#### **Inside**

CEREMONY
HELD FOR
OPENING
OF NEW
SUU SPORTS
FACILITY



#### IRON COUNTY



f O IRONCOUNTYTODAY.COM

WEDNESDAY, NOVEMBER 7, 2018

VOL. 10 NO. 49

#### \*\*\* VETERAN'S DAY \*\*\*



\*on select mattress sets



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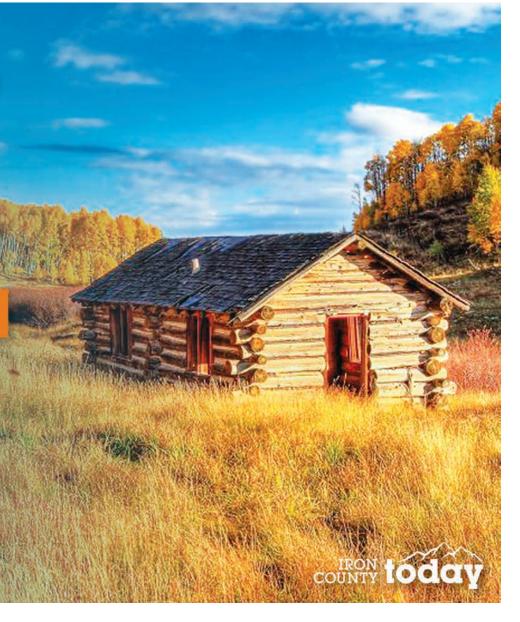
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#### <u>Showcase</u>

Community gathers at SUMA to celebrate Day of the Dead

- 4 Opinion
- Showcase
- 22 Sports
- 26 Classifieds
- 30 Comics/Puzzles



O IRONCOUNTYTODAY.COM



WEDNESDAY, NOVEMBER 7, 2018

VOL. 10 NO. 49

#### Veteran's Day ram set for Nov. 12

by Kelsey **KEENER** 

Iron County Today

The Iron County Veteran's Coalition's 2018 Veteran's Day Ceremony will take place Monday, Nov. 12 at 10 a.m. at the Cedar City Veteran's Park World War I Memorial. It's located at 200 N. 200 East.

The program will include several performances by the South Elementary fifth grade choir, guest speaker Bruce Winslow, performances by the Cedar Music Children's Choir and a special

presentation by Crystal Farinella, Utah State Coordinator for the Quilts of Valor Foundation. The ICVC Honor Guard will also present the posting of the flag, 21 gun salute and the echoing taps.

This year marks the 100th anniversary of Armistice Day, Nov. 11, 1918, the end of World War I. Veteran's Day was originally Armistice Day and celebrated WWI veterans specifically, but in 1954 it was it was changed to honor all veterans after World War II and the Korean War.

All veterans and community members are welcome to the ceremony.

#### **NEW SUU SPORTS FACILITY OPEN TO STUDENTS**

by Kelsey **KEENER** Iron County Today

**CEDAR CITY** — The SUU George S. Eccles Sports Performance Center was unveiled during the ribbon cutting ceremony last Friday.

Assistant to the President Steve Meredith welcomed guests to the event and introduced the speakers: Athletic Director Debbie Corum; Assistant Athletic Director for Sports Performance Travis Illian; Men's Basketball Head Coach Todd Simon; gymnast and senior student athlete Kamryn Bayer; Chairman and CEO of the George S. Eccles and Dolores Dore Eccles Foundation Spencer F. Eccles; Executive Vice President of Corporate Affairs of the Miller Family Foundation Jay Francis; and SUU President Scott L. Wyatt.

The new building has new equipment, a nutrition station and is 6,000 square feet larger than the weight room student athletes were using previously. The new building allows multiple teams to be able to workout at once and makes it easier to work around practice and class schedules.

Bayer said the new building will add significantly the student athletes' lives at SUU.

'This building is more than just a weight room to the students here on campus, it's an opportunity," she said. "The size, equipment provided and sense of unity this building brings gives our athletic program the ability to grow and become better."

In addition to the ability to better accommodate more athletes at the same time, Bayer "This building brings us a sense of unity for the student athletes here on campus"

— Kamryn Bayer, SUU athlete



SUU PRESIDENT SCOTT L. WYATT SPEAKS at the opening of the George S. Eccles Sports Performance Center on Friday.

said the quality of the facility is significant as well.

"Along with the increase in space and equipment, the quality of this new center has permitted us to improve the way we workout," she said. "Just one example is the addition of safety spot bars: this has allowed my team to lift heavier without an

increase in strain on our bodies. The equipment provided also allows athletes with injuries to be able to do more specialized workouts. This is huge for their recovery process and allows them to return them to play quicker."

Bayer also said the nutrition station will allow student athletes to step up another level as nutrition is crucial to success. She also spoke on the sense of community the building will be able to inspire among athletes.

This building brings us a sense of unity for the student athletes here on campus," she said. "While each team has their different workout facilities.

this is a place where we can all come together as one. Different athletes can cheer on each other and support each other. It creates relationships between athletes that bring us closer as one big SUU family. So, on behalf of student athletes at SUU, I want to thank you all for your contributions."

#### International Politics Panel hosted at SUU



by Kelsey **KEENER**Iron County Today

**CEDAR CITY** — Three international students at Southern Utah University participated in a politics panel last week to discuss their perceptions of U.S. politics and the

"There is a small space for...accepting the ideas of another political party without rejecting (them as) completely wrong."

— Thesia Ketu

workings of their countries' governments.

The panelists for the event were Abdulelah Fakhrani of Saudi Arabia who is pursuing a degree in hospitality management; Thesia Ketu of the Democratic Republic of Congo who is pursuing a master's of professional communication; and Sander Verdoorn from the Netherlands who is participating in a semester abroad at SUU. The discussion was moderated by Nouman Kanté

Kanté began the discussion by focusing on the panelists' governments and asking what misconceptions may exist about them. Fakhrani said people may think it is difficult to live in Saudi Arabia because of the Islamic population there, but that it really

see POLITICS | 10



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PHOTOS BY KELSEY KEENER

**CANYON CREEK SERVICES HOSTED A CANDLE LIGHT VIGIL LAST WEEK** in honor of those who have lost their lives as a result of domestic violence. Director Brant Wadsworth addressed the crowd briefly, Awareness and Prevention Director Roxy Burkhart read a poem called "I got flowers today" and advocates sang Rachel Platten's "Fight Song."



## Iron County Today hosting donation drive

by Kelsey **KEENER**Iron County Today

CEDAR CITY — In honor of National Hunger and Homeless Awareness Week, Iron County Today will be collecting donations for the Iron County Care and Share Food

National Hunger and Homeless Awareness Week is next week, Nov. 11 through Nov. 17, and is usually the week before Thanksgiving to encourage compassion toward others. HHAW is a national movement aimed at drawing attention to the problems of hunger and homelessness, as well as working to solve them.

The Iron County Care and Share Food Pantry program helps provide food and household products to love-income families and homeless individuals. The program provides more than 850 households each month with monthly food boxes, and each family or individual is allowed to visit the pantry once a week to replenish perishable items.

The pantry's basic needs list includes: peanut butter, chili and beef stew, canned fruit, canned meat, box meals (such as Hamburger Helper), cooking staples (like flour and sugar), hamburger, chicken, pork and plastic grocery bags. Other needed items are: new or gently used towels and wash-cloths, new pillows, new or gently used quilts and blankets, tarps, small tents, sleeping bags and feminine hygiene products.

Iron County Today will be accepting donations through the rest of the month of November. Donations can be brought to our office at 389 North 100 West, Suite 12 in Cedar City, during office hours from 9 a.m. to 5 p.m.

# Election results on our website at ironcountytoday. com to see vote totals. Watch our next edition for more details about this year's elections.

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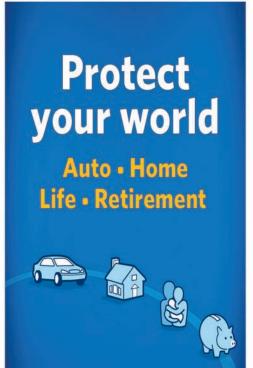


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#### **Administration**

#### R. Gail Stahle

Publisher gail@ironcountytoday.com

#### Deborah Martineau

Office Manager officemanager@ironcountytoday.com

#### **Advertising**

#### Scott Stahle

Sales Manager scott@ironcountytoday.com 801.755.5999

#### Patti Bostick

Sales Representative patti@ironcountytoday.com 435.592.1030

#### **Editorial**

#### Tom Haraldsen

Managing Editor news@ironcountytoday.com

#### Kelsey Keener

Senior Reporter kelsey@ironcountytoday.com

#### Dawn Aerts

eatures Writer/Reporter

#### Corey Baumgartner

Reporter/Photographer

#### Rachelle Hughes

Arts/Entertainment Writer

#### Klarissa Williams

Reporte

#### Tom Zulewski

Sports Writer

#### Layout/Design

#### Devin Christ

Creative Director design@ironcountytoday.com

#### Circulation

#### **Brittany Westwood**

brittanyw@ironcountytoday.com 435.590.6012

#### Stormee Anderson

N. Cedar City/Enoch stormee@ironcountytoday.com 435.592.5724

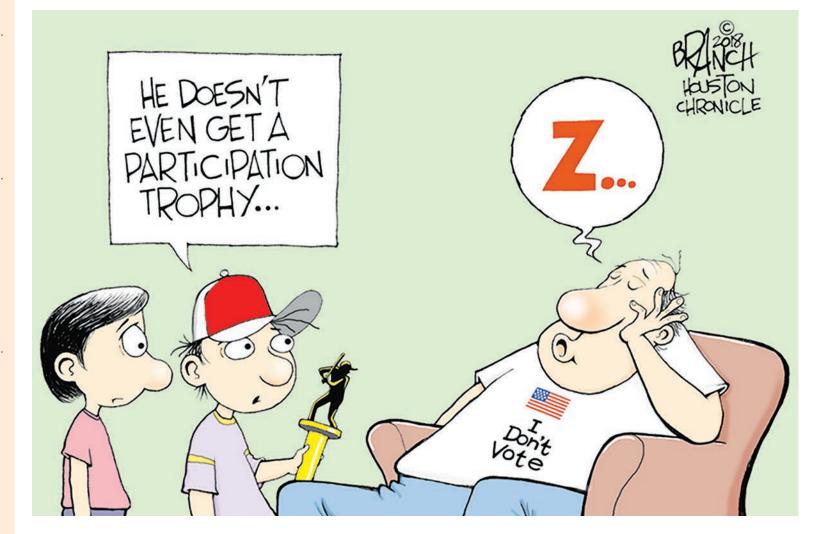
#### Wendy Hanson

Parowan/Paragonah wendy@ironcountytoday.com 435.477.9100

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#### **Opinion**



#### Trump should focus on the truth, not on fear

The opinions stated in this article are solely those of the author and not of Iron County Today.

Remember when conservatives were aghast at the increasing national debt? Now these same elected officials have sent the debt skyrocketing with this year's tax cut.

Remember when candidate Donald Trump blasted Pres. Obama for issuing "illegal" executive orders? Now the same "Donald" proclaimed last week that he had the right to eliminate the 14th Amendment through an executive order.

And then you wonder why so many Utahns are fed up with politics!

The President's anger and fear-mongering about the Central American caravan heading towards the United States is a case in point. Yes, we need to fix our immigration system. Yes, the President is right when he says the country cannot afford to let every poverty-stricken man, woman, and child into the county.

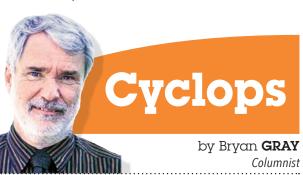
But as his former communications director Anthony Scaramucci advised him, "You should probably dial down the lying."

For instance, Trump said the U.S. is the "only country where a person comes in and has a baby, and the baby is essentially a citizen." That's not true. At least 30 other countries have birthright citizenship, and all of us should have learned in grade

school that a president can't abolish an amendment to the Constitution simply because he doesn't agree with it.

The President said the caravan included terrorists including those with Islamic ties. When asked how he knew this, he responded, "There's no proof of anything. But they could very well be..." Sorry, Mr. President, but there could "very well be Martians in the caravan" too.

He called the caravan "an illegal invasion," when under the U.S. law it is



perfectly legal for anyone to apply for asylum. He said "illegal aliens" were running a town council in California (non-citizens cannot run for public office) and that "rioting" was occurring in California sanctuary cities (which is news to the California Police Chiefs Association who were unaware of any such riots).

Of course, fear is a potent force, especially among the less educated or those unwilling to separate fact and fiction. That's why the Wall Street Journal pointed

out that Americans with less than a college education are increasingly identifying as Republicans while those with a university degree (especially women) are trending to the Democrats. Those with less education are naturally more fearful of competing for jobs with newcomers while the educated understand that the country is running out of workers due to decreasing birthrates and retiring Baby Boomers. Without increased immigration, the economy will stall.

But Congress seems unable to make legal immigration easier while Trump wants to demonize people for political points. It's natural that a president who was handed a few million dollars by his daddy doesn't sympathize with the hotel maids and the double-shift kitchen cooks. Instead of handing him money, Daddy Trump should have taken Donald to the Statue of Liberty and explained what it meant.

And now I hear of Trump supporters worrying about diseases being brought into the U.S. by the caravan. The only problem is that the World Health Organization says that 97 percent of Honduran children are vaccinated compared to 92-95 percent of children born in the U.S.

I'm not worried about disease from the caravan's children. I'm worried about the lack of truth from our president and the lack of backbone from our Congress to fix the broken immigration system.

## Storybook Cavalcade is set for November 17

CEDAR CITY — Cedar City's Storybook Cavalcade will make its way down Cedar City's historic Main Street on Saturday, November 17, beginning at 2 p.m.

A favorite for children and adults, the parade will feature nearly 100 entries, including storybook themed floats, large helium balloon, clowns, costumed characters, superheroes, storybook celebrities, and a visit from Santa Claus.

"The Storybook Cavalcade has been a tradition for 15 years," says Laci Werner, parade chair. "It has become the unofficial kick-off to the holiday season in Cedar City and our committee thoroughly enjoys bringing the parade to our community each year."

Four new floats that will be showcased in this year's parade, including Despicable Me, Frozen, The Nutcracker, and Moana. Each float has been designed and built by Ben Hohman and a team of expert craftspeople, and their creations are sure to become Cedar City favorites.

We hope everyone will mark their calendars and invite family and friends to enjoy the Cavalcade," says Werner. "It's the cutest parade of the year and not to be missed."









#### WEDNESDAY

Sunny

54°/29°



PRECIP: 0% WINDS: Light

#### THURSDAY

Sunny, Chilly 44°/24°



PRECIP: 0% WINDS: N 10

#### **FRIDAY**

Sunny, Cool 49°/20°



PRECIP: 0% WINDS: Light SATURDAY

Sunny



#### SUNDAY Sunny

51°/26°



PRECIP: 0% WINDS: Light MONDAY

#### Sunny

53°/27



#### TUESDAY

Mostly Sunny 55°/28°

PRECIP: 0% WINDS: Light









#### BEST COLLEGES

The Princeton Review is a national and prestigious ranking that has become an annual tradition for the University. Using student surveys, campus visits, and institutional data, The Princeton Review's listing identifies top schools across the nation that stand out for academic excellence in undergraduate education.





Happy Birthday

#### **CEDAR CITY'S BIRTHDAY WAS CELEBRATED IN**

**STYLE** at the Frontier Homestead State Park this past weekend. Photo journalist Corey Baumgartner captured some great images of the party.







## **SUU MPA Director** publishes ethics book

by Kelsey **KEENER** Iron County Today

Director of SUU's Master of Public Administration program Dr. Angela Pool-Funai has published her first book.

Ethics in Fiscal Administration: An Introduction" is the first textbook that focuses mainly on ethics in public administration. Pool-Funai decided to write her own after looking for a textbook to use in an MPA core class and finding that ethics was not discussed as a foundational component in public administration. It took approximately two years for her to complete and she hopes it will help add value to the field.

"Public administration is still emerging as a scholarly field of its own, so I hope my book will add to the body of literature and bring positive attention to the important work of the public sector," she said.

Pool-Funai's Public Sector Economics class (PADM 6200) is the first class to use her book and has taken to it well. MPA student Hunter Cox said the book is stimulating and covers the foundations of the field.

"I love the way she moves through the foundations of American political thought, then seamlessly interweaves issues of economics and public sector ethics," Cox said. "I find myself re-reading chapters just because they are so interesting and thought-provoking."

Pool-Funai holds degrees from Stephen F. Austin State University, Baylor University and Valdosta State University, and specializes in public administration, virtual currency, tax policy and philanthropy.



**DR. ANGELA POOL-FUNAI** 

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#### SUU a pipeline for young women in STEM

CEDAR CITY — According to the National Center for Education Statistics, more than 57 percent of college undergraduates are women, yet only 18 percent progress into STEM (science, technology, engineering and mathematics) fields as a career. SUU has partnered with the National Center for Women in Information Technology (NCWIT) to reverse the trend in rural areas by sponsoring a competition for girls who are active and interested in computing and technology. Applications for the cations received.

NCWIT Aspirations provides technical girls and women with ongoing engagement, visibility, and encouragement for their computing-related interests and achievements from high school through college and into the

workforce. These opportunities allow women of the Community to strengthen their leadership, technical, and entrepreneurial skills, further preparing and motivating them to participate in the computing workforce. So far, NCWIT Aspirations has awarded more than 10,000 young women.

Dr. Shalini Kesar, associate professor of information systems, has been leading the Southern Utah chapter since 2014, spearheading its development across 18 counties.

"It's wonderful to see our chapter is igniting an interest among the girls about the opportunities they have in computing and STEM," said Kesar in a release. "SUU is beginning to create a pipeline for women in computing and STEM within the southern Utah region."

The Southern Utah chapter now targets 18 counties, expanding to eastern Nevada: Beaver,

Garfield, Iron, Kane, Millard, Piute, San Juan, Sevier, Washington, Wayne, Grand, Emery, Sanpete, Juab, and in Nevada: Lincoln, White Pine, Elko, and Eureka.

#### **Bookings**

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

#### October 29

Kylie J. Burnette, Beaver Assault, Criminal Mischief

Javier Ramirez-Ravera, Cedar City
Dist/Offer/Arrange
Distribution of
Controlled Substance

Chavis D. Blackhorse, Cedar City FTA-Warrant, False Info. to Police Officer, Intoxication, Minor Purch/Poss/Consume

Joey T. Loyd, Cedar

alcohol

City
Fail to Remain
Accident-damage
only, Possession of
Controlled Substance,
Assault, Possession of
Drug Paraphernalia

#### Marie V. Taylor, Cedar City Possession of Drug

Possession of Drug Paraphernalia, Possession of Controlled Substance, Resist/Interfere w/ arrest.

#### October 30

Luke O. Marshall, Cedar City Possession of Controlled Substance, Possession of Drug Paraphernalia

Joshua S. Merrill, Cedar City Possession of Controlled Substance

Cameron A. Scott, Cedar City Possession of Controlled Substance, Possession of Drug Paraphernalia

#### October 31

Heather D. Ross, Cedar City Possession of Controlled Substance, Possession of Drug Paraphernalia

Jesse A. Zetts, Cedar City Theft Lost Property

#### November 1

Taylor J. Simpson, Cedar City Criminal Trespass—Intentional Damage, Deface, Destroy Property, Assault, Possession of Controlled Substance, Possession of Drug Paraphernalia, Intoxication, Possession of Dangerous Weapon by

Heriberto L. Talavera, Las Vegas, Nev. Possession of Drug Paraphernalia, Possession of Stolen Credit Cards, Identity

restricted

#### November 2

Raekwon R. McElroy, Ogden No Valid Drivers License

#### November 3

Abigail K. Adams, Iron County Possession of Controlled Substance, Possession of Drug Paraphernaila, Drive on Susp/Rev. License

Chad M. Hennefer, St. George Retail Theft

Ryan Solorio, unlisted False Information, Theft, Possession of Controlled Substance

#### in Correctional Facility November 4

Daniel A. McKay, Cedar City Retail Theft

## "It's wonderful to see our chapter is igniting an interest among the girls..."

— Dr. Shalini Kesar



COURTESY OF SUU

**SUU PROFESSOR DR. SHALINI KESAR IS ENCOURAGING MORE FEMALE STUDENTS** to pursue studies and jobs in STEM fields.

Southern Utah University is showing initiative on this front and is working to meet this national need for females employed in computing and technology workplaces.

2019 Aspirations in Computing awards are open now, and the Southern Utah chapter has received more than 100 applications, ranking them first among the 79 chapters in the nation in appli-



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#### THE ART OF NAILS

by Dawn M. **AERTS** *Iron County Today* 

CEDAR CITY — She doesn't use oil paint or watercolors, but Toni Darrington is something akin to an artist who uses a range of techniques, brushwork and colorful detail to create what some would describe as 'nail art.'

"I actually grew up in my Granny's salon and wanted to do hair just like her," said Darrington of her early years in East Carbon and later in Cedar City. But she also had an interest in beauty school. "Unfortunately, the only openings at that time were in nail tech, so I signed up and eventually finished at the top of my class."

In later years, she worked as a CNA in Salt Lake City for a hospice, operated a nail salon out of her home, and relocated to Texas.

But it wasn't until she moved back to Cedar City to adopt two of her siblings that she decided to work full-time as a nail technician. "My Aunt had operated a salon years before, so I decided to get my license, but I mostly began as a stay-at-home Mom and did nails on-and-off between babies."

According to Darrington a nail 'makeover' can take them from boring to beautiful. "There are so many things I enjoy about the process in my day-to-day work. I absolutely love my clients and the friend ships here, and I get to learn so much along the way."

The art of well-tended nails began in ancient times. It is believed

that Egyptian royalty like Cleopatra used henna to stain nails red; and in ancient China, an Empress or Emperor would grow their nails long to signify importance. By the late 1800s nail salons began to open in America offering manicures and nail art to those in the movie industry who glamorized the technique.

For Darrington, the process begins with overall nail preparation, building up the tips, with layers of gel, a specialized heat-and-dry machine to finish in polish, a top layer of gel and, or hand-painted nail art. It is her artistic ability that clients appreciate with each nail set.

"So most of us at the salon are working Moms raising a family, so I think we relate to each other on so many levels," said Darrington of her co-workers. "If I'm having a bad day, well I know I'll get support from my girls; we laugh together, cry together and genuinely care about each other."

While her two youngest daughters are mostly interested in horses, she said six-year-old HartLee loves painted nails and is extremely particular when it comes to nail design and polish.

"I'm happy when my clients leave the salon feeling pleased with their nails," said Darrington of her work. "It's definitely an investment, but my work can withstand different kinds of jobs with women who work hard outside, ride horses or just hard-working women... so it's totally worth it for

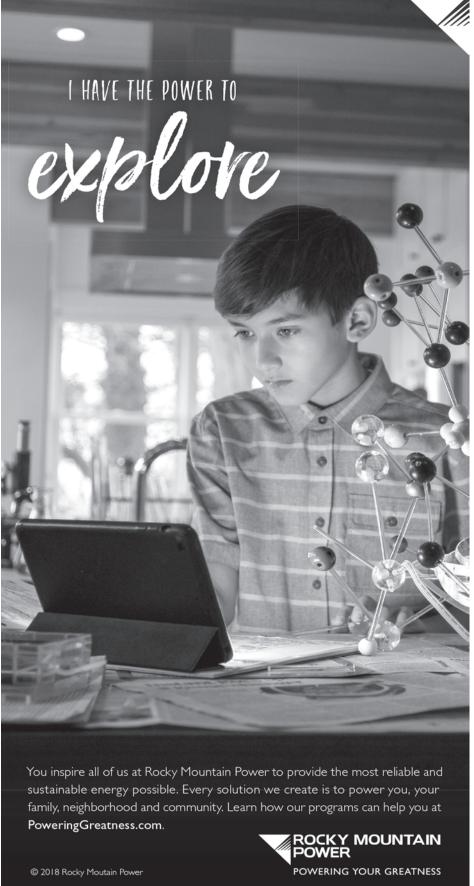
## Cedar City insurance agency recognized among America's best

Cedar City-based Leavitt Group has just been recognized in the 2018 Insurance Business America Elite Agencies report.

IBA's fifth annual Elite Agencies report spotlights 35 agencies that are attaining new heights while reshaping the insurance business of tomorrow. Although the following agencies range in size, they all achieved \$25 million or more in revenue last year, in addition to securing year-over-year growth halfway through 2018.

"However, being an elite agency is about more than just transactions," said Heather Turner, IBA journalist. "From producer training initiatives and mentorship programs to community outreach efforts, IBA's 2018 Elite Agencies define what it means to be the best in the business."

For the full report, see issue 6.10 of Insurance Business America, out now or view the list online at https://www.insurancebusinessmag.com/us/rankings/elite-agencies-2018/



#### ENJOYING HOLIDAY FO

by Kimberly **FUNK** Registered Dietitian

he holidays are about family, friends, celebration, and enjoyment. However, when it comes to holiday foods, there seems to be a large amount of guilt, self-criticism, and lack of pleasure. The last thing you want during the holidays is a never-ending list of "bad foods" or "do nots" wreaking havoc on your holiday cheer. Holiday gatherings and foods are meant to be enjoyed, not to bring feelings of shame. So, you are wondering how you can possibly enjoy your anticipated holiday dishes and desserts without a chaser of negative emotions. Here are four suggestions for you to try.

food labels lead to harmful thoughts and emotions surrounding food. Chances are you have restricted foods listed as "bad." Thus, once a "bad food" is eaten, shame and guilt set in, leading to lack of pleasure and binging. Holiday favorites are looked forward to all season; eat it, savor it, and experience it with positive labels like "enjoyable" or "nostalgic."

#### Make Traditional Recipes the Way You **Always Have**

It is okay to enjoy your favorite dishes without making healthier substitutions or changing the recipe. Sometimes substitutions are just as tasty, other times they are not. If substitutions do not satisfy,

version.

#### try mindfully eating a smaller helping of the full-fat or sugary

#### **Think Positively**

Guilt after eating causes stress and other unhealthy emotions and beliefs. Before heading to a holiday party, think positively. Decided to mindfully enjoy the foods you look forward to each year and the company of your loved ones.



You notice how the first bite of Grandma's famous pie taste delicious. Yet, how much attention to taste is given to the middle or last bite? If you are like many, little thought is given to food after the first bite. This is called mindless eating. Rest assured,

Holiday gatherings and foods are meant to be enjoyed, not to bring feelings of shame.



Small steps are key to making positive changes.

Don't overwhelm yourself by trying all these suggestions. This holiday season, pick one or two to experiment with in a non-judgmental and guilt free manner. Remember, no one is perfect--all things take

Kimberly Funk, MS, RDN is a registered dietitian nutritionist who is passionate for helping people make healthy and enjoyable food choices. She believes that healthy eating does not need to be rigid and that all your favorite foods can fit into a healthy lifestyle. You can find her working at the Kearns Oquirrh Park Fitness Center or at kimberlyfunk.rdn@gmail.com

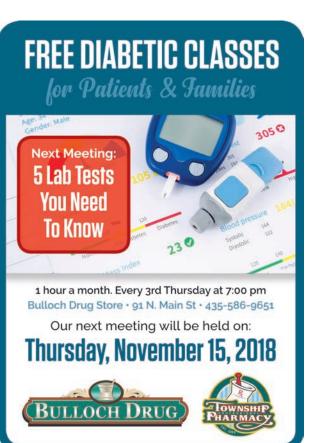
to mindful eating is one positive thing you can do to find enjoyment in holiday foods. Mindful eating uses a non-judgment and guilt free mindset to pay attention to foods eaten. Begin by slowly chewing each bite while asking yourself, "What flavors do I taste?" "What textures do I feel?" Take a break when you realize you are no longer paying attention to the food, or when it no longer satisfies. Before taking another bite, ask yourself if you truly want more. As mindful eating focuses on savoring food, it can help us realize a small amount will satisfy our desire.

mindless eating is something we all do. Switching

#### Give Foods Positive Labels

Break away from labeling food as "bad." Negative





#### **POLITICS**

Continued from page 2

is a peaceful group of people. Ketu said frequently people think of war, famine, terror and tyranny when thinking of the Congo, but that is not always the case. She added that this perception comes from a lack of representation of the country on an international scale. Verdoorn said some might think the Netherlands is on the brink of becoming a communist country, but the politics actually lay more in the middle of the road.

Panelists also discussed higher education in their countries. Fakhrani and Verdoorn said higher education is attainable for most and there is government support and financial aid available. Ketu said while 60 percent of Congolese have access to higher education, they frequently are not able to attain it until later in life when they have been able to save money. This is due to the fact that there is no government or financial aid available.

All three panelists agreed that the populations in their countries pay attention to elections in the United States because they want to know how elected officials are going to affect trade and foreign policy, but they do not know much about the details of political workings in the states.

Ketu said her perception of the U.S. has changed greatly since living here, especially because of the polarization of politics.

"It's always, you have to choose between two things," she said. "It's always two big political (parties); if you don't agree with one side that mean(s) you're necessarily from the other side. There is a small space for common ground and accepting the ideas of another political party without rejecting (them as) completely wrong."

Verdoorn said he was aware of the bi-party system, but did not realize the necessity of registering with a particular party to vote. He said he came to understand this after discussions with his roommates about elections.

"The gist I got out if was that if you don't register to vote Republican (in certain states) you can't make an impact on who's going to be the final senator," he said. "I didn't know that, I thought you registered with the party whose values you like more.'





by Kelsey KEENER Iron County Today

**CEDAR CITY** — Southern Utah University's fourth annual Day of the Dead celebration took place last Friday evening at the Southern Utah Museum of Art.

Day of the Dead, or Dia de los Muertos, is a Mexican holiday celebrated on Nov. 2 in honor of deceased loved ones. The holiday features traditions like cleaning and decorating graves, honoring the dead with Calaveras (sugar skulls), building alters and partaking in traditional foods and beverages.

This year's celebration included an art exhibit, face painting, crafts, traditional foods and a performance by the Cedar City Ballet Folklorico. The focus of the celebration was "alebrijes," sculptures of fantastical creatures or brightly colored animal hybrids, like a lion with the head of a bird. SUU

## of the DEAD

celebrated at SUMA

students were able to submit original alibrijes artwork featured that will be featured in an exhibit through Saturday. The top art pieces will also receive awards.

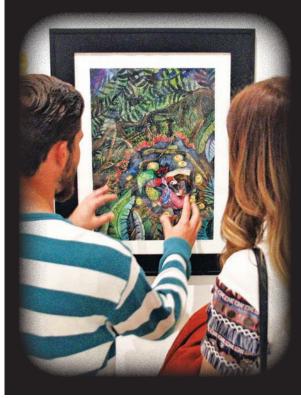
SUU Languages and Philosophy Department Chair Jason Smith said the celebration offers the

chance for community involvement as well.

"The Day of the Dead celebration is a unique event that brings together the SUU community and the broader community of Cedar City in celebration of an important element of Latinx culture," he said.

Associate professor of Spanish Junice Acosta
Martinez facilitates this celebration each year in

collaboration with the Department of Languages and Philosophy, Dr. Hala Sweringen, the Art and Design Department, the College of Humanities and Social Sciences, SUMA, the Center for Diversity and Inclusion, the Student Programming Board and Sigma Delta Pi.





#### Ageless music resonates in Cedar City

by Dawn M. **AERTS** *Iron County Today* 

CEDAR CITY — Doreen Woolley enjoys seeing young people gather around her piano in the lobby of the Randall Jones Theater. "Sometimes they stop and listen or start to sing the lyrics to a song," said Woolley. "They tell me, 'Hey, you're really good!' I see their eyes light up, and they dance to the music."

She has become a local fixture for theater goers.

While Woolley was named a Senior Citizen of the Year for Cedar City in 2008, it's her role as pre-show pianist for the Shakespeare Festival that's given her both local recognition and sincere appreciation. It is the social circle, meeting new friends and the young people who keep her playing.

"I actually grew up two blocks away"

"I actually grew up two blocks away from the featured Tabernacle Organist," said Woolley of her early years in Sandy, Utah. She credits Reed Nibley, a professor at Brigham Young University, and former faculty staff in Vienna, Austria, as becoming her long-time music mentor.

"I love playing the pop classics, the music of Cole Porter, and Gershwin – those are songs that appeal to all ages," said Woolley with a familiar smile. "And I like people who stop at the piano to talk and visit with me."

It's here, in the lobby, seated at the Steinway & Sons Grand Piano, that Woolley plays the classics of Broadway, lively or melancholy show-tunes that people connect with, and those that people love to sing. Woolley has volunteered to play at the theater since she settled here with her husband, Galen Woolley, M.D., in 2001.

It is a past time and talent that began with a few piano lessons and has since become intertwined with a variety of life-experiences. "In those years, my mother took in laundry and my father was ill, but a few lessons led to enjoying many years of playing for others."

According to Woolley, she has always been able to adapt and improvise.

In 1951, she earned a Bachelor of Arts degree at the University of Utah, a subsequent Masters' degree in psychology in 1984 and in 1988, doctoral work completed at the University of North Vegas in 'talented and gifted' Education.

But her talent in music brought her to serve as an organist, choir director and as a Relief Society President in her church stake and ward Primary, as well as a gospel doctrine teacher, stake drama director and other 'callings' over the years.

In 1999, she served with her late husband Galen, presiding over the Marseille, France Mission. They later served as medical specialists working with 10 missions in Asia. With her husband's career in the U.S. Air Force, Woolley lived in Salt Lake City, and Fairfield, Calif., with some years in Normandy, France and Bitburg,



D. AERTS

**DOREEN WOOLLEY, WELL-KNOWN LOCAL PIANIST,** is a musical fixture in the lobby of the Randall Jones Theater in Cedar City, where her talent in playing popular Broadway show tunes and the classics of pop music keep pre-show visitors and theater-goers singing along to an ageless appreciation for American music classics.

Germany before settling in Cedar City.
It was in Germany that she taught and supervised Seminary students for four years, and taught full time Seminary at Institutes in Las Vegas, Atlanta, Georgia and in Hong Kong, China. There were also years working as a trainer with Supporting Emotional Needs of Gifted Children (SENG)

-- a national organization focused on guiding gifted children.

Before the matinee and once more, in the evening, Woolley pulls out her play list of over 100 selections and places her jar on the piano where patrons contribute to the Playmaker scholarships and camps. She has gotten to know most of the 'house people' and dozens of volunteers while playing her favorite songs.

She plays eight shows-a-week in the summer, less in the fall; teaches a Scripture study and still does consulting work for SENG. She said it was an impromptu audition playing 16-bars on the piano that made all the difference. Fred Adams, an early organizer of the Shakespeare Festival, said that in New York City, he noticed they played live music before each performance.

"So, he wanted music in the lobby of the Randall to welcome guests and provide a warm atmosphere."

According to Woolley, it was her early choir group and the decades she played at church events or for the high school orchestra that convinced her she should practice more and pursue music as more than a past time. "I always loved the music – it makes people want to sing and dance."



Thursday, December 13, 2018 | 8:00 PM SUU's America First Event Center (Centrum)

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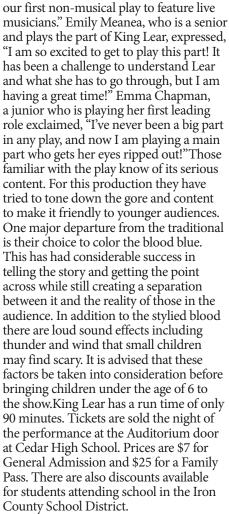
## Cedar High Theatre explores darker side of Shakespeare

CEDAR CITY — Cedar High School's Studio Red is very excited for their upcoming production of William Shakespeare's "King Lear." It will play Nov.

8-12 at 7 p.m. at the CHS Auditorium. Placed in 8th Century A.D., "King Lear" tells the story of a monarch ready to retire from the throne. Lear (played by Emily Meanea) decides to divide up her kingdom between her three daughters based on who loves her most. Goneril (Famke Halma) and Regan (Jessie Bolton) make grand declarations, but youngest daughter Cordelia (Abi Myers) says that she loves her as a child should love her parent but intends to save most of her love for her future husband. Lear banishes Cordelia and makes plans to live in the care of her other daughters. This quickly goes awry when their true natures come forward and force Lear out into the stormy night. Edmund, the evil and illegitimate son of Gloucester, gains favor with both of Lear's daughters and conspires to eventually kill one of their husbands, to marry the queen, and become king himself. Cordelia, who has married the King of France, raises an army to return and save her mother from her sisters.

"This will be the most technical show we have produced at Cedar High," said drama teacher Zac Trotter. "We are incorporating stage blood, makeup, lighting, and sound effects to our traditional large sets and intricate costumes. This is also

musicians." Emily Meanea, who is a senior and plays the part of King Lear, expressed, "I am so excited to get to play this part! It has been a challenge to understand Lear and what she has to go through, but I am having a great time!" Emma Chapman, a junior who is playing her first leading role exclaimed, "I've never been a big part in any play, and now I am playing a main part who gets her eyes ripped out!"Those familiar with the play know of its serious content. For this production they have tried to tone down the gore and content to make it friendly to younger audiences. One major departure from the traditional is their choice to color the blood blue. This has had considerable success in telling the story and getting the point across while still creating a separation between it and the reality of those in the audience. In addition to the stylied blood there are loud sound effects including thunder and wind that small children may find scary. It is advised that these factors be taken into consideration before bringing children under the age of 6 to the show.King Lear has a run time of only 90 minutes. Tickets are sold the night of the performance at the Auditorium door at Cedar High School. Prices are \$7 for General Admission and \$25 for a Family Pass. There are also discounts available for students attending school in the Iron





## Parowan High presenting Broadway musical

by Kelsey **KEENER** Iron County Today

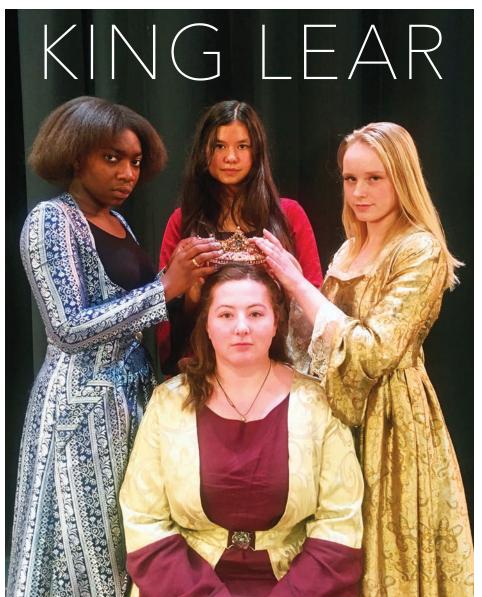
PAROWAN — Parowan High School students will be performing a Broadway musical for six nights at 7 p.m. in the school's auditorium, starting Nov. 14.

Written by Harvey Fierstein, Disney's NEWSIES takes place in 1899 when distribution prices were raised onetenth of a cent per paper, ten cents per hundred, by Joseph Pulitzer. This causes outrage among newsboys, and Jack Kelly, inspired by the trolley workers' strike, organizes a newsboys' strike with his best friend Crutchie. David Jacobs becomes the brains of the new union and Kelly is the voice. Supported by Newsies from all over New York, they

come together to challenge Pulitzer. The Newsies' story gains ground thanks to newspaper writer Katherine Plummer and local dance hall owner Medda

The musical features music by Alan Menken and lyrics by Jack Feldman. It is directed by Shelley Porter, who is assisted by Jenifer Terry. Trevor Walker is the musical director and choreography was done by Heather Shurtleff. Janice Ruesch and Debbie Grimm designed the costumes.

The musical will show Nov. 14 through Nov. 17, and Nov. 19 and 20. Tickets are \$7 for adults, \$5 for seniors, students and children and can be reserved in advance at http://newsies. jubileetix.com.





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#### I will miss Julia

by Mary Anne **ANDERSEN**Cedar City Arts Council

here are some perks to having adult piano students, as opposed to children. For one thing, the motivational skills brought to bear are quite different for each group. The child is here because his/her parent is insisting. Actually, sometimes the child really wants to learn but becomes quickly disenchanted to learn that the process involves the dreaded "p" word: practicing. So then the parent must press the issue. My job is to make the experience rewarding enough that the child will go along with a minimum amount of complaining.

The adult, on the other hand, is here because he/she wants to be. So I don't have to resort to incentives or games, but I do have to do a lot of encouraging. The adult is surprised, often, at how hard it is to learn to play the piano well, and can be very self-critical when the skill isn't mastered in six months. I say to plan on six years to acquire modest ability and they are horrified. "In six years I'll be seventy-two!" To which I reply, "How old will you be...."

But sometimes I get a student who is in it for the long haul, and we are together for years. The joy of that relationship is that we become real friends, peers



Counci

My job is to make the experience rewarding enough that the child will go along with a minimum amount of complaining

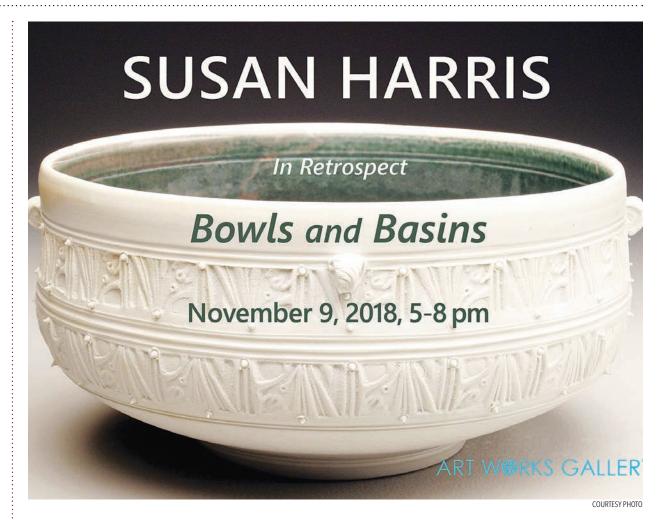
who spend a few extra minutes each week talking about common problems: aging parents, adult children, adorable grandchildren, aches and pains——a topic of great interest at our venerable years. But there is a sobering downside to becoming close to a person in our age bracket, and that is that sometimes he/she leaves this world for a better one. where I assume they will continue their piano studies with someone else.

Take George, for instance. He would drive down to Cedar from

Beaver each week to take his hour lesson. He never even came close to mastery of anything. He knew a lot about music, repertoire, famous performers, but he could not make his hands find the keys. He quit abruptly one week, consistent with his rather taciturn nature, citing health problems that would not let him continue. It was only a few months later that his family notified me of his passing.

Cindy, on the other hand, could play quite well. And we were best friends, sharing a brick wall between our back yards. She criticized herself in rather salty language while I did my best to encourage patience. We laughed and loved and made music and I miss her still.

And I feel sad to have lost another adult student in sweet Julia Anderson. We were together for less than a year and had just begun to speak freely of important matters. She struggled at the keyboard, but was willing to learn what I had to offer. She was smart, slightly melancholy, and altogether lovely. I don't know why she left so suddenly; she has even paid me for a lesson that she will never take. I just feel, somehow, that I have been cheated.



#### Harris exhibit opening on Nov. 9 at Art Works Gallery

CEDAR CITY — Art Works Gallery is proud to present a very special gallery show featuring the fine ceramics of Susan Harris in her exhibit, "In Retrospect, Bowls and Basins." This extraordinary show will feature special pieces selected by Susan Harris that span her decade's long career. The opening reception takes place on Friday, November 9, from 5-8 p.m. at Art Works Gallery, 16 N 100 West, Cedar City. The exhibit shows through December 15, 2018.

About Susan Harris

Susan Harris' ceramic work evolves from her long-held fascination with artifacts from the past, most notably ancient Oriental and Etruscan bronze ritual vessels. She is preoccupied with the mysterious purposes, intricate surface details and mythological symbols, which characterize these objects. Using clay instead of metal, not to mention a contemporary rather than ancient temperament, she challenges herself to re-interpret their forms and meanings. Harris' pieces do not speak of this time and place in history, but could exist any time in the past or future as well.

In an article written by Frank McEntire (15 Bytes Magazine), Harris is quoted as saying, "It may not be easy to place my pots. I haven't put Mickey Mouse on them, so they don't tell you 'Cedar City, Utah, 2004.' But, I know where they come from in my own life. I know by what personal energy I put into them as I make them."

Art Works is a fine art and fine craft gallery located in Cedar City, Utah. The gallery represents local, regional and national artists, who create in a wide variety of mediums and styles. The gallery mission is to facilitate a culture that validates artists at all professional levels, and cultivates the idea that "good" art is defined not always by formula, but by the viewer's emotional response.



#### UPCOMING EVENTS

#### **FUN HOME**

Eileen and Allen Anes Studio Theatre November 9 at 7:30 p.m. November 10 at 2 p.m.

#### ART INSIGHTS- ELLEN EAGLE

Randall L Jones Theatre Wednesday, November 14 at 7 p.m.

#### BERNSTEIN BIRTHDAY BROADWAY BASH

Thorley Recital Hall November 14-17 at 7:30 p.m.

#### SUU BALLROOM DANCE CONCERT

Heritage Center Theater November 16 & 17 at 6:30 p.m.

#### A SCI-FI ODYSSEY PERCUSSION ENSEMBLE CONCERT

Thorley Recital Hall November 19 at 7:30 p.m.

#### PIANO MONSTER CONCERT

Heritage Center Theater November 27 at 7:00 p.m.

www.suu.edu/pva

#### **Leonard Bernstein to be honored** in OSU's November 8 concert

by Tanisa CROSBY Orchestra of Southern Utah

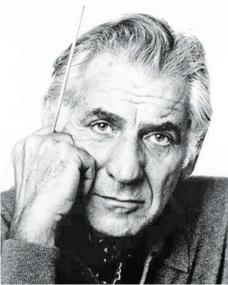
**CEDAR CITY** — On November 8 at 7:30 p.m. at the Heritage Center, the Orchestra of Southern Utah will warm you with their concert based on "Timeless Drama," and a tribute to well-known composer Leonard Bernstein (1918-1990). This year marks the 100th anniversary of his birth, and the Orchestra will perform pieces that celebrate and highlight his life. Leonard Bernstein was a composer, conductor, educator and humanitarian and is regarded as a singular figure in American cultural history.

Bernstein is known for his visceral and life-affirming compositions; he created music that has echoed through generations. His classical music was his biggest contribution and he continues to be one of the most widely performed composers. His music incorporates elements of rhythmic vitality, of jazz and the lyrical intensity of art song while managing to still utilize musical roots, creating a diverse and wholly unique body of work. To honor his musical legacy, the Orchestra will perform selections from West Side Story, which will feature popular tunes from the legendary musical. They will also perform the ever-popular Overture to Candide which is a classic for orchestras and bands alike.

To go along with the theme of honoring composers from the 20th Century, OSU will perform two pieces by Leroy Anderson: Belle of the Ball and Blue Tango. Leroy Anderson was another beloved composer from Bernstein's era. He is well known for using creative

instrumental effects and occasionally using sound-generating items such as typewriters and sandpaper.

Lastly, the Orchestra will display drama from an early time period and will be graced by trombone soloist Michelle Lambert performing Concerto in D Major by Antonio Capuzzi. Lambert is an



**LEONARD BERNSTEIN** 

active soloist and teacher who also serves as a member of the Iron County School Board. Lambert earned a Bachelor of Music degree from Brigham Young University in trombone performance. Over the last 20 years, she has played professionally with the Joe Muscolino Theater, and the Utah Shakespeare Festival. In addition, she has engaged

Band, Calor Tropical, Sundance Summer in numerous freelance performing

#### 'Bottom Dollars' to be screened at SUU tonight

by Kelsey **KEENER** Iron County Today

Award-winning documentary "Bottom Dollars" will be screened this evening at 6:00 p.m. in the Sterling Church Auditorium of the Sharwan Smith Student Center at SUU.

The documentary is a Rooted in Right original and explores the effects of paying people with disabilities sub-minimum wages. Approximately 250,000 people with disabilities are paid less than two dollars an hour in the United States. Bottom Dollars seeks to end this unfair treatment of disabled people and offers ideas for alternatives that promote fair wages, equal opportunities and community inclusion.

Following the screening, a panel will share their experiences with the employment of people with

disabilities. Panelists include Peyton Johnson, Shawn Chynoweth of the National History Association, LuWenn Jones of the Southern Utah Autism Group, Hayden Johnson of Allies with Families and Karl Smith of the Utah Federation of the Blind.

The documentary includes personal experiences and expert interviews with advocates who have been working to improve the employment options for people with disabilities. The intent of the film is to help empower advocates and policy makers to look at the needs of workers and begin to focus on providing workers with disabilities the protection of minimum wage.

The screening is part of the 40th anniversary celebration of the Disability Law Center in collaboration with the SUU Michael O. Leavitt Center for Politics and Public Service and the SUU Disability Services office. and recording opportunities. She has been featured as a soloist on recitals at Chadron State College, the University of Wyoming, Southern Utah University, and the Temple Square Recital Series. Since 1995, she has maintained a professional teaching studio in which she has instructed low brass players of every skill level. She remains an active teacher and performer as adjunct faculty at SUU and as principal trombone and brass section leader with the Orchestra of Southern

The "Timeless Drama" concert, directed by Xun Sun and Adam Lambert, will take place at the Heritage Center Theatre (105 N 100 East, Cedar City, located behind Lins). Tickets cost \$12 for adults, \$6 for students, and \$40 for groups up to six. Children 6 and older are welcome to attend with adult supervision. For more information contact OSU Manager Rebekah Hughes at (435)592-6051 or osucedarcity@gmail.com.

The Sorenson Legacy Foundation is the major concert sponsor and also assists with the VIP program that introduces 4th graders to the orchestra in the crucial year when they are deciding which instrument to study, all 4th graders with a VIP pass have free admission to concerts.

#### Community Theatre set to present Veteran's Day performance

by Kelsey **KEENER** Iron County Today

The Cedar Valley Community Theatre will present "A Veteran's Day Broadway Celebration" at the Heritage Center Theatre on Monday at 7 p.m.

The celebration will include classic and contemporary Broadway songs, a salute to the United States armed forces and sneak peaks of upcoming performances by Canyon View High School and Parowan High School.

Local jazz Group Not Our Forte! will perform during a special pre-show in the lobby. Doors open at 6:30 p.m. and a donation of \$10 is suggested. CVCT is driven entirely by volunteers in the community and all funds raised go toward maintaining the community theatre as part of Cedar City's culture.



Funds raised support Suggested Donation \$10 Cedar Valley Community Theatre

20 Schools

21 Obituaries

WEDNESDAY, NOVEMBER 7, 2018

by Dawn M. **AERTS** *Iron County Today* 

**CEDAR CITY** — Con Haffmans' occupation is unique.

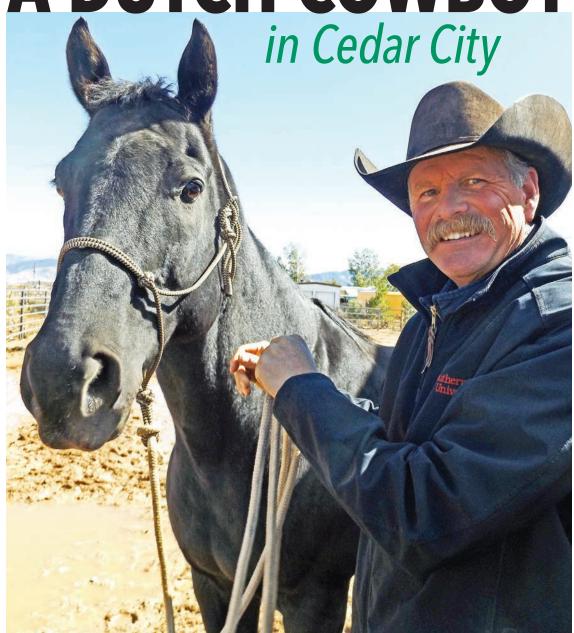
For the past four years he found his niche as an instructor of horsemanship for Southern Utah University. On weekends, he turns his attention to live video, taping motor-sports events from a helicopter, or visits scenic locations where his interest turns to preserving the cowboy legacy through artful photography.

He is of a modern, cowboy culture: hands-on work, not just horse philosophy.

As horsemanship instructor at SUU, you could say, he leads classes, guides and steers students through the basics of horse-handling and proper care. But when he is not on the ground sharing his know-how on everything from saddling to understanding horse cues, he is mostly a man on horseback.

"I spent most summer vacations working on ranch or dairy farms back in my native-country of Holland," said Haffmans of an upbringing that led him to move to the U.S. in 1979. Over the next 10 years, he was part of a 'boot-camp' in horse-care and training, working first in Orange County, Calif., with Swiss trainer George Meyer, before taking ranch-jobs from Colorado, Idaho, and the Texas Panhandle.

"I still consider myself a student of horses," said Haffmans. "A horse tells you loud and clear what he requires of you... There are cues, so I often tell my students to listen, 'the horse is your teacher." He also looks at equine skills as part of an ancient relationship that can A DUTCH COWBOY



D. AERT

**CON HAFFMANS IS A MODERN-DAY COWBOY** who trains SUU students in horsemanship skills -- from preventive care, to proper approaching, catching, saddling, riding technique and horse-care. He lives on five acres of land with his trainer horses, Jack, Badger and Smokey; one dog and two cats, where he still pursues his knack for cowboy-photography.

still be claimed through our hazy, genetic past.

No disrespect, but Haffman believes young people are much too distracted in today's world and are losing the keen ability to focus on the simple, but still relevant tasks of life: That may be learning how to buckle a buckle, or to turn a horse around. Said Haffman of students, "I don't want young people to stop learning or mastering the essentials of horsemanship."

As an instructor, he considers teaching a privilege that provides him with an oppor-

tunity to share his experience with the world of horses.

While some students are pursuing a degree in equine care, from foaling and bovine study to range management – others are learning to care for, or simply ride a horse for the first time. "You might say, horses were our very first mode of transportation, so these lessons bring us back to what we've always been designed to do."

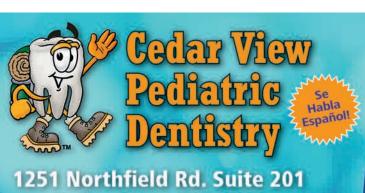
Haffmans came to Cedar City after meeting renowned sculptor Jeff Wolf, and taking a ranch job with brothers, Mack and Jerry Wood. It was Wood's son, Lee, who encouraged him to consider an instructor's position with the Agricultural Department at SUU. "I would say that Lee is a wonderful mentor for me, and really opened the door for the opportunity to share my horse skills with young people."

There were also people like Brent Smith, of Fallon, Nev., who once worked in prison ministries with the Reverend Billy Graham. "I spent many hours, and days riding with a real horse-expert, so if I have a problem, I go to him." Today, Haffmans oversees five classes with an average of 13 students in each class -- who handle one of 20 horses on site.

He begins with basic classroom training, and then time in the arena with a matched 'trail horse', before students move into the second and third level of training. "We need to address the basics, how to start using your legs as much as your hands, using the whole body and using good posture and form.

Students gradually build up a self-confidence with their horse -- from how to approach and catch one as well as how

see COWBOY | 19

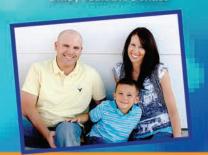


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#### Doggie dreams?

e know our dogs spend much of their day dozing, napping or looking slightly drowsy on the couch.

But do they dream?

While dog-dreams have no scientific certainty, it is difficult to imagine that they don't drift off to some place other than a sofa. Over the years I have personally noticed my dog move into a sleep position that resembles what they do when they're fully awake: paddling legs, winey growls, twitchy nose that makes you wonder what their dreams are made of.

According to research at MIT, two graduate students studied the relationships between memory, sleep patterns and dreams. They found that when rats were trained to run along a circular track for food rewards during the day, their brains (cells) began to show the same brain patterns while they were sleeping



slight twitching, or vocalizing) are most commonly observed in animals. According to one theory by psychoanalyst, Sigmund Freud, dreaming can be considered something of a 'safety valve' for our unconscious desires.

So is it reasonable to imagine that our pets are not just snoozing, but revisiting a past experience like playing at the dog park, running in the backyard or chewing on a favorite toy? According to Stanley

Coren, a psychology professor at the University of British Columbia, "Dogs do dream, and when we peek into doggy dreams, they're likely dreaming of dog-things.

Corens' study determined that large dogs tend to have longer REM sleep; smaller dogs have shorter dream cycles; a Pointer will tend to 'point' at a dream bird and a Doberman may very well attempt to chase an 'imaginary intruder out of the house. And dogs can dream in sleep patterns that take up anywhere from 12 to 18 hours a day.

That said, you might ponder why our dogs can twitch, whimper or seem restless on the sofa? In short, pets can have good dreams and bad dreams just like us: That can be anything from escaping

a scary-looking stranger, to jumping over a fence, to finding a nice turkey sandwich on a table.

Be a hero and adopt a homeless dog or cat at your local animal shelter by calling the Enoch office at 435-586-8791 or Cedar City shelter at 435-586-2960 located at 1150 W. Kittyhawk Drive.

Note: Excerpts taken from USA Today website, healthday.com, Psychology Today's website, and National Institutes of Health.



#### 80<sup>th</sup> Birthday



#### **Raezell Brown** Robison

Happy 80th Birthday to Raezell Brown Robison, who was born on November 12, 1938 in Richfield, Utah. Happy Birthday from Larry, Sophie, Keith, Alice and all of the Robison Family. We Love You, Rae.

#### 95th. 96th Birthdays

#### Kent & **Bessie Dover**

Happy Birthday Kent and Bessie Dover. Kent Dover will celebrate his 96th birthday on November 13, 2018. Bessie Dover celebrated her 95th birthday on October 14, 2018 In April, they celebrated 73 years of marriage. YOU TWO ARE AMAZING! WE LOVE YOU!



#### <u>Engagement</u>

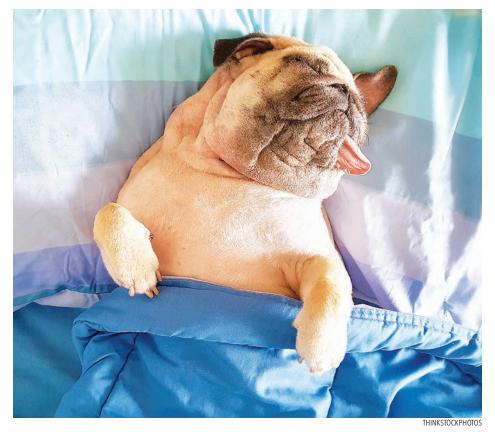


#### Gillespie-Cox

Maggie and Rick Gillespie of Cedar City would like to announce the engagement of their daughter, Rebecca Gillespie, to Keith Cox of Diamond Valley, son of Sandra and Len Cox. The couple is planning a wedding in March.

#### Have a People **Announcement?**

There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements. Announcements can be submitted online at ironcountytoday.com, or emailed to news@ironcountytoday. com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon for the following week's issue. Announcements should be 100 words or less. Please call 435-867-1865 ext. 5 for pricing for all other announcements.



-- in other words they remembered their activity.

Much like every mammal, the brain collects and stores memories in portions of the hippocampus that can then replay images of past events the same way people recall experiences in a dream state. And like humans, dogs or cat dreams occur during REM (rapid eye movement) sleep known to accompany light and shallow breathing.

It is during the deeper REM-induced sleep that behavior associated with dreaming (legs moving,

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#### Calendar

#### Wed, Nov 7

TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437

FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 a.m. to 1 p.m., located at 2569 Freeway Drive between Rally Stop and the Travelodge. Rides available at no charge, leaving the Main Street Pavilion by the library at 11:30 a.m. and returning to same location after the meal. Look for the Sonrise Christian Fellowship van.

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

BAND: COLOR COUNTRY WINDS, 7 p.m., Presbyterian Community Church, 2279 North Wedgewood Lane. Brush up on your band skills to share with the community.

TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park, For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

**DOMESTIC VIOLENCE SUPPORT GROUP**, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411

**ALCOHOLICS ANONYMOUS,** 7 to 8 p.m., Parowan United Methodist Church social hall, 190 N. Main St.

**ALCOHOLICS ANONYMOUS,** 6 p.m. AA Misfits, 203 E Cobblecreek, Cedar City. For information call (877) 865

AL-ANON (NEW BEGINNINGS) WOMEN'S BOOK STUDY MEETING. 6:30-7:30 P.M., 203 E. Cobblecreek Drive

#### Thurs, Nov 8

NAMI BRIDGES & FAMILY TO FAMILY CLASSES (FREE). **7 P.M.,** Southwest Behaviorial Health Center, 245 East 68 South, Cedar City. To enroll, call Robert (435) 590-7749 or Rosie (435) 590-0880.

CEDAR CHEST QUILTERS' GUILD, 10 a.m., Cedar City Senior Center, 489 East 200 South

COLOR COUNTRY COMMUNICATORS, Cedar City Toastmasters, 7 a.m, 86 W. University Blvd. Find your voice. Shape your future. Be the leader and speaker you want to

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Dept., 260 E. DL Sargent Drive, Cedar City. Call 435-586-2437 with auestions

**COLOR COUNTRY PICKLEBALL**, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP. noon, Cedar Bowling Center, 421 E. Highway 91

AL-ANON-"AFFECTED BY SOMEONE'S ADDICTION **OR DRINKING? AL-ANON CAN HELP. 7-8 P.M.,** 203 E. Cobblecreek, Cedar City. More info at 435-531-1045.

NARCOTICS ANONYMOUS, 8 p.m., KKCB, 203 E. Cobblecreek, Cedar City. More info at 877-865-5890 or 435-635-9603.

WATER AEROBICS CLASS, 9 a.m., SUU pool. Fun, up tempo workout to current pop hits. The class is medium to high intensity and includes full body toning. Can be modified to any fitness level. Perfect for those with knee, hit or joint injuries. Cost is \$3 a class includes pool admission and is free to SUU students with ID. Free trial class. More info from Allison at 435-327-2091.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

PAROWAN CITY COUNCIL, 6 p.m., city offices. PARKINSONS SUPPORT GROUP, 2:30 p.m., Brookdale Senior Center, 995 S. Regency Road, Cedar City.

BIKERS AGAINST CHILD ABUSE COLOR COUNTRY CHAPTER MEETING, 7:30 p.m., 593 N. 1450 West, Cedar City. CEDAR CITY LIBRARY BOOK CLUB, 7 p.m., Cedar City

#### Fri, Nov 9

COLOR COUNTRY PICKLEBALL, 7-10 a m. 155 Fast 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

**ALCOHOLICS ANONYMOUS,** noon Speaking from the Heart AA and 6 p.m. AA Misfits, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

NARCOTICS ANONYMOUS LIVE AND LET LIVE, 8 p.m., KKCB, 203 E. Cobblecreek, Cedar City, for information call (877) 865-5890 or (435) 635-9603

**CEDAR CITY COMMUNITY CLINIC,** 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

#### Sat, Nov 10

YEAR ROUND FARMERS MARKET, every Saturday rain or shine, 9 a.m. to noon in the parking lot across from Pastry Pub. Local vegetables, greens, fruit, herbs, baked goods, artisan cheese, live plants, flowers, jams, raw honey, farm fresh eggs, and more. Also every Wednesday, same location,

**SATURDAY MARKET,** 9am-1pm every Sat. @ IFA, 905 S. Main. Good weather outside – bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For more info call 435-463-3735.

NARCOTICS ANONYMOUS CLOSED, Candle Light meeting, KKCB, 203 Cobblecreek, Cedar City. Info at 435-635-9603 or 877-865-5890.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA, 6:30 p.m. AA BB Study, and 8 p.m. My Story speaker meeting, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

MARINE CORPS LEAGUE DETACHMENT 1315 MONTHLY MEETING, Springhill Suites, 1477 S. Old Highway 91, Cedar City. Veterans of all services are welcome

SOUTHERN UTAH WOODTURNERS, 9 a.m., Cedar High wood shop, 703 W. 600 South, Cedar City.

#### Sun, Nov 11

ALCOHOLICS ANONYMOUS, 11 a.m. (TGISS) AA and 6:30 p.m. 12x12 Book Study, 203 E. Cobblecreek, Cedar City, for information call (877) 865-5890.

NARCOTICS ANONYMOUS, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For Information, call (877) 865-5890. NARCOTICS ANONYMOUS WOMEN ONLY, 11 a.m., KKCB, 203 E. Cobblecreek, Cedar City. Info at 435-635-9603 or 877-865-5890

**COMMUNITY MINDFULNESS MEDITATION, 4 p.m., St** Judes Episcopal Church, 89 North 200 West, Cedar City. This is facilitated by Amber Gower. This is a guided meditation open to the public. It is non denominational and free to all looking for guidance in group meditation. Phone 435-590-4092 for more information

#### Mon, Nov 12

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

**RED ROAD TO SOBRIETY/AA MEETING,** open meeting, 6 p.m., Paiute Indian Tribe of Utah, 440 N. Paiute Drive, Cedar City. For more information call Chris at 586-1112 ext. 307.

**ALCOHOLICS ANONYMOUS,** noon Speaking from the Heart AA and 6 p.m. AA Misfits, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890.

NARCOTICS ANONYMOUS MONDAY NIGHT BASIC TEXT STUDY, 8 p.m., KKCB, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890 or 435-635-9603.

FREE AEROBICS CLASS, 9 a.m.—fun easy dance moves to current pot hits, Latin, jazz, hip hop, and 80s choreography all included. People of all ages and fitness levels welcome. Moms can bring young children. For more information, call Allison at 435-327-2091

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m. Call 435-865-1387 for an appointment. Accepts Medicaid, Medicare and all private insurances.

IRON COUNTY COMMISSION, 9 a.m., county courthouse,

#### Tues, Nov 13

STORY TIME AT THE FRONTIER HOMESTEAD STATE PARK, 10 a.m., an opportunity for preschool children to learn about the past through stories and history-related activities, story time is free thanks to the support of the Cedar City-Brian Head Tourism Bureau.

CEDAR CITY ROTARY CLUB WEEKLY MEETING, noon, Southwest Applied Technology College, 510 W. 810 South in Cedar City, for more information call (435) 865-7637.

IMMUNIZATIONS/WIC/VITAL RECORDS, 1 to 5:30 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

**RAPE AND SEXUAL ASSAULT SUPPORT GROUP.** 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

AL-ANON "EASY DOES IT," 7 to 8 p.m., Community Presbyterian Church, 2279 N. Wedgewood for more information call (435) 531-1045. ewood Lane, Cedar City,

AL-ANON, 7 to 8 p.m., Parowan Senior Center ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP,

noon, Cedar Bowling Center, 421 E. Highway 91, Cedar City. ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA, 6 p.m. AA Misfits and 8 p.m. AA Cedar Group, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890

WATER AEROBICS CLASS, 8 a.m., SUU pool. Fun, uptembo workout to current pop hits. The class is medium to high intensity and includes full body toning. Can be modified to any fitness level. Perfect for those with knee, hit or joint injuries. Cost is \$16 a month which includes pool admission.

CEDAR CITY COMMUNITY CLINIC, 10 a.m. to 7 p.m., call 865-1387 for an appointment. The clinicaccepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

**CAREGIVER SUPPORT GROUP LUNCH,** noon to 2 p.m., Five County Aging Office, 585 N. Main Ste. 1, Cedar City. **CEDAR CITY TOP BAR HIVE BEE KEEPING ASSOCIATION** MEETING, 7 p.m., Cedar City Library in the Park

**CEDAR CITY LION'S CLUB,** noon to 1 p.m., Southwest Tech, 757 W. 800 South, Cedar City. For more information, visit www.lionsclubs.org.

#### Wed, Nov 14

TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER, 7 to 8:30 p.m. Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

#### FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN,

11:30 a.m. to 1 p.m., located at 2569 Freeway Drive between Rally Stop and the Travelodge. Rides available at no charge, leaving the Main Street Pavilion by the library at 11:30 a.m. and returning to same location after the meal. Look for the Sonrise Christian Fellowship van.

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**DOMESTIC VIOLENCE SUPPORT GROUP, 6 to 7:30** p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

**ALCOHOLICS ANONYMOUS,** 7 to 8 p.m., Parowan United Methodist Church social hall, 190 N. Main St. ALCOHOLICS ANONYMOUS, 6 p.m. AA Misfits, 203 E. Cobblecreek, Cedar City. For information call (877) 865-

AL-ANON (NEW BEGINNINGS) WOMEN'S BOOK STUDY MEETING. 6:30-7:30 P.M., 203 E. Cobblecreek

NARCOTICS ANONYMOUS JUST FOR TODAY, 8 p.m., KKCB, 203 E. Cobblecreek, Cedar City. For information call (877) 865-5890 or (435) 635-9603.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

#### **Want Your Event on Our** Calendar?

There is no charge for calendar items. Your submissions can be made online at ironcountytoday. com, or emailed to news@ ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.



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#### Religion

## Presbyterian youth serving in the community

CEDAR CITY — The middle school and high school youth at Community Presbyterian Church have been busy this fall helping out in the local community.

worked on habitat restoration at Cedar Canyon Nature Park, sorted donations at Treasures Thrift Shop (which donates items and a portion of proceeds to Care Share. They collected over 130 lbs. of food and \$100 for the local food bank. So far, the youth have found that serving in the community is fun, deeply mean-



COLIDTE CV DUOT

**FROM WALKING DOGS TO PLANTING TREES,** youth at the Community Presbyterian Church in Cedar City have been busy helping all around town.

On Oct. 13, they teamed up with 35 Presbyterian youth from throughout the state who converged on Cedar City to volunteer at various organizations. They walked dogs and cats at the Cedar City Animal Shelter,

and Share), and planted trees in a northside neighborhood.

Then on Oct. 27, the youth gathered again, donned their Halloween costumes and went trick or treating for food donations to give to Care and

ingful, and a great way to build friendships.

For more information about the Community Presbyterian Church Youth Ministry, contact Pastor Robyn at pastorrobyn@ cedarpres.org

#### **COWBOY**

Continued from page 16

to saddle and bridle. The three classes Haffmans began in 2014 has since grown to six classes with students who learn how to bring their horse to trot, lope or gallop into forests and across an open range by the end of the semester.

"I literally watch their confidence go through the roof," said Haffmans.

As with any field of study, Haffmans trains equine science majors as well as those who are looking to find their personal 'cowboy' gene. "I love seeing students smile when they get it – that may be responding to

cues from their horse or simply learning how to saddle one properly." In past decades, a 'cowboy' like Haffmans would ride across a range to see that stray cattle wouldn't wander too far or drive a herd from one

"A horse tells you loud and clear what he requires of you..."

— Con Haffmans

locale for branding, or on to a railroad station for shipment to market.

Like cowboys of the past, students must acquire self-confidence, physical alertness, an ability to endure discomfort, and to understand the principles of good horsemanship, preventive care, and long-rides in the saddle. As for Haffmans, he still wears the broad brim, the boots and spurs, the distinctive badge of his calling.

"I would say ranch life and riding horses is really the ultimate life," said Haffmans of his own five-acre home in Cedar City – "It's a place where you can breathe, open lands to ride your horse and find a sense of freedom... It's still western-country."

## That's a bunch of bully



he bully. Every school has one, or several. Even the workplace, and sadly the home, are not always safe. With today's technologies, the bullies can use computers and cell-phones to hide their enmity with anonymity; making even the backyard, or bedroom, a battleground littered with belittling bullies. As they make their intimidating patrols searching for prey, they hope to find a target they can terrorize and tease, attempting to appease their own fears and failures. They believe that making someone else look and/or feel bad will fill their own emptiness and make them feel in control of their own lives. Ironically, I believe that most bullies are trying to connect with other people but they don't know how. Thus, bullying can become a default action rather than a defective character flaw.

Perhaps at some pivotal point in their life, some bully took their power and confidence? Maybe no one was there to show them a more effective way to be confident about themselves and in control of their lives by working with, not walking on, others? Bullies abuse their gifts and talents attempting to tear others down instead of build them up. After all, bullies will rarely go to such lengths to attack you for your strengths. It takes too much effort.

A bully would rather sully your beliefs and differences, hoping to find a way through your defenses. They don't want you to just feel weak, but weaker. However, it's often those so-called weaknesses, that give others their uniqueness and value in this world.

I'm not asking you to pity their enmity or feel sorry for them, but instead to understand them. I'm not suggesting tolerance, or retaliation, but understanding. Hopefully this will help assuage the effects of their attacks

Bullying
can
become
a default
action
rather
than a
defective
character
flaw.

stemming from their own pain and causing you to feel worthless. If you are being bullied, you are not worthless! Before you believe the bullies, believe in yourself and believe me when I say that whoever and wherever you are; you are awesome, unique, talented and loved! You have gifts and talents this world needs and there are people that still need your heart, mind and personality. Don't give up!

One last thought. October was Bullying Prevention Month, (www.stopbullying.gov) but every month and day should be about preventing bullying, right? Also, I found a great website from Australia about bullying. (www.bullyingnoway.gov.au) While I'm sure you wish your bullies lived as far away as Australia, this website will provide extra encouragement and ideas to not only help you feel better, but live better, despite the bullies in your life. From now on, don't give anyone your power, or self-confidence. Don't let their filthy phrases fester in your mind, heart and life. Learn to use the delete key, and don't read or believe another volley of verbal vandalism about yourself; whether in person, or online. Because after all, what your bullies say is just a bunch of bull.

#### **Schools**

#### **NEWS** Nuggets

#### Compiled by Le Ann **WOOLSTENHULME**

Iron County School District

#### East Elementary

East Elementary students celebrated Halloween with fun learning activities, a Halloween sing-a-long, and our annual costume parade. A great time was had by all! A special thank you to all of the family members and friends that came to watch the parade!





**OUR FABULOUS KITCHEN CREW** and Mr. Stucki celebrated, too!

#### North Elementary

North Elementary STEAM School would like to convey our sincere appreciation for the Cedar City Police Department and the Cedar City Fire Department for their help with our annual Halloween Round-the-Block parade. The kids had a BLAST and the CCPD and CCFD helped make it fun and safe. Cedar City first responders are the BEST! On another note, we'd also like our parents and the community to be aware of our upcoming Family Writing Night with author Gary Hogg. It takes place on Tuesday, Nov. 6 from 6:30 to 7:30 p.m. Come have a lot of fun with Gary and learn how to be a great author! See you then!

#### Canyon View Middle

Last month Canyon View Middle School recognized outstanding 6th graders. These students were nominated by their teachers for the focus, hard work, and great behavior displayed in class. Congrats to you all: Clare Poulson, Elijah Green, Seth Morris, Kaine Morris, Chloe Sortburg, Dallas Merritt, Macey Sorenson, Kate Jessen, Jessica Chapman, Ashton Chambers, Makaeli Adams, Valeria Ibarra, and Elorah Dobrinski.

On October 30, 7th grade students spent a day at Staheli Farm and Holt Dairy Farm learning where their food actually comes from. It was a very fun-filled, great learning experiences. On November 1st, 8th grade language art

held their annual Scary Story Contest and Celebration. Each core had four finalists read their stories to the entire 8th grade. The winners from each core were: Connor Cronin, Josh McDonald, and Cadence Bergener. Of these three, the grand prize winner was Connor Cronin. Connor was awarded a scholarship to the Write Out Camp held at SUU this coming summer. Each of the 8th grade students should be proud of their work. We heard a lot of suspenseful stories. Keep up the great work!

#### **Enoch Elementary**

The Halloween parade at Enoch Elementary was spooktacular! Students dressed up and weaved through every classroom, to see outfits of their friends and the staff. Parents made a great audience in the gym and on the front lawn. Principal Daniel Ekker stomped through the halls as Shrek the green ogre. Mrs. Reiff's class gave everyone the creeps with their manikin poses.

Mrs. Melinda Huntsman's 4th graders and Mrs. Kimmy Soper's 3rd graders held their annual Dance Off. Mrs. Soper's "Can't Touch This" class dance won the trophy, but Mrs. Huntsman's class had a blast with their "Footloose" dance.

Students were reminded to "Be the Good" on Friday, November 2. Christa Lysager spoke at an assembly about choosing to do the right thing in the class and on the playground. "Be the Good" is one of our school's themes, and students are encouraged to do this by earning Paws cards when they do acts of kindness without being asked.





#### **E-Valley Elementary**

Escalante Valley Elementary School would like to thank all of those who came out to support the PTA Halloween Carnival. There was a lot of fun to be had between trunk-or-treating, dinner, and various carnival booths!

There will be a Veteran's Day Program on Friday,

November 9 at 2 p.m. Our 3rd grade students will be honoring our veterans by performing several patriotic songs. All veterans are invited to attend.

We will be holding our Title 1 Family Game Night on Monday, November 12 from 6- 7 p.m. Please join us for dinner and games.

#### Three Peaks Elementary

Three Peaks Elementary hosted the annual 5th grade maturation program on October 26 at 2 p.m. The PTA, Mrs. Crystal Shakespeare (school nurse), and Dr. Brian Burrows prepared presentations and information packets for all the 5th grade boys and girls. Thank you to the parents who were able to attend this event with their children.

On October 31, Three Peaks Elementary hosted their annual Halloween Parade. Students dressed in their costumes and walked through all the rooms of the school to view. Parents were invited to attend this exciting event and many sat in the hallways as students and teachers paraded through the school.







#### South Elementary

South Elementary students celebrated Red Ribbon Week! The PTA decorated doors around the school with scenes promoting "Say No to Drugs", prizes at the end of each day, a visit from the Cedar City Police Department with their police dog, crazy hair day and pajama day! The purpose of Red Ribbon Week is to create awareness concerning the problems related to the use of tobacco, alcohol and other drugs, and to support the decision to live a healthy, drug-free lifestyle. South Elementary students are committed to being Drug Free!



**CEDAR CITY POLICE DEPARTMENT** visits South Elementary for Red Ribbon Week

#### Parowan Elementary

Few, if any students have the experience, while in Elementary School, to walk in a winter wonderland. The Third and Fourth Grade at Parowan Elementary had that experience. With an early snowstorm, a few days before, leaving nearly two feet of snow at Brian Head and Cedar Breaks, students traveled to their annual outdoor adventure at the Ashdown Gorge and Rattlesnake Trail Head, to review what they had learned in the classroom. In the setting of nature, the students saw the real thing. Students saw how the outdoors change with the difference seasons of the year while viewing the beautiful red rock canyons of Cedar Breaks with a blanket of white snow. With a little extra time, students tried out their art skills by building snowmen, the winner yet to be determined.



Earlier in the day, the Third Grade traveled to the Dutch Cowboy Dairy, north of Paragonah, to learn about the agriculture of Iron County. The Byle Family has welcomed the students for many years, showing the skills and time it takes to produce milk. The students were impressed to see how much work goes into getting the milk to put on their cereal each morning.

How could we not mention the trip to Hidden Haven with the Kindergarten Class. The Third Grade introduces the Kindergarten Class to Hidden Haven, up Parowan Canyon, each year. It was also a wonderful, beautiful day, to walk the path that so many previous students have walked here at Parowan Elementary. Thank you all who made these experiences happen for our students!

#### **Obituaries**

#### <u>Martha Kravetz</u>



Marty left a legacy of kindness behind as she left this life the afternoon of October 15, 2018. Her smile and generosity will be greatly missed and not forgotten.

She was born March 12, 1934 in South Bend, Indiana, to Nina and Charles Schilling. She had one older brother, George Schilling. Marty was a proud graduate of Central High School in South Bend, Indiana and also graduated from Ball State University in Muncie, Indiana. When Marty was young she loved playing volleyball and dancing.

Marty married the love of her life, Samuel F. Kravetz, on June 22, 1957, in South Bend, Indiana, surrounded by friends and family. Marty met Sam in Colorado, where she was working in personnel transportation at Fort Carson, Colorado. Sam had rotated from Germany to Fort Carson, Colorado. They were married and devoted to each other for 61 years. They had three children together; Frederick, Edward and Susan, who were all raised in Las Vegas, Nevada. They have six grandchildren; Michael, Melissa, Kyle, Matthew, Katelyn and Kelli. They also have one great

grandson, Raiden.
Marty took great pride in being a stay-at-home mom (domestic engineer) for Sam and their children. Upon her youngest starting high school, Marty worked at a bridal boutique. She eventually found a calling to serve as the chef for "The Home of the Good Shepard" for wayward teenage girls. She was chef, confidant and great friends to the girls, as well as the Sisters of the Dominican for many years.

Sam and Marty retired in March 1990, and relocated to Kanarraville, Utah. Once they retired, they enjoyed RVing for many years. Their noted trips included many across the US and Mexico. They have also enjoyed trips through Canada, from the West Coast through the East Coast. Amongst their numerous travels, Marty found time to be one of the starting members of the "Ye Olde Catholic Thrift Shoppe" in Cedar City, Utah. She also was the founder of the St. Martha's Baby Basket Project for 15 years. The project, to date, has donated well over 750 baskets and still

A celebration of her life will be a Memorial Mass Saturday, November 10, 2018 at 10:00 am at Christ the King Catholic Church, 690 S Cove Drive, Cedar City, Utah 84720 (435-586-8298). In lieu of flowers, Marty wanted all donations to be made to the St. Martha's Baby Basket Project at Christ the King Catholic Church (690 S cove Drive, Cedar City, UT 84720). Please contact Cindy Davidson (435-586-7523), who will be

happy to address any questions or concerns regarding your donations. Sam and Marty would like to extend many "thank you's" to Brookdale Senior Living, Cedar City, Utah and Intermountain Homecare and Hospice. Online condolences can be sent at www.sumortuary.com.

#### <u>Suzanne Holman Peav</u>



Suzanne Holman Peay, 67, of Cedar City, went to be with her beloved son and "Best Buddy" Brandon Peay on October 28, 2018.

Suzanne was born on December 5, 1950, to Dorothy Dearing Holman & Delroy Holman in Spanish Fork, UT. She married the love of her life and best friend Rodger L. Peay on December 2, 1978, and he survives.

Also surviving are her son Chad James Peay & his son Travis James Peay of St. George, UT, stepson Corbin Peay his wife Shawna and their daughter Ayla of Salt Lake City, UT, stepson John

Sundstrom, his wife JM and their son Owen of Seattle, WA, her "special girl" niece and the daughter she had never, Tiffany King of Springville, UT, big sister Nancy Stubbs of Orem, UT, big brother Delroy Holman Jr. and his wife Mary of Everett, WA, and little sister Laura Lee Kirkman of Orem, UT. Along with many other nieces, nephews and family that she loved so much and whom brought so much light and joy to her life.

Suzanne loved traveling with Rodger, whether they drove out into the middle of nowhere, USA, to look at trains or were caught drinking beer and eating shrimp in Key West, memories of their travels will be treasured forever. She also had a passion for finding and collecting antiques whether they were found at a weekend yard sale or a cool niche store, the woman loved her treasures. Suzanne's infectious laugh and smile will never be forgotten as it was the most warm, happy and sincere

Please join us in saying our good byes. Services for Suzanne started with a viewing at 12 p.m., followed by a funeral service at 1 p.m.on Saturday November 3, 2018 at Southern Utah Mortuary (190 N 300 W, Cedar City, UT 84720). Interment was in Cedar City Cemetery (685 N Main St, Cedar City, UT 84721) under the direction of Southern Utah

Anyone who knew Suzanne, knows of her love of kissing the cheeks of babies. In lieu of flowers, the family asks that you please donate to Primary Children's Hospital 100 N. Mario Capecchi Dr. Salt Lake City, UT

Online condolences can be sent at www.sumortuary.com.

#### Steven Elmo Mitchell



Our loving husband, father, brother, friend and "PopPop," Steven E Mitchell, 70, passed away Wednesday, October 31, 2018, at home in Cedar City, Utah, after a short illness. He was born in Cedar City, UT on December 16, 1947, to Elmo and Ora Davis Mitchell. He married Lucinda Bunting, daughter of Adrian and Jean Bunting, on September 16, 1966 in Cedar City, UT.

He was a member of The Church of Jesus Christ of Latter-day Saints. He worked for Safeway as a teenager and then worked at U & S Motors for several years selling cars before purchasing the

business with a partner. He also purchased and still owns a gas station on Cedar City's Main Street which is known as Steve's Shell.

Steve joined the Utah National Guard on April 1, 1966, and upon graduation from high school he immediately left for Ford Ord, CA for basic training. Steve retired from the National Guard on October 2, 1991, with the rank of Warrant Officer CW03. Steve served as the President of the Cedar Ridge Men's Golf association for two years and enjoyed the "best of times" with his friends during their daily golf games. He was just 2 months short of being a 50-year member of the BPOE 1556.

He enjoyed being with his children and grandchildren and all the wonderful trips to Lake Powell water skiing, vacations at the cabin at Brian

Head, Park City, Las Vegas, St Lucia, Newport Beach.

He is survived by three children: Jason (Stephanie) Mitchell, son; Jarod Mitchell, son; Jordan (Justin) Cornelius, daughter: six grandchildren, which were the light of his life: Sarah and Kennedy (Jason's), Jaden and Degan (Jarod's) and Reed and Bailee (Jordan's); Bruce Mitchell, brother; Cynthia

(Greg) Fullmer, sister. Preceded in death by infant daughter, Stacy Mitchell, parents, parents-in-law, and brother, Danny Mitchell.

Funeral services will be Saturday, November 10, 2018, at 12 p.m. at the Cedar City North Stake Center (95 N 2125 W, Cedar City, UT). Friends may call Friday, November 9, 2018, from 5–7 p.m. at Southern Utah Mortuary (190 N 300 W, Cedar City, UT), and again on Saturday, November 10, 2018 from 10:30 – 11:30 a.m. at the Cedar City North Stake Center. Interment will be in the Cedar City Cemetery, with Military Honors, under the direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com.

#### Sara Bradfield Kleinman





Sara Bradfield Kleinman, age 38, passed away peacefully on October 30, 2018, in Cedar City, Utah. After her courageous fight with lung cancer in 2012, Sara's battle resumed in May 2018 when she underwent emergency brain surgery on Mother's Day. Sara's strong will to live, unwavering faith in God, and the love of family and friends carried her through the next five months.

Sara was born on June 21, 1980, in Upland, California, to William and Jan (Christensen) Bradfield. She was raised in beautiful Cedar City, Utah, and graduated from Cedar City, High School.
She worked as a Certified Nurse Assistant
and Massage Therapist. Sara was
strong in her faith and loved her Lord and Savior, Jesus Christ. Sara enjoyed spending time in God's Word and was a constant source love and encourage ment for family and friends. Sara's light shone brightly; she touched countless lives with her kindness and grace. Even in her suffering, Sara was comforting others. Sara's search for absolute truth was fulfilled when she returned home to be with her Heavenly Father.

Sara was preceded in death by her mother and father and by her sister, Lisa. She is survived by her husband, A.J. Kleinman; sons Christian Bradfield,

Tanner Evanow, and Zachary and Joshua Kleinman; brothers Brian Bradfield and Michael Farréll; and sisters Jennifer Bradfield Johnson and Alexis Mae Bradfield. She will be missed greatly by many other relatives and friends.

Memorial services for Sara will be held on November 12, 2018 at 2 p.m. at the Red Hills Baptist Church located at 4277 Wagon Wheel Drive E. Enoch, Utah 84721

The family wishes to thank the doctors and nurses who cared for Sara over the last several months, especially Dr. Jonathan Romney and Kristi, Ivy, Dusty.

Online condolences can be sent to www.affordablefuneralservices.com In lieu of flowers please donate in Sara's name to some dear friends of hers who are going through some of the same battles she was faced with. Please donate to one of the following: www.gofundme.com/dave-bart-lett-brain-cancer-recovery or Venmo Dave-Shara or Paypal Sharalayton@ gmail.com or America First David Bartlett charitable account Last Name Bartlett Account #9101890.

#### <u>Tammie Elaine Harbin</u>



10-09-1959 to 10-29-2018 On October 29, 2018 our beloved Tammie lost her fight with pancreatic cancer. Tammie is survived by her husband Kurt, sons Joey (Amanda)

Israel and James (Jodi) Israel, her five grandkids: Jace, Josie, Jordyn, Remington and our newest addition whom has not arrived yet. Also by her mom Irene Sissener, father Tom Roy and numerous brothers and sisters. Tammie was so full of life and

touched everyone's life that she was around. Tammie loved spending time

spoiling her grandkids and always made sure that they enjoyed life to the fullest. Tammie's favorite place on earth was our cabin on the mountain it was there that she provided many memories for us all. Tammie loved the outdoors and all life's experiences. Her most precious moments were when she was surrounded by her family. She will be deeply missed by all.

Tammie will be with us all forever and watching over us always as only she could do. We love you Ma, YOU ARE MY BEST.

Tammie has asked for a simple family memorial, no services will be held. Please keep her in your thoughts and memories and keep her spirit alive. Online condolences can be made at www.southernutahmortuary.

#### Shirley Fiack Haycock



Shirley Fiack Haycock, age 87, passed away from complications from age at Stonehenge Rehabilitation Center in Cedar City, Utah. Shirley was born January 26, 1931 in Price, Utah to Sherdian Fiack and Josephine Jones Fiack. She was the third child of Sherry and Joe's four children. Shirley lived several places in her life but her favorite was Moab, Utah. She loved the red rocks and the diverse culture of Moab and eastern Utah. While attending BAC (SUU) she met and married Abe Haycock on September 16, 1951; together they raised three

children in Cedar City, Utah where they retired and lived out the

remainder of their lives.

Shirley worked for US West for 20 plus years, retired at the age of 53.

During that time she and Abe moved to Provo, Utah so Shirley could retire with full benefits from US West. Anyone who knew Shirley very well knew she loved to garden and grew beautiful flowers, especially roses, had a lovely garden area and beautiful yard. Her home was her haven. Her favorite time of year was Christmas – she loved decorating and having her family around for the holidays.

She is survived by her children: son, Doug Haycock, Cedar City, Utah,

granddaughters Cheryl Krogh (Chuck) of Cedar City, Utah and Laurel Blair (Matt) of St George, Utah; daughter Jodie Stephenson (Dan), and granddaughter Alexa Stephenson, also of Cedar City, Utah. Shirley was preceded in death by her husband, J. Carlos (Abe)

Haycock; son, Robert Scott Haycock, and parents Sherdian and Josephine Fiack, as well as her siblings, Joyce, Lynn and Boyd and their spouses.

Graveside services was held Friday, November 2, 2018 at 11 a.m. at the Cedar City Cemetery. Interment will be in the Cedar City Cemetery, under the direction of Southern Utah Mortuary. Online condolences can be sent to www.sumortuary.com

#### Submitting an Obituary

There is no charge for obituaries of 400 words or less. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. A single submission may include up to two photos. The deadline for submission is Monday at noon. For pricing information for obituaries longer than 400 words, please call 435-867-1865 ext. 5.



## RAMS FALL IN SEMIS

#### Duchesne upends Parowan's season with triple overtime victory

by Tom **ZULEWSKI** Iron County Today

**PAYSON** — As they did in the regular-season meeting, the Parowan Rams knew they were squarely in the middle of a defensive dogfight with the Duchesne Eagles.

With a trip to the 1A state title game awaiting the winner, the Rams learned how much further they still have to travel to reach the top of the mountain.

Jared Mortensen scored on a 1-yard run on fourth-and-goal in the third overtime, and Garrett Davis' interception in the end zone sealed a 15-7 victory for Duchesne over Parowan on Nov. 3 at Payson High. The Eagles (8-4) eliminated the Rams (8-3) in the semifinals for the second year in a row, and they had to put in the extra work after Ryan Jeffries caught a 33-yard touchdown pass from Porter Wood with 11.9 seconds

left in regulation that tied the score at 7-7.

'They had a good defensive game plan and they executed it," Parowan head coach Carter Miller said. "They made the plays when they had to make



Parowan

Duchesne 0 0 7 0 0 0 8--15 Parowan 0 0 0 7 0 0 0 --7

**Third quarter -** D - Sanchez 52 pass from Grant (Ford kick)

Fourth quarter -P - Jeffries 33 pass from Wood (Saylor kick)

Third overtime -D - Mortensen 1 run (Davis pass from Grant)

After struggling to find its offensive footing all day, Wood found Jeffries behind the secondary on a fourth-down play, and he stayed in bounds long enough to slip into the end zone. Even after a flag was thrown on the Rams that pushed the point-after attempt 15 yards back, Levi Saylor still booted the ball through the uprights to pull the Rams even at 7-7.

In total, Parowan drove 62 yards in less than two minutes without a timeout to produce the tying touchdown.

'I thought all the momentum was on our side," Miller said. "We didn't make the plays. I feel bad for my seniors, and I'm gonna miss coaching them."

The Eagles started with possession in the first overtime, but Brock Ford missed a 31-yard field goal. The Rams couldn't take advantage as Jared Mortensen intercepted a Wood pass and forced another extra

Parowan started with the ball in the second overtime, but Wood slipped a yard short of the first down and gave the Eagles another shot at the win. A similar fate stopped Duchesne on its second OT drive when quarterback Kason Grant was stopped a yard short of a first down inside the 10-yard line.

For the Eagles, the third time would prove to be the championship-chasing charm as they faced a fourth-and-goal. Mortensen was able to push forward just enough as the side judge raised his arms to signal the go-ahead touchdown. When Gavin Davis caught the two-point conversion pass from Grant, it put all the pressure back in the Rams' corner.

On fourth down, Davis would seal Duchesne's second straight trip to the 1A final by

SUU's Lawrence earns conference honors

**OGDEN** — The Big Sky Conference announced the members of the 2018 Big Sky All-Conference team, and redshirt junior MaKenzie Lawrence was given Second Team honors for her performance during the season.

"Kenzie has done a great job for us. She does a lot more than score goals; she brings balls down, plays really well with her back to goal, and brings people into the play," head coach Fred Thompson said in a release.

Lawrence led the Thunderbirds in goal scoring (7), points (14), and shot percentage (.259) in 2018. Her seven goals were one goal short of the SUU all-time single season record of eight goals and her 14 points placed her fourth all-time in the single season record book.

The Kaysville native finished tied for second in the Big Sky Conference in goals scored and goals per game and tied for fifth in points and points per game.

After just two seasons as a forward for the Thunderbirds, Lawrence is already the fifth-leading goal scorer in SUU history with 12 goals. Lawrence will return for her senior season in 2019.



**MAKENZIE LAWRENCE** 

see RAMS | 24

## T-Birds fall again at home to Montana

#### by SUU ATHLETICS STRATEGIC COMMUNICATION

For Iron County Today

**CEDAR CITY** — The Thunderbird football team fell to 1-8 on the season and 1-5 in Big Sky Conference play on Saturday afternoon, as they lost to the Montana Grizzlies 57-14 inside Eccles Coliseum.

"We've got 14 days left to try and

improve, we've got two games left that mean a lot to us and we want to play as hard as we can," SUU head coach Demario Warren said.

The Grizzlies scored three-straight touchdowns to start the contest, quickly jumping out to a 20-0 lead.

As the first quarter came to a close, Ty

Rutledge threw a pass to Logan Parker on a trick play, which resulted in a 30-yard touchdown to pull SUU back in the contest.

As the second quarter got underway the Grizzlies scored a field goal, and followed that up with a touchdown roughly five minutes later. With just under two minutes to play in the opening half McCoy Hill took a shovel pass from Tyler Skidmore to the house

from seven yards out to trail 30-14 at the break.

Skidmore was the fourth quarterback to start for the Thunderbirds this season when he took the opening snap for SUU today.

The Grizzlies scored 27 unanswered points in the second half to pull away, and Montana left Cedar City with a 57-14 victory moving to 5-4 on the season, and 3-3 in the Big

Sky.

Montana

Skidmore finished the day 22-of-41 passing with one touchdown and two interceptions. He threw for 138 total yards. Judd Cockett was Skidmore's top target, finishing with five catches for 53 yards. Jay Green Jr. rushed 16 times for 49 yards.

Chinedu Ahanonu

led the T-Birds in tackles with 10, including one for loss. AJ Stanley finished with eight, and Logan Taylor and Taylor Nelson both had seven. Nelson had two tackles for loss. The T-Birds had five tackles for loss on the day.

The Thunderbirds will play their annual Senior Day game this weekend, as they host the No. 4/5 Weber State Wildcats



**SUU RECEIVER TY RUTLEDGE ADVANCES** after catching a pass, but later threw one to Logan Parker for a 30-yard TD in the T-Birds' 57-14 loss to Montana on Saturday.

#### Thunderbirds sweep past Montana netters

#### by SUU ATHLETICS STRATEGIC COMMUNICATION

For Iron County Today

**CEDAR CITY** — The Southern Utah volleyball team dominated the University of Montana on Saturday evening, winning the match 3-0.

The Thunderbird offense was led by Janet Kalaniuvalu who had 11 kills on the night, followed by Emma Mangum who had eight kills and seven blocks. Miranda Canez added six of her own kills and led in blocks with eight. Miahna Waters led the defense with 15 digs while Thea Leiataua added in 12 digs of her own and three service aces.

"The whole thing just comes down to us playing defense now," head coach Pete Hoyer said. "We had the grit to block extremely well and we are now digging better than we have all season. They all played well; not one of them hasn't elevated their game this weekend and that's something to be proud of."

The first set opened with backand-forth play, as each team took turns holding the lead. SUU was down by just one at 11-10 when an attack error by the Grizzlies started a a 9-1 scoring run for the Thunderbirds. No sooner did the Thunderbirds pull away the Grizzlies fought their way back, coming within two at 20-18. A service error from Mckayla Hammer gave SUU the side out and the point to extend their lead to three. The set came back within one at 23-22, Thunderbirds still holding the

lead. A kill from Canez put SUU in set point position but the Grizzlies scored once more. Kalaniuvalu made the final kill, earning the Thunderbirds a set win at 25-23.

In the second set the Thunderbirds quickly separated themselves from the



Grizzlies at 10-3 but Montana once again came back within reach at 11-8. Several strong back row digs that were easily put away by Kalaniuvalu and Hopkins pushed the SUU lead to 15-9. The Grizzlies libero served back-to-back aces pushing their score to 11. A massive effort from Canez and Mangum on the net put the Thunderbirds comfortably ahead of the Grizzlies at 21-11. Missie Huddleston led a small comeback effort, earning the Grizzlies six more points before the Thunderbirds took the set

The third set tied eight times before the 15 point mark where SUU was able to take the lead by two after back-to-back aces from Leiataua. By 20-16 the Thunderbirds were in the lead with their largest margin of the set. The Grizzlies called a timeout which worked to their advantage as they earned a point on the first play coming out of the break. The Thunderbirds capitalized on the attack errors made by the Grizzlies and put away two more kills of their own to take the set 25-20, winning the match 3-0.

The Thunderbirds are now 5-21, 4-10 in Big Sky Conference play pending Tuesday's match at Northern Arizona, played after our press deadline.

## SUU's Houle named **Big Sky Women's Cross Country Coach of Year**

CEDAR CITY — Southern Utah's cross country head coach Eric Houle has been named Big Sky Women's Coach of the Year for the 2018 season. Coach Houle has been able to create a nationally ranked team at SUU this season on the women's side for the first time.

'The best part about being a coach is having the opportunity to work with athletes and even change lives," commented Houle. "Receiving new athletes into the program every year, learning how they work, seeing their improvements is really what keeps the excitement of coaching alive."

In previous years, the Southern Utah women's cross country team has continued to improve. In 2015 the women finished 10th place at the Big Sky Conference Championships.

In Wisconsin, the women were able to finish 14th out of 33 teams at the invitational. They were lead by Nickerson and Kauffman.

At the Wisconsin Pre-Nationals, the Thunderbirds had the second chance to compete against nationally ranked teams. The women had a strong performance lead by Nickerson in 15th place and Kauffman in 24th place. The women were able to finish eight ahead of No. 29 Georgia. After this competition, the women broke into the national rankings for the first time in Southern Utah history.

This competition also led Nickerson to her second Big Sky Athlete of the Week award during the

Two weeks later the Thunderbirds moved ahead to the Big Sky



SOUTHERN UTAH UNIVERSITY CROSS COUNTRY COACH ERIC HOULE was named Big Sky Women's Coach of the Year for 2018.

The women continued to improve in 2016 when they finished third, however it wasn't until this season that the women claimed their first Big Sky Conference title.

Houle began this season taking his team to the UC Riverside Invitational where the women swept the competition. The T-Birds were led in Riverside by All-Conference athletes Angie Nickerson, Madison Fruchey, Maddy Kauffman and Alison Pray. The women dominated the race in the top ten allowing the team to finish ahead of California Baptist University and Utah Valley. Nickerson claimed her first Big Sky Athlete of the Week award of the season after her performance at the UC Riverside Invitational.

The season continued as the Thunderbirds competed at the Nuttycombe Wisconsin Invitational where the women competed against nationally ranked teams such as No.1 New Mexico and No. 4 Colorado.

Championships where they claimed their first Big Sky Conference Women's title. The team was lead by Nickerson who claimed the Individual Championship as well as All-Conference performers Kauffman, Fruchey and Pray.

The women finished the race over 30 points ahead of Northern Arizona. After this performance, the women moved ahead in the rankings and are currently No. 22 according to NCAA polls.

"It's such an honor to work with the coaches in the Big Sky," added Houle. "I couldn't create the team we have without the opportunity to work with those coaches as well as the staff I have backing this program."

The Thunderbirds will be competing at the Mountain Regionals on November 9 in Provo, Utah. The women will be taking on No.1 New Mexico, No.4 Colorado and No. 9

#### Dixie State D-1 move could be interesting



t's far from a done deal at this moment, but Dixie State is closing in on a potential sports boon for the area. The school is receiving recommendations from outside sources to make the jump from its current status as a Division II member to joining the Western Athletic Conference (WAC), possibly as early as July 1,

Nothing is close to finished on the transition at the moment, but the school was busy seeking input through this week from students, faculty and staff, and the community at large. If the support is there, the wheels could be set in motion. If the transition were to proceed, it could go forward as soon as the end of November, according to a report from one local media outlet.

There are drawbacks and details that need to be ironed out, but there's one sport on campus that could see a big-time benefit from a Division I move.

Under head coach Jon Judkins, the only coach the Trailblazers have known in its 13-year run in Division II, Dixie State has a men's basketball program that's been a force to be reckoned with at all times.

The team has made seven trips to the NCAA Division II Tournament in the last eight years, had six straight 20-win seasons from 2009-10 to 2014-15, and won 82 percent of its home games (103-22).

Southern Utah has yet to schedule a men's hoops game against Dixie State - exhibition, regular season, or otherwise – in the Judkins era. Considering what that program has done in a similar time frame, it leaves more than a few casual fans wondering why a school just 50 miles north of St. George doesn't take advantage of a golden opportunity to make a major impression.

It's not hard to see why.

Since Bill Evans' final season in 2006-07, SUU has had three different head coaches, hasn't had a winning season overall, and can't win in its own building when the games count for league crowns.

» The T-Birds have a 101-233 record in 11 seasons since Evans' departure, a .302 winning percentage. In its six years in the Big Sky, SUU is 17-39 at the America First Events Center, a .304 winning clip.

They also share the all-time record of 14 straight conference home losses (2015-16) with Sacramento State (1998-99) and have a 26-game overall losing streak (2013-14) in program history.

» SUU made the semifinals of the Big Sky tournament for the first time one season ago, but needed to win twice as the No. 10 seed to get there.

Unless you're in a powerhouse conference like the Pac-12, Mountain West, Big 12, Big Ten, etc., the only way you get to the NCAA Tournament is to win your conference tournament. Dixie State knows what it's capable of and has done what it takes to earn postseason trips in the past.

For the Trailblazers, continuing its success at the next level may prove to be a major challenge. Then again, they could never miss a beat. For Southern Utah, a pattern of losing that's lasted for more than a decade could use a jolt to draw more interest.

A potential Division I move is a mystery that's worth unraveling for all parties involved.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

#### Scoreboard

#### **Scores**

High School Football

#### **4A QUARTERFINALS**

11/2 Dixie 31, Spanish Fork 20 Pine View 65, Stansbury 41 1A SEMIFINALS

Nov. 3 at Payson High Duchesne 15, Parowan 7, 30T Milford 70, Monticello 22

11/3 Montana 57, So. Utah 14 Weber St. 26, Sac. State 14 Ea. Wash. 48, No. Colorado 13 UC Davis 42, No. Arizona 20 Montana St. 49, Cal Poly 42 Idaho 31, North Dakota 27 Idaho St. 48, Portland St. 45

#### Standings

#### Big Sky Football

	COM.	OVERALL
UC Davis	6-0	8-1
E. Washington	5-1	7-2
Weber State	5-1	7-2
Idaho State	5-1	6-3
Montana State	3-3	5-4
Montana	3-3	5-4
Portland State	3-3	4-5
Idaho	3-4	4-5
No. Arizona	2-4	3-6
Cal Poly	2-4	3-6
No. Colorado	2-5	2-8
Southern Utah	1-5	1-8
Sacto State	0-6	2-7

#### Schedule

#### 4A Semifinals @ Rice-Eccles Stadium

11/8 Dixie vs. Park City, 6pm 11/9 Pine View vs. Orem, 6pm

1A Championship @ Weber State

11/10 Milford vs. Duchesne, 1:30pm

#### Big Sky Football

11/10 Weber St. at So. Utah, 5pm No. Colo. at Montana St., 1pm Portland St. at N. Dakota, 1pm UC Davis at Ea. Wash. 2pm Montana at Idaho, 4:30pm Idaho State at Cal Poly, 5pm No. Arizona at Sac. State, 7pm

#### RAMS

Continued from page 22

intercepting another Wood pass in the end zone to set off the celebration.

The Rams had the edge in field position and held the Eagles without a first down for the entire first half, but couldn't get in the end zone. Facing a fourth-and-two from the Duchesne 5, Parowan running back Trey Jense slipped and fell a yard short of the first down with less than a minute left before the break, ending its best chance of the opening 24 minutes.

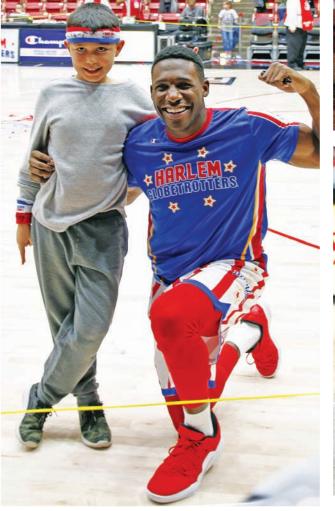
The Eagles got a break on the opening drive of the second half and got on the board. After catching a 37-yard pass earlier to get his team out of trouble, Kaleb Sanchez saw the football fall in his arms again after two deflections of a Grant pass led to a 52-yard touchdown.



famous Harlem Globetrotters created a new generation of fans, last Thursday night. Throughout the evening, the Globetrotters scored more laughs than points as they entertained the audience with their one-of-a-kind antics and highflying fun. After a meet and greet with some of their fans, the Globetrotters then took to the court to face their arch rivals, the Washington Generals. While it was a close game, the Generals were confounded by the creative and crafty choreography the Globetrotters are known for. With teamwork–

not just tricks-and fan power, the Globetrotters ultimately emerged victorious.







## FREE Classifieds

WEDNESDAY NOVEMBER 7 2018

Limit of 2 ads per person and phone number, 30 words per ad. Charges apply for any additional words over 30 and for "help wanted" and "services" categories.

**1 Week** \$.14/word - 30 Words - \$4.20 (minimum). More than 30 words - \$.14/word. **2 Weeks** \$.12/word - 30 Words - \$7.20. More than 30 words - \$.12 per word.

**3 Weeks** \$.10/word - 30 Words - \$9.00. More than 30 words - \$.10/word. **4 Weeks** \$.10/word- 30 Words - \$9.00. More than 30 words - \$.10/word

Submit your classified ads at www.ironcountytoday.com or fax them to 867-1866 or call 867-1865 ext. 1.

#### DEADLINE TO PLACE ADS IS FRIDAY AT NOON

IRON COUNTY TODAY'S FREE CLASSIFIEDS SECTION IS A SERVICE TO THE COMMUNITY AND IS NOT INTENDED TO BE USED BY FOR-PROFIT BUSINESSES. ADVERTISEMENTS ARE THE SOLE RESPONSIBILITY OF THE ADVERTISER. IRON COUNTY TODAY HEREBY DISCLAIMS ALL LIABILITY FOR ANY DAMAGE SUFFERED AS THE RESULT OF ANY ADVERTISEMENT IN THIS NEWSPAPER AND IS NOT RESPONSIBLE FOR ANY CLAIMS OR REPRESENTATIONS MADE IN ADVERTISEMENTS IN THIS NEWSPAPER. IRON COUNTY TODAY HAS THE SOLE AUTHORITY TO EDIT AND LOCATE ANY CLASSIFIED ADVERTISEMENT AS DEEMED APPROPRIATE. IRON COUNTY TODAY RESERVES THE RIGHT TO REFUSE ANY ADVERTISING.

#### **ANNOUNCEMENT**

**I AM OFFERING MY** 5 years commercial cleaning experience, to any one who wants it. apartments and vacation properties, offices quality work below market rate 435-559-1790

#### **AUTOMOBILES**

**1986 CHEVY SPECTRUM. 82,000** miles, One owner, runs great. 40 plus MPG. Front wheel drive. Great student car. \$1,000 obo. 307-250-2876 in Cedar

**1986 FORD STATION WAGON.** Excellent running condition. One owner since new, with complete service records. \$995 OBO. 435-477-8674 in Paragonah

1997 RED FORD EX-Asking \$1995. PLORER. obo. In good condition, paint/ Runs interior/motor. good. V8. Tow pack-150,000 miles, 435-867-6067 ask for message Marty leave or OR Jerry @435-865-2820.

2004 CHEVY VENTU-RA VAN. Full Power Air, Built in DVD, Built in Child Seat, 3rd Row Seating, Runs Good, Looks Good. \$2500 OBO. 435-691-3669

2006 FORD F-150 LAR-IAT 5.4L Triton 191K Miles Asking \$10,000 O.B.O. Runs great, oil changed and tires rotated on 10-31-18 For more info call or text Pace Clarke @435-592-4902.

2011 HYUNDAI SONA-TA LIMITED 2.0 Turbo, 104K miles, Asking \$8,975 O.B.O. For more information please call or text Pace Clarke @435-592-4902.

#### **FOR SALE**

**3 GOOD USED TIRES,** size 225/60R18: \$25 435-691-4023.

GE GAS DRYER 3 TEMP DRY. **SETTINGS** TIMED WHITE VERY GOOD CON-DITION. WITH GAS LINE VENT HOSE. MODEL DBLR333GG7WW WORKS GREAT. \$85.00 **GREAT** DEAL. AMIE 702-469-7704.

**HORSE TRAILER: RANG- ER, 3** horse w/tack room \$3000 OBO 435-868-8747.

#### FOR SALE

**LEOPARD** 3/4 COAT SIZE medium - \$50. Charcoal wool full length coat - size large - \$40. 435-867-6418.

ROYAL BLUE BEAD-ED GOWN; black velvet w/ gold dress; peach 2 pc jacket dress; black/silver glittery top. Also church style dresses. Sizes 10 to XL. White Fur Vest. 435-867-6418

STAINLESS STEEL KENMORE FREESTANDING
gas range 5.0 cu ft. Self cleaning with storage drawer. 4
burners. 30" wide, Excellent condition, purchased a different style stove \$150.00 Must seel Amie 702-469-7704

#### **HELP WANTED**

ALLPRO PAINTERS IS
HIRING! Experienced,
efficient painters and paint
crews only. Must have
your own tools. Apply at:
www.AllproPainters.com/
employment or call (435)
990-7020

LOOKING FOR AN
EXPERIENCED flooring
installer for extra work.
Must know all kinds of
flooring. Have your own
tools and truck. Paying
going rate or more. Call or
Visit: Abby Festival Carpet
& Floor. 435-586-1114

#### **MISCELLANEOUS**

you want or are you settling for what you are doing?? Stop being a slave tied to debt.!!! Live the life you have always wanted.. www.life-leadership.com/61495748

ARE YOU DOING WHAT you want or are you settling for what you are doing?? Stop being a slave tied to debt.!!! Live the life you have always wanted.. www.life-leadership.com/61495748

DAVID ALLEN CAPITAL SIMPLE and Fast Business Capital from \$1,000 to \$500,000. No Collateral Required. Approved as Fast as One Day. Funds This Week. Simple Approvals. Fast Funding. https://davidallencapital.com/#101685519

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#### **MISCELLANEOUS**

BREAD OF LIFE SOUP Kitchen is in need of: Bags of potatoes, stuffing boxes, cranberry sauce, sweet potatoes, and other sides for Thanksgiving on November 14th. (2579 N. Freeway Dr.)

BREAD OF LIFE SOUP Kitchen Needs: Sturdy Paper Plates/Bowls-no plastic, paper towels, toilet paper. Bring Donations on Wednesdays from 9am-1pm. We will be serving Thanksgiving on November 14th. (2579 N. Freeway Dr.)

DAVID ALLEN CAPITAL SIMPLE and Fast Business Capital from \$1,000 to \$500,000. No Collateral Required. Approved as Fast as One Day. Funds This Week. Simple Approvals. Fast Funding. https://davidallencapital.com/#101685519 4 3 5 - 5 5 9 - 1 6 5 7

**WOODEN SPOOL ROCK-ERS. VARIOUS** sizes \$40.00 - \$150.00. Also custom made spool tables and bars. 307-250-2876 in Cedar

#### **REAL ESTATE**

**HOME FOR SALE IN** 

Robbins Nest Subdivision in Parowan, 3065 sq/ft with finished basement. 5 Bed, 3 Bath/library or business office, Forced Gas/Air/Wood burning stove. Tons of storage. Custom built 26x36 RV Garage w/wood burning stove. Outside custom built Brick Pizza Oven w/wonderful Pergola on back patio. On 1/2 acre: fruit trees, raised garden grow beds, and a full sprinkler system. Reduded \$30,000. Price: \$369,000. Owners moving out of area. Very Desirable Subdivision, Call Cathryn ERA Realty Center 435-590-4820.

#### RENTAL

BEAUTIFUL 5 BED, 3
BATH HOME with dbl car
garage, hardwood flooring,
tile, custom cabinets, A/C,
2556 SF, storage, sprinklers, NO pets/smoking,
Cedar City, \$1600/mo, 435559-9171, 435-559-9070

#### **SERVICES**

A-NAY LAWN & LAND-SCAPE. Fall clean up: leaves, trees, shrubs, etc. Snow Removal. Call Christian for Free Estimate Servicing the Cedar City Area. 801-231-9319.

CAPT. RICK-HANDY-MAN CARPENTER/
PAINTER: REPAIRS &
Renovations Decks, Railings, Fences, Doors, Windows, Kitchens, Baths,
Appliances, Varnishing,
Light Trucking. Honest &
Reliable, Clean & Careful,
Cedar City Area Rick
435-477-9032. Cell:612-802-6205.

CARING COMPANION SERVICES: PROVIDES

care and companionship for seniors in need, including transportation, shopping, meal preparation, medication reminders and respite care. References available. Call: Linda Peterson (435) 233-6802.

CLOCK REPAIR.
GRANDFATHER
CLOCKS, antique
clocks, and cuckoo
clocks. Over 30-years
experience. Pick-up and
Delivery. Call Bill, 435477-1211.

DAD & SON'S PROP-ERTY Maintenance. Honest & dependable, free estimates, fair pricing. 435-383-3259.

GIL'S MOBILE WELD-ING. I'LL come to your home/business. Repair fencing, gates, wrought-iron, utilities trailers, farm equipment, cosmetic repair small/big household metal items. Fair pricing/free estimates. Don't toss it, I'll weld/fix it. 435-383-3259.

CENSED, AFFORD-ABLE & guaranteed.
Carpentry, concrete, masonry, drywall, flooring, painting/staining, land-scaping, roofing, welding & pressure washing, minor electrical/plumbing etc. and general repairs/maintenance. Excellent references. Call Pat 435-

559-4520

HANDYMAN, LI-

#### **SERVICES**

HANDYMAN, LICENSED AND INSURED. home/real

estate repairs and inspection. Painting, drywall, carpentry, stucco, patio covers, electrical, doors, replacement windows, deck repair, roof repair. 39 Years in business. Call Ray, 435-559-7669

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COMPUTERS 435-5902114

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#### **SERVICES**

QUILT YOUR OWN
QUILTS. Rent my machine and do your own
custom quilting. OR... I
will do it for you, custom
quilting from baby-king.
(435) 865-6880

WHOLESALE HARD-WOOD FLOORS:

INSTALLATION, Repair, Finishing & Refinishing. 30+ Years Experience. Licensed & Insured. See my Showroom in Cedar City by Appointment. The Most 5 Star Reviews on Houzz.com in Utah. Free Estimates. (435)691-4250. www.gregwarreninc.com

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Jerome Fogle 828-490-9081 or 725-333-4879



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Same day service most calls







#### **Car Audio-Security-Video-Electronics**



AUDIO VIDEO EXPRESS HANDS FREE DEVICES for your phone

(keep yourself from getting a ticket) 987 N. Main, #11 Cedar City • 435-865-7865

"The Finest Car Audio in Cedar City"





canyon revers is a group of musicians that just like to play music. We are mostly about older tunes from the 50's, 60's and early 70's. We perform rock and roll, country western, waltzes and other fun songs that encourage all dancing styles. These include ballroom to boogie-woogie, country two step, line dancing and whatever else you desire. We have been together a little over a year. Our group consists of Des and Sara Penny, John Morris and Jay Jackson.



491 S. MAIN UNIT 7A, CEDAR CITY











Friday, Nov. 16th between 6:30 - 8:30pm the Cedar Senior Center will host a community dance night for all. The Canyon

Reverb band will be playing the music, so don't miss this

event. We will have these dances the third Friday of each



### cs Puzzles WEDNESDAY, NOVEMBER 7, 2018

#### Amber Waves













#### The Spats

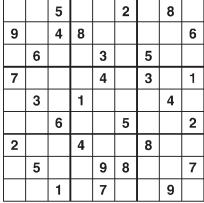






#### Weekly **SUDOKU**

by Linda Thistle

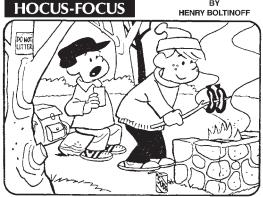


Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine

#### **DIFFICULTY THIS WEEK:** ◆◆

♦ Moderate ♦ ♦ Challenging ♦♦♦ HOO BOY!

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Find at least six differences in details between panels



#### 8. Russia; 9. West Virginia; 10. York and Lancaster 5. Energizer batteries; 6. Iris; 7. Cape Hatteras, North Carolina; 1. Dardanelles Strait; 2. Plum and apricot hybrid; 3. Mental images; 4. "Toy Story"; Trivia Test Answerst

#### King Crossword

#### **ACROSS**

- 1 "Phooev!"
- 5 Snapshot, for short
- for one
- 12 Farm implement
- 13 George's brother
- 1946 song,
- 15 Pastor
- 17 Yuletide beverages
- Cheney, et al.

- 31 Skewered
- 32 Whopper
- 36 Stir-fry pans 37 Bivouac
- structures

- beast
- 48 On

9

8 1

1 9

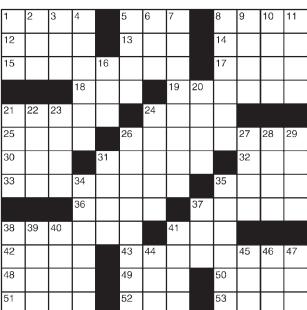
1 8 4

- Judi Dench.

- in Calico"
- 18 Biden,
- 19 Pooch
- 21 Bewildered
- 25 Wail
- towers
- Thai recipe
- 38 Soldiers
- 42 Vagrant

- 24 Two-wheeler
- 26 Mosque
- 30 Historic time
- 33 Troubadour
- 35 Hay bundle
- 41 Have bills
- 43 Labyrinth
- 49 Performance

- 50 Existence
- 51 Golf gadgets
- 53 Cupid's alias
- **DOWN**
- 1 Spinning
- abbr. 2 Boxer
- Muhammad
- Heavy weight 24 4 Turn on a
- pivot
- Mining areas 6 Rage
- Red bird 8 Peril
  - 31 Halt



- 9 Eager 10 Creche trio
- 52 Ultramodernist 11 Differently
  - 16 Hot tub
  - 20 Fine
  - 21 Throat clearer 22 Actress
  - Spelling Former ugly
  - duckling Chomps
  - 26 Sharpshooter
  - 27 Verve 28 Be at an
  - angle
  - 29 Witnesses

- 34 Descends like an eagle
- 35 Pvt. Bailey
- 37 Pair Just one of
- those things? 39 Memorization
- method 40 Reed instrument
- Aware of
- 44 Lemieux milieu
- 45 Melody 46 Venusian
- vessel? 47 In medias -
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#### Weekly SUDOKU

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Solution time: 21 mins. **ANSWers** 

— **Kind** Crossword —

## Rodriguez

- 1. GEOGRAPHY: What strait connects the Sea of Marmara with the Aegean Sea?
- 2. FOOD & DRINK: What is a pluet?
- 3. SCIENCE: What does an eidologist study?
- 4. MOVIES: Which Disney movie featured the title song, "You've Got a Friend in Me"? 5. AD SLOGANS: What product was adver-
- tised as "It keeps going, and going, and going 6. MYTHOLOGY: Who is the Greek goddess
- of the rainbow? 7. GENERAL KNOWLEDGE: What is the
- tallest lighthouse in the United States? 8. HISTORY: The German invasion of which nation had the code name Operation Barbarossa?
- 9. U.S. STATES: Which state has the nickname "The Mountain State"? 10. ROYALS: Which two houses were involved

in England's The Wars of the Roses in the 15th

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