

INSIDE...

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WEDNESDAY, JULY 17, 2019

**IRON
COUNTY**

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Jen Bach, Costume Design and Coordinating
Jen's "Revolutionary Army" of seamstresses lead by Cheryl Savage & Kris Bahr & including the Cedar Chest Quilt Guild, President Sandy Crabtree
Mary Cozzens, Creation of the Betsy Ross flag
Julie Griffin, Actor Coordinator and Director
Cedar Valley Community Theatre and all the 62 wonderful volunteer actors and actresses
Richard Batt, Audio Consultant and Soundtrack Creation
Effie Chappell, Horse Resource Contact
Preston Nelson, Bruce Anderson, Shane Chappell, & the Jill Haslem Family, Horsemen
Melissa Leavitt and the Village Voices
Kathryn Stathis, Photography
Jen, Tri Corner Hat Creation

Parade Logistics

Chairperson
Heather Carter, Traditional 4th of July Parade
Dave Morris, Tri State Motors, new vehicles
Mark Bradshaw, Bradshaw Chevrolet, new vehicles
Carter Enterprises, Wes Sheldon, Staheli West, Spencer Grant, Mitch Lunt, Chase Holyoak, Paul Cozzens, Frank Nicholes, for the use of their trailers
All the float drivers and their families
All the banner carriers
Cedar City Corporation for the use of the construction facility
All the flag carriers

Special Thanks:

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Cherry Creek Radio
Rainbow Sign and Banner
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As the Spirit of '76 Independence Day Parade Committee, we extend our heartfelt thanks to all who participated and helped with this endeavor and invite anyone interested in helping with the 2020 production to join our team. Please email: b82stephenson@hotmail.com

SPRIT OF '76 INDEPENDENCE DAY PARADE COMMITTEE

Beth Stephenson, Chairman
Chris Stephenson, Tim Lewis, Thressa Cummings, Alisha Grant, Hillary Carter, Craig Isom



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Cedar National wins Jr., Major division softball titles

IRON COUNTY

today

RENAISSANCE FAIR

Event returns to its rightful realm in Cedar City

More Photos
PG. 9



Forest service looking for input on Asay Creek project

by Kelsey KEENER

IRON COUNTY TODAY

The public was invited to share comments and thoughts last week regarding the Asay Creek Farm Bill project being proposed by the Dixie National Forest Cedar City Ranger District to improve forest health.

The goal of the project is to use vegetation treatments to improve forest health and reduce the threats of insect disease and fires. Approximately 2,988 acres of vegetation on National Forest System lands in the Asay Creek watershed area are proposed to receive

species of bark beetles that had outbreaks. ... A mixture of several bark beetles are killing a lot of trees and since then there's continued to be insect and disease activity up there."

Villwock said spruce beetles, douglas-fir beetles and mountain pine beetles are the primary species affecting the proposed treatment areas.

"We have all these dead trees that we want to clean up as well as thin out the stands so we minimize future mortality," he added.

Dixie National Forest Cedar City District Ranger Veronica Magnuson added that although there have been several projects and treatments done throughout the Dixie National Forest following the disease and insect outbreaks, there are still many dead trees.

"We've done a lot of treatments but you still see a lot of standing dead among the trees," she said. "But there's a reason they're standing there and it's because we can't go get them. You've got a lot of lava fields, you've got a lot of steep, steep country and you just can't get to them."

"We've done a lot of treatments but you still see a lot of standing dead among the trees"

» **Veronica Magnuson**

two methods of treatment – commercial salvage harvest and aspen improvement and regeneration. These treatments will include removing dead trees, removing conifers that have encroached in aspen stands, planting and fuel reduction practices.

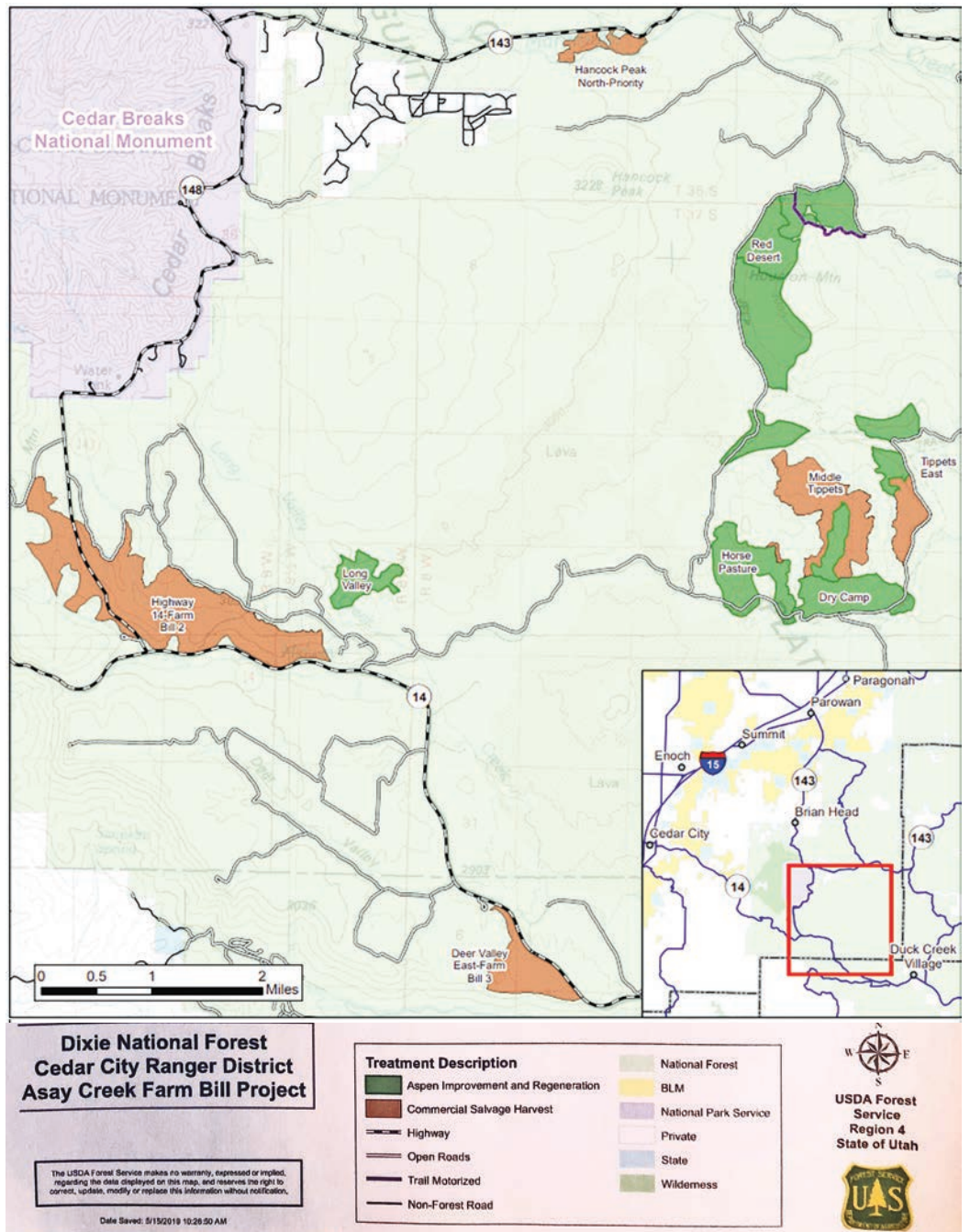
Project Lead Jason Villwock explained that disease and insect activity have compromised forest health in the areas to be treated.

"In the higher elevation areas, since the 90s we've had basically overcrowded forests where the trees were growing slowly and they were real susceptible to disease outbreaks," he said. "Also starting in the 90s, we've had three different

Two open houses for public comment and discussion were held regarding the project last Thursday. Environmental Coordinator Jennifer Green said the intent is create a collaborative effort to improve the health of the forest.

"We're still trying to kind of fine tune the project," she said. "The purpose of these meetings is to reach out to the public, our partners and interested parties and collect input and do this in a collaborative manner."

The project scoping statement is available online at <https://www.fs.usda.gov/project/?project=56121>, as well as instructions for how to submit additional comments or ideas. Public input will be accepted through Friday, July 19.



COURTESY OF U.S. FOREST SERVICE

A MAP SHOWING THE LOCATION of the proposed treatments designed to help improve forest health and reduce threats from fire and insects.

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Cedar City RAP Tax allocations approved

by Kelsey **KEENER**

IRON COUNTY TODAY

The Cedar City Council approved the recommended Recreation, Arts and Parks Tax fund allocations during last week's city council meeting with a few adjustments.

During the July 10 meeting, Joanne Brattain presented recommendations for distributing the arts funds to organizations that applied: Cedar City Arts Council, \$10,000; Cedar City Children's Musical Theatre, \$13,000; Cedar City Junior

Ballet, \$11,000; Cedar City Music Arts, \$16,275; Livestock and Heritage Festival \$16,000; Cedar Valley Community Theatre, \$13,000; In Jubilo, \$3,000; Jazz Alliance of Cedar City \$1,600; Master Singers, \$3,000; Orchestra of Southern Utah, \$17,000; Simon Fest, \$18,000; Southern Utah Museum of Art \$20,000; Suzuki Strings, \$3,000; Utah Shakespeare Festival, \$75,125.

The following adjustments were proposed: Cedar City Music Arts, \$18,000; Cedar City Livestock and Heritage Festival, \$17,000 and

Orchestra of Southern Utah \$18,000. The arts funding allocations were approved with those adjustments; also, \$6,000 from the preservation fund was approved for the Cedar City Library to have art donated from the Cedar City Art Committee appraised. Mauri Bleazard presented

the recommendations for the recreations and parks fund during the Jul 10 meeting as well, which were approved last week: Cedar City Leisure Services, \$376,000, Cedar Rotary Foundation, \$50,000; Frontier Homestead State Park Museum, \$8,000.

Treatment facility escapees captured by keen K9 Unit

by Marshal Dan **BENSON**
& Faith **JOLLEY**

UTAH DIVISION OF WILDLIFE RESOURCES

BRIAN HEAD — On July 7, 2019, at around 6:00 PM two juveniles went missing from the Monuments Treatment Facility on Dry Lakes Road near Brian Head. Iron County Sheriff's Office along with Brian Head Marshal's Office, a K9 Unit from the Division of Wildlife Resources (Carlo) and Iron County Search and Rescue along with three of their scent dogs responded.

DWR Conservation Officer Josh Carver and his K9, a chocolate Labrador retriever named Carlo, quickly responded to the scene, where Carlo began tracking the scent. A quick search of the area was also conducted with no results. SUU Aviation was then called to assist with a helicopter.

"When we arrived, the boys had about a two-hour head start," Carver said. "I sent Carlo on the last known location of the boys, and he began tracking like a mad man. We dropped down a mountain, then ended up on a dirt road. As I got to the road, I thought the tracks and odor just disappeared. Carlo, however, went across the road and continued to track. It was awesome!"

However, Carver called off their search when it got dark. The Iron County Search and Rescue teams continued searching until about 1:30 a.m. until the dogs became fatigued and tracks were difficult to see in the grass and brush.

The next morning, search teams discovered several homes in Brian Head had been burglarized, according to the Brian Head Marshal's Office, and Carver and Carlo were again called in to help locate the juveniles. They tracked for about 6 miles before being notified by officials that a sighting of the boys had been reported.

"As soon as I got Carlo out of the truck, he hit the scent and we just started moving," Carver said. Carlo and Carver then located the boys after receiving a tip that they were hiding in some brush along State Route 143. Brian Head Marshal's Office is now handling the investigation and have the two juveniles in custody pending charges.

"Their parents had flown in and were looking for the boys with the program director and staff, and they saw Carlo find the boys," Carver said. "Later, they came over and hugged Carlo and thanked him for finding the boys. Then I took him back to the truck, and he drank water for 10 minutes. He sat in the cool air conditioning and just rested with a big smile on his face."

"In rural Utah, we work with many other small law enforcement agencies," DWR Lt. Paul Washburn said. They are great to assist us whenever we need it, and we like to return the favor as often as we can. It is great to see Officer Carver and K9 Carlo's hard work pay off in a case like this where we are able to assist another agency with our specialized resources."

Staying Safe in Wildfire Season



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WILDFIRE SAFETY

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OPINION

COMPASSION OVER CRITICISM

The opinions stated in this article are solely those of the author and not of Iron County Today.

The recent death of University of Utah student MacKenzie Lueck has resulted in gallons of newspaper ink and a brushfire on the internet. The murder of any person should be summed up as a tragedy, not a controversy. MacKenzie's death has sadly crossed both boundaries.

At this state, we know the name and the past behavior of the murder suspect. We also know the means of MacKenzie's death, details which become more heartbreaking and abhorrent as the days pass. What we don't know is the motivation behind the killing, although there is a whole lot of tongue-wagging, finger-pointing sleuths online who think they have it all figured out.

The bottom line is people – you, men, even your religious leaders make mistakes, and we all put ourselves at risk. If you text while driving or refuse to wear a helmet while riding a motorcycle, the odds of a fatal injury increase...If you smoke cigarettes for 20 years or munch

OxyContin as if it were a Reese's peanut butter cup, the chance for an early grave skyrocket...If you badger a co-worker or fool around with another man's wife, your opportunity for bodily injury balloons.

In MacKenzie's case, it was obviously not prudent to have Lyft driver take you to a public park at 2 a.m. Neither

To paraphrase Benjamin Disraeli, the famous English politician, "How much easier it is to criticize than to show compassion or understanding." The blame must be on the attacker. She didn't deserve to be bound behind her back with a zip tie and a rope and bashed on the head. She didn't deserve to be buried in a hidden hole in a canyon.

What we can debate is what the killer deserves. While many Utahns are impatient that Salt Lake County Attorney Sim Gill is not immediately calling for the death penalty, getting a life sentence in a compound with other brutal murderers might be even more tortuous than the needle.

If the suspect in custody is found guilty and finally admits the details of what occurred, we'll be paying attention – but we should focus our scorn solely on the animal who committed the gruesome act, not the young woman who paid dearly for a mistake.

Thomas Jefferson once described Patrick Henry as "All tongue, no heart." MacKenzie and her family deserve our compassion, not cursory judgement from a bunch of online snakes who should know better than to cast the first stone.



Cyclops

by Bryan GRAY
COLUMNIST

was it safe to be involved in a generally salacious website.

But that doesn't mean she should be held somewhat responsible for her murder. All it means is that she, like all of us, made a poor choice whether out of immaturity or sheer adventure. If poor choices meant early death, none of us would have made it past high school.

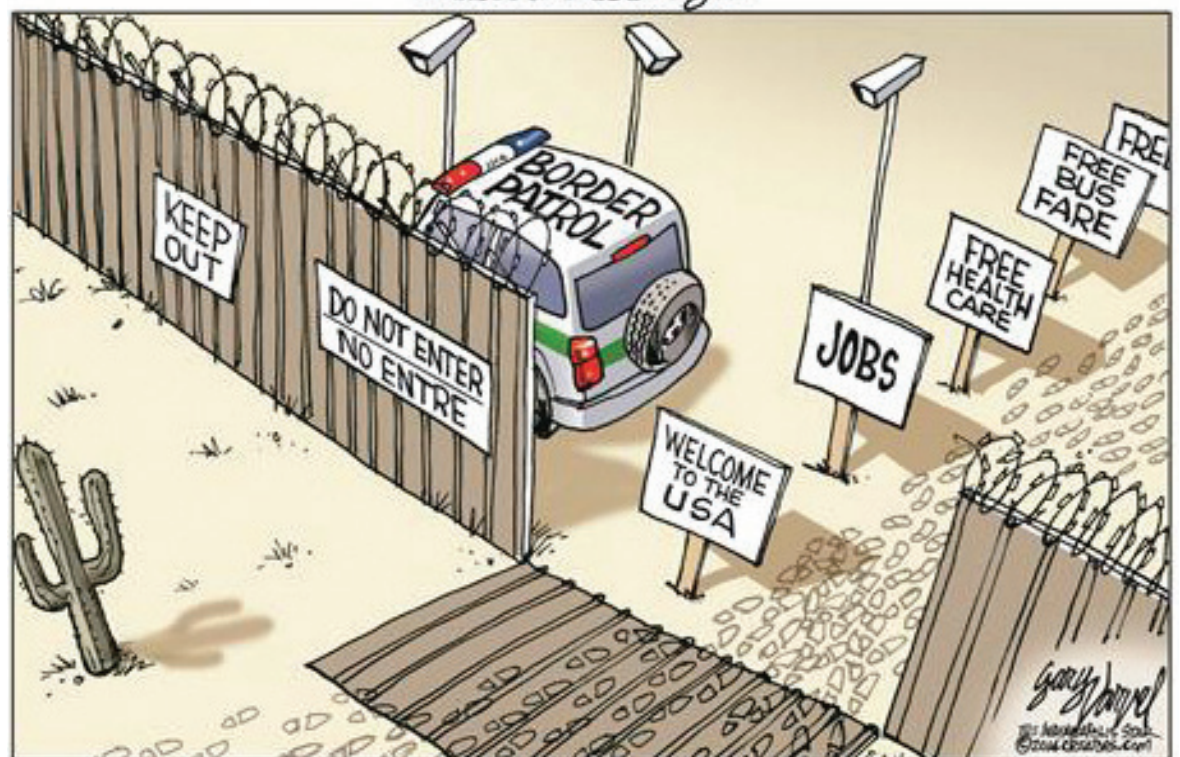
Thought of the Week

from the desk of R. Gail Stahle, publisher

"You say I dream too big. I say you think too small."

» Unknown

Mixed Messages



garyvarvel.com

OPINION

From the Editor

Where the sidewalk ends

Margaret Mead expressed that, “Any town that doesn’t have sidewalks doesn’t love its children.” Since a special City Council meeting held back in 2015, the Cedar Disability Awareness Team has been working on helping to make our city sidewalks safer and ADA (Americans with Disabilities Act) compliant for our children and citizens. At strategically located intersections, the city is placing what is known as tactile paving. The square orange pads of bumps, or “truncated domes and detectable warning pavers” are placed to help the visually impaired detect an intersection crossing. The construction will also involve make the grade of the cement ramp more easy and safer to navigate.



COREY BAUMGARTNER
MANAGING EDITOR

As this construction and transformation continues, I’m sure you have noticed it and perhaps it has even created some temporary

inconveniences in your daily commute. On behalf of the city and those involved in every part of the process, thank you for your patience and courtesy. It really will make our city safer and more beautiful in the end. Just remember what Simon Sinek shared, “Safe is good for sidewalks and swimming pools, but life requires risk if we are to get anywhere.”

To the Editor

Community thrift store says thank you with local donations

Treasures Thrift Store in Cedar City, 1093 S Main, would like to say thank you to all God’s people—shoppers, volunteers, employees and everyone from our great community. Your generosity and gifts have enabled over \$15,000.00 to be donated to local organizations, charities and the needs of our city during July and August. As Treasures celebrates its 2nd anniversary, more charitable giving will be underway. Stop by and say hi, buy, give and enjoy. All are invited to worship where all are welcome at the Community Presbyterian Church on Sunday morning at 10 AM, 2279 N Wedgewood Lane, Cedar City.

Main Street parade safety discussed by Cedar council

by Kelsey KEENER

IRON COUNTY TODAY

Safety concerns following the July 4th Parade sponsored by the Cedar City Lions Club were raised by several city council members during last week’s meeting.

Police Chief Darin Adams approached the council with ideas for addressing the concerns, which he felt stemmed mostly from trying to keep parade goes far enough away from the floats. He said he reached out to colleagues in several cities in northern Utah that have experienced similar challenges, some of which have tried disallowing items to be thrown from floats.

“They’ve tried to do that and what they realized, whether it’s that or the citizens, it is an important part of why we do parades. Kids look forward to that and we certainly as a police department don’t want to get rid of that we just want to try to find a safer way to distribute those things,” Chief Adams said.

One suggestion was working with parade organizers to ensure items are not thrown from floats or moving vehicles.

“We want this to be a safe fun experience in the community.”

» Councilman Scott Phillips

“My recommendation would be that those that are handing things out go to that white fog line, that’s really where we would like the citizens to be is behind that white fog line which is just five or six feet from the curb and gutter,” he explained.

As the number of attendees is expected to continue to grow, other recommendations included expanding the parade route and potentially changing the location of the parade. Chief Adams also said having police officers use golf carts to help with crowd control and playing a recorded message reminded people to stay back are other steps that could be taken.

Mayor Maile Wilson-Edwards said asking parade organizers to have volunteers go along to route and assist with crowd control was discussed as part of the solution also.

Councilman Scott Phillips said he felt a combination of efforts would likely be ideal, and there might be members of a bicycle club who would be willing to help as well.

“We don’t want to anyone to get hurt,” Phillips said. “We want this to be a safe fun experience in the community.”



IRON COUNTY FORECAST

MID-SUMMER FORM HEAT IS HERE, AND IT’S HERE TO STAY. NOTHING OTHER THAN SUNNY SKIES AND HOT DAYS ARE AHEAD IN OUR FORECAST, WITH MORNING LOWS IN THE 60S AND HIGHS IN THE UPPER 80S.



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WEDNESDAY

Sunny
88°/68°
PRECIP: 0%
WINDS: S 15-25

THURSDAY

Sunny
88°/67°
PRECIP: 0%
WINDS: SW 10-20

FRIDAY

Mostly Sunny
88°/64°
PRECIP: 0%
WINDS: SW 10-20

SATURDAY

Sunny
88°/63°
PRECIP: 10%
WINDS: SW 10

SUNDAY

Sunny
87°/63°
PRECIP: 0%
WINDS: SW 10-15

MONDAY

Sunny
88°/64°
PRECIP: 0%
WINDS: SW 10-15

TUESDAY

Sunny
89°/64°
PRECIP: 0%
WINDS: SW 10

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A tale of the trials of the Death Valley 49ers

by Jay M. JONES

FOR IRON COUNTY TODAY

In January of 1848, the gold discovery in California dramatically impacted history all over the United States. One piece of that history occurred in Iron County before the arrival of the first Anglo-American settlers in this area in 1851.

William Manly tells his part of the story in the book, "Death Valley in '49". A copy can be found at the Cedar City Library or a free e-book version can be downloaded at www.gutenberg.org/ebooks/12236.

Manly was living in Wisconsin and working in a lead mine when news of California gold caused a fever that could be cured, as he said, only by a trip to California. He agreed to drive a team and wagon with his friend, Asahel Bennett, whom he was supposed to meet at the crossing of the Missouri River at Council Bluffs, Iowa.

Manly was delayed, missed his appointment with Bennett, and ended up driving another team west for another Forty-Niner.

At what is now Green River, Wyoming, Manly and six others found an old ferry boat filled with sand on a bar in the river and reasoned that the river must end up in the Pacific Ocean. Being late

in the season, fearing snows ahead in the California Sierras, and not wanting to winter in Salt Lake City, Manly and companions appropriated the boat, starting down the Green River nearly 20 years before John Wesley Powell began his famous river expedition from the same place.

Part way down the river, while portaging their supplies, the ferry boat was lost to the raging stream. Two large logs nearby, after several days and night work shifts, became canoes and the men continued their journey. Further downstream, they met Chief Walker's band of Ute Indians camped by the river during a hunting expedition. Walker convinced Manly that it would be foolish, even deadly, to continue down the river, and gave directions to Salt Lake City.

A week later, Manly and his group emerged into Utah Valley and found some wagons preparing to take the southern route to California via the Old Spanish Trail.

Leading the wagon train was
Jefferson

Hunt, a veteran of the Mormon Battalion, who had traveled the route before. To Manly's surprise, friends from Wisconsin, Asahel Bennett and family, were among the emigrants.

Traveling south with 107 wagons led by Hunt, Manly wrote that their wagon train was overtaken by a small

wagon party led by a Captain Smith. Smith had a recent map which showed a shortcut to Tulare Valley, much closer to the gold fields of Sacramento.

At a point a few miles

southwest of what is now Newcastle, Utah, the wagon train divided. Manly remembered the fateful date: November 4, 1849.

Although Hunt discouraged taking an unproven route, few chose to follow him on the Old Spanish Trail. Most of the wagons turned west in search of the alleged shortcut.

After three days and some rough

going, many of the wagons turned around and followed Hunt. But the Bennett family and Manly were among the twenty-seven wagons that continued west on the "shortcut".

As the days wore on, the mountains and plains became more barren and water and game became extremely scarce. Those able to travel faster moved on ahead. Manly stayed with the Bennett family, who traveled with the Arcane family, John Rogers, the Earhart brothers, Mr. Culverwell, Mr. Fish, and a few others.

Three days after Christmas Day, the Bennett-Manly group arrived at what is now Furnace Creek in Death Valley. A party ahead of them killed their oxen, drying the meat over fires built from the wood of their wagons, and set out on foot over the mountains to exit Death Valley. Being the first white emigrants to visit the area, they had despaired of finding a viable wagon route to the California settlements, leaving everything behind but what they could carry.

Read entire story at
ironcountytoday.com



COURTESY PHOTOS

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Linda, Imaging Navigator, Cedar City Hospital

Bookings

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty. For a juvenile the name is "(Male/Female) Juvenile Offender" and juvenile is of age less than 18 years.

July 6

JAEDEN T COLE

CEDAR CITY, UT
Threats Against Life/Property (2 Counts), Intoxication, Disorderly Conduct, Resisting/Interfering w/ Arrest, Probation/Parole Violation

JESSICA L LOPEZ

ST. GEORGE, UT
FTA Warrant (2 Counts), Driving on Denied

July 7

JUSTIN D ANDERSON

CEDAR CITY, UT
DRUG - Poss C/S Sched I/II/Analog, CDL - Suspended/Revoked

TRISTIAN C BURGOYNE

CEDAR CITY, UT
Consume Alcohol by Minor, Failure to Remain at Accident - Damage Only

FALON L COURTNEY

CEDAR CITY, UT
Failure to Stop at Command of Police, Burglary of a Dwelling, Criminal Mischief - Intentional Damage, Deface, Destroy Property

July 8

BRANDON E BEAL

CEDAR CITY, UT
Retail Theft

SALLY A CHRISTENSEN

HOMELESS, CEDAR CITY, UT
Criminal Trespass (3 Counts)

MICHELE D NICKS

CEDAR CITY, UT
Probation/Parole Violation, DRUG - Poss C/S Sched I/II/Analog

FREDERICK SMITH

HURRICANE, UT
Probation/Parole Violation

July 9

WILLIAM B DEJUNCKER

BERYL, UT
DRUG - Poss of Drug Paraphernalia, DRUG - Poss C/S Sched I/II/Analog, DRUG - Poss C/S Marijuana/Spice

SETH S BARLOW

CEDAR CITY, UT
DRUG - Controlled Substance Sched I or II, DRUG - Poss/use of Controlled Substance

SUSAN C MALMROSE

OGDEN, UT
Criminal Mischief - Intentional Damage, Deface, Destroy Property (2 Counts), Conspiracy, Criminal Trespass

DANIEL J TANNER

LAS VEGAS, NV
Criminal Mischief - Intentional Damage, Deface, Destroy Property, Conspiracy, Criminal Trespass

SHACHELL A ROBINSON

CEDAR CITY, UT
DUI - Alcohol/Drugs or combo - renders safe operation, DRUG - Poss C/S Sched I/II/Analog

MALE JUV OFFENDER

CEDAR CITY, UT
Theft, Burglary of a Dwelling

July 10

JACK C KILPATRICK

ST. GEORGE, UT

Probation Violation (2 Counts), Probation/Paroles Violation (2 Counts)

JOEY T LOYD

CEDAR CITY, UT
DRUG - Poss/use of Controlled Substance

TY M MAIZE

ENTERPRISE, UT
FTA - Warrant

MICHAEL C ROPER

ST. GEORGE, UT
Federal Contract Prisoner

GAIL C BRILEY

LARAMIE, WY
False Report to Police

RODNEY D MATTOX

PARAGONAH, UT
Dealing Harmful Material to Minor

July 11

MALE JUV OFFENDER

CEDAR CITY, UT
DRUG - Poss C/S Marijuana/Spice, DRUG - Poss of Drug Paraphernalia

ALEXIS J ALLRED

MOUNT PLEASANT, UT
Receive Stolen Property, DRUG - Poss of Drug Paraphernalia

July 12

FRANKIE E FUENTES

HOMELESS, UT
Protective Order Violation

JOHN B GEHRICH

ROCHESTER, IN
Sexual Abuse of a Child

DANNY L DANIELS

BILLINGS, MT
Federal Contract Prisoner

BROOKE REYNOLDS

ST. GEORGE, UT
Federal Contract Prisoner

AMY S ROSER

CEDAR CITY, UT
Probation/Parole Violation

July 13

FRANCISCO PABLO-DIEGO

NEWCASTLE, UT
Immigration Detainer, Intoxication

VIRGINIA M PILIPOVICH

CEDAR CITY, UT
DRUG - Poss C/S Sched I/II/Analog, DRUG - Poss of Drug Paraphernalia, DRUG - Poss/use of Controlled Substance

July 14

JACOB E DAVIS

CEDAR CITY, UT
DRUG - Poss of Drug Paraphernalia, DRUG - Poss C/S Sched I/II/Analog

EDWIN F MERCADO

LAS VEGAS, NV
DRUG - Poss C/S Sched I/II/Analog, DRUG - Poss of Drug Paraphernalia, Resisting/Interfering w/Arrest

NEWELL C MEEKS

BERYL, UT
Felony Discharge of Firearm-Shoot at Person

JOSEPH M POWERS

CEDAR CITY, UT
Intoxication (2 Counts), Criminal Trespass, Threats Against Life/Property

Senior Citizen safety discussed during Eldercare meeting

by Kelsey KEENER

IRON COUNTY TODAY

Special Agent Coy Acocks with the Utah Attorney General's Office Medicaid Fraud Control Unit discussed protecting the elderly from abuse, neglect and exploitation during last week's Eldercare Network meeting.

He started by discussing the MFCU, explaining that the unit's responsibility is to safeguard vulnerable adults from abuse, neglect and exploitation and to protect Medicaid from fraud and abuse. In order for the unit to become involved with a case, Medicaid funding has to be associated with the case due to federal regulation. As long as that association exists, the MFCU can

get involved with any case of abuse, neglect or exploitation if the vulnerable adult is in a board and care facility.

The unit teams with several other agencies, including Adult Protective Services, hospitals, care facilities, the Utah Nurse Aide Registry, the Office of Public Guardian as well as families.

Acocks briefly explained the definition of abuse and neglect, as written in state code 76-5-111: "intent to cause harm intentionally or knowingly or place another in fear of imminent harm"

"We had a gentleman who was fearful of dogs and he had a caregiver that was angry with him and brought his dog and terrified the guy," Acocks said.

"(He) brought (the dog) in the car -- terrified the guy -- the dog wasn't there to hurt him, however he was placing him in fear of imminent danger."

Abuse and neglect also includes knowing or intentional omissions of care and unreasonable or inappropriate use of physical restraining to cause harm, as well as not providing life sustaining care.

Acocks talked about cases he has observed in order to provide examples of abuse and neglect of a vulnerable adult. In one case, the abuser was a certified nursing assistant working in a memory care unit and was convicted of two counts of aggravated abuse

see **ELDERCARE** » 8



LEAVITT CENTER
for Politics & Public Service
SOUTHERN UTAH UNIVERSITY

PRESENTS:



CEDAR CITY COUNCIL CANDIDATE FORUM



MONDAY
JULY 29th

GREAT HALL
AT SOUTHERN UTAH UNIVERSITY

MEET & GREET

5:30 PM

CANDIDATE FORUM

6:00 PM

Temporary road closure for public safety during logging operations

from Kevin **ABEL**

FOR IRON COUNTY TODAY

CEDAR CITY — The Cedar City Ranger District has issued a temporary road closure on Second Left Hand Canyon (FS Road #048) for public safety purposes during logging operations to remove dead trees along the roadway.

The temporary closure prohibits any use of FS 048 roadway beginning from Forest Service boundary off State Highway 143 in Section 6, T35S, R8W at the National Forest boundary to the junction of Forest Service Road #049 in Sections 25, T35S, R8W.

This closure will be in effect from July 15, 2019 - August 15, 2019 or until work has been completed and the order is rescinded.

If you have any questions regarding this closure, contact the Cedar City Ranger District Office at (435) 865-3200.

ELDERCARE

« CONTINUED FROM PAGE 7

of a vulnerable adult; in another example, a registered nurse was convicted for sexual abuse of patients who were coming out of surgeries or procedures for which anesthesia was required.

He added that some signs to look for regarding abuse and neglect are things like failure to provide care, including food, water, medication, clothing and medical care, as well as abandonment by a caretaker.

Acocks also provided an explanation of exploitation, as outlined in state code: “exploitation occurs when the individual is in a position of trust or confidence or has undue influence over the vulnerable adult and the individual (uses the vulnerable adult’s resources) for the benefit of someone other than the vulnerable adult.”

This can also apply to improperly using power of attorney or guardianship for the advantage of someone other than the vulnerable adult. He discussed a case in which a caretaker used client’s money to pay for a personal vaca-

tion and other personal expenses to provide an example.

Recently, personal dignity exploitation was added to the state’s definitions of exploitation with the passing of Senate Bill 202. Acocks said this addition to the statute was pushed following

“**These are our mothers, they are our fathers, these are our loved ones”**

» **Coy Acocks**

recent cases of exploitation of vulnerable adults using social media. Personal dignity exploitation includes knowingly, intentionally or recklessly creating transmitting or displaying photos

or recordings (to which a reasonable person would not consent) of the vulnerable adult and causing the vulnerable adult to participate in an act that is highly offensive or demeaning to the vulnerable adult.

Acocks provided an example of individuals exploiting a person who was dying rather than providing any aide or comfort.

“These are our mothers, they are our fathers, these are our loved ones,” he said. “This is offensive. ... Social media has created such a problem that we were actually putting these cases into abuse, but now we have a statute that helps us to prosecute and to educate.”

He also commented on the importance of the MFCU partnering with various agencies and care facilities, and encouraged attendees to reach out to the MFCU or APS should they suspect abuse, neglect or exploitation of a vulnerable adult.

“Here’s the importance of our partnering: you know what goes on in your facilities,” Acocks said. “It’s observing and reporting and allowing us to investigate and prosecute if necessary.”



Joseph and the Amazing Technicolor Dreamcoat

2019 Season

June 27 - October 12

JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT
HAMLET • MACBETH • TWELFTH NIGHT
THE BOOK OF WILL • EVERY BRILLIANT THING • THE PRICE
THE CONCLUSION OF HENRY VI: PARTS TWO AND THREE



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Showcase

ARTS & ENTERTAINMENT IN IRON COUNTY



Ren Faire 2019

LORDS, LADIES, KNIGHTS AND PRINCESSES REJOICED—HUZZAH!—as the annual Renaissance Festival returned to the fair kingdom of Cedar City. Visitors to the city park on main Street were transported back in time to experience and enjoy music, magic and other merriments including: medieval sword-fighting, belly-dancing, and the juggling of fiery battle axes.



PHOTOS BY COREY BAUMGARTNER

Do you actually talk to each other?

by Mary Anne **ANDERSEN**

CEDAR CITY ARTS COUNCIL

“I’ll bet you talk to each other, don’t you?” The questioner was a sweet 16-year-old student of mine who was about to leave on a tour of Europe with other students. I had just told her that my husband and I were also going on a trip and then she asked that poignant question. She meant do we talk to our traveling companions, and when I said, “Of course,” she said, “I wish we did.” The “we” was her peers; she was lamenting, it turned out, a tendency toward lack of conversation among teenagers these days.

Yes, I assured her, I do talk to others when I’m out and about. And our recent trip on a Mississippi River cruise gave me ample opportunity. It began with joking with some workers outside an airport. One said to me, “Tell him”—pointing to his friend—“that he is an idiot for doing that.” So I did, and it was the means of much merriment among strangers. Inside the airport, I stood in line behind a woman who was obviously unsure of how to manage airport travel. In spite of the fact that she was near our age, she had never flown before and was grateful for help. “Thank you for talking to me,” she said.

On the boat, the first person we spoke to was a gentleman carrying an instrument case. It was his soprano saxophone, and he takes it everywhere he goes. In this case, he was immediately asked to sit in with the Beale Street Strutters, a jazz group playing for the embarking passengers. As the days passed, we talked a lot to Len; he was a retired music teacher and you can imagine we had much in common. He played with the on-board entertainment nearly every night and his lack of reticence to approach strangers made him an a popular guy with the others of us.

One night, a couple asked to join us at our table and as is common, we asked about their business. It was touching to see him apologize for being “just a school custodian.” His wife cooks at the same school. We were quick to state what all teachers know: the custodian and the secretary are the two most important persons in any school. It broke the ice a little bit and as we talked about our families; we said our daughters were teachers, one for special-needs children. It prompted her to tell us that all of their 5 grandsons are autistic. Her eyes filled a little at my expression of sorrow for the hard lives of them and their two sons and their wives. Life can be so hard....

We teased a vivacious woman about her Bronx accent, helped a blind young woman through the airport on our way home, and asked curiously about a man’s canvas shoes with five separate toes during an elevator ride.

I hope my young friend and her peers put their phones down long enough to see and enjoy each other as well as the sights.



PHOTOS COURTESY OF BRIAN HEAD

Brian Head Resort Classic Rock Festival set for July 13-14

from Mark **WILDER**

FOR IRON COUNTY TODAY

Cool tunes, cool mountain air, cold beer plus good food equals superb family fun! Our annual Classic Rock Festival is coming back this year - so get ready for TWO DAYS of live music, with 3 bands on each day! Bring the kids, get out of the heat, and enjoy some of our awesome summer activities!

SATURDAY BAND LINEUP

(A \$10 cover charge will be in place for Saturday’s concert.)

11:00AM - 2:00PM:

Blake Mason Band

2:30PM - 5:30PM:

Kelly Sheehan & The Strays

6:00PM - 9:00PM:

Burn Unit

SUNDAY BAND LINEUP

10:00AM - 12:30PM:

Damage Case

1:00PM - 3:30PM:

Reality Check

4:00PM - 7:00PM:

Spazmatics

Summer Activities Hours of Operation

Friday: 9:30 AM - 5:00 PM

Saturday: 9:30 AM - 6:00 PM

Sunday: 9:30 AM - 5:00 PM

There is nothing better than the sounds of wonderful classic rock in the beautiful alpine setting of Brian Head Resort while you enjoy a cold beer, fresh BBQ or a sizzling bratwurst. Or you can also rock along with the live tunes as your chair zips past the music stage for a scenic ride to the top of Giant Steps Express Chairlift. Off load the chair at 11,000 feet, wander around a bit and be astounded at the views of landmarks and red rock vistas up to 90 miles

in the distance. The ride up and down will treat you to views that you don’t get on a regular ski or snowboard day.

Our other fun base activities will keep the family (especially the kids) entertained all day

too. It could be climbing the “Cliff Hanger” climbing wall or zooming down the “Ridge Runner” mini zip line, perhaps tubing down the “Avalanche” tubing hill (yes, tubing without snow!), or any one of our family friendly activities for everyone to enjoy.

SUU COLLEGE OF PERFORMING & VISUAL ARTS
SOUTHERN UTAH UNIVERSITY

UPCOMING EVENTS

Southern Utah Museum of Art
Monday-Saturday from 11 a.m. - 6 p.m.

KATE STARLING:
A STUDY OF SCALE
Now through July 27

KARL MOMEN:
HOMAGE TO WILLIAM SHAKESPEARE
Now through October 5

***SUMA SUMMER NIGHTS:**
UNDERSTANDING JIMMIE JONES
July 18 from 6-8 p.m.

***SUMA SUMMER NIGHTS:**
EXPLORING MACBETH THROUGH KARL MOMEN'S HOMAGE TO WILLIAM SHAKESPEARE SUITE
July 25 from 6-8 p.m.

SUMA AFTER HOURS:
THE ARTISTRY OF LEATHER JEWELRY
July 26 from 5-8 p.m.

*For SUMA members and USF ticket holders

www.suu.edu/pva

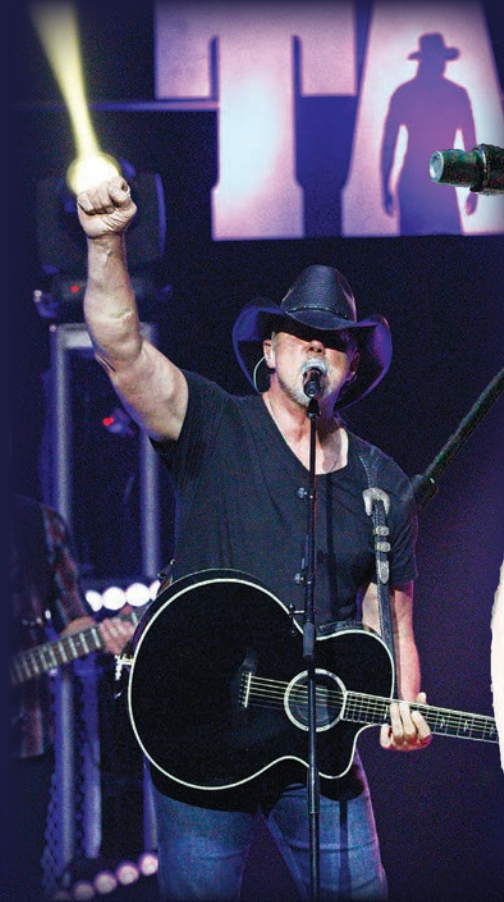
The Cowboy is **BACK IN TOWN**

by Corey **BAUMGARTNER**

IRON COUNTY TODAY

Country music superstar Trace Adkins was big time during his concert last Wednesday night. He brought his farmer's tan and familiar tunes to the America First Event Center on the beautiful campus of Southern Utah University. With his signature ponytail and deep bass voice, he did what he's been doing best for 23 years, entertaining audiences all around the world, including Cedar City.

Adkins sang his hits including, "Every Light in the House" and "You're Gonna Miss This". During a special musical tribute to the U.S. Armed Forces, Adkins sang his patriotic, "Still A Soldier." A Veteran from the audience proudly displayed an American flag in front of the stage earning him a well-deserved salute from Adkins and a standing ovation with loud and proud cheers from the audience for all those who have and continue to serve and protect our country and our freedoms.



Art Exhibit brings wholehearted whimsy to Groovacious Gallery

by Shay **BARUFFI**

IRON COUNTY TODAY

"She does the fur and I do the feathers" said Todd Cullings, of husband and wife duo Jennifer and Todd Cullings. The Cullings' art exhibit opened on July 11th at Groovacious Art Wall Gallery. The couple's artwork focuses on plant and animal forms; Todd works in watercolor and Jennifer works in watercolor pencil. Todd's technique uses various plant forms to create textures and Jennifer uses watercolor pencil to create layers for depth and fine detail textures.

Todd and Jennifer Cullings moved to Bryce, Utah after living in the Mount St. Helens region for over 30 years. Todd currently works for Bryce Canyon as a park ranger. He leads Night Sky tours for the park. Jennifer works as a full-time artist. She travels to shows to sell



TODD AND JENNIFER CULLINGS proudly present their artistic talents at the Groovacious Art Wall Gallery.

their artwork. Jennifer does beautiful and imaginative pet portraits by commission.

The couple's artwork displayed at Groovacious Art Wall Gallery presents beautiful watercolor paintings of plants and animals. Part of

“She does the fur and I do the feathers”

» **Todd Cullings**

the proceeds gained from select paintings presented go to causes the couple is passionate about supporting. The exhibit will be available to view until the beginning of August. Be sure to attend this wonderful show before it is taken down. For more information about Jennifer and Todd Cullings, visit: www.redzonegraphics.com.

An evening with Rick Shea at Off the Cuff

from George **LOOSLEY**

FOR IRON COUNTY TODAY

Rick Shea cut his teeth in the bars and honky-tonks of San Bernardino where he grew up. He's since gone on to build a solid career for himself as a solo artist, singer, guitarist and songwriter. Shea is equally at home with an acoustic guitar and a set of ballads and stories, or with his worn old Telecaster burning through a set of his own songs and a few honky-tonk standards. With nine critically acclaimed albums he's performed all over Southern California, the West Coast and across the country.

His songs reflect the folk, country, rock and Mexican influences he grew up with. As a songwriter Shea lets the songs find their own settings. "Starting out you might be hearing a song one way and then when it's done realize it's about something else altogether." And on his songwriting influences Shea says, "When I was younger Merle Haggard cast a long shadow, but since then Dave Alvin, Jim Ringer and a lot of other music

has found its way in."

Rick Shea is an evocative singer with a haunting voice, and an accomplished guitarist and multi-in-

strumentalist who plays with a long list of other notable artists when he's not busy with his own schedule. One memorable contribution was his

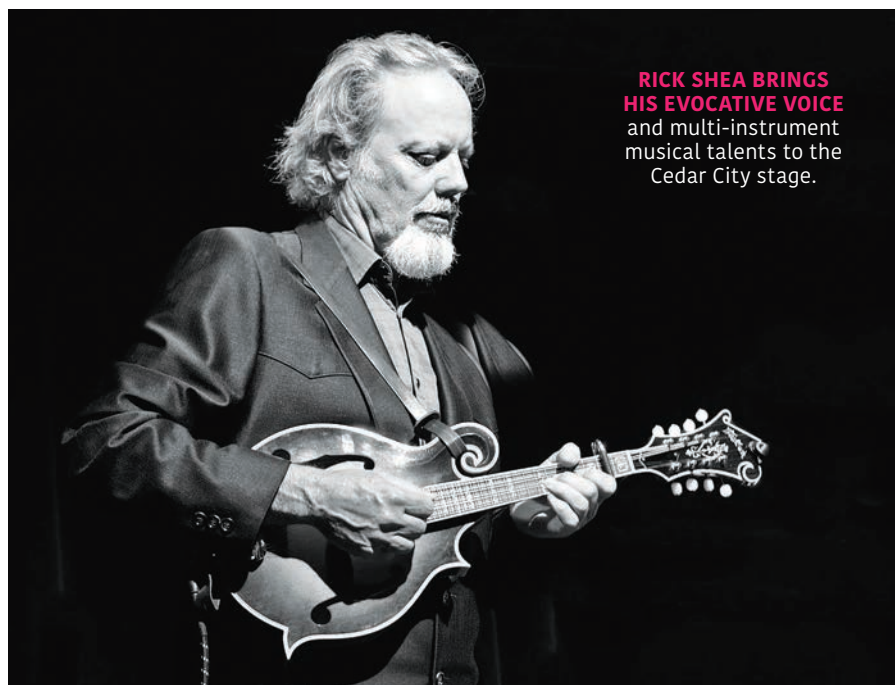
work with Dave Alvin and The Guilty Men on the 2002 live recording, "Out in California".

In the past decade audiences enjoyed a show entitled, Rick Shea & Mary McCaslin sing the songs of Jim Ringer & Mary McCaslin. Rick has also performed live on stage with Chris Gaffney, Wanda Jackson, Rosie Flores, and Los Lobos.

In recent years Rick has toured Hawaii, Texas, and New England, and in June he concluded his 2019 tour of Ireland and the U.K. "Playing live shows is what I've always done", Rick says, "from the bars, honky-tonks and coffeehouses I started in to the shows I do now. It's a chance for me to meet people and see them connect with the songs, that's really what it's all about."

This special one-night concert will be held on Saturday, July 20 at 7:00 PM in the Off the Cuff Improv Theatre, 913 S Main in Cedar City. Advance tickets are \$12 / At the door \$15

Advance Tickets are available at <https://otccomedy.com/concerts> and at Groovacious Records.



RICK SHEA BRINGS HIS EVOCATIVE VOICE and multi-instrumental talents to the Cedar City stage.

COURTESY PHOTO

Jammin' JAMBOREE



EACH YEAR DURING THE JULY JAMBOREE, Cedar City's Main Street is transformed into a mecca for motorheads, auto-aficionados and everyone else who appreciates the beauty, power and speed of a decked out dragster or a roadster restored to its glory days.

This year's Jamboree was running on all cylinders as curious crowds enjoyed everything from classic antiques and vintage vehicles to hot rods and muscle cars. There was even a stretch limousine on site.

At the end of the day, even enthusiasts were exhausted from all the different configurations of fenders, flames and fascinating bodywork. There was also live music, great food and plenty of vendors to balance out the event.



PHOTOS BY COREY BAUMGARTNER



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Dr. Nathan Call
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CALENDAR

WEDNESDAY, JULY 17

CEDAR CITY COUNCIL, 5:30 P.M., CITY HALL, 10 N. MAIN STREET GRAND OPENING - ALL SAFE STORAGE CELEBRATES GRAND Opening in Cedar City!

JULY 17TH - JULY 23RD. STOP IN FOR REFRESHMENTS AND cookies. M-F 9am to 5pm and Sat. 10am to 4pm. We are located at 3241 W Highway 56 in Cedar City. (435) 233-2114. www.allsafestorage56.com. Look for the Special Offer advertisement in this issue on new rentals.

WW - WEIGHTWATCHERS REIMAGINED! GET GUIDANCE AND in-person motivation from members, trained guides and wellness coaches who are on the same path. Workshop every Wednesday at 9:30 am at the Cedar City Aquatic Center, 2090 W. Royal Hunte Drive. Call or Text for more information (702) 832-0555.

TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK Women's Crisis Center, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 A.M. TO 5:30 P.M. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

BAND: COLOR COUNTRY WINDS, CALL DEBBIE AT 435-559-9609 for time and location. Come brush up on your band skills to share with the community.

TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, LOSE WEIGHT without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park. For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

DOMESTIC VIOLENCE SUPPORT GROUP, 6 TO 7:30 P.M., FOR women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

ALCOHOLICS ANONYMOUS (RED CREEK GROUP) 7 PM Parowan Senior Center 685 N 300 E, in Parowan.

ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK (KKCB upstairs).

ALCOHOLICS ANONYMOUS, 6 P.M. AA MISFITS, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

AL-ANON (NEW BEGINNINGS) WOMEN'S BOOK STUDY meeting. 6:30-7:30 p.m., 203 E. Cobblecreek Drive, Cedar City.

NARCOTICS ANONYMOUS JUST FOR TODAY, 8 P.M., KKCB, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890 or (435) 635-9603.

HEY CEDARS SQUARE DANCE CLASS, 6:30 P.M., CEDAR CITY Senior Center. Info: Pat at 435-531-6811 or Ralph at 435-669-4867.

CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M., CALL 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

ENOCH CITY COUNCIL, 6 P.M., CITY OFFICES. 900 E MIDVALLEY Rd, Enoch, UT. (435) 586-1119

AMERICAN LEGION AUXILLIARY MEETING, 6 P.M., CEDAR CITY Library in the Park, American Legion Conference Room. Info from Georgia Johnson 435-704-6654

THURSDAY, JULY 18

CELEBRATE RECOVERY! A BIBLICALLY BASED PROGRAM TO overcome hurts, such as loss of relationships via divorce, death, disagreement, or any hurt one is struggling to recover from; hang-ups - anything one chooses to let go of such as negative thinking, always blaming others; and habits - over consumption of alcohol, drugs, foods, etc. All are welcome! We meet at 11:00am in the coffee shop area of TLC, 2111 N. Main St in Cedar. Please feel free to call/text 435-899-1248 if you need more information. (We also meet every Tuesday at 6:30pm)

YEAR-ROUND FARMERS MARKET, THURSDAY, 3 TO 7 P.M. RAIN or shine in the parking lot across from Pastry Pub. Local vegetables, greens, fruit, herbs, baked goods, artisan cheese, live plants, flowers, jams, raw honey, farm fresh eggs, and more. Also, every Saturday at the same location, 9 a.m.

NAMI BRIDGES & FAMILY TO FAMILY CLASSES (FREE). 7 P.M., Southwest Behavioral Health Center, 245 East 680 South, Cedar City. To enroll, call Robert (435) 590-7749 or Rosie (435) 590-0880.

CEDAR CHEST QUILTERS' GUILD, 10 A.M., CEDAR CITY SENIOR Center, 489 East 200 South.

COLOR COUNTRY COMMUNICATORS, CEDAR CITY Toastmasters, 7 a.m., 86 W. University Blvd. Find your voice. Shape your future. Be the leader and speaker you want to be.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 A.M. TO 5:30 P.M. (walk in), Southwest Utah Public Health Dept., 260 E. DL Sargent Drive, Cedar City. Call 435-586-2437 with questions.

COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK (KKCB upstairs)

ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, NOON, Cedar Bowling Center, 421 E. Highway 91.

AL-ANON— "AFFECTED BY SOMEONE'S ADDICTION OR drinking? AL-ANON can help. 6-7 p.m., 203 E. Cobblecreek, Cedar City. More info at 435-531-1045.

NARCOTICS ANONYMOUS, 8 P.M., KKCB, 203 E. COBBLECREEK, Cedar City. More info at 877-865-5890 or 435-635-9603.

WATER AEROBICS CLASS, (TUESDAYS AND THURSDAYS) 8 a.m., SUU pool. Fun, up-tempo workout to music. The class includes intensive cardio conditioning and full body muscle toning. The workout can be adapted to any fitness level. Beginners and all ages are welcome. Cost is \$3 per class, including pool admission. Call Allison at 435-327-2091 (no text) for more info.

CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M., CALL 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

SENIOR BLIND & VISUALLY IMPAIRED SUPPORT GROUP, 1:30 p.m., Cedar City Library in the Park

FRIDAY, JULY 19

COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 A.M. TO 5 P.M., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

ALCOHOLICS ANONYMOUS, NOON. SPEAKING FROM THE Heart AA and 6 p.m. AA Misfits, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

NARCOTICS ANONYMOUS LIVE AND LET LIVE, 8 P.M., KKCB, 203 E. Cobblecreek, Cedar City, for information call (877) 865-5890 or (435) 635-9603.

ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK (KKCB upstairs)

CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M., CALL 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

SATURDAY, JULY 20

YEAR-ROUND FARMERS MARKET, EVERY SATURDAY RAIN OR shine, 9 a.m. to noon in the parking lot across from Pastry Pub. Local vegetables, greens, fruit, herbs, baked goods, artisan cheese, live plants, flowers, jams, raw honey, farm fresh eggs, and more. Also, every Thursday, same location, 3 to 7 p.m.

SATURDAY FARMER'S MARKET, 9AM-1PM EVERY SAT. @ IFA, 905 S. Main. Good weather outside - bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For more info call 435-463-3735.

NARCOTICS ANONYMOUS CLOSED, CANDLE LIGHT MEETING, KKCB, 203 Cobblecreek, Cedar City. Info at 435-635-9603 or 877-865-5890.

ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK (KKCB upstairs)

ALCOHOLICS ANONYMOUS, NOON SPEAKING FROM THE Heart AA, 6:30 p.m. AA BB Study, and 8 p.m. My Story speaker meeting, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

SUNDAY, JULY 21

ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK (KKCB upstairs)

ALCOHOLICS ANONYMOUS, 11 A.M. (TGISS) AA AND 6:30 P.M. 12x12 Book Study, 203 E. Cobblecreek, Cedar City, for information call (877) 865-5890.

NARCOTICS ANONYMOUS, 8 P.M., THE MEETING HALL, 1067 S. Main St., Cedar City. For information, call (877) 865-5890.

NARCOTICS ANONYMOUS WOMEN ONLY, 11 A.M., KKCB, 203 E. Cobblecreek, Cedar City. Info at 435-635-9603 or 877-865-5890.

COMMUNITY MINDFULNESS MEDITATION, 4 P.M., ST. JUDE'S Episcopal Church, 89 North 200 West, Cedar City. This is facilitated by Amber Gower. This is a guided meditation open to the public. It is non-denominational and free to all looking for guidance in group meditation. Phone 435-590-4092 for more information.



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CALENDAR

MONDAY, JULY 22

COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 A.M. TO 5 P.M., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

RED ROAD TO SOBRIETY/AA MEETING, OPEN MEETING, 6 P.M., Paiute Indian Tribe of Utah, 440 N. Paiute Drive, Cedar City. For more information call Chris at 586-1112 ext. 307.

ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK (KKCB upstairs)

ALCOHOLICS ANONYMOUS, NOON. SPEAKING FROM THE Heart AA, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

NARCOTICS ANONYMOUS MONDAY NIGHT BASIC TEXT STUDY, 8 p.m., KKCB, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890 or 435-635-9603.

CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M. CALL 435-865-1387 for an appointment. Accepts Medicaid, Medicare and all private insurances.

TUESDAY, JULY 23

CEDAR PROFESSIONALS IS AN ORGANIZATION OF BUSINESS people created to stimulate the business climate for members through exchange of ideas, information and business referrals. Visit our weekly meeting - Tuesdays 7:30 am - Springhill Suites 1477 S Highway 91 in Cedar City - www.cedarprofessionals.org

MEDITATION CLASS - FOURTH TUESDAY MEDITATION AND instruction with Cristina Clerico. Learn why meditation is the best brain exercise and how it helps with stress management, focus, relationships and so much more. 5:45 - 6:45 PM at the Cedar City Library, 303 N 100 E. Contact Cristina at 541-905-2891 or cristina@cristinaclerico.com and cristinaclerico.com for more information. Your Donation Is Appreciated.

CELEBRATE RECOVERY! A BIBLICALLY BASED PROGRAM TO overcome hurts, such as loss of relationships via divorce, death, disagreement, or any hurt one is struggling to recover from; hang-ups - anything one chooses to let go of such as negative thinking, always blaming others; and habits - over consumption of alcohol, drugs, foods, etc. All are welcome! We meet at 6:30pm in the coffee shop area of TLC, 2111 N. Main St in Cedar. Please feel free to call/text 435-899-1248 if you need more information. (We also meet every Thursday at 11:00am)

WATER AEROBICS CLASS, (TUESDAYS AND THURSDAYS) 8 a.m., SUU pool. Fun, up-tempo workout to music. The class includes intensive cardio conditioning and full body muscle toning. The workout can be adapted to any fitness level. Beginners and all ages are welcome. Cost is \$3 per class, including pool admission. Call Allison at 435-327-2091 (no text) for more info.

TAI CHI IN THE PARK - COMMUNITY CLASS, OFFERING Qigong, Sun and Yang style tai chi. Every Tuesday at 1:00 pm-2:00 pm unless raining. Canyon Park West, 400 East (halfway between Center Street and 200 South). 400 E, by the Pavilion. Free. (Tuesdays - June and July)

STORY TIME AT THE FRONTIER HOMESTEAD STATE PARK, 10 a.m., an opportunity for preschool children to learn about the past through stories and history-related activities, story time is free thanks to the support of the Cedar City-Brian Head Tourism Bureau.

CEDAR CITY ROTARY CLUB WEEKLY MEETING. FOR MORE information call (435) 865-7637.

IMMUNIZATIONS/WIC/VITAL RECORDS, 1 TO 5:30 P.M., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

RAPE AND SEXUAL ASSAULT SUPPORT GROUP, 6 TO 7:30 P.M., for women 18 and older. Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

AL-ANON "EASY DOES IT," 7 TO 8 P.M., COMMUNITY Presbyterian Church, 2279 N. Wedgewood Lane, Cedar City, for more information call (435) 531-1045.

AL-ANON, 7 TO 8 P.M., PAROWAN SENIOR CENTER (1ST AND 3rd Tuesday)

ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK (KKCB upstairs)

ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, NOON, Cedar Bowling Center, 421 E. Highway 91, Cedar City.

ALCOHOLICS ANONYMOUS, NOON SPEAKING FROM THE Heart AA, 6 p.m. AA Misfits and 8 p.m. AA Cedar Group, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 10 A.M. TO 7 P.M., CALL 865-1387 for an appointment. The clinic accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

WEDNESDAY, JULY 24

CEDAR CITY COUNCIL, 5:30 P.M., CITY HALL, 10 N MAIN STREET **ENOCH CITY COUNCIL, 6 P.M., CITY OFFICES. 900 E MIDVALLEY** Rd, Enoch, UT. (435) 586-1119

WW - WEIGHTWATCHERS REIMAGINED! GET GUIDANCE AND in-person motivation from members, trained guides and wellness coaches who are on the same path. Workshop every Wednesday at 9:30 am at the Cedar City Aquatic Center, 2090 W. Royal Hunte Drive. Call or Text for more information (702) 832-0555.

TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK Women's Crisis Center, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 A.M. TO 5:30 P.M. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

BAND: COLOR COUNTRY WINDS, CALL DEBBIE AT 435-559-9609 for time and location. Come brush up on your band skills to share with the community.

TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, LOSE weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park. For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

DOMESTIC VIOLENCE SUPPORT GROUP, 6 TO 7:30 P.M., FOR women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

ALCOHOLICS ANONYMOUS (RED CREEK GROUP) 7 PM Parowan Senior Center 685 N 300 E, in Parowan

ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK (KKCB upstairs)

ALCOHOLICS ANONYMOUS, 6 P.M. AA MISFITS, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

AL-ANON (NEW BEGINNINGS) WOMEN'S BOOK STUDY meeting. 6:30-7:30 p.m., 203 E. Cobblecreek Drive, Cedar City.

NARCOTICS ANONYMOUS JUST FOR TODAY, 8 P.M., KKCB, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890 or (435) 635-9603.

HEY CEDARS SQUARE DANCE CLASS, 6:30 P.M., CEDAR CITY Senior Center. Info from Pat at 435-531-6811 or Ralph at 435-669-4867.

CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M., CALL 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

AMERICAN LEGION AUXILIARY MEETING, 6 P.M., CEDAR CITY Library in the Park, American Legion Conference Room. Info from Georgia Johnson 435-704-6654

PEOPLE

WEDDING

Kaitlyn & Kaden

Kyle and Gina DeLange are pleased to announce the wedding of their daughter Kaitlyn Ashley DeLange to Kaden Darren Hyatt, son of Darren and Cori Hyatt on Saturday, July 20th 2019 in Cedar City, Utah. A reception will be held in their honor that evening from 7:00 - 9:00 pm at Willow Glenn Inn, 3308 N. 900 W. in Enoch, Utah.



MISSION

Elder Gavin Holbrook Brown

Elder Gavin Holbrook Brown, son of Greg and Toni Brown has been called to serve in the Peru Trujillo South mission. He will be speaking in the Cedar 16th ward (1925 W. 320 S.) at 12:00 pm on July 21, 2019. He will report to the Peru Missionary Training Center on July 31, 2019.

MISSION

Elder Kyle Lowell Sorensen

Kyle Lowell Sorensen has been called to serve a mission for The Church of Jesus Christ of Latter-day Saints in the Santa Rosa California Mission. He will speak in sacrament meeting at 9am on July 21st, in the Enoch 3rd Ward 451 E Midvalley Rd. Kyle is the son of Lowell and Katie Sorensen. Grandson of Dee and Ellen Sorensen and Nolan and Margaret Gardner. Kyle reports to the MTC on Pioneer Day.



BIRTH

Ryder Robb Evans

Ryder Robb Evans was born on February 19, 2019 to Cobe & Cassi Evans of Paragonah, Utah. Ryder was born at 12:10 pm, weighed 8 lbs. 9 oz. and was 19 1/2 in. in length. The Grandparents are Lance & Kelli Evans of Parowan, Utah and Jesse & Quinten Robb of Paragonah, Utah. The siblings are Hagen & Easton Evans.

There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon for the following week's issue. Announcements should be 100 words or less. Please call 435-867-1865 ext. 5 for pricing for all other announcements.

Burning the midnight oil (Part 1 of 2)



The Rut LESS TRAVELED

by Corey **BAUMGARTNER**

IRON COUNTY TODAY

Ironically, as I write this, it's just after midnight. Needless to say, I'm tired. But when inspiration strikes the writer can't always have the luxury of trading his pen for his pillow. And so, I shall add some more oil to my lamp, plug in my laptop charger and continue traveling down this rut less traveled. In the end, I don't mind staying up late hoping that someone, somewhere, will read these words and find a few more moments of courage to endure and hopefully to enjoy their life more. That makes any sleepless night worth it to me.

How about you? Ever have sleepless nights, rough days, feel overwhelmed, overburdened, or like it's the same old ruts and routines every day? I don't think it's exaggerating to say that sometimes it feels like each punch of the time clock is more like a punch in the gut; you feel like breaking down before you even get to the break room and when it's time for a board meeting, you feel like it's a bored meeting. If you're a student, every test and term paper seems more like a personal test of will, as in will it ever end? Maybe for you it's just one more class, one more semester, one more year? No matter your employment, or education it's always one more something, right? But what do you do when you get to that point where you don't think you can make it to the next one more anything?

We all get burnt out in life. Even boredom can become a burden. We weren't meant to be lazy, but we weren't meant for overtime all the time, either. So, what's the solution? We can't just quit, can we? Don't they say, "Winners never quit"? Yes, but there's more to the mantra's meaning than most people memorize. Winners know when to quit, how to quit and why they're quitting.

This means more than just finding another job before you say goodbye to your boss. You have to think outside the inbox, beyond the boardroom, your cubicle, and your desk—no matter how creatively you've decorated your home away from home. You've got to plan past the paycheck and know your limits; when it's time to step up and work harder and smarter or step down and find better work.

I know its tough burning the candle of commitment at both ends and you will certainly burn out long before the midnight oil does. You've got to realize that you can't do it all and you don't have to. If you already are then you're probably nodding your head while reading this.

I'm not suggesting you find an easy way out of whatever work you are doing. I am suggesting that you sit down with yourself, your family, or a trusted friend and really inventory your schedule and your life. Better to do an inventory now than an autopsy later.



KELSEY KEENER

CEDAR CITY'S BROOKDALE SENIOR LIVING COMMUNITY grills up some gratitude during a special "thank you" barbecue.

Brookdale thanks community with BBQ

by Kelsey **KEENER**

IRON COUNTY TODAY

Brookdale Cedar City staff members hosted a free barbecue last week to show appreciation for community members and businesses who work with the assisted living facility.

Sales Manager Dave Pool said the annual event is intended to show thanks.

"It is a thank you to our business partners in the community for working with us, helping us, referring customers, just everything," he said.

He added that businesses who work with Brookdale help the facility provide for the community's senior citizens.

"Seniors in the community all have different needs, different levels of needs, and we

want to try to get people connected to the right resources," Pool said. "If our place works out great, if our place doesn't then we want to be able to be partnered with some of the other skilled nursing places to get these people the services that they need. We work with all these people and when they need certain medical attention we want to refer them to the right people."




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Grand opening of new Women's Health Clinic in Cedar City

by Josi **JENSEN**

FOR IRON COUNTY TODAY

Our OB/GYN experts at Women's Health & Midwifery provides total care for women of all ages and will make your health care experience more pleasant. We have a compassionate staff that has the willingness to listen to your needs and will treat your information with confidentiality.

Your health needs are unique. To get the care that you deserve, you need a provider who understands you—your past experiences, current situation, future goals, work, family, sexuality, and faith. You may never have stopped to think about what you want and need in a women's health care provider. Here at Women's Health & Midwifery, we encourage you to become aware of your health care options and make informed decisions based on what's best for your own OB/GYN needs and preferences.

Our office offers comprehensive gynecological and pregnancy services for women and families in Southern Utah. We offer a wide range of Women's Health care Services Including: Pregnancy Care, Hospital



COURTESY PHOTO

Setting Births, Premarital Exams, Well Women Exams, Birth Control, Gynecological Concerns, Infertility, Primary Care, Genetic Cancer Screening, and Much More.

Our provider Josi Jensen is a Certified Nurse Midwife (CNM). She is the only female OB provider in Cedar City, UT. "I believe that women should be treated with dignity through all stages of life and given support in their own personal health, pregnancy, and birth. I truly try to honor these processes, to treat all women with

compassion and respect, and to help each woman understand that they can become leaders in their own health care plan. Also important in all circumstances is the use of a hands-on human presence along with skillful communication. This leads to better outcomes and patient and family satisfaction." —Josi Jensen

First Choice for Women and Babies: Enjoy your birth YOUR way with Josi Jensen, Certified Nurse Midwife in the Safety of the Cedar City Hospital. Here at Women's Health & Midwifery, we

encourage you to choose the best way to deliver your baby, while in the safety of the hospital whether it's through natural child birth methods or epidural anesthesia. We know how important it is to have your husband/partner and (if desired) children and family involved in the birthing process. We essentially support your choices during labor and birth. All births are at the Cedar City Hospital's Women and Newborn Unit with an option to deliver in the

see **CLINIC** » 18

Historic Block Party Celebrates Pioneer Day

from Judith **HIGBEE**

FOR IRON COUNTY TODAY

The Cedar City Historical District neighbors would like to invite all residents of Cedar City to our annual Block Party on Pioneer Day, July 24th from 4-8 PM, between Shakespeare Lane and 200 South.

This celebration of the history of Cedar City and commemoration of the lives of many of our ancestors will be a fun, festive afternoon. Sharing good food, fellowship and live music will help us remember our heritage and remind us to preserve and protect our tree-lined streets for all our enjoyment and the environment.

After many years on the city books, our Historic Preservation Committee has been revitalized. This huge step will protect and encourage the beautification of the homes and yards near our University and Festival grounds.

Please come! We would love to share in this special occasion with everyone. Bring a chair and a dish to share.



PHOTOS BY COREY BAUMGARTNER

ONE OF THE VERY UNIQUE AND BEAUTIFUL HOMES to be viewed while visiting the Cedar City Historical District during next week's block party.

My Main St. memories

Notice anything happening on Cedar City's Main Street lately? There is a slight change occurring next to Cardon's and down a bit from Holmes' barbershop? To most this change may go unnoticed, but not to me.

You see, this building used to house "my candy store"—Cowley Drug. Since its closing (late 90's) this building has housed a few shops, but none have remained long. Not like its longtime resident—Cowley Drug (which I believe was owned by Mel Cowley). Dex Cowley, son of Mel worked as a pharmacist there for years, but the pharmacist I remember was Ron Sanders (with seven kids, my mom spent a lot of time at the drug store).

I spent a lot of time on Cedar City's Main Street as a kid. In fact, I spent most of my nickels and dimes there. I also did my first (and last) shoplifting on this street—it was at Cowley Drug. I must have been 4 maybe 5, and I was with my brother Chris. My theft? It was a piece of penny candy. My brother asked me what I was eating when we left Cowley's and I confessed. He made me go back and apologize.

To this day, there are few things as frightening as the memory of that red headed old woman and her very grouchy demeanor. I am not sure if she scared the sin right out of me or the awful way my tummy felt did. But my days of robbery started and ended that day at Cowley Drug.

It was also here at Cowley Drug that my best friend Suzanne and I stopped every day after middle school. We would combine our leftover "lunch money" and treat ourselves. We usually split a Twix bar and bought a few penny candies. On summer days, we loved going there to visit with one of the Adams sisters—Glenis or Dorcas (Fred's girls) were usually working and most often we ran into the old man "Powerhouse" who purchased his Lucky Strike cigarettes from Cowley's.

I can still hear the back door close behind me as I enter the "my candy store" and smell the very

distinct scent that says Cowley's. With my two-wheeler parked out back, I head down the slanted floor and stop at the old-fashioned soda machine to buy a 35-cent soda. I take off the bottle cap... pop—right there at the soda machine. Those were the best sodas ever!

On the opposite side of the street from Cowley Drug, was the best ice cream parlor around—Fernwood's. Suzanne and I spent many summer nights in our early teens at Fernwood's indulging in our favorite flavor of ice cream. These are my yummiest memories!

Main Street also used to have phone booths—I know that's an anomaly now days. One was on the corner by the old Post Office and one was by present day Bulloch Drug. Back in the day, it cost only 10 cents to use the telephone. To

amuse ourselves on hot summer days, Suzanne and I would each go to a phone booth and then call one another—super fun! (sorry there was no such thing as Snapchat, text messaging, We Chat or Marco Polo) After our shenanigan's using the phone booths, we would often head down to a little specialty shop at the north end of main on the west side. The shop

owner indulged our adventure-some spirits and scared us with his "rattlesnake eggs." These were definitely the days.

Main Street, USA-- every town has one, but Cedar City's remains the best. J.C. Penney, Woolworths, Stevens, Bradshaws, Wood's Store for Men, Cedar Drug, Hugh's Café, Fernwood's, Garden Café, Sanoma's Dress Shop—to name a few that used to house this street. Few of its original residents remain, but there are plenty of memories.

And a big welcome to Cowley Drug's newest dweller—it's a beautiful spot! Just a hint, pick up a few penny candies and it might increase your sales, and I promise not to shoplift!

Amyanne is a graduate of Cedar High School and Southern Utah University. For more of her writing, follow all of her adventures at barnwoodandtulips.com.



AMYANNE RIGBY

CONTRIBUTOR

BUSINESS

All Safe Storage celebrates grand opening in Cedar

from Suzanne REGIS

FOR IRON COUNTY TODAY

All Safe Storage is having their Grand Opening celebration from July 17th - July 23rd.

Owners Mike, Sheryl and Suzanne are excited to see their vision come true and would love to meet you. Stop in for refreshments and cookies. M-F 9am to 5pm and Sat. 10am to 4pm. We are located at 3241 W Highway 56

in Cedar City. (435) 233-2114. www.allsafestorage56.com.

Also, look for the Special Offer in this issue on new rentals. The facility has many new and clean storage units including covered and open RV parking, with plans to expand to meet the future needs of the community.

All Safe Storage is a family owned and operated business and they are happy to serve the public with their storage needs.



ALL SAFE STORAGE provides economic, convenient and safe shelter for all your treasures.



PHOTOS BY COREY BAUMGARTNER

CLINIC

« CONTINUED FROM PAGE 17

Hospital's New Low-Intervention Birth Suite. We offer Free Walk-In Pregnancy Testing.

Have the best partner in taking care of your health! Get in touch with a provider at Women's Health & Midwifery-Southern Utah. Give us a call today to inquire about our services or to schedule a meet and greet with our trusted provider. You can also learn more information by visiting our

website at www.whamsu.com. "With great enthusiasm, I am looking forward to the experience of providing you with high-quality, personalized care. Please don't hesitate to contact the office with any questions or concerns. I am eager to meet with you, and if you are interested, please schedule a free meet and greet." - Josi Jensen CNM

Women's Health and Midwifery-
Southern Utah

1303 N. Main, Suite E, Cedar City, UT 84720
(435)865-9222

FAITH

Unveiling blindness

ISAIAH 42:18

I had to smile when searching online for scriptures relating to Jesus healing the blind. I found many websites listing how many times the blind were healed and there was even a website offering a complete list of the miracles Jesus performed during His ministry on earth. I smiled because no one could have recorded all of His miracles. They were not only countless; but many were often private and personal. Thankfully, beyond the Bible and other

scriptures, miracles still exist today, in each of our lives; if we will look to God and trust in His love and mercy.

We all need miracles. Whether it's healing the

blind, the sick, restoring a relationship, a marriage, or finding ways to pay our bills. He can still calm our storms or strengthen our hearts to endure until the storm passes. His miracles are always personal and unique to our situations. How great to have such a love in our lives.

Speaking of which, love comes in all shapes and sizes. Unfortunately, many miss out on the benefits of giving and receiving love because they have become blinded by adhering to the world's definitions of love. The world believes that the shapes and sizes of love are limited, or are exclusive to those with beauty, attraction, fame, finances and other successes. If someone is not as rich, the right color, weight, height,

or nationality, they can be shunned and shut out. Their lack of so-called prosperity can cruelly lead to their demise and despair.

Thankfully, the Lord has a different definition of love. It is not limited by or based upon the blindness caused by our color, creed, financial, social status, or any other types of "blindness" that can infiltrate and inflict our lives. With His love and light He can heal the blindness in people's eyes and in their hearts.

I'm sure you'd agree that physical blindness isn't the only blindness Jesus needs to heal in today's world. His love will

help remove the cataracts of contention, the astigmatism of selfishness and restore our vision to see the good in ourselves and in others. This is not a love that overlooks

evil, but one that creates a force stronger than evil. Only the love and light of Jesus Christ can restore sight, heal our hearts, give us hope and shine a light into our lives brighter than any darkness and despair.

Therefore, if we are to help Him heal our world, we must look beyond clothes, color, race, and riches. We can learn to see the good in everyone; even if they've hidden it. They are still a child of God. They still have a chance and a choice for change. This love can only come from our Savior, but once we receive it—once we can see more clearly—then we must reach out and help others to see. May we learn to see, love, and help others; even as Jesus would and still does.



GOD'S
Porch

by Corey BAUMGARTNER

IRON COUNTY TODAY



GETTY IMAGES

Upcoming nondenominational community bible study courses

A Precept Study of Hebrews Pt. 1 and 2

A Precept Upon Precept Bible Study will begin at 1 pm on August 1 at the Cedar City Public Library, 303 N 100 East. This class will be an eleven-week study of Hebrews chapters 1-4, "Consider Jesus, Your Merciful High Priest" and a nine-week study of Hebrews chapters 6-10, "The Jesus, Our High Priest Forever", ending before Christmas.

Hebrews part 1 - God has spoken to us in these last days through His Son, Jesus. Learn about Jesus' superiority to all and our great salvation in this exciting study that enlightens Old Testament law and prophecy.

Hebrews part 2 - Ever wondered how the New Testament connects to the Old? See how Jesus fulfilled the Law and the Prophets and became our great High Priest.

Precept Upon Precept studies take a straight-forward investigative approach to Bible

study. The inductive method will lead attendees to discover truth for themselves by using three skills; observation, interpretation and application. These studies consist of homework, discussion, and DVD lecture by Bible teacher Wayne Barber.

Precept Bible studies are nondenominational. Interested students may call 435-267-2234 or 435-238-3078 for information or to sign up. The cost of the workbook for Hebrews part 1 is \$24.00 and Hebrews part 2 is \$20.00 (available at a later date). Students may contact the numbers above to order workbooks, and pick them up from 1 pm till 2 pm Thursday, July 25 at the library. Lesson 1 will be discussed the following week on August 1. For those new to Precepts, there will be a short orientation on July 25 from 1 pm to 2 pm.

Information about Precept Ministries International can be found at www.precept.org.

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Smithfield Hog Production Division

PO Box 100 • 341 S Main, Millford, UT 84751 • smithfieldfoods.com/hogproduction



OBITUARIES

Heidi Weisenreder Peterson



Heidi Weisenreder Peterson, age 67, was surrounded by her loving family when she went home to be with her Lord and Savior on July 4, 2019 in Cedar City, Utah.

Born on March 7, 1952 in Clarkson, New York to Richard and Beverly Weisenreder, Heidi spent the majority of her childhood in Upstate New York and some years in La Mirada, California before marrying her eternal husband of 48 years, David Arthur Peterson. The newlyweds settled in Southern California where they raised their

three beloved children. After graduating from UC Riverside with a bachelor's degree in psychology she enjoyed a successful career with the IRS as an appeals officer.

Heidi was born with a tenacious spirit that, in cooperation with her generous heart, ushered her into many roles as a servant to others, both in personal and professional circles. As the caretaker of many, she is treasured by family and friends for her loyalty and perseverance. By her colleagues she is revered for her work ethic, dedication, and extraordinary intellect.

Throughout her life, Heidi was a devoted learner and reader. She shared her enthusiasm for learning with her children and grandchildren by organizing many trips and adventures for the family. Heidi remained enchanted by the beauty of the changing seasons from her childhood, including the snowy winters that many might consider severe or undesirable. One of her most recent adventures was the realization of a life-long dream to reunite with the divine artistry of God's creation on grounds reminiscent of her early life in New York. In 2018, Heidi and David moved to Cedar City, Utah where Heidi enjoyed a sweet homecoming to a place of serenity before transitioning to her everlasting peace in heaven.

Heidi is survived by her husband of 48 years (David Arthur Peterson); her sons (Andrew and Richard); her daughter (Rebecca); and nine grandchildren.

The family is deeply grateful for the kindness and excellence of the medical community in Cedar City and St. George, Utah.

Online Condolences can be sent to Heidi's memorial page at www.affordablefuneralservices.com

Martha Roberts Parry



Our family is sad to announce that on July 4th at the age of 76 our beloved Martha Roberts Parry returned to her beloved Heavenly Father surrounded by her family. Martha was born in Athens, Alabama. She was the daughter of Russell and Velma Roberts. They moved to Cedar City from Athens, Alabama when she was 5 years old. She had one brother named Stan.

Growing up she attended school in Cedar City. She met the love of her life Drex Parry on May 2, 1958, and they were later married on June 2nd,

1961. They were sealed in the temple for all time and eternity on June 21st, 1980. They were blessed with 2 daughters Lori & Kelly and 2 sons Tom & Cameron. She had 19 Grandchildren and 29 great grandchildren.

Martha loved her family above all things. She had a kind and loving heart and her love of the gospel was unwavering. She loved to play the guitar and piano. She was always taking the kids fishing and camping and always supported them in everything they did.

She is survived by her husband Drex Parry, daughters; Lori (Jimmy) Culbertson, Kelly (Wally) Rollo, sons; Tom Parry and Cameron (Jamie) Parry.

Funeral services were held at the stake center 95 N 2125 W on Thursday, July 11. A viewing was also held at 10 A.M. with the funeral at 11 A.M. and a dedication of the grave followed at the Cedar City Cemetery. After services there was a lunch back at the stake center.

The family would like to thank Ethan Bunker of Sun Tree Hospice Service, Dr. Mark Corry, Serenity Funeral Home of Southern Utah, the Cedar City 11th Ward and all our family and friends.

Frankie Duane Roper Callison



Frankie Duane Roper Callison, 87, passed away peacefully at home in Cedar City, Utah from causes related to age on July 9, 2019.

Frankie was born in humble circumstances on February 26, 1932, in Upalco, Utah to Haley and Mabel Olsen Roper. Their home was a one room house with a dirt floor without running water, electricity, or any modern conveniences. They lived in much the same manner as their pioneer ancestors.

Frankie spent her early years in Westwood in northern California where her father worked in lumber mills. She excelled in school and graduated from high school a year early at the top of her class.

In 1948, she entered Brigham Young University where she especially enjoyed math and science classes. While in Provo, she met and fell in love with James Callison, Sr. They were married in the Manti Temple on July 13, 1949.

Frankie lived in northern Utah for three years; Bisbee, Arizona for six years; Orderville, Utah for 11 years; and Cedar City, Utah for 50 years. During those years, she spent most of her time raising her 13 children and taking care of her home.

She loved to read and had enough books in her basement to fill a small library.

She served in a number of callings in the Church of Jesus Christ of Latter-day Saints including callings in the Primary, Young Women, and Relief Society. She was a dedicated Cub Scout leader for many years, and also worked at the BSA Supply Store.

From 1995 to 1997, Frankie served a mission with her husband Jim in the Family History Library in the Joseph Smith Memorial Building in Salt Lake City. They loved the work and had many great experiences.

Frankie and Jim were later able to serve as workers in the St. George Temple. They loved the peace and beauty of the temple. She was very pleased when a temple was built in Cedar City.

For several years, Frankie served as the director of the Cedar City North Stake Family History Center. She greatly enjoyed helping people find their ancestors.

Frankie enjoyed math, science, and doing puzzles. In her younger years, she was known for her phenomenal memory. Her children never used the church phone directory because Frankie had the entire directory memorized. She was their "SIRI".

Frankie was preceded in death by her parents, Haley and Mabel Roper, sisters, Velda Mitchell, and Uwanna Sonnefeld, brothers LaVer Roper, Owen Roper and Keston Roper; daughter DeAnn Callison, son Gary Callison, and her husband, Jim Callison, Sr.

She is survived by her children, Darrell (Trish) Callison, Gail (Alan) Crawford, Jim (Gail) Callison Jr., Judy (Rocky) White, David (Cathie) Callison, Debbie Lee (Gary) Barton, Marilyn (Duane) Fly, Debbie Lynn (David) Cotts, Matthew (Elizabeth) Callison, Karl (Keri) Callison, and Kyle Callison. She is also survived by 47 grandchildren, and 62 great-grandchildren.

Funeral services will be held on Saturday, July 20, 2019 at 11:00 a.m. at the Cedar City 4th Ward chapel at 500 West 400 North in Cedar City, Utah. A Viewing will be held on Friday evening from 6 to 8 p.m. and Saturday from 9:30 to 10:30 a.m. at the same location. Interment will be at the Cedar City Cemetery under the direction of Affordable Funeral Services. (435-586-3456).

Online condolences can be sent to Frankie's memorial page at www.affordablefuneralservices.com

Patsy Anne Gorman



Patsy Anne Gorman, 76, passed away peacefully in her sleep, Monday July 1, 2019. She was born October 20, 1942 in Cedar City, Utah to Byron Maxim Gorman and Mary Elizabeth Syrett and was the second of five children.

Patsy grew up in Cedar City and graduated from Cedar High School where she sang with the school chorus. She married Hal M. Slack on August 5, 1960 and had three children. They later divorced, and she moved to Salt Lake City, Utah and married Andre H. Greeff and her fourth child was born. They later divorced. She then moved to Mesquite, Nevada to escape the snow and spent approximately six years there before moving back to Cedar City where she has lived for the past year with her two parrots. She has worked various receptionist jobs over the years, retiring from Cookietree Bakeries, and was valued for her beautiful voice and her warm and caring nature, which always made everyone feel welcomed.



Mom loved every living creature and would often take in strays. She always had a love for birds and had several parrots over the years. She loved live plants and had no use for fake ones. Mom loved to travel and see new places and truly enjoyed going out for breakfast and visiting with family.

Patsy is survived by her 4 children; Roseanne Slack - Cedar City, UT; Angie Slack - Cedar City, UT; Jason (Kris) Slack - Cedar City, UT; and Ayme Greeff - Mesquite, NV.

Patsy is also survived by 16 Grandchildren; 19 Great Grandchildren; her birds, Lihue (Blue & Gold Macaw) and Corry (Red Lored Amazon); sister, Sharon (Gayle) Webb; brother, Gary Gorman.

She is preceded in death by her Parents; brother Thomas Henry Gorman; and sister, Therese Margaret Gorman.

There will be no public funeral services as per her request. Please visit www.hughesmortuary.com to leave condolences for the family.

*Don't think of her as gone away
her journeys just begun,
life holds so many facets-
this earth is only one.
Just think of her as resting
from the sorrows and the tears
in a place of warmth and comfort
where there are no days or years.
Think how she must be wishing
that we could know today
how nothing but our sadness
can really pass away.
And think of her as living
in the hearts of those she touched...
for nothing loved is ever lost-
and she was loved so much.*

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Sports

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IN IRON COUNTY

NORTH SIDE SWEEP!

CEDAR NATIONAL WINS JUNIOR, MAJOR DIVISION SOFTBALL TITLES



THE CEDAR NATIONAL JUNIORS beat Snow Canyon 14-2 to win All-Star title on July 10.

TOM ZULEWSKI



THE CEDAR NATIONAL MAJORS beat Enterprise 12-5 to win the All-Star Title.

TOM ZULEWSKI

by Tom **ZULEWSKI**

IRON COUNTY TODAY

Prior to the start of this year's Utah All-Stars softball tournament, the Cedar National Juniors had only one mission in mind.

With a trip to the Little League World Series and another to a West Regional already on its resume from its time in the younger division, it was only logical that the band do its best to stay together and take on the next level.

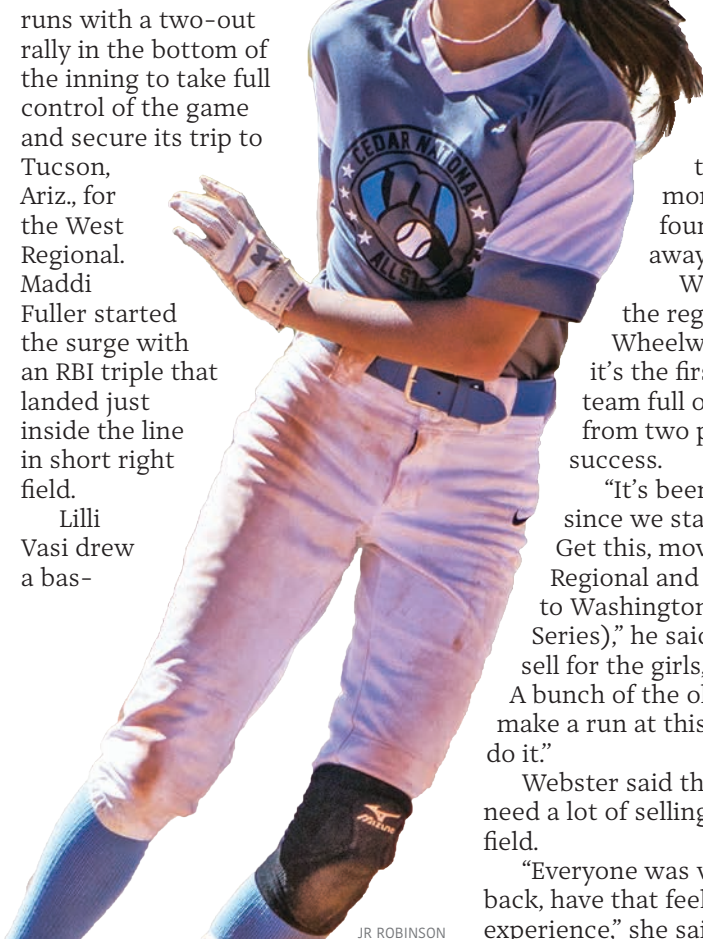
Once Sidney Webster got her bat going, her teammates got their run off to a flying start. Webster belted a three-run homer as part of a six-run first inning, and Cedar National put together a dominating performance in a 14-2 victory over Snow Canyon in five innings to capture the 2019 All-Star junior softball title July 10 at the Fields on the Hill complex.

"They were awesome and hit the ball well today," Cedar National coach Aaron Wheelwright said. "We swung the bats well and played defense with confidence."

After pitcher Payton Lister retired the side in order in the top of the second, Cedar National added four

runs with a two-out rally in the bottom of the inning to take full control of the game and secure its trip to Tucson, Ariz., for the West Regional. Maddi Fuller started the surge with an RBI triple that landed just inside the line in short right field.

Lilli Vasi drew a bas-



JR ROBINSON

es-loaded walk that gave Cedar National another run in the third, and they added three more runs in the fourth to put the win away early.

With the trip to the regional secured, Wheelwright believes it's the first big step for his team full of familiar faces from two prior summers of success.

"It's been our main focus since we started on Day 1. Get this, move on to West Regional and hopefully get to Washington (for the World Series)," he said. "It wasn't a hard sell for the girls, and they sold me. A bunch of the older girls said 'let's make a run at this.' I said 'OK, let's do it.'"

Webster said the team didn't need a lot of selling to return to the field.

"Everyone was willing to come back, have that feeling, have that experience," she said. "With the hard

work and effort we've put in, we know we can do this."

Cedar National takes its next step along the championship ladder with the opening game at the West Regional in Tucson, Ariz., on Thursday against Martinez, Calif., at 6 p.m.

The Cedar National Majors team had to battle through an early three-run deficit, but rallied with eight runs over the final two innings to put away a 12-5 victory over Enterprise that secured the title for the third year in a row.

Assistant coach Taniah Henrie said the team's response from an early 3-0 deficit left a positive impression.

"They're a good team. We knew they'd be in there with us and bring a hard game," Henrie said. "They fought hard, but our girls fought just as hard. We've got a good group of girls that's playing beyond their age."

Cedar National will open play at the West Regional in San Bernardino, Calif., against a team from Wyoming on Saturday at 8 p.m. All games from the tournament will be streamed live on the ESPN Plus subscription service.

Washington walks off to Majors baseball title

by Tom ZULEWSKI

IRON COUNTY TODAY

After winning the opening game of the best-of-3 championship series, the Washington Little League All-Star team found itself in a familiar place – trailing on the scoreboard.

Standing at the plate as the potential winning run, Ryder Sherratt didn't waste his opportunity. One big swing was the jolt that made the difference and clinched the 2019 Utah All-Star Tournament Majors division championship.

Sherratt belted a 3-0 pitch over the fence in left field for a two-run home run with one out in the bottom of the sixth inning that finished off a three-run rally and lifted Washington to an 11-10 victory over Cedar National at the Lions Park Little League complex. The win sent Washington to the Little League West Regional in San Bernardino, Calif., for the second time.

The comeback was made necessary after Cedar National broke an 8-8 tie with two runs in the top of the inning.

"We've been experiencing this through the whole tournament," Washington head coach Nate Esplin said. "We knew we could come back, and the kids had heart. They never gave up, and that's why this is so special."

The winning rally began when Cord McCallister singled, stole second and scored on a single from Roah Wall. That brought up Sherratt, who worked the count to 3-0, but wasn't about to take another pitch.

"I didn't want to walk," Sherratt said. "I had the 3-0 count, so I knew the fastball was coming," Sherratt didn't miss the pitch and pinch-runner David Cordero scored ahead of him for the winning runs that sent Washington to its first West Regional berth since 2011.

Drake Carroll pitched a complete game in Washington's 8-2 win in Game 1 of the championship series, but Cedar National

with two runs in the second and two more in the third for a 5-3 lead. They added two more runs in the bottom of the inning to tie the score at

those runs in the bottom of the inning to pull even once more.

Price Atwood gave Cedar National the lead again with

"I didn't say anything to Ryder. He had the pitch and he went for it," Esplin said of Sherratt's winning hit. "These kids can do anything, so they're ready to go."

Washington's first game at the Little League West Regional in San Bernardino, Calif. will be played Aug. 5 against the winner of the game between Northern California and Nevada at 1 p.m. All early-round games can be seen on the ESPN Plus subscription service, while the semifinals and finals can be seen on ESPN.

Cedar National's Junior All-Stars team got out to a big lead against Enterprise in Game 2 of its best-of-3 championship series July 12, but had to hold on late for an 8-5 victory that completed a sweep and earned a trip to the West Regional in San Jose, Calif.

The team won Game 1 by an 8-2 count and continued its momentum, building a 7-0 lead after the top of the fifth before Enterprise got on the board with four runs in the bottom of the inning.

Both sides went down in order in the sixth, but Cedar National got an RBI ground-out for a valuable insurance run in the top of the seventh. Enterprise was able to score a run in the bottom of the inning when Hayden Dougherty reached on an error that put two runners on and brought the potential tying run to the plate.

Cedar National would escape the threat as Porter Phelps popped out for the final out.

"The kids came out and played well today," head coach Justin Stoker said. "We got down on ourselves earlier, but we got it back. I'm proud of the boys. They haven't been there before, now they're going."

The Junior League Baseball West Regional starts July 26, but the schedule of games was not available as of press deadline.



THE WASHINGTON MAJORS BEAT CEDAR NATIONAL 11-10 to win the All-Star title on July 13



CEDAR NATIONAL JUNIORS WON THE ALL-STAR TITLE with an 8-5 win over Enterprise on July 12

struck first in Game 2 with a run in the top of the first inning. Washington answered with three in the bottom half of the frame, but Cedar National stayed in the fight

5-5, but left the bases loaded. Cedar National was able to break the tie with three runs in the fifth, two scoring on an Owen Callister double, but Washington matched

an RBI double in the top of the sixth and Zac Maine made it 10-8 with an RBI groundout. It wouldn't be enough to prevent Washington from one final rally.

PHOTOS BY TOM ZULEWSKI

Local standout receives NCAA invitation



TREYTON TEBBS WILL BE REPRESENTING his family, the Cedar High Redmen basketball team and his community at the NCAA Basketball Academy next week in Arizona.

from Natasha **TEBBS**

FOR IRON COUNTY TODAY

Treyton Tebbs, class of 2021, has been invited to participate at the NCAA Basketball Academy at Grand Canyon University in Phoenix, Arizona on July 22-25th.

Only 1600 players were invited across the United States to participate. His dedicated work ethic of working out three to four times per week at Retro on basketball-specific training as well as daily shooting practice at Southern Utah Sports Academy, is elevating his game to a collegiate level.

COURTESY PHOTO

Raleigh Grossbaum named SUU Men's Tennis head coach

by Kyle **BIRNBRAUER**

FOR IRON COUNTY TODAY

CEDAR CITY — The Southern Utah University athletic department and director of athletics Debbie Corum have announced the hiring of Raleigh Grossbaum as the new head coach of the Thunderbird men's tennis program.

"Raleigh will be a great addition to our coaching staff," Corum said. "When he visited campus, he distinguished himself as he learned as much as possible about our community, the university, the athletic department, and the men's tennis team. Among his strengths are his ability to develop players and we are confident that his skills will be an asset to the success of the team."

Grossbaum will move to Cedar City from Orlando, Florida where he currently is on staff as a tennis instructor at GreatBase Tennis. Prior to working for GreatBase Tennis, Grossbaum was a Teaching Professional at the United States Tennis



COURTESY OF SUU

RALEIGH GROSSBAUM

Association's National Campus in Orlando where he helped to develop players with the use of performance analytics.

"Southern Utah University is an amazing place to build a tennis program," Grossbaum said. "The athletic department is made up of a top-notch staff with great

energy and drive. Cedar City is a beautiful town, filled with genuine citizens who show great support for the university and its athletics. With an emphasis on character, work ethic and team unity we will develop an excellent culture that will lead to exceptional results. I believe this team has the potential to become a perennial force in the Big Sky Conference and the NCAA."

Grossbaum played his collegiate tennis at Ferris State University in Big Rapids, Michigan. He helped the Bulldogs to three Great Lakes Intercollegiate Athletic Conference men's tennis championships, two NCAA Division II Elite Eight appearances, and a NCAA Division II Final Four appearance in 2017.

Grossbaum graduated from Ferris State in 2017 with a Bachelor's of Science in Professional Tennis Management.

Follow the Thunderbirds all season @SUUTennis on Twitter and Instagram and by liking the Southern Utah Men's Tennis page on Facebook.

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YARD SALES

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YARD/MOVING SALE: FRIDAY, JULY 19, 9 A.M. TO 1 P.M. 732 South 2075 West, Cedar City

YARD SALE SAT JULY 21, 9 AM-2 PM. VARIETY OF HOUSE-hold items: toys, tools, antique cedar chest, antiques and much more. 928 W. Greenslake Dr., Cedar City

LEGAL NOTICES

NOTICE OF ORDINANCES

Notice is hereby given that the Cedar City Council at its regular meeting of July 10, 2019, passed the following ordinance(s):

1. Ordinance No. 0710-19, an ordinance amending Cedar City's General Land Use plan by realigning a master planned street at 1800 South to Westview Drive;
2. Ordinance No. 0710-19-1, an ordinance amending Cedar City's General Land Use Plan from low density residential to high density residential for property located at 100 East 1600 North;
3. Ordinance No. 0710-19-2, an ordinance amending the zone from General Commercial (GC) to dwelling, multiple-unit (R-3-M) for property located at 100 East 1600 North; and
4. Ordinance No. 0710-19-3, an ordinance vacating an easement located in lots 1 and 2 of the Temple Cove Subdivision.

Said Ordinances shall become effective immediately upon publication.

A Copy of said ordinance(s) may be seen and/or purchased at the office of the Cedar City Recorder, 10 North Main Street, Cedar City, Utah.

**Published July 17, 2019 • Iron County Today
ICT #0147**

REQUEST FOR PROPOSALS

Project: Cedar City's downtown Christmas lighting includes a display that spans approximately 83 feet and suspends light displays over main street. There are 8 sets of posts that suspend Christmas lights. The suspended lighting must match existing tree lighting in color and tone. The City's style is very traditional.

Requested Proposal: Cedar City is seeking a qualified firm to propose a traditional Christmas lighting display that will span our main street in eight locations. The display must be fabricated of a durable material that will last in a harsh climate for many years. The lighting must be LED lighting and match existing tree lighting in color and tone. Cedar City is also interested in displays that can be in parks/open spaces.

Proposal Due-Time: 5:00 p.m., Mountain Daylight Savings Time, on the 26th day of July 2019.

Place: Offices of the Cedar City Manager, 10 North Main Street, Cedar City, UT 84720.

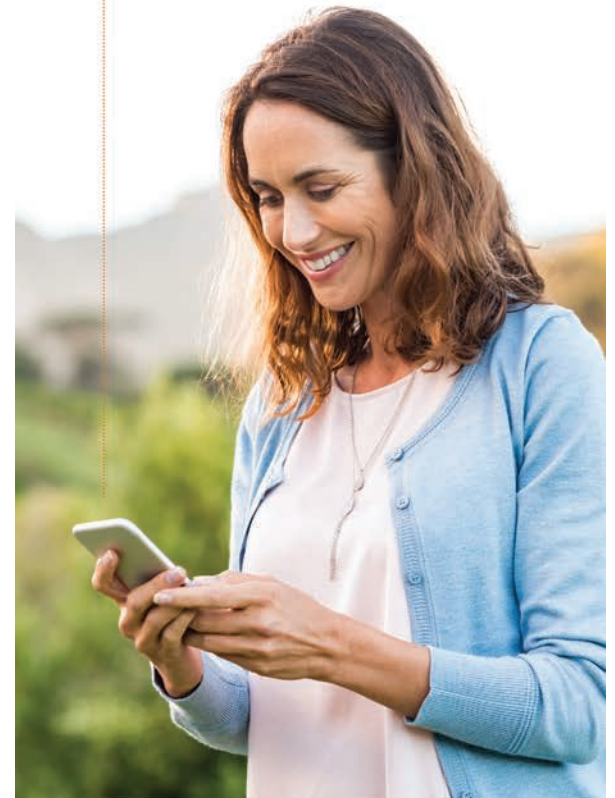
Complete information packet: This is a summary of the project for advertising only. For a complete packet containing requirements for preparing the proposal contact the Cedar City Manager at (435) 586-2953.

**Published July 17, 2019 • Iron County Today
ICT #0148**

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Amber Waves

by Dave T. Phipps



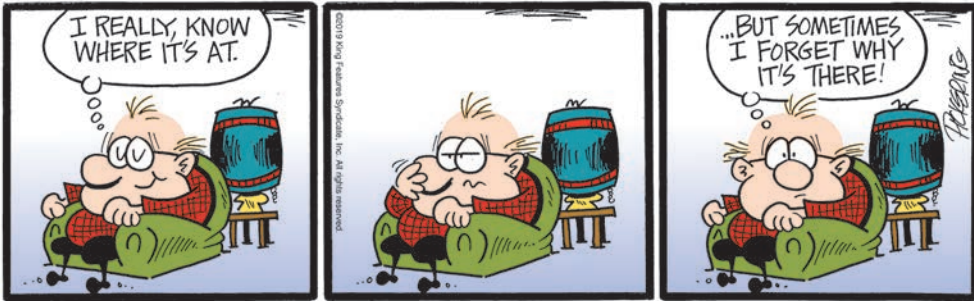
R.F.D.

by Mike Marland



The Spats

by Jeff Pickering



Weekly SUDOKU

by Linda Thistle

	7			1		9		
9	8		5		3			
	4	3			1		5	
7				3	8			
	6	7	8			1		
	8		9				2	
6	3			5		4		
		9	6				8	7
	4			2	6			

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦♦ Moderate ♦♦♦ Challenging
♦♦♦♦ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

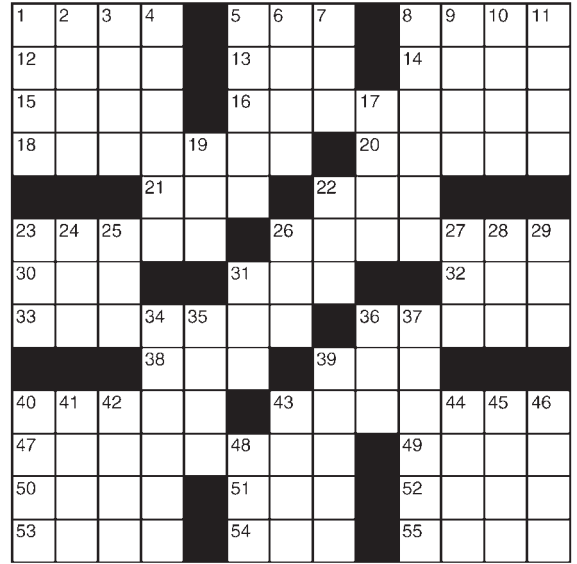
Differences: 1. Boy's hat is black. 2. Notice added to bulletin board. 3. Boy is holding a lollipop. 4. Officer has four stripes. 5. Officer has two buttons. 6. Desk sergeant's badge is missing.

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King Crossword

ACROSS

- 1 Periodicals, for short
- 5 Cistern
- 8 Last writes
- 12 Guitarist Clapton
- 13 Brewery product
- 14 Infamous Roman
- 15 Genesis maker
- 16 Fan of classical music
- 18 Barbershop job
- 20 Stir up
- 21 Get on in years
- 22 Lubricate
- 23 Synagogue VIP
- 26 Hew
- 30 Swelled head
- 31 Write in the margins
- 32 Pod denizen
- 33 On the — (secretly)
- 36 Caulking material
- 38 A billion years
- 39 2,000 pounds
- 40 Angry dog's sound
- 43 Sleazy sort
- 47 Throughout your time
- 49 Rewrite, maybe
- 50 Satan's spe-



- 9 Suitor
- 10 Eye part
- 11 Ripped
- 17 Sandlike matter
- 19 Modern film trickery
- 22 Chic no more
- 23 Scarlet
- 24 In earlier times
- 25 Violinist's need
- 26 Calf's mom
- 27 Choose, with "for"
- 28 Drenched
- 29 Aye opponent
- 31 "The Daily Show With — Stewart"
- 34 Staircase posts
- 35 Lounge around
- 36 "Bam!"
- 37 Except if
- 39 Forum garb
- 40 Singer Campbell
- 41 Split apart
- 42 "Think nothing —"
- 43 Takeoff's opposite (Abbr.)
- 44 Concept
- 45 Some evergreens
- 46 Greek vowels
- 48 LummoX

DOWN

- 1 Netting
- 2 Vicinity
- 3 Leslie Caron role
- 4 Sacred beetle
- 5 Price
- 6 Greatly
- 7 Roman X
- 8 Waiting for the operator

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3	8	6	9	2	1	7	4	8
7	8	4	2	3	6	3	6	1
1	4	9	4	1	8	7	5	6
2	3	2	3	9	6	1	6	7
4	1	4	2	5	1	8	7	3
6	9	8	6	3	4	3	7	2
5	7	5	8	1	6	4	3	9
9	6	9	2	3	8	4	5	7
8	8	1	4	9	5	7	3	2

Answer

Weekly SUDOKU

S	S	S	S	F	G	S	F	S	T	S	N	
E	V	I	L	A	D	V	A	S	E	R	A	
R	A	V	A	S	E	R	A	V	A	S	E	
I	T	E	D	I	T	E	D	I	T	E	D	
L	I	F	E	L	O	N	G	L	O	N	G	
G	R	O	W	L	O	M	L	O	W	L	O	
E	R	O	W	L	O	M	L	O	W	L	O	
D	O	W	N	O	T	N	O	T	N	O	T	
O	W	N	O	T	N	O	T	N	O	T	N	
P	E	A	V	A	S	E	R	A	V	A	S	
E	R	O	W	L	O	M	L	O	W	L	O	
R	A	B	B	I	C	U	L	T	D	O	W	N
A	V	A	S	E	R	A	V	A	S	E	R	A
H	A	I	R	C	U	T	R	O	U	S	E	
S	E	G	A	L	O	N	G	H	A	I	R	C
S	E	G	A	L	O	N	G	H	A	I	R	C
E	R	I	C	A	L	E	N	E	R	O		
M	A	G	S	V	A	T	O	B	A	T		

Solution time: 21 mins.

King Crossword

Answers

Trivia test

by Fifi Rodriguez

- GEOGRAPHY:** Which South American country is home to Machu Picchu, a 15th-century Incan citadel?
- GENERAL KNOWLEDGE:** Which East Coast city's nickname is "Charm City"?
- U.S. STATES:** What is the only U.S. state whose name is one syllable?
- HISTORY:** Which English monarch reigned from 1625 to 1649?
- MUSIC:** Which female singer had a No. 1 hit in the 1960s with the song "Downtown"?
- ASTRONOMY:** Which planet in our solar system is known as a morning and evening star?
- BIBLE:** How many plagues of Egypt were described in the book of Exodus?
- MOVIES:** How many different actors played roles in "The Three Stooges" over the years?
- LITERATURE:** Who wrote the 20th-century novel "So Big"?
- GAMES:** What color is the Connecticut property in the game "Monopoly"?

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- Trivia Test Answers
- Perry; 2. Baltimore; 3. Maine; 4. Charles I; 5. Petula Clark; 6. Venus; 7. 10; 8. Six. Larry, Moe, Shemp, Curly, Joe and Curly Joe; 9. Edna Ferber; 10. Light blue

Make room for **NEW FAVORITES** on the grill

Whether firing up the grill for a pool party, barbecue or even just a weeknight meal, one thing's for sure: summertime means grilling season. Grilling takes many forms and flavors from casual favorites like burgers and hot dogs to flame-kissed vegetables and the artistry of a perfectly done steak. However, the possibilities don't end there.

By mixing and matching traditional grilled classics with options that have a variety of textures and flavors, you can shake up your

at-home menu and add new favorites to your routine this grilling season.

One ingredient to consider adding to your repertoire is Mrs. T's Pierogies, which are available in 14 flavors. They're stuffed with creamy mashed potatoes, cheesy goodness and other big, bold flavors, and you can grill them right alongside your favorite barbecue fare. Consider these tips from grilling expert Susie Bulloch of "Hey Grill Hey" to add some new sizzle to your grill this summer by using pierogies.

» Use good cooking oil to create a crispy exterior. Olive, avocado or canola oil can handle the heat of the grill.

» Try two-zone cooking. Start by cooking on the low-temperature side of the grill (known as indirect cooking) to slowly heat from frozen. Then move to the hot side of the grill (direct) to add a crisp texture and achieve a golden brown exterior.

» Add layers of texture. With a soft interior and crispy exterior, pierogies pair well with juicy, chewy protein

and a flavorful sauce, enhancing their texture and flavors. You can create these layers with a recipe like Grilled Pierogies with Steak and Chimichurri.

» Don't be afraid of color. Grilled to golden brown with aesthetic grill marks, you can add an extra crunch and boost of flavor.

Find more grilling recipes and ideas at mrstspierogies.com.

Family Features



Grilled Pierogies with Steak and Chimichurri

Recipe courtesy of Susie Bulloch of "Hey Grill Hey"

Pierogies:

- 1 package Mrs. T's Classic Onion Pierogies
- 1-2 tablespoons olive oil

Tri-Tip Steak:

- 1 teaspoon salt
- 1 teaspoon pepper
- 1/2 teaspoon onion powder
- 1/2 teaspoon garlic powder
- 1 tri-tip steak (2-3 pounds)

Chimichurri Sauce:

- 1 cup fresh Italian parsley, packed
- 1/4 cup fresh cilantro
- 1/2 cup extra-virgin olive oil
- 1/3 cup red wine vinegar
- 3-4 garlic cloves, peeled
- 1 teaspoon crushed red pepper flakes
- 1 teaspoon salt
- 1/2 teaspoon fresh ground black pepper

To prepare Pierogies: Toss pierogies in olive oil.

To prepare Tri-Tip Steak: In small bowl, combine salt, pepper, onion powder and garlic powder; season steak on all sides.

To make Chimichurri Sauce: In food processor, pulse parsley, cilantro, olive oil, vinegar, garlic, red pepper, salt and black pepper until well combined but small pieces of herbs remain. Pour into serving bowl, cover and refrigerate until ready to use.

Heat grill to 400 F for two-zone cooking. Grill steak over direct heat 3-4 minutes per side.

After flipping steak, place pierogies over indirect heat.

Close grill lid and cook 3-4 minutes.

Move steak to indirect heat and move pierogies to direct heat.

Remove from grill when pierogies are golden brown and steak is cooked to preferred doneness. Allow steak to rest before slicing.

Layer one pierogy, one slice steak and drizzle of chimichurri sauce to assemble each bite.