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today

DEA 360 – A prescription for prevention

by Kelsey **KEENER**

IRON COUNTY TODAY

Utah's Drug Enforcement Administration District Agent in Charge, Brian Besser, presented last week on the opioid epidemic facing Utah and the new DEA 360 approach being taken to address it.

Besser began by observing that Utah is losing residents quietly to drugs, and that discussing drug-related crimes and the connection between drugs and crime are becoming inseparable. He said he hoped the audience members found the presentation informative.

"I hope that it's informative," he said. "I hope that it opens your eyes. ... I think we oftentimes get myopic, we get siloed in our lives, we live good lives, we enjoy our families, we enjoy our work. But we get insulated from what's really going on around us."

Besser then moved into discussing some statistics regarding opioids both nationally and state-wide. In 2016 more than 64,000 people in America died of drug-related overdoses. The current provisional number for drug-related overdoses in 2017 is more than 70,000. Utah remains

see **DEA 360** » 9

CVHS Senior raises awareness for

DRUNK DRIVING DANGERS



A CVHS SENIOR ORGANIZED A FAKE CAR CRASH caused by a drunk teenager to raise awareness for the dangers of drunk driving. First responders treat the scene as though it were real, taking apart the vehicles to get victims out safely and getting them medical attention.

KELSEY KEENER

by Kelsey **KEENER**

IRON COUNTY TODAY

Shelby Maxwell, a senior at Canyon View High School, organized a mock car crash last week to raise awareness for the potential consequences of drunk driving.

Maxwell said she noticed drunk driving accidents were becoming

too common so she decided to do something about it.

"The 'Every 15 Minutes' program was done a couple years ago and I decided to make something kind of like it because it impacted a lot of people," she said. "I talked to people who had gone through it and they said it had changed their life; they never thought to drink and drive again."

The crashed mimicked a head-on collision caused by a drunk teenage driver with cars donated by Above All. Several students participated by acting as victims in the wreck, including imitating injuries with makeup and fake blood. Several agencies

see **DRUNK DRIVING** » 6



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Value of public lands discussed at Leavitt Center

by Kelsey **KEENER**

IRON COUNTY TODAY

Four panelists discussed issues surrounding the management, use and conservation of public lands in Utah during a panel last week at the SUU Michael O. Leavitt Center for Public Service and Politics.

Miles Anderson and Logan Platt served as moderators for the panel. The participating panelists were: Kevin Wright, Public Service Staff Officer with Dixie National Forest; Levi Pendleton, Program Coordinator for SUU Outdoors; Shea Owens, legal counsel for the Public Lands Policy Coordinating Office; Ken Watson, Chief of Interpretation and Visitor Services of Cedar breaks National Monument.

Panelists were given time to explain their responsibilities within their respective organizations, and several topics were then presented for discussion such as, management policies, development of public policy, interaction between agencies and the process of designating national monuments.

Pendleton said the general public has a great opportunity to have a voice in how public lands are managed in the current age of information and technology.

"There's all sorts of different people that want to use the land and with this information age there's never been a better opportunity for us to get involved and be educated in what's going on and have a voice as well," he said.

In discussion of the involvement of politics in managing public lands, Owens used the Wild Horse and Burro Act as an example of how politics can affect an agency's ability to do its job. He explained that the act on its own allows for the Bureau of Land Management to use several tools to manage wild horse populations on public lands, but a rider in an appropriations bill limits the use of those tools.

"Now, that happens all the time," he said. "They restrict funding and they don't allow the BLM to use their funds to do this, even though the law allows them to do it, with little riders like that. I think unfortunately it probably plays the biggest role, but if you read the acts in their simplest form it shouldn't be involved."

Watson said even something as small determining whether to leave the restrooms available for use during the government shutdown was an



KEN WATSON DISCUSSES the benefits and challenges of public land management during an educational panel.

where we can improve and make things better," he said. "I think that allows for a lot more coexistence between multiple uses, including traditional uses like ranching and extraction industries, yet still keeping our public lands healthy and thriving."

Pendleton said a large part of creating that balance is each parties' willingness to cooperate with one another.

"I do feel that there is room for both to coexist, but it really depends upon on the person's individual values to be empathetic and understanding and to reach a goal," he said.

Watson continued the discussion by saying that partnerships are another important part of striking the balance between use and conservation of public lands.

"Partnerships are just getting more and more important, whether it's a nonprofit or a commercial entity or governments banding together; you're going to have to find those compromises, that common ground where you can work from and still meet the goals of the law and what society is looking for," he said.

Wright added that this topic of debate has been occurring for years and will continue to rage on.

"It's all about what people value, what people want, and it is public land," he said. "So, we as agencies need to listen to those voices and see what is the most appropriate type of use for the different types of lands but I think there's room for each of those voices."

"I think that we have the mindset where we can improve and make things better"

» **Shea Owens, Public Lands Policy Coordinating Office**

issue because there weren't funds to pay a janitor to clean them.

"Sorting all of those things out afterwards, what happened, what didn't happen, how do we readjust all of our budget, our contracting, and our hiring to accommodate this loss of time and what's going to happen with that?" Watson said. "So, those kinds of things have a huge effect on us."

He added that administration in the White House can also affect public land management.

"Depending on the administration in the White House, there are political appointees at the heads of a lot of these agencies," Watson said. "And they're taking their cues from the president and they may also have been selected because they had an agenda that the president wanted to support."

Wright commented on the fact that many federal and state agencies have to work within the

bounds of politics.

"The challenge is, within the politics, within our resources, and within the science that we know, how do we manage them to the best of our ability?" Wright said. "We're not able to because of certain politics but we try our best and that's the challenge."

The panel also discussed the challenge of balancing conservation and use of public lands, particularly pertaining to those who use public lands for their livelihoods.

Owens said in line with preservation and conservation, another concern should be striving for enhancement and improvement.

"I think that we have the mindset

COREY BAUMGARTNER

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Zone changes approved last week

by Kelsey **KEENER**

IRON COUNTY TODAY

Two zone changes and General Land Use Plan amendments were passed during last week's City Council meeting, in addition to two vicinity plans.

The vicinity plan for the Fiddlers Mountain Estates planned unit development was approved during the same meeting. The PUD is approximately 23 lots that will be single-family units in the area of 2300 North and 1200 East.

A vicinity plan for a PUD in the area of 200 West and 1425 North was also approved. The PUD will include 20 three-bedroom townhomes. Approval of this PUD also required a zone change from Central Commercial to R-3M and a GLUP amendment from Commercial to High Density Residential, which were

approved by City Council.

A zone change and GLUP amendment were passed by City Council for property located in the area of 1805 North Lund Highway. The GLUP was changed from Low Density Residential to High Density Residential; the zone was changed from Annexed Transition to R-3.

There were concerns brought up in the Planning Commission regarding the changes for property on Lund Highway, specifically concerns regarding having a high-density area in the vicinity of several low-density areas. Concern for a lack of affordable housing was also mentioned during Planning Commission in light of the fact that the planned development for the area of concern could provide affordable housing. The changes received a positive recommendation from Planning Commission with a 3-2 vote.



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OPINION

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From the Editor

March Gladness



COREY BAUMGARTNER
MANAGING EDITOR

The Big Dance is less than a week away and soon March Madness will fade away. Even for those whose brackets were busted, or whose teams lost by an agonizing single point, the brackets will be reset and hopes will be restored next season.

In the meantime, concerning wins and losses, I've noticed from college hoops to the NBA, that what determines the outcome of most games, is not the thrill of a 3-point shot, the dazzling dunks, or even the buzzer beaters. It's the seemingly lowly free throw. Many a game have been lost because players couldn't hit their free throws. Yes, it seems so simple; a shot that is un-contested and taken from the same place, every game, no matter where you're playing. Yet, perhaps because it's not as exciting as the other shots, some players just don't practice it enough. Though, they wish they did when they see the stat sheet after the game.

My point? If you want more gladness than madness in your life, try focusing more on doing the little things. Yes, enjoy the dunks and the sweet swish of a perfect three-point shot, but if you want to make it to life's Big Dance, you also have to learn and perfect the little steps first.

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OPINION

Musical memories: admit one



Cyclops

by Bryan GRAY

COLUMNIST

The opinions stated in this article are solely those of the author and not of Iron County Today.

Now that the Mueller investigation has ended and the Legislature has returned the keys to the State Capitol, we can get on with important topics impacting our personal lives... like summer music concerts.

It is the season when community venues throughout the state announce their musical line-ups, and, as usual, the most anticipated tend to be the country and rock bands from the 1960s and 1970s. The price for such acts has skyrocketed in recent years, but in the case of rock music concerts, what you pay for is not necessarily what you see or receive.

The problem, of course, is that a good share of the 60s and 70s rock acts are either dead or retired. The touring Beach Boys normally have only one original member, and Foreigner, the Eagles, and Lynyrd Skynyrd also appear with only one. Few of us would pay good money to see the Beatles with only Ringo Starr as the original member, but thousands of Utahns open up their wallets to see Creedence Clearwater Revisited, basically a tribute band with none of the musicians vital to the original music that made Creedence Clearwater Revival music so energetic and popular. (If you want to see CCR in its most original form, buy a John Fogerty ticket.)

Their leader of Styx hasn't performed with the group for some 20 years. Original members of the Drifters and the Kingston Trio have been

dead for years. David Gates no longer sings with Bread. The lead singer of the popular Grassroots rests in the cemetery. The lead singer of Three Dog Night was fired for missing shows. Blood, Sweat, and Tears remains popular in Utah, but none of the original members have performed in the group for some 45 years.

But does that make any difference to the fan buying the ticket? To some, the group is a combination of musicians. To others, the group is simply the musical experience. To me, the Rolling Stones would not be the Rolling Stones without Mick Jagger and Keith Richards; similarly, the Who would be "fake news" without Roger Daltrey and Pete Townshend. However, I might accept a sound-alike Foreigner without Mick Jones, its leader, guitarist, and songwriter, and I could equally enjoy KISS with only two of its four original members performing (Gene Simmons and Paul Stanley). As for Peter Noone and Herman's Hermits, Peter is the only one left but was the only one fans cared about anyway.

The problem, of course, is that a good share of the 60s and 70s rock acts are either dead or retired.

Country music has less of a challenge since most acts are led by a single singer. None of us would buy a Dwight Yoakum or Willie Nelson ticket without Dwight or Willie on stage. Ditto folk music and jazz vocalists. There is no Peter, Paul, and Mary since Mary Travers passed away. But in rock music, some of the band members don't even have ownership of their own band. The New York Times recently reported that the manager of Fleetwood Mac sold tickets to a "Fleetwood Mac" show featuring none of its mem-

bers, legal since he claimed he owned the name. As musician Bob Welch quipped, "He can put four dogs barking on a leash and call it Fleetwood Mac."



If casual music fans can enjoy the music, especially the tunes that bring back memories, I suppose there is no harm, no foul in buying a ticket for what some would call an "incomplete" music experience. Just be aware that some of the men and women you sang along with on LPs and CDs are in assisted living centers, not performing on stage.

Thought of the Week

(from the desk of R. Gail Stahle, publisher)


“People ask for criticism, but they only want praise.”

» Somerset Maugham





IRON COUNTY FORECAST

A WEAK SYSTEM OVER THE FIRST HALF OF THE WEEKEND, BUT IT DOESN'T LOOK LIKE IT'S GOING TO BE COLD ENOUGH TO BRING MUCH, IF ANY SNOW. SUNDAY WILL BE SUNNIER AND A BIT WARMER!



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WINDS: SW 10-20

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PRECIP: 0%
WINDS: SW 10-15

SATURDAY
Chance of Rain
63°/40°
PRECIP: 30%
WINDS: SW 10-15

SUNDAY
Mostly Sunny
64°/48°
PRECIP: 10%
WINDS: N 5-10

MONDAY
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WINDS: Light

TUESDAY
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DRUNK DRIVING

« CONTINUED FROM PAGE 1

responded and treated the situation as they would if it were real, including the Cedar City Police Department, Utah Highway Patrol, the Cedar City Fire Department and Gold Cross Ambulance. Life Flight even participated by having a helicopter land at the scene as well.

Darren Maxwell, Shelby Maxwell's father and CCFD Battalion Chief Trainee, said he was grateful all the responding agencies were able to participate. In addition to raising awareness for the issue of drunk driving, the mock crash also served as a training opportunity.

"This was training for all the agencies that were here," Darren Maxwell said. "We trained on a non-lethal incident with actors, so we actually had victims that weren't really in pain and we could train with them and every agency here loves this kind of activity because we can train together in a semi-real environment without an actual emergency."

Shelby Maxwell said she received guidance from retired Sergeant Jerry Womack and followed his advice for putting together the event. Although she knew it was staged, she felt reactions to the situation as though it were real.

"I was actually crying when they took the person in the helicopter to go to the hospital even though I knew it was staged," she said. "Watching all these people watch it and watching the changes in their faces – I definitely think they're



LOCAL FIREFIGHTERS RESPOND TO A SIMULATED WRECK which helps provide practice between emergency responders during a real emergency and to raise awareness about the dangers of drunk driving.

KELSEY KEENER

going to remember it."

CVHS Principal Dennis Heaton said he was proud of his students.

"You can see Shelby kind of spearheaded it, but quite a group of kids was involved so that's pretty awesome," Heaton said. "I think there's a value in it; hopefully this affects some choices and effects some lives."

Officers on scene gathered evidence and made observations about the cause of the wreck and "arrested" the drunk driver, as they would in a real scenario. Open and partially empty containers of

alcohol were placed in one of the vehicles to serve as the evidence.

Shelby Maxwell added that she hopes the reenactment helps remind people of the consequences of their choices.

"I'm hoping to have them remember that all of their choices do have consequences and it's not just all fun and games all the time," she said. "It's good to have fun but also you have to think about other people when you're doing things and not just about yourself. I hope this at least touches one person because if it did it'll be worth it."

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Shipp, Vickers review legislative session at Leavitt Center

by Kelsey **KEENER**

IRON COUNTY TODAY

Representative Rex Shipp and Senator Evan Vickers participated in a panel discussion about the recent legislative session at the Southern Utah University Michael O. Leavitt Center for Politics and Public Service, which was hosted and moderated by Serena Woodhouse.

Woodhouse addressed the first question to Shipp, which was about his first experience in the legislature. He said he primarily tried to observe and ask questions and felt overall that his experience was positive despite a steep learning curve. Shipp said he was excited to be on the higher education appropriations committee and that many legislators love the work SUU President Scott L. Wyatt has been doing for the university.

Vickers was asked about Proposition 2, regarding medical marijuana. He explained the many hours of discussion and compromise that had to take place in order to pass House Bill 3001 last December and said Utah is imitating a medical cannabis pharmacy approach that applies the same laws to those pharmacies as is does to regular pharmacies. Vickers said the hope is have to medical marijuana products available to patients by early next year.

When asked about the main concerns that were faced regarding Proposition 2, Vickers said there were many permissive areas of the original proposition that did not allow for controlling the substance and too closely resembled recreational use.

"The people that really supported the initiative recognized that there were some troubling spots of language as well," he said. "That's the reason they were willing to come to the



UTAH SENATOR EVAN VICKERS (LEFT) joins Utah Representative Rex Shipp in discussing the positive outcomes from the latest legislative session.

KELSEY KEENER

table and negotiate a compromise."

Woodhouse asked both legislators about the campus safety bill that was passed in response to a University of Utah student's death. Shipp said he felt like the bill is a good start to spur change regarding students' safety on college campuses.

"Basically, what this bill does, if I understand it, is it requires each of the campuses, including the technical schools, to come up with a plan as to how to deal with safety and they also are to coordinate with local police forces," Shipp said. "There's too much sexual violence ... and I think it's just really important that our college campuses are safe."

Vickers said he feels similarly, and that with more incidents being reported, it's important that victims know they are taken seriously.

"We need to have a system where people feel safe in reporting, if nothing

else," Vickers said. "They need to feel safe in being able to report, and then confident that there's going to be follow up on that so you can not only find out who did this and punish them but also protect you moving forward. I

"I think it's just really important that our college campuses are safe."

» **Utah Rep. Rex Shipp**

think (the bill) is a great first step."

Woodhouse was also asked about the conversion therapy ban that failed. Shipp and Vickers both believe another bill will be proposed regarding conversion therapy soon. Vickers added that one of the possible reasons the original bill failed was that parties on all sides were not consulted on the matter.

Daylight Savings was also discussed, along with Medicaid expansion, and the panel closed with a short question and answer session.

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KEVIN W. ANDERSON
CEDAR CITY, UT.
DRUG – Poss C/S Sched I/II/Analog, DRUG – Poss/use of Controlled Substance, DRUG – Poss of Drug Paraphernalia

ARLENE V. CHACON
CEDAR CITY, UT.
DV – Threat w/Weapon, Weapon While Under Influence, Intoxication

HAYLEY M. BEAM
CEDAR CITY, UT.
Criminal Trespass (2 Counts)

GARY V. COX
CEDAR CITY, UT.
Dog at Large

JARED M. TUCKER
CEDAR CITY, UT.
DRUG – Poss/use of Controlled Substance, DRUG – Poss of Drug Paraphernalia, Resisting/Interfering w/Arrest

FEMALE JUV OFFENDER
CEDAR CITY, UT.
Poss/Purchase of Tobacco by Minor

KEITH K. WILLISON
CEDAR CITY, UT.
Criminal Trespass (2 Counts)

PRESTON GRIFFITHS
PAROWAN, UT.
Theft

JESSE J. LEFEBRE
CEDAR CITY, UT.
DRUG – Poss of Drug Paraphernalia, DRUG – Poss C/S Marijuana/Spice

March 27

JENARO RODRIGUEZ
CEDAR CITY, UT.
DRUG – Poss C/S Sched I/II/Analog

JEREMY BLACK
CEDAR CITY, UT.
Theft of Services

SHERRI L. PETERSEN
CEDAR CITY, UT.
Aggressive Animal at Large (2 Counts)

KELTSEY R. CHAMBERLAIN
CEDAR CITY, UT.
Purchase, acceptance from anot, DRUG – Poss of Drug Paraphernalia

RALPH MUNOZ-VALDOVINOS
WASHINGTON, UT.
Federal Contract Prisoner

March 28

NIKKI L. MYERS
CEDAR CITY, UT.
Probation/Parole Violation, Poss of Stolen Credit Cards, Identity Theft – Multi-obtains, poss, Receive Stolen Property, DRUG – Poss of Drug Paraphernalia, DRUG – Poss C/S Sched I/II/Analog (2 Counts), DRUG – Poss C/S Marijuana/Spice, DRUG – Poss/use of Controlled Substance

MARK A. CAVAZOS
OGDEN, UT.
Resisting/Interfering w/ Arrest, FTA – Warrant (3 Counts)

DANNY W. GARRISON
SAINT GEORGE, UT.
Federal Contract Prisoner

TYRON L. HAWKINS
LONG BEACH, CA.
Federal Contract Prisoner

MATTHEW O. HUGGINS
SAINT GEORGE, UT.
Federal Contract Prisoner

JAVIER PARRA
CEDAR CITY, UT.
DUI, Drive on Suspended/Revoke License, Failure to Stop at Command of Police w/Arrest

SHELTON L. WILLIAMS
LONG BEACH, CA.
Federal Contract Prisoner

GELACIO ZUNIGA-GARCIA
LAS VEGAS, NV.
Federal Contract Prisoner

ANGIE BEGAY
SALT LAKE CITY, UT.
DV – Presence of a Child, Aggravated Assault, Driving Without Insurance

MALE JUV OFFENDER
CEDAR CITY, UT.
Retail Theft, Burglary/Vehicle

WESTON M. GUYMON
CEDAR CITY, UT.
Aggravated Assault, Resisting/Interfering w/Arrest

MALE JUV OFFENDER
CEDAR CITY, UT.
Burglary/Vehicle

March 29

RICHARD P. PETERSON
CEDAR CITY, UT.
Failure to Comply w/ Court

LORI A. BARNUM
– Homeless
CEDAR CITY, UT.
Intoxication

GIDONG KANG
CEDAR CITY, UT.
Intoxication, Disorderly Conduct, Crim Mischief-Damage w/ Defraud

CHUCK L. LONG
CEDAR CITY, UT.
Speed Regulations, DRUG – Poss of DRUG Paraphernalia, DRUG – Poss C/S Sched I/II/Analog

March 30

DENISE K. CHASTAIN
CEDAR CITY, UT.
Retail Theft, Criminal Trespass

FEMAL JUV OFFENDER
CEDAR CITY, UT.
Retail Theft

CHRISTOPHER M. JOHNSON
CEDAR CITY, UT.
Intoxication

KATHERINE J. KEMNITZ
CEDAR CITY, UT.
DUI, Speed Regulations, Fail Stop – Stop Sign

KAYLEN G. SPENCER
CEDAR CITY, UT.
DRUG – Poss C/S Marijuana/Spice

March 31

MELISSA A. BOWLER
DUI of alcohol w/BAC at or over .08

DAKOTA L. RUEDA
CEDAR CITY, UT.
DRUG – Poss of Drug Paraphernalia, DRUG – Poss C/S Sched I/II/Analog

SUTTON T. SNYDER
ENOCH, UT.
DRUG – Poss C/S Sched I/II/Analog (2 Counts), DRUG – Poss of Drug Paraphernalia

BROCK L. BYNUM
PAROWAN, UT.
Threats Against Life/Property

KELLY ENGLEHART-KEITZ
PAROWAN, UT.
DRUG – Poss w/Intent to Dist C/Substance

SHERYL L. GOWER
CEDAR CITY, UT.
Theft

SAMUEL R. SCHACHET
CEDAR CITY, UT.
Assault, Unlawful Detention, DV – In Presence of a Child

April 1

ECTOR M. TORRES-LARA
CEDAR CITY, UT.
Driving Without Insurance, Failure to Reg or Expired Veh

SUU receives \$60,000 for scholarships from Intermountain Healthcare

by Kelsey KEENER

IRON COUNTY TODAY

Last week, Southern Utah University received a check for \$60,000 to go toward the school's Diversity in Nursing Scholarship program from the Cedar City Intermountain Healthcare Hospital.

integral part of why our hospital is one of the best rural hospitals in the nation," he said.

Two students who have been awarded this scholarship were able to participate in the awarding of the funds as well. Vishant Thapa was born in Siliguri, India, and worked in the hospital's laboratory for several years

to graduate with a bachelor's degree due in part to receiving the scholarship.

Director of the SUU Center for Diversity and Inclusion Maria Martinez said she is grateful for the support from Intermountain Healthcare.

"It is increasingly important that healthcare providers repre-



CEDAR CITY HOSPITAL ADMINISTRATOR Eric Packer hands a \$60,000 check to SUU President Scott Wyatt.

Administrator of the hospital Eric Packer delivered the check to SUU President Scott L. Wyatt, who said the funds are important for helping SUU make sure it's students are successful.

"We are appreciative of this generous donation and what it does for our nursing students," he said. "It is important to SUU that all types of students are successful together and that we have opportunities for students of all socio-economic, racial and ethnic backgrounds."

These funds will provide scholarships of up to \$3,000 per semester for nursing students enrolled full-time and can help cover the costs of tuition, books or even childcare and transportation.

Packer said the hospital is glad to support the university.

"Our hospital knows just how outstanding the nursing program is at SUU because our hospital hires many of their graduates and they are an



VISHANT THAPA, a nursing student at SUU who has received Diversity in Nursing scholarship funds, takes SUU President Scott Wyatt's blood pressure.

before decided to pursue nursing.

"I am very grateful for this scholarship," he said. "It has been very important and meaningful to me and my family."

Cecilia Campas said she will be the first in her family

sent the diverse demographics of our community," Martinez said. "These types of scholarships support our diverse students to increase representation in both the healthcare field and in higher education."

DEA 360

« CONTINUED FROM PAGE 1

in the top 10 states with the highest drug overdose rates in the nation. In Utah, 10 or more people die each week of opioid overdose. Prescription drug deaths in Utah have increased 400 percent since 2000; and 80 percent of heroin users start with prescription opioids.

According to Besser, the trichotomy leading to Utah's epidemic consists of: a voracious affinity for prescription drugs among a "pill for every ill" society; cheap, potent and readily available Mexican heroin; and the proliferation of synthetic drug analogues, specifically Fentanyl and counterfeit tableting operations.

Besser said societal values often keep people from talking about the problem of drug addiction and overdose.

"Sometimes our greatest strengths are our greatest weaknesses," he said. "We live in a society that has strong family values, we have strong religious threads that weave through the tapestry of our society. ... That leads into the shame stigma that I see. Because we have such a strong society, we have those family values, those good religious values, there's a price to pay if you talk about it."

He also discussed the tendency to think about deaths caused by opioid overdoses singularly, instead of also considering the people who quietly struggle with drug addiction -- the people he calls 'the walking wounded.' In three years, more than 14,000 confirmed cases of 911 calls about overdoses that did not result in death occurred in

the greater Salt Lake area.

"These are the people that didn't die," Besser said. "These are the people that walk among us and we have to start realizing that this is the reality. These folks are around us and they are the walking wounded."

Besser also touched on American society's affinity for instantaneous cures and inability to deal with pain. America consumes 80 percent of the world's oxycodone and 99 percent of the world's hydrocodone. Besser said

“ We have to change public perception, we have to change attitudes, we have to change behavior.”

» **Brian Besser, Utah DEA**

America is the highest self-medicating society on the planet, and the impatience of American society has bled into healthcare.

"Americans want to go to the doctor: I want my pills, I don't want to talk to you, I don't want you to ask me all these personal questions," he said. "I want to take my pills and I want to leave. Obviously, I'm using a little hyperbole there but that's where we've gone. Years ago, what we

paid for was the doctor's time. We wanted to drill down to the genesis of what's really ailing and find out how we could treat that apart from drugs. ... (Now) we just medicate. We medicate first and we medicate fast."

He also said the opioid epidemic is costing the United States 78.5 billion dollars a year in increased healthcare costs, loss in worker productivity and absenteeism and in the criminal justice system.

Besser touched on several other issues regarding the opioid epidemic, such as the inaccuracies of stereotypes of drug dealers and drug cartel members; how prescription opioid pain medication is no different than heroin; the potency of Fentanyl being 100 times greater than morphine and the dangers surrounding counterfeit pill operations; and the trend of youth raiding medicine cabinets for "pharm parties."

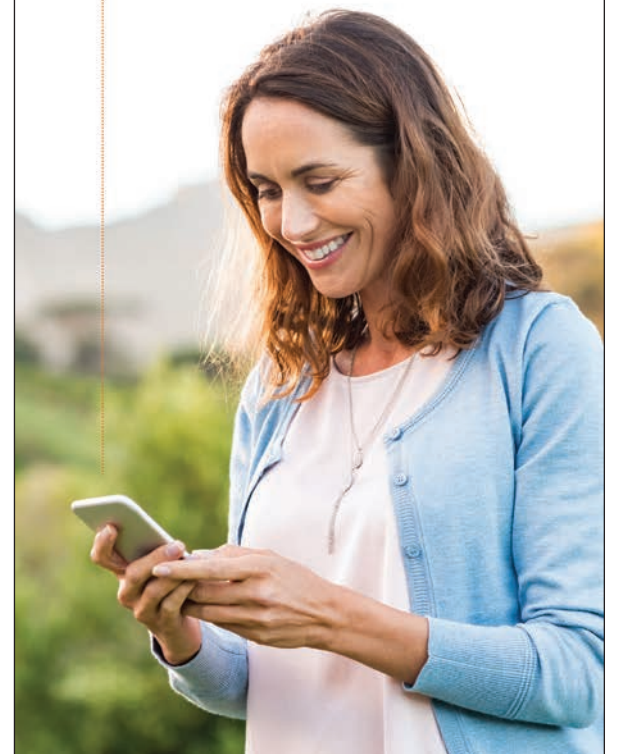
Besser further explained how the DEA is fighting the epidemic, focusing on the DEA 360 approach: law enforcement, with diversion control and community outreach. Besser said the goal is to work with law enforcement, engage with doctors and pharmaceutical providers about healthier practices and empower communities with the knowledge to take back affected neighborhoods and prevent the same problems from cropping up again.

"We want to educate and empower," Besser said. "We have to change public perception, we have to change attitudes, we have to change behavior. Our target groups are youth, parents, caregivers, educators, and employees because we want to stop the problem before it starts."

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Showcase

Young Artists...

by Corey BAUMGARTNER

IRON COUNTY TODAY

Thanks to Nick Froyd and the Color Country Art Supply in Cedar City, several young artists got a taste of fame as they displayed and celebrated their art work in a professional gallery setting. Complete with a public reception and hors d'oeuvres, the aspiring artists, along with their family and friends, admired the masterpieces which included both 2-dimensional and 3-dimensional pieces of art. Their art teacher, Barbara Prestwich, who teaches at Artisan's Art Gallery, and is a talented artist herself, was proud of the accomplishments of each of her students. Hopefully SUMA will begin making room because more and greater works are yet to come from these up and coming artists.



MORGAN GOFF PROUDLY POSES with her artwork and Teacher Barbara Prestwich.



EMMA GRAY CAPTURES an underwater scene with her painting.



A COLLAGE OF ARTWORK by Madalyn Ekker.

Pink Tea event pours out love for kids, Camp Kesem

Hats off to the Moms Club of Iron County and the Pink Tea Committee for nine years of love and selfless service to the community. Each year, funds raised during the Pink Tea event help the children whose parents are battling cancer go to a place where they can just be a kid, even if only for a few moments. That place is Southern Utah University's Camp Kesem. (www.campkesem.org/southern-utah)

Stephani Cheney, President of the Moms Club of Iron county (www.momsclub.org) addressed the audience about the importance of the Pink Tea event. "The needs of the kids whose parents have cancer can be overlooked sometimes because

evening. Brendan "Bubba" Humphries from Camp Kesem also took an opportunity to speak and share his thanks for the benefits he received from going to Camp Kesem.

When he was ten, his father was diagnosed with brain cancer and passed away four years later. It changed his life forever. "There are a lot of kids out there who are really struggling with what's going on in their lives, but to see all the smiles is just a great experience and something you'll never regret going to," he shared.

Following "Bubba," Jessica "Tink" Gowans, Director at Camp Kesem, shared her thoughts. She went to Camp Kesem to help change lives but

“ Kesem isn't about cancer, it's about finding people that love you and support you whatever you're going through”

» **Jessica Gowans, Camp Kasem Director**



BRENDAN "BUBBA" HUMPHRIES (LEFT) and Jessica "Tink" Gowans (Right) speak heartfelt words about the importance of Camp Kesem.

they aren't sick themselves. But they need more support and opportunities to just be kids." That's where SUU's Camp Kesem is instrumental in the process. She explained that while the funds raised through the event helps the kids to attend Camp Kesem, it also helps provide a comfort to the parents knowing that their children have a place to also get support and to just enjoy being a kid.

Pink Tea Committee Chair, Cyndi Wallace, greeted and thanked those in attendance and emcee Matt Nickerson kept the magic going throughout the

realized that her life would be changed also. "Kesem isn't about cancer, it's about finding people that love you and support you whatever you're going through," she said with gratitude.

Along with the live and silent auctions, tea and finger foods, attendees wore fancy hats and outfits to show support and tempt their fate in the hat contest. In the end it was a gala of grace and gratitude as another year of love and service was poured out from overflowing cups of compassion from community members for Camp Kesem and the amazing kids who need it.

DISPLAYING THEIR SIGNATURE HATS, fashionable women show their support for the 9th annual Pink Tea Event.



PHOTOS BY COREY BAUMGARTNER

THE ORCHESTRA OF SOUTHERN UTAH
PRESENTS THE
ROY L. HALVERSEN YOUNG ARTISTS CONCERT

Capture the Moment

APRIL 11, 2019 • 7:30 PM
HERITAGE CENTER THEATER

XUN SUN
MUSIC DIRECTOR & CONDUCTOR

CARYLEE ZWANG
ASSISTANT CONDUCTOR

ADAM LAMBERT
ASSISTANT CONDUCTOR

GUEST ARTISTS:



AUBREY AIKELE
SOLOIST, PIANO
PIANO CONCERTO #2
BY EDWARD MACDOWELL



ROBERT DEBRY
ORIGINAL COMPOSITION
"ASHTORETH"



ARIA WILLIAMS
SOLOISTS, TUBA
SUITE FOR TUBA
BY DON HADDAD

THE ORCHESTRA WILL PERFORM MAHLER'S SYMPHONY NO. 5
MOVEMENTS 1, 4, & 5

CONCERT TICKETS \$12 ADULTS • \$6 STUDENTS OVER 6 • \$40 GROUP OF SIX
CHILDREN OVER 6 WELCOME. • NO BABIES PLEASE, AS CONCERTS ARE RECORDED.

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MYOSU.ORG

Meet the newest Arts Council Mini-Grant recipients

by Mary Anne **ANDERSEN**

CEDAR CITY ARTS COUNCIL

The Cedar City Arts Council has just completed its first term of mini-grants for this year. I thought you might be interested in the process that results in artists of all genres receiving some funding to further their artistic pursuits. Or you might not be interested at all, in which case, you've got the remote; change the channel!

The mini-grants are grants of up to \$500.00 for which visual artists, musicians, writers, actors, etc. who live in Iron County are eligible. The funds must be used to further the applicants' individual artistic pursuits, but there is another, equally important factor. The grantee must be able to demonstrate that his or her work will improve the cultural atmosphere of Iron County. The application asks specifically, "How will the receipt

of these funds result in an artistic connection between you and the community?" In other words, if we give you this money, how will we all benefit?

There are some ardent hobbyists who love what they do of an artistic nature, but privately. Pursuing a college degree is expensive. Neither of these categories fits our parameters, nor does a business for which artistic activities are a sidelight. Recipients may apply more than once at least a year apart, but we don't grant twice for the exact same end.

We were also victims of our own good marketing this year. We had an unprecedented seventeen applications, every one of which was a worthy request in the eyes of this writer. Since our funds are limited, we had to make some painful

decisions, but we were able to send twelve hopefuls some good news. The following are our grantees for spring, 2019.

In the category of teaching, Kimberly Wallis and Kathy Wells, group music teachers in town, received funding which they will in turn use to give deserving students access to their programs. Fiber artist Shelley Schneider will invite mothers and daughters to take her classes in learning various fiber skills; the council will help with supplies and venue fees. Dr. Stuart Robinson of SUU and Lori Wrangle at North Elementary will collaborate to give Dr. Robinson's art education students some hands-on teaching experience with grade school students, toward which the council will provide materials.



Sagebrush Fiber Artisans Guild welcomes community

from Sagebrush **GUILD**

FOR IRON COUNTY TODAY

The Sagebrush Fiber Artisans Guild was established here in Cedar City about ten years ago by Barbara Ackerman and Beverly Vincent. The original group was composed

of strictly weavers and spinners in the area. Over the years it has grown to include members who also knit, crochet, latch hook, felt, tat, quilt, and do needlework of all kinds. The mission of our guild is to teach each other our fiber arts and learn new techniques in order

to grow in our crafts. We do some humanitarian projects and participate in community events like Sheep to Shawl held at the Homestead Museum. We currently have about 65 members. We gather socially every Wednesday morning from 9:30-noon at the Grind Coffee House on Main St. in Cedar City. We have individual break-out study groups for the weavers, spinners and knitters. The weavers meet in the corral area at the Homestead Museum on Friday mornings (10-noon). The spinners meet in the same location on Tuesday afternoons from 10-noon. The knitting group meets on Mondays from 9:30-11:30 at the Cedar City Senior Center on 200 South. Our monthly business meetings are held from 6:00-8:30 p.m. the first Thursday of the month in the conference room at the Cedar City Visitor Center on North Main St. All are welcome. Come join the fun and see what talents our guild members have to share.

LOOMS LOCATED AT THE FRONTIER HOMESTEAD MUSEUM await the skilled hands of the Sagebrush Guild artisans.



COREY BAUMGARTNER

SUU COLLEGE OF PERFORMING & VISUAL ARTS
SOUTHERN UTAH UNIVERSITY

UPCOMING EVENTS

**ART INSIGHTS:
BFA EXHIBITION RECEPTION**
Southern Utah Museum of Art
March 28 from 6-8 p.m.

JORDAN YOUNGBERG
SUU Auditorium Theater
April 4 at 7:00 p.m.

PIANO & STRING ENSEMBLES
Thorley Recital Hall
April 8 at 7:30 p.m.

GROOVIN' HARD JAZZ ENSEMBLE
Heritage Center Theater
April 9 at 7:30 p.m.

WIND SYMPHONY CONCERT
Heritage Center Theater
April 12 at 7:30 p.m.

42nd STREET
Randall L Jones Theatre
April 12, 13, 15, 19 at 7:30 p.m.
April 13 and 20 at 2:00 p.m.

www.suu.edu/pva

- 14 Calendar
- 16 Schools
- 19 People
- 20 Faith
- 22 Obituaries

Life

COMMUNITY & PERSONAL INTEREST IN IRON COUNTY

Grifols hosts evening of HEIR STYLING

by Corey BAUMGARTNER

IRON COUNTY TODAY

Grifols plasma donation center continues to connect with the community through fun and educational events. Last Friday, they held a special event just for dads and daughters. With the help of local businesses, Hair Nation and Evans Hairstyling College, dads learned how to style their daughter's hair. From pigtails and ponytails, to braids and buns, dads not only learned new skills but got a chance to weave in some special daddy-daughter time. Another

highlight of the evening was the girls getting to walk the red carpet while showing off their new hairstyles and of course, getting a picture with their dads.



DADS AND DAUGHTERS SHARE FUN AND FASHION during an educational evening at Grifols.



PHOTOS BY COREY BAUMGARTNER

CALENDAR

WEDNESDAY, APRIL 3

CEDAR CITY COUNCIL, 5:30 P.M., CITY HALL.

WW - WEIGHTWATCHERS REIMAGINED! GET GUIDANCE AND IN-person motivation from members, trained guides and wellness coaches who are on the same path. Workshop every Wednesday at 9:30 am at the Cedar City Aquatic Center, 2090 W. Royal Hunte Drive. Call or Text for more information (702) 832-0555.

TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK

Women's Crisis Center, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 A.M. TO 5:30 P.M.

(walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 A.M. TO 1 p.m., located at 2569 Freeway Drive between Rally Stop and the Travelodge. Rides available at no charge, leaving the Main Street Pavilion by the library at 11:30 a.m. and returning to same location after the meal. Look for the Sunrise Christian Fellowship van.

COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH IN Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

BAND: COLOR COUNTRY WINDS, CALL DEBBIE AT 435-559-9609 for time and location. Come brush up on your band skills to share with the community.

TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, LOSE WEIGHT without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park. For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

DOMESTIC VIOLENCE SUPPORT GROUP, 6 TO 7:30 P.M., FOR women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK (KKCB upstairs).

ALCOHOLICS ANONYMOUS, 6 P.M. AA MISFITS, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

AL-ANON (NEW BEGINNINGS) WOMEN'S BOOK STUDY MEETING. 6:30-7:30 p.m., 203 E. Cobblecreek Drive, Cedar City.

ARP—ADDICTION RECOVERY PROGRAM, 7 P.M., PAROWAN Seminary building, Main and 300 North, Parowan.

NARCOTICS ANONYMOUS JUST FOR TODAY, 8 P.M., KKCB, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890 or (435) 635-9603.

HEY CEDARS SQUARE DANCE CLASS, 6:30 P.M., CEDAR CITY Senior Center. Info from Pat at 435-531-6811 or Ralph at 435-669-4867.

CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M., CALL 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

ENOCH CITY COUNCIL, 6 P.M., CITY OFFICES. 900 E MIDVALLEY Rd, Enoch, UT. (435) 586-1119

THURSDAY, APRIL 4

SOUTHERN UTAH ROCK CLUB - WOULD YOU LIKE TO EXPLORE beautiful Southern Utah to find gems, fossils and minerals? Do you have an interest in learning to cut and polish gems and make jewelry? How about a fun social activity to share with your family or other like-minded people with an interest in the bounty of beautiful rocks in our area? Please join us Thurs Apr 4th, 6pm at our club shop: 497 N. 100 W., Cedar City, UT. 84721 <https://www.facebook.com/groups/UtahRocks/> & <http://www.southernutahrockclub.org/>

NAMI BRIDGES & FAMILY TO FAMILY CLASSES (FREE). 7 P.M., Southwest Behavioral Health Center, 245 East 680 South, Cedar City. To enroll, call Robert (435) 590-7749 or Rosie (435) 590-0880.

CEDAR CHEST QUILTERS' GUILD, 10 A.M., CEDAR CITY SENIOR Center, 489 East 200 South.

COLOR COUNTRY COMMUNICATORS, CEDAR CITY Toastmasters, 7 a.m., 86 W. University Blvd. Find your voice. Shape your future. Be the leader and speaker you want to be.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 A.M. TO 5:30 P.M. (walk in), Southwest Utah Public Health Dept., 260 E. DL Sargent Drive, Cedar City. Call 435-586-2437 with questions.

COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH IN Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK (KKCB upstairs).

ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, NOON, Cedar Bowling Center, 421 E. Highway 91.

AL-ANON— "AFFECTED BY SOMEONE'S ADDICTION OR drinking? AL-ANON can help. 6-7 p.m., 203 E. Cobblecreek, Cedar City. More info at 435-531-1045.

NARCOTICS ANONYMOUS, 8 P.M., KKCB, 203 E. COBBLECREEK, Cedar City. More info at 877-865-5890 or 435-635-9603.

WATER AEROBICS CLASS, 9 A.M., SUU POOL. FUN, UP-TEMPO workout to current pop hits. The class is medium to high intensity and includes full body toning. Can be modified to any fitness level. People with arthritis or knee, hip or back injuries are encouraged to participate. Cost is \$3/class. Call Allison at 435-327-2091 for more info.

CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M., CALL 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

FRIDAY, APRIL 5

COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH IN Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 A.M. TO 5 P.M., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

ALCOHOLICS ANONYMOUS, NOON. SPEAKING FROM THE HEART AA and 6 p.m. AA Misfits, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK (KKCB upstairs).

ALCOHOLICS ANONYMOUS TWISTED SISTERS MEETING, 7 P.M., KKCB, 203 E. Cobblecreek, Cedar City.

NARCOTICS ANONYMOUS LIVE AND LET LIVE, 8 P.M., KKCB, 203 E. Cobblecreek, Cedar City, for information call (877) 865-5890 or (435) 635-9603.

CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M., CALL 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

SATURDAY, APRIL 6

FROZEN SPOON GRAND OPENING - 200 S. MAIN, PAROWAN, (Inside the Chevron) 10 a.m. - 6 p.m. Prizes and free cotton candy all day. Yogurt, Ice Cream, Shaved Ice, Pizza, Pretzels, Wings, Drinks and more!

YEAR-ROUND FARMERS MARKET, EVERY SATURDAY RAIN OR shine, 9 a.m. to noon in the parking lot across from Pastry Pub. Local vegetables, greens, fruit, herbs, baked goods, artisan cheese, live plants, flowers, jams, raw honey, farm fresh eggs, and more. Also, every Wednesday, same location, 4 to 7 p.m.

SATURDAY MARKET, 9AM-1PM EVERY SAT. @ IFA, 905 S. MAIN. Good weather outside - bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For more info call 435-463-3735.

NARCOTICS ANONYMOUS CLOSED, CANDLE LIGHT MEETING, KKCB, 203 Cobblecreek, Cedar City. Info at 435-635-9603 or 877-865-5890.

ALCOHOLICS ANONYMOUS, 7 A.M., 203 E. COBBLECREEK (KKCB upstairs).

ALCOHOLICS ANONYMOUS, NOON SPEAKING FROM THE Heart AA, 6:30 p.m. AA BB Study, and 8 p.m. My Story speaker meeting, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

SUNDAY, APRIL 7

ALCOHOLICS ANONYMOUS, 11 A.M. (TGISS) AA AND 6:30 P.M. 12x12 Book Study, 203 E. Cobblecreek, Cedar City, for information call (877) 865-5890.

NARCOTICS ANONYMOUS, 8 P.M., THE MEETING HALL, 1067 S. Main St., Cedar City. For information, call (877) 865-5890.

NARCOTICS ANONYMOUS WOMEN ONLY, 11 A.M., KKCB, 203 E. Cobblecreek, Cedar City. Info at 435-635-9603 or 877-865-5890.

COMMUNITY MINDFULNESS MEDITATION, 4 P.M., ST. JUDE'S Episcopal Church, 89 North 200 West, Cedar City. This is facilitated by Amber Gower. This is a guided meditation open to the public. It is non-denominational and free to all looking for guidance in group meditation. Phone 435-590-4092 for more information.

MONDAY, APRIL 8

COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH IN Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 A.M. TO 5 P.M., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

FREE DANCE AEROBICS CLASS, 9 A.M. CLASS IS MEDIUM TO HIGH impact but can be adapted to any fitness level. Beginners and people of all ages welcome. Moms can bring young children. For more information, call Allison at 435-327-2091 (no text).

RED ROAD TO SOBRIETY/AA MEETING, OPEN MEETING, 6 P.M., Paiute Indian Tribe of Utah, 440 N. Paiute Drive, Cedar City. For more information call Chris at 586-1112 ext. 307.

ALCOHOLICS ANONYMOUS, NOON. SPEAKING FROM THE HEART AA, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

NARCOTICS ANONYMOUS MONDAY NIGHT BASIC TEXT STUDY, 8 p.m., KKCB, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890 or 435-635-9603.

FREE AEROBICS CLASS, 9 A.M.—FUN EASY DANCE MOVES TO current pop hits, Latin, jazz, hip hop, and 80s choreography included. People of all ages and fitness levels welcome. Moms can bring young children. For more information, call Allison at 435-327-2091

CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M. CALL 435-865-1387 for an appointment. Accepts Medicaid, Medicare and all private insurances.

IRON COUNTY COMMISSION, 9 A.M., COMMISSION CHAMBERS, Parowan.

TUESDAY, APRIL 9

ENOCH CITY PLANNING COMMISSION MEETING, 5:30 P.M., CITY Offices. 900 E. Midvalley Rd, Enoch, UT. (435) 586-1119

THE WELLNESS PLACE - HOW TO USE ESSENTIAL OILS, 7:00 p.m., 583 S Main Suite #5, Cedar City, UT. Phone: 435-592-5308

LION'S CLUB - NOON - SOUTHWEST TECH BUILDING, 757 W. 800 S. - We are training Lions how to use prescription readers to help those with vision problems. For more information on any of our events, meeting locations, and to become a member, please contact Burton Nichols (e-mail: burtonnichols@gmail.com or call 435-531-6529)

STORY TIME AT FRONTIER HOMESTEAD STATE PARK, 10 A.M., AN opportunity for preschool children to learn about the past through stories and history-related activities, story time is free thanks to the support of the Cedar City-Brian Head Tourism Bureau.

WW - WEIGHTWATCHERS REIMAGINED! GET GUIDANCE AND IN- person motivation from members, trained guides and wellness coaches who are on the same path. Workshop every Tuesday evening at 6:30 P.M. at the Cedar City Aquatic Center, 2090 W. Royal Hunte Drive. Call or Text for more information (702) 832-0555.

CEDAR CITY ROTARY CLUB WEEKLY MEETING. FOR MORE information call (435) 865-7637.

IMMUNIZATIONS/WIC/VITAL RECORDS, 1 TO 5:30 P.M., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

CALENDAR

RAPE AND SEXUAL ASSAULT SUPPORT GROUP, 6 TO 7:30 P.M., FOR women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH IN Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

AL-ANON "EASY DOES IT," 7 TO 8 P.M., COMMUNITY Presbyterian Church, 2279 N. Wedgewood Lane, Cedar City, for more information call (435) 531-1045.

ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, NOON, Cedar Bowling Center, 421 E. Highway 91, Cedar City.

ALCOHOLICS ANONYMOUS, NOON SPEAKING FROM THE HEART AA, 6 p.m. AA Misfits and 8 p.m. AA Cedar Group, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

WATER AEROBICS CLASS, 9 A.M., SUU POOL. FUN, UP-TEMPO workout to current pop hits. The class is medium to high intensity and includes full body toning. Can be modified to any fitness level. People with arthritis or knee, hip or back injuries are encouraged to participate. Cost is \$3/class. Call Allison at 435-327-2091 for more info.

CEDAR CITY COMMUNITY CLINIC, 10 A.M. TO 7 P.M., CALL 865-1387 for an appointment. The clinic accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

WEDNESDAY, APRIL 10

CEDAR CITY COUNCIL, 5:30 P.M., CITY HALL.

WW - WEIGHTWATCHERS REIMAGINED! GET GUIDANCE AND IN- person motivation from members, trained guides and wellness coaches who are on the same path. Workshop every Wednesday at 9:30 am at the Cedar City Aquatic Center, 2090 W. Royal Hunte Drive. Call or Text for more information (702) 832-0555.

TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK Women's Crisis Center, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 A.M. TO 5:30 P.M. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 A.M. TO 1 p.m., located at 2569 Freeway Drive between Rally Stop and the Travelodge. Rides available at no charge, leaving the Main Street Pavilion by the library at 11:30 a.m. and returning to same location after the meal. Look for the Sonrise Christian Fellowship van.

COLOR COUNTRY PICKLEBALL, 7-10 A.M., 155 EAST 400 SOUTH IN Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

BAND: COLOR COUNTRY WINDS, CALL DEBBIE AT 435-559-9609 for time and location. Come brush up on your band skills to share with the community.

TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, LOSE WEIGHT without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park. For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

DOMESTIC VIOLENCE SUPPORT GROUP, 6 TO 7:30 P.M., FOR women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

ALCOHOLICS ANONYMOUS, 6 P.M. AA MISFITS, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

AL-ANON (NEW BEGINNINGS) WOMEN'S BOOK STUDY MEETING. 6:30-7:30 p.m., 203 E. Cobblecreek Drive, Cedar City.

NARCOTICS ANONYMOUS JUST FOR TODAY, 8 P.M., KKCB, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890 or (435) 635-9603.

HEY CEDARS SQUARE DANCE CLASS, 6:30 P.M., CEDAR CITY Senior Center. Info from Pat at 435-531-6811 or Ralph at 435-669-4867.

CEDAR CITY COMMUNITY CLINIC, 8 A.M. TO 5 P.M., CALL 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

THE WELLNESS PLACE - USING ESSENTIAL OILS IN YOUR DAILY Routine, 6:00 p.m., 583 S Main Suite #5, Cedar City, UT. Phone: 435-592-5308

HANG ME OUT TO DRY

After happily drying our clothes for a decade, our dryer hit its tweenage years and started giving us the silent treatment. It would only work when we said magic words or used pliers to wrangle it into submission.

I wasn't ready to plop down several hundred bucks for a new dryer, so I suggested we string a clothesline in the backyard for fresh, sunny, natural drying. But with all the snow and the rain and the wind and the snow and the snow, I finally gave in.

One weekend, the hubby and I got in the car, girded our loins (I think that means we buckled our seat belts) and drove to the gargantuan furniture/appliance store where we were immediately attacked by suit-coated salespeople.

They swarmed from everywhere. I thought, at first, they were zombies and impaled a couple of them with the leg of a kitchen chair before I realized my (understandable) mistake. One of them valiantly latched onto us, and the rest of them staggered back into the bowels of the store.

Our salesperson/creature had mainlined 17 Dr. Peppers and hopped around us like a crazy ding-dong until we reached the appliance center. There



Life & LAUGHTER

by Peri KINDER

COLUMNIST

He guided us to the Drying Machines O' The Future, detailing all the dryer features we never knew we needed. Throwing out terms like Wrinkle Shields, Quad Baffles and All Major Credit Cards, he described a Utopian laundry room where unicorns came to raise their young and clothes never smelled like mildew.

We then learned about laundry pedestals; the crazy 12-inch tall invention that raises your washer and dryer by, well, one foot.

"Why do I need my laundry machines on \$300 pedestals?" I asked. "That seems like it's setting a bad precedent for other appliances in my home."

"You won't have to bend over to get your clothes," he said, jumping in place. "They even have pedestals with a tiny washing machine to wash small loads, or to store cleaning products!"

"Wouldn't I have to bend over to reach that?" I asked.

He blinked, then started again with the benefits of appliance pedestals, but I interrupted.

"Look," I said. "We have \$300 in cash, \$200 in collectible stamps, \$123 in Kohl's cash and \$67 in pennies. What can we get with that?"

His face fell. He waved his hand in a vague direction that could have been

behind him or downstairs, then walked away. We wandered until we found a machine that could dry our clothes. We purchased it and ran from the building, making no eye contact with any sales-zombies in the area.

The new dryer is beautiful. It's shiny. It's not coated with lint-covered laundry detergent. It actually seems kind of haughty, so I'm glad we didn't buy it a pedestal.

We assure our old washing machine that it's still a valuable part of our family. We hope positive attention will keep it working for a few more years, but it's also in the tweenage stage, so I'm expecting tantrums and/or the silent treatment at any time.



GETTY IMAGES

were washers and dryers as far as the eye could see, which isn't far because I'm pretty nearsighted. But trust me, there was a huge dryer selection.

Mr. Sales Creature launched into his spiel. "I want you to have the dryer that your future washer will adore. Not the washer you have now, but the one you'll want in two years."

I explained we weren't looking for an appliance matchmaker, but he continued.

"You don't want a dryer that will be mocked by your future appliances," he said, as if he weren't talking nonsense. "You want a dryer that will raise the standard of your home."

He'd obviously never seen our home.

Canyon View FFA shines at State Convention

by Crystal **HOPKINS**

FOR IRON COUNTY TODAY

This year at the 91st annual Utah FFA State Convention in Logan, UT, seven FFA members of Canyon View FFA received their FFA State Degree.

Kenadee Stubbs from CHS, won 1st place in the state in prepared public speaking and will represent Utah at the National FFA Convention Oct. 30th – Nov. 2nd in Indianapolis.

Isaac Sandoval & Brandon Harker were delegates from our chapter and voted on proposals made by the association.

Kaylee Hopkins from CVHS was elected as the new Utah FFA State President.

Each year, the Utah FFA Association selects six student mem-

bers in 8,630 chapters in all 50 states, including Puerto Rico and the U.S. Virgin Islands, the National FFA organization has a strong presence as the largest student-led organization in the nation.

FFA is a dynamic youth organization that changes lives and prepares members for premier leadership, personal growth and career success through agricultural education.

FFA develops members' potential and helps them discover their talent through hands-on experiences, which give members the tools to achieve real-world success.

Members are future chemists, veterinarians, government officials, entrepreneurs, bankers, international business leaders, teachers and premier professionals in many career fields.



CANYON VIEW FFA MEMBERS (L TO R) Kenadee Stubbs, Collins Clark, Wytney Larson, Braeley Bauer, Destiny Jenson, Kaylee Hopkins, and Isaac Sandoval

COURTESY PHOTO

bers to represent the organization as a state FFA officer. Throughout the year, these state officers wear a variety of hats. State officers are elected officials expected to represent the student membership during meetings with the advisory board. They teach various leadership skills to Chapter FFA officers and chapter members through individual workshops or as facilitators of State FFA leadership conferences. They are motivational speakers who inspire FFA members. They are the communicators and public relations specialists for the FFA, who strive to build positive relationships across the state. They are teammates to each other and to FFA staff. They are learners, eager to grow and fulfill their responsibilities (Utahffa.org).

With more than 669,000 FFA

Today, the National FFA Organization remains committed to the individual student, providing a path to achievement in premier leadership, personal growth and career success through agricultural education. Our members live the motto, Learning to Do, Doing to Learn, Earning to Live and Living to Serve. FFA members rise to the challenge of service embracing members of all walks of life united through FFA (ffa.org).

If you would like to help Kenadee Stubbs get to Nationals or would be interested in helping an FFA team in such areas as; floriculture, livestock judging, horse judging, environmental, natural resources, and more, please contact the Canyon View FFA Alumni at Tiffani.phillips@ironmail.org or Crystal.hopkins@ironmail.org. Thank you for your support.

SCHOOLS

ICSD News Nuggets

from Le Ann **WOOLSTENHULME**

IRON COUNTY SCHOOL DISTRICT

Three Peaks Elementary

On March 25, 3rd grade students had the opportunity to attend the Iron County Farm Field Day at the Cross Hollow Event Center. They attended stations to learn about pork production, soils (erosion), bee keeping, beef production, sheep production, crops (alfalfa), 4-H (apples), and water quality. Thank you to the many sponsors for making this educational event possible.

The Three Peaks Elementary choir also held their spring concert on March 28. Their performance was delightful and featured songs from movies and plays. Thank you to choir teacher, Mrs. Karlene Young, for teaching them two times a week in the morning before school begins. After the choir concert, Mrs. Cassie Walker's 4th grade class performed their opera for the school and parents. The opera told the story of Butch Cassidy and students wrote the words, painted the backdrops, and then performed the story by singing. They were led by student director, Reva Roylance.

Enoch Elementary

Enoch Elementary third graders learned all about agriculture during their Farm Day field trip. The Diamond Z Arena was filled with students, animals, and learning activities on March 26, 2019.

Teacher Spotlight: Mrs. Sue Braden wants to make a difference and tries every day to make her students feel important and to realize their full potential. Before teaching she was a dancer. She loves to travel, and has been to almost every state and eleven countries. She also enjoys Mexican food and Yorkies. Her favorite quote is, "Time waits for no one, it passes you by; it rolls on forever like the clouds in the sky." Enoch Elementary loves Mrs. Braden!



MS. KIMMY SOPER'S 3rd Grade Class

South Elementary

Our own Jack Parsons, a 4th grade student, won the "Regional Spelling Bee!" It was estimated that he out spelled 40,000 students! Congratulations Jack!! Three of our 4th grade students are moving on to the District Math Challenge on Friday, Good Luck to Ambrie, Dylan, and Wyatt! We are all gearing up for "The Battle of The Books" competition! 5th graders are getting ready to display their "Science Projects," Tuesday, April 2nd. Students have chosen an Invention, Experiment, or Research based project. Third Graders had a great time while participating in "Farm Day" at the Diamond Z Arena! Summer may be getting closer, but South Elementary students are winding up!!



Three Peaks Elementary will be holding kindergarten registration on April 10 from 12-3 p.m. in the gym for students ready to begin school in the fall of 2019. Thank you to the Iron County School District nursing staff and the volunteers from the SUU Nursing program for helping with registration.



CONGRATULATIONS TO SOUTH'S EAGLE PRIDE WINNERS. Good job being safe, kind, and responsible!

SCHOOLS

*SUU Aviation Career Day a soaring success*by Kelsey **KEENER**

IRON COUNTY TODAY

An open house and career fair took place for Southern Utah University's Aviation program at the program's hangar last weekend.

The event featured flight demonstrations, giveaways, food trucks and speakers from various aspects of the flight industry. The first two hours focused on connecting students and instructors in the SUU Aviation program with resources and officials that could lead to jobs or career paths.

Assistant Chief Pilot Robbie Paul said another focus of the event was to help inform the public.

"We want first for them to understand that aviation is a good career, a good thing for people to get into," he said. "The second thing is we just want for local people to understand what we do. A lot of people, all they know is that we make a lot of noise and annoy them. We want to make sure they see what we're doing, that we're bringing a lot of money into Cedar City, and to help make them part of what we're doing."

Paul said SUU Aviation is located at the highest elevation of any collegiate flight school in the nation, which helps to better prepare students.

"It makes it really great training because the higher you go the more difficult it is to fly," he said. "We've got lots of wind, and turbulence. This makes it a very challenging environment to fly in so our students, when they're done flying here, we're confident they can fly anywhere."

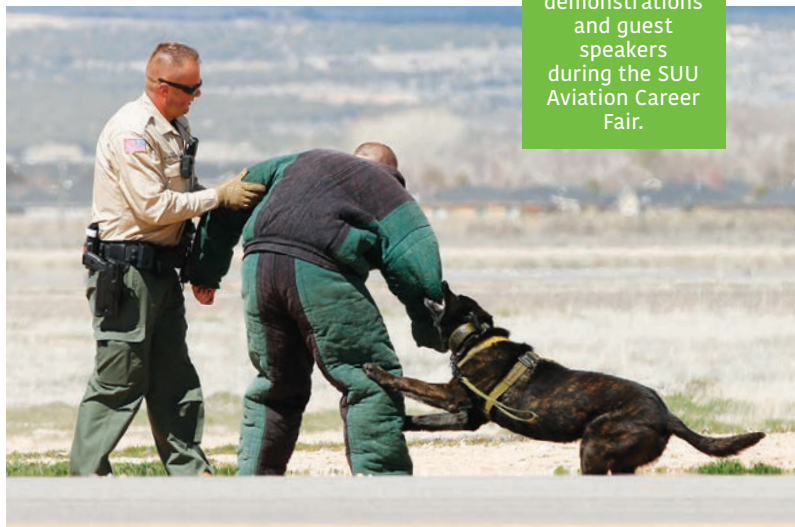
He also said SUU Aviation is the only flight school in the nation that does air operations for a sheriff's department by partnering with the Iron County Sheriff's Office.

"All of our senior pilots, they deputize us and then we train with them," Paul said. "We're volunteer Sheriff's Deputies as well as flight instructors and we go fly operations for them."

As part of the event, ICSO provided a demonstration of a law



CROWDS GATHER TO ENJOY thrilling flybys, K-9 police dog demonstrations and guest speakers during the SUU Aviation Career Fair.



PHOTOS BY COREY BAUMGARTNER

enforcement K-9 jumping from a helicopter to apprehend a mock criminal. Partnering with SUU Aviation allows ICSO to train dogs to fly in addition to providing the opportunity to get the animals where they are needed quickly, saving their energy for pursuit.

Director of Operations for Sundance Helicopters Mark Schlaefli also spoke during the event, discussing the company, as well as what to expect in jobs and the partnership between Sundance Helicopters and SUU Aviation -- called Skypath.

"It allows us to provide a career path for guys from zero, all the way through to whatever it is

they want to do," he said. "One of the biggest things that I worried about was where the heck am I going to work. This is designed to take that stress away for guys that want this path."

Skypath provides a smooth transition for SUU Aviation students from school to industry through mentoring, exposure, job shadowing and additional operating experience.

Other speakers included pilots from Papillon Helicopters; Jared Britt, Director of Global Aviation Maintenance Training; and Helicopter Association International (HAI) Board of Directors Chairman, Jim Wisecup.

5K raises awareness for postpartum mental health

by Taylor **LISTON**

FOR IRON COUNTY TODAY

Come run a 5k with Miss Iron County, Taylor Liston, on April 13th. The race is to help raise awareness for postpartum mental health. All proceeds from the race will go towards the Children's Miracle Network. Sign in is at 11:30 a.m. and the race starts at noon. Entries are \$20 which includes a t-shirt. Register online at www.missironcountytut.wixsite.com/website. See you there!



COURTESY PHOTO

TAYLOR LISTON, Miss Iron County.

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IRON COUNTY **today**

To freeze-dry or not to freeze-dry?

Most folks from this area are familiar with dehydrating/drying foods as an easy, effective and inexpensive method of food preservation. The process requires few tools or equipment and is not as intimidating as other forms of food preservation that require heat, steam, pressure, etc. Dehydrated foods are stable at room temperature, light weight and generally have a shelf-life of 1-2 years when they are stored properly.

In recent years, the public has also been introduced to commercially-prepared freeze-dried foods and added these to their emergency food storage supply. However, commercial products remain expensive when purchased at supermarkets or emergency preparedness stores. Well, now home freeze-drying is becoming more readily available and promoted as "the best" method to preserve foods for long-term storage. So, should you purchase a freeze-dryer for your home?



Kathy's CORNER

by Kathleen RIGGS

UTAH STATE UNIVERSITY EXTENSION

Well, not so fast. There are some things to consider prior to making such a move.

Main Benefits:

- » Manufacturers highlight the high retention of nutrients, the fresh appearance, taste and the versatility freeze-dried foods.
- » People with food allergies or special dietary needs can easily control what goes on and into freeze-dried products.
- » Foods that don't preserve well using other forms of food preservation can be preserved in a home freeze-dryer, e.g. dairy and a variety of meats, along with many pre-made main dishes.
- » Shelf-life of properly stored freeze-dried foods is 25 years.

Caveats or Cautions:

COST OF THE UNIT: Sticker shock may sink in when a potential buyer realizes the up-front cost of a medium-size (Standard) freeze-dryer. Units generally sell for over \$2,000. Add the newly available oil-free vacuum pump at a cost of nearly \$1,600 and that alone can turn some away from

further consideration of obtaining the unit.

COST TO OPERATE: While not a huge expense, the freeze-dryer draws about 9-16 amps, throughout the process, or 990-1210 watts of power per hour. A dedicated 20-amp circuit is recommended. Your freeze-dryer will cost an estimated \$1.25-\$2.80 a day, depending on local power costs.

UNIT SET-UP & STORAGE SPACE: Another consideration is whether you have a dedicated space for such an appliance in your home. A medium-size/standard freeze-dryer is about the size of a small portable refrigerator. The dimensions and weight of this size unit made by HarvestRight® is: 18" W x 21.25" D x 28.5" H. If you choose a colored unit, it weighs in at 112 lbs. compared to a stainless model that weighs 133 lbs. (See: <https://harvestright.com/faqs/>). If you don't have a table or cabinet in an out-of-the-way place to store the unit, you will want to consider a sturdy storage cart with wheels where you can store supplies and a bucket to catch the moisture during the defrost cycle. It can then be moved to where you want to use it and then stored after use.

FREQUENCY OF USE: How long will it take you to break even on your purchase? It will depend on how often you put it to use. However, if you figure an average cost of a #10 can of freeze-dried product to be about \$25, it would take about 60 uses or batches of freeze-drying to pay off the cost.

EXPERIMENT WITHOUT INVESTING: If you are still intrigued and interested in how the process works, want to examine a unit and/or experiment with a batch of food, reach out to your local USU Extension Office. Currently, Iron, Garfield and Piute County Extension Offices have freeze-dryers, offer classes, and allow clientele to reserve times to process foods in the units. In Iron County, you must first receive an orientation to understand how the unit works and how to care for it.

So, is freeze-drying for you? Perhaps—if you have reservations about investing in a unit of your own, there are low-risk options to try it out. Why not give it a shot?

Kathleen Riggs is the Utah State University Extension family and consumer sciences professor for Iron County. Questions or comments may be sent to kathleen.riggs@usu.edu or call 435-586-8132.

Best Friends Animal Sanctuary

THINGS TO SEE & DO IN SOUTHERN UTAH

by Shay BARUFFI

IRON COUNTY TODAY

The Best Friends Animal Society is a national animal welfare organization and a leader in the no-kill movement. The organization runs the nation's largest no-kill sanctuary right here in Southern Utah, the Best Friends Animal Sanctuary. The sanctuary spans across thousands of acres of beautiful landscape in Kanab, Utah, and is a haven to over a thousand animals in need of loving care. It is divided into multiple animal focus areas, like: Dogtown, Cat World, Horse Haven, Piggy Paradise, Bunny House, Parrot Garden and Wild Friends.

Free tours of the Sanctuary, also known as Angel Canyon, are available daily. It is suggested that you call ahead to reserve a tour time. Volunteering is an opportunity that my friends and I had the pleasure of

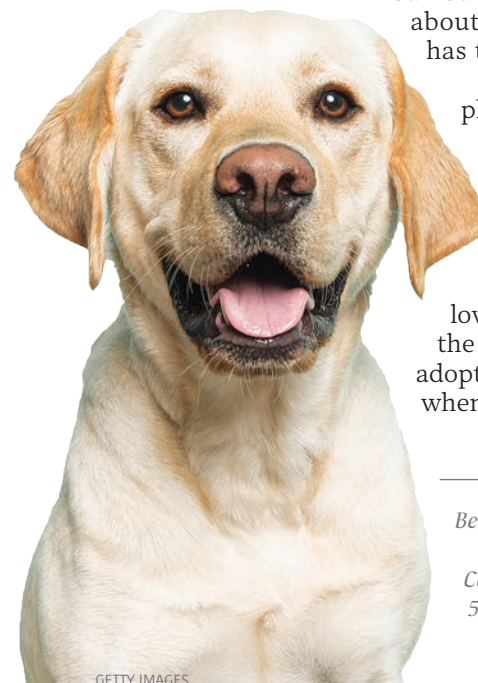
participating in. I suggest visiting the Best Friends volunteer website at www.bestfriends.org a few months in advance in order to select your preferred animal volunteer area. The increasing population of animals at the sanctuary makes the Best Friends volunteers exceedingly valuable.

Our volunteer experience was absolutely phenomenal, the sanctuary was refreshing and therapeutic. We spent most of our time in Dogtown, where we took our furry friends on many fun walks. The sanctuary grounds are vast and exquisite; walking trails wind throughout the red canyon. In addition to our hiking adventures we assisted the main caregiver at our location in accomplishing daily tasks at our Dogtown station.

Best Friends provides a vegetarian buffet for lunch between volunteer shifts. The café overlooks a gorgeous view of the canyon. You and your loved ones can stay the night at guest cottages, cabins or RV sites on the sanctuary grounds. Be sure to explore the scenery, relax in your peaceful surroundings, and learn about what the sanctuary has to offer.

The next time you're planning a family outing, a birthday trip, or a short getaway, think of Best Friends Animal Sanctuary.

It is hard not to fall in love with the animals at the sanctuary, be sure to adopt your new best friend when you visit!



GETTY IMAGES

Best Friends Animal Sanctuary is located at 5001 Angel Canyon Rd, Kanab, UT 84741-5000. For more information, call: 435-644-2001

Character choices



The Rut LESS TRAVELED

by Corey **BAUMGARTNER**

IRON COUNTY TODAY

Every day we have choices to make. Some choices make us grin from ear to ear, while others bring chagrin and fear to fear. Some choices give us time to explore our options, while others require immediate answers or actions. Whether it's good news or bad news, we choose how we respond—not just react—to the situation. It is during these moments where having a good character can be of great assistance to our resistance to doubts and discouragements, as we travel life's roads and hopefully avoid the ruts.

No matter where we go, it is our choices that will erode and corrode, or build and broaden our characters. Making character choices can be a guide and a guard throughout our lives. Like an inner lighthouse, they will help to guide our ships away from poisonous ports, from being dashed to pieces on carnal coral reefs, or running aground in shallow waters. And as every sailor at one time or another will stare into the storms of frustrations and doubts, we must then steer into them with courage and confidence in ourselves, our crew and our ship. Also, when we learn to make the crucial character choices before the storms reach us, we will be able to face them better and not only survive them but learn powerful lessons that will make ourselves and our crew even better sailors.

There are also times when we will have holes in our sails and ships. We repair them by making better choices. Therefore, we need not be afraid of failures and flaws if we are striving to correct the cause. If we focus too much on the mistakes, then we will never be happy with ourselves, or others. It takes great character to see past another person's flaws and failures to see their heart and true desires. I am not justifying anyone's imperfect and perhaps polluted past, but if they have changed their choices—from the inside out—then their character will reflect who they truly are.

Remember, love provides the map and the compass. Love will help us make better character choices that will lead us safely through the storms of life on our way home. We will see people more for who they are, not who they were. We can learn to love ourselves and other people without the need for checklists, pedestals, or footstools. This kind of life and love is not determined by age, or location. It is determined by our characters and the choices we make to keep those characteristics intact and protected from people, places and powers in this world that try to corrupt our choices and our choice characters.

May we each create choice characters through correct choices and heed not the voices and vices that try to sink us, depress us or break us apart. These are our lives and we're going to let them shine and fear not the winds, waves or rough seas of our life.

PEOPLE

WEDDING

Neilsen- Roché

Haylee Neilsen and Wade Roché are pleased to announce their marriage on Saturday, April 6, 2019. A reception will be held at The Barn at Cedar Meadows from 6:00 - 8:00 p.m. Parents of the bride: Lance & Stephanie Neilsen. Parents of the groom: Dave & Shannon Coan.



Have a People Announcement?

There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon for the following week's issue. Announcements should be 100 words or less. Please call 435-867-1865 ext. 5 for pricing for all other announcements.



gateway
academy



GATEWAY PREPARATORY ACADEMY IS NOW ENROLLING STUDENTS FOR THE 2019-20 SCHOOL YEAR.

Gateway is the only elementary charter school in Iron county and offers a premiere, individualized education for all students utilizing a Montessori curriculum that focuses on individual growth and hands on learning.

Students at Gateway have access to technology daily and in addition to the Montessori curriculum use a variety of web based programs that prepare them for life and work after school.

All students at Gateway have access to enriching programs in the arts and are able to perform in one of our 6 performing groups in a professional setting in as early as 4th grade!

As the only accredited elementary program in Iron County, teachers and staff at Gateway pride themselves on knowing each of our students individual needs. This helps us as we challenge them academically while providing enriching experiences and opportunities for service that will last a lifetime. We would love the opportunity to get to know your student; please feel free to contact the office for more information and a tour.

Phone: 435.867.5558 • Email: info@gpacharter.org

- TUITION FREE public charter school
- Individual instruction using the Montessori method
- Performing arts for students grades 4th and up
- Full day kindergarten for eligible students
- Technology programs for all students, including programming and 3D printing.



FAITH

Churches

Calvary Chapel

10 AM - SUNDAYS
7 PM - THURSDAYS
101 E. Nichols Canyon Rd.
Suite A-6, Cedar City
867-8188

Cedar City Seventh Day
Adventist Church

11 AM - SATURDAYS
4571 N. Hwy. 91, Enoch
592-2142

Christ the King
Catholic Church

5:30 PM - SATURDAYS
8:30 AM - SUNDAYS
11:15 AM SPANISH - SUNDAYS
690 S. Cove Drive, Cedar City
586-8298

Church of Jesus Christ
of Latter-day Saints

Cedar City Stake
9 AM & 11 AM - SUNDAYS
155 E 400 S, Cedar City
586-8381

Enoch Stake

9 AM, 11 AM & 1 PM - SUNDAYS
3600 N. Minersville Hwy.,
Enoch
586-5950

Parowan Stake

9 AM & 1 PM - SUNDAYS
90 S. Main St., Parowan
477-8929

Church of Christ

11 AM SUNDAYS
1075 S. Fir, Cedar City
586-9534

Community of Faith

11 AM - SUNDAYS
195 W 650 S, Cedar City
669-8660

Community
Presbyterian Church

10 AM - SUNDAYS
(CHILDCARE AVAILABLE)
2279 N. Wedgewood Ln.,
Cedar City
586-8891

First Baptist Church

11 AM - SUNDAYS
324 W 200 N, Cedar City
586-6994

Grace Christian
Church

10:30 AM - SUNDAYS
7 PM - WEDNESDAYS
845 W 200 S, Parowan
590-1663

Kingdom Hall of
Jehovah's Witness

7 P.M. - THURSDAYS
10 AM - SUNDAYS
620 E. Nichols Canyon Rd.,
Cedar City
867-1837

Light of the Valley
Fellowship Church

1:30PM - SUNDAYS
995 S. Regency Rd., Cedar City
(Brookdale Sr. Solutions)
590-7362

Mountain View
Baptist Church

11 AM & 6 PM - SUNDAYS
1160 S. 860 West, Cedar City
865-1211

New Life Church

10 AM - SUNDAYS
Spring Hill Suites
1477 S. Old Hwy 91, Cedar City
233-0047

Parowan United
Methodist Church

9:30 AM - SUNDAYS
6:30 PM - THURSDAYS
190 N. Main, Parowan
477-1334

Potters House
Christian Fellowship

11 AM & 6:30 PM - SUNDAYS
7:30 PM - WEDNESDAYS
732 N. Main, Cedar City
695-8212

Red Hills Southern
Baptist Church

10:45 AM - SUNDAYS
4277 N. Wagon
Wheel Dr., Enoch
865-7068

Sonrise Christian
Fellowship

10 AM - SUNDAYS
6843 W 1800 N, Cedar City
(Just off Iron Springs Rd.)
586-3640

St. Jude's
Episcopal Church

10 AM - SUNDAYS
70 N. 200 West, Cedar City
586-3623

Trinity Lutheran Church

10 AM SUNDAYS
410 E. 1935 North, Cedar City
586-7103

True Life Center

9 AM & 11 AM - SUNDAYS
2111 N. Main St., Cedar City
867-0405

Valley Bible Church

11 AM - SUNDAYS
4780 N. Hwy 91, Enoch
586-0253

Westview
Christian Center

11 AM - SUNDAYS,
6:30 PM - WEDNESDAYS
2624 W. Hwy. 56, Cedar City
865-1550

They that be with us

GOD'S
Porch

by Corey BAUMGARTNER

IRON COUNTY TODAY

Have you ever felt surrounded or suffocated by life? Perhaps you're fighting a battle today that seems impossible to win. Maybe you've been fighting that battle for a long time and you're thinking that you have to keep fighting alone. I hope that after spending some time on God's porch you won't feel so alone, or unable to fight and win your battles. God wants you to be a victor and not a victim.

In 2nd Kings 6:14-7 there is a great example of this battleground scenario. It speaks of the panic and perspective of a servant and the patience and perspective of a prophet. I love the imagery of the worry of the servant when he sees the entire city surrounded by horses and chariots, which were considered one of the most formidable weapons of that day. He panics at the sight because he sees no escape or possibility of victory. Elisha prays that the Lord will open the servant's eyes to see the bigger picture. As the Lord opens his eyes he sees that the surrounding mountains were full of God's horses and chariots of fire ready to protect the prophet.

You may wonder why if the armies of God surrounded those of the enemy, why didn't they just attack and get it over with. I believe that to truly be victorious, we must be a part of the battle! We must do all we can, even if it's just to kneel on the battlefield in mighty prayer, God wants us to be a part of the battle so we can be a part of the victory!

God never said we would not have battles to face, but He promised that He would be with us through each one. From bad days to bad habits, from depression to addictions, God wants each of us to know He is with us and that He is greater than our depression, doubts and despair. But we have to rely on God to replace our blindness with belief. We don't need to be a prophet to have this perspective. Don't let the things of this world blind you to God's love and power to deliver you. Ask God to open your eyes to see His power in your battles.

Remember that the adversary isn't God's equal. Whatever surrounds you today, know that God loves you and will help you fight and win your battles. Yes, you may feel surrounded and outnumbered, but not if you trust in the Lord. It's time to be a victor and not a victim. Stand fast and stay faithful. And should you be tempted to panic and cry out, "Alas, my master! How shall we do?" know that no matter how many enemies lay siege to your life today, God will help you fight and win your battles. May He open your eyes that you will know that they that be with you are greater than they that be with them.

CEDAR AREA INTERFAITH ALLIANCE
WOMEN'S AUXILIARYinvite Women of
our local Communities asWe Care  We Share
TogetherMONDAY
APRIL 8th
20196pm
Heritage Center
Room 7

Light Supper/Drawing for Gift Baskets

Suggested items to bring

Peanut butter
Canned chili/meat/fruit
Tuna
Cereal
Sweat shirts & pants (unisex) all sizes & colors
New underwear - men/women all sizes
Tube Style Socks
Washcloths
Laundry detergent

RSVP by April 4th- Marguerite Smith at 435.867.5487

This event is hosted in behalf of the Iron County Care & Share
Interfaith Cookbooks will be available at \$20

MIDTOWN TIRE & AUTO

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Includes **FREE** Car Wash

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Affiliated Retailer

\$24⁹⁹ + Taxes & Fees
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PLUS TIRE ROTATION

Oil Change & Filter up to 5 Qts. of Oil • w/Premium Products • Fluid Check & Fill
Courtesy Check Includes: Tire & Suspension, Inspection, Battery Alternator, Starter,
and Braking System • Not Valid w/any Other Offer • Exp. 5/31/19

586-0460

BRIDGESTONE Firestone

433 S. Main, Cedar City (Look for the Big Tire in Front)
See our website at midtowntireauto.com for other savings!

FAITH

Christian artists bring night of hope, healing

by Corey BAUMGARTNER

IRON COUNTY TODAY

March 30th was a night to remember in Cedar City as three popular Christian artists transformed the Heritage Theater stage into a pulpit of hope and healing. Jason Deere, Hilary Weeks, and America's Violinist, Jenny Oaks Baker shared uplifting words and healing harmonies while playing the guitar, piano and the violin.

Jason Deere began the evening speaking about whether we've got a pocketful or a U-Haul full of problems, Jesus Christ is the one Source to not only survive them but to overcome them. And though we are all sinners, those who repent are no longer sinners; they are heroes for having the courage to change course through Christ. He also

counseled the audience to get rid of the disease known as, "Yeah, but..." and to start believing in themselves and in God and put their shoulder to the wheel and keep going. He knows that life is a fight, but it can be easier if we stop carrying stuff we don't have to and to stop worrying about what other people think, say or do and keep fighting. God will keep His promises to help us. He added, "I love you because you're fighting and because you're not going to give up."

Hilary Weeks shared inspiring stories of those who succeeded against the odds, including her own life. When she began her career she was rejected by every publisher she sent her songs to. One even told her she would never make it. She almost decided that music wasn't her path. Thankfully, a scout for Deseret Book

heard her now famous song, He Hears Me, and 11 CD's later, the rest is history. She is proof that it doesn't matter who says no when God says yes. She also shared that, "The true test of champion is not whether you can triumph, it's whether or not you can overcome obstacles and challenges. Let the Savior be part of your hope and healing. Yes, sometimes you have to wait your turn, but there are moments of greatness yet to come in your life and you can bring glory to God through your successes."

She also reminded the audience that even when we go through heartbreaks and are not sure if we can breathe or even get out of bed, if we will open our hearts to the learning, those trials can become sacred. Even that someday we wouldn't trade those trials for anything because of who they made us

when we reach the mountaintops of life. Her music inspired listeners to keep climbing and believing that when we don't think we can make it, to not fear the storm, but to become the storm.

As the final performer of the evening, Jenny Oaks Baker encouraged the audience by reminding them that as we each journey to our promised lands, life is full of great moments and trials, but when we look beyond the trials, we realize that they lead to miracles.

"God is there and I'm so grateful to know that Heavenly Father loves us enough to give us trials to help us to grow and be stronger, but also great miracles and blessings to show His love for us," she said gratefully. "All hope and healing is truly made possible through the Atonement of Jesus Christ."



JASON DEERE

HILARY WEEKS

JENNY OAKS BAKER

OBITUARIES

Wayne Otto Stanworth



Wayne Otto Stanworth returned home to his Heavenly Father on March 23, 2019, at the age of 91, surrounded by his family, taking his last breath holding his only grandson's hand. Wayne was born June 12, 1927, to James Otto Stanworth and Reeta Stratton in Hurricane, Utah. Wayne married LaJuana Orton in the St. George LDS Temple on Nov 18, 1949. Mr. Stanworth served in the Army for 1.5 years on the SS Monterey transporting troops and war brides as an entertainment specialist. Wayne returned home to work for Utah International for 32 years and later worked for Evans Trucking until retirement. Wayne was an active member of the LDS church and enjoyed many callings in the church. Wayne enjoyed the outdoors, especially raising a garden, and maintaining his home. He enjoyed fishing, traveling, camping and always owned a travel trailer in which he took his family on several wonderful vacations each year. In later years he found joy in his grandson Tyler and Wife Morgan; Dylan and Holland, his great grandchildren whom he adored. Wayne was a hard worker, industrious and a good provider.

Wayne is survived by his children Kevin Stanworth of Hurricane, Utah, Tonya (Craig) Winona of St. George, Utah, and Teresa (Siegfried) Riemhofer of Hurricane, Utah. He is also survived by one grandson, Tyler Wayne (Morgan) Winona and great grandchildren, Dylan Robert Winona and Holland Winona of St. George, Utah.

Wayne is preceded in death his wife LaJuana, and daughter Glenda; his brother Lynn Stanworth, sister Myrna Olds, and sister Janice Nielson. The Family would like to give special thanks to the caregivers at Advanced Rehab, Autumn Park Assisted Living and Hospice for the wonderful care given to our Father and Grandfather.

A funeral service was held on Monday, April 1, 2019, at 1:00 pm the Parowan 1st and 2nd Ward Chapel. A viewing was held prior to the service from 11:00 to 12:30 at the Church. Interment took place in the Parowan City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com.

Alfred Wade Marshall



Alfred Wade Marshall passed away unexpectedly on March 25, 2019, in one of his favorite places -- Quartzsite, Arizona -- where he loved spending the winters. Wade was born on July 1, 1942, in Denver, Colorado, to Bob and Opal Marshall. Wade was the eldest of four children. Brother Robert (Susan) Marshall; sisters Charlynnne MacDonald and Vallorie (the late Boyd) Thacker. Wade grew up in Colorado until joining the Army where he served in Germany. He was married for a short time and had two children: Audie and Vallorie.

Wade joined the Church of Jesus Christ of Latter-day Saints in May of 1974, and was married to Margene Madsen on June 13, 1975, in the Manti temple. Together they had three children: Benjamin (Natalie) Marshall, Michelle (Todd) Mullen, Melanie (Joshua) Orton. He had 15 grandchildren and 4 great-grandchildren. One could hardly describe the love between Wade and his grandchildren. He will always be one of their heroes.

Wade worked as a heavy equipment mechanic and was proud of the business he built in 1992, Wade's Field Service, where he enjoyed working with his son, Ben.

Wade loved the outdoors where he enjoyed hiking, jeeping, 4-wheeling, rock crawling, shooting, and finding unique rocks in the desert. He was always working on, or building, something and played as hard as he worked.

Wade was preceded in death by his parents, son Audie, and brothers-in-law Boyd Thacker and Doug Anderton.

Services will be held on Friday, April 5, 2019, at the Heritage Chapel (290 West 1045 North). A viewing will be held the evening before at the Southern Utah Mortuary from 6:00 - 8:00 p.m. A viewing will also take place at the Heritage chapel from 9:30 - 10:30 a.m. on the day of the services. Interment will be in Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com.

Milda Cluff Goodman



Milda Cluff Goodman, 87, peacefully returned to her heavenly home on March 21, 2019. She was born in 1931, to Milton W. and Leurn Mortensen Cluff. She was the fourth of four children. She married her sweetheart Tom Goodman in the Mesa Arizona Temple on March 2, 1951. Milda and Tom have six children, Tom (Patti), Gary (Susan), Bob (Susan), Brent (Renee), Glenn (Mindy), and Gayla (Wade Sperry). She also has five wonderful daughters-in-law and one son-in-law that she loves as her own. She adored her 27 grandchildren and 61 great-grandchildren. Each one is her favorite.

Milda is a member of the Church of Jesus Christ of Latter-day Saints. She faithfully served in many church callings and especially enjoyed working with the youth. Milda loves music and was an excellent pianist and organist. She participated in many choirs either singing or accompanying. In addition to other callings, she served as ward organist starting at age 14 and actively served in that calling until she was 82. She also served a mission with her husband in the Illinois Nauvoo Mission.

Milda grew up in Arizona and New Mexico. She started her family in Farmington, NM. She also lived in Kansas and Nebraska and settled in Cedar City, UT. She loved learning and helping people. She earned her real estate license and worked with her husband in the real estate profession in Cedar City. Those who know her enjoyed her kindness and positive attitude.

She is survived by her children, grandchildren, great grandchildren and one sister.

Funeral services will be on Saturday March 30, 2019, at 1:00 p.m. at the Cedar Valley Ward of the Church of Jesus Christ of Latter-day Saints (1650 W Center St., Cedar City, UT). There will be a viewing prior to the services from 11:30 a.m. to 12:30 p.m. Interment will be in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com.

DyAnn Chamberlain Pollock



DyAnn Chamberlain Pollock Passed away March 29, 2019, at Dixie Regional Medical Center, in St. George, Utah. She was born August 3, 1941, in Cedar City, Utah, to Norine Jones Chamberlain and Edgar Cram Chamberlain. She grew up in Cedar City, and graduated from Cedar High School. She went on to receive her Bachelor's degree in Elementary Education from CSU, where she met her beloved Garry Don Pollock, and they were married June 21, 1965 for all time and eternity in the St. George LDS Temple.

DyAnn taught elementary for 30 years in southern Utah, with the majority of those years teaching 2nd grade in Enoch Elementary. She loved all of her students dearly, and always had such positive things to say about the children she taught. Her love of school and teaching also carried over into her home. She loved teaching her grandchildren new things, and enjoyed bringing her children and family to help her in her classroom whenever work permitted. She always encouraged everyone in her family to take education seriously.

She was a member of the LDS Church which taught her many virtues, of which compassion and generosity were the ones that she had undeniably mastered. She was always concerned with her friends and family's well-being, and if she could do anything to help, she would do it without question. She was such a loving soul and enjoyed spending as much time as possible with her family.

She is survived by her brother Scott Chamberlain (Kareen) and her in-laws Olene (Dale) LeFevre, Gail Pollock, Cray (Brenda) Pollock, Sam Pollock, Jeff (Linda) Pollock, and her children Julie Don and Chad Chamberlain Pollock, as well as 4 grandchildren, and 3 great grandchildren, all of whom she loved dearly.

She was preceded in death by her beloved husband Garry Don Pollock, her parents Norine and Edgar Chamberlain, Siblings; Lorraine (Lila) Chamberlain, and Larry Chamberlain and her sister-in-law LaRae Pollock.

There will be a viewing Wednesday April 3, 2019 from 2-3 p.m. with funeral services starting at 3 p.m. at Southern Utah Mortuary. (190N 300W, Cedar City, Utah 84720). Interment will be held immediately following at the Cedar City Cemetery (685N Main St. Cedar City, Utah 84721) under the direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com.

Michael Rasmusen



Michael Rasmusen passed away at home on March 24, 2019. His life partner Christina Silky was at this side. Mike was born April 28, 1938, to Vern Rasmusen and Dora Johnson. Mike is survived by his three sons, Daryl, TN, Douglas, CA, and Dale, CA. Mike had three brothers; LeRoy, deceased, Patrick, UT, Earl, UT, and three sisters: Jean LeMaster, Terry Fenton, and Marty Sammond, all from UT. Mike served in the Navy during Viet Nam.

Zachary Christopher Sizemore



Zachary Sizemore, beloved son, brother, and friend, passed away unexpectedly at his home on March 25, 2019. He was born on February 3, 2002 in Cedar City, Utah.

At eight months old, Zachary was diagnosed with Duchenne Muscular Dystrophy. He was an active member of the Church of Jesus Christ of Latter-day Saints, participating in the activities of young men his age.

Zachary was a junior at Canyon View High School. Although confined to a wheelchair, he made friends easily. He

possessed a sweet spirit that naturally drew others to him. He found joy in seeking out and visiting with friends and strangers alike, peers as well as adults. He enjoyed a cadre of female students who had bonded with him in elementary school. He particularly loved girls who wore crazy socks and slid across the floor while he watched. While in high school, Zachary played percussion instruments in the band. Zachary also enjoyed playing video games. He particularly liked to play Super Smash Bros. Brawl on his Wii. He was fascinated with cars of all types, keys, and airplanes. He loved to discuss cars with others. He would ask what kind of car they drove, the year it was made, and ask to see the keys. He loved cats, funny TV shows, and videos on YouTube.

Zachary, so beloved by all who knew him, will be missed. He is survived by his parents, Will and Malinda; brothers, Ethan and Connor; grandparents, aunts, uncles, and cousins. Funeral services will be on Saturday, March 30, 2019 at 2:00 PM, with a viewing on Friday, March 29, from 6:00 to 8:00 PM and March 30 from 12:00 to 1:30 PM. All services will be held at the Old Farm Ward, 3575 North Minersville Highway in Cedar City. Interment will be in the Cedar city Cemetery, under the direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com.

Gregory Dale Sybrant



Gregory Dale Sybrant, age 59, passed away on March 27, 2019. He was born on September 12, 1959, in Hawaii, to Gordon Dale and Darlene Ethel Knoche Sybrant.

Gregory enjoyed cooking, making people laugh and listening to music. He loved going to the beach and riding horses. He will be missed by his family and friends.

Gregory is survived by his son Aaron Sybrant of Minnesota, and his sisters Tammie Sybrant of Hurricane, Utah, and Terrie Collins of Cedar City, Utah.

A memorial service will be held on Wednesday, April 3, 2019 at 1:00 pm, at Southern Utah Mortuary (190 N 300 W, Cedar City, UT). Final arrangements are under the direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com.

There is no charge for obituaries of 400 words or less. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. A single submission may include up to two photos. The deadline for submission is Monday at noon. For pricing information for obituaries longer than 400 words, please call 435-867-1865 ext. 5.

Sports

SCORES & RECAPS
FROM COMPETITION
IN IRON COUNTY

ROADRUNNERS HOLD ON, END T-BIRD HOOPS SEASON

by Tom ZULEWSKI

IRON COUNTY TODAY

The Cal State Bakersfield Roadrunners aren't known for the most artistic style when they play basketball. In the second round of the CollegeInsider.com Invitational, CSUB provided a dictionary definition of what it means to survive and

“We just didn't make enough baskets”

» Todd Simon, SUU head coach

advance.

Greg Lee led three players in double figures with 15 points, and the Roadrunners got scoring from all 10 players who saw action before holding on down the stretch for a

70-67 victory over Southern Utah before an announced crowd of 3,027 at the America First Event Center.

The T-Birds finished with its first non-losing season since 2006-07 and second-best in the Division I

era with a 17-17 overall record but couldn't get over the hump late as Bakersfield (18-15) advanced to the CIT quarterfinals.

“The last one's always tough, especially when you get to post-season play,” SUU head coach Todd Simon said. “That's a good team

see T-BIRDS » 25

Lady Reds blast way to two more wins

FALCONS FIVE-GAME WIN STREAK ENDED

by Tom ZULEWSKI

IRON COUNTY TODAY

One season ago, the Cedar Lady Reds stared down a seven-run deficit on the road at Snow Canyon, but rallied to keep its Region 9 winning streak intact.

On March 26, the deficit wasn't quite as severe, but the sequel achieved similar results.

Denim Henkel belted a three-run homer as part of a four-run sixth inning, and Cedar added two more runs in the seventh for insurance on the way to a 6-4 road win over the Warriors to pick up its second straight Region 9 win and 24th in a row over the last three seasons.

Despite being out-hit, 11-7, the Lady Reds took full advantage of three errors by the Warriors and got a complete-game effort from senior Kenzie Waters. The College of Southern Idaho didn't walk a batter.

Snow Canyon was able to get two runs back in the bottom of the sixth to creep closer, but Cedar held on and



LADY REDS STAR PITCHER, KENZIE WATERS, delivers another strike out to Snow Canyon.

COREY BAUMGARTNER

secured the victory.

The Lady Reds returned home to familiar surroundings and went to work Friday, belting six home runs – including two from Henkel – in a 12-0 five-inning shutout over Pine View

on March 29. Cedar extended its region winning streak to 25 in a row and moved into a first-place tie with Desert Hills at 3-0

“Our field is only 190 feet and the wind's blowing out. If you leave the ball up, it's

gonna go out,” Cedar head coach Chris Weaver said. “Pine View did a good job, but they ran into a tough hitting team and a good pitcher.”

Waters allowed only two hits and didn't walk a batter

for the second straight game. Japrix Weaver, Kelsi Oldroyd, Kylie Oldroyd and Brittanie Simcox also homered for the Lady Reds in the win.

Canyon View played a single game last week and saw a five-game winning streak come to an end in an 8-4 loss on the road to Region 9 co-leader Desert Hills on March 29. The Thunder hit three home runs and jumped out to a 7-0 lead after two innings, but Canyon View took advantage of six DH errors and scored three times in the top of the seventh despite managing only three hits off winning pitcher Kylee Christensen.

CV played Cedar at home in a Tuesday start that was too late for press deadline and will finish its week with a Friday home game against Dixie. After the showdown with the Falcons, the Lady Reds will host Desert Hills on Thursday in a 4 p.m. start.



Cedar

12



Pine View

0

High School Roundups

Redmen, Falcons struggle in pair of losses

RAMS STRUGGLE AS WELL, OPEN REGION PLAY AT 0-2

by Tom **ZULEWSKI**
IRON COUNTY TODAY

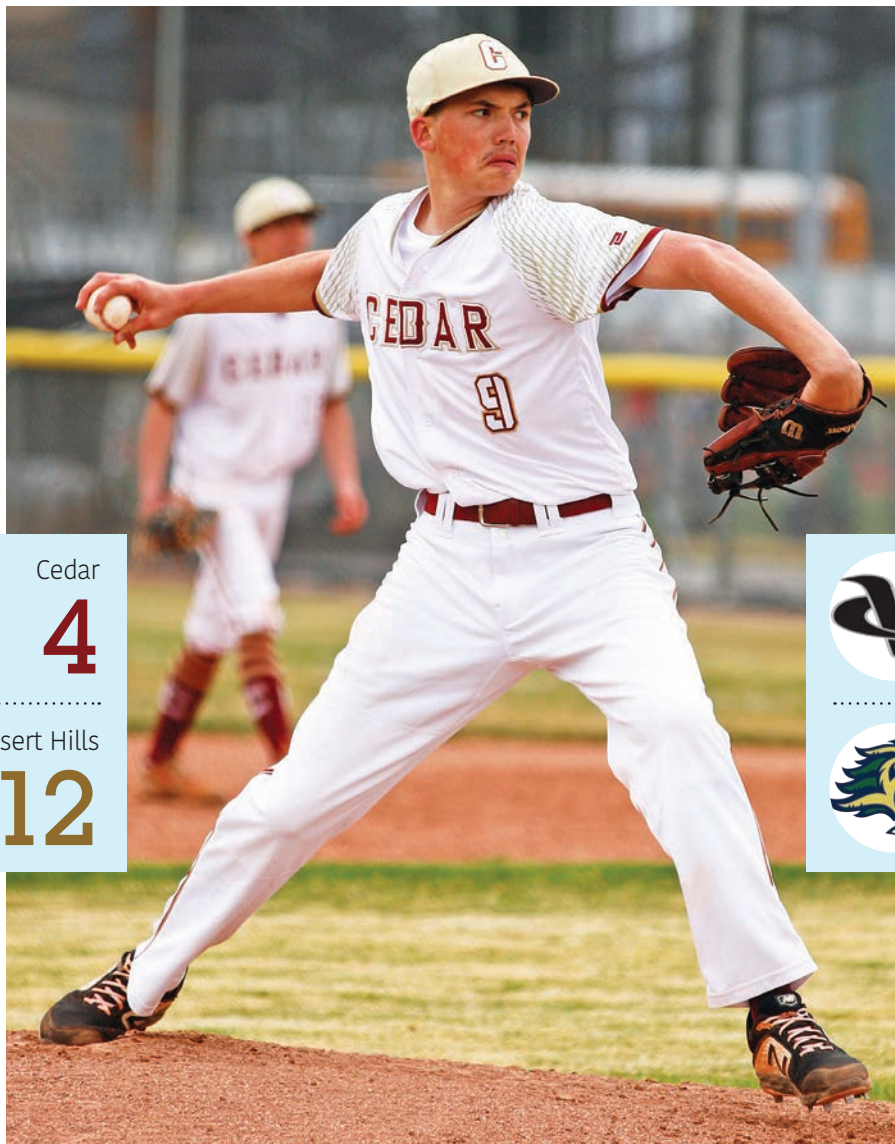
There was one valuable lesson learned by the Cedar Redmen as its week began on the baseball diamond. Giving good teams extra outs is usually a recipe for tough times ahead.

Desert Hills struck quickly with an eight-run fifth inning highlighted by four errors

as they turned around a 4-1 deficit and beat Cedar 12-4 on March 26. Drew Thorpe went 3-for-5 at the plate to lead the Thunder offense, and Dallen Turner earned the victory on the mound over Cedar's Tanner Eyre.

The Thunder had taken a 1-0 lead with a run in the top of the first, but Cedar used key two-out hitting to score three times in the bottom of the second. Tanner Esplin singled to tie the score, and Bridger Bunnell followed with a two-run double into the left-field corner.

The Redmen were able to extend the margin to 4-1 in the fourth after two were out. Turner issued a walk to Esplin and hit Bunnell with a pitch before McCrae Spencer reached on an



CEDAR REDMEN PITCHER TANNER EYRE delivers a fastball in hopes of striking out the Desert Hills Thunder player.

error to stretch the margin to three.

With the scene switched to Desert Hills, the Thunder wasted

little time, taking control early with a three-run first inning and four more in the third in an 11-2 win over Cedar

on March 29. The Redmen fell to 1-3 in Region 9 play.

Canyon View also fell twice on the week as Snow Canyon earned a pair of wins with double-digit offense. The Warriors beat the Falcons 17-2 at home on March 26, with the help of a nine-run fourth inning that ended the game early, then followed with a 10-3 victory in Cedar City, on March 29.



In the win at CV, Snow Canyon got on the board quickly with five runs after two were out in the top of the first and built the lead from there. Canyon View got a run in the second and two in the bottom of the seventh.

Cedar and Canyon View faced each other head-to-head for the new week. The teams played at CV on Tuesday and will switch to Cedar for a Friday game that starts at 3 p.m.

Parowan began its 2A South region

schedule with a pair of losses to Enterprise. The Wolves posted a 9-0 shutout at home behind a one-hitter from Levi Randall on March 26 highlighted on the offensive end by a six-run third inning.

Enterprise followed up in Parowan with a 15-8 win over the Rams on March 29. Parowan had a 5-3 lead after the opening inning, but the Wolves reclaimed the lead for good with three runs in the second before adding five in the fifth and three in the sixth.

	Cedar 4
.....	
	Desert Hills 12

	Canyon View 3
.....	
	Snow Canyon 10

Redmen earn their first win on soccer pitch



by Tom **ZULEWSKI**
IRON COUNTY TODAY

After struggling mightily to find the net and score any type of goal, the Cedar Redmen finally found some magic against the Hurricane Tigers on March 29.

David Pearson scored twice and Kett Einfeldt added the other marker as

Cedar did the bulk of its work in the first half and beat Hurricane 3-1 at home for its first win of the season.

Pearson scored both of his goals about two minutes apart late in the first half as the Redmen responded to Hurricane's opening goal to take a 2-1 halftime lead. Einfeldt added his goal on a header early in the second half

	Cedar 3
.....	
	Hurricane 1

and Cedar made it stand up the rest of the way to improve to 1-4-0 in Region 9 play.

The Redmen opened the week with its sixth shutout loss of the season, a 5-0 decision at home against Desert Hills on March 26. Ben Simister scored twice to lead the Thunder as they improved to 4-1-0 in region and remained a game behind Dixie

in a tie for second place.

Canyon View suffered a pair of shutout losses in its region games of last week, dropping a 4-0 decision at Snow Canyon and a 5-0 defeat at Desert Hills. The Falcons, who are 1-4-1 in Region 9 play, faced Pine View on Tuesday in its lone game of the week, which was too late for press deadline.

Scoreboard

SCORES

High School Baseball

- 3/26** Desert Hills 12, Cedar 4
Snow Canyon 17, Canyon View 2
Pine View 19, Hurricane 1
Enterprise 9, Parowan 0
Kanab 10, Beaver 4
- 3/29** Desert Hills 11, Cedar 2
Snow Canyon 10, Canyon View 3
Hurricane 12, Pine View 2
Enterprise 15, Parowan 8
Kanab 14, Beaver 4

High School Softball

- 3/26** Cedar 6, Snow Canyon 4
Desert Hills 9, Dixie 8
Pine View 4, Hurricane 3
- 3/27** Desert Hills 22, Hurricane 6
- 3/29** Cedar 12, Pine View 0
Desert Hills 8, Canyon View 4
Hurricane 21, Dixie 8

High School Boys Soccer

- 3/26** Desert Hills 5, Cedar 0
Snow Canyon 4, Canyon View 0
Pine View 2, Hurricane 1, OT
- 3/29** Cedar 3, Hurricane 1
Desert Hills 5, Canyon View 0
Dixie 3, Pine View 0

STANDINGS

Region 9 Baseball

	REGION	OVERALL
Desert Hills	2-0	14-1
Dixie	2-0	10-1
Snow Canyon	2-2	11-5
Pine View	2-2	7-5
Hurricane	2-2	7-6
Cedar	1-3	6-7
Canyon View	1-3	4-7

Region 2A South Baseball

	REGION	OVERALL
Enterprise	2-0	9-3
Kanab	2-0	5-6
Milford	0-0	8-2
Beaver	0-2	7-2
Parowan	0-2	6-4

Region 9 Softball

	REGION	OVERALL
Cedar	3-0	11-2
Desert Hills	3-0	11-3
Canyon View	2-1	10-2
Snow Canyon	2-1	9-3
Hurricane	1-3	8-4
Pine View	1-3	3-5
Dixie	0-4	7-7

Region 9 Boys Soccer

	REGION	OVERALL
Dixie	5-0-0	5-0-1
Desert Hills	4-1-0	7-2-1
Snow Canyon	4-1-0	4-3-0
Pine View	2-3-0	3-5-0
Canyon View	1-4-1	3-5-1
Cedar	1-4-0	1-7-0
Hurricane	0-4-1	1-8-1

Baseball is time well spent

If you're a regular reader of this space, you're well aware I reached a pretty amazing game-show milestone on TV a few months back. Other than the usual stuff – clearing off debt, setting something aside to deal with the tax bill, and the like – I've been able to latch on to plenty of things I wouldn't have been able to afford before.

One such item was the Major League Baseball TV package for the season, available through the MLB.tv web site. For \$119, it's been a joy to see teams get their seasons started and for hope to spring eternal once again.

Of course, I plunked down the money to mostly see my Detroit Tigers struggle to move its rebuilding project forward, but it's also interesting to hear and see the other teams not named Colorado or Arizona – curse you, blackout rule – get 2019 off on the right foot.

Some will, some won't, but that's baseball for you.

In the weird stat of opening weekend, the Tigers didn't have much in the way of offense in its opening four-game series at Toronto against the Blue Jays, but they left town with a split after a 4-3 win in 11 innings Sunday.

Detroit scored runs in a grand total of three innings during the series, but had enough in the pitching tank to leave Toronto with a 2-2 record. Not bad for a team that finished 64-98 a year ago and still finished third in a horribly weak American League Central.

If they can kick the win total past 70 in 2019 – a jump of just six games – there will be enough to smile about knowing the rebuild is steady and on the right track.

The grand exercise in futility that is filling out a bracket for the NCAA Tournament has reached a fascinating climax. As of this writing, three of the Final Four heading to Minneapolis are Texas Tech, Auburn and Virginia.

Total Final Four appearances in the group: Three trips, all by

the Cavaliers, who may be the only top seed left by the time you read this.

It's been a while since Virginia last reached the biggest basketball stage, too. Ralph Sampson was the center when the Cavaliers last got to a Final Four in 1984, and he went on to a decent NBA career that lasted 10 seasons with a Finals appearance in 1986 against the Boston Celtics.

After what happened to the Cavaliers a year ago, when they became the first No. 1 seed to lose to a 16 seed in the NCAA opening round, this achievement was all the more mind-bending. It looked for all the world like a sequel was in the making when Gardner-Webb had a halftime lead two weekends ago, but Virginia didn't let the pressure bother them.

And they overcame an



RANDOM Thoughts

by Tom ZULEWSKI

SPORTS WRITER

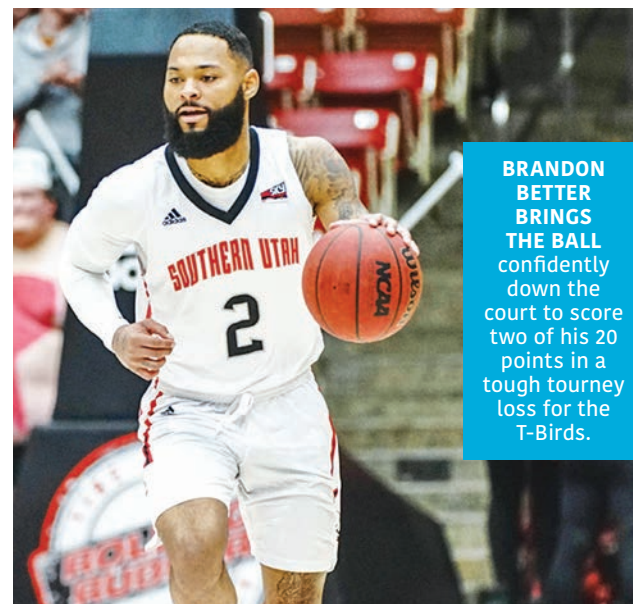
insanely hot shooter in Purdue's Carsen Edwards, who almost singlehandedly willed the Boilermakers to Minneapolis by scoring 42 points. Somehow, Virginia got the plays when they needed them and advanced with a heart-stopping 80-75 overtime win on March 30.

For one of the semifinal games this Saturday, the Cavaliers will have to contend with Auburn and its biggest basketball alum, none other than Charles Barkley, who will be sitting in a TV studio somewhere and going crazy.

With my bracket safely destroyed for another year, I plan on going crazy right along with Barkley just for the unpredictability of it all.

It's called March Madness for reasons like that.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.



BRANDON BETTER BRINGS THE BALL confidently down the court to score two of his 20 points in a tough tourney loss for the T-Birds.

COURTESY OF SUU

T-BIRDS

« CONTINUED FROM PAGE 23

that's found their way. We just didn't make enough baskets."

Among the struggles for SUU was the free-throw line. Despite an edge of more than 2-to-1 in attempts, the T-Birds were 33-of-48 from the stripe (69 percent).

Senior Brandon Better had 20 points in his final game as a T-Bird but couldn't hit a third straight free throw after getting fouled on a 3-pointer with seven seconds left. The Roadrunners got the rebound and Justin McCall would hit one of

two at the line with 5.1 seconds left to give his team a three-point lead.

"I didn't know this was gonna be my last game, but there were a lot of emotions going into it," Better said. "There's sadness, but I'm happy I did it with these guys and that we had the season we did."

Following a timeout, a last-chance 3-pointer for the tie from SUU sophomore Dre Marin was missed at the horn and the Roadrunners were able to exhale.

The T-Birds were able to hit four 3-pointers in the game, but missed 13, including what Simon called "clean looks" that didn't fall in the basket.

Despite shooting just 28 percent in the first half, Bakersfield survived a closing 6-0 run by SUU and led 25-23 at the break. The Roadrunners wouldn't lead by more than eight points on the night but heated up to 58 percent from the floor over the final 20 minutes to stay in front.

Redshirt junior Cameron Oluyitan added 13 points for the T-Birds and Marin chipped in 11. SUU had 12 turnovers to eight for Bakersfield, and the Roadrunners enjoyed a 38-36 rebounding edge while hitting 18 of their 27 field goals in the second half.



CSUB

70



So. Utah

67

CSUB	25	45	—	70
SUU	23	44	—	67

CSU Bakersfield – Joiner 12, Williams 2, Holden 11, Moore 8, Suber 4, Edler-Davis 3, McNeal 2, Lee 15, McCall 9, Person 4. Totals 27-63 14-21 70. 3-pointers – Holden 1, Lee 1.

Southern Utah – Better 20, Marin 11, Calloway 4, Fausett 7, Butler 9, Oluyitan 13, Adams 3. Totals 15-42 33-48 67. 3-pointers – Better 3, Marin 1.

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LEGAL NOTICES

NOTICE TO CREDITORS

ANNOUNCEMENT OF APPOINTMENT AND NOTICE TO CREDITORS. Notice is hereby given to Creditors of the Estate of SARAH E. BRODERICK, deceased, probate number 193500007. J. David Westwood, Esq., whose address is 444 S. Main Street, Suite C-8, Cedar City, UT 84720, has been appointed Personal Representative of the above-entitled estate. Creditors of the estate are hereby notified to: (1) Deliver or mail their written claims to the Personal Representative at the address above; or (2) File their written claims with the Clerk of the District Court in Iron County, or otherwise present their claims as required by Utah law within three months after the date of the first publication of this notice or be forever barred.

Date of first publication: March 20, 2019.

Published Mar. 20, 27 & Apr. 3, 2019 • Iron County Today ICT #0112

NOTICE OF ORDINANCES

Notice is hereby given that the Cedar City Council at its regular meeting of March 27, 2019, passed the following ordinance(s):

1. Ordinance No. 0327-19, an ordinance amending Chapter 35, Section 10 of the ordinances of Cedar City, Utah, related to parking restrictions;
2. Ordinance No. 0327-19-1, an ordinance amending the general land use plan from commercial to high density residential, for property located at 200 West 1425 North;
3. Ordinance No. 0327-19-2, an ordinance amending the zone from general commercial (GC) to high density residential (R-3-M), for property located at 200 West 1425 North;
4. Ordinance No. 0327-19-3, an ordinance amending the general land use plan from low density residential to high density residential, for property located at 1805 North Lund Highway; and
5. Ordinance No. 0327-19-4, an ordinance amending the zone from annexed transition (AT) to high density residential (R-3-M), for property located at 1805 North Lund Highway.

Said Ordinances shall become effective immediately upon publication.

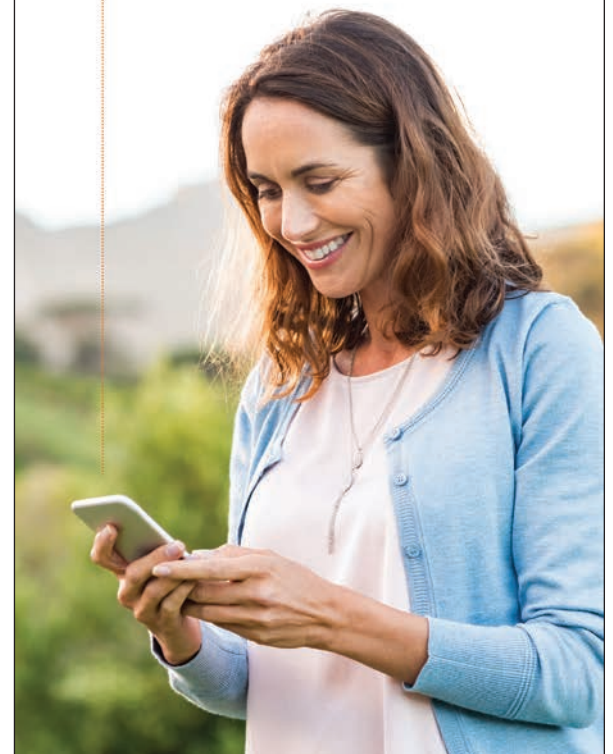
A Copy of said ordinance(s) may be seen and/or purchased at the office of the Cedar City Recorder, 10 North Main Street, Cedar City, Utah.

Published April 3, 2019 • Iron County Today ICT #0114

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