

**INSIDE...**

**SUICIDE  
PREVENTION  
WALK HELD IN  
CEDAR CITY**



WEDNESDAY, SEPTEMBER 25, 2019

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**today**



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- 4 Opinion
- 10 Showcase
- 14 Life
- 25 Sports
- 29 Classifieds
- 33 Comics/Puzzles



Life

MacArthur Fellow, Musician, to give Human Values Lecture at SUU

IRON COUNTY



# OUT OF DARKNESS



COREY BAUMGARTNER

**SURVIVORS AND SUPPORTERS** share encouragement, hope and love as they walk together to fight back against suicide.

## COMMUNITY WALK BRINGS SUICIDE INTO THE LIGHT WITH HOPE, LOVE

by Corey BAUMGARTNER

IRON COUNTY TODAY

**CEDAR CITY** – The Utah Chapter for the American Foundation for Suicide Prevention held its 2nd annual “Out of the Darkness” community walk last Saturday morning. The walk helped raise awareness

about suicide, while honoring and remembering the lives of all those affected by it. It was a walk to give hope and love to friends and families as they shared memories of loved ones and also to provide encouragement to survivors and any still struggling in the darkness of suicide’s shadow. The walk reminded everyone that they are not

alone, that their lives matter and that they are needed in this fight.

The annual walk and fundraiser is also part of a nationwide movement seeking to end the stigma and silence of suicide. Its goal is to create more awareness to inspire people to get involved by sharing their stories and struggles to help create real and

lasting change. Money raised from the event is invested in research, training, education and support for all those affected by suicide.

Prior to this year’s walk, thoughts of courage and camaraderie, loss and love, were shared by the AFSP

# RAPE SUSPECT AT LARGE

from Sergeant Clint **POLLOCK**  
CEDAR CITY POLICE DEPARTMENT

**CEDAR CITY** — On the night of Sept. 18, 2019, the Cedar City Police Department was made aware of a rape. The Cedar City Police Investigations has been diligently investigating this case and it has been determined that the suspect is a public safety risk. This incident occurred in the area of 576 W 1045 N.

The suspect is described as Caucasian male, approximately between 5'8" and 6' tall, wearing a burgundy hooded sweater, with an average build, and wearing a dark mask. If you are in this area, we ask that you be vigilant, aware of your surroundings, and have safety measures in place to protect yourself.

We are seeking any information related to this incident. If you have any information related to this case, please contact Detective Orton, (435)586-2956.

# Cedar Mayor signs US Constitution Proclamation

from Sandy **BALL**  
DAR

Members of the Bald Eagle Chapter of Daughters of the American Revolution thank Cedar City Mayor Maile Wilson-Edwards for signing the proclamation celebrating the 232nd anniversary of the US Constitution. This valuable document protects the freedoms important to our American way of life.



COURTESY PHOTO

(L TO R) **DAR BOARD MEMBERS** Mary Gillespie (Treasurer), Mayor Maile Wilson-Edwards (With signed proclamation), Alexandra Ball (Regent), Tiffanie Matthews (Registrar)

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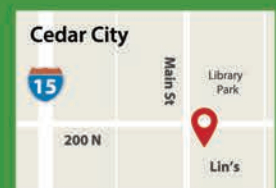
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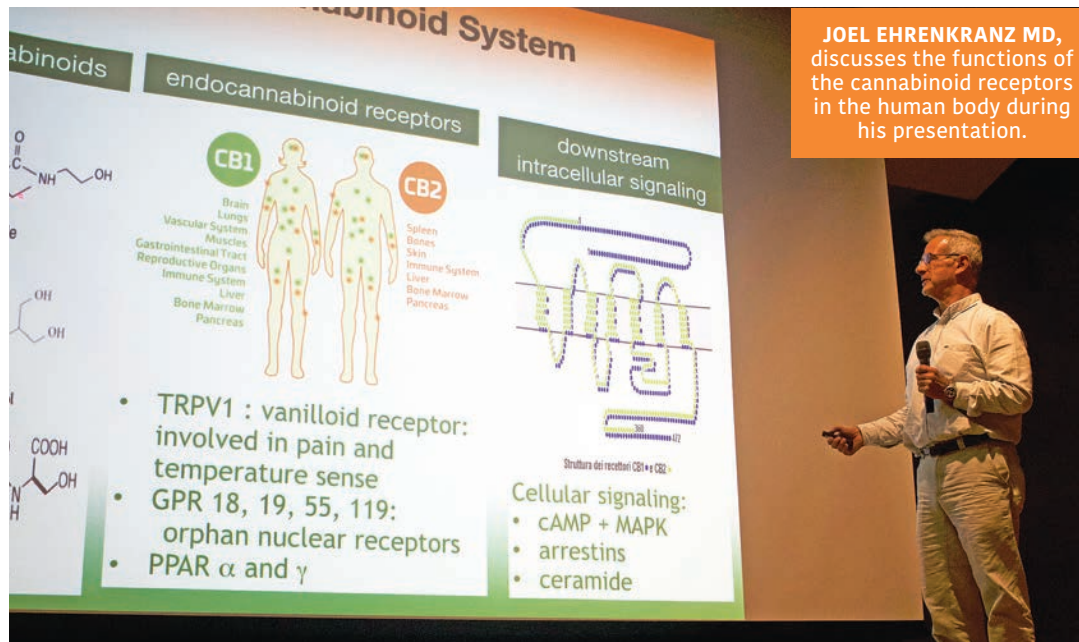
# Developments in the Utah Medical Cannabis Act

by Shay **BARUFFI**

IRON COUNTY TODAY

Southern Utah University hosted a presentation by Steve Ipsen RN, MSN with the Utah Department of Health and Joel Ehrenkrantz MD, an Endocrinologist with Intermountain Healthcare. The two described what is going on with the Medical Cannabis Act in Utah. Steve Ipsen focused on the law portion of the act and Joel Ehrenkrantz MD concentrated on the medical information associated with medical cannabis.

Steve Ipsen RN, MSN is with the Utah Department of Health and is on the board associated with the Medical Cannabis Act. Ipsen gave a summary of the basics of the Medical Cannabis Act and the recent changes made. He stated Utah is dedicated to creating the best possible medical cannabis program in the nation and in doing so they have to make it accessible to those who need it. According to recent changes to the act, 14 medical cannabis pharmacies will be open in Utah instead of the originally approved 7 pharmacies. Utah is not taxing medical cannabis like other states have been, Utah wants to make the product available to the people at a



**JOEL EHRENKRANTZ MD**, discusses the functions of the cannabinoid receptors in the human body during his presentation.

was, Joel Ehrenkrantz MD, chief Endocrinologist for Intermountain Healthcare and member of the board associated with the Medical Cannabis Act. Ehrenkrantz states, "Using plant material for medicinal properties is something that is hardwired in our species." He discussed how the cannabis plant has been used medically in the past and present, and evidence shows that people have been using cannabis since 2500 BC.

"Everyone's body makes cannabis like compounds. If you have a spinal cord, you have cannabinoid receptors, these receptors are evolutionarily very old," stated Ehrenkrantz. According to the presentation, the receptor that is activated by spicy peppers or capsaicin, this is the same receptor activated by cannabinoids. While medical cannabis is not going to have the same effect as most opioids, meaning cannabis won't take the pain away entirely, cannabis does have analgesic properties. Recommending cannabis will be no different than prescribing any other form of controlled substance. For more information on the Utah Cannabis Act visit their website at [www.TheAnswerPage.com](http://www.TheAnswerPage.com).

*“Using plant material for medicinal properties is something that is hardwired in our species”*

» **Joel Ehrenkrantz MD, Endocrinologist, Intermountain Healthcare**

reasonable cost.

Ipsen states, "We should see pharmacies and more evidence of the Medical Cannabis Act appearing in Spring of next year, around March of 2020." Patients with qualifying conditions will need to have a recommendation and appropriate medical dosing amount

information from their physician. Ipsen assured the audience that the board is working as hard and fast as they can with their limited staff and budget to get these pharmacies up and running. He also suggests, "Don't vape in this current climate until the pharmacies are up and running. Our state is ripe

for black market activity because we don't have any product legally available. Make sure the product is approved by the Utah Department of Agriculture when it does become available here." Like many changes it may take a while to acclimate to the new law. The second presenter

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## CANDIDATE SPOTLIGHT

## ★ Parowan City Council ★



## Dayla Ulrich

Hi, I am Dayla Ulrich and I am ready to work for you! I look forward to the opportunity to address the issues our community faces as we approach growth in a way that is both sustainable and resilient. I will work hard to facilitate economic health for our community while focusing on strengthening our businesses and improving the quality of life of our citizens. Simply put, I care about our community and I am ready to stand my ground on the issues that matter to you.

As a business owner, my husband and I currently operate two businesses in Parowan. I spend my work week at our vegetable farm, Sweet Pea Farm & Orchard, providing locally grown food to our community. I received my bachelor's degree in agriculture from Southern Utah University and my master's degree in sustainable food systems.

I am accessible most days at my business, 136 South 600 West, and I welcome conversations from you regarding your concerns and visions for Parowan. You can also call me at 435-531-6461, or email me at [daylaforcitycouncil@gmail.com](mailto:daylaforcitycouncil@gmail.com).

Register to vote today, watch for your ballot in the mail in late October, or register to vote at the polling location on November 5th and vote for Dayla Ulrich, Parowan City Council.

## United Utah Party officially organized in Iron County

At a meeting on Saturday, September 21, in the Cedar City public library, the United Utah Party state chairman Richard Davis lead the official organizing convention for United Utah Party in Iron County and county officers were installed.

The Iron County chairman is Ruth Scovill. Iron County vice-chairman is Patricia Bradford. Iron County treasurer is Troy Stonely. The mission of the United Utah party: "The United Utah Party unites all who want to end the extreme partisanship that has corrupted our political conversation. We focus on practical solutions based on common sense and common ground. We are the voice for Utah's Uniter."

For more information about the party, visit <https://www.unitedutah.org>. If you are interested in joining the party, you can self-register on the State of Utah website: <https://elections.utah.gov/>. If you are interested in more information about becoming involved locally, including considering running for election through the United Utah party, contact Ruth Scovill at [ruthscovill@gmail.com](mailto:ruthscovill@gmail.com).

The United Utah party is currently sponsoring an initiative to limit terms in the state of Utah. This includes 8-years or two consecutive terms for executive offices and 12-years or three consecutive terms for state representatives and state senators. For more information, visit <https://unite4termlimits.org/> or to sign a paper petition, contact Ruth Scovill.

## OPINION



## From the Editor

## Marginal Matters

Even though I don't use lined paper for writing, I came across an interesting fact about margins. You know, those red lines down the left and right sides of notebook paper, or the spaces around the text in books. Margins come in handy for notes, but at one time they had a more unique purpose.

Mice and rats may not be able to read, but they love the taste of paper. However, they usually only eat around its edges.



**COREY BAUMGARTNER**  
MANAGING EDITOR

So, paper manufacturers added margins as a safeguard to satisfy the rodents' journalistic appetites while also helping to protect the written works.

We all need margins, or buffers in life to help keep us on track when the proverbial rats and mice threaten to eat our joys and successes. Patience, Persistence, Productivity, Playfulness and Pardoning others, including yourself, may just be the margins that matter the most.

## Thought of the Week

from the desk of R. Gail Stahle, publisher

**"Indecision may or may not be my problem."**

» Jimmy Buffett

Submit your letter at [ironcountytoday.com](http://ironcountytoday.com), or email them to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or bring/mail them to 389 N 100 W, Cedar City, Utah 84721. All letters must be signed, be brief (generally under 300 words in length), list the author's city and give the writer's telephone number (phone number will not be printed). We reserve the right to edit all letters for length or content. For letters arriving electronically, we will use the author's e-mail address in lieu of a signature.

## OPINION

## To the Editor

### Let's #StopSuicide

Dear Editor,

Suicide is the 10th leading cause of death in the United States, but it can be prevented! September is National Suicide Prevention Month with National Suicide Prevention week occurring September 8-14th.

Growing up, suicide was only something that older people who had experienced divorce or depression did. These days, the majority of suicide victims are teens and young adults. Kids are being judged about their choices in dress, financial circumstances, lifestyle choices and sexual orientation. We need to come together as a community and learn how to be accepting of the challenges these kids are facing and how to help them without shaming them. I can tell you... this is not "Just a phase" they are going through.

Throughout Suicide Prevention Month, I will be urging my public officials to prioritize suicide prevention and mental health and to "Be the Voice" for the millions of Americans affected by suicide each year.

To prevent suicide, we need to:

1. Invest in suicide prevention research within the National Institute of Mental Health at a level equal to the suicide problem in our country.

2. Strengthen oversight for mental health parity at the state and federal levels.

3. Fully fund the National Suicide Prevention Lifeline (1-800-273-8255 [TALK]) and local crisis call centers.

4. Make Service member & Veteran suicide prevention a national priority.

Please join me by calling your members of Congress and your state and local officials to ask them to make suicide prevention the priority it deserves to be. Together, we can save lives.

Sincerely,

Joely Nelson

## When tragedy strikes, should families of accused also suffer?

by Dr. Buck **BLODGETT**

FOR IRON COUNTY TODAY

**W**hen the most heinous crimes occur – murders, mass shootings, serial killings – much of the focus understandably turns to the victims and their grieving families who struggle to make sense of senseless violence.

But the perpetrators have families, too, who often are horrified and guilt-ridden by what happened.

Even the famous are not immune. Olympic gymnast Simone Biles revealed recently how agonizing it was to process the news after her brother was charged in a triple homicide. Biles tweeted that her "heart aches" for the victims and their families. But she also asked for respect for her family's privacy "as we deal with our pain."

"It's an understandable request because the pain of an accused perpetrator's family can be unbearable," says Dr. Buck Blodgett, who wrote A Message from Jessie and founded the LOVE>hate Project ([www.ligth.org](http://www.ligth.org)) after his daughter was raped and murdered by an ex-boyfriend in her own home.

Even as he mourned his daughter and sought justice, Blodgett felt empathy for the parents of the young man eventually convicted in her death.

"They are good people," he says. "They unquestionably provided a loving, caring, quality home environment for their children. They had nothing to do with the choices their son made. And they have been through a hell that few can imagine."

Blodgett has a message for those caught up in either side of a tragedy – and for anyone who struggles to understand why the world is filled with such suffering:

### Don't lose faith in human goodness.

Blodgett remembers during one court hearing when he and his wife passed the defendant's parents and their family. They exchanged hugs, blessings and sympathies. Later, two members of the family approached him and thanked him "for the grace you have shown our family." Blodgett says that touched him. "The fact that two families on opposite sides of a murder trial could show each other respect, empathy and love meant everything," he says. "It brought faith in the goodness of people, and a small measure of healing back into our families."

### Understand who is really responsible.

After his daughter's murderer was sentenced, Blodgett approached the convicted killer's mother, hugged her and told her she was a great mom. He imagined she must ask herself numerous questions, including "Could I have done something different?" Blodgett says that's the wrong question, and says it's better to ask: "Why did (the killer) choose to use his gift of free will in this way?"

### Choose love over hate.

Once tragedies happen, they can't be undone, and the grieving process may never end, but Blodgett is convinced people can create some good out of even the most horrible of events, regardless of which side of that event they fall on. In Blodgett's case, he founded the LOVE>hate Project with the mission of ending violence against women and promoting love over hate.

"How do you overcome something like this?" Blodgett asks. "With love. With an open heart, an open mind, an open will. For me, the answer is refusing to let hate win; refusing to let it shape me, govern my actions, tell me who I am. Hate is not allowed in my heart."



### IRON COUNTY FORECAST

AFTER AN EXCELLENT FALL-LIKE WEEKEND THIS UPCOMING WEEKEND WILL BE A MUCH CLOUDIER, COLDER, AND A POTENTIALLY STORMIER ONE. RAIN IS LIKELY AT TIMES AND MIGHT EVEN FIND SOME SNOW WITHIN, BUT THAT SHOULD COME AFTER THE WEEKEND'S FINISHED.



Get Utah's most accurate forecasts anytime at: [ABC4.com/weather](http://ABC4.com/weather)



#### WEDNESDAY

Mostly Sunny

79°/51°

PRECIP: 0%  
WINDS: NE 5-10



#### THURSDAY

Partly Cloudy

75°/53°

PRECIP: 20%  
WINDS: SW 10-15



#### FRIDAY

Partly Cloudy

70°/53°

PRECIP: 20%  
WINDS: W 10-15



#### SATURDAY

Windy

66°/52°

PRECIP: 20%  
WINDS: SW 20-30



#### SUNDAY

Showers, Windy

63°/47°

PRECIP: 40%  
WINDS: SW 20-30



#### MONDAY

Rain/Snow

53°/34°

PRECIP: 40%  
WINDS: N 10-15



#### TUESDAY

Partly Cloudy

52°/30°

PRECIP: 20%  
WINDS: N 10



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**DURING THE OUT OF DARKNESS WALK**, loved ones who lost their lives to suicide were honored with memory rocks, special ribbons, colored beads and tears.



PHOTOS BY COREY BAUMGARTNER

## SUICIDE WALK

« CONTINUED FROM PAGE 1

staff, volunteers and community members whose lives have been and are affected personally by suicide. Many tears and cheers were expressed as individuals shared their stories during a special bead ceremony where participants wore colored bead necklaces honoring the loss of their loved ones to the darkness of depression and suicide.

Each color of beads worn by the walkers represented their personal loss or struggles in overcoming suicide. Each color represented the loss of children, siblings, friends, relatives, first responders, military, a spouse or partner, a loved one's attempt, or their own attempt and their survival and struggle to continue the fight in conquering depression and suicide once and for all.

While suicide remains one of the leading causes of death in Utah and in our nation, the AFSP

continues to provide education and support to help bring light to the darkness that is suicide, not only to continue to defy it but to eventually defeat it.

For more information and to have healing conversations with trained volunteers who are also suicide loss survivors, visit [afsp.org/HealingConversations](http://afsp.org/HealingConversations). If you or someone you know needs help, please call the National Suicide Prevention Hotline, 1-800-273-8255. You are not alone.

## Bookings

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty. For a juvenile the name is "(Male/Female) Juvenile Offender" and juvenile is of age less than 18 years.

### Sept. 16

**MALE JUV OFFENDER**  
CEDAR CITY, UT  
Theft

**MALE JUV OFFENDER**  
CEDAR CITY, UT  
Theft

**MALE JUV OFFENDER**  
CEDAR CITY, UT  
Possession of Stolen Property

**MALE JUV OFFENDER**  
CEDAR CITY, UT  
Possession of Stolen Property, Receive Stolen Property

**JC S NYE**  
ST. GEORGE, UT  
Retail Theft

**KRISTY P BARKER**  
CEDAR CITY, UT  
Dangerous Animal at Large (2 Counts)

**KEISHA A CARUSO ENOCH, UT**  
DRUG - Poss/Use of Controlled Substance

**CHEYANNE M HATCH**  
CEDAR CITY, UT  
Issuing Bad Check

### Sept. 17

**MERCEDIE K HIGH**  
CEDAR CITY, UT  
Retail Theft

**JOSE L TORRES**  
CEDAR CITY, UT  
Custodial Interference

### Sept. 18

**GAVON B HUNT**  
ENTERPRISE, UT  
Poss Alcohol by Minor, Retail Theft, Theft

**DESTINY N QUINN**  
ST. GEORGE, UT  
Unauthorized Control of Vehicle (2 Counts)

**ROBERT K SMITH**  
HOMELESS, CEDAR CITY, UT  
Criminal Trespass

### Sept. 19

**TRENTON H BIGSOLDIER**  
CEDAR CITY, UT  
Failure to Comply w/ Court

**JONATHAN M COLON**  
VAN NUYS, CA  
Poss of Stolen Credit Cards

**MERRILL J PETERSEN**  
FILLMORE, UT  
DRUG - Poss of Drug Paraphernalia

**ZACKERY B DAVIS**  
CEDAR CITY, UT  
Retail Theft

**JIRAA RIDING**  
CEDAR CITY, UT  
Retail Theft

**JIREGNA RIDING**  
CEDAR CITY, UT  
Retail Theft

**NATHON R YARDLEY**  
HOMELESS, CEDAR CITY, UT  
DRUG - Poss/use of C/S

### Sept. 20

**PETER B JOHNSON**  
CEDAR CITY, UT  
Open Container in Vehicle

**CHUCK N LONG**  
CEDAR CITY, UT  
Purch/Transp/Poss/Use of Firearm by Restr, DRUG - Controlled Substance Sched I or II, Fail to Reg or Exp Vehicle, No DL in Possession.

**BRITEE MERRYWEATHER**  
LEEDS, UT  
Criminal Trespass, Retail Theft (3 Counts), Theft of Services, DRUG - Poss/use of Controlled Substance, DRUG - Poss C/S in Correctional Facility

### Sept. 21

**JUSTIN W NELSON**  
CEDAR CITY, UT  
Rec/Poss Stolen Vehicle

**ANTHONY J HAMMOND**  
HOMELESS, CEDAR CITY, UT  
Probation/Parole Violation

**JESUS A NEGRON-DURAN**  
CEDAR CITY, UT  
DUI of Alcohol - BAC at or over .08

### Sept. 22

**PAUL W GRECO**  
KANARRAVILLE, UT  
DRUG - Knowingly Prod/Disp/Manufacture C/S, DRUG - Poss C/S Sched I/II/Analog, DRUG - Poss of Drug Paraphernalia

**TRAVIS T BRAUN**  
CEDAR CITY, UT  
Probation/Parole Violation, DRUG - Poss C/S Marijuana/Spice

**MALE JUV OFFENDER**  
Consume Alcohol by Minor

**LOA G PILI**  
DRUG - Poss C/S Marijuana/Spice

### Sept. 23

**LEA R CHARLES**  
CEDAR CITY, UT  
Theft

**LYNNA A GARCIA**  
CEDAR CITY, UT  
DRUG - Poss w/ Intent to Dist C/S, DRUG - Poss of Drug Paraphernalia

**BRITTANY A GULOSH**  
CEDAR CITY, UT  
DRUG - Controlled Substance Sched I or II, DRUG - Poss of Drug Paraphernalia

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# Women's Business Conference

## Keynote speech given by Jane Muller

by Trinity PAJÓN

IRON COUNTY TODAY

Last week Keynote Business Development Consultant Jane Muller spoke at the Women's Business Conference held by the Women's Business Center of Utah.

Muller spoke to attendees about networking and mentoring.

"Life is about networking, and mentoring," she said. "It's about making connections."

She talked about improving overall network satisfaction through benchmarking, strategically using channels, and mentoring.

Benchmarking, she said is understanding where we are and where we want to go.

"We put a stake in the ground, and we understand where we are today and then move forward," she said.

Attendees of the conference participated in creating a personal benchmark. They rated the mentoring they have received, the mentoring

they have been given, and the overall satisfaction with their network. Beside each of these, the attendees wrote a plan to improve in those areas.

Muller said that by setting a benchmark, steps are created to move forward. Ultimately, through this step-by-step process goals are met.

She then spoke about strategically using network channels such as LinkedIn and Facebook. Muller said that the best approach to marketing is to analyze these channels based on your needs. For instance, she said that LinkedIn could be used to get creative ideas from other businesses.

"Think about what you want

from your network," she said. "Is it creative brainstorming? Is it business referrals? Is it support for you? Or do you want to support others?"

Muller then talked about two levels of networking.

"There are two levels of networking," she said. "There is your immediate network, which is made up of the people you are engaged with the most, and then there is the broader network that (may) help you with your brand in terms of getting the word out."

Muller advised to be strategic with who you network with. She said that it is best to network with people who will elevate your brand level, on an immediate level and a broader level.

"It's being very strategic, very focused and putting yourself first in terms of what you need in a network to achieve your goals," she said.

Muller then spoke about the value of having a mentor. She shared a personal experience where mentoring gave her direction when she worked at

International Business Machines Corporation. She said that when she first worked at IBM, she felt as though she had no direction until her fellow employees took her under their wings.

"It was the people around me at IBM who helped steer me," she said. "They believed in me, they saw (my) potential, they encouraged me and through that I was able to build a vision for myself."

Muller said that as life changes, so will our needs. She concluded by advising to not be afraid to make the necessary changes, as these needs evolve through time. She said as these changes are made, networks are able to grow.



JANE MULLER

## Discussion panel held on networking, mentoring

by Trinity PAJÓN

IRON COUNTY TODAY

Last week the Women's Business Center of Utah held a discussion panel on networking and mentoring during the Women's Business Conference.

Southern Program Director of Women's Business Center of Utah Debbie Drake interviewed five businesswomen about building connections through networking and mentoring.

The panel revealed that the quote, "It's not what you know, it's who you know," rings with truth. Many of the women talked about building familiarity with those around us and creating circles. Life Coach Cindy Clemens talked about the importance of making connections with people who are less successful than yourself.

"Treat everybody like you want to be treated," she said. "Make those connections up and down the professional ladder. It's not just the people above you who can do

everyone equally whether they are coming in just for a service, just to chitchat or whether they really are going to be the big spender," she said.

The panel continued to talk about what the ideal scenario is for mentoring. Some of the women talked about how the ideal is participating in group networking such as business conferences and meeting up for lunches. Realtor of ERA Realty Center Jenny Vossler talked about the ideal mindset of mentoring.

"My dream would be that as human beings who come into contact with each other daily that we could live in a mindset of plenty and abundance," she said. "By mentoring, we do not give up our own opportunities, we expand and enlighten the world, and that is a positive thing."

They discussed their tricks on how to make time for networking and mentoring despite their busy lives. Many of them women said that they make time to reach out to those in their circles and meet up

PANEL MEMBERS INCLUDED Debbie Drake, Cindy Clemens, Jenny Vossler, Jami Riley, Shannon Passey, and Tessa Douglas.



PHOTOS BY TRINITY PAJÓN

you favors, but it's everybody in your circle who will support (you)."

They discussed their experiences from being mentored. Many of the women agreed that their former mentors have helped them to grow and become more confident as well as learning their trade. Southwest Technical College Director of Programs and Articulations Tessa Douglas shared her growth from her mentor.

"I learned a ton from (my mentor) about communicating, being bold and how to work a room, just by watching the way she interacted with people about professionalism, and appearance" she said. "As a fresh-out-of-college-student that was important, and it influenced me throughout my career."

Owner of Gem Awards, Shannon Passey also talked about how watching her father as a jewelry business owner, influenced her. She said that her father provided great customer service even to those who came into the store for a small service.

"That always stuck with me as to treat

to have lunch during the workday. Some said that they get their children involved when necessary. Southern Utah University Assistant Director of Entrepreneurship Jami Riley talked about how she was inspired by her grandmother in the way she made time for networking and mentoring.

"She would write handwritten letters frequently," she said. "There is something to be said for a handwritten note. That's not to say that a quick email doesn't do a lot because I have utilized it as well. Just a quick follow-up email just to thank somebody for (what) they said that meant something."

At the conclusion of the panel, the women shared their gratefulness to be able to share their abilities to give back through their knowledge, referrals, and mindset of abundance.

"I don't think I realized the self-satisfaction that would come from choosing to be a mentor employer," said Vossler. "In giving, I am receiving."

# Old Sorrel Ranch 'Phase One' gallops into Cedar City

from Marcus O. **HANSEN**  
FOR IRON COUNTY TODAY

Steve Armbrust and Coldwell Banker Advantage Real Estate Corporation is introducing Cedar City's new exquisite master planned community, Old Sorrel Ranch. Located on the West edge of Cedar City, Old Sorrel Ranch is situated in the midst of greenery, nature trails, community parks and beautifully landscaped common areas.

The name Old Sorrel honors SUU and the pioneers who built Cedar City's strong community, and with the spirit of community in mind, Coldwell Banker Advantage is now selling phase 1 and accepting reservations on 475 pristine residential lots that spread out over three unique neighborhoods as well as offering 70 acres of prime commercial real estate, including sites for



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COURTESY PHOTO

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OCTOBER 3, 2019 11:30 AM  
MACARTHUR FELLOW

**VIJAY GUPTA**  
GILBERT GREAT HALL - HUNTER CONFERENCE CENTER

**MUSIC, COMMUNITY, AND THE END OF APATHY**

# County employees offered 'resilience yoga'

by Kelsey **KEENER**

IRON COUNTY TODAY

The Iron County Commission recently approved a policy update that will allow county employees to use paid administrative leave to practice mindfulness and cope with vicarious trauma.

The policy amendment was put in motion when Director of the Children's Justice Center Stephanie Furnival and local yoga instructor Chelsee Robinson asked the commission for its support in encouraging employees to attend a resilience yoga course one time a week.

Furnival explained during the commission meeting earlier this summer that the CJC has worked to adopt mindfulness practices with the children it serves as well as its interdisciplinary team and partnering agencies. She also explained what vicarious trauma is, and suggested that various departments within the county might benefit from mindfulness practices.

"I was kind of thinking about it just like a painter: no matter how hard they try to not get paint them on, taking all of the different precautions, you always get paint on you somehow," she said. "... When we are dealing with trauma, when parents are coming into the center and they are in a crisis, we're kind of that go-to person, we're the one it kind of lands all over. And even after they leave, we still are just kind of stuck with that on us."

During the meeting, Robinson also commented on how mindfulness and resilience yoga can help county employees who experience vicarious trauma cope.

"When you take the time to care of yourself, even one hour a week, the return is great," Robinson said. "So if you can give your employees this opportunity and support I think you would have a good outcome, where they can take a moment to

tune in with their bodies; I know a lot of times you hold stress in shoulders, hips, things like that, so this is just my opportunity to help relieve those issues."

Commissioner Mike Bleak said mindfulness practices helped him significantly after his law enforcement experience in handling cases of child abuse, sexual abuse and death.

"Literally, therapy and self-mindfulness type of things have been instrumental in keeping my family together and keeping me a productive member of society," Commissioner Bleak said.

Robinson added that one of the goals of the program is to help people become more resilient to vicarious trauma.

"Vicarious trauma itself means secondary trauma, so if a court clerk is processing paperwork and she has to look at pictures and images of kids being abused or domestic violence or whatever it could be, (she undergoes) vicarious trauma," Robinson said. "I would never imply that yoga would fix it, or a mindful walk, but there is a way to be more resilient to it."

She also said resilience yoga varies from typical yoga classes.

"With resilience yoga, I focus on points of stress – shoulders, hips, face, jaw – all of the sudden you're tight, so we focus on relaxing those issues," she said. "Another thing I do differently is I focus on meditation that brings them back down to earth. So, what are we thankful for, how can we tune back into our bodies, how can we let this go? I don't do any balancing, because that often takes you out of your body in a sense."

Robinson said she is excited to be able to give back to the community.

"It's day-to-day for them, and it never leaves them," she said. "I think they're just the heroes of our community and I love that I can give back just a little."

“ I think they're just the heroes of our community and I love that I can give back just a little.”

» Chelsee Robinson



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# Showcase

## SUU hosts discussion with

# ARTIST AL FARROW

by Trinity PAJÓN  
IRON COUNTY TODAY

Last week, Southern Utah University hosted artist Al Farrow for a live interview with Director of A.P.E.X Events Lynn Vartan.

Vartan asked Farrow a series of questions about his life, career, and inspirations in which Farrow expressed his great love for art.

Farrow talked about his life, family and political activism. During the Vietnam war he channeled his activism into his art. He said that although social commentary art was not a popular artform for the public to purchase, he was not concerned with financial gain.

"My biggest and deepest concern has been to express my feelings about what I see going on around here," he said. "I seemed to have been born with a critical mind."

Farrow said he was concerned with how indigenous cultures all over the world were being destroyed by the introduction of guns and cash economies. He said that he created an African series in which he addressed his concern.

"I did a sculpture of a 12-year-old boy with an AK-47," he said. "A little boy with a gun like that could destroy a whole village and kill a culture."

Farrow talked about his creative process. He discussed his thoughts about creativity as it relates to himself and others.

"For me it means taking something from the imagination and bringing it to reality," he said. "The creative process is in everyone. We don't all pay attention to it and we don't always respond to the stuff that's inside us asking to come out."

Farrow said that he is always making things in his head. In order to do this, he closes his eyes, blocks out the world and allows his thoughts to come.

"I always have a vision, but the vision is a vague vision," he said. "It is not a picture; it is more of a feeling."

In discussing Farrow's creative process, Vartan inquired about the

origin of the Wrath and Reverence series which demonstrates the connection between religion and war. It consists of religious architecture and structure as well as firearms, bullets, and bones.

Farrow told a story about his trip to Italy in which he came across a chapel in Florence where he saw a reliquary which contained the remains of Saint Lorenzo. As he studied the reli-

**"The deepest sincerity of your efforts comes from believing in what you are doing"**

» Al Farrow

iquary, he noticed that Saint Lorenzo's finger was shaped in the form of a trigger finger. He was inspired and immediately started sketching.

"It appears to me in the things I have read and studied that religion has been used to get people to fight with each other," he said. "It's not the religion itself, it's the tool that lead-

ership uses to get people upset with (each other)."

Farrow said that he wants his work to end up in a museum where people of different timeframes and experiences would be able to observe and interpret the body of work from their own perspectives.

"I'm not trying to deliver any message at all," he said. "I'm trying to provoke people into thinking."

That's really my major effort for all the work I've done. One person can interpret it one way (while) another person (interprets it) a different way, and in my own opinion, they are both correct."

Farrow said that this body of work receives positive responses. He observed that when people visit art

museums, they tend to return to their favorite pieces after walking the whole museum. He said that his work, is always the one they go back to.

"I feel really successful in my effort to get people to think and it's way beyond my expectations or hopes that they do what they do," he said.

Farrow gave advice to those pursuing an art career. According to him, artists, no matter their artform, always receive 95% rejection in the early years.

"You need to believe in yourself," he said. "You need to be true to your own spirit, your own creative source that's deep in us; The deepest sincerity of your efforts comes from believing in what you are doing."

Vartan asked about Farrow's future goals. He responded with his desire to continue his work for the rest of his life.

"I didn't think I would ever see my work in a museum in my lifetime," he said. "My career is way beyond my wildest dreams and so I don't have goals, I surpassed them all; I just want to keep going."

AL FARROW SHARES HIS ARTISTIC WISDOM about his life and his works entitled "Wrath and Reverence" currently on display until October 5 at SUMA.

TRINITY PAJÓN



# Tiny Art Show opens its first exhibit at SUMA

by Emily **RONQUILLO**

FOR IRON COUNTY TODAY

**CEDAR CITY** — Southern Utah Museum of Art (SUMA) will temporarily be known as Southern Utah Museum of Miniature Art as it opens A Very Big Tiny Art Show on Friday, Sept. 27, in partnership with Tiny Art Show.

A Very Big Tiny Art Show is a two-week long pop-up exhibition put on by SUMA and Tiny Art Show, based in Provo, UT. The show will

feature 26 artists from across Utah, showcasing various styles and media including painting, sculpture, drawing, photography, letterpress and more. All artwork featured in the show is 3-by-3 inches or smaller, encouraging visitors to immerse themselves in a more intimate exploration of art.

“We are always looking to introduce our visitors to new ways of thinking about art, and we are thrilled to provide them with a different and engaging experience,” said Mallory Sanders, head of collections and exhibitions at SUMA. “This is the first

time SUMA has done an exhibition to this scale, and we are grateful for the chance to partner with Tiny Art Show to expand this experience beyond our community.”

Tiny Art Show is a community art project that installs miniature art exhibitions in unexpected spaces with the goal of making viewing art more accessible and fun. A Very Big Tiny Art Show marks Tiny Art Show’s largest exhibition and first show in southern Utah.

“We are so excited to come to SUMA for our first show in southern

Utah! This will be our biggest show yet, packed with so much talent,” said McKay Lenker Bayer, creator of tiny art show. “Our favorite thing about this show has been getting to work with so many amazing local artists. Like all of our opening receptions, this show will have tiny treats, tiny booklets, tiny art and a few tiny surprises!”

The opening reception will be held from 5–8 p.m. on Friday, Sept. 27 where visitors will have the opportunity to meet some

of the artists, enjoy miniature refreshments from The Sugar Cookie, and create their own miniature art. This event is part of SUMA After Hours in conjunction with the Cedar City Arts Council Final Friday Art Walk and Southern Utah University Homecoming.

A Very Big Tiny Art Show will be on display beginning at 5 p.m. on Sept. 27 and will run through Oct. 12 in the vestibule area of the museum. While SUMA’s main gallery space will be closed from Oct. 6 – 12, visitors will still be able to visit the museum to view

the tiny exhibition.

Featured artists for the exhibition are: Kara Aina, Brooke Bowen, Gina Dodge, Rachel Erickson, Rachel Godfrey, Audrey Hancock, Jeff Hanson, Nicholas Hemingway, Kimberly Ipson, Mary Jabens, Emily E. Jones, Hannah Mason, Carol Ogden, Nancy Olson, Valerie Orlemann, Rachel Pixton, Debbie Robb, Mallory Sanders, Meghan Sours, Whitney Staheli, Sarah Stoddard, Melissa Walkenhorst, Diane Walsh, Jessica Whittaker, Rebecca Wood and Mona Woolsey.



**ARTISTS FROM ACROSS UTAH** will showcase their very big talents in very tiny ways during the Tiny Art show at SUMA.



COURTESY PHOTOS

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# Closing 'Final Friday Art Walk' this Friday

by Shary **BARUFFI-JENSEN**

CEDAR CITY ARTS COUNCIL

**CEDAR CITY** — This is the Cedar City Arts Council's last Final Friday Art Walk of 2019! The September 27th Final Friday Art Walk will feature brilliant performing artists; Roice Nelson, Southern Utah String Quartet, MB3 Jazz, Clark Leslie, and Bill & Loretta Westbrook.

The Final Friday Art Walks feature various art forms; live folk music, contemporary, and classical music, art demonstrations and art exhibitions. The Cedar City Arts Council invites you to our remaining Final Friday Art Walk of 2019 on September 27th from 5 to 8 p.m. The Final Friday Art Walks are free events and the exhibits are open throughout the summer. Everyone is encouraged to



PHOTOS COURTESY OF CCAC

**MANY LOCAL ARTISTS AND MUSICIANS** will portray their skills during the last art walk of the year this Friday.

attend! These events are fun for the entire family.

There will be art demonstrations and art exhibitions on the lawn at 100 West and Center, including displays by the Sagebrush Fiber Artisans, Larry Laskowski, Hanna Dawson, Cab

Creations, Carole Foster, Kimberley Batcho, Lydia Brescia, and Tom Baldwin. Performances will be presented throughout the evening in designated locations along Center street.

The Southern Utah Museum of Art, Art Works

Gallery and Artisans Gallery will be hosting artist exhibits and musical performances in harmony with these Final Friday Art Walks. The Southern Utah String Quartet will be performing at SUMA. Stone Path Healing Center will host Bill and

Loretta Westbrook. Sofie Scaletta will perform from 5 to 8 p.m. at Art Works gallery. Artisans Gallery will host performances from Clark Leslie and MB3 Jazz and art demonstrations. More information is soon to come, stay tuned!

There is also a free Historic Downtown Walking Tour at 7:30 pm. Meet at the corner of Center and Main Street next to the Boomer's building. The tour will be led by local historian, Ryan Paul. All are welcome, and pictures and questions are encouraged. For more information contact Ryan Paul at SUU.

As our Art Walk season is ending, come enjoy the last Art Walk of 2019 with us! Celebrate our city's arts and culture this fall by bringing your family and friends to the Art Walk; we hope to see you there!



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# What if we hadn't gone?!

by Mary Anne **ANDERSEN**

CEDAR CITY ARTS COUNCIL

As anyone who knows me knows, I am not a fan of leisure time. I don't wake up in the morning wondering what I am going to do that day. I have my days planned well in advance; I could tell you what I'm doing next Tuesday and what I will probably have for dinner, if not what I am going to wear. Nothing that needs doing? I'll quickly make something.

So, when my husband asked me one Friday morning if I would like to drive up the mountain for the day, I had to bite my tongue to contain my reply: "I can't go, I've got stuff to do." But I love him more than I love crossing things off lists—usually—so I agreed.

I do love to be outdoors, though, and as soon as we headed up Cedar Canyon, I was happy. We talked about what we might do and then decided on Brian Head, having heard from a young friend that a cafe up there sells great pizza, so pizza it was. And as is always our way, we swung into Cedar Breaks to look out over that amazing expanse of Mother Nature's sculpture exhibit.

There were school busses there and that made me happy, too, as I love being around kids. They were seven and eight years old acting like seven



and eight-year-olds. The boys had pulled their arms inside their tee shirts and the girls were holding hands and giggling. They were all ignoring the adults trying to get them to line up. One little guy kept

bending down to fill his hand with sand and throw it in the air, oblivious to where the wind was taking it. We walked through the departing crowds to look over the edge and then we saw them.

There were huge birds, five or six of them, riding the updrafts over the canyon, and as they swooped closer, we were stunned at their size. Their enormous wings looked like massive fringe and they rarely even used them, just soared in wide, gliding arcs over our heads. We turned to the three rangers standing next to us and they smiled. "California condors," they said before we could even ask. "Here?", we asked. This is the northernmost tip of their range we learned; they are usually found near the Grand Canyon and were just visiting. The wing span can be nine feet, as these appeared to be; they mate for life. Those we saw were tagged.

We lived in California when it was believed there were only 20 of them left, an alarming statistic that initiated a controversial capturing and breeding program to save them. The first chick was headline news. Now there are about a thousand, we heard, but those are in danger of lead poisoning. They are still closely monitored.

We watched until they flew out of sight and then made our way to Brian Head, where we had hot dogs and salad at the pizza place. I am still thinking, WHAT IF WE HADN'T GONE?!

# Readings by award winning poet, playwright Dan O'Brien at SUMA

by Shary **BARUFFI**

IRON COUNTY TODAY

Dan O'Brien is a poet, playwright and librettist. Hosted by Sugar House Review, O'Brien read a selection of his writings at SUMA as part of the 22nd Annual Utah Humanities Book Festival. Dan O'Brien has won multiple awards including the 2018 PEN America Award in Drama for his play, *The House in Scarsdale: A Memoir for the Stage*. He was the winner of the Horton Foote Prize for Outstanding New American Play, the PEN Center USA Award for Drama, the inaugural Edward M. Kennedy Prize for Drama, the L. Arnold Weissberger Award, and was nominated for the Evening Standard's Charles Wintour Award for Most Promising Playwright for



SHAY BARUFFI

**POET DAN O'BRIEN READS EXCERPTS** from his award-winning writings during a book festival at SUMA.

his play, *The Body of an American*.

Dan O'Brien's writings have been featured in a variety of internationally recognized newspapers, journals and magazines. In addition to his many awards, O'Brien has taught playwriting at universities like Princeton and the University of Madison-Wisconsin. Dan O'Brien considers himself, "A playwright who writes poems and a poet who writes plays."

Dan O'Brien began the event with readings from *War Reporter*, his collection of poems inspired by Paul Watson, a war photojournalist. Paul Watson took iconic war photos in Mogadishu Somalia in 1993 and has photographed many war zones since. O'Brien's reading of *War Reporter* is haunting

and difficult as well as beautiful and imperative, he paints a picture with words. After he reads a few poems, in humor, Dan O'Brien states; "Some of these are funny, but not at the beginning. It's important to alienate your audience first."

O'Brien pauses in between poems to describe his writing style, short excerpts about experiences he has had with Paul Watson, and the story behind some of these writings. O'Brien writes poetry in ten syllable lines, once these poems start they do not pause until they stop, and this is by design. His poetry comes out in a torrent to increase intensity and it also makes them resemble journalism columns.

After reading a portion from *The Body of an American*, O'Brien discussed the heavy material with the audience, "Art should be difficult to the artist first so that the audience can experience that difficulty. Let it be ugly and let it be poetic."

For more information about Dan O'Brien visit his website at: [danobrien.org](http://danobrien.org)

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Heritage Center Theater

September 27 at 6:30 p.m.

**TRUE LIGHT CHOIRS CONCERT**

Heritage Center Theater

October 4 at 7:30 p.m.

**ART INSIGHTS- TODD STEWART & ROBERT BAILEY**

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# Life

## Vijay Gupta

MACARTHUR FELLOW, MUSICIAN, TO GIVE GRACE A. TANNER LECTURE IN HUMAN VALUES

by Michelle **LAMBERT**  
FOR IRON COUNTY TODAY

**CEDAR CITY** — Musician and social justice advocate Vijay Gupta will deliver the 2019 Grace A. Tanner Lecture in Human Values on October 3rd at 11:30 am in the Gilbert Great Hall on the campus of Southern Utah University.

A celebrated speaker, Gupta is a leading advocate for the role of the arts and music to heal, inspire, provoke change, and foster social connection. Gupta's lecture titled "Music, Community, and the End of Apathy" will draw on his experiences as the founder of Street Symphony, a non-profit organization that provides musical engagement for homeless and incarcerated communities in Los Angeles.

A Q&A session with Gupta will take place that afternoon at 2:30 in the Huntsman Reading Room on the second floor of the Library. Both the lecture and the Q&A session are free and open to the public.

Vijay Gupta joined the Los Angeles Philharmonic in 2007 at age 19, after having completed an undergraduate degree in biology from Marist College and a Master's degree in violin performance from the

Yale School of Music. Gupta has been named one of six national Citizen Artist Fellows by the John F Kennedy Center for the Performing Arts, and Alex Ross of The New Yorker named him "one of the most radical thinkers in the unradical world of American classical music," and "a visionary violinist."

Gupta has performed as a recitalist, soloist and chamber musician on an international scale since the age of eight. He serves on the faculty of the Longy School of Music of Bard College Masters of Arts in Teaching (MAT) program, which prepares musicians to become agents of change through the study of performance, music pedagogy and

social justice. He also serves on the board of directors of the DC-based national arts advocacy organization Americans for the Arts, as well as Los Angeles's beloved 24th Street Theatre.

Gupta was presented with an honorary Doctor of Humane Letters by the University of La Verne, and at age 29, he was awarded the Leonard Bernstein Lifetime Achievement Award for the Elevation of Music in Society from the Longy School of Music of Bard College. In 2018 Vijay Gupta was awarded a MacArthur Fellowship.

The Grace A. Tanner Center at Southern Utah University has hosted the Tanner Lecture in Human Values since 1980. The Tanner Center seeks to promote access to scholarly and scientific learning in all areas of human values which embrace moral, artistic, intellectual, and spiritual concepts. This year the center is exploring the theme of "Self, Community, and Human Values." "We invite members of SUU and the Cedar City community to attend the 2019 Tanner Lecture and join us for a reception with Vijay Gupta afterwards," stated Dr. Danielle Dubrasky, Director of the Tanner Center. For more information about other Tanner Center events, please refer to the following website: [suu.edu/tanner/center.html](http://suu.edu/tanner/center.html)



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# 'Power in Pink' to hold annual Breast Cancer Support fundraiser

by **Rachelle HUGHES**

FOR IRON COUNTY TODAY

The 7th annual Power in Pink Walk & Run will take place on Saturday, October 5 at the Cedar City West Canyon Park. The one-mile walk and five-mile run provides an opportunity to remember those lost to the disease as well as celebrate, honor, and to support breast cancer survivors.

Interested participants may register for \$25 at [active.com](http://active.com) or the day of the event. Registration begins at 8 a.m. and the Run

be reminded they are beautiful and they matter. We can help. We can make a difference for them."

Thanks to the support of many local sponsors, all breast cancer survivors are invited to participate in this year's Walk & Run at no cost. "We want you with us as we walk to honor those who are fighting and who have fought this battle. Please come be our guests of honor," said Brown. The group is also accepting names for those they can honor along the route. Names and photos can be sent to [powerinpinkcedarcity@gmail.com](mailto:powerinpinkcedarcity@gmail.com).



COURTESY PHOTO

**WALKERS AND RUNNERS DURING A PAST "POWER IN PINK" EVENT** honor those who are fighting and those who have fought bravely the battle against breast cancer.

and Walk begins at 8:15 a.m. Participants receive a T-shirt and commemorative pin. Hot cocoa, water and other refreshments will be provided.

Started in 2013 by four young breast cancer survivors, the fundraising effort will help meet the needs of local women and their families. "Most breast cancer fundraisers send proceeds out of the area," said Robyn Brown, one of the original Iron Young Survivors. "However, this event will specifically benefit ladies in our area that need help getting through the challenges of treatment. Maybe they need child care so they can attend their radiation treatments. Maybe they need gas to get to the hospital. Maybe they just need to

Sponsors for the 2019 Power In Pink Walk & Run include Ernie's Stores, SUU Alumni & Community Relations, Iron County School District, Kolob Sign & Design, Sizzler, Myriad, Women's Health and Midwifery Southern Utah, State Bank of Southern Utah and Smith's.

For more information, email [powerinpinkcedarcity@gmail.com](mailto:powerinpinkcedarcity@gmail.com) or follow the event on Facebook or Instagram. Donations can be made via Venmo @Power-in-Pink2019.

According to the CDC, breast cancer is the most common cancer in women, regardless of race or ethnicity. About 1 in 8 U.S. women (about 12.4%) will develop invasive breast cancer over the course of her lifetime. October is breast cancer awareness month.

## SUU HOMECOMING WEEKEND

### Join the Celebration!

SEPTEMBER 26 - 28, 2019

#### THURSDAY, SEPTEMBER 26

**APEX Lecture - Julie Castle • 11:30 a.m.** - Great Hall, Hunter Conference Center

**Volleyball vs. Idaho State • 6:30 p.m.** - America First Event Center

Purchase tickets at [tbirdtickets.com](http://tbirdtickets.com) or call 435-586-7872

**Powder Puff & Pep Rally • 8:00 p.m.** - Eccles Coliseum

Purchase tickets at [tbirdtickets.com](http://tbirdtickets.com) or call 435-586-7872

#### FRIDAY, SEPTEMBER 27

**Alumni Band Concert • 6:30 a.m.** - Heritage Center Theater

**Reunion Palooza • 6:30 p.m.** - Hunter Conference Center Patio

## Forever RED CELEBRATING QUEEN

FRIDAY, SEPT. 27 | 7:30 PM | UPPER QUAD  
LIVE MUSIC, FIREWORKS, FOOD & PRIZES  
**FREE FOR EVERYONE!**

#### SATURDAY, SEPTEMBER 28

**Pancake Breakfast • 9:00 a.m.** - Alumni House

**Homecoming Parade • 10:00 a.m.** - University Boulevard

Watch with us at the Alumni House

**President's Home Tour • 11:00 a.m. - 2:00 p.m.** - President's Residence

11 North 200 West

**Nursing Alumni Day • 12:00 p.m.** - Skaggs Molecular Sciences Lawn

**Volleyball vs. Weber State • 1:00 p.m.** - America First Event Center

Purchase tickets at [tbirdtickets.com](http://tbirdtickets.com) or call 435-586-7872

**See the Sun at SUMA • Noon - 3:00 p.m.** - SUMA

**Thunder Walk & Tailgate • 3:00 p.m.** - Softball Parking Lot

**Homecoming Football Game vs. Cal Poly • 6:00 p.m.** - Eccles Coliseum

Purchase tickets at [tbirdtickets.com](http://tbirdtickets.com) or call 435-586-7872

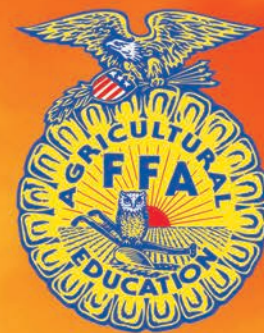
**Headphone Dance • 9:00 p.m.** - Sharwan Smith Ballroom

For more information and for a complete schedule of Homecoming events and reunions, please visit

[suu.edu/homecoming](http://suu.edu/homecoming)



**Cedar City,  
Utah**



**Iron County  
Fair 2019**

**SPECIAL THANK YOU to the 2019 buyers for supporting the show**

**\$25,000 +**  
Mel Clark Construction##

**\$15,000 +**  
State Bank of Southern  
Utah##

**\$10,000 +**  
Beaver Co. Businesses  
Holt Dairy LLC Kimball &  
Shelly Holt  
Reyes & Kacie Carballo  
Rusty's & Milts Steakhouse  
Zion Plumbing & Mechanical

**\$5,000 +**  
Bettridge Distributing  
Cedar Band Corporation  
Cedar City Motor Company  
Donna Christensen ERA Realty  
Hinton Burdick CPA's & Advisors  
Holt Dairy LLC Randall Holt  
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Carter Cattle#  
Carter's Market  
Dean & Kathy Lamoreaux  
Double O Agri-Spraying  
Farm Bureau Fin. Serv.  
McKenna Hansen  
Flanigan Construction  
Harris Cabinets  
Jolly's Drug Store  
McCulley Brothers Ag  
Michael Yardley Farms LLC#  
Mike's Tire & Oil  
Mountain View Animal Clinic  
One Trust Home Loans  
Pat Yardley Ranching  
Phone Skope  
Putnam Plumbing  
R S Energy  
Rand Bettridge  
Russ Mitchell & Trent Fox  
Masonry  
Scott Stubbs Livestock  
Smithfield#  
Valley Agronomics  
Wesly Barton# ##

**\$1,000 +**  
AAA Mobile Storage  
Barney Brothers Electric  
Bauer Farms\*\*  
Blackner Trucking  
Brianhead Resort  
C-A-L Ranch  
Cedar Livestock Market##  
Chad & Linda Reid  
Cozzens Cabinets  
CR Farms  
Creamer Insurance  
Dan & Dusty Benson

DGS Services  
Diamond X Genetics #  
Diary Queen of Cedar City  
Dixie Escalante Power  
Downtown Diner  
Evans Trucking  
Gilbert Development  
Greg Marshall  
J & D Cattle Co  
Jaci Hasemeyer  
JB Excavating  
Jeanette Johnson  
John Plumbing  
Lance Reid  
McCoy Clark  
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Producers Livestock  
Richard Clark  
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BJG Land & Livestock  
Bob & Donna Jean Clark  
Brad Benson Livestock  
Brent Hunter  
Cedar City Rotary Club  
Daren Lovell  
David Christopher  
Dr. Rhett Smith  
ERA Realty Center  
Go Hunt  
Jenson Brothers Farm  
John's Spetic Service  
JT Robinson Shearing  
Lazy A Ranch##  
Mark Webster\*\*  
MBM Livestock  
Mike Yardley Farms  
Nelson Brothers  
Newby Buick

Overson's Farm Center\*\*  
Paul Nelson  
Phillip Gardner  
Precision Pipeline Inc  
Ron Heaton  
Shear D'Lite  
Sunroc\*\*  
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Tony Carlile  
Triple B Concrete  
Western Ag Credit\*\*  
Yardley Goat Ranch

**< \$500**  
Alex Mayer#  
CDS Minis#  
Cedar Land Title\*\*  
Farm Bureau Financial Serv  
Washington Co  
Farm Bureau Insurance#  
Kesler Farms#  
Knowles Ranch  
Marty Stubbs  
Matt & Marilyn Wood\*\*  
Richard Gale  
Rollins Construction  
Slade Farms#  
Slash U Livestock#  
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Ted Nelson  
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**BOOSTS**

7J Ranch  
Adams Livestock  
Adams Storage Kade & Michelle Adams  
Advantage Feedyard LLC  
Alan & Marie Adams  
All Around Tire & Service  
Ammon & Kadye Condie  
Anita W Bell  
Archway Construction Company  
Atkore Plastics Pipe Company  
Austin & Lee Bingham  
Baily & Heather Raymer  
Ben Batty ERA Realty Center  
Biasi Auto

Brad & Darla Williams  
Bradshaw Livestock  
Brady & Jennifer Guymon  
Brady & Marci Webster  
Brian Tavioan DDS  
Bruce & Arlene B Cornelius  
Burton Horseshoeing  
Butler Enterprises  
Carl Nelson  
CBK Livestock  
Cedar Valley Medical Clinic  
Cedar View Pediatric Dentistry  
Charles D Bosworth  
Chris & Jo Nell Hone  
Cliff Stubbs Concrete  
Coca Cola  
Color Country Animal Hospital  
Construction Monitor  
Coy & Kasey Stowell  
Craig Blackner Trucking  
Craig Wolfley  
Cressa & Heston Farnsworth  
D & A Livestock  
Dairy Queen of Las Vegas Inc  
Dale T Smith & Sons  
Dannelly Trucking Inc  
Dave Marshall  
Derald & Linda Joseph  
Desert Sky Sheep  
Desert Valley Enterprises Co  
Design Curb  
Diamond J Farms  
Diamond Z Ranch  
Doug & Judy Stephensen  
Dr. Shannon Sorenson DDS  
Droubay Chevrolet  
Dylan Nelson  
E & I Soil Conservation District  
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Finch Trucking LLC  
Fringe Salon  
Frogoller LLC  
Garfield Livestock  
Garret & Melinda White  
Gateway to Sanity Stables  
Genpak  
GLB Transport  
Go Green Enterprises  
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Hughes and Sons Inc  
Indian Creek Veterinary Clinic  
Jake Benson  
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John Orton Excavating  
Josh & Janelle Adams  
Julie Leeder Design  
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Kirby Adams  
Kong Crete LLC  
Kym Topham  
L & W Ranch  
Lacey Keele  
Larry C or Rebecca Stubbs  
Lawn Ranger's Lawn Care Inc  
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Lester & Katherine Ross  
Lincoln County Conservation District  
Lincoln County Farm Bureau  
Lindsey Bagley  
Lisa Beck Michael Beck  
Lynn Nelson  
Mark Webster  
Mason Machinery  
Mathews Farms  
Matt & Toni Buechler  
Matt's Springs & Trailer Sales  
McKay & Sheila Jenson  
Mike Clark  
Mike Stanworth & Sons  
Minersville Land & Livestock  
Monuments Academy  
Mosdell Sanitation  
Nancy Clark  
Nate Blake Construction  
Okerlund, Sorensen & Leavitt Insurance  
Parowan Cafe

Pine Tree Inn & Bakery  
Pine Valley Outfitters  
R Livestock  
Radiant Blue Homes  
Rafters K Show Lambs  
Rangers Farm & Ranch Supply  
Reladyne/Cardwell Distributing  
RL Transport  
Robb Bulloch  
Jim & Lisa M Boneck  
Rocky Ridge Landscape Park  
Roy Adams Farms  
Ryan & Kari Coleman  
SB Concrete  
SC Built  
Scholzen Products  
Shad & Rashell Stubbs  
Coy & Gayle Webster  
Simply Chiropractic  
Six States Distributing  
Son Builders  
Southern Utah Vision Care  
Stephanie Wittenbrink  
Stoney & Tami Shugart  
Stotz Equipment  
Sunroc  
Superior Simmentals  
Swinerton Renewable Energy  
Tammy Carter  
The Wash  
Thermo No. 1  
Tink's Auto Parts  
Todd E Holt CPA PC  
Tony Orton  
Tucker High Adventure  
United Soil Science  
Virgil & Teri Newton  
Wade Kleinman  
WB Trucking  
Weaver Development  
Wells & Sandra Webster  
Wendel & Kayleen Bundy  
Western Ag Credit  
Western Ag Credit (Richfield)  
Williams Development  
WT Transportation  
Wyatt & Amanda Renzello  
Yardley Cattle Company  
Zion Sun Floral

**\*\*Buyers Fund \*Grand Champion Lamb \*\*Iron County Champion Lamb**

**SCHOLARSHIP CONTRIBUTORS**

Mike Brown	Dale & Anona Yardley	Roy Adams Farms
Wayne & Maria Smith	Ree Zaphiropoulos	Lee & Giana Hulet
Kathy Riggs	LaDell Eyre	Galen & Barbara Allred
Wes Barton	Bret & Margo Whittier	Kade & Michelle Adams
Monte & Shannon	Mark & Heidi Webster	Dixie Leavitt
Sorenson	Lyle & Ronnie Baron	Rex Shipp
Floyd & Elizabeth Yardley	Evan Vickers	

Floyd & Elizabeth Yardley  
Hayden Hogs  
Jake Benson  
Keith & Brooke Bali  
Sam & Kristi Jones  
Benson Livestock  
Kendall & Kay Benson

Yardley Goat Ranch  
Nick Whittier  
Wheeler Machinery  
Kenny & Shaylee Lamoreaux  
Hinton Burdick CPA & Advisors  
ERA Realty Center Donna Christensen  
Rusty & Kim Aiken

Jared & Mariah Smith  
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Wyatt & Amanda Renzello  
Biasi Automotive  
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Bulldog Show Lambs  
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Zions Plumbing & Mechanical  
Wooly Shearing  
Scott Stubbs Livestock  
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Pine Valley Outfitters

Brady & Whitney Quarnberg  
Parowan Cafe  
Garfield Livestock  
Shawn & Tiffany Garfield  
Carter Cattle  
Brian Head Corporation  
Brady & Mard Webster

**A SPECIAL THANKS TO: Rocky Mountain Power and Western Ag Credit for sponsoring the Exhibitors Breakfast  
Safari Property Management for donating the rooms for the judges**

# LAMBS

# HOGS

# STEERS

# GOATS



**Aliza Woolsey**  
Milford, Utah  
*Purchased by: See List#*



**McCabe Garfield**  
Cedar City, Utah  
*Purchased by Cedar City Motor Company*



**Treyton Carter**  
Minersville, Utah  
*Purchased by Cedar City Motor Company*



**McCabe Garfield**  
Cedar City, Utah  
*Purchased by Holt Dairy LLC Kimball & Shelly Holt*



**Kaydee Marshall**  
Minersville, Utah  
*Purchased by State Bank of Southern Utah & Wesly Barton*



**Hayden Garfield**  
Cedar City, Utah  
*Purchased by Holt Dairy LLC Kimball & Shelly Holt*



**Dagan Dalton**  
Enoch, Utah  
*Purchased by Cedar Band Corporation*



**Sienna Quarnberg**  
Beaver, Utah  
*Purchased by Yardley Goat Ranch*



**Wyatt Neilson**  
Cedar City, Utah  
*Purchased by: See List##*



**Payten Hunt**  
Cedar City, Utah  
*Purchased by Milt's & Rusty's Steakhouses*



**Kodie Stowell**  
Parowan, Utah  
*Purchased by Reyes & Kacie Carballo*



**Riley Stubbs**  
Cedar City, Utah  
*Purchased by MS Concrete*



# CALENDAR

## WEDNESDAY, SEPTEMBER 25

**CEDAR CITY COUNCIL, 5:30 P.M., CITY HALL, 10 NORTH MAIN Street, Cedar City.**

**A.A. GROUP – “WHAT A WAY TO START THE DAY” – MEETS** every SUN, MON, WED, FRI, from 7 a.m. to 8 a.m. in the Fellowship Building behind St. Jude’s Church, 70 N 200 W, Cedar City. All are welcome!

**WEIGHTWATCHERS REIMAGINED! GET GUIDANCE AND IN-** person motivation from members, trained guides and wellness coaches who are on the same path. Workshop every Wednesday at 9:30 am at the Cedar City Aquatic Center, 2090 W. Royal Hunte Drive. Call or text for more information (702) 832-0555.

**TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK** Women’s Crisis Center, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center, 2090 W Royal Hunte Dr.

**IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 A.M. TO 5:30 P.M.** (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

**COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH** in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

**BAND: COLOR COUNTRY WINDS, CALL DEBBIE AT 435-559-** 9609 for time and location. Come brush up on your band skills to share with the community.

**TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, LOSE WEIGHT** without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park. For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

**DOMESTIC VIOLENCE SUPPORT GROUP, 6 TO 7:30 P.M., FOR** women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

**ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK DR.** (KKCB upstairs).

**ALCOHOLICS ANONYMOUS, 6 P.M. AA MISFITS, 203 E.** Cobblecreek Dr., Cedar City. For information call (877) 865-5890.

**SEX ANONYMOUS – 6:00 PM, 203 E. COBBLECREEK DR. (877)** 865-5890

**AL-ANON (NEW BEGINNINGS) WOMEN’S BOOK STUDY** meeting. 6:30-7:30 p.m., 203 E. Cobblecreek Dr., Cedar City.

**ALCOHOLICS ANONYMOUS (RED CREEK GROUP) 7 PM** Parowan Senior Center 685 N 300 E, in Parowan

**NARCOTICS ANONYMOUS JUST FOR TODAY, 8 P.M., KKCB, 203** E. Cobblecreek Dr., Cedar City. For information call (877) 865-5890 or (435) 635-9603.

**HEY CEDARS SQUARE DANCE CLASS, 6:30 P.M., CEDAR CITY** Senior Center. Info from Pat at 435-531-6811 or Ralph at 435-669-4867.

**CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M., CALL 865-** 1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

**AWANA BIBLE CLUB – VALLEY BIBLE CHURCH, NEXT TO THE** water tanks in Enoch, meets weekly from August 28th through May 3rd. 7th through 12th grades meet Monday nights at 6:30. Pre-school through 6th grade meet Wednesday nights at 6:30. Call Valley Bible Church at 586-0253, Keith at 435-990-1638 or just show up.

## THURSDAY, SEPTEMBER 26

**PAROWAN CITY COUNCIL, 6 P.M., CITY CENTER, 35 E 100 N,** Parowan

**YEAR-ROUND FARMERS MARKET – EVERY THURSDAY RAIN OR** shine, 3 PM to 7 PM in the parking lot across from Pastry Pub. 45 W. Center St. Definitely worth a stop for farm fresh produce, homestyle treats, crafts, jewelry and artwork. Booths with local honey, homemade jams and variety of jellies made with surprising main ingredients. Also, every Saturday, same location, 9 AM to 12 PM.

**NAMI BRIDGES & FAMILY TO FAMILY CLASSES (FREE). 7 P.M.,** Southwest Behavioral Health Center, 245 East 680 South, Cedar City. To enroll, call Robert (435) 590-7749 or Rosie (435) 590-0880.

**CEDAR CHEST QUILTERS’ GUILD, 10 A.M., CEDAR CITY SENIOR** Center, 489 East 200 South.

**COLOR COUNTRY COMMUNICATORS, CEDAR CITY TOASTMASTERS,** 7 a.m., 86 W. University Blvd. Find your voice. Shape your future. Be the leader and speaker you want to be.

**IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 A.M. TO 5:30 P.M.** (walk in), Southwest Utah Public Health Dept., 260 E. DL Sargent Drive, Cedar City. Call 435-586-2437 with questions.

**COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH IN** Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

**ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, NOON, CEDAR** Bowling Center, 421 E. Highway 91.

**AL-ANON— “AFFECTED BY SOMEONE’S ADDICTION OR** drinking? AL-ANON can help. 6-7 p.m., 203 E. Cobblecreek Dr., Cedar City. More info at 435-531-1045.

**NARCOTICS ANONYMOUS, 8 P.M., KKCB, 203 E. COBBLECREEK** Dr., Cedar City. More info at 877-865-5890 or 435-635-9603.

**WATER AEROBICS CLASS, (TUESDAYS AND THURSDAYS) AM,** SUU pool. Fun, up-tempo workout to music. The class includes intensive cardio conditioning and full body muscle toning. The workout can be adapted to any fitness level. Beginners and all ages are welcome. Cost is \$3 per class, including pool admission. Call Allison at 435-327-2091 (no text) for more info.

**CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M., CALL 865-** 1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

**PAROWAN CITY COUNCIL, 6 P.M., CITY CENTER, 35 EAST 100** North, Parowan

**CEDAR CITY RADIO CONTROL CLUB, 7 P.M., CEDAR CITY LIBRARY** in the Park

## FRIDAY, SEPTEMBER 27

**COMMUNITY DANCE – FREE, 6:30 PM – 8:30 PM, MUSIC BY** Canyon Reverb, Cedar City Senior Center, 489 E 200 S, (435) 586-0832

**A.A. GROUP – “WHAT A WAY TO START THE DAY” – MEETS EVERY** SUN, MON, WED, FRI, from 7 a.m. to 8 a.m. in the Fellowship Building behind St. Jude’s Church, 70 N 200 W, Cedar City. All are welcome!

**ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK DR.** (KKCB upstairs).

**COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH IN** Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

**IMMUNIZATIONS/WIC/VITAL RECORDS, 8 A.M. TO 5 P.M.,** Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

**ALCOHOLICS ANONYMOUS, NOON, SPEAKING FROM THE HEART,** 203 E. Cobblecreek Dr., Cedar City. For information call (877) 865-5890.

**ALCOHOLICS ANONYMOUS – MISFITS, 203 E. COBBLECREEK DR.,** Cedar City. For information call (877) 865-5890.

**NARCOTICS ANONYMOUS LIVE AND LET LIVE, 8 P.M., KKCB, 203** E. Cobblecreek Dr., Cedar City, for information call (877) 865-5890 or (435) 635-9603.

**CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M., CALL 865-** 1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

## SATURDAY, SEPTEMBER 28

**HORSE SHOW – COLOR COUNTRY EQUESTRIAN CLUB IS HOSTING** a Dressage and Jumping Horse Show starting at 9:00 am at the Diamond Z Arena in Cedar City. For more information visit colorcountryequestrianclub.net

**ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK DR.** (KKCB upstairs).

**YEAR-ROUND FARMERS MARKET – EVERY SATURDAY RAIN OR** shine, 9 AM to 12 PM in the parking lot across from Pastry Pub. 45 W. Center St. Definitely worth a stop for farm fresh produce, homestyle treats, crafts, jewelry, artwork and more. Booths with local honey, homemade jams and variety of jellies made with surprising main ingredients. Plus, shop while being entertained by live musicians and vocalists. Also, every Thursday, same location, 3 PM to 7 PM.

**SATURDAY FARMER’S MARKET, 9AM-1PM EVERY SAT. @ IFA, 905** S. Main. Good weather outside – bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For more info call 435-463-3735.

**ALCOHOLICS ANONYMOUS, NOON SPEAKING FROM THE HEART** AA, 6:30 p.m. AA BB Study, and 8 p.m. My Story speaker meeting, 203 E. Cobblecreek Dr., Cedar City. For information call (877) 865-5890.

**ALCOHOLICS ANONYMOUS – MY STORY SPEAKER MEETING, 8** PM, 203 E. Cobblecreek Dr., Cedar City. For information call (877) 865-5890.

**NARCOTICS ANONYMOUS, CANDLE LIGHT MEETING, 9:30 PM,** KKCB, 203 Cobblecreek Dr., Cedar City. Info at 435-635-9603 or 877-865-5890.

## SUNDAY, SEPTEMBER 29

**A.A. GROUP – “WHAT A WAY TO START THE DAY” – MEETS EVERY** SUN, MON, WED, FRI, from 7 a.m. to 8 a.m. in the Fellowship Building behind St. Jude’s Church, 70 N 200 W, Cedar City. All are welcome!

**ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK DR.** (KKCB upstairs)

**AA – STEPS AND TRADITIONS, 203 E. COBBLECREEK DR., CEDAR** City. For information call (877) 865-5890

**ALCOHOLICS ANONYMOUS, 11 A.M. (TGISS) AA AND 6:30 P.M.** 12x12 Book Study, 203 E. Cobble Creek, Cedar City, for information call (877) 865-5890.

**NARCOTICS ANONYMOUS WOMEN ONLY, 11 A.M., KKCB, 203 E.** Cobblecreek Dr., Cedar City. Info at 435-635-9603 or 877-865-5890.

**NARCOTICS ANONYMOUS, 8 P.M., THE MEETING HALL, 1067 S.** Main St., Cedar City. For information, call (877) 865-5890.



**Mountain Eye  
Institute**  
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# CALENDAR

**DOPELESS HOPE FIENDS – 203 E. COBBLECREEK DR., CEDAR CITY.**  
Info at 435-635-9603 or 877-865-5890.

## MONDAY, SEPTEMBER 30

**A.A. GROUP – “WHAT A WAY TO START THE DAY” – MEETS EVERY SUN, MON, WED, FRI,** from 7 a.m. to 8 a.m. in the Fellowship Building behind St. Jude’s Church, 70 N 200 W, Cedar City. All are welcome!

**AA – STEPS AND TRADITIONS, 203 E. COBBLECREEK DR., CEDAR CITY.** For information call (877) 865-5890.

**COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH IN CEDAR CITY.** Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

**IMMUNIZATIONS/WIC/VITAL RECORDS, 8 A.M. TO 5 P.M.,** Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

**RED ROAD TO SOBRIETY/AA MEETING, OPEN MEETING, 6 P.M.,** Paiute Indian Tribe of Utah, 440 N. Paiute Drive, Cedar City. For more information call Chris at 586-1112 ext. 307.

**ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK DR.** (KKCB upstairs).

**ALCOHOLICS ANONYMOUS, SPEAKING FROM THE HEART, 203 E. COBBLECREEK DR., CEDAR CITY.** For information call (877) 865-5890.

**ALCOHOLICS ANONYMOUS, 6 PM AA MISFITS, 203 E. COBBLECREEK DR., CEDAR CITY.** For information call (877) 865-5890.

**NARCOTICS ANONYMOUS MONDAY NIGHT BASIC TEXT STUDY, 8 p.m.,** KKCB, 203 E. Cobblecreek Dr., Cedar City. For information call (877) 865-5890 or 435-635-9603.

**CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M. CALL 435-865-1387** for an appointment. Accepts Medicaid, Medicare and all private insurances.

**AWANA BIBLE CLUB – VALLEY BIBLE CHURCH, NEXT TO THE** water tanks in Enoch, meets weekly from August 28th through May 3rd. 7th through 12th grades meet Monday nights at 6:30. Pre-school through 6th grade meet Wednesday nights at 6:30. Call Valley Bible Church at 586-0253, Keith at 435-990-1638 or just show up.

## TUESDAY, OCTOBER 1

**LION’S CLUB – WE ARE GRADING EYEGLASSES AT THE CEDAR** City Library; 303 N 100 E. Lunch will be catered by Lin’s. All are welcome! Please call Shanda for more info. 702-480-3238

**CEDAR PROFESSIONALS IS AN ORGANIZATION OF BUSINESS** people created to stimulate the business climate for members through exchange of ideas, information and business referrals. Visit our weekly meeting – Tuesdays 7:30 am – Springhill Suites 1477 S Highway 91 in Cedar City - [www.cedarprofessionals.org](http://www.cedarprofessionals.org)

**WATER AEROBICS CLASS, (TUESDAYS AND THURSDAYS) 8 A.M.,** SUU pool. Fun, up-tempo workout to music. The class includes intensive cardio conditioning and full body muscle toning. The workout can be adapted to any fitness level. Beginners and all ages are welcome. Cost is \$3 per class, including pool admission. Call Allison at 435-327-2091 (no text) for more info.

**STORY TIME AT THE FRONTIER HOMESTEAD STATE PARK, 10 A.M.,** an opportunity for preschool children to learn about the past through stories and history-related activities, story time is free thanks to the support of the Cedar City-Brian Head Tourism Bureau.

**CEDAR CITY ROTARY CLUB WEEKLY MEETING. FOR MORE** information call (435) 865-7637.

**IMMUNIZATIONS/WIC/VITAL RECORDS, 1 TO 5:30 P.M.,** Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

**RAPE AND SEXUAL ASSAULT SUPPORT GROUP, 6 TO 7:30 P.M.,** for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

**COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH IN** Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

**AA – STEPS AND TRADITIONS, 203 E. COBBLECREEK DR., CEDAR** City. For information call (877) 865-5890.

**AL-ANON “EASY DOES IT,” 7 TO 8 P.M., COMMUNITY** Presbyterian Church, 2279 N. Wedgewood Lane, Cedar City, for more information call (435) 531-1045.

**AL-ANON, 7 TO 8 P.M., PAROWAN SENIOR CENTER (1ST AND 3RD** Tuesday)

**ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK DR.** (KKCB upstairs).

**ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, NOON,** Cedar Bowling Center, 421 E. Highway 91, Cedar City.

**ALCOHOLICS ANONYMOUS, NOON SPEAKING FROM THE** Heart AA, 6 p.m. AA Misfits and Cedar Group at 8 p.m. AA Cedar Group, 203 E. Cobblecreek Dr., Cedar City. For information call (877) 865-5890.

**CEDAR CITY COMMUNITY CLINIC, 10 A.M. TO 7 P.M., CALL 865-1387** for an appointment. The clinic accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

**CAREGIVER SUPPORT GROUP LEAGUE, NOON, FIVE COUNTY** Aging Offices, 585 N. Main Street, Ste. 1, Cedar City.

**CEDAR CITY TOP BAR HIVE BEE KEEPING ASSOCIATION MEETING,** 7 p.m., Cedar City Library in the Park, 303 N 100 E.

## WEDNESDAY, OCTOBER 2

**CEDAR CITY COUNCIL, 5:30 P.M., CITY HALL, 10 N MAIN STREET**  
**ENOCH CITY COUNCIL, 6 P.M., CITY OFFICES. 900 E MIDVALLEY** Rd, Enoch, UT. (435) 586-1119

**A.A. GROUP – “WHAT A WAY TO START THE DAY” – MEETS EVERY** SUN, MON, WED, FRI, from 7 a.m. to 8 a.m. in the Fellowship Building behind St. Jude’s Church, 70 N 200 W, Cedar City. All are welcome!

**WW - WEIGHTWATCHERS REIMAGINED! GET GUIDANCE AND IN-** person motivation from members, trained guides and wellness coaches who are on the same path. Workshop every Wednesday at 9:30 am at the Cedar City Aquatic Center, 2090 W. Royal Hunte Drive. Call or Text for more information (702) 832-0555.

**TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN’S** Crisis Center, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

**IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 A.M. TO 5:30 P.M.** (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

**COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH IN** Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

**BAND: COLOR COUNTRY WINDS, CALL DEBBIE AT 435-559-9609** for time and location. Come brush up on your band skills to share with the community.

**TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, LOSE WEIGHT** without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park. For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

**DOMESTIC VIOLENCE SUPPORT GROUP, 6 TO 7:30 P.M., FOR** women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

**ALCOHOLICS ANONYMOUS, 6 P.M. AA MISFITS, 203 E.** Cobblecreek Dr., Cedar City. For information call (877) 865-5890.

**AL-ANON (NEW BEGINNINGS) WOMEN’S BOOK STUDY MEETING.** 6:30-7:30 p.m., 203 E. Cobblecreek Dr., Cedar City.

**ALCOHOLICS ANONYMOUS, NOON. SPEAKING FROM THE HEART** AA and 6 p.m. AA Misfits, 203 E. Cobblecreek Dr., Cedar City. For information call (877) 865-5890.

**ALCOHOLICS ANONYMOUS (RED CREEK GROUP) 7 PM PAROWAN** Senior Center 685 N 300 E, in Parowan

**ARP—ADDICTION RECOVERY PROGRAM, 7 P.M., PAROWAN** Seminary building, Main and 300 North, Parowan.

**NARCOTICS ANONYMOUS JUST FOR TODAY, 8 P.M., KKCB, 203 E.** Cobblecreek Dr., Cedar City. For information call (877) 865-5890 or (435) 635-9603.

**HEY CEDARS SQUARE DANCE CLASS, 6:00 P.M. BEGINNER’S** Class and Mainstream Dancers from 7 to 9 pm. Cedar City Senior Center (489 E 200 S.) More info from Pat 435-531-6811 or Ralph 435-669-4867.

**CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M., CALL 865-1387** for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

**AWANA BIBLE CLUB – VALLEY BIBLE CHURCH, NEXT TO THE** water tanks in Enoch, meets weekly from August 28th through May 3rd. 7th through 12th grades meet Monday nights at 6:30. Pre-school through 6th grade meet Wednesday nights at 6:30. Call Valley Bible Church at 586-0253, Keith at 435-990-1638 or just show up.

# Fundraiser run 'Simply a Miracle'

from Amanda **WILCOCK**

FOR IRON COUNTY TODAY

**Saturday October 12th, 9 AM, Bicentennial Park, 660 W 1045 N, Cedar City**

In honor of our sweet baby Sam, who passed away in January 2018, we are hosting the 2nd annual Simply A Miracle 5k and 1 Mile fundraiser run, with all proceeds going to support other families who have lost infants.

Come walk or run in honor of Sam, a family member, a friend’s baby, or any one of the hundreds of Utah families who lose babies each year. We are so grateful for your continued support!

To register online visit: [tinyurl.com/2ndAnnualSAMrace](http://tinyurl.com/2ndAnnualSAMrace). \$20 registration includes race entry and T-shirt. \$60 registration for families of 4+. (\*T-shirts can only be guaranteed for registrations completed and paid by September 30th. Unless special arrangements are made, t-shirts will only be given to registrants who come to the event.) If you would like to support but will not be attending the event, or want to participate and do not care to receive a T-shirt, please use the “DONATION” option during registration!

Contact Amanda Wilcock with questions at [simplymiraclecompany@gmail.com](mailto:simplymiraclecompany@gmail.com) or 435-901-4463. Please arrive by 8:30 a.m. on October 12th to pick up your t-shirt and get ready to race!

## Festival of Homes awards announced

### Best Garage Exhibitor:

Diamond K Builders, Bruce Kuykendall, #11 The View @ Eagle Ridge and Big Trees Nursery, Kassie Pebworth, also including exhibitors Equity Real Estate and One Trust Home Loans.

**1st Runner up:** Iron Gate Custom Homes, Nathan Thayer, #3 Maplewood Manor with Moji Sweet Scents, Elite Door & Window, Mascara Beauty, State Bank, and DeMille Turf Farm/Red Cedar Rock.

### Best Landscaping:

Diamond K Builders, Bruce Kuykendall, #11 The View @ Eagle Ridge.

**1st Runner Up (Tie):** Velocity Homes, Spencer Jones, #2 Villa Vika, Landscaper: Detailed Landscaping.

### Best Interior Design:

Travis Larsen Construction, Travis Larsen, #13 Taigh A’Ghlenn. Designers: Cathye Huckaby, Suzee Ferris, Carol Wilson, Debbie Mayfield

**1st Runner Up:** Iron Gate Custom Homes, Nathan Thayer, #3 Maplewood Manor, Interior Designer: Homeowner.

### Best Home:

Diamond K Builders, Bruce Kuykendall, #11 The View @ Eagle Ridge

**1st Runner Up:** Iron Gate Custom Homes, Nathan Thayer, #3 Maplewood Manor

# Happy Factory announces 2019 Gala Dinner

by Neal **SMITH** + Tawny **THOMAS**

FOR IRON COUNTY TODAY

It's Gala time again! The 17th annual fundraising gala for the Happy Factory, and the ninth since the passing of co-founder Charles Cooley, will be held Thursday, October 10th in the Ballroom of the Sharwan Smith Center at Southern Utah University at 6:00 PM. The Gala Dinner is the annual fundraising event of the Happy Factory and the broad community support is greatly appreciated by co-founder Donna Cooley.

Southern Utah University, Cherry Creek Media and the Cedar City Rotary Club are, once again, a sponsor of the gala. We urge everyone to continue their support for the Happy Factory as it continues to make high quality toys for underprivileged children around the world.

The Happy Factory is a non-profit charitable organization, founded by Charles and Donna Cooley who to date, has shipped well over 1,550,000 toys in the form of small cars and trucks. There are no paid positions at the Happy Factory. Time, materials, boxes, shipping, and almost everything needed to build a toy is donated to the Happy Factory. But that doesn't mean there isn't a huge need to raise funds. It takes a substantial amount of funds every year to keep the Happy Factory going. The Happy Factory also makes steam shovels for the developmentally disabled. The cars and steam shovels are not toys, but tools that can stimulate a child's mind allowing them to think, become creative, and to cope with the world around them.

The more than one million toys have been delivered to more than 125 countries, to schools, hospitals, family shelters, churches, foundations, and many humanitarians' organizations around the world. Anyone can deliver toys during their travels. Many local individuals have carried toys to children in need. Many of these children never owned a toy or had anything else of their own before the gift of a Happy Factory toy.

You can assist in continuing the mission of the Happy Factory by attending the Gala, sponsoring part of the evening, and/or contributing an auction item. You may also bring your skills to the Happy Factory and help make the little wooden cars that are filled with love. The annual Gala is always an excellent event; reminding us that we are truly blessed and giving us the ability reach out to help others, especially the children of the world. Many of the volunteers who donate time and talent will be in attendance. Take the time to discover how you can become a part of the Happy Factory family.

Tickets to the Gala are \$50 each or \$400 for a table of eight. If you cannot attend the Gala then a donation of \$100 to \$200 will create a lovely gift basket that will become a part of the silent auction. Tickets to the Gala or a donation can be made by calling 435 586-8352 or visiting the Happy Factory located at 896 N 2175 West Circle in Cedar City. A member of the gala committee will visit your business.



**THE HAPPY FACTORY'S ICONIC STEAM SHOVEL** is more than a toy. It is a tool to help stimulate children's minds by improving their thinking skills and creativity.

COREY BAUMGARTNER

Auction Items will be sold in silent auction formats. Do you have an item or service you would like to contribute? Your generosity will be much appreciated. All local businesses and individuals that would like to contribute an auction item are encouraged to put something together and drop it off at the Happy Factory. These items are essential to the success of the Gala.

Sponsorship levels for the evening are as follows: Dinner Sponsor, with a donation of \$2,500, will receive eight tickets to the gala, special recognition at the Gala and will treasure the blessing that comes from sharing. This contribution will cover many of the expenses of the evening to allow more of the evening's contributions to go directly to the manufacture of the toys. They will also receive a matched

set of cars and a steam shovel.

Steam Shovel Sponsors, with a donation of \$1,500, will receive eight tickets to the Gala, recognition at the Gala, one steam shovel, and will understand the joy of being a benefactor to the Happy Factory allowing the creation of over 3,000 new toys.

Matched Car Set Sponsors, with a donation of \$1,000, will receive eight tickets for the Gala, recognition at the Gala, one matched set of toy cars, and will feel gratitude for allowing the making of over 2,000 new toys for children. Southern Utah University and the Rotary Club are sponsors at this level.

Auction Sponsors, with a donation of \$750 will receive four tickets to the Gala, recognition at the Gala and experience the joy of creating over 1500 new toys for children.

Table Sponsors, with a donation of \$400, will receive eight tickets to the Gala, and know the peace of participating in sending cars all over the world and the creation of 800 new toys for children.

Thank you for considering The Happy Factory as a beneficiary of your time, effort and hard-earned money. You may also wish to volunteer to work at the Happy Factory. You can make a child's life brighter in many ways. For more information on the Happy Factory call 435 586-8352 or visit [www.happyfactory.org](http://www.happyfactory.org) be sure to like The Happy Factory on Facebook.

We are also seeking donations for the Happy Factory Fundraising Gala silent auction on October 10, 2019. Donations can be items for auction or financial donations and our volunteers will purchase items for the auction. Your donation of \$100-500 can help bring in proceeds to make hundreds more toys for children. Your donation is tax deductible. Checks can be made to Happy Factory and a receipt will be provided. Please help. Without the generosity of the Cedar City community, the Happy Factory could not continue to bring smiles and comfort to so many. Please contact Happy Factory volunteer Tawny Thomas at 435-890-9180 or [tawny@tawnythomas.com](mailto:tawny@tawnythomas.com). We would be happy to come by and pick up a check or donation item at your convenience. Or you can bring it to the Happy Factory at 896 N. 2175 W. Circle Cedar City, UT 84721. We are hoping to have all donations secured by October 1st.

## PEOPLE

### MISSION

#### Elder Russell Adam Rowland

Elder Russell Adam Rowland returns home from the Sacramento California Mission on September 25. He will be speaking in the Midvalley 2nd Ward located at 40 E Midvalley Road in Enoch at 9:00 am on Sept 29. Russell is the son of Paul and Holly Rowland.



# Higher Ground

**S**unday, September 22, was the late Junko Tabei's birthday. Junko, who passed away in 2016, was the first woman to reach the summit of Mount Everest. Growing up she was considered a frail child, but she started climbing at the age of 10 and never stopped until she reached the top, literally. Google commemorated the 80th anniversary of her famous ascent with a doodle and quote, "Do not give up, Keep on your quest."

Are you on a quest? What summits are you seeking in your life? What mountains are you striving to climb and conquer? Maybe avalanches and slippery slopes have prevented you from reaching the top, or maybe you're afraid of heights because you've fallen from them before? Perhaps you're stuck on a plateau, or perched on a precarious precipice? Yes, there are risks in climbing a mountain, but there are also risks staying stuck in the valley.

Why does one climb a mountain? The challenge? The exercise? Perhaps as an escape or for a new perspective? It is beautiful on the mountaintop. The views can be breathtaking, literally. You have to learn to breath different at higher altitudes. However, the air is much cleaner because pollution doesn't like heights.

What's keeping you from climbing your mountains? What's keeping you stuck in the valleys? Maybe Everest is too lofty a goal for you right now, but that doesn't mean you can't eventually reach your Everest. It may require more or different training. You may also need to double-check on who you're climbing with. If they can't or won't help you reach the top, perhaps you need to find new people to climb with.



## The Rut LESS TRAVELED

by Corey BAUMGARTNER

IRON COUNTY TODAY

You also need to have the right climbing gear. You cannot climb mountains using dental floss and wearing ballerina shoes. Find true friends, a good guide or a trusted Sherpa to help you acquire the right gear, plan your route and complete proper training. And remember that you don't have to climb every mountain or climb Everest in a day. Should you find yourself climbing the wrong mountain, or are unprepared for the mountain you are climbing, it's okay to go back down and focus more on your training, climbing

other mountains to improve your abilities and confidence. You will regain momentum and confidence through completion not just direction or compiling a collection of good intentions. There's nothing wrong beginning with hills before you start conquering mountains.

Once you find your mountain, get moving, keep climbing, keep breathing. Stop looking down and start looking up. Your mountains

aren't about escaping the valleys of your past but rising above them, becoming the better person you know you can be. Don't stay grounded in regrets. Change your attitude to change your altitude and vice-versa. Make every climb worth it. Let the challenge change you for the better and when you reach the top, celebrate. Then, stop staring at the stars and go create a great life for them to stare back at.

*“Your mountains aren't about escaping the valleys of your past but rising above them, becoming the better person you know you can be.”*

## Pet Adoptions

### PANDA

He is a stray that nobody has claimed or reported missing. He looks to be about a year old. He is well-mannered, but friendly and playful. He loves toys and likes to play with other cats. The people at the shelter describe him as a "purr machine."



### JEAN PAUL

Another stray, brought in along with his sibling (#4). He is full of energy and loves to play with the other kittens.

### YZMA

She is about two years old, solid black, very calm and loving. She is also a stray. She loves to be petted and talked to.



### MADELINE

She was brought in along with Jean Paul. She is very active and loves to play, but also likes to be held and is hard to put down.

The shelter also has six mother cats with babies. The kittens can be adopted when they are eight weeks old, separately, with mama or with siblings. And for a limited time, you can adopt one cat and adopt a second cat for free.

To view these cute kittens and adopt a new friend visit the Cedar City Animal Adoption Center, 1303 W Kitty Hawk Dr, (435) 586-2960, Mon-Fri 8 AM to 6 PM and on Sat 9 AM to 1 PM.

## 1 in 3 People have Prediabetes.

Intermountain Healthcare and Comagine Health have a Diabetes Prevention program that can help you avoid getting diabetes. You will learn about exercise, healthy eating, grocery shopping, healthy cooking, stress management, and so much more.

**FREE** Weigh to Health Program for Type 2 Diabetes Prevention



You may be at risk of Prediabetes if you have:

- High Blood Pressure
- Family History of Diabetes
- BMI Over 25, Age 40+
- Sedentary Lifestyle



For program questions and to see if you qualify for this free program please call: **435-868-5335**

## SCHOOLS

## ICSD News Nuggets

from Le Ann **WOOLSTENHULME**  
IRON COUNTY SCHOOL DISTRICT

## East Elementary

The Natural History Museum of Utah in Salt Lake City paid a visit to our 4th graders this week! They brought suitcases full of animal adaptations and fossils to share. Our students made observations and inferences by providing evidence of the objects they observed. They looked at several items through microscopes such as insects, seeds, and snakes. They also saw the skulls of herbivores, carnivores, and omnivores. Our learners also had the opportunity to look at fragments of the three biomes that we find in Utah including animals from each of them. These animals included a turtle shell, a bat skeleton, and an encased scorpion! Thank you 4th grade teachers for providing our students with a wonderful learning experience!



## North Elementary

North Elementary would like to thank all those who participated in our first annual PTA Fall Social on Monday, September 16th. Dinner was provided by the PTA. Our amazing PTA does a great job trying to engage parents in their child's schooling! We'd also like to thank the following for their help that evening: Shawn Christian, Dean of the College of Education and Human Development at SUU; Allen Garrett, school psychologist at ICSD; Mary Belle Royer, school counselor at East and North Elementary Schools; and Eric Bonnett, social worker at East and North Elementary Schools. These professionals constituted an expert panel at the social. They answered such questions from the audience as: How much screen time is right for my child? How can I get my child to do his/her chores? What can I do when my child feels bullied? Their answers were concise and pragmatic. Thank you for taking the time to serve our parents and children!

## Enoch Elementary

Code Changers visited Enoch this week. Code Changers brings hands-on STEM activities to the students. They also offer an after-school program if students are interested in programming bots, com-

puter coding, and creating virtual worlds. Students can sign up for this program at the kick-off event on October 16 at Cedar Middle School, from 6-8pm.

The Museum on the Move came to the 4th grade classes. The program is an outreach from The Natural History Museum of Utah. It is an opportunity for students to work as scientists and conduct investigations.

The community is invited to the School Carnival on September 25. This fundraiser will help improve our school.

SEP week is September 30 through October 4. Teachers, parents, and students will meet and collaborate on education and build relationships. School will dismiss at 2:30pm every day this week.

## Three Peaks Elementary

Three Peaks PTA will host our annual Move-A-Thon on September 27 from 2-3 pm. This is a fun activity that students can earn pledges for every 10 minutes they move during the hour of the move-a-thon. Please watch for the pledge sheet and envelope that was sent home with each child. 100% of the proceeds will be used to support year-round programs, classroom support, school equipment, and student activities. Pledges may also be done online at [3peaks.memberhub.store](http://3peaks.memberhub.store).



Three Peaks Elementary will hold SEP conferences September 30 thru October 4. Teachers will send home appointment times for each student. Please make every effort to attend these important meetings so that parents and teachers can discuss valuable information about each student. The PTA will host a Scholastic Book Fair in the library, September 30 thru October 4, during SEP week. Hours will be 11:30 am to 1:15 pm and 2:30-5:00 pm (hours subject to change). All are welcome to attend.

## South Elementary

"March along and sing for my school. Give a cheer for South, that's my school. It's a do my best. I'll try school. South Elementary School!" These lyrics are found in our school song, and we would like to give a special "CHEER" for our custodians. Thank you, Mr. Cade Matheson, and, Mr. Brandon Batt. Although we can't say enough about all they do to help us around our school, we'd like to take a minute and thank them for our beautifully well-manicured lawns and grounds that make South such an inviting place where students and faculty can come to enjoy learning.

## HEALTH FAIR AND FLU SHOOT OUT



COREY BAUMGARTNER

**EACH YEAR THE HEALTH FAIR AND FLU SHOOT OUT** are held at the Intermountain Cedar City Hospital. The annual event included many vendors and booths from local businesses and healthcare providers to help increase awareness of and improve the health and well-being of our community and all who live here.

## Molina Healthcare of Utah donates \$2,500 to Afterschool Programs

Molina Healthcare of Utah donated \$2,500 to the 4-H Afterschool Programs, a youth development program of Utah State University Extension, in Cedar City to support enrichment programs for local youth. Brandon Hendrickson, plan president for Molina Healthcare of Utah presented the check to support the program.

The Iron County school district serves nearly 9,500 kids in PK and K-12, and approximately 47 percent of the kids receive a free or reduced lunch. The number of families who qualify may be underreported because not every eligible student exercises this option.

"4-H Afterschool programming in Iron County relies exclusively on external donations to operate in three local elementary and two middle schools," said Kathleen Riggs, USU Extension Professor, FCS/4-H youth programs. "Our program requires roughly \$1,000 per year to serve one youth in these programs. Funding from community partners like Molina will help us provide nutritious snacks, physical activities, 4-H project supplies, and

materials for life skills development. Currently, our goal is to provide access to high-quality positive youth development for approximately 120-150 at-risk, low-income youth annually."

## About Molina Healthcare of Utah

Since 1997, Molina Healthcare of Utah has been providing government-funded, quality health care to low-income individuals. The company serves members through Medicaid and Medicare programs across the state. Visit [MolinaHealthCare.com](http://MolinaHealthCare.com) and connect with us on Facebook, Twitter, Instagram and YouTube.

## About FCS/4-H Youth

4-H is the nation's largest Positive Youth Development Program. 4-H focuses on learning by doing. Through our unique partnership with USU Extension, we can provide opportunities for youth throughout Utah. 4-H offers a wide variety of programs, projects, contests and events from livestock to sewing, and leadership to robotics.

## FAITH

## The puzzle of life

JOHN 14:27

Have you ever thought of your life as a puzzle? Ever wish you could go back to the days of those cute cardboard puzzles where the pieces were bigger, fewer, and easier to put together? With today's 1000+ piece puzzles, some days you may only find one piece and other days you find several that help put the jig back in your jig-saw. There are also those days when you may find a piece in the wrong place. It seemed to fit at the time, but now you realize it doesn't belong there because there is a better place to put it.

Life is full of such puzzling perils and rarely is it as easy as matching pieces to a picture on a box. However, it does help to look at the bigger picture and believe in the beauty that all those seemingly

“ Life is puzzling enough without persecuting ourselves or each other

First, you don't have to have every piece perfectly in place before you can experience peace. You can enjoy living life while you're searching for those so-called perfect pieces. Second, like any new puzzle, one usually begins by finding the corners and the border pieces. In other words, start with what you know. Eventually you'll begin to see the beautiful patterns created from the pieces you already had

but weren't sure where to put them. You may have to try several different pieces in the same spot before you find one that fits just right, but in the process, you'll learn to trust yourself and your pieces.

Third, remember that you're not alone in your puzzling predicaments. We all get frustrated with finding the right pieces and their places. Be careful not to get stuck in the rut of only seeing the missing pieces.

Don't become too focused and frustrated on those pieces you haven't found, or the ones that aren't fitting where you think they should. This leads to being critical and cruel to yourself and to others for their

seemingly missing or misplaced pieces. You can even become blind to your own beauty and believe that your picture isn't as beautiful or amazing as someone else's.

We all have imperfect pieces. Life is puzzling enough without persecuting ourselves or each other. Let us focus more on finding the missing peace than the missing pieces and realize that our own individual life's puzzles are an amazing, precious parts of a grander puzzle and an even more glorious masterpiece.



## GOD'S Porch

by Corey BAUMGARTNER

IRON COUNTY TODAY

insignificant pieces can create together. What is keeping you from seeing the bigger picture and putting your puzzle together? Did you forget where you put the box? Maybe you threw it away accidentally, or buried it beneath all your busyness? Maybe the picture has faded, or perhaps you are focusing on someone else's picture instead of the one on your own box? With all the wrong pieces out there how do you find the right pieces that will help you stay focused on what is real and what is really important?



IT'S OFFICIAL! The City of Enoch unleashes it's Dog Park for the public and their pooches.

PHOTOS BY SHAY BARUFFI

## A doggone good time at Enoch dog park's grand opening

by Shay BARUFFI

IRON COUNTY TODAY

Enoch's Petsafe Dog Park held its grand opening celebrations last Saturday, September 21st. The event began with a ribbon cutting by the Friends of Festival Country K-9's, the group of community members that made this project successful. The board includes; Chelsie Gallagher, Michele Barkemeyer, Kim Ritz, Diane Gill, Lynne Brown, Bruce Gill and Orion Gallagher. Gail Workman is the group's Education Coordinator.

Enoch's mayor, Geoffrey Chesnut, gave the opening welcome to the crowd. He stated, "Enoch has been the silent party in this. Enoch city was very excited to have the Petsafe Dog Park and this board is a perfect example why we should advocate for the matriarchy, they got stuff done on this park." After his initial address Mayor Chesnut announced the formal name of the road

to the dog park as; Bark Avenue.

The grand opening event featured many fun activities; Dr. Cameron Norton offered vaccinations and microchipping for pets and Gail Workman provided many training demonstrations. In addition to these activities there were fun contests including; a costume contest, the Hot Dog Dive contest, and a treat catching contest.

This project began in 2011, with a group of dedicated community members who would eventually become the Friends of Festival Country K-9's along with the wonderful and welcoming Enoch's donation of three acres of land, it has come to fruition. "Many donations from generous organizations and individuals made this happen," said Diane Gill of the board.

For more information about Enoch's Petsafe Dog Park visit the park on Bark Avenue and Minersville Hwy. or visit their website at [www.EnochPetSafeDogPark.com](http://www.EnochPetSafeDogPark.com).



THE PETSFAE DOG PARK PROVIDES PLENTY of places for pooches to play, sniff, bark and make new friends and memories.

## BUSINESS



**EVAN APPLGATE HELPS HIS SON PREPARE** to cut the ribbon during the Grand opening for his new PT office in Parowan.

COURTESY PHOTOS

## New physical therapy office opens in Parowan

from Chellese **APPLGATE**  
FOR IRON COUNTY TODAY

Color Country Physical Therapy is proud to open their doors in Southern Utah and they celebrated with an open house and ribbon cutting June 29th. They welcomed the community and friends to tour the facility and meet the clinic staff.

Evan Applegate PT, DPT and owner was especially drawn to open his clinic in Parowan as he was born and raised there and felt there was a need. After he graduated from Parowan

High School and served an LDS mission in the Philippines, he attended Southern Utah University for his undergraduate education and graduated in 2012 with a degree in exercise science. He then headed to Glendale, AZ where he attended Midwestern University and received his Doctor of Physical Therapy (DPT) in 2015 and graduated with high honors. Evan has always been drawn to the outpatient orthopedic setting, loves manual therapy and has specialized in back and neck treatment. Evan

has a deep love for Parowan and really wants to serve the community that he grew up in. They welcome those from the surrounding communities as well and accept most insurances.

Located at 450 E. Clinic Way Suite B, across from the county rodeo grounds. Feel free to stop in, meet staff and see the clinic or call with any questions (435) 477-0095.

### Hours:

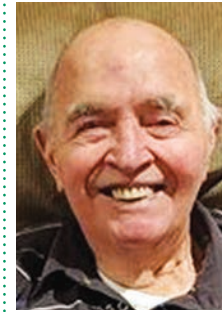
» Mon, Wed, Fri 8am-6pm  
» Tues, Thurs 8am-12pm

**EVAN APPLGATE PT, DPT** displays his physical therapy equipment ready to help bring comfort to the community.



## OBITUARIES

### Gervase Grant Bell



Gervase Grant Bell passed away on September 6, 2019 in the home of his daughter, surrounded by loved ones. Gervase was born on July 20, 1933 in Brisbane, Australia. He was the sixth child born to Charles Wilfred Cecil Bell and Mabel Pearl Rixon. Gerv's family worked hard to make a living during the Depression. In August of 1951, Gerv immigrated to the United States. He lived with his sister and her family in Moore, Idaho. Soon after his arrival, he met Elizabeth Freckleton. They dated for two years and loved to go dancing and to the movies together. On July 15, 1954, Gerv and Beth were married in the Idaho Falls Temple. They welcomed 5 children, 3 sons and 2 daughters into the family during the 23 years that they lived in the Lost River valley.

In the Spring of 1967, the family moved to Boise where a sixth child, a daughter was later born. They started their own business in the Spring of 1974, Bell Sprinkler Company. Over the years Gerv and Beth have been active in the Church of Jesus Christ of Latter-day Saints, and have raised their children in the gospel. They served as full time missionaries in the Kentucky Louisville Mission between 2001-2003 and helped many people and made dear friends.

In July of 2004 they celebrated their 50th wedding anniversary, and took a trip to Australia. They were able to celebrate their 60th wedding anniversary together before Beth passed away on April 25, 2015 due to complications from a previous surgery. The first year after Beth's passing, Gerv took turns living with some of his children. From 2016-2019 he lived with his youngest daughter and her young family in Utah.

On the morning of September 6, 2019, he passed away peacefully, due to a heart attack suffered the previous week. He was 86. Gerv was a quiet man, but full of love, kindness, and gratitude. He taught his posterity to love the Savior, one another and their fellow man. He was a hard worker, and left a legacy of Honesty and Integrity. He was preceded in death by his parents, all siblings, his infant son: Stanley Lynn, his loving companion: Elizabeth Freckleton Bell, Grandson: Benjamin Ross Green, and great-grandsons: Allen James Oney, and Owen Bruce Bell. He is Survived by his children: Grant (Janelle), Adell Roundy (Rex), Chad (Reba), Deborah Green (Brian), Heather Harris (David). On the day of his death, he had 24 grand-children and 46 great-grandchildren.

Services for Gervase were held on Saturday, September 21, at 1pm at the LDS chapel located at 4921 N. Mitchell St. Boise, Idaho. Online condolences can be sent to his memorial page at [www.affordablefuneralservices.com](http://www.affordablefuneralservices.com)

### Scott Alan Ferency



Scott Alan Ferency, age 66, passed away on September 1, 2019 in Enterprise, Utah. He was born on May 10, 1953 to Harold and Shirley Ferency in Canton, Ohio.

He loved watching the stars. The skies where a whole 'nother world for him. Any chance he got he would be out at his cabin. His ideas were never ending with what he wanted to do out there. A star gazing deck was one he always mentioned wanting to have out there.

He just moved back to Utah with hopes to write more music and keep adding-on to the cabin. He was always a very giving man.

He is survived by his daughter, Misty (Ron) Memmott and son, Mike (Teri) Wafford and 7 grandchildren: Korrie, Kirri, Jared, Konnor, Cassidy, Destiny, and Veronica; along with many other family and friends.

He was preceded in death by his parents Harold and Shirley Ferency.

Online condolences can be sent to his memorial page at [www.affordablefuneralservices.com](http://www.affordablefuneralservices.com)

# Sports

SCORES & RECAPS  
FROM COMPETITION  
IN IRON COUNTY



**CEDAR REDS QUARTERBACK JARON GARRETT** tries elude the Thunder defenders with lightning-quick reflexes during an epic battle at Cedar High.

## TO THE WIRE

COREY BAUMGARTNER

### THUNDER SPOIL REDS' HOMECOMING IN 2OT THRILLER

by Tom **ZULEWSKI**

IRON COUNTY TODAY

In a game filled with more twists and turns than the craziest roller coaster, it seemed appropriate that the Sept. 20 Homecoming game at Cedar High came down to one play.

After a battle that lasted more than three hours, the Cedar Reds went for the win with a two-point conversion instead of the extra point.

The gamble was made. The pass fell incomplete. The Desert Hills Thunder survived and escaped with the win.

Logan Wilstead threw for seven

touchdowns and ran for an eighth, and a deflected pass was the difference as the Thunder beat the Reds, 56-55 in double overtime on a cool, crisp night. Each team had the lead four different times, but Desert Hills held it when it mattered as they improved to 3-1 in Region 9 play.

For Cedar head coach Josh Bennett, the call to go for the win in double overtime was worth the risk as the offenses on both sides were able to move the ball consistently throughout the game.

"It was the right call because I felt like we weren't stopping them defensively," Bennett said. "The game

was getting long and I felt we had momentum. I trusted our kids to go do it."

The two-point attempt was made possible after Cedar quarterback Jaron Garrett won the race to the pylon and scored on a 3-yard run in the Reds' second overtime possession. Cedar caught two big breaks on the drive when Desert Hills was whistled for penalties that led to first downs, including a pass interference call on third-and-15 at the 30-yard line.

But when Kolbe Meek's pass on the halfback option was deflected to the



Desert Hills

56



Cedar

55

D.H. 14 7 7 14 7 7 -- 56  
Cedar 7 14 14 7 7 6 -- 55

**1st quarter** – DH – Goulding 31 pass from Wilstead (Goulding kick)  
C – White 25 pass from Garrett (Chamberlain kick)  
DH – Rogers 17 pass from Wilstead (Goulding kick)

**2nd quarter** – C – Meek 20 pass from Garrett (Chamberlain kick)  
DH – Mortensen 55 pass from Wilstead (Goulding kick)  
C – Meek 9 run (Chamberlain kick)

**3rd quarter** – C – Speakman 11 run (Chamberlain kick)  
DH – Mortensen 3 pass from Wilstead (Goulding kick)  
C – Meek 23 run (Chamberlain kick)

**4th Quarter** – DH – Wilstead 1 run (Goulding kick)  
C – Meek 72 pass from Garrett (Chamberlain kick)  
DH – Rogers 9 pass from Wilstead (Goulding kick)

**1OT** – C – Payne 9 pass from Garrett (Chamberlain kick)  
DH – Ford 20 pass from Wilstead (Goulding kick)

**2OT** – DH – Goulding 7 pass from Wilstead (Goulding kick)  
C – Garrett 3 run (pass failed)

see **REDS FOOTBALL** » 26

# High School Football



**CV FALCONS BRISIN JAKE FLIES** into the end zone to score a touchdown.

JR ROBINSON

## Falcons hold off Tigers

by Tom ZULEWSKI

IRON COUNTY TODAY

In search of its first win of the season, the Canyon View Falcons rolled out freshman quarterback Jake Garrett in his first starting assignment.

Two touchdown passes later, the Falcons left the field with a mission accomplished.

Garrett fired both scoring tosses in the second quarter as Canyon View took control of the game the rest of the way in a 32-20 victory over the Hurricane Tigers on Homecoming night, Sept. 20, at the home field.

Hurricane (1-3 region, 1-5 overall) struck first on the game's opening drive when Brock Starley threw a 55-yard touchdown to Bubba Moore for the early lead. It would hold up into the second before Garrett hit his stride.

The freshman found Tyler Maine on a 36-yard score to give Canyon View (1-3, 1-5) its first lead of the night at 10-6. The Tigers responded with less than three minutes to play in the first half as Clayton Warr scored on a 2-yard run, but CV would answer back and take the lead to the locker room at 17-14 as Cody Callison caught a 9-yard touchdown pass from Garrett with 13 seconds left.

Tanner Hardin would help the Falcons pull away with a pair of touchdown runs in the second half. Hurricane's lone score came on a Luke Wright kickoff return of 85

yards in the third quarter.

Canyon View will travel to Desert Hills for this week's Region 9 game Friday at 7 p.m.

## RAMS FALL ON ROAD TO EAGLES, 34-33

In other Iron County action from Sept. 20, the Parowan Rams stayed close on the road against the Millard Eagles before a missed two-point conversion made the difference in a

34-33 loss. The Rams fell to 1-2 in 2A South play and 2-3 overall.

Parowan scored a third-quarter touchdown and took a 13-10 lead heading to the fourth, but the Eagles pulled even and regulation ended in a 20-20 tie. Both teams would score on their first overtime possession, but a 10-yard run from Brooks Myers was the difference as Millard improved to 6-0 on the season.

The Rams will head out of region for a home game Friday against Providence Hall, with kickoff set for 7 p.m.



**RAMS GRAYSON ROBB** gladly introduces a stiff arm to a Millard Eagles defender.

DAVID MINEER

## REDS FOOTBALL

« CONTINUED FROM PAGE 25

turf, the Thunder celebrated a hard-fought victory and the Reds fell to 1-3 in region play.

"The kids fought their butts off," Bennett said. "We've got a great football team and I told the kids to keep their heads up. They're doing great things."

With Wilstead and the Thunder offense clicking, they were nearly able to win the game in regulation, starting at their own 34 with 2 minutes, 54 seconds left and the score tied at 42-42. Ethan Ford nearly finished off the drive on a 10-yard run, but a Reds defender knocked the ball loose and recovered it in the end zone with 28 seconds showing on the clock.

Cedar struck in just two plays on its initial overtime possession as Garrett connected with Trey Payne on a 9-yard touchdown, but Ford atoned for his earlier error when he caught a 20-yard touchdown from Wilstead on fourth-and-5 to tie the score for the seventh time.

Desert Hills led by a touchdown and a crazy sequence on special teams nearly added to the margin late in the first half. After Cedar recovered a muffed punt return, the Thunder broke through and blocked a Reds punt.

The drive stalled inside the red zone at the Cedar 15, but the Reds were able to block a 32-yard field-goal try with just over two minutes left. Garrett led the team on a 73-yard drive that Kolbe Meek cashed in with a 9-yard run with 20 seconds left that tied the game at 21-21 heading to the break.

Cedar got the ball to start the second half and took less than a minute to find the end zone again as Teague Speakman scored on an 11-yard run for a 28-21 lead and set the stage for the see-saw battle that was just getting warmed up.

Garrett would finish with four touchdown passes – two to Meek – and a touchdown run. Meek added two rushing touchdowns of his own.

The Reds hit the road for a game against Hurricane on Friday that starts at 7 p.m.

Canyon View  
**32**

Hurricane  
**20**

Hurricane	6	8	6	0	--	20
Cyn. View	3	14	9	6	--	32

**1st quarter** – H – Moore 55 pass from Starley (kick failed)  
CV – FG Barlow 22

**2nd quarter** – CV – Maine 36 pass from Garrett (Barlow kick)  
H – Warr 2 run (Starley run)  
CV – Callison 9 pass from Garrett (Barlow kick)

**3rd quarter** – CV – team safety  
CV – Hardin 2 run (Barlow kick)  
H – Wright 85 kickoff return (run failed)

**4th quarter** – CV – Hardin 5 run (run failed)

## Scoreboard

### SCORES

#### High School Football

9/20 Desert Hills 56, Cedar 55, 2 OT  
Canyon View 32, Hurricane 20  
Dixie 47, Crimson Cliffs 13  
Pine View 45, Snow Canyon 31  
Millard 34, Parowan 33, 2 OT  
Milford 42, Enterprise 24  
Kanab 35, North Sevier 14

#### Region 9 School Girls Soccer

9/17 Pine View 4, Cedar 2  
Snow Cyn. 6, Canyon View 1  
Desert Hills 3, Crimson Cliffs 1  
Hurricane 3, Dixie 0

9/19 Cedar 5, Dixie 1  
Hurricane 2, Canyon View 1  
Desert Hills 0, Snow Canyon 0  
Pine View 3, Crimson Cliffs 0

### STANDINGS

#### Region 9 Football

	REGION	OVERALL
Dixie	4-0	5-1
Pine View	4-0	4-2
Desert Hills	3-1	3-3
Cedar	1-3	2-4
Snow Canyon	1-3	2-4
Crimson Cliffs	1-3	1-5
Hurricane	1-3	1-5
Canyon View	1-3	1-5

#### Region 2A South Football

	REGION	OVERALL
Millard	2-0	6-0
Beaver	2-0	5-0
Kanab	2-1	4-1
Milford	1-1	5-1
Enterprise	1-2	3-3
Parowan	1-2	2-3
North Sevier	0-3	2-4

#### Region 9 Girls Soccer

	REGION	OVERALL
Snow Canyon	7-1-1	8-1-2
Desert Hills	6-2-1	6-5-1
Pine View	6-3-0	7-4-0
Hurricane	5-3-1	6-4-1
Cedar	5-4-0	6-5-0
Dixie	2-6-1	2-8-1
Canyon View	2-7-0	4-7-0
Crimson Cliffs	1-8-0	1-9-0

### SCHEDULE

#### High School Football

9/27 Cedar at Hurricane, 7 p.m.  
Canyon View  
at Desert Hills, 7 p.m.  
Crimson Cliffs  
at Snow Canyon, 7 p.m.  
Dixie at Pine View, 7 p.m.  
Providence Hall  
at Parowan, 7 p.m.  
Enterprise at Beaver, 7 p.m.  
Kanab at Milford, 7 p.m.  
Millard at North Sevier, 7 p.m.

## High School Girls Soccer

# Lady Reds split pair of contests

by Tom ZULEWSKI

IRON COUNTY TODAY

Lexi Bird knew her Cedar Lady Reds teammates had to find a way to improve their position as the chase for the 4A state playoffs continued Sept. 19. Bird did her part and the Lady Reds followed along to earn a valuable victory.

Bird scored twice, and Cedar pulled away with a pair of quick goals late in the first half on the way to a 5-1 win over the Dixie Flyers to improve to 5-4-0 in Region 9 play. It balanced out the week for the Lady Reds after they dropped a 4-2 decision on the road at Pine View two days earlier.

"The wind helped us out quite a bit," Cedar head coach Scott Kamachi said. "We told the girls to just keep possession, keep the ball on the ground. It helped us out a lot more."

Bird scored her first goal in the fourth minute, but the visiting Flyers (2-6-1 region) got help from the wind and settled a ball in the top of the net three minutes later to tie the game at 1-1. The score would hold until late in the half when Emily Schuh and Kelci Oldroyd delivered markers two minutes apart that pushed the lead to 3-1 at the break.

Bird notched her second goal of the match midway through the second



COREY BAUMGARTNER

EMILY SCHUH PREPARES TO DELIVER A SCORING KICK as the Cedar Reds soared over the Dixie Flyers.

half and Chloe Bearnson completed the scoring in the late stages.

"Scoring early boosted our confidence," Bird said. "After we scored, we had to keep playing hard and we did a really good job of that. We didn't let up and didn't get cocky."

Against the Panthers, Emma Lloyd

had a hat trick as they stayed a full game ahead of Cedar at 6-3-0 in region. Schuh had both goals for the Lady Reds in the loss.

Cedar traveled to Desert Hills for a road game Tuesday that was too late for press deadline. They will host Crimson Cliffs on Thursday in a 4 p.m. kickoff.

## Falcons fall twice

by Tom ZULEWSKI

IRON COUNTY TODAY

Heidi Smith scored four goals, and the Snow Canyon Warriors dented the net three times in each half on the way to a 6-1 victory over the Canyon View Falcons on Sept. 17. CV dropped its third straight game two days later in a 2-1 decision at home to the Hurricane Tigers.

The game against the Tigers was a near-carbon copy of the Region 9 opener between the teams on Aug. 22. Hurricane scored both of its goals in the opening half – one each from Madeline and Lexi Hatch. Canyon View got its lone goal in the second half from Maia Florence, but couldn't net the equalizer.

With the losses, the Falcons are now 2-7-0 in Region 9 play. The team is on the road for both of its games this week. CV traveled to Dixie on Tuesday for a game that was too late for press deadline, and they will play at Pine View on Thursday in a 7:30 p.m. kickoff.

THE CV FALCONS FOUGHT BRAVELY, but fell to the uncontainable Tigers from Hurricane.



JR ROBINSON

## Broken hearts don't detract from classic game

In all my years of covering high-school football, there have been some games that could be described as legitimate classics. Pine View's playoff win over Juan Diego in the 3AA semifinals at Rice-Eccles Stadium had Kody Wilstead rallying the Panthers with a tying touchdown in the final minute of regulation, then delivering the winning TD pass in overtime.

On Sept. 20, another Wilstead delivered a regular-season effort for the ages that made everyone stand up and applaud, even those whose hearts he left broken in about a million pieces.

Logan Wilstead threw seven touchdown passes and added a scoring run for good measure as Desert Hills survived a slugfest with Cedar, 56-55, in double overtime. While his performance was one that will be stuff of legend in our area, there was plenty to be proud about on the Reds' side of the field.

Quarterback Jaron Garrett matched Wilstead play for play, throwing four touchdown passes

and added a touchdown run. Kolbe Meek continued where he left off from last week, catching two more touchdown tosses from Garrett and running for two scores in what was a wildly entertaining night.

But when the game was on the line, Cedar head coach Josh Bennett elected to take a risk and go for the win with a two-point conversion try in the second overtime. One side was going to leave the field happy, and it ended up being the visiting Thunder as a halfback option pass from Meek was deflected away.

After more than three hours, it was hard to witness the emotions on the faces of the Cedar players. Most were stoic and focused. Some couldn't keep it in and simply cried as parents listened and tried their best to hug away the pain.

What would you feel after a finish like that? The Cedar coaching staff deserves all the props in the world for trying to shake things up, even though both sides would have been required to go for two once the game reached a third overtime.

Both teams deserve to be saluted here for an epic effort. It's a game that should be talked about for a long time to come, especially for Bennett's two-point gamble.

You're a hero if it works, you're criticized if it doesn't. But the sun still comes up the next day and another game with chances to make adjustments and get better is always a week away.

With the new RPI playoff system in place, this game ended up making little difference for either team. In 4A, the top 10 teams earn byes and don't have to play in the first round of the playoffs. Through the games played last week, the Thunder sit 11th in the rankings and Cedar is 14th out of 22 programs.

Here's the funniest twist out of all the madness: If the regular season ended today (which we



### RANDOM Thoughts

by Tom ZULEWSKI

SPORTS WRITER

know it doesn't), Cedar would — wait for it — host Canyon View in an opening-round game. The Falcons are 19th after their 32-20 win over Hurricane.

Of course, it's all subject to plenty of changes over the next three weeks.

The same goes for girls soccer, and Cedar is among the top 11 teams in 4A who would earn a first-round bye for the 4A playoffs. After a 5-1 home win over Dixie on Sept. 19, the Lady Reds are 5-4-0 in Region 9 and 6-5-1 overall.

Cedar is 10th in the latest RPI rankings and would play at Pine View in its first matchup. The Panthers beat the Lady Reds 4-2 last week and are 7th.

With five games still to be played in the regular season, there will be plenty of changes to come. Stay tuned to this space for the latest.

Follow Tom Zulewski on Twitter  
@TommyZee81 or email  
tominator19@yahoo.com.



THE SUU THUNDERBIRDS FOUGHT TO THE END but couldn't find a way to match the speed of the Jackrabbits

ANITA BUNKER

## Thunderbirds wrap non-conference play with loss to No. 3 South Dakota State

by Bryson LESTER

SUU ATHLETICS STRATEGIC COMMUNICATION

**BROOKINGS, S.D.** — The Thunderbird football team competed in their final non-conference game of the 2019 campaign on Saturday night as they fell to the No. 3 ranked Jackrabbits of South Dakota State 43-7 on the road.

The Jackrabbits struck first with 6:24 to play in the opening quarter on a 30-yard touchdown throw to jump ahead 7-0.

SDSU would add two more touchdowns in the second quarter to extend their lead to 21-0 thanks to back-to-back rushing scores.

It took nearly the entire opening half, but the Thunderbirds were able to get on the board with 29 seconds remaining to cut the SDSU lead to 21-7. Chris Helbig scored his fourth touchdown of the year on the ground to give the T-Birds some momentum heading into the second half.

Unfortunately for the T-Birds, they had two missed field goal opportunities in the opening half.

The second half was all Jackrabbits, as SDSU scored 22 unanswered points to extend their advantage to 43-7 and secure the

victory.

Helbig finished the game with 21 yards through the air on 26 completions.

Lance Lawson was his top target with nine catches for 75 yards. Isaiah Diego-Williams caught four passes for 23 yards.

James Felila was the top back on the ground with 14 carriers for 46 yards.

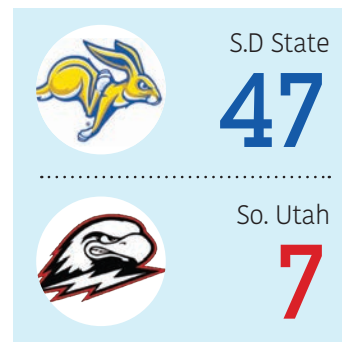
Defensively, Nela Otukolo led the team with seven total tackles. Nathaniel Vaughn finished the night with six. Both Vaughn and Carlton Johnson had interceptions in the contest.

The Thunderbirds will return to Eccles Coliseum next weekend to open Big

Sky Conference play against the Cal Poly Mustangs for Southern Utah's annual Homecoming Game.

Keep tabs on the Thunderbirds throughout the entire Big Sky Kickoff by following @SUUFB on Twitter and Instagram and by liking the Southern Utah Football page on Facebook.

Single game tickets and season tickets are available for the remainder of the 2019 campaign at [www.tbird-tickets.com](http://www.tbird-tickets.com) or at the America First Event Center Ticket Office.



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**2009 FORD RANGER FOR SALE! 79,000 MILES. BAD MOTOR.** Can see at 2344 W. Industry Way, Cedar City. Accepting sealed price bids until Sept. 20th. Call Scott 435-586-0585 for more.

**2002 TOYOTA HIGHLANDER: 140,212 MILES, 4 CYLINDERS,** body style: Utility. In excellent and clean condition, runs smoothly, has a clean title. Call 435-233-6392.

**2000 DODGE DAKOTA. 4X4. QUAD CAB. V6 AUTO. 160,000 miles. no rust. camper shell. \$2200.00 cedar area. 435-559-2800.**

**2006 HARLEY DAVIDSON, ELECTRIC GLIDE CLASSIC, LOW mileage, asking \$5000. 805-630-7118.**

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**CAMO CLOTHING AND HUNTING GEAR. EVERYTHING YOU need for cold weather outdoors. Clothing extra large, Boots 10 1/2 and 11, Luggage, duffels, travel bags, backpacks, fanny packs, gun cases, cleaning station, scopes, sleeping bag and pad. Socks to hats and in between. All good quality and lightly used. Some never used. Can't hunt anymore due to health. ALL PRICED TO SELL. Contact me for pictures and item pricing. All located in Cedar City. Contact Rick at 702-210-7040.**

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**PERMANENT - PART TIME SALES/SECRETARY PERSON NEEDED.** Telephone and follow-up, knowledge of word perfect, construction trade, interior design helpful, but not necessary, FESTIVAL~ABBEY CARPET & FLOOR 2572 W. Highway 56 Cedar City, UT (435) 586-1114.

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## REAL ESTATE

**FOR SALE-1 ACRE PARCEL \$1,000; OLD IRONTOWN LOT .51AC with water & electric in road \$32,000; 20-acres with water and electric \$149,000. Call William at Cedar City Realty LLC 435-212-1416**

**FOR SALE. BEAUTIFUL, LEVEL CEDAR CITY GOLF COURSE building lot. 1/3 acre located on the 17th Fairway. Additional grass frontage on common area. View of City and Mountains. Must see to appreciate. \$96,500. Call or text Jeff Johnston, High Country Realty Inc at (435) 590-2836 or Connie Shumway, High Country Realty Inc at (435) 559-8908.**

**FOR SALE- PAROWAN AREA: 20.4 ACRES WITH 2 ACRE FEET of water and drilled well. Power at street, beautiful views, easy access. Located off paved road. \$109,000, MLS# 82527. Call Jeff Johnston, High Country Realty Inc. Parowan. 435-590-2836.**

**1/3 ACRE RESIDENTIAL LOT, 48S 400E, PAROWAN, \$40,000.** All utilities in street. Irrigation water. Amazing view of Valentine Peak. quiet residential area, no HOA. Short-term(< 5 year) financing available, 702-241-3942.

**LOOKING TO PURCHASE A HOME? HAVE SUPRA WILL SHOW.** Call William Cedar City Realty LLC Broker. 435-212-1416 wgadavidson45@gmail.com

## RECREATION

**26 FOOT 2010 CAMP TRAILER BY GULFSTREAM. CAN SLEEP 8 (Bunkbeds). Has slide out. Only used for Deer Hunting. \$12,000 OBO. Call 586-2537 or 599-3509.**

**SEA EAGLE 9 INFLATABLE BOAT: 3HP ELECTRIC MOTOR,** hard bottom insert, fishermans seat, great multipurpose boat, Like New, \$475 OBO. 208-861-5630.

## RENTALS

**CEDAR CITY ROOM FOR RENT, NICE AREA, OFF HWY 56, BY Iron Springs. Includes utilities & Wifi. 435-559-2673.**

**NICE FURNISHED STUDIO CONDO FOR RENT AT SHINGLEbrook in Parowan. Fireplace, free digital T.V. No Pets, No Smoking. \$455/month plus utilities. \$300 refundable deposit. Contact Sherri at 435-590-7022.**

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**GIL'S MOBILE WELDING. I'LL COME TO YOUR HOME/BUSI-ness.** Repair fencing, gates, wrought-iron, utilities trailers, farm equipment, cosmetic repair small/big household metal items. Fair pricing/free estimates. Don't toss it, I'll weld/fix it. 435-383-3259.

**DAD & SON'S PROPERTY MAINTENANCE. HONEST & DE-pendable, free estimates, fair pricing. 435-383-3259.**

**CLOCK REPAIR. GRANDFATHER CLOCKS, ANTIQUE CLOCKS,** and cuckoo clocks. Over 30-years experience. Pick-up and Delivery. Call Bill, 435-477-1211.

**CARING COMPANION SERVICES: PROVIDES CARE AND COM-panionship for seniors in need, including transportation, shopping, meal preparation, medication reminders and re-spite care. References available. Call: Linda Peterson (435) 233-6802.**

**CAPT. RICK-HANDYMAN CARPENTER/PAINTER: REPAIRS & Renovations Decks, Railings, Fences, Doors, Windows, Kitch-ens, Baths, Appliances, Varnishing, Light Trucking. Honest & Reliable, Clean & Careful, Cedar City Area Rick 435-477-9032. Cell:612-802-6205.**

**MANUFACTURED HOMES SET UP: DOUBLE WIDES, SINGLE wides, park models, 38 years experience. Have state required licence and liability insurance. Call Chris 435-559-3348.**

**NEED A HAND, CALL THE FIX-IT MAN. PRICES YOU CAN AF-ford and senior discounts too. All repairs from floors to bulbs above. St. George to Cedar City and beyond. Call 435-574-2282.**

## WANTED

**WANTED: A WHITE CAT. KITTEN OR A CAT. PREFERABLY A girl.** 435-867-4903.

**ATTENTION: I NEED A JOB! I AM NEW TO TOWN AND PLAN to stay.** I'm a hard worker, am 63 yrs. Old. Never Miss work. I have worked as an apartment maintenance technician, steel worker, am pretty handy. Please call Rick @206-276-2677. Salary Negotiable.

**WANTED: WATER JET CUTTING IN CEDAR CITY UTAH. ALSO:** Dark Room Photo Equipment. Please Call Jay 702-860-9630

## YARD SALES

**YARD SALE: FRIDAY & SATURDAY, SEPTEMBER 27TH & 28TH,** 8am-4pm, 50 W Old Hwy 91 Parowan. Across from Heritage Park. Household items, clothing, garden tools, bicycles, books, furniture and more.

**OUTDOOR PLANTS & BIG POTS FOR SALE. HEALTHY. CALL TO** make an appointment to See. 760-710-9356.

**YARD SALE 1477 N 400 W: SATURDAY, SEPTEMBER 28TH,** 9am-3pm. Furniture, Clothes, Books & lots more!!!!

**2 FAMILY YARD SALE. VARIETY OF ITEMS; INCLUDING** household goods, clothing, paintings, & helmets. 8am to 3 pm, 139 W 2825 North Cir, Cedar City, 84721

on

f Instagram

## LEGAL NOTICES

### NOTICE OF TRUSTEE'S SALE

The following described real property will be sold at public auction to the highest bidder, purchase price payable in lawful money of the United States of America at the time of sale, on the steps of the main entrance or in the foyer of the Fifth Judicial District Courthouse – Iron County, 40 North 100 East, Cedar City, Utah 84720 on October 22, 2019, at the hour of 12:00 P.M. of that day, for the purpose of foreclosing a Deed of Trust and Fixture Filing dated June 14, 2016, executed by DTA Holdings, LLC (“Trustor”), in which ZB, N.A., dba Zions First National Bank was named as Lender and Beneficiary and as Trustee, and recorded on June 27, 2016, as Entry No. 00685258 in Book 1347 at Pages 878, in the official records of Iron County, State of Utah (“Trust Deed”). The real property affected thereby is described as follows:

See Exhibit “A” for legal description of property, together with all existing or subsequently erected or affixed buildings, improvements and fixtures; all easements, rights of way, and appurtenances; all water, water rights and ditch rights (including stock in utilities with ditch or irrigation rights); and all other rights, royalties and profits relating to the real property including without limitation all minerals, oil, gas, geothermal and similar matters (the “Real Property”) located in Iron County, State of Utah.

The Real Property or its purported address is commonly known as 450 North 200 West, Cedar City, Utah 84721. The Real Property tax identification number is purported to be B-0968-0000-0000.

The current beneficiary of the Trust Deed is ZB, N.A. dba Zions First National Bank. A Substitution of Trustee has been filed naming Richard H. Madsen, II as Successor Trustee and the record owner of the property as of the recording of the Notice of Default was DTA Holdings, LLC.

The Trustee's sale of the real property will be made without warranty as to title, possession, identification numbers or encumbrances. The successful bidder, other than the Beneficiary, must make a \$5,000.00 down payment, at

the time of sale, by bank cashier's check made payable to Zions Bancorporation, N.A., dba Zions First National Bank, with the remaining balance of the successful bid payable, in certified funds, within 24 business hours following the sale. The trustee reserves the right to void the effect of the trustee's sale after the sale based upon information unknown to the trustee at the time of the sale, such as a bankruptcy filing, a loan reinstatement, or an agreement between the trustor and beneficiary to postpone or cancel the sale. If so voided, the only recourse of the highest bidder is to receive a full refund of the money paid to the trustee.

DATED this 12th day September, 2019.

Successor Trustee:

/s/Richard H. Madsen, II  
Richard H. Madsen, II, Esq.  
Ray Quinney & Nebeker P.C.  
36 South State Street, Suite 1400  
Salt Lake City, Utah 84111  
Telephone: (801) 532-1500

Generally available during normal business hours  
(8:30 a.m. to 5:30 p.m.) Monday through Friday.

### EXHIBIT A

Beginning at a point South 89°29'46” West 18.25 feet along the Quarter Section Line and North 00°41'23” West 3.20 feet along the West line of Block 55, Plat “B”, CEDAR CITY TOWN SURVEY, from the Northwest Corner of the Northeast Quarter of the Southwest Quarter of Section 11, Township 36 South, Range 11 West, Salt Lake Base and Meridian; thence North 89°26'18” East 198.07 feet; thence South 00°42'53” East 226.15 feet along the East line of Lots 4 & 3, of said Block 55; thence South 89°29'46” West 88.63 feet; thence North 00°41'23” West 67.02 feet; thence North 21°54'36” West 7.76 feet; thence South 89°29'46” West 106.73 feet; thence North 00°41'23” West 151.70 feet to the point of beginning.

Published Sept. 18, 25 & Oct. 2, 2019  
Iron County Today • ICT #0166

### NOTICE OF ORDINANCES

Notice is hereby given that the Cedar City Council at its regular meeting of September 18, 2019, passed the following ordinance(s):

1. Ordinance No. 0918-19, an ordinance amending Cedar City's Street Master Plan by making Industrial Road a 66-foot major collector from 300 West to Airport Road;
2. Ordinance No. 0918-19-1, an ordinance amending Cedar City's Trails Master Plan by adding a 20-foot wide parkway and paved trail along Industrial Road from 300 West to Lund Highway; and
3. Ordinance No. 0918-19-2, an ordinance amending Cedar City's Storm Drain Master Plan by adding a storm drain line in the Northfield area.

Said Ordinances shall become effective immediately upon publication.

A Copy of said ordinance(s) may be seen and/or purchased at the office of the Cedar City Recorder, 10 North Main Street, Cedar City, Utah.

Published Sept. 25, 2019  
Iron County Today • ICT #0170

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## LEGAL NOTICES

### LIEN STORAGE SALE

NOTICE IS HEREBY GIVEN, by Enoch Storage Rentals, that the rights, title and interest of the following storage occupant's personal property will be sold at public auction for non-payment of rent. Each unit's contents will be sold in bulk as a single transaction for CASH only on Saturday, October 12, 2019 at 9 am at Enoch Storage located at 660 E 4930 N Enoch, UT 84721, 435-867-4655. A \$100 refundable cash performance deposit, per unit, is required of successful bidders. Successful bidders will be allowed 7 days to clean out the units.

#102 Joshua Finnegan; spools of wire, vacuum, luggage, clothing, totes.

#134 Britnee Gilmer or Ashleigh Jamison; furniture, totes, bed.

#139 George McDowell; bed, blankets.

#158 Clint Porter; bikes, exercise equip, deer horns, totes, tools.

#218 Minda Malaeeulu; tools, shelves, furniture, appliances.

OS-5 Clint Porter; 1973 Rancho El Rey 20 ft camp trailer.

**Published Sept. 25, 2019**  
**Iron County Today • ICT #0167**

### NOTICE OF ORDINANCES PASSED

Notice is hereby given that the Enoch City Council passed two ordinances at a regular meeting of the Enoch City Council held on September 19, 2019. Ordinance No. 2019-09-04-B adopted impact fees for water meters larger than one inch and will take effect in 90 days. Ordinance No. 2019-09-18-A was to rename the road to the new Enoch Animal Shelter and Dog Park which was 700 East to be known as "Bark Avenue". For more information call the City Recorder at 435-586-1119 or view changes on the City website at <http://www.city-ofenoch.org/ordinancespublic-notices.html>

**Published Sept. 25, 2019**  
**Iron County Today • ICT #0167**

### NOTICE OF AGREEMENT PASSED

Notice is hereby given that the Enoch City Council at a regular City Council meeting on September 18, 2019 passed an Interlocal Cooperation Agreement by and between the Enoch City Community Development and Renewal Agency and Enoch City for the Enoch Valley Crossing Community Development Project Area. For more information call the City Recorder at 435-586-1119 or view the agreement on the City website at <http://www.cityofenoch.org/ordinancespublic-notices.html>

**Published Sept. 25, 2019**  
**Iron County Today • ICT #0169**

### SUMMONS

Justin W. Wayment (7011)

Christian Jones (15873)

WAYMENT & JONES LAW

Attorneys for Plaintiff

51 East 400 North #1

P.O. Box 1808

Cedar City, UT 84721-1808

Telephone: (435) 586-3300

Fax: (435) 586-4288

Email: [jwayment@waymentandjoneslaw.com](mailto:jwayment@waymentandjoneslaw.com)

Email: [cjones@waymentandjoneslaw.com](mailto:cjones@waymentandjoneslaw.com)

IN THE FIFTH JUDICIAL DISTRICT COURT IN AND FOR IRON COUNTY, STATE OF UTAH

BRENT DOAN and R.T. MARTEN,  
Plaintiffs,

v.

GREAT EASTERN MINING COMPANY, an expired Utah corporation, SUMMIT MOUNTAIN, INC., an expired Utah corporation, E. Leslie Nielsen as Trustee of the SILVER BULLET TRUST, an unregistered entity and JOHN & JANE DOES 1-10  
Defendants.

SUMMONS BY PUBLICATION

Case No. 190500114

Judge Matthew L. Bell

THE STATE OF UTAH TO DEFENDANTS:

The above-entitled Court has entered an Order granting Plaintiff the right to serve Defendants, GREAT EASTERN MINING COMPANY, SUMMIT MOUNTAIN, INC., E. Leslie Nielsen as Trustee of the SILVER BULLET TRUST, and JOHN & JANE DOES 1-10, by Publication. You are thereafter hereby summoned and required to file an answer in writing to a Complaint on file with the clerk of the above entitled Court, located at 40 North 100 East, Cedar City, UT 84720. You are also required to file an Answer with the court and serve upon, or mail to, Plaintiff's attorney, a copy of said Answer within twenty-one (21) days after the service of the Summons upon you if you reside within the State of Utah, or thirty (30) days after the service of Summons upon you if you reside outside the State of Utah.

If you fail so to do, judgment by default will be taken against you for the relief demanded in said Complaint, which has been filed with the Clerk of said Court.

Please be advised that this action seeks to quiet title to certain real property and identified in Plaintiff's Complaint, Exhibit A, which is located in Iron County, Utah, and once quieted, the land shall be titled solely in the name of Plaintiffs Brent Doan and R.T. Marten, to the exclusion of all parties.

A copy of the Complaint in this action has been deposited with the Clerk of the Court, with a description of the Real Property, and can be picked up by anyone claiming an interest in the above matter at no charge.

DATED this 23rd day of August, 2019.

WAYMENT & JONES LAW

/s/ Justin W. Wayment

JUSTIN W. WAYMENT

Attorney for Plaintiff

**EXHIBIT "A"**

**PARCEL #1:**

ID: D-0069-0005-0000

Legal: Lot 4, WINTERWOOD SUBDIVISION, UNIT 1, according to the Official Plat thereof, recorded in the Office of the County Recorder of said County.

EXCEPTING THEREFROM 1/2 of all oil, gas and other minerals together with the right of ingress and egress for the purpose of exploring and/or removing the same.

SUBJECT TO easements, covenants, conditions, restrictions, rights of way and reservations appearing of record, and taxes for the year 1997 and each year thereafter.

**PARCEL #2:**

ID: D-0069-0010-0000

Legal: Lot 6, WINTERWOOD SUBDIVISION, UNIT 1, according to the Official Plat thereof, recorded in the Office of the County of Iron, State of Utah.

Excepting therefrom 1/2 of all oil, gas and other minerals, together with the right of ingress and egress for the purpose of exploring and/or removing the same.

TOGETHER WITH all improvements and appurtenances thereunto belonging.

SUBJECT TO easements, rights of way, restrictions and reservations of record and those enforceable in law and equity.

**PARCEL #3:**

ID: D-0069-0003-0000

Legal: Lot 13, WINTERWOOD SUBDIVISION, UNIT 1, according to the Official Plat thereof, recorded in the Office of the County Recorder of said County.

EXCEPTING THEREFROM 1/2 of all oil, gas and other minerals, together with the right of ingress and egress for the purpose of exploring and/or removing the same.

SUBJECT TO easements, covenants, conditions, restrictions, rights of way and reservations appearing of record, and taxes for the year 1997 and each year thereafter.

**PARCEL #4:**

ID: D-0062-0002-0005-01

Legal: Lot #1, Block A, SUMMERTREE VILLAGE, Plat "A", a subdivision located in Section 35, Township 34 South, Range 10 West, Salt Lake Base and Meridian.

SUBJECT TO: County and/or City Taxes not delinquent; Bonds and/or Special Assessments not delinquent; Covenants, Conditions, Restrictions, Rights-of-way, Easements, Leases and Reservations now of Record.

**PARCEL #5:**

ID: D-0062-0002-0005

Legal: Lot 2 of Block A, Summertree Village, Plat "A", a Subdivision located in Section 35, Township 34 South, Range 10 West, Salt Lake Base and Meridian, recorded as entry #170003, Iron County, Utah.

**PARCEL #6:**

ID: D-0062-0002-0008

Legal: Northerly 40 feet of Lot 15, Block B, SUMMERTREE VILLAGE, Plat A, according to the Official Plat thereof on file in the Office of the Iron County Recorder.

**Published Sept. 11, 18 & 25 2019**  
**Iron County Today • ICT #0165**

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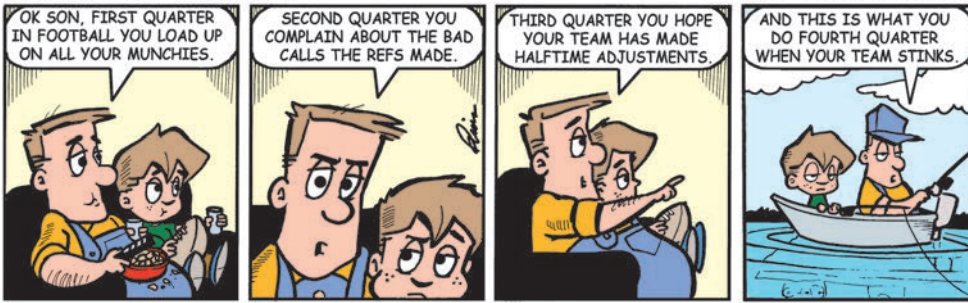


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# Amber Waves

by Dave T. Phipps



# R.F.D.

by Mike Marland



# The Spats

by Jeff Pickering



## Weekly SUDOKU

by Linda Thistle

	2				8	9		
	6	5		7			8	
1			2					7
4			3			6		9
		3		1			2	
	1				5	7		
	4			3	1			8
		2		6		4		
7			8					6

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK:** ♦ Moderate ♦♦ Challenging ♦♦♦ HOO BOY!

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## HOCUS-FOCUS

BY HENRY BOLTINOFF

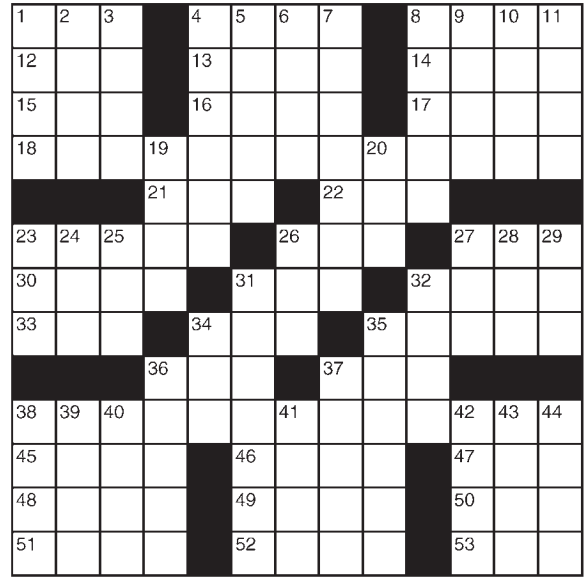
Find at least six differences in details between panels.

Differences: 1. Man's sweater is black. 2. Plant is fuller. 3. Picture is missing. 4. Boy is taller. 5. Earring is missing. 6. Boy's right arm is hidden.

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# King Crossword

- ACROSS**
- Bread choice
  - Ignore
  - Platter
  - " — the fields we go"
  - Watergate evidence
  - "Do — others ..."
  - Succumb to gravity
  - Bloodhound's clue
  - Poker variety
  - Half an aphorism
  - Atmosphere
  - Spring time
  - Counterfeit
  - Festive
  - Kreskin's claim
  - " — Lang Syne"
  - Tenor Pearce
  - Tolerate
  - Spelldown
  - Follow relentlessly
  - Linger
  - Old French coin
  - Scale member
  - 18-Across' other half
  - PC operator
  - Requisite
  - Martini ingredient
- DOWN**
- Parks or Bonheur
  - Calendar quota
  - Therefore
  - Impassive
  - Bottom
  - "Once — a
  - "The Seventh Seal" director
  - Failing the white glove test
  - Grooving on musicmaker
  - "The Da Vinci —"
  - Praise highly
  - Put into words
  - "Terrif"
  - Wish otherwise
  - Hearty quaff
  - Joke
  - Wet wriggler



- Stead
- Figure-skating jump
- Genetic stuff
- Mary's follower
- Muse's musicmaker
- Early bird?
- Mattress"
- "Erie Canal" mule
- "The Seventh Seal" director
- Failing the white glove test
- Grooving on musicmaker
- "The Da Vinci —"
- Praise highly
- Put into words
- "Terrif"
- Wish otherwise
- Hearty quaff
- Joke
- Wet wriggler
- "Erie Canal" mule
- Use a crowbar
- Blog
- Ointment
- Fawn's mom
- Random drawing?
- Bush
- Villain's look
- Sea flier
- Largest of the seven
- Abound
- Alluring
- Shrek, e.g.
- Croon
- Hosiery mishap

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3	9	5	2	5	4	2	8	1	6	7
1	7	4	6	9	6	5	2	3	8	8
8	6	1	2	9	7	3	1	6	5	4
4	3	4	7	8	5	7	3	2	1	2
5	2	8	1	4	6	3	7	3	6	9
6	1	9	6	7	3	2	7	4	5	8
7	5	7	9	6	3	5	7	1	8	4
2	8	2	4	7	3	1	8	2	6	9
4	6	9	4	6	1	5	8	9	4	6

Answer

## Weekly SUDOKU

L	A	M	B	L	A	M	B	L	A	M	B	
L	I	E	U	A	X	E	L	L	I	E	U	
U	S	E	R	N	E	D	D	U	S	E	R	
G	A	T	H	E	R	S	S	O	M	O	S	
S	O	L	O	S	O	L	O	S	O	L	O	
B	E	E	D	O	G	D	A	L	L	Y	Y	
A	U	L	D	J	A	V	A	N	D	B	E	
F	R	A	U	D	G	A	V	A	N	D	B	
A	I	R	M	A	Y	A	I	R	M	A	Y	
A	R	O	L	L	I	N	G	S	T	O	N	E
S	A	G	O	O	D	O	O	D	O	O	D	
O	E	R	T	A	P	E	U	N	T	O	C	
R	A	E	S	N	U	B	A	E	S	N	U	

Solution time: 24 mins.

# Trivia test

by Fifi Rodriguez

- ANATOMY:** What is a more common name for the condition called podobromhidrosis?
- MUSIC:** Which famous rock singer was born with first and middle name Michael Phillip?
- LITERATURE:** What was the name of the mountain featured in "The Hobbit"?
- TELEVISION:** Which 1960s animated show included a character called Sweet Polly Purebred?
- ENTERTAINERS:** Which swashbuckling actor penned an autobiography titled "My Wicked, Wicked Ways"?
- U.S. PRESIDENTS:** What was President Richard Nixon's Secret Service code name?
- MOVIES:** On which planet did Luke Skywalker grow up in the "Star Wars" series?
- GENERAL KNOWLEDGE:** Which island nation sometimes is referred to poetically as Inis-fail?
- ANIMAL KINGDOM:** What is a group of porcupines called?
- LANGUAGE:** What does the word "zorro" mean in Spanish?

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# King Crossword

Answers

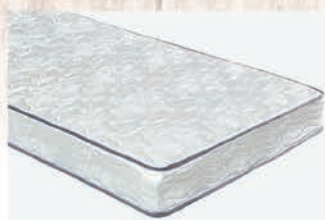
1. Stinky feet; 2. Mick Jagger; 3. Lonely Mountain; 4. "Underdog"; 5. Errol Flynn; 6. Searchlight; 7. Tattooine; 8. Ireland; 9. A prickle; 10. Fox
- Trivia Test Answers

MON-FRI 10AM-7PM | SAT 10AM-6PM

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