

INSIDE...

STERLING SCHOLARS AWARDED



WEDNESDAY, APRIL 10, 2019

IRON COUNTY

today

FREE CLASSES

This Friday & Saturday (Cedar Location Only)

FRIDAY APRIL 12

5:00-6:00pm

"Ways to Keep your Garden in Tip Top Shape"

6:00-7:00pm

"Pruning and Orchard Management"

SATURDAY APRIL 13

10:00-11:00am

"Planting & Maintaining your Hanging Baskets & Color Bowls"

11:00am-12:00pm

"Preparing the Garden: Soil & Fertilizer"

12:00-1:00pm

"Tomatoes and Vegetables"

DIRT DAYS Are Here Again! APRIL 27 & 29

Bring in your empty pots (16" or smaller), buy some plants, and help us donate the soil and help plant your pots for you! (All day activity. Both Cedar & Enoch locations)



Ladybug Nursery

Spring has Sprung...

Cool Weather Vegetable Plants

99¢ 4" \$2.49 6 pack



Lettuce Kale Onions Cabbage Cauliflower Broccoli Spinach

1 Gallon Perennials

\$4.99



6 Pack Cool Season Pansies

\$2.49



4" Strawberries

99¢



4" Perennials

\$1.99



Bulk Seeds & Seed Packets



Steer Manure

\$2.99 2 cubic ft



LADYBUG NURSERY GROW BOX MIX



1 Bag BM1 All Purpose Potting Mix

\$29.99

Landscape Ties

\$9.99



Makes Great Grow Boxes!



1 Bag Nutri-Mulch

\$6.99



1 Bag Forrest-Gro

\$4.99



Will Fill a 4' x 4' x 8" Grow Box

Ladybug Cedar

42 S. Westview Dr. Cedar City, Utah

435-586-3805

Mon-Sat 9-6



Ladybug Enoch

4606 N. Minersville Hwy. Enoch, Utah

435-586-2615

Mon-Sat 9-6



Beaver Nursery

612 S. Main Beaver, Utah

435-438-2254

Mon-Sat 9-6



Check out our website!

ladybugnursery.com



# CONGRATULATIONS DR WHETTEN

ON YOUR RETIREMENT AFTER 40 YEARS

THANK YOU FOR ALL YOUR SERVICE

66 W Harding Ave A,  
Cedar City, UT 84720  
(435) 586-8980



# SPRING PHOTO CONTEST

Time to get out & snap those photos that best capture the Spring season here in Iron County!

**PHOTOS DUE MAY 8@10PM**

**WINNING PHOTOS WILL BE  
FEATURED IN OUR PAPER  
AND WEBSITE ON MAY 15!**

Complete contest details/rules & enter your photo at:

[IronCountyToday.com/PhotoContest](http://IronCountyToday.com/PhotoContest)

Questions? Call 867-1865 ext. 4



- 4 Opinion
- 8 Showcase
- 11 Life
- 22 Sports
- 25 Classifieds
- 28 Comics/Puzzles



Redmen take 2 from Falcons, crawl back in Region 9 race

IRON COUNTY

today

# Iron County Sterling Scholars Awarded

by Kelsey KEENER

IRON COUNTY TODAY

The southern Utah regional Sterling Scholar finals competition took place last Thursday at Southern Utah University with more than 150 students from five school districts participating.

After a nomination and selection process at their respective high schools, finalists from Beaver, Iron, Garfield, Kane and Washington County School Districts came to SUU to compete in the Sterling Scholar finals. Finalists were interviewed by judges and had the opportunity to explain their achievements and qualifications, then winners from 15 categories were chosen.

The 15 categories include agriculture science; business and marketing; computer technology; dance; English; family and consumer sciences; world languages; general scholarship; mathematics; music; science; social science; speech and drama; skilled and

technical science education; and visual arts.

Following a banquet honoring the finalists, award-winners were announced during the closing ceremonies of the competition. In addition to a Sterling Scholar certificate and Sterling Scholar pin, winners also receive scholarships.

John Taylor, an Assistant Dean at SUU, provided the opening and closing remarks. He thanked all the people that have had a hand in making the competition possible, as well as sponsors of the event before reminding the audience how the program began in 1962.

“The purpose of the Sterling Scholar Awards is to publicly recognize and encourage the pursuit of excellence in scholarship, leadership and citizenship of high school seniors in the state of Utah,” he said.

To be selected, students must have exemplary records of academic achievement and proven experience in service and leadership to their schools and their

communities.

Taylor quoted one of the judge’s comments on the competition:

“We fell in love with the students, their energy, their passion and especially their personalities. They made it so difficult to choose a winner.”

He added that the students’ complexities as individuals added to the difficulty in choosing winners.

“Yes there are boxes that must be checked and they will receive a grade for their portfolios,” Taylor said. “But there are also the lives that you guys have lived and the stories you told and the hardships that you and your families have been through.”

After the winners were

announced, Taylor quoted the song “Tightrope” from The Greatest Showman and thanked students for persevering through failure and hardship.

“Too often we highlight only the victories and never the countless failures and the setbacks that lead to those victories,” he said. “In truth it’s the student who, with great enthusiasm and devotion, spends their time on a worthy cause, despite their failures and still daring to do greatly. That’s how legends are made, daring to do greatly.”

Congratulations to the four 1st Place winners from Iron County. The complete list of regional winners and runners up can be found on pages 14-15 and at: [ss.sedck12.org/sterling-scholar-winners-2019/](http://ss.sedck12.org/sterling-scholar-winners-2019/)



**SIERRA NEWBOLD**  
Cedar - Visual Arts



**MAKATY THORLEY** Cedar - Skilled and Technical Sciences Education



**KADEN YARDLEY** Cedar - Computer Technology



**KENNA N. JOHNSON** Canyon View - Social Science

PHOTOS COURTESY OF SEDC STERLING SCHOLAR PROGRAM

# Iron Horse RDO receives positive recommendation from Planning Commission

by Kelsey **KEENER**

IRON COUNTY TODAY

A zone change from Residential Ag to Residential Development Overlay for 1,450 acres of School and Institutional Trust Lands Administration (SITLA) property received a positive recommendation during the April 2 Planning Commission meeting.

City Engineer Kit Wareham started by explaining that an RDO zone means a developer can divide a development into pods and make each individual pod any density, but the density for the entire development cannot exceed what the master plan regulates for the development. A developer can also receive density credits for open space other amenities put in the development.

Brent Drew and Ron Larson addressed commission members to discuss the plans for the property, called the Iron Horse Development. Drew said SITLA has recently changed how it wants to develop this property,



COREY BAUMGARTNER

**RON LARSEN EXPLAINS THE PROCESS** and benefits of the proposed Iron Horse development during City Council meeting.

stating it will be a “rural feeling development with significant open space. It respects and protects the terrain and vegetation.”

Current preliminary plans dictate there will 500 acres of open space, 44 acres of community trails, no units on summits or peaks within the area, room for schools or churches and that

the development will be less than the allowable density. Property is included in the city’s water, sewer and storm drainage master plans, which the developer is responsible for meeting.

Commission members raised concerns about the zone change passing and then the development failing, resulting in poor development by a

different developer. Jennie Hendricks asked about SITLA’s ownership of property and Larson explained that SITLA will retain ownership as it is developed, releasing property only as it is finished and sold.

During public comments, several

see **IRON HORSE** » 7



## DENTAL IMPLANTS

### \$1400 Per Tooth

fee includes implant, abutment & crown

**Crowns \$475**

*Most Dental Insurance Plans Accepted*

High Quality • Affordable Dentistry

**\$35 New Patient Special**  
Exam • Xray • Cleaning  
(for patients with no dental insurance)

Custom Dentures  
**\$495/plate**

Restrictions apply. Mention discounted fee when booking appointment. Please call for details. Cannot be combined with any other offers. Insurance will be billed under contract rate if applicable.

535 S.Sunset Dr, Cedar City • SmilesRestoredofUtah.com

## 435-586-7061

# Ice rink improvements proposed at City Council



COREY BAUMGARTNER

**YOUTH HOCKEY PLAYERS** enjoy time on the ice, one of the many activities which would increase with improvements to Cedar's Glacier ice rink.

by Kelsey **KEENER**

IRON COUNTY TODAY

Dallin Staheli addressed the Cedar City Council during last week's meeting to discuss a proposal for improving the ice rink with new facilities, equipment and protection from the elements.

Staheli included information about the humble beginnings of the rink on Brent Hunter's farm and its growth since then. He also explained the programs currently provided by the rink such as youth, high school and adult hockey, ice skating and public skating options. He then explained the challenges currently being faced, including a lack of facilities like restrooms and locker rooms, failing equipment, protecting the ice from warmer weather and being looked over for college hockey games due to insufficient facilities.

The proposed improvements will include a heated lobby, restrooms, locker rooms, a National Hockey League regulation-sized sheet of ice, new equipment and protection from the elements with a roof extending from the Aquatic Center building over the ice. Staheli said the improvements would allow year-round use with both an extended winter season and summer activities like roller skating and summer camps.

The proposal involves a public-private partnership between Staheli and the city. Essentially, current terms include Staheli funding the improvements while the

city covers the costs of utilities and a 20-year lease between both entities with a 7-year commitment from Staheli.

Following Staheli's presentation, council members expressed their opinions and concerns.

Councilman Scott Phillips expressed his gratitude for the effort put into the proposal and the current ice rink, but discussed the concerns he had, particularly the burden of the added utilities on the city. Councilman Craig Isom wondered if anyone had reached out to the Iron County School District for a potential partnership and funding, which has not been done yet. Councilwoman Terri Hartley asked about the lifespan of the new equipment that is part of the proposal as the city will retain ownership of it and said there needs to be additional discussion on the exit terms of the lease. Staheli explained the equipment is generally long-lived. Councilman Paul Cozzens mentioned that the ice rink has been a successful endeavor thus far and there are creative options for helping reduce the cost of utilities.

Vice President of the Southern Utah University Hockey Club Ryan Leonard addressed the council to give a brief statement about the club and the benefits the proposed improvements would provide. He mentioned existing partnerships between other organizations and their club.

"We've grown a lot; we actually have a partnership with Warrior Hockey, which is a major hockey

brand, they give us pro-level sticks for 75 bucks, they discount a lot of gear for us," he said. "There's a lot of people that are rooting for us and want to see us grow and this is the perfect way to do it."

Other community members, including Kerry Fain and Dave Staheli, approached the council to show support for the proposal. Gratitude and recognition for the effort and time put into growing the current ice culture in Cedar City were expressed among many parties. Consideration for the city's intent to construct a gymnasium and possibilities for that facility was also expressed as a concern.

## Bookings

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty. For a juvenile the name is "(Male/Female) Juvenile Offender" and juvenile is of age less than 18 years.

### April 1

**JEREMY BLACK,**  
CEDAR CITY, UT.  
Retail Theft, Criminal  
Trespass

**KARY C. DRESNER,**  
CEDAR CITY, UT.  
Theft/Prop/Serv

**JOSHUA J. DURHAM,**  
CEDAR CITY, UT.  
Retail Theft

**FEMALE JUV  
OFFENDER,**  
CEDAR CITY, UT.  
Retail Theft

**MALE JUV OFFENDER,**  
CEDAR CITY, UT.  
Retail Theft

**ANGELA R. LETTICE,**  
CEDAR CITY, UT.  
Retail Theft (4 Counts)

**KAITLYN D. OLSZEWSKI,**  
CEDAR CITY, UT.  
Retail Theft

**BRYAN L. KOCH,**  
Homeless,  
CEDAR CITY, UT.  
Damage to Jail, Assault by  
Prisoner

**MICHAEL P. MCALISTER,**  
ST. GEORGE, UT.  
DRUG - Poss w/Intent to  
Dist C/Substance

**MEIKLE JOHN O. SCOTT,**  
LA VERKIN, UT.  
Intoxication

### April 2

**WADE J. MOON,**  
CEDAR CITY, UT.  
Intoxication

**CAROLYNN  
MARCKESANO,**  
CEDAR CITY, UT.  
Assault

**COLTON M.  
STEPHENSEN**  
Fraudulent Use of Credit  
Card

### April 3

**KEETON W. CLEVERLY,**  
SALT LAKE CITY, UT.  
DRUG - Poss C/S Sched I/II/  
Analog, DRUG-Poss of Drug  
Paraphernalia

**TABATHA FIEFIA,**  
SALT LAKE CITY, UT.  
DRUG - Poss of Drug Para-  
phernalia, DRUG - Poss/use  
of Controlled Substance

**VICTOR C. KERBY,**  
CEDAR CITY, UT.  
DRUG - Poss of Drug  
Paraphernalia

### April 4

**PETER C. COOK,**  
MAPLETON, UT.  
Driving Under the Influence  
of alcohol/drugs (2nd  
Offense)

**MARY A. LOPEZ,**  
CEDAR CITY, UT.  
Child Abuse Injury/Reckless

### April 5

**PHILIP S. JEFFRIES,**  
PARAGONAH, UT.  
DRUG - Poss/use of  
Controlled Substance,  
DRUG - Poss of Drug  
Paraphernalia

**KELLY  
KEITZ-ENGLEHART,**  
PAROWAN, UT.  
Assault by Prisoner, Items  
Prohibited in Corr. Fac.

**GABRIEL S.  
MANJARREZ,**  
DRUG - Poss of Drug  
Paraphernalia, DRUG -  
Controlled Subst Sced I or II

### April 6

**CHANDRA I. DAVIS,**  
CEDAR CITY, UT.  
DRUG - Distribute/Offer/  
Arrange Dstbn C/S

# Protect your world

Auto • Home  
Life • Retirement



**Mike Haight**  
435-586-3110  
1870 N. Main Street, #106  
Cedar City  
michaelhaight@allstate.com



Call or stop by to see  
how much you can save.

Insurance subject to terms, qualifications and availability. Allstate Property and Casualty Insurance Co., Allstate Fire and Casualty Insurance Co., Allstate Indemnity Co. Life Insurance and annuities issued by Lincoln Benefit Life Company, Lincoln, NE, Allstate Life Insurance Company, Northbrook, IL. In New York, Allstate Life Insurance Company of New York, Hauppauge, NY. Northbrook, IL. © 2010 Allstate Insurance Co.

OPINION

ADMINISTRATION

R. Gail Stahle

PUBLISHER

gail@ironcountytoday.com

Deborah Martineau

OFFICE MANAGER

officemanager@ironcountytoday.com

ADVERTISING

Scott Stahle

SALES MANAGER

scott@ironcountytoday.com  
801.755.5999

Patti Bostick

SALES REPRESENTATIVE

patti@ironcountytoday.com  
435.592.1030

EDITORIAL

Corey Baumgartner

MANAGING EDITOR

news@ironcountytoday.com

Kelsey Keener

SENIOR REPORTER

kelsey@ironcountytoday.com

Tom Zulewski

SPORTS WRITER

Klarissa Williams

REPORTER

LAYOUT/DESIGN

Devin Christ

CREATIVE DIRECTOR

design@ironcountytoday.com

CIRCULATION

Brittany Westwood

S. CEDAR CITY

brittanyw@ironcountytoday.com  
435.590.6012

Stormee Anderson

N. CEDAR CITY/ENOCH

stormee@ironcountytoday.com  
435.592.5724

Wendy Hanson

PAROWAN/PARAGONAH

wendy@ironcountytoday.com  
435.477.9100

Iron County Today is distributed free of charge, thanks to our advertisers. It is hand-delivered to over 14,000 households in Cedar City, Enoch and Parowan and is available in several rack locations in Iron and Beaver Counties.

389 N 100 W, Suite 12  
Cedar City, Utah 84721  
Ph: 435-867-1865  
Fax: 435-867-1866  
IronCountyToday.com



# Show me the money

The opinions stated in this article are solely those of the author and not of Iron County Today.

**W**e love our sports heroes. Fifteen years ago, I wrote that the only way a Democrat would win a U.S. Senate seat in Utah was if John Stockton was the nominee. Two years ago, I changed my mind. The only way a Republican could lose a U.S. Senate seat in Utah was if the GOP nominated Gordon Hayward.

Yes, we love our athletic stars – and we react with anger when one of them divorces us to play for another team. It becomes a personal slap in the face because we thought the premise for his playing on “our team” was his unconditional love for us. If we clap and buy jerseys, he’ll stay. We forget that athletes can find adoration in other towns and other colleges too.

The best current example is Bryce Harper, the most nationally recognizable active athlete who is a member of the Church of Jesus Christ of Latter-day Saints. His beard and his perceived arrogance don’t make him a model missionary, but he has remained faithful to his church and has done charitable work with youth groups.

He is also very talented, probably one of the three most productive players in Major League Baseball. Since his debut with the Washington Nationals at age 19, he has hit 184 homeruns, won the National League’s Most Valuable Player award, and made six All-Star teams. He comes across as



## Cyclops

by Bryan GRAY

COLUMNIST

kind of a hipster. When asked by reporters if he would celebrate with a beer on his 21st birthday, the LDS star replied, “That’s a clown question, bro!” (A phrase which young church members silk-screened on tee-shirts in the D.C. area.)

But Harper stood up the Nationals fans by stating that he wanted to be recognized as the highest-paid player in baseball. The Nationals offered him \$250 million over 10 years. That wasn’t enough to set the record, so he signed with the division rival Philadelphia Phillies for a \$330 million paycheck spread over 13 years.

I doubt he will still be an All-Star when his contract ends as he celebrates his 39th birthday. The Nationals were not willing to risk it, so he bolted. Many, if not most, readers would do the same if offered a 32% pay raise by a competing company.

But in sports, fans see it as traitorous. When

see **CYCLOPS** » 7

## From the Editor

# Batter Up!

**B**aseball season is back! Time for throwing peanuts, popcorn and crackerjacks at the television when our team loses. Where sometimes instead of being taken out to the old ballgame, we probably need to be taken out



COREY BAUMGARTNER

MANAGING EDITOR

of the ballgame.

With that being said, I think baseball is a lot like life. How? Well, we’ve all taken bad hops and have probably been the target of a few beanballs. We know what it’s like to blow a save, or live day-to-day behind in the count. We’ve been in a few rhubarbs and not all of our sacrifices seem as worthwhile. We’ve been thrown out because we were caught napping on base and we know the agony of being stranded in scoring position. Sometimes

see **BATTER UP** » 7

# Red Cross offers a surprising way to help patients kick cancer

by Samantha POLLARD

FOR IRON COUNTY TODAY

**SALT LAKE CITY,** — People may be surprised that they can play a direct role in the fight against cancer, and it's easier than they might think. By donating platelets or blood through the American Red Cross, donors can share their strength and help patients kick cancer.

Platelets are tiny cells that form clots and stop bleeding. About 2 million units of platelets are transfused each year in the U.S., and more than half of all donated platelets go to cancer patients.

"Some cancers and certain types of chemotherapy drugs and radiation can damage bone marrow, where red blood cells and platelets are produced," said Dr. Pampee P. Young, chief medical officer, American Red Cross. "Cancer patients often require blood products during treatment or after surgical procedures. Platelet transfusions, in particular, are needed to prevent life-threatening bleeding and help cancer patients continue receiving lifesaving treatments."

Because platelets must be transfused within just five days from the time they are donated, platelet donors have the power to help save up to three lives within days of their donation.

In addition to cancer patients, platelets and blood are needed every day for lifesaving surgeries, traumas and those living with blood disorders. The Red Cross must collect more than 2,500 platelet and about 13,000 blood donations every day for patients at about 2,500 hospitals nationwide. In the Lewis and Clark Blood Services Region, about 100 platelet and 600 blood donations are needed each day.

How to donate platelets:

Platelet donation is available at the following

Red Cross blood donation centers. Appointments are encouraged and can be made using the Red Cross Blood Donor App, visiting RedCrossBlood.org/Cancer or calling 1-800-RED CROSS (1-800-733-2767).

About platelet donation:

During a platelet donation, blood is collected by a device that separates platelets, along with



GETTY IMAGES

some plasma, from the whole blood, and the remaining blood components are returned to the donor. The entire process takes about two to three hours, and donors are encouraged to relax during the donation – videos, television and wireless internet are available. Platelets may be donated every seven days, up to 24 times a year.

How to donate blood:

Blood donations can be made at the following upcoming blood drives. Eligible donors of all blood types, especially type O, are urged to make an appointment to give now. Simply download the Red Cross Blood Donor App, visit RedCrossBlood.org or call 1-800-RED CROSS (1-800-733-2767) to make a blood donation appointment.

About the American Red Cross:

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org or cruzrojaamericana.org, or visit us on Twitter at @RedCross.

## Thought of the Week

From the desk of R. Gail Stahle, publisher




*Rudeness is the weak man's imitation of strength.*

» Eric Haffer

### FREE DIABETIC CLASSES

for Patients & Families





Next Meeting:


Take the "DUCH" Out of Diabetes

1 hour a month. Every 3rd Thursday at 7:00 pm  
Bulloch Drug Store • 91 N. Main St • 435-586-9651

Our next meeting will be held on:

## Thursday, April 18, 2019








**WEDNESDAY**

Snow Likely  
**43°/31°**

PRECIP: 80%  
WINDS: N 10-15






**THURSDAY**

Chance of Snow  
**50°/27°**


PRECIP: 20%  
WINDS: N 5-10



**FRIDAY**

Chance of Snow  
**50°/30°**


PRECIP: 20%  
WINDS: NW 10-15



**SATURDAY**

Partly Cloudy  
**55°/32°**


PRECIP: 10%  
WINDS: Light



**SUNDAY**

Partly Sunny  
**60°/36°**


PRECIP: 10%  
WINDS: SW 10-20



**MONDAY**

Chance of Rain  
**57°/39°**


PRECIP: 20%  
WINDS: SW 10-15



**TUESDAY**


Partly Cloudy  
**60°/39°**

PRECIP: 10%  
WINDS: W 10-15




**IRON COUNTY FORECAST**

A VERY ACTIVE AND COLD SPRING STORM PATTERN WILL BE IN PLACE, BUT MOST OF THE ACTIVITY COULD REMAIN NORTH OVER THE WEEKEND. SLIGHT CHANCES OF SNOW SHOWERS WILL PRECEDE SATURDAY AND SUNDAY.



Get Utah's most accurate forecasts anytime at:  
[ABC4.com/weather](http://ABC4.com/weather)



# Iron County School District Places Mental Health Counselors in Schools

by Klarissa **WILLIAMS**

IRON COUNTY TODAY

The Children's Justice Center and the Iron County School District have worked to add mental health therapists who are trained in dealing with trauma to the schools in Cedar City and Parowan.

Stephanie Furnival, Director of Children's Justice Center, explains the need for adding mental health therapists in to schools. "Every family that comes here through the center has access to free mental healthcare. However, we were finding out that most of the time families weren't following through on getting their kids any kind of help." She states that many times, there were obstacles in the way of parents being able to get their kids help, such as finding providers within their networks that dealt with trauma, or being scheduled 4-8 weeks out. "It's just one more thing to put on their plate," Furnival said.

Furnival continues with how the idea came about. "I thought to myself, The best way for us to make sure these kiddos are receiving the mental health counseling they need to address their trauma is for us to hire our own therapists and require them to be trained in trauma focused based cognitive therapy. There are quite a few different evidence-based therapies out there specific for kids who have experienced trauma." Furnival states that having therapists available at the Children's Justice Center would

help parents be able to get their kids the help they need.

The Children's Justice center received a grant that would allow them to hire two therapists and place them at the schools. "We thought, What better place than to put them in the schools? That way they are right there; they can help the schools address any kind



GETTY IMAGES

of behavior issues, or any type of trauma going on with kids there as well as be able to see our kids that come through the center right there at the school," Furnival said.

The Iron County School District Director of Special Programs, Kevin Garret, explains that the school district has been working on changing the thought process behind mental health in schools.

"We started this about three years ago. We knew there were some issues with some of the behaviors that were going on in our schools and we wanted to be able to address them to a better extent," Garret said. In addition to the two therapists that the Children's Justice Center was able to hire for the pilot program, the Iron County

improvement of the behavior of the students in the Iron County schools. "As we started down the road of having wellness-rooms and therapists in our schools, we've seen a huge decrease in every day problematic behavior. There's still severe behavior that we deal with, it still happens. But we have reduced significantly the amount of students that go to the principal's office and the times that they misbehave. We've seen that data within our schools and its been a benefit and we wanted to increase that and head down that road," Garret said.

Stephanie Furnival also remarked on the reception of the program and the improvements in the schools. "We are excited that our program is well received by the kids and by the families, as well as the school district. We are so grateful that the school district is putting forth that effort in making sure that these kids and these families are receiving the care that they need. And in return the school district is showing that behavior problems are down, and actually kids' attendance is up as well as their GPAs are up."

Garret says, "We have a system in place that hopefully answers more questions as we weren't answering the questions on the mental health side and that's where we were seeing the issues. We feel like now we've really put something in place that will reach out to all students, not just some."

School District hired a counselor to go between the Canyon View Middle School and East Elementary School.

Since that time, there have been four more therapists added. Two work full time at Cedar High and Canyon View High and two work part-time at Iron Springs and Three Peaks Elementary.

Garret also talked about the

**Smithfield**  
Good food. Responsibly.®

**G&A Admin Assistant  
Open Position**

For details and to apply visit  
[www.smithfieldfoods.com/hogproduction](http://www.smithfieldfoods.com/hogproduction)

Competitive wage and benefits! Applications will be accepted until Monday, April 15, 2019.

PO Box 100 • Milford, UT 84751 • (435) 387-2107



**Smithfield**  
Good food. Responsibly.®

**Herd Technician**  
Excellent career opportunity. Starting at \$12/hr. with certification advancements to \$13/hr. within the first year of employment. Full-time positions with awesome benefits!

For additional details, requirements and to apply, visit [smithfieldfoods.com/hogproduction](http://smithfieldfoods.com/hogproduction)

**Smithfield Hog Production Division**  
PO Box 100 • 341 S Main, Milford, UT 84751 • [smithfieldfoods.com/hogproduction](http://smithfieldfoods.com/hogproduction)



## BATTER UP

« CONTINUED FROM PAGE 4

our bullpen and our pitching arm fail us. Sometimes we whiff when we should have hit a walk off homerun. And other times, someone throws a knuckleball that ruins our no-no.

As you can see, sometimes life just wants to play hardball. We won't always have a ball and sometimes we will strike. Yet, with all the junk life throws our way in any season of our lives. We must still step up to the plate and give ourselves the trust and the permission to swing away.

After all, we're tired of the bleachers and the nosebleed sections. We want a chance to go from the dugout to being on deck. We want to stare down, or wink at, the pitcher; not only to test his stuff, to prove our own. It's time to go from struggler to slugger. Batter up!



**THE CEDAR CITY FIRE DEPARTMENT** was called to help free a pregnant dog who had gotten stuck underneath a porch. After carefully removing some cement from the area, one firefighter was able to crawl under the porch and help get the dog in a better position to get out. Following her rescue, the dog almost immediately gave birth to 10 puppies.

PHOTOS COURTESY OF THE CEDAR CITY FIRE DEPARTMENT AND CEDAR CITY ANIMAL CONTROL.

## CYCLOPS

« CONTINUED FROM PAGE 4

Harper returned to play against his old team in the first week of this season, the fans showered him with boos. The only shouts of approval came when he struck out.

After the game, a former teammate was disappointed that Harper was booed. "It's okay for everybody to be happy," he said. "Nowadays there's always some that needs to be upset."

His is correct, but the fan reaction is not surprising. We invest personally in our hometown athletes. We feel a personal victory when the team wins. We forget that most pro athletes live in other states and are invested in their own zip codes, not ours. We refuse to recognize that pro athletes see their play as a job, not a reflection of their undying affection for each of us buying a ticket or watching them on TV.

In the case of Harper, he did what most of us would probably do – leave for a significant pay hike. His public relations nightmare was created by his ego-driven desire to be the highest-paid player in history. That makes him a target for many sports fans – and if he doesn't perform to the hyped-up expectations, Phillies fans may end up booing him as well.

## IRON HORSE

« CONTINUED FROM PAGE 2

concerns were raised by community members and residents who live near the proposed development.

Eric Natwick said his concern was about the many animal species in the area and the loss of a forested area in the city. He provided a list of 123 species that currently live where the development is proposed.

"You're still going to be taking out over 900 acres of forested land that is supporting well over the 123 species that I have listed," he said. "... I think we need to have a large green area through our city because that's what makes it unique, and makes it a place that people want to live."

Other concerns included traffic congestion in nearby areas, as well as the availability of water and potential safety problems from trails that empty into isolated areas.

Following public comments, Adam Hahn made a motion to give the zone change a positive recommendation.

"The growth of this area is good I think and this looks like a very structured, very well thought out growth plan," Hahn said. His motion passed. The zone change will appear before City Council for discussion and a public hearing on April 17 during a work meeting.

# Did you know?

**Cedar City Hospital Surgical Services** offers the latest technology and equipment, all while still being close to home. We feature:

- Brand new, state-of-the-art equipment.
- We can perform nearly all elective procedures here at our facility.
- Services include orthopedics, spine, ENT, GYN, general surgery, podiatry, urology, dental, ophthalmology, EGDs, and colonoscopies, just to name a few.
- We are routinely recognized as having one of the safest, most sterile surgical centers in the state.
- Our surgeons provide world-class care, while personally caring for you as a patient.
- Being a smaller facility, we provide a more personal touch, and you will feel safe, welcome, and at ease with us.

**Intermountain<sup>®</sup>**  
Cedar City Hospital

**Questions?**  
Find out more by calling Cedar City Hospital Surgical Services:  
**435-868-5420**

ARTS &  
ENTERTAINMENT  
IN IRON COUNTY

# Showcase

## Concert to feature **JASON TYLER BURTON** and Mountaintop Sound

by Jim **HOWELLS**

FOR IRON COUNTY TODAY

Jason Tyler Burton makes a return to Southern Utah to play the Iron County Acoustic Music Association (ICAMA) stage this Friday. He was a regular on the southern Utah music scene while a National Park Service employee in Zion before moving to the mountains of Wyoming. He has performed at venues and festivals throughout the US and Canada, as well as in Europe and Australia. His performances at Groovefest and the Zion Canyon Music Festival are standouts of the local music scene. His songs evoke memories and emotions of his travels, loves, and heartaches.

Jason Tyler Burton is a recluse and a singer-songwriter. He chose to leave his old Kentucky home, where he grew up across the river from Fort Boonesborough, in order to live in the least populated county in the least populated state. There in Wyoming, at the foot of the Wind River Range, he writes and plays his brand of folk and Americana.

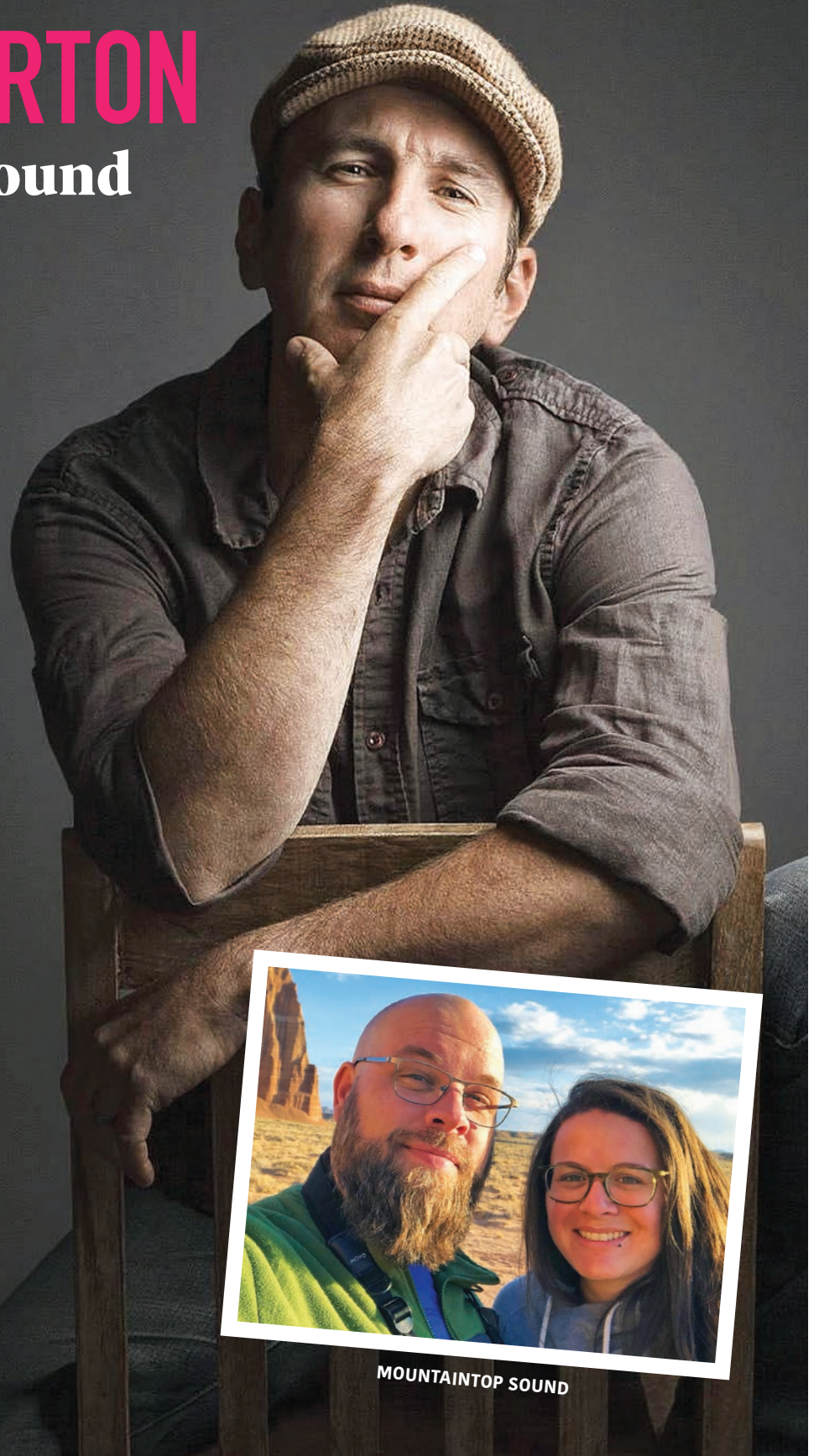
Jason says, "You know, it's not about this being a vocation or even an avocation. Lord knows I couldn't live in Nashville. I do this because art is meant to be shared. I am compelled to write these songs, and then compelled to make sure there is a way for others to hear them. That is the why. It's not about anything else."

His most recent albums, *Lost Behind the Ranges* (2017) and *Headwaters* (2014) reflect his journey from Kentucky to Wyoming. They are filled with

road trip ready songs that often tell a novel's worth of story in the span of minutes. Burton knows how to craft a tune, how to turn a phrase and make it something you can relate to even if it's not something you've lived. For this, he draws comparisons to another Jason (Isbell) as well as legends such as John Prine and Steve Goodman. His songs invite you to lean in a little, and really listen. Videos of Jason and more info are at: [www.jasontylerburton.com](http://www.jasontylerburton.com)

Opening the April 12 show is Cedar City's favorite acoustic duo, Mountaintop Sound. Steve Swift and April McPherson combine folk rock with a bit of bluegrass, and round it out with warm harmonies to bring you toe-tapping originals and favorite classics, heard in a fresh new way. Steve's dynamic guitar playing and vocals meld with April's tight high vocal harmony and lyrical mandolin on original and contemporary classics. Steve is the front man and lead vocalist for the Full Tilt Boogie rock band. He and April began their musical collaboration two years ago with April singing backup vocals and have evolved to swapping leads on vocals and instrumental breaks. They are currently performing at various venues in southern Utah.

The music begins at 7:00 PM Friday, April 12, at Community Presbyterian Church, 2279 N Wedgewood Lane, Cedar City. Doors open at 6:30. All are welcome. A \$5 suggested donation supports the shows and promotes live acoustic music in Iron County.



# SLC's Young Artist Chamber Players to perform in Cedar

by Lindsay Fife **SZCZESNY**

FOR IRON COUNTY TODAY

When I was a teenager here in Cedar City, I started traveling to Salt Lake every month to take violin lessons from Utah Symphony violinist, Jack Ashton. My friend and I (Megan Mumford Cottam from Kanarrville) each had hour-long lessons--usually on a Saturday morning--in his home's downstairs music studio, piled with papers and one wall covered with student recital programs dating back years and years. Sometimes one of his 8 children would interrupt a lesson, and for a few minutes he would lovingly play with the youngest boy who was about four. Mr. Ashton made us rehearse thousands of scales and gave us exciting new music to play. He was warm and kind, but strict and demanding. His positive influence is the kind every parent wishes for their youth.

Luckily his musical and personal gifts have been shared with young musicians in the Young Artist Chamber Players, which he established in 1985 to provide students in the Salt Lake Valley the opportunity to play quality chamber music. Since then, they have toured Europe, provided regular

concerts, played with the Utah Symphony in the Side-by-Side program as well as the Symphony's Lobbyfest, and they make an annual performance tour of Utah. This year their Cedar City concert will feature a collaboration with the local Suzuki Strings Orchestra. The event features local soloist, Irene Hu, 13, on Vivaldi's Spring as well as Don Quixote's Attack on the Windmills by Telemann, Corrente by Corelli, and other selections. Mr. Ashton always provides interesting and story-filled context to add extra insight to the performance.

Every time I hear the Young Artist Chamber Players, I am moved by their musical depth and grateful such beautiful and meaningful music has been written. As one of Jack Ashton's former students, I'm grateful for amazing teachers that see more in us than we see in ourselves. You too are welcome to enjoy this free afternoon concert at 4:00 pm on April 13, at St. Jude's Episcopal Church, (70 N. 200 W.) in the heart of Cedar City.

For more information email [suzukistringscc@gmail.com](mailto:suzukistringscc@gmail.com)



**ARTICLE AUTHOR LINDSAY SZCZESNY** with her daughter Eppie Szczesny, and former violin teacher, Jack Ashton

COURTESY OF LINDSAY SZCZESNY

Wind Symphony Concert  
 April 12, 2019 at 7:30 p.m. | Heritage Center Theater

## INSTINCTIVE TRAVELS

Adult \$10.00  
 Student/Child \$5.00

SUU COLLEGE OF PERFORMING & VISUAL ARTS DEPARTMENT OF MUSIC  
 CPVA 20 YEARS  
[www.suu.edu/pva/music](http://www.suu.edu/pva/music)

SOUTHERN UTAH UNIVERSITY  
**COMMUNITY FORUM**

KEEPING YOU Informed

**APRIL 11 AT 7:00PM**

A discussion about the state of the University and our community  
 Forum Focus: SUU's new 3-year degree option

**SUU ALUMNI HOUSE**

# It's better because it's true

There is a category of musical theater that we are finding more and more attractive as the years go by, and that is theater based on actual historical events. Historical fiction has been a favorite literary category of mine forever, but it is surprising when a factual past event can be told through song and dance, especially when the topic is sobering.

Think about "1776", the story of the drafting of the Declaration of Independence. We know the outcome, but the show is always a cliff hanger for our family over and over again since the summer it was first presented by the Utah Shakespeare Festival. My husband was in the show and said that every night he was convinced that the outcome of the vote to accept Jefferson's document was in doubt. He was always so relieved when the vote was favorable for its passage.

"Hamilton" is another tale from early American history that some have been willing to pay hundreds of dollars a seat to see. The somewhat obnoxious Thomas Jefferson, the pushy Alexander Hamilton, alongside the hilarious King George are set in our minds in ways that no school history textbook can quite achieve.



Recently, Cedar City was treated to "Newsies," the story of the newspaper boys' strike against Joseph Pulitzer in New York City in 1899. The story line tells what happened when Pulitzer, publisher of "The

World" newspaper, tried to charge his newsboys more for the papers they bought each day without allowing them to charge more from each of their customers. One of the boys soon convinced all the rag tag kids, for whom a dime meant eating or not, to stand up against the biggest newspaper tycoon of the time. The singing and dancing in that show seemed perfectly suited to telling their story; of course, teenagers in knickers and caps could tap dance! And the tough Brooklyn newsies? I was hooked by kids of 7 and 8 pumping their fists into the air.

Two shows you might not be as familiar with are "Come From Away" and "Bright Star." The remarkable true story, "Come From Away," tells of what happens when 39 jumbo jets are diverted to the little Newfoundland town of Gander in the wake of 9/11, dropping 7,000 passengers into a town of 9,000. On the night we saw it in Las Vegas, one of the original passengers on one flight participated in the pre-show talk. He sat next to the actor who played him in the show and talked about his experience. We were mesmerized. I just hope that this will soon be produced here. It is so worth seeing!

And a show that will be produced here soon is "Bright Star," written by Steve Martin and company. The show fleshes out a small paragraph found in a newspaper that tells of a suitcase tossed from a train that had a live baby inside. The characters are not well-known, but it is fascinating to think that maybe this is how it happened. Watch for the announcement of its opening.

# Osu welcomes three young artists for R.L. Halversen concert

by Tanisa **CROSBY**

FOR IRON COUNTY TODAY

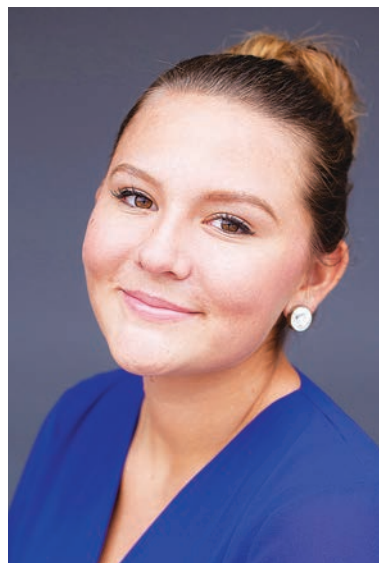
The Orchestra of Southern Utah's R.L. Halversen Concert is set to take place on Thursday, April 11, at 7:30 pm, at the Heritage Center, and is one that is unique and always memorable. Every other year, OSU invites local youth to audition for a chance to perform with the Orchestra. The R.L. Halversen concert was started to honor a beloved teacher who truly impacted the music and arts in Cedar City. Students prepare a solo piece that they recorded and submitted. After the initial round, students were selected to a live audition. The Orchestra is excited to "Capture the Moment," the concert's central theme for the concert, and are thrilled to welcome the following soloists for their final concert of the season.

Aubrey Aikele, a Junior at Moapa Valley

(2018). Ashtoreth will be a premiere performance and will be his first work for Symphony Orchestra.

Aria Williams is a sophomore student from SUU and will be performing Suite for Tuba by Don Haddad. Williams has performed in Honor Band and All-State band in Arizona and Nevada and currently participates in many ensembles at SUU including SUU Wind Symphony, Jazz Band, Brass Ensemble, as well as in the OSU. She hopes to further her education by teaching music to future students. Her piece will feature the winds and brass of the Orchestra as they accompany her for the evening.

The Orchestra of Southern Utah will also be performing Symphony No. 5 by Mahler. Mahler was truly considered to be a composer ahead of his time. While living through the romantic era, his music is considered to be a forerunner for 20th century music. His Symphonies are some of his



**AUBREY AIKELE**



**ROBERT DEBRY**



COURTESY OF THE ORCHESTRA OF SOUTHERN UTAH

**ARIA WILLIAMS**

High School, will perform Piano Concerto No. 2, Larghetto Calmato by MacDowell. Aikele is a two-time soloist with the Southwest Symphony (2016, 2019) and will also solo with the Henderson Nevada Symphony in 2020. She has been studying the piano since she was four and has received Superior Ratings at the SUPAF Festival and Clark County Solo & Ensemble Festival. She's been named the Most Outstanding Pianist at Castle Rock Music Clinic and studies with Brandon Lee of St. George, while also maintaining a private piano studio and serving as a staff accompanist.

The Orchestra will perform an original composition by Robby DeBry, who is a current composition and jazz trombonist currently studying at Southern Utah University (SUU), entitled "Ashtoreth." DeBry has studied composition from Keith Bradshaw and Douglas Ipson while attending SUU and has composed and had several of his pieces performed by various ensembles, including a debut work for wind symphony, Nyx and Erebus

most memorable works. Mahler's Symphony No. 5 plays with colors and textures, weights and balances, while degrees of light and shade shift from moment to moment. It features the brass in both a trumpet solo and a brass chorale, and also features the strings and harp. The Orchestra will perform the first, fourth, and fifth movements of the Symphony.

The Orchestra of Southern Utah would like to extend an invitation to all to join us celebrating the talents of these young artists at the "Capture the Moment: Roy L. Halversen Young Artists Concert." The concert will take place on April 11th, at 7:30 pm in the Heritage Center Theatre, 105 N 100 E, Cedar City. Tickets cost \$12 for adults and \$6 for students. Children 6 and older are welcome to attend with adult supervision. However, we ask that there are no babies as the concerts will be recorded. For more information please contact OSU Manager Rebekah Hughes at (435) 592-6051 or osucedar-city@gmail.com.

12 Calendar  
14 Schools

20 Faith  
21 Obituaries

# Life

COMMUNITY &  
PERSONAL INTEREST  
IN IRON COUNTY

## FROZEN SPOON

### CELEBRATES SWEET GRAND OPENING IN PAROWAN

by Corey BAUMGARTNER

IRON COUNTY TODAY

What started out as a humble snow cone shack in Parowan has now become Iron County's first and only frozen yogurt and soft serve ice-cream rendezvous.

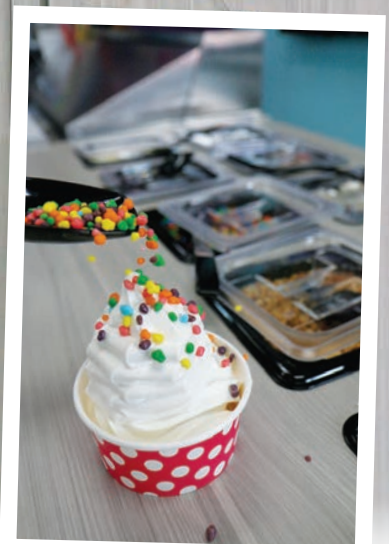
During their grand opening on April 6, the Frozen Spoon was warmly greeted by the local community who also enjoyed free cotton candy and a bounce house.

Owner, Ellie Anderson, lives by the motto, "Life is short, make it sweet." With several Ice-cream and frozen yogurt


flavors ranging from Chocolate and Vanilla to Coconut and Cheesecake—and toppings galore—life is going to get even sweeter in Parowan and beyond.

They also serve pizza, breadsticks, smoothies, shakes and shaved ice in more flavors than you can shake a frozen spoon at.

The Frozen Spoon is located at 200 S. Main in Parowan, (Next to the Chevron) and is open from 10-8 pm Monday thru Saturday. Bring a friend and enjoy a sweet time at the Frozen Spoon.



PHOTOS BY COREY BAUMGARTNER




## Cedar View Pediatric Dentistry

Se Habla Español!


1251 Northfield Rd. Suite 201 Cedar City • 586-8188

We will match any competitors discounts!


**Dr. Tyler Albrecht**  
DMD, Pediatric Dentist



**Dr. Sean Schexnayder**  
DMD, Pediatric Dentist



**Dr. Nathan Call**  
DMD, Pediatric Dentist



DENTAL EXAMS AND CLEANING ARE FREE FOR CHILDREN UNDER 3!

# CALENDAR

## WEDNESDAY, APRIL 10

**CEDAR CITY COUNCIL – 5:30 P.M., CITY Hall.** 10 N Main Street. (435) 586-2950

**SOUTHERN UTAH CHEF - THIS** interactive course features favorite local chefs teaching recipes from familiar restaurant menus. Classes are taught in the amiable setting of IG Winery at Historic Downtown Cedar City with a different chef, baker or restaurateur preparing culinary artwork each week. Learn from the area's seasoned chefs and be ready to sample their work. Also, leave with a copy of the chef's recipe. Grab a friend and join us at the IG Winery from 5:30-7:00pm. (59 W. Center St., Cedar City, UT 84720)

**THE WELLNESS PLACE – USING** Essential Oils in your daily routine, 6:00 p.m., 583 S Main Suite #5, Cedar City, UT. Phone: 435-592-5308, (FB – Sheila Summerhays Wellness)

**WW - WEIGHTWATCHERS REIMAGINED!** Get guidance and in-person motivation from members, trained guides and wellness coaches who are on the same path. Workshop every Wednesday at 9:30 am at the Cedar City Aquatic Center, 2090 W. Royal Hunte Drive. Call or Text for more information (702) 832-0555.

**TAE KWON DO CLASS TO BENEFIT THE** Canyon Creek Women's Crisis Center, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

**IMMUNIZATIONS/WIC/VITAL RECORDS,** 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

**COLOR COUNTRY PICKLEBALL, 7-10 A.M.,** 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

**BAND: COLOR COUNTRY WINDS, CALL** Debbie at 435-559-9609 for time and location. Come brush up on your band skills to share with the community.

**TOPS (TAKE OFF POUNDS SENSIBLY)** meetings, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park. For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

**DOMESTIC VIOLENCE SUPPORT GROUP, 6** to 7:30 p.m., for women 18 and older,

Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

**ALCOHOLICS ANONYMOUS, 7 A.M., 203 E.** Cobblecreek (KKCB upstairs).

**ALCOHOLICS ANONYMOUS, 6 P.M. AA** Misfits, 203 E. Cabo Creek, Cedar City. For information call (877) 865-5890.

**AL-ANON (NEW BEGINNINGS) WOMEN'S** book study meeting. 6:30-7:30 p.m., 203 E. Cobble Creek Drive, Cedar City.

**NARCOTICS ANONYMOUS JUST FOR** Today, 8 p.m., KKCB, 203 E. Cobble Creek, Cedar City. For information call (877) 865-5890 or (435) 635-9603.

**HEY CEDARS SQUARE DANCE CLASS, 6:30** p.m., Cedar City Senior Center. Info from Pat at 435-531-6811 or Ralph at 435-669-4867.

**CEDAR CITY COMMUNITY CLINIC, 8 A.M.** to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

## THURSDAY, APRIL 11

**THE WELLNESS PLACE – EMOTIONAL** Health for Teens, Young Adults and everyone else. 7:00 p.m., 583 S Main Suite #5, Cedar City, UT. Phone: 435-592-5308, (FB – Sheila Summerhays Wellness)

**NAMI BRIDGES & FAMILY TO FAMILY** Classes (free). 7 p.m., Southwest Behavioral Health Center, 245 East 680 South, Cedar City. To enroll, call Robert (435) 590-7749 or Rosie (435) 590-0880.

**CEDAR CHEST QUILTERS' GUILD, 10 A.M.,** Cedar City Senior Center, 489 East 200 South.

**COLOR COUNTRY COMMUNICATORS,** Cedar City Toastmasters, 7 a.m., 86 W. University Blvd. Find your voice. Shape your future. Be the leader and speaker you want to be.

**IMMUNIZATIONS/WIC/VITAL RECORDS,** 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Dept., 260 E. DL Sargent Drive, Cedar City. Call 435-586-2437 with questions.

**COLOR COUNTRY PICKLEBALL, 7-10 A.M.,** 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

**ALCOHOLICS ANONYMOUS LUNCH BUNCH** group, noon, Cedar Bowling Center, 421 E. Highway 91.

**AL-ANON— "AFFECTED BY SOMEONE'S** addiction or drinking? AL-ANON can help. 6-7 p.m., 203 E. Cobblecreek, Cedar City.

More info at 435-531-1045.

**NARCOTICS ANONYMOUS, 8 P.M., KKCB,** 203 E. Cobble Creek, Cedar City. More info at 877-865-5890 or 435-635-9603.

**WATER AEROBICS CLASS, 9 A.M., SUU** pool. Fun, up-tempo workout to current pop hits. The class is medium to high intensity and includes full body toning. Can be modified to any fitness level. People with arthritis or knee, hip or back injuries are encouraged to participate. Cost is \$3/class. Call Allison at 435-327-2091 for more info.

**CEDAR CITY COMMUNITY CLINIC, 8 A.M.** to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

**PAROWAN CITY COUNCIL, 6 P.M., CITY** Center

**BIKERS AGAINST CHILD ABUSE (B.A.C.A.)** Color Country Chapter Meetings, 7:00 p.m., 593 N. 1450 W., Cedar City.

**PARKINSON'S SUPPORT GROUP, 2:30 P.M.,** Brookdale Sr. Living Center, 995 S. Regency Rd., Cedar City.

**CEDAR CITY LIBRARY BOOK CLUB, 7 P.M.,** Cedar City Library in the Park. This month we will discuss Eleanor Oliphant is Completely Fine by Gail Honeyman. And in May, our book selection is Beneath a Scarlet Sky by Mark Sullivan.

## FRIDAY, APRIL 12

**ART WORKS GALLERY – IS PROUD TO** present a very special exhibit featuring a free form crochet installation by Ella Wrangle, a local high school student. Ella is also a proud recipient of an Artist Mini-Grant Award from the Cedar City Arts Council (CCAC) which went toward the creation of her installation. The opening reception takes place on Friday, April 12, 2019, from 5-8 pm at Art Works Gallery, 16 N 100 W, Cedar City, Utah. The exhibit shows through May 2019 (weather permitting)

**COLOR COUNTRY PICKLEBALL, 7-10 A.M.,** 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

**EMBRACE AGING – LEARN HOW WE CAN** enjoy a healthier, happier and better-prepared life as we age. This class takes you through understanding what happens to our bodies and brains as we age, and how to accept and adapt to it. Class topics include the biology of the brain, managing illnesses, the role of family and caregivers, how to plan for the end of life and learning about community resources.

**THIS 3-WEEK CLASS MEETS FRIDAYS** from 11:00am - 1:30pm skipping April 19.

**TO LEARN MORE OR REGISTER VISIT SUU.** edu/wise or call (435) 865-8259

**IMMUNIZATIONS/WIC/VITAL RECORDS, 8** a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

**ALCOHOLICS ANONYMOUS, NOON.** Speaking from the Heart AA and 6 p.m. AA Misfits, 203 E. Cobble Creek, Cedar City. For information call (877) 865-5890.

**ALCOHOLICS ANONYMOUS TWISTED** Sisters meeting, 7 p.m., KKCB, 203 E. Cobble Creek, Cedar City.

**NARCOTICS ANONYMOUS LIVE AND LET** Live, 8 p.m., KKCB, 203 E. Cobble Creek, Cedar City, for information call (877) 865-5890 or (435) 635-9603.

**CEDAR CITY COMMUNITY CLINIC, 8 A.M.** to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

## SATURDAY, APRIL 13

**RECORD STORE DAY – INDEPENDENTLY** owned and operated, Groovacious Records welcomes you to celebrate Record Store Day with exclusive merchandise, in-store sales, giveaways and more. 2Rivers Catering & Food Truck will be in the Groovacious Records parking at 195 West 650 South, Cedar City, Utah. For more information please visit [www.recordstoreday.com](http://www.recordstoreday.com) or call Lisa or Scott at Groovacious 435-867-9800

**ROCKY MOUNTAIN ELK FOUNDATION –** 30TH Annual Fundraising Banquet. 1294 S. Interstate Dr., Cedar City, UT. 84720 – To purchase tickets and for more information call: 435-590-4309 or 435-233-0227

**YEAR-ROUND FARMERS MARKET, EVERY** Saturday rain or shine, 9 a.m. to noon in the parking lot across from Pastry Pub. Local vegetables, greens, fruit, herbs, baked goods, artisan cheese, live plants, flowers, jams, raw honey, farm fresh eggs, and more. Also, every Wednesday, same location, 4 to 7 p.m.

**SATURDAY MARKET, 9AM-1PM EVERY SAT.** @ IFA, 905 S. Main. Good weather outside – bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For more info call 435-463-3735.



Mountain Eye  
Institute  
LASER & SURGERY CENTER

ACCEPTING NEW PATIENTS!

### Specialized Services Include:

"No-stitch" Cataract Surgery  
Macular Degeneration  
Diabetic Retinopathy  
Treatment of Glaucoma  
Pediatric Strabismus • General Eye Exams

On Site  
Optical  
Center



1811 W. Royal Hunte Dr. Ste. 1, Cedar City, UT 84720 • 435. 586.1131

[mountaineyeinstitute.com](http://mountaineyeinstitute.com)

# CALENDAR

**NARCOTICS ANONYMOUS CLOSED, CANDLE LIGHT** meeting, KKCB, 203 Cobble Creek, Cedar City. Info at 435-635-9603 or 877-865-5890.

**ALCOHOLICS ANONYMOUS, NOON SPEAKING FROM THE** Heart AA, 6:30 p.m. AA BB Study, and 8 p.m. My Story speaker meeting, 203 E. Cabo Creek, Cedar City. For information call (877) 865-5890.

**MARINE CORPS LEAGUE DETACHMENT 1315 MONTHLY** meeting, 9:30 a.m., Springhill Suites, 1477 S. Old Hwy. 91, Cedar City.

**SOUTHERN UTAH WOODTURNERS, 9 A.M., CEDAR HIGH** School wood shop, 703 W. 600 South, Cedar City.

## SUNDAY, APRIL 14

**ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK** (KKCB upstairs).

**ALCOHOLICS ANONYMOUS, 11 A.M. (TGISS) AA AND 6:30** p.m. 12x12 Book Study, 203 E. Cobble Creek, Cedar City, for information call (877) 865-5890.

**NARCOTICS ANONYMOUS, 8 P.M., THE MEETING HALL,** 1067 S. Main St., Cedar City. For information, call (877) 865-5890.

**NARCOTICS ANONYMOUS WOMEN ONLY, 11 A.M., KKCB,** 203 E. Cobble Creek, Cedar City. Info at 435-635-9603 or 877-865-5890.

**COMMUNITY MINDFULNESS MEDITATION, 4 P.M., ST.** Jude's Episcopal Church, 89 North 200 West, Cedar City. This is facilitated by Amber Gower. This is a guided meditation open to the public. It is non-denominational and free to all looking for guidance in group meditation. Phone 435-590-4092 for more information.

## MONDAY, APRIL 15

**COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400** South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

**IMMUNIZATIONS/WIC/VITAL RECORDS, 8 A.M. TO 5 P.M.,** Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

**FREE DANCE AEROBICS CLASS, 9 A.M. CLASS IS MEDIUM** to high impact but can be adapted to any fitness level. Beginners and people of all ages welcome. Moms can bring young children. For more information, call Allison at 435-327-2091 (no text).

**RED ROAD TO SOBRIETY/AA MEETING, OPEN MEETING, 6** p.m., Paiute Indian Tribe of Utah, 440 N. Paiute Drive, Cedar City. For more information call Chris at 586-1112 ext. 307.

**ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK** (KKCB upstairs).

**ALCOHOLICS ANONYMOUS, NOON. SPEAKING FROM THE** Heart AA, 203 E. Cabo Creek, Cedar City. For information call (877) 865-5890.

**NARCOTICS ANONYMOUS MONDAY NIGHT BASIC TEXT** Study, 8 p.m., KKCB, 203 E. Cobble Creek, Cedar City. For information call (877) 865-5890 or 435-635-9603.

**FREE AEROBICS CLASS, 9 A.M.—FUN EASY DANCE MOVES** to current pot hits, Latin, jazz, hip hop, and 80s choreography all included. People of all ages and fitness levels welcome. Moms can bring young children. For more information, call Allison at 435-327-2091

**CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M. CALL** 435-865-1387 for an appointment. Accepts Medicaid, Medicare and all private insurances.

## TUESDAY, APRIL 16

**THE WELLNESS PLACE – HOW TO USE ESSENTIAL OILS,** 7:00 p.m., 583 S Main Suite #5, Cedar City, UT. Phone: 435-592-5308, (FB – Sheila Summerhays Wellness)

**STORY TIME AT THE FRONTIER HOMESTEAD STATE PARK,**

10 a.m., an opportunity for preschool children to learn about the past through stories and history-related activities, story time is free thanks to the support of the Cedar City-Brian Head Tourism Bureau.

**WW - WEIGHTWATCHERS REIMAGINED! GET GUIDANCE** and in-person motivation from members, trained guides and wellness coaches who are on the same path. Workshop every Tuesday evening at 6:30 P.M. at the Cedar City Aquatic Center, 2090 W. Royal Hunte Drive. Call or Text for more information (702) 832-0555.

**CEDAR CITY ROTARY CLUB WEEKLY MEETING. FOR MORE** information call (435) 865-7637.

**IMMUNIZATIONS/WIC/VITAL RECORDS, 1 TO 5:30 P.M.,** Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

**RAPE AND SEXUAL ASSAULT SUPPORT GROUP, 6 TO 7:30** p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

**COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400** South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

**AL-ANON "EASY DOES IT," 7 TO 8 P.M., COMMUNITY** Presbyterian Church, 2279 N. Wedgewood Lane, Cedar City, for more information call (435) 531-1045.

**AL-ANON, 7 TO 8 P.M., PAROWAN SENIOR CENTER** ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK (KKCB upstairs).

**ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP,** noon, Cedar Bowling Center, 421 E. Highway 91, Cedar City.

**ALCOHOLICS ANONYMOUS, NOON SPEAKING FROM THE** Heart AA, 6 p.m. AA Misfits and 8 p.m. AA Cedar Group, 203 E. Cabo Creek, Cedar City. For information call (877) 865-5890.

**WATER AEROBICS CLASS, 9 A.M., SUU POOL. FUN, UP-** tempo workout to current pop hits. The class is medium to high intensity and includes full body toning. Can be modified to any fitness level. People with arthritis or knee, hip or back injuries are encouraged to participate. Cost is \$3/class. Call Allison at 435-327-2091 for more info.

**CEDAR CITY COMMUNITY CLINIC, 10 A.M. TO 7 P.M., CALL** 865-1387 for an appointment. The clinic accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

**LION'S CLUB – NOON – THE HAPPY FACTORY (895 N 2175** W) – We are going to be painting toys for children - For more information on any of our events, meeting locations, and to become a member, please contact Burton Nichols (e-mail: burtonnichols@gmail.com or call 435-531-6529)

## WEDNESDAY, APRIL 17

**CEDAR CITY COUNCIL – 5:30 P.M., CITY HALL. 10 N MAIN** Street. (435) 586-2950

**ENOCH CITY COUNCIL – 6 P.M., CITY OFFICES. 900 E** Midvalley Rd. (435) 586-1119

**THE WELLNESS PLACE – ESSENTIAL OILS FOR** Emotional Health, 6:00 p.m., 583 S Main Suite #5, Cedar City, UT. Phone: 435-592-5308, (FB – Sheila Summerhays Wellness)

**WW - WEIGHTWATCHERS REIMAGINED! GET GUIDANCE** and in-person motivation from members, trained guides and wellness coaches who are on the same path. Workshop every Wednesday at 9:30 am at the Cedar City Aquatic Center, 2090 W. Royal Hunte Drive. Call or Text for more information (702) 832-0555.

**TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK** Women's Crisis Center, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

**IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 A.M. TO** 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

**FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30** a.m. to 1 p.m., located at 2569 Freeway Drive between Rally Stop and the Travelodge. Rides available at no charge, leaving the Main Street Pavilion by the library at 11:30 a.m. and returning to same location after the meal. Look for the Sunrise Christian Fellowship van.

**COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400** South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

**BAND: COLOR COUNTRY WINDS, CALL DEBBIE AT 435-** 559-9609 for time and location. Come brush up on your band skills to share with the community.

**TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, LOSE** weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park. For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

**DOMESTIC VIOLENCE SUPPORT GROUP, 6 TO 7:30 P.M.,** for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

**ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK** (KKCB upstairs).

**ALCOHOLICS ANONYMOUS, 6 P.M. AA MISFITS, 203 E.** Cabo Creek, Cedar City. For information call (877) 865-5890.

**AL-ANON (NEW BEGINNINGS) WOMEN'S BOOK STUDY** meeting. 6:30-7:30 p.m., 203 E. Cobble Creek Drive, Cedar City.

**NARCOTICS ANONYMOUS JUST FOR TODAY, 8 P.M.,** KKCB, 203 E. Cobble Creek, Cedar City. For information call (877) 865-5890 or (435) 635-9603.

**HEY CEDARS SQUARE DANCE CLASS, 6:30 P.M., CEDAR** City Senior Center. Info from Pat at 435-531-6811 or Ralph at 435-669-4867.

**CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M.,** call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

**AMERICAN LEGION AUXILLIARY MEETING, 6 P.M.,** Cedar City Library in the Park, American Legion Conference Room. Info from Georgia Johnson 435-704-6654

Five Co Assoc of Governments  
Community Action

invites YOU  
to  
**STAND UP  
SPEAK OUT**

**Community Needs Forum**

Know of needs in: housing, transportation, income management, employment/family supports, education, health, nutrition, &/or emergency services

**Wednesday April 10, 2019**  
**@ 585 North Main, Cedar City ,UT**  
**@ 6:00 p.m.**

For more information, call Community Action at  
435-674-5757  
www.fivecountycap.org

# CONGRATULATIONS LOCAL

## CEDAR HIGH SCHOOL



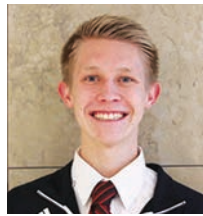
**CAMILLE WHITTAKER**  
Music



**CLAIRE ALLEN**  
Social Science



**COLLINS CLARK**  
Agricultural Science



**DAVID BENJAMIN GRAY**  
English



**ELIZA ALLEN**  
General Scholarship  
Runner up



**ELIZABETH WALL**  
Family and Consumer Sciences  
Runner up



**KADEN YARDLEY**  
Computer Technology



**KENNEDY NIELSEN**  
Dance



**KRISTYN SELDEN**  
Business and Marketing



**LEON ANDREAS WEINGARTNER**  
Mathematics  
Runner up



**LONDON RICHARDS**  
World Languages



**MAKATY THORLEY**  
Skilled and Technical Sciences Education



**ROSEMARIE URBANEK**  
Science



**SAMANTHA NAKKEN**  
Speech Drama



**SIERRA NEWBOLD**  
Visual Arts

## CANYON VIEW HIGH SCHOOL



**BENJAMIN BLAKE**  
English



**JAMIE LYNN ASHWORTH**  
Music



**JESSICA ROSE SAHAGUN**  
Dance



**JORDAN WADE SLADE**  
Computer Technology  
Runner up



**KENNA N. JOHNSON**  
Social Science



**NATALIE PIERCE**  
Speech Drama  
Runner up



**NOAH JONES**  
Skilled and Technical Sciences Education



**PAYDEN DALTON**  
Mathematics



**WYTNEY CHAE LARSON**  
Agricultural Science  
Runner up



**SHELBY LEE MCINTOSH**  
Visual Arts



**RYAN WALTON**  
Science

## ESCALANTE HIGH SCHOOL



**ALISSA MARIE CATMULL**  
English



**LILLY ELIZABETH STEED**  
Social Science



**MEGAN WHITE**  
General Scholarship



**TALLIN A WHETTEN**  
Speech Drama

## MILFORD HIGH SCHOOL



**AYLINE VEGA**  
Science



**BRIXTON WINTCH**  
Agricultural Science



**CHACOY WOOD**  
Visual Arts



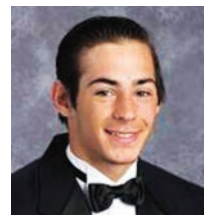
**EMILY REYNOLDS**  
Music



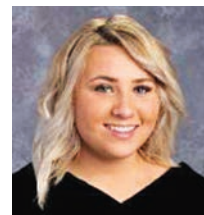
**LOREN COX**  
English



**MARIA ITZEL PEREZ PADILLA**  
World Languages



**PAXTON HENRIE**  
Mathematics



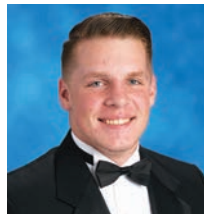
**SUNNY WISEMAN**  
Family and Consumer Sciences

# 2019 STERLING SCHOLARS

## PAROWAN HIGH SCHOOL



**CHAUNCY WILSON**  
Computer  
Technology



**DANIEL HORTON**  
Mathematics



**EMILY JOELLE GURR**  
Visual Arts



**EMILY JOHNSON**  
Social Science



**EMMY ORTON**  
Science



**MATTHEW BENSON**  
General Scholarship

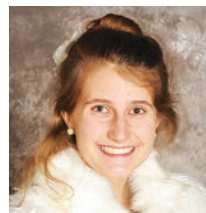


**SKYLEE MELLING**  
Music

## ENTERPRISE HIGH SCHOOL



**ASHTON MELAINA BUNDY**  
Dance



**CASSADY A.N. JENSEN**  
Speech Drama



**EMILY DUNFORD**  
Music



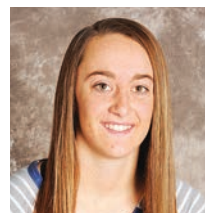
**HUNTER FOWLER**  
Mathematics



**KAMRIN KOOPMANS**  
General Scholarship



**KANGIE BUNDY**  
Visual Arts



**KINDY CHRISTENSEN**  
Skilled & Technical  
Sciences Education



**LINDEE ANN GARDNER**  
Science



**RYAN HOLT**  
Business and  
Marketing  
Runner up



**SCOTT REAGAN REBER**  
Agricultural Science



**SHELBIE ANN FARNSWORTH**  
Family and  
Consumer Sciences



**TIMORIE PHELPS**  
English

## BEAVER HIGH SCHOOL



**AMANDA KARLEEN LEBARON**  
Business and  
Marketing



**ASHLYNN JO LIMB**  
Mathematics



**BRAILEE ROBINSON**  
Skilled and  
Technical Sciences  
Education



**BRODERICK ROBERT POLLMANN**  
Music



**MASON BARTLETT**  
Visual Arts



**RACHEL ANNE MCMASTER**  
World Languages



**TAVY GALE**  
English



**TAYLANN ALEXUS BROWN**  
Social Science



**DALYN MITCH DALTON**  
General Scholarship



**DANIELE JET WELDELT**  
Dance

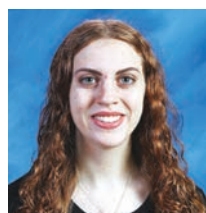


**EASTON BARNEY**  
Computer  
Technology



**JORDAN SHAY COLLINGS**  
Agricultural Science

## PANGUITCH HIGH SCHOOL



**ATHINA VASILIA KREMIDAS**  
General Scholarship



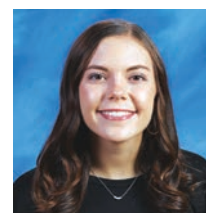
**JAYDE MARIE ROSE**  
English



**JESSICA FAY MUIRHEAD**  
Speech Drama



**KIMBER LYNNE FINCH**  
Mathematics



**MCCALL MARLENE TEBBS**  
Family and  
Consumer Sciences



**NAYVEE MICHELLE BURNINGHAM**  
Dance

## SCHOOLS

## ICSD News Nuggets

from Le Ann **WOOLSTENHULME**

IRON COUNTY SCHOOL DISTRICT

## East Elementary

East Elementary Kindergarten registration was a huge success thanks to the help of our many volunteers. We are so excited to get to know our newest East Eagles! If you didn't make it to our registration but have an incoming kindergarten student, please stop by the school with your child's birth certificate and immunization records to get registered.

It is the time of year when end-of-level testing is on the horizon for our 3rd -5th graders. Please help your children succeed by ensuring they are at school on time, well-rested, and with a healthy breakfast either at home or at school. Look for more information from your student's teacher. We hope you have a fun and safe Spring Break. Remember there is no school during the week of April 15-19.



**DILLON ROUNDY** gets his vision checked and **Oaklynn Jensen** shows off her cutting skills during Kindergarten Registration.

## Enoch Elementary

Damon Forsyth won the Utah Department of Water Resources Calendar Contest. The 4th grader from Mrs. Malinda Huntsman's class created a poster about the water we drink. He was awarded \$100 and the school received \$125. He will also be honored at a banquet in May, and his art work will be published in the department's calendar next year. Thank you to Mrs. Kirsten Anderson for working with the 4th graders during this contest!

Enoch Elementary hosted the district level 4th grade Sharp Minds Calculator Challenge on March 29. Congratulations to the winners!

State testing season has begun. 3rd through 5th grade will participate in the RISE testing to show their learning and skills. This is an exciting time of year! Enoch Elementary's testing tips are: Get plenty of sleep. Eat a full, healthy breakfast. Be here and on time. Celebrate your accomplishments!

Bike and Walk to school day will be on April 12. Students and children are encouraged to walk or ride a bike to school this day.

## South Elementary

This year at South Elementary we have been working hard to be safe, kind, and responsible. Each month a student is selected by each grade level K-5 as demonstrating these qualities. The winners receive a school shirt and have their group picture placed on a special board in the front hall. When you are at South please check out our Eagle Pride winners!



SOUTH ELEMENTARY'S Eagle Pride Board

## Three Peaks Elementary

Three Peaks Elementary presented Disney's Jungle Book KIDS on April 4 & 5 to a full house. This play was adapted from Disney's beloved animated film and the works of Rudyard Kipling. It featured a host of colorful characters and favorite songs from the movie. The "man cub" Mowgli, and his panther friend, Bagheera, bounded through

the jungle meeting a sinister snake named Kaa, a herd of elephants, and a giant bear named Baloo. In the end, Mowgli learns what it means to be human. The cast has been practicing since January on their lines, songs, and choreography. They all did a fantastic job! Thank you to all the parents who have supported this play in numerous ways; Tori, Calrson, Jenni Rock, Connie Sowards, Mindy Taylor, Lynn Hicken, Robin Gardiner, Bridget Ohms, Rachel Maloney, Summer Spicer, Valerie Wainwright and many others. Thanks also to the student directors, Ellyn Ohms and Rio LeFevre. And most of all, a giant thank you to the director, Karlene Young.



## North Elementary

Cedar North Elementary is pleased to announce that we are Utah's newest Platinum Level STEM (Science, Technology, Engineering, and Math) School! This is the highest level of STEM school designation that the state of Utah offers. In order to receive this award North Elementary was required to undergo an extensive application process that took two years to complete. Categories such as STEM integration across the curriculum, community outreach, assessments, teacher training, and innovative use of technology were all taken into account

as they considered our application. We are thrilled! We so appreciate our teachers and our staff for their hard work and dedication.

## Canyon View Middle

We are excited to announce the result of the SUU Science and Engineering Fair that was held March 28, 2019. There were 260 total projects entered into the Junior Fair. Of those 260, 30 projects were entered by CVMS students. 33 of these placed in their category. Our school won "Top Science School Award" for the 6th year in a row.

Students who participated worked on projects from August until March. They designed, experimented, read data and results, created posters and presented their projects to SUU students and faculty. If you see any of these students, please make sure to let them know how proud of them you are: Darby Sherick, Shelby Monteleone, Clara Call, Preston Haycock, Katie Merdes, McKinlee Urie, Emma Brooks, Julianne Porter, Christy Peterson, Taytum Stratton, Cambree Clegg, Andrew Barnes, Stephanie Dearden, Elsie Call, Hallie Carter, Ian Nielson, Payton McCabe, Greyson Hill, Luke Acevedo, Ellie Peterson, Cadence Johnson, Jake Hunter, Kaydence Lake, Tyler Lewis, Madison Hadley, Rylan Jacobs, Tracen Robertson, Kyler Roundy, Jase Whittaker, BJ Vargas, Addison Beckstrand, Kensie Wood, Sammy White, Chase Callison, Kayleah Madsen, Carson Miles, Michael Logan, Baylor Roundy, and Chanley Adams.

A BIG CONGRATULATIONS goes to Taytum Stratton as she was chosen as one of two 8th grade students to represent Iron County as the 8th grade observer at the "International Science and Engineering Fair." She will be attending the week-long competition hosted in Phoenix, Arizona, in May.



# SUU Pre-school

## NOW ENROLLING FOR THE FALL!

- Utah Early-childhood Licensed Teachers
- Early-childhood Utah Curriculum
- Morning Classes (five days a week)
- Afternoon Classes (four days a week)

For more information and registration please visit:  
[www.suu.edu/ed/preschool](http://www.suu.edu/ed/preschool)  
 Contact us at: 435-586-5471



SUU Pre-school | 123 South 300 West, Cedar City

## SCHOOLS

## Self-Worth Day



## The Rut LESS TRAVELED

by Corey **BAUMGARTNER**

IRON COUNTY TODAY

As the world turns on April 22nd, we will celebrate another Earth Day. How will you celebrate the day? Will you plant a tree? Recycle a water bottle, or walk to work? Whatever you do and are doing, thank you! The support of Earth Day has definitely grown since 1970, and rightfully so. The Earth is our home and we need to take care of its precious resources any way we can.

The Earth has another precious resource that needs protecting, maintaining and celebrating: YOU! When was the last time you celebrated your worth? When was the last time you took time to be thankful for the amazing person that you are? Have you forgotten the value of yourself? Maybe you've been too busy? I know life's not perfect, but like Earth Day, with celebration also comes a dedication to living a better life by investing in and preparing for the future and learning to enjoy the journey along the way. Take time today, right now, and celebrate you.

What else can you celebrate? Who and what are the most valuable people and resources in your life? Hopefully they include the people who uplift and celebrate having you in their lives. Do

you also celebrate them? Always remember that your life is also a valuable resource. Are you taking care of your most precious assets, especially those internally? Take some time and look for those things that will edify your mind, heart and self-worth and then get rid of those things that are polluting your emotional, physical and spiritual environments.

Unfortunately, we live in a world where one doesn't have to look far to see, or be affected and infected by pollutions and impurities. Too often, lives are turned into landfills with all the tempting trash and captivating poisons out there. It's hard to breathe sometimes with the emotional pollutants and immoral smog that smothers one's self-worth by blocking out the blue skies of self-confidence and the sunshine of happiness.

If anything is contaminating your self-worth, or suffocating your happiness, get rid of it before it steals the oxygen from your joy and pollutes your peace. Is your atmosphere full of fear? Maybe the lakes and streams of your heart and soul have become full of the toxic waste of doubt, discouragement,

see **THE RUT** » 19

# South Central Communications donates \$1,500 to Iron County Schools

by Ebbi **HAFEN**

FOR IRON COUNTY TODAY

**KANAB, UTAH** – The South Central Communications (SCC) “Go Gig for Schools” Tour recently awarded a \$1,500 donation to Iron County schools. This SCC 1 Gig promotion is benefiting over 30 schools across all of SCC’s coverage area and these donations were only made possible by charitable SCC customers.

SCC began developing their fiber optic network and delivering 1 Gig Internet

support our local schools. CEO Michael East summed up SCC’s inspirations for the program, “South Central Communications is committed to providing a superior service to all of our communities and being able to partner with local customers to benefit our children is icing on the cake.”

The “Go Gig for Schools” promotion raised over \$30,000 across all of SCC’s coverage area, of which, SCC is proud to say \$1,500 was distributed between local schools within Iron County.

Enoch Elementary Principal Daniel Ekker is pleased to report that they were able to purchase hands-on math and science tools for their classrooms, to help students visualize and apply new skills and concepts. He also stated, “We love that the community is aware and willing to help our students learn and giving us the help we need to make that happen.”

Principal Allison Drake of Beryl Elementary is also thankful for the community partnership aspect. She went



COURTESY OF SOUTH CENTRAL COMMUNICATIONS

**(L TO R)** SCC Board Member Craig Laub, Iron County Elementary School Principals, Allison Drake, (Escalante), Michelle Jones, (Fiddlers) Dan Ekker (Enoch Elementary), Trevor Heaton (Parowan Elementary) Iron County Superintendent Mrs. Shannon Dulaney, SCC Public Relations Coordinator Ebbi Hafen

speeds to their service areas in 2015. Gigabit Internet not only delivers a home-internet experience capable of many video streams simultaneously, but this new technology also provides opportunities in new job sectors, advanced educational tools, and tele-health capabilities.

This past Fall, SCC introduced a new promotion to customers upgrading to ultra-fast 1 Gig Internet, where they had the opportunity to designate a \$100 donation to the public K-12 school of their choice. Many generous SCC customers chose to “pay it forward” and

According to Principal Roy Mathews of Parowan High School and Principal Trevor Heaton of Parowan Elementary, both will be putting the money into the schools Cool 2 Care program which recognizes students for being True R.A.M.S.... Respectful, Accountable, Makes a difference, and Serves others. “Recognizing our students for the things they do well has had a positive effect on our school culture. This money will go to deserving students and help support a system that makes a difference in students’ lives,” explains Mr. Mathews.

on to say, “This is a great asset to our schools and communities...to receive additional funding to assist with the education of our students.”

Given the overwhelming success of the “Go Gig for Schools” promotion and the harmony with SCC’s mission of improving their communities, you can expect to see SCC run this promotion again in 2019. They look forward to expanding the fiber optic network and 1 Gig offering in the coming year and are excited about the opportunity to offer this promotion to even more communities during this upcoming school year.

## SCHOOLS

# SUU Festival of Excellence celebrates scholarly work

by Kelsey **KEENER**

IRON COUNTY TODAY

Southern Utah University's annual Festival of Excellence, designed to celebrate the creative and academic work of students, faculty and staff, took place last week with more than 200 projects presented and displayed.

Provost Brad Cook welcomed guests to the Festival and offered opening remarks before awards and the keynote speech were given.

"(The Festival) is an exercise in consciousness expansion," he said. "Education is about expanding our current lens to something clearer so that we see the world in all of its vibrancy, in all of its color, in all of its complexity. ... Sometimes we're just so goal-driven that we miss the very reason we're here ... I challenge you today, that as you sit and participate or be part of this, that you are present with the information that's being presented and let the scales fall off your eyes

so that tomorrow you see the world in greater detail and more beauty."

The awards for Distinguished Students and Mentors were also announced, recognizing exemplary work and support.

This year's Distinguished Students were: Billy Clouse, Monica Lee, Kaylee Prunty, Dustin Pullman, Evan Miller, Hailee Eckman, Rylie Miller, Tyler Haroldsen, McKalya Heaton, Torri Sageman, Mariah Clayson, Nicholas Bastian, Zulma Alvarez, Mary Glenn, Laura Aston, Garrett Ruesch and Andrew Lloyd.

This year's Distinguished Mentors were: Clint Broadbent, Grant Corser, Michael Crotty, Emily Dean, Jacob Dean, Lance Forshee, David Maxwell and Lisa Quoresimo.

A new award, the Distinguished Departmental Mentor Award, was also

given to the Department of Theatre and Arts.

The Festival's keynote speaker was Paul Zak, who discussed his work discovering a hormone that encourages trust and also how he helps companies and organizations develop high-trust work environments.

Zak said he discovered that oxytocin is a key hormone that allows humans to trust strangers and motivates people to work on another's behalf. By thinking of trust as a set of behaviors, he wanted to discover where those behaviors come from and if they are universal. When companies and organizations began to discover his work, he was asked about how to increase trust within their work environments.

Zak reported that there are eight components to building a high-trust culture, which he discovered through his research and experimentation. Each building block of trust forms an acronym for Oxytocin. Ovation; eXpectation; Yield;

Transfer; Openness; Caring; Invest; and being Natural.

After explaining how these factors create work together to create trust and increase joy, Zak provided a template for implementing "culture interventions" within organizations to increase trust. He also suggested ways to start with small changes, then concluded by saying human beings need to be put first.

"All of this works for what I call the triple bottom line: this is great for people in organizations, for employees, for volunteers and it's great for the organizations themselves – they perform better – and it strengthens communities. If we put human beings first, then we can reach both great levels of joy at work and also high performance in our lives."



COREY BAUMGARTNER

PAUL ZAK

# Utah Legislature Approves 3-Year Bachelor Degree Program at SUU

by Rachelle **HUGHES**

FOR IRON COUNTY TODAY

**CEDAR CITY,** — Southern Utah University is excited to announce that Governor Gary Herbert and the Utah State Legislature have approved and funded a three-year bachelor's degree pilot program. SUU received \$3.8 million ongoing funding for the project and will be ready to launch the program in January 2020.

"The legislature has been working with our higher

to accelerate the traditional undergraduate process and enter the workforce earlier while still gaining the professional hands-on experiences needed for the job market. SUU administration, faculty and staff members are reviewing the current academic model and will make significant adjustments to ensure student success.

"SUU has earned a strong reputation in Utah for being an innovative university and has gained the trust of policy makers,"



COURTESY OF SUU

education institutions to find innovative ways to allow students the opportunity to finish their education in a timelier manner, thus allowing them to enter the workforce sooner," said Senator Evan Vickers. "Southern Utah University's three-year bachelor degree program certainly fits that criteria. We have great confidence in SUU, as well as their President, his leadership team, faculty and staff. We are eagerly anticipating the outcome and success of this program and hope to be able to replicate it in other state institutions."

The three-year degree is an optional program for students

said SUU President Scott L. Wyatt. "This initiative is a significant investment in SUU and our success in developing this program will benefit our students, community, and employees, and may pave the way for other schools to follow our lead."

The three-year degree program will reduce barriers to graduation making it easier for a student to save time and money. The program will include an adjustment to SUU's academic calendar to accommodate three full semesters, plus a reasonable summer break. New structural changes will also include robust online offerings and summer classes.

# SUU students win state-wide marketing competition

by Kelsey **KEENER**

IRON COUNTY TODAY

A team of four Southern Utah University students won a competition put together by the State Nutrition Action Coalition to encourage Utahans to develop healthy eating habits.

The SNAC designed the state-wide marketing competition and participants were tasked with using the results of a Utah Health Values Study to create a marketing campaign that used three mediums and addressed the problem of obesity in Utah. The specific focus of the campaign was encouraging adults to eat more fruits and vegetables.

SUU students McKayla Heaton, Naomi Beatty, Taylor Pulver and Kylee Wharton won the competition with the campaign they designed.

Heaton, a human nutrition major, discovered the competition while attending the Utah Higher Education Food Summit and was motivated to create a team and compete through her passion for nutrition.

"I really love it and I feel like it's something that's applicable to everybody," she said. "Hearing about the competition, I just thought 'wow that sounds so cool, to be able to help people feel motivated and happy about making changes' because that's really what I want to do in my profession -- is help people feel good about making these positive changes nutritionally."

After surveying more than 1,000 Utah residents, the values study discovered that Utahans are motivated to be healthy and achieve a high quality of life but have a tendency to underestimate their weight and overestimate their ability to make good choices about their overall health. Heaton said learning about the results of the values study was an enriching experience for her as well.

"All of our marketing was geared toward the values study they had done," Heaton said. "So it was interesting for me to see what people look

for when they are wanting to make lifestyle changes. They like words such as fresh or good living or they positive messages ... That was really impactful, just being able to look at that study and apply it to the competition."

Nikki Lake, Program Coordinator for Get Healthy Utah (a member of SNAC), said the student-gear competition was a way to allow students to develop their talents and get the word out about the values study.

"Students are a valuable resource," Lake said. "We were excited that students from SUU entered and did such a good job. We are

always looking for ways to work with Utahns from Southern Utah and rural areas and to have them be included in our work."

Heaton added that a SUU team winning the competition helps show that the university is competitive.

"Just because we're known as a smaller university doesn't mean we can't make a big impact," Heaton said. "It doesn't mean that we are any less motivated or less adept than any other university in Utah because we are learning a lot of great skills."



## GATEWAY PREPARATORY ACADEMY IS NOW ENROLLING STUDENTS FOR THE 2019-20 SCHOOL YEAR.

Gateway is the only elementary charter school in Iron county and offers a premiere, individualized education for all students utilizing a Montessori curriculum that focuses on individual growth and hands on learning.

Students at Gateway have access to technology daily and in addition to the Montessori curriculum use a variety of web based programs that prepare them for life and work after school.

All students at Gateway have access to enriching programs in the arts and are able to perform in one of our 6 performing groups in a professional setting in as early as 4th grade!

As the only accredited elementary program in Iron County, teachers and staff at Gateway pride themselves on knowing each of our students individual needs. This helps us as we challenge them academically while providing enriching experiences and opportunities for service that will last a lifetime. We would love the opportunity to get to know your student; please feel free to contact the office for more information and a tour.

Phone: 435.867.5558 • Email: [info@gpacharter.org](mailto:info@gpacharter.org)

- TUITION FREE public charter school
- Individual instruction using the Montessori method
- Performing arts for students grades 4th and up
- Full day kindergarten for eligible students
- Technology programs for all students, including programming and 3D printing.



## THE RUT

« CONTINUED FROM PAGE 17

and regret? Find the sources and shut them off. Get your waters rolling again and wash any impurities away.

How can we also turn our landfills of life back into gardens? Don't just stop and smell the roses, plant some along the way. Only together can we truly get rid of the rotten and replant, rebuild and restore the beauty we've been missing in our lives and also help others to restore their self-worth and joy again. After all, we're not just on this planet together, we're in this life together. If we will make time to sustain and maintain ourselves, our friendships and relationships; this world, along with our homes and hearts, will be full of worth and worth celebrating every day!



(L TO R) Mary Gillespie, Alexandra Ball, Aliene Overly, Tiffanie Matthews, Jane Garrett

COURTESY DAUGHTERS OF THE AMERICAN REVOLUTION

## Local DAR elects new officers

by Miriam **KEENER**

FOR IRON COUNTY TODAY

The Cedar City Bald Eagle Chapter of the National Society Daughters of the American Revolution recently elected new officers. Alexandra Ball replaced recently deceased Jane Comp as Regent. Other officers are Jane Garrett, Vice-Regent, Mary Gillespie, Treasurer, Aliene Overly, Recording Secretary, and Tiffanie Matthews, Registrar.

The purpose of the organization is to "promote historic preservation, education, and patriotism" at the local, state, and national levels. In keeping with these goals, the local chapter plans activities to assist with historical preservation and education, as well as support of local veterans.

The national organization was founded in 1890 and was incorporated by an Act of Congress in 1896. The Bald Eagle chapter was founded in 1993. To become a member, a woman must be 18 years of age and able to "prove lineal descent from a patriot of the American Revolution." If you think you can prove this heritage, please contact Alexandra Ball, [ajssball@aol.com](mailto:ajssball@aol.com) or Tiffanie Matthews, [tiffaniamatthews@yahoo.com](mailto:tiffaniamatthews@yahoo.com).

## FAITH

# COME FOLLOW ME



## GOD'S Porch

by Corey **BAUMGARTNER**

IRON COUNTY TODAY

(MATTHEW 4:18-25)

**D**o you remember when Jesus began calling his Twelve Apostles? Jesus had just been tested in the wilderness by the devil, who he defeated soundly, and now it was time to continue his mortal ministry more fully. He knew He would need assistance and began his search for the apostles.

The very first people he extended this divine invitation to were fishermen. In those days, fishing was probably one of the most humble occupations. After all, they didn't have much to boast of except knowing how to work hard catching fish, or sometimes not catching any or enough. Thus, they surely knew what it felt like to be hungry. Who better to teach the Gospel of Jesus Christ, with understanding and compassion, to a starving world?

Whenever Jesus has issued the invitation for others to follow Him, biblically and today, accompanying the charge is often the challenge to give up everything in their old lives, to gain a new and better life. It's important to also note that when these devoted disciples accepted his invitation, several translations indicate that they did so straightway, at once and immediately. Do we have that kind of courage and commitment to follow Jesus today?

Because that same invitation to "come follow me" is extended to each of us. Thus, we must make daily choices, in all that we do and say, to follow and to become like Him. For if our following does not lead to our becoming, eventually we will grow tired, bored and return to our comfortable, predictable nets. What nets do you need to leave behind so you can receive greater blessings from becoming a loving disciple not just a dutiful doppelganger of Christ?

No, it's not easy following Jesus. He doesn't always take the convenient path. He dines with the downtrodden, prays with prostitutes and seeks out the sick and afflicted to heal and comfort them. To follow Him means to not only to go where He goes but to do what He does. We can offer comfort to the sad, food and clothing to the needy, hope for the hurting, light to those in darkness and love to the unloved.

We have to have faith like those first fisherman, who gave up something good for something

greater. If we are willing and believing, then let us be leaving behind our nets and accept His invitation. May we let go of them to grab the outstretched hand of the Lord with one hand and then reach out with the other hand to help another who needs help becoming untangled from their own nets.

Perhaps today, even right now, it's time to leave behind your old tangled life and find a new life in and through following and becoming like Jesus Christ. It's time to leave your nets of regrets, doubts, sins and sorrows behind. As you do the Lord will replace them with grace and mercy and you will have more joy and peace in your life than ten thousand nets could ever hold.



BIBLESTUDYTOOLS.COM

## Easter is Coming...

Pre-Order Your Lamb by April 12th  
& Pick-Up on April 20th

**LEG OF LAMB**  
(average weight 6 lbs) **\$15/lb**

**LAMB CHOPS**  
(average weight 1 lb -  
4 chops/package) **\$16/lb**

**WHOLE LAMB**  
(includes purchase price, slaughter  
fees, & cut/wrap) **\$300 each**

**D9 Custom Cuts, LLC**



Every Saturday 10am-2pm  
Inside IFA • 905 S. Main, Cedar

[f /D9-Custom-Cuts-452585254828399/](https://www.facebook.com/D9-Custom-Cuts-452585254828399/)

M-F 9am-3pm • 240 N 200 E • Paragonah, UT • 435-463-3735

## OBITUARIES

### Wilhelm Oor



Wilhelm (Bill) Oor passed away unexpectedly on March 27, 2019. He was born March 24, 1950, in Surabaya, Indonesia. He is survived by his wife and life partner, Patricia Wieand and two sons, Michael (Heidi) and James. Bill and Pat were married on Thanksgiving Day 1972, in Pasadena, California.

Bill loved living in Utah. He loved the great outdoors with a passion for camping, hunting and off-roading (rock crawling). He also loved to eat. One of his favorite places was the American Diner, where the staff always made him feel special and treated him like family.

Bill made friends easily, talking to anyone and everyone he met. He loved sharing his vast knowledge of firearms on his frequent visits to C-A-L Ranch, Sportsman's Warehouse (where he was known as Willy) and Beaver Sport.

He lived most of his life in Southern California, where he felt honored to ride his beloved Harley with The American Legion Riders. He retired in 2012 after 22 years with Pyro-Comm Systems, settling in Enoch to be closer to family, including Benny Koehl whom he thought of as a brother.

In addition to his wife and sons, he is survived by his sister, Lorna Mackun and brother-in-law Ed Mackun, brother Hans (Peggy), nephew Frank Tanner (Anna) and many cousins as well as his 3 sisters-in-law, Fredda (Chick), Kay, Shirley (Jim), nephews, nieces and several lifelong friends, especially Roy Van Westbroek whom he also considered a brother.

Bill was preceded in death by his parents, Harry and Charlotte Oor, sister Margaret Oor and nephew Chris Tanner.

Bill lived everyday by his motto; GOD, FAMILY and COUNTRY!

There will be a Celebration of Life on Saturday, April 20th from 2pm-6pm at the Cross Hollow Stake Center, 2610 Cody Drive, Cedar City, Utah. (Just south of the Diamond Z Arena)

### Ronald Lee Wheeler



Ronald Lee Wheeler, age 81, passed away peacefully at home in Cedar City, Utah, on April 1, 2019, surrounded by his surviving children.

Ron was born on June 12, 1937, in Gallup, New Mexico, to Francis and Minnie (Lamb) Wheeler. He was the youngest and last surviving sibling of 6 children.

Ron married Karen Rose in 1959, and together they had 5 children. In 1975 he moved his family from Southern California to Cedar City, Utah. He was an incredible carpenter and brought many of his talents as a General Contractor to Utah. He was gifted with a beautiful singing voice and he was an avid rock collector and loved being in the outdoors, which included hunting, camping, and fishing. He coached Little League Baseball and also taught his children to be leaders and the value of hard work.

Ron was preceded in death by his two sons Joey and Jeffrey Wheeler. He is survived by his sons Jon (Toni); and Jeremy Wheeler; daughter Jill Peterson (Randy); and former wife

Karen Rose Fullmer. He will be missed by 6 grandchildren and 6 great grandchildren, special niece and lifelong best friend Glenda (Ingraham) Grimshaw, and many other relatives and friends.

Ron requested a small gathering of family and friends for a graveside service in celebration of his life which will be held at a later date.

The family wishes to thank the hospital staff from Valley View Medical Center, and the exceptional care of the Hospice team at Intermountain Homecare and Hospice.

Online condolences can be sent to: [affordablefuneralservices.com](http://affordablefuneralservices.com)

### Donald Haycock



Donald Mitchell Haycock, 83, passed away March 28, 2019, in Albany, Ore., from secondary effects related to Dementia. Donald exemplified generosity, hard work, excellence, charity, patience, and kindness. Born August 16, 1935, in Parowan, Utah, to Benson and Alice Haycock, he married Ruthell Lamoreaux, his wife of 56 years, in 1955, in the St. George Temple.

Donald and Ruthell spent 22 years in Lander, Wyo., where they raised their four children. Donald worked as

draftsman for US Steel. He served his family and the community in many ways. He was a Boy Scout leader and scoutmaster for many years earning the Silver Beaver award for Scouters with exceptional character who have provided distinguished service. Donald served in both the Utah and Wyoming National Guards for 20 years and retired as a Command Sergeant Major. Always putting others first, he served in numerous callings in the Church of Jesus Christ of Latter-day Saints including extensive leadership and teaching roles. He loved the outdoors and was an avid hunter and fisherman.

In 1984, Donald and Ruthell moved to Vernal, Utah, then to Rangely, Colo., where he continued to serve, teach and started his own drafting business. While in Rangely he served as Bishop of the local ward for 5 years and was constantly dedicating his time to serving the members of the congregation.

In 1999, the Haycocks left to serve a two-year CES mission in New Zealand. Institute attendance doubled under their loving care. Upon return, they made their home in Orem, Utah, and completed a service calling with FARMS. As Ruthell's health began to fail, they moved to Oregon to live with daughter Tracy and family. Ruthell passed away in January of 2012 from secondary effects of Alzheimer's. Donald continued to live with daughter Tracy and family as his health declined.

Donald is survived by his children; Tracy Crook, Michelle Taylor, Drs. Darryl and David and spouses; 16 grandchildren and 25 great-grandchildren; and sisters Helen and Colleen, and brothers Larry and Thomas. He was preceded in death by his wife, Ruthell, his parents, sister Sandra, and brother Scott.

McHenry's Funeral Home is handling the arrangements. A memorial service will be held Saturday, May 18th, at the Church of Jesus Christ of Latter-day Saints in Parowan, Utah, with burial to follow in the Parowan Cemetery. Condolences can be sent to Tracy Crook, 2010 Chase Loop SW, Albany, OR 97321.

### Bobby Verl Stevens



Bobby Verl Stevens, age 76, passed away on March 30, 2019, at his home in Cedar City, Utah. He was born on December 24, 1942, in San Diego, California, to Clayton Roy and Roberta Claire Slager Stevens.

Bobby was stationed in San Diego with the U.S. Navy where he retired in 1979. He then became the water operations manager for Meadows Ranch Water Company for 27 years. Bobby enjoyed fishing, hunting, and basically visiting with anyone.

He is survived by his wife Rhonda Tidwell who he married in 2018. His son; Bobby Joe (Marina) Stevens of Killteen, Texas, and grandchildren; Dustin Stevens, Kristina Dmytrenko, Antonia Stevens, Deven Stevens and Daniel Stevens. Step children, Arron Bell and Noah Bell. His brother Richard Stevens of North Carolina, and sister Sharon Hayes of California. Along with 3 great grandchildren.

He is preceded in death by his parents Clayton and Roberta Stevens and brother Neil Stevens.

A Memorial Service was held with Military Honors last Thursday, April 4, 2019, at 6:00 pm at the Meadow Ranch Chapel located on 800 South Laurie Lane, Cedar City, Utah. Arrangements were under the direction of Southern Utah Mortuary. Online condolences can be sent at [www.sumortuary.com](http://www.sumortuary.com).

### Norma Jean Knight DeMille



Norma Jean Knight DeMille, 83, of Cedar City, Utah, peacefully returned to her Heavenly home on Saturday, March 30, 2019.

She was born in 1936 to Royce Kinsman and Wanda Fenn Knight in Cedar City, Utah. As a child, she lived at the Cedar City Airport managed by her parents, and later by her father and step-mother Dora Lund Knight.

Norma is a member of the Church of Jesus Christ of Latter-day Saints. Norma married her

high school sweetheart Forrest DeMille August 15, 1953, and they were later sealed in the St. George Temple.

They raised their four sons, Stephen, Brent, Gary, and Ron, initially in Cedar City and then in Las Vegas, NV, soon after Ron was born. They raised their family in Las Vegas and lived there until Forrest and Norma retired, at which time they returned to Cedar City, the city they loved. Forrest built them a beautiful red brick home on a two-acre parcel in Enoch, Utah. Soon after the house was finished, Forrest passed away from cancer.

Norma managed the two-acre parcel in Enoch for several years. Family and neighbors remember her regularly riding her "Putt-Putt", a riding lawnmower, as she strived to keep up with the landscaping, mowing and planting trees. In 2000 - 2001 Norma served a senior mission in West Virginia.

She lived her life quietly serving others and was very careful to not interfere with the decisions and responsibilities her grown children had in raising their children.

A few years after her mission, she moved to the Cedar City Three Fountains condominiums where she lived until her passing. Norma was very independent and content with her dog Kacie, and loved to have family come to visit. Norma's greatest joy was her family. The night prior to her passing, she learned that she was now a great, great grandmother.

Norma was preceded in death by her parents and siblings, husband Forrest, and a granddaughter Natalie.

Norma is survived by her step-mother Dora Knight, her four son's and their spouses, Stephen (Janeen), Brent (Colleen), Gary (Linda), Ron (Alicia), 19 grandchildren, 29 great grandchildren, and 1 great-great granddaughter.

Funeral services will be on Friday, April 5, at 11:00 AM in the Cedar West Stake Center of the Church of Jesus Christ of Latter-day Saints, located at 725 South 1100 West, Cedar City, UT. There will be a viewing prior to the service from 9:30 - 10:30 AM and a viewing Thursday evening from 6:00 - 7:30 PM at Southern Utah Mortuary (190 N 300 W, Cedar City). Interment will be in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent at [www.sumortuary.com](http://www.sumortuary.com).

## Submitting an obituary...

There is no charge for obituaries of 400 words or less. Submissions can be made online at [ironcountytoday.com](http://ironcountytoday.com), or emailed to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or brought to 389 N 100 W, #12, Cedar City, Utah 84721. A single submission may include up to two photos. The deadline for submission is Monday at noon. For pricing information for obituaries longer than 400 words, please call 435-867-1865 ext. 5.

SCORES & RECAPS  
FROM COMPETITION  
IN IRON COUNTY

# Sports

## REDMEN TAKE 2 FROM FALCONS, CRAWL BACK IN REGION 9 RACE

by Tom ZULEWSKI

IRON COUNTY TODAY

When it comes to finding offense on the baseball diamond, runs can score in unexpected ways. The Cedar Redmen turned two productive outs into two key runs that helped beat their crosstown rival.

Teague Speakman hit a sacrifice fly in the top of the sixth inning to break a tie, and Tyler Robinson added a groundout to plate an insurance run as Cedar rallied from an early 3-0 hole to beat Canyon View, 5-3, on April 2 in the first of a two-game series played on a cool, windy day.

Cedar earned its second win in Region 9 play with a complete-game effort on the mound from pitcher Tanner Eyre. The senior survived a shaky first inning and allowed just two hits — both coming in the fourth inning — the rest of the way.

“Tanner battled through that rough spot and was locked in over the final three innings,” Cedar head coach Eric Fieldsted said. “In Region 9, every win matters, whether you played well or poorly the day before.”

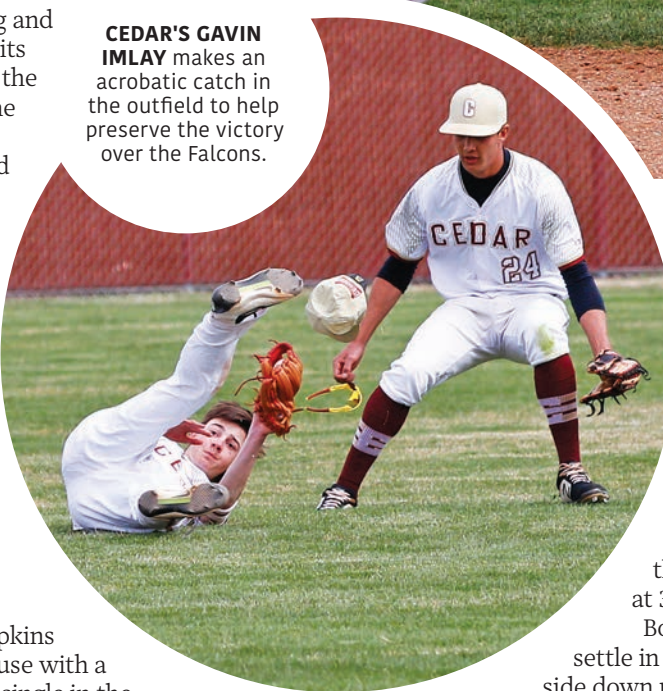
Canyon View starter Carson Hopkins helped his own cause with a two-out, two-run single in the opening inning and an error on a throw to the plate allowed a third run to score for a 3-0 lead. While the Falcon bats went quiet after that, it didn't



# Series Sweep

**CEDAR'S TANNER EYRE** races to first base to beat the ball to the bag.

**CEDAR'S GAVIN IMLAY** makes an acrobatic catch in the outfield to help preserve the victory over the Falcons.



PHOTOS BY COREY BAUMGARTNER


Speakman opened the inning with walks and a balk allowed a run to score. Kolby White added an RBI single, and he came around later in the inning on Tanner Esplin's run-scoring single that tied the game at 3-3.

Both pitchers would settle in and shut the other side down until the sixth.

McCrae Spencer and Andre Castaneda led off the inning with singles and Brunson drew a walk to load the bases before Speakman's productive out

take long for Cedar to answer as they tied the game in the top of the second.

Trevor Brunson and

	Cedar
	<b>5</b>
	Team
	<b>3</b>

broke the tie. Eyre would do the rest, allowing only five hits and striking out four.

The series finale had a similar ending April 5, and Speakman figured in the late-inning heroics again, reaching on an error that allowed two runs to score in the bottom of the fifth inning as the Redmen finished off the sweep with a 7-4 victory to even its region record at 3-3.

The game featured four early lead changes before Castaneda — who picked up the win on the mound — led

## Scoreboard

### SCORES

#### High School Baseball

4/2	Cedar 5, Canyon View 3 Dixie 3, Desert Hills 0 Snow Canyon 10, Pine View 0 Beaver 6, Enterprise 5 Milford 12, Kanab 11
4/5	Cedar 7, Canyon View 4 Desert Hills 3, Dixie 0 Pine View 15, Snow Canyon 10 Enterprise 5, Beaver 4 Kanab 9, Milford 1

#### High School Softball

4/2	Cedar 20, Canyon View 4 Desert Hills 7, Snow Canyon 6 Pine View 12, Dixie 1
4/4	Cedar 11, Desert Hills 8 Snow Canyon 11, Hurricane 0 Canyon View 10, Dixie 0

#### High School Boys Soccer

4/2	Canyon View 3, Pine View 1 Snow Canyon 2, Cedar 1 Desert Hills 3, Dixie 0
4/4	Desert Hills 8, Hurricane 0
4/5	Pine View 2, Cedar 0 Dixie 3, Snow Canyon 1

### STANDINGS

#### Region 9 Baseball

	REGION	OVERALL
Desert Hills	3-1	15-2
Dixie	3-1	11-2
Snow Canyon	3-3	12-6
Cedar	3-3	9-7
Pine View	3-3	8-6
Hurricane	2-2	7-6
Canyon View	1-5	5-9

#### Region 2A South Baseball

	REGION	OVERALL
Enterprise	3-1	10-4
Kanab	3-1	6-7
Milford	1-1	9-3
Beaver	1-3	8-3
Parowan	0-2	6-5

#### Region 9 Softball

	REGION	OVERALL
Cedar	5-0	13-2
Desert Hills	4-1	12-4
Canyon View	3-2	11-3
Snow Canyon	3-2	10-4
Pine View	2-3	4-5
Hurricane	1-4	8-5
Dixie	0-6	7-9

#### Region 9 Boys Soccer

	REGION	OVERALL
Desert Hills	6-1-0	9-2-1
Dixie	6-1-0	6-1-1
Snow Canyon	5-2-0	5-4-0
Pine View	3-4-0	4-6-0
Canyon View	2-4-1	4-5-1
Cedar	1-6-0	1-9-0
Hurricane	0-5-1	1-9-1

off the bottom of the third with a double and scored on a wild pitch to tie the score at 4-4.

The winning three-run

## High School Roundups

# Cedar softball explodes late, takes down Canyon View

by Tom ZULEWSKI

IRON COUNTY TODAY

It took a little longer than they may have liked, but the Cedar softball team knew that good hitting really can be contagious. Once the Lady Reds got started, the Canyon View Falcons were left far behind and wondering what hit them.

Denim Henkel and Brittnee Simcox belted home runs, and Cedar scored 16 runs over the final three innings to put away a 20-4 rout over Canyon View on April 2, for its 26th straight Region 9 victory. The Falcons were well within range at 4-1 heading to the fateful fifth before the Lady Reds put on turbo-charged hitting shoes while banging out 25 hits.

"They hung with us for a while, but we hit the crap out of the ball," Cedar head coach Chris Weaver said. "Jordan (Nielson) is a heck of a pitcher and I expect it will be a closer game the next time we play them."

Becca Boyer added five RBIs in the win for Cedar, while Japrix Weaver and winning pitcher Kenzie Waters had four hits apiece. Weaver and Henkel also drove in three runs.

In a showdown for first place April 4, the Lady Reds hit four



home runs and erased an early four-run deficit to rally for an 11-8 win over Desert Hills to move into the top spot at 5-0 in Region 9 play.

Cedar had a 3-1 lead after an inning, but the Thunder responded with four runs in the

second and two in the fourth to grab a 7-3 lead. After the Lady Reds got two runs back in the bottom of the inning, the Thunder added a run in the fifth to build an 8-5 lead.

It wouldn't last as Cedar put together a four-run fifth and two more in the sixth to seal the win. Kelsi Oldroyd homered twice while Henkel and Simcox also went deep. Henkel scored on a wild pitch to tie the game in the fifth and Waters singled to drive in the go-ahead run.

Canyon View followed up and rebounded in impressive fashion with a 10-0 shutout in six innings over Dixie on April 5, to improve to 3-2 in Region 9 and pull within a game of Desert Hills for second place. Jordan Nielson went the distance, allowing only two hits with three walks and six strikeouts.

The Falcons scored in every inning and put the game away with a two-run sixth. Nielson added three hits and drove in three runs.

# Falcons soccer gets key win over Panthers

by Tom ZULEWSKI

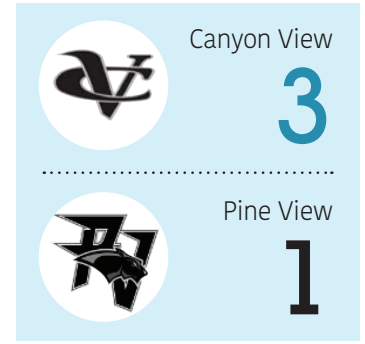
IRON COUNTY TODAY

Isaac Belknap scored twice as the Canyon View soccer team picked up an important Region 9 win with a 3-1 defeat over the Pine View Panthers on April 2. Hunter Talbot added the other goal as the Falcons moved ahead of Pine View into the No. 4 spot in the Region 9 standings with a 2-4-1 record.

It was the Falcons' only game of the week, and Pine View reclaimed the last playoff position after shutting out Cedar 2-0 on April 5. Austin Kogan and Rhett Taylor scored once in each half as the Panthers improved to 3-4-0 in Region 9 play.

The Redmen lost in its other game of the week, dropping a 2-1 decision on the road at Snow Canyon. Tito Garcia had the lone goal in the second half for the Redmen as they fell to 1-6-0 in region play.

Canyon View played Hurricane at home Tuesday while Cedar traveled to Dixie for its only game of this week.



THE CV JUNIOR TEAM won another state title, its 14th in a row.

TOM ZULEWSKI



INDIVIDUAL STATE CHAMPS Dane Lake, Gabe Lake, Trex Nicoll and Jaxten Bowler.

TOM ZULEWSKI

# Junior Falcon wrestlers claim another state crown

by Tom ZULEWSKI

IRON COUNTY TODAY

It's almost becoming a tradition in a way, but the Canyon View Junior Falcons wrestling program just keeps on winning state titles.

Led by individual wins from Dane Lake, Gabe Lake, Trex Nicoll and Jaxten Bowler, the CV junior team won its 14th straight state championship last month. Bowler also claimed a national championship for the 68-pound weight division in the meet held in Denver.

# Like father, like daughter

**B**rittany Force has a dad who knows what he's doing on a drag strip, as his 16 golden Wally NHRA Funny Car championship trophies can confirm. Just like John Force, his daughter can call herself an NHRA champion.

Even with a Top Fuel title from 2017 already on her resume, Brittany Force knows emulating what her dad has done, on the track and off, will be next to impossible.

John Force knows only three speeds, after all. Fast, faster, and warp factor 10. Once you see him talk in interviews, it's easy to

fourth race out of 24, Brittany Force sat 12th in points, but with teammate Austin Prock eliminated in the opening round at The Strip at Las Vegas Motor Speedway, she moved up into the top 10 after advancing to the final and finishing second.

But with the first of two four-wide events in the books and second at Las Vegas, Force isn't its biggest fan.

"It's not my favorite. I'm glad we only do it twice," she said. "It's fun for the fans, but there's a lot going on for the driver, crew chief, and TV. You only get one (qualifying) run in each lane, and if you

overthink things, you'll get yourself in trouble."

Brittany Force's sisters, Courtney and Ashley, were part of the lifestyle of drag racing before

opting out and choosing to work on starting a family. Courtney retired after last season and is married to IndyCar racer Graham Rahal. Ashley isn't ruling out a return to drag racing, but she left after four years in 2013 and is married to Daniel Hood.

The middle sister of the three — Courtney is younger — is single and enjoying her life at the moment.

And she went further than her father did Sunday. John Force — who turns 70 on May 4 — just missed the final round by less than two-hundredths of a second.

But Dad is far from bummed when his daughter is doing well. Brittany Force may have a long way to go to catch her dad when it comes to winning championships, but she'll take every win as long as it comes as normally as possible.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

# Bo (Butner) knows winning at Vegas

by Tom ZULEWSKI

IRON COUNTY TODAY

**LAS VEGAS** — He didn't have the fastest car against his challengers, but Bo Butner knew having the fastest foot off the starting line can be a big asset as well.

Despite having an elapsed time that put him slowest, Butner turned on the win light and won for the third time in 2019 at the NHRA DENSO Four-Wide Nationals on April 7 at The Strip at Las Vegas Motor Speedway.

From wanting to retire after last season, Butner may be more grateful than ever to have returned after his third event win in the fourth race of the 2019 campaign. Even with his pass of 6.677 seconds at 206.67 mph, Butner's .014 reaction time at the starting line proved to be the difference.

"I learned in the early 90s that you can't be a lazy winner," Butner said. "When you come back, you know the win light's off and it's time for the next race."

Needing to go only three rounds with the four-wide format to hold the Wally trophy, the No. 1 qualifier had to deal with Greg Anderson, Jason Line and Matt Hartford in the final. Butner wasn't aware of his triple holshot achievement.

"It's a stat for the stat man, but I'm just happy our win light came on," Butner said. "I don't care what it takes. I knew Greg was coming, but you can't see the other side, so you're instantly staring at the flashing light. It came on and our day got happy."

Anderson crossed the line in 6.655 seconds (207.94 mph), Hartford ran a 6.667

and Line ran a 6.674. Hartford had the second-best reaction time of .052 seconds at the line to .054 for Line and .076 for Anderson.

Among the other pro classes, J.R. Todd edged Tommy Johnson Jr. to repeat as champion for the third straight time at Las Vegas. After advancing in second place on a pair of holshots in his first two runs, Todd crossed the line ahead of Johnson by just five-thousandths of a second in 3.970 with a speed of 319.07 mph.

"It seems like since I've come on board at Kalitta Motorsports, we've always run well here," Todd said. "All four team cars have a good handle on this place."

After Johnson, Todd beat Jack Beckman and No. 1 qualifier Tim Wilkerson. He said preparation for the four-wide format didn't require a big change in routine.

"There's nothing you do to prepare yourself for four-wide," Todd said. "Just make yourself aware of where you're at on the track, the lane you're in and who you're racing against."

Butner leads the points by 140 over Alex Laughlin, while Todd sits in fourth place in Funny Car, only three points behind Johnson Jr.

The other pro classes at Las Vegas saw Mike Salinas beat Brittany Force to the line to win the Top Fuel title with a 3.801-second pass at 330.39 mph, and Hector Arana Jr. used a holshot to beat Matt Smith in the Pro Stock Motorcycle final (6.907-6.903). Andrew Hines wasn't able to make a pass, and Eddie Krawiec fouled off the starting line by just three-hundredths of a second.

Winning for the first time in the spring at Las Vegas helped Arana Jr. cut the lead of Hines to three points after two events.

## NHRA DENSO NATIONALS FINAL RESULTS

Top Fuel	seconds, mph
Mike Salinas	(3.801, 330.39)
Brittany Force	(3.810, 321.42)
Doug Kalitta	(4.333, 193.74)
Clay Milligan	(4.350, 264.23)
Funny Car	
J.R. Todd	(3.970, 319.07)
Tommy Johnson Jr.	(3.975, 313.29)
Jack Beckman	(4.370, 213.16)
Tim Wilkerson	(4.401, 205.35)
Pro Stock	
Bo Butner	(6.677, 206.67)
Greg Anderson	(6.655, 207.94)
Jason Line	(6.674, 206.99)
Matt Hartford	(6.667, 206.51)
Pro Stock Motorcycle	
Hector Arana Jr.	(6.907, 195.79)
Matt Smith	(6.903, 197.02)
Eddie Krawiec	(foul)
Andrew Hines	(broke)



**J.R. TODD OF KALITTA MOTORSPORTS** acknowledges his third win in a row following his final run in the 20th Annual DENSO Four-Wide Nationals.

## REDMEN

« CONTINUED FROM PAGE 22

rally began when Spencer led off with a single, Castaneda was hit by a pitch and Brunson walked to load the bases before shaky CV defense led to a three-run outburst. After Speakman reached on the error, Bridger Bunnell

singled to drive in the third run of the frame.

Castaneda was able to retire Canyon View (1-5 region) in order in the final two innings to close out the win.

Cedar traveled to face Snow Canyon for a Tuesday road game while the Falcons welcomed region co-leader Desert Hills to its home field. The teams will switch venues for games Friday.



## RANDOM Thoughts

by Tom ZULEWSKI  
SPORTS WRITER

understand what that looks like in real life.

His 32-year-old daughter is able to stand back and be amazed often.

"No one can ever fill my dad's shoes. It's an impossible role to fill," Brittany said at a luncheon last week that previewed the NHRA DENSO Nationals. "Sixteen championships is insane, but I definitely have the best teacher out here."

In search of her second crown, Force began 2018 at Pomona as champion and promptly wrecked. With a new crew chief in former Top Fuel racer David Grubnic, it created a different dynamic in communication.

"It's really cool to connect with him on that level," Force said of Grubnic. "Sometimes we have crazy conversations that most people wouldn't be able to put together, but he knows exactly what I'm talking about."

As the season hit the

# FREE Classifieds

LIMIT OF 2 ADS PER PERSON AND PHONE NUMBER, 30 WORDS PER AD. CHARGES APPLY FOR ANY ADDITIONAL WORDS OVER 30 AND FOR "HELP WANTED" AND "SERVICES" CATEGORIES.

**1 WEEK »** \$.14/word - 30 Words - \$4.20 (minimum). More than 30 words - \$.14/word. **3 WEEKS »** \$.10/word - 30 Words - \$9.00. More than 30 words - \$.10/word.  
**2 WEEKS »** \$.12/word - 30 Words - \$7.20. More than 30 words - \$.12 per word. **4 WEEKS »** \$.10/word - 30 Words - \$9.00. More than 30 words - \$.10/word

**Submit classified ads at [ironcountytoday.com](http://ironcountytoday.com) or fax them to 867-1866 or call 867-1865 ext. 1. Deadline to place ads is Friday at NOON**

IRON COUNTY TODAY'S FREE CLASSIFIEDS SECTION IS A SERVICE TO THE COMMUNITY AND IS NOT INTENDED TO BE USED BY FOR-PROFIT BUSINESSES. ADVERTISEMENTS ARE THE SOLE RESPONSIBILITY OF THE ADVERTISER. IRON COUNTY TODAY HEREBY DISCLAIMS ALL LIABILITY FOR ANY DAMAGE SUFFERED AS THE RESULT OF ANY ADVERTISEMENT IN THIS NEWSPAPER AND IS NOT RESPONSIBLE FOR ANY CLAIMS OR REPRESENTATIONS MADE IN ADVERTISEMENTS IN THIS NEWSPAPER. IRON COUNTY TODAY HAS THE SOLE AUTHORITY TO EDIT AND LOCATE ANY CLASSIFIED ADVERTISEMENT AS DEEMED APPROPRIATE. IRON COUNTY TODAY RESERVES THE RIGHT TO REFUSE ANY ADVERTISING.

## ANIMALS

**MICROCHIP CLINIC AT PETSENSE: SATURDAY, APRIL 6TH** 12-4. \$40 per pet. FFCK9s member price is \$30 each. Make an appointment for \$5 off. Contact Chelsie 503-812-8778.

**BAY GRADE GELDING: 6, \$800. PALOMINO QH MARE: 8,** \$1000. Both are trained and handle nicely. Used on mountain trails. Trailer well. 435-477-2056.

## ANNOUNCEMENTS

**COMMUNITY FOOD PANTRY. WEEKLY/MONTHLY SERVICES.** Additional services for seniors. Call for appointment 435-586-4962. Open M-Th 9a-430 [www.careandshare-ut.org](http://www.careandshare-ut.org). Located at 222 W 900 N, Cedar City. Donations welcome.

**BACHELOR SEEKS ONE SINCERE LADY FOR FRIENDSHIP 55+,** non-smoker, likes animals, art, photography & walking. 435-327-8212.

**~THE \*JOY\* OF HARMONY RE-PARENTING SEMINAR~ FREE.** M-Th, April 15-18. 10:00am--5:00pm. Learn to L.O.V.E. Yourself and MASTER Your E-Motions. TEENS--ADULTS. Call 435-868-1230 for more info and to apply.

**USDA LOCAL WORKGROUP MEETING. APRIL 17 AT 5PM.** USDA Service Center, 2390 W Highway 56, Cedar City. Open to public. Taking input on local federal funding for agriculture conservation improvements.

## AUTOMOBILES

**2018 EVO T2850 FOREST RIVER, 4 SEASONS, IN REALLY** good condition, asking \$23,000. Call 385-212-8007.

## FOR SALE

**REGULAR SIZE WHEELCHAIR WITH ALL ATTACHMENTS,** brand new, never used: \$125. call Bill @ 559-471-6443. Parowan.

**OAK TV CABINET. 33"WX19"DX27"H. 1 OPEN SHELF. 2 SHELVES** behind double doors. Sidestorage area. \$100. Men's Stetson Resistol Hat. New. Tan Suede. Size 7 3/8. \$30. 435-865-7593.

**LARGE SOLID OAK WOOD HUTCH, ANTIQUE LOOK, W/** drawers & glass top, lights up: \$400. Large Older metal Trunk w/wallpaper drawers: \$150. Bag new/used women's blouses Size 18-20: \$10. 435-559-0838, 435-586-4910.

**QUEEN SIZE SLEIGH BED, HIGHBOY, LARGE DRESSER W/MIR-**ror, one night stand and preening mirror \$600. Call 435-559-2593.

**SUPER SWAMPER, AGGRESSIVE OFF ROAD, SET OF 5 TIRES.** Excellent Condition. 33x10.50 R15LT. Less than 500 miles. \$975 Call Roy 435-559-7732.

**SOLID WOOD BOOKCASE \$100. JAZZY CHAIR, EXCELLENT** condition: \$400. Call 435-572-5848.

## FOR SALE

**WANT TO BUY A SMALL STORAGE SHED. 100-200 SQ/FT IF** possible. 435-590-1920.

**SMALL ASUNA (SWORD ART ONLINE) FIGURINE (3 INCHES** tall) Slightly dirty and sword slightly bent, but otherwise in good condition. Must pick up at SUU campus. \$10 OBO. Contact [eecherpeski@gmail.com](mailto:eecherpeski@gmail.com)

**JAZZY CHAIR, TOP OF THE LINE MODEL. QUANTUM Q6** Edge, excellent condition, many nice features. Includes new batteries. \$1,800 obo. Call/text (435)327-2101.

**ALL OCCASION GIFTS 100% NATURAL HOT/COLD PACKS,** Adult & Child sizes bean bag chairs, Quillows, Weighted Blankets, Jeans Bags & more. See at Downtown Farmers Market Saturdays 10am-1pm 435-559-1657

**TELESCOPE MEADE 2080, 8-INCH SCHMIDT CASSEGRAIN** with Field Tripod, Solar Filter, extras. Workbenches, Work Chairs and Steel Shelving. Bob (435) 867-4330

## HELP WANTED

**JJ'S WINDOW CLEANING & BLINDS IS A FAST-GROWING** window cleaning and blind sale company that offers a fun atmosphere and fast paced environment. We are looking for a hard working, honest individual with excellent customer service, and respect for others. Must have valid Driver's License. Window cleaning training provided - no experience necessary. Job Compensation- \$12.00/hr during training period. \$13.00 per/hour upon completion of training - Consistent raises and bonuses based on performance. Overtime Available. Paid holidays and sick pay offered after first year. Company uniforms, vehicles, and tools are provided. Please email resumes to [amanda.brlw@gmail.com](mailto:amanda.brlw@gmail.com)

**SALES ASSOCIATE- PART TIME. IN HOUSE SALES ASSOCIATE,** works well with customers, telephone calls & follow up, some secretary skills, computer skills, flexible hours, Festival-Abby Carpet & Floor. 435-586-1114.

**CERTIFIED RADIO DISPATCHER: \$15.00 HR. UTAH DEPART-**ment of Public Safety, Cedar Communications Center, 181 E. DL Sargent Dr., Cedar City. Provides 9-1-1 dispatching and communications services to state and local public safety agencies, including law enforcement, fire and EMS services. Must have high school diploma or equivalent, be 18 years of age by hire date. Must pass agency-specific testing and thorough background check. State has a highly competitive benefits package. Must be willing to work rotating shifts, weekends and holidays. Must apply online @ [www.statejobs.utah.gov](http://www.statejobs.utah.gov). Refer to requisition # 19499. Questions contact Dora Collier, Human Resource Technician. Phone: 801-965-4787 Email: [dcollier@utah.gov](mailto:dcollier@utah.gov) CLOSING: April 21, 2019 @ Midnight

**SEEKING LICENSED NAIL TECH TO WORK IN BEAUTIFUL SPA.** We will train. Full & part time positions available. 435-267-2279 (shop) or 702-813-0620. Call anytime.

## HELP WANTED

**THE PINEWOODS RESORT IS LOOKING FOR COOKS, SERVERS** and assistants, kitchen utility, and housekeepers. Please send resume to [mgr@pinewoodsresort.com](mailto:mgr@pinewoodsresort.com) Attn: Scott Kramer. Fun, family atmosphere.

## MISCELLANEOUS

**BACHELOR SEEKS ONE SINCERE LADY FOR FRIENDSHIP 55+,** non-smoker, likes animals, art, photography & walking. 435-327-8212.

**TEACHER WISHES TO MEET PROFESSIONAL WOMAN 50+** must be non-smoker, non-game player, and sincere, like animals, art, photography & walking 435-867-0908.

**CEDAR CITY FREE! BINKS SMALL PART PAINT BOOTH. YOU** must Haul Away. 420 N 100 W. 702-860-9630.

**FREE SWAMP COOLER FOR PARTS, YOU HAUL AWAY. FREE** tires, all used, you haul away. 420 N 100 W. Cedar, call Jay: 702-860-9630.

**FABRIC NEEDED TO MAKE ITEMS THAT WILL BE DONATED** to local organizations. Please leave at Iron County Care & Share, 900 N 222 W, Cedar City. Many thanks. Questions, 435-559-1657

## REAL ESTATE

**CEDAR CITY REALTY LLC: NEW OFFICE NOW OPEN. VISIT US** for a free market analysis. 5 North Main St. 435-212-1416. [Wg-davidson45@gmail.com](mailto:Wg-davidson45@gmail.com)

**FOR SALE- PAROWAN AREA: 20.4 ACRES WITH 2 ACRE FEET OF** water and drilled well. Power at street, beautiful views, easy access. Located off paved road. \$109,000, MLS# 82527. Call Jeff Johnston, High Country Realty Inc. Parowan. 435-590-2836.

**1/4 ACRE LOT FOR SALE: PAROWAN, UTAH, 512 N DIANE** Drive, Lot 49, Sunset View Subdivision. Asking \$18,200 Call 702-277-3739.

**WATER RIGHTS FOR ENOCH/CEDAR CITY AREA. 1 ACRE FOOT OF** water rights, established priority date 1936. \$4000. 702-768-8236.

**LOOKING TO BUY 1 LEVEL HOME IN CEDAR CITY, MINIMUM** each 4 bedroom/2 bath. No Real Estate Agents. Call 714-693-1981.

**WATER SHARES FOR SALE: NORTH OF HWY 56, ASKING** \$5000 OBO. Priority Date 1924. Call 435-559-3981.

## RENTALS

**NICE HOME FOR RENT IN 55+ COMMUNITY ON LEIGH HILL** in Cedar, 3 bed 2 bath 2 car garage, call Rachel 435-590-7598, no pets no smoking

**SERVICES**

**SAM VEST: SAMS HANDYMAN SERVICES. HANDYMAN SAM** 110 E 200 S, Parowan. Contact me at any time. No Jobs too big or too small. We can tackle them all. 435-393-5203

**LICENSED COMPUTER REPAIR \*VIRUS REPAIR \*DATA RECOVERY \*Networking \*PC Security \*Computer Cleanup \*House-calls -FAST Turnaround Time and Flat Rates A+ PSYCHLONE COMPUTERS 435-590-2114**

**QUILT YOUR OWN QUILTS. RENT MY MACHINE AND DO YOUR own custom quilting. OR... I will do it for you, custom quilting from baby-king. (435) 865-6880**

**HANDYMAN. LICENSED, AFFORDABLE & GUARANTEED. CAR-pentry, concrete, masonry, drywall, flooring, painting/staining, landscaping, roofing, welding & pressure washing, minor electrical/plumbing etc. and general repairs/maintenance. Excellent references. Call Pat 435-559-4520**

**GIL'S MOBILE WELDING. I'LL COME TO YOUR HOME/BUSI-ness. Repair fencing, gates, wrought-iron, utilities trailers, farm equipment, cosmetic repair small/big household metal items. Fair pricing/free estimates. Don't toss it, I'll weld/fix it. 435-383-3259.**

**DAD & SON'S PROPERTY MAINTENANCE. HONEST & DE-pendable, free estimates, fair pricing. 435-383-3259.**

**CLOCK REPAIR. GRANDFATHER CLOCKS, ANTIQUE CLOCKS, and cuckoo clocks. Over 30-years experience. Pick-up and Delivery. Call Bill, 435-477-1211.**

**A-NAY LAWN & LANDSCAPE. FALL CLEAN UP: LEAVES, trees, shrubs, etc. Snow Removal. Call Christian for Free Esti-mate Servicing the Cedar City Area. 801-231-9319.**

**CARING COMPANION SERVICES: PROVIDES CARE AND COM-panionship for seniors in need, including transportation, shopping, meal preparation, medication reminders and re-spite care. References available. Call: Linda Peterson (435) 233-6802.**

**HOUSE CLEANING IN CEDAR CITY: FOR A NICE CLEAN HOME, call Debra. 435-559-2095.**

**~MUSIC IS \*FUN\*DA-MENTAL~ SMALL GROUP CLASSES. \*\*PRE-Schoolers:Wednesdays 1-2:30 OR 4-5:30. \*\*AGE 7-12s:Thursdays 1-2:30 OR 4-5:30. \*\*TEENS/ADULTS:Wednes-days 7-8:30. Rhythm, instruments, classics, etc. Learn Emo-tional Empowerment and Creativity. Also offering: PIANO/ Violin Lessons. 435-868-1230.**

**VANCE AUTOMOTIVE 420 N 100 W CEDAR. A HIGH QUALITY mechanic AMS Oil Changes Gas/Diesel New Owner Call/Come in for a repair estimate. All types of automotive repairs Im-ports/Domestic. 435-238-5764**

**WANTED**

**TEACHER WISHES TO MEET PROFESSIONAL WOMAN 50+** must be non-smoker, non-game player, and sincere, like ani-mals, art, photography & walking 435-867-0908.

**YARD SALES**

**GIANT GARAGE SALE TOOLS, ELECTRONICS, WORKBENCH-es, Work Chairs, Furniture, Steel Shelving and Household Items. April 19th and 20th from 9AM to 2PM. 605S 2475W Cedar City.**

**LEGAL NOTICES**

**NOTICE OF PUBLIC HEARING**

Notice is hereby given that the Enoch City Council will hold a public hearing on May 1, 2019 at 6:00pm at the Enoch City Office, 900 E. Midvalley Road, Enoch, UT. The public hearing is regarding adopting the Water Impact Fee Facilities Plan prepared by Sunrise Engineering. For more information or to view the plan go to [HYPERLINK "http://www.cityofenoch.org/ordinancespublic-notices.html"](http://www.cityofenoch.org/ordinancespublic-notices.html) \t " \_blank" <http://www.cityofenoch.org/ordinancespublic-notices.html> or call the Enoch City Recorder at 435-586-1119.

Published Apr. 10 2019 • Iron County Today  
ICT #0115

**christensen's**  
clothing store

**NOW HIRING**

If you would like to be a part of our team bring in a resume to Ivan or Mike. We need friendly, outgoing people that enjoy being with the public.

**SUU** COLLEGE OF PERFORMING & VISUAL ARTS  
SOUTHERN UTAH UNIVERSITY

**UPCOMING EVENTS**

**ART INSIGHTS: BFA EXHIBITION RECEPTION**  
Southern Utah Museum of Art  
March 28 from 6-8 p.m.

**JORDAN YOUNGBERG**  
SUU Auditorium Theater  
April 4 at 7:00 p.m.

**PIANO & STRING ENSEMBLES**  
Thorley Recital Hall  
April 8 at 7:30 p.m.

**GROOVIN' HARD JAZZ ENSEMBLE**  
Heritage Center Theater  
April 9 at 7:30 p.m.

**WIND SYMPHONY CONCERT**  
Heritage Center Theater  
April 12 at 7:30 p.m.

**42nd STREET**  
Randall L Jones Theatre  
April 12, 13, 15, 19 at 7:30 p.m.  
April 13 and 20 at 2:00 p.m.

[www.suu.edu/pva](http://www.suu.edu/pva)

**Business Owners...**

*Reserve your space in next month's publication!*

*Cedar Marketplace* is a low cost advertising piece, direct-mailed monthly to over 19,600 households and businesses in Iron County.



For more info and to advertise call ...

**435-867-1865**



# SERVICE DIRECTORY



**IT'S TAX RETURN TIME!**  
Invest in your home with new floor coverings

DreamWeaver. COREtec

**Festival Abbey Carpet & Floor**  
America's choice in floor fashions since 1958.

Carpet • L.V.T. • Tile  
Vinyl • Engineered Wood  
586-1114 • festivalcarpets.com  
2572 W Hwy 56, Cedar City

**TYNER'S GROOMING**  
Serving Southern Utah for over 35 years

Large & Small...  
We Groom Them All

435-586-6061

491 S. MAIN UNIT 7A, CEDAR CITY

**Cory Kopenhefer Painting**

interior, exterior, drywall repair  
Corykopenhefer83@gmail.com  
Enoch UT

951 453 2712

**Foot Spa!** dōTERRA

Soak in Epsom Salts and a Cleansing Oil  
Relax while our staff member soothes your feet & resets weak body systems.

Call The Wellness Place  
**435-592-5308**

583 S. MAIN #5 (behind Pizza Hut)  
MON-FRI 9AM-6PM • SAT 10AM-6PM

THE WELLNESS PLACE

Car Audio - Security - Video - Electronics - Home Theaters

Mention this ad for 10% OFF

**AVA**  
AUDIO VIDEO EXPRESS

987 N. Main, #11 Cedar City • 435-865-7865  
"The Finest Car Audio in Cedar City"

**Stormee's  
Pedi-Mani  
Bar**

CONVENIENTLY LOCATED IN THE FOREVER SUMMER TANNING SALON

**T.M.S. TREES**  
ALL TREE SOLUTIONS  
435.592.6347

24 HOUR EMERGENCY TREE SERVICE  
FREE ESTIMATES!

**\$50 OFF!**  
TREE TRIM OR REMOVAL  
WHEN MENTIONING THIS AD

**1 BEDROOM APARTMENTS FOR RENT**

**SANJAC APARTMENTS**  
Must be 62 or older, disabled or handicapped to qualify.  
Rent is 30% of your adjusted income.

Call 435-865-7493/TDD 1-800-346-4128  
or pick up an application at  
76 N College Way, Cedar City, UT 84720

"This institution is an equal opportunity provider and employer"

**APRIL Spring Special**

**SPLENDOR PEDI**  
\$28 Special

GIFT CERTIFICATES AVAILABLE

1184 S. Sage Suite A Cedar City - 435 592-5724

**Diesel Pickup Specialists**

**SDP**  
SMITH DIESEL PERFORMANCE

Cummins • Powerstroke • Duramax

2048 N. MAIN, CEDAR CITY 435-865-0055

**DON'T REPLACE IT... RAISE IT.**

**COST** About half the cost of replacing a concrete slab.

**SAFETY** Eliminates trip hazards & unwanted liability.

**TIME** Takes a couple of hours & ready upon completion.

FOR A **FREE ESTIMATE** CALL 435-559-1280

**RaiseItTech**  
YOUR CONCRETE RAISING SOLUTION

We Now Accept

**LEGAL NOTICES**

- Utah's Highest Circulated Weekly Newspaper
- Delivered to Doorsteps in Iron County
- Available in Racks in Iron, Beaver & Washington Counties

For Deadlines & Placement Call:  
**435.867.1865 x.1**

IRON COUNTY **today**

**JJ's Window Cleaning & Blinds**

Spring Cleaning Specials: Beat the Rush!

**10% OFF** WINDOW CLEANING  
Exp. 5/29/19

**10% OFF** ULTRASONIC BLIND CLEANING  
Exp. 5/29/19

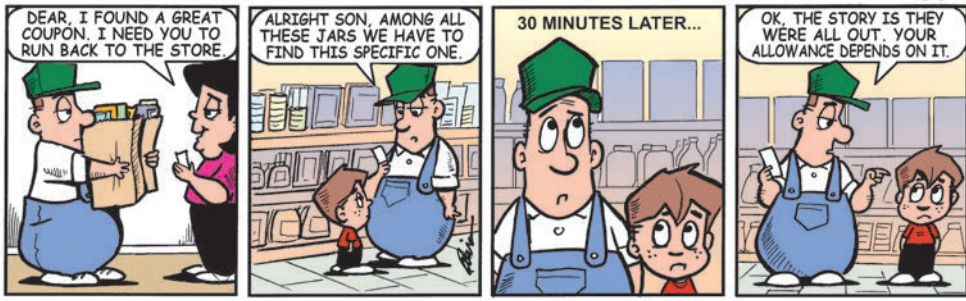
BUY 10 BLINDS GET 3 **FREE**  
Exp. 5/29/19

Blind Cleaning • Rain Gutter Cleaning • Pressure Washing  
Blinds • Shades • Shutters • Screens • Storm Doors  
Thank you for supporting your local veteran owned business!

**FREE ESTIMATES • 865-5850**

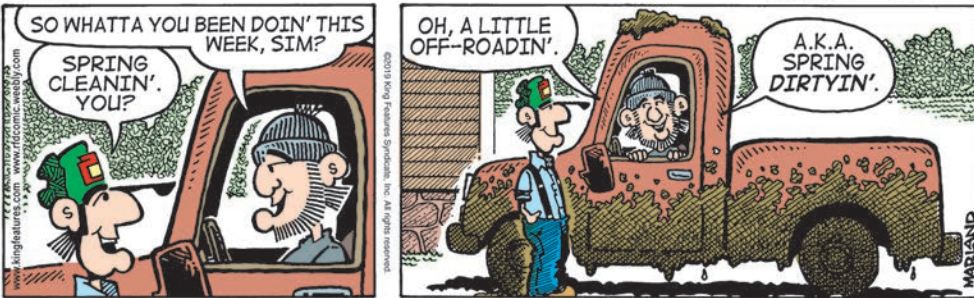
# Amber Waves

by Dave T. Phipps



# R.F.D.

by Mike Marland



# The Spats

by Jeff Pickering



## Weekly SUDOKU

by Linda Thistle

4	7		5					8
		3			1	7		
8			2				6	
		6			4	3		5
7			2					9
	9			1		6		
		7	6				5	
3			8		7			4
	4			9				2

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK:** ♦ Moderate ♦♦ Challenging ♦♦♦ HOO BOY!

© 2019 King Features Synd., Inc.

## HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

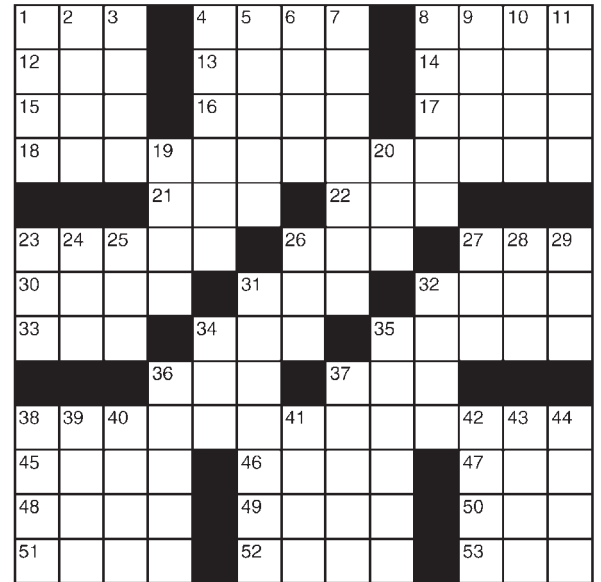
Differences: 1. Boy's pants are black. 2. Box has been moved. 3. Garage is gone. 4. Shirt zipper is missing. 5. Tree stump is taller. 6. Boy's left arm can't be seen.

© 2019 King Features Synd., Inc.

# King Crossword

## ACROSS

- Recipe meas.
- Lapidary's supply
- Help a hood
- Weeding tool
- Laugh-a-minute
- Pianist Peter
- "— Town"
- Taj Mahal city
- Right on the map?
- Including the latest info
- Household member
- Welcome sight?
- Certain card
- Chaps
- Praise in verse
- Author Wister
- Prickly plant part
- Old woman's home?
- Longing
- Predicament
- Grandfather, for one
- "Oh yeah? — who?"
- Prompt
- Suspensefully timed out
- Medicinal plant
- Rembrandt works



- Canine
- New Balance competitor
- Entanglement
- Trail behind
- Busy one
- Cruising
- Type mea-sures
- Speak halt-ingly
- Concerning
- Suitor
- Formerly, for-merly
- Pledge-drive gift
- Admitting cli-ents
- Author Fleming
- Bliss
- Have bills
- Barbie's friend
- Silent
- Discoverer's cry
- Dopey pal?
- "A mouse!"
- Rocket launcher
- Passel
- Lustrous black
- Hill that's steep on one side
- Villainous look
- Actress
- Sevigny
- "Phooey!"
- Hodgepodge
- Heard reveille
- Supermarket stack
- Between jobs
- Wander
- Early birds?

## DOWN

- Grand
- First course, often
- Saucy
- Tool used on cheese
- Two cubed
- Extra

© 2019 King Features Synd., Inc.

6	4	5	1	9	3	8	7	2
3	1	2	8	5	7	4	6	9
6	8	7	4	2	5	3	1	9
5	9	8	1	3	4	6	2	7
7	3	8	2	9	5	1	6	4
1	2	9	6	7	4	3	8	5
8	5	1	7	2	6	4	9	3
2	6	3	4	8	1	7	5	9
4	7	9	5	3	6	2	1	8

Answer

## Weekly SUDOKU

G	O	E	R	A	S	E	A	V	E	M	S	
N	I	K	E	K	O	N	T	L	A	G		
A	L	O	E	O	I	S	L	S	D	O	G	
I	R	E	W	H	I	O	T	O	W	O	D	
S	E	U	E	S	E	Z	E	C	O	U	E	
L	E	N	E	N	J	A	W	M	C	L	O	C
O	H	S	B	U	R	N	S	O	H	S		
O	D	E	K	E	R	M	E	N	O	D	E	
P	E	T	M	A	T							
U	P	T	O	T	H	E	M	I	N	U	T	E
O	U	R	A	G	R	A	V	A	E	A	S	T
R	I	O	T	N	E	R	O	H				
A	B	E	T	S	P	G	E	M	S			

Solution time: 24 mins.

Answers

## King Crossword

© 2019 King Features Synd., Inc.



- MOVIES: What kind of creature is Pumbaa in "The Lion King"?
- ANATOMY: What is the smallest organ in the human body?
- LITERATURE: What was the name of the tiger in "The Jungle Book" by Rudyard Kipling?
- FAMOUS QUOTATIONS: Which author once wrote, "Rough winds do shake the darling buds of May"?
- GEOGRAPHY: What is the world's longest "motorable road"?
- FOOD & DRINK: What is freekeh?
- ACRONYMS: What does "AOL" stand for?
- TELEVISION: Who hosted the 1980s PBS series "Cosmos"?
- GENERAL KNOWLEDGE: Who was the star of the video-game series "Tomb Raider"?
- MUSIC: What is the only major musical scale that has no sharps or flats?

- Warthog; 2. The pineal gland near the center of the brain; 3. Shere Khan; 4. William Shakespeare; 5. Pan-American Highway, stretching across the North and South American continents; 6. Roasted green wheat; 7. America Online; 8. Carl Sagan; 9. Lara Croft; 10. C major

Trivia Test Answers

# LITTER

**A problem you can help to solve!**

Litter is stuff that is on the ground and in the water that shouldn't be there. Litter is a big, yucky problem. Some of it is killing animals and poisoning our planet.

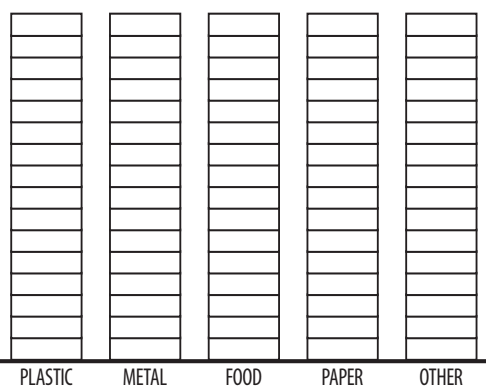
The good news is that everyone can help solve the litter problem!

How?

- Put trash in cans where it belongs.
- Pick up litter when you see it. Put the litter in the proper place.
- Reduce the number of things you use that get thrown away after one use.
- Teach others!

## Graph That Trash!

Look at the bits of trash on this page. Make a graph to show how much of each type of trash you found.



## Bamboo = Nature's Straw

Plastic straws are bad news. They are causing many problems for the environment. Birds and fish think they are food. But eating plastic straws can kill them. Plastic straws also clog our drains and waterways causing flooding. And a bunch of old straws littering streets and waterways looks ugly.

The good news is that nature has a natural straw! Straws made of bamboo don't hurt animals. If they end up in the trash, they decompose like all natural materials.

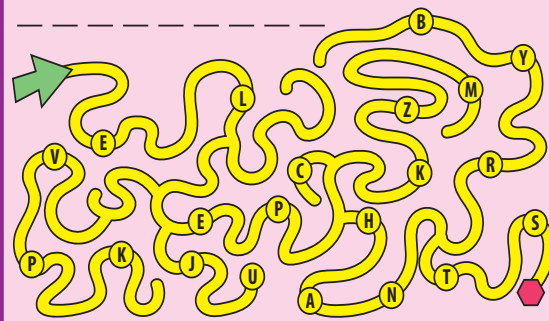
Bamboo straws can also be used, cleaned and then used again and again. One straw can be used as much as \_\_\_\_\_ times!  
(Color the even-numbered squares green to reveal the answer.)

7	5	1	3	5	9	5	9	7	5	1	5	3	5	9
3	2	5	8	2	4	7	6	2	6	9	2	2	6	5
5	6	1	2	9	6	5	2	1	4	7	4	7	8	7
9	6	5	8	7	4	9	8	3	8	3	6	5	4	1
5	4	7	6	3	8	3	4	5	2	5	8	9	2	1
7	8	5	4	6	2	3	2	6	4	7	4	4	2	3
9	1	9	7	7	5	1	3	5	3	1	7	5	7	9

## Kid Scoop Puzzler

There could already be 150 million tons of plastic litter in the world's oceans. That's the same weight as 25 million of these large animals. If they stood in a line it would be 124,274 miles (200,000 km) long. It would go around the world five times.

To find out what kind of animal, unscramble the letters on the correct path.



Standards Link: Follow simple written directions.

## Double Double Word Search

WATERWAYS  
ELEPHANTS  
PLASTIC  
NATURE  
LITTER  
OCEANS  
PROPER  
DRAINS  
TRASH  
STRAW  
TEACH  
SOLVE  
UGLY  
HURT  
CLOG

Find the words in the puzzle.  
How many of them can you find on this page?

S	E	S	O	L	V	E	S	G	W
Y	L	N	T	C	T	O	E	O	A
A	E	I	P	C	E	R	T	L	R
W	P	A	T	I	U	A	A	C	T
R	H	R	E	T	H	N	S	S	
E	A	D	A	S	E	U	I	S	H
T	N	N	C	A	G	R	R	S	P
A	T	R	H	L	O	B	L	T	E
W	S	M	Y	P	R	O	P	E	R

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

## FROM THE Kid Scoop<sup>®</sup> LESSON LIBRARY

### Environmental News

Make a chart with four columns. Label them: *Threats to the Environment*, *Natural Resources*, *Ways to Save Energy*, and *Items to Recycle*. Look through the newspaper for one month to find relevant articles to paste into each column.

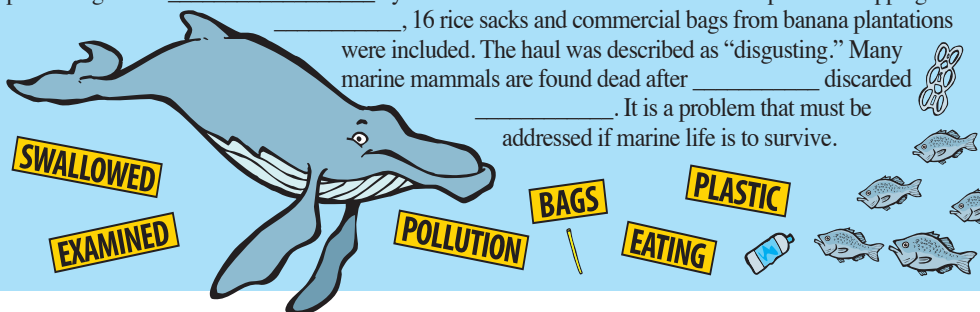
Standards Link: Reading: Extract information from text.

## Whale Tragedy

Replace the missing words.

The result of plastic \_\_\_\_\_ of the ocean was recently found in a young whale found dead in the Philippines. According to marine biologists who \_\_\_\_\_ the dead whale, 88lbs (40kg) of plastic bags were \_\_\_\_\_ by the whale and found in its stomach. Disposable shopping \_\_\_\_\_, 16 rice sacks and commercial bags from banana plantations were included. The haul was described as "disgusting." Many marine mammals are found dead after \_\_\_\_\_ discarded \_\_\_\_\_.

It is a problem that must be addressed if marine life is to survive.



### Extra! Extra!

## The Good Life

Look through the newspaper for pictures of things and words that describe things that make your life good. Cut these out and make a collage.

Standards Link: Research: Use the newspaper to locate information.

## Write On!

### Ticket to Space

Send your story to:

Pretend you could win a ride into space on a rocket. Write a paragraph telling why you should win that prize.

Deadline: May 5 Published: Week of June 2  
Please include your school and grade.

# Simple, Flavorful Recipes

## TO REIMAGINE MEALTIME

While it can be easy to fall into a routine of cooking the same recipes week in and week out, getting creative with mealtime can be as easy as making simple swaps and trying new flavor combinations with fresh, high-quality ingredients.

One of the easiest ways to shake things up in the kitchen any night of the week is to reimagine a classic dish by replacing one of the main ingredients. As an alternative to the typical chicken or beef, fresh pork is a versatile, convenient and flavorful protein that can easily transform a predictable meal into something new and delicious.

Instead of chicken Florentine, try this recipe for Pork Chops in Creamy Roasted Garlic Florentine Sauce, or rethink the typical weeknight stir-fry with this quick and easy Italian Stir-Fried Pork and Pasta.

For more creative yet easy ways to reimagine mealtime, visit [Smithfield.com/ShakeItUp](http://Smithfield.com/ShakeItUp).  
(Family Features)



### Pork Chops in Creamy Roasted Garlic Florentine Sauce

Cook time: 20 minutes  
Servings: 4

- 4 Smithfield Boneless Pork Chops
- salt, to taste
- pepper, to taste
- 4 tablespoons olive oil, divided
- 8 cloves garlic, minced
- 1/4 cup bacon pieces, half-cooked
- 1/2 cup chicken stock
- 2 cups heavy cream
- 1 1/2 cups chopped fresh baby spinach
- 1/2 cup chopped fresh tomato
- 1/4 cup grated Parmesan cheese
- 1 teaspoon Italian seasoning

Season pork chops on both sides with salt and pepper, to taste.

In large skillet, heat 2 tablespoons oil over medium heat. Cook pork chops 4-5 minutes per side until internal temperature reaches 145 F. Remove pork chops from pan and keep warm.

In same skillet, heat remaining oil over medium heat. Add minced garlic and partially cooked bacon to skillet; cook until tender, about 3 minutes. Add chicken stock and bring to simmer.

Reduce heat to low and add heavy cream. Season with salt and pepper, to taste.

Add spinach and tomatoes to sauce; let spinach wilt. Stir in Parmesan cheese and Italian seasoning; simmer about 3 minutes.

Return pork chops to pan along with juices. Spoon Florentine sauce over chops; simmer 3-5 minutes.

### Italian Stir-Fried Pork and Pasta

Cook time: 30 minutes  
Servings: 4

- 1 Smithfield Roasted Garlic & Herb Marinated Fresh Pork Loin Filet
- 1 package (8 ounces) spiral pasta
- 2 tablespoons olive oil
- 2 small zucchini squash, sliced lengthwise and cut into 1/2-inch slices
- 1 small red onion, thinly sliced
- 8 sliced mushrooms
- 1/2 cup julienne-sliced sun-dried tomatoes
- 1 teaspoon minced garlic
- 1/4 cup butter
- 1/2 cup grated Parmesan cheese
- 2 tablespoons chopped fresh basil

Heat skillet or wok to 400 F.

Slice pork loin filet into thin strips.

Cook pasta according to package directions.

Add pork strips and oil to heated skillet. Stir-fry until meat is browned, about 5 minutes.

Add zucchini, onion, mushrooms, tomatoes, garlic and butter to skillet; stir-fry until vegetables are crisp-tender, about 5 minutes.

Drain pasta and add to pork and vegetable mixture with cheese and basil; toss to coat.

