business people. Stimulate business for members through exchange of ideas, information and business referrals.  
www.cedarprofessionals.org

### COLOR COUNTRY WINDS

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

### COLOR COUNTRY PICKLEBALL

M-F, 7-10 am • 155 E 400 S (Cedar Stake Center). Paddles & balls supplied.  
(435) 586-6345

### MEDITATION FOR FALL

Last Session. Wed Nov 20th, 7-7:45 pm  
The Healing Tree, 535 S Main St., Ste. #4  
Foster relaxation and a calm mind. No experience necessary. All welcome. A donation of \$5 suggested.  
healingcedarcity.com • (435) 267-0133  
goatboy1963@gmail.com

## Government

### IRON COUNTY COMMISSION

2nd & 4th Mon, 9 am  
Commission Chambers  
68 S 100 E, Parowan.

### CEDAR CITY COUNCIL

Wed (except 5th), 5:30 pm • City Hall  
10 N. Main St (435) 586-2950

### ENOCH PLANNING COMMISSION

2nd & 4th Tues, 5:30 pm • City Hall  
900 E Midvalley Rd • (435) 586-1119

### ENOCH CITY COUNCIL

1st & 3rd Wed, 6 pm • City Hall  
900 E Midvalley Rd • (435) 586-1119

### PAROWAN CITY COUNCIL

2nd & 4th Thurs, 6 pm • City Hall  
35 E 100 N • (435) 477-3331

## WEDNESDAY, NOVEMBER 20

### PEANUT BUTTER FUDGE DAY

**RECIPE: THIS PEANUT BUTTER FUDGE CALLS** for just 4 ingredients and only takes a few minutes to make. It's naturally vegan, gluten-free, grain-free, and dairy-free (with a paleo option) but can also be made with butter for a dairy version. It's sweetened with maple syrup, which gives it a slightly caramel-like texture! <https://www.texanerin.com/4-ingredient-maple-peanut-butter-fudge/>



## THURSDAY, NOVEMBER 21

### GINGERBREAD COOKIE DAY

**DANCING WITH YOUR COMMUNITY STARS – 7 PM**, Heritage Center Theater (105 N 100 E, Cedar City), tickets are \$15. Presented by the Children's Justice Center of Iron County. For information and tickets call 435-867-4275.

**PAROWAN HIGH SCHOOL: "SEUSSICAL THE MUSICAL"** – 7:30 PM, Parowan High School Auditorium (168 N Main St, Parowan), tickets are \$5 for students and \$7 for adults. Information 435-477-3366.



## FRIDAY, NOVEMBER 22

### NATIONAL CRANBERRY RELISH DAY

**TALON CRAFT FAIR – 5 TO 9 PM, CANYON View High School** (166 W 1925 N, Cedar City), admission is \$1. Craft and food vendors, live entertainment and more.

**SUU STUDENT DANCE CONCERT: "CONTINUUM"** – 7:30 PM with a matinee Saturday at 2 PM, Randall L. Jones Theatre (195 W University Blvd, Cedar City), tickets are \$5 for students and \$10 for adults.

**SUU – JAZZ BAND: "THE SONGS OF BENNY GOLSON"** – 7:30 PM, Heritage Center Theater (105 N 100 E, Cedar City), Admission is free and open to the public. For more information, please visit [www.suu.edu/pva](http://www.suu.edu/pva). Benny Golson is the only living jazz artist to have written 8 standards for jazz repertoire. These jazz standards have found their way into countless recordings internationally over the years and are still being recorded. Dr. Adam Lambert,

# CALENDAR

Director of Bands at SUU, shares, "Our Jazz Band Concert is a Benny Golson tribute, featuring tunes such as 'Whisper Not', 'Little Karin', 'Stablemates', and 'Straw Boss'. Also programmed is Count Basie's 'Magic Flea', the classic tune 'On Green Dolphin Street' and Bob Mintzer's funk/rock tune titled 'Computer'."



**ARTIST RECEPTION – RAE LEWIS AND STEVE THOMSEN**, 5-8 PM, Art Works Gallery, 16 N 100 W, Cedar City. The show entitled "Latitude of the Observer" will feature a selection of paintings by Rae Lewis and paper collage by Steve Thomsen. The exhibit will be on view until December 18, 2019.

**BOOK OF MORMON EVIDENCE CONFERENCE (FREE)** – 6:30 to 9:30 PM, The Barn at Cedar Meadows, 1419 W 3000 N, Cedar City. Rod L. Meldrum President - The FIRM Foundation, International speaker and Best-selling author of "Exploring the Book of Mormon in America's Heartland" and editor of the new Annotated Edition of the Book of Mormon will be speaking with Mr. Meldrum will be Dean W. Sessions Author of The Universal Model and founder of the New Millennial Science.

## SATURDAY, NOVEMBER 23

### NATIONAL ADOPTION DAY

**SATURDAY FARMER'S MARKET, 10 AM - 1 PM**, Saturdays @ IFA, 905 S Main. Good weather outside, bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For info call (435) 463-3735

**INTERNATIONAL SURVIVORS OF SUICIDE LOSS DAY** – 10-Noon, Southwest Behavioral Health Center, 245 E 680 S, Cedar City. This event is free and open to the public. Survivor Day or ISOSLD is the one day a year when people affected by suicide loss gather in their local communities

to find comfort and gain understanding as they share stories of healing and hope. Survivor Day was created by an act of Congress in 1999 and since then has been sponsored and supported by the American Foundation for Suicide Prevention. In 2018 there were 370 total events, including 32 international sites in 19 countries. To learn more, visit [afsp.org/SurvivorDay](http://afsp.org/SurvivorDay), call 435.590.9813, or email [kathrynjoycecox@gmail.com](mailto:kathrynjoycecox@gmail.com).

**CHRISTMAS ON THE FARM – 10 AM TO 7 PM**, Nature Hills Farm (4326 N 2100 E, Cedar City), admission is \$5. 3 PM to 7 PM Christmas on the farm begins with Santa, wagon rides, caroling, crafts, story time, light displays, farm tour and petting zoo, Coco Cafe is open for hot cocoa and other food purchases. Come celebrate the holiday season and the blessings of the past year. Gather at the farm, a magical Winter Wonderland with lights and Christmas displays. Visit with Farm Santa and get your wish added to his list! Make memories and new family traditions and enjoy the true Spirit of Christmas this year at Nature Hills Farm. For tickets and information visit [www.naturehillsfarm.com/](http://www.naturehillsfarm.com/). Limited tickets sold online so everyone can truly enjoy their entire experience, \$5 per person; infants under 1 are free. Includes all activities and Santa visit, Farm Store items and Coco Cafe food is extra. Cash/Cards/Venmo.



**BOOK OF MORMON EVIDENCE CONFERENCE (\$10 Event)** – 9:00 AM to 9:00 PM, Red Lion Hotel, 850 S. Bluff St., St. George. Pay \$10 online at [bookofmormonevidence.org/event](http://bookofmormonevidence.org/event) or it's \$15 at the door. Rod L. Meldrum President - The FIRM Foundation, International speaker and Best-selling author of "Exploring the Book of Mormon in America's Heartland" and editor of the new Annotated Edition of the Book of Mormon will be speaking with Mr. Meldrum will be Dean W. Sessions Author of The Universal Model and founder of the New Millennial Science. In addition to Rod Meldrum and Dean Sessions, you will also hear from Russ Barlow editor of The Universal Model, Steven Smoot author and developer, Amberli Nelson Hebrew Symbolology expert, Delores Kahkonen, Native American teacher, and Rian Nelson Book of Mormon researcher and author.

## SUNDAY, NOVEMBER 24

### NATIONAL SARDINES DAY

**"EVERYBODY IS A GENIUS. BUT IF YOU JUDGE a fish by its ability to climb a tree, it will live its whole life believing that it is stupid."**  
– Albert Einstein

## MONDAY, NOVEMBER 25

### NATIONAL PLAY-DAY WITH DAD

**CEDAR CITY CHRISTMAS LIGHT LIGHTING CEREMONY** – 6 to 7 PM on the North Side of the City Offices (10 N Main St, Cedar City), FREE. Christmas Tree Decorating Contest to Benefit the Iron County Care & Share at 6:15 pm, Judging of the Christmas Trees at 6:35 pm, and then the Official Lighting of the New Lights on Main Street at 7:00 pm. Also enjoy Music, S'mores, and Fire Barrels to keep you warm! \*Christmas Tree Decorating Contest: A big pile of ornaments with 6-8 trees and only 15 minutes for each team to put something stunning (logical) together. \*Message Cedar City Events to submit your team – Facebook: /Cedar City Events  
**SUU PERCUSSION ENSEMBLE CONCERT: "CAN You Touch This"** – 7:30 PM, Thorley Recital Hall of the SUU Music Building. This event will be an ethereal concert under the direction of Dr. Lynn Vartan. This concert is free and open to the public. For more information, please visit [www.suu.edu/pva](http://www.suu.edu/pva).

## TUESDAY, NOVEMBER 26

### NATIONAL CAKE DAY

**STORY TIME – FRONTIER HOMESTEAD STATE PARK (FREE)**, 10 a.m., 635 N Main St., Preschool children learn about the past through stories, and history activities.

## WEDNESDAY, NOVEMBER 27

### NATIONAL JUKEBOX DAY

**THE ROOTS OF THE JUKEBOX CAN BE TRACED TO 1877** and Thomas Edison, the man behind the camera and the light bulb. He invented the phonograph, a music device that could play recorded sound. One of the world's most familiar jukeboxes was the Seeburg MC100C that appeared on the intro credits to Happy Days. Jukeboxes hit their height of popularity in the mid-1950s. At that time, around 750,000 of them were in use across America. During the 1950s sales declined, partially after the

invention of the transistor radio. It's thought that around 250,000 jukeboxes are still used in the US today, thanks mostly to a booming antiques and collectibles. (Joe Svetlik – bt.com)

## NOVEMBER 29 & 30

**14TH ANNUAL CEDAR BAND OF PAIUTES THANKSGIVING POWWOW** – Paiute Indian Tribe of Utah Gymnasium (440 N Paiute Dr, Cedar City, UT). November 29th, Grand Entry at 6 PM. November 30th, Grand Entry Noon and 6 PM. This event is FREE and open to the public. Please bring your own chair. Information 435-586-0549.

## DECEMBER 4

**PIANO GUYS CHRISTMAS CONCERT** "Christmas Together Tour" – 7:30 PM, America First Event Center (SUU Campus), 351 W Center St, Cedar City. Purchase tickets at [birdtickets.com](http://birdtickets.com), or call (435) 586-7872, or visit the Thunderbird Ticket Office. Ticket prices range from \$32-\$57. The Piano Guys are known for their exciting arrangements of popular music and stunning music videos. For more information about The Piano Guys concert at Southern Utah University, call the Office of Alumni & Community Relations at (435) 586-7777. To learn more about The Piano Guys visit [thepianoguy.com](http://thepianoguy.com).



## DECEMBER 14

**SANTA VISITS FARMER'S MARKET – 10 TO 1 PM**, @ IFA, 905 S Main. Santa will be at the market and we will have loads of craft vendors as well as our regular market food vendors. We will also have in season veggies. It's free to sit on Santa's lap and snap a photo. Information: (435) 463-3735.

## DECEMBER 15

**THE MUSIC OF CHRISTMAS – 6 PM, PAROWAN Stake Center (1st W St)** – Refreshments provided by the Daughters of the Utah Pioneers.



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# HELPFUL APPS FOR MENTAL HEALTH

Compiled by Kelsey  
**KEENER**

IRON COUNTY TODAY

As winter weather approaches in Iron County, residents may experience negative effects on their mental health. Here are some apps for smart phones designed to help:

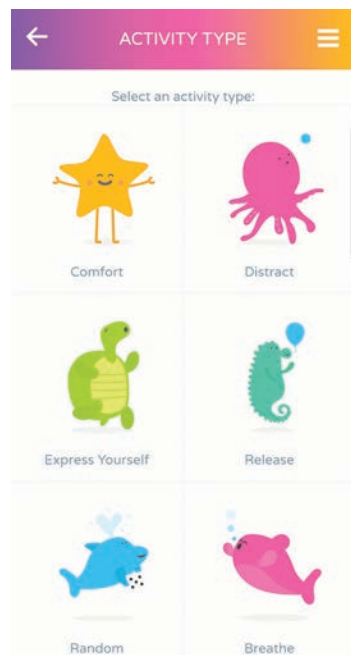
## Calm Harm

This app is designed to help manage the urge to self-harm. The app is based off principles related to dialectical behavior therapy, a type of therapy that has been effective for people with mood disorders. Calm Harm provides tasks for users that distract them from urges to self-harm and help manage their emotions in a more positive way. The app can be personalized and password protected. (The app is designed to help with treatment, not replace it entirely).

## SuperBetter

This app uses games to help users increase resilience in the face of change and obstacles. It is designed to help achieve goals and help manage anxiety, depression

and stress. Users can build new habits and overcome life challenges, such as finding a new job with the help of the app. A study from the University of Pennsylvania in Philadelphia found that when users played games on the app for 30 days their mood improved, symptoms of anxiety and depression decreased and self-belief increased.



## notOK

This app was designed by teenagers to help other teenagers who may be struggling with their mental health. Users enter up to five trusted contacts, who may accept or decline the invitation to be part of the users' support network. Users can open the app and tap a large, red "not ok" button to send members of their support



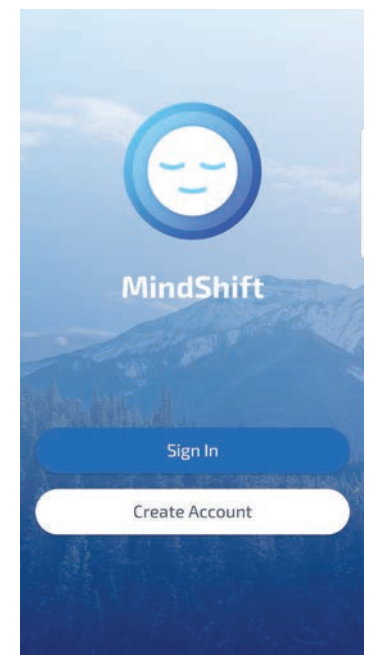
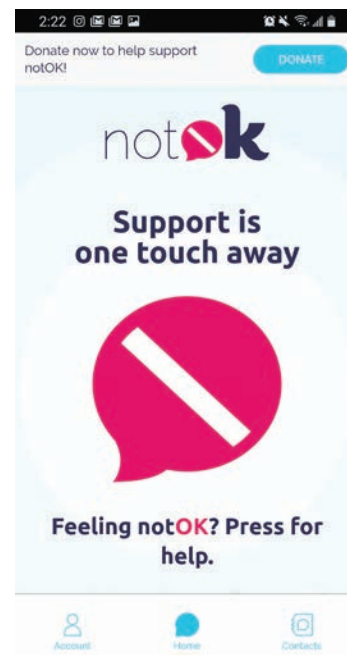
network their GPS location and a message that reads "Hey, I'm not OK! Please call, text, or come find me." The intention of the app is to help limit confusion and when the need to reach out for help arises.

## Mind Shift

This app is designed to help with symptoms of anxiety using Cognitive Behavioral Therapy. Rather than avoiding

feelings of anxiety, the app focuses on changing thoughts regarding anxiety. The app has features like a thought journal, coping cards, checking in, goal setting and expanding your comfort zone.

All of these apps are free and available for iOS and Android. They are not intended to replace professional care, diagnosis and treatment of any illness or disease.



In 1982, I made my debut performance as a young actress in Cedar High's performance of *Thunder* on Sycamore Street. I was eight years old. My all-star performance included this simple line, "I was following a dog."

I am sure I was awe inspiring. Although, I don't remember much else from that experience other than the curtain call, I still get chills remembering my moment in the spot light. My mother, was the newly hired drama teacher for the Redmen that year and helped me land the role—go figure.

Unfortunately, my acting career began and ended with that production. "Back in the day" theater in Cedar City was in its "grass root" stages. Fred's renowned Tony Award Winning Utah Shakespearean Festival was still very much a novelty (The festival was founded in 1961 and its debut season took place in 1962). A part of me envies young actresses such as Halle Vickers who at the age

of 12 has landed roles in the Festival's *Merry Wives of Windsor* and *Macbeth*—she is pretty much amazing. Halle has been performing with the celebrated PLAYMAKERS, "theatre for the young and the young at heart... theatre training that is the perfect place to start" since she was six years old.

While my feet may have left the stage, my heart continues to enjoy outings to Broadway plays and local theatre productions. Saturday evening, I was delighted by Canyon View High School's Production of "The Music Man." Director Holly Barrick is something of a "miracle worker." Barrick is in her 6th year at Canyon View and continues to see the big picture



AMYANNE  
RIGBY

CONTRIBUTOR

as she tirelessly devotes hours upon hours to the students at Canyon View (remember, I was once the kid at home waiting for mom while she was at play practice) – it is no easy feat and a tremendous sacrifice for her family. For Barrick "theatre is more than just performing. It is creating a family, finding empathy for the stories you tell, and about creating something larger than yourself."

Meredith Willson's Music Man was first performed on December 19, 1957 in New York's Majestic theatre before it took up residence on Broadway. So how did Canyon View's High School performance compare? It was amazing! From the moment the curtain

rose I was absolutely mesmerized by the first number, *Rock Island*. While the plot of the play is intriguing, the music trumped all. *Seventy-Six Trombones*, *Pick a little*, *Talk a little*, and *Goodnight* were some of my personal favorites.

The high school cast was incredible... and its characters perfectly placed. Haislee Hill's voice held center stage as the "old maid" librarian Marian Paroo, while her counterpart was the "perfect" Music Man as Lincoln Paul excelled in both acting and singing. The darling Mia Gatherum was the perfect Zanetta Shinn. Ryan Bailey "stirred up trouble" as the town delinquent, Tommy Jilas. Last year Max Cannon stole the show as Gaston in *Beauty and the Beast*; this year he doubled as the conductor and as Oliver Hix in the quartet. Who doesn't love tall, dark and talented? But if I had to pick a character

## PEOPLE

90<sup>TH</sup> BIRTHDAY

## John Douglas Webb

Gramps was born and raised in Cedar City and resides here still. After high school he and his bride LaRene accepted work transfers to Texas and California before returning home. Though Gramps became adept at navigating the freeways of Texas and California, he is a Cedar boy through and through, having tramped the mountains and valleys in search of deer and firewood for parts of 10 decades. No legal tree is safe when Gramps goes wood hunting, and he celebrated his 90th by sawing down a hefty one. His children, J.D., Gary, Lori, Larry, Judy and Troy treasure his wisdom and humor, while little Mary Elizabeth awaits him as he patiently finishes his business in this life. Turning 90 on the 25th, a special birthday dinner will be held the following Saturday with most of his nearly 100 family members in attendance as well as more than 80 members he gladly inherited upon his marriage to Kaye Adam's later in life. Happy Birthday, Gramps!

## BIRTH

## Emery Elyse Tasker

Emery Elyse Tasker was born on August 21. She was 8 lbs 4 oz and 19.5 inches long.

She is welcomed and adored by her 3 big brothers. She is the daughter of Tim and Brooke Tasker of Cedar City. She is the granddaughter of Dennis and JoLene Gray of Cedar City and Fred and Nancy Tasker of Delta. We are so happy that you are in our family!

1<sup>ST</sup> BIRTHDAY

## Barrick Charles Lemler

Look who's tuning one. Barrick Charles Lemler will be one on November 22, 2019. He has been

such a blessing to his parents Janine and Dane Lemler. He is such a charmer and warms everyone's heart who meets him. We love you Barrick, Pop Pop and GG



Born in Magna Utah on November 23, 1924 the fourth son to Orvis Truman Call and Hazel Isabel Kite Call. Although the two middle boys died in infancy, he and his eldest Brother De were great friends.

Despite missing a year of school because of illness, he played every sport in high school. He graduated from Cyprus High School in 1943.

He joined the US Navy on Jan 4, 1944 and served in the Pacific Theater. He was aboard the LCS 113. He was part of the force that helped the US occupying forces transition in Japan. He was discharged May 11, 1946

He married Marian LaVelle Carsey on Sept. 25, 1947 in the Salt Lake LDS Temple. They had five children. LaVelle passed away from cancer in 1988.

He received his Bachelor of Science degree from University of Utah in 1950.

He studied Physical Therapy at the Children's Hospital of Los Angeles and graduated in 1953.

He was the head Physical Therapist at the Primary Children's Hospital in Salt Lake City during the 50's and 60's (the polio years)

He received his Masters of Science from BYU in 1963

He was brought on the faculty at BYU to start their pre-physical therapy program. He taught "Anatomy", "Kinesiology" and "Adaptives and Correctives" among other classes including tennis, golf and other courses for the College of Physical Education.

He took a 18 month sabbatical to pursue his PhD. He received his PhD from Oregon State University in 1967.

During his professional career he did much to help the handicapped in Utah through his work with the State Training School, The State Mental Hospital and the many nursing homes and care facilities across the State.

He was appointed to the Governor's Committee for the Handicapped for 8 years.

In 1988 he was honored as Honored Alumnus at BYU where he was in the Homecoming Parade and was given the honor of lighting the "Y" at the homecoming game.

He taught at BYU Hawaii in 2002 to assist them in establishing their Sport's Medicine program.

He has served in many capacities in the LDS Church including Bishop's Counselor, Bishop, and High Counselor. He continues to serve in one of his favorite callings as a teacher in his Priesthood Quorum.

He was an Agent Bishop with the homeless for 2 years and taught FHE for several years at the Utah State Penitentiary.

He moved to Cedar City in May of 2014 and now lives with his daughter and son-in law.

We think you will agree Boyd has had a wonderful and full life so far! From humble beginnings he has accomplished more than this article could contain.

We love you dad! from your daughters Nancy Call Warner and Peggy Call Aitken



## MUSIC MAN

« CONTINUED FROM PAGE 18

favorite...hmm... I would choose two: Addy Wood as the Mayor's wife Eulalie Shine and Dawson Warhurst as Winthrop Paroo. Why? They brought so much to their characters—they were genuine, believable—perfect!

In all, the cast was composed of 53 students from Canyon View High School, plus twelve students on stage

crew and 15 students in the band-Wowsers! All of these members were heavily involved in production of the show, lending their "elbow grease" in set-building, marketing, choreographing, and costume design.

Barrick is quick to acknowledge the help of resident musical expert, Alex Byers as well as CVHS Administration, parent volunteers and most of all her very own gang—her family, who have been a part of too many theatrical adventures to count.

Barrick embodies all that is good about education. She likewise continues to act herself demonstrating to her students that you are never too old to create, nor to dream. She has appeared in productions at Southern Utah University, The Neil Simon Festival, Women of Will, Cedar Valley Community Theater, and Iron Stage Theatricals. Her next performance will be with the local theatre in White Christmas. Don't miss it and be sure to look for her adorable 10 year old

Ellie in the production as well.

What's next for Canyon View High School Theater? In January the student-directed Broadway Revue will be presented. In March, don't miss Jane Austen's celebrated Pride and Prejudice followed by the one Act Play, Antigone.

Who knows, maybe one day Thunder on Sycamore Street will hit Canyon View's Stage? If so Director Barrick, give me a call. I think I may still have my lines memorized!

# The secret of stress



## The Rut LESS TRAVELED

by Corey **BAUMGARTNER**

IRON COUNTY TODAY

I'm sure that we each have some mess we can trace back to stress. How do you get rid of stress? That's the secret, you don't. Once you realize stress isn't going anywhere you stop becoming a victim and start learning to be a victor. Stress is going to happen no matter how great life is because stress is no respecter of status, stock portfolio, religion, race, family, or friends.

Realizing that it's a necessary part of life can help us keep it from ruining life. When we feel stressed we can often compound the problem because we don't know how to handle it, or fear that we won't be able to handle it. It's that fear of failure that makes stress seem so haunting and daunting. It's when we feel overwhelmed and unable to cope with it that the trauma and drama begins and we frantically start looking for oxygen masks, or EXIT signs, hoping that running away or escaping will solve the problem.

This is understandable. No one that I know likes to feel stressed. When in distress, it seems people will try anything to de-stress. Some choose good ways; others turn to quick, counterfeit, or not necessarily kosher comforts. However, once we put stress in a better perspective, shed some light on our shadows so to speak, we will be able to use it to help us live better lives. Transforming stress into a positive can even help prevent future failings by learning from past faux pas and becoming better people, not in spite of trials, but because of them.

Perhaps it's more our perception of stress that does the true damage. To help create a healthier perspective we need to get things out of our heads and hearts. Writing things down is a powerful way. Write down ten things that bring you stress and ten that bring you joy. This may seem simple, but sometimes the simple things are the best way to solve complicated problems. Does your list of stressors make you feel overwhelmed, discouraged, or ashamed? Does it make you feel undeserving and unworthy of your list of joys? Perhaps you feel your joys are so few and far between that they don't give you hope anymore. Why do you feel deserving of being stressed and depressed, but not deserving of the great things that life has to offer you? You are more than your problems and you are meant for more than defeat.

This week, when stress makes you feel weak, think of how you could change your negatives into positives and focus on your joy-list. Keep that list in sight and don't hesitate to add to it. In fact, try to add to it. Keep looking for more positives than pot-holes. Notice the things that try to suffocate you and steal your breath but focus more on those things that take your breath away. And please enjoy your journey a little bit more this week.

## SCHOOLS

# Students enjoy STEAM fest at SUU

by Kelsey **KEENER**

IRON COUNTY TODAY

More than 2,000 students from southern Utah visited Southern Utah University last week to participate in the annual STEAM Festival.

The STEAM Fest adds arts to the conventional components of science, technology, engineering and mathematics in order to provide a more integrated form of learning and provide multiple

Orchestra of Southern Utah," she said. "I feel like the way that kids learn, it's more effective if we don't break it up into silos. It's all integrated because that's the way they're going to encounter it in the real world. When they play their instruments they're using math, they're using engineering when their violin goes out of tune and they've got to figure out how to fix that problem."

Students in grades first

as high school," she said. "So this feels like a really great time to capture kids' interest and really get them excited about this."

She added that another reason for providing the STEAM Fest, in addition to capturing interest and the demand for professionals in STEM fields, is to demonstrate that science is accessible.

"We want 100 percent of students to see science and technology as things that are accessible and fun and important in their

*"We want 100 percent of students to see science and technology as things that are accessible and fun and important in their lives"*

» **Elaine Vickers, SUU STEM Center for Teaching and Learning Director**



KELSEY KEENER

**CURIOS AND EXCITED STUDENTS GOT TO EXPERIENCE** Science, Technology, Engineering, Arts and Math close-up and hands on, during this year's STEAM Fest.

activities to interest a wide-range of students.

SUU STEM Center for Teaching and Learning Director Elaine Vickers said the addition of arts to the program helps students experience these areas of learning as they will encounter them throughout their lives.

"We do love that this event is STEAM rather than just STEM, and not just visual arts, we do have print making and Southern Utah Museum of Art, but also the

through sixth participated in the event, taking advantage of the opportunity to learn from approximately 30 booths with exhibitors from across the state through hands-on activities.

Vickers said soon the science and engineering standards for elementary and high school grades will be updated.

"Utah is getting ready to roll out new science and engineering standards for all of the elementary school grade as well

lives regardless of what they choose to pursue," Vickers said. "... It's a different thing for each kid. That's one of the great things about this event is that we have so many different sorts of things, (showing) that science isn't just the person in the lab coat working by themselves -- it's the Division of Wildlife Resources, the Animal Ambassadors, it's really, really diverse exhibitors showing kids the full spectrum of what STEAM is."



## SCHOOLS

## ICSD News Nuggets

from Le Ann **WOOLSTENHULME**

IRON COUNTY SCHOOL DISTRICT

### East Elementary

Several of our East Elementary students got to take advantage of SUU's STEAMfest that they put on last week! The students were able to walk to SUU and participate in so many different activities. Some of the most enjoyable were students using virtual reality machines. Students also got to see the Animal Ambassadors and the Planetarium. It was such a great experience for the kids to be able to learn science material by getting to perform hands on projects. A huge thank you goes out to SUU and all those who helped make this event happen! Our students at East Elementary left feeling excited about science and learning!



### North Elementary

Cedar North Elementary would like to thank all the great people who helped us with our awesome STEAM Week. Our incredible science committee, teachers and aides who helped with class projects, presenters from all over town who talked about their STEAM careers, and, of course, our wonderful parents and students for their support throughout the whole week. Thank you for making this a smashing success! As part of this, we also unveiled our STEAM mobile, hanging in the front lobby. We'd like to thank Lori Wrangle, our art teacher, for the sculptures, Construction Steel and Funder Welding for their donations of material and time, our custodians Dave Bettridge and Shane Wilson and the incredible ICSD Maintenance Crew for installing it. Come see it!

### Three Peaks Elementary

Three Peaks fifth-grade classes were excited to attend the musical production of Music Man at Canyon View High School on November 13. The play had a live, onstage band and 55 talented students telling the story of a traveling salesman named Harold Hill. A big thanks to Mrs. Holly Barrick, the Musical Theater Team, and the students who acted in this fun play for our students to watch.

The Three Peaks Elementary choir, under the direction of Mrs. Brenday Roundy and Mrs. McKaylie Ruhr, will perform at the Talons Craft Fair on Friday, November 22.

We would like to thank the choir directors for all their hard work in leading this great choir, the students that come on their own time to practice every Tuesday and Thursday morning, and the parents who drive their students to school to practice twice a week.

Just a reminder that the annual Three Peaks Elementary Turkey Calling Contest will be held on November 26 in the afternoon. Parents will be notified if their child is participating.

### Escalante Valley Elem.

Ms. Emily, Escalante Valley Elementary Beverley Taylor Sorenson (BTSALP) art specialist, put together a spectacular Veterans Day program for the community of Escalante Valley. Veterans from across the valley were greeted by American flags waving in front of the school as they entered the building. Once inside, our 3rd grade class conducted the entire Veterans Day program; from leading the audience in the Pledge of Allegiance to conducting the national anthem. Students also spent time interviewing two Veterans from our community, which were spotlighted during the program. The final tribute of respect came when class-by-class, our students were led to the front of the gym where they could shake hands with each Veteran and personally thank them for their service. Escalante Valley School is honored to have such wonderful service men and women living among us, and are thankful for the support received with attendance to our program.



### Enoch Elementary

Enoch Elementary honored military Veterans and those still serving, on November 11. During an assembly, students learned how to stand respectfully for the Pledge of Allegiance, the history of the National Anthem, and how we can say thank you to Veterans. Mr. Daniel Ekker is one of our school's Veterans. 5th graders Jaquelle Morris and Erin Hallows interviewed him; the following is their article.



As Veterans Day goes by, have you ever wondered what goes through a soldier's mind as they Salute the flag? We dug up

some facts about our principal, Mr. Ekker, and about his time when he served in the Army. Mr. Ekker joined the Army when he was seventeen years old. He was inspired by his dad, who was also in the military when Mr. Ekker was a child. He was raised to be very patriotic, and felt it was the right thing for him to do. He had many friends in different positions of the Army, and served for a full twenty-four years. He was and still is a very brave man! He liked the training and enjoyed serving the country even when it got hard. Serving all those years made Mr. Ekker see and realize the sacrifice he and many other men and women had made. All around the world, people celebrate holidays, but we are lucky enough to be able to celebrate Veterans day. We are grateful for Mr. Ekker, as a principal, and for all the service he did for our country.

### South Elementary

This last week at South Elementary, we celebrated Veterans Day with a school assembly. The Master Singers joined us and performed. Their performance is always one that we all look forward to each year. Our first-grade students sang, "Thank A Vet" and "Sing for America." The South Elementary PTA also recognized the students who won awards for their Reflections entries.

### Iron Springs Elem.

Iron Springs Elementary 3rd graders had the opportunity to have 6 Veterans come into their classrooms where the Veterans were able to answer different questions and share photos of when they served. On Monday, November 11th the 3rd graders then had a program where they shared what they learned and show their gratitude for all those who serve through song and a slide show presentation. All Veterans in the audience were asked to stand and be recognized and the 3rd graders gave a special thank you gift to the Veterans who came into their classrooms.

Thank you to our 3rd grade students for helping us remember the sacrifices our Veterans have made in our behalf.



# Feel Like College Has Passed You By?

## Start College in January

# Try **VENTURE**, Utah's Clemente Course in the Humanities & Social Sciences

A two-semester college course in the humanities for low-income adults.

- Earn 8 college credits upon completion
- Free tuition, books & child care
- August 2019 - April 2020
- Tuesday and Thursday 6-8 pm at SUU

**APPLY NOW IF YOU:**

- Are 18 years or older
- Have a low income
- Can read a newspaper in English
- Want to further your education

Apply online at: [www.suu.edu/siel/venture](http://www.suu.edu/siel/venture)

Direct questions to Lindsay Fullerton at: [fullerton@suu.edu](mailto:fullerton@suu.edu)



## FAITH

*The Divine Doctor is in*

## HEBREWS 12:1-2

**H**ow's your spiritual health? When was the last time you checked? Is it easier to recognize and alleviate our physical ailments (fatigue, hunger, thirst) than our spiritual ones? While it may seem more convenient to recognize and relieve physical malaise, it's important not to forget about nourishing our souls. They also need proper care and nourishment; not just on Sundays, but every day of the week. Can your body go a whole week without food, water, or oxygen? Then why would anyone wait until Sunday to receive the Bread of Life and Living Water?

Thankfully, the Divine Doctor is in 24/7. Not just on Sundays, but always, all ways, every day. He is available for consult and comfort day and night

through the power of prayer. He has also provided you with nourishing and powerful scriptures, righteous people and teachings in your life. He also provides a way to help you maintain spiritual health through perfect, personalized care for your soul. Jesus Christ is that way. (John 14:6) He is the miracle, not just medicine. He's not a Fixer, He is the Healer and Restorer of what sin and spiritual sickness have stolen from you. He's more than a prescription, He's the eternal cure for what ails your heart, mind and soul.

**DIRECTIONS:** Take the word of God daily with faith and at the first signs of trial or temptation. It is important that you continue to take the entire prescribed dosage until the devil flees and you no longer have unrighteous thoughts, or

desires. If symptoms persist, increase your prayers and proximity to purity. Also, visit with parents, pastors and people you can trust. Continue to Pray always and stay close to your Divine Doctor. Maintain frequent follow-up visits and share any changes in your spirituality with Him immediately. There are no expiration dates on His ability and availability to help restore you to proper spiritual health and to love you back to life. Refills of His love, mercy and grace are free and unlimited.

**SIDE EFFECTS:** Depending on your prescribed dose of daily Deity and willingness to receive and renew His righteous regimens, side effects may include but are not limited to: Greater faith, more strength to endure

trials, more courage to overcome temptations, loss of desire to entertain evil, sustained smiling, comfort, peace, joy and the increased devotion to help others live better lives, and eventually receive eternal life.

**WARNING:** This type of uplifting lifestyle is highly contagious. Your light and love may cause an eternal epidemic of other people believing and receiving the nourishing, healing words of life.

**DISCLAIMER:** God's Porch or any of its Ruddy affiliates are not intended to diagnose, treat, prevent, or cure any spiritual ailments or diseases. Only your Divine Doctor and Savior, Jesus Christ, can provide complete, personalized care of your spirit. If you are not feeling well, please seek their love and mercy immediately. They are standing by ready to help you.



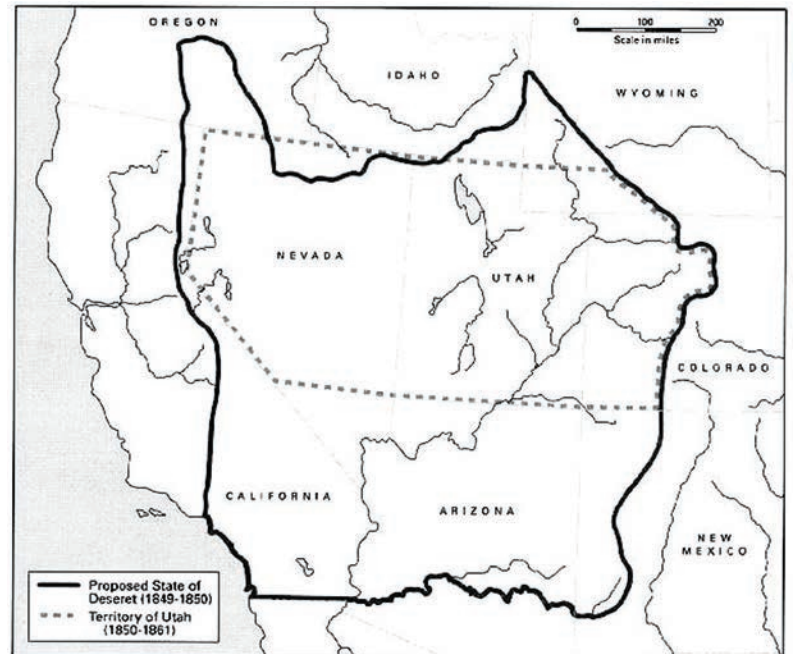
## GOD'S Porch

by Corey BAUMGARTNER

IRON COUNTY TODAY

# DAUGHTERS OF UTAH PIONEERS

Meetings will be held at the church building at 500 W. 400 N. in Cedar City at 1:30 PM on the 2nd Monday of each month (beginning in January 2020) for discussion and historical presentations. If you would like to become a member, please visit [isdup.org](http://isdup.org) for an application.



THE MAP SHOWS THE UTAH TERRITORY through which your ancestors must have traveled before 1869 to be eligible for membership.

## Iron County's Dan Jessen named Auditor of the Year

from Sasha CLARK

FOR IRON COUNTY TODAY

**SALT LAKE CITY** — The Utah Association of Counties (UAC) is honored to recognize Dan Jessen as the 2019 Auditor of the Year for his exceptional efforts and accomplishments as the Iron County Auditor. UAC is a private, non-profit organization offering a broad range of management, training, and intergovernmental relations services to counties, including Commissioners and other elected officials (affiliates). Affiliates of the Year are selected from and voted on by their peers for demonstrating outstanding work ethic, bold leadership, and creative problem solving throughout the past year.

Dan Jessen has served as the Iron County Auditor for the past three years. He graduated from Southern Utah University with his Bachelor's Degree in

Finance in 2004. He has been successful in balancing Iron County's budget by staying conservative with expenditures. In 2018 he told county commissioners he wanted to be conservative with his projections for certain revenues because of unsteadiness in the stock market and the broader economy heading

toward the new year. "We're not pulling money out of the bank to balance the budget. We're balancing it with what's coming in," Jessen said.

"Dan never takes his eye off of the ball and what's important to Iron County. He stays close to his objective of keeping costs low and putting in adequate time and thought into new projects. Iron County and UAC are extremely fortunate to have Dan as a top notch Auditor who has the best interest of the county and its residents in mind," said Brandy Grace, Utah Association of Counties CEO.



COURTESY PHOTO  
DAN JESSEN

## Cat Adoptions

### PRINCE HARRY

He is a mature, neutered male. He is friendly and very affectionate. Could this royal kitty be next in line to claim the throne of your heart and hearth?



### POPPY

She is a mature, neutered female, ready for adoption. She is small, quiet and loves to be petted. A beautiful relationship is sure to blossom when you adopt Poppy.



### PEACHES

She is a tiny, fuzzy female kitten that just arrived. She is sweet and very cuddly. While eating peaches is very healthy, the benefits of adopting Peaches are lots of play time as well as a cuddly companion to keep you company.



### SCOOTER

He is a mature, neutered male. He is shy but very loving. He was given away by his previous owner and now he is free to race into your heart. He gets better gas mileage and is much cheaper (and cuter) than a Vespa.



### THE THREE AMIGOS

If you've ever wanted to own a plethora of cute kitties, this is your Lucky Day! No need to listen for a singing bush or search for the invisible swordsman. They are in-famous and very playful. All for under 100,000 pesos. Stop pruning the hedges, get off your Dusty Bottoms and come adopt these three amigos.



### SPONGE

(phylum Porifera) - He is a mature, neutered male. He has been at the shelter for a while and needs to find a home. Unlike some sponges who only absorb, his heart can't wait to soak up all the love and attention you can share with him and then give it right back to you!



To view these cute kittens and adopt a new friend visit the Cedar City Animal Adoption Center, 1303 W Kitty Hawk Dr, (435) 586-2960, Mon-Fri 8 AM to 6 PM and on Sat 9 AM to 1 PM.

## OBITUARIES

### Alice Joyce Rhodes Munford



Alice Joyce Rhodes Munford, 78, of Cedar City, Utah, passed away peacefully at home from a long battle with dementia and Parkinson's.

Joyce was born to George and Minnie Rhodes in Cedar City, Utah, on March 28, 1941. Joyce attended 12 years of school in Cedar City.

Joyce worked at Colemans for years. She also worked for Lin's for 11 years, but most importantly to her, she was a wife and mother, first and always.

Joyce married her high school sweetheart, Kent Lyman Munford, on October 2, 1959. They lived in Parowan for 2 years, later moving to Cedar.

Joyce was an avid reader. She enjoyed sewing, embroidering, baseball, basketball, cooking, canning, gambling, and visiting with lifelong friends and siblings over coffee for hours. She loved playing games and coloring with her kids and grandkids. She loved it when her grandkids would come spend the

weekends with her.

Joyce's favorite holidays were Thanksgiving and Christmas, having the family all together. Christmases, especially Christmas morning, all the grandkids would come over to eat Christmas breakfast and make a mess opening presents.

She enjoyed her luncheons with the 59ers, her graduating class. Joyce was the truest of best friends, always there when needed to help with kids or lend a helping hand or an ear to listen. She was willing to do anything for anyone.

Joyce was the most special of sisters to each of her 11 siblings.

She is survived by her children, Debbie (Kirby) Jones, Jimmy (Joyce) Munford, Karl (Lori) Munford, Pamela (Lloyd) Munford, Danny (Kitty) Munford, and Randy (Lesley) Munford; her siblings, Nancy R. (Dean) Smith, James Wood Rhodes, G. Nathen (Jan) Rhodes, Karen Lee (Bob) Kuhn; 8 grandchildren: Kasi (Robert) Jones, Austin Jones, Tyler Munford, Tanya (Nate) Kern, AJ (Kiersten) Munford, Cami (Shelby) Meinkey, Ross (Jess) Munford, and FaithAnn Gubler; and 11 great grandkids.

Joyce was preceded in death by her husband Kent L. Munford (2016); parents, George William Rhodes and Minnie Jane Roberts Rhodes; and Daughter-in-law Joyce Munford and siblings, Gladys M. Rhodes, Ada June Rhodes, Mary JoAnn Rhodes Bulloch, Wilber Eugene (Dusty) Rhodes, William Eldon Rhodes, and Marie Ann Rhodes Jones.

Service will be held on Saturday November 23, 2019 at the Cedar 15th Ward (500 West 400 North). There will be a viewing on Friday night November 22, 2019 from 6-8 pm and then on Saturday from 9:30-10:30 am at the church. Interment will be at the Cedar City Cemetery under the direction of Affordable Funeral Services.

The family wishes to thank Five County Aging Agency and Encompass Hospice and Affordable Funeral Services. Online condolences can be sent to her memorial page at [www.affordablefuneralservices.com](http://www.affordablefuneralservices.com).

### Teddie Garrett



Teddie Garrett, 81, passed away on November 14, 2019 in Murray, UT. He was born on April 2, 1938 in Pioche, NV, to Norm and Ada Garrett. He married Barbara Knell on August 29, 1957.

He loved Roberts Deer Camp and looked forward to going there ever deer season. He also loved fishing and golfing and would do them every day if he could. The day Dad's heart stopped he was golfing. It was 11-11 and he was playing the 11th hole and it was his best shot of the day.

He graduated from Southern Utah State College with a bachelor's degree in Education and he taught at many schools in Utah.

He is survived by his children Geri Franz (Rich), Jon Garrett, Laurie Garrett (Lisa), Misty Barnett (Jess), Leeann Anderson (Bart), Jennifer Scovill (Brent-Deceased), his brother Bill Garrett (Cheri) along with many grandkids and great-grandkids, whom he loved and cherished.

He is preceded in death by his loving wife Barbara Knell Garrett, his parents Norm and Ada Garrett, father and mother in-law Harry and Georgia Knell, his granddaughter Jacie Jo Franz and son-in-law Brent Scovill.

The funeral service will be held on Sat November 23 at 10:00 AM. A viewing will be held on Friday evening from 6-8 PM and on Sat from 9-10:30 AM.

Interment will be in the Cedar City Cemetery on Monday the 25th at 10 AM.

### Ronald Starns Mecham



Ronald Starns Mecham passed, surrounded by family members, on November 14, 2019 in Las Vegas, Nevada. He was born July 28, 1942, in Escalante, Utah to Starns and Fontella Mecham. Ron served an LDS mission in the Southern States and returned home to meet the love of his life, Linda Ann Stubbs. On February 14, 1965 they were sealed in the St. George Temple. He attended Southern Utah University, served on the Cedar City Police Department, worked in the construction field and sold industrial chemicals. Ron served valiantly in his church callings and taught others the importance of service by his actions. Their 54 years of marriage produced a legacy of 11 children, 41 grandchildren and 24 great grandchildren. Funeral services will be held at the Church of Jesus Christ of Latter-day Saints, 1707 S Sloan Lane, Las Vegas, NV 89142, on Friday, November 22, 2019 at 11:00, with a viewing preceding from 9-10:30 AM. Interment services will be held at the Parowan, UT Cemetery at 12:00 on Saturday, November 23, 2019.



UT Cemetery at 12:00 on Saturday, November 23, 2019.

## Submitting an Obituary...

There is no charge for obituaries of 400 words or less. Submissions can be made online at [ironcountytoday.com](http://ironcountytoday.com), or emailed to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or brought to 389 N 100 W, #12, Cedar City, Utah 84721. A single submission may include up to two photos. The deadline for submission is Monday at noon. For pricing information for obituaries longer than 400 words, please call 435-867-1865 ext. 5.

SCORES & RECAPS  
FROM COMPETITION  
IN IRON COUNTY

# Sports

## BEAVER CRUISES TO 2A TITLE

by Tom ZULEWSKI

IRON COUNTY TODAY

**ST. GEORGE** — Sometimes, championship teams have secret weapons they save for special times. The Beaver Beavers pulled their secret weapon out of the bag and ran away with a 2A state football title.

Crayton Hollingshead threw a pass out of the halfback option to E.J. Allred for a 67-yard touchdown on the first play of the second quarter to break a tie, and the Beavers rolled from there to a convincing 45-6 rout over the Milford Tigers on Nov. 16 at Trailblazer Stadium on the Dixie State campus. It was Beaver's first title since 2016 and denied Milford a third straight crown after winning the last two as a 1A member.

The Beavers also completed its first undefeated season since 1979 and finished 13-0 for the first time since 1973.

"We've been working on that play all year, but this was the first time we ran it," Beaver head coach Jon Marshall said of the go-ahead scoring play. "Crayton did a great job making the throw and E.J. with the catch."

Beaver quarterback Ryker Albrecht did his part with three touchdown runs, including two in the second quarter that put the lead at 24-6 heading to the half. With the memory of a defensive struggle in a 14-7 semifinal win over Duchesne a week earlier still fresh, the surge made all the difference.

"Because we've had so many games we've won by a long way, we got really nervous against Duchesne," Marshall said. "We felt that, and it was very uncomfortable. I like that after Milford got a touchdown we came right back."

The Tigers (11-2) marched 86 yards in seven plays on its opening drive for the game's initial score, a 51-yard touchdown pass from senior Bryson Barnes to running back Bret Beebe. Albrecht helped the Beavers respond on the next series with a 3-yard TD run that tied the game at 6-6 with less than three minutes left in the first quarter.

### BEAVERS CRUSH TIGERS' THREE-PEAT HOPES

"We knew our offense would play well," Albrecht said. "When we got the trick play that got us the lead, it was big. Duchesne helped us focus and know we had to play hard again. Our line had to play their butts off and our running backs needed to run hard and hold on to the ball."

After Treyson Hunter

intercepted a Barnes pass, Albrecht scored on a 1-yard run with 26 seconds left in the half. On the ensuing kickoff, the Beavers recovered a fumble at the Milford 20, but a 33-yard field goal try from Dylan Bartlett sailed wide left on the final play.

Milford got the ball to start the third quarter and had good field position, but Barnes was intercepted for the second time by Jarret Fairhurst at the Beaver 2-yard line. On the second play, Kaleb Barney took a pitch from Albrecht, found a hole, and took off for a 95-yard touchdown. When Albrecht ran in the two-point conversion, it pushed the margin to 32-6 and the rout was taking shape.

Barnes was intercepted for a third time on Milford's next series, and Hollingshead scored from a yard out midway through the period. Beaver took advantage of a poor punt from Milford and Barney completed the scoring in the final minute, and the scoreboard stayed quiet throughout the fourth quarter.

The Tigers' deepest penetration of the second half came on its final possession, but a fourth-down pass from the Beaver 9 went out of the back of the end zone and incomplete with 2:34 remaining. The Beavers got two first downs and ran out the rest of the clock to start the celebration.



**BEAVER'S MCCO SMITH HOLDS THE 2A CHAMPIONSHIP TROPHY** after the Beavers beat Milford 45-6 in the 2A state title game on Nov. 16 at Trailblazer Stadium in St. George.

	Beaver	45														
	Milford	6														
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Milford	6	0	0	0	--	6										
Beaver	6	18	21	0	--	45										
<p><b>Q1</b> – M – Beebe 51 pass from Barnes (pass failed) B – Albrecht 3 run (kick failed)</p> <p><b>Q2</b> – B – Allred 67 pass from Hollingshead (kick failed) B – Albrecht 20 run (run failed) B – Albrecht 1 run (run failed)</p> <p><b>Q3</b> – B – Barney 95 run (Albrecht run) B – Hollingshead 1 run (run failed) B – Barney 1 run (Bartlett kick)</p>																



**WHEN LADY REDS SENIOR SOFTBALL STAR BRITTNIE SIMCOX graduates next year, she will be taking her softball talents to Lamar Community College in Colorado.**



TOM ZULEWSKI

## Simcox signs with Lamar

by Tom **ZULEWSKI**

IRON COUNTY TODAY

Brittnie Simcox had another college in mind in Southern California when she heard the pitch from Lamar Community College, a school located in the southeast corner of the state near the Kansas border.

Once she paid the visit to campus, the rest was history for the Cedar High softball catcher.

Simcox sealed the deal Nov. 15 when she signed her letter of intent to join the Antelopes for the 2020-21 season. The senior talked about how her impressions changed once she stepped on the field with the current Lamar team.

"You don't know unless you go, right?" Simcox said. "I told my dad 'I could see myself here, I guess,' but then I had a practice with the outfielders and catchers. The second I stepped on the field and the coach arrived, I knew that was my school.

"The coach is stern and to the point, and that's what I like."

Simcox began playing the game at 8 years old with the help of a pitching machine.

"I did it for one season and said 'I'm ready for the real thing,'" she said. "I wasn't as good as the people next to me. I had to work really hard and fell in love with the game immediately. My brother and sister played and I grew up watching them."

As Simcox heads to her final season in a Cedar uniform, she hasn't lost in Region 9 play – 34 straight games and counting – along with her fellow seniors Japrix Weaver, Denim Henkel, Becca Boyer, Shanda Sanders and Kenadee Stubbs. Even with the addition of two more region games for 2020, the confidence is strong.

"We're gonna do it again," Simcox said. "My goal is to get better, stronger and be the best I can be. If it's harder, we'll push harder. If it's easier, we're still gonna push harder."

The early exit from last year's 4A state playoffs only adds to the drive for Simcox and the Lady Reds.

"You have to go through (adversity) to grow through it," she said. "We're going to be better."

Simcox began her freshman year at Canyon View, but transferred to Cedar as a sophomore.

"It's the best switch I ever made," Simcox said. "My friends and my teammates made the experience at Cedar so much better. I'm glad I decided to come here when I did."

Simcox will major in business at Lamar.

# T-Birds reclaim Grand Canyon rivalry trophy with win over NAU

by Bryson **LESTER**

SUU ATHLETICS STRATEGIC COMMUNICATION

**CEDAR CITY** — The Thunderbird football team picked up their third victory of the season on Saturday at Eccles Coliseum, knocking off Northern Arizona and reclaiming the Grand Canyon Trophy with a 31-30 win.

"I'm just proud of the guys," SUU head coach Demario Warren said. "We've been trying to work on getting better each and every week. We knew how big this game was. We were 2-2 at home, we wanted to send the seniors off with a win at home and make sure the home crowd saw more wins than losses. Against unranked opponents we'd have a winning record now. I've got to take my hat off to NAU, those guys played their butts off. Case Cookus is one of the best quarterbacks in Big Sky history and it's been fun competing against him if it's his last year."

The Thunderbirds were able to score on their opening drive of the game, as Manny Berz knocked home a 24-yard field goal attempt. That gave SUU a 3-0 lead. NAU responded with a field goal of their own to tie up the game at 3-3.

After the first quarter ran out, the Lumberjacks were able to strike again as Case

added another field goal to take a 20-17 lead. That remained the score at the break.

The high scoring continued as the second half commenced. On SUU's first drive of the second half the Thunderbirds scored on an 11-play, 90-yard drive capped by a Karris Davis touchdown run. SUU took the lead at that point, 24-20.

The Lumberjacks were quick to respond, as they had a seven-play, 69-yard drive to re-take the lead 27-24.

Southern Utah scored again on their next drive, keeping the momentum switching back-and-forth. Duckett scored his third touchdown of the game from 54 yards away, and the T-Birds went back ahead 31-27.

As the fourth quarter started the Lumberjacks added another field goal to cut the T-Bird lead to one, 31-30.

From there, the T-Bird defense took over. The Thunderbirds didn't give up another point to NAU, including a fourth down stop on their one-yard line, and SUU secured their third victory at home this season.

Duckett was the star for the Thunderbirds. He rushed for 130 yards and two touchdowns, along with catching five passes for 81 yards and



COURTESY OF SUU

**THE SUU THUNDERBIRDS FOUGHT FEARLESSLY** and held onto a one point lead as they cut down the Lumberjacks from Northern Arizona.

Cookus found Brandon Porter from 31 yards away to put NAU up 10-3.

The Thunderbirds responded with a touchdown of their own, as a trick play resulted in a 44-yard touchdown pass from Chris Helbig to Thomas Duckett and tied up the game 10-10.

On NAU's next drive, they were able to put seven more points on the board to take a 17-10 lead.

The scoring continued on the next drive for SUU, as Duckett broke into the endzone for SUU for the second time. To tie the game up at 17-17, though, he did it on the ground.

With about two minutes remaining before the opening half ran out, the Lumberjacks

another touchdown.

Helbig was incredibly efficient, completing 22-of-27 passes for 290 yards. Karris Davis also had a score on the ground for SUU.

Alex Sims finished the game with eight tackles. Bishop Jones had seven tackles and one sack.

For the Lumberjacks, Case Cookus finished with 325 yards through the air and one touchdown. Brandon Porter was his top target, catching 10 passes for 151 yards and one touchdown.

The T-Birds will wrap up their season next weekend against the Fighting Hawks of North Dakota.

## Scoreboard

### SCORES

#### High School Football

4A SEMIFINALS @ RICE-ECCLES STADIUM SALT LAKE CITY

11/14 Park City 48, Pine View 21  
11/15 Sky View 49, Dixie 21

2A CHAMPIONSHIP @ DIXIE STATE

11/16 Beaver 45, Milford 6

#### Big Sky Football

11/16 So. Utah 31, No. Arizona 30  
N. Dakota 45, No. Colorado 38  
BYU 42, Idaho State 10  
Montana 35, Weber State 16  
Sacramento State 31, Idaho 7  
Montana State 27, UC Davis 17  
E. Washington 42, Cal Poly 41

### STANDINGS

#### Big Sky Football

	REGION	OVERALL
Montana	6-1	9-2
Weber State	6-1	8-3
Sacramento St.	6-1	8-3
Montana State	5-2	8-3
E. Washington	5-2	6-5
UC Davis	3-4	5-6
Portland St.	3-4	5-6
Idaho	2-5	4-7
N. Arizona	2-5	4-7
Southern Utah	2-5	3-8
Idaho State	2-5	3-8
N. Colorado	2-5	2-9
Cal Poly	1-6	2-8

### SCHEDULE

#### High School Football

4A CHAMPIONSHIP @ RICE-ECCLES STADIUM, SALT LAKE CITY

11/22 Park City vs. Sky View, 11 a.m.

#### Big Sky Football

11/23 So. Utah at N. Dakota, Noon  
Montana at Montana St., Noon  
Cal Poly at No. Colorado, Noon  
Idaho at No. Arizona, 2 p.m.  
Idaho St. at Weber St., 2 p.m.  
Portland St. at Ea. Wash., 3 p.m.  
UC Davis at Sac. State, 4 p.m.

# Cougars outlast Thunderbirds in nail-biter

by Bryson LESTER

SUU ATHLETICS STRATEGIC COMMUNICATION

**PROVO** — In an incredibly close contest at the Marriott Center in Provo, the Thunderbird men's basketball team fell to the BYU Cougars 68-63.

"Obviously it's disappointing," SUU head coach Todd Simon said. "This was a game we felt like we could and should have won, but it's tough on the road. To hold BYU to 68 on their home floor is difficult to do."

With the result the T-Birds are now 2-1 on the season.

The Thunderbirds struggled to get going offensively in the opening half but warmed up as the first 20 minutes wore on. They ended up shooting 52 percent in the first half, but weren't able to execute on a triple.

The Cougars led 36-31 at the break. Cameron Oluyitan was the leading scorer for the T-Birds through 20 minutes with eight points.

The second half stayed incredibly tight throughout, as neither team took a lead larger than six points over the final 20 minutes of play.

With 34 seconds to play, BYU's Jake Toolson hit a triple to put the Cougars up four. After a John Knight III free throw, the T-Birds got a stop and with 17 seconds left Dre Marin had a good look at a three that just missed and the Cougars were able to escape with the victory at home.



COURTESY OF SUU

**EVEN THOUGH THE T-BIRDS DIDN'T COME AWAY WITH THE WIN**, they came away with greater confidence in their abilities and teamwork to conquer their next opponent.

Knight III finished the game as the leading scorer for the T-Birds, scoring 22 to set an SUU career high. He had 16 of those 22 points in the second half. Andre Adams finished the game with 12 points. Harrison Butler dropped in 11.

"I think we played an overall decent game; we've just got to cut down on our

turnovers," Knight III said. "We had a lot of unforced turnovers that are all on us, we've just got to work hard at practice and cut down on those."

The T-Birds finished the game 0-of-12 from three.

Toolson finished the game as the leading scorer for the Cougars with 22.

# Comeback falls just short for Lady T-Birds in Phoenix

by Kyle BIRNBRAUER

SUU ATHLETICS STRATEGIC COMMUNICATION

**PHOENIX, Ariz.** — The Southern Utah women's basketball team took their first loss of the season Thursday night, falling 69-65 at the hands of Grand Canyon University.

Rebecca Cardenas was the leading scorer for the T-Birds, leading all scorers with 18 points on the night. She also had seven assists, two rebounds, and two steals. Jessica Chatman followed right behind her with 17 points, 15 of them scored in the second half. Chatman was the team's leading rebounder with eight and went 8-for-8 from the free throw line. Shalyn Fano was the only other Thunderbird in double-digit points, putting up 11 on 3-for-3 from three-point range.

The T-Birds never held a lead in the game, as they got off to a very slow start,



**IT WAS A TOUGH NIGHT FOR THE T-BIRDS** in Phoenix, but they will rise from the ashes and keep fighting for their next victory.

shooting just 21 percent from the field in the first half. The Lopes put together a couple of short runs throughout the first half that put more and more distance between them and the Thunderbirds.

They held a 13-point lead at halftime.

The Thunderbirds came out of the break and put together a 10-2 run that cut the GCU lead to five in just three minutes of play. The Lopes immediately responded however and pushed their lead back out to 13 points and kept it there throughout the rest of the quarter for the most part.

GCU extended their lead to 17 with just over five minutes left to play in the game. That was when the T-Birds launched their comeback effort behind a 13-2 run that cut the lead to just six with 30 seconds to play. A three from Chatman with 15 seconds left brought them within three points of the Lopes, but the home team was able to hang on for the 69-65 win.

COURTESY OF SUU

# Almost time to take things inside

Last winter, the Cedar Lady Reds did something amazing on the basketball floor. Not only did they win their first 4A state title as a program, but they did it without a loss.

When it comes to a winning streak of that size, head coach Corry Nielsen wasn't buying into any of the thoughts that it was a pretty big deal.

All about "one-game seasons," so he said in frequent post-game and practice interviews.

Fair enough, but now comes the hard part. With a new RPI system in place that takes every game on the schedule into account, can Cedar grab the big trophy again?

If nothing else, the preseason schedule they have will provide a multitude of challenges before Region 9 play even begins.

The team opens with the Emery Spartans at home Nov. 26. Emery has won the last two 3A crowns and is riding a 40-game winning streak overall. The Spartans suffered their only defeat in the stretch Jan. 2, 2018, a road loss at Richfield nearly two years ago.

Cedar has a streak-stopper win on its resume, though. The Lady Reds derailed Panguitch's 64-game run – only the second-longest streak in state history – on Dec. 29, 2015 at the Steve Hodson Cancer Classic.

The toughness will be just getting started. Cedar will play at Bishop Gorman in Las Vegas on Dec. 6, then faces a stretch of five games in seven days from Dec. 11 to Dec. 18, including the two 6A state finalists from 2019, Bingham and Copper Hills.

To a player, Cedar is ready for the challenge. It's doubtful they'll care much when the winning streak finally stops because the big prize of another state title will be far enough away.

That's why they play the games in the first place.

» Kyle Busch has officially earned his second Monster Energy NASCAR Cup after he won the Ford EcoBoost 400 on Sunday at

Homestead-Miami Speedway. It's a tremendous achievement, no doubt, but you just had to wonder if it was all going to come true 10 weeks earlier.

When KB is on, he's an amazing racer. When he's off – as he was at Las Vegas in the 10-race playoff opener Sept. 15, he's not in the mood for much of anything, let alone talking about why he finished 19th.

Busch wanted to do everything in his power to get out of the media scrum after the South Point 400 was finished. One-word answers to questions were combined with a dismissive attitude.

He may not have cared about the championship then, but shame on us if we were fooled by the display. Busch got through the first round despite finishing 37th at Charlotte, advanced to the round of 8 despite a 19th-place run at Talladega,

earned enough points there, and won at Homestead – which is becoming absolutely necessary – to win the title.

Busch led 120 laps, 17 more than runner-up Martin Truex, Jr., who was going after his second title as well.

Truex won in Vegas in September, but luck wasn't with him at Homestead this time around.

Sunday's win was Busch's 56th as a Cup driver, matching his Truck Series total, and 208th of his NASCAR career. He's still only 34 years old and became only the seventh driver to win two Cup titles.

Now comes the hard part. Go get the next one. Your greatness is already secured.



## RANDOM Thoughts

by Tom ZULEWSKI

SPORTS WRITER

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

EVEN WITH THE DIFFICULT LOSS, the Thunderbirds remain vigilant and confident going into their last two conference matchups.



COURTESY OF SUU

## Thunderbirds fall in four to Grizzlies

by Taylor WHITSON

FOR IRON COUNTY TODAY

**MISSOULA, Mont** — The Southern Utah volleyball program started out hot in Missoula but ultimately fell 3-1 to the Montana Grizzlies. The Thunderbirds are now 13-15 overall and 6-10 in Big Sky Conference play.

"If you don't pass then you don't win matches," said head coach Pete Hoyer. "We were also out-served and just didn't perform to our abilities. Katie stepped up in blocks which was one of our goals but we still haven't seen a consistent performance from our line up in the past two weeks. We have to step it up heading into these last two conference matchups."

Middle blocker Katie Montgomery led in kills Saturday evening with 13, followed by Stacey Hone who had 11. Corrin Peterson chipped in 43 assists, respectively. Defensively, Montgomery led the T-Birds in blocks with seven while Thea Leiataua led in digs with 14.

The T-Birds trailed by one at the 10 point mark to open things up in Missoula. SUU quickly caught the Grizzlies at 14-14, then tied the score

again at 16-16. After an assisted block from Peterson and Montgomery followed by a Grizzlies attack error, the Thunderbirds secured the lead at 18-16. SUU kept a hold of the set, taking it as their own 25-22.

The score knotted early in the second set at 7-7 and 8-8. As play continued the Grizzlies separated themselves from the Thunderbirds by four at 15-11 where SUU called their first timeout of the set. Coming

out of the break the T-Birds were not able to recover as Montana took the set 25-18.

During the third set the Thunderbirds found themselves trailing by five at 14-9 but their 5-0 scoring run brought them right back into the game at 14-14. Montana answered back by going on their own 6-1 scoring run, pushing their lead to 20-15. The Grizzlies closed the set

with a 25-17 victory.

SUU called their first timeout at 13-6 where they chased the Grizzlies seven point lead. As the set unfolded Montana only extended their lead, pushing it to ten at 18-8 where Hoyer called his second timeout of the set. After the break Montana took the set 25-12, earning the Grizzlies a 3-1 match victory.

“If you don't pass then you don't win matches”

» Pete Hoyer, SUU head coach

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**LEGAL NOTICES**

**SUMMONS**

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Email: cjones@waymentandjoneslaw.com

IN THE FIFTH JUDICIAL DISTRICT COURT IN AND FOR IRON COUNTY, STATE OF UTAH

PHIL E. SCHMIDT FAMILY, LLC, SERIES 2,  
Plaintiffs,

v.

THE HEIRS AND DEVISEES OF PARSON U. WEBSTER, THE HEIRS AND DEVISEES OF EVELYN P. WEBSTER, THE HEIRS AND DEVISEES OF MARJORIE WEBSTER, FRANCIS P. WEBSTER, RICHARD P. WEBSTER, DANIEL ALAN WEBSTER, and JOHN DOES I-X,

Defendants.

**SUMMONS FOR PUBLICATION**

Case No. 190500155  
Judge Matthew L. Bell

THE STATE OF UTAH TO THE ABOVE-NAMED DEFENDANTS:

You are hereby summoned and required to file an answer in writing to the attached Complaint with the clerk of the above entitled Court, located at 40 North 100 East, Cedar City, Utah 84720. You are also required to serve upon, or mail to, Plaintiff's attorney, a copy of said Answer within twenty-one (21) days after the service of the Summons upon you if you reside within the State of Utah, or thirty (30) days after the service of Summons upon you if you reside outside the State of Utah.

If you fail so to do, judgment by default will be taken against you for the relief demanded in said Complaint, which has been filed with the Clerk of said Court.

This is an action to quiet title in favor of the Plaintiffs to the following described property:

**North Gap Parcel Between B-1269-0000-0000 & B-1289-0000-0000**

A parcel of land situate in the Southwest Quarter of Section 3, Township 36 South,

Range 11 West, Salt Lake Base and Meridian, being more particularly described as follows:

Beginning at a point on the North line of the Southwest Quarter of Section 3, said point being North 89°20'23" East 332.03 feet along the Quarter Section line from the West Quarter Corner of Section 3, Township 36 South, Range 11 West, Salt Lake Base and Meridian, said West Quarter Corner being North 00°06'13" West 2,646.72 feet from the Southwest Corner of said Section 3, and running; thence North 89°20'23" East 484.55 feet along the North line of the Southwest Quarter of said Section 3; thence South 00°15'08" East 5.54 feet; thence South 89°18'47" West 484.51 feet; thence North 00°39'37" West 5.77 feet to the point of beginning.

Contains 2,740 square feet or 0.063 acres.

**West Gap Parcel Between B-1289-0000-0000 & AIRPORT ROAD**

A parcel of land situate in the Southwest Quarter of Section 3, Township 36 South, Range 11 West, Salt Lake Base and Meridian, being more particularly described as follows:

Beginning at a point at the intersection of the Easterly Right-of-Way of Airport Road and North line of the Southwest Quarter of Section 3, said point being North 89°20'23" East 285.92 feet along the Quarter Section line from the West Quarter Corner of Section 3, Township 36 South, Range 11 West, Salt Lake Base and Meridian, said West Quarter Corner being North 00°06'13" West 2,646.72 feet from the Southwest Corner of said Section 3, and running; thence North 89°20'23" East 46.11 feet along the North line of the Southwest Quarter of said Section 3; thence South 00°15'27" East 445.78 feet; thence South 89°18'47" West 37.98 feet to a point on the Easterly Right-of-Way of said Airport Road; thence North 01°18'09" West 445.82 feet along said Easterly Right-of-Way to the point of beginning.

Contains 18,742 square feet or 0.430 acres.

If Plaintiffs are successful in this action, title to the property will be quieted in favor of the Plaintiffs and against all interests in and to the property herein described. A copy of the Complaint in this action has been deposited with the Clerk of the Court and can be picked up by anyone claiming an interest in the above-described property at no charge.

DATED this 31st day of October, 2019.

WAYMENT & JONES LAW  
/s/ Justin W. Wayment  
JUSTIN W. WAYMENT  
Attorneys for Plaintiffs

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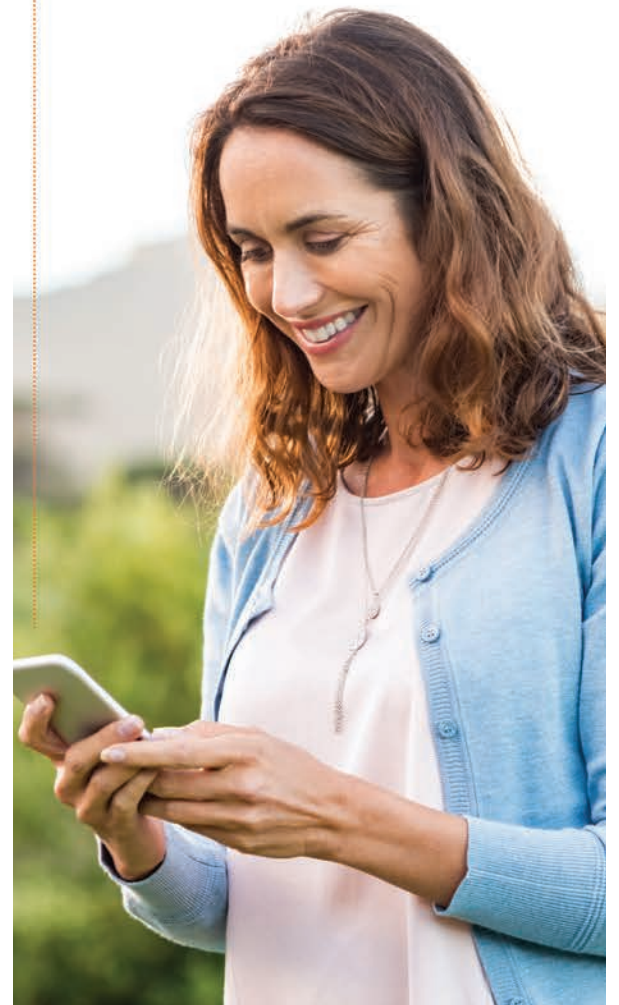
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