

INSIDE...

**AIMEE WINDER
NEWTON MAKES
HISTORIC BID
FOR UTAH
GOVERNOR**



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today

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HISTORICAL CAMPAIGN

Aimee Winder Newton's Bid
for Governor of Utah • Page 2



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ROBBERY SUSPECT CAPTURED BY CEDAR CITY POLICE

from Lieutenant Jimmy **RODEN**

CEDAR CITY POLICE DEPARTMENT

CEDAR CITY — On Friday, April 10, 2020 officers were summoned to the report of a robbery. An employee of Metro PCS at 565 South Main called 911 to report that a robbery had just occurred. The employee gave a description of the male suspect and advised officers that he had a handgun.

Moments later officers from the Cedar City Police Department located the suspect approximately one block away from the crime scene. When given commands the suspect failed to comply and fled on foot. The officer gave chase on foot and deployed a Taser. The Taser was ineffective at gaining compliance so the officer tackled the suspect and took him into custody as the suspect actively resisted.

An eye witness reported observing the suspect discard a backpack on a lawn when the officer initially drove past the suspect. As the officer turned around, the suspect picked up the backpack and fled on foot. A black airsoft handgun was located on the lawn where the suspect was seen dropping the backpack.

An undisclosed amount of cash was taken during the robbery. When

apprehended the suspect was in possession of a large amount of cash.

The suspect was identified as 59-year-old Stuart Alan Walraven of Cedar City. Walraven was booked into the Iron County Correctional Facility on the following charges; aggravated robbery, failure to stop at the command of a police officer, interference or resisting arrest, and obstruction of justice.

Historical campaign for Aimee Winder Newton

by Tom **WATSON**

IRON COUNTY TODAY

Aimee Winder Newton is only the third woman in Utah history to run for the office of Governor. She is the one candidate that has the most experience and cares for the people of Utah. She is a financial hawk. What does that mean? It means she will make sure that Utah does not turn into California. Her familiar saying, "People Before Pedigree" reflects the position of giving the people of Utah more say without fear of being shut down by politicians or by being given "polispeak" without ever any consideration as they have in the past.

The State Convention is April 25. There are approximately 4000 state delegates around the state that will be voting. People can find out more about Aimee Winder Newton and her running mate John Dougall, who is on board for the Lt. Governor office, through her website: AimeeforGovernor.com, her Facebook page @AWinderNewton and they can also reach out to Aimee directly via email at Aimee@AimeeforGovernor.com. You can also follow her on Twitter, Instagram and on YouTube to watch her townhall meetings and listen to all the issues she and John Dougall are taking on. That is something you never see or get to do anywhere.

The issues are many this time round as they always are. From Business and Manpower to Water and Environmental issues, to the jobs and economic stability—her strong point. She is a woman that is on a mission to get Utah on track and keep it fiscally balanced along with all the concerns of Utah's people. From Education to Tax Reform



AS ONLY THE THIRD WOMAN IN UTAH'S HISTORY to run for the office of Governor, Aimee Winder Newton commits to place "people before pedigree."

to Growth; all are of the utmost importance to the citizens of our great state. There is more to handle, and with your help it will happen to make Utah undeniably the state of opportunity once again.

Aimee Winder Newton is ready to bring conservative leadership and real experience to deliver citizen driven results to the Capitol. She currently serves on the Salt Lake County Council where since 2014 she's been fighting for innovative solutions to break the cycle of intergenerational poverty, to increase mental health resource coordination, and achieve full government transparency. She was elected by her peers to serve as chair of the council in 2018. Her time on the council has also earned her the reputation of being a "fiscal hawk."

She won't rubber stamp a budget. Instead, she digs deep, pours over numbers, talks with stakeholders, and then holds people accountable for every hard-earned taxpayer dollar as she oversees Utah's second largest budget.

Aimee also cares about her neighbors and Utah's families. For over 25 years, she has shown up, pitched in, and improved communities. Aimee rolled up her sleeves to help Taylorsville become a city, and then served as a planning commissioner and school community council member - where she engaged first-hand in public education issues. In addition to her work on the council, Aimee has been a small business owner since 2003. She values both a smart balance sheet and smart planning. She has

also shouldered roles in communication and economic development, experiencing government from all angles in both the public and private sectors. A graduate of the University of Utah, Aimee and her husband, Matt, have been married 26 years and have four children, ages 15-23.

You can determine for your yourselves is she the best candidate for the Utah State Governors office. Decision time is a way off yet, but anyone with this much grass roots gusto and down to earth money skills should be given some serious consideration. Just like in the job market, would you hire someone who has no clue how to do the job. There are lots of candidates running this year for the Governor's position. It is truly something to think about.

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PUBLIC ANNOUNCEMENTS: COVID-19

Visitor restrictions at Intermountain Healthcare facilities updated

from Holly **NELSON**

INTERMOUNTAIN HEALTHCARE

To help keep patients, caregivers, and the community safe during the COVID-19 pandemic, Intermountain Healthcare is implementing more restrictive visitor guidelines at its hospitals, clinics, and InstaCare locations.

“While this change may create challenging situations for some people, it is a necessary and appropriate step given the anticipated growth in the number of cases of COVID-19. We appreciate everyone’s patience during this time that we’re working to ensure the safety of our patients, caregivers, and community,” said Mark Briesacher, MD, chief physician executive for Intermountain.

The updated restrictions mean those coming to an Intermountain facility will be screened before entering. This includes a temperature and symptom check. No visitor displaying symptoms of illness or who is suspected of COVID-19 or who has tested positive for COVID-19 will be allowed to enter the facility.

“We know being physically apart is difficult for patients and their families and friends—particularly during a hospital stay when having loved ones near gives patients comfort and peace. We recognize the significant sacrifice families and friends are making to support the visitor guidelines. We encourage people to be creative with phones and iPads and stay connected through technology with their loved ones,” said Dr. Briesacher.

Specifically, Intermountain Hospitals will not allow visitors, except for the following exceptions:

» End-of-life patients may have two total designated visitors while in the hospital. These two designated visitors may not switch with other individuals.

» Obstetric patients may have only one designated visitor for their entire hospital stay. A doula counts as a visitor. A surrogate child’s adopting or biologic parent counts as a visitor.

» Healthy newborn patients may have both parents as visitors.

» Patients who are younger than 18 may have one visitor/guardian per 24 hours. However, there can be no more than two people designated as visitors/guardians throughout the entire hospital stay. This policy also applies to newborn intensive care (NICU) patients and to cancer patients younger than 18.

» Patients who require assistance from another adult to stay safe may have one designated visitor who may stay with the patient in the facility throughout their stay if they are contributing to the patient’s well-being. Such visitation will be determined and monitored by the patient’s care team.

In addition to these limited circumstances, all visitors must be 18 or older. Visitors cannot visit adult cancer patients or those undergoing chemo-

therapy or transplant treatments because of the immunocompromised status of these patients.

Visitors (and all others entering Intermountain facilities) must wash their hands or use alcohol sanitizer upon entering and leaving rooms and facilities to help prevent the spread of viruses.

For safety reasons, patients coming to clinics and InstaCare locations are asked to come alone, unless they are a minor or need assistance from another adult to stay safe. Visitors with symptoms of illness will not be allowed into these facilities.

The most up-to-date visitor restrictions will be reflected on Intermountainhealthcare.org.

Intermountain Healthcare launches Emotional Health Relief Hotline

from Brad **GILLMAN**

INTERMOUNTAIN HEALTHCARE

Intermountain Healthcare has launched a free, new community call-in resource to help support patients, clinicians, and the public who are seeking

see **COVID-19** » 10



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OPINION

Thought
of the Week

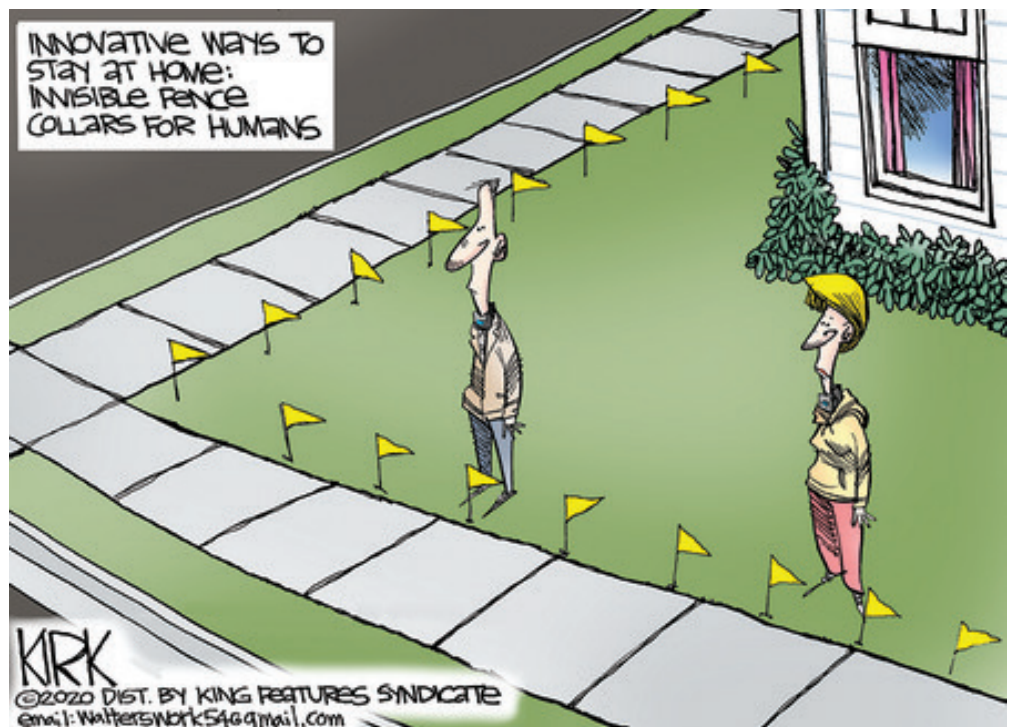
from the desk of R. Gail Stahle, publisher

"You're never in the wrong place. Sometimes you're in the right place looking at things the wrong way."

» Jay Shetty

CORRECTION

The Letter to the Editor, "2nd Amendment in the Crosshairs" (April 1, 2020) was written by Rick Warke.



Lifelong learning—come what may

The opinions stated in this article are solely those of the author and not of Iron County Today.

In the 34 years of writing this column, I often gave advice (unwanted) to the seniors in the high school graduation class. This year it is doubtful if seniors will gather together in an auditorium for commencement, but if they did, and if I were at the microphone, this is what I would say:

"Congratulations on getting through the maze of required courses. I'm sure your parents are proud; it's a milestone for them as well as for you. But don't be arrogant enough to think that you are really educated or that you even know a whole lot about many different things. That will only come with life experience and, for most of you, additional coursework."

A documentary filmmaker was asked recently what advice her father, a famous newspaper columnist, offered her. The woman answered that her dad simply said, "Pick a subject or profession, stick to it, and get really good at it so that you're the person people reach out to on that subject." In other words, pick a field you are interested in and become the very best you can at it, whether it be a garbage collector which society will always need or a software designer developing video games which

society may or may not value. An expert welder is needed as much as a good physician, and the former won't have anywhere near the college loan to pay back.

Also, be aware that there is a uniquely American bias against educated people. Look at the noisy group of people who laugh at science and refuse to have their children vaccinated, putting the vast majority of kids at risk. Just last week a woman from Kentucky was filmed by

warming, and is an admitted sexual predator, boasting about grabbing young women inappropriately. And on the opposite end of the political spectrum, educated college students turn out in mass to support the half-baked socialism of Bernie Sanders.

"So, education by itself doesn't mean we are wise or even ambitious and a contributor to society. In fact, a student I tried to teach back in the 1970s dropped out of high school and learned a trade from his father, a barber. During a recent haircut, he told me that he never regretted his decision to drop out. He made a decent living, he said, and had supported his family.

The problem, of course, is that dropping out limited his options. "As high school graduates, you are not nearly as limited. Don't let others choose your profession for you. Choose what you enjoy, do the best you can – and don't feel that you can't change to something else as you grow older."

And one other thing...The columnist told his daughter that she should not worry about bad things she had done or would do in the future. 'Life', he said, 'is an amalgamation of (both good and bad) moments.' The best you can do is learn not to repeat the bad or foolish actions. That won't come from your diploma. That will come from experiencing life.

"If you're like me, you'll work it out. Congratulations. Now wash your hands!"



Cyclops

by Bryan GRAY

COLUMNIST

a national news organization arguing that COVID-19 was not to be feared. She had just attended a close gathering of church members who didn't socially distance, but she wouldn't get the virus, she said, because 'I am washed in the blood of Jesus.' Supposedly, this woman had graduated from high school, which should make all of us afraid.

Let's be honest, we elected a president who called the Coronavirus a hoax, doesn't believe in the science of global

OPINION

To the Editor

Saluting our nation's unsung heroes during pandemic

Dear Editor,

In spite of the uncertainty that Coronavirus (COVID-19) has caused, there are still many industries filled with hard-working men and women who are continuing to work amid the coronavirus outbreak. From hospitals to delivery services, to pharmacies, to grocery stores, transportation and logistics and security companies, there are many employees who, while they may not wear capes, are our nation's heroes. These largely unsung heroes are helping us survive this crisis by driving vehicles filled with crucial supplies, stocking store shelves, filling prescriptions and providing essential public safety services.

Now is the time to share your appreciation or our nation's unsung heroes. While most of are deeply thankful for the doctors, nurses and emergency workers who are tending to the sick, we should also be appreciative for the men and women who hold essential jobs that require they show up to work during the pandemic.

The front line in the pandemic are the heroes working at grocery stores, gas stations, convenience stores and take-out restaurants. These individuals are keeping us healthy by providing essential services that we desperately need. Consider thanking your supermarket's shop clerk who is doing their best to keep the shelves stocked with necessities and the cashier who is ringing up the purchases. Express your gratitude to the Amazon delivery person who brought essentials to your home.

Our nation should all honk in appreciation for the men and women driving tractor-trailer rigs across the country who are delivering vital food and supplies at an unprecedented pace. Some police departments in several states are helping truck drivers find safe places to park and are even arranging to get food directly to the driver.

Employees, shareholders and other stakeholders look to their business leaders for strength and direction. Let's express our gratitude to the company leaders who are sharing their intel to help others during this challenging time. For example, some leaders are publicly sharing their crisis plans, which include employee communications with information about COVID-19, how it's transmitted, what they're doing about it, employee FAQs, and links to resources with more information.

Let's salute our hard-working highly trained men and women that are our country's first responders. Nationwide, there are over 1 million security professionals on the job, classified as essential personnel, who can be put in high-risk situations as they confront and detain criminals engaged in theft, trespassing, gang activity and every other manner of unlawful behavior that occurs.

Steve Jones, Allied Universal CEO

From the Editor

Another brick in the wall



COREY BAUMGARTNER
MANAGING EDITOR

As our Iron County communities continue to endure this difficult time, we must do all we can to remain confident and positive. Not with rose-colored glasses and certainly not using COVID-19 or any other trial and tragedy in our lives as an excuse to isolate ourselves, or to stop learning and living life.

Social Distancing is not a sign or signal that life is over or ending. While Pink Floyd may disagree, these challenging times are not meant to be another brick in the wall of discontent or resentment as we lose some normal comforts of life due to challenges and changes. As such, I congratulate and encourage our students and teachers to stay the course and continue their courses and education.

Yes, it is difficult to not be able to see friends, or learn in an environment as comfortable, convenient or compatible with our current lifestyles, but it will be worth the extra work in the end. And there will be an end, for the better. The question is, will you let this pandemic make you bitter, or better? Will you let it build or break you? The choice is yours. I challenge you to make the best of it and let it make the best of you.

IRON COUNTY FORECAST

MORE COLD AIR AND ANOTHER CHANCE AT A PASSING SHOWER ON THURSDAY, FOR IRON COUNTY, BUT DRY FOR THE WEEKEND.

CLOUDS BUILD WEDNESDAY AND WINDS SHIFT FROM A WSW INFLUENCE TO A WNW INFLUENCE, ALLOWING FOR COOLER TEMPS THURSDAY AND FRIDAY. TEMPS REBOUND INTO THE 60S BY THE WEEKEND WITH A SW BREEZE.

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THURSDAY	Partly Cloudy 54°/36° PRECIP: 20% WINDS: WNW 10-15
FRIDAY	Partly Cloudy 56°/38° PRECIP: 20% WINDS: WSW 8-12
SATURDAY	Partly Cloudy 63°/37° PRECIP: 20% WINDS: SW 10-15
SUNDAY	Mostly Sunny 64°/40° PRECIP: 0% WINDS: SW 10-15
MONDAY	Partly Cloudy 65°/41° PRECIP: 20% WINDS: SSW 10-15
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OPINION

Word *on the* **Street**

Compiled by Tom Watson

How are you surviving the challenges of COVID-19?

“ I live a healthy life. I love this area and spending time with family and we're doing the best we can do.”

— Chris Lewis

“ We stay positive. We get up each morning grateful for what we have with our health and the ability to serve others in a very special way. Especially because we are in the meat cutting business. We are able to serve a lot more people right now and it gives us joy to be able to do that and to have the health to do it.”

— Nancy Dalton



“ I'm staying positive by thinking on the things that are lovely and kind and of good report. And if I have a bad thought come, I chase it out of my mind and replace it with beautiful things. So, I am thinking happy thoughts. That's how I do it. I'm blessed, that's why.”

— Norma Holiman

“ I am enjoying the extra time I have with my family since my kids aren't going to school. And I am still coming to work and enjoying that and it really helps me stay positive.”

— Giani Julander



“ We're surviving just fine. We're enjoying our time with our family we're not very concerned about the quarantine going longer but we don't have kids in school so it's not too much. We're just staying positive.”

— Stefani Wood

“ I'm just not letting things get me down. I mean you just have to remember that you're still alive, and this disease too shall pass. And you got to have faith and know that it will pass and I think then you feel more comfortable, more at peace and you won't let it get you down.”

— Tammi Lund

**NEWSPAPERS
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BACK.**

We are grateful for those who have our back in this important time. The list is long, but we want to thank our first responders and front-line workers.

Especially in critical times, **newspapers have your back.** COVID-19 is a national story that is impacting you at home and at work. Your local newspaper is keeping you informed with current events in your neighborhood and is bringing communities together in these challenging times.

From the actions your local government is taking, to lists of local stores that are delivering and tips on what to do while you're at home, your local newspaper is committed to bringing you the news you need, when you need it.

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If you have thoughts and ideas about what has been happening in Iron County, other ideas for upcoming Word on the Street questions, please submit them to news@ironcountytoday.com.

OPINION

Rescue Bill – What matters, where rubber meets the road

from Association of
MATURE AMERICAN CITIZENS

FOR IRON COUNTY TODAY

Forget big talk, big numbers, big politics. What exactly does the “2.2 trillion dollars” rescue bill do? How can we get access to needed relief? When will it arrive? Here are solid answers about what matters most to you.

“This bill puts wind in our sails, but in the end – recovery will be on us,” says Robert Charles, National Spokesman for the Association of Mature American Citizens [AMAC].

First of all, the bill contains big money for “frontline health care” workers and equipment, test kits, masks, gloves, respirators, ventilators, veteran homes, hospitals, disaster relief funds for states and localities. And, perhaps just as important, it offers aid to individuals and small businesses, explains Charles.

Having read every title, section and subsection, key things stand out. Once Congress “appropriates” money, it must be “apportioned” by OMB to departments, down to agencies, assistant secretaries, program managers, and procurement officers to let contracts. That takes time.

“The good news,” says Charles, “is this law will accelerate ‘real-time research’ on a vaccine – DOD already has six trials up, civilian agencies more. Government is working hand-in-glove with companies. It also supports ‘domestic manufacturing of biopharmaceuticals,’ disinfectants, quarantine services, supercomputers, laboratories, and telehealth. It helps military service members, transit systems, food banks, educational institutions, farmers, and homeless shelters.”

That said, the rubber meets the road with individuals and the small businesses, which employ 80 percent of America. Consumers and small employers drive the economy. That is why relief to them – is critical.

The “CARES” Act – a clever acronym for the Coronavirus Aid, Relief and Economic Security Act – starts here: Many individuals will “within three weeks,” according to the Treasury, receive a check “in their bank accounts.” Adults who earn less than \$75,000 should get a \$1200 payment, joint filers earning less than \$150,000 should get \$2400, with gradual reductions up to \$99,000 for individuals and \$198,000 for joint filers.

Provisos: Adults need no regular income and can be SSI beneficiaries. Seniors are included. They must have a Social Security number, so no illegal aliens. If eligible, checks should arrive by end of month. (Title II, Section 2201).

On retirement accounts, the law waives “10 percent early withdrawal penalty” for “distributions up to \$100,000 from qualified retirement accounts” after January 1, 2020 – so is retroactive. The waiver requires only a corona-related

“adverse financial consequence,” for example quarantine, layoff, childcare costs or reduced hours. (Section 2200). In short, if you need money -- the odds are with you.

In a nod to AMAC, the law offers “temporary relief of required minimum distribution rules” for various “contribution plans and IRAs” during 2020, in effect allowing seniors to avoid forced sales that forfeit savings in a down market. (Section 2300).

Under Section D, health saving accounts (HSAs) with high deductibles can cover “telehealth services” before reaching that deductible. (Section 3701). HSAs also can buy over-the-counter medical products (Section 7202), virus-related home “telecare” (Sections 3703-08), and incentivize telecare by “boosting payments for hospital, physician, nursing home, and home health costs.” (Section 3709).

For seniors, a “Medicare add-on” for inpatient hospital costs and “post-acute care,” including equipment at home, will be useful. Important is

elimination of Medicare Part B “cost-sharing” and “allowing up to 3-month fills and refills of covered Medicare Part D drugs.” (Sections 3710-14).

As coronavirus tests become available, the law assures that “uninsured individuals” will receive the test “with no added cost-sharing” under state Medicaid programs – same under Medicare Part B. (Sections 3716-17). On the flip side, “hospitals, especially those in rural and frontier areas” get “reliable and stable cash flow” (Section 3719), plus enhancement of Medicare and Medicaid (Sections 3801-3841).

Small measures add up. One allows an added \$300 deduction for contributions to “churches and charitable organizations” (Section 2400), others lift “limitations on deductions” for “itemizing” and building a “food inventory” (Section 2205). Providers of credit are encouraged to forebear (Section 4021), while it also puts in place a

see **RESCUE BILL** » 10

OP/Ed

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1) Annual percentage rate (APR) is variable and may increase after closing based on the Prime Rate as stated in the Wall Street Journal – rates effective as of 3/19/2020, plus a margin and is subject to change at any time without notice. APR is based on commitment amount, loan-to-value up to 80% and credit worthiness. If the rate adjusts, the minimum APR will not be lower than 2.99% and the maximum APR will not exceed 21%. The lowest advertised 3.25% variable APR is based on 1st lien position, loan-to-value less than 70% and excellent credit history. Existing Home Equity Credit Line must be increased by at least \$25,000 to qualify for 2.99% introductory APR. Minimum loan amount is \$5,000. Collateral must be owner-occupied single-family residential property, including condos, townhomes, and duplexes located in Utah, Idaho and Wyoming with a maximum 80% Loan-to-Value and excellent credit history. Property values will be determined by lender, any appraisal required by applicant will be at the applicant's expense. Fees that may apply to the Home Equity Credit Line: Early closure fees range from \$350.00-\$1,000 and will apply for terminating the plan within the first three years. Modification fee of \$250.00 applies. Offer expires May 31, 2020. Loans subject to credit approval. Terms, conditions, and restrictions apply. Contact a local Zions branch for details.

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Bookings

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty. For a juvenile the name is "(Male/Female) Juvenile Offender" and juvenile is of age less than 18 years.

April 6

JACOB CRANE
CEDAR CITY, UT
Animal At Large - Sterilized (2nd Offense)

ANDREW A ROMERO
CEDAR CITY, UT
Animal At Large - Sterilized (1st Offense)

DELILAH J DELGAI
CEDAR CITY, UT
Aggressive Animal At Large, Failure to Vaccinate

JOHN K ROLLINS-MENDEZ
CEDAR CITY, UT
Retail Theft

SAVANNAH M VALENZUELA
CEDAR CITY, UT
Disorderly Conduct

April 7

KELLY A KEITZ PAROWAN, UT
DRUG - Poss w/ Intent to Dist C/S

BRANDON L BIRDELL

CEADAR CITY, UT
DRUG - Dist/Offer/ Arrange Dist of C/S, Poss C/S Marijuana/ Spice, Poss Drug Paraphernalia

DAVID D CARTER
CEDAR CITY, UT
DRUG - Poss C/S Sched I/II/Analog

KELLIE ROLLINS JOSHUA TREE, CA
Retail Theft

April 8

DANIEL A BUCK
CEDAR CITY, UT
Retail Theft

TRAVIS L MCBRIDE
CEDAR CITY, UT
Drive on Susp/ Revoke Lic

MALE JUV OFFENDER
CEDAR CITY, UT
Criminal Mischief, Assault, Forcible Sex Abuse

KRISTY P BARKER
CEDAR CITY, UT
Open Container in Veh, Theft/ Firearm or Operable

Veh, Assault on Correctional Officer, Animal At Large, Theft, Criminal Mischief

April 11

STEVEN C MILLER ENOCH, UT
DRUG - Poss less than 1oz. C/S in (DF Zone), Poss C/S Sched I/II/Analog, Poss C/S Marijuana/ Spice, Resist/ Interfere w/Arrest

JEREMY L WHEELER
CEDAR CITY, UT
DRUG - Poss C/S Marijuana/Spice, C/S Sched I/II/Analog

April 12

DENISE K CHASTAIN
CEDAR CITY, UT
Retail Theft

VICTOR A ORR
CEDAR CITY, UT
DRUG - Poss w/ Intent to Dist C/S, Poss Drug Paraphernalia

Romney, Murphy announce legislation to reaffirm U.S. commitment to global health security

SALT LAKE CITY — U.S. Senators Mitt Romney (R-UT) and Chris Murphy (D-CT), members of the Senate Foreign Relations Committee announced that they will introduce legislation to reaffirm the United States' commitment to global health security amid the COVID-19 pandemic. The Global Health Security Act would establish a Global Health Security Interagency Review Council and the United States Coordinator for Global Health Security, appointed by the president from the National Security Council. These new entities would be responsible for implementing the Global Health Security Agenda, an initiative launched by nearly 30 nations in 2014 to address global infectious disease threats. Other responsibilities would include: (1) providing policy recommendations on agenda-related goals, objectives, and implementation; (2) helping federal agencies with

implementation; and (3) reviewing the progress and challenges in achieving U.S. commitments, including assistance to help other countries meet agenda targets. This legislation has also been introduced in the House by Reps. Gerry Connolly (D-VA) and Steve Chabot (R-OH).
"Our experience with coronavirus has exposed some glaring gaps in our nation's capacity to respond to a pandemic, and it is critical that we are better prepared to coordinate global responses and exert leadership to address future health threats," Senator Romney said. "By establishing a health security council and dedicating a new NSC position to developing global health strategies and coordinating responses, our bill will better prepare us to confront the spread of another infectious disease."
"The United States cannot prevent pandemics like

COVID-19 from devastating our country if we don't adequately prepare and plan. We clearly weren't prepared in this case, and we cannot waste time in establishing new organizations in the federal government that can identify and prepare for health threats before they become domestic crises. That's why we must establish a new directorate that's empowered to press the preventative levers that can protect the nation, and that's exactly what the Global Health Security Act seeks to do," Senator Murphy said. "Our priority right now should be taking decisive action to contain COVID-19's spread and rescuing our economy. But if we don't also spend time fixing the gaps in our global pandemic response leadership, we're at risk of going through this nightmare all over again. Pandemics don't run on schedules, and so we need to start the job of reform now."



Our locally owned restaurants are part of what makes our community a great place to live. Current safety guidelines allow for many ways of supporting local restaurants. If you are able and comfortable doing so, help your neighbors and friends by getting a take-out meal.



For a current list of restaurants with online ordering, curbside, and other take-out options, go to visitcedarcity.com

UTAH COVID-19 Legislative Update

Dear Friends and Neighbors,

As of April 10, Utah administered 40,762 tests, 2,102 testing positive, 183 hospitalizations and 17 fatalities. We know testing is vital to slowing the spread of this virus, and we currently have enough testing materials available to test anyone who has any symptoms of COVID-19. While we are proud of this progress, we are continually working to ramp up testing capacity.

Utah's unemployment insurance claim report for March 29-April 4 was released by the Utah Department of Workforce Services. Over 33,000 new unemployment insurance claims were filed, and there were 33,290 weekly claims filed. A total of \$6,881,153 was paid in benefit payments going out and claims being processed.

Utah is one of the first states in the country where the \$600 stimulus program was available. Claimants will see it included in their weekly benefit payments moving forward and retroactively for those that received a payment this week. Additionally, the application for Pandemic Unemployment Assistance, which makes benefits available for self-employed individuals and others who aren't eligible for traditional unemployment benefits, will be available. Claimants should expect 21-30 days for the processing of these applications. Individuals can learn more and apply online here.

This is a stressful time for us all. To help individuals during the COVID-19 crisis, Intermountain Healthcare created an emotional health relief hotline. This is a free resource for Utahns. Callers are connected with trained caregivers who provide appropriate healthcare tools, treatment options and

crisis resources. The hotline is open seven days a week from 10 a.m. to 10 p.m. and is available in 20 different languages. The hotline number is 833-443-2211. Please reach out for help if you need it. You can learn more here.



SEN. EVAN VICKERS

UTAH SENATE DISTRICT 28

FAQs

Q- Why do we not have a state mandated shelter-in-place order?

A- In Utah, we are not experiencing COVID-19 on the same scale throughout the state. While our urban communities are experiencing the lions' share of the cases, some of our rural communities have not recorded a single case of the virus yet.

Governor Herbert did announce his "Stay Safe, Stay Home"

directive to urge individuals to practice social distancing and follow best-practice guidelines to combat this illness. This directive allows counties to make decisions based on the needs of their county. Since the "Stay Safe, Stay Home" directive, many counties have issued their own public health orders enforcing the "Stay Safe, Stay Home" directive within their counties or issuing stronger "Shelter-in-Place" orders.

Q- Why can't we lift the coronavirus restrictions?

A- This is a hard time for us all. As a state, we are working to balance protecting public health, the economy, and civil liberties. As much as possible, we would like to allow people the option to continue to work to support their families.

While we are pleased that our projected number of cases and deaths due to COVID-19 are decreasing, we know that this is because

of our current efforts and restrictions. If we lift restrictions too soon, we could drag this pandemic on even longer. We are continually evaluating our actions as a State against the conditions in Utah to ensure our response is appropriate to the circumstances.

We are working to improve our testing and tracing efforts so we can get to a point of targeted quarantining for those infected or those who have been in contact with infected persons. As we improve in this effort, we'll be able to return to life as normal sooner. This is what is working in South Korea, this is what is getting people back in action. Testing and tracing will allow

us to get to the right balance over time.

Q- Why are we not testing more people?

A- We know we need to test as many Utahns as possible. We are currently in the top 5 states for testing per million, but there is still more work to be done. Unfortunately, as this is a global pandemic, resources have been limited, and we have had to build testing capacity over time. A few weeks ago, we were only able to test 1,500 people a day, we can currently test 4,000 people a day—which is more capacity than we currently have requests, and we will continue to increase capacity in the coming weeks.



CORONAVIRUS HELPFUL TIPS FROM THE CDC



manage stress

Take time to talk with your child or teen about the COVID-19 outbreak. Answer questions and share facts about COVID-19 in a way that your child or teen can understand. Reassure them that they are safe.

To learn more, visit www.cdc.gov.



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COVID-19

« CONTINUED FROM PAGE 3

to address emotional health concerns during these challenging times.

The Intermountain Emotional Health Relief Hotline offers callers guidance, tools, and referrals for people experiencing issues related to their mental well-being. It's free and can be reached seven days a week from 10 am to 10 pm at 833-442-2211.

The Emotional Health Relief Hotline connects callers with a trained care coordinator who can provide appropriate self-care tools, peer support, treatment options, crisis resources, and more. The team of care coordinators includes navigators from Intermountain's Behavioral Health Clinical Program and trained caregivers from the health system's COVID-19 Call Center.

The free hotline has been developed in collaboration with community partners, including Utah's Department of Human Services and the University of Utah's Neuropsychiatric Institute (UNI) Crisis Line.

"At a time when distress and uncertainty are part of our common experience, it can be difficult

“ These coordinated resources and caring teams can help bolster the mental well-being of our families, colleagues, and community.”

» **Morissa Henn, Intermountain Healthcare**

to find strong emotional footing," said Morissa Henn, community health director at Intermountain Healthcare. "These coordinated resources and caring teams can help bolster the mental well-being of our families, colleagues, and community.

In situations of acute or imminent psychiatric crisis, the care coordinator will stay on the line while connecting the caller to UNI representatives to deploy additional help and resources.

In non-crisis scenarios, coordinators will help connect people to key resources, including employee assistance programs, local mental health authorities, domestic violence services, clinical treatment teams, and peer counselors. They will also direct callers to free educational materials and digital self-care technologies.

"Just as we need people to have access to reliable medical information for COVID-19, we also need access to resources and support for the emotional and mental health stressors we are experiencing," said Kim Myers, assistant director of mental health at the Utah Department of Human Services. "The Emotional Health Relief Hotline, in coordination with existing services, is an important addition to the continuum of services to support our whole health as individuals and communities."

RESCUE BILL

« CONTINUED FROM PAGE 7

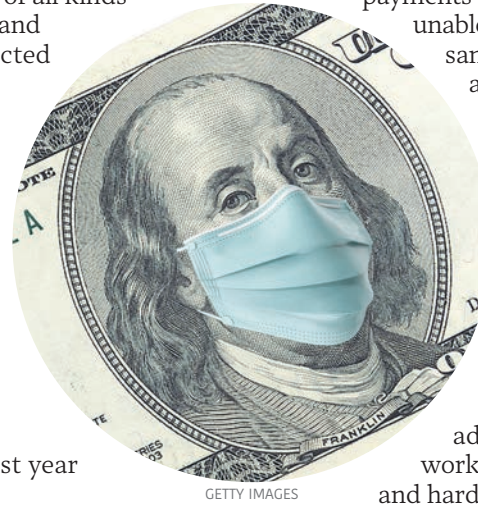
"foreclosure moratorium... [the] forbearance of residential mortgage loan payments" for 90 days, and it mandates a "moratorium on eviction filings" for 120 days. (Sections 4022-24).

The law focuses on small employers. SBA loans are available – ask at your local bank – for those with less than 500 employees, forgiveness if employees are not laid off. In Title 4, Sections 4001 et seq., emergency relief of all kinds is offered to businesses large and small. Tens of billions are directed to transportation, banks and specific sectors (Sections 1101-1114, 2301-08, 4001-4114).

Title II, Section C, offers "a refundable payroll tax credit for 50 percent of wages paid by employers," if "operations are fully or partially suspended" – think restaurants, retailers, manufacturers, services – or if "gross receipts declined by more than 50 percent" compared to same quarter last year (Section 2301).

Provisions allow "delay of payment of employer payroll taxes" and "modifications for net operating losses," relaxing limitations on a small company "losses." Importantly, deductions apply to "pass-through businesses and sole proprietors" – allowing them to recoup losses for keeping people employed.

Other tax modifications include tax-based increases in liquidity, write-offs, suspended depreciation timetables, and tax-free sanitizer expenses – for small businesses. (Sections 2302-2308). Emphasis is also placed on telehealth, rural access, reducing liability and increasing



GETTY IMAGES

flexibility for healthcare workers.

Odds and ends: Federal nutrition requirements are waived for seniors expanding their food options, while HHS can "extend older adults' participation in community service projects ... to facilitate their continued employment." (Section 3223). In this way, seniors won modest accommodations.

Students get special assistance. Colleges can offer more financial aid, with federal backing. "Matching requirements" are waived (Section 3503), "SEOG funds" boosted. "Federal work-study" payments can be made if students are unable to work (Section 3505). At the same time, grant limits are raised, and – with foresight – academic performance decoupled from grant eligibility for one term. (Sections 3506-08).

Looking ahead, small employers are relieved of burdens as unemployment insurance ramps up. Unemployment insurance is expanded to covers "gig" and contract workers.

"In short, this bill is an adrenalin boost for consumers, workers, small businesses, students, and hard-hit sectors, plus those battling the virus on the front lines. The goal: Get us over the hump, as fast and efficiently as possible," Charles notes.

Does the bill assure our economy "roars back?" No, that is on us. Average Americans must dig in, work hard, help each other get up, get by, and get on with being what we are – resilient.

Charles makes the point that "big talk, numbers and politics are not where rubber meets the road. We meet the road – make our future – as individuals, families, small businesses, and never-say-never Americans. The bill is a nice gust, but the rudder is ours."

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FESTIVAL CURTAIN WILL RISE



UTAH SHAKESPEARE FESTIVAL MOVING FORWARD WITH PLANS TO PRODUCE 2020 SEASON



COURTESY OF UTAH SHAKESPEARE FESTIVAL

After careful consideration and consultation from public health officials, the Utah Shakespeare Festival is moving forward with plans to produce a 2020 season. Necessary changes to ensure a safe and quality experience include producing fewer shows, modifying the schedule to start later in the summer and altering show designs.

“These are unprecedented times as we all navigate the impact of COVID-19” said Frank Mack, executive producer. “However, with guidance from local health professionals, state officials and Southern Utah University President Scott L Wyatt, we have a plan that is safe, responsible and enables us to fulfill our mission to present great theatre. The health and safety of our artists, staff, audience and community members is the top priority, and we feel like we’ve taken the right steps to ensure we can still produce a quality season and protect everyone.”

Along with the season adjustments, the Festival will also mitigate health risks through a variety of methods some of which include implementing numerous hand sanitizing stations, increased cleaning and disinfecting procedures and strategic audience

seating. As company members arrive in Cedar City, they will self-quarantine for two-weeks and follow guidance offered by public health officials.

“The changes to our season are necessary, but we are committed to providing creative, reimagined works of art that audiences can enjoy during this difficult time,” said Brian Vaughn, artistic director. “I am so glad we have been able to develop a solution that will enable our talented team of artists

“ We feel like we’ve taken the right steps to ensure we can still produce a quality season and protect everyone.”

» Frank Mack, USF executive producer

and technicians to tell these magnificent stories.”

Performances will begin July 9 with Gilbert and Sullivan’s hilarious and ingenious operetta *The Pirates of Penzance* in the Randall L. Jones Theatre. The outdoor Engelstad Shakespeare Theatre will commence

with Shakespeare’s powerful history *Richard III* on July 20, the odyssey-like epic *Pericles* on July 21, and the whimsical and delightfully funny *The Comedy of Errors* on July 22. The season will be rounded out by a remounting of the popular *Every Brilliant Thing*, which was part of the 2019 season and toured to Utah schools. It will open July 21 in the Eileen and Allen Anes Studio Theatre. All five shows will run in rotating

season, the Festival will limit building sets, props, lights and costumes for each show and focus on innovating storytelling and powerful acting. All productions will be fully rehearsed and feature a full company of outstanding professional actors, dancers and singers.

With the reduction to the technical show elements, the Festival is already developing innovative and creative ways to deliver typically exclusive, behind-the-scenes access to the artists through additional web content, social media, and streaming videos. Audience members will be invited to engage online and “peel back the curtain” to witness how a show comes to life.

The Festival will continue to monitor the COVID-19 situation very closely as it is impossible to know for certain what conditions will be like in July and August. The decision to move forward with an altered season was made under consultation with state officials, local health experts and SUU administration. The Festival will continue to work with these entities, and if conditions are not satisfactory the season will be cancelled and all

repertory through September 5.

Backstage Tours, Play Orientations, Play Seminars, and Production Seminars (actors, costumes, and props) will be offered beginning July 9. The Festival’s free outdoor Greenshow will begin July 20.

In order to present the outlined

Meet our latest mini-grant awardees

by Mary Anne **ANDERSEN**

CEDAR CITY ARTS COUNCIL

It is not unusual for an applicant for a Cedar City Arts Council Artists' Mini-Grant to request funds to attend or sponsor a workshop or festival. The anticipated gathering is meant to educate and/or improve the applicants' artistic skills, which are in turn reflected in the participants' artistic presence in the community. The Council usually says yes. But this year, things are up in the air.

In the current list of mini-grant awardees, there are four that fall within this category. Ellyn Rock, a young violinist who aspires to play with the Orchestra of Southern Utah, asked for supplementary funds to attend the Bryce Canyon Music Camp in June. The Sagebrush Fiber Artisans' Guild is a sponsor of an advanced weaving workshop featuring a nationally-known fiber artist. That workshop has already been postponed until May 2021. The Native American Student Association at SUU requested help with the costs of hosting the 41st annual Pow Wow here in Cedar City, featuring dancers and gorgeous costumes from local and surrounding Native American communities. Cydnee Lee wants to attend a workshop in St.



George to enhance her jewelry-making skills. She will share that knowledge with students and clubs in the area.

Another grant is tied to a group event—the annual Livestock and Heritage Festival scheduled for October. The planners are announcing an original art contest to coincide with the festival this year; it will be open to elementary, middle, and high school students. The awarded funds will purchase supplies, publicity, and prizes. Surely by October this will come to pass.

School being back in session will benefit from Melanie Baker's request for money to purchase 4 glockenspiels for the music program at South Elementary.

There are three performing groups that will receive funds to continue performing for Iron County residents when circumstances allow. You all have seen the Washburn Family Bluegrass Band perform. Four years ago Nathan was given help to purchase a better banjo. This year his brother William will have supplemental help to buy a new guitar. And the group Full Tilt Boogie Band, known around town for their paid and charitable performances, will receive support to release a new album, increasing their presence in our community. A group of middle schoolers plans to

“Don't despair, all...we will applaud when the monies are able to be put to their intended uses.”

organize and perform under the name the Un4gettable String Quartet. Their start-up requires music, equipment, and marketing. Look for them at the Friday Art Walks and such.

Visual artist recipients include Maya Akpinar who will supply her photographs of the local natural habitat to public venues and schools, and Hanna Dawson, who will do the same with beautiful cyanotype prints of local flora.

Artist Megan Nelson will take advanced training from local experts in glass artistry. Her enhanced skills will benefit her students.

What began as a thrilling prospect of grant awardees has been dampened by the unforeseeable circumstance of forced isolation. Don't despair, all. The grants will be awarded; we will applaud when the monies are able to be put to their intended uses.

USF

« CONTINUED FROM PAGE 11

tickets refunded.

Southern Utah University president Scott L. Wyatt said, “This might be the Utah Shakespeare Festival's most important season. While our community, and the world, moves beyond COVID-19 we understand the value of quality theater, and the arts generally, in healing hearts and bringing us all back together. Our plays this summer will be perfectly presented to help us laugh and cry and think deeply about what we all care so much about.”

“We think this will be an exciting experience for playgoers,” added Vaughn. “They will have a chance to see these talented actors do what they do best—act. By stripping away the artifice of design they will showcase the beauty of language, the impact of story, and the resonance of life under a lens that will celebrate the heart of theatre.”

Donn Jersey, director of development and communications, said, “We are excited to welcome our patrons back to Cedar City for these great stories that we need now more than ever. We will take every precaution and follow the advice of our public health officials to ensure the health and safety of our audiences and company.”

If patrons have purchased tickets for plays that have been canceled, they will be contacted by guest services personnel, or they can contact the Ticket Office at 800-PLAYTIX for help in rescheduling. All fees, including exchange fees, will be waived for the 2020 season.

Tickets for the season are now on sale at www.bard.org and 800-PLAYTIX.

SPRING PHOTO CONTEST

PHOTOS DUE MAY 17

Winning photos will be featured in our Summer issue of Color Country Magazine!

Complete contest details/rules & enter your photo at IRONCOUNTYTODAY.COM

MORE THAN JUST SANDWICHES

by Tom **WATSON**

IRON COUNTY TODAY

There are some great fast food places in Cedar City and a few great sandwich restaurants, but Cedar City has one that goes even farther than just making sandwiches. Nestled in our beautiful downtown main street (78 N. Main St.) is Cedar City's own Firehouse Subs. There are 2 Firehouse Subs locations in Southern Utah.

The new owners, Cary and Cynthia Clark, are continuing to provide an extensive menu filled with some of the best Subs, salads, and tasty extras you might ever want to eat. Personally, my favorite is the Meatball. I am not sure I have actually had one of the other choices.

As you enter Firehouse Subs, you are greeted with the atmosphere of an old firehouse, along with a friendly welcome and the aromas of subs being briefly heated within the ovens that give the sandwiches that extra flavor Fire House Subs is famous for.

But Fire House Subs is much more than just food. Former Firefighters who just happen to be brothers Chris Sorensen and Robin Sorensen founded Firehouse Subs in Jacksonville, Fla., in 1994. They took their passion for food, love for serving others and their family's decades of firefighting and police service and created Firehouse Subs. They wanted hot specialty subs. Their menu items caught on and the brand brought on its first Director of Culinary Development to work with the founders on new menu items.

Firehouse Subs serves a variety

of hot specialty subs, piled high with premium meats and cheeses that are sliced fresh daily in-restaurant and steamed together to bring out the ingredients' natural flavors, served "Fully Involved®" with fresh produce and condiments on a toasted sub roll. And something that not all sandwich shops do, is quite unique, if you have a special event Cedar City's Fire House Subs specialty is catering. Call for more information Phone (435) 867-6052. Open 10:30am - 5:00pm for takeout only.

And yet it goes even further as much of the profits go to assist First Responders, not just Firefighters.

The Firehouse Subs Public Safety Foundation was established in 2005 following the founders experience with

AN HISTORIC PHOTO OF CEDAR CITY FIREMEN hangs on the wall along with other firehouse memorabilia.



Hurricane Katrina. A portion of every sale at any Firehouse Subs restaurant in the U.S. benefits Firehouse Subs Public Safety Foundation, supporting the non-profit's mission of providing lifesaving equipment, funding and education to first responders and public safety organizations across the country. This is thanks to a donation by Firehouse of America, LLC (franchiser for the brand), and Firehouse Subs suppliers, resulting in a minimum donation of one million dollars to Firehouse Subs Public Safety Foundation in 2020. Since inception, the Foundation has awarded more



FIREHOUSE SUB OWNERS CARY AND CYNTHIA CLARK AND THEIR DAUGHTER CAITLYN BYBEE, who manages the Main Street location, are proud to carry on the tradition of great food and service in Cedar City.

TOM WATSON

than \$746,000 in grants in the state of Utah. To date, the Foundation has granted more than \$50 million in 49 states, Puerto Rico, and Canada. The Foundation's funds for donations are

raised through individual donations, \$3 recycled pickle bucket sales and canister donations. Stop in, grab a bite or two and say hi. Great food, great crew, great mission.

CALENDAR

Support Groups

ALCOHOLICS ANONYMOUS

(877) 865-5890 • www.utahaa.org

Meetings are at the KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Steps and Traditions • M – Su, 7 am

Speaking From The Heart • M – Sa, Noon

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

T.G.I.S.S. (Thank God it's Sunday Spiritual) • Sun, 11 am

My Story • Sat, 8 pm

What a Way to Start the Day • Su, M, W, F, 7-8 am, Th 7 pm • Fellowship Building, 70 N 200 W, Cedar City (behind St. Jude's)

Red Road to Sobriety • Mon, 6 pm Paiute Indian Tribe of Utah, 440 N Paiute (435) 586-1112 Ext. 307

Lunch Bunch • T, Th, Noon, Cedar Bowling Alley, 421 E Highway 91, (435) 586-1383

Red Creek Group • Wed, 7 pm

Parowan Senior Center
685 N 300 E • (435) 477-8925

AL-ANON

Meetings are at the KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Easy Does It • Tues, 7-8 pm
Community Presbyterian Church, 2279 N. Wedgewood, Cedar City. (435) 559-3333

Al-Anon • 1st, 3rd Tues, 7-8 pm, Parowan Senior Center, 685 N 300 E (435) 477-8925

Hope for Today (Family Groups)
Thurs, 6 pm • (435) 559-3333

NARCOTICS ANONYMOUS

www.nasouthernutah.org • (435) 635-9603
Most classes meet at 203 E Cobblecreek Dr, unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm

Live and Let Live • Fri, 8 pm

Candle Light Meeting • Sat, 9:30 pm
(Small room)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm
The Meeting Hall, 1067 S Main St, Cedar (877) 865-5890.

SEX ANONYMOUS

Wed, 6 pm • 203 E. Cobblecreek Dr, Cedar City • (877) 865-5890

ALZHEIMER'S CAREGIVER

Fri, 5:30 pm • Family Support Center of SW Utah, 535 S Main #6, Cedar City. Helpline (800) 272-3900

PARKINSON'S

2nd Thurs, 3 pm • Cedar City Library (West Room), 303 N 100 E

CAREGIVERS

1st Tues, Noon • Five County Aging Offices, 585 N Main St, Ste. 1, Cedar City

ARP—ADDICTION RECOVERY

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan

SENIOR BLIND/VISUALLY IMPAIRED

3rd Thurs, 1:30 pm • Cedar City Library 303 N 100 E

NAMI BRIDGES & FAMILY TO FAMILY

Thurs, 7 pm • Southwest Behavioral Health Center, 245 E 680 S, Cedar City Free • (435) 590-7749 or (435) 590-0880

PREGNANCY, INFANT LOSS

1st Wed, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar City
www.southernutahshare.com

MULTIPLE SCLEROSIS

3rd Thurs, 6-8 pm • Cedar City Visitor's Center (581 N Main) For both caregivers and those with MS. No age limit.

Service Clubs

LION'S CLUB

Tues, 12 pm • Call Shanda for location and activity. Everyone welcome! (702) 480-3238

ROTARY CLUB

Tues, 12:15 • Southwest Tech
757 W 800 S, Cedar City • (702) 865-7637

MARINE CORPS LEAGUE

Detachment 1315, 2nd Wed, 6 pm
Elks Lodge, 111 E 200 N, Cedar City.

AMERICAN LEGION AUX

3rd Wed, 6 pm, Cedar City Library
303 N 100 E, American Legion Conf.
Room • (435) 704-6654

BIKERS AGAINST CHILD ABUSE

B.A.C.A. Color Country Chapter Meeting
1st Thurs 7 pm • 593 N 1450 W, Cedar City. Helpline: 435-559-4505

Classes/Activities

ADULT BARRE/MODERN DANCE

Wed, 11 am-noon, Spirit Wellness Club,
1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

ARTHRITIS FOUNDATIONS EXERCISE

Wed, 1 pm, Cedar City Senior Center
489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

AWANA BIBLE CLUB

7th-12th grade, Mon, 6:30 pm
Preschool-6th grade, Wed, 6:30 pm
Valley Bible Church, 4780 N Hwy 91,
Cedar City • (435) 586-0253 or (435) 990-1638

BOOK CLUB

2nd Thurs, 7 pm • Cedar City Library 303 N 100 E. This month we will discuss "The Soul of an Octopus" by Sy Montgomery

CEDAR CHEST QUILTERS' GUILD

Thurs, 10 am • Cedar City Senior Center
489 E 200 S • (435) 586-0832

CEDAR CITY RADIO CONTROL CLUB

4th Thurs, 7 pm • Cedar City Library
303 N 100 E.

CEDAR CITY TOASTMASTERS

Thurs, 7 am • The Pastry Pub
86 W University Blvd. Find your voice & shape your future. Be the leader and speaker you want to be. (603) 731-0116

CEDAR PROFESSIONALS

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. An organization of business people. Stimulate business for members through exchange of ideas, information and business referrals.
www.cedarprofessionals.org

COLOR COUNTRY WINDS

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

COLOR COUNTRY PICKLEBALL

M-F, 7-10 am • 155 E 400 S (Cedar Stake Center). Paddles & balls supplied.
(435) 586-6345

COMMUNITY MINDFULNESS & MEDITATIONS

Sun 4 pm • St. Jude's Episcopal Church, 95 N 200 W, Cedar City • 435-590-4092. Free guided meditations. Open to public.

Government

IRON COUNTY COMMISSION

2nd & 4th Mon, 9 am
Commission Chambers
68 S 100 E, Parowan.

CEDAR CITY COUNCIL

Wed (except 5th), 5:30 pm • City Hall
10 N. Main St (435) 586-2950

ENOCH PLANNING COMMISSION

2nd & 4th Tues, 5:30 pm • City Hall
900 E Midvalley Rd • (435) 586-1119

ENOCH CITY COUNCIL

1st & 3rd Wed, 6 pm • City Hall
900 E Midvalley Rd • (435) 586-1119

PAROWAN CITY COUNCIL

2nd & 4th Thurs, 6 pm • City Hall
35 E 100 N • (435) 477-3331

DUE TO THE COMMUNITY'S RESPONSIBILITY to help prevent the potential spread of the Coronavirus (COVID-19), please check with the event and activity sponsors to make sure that the event is still taking place. Everyone's patience is greatly appreciated during this trying time.

WEDNESDAY, APRIL 15

RUBBER ERASER DAY

1947 – JACKIE ROBINSON BECOMES THE FIRST AFRICAN AMERICAN PLAYER in Major League Baseball when he steps onto Ebbets Field in Brooklyn to compete for the Brooklyn Dodgers. Watch the powerful movie, "42" (2013) for a glimpse into that historical world-changing moment. (thepeoplehistory.com)

THURSDAY, APRIL 16

WEAR YOUR PAJAMAS TO WORK DAY



1922 – ANNIE OAKLEY SETS WOMEN'S RECORD by breaking 100 clay targets in a row. (onthistday.com)

FRIDAY, APRIL 17

ELLIS ISLAND FAMILY HISTORY DAY



1492 – CHRISTOPHER COLUMBUS SIGNS A CONTRACT with the Spanish monarchs to find the "Indies" with the stated goal of converting people to Catholicism. This promises him 10% of all riches found, and the governorship of any lands encountered. (onthistday.com)

CALENDAR

SATURDAY, APRIL 18

ANIMAL CRACKERS DAY



33RD ANNUAL EASTER EGG HUNT – “DRIVE THROUGH EASTER TREAT HAND-OFF” (TENTATIVE) – 9 AM, Cedar City Veterans Park/ Baseball Fields (407 W 275 N, Cedar City) Admission is FREE. Because of the Governor’s Directive on staying home until the 13th of April this event is subject to the current Covid-19 conditions in our area and conditional on any restrictions that the City/County or State might have in place on/before the 18th. Check the calendar at visitcedarcity.com for updates. The bags are made up and are in quarantine as a safety precaution. Bags were made in very clean environments with lots of love from social distancing families. Everyone involved is still in great health and we expect the worst thing that can happen from the treats would be a cavity. With your family’s safety our primary concern, followed closely by our excitement to see your smiles, we are hopeful we can do this soon. Hosted by the Alumni Chapter of Sigma Nu. The Easter Bunny kicks off the event and will be available after to have your picture taken.

SUNDAY, APRIL 19

GARLIC DAY

1775 – AMERICAN REVOLUTION BEGINS IN LEXINGTON, MASSACHUSETTS. The “Shot Heard Round the World” took place in Concord later that day. (onthisday.com)

MONDAY, APRIL 20

LOOK ALIKE DAY

1611 – FIRST KNOWN PERFORMANCE OF SHAKESPEARE’S TRAGEDY MACBETH at the Globe Theatre, London, recorded by Simon Forman. (onthisday.com)

TUESDAY, APRIL 21

KINDERGARTEN DAY



SUU COMMUNITY READS – “WATCHERS WITH SUU ALUMNUS MARILEE EYRE” 2 PM, Facebook Live or Zoom. Join SUU Community Education for a live discussion. Join weekly virtual book discussions featuring local authors and familiar personalities sharing favorite books.

WEDNESDAY, APRIL 22

EARTH DAY

ADMINISTRATIVE PROFESSIONAL’S DAY

1981 – MORE THAN \$3.3 MILLION IS STOLEN from the First National Bank of Arizona in Tucson in the then largest US bank robbery in history. The Dunbar Armored Facility robbery (\$18.9 million) is the largest cash robbery in the United States. It took place in 1997 in Los Angeles, California. (onthisday.com)

THURSDAY, APRIL 23

PICNIC DAY

BARD’S BIRTHDAY BASH – GET EXCITED AND READY TO CELEBRATE Shakespeare’s birthday with us. You may be sheltering at home, but that doesn’t mean that you can’t celebrate. We know you can’t come to the Festival right now, so we are sending the party to you! We have put together some fun activities for you and your family to do at home and share with us and with your friends on social media! Create a Bard Video. Bake Some Bard’s Cupcakes. Build a Mini Globe Theatre. Perform a Renaissance Dance. And have fun! Share them with us and your friends on social media! #utahshakes #bardbirthdayusf. Visit www.bard.org/birthday to download The Party Packet with all the instructions for five fun activities!

SCHOOLS

Virtual Kindergarten Open House

from Amy GIBSON

FOR IRON COUNTY TODAY

Gateway’s teachers forged on with our Kindergarten Enrollment Event. This year looks different than it has in past years. This year our Kindergarten/1st Grade teachers created a virtual open house. We were hoping to put both student and parents’ minds at ease by allowing them to have some contact with the teacher. In the videos, teachers talked

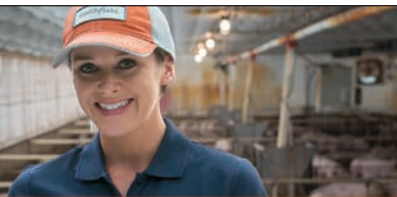
about what Montessori looks like, each classroom having a teacher and an aide, and how Gateway’s main focus is to meet a student where they are. They also did a live Q & A for parents to ask anything directly to those teachers. All registration is done exclusively online. Information on how to register can be found at <https://gpacharter.org/index.php/info-for-parents/>. Check out our webpage and social media for updates and more information.



WITH DEDICATED TEACHERS, not even the COVID-19 can stall the education of our children throughout Iron County.

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Contact us at: 435-865-8576



SUU Pre-school | 302 South 1100 West, Cedar City

THE FLU EPIDEMIC OF 1918

I grew up on stories of the flu epidemic of 1918 - it is somewhat family folklore. My Great Grandmother, Jennie Smith Stoddard died of the flu in October 1918. She was 26 years old. My grandmother, Ruth (nine months old) lay next to her mother in the bassinet when Jennie took her last breath. Jennie's husband (my great grandfather) Edwin unknowingly infected Jennie on one of his return visits home - he was a baggage man on the railway. He returned on a stretcher to bury Jennie on a cold Cache County day - now a widower and a father of two.

This is the last letter Jennie wrote to Edwin - she died nine days later.

Mr. E.C. Stoddard
C/O Columbia Hospital
Butte, Montana
Salt Lake City, Utah

October 13, 1918

My Dear Bug,

No one can tell how I felt when I heard you were ill. I would give anything if you were here and I could care for you. Oh, Bug! Why did you go? I'm just heart sick. Ever since you left, I've been so depressed and felt as if something would happen. If you were only home...

With bushels of Love and Kisses From Babes and myself,

Jen

Jennie never lived to grow old.

We find ourselves a century later facing a pandemic that has many parallels to the Flu epidemic of 1918. Our science, technology, and knowledge have advanced greatly over the past century, but here we are again "social distancing" and wearing masks.

On November 15, 1918 the Mayor of Cedar City, Elias M. Corry, issued a proclamation in hopes of eradicating the Flu in Cedar City. Corry hoped the proclamation would encourage Cedar City's citizens to adopt more stringent measures to combat the flu.

The following is a brief summary of Corry's 1918 proclamation:

First, persons frequenting stores, banks, hotels, restaurants, and barber-shops should wear a mask - of no less than four "thicknesses of thin cloth." Second, gathering on the streets or in

private residences is forbidden. Third, if you begin to display symptoms of the flu or cold you should isolate yourself immediately. Fourth, if you are caring for patients with the flu, you should likewise self-isolate. Fifth, all instructions given by the Health Officers to symptomatic patients should be adhered to immediately.

Failure to comply to any of these points would result in misdemeanor charges given to negligent persons punishable by a hefty fine, imprisonment or both.

This proclamation although issued 102 years ago sounds hauntingly familiar. While the term "social distancing" had not yet been coined, it pretty much sums up the basis of the proclamation. Fast Forward 100 years and Cedar City once again faces a global pandemic - The Coronavirus.

The global flu of 1918 to 1920 ebbed and flowed with the disaster killing nearly 50 million people (more than those killed by WWI) - many who were in their 20's - the prime of their lives.

Our little town of Cedar City did not go unscathed. The flu arrived in Iron County via the great steam horse of the 20th century. Cedar City residents just having returned from the fall conference of the Church of Jesus Christ of Latter-day Saints and the State Fair brought with them the deadly flu. The flu would lay siege to this small community for more than a decade. The first to fall victim in Iron County to the flu was Flora Mitchell Bergstrom of Parowan. Two students of the Branch Agricultural College also fell ill and became victims to the dreaded plague - Vera Adams and Hazel Flanigan. Both Adams and Flanigan were in their early twenties.

While the Flu epidemic of 1918-1920 hit those in their twenties the hardest, the present raging pandemic targets those with existing health conditions and those over 60.

The treatment for the flu of 1918 was bed rest and isolation. Rest insured that the patient would be strong enough to fight the dreaded sickness and isolation was to prevent the spread of infection.

Dr. Menzies J. Macfarlane was the only doctor in Cedar City in 1918.

Because Cedar City residents did not have phones in the early 20th century, it was not uncommon for people to arrive on his doorstep during the night. Dr. Macfarlane would quickly change his shirt and be out the door to see to the bedridden patients.

Not only was Dr. Macfarlane the only physician in the community, but he was also the City Health Officer. As the Health Officer, Macfarlane enforced the quarantine by making sure all public facilities were closed as well as the BAC. Dr. Macfarlane also stationed officers at the entrances of the city to eliminate travelers from entering

the town. Under Dr. Macfarlane's orders, the BAC was turned into the "sick wing" to the already overflowing hospital. It was at the BAC that those patients inflicted with the flu were nursed back to help by members of Cedar City's Central Committee. Dr. MacFarlane was

Cedar City's "Front line."

On Friday, December 6, 1918 Special Health Officer Mr. Nuttall issued the following health reminder in the local Cedar City paper, The Iron County Today,

To date, the influenza has been six times as deadly for the people of the Cedar City as has been the war. Parents who wept when their sons left for battle should remember that their young people at home who are disregarding quarantine rules are taking a far more deadly chance and it is true that parents, themselves, as well as the young people, are disregarding the regulations...do not go into town more than is necessary and when you do, wear a mask, as it should be worn, all the time. It is cowardly as well as dangerous to put your mask up only when you see an officer...

If Dr. MacFarlane, Mayor Corry, and Officer Nuttall were roaming the streets of the Cedar City What would they have to say? Will our children remember about 2020 - the year their lives stopped for the Coronavirus?



AMYANNE RIGBY

CONTRIBUTOR

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1-800-Hows-My-Living

I'm sure you've seen the semi-trucks and delivery vans with the bright bumper stickers that read: "How's My Driving?" Maybe you've called one of those numbers? You may have spoken with a representative at a company like www.1800howsmysdriving.com or www.safetyalert.com, which are dedicated to helping keep drivers accountable for, and also hopefully improve, any poor driving habits. While, most of those concerned calls are probably about witnessing poor driving than good driving, this system can help create a company image of safety, trustworthiness, and success. Off the record, how is your driving? More importantly, during this time of crisis, how's your living?

In life, it seems we rarely complement others, including ourselves, for their good driving, or good deeds. Yet, we have no qualms about quarrelling over bad driving, or bad deeds. What if there were companies that catered more to caring deeds, than chaotic, or contentious ones? Companies concerned more about our ability to make correct choices and create characters of integrity and productivity. What



if there were bumper stickers on our vehicles with our personal phone numbers on them so people could report our good deeds, not our mistakes? Would there be enough phone-reps to handle all the calls?

My point is that we don't need to call or hire a company to help us tell someone that we appreciate them. Well, unless it's a flower company. That's my point. Some people have no problem with road rage, or cursive sign-language when someone cuts them off in traffic, but do they acknowledge the people in their lives they truly care about? It may seem a little far-fetched, but there are some aspects of this analogy which we can incorporate into our daily lives.

Here's another important component of this ratty reminder. It's not about wishing we could avenge, get revenge, or report every misdeed of our fellow humans. It's about remembering to look for and focus on the good things and the good people. Winston Churchill quipped that, "You will never reach your destination if you stop and throw stones at every dog that barks." I would add that you cannot complain about every car that drives or parks poorly either. Unfortunately, there will always be people who swerve, swear, and sweat the small stuff. You don't have to be one of them.

I hope we will each take time this week, and beyond, to make the phone call, send the e-mail, text, greeting card, etc., and let someone in your life know how much you appreciate their living. Yes, just like reporting a bad driver, you can remain anonymous in reporting good people. I hope you'll try it. I dare you to tell someone how they've made a difference in your life. Better yet, I dare you to find a way to make a real difference in someone else's life this week. And we'd love to hear about it, news@ironcountytoday.com. We'll even help you deliver the message if we can. Go make that call!

BUSINESS

Competing locally in the digital age

BUILDING MAIN STREET, NOT WALL STREET

Deepak Chopra once said, "All great changes are preceded by chaos." Our businesses are certainly in a C19 world dominated by chaos. I can't help but think we are also on the precipice of great and unprecedented change.

Before we get into a few "must do" digital items, let me stress a most critical single element. Now is the time for local businesses to build and/or upgrade your website without hesitation. Many businesses have been forced to shut their doors for a month, maybe more. Don't let precious time go to waste. View this time as a gift, be pro-active, and seize this opportunity. First, get your PPP application submitted. Next, here are some simple things local businesses can do to seize this opportunity and become more relevant once normalcy resumes.

First, even in today's C19 world, don't fall for the hype that everything is being done online. Before C19 hit, over 90% of retail was still transacted within the walls of retail establishments. Once things normalize, you can expect comparable shopping patterns will slowly return as people seek interaction. That said, don't get comfortable because there is still a significant shift afoot towards digital purchases and the current chaos has added to that. Be aware of the patterns in your area and alter your course as needed to assure better store traffic and results.

Secondly, you must assure consumers can find you both physically and digitally. Make sure you are active on social media and that everyone knows your operating hours. Check to see how your listing shows on Google Maps. When people drive or walk by, it is imperative your windows and facade are inviting. The front of your store are the eyes into the soul of your business; be sure it is attractive. How does your store show up in the digital search word world? Google a few of your key products or services and see where your business shows up or how far down the list you must scroll to find them.

Thirdly, when you are online, be consistent and respond to e-mails and social media contacts quickly. Once you have your social media presence, it only takes seconds to check it. So, be sure and check it several times each day. While we are discussing online, to avoid stagnation, be sure to rotate pictures as often as you can – after all, pictures are worth a thousand words.

Fourth, and maybe the most important, is customer service. Good customer experi-

ences will equate to return visits from locals and will provide great word of mouth from tourists and/or visitors. In addition to over-the-top customer service, make sure the inside of the business is warm and inviting. Are shoppers able to easily find what they might be looking for? Make sure it is easy to get around the store; cluttered aisles are one of the biggest detriments to pleasant shopping experiences. Remember, uniqueness provides ambiance that attracts as well.

Fifth, always be looking for ways to communicate beyond your customer's visit. You should always have in-store promotions, drawings, contests, raffles, and games. You will be amazed how many people will drop their business card into a box for a chance of winning something, regardless of how small a winning gift or prize may be. If you are a food establishment, always have a method to entice customers back. It's amazing how easy and effective a simple punch card can be at drawing diners to return over and over again.

Always think 'multiple visits.' Very few businesses survive with their customers only visiting their location once. The most successful businesses always rely upon their customers frequently returning. Those types of customers ultimately determine whether a business has the sustainability needed to survive

over the long haul. While the media world offers multiple options, use it to your advantage when possible. Work with your local media company offering many proven communication tools.

I would start with e-mail marketing because that is the venue where the open and response rates are great. I would also utilize Facebook as you have large communities of people who reside in your target area. Lastly, most media companies have awesome tools such as contests, surveys, promotional software for you to utilize. There is no simple solution or one size fits all. Being aggressive when promoting or marketing your business is a must. The passive will die.



JOHN A. NEWBY
COLUMNIST

John A. Newby, author of the "Building Main Street, Not Wall Street" column and Facebook group dedicated to helping communities and media companies work together allowing both to not just survive, but thrive in a world where truly-local is lost to Amazon, Wall Street chains and others. His email at: [HYPERLINK "mailto:john@360MediaAlliance.net"](mailto:HYPERLINK%20mailto%3Ajohn%40360MediaAlliance.net) john@360MediaAlliance.net.

FAITH

Shoes of Peace (Armor 4)

EPHESIANS 6:10-18

When we think of the Armor of God, what do we usually see first? The mighty sword and shield? The heroic looking helmet and breast-plate? They are very visible and powerful parts of the armor, but what about the feet? Many pictures of the armor of God refer to the armor on the feet as the shoes or sandals of peace. But they are more than mere sandals, loafers or flip-flops. They offer both protection and comfort to our feet and our hearts on every battlefield. Do we recognize and realize the importance of having our feet protected? If you were in a battle, would you want to fight without footwear?

Throughout history, there have been a vast variety of shoe designs. While the focus has shifted from the function of protection—like a knight's sabaton, or a Roman soldier's caligae—to more of a fashion statement, footwear is still a necessary accessory in anyone's wardrobe.

What kind of shoes are in your warrior's wardrobe? What kind of shoes did you put on today? It probably depends on where you work, right? In most jobs, shoes are a critical component to the worker's safety and success on the job. How the shoe functions is as important as how it fits. There are many different styles and strengths of shoes to protect our precious extremities from life's extreme conditions during all types of work. From construction, competition and climbing, to watersports and worship. Many shoes are also designed for comfort and can be worn for longer periods of time. Whatever terrain you must traverse in your daily life, the proper shoes will help you do so more securely

and safely.

That's why having our "feet fitted with the readiness that comes from the gospel of peace" is so crucial in today's world. What a blessing it is to have peace in the midst of trouble, especially as we continue to endure and prepare for floods, famine, earthquakes and pandemics. We need peace more than ever in our lives and we can receive the peace that directs and protects from our Savior who said, "My peace I give not



GOD'S
Porch

by Corey BAUMGARTNER

IRON COUNTY TODAY

"If you were in a battle, would you want to fight without footwear?"

you..." (John 14:27).

Thus, the Shoes of Peace allow the wearer to walk more securely and confidently through a world of wickedness. Yes, we must face trials and turmoil, but not alone. That's why we have been given the Armor of God and why we must put it on and keep it on. We also need to invite God's peace to guide and guard our hearts and lives from the anxieties that surround us. (Philippians 4:6-7).

No matter our daily interactions or transactions, peace also gives our hearts, minds and bodies the traction needed to continue forward and not slip and fall into the abyss of depression, anger, or fear (Psalm 119:165). Then, we can go confidently onto any battlefield in life and be victorious through our Prince of Peace.

Put on the Shoes of Peace.

The power of prayer and fasting

by Edy MEREDITH

FOR IRON COUNTY TODAY

"But know this, that in the last days perilous times will come: For men will be lovers of themselves...having a form of godliness but denying its power. And from such people turn away! (2 Timothy 3:3-5)

In difficult and perilous times throughout human history, as societies have gone through scourges and perils; men, women, even children have turned away from their cultures and turned inward, self-isolating themselves. Facing only themselves and perhaps their families, they have realized that they need more; that they need to move closer to their Creator God, the God who knows the beginning and the end of all.

The scriptures speak of many people who fasted including Jonah, Moses, Samson, Samuel, Hannah, Saul, Jonathan, David, Elijah, Jehoshaphat, Ezra, Nehemiah, Esther, Daniel, John the Baptist, Anna, the prophets and teachers at Antioch, and also the apostle Paul and Barnabas. Most significantly, the Lord Jesus fasted for 40 days and 40 nights we are told in chapter 4 of Matthew. So, some very important and spiritual people have fasted and prayed.

In more modern days, the Wesleys, Whitfields and Calvins, Luther with his followers, and others also fasted. The only compulsory public fast ever commanded in the Bible was a corporate fast for the Day of Atonement in Old Testament times. Even then and since, fasting has been personal when individuals feel strongly drawn to call upon God for help in times of need. In Matthew chapter 6, verse 16, Jesus says, "When you fast....." which assumes that the followers of Jesus will fast, and it will be a priority for them, not a maybe.

So, what is acceptable fasting to

God? Is it just repetitive refraining from meals, even perhaps on a routine basis? No, Jesus called out the frequent fasting of the Pharisees to be hypocritical. Fasting accompanied with prayer which God approves is the result of lamentation, sorrow, anxiety of heart, and repentance with the knowledge that only God can make the needed changes in the hearts and minds of humans and calm disturbed natural occurrences like germs, fire, flood, weather, volcanic eruptions, and earthquakes, even the very small biologically caused plagues to the large meteorological events—all of which have violently disturbed the entire world we live in today. Prayer and

fasting must be the first actions we take as God inspires us.

In sorrow and lamentation, we must encounter our sins personally and culturally and repent of how and where we have elevated the trivial into the focus of our lives. Where, how, and what have we spent most of our lives doing? Have we elevated ourselves, our families, money, sports, religious activities, or any other interests above our relationship with God and His Messiah? Have we spent much time doing good

and in the process forgotten for and through Whom all good is done?

Jesus says in Matthew 11:28-30: "Come unto Me all ye that labor and are heavy laden, and I will give you rest. Take my yoke upon you and learn of me; for I am meek and lowly in heart, and ye shall find rest unto your souls. For my yoke is easy and my burden is light."

We are all given the opportunity to humbly call upon God and His Messiah, to rearrange the priorities of our lives, and He will provide for us and our families as we all through faith call upon the Lord with all of our hearts, minds, and souls. Shalom. May you live in His peace, and may your name be added to the Book of Life.

"Fasting has been personal when individuals feel strongly drawn to call upon God for help in times of need."

BUSINESS

'ReStore' arrives in Cedar

by Tom WATSON

IRON COUNTY TODAY

You may have noticed in the Lin's Shopping Center, just a little down and on the left a new store, or should I say, ReStore.

For those of you who may have never heard of the ReStore, it is one of the many ways the ministry called Habitat for Humanity raises funds to help the main organization. Unfortunately, the ReStore is currently closed, due to the quarantine, and for right now we are not able to go there to do shopping for some pretty good deals.

However, when it opens its door again, they have almost everything you might need for home repairs or other building items you may need including, doors, windows, used furniture, all in great shape. Often the ReStore has tools as well. The inventory ranges from flooring still in the packages, stair hand rails and ornamentals to newel posts to balusters. All of which that has been donated from various companies and builders. Sometimes you can even find power tools in good shape with a considerable amount of life left in them.

Donations are the life blood of the ReStore. If you have items or building supplies that you no longer need or can use, bring them to the Restore. They are tax deductible, and are most welcome. There are, however, items that they cannot take. Here is a short list of the items. Used paint (considered hazardous material). You can bring it to a recycle center. No used mattresses or box springs. Round toilets, No CRT televisions (the old box type), non-working appliances, used blinds,



THE RESTORE HAS ALMOST EVERYTHING YOU MIGHT NEED

for home repairs or other building items including, tools and assorted construction materials.

TOM WATSON

and no pressboard furniture. If you have questions about what you would like to donate give them a call at (435)862-0577 or 435- 263 0982. Donations can be delivered to the store at 124 N. Main St Cedar City but please contact them first. You can also email them at donatecedar@habitatswu.org, or cedarrestore@habitatswu.org. In some cases, they will even come get your donation if you are not able to bring it yourself.

In times of economic hardship house ownership can be difficult for families. The ecumenical housing ministry Habitat for Humanity helps by stepping in and providing safe, decent, and affordable housing for qualified low-income families of Southwest Utah, now including Iron County. The commitment of Habitat is nationwide and has, just in Southwest Utah, helped in providing 23 homes built. Thereby providing a roof over the heads of approximately 165 people. Habitat has also helped in the repair of 150 homes, with the help, knowledge, and knowhow of some 57,000 volunteers.

Volunteers are the heart of Habitat for Humanity of Southwest Utah. Thousands of volunteers lend a hand to build and rehabilitate homes with them each year. The American dream for families across Utah is one of owning their home and feeling the security of knowing that theirs is bought and paid for with hard work and love in each house that's been built. Habitat for Humanity of Southwest Utah is devoted to helping Utah and is dedicated to helping low income families feel the dignity and pride of home ownership.

Staying positive during COVID

by Richard CROMMIE

FOR IRON COUNTY TODAY

The counter tops are wiped clean and our hands are washed and we're maintaining social distancing while shopping to stock our pantry. Never before has a virus been so politicized and yet so little is known about it. Looking back into history, we can predict the social ramifications that comes with something like this. With most crisis there are lasting social adverse effects for generations.

During the great depression of the 1930's, most people were poor, and many of whom did not have a job or at least they were poorly paid. Items like clothing, shoes, metals, and glass were hard to come by. Innately, people who lived through that period and made it out became what we would call today a hoarder. That's why some of your grandparents and even parents would save almost anything that looks like trash to us, but to them it was reusable.

Today we face a different obstacle, a microscopic microbe that latches on to a person and could change your life for the worst. We are advised to wash our hands, wear gloves, masks, and stay a minimum of six feet away from one another. All of this is good advice but when the virus is no longer a threat will we once again shake hands and pack ourselves into movie theaters?

The generation of the great depression hoarded whatever they could out of fear of not being able to get it again. Germs, viruses, and other illnesses have always been around, but will the current state of things scare our generations out of social gatherings and much needed human to human contact? One can only hope not.

A generation of germaphobes is being created right in front of our eyes due to the constant bombardment of negative media attention the COVID-19 is getting. Antisocial behavior is not the natural way of the human race; conversations, smiles, and gatherings are how we thrive as a species. Undoubtedly there will be some social ramifications to this event but when this all blows over let's try to leave the fear of one another behind us.

Take this time to focus on the good, read a book, learn to cook a new meal, but don't focus on the negativity. We do not want to live the rest of our lives in fear of catching a virus, and we don't want to pass down to our kids that distancing one another from each other is the right thing to do. When school is back in session and the restaurants are reopened let's gather like we used to. Let's not become a society of hermits living in fear, stay positive, stay strong, and stay healthy. We will overcome this like we always do.

PEOPLE

90TH BIRTHDAY

Maridon Smith Nielsen

Maridon Smith Nielsen will celebrate her 90th birthday on April 21, 2020.

She was born in Cedar City, UT to Gordon and LaPreal Corry Smith. She had one younger brother, Collin. She graduated from Cedar High School and attended Utah State University and Branch Agricultural College. She was sealed to Lynn (Lindy) Nielsen in May 1955. Together they raised four children: Barry, Shauna, Jilynn and Corry. She is the proud grandmother of four beautiful granddaughters. An accomplished violinist, she participated in school and community orchestras. She has acted as a volunteer for the Shakespearean Festival for many seasons and is a lifelong patron of the arts. She is an active member of the Church of Jesus Christ of Latter-day Saints and has served in a variety of capacities over the years. She currently serves in the temple, and as music director in her ward. She loves and lives the Gospel of Jesus Christ. Her family hopes to honor her with an open house at a later time.



OBITUARIES

Carola Carter Stephenson



Carola Carter Stephenson, 76, passed away on Wednesday April 1, 2020 in Las Vegas, NV surrounded by her loving family.

She was born on November 5, 1943 to Royden V & Norma (Burr) Carter in Provo, Utah. She was raised in Utah & Idaho & graduated from Cedar City High School. Carola married Samuel Bell Jones on September 2, 1962 and they had 3 children, Samuel Deor Jones (deceased at birth), Neshia Kae Jones and Devin Carter Jones. They divorced in 1977.

She married John Edward Stephenson on December 26, 1977. Carola was a loving & caring wife, mother, grandmother and great grandmother. She will be missed by all who knew and loved her.

Her grandchildren were the center of her world. Her talents were endless which included quilting, tole painting, home décor and Christmas decor. She was a member of the Church of Jesus Christ of Latter-day Saints. Carola served in many positions in Primary, Young Womens, and Relief Society.

She is survived by her husband and love of her life John E. Stephenson, her children Neshia (Jeff) Tobler of Las Vegas, NV, Devin (Michelle) Jones of Las Vegas, NV, Robert (Dawn) Stephenson of Molokai, Hawaii, Michael (Heidi) Stephenson of Cedar City, UT, her sister Dorise (Don) LaVange of Pleasant Grove, UT, 12 grandchildren, 6 great-grandchildren and many nieces, & nephews.

Donations can be made in Carola's name through <https://www.keeppmemoryalive.org>. Carola was laid to rest on Thursday April 9th, 2020, at the Cedar City, Utah Cemetery.

Jack Arthur Bishop, Sr.



Jack Arthur Bishop, Sr., age 93, graduated from this life on April 4, 2020 in Cedar City, Utah. He was born on July 15, 1926 in Los Angeles, California to Thelma Mae Donnellson and Roy Franklin Oaks, and raised by Thelma and Matthew A. Bishop.

In 1944, at the age of 17, Jack enlisted in the United States Navy, serving his country during WWII. After his service, he worked as a carpenter. He was an active member of The Church of Jesus Christ of Latter-day Saints, and also the Cedar City Masons. He received the Quilt of Honor July 2019. Jack and Irene enjoyed dancing with the "Hey Cedars" for several years. He and Bonnie also enjoyed dancing. Jack liked to go hunting and fishing, as well as flying model airplanes, jeep and boat racing and cruising.

Jack was married four times; to Charmaine Berry, then Mardell, Irene Goodwin, and finally Bonnie Mae Duncan whom he married in 2015.

Jack is survived by his loving wife, Bonnie Mae Bishop of Cedar City, Utah;

his daughter, Sandra Lee (John) Scarcello of Spokane, Washington; Sister Lee Withers, Brother Charles (Irene) Bishop; and 7 bonus children, Dianne (Garth) Bryant - Cedar City, Robert (Marsha) Goodwin - New Harmony, Jill (Terry) Smith - Cedar City, Ed (Shelly) Goodwin - Cedar City, Betsy (Scott) Woolsey - St. George, Michelle (Jon) Gates - Ivins, along with numerous grandchildren and great-grandchildren.

He was preceded in death by his parents, his son, Jack Arthur Bishop Jr., his sister Mary Lou Withers, and a son by another father, Gordon Goodwin.

Jack was always a pleasure to be around - with a contagious positive attitude and happy outlook on life, he could always bring a smile to the faces of those around him. I'm sure that even now, as people greet him in heaven - asking how's he doing up there, his standard response is still a pleasant: "Okay, Fine." Cause that's just how he typically was - doing well, twice as much.

The family would like to give special thanks to the staff at Brookdale Cedar City, and Applegate Hospice for the love and care they gave Jack. Interment was at Cedar City Cemetery under the direction of Southern Utah Mortuary.

Gabrielle Roelofs-De Souza



Jan. 9, 1934 - April 8, 2020 Gabrielle (Gail) Roelofs-De Souza was born in Djakarta, Indonesia on January 9th, 1934.

She was the only child of Jan and Josephine Geschiere-De Souza.

After WWII, the family returned to the Netherlands. Gail received her education in Holland and served 2 years in the Dutch Royal Air Force as a radar operator. She met her husband, Hans, in Holland and they got married in 1959. That

same year they immigrated to the U.S. sponsored by the Christian Reformed Church in Salt Lake City, Utah.

In 1996, she retired from the Utah State Board of Education after 12 1/2 years. She and her husband (of 54 years) then settled in Cedar City, Utah where they became members of the Community Presbyterian Church. She is survived by her 3 children: Brenda, Timothy, and Naomi; and 6 grandchildren: Mara, Karina, Brielle, Jairen, Baylee, and Adam.

There will be no memorial service at this time but Gail's and Han's ashes will be combined and buried at Lakeview Cemetery in Bountiful, Utah, next to her mother.

Condolences may be shared at www.lindquistmortuary.com.

Robert Bettis Knoche



Robert Bettis Knoche passed away peacefully at home at the age of 83 with his wife at his side. He was born at home to his parent's Robert M. Knoche and Ruth E Knoche (Bettis). He was the oldest of four children with his brother Herman Gale Knoche and two sister's Betty Ann and Judy Kay.

Robert was always hard working and busy doing something throughout his life. From raising beagle dogs, to being in 4-H while in High School raising and showing Hereford cattle and Quarter horses, one of which won Best in Show for the American Royal. He also won awards for his gingerbread making and won best Dressed for Leavenworth County. While in School he was in band playing the cornet. He loved to dance, while he was doing all of those things he also worked on their dairy farm and grew crops with his brother and father.

Robert met and married his wife of 38 years Victoria, in Las Vegas, Nevada where they blended their two families together resulting in 11 children 39 grandchildren 32 great grandchildren with one more on the way and 5 great great-grandchildren.

He had many adventures! His wonderful laugh and great sense of humor which will be missed by all. He enjoyed being outdoors tinkering around the yard, caring for livestock or even just visiting over the fence with the neighbors. He always loved sharing what Garfield the Cat was up to that week. When he needed some peace and quiet, he could be found out in his shop. He excelled at any job he had from owning and operating his own truck driving and welding companies or being an Iron County Assessor in Utah. He loved and was closest to his brother Gale and enjoyed their weekly phone conversations. He deeply missed his brother when he passed on.

Robert is survived by his wife Victoria Knoche (Butcher) and their blended children Kim (Lori) NV, Steven (Cheryl) UT, Brad (Barbra) NE, Randy, NV, Brenda (Stephen) MO, Susan (Paul) AZ, Ronald, UT, Barbra (Russ) SC, Jolyn (Randy) UT, Bonnie, MO. His two sisters Betty Ann, NV, and Judy (Butch) MO, many nieces, nephews, cousins, grandchildren, great grandchildren and great great-grandchildren.

He was preceded in death by his parents. His in-laws Harold and Duphane Butcher. His brother Herman Gale Knoche, two grandsons Nathan LeFevre and Matt Montgomery and great nephew Kevin Swope.

Graveside services were held on Friday, April 10, 2020 at 1 pm in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com.

Theodore (Ted) William Stallman



Leaving a sickly body behind, Theodore (Ted) William Stallman returned to his Heavenly Father on April 1, 2020. His passing was at home in New Harmony, Utah where he and his wife, Emily Gwen (Brinkerhoff) Stallman have resided for the last 11 1/2 years.

Ted was born November 4, 1938 in Mt. Union, Pennsylvania to Theodore Roosevelt and Helen Alberta (Bowman) Stallman. He was raised by a loving foster family on the Shue farm in Mt. Union where he graduated from high school and then enlisted in the Navy. He proudly served his country for 5 years as an Aviation Boatswain Mate (ABH), launching and recovering Naval aircraft from aboard an aircraft carrier. "Top Gun" had

nothing on Ted! This and other jobs while serving, he did willing and honorably. He was honorably discharged from active duty, with a "Good Conduct Medal" from the Department of Navy U.S.N.A.F. China Lake, California Facility. Years later he enlisted in the reserves and served 2 more years with the Department of Navy, Helicopter Squadron NINE, H-3A Helicopter Plane Captain Trainee/Door Gunner, Seal Team Ops Rescue.

Ted proceeded with life at various places of residency until he found his way to Las Vegas, Nevada where he worked for Valley Uniform as a Route Salesman. Here he met and married Emily on August 11, 1984. Not long after saying "I Do" they moved to Bicknell, Utah where they ran the Aquarius Restaurant and Motel for 13 years. Ted's love of planes, held over from his military youth, prompted him to construct model planes to hang from the ceiling of the Restaurant. This and the many license plates collected from across the U.S., and his harmonica brought many repeat visits from faithful customers. Dishes, the peeling of potatoes and all other kitchen chores waited while he entertained with his harmonica. Playing "Happy Birthday," served with a piece of pie, was a favorite pastime of his for those celebrating their special day. His music came from the heart, not pages filled with notes. Playing requests was not a problem, but he had his special ones. He loved to play "We Thank Thee Oh God for a Prophet" when he returned to his Sunday Sacrament meetings in his later life. He was a convert to the Church of Jesus Christ of Latter-day Saints, attended his meetings as long as his health permitted, and always picked up his elderly friend who could no longer drive.

While living in Bicknell he belonged to the Wayne County Sheriff's Jeep Posse, High Mt. Rendezvous, Wayne County Travel Council, Wayne County Drum & Bugle Corp, and the American Legion of which he maintained his membership in Cedar City, Utah. When you heard the sound of a distant drum at the Wayne County Fair parade, you knew Ted would be leading the way down Main Street in Loa, Utah. He was at his finest in his white Navy uniform with Old Glory waving proudly behind him. He was a born entertainer!

Ted loved history, reading and picking up rocks. He was very creative and shared his creations freely. The only rock he could not create with was one the Mexican Customs took from him as he was going back to the Cruise Ship in Puerto Vallarta. He was not happy!

Ted is survived by his wife, Emily; sister, Sandra (Wilmer) Irwin of Orbisonia, Pennsylvania; children from a previous marriage: daughter, Kellie Marie (Jim) Miller of Stoystown, Pennsylvania; son, Todd W. Stallman of Atlanta, Georgia; son, Travis W. Stallman of Altoona, Pennsylvania; granddaughter, Brittany (Jason) Falchek and great granddaughter, Lexi Marie Falchek of Camp Hill, Pennsylvania. His Father and "Mamie"-in-law, Emil and Lois Brinkerhoff of Bicknell, Utah; brothers-in-law: Correy (Nancy) Brinkerhoff of Las Vegas Nevada; Chris (Anna) Watson of Overton, Nevada; Kirk (Trudy) Brinkerhoff of Sandy, Utah; sister-in-law, Sheri (Grey) Wolfe of Las Vegas, Nevada; and many nieces, nephews, family and friends.

Ted is preceded in death by his parents; sister, Bonnie Stallman of Allentown, Pennsylvania; brother, Eddy Stallman of New York; sister-in-law, Rhonda Brinkerhoff of Las Vegas, Nevada; and sister-in-law, Angela Brinkerhoff of Sandy, Utah.

Ted's wish of cremation will be honored, and his graveside service with military honors will be held at the Bicknell Cemetery in Wayne County, Utah on July 18, 2020 (tentative date) at 11:00 am.

Ted, we will listen for the roll of your drum in the thunder and the melody of your harmonica on the summer breeze. Until we meet again, "Rest in Peace."

Online condolences can be sent to his memorial page at www.affordablefuneralservices.com

Michael Peter Dwyer



April 29, 1943-April 11, 2020.

There are always new places to go fishing. I'm off to find my new fishing places and new horizons.

A husband, father, brother and a hell of a good friend. He leaves a wife, Linda of 50 years. Three children, Debbie [Brian], David [Carolina] & Donald [Kim] and Papa Bear to 5 grandchildren Delilah, Kylan, Taryn Nathan & Nora. We are the lucky ones to have picked Cedar City to retire in. We are blessed to have so many great friends here. It was one of the best decisions I ever made. The beginning of a new life and a new adventure.

Due to Covid-19 virus there will not be a church service.

BENGALS SIGN SIMS

TO ONE-YEAR CONTRACT

by Bryson **LESTER**

SUU ATHLETICS STRATEGIC COMM.

CINCINNATI — Former Thunderbird defensive back LeShaun Sims has agreed to a one-year contract with the Cincinnati Bengals, furthering his career in the National Football League.

A fifth-year player in 2020, Sims spent his first four seasons with the Tennessee Titans.

He has played in 56 career games (11 starts), and has 115 tackles, eight PDs, two INTs and one FF.

He originally was a Titans fifth-round pick (157th overall) out of Southern Utah in 2016.

Keep tabs on the Thunderbirds all year by following @SUUFB on Twitter and Instagram and by liking the Southern Utah Football page on Facebook.



COURTESY OF SUU

As the days move on, our goodness shines, too

It seems hard to believe, but we've crossed a full month since the COVID-19 virus brought our world to its collective knees. It hasn't been easy for any of us.

Online distance learning is necessary now in order to complete the school year. Families are grateful for the additional time spent together at home – maybe not so much the siblings – and we can still have food from our local restaurants even if we can't go inside them to eat.

Cabin fever brought on by this pandemic has led to a spike in emotions. I've felt the mood swing a little more than I want, but it helps to stay away from things like social media when the news – and the opinions that come with it – as a necessary mental break.

After all, other than the ongoing postponements and cancellations, anything said about a return to whatever is passing for “normal” at this moment is 100 percent speculation and nothing more.

While I was searching for anything that resembled good news, I found two stories from Detroit that brought tears to my eyes once they sunk in. I grew up in the area and the state of Michigan has been hit hard by COVID-19.



RANDOM Thoughts

by Tom **ZULEWSKI**

SPORTS WRITER

When sports were canceled across the country, one area high school's basketball team that had its playoff run stopped short received a gift no one saw coming, courtesy of a player who lost his own shot at an NCAA Tournament run due to the pandemic.

Cardinal Mooney High of Marine City – a town about an hour north of Detroit – held its season-ending team banquet via the Zoom conferencing service. As the time together wound down, the players – including nine seniors – got a surprise visit from Michigan State guard Cassius Winston, who took some questions from the group and shared words of advice.

The story from clickondetroit.com described

how head coach Mike McAndrews was able to pull the moment off with the help of a text message to Winston's high school coach, Pat Donnelly.

“I know I am swinging for the fences here,” McAndrews said. “What are the odds, do you think, of Cassius dropping in?”

About a half-hour before the banquet began, McAndrews got word that Winston was in. The surprise was set and a great memory ended up being made, especially for the seniors.

The other story from the same website that hit my heart strings involved a man named Robert Lucas, who started wearing different costumes while walking his dog through his neighborhood in the suburb of Troy, some complete with full makeup. Pictures of Lucas were shared by residents of the subdivision's Facebook page, and it's brought a lot of happiness to all at a time when it's most appreciated.

Lucas said that he has “about 25 costumes” at home right now, but may have to get more creative as Michigan's stay-at-home order continues.

As long as it brings joy, it's certainly worth the effort. We all can use some right about now.

TOM'S SPORTS TRIVIA CHALLENGE

GOODNESS

« CONTINUED FROM PAGE 21

For Week 3 of our public service, this set of questions deals with golf's four major championships. See how well you fare with these.
*Last week's answers are included at the end.

First up, the Masters...

1. How old was Tiger Woods when he won his first Masters green jacket in 1997?

- A. 21 years old
- B. 22 years old
- C. 23 years old
- D. 24 years old

2. Jack Nicklaus won his 18th and last major title at the 1986 Masters. How old was he?

- A. 42 years old
- B. 44 years old
- C. 46 years old
- D. 48 years old

3. Of the five times Woods has won the Masters, he had to face a playoff only once, in 2005. Who did he beat on the first extra hole?

- A. Phil Mickelson
- B. Retief Goosen
- C. Mike Weir
- D. Chris DiMarco

Next up, the PGA Championship...

4. After Tiger Woods won the PGA in 2006 and 2007, it took 11 years for someone else to repeat. Who is the current two-time defending PGA champion?

- A. Jason Day
- B. Brooks Koepka
- C. Rory McIlroy
- D. Justin Thomas

5. Of the four wins Woods has at the PGA, two have come on which course?

- A. Olympic Club, San Francisco
- B. Medinah Country Club, Illinois
- C. Bellerive Country Club, St. Louis
- D. Quail Hollow Club, Charlotte, N.C.

6. In what year was a playoff last needed to find a winner at the PGA Championship?

- A. 2010
- B. 2011
- C. 2012
- D. 2013

Next stop...the U.S. Open

7. Tiger Woods won his first U.S. Open in 2000 by a record 15 shots and was the

only finisher under par. Which course hosted that year's tournament?

- A. Pebble Beach
- B. Oakland Hills
- C. Pinehurst
- D. Oakmont

8. At the 2012 U.S. Open, the trophy presentation was briefly disrupted by a man in a bird costume. Who was that year's winner (who said "Enjoy the jail cell, pal" as the man was led away by security)?

- A. Justin Rose
- B. Dustin Johnson
- C. Webb Simpson
- D. Jordan Spieth

9. Who won the 2014 U.S. Open, the most recent foreign winner of the championship?

- A. Martin Kaymer
- B. Graeme McDowell
- C. Geoff Ogilvy
- D. Michael Campbell

And finally, the (British) Open Championship...

10. In the 1999 championship at Carnoustie, Jean Van de Velde lost a three-shot lead on the 72nd hole and lost in a three-man playoff to eventual winner Paul Lawrie of Scotland. Who was the American involved as the third playoff participant?

- A. Justin Leonard
- B. Davis Love III
- C. Jim Furyk
- D. Hal Sutton

11. In 2009, Tom Watson nearly became the oldest golfer to win a major at 59 when he led after three rounds of the Open at Turnberry. Which American beat Watson in a playoff?

- A. Mark Calcavecchia
- B. J.B. Holmes
- C. Stewart Cink
- D. Steve Stricker

12. Phil Mickelson's only Open championship win happened in 2013 on which course?

- A. Muirfield
- B. St. Andrews
- C. Carnoustie
- D. Royal Birkdale

Last week's answers

1. C: Rafael Nadal.

The Spaniard won four times last decade and is the defending champion.

2. B: Serena Williams.

She won three in a row from 2012 through 2014, but has lost in the finals in each of the last two years.

3. C: Five times.

The women have had three finals played to the limit (2012, 2013, 2016) and the men have played two (2012, 2019)

4. D: Dario Franchitti.

Franchitti drank the winner's milk in Victory Lane at Indianapolis twice (2010, 2012)

5. A: Simon Pagenaud.

The Frenchman won the 2019 Indy 500 from the pole, the first since Helio Castroneves, who did it 10 years earlier.

6. C: Alexander Rossi.

The American won the 2016 race as a rookie after starting 11th.

7. D: New York Mets.

The Royals won that series, 4-1.

8. A: Cleveland Indians.

The Indians won their last World Series in 1948.

9. B: 5.

The American League had three (Jose Bautista in 2010, Chris Davis in 2013 and Aaron Judge in 2017) and the National League had two (Giancarlo Stanton in 2017 and Pete Alonso in 2019).

10. B: Quarterback.

The position had seven players selected No. 1 in the decade.

11. D: Oklahoma.

Sam Bradford (2010), Baker Mayfield (2018) and Kyler Murray (2019)

12. B: 2.

The New England Patriots had a 3-2 Super Bowl record in the decade (won XLIX, LI and LIII, lost XLVI and LII) and the Seattle Seahawks split their two trips (won XLVIII, lost XLIX)

» Additional news on the cancellation front:

Little League has "strongly advised all of its local programs" to suspend all season activities through May 11. Both Cedar National and Cedar American have followed the recommendation.

"The parents have paid the fees. We have the players, but haven't even done a draft," Cedar American league president Steve Barker said.

While everyone waits for a season to start, Little League said on its website that no decisions have been made regarding potential delays in the start of any individual seasons, regional tournaments or the World Series.

It's all about taking things one day at a time for the foreseeable future.

As things stand on the national golf front, only the Open championship has officially been cancelled for the first time since World War II. The three majors contested in the U.S. – the Masters, U.S. Open and PGA Championship – have all been pushed back to later in the year.

In order of appearance: The PGA Championship from TPC Harding Park in San Francisco will try to play Aug. 6, followed by the U.S. Open from Winged Foot Golf Club in New York on Sept. 17 and the Masters at Augusta on Nov. 12.

Also of note: the Ryder Cup is still on for Sept. 25 at Whistling Straits Golf Club in Wisconsin.

To that end and in tribute to the majors that were supposed to start last weekend, this week's trivia will be devoted to that topic. Enjoy the challenge and please stay safe at home.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

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ANNOUNCEMENTS

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MISCELLANEOUS

HOMEMADE CINNAMON ROLLS: PAN OF 8-\$12 OR 2 PANS- \$20. Can be frozen and you can bake or bought freshly baked w/cream cheese frosting and ready to eat. Jill 775-513-2013.

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MISCELLANEOUS

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North Cedar City/Enoch
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Parowan/Paragonah
Wendy Hanson • 477-9100

LEGAL NOTICES

BEEHIVE TELEPHONE PUBLIC NOTICE

Lifeline service is a government program designed to make monthly residential telecommunication services more affordable to eligible low-income customers. Customers who are eligible for the Lifeline program are also eligible for toll blocking at no additional charge.

The Federal and State Lifeline discount can be applied to qualifying voice or broadband services. In order to be eligible for the Lifeline discount, a customer's annual household income must be at or below 135% of the Federal Poverty Guidelines or a customer must participate in one of the following programs: Supplemental Nutrition Assistance Program (SNAP); Medicaid; Supplemental Security Income (SSI); Federal Public Housing Assistance; Veterans Pension & Survivors Pension; or qualifying Tribal Programs.

Lifeline is a non-transferable service and eligible subscribers may receive assistance from only one wireline or wireless telecommunications provider per household. Only eligible customers may enroll in the program. Customers are required to submit a Lifeline application form and will be required to certify continued eligibility annually. Customers who willfully make false statements in order to obtain Lifeline benefits can be punished by fine or imprisonment or can be barred from the program.

Basic services are offered to all customers in Beehive Telephone's service territories at the rates, terms, and conditions specified in Beehive's tariff. If you have any questions regarding Lifeline service or would like to apply for Lifeline service, please call us at 800-615-8021.

Published April 8 & 15, 2020
Iron County Today • ICT #0246

BEEHIVE TELEPHONE PUBLIC NOTICE

Beehive Telephone Company is the recipient of Federal financial assistance from the Rural Utilities Service, an agency of the U.S. Department of Agriculture, and is subject to the provisions of Title VI of the Civil Rights Act of 1964, as amended, Section 504 of the Rehabilitation Act of 1973, as amended, the Age Discrimination Act of 1975, as amended, and the rules and regulations of the U.S. Department of Agriculture which provide that no person in the United States on the basis of race, color, age, religion, national origin or handicap shall be excluded from participation in, or admission or access to, denied the benefits of, or otherwise be subjected to discrimination under any of this organization's programs or activities.

The person responsible for coordinating this organization's nondiscrimination compliance efforts is Larry Mason, SVP-Regulatory Affairs. Any individual, or specific class of individuals, who feels that this organization has subjected them to discrimination may obtain further information about the statutes and regulations listed above from and/or file a written complaint with this organization; or USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, DC 20250-9410, or call (800)795-3272 (voice) or (202)720-6382 (TDD). USDA is an equal opportunity employer. Complaints must be filed within 180 days after the alleged discrimination. Confidentiality will be maintained to the extent possible.

Published April 8 & 15, 2020
Iron County Today • ICT #0247

NOTICE OF ORDINANCE PASSED

Notice is hereby given that the Enoch City Council passed ordinance No. 2020-04-01 at a regular meeting of the Enoch City Council held on April 1, 2020. This Ordinance was for the partial vacation of a portion of Village Green Subdivision known as Sunset Place. For more information call the City Recorder at 435-586-1119 or view changes on the City website at <http://www.cityofenoch.org/ordinancespublic-notices.html>

Published April 15, 2020
Iron County Today • ICT #0248

BEEHIVE TELEPHONE COMPANY PUBLIC NOTICE

Beehive Telephone Company is a telecommunications provider of basic and enhanced services within its service territory. Beehive is an Eligible Telecommunications Carrier and as such, receives support from the Federal Universal Service Fund. Monthly local service charges are as follows:

Single Party Residence Service	\$18.00
Single Party Business Service	\$27.50
State Mandated Emergency 911 Services	
Each Telephone Number	\$1.48
State Universal Service Charge	
Each Line	\$0.60
Federal Mandated Subscriber Line Charge	
Each Single Line Residence & Business Telephone Number	\$6.50
Each Business Multi-Line & Pay Telephone Number	\$9.20

Customers of basic service have access to the public switched network, minutes of use for local service provided at no additional charge, and access to emergency 911 services. Toll limitation services are also available for qualifying low-income customers. Lifeline service is available for qualifying low-income customers. The \$7.25 federal Lifeline benefit may be applied to either qualifying voice services or qualifying broadband services.

Broadband internet access service is available. Purchase of Broadband may require purchase of additional services. Beehive offers the following speeds and rates:

• Residential 6/1Mbps	\$59.95
• Residential 10/1Mbps	\$59.95
• Residential 50/25Mbps	\$99.95
• Residential 100/50Mbps	\$124.95
• Residential 1G/100Mbps	\$149.95
• Business 6/1Mbps	\$59.95
• Business 10/1Mbps	\$59.95
• Business 50/25Mbps	\$109.95
• Business 100/50Mbps	\$134.95
• Business 1G/100 Mbps	\$159.95

Not all speeds may be available in your area. To find out what speeds are available in your area or to order services please call us at 800-615-8021.

Published April 8 & 15, 2020
Iron County Today • ICT #0245

NOTICE OF TRUSTEE'S SALE

Serial No. A-0477-0001-0000

The following described property will be sold at public auction to the highest bidder, payable in lawful money of the United States at the time of sale, at the front entrance of the Iron County Courthouse, 40 North 100 East, Cedar City, Iron County, State of Utah, on May 11th, 2020, at 12:00 p.m., of said day, for the purpose of foreclosing an Trust Deed with Assignment of Rents executed by Russell Burt, Trustor, in which Donald B. Scholten and Claudia Penny Webster-Scholten, Trustees of the Scholten 1991 Trust, dated December 17, 1991, as to an undivided 50% interest and Lora Lee Spencer, as to an undivided 50% interest, are Beneficiaries. The Trust Deed with Assignment of Rents was recorded November 6th, 2017, as Entry No.00705628, in Book 1393, at pages 960-964 of Official Records of Iron County, Utah, which describes the following trust property located in Iron County, State of Utah:

Beginning at the Northwest Corner of Lot Four (4), Block Sixty-Nine (69), Plat "B", PAROWAN CITY SURVEY, and running thence North 89° 11'31" East, 100.11 feet along 200 South Street; thence South 00°27'19" East, 99.96 feet, more or less; thence South 89°14'55" West, 100.11 feet; thence North 00°27'19" West 99.89 feet to the point of beginning.

Tax ID# 0410792/A-0477-0001-0000

also known by street and number as: Vacant Land, Parowan, UT 84761

The current beneficiary of the trust deed is Donald B. Scholten and Claudia Penny Webster-Scholten, Trustees of the Scholten 1991 Trust, dated December 17, 1991, as to an undivided 50% interest and Lora Lee Spencer, as to an undivided 50% interest, and the record owner of the property as of the recording of the notice of default is Russell Burt. The sale is subject to a bankruptcy filing, a payoff, a reinstatement or any other condition of which the trustee is not aware that would cause the cancellation of the sale. If any such condition exists, the sale shall be void, the successful bidder's funds returned and the trustee and current beneficiary shall not be liable to the successful bidder for any damage.

Bidders must tender to the trustee a \$5,000.00 deposit at the sale and the balance of the purchase price by 12:00 noon the day following the sale. Both the deposit and the balance must be in the form of a wire transfer, cashier's check or certified funds payable to Justin W. Wayment, Attorney at Law.

DATED this 3rd day of April, 2020.

Justin W. Wayment, State Bar No. 7011
Successor Trustee
51 East 400 North #1
Cedar City, UT 84720
(435) 586-3300

Office Hours: 8:00 a.m. - 5:00 p.m.

STATE OF UTAH)

: ss.

COUNTY OF IRON)

On the 3rd day of April, 2020, personally appeared before me JUSTIN W. WAYMENT, Attorney at Law, State Bar No. 7011, Successor Trustee, the signer of the foregoing instrument, who duly acknowledged to me that he executed the same.

KEITH J. NAYLOR
NOTARY PUBLIC - STATE OF UTAH
My Comm. Exp 06/05/2021
Commission # 695378

THIS COMMUNICATION IS AN ATTEMPT TO COLLECT A DEBT, AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

Published April 8, 15 & 22, 2020
Iron County Today • ICT #0244

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 Cedar City

	
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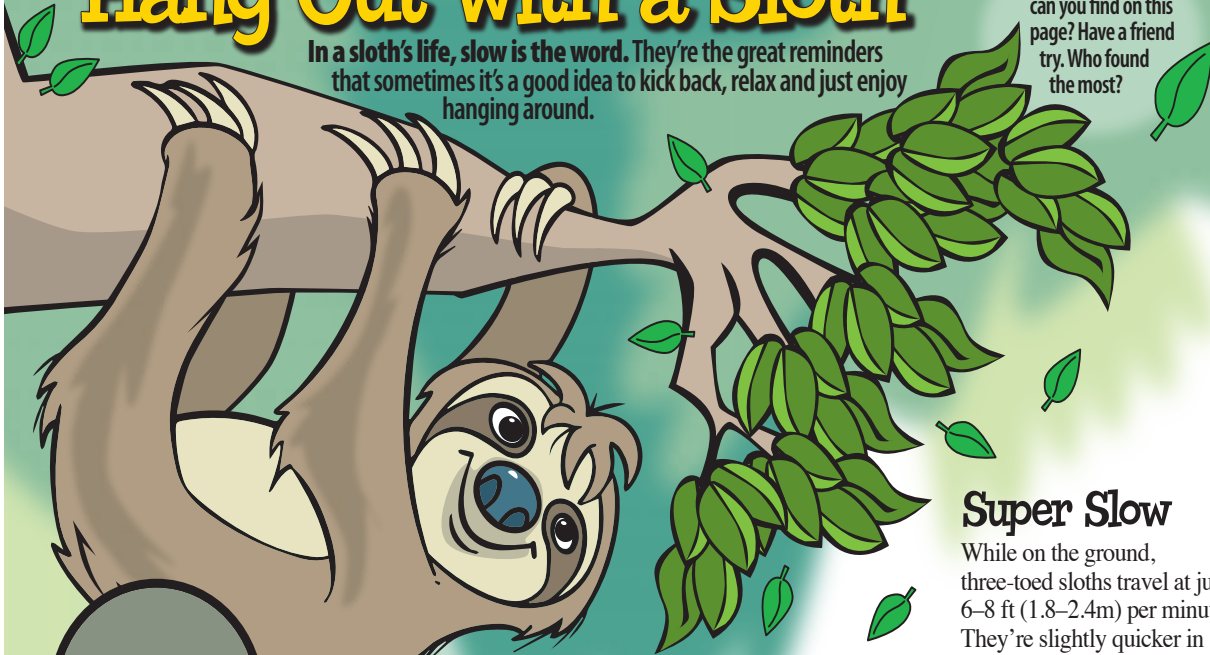




Hang Out with a Sloth

In a sloth's life, slow is the word. They're the great reminders that sometimes it's a good idea to kick back, relax and just enjoy hanging around.

How many leaves can you find on this page? Have a friend try. Who found the most?



Sloth Diet

Sloths eat very slowly. They eat mostly leaves and fruit. Because they move so slowly, they don't go looking for watering holes. They get their water from the fruits and leaves they eat.

Sloths digest food slowly. It can take up to a month for a sloth to digest a single meal, according to the Jacksonville Zoo in Florida.

Green Fur?

Sloths move so slowly that algae and fungi grow on them. This is a good thing because the algae makes their fur look a bit green. This helps to camouflage them when they are hanging from branches in the rainforest.

Super Slow

While on the ground, three-toed sloths travel at just 6-8 ft (1.8-2.4m) per minute. They're slightly quicker in the rainforest canopy, where they can whiz by at speeds of 15 ft (4.6m) per minute! Even at their fastest, they still move five times slower than a drifting iceberg.



There is a little moth that only lives on a sloth. It feeds on the algae that grows in the sloth's fur.

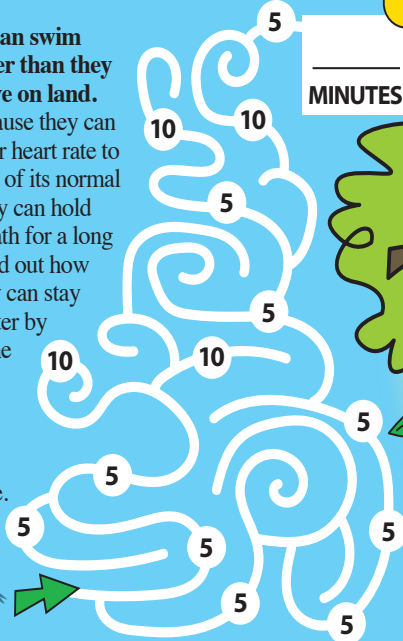
We sloths rarely come down from the trees because on the ground is when we're most easily caught by predators. Once a week, we descend for one reason. Why? Circle every other letter to discover the answer!

B T Y O M G K O V T W O J T S H D E
U B F A V T M H B R K O T O S M

T

Sloths can swim faster than they move on land.

And because they can slow their heart rate to one-third of its normal pace, they can hold their breath for a long time. Find out how long they can stay underwater by adding the numbers along the correct path of this maze.



Extra! Extra!

Sloth: More Than One Meaning

Sloth is the name of one of the world's slowest moving animals. And it is a word that means lazy, slow-moving, lack of effort.

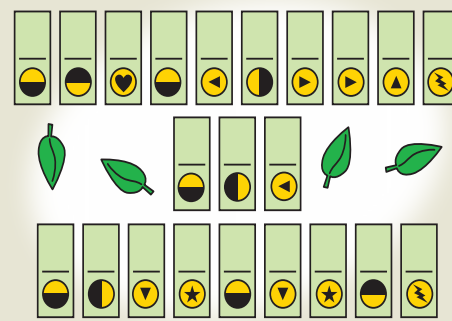
Look through the newspaper for three or more other words that have more than one meaning. Cut out each word and write down its different meanings.

Standards Link: Research. Use the newspaper to locate information.

Kid Scoop Puzzler

Who are relatives of sloths?

With their long arms and shaggy fur, they look a bit like monkeys, but they are actually related to another group of animals. Use the code to discover the answer.



CODE

- A =
- D =
- E =
- I =
- L =
- M =
- N =
- O =
- P =
- R =
- S =
- T =

Double Double Word Search

CAMOUFLAGE Find the words in the puzzle. How many of them can you find on this page?

- HANGING
- MONKEYS
- SPECIES
- CANOPY
- CAUGHT
- SHAGGY
- SLOTH
- ALGAE
- FUNGI
- MOTHS
- GREEN
- CURE
- LAZY
- WHIZ



Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

FROM THE Kid Scoop[®] LESSON LIBRARY

Take Your Time

Slow down while you read an article in today's paper. With a green marker, underline the **who** and **what** the article is about. Circle the words that tell you **when** and **where**.

Standards Link: Writing Applications: Write a narrative that develops

Write On!

Write Words Wonderfully

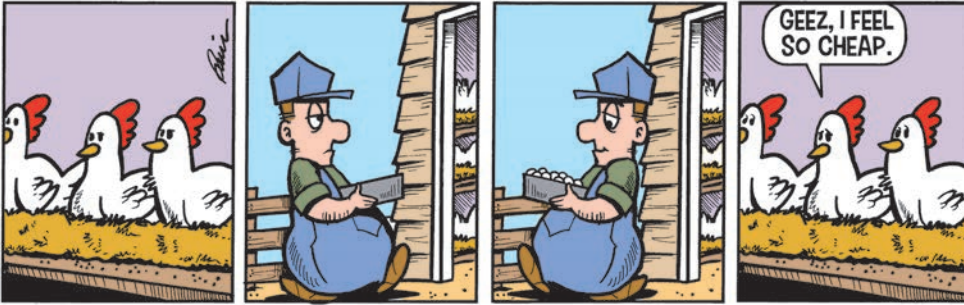
Send your story to:

Write a sentence in which all the words, or nearly all the words start with the same letter. Example: *The gentle giant greeted the green gobblers.*

Deadline: May 10 Published: Week of June 7
Please include your school and grade.

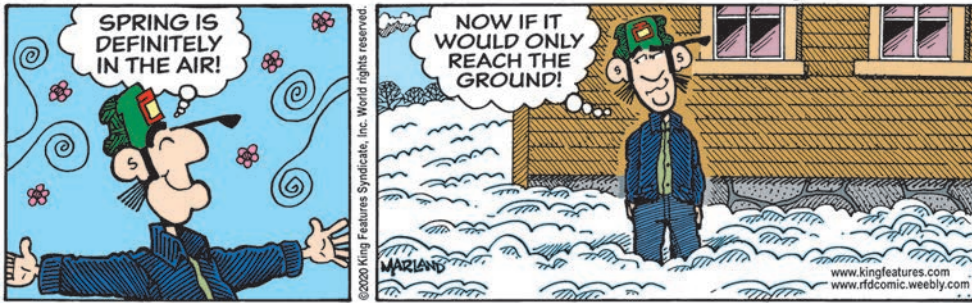
Amber Waves

by Dave T. Phipps



R.F.D.

by Mike Marland



The Spats

by Jeff Pickering



Weekly SUDOKU

by Linda Thistle

	7		5				2		
		2		6				4	
9					1				3
7					6	9			
		3	8					2	
	4			5					7
	6		7					1	
		8		1		3			
2					5				8

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Tie is different. 2. Plane is missing. 3. Ship is missing. 4. Window is added. 5. Hobo stick is different. 6. Word changed to "agent".

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King Crossword

ACROSS

- 1 Pythias' pal
- 6 Try the tea
- 9 Cleveland cager
- 12 Memorable mission
- 13 "— Little Teapot"
- 14 Blackbird
- 15 Make obscure
- 16 "Material Girl" singer
- 18 Bold alternative
- 20 Check
- 21 Dogtag wearers
- 23 — good deed
- 24 Founded (on)
- 25 Love god
- 27 Ill-suited

1	2	3	4	5		6	7	8		9	10	11
12							13				14	
15							16			17		
		18				19				20		
21	22			23				24				
25			26		27		28					
29				30			31			32	33	34
			35			36			37			
38	39	40				41		42		43		
44					45				46			
47				48				49			50	51
52					53				54			
55					56				57			

- 55 Commotion
- 56 Trawler need
- 57 Hiker's route
- 11 Food item
- 17 Speaker
- 19 Grown-up nit
- 21 Prized possession
- 22 A Gershwin brother
- 24 Morsel
- 26 Spielberg or Soderbergh
- 28 In the cards
- 30 — -de-France
- 32 Fortified Portuguese wine
- 33 "Be — on forever":
- ward
- Tennyson
- 34 Summa — laude
- 36 Storage area
- 38 Pago Pago's place
- 39 Savanna grazer
- 40 Wild West show
- 42 Interior
- 45 Capri, e.g.
- 46 Approach
- 48 A billion years
- 50 Movie trickery (Abbr.)
- 51 Wet wriggler

DOWN

- 1 Slight touch
- 2 Hearty quaff
- 3 Wisconsin's capital
- 4 Leave out
- 5 Wanderer
- 6 Ape
- 7 Apple product
- 8 Cushion
- 9 Christmas candies
- 10 Warbucks'

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Trivia test

by Fifi Rodriguez

8	6	4	5	9	3	7	1	2
6		3	7	2	6	1	2	3
		9	6	7	4	8	5	1
7		3	7	2	5	9	6	3
5		4	1	2	5	4	1	2
4	8	6	9	3	8	7	4	1
	4	8	6	9	3	8	7	4
3		5	3	1	3	6	4	2
	3	5	3	1	3	6	4	2
4	1	7	8	4	2	1	7	8
6	9	6	9	6	9	6	9	6

Answer

Weekly SUDOKU

Solution time: 27 mins.

Answers

King Crossword

Trivia Test Answers
1. Zone Improvement Plan; 2. Missouri River; 3. Elias; 4. Volkswagens; 5. Chickpeas; 6. His heel; 7. Nakatomi Plaza; 8. The neutron; 9. Bette Midler; 10. "All in the Family"

CLEVER WAYS TO USE LEFTOVERS

The spread of COVID-19 has upended many people's lives. As with other virulent health crises, the practice of social distancing has been recommended to flatten the curve of the COVID-19 outbreak. One way to socially distance oneself is to avoid unnecessary trips to places where the public may congregate, such as grocery stores.

Some people visit supermarkets and other food stores every day, especially if they don't meal plan or shop for the week. According to the Time Use Institute, the average shopping trip takes 41 minutes and people go food shopping an average of 1.5 times per week. Any additional time spent at the grocery store increase the likelihood of contact with others,

potentially increasing shoppers' risk of contracting coronavirus as well. Therefore, people taking steps to stay at home may have to rethink the way they purchase and use food.

Being more mindful of food waste and putting leftovers and ingredients to use in new ways can help stretch food further and reduce the need to make frequent trips to the grocery store. Consider these ideas to make use of leftovers.

Save those vegetables

It's easy to scrape a half-portion of uneaten vegetables into the trash thinking it can't be used. Instead, combine it with other vegetables accumulated throughout the week. Many play well together and can

be mixed into casseroles, omelets, soups, and stir-fry recipes.

Create new meals

Using leftovers does not mean eating the same exact meal a second time. Ingredients can be utilized in new ways. For example, a roast chicken can be broken down and the meat can be used for fajitas on another night. Leftover tomato sauce and meatballs from a Sunday dinner can be turned into an impromptu chili with the addition of beans and peppers.

Think beyond dinner

Leftovers can be collected at any time of day and used later on. Cold cuts can be chopped and used to make a stromboli with some

refrigerated pizza dough. Save Belgian waffles from breakfast and top with breaded chicken fingers for a delicious chicken-and-waffles meal for lunch or dinner. Leftover roasted potatoes and scraps of ham can be used in a breakfast hash.

Stuck on starches

Turn extra rice from dinner into arancini (rice balls) for a snack on another day. A leftover sweet potato or two can be mixed with butternut squash to make a sweet and healthy mashed side dish. Mashed potatoes can be transformed into potato croquettes or potato pancakes.

Finding new ways to use leftovers means minimal waste and fewer trips to the supermarket.



A COMBINATION OF LEFTOVERS AND NEW INGREDIENTS can be used to create different meals. This extends food dollars and cuts down on trips to the store.