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SOARING SALUTE



PEOPLE OF UTAH HONORED WITH STATE FLYOVER

HILL AIR FORCE BASE — The Air Force F-35A Lightning II Demonstration and 388th Fighter Wing performed a formation flyover throughout the state of Utah last Thursday, 30 April, in salute to everyone on the front-lines in the fight against COVID-19, as well as those staying at home to “flatten the curve” of the virus.

The formation was led by the F-35A Demo Team pilot, Capt. Kristin “BEO” Wolfe, with three combat-ready F-35 pilots from the 388th Fighter Wing.

“This flyover is our way of

saluting those that are keeping our home-front safe during these unique times,” said Capt. Wolfe. “To provide just a small showcase of our appreciation to everyone that is doing their part to combat the virus, and to say ‘thank you for your sacrifice and service,’ to let everyone who has been affected by this pandemic know that we stand by you.”

The flyover began from Hill Air Force Base, and proceeded south through Salt Lake City down to the southern border of the state near St. George, before looping up to Park City and

Logan, before proceeding south through Ogden back to the base. The flight path was coordinated with Utah State officials as well as members of the Federal Aviation Administration.

The flyover was intended to provide a salute to all the healthcare professionals, front-line responders, and essential personnel working to keep everyone safe and healthy during these unique times. The flyover also provided standard training to the pilots, and demonstrates the readiness of the Air Force.

“We are an operational wing,

and we’re taking every precaution to ensure our personnel safety while maintaining our combat-readiness,” said Col. Steven Behmer, 388th Fighter Wing commander. “This flyover is just one way for us to enhance our training while providing a small service to our community.”

The F-35, America’s newest fifth-generation fighter, provides game-changing stealth, interoperability and lethality. It can penetrate dangerous airspace that other aircraft cannot and destroy high-threat targets both in the air and on the ground.

Iron County Nominating Convention a success despite Coronavirus challenges

from Casey **ANDERSON**

EXECUTIVE COMMITTEE
IRON COUNTY REPUBLICAN PARTY

On Saturday, April 18th, the Iron County Republican Party held its first ever hybrid online/in person County Nominating Convention. Due to this unprecedented time, we discussed all of the different options available and came up with what we feel would best: Follow social distancing guidelines, ensure appropriate candidate vetting and voter participation, ensure appropriate accessibility, and protect the integrity of the ballot.

With such little time available for testing, we had a difficult time justifying going completely online and electronic as other Counties and the State party may have elected to do. We felt it was incredibly important to give the candidates the opportunity to show their skills and abilities by doing a live speech as is normal in a traditional convention setting, rather than pre-recorded and produced video.

Following the live candidate speeches, which were presented online through technology, we recessed the convention and reconvened at Canyon View High School where voters were able to stay in their vehicle, receive their ballot, and then cast their votes, all without getting out. We provided a three-hour window for participants to prevent any delay or congestion in the parking lot.

Out of 215 total possible

voters, 170 cast a ballot, which was surprisingly high considering the circumstances and the additional year on the original two-year term. We thank the precinct officers for their assistance in identifying and replacing individuals who were no longer able to serve. There was a total of four candidates for two positions, which was quite a bit less than the 18 candidates we had in 2018. Running for County Commissioner at-large were Cindy Bulloch and Marilyn Wood. Running for County Assessor were Rex Dungan and Karsten Reed.

Candidates sent emails, texts, made phone calls, mailed literature, and gave a six-minute live speech. We applaud the candidate's efforts to outreach as much as possible considering the circumstances. We also applaud the voters who spent hours researching the candidates position on issues, vetting their experience and qualifications, and getting to know them personally as well as their approach to problem solving and conflict resolution.

The results of the County Nominating Convention were: Marilyn Wood 102 votes (60%) and Cindy White Bulloch 68 votes (40%) for County Commissioner at-large. For County Assessor Karsten Reed received 134 votes (78.8%) and Rex Dungan 36 votes (21.2%). Nomination by acclamation of Rex Ship (State House 72), Nicole Rosenberg (County Treasurer), and Carri Jeffries (County Recorder) due to these positions being uncontested.

A Constitutional amendment to our County Constitution was also overwhelmingly passed that was a clarification of some ambiguous language concerning membership of our County Central Committee.

There are 40 precincts located throughout Iron County. These are voting precincts created by the elected County Clerk throughout the County based on population. Considering caucus attendance can be anywhere from 1000-2000 people, 215 convention participants, who represent their precinct, is a significant sample size.

Past County Convention winners include, starting with the most recent: Commissioner Mike Bleak (2016 and 2018), Commissioner Paul Cozzens (2018), Sheriff Ken Carpenter (2018), Attorney Chad Dotson (2018), Commissioner Alma Adams (2014), Representative John Westwood (2012 and 2014), Commissioner Dale Brinkerhoff (2010), and County Assessor Cindy

Bulloch (2010) were all victorious at the County Convention and then went on to win the contested Primary as well. In the last 10 years, the County Convention winner has gone on to win the contested Primary more than 90% of the time in 11 campaigns.

The Nominating Convention participants are elected by their neighbors at their neighborhood precinct caucus. The precinct caucuses were delayed and will likely be held later this year. Updates will be available at IronCountyGOP.org when the date is announced.

We would like to thank Southern Utah University and Canyon View High School for their gracious hospitality in helping us to host this year's Nominating Convention.

Respectfully,

*Executive Committee
Iron County Republican Party*

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PUBLIC ANNOUNCEMENTS: COVID-19

A mask for every Utahn

from Eric **PACKER**

CEDAR CITY HOSPITAL ADMINISTRATOR AND CEO

“A Mask for Every Utahn” is a state of Utah initiative, in partnership with the Utah Manufacturers Association, to help Utahns who may not have a face mask and are returning to the workplace or going out in public. The state will provide one mask to each resident who needs one, and will mail – upon request, once, and free of charge – up to six masks to each Utah residential address.” <https://coronavirus.utah.gov/mask>

Intermountain is actively preparing for a COVID-19 surge

Intermountain, together with state and local leaders and other health systems, is preparing for a surge of patients with COVID-19. We’re doing all we can to help flatten the curve, and limit the extent of the surge, as we monitor developments every day in real time.

The restrictions have been challenging for individuals, families, businesses, and communities. Social distancing is working as we had hoped—we’ve seen the curve flatten over the past few weeks. We’re not out of the woods, and that’s why we continue to support social distancing measures in our communities. Our response is enabling us to manage our capacity and equipment effectively. Complete details about how we’re preparing are outlined in this link on intermountainhealthcare.org.

COVID-19 Response Teams provide support to New York City hospitals

Intermountain deployed two COVID-19 Response Teams to the New York City area to help hospitals facing both surges in cases and severe staffing shortages. These 50-member teams—made up of physicians, nurse practitioners, physician assistants, nurses, respiratory therapists, and other caregivers—are serving for up to 14 days.

Hundreds of Intermountain caregivers, including a few from Cedar City Hospital, volunteered for this opportunity. We hope to be able to get their story out very soon about their experiences there. Northwell Health and New York-Presbyterian Hospital aim to return the favor by supporting Intermountain as much as they can when Utah faces its own surge of COVID-19 patients. Media coverage has been overwhelmingly positive, both locally and nationally—particularly in New York City. Follow our teams’ journeys—including videos, photos, and recaps—on the Intermountain stands with New York blog.

Intermountain joins ventilator reserve program; in return, we can draw on reserve

Intermountain is teaming up with some 20 national health systems to support short-term lending of ventilators between hospital systems. Participating organizations will review their current and projected ventilator needs, identify surplus ventilators they can temporarily loan to other healthcare systems for up to three weeks, then update their commitment to the reserve’s database. Intermountain is also closely coordinating in Utah with other institutions like University of Utah Health

to share resources, equipment, and supplies—a collaboration that’s constant and helps in providing the best care for patients. Other participating organizations include the Mayo Clinic, Cleveland Clinic, and HCA Healthcare (MountainStar Healthcare in Utah). Here is more information about the program.

Please contact me anytime with questions, feedback, ideas, and concerns. We are not overrun and we treat every single person that comes through our doors seeking treatment. Visitor restrictions are still in place, and we ask for your support of those as we are trying to best protect our patients, their loved ones, and our caregivers. I appreciate each of you and all you do to help our community be strong and move forward. Thank you!

Warmest Regards,

Eric Packer, Cedar City Hospital Administrator and CEO

Fun and educational websites to visit while quarantined

ORCHESTRA OF SOUTHERN UTAH

www.osulisting.blogspot.com/2020/04/music-resources-for-online-music.html

SOUTHERN UTAH MUSEUM OF ART (SUMA)

www.suu.edu/pva/suma/

NOW PLAYING UTAH

www.nowplayingutah.com/virtual-resources/

NATIONAL ENDOWMENT FOR THE ARTS

www.arts.gov

FRONTIER HOMESTEAD STATE PARK HOSTS ART SHOWS

www.frontierhomestead.org

CEDAR CITY LIBRARY

www.youseemore.com/cedarcity/calendar.asp

OFF THE CUFF IMPROV COMEDY CLUB

www.otccomedy.com

MIKE’S TAVERN EVENTS

www.mikestaverncedarcity.com

Simonfest this summer is officially cancelled

from Peter **SHAM**

FOR IRON COUNTY TODAY

Dear all,

It is with a heavy heart that I write to inform you all that Simonfest Theatre Company, its Board of Directors and Administration, has made the decision not to go forward with their planned season of shows this summer.

The reasons for this are many and, of course, related to the COVID 19 Pandemic. It is feared that audiences throughout the state will be greatly diminished over the summer months due to either financial hardship, limited disposable income, and/or a reluctance to leave their homes. It was further estimated that those who may have the means would

be more selective than usual and most likely target larger venues, like USF or Tuacahn, on which to spend their entertainment dollars.

Further, state guidelines for venues like ours (even at the prescribed “low” and “moderate” risk levels) outline a number of compliances and restrictions which we, as a small, non-profit organization, simply do not have the support team or volunteer base to accomplish.

For us the plan is now to weather the storm by saving the funds we currently have, thereby avoiding the inherent risk of producing a summer season. As I write, alternative ideas are being hatched which may allow us fun and affordable ways to stay in the public eye during the summer.

We look forward to opening powerfully again in the fall/winter season with full productions of our seasonal crowd-pleasers, *Frankenstein: On-the-Air* and *A Christmas Carol: On-the-Air*.

To those we’d hoped to hire for the first time in a year, thank you for your interest. To those who are in the Simonfest family (you know who you are), my sincerest thanks for all you have done and all you continue to do to make Simonfest great.

With Love and Gratitude,

Peter

Free online support groups, mental health seminars provided by NAMI Utah

from Robin **HOLCOMB**

NAMI UTAH

The National Alliance on Mental Illness (NAMI) Utah is rolling out free online support groups and mental health seminars to anyone in Utah impacted by mental illness. May is Mental Health Awareness Month, and now more than ever these services are needed.

In addition to online support groups, NAMI Utah will provide online 90-minute mental health education workshops each Thursday in May at 7:00pm. New to the state of Utah, these presentations provide information on signs, symptoms, treatments, and resources. The presenters, NAMI Family-to-Family teachers, share their stories of having a family member with a mental health condition, giving hope to those who may be struggling with their loved one.

“We are excited to be offering online support groups and mental health education seminars online. We know there is tremendous need, especially in light of new stressors related to COVID-19,” says Robert Wesemann, Executive Director of NAMI Utah. Mr. Wesemann says that the response from participants in pilot online support groups is very promising. “We’re learning that people are truly able to find a safe space to share and gain support from one another. It’s a different format,

ADMINISTRATION

R. Gail Stahle
PUBLISHER

gail@ironcountytoday.com

Deborah Martineau
OFFICE MANAGER

officemanager@
ironcountytoday.com

ADVERTISING

Scott Stahle

SALES REPRESENTATIVE

scott@ironcountytoday.com
801.755.5999

Patti Bostick

SALES REPRESENTATIVE

patti@ironcountytoday.com
435.592.1030

EDITORIAL

Corey Baumgartner
MANAGING EDITOR

news@ironcountytoday.com

Shay Baruffi

REPORTER

Tom Watson

REPORTER

Tom Zulewski

SPORTS WRITER

LAYOUT/DESIGN

Devin Christ

CREATIVE DIRECTOR

design@ironcountytoday.com

CIRCULATION

Taisha Powell

S. CEDAR CITY

taisha@ironcountytoday.com
435.233.6011

Stormee Anderson

N. CEDAR CITY/ENOCH

stormee@ironcountytoday.com
435.592.5724

Wendy Hanson

PAROWAN/PARAGONAH

wendy@ironcountytoday.com
435.477.9100

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389 N 100 W, Suite 12
Cedar City, Utah 84721
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OPINION

From the Editor

Trapped or transformed

As our personal lives and our community continue to endure the quarantine, we look forward to beginning to find our back from the worldwide side-effects from the Coronavirus pandemic.

Yes, life has not only been different, it has been difficult. Nevertheless, we are surviving and we will make it through these tough times.

Will life be different? Yes, and it should be. Not just different, but better. How? How can we look at our dire situations as anything but negative and ruinous?

Whether we're religious or not, we have trust that not only will this pass, but that we will have the patience and persistence to pass the test. Even though we may feel trapped, if we keep our eyes and hearts open we can find ways to be transformed—discover new interests, new talents, or unbury old ones and bring them to life, even while all around us the fear of death

threatens and mocks us to stay inside, hiding and hurting.

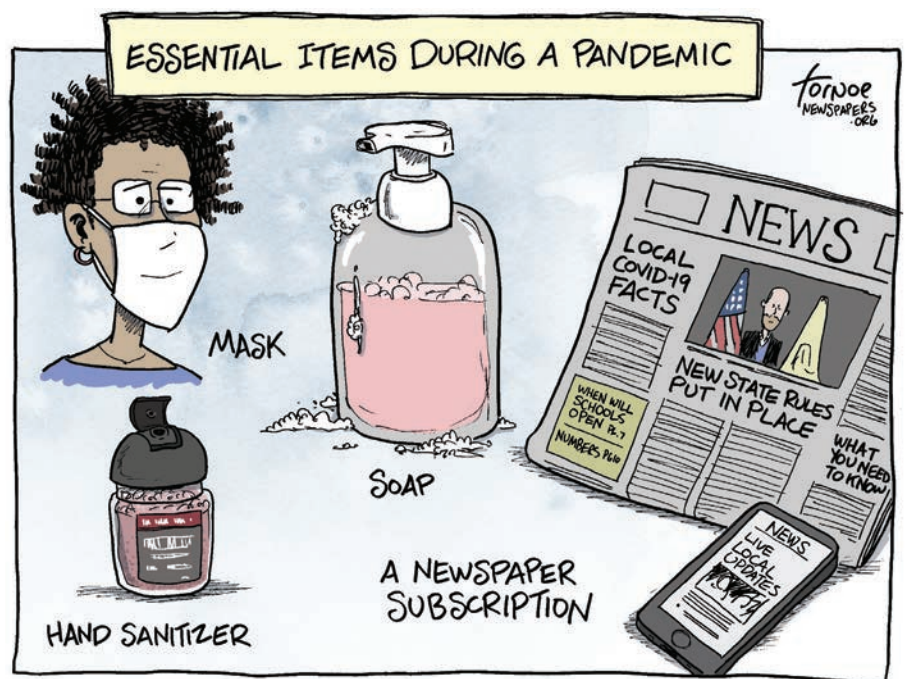
Don't wait until the day comes when our leaders tell us it's okay to live again. It's time to live again right now. No matter how long this epidemic lasts, don't keep your entire life on hold. We can each choose to have a Trapped or a Transformed mentality.

That's why we need to encourage each other to not only not give up but to step up and rise up above idleness, procrastination and excuses to be bitter instead of living a better life. That is why it is even more imperative that we endure and overcome this together.

Here's to the end of the epidemic and the beginning of a new and better life for each of us.



COREY BAUMGARTNER
MANAGING EDITOR



To the Editor

Let them eat cake!

Dear editor,

On the 16th of October, 1793, at the Place de Revolution in Paris, the Austrian Archduchess, Marie Antoinette, married to the once-powerful King of France, Louis XXXVI, was led up a scaffold and beheaded by guillotine. She, like most French nobility, had led a life of lavish excess and privilege, seemingly indifferent to her long-suffering and starving subjects.

When told that the people had no bread, she supposedly replied, "Well then, let them eat cake." Whether or not she actually said that pretty much sums up the attitude of the elite at that time. Today, America has politicians who will go to any length and promulgate any lie to acquire and maintain power over the American people.

One such is an arrogant, obnoxious and obscenely wealthy individual whose unbridled lust for power overrides any vestige of common sense or decency. This is Nancy Pelosi. Her outrages are far too many to recount here but two in particular are very recent. A few weeks ago, after some vicious infighting, she compromised with the sponsors of a somewhat reasonable piece of legislation that would have gone far to help alleviate the nation's financial crisis. That

afternoon she returned to California to celebrate her birthday. After soaking herself in a tub of gin over the weekend she went back to D.C., rather the worse for wear and in a snarly, combative mood. Thereupon she axed the agreement and began weeks of unnecessary wrangling for another, pork-saturated bill that included millions of taxpayer dollars for such ludicrous expenditures as the Kennedy Center (frequented mostly by pinky extended finger martini slurping effete snobs), undeserved benefits for illegal aliens, abortion clinics and an whole host of other "worthy" causes.

Then, in a recent display of unbelievable insensitivity, she had her media sycophants come into her home whereupon she opened a giant freezer to public view revealing it to be filled with a myriad selection of extremely expensive ice cream containers. Marie would have been proud.

Rick Warke

Submit your letter to the editor online at ironcountytoday.com, or email news@ironcountytoday.com or bring/mail them to 389 N 100 W, Cedar City, Utah 84721.

All letters must be signed, be brief (generally under 300 words in length), list the author's city and give the writer's telephone number (phone number will not be printed). We reserve the right to edit all letters for length or content. For letters arriving electronically, we will use the author's e-mail address in lieu of a signature.

Thought of the Week

from the desk of R. Gail Stahle, publisher

"Don't judge each day by the harvest you reap, but by the seeds you plant."

» Robert Louis Stevenson

OPINION

PRAISE FOR INSPIRED PARENTING



Cyclops

by Bryan GRAY
COLUMNIST

The opinions stated in this article are solely those of the author and not of Iron County Today.

The “stay at home” requests from local officials have led to an increase in (GASP!) actual parenting. The children are home and parents are expected to guide them through on-line homework assignments. In addition, parents are seeing that dealing with children and their endless curiosity, questions, and requests can require the patience of Job and the imagination of Dr. Seuss.

If anything good comes out of this pandemic, it is the realization that while parenting manuals don’t arrive with the birth of a baby, good parenting can have lifelong benefits.

Some 20 years ago, I wrote of a boy who was concerned about his face.

“Those are freckles,” said his mother. “You are really lucky to have them. Most boys and girls aren’t as fortunate as you.”

“Lucky!” the boy cried. “The kids talk about my freckle at school. One girl came up to me with a pen and wanted to connect the dots on my face

before I chased her away.”

“Well, freckles should not be laughed at,” said his mother. “They make you special.”

“Special? Who wants to be special like this?” said the boy. “How come I have them anyway? Is it a disease?”

“Oh no, there’s no disease,” said the mother, who pondered the best way to explain to her son. He was too young to appreciate the medical reasons: how freckles are frequently inherited, how blond and red-haired people are more likely to have them than do brunettes, how they are the result of an uneven distribution of melanin in the skin creating an irregular tanning process. Further, she didn’t want to make the boy fearful by telling him that freckled children should make an extra effort to stay out of direct sunlight. So, she took a different tact.

“You are special because freckles came from God,” she said.

“Why would God give me freckles?” he asked.

“Because He loves you very much and by giving you freckles, He can more easily find you in a crowd. You’ll be easier to spot.”

“So, if he finds me, God can give me blessings?”

“Maybe, although remember that God loves all His children.”

“But not all of them get freckles!” beamed the boy.

“That’s right – and you need to remember that it’s important to put sunscreen lotion on your face and arms to protect those freckles.”

The boy was satisfied, even happy. And the mother...well, let’s say she felt like she had just passed another pop quiz in parenting.



IRON COUNTY FORECAST

FAIR WEATHER WEEK FOR IRON COUNTY, AS ANOTHER RIDGE OF HIGH PRESSURE BEGINS TO BUILD BY MIDWEEK. EXPECT PLENTY OF SUNSHINE AND ABOVE NORMAL TEMPS, WITH LOW 80S BEING THE DOMINANT TREND STARTING ON FRIDAY. SOME RAIN FOR PARTS OF UTAH, IT DOESN'T LOOK TO REACH AS FAR SOUTH AS IRON COUNTY; HOWEVER, CLOUDS DO, SO I'VE INCREASED CLOUD COVERAGE ON SUNDAY TO INCLUDE PARTLY CLOUDY SKIES.



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WEDNESDAY	Sun and Clouds 83°/46° PRECIP: 0% WINDS: SSW 10-15
THURSDAY	Sunny Skies 76°/44° PRECIP: 0% WINDS: N 8-12
FRIDAY	Sunny 80°/50° PRECIP: 0% WINDS: WNW 10-15
SATURDAY	Sun to Clouds 80°/49° PRECIP: 0% WINDS: WSW 10-15
SUNDAY	Partly Cloudy 80°/51° PRECIP: 10% WINDS: SSW 8-12
MONDAY	Mostly Cloudy 79°/54° PRECIP: 20% WINDS: SW 10-15
TUESDAY	Mostly Sunny 80°/50° PRECIP: 0% WINDS: SSW 12-18

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Mother's

DAY

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OPINION

America awakening to China - a clarion call to seize the moment

The covid-19 pandemic has revealed that, to a great degree, our very health is in Chinese hands; from medicines to masks, we are at Beijing's mercy. Embarrassed by the revelation of this vulnerability, politicians in Washington will certainly act to remedy our medical dependence — with the usual fanfare and self-congratulation. But China's stranglehold on pharmaceuticals is only a small sliver of its grand strategy for economic, military and geopolitical domination. The West's response must extend much further — it will require a unified strategy among free nations to counter China's trade predation and its corruption of our mutual security.

In recent years, China has succeeded in disproportionately positioning its citizens and proxies with loyalties to the Chinese Communist Party in key international governing bodies, allowing it to expand its geopolitical influence. China relentlessly badgers and bribes nations to avert their leaders' eyes from its egregious abuses of Tibetans, Uighurs and other minorities — as well as its targeting of pro-democracy leaders in Hong Kong. The same methods result in the geopolitical isolation of Taiwan. All the while, China spreads pacifying propaganda throughout the world; even right under our noses, so-called Confucius Institutes peddle pro-China messages in America's colleges and high schools.

China's alarming military build-up is not widely discussed outside classified settings, but Americans should not take comfort in our disproportionately large military budget. The government of President Xi Jinping doesn't report its actual defense spending. An apples-to-apples analysis demonstrates that China's annual procurement of military hardware is nearly identical to ours; but because our military has missions around the world, this means that in the Pacific, where China concentrates its firepower, it will have military superiority. No wonder the Philippines and other Pacific nations have cozied up to their powerful neighbor.

Today, however, Beijing's weapon of choice is economic: The tip of its

spear is global industrial predation. China not only steals technology from other nations, it massively subsidizes industries it determines to have strategic importance. Further, it employs competitive practices that have long been forbidden by developed nations, including bribery, monopoly, currency manipulation and predatory pricing.

As China ascended in the global marketplace, the West indulged its aberrant industrial policies, hoping it would move toward freedom and adherence to the international rules of commerce. That indulgence exacted a heavy toll. For example, China achieved a breathtaking capture of the global steel market through means that are illegal or impossible elsewhere: pricing far below cost, artificially depressing currency,

massive government subsidies and, to be sure, a measure of bribes. Between 2000 and 2009, China more than tripled its global share of steel production, and now it controls more than half of the world's output — resulting in steel plants shuttered around the globe and the sacrifice of hundreds of thousands of jobs.

China employs its predatory tools across the economy, from high-tech and national security sectors of nanotechnology, telecommunications and artificial intelligence to basic mining and manufacturing. A Chinese conglomerate recently acquired a dominant Indonesian stainless-steel company. Indonesia just happens to be the largest producer of the world's nickel, an essential ingredient in the production of stainless steel. Suddenly, Indonesia has agreed to shut off nickel exports to any of China's foreign competitors. Another near-monopoly is born, thanks to anti-competitive tactics.

When a predator, unbound by the rules followed by its competitors, is allowed to operate in a free market, that market is no longer truly free.

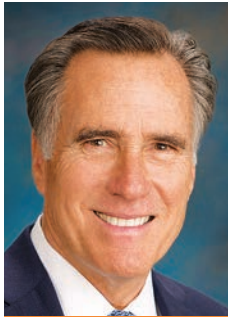
As a first step, President Trump was right to blow the whistle on Xi and apply tariffs. But we must go a good deal further. We must align our negotiating strategy and policies with other nations that adhere to the global rules of trade. This means narrowing

trade disputes with our friends and uniting against China's untethered abuse. China must understand that it will not have free, unfettered access to any of our economies unless it ceases to employ anti-competitive and predatory practices. It will face a simple choice: Play by the global rules, or face steep economic penalties.

Further action should be applied in national security sectors such as artificial intelligence, telecommunication and, as we now know, pharmaceuticals. The free nations must collectively agree that we will buy these products only from other free nations. In addition to protecting our security, such

an agreement would incentivize our research and industrial institutions to invest in these areas, knowing that they will not be undercut by Chinese predatory practices.

China has done what we have allowed it to do; to save a few dollars, we have looked the other way. Covid-19 has exposed China's dishonesty for all to see. And it is a clarion call for America to seize the moment. When the immediate health crisis has passed, the United States should convene like-minded nations to develop a common strategy aimed at dissuading China from pursuing its predatory path.



SEN. MITT ROMNEY

U.S. SENATE

Word on the Street

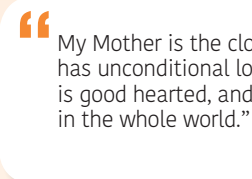
Compiled by Tom Watson

What Does Your Mom Mean to You?



“My Mom is pretty much my rock. She's been there through all the good times and the hard times. Has always stood by me. She is my biggest supporter and she loves me unconditionally. She is my biggest fan. I wouldn't be who I am today without my mom, or without her influence and her example in my life.”

— Cami Woolsey



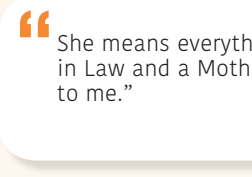
“My Mother is the closest person I'll ever know. She has unconditional love for me and my brother. She is good hearted, and she is one of my best friends in the whole world.”

— Kristina Holden



“It's to have a day to celebrate where we can give back to our Moms for everything that they do for us.”

— Lauren Howell



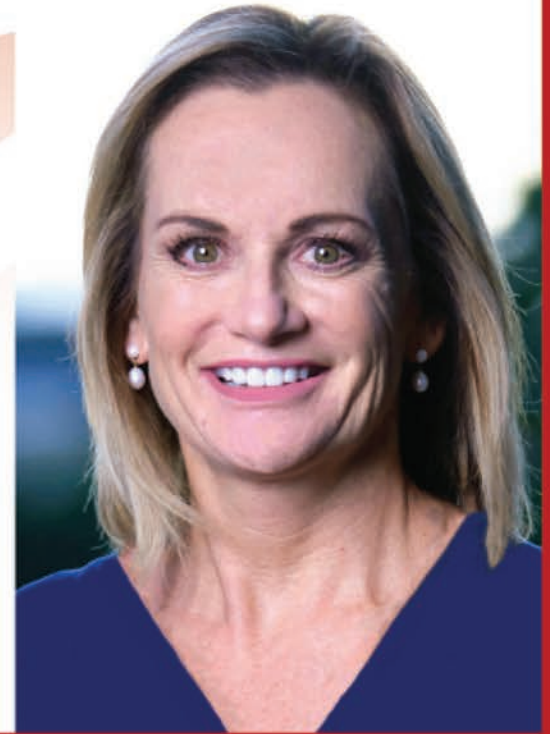
“She means everything to me. I have a Mother in Law and a Mother. They both mean the world to me.”

— Kim McAllister



If you have thoughts and ideas about what has been happening in Iron County, other ideas for upcoming Word on the Street questions, please submit them to news@ironcountytoday.com.

Cindy BULLOCH



IRON COUNTY COMMISSIONER 2020

During an unprecedented pandemic like COVID-19, and economic recovery,
YOU NEED A LEADER.

"There is nothing more important than the good people of Iron County, and our safety and financial strength. I have proven experience on how to lead through times of change and crisis, and will fearlessly fight for what Iron County needs to be safe and strong. I was elected as President of the Utah Association of Counties because they know of my ability to lead and get things done for our county. It's why I have the support and endorsement of so many business, civic, military and community leaders in our area, including former State Bank CEO John Westwood, Senator Evan Vickers, Rich and Linda Wilson, and retired Command Sergeant Major Mike Miller. I ask for your support and vote!" **-CINDY BULLOCH**



LEADERSHIP YOU CAN TRUST.

VOTE CINDY BULLOCH FOR IRON COUNTY COMMISSIONER.

cindybullochforironcounty.com • cindybullochforironcounty@gmail.com • 435-233-0314

COMMUNITY SERVICE/ AWARDS & EXPERIENCE

State Bank of Southern Utah Appraiser
Utah Association of Counties, Assessor of the Year
Parowan Library Board
Parowan Arts, Parks and Recreation Board
Iron County Republican Party Precinct Vice Chair,
Parowan South
Iron County Republican Party County Delegate
Iron County Republican Party Central Committee
Volunteer Coordinator Committee, Tour of Utah
Volunteer Parowan Half Marathon
Volunteer Cedar Half Marathon
Over a Gallon Blood Donor
Church Young Women Leader and Youth Camp Director
Cedar Rotary
Fifth District Court Judicial Nominating
Committee, Chair
Utah Assessor's Association, President
International Association of Assessing Officers, Utah
Chapter, Board & Treasurer
Multi County Appraiser Trust Board, Executive Board
Utah Association of Counties, Board of Directors
Utah Association of Counties, President of Board
Utah Association of Counties Public Lands Committee
National Association of Counties, Board of Directors
NACo Agriculture And Rural Affairs Committee
NACo Finance, Pensions and Intergovernmental Affairs
Committee, Vice Chair
NACo Membership Committee
NACo Arts and Culture Committee
Utah Chapter, IAAO, Assessor of the Year

UTAH Legislative Update

Dear Friends and Neighbors,

I hope you've all enjoyed the sunshine and warmer temperatures this week. In addition to the beautiful weather this week, I'm encouraged that as a state we've taken important steps forward to slowly begin returning to life as normal.

On May 1st, the Utah Department of Health reported 112,558 COVID-19 tests administered, 4,828 positive tests, 403 hospitalizations and 46 fatalities. An estimated 1,790 citizens have now recovered.

The Southwest Utah Public Health Department reported 101 total confirmed cases of COVID-19, with 3 new positive cases, 69 recovered cases, 4 currently hospitalized and 2 deaths. For individual case by county breakdowns visit: <https://swuhealth.org/covid/>

This week, in conjunction with the Utah Department of Health and the Public Health and Economic Emergency Commission, Gov. Herbert announced Utah will transition from a high risk "urgent" phase to the moderate "stabilization" phase of the Utah Leads Together 2.0 plan last Friday, May 1. This new phase will allow the reopening of personal care facilities, like gyms and salons, and reestablish in-house dining in restaurants providing they follow required precautions. This reopening is exciting but does not represent a complete return to business as usual. We will venture into this new phase while incorporating important public health precautions. This is a slow change, but it is certainly a step in a positive direction. In addition to businesses reopening, individuals and families in good health will be able to interact in groups of up to 20 people. You can read more about it at <https://coronavirus.utah.gov/>

The Public Health and Economic Emergency Commission specific recommended guidelines for individuals and businesses for how the state can safely transition to the stabilization phase can be found at <https://gomb.utah.gov/>

It is exciting to move forward with these changes, but citizens are strongly encouraged to maintain social distancing, wear a mask and stay home when sick. For those who do not currently have access to a mask, the state has partnered with the Utah Manufacturers Association to provide two million masks to Utahns. These masks are federally funded with money received through the CARES act. There is a limit of one mask per person and six per household. If you do not already have a mask, you may request one at coronavirus.utah.gov/mask.

FAQs

Q- Is Utah going to purchase hydroxychloroquine to treat COVID-19?

About a month ago, a state office purchased 20,000 doses of hydroxychloroquine. At the time, the federal government indicated hydroxychloroquine would soon be in short supply nationwide and these types of drugs seemed promising. Current reports on these drugs have mixed results on efficacy, though there were some promising reports about the role of antiviral medications in treating COVID-19. We are in a fast-changing environment with new information becoming available all the time.

Gov. Herbert announced efforts to purchase additional supplies of hydroxychloroquine have ceased and did an internal review of the March 31 purchase of compounded chloroquine and hydroxychloroquine from the pharmacy Meds in Motion. The review determined all involved acted proactively, preemptively and prudently during an emergency in an effort to help save lives. The authorized purchase was executed by the Division of State Purchasing and General Services at a fair price. While there were breakdowns in communication between state agencies, all involved acted in good faith.

Since the purchase by state agencies, and prior to taking possession of the medication, the state determined the supply of chloroquine/hydroxychloroquine is no longer needed. The \$800,000 purchase has been refunded. Discussion on the costs of this purchase was done without the involvement of the legislature, governor or lieutenant governor.

During an unprecedented global health crisis, the state is trying to prepare for various situations. We want to make sure we support our physicians and COVID-19 patients have access to treatment options. The University of Utah, Intermountain Healthcare and many others are currently conducting clinical studies for possible treatments for COVID-19. As a legislature, we have authorized funding to be set aside for medications that may be helpful in combating COVID-19. The funding is intended to enable state agencies to pursue potential treatments to help treat patients during the COVID-19 health crisis.

I will be providing these COVID-19 updates from a legislative perspective weekly. I want to hear from you and get your feedback, thoughts and ideas on what's happening in our local communities. Please contact me anytime at evickers@le.utah.gov. Thank you.

Sincerely,

Evan Vickers, Utah State Senate



SEN. EVAN VICKERS

UTAH SENATE DISTRICT 28

SUU, Utah Rural Summit join in response to call for remote worker training

by Haven SCOTT

FOR IRON COUNTY TODAY

Utah remote work experts and Southern Utah University are partnering to provide foundational, credible and functional resources for business professionals struggling to respond to the many emergent needs associated with COVID-19 and its rippling effects on the workforce.

Presented by Southern Utah University's Better Your Business leadership training program, and in partnership with the Dixie L. Leavitt School of Business and the Utah Rural Summit, the SUU Remote Work Tools program will deliver instruction and resources in an online seminar format. In six lunchtime sessions, participants will receive tools, training

training program is stepping up by assessing current needs and partnering with other successful programs to deliver training to the businesses and companies who need this the most."

The SUU Remote Work Tools course consists of six live-streamed sessions and one bonus session hosted by Scott Leavitt of Southwest Technical College and Madalyn Swanson of Dixie L. Leavitt School of Business. Each session consists of a 30-minute presentation from an industry expert, and a 15-minute question and answer session facilitated by the hosts.

"COVID-19 is impacting just about every aspect of our everyday lives, including what we do, how we interact, and how we work," said Dean Mary Pearson, SUU Dixie L. Leavitt School of Business.



COURTESY PHOTO

DURING SIX LIVE-STREAMED SESSIONS, participants will be able to connect and interact with Utah business leaders and professionals to receive remote worker training.

and opportunities to interact with Utah business leaders collaborating to support success for working remotely.

Course instructors include COO Tenia Wallace of Decorworx, CEO David Mineer of Construction Monitor, VP of Client Development Melissa Garland of Atlas RTX, Principal Architect Lindison Web of Ticketmaster and Senior Director David Lisonbee of Nice, Inc. Other modules cover conferencing, content libraries and managing worker time. Cohorts will run in May and June allowing for real-time adaption to remote work needs; each cohort limited to 30 members at a time. Sessions are designed to fit the demanding schedules of business leaders and are power-packed to provide relevant training.

"Businesses leaders are reaching out to us for help managing remotely," said Stephen Lisonbee, Executive Director of SUU's Office of Regional Services. "Our SUU Better Your Business leadership

"It is important during times like this that we look for ways to support and lift each other. The Dixie L. Leavitt School of Business is excited to co-host this seminar series and to provide business leaders relevant information to help manage their teams, maintain productivity and communicate effectively during these challenging and uncertain times."

Southern Utah University's Professional Development and Leadership (PDL) program offers opportunities for working adults to advance in their careers and pursue educational goals by providing access to a number of in-person and online training, certificates and degree options. The PDL program is presented by SUU's Community and Academic Enrichment office and is responsible for responding to the region's ongoing and emergent professional training needs. For more information, email prodev@suu.edu or call (435) 865-8259.



MARIAH D. CLAYSON



COLTON FOWLER



TAYLEE CICCONE



ANTHONY MALACHOWSKI



JESSIE T. ABBOTT

COURTESY PHOTOS

Southern Utah University honors five valedictorians

from David BISHOP

FOR IRON COUNTY TODAY

CEDAR CITY — In recognition of their hard work and dedication, five incredible students have been named Southern Utah University's valedictorians for 2020. Each student has a unique set of talents and demonstrates outstanding academic ability, placing them as the highest academically ranked individual in their area of study.

College of Science and Engineering - Mariah D. Clayson

Chemistry major, Mariah Clayson, has always loved to learn new things and take on challenges. This determined attitude defined her college education and led to her being named valedictorian for the College of Science and Engineering. Clayson advises incoming students and current T-Birds to try to be flexible. "Getting a degree takes a long time and you may go through different phases of your life during that time," said Clayson. "Sometimes, it is important that I give all of my energy to my school work and getting ahead in life. However, other times required me to slow down and find more balance in my life."

University Valedictorian - Colton Fowler

For business management student, Colton Fowler, the journey to graduation was a stressful one, but after four years of hard work, Fowler is honored not only to graduate with a 4.0, but to graduate as SUU's 2020 Valedictorian. Throughout his time at SUU, Fowler has appeared on the Dean's List multiple times, was recognized as the Outstanding Junior in Management, and has worked in the Tutoring Center. "Being named valedictorian was extra validation for all the hard work I put in," said Fowler. "I'm sure

there are many other students that deserve this just as much as I do and I just feel honored that they chose me."

College of Humanities and Social Science - Taylee Ciccone

Taylee Ciccone is thrilled to be named 2020 valedictorian for the College of Humanities of Social Sciences. Ciccone is graduating with dual degrees in psychology and criminal justice. Because of her time as a student leader on campus, Ciccone has found a new passion and talent for event planning and specifically, making everyone feel welcomed and loved. After graduation, she plans to work in student affairs for higher education. "I really love fighting for social justice, fighting to fix injustices, and making people feel like they belong," said Ciccone. "We all deserve to have the same rights: to feel safe and to feel loved. You are NEVER alone while attending SUU. Your student leaders, advisors, professors, and staff on campus care about you. Don't be afraid to reach out."

College of Performing and Visual Arts - Anthony Malachowski

Originally from Cedar City, Anthony Malachowski has always loved music. Growing up playing piano, a passion for music drove Malachowski to major in piano performance at SUU and as graduation approaches, earned him a place as the College of Performing and Visual Art's 2020 Valedictorian. During his time at SUU, Malachowski has had the opportunity to participate in the SUU Piano Ensemble and Wind Symphony, as well as the SUU Jazz Ensemble. However, Malachowski's time at SUU hasn't been a walk in the park. "My time at SUU has been a struggle," Malachowski said, "It hasn't been an easy road by any means, but through

hard work, dedication, determination, and discipline, I've accomplished more than I could have ever imagined, and it feels incredible to come out on the other end of this experience victorious."

College of Education and Human Development - Jessie T. Abbott

Jessie Abbott is thrilled to be representing the College of Education and Human Development as the college's 2020 Valedictorian. Jessie Abbott is an exercise science major

from Mapleton, Utah. Abbott chose to attend SUU because of the community feel on campus, the hands-on learning experiences, and the size of Cedar City. She's connected with many students and professors across campus, but especially in the exercise science program. "One reason I love SUU is because of the quality of professors I have learned from, and the friendships I have been able to form with them," said Abbott. "SUU feels like my home, it's truly a family-like community here, and that's the big reason I'm so sad to leave."

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Thunderbirds,
**WE
WILL
RISE**

SUU SOUTHERN
UTAH
UNIVERSITY

go.suu.edu/wewillrise

Clothesline Project raises awareness for domestic violence, sexual assault

by Tom WATSON

IRON COUNTY TODAY

While traveling around Cedar City and the surrounding towns in Iron County, I often witness some incredible things that should be acknowledged and written about. This one in particular is extremely special.

With April being both Sexual Assault Awareness Month and Child Abuse Protection Month, the local community advocacy group, the Iron County Sexual and Domestic Violence Prevention Coalition, held a special event towards the end of the month, The Clothesline Project. The event included eye-catching, heart-breaking messages written on clothing and hung on clotheslines to bring awareness to the Sexual and Domestic Violence in our area.



T-SHIRTS WITH MESSAGES OF HURT AND HOPE hang from a clothesline to raise awareness for the prevention of domestic and sexual violence.

TOM WATSON

With help and support from Canyon Creek Services, these messages are of a positive, empowering nature and they reflect the mission of both benevolent businesses; to help raise awareness for these hurtful, but hopeful for healing situations and to rid Iron County of domestic violence and sexual assault of all kinds. The services they provide are not just for women or children in crisis. Men can also find themselves in situations where they have no one to turn to.

Locations in Cedar City, Enoch and Parowan included displays of hanging T- Shirts, denim jeans and tank tops. Upon each was written by the wearer a heartfelt and hurtful reason it was hanging there for all to see. If you happened to notice the t-shirts, you may have also seen the pinwheels at the base of the display. This was to bring attention and awareness to this nation's problem of child abuse.

Canyon Creek Services, The ICSVPC Coalition and the Clothesline Project seek to bring more awareness of abuses that are prevalent in today's society; the ones that few seem to want to admit or discuss, such as sexual assault and harassment, child abuse, rape, and incest. Many may wonder why we have these problems, especially in Iron County. While it is impossible to determine precisely what causes domestic and sexual violence, according to the CDC (www.cdc.gov) there are

several associated risk factors which include Economic Stress, Alcohol and Substance abuse and work-related issues; especially with the government shut-down of many local businesses, people have had to either go on unemployment insurance or do the best they could with any savings. Also, with the aspect of Mental Illness, Housing Insecurities, a lack of educational opportunities, and yes, even religion, can bring out the worst in some people.

And I would be remiss if I did not tell about the issues that our military service men and women come home with. The Clothesline Project was started entirely to help treat the instances of domestic violence during and after the Vietnam War for both the men and women of our military. Any of you veterans out there know exactly what I am talking about. Going into a world completely foreign, not being totally

prepared to see and witness what was put before you, are often devastating to the human mind. God bless you all for hanging in there for us.

Yes, these are each extremely heavy subjects, but the Iron County Sexual and Domestic Violence Prevention Coalition, alongside Canyon Creek Services and their professionally trained staff has the courage to bring these sensitive subjects into the light. Because if we are educated and empower ourselves, we can do something about this problem and Canyon Creek Services is there for us all with open arms to help for them as well.

For more information on the Iron County Sexual and Domestic Violence Prevention Coalition, please contact icsdvpc@gmail.com.

Canyon Creek Services (CCS) provides free and confidential services for survivors of domestic violence and sexual assault in Iron, Beaver, and Garfield counties. Services included emergency shelter, crisis intervention, information and referral, court and medical advocacy, support groups and assistance in creating safety plans and community education help. Help us available via the 24-hour hotline, (Text or call) 435-233-5732., Also visit www.canyoncreek-services.org, or their administration offices at 444 S. Main Street, Suite A4, Cedar City, Utah.

COVID-19

« CONTINUED FROM PAGE 3

but very effective.”

Sherrie Llewelyn, State trainer of support group facilitators, says the positive response of NAMI Utah's pilot online support groups brings tears to her eyes. “This quarantine feels so isolating and lonely for people who don't regularly struggle with mental illness, so being able to offer this to the community is truly remarkable.”

Greg, a support group facilitator for adults with mental health conditions, helped pilot NAMI Utah's first online support groups. “I can't stress enough how excited I am to continue on this endeavor especially after the turnout and success of the first one.” NAMI Utah Board President Owen Ashton was worried about people's ability to emotionally connect in an online format. He said he was pleased that when he participated in the Connection support group earlier in April, he was able to personally connect, but it was just different because it was through video conferencing.

While some people may be concerned about confidentiality in an online format or their ability to use video conferencing, NAMI Utah assures confidentiality, and technological problems have been minimal. Participants must register ahead of time and will receive a weekly confidential log-in invitation, which allows them to join the online meeting.

Starting in May, family members of loved ones with mental health conditions can attend online family support groups every Tuesday at 7:00pm. Adults with mental health conditions are invited to attend Connection support groups every Wednesday at 12:30pm or 7:00pm.

Register for support groups at <https://form.jotform.com/200846724854158>. For more information, contact Christene Finch at christene@namiut.org.

Family and Friends education seminars will be held each Thursday in May at 7:00pm. To register, contact Eric Keil at eric@namiut.org.

Coming soon are other NAMI classes offered online in both English and Spanish.

The mission of NAMI Utah is to ensure the dignity and improve the lives of those who live with mental illness and their families through our three cornerstones: support, education, and advocacy. All NAMI Utah programs and classes are offered at no charge for anyone who has mental illness or a friend or family member of someone with mental illness. NAMI Utah's programs also include Ending-the-Silence for students, families, and school support staff, school-based Progression (teens 13 – 18) and Basics (parents) classes. NAMI Utah's Mentor Line takes calls Monday through Friday, 9 am – 4 pm. For more information about NAMI Utah, call 801 323-9900. www.namiut.org.

May 6-9, 2020

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Our locally owned restaurants are part of what makes our community a great place to live. Current safety guidelines allow for many ways of supporting local restaurants. If you are able and comfortable doing so, help your neighbors and friends by getting a take-out meal.



For a current list of restaurants with online ordering, curbside, and other take-out options, go to visitcedarcity.com

THE CEDAR CITY ARTS COUNCIL PRESENTS

Virtual Art Tours

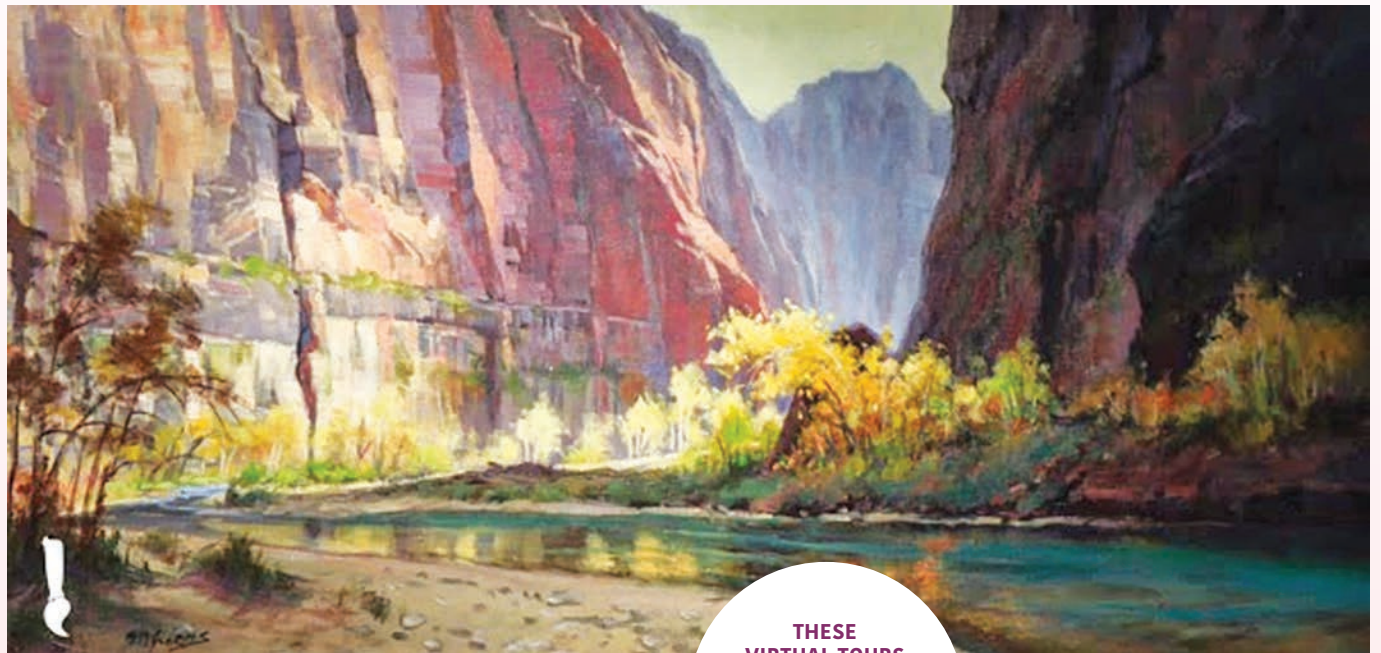
by Shaylene
BARUFFI-JENSEN

CEDAR CITY ARTS COUNCIL

The Cedar City Arts Council understands the importance the arts play in our lives. People often seek the arts to manage life during challenging moments. Many events have been cancelled and many locations have closed due to the Coronavirus outbreak. The demonstrated adaptability of artists and art organizations during these times has been encouraging. Multiple organizations and artists have been very swift in rescheduling events and providing virtual options for patrons.

In response to the wide availability of virtual art related events due to the COVID-19 outbreak the Cedar City Arts Council is bringing this innovative approach to Iron County, Utah! These Virtual Tours will feature artist studios, artist websites, photos, videos, and art collections.

If you are an artist, an arts organization or a business who loves to support the arts in Iron County and you are interested in participating in a Virtual Art Tour please let us know at cedarcity-artsCouncil@gmail.com or on The Cedar City Arts Council's Facebook page. You can also add #cedarcityarts to any of your social media posts.



A PIECE BY MARY JABENS

**THESE
VIRTUAL TOURS
WILL FEATURE**
artist studios, artist
websites, photos,
videos, and art
collections.



ANDREW BARUFFI'S "FREEZE" ON DISPLAY AT THE GRIND COFFEEHOUSE CAFE.



A PIECE BY JAY MERRYWEATHER ON DISPLAY AT BRUCE HUGHES' ACCOUNTING



A PIECE BY NICK FROYD ON DISPLAY AT COLOR COUNTRY ART SUPPLY.

HOME & GARDEN

Guide



GETTY IMAGES

Exterior renovations that **IMPROVE CURB APPEAL**

Neglecting a home's exterior can be a disservice to homeowners, particularly those looking to increase the value of their homes. Curb appeal is important, as a home's appearance can greatly affect prospective buyers' perceptions.

Knowing which projects can offer the most bang for their remodeling buck can help homeowners make the right choices when improving the exterior of their homes. The following are some areas where homeowners can direct their focus if their end goal is a great-looking home with added value, as determined by the 2019 "Cost vs. Value Report" from Remodeling magazine. This report compares the average cost of 22 remodeling projects with the value those projects retain at resale across 136 markets.

Garage door replacement

Homeowners can recoup 97.5 percent of their investment on a new garage door. This remodel tops the list for good looks and value. The average cost of \$3,611 is for replacing an existing two-car garage.

Manufactured stone veneer

Replacing a portion of vinyl siding with stone veneer can greatly improve curb appeal, adding style that can set a home apart. Homeowners can expect to recoup a 94.9 percent return on their investment.

Wood deck addition

A wooden deck on the rear or side of a home enhances homeowners' ability to enjoy the outdoors year-round. A wood deck addition recoups 75.6 of the cost of homeowners' initial investment.

Siding replacement

Not only does old or weathered siding look unsightly, it can impact the energy efficiency of a home. Even though a siding replacement project is costly – at roughly \$16,000 – it offers a 75 percent return and peace of mind that the home is being well-protected from the elements.

New entry door

Replacing an existing door with a 20-gauge steel door complete with clear dual-pane half-glass panel, jambs and an aluminum threshold with composite stop gets homeowners 75 percent of their initial investment back at resale. Improving the door isn't all about good looks, either. A door that isn't well-insulated or secure can be problematic.

In addition to these improvements, homeowners would be wise to focus on some upgraded landscaping, an upgraded roof, new windows, and improved exterior lighting as surefire ways to add curb appeal and potential value to their homes.



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IN IRON COUNTY

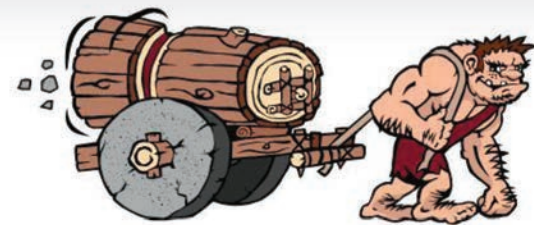
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GET YOUR GARDEN MIX

at Rocky Ridge

Now that spring is here it's a great time to start sprucing up your yard and garden. A great place to start is by adding soil amendments. Garden mix and mushroom mulch are both great options. Garden Mix is a mixture of Mushroom Mulch, sand, perlite peat moss, and topsoil. We mix it at our yard and are able to ensure a great quality soil. The garden mix is great to use for raised planter beds, flower beds and traditional gardens. You can plant directly into it or mix it with your existing soil. When seeding for grass or laying sod the garden mix will give your grass a fantastic head start. The mushroom mulch is rich in nitrogen, and acts as a fertilizer, the sand enables the soil to drain effectively while retaining moisture, the perlite peat moss provides organic material that also helps with drainage and enhances root growth. Our garden mix is a huge hit with all of our customers.

Garden soil is sold by the cubic yard. It is very affordable compared to bags of soil that are sold in the big box stores. We will sell you any quantity and have same day delivery or you can pick up the soil at our yard.

We also sell Mushroom Mulch. It's another option if you're wanting to mix with your existing soil, we can even do a basic mix here in our yard. If you decide you want a specific mixture for example of Mushroom Mulch and Topsoil we can do that right here in our yard.

Another great thing to work on is refreshing your xeriscape. Over-time your gravel will sink in or just disappear, it's one of the great mysteries of life where it goes. Wherever it goes, a great spring project is to refresh it and give it that beautiful fresh spring look. We carry a wide range of decorative gravel with over 40 different colors and sizes to choose from. We can match almost any color if you bring in a sample of your existing gravel.

You can also build a paver patio or install a firepit in your backyard. Nothing spruces up a yard like an awesome patio to sit and enjoy the sunsets or for your Sunday afternoon BBQ. We have a wide variety of pavers and retaining block, the largest selection of pavers in Cedar City. We are now carrying fence block for any size project, whether you need just a few or enough for a large fence for your entire yard. It comes in multiple colors and is available for pick-up or delivery.

We have started our summer hours, Monday-Friday 8:00-5:00 Saturday 8:00-12:00. We are located at 500 N. 600 W. in Cedar City. We can be reached by phone (435)-867-1368 or by e-mail at rockyridge1368@gmail.com. You can also visit our website rockyridgerock.com



GETTY IMAGES



ROCKY RIDGE

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5 OUTDOOR PROJECTS

that add value to your home



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Exterior renovations can enhance the appearance of a property and make it more enjoyable for homeowners. Certain renovations have the potential to add value to a home, while others may do the opposite. Learning which one have the largest return on investment can help homeowners select features that will have the most positive impact.

Curb appeal goes a long way toward attracting potential buyers. According to the National Association of Realtors, first impressions of a property have a strong influence on buyers. Landscaping and external features can do much to influence such impressions. .

Lawn care program

Investing in a lawn care program that consists of fertilizer and weed control application and can be transferred over to a subsequent home owner is an attractive feature. NAR says such a care program can recover \$1,000 in value of the \$330 average

cost, or a 303 percent ROI.

Low-maintenance lifestyle

When choosing materials for projects, those that offer low-maintenance benefits can be preferential. These include low-maintenance patio materials, composite decking, vinyl fencing, and inorganic mulched beds.

Fire pit

A fire pit can be used for much of the year. In the spring and summer, the firepit is a great place to congregate to roast marshmallows or sip wine and gaze into the fire. In the fall, the fire pit can make for a cozy retreat. A fire pit that has a gas burner is low-maintenance, and the National Association of Landscape Professionals says that most can recoup about \$4,000 of their \$6,000 average price tag.

Softscaping

Hardscaping refers to structures like outdoor kitchens or decks. Softscaping involves the living elements of the landscape. Hiring a landscape designer to install trees, shrubs, natural edging, and rock elements can do wonders toward improving the look and value of a home.

Pool or water feature

In certain markets, particularly hot climates, a pool or another water feature is a must-have. However, in other areas where outdoor time is limited, a pool or water feature can actually lower the value of a home. Speaking with a real estate professional can give homeowners an idea of how a pool will fare in a given neighborhood.

Outdoor improvements can improve the marketability of a home, as well as enhance its appearance and function.

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Jacobs Construction provides a wealth of knowledge and experience in custom home building, remodeling and maintenance services. We believe that truly superior homes are built to reflect their owners' vision and lifestyle. Our outstanding principles direct both the building process and business relationship. These principles include honesty, attention to detail, clear communication and dedication to doing things right the first time.

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Top 5 hottest HOME BUILDING TRENDS

(MS) — These days, home trends are about more than good design and aesthetics — they're about creating spaces that reflect our values and are more comfortable and enjoyable to live in. From net-zero and net-positive construction to tiny minimalist homes, trends are all about your family's lifestyle.

Whether you're shopping for a new home, renovating your own or creating a new build from scratch, here are some of the biggest trends you need to know for inspiration.

Sustainable design

This one has been popular for a long time, but green design has evolved to be about much more than energy-efficient appliances and LED light bulbs. Now, it's all about making sure everything in your home reduces your carbon footprint and minimizes any impact on the environment.

To try the trend yourself, think big and get creative — install solar panels on your roof, choose building materials that don't require deforestation and upcycle old furniture for decorative elements instead of buying new.

Disaster resiliency

Climate change affects us in so many negative ways, and one of the top concerns is the increase in natural disasters. From wildfires that last for months to major floods that affect entire cities, we now need to prepare for the worst when building our homes.

Switching to disaster-resilient materials is an important first step. Many builders now prefer to use stronger, more energy-efficient materials like insulated concrete forms (ICFs) instead of more traditional materials like wood. For example, Nudura ICFs can withstand winds of up to 250 miles per hour (equivalent to an F4 tornado) and offer a fire protection rating of up to four hours.

Outdoor living

Many of us are now choosing to forgo getting a cottage or summer home and recreate the experience in our own backyards. This trend helps you make the most of your existing space and take full advantage of your yard or patio during the summer months.

You can design a full living space outside, complete with an outdoor television and comfy couches, as



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well as a kitchen and refrigerator for entertaining. Consider adding a fireplace or firepit to keep warm during cool summer nights and enjoy the outdoors through spring, fall and even winter if you're brave.

Home automation

This is another longstanding trend that shows no signs of slowing down. It has also evolved to encompass more of the home to make life even more comfortable and convenient. From an oven that can be turned on remotely to preheat, to skylights that can open and close automatically to create the perfect ambient temperature, there are more ways than ever to integrate smart home technology into your living space.

You can start small with voice assistant and smart light bulbs and work your way up to a total smart home system that includes home security, temperature controls and all your electronic devices.

Customization

You don't have to settle for what mass manufacturers decide to build, or what works for everyone else. Creating a home that's as unique as you are is the latest trend, with custom-built storage and personalized architectural features to make your space stand out.

You can even go as far as building a custom home that's suited to your family. Older home demolitions and purchasing land-only properties is

becoming more common, allowing you to work with an architect to create exactly what you want with a new build.

Find more information about the benefits of building a home with ICFs at nudura.com.

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THE NEW LOOK OF FARMERS MARKETS

Here in Iron County

You may have noticed that our local Farmers Markets look a little different since the advent of COVID-19 like masked vendors, plenty of spacing between vendors, and a lack of entertainment and crafters.

At the April 7th national daily press briefing, US Vice-President Michael Pence stated, "Our farmers and food processors are a critical infrastructure component," and added how important it is going to be to continue to support them in keeping the food chain open.

"Farmers markets are an essential part of our local food systems providing direct sales outlets for farmers and ranchers to access potential consumers who can purchase safe, local produce and other locally produced agricultural products," stated Utah Department of Agricultural and Food (UDAF). April 3, 2020, the UDAF issued their COVID-19 Food Establishment Permit Guidelines for Farmers Markets.

With the importance of continuing to provide safe, healthy foods to consumers and at the same time protecting the health of farmers and the public, the Cedar Saturday Farmers Market @ IFA started the first of March implementing many of the safe social distancing, sanitization policies, curbside pick-up, and no food sampling guidelines. Their market manager continues to participate in CDC COVID-19 Food Safety webinar updates, as well as weekly state farmers market managers conference calls.

What can customers expect at Farmers Markets

- Farmers and Bakers selling fresh, raw, whole, unprocessed produce and fruits; and cheese, meat, eggs, agricultural products, and other food items with appropriate UDAF food processing licenses.
- Farmers and Bakers wearing face masks, and continuous hand sanitizing between customers.
- Sanitizing mobile card reading devices between transactions.
- Hand washing stations available for vendors and the public to use.
- Customers will point out what products they want and Farmers/Bakers will package those items.
- Social Distancing between booths, vendors and customers.
- Customers can pre-order food

items from vendors and either walk up or drive up to pick up their order.

- Limiting the number of customers inside the designated market area at any one time.
- And, most importantly, Farmers and Bakers who are sick will not be attending the market.

Customers are encouraged to:

- Wear face masks.
- If possible, pay with credit or debit card or SNAP/EBT card.
- Practice safe Social Distancing while waiting to pick up a pre-order or purchase food items.
- One person from a household comes to the market. If not possible, bring only one other family member with you to the market.
- And, most importantly, if you are sick, please do not come to the market.

What consumers will not see at Farmers Markets:

- No artisans or crafters.
- No Food sampling.
- No Food trucks.
- No entertainment or on-site food demonstrations.

Be assured, that your local Farmers Markets will continue to adjust as this ever changing COVID-19 environment proceeds forward. With everyone's help we look forward to the day when we can once again have crafters and artisans back, have live entertainment and food trucks back, and have demonstrations and activities back. Until then, we will keep smiling (look at our happy eyes) as we continue to bring you safe locally produced food and agricultural products.

Nancy Dalton, Owner of D9 Custom Cuts and Market Manager for Cedar Saturday Farmers Market @ IFA

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SUSTAINABLE HOME UPGRADES

for Better Health

When you're on a quest to create a home environment that promotes wellness, it can be difficult to know where to begin. One easy solution is to look for small changes that improve your personal well-being while also promoting a better environment overall.

Consider these sustainable projects and changes for a healthier, happier household:

Rethink window treatments.

Windows can affect a home in numerous ways, both good and bad. On the upside, ambient light is a natural mood-boosting alternative to energy-hungry fixtures. Windows add character, and the right window treatments can play an essential role in a decorative scheme. In the winter, windows can also be natural conveyors of the sun's heat, reducing your reliance on energy.

You may also be surprised to learn that the window treatments you choose to help manage light and climate can play a big role in your home's health and sustainability. Drapes can be difficult to clean, which means they can trap dirt, dust and other allergens that tarnish air quality. Many blinds use synthetic materials, making them less than ideal earth-conscious options. Your best bet is bamboo or wood treatments that are certified as eco-friendly and easy to keep clean.

Lessen the laundry load.

Reducing the amount of laundry you do not only saves time but is also better for the environment. Washing clothes accounts for 15-40% of the water consumption for an average family of four, according to Home Water Works, and the annual energy consumption of typical electric clothes dryers often equals the cost of running a new energy-efficient refrigerator, clothes washer and dishwasher combined.

An alternative like a heated

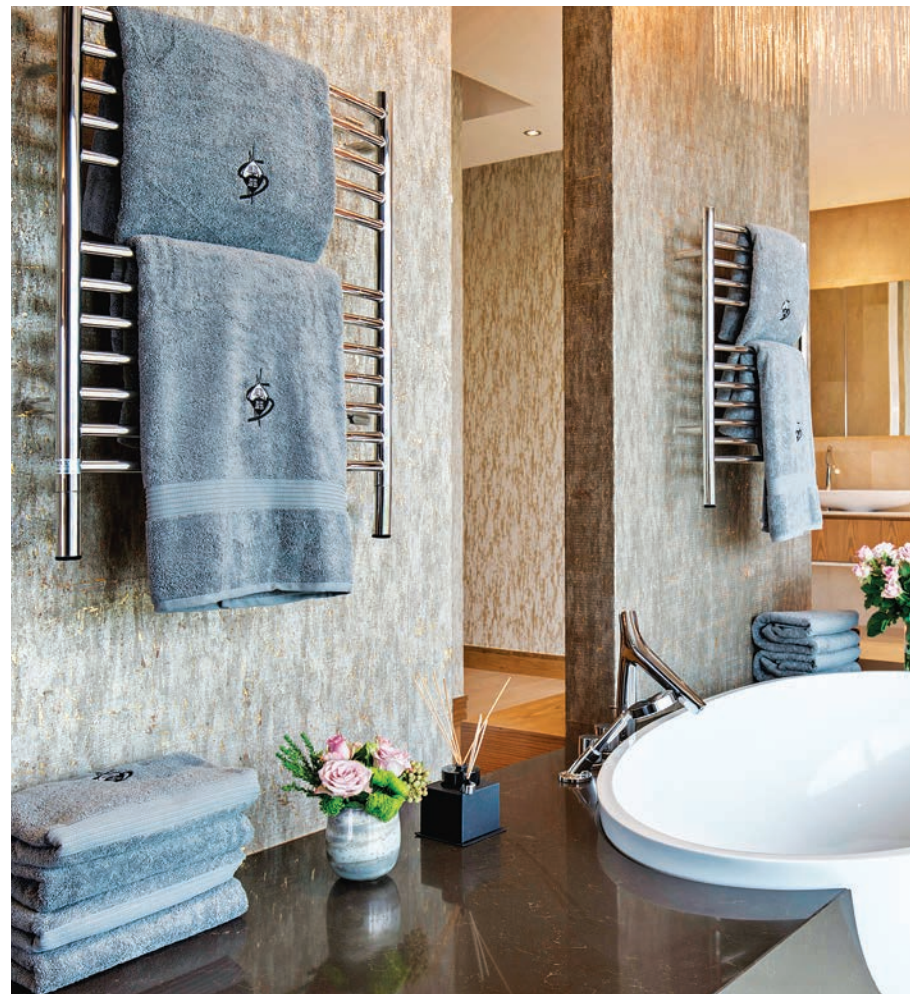
towel rack uses less energy than a standard dryer (about the same amount of electricity as a few light bulbs). Not only does an option like an Amba heated towel rack save energy and time by reducing the frequency of washing towels, it keeps them dry and free of mold and mildew between washes. Plus, wrapping up in a warm towel can help reduce joint stiffness and muscle spasms, according to research by the Johns Hopkins University School of Medicine. With 150 affordable mounted and free-standing models made from 100% recyclable, marine-grade stainless steel, and custom color options available, it can be easy to add a stylish accent to bathrooms, laundry rooms or mudrooms.

Reduce household chemicals.

It may seem that the stronger, the better is the best approach when it comes to fighting dirt and germs, but in fact, there are many negative health and environmental impacts from harsh cleaners. Opt instead for more natural formulas that deliver the same clean with fewer synthetic ingredients.

Aside from cleaners, there are likely numerous other sources of potentially risky chemicals throughout your home, including furniture, clothing and bedding that requires dry cleaning. Products containing chemical dyes and synthetic materials are not only potential irritants, they often also carry the weight of lesser earth-friendly production practices. Linens made from natural materials may help you avoid unnecessary exposure to chemicals, and you can readily find options that help alleviate concerns about allergens and allow you to support sustainable manufacturing practices.

Learn more about sustainable products and ideas for a health-conscious home at ambaproducts.com. (*Family Features*)



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CONTAINER GARDENING TIPS

Gardening is beneficial in various ways. The AARP states that some of the health perks associated with gardening include improved mood, increased vitamin D levels (which benefits bones and immune system) and reduced risk of dementia. In addition, if gardening efforts include growing herbs, fruits and vegetables, it can be a cost-effective way to eat healthy.

For gardeners without sufficient space or for those with mobility issues, container gardening can be an ideal way to grow everything from flowers to vegetables. Better Homes & Gardens says most plants are not fussy about the containers in which they grow so long as some of their basic needs are met. This means watering correctly for the type of plant, and ensuring sufficient drainage.

The following are some other ways container gardening efforts can prove successful.

Watch water

Planet Natural Research Center says plants with thin leaves typically need ample water, and plants with thick leaves need less. Use this as a guideline to gauge water needs.

Size correctly

Plants should be sized to the container. Consider dwarf varieties of certain plants if your containers are small.



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Choose the right soil

Fill containers with a commercial potting soil rather than soil from the garden. Garden soil can dry into a solid mass, while commercial mixtures have amendments like peat moss, vermiculite, compost, and other ingredients to help with soil texture and moisture retention.

Mix it up

When planting containers of flowers and other greenery, Good Housekeeping says to include “a thriller, a spiller and a filler” as a good rule of thumb. The thriller is the focal point, the spiller a trailing plant, and a filler has smaller leaves or flowers to add bulk and color.

Poke holes

Drainage holes are essential so that soil will not become waterlogged. Holes don't need to be large, but there should be enough of them so that excess water can drain out readily.

Select the right container material.

Container materials may be affected by gardeners' budgets, personal taste and other factors. For those who live in hot climates, selecting a light-colored container can help prevent further soil heat absorption.

Container gardening is a healthy and enjoyable activity that can pay dividends in various ways.

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DESIGN SECRETS

to make your home look like you hired a pro

Photo spreads in home design magazines can be awe-inspiring. Quite often homeowners wish they could lift the looks right off the pages of magazines and transform their own homes into picture-perfect retreats.

It takes an eye for design to pull a room together – even with inspiration – and make it both functional and attractive. While hiring an interior designer is one way to go, homeowners can use some of the tricks and techniques the designers employ to do a remarkably good job of improving the interiors of their homes without such help.

Embrace texture

The colors used in a home can add impact, but designers often utilize various textures to create aesthetic appeal. A single color scheme can be enhanced by various fabrics. Consider a leather sofa made more cozy with chenille pillows next to a rustic side table. Figure out ways to incorporate a few different textures to add depth to the room.

Be careful with color

Many high-end homes showcase neutral shades that are enhanced by pops of color. If you like a rich, royal purple, leave room for other colors as well. Add touches of purple in vases, throw pillows and other accessories.

Also, many designers work in shades of three for room colors. There may be one main color for walls, another color for larger accents, such as couches and chairs, and then a third color that pops in accessories such as flowers, pillows and collectibles. These can be any colors, but the most muted tends to be the more abundant shade.

Add a bit of bling

Glittery items and metallics can add a touch of luxury feel to any space. A shiny table lamp, mirrors, a sparkling chandelier, and the like are easy ways to produce a high-end feel. Reflective surfaces also will cast light around the room, giving the illusion of a larger space.

Choose a big statement piece

Many homeowners make the mistake of filling a room with several small pieces of furniture that only contribute to clutter. Instead, look for a statement piece, which can be a cabinet, armoire or chaise. Mix and match large and small elements for a sense of balance.

Accessorize

Finish the room with accessories and flowers. When placing and hanging knickknacks and wall art, odd-numbered groupings often look the most cohesive and interesting. Experiment with different scales and heights for even more dimension.

When inspiration hits, take some cues from interior design pros to make spaces look like they belong on the pages of your favorite magazines.



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DECOR IDEAS

for a fresh look this spring

Spring is a season of rejuvenation, and that spirit of renewal can take hold inside a home.

Warm weather and longer hours of daylight make spring a perfect time to imagine a home's interior design in a new light. The following are a handful of decor ideas that may inspire homeowners to give their homes an entirely new look this spring.

Wallpaper

Wallpaper fell out of favor years ago, but new styles that aren't so heavily patterned can make for wonderful additions to any room. Large-scale prints can give a room a whole new feel without giving homeowners or their guests the impression that they have stepped back in time. A simple, mural-style floral wallpaper on the walls surrounding a table in a breakfast nook can bring nature inside.

Pastel colors

Nothing embodies the spring quite like pastel colors. If colorful, bright flowers dot the garden in the backyard, homeowners can bring those uplifting pastels inside by



GETTY IMAGES

painting an accent wall or even adding some brightly colored

accent furniture to rooms that could use a lift.

Declutter

Clutter is often conquered during spring cleaning sessions, but homeowners who want to create more free-flowing interior spaces can downsize their furniture and/or look for multipurpose features that make it hard for clutter to take over a room. Create more open space in entertaining areas by mounting the television and getting rid of a bulky entertainment center. Create even more space by replacing rarely used end tables with a storage ottoman where books and magazines can be stored to give a room a fresh, clean look.

Accent features

Sometimes the smallest changes to an interior space make the biggest impression. Replace dated accents like vases and table lamps with newer items that reflect the latest styles and trends. Such adjustments won't break the bank, and they can give rooms a whole new feel.

Spring is a great time to reconsider home interiors. This spring homeowners can embrace various strategies, both big and small, to give their homes a whole new feel.



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Sell your child on the idea of practicing

by Mary Anne **ANDERSEN**
and Sara **PENNY**

CEDAR CITY ARTS COUNCIL

I am indebted to Sara Penny for sharing the following material with me, just when I was running out of things to say. (A rare occurrence, as my family can attest). Sara gave this presentation at a Suzuki Association of Utah conference in January. In it, she applies the marketing strategies from Kantar, used to create a desire for a product in potential consumers, to teaching music to children. Reading it was one of those happy moments when a completely new idea found space in my brain. (I hope some useless, old piece of nonsense stored for years was finally evicted to make room for the new.)

Sara was applying the strategies to string players, of course, but I envision many artistic applications. Further, you parents who are trying to home-school your children might find a new idea to reduce the agony.

Surprise Me.

I have done this: when a student/child has seemed unusually lethargic or bored, I have required ten jumping jacks or given them a letter to post in the mailbox down the street. He must run there and back. Or we play some sort of musical game with M and M's for prizes.

Help Me.

Music is not random, work by a chimp, at the keyboard. It will have patterns, repetitions, hidden melodies. A piece of literature is the same. Ask, is there a link between the first page and the last in this story? Is a question answered? Students

don't always see what seems obvious to an adult. Show them what is right there on the page.

Reassure Me.

Reassurance is the product of perceived progress. I often point out to a student that a piece that seemed so hard when they first saw it is now being played with ease. And here is a trick I learned at some conference or other a longtime ago. I often say to a student, "This is a hard piece." Then if they have trouble with it, it seems forgivable. If they play it easily, it makes them feel they must be doing pretty well. That could be used with a math concept for your struggling grade schooler. Success in any area is comforting.

Educate Me.

Art doesn't spring from a vacuum; it is generated in and nurtured in culture. Show a student a painting that was painted in the same cultural period as the piece they is playing or the book he is reading. Romanticism exists across all art forms.

Impress Me.

In happier times, children should attend live performances. To show a student the possibilities inherent in pursuing dance or singing or playing an instrument is worth sacrifices in time and money. We have so much to offer in this town.

Thrill Me.

Help a student play a piece she loves. To make your own beauty is a thrill that is a huge payoff for hard work.

Thanks to Sara for inspiring these thoughts. She is still taking care of us all from her own living room.



USF costume director receives distinguished achievement award

by Parker **BOWRING**

FOR IRON COUNTY TODAY

Jeffery Lieder, Utah Shakespeare Festival costume director, has received the Distinguished Achievement Award for Costume Design and Technology from the United States Institute for Theater Technology (USITT). According to the USITT website, the award, "honors individuals who have established meritorious career records in specific fields of expertise in any area of design or technology in the performing arts or entertainment industry."

Lieder has been a part of the Utah Shakespeare Festival for 35 seasons, directing the creation of costumes for all the performances and productions at the Festival. "For the first 33 seasons, I was also a professor at the University of Wisconsin-Milwaukee, commuting back and forth each summer. Because of the combination of my academic and professional lives, I was able to open doors for student artisans and give them an opportunity to test their skills in a professional setting. Many of the staff who got their start at the Festival are now in leadership roles at major companies across the country," said Lieder.

Two years ago, Lieder retired from the

University of Wisconsin-Milwaukee and moved west to live in Cedar City year-round. "When I drove west for the first season, I never thought that the Festival would be my artistic and full-time home," said Lieder, reflecting on his time at the Utah Shakespeare Festival.



JEFFERY LIEDER

The United States Institute for Theater Technology plays a large and important role in American theater, with more than 6,000 members from across the U.S. and worldwide. The Institute fosters collaboration and communication at all levels and provides vast resources to its members. The institute also connects performing arts design and technology communities and provides a platform for lifelong learning.

Lieder has been a member of USITT for more than 40 years, and each year the Costume Commission of the Institute plans and hosts the summer Costume

Symposium. With the support of the Utah Shakespeare Festival, Lieder was able to host four events over the years. "The events, lasting three days each, attracted about 40 participants of all skill levels. Master teachers introduced new skills, and the participants were introduced to the wonder of the Utah Shakespeare Festival! At the first symposium in the 1990s, then Governor Michael O. Leavitt spoke to the group at lunch about how he learned to wear tights when he was a trumpeter in The Greenshow," said Lieder.

Because of the ever-changing social climate due to COVID-19, the annual USITT conference in Houston for 2020 was canceled. It will instead be held in Columbus, Ohio in 2021. Here, all the award winners will be formally recognized. Lieder is looking forward to connecting with friends and colleagues at that time.

Reflecting on what the award means to him, Lieder said, "I am honored to be nominated for this recognition. The artistry of interpreting costume design to reality is an important part of the theatrical process, and this award shines a light on that process. This award reflects on the collaborative work we do at the Shakespeare Festival and I am happy to accept on behalf of and share it with the talented staff at the Festival."

“The artistry of interpreting costume design to reality is an important part of the theatrical process, and this award shines a light on that process.”

» Jeffery Lieder

Annual Easter Egg Hunt

CELEBRATED IN A DIFFERENT WAY

by Tom **WATSON**

FOR IRON COUNTY TODAY

This is the 33rd year of the Easter Egg Hunt that was started by the Sigma Nu Fraternity at what was then Southern Utah State College. It was a way to give back to the community that had embraced them as students.

It started out with 100's of colored eggs, hand decorated by the men of Sigma Nu with prizes donated from the community. It has continued to grow into one of the largest Easter Egg Hunts in the state of Utah, now with over 25,000 eggs. The event features bicycles, kites, prize baskets, and other assorted prizes.

Sigma Nu Alumni took over the hunt, and in a continuing partnership with Cedar City Recreation, SUU Alumni relations, as well as sponsors from our amazing local business community, ensure that the traditional hunt will go on Cedar City. However, with the Coronavirus quarantine, a Plan B was enacted for this year's hunt: A drive through Easter event, including a "Treat Toss" for children from ages 0-12 at the Cedar City Veteran's Ball field parking lot. It was held on May 2, just last Saturday. Over 3,000 treat bags were provided to cover all the children who come to help celebrate the day.

The treat bags were put together weeks ago in very clean conditions by very loving, and safety conscience people. None of the people associated with the bags have developed any illness and the bags were safely stored in anticipation of the hunt.

Some very kind volunteers helped direct traffic as people drove through the stations. They rolled down their windows and indicated how many children they needed bags for. A gloved, bunny eared and whisker



THE EASTER BUNNY MAY HAVE BEEN A LITTLE LATE, but with all the smiles and joy shared, it was worth the wait and was eggs-actly what was needed in these trying times.



masked volunteer handed the treats through the window. Then the family was given a hearty "Thank You" by enthusiastic sign carrying volunteers along with some loud and grateful sirens from representatives of the Cedar City Police and Fire Departments. The cars then proceeded carefully to the exit.

SUU Aviation also performed flyovers in their Big Red Helicopter that we often see flying overhead.



A Very Special Thank You goes out the following sponsors of this wonderful event:

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Horizon House's Men and Women

Meaningful grad gifts – Must they have a price tag attached?

It's again the time of year when graduation announcements begin to fill up mail boxes and social media pages. Though most graduates will experience a non-traditional ceremony this year, friends and family will still wish to acknowledge the hard work of high school, college or technology school graduates. However, with financial strains placed on many families, it can be difficult to know how much to spend and what type of gift will still be meaningful with less discretionary funds available.

Some may still consider giving a laptop, new smartphone or car. However, these can be very expensive and out of reach for many parents – especially when finances may be stretched just to cover basic necessities. However, this is a great time to share some sound financial advice—which may be the most useful “food for thought” gift a parent can give. It may be that going to a quiet spot to share a favorite take-out meal will help the advice to be easier to share and easier to accept.



Kathy's CORNER

by Kathleen RIGGS

UTAH STATE UNIVERSITY EXTENSION

For parents: Six possible financial management strategies to consider sharing.

- » Set a budget and stick with it. Once the graduate moves away from home, it can become easy to spend too much on food, entertainment or dates.
- » Concentrate on taking care of needs first; wants second. Most people put too much effort in accumulating things they feel are necessary to succeed. No one really needs designer jeans, and though it is convenient to own a laptop or iPad, libraries or classrooms usually have computers available at no charge.
- » It is impossible to “keep up with the Joneses.” Advise them that they only need to keep up with themselves. This goes along with not tying self-esteem to having what others have.
- » Understand the concept of delayed gratification. Teach that saving for a major purchase over time will bring great satisfaction because of the accomplishment and will help him or her learn to stay out of debt.
- » Participate in any type of work-offered savings plan as soon as he or she enters the workforce. With retirement plans becoming a thing of the past, this is crucial.
- » Be prepared to work hard at whatever they

do, and develop a strong work ethic. It may take a while to work up to a job they love, but this bit of advice will take them far in life, even if they didn't graduate at the top of their class.

It might be wise for parents to make a business-card sized, laminated card with the tips listed so the graduate can place them in his or her wallet and see them often.

For friends and relatives:

Even if the graduates aren't directly related, it's nice to honor them in some small way so they feel a sense of appreciation for their hard-earned accomplishments. With that said, you can compliment someone for an achievement without feeling obligated to send a gift for every announcement you

receive or for every neighbor, co-worker or acquaintance who is excited about their son or daughter graduating.

Books, jewelry and other trinkets are common gifts; however, money

often talks, and by pooling financial gifts from family and friends, graduates can purchase something they may really need as they head off for college or that first job away from home.

There are no general guidelines on amount, except for staying within the budget. Givers may want to send \$100 but \$10 may be more realistic.

If you don't like giving cash because you want more control over the type of item the graduate purchases, or you want to help him or her spend it wisely, gift cards are a good choice. Choose a store that carries a variety of household or technology items that will come in handy for the graduate. Another option is a gift card to a local restaurant or a chain. If the graduate is moving, choose one that has a business in the city where he or she is moving.

For those who can't afford a gift or would prefer one that doesn't have a price tag attached to it, consider offering service. Changing the oil in a vehicle, providing boxes or totes for personal belongings or offering to help move could be very helpful to a graduate.

Kathleen Riggs is the Utah State University Extension Family and Consumer Sciences Professor for Iron County. Questions or comments may be sent to kathleen.riggs@usu.edu or call 435-586-8132.

Iron County quietly celebrates victory in Europe

REMEMBERING WORLD WAR II

by Jay M. JONES

FOR IRON COUNTY TODAY

Seventy-five years ago the United States celebrated Victory in Europe (V-E Day) on May 8, 1945 as Germany surrendered to the Allied Nations, which included the United States, Great Britain and the Soviet Union.

Celebrations were held across the country and across much of Europe. In Iron County the mood was subdued. On May 10, 1945 the weekly newspaper Iron County Record reported the news and commented: “News of the end of the war in Europe was received

in addition, there were reports of the wounding of Eugene Woolf and Henry Zuniga in battle, while a new War Loan drive was launched and the local Selective Service Board strained to meet its quotas. No, the war wasn't over.

A program on radio station KSUB marked V-E Day. William R. Palmer of Cedar City noted the significant contributions of local people in men, materials and work. He expressed the hope that this effort could soon be turned to peacetime pursuits.

World War II had been especially long for National Guard soldiers from around the country that had been activated in the months before the United States entered the war, and who served throughout the war.

Back in March of 1941, at the Cedar City National Guard Armory, 122 officers and men of Battery “F” of the 222nd Field Artillery were mustered into full-time service. At that time, they were told that their active duty term would be one year. The attack on Pearl Harbor in December of 1941 changed that, and most of the men served on active duty throughout the war, including front line duty for some.

Nearly fourteen hundred men from Iron County served in the military during World War II. Their names are inscribed in a World War II Memorial in Veterans Park in Cedar City. Some of their sacrifices and the hardships endured by their families will never be fully appreciated. But for the overwhelming majority, the Allied victory in Europe was a ray of hope that the end of the war was significantly closer and better days would come.



COURTESY PHOTO

ONE OF THE U.S. POSTAGE STAMPS issued during the World War II era. “Win the War” issued in 1942.

by Cedar City people with a feeling of reverence and thanksgiving rather than stirring a desire for celebration, and V-E Day was observed quietly.”

Although this brought an end to the fighting in Europe, the war with Japan continued in the Pacific region.

On the same day that the Iron County Record reported V-E Day, it also reported the combat deaths of Leo Esplin in the Philippines and Jack Moore in Germany. In

CALENDAR

Support Groups

ALCOHOLICS ANONYMOUS

(877) 865-5890 • www.utahaa.org

Meetings are at the KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Steps and Traditions • M – Su, 7 am

Speaking From The Heart • M – Sa, Noon

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

T.G.I.S.S. (Thank God it's Sunday Spiritual) • Sun, 11 am

My Story • Sat, 8 pm

What a Way to Start the Day • Su, M, W, F,

7-8 am, Th 7 pm • Fellowship Building, 70 N

200 W, Cedar City (behind St. Jude's)

Red Road to Sobriety • Mon, 6 pm Paiute Indian Tribe of Utah, 440 N Paiute (435) 586-1112 Ext. 307

Lunch Bunch • T, Th, Noon, Cedar Bowling Alley, 421 E Highway 91, (435) 586-1383

Red Creek Group • Wed, 7 pm

Parowan Senior Center
685 N 300 E • (435) 477-8925

AL-ANON

Meetings are at the KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Easy Does It • Tues, 7-8 pm
Community Presbyterian Church, 2279 N. Wedgewood, Cedar City. (435) 559-3333

Al-Anon • 1st, 3rd Tues, 7-8 pm, Parowan Senior Center, 685 N 300 E (435) 477-8925

Hope for Today (Family Groups)
Thurs, 6 pm • (435) 559-3333

NARCOTICS ANONYMOUS

www.nasouthernutah.org • (435) 635-9603
Most classes meet at 203 E Cobblecreek Dr, unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm

Live and Let Live • Fri, 8 pm

Candle Light Meeting • Sat, 9:30 pm
(Small room)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm
The Meeting Hall, 1067 S Main St, Cedar (877) 865-5890.

SEX ANONYMOUS

Wed, 6 pm • 203 E. Cobblecreek Dr, Cedar City • (877) 865-5890

ALZHEIMER'S CAREGIVER

Online Meetings: 2nd Fri, 5:30 pm
4th Tues, 5:30 pm • RSVP to mjmillar@alz.org or (435) 238-4998 x8773

PARKINSON'S

2nd Thurs, 3 pm • Cedar City Library (West Room), 303 N 100 E

CAREGIVERS

1st Tues, Noon • Five County Aging Offices, 585 N Main St, Ste. 1, Cedar City

ARP—ADDICTION RECOVERY

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan

SENIOR BLIND/VISUALLY IMPAIRED

3rd Thurs, 1:30 pm • Cedar City Library 303 N 100 E

NAMI BRIDGES & FAMILY TO FAMILY

Thurs, 7 pm • Southwest Behavioral Health Center, 245 E 680 S, Cedar City Free • (435) 590-7749 or (435) 590-0880

PREGNANCY, INFANT LOSS

1st Wed, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar City
www.southernutahshare.com

MULTIPLE SCLEROSIS

3rd Thurs, 6-8 pm • Cedar City Visitor's Center (581 N Main) For both caregivers and those with MS. No age limit.

Service Clubs

LION'S CLUB

Tues, 12 pm • Call Shanda for location and activity. Everyone welcome! (702) 480-3238

ROTARY CLUB

Tues, 12:15 • Southwest Tech
757 W 800 S, Cedar City • (702) 865-7637

MARINE CORPS LEAGUE

Detachment 1315, 2nd Wed, 6 pm
Elks Lodge, 111 E 200 N, Cedar City.

AMERICAN LEGION AUX

3rd Wed, 6 pm, Cedar City Library
303 N 100 E, American Legion Conf. Room • (435) 704-6654

BIKERS AGAINST CHILD ABUSE

B.A.C.A. Color Country Chapter Meeting
1st Thurs 7 pm • 593 N 1450 W, Cedar City. Helpline: 435-559-4505

Classes/Activities

ADULT BARRE/MODERN DANCE

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

ARTHRITIS FOUNDATIONS EXERCISE

Wed, 1 pm, Cedar City Senior Center
489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

AWANA BIBLE CLUB

7th-12th grade, Mon, 6:30 pm
Preschool-6th grade, Wed, 6:30 pm
Valley Bible Church, 4780 N Hwy 91, Cedar City • (435) 586-0253 or (435) 990-1638

BOOK CLUB

2nd Thurs, 7 pm • Cedar City Library 303 N 100 E. This month we will discuss "The Soul of an Octopus" by Sy Montgomery

CEDAR CHEST QUILTERS' GUILD

Thurs, 10 am • Cedar City Senior Center
489 E 200 S • (435) 586-0832

CEDAR CITY RADIO CONTROL CLUB

4th Thurs, 7 pm • Cedar City Library
303 N 100 E.

CEDAR CITY TOASTMASTERS

Thurs, 7 am • The Pastry Pub
86 W University Blvd. Find your voice & shape your future. Be the leader and speaker you want to be. (603) 731-0116

CEDAR PROFESSIONALS

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. An organization of business people. Stimulate business for members through exchange of ideas, information and business referrals.
www.cedarprofessionals.org

COLOR COUNTRY WINDS

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

COLOR COUNTRY PICKLEBALL

M-F, 7-10 am • 155 E 400 S (Cedar Stake Center). Paddles & balls supplied.
(435) 586-6345

COMMUNITY MINDFULNESS & MEDITATIONS

Sun 4 pm • St. Jude's Episcopal Church, 95 N 200 W, Cedar City • 435-590-4092. Free guided meditations. Open to public.

Government

IRON COUNTY COMMISSION

2nd & 4th Mon, 9 am
Commission Chambers
68 S 100 E, Parowan.

CEDAR CITY COUNCIL

Wed (except 5th), 5:30 pm • City Hall
10 N. Main St (435) 586-2950

ENOCH PLANNING COMMISSION

2nd & 4th Tues, 5:30 pm • City Hall
900 E Midvalley Rd • (435) 586-1119

ENOCH CITY COUNCIL

1st & 3rd Wed, 6 pm • City Hall
900 E Midvalley Rd • (435) 586-1119

PAROWAN CITY COUNCIL

2nd & 4th Thurs, 6 pm • City Hall
35 E 100 N • (435) 477-3331

DUE TO THE COMMUNITY'S RESPONSIBILITY to help prevent the potential spread of the Coronavirus (COVID-19), please check with the event and activity sponsors to make sure that the event is still taking place. Everyone's patience is greatly appreciated during this trying time.

WEDNESDAY, MAY 6

BEVERAGE DAY

1937 – THE GERMAN AIRSHIP HINDENBURG, the largest dirigible (Zeppelin) ever built burst into flames and collapsed to the ground while attempting to moor at Lakehurst, New Jersey. As the airship burst into flames it crashed 200 feet to the ground and the hull of the airship incinerated within seconds as the hydrogen core ignited.

THURSDAY, MAY 7

ROAST LEG OF LAMB DAY



BIRTH: ROBBIE KНИЕVEL, 1962, BUTTE, MONTANA. The son of Evel Knievel, Robbie forged a career on the same path. He rode in his first show when he was eight, and was performing jumps by the age of twelve. He left school in 1976 and has made a career of motorcycle jumps. His home site lists over 250 successful jumps and 20 world records. (thepeoplehistory.com)

FRIDAY, MAY 8

NO SOCKS DAY



PAROWAN FRIDAY NIGHTS CRUISING – 7 PM. Jump in your truck or pull up a chair! Come see your friends from a distance. Everyone is invited to dress up, or decorate your car and come have fun the old school way! For information call (435) 477-8190.

CALENDAR

SATURDAY, MAY 9

BUTTERSCOTCH BROWNIE DAY

CEDAR CITY YEAR-ROUND DOWNTOWN FARMERS MARKET, 9 AM - NOON, Every Saturday rain or shine, in the parking lot behind the Stratford Hotel, (18 S Main Street) or inside the building behind the parking lot in the cold weather months. Definitely worth stopping by for art work, baked goods, crafts, custom semi-precious stone and costume jewelry, farm fresh produce, homemade brownies & candies, home style treats, homemade jams & jellies, homeopathic items and 100% real honey.



SATURDAY FARMER'S MARKET, 9 AM - 1 PM, Saturdays @ IFA, 905 S Main. Good weather outside, bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For info call (435) 463-3735

SUNDAY, MAY 10

SHRIMP DAY

"ALL THAT I AM OR EVER HOPE TO BE, I OWE to my angel mother." – Abraham Lincoln

MONDAY, MAY 11

EAT WHAT YOU WANT DAY

2013 - TWO ASTRONAUTS FROM THE UNITED STATES replaced a pump to fix an ammonia leak in the International Space Station's cooling system. The astronauts completed the emergency spacewalk an hour ahead of schedule. The leak posed no immediate threat to the crew. (thepeoplehistory.com)

TUESDAY, MAY 12

ODOMETER DAY



CHILDREN'S STORY TIME, 10 AM TO 11 AM, Frontier Homestead State Park Museum (635 N Main St, Cedar City), admission is FREE. This is an opportunity for preschool children to learn about the past through stories and history related activities. Enjoy a new story and activity each week. For information call (435) 586-9290.

WEDNESDAY, MAY 13

FROG JUMPING DAY



1938 - "WHEN THE SAINTS GO MARCHING IN" was recorded by Louis Armstrong and his orchestra. Though the song was first written to be a spiritual song, many jazz and folk artists have adopted it and made it very popular throughout the years.

MIRROR, MIRROR

"Mirror, mirror, on the wall..." Remember those notorious words spoken by the Evil Queen, from Disney's classic, Snow White? Remember when she found out that she wasn't the fairest in the land? She became angry and jealous. Instead of making changes to improve her life, she tried to take the life of Snow White, whom the Mirror pronounced was the fairest. Thankfully, (spoiler alert) Snow White survived the Evil Queen's deceptive disguises and deadly desserts.

If you had a magic mirror what would you ask of it? Would you use it for wiser reflections, or just to help upgrade and puff up your ego? Nowadays, we use mirrors more like microscopes.

In attempting to be the fairest in the land, the workplace, classroom, etc., we search diligently for the smallest flaws in our façades. We can spend hours perfecting our external, yet still feel ugly and unhappy about our internal. What if we spent as much time working on our inside reflections as much as on our outside ones? Maybe the outside is easier to work on than the inside? Maybe it's not as painful?

When was the last time you truly looked at what's within your heart and mind? Looking inside can be painful, even paralyzing. If you can push through the pain, it will not only be a cathartic catapult, but it can reveal beauty and strength you may have forgotten or never known. Also, how often do you accentuate and exaggerate the external to try and cover up pain and perceived imperfections on your internal? I can understand how we can be so tired of the same old

reflections of regrets or feel like any hopes of being as pretty, handsome, smart, and talented as so-and-so are shattered forever.

I hate to malevolently burst anyone's bubble, but there is no one who is the fairest in the land. Life isn't a beauty contest, or a runway fashion show. True beauty and worth cannot be fully expressed or defined by one's exterior. Contrary to popular belief, beauty is not skin deep, it's heart deep. Even if you don't judge a book by its cover, you've still got to read the book. Maybe in your case, you need to also write the book?

While you're writing your life's beautiful story, don't let mirrors, magazines, scales and/or criti-



The Rut LESS TRAVELED

by Corey BAUMGARTNER

IRON COUNTY TODAY

cisms—especially from yourself—dictate or define your value, virtue, or your abilities. No longer despair and compare yourself to Snow White, or the Evil Queen, either. You don't need a magic mirror to tell you that you're awesome and beautiful. Believe that you are! Don't let your worth be determined, or undermined, by your weight or wardrobe. Stop focusing on the reflections of your imperfections. Instead, let your personality and character define who you are, your successes, and your happiness.

If you need to improve in any area, then courageously run that race or climb that mountain. It's time to be the hero of your own fairy tale.



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SCHOOLS

The Class of 2020 continues “Rising Together”

by Amycenne RIGBY

FOR IRON COUNTY TODAY

The Class of 2020 was born on the heels of 9/11 and raised in the shadows of a “new normal.” Growing up, terrorism and the Taliban were commonplace words in their vocabulary. Life in the 21st century differed greatly from that of the previous one. The opposition was unseen and unidentifiable. But that did not stop this class from “Rising Together.”

The Student Body Presidents from Iron County’s High schools give voice to the class of 2020 as the coronavirus pandemic brings to a halt “senior year” for the 614 seniors in Iron County. How do you take control of the uncontrollable? What happens when life changes – no school, no spring sports, no activities, no proms, and perhaps not even a graduation? The truth is you never get these moments back.



COURTESY PHOTOS

CANYON VIEW STUDENT BODY OFFICERS: Top Row (L to R) Baylee Davis, Cody Spencer, Hayden Neil, Kevin Sorensen, Obie Nef, Maddy Steffensen, Isaac Belnap, Madsen Rigby. Bottom Row (L to R) Sidney Mendenhall, Mikinlee Roundy, Lydia Pace, Lainey Fullmer, Audrey Jensen, Kaylee Hillyard



CEDAR HIGH STUDENT BODY OFFICERS: (L to R) Marissa Taylor, McKenna Cowley, Regan Haslem, Tanner Esplin, Kaycie Allred, Japrix Weaver, Coby Woolsey, Nainoa Proctor, Megan Dalley, Jace Rowley, and Advisor - Zac Trotter

Life as a teen in quarantine, definitely has its challenges, but for seniors in high school, everything they have dreamed of and worked for ended with Governor Herbert’s announcement on April 14, 2020 extending the “soft closure” of Utah’s schools throughout the remainder of the school year.

Lydia Pace, Student Body President of Canyon View High School, represents the epitome of a Student Body President who doesn’t stop—who continues to rise. Pace has taken comfort in a favorite quote as her senior year and service as Student Body President shifted to a different gear, “Don’t cry because it’s over, smile because it happened.”

Pace like many other seniors across the state of Utah and Iron County didn’t get the chance to complete her senior sport’s season. In fact, Pace was at the starting line of the 800 at her first and unbeknownst to her, last track meet of the year when a CVHS alumnus said to her, “Run this race like it’s your last.” Pace now carries those words with her to remind her of the brevity of a moment and to encourage the underclassman at CVHS not to take anything for granted.

Parowan High School Student Body President, Cort Dunlap, represents 49 senior graduates. Cort is unique in that he is a junior as Student Body President, but like Pace, Dunlap believes in pushing forward. He has found strength in PHS’s Coach



PAROWAN HIGH STUDENT BODY OFFICERS: Top Row (L to R) Nate Townsend, Cort Dunlap, Gauge Morris. Front Row (L to R) Anna Hartlmaier, Lily Kerr, Grayson Sudweeks, Hunter Pickett, Jaylen Bettridge

Carter Miller’s Favorite quote from Rocky, “It ain’t about how hard you hit. It’s about how hard you can get hit and keep moving forward...”

Japrix Weaver, Student Body President of Cedar High School, has had an illustrious high school career as a student/athlete. Weaver has been an integral part of Cedar High’s volleyball, basketball, and softball teams over the past four years. However, this was Weaver’s first year being involved in student

government – and she has loved it. She has used both her student government and athletic opportunities to help and lift others. Weaver has relied upon CHS’s basketball Coach Corry Nielsen’s quote, “So What, Now What?” to help her navigate in the pandemic’s uncharted territory.

Pace, Dunlap, and Weaver represent a powerhouse of student leaders who serve the students at their respective schools. For the most part, the service rendered by members of student government receives little recognition. They attend sporting events, dance competitions, and school plays. They organize school dances, activities, and make endless posters to cheer on their fellow students. They lead, they serve, and they care – they make a difference.

Collectively these three student body presidents have participated in the following extra-curricular activities: drama, football, soccer, band, track, choir, volleyball, cross-country, track, basketball, and softball. They have truly made the most of their high school experiences and encourage the underclassmen at their schools to do the same.

All three Iron County Student Body Presidents agree upon what they are missing the most right now, “the everyday normal experiences of high school life, the halls of their schools and the camaraderie of their classmates. And the most gut-wrenching regret—they never got to say goodbye.”

To catch a glimpse of these three in action check out the 5 minute, 34 second video @ RiseTogetherUTah in which Pace, Dunlap, and Weaver join more than 100 student body presidents from across the state of Utah in hopes of encouraging, lifting, and inspiring their fellow students to unite. The video begins, “Dear Utah, What a time to be alive. Who knew we’d be caught in the midst of a global crisis?”

No one could have guessed this pandemic was coming, nor what the ramifications of its existence would be. For the class of 2020, the Pandemic has required resiliency and the ability to rise. Pace, Dunlap and Weaver concur, that’s one thing this class does best – RISE and for them it’s all about doing it together.

SCHOOLS

KINDERGARTEN REGISTRATION (2020-21)

Due to the current COVID 19 restrictions, registrations will follow new guidelines. Information specific to each school will be sent out to parents and will be available on each school webpage. If it is not possible to attend the scheduled time slot or school time, you may come at either time, or you may attend a registration scheduled at another school. Paperwork will be taken to the appropriate school. Please write the school name on the top of your registration form if needed.

Registration forms will also be available on the lunch bus or at the ICSD webpage. irondistrict.org.

Times for Schools according to last letter of name:

A-L 9 AM to 11 AM
M-Z 1 PM to 3 PM

May 7th	Iron Springs Elementary
May 11th	North Elementary and E. Valley Elementary (9-12 Only)
May 12th	Parowan Elementary and Three Peaks Elementary
May 13th	Enoch Elementary
May 14th	South Elementary

Children who will be 5 years old on or before September 1st, 2020 may register for kindergarten.

All enrolling kindergarten students will need:

- 1 - An official State Birth Certificate
- 2 - Immunization Record
- 3 - Parent / Guardian I.D.

** Require Immunizations include: 5 DTP, 4 Polio, 2 MMR, 2 Hepatitis A, 3 Hepatitis B, 2 Varicella (or the Chickenpox Disease)



COURTESY PHOTOS

Fiddler's Elementary teachers support students with parade

FIDDLER'S ELEMENTARY TEACHERS AND STAFF DROVE THROUGH THE NEIGHBORHOODS of their students to say "hello." There were over 30 vehicles including "floats," ATV's, cars, music and dancing! The kids had their own signs showing their love for teachers as they drove by. A good time was had by all!



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Contact us at: 435-865-8576



SUU Pre-school | 302 South 1100 West, Cedar City

FAITH

Sword of the Spirit (Armor 7)

EPHESIANS 6:10-18

We have arrived at the final component of God's Armor, The Sword of the Spirit—the Word of God. Did He save the best piece for last? I don't believe one piece is more important than the other. Each component is critical to protect us from the wicked weapons

Couch of Courage to the warrior's wardrobe. I'm not suggesting we can't do great things from our couches, desks or homes with the Word of God. In fact, with this COVID quarantine, the home has become even more so a battleground and safe haven for His warriors. I am suggesting that when we are allowed to return to work, to school and any other place, that we also take up the Sword of the Spirit (The Word of God) and be more prepared to defend against, denounce and defeat evil wherever we are called to go.

Ultimately, God has provided his armor to guide and guard us in our lives. It is up to us to put on and use every piece to not only protect and direct our lives but to get into the battle for the souls of mankind. Now, with the mighty Sword of the Spirit, we can help fight for and defend those who are wounded and in need of the Savior and who need the Armor of God in their lives.

Also, when you find yourself alone on any battlefield, remember that this powerful

Sword, when wielded wisely and worthily in your personal life, it will provide the necessary power and precision to defend against and defeat your enemies of doubt, despair, afflictions and addictions. Take courage and remember that God's word created the world, including you. If His word can create and destroy, then it will surely help heal you.

Now, with every piece in place we are ready for any battle and any enemy. Trust God's Armor. It doesn't need to be redesigned. It is perfect for any age, wage and stage of life. It will prepare you for any environment and arena. The Lord needs each of us on the battlefield. Are you ready to join Him? Get His Armor on and let's go!

Raise up the Sword of the Spirit.



GOD'S Porch

by Corey BAUMGARTNER

IRON COUNTY TODAY

“With the mighty Sword of the Spirit, we can help fight for and defend those who are wounded and in need of the Savior

in this world that try to defeat us every day.

However, adding a sword, usually used in warfare as a weapon for offense or attack, adds an additional responsibility and ability to the wearer of this holy armor. It requires action, not just defense against the adversary of all mankind. Until now, each piece of armor has been designed and designated for protection. Adding the Sword of the Spirit empowers us, even calls us further into the fray with the weapon necessary to now take the fight to the devil.

Because God doesn't expect us to stand around all day just deflecting the devil's fiery darts. If He wanted us to stay home and stay inside all the time, He would have included the

A prayer for mothers

by Corey BAUMGARTNER

IRON COUNTY TODAY

With the National Day of Prayer being tomorrow and Mother's Day on Sunday, I thought it would be appropriate to combine them, especially since the National Day of Prayer event is postponed (not prayer itself) and there are those who may not be able to travel to see their mother's just yet.

In this time of trial and uncertainty, let us pray for the health and strength of mothers, even every woman in this world. Whether they birthed us and raised us or not, let us pray for mothers everywhere to have increased courage and compassion, not only in raising their children but in taking care of themselves.

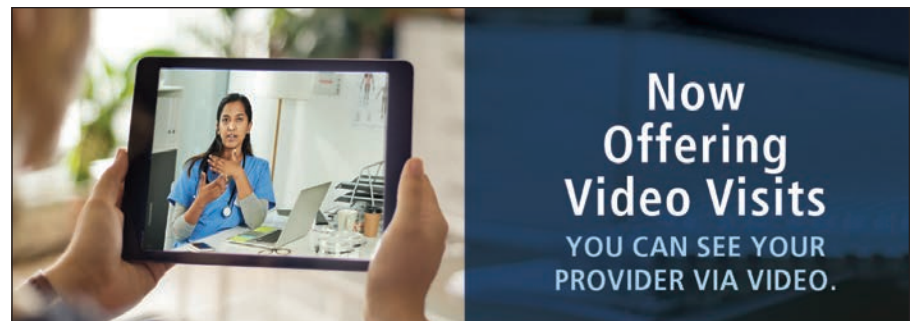
We pray for mothers who are not only juggling, but struggling day to day to love and/or feel loved. We pray for mothers who don't feel worthy enough or that they haven't

done good enough. Let us love them anyway, in any way we can. They are still worthy of our love and compassion. Though some children may understandably doubt, their hearts can be softened and changed, even if it is not in this lifetime.

Let us also pray that mothers who have lost children, or who cannot have children that they will be comforted. We all cannot understand the great feelings of loss accompanying such moments, but God will hear our prayers and help them find peace and courage to keep living and loving.

We pray that their selfless sacrifices, which too often go unnoticed and un-thanked, will not go unnoticed and unblessed by Thee, God. How grateful we each should be for mothers, even with their imperfections and sometimes misdirection; they still are and will be a beautiful part in God's plan to bring into and bless the children of this world.

In the name of Jesus Christ, amen.



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OBITUARIES

Dayna Rae Dutton



Dayna Rae gained her wings on Friday May 1, 2020.

Dayna Rae (Toler) Dutton was born on July 23, 1979 in Fremont, California. Dayna grew up in Kanarrville, Utah. She was a proud Redmen of Cedar High, graduating in 1997. While in high school she began her training in cosmetology at Evans' Hairstyling College. Because she was a naturally gifted hairdresser and nail tech, she immediately began working after licensing. Dayna had the opportunity to work in many salons, including owning her own home-based salon. She worked as an EMT, running on the ambulance, for a few years, loving being able to help people. Dayna always wanted to further her education but her health got in the way.

Dayna married Steven Dutton on June 5, 1999. They were blessed with two amazing kids, Bayti Daun and Kye Wesley.

Though their relationship turned out to be less permanent than either expected, both went on to raise exceptional children.

She was a very quiet baby but once she found her voice it never silenced. Dayna's life-long best friend stated it best "She'll leave a hole in all our lives. She was a big presence sometimes for good and sometimes just stubborn as sh**. She truly to the core had a good heart and I'm sad that her life was so troubled. Her brain hasn't functioned right since her stroke and has triggered a lot of pain for her and those around her. Being a slave to her pain and the ways she tried to deal with it must have been exhausting. I'm sure the freedom and peace she is feeling now is unimaginable."

Dayna is survived by her children, Bayti & Kye of Cedar City, her parents, Eugene & Cindy Beatty of Kanarrville, sister Darcie (Jesse) Hirschi and nephews, Dax & Tel Hirschi, of Kanarrville.

She was preceded in death by her grandparents, Clayton & Mauna Rey Woodbury, and many other beloved family members.

Though she has always remained so strong, we are so happy she can finally rest easy. We will always love and miss you Dayna-ba-dayne.

Dayna was laid to rest in the Kanarrville City Cemetery under the direction of Affordable Funeral Services (435) 586-3456.

Due to Covid-19, a Celebration of Dayna's Life will be held at a future date.

Online condolences can be sent to Dayna's memorial page at www.affordablefuneralservices.com.

Beckie Robinson Spendlove



Beckie Robinson Spendlove, age 56, died peacefully at Dixie Regional Medical Center in St. George, Utah surrounded by her beloved husband and children on April 23, 2020.

After several years of courageously battling Pulmonary Arterial Hypertension, a devastating heart and lung disease, it finally took her life early Thursday morning.

Beckie was born October 2, 1963 in Provo, Utah to Elmo (Bud) and Dorothy Robinson. She was the eighth of their eleven children and the seventh sister! The family lived in Orem, Utah throughout Beckie's elementary and junior high years until they moved to

Paragonah, Utah in 1978. She graduated from Parowan High School, where she met her first husband, Douglas Van Spendlove. Two wonderful children, Nathan and Chelsey, blessed their union and brought much joy to their home. They eventually divorced, and in 1992 Beckie met and fell in love with David Mangum. They were blessed with their beautiful daughter, Bobbi Jade, in 1996.

Beckie attended Evans Cosmetology School in St. George, Utah. She loved everything about fashion, shopping, and doing hair, but she needed other employment to pay the bills. She began working at Claridge Inn about 1991, worked there for over 24 years, and made many dear, life-long friends. She was fun, energetic, an efficient worker, and a reliable employee.

Beckie raised her children in Hurrricane, Utah. As they grew up and grandchildren came along her family remained the center of her life. She would almost always have one or more grandchild with her wherever she went. Her affection and open heart, her laugh, her smile, her directness, and her loving and forgiving nature will be remembered forever. Her favorite thing was to laugh! She loved everything and anyone that made her laugh. She was a beautiful soul, a light in this world that will forever be missed but never forgotten.

Beckie is preceded in death by her father, Elmo "Bud" Robinson; her sister, Peggy; and her granddaughter, Aleeha Carmen Moguel. She is survived by her husband, David Allen Mangum; her son, Nathan Spendlove; her daughters Chelsey Spendlove and Bobbi Jade Culajay; grandsons, Afton and Ryder Spendlove, Justin and Alex Moguel; granddaughters, Neveah, Kaylee, and Haiven Spendlove, Mia Moguel, Ariya, Stella, and Cileste Culajay. She is also survived by her mother, Dorothy Robinson, six sisters and three brothers.

A Celebration of Life Memorial will be held on May 25, 2020 at her mother's home in Paragonah, Utah.

Tyrell Robinson



Tyrell Tony Robinson passed away April 28, 2020 from injuries sustained in an automobile accident.

Tyrell was born October 05, 1995 to Tammy Orton and Tony Robinson in St. George, Utah. Tyrell attended and graduated from Cedar City High School. Tyrell was currently working at WECCO and pursuing his dream of being a mechanic. Tyrell was skilled and gifted at fixing cars and electronic devices, he also loved going to Grandpa's farm, riding horses and shooting guns. Tyrell loved his family dearly and was loved by everyone. He accepted and acknowledged everyone as his

friend and was very generous with all.

Tyrell will surely be missed by his family and friends. The love for Tyrell is eternal.

Tyrell is survived by his Mother Tammy Sue Ashdown, Father Tony Mitchell Robinson his step parents Fred Jr. Ashdown, and Kayleen Robinson. He had three brothers; Cameron Phillips, Trever Robinson, Kylan Robinson and one sister Tina Brown. His Grandparents, Steven Orton, Susan Swapp, Mitch and Vyonne Robinson. Also, Great Grandparent, Dorraine Orton. Along with many Ashdown step-siblings, aunts, uncles and cousins on both sides of the family with one nephew.

Tyrell was preceded in death by his Uncle T.J. Orton, Suzanna Brown, Hal Orton, Aunt Becky Crosby. Great-grandparents Hugh and Itha Robinson, Hunter and Lela Gibson.

Graveside services were on Tuesday, May 5, 2020 at 12:00 pm at Cedar City Cemetery. Arrangements are under the direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com.

Kimber Hunt Russo



December 16th, 1961 to April 23rd, 2020.

Kimber Hunt Russo you are so loved. There isn't a moment that goes by that you are not thought of. You touched so many lives with your kind heart. You took care of us when we needed care and gave us love when nobody else was there. Kimber Hunt Russo passed away on April 23rd at Dixie Regional Medical Center. She fought for her life for nearly two weeks after an auto accident before she returned home to our Heavenly Father.

Kimber was born on December 16th, 1961 to Carmen Hunt and Charlie Nelson. Kimber was later adopted by Roy Hunt. She was the eldest of three children, Heath and Tausha Hunt. Kimber went to Cedar High and was part of the Class of 1980. In 1995 Kimber graduated from The SUU/Weber State University Nursing Program where she began her nursing career. Kimber married Raymond Guzman and together they had three children. Matt, Nichole and Ciarra.

Kimber had so much love to give and found her calling as a neonatal nurse. She loved delivering and caring for babies and their families. Kimber loved nursing and was very good at it. She often became attached to the families of her patients and stayed in contact with them for years. Kimber was always smiling and full of laughter and joy. Her sense of humor was one of a kind.

Kimber traveled to Monterey California for a nursing assignment. While there, she met her husband, Thomas Russo. Kimber and Tom did everything together. They loved Great Danes and horses. She has a special place in her heart for her late Great Dane, Crowley. Kimber and Tom loved having Hera, Kimber's granddaughter, over. They were always on a new adventure. Kimber had a special place in her heart for Hera. She was the best grandma anyone could ask for.

Kimber loved kayaking, she loved crystals, beautiful rocks and making jewelry and enjoyed pottery. Kimber and Tom returned to Utah in 2018. They lived in Parowan where she was the nurse at the Little S. Clinic for Dr. Ellen Gardner. She loved her patients and they loved her. Her spirit was uplifting to others and she carried a smile that radiated with joy. Kimber and Tom had plans to build a new home where they would grow old together. Kimber you are loved, you will never be forgotten. Your personality was one of a kind and the laughter you gave us will be greatly missed. You would want us all to be happy and to carry on living life to the fullest. You would want us all to love each other and to never stay mad at one another. And to always keep family close. Kimber we love you. Sleep with the angel's, until we meet again. Rest in Peace

Kimber is survived by her husband Thomas Russo, her parents, her siblings, Heath Hunt and Tausha Hunt and her three children, Matthew Ray Guzman, Erin Nichole Guzman, Ciarra Shae Guzman, and grandchildren, Hera Marie Poulos and Jax Todd Caro.

Online condolences can be sent to Kimber's memorial page at www.affordablefuneralservices.com.

Michael John Eggers



In loving memory of Michael John Eggers.

April 3, 1957 – April 29, 2020

He served in the U.S. Marines in the Philippines. He was a loving son, brother, father, uncle and grandpa. He was born in Burlington, WA. He is survived by siblings Evelyn, Clara (Liz), Fred, Lori, Robert, Rosie, Anna, and Rhonda. His Children Tina, John Eggers, Ali Eggers, and adopted daughter Stacy Wesolowski. He also has many nieces, nephews and grandchildren. He will truly be missed.

Fly high with the Angels now.

He is preceded in death by his Father, John Wesley Eggers; Mother, Dorothy May Bering; and Brother, Byron Pouge.

Submitting Obituaries

There is no charge for obituaries of 400 words or less. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. A single submission may include up to two photos. The deadline for submission is Monday at noon. For pricing information for obituaries longer than 400 words, please call 435-867-1865 ext. 5.



RANDOM Thoughts

by Tom ZULEWSKI
SPORTS WRITER

The memories are still fresh in Aaron Wheelwright's mind three years after they happened.

Wheelwright guided his Cedar National softball all-stars in 2017 through the grind of the state tournament, added a West Regional championship in San Bernardino, Calif., and topped it off with a trip to Portland, Ore., for the Little League World Series.

In 2020, Little League became the latest sports organization to break bad news when it decided to cancel the World Series across all divisions as well as the regional tournaments that precede it. Wheelwright was part of what he called "an incredible experience" when Cedar National won the West Regional and became the first team from our little hamlet to reach the national stage.

"It's an incredible opportunity to take a team from our small town to the World Series," Wheelwright said. "The atmosphere is totally amazing compared to anything else."

With the loss of regional play as well as the World Series, it's not likely the Little League seasons for baseball and softball in Cedar City will be played, including the Utah All-Star tournament that normally happens around July 4.

No new players like Sidney Webster, Payton



LITTLE LEAGUE LATEST TO PULL PLUG DUE TO COVID

Lister or Michaela Whitehair will have their shot at World Series glory in 2020. Since our health is far more important in these crazy, difficult times, the wait for next year's All-Stars and potential World Series participants will be more than worth it.

» **While the lack of a spring sports season is disheartening**, the reward of hard work has produced positive results for another player. Canyon View's Breanne Hancock signed her Letter of Intent on Saturday to play softball at Colorado Northwestern Community College. Hancock will join Baeli Cox, who signed with the Spartans in December to play soccer.

» **We're still waiting for official word on the status** of the Cedar City stop of the PRCA rodeo

in June, but the organizers of Days of '47 in Salt Lake City have already gone ahead and not only cancelled the Pioneer Day parade, but the rodeo that happens around every July 24 celebration.

And that's not the only rodeo to be called off. The PRCA stop in Herriman, which was scheduled the same weekend as Cedar City, has been cancelled because of COVID-19. We reported previously in this space that the stop in Moab was pushed back to October.

As the cancellations continue to pile up, it's hard to know what to think of it all. We'll be on the watch in the days ahead.

» **There's one more bit of good news on the sporting front.** NASCAR has announced it will be returning to the track to race, minus any fans in the stands – at least for now.

The racing returns with seven events set for an 11-day stretch, starting with a 400-mile Cup race at Darlington on May 17. It'll be the only afternoon start during the stretch (1:30 p.m. in Utah). There will be three additional Cup races, two XFINITY Series races and one Gander Outdoors Truck Series race divided between Darlington and

GETTY IMAGES

TOM'S SPORTS TRIVIA CHALLENGE

For this week's installment, it's time to take a look at some great moments and oddities in MLB World Series history. Have fun and please remember...no Googling.

- The New York Yankees may have 27 World Series titles, but none came in the 2010s. Since 1920, in which other decade did the Yankees fail to win a World Series?
 - 1960s
 - 1970s
 - 1980s
 - 1990s
- When the Detroit Tigers won the World Series in 1984, the team got off to a 35-5 start in its first 40 games, including a winning streak that tied an MLB record. How many consecutive road wins did the Tigers have in the stretch?
 - 15
 - 17
 - 19
 - 21
- The Chicago Cubs needed 10 innings in Game 7 to end its 108-year World Series drought as they beat the Cleveland Indians. In what year was the last World Series won in an extra-inning game?
 - 2006
 - 2009
 - 2012
 - 2015
- Since 2000, which California city has been the Triple-A affiliate home of five World Series champions?
 - Fresno
 - Sacramento
 - San Jose
 - Salinas
- Of the MLB franchises that have made only one World Series appearance, which team did NOT win the title?
 - Arizona Diamondbacks
 - Tampa Bay Rays
 - Washington Nationals
 - Los Angeles Angels
- In 2019, the Washington Nationals became the first team to win a World Series by winning all four games on the road. Which team won two championships by winning all four games at home?
 - Minnesota Twins
 - Philadelphia Phillies
 - Houston Astros
 - San Diego Padres
- Which team was the last to win a World Series in a four-game sweep?
 - New York Yankees
 - Boston Red Sox
 - San Francisco Giants
 - Chicago White Sox
- Which teams have faced each other in a World Series the most?
 - Dodgers/Yankees
 - Yankees/Cardinals
 - Cubs/Tigers
 - Red Sox/Cardinals
- When the Detroit Tigers reached the World Series in 2006, it completed a three-year climb from the worst record in American League history. How many games did the Tigers lose in 2003?
 - 120
 - 110
 - 100
 - 119
- Only two players in MLB history have ended a World Series with a walk-off home run. Bill Mazeroski was the first with the Pittsburgh Pirates in 1960. Who was the other in 1993?
 - Joe Carter
 - Albert Belle
 - Barry Bonds
 - Mark McGwire
- Who was the oldest manager to win a World Series at age 72?
 - Jack McKeon
 - Dick Williams
 - Jim Leyland
 - Joe Torre
- Who was the youngest manager to win a World Series at age 37?
 - Alex Cora
 - A.J. Hinch
 - Ozzie Guillen
 - Tom Kelly

LAST WEEK'S ANSWERS

- B: Cincinnati Bengals.**
The Bengals' last playoff win came in 1990.
- A: Steven Hauschka**
- C: St. Louis Rams/ Tennessee Titans**
- D: 9.**
- B: Stefon Diggs**
- C: 96.**
Arizona beat Green Bay, 51-45 in overtime in the NFC Divisional Round.
- A: Adam Vinatieri.**
Both came with the New England Patriots.
- A: Sony Michel.**
- C: Houston Texans**
- A: James White**
- A: Kansas City Chiefs**
- C: Houston Oilers.**
They became the Tennessee Oilers in 1997, then changed to the Titans in 1999, the year they reached the Super Bowl.

LITTLE LEAGUE


« CONTINUED FROM PAGE 22

Charlotte Motor Speedway.

Only the Coca-Cola 600, set to run May 24 at Charlotte, will have qualifying. None of the races will allow practice sessions. No further updates on the rest of the season were made available.

It may not seem like much, but NASCAR's return is at least a small step forward as we search for anything that resembles the world we once knew and loved.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.




As we are ALL hoping that the wrath of COVID-19 is nearing the end and the return to normalcy will soon be our next agenda, we are proud to have played some role here at COSSC in offering emergency room avoidance by providing orthopaedic direct care.

In fact, since 2013, Cedar Orthopaedic Direct Care has provided timely service for orthopaedic injuries of all types. Our patients have been pleased to bypass the emergency room entirely, saving both TIME and MONEY.

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LEGAL NOTICES

NOTICE OF PUBLIC HEARING

Notice is hereby given that the Enoch City Planning Commission will hold a public hearing on May 12, 2020 at 5:30pm at the Enoch City Office, 900 E. Midvalley Road, Enoch, UT. The public hearing is regarding changes to the Enoch City Zoning Ordinance regarding a geologic hazard study zone. You can view the proposed changes at <http://www.cityofenoch.org/ordinancespublic-notices.html> or call the Enoch City Recorder at 435-586-1119 for more information.

Published May 6, 2020
 Iron County Today • ICT #0253

NOTICE OF HEARING BEFORE THE BOARD OF OIL, GAS AND MINING DEPARTMENT OF NATURAL RESOURCES STATE OF UTAH

THE STATE OF UTAH TO ALL PERSONS INTERESTED IN THE FOLLOWING MATTER (Docket No. 2020-009): Notice is hereby given that the Board of Oil, Gas and Mining (the "Board"), State of Utah, will conduct a hearing on WEDNESDAY, MAY 27, 2020, at 10:00 AM, or as soon thereafter as possible. The hearing will be conducted electronically as allowed by Utah Executive Order 2020-1 (the "Executive Order"). In the event that the Executive Order is lifted before the prescribed hearing date the meeting will be held in the auditorium of the Department of Natural Resources, 1594 West North Temple, Salt Lake City, Utah. The hearing will be streamed live on the Department of Natural Resources YouTube channel at https://youtu.be/Rw5hW_d5O-g. THE HEARING WILL BE CONDUCTED as a formal administrative adjudication in accordance with the rules of the Board as set forth in Utah Administrative Code R641 et seq. and as provided for in Utah Code Ann. § 40-6-1 et seq. and Utah Code Ann. § 63G-4-101 through -601. DOCKET NO. 2020-009 CAUSE NO. S0210035: In the matter of: The Notice of Agency Action by the UTAH DIVISION OF OIL, GAS AND MINING Seeking an Order: (1) Affirming the Division's Withdrawal of the Notice of Intent to Commence Small Mining Operations for the HIGHLAND MIST MINE; (2) Forfeiting Reclamation Bond Provided by CORNERSTONE INDUSTRIES, INC. for the Highland Mist Mine; and (3) Authorizing the Division to Use the Amount Forfeited to Reclaim the Surface of the Highland Mist Mine, Located in Iron County, Utah, Township 32S, Range 6W, Section 36, and in Garfield County, Utah, Township 32S, Range 5 1/2W, Section 36. THE PURPOSE OF THE PROCEEDING will be for the Board to receive testimony and evidence regarding a Notice of Agency Action (the "NOAA") filed by the Utah Division of Oil, Gas and Mining ("Division"), that the Board enter an order: 1. Affirming the Division's withdrawal of the NOI for the Subject Mine, under Utah Code Ann. § 40-8-16(2); 2. Forfeiting, under Utah

Code Ann. § 40-8-14(6), the balance of the bond for the benefit of the Division, and order Zion's Bank to deliver the balance of account #8912057, in the approximate amount of \$56,800, together with any interest accrued, to the Division; 3. Authorizing the Division to use the forfeited funds to complete the reclamation of the Subject Mine as permitted by Utah Admin. Code R. 647-3-112; and 4. Grant further relief that the Board deems just and proper. Objections to the NOAA must be filed with the Secretary of the Board at the address listed below no later than the 11th day of May, 2020. A party must file a timely written objection or other response in order to participate as a party at the Board hearing. Failure to participate can result in a default judgment. Natural persons may appear and represent themselves before the Board. All other representation of parties before the Board will be by attorneys licensed to practice law in the State of Utah, or attorneys licensed to practice law in another jurisdiction which meet the rules of the Utah State Bar for practicing law before the Utah Courts. Persons interested in this matter may participate pursuant to the procedural rules of the Board. The NOAA, and any subsequent pleadings, may be inspected at the office of the undersigned, and inspected online at the Utah Board of Oil, Gas and Mining's website at <http://ogm.utah.gov/amr/boardtemp/redesign/books.html>. Pursuant to the Americans with Disabilities Act, persons requiring auxiliary communicative aids and services to enable them to participate in this hearing should call Julie Ann Carter at (801) 538-5277, at least three working days prior to the hearing date.

DATED this 24th day of April, 2020.
 STATE OF UTAH
 BOARD OF OIL, GAS AND MINING
 Ruland J. Gill, Jr., Chairman
 /s/ Julie Ann Carter
 Board Secretary
 1594 West North Temple, Suite 1210
 Salt Lake City, Utah 84116
 (801) 538-5277

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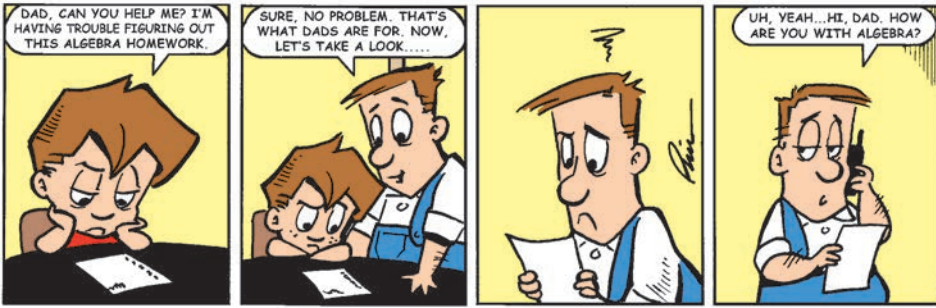
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Amber Waves

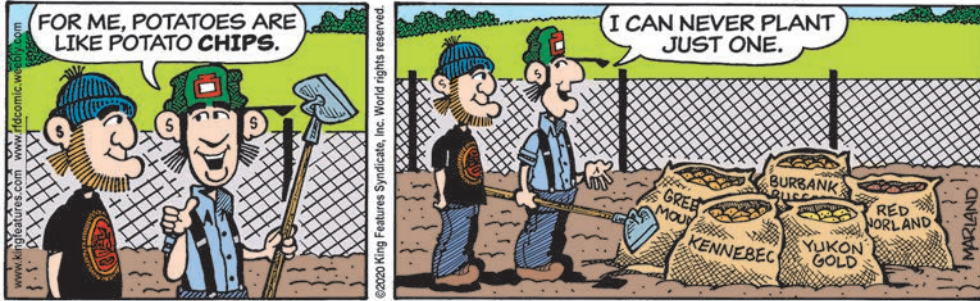
by Dave T. Phipps



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R.F.D.

by Mike Marland



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The Spats

by Jeff Pickering

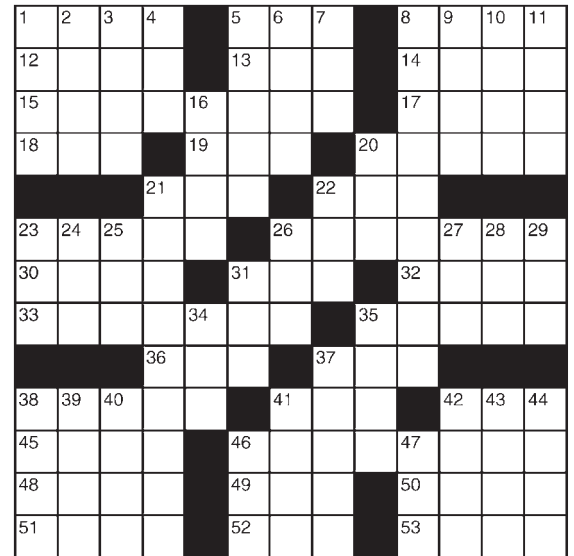


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King Crossword

ACROSS

- 1 Kills, slangily
- 5 Make up your mind
- 8 Padlock fastener
- 12 Polio vaccine pioneer
- 13 Born
- 14 Sheltered, at sea
- 15 Reacted to sun glare
- 17 Hot dog holder
- 18 Sugar suffix
- 19 Charged bit
- 20 Chin indentation
- 21 Kreskin's claim
- 22 Montana or Namath



- 23 Baghdad resident
- 26 Feast
- 30 Frill for Fonteyn
- 31 Bear hair
- 32 Radius neighbor
- 33 In need of laundering
- 35 Bishop's headdress
- 36 Present
- 37 Corral
- 38 Engine
- 41 Fish's flipper
- 42 Fire residue
- 45 Pinnacle
- 46 Hotel chain
- 48 Enticement

- 9 Lotion additive
- 10 Ego
- 11 Hide
- 16 Unless, in law
- 20 Opposed
- 21 They occur in March and September
- 22 Pickle container
- 23 "Monty Python" opener
- 24 Trench
- 25 — standstill
- 26 Unopened flower
- 27 Last: Abbr.
- 28 Away from WSW
- 29 Pitch
- 31 Only a small number
- 34 Neither mate
- 35 Carte
- 37 Fit of resentment
- 38 Neighbor of Niger
- 39 Piece of work
- 40 Expression
- 41 Notoriety
- 42 Actress
- 43 Dazzle
- 44 Crones
- 46 Journey segment
- 47 AOL, for instance

DOWN

- 1 — buco
- 2 Webpage list, often
- 3 Chimney channel
- 4 Tackle the slopes
- 5 Winning
- 6 Hammerhead part
- 7 Slugger Williams
- 8 Buffoon

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Weekly SUDOKU

by Linda Thistle

	5			9				4
7				3				9
		8	1			5		
	4			6				3
		6	7			1		
9				5				4
8			4					6
	3			8				2
		7			2	9		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

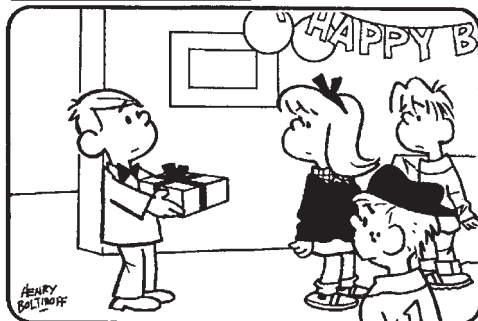
DIFFICULTY THIS WEEK: ◆◆◆

- ◆ Moderate
- ◆◆ Challenging
- ◆◆◆ HOO BOY!

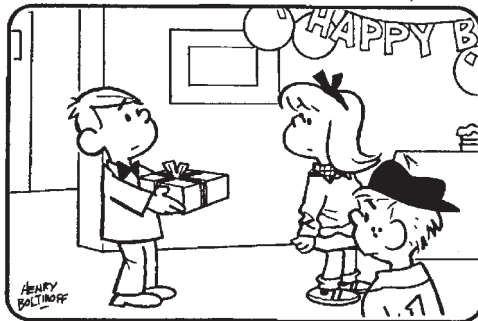
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Door is added. 2. Balloon is added. 3. Girl's sweater is different. 4. Boy is missing. 5. Cake is added. 6. Gift bow is different.

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Trivia test

by Fifi Rodriguez

1. GEOGRAPHY: Which is the only country to have three capital cities?
2. MOVIES: What year did the first Academy Awards ceremony take place?
3. GENERAL KNOWLEDGE: In police radio code, what does 10-31 mean?
4. U.S. STATES: What state would a Hoosier come from?
5. LANGUAGE: What does the Latin phrase "carpe noctem" mean?
6. GAMES: What color property is Kentucky Avenue in the Monopoly board game?
7. ANIMAL KINGDOM: What do you call an animal that eats plants and meat?
8. SCIENCE: What is the study of mycology?
9. MEDICAL: What is a more common name for varicella?
10. AWARDS: Which group has received the most Nobel Peace prizes?

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4	6	7	3	5	2	9	8	1
1	3	9	6	8	7	4	2	5
9	3	6	4	9	1	7	3	8
8	7	3	2	1	5	6	4	8
6	2	8	6	7	4	3	1	5
3	5	4	1	9	6	8	2	7
3	9	8	1	2	4	5	6	7
7	1	4	5	3	6	8	9	2
2	6	9	8	7	9	3	1	4

Answer

Weekly SUDOKU

O	F	S	O	P	T	H	A	S	P		
S	A	L	K	N	E	A	L	E			
S	O	L	I	N	T	E	D				
R	O	L	L								
O	S	E	I	O	N						
C	L	E	F	T							
E	S	P	J	O	E						
I	R	A	O	I	B	A	N	O	U	E	T
T	U	L	A								
T	U	L	A								
S	T	A	I	N	E	D					
M	O	N									
H	A	S									
A	V	A	P	E	X						
L	A	N	T								
U	N	G									
S	P	A	N	S							
I	S	M	S								

Solution time: 21 mins.

Answers

King Crossword

1. South Africa — Capetown (legislative), Bloemfontein (judicial) and Pretoria (administrative); 2. 1929; 3. Crime in progress; 4. Indiana; 5. Seize the night; 6. Red; 7. An omnivore; 8. The study of fungi; 9. Chickenpox; 10. The International Committee of the Red Cross, with three awards

Trivia Test Answers