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WEDNESDAY, JANUARY 16, 2019

VOL. 11 NO. 07

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THE 'LOST' BUILDINGS

of Cedar City



RYAN PAUL FROM THE DEPARTMENT OF NATURAL RESOURCES discusses his findings after years of research on the historical buildings of Cedar City with the Iron County Historical Society.

KELSEY KEENER

by Kelsey **KEENER**
Iron County Today

CEDAR CITY — Ryan Paul of the Division of Natural Resources presented a research project titled “Gone but not Forgotten: Lost Buildings of Cedar City” to the Iron County Historical Society last week. Paul

main streets are really the heart of a community.”

He said learning about the structures that a city chooses to preserve or not to preserve tell an important story.

“I hope that as we go through these and talk about some of these structures and some of these buildings that you’ll be willing to share your stories

for, including the Corey Hotel, one of the early motor ports, a tithing office and the Carnegie Library. He explained that many residents opened their homes to travelers before official hotels were built.

One of the most important structures in Cedar City’s history, according to Paul, was the El Escalante Hotel, built in 1923. Construction of the building was started by the community and taken over by Union Pacific. It was a popular place for travelers as well as visiting presidents and movie stars. In 1971 the city began struggling to maintain the building and turned to a public vote to decide what to do with it: 206 people voted to keep the building under city ownership, 953 voted to turn it into a museum and 1,287 voted to sell the building. It was sold and torn down.

Paul also talked about the importance of the Bank of Southern Utah to the community. During the stock

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“One of the things that I’m very passionate about is the stories that objects tell”

— **Ryan Paul**

introduced himself and explained part of why he began his research three years ago.

“One of the things that I’m very passionate about is the stories that objects tell and main streets have always fascinated me,” he said. “I think

with me as well,” he said. “I don’t necessarily want to make this a lecture as much as it is this exploration of our past through our architecture.”

Paul discussed several buildings from Cedar City’s past, where they were located and what they were used

Local resident benefits from Beard Growing Contest

by Kelsey **KEENER**
Iron County Today

CEDAR CITY — The Cedar City Police Department raised \$1,500 during its annual Beard Growing Contest, which was donated to local resident Nora Robinson.

Robinson is a traveling massage therapist that has worked closely with the department for 15 years and was diagnosed with stage 4 lymphoma of the bones on Dec. 31, 2017.

Chief Darin Adams said over the last three months officers of the department have paid for the privilege of growing a beard to raise money to donate to someone in need, something the department does every year. When presenting Robinson with the donation, Chief Adams said the department is grateful to be able to help.

“(Robinson is) on the tail end of battling cancer and has been very successful at doing that,” he said. “We were grateful for the opportunity to do this for her with all that she does for us.”

As a traveling massage therapist, Robinson has to carry her massage table and equipment frequently. Due to the cancer, this caused compression fractures that are still healing and make it difficult to work. Robinson received six months of chemotherapy last year and is in recovery. She said the donation was a

see **CONTEST** | 7

Thought OF THE Week

(from the desk of R. Gail Stahle, publisher)

“Experience is the name everyone gives to their mistakes.”

— **Oscar Wilde**

from Ron **ROTH**
For Iron County Today

(Editor's Note: Former Iron County Today writer Craig Bennett assisted Ron Roth with this article).

PAROWAN — "Sister Wives" has been a Sunday night television show on TLC for many years. It showcases the daily activities of a plural marriage family who are originally from Utah. Meri Brown is the first of four wives in this reality TV show and is married to Kody Brown. Meri is part of the Adams family who are Parowan pioneers dating to the mid 1800s.

Meri bought a "bed and breakfast" home in Parowan in 2017 (a story we featured in Iron County Today) and has enlisted her mother to manage the establishment. The current bed and breakfast was an original pioneer home built by her ancestor Charles Adams in 1870. Many generations of Adams have lived in that home. It was not a plural marriage home over those many decades. It was solidly built and is as functional and livable today as it was in the 1800s.

Meri asked her mother, Bonnie Barber, to live in and manage the "bed and breakfast." The facility is called Lizzy's Heritage Inn in honor of Bonnie's grandmother, Lizzie Watson Adams. Each room of the home has a historical theme relating to the pioneer members of the Adams family, and is adorned with many old historical documents.

A patriarch of the Adams family was Charles Adams. Charles was born in Ireland and immigrated to the United States, settling in Utah with his family in the mid 1800s. As an aside, he had many brothers, including James Jemison Adams, who was the grandfather of Fred Adams, the founder of the Utah Shakespeare Festival. After building the pioneer home in Parowan in 1870, Charles Adams homesteaded an area of land in the high mountain country above Parowan near what is now Cedar Breaks National Monument and southeast of Brian Head Peak. The Homestead Act of 1862 allowed him and James Jemison Adams to acquire



IRON COUNTY HISTORY:

A hike to find a 140-year-old mountain cabin

AN AERIAL VIEW OF THE ADAMS CABIN and meadow that surrounded it, when descendants visited the site.

COURTESY OF MIKE SAEMISCH

property in the high mountains above Parowan, and it was lovingly called "Little Ireland." In keeping with the Homestead Act's "proving up" requirements, Charles Adams built a cabin on his mountain property in a lush meadow full of wildflowers, with springs surrounding it, a creek below, plenty of grass for grazing, and a mature forest surrounding the meadow and cabin. As was the custom in the 1800s, he would bring grazing animals and dairy cows from Parowan up into the meadow, and his family would make milk, cheese, and butter and keep the dairy products cold in the creek, then periodically bring the dairy products down to Parowan on horseback for sale in the local Co-Op. Generations of Adams ranchers have spent their summers in that

family cabin, grazing their animals, and making dairy goods.

Charles Adams' daughter, "Minnie" Adams Burton, was part of those summer ventures. Charles sponsored the building of a hotel for his daughter on the meadow property near his cabin, and called it Minnie's Mansion, a hotel which provided a summer relaxing get-away for Parowan residents in the 1920s. Another family, the Ollertons, also took advantage of the Homestead Act and built a cabin in the same area near Charles Adams' homestead.

The Adams cabin and meadow has a beautiful view of Brian Head Peak which was called "The Monument" in the early days. There is a natural pond close by where the youngsters would

swim, and a hill above the pond around which the summer visitors would race horses in circles, which they called the "Hill Cumorah," in reference to Joseph Smith's Book of Mormon's hill in New York. Although the cabin and its adjacent "cheese house" deteriorated with time, the remains are clearly still there, and the area is still actively grazed by ranchers with sheep, including David Burton, who is also part of the Adams family.

Bonnie Barber's great grandfather was Charles Adams. Consequently, he was great, great grandfather to Meri Barber Brown. They have numerous historical documents relating to Charles' time-period. The "Little

see **CABIN** | 8

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MAKING SENSE OF INVESTING

Clerk certifications now available in Cedar City

by Kelsey **KEENER**
Iron County Today

CEDAR CITY — Southern Utah University is partnering with the Utah Municipal Clerks Association in order to make the UMCA Institute and Academy available to Utah clerks and recorders in southern Utah.

This partnership will allow municipal clerks throughout Utah to complete their Certified Municipal Clerk and Master Municipal Clerk certifications at SUU. The university was selected by the International Institute of Municipal Clerks amongst several other applicants.

Dr. Cynthia Kimball Davis, Chair of the Department of Integrative and Engaged Studies at SUU, and Melynda Thorpe, executive director of SUU's Community Professional Development program, are set to co-direct the program at SUU. Davis said their goal is offer excellent quality to those who participate in the program.

"We are excited and honored to have been selected by UMCA and IIMC to host their annual institute and academy at Southern Utah University," she said. "For the next three years, our goal is to deliver the highest quality of continuing education and certifications through our top-notch faculty, and others, from among several municipalities throughout the state of Utah."

The 2019 UMCA Institute and Academy will be held March 11-15 in Cedar City. The keynote speaker will be Dr. John "Jeb" Branin, Associate Dean of SUU's School of Integrative and Engaged Learning and Executive Director of SUU's Experiential Learning Leadership Institute. There are several outdoor excursions scheduled during the conference to showcase scenic southern Utah and offer attendees a reprieve.

Registration is currently open until Feb. 14. For more information visit suu.edu/wise and select "Professional Development" or call 435-586-7808.



KIRK LOVELL WAS SWORN IN AS CORPORAL with the Cedar City Police Department during the city council meeting on Jan. 9. His wife, Kelli, proudly pinned on his new badge.

KELSEY KEENER



KELSEY KEENER

DIRECTOR OF LEISURE SERVICES KEN NIELSON presented Liz Okeson with the Employee of the Month award at the Cedar City Council meeting.

Okeson named Cedar City employee of the month

by Kelsey **KEENER**
Iron County Today

CEDAR CITY — Liz Okeson was awarded the January Employee of the Month Award by Leisure Services Director Ken Nielson during last week's city council meeting.

As the Aquatic Center Front End Manager, Okeson oversees the front desk and concessions staff, as well as assists with all aspects of managing the facility. Nielson said she has a great attitude and is able to solve issues that arise daily. He also said Okeson is

always willing to help.

"(Okeson) is always willing to find solutions to problems and go the extra mile in accomplishing a positive outcome," he said. "She is willing to help out other employees when asked. She takes pride in her job and deals with varying issues with professionalism."

Okeson directs the annual Halloween Spooktacular and helps handle the numerous reservations for city facilities in the summer. Nielson said she an incredible asset to the Leisure Services Department and to Cedar City.

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Opinion



Things are a lot better than many of us believe

The opinions stated in this article are solely those of the author and not of Iron County Today

Generally, Americans are not an optimistic people. Talk to a “man/woman on the street” and you will frequently hear that the country is going downhill fast – and pulling the rest of the world with it. It is not uncommon to hear reference to the “good old days,” which depending on your age stretches back to an Ozzie and Harriet world or to a more recent time when disco was king.

The facts indicate something quite different. Living in the present is the “best of times” for a good portion of mankind.

In a recent column, syndicated writer Nicholas

Kristof pointed out a litany of positive: Each day on average, nearly 300,000 people around the world gained access to electricity for the first time in 2018 and a similar number were able to drink clean drinking water.

Compare to the past: In 1960, 19 percent of children

died before the age of five, and 15 years ago the number was still 7 percent. In 2018, that figure dropped almost in half. Sure, some 15,000 children will die in the next 24 hours – but it was double that number in the 1990s.

In the 1950s, a majority of humans lived in “extreme poverty” defined then as less than \$2 per day. Adjusting that \$2 for inflation, the portion living in “extreme poverty” has now dropped to about 10 percent.

The columnist’s numbers won’t bring a change of mind to skeptics. Statistics usually take a backseat to our own emotion-driven views. Admittedly, we still

face challenges.

The widening gap between rich and poor (and in some parts of America, a dwindling middle class) is dangerous, not only as an economic model but also for a unified citizenship. I am also not sure how much longer we can ignore or explain away climate change linked to our food supply and overall quality of life. Despite a current low unemployment rate, a substantial number of families in our state live paycheck to paycheck, and many are barred from seeking life-saving medical care.

But there is no factual reason to be grumpy. In almost every urban area, crime and violence has been dropping annually, and even though obesity is increasing, cancer deaths continue to decline.

It is difficult to compare the “living standards” and “happiness” of different eras; our expectations have shifted. We live in a time when millions of men and women feel depressed if they don’t have the means of buying \$6 caramel lattes, 60” televisions, and all-accessory \$60,000 trucks. A customer recently

told me her husband refused to travel with her to European countries. Why? Because he had difficulty ordering a Mountain Dew in the Eurozone!

Yes, we expect more – and with social media, we expect it instantly. Throw in fading memories, and I can understand why so many people are so despondent about the present. But as a media ad campaign declares, a fact is still a fact and an orange is not a banana. For most humans, life is better now than in the past.

In so many ways, we live in a glorious age; we should wake up every day with a smile, not a whimper or a groan.



Cyclops

by Bryan GRAY
Columnist

Want to Submit a Letter to the Editor?

Submit your letter to the editor on our website ironcountytoday.com, or by emailing them to news@ironcountytoday.com or bring/mail them to 389 N 100 W, Cedar City, Utah 84721. All letters must be signed, be brief (generally under 300 words in length), list the author’s city and give the writer’s telephone number (phone number will not be printed). We reserve the right to edit all letters for length or content. For letters arriving electronically, we will use the author’s e-mail address in lieu of a signature.

BUILDINGS

Continued from page 1

market crash, the bank had to close because it couldn’t meet its depositors. Wanting to reopen, the state bank board in Salt Lake City said the bank would have to come up with \$100,000 to reopen. After approaching Cedar City residents and many of them mortgaging their homes, \$90,000 was raised and the bank reopened. Paul displayed a photo of the line at the bank on the day it reopened.

“This was the line, not to withdraw, but to deposit, and they made another \$30,000 that day, making the Bank of Southern Utah the only bank in the state that had closed during the depression that actually reopened,” he said. “I like to tell that story because that’s really the heritage and history of this community – again, community above self.”

Paul also discussed buildings like the Iron County Record office, the Cedar City Co-op, one of the early jails, the Iron Mission and the Parks Theatre.

The Iron County Historical Society meets the second Wednesday of every month at 7 p.m. at the Frontier Homestead State Park, located at 635 North Main Street in Cedar City.



COURTESY PHOTO

THE CEDAR CITY CHAPTER OF THE KNIGHTS OF COLUMBUS was able to donate 933 winter clothing items collected during their Coats for Kids Campaign due to the generosity of community members and the local businesses that allowed donation boxes and cans to be placed throughout the city. A total of 451 coats were delivered to the Family Support Center to be distributed to individuals in need.

IRON COUNTY FORECAST

AFTER A STORMY WEEK, THE WEEKEND WILL BE SUNNIER AND DRIER. IT WILL STAY RATHER CHILLY WITH HIGHS ONLY INTO THE MID 30's ON SATURDAY BUT SUNDAY COULD FEEL MUCH BETTER WITH HIGHS TO THE MID 40's!

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PRECIP: 60%
WINDS: S 10-15

FRIDAY
Snow Likely
37°/34°
PRECIP: 60%
WINDS: N 5-10

SATURDAY
Sunny, Cold
35°/21°
PRECIP: 0%
WINDS: N 5-10

SUNDAY
Mostly Sunny
44°/18°
PRECIP: 0%
WINDS: Light

MONDAY
Chance of Snow
40°/29°
PRECIP: 20%
WINDS: N 5-10

TUESDAY
Chance of Snow
32°/22°
PRECIP: 20%
WINDS: N 10-20

A.P.E.X.

Ask. Ponder. Educate. [X]

<p>JANUARY 17 THE GREAT HALL Dr. James Aton <i>Distinguished Faculty Lecture</i></p>	<p>FEBRUARY 7 THE GREAT HALL Kerstin Plehwe <i>Elephant Wisdom</i></p>	<p>MARCH 5 THE GREAT HALL John Carreyrou <i>Bad Blood & Business Ethics</i></p>
<p>JANUARY 24 THE GREAT HALL Off the Cuff Improv <i>Live Comedy Performance</i></p>	<p>FEBRUARY 14 THE WHITING ROOM Mama Dragons <i>LGBTQIA Moms & Activists</i></p>	<p>MARCH 28 THORLEY RECITAL HALL John Valliant <i>The Tiger - True or False?</i></p>
<p>JANUARY 31 THE GREAT HALL Amandine Gay <i>International Film Festival</i></p>	<p>FEBRUARY 21 THE GREAT HALL Diandra Leslie-Pelecky <i>The Physics of NASCAR</i></p>	<p>APRIL 2 THE GREAT HALL Paul Zak <i>Festival of Excellence Keynote Speaker</i></p>
<p>FEBRUARY 28 THE GREAT HALL Chris Jordan <i>Artist in Residence Photographer</i></p>		

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SUU wins Campus Cup

by Kelsey **KEENER**
Iron County Today

CEDAR CITY — Southern Utah University recently won the Campus Cup, a statewide voter challenge, for the first time in the school's history and was named one of the nation's top colleges for student voting.

The Campus Cup is sponsored by the Utah Lieutenant Governor's Offices and SUU's participation in the challenge was driven by the Leavitt Center for Politics and Public Service.

Student leaders organized several events to encourage both registration and voting.

The challenge included three facets: hashtags on social media, Expedition Vote and voter registration.

SUU's hashtag was #suuvotes, and each use accumulated one point for the university. Expedition Vote was a 24-hour challenge that required the formation of teams to compete in a scavenger hunt focused on voter registration, civic engagement and service. As part of the voter registration aspect of the competition, many students registered on National Voter Registration Day in

September. They were able to register in any state, request an absentee ballot or update their voter records.

Student director of the Leavitt Center Cami Mathews said participating in the Campus Cup offered a chance to help SUU gain recognition.

"The Leavitt Center helped civically engage students from around the country," Mathews said. "The competition was a way for students to help SUU gain state recognition while learning about politics and public service."

"The competition was a way for students to help SUU gain state recognition..."

— Cami Mathews

SUU was also named amongst Washington Monthly's 2018 America's Best Colleges for Student Voting. It is part of the College Guide and Rankings, a guide that ranks colleges and universities

on contributions to social mobility, research and public service.

SUU participates in National Study of Learning, Voting and Engagement in order to learn about its student registration and voting rates, as well as the ALL In Campus Democracy Challenge, a program that recognizes colleges and universities for improving civic learning, political engagement and student voting rates.



SERGEANT JERRY WOMACK RETIRED

from the Cedar City Police Department, after 29 years of service in law enforcement, last Thursday, Jan. 10. A retirement party was held last Friday, Jan. 11 at Festival Hall to honor his contributions to the community.



PHOTOS BY COREY BAUMGARTNER



COURTESY OF SUU

SUU STUDENTS WON A STATEWIDE VOTER CHALLENGE issued by the Lt. Governor's office.

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Adult education classes coming to North Elementary in February

Cedar North Elementary School will hold a series of adult-education courses in February designed to expand special interest classes in ballroom dance, creative arts, financial planning, real-estate essentials, computer applications, and astronomy 'Star Gazing' offerings at Ashcroft Observatory.

"We hope that parents and families will find something they would like to explore for a first time or to," said principal Ray Whittier. In 2018, North Elementary School was designated as one of several community-based sites equipped to serve families who are interested in evening classes.

Dance classes will feature lead-instructor, Patrick Matthews (Hey Cedar Square Dancers) on three Tuesdays, (Feb. 5, 12, 19) and an Intro to Salsa dance with instructor, Bobby Valero, four Mondays, (Feb. 4, 11, 25 and Mar. 4). The adult class schedule will include Modern Calligraphy, Jewelry Design and other classes focused on personal self-improvement, financial planning, real-estate how-to's and a technical class using Google.

Calligraphy with Lexi Howard will be offered two Wednesdays, (Feb. 6 and 13); Star Gazing at Ashcroft Observatory with Cameron Pace, two Thursdays, (Feb. 28 and Mar. 7); Navigating the Internet, Google Documents with Robyn Brown, Wednesday, Feb. 13. Also in February, real estate professionals Jennie Hendricks and Yvonne Simonds will share their expertise on the how-to's for first-time home buyers; moving up or down-sizing with practical information on listing a home, two Thursdays, (Feb. 7 and 14).

A 'Money Sense' Retirement Planning course will feature financial advisor Telton W. Hall, highlighted in Proactive Advisor Magazine, (Sept., 2018 edition) who will provide useful strategies for making informed decisions on building a nest egg, protecting assets, preserving lifestyle, and saving plans for retirement, two Wednesdays (Feb. 20 and Feb. 27).

The February class schedule will feature a course by third-degree black belt, Sue McAley, author of Addiction: Recover Like a Warrior, who will present "Power Boost for the Everyday Warrior" two Wednesdays (Feb. 20 and 27) with movement & exercises designed to empower, enlighten and motivate using the concepts of Martial Arts (not a Karate class) with topics like maintaining personal balance, setting boundaries, reaching goals.

Classes will be offered from 6:30 to 7:30 p.m. at the school located at 550 W. 200 North. Cost per course is \$10 to \$15. For more information call the office at 435-586-2845 or register in person. Sign-Up deadline by Feb. 1. *Classes will be offered with a minimum of 8 (teen or adult) students pre-registered.



THE HEY CEDAR SQUARE DANCERS, whose lead instructor Patrick Matthews will teach classes at North Elementary.

Tour of Utah to skip southern Utah

by Tom **HARALDSEN**
Managing Editor

The 2019 Larry H. Miller Tour of Utah won't be coming back through Cedar City, and won't have any stages south of Salt Lake City this year. The venues were announced last week and include six stages from North Logan to Park City, with the prologue at Snowbird Resort.

The tour began at Zion National Park last year and included a Stage 1 race that started and finished in Cedar City. Venues for 2019 include a stage from Brigham City to Powder Mountain Resort, from

Antelope Island to North Salt Lake, a circuit completely around Salt Lake City, and then finishing venues at Park City Mountain and Park City proper.

The Tour of Utah changes its geographical configuration each year to introduce the sport of cycling to new communities across the state, as well as present diverse courses for the professional athletes. It is only the fifth time since the Tour began in 2004 that a Prologue, a short individual time trial, will be held on the opening day of competition. Snowbird Resort will see the return of the Tour for a 12th time, this year

hosting the Team Presentation and the overall start for the first time. The venue has traditionally been used for its grueling six-mile climb in Little Cottonwood Canyon on the final weekend of the event.

The races will be held from Aug. 12-18. The mid-August dates provide flexibility for WorldTeams to travel to the U.S. following the Tour de France, which takes place on July 6-28, 2019. The Tour of Utah will begin extending invitations to UCI WorldTeams, UCI Pro Continental and UCI Continental squads in January and will announce a field of 16 men's teams in early spring.



KELSEY KEENER

MEMBERS OF THE CEDAR CITY POLICE DEPARTMENT presented Nora Robinson with a check for \$1,500 from their Beard Growing Contest.

CONTEST

Continued from page 1

great gesture.

"The fact that they're willing

to get out there and do the job and then give this to me, wow," she said. "The fact that the police officers are willing to do this, not just for me because I understand they do this every year, for cancer

survivors or victims ... that's so nice. They give back to the community they're serving and a lot of people sometimes that they're serving aren't very appreciative of what they do."



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SUU offering new spring Community Education classes

by Kelsey **KEENER**
Iron County Today

CEDAR CITY — Southern Utah University's Office of Community and Academic Enrichment is offering several new Community Education classes for the spring session after a successful first year.

More than 500 residents participate in 71 social-based, affordable community classes during SUU Community Education's first year of classes. CAE Executive Director Melynda Thorpe said this response is exciting for the program.

"It has been an amazing start to SUU's community education effort," she said. "The response to our first year of operation is more than we expected, and we are all excited to continue growing our operation in 2019."

Classes varied from alcohol ink painting and cake decorating to the Master Astronomer's Program and geology. Photography instructor April McPherson said working with the community was a unique experience.

"The community members that I have been teaching are very receptive to my course. Within the first two days we had a lot of 'ah-ha!' moments, which as an educator is gold," she said. "The overall environment is more informal and inviting, which I think keeps the participants eager and hopefully sparks conversations outside of class with other community members."

More than new 40 Community Education classes will be available this spring, including Paws and Pathways, Travel Spanish, art classes, financial strategies, landscaping and many more designed to be active and social.

For more information, visit suu.edu/wise or email bewise@suu.edu. For help registering or for a spring class schedule, call 435-865-8259 or visit the CAE office at 136 West University Boulevard, Suite 003 in Cedar City.



COURTESY PHOTO

CHEF GERARDO REYES of Chef Alfredo's Ristorante Italiano teaches So. Utah Chef guests how to prepare a pollo avalone, or stuffed chicken breast.



MIKE SAEMISCH

MERI BROWN AND HER HUSBAND, KODY, traveled to the site of the cabin along with article writer Ron Roth and others.

CABIN

Continued from page 2

Ireland" area and Charles' cabin are relatively remote and hidden. Meri Brown and her Adams family has never seen Charles' "Little Ireland" cabin, nor have most of the members Parowan's Adams family, so they were very interested in visiting his historical cabin from the 19th century. Consequently, they asked cabin hunter Ron Roth, who has found 34 of these old historical pioneer cabins from the 1800s, to guide them on an excursion to visit their ancestor's cabin.

Roth organized a triangular walking excursion last summer into Little Ireland for about 60 "Sister Wives" Adams family members. Meri Brown and husband, Kody, attended, as did other members of the Adams Family from Parowan. To ensure a safe experience, three nurses volunteered to join the excursion, Brian Head Marshals Jared Burton and Dan Guymon with good radio communication and paramedic training generously accompanied the entourage. Assistance was also provided by Cedar Breaks National Monument police officer Kyle Knight and National Monument historian Bryan Larsen. Mike Saemisch, Brian Head photographer, took ground level and aerial photography with his drone equipment. The hike was approximately three miles round trip and involved all ages, from toddlers to teenagers to older adults in their 70s.

The experience went smoothly.

These Adams family members were first guided to the remains of Minnie's Mansion, then on to the Ollerton cabin and finally Little Ireland and the Adams cabin and its adjacent cheese house. The walk through the meadow was rewarded with the same lush green foliage, blooming wild flowers and small, cold water running creeks that the pioneers first experienced. Lifelong Parowan rancher David Burton, who is also part of the Adams family, and who still grazes animals in the summers in the Little Ireland area, talked about his experiences in childhood and adolescence with his father, spending the entire summer camping out there and looking after their grazing animals. As an aside, David pointed to Brian Head Peak and the shelter on the summit and noted that his father, Charles Burton, helped build that shelter in 1935 as part of the Great Depression's Civilian Conservation Corp project. Larsen also provided very interesting and little known historical facts for the group, and opened the boundary fence for safe passage. After experiencing the Adams cabin, the group then completed the triangle and were guided back to their starting point on State Highway 143.

Meri Brown, Kody Brown and Bonnie Barber and the entire group were very appreciative of this opportunity to experience first hand their pioneer relative Charles Adams' cabin and homestead, as he was one of the progenitors of Parowan's Adams family.

Bookings

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

Jan. 7

Angie L. Garcia-Wells, Enoch
Theft of Services, Retail Theft

Tyron L. Wells, Enoch
Knowingly Prod/Disp/Manu Controlled Substance

Braden L. Smith, Cedar City
Failure to Disclose Identity, Intoxication, Aggravated Assault

Leon D. Webb, West Jordan
Possession of Drug Paraphernalia, Alc. Restricted Dr. License

Jan. 8

Kevin W. Anderson, Cedar City
Possession of Drug Paraphernalia, Possession of Controlled Substance

Zachariah T. Hoeger, Enoch
Assault, Intoxication, Criminal Mischief, Child Abuse-Involving Physical Injury

Travis K. Sidwell, Cedar City
Assault

Adalai A. Finch, Orem
Possession of Controlled Substance

Eric Lanham, Cedar City
Receive Stolen Property

Rulon W. Payne, Cedar City
Driving w/o Insurance

Jan. 11

Jennifer M. Maltby, Cedar City
Warrant of Arrest

James J. Quadlin, Cedar City
DUI

Lainey Webb, Cedar City
Possession of Controlled Substance

Anthony J. Billsie, Cedar City
Intoxication, Consume Alc. By Minor

Jennifer M. Maltby, Cedar City
Retail Theft

Jan. 12

Harrison M. White, Cedar City
Poss. of Stolen Credit Cards, Theft

Christopher Cleveland, Cedar City
Contri. To Delinquency of Minor

Melinda P. Cox, Cedar City
Theft

Lynn A. Halstead, Cedar City
Theft

Bryan L. Koch, Cedar City
Assault on Police/Military in Uniform, Criminal Mischief, Criminal Trespass, Resist/Interfere w/Arrest

Michale Koch, Cedar City
Assault on Police/Military in Uniform, Criminal Mischief, Criminal Trespass, Resist/Interfere w/Arrest

Jan. 9

Derrick L. Butler, Elk Grove, Calif.
Forgery, Possession of Controlled Substance, Possession of Drug Paraphernalia

Rickey D. Daniels, Sacramento, Calif.
Forgery, Possession of Controlled Substance, Possession of Drug Paraphernalia

Melinda P. Cox, Cedar City
Failure to Stop, DUI, Possession of Controlled Substance

Timothy R. Lloyd, Cedar City
Assault, Possession of Controlled Substance

Jan. 10

Tonya M. Wise, Las Vegas, Nev.
Driving w/o insurance, Drive on susp/revoked license, Possession of Drug Paraphernalia, Possession of Controlled Substance

Shad P. Jensen, Cedar City
Intoxication

Jan. 13

Logan R. Eyre, Cedar City
Reckless Driving, Fail to Remain Accident-Damage Only, Possession of Drug Paraphernalia

Kaden T. Shakespear, Milford
CDL-Susp/Revoked, DUI

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WEDNESDAY, JANUARY 16, 2019

IRON COUNTY 'SALSERO'

BOBBY VALERO

by Dawn M. AERTS
Iron County Today

CEDAR CITY — When Bobby Valero sways onto the dance floor, he brings 3,000 hours and 25-plus years of experience to students who are hoping to master the rhythmic-steps, the timing and turns found in the music of Salsa.

Valero, a native of San Diego, Calif., holds a degree in electrical engineering, but it is his inherent passion for dancing that he has shared over the years. "I was out one night and saw the steps to this very pretty dance," said Valero, "and I was immediately drawn to the beauty of it."

Over the past three decades he has trained in Karate and in the elements of Jitterbug, West Coast Swing, Cha-Cha; and has earned a bronze medal for talent in International Latin Dance. "I actually love all of these dance forms," said Valero of an instructor course he completed at Starlight Dance Studio, "I only wish I would have started much earlier in life."

While Valero estimates that he has spent an average of two hours a week in dance, it's his talent in Salsa that gives him an ideal experience on the

dance floor. "Salsa incorporates many elements, it's a fusion of rhythm and music, so that is a great option for beginners," said Valero.

The health benefits he sees are many.

"Salsa is known for quick movements, turns, and those steps are great

for building strength in body balance and coordination," said Valero of the style said to originate in Cuban and Caribbean folk dance. "It is a dance that often comes more easily to women — those who listened to music growing up. So, I have found that men often need to 'catch up' to steps and rhythm."

According to Valero, Salsa dance requires students to learn to lead as well as to follow their partners. "You naturally learn the movements with a partner and it happens in the fingertips, by connecting to the music." In Valero's classes he often rotates beginners, with other partners who may dance at varying levels of

experience or ability.

There are basics to learn — which consists of taking three steps for every four beats, with odd steps creating 'syncopation.'

In his class, students will incorporate elements: the side-step, crossover, and rock step, to the cross body-lead with left or

right turns.

"I actually encourage the younger people to get into classes, to share that energy, but it's also a great exercise for older people who want to improve on energy level, coordination, balance and flexibility."

The Salsa is danced in open and closed movement with partners.

"I ask students to rotate with other dancers, in lead and follow roles," said Valero. The beginners who dance with other various partners can learn and advance twice as fast." Valero said all dancers can learn something new by changing partners and roles -- with one generally being stronger or more skilled than another.

According to Valero, it was professional dancers like Michael Kiehm, owner of Starlight Dance Studio, and David Stein, a director of Majesty-in-Motion Dance Company, who most influenced and inspired him as an instructor.

"So you will find dancers like those in 'Dancing with the Stars' who will have difficulty, and some will be phenomenally good, but really no experience is necessary for those who want to learn."

Over the past year, Valero has been considering local venues to expand Salsa

Dance classes in Cedar City and has offered beginner and intermediate class at the

Aquatics Center. "I would really like to build up an 'active' dance community here, a place where dance can become a social-gathering time for people.

He will offer Salsa Dance at North Elementary School, Adult Community Education program four Mondays, Feb. 4, 11, 25 and Mar. 4. Fee is \$ 10 for the 4-week Series. To register, visit North Elementary office or call 435-586-2845. Deadline for sign-up by Feb. 1. See facebook.com/bobby.valero or Color Country Salsa.

He believes Salsa is fun and a healthy alternative to exercise routines. "It's a little like skiing -- once you actually do it, and master the skills, it's 10-times more fun than just watching from the sidelines," said Valero. "You only need to listen, get used to the rhythm, and then follow or lead.

"I would really like to build up an 'active' dance community here"

— Bobby Valero

BOBBY ALIJANDRO VALERO IS A SALSA INSTRUCTOR with 30 years of experience in Western Swing, Jitterbug, Cha-Cha and International Latin Dance.

We don't communicate these days. And yet...

by Mary Anne **ANDERSEN**
Cedar City Arts Council

We sat at a booth across from the couple in the restaurant and I was saddened as I watched their lack of communication. She had been to the salad bar and so was beginning her meal; he had ordered off the menu and was waiting to be served. He had his phone out and was watching it intently, occasionally punching a few numbers. At first, I gave them the benefit of the doubt, thinking maybe there was a need to communicate with someone at home. But when I passed by his chair, I could see that he was watching dog videos. And she apparently didn't care, just eating her salad with head down, saying nothing. When his dinner came, he did put the phone down but I saw them speak only once.

I said to my husband, "That will never be us! We are not going to get to the point where we have nothing to say, especially during a meal." And I huffed and puffed all the way home. And yet. And yet.....

If you were to come to our home at lunch time, you would see him with his book open on the table and me with a pen in hand doing the cryptoquote, a sudoku, or a crossword puzzle. The only communication might be when I asked him who the friend of Pythias was. After all, the use of the brain is good for people in our age category, right?

Our grandson came at Christmastime and I had high hopes for fun times with this ten-year-old who has always lived out of state. The first thing he did was ask me to play a game, and I chose pick-up-sticks, beating him handily at three games, so he said I'm done and went downstairs. That was the beginning of five days of little interaction between us. He wanted only to sit before a screen—or two. He sat in Papa's oversized chair with a phone in hand and a laptop on his lap and managed both

of them at once. His idea of a change of activity was the laptop and the TV.

We did play some other games, requiring more brainpower than patience, and he beat me decisively at all of them. I can barely earn a turn when we play Memory, he is so consistent with his matches. But I worry about his lack of outdoor time and social interaction. And yet. And yet.....

My favorite free-time activity when I was growing up was reading. During the summer, I would read until my eyes were so blurry I couldn't focus anymore. In my room, in the backyard on a blanket, in the cherry tree—just as long as I had my book I was happy. For hours, when I wasn't doing chores or practicing piano, I hid from others who might interrupt me.

And my husband reads for hours a day now. After all, reading engages the imagination, doesn't it, making one educated and empathetic?



We are not going to get to the point where we have nothing to say, especially during a meal

Making bracelets of awareness, hope

by Dawn M. **AERTS**
Iron County Today

ENOCH — When Riley Howard designs her colorful bracelets and jewelry art, she often adds a small charm, an awareness ribbon to her work – a reminder of all those who struggle with chronic illness, from cancer or diabetes, to arthritis or mental disorders.

"The bracelets are my way of bringing attention and awareness to these issues," said Howard of her

accepted that this would be a life-long thing," said Howard. "That experience has led me to reach out, and to find creative outlets at work and through teaching."

In 2007, she and her husband, Nathan, settled in Enoch, raising their two daughters, age 6 and 4. As a staff assistant with the 4-H Extension office in Cedar City, Howard handles the administrative role, and assists with offering a variety of club-workshops and other classes geared to children

More recently, she decided to create jewelry that spoke to and represented people who are dealing with chronic illness and other discomfort issues. Most of her bracelets now include charms or awareness ribbons that represent those conditions. "The design process became my passion, to find a way to teach and help other people too."

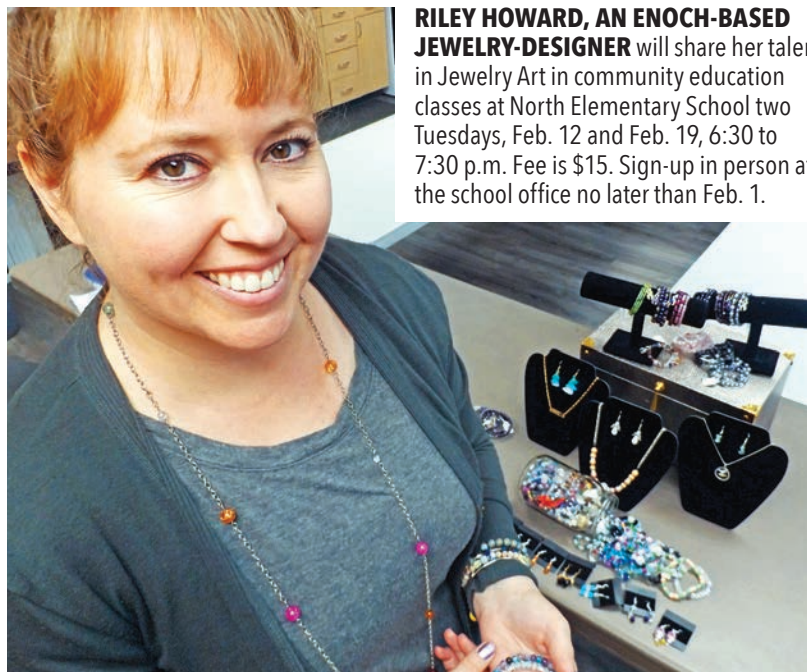
Her bracelets are user friendly, with a slip-over design.

"Some jewelry makers focus on gemstone work, or in silver or other specialties," said Howard. "So there is a wide variety out there, but I think what sets me apart is that these represent many different things to people who have a condition, or those who are experiencing a certain challenge in their life."

In the past few years, Howard's work has been featured in events at the Frontier Homestead Museum, the Talon Craft Fair and at the Parowan Christmas festival among others across Utah. She recently expanded her jewelry display on Facebook and on the Etsy platform with two listed shops – the Chronically Strong One Shop and Charming Gift store.

"I would say that the awareness ribbon often brings people to notice the jewelry," said Howard of the design. "I enjoy having people stop by a booth, to see one small thing that touches them, that may be the one awareness charm or ribbon."

When she is not working with 4-H programs, or preparing for a display, Howard looks to offer more workshops and will be leading a jewelry-art class at North Elementary School in February. "There are so many issues people must deal with in terms of chronic pain or illness," said Howard. "And I find that for me, jewelry-making is a good exercise for the hands."



RILEY HOWARD, AN ENOCH-BASED JEWELRY-DESIGNER will share her talent in Jewelry Art in community education classes at North Elementary School two Tuesdays, Feb. 12 and Feb. 19, 6:30 to 7:30 p.m. Fee is \$15. Sign-up in person at the school office no later than Feb. 1.

personal challenge with a diagnosis of rheumatoid arthritis at the age of 17. Howard, who earned her degree in History and Nutrition at Southern Utah University, describes herself as a having a 'hodge-podge' lifestyle and a variety of interests.

"When I was first diagnosed with this particular condition, I went through a long process of being angry and upset, and later searching for cures, before I finally

and parents.

But it was in jewelry-design and bead class that she found a niche.

"I had given classes to students and found that the common clasps used on most jewelry items are really difficult to fasten or release for people who have certain medical challenges," said Howard. She discovered and began to use a 'memory wire' that was much more user-friendly.

WINTER PHOTO CONTEST

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IRON COUNTY today



AN EXHIBITION AT THE SOUTHERN UTAH MUSEUM OF ART features works from both SUU alumni and faculty members.



PHOTOS BY COREY BAUMGARTNER

Faculty and alumni art show on display at SUMA

by Kelsey **KEENER**
Iron County Today

CEDAR CITY — The opening reception for IMPACT: An Exhibition of SUU Art and Design Faculty and Alumni took place Jan. 10 at the Southern Utah Museum of Art.

The art show presents pieces created by current faculty and past students at Southern Utah University. Chair of the Department of Art and Design and associate professor of graphic design Jeffrey Hanson said the department thought it would be appropriate to put the show together as part of the 20th anniversary of SUU's College of Performing and Visual Arts.

"We thought it fitting to highlight some of the amazing alumni who have gone on to be art and design professionals alongside the faculty who helped get them started," he said. "The work is stunning in its breadth and creativity. I hope you'll look for visual influences that connect teachers and students through aesthetics, motif, and style as we celebrate the impact professors have on their students and vice versa."

The exhibition is intended to bring together the worlds of mentor and mentee. Associate chair of the Department of Art and Design and associate professor of photography Rheana Reeves said the relationship between

artists and their mentors can be powerful and have a lasting impact as students move forward in their lives.

"We realize that the learning they inspired is a chain-reaction process that develops across our lifetime," Reeves said. "All of us who have been students carry forward our professors' legacy in one form or another. And those who are, or have been teachers, bear witness to the potency of studenthood."

Community members will have the opportunity to learn more about the talk

exhibition during a gallery next Tuesday, Jan. 22 at 4 p.m. Faculty members will lead a guided tour and offer insights on the displayed art.

A new workshop series called Faculty Focus will also be offered on Tuesdays throughout the month of February, during which attendees will be able to learn from Art and Design faculty members and experience hands-on learning in media such as watercolor, ceramics and letterpress.

Tickets for the workshops are available on Eventbrite.

IMPACT will be on display through March 15 at SUMA. The museum's hours are Monday through Saturday from 11 a.m. to 6 p.m. For more information, visit www.suu.edu/suma.



COUGAR ENCOUNTER
by Jason Walker

FROM THE AMAZICAL, FANTASMARIFIC, MUSICAL MINDS BEHIND
DEAR EVAN HANSEN **A CHRISTMAS STORY**
THE GREATEST SHOWMAN & **LA LA LAND**
CEDAR VALLEY COMMUNITY THEATRE PROUDLY PRESENTS



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by Dawn M. AERTS
Iron County Today

CEDAR CITY — Quilt enthusiasts will find an array of quilt inspirations from 'Be My Neighbor' and 'Winter Banner,' to 'Playground Picnic' and 'Oops-a-Daisy!' as friends and members of the Cedar Chest Quilters' Guild gather for their 13th Annual Winter Quilt Retreat set for Jan. 29 through Feb. 1 at The Heritage Center.

As in most years, the event will draw talented quilters from across Utah.

It's an event that welcomes 'newbies' and confident-beginners to advanced-quilt-makers who come to watch featured instructors demonstrate their skills in all things quilt-related. "This year's Retreat will showcase over 30 projects," said Ronnie Badgett, Retreat chairperson.

It's all about sharing techniques and creative flair.

According to Badgett, there will be classes for beginners, intermediate to advanced, with regional quilters offering the techniques they use in everything from creating clutch wallet or shoulder bags, to pillows, wall hangings, and applique methods, to creating an array of quilt patterns using hands-on time.

"For Guild members this is something we truly love to come together for each year," said Lissa Rogers, Guild president. It was in 1994 that the concept for the 'retreat' began with a few classes, demonstrations and a trunk show among friends.

Badgett, a native of Las Vegas, Nev., and Rogers, who moved to Cedar City in 2013, find they share more than a passion for quilts and fiber arts.

"We started with a handful of local women...some working moms and grandmothers, some



(L TO R) Lissa Rogers, Cedar Chest Quilters' Guild president; Ronnie Badgett, Retreat Chairperson; and Deborah Leoni, Owner, 4EverQuilting, will be on-hand with a variety of quilt displays at the 13th Annual Quilt Retreat, Jan. 29th through Feb. 1st hosted by the Cedar Chest Quilters' Guild, at the Heritage Center. For Retreat information go to cedarchestquiltersguild.org.

who retired here," said Badgett, "So there's still a core group of quilters who have been part of the Guild from the beginning." Badgett recalls sitting on her grandmother's lap at the age of 7 when quilting was still accomplished with a needle and thread using scraps of fabric.

"In the past, quilting and sewing was very practical work -- projects that needed to be done for a family," said Badgett. "But I've always found quilting a time that really soothes the soul.

Something I do just about every day, and if I don't do it -- I get antsy."

Rogers' interest began in a high school home economics class and admiring the creative skills of her grandmother. "She was the quintessential homemaker; always busy," said Rogers, "But what I most enjoy in quilting is the technical part, the process of learning and then creating something for the first time."

The January Retreat will

cover a range of techniques and pattern ideas.

According to Badgett, quilters today have more opportunities to quickly jump in, and learn with a variety of convenient pre-cut fabrics and standard packages to choose from -- everything from the 5" square charms and the 10" layer cake size to the 2.5" jelly-rolls.

"Some of us go to a weekly class together, spend an afternoon, or just share our tips as we work on a new project," said

Rogers. "It's really is our 'happy place' and time."

Like the pioneer-women who once gathered together in quilting circles, Guild members often share overlapping interests in church, community projects and in family-centered lives. "There's a special camaraderie you find among our quilters here," said Rogers, "And we're all doing something we enjoy."

According to Badgett, new members find their niche in fabrics, colors, patterns and projects. "At the Retreat you'll see the lovely classic examples, quilters who use the dull, muted colors of the Civil War era, along with those who prefer using the modern, brighter colors of more recent decades."

Quilters come from a unique set of backgrounds, with varying interests and skill levels. "People enjoy working with their hands and in the company of others," said Rogers, "And the Retreat has become a great way to share all of these wonderful examples and projects with each other."

Cedar Chest Guild members meet every Thursday: Block of the Month session (first Thursday); General Meeting, potluck, show-n-tell (second Thursday); the no-cost project, (third Thursday) and for 'Humanitarian' Day (fourth Thursday) when members are invited to make quilts or other useful items for community donation projects.

Both Rogers and Badgett agree that the art-of-quilting continues to evolve from what was very practical purpose, to projects that challenge quilters with seasonal, trend-driven and modern home décor ideas.

"So quilting today can mean anything from answering a community need to creating a unique, one-of-a-kind gift," added Rogers, "or just learning together with good friends."



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People

1st Birthday



Bexley Nielson

Bexley Nielson, daughter of Lex and Kasey Nielson, celebrated her first birthday on January 2! She is the happiest little girl and has brought so much joy to our lives. She loves to be held and be a part of everything that is going on. She has the cutest little giggle and we are so happy she is a part of our family. We love you and hope that you had the best birthday! She is the granddaughter of Brad and Kelli Brown, and Troy and Dottie Nielson of Cedar City.

Comissioning

Lt. Minkler

On December 14, 2018, Andrew Garrett Minkler was commissioned as a Second Lieutenant in the United States Army. Garrett is the son of Blate and Pamela Minkler of Cedar City. He completed a Bachelors Degree from SUU in December, majoring in Psychology, with minors in Military Science and Spanish. He was a member of the SUU ROTC program throughout his time at SUU, and was awarded the title, Distinguished Military Graduate, at his commissioning. He will begin his military service as a member



of the Utah Army National Guard Adjutant General Corps assigned to Headquarters and Headquarters Company, Group Support Battalion, 19th Special Forces Group, Airborne based in Ogden, Utah.

80th Birthday



Don L. Blanchard

Don L. Blanchard was born on Jan. 18, 1939, in St. Anthony, Idaho. When Don began teaching at College of Southern Utah, he was one of the youngest faculty members ever hired. He taught for 40 years through several name changes and retired from Southern Utah University. Congratulations on your 80th birthday from your many friends and colleagues.

Mission

Lyle & Jan Hadlock

Lyle and Jan Hadlock of Cedar City have been called to serve an 18-month, full-time mission for The Church of Jesus Christ of Latter-day Saints in the Mexico Mexico City West mission. They will be serving in the mission office, assisting the mission president and all the full-time missionaries assigned there. They spoke on Sunday, January 13, 2019 at



10:30 a.m. in the Mountain View Ward, located at 1120 W. Greens Lake Dr., Cedar City, Utah.

Local author shows how to recover—like a warrior

by Dawn M. AERTS
Iron County Today

PAROWAN — By the time Sue McAley began to write about her own experience with addiction, time spent in counseling programs, working with inmates, in the mental health and treatment systems in Chicago, she knew just how tough it was – to battle addiction.

In her 2018 book, *Addiction, Recover Like a Warrior*, McAley draws on her personal and professional past to explain the strategies and tools that can be found in the precepts of ‘martial arts.’ Her book uses the methods found in Martial Arts training which McAley will present in a workshop Wednesday, Jan. 23 at 7 p.m. at the Cedar City Public Library. The self-help book was made possible with assistance from the Department of Vocational Rehabilitation; Southern Utah University and AE&D Art Studio and Design.

According to McAley, in the world of behavioral and medical-assisted therapy, discipline is essential to recovery. “Just showing up, no matter how difficult the circumstances is always the first step... So this is a philosophical approach to empower an individual using reason, along with physical and mental techniques.”

Her book is not a program to replace research-based treatments or spiritual support options, but it does ask for a ‘warrior-like’ response.

McAley, who holds a degree in film and video production and a Master’s in counseling and psychology, points to a physical, social, spiritual and ‘a mind-over-matter’ attitude that requires the strategy of a warrior. “It’s an approach and a series of exercises to help one find balance in life, to stand strong with support from others, a willingness to engage in battle.”

No victorious warrior ever stood alone.

“With any addiction you have to recognize and ‘know the enemy,’” said McAley, “Shame, guilt and stigma are forces to be reckoned with, but this guide can be used to transform a person’s belief from ‘I am an addict,’ to ‘I am a warrior battling addiction.’”

In McAley’s Martial Arts and Recovery workshops, addiction is defined as a direct threat to one’s well-being, safety, and family life. “I want people to understand that it’s not about a character defect, a flaw, a disease, and there should be no stigma attached,” said McAley. “It is a battle-ground where recovery is still possible.”

Over the past 40 plus years, McAley describes personal battles with addiction, cancer and the criminal justice system, where she has learned that like a warrior, one can ‘learn to fall safely and get up again.’ She has also walked through the 12-step programs and is familiar with medication go-to’s and the ‘dojo’ of office sessions so common to counselors.

“Unfortunately, we have a system where people who are honest about ‘relapse’ – their falling back into drug use often find themselves penalized when they admit to the vulnerability,” said McAley. “So there are patterns we may choose to follow – everything from running away or denial, to resisting or submitting.”

Her strategy is to ‘fight back’ using an approach that can work. “Support is so important; that might come from family, the community, a church leader or a friend,” and there are common denominators that recovering addicts need to recognize for themselves.”

Martial Arts embodies the concepts necessary for potential recovery: balance, stance, focus.

“We know that balance is critical,” said McAley of over-extending oneself in time or resources. “But the warrior must develop the kind of stance that’s grounded in strength, purpose and a belief system.” According to McAley, the focus in rehabilitation must be on getting better.

“That is saying to yourself, ‘Yes, I’ve messed up, but there is a positive future if I look ahead.’”

By taking a page from Martial Arts, her students

LOCAL AUTHOR SUE MCALEY has a Master’s degree in counseling psychology and is a 3rd degree black belt.



AERTS

develop a tough mindset about themselves. And a skilled warrior, when faced with an attacker has few options: run, resist, reason, submit (do nothing) or fight back. In her book, McAley outlines the lessons, everything from setting boundaries to recruiting a supportive army.

“If we overextend our life, it can easily become totally unbalanced,” said McAley of a common pattern among women, “But through martial arts we can find ways to develop our inner strength, our perseverance, and take action -- like a warrior.”

McAley will also offer community education classes on Wednesday, Feb. 20 and Feb. 27 at North Elementary School. The class “Everyday Warrior” will focus on exercises designed to empower, enlighten and motivate through the use of Martial Arts concepts used to maintain balance, set boundaries, and reach goals (not a karate class). To register for a class, call the North Elementary school office at 435-586-2845. Cost is \$ 15.

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Calendar

Wed, Jan 16

CEDAR CITY COUNCIL, 5:30 p.m., city hall.

TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 a.m. to 1 p.m., located at 2569 Freeway Drive between Rally Stop and the Travelodge. Rides available at no charge, leaving the Main Street Pavilion by the library at 11:30 a.m. and returning to same location after the meal. Look for the Sunrise Christian Fellowship van.

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

BAND: COLOR COUNTRY WINDS, 7 p.m., Presbyterian Community Church, 2279 North Wedgewood Lane. Brush up on your band skills to share with the community.

TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park. For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

DOMESTIC VIOLENCE SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

ALCOHOLICS ANONYMOUS, 7 a.m., 203 E. Cobblecreek (KKCB upstairs).

ALCOHOLICS ANONYMOUS, 7 to 8 p.m., 300 E. 685 North (the senior center), in Parowan.

ALCOHOLICS ANONYMOUS, 6 p.m. AA Misfits, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

AL-ANON (NEW BEGINNINGS) WOMEN'S BOOK STUDY MEETING. 6:30-7:30 P.M., 203 E. Cobblecreek Drive, Cedar City.

NARCOTICS ANONYMOUS JUST FOR TODAY, 8 p.m., KKCB, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890 or (435) 635-9603.

HEY CEDARS SQUARE DANCE CLASS, 6:30 p.m., Cedar City Senior Center. Info from Pat at 435-531-6811 or Ralph at 435-669-4867.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

ENOCH CITY COUNCIL, 6 p.m., city offices.

AMERICAN LEGION AUXILIARY MEETING, 6 p.m., Cedar City Library in the Park, American Legion Conference Room. Info from Georgia Johnson at 435-704-6654.

Thurs, Jan 17

NAMI BRIDGES & FAMILY TO FAMILY CLASSES (FREE). 7 P.M., Southwest Behavioral Health Center, 245 East 680 South, Cedar City. To enroll, call Robert (435) 590-7749 or Rosie (435) 590-0880.

CEDAR CHEST QUILTERS' GUILD, 10 a.m., Cedar City Senior Center, 489 East 200 South.

COLOR COUNTRY COMMUNICATORS, Cedar City Toastmasters, 7 a.m. 86 W. University Blvd. Find your voice. Shape your future. Be the leader and speaker you want to be.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Dept., 260 E. DL Sargent Drive, Cedar City. Call 435-586-2437 with questions.

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

ALCOHOLICS ANONYMOUS, 7 a.m., 203 E. Cobblecreek (KKCB upstairs).

ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, noon, Cedar Bowling Center, 421 E. Highway 91.

AL-ANON—"AFFECTED BY SOMEONE'S ADDICTION OR DRINKING? AL-ANON CAN HELP. 7-8 P.M., 203 E. Cobblecreek, Cedar City. More info at 435-531-1045.

NARCOTICS ANONYMOUS, 8 p.m., KKCB, 203 E. Cobblecreek, Cedar City. More info at 877-865-5890 or 435-635-9603.

WATER AEROBICS CLASS, 9 a.m., SUU pool. Fun, up-tempo workout to current pop hits. The class is medium to high intensity and includes full body toning. Can be modified to any fitness level. People with arthritis or knee, hip or back injuries are encouraged to participate. Cost is \$3/class. Call Allison at 435-327-2091 for more info.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

SENIOR BLIND & VISUALLY IMPAIRED SUPPORT GROUP, 1:30 p.m., Cedar City Library in the Park.

Fri, Jan 18

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA and 6 p.m. AA Misfits, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

ALCOHOLICS ANONYMOUS, 7 a.m., 203 E. Cobblecreek (KKCB upstairs).

ALCOHOLICS ANONYMOUS TWISTED SISTERS MEETING, 7 p.m., KKCB, 203 E. Cobblecreek, Cedar City.

NARCOTICS ANONYMOUS LIVE AND LET LIVE, 8 p.m., KKCB, 203 E. Cobblecreek, Cedar City, for information call (877) 865-5890 or (435) 635-9603.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

Sat, Jan 19

YEAR ROUND FARMERS MARKET, every Saturday rain or shine, 9 a.m. to noon in the parking lot across from Pastry Pub. Local vegetables, greens, fruit, herbs, baked goods, artisan cheese, live plants, flowers, jams, raw honey, farm fresh eggs, and more. Also every Wednesday, same location, 4 to 7 p.m.

SATURDAY MARKET, 9am-1pm every Sat. @ IFA, 905 S. Main. Good weather outside - bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For more info call 435-463-3735.

NARCOTICS ANONYMOUS CLOSED, Candle Light meeting, KKCB, 203 Cobblecreek, Cedar City. Info at 435-635-9603 or 877-865-5890.

ALCOHOLICS ANONYMOUS, 7 a.m., 203 E. Cobblecreek (KKCB upstairs).

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA, 6:30 p.m. AA BB Study, and 8 p.m. My Story speaker meeting, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

Sun, Jan 20

ALCOHOLICS ANONYMOUS, 7 a.m., 203 E. Cobblecreek (KKCB upstairs).

ALCOHOLICS ANONYMOUS, 11 a.m. (TGISS) AA and 6:30 p.m. 12x12 Book Study, 203 E. Cobblecreek, Cedar City, for information call (877) 865-5890.

NARCOTICS ANONYMOUS, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For Information, call (877) 865-5890.

NARCOTICS ANONYMOUS WOMEN ONLY, 11 a.m., KKCB, 203 E. Cobblecreek, Cedar City. Info at 435-635-9603 or 877-865-5890.

COMMUNITY MINDFULNESS MEDITATION, 4 p.m., St. Judes Episcopal Church, 89 North 200 West, Cedar City. This is facilitated by Amber Gower. This is a guided meditation open to the public. It is non denominational and free to all looking for guidance in group meditation. Phone 435-590-4092 for more information.

Mon, Jan 21

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

FREE DANCE AEROBICS CLASS, 9 a.m. Class is medium to high impact but can be adapted to any fitness level. Beginners and people of all ages welcome. Moms can bring young children. For more information, call Allison at 435-327-2091 (no text).

RED ROAD TO SOBRIETY/AA MEETING, open meeting, 6 p.m., Paiute Indian Tribe of Utah, 440 N. Paiute Drive, Cedar City. For more information call Chris at 586-1112 ext. 307.

ALCOHOLICS ANONYMOUS, 7 a.m., 203 E. Cobblecreek (KKCB upstairs).

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

NARCOTICS ANONYMOUS MONDAY NIGHT BASIC TEXT STUDY, 8 p.m., KKCB, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890 or 435-635-9603.

FREE AEROBICS CLASS, 9 a.m. -fun easy dance moves to current pot hits, Latin, jazz, hip hop, and 80s choreography all included. People of all ages and fitness levels welcome. Moms can bring young children. For more information, call Allison at 435-327-2091

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m. Call 435-865-1387 for an appointment. Accepts Medicaid, Medicare and all private insurances.

Tues, Jan 22

STORY TIME AT THE FRONTIER HOMESTEAD STATE PARK, 10 a.m., an opportunity for preschool children to learn about the past through stories and history-related activities, story time is free thanks to the support of the Cedar City-Brian Head Tourism Bureau.

CEDAR CITY ROTARY CLUB WEEKLY MEETING, For more information call (435) 865-7637.

IMMUNIZATIONS/WIC/VITAL RECORDS, 1 to 5:30 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

RAPE AND SEXUAL ASSAULT SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

AL-ANON "EASY DOES IT", 7 to 8 p.m., Community Presbyterian Church, 2279 N. Wedgewood Lane, Cedar City, for more information call (435) 531-1045.

AL-ANON, 7 p.m., Parowan Senior Center.

ALCOHOLICS ANONYMOUS, 7 a.m., 203 E. Cobblecreek (KKCB upstairs).

ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, noon, Cedar Bowling Center, 421 E. Highway 91, Cedar City.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA, 6 p.m. AA Misfits and 8 p.m. AA Cedar Group, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

WATER AEROBICS CLASS, 9 a.m., SUU pool. Fun, up-tempo workout to current pop hits. The class is medium to high intensity and includes full body toning. Can be modified to any fitness level. People with arthritis or knee, hip or back injuries are encouraged to participate. Cost is \$3/class. Call Allison at 435-327-2091 for more info.

CEDAR CITY COMMUNITY CLINIC, 10 a.m. to 7 p.m., call 865-1387 for an appointment. The clinic accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

CEDAR CITY LION'S CLUB, Southwest Tech, 757 W. 800 South. For more information, visit www.lionsclubs.org.

Wed, Jan 23

CEDAR CITY COUNCIL, 5:30 p.m., city hall.

TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

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Schools

NEWS Nuggets

Compiled by Le Ann **WOOLSTENHULME**
Iron County School District

Enoch Elementary

Angel Flight West's Santa Flight brought holiday cheer for Enoch Elementary students and families on December 14. Students watched as Santa, Mrs. Claus and some elves flew in on a red "rudolph" plane. The school was given donations of nine thousand dollars and over eight thousand pounds of school and winter supplies. The staff and students were so excited and grateful for the contributions to their classrooms. Thank you Angel Flight West and everyone who contributed to making the holiday special for Enoch Elementary!



School resumed on January 2 and the halls were filled with the new year resolutions of the students.

Escalante Valley

There was a full house for this year's school Christmas music program, put on by LuAnne Brown. The students put on quite a show, from their singing, dancing, playing instruments, and showcasing their artistic talents. The grand finale involved all the students singing together, and like magic, snow fell from the ceiling of the gym! The night was truly remarkable!

We would also like to thank all those who participated in our first-ever canned food drive. Together as a school, we were able to collect a total of 323 items, or 316 pounds of food. These donations were collected by Iron County Care & Share, and distributed to families in need.



CHRISTMAS MUSIC PROGRAM

Three Peaks Elementary

As the new year begins and we revisit and set new goals, the faculty and staff at Three Peaks Elementary are fully committed to teach and help each student learn to their full potential. Our school's mission statement is: We will work collaboratively to create a safe and stimulating learning environment. We will support and extend learning to ensure each student has the opportunity to achieve his/her full potential. Our vision statement is: Create an outstanding educational environment in which students are engaged in meaningful learning experiences, demonstrate personal responsibility and show respect and kindness for others. We would like to express gratitude to the parents for supporting and helping us with these goals.

Three Peaks Elementary will be presenting our school report to the ICSD School Board and district directors on January 22 at 4 p.m. at the district office. Attendance is welcome.

South Elementary

The 3rd grade classes participated in a 3rd Grade Thrills activity to celebrate the end of another successful quarter at South Elementary. The students needed to earn 80% or higher on their ending grade for 2nd quarter to participate. The activity included learning about force and motion and then putting that knowledge into practice by having the students create their own version of a roller coaster. The roller coasters were made of pipe insulation tubes (sliced in half) masking tape, various objects in the classroom to create slopes. Each group was given a handful of marbles (the roller coaster cars) that needed to navigate the roller coaster successfully. The students had a very engaging experience as they worked in teams to create their roller coasters and were so proud when they were able to successfully demonstrate their creation to the class.

Parowan Elementary

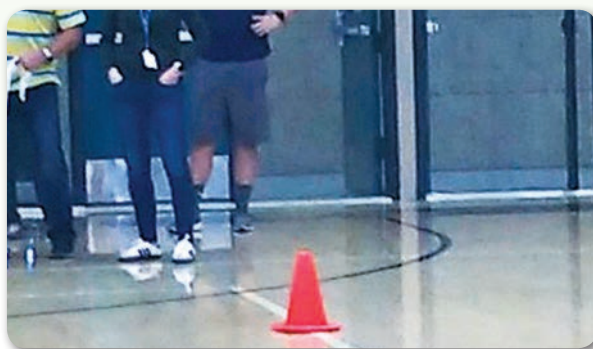
Parowan Elementary Halls have been filled with music the entire month of December. Santa's Workshop was open the first week of the month, we hope you stopped in to find some nice things for your loved ones. The Christmas Program was December 12 and it was a jingle rocking good time! Santa made a special visit on the 13th, the students all received a treat and were able to wish Santa a Merry Christmas. This week we are singing in the halls with Mr. Burton every morning! We also would like the individuals who donated to pay off our student's lunch balances and spread some holiday cheer.



Canyon View Middle

Happy New Year all! Students at Canyon View Middle School have had a great start to this last half of the 2018-2019 school year. We have many fun, educational curriculum based field trips planned in the next few weeks. Please make sure to have all the necessary permission slips completed and turned in ASAP.

The last day before winter break, teachers and students challenged each other in a volleyball game. I am pleased to announce, the TEACHERS WON! It was a great time for all as the entire gym was on their A-game both cheering and playing. On Friday, January 4th, we kicked off 3rd quarter with a spirit assembly. Before various relay games, House 2 was recognized for their winning of the Kindness Campaign in the month of December. Their chain circled the entire cafeteria and them some! Both, teachers and students, really took the challenge to task and all have seen a great difference within our school. Let's keep it going!



Bucket list or chuck it list?



The Rut LESS TRAVELED

by Corey **BAUMGARTNER**

What's on your Bucket List this year? A long-awaited vacation, writing a book, learning to play an instrument, starting in a play, getting married, or grad school? Maybe you're ready to finally retire, or create that dream job? Maybe you have several buckets brimming with ideas but don't know where to start? I've learned that it's not the number of buckets or the length of your list that counts. What matters and motivates is your courage and determination to go make them happen.

There are so many adventures waiting for you. Unexplored shores, misty mountains to climb, songs to sing, words to write, lessons to learn and to teach. You may even find that you need a bigger bucket. However, it won't matter if there are a thousand items or only one. Because unless you're willing to begin emptying your bucket, it might as well be empty.

Is your bucket half empty or half full? How many adventures will you cross off your list this year? How many will doubt and fear cross off for you? Are you so overwhelmed and lost with your list that you feel like you'll kick the bucket before you empty your bucket? Maybe you believe your bucket is too broken or too small to dip into the well of dreams? Maybe you believe that the well has run dry? The well is not dry if you try. It's still full of ideas and dreams waiting for you to lower your bucket and fill it back up.

Also, are you are filling your life bucket with dirty water, or unedifying things? If so, perhaps you need to make a Chuck It List and have the courage to start getting rid of those things that are filling your bucket full of junk and garbage instead of hopes and dreams. If you need more inspiration, look to those who have been diagnosed with a deadly disease. They courageously fight to live and make the most of the rest of lives. I hope you don't have to wait until you're dying to learn how to truly live. Death isn't the only motivator. It just seems to be the one that's loud enough for you to hear it over all the other distractions in your life. If you will stop and listen you can hear above the chaos and noise.

I think there are a lot of empty buckets out there waiting to be filled. Maybe some of you have replaced your buckets with tea-cups, or thimbles. Is it because you think that a smaller list and smaller dreams are safer because there will be less guilt and regret if you don't succeed? True, with a smaller bucket, you can't be too overwhelmed or fill it so full that you can't carry it, but don't short-change yourself. Having a bucket list is about believing in yourself more than just creating it. Go live your list.

I think there are a lot of empty buckets out there waiting to be filled

Religion

Out with the old, in with the new

[MATTHEW 9:17]

Have you ever wondered what it would be like to sit and talk with God? Not only through prayer but face to face? What if He had a porch with a place just for you? Would you go visit Him? What would you talk about?

No matter what religion you belong to, whether you go to church or are just looking for ways to live a better life, I hope you'll find perspective and peace on the porch. No, I don't speak for God—though we all should by the way we live—but I've sat on His porch many times. I've found shelter from life's storms and the courage to leave the porch and face them. We've had some difficult, but beautiful conversations over the years. I've asked Him a lot of questions. I don't have all the answers, but I hope to share some of the precious answers I've received with you. So, have a seat. I pray that when you leave, you will have more peace, hope and courage for your life.

Each week I'll choose a Bible verse to write about. This week, I thought it would be wise to find something that applies to the new year. Thus, I chose the parable about not putting old wine into new wineskins. While there are many interpretations of this parable, the common thread woven through



GOD'S Porch

by Corey BAUMGARTNER

most of them seems to be about new beginnings. Therefore, I humbly ask that you allow me to add one more personal interpretation.

Life is about new beginnings. New beginnings not only cause pause for contemplation but can provide creative and motivative energy for future ventures. New beginnings are exciting, but they can also be excruciating. Especially when previous attempts didn't go so well. You can be easily tempted into questioning yourself. Can I really start over? Can I really do and become better, even with sorrows and shame from my past? The answer is a resounding, Yes!

When you're burdened by a painful past, I know it's hard to let go and move beyond it, or even to believe in new beginnings. That's exactly why Jesus Christ came to this world. Not to make heavenly headlines, but to heal the wounded and broken hearts. You and your heart are why He came, why He died, and why He lives!

Whatever burdens, sins, or regrets that you need to be freed from, you can have a new beginning. If you are willing to give your old life to Jesus and let Him change your heart, He will give you hope for the future and make you new again. Pour out the old bad habits, old regrets and old grudges and let Jesus help you make better decisions and live a better life.

Have a great week and remember that God's porch and heart are only a thought and prayer away. I hope you'll visit him soon. I know He's hoping the same.

Obituaries

Jewel Terry Forsyth



Jewel Elizabeth Terry Forsyth, a lifelong resident of Southern Utah, passed away Tuesday, Jan. 8, in Cedar City, two days before her 86th birthday.

Jewel was born Jan. 10, 1933, in Enterprise, Utah, to Franklin Amos Terry and Ellen Ann Goodliffe Terry. She was the eighth of 10 children. Raised in Enterprise, Jewel married her high school sweetheart Meade Kent Forsyth on February 24, 1950, and later sealed in the St. George Temple. They moved to Cedar City in 1953 where they raised their five children. After Meade retired from U.S. Steel in 1986, he and Jewel

were hired by the Federal Emergency Management Agency in Denton, TX. Jewel worked at the FEMA National Processing Service Center helping applicants get emergency aid during natural disasters. The couple returned to Cedar City in 1993. Jewel continued working for FEMA, traveling all around the nation to respond to natural disasters.

Jewel was an energetic woman who loved playing basketball and baseball on high school and league teams. She was also a tireless gardener, an accomplished quilter and a seamstress.

Her life was defined by her service to church, community and country. A member of The Church of Jesus Christ of Latter-day Saints, she served as Relief Society and Primary president and Temple worker. She also was a Blazer Scout leader who continued to mentor her scouts through to their Eagle Scout awards.

A tragic car accident in 1967 took the life of her young son Jeffery Meade Forsyth and resulted in life-altering injuries for Jewel. And she also underwent quintuple bypass heart surgery. But Jewel never let those setbacks define her or slow her down. When Meade was diagnosed with dementia, Jewel lovingly cared for him until his death on April 9, 2012.

Jewel is survived by four children: Diane Hoff (Dale) of Denton; Allen Kent Forsyth (Gail) of Cedar City; Jon T Forsyth (Kari) of Cedar City; and David Jamieson Forsyth of Dallas; 20 grandchildren, 17 great grandchildren, and one great-great granddaughter; a brother Wendell Terry of Henderson, NV, and two sisters, Jean Terry and Laverna Mead of Salt Lake City. She was preceded in death by her husband, son Jeffrey, six siblings and two grandchildren.

Funeral services were on Friday, January 11, 2019 at 11 a.m. at the Mesa Hills chapel (1925 W 320 S, Cedar City). Viewings were held at Southern Utah Mortuary (190 N 300 West, Cedar City) on Thursday, January 10, 2019 from 5-7 p.m., and at Mesa Hills chapel on Friday, January 11, 2019 from 9-10:30 a.m. Interment was in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com.

Frances Mellen



Our sweet, precious mother and grandmother Frances Myrle Barton Mellen passed away in New Harmony on Dec 22, 2018. She was born to Willard Barton and Ethel Christensen on January 10, 1927 in Axtell, UT. She lived in Utah most of her life, except a four-year stint in Northern California from 1964-68. She married the love of her life, Harvey Joseph Mellen, on October 30, 1943 in Evanston, WY. They later moved to New Harmony, UT in 1996. She is a member of The Church Of Jesus Christ Of Latter-day Saints.

Myrle is survived by her brother David, daughter Pam, eight grandchildren, 10 great grandchildren, and five great-great grandchildren. She is preceded in death by her parents, nine siblings, her husband Joe, son Rick, and two great grandchildren.

Funeral services were held Saturday, January 12, 2019 at 11 a.m. at the Kanarrville LDS Ward Chapel. Interment was in the Kanarrville Cemetery under the direction of Affordable Funeral Services. 435-586-3456

Online condolences can be sent to her memorial page at www.affordablefuneralservices.com

Lester Floyd Williams



Lester Floyd Williams was born March 3, 1976 and passed away December 28, 2019. He was survived by both his mom (Paula McEntire), and dad, and very loving stepfather (Andy McEntire) who loved him like his own; two sisters Melissa Young and Dezeray Williams. He was and still is loved very much and will be deeply missed.

There is no charge for obituaries of 400 words or less. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. A single submission may include up to two photos. The deadline for submission is Monday at noon. For pricing information for obituaries longer than 400 words, please call 435-867-1865 ext. 5.

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UPCOMING EVENTS

IMPACT
Southern Utah Museum of Art
Now through March 15
Monday through Saturday
11 a.m. – 6 p.m.

THE MOST IMPORTANT THING
Southern Utah Museum of Art
Now through mid-January
Tuesday through Saturday
11 a.m. – 5 p.m.

DUALITY
Satellite Salon Series
Thorley Recital Hall
January 26 at 7:30 p.m.

PUBLIC DISPLAYS:
AN ORIGINAL CHOREOGRAPHED DANCE CONCERT
Randall L. Jones Theatre
February 1, 2, 8, 9 at 7:30 p.m.
February 2, 9 at 2 p.m.

www.suu.edu/pva

WEDNESDAY, JANUARY 16, 2019

CV'S LATE FREE THROWS SINK CEDAR

Rams maintain perfect record in Region play

by Tom ZULEWSKI
Iron County Today

The Canyon View Falcons had the lead most of the way, but knew the Cedar Redmen weren't about to surrender in the first round of the cross-town rivalry in 2019.

Thanks to perfect free-throw shooting when it counted, the Falcons were able to hold on and continue its strong beginning to the Region 9 season.

Parker Holmes led three CV players in double figures with 18 points, and the Falcons made 13 straight free throws in the fourth quarter to hang on for a 61-56 victory over Cedar on Jan. 11. Canyon View improved to 3-1 in Region 9 and moved into sole possession of second place, a game behind Pine View, who will host the Falcons tonight.

"I heard kids in the stands (Thursday) night talking about how we were going to beat them by 30," CV head coach Robbie Potter said. "This is a good Cedar team, and they have a fun environment."

The Falcons led by as many as 14 points in the first half and held a 44-33 lead heading to the fourth quarter, but freshman Zab Santana – who scored 11 of his game-high 26 points in the final period – more than did his part to keep the winless Redmen (0-4 Region 9) in range.

With Holmes, Trevor Farrow (16 points) and Mason Lyman (13) leading the charge, Canyon View was able to hang on.

"There's pressure on us, but we're all pretty calm at the (free-throw) line," Farrow said. "We wanted to play calm and just keep our heads in the game."

Cedar had an 11-10 lead after a Trey



CANYON VIEW'S MASON LYMAN drives in for two of his 13 points in the Falcons' win over Cedar. JR ROBINSON

Tebbs basket late in the first quarter, but Cody Spencer ignited an 8-2 run that closed out the period and put Canyon View up 18-13. They wouldn't lose the lead again.

Both teams combined to miss just five free throws in 36 attempts – the Redmen were 16-of-19 while the Falcons finished 15-of-17.

Hot shooting was the theme of the week as Canyon View handed Desert Hills its first loss in Region 9 play Jan. 9 with a 67-55 victory over the Thunder on the home floor. The Falcons led 28-18 at halftime and opened the third quarter with a 13-3 run to stretch the lead to 20 and cruise to the victory.

Holmes led the way for CV with 21 points, Farrow added 16 and Lyman finished with 14 in the win. Junior Mason Chase led the Thunder with 19 points, but 17 came in the fourth quarter as the Thunder rally fell well short.

Pine View handled Cedar in its only other game of the week with a 57-42 victory over the Redmen on Jan. 9. The Panthers led by 14 at the half (31-17) and coasted from there.

Santana led Cedar with 15 points in the loss.

Parowan stayed perfect in Region 18 play, improving to 5-0 with a 52-38 victory over Gunnison at home Jan. 11. Porter Wood led the Rams (13-2 overall) with 19 points, Krue Stubbs added 14 and Max Topham helped out with 13.

As region play returns tonight, Parowan has a one-game lead over Kanab, but leads defending 2A state champion Beaver by three games heading into a home showdown at 7 p.m.



Canyon View

61



Cedar

56

Cyn. View 18 13 13 17 -- 61
Cedar 13 8 12 23 -- 56

Canyon View – Lyman 13, Farrow 16, Holmes 18, Brindley 6, Spencer 6, Sorenson 2. Totals 18 16-19 61. 3-pointers – Farrow 4, Holmes 1, Brindley 2, Spencer 2.

Cedar – Savage 4, Tebbs 7, Garrett 1, Eyre 8, Santana 26, Armstrong 4, Crowley 6. Totals 19 15-17 56. 3-pointers – Tebbs 1, Eyre 1, Santana 1.



Cedar

67



Canyon View

31

Cedar 15 22 14 16 -- 67
Cyn. View 2 8 14 7 -- 31

Cedar – Nash 2, Laws 14, Ash, Davis 6, Weaver 10, Torgerson 9, Oldroyd 3, Ab. Davis 2, Gleave 1, Johnston 12, Henkel 4, Brower 4. Totals 26 11-20 67. 3-pointers – Weaver 1, Torgerson 1, Johnston 2.

Canyon View – Johnson 3, Nielson 4, Nicoll 2, Pedersen 1, Fullmer 2, Whitehair 2, Banks 9, Newman 8. Totals 6 18-30 31. 3-pointers – Banks 1.

Cedar girls hoops stay undefeated

by Tom ZULEWSKI
Iron County Today

The volume of fouls collected in the first half gave Cedar girls basketball coach Corry Nielson plenty of reason to be concerned. When the dust settled in the rivalry game with Canyon View on Jan. 10, it proved to be a mere speed bump on the Lady Reds' march through Region 9 play.

Logann Laws scored 14 points to lead three players in double figures, and Cedar held the Falcons to just one field goal in the first half as part of a 67-31 rout over its cross-town rival. The Lady Reds moved to

4-0 in region play and pushed its overall record to a perfect 13-0.

"Every girl who came in the game played really well tonight," Nielson said. "All of them contributed, played hard, and made open shots."

Even though Canyon View (0-4 Region 9, 5-9 overall) fell behind 13-0 before Ashlyn Banks scored the team's only field goal of the initial half, the stat that gave Nielson pause came with more free throws made (18) than points from the floor (13).

"We can't keep putting people at the foul line," Nielson said. "That's a huge concern, and we need to get that corrected.

We're reaching, we're standing, and we're not closing out quickly enough."

But on the positive side, Japrix Weaver was the third Cedar player, joining Laws and Samantha Johnston (12) in double figures with 10 points.

"I'm seeing glimpses of the old Japrix coming back," Nielson said. "This was the first game I've seen where she's just playing."

Banks led the Falcons with nine points and Addie Newman added eight in the loss.

Cedar opened the week Jan. 8 by pulling

CV wrestlers closing in on perfect Region 9 season

by Tom ZULEWSKI
Iron County Today

The Canyon View wrestling team continued to make a strong impression on the rest of the 4A ranks with another Region 9 win over rival Cedar on Jan. 10. The Falcons used seven match wins in the middle weights to beat the Redmen, 45-33 and remain undefeated at 4-0 in region with two matches remaining.

Dawson Stoor (145 pounds), Brady Lowry (152) and Brayden Cavaleri (170) all produced first-round falls to lead the Canyon View charge. Other winners for the Falcons included Cole Lake (132, second-round fall), Ethan Taylor (138, 10-3 victory), and Alex Allen (220, first-round technical fall).

In addition, Lowry and Cedar's Nate Ellis (220) stood atop the medals podium at the All-Star Duals wrestling event in Orem at the UCCU Center on Jan. 8. Lowry pinned Viewmont's Jeremy Evans in the first round to win the gold medal, while Ellis got by Emerson Conlon of Olympus in the final by a 5-3 count.

Canyon View will close its region wrestling season with a home match against Hurricane tonight, then travel to Dixie on Jan. 24. The 4A Divisional meet happens at Mountain View High in Orem on Feb. 8 and 9, and the state tournament is at UVU from Feb. 14 to Feb. 16.

» Living proof that free throws are everything:

Canyon View's boys basketball team came through when it counted in a pair of Region 9 victories last week, and they sit alone in second place at 3-1.

Against Desert Hills, the Falcons made eight straight from the line in the final minute to secure a 67-55 win over Desert Hills, then hit 13 in a row in the fourth quarter to squash a Cedar rally on the way to a 61-56 win over the Redmen.

That's 21 in a row. That's really good when it really counts.

And even though head coach Robbie Potter admitted his team doesn't spend that much time with free throws in practice, players like junior Trevor Farrow know there's nothing different in shooting a free throw than hitting

a jumper with a defender's hand in the face.

Put the ball in the basket and the result is always the same. Victory is a far more likely outcome.

» **Did they just win the Big Sky?** The Big Sky conference season hit the quarter pole Jan. 11 when Southern Utah got a magical eight-point burst from sophomore Dre Marin, including the game-winning layup with two seconds left that secured an 84-82 victory over Northern Arizona before 1,856 fans at the America First Events Center.

The win was SUU's second straight and improved the T-Birds to 2-3 in Big Sky play. With 15 games still to come, you wonder what's going to happen next.

Will we see a winning streak at home? Will there be a celebration like the one afforded Marin with his buzzer-beating heroics last weekend?

That's all up for serious debate and reflection in the days ahead, and the main reason is the team's

inability to build on big leads. SUU led by 12 at 71-59 with 9 minutes, 19 seconds left in the game, but NAU put together a 16-2 run to reclaim the lead and set up the frantic finish.

With the top five teams earning the first day off when the Big Sky tournament convenes at its new home in Boise, Idaho in March, the motivation is there for the T-Birds.

The secret to success and an increased chance of being a factor: Start winning in your own building. The victory over Northern Arizona was a positive start, but sweeping home games this week against Portland State – coached by former SUU assistant Barret Peery – on Thursday and winless (0-4) Sacramento State on Saturday will turn the momentum into a serious snowball.

For the entire community, a dream like that is long overdue and needs to become reality as soon as possible.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.



RANDOM Thoughts

by Tom ZULEWSKI
Sports Writer

SUU'S DRE MARIN (4), shown on this drive, hit the winning jumper in an 84-82 victory over Northern Arizona.



COURTESY OF SUU

T-Birds nip Lumberjacks in final seconds of game

CEDAR CITY — As the clock ticked down in the America First Event Center Southern Utah's Dre Marin stepped back and drilled a two-point jumper to put the Thunderbirds ahead 84-82 with 1.5 seconds to play, and the Lumberjacks of Northern Arizona weren't able to respond as the T-Birds picked up their second-straight victory against a Big Sky rival.

"I'm just always believing in the work I put in, and that's a credit to my teammates too," Marin said. "They all believed in me and they all knew I could hit that shot."

The victory moved the Thunderbirds to 7-7 on the season and 2-3 in the Big Sky Conference.

"I thought that was a pretty well played college basketball game on both ends," SUU head coach Todd Simon said. "Clean, not a lot of turnovers for either team, not a lot of fouling, both teams blocking out, it was a good basketball game. Both teams were moving the ball. ... So it was a well played game and those are the ones that are a little more gratifying to win, because you have to play well to win it."

In the opening half the Thunderbirds led

by as many as 10, but the Lumberjacks quickly climbed back into the contest with hot three-point shooting. The T-Birds led 42-40 after 20 minutes of play.



In very similar fashion, the Thunderbirds built a 12 point lead over NAU midway through the second half. But NAU once again came back, and the second half featured six ties and 11 lead changes down the stretch.

Ultimately, it was Marin's shot that lifted the Thunderbirds past the Lumberjacks and secured the victory.

Marin finished the contest with 13 points, seven assists and six rebounds.

Cameron Oluyitan was the team's leading scorer finishing with 18 points. Both Harrison Butler and Jacob Calloway finished with 17 for the T-Birds.

As a team the Thunderbirds shot 51 percent from the field and 50 percent from three point

	So. Utah 84
	No. Arizona 82
NAU	40 42 -- 82
SUU	42 42 -- 84
Northern Arizona - Bolton 5, Hines 10, Andre 19, Mains 5, Shelton 1, Avdalovic 16, Bowling 1, Thomas 2, McCree 19, DeBisschop 4. Totals 30-61 9-14 82. 3-pointers - Bolton 1, Hines 1, Andre 2, Avdalovic 4, McCree 5.	
Southern Utah - Better 5, Marin 13, Calloway 17, Butler 17, Madunic 2, Oluyitan 18, Adams 12. Totals 31-61 10-16 84. 3-pointers - Marin 2, Calloway 3, Butler 2, Oluyitan 5.	

range.

The T-Birds will return home to the America First Event Center this week as they'll host Portland State (Thursday) and Sacramento State (Saturday).

GIRLS HOOPS

Continued from page 17

away in the second half to a 63-40 home victory over Pine View behind 16 points from Johnston, 15 from Laws, and 10 from Mayci Torgerson. The Lady Reds led 29-19 at the half, but saw the visiting Panthers close within 32-30 midway through the third quarter before closing out the period on a

10-0 run to regain control.

Avery Papa led all scorers for Pine View with 19 points.

Canyon View's opening game of the week was a 65-35 road loss at Desert Hills on Jan. 8. The Thunder built a 37-12 halftime lead and was never headed in the victory.

Newman led the Falcons in the loss with 16 points, while Banks just missed a double-double, finishing with nine points and 11 rebounds.

Scoreboard

Scores

High School Boys Basketball

1/11 Canyon View 61, Cedar 56
Pine View 83, Dixie 62
Hurricane 68, Snow Cyn. 53
Parowan 52, Gunnison 38
Beaver 48, North Sevier 45
Kanab 62, Millard 59

High School Girls Basketball

1/10 Cedar 67, Canyon View 31
Dixie 44, Pine View 40
Snow Cyn. 42, Hurricane 37
Gunnison 43, Parowan 29
Beaver 48, North Sevier 34
Kanab 62, Millard 44

Big Sky Men's Basketball

1/12 So. Utah 84, No. Arizona 82
Montana 88, No. Colorado 64
Weber St. 95, Portland St. 88
Idaho State 72, Sac. State 70

Big Sky Women's Basketball

1/12 So. Utah 82, No. Arizona 76
No. Colorado 73, Montana 62
Idaho St. 73, Sac. State 43
Portland St. 77, Weber St. 59

Standings

Region 9 Boys Basketball

	REGION	OVERALL
Pine View	3-0	6-6
Canyon View	3-1	7-7
Dixie	2-1	10-3
Desert Hills	2-1	7-5
Hurricane	2-1	6-6
Snow Canyon	0-4	4-9
Cedar	0-4	4-10

Region 9 Girls Basketball

	REGION	OVERALL
Cedar	4-0	13-0
Snow Canyon	4-0	7-8
Desert Hills	2-1	7-4
Dixie	1-2	7-6
Hurricane	1-2	5-8
Pine View	0-3	2-8
Canyon View	0-4	5-9

Region 18 Boys Basketball

	REGION	OVERALL
Parowan	5-0	13-2
Kanab	4-1	10-3
Beaver	2-3	7-5
Gunnison	2-3	7-5
North Sevier	2-3	5-8
Millard	2-4	4-11
Enterprise	1-4	3-11

Region 18 Girls Basketball

	REGION	OVERALL
Beaver	5-0	11-2
Kanab	4-1	12-2
Enterprise	4-1	9-6
Millard	3-3	9-5
Gunnison	1-4	7-6
North Sevier	1-4	1-13
Parowan	0-5	0-14

Big Sky Mens Basketball

	CONF.	OVERALL
Northern Colorado	4-1	10-6
Weber State	4-1	10-6
Montana State	4-1	7-8
Montana	4-2	11-6
Idaho State	3-2	7-7
Southern Utah	2-3	7-7
Northern Arizona	2-3	4-11
E. Washington	2-3	4-12
Portland State	1-3	6-9
Idaho	1-4	4-12
Sacramento State	0-4	6-7

Big Sky Womens Basketball

	CONF.	OVERALL
Northern Colorado	5-0	10-4
Idaho State	4-1	10-5
Idaho	4-1	7-7
Portland State	3-1	11-2
Montana State	3-2	8-7
Montana	3-3	8-7
Southern Utah	2-3	5-9
E. Washington	2-3	3-11
Northern Arizona	1-4	5-9
Sacramento State	0-4	4-8
Weber State	0-6	3-13

Flippin' Birds open season with victory

by SUU ATHLETICS STRATEGIC COMMUNICATION

For Iron County Today

CEDAR CITY — The Southern Utah gymnastics team opened the 2019 season on Jan. 7 with a 193.700-193.525 victory over the New Hampshire Wildcats.

The Flippin' Birds opened the night on vault, as they always do when they are inside of the America First Event Center. Karley McClain got things started for the T-Birds with a 9.775 on her first collegiate vault. Morgan Alfaro had the high score for the team, putting up a 9.800 in what was her first vault since coming back from an injury last season.

"That was awesome. She has worked so hard to come back and I was really proud of her," head coach Scott Bauman said. "She had one job to do and she went out there and did amazing."

Molly Jozwiakowski followed with a 9.725 and Rachel Smith hit a 9.750 in her first vault as a NCAA gymnast. Jiang Braley rounded out the scoring with a 9.675. SUU earned a 48.625 on their first event while New Hampshire scored a 48.300 over on bars.

When the Thunderbirds switched to bars Karen Gonzalez

and Autumn Jorgensen had the high scores with Gonzalez earning a 9.725 and Jorgensen scoring a 9.700. McClain followed with a 9.675 and Hannah Nipp swung her way to a 9.600. Shylen Murakami rounded out the scoring with a 9.200.

Southern Utah's third rotation found them on the balance beam

routine and I never watch beam and that thing was beautiful," Bauman said of Nipp's routine. "Everything Hannah does on beam is just so pretty. She had a great night."

Also on beam, McClain put up a 9.750, Alyssa LaDieu and Kamryn Bayer both earned 9.700's and Murakami scored a

both earned 9.775's for their routines. McClain was right behind them with a 9.700 and Nipp scored a 9.625. Caitlin Kho, also in her first competition as a Thunderbird, scored a 9.600 to round out the scoring.

McClain was the only all-arounder for Southern Utah, putting together a combined



COURTESY OF SUU

where they put up their highest team event score of the night. Nipp led the Flippin' Birds to a 48.700 with her 9.900, good enough to earn her beam event champion status at the end of the night.

"I watched that whole

9.650 in her first collegiate beam action. The Thunderbirds led 145.225-144.700 going into the final rotation.

The Flippin' Birds were able to take the title of event champion over on floor as well as Gonzalez and Jozwiakowski

score of 38.900 for all four events.

UNH's Danielle Mulligan took the all-around title with a 38.975.

The Flippin' Birds will return to action on Friday night as they host MRGC opponent Boise State at 7 p.m.

Lady T-Birds take down NAU in OT

FLAGSTAFF, Ariz. — The Southern Utah women's basketball team picked up their second overtime victory in a row and first road win of the season Saturday afternoon 82-76 over Northern Arizona.

The Thunderbirds opened strong, jumping out to an 11-point lead after just seven minutes of play. As a team, they shot 50 percent from the field in the opening quarter and out rebounded the 'Jacks 13-6. They would go into the second quarter with an 18-12 lead.

Things took a turn for the Lady T-Birds in the second quarter as they had one of their worst quarters of the season. After a jumper from Harley Hansen, the Lumberjacks went on a 12-0 run to take a 24-20 lead. The Thunderbirds were outscored 14-7 and went into halftime down 26-25.

Hansen had seven points in the opening half.

The T-Bird offense came out of halftime and it was clear that they had returned to form. They outscored the 'Jacks 23-16 in the

third quarter behind seven points from Breanu Reid. Reid gave the Thunderbirds a 39-38 lead with 3:06 to play in the quarter and was able to extend it to six points by the time the quarter ended.

Southern Utah got outscored by the Lumberjacks in the fourth quarter, but continued to fight when they were down and scored

at all the right times to send the game to overtime. After going down by three with just under two minutes to play, Jessica Chatman hit her first three of the game to tie it at 65-65. NAU answered with a layup to make it 67-65, but with 25 seconds left in the game, Hansen made a steal on an inbounds play from

the 'Jacks and finished it off with a layup to tie the game back up 67-67.

The Lumberjacks jumped out to a four point lead in the overtime period, making it 74-70 with 2:31 left to go, but it was all Thunderbirds from there. A jumper from Rebecca Cardenas cut the lead to two and then back-to-back three's from Hansen and Cardenas made it 78-74 SUU.

The Lumberjacks would go on to score only once more as the Thunderbirds cruised the rest of the way to an 82-76 win.

Hansen was the leading scorer for the Thunderbirds with 19 points, her eighth-consecutive game in double-digits. The junior also pulled in five rebounds and had three steals. Reid, Chatman, and Ashley Larsen all finished in double-digits for SUU and Chatman was one rebound away from a double-double (13 points, nine rebounds).

The Thunderbirds will be back on the road this week as they travel to Sacramento State and Portland State.



COURTESY OF SUU

BRENEAU REED (14) was one of three T-Birds in double figures during SUU's win over Northern Arizona on Saturday afternoon.

FREE Classifieds

WEDNESDAY, JANUARY 16, 2019

Limit of 2 ads per person and phone number, 30 words per ad. Charges apply for any additional words over 30 and for "help wanted" and "services" categories.

1 Week \$.14/word - 30 Words - \$4.20 (minimum). More than 30 words - \$.14/word.
2 Weeks \$.12/word - 30 Words - \$7.20. More than 30 words - \$.12 per word.

3 Weeks \$.10/word - 30 Words - \$9.00. More than 30 words - \$.10/word.
4 Weeks \$.10/word - 30 Words - \$9.00. More than 30 words - \$.10/word

Submit your classified ads at www.ironcountytoday.com or fax them to 867-1866 or call 867-1865 ext. 1.

DEADLINE TO PLACE ADS IS FRIDAY AT NOON

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ANIMALS

PUPPY TRAINING CLASSES @ 5:30 pm on Jan 16th at IFA. First class without dogs. Ages 4 mos to 6 mos. Call Gail 435-592-5487

DOG TRAINING CLASSES @ 7 pm, Jan 16th at IFA Cedar City. First Class without dogs. Vaccinated dogs of all ages welcome. Call Gail 435-592-5487 #BuildTheDogPark on Facebook

SERVICE DOG SEMINAR ON 2-23-19 at the Iron County Visitors Center, 9-12 pm. \$30 Seminar, \$20 Evaluation. Visit <https://www.festivalcountryk9s.org/EVENTS.html> or call 435-865-7347 to register.

ANNOUNCEMENT

NEWEST GIFT EMPORIUM, OCTOPUS Apothecary, located at 62 1/2 North Main Street, downstairs between the Barber Shop & Bombay Café, now open Monday-Saturday 11am-7pm. Featuring eclectic gifts, handcrafted insense, body jewelry, decor and apparel for all ages, imported goods, collectables, one of a kind items made by local artists and craftsmen.

MUSIC IS *FUN*-DA-MENTAL! SMALL groups now forming for students of ALL ages and musical (even NON-musical) abilities. Family/ Youth/ Home-School/ Seniors/ Pre-School/ Special-Needs Groups. Explore rhythm, instruments, composers, classics, educational songs, and more through activities proven to increase Self Respect, Intelligence, Emotional Empowerment, Creativity, Social Camaraderie, along with Musical Skills and Awareness. Have FUN in a positive peer atmosphere. Mini Casual Weekly "Recitals" on any instrument (or voice) give incentive to practice for REAL Learning! Also offering private PIANO Lessons. Kimberly 435-868-1230.

THE HEY CEDARS BEGINNERS square dance classes are starting on January 16th @6:30pm at the Cedar City Senior Center. Great Exercise and good for the mind. Great for date night. Feel good about yourself and a marriage builder. Call Pat @435-531-6811 or Ralph @435-669-4867 or look us up on Facebook.

AUTOMOBILES

2016 MAZDA 6 TOURING. 41,000 miles, excellent inside & out! Navigation, Bose Premium Sound, Blind Spot Alert, sun roof. Must see to appreciate. \$15,499. OBO. 435-592-3311.

2014 CHEVY EQUINOX, GOOD Shape, asking \$5,250. 435-590-8130.

1997 RED FORD EXPLORER. Asking \$1995. obo. In good condition, paint/interior/motor. Runs good. 150,000 miles, V8. Tow package. Leave message or ask for Jerry @435-865-2820.

FOR SALE

I AM MOVING AND need to get rid of a few things. Queen mattress and box spring; great condition: free pickup discuss fee delivered within cedar. 806-441-6778.

I HAVE FOR SALE or free one small hand made coffee table. Picture upon request. If people want more I will build more upon request. 435-559-1790

BIG FEET? SIZE 15/ WIDE: Mens sport/walking shoes, velcro fasteners, black, "Skechers" brand, just like new. \$25. 435-383-3099.

LARGE OVERSHOES, MENS: BLACK rubber, low-cut, snow or rain, well made, fits sizes 12-13-14, with 3 clip locks, like new, sold for \$32. Now only \$15. 435-383-3099.

DALE EARNHARDT, 7 TIME winston cup champion coat. Black & Red with white stripes. Extra Large. Good Condition. \$200. Call Bill 559-471-6443.

JAZZY CHAIR. QUANTUM EDGE Q6 in nice condition. Top of the line model, loaded with features, reclines, etc. Includes new batteries. Must sell, \$2,500 obo. Call/text (435)327-2101.

ACOUSTIC GUITAR, ART & Lutherie (Cedar model) in Excellent condition (like new). Includes hard case. Asking \$300. Call/text (435)327-2101.

EDDIE BAUER CROQUET SET, new in box: \$25. Volleyball Set, new in box: \$10. Call or Text 435-632-8248 or 435-632-8249.

FOR SALE

HIGH STANDART DURAMATIC 22 LR: \$275. Ruger Blackhawk, 38-40/10mm NIB: \$750. Call or Text 435-632-8248 or 435-632-8249.

100% NATURAL HOT/ COLD PACKS, Adult & Child size Bean Bag Chairs, Quillows, Weighted Blankets, AT&T 2-line speaker phone, Plantronics Headset for work-from-home, old army gas cans, remote phone. 435-559-1657

NEW MASTER PORTABLE MASSAGE Therapy Table: \$130. 5 Chainsaws, Stihl, Husquvarna- Call for Models/ Sizes. Free weights, Olympic weights, bars & dumbbells. Rifles, Shotguns & Pistols numerous calibers. 435-590-1920.

HELP WANTED

BEFORE & AFTER CLEANING is now hiring. \$12/hr. Day shift. No weekends required. Call or Text 435-592-0328 for more information.

CERTIFIED RADIO DISPATCHER: \$15.00 hr. Utah Department of Public Safety, Cedar Communications Center, 181 E. DL Sargent Dr., Cedar City. Provides 9-1-1 dispatching and communications services to state and local public safety agencies, including law enforcement, fire and EMS services. Must have high school diploma or equivalent, be 18 years of age by hire date. Must pass agency-specific testing and thorough background check. State has a highly competitive benefits package. Must be willing to work rotating shifts, weekends and holidays. Must apply online @ www.statejobs.utah.gov. Refer to requisition # 18397. Questions contact Dora Collier, Human Resource Technician. Phone: 801-965-4787 Email: dcollier@utah.gov. CLOSING: January 21, 2018 @ Midnight.

MISCELLANEOUS

MAN SEEKS TRUCK DRIVERS as private opponents for pro style wrestling at Orem, Utah. 30-65, 5'-9" to 6'-6" tall, 175-295 pounds. waynesine55@gmail.com or (385)-535-9043.

MISCELLANEOUS

GET OUT OF DEBT. Increase income. Pay less taxes. Live the life you have always wanted. livinggreatrealities.manhomepage.comman.aspx#financial

REAL ESTATE

FOR SALE- PAROWAN AREA: 20.4 acres with 2 acre feet of water and drilled well. Power at street, beautiful views, easy access. Located off paved road. \$109,000, MLS# 82527. Call Jeff Johnston, High Country Realty Inc. Parowan. 435-590-2836.

IN BERYL AREA: TWO building Lots, 1.02 acre each, with one acre foot of water, asking \$9500. Make offer. 435-313-6174.

RECREATION

1/4 ACRE LOT WITH 1/4 water near Minersville Lake, Good for RV pad. \$5500. 435-313-6174.

RENTALS

NEW 3 BEDROOM 3 bath condo. Kitchen appliances included. 2 car gar. \$1,250/ mo, includes water, trash. Tenant responsible for gas and electric. Sec. Dep \$1,400. No smoking. Small pets with approval 435-590-7553

PAROWAN - SHORT TERM lease for furnished home. 2 bed, 1 1/2 bath completely updated. Available immediately until May 15th. \$950 per month includes all utilities. Jessica 801 473-1236 call/text

SERVICES

SAM VEST: SAMS HANDYMAN services. Handyman Sam 110 E 200 S, Parowan. Contact me at any time. No Jobs too big or too small. We can tackle them all. 435-393-5203

LICENSED COMPUTER REPAIR *VIRUS Repair *Data Recovery *Networking *PC Security *Computer Cleanup *Housecalls -FAST Turnaround Time and Flat Rates A+ PSY-CHLONE COMPUTERS 435-590-2114

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HANDYMAN. LICENSED, AFFORDABLE & guaranteed. Carpentry, concrete, masonry, drywall, flooring, painting/staining, landscaping, roofing, welding & pressure washing, minor electrical/plumbing etc. and general repairs/ maintenance. Excellent references. Call Pat 435-559-4520

GIL'S MOBILE WELDING. I'LL come to your home/business. Repair fencing, gates, wrought-iron, utilities trailers, farm equipment, cosmetic repair small/big household metal items. Fair pricing/ free estimates. Don't toss it, I'll weld/fix it. 435-383-3259.

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CLOCK REPAIR. GRANDFATHER CLOCKS, antique clocks, and cuckoo clocks. Over 30-years experience. Pick-up and Delivery. Call Bill, 435-477-1211.

CARING COMPANION SERVICES: PROVIDES care and companionship for seniors in need, including transportation, shopping, meal preparation, medication reminders and respite care. References available. Call: Linda Peterson (435) 233-6802.

SERVICES

A-NAY LAWN & LANDSCAPE. Fall clean up: leaves, trees, shrubs, etc. Snow Removal. Call Christian for Free Estimate Servicing the Cedar City Area. 801-231-9319.

WANTED

MAN SEEKS TRUCK DRIVERS as private opponents for pro style wrestling matches at Orem, Utah. 30-65 years old, 5'-9" to 6'-6" tall, 175-295 pounds. waynesine55@gmail.com or (385)-535-9043.

LEGAL NOTICES

NOTICE OF JUDGMENT OF FORFEITURE

THE STATE OF UTAH gives notice to any person or entity claiming an interest in certain property ("the Property") described as:

Three thousand, Four Hundred and Fifty dollars (\$3,450.00) in United States currency.

The Honorable Judge Bell of the Fifth Judicial District Court for Iron County, State of Utah, has entered a "Judgment of Forfeiture" in Case no. 181500731 forfeiting the Property to the State of Utah. Any claim you may have to the Property will be waived if you fail to file a written petition with the court at 40 North 100 East, Cedar City, Utah 84720 and serve a copy upon the state prosecutor addressed to Chad E. Dotson, 82 North 100 East, Suite 201, Cedar City, Utah 84720 according to the procedures outlined in Utah Code Ann. § 24-4-105(10) within thirty (30) days of this notice.

ICT #0093

Published Jan. 16 & 23, 2019
Iron County Today

NOTICE OF JUDGMENT OF FORFEITURE

THE STATE OF UTAH gives notice to any person or entity claiming an interest in certain property ("the Property") described as:

Three thousand Four Hundred and Forty Five dollars (\$3,445.00) in United States currency.

The Honorable Judge Bell of the Fifth Judicial District Court for Iron County, State of Utah, has entered a "Judgment of Forfeiture" in Case no. 181500349 forfeiting the Property to the State of Utah. Any claim you may have to the Property will be

LEGAL NOTICES

waived if you fail to file a written petition with the court at 40 North 100 East, Cedar City, Utah 84720 and serve a copy upon the state prosecutor addressed to Chad E. Dotson, 82 North 100 East, Suite 201, Cedar City, Utah 84720 according to the procedures outlined in Utah Code Ann. § 24-4-105(10) within thirty (30) days of this notice.

ICT #0094

**Published Jan. 16 & 23, 2019
Iron County Today**

NOTICE OF BANK MERGER

Notice is hereby given that State Bank of Southern Utah, Cedar City, Utah ("State Bank"), has filed applications with the Federal Deposit Insurance Corporation and the Utah Department of Financial Institutions to (i) acquire Gunnison Valley Bank, Gunnison, Utah ("GVB"), pursuant to a merger of GVB with and into State Bank with State Bank as the surviving entity, and (ii) establish a branch at 10 S. Main Street, Gunnison, Utah. It is contemplated that all offices of the above-named institutions will continue to be operated following the merger. The parties to the merger agreement are State Bank, GVB and GV Bancorp, Inc., a corporation and registered bank holding company of GVB, headquartered in Gunnison, Utah.

The notice is published pursuant to 12 U.S.C. 1828(c) of the Federal Deposit Insurance Act. This notice will appear four times beginning on January 16, 2019 and ending on February 6, 2019.

Any person wishing to comment on the applications may file his or her comments in writing with the regional director of the FDIC at its regional office, 25 Jessie Street at Eckler Square, Suite 2300, San

LEGAL NOTICES

Francisco, CA 94105-2780, not later than 30 days after the first publication of this notice. The non-confidential portions of the application are on file in the regional office and are available for public inspection during regular business hours. Photocopies of the information in the non-confidential portion of the application file will be made available upon request.

STATE BANK OF SOUTHERN UTAH
Cedar City, Utah

GUNNISON VALLEY BANK
Gunnison, Utah

ICT #0095

**Published Jan. 16, 23, 30
& Feb. 6, 2019
Iron County Today**

NOTICE OF ORDINANCES

Notice is hereby given that the Cedar City Council at its regular meeting of December 19, 2018, passed the following ordinance(s):

1. Ordinance No. 0109-19, an ordinance vacating the final plat for the Cedar View Professional Plaza Planned Unit Development; and
2. Ordinance No. 0109-19-1, an ordinance amending the zone from Annexed Transition (AT) to Residential-1 (R-1) for property located in the Hidden Hills area.

Said Ordinances shall become effective immediately upon publication.

A Copy of said ordinance(s) may be seen and/or purchased at the office of the Cedar City Recorder, 10 North Main Street, Cedar City, Utah.

ICT #0096

**Published Jan. 16, 2019
Iron County Today**

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*Need to exercise more this year?
Looking for a fun date night?*

Join the Hey Cedars Square Dance Club for "Fun and Friendship set to Music"

CLASSES BEGIN SOON!

Where: 489 E 200 S, Cedar City
When: Wednesday Jan. 16, 2019 at 6:30 P.M.

FIRST NIGHT OF DANCING IS FREE

Caller/Instructors:
Pat Matthews
Ralph Rawlinson
Linda Rawlinson

SEE YOU THERE!

Friday, Jan. 18th between 6:30 - 8:30pm the Cedar Senior Center will host a community dance night for all. The Canyon Reverb band will be playing the music, so don't miss this event. We will have these dances the third Friday of each month. For more information call Elaine at 435-586-0832

CANYON REVERB is a group of musicians that just like to play music. We are mostly about older tunes from the 50's, 60's and early 70's. We perform rock and roll, country western, waltzes and other fun songs that encourage all dancing styles. These include ballroom to boogie-woogie, country two step, line dancing and whatever else you desire. We have been together a little over a year. Our group consists of Des and Sara Penny, John Morris and Jay Jackson.

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Corykopenhefer83@gmail.com
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951 453 2712

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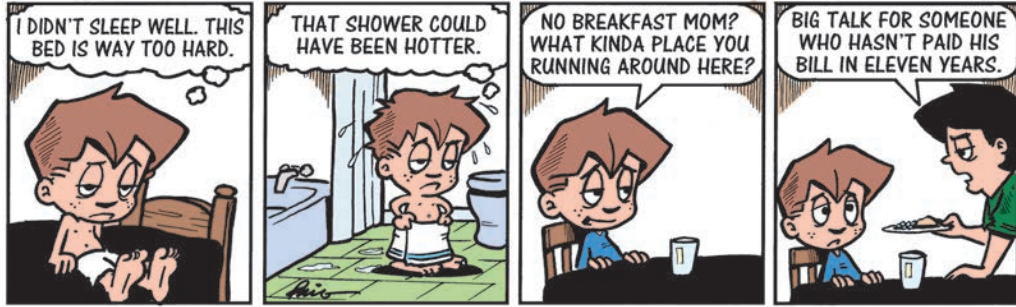
**YOUR AD
HERE!
CALL TODAY!
867-1865**

Comics & Puzzles

WEDNESDAY, JANUARY 16, 2019

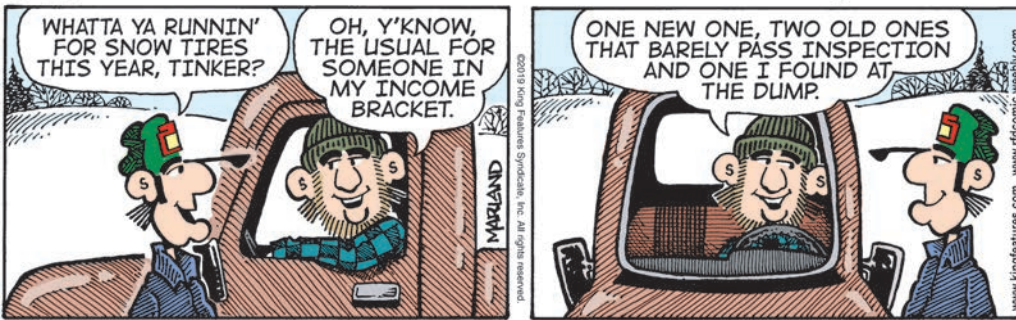
Amber Waves

by Dave T. Phipps



R.F.D.

by Mike Marland



The Spats

by Jeff Pickering



Weekly SUDOKU

by Linda Thistle

6			5		3	8		
		3		6	7			
	4		9					5
		6	7	4		2		
		2		1	8		9	
4	5		3		6			
			6		3	9		
2	9			8				7
		5	2					1

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

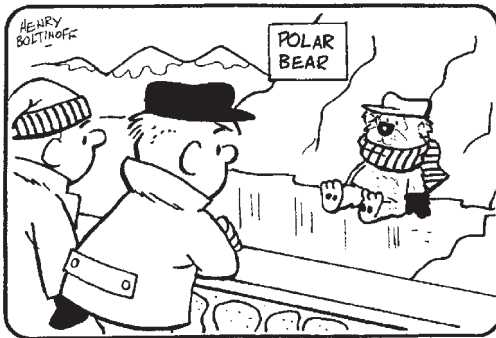
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HOCUS-FOCUS

BY HENRY BOLTIHOFF



Find at least six differences in details between panels.



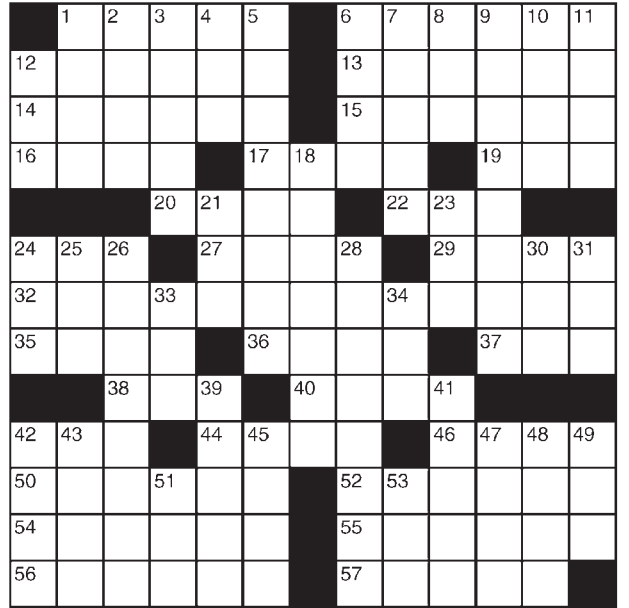
Differences: 1. Boy's hat is different. 2. Bear is wearing mittens. 3. Boy's glove is black. 4. Mountains are snow-capped. 5. Boy's freckles are missing. 6. Bear has three toes.

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King Crossword

ACROSS

- 1 — about (spread the word)
- 6 Utters
- 12 Grads
- 13 Recluse
- 14 ymnosophist's practice
- 15 Incompetent
- 16 Vicinity
- 17 Sicilian spouter
- 19 Tier
- 20 Onetime NYC mayor
- 22 Writer Buscaglia
- 24 Sternward
- 27 Near the treasure
- 29 "Thin Man" dog
- 32 Just one thing after another?
- 35 Deserve
- 36 Arp's movement
- 37 Poehler or Grant
- 38 Panasonic competitor
- 40 Incline
- 42 Slithery squeezer
- 44 Not so much
- 46 Radius neighbor
- 50 German Chancellor



- 7 Punishment-related
- 8 Geological time
- 9 Food of the gods
- 10 Narc's measure
- 11 Crockpot creation
- 12 Literary collection
- 18 Menaces
- 21 Possess
- 23 Chow down
- 24 Expert
- 25 Govt. lender
- 26 Seasoning herb
- 28 Guaranteed
- 30 Male turkey
- 31 One or more abbr.
- 34 Hoosegow
- 39 Back street
- 41 Disney pachyderm
- 42 Wild party
- 43 Never again?
- 45 41-Down's "wings"
- 47 Noisy
- 48 Schnozz
- 49 Illustrations
- 51 Blunder
- 53 Neither mate

DOWN

- 1 Unclear view
- 2 Discourteous
- 3 Eskimo boat
- 4 Officeholders
- 5 It gets punched
- 6 Avoid

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Trivia test

by Fifi Rodriguez

1. GAMES: How much do you have to pay if you land on the "Income Tax" space in Monopoly?
2. LANGUAGE: What does the Greek prefix "poly" mean in English?
3. GEOGRAPHY: What is the capital of the island of Fiji?
4. FOOD & DRINK: What is the substance in chili peppers that makes the tongue burn?
5. SCIENCE: What does the acronym DNA stand for?
6. MATH: What is the top number of a fraction called?
7. U.S. PRESIDENTS: What was the Secret Service code word for first lady Michelle Obama?
8. LAW: What is the 10th Amendment to the U.S. Constitution about?
9. ANATOMY: What is the rarest blood type in human beings?
10. MUSIC: The film "Rhapsody in Blue" was about the life of which composer?

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1	8	4	6	2	7	5	9	3
6	7	3	5	8	1	4	6	2
2	5	6	3	4	9	1	7	8
7	1	9	2	6	3	8	5	4
6	4	8	1	9	5	2	3	7
3	2	5	4	7	8	9	1	6
5	9	6	8	3	6	7	1	4
4	6	7	9	1	6	3	8	5
8	3	8	7	1	6	9	4	5

Answer

Weekly SUDOKU

B	R	U	I	T	S	P	E	A	K	S
A	L	U	N	N	I	T	H	E	R	M
A	R	E	A	V	E	A	R	E	A	R
O	E	L	E	N	A	B	L	E	A	L
N	O	I	N	A	C	T	I	O	N	A
A	F	T	W	A	R	M	A	S	T	A
A	F	T	W	A	R	M	A	S	T	A
N	O	I	N	A	C	T	I	O	N	A
A	F	T	W	A	R	M	A	S	T	A
B	R	U	I	T	S	P	E	A	K	S

Solution time: 24 mins.

Answers

King Crossword

1. 10 percent of your assets or \$200; 2. Many; 3. Suva; 4. Capacitance; 5. Deoxyribo-nucleic Acid; 6. The numerator; 7. Renaissance; 8. Rights retained by the states; 9. AB negative (less than 1 percent); 10. George Gershwin

Trivia Test Answers