

INSIDE...
**2020 LARRY
 H. MILLER
 UTAH SUMMER
 GAMES
 CANCELED**



WEDNESDAY, MAY 20, 2020

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today

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LIFE

Remembering those who gave all in World War II



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IRON COUNTY

today

COVID-19 STRIKES GAMES



FOR THE FIRST TIME SINCE IT'S DEBUT IN 1986, the Utah Summer Games has been cancelled to help protect our athletes, supporters and communities.

STORY ON PAGE 3

Alzheimer's Association hosts Purple Happy Hour

from Mike **MILLER**

FOR IRON COUNTY TODAY

The Walk to End Alzheimer's is coming back to Cedar City this fall, and on May 28 from 4 to 6 p.m. the Alzheimer's Association is hosting a Purple Happy Hour at Elwood Staffing, 535 S. Main St., Suite 1, Cedar City, to register new teams for the September 19th Walk at Southern Utah University.

Guests who stop by the safe-distance outdoor event will learn details about the Walk and enjoy purple drinks and snacks, prizes, and giveaways. Captains of newly registered teams will also have a chance to win a free one-night stay at the Courtyard by Marriott in Cedar City.

"This disease does not slow down during COVID 19 and neither can we," said Mike Miller, Southern Utah regional manager for the Alzheimer's Association. "Across Utah we host eight walks that raise awareness and funds for Alzheimer's care, support and research, and this walk is very important

for Iron County residents" continued Miller. "People who register now become advocates for the cause and learn about resources they or their family and friends may need."

Desiree Anderson, chair for the Cedar City Walk to End Alzheimer's encourages representatives from businesses, churches, healthcare providers, schools, and families to attend the Purple Happy Hour so that they can register. There is no fee to participate in the walk and complete details will be provided at the Purple Happy Hour.

For more information contact Mike Miller, (435) 238-4998 or mjmillier@alz.org.

“*This disease does not slow down during COVID 19 and neither can we*”

» **Mike Miller, regional manager, Alzheimer's Association**

The Alzheimer's Association is the world's leading voluntary health organization in Alzheimer care, support and research. Our mission is to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support. Our vision is a world without Alzheimer's and all other dementia.™



NO CEDAR CITY MEMORIAL DAY OBSERVANCE

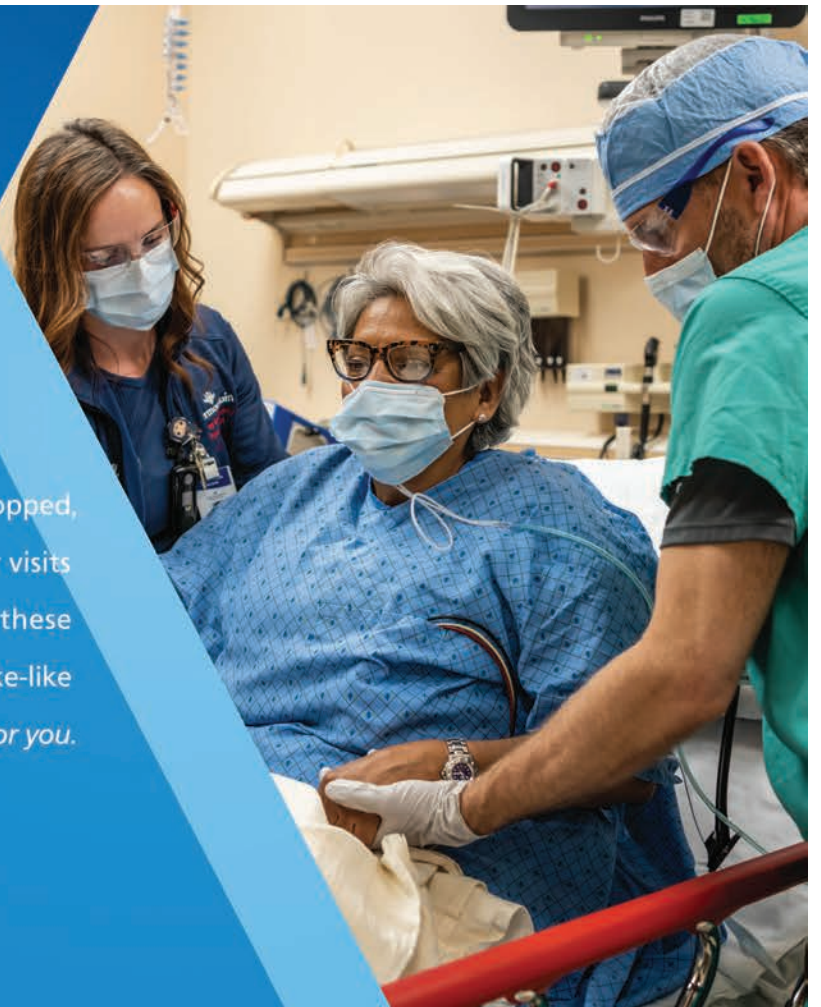
Due to the challenges and concerns of the Coronavirus, there will be no formal gathering at the Cedar City Cemetery in honor of Memorial Day. A nationwide moment of silence will be observed at 3:00pm local time. We are grateful for each of our fallen heroes and still honor them from within our homes and hearts this year and always.


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FILE PHOTO

2020 Larry H. Miller Utah Summer Games canceled

by David **BISHOP**

FOR IRON COUNTY TODAY

CEDAR CITY — Due to the ongoing impact of COVID-19, the 2020 Larry H. Miller Utah Summer Games has been canceled. Utah's current social distancing requirements prohibiting gatherings of more than 20 people make it impossible to hold the annual summer games scheduled June 1st - 21st. This includes the Opening Ceremonies originally scheduled for June 12. "Although we are deeply saddened by this decision, we feel that it is the best thing we can do for the health and safety of our athletes, spectators, and most importantly, our local communities, state and nation," said Pace Clarke, executive director of the Larry H. Miller Utah Summer Games. Since 1986, Southern Utah University and Cedar City have been host to the Utah Summer Games which averages nearly 10,000 participants and attracts more than 30,000 spectators.

"We know this is difficult news for athletes across the state and

for our local community," said SUU President Scott L Wyatt. "Cedar City is the most beautiful place to be in the summer and the community is so inviting. Our residents and local businesses help make the Utah Summer Games such an enjoyable experience for everyone involved.

"We feel that it is the best thing we can do for the health and safety of our athletes, spectators, and most importantly, our local communities, state and nation,"

» **Pace Clarke, executive director, USG**

We look forward to welcoming the athletes back next year." Athletes who have already registered for the 2020 games will receive a full refund. Participants need to email usg@suu.edu or call the main office at (435) 865-8421 for additional details.

"We want to encourage each of you to find new ways this year to embrace the mission and spirit of the Games by celebrating excellence in the human spirit and healthy lifestyles," said Clarke. "Whether it is by doing a service project in your local community, developing a new hobby

or skill, or being a more kind and compassionate person, we know as we do our best individually, we can have a significant impact for good that will help give strength to others in this trying time."

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OPINION

From the Editor

Heroes



**COREY
BAUMGARTNER**
MANAGING EDITOR

Next Monday is Memorial Day, a special day to honor military men and women who fought and died for our country and our freedoms. Even though we will not be able to celebrate Memorial Day properly this year, we can still observe the day by visiting cemeteries, memorials and/or

learning more about the heroes in our own family histories.

We can also wear a red poppy in remembrance of those fallen in war—a tradition that began with a World War I poem “In Flanders Fields” penned by Lieutenant Colonel John McCrae, in honor of his fallen friend Lieutenant Alexis Helmer. Flanders Fields was a major battleground during the war where at least a million soldiers from more than 50 different countries were wounded, missing or killed in action. Though composed during such overwhelming grief and the traumas of war, this powerful poem now helps bring a greater sense of purpose and peace as we observe the courage and sacrifice of those military men and women who gave their lives so we could live ours.

Which living includes a 3-day weekend providing many of us an opportunity to escape our own battlefields of work and life. Even though our sacrifices are not as great as those given on Flanders Fields, or upon any foreign and domestic lands, we still need breaks that include backyards and barbecues, friends and fishing.

No matter how you observe this coming Monday a special and national moment of remembrance will take place at 3:00 p.m. local time. I encourage each of us to take a moment and remember our fallen heroes.

Thought of the Week

from the desk of R. Gail Stahle, publisher

*“An hour of planning
can save you 10 hours
of doing.”*

» Dale Carnegie



To the Editor

An inconvenient pandemic

There is an “inconvenient” document that liberals, socialists, communists and even RINOs and their fellow travelers would like to see disappear. It is called “The Constitution.” It is alarming to see would-be despots such as certain Congress critters, Senators, mayors and the like relish illegally wielding powers over us peons. Ulterior motives? You bet! Depending on factors such as the integrity of pollsters, the way they pose questions and often the questions themselves are presented in such a manner as to conclude whatever the pollster desires. The constant bashing of the “freedom movement” characterizing its adherents as “flag waving dudes riding 4-wheelers” is a cheap shot as are the accusations that “they don’t have the right to infect the rest of us.”

It would be prudent to remember that, following World War One, in excess of 50,000,000 died from the “Spanish Flu”, more than all the deaths from the War itself. My paternal grandmother was a nurse and lived through it and told me at an early age that, whatever precautions and treatments were applied, at no time were people’s civil rights suppressed to the extent as is being done now. Two of my aunts

were nurses and there are 4 doctors in the family. My lady recently retired as charge nurse of a Pediatric Intensive Care in a Victoria, B. C. hospital. None of them are of the opinion that many of the stringent restrictions are necessary.

After serving in Vietnam I too, became a nurse. It is tragic that anyone should perish from an unseen disease. The death toll affects mostly the very young and the elderly. I am 71 years old and I do have concerns. There have always been periodic outbreaks of plagues and pestilence, and the lesson of history is that we will survive as a species. But a valid question is, will our freedoms survive?

Rick Warke

Submit your letter on our website ironcountytoday.com, or by emailing them to news@ironcountytoday.com or bring/mail them to 389 N 100 W, Cedar City, Utah 84721. All letters must be signed, be brief (generally under 300 words in length), list the author’s city and give the writer’s telephone number (phone number will not be printed). We reserve the right to edit all letters for length or content. For letters arriving electronically, we will use the author’s e-mail address in lieu of a signature.

OPINION

Addressing issues of vote-by-mail



Cyclops

by Bryan GRAY
COLUMNIST

The opinions stated in this article are solely those of the author and not of Iron County Today.

Thanks to Utah's embrace of vote-by-mail, voters will have a convenient method of electing state and legislative leaders in next month's Republican and Democrat primary elections. But it comes with a cost for those brave souls willing to run for public office.

Nationally, vote-by-mail has become a partisan issue with many Republicans opposed in the belief that the easy-voting method benefits Democrats. That is not true. Polls show that convenience slightly helps the GOP, and it certainly hasn't hurt the Republican super-majority in Utah.

What it does do is create a surge in voting. People who seldom found the time to drive to a neighborhood voting site on a Tuesday evening are now filling out the ballot on their kitchen counter. The increase will especially be seen in high-profile, highly-advertised campaigns like this June's Republican primary race between four viable and well-financed candidates (Huntsman, Cox, Hughes, and Wright).

But with a larger number of people voting, it

increases the costs for all candidates including the lesser-financed seekers for the state legislature and state school board.

Prior to vote-by-mail, candidates could scour the voting list and identify the most likely men and women who consistently turn out at the polls. The candidate could mail out postcards and brochures two weeks prior to the set voting day and, if needed send out a second mailing a few days prior to the election.

But vote-by-mail has significantly increased the cost. Not only is the election spread over a three-week span rather than a single voting day, but the number of people voting has often doubled. Some voters mark their ballots within

“ Polls show that convenience slightly helps the GOP, and it certainly hasn't hurt the Republican super-majority in Utah

a few days of receiving their mail, so candidates are encouraged to send out a mailer early. Other voters take a week or two to mark their choice, so candidates need to sway them again with a second piece. And since a close election will be decided by those who procrastinate until the final five days, it is imperative to send a piece then too.

More mailings and more addresses. No wonder between 2013 and 2016, statewide candidates combined to spend about \$25 million to get elected. That's chump change for the well-connected and well-heeled, but raises barriers for the "average citizen" who want to make a difference in a Utah House or school board race.

Due to vote-by-mail, local school board races can easily cost \$15,000 with Utah House candidates staring at a \$20,000 bill. Some cannot easily access the donations from heavy-hitting lobbyists/donors like Merit Medical or the Utah Association of Realtors. They don't know a guy like former Overstock.com CEO Patrick Byrne who almost single-handedly funded the 2016 campaign to unseat Gov. Gary Herbert.

Overall, vote-by-mail is a positive idea for democracy. The more people vote, the more they will have skin in the game. But if campaign costs keep credible men and women from appearing on the ballot, our government will increasingly be run by a well-funded elite class. And that is a downside of vote-by-mail.

Bookings

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty. For a juvenile the name is "(Male/Female) Juvenile Offender" and juvenile is of age less than 18 years.

MAY 11

KAYLEE B HELVIG-BUTLER
HOMELESS, CEDAR CITY, UT
Stopping or Sudden Decrease in Speed, No DL in Poss, Revoked/Susp Reg, Interlock Dev Req.

KEVIN W ANDERSON
CEDAR CITY, UT
DRUG - Poss C/S
Marijuana/Spice

MAY 12

SLOANE NEUMANN
CEDAR CITY, UT
DRUG - Use/Poss
Psychotoxic Chemicals

JOSEPH M PRICE
CEDAR CITY, UT
Retail Theft

MAY 14

THIJUAN K SIMPSON
PAHRUMP, NV
Drive Under Influence of Alcohol/Drugs (2nd Offense)

RONALD R BANCHERO
CEDAR CITY, UT
DRUG - Poss C/S
Marijuana/Spice, Poss Drug Paraphernalia

MICHAEL L BURTON
CEDAR CITY, UT
Probation/Parole Violation

MAY 16

CLAYTON W LANKFORD
ENOCH, UT

DUI of Alcohol w/BAC at or over .08

MIGEL A CERRITENO-CORRAL
HOMELESS, CEDAR CITY, UT
Assault, Unlawful Detention

MAY 17

LLOYD D PETERSEN
CEDAR CITY, UT
DUI of Alcohol w/BAC at or over .08, No Valid Lic - Expired, Speed Regulations

KASEY BLEVINS
CEDAR CITY, UT
Purch/Trans/Poss/Use of Firearm by Restr.

IRON COUNTY FORECAST
COOLER TEMPERATURES PREVAIL THROUGH THE END OF THE WEEK, AS THE AMPLIFICATION OF A TROUGH FILTERS IN MUCH COOLER AIR, THROUGH THE END OF THE WEEK. TEMPERATURES REBOUND BY THE WEEKEND, BUT STILL ONLY SEEING A SLIGHT CHANCE OF ANY PRECIP TO MAKE A DENT IN YOUR DROUGHT DEFICIT. WITH THE EXCEPTION OF S. IRON COUNTY, N. AND CENTRAL IRON COUNTY ARE IN THE DROUGHT CONCERN AREAS. WE GET WARMER BY NEXT WEEK!

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THURSDAY	Mostly Sunny 72°/42° PRECIP: 0% WINDS: W 8-12
FRIDAY	Sunny, Wind 74°/44° PRECIP: 0% WINDS: SSW 15-20
SATURDAY	Partly Cloudy 72°/44° PRECIP: 0% WINDS: W 10-15
SUNDAY	Mostly Sunny 74°/57° PRECIP: 0% WINDS: NW 8-12
MONDAY	Mostly Sunny 79°/52° PRECIP: 0% WINDS: WSW 8-12
TUESDAY	Mostly Sunny 85°/53° PRECIP: 0% WINDS: SW 10-15

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OPINION

Supercharge your immune system to combat illness – including COVID-19

from Dr. Nammy **PATEL, DDS**

WWW.SFGREENDENTIST.COM

As COVID-19 has spread around the world, data has shown that those with weakened immune systems are among the most susceptible to severe illness from the virus.

A number of factors can cause a compromised immune system, and some of those, such as smoking, alcohol consumption, and poor nutrition, are largely in our control. At the same time, there are ways people can improve their immune system and in the process be better able to fight COVID-19, says Dr. Nammy Patel, DDS (www.sfgreendentist.com), author of *Age With Style: Your Guide To A Youthful Smile & Healthy Living*.

“COVID-19 is going to be with us for a while,” Dr. Patel says. “We can wait around for a vaccine, but the reality is we need to focus on building our immune system, because the stronger it is, the better we are prepared to counter and get over any kind of virus.”

“This pandemic is a wakeup call in so many ways. A healthy lifestyle, reducing the chances of having an underlying condition that can make COVID-19 symptoms much worse, has gained added importance. And a strong immune system is our biggest ally. We need to take this time that we have as a society to slow down and focus on our well-being.”

Dr. Patel suggests these ways to build your immune system:

De-stress. “This is a very stressful time for all of us,” Dr. Patel says, “and stress is hard on the immune system. When your body perceives stress, the adrenal glands release the hormone cortisol, which causes your heart rate and your blood pressure to increase. When we’re hyper-stressed, our immune system’s ability to fight for us is reduced, and we’re more susceptible to infections. But to help yourself and your body, start with your mind and find ways to relax. We’re not

going to be in this predicament forever. Be patient and be positive.”

Boil a healing potion. Dr. Patel combines cinnamon, cardamom, black pepper, peppercorn, lemon, and sugar and brings it to a boil. “Drinking it on a daily basis, the properties from these spices activate your immune system,” she says. “Together they help your cellular function while detoxifying. It’s easy to do and ideal when working from home.”

Do morning breathing exercises. “Twenty minutes of breath work in the morning is time well spent,” Dr. Patel says. “Breathing through your nose is one of the most important things you can do for yourself. You are activating nitric oxide, all the hormones, and your immune system to get rid of all the bad bugs, whether it’s COVID-19, influenza or whatever.”

Cook with healthy spices. “Being home all the time takes away the fast-food excuse and makes it vital to cook clean,” Dr. Patel says.

“Try cooking with mustard seed, turmeric, chili pepper, Thai chilies. These are great at building antioxidants in our body and killing off bad bacteria.”

Exercise daily. “Don’t let social distancing guidelines prevent you from getting necessary fresh air and exercise,” Dr. Patel says. “Keep your distance, yes, but keep a commitment to stay fit. A 20-minute-or-more walk is ideal. That fresh air is filled with oxygen, the fuel we need to fight any bug. If indoors, yoga is great as a combination of activating the immune system and relaxing us internally. Doing 20 Surya Namaskars – yoga poses – in your own home will activate your good-feeling hormones.”

“You can really take some control back in this unprecedented time by doing all you can to strengthen your mind and your immune system,” Dr. Patel says. “As you feel healthier and less stressed, you’ll come to the realization that you’re going to come out of this challenge better and stronger.”

OP/
Ed

Romney lauds Utah's COVID-19 efforts

WASHINGTON — U.S. Senator Mitt Romney (R-UT) spoke on the Senate floor last week to highlight the efforts of Utahns who have served our state and country during the COVID-19 pandemic:

Countless Utahns have stepped up to serve our state and our country during the COVID-19 pandemic. Their actions are inspiring, and they help save lives. I rise today to recognize some of these great efforts.

I would prefer to name individuals and their particular circumstances, but because of the tens of thousands, even hundreds of thousands of people who have participated, I'm going to talk about groups and organizations.

Health care workers from our state traveled across our state and also across our country. Intermountain Healthcare deployed two 50-person response teams to New York City hospitals to help handle the surge of patients there. Physicians, nurses, respiratory therapists, and other health care professionals—they were there for weeks, often times 24-hour days.

In partnership with Intermountain, University of Utah Health has ramped up the state's lab services, medication trials, and its testing capacity, including the HERO project, which has tested more than 10,000 Utahns to assess the disease spread throughout the state. The university's Wellness Bus brought mobile testing to underserved areas across our state. Groups around campus are using 3-D printers to produce hundreds of face shields per day

for the health care community.

The businesses of Silicon Slopes have helped expand state testing efforts through the "Test Utah Challenge." Tens of thousands have been tested through this program.

The Utah Manufacturers Association, its membership and its businesses, have spearheaded the effort to provide a mask, free of charge, to every citizen of our state.

The World Trade Center Utah has partnered with my team to help make sure that local employers are able to access small business loans and other federal relief programs.

The Utah Food Bank is using mobile pantries to safely distribute food on a regular basis throughout the state, and teaming up with organizations like the Larry H. Miller Group to host state-wide food drives. The Utah Farm Bureau has purchased food from local farmers, and then helped distribute it to families in need.

Project Protect—in partnership with Intermountain, University of Utah Health, and Latter-day Saint Charities—have produced face shields, masks, and gowns for front-line caregivers throughout the state. To date, more than 30,000 volunteers have sewn more than three million masks.

Those are just some of the many extraordinary organizations and individuals that have come together to help their neighbors.

Our state's pioneering heritage is a big part of what makes Utah a model of what we can do when we work together as a community.

“ Our state's pioneering heritage is a big part of what makes Utah a model of what we can do when we work together as a community ”

» Sen. Mitt Romney



COURTESY OF SEN. MITT ROMNEY

SPORTING A MEDICAL MASK, SEN. MITT ROMNEY shares his support and gratitude for Utahns surviving and thriving together.

“Sew Your True Colors” campaign to benefit frontline healthcare workers

by Cordelle **MORRIS**

SOUTHWEST TECHNICAL COLLEGE

All of Utah’s institutions of higher education are coming together to support ProjectProtect, a grass-roots initiative that has a goal to produce 5 million medical-grade masks to address the national shortage of personal protective equipment.

The collaborative effort between University of Utah Health, Intermountain Healthcare, Latter-day Saint Charities, several Utah nonprofits, and tens of thousands of volunteer sewers across the state has already produced over 3 million masks to protect frontline health care workers during the COVID-19 pandemic.

Universities, colleges and technical colleges are rallying together to take the project across the finish line. They are launching a “Sew Your True Colors” campaign, asking their campus communities to sew masks using thread in the color of their institution. When frontline caregivers use these masks, they will know that Utah’s higher education community supports them.

“Southwest Technical College is providing support to these community partners that will have an immediate and significant positive impact in our region that has been hit hard by this unprecedented crisis,” said Brennan M. Wood, president Southwest Tech. “The entire Southwest Tech team is proud to be able to help make a difference in the fight against this virus.”

Volunteers can sign up starting today at ProjectProtect.health and then pick up their kits of 100 masks at one of six donation sites spanning from Harrisville to St. George. The kits contain all of the materials needed except for the thread. Sewing volunteers are encouraged, but not required, to use their school color and sew the school spirit into the mask. Masks will be returned on Saturday, May 30 at the same location as pickup.

Volunteers will need a sewing machine, thread, scissors and pins, but they do not need a high

level of sewing skills to produce these masks. Detailed instructions will be provided. Each kit will include 100 masks and, depending on the sewer’s level of experience, each mask should take five to 10 minutes to sew, for a total of 10 to 15 hours of sewing time over 11 days. Many volunteers have engaged their entire family to pin, cut and sew. Others have divided the 100 masks between neighbors, families and friends.

“I am overjoyed to see all higher education institutions in Utah coming together to support our medical workers on the front lines of the COVID-19 pandemic, including some of our very own alumni, in this time of great need,” said Harris H. Simmons, Chair of the USHE Board of Regents. “By working together, we can reach the goal of producing 5 million medical-grade pieces of PPE through this meaningful effort.”



You can help support local businesses
Let's rediscover our own backyard and help families in need.

Hello my Iron County friends,

On May 12th, the Shakespeare Festival and Utah Summer Games both cancelled their summer seasons. My heart goes out to the families whose livelihoods depend on these events and the people they bring to our community.

Our economy is fragile and one change can set a family back for years. Matt and I have usually been blessed with income from two jobs, but we have had tough times when we couldn't see the light at the end of the tunnel. When our daughter got hurt I was with her for 5 months in Salt Lake and Matt was laid off. In 2002 and 2003 the drought was so bad that we had to sell half of our herd and sent the rest to California for the summer. Even now, we don't know whether we will be able to sell our calves this year. In hard times, we have received so much help from friends, family, and God above.

At this time, many families who depend on tourism and events to make ends meet are going through one of the most uncertain times of their lives. For everybody whose finances and health allow, let's take this time to plan a staycation in Iron County this summer. Have a local restaurant cater a block party. Buy gifts at local retail shops instead of ordering online. Stay in a local hotel for a night away. Plan a day in a local town that you've been too busy to really visit.

We have so many things to do in our own backyard. Find ways to explore this summer and keep local families fed. If we band together we can pay this community's generosity forward.

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“ *By working together, we can reach the goal of producing 5 million medical-grade pieces of PPE through this meaningful effort.*”

» **Harris H. Simmons**

UTAH Legislative Update

Dear Friends and Neighbors,

I hope you all have had a good week and have enjoyed the beautiful spring weather. On May 15th the Utah Department of Health reported 163, 218 administered tests, 6,913 positive cases, 566 total hospitalizations, and 77 fatalities.

The Southwest Utah Public Health Department reported 200 total confirmed cases, including 13 new cases, 129 recovered, 5 currently hospitalized, and 3 fatalities.

This week, Governor Herbert announced that all areas of Utah, except for Grand, Summit, and Wasatch counties, Salt Lake City and West Valley City, will transition from the moderate (orange) risk to the low (yellow) risk phase of the Utah Leads Together plan. This is an exciting step forward.

This low-risk phase will:

- » No longer ask individuals to leave home infrequently.
- » Raise size limits for private social interactions from 20 to 50 people.
- » Allow team sports as long as there is frequent symptom checking and spectators are socially distant.
- » Relax some swimming pool guidelines.



SEN. EVAN VICKERS

UTAH SENATE DISTRICT 28

While most of the state will be considered a part of the low risk or (yellow) phase, high-risk individuals need to continue to take added precautions because they are more likely to suffer severe illness from COVID-19. Vulnerable populations still need to follow the high risk (red) phase protocols. More info can be found at www.coronavirus.utah.gov.

The Public Health and Economic Emergency Commission discussed the data driving recommendations to protect Utah's vulnerable populations and allow the state to carefully transition to lower risk statuses.

Highlights from the Commission's press conference include:

- » 99 percent of Utahns testing positive for COVID-19 are recovering.
- » 92 percent of individuals are able to recover at home.
- » 94 percent of fatalities have been either over 65, have had high-risk pre-existing health conditions, or both as defined by the Centers for Disease Control and Prevention (CDC).

The PPE Push Pack program, which provided small businesses with a week supply of PPE, has concluded. The state supplied 3,514 PPE push packs to small businesses throughout Utah. The final 874 push packs are currently out for delivery/pickup. The national guard provided 120 individuals to help assemble and distribute the packs.

As our state carefully transitions from the orange phase to the yellow phase, we must all remain committed to protecting high-risk individuals. Utah is using data to drive decisions that aim to protect the health and livelihood of all Utahns. I look forward to this new phase of the Utah Leads Together plan and believe we can overcome this virus as we continue to work together and utilize data.

I will be providing these COVID-19 updates from a legislative perspective weekly. I want to hear from you and get your feedback, thoughts and ideas on what's happening in our local communities. Please contact me anytime at evickers@le.utah.gov. Thank you.

Sincerely,

Evan Vickers, Utah State Senate

SINCE ITS DEBUT LAST FALL, HCI's Cancer Screening and Education Bus has provided mammography to more than 1,000 women, most of whom identify as low-income and underserved.



COURTESY PHOTO

Screening, education bus to support COVID-19 response

by Ashlee BRIGHT

FOR IRON COUNTY TODAY

SALT LAKE CITY — Huntsman Cancer Institute (HCI) at the University of Utah is deploying its Cancer Screening and Education Bus to assist with COVID-19 testing. The bus will target areas where rates of COVID-19 positive tests indicate a need for additional testing. This effort is in collaboration with University of Utah Health (U of U Health) and in coordination with local and community partners.

Since its debut last fall, HCI's Cancer Screening and Education Bus has provided mammography to more than 1,000 women, most of whom identify as low-income and underserved. Last month, HCI made the difficult decision to suspend routine cancer screenings, which included pausing mobile breast cancer screening. This decision was made to reduce the community spread of COVID-19, protect health care staff, and conserve personal protective resources.

Now, HCI is stepping up to assist in a unique way during this unprecedented time. The 45-foot-long mobile unit has been temporarily outfitted with special equipment to help with COVID-19 specimen processing and storage.

"We are honored to support these critical efforts and find new ways to serve our commu-

nity," said Don Milligan, MBA, executive director of HCI's cancer hospital at U of U Health.

"Redirecting some of our resources to better serve the immediate needs of individuals and families is the right thing to do at this unprecedented time. It extends our collective commitment to improving the health of all Utahns."

"University of Utah Health has established many COVID-19 testing locations with the goal of reaching as many residents as possible," said Richard Orlandi, MD, chief medical officer of ambulatory health for U of U Health. "We are grateful to Huntsman Cancer Institute, who for over two decades, has been a trusted partner in our community. We are excited to begin this new collaboration with a strategic approach to provide resources and testing to some of our most vulnerable communities."

Additional collaborators include ARUP Laboratories, the Utah Department of Health, the U of U's David Eccles School of Business, and U of U Health's Department of Family and Preventive Medicine.

People experiencing COVID-19 symptoms should call U of U Health's coronavirus hotline at 801-587-0712 for an initial phone screening. This call will determine if a patient should be evaluated by a health care professional using virtual urgent care or needs to be tested at one of U of U Health's testing sites.

Grifols needs donors recovered from COVID-19

from Polly **JOHNSON**

FOR IRON COUNTY TODAY

Grifols, a global healthcare company with a track record of more than 100 years and a recognized leader in the development and production of plasma-derived medicines, today announced it has begun identifying, screening and selecting volunteer donors who have recovered from COVID-19 to donate their plasma at Grifols Plasma Donor Center in the Cedar City, UT area and other U.S. cities.

The plasma will be used to produce a hyperimmune globulin that, if proven effective, could potentially treat the Coronavirus disease. This initiative is a result of a collaboration between Grifols, the U.S. Food and Drug Administration (FDA), the U.S. Biomedical Advanced Research Authority (BARDA), and other Federal health agencies.

Hyperimmune globulins are plasma derived-medicines that are effective in the treatment of severe acute infections. Through the concentration of antibodies from plasma collected from recovered COVID-19 individuals, the hyperimmune globulin can offer precise and consistent dosing with high purity, high potency and a strong safety profile that may help current patients' immune systems respond to the infection.

Grifols has decades of experience partnering with its thousands of regular plasma donors across the country through its industry-leading network of more than 250 FDA-approved centers dedicated to collecting plasma. The company specifically designed and constructed a building in Clayton,



GETTY IMAGES

N.C., for the processing of immune globulins to treat emerging infectious diseases that was already used during the last Ebola outbreak in Liberia. Thanks to that experience, Grifols acquired knowledge and expertise that today will help to expedite the product rapidly to clinical trial.

"For individuals who have recovered from COVID-19, donating plasma at one of Grifols' donor centers to produce a potential treatment for the disease is a way they can help make a difference during this exceptional time," said Dr. Marilyn Rosa-Bray, Grifols Chief Medical Officer and Vice President Quality, Regulatory Compliance & Laboratories. "This hyperimmune globulin would offer treating physicians a predictable and consistent dosing of the antibody against the virus that causes COVID-19."

Grifols is acting with urgency in this global crisis and volunteering its expertise and resources to the project. The resulting anti-SARS-CoV-2 hyperimmune globulin will then undergo controlled clinical trials with the National Institutes of

Health (NIH) to evaluate its safety and efficacy as a viable treatment for COVID-19.

Grifols is collecting convalescent plasma from potential donors in more than 100 cities across the country that have had a high number of COVID-19 cases, including Cedar City and the surrounding area. More COVID-19 donation locations will be announced in the near future.

Recovered COVID-19 individuals interested in donating should call 1-866-END-CV19 where trained Grifols specialists will prescreen potential donors and direct them to their local Grifols plasma donor center. Interested donors must have a diagnosis made with a test (nasal swab or blood) and complete resolution of COVID-19 symptoms at least 28 days prior to donation, or complete resolution of symptoms at least 14 days prior to donation along with a negative molecular test for COVID-19, as well as meet our routine eligibility criteria for normal source plasma donation. To learn more visit www.grifolspasma.com.

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Let's Play Music

from Kathy **WELLS**

FOR IRON COUNTY TODAY

In the Let's Play Music program children learn effectively through play! Peek into any of our classes and you'll see jumping, singing, skipping, storytelling, and laughing! We understand that a child has to be physically involved in the learning process, so we use the eyes, ears, hands and full body movement to learn concepts usually taught on paper. We also know that children enjoy learning in a peer group setting.

The synergy of a Let's Play Music class naturally encourages children to participate and to excel. Children will learn advanced concepts and skills using age-appropriate methods! In Cedar City/Enoch there are four licensed Let's Play Music teachers! One is sure to be close by your location.

Jamie Petersen teaches near the Aquatic Center (435) 559-1115 and also teaches Presto. Sabrina Lytle in Enoch (775)-544-6322, Crystal Balsler in Enoch (801) 599-

7981 and Kathy Wells, who teaches near the SUU farms (435) 477-6816, also teaches Presto.

Here is a description of the classes taught here in our amazing town.

Let's Play Music: (ages 4-7)

First Year – We use engaging games and songs and incorporate Tone Bells to teach staff awareness and rhythm reading skills.

Second Year – We transfer these skills to playing the piano where children also learn chord notation, intervals, and harmonic improvisation.

Third Year – Students are playing piano at level 1-2, transposing music, composing their own music, sight-reading music, and are prepared for further private piano instructions.



Sound Beginnings: (Ages 0-4)

A family music class for children and a parent or caregiver. By providing a solid music and preschool foundation, Sound Beginnings prepares students for success in Let's Play Music and Kindergarten. Classes include singing, movement, instrument play, nursery rhymes, games, stories, and ear training activities. The curriculum is organized into six non-sequential semesters (15 lessons per semester). Each semester explores musical and kindergarten skills such as in-tune singing, keeping the beat, counting, colors, name recognition, telling time, and much more! Attending Sound Beginnings with your young child will strengthen your relationship. In class, purposeful play, eye contact, partner activities, and generational nostalgia develop the highly significant parent-child bond.

Presto: (Ages 7 to 12)

New in 2018, this is a two-year (30 lessons per year) beginning piano course that teaches all of the skills of Let's Play Music. Because students are older and have more developed dexterity, we have added heavy emphasis on proper piano technique and repertoire.

First Year – Students use the piano as their primary instrument from the very first lesson. We use age-appropriate songs with catchy beats and appealing games to teach music literacy, ear training, improvisation, music history (Middle Ages-Classical Era), piano technique, and classical music.

CHILDREN'S MUSIC PROGRAM GROWING IN CEDAR, ENOCH



WHETHER HARMONIZING WITH AN ENSEMBLE, OR GOING SOLO, music strikes a major chord with many as their key to measured success and adds harmony that helps make life a little more dolce.

Second Year – Students are playing piano at level 1-3, transposing, composing their own music, sight reading, learning music history (Romantic Era-20th Century), and advanced rhythm introduction.

Class tuition: Sound Beginnings: \$120 per semester – There are fifteen 30 minutes classes for parent and child. Let's Play Music \$45-55/month depending on the year of the student. Classes are 45-60 minutes (determined by year). Presto \$100/month for fifteen 60-minute classes.

Materials will be purchased at time of enrollment and classes will start in mid-August to mid-September!

COOKING IN THE TIME OF COVID-19

by Mary Anne **ANDERSEN**

CEDAR CITY ARTS COUNCIL

As of this writing, there is no yeast in all of Cedar City. I mean, no yeast in any of the grocery stores. I took my life in my hands and visited three markets—wearing a mask, gloves, and not touching anything—to buy some yeast, because I was in the mood to make bread. I don't make bread very often, but I have a recipe for some oatmeal-molasses bread from the cookbook of a Zagat-rated restaurant in Boulder, Utah, and it is really good and I decided I wanted to try it again. (The last time I made it, I forgot to turn the oven down part way into the baking time, and badly burned the top of the loaves. I cut the burned parts off, but was left with a piece of bread about the size of a TV remote. It looked like having ladyfingers for breakfast.)

Fortunately, my neighbor, who makes wonderful rolls, had some yeast and I was able to make and knead good dough, which is therapeutic in itself, let alone the great product that results. I have read and heard that people are doing a lot of cooking these days, especially baking, to fulfill a creative need, pass the long days with children, and incidentally save money



since they can't eat out. Obviously, it's true; there's no yeast.

I like to cook, or maybe I should say I like the food I make. My relationship with food has not been an especially healthy one, but I have hit upon a food-creation plan that works for our small household now. I cook on Saturdays, making two entrees that we eat during the week: soup in the cold months, salad in the warm, and the occasional casserole or macaroni and cheese. (I have a man who eats leftovers.) I don't gild the lily when it comes to vegetables; raw or steamed is better than fancy, and fruit is on our plates three times a day. We eat out rarely, so my cooking habits have not changed much with our new restrictions.

But most people are cooking more and I think it is generally a good thing. However, I know a person who is systematically working her way through the Williams-Sonoma dessert cookbook. I don't recommend that. And I know another who is supplementing her home-cooked meals with trips to the corn-dog truck that is in her neighborhood once a week. That's not my thing, either, but these days something like that is what you might look forward to all day. So, okay.

“ My relationship with food has not been an especially healthy one, but I have hit upon a food-creation plan that works for our small household now.

There is another alternative to drive-thru or cooking at home: the so-called dinner-in-a-box, where you order ready-made meals that require just heating after delivery to your home. I saw a review of HelloFresh, which offers Korean beef tacos—at over \$10.00 per person per meal. The review was good, but most can't do that every day!

My home currently smells like baked beans—healthful, easy, and cheap. I'm hungry.

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by Shary **BARUFFI**

IRON COUNTY TODAY

May is Foster Care Awareness Month and this is a great time to acknowledge that everyone of us can play a part in enriching the lives of youth in foster care. This is also a wonderful time to recognize those in our community that are making a beautiful difference in the lives of these children.

Bethany Ross is Iron County's Foster Mother of 2020. Bethany Ross has been a foster mom for two years. In these two years she has fostered four children. She and her husband also have three biological children ages 13, 10, and 7. "I would not be able to do this without the love and support of my husband and three wonderful children," says Bethany. "Foster care has been given a bad rep in the media and in movies

“ Being a part of these babies' lives and seeing them grow has been a beautiful thing for my family”

» **Bethany Ross**

but it's really a beautiful thing. Being a part of these babies' lives and seeing them grow has been a beautiful thing for my family. It has really helped us grow and become closer; we love being a foster family.”

Bethany speaks fondly of her experiences working with Utah Foster Care, “The successes and failures of the biological parents are your successes and failures. Working with the team at Utah Foster Care has been a wonderful experience, many of them have been foster parents as well so their expertise has been very helpful in many rough situations.”

According to Utahfostercare.org, in Utah alone more than 2,900 children are in foster care at any given time. If you are interested in being a foster parent visit their website for more information, utahfostercare.org.

IRON COUNTY'S 2020 Foster Mother OF THE Year



BETHANY ROSS AND HER FAMILY NOT ONLY LOVE AND SUPPORT EACH OTHER but share that love with every foster child they welcome into their hearts and home.

HOA'S (PART 2)

GOVERNMENT! WHAT KIND OF GOVERNMENT?

by Edy **MEREDITH**

FOR IRON COUNTY TODAY

I am reminded of the famous quote, “The Government is best that governs least.” It is attributed to Henry David Thoreau, a famous iconoclast who wrote it in his 1849 essay “Resistance to Civil Government.” Thoreau was borrowing the quote from John O’Sullivan, another deep thinker who warned against the danger of governments becoming despots because of the human tendency toward tyranny when one group imposes upon another in abuse of power.

Government designed to protect the rights of citizens:

The U.S. founders struggled to write a constitution that would not allow any segment of government to unrighteously impose upon its citizens, and therefore they added the Bill of Rights to the United States Constitution. However, contract law allows individuals to voluntarily enter into contracts that may subordinate their natural rights in order to attain other purposes such as buying a home in a community that is well regulated and maintained as long as no deception is involved. Home Owners Associations (HOA’s) primarily began for that purpose with the thought that services (gardening, snow removal, repairs of common property, legal etc.) and keeping out the riffraff could be accomplished cooperatively as a group in a more efficient and economical way along with requiring individuals member’s to pay monthly dues to the HOA for such services.

Caution:

Before buying a home in an HOA, the buyer needs to know how the HOA regulates its owner/members with a series of documents called: 1) “Declarations of Covenants, Easements, Conditions, and Restrictions or CC&R’s”, 2) By-laws of HOA, and 3) CC&R amendments. The above documents I have looked at consisted of 60 pages of detailed legalese although they may differ in different HOA’s. If you are an attorney or hire an attorney to help you, you may be able to understand the documents. Don’t expect any real help from your real estate agent. The old adage of “buyer beware” applies here. The documents will limit owners’ choices. Most HOA’s are incorporated and subject to state statutes that govern non-profits. However, federal, state, county, and city oversight is minimal.

Ethics:

HOA’s are governed by a board of directors which hopefully makes positive decisions in managing the HOA’s finances, enforcing the governing documents, and protecting physical property and other assets. The directors have a fiduciary duty to the property owners, and violation of that duty can result in liability for individual directors. An HOA will often adopt a code of ethics for the

board members to ensure that board members act ethically and fairly in fulfilling their responsibilities. Please check to see if the particular HOA you are looking at has a code of ethics for Board members.

Problems and Consequences:

On Facebook there is a group called “HOA Nightmares” which details many serious HOA problems across the country, and I suggest that everyone look at that Facebook group. While HOA’s as a cooperative group is a wonderful idea, the application of the idea has proven to be much more difficult. There is a growing national movement against HOA’s in their current configuration. Mr. Rogers, an American Icon, perhaps did not adequately prepare us for some of the issues and people we would encounter in our neighborhoods.

We will delve more deeply into these facts in the next article “HOA’s Part 3” next week. Please feel free to write to the editor with any input you have about this.



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Ultimate

Veterans Park in Cedar City has a monument with 38 names of men who gave all during World War II. Utah newspapers, especially the Iron County Record and the Parowan Times, give some details of these brave men and their service. Each of us should be ever grateful for their sacrifices so that we may live better and freer lives here in Iron County and beyond.

REMEMBERING THOSE WHO

Claude Adams, 20, Paragonah, was killed in action at Pelielu Island in the Pacific. He was reported missing in action in November 1944.

Bryce A. Albertson, 22, Cedar City, was killed in action 4 January 1945 in France. Sergeant Albertson began military service 8 December 1942.

Carl B. Bayles, 22, Parowan, died of meningitis in February 1944 at Camp Barkeley, Texas. He had been inducted into the army 3 January 1944.

Keith Bettridge, 26, Parowan, died at a Veterans Hospital following an operation in February 1947. Sergeant Bettridge served with a tank cannon crew in the South Pacific for nearly two years, including combat action in the Marshall Islands and Saipan. He suffered a severe back injury while lifting during his service.

Norris L. Bradfield, 30, Cedar City, was killed in a tank battle in Normandy, France on 13 July 1944. He enlisted in March 1940 and was assigned to the Tank Corps.

Robert N. Bulloch, 25, Cedar City, died in a collision of two B-17 aircraft during a training mission over Oklahoma on 12 February 1944.

Ernest A Caldwell. No information was found about him in Utah newspapers.

Fenton M. Dalley, 25, Cedar City, was the pilot of a B-25 Mitchell bomber lost over Italy on 14 April 1944. He left Cedar City in March 1941 with the National Guard and served as a radio technician prior to becoming a pilot.

Otto Keith Dalley, 20, Summit, was killed in action in Germany on 3 February 1945. He began his military service after graduating from high school.

Harold Davis, 23, Cedar City, was killed in action 21 February 1945 in France. He was a member of the Cedar City National Guard unit that was mobilized in March 1941. He transferred to an infantry unit of the US Seventh Army in January 1945.

Leo Esplin, 20, Cedar City, was killed in action on Luzon, Philippines, 9 April 1945. He began military service in August 1944.

Chadwick Fife, a 1943 graduate of Cedar City High School, was killed in action in Germany on 28 October 1944. He began military service July 1943 and served in the infantry of the American First Army.

Austin L. Halterman, 26, Parowan, died in the sinking of the Japanese prison ship Arisan Maru in the South China Sea on 24 October, 1944. Private Halterman joined the Army Air Corps in January 1941 and arrived in the Philippines in October 1941. He was taken prisoner after the fall of the Philippines to the Japanese.

Verl H. Hilton, 22, Hinkley, Utah, died in a navy plane crash near Jacksonville, Florida in February 1943. Ensign Hilton attended the Branch Agricultural College in Cedar City.

Neuman Houchen, 20, Cedar City, was lost with the crew of the submarine USS Scamp on patrol in Tokyo Bay in December 1944. He began service with the Navy in March 1943.

Leonard E. Hulet, 25, Parowan, a glider pilot, was killed in action 24 March, 1945 during Operation Varsity (crossing the Rhine River in Germany).

Frank Hunter, 28, Cedar City, a B-17 pilot shot down over Italy on 22 July 1943. Initially listed as missing in action, it was later determined that he died in the incident. He enlisted in the Army Air Corps in January 1942.

Earl D. Hyatt, 18, Parowan, was killed in action on 5 March 1945 at Iwo Jima. He was a member of the Third Marine Division that went ashore on Iwo on 28 February, 1945.

Lamar Lambeth, 22, Cedar City, killed in action at Saipan in the Mariana Islands on 22 June 1944. He was a member of the Cedar City National Guard unit which deployed in March 1941, and later transferred to a communications division.

Golden Lang, 25, Cedar City, died in an air collision of two bombers over Tennessee on 26 April 1945. A member of the Cedar City National Guard unit that was deployed in March 1941, he transferred to the Army Air Corps. He completed 30 combat missions in Europe flying a Liberator Bomber prior to returning to the U.S.

Merrill Laub, 22, Enterprise, died 16 October 1944 from wounds suffered in the Philippines. He and his brother loved horses and served together in a cavalry unit.

Eugene Lowder, 34, Parowan, a member of an engineering unit, died in an accident involving a light crane on 25 November 1943 in Tunisia.

Douglas McMullin, 23, Cedar City, was lost with the cruiser USS Houston on 28 February 1942. He began his service with the Navy in July 1940.

Jack W. Moore, 28, Parowan, was killed in action in Germany on 27 March 1945. He began service in the army in 1936.

Milo C. Mortensen, 30, Parowan. Reported to be the first man from Iron County to enter the army under the selective service act in November 1940, he was part of an Army Ranger unit that freed over 500 Prisoners of War at Cabanatuan in the Philippines. He died from wounds on 31 March, 1945 in Luzon, Philippines.

Dean Harris Nelson, a 1942 graduate of Cedar City High School, served with his twin brother in an engineering unit. He was killed in action 3 November 1944 in the Philippines.

J. Quinton Page, Parowan, was killed in a torpedo attack on the USS LST 342 on 18 July 1943 in the Solomon Sea. He enlisted in the Navy in August 1942.

Brian E. Pendleton, 19, Parowan, killed in action 17 June 1945 at Okinawa. Member of the Sixth Marine Division which had been part of the initial invasion of Okinawa on 1 April 1945.

M. Arthur Peterson, 28, Parowan, was killed in action 25 May 1945 at Okinawa. He entered military service 21 October 1941.

Elmo W. Platt, 19, Kanarrville, was killed in action on 3 March 1945 at Iwo Jima. He joined the Marines on his 18th birthday in December 1943.

Clair Richards, 20, Parowan, died of accidental carbon monoxide poisoning in Parowan in December 1942. He had enlisted in the navy and was awaiting a call for active duty.

Lyle Walter Robb, 22, Paragonah, was killed in action 14 March 1945 on Luzon, Philippines. He was flying a P-38 on a special mission when he lost his life.

John Seaman, 21, Cedar City, was killed in action 31 December 1944. He was part of a heavy gun unit of the infantry fighting in Belgium.

Kent L. Skougard, 19, Parowan, took his own life by hanging while in the Cedar City jail. He was on furlough from the military and had been arrested while intoxicated.

Lester E. Smith, 23, Cedar City, was killed in action 26 October 1944 in Belgium. He entered military service in December 1942.

James Thompson, 23, Cedar City, died in a plane crash at Ellington Field, Texas on 16 January 1944. He entered military service in November of 1941.

Dewey A. Topham, 26, Paragonah, died 24 June 1945 in a hospital in France from complications following pneumonia. He had been held in a German POW camp from December 1944 until the camp was liberated on 13 April 1945. He was part of a reconnaissance division of the mechanized cavalry of the First Army.

Mark J. Wilcock, 20, Parowan, was killed in action 9 October 1944 in Italy. He entered the army 9 February 1943 and served in the infantry.

from
JOH
FOR
COU
TOU

THESE G

CLAUDE
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CARL B
KEITH B
NORRIS L
ROBERT N
ERNEST A
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VERL H
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ELMO W
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LESTER
JAMES T
DEWEY A
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WORLD

The Second World War was a conflict that lasted for four years and most widespread. It involved the world's economic mobilization and women.

The Second World War was a conflict that lasted for four years and most widespread. It involved the world's economic mobilization and women.

Sacrifice

GAVE ALL IN WORLD WAR II

True Patriots of the Land

by K.W. WELLS

*Between the glare of distant bombs
And the dark that surrounds the light
Stands the silhouette of a man
Fearing the danger in the night*

*Who is this man, why is he there
Alone, bewildered, and confused
For what reason a life impaired
And possibly that life to lose*

*Throughout the night the battle grows
And approaches nigh unto him
Bravely this soldier stands his watch
Fearing an outcome oh so grim*

*If only he could make it back
To the company of his friends
It would not seem as sad for him
For his time on this earth to end*

*But with the battle all around
There's no direction he can go
So there, all alone, must he stay
With a heart so heavy and low*

*Remembering back to his youth
And the family he left behind
The tear he sheds is bitter-sweet
As loved one's picture in his mind*

*But then knew he his time was up
And no hope for him did remain
The enemy him had just found
And their bullets on him did rain*

*All alone with a fearful heart
But so bravely stood he his ground
Only did the enemy know
The great courage in him they found*

*Like many good men before him
For our freedom bravely he fought
Their lives lost for liberty won
The high price our freedom had brought*

*Only one of many to die
Why died he before another
For this young man so sorely missed
Was my mother's older brother*

*Surely now in heaven is he
And there with so many others
No more to fight an enemy
For all soldiers there are brothers*

*For all of those that bravely fell
As true patriots of the land
How great the love in memory
From all patriots yet that stand*

*War is such a terrible thing
With its battles both great and small
What deep suffering it does bring
When the valiant and brave do fall*

*Many lives lost for freedom's sake
With broken hearts throughout the land
But no force our liberty take
Without brave men taking a stand*

*No World War America lost
In all its history to date
But what high price freedom has cost
So many sons, fathers, and mates*

*Each Great War had a helping hand
By our belief, "IN GOD WE TRUST"
Oh, pray such faith stay in our land
For even faith, like steel, can rust.*

Jay
JONES

IRON
COUNTY
DAY

GAVE ALL

ADAMS
ALBERTSON
BAYLES
BRADFIELD
BULLOCH
CALDWELL
M. DALLEY
DALLEY
D. DAVIS
SPRIN
RICK FIFE
WALTERMAN
HILTON
HOUGHEN
E. HULLET
HUNTER
HYATT
LAMBETH
N. LANG
L. LAUB
LOWDER
MCMULLEN
MOORE
ORTENSEN
RIS NELSON
ON PAGE
ENDLETON
PETERSON
FLATT
RICHARDS
TER ROBB
TEAMAN
KOUKARD
E. SMITH
TOMPSON
TOPHAM
WILCOCK

WAR II

War was a global
from 1939 to 1945. It
includes including: The
British Empire, and The
the Axis Nations of:
Imperial Japan, and Facist

War was the largest
war in human history.
It involved military and
the deaths of millions of men

"True Patriots of the Land" was written in 1992 at my mother's request in memory of her older brother, Jesse James Rhoden. My uncle Jesse had died (at the age of 24) in the summer of 1944 in New Guinea during the Second World War. He had died two years before I was born. I did not know how he died. So, when I wrote this poem, I wrote it in memory of all who had died, in unknown ways, during all the battles of our many wars. No matter how they died, they (to me) were all "true patriots" of the land.

CALENDAR

Support Groups

ALCOHOLICS ANONYMOUS

(877) 865-5890 • www.utahaa.org

Meetings are at the KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Steps and Traditions • M – Su, 7 am

Speaking From The Heart • M – Sa, Noon

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

T.G.I.S.S. (Thank God it's Sunday Spiritual) • Sun, 11 am

My Story • Sat, 8 pm

What a Way to Start the Day • Su, M, W, F,

7-8 am, Th 7 pm • Fellowship Building, 70 N

200 W, Cedar City (behind St. Jude's)

Red Road to Sobriety • Mon, 6 pm Paiute Indian Tribe of Utah, 440 N Paiute (435) 586-1112 Ext. 307

Lunch Bunch • T, Th, Noon, Cedar Bowling Alley, 421 E Highway 91, (435) 586-1383

Red Creek Group • Wed, 7 pm

Parowan Senior Center

685 N 300 E • (435) 477-8925

AL-ANON

Meetings are at the KKCB Club

(203 E. Cobblecreek Dr, Cedar City)

unless otherwise listed

Easy Does It • Tues, 7-8 pm

Community Presbyterian Church, 2279 N.

Wedgewood, Cedar City. (435) 559-3333

Al-Anon • 1st, 3rd Tues, 7-8 pm, Parowan

Senior Center, 685 N 300 E (435) 477-8925

Hope for Today (Family Groups)

Thurs, 6 pm • (435) 559-3333

NARCOTICS ANONYMOUS

www.nasouthernutah.org • (435) 635-9603

Most classes meet at 203 E Cobblecreek Dr, unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm

Live and Let Live • Fri, 8 pm

Candle Light Meeting • Sat, 9:30 pm

(Small room)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm

The Meeting Hall, 1067 S Main St, Cedar

(877) 865-5890.

SEX ANONYMOUS

Wed, 6 pm • 203 E. Cobblecreek Dr, Cedar

City • (877) 865-5890

ALZHEIMER'S CAREGIVER

Online Meetings: 2nd Fri, 5:30 pm

4th Tues, 5:30 pm • RSVP to mjmillar@alz.org

or (435) 238-4998 x8773

PARKINSON'S

2nd Thurs, 3 pm • Cedar City Library (West

Room), 303 N 100 E

CAREGIVERS

1st Tues, Noon • Five County Aging Offices,

585 N Main St, Ste. 1, Cedar City

ARP—ADDICTION RECOVERY

1st Wed, 7 pm • Parowan Seminary

building, Main & 300 N, Parowan

SENIOR BLIND/VISUALLY IMPAIRED

3rd Thurs, 1:30 pm • Cedar City Library 303

N 100 E

NAMI BRIDGES & FAMILY TO FAMILY

Thurs, 7 pm • Southwest Behavioral Health

Center, 245 E 680 S, Cedar City Free • (435)

590-7749 or (435) 590-0880

PREGNANCY, INFANT LOSS

1st Wed, 7:30 pm • Share Families of So. Utah

• 565 N Main Street, Ste. 6, Cedar City

www.southernutahshare.com

MULTIPLE SCLEROSIS

3rd Thurs, 6-8 pm • Cedar City Visitor's Center

(581 N Main) For both caregivers and those

with MS. No age limit.

Service Clubs

LION'S CLUB

Tues, 12 pm • Call Shanda for location and activity. Everyone welcome! (702) 480-3238

ROTARY CLUB

Tues, 12:15 • Southwest Tech
757 W 800 S, Cedar City • (702) 865-7637

MARINE CORPS LEAGUE

Detachment 1315, 2nd Wed, 6 pm
Elks Lodge, 111 E 200 N, Cedar City.

AMERICAN LEGION AUX

3rd Wed, 6 pm, Cedar City Library
303 N 100 E, American Legion Conf.

Room • (435) 704-6654

BIKERS AGAINST CHILD ABUSE

B.A.C.A. Color Country Chapter Meeting
1st Thurs 7 pm • 593 N 1450 W, Cedar

City. Helpline: 435-559-4505

Classes/Activities

ADULT BARRE/MODERN DANCE

Wed, 11 am-noon, Spirit Wellness Club,
1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

ARTHRITIS FOUNDATIONS EXERCISE

Wed, 1 pm, Cedar City Senior Center
489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

AWANA BIBLE CLUB

7th-12th grade, Mon, 6:30 pm
Preschool-6th grade, Wed, 6:30 pm
Valley Bible Church, 4780 N Hwy 91,
Cedar City • (435) 586-0253 or (435) 990-1638

BOOK CLUB

2nd Thurs, 7 pm • Cedar City Library 303 N
100 E. This month we will discuss "The Soul of an Octopus" by Sy Montgomery

CEDAR CHEST QUILTERS' GUILD

Thurs, 10 am • Cedar City Senior Center
489 E 200 S • (435) 586-0832

CEDAR CITY RADIO CONTROL CLUB

4th Thurs, 7 pm • Cedar City Library
303 N 100 E.

CEDAR CITY TOASTMASTERS

Thurs, 7 am • The Pastry Pub
86 W University Blvd. Find your voice & shape your future. Be the leader and speaker you want to be. (603) 731-0116

CEDAR PROFESSIONALS

Tues, 7:30 am • Springhill Suites, 1477 S
Highway 91, Cedar City. An organization of business people. Stimulate business for members through exchange of ideas, information and business referrals.
www.cedarprofessionals.org

COLOR COUNTRY WINDS

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

COLOR COUNTRY PICKLEBALL

M-F, 7-10 am • 155 E 400 S (Cedar Stake Center). Paddles & balls supplied.
(435) 586-6345

COMMUNITY MINDFULNESS & MEDITATIONS

Sun 4 pm • St. Jude's Episcopal Church,
95 N 200 W, Cedar City • 435-590-4092.
Free guided meditations. Open to public.

Government

IRON COUNTY COMMISSION

2nd & 4th Mon, 9 am
Commission Chambers
68 S 100 E, Parowan.

CEDAR CITY COUNCIL

Wed (except 5th), 5:30 pm • City Hall
10 N. Main St (435) 586-2950

ENOCH PLANNING COMMISSION

2nd & 4th Tues, 5:30 pm • City Hall
900 E Midvalley Rd • (435) 586-1119

ENOCH CITY COUNCIL

1st & 3rd Wed, 6 pm • City Hall
900 E Midvalley Rd • (435) 586-1119

PAROWAN CITY COUNCIL

2nd & 4th Thurs, 6 pm • City Hall
35 E 100 N • (435) 477-3331

DUE TO THE COMMUNITY'S RESPONSIBILITY to help prevent the potential spread of the Coronavirus (COVID-19), please check with the event and activity sponsors to make sure that the event is still taking place. Everyone's patience is greatly appreciated during this trying time.

WEDNESDAY, MAY 20

BE A MILLIONAIRE DAY

1927 – CHARLES LINDBERGH WHO MANY CALLED THE "FLYING FOOL" set off from Roosevelt Field in Long Island, NY, flying the "Spirit of St. Louis" on an epic flight from New York to Paris and is a milestone in flying aviation history. His plane A Ryan is expected to travel up to 125 MPH as the fuel load decreases. He completed the 33-hour, 30-minute flight and landed at Le Bourget Airport, Paris on the evening of 21 May. (thepeoplehistory.com)

THURSDAY, MAY 21

MEMO DAY



1924: THE OLD FLINTLOCK MUSKET OF ROBINSON CRUSOE believed to be the authentic musket owned by Alexander Selkirk who was stranded on Juan Fernandez island for 4 years and which inspired Defoe's celebrated story (Robinson Crusoe) was sold at auction for 250 pounds sterling in London. (thepeoplehistory.com)

FRIDAY, MAY 22

VANILLA PUDDING DAY

CARE AND SHARE FREE COMMUNITY MOBILE PANTRY – 11 AM (please do not line-up early) in the parking lot of the Cedar City Library. No application. No qualifications. Low exposure, drive-thru service. We will load your groceries into your vehicle. Need food now? Don't wait. Visit <https://www.careandshare-ut.org/programs-services/online-appointment/> and make an appointment for another day. #CedarCityGotThis
PAROWAN FRIDAY NIGHTS CRUISING – 7 PM. Jump in your truck or pull up a chair! Come see your friends from a distance. Everyone is invited to dress up, or decorate your car and come have fun the old school way! For information call (435) 477-8190.

FIDDLERS FUN CENTER DRIVE-IN MOVIE – 8:45 PM, Fiddlers Fun Center (170 E Fiddlers Canyon Rd, Cedar City), admission is FREE. Concessions will be available for purchase. Bring the family from 4 PM – 8 PM for Inflatables, music, food and more! Unlimited Funtime Inflatable rides, \$10 per person. Tonight's feature will be a classic so bring the whole family for a good old fashion drive-in.

CALENDAR

SATURDAY, MAY 23

TAFFY DAY

CEDAR CITY YEAR-ROUND DOWNTOWN FARMERS MARKET, 9 am - Noon, Every Saturday rain or shine, in the parking lot behind the Stratford Hotel, (18 S Main Street) or inside the building behind the parking lot in the cold weather months. Definitely worth stopping by for art work, baked goods, crafts, custom semi-precious stone and costume jewelry, farm fresh produce, homemade brownies & candies, home style treats, homemade jams & jellies, homeopathic items and 100% real honey.

SATURDAY FARMER'S MARKET, 9 AM - 1 PM, Saturdays @ IFA, 905 S Main. Good weather outside, bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For info call (435) 463-3735.

SUNDAY, MAY 24

SCAVENGER HUNT DAY

"BAD THINGS DO HAPPEN; HOW I RESPOND TO THEM defines my character and the quality of my life. I can choose to sit in perpetual sadness, immobilized by the gravity of my loss, or I can choose to rise from the pain and treasure the most precious gift I have - life itself." Walter Anderson

MONDAY, MAY 25

MEMORIAL DAY



PAROWAN MEMORIAL DAY PROGRAM - 10:00 AM, Parowan Cemetery (834 Canyon Rd.)

NOTE: NO FORMAL MEMORIAL DAY GATHERING at Cedar City Cemetery. A nationwide moment of silence will be observed at 3:00pm local time.

TUESDAY, MAY 26

BLUEBERRY CHEESECAKE DAY

CHILDREN'S STORY TIME, 10 AM TO 11 AM, Frontier Homestead State Park Museum (635 N Main St, Cedar City), admission is FREE. This is an opportunity for preschool children to learn about the past through stories and history related activities. Enjoy a new story and activity each week. For information call (435) 586-9290.

WEDNESDAY, MAY 27

CELLOPHANE TAPE DAY



1937: THE GOLDEN GATE BRIDGE CONNECTING SAN FRANCISCO AND MARIN COUNTY, California is opened to pedestrian traffic and more than 200,000 pedestrians walked across on opening day. The next day the Golden Gate Bridge is opened to vehicular traffic.

THURSDAY, MAY 28

HAMBURGER DAY

ALZHEIMER'S ASSOCIATION PURPLE HAPPY HOUR - 4 to 6 PM, Elwood Staffing, 535 S. Main St., Suite 1, Cedar City, This event kicks off registration for new teams for the September 19th Walk to End Alzheimer's at Southern Utah University. Guests will enjoy purple drinks and snacks, prizes, and giveaways. Captains of newly registered teams will also have a chance to win a free one-night stay at the Courtyard by Marriott in Cedar City.

END HOMELESSNESS - INTERESTED IN BEING A PART OF THE SOLUTION to #EndHomelessness in our community? You are invited to attend the Iron County Local Homeless Coordinating Committee monthly meeting. We are a partnership of local service providers and partners providing support, and resources to our community members living in homelessness or in crisis. Visit www.ironcountyhlhcc.org for more info.

"I" Exams (Part 2)

Last week, I spoke about the joys of eye exams. I wear glasses and when they get bent, broken, or I need better lenses, I am thankful for those trained to help me improve my vision. Even if you don't wear glasses or corrective lenses, it's a good idea to have regular eye exams. They aren't just for finding out about how to help you see better today, but how to help you maintain good eye health, so you can keep seeing better tomorrow.

I also spoke about maintaining and improving your life's vision with an "I" exam. When temptations, trials, and tragedies leave their frustrating, filthy finger prints on your mind and heart, you can't see as clearly. There is a lot of garbage in this world causing emotional and spiritual glaucoma. Too many people have become blinded by cataracts of contention and corruption. You may have even been hurt by other people who, through their own poor vision and choices, have become emotionally and compassionately blind.

If you don't get regular exams for such "I" diseases, you can become so used to the blurriness or scratched lenses that you don't realize your vision is poor or failing. Thankfully, when you're willing to make the necessary adjustments and corrections they will not only help you see life more clearly but it will become more enjoyable. You don't need to be blinded any longer to the wonderful person you are and the talents you possess which can benefit your life and others.

Performing a personal "I" exam

is not easy. It can be uncomfortable and inconvenient, especially at first. It's never easy to truly see into yourself looking for places that need adjusting or improving. An "I" exam can help you discover anything blocking or blinding more virtuous vision. It will also help you restore a more proper perspective. What once seemed like a blurry roadblock to your future may just be a pebble of trouble in your eye, as Celia Luce describes it.

Are there any pebbles in your life impairing your sight right now? Maybe there are pebbles of past mistakes that you don't want to face and clear up. Maybe you're afraid of the future. Let your focus



The Rut LESS TRAVELED

by Corey BAUMGARTNER

IRON COUNTY TODAY

be on the present. Stop focusing only on what you did or didn't do. Don't focus on who you are not. Focus more on who you are, right now. I am alive. I am a good person. I am loved. I can do all things, etc.

Remember that you don't always have to do it all alone. It takes courage to seek help and implement changes. Nevertheless, it is comforting and empowering to have a trusted parent, friend, leader or mentor to help guide and guard you while your vision heals and improves. They can remind you of the great person you are even if you can't see it right now.

Never forget that love is the greatest corrective lens of them all.



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mountaineyeinstitute.com

SCHOOLS

2020 High School Graduation Updates

CANYON VIEW HIGH SCHOOL

Dear Canyon View Senior Parents and Graduates:

Congratulations on being at this point. Under the existing circumstances, our graduation ceremonies and activities will have to be unique this year to comply with the safety requirements issued by the Governor's office. I have been impressed with the resilience and ability to work through challenging circumstances demonstrated by our 2020 seniors. I am confident that in the future you will all look back and find ways to laugh about this memorable time.

Our unique graduation activities this year will include a graduate parade and a drive-in grad movie/ceremony. We committed with the health department to observe social distancing practices during these activities. Please, please, be aware and help others to stay in their cars during the parade and "drive-in" graduation ceremony. This is critical to comply with the social distancing requirements for these events.

On Thursday, May 21st, at 5:30 PM, graduates and those who will ride with them will begin staging for the parade at the SUU PE Parking lot. Each graduate may have one vehicle in the parade. No trailers. Follow social distancing rules and do not throw candy or items from vehicles. Please use 400 West from 200 North to access this area. Please feel free to decorate your cars to identify and honor the graduates.

Main Street will close and parade spectators will be able to access Main Street using 200 North to 100 West to Center Street. There will be enough parking for each student to have two spectator vehicles. Spectator vehicles will be able to park on both sides of Main from Coal Creek to Center Street backing in toward the curb like occurs at the July Jamboree. CVHS staff will be present to help organize the entry and parking of vehicles to speed the process and maximize the number of vehicles that can fit. Detailed parade instructions will be sent through Remind and posted on the CVHS webpage.

From 7:00 to 8:00 pm, the parade of graduates will take place. Immediately following the parade, the graduates and their parents are invited to a "drive-in-movie" of the commencement ceremony at the parking lot of the football field at CVHS. The event will

last from 9:00 to 10:00 pm, approximately.

Many of the seniors have expressed a strong desire to have an event or party where they can come together before they move on to the next steps in their lives. If the restrictions on large gatherings are lifted before the end of the summer, each high school will have a "senior goodbye event" to allow our seniors to hug, celebrate and enjoy each other one last time. The 2020 Student Body and Senior Class Officers will facilitate this event. These graduation activities could not take place without many hours of work by our students, parents, faculty, and staff. We are also thankful for all the work and resources made available to support these events by Cedar City, and Southern Utah University. Specific details and maps to facilitate the graduate and spectator participation in the parade will be made available soon.

Sincerely,

Denny Heaton

CEDAR HIGH SCHOOL

Parents and Graduates of Cedar High,

Thank you for your patience and understanding during this most difficult time. We have been so impressed with the resiliency of our senior as they have had to miss out on all of the "lasts" of their senior year. Despite unfortunate circumstance, we are excited about the graduation plans and hope that you will be pleased with this year's celebration, which includes a unique graduate parade on May 21st, down Main Street.

At 5:30 PM the graduates will begin lining up for the parade in the SUU PE Parking Lot. The order you arrive in will be your parade order.

At 6:00 PM the spectators will begin parking on Main Street. Parking will be available along both sides of Main Street from Center Street to 400 South. Please remain in your vehicles during the parade and try to limit 1-2 spectator vehicles per graduate.

At 7:00 PM the celebrations and parade begin! Following the parade, the graduates can pick up their diplomas and awards in the CHS parking lot.

At 9:00 PM the traditional lighting of the C on Cedar Mountain will take place. Please make sure to go outside and observe it with your graduate from your homes.

Sincerely,

Cedar High School
Administration

SOUTHWEST
EDUCATION
ACADEMY
CLASS OF
2020

Congratulations graduates! Due to the current pandemic our drive-thru Graduation will be May 20th from 5pm-7pm @ SEA, 844 S 475 W, Cedar City, UT 84720, (435) 586-2800

M'Kenzie Joy Ashe
Robyn Barlow
Jantzen Gavin Black
Preston Leigh Benson
Madison Lynne Blaine
Kya Kay Carroll
Jarom Isaac Clark
Bayti Daun Dutton
Gracie Marie Dutton
Rainee Ciarra Dutton
Jason Kade Frandsen
Amanda Marie Gang
Saul Junior Garcia
Taylor Michelle Goetz
Yazmin Nicolle Gomez
Jonathan Michael Govers
Shirley Gail Hardy
Christiana Haynie
Reed Merrill Harrison
Alyssa Christine Holmes
Carson Houston
Gabriel Ejali Keyte
Kaleb Zachary Lenard
Rayce Rockett Martinez
Morgan Quetta-Lynn McGee
McKena Marie Mitchell
James Isaiah Mock
Mersadie Shana Mosdell
Megan Painter
Justin Ray Palkow
Angely Lopez Pinales
Jacob Robert Reed
Ondrea Lynn Saucedo
Keisha Lee Sidwell
Isaiah Zachariah Smith
Travis Joseph Smith
Jager James Strand
JaNae LaRue Teepley
Daphne Torres Reyes
Leah Christine Wallace
McKyla Lee Wiley
Keira Lynnae Worley
Nathan Tyler Wright



BUSINESS

VOTE FOR MAIN STREET

BUILDING MAIN STREET, NOT WALL STREET

Winston Churchill once said, "Success is not final, failure is not fatal; it is the courage to continue that counts." It is that time of year where many communities have either gone through or are preparing to go through their local elections. While it can be easy to believe your individual vote has little impact on the national or local outcomes, nothing could be further from the truth. Let's address our votes on the local level. Our local vote not only impacts various issues in your local community, it can determine the direction of your community revitalization and transformation efforts for years to come.

The candidates you elect today can have a huge impact on the direction and future of your community or downtown. The questions you ask of them are critical. Questions such as; Do they understand the power and pull of tourism to the community? Do they understand how important being business friendly is to drawing new and younger entrepreneurs to your community? Do they understand that wishing for new high-paying jobs to show up is usually a fool's errand? Do they understand the real importance of having a city led hyper-local movement? Do they even know what a hyper-local movement is?

These and other questions are critical to your community and specifically downtown. Tourism is indeed the one thing that communities can control to an extent. The events they host and the atmosphere they provide are so crucial to bringing outside visitors in to spend their money in your community.

Being business friendly is critical to growth. Communities that make it difficult for start-up or new businesses are simply left behind in today's world. Those entrepreneurs will simply go to the next town that happens to be more business friendly to open their business there. City officials can create a one-stop business office that helps the potential startups and simplifies the entire process. Send the message to potential startups that your community is business friendly on all fronts.

Understanding the nature of higher paying jobs that accompany new businesses moving to town is what separates the true candidates from those blowing smoke. Companies relocating or start-ups offering those high-paying jobs are few and far between. Communities must come to the reality that courting those companies is, at best, high stakes poker. Communities that understand the slim odds of winning those few bids will have the upper hand. They have the upper hand



JOHN A. NEWBY
COLUMNIST

because they understand that to improve their odds when competing with other communities in this high-stakes poker game, they must revitalize and transform their downtown. Companies simply don't relocate to cities lacking community vibrancy, heart and soul. It is hard enough to retain workers as it is; they seek quality of life. This is something your community must provide for their employees to be relevant.

Do candidates understand what hyper-local means? Hyper-local efforts must be led by the city. They must promote, encourage and above all, set the example. When cities purchase goods outside of their community, they are sending a message to their residents that hyper-local really isn't that important. That is the nail in the coffin of communities moving forward. With city's budgets being challenged more than ever, every penny that can be kept within the boundaries of the local community is crucial. Those dollars will recirculate over and over again providing additional jobs, sales tax and progress within the city. Cities simply must get this right.

Voters must understand candidates claiming to solve all their community woes are blowing smoke and pan-dering to those ignorant of the crisis the cities are in. There are very few people that wouldn't want to solve all the woes. The smart candidates must understand the only way to begin solving these woes is to keep as many dollars local as possible and create a vibrant community.

Small and mid-sized cities are in the fight for their economic lives. Many aren't aware of the magnitude of the struggle or the size of the mountain they must climb to find success or respite from the economic storm, if respite even exists. These aren't the days where a slow meandering approach is prudent; these are the days where the slow and meandering are left as a carcass on the economic road. Vote for bold candidates that understand tourism. Vote for candidates that understand hyper-local. Vote for candidates that are business friendly. A vote for a candidate with those attributes is a vote for building Main Street, not Wall Street.

John A. Newby, author of the "Building Main Street, Not Wall Street" column and Facebook group dedicated to helping communities and media companies work together allowing both to not just survive, but thrive in a world where truly-local is lost to Amazon, Wall Street chains and others.
HYPERLINK "mailto:john@360MediaAlliance.net" john@360MediaAlliance.net.

PEOPLE

BIRTH

Kole Douglas Hansen



Kole Douglas Hansen was born at 11:35 AM on April 29, 2020, to Chad & McKenan Hansen of Cedar City, UT. He weighed 8lbs. 3oz. and was 20 in. He was also welcomed by older sister Kennedy, grandparents Doug & Patti Hansen, Jesse & Lea Poll, Burke and Janette Jones.

80TH BIRTHDAY

Connie Lund Braegger

Happy 80th Birthday!! Connie Lund Braegger turns 80 years old today, May 20th. Connie was

born in Rupert Idaho. She then moved to Cedar City in 1966 and has loved it ever since. This incredible woman, and mother, was blessed with 5 children: Michele, Darren, Mark, Denise, and Jeremy. She thoroughly enjoys puzzles, reading, yardwork, going to her mountain cabin, and most of all spending time with her family. Her life has been an incredible journey full of memories so far and will continue to be as she celebrates her 59th anniversary to her lifelong companion, David Braegger in June. Happy 80th birthday Connie, WE LOVE YOU!!!

Have a People Announcement?

There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon for the following week's issue. Announcements should be 100 words or less. Please call 435-867-1865 ext. 5 for pricing for all other announcements.

Want your event on our calendar?

There is no charge for calendar items. Your submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.



GETTY IMAGES

Spring meditation class beings at Academy of Healing Arts

Southern Utah Academy of Healing Arts is pleased to announce its spring meditation session. This four-week session will be held May 20 – June 10 (Wednesday evenings). Classes will begin at 7:00 p.m. and go until 7:45. 535 South Main Street, Suite 4, Cedar City. No previous meditation experience is required. Everyone is welcome.

May 20 – Mountain Meditation
 May 27 – Lake/Water Meditation
 June 3 – Lying Down Meditation

June 10 – Santosha Meditation

In the spirit of sharing meditation instruction, contributions toward the classes will be by donation. If you would like to make a gift, the suggested donation is \$5.00 per class. Otherwise, the meditation classes are offered at no cost.

Although there is no mandate that you wear a face mask, in the interest of everyone's health and safety it is strongly recommended.

FAITH

Masks and Mending

1 JOHN 3:20

Medical masks are more visible, viable and valuable these days. Many are functional and fashionable against an invisible enemy. Recently on the Porch, we've been discussing the power and protection of the Armor of God against the illness of sin, also caused by an invisible enemy, the enemy of all mankind, which the Armor of God helps us to defend against and to defeat.

What happens when we don't raise the Sword of the Spirit in time or the Shield of Faith gets misdirected or the Armor gets mistakenly misaligned, allowing the fiery darts of sin to penetrate and wound us? What about us whose wounds have become infected with doubt and despair? How many of us are now wounded and instead of



**GOD'S
Porch**

by Corey **BAUMGARTNER**

IRON COUNTY TODAY

repairing and wearing the Armor, we only wear masks to hide our hurt because we believe no one cares, or dares attempt to rescue us, or can do anything about our wounds of brokenness and suffering?

Some of us may even think that others are foolish for not reaching out for the Savior's outstretched arms of love, mercy and forgiveness, or believe that they deserve what they get. In an opportunity for compassion and to show greater love, may we remember that sin doesn't just disguise the sinner's heart and hurt, it disfigures their desires, decisions and causes doubts that

“ *Why would we allow such lies of the enemy to destroy our peace of mind and break our lives into pieces?* ”

they can be healed, or ever loved again. Why would we allow such lies of the enemy to destroy our peace of mind and break our lives into pieces?

It's sad that there are people who don't want "religion" wasted on them because they don't believe they can ever be forgiven or healed from what they've done and/or seen. The Atonement of Jesus Christ doesn't work like that. All who desire can partake of, be forgiven and healed. (1st John 1:9, Daniel 9:9, Isaiah 1:18) Never think you're not worth saving or don't have a future.

Perhaps you are only seeing your reflection through the pigsty of your past. No matter how much you shine up that trough, or seek your reflection in the stagnant water, you'll only see despair, disrepair and think all is lost. Fear not, Jesus Christ still recognizes you, knows and loves you. If He is greater than your heart, then He is greater than your hurt! (1st John 3:20) He will provide Living Waters to clean your dirty face, purify your faith and rehydrate your righteousness.

Still, many choose only to hydrate worldly while their spirits get dehydrated by doubt, despair and sin. Perhaps they don't believe in Living Waters, or the Bread of Life. That's why you and I must personally partake of Christ's love and His healing Atonement and then take these precious preserving panaceas and administer them to help others.

It's time to take off our spiritual masks of guilt and shame and trust the light and love of Christ to help rescue, mend and defend us against and defeat our eternal enemy.

CEDAR ORTHOPAEDIC



DIRECT CARE

As we are ALL hoping that the wrath of COVID-19 is nearing the end and the return to normalcy will soon be our next agenda, we are proud to have played some role here at COSSC in offering emergency room avoidance by providing orthopaedic direct care.

In fact, since 2013, Cedar Orthopaedic Direct Care has provided timely service for orthopaedic injuries of all types. Our patients have been pleased to bypass the emergency room entirely, saving both TIME and MONEY.

Remember...when you are injured, CODC is your least expensive and highest quality option for care.

Call Cedar Orthopaedic Surgery Specialty Clinic at (435) 586-1003 the next time you are injured.

<https://delcore.org/cedar-orthopaedic-direct-care/>



OBITUARIES

Stuart A Christensen



Stuart A Christensen passed away on May 8, 2020 at Dixie Regional Medical Center in St. George, Utah. He was born on November 6, 1959 in Kanarrville, Utah to Maynard E. and Maida Ramsay Christensen. He was the youngest of five children.

Stuart was raised in Kanarrville, Utah. He had happy memories of helping his parents in their mattress shop and playing baseball. He loved riding motorcycles and anything outdoors. He graduated from Cedar High School in May 1977. Stuart met and married the love of his life, Tiffany Maughan August 30, 2003. He had four children whom he loved dearly. He was a faithful member of The Church of Jesus Christ of Latter-day Saints. He loved to be outside in the garden and yard and was an amazing cook.

Stuart was preceded in death by his parents, Maynard and Maida Christensen, his sister, Mareta (Brent) Nelson, and his two children, Blair R. "Colt" and Jerrica. He is survived by his wife Tiffany, his daughters Kimberly (Nate) Hamson and Ambre, and two grandsons, William and Richard. He is also survived by his brother Cornell (Tamie) Christensen and sisters Colleen (John) Fehr and Pamela Christensen. He will be missed by many other relatives and friends.

A Graveside Service was held on Saturday, May 16, 2020 at 11 am in the Kanarrville Cemetery under the direction of Affordable Funeral Services, 2002 North Main Street #7, Cedar City, Utah 84721 (435) 586-3456.

Online condolences can be sent to his memorial page at www.affordablefuneralservices.com

William Clark Gordon



William Clark Gordon of Cedar City, Utah passed away on May 13, 2020. He was born on August 21, 1950 to Dwayne and Nola Gordon in Gunnison, Colorado.

Bill traveled around much of his younger years with his family while working in the mining industry. He later became a welder and worked in many places. Later he worked for O'Sullivan's in Cedar City, Utah.

Bill made many friends while living in Cedar City until his passing. Bill is preceded in death by his parents Dwayne and Nola Gordon, sister Beverly Golson, brothers Kent Gordon and Keith Gordon. He is survived by his sons Chanon Gordon (wife Tracy) of Payson, Utah, William Clark Gordon Jr (BJ) of Hurricane, Utah. Brother Glen Gordon (wife Marcia) of Salt Lake, Jerry Gordon (wife Sheri) of Tooele, Utah, sister Judi Campbell (husband Gary) of Moab, Utah and sister Sue (husband Vern) Shumway of Monticello, Utah and many nieces and nephews who he loved dearly.

At his request Bill was cremated with the help from Affordable Funeral Services. A memorial will be set at a later date.

We would like to express our sincere gratitude to the emergency staff at IHC for the wonderful care. A special thanks to his nurses, Becca and September. We would also like to say thanks to Tain Walker his case worker. You guys are amazing we cannot express enough how thankful we are for your guidance and support through all this.

Rest in Peace.

Online condolences can be sent to his memorial page at www.affordablefuneralservices.com

Kelly Dean Bryant



Kelly Dean Bryant, age 51, passed away suddenly while working at his family farm on Smith's Mesa above Virgin, Utah on Friday, May 8, 2020. Kelly was born on June 12, 1968 to Garth and Dianne Bryant in Provo, Utah, joining a family of three proud older brothers. Their family was later blessed with a younger sister.

Born into a military family, he lived in many places including Okinawa, Texas, Utah and Nevada. He attended high school at Cedar High for two years, before graduating from Lincoln County High School in 1986. Growing up, Kelly enjoyed participating in baseball, football, track and field, and wrestling with his family and teammates.

He attended Utah State University where he met his wife, Sandra Kay Williams. They were married in Duck Creek, Utah on June 10, 1989 and were later blessed with four amazing children. Kelly loved being with his family most, joining them in many adventures and being their biggest fan at all their activities. He enjoyed hiking, fishing, camping, hunting, and boating and spent many hours around the kitchen table playing cards and games. Kelly loved the family farm and spent countless weekends on the mountain. The many dad jokes and stories always kept everyone

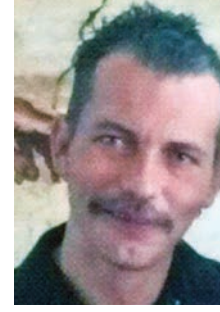
laughing and groaning. Despite all his practical jokes, Kelly's main focus was helping others. Over the years, his home played host to countless people and animals in need. He would give anyone the shirt off his back and was never more than a phone call away. This caring nature led him to a career in law enforcement where he served honorably for almost 30 years.

He is survived by his wife Sandy; three daughters and one son: Karson, Taylor (William) Slack, Dylan, and Ty of Bunkerville, NV; one granddaughter Parker; his parents Garth and Dianne Bryant of Cedar City, UT; brothers Mark (Karen) of Boulder City, NV; Coy of Santa Clara, UT; and sister Ahmi (Jason) Halverson of Salt Lake City, UT as well as many other extended family members. Kelly is preceded in death by his brother Kendall and sister-in-law Carrie.

The Bryant family wishes to extend their gratitude to Virgin Valley Mortuary, emergency personnel, the law enforcement community he was a part of, and all our family and friends for their support during this time.

A viewing was held Friday, May 15, 2020 in Bunkerville, NV. Funeral services and interment were held on May 16, 2020 at the Bunkerville Cemetery. Friends and family are invited to sign the online guest book at www.virginvalleymortuary.com. A memorial will be placed at the family farm.

Jeremey Roy Hunter



Jeremey Roy Hunter, age 47, unfortunately passed away on Sunday, May 10th, 2020 in Cedar City, Utah. He was born on September 20, 1972 to Roy and Marilyn Hunter.

Jeremey was raised in Cedar City, Utah, and attended Cedar High as a Redmen. He later married Debbie Lynn Isom Hunter and spent 13 loving years together. Jeremey was preceded in death by his father Roy C. Hunter and mother Marilyn K. Winn Hunter.

He is survived by his wife Debbie Bennett and his adult stepchildren Kasey & Charity Twitchell, Chase & Anna Twitchell, Sam Bennett, and Chastelle Bennett. Siblings, Joe & Dusty Hunter and sister Karry Judd. He will be dearly missed by all family and friends.

Jeremey loved the outdoors and hunting. He also had a passion for loud music and cars like the '79 Mercury Comet he restored. Joe and Karry had loved riding in his car dragging main with blaring rock and roll. He loved buying CD's and rock t-shirts then quizzing his siblings about the bands. Jeremey, we love and miss you until we meet again.

Graveside services were held Friday May 15th at 1:00 pm at the Cedar City Cemetery, under the direction of Affordable Funeral Services 435-586-3456.

Online Condolences can be sent to his memorial page at www.affordablefuneralservices.com.

Submitting an obituary...

There is no charge for obituaries of 400 words or less. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. A single submission may include up to two photos. The deadline for submission is Monday at noon. For pricing information for obituaries longer than 400 words, please call 435-867-1865 ext. 5.

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Many moments to remember for Class of 2020



RANDOM Thoughts

by Tom ZULEWSKI
SPORTS WRITER

Even though COVID-19 put an end to sports for the Class of 2020 after March 13, there were still memories made and achievements worth celebrating. With this being the end of another school year, here's a look back at some of our favorite moments.

The new school year brought us a new postseason system from the UHSAA. Instead of the top four from each region advancing to the playoffs, the year began with 21 teams earning extended seasons.

In football, Cedar had moments through the regular season that were wildly entertaining. None may have been more so than a 56-55 loss to Desert Hills in double overtime at home Sept. 20. Quarterbacks Jaron Garrett and Logan Wilstead matched each other touchdown for touchdown. The Reds' defense forced a big fumble that denied the Thunder a win in regulation. But in the end, Cedar went for the win with a two-point conversion attempt on a halfback option pass that was deflected and fell incomplete.

The Reds didn't do nearly as much scoring in its opening playoff game against Crimson Cliffs on Oct. 25, but they had enough to overcome a strong Mustangs start and advance with a 21-19 win. They would fall at Green Canyon by a 28-21 count the following week and finish the season with a 5-6 overall record.

In volleyball, Cedar had one of its more memorable seasons, nearly ending a 21-year title drought in Region 9 as they came within a game of joining Desert Hills as co-champions. A 3-0 home loss to the Warriors on Oct. 22 prevented the celebration.

The Reds would even the score on a bigger stage one week later as they beat the Warriors in five games in the opening round at the state tournament. After a lengthy wait, they would fall to Dixie, 3-1 in the quarterfinals. The match ended just before midnight.

As the weather turned colder, thoughts turned indoors to basketball, and both girls teams from Cedar and Canyon View gave us moments worth

see [CLASS OF 2020](#) » 23



ELLEN OHMS HOLDS UP THE UTAH HIGH SCHOOL HORSESHOE LEAGUE CHAMPIONSHIP TROPHY with her father, Canyon View coach Seth Ohms, after the Falcons beat Cedar on May 12 to win their third straight state title.

by Tom ZULEWSKI

IRON COUNTY TODAY

It may have taken technology to keep their competition going, but the Utah High School Horseshoe League was able to hold its sixth annual championship tournament with all teams in attendance and social distancing a part of the plan.

On a windy late afternoon, the Canyon View Falcons came through with consistency and brought another trophy back to campus.

Led by Ellen Ohms, the Falcons swept all five best-of-three matches against Cedar in the final and won a third straight state title May 12 at the Cedar City Horseshoe Park. Even with the threepeat secured, CV head coach Seth Ohms said this year's competition was more of a challenge than in the past, mainly due to COVID-19.

Prior to the state tournament, all six teams competed individually online through Facebook Live and submitted their scores. In the championship, the teams competed together in best-of-three matches, pitching 20 shoes in each game.

"With the online situation and the kids not being able to play head-to-head, this one was more of a challenge," Ohms said. "The dynamics changed today and some kids played better and others kind of caved under the pressure."

"Compared to the other two times, we were more prepared. Today we weren't as prepared, but the kids came through and won all of their games."

While Canyon View advanced with a sweep over Red Rock Academy, Cedar needed Brock Robinson's win against Panguitch to advance to the final.

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CLASS OF 2020

« CONTINUED FROM PAGE 22

remembering for a long time to come.

First and foremost, the Lady Reds didn't miss a beat as they handled Pine View in convincing fashion on Feb. 29 at the Dee Events Center in Ogden to repeat as 4A state champions.

One of the regular-season games that gave us all a feeling that the title would come back to campus happened at Desert Hills on Jan. 31. For the first time in three years, Cedar found itself down by double digits at halftime. The Thunder lead would reach 19 in the opening minute of the third quarter.

By the time the final horn sounded, the Lady Reds had a five-point win, 58-53, and they would finish off the final four games with ease to win a third straight Region 9 crown. Cedar would get help to claim the No. 1 spot in the 4A RPI rankings from an unlikely source.

On Feb. 5, while the Lady Reds were handling Pine View, the Canyon View Falcons were locked in a back-and-forth battle with Desert Hills at home. The game was tied with 11.1 seconds left, and CV had a chance to extend the Thunder's struggles

after its stunning loss to Cedar in its previous outing.

A sophomore reserve, Deirdre Barton, came through with a layup with a second to play. When the Thunder couldn't get a shot off before the final horn, the Falcons celebrated an improbable 52-50 victory that pushed Cedar to the top of the charts.

Those were Barton's first points of the season, too. She appeared in 10 of the Falcons' 24 games.

When CV earned a home game as the No. 16 seed for the first round of the 4A playoffs, they overcame a sluggish start and beat Cedar Valley on Feb. 19, 59-45. Not only was it the Falcons' first playoff win in nine years, it was a full-circle moment for head coach Jaycee Barnhurst, who was a sophomore on the last CV team that won a postseason game in 2011.

Even as we deal with this pandemic that wiped out spring sports, the games we know and love can still give us all a sense of hope, belief and enough memories to remember for a lifetime.

Keep on keeping on, stay safe, and please be kind to each other.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

HORSESHOES

« CONTINUED FROM PAGE 22

Among the five Falcons who played on the winning team, Ellen Ohms was joined by Quinn and Coulson Ohms, Parker Nielson and Tyson Pollock. Ethan Glass played in the opening round of matches.

CV had 13 players for the horseshoe season and Seth Ohms said the secret of the team's success was simple.

"It comes down to hard work," he said. "Horseshoes is a game anyone can pick up and have fun with, but if you want to compete, you have to put a lot of effort into it. It's one of the most difficult games to perfect.

"When you're out there, it's you against the stake. If you let other factors get involved and cloud your mind, suddenly the stake is the last thing you're thinking about. When you're dialed in, you can't miss."



CANYON VIEW'S PARKER NIELSON THROWS A SHOE during a match at the Utah High School Horseshoe League state tournament May 12.

TOM ZULEWSKI

TOM'S SPORTS TRIVIA CHALLENGE

For this week's collection, it's all about career achievements. Human help is welcome, but please remember...no wagering.

- Baseball's 3,000-hit club has 32 players in it. Three reached the mark with a home run – Wade Boggs, Alex Rodriguez and which legend who spent his entire 20-year career as a New York Yankee?
 - LeBron James
 - Chris Paul
 - Russell Westbrook
 - Rajon Rondo
- Among the 3,000-hit club, which player on the list is still active?
 - George Brett
 - Cal Ripken Jr.
 - Albert Pujols
 - Ichiro Suzuki
- Which active MLB player is closest to 3,000 hits with 2,815?
 - Robinson Cano
 - Miguel Cabrera
 - Nick Markakis
 - Anthony Rizzo
- LeBron James is third on the NBA career scoring list with 34,087 points. Only two active players are in the top 20 on the list. One is Carmelo Anthony. Who is the other, who has played for eight different teams?
 - Dirk Nowitzki
 - Kevin Garnett
 - Tim Duncan
 - Vince Carter
- In his NBA career, how many times has James led the league in scoring?
 - One
 - Two
 - Three
 - Four
- Only five NBA players have dished out more than 10,000 assists for their careers. Which active player is seventh on the list, needing 393 assists to reach the milestone?
 - LeBron James
 - Chris Paul
 - Russell Westbrook
 - Rajon Rondo
- Two active running backs are in the top five on the NFL career rushing yardage list. One is Adrian Peterson. Who is the other?
 - Ezekiel Elliott
 - Derrick Henry
 - Frank Gore
 - LeSean McCoy
- While four NFL quarterbacks have over 70,000 passing yards in their careers, only one threw for over 60,000. Who is he?
 - Dan Marino
 - John Elway
 - Eli Manning
 - Warren Moon
- Among the 14 players with at least 1,000 receptions in their NFL careers, only two are tight ends. Which one is still active, having left Monday Night Football to return to the field in 2019?
 - Tony Gonzalez
 - Jason Witten
 - Rob Gronkowski
 - Larry Fitzgerald
- Of the top 10 scoring leaders in NHL history, only two played their entire careers with one team – Mario Lemieux and which Detroit Red Wing, who returned to the team as their general manager in 2019?
 - Gordie Howe
 - Sergei Federov
 - Steve Yzerman
 - Nicklas Lidstrom
- Who is the only active NHL player with more than 600 goals, having played his entire career with the Washington Capitals?
 - Sidney Crosby
 - Jonathan Toews
 - Joe Thornton
 - Alexander Ovechkin
- Jaromir Jagr ranks second to Wayne Gretzky on the NHL career points list. How many teams did Jagr play for in a 26-year career?
 - 7
 - 8
 - 9
 - 10

LAST WEEK'S ANSWERS

- B: Chiefs.**
The Chiefs came from the fictional city of Charlestown.
- C: Cleveland Browns.**
- B: Detroit Tigers.**
- B: Fenway Park.**
- A: He couldn't dunk.**
- A: Shake-n-Bake**
- B: "It's Spanish for 'fighting chicken.'"**
- B: 2004.**
- C: Blue Chips**
- A: England and Austria**
- A: Nicole Kidman.**
The other movies that featured the pair were "Far and Away" and "Eyes Wide Shut."
- A: Georgia.**
The prison scenes in the film were shot at the Georgia State Prison in Reidsville, Georgia.

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LEGAL NOTICES

SOUTH & WEST FIELD IRRIGATION COMPANY STOCK FORFEITURE LEGAL NOTICE

In accordance with the bylaws of the South and West Field Irrigation Company the following people are hereby provided notice that their stock in the Company is subject to forfeiture for non-payment of the annual assessment fee for 5 years or longer. Any and all interest in these shares will be foreclosed and the stock returned to the South and West Field Irrigation Company if full payment is not received within thirty (30) days of the publication of this notice. Payment must be made to the South and West Field Irrigation Company P.O. Box 2633, Cedar City, Utah 84721-2633. Dorian Page, Secretary-Treasurer 435-586-2601

Customer	Number of Shares
ARNOLD, PAUL	0.7050
ASHDOWN, VANCE OR LINDA	0.2447
ASHLEY, ALLEN LEE OR KRISTA	0.1250
AVILA, BRENDA REBER	0.3750
BAUER, MARGUERITE/ KEITH EVANS	0.2500
BLACKBURN, LARRY OR JEANNINE	0.1000
BROWN, CRAIG OR ERIK MATHIS	0.2500
CASON, PAUL/ HEATHER THOMAS	0.2500
COLES, JEFF	0.8000
ERICKSON, CHARLES OR KAREN/ THOMAS	0.2000
GALVEZ, BRAD	0.0825
HALLERMAN, WADE OR JESS	0.2000
HOYT, KENT OR MARTHA	0.1250
HUNTSMAN, RULON	0.2000
KNIGHT, FRANK OR LORI	0.5000
NAEGLE, LAMAR OR JOYCE	0.3000
OCTAVIO, MEJIA	0.2500
OYLER, FAMILY TRUST	0.2500
PALMER, DOYLE OR GENEAL	0.0900
PRATT, LORENE	0.0900
PRINCE, JOEL	0.3000
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WEBB, KEVIN	0.1500
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WOOLF, LARRY	0.1000
ZIEGLER, JAY OR SHAUNA	0.2000

Published May 13 & 20, 2020
Iron County Today • ICT #0254

SUMMONS

SUMM
David N. Salmon, Esq.
Nevada Bar No. 7168
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Las Vegas, Nevada 89130
Phone (702) 382-9696
Fax(702)382-9697
Attorneys for Plaintiff
Mark A. Voelker

DISTRICT COURT
CLARK COUNTY, NEVADA
Case No.: A -19-79977 6-C
Dept. No: 19
SUMMONS-CIVIL
(TONDRA MICHELL THOMPSON)
(DeVILLE ESTATE MANAGEMENT)
MARK A. VOELKER, individually,
Plaintiff
vs
TONDRA MICHELLE THOMPSON,
individually, and doing business as DAME
DeVILLE ESTATE MANAGEMENT, and
DOE INDIVIDUALS 1 through 20 and ROE
CORPORATIONS 21 through 40.
Defendants)

NOTICE! YOU HAVE BEEN SUED. THE COURT MAY DECIDE AGAINST YOU WITHOUT YOUR BEING HEARD UNLESS YOU RESPOND WITHIN 20 DAYS. READ THE INFORMATION BELOW.

TO THE DEFENDANT: The Plaintiff has filed a civil complaint or petition against you. Read that document (or get a copy at the court listed above) to find out the specific relief requested. The subject of this case is: Partnership dispute involving a Real Estate transaction.

If you want to defend this lawsuit, within 20 days after this summons is served on you, exclusive of the day of service you must do the following:

a. File a formal written answer to the complaint or pe-

tion with the Clerk of Court (whose address is listed below).

- Pay the required filing fee to the court or request a fee waiver by filing an Application to Proceed in Forma Pauperis.
- Serve a copy of your answer on the Plaintiff whose name and address is shown below. If you do not respond, Plaintiff can request a default against you. The court can then enter a judgment against you for the relief demanded in the complaint or petition, which could result in the taking of money or property or other relief requested in the Complaint.
- If you intend to seek the advice of an attorney, you should do so promptly so that your response may be filed on time
- The State of Nevada, its political subdivisions, agencies, officers, employees, board members, commission members and legislators, each have 45 days after service of this summons within which to file an answer or other responsive pleading to the complaint.

Pursuant to NRS 239B.030, this document does not contain any social security numbers or otherwise prohibited personal information as defined in NRS 60311.040

Issued at direction of:
/s/ DAVID N. SALMON, ESQ.
Nevada Bar #7168
DAVID SALMON & ASSOCIATES, Inc.
7495 W. Azure Dr., Suite 224
Las Vegas, Nevada 89130
Attorney for Plaintiff
STEVEN D GRIERSON
CLERK OF THE COURT

By: signed/sealed
4/21/2020
Robyn Rodriguez
CLERK OF COURT
Regional Justice Center
200 Lewis Avenue
Las Vegas, Nevada 89155
Robyn Rodriguez

Published May 13, 20, 27 & June 3, 2020
Iron County Today • ICT #0258

SUMMONS

In the Fifth Judicial District Court for Iron County
State of Utah
Case No. 200500065
Honorable Keith C. Barnes

NEIL H ADAMS,

Plaintiff,

vs.

JOHN DOES 1-100 who are the UNKNOWN DESCENDANTS AND HEIRS OF MARGARETHA STUDER, who died in 1890; JOHN DOES 101-200 who are the UNKNOWN DESCENDANTS AND HEIRS OF HANS HEINRICH ELLIKER who died in 1856; JOHN DOES 201-300 who are the UNKNOWN DESCENDANTS AND HEIRS OF JAMES DUTTON SR. who died in 1883; JOHN DOES 301-400 who are the UNKNOWN DESCENDANTS AND HEIRS OF ALLOWIS BAUER, JR. who died in 1906; JOHN DOES 401-500 who are the UNKNOWN DESCENDANTS AND HEIRS OF JOHN VORTLEY ADAMS who died in 1919; JOHN DOES 501-600 who are the UNKNOWN DESCENDANTS AND HEIRS OF JOSEPH SNEDDON HUNTER who died in 1904; and JOHN DOES 601-700 who are the UNKNOWN DESCENDANTS AND HEIRS OF JOHN SOMERS HIGBEE, who died in 1877,

Defendants.

SUMMONS

THE STATE OF UTAH TO: HEIRS OF MARGARETHA STUDER, who died in 1890; HEIRS OF HANS HEINRICH ELLIKER who died in 1856; HEIRS OF JAMES DUTTON SR. who died in 1883; HEIRS OF ALLOWIS BAUER, JR. who died in 1906; HEIRS OF JOHN VORTLEY ADAMS who died in 1919; HEIRS OF JOSEPH SNEDDON HUNTER who died in 1904; and HEIRS OF JOHN SOMERS HIGBEE, who died in 1877, and all Persons Unknown, Claiming any Legal or Equitable Rights, Title or Interest in the Properties Described in The Complaint Adverse to Plaintiff's Title or any Cloud on Plaintiff's Title Thereto. You are being sued. Plaintiff seeks to quiet title on cemetery plots which are located in the Cedar City Corporation Cemetery, located in Iron County, State of Utah:

- James Dutton Plots, Location A-US-02, Plots 42-44, purchase date unknown, Deed Number Unknown;
- John Vortley Adams Plots, Location A-02-01, Plots 3-6, purchase date unknown, Deed Number Unknown;
- Hans Heinrich Elliker Plots, Location A-03-05, Plots 1-8, purchase date unknown, Deed Number Unknown;
- Joseph Sneddon Hunter Plots, Location A-06-05, Plots 7-8, purchase date unknown, Deed Number Unknown;
- John Somers Higbee Plots, Location D-51-01, Plots 1-6, purchase date unknown, Deed Number Unknown;

- Allowis Bauer Jr. Plots, Location B-06-04, Plots 1-5, purchase date unknown, Deed Number Unknown; and
- Allowis Bauer Jr. Plots, Location B-16-04, Plots 1-4 and 6-8, purchase date unknown, Deed Number Unknown.

You are hereby summoned and required to file an Answer in writing to the Complaint to Quiet Title and for Declaratory Judgment on file with the Clerk of the Court in the Fifth Judicial District Court, located at 40 North 100 East, Cedar City, Utah, and to serve upon or mail to Plaintiff's attorney, William H. Leigh, 747 S. Paradise Canyon Road, Suite 2, Cedar City, Utah 84720, a copy of said Answer within thirty (30) days of the last publication of this Summons which is June 3, 2020. If you fail to do so, judgment by default will be taken against you for the relief demanded in said Complaint, which has been filed with the Clerk of the above-entitled Court. You can obtain a copy of the Complaint by contacting the Clerk of the Court at 40 North 100 East, Cedar City, Utah 84720.

Date of First Publication: May 13, 2020

WILLIAM H. LEIGH
Attorney for Plaintiff

Published May 13, 20, 27 & June 3, 2020
Iron County Today • ICT #0256

LEGAL NOTICES

NOTICE OF HEARING

Cedar City Council will hold a public hearing at the City Council meeting on Wednesday, June 3, 2020, at 5:30 p.m. in the Council Chambers located at 10 North Main for the purpose of receiving public comments relative to the revision of the 2019-2020 fiscal year budget.

NOTICE OF HEARING

Cedar City Redevelopment Agency will hold a public hearing at the Redevelopment Agency meeting on Wednesday, June 3, 2020, immediately following the City Council meeting in the Council Chambers located at 10 North Main for the purpose of receiving public comments relative to the revision of the 2019-2020 fiscal year budget.

NOTICE OF HEARING

Cedar City Municipal Building Authority will hold a public hearing at the Municipal Building Authority meeting on Wednesday, June 3, 2020, immediately following the Redevelopment Agency meeting in the Council Chambers located at 10 North Main for the purpose of receiving public comments relative to the revision of the 2019-2020 fiscal year budget.

Published May 20, 2020
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LIEN STORAGE SALE

NOTICE IS HEREBY GIVEN, by Enoch Storage Rentals, that the rights, title and interest of the following storage occupant's personal property will be sold at public auction for non-payment of rent. Each unit's contents will be sold in bulk as a single transaction for CASH only on Saturday, June 6, 2020 at 9 am at Enoch Storage located at 660 E 4930 N Enoch, UT 84721, 435-867-4655. A \$100 refundable cash performance deposit, per unit, is required of successful bidders. Successful bidders will be allowed 7 days to clean out the units.

#104 JayLynn Berrett; furniture, boxes, household items.

#139 George McDowell; mattress, blankets, boxes.

#284H Gretchen Rodrigues; furniture, boxes, luggage.

#361 Lorna Garrison; bike, totes, camping gear.

#365 Dana Kay White; furniture, washer & dryer, tv.

OS-41 Jamey Hannah; 1988 19 ft Blue Water, Open Bow, V6 MerCruiser Boat.

Published May 20, 2020
Iron County Today • ICT #0259

LIEN STORAGE SALE

Notice is hereby Given by Brothers Storage. The occupant's personal property will be sold at auction or for unpaid charges. It will be sold in bulk or a single item one June 15, 2020 at 379 N. Airport Rd, Cedar City, Utah 84721. Bidders must re-move Items with in five days.

Jonathan Heber units 3 & C

Luis Zaragoza RV spot Toy hauler RV fifth wheel.

Published May 13 & 20, 2020
Iron County Today • ICT #0255

NOTICE OF HEARING

Cedar City Council will hold a public hearing at the City Council meeting on Wednesday, June 3, 2020, at 5:30 p.m. in the Council Chambers located at 10 North Main for the purpose of receiving public comments relative to the adoption of the 2020-2021 fiscal year budget. The 2020-2021 fiscal year tentative budget is available for public review in the City Recorder's Office, 10 N. Main, Cedar City, Utah.

NOTICE OF HEARING

Cedar City Redevelopment Agency will hold a public hearing at the Redevelopment Agency meeting on Wednesday, June 3, 2020, immediately following the City Council meeting in the Council Chambers located at 10 North Main for the purpose of receiving public comments relative to the adoption of the 2020-2021 fiscal year budget. The 2020-2021 fiscal year tentative budget is available for public review in the City Recorder's Office, 10 N. Main, Cedar City, Utah.

NOTICE OF HEARING

Cedar City Municipal Building Authority will hold a public hearing at the Municipal Building Authority meeting on Wednesday, June 3, 2020, immediately following the Redevelopment Agency meeting in the Council Chambers located at 10 North Main for the purpose of receiving public comments relative to the adoption of the 2020-2021 fiscal year budget. The 2020-2021 fiscal year tentative budget is available for public review in the City Recorder's Office, 10 N. Main, Cedar City, Utah.

Published May 20, 2020
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LIGHTHOUSES

A lighthouse is a tall building with a light near the top. Lighthouses are built on the coast of an ocean or lake. The light from a lighthouse warns ships when they are too close to shore to help them avoid crashing into rocks or land. The light usually turns in a circle, so ships see a flashing light.

Lighthouses Help Ships Night and Day

A beacon of light in the night alerts ships to where a shoreline is located. Lighthouses can tell a sailor the location of the ship by the way the lighthouse looks in the daytime.

Lighthouses have different sizes, shapes, heights and colors to identify them. These are called **daymarks**.

Here is a list of styles of lighthouses. Read the description of each. Then label each drawing of a lighthouse.

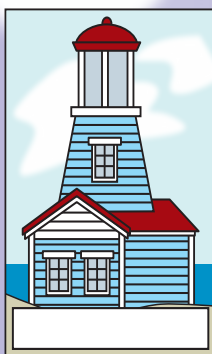
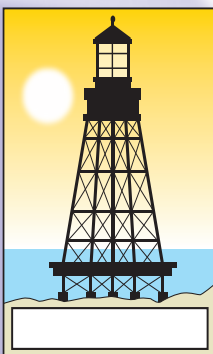
Housetop: A lighthouse with a light tower rising from the roof of a house.

Wedding Cake: A lighthouse with layers that look like a wedding cake. (also called a sparkplug)

Skeleton: A lighthouse made out of a metal framework that lets wind pass through easily. It usually stands on land.

Screwpile: A lighthouse which stands in water on huge iron legs. Wind and storm waves can pass through it.

The light is usually covered by a Fresnel lens. This lens enables the light to travel a far distance.



Thank you to the United States Lighthouse Society and Elinor DeWire for allowing us to adapt some of their many educational resources. For more lighthouse fun & learning visit:

ElinorDeWire.com and elinordewire.blogspot.com and the United States Lighthouse Kids Corner at uslhs.org/fun/kids-corner

UNITED STATES LIGHTHOUSE SOCIETY

Imagine this is your lighthouse. What would your daymark look like? Use crayons or markers to color it.

Extra! Extra!

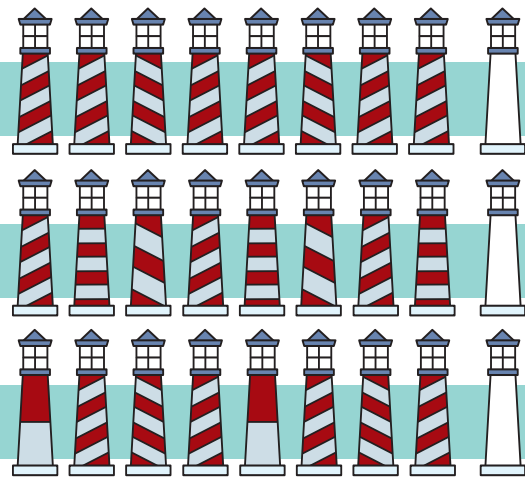
Safety First

Lighthouses provide safety for ships. What provides safety in your community? What makes it safer for people walking or traveling in cars, trucks or trains? Look through the newspaper for examples of these safety measures.

Standards Link: Research: Use the newspaper to locate information.

Kid Scoop[®] Puzzler

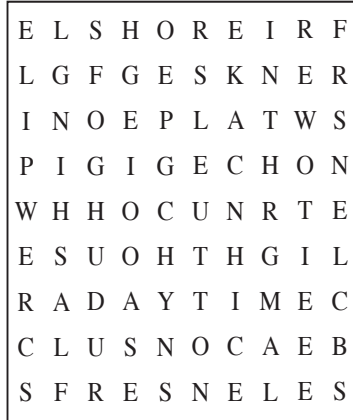
Color the lighthouse at the end of each row to continue the pattern.



Double Double Word Search

- LIGHTHOUSE
- SCREWPILE
- FLASHING
- FRESNEL
- DAYTIME
- CIRCLE
- BEACON
- SHIPS
- OCEAN
- SHORE
- TOWER
- LENS
- HUGE
- CAKE
- FOG

Find the words in the puzzle. How many of them can you find on this page?



Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

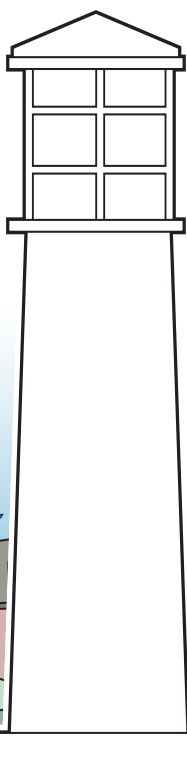
DAYMARK DESIGN

The color and design on a lighthouse tell sailors where the lighthouse is located. West Quoddy Lighthouse in Maine has red and white stripes. The Cape Hatteras Lighthouse in North Carolina has a black stripe that wraps around the lighthouse like a barber pole. Cape Lookout Lighthouse, also in North Carolina, is painted in a black and white checkerboard pattern. Montauk Lighthouse in Long Island, New York has a big brown band around its base.



How many differences can you find between these two lighthouses?

- Score yourself:
- 1-5: Sandcrab
- 6-10: Seahorse
- 11-15: Flying Fish
- 15+: Tiger Shark



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