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WEDNESDAY, JULY 10, 2019

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# Cedar RAP tax allocations recommended

by Kelsey **KEENER**

IRON COUNTY TODAY

Cedar City Council members considered the recommendations for distribution of the Recreation, Arts and Parks Tax funds during last week's council meeting.

Joanne Brattain presented recommendations for distributing funds amongst arts organizations that applied. The following allocations were recommended: Cedar City Arts Council, \$10,000; Cedar City Children's Musical Theatre, \$13,000; Cedar City Junior Ballet, \$11,000; Cedar City Music Arts, \$16,275; Livestock and Heritage Festival \$16,000; Cedar Valley Community Theatre, \$13,000; In Jubilo, \$3,000; Jazz Alliance of Cedar City \$1,600; Master Singers, \$3,000; Orchestra of Southern Utah, \$17,000; Simon Fest, \$18,000; Southern Utah Museum of

Art \$20,000; Suzuki Strings, \$3,000; Utah Shakespeare Festival, \$75,125.

Brattain explained that the recommendations were made based on using funds from previous years that had not been spent.

"We realized there was some money that had been allocated in prior years but

in our recommendations to you all."

Brattain briefly explained the recommendations for each organization that applied for funds, the total of which was based on funds of \$220,000. The evaluation criteria included the number of people served, average number of patrons per

like to see the Livestock and Heritage Festival, Cedar City Music Arts and the Orchestra of Southern Utah receive the full amount of funds that was requested.

"I know with both the Orchestra of Southern Utah and the Livestock and Heritage (Festival), they're really creating draws and ... I

RAP tax. There were funds allocated in previous years that had not been spent for parks and recreation as well that were considered during recommendations. The suggestions for the three applications were as follows: Cedar City Leisure Services, \$376,000, Cedar Rotary Foundation, \$50,000; Frontier Homestead State Park Museum, \$8,000.

Bleazard explained that Leisure Services is requesting the funding to be used for playground equipment, improvements to Bicentennial Park and the Lake and the Hills; the Rotary Foundation plans to use the funds to help create a community splash pad; the Frontier Homestead State Park Museum intends to install a speaker system to enhance the experience of the museum.

City Council will vote on the allocations during tonight's meeting.

**“There was some money that had been allocated in prior years but not spent”**

» **Joanne Brattain**

not spent," she said. "And so rather than work with our \$200,000 budget, we discussed as a group whether we wanted to recommend using part of that \$62,000 ... There was some discussion about holding the money back in case of a recession, so what we finally settled on was we recommended that we include an extra \$20,000

performance, best business practices and economic impact on the area.

It was also recommended that the Cedar City Library receive \$6,000 from the preservation and restoration fund in order to appraise art recently acquired from the Cedar City Art Committee.

Councilman Scott Phillips expressed that he would

just know there's been some discussion and Music Arts is really trying to revitalize itself and I think if that extra (funding) is going to make a difference I think we should try and do that, since we have the ability to do it," he said.

Mauri Bleazard presented the recommendations for allocating the parks and recreation funding from the

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# Analysis of Cedar Valley water presented to WAC

by Kelsey **KEENER**

IRON COUNTY TODAY

Jeremy Aguero, principal analyst with Applied Analysis, presented a Water Resource Economic and Fiscal Analysis to the Water Advisory Committee last month.

Aguero started with a summary of what his analysis found, explaining that research suggests groundwater levels have been eroding for the last 50 years, that Iron County's economic climate supports continued growth but that it will place additional demand on the water supply and the long-term water demand is expected to exceed capacity, which can produce economic and ecological consequences.

He then used a timeline of events related to water rights to explain and identify the issue the Central Iron County Water Conservancy District (CICWCD) is currently facing: water resource stability; an issue facing not just Iron County but areas nationwide. Aguero discussed the patterns of drought since 2015 and commented on the projected population growth of Iron County as complications to planning for water sustainability in the future.

He added that as a response to this issue the CICWCD was created in order to manage the demand for water and plan for the future. The CICWCD's three main objectives for trying to rectify the overuse of water in Cedar Valley are to import, recharge and conserve water.

"(CICWCD) is an entity that has the responsibility of making sure there is safe, sufficient and stable water resources for the entire region," Aguero said.

The Utah State Engineer determined that the safe water yield for the area is 21,000 Acre Feet per year, but current depletion levels are measured at 28,000 Acre Feet per year. The suggested solution to solve the overuse was to: reduce water rights starting with the most junior in 2030; reduce water rights every 10 years to reduce depletion by an average of 6,000 acre feet every decade; and do a final reduction in 2070 to bring non-regulated rights to 20,143 acre feet in the Cedar Valley Basin.

The CICWCD Groundwater Management Plan Committee responded to the State Engineer's plan with a more extended timeline: reduce water rights starting with the most junior in 2035; reduce water rights every 15 years; and complete a final

reduction in 2090.

Aguero discussed Iron County's current economic climate as a factor in determining a solution as well, saying Iron County is one of the fastest growing counties in Utah and reviewed unemployment rates, median earnings, poverty rates, educational attainment, personal income and gross domestic product – which generally point to a strong economy.

*“I assure you conservation alone isn't going to solve this problem”*

» **Jeremy Aguero, Applied Analysis**

He also reviewed Iron County's water demand and supply outlooks. Current depletion of water from well pumping, subsurface outflow, evapotranspiration and valley springs is divided mainly amongst irrigation for agriculture (75.9 percent) and municipal uses (18.8 percent).

"There's a lot of folks that would like us just to say 'let's just convert all this agriculture that we have in the state; that we don't really have a water problem, what we have is an agriculture problem,'" Aguero said. "That, to me, seems to ignore the importance of agriculture to an economy like this one and others throughout the western United States."

Assuming no conservation measures are put in place, municipal water depletion is expected to reach over 20,000 acre feet and agricultural depletion to reach 23,000 acre feet in 2080. Aguero provided several variations of conservation efforts between both sources of depletion to demonstrate that total water demand by 2080 could be anywhere from an expected 57,000 acre feet per year (no effort) to a projected 30,000 acre feet per year.

Aguero said there is an estimated of 50,000 acre feet of water rights owned, but only 21,000 acre feet of water are actually available.

"We have essentially developed more water rights, secured more water rights than actually exist in terms of the water that's there," he said. "... This is why importation of

water is such a critical, important part of this entire conversation, because I assure you conservation alone isn't going to solve this problem. It's got to be a combination of a number of strategies."

In addition to concerns of sustainable water sources, the Utah Geological Survey concluded that the long-term overuse of groundwater is the cause of land subsidence and earth fissures found in Cedar Valley.

"Each one of (the survey findings) essentially comes to the conclusion that drawing more water out of the ground is creating pressure on the ground, leading to environmental activities including everything from vegetation to fissures forming in the area and they are all problematic," Aguero said.

Aguero also discussed the potential importation projects from Pine Valley and Wah Wah Valley, which could theoretically be available in 2025 and 2040 respectively and potentially increase CICWCD supply to 47,275 acre feet (with the safe yield of 21,000 acre feet considered). However, that additional supply is expected to be insufficient without added conserva-

tion measures in both municipal and agricultural uses.

He also discussed projected impacts on the aquifer's running deficit (7,000 acre feet per year), which is currently estimated at 415,500 acre feet of water since 1940, and implications on ground water levels. Aguero said with the least aggressive water strategy, the total estimated aquifer deficit will be 507,000 acre feet by 2025 (24,000 acre feet per year of average additional deficit); with the most aggressive strategy, the water deficit could be relieved by 2065.

Aguero reviewed the potential economic impacts by implementing new water infrastructure, an estimated 419.3 million dollar investment for importing water from Pine Valley and Wah Wah Valley, as well as by doing nothing to improve water infrastructure.

"We're talking about the stabilization of water, respecting the fact that there's some uncertainty relative to at least 7,000 acre feet of water that's out there," he said. "We're talking about developing a plan to protect

see **WATER** » 8

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OPINION

The race for respect and equality

The opinions stated in this article are solely those of the author and not of Iron County Today.

One of the advantages of aging is the first-hand remembrance of history—what things were like in previous times compared to how they are today. We're not talking of dry pages in history texts. We lived it; we can offer first-hand testimony.

In most cases, we have witnessed advances, notably in living conditions and medical techniques. In other cases, we have regressed as we become more politically aggressive and less thoughtful and considerate of other's opinions. The month of July highlights our country's patriotism. We don red, white, and blue shirts, wave flags at parades, watch hot dog eating contests, and tout our love of freedom. Yes, we should be proud of our country, but we should also admit that we have not lived up to its highest ideals.

Race relations is a good example. We have come a long way, but...

Growing up as a child in Salt Lake City, my neighborhood included one black family, an older couple who often chatted with my parents while they wheeled me down the block in my stroller. The man

worked for the railroad company; his wife was a hotel maid forbidden from using the main elevator or dining in the hotel coffee shop. My father said they were very nice people.

"So, did they socialize with the neighbors and come to the neighborhood parties and barbecues?" I asked.

"Oh no," he replied. "They were never invited. You have to understand it was a different time back then. No matter how

racism in employment and education has resulted in a wide income gap between the races. A friend, a black contractor in Oakland, California, is a soft-spoken, college-educated man who plays the cello – but because he wears dreadlocks and has an imposing build, he constantly worries about being pulled over by a policeman.

Some readers, or course, will scoff at these fears. One young woman at a Utah university took the position in a debate forum that blacks actually had it easier in America than whites. She was angered when the "politically correct" judges gave her a low score. "The liberal judges were biased," she said. "No," said her debate coach. "They simply knew you were ignorant."

I am not naive enough to believe we can eliminate racism by simply passing legislation. Solutions are derived not just from laws, but from changes in our hearts. But until we come nearer to our national quest for equality and racial understanding, I cannot criticize those few who refuse to respect the national anthem or place their hand over their heart when the flag is raised.

I show the traditional respect for the flag and the anthem because in my

see CYCLOPS » 8



Cyclops

by Bryan GRAY COLUMNIST

friendly they were, there was little mixing. It's sad, but we saw nothing wrong inviting a wife-beating alcoholic to our neighborhood parties, while ignoring this kind black family. We're better now."

Yes, we are. But racism is still present, just better hidden. Black men are still more likely to be shot during traffic stops than white men, and previous decades of

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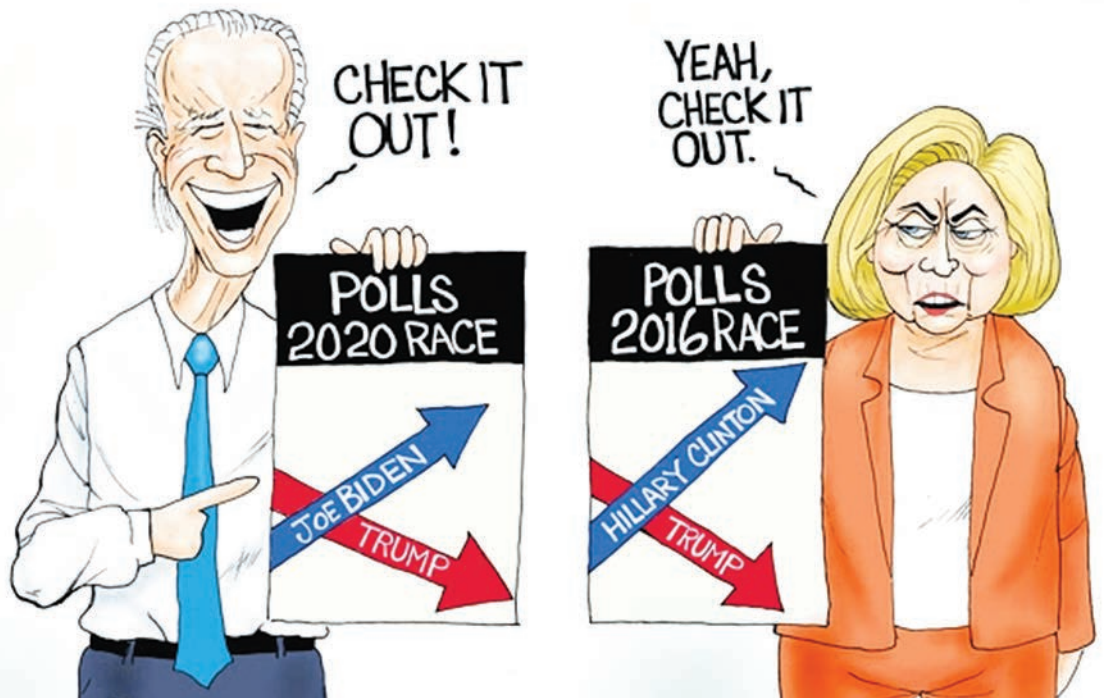
Thought of the Week

from the desk of R. Gail Stahle, publisher

"The bad news is time flies. The good news is you're the pilot."

» Michael Altshuler

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## OPINION

## From the Editor

## Book 'em, Danno

Each week in the newspaper, give or take a few issues, the Cedar City Police and Iron County Sheriff's bookings are printed. Everything from petty crimes to pretty serious criminal acts are listed, along with the person's name and place of residence. I wonder, as we scan the newspaper for scandalous



**COREY BAUMGARTNER**  
MANAGING EDITOR

scoundrels, would we also enjoy reading about what happens to these people? Did they make it out of prison? How did they make restitution? Did they turn their life around? Those would be some good stories to print. Whether or not that happens, I hope we can each see and seek out the good things that people are doing. If you know of good deeds and people in our community let me know. Maybe someday we can have a "good deed" section in the paper next to the bookings.

## To the Editor

## Driving Alert

Dear readers,

If you haven't already, please read the Rut Less Traveled editorial on Wednesday, June 26, 2019, pg. 18 – Warning: Distractions on Board.

I related to it very much. I was the victim of a head-on car crash. I was driving a bright red 5-passenger sedan. The driver at fault was driving a 2004 white Volkswagen SUV. The traffic was light and our cars were the only two cars in the intersection, thank goodness.

After the accident the other driver got out of their car and came over to mine, she said, "I'm sorry. I didn't see you." What? I saw the oncoming car but not in time to swerve out of its path. Prior to that the air bag in my car failed to deploy. The third rib on my right side was cracked. My breast bone was pushed inward 3" against my lungs. My neck and low back were injured. My nerve damage is permanent. I get numbness, pain and tingling down both legs that ends in my feet and makes my feet swell and my shoes are tight. I lose my balance easily. I have difficulty with cognizance, memory, and constant headaches that feel like someone is driving railroad spikes into my skull. I am not exaggerating. I am only being graphic to help people relate.

I can't get employment for the above reasons. I have been told my nerve damage is permanent. I encourage everyone to please, please pay attention when you are driving. Eliminate ALL distractions! If a child needs attention, pull over. Ignore your cell phone or better yet turn it off. Do not listen to a CD, the radio or have a video going. Drive the posted speed. After the accident I took a Safe Driver Course offered by an insurance company. It covered so much more than I have just mentioned. It has helped me be a better more alert driver.

## Congrats Cedar City!

I don't know who was responsible for the thought-provoking floats which carried the message of what the 4th of July is really all about. However, I want to thank you for your realistic and thoughtful messages of our forefathers who fought so hard for our freedoms.

As I listened to the words so eloquently spoken—words that I have heard for some 60 years or more, I found tears dripping off my cheeks. Thank you for reminding us of what we have and why.

Janet H. Weaver

*Editor's note: It was the Lion's Club and the generous sponsors in this community who helped restore the history and integrity of the 4th of July parade. Also, please go back and read the 4-part editorial about the history of the 4th of July beginning in the June 12th Edition. Next week you will also be able to read them online under the Showcase tab at [www.ironcountytoday.com](http://www.ironcountytoday.com)*

The patriotic floats in this year's Fourth of July parade were absolutely amazing. We couldn't believe the time and energy that went into the costuming, the recordings of famous historical quotes, and the beautiful floats. It was an emotional experience for me watching this and thinking about all those who contributed to the Revolution and to making the United States of America what it is. I want to thank the Lions Club and parade committee for initiating this, and for all the businesses that sponsored floats. I'm grateful and I hope this tradition continues so that we never forget the sacrifices that were made for us, and appreciate those willing to sacrifice today. Thank you!

Andrea Hanson

I would like to thank the Lion's Club for the outstanding job they did presenting the 4th of July Parade. The floats at the beginning of the parade depicting important historic events of 1776 were a wonderful idea. They reminded us all of the hard work and great sacrifices our founding men and women made to create our country. The actors, costumes, and decorations were top notch and provided a mini history lesson of the important events that occurred during the birth of our country. I can't imagine all the hard work the members of the Lion's Club put in to create this fantastic display. I felt the true meaning of the 4th of July. The rest of the parade was great as always and I'm so happy that the Lion's Club produces this fantastic event each year.

Susan Ruzzamenti

**IRON COUNTY FORECAST**

OUR FIRST MONSOON-LIKE MOISTURE SURGE IS ADVERTISED TO ARRIVE JUST BEFORE AND LAST THROUGH THE WEEKEND. THIS WILL USHER IN HIGHER HUMIDITY LEVELS AND COULD MEAN AN ISOLATED THUNDERSTORM OR TWO. HIGHS WILL STAY PRETTY WARM/HOT IN THE UPPER 80S TO NEAR 90°.

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## OPINION

# United Utah Party issues statement on abortion

The opinions stated in this article are solely those of the author and not of Iron County Today.

from Jim **BENNETT**

FOR IRON COUNTY TODAY

In response to extremist laws passed in Alabama and elsewhere, the United Utah Party has issued the following statement:

There is no more polarizing issue in American politics than abortion, and, unfortunately, the debate is too often dominated by extremists on both sides. This is despite the fact that polling frequently demonstrates that the vast majority of Americans are somewhere in the middle of the two polar opposites.

The United Utah Party platform outlines a position that is consistent with that moderate majority. We recognize the sanctity of human life, but we also are concerned about the welfare of women. Therefore, we oppose abortion, but we support exceptions in cases of rape, incest, fatal fetal deformities, or serious jeopardy to the life or health of the mother.

Recent state laws on abortion, most notably the one passed and signed in Alabama, reject many or all of these exceptions in their legislation. Such rigid extremism seems designed to satisfy certain groups pushing extremist agendas. These laws are likely to be counter-productive in achieving their aims, and they also further polarize the abortion debate. The last thing this issue needs is more stridency.

We call on lawmakers everywhere to reject extremism, especially when it is cynically used as a political tool to widen the ideological chasm in a nation that is already deeply divided. We have had enough of political brinkmanship. It is time for people of good will to work together to find common ground solutions on the issue of abortion. [www.unitedutah.org](http://www.unitedutah.org)

## Utah Legislative Update

Dear Friends and Neighbors,

It's hard to believe that June is over. Perhaps it's because it felt like early spring through most of June! It's feeling more like summer now the sun is out and the temperatures are going up, and I really hope you are having a wonderful time enjoying this time of year with family and friends.

Interim meetings go on throughout the year, even though we are not in session. I want to keep you updated on what's going on at these meetings and welcome your insight, experience, and feedback on these important issues we're working on.

### Tax Restructuring and Equalization Task Force

In the 2019 General Legislative Session, the Utah Legislature created the Tax Restructuring and Equalization Task Force to look for ways to address the state's outdated tax structure, get public input and suggest solutions.

Currently, we as Utahns enjoy a high quality of life and the benefits of a strong economy. As a result, the state is experiencing significant growth as businesses and families increasingly recognize Utah as an exceptional place to work, live and play. However, the growth and state's modern economy have outgrown the current revenue structure we use as a state, which was set up all the way back in 1933. Today, we buy things differently, use things differently, and place purchasing value on things differently than we did almost 100 years ago. We have to examine the modern economy and what and how we buy, to ensure we are with the times. We want to make absolutely certain we will be able to continue to provide essential funding for priorities like transportation, water, air quality, public safety, recreation and health care.

In my leadership role as Senate Majority Leader I've had conversations with our Senate leadership as well as the Senate members of the Tax Restructuring and Equalization Task Force. President Stuart Adams has made the statement: "We have been very fortunate to have a tax structure which allows for upward mobility and growth in business, as well as individuals in our state. With the current tax structure, I am hearing from our younger business entrepreneurs that they don't share this same optimism. I want to make sure that our state tax structure will allow for the upward mobility of all our citizens, so I am asking the task force to consider this as we move forward."

I had a good conversation with Senator Lyle Hillyard of Logan, who is the Senate Chair of the Task Force. He indicated to me that everything is on the table for discussion, including doing nothing. He also indicated a strong belief that we have a spending problem, as well as a tax structure problem, and he will be pushing for a review of our spending priorities during the Task Force process. I wholeheartedly agree with Senator Hillyard. The other Senate members of the task force are Senator Curt Bramble of Provo, Senator Lincoln Fillmore of Salt Lake, Senator Kirk Cullimore of Salt Lake and Senator Karen Mayne of Salt Lake. They will join with assigned members of the House, legislative staff and other tax experts from around the state. They are very interested in hearing what you have to say, so please attend the regional meeting in St. George and speak up.

Both House and Senate Leadership has made it perfectly clear that House Bill 441 is NOT the starting point for the task force process. There is a misconception that this task force is simply a way to validate implementing HB 441. Let me make it perfectly clear, that is NOT true. As Senator Hillyard said, everything is on the table for discussion, including doing nothing, and there are no preconceived ideas.

### Tuition Setting Procedures

The rising cost of college tuition is a cause for concern throughout the nation. This week the Utah System of Higher Education (USHE) shared what revisions have been made to the tuition-setting process here in Utah. Our four-year public colleges and universities have the third lowest in-state tuition and fees in the nation, but as our higher education institutes raised tuition, we want to make sure it is transparent and justified. One of the biggest changes made in this last year is that there is no longer a tiered institution structure for tuition schedule. Rather, tuition is now established on an institution level. Additionally, more details will be shared by institutions on the breakdown of tuition uses. This increased transparency will help keep Utah schools affordable moving forward.

### RISE Testing

The Legislature tasked the Utah State Board of Education with finding a new provider for our statewide standardized assessments. This year they contracted with RISE test provider Questar Assessments. I'm sure many of you have heard through your students or read in the news about the complications that arose during testing this year. As a result, the State Board of Education reported to the Legislature this month that they are terminating their contract with Questar. These assessments help the state see progress and needs in our schools and the data is an important piece of school funding. The State Board is working to see if the data from this year can be salvaged. An independent third party has been involved and will report the validity of data collected on August 1st. While no action was taken before the committee, reports on this transition are expected in upcoming meetings.

### Law Enforcement Recruitment and Retention

Recruitment and retention are among the greatest challenges faced by law enforcement agencies across the country. A comparison of officers serving in 2010 to 2018 indicated a retention rate of 53%. That means the state is losing many trained and experienced officers every single year. Of the 84 graduates of POST in 2010, 26% of that graduating class have already left the profession.

The data also indicates the difficulty of recruiting people in a good economy with a low unemployment rate. It is a profession that is potentially dangerous; that requires work at all hours and increasingly less popular in the national media and on social media. The Utah Legislature is analyzing data to try to determine the best way to attract quality candidates, keep people in law enforcement, and deal with turnover from agency to agency. This will be an issue we continue to work on throughout the interim.

What do you think?

I appreciate this tremendous opportunity you have given me to serve as your State Senator. We are dealing with very important issues this year and I hope you will reach out and share your thoughts and insights with me. I work very hard to remain highly accessible and responsive, and I welcome the opportunity to talk to you. Thank you so much for your trust and support. Please reach out to me anytime; [evickers@le.utah.gov](mailto:evickers@le.utah.gov), or 435-817-5565.

Sincerely,

Senator Evan Vickers

Senate District 28



SEN. EVAN VICKERS

UTAH SENATE DISTRICT 28

# Inspiring giants speak during Republican Women Luncheon

by Kelsey **KEENER**

IRON COUNTY TODAY

Army Command Sergeant Major Mike Miller and Army National Guard Sergeant Courtney Sinagra spoke at last week's Iron County Republican Women luncheon in honor of Independence Day.

CSM Miller has received the Army Distinguished Service Medal, Bronze Star Medal, Meritorious Service Medal and the Legion of Merit. During the last five years of his career, he was the Senior Enlisted Leader for the Utah National Guard.

CSM Miller began by thanking those in attendance and spoke about personal giants and the opportunities the military has provided for him.

"Behind every soldier, there is a spouse or a family and they are the foundation to the success we enjoy," he began. "This week we have the opportunity to reflect on our country, our flag, our freedom and the many giants who have served throughout the world to ensure we have the privilege of independence each and every day."

He continued to explain: "Giants are those who strive to make others, their community and their nation better. They do so without accolades or recognition. Their selfless service, honor and commitment to serve something bigger than any individual feat sets them apart. For generations we've had giants step up, raise their right arm and swear to defend our great nation, both foreign and domestic. These giants are our Veterans, our

service members and their families. I ask you to always be aware of their service and their sacrifice. We hold them in the highest regard and remember their selfless service, their untiring commitment and especially their example."

CSM Miller also commented on the fact that less than one percent of the nation's population serve in the armed forces.

"In my opinion is difficult to understand, not because I think others should have to serve, yet the other 99 percent do not get the opportunities the military afforded me," he said. "I was on a team, where each member was willing to give their life for a fellow teammate or their country, for the bond between one another, which confirmed each other's commitment, and I gained a level of character that never puts in question your honesty, your courage or your selfless service."

He said each Veteran is a professional and belongs to the profession of arms and commented on what his service taught him about life.

"During my service I have learned that life was not meant to be easy, it was meant to meet challenges head on," he said. "It was meant to test what we're really made of, to shape and mold our character and what we stand for. It was meant for us to strive for the highest ideals, to understand what honor is and what true sacrifice is and

why it is much greater than any one individual. In short, life was meant to provide change for ordinary people to become giants."

CSM Miller encouraged those in attendance to reflect on what the American flag represents, those who have defended the nation's freedom and exercise their right to vote.

Sgt. Sinagra reflected on what motivated her to join the military. She graduated from Southern Utah University and served an internship with Senator Orrin Hatch.

"One of the coolest things I got to do was I worked on some military legislative issues," she said. "I got to meet with Four Star Generals who

would come and want to lobby with Senator Hatch and he couldn't take the meeting so I would take it and talk to them about some legislation that they were very concerned about. I even got to go over to the Pentagon and take a tour and I went to the Secretary of the

Army's Office. So that's kind of what got me thinking, 'wow this is such a cool world and they seem to have this great camaraderie.'"

Sgt. Sinagra works in human resources and is stationed out of Camp Williams. She explained that her unit has just returned from deployment to several places overseas, including Saudi Arabia, Kuwait and Syria. She was not deployed, but said she felt honored to be able to support her team from the states.

"I felt it was such an honor to be able to support my friends, my military family," she said. "They were away from their families, they were homesick, they were in Syria, we had injuries, we still have a soldier...she has not come home yet. She is in a medical unit in Colorado because of a brain injury she suffered...I just felt it was an honor, even though I didn't deploy, I considered it a great honor to be able to support them in their own way and support their families."

During a question and answer session following both presentations, Sgt. Sinagra and CSM Miller discussed how civilians can support service members and their families.

“Behind every soldier, there is a spouse or a family...”

» CSM Mike Miller

## 100 deadliest days of summer

by Hilary **THOMPSON**

FOR IRON COUNTY TODAY

We're already deep into the "100 Deadliest Days of Summer" and the roads are heating up. During the months of June, July, and August, there are 26% more fatal car accidents involving teens, according to *We Save Lives*. Utah is no stranger to teen fatalities.

In the most recent data collected by the National Highway Traffic Safety Administration, 28 Utah teen drivers (ages 16-20) died from a fatal car crash in 2017 (even one is too many).

Les Schwab Tires, champion of automotive safety, wants to help

everyone stay safe on the roads this summer. They've created a free and interactive Summer Road Trip Checklist (vetted by qualified car safety experts) to help us take important precautions before we start our engines this summer. <https://www.leschwab.com/article/the-essential-summer-road-trip-checklist-what-to-do-before-you-go.html>

In this checklist, you will be reminded to check essential automotive functions such as:

- » Car battery levels
- » Fluid levels
- » Shock and strut condition
- » Proper tire alignment
- » Any and all essential car related needs

★ DEAD OR ALIVE ★

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## Bookings WATER

« CONTINUED FROM PAGE 3

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty. For a juvenile the name is "(Male/Female) Juvenile Offender" and juvenile is of age less than 18 years.

### July 1

#### DARIN T DEJUNCKER

ENOCH, UT  
Witness Tampering

#### ROBERT S EATON

CEDAR CITY, UT  
Assault, DV-Presence of Child (3 Counts)

#### HARLEY J MCIRVIN

CEDAR CITY, UT  
Unlawful Purch/Trans/Poss Dngr Weapon, Probation/Parole Violation

#### JOSEPH M TORRES

ENOCH, UT  
Consume Alcohol by Minor

### July 2

#### AMANDA M LONG

PAROWAN, UT  
DRUG - Controlled Subs Sched III/IV/V, DRUG - Poss of Drug Paraphernalia, DRUG - Poss/use of Controlled Substance (2 Counts), Probation/Parole Violation

#### KELLEY M PERRY

CEDAR CITY, UT  
Federal Contract Prisoner

#### OLAJUWON L DIXON

CEDAR CITY, UT  
DRUG - Poss C/S Marijuana/Spice, DRUG - Poss C/S Sched I/II/Analog, DRUG - Poss of Drug Paraphernalia, DUI, Drive on Susp/Rev/Den w/Prior conviction, Unauthorized Control of Vehicle

#### JUSTINE LANEY

ST. GEORGE, UT  
Probation/Parole Violation, Driving on Denied

### July 3

#### BRADLY W JOHNSON

MILFORD, UT  
Failure to Reg or Expired Vehicle, Drive on Suspended/Revoke License, DRUG - Poss of Drug Paraphernalia, DRUG - Poss w/Intent to Dist C/Substance, DRUG - Poss C/S Marijuana/Spice, Interlock Restr Operating Veh W/O IL Dev

#### ALBERT RAMIREZ JR

ENTERPRISE, UT  
FTA - Warrant, Drive on Suspended/Revoke License

### July 5

#### SHAE J BROOKS

ENOCH, UT  
Probation/Parole Violation, DRUG - Poss/use of Controlled Substance

#### JACQUELINE C MCNAIR-BIRK

NEW HARMONY, UT  
Assault by Prisoner

#### DAVID E NOE

CEDAR CITY, UT  
Criminal Mischief - Intentional Damage, Deface, Destroy Property

### July 6

#### ALEC T PARTAIN

ENOCH, UT  
Probation/Parole Violation

this economy, to protect those residents, to protect those businesses overall. We're also talking about the potential for growth. ... Development of those water resources in order to ensure the ability to meet the expectations for growth overall, means developing these two water infrastructure projects, or combined one water infrastructure project ... it's another 41,000 residents, another 14,000 households, another 1.26 million dollars every year in personal income and another 2.3 million dollars in economic activity."

He also presented several fiscal considerations to the committee, including the financing of the potential important projects, debt service and operation and maintenance costs of the new infrastructure.

## CYCLOPS

« CONTINUED FROM PAGE 4

experience the country has come a long way. If I don't have the same experience, who am I to judge? The authentic American ideal would be to respect their opinion, even if I thought they were short-sighted. Questioning another person's patriotism without understanding their experience is far above my pay grade.

Southern write, William Faulkner, once wrote that being uncomfortable around different races was like choosing to live in Alaska and being against snow. Faulkner would be pleased by the advances we have made in race relations, but he would also advise us that true equality and patriotism is an unfinished business.

# SUU student provides EDGE on how to prevent choking

from Emily BALL

FOR IRON COUNTY TODAY

Emily Ball, a nursing student from Southern Utah University, decided to visit a local elementary school to teach children about a basic lifesaving skill, the Heimlich Maneuver. When I asked Emily why she decided to do this she said, "When I was 8 years old my dad saved my life by performing the Heimlich Maneuver on me, because I was choking on a strawberry and it was really scary! The American Academy of Pediatrics said one child dies every 5 days in America from choking so that got me thinking about children in our school cafeterias. What happens if they or their friend chokes and their mom or dad isn't there to help them?"

With that mission in mind, and to complete her SUU EDGE project, Emily visited the upper grades at Iron Springs Elementary where she visited each classroom individually and taught the children the general anatomy of breathing through a trachea, swallowing to transport food into the stomach via the esophagus, and how the epiglottis controls

the air and food pathways. After establishing the basic understanding of anatomy through colorful visual aids, she explained the universal sign of choking, the most common items people choke on, how to avoid choking, calling for adult assistance or 911 and how to perform the Heimlich Maneuver. Emily roll played with the children and had wonderful question and answer sessions after each presentation. She even designed, printed and donated age appropriate first aid choking posters for the walls of each classroom and the school cafeteria. The posters serve as a reminder to the children and list the important steps to take in the event of a choking emergency.

At Southern Utah University, The EDGE Project is a graduation requirement. It is designed to give students an opportunity to be involved in the community with experiential learning opportunities. Students can choose their own multi-semester project that is unique to their interests or field of study. The EDGE program is designed to teach students how to propose an

idea, set goals and objectives, and then self-direct themselves toward completing their project plan. After the project is completed, students report back and reflect upon their experience to evaluate what they learned and how their project made an impact to others in their community. In Emily's case, her EDGE project was dedicated to the children of Iron Springs Elementary in memory of her father who saved her so many years ago.

When I asked Emily what the best part of her project was, she said, "When one boy stood up during my presentation and shouted, 'Oh, so that's why my mom yells at me and says NOT to not talk with my mouth full!'" Emily said it was a fun experience and great to see the children making connections and understanding the importance of her message. While she was presenting many of the children shared their stories of choking and the fear of them choking or helplessness associated with seeing other people choke. Because of this, she knew her project was a valuable one and had the potential to save lives.

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<b>Beef Flank Steak</b>	<b>\$7.50/lb</b>
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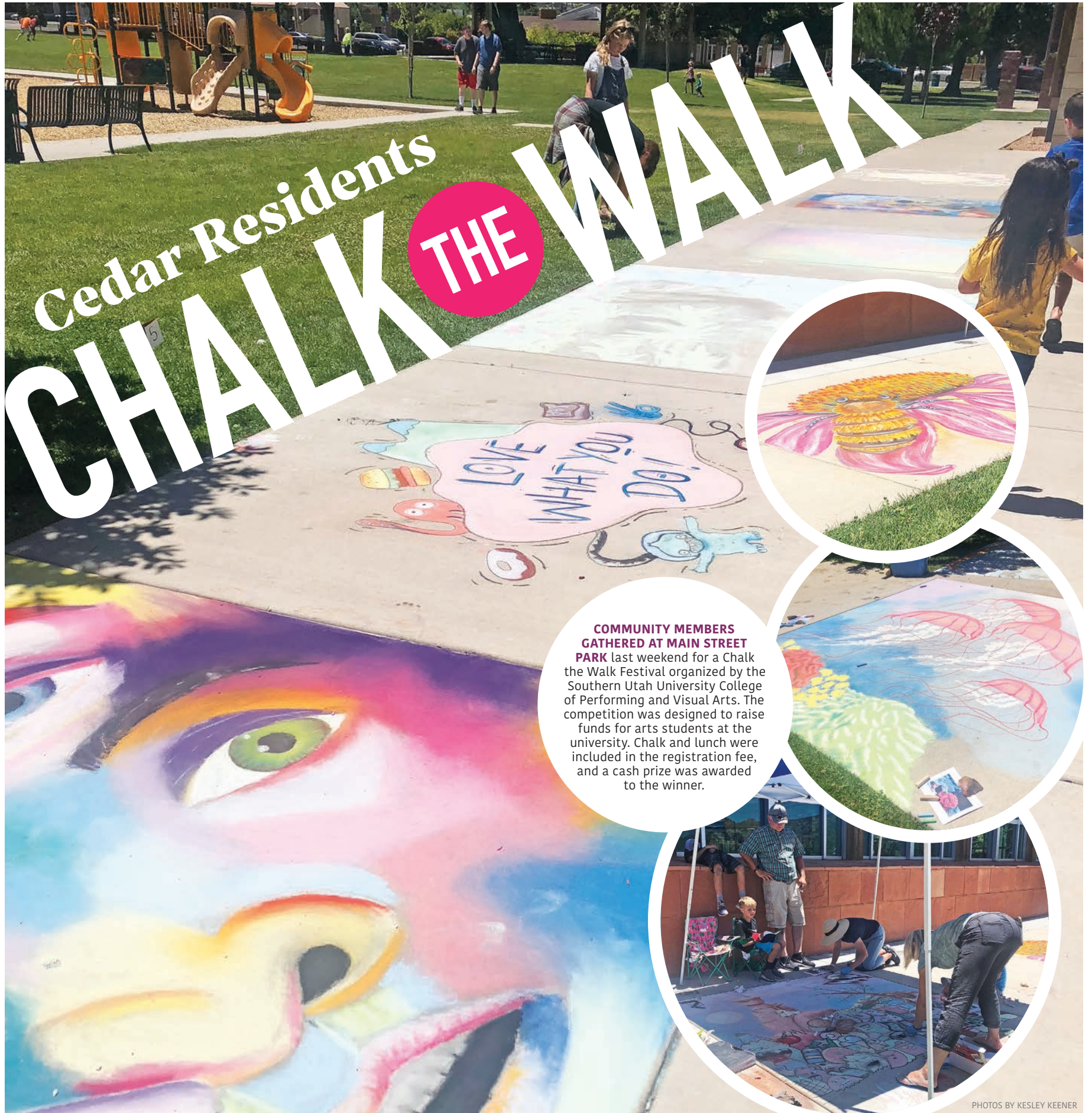
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# Showcase

ARTS & ENTERTAINMENT IN IRON COUNTY



Cedar Residents

# CHALK

THE

# WALK

**COMMUNITY MEMBERS GATHERED AT MAIN STREET PARK** last weekend for a Chalk the Walk Festival organized by the Southern Utah University College of Performing and Visual Arts. The competition was designed to raise funds for arts students at the university. Chalk and lunch were included in the registration fee, and a cash prize was awarded to the winner.

# USF, SUMA directors offer art & theatre tour of Chicago

by Melynda **THORPE**

FOR IRON COUNTY TODAY

Art and theatre lovers can enjoy delving deep into the Chicago cultural scene this fall as Utah Shakespeare Festival (USF) and Southern Utah Museum of Art (SUMA) team up to offer an exclusively curated cultural experience. Trip leaders are USF Artistic Director Brian Vaughn, and SUMA Director Jessica Farling, who combine connections and experiences to offer an immersive Chicago adventure through the lens of performing and visual arts.

Operated by SUU Community on the Go, the Chicago Art & Theatre Tour runs Oct. 15-21 and is a benefit for the Beverley Center for the Arts. The itinerary includes performances of "Hamilton," "The King's Speech" and "Bernhardt/Hamlet." Led by Vaughn will be private backstage tours and actor talkbacks—the unique opportunity to discuss the show with the production team—and orientations



**BRIAN VAUGHN**, Utah Shakespeare Festival's Artistic Director.

and discussions.

"Chicago is a haven for the performing and visual arts and I'm eager to share my own personal love for the city as well as the incredible work that's happening at these institutions," Vaughn said.

In the area of visual arts, Farling is



**JESSICA FARLING**, Southern Utah Museum of Arts Director/Curator.

set to lead travelers on a Frank Lloyd Wright Architecture Tour to include lunch at the Robie House. Also, to museums including the University of Chicago's Smart Museum of Art and the Art Institute of Chicago, where "Andy Warhol - From A to B and Back Again" is being showcased

for a limited time. Orientations and interpretative discussions will highlight the art experiences.

"I'm most excited to share my favorite museum with residents of southern Utah," said Jessica Farling, SUMA Director/Curator. "I could spend days, even weeks, in the Art Institute of Chicago. It was my first real art museum experience as a teenager and solidified my love of the visual arts."

In addition to art and theatre, travelers will enjoy Chicago's nightlife and culinary scene. Experiences include stepping into the nightlife scene with jazz and blues, and indulging in classic Chicago dogs and deep-dish pizza.

Trip cost includes hotel, tickets and admission to theatre and art experiences, and select meals. For more information on SUU Community on the Go trips, or to reserve your spot today, visit [suu.edu/onthego](http://suu.edu/onthego), call (435) 586-7808 or stop by the office at 136 W. University Blvd, Suite 003, Cedar City, Utah.



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# Simonfest coming to Kayenta in August

from Merrie **CAMPBELL-LEE**

FOR IRON COUNTY TODAY

**IVINS** — Southern Utah has no shortage of talented people and exceptional venues for people who thirst for great theatre. Simonfest (formerly The Neil Simon Festival) unfailingly delivers premium-quality productions, and this summer, audiences will be treated to two hilarious comedies starring some of the finest actors in our region. The Center for the Arts at Kayenta is proud to present two hilarious, biting comedies: “I Hate Hamlet” and “Little Shop of Horrors.” Tickets are \$30 (\$10 for students) and \$50 for both Simonfest plays. Purchase online through [kayentaarts.com](http://kayentaarts.com) or by calling 435-674-2787.

## “I Hate Hamlet”

This witty Broadway parody pokes fun at Shakespeare himself. The play stars Trevor Messenger—whose animated performance in last summer’s “Vanya, Sonya, Masha, and Spike!” had audiences laughing all night. He’s joined by a stellar cast of SUU-trained actors Taylor Hall, Sceri Ivers, Maycee Ham, and Lynn Hart.

## “Little Shop of Horrors”

This delectable sci-fi horror musical comes alive with an electrifying 1960s pop/rock score by legendary composers Alan Menken and Howard Ashman.

Olivia Sham stars as Audrey. She’s lent her formidable vocal talent to past Simonfest musicals, and her impressive comedic gifts to her role as Nina in the Center’s “Vanya, Sonya, Masha, and Spike.” Joining Olivia are some of the cream of SUU’s theatre crop: Joseph Price, Taylor Hall, Eliza Carpenter, Zane Brady, and Devin Anderson!

### Event Details:

“I Hate Hamlet”

Dates: August 7–11

Times: 7:30pm nightly (Wed–Sat); plus 2pm Sat. matinee; 6pm August 11 (Sun)

“Little Shop of Horrors”

Dates: August 14–18.

Times: 7:30pm nightly Wed–Sat; plus 2pm Sat. matinee; and 6pm August 18 (Sun)

Location: Center for the Arts at Kayenta (CFAK), 881 Coyote Gulch Court, Ivins, Utah 84738

Cost: \$30 each, \$10 for students with valid ID, \$50 (both)

Purchase tickets online through [kayentaarts.com](http://kayentaarts.com) or by calling 435-674-2787.

*Kayenta Arts Foundation is a 501c3 nonprofit organization whose mission is to develop and create an environment where diverse artistic endeavors can flourish. The Center for the Arts at Kayenta (CFAK) is the place where people in the greater southern Utah area come to learn, express, appreciate and celebrate art in all forms.*

# Cedar City remains renowned arts destination

by Sara **PENNY**

CEDAR CITY ARTS COUNCIL

It was a pleasure to take the Salt Lake Tribune reporter Sean Means to some of our art galleries and Groovacious recently. He was particularly impressed with our beautiful Heritage Center Theater. He kept asking everyone, “What makes the arts community in Cedar City work?” There were many answers, but the common theme was that we have so many artists willing to work together and who support each other.

When I showed him how Artisans and Art Works open up their corridor between the galleries for Final Friday Art Walks he was surprised that they would cooperate rather than compete. When we talked with Lisa Cretsinger about Groovacious helping produce Steven Swift’s recordings he was surprised that a store would provide that kind of support to a musician.

Visiting the Heritage Center and Festival Hall with the artwork collected by the Cedar City Art Committee over the years is another example of Cedar City working to build an arts legacy. These works will now be appraised thanks to the RAP (Recreation, Arts, and Parks) Fund so they can be properly be preserved and secured.

Visual art is now available in several businesses and city locations. One of my personal favorites is the aspen painting by Jim Jones at the State Bank of Southern Utah main office. The collection at the Leavitt Building is also stunning. Palette Bakery and Ice Cream Parlor is now showcasing artists and inviting artists to schedule exhibits. Groovacious has also added art

shows as part of their offerings.

Performing arts continue to flourish with local theater, dance, and music organizations as well. Some of the events to look forward to are the Utah Symphony on October 2 thanks to the Cedar City Music Arts as well as a brass quintet, Nutcracker ballet, and much more. The Orchestra of Southern Utah recital series resumes on Sept. 10 at 2111 North Main, with full symphony concerts starting on October 10.

The recent production of Bright Star included a live orchestra complete with a banjo. We are looking forward to more productions from the Cedar Valley Community Theater. The Junior Ballet will be presenting Midsummer Night’s Dream in the upcoming season.

Research keeps showing the positive value of playing a music instrument and being involved in the arts. We are fortunate to have wonderful music, art, and theater programs in all of our schools. We also have an abundance of private music teachers and programs like Suzuki Strings and Let’s Play Music available.

To keep up with what’s happening you can check out the Facebook and Instagram posts by the Cedar City Arts Council. We also provide a monthly newsletter. Let us know about your art events by the 15th of the month to be in our newsletter. Post your events that we may have missed on our social media and we will share or send them to [cedarcityartscouncil@gmail.com](mailto:cedarcityartscouncil@gmail.com)

It is a joy to have so many wonderful art offerings in our community and we appreciate everyone who is working so hard to make this possible.



**SUMMER PHOTO CONTEST**

Time to get out & snap those photos that best capture the summer season here in Iron County!

**PHOTOS DUE AUG 7@10PM**

**WINNING PHOTOS WILL BE FEATURED IN OUR PAPER AND WEBSITE ON AUG 14!**

Complete contest details/rules & enter your photo at:

**[IronCountyToday.com/PhotoContest](http://IronCountyToday.com/PhotoContest)**

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IRON COUNTY today

# Maintaining a more bearable BEAR COUNTRY

*We've had a few reported bear sightings recently so we wanted to share this reminder about how to stay safe around black bears. Thanks for your help in spreading this message!*

Utah is bear country and they are amazing animals. But most of us probably wouldn't feel comfortable coming face to face with one in our campsite. If you follow a few simple steps, you can decrease the chances of that happening and can help keep you and the bears safe.

Black bears are the only native bear species currently in Utah, and they have an amazing sense of smell. They also have no problem eating the same type of food that people eat. As a result, many of the conflicts between people and bears happen because the bears start scavenging for the food that humans are eating and cooking in the bear's natural habitat.

"Even though they're incredibly strong and surprisingly fast, black bears will typically do everything they can to avoid people," Darren DeBloois, mammals coordinator for the Utah Division of Wildlife Resources, said in a release. "When a bear finds food, though, that all changes. Once it finds food, a bear will often become aggressive toward anything it perceives as threatening the area where it found the food. That includes people."

Here are a few simple tips to keep both you and the bears safe while you are out recreating in their territory this summer:

## "Bear-proof" your food

Store your food, snacks and scented items (such as deodorant and toothpaste) in an area where a bear can't get to them. Do not leave them out on tables or keep them in your tent. Storing them in a locked trailer or locking them in the trunk of your car are both good options. Storing food and scented items in these areas will reduce the chance that a bear smells them. And, if a bear does make its way to the area where you're staying, if it isn't rewarded with food, it will likely move on.

## Keep your cooking grill clean

After you're through eating, thoroughly

clean utensils and anything else that was used to prepare or eat the food. Don't dump oil or grease from pots or pans onto the ground. Instead, put the oil or grease in a container, and take it home with you. By keeping your campsite or cabin area clean, you reduce the chance that a bear will smell food and trash, and be lured to your camp.

## Keep your campsite clean

Don't toss food scraps and other trash around your campsite or cabin area. Instead, put it in trash bags, and take it home with you. Make sure to wipe down picnic tables and keep the area free of food and other debris. Always keep your campsite or cabin area clean because a dirty campsite can attract bears long after you've left.

"If a bear visits the area after you leave and then someone comes into that area to camp, you've created a potentially dangerous situation," DeBloois said.

## Never feed a bear

This may seem like common sense, but it's worth noting. Although bear cubs may seem cute, you should absolutely never feed one — or an adult bear for that matter. They are wild animals and natural predators.

Once a bear loses its fear of people, wildlife biologists and conservation officers are left with something they dread: having to euthanize an animal to keep people safe.

"We got into the wildlife profession because we love wildlife," DeBloois says. "We enjoy managing and protecting animals so Utahns can get outdoors and enjoy them. Having to euthanize an animal — because someone didn't do something as simple as keeping their campsite clean and storing



# Please vacate the premises

Summer is well under way and if you haven't already, I hope that you will stop watching and worrying about the calendar and start packing your bags for adventure. Time to trade in briefcases for suitcases, books for beaches and cameras for cubicles. It's time to vacate your desks for that long desired destination of relaxation.

When was the last time you took a vacation? When was the last time you actually relaxed on a vacation? Too often the word vacation is synonymous with frustration; namely the financial kind. Going anywhere beyond your own backyard requires finances to fund your fun and such benefits as paid vacation days are a luxury many do not have.

Ironically, I've known some people who have hoarded their vacation days over the years hoping to just cash them out upon their retirement. I can understand the financial philosophy behind this plan, but I also know that it's too easy to stay stuck in your routine ruts and never really get out and enjoy the sunshine beyond the early morning glimpses during your dash to work every day.

Of course, trying to take time off from work can be more like an evacuation than a vacation. There are all the hoops to jump through: time off slips, comments about how difficult it will be for everyone if you leave or the pleading with a co-worker to switch shifts because this is your weekend to work. And is everyone in the family always on the same schedule? Rarely, right? Yes, planning for a vacation takes its toll long before you even pack

your shorts or sunscreen.

Nevertheless, you endure those tense and trying moments in hopes of finally escaping your daily dol-drums beyond the boardrooms and break-rooms. Finally—even if only temporary—you are free to find your way into a world no longer illuminated by flickering fluorescent lights, but by something called sunshine. When you do finally overcome all the obstacles you wonder why you waited so long to take a vacation in the first place. And yes, they do seem to go by way too fast.

Ultimately, no matter where you go—beach or backyard—the key is



## The Rut LESS TRAVELED

by Corey BAUMGARTNER

IRON COUNTY TODAY

to use the time to recharge and relax, not accomplish all the other work you're behind on. There will always be things to clean, mow, fix, organize, etc. When you become too content with the content of your rigorous routines and duels with your schedules, it is too easy to neglect yourself and forget that there is a whole other world out there to explore and enjoy. If you don't take real breaks you really will break down. I also believe you will look back someday and wish you would have enjoyed your family, friends and life more than your office. It's time to punch the proverbial time-clock of life and be on your way to a long overdue vacation. Let the adventures begin!



**SUU GRADUATE  
ZACHARY SMITH**  
wanted to be lawyer,  
but knew that geology  
was the more perfect  
path to pursue and it's  
already paying off.

COURTESY OF SUU

## SUU Grad one of six to receive Ohio State Fellowship

by Nikki KOONTZ

SUU MARKETING COMMUNICATIONS

**CEDAR CITY** — New Harmony, Utah native Zachary Smith recently accepted a prestigious fellowship offer from Ohio State University's graduate program. This fellowship was only awarded to six students from the Earth Sciences program and includes a full year of funding, benefits, and the opportunity to be a research or teaching assistant. Smith graduated from Southern Utah University this spring with a degree in geology and a certificate in geographic information science (GIS).

The OSU Earth Science graduate program has a 15% acceptance rate, and of those 15% they recommend 10% of accepted graduate students for the university fellowship. Of that

10% this year, they only selected six students from the Earth Sciences program.

At OSU, Smith will be studying geomechanics and geophysics with an emphasis in landslide mechanics and dynamics. Smith will be working closely with Dr. William Ashley Griffith, associate professor in the School of Earth Sciences.

Growing up, Smith always believed he would be a lawyer. It wasn't until he took his first online courses at SUU that he discovered his passion for geology. While living with his family in Swaziland for a year, Smith happened to take Geology of National Parks. He was able to connect with the head geologist of Swaziland's Geologic Survey and

see **SMITH** » 19

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IN IRON

INDEPENDENCE



# INDEPENDENCE DAY

# COUNTY

**IT WAS A  
HISTORIC AND  
PATRIOTIC 4TH OF JULY**

with parades in Parowan and Cedar City paying tribute to the beginnings of our great nation. The floats also honored our founding fathers and those who have continued to fight for America and our freedoms ever since with the Spirit of '76.



## FAITH

*God leaves the light on*

JOHN 1:5

**D**o you remember the old Motel 6 commercial? If so, you can probably hear in your mind the words, "I'm Tom Bodett for Motel 6, and we'll leave the light on for you." That familiar phrase is not only inviting but comforting. Bodett's invitation seems to say that not only is Motel 6 waiting for weary travelers but that they will also feel wanted and welcomed.

Have you ever returned home from a long day, or a long road trip, to a dark house? It can be kind of depressing knowing that not only are the lights off, but everyone's probably gone to bed, or perhaps there isn't anyone home at all. Sometimes life feels like that; dark and lonely.

Thankfully, there is always a place you can go where you can feel welcomed and wanted. It's God's house, so to speak. You can visit Him anytime. His well-lit porch is always welcoming. And He not only leaves the light on and the door unlocked, He is outside on the porch waiting for your visit. You are always welcome in His heart and home. It's the best place to rest and recharge from the rigorous roads of life.

However, sometimes we are tempted to believe that it's too late at night to speak with God, or that He's



## GOD'S Porch

by Corey BAUMGARTNER

IRON COUNTY TODAY

already asleep, or too busy talking with someone else who needs Him more than you do. Please don't believe these lies. No matter how dark the world gets, God always leaves His light on just for you. He doesn't go to sleep, go on vacation, or does anything else that cannot be interrupted. You are never an interruption to Him. His invitation is extended to you no matter what time of day or night it is.

He sits outside on His porch every night waiting for your visit. He doesn't care about what day it is, or what time it is. He wants you to come and sit next to Him. He wants to hear about your bad days, good days, your dreams, doubts, thoughts and fears.

He is your Father in Heaven and He wants you to know He is always home. His house will never be dark. His porch lights will always be on, and there will always be a place for you right next to Him. He will never be too busy or be with anyone more important than you. You don't even have to talk. Just come and be held in His arms. Come and listen to Him sing the hymns to you—lullabies of light to comfort your broken heart from all of the confusion and chaos of the world.

No matter where you are on the roads of life; no matter how dark and dreary they are, or weary you are His love is always inviting you home. You are wanted and welcomed. Make time today to stop by for a visit. God will leave the light on.

## CALENDAR

## WEDNESDAY, JULY 10

**CEDAR CITY COUNCIL, 5:30 P.M., CITY HALL, 10 NORTH Main Street**

**WW - WEIGHTWATCHERS REIMAGINED! GET GUIDANCE** and in-person motivation from members, trained guides and wellness coaches who are on the same path. Workshop every Wednesday at 9:30 am at the Cedar City Aquatic Center, 2090 W. Royal Hunte Drive. Call or Text for more information (702) 832-0555.

**TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK Women's Crisis Center, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.**

**IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 A.M. TO 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.**

**COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.**

**BAND: COLOR COUNTRY WINDS, CALL DEBBIE AT 435-559-9609 for time and location. Come brush up on your band skills to share with the community.**

**TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, LOSE weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park. For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.**

**DOMESTIC VIOLENCE SUPPORT GROUP, 6 TO 7:30 P.M., FOR women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411**

**ALCOHOLICS ANONYMOUS (RED CREEK GROUP) 7 PM** Parowan Senior Center 685 N 300 E, in Parowan

**ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK (KKCB upstairs).**

**ALCOHOLICS ANONYMOUS, 6 P.M. AA MISFITS, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.**

**AL-ANON (NEW BEGINNINGS) WOMEN'S BOOK STUDY meeting. 6:30-7:30 p.m., 203 E. Cobblecreek Drive, Cedar City.**

**NARCOTICS ANONYMOUS JUST FOR TODAY, 8 P.M., KKCB, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890 or (435) 635-9603.**

**HEY CEDARS SQUARE DANCE CLASS, 6:30 P.M., CEDAR City Senior Center. Info from Pat at 435-531-6811 or Ralph at 435-669-4867.**

**CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M., CALL 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.**

## THURSDAY, JULY 11

**DAUGHTERHOOD CIRCLE - WE MEET ON THE 2ND AND 4TH** Thursday of every month at 4:30 p.m. at the Cedar City Library, Room D. For more information, check the website [www.daughterhood.org](http://www.daughterhood.org) or contact Jennelle Zajac at (702) 985-6933

**YEAR-ROUND FARMERS MARKET, THURSDAY, 3 TO 7 P.M.** rain or shine in the parking lot across from Pastry Pub. Local vegetables, greens, fruit, herbs, baked goods, artisan cheese, live plants, flowers, jams, raw honey, farm fresh eggs, and more. Also, every Saturday at the same location, 9 a.m.

**NAMI BRIDGES & FAMILY TO FAMILY CLASSES (FREE). 7 p.m., Southwest Behavioral Health Center, 245 East 680 South, Cedar City. To enroll, call Robert (435) 590-7749 or Rosie (435) 590-0880.**

**COLOR COUNTRY COMMUNICATORS, CEDAR CITY** Toastmasters, 7 a.m., 86 W. University Blvd. Find your voice. Shape your future. Be the leader and speaker you want to be.

**CEDAR CHEST QUILTERS' GUILD, 10 A.M., CEDAR CITY Senior Center, 489 East 200 South.**

**CELEBRATE RECOVERY! A BIBLICALLY BASED PROGRAM TO** overcome hurts, such as loss of relationships via divorce, death, disagreement, or any hurt one is struggling to recover from; hang-ups - anything one chooses to let go of such as negative thinking, always blaming others; and habits - over consumption of alcohol, drugs, foods, etc. All are welcome! We meet at 11:00am in the coffee shop area of TLC, 2111 N. Main St in Cedar. Please feel free to call/text 435-899-1248 if you need more information. (We also meet every Tuesday at 6:30pm)

**IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 A.M. TO 5:30 p.m. (walk in), Southwest Utah Public Health Dept., 260 E. DL Sargent Drive, Cedar City. Call 435-586-2437 with questions.**

**COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.**

**ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, NOON,** Cedar Bowling Center, 421 E. Highway 91.

**AL-ANON - "AFFECTED BY SOMEONE'S ADDICTION OR drinking? AL-ANON can help. 6-7 p.m., 203 E. Cobblecreek, Cedar City. More info at 435-531-1045.**

**NARCOTICS ANONYMOUS, 8 P.M., KKCB, 203 E. Cobblecreek, Cedar City. More info at 877-865-5890 or 435-635-9603.**

**WATER AEROBICS CLASS, (TUESDAYS AND THURSDAYS) 8 a.m., SUU pool. Fun, up-tempo workout to music. The class includes intensive cardio conditioning and full body muscle toning. The workout can be adapted to any fitness level. Beginners and all ages are welcome. Cost is \$3 per class, including pool admission. Call Allison at 435-327-2091 (no text) for more info.**

**CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M., CALL 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.**

**PAROWAN CITY COUNCIL, 6 P.M., CITY CENTER, 35 E 100 N,** Parowan, UT.

**BIKERS AGAINST CHILD ABUSE (B.A.C.A.) COLOR COUNTRY Chapter Meetings, 7:00 p.m., 593 N. 1450 W., Cedar City.**

**PARKINSON'S SUPPORT GROUP, 2:30 P.M., BROOKDALE SR.** Living Center, 995 S. Regency Rd., Cedar City.

**CEDAR CITY LIBRARY BOOK CLUB, 7 P.M., CEDAR CITY Library in the Park.**

## FRIDAY, JULY 12

**COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.**

**IMMUNIZATIONS/WIC/VITAL RECORDS, 8 A.M. TO 5 P.M.,** Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

**ALCOHOLICS ANONYMOUS, NOON. SPEAKING FROM THE Heart AA and 6 p.m. AA Misfits, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.**

**NARCOTICS ANONYMOUS LIVE AND LET LIVE, 8 P.M., KKCB, 203 E. Cobblecreek, Cedar City, for information call (877) 865-5890 or (435) 635-9603.**

**CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M., CALL 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.**

## SATURDAY, JULY 13

**YEAR-ROUND FARMERS MARKET, EVERY SATURDAY RAIN or shine, 9 a.m. to noon in the parking lot across from Pastry Pub. Local vegetables, greens, fruit, herbs, baked goods, artisan cheese, live plants, flowers, jams, raw honey, farm fresh eggs, and more. Also, every Thursday, same location, 3 to 7 p.m.**

# CALENDAR

**SATURDAY FARMER'S MARKET, 9AM-1PM EVERY SAT. @ IFA,** 905 S. Main. Good weather outside – bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For more info call 435-463-3735.

**NARCOTICS ANONYMOUS CLOSED, CANDLE LIGHT MEETING,** KKCB, 203 Cobblecreek, Cedar City. Info at 435-635-9603 or 877-865-5890.

**ALCOHOLICS ANONYMOUS, NOON SPEAKING FROM THE** Heart AA, 6:30 p.m. AA BB Study, and 8 p.m. My Story speaker meeting, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

**MARINE CORPS LEAGUE DETACHMENT 1315 MONTHLY MEETING,** 9:30 a.m., Springhill Suites, 1477 S. Old Hwy. 91, Cedar City.

**SOUTHERN UTAH WOODTURNERS, 9 A.M., CEDAR HIGH** School wood shop, 703 W. 600 South, Cedar City.

## SUNDAY, JULY 14

**ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK (KKCB** upstairs).

**ALCOHOLICS ANONYMOUS, 11 A.M. (TGISS) AA AND 6:30 P.M.** 12x12 Book Study, 203 E. Cobblecreek, Cedar City, for information call (877) 865-5890.

**NARCOTICS ANONYMOUS, 8 P.M., THE MEETING HALL, 1067 S.** Main St., Cedar City. For information, call (877) 865-5890.

**NARCOTICS ANONYMOUS WOMEN ONLY, 11 A.M., KKCB, 203 E.** Cobblecreek, Cedar City. Info at 435-635-9603 or 877-865-5890.

**COMMUNITY MINDFULNESS MEDITATION, 4 P.M., ST. JUDE'S** Episcopal Church, 89 North 200 West, Cedar City. This is facilitated by Amber Gower. This is a guided meditation open to the public. It is non-denominational and free to all looking for guidance in group meditation. Phone 435-590-4092 for more information.

## MONDAY, JULY 15

**COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH** in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

**IMMUNIZATIONS/WIC/VITAL RECORDS, 8 A.M. TO 5 P.M.,** Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

**RED ROAD TO SOBRIETY/AA MEETING, OPEN MEETING, 6 P.M.,** Paiute Indian Tribe of Utah, 440 N. Paiute Drive, Cedar City. For more information call Chris at 586-1112 ext. 307.

**ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK (KKCB** upstairs).

**ALCOHOLICS ANONYMOUS, NOON. SPEAKING FROM THE** Heart AA, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

**NARCOTICS ANONYMOUS MONDAY NIGHT BASIC TEXT STUDY,** 8 p.m., KKCB, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890 or 435-635-9603.

**CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M. CALL 435-**865-1387 for an appointment. Accepts Medicaid, Medicare and all private insurances.

**IRON COUNTY COMMISSION, 9 A.M., COMMISSION** chambers, Parowan.

## TUESDAY, JULY 16

**TAI CHI IN THE PARK – COMMUNITY CLASS, OFFERING** Qigong, Sun and Yang style tai chi. Every Tuesday at 1:00 pm – 2:00 pm unless raining. Canyon Park West, 400 East (halfway between Center Street and 200 South). 400 E, by pavilion. Free.

**CEDAR PROFESSIONALS IS AN ORGANIZATION OF BUSINESS** people created to stimulate the business climate for members through exchange of ideas, information and business referrals. Visit our weekly meeting – Tuesdays 7:30 am – Springhill Suites 1477 S Highway 91 in Cedar City – [www.cedarprofessionals.org](http://www.cedarprofessionals.org)

**WATER AEROBICS CLASS, (TUESDAYS AND THURSDAYS) 8** a.m., SUU pool. Fun, up-tempo workout to music. The class includes intensive cardio conditioning and full body muscle toning. The workout can be adapted to any fitness level. Beginners and all ages are welcome. Cost is \$3 per class, including pool admission. Call Allison at 435-327-2091 (no text) for more info.

**STORY TIME AT THE FRONTIER HOMESTEAD STATE PARK, 10** a.m., an opportunity for preschool children to learn about the past through stories and history-related activities, story time is free thanks to the support of the Cedar City-Brian Head Tourism Bureau.

**CELEBRATE RECOVERY! A BIBLICALLY BASED PROGRAM TO** overcome hurts, such as loss of relationships via divorce, death, disagreement, or any hurt one is struggling to recover from; hang-ups - anything one chooses to let go of such as negative thinking, always blaming others; and habits - over consumption of alcohol, drugs, foods, etc. All are welcome! We meet at 6:30pm in the coffee shop area of TLC, 2111 N. Main St in Cedar. Please feel free to call/text 435-899-1248 if you need more information. (We also meet every Thursday at 11:00am)

**CEDAR CITY ROTARY CLUB WEEKLY MEETING. FOR MORE** information call (435) 865-7637.

**IMMUNIZATIONS/WIC/VITAL RECORDS, 1 TO 5:30 P.M.,** Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

**RAPE AND SEXUAL ASSAULT SUPPORT GROUP, 6 TO 7:30 P.M.,** for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

**COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH** in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

**AL-ANON "EASY DOES IT," 7 TO 8 P.M., COMMUNITY** Presbyterian Church, 2279 N. Wedgewood Lane, Cedar City, for more information call (435) 531-1045.

**AL-ANON, 7 TO 8 P.M., PAROWAN SENIOR CENTER (1ST AND** 3rd Tuesday)

**ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK (KKCB** upstairs)

**ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, NOON,** Cedar Bowling Center, 421 E. Highway 91, Cedar City.

**ALCOHOLICS ANONYMOUS, NOON SPEAKING FROM THE** Heart AA, 6 p.m. AA Misfits and 8 p.m. AA Cedar Group, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

**CEDAR CITY COMMUNITY CLINIC, 10 A.M. TO 7 P.M., CALL 865-**1387 for an appointment. The clinic accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

## WEDNESDAY, JULY 17

**CEDAR CITY COUNCIL, 5:30 P.M., CITY HALL, 10 N MAIN STREET** Enoch City Council, 6 P.M., CITY OFFICES. 900 E MIDVALLEY Rd, Enoch, UT. (435) 586-1119

**WW - WEIGHTWATCHERS REIMAGINED! GET GUIDANCE AND** in-person motivation from members, trained guides and wellness coaches who are on the same path. Workshop every Wednesday at 9:30 am at the Cedar City Aquatic Center, 2090 W. Royal Hunte Drive. Call or Text for more information (702) 832-0555.

**TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK** Women's Crisis Center, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

**IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 A.M. TO 5:30 P.M.** (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

**COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH** in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

**BAND: COLOR COUNTRY WINDS, CALL DEBBIE AT 435-559-9609** for time and location. Come brush up on your band skills to share with the community.

**TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, LOSE WEIGHT** without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park. For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

**DOMESTIC VIOLENCE SUPPORT GROUP, 6 TO 7:30 P.M., FOR** women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411

**ALCOHOLICS ANONYMOUS (RED CREEK GROUP) 7 PM** Parowan Senior Center 685 N 300 E, in Parowan

**ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK (KKCB** upstairs).

**ALCOHOLICS ANONYMOUS, 6 P.M. AA MISFITS, 203 E.** Cobblecreek, Cedar City. For information call (877) 865-5890.

**AL-ANON (NEW BEGINNINGS) WOMEN'S BOOK STUDY** meeting. 6:30-7:30 p.m., 203 E. Cobblecreek Drive, Cedar City.

**NARCOTICS ANONYMOUS JUST FOR TODAY, 8 P.M., KKCB, 203** E. Cobblecreek, Cedar City. For information call (877) 865-5890 or (435) 635-9603.

**HEY CEDARS SQUARE DANCE CLASS, 6:30 P.M., CEDAR CITY** Senior Center. Info from Pat at 435-531-6811 or Ralph at 435-669-4867.

**CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M., CALL 865-**1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

**AMERICAN LEGION AUXILLIARY MEETING, 6 P.M., CEDAR CITY** Library in the Park, American Legion Conference Room. Info from Georgia Johnson 435-704-6654

There is no charge for calendar items. Your submissions can be made online at [ironcountytoday.com](http://ironcountytoday.com), or emailed to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.



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Direct questions to Lindsay Fullerton  
at: [fullerton@suu.edu](mailto:fullerton@suu.edu)



# GOING TO SEED

Summer is a gardener's dream. There's tilling and weeding and snipping and getting your hands dirty in God's green earth.

Here are things that give me hives: tilling, weeding, snipping, getting my hands dirty.

For someone who LOVES meditation, you'd think gardening would be a slam dunk, and every year I TRY REALLY HARD to fall in love with planting flowers and communing with the weeds growing in the driveway cracks. But I can't do it.

My husband is enthralled with all things horticulture. As soon as grass is visible under the melting snow, he's counting the days until he can get out in the yard to shape the shrubbery and tame the flower beds. There were even tears in his eyes as he watched our little granddaughter blow dandelion seeds all over the backyard. He was so touched.

This man who's so impatient he can't drive to Harmons without yelling at a dozen drivers is suddenly in the flower bed, calmly pulling one small weed at a time. He spends HOURS grooming our gnarled landscaping. Whereas, I, can sit in silence for a long time (just ask him), but yard work pisses me off. I get agitated, short-tempered and grumpy each time he drags me outside to help.

He'll make pleasant, relaxing conversation while we're weeding and it's all I can do to not snip his pinky finger off with gardening shears.

**Hubbie:** It's so wonderful to work outside.

**Me:** Yep.

**Hubbie:** Doesn't it feel like heaven?

**Me:** Nope.

**Hubbie:** Why are you so crabby?

**Me:** \*sharpening my garden shovel\*

I'll chip away for 30 minutes with my pick axe to plant a petunia, or use some C-4 to blast a spot for geraniums. I break three fingernails, bruise my knees, tangle my headphones in the barberry bush, make up new swear words and jump 27 times as earthworms wriggle out of the dirt,

scaring the bejewels out of me.

There're also spiders dropping down my shirt, ants crawling up my pants, bees buzzing around my eyeballs and millipedes tap dancing across the back of my hand. Good grief, Mother Nature, get a grip!

It wouldn't be so bad if everything would just COOPERATE. If I could pull weeds once and be done, that would be great. If every flower grew back every summer, I'd be so happy. Just, nature is so unreliable!

We have a tree that goes into shock each summer and sends shooters sprouting up all over the lawn. It's so sneaky. How can you trust something that tries to clone itself every time you turn around? We contacted a tree therapist since our aspen obviously had some undressed PTSD. We were told to plant a friend for our tree. Now we have a



## Life & LAUGHTER

by Peri KINDER  
COLUMNIST

“ *If I could pull weeds once and be done, that would be great.* ”

freaked-out tree and a “friend” shrub who doesn't seem to be doing much of anything.

My husband puts me to shame. He looks forward to mowing lawns. His idea of fun is shopping for gardening tools at Lowe's. He tracks the effectiveness/frequency of our sprinklers. He's excited to buy fertilizer.

My idea of yard work is pulling my pants up to my armpits, sitting on the porch with a cold drink and a novel, and yelling at teenage hoodlums to get off my lawn.

I really do appreciate all his hard work. I'm truly glad he finds gardening therapeutic. I really hope he never expects me to prune the rose bush. I'm grateful he does the tilling and weeding and snipping and getting his hands dirty in God's green earth. I'd help, but I have hives.

**FIND DOZENS OF YOUR FAVORITE BRANDS' COUPONS FROM**

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**INSERTED IN TODAY'S ISSUE OF IRON COUNTY TODAY!**

**IRON COUNTY today**

## SMITH

« CONTINUED FROM PAGE 13

Mines Department, and got to explore some of Swaziland's greatest geologic areas.

"After I came back from Africa and began studying full-time at SUU, I gained a personal relationship with many of the faculty and they have helped me with multiple research projects," Smith said.

Smith has conducted three research projects in conjunction with SUU, and was able to present each project at different national conferences including the Geological Society of America and the American Geophysical Union. Since 2016, Smith has also been an IIC hydrologic technician intern for the Dixie National Forest conducting research in geology and hydrology. Several professors at SUU helped make these projects possible.

"Zach has the ability to see what will enhance his education and professional experience, then sets out to add these further knowledge, skills, and resources. Not many students in my 20 plus years at SUU are as dedicated to their education as Zach," said SUU GIS Program Director David Maxwell.

Smith has also been involved with the Geology Club at SUU, and was president from 2017-2018. He is also a member of the geoscience honor society, Sigma Gamma Epsilon.

"I have watched Zach be successful implementing new technology and applying new knowledge to his chosen profession of geology," Maxwell continued. "Zach is a humble, dedicated, hardworking student and I can say without hesitation that Zach will be successful in whatever endeavor he takes on."

The Geology program at SUU is well-known for its location in one of the most geologically spectacular settings in the country. The program stresses field-based experiences and undergraduate research opportunities while students earn their geology degree in this stunning setting.

## BEARS

« CONTINUED FROM PAGE 12

food in a secure area — is tough. Please don't put us in that situation this year."

**What to do if you encounter a bear**

- » Stand your ground: Never back up, lie down or play dead. Stay calm and give the bear a chance to leave. Prepare to use your bear spray or another deterrent.
- » Don't run away or climb a tree. Black bears are excellent climbers and can run up to 35 mph — you cannot outclimb or outrun them.
- » Know bear behavior. If a bear stands up, grunts, moans or makes other sounds, it's not being aggressive. These are the ways a bear gets a better look or smell and expresses its interest.
- » If a black bear attacks, always fight back. And never give up! People have successfully defended themselves with almost anything: rocks, sticks, backpacks, water bottles, even their hands and feet.

For more tips on staying safe around black bears, visit the DWR website and the Wild Aware Utah website. A video about bear safety is also available on the DWR YouTube channel.

## PEOPLE

## MISSION

**Elder Derek Hatch**

Elder Derek Christopher Hatch will be returning honorably on July 12th, 2019 from the Chile Osorno Mission. He is the son of Larry O. and Cheryl Hatch. He will speak in the Cedar 17th ward (250 S. 900 W.) at 10:30 a.m., July 10th, 2019.



## MISSION

**Sister Rachel Callison**

Sister Rachel Callison has returned from serving in the England London Mission. She will speak in church July 14th 10:30 am at the Enoch Stake Center, 2233 E Village Green Rd. Welcome Home Sister Callison!

## MISSION

**Elder Floyd Kimber**

Elder Floyd Coalman Kimber has returned from the Chile Viña del Mar mission on July 10th 2019. He will speak on Sunday July 14th at 10:30 am in the Enoch Midvalley 1st Ward Chapel located at 75 W Midvalley Rd.



## MISSION

**Sister Tanneah Donohoe**

Tanneah Donohoe, daughter of Cleve and Connie Weaver and Roger Donohoe has been called to serve in the Spokane Washington Mission for the Church of Jesus Christ of Latter-day Saints. She will report to the MTC on July 10, 2019.

1<sup>ST</sup> BIRTHDAY**James Andrew Benson**

James Andrew Benson celebrated his first birthday on June 30 with his parents, friends and neighbors in Lynnwood, Washington. In late May, "Sweet Baby James" visited his proud grandparents with his parents, Quentin and Elizabeth Benson. The photo shows James having a thrill on a slide at Cedar City's Canyon Park. His grandparents are Robert Nies and Rosanne Mohr of Cedar City.



## WEDDING

**Alyssa & Bryce**

Alyssa Tawzer and Bryce Cooper have chosen July 13, 2019 to be married in the Cedar City Utah Temple. Their parents are Julie and Jeff Tawzer of Mesa, Arizona and Terri and Stacey Cooper of Cedar City, Utah. A reception will be held in their honor that afternoon from 2 to 4 p.m. at the Heritage Center, 105 N. 100 E. in Cedar City, UT



## WEDDING

**Nicholas & Heidi**

Nicholas Jensen and Heidi Price, along with their parents, are pleased to announce their marriage on June 29th 2019 at Monastery Beach in Carmel, California. An open house will be held in their honor Saturday July 13th from 7:00 pm to 9:00 pm. The Burgess' 668 South St. James Place in Cedar City, Utah.

SUU

COLLEGE OF  
PERFORMING & VISUAL ARTS  
SOUTHERN UTAH UNIVERSITY

## UPCOMING EVENTS

Southern Utah Museum of Art  
Monday-Saturday from 11 a.m. - 6 p.m.

**KATE STARLING:**  
**A STUDY OF SCALE**  
Now through July 27

**KARL MOMEN:**  
**HOMAGE TO WILLIAM SHAKESPEARE**  
Now through October 5

**\*SUMA SUMMER NIGHTS:**  
**MASTERPIECE IN THE MAKING**  
July 11 from 6-8 p.m.

**FAMILY DAY:**  
**To collage or not to collage,  
that is the question!**  
July 13 from 2-4 p.m.

**\*SUMA SUMMER NIGHTS:**  
**UNDERSTANDING JIMMIE JONES**  
July 18 from 6-8 p.m.

**SUMA AFTER HOURS:**  
**THE ARTISTRY OF LEATHER JEWELRY**  
July 26 from 5-8 p.m.

\*For SUMA members and USF ticket holders

[www.suu.edu/pva](http://www.suu.edu/pva)

# Somethin' stabbin' me

by James LIPPITT

FOR IRON COUNTY TODAY

“Somethin' stabbin' me,” grimaced 65-year-old Kim Leany in his Cedar City drawl. He lifted his foot off the gas pedal of his Ford Super Duty 250, and the truck—only traveling two miles per hour—bounced to a stop. “Ya see it?”

He turned his back to the shotgun-riding rookie, who plucked the offending culprit out and then removed four other imbedded-little-devils known as Needle-and-Thread, a wild grass that Leany, a retired BLM worker and 1972 graduate of Cedar City High, had arranged to harvest off a private owner's extensive cattle rangeland in remote Beryl, Utah.

It's summer in Iron County and that means a rare opportunity has blossomed in the collection of wild grasses that seed companies will pay for so eventually areas devastated by fire can be replanted. No seed is in more demand than the ubiquitous *Stipa Comata*, otherwise known as Needle-And-Thread, so named for its sharp needle-like seed that is usually attached to a spindly thread of a stalk.

Needle-And-Thread grows quickly in harsh soil and in arid conditions, so little management is required. Grazing cattle find it a desirable plant fifty weeks of the year, but not so much during the two week time period the seed matures into a nasty thorn. The grass grows in raised clumps, which causes constant jerks and lurches when riding over it. Leany, who has been retired nearly nine years, came to know Needle-And-Thread's value by working as a Range Conservationist for BLM.

In the early dawn dimness, Leany had hooked an eight-foot harvester to his truck and attached two more harvesters to his tractor that his son, Spencer, a 34-year-old pharmacist out of St. George, drives.

As a cooling breeze eddies about the Escalante Valley, the purple and pink clouds that have gathered around the morning sun go unnoticed by Spencer, who rips the cords starting the three Briggs & Stratton engines. “I've been helping my dad do this for twenty years.” And through a wry grin, he adds, “I love collecting seed.”

Together father and son snail-



PHOTOS BY JAMES LIPPITT

THE SEEDS OF THE NATIVE NEEDLE-AND-THREAD PLANT are in high demand because they can grow in harsh soil and arid conditions, making them ideal to help restore areas devastated by fire.

about in loops, bouncing along, stopping at opposite ends to dump their load into five-foot piles.

This involves taking a pitchfork and digging out the cut ends of Needle-And-Thread that have accumulated in deep metal bins. Spencer, a former fullback for Dixie College, wears thick gloves and a long sleeve shirt and prefers to scrape and compress the harvested grass into large 40 to 50-pound blocks and then lift them out, extending them at arm's length so the penetrating seeds don't touch him (try doing that over 150 times a day). But after each dump, he has to pick off stubborn remnants.

The father seems to taunt the needles—he wears short sleeves!—but his rangy six foot two frame wields the pitchfork expertly and he keeps up with his son, both of whom will go 14 hours a day for over a week straight.

As the day heats up, trouble occurs. The tractor breaks down. A harvester rod snaps. The bolt connecting the harvester to the truck comes undone and is lost. An engine quits. Fuel runs out. Out of necessity, Kim has been forced to become a mechanic and a welder. But taken

all in stride, with only an occasional shake of head and curse under breath, the father and son repair, replace, patch up, fuel up and start again.

Their mantra is no matter what, keep going.

The work is monotonous, but some years they can actually scratch out a profit. Despite the constantly rising costs of fuel, labor and machinery, the payout for the seed has remained virtually fixed for almost 20 years. Ultimately, the distributors pay for what is known as Pure Live Seed (PLS) and if Leany's shipment is not pure enough, the whole load could be rejected.

Despite the pitfalls, with all the

2019 record-setting moisture, this season will yield a bumper crop. The Leany's expect to harvest thousands of raw pounds of Needle-And-Thread. As always, the fixed costs, which also include land lease and service repair, will greatly temper the windfall. A cramped fifth wheel will be their home for the entire time. Spencer's four young children and wife will be deeply missed, despite brief texts and subdued phone calls.

Kim's wife, Jana, his SUU sweetheart and wife of over forty years, comes out and helps when she can. She spells relief for son and husband so they can grab a bite to eat and rehydrate in an air-conditioned car. Bouncing around the endless fields, her smile always lightens the load. But the grind is constant, the heat and breakdowns oppressive.

The day mercifully comes to an end. With the setting sun behind him, the pale blue eyes of the patriarch scan the magnificent expanse of the Escalante Valley, and then observe his son securing the campsite.

“I guess seed collecting is in our blood,” he says with a wan smile through chapped lips and wizened stubble. And reflexively reaches back and grabs another Needle-And-Thread thorn from off his back.

# OBITUARIES

## Neldon Iowa Hacking



Neldon Iowa Hacking, age 81, beloved husband of Karen Hacking, died July 1, 2019 at his home in Roosevelt, after a short battle with cancer. His family was by his side.

He was born February 4, 1938 in Vernal, Utah to Iowa Clive Hacking and Lucy Smith Hacking. He was the third of four children. Neldon's siblings include Gayla Duke, Lorin Hacking (deceased), and Lela Van Duren. He grew up as an avid outdoor person. He loved hunting, fishing, and camping! He graduated from

Uintah High School in 1955. He attended BYU, and graduated from Central Utah Vocational School.

He married Mona Kaye Limb on June 3, 1961. They were sealed in the Manti Temple. She died June 17, 2008. They had three children, Brian, Michael, and Christina. He married Karen Jacobs Shelley Hacking on November 27, 2009, in the Manti Temple for time.

He served in the US Army (SPC-05). He was a combat engineer radar technician. He was also a sharp shooter on the US Army pistol and rifle team for two years. He was an independent business owner of two-way radio communications and operated cellular systems. He was a systems supervisor with US West/ New Vector and worked with Motorola and Vodaphone. Neldon finished his career as a project manager at Verizon.

His interests included hunting with rifles, pistols, and archery. He also loved to fish and enjoyed car racing. His absolute loves were his horses and dogs. He liked the saying, "To fly just take hold of the reins." He loved all his special Arabian horses and loving dogs.

He was an active member of the Church of Jesus Christ of Latter-day Saints holding various callings. His most recent calling was teaching at Parkside, which he enjoyed very much. He also worked at the Vernal Temple for 2 1/2 years.

One of his favorite sayings was, "Do not go where the path may lead, go instead where there is no path and leave a trail." Neldon stayed very busy, he was never idle. He was always learning something new, always creating, building, studying, and researching new projects. He was very smart and loved to keep his mind active. He was a very sweet, patient, loving man who didn't speak an unkind word.

He is survived by his wife, Karen Hacking, Roosevelt; children, Brian Hacking, Salt Lake City; Michael Hacking, American Fork; Christina Jennie Hacking, Cedar City; his two grandchildren, Rose Hacking (Fabin Francis), and Jasmin Taylor Hacking. He also has two great grandchildren Eli and Jacob.

He was preceded in death by his first wife Mona, his parents, and his brother Lorin Clive Hacking.

Funeral services were held on Friday, July 5, 2019 at the Roosevelt West Stake Center at 1:00 p.m. Viewings were also held at the Hullinger Mortuary on Thursday, from 6:00 - 7:00 p.m. and Saturday at the church from 11:30 - 12:45. Burial was on Saturday at 11:00 a.m. at the Mountain View Cemetery in Beaver, where he was buried next to his loving wife Mona Kaye Hacking. Military honors will be presented. Condolences may be shared at [www.hullingermortuary.com](http://www.hullingermortuary.com)

## Submitting an obituary...

There is no charge for obituaries of 400 words or less. Submissions can be made online at [ironcountytoday.com](http://ironcountytoday.com), or emailed to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or brought to 389 N 100 W, #12, Cedar City, Utah 84721. A single submission may include up to two photos. The deadline for submission is Monday at noon. For pricing information for obituaries longer than 400 words, please call 435-867-1865 ext. 5.

## Gregory Neil Pace



Gregory Neil Pace, 55, passed peacefully from this life on June 28, 2019, after a courageous battle with cancer.

Greg was the fourth of five children born to Gordon Harvey and Betty Renee Pace, on September 9, 1963 in Lynwood, CA. His growing up years were spent in Downey, CA, Boulder City, NV, Bishop, and Whittier, CA. After graduating from La Serna H.S. in Whittier, Greg attended cosmetology school, from which he graduated and spent nearly thirty years as a very accomplished cosmetologist

in Las Vegas.

Greg loved his family and his Latter-day Saint heritage. His friendly disposition and love for life and adventure won him many lifelong friends, and afforded him travel experiences in countries throughout the world. He was an avid reader—attentive to current events but especially loved history and particularly biographies. He loved music, theatre, cooking, the outdoors, and just relaxing with friends.

Funeral Services will be held at 12 noon on Saturday, July 13, 2019 in the New Harmony Ward Chapel, Main & Center St., New Harmony, UT, with a viewing from 10:30-11:30am.

Greg is survived by his father, Gordon Pace of New Harmony, UT; brothers, Mark, Banning, CA, James (Carolyn), New Harmony, UT; sister Nancy (Russ Thornley), Lehi, UT, friend and caregiver Alfredo Salazar, and many nieces and nephews. Greg was preceded in death by his mother, Betty Pace; brother, Steven Pace, and niece, Angela Thornley.

Interment in the New Harmony Cemetery will be under the direction of Southern Utah Mortuary.

Online condolences can be sent at [www.sumortuary.com](http://www.sumortuary.com).

## AnnaMarie Carpenter



AnnaMarie Carpenter, 70, passed away on Wednesday, July 3rd of complications after surgery in St. George, Utah. Anna resided in Cedar City, UT with her husband, Jerald Carpenter of 52 years. Jerald was by her side until her last moments. Anna was born to Joseph V. Terranova and Frances Doppierr Terranova on September 26th, 1948 in St. Louis, MO. After her family moved to California, AnnaMarie graduated from Artesia Highschool in 1966 and married the love of her life, Jerald Carpenter, on May 12th, 1967. They would

soon start a family and welcome their first daughter, Ginamarie and shortly after they welcomed their second daughter, Tina Ann. They then would move to St. George, UT and spend 5 years there before moving back to Southern California to raise their family.

AnnaMarie's passion in life was her family and friends. She put all of her time and energy into trying to make others happy. If you knew her you knew the beautiful, infectious smile that she greeted everyone with.

She loved going to the casinos and making friends with everyone. She also loved doing arts and crafts and home improvements on their new home in Cedar City when they moved back in April 2018. Anna loved hosting parties and making sure everyone ate and had a good time. Her signature dish was her famous cannolis.

AnnaMarie was preceded in death by her parents, Joseph and Frances Terranova. She is survived by her spouse, Jerald T. Carpenter. Her oldest daughter, Ginamarie Forgit (Rod Schmidgall) and youngest daughter, Tina Suihkonen (Andrew Suihkonen). Her grandchildren, Cassandra O'Neill, Christopher O'Neill, Katelyn Suihkonen, Emily Westphal (Sebastian Westphal) and her great-granddaughter, Aurora Jade Westphal. She is also survived by her sister, MaryAnn Burlley, her brothers, Larry Terranova and John Terranova (Denise Terranova) and several nieces and nephews.

The family would like to extend a special thank you to Rick and Stephanie Carpenter who have been a tremendous support system and have gone above and beyond.

A celebration of life is being planned in California on July 13th and Utah on July 20th. More details to follow.

Online condolences can be sent at [www.sumortuary.com](http://www.sumortuary.com).

## Lark Elsworth Flanigan



I, Lark E. Flanigan, having been born of goodly parents, Elsworth and Nellie Flanigan, in Cedar City, Utah on March 20, 1946 with two older sisters, two younger sisters, and a younger brother. I attended school in Cedar City from 1st grade through college, receiving an Associate's Degree in Automotive Technology.

My parents taught me how to work at an early age. I entered the work force in 1962. I spent much of my early years working with my parents on a horse ranch in the Cedar City area. In 1963, I was working at Bryce Canyon National Park and noticed a young lady who was a dancer in the state show that was staged in the Bryce Canyon Lodge. I could not take my eyes off of her. We started dating and were engaged that summer. We were married on March 14, 1964 in Tropic, Utah, and have spent 55 wonderful years together.



We moved to Cedar City to attend school and work. On March 13, 1965, we started our family. We have 2 daughters, 3 sons, 17 grandchildren and 7 great grandchildren. Our children and grandchildren are the joy of our lives. We have lived in Cedar City, Las Vegas, Kanab, Fredonia and Moccasin. While living in Salt Lake City in 1967, we had the privilege of going to the Salt Lake City Temple and being sealed for time and for all eternity.

For the last 50 years, we, as a family, have enjoyed working in nearly every aspect of the Boy Scout program. We have 3 sons and 3 grandsons that have earned their Eagle Scout Award. While the girls in my life didn't earn an Eagle, my wife, 2 daughters and 5 granddaughters earned their Young Womanhood Medallion. Georgia and I were honored to have received our BSA Silver Beaver Award and the BSA Cedar Breaks District Paramount Service Award.

I retired from Southern Utah University on June 1, 2006, after having spent 30 years working as a Facilities Manager. I enjoy working in the yard and taking pride in the meticulous way my grandfather did, ATV adventures, tooling leather, working around and attending rodeos, listening to old time country, western and classical jazz music and working with the family on our cabin on Cedar Mountain. I have received many blessings in my church callings; having served in a Branch Presidency, as a Ward Clerk, Elder's Quorum Presidency, High Priest Group Leader, a member of the Stake High Council, a teacher in the Priesthood, Sunday School and Primary. Georgia and I have served a service mission in the St. George Temple, an 18-month mission to the Provo South/Montezuma Creek and St. George, an 18-month service mission at the Cedar City Bishop Storehouse and at the time of death, we were serving by performing sealings in the Cedar City, Utah Temple.

Lark Elsworth Flanigan peacefully returned to his Heavenly Father on July 6, 2019, from complications of Myasthenia Gravis, Congestive Heart Failure, and pneumonia. Special thanks to Alan B. Sanderson MD., Dr. Ryan Workman, Michael B. Bullock DO., and Kathy Samhammer, LPN, Cedar City Hospital and Staff, Zion's Way Home Health and Hospice.

He is survived by his wife Georgia of Cedar City, Utah, 5 children; Joyce (Darwin) Stapley of West Jordan, UT., Chad (Karen) Flanigan of Tucson, AZ., Craig (Tresa) Flanigan of Woods Cross, UT., Curt (WenDee) Flanigan of Enterprise, UT., Jessica (Royston) Baker of Beulaville, NC; two sisters, Jackie Robinson of Cedar City, UT., Glenna (Michael) Gibbons of Scottsdale, AZ.; one brother, Shane (Kathy) Flanigan of Cedar City, UT.; 17 grandchildren and 7 great grandchildren.

Funeral Services will be held on Saturday, July 13, 2019 at 10:00 am at the Cedar City North Stake Center. There will be a viewing Friday, July 12, 2019 from 6:00-8:00 pm at Southern Utah Mortuary and on Saturday morning from 8:30-9:30 am at the Cedar City North Stake Center. Interment will be held at the Tropic Cemetery at 3:00 pm under the direction of Southern Utah Mortuary. Online condolences can be sent at [www.sumortuary.com](http://www.sumortuary.com).

SCORES & RECAPS  
FROM COMPETITION  
IN IRON COUNTY

# Sports



## RANDOM Thoughts

by Tom ZULEWSKI  
SPORTS WRITER

# Not just baseball, it's ALL-STAR SEASON

As these words hit your driveways, porches, favorite stores, or wherever you pick up a printed copy, the Major League Baseball All-Star Game was played last night (July 9) at Progressive Field in Cleveland.

As discussed here last week, home-field advantage for the World Series didn't go to the winner, so we got a showcase of talent that offered a glimpse into good vibes for the future of some teams. There were players who provided more reasons why they're helping keep other teams near the top of the heap as they get ready for the second half of the season that begins Friday.

And then there are teams like the Detroit Tigers.

As recently as 2014, the team was a serious contender not only for the American League's Central Division, but a spot in the World Series as well. The Tigers had made four straight trips to the postseason from 2011-14 as division champs with only one Fall Classic appearance (vs. San Francisco) to show for the work.

Once management traded away ace pitcher Justin Verlander to the Houston Astros, it was clear the rebuilding of the Tigers was on. It's reduced a proud franchise to rubble at this point, capped by the Verlander trade in 2017.

Where are they now? You don't want to know, but I have to tell you.

After back-to-back seasons of 98 losses, the Tigers are on pace to go well over 100 in 2019, mainly because they lost touch with how to win at home. They started 8-6 in the first 14 games, but have gone 4-26 in the last 30, including Sunday's 6-3 loss that gave the Boston Red Sox a series sweep to close out the first half.

The Tigers fan base has been loyal to a fault, but they're not showing up at Comerica Park these days. The club ranks 25th in attendance with an average of less than 19,000 fans per game,

on a pace to draw less than 2 million fans for the second year in a row.

If nothing else comes of another miserable season in the city I was born and raised in, I can at least say I saw one of a precious few wins at the home park in 2019.

If the Tigers want to truly rebuild with some haste, getting the right mix of players in the clubhouse who know how to win is the mission of the moment. It's time to get it done.

» **On the homefront**, the annual Little League All-Star tournaments for baseball and softball started Monday and will continue through Saturday. For those wondering, here are the dates and sites for the West Regionals

that await the winners:

**JUNIOR LEAGUE SOFTBALL:**  
Tucson, Ariz., July 17-25

**LITTLE LEAGUE SOFTBALL:**  
San Bernardino, Calif., July 20-26

**JUNIOR LEAGUE BASEBALL:**  
San Jose, Calif., July 26-Aug. 3

**LITTLE LEAGUE BASEBALL:**  
San Bernardino, Calif., Aug. 4-10.

At the end of the pot of baseball and softball gold is the World Series. The girls are looking for a fourth trip (2009 Juniors, 2017 Little League, 2018 Juniors) to an extended summer season while the boys are still going after a first. Here are those locations

and dates for the calendar:

**JUNIOR LEAGUE SOFTBALL:**  
July 28-Aug. 3, Kirkland, Wash.

**LITTLE LEAGUE SOFTBALL:**  
Aug. 7-14, Portland, Ore.

**JUNIOR LEAGUE BASEBALL:**  
Aug. 11-18, Taylor, Mich.

**LITTLE LEAGUE BASEBALL:**  
Aug. 15-25, Williamsport, Pa.

Good luck to all teams involved. All-Star championship game stories should appear in the July 17 edition.

Follow Tom on Twitter @TommyZee81  
or email tominator19@yahoo.com.



FILE PHOTO

THE CEDAR NATIONAL ALL-STAR TEAM CELEBRATES THEIR VICTORY that advanced them to the Little League World Series last year.

# Current, former T-Birds prepare for Utah State Am

by Bryson **LESTER**

SUU ATHLETICS STRATEGIC COMMUNICATION

**CEDAR CITY** — Both current and former Thunderbirds will be competing in the 121st Utah State Amateur next week, as the event is scheduled to run from July 8-13.

Reigning Big Sky Champion Jake Vincent will be joined by teammates Ethan Gray, Austin Jaramillo, Jaden Milne, Hayden Plewe and Ryker Smith in the field. These Thunderbird student-athletes are just a few months removed from collegiate competition.

Former T-Bird golfers Denny Job and Tommy Johnson will both be in the field as well, joined by alums Ryan Brimley and Dexter Edwards.

The event will be played at Soldier Hollow Golf Club.



COURTESY OF SUU

# SUU Volleyball announces new assistant coach

by Taylor **WHITSON**

FOR IRON COUNTY TODAY

**CEDAR CITY** — Head coach Pete Hoyer and the Thunderbird volleyball program has announced the hiring of assistant coach Jeremy Young ahead of the 2019 season.

"Jeremy was the first person that came to mind when we were looking to fill this position," said Hoyer. "Having worked with him in North Carolina, I have 100% trust in his loyalty, his passion for the sport and his commitment to the student-athlete experience. I am extremely grateful that the trust is mutual and that Jeremy has decided to move to Utah to join our staff. He will support all areas of the program, in particular: scouting, statistics, technology and on-court training. We can't wait for him to get to Cedar City."

Before making the transition to Southern Utah, Young spent the 2018 season as a volunteer assistant coach for the University of North Carolina volleyball program.

Prior to UNC he worked alongside Hoyer at Triangle Volleyball Club in Morrisville, North Carolina. Young joined Triangle in 2012 and has served as an assistant coach in the 13-16 age groups and as a resource coach in the 14-18

age groups. He has served as the assistant coach for the 16U Black team for Triangle for the past three seasons. In 2018, Young helped coach the team to the Open division title at the Disney Volleyball Showcase, becoming the third team in Triangle history to win a national qualifier. Young also assisted the 16U Black to a 13th-place finish at the 16U Open Division at USA Volleyball Junior Nationals. Additionally, Young also served as an assistant director at Triangle from June 2017 to June 2018.

Young attended Hillsdale College and graduated in 2004 with a bachelor's degree in history and religion. He earned a master's degree in school counseling from UNC Chapel Hill in 2010 and worked for seven years in the public school system as a middle school and high school counselor.

The Thunderbird volleyball program will kick off their home campaign by hosting the Thunderbird Classic Tournament

on September 5, 2019.



COURTESY PHOTO

**JEREMY YOUNG**

## Follow Us

Stay up to date during the 2019 Thunderbird Volleyball season by following @SUUVolleyball on Twitter and Instagram and liking the Southern Utah Volleyball page on Facebook.

# For love of the game

**"B**aseball was, is, and always will be the best game in the world." — Al Spalding

This week the baby of mine and Rigby's "Fab Five" suited up to take the field as an All Star for Cedar National. This experience took me back a few years to my own front yard. I grew up in the original part of town—Second East. We did not have much in those days, but we did have baseball. Our front yard was our own diamond. I marvel now how my mother never complained at the permanently imprinted baselines in her grass. First and third bases were formed by cracks in the sidewalk and second base was the spot on the lawn that was worn through with dirt. The home run line was marked by our line of lilac trees. This field always hosted a ball game on even the hottest summer days.

Most of my stories take place on Second East or at the ball park. My kids will back me on that fact. That's where most of my life lessons were learned and by far the best memories were made.

Our summers began and ended with baseball. Vacations, scout camps, and family gatherings were all scheduled around baseball. We knew nothing of 4-wheelers, boats, or far away vacations. Not many people in "those days" did. Even if we had heard of these "toys" we were much too poor to own them. But you know, I look back now and I liked it that way. It was a perfect way to grow up.

Bill Kringlen's Rotary baseball was as good as religion in our home.

He brought to our lives discipline and hard work. We knew that to miss a practice was a cardinal sin. Dedication was imprinted upon our list of must have values and no matter what, you never quit. There were no leagues for girls in the 80s, so I suited up and played with the boys.

Kringlen taught us baseball at its best. Fly balls, grounders, and the infield creep were fundamentals engrained upon our memories as well as the proper technique needed to hit the ball. We were more than fortunate that this bachelor chose our little Weaver clan as one of the many families that

he would serve not only as the coach but also as surrogate uncle. His love of baseball combined with his love of youth created the perfect duet. If you happen to come across a coach like Kringlen, be sure to say thanks. Good coaches

don't simply build ball players. They build great women and men.

Come Saturday, Little League baseball will take a final bow for its regular season. Ball players will dream about their time on the dirt and the future they are sure to garner on the college playing field. These dreams will be set to the lullaby of the crickets and the sound of the baseball as it zings through the air. There is nothing better than summer air and the sound of the ball hitting the bat—it is simply intoxicating.



**AMYANNE RIGBY**

CONTRIBUTOR

*Amyanne is a graduate of Cedar High School and Southern Utah University. For more of her writing, follow all of her adventures at [barnwoodandtulips.com](http://barnwoodandtulips.com).*



COURTESY OF SUU

## Flynn Clayman promoted to full time assistant coach

by Bryson **LESTER**

SUU ATHLETICS STRATEGIC COMMUNICATION

**CEDAR CITY** — Head coach Todd Simon and the Thunderbird men's basketball program has announced the promotion of Flynn Clayman to full time Assistant Coach ahead of the 2019-2020 campaign.

Clayman has been with the program since August of 2017, serving as a Special Assistant for the Thunderbirds.

"Flynn will do a great job in his new role," Simon said. "He has proven in his time here to have an excellent knowledge of the game. His past experiences as a player will be an asset for him both with teaching and recruiting."

Prior to his time at Southern Utah, Clayman was coaching in Australia as the head coach for AUSA Hoops, which helps develops basketball players and find them a home in the United States to play college basketball. During his time at AUSA, 16 different players coached went on to NCAA Division I scholarships, including 2019 NBL Australia Rookie of the Year, Harry Froling.

Clayman's first coaching experience came as an assistant coach for BTI Basketball Club, an AAU club out of the Los Angeles, coaching 2019 Ivy League Player of the Year, Miye Oni.

Clayman played professionally for four years from 2012-2016, for Dinamo Tbilisi (Republic of Georgia), San Vicente (Ecuador), Liga Sorocaba (Brazil), Hapoel Eilat (Israel), Galil Gilboa (Israel), Galil Elion (Israel), and Elitzur Yavne (Israel). In the 2012-2013 season, he won the EuroBasket.com Rookie of the Year in Georgia, as well as an All-Star selection. He was amongst the top three in the Ecuadorian League in three-point field goals and points per game average.

In the 2011-12 season, he played at the University of the Columbians in Kentucky where his team won the Mid-South Conference Championship and reached the National Tournament in Kansas City. During that season he led the NAIA in three-point field goal percentage at 48.1%.

From 2009-2011, he played at Troy University in Alabama. In the 2010 season they won the Sun Belt Regular Season Championship and played in the NIT.

From 2007-2009, he played at Colorado State University.

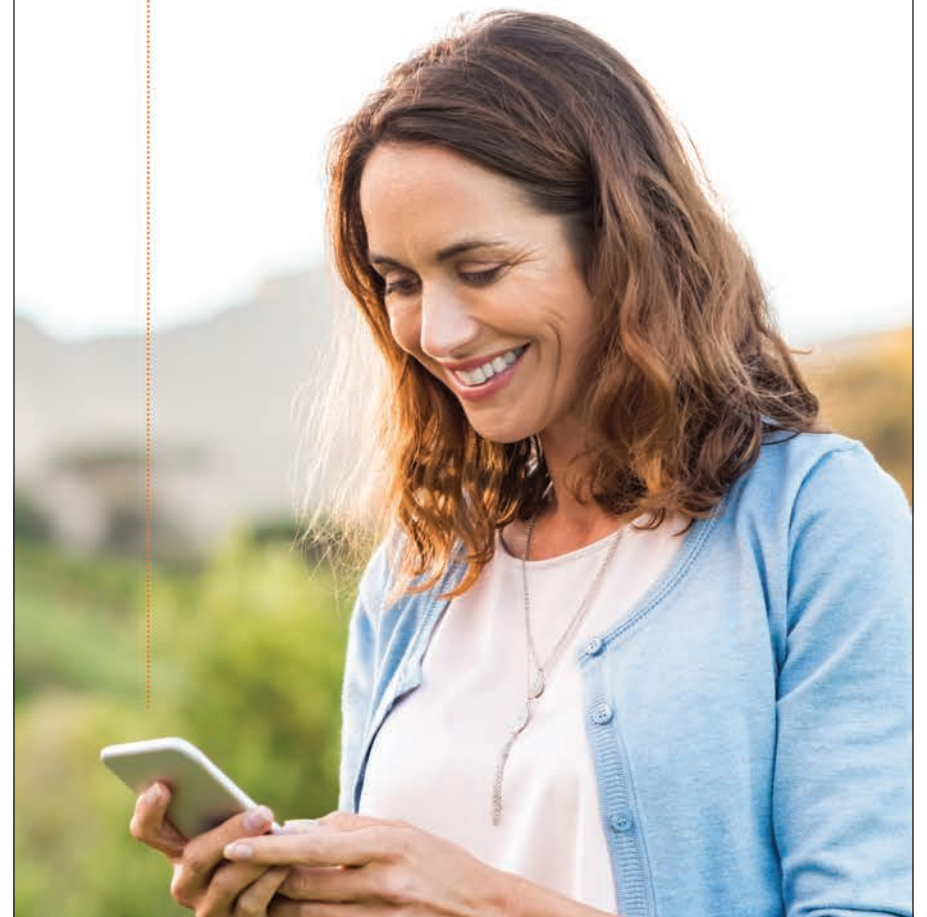
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Read all about the Thunderbirds on [www.suutbirds.com](http://www.suutbirds.com).

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## ANIMALS

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**BACHELOR/TEACHER WISHES TO MEET PROFESSIONAL** lady 55+, non-smoker, likes animals, art, photography & walking. 435-327-8212

**INVITATION TO EVERYONE!!! A NIGHT OF "POETRY OF LIFE"** written and recited by Bill Smith. There will be books and CD's to sign. Milford Library. July 12th 5 pm.

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**14' TRAILER, SINGLE AXLE WITH MESH/RAMP TAILGATE.** Brand new tires on trailer & spare. Asking \$1100. 435-704-1645.

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**TOMAHAWK PRO CHIPPER: 12HP, OHV ENGINE, \$300. 435-**233-8249.

**GOLF BALLS 300 NAME BRAND BALLS FOR \$100. 435-590-**8625.

**HOME FOR SALE. TWIN HOME NEAR CANYON VIEW HIGH** School. 3 bed 2 bath. Contact Anthony 435-817-7158/ voetsakwena@yahoo.com

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## MISCELLANEOUS

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## REAL ESTATE

**FOR SALE, PARCELS OF LAND STARTING AT \$1,000. CALL WIL-**liam at Cedar City Realty LLC, for details at (435)212-1416, or email to, [wgdavidson45@gmail.com](mailto:wgdavidson45@gmail.com)

**1/4 ACRE LOT FOR SALE: PAROWAN, UTAH, 512 N DIANE** Drive, Lot 49, Sunset View Subdivision. Asking \$18,200 Call 702-277-3739.

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## REAL ESTATE

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## RECREATION

**2016 POLARIS RZR 900 EPS, ONLY 537 MILES, MANY ACCE-**sories, e.g. 1/2 windshield, roof, front bumper, storage box, Polaris RZR cover. CALL FRED on 435-865-1243. Asking \$10,500.

**2006 COACHMAN FREELANDER: 31' CLASS C W/KING SIZE** bed w/full bath. Ford E-450 Super Duty Chassis, less than 25,000 miles, great condition, \$26,000. Call for details 435-477-8745.

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## RENTALS

**RENT NEW CONSTRUCTION! 485W 1425N - FIELDS TOWN-**homes - 3 bed, 2.5 bath, 1 car garage - includes Wash/Dryer. Centrally located, clean and new! ERAPM.CEDARCITY@GMAIL.COM 435-867-1136 \$1095/month + \$55 water

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**SAM VEST: SAMS HANDYMAN SERVICES. HANDYMAN SAM** 110 E 200 S, Parowan. Contact me at any time. No Jobs too big or too small. We can tackle them all. 541-290-9912. We appologize for the incorrect phone number that was printed for the past few months. Sincerely, Office Manager, Iron County Today.

**STORAGE UNITS & RV PARKING- FENCED YARD START @** \$25.00. Call for size and availability Call Don 435-592-0569

**WANTED**

**I AM A CERTIFIED NURSING ASSISTANT. LOOKING TO EX-**change home or elderly care for free rent for the school year. Current nursing student. Female. 19 years old. 435-559-1747.

**YARD SALES**

**YARD SALE FRI & SAT JULY 12 & 13TH. TOOLS, LADDERS,** Compressor, Hammer drills, Skill saws, 5' and 3' power Hack Saws. Furniture. 5266 N. 3000 W. Cedar City

**LEGAL NOTICES**

**REQUEST FOR PROPOSAL**

**Summary Sheet**

- 1. Project:** The successful vendor will need to implement a document management system and migrate documents and information to the new system that is currently stored in Cedar City's existing electronic document management system.
- 2. Requested Proposal:** Any proposal shall include the following: transmittal letter, project team, capabilities of vendor, solution requirements, solution preferences, technology standards, detailed work plan, required City services, proposed budget, and demonstrative software.
- 3. Proposal Due Time:** 5:00 p.m., Mountain Daylight Savings Time, Monday, July 22, 2019
- 4. Place:** Cedar City Manager's Office, 10 North Main Street, Cedar City, UT 84720
- 5. Complete Information Packet:** This is a summary of the project for advertising only. For a complete packet containing requirements for preparing the proposal, contact the Cedar City Manager at (435) 586-2953.

**Published July 10, 2019 • Iron County Today**  
ICT #0145

**EXTRA!**

**Kids Can  
Get Paid Too!!!**



**If you are 10 years or older and interested in delivering the newspaper, please contact:**

**South Cedar City**  
Brittany Westwood • 590-6012

**North Cedar City/Enoch**  
Stormee Anderson • 592-5724

**Parowan/Paragonah**  
Wendy Hanson • 477-9100

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Enoch UT

951 453 2712 **Licensed and Insured**



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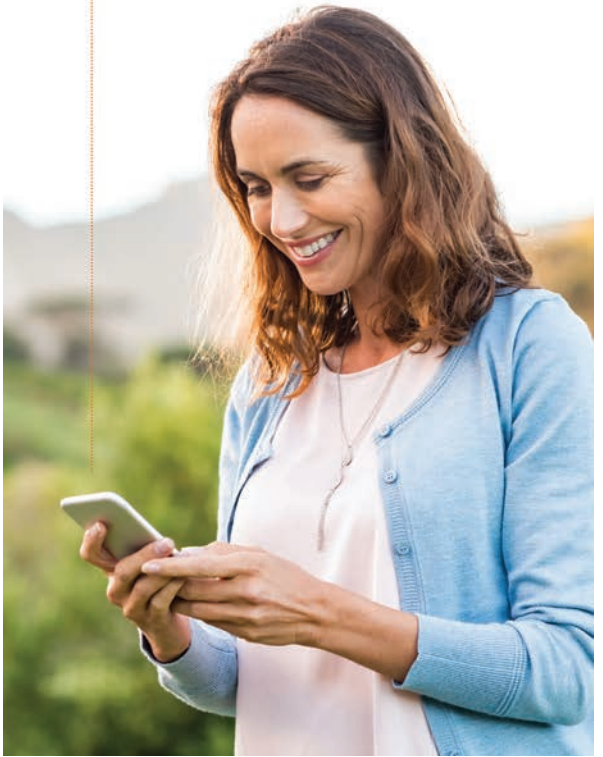
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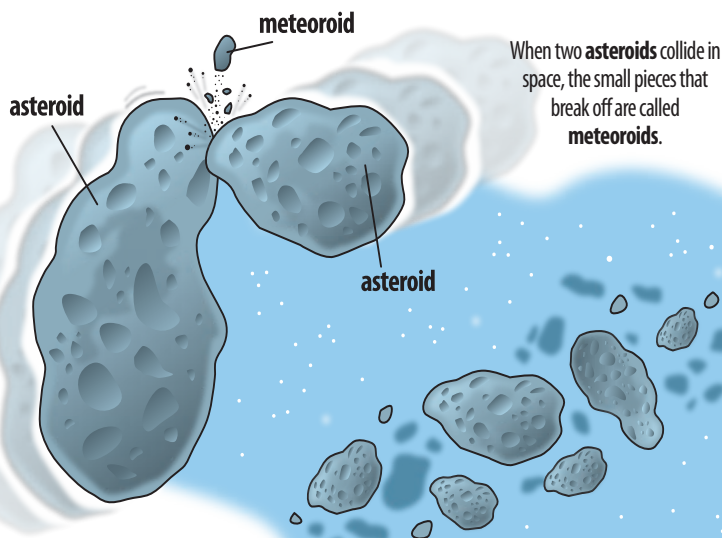
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**435.867.1865 x.1**



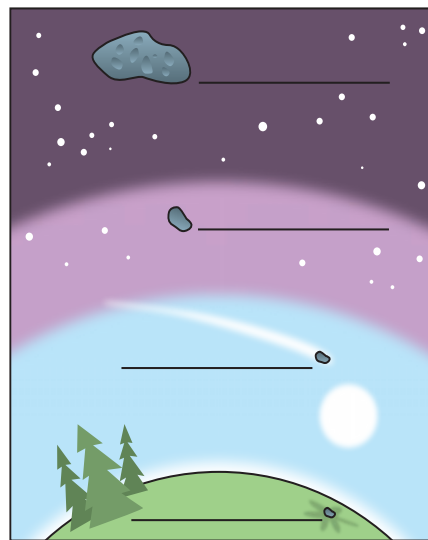
# SPACE ROCKS

## Meteors, asteroids, meteorites ... what's the difference?

Meteors, asteroids, meteorites and meteoroids are all names for space rocks. The rocks have different names depending on their location, whether they are hurtling through space or zooming through the atmosphere and hitting the Earth's surface.



When two **asteroids** collide in space, the small pieces that break off are called **meteoroids**.



Read each description and label each item on the chart at left.

**Asteroids** are large rocks in space that orbit the sun. Most are found in the asteroid belt.

When two asteroids collide, the particles that break off are called **meteoroids**.

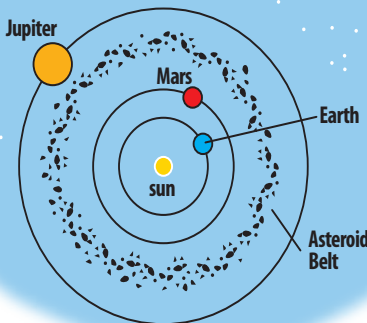
A meteoroid that enters Earth's atmosphere begins to vaporize, becoming a **meteor**.

If a meteor survives its flaming trip through our atmosphere and lands on Earth's surface, it is called a **meteorite**.

## Solar System Leftovers

Our solar system is made up of planets revolving around a sun. Strangely, between the planets Mars and Jupiter, there is gap large enough for another planet, but there is not a planet there.

Instead there are millions of asteroids – small and large rocks that scientists believe are the leftover rocks from when the solar system formed. This zone is called the **asteroid belt**.



## Blast from the Past

65 million years ago, dinosaurs had a really bad day. Scientists have a theory that a humongous asteroid hit the Earth. This event likely caused the end of dinosaurs and many other forms of life.

The asteroid that might have wiped out the dinosaurs was about 6 miles wide. The crash filled Earth's atmosphere with huge clouds of dust and debris that changed the planet's climate.

Circle every other letter to discover another name for meteors.

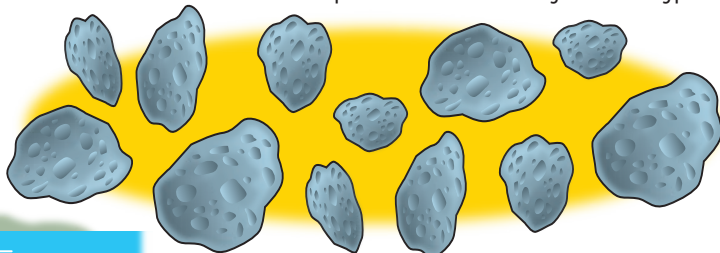
**A S B H F O L O N T V I M N Y G C S J T X A G R I S**

**S**

About 10,000 tons of this falls on Earth every day. Use the code to discover the answer.

▲	◆		◇	◀	■
▲	■	■			
▲ = D	■ = M	■ = R	= T		
◆ = E	◀ = O	■ = S	■ = U		

Each of these meteorites has an exact duplicate. Draw a line connecting each matching pair.



**Extra! Extra!**

## Synonym Search

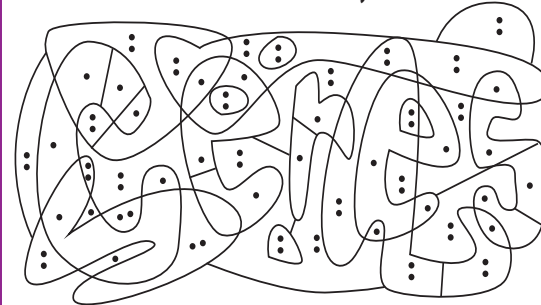
Cap and hat are **synonyms**. Large and huge are synonyms. Synonyms are different words that mean the same or almost the same thing. Look through the newspaper to find five examples of synonyms.

**Standards Link:** Research: Use the newspaper to locate information.

## Kid Scoop Puzzler

The largest asteroid in the asteroid belt is about 1/4 the size of the moon. It is so large that in 2006 it was decided it should be called a dwarf planet. This asteroid rotates very fast. One day on this asteroid is only 9 hours long. It takes it about five Earth years to orbit the sun.

To find out the name of this asteroid, color the spaces with one dot red and with two dots yellow.



## Double Double Word Search

- DINOSAURS
- HUMONGOUS
- METEORS
- ASTEROID
- HURLING
- SYSTEM
- ROCKS
- SPACE
- CERES
- SOLAR
- BELT
- STAR
- MARS
- SUN
- GAP

Find the words in the puzzle. How many of them can you find on this page?

S	D	G	N	I	L	T	R	U	H
U	I	S	L	S	O	L	A	R	O
O	N	U	E	S	K	R	S	T	I
G	O	N	N	R	A	C	R	S	P
N	S	A	S	T	E	R	O	I	D
O	A	P	S	A	C	C	E	R	M
M	U	A	A	B	E	L	T	E	A
U	R	G	R	C	O	C	E	K	R
H	S	Y	S	T	E	M	M	S	S

**Standards Link:** Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

## FROM THE Kid Scoop LESSON LIBRARY

## Space Trip Supplies

Look through the newspaper for 5 to 10 things you would want to take on a trip to space. Write a sentence explaining why you would take each item.

**Standards Link:** Research: Use the newspaper to locate information.



## Write On!



## Sell That Book

Send your story to:

Write an ad to sell your favorite book.

**Deadline:** August 4 **Published:** Week of Sept. 1  
Please include your school and grade.



# Sensational Salads

## ADD FRUITS, VEGGIES TO MEALS FOR PLANT-FORWARD NUTRITION

**A**dding more fruits and vegetables is one of the simplest ways to make at-home meals healthier for your family.

Focusing your plate on more of the good stuff – vegetables, fruits, whole grains, legumes, nuts, plant-based proteins, lean animal proteins and fish – can help you cut back on the not-so-good stuff, including refined carbohydrates, added sugars, processed meats, sodium and saturated and trans fats, according to the American Heart Association.

While some may think meat makes the meal and it can be part of an overall healthy eating pattern, a survey from Aramark, the largest U.S. based food service company, found many people want to ease up on meat consumption, and 2 out of 3 want to eat more fruits and vegetables. The company made sweeping changes to incorporate more plants into its menus, resulting in meals with fewer calories, less saturated fat and reduced sodium.

Punching up the plants on your plate can lead to better nutrition in your house, too. Try putting vegetables and fruits center-stage with these heart-healthy salads.

To help encourage healthier communities, the American Heart Association and Aramark have made it simple for you to learn better nutrition and lifestyle habits and to share that information. For more recipes, tips and resources, visit [heart.org/healthyforlife](http://heart.org/healthyforlife).

*Family Features*



### Tangy Kale Slaw with Cilantro and Honey

Recipe courtesy of Aramark  
Servings: 6

- 2 tablespoons red wine vinegar
- 1 tablespoon light mayonnaise
- 1 tablespoon honey
- 1 1/2 teaspoons cilantro leaves, washed and chopped
- 1 teaspoon lime juice
- 1/4 teaspoon kosher salt
- 1/8 teaspoon ground black pepper
- 2 cups kale leaves, washed, shredded and stems removed
- 1/2 cup red cabbage leaves, washed and shredded
- 1/2 cup carrot, trimmed and shredded
- 1/4 cup green onion, trimmed and thinly sliced

In bowl, combine vinegar, mayonnaise, honey, cilantro, lime juice, salt and pepper. Whisk until well blended.

Add kale, red cabbage, carrot and onion. Toss to coat.

Cover and keep chilled prior to serving.

**Nutritional information per serving:** 40 calories; 1 g protein; 1 g fiber.

### Simple Persian Salad

Recipe courtesy of the American Heart Association  
Servings: 4

- 2 medium cucumbers, seeded and diced
- 4 medium tomatoes, diced
- 1 medium red onion, diced
- 1/4 cup chopped fresh mint or parsley
- 2 tablespoons fat-free feta cheese, crumbled
- 2 medium limes, juice only
- 1 tablespoon extra-virgin olive oil
- 1/2 teaspoon black pepper

In bowl, stir cucumbers, tomatoes, onion, mint and feta. Cover and refrigerate 20 minutes.

In small bowl, whisk lime juice, oil and pepper until well blended.

Pour dressing over salad, tossing gently to coat.

**Nutritional information per serving:** 88 calories; 3 g protein; 3 g fiber.

