

Inside

Prescription drug drop box installed at Iron County Sheriff's Office



IRON COUNTY

today

f @ IRONCOUNTYTODAY.COM

WEDNESDAY, JULY 11, 2018

VOL. 10 NO. 32

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Life

County celebrates Independence Day in style



IRON COUNTY

today

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IRONCOUNTYTODAY.COM

WEDNESDAY, JULY 11, 2018

VOL. 10 NO. 32

VSRC offering help for Harvest Festival shooting victims

by Kelsey KEENER
Iron County Today

Representatives of the Vegas Strong Resiliency Center are encouraging anyone who attended or may have been affected by last October's shooting at the Route 91 Harvest Festival to reach out to available resources.

The VSRC opened Oct. 23, 2017 to provide ongoing support to anyone who may have been affected by this shooting. Survivors and others affected are being encouraged to reach out to VSRC, which is now the single point of contact for dealing with any issues related to the shooting, and to apply for the Nevada Victims of Crime Program. This program helps cover medical and mental health costs, as well as wage losses or other costs that may be associated with being a victim of a violent crime. In order to receive these benefits, anyone affected – which includes family members of victims and responders as well as survivors – must apply by Oct. 1, 2018.

"A lot of survivors may decide to see counseling in the months or years to come"

— Susan Brager

It is estimated that 22,000 people attended the Route 91 Harvest Festival last year (not including anyone who was working at the event), but only approximately 6,000 people have registered for NVCP or reached out for assistance. The VSRC does not have access to a list of everyone present, so employees cannot contact attendees. In a press release, Kevin Schiller, Assistant Clark County Manager, says this is why the center is encouraging

see **VSRC** | 8



COURTESY OF CEDAR CITY HOSPITAL

NEWEST DROP BOX AT IRON COUNTY SHERIFF'S OFFICE, FROM LEFT: Amber Rich, Community Benefit Specialist, Cedar City Hospital; Heidi Baxley, Iron County Prevention Coalition Coordinator; Sheriff Mark Gower, Iron County Sheriff Office; Eric Packer, CEO and Administrator, Cedar City Hospital; Jordan Merrill, Intermountain Community Health Coordinator, Cedar City Hospital

FOUR PRESCRIPTION DRUG DROP BOXES NOW AVAILABLE

CEDAR CITY — Intermountain Healthcare Cedar City Hospital, along with the Iron County Prevention Coalition, have installed the newest prescription drug drop box in Iron County at the Iron County Sheriff's Office. A donation of \$5,000 from Intermountain Healthcare to Iron County Sheriff's Office covers the installation and first three years of operational costs. The drop boxes provide a place for residents to safely dispose of unused

or expired medication free of charge.

The Iron County Prevention Coalition facilitated the relationship and made the community project possible. The drop box is open during normal office hours for the Iron County Sheriff's Office, which are 8 a.m. to 5 p.m., Monday through Friday, and the drop box is located directly to the right of the front office window.

Iron County Sheriff Mark Gower said having the drop box at the

sheriff's office has been a goal of his for almost 10 years now.

"It was hard to move forward back then, because the general sentiment was there 'was already one drop box in Cedar, and that's all that's needed,'" said Gower. "But to me, the more drop boxes, the better. It made sense to me, as a sheriff's department that every single day sees the effects of opioid abuse, that we have a drop

see **DROP BOX** | 8



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Bunker Creek Mountain Bike Trail has reopened

BRIAN HEAD — Dixie National Forest has reopened the right fork of the popular Bunker Creek mountain bike trail, and will have an official ribbon cutting ceremony and public ride on July 13 starting at 2 p.m. It will start at the Sydney Peak Trailhead, which is on Brian Head Peak Road off of Highway 143 one mile south of Brian Head.

The public is encouraged to attend the ribbon cutting and ride the trail along with members of the community as a celebration of this significant step in the recovery from the 2017 Brian Head Fire. While most of Brian Head town was not directly impacted by the 2017 Brian Head Fire, the impact to several popular mountain bike trails located in the Dixie National Forest was severe. Since the conclusion of the fire last summer, Forest Service employees have worked along with members of the Brian Head community as well as the Dixie Mountain Bike Trails Association

(DMBTA) to restore the damaged trails.

The Forest Service saw an opportunity to not only repair but improve the trails which had eroded severely over the years rendering

where possible turning them into more sustainable family-friendly flow trails.

The Forest Service brought in American Conservation Experience (ACE) to begin work in the Fall of 2017 and

“It’s hard not be excited that Brian Head is returning to its glory days of mountain biking”

— **Clayton Calloway, Mayor**

the trails useful to expert riders only. The aim was to improve drainage and tread, clear downed and dangerous trees, and re-route the trails



COURTESY OF BRIAN HEAD RESORT

PHASE ONE OF BRIAN HEAD'S TRAIL IMPROVEMENT PROJECT has been completed and is open for usage.

the right fork of Bunker Creek was completed July 3, 2018.

“We wanted to get

..... see **BIKE TRAIL** | 7

Discounts offered on new bike trails at Brian Head

BRIAN HEAD — Brian Head Resort has announced that Phase One of its multi-phased trail improvement program to its lift-served downhill mountain bike trail network has been completed. Trail building experts from Momentum Trail Concepts

miles and dropping nearly 1,100 vertical feet. Momentum also made significant improvements to many of the Resort’s other existing trails.

In celebration of the new brand of Brian Head Resort fun, they have lowered full and half-day mountain bike lift tickets for the rest of the season. A full-day bike lift ticket is now only \$35, and a half-day ticket is just \$25. In addition to the new lower lift ticket prices, the price of three-hour mountain bike lessons is now \$30.

The Color Flow trail will now be the site of new complimentary guided mountain bike tours leaving from the top of the Giant Steps Express chairlift at 10 a.m., 12 p.m. and 2 p.m. each day during normal operations. Experienced guides share their love of the trail totally free of charge. The Resort also recently completed a new strider and pump track course (a continuous circuit of banked turns and fun rollers) near the base of the Giant Steps Lodge. The course is beginner friendly for riders of all ages and skill levels, and the ride is free.

..... recently completed top-to-bottom improvements to the Resort’s Color Country trail, transforming it into the new Color Flow trail spanning approximately 3.5

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Volunteers add greatly to police services

by Dawn M. **AERTS**
Iron County Today

CEDAR CITY — Some come from a police background while others have worked as park rangers, or in the U.S. military. Today they are a team of Volunteers in Police Service (VIPS).

“We serve as a resource for community,” said Bill Sommers of the program formed here in 2009. “It’s mainly our job to assist Deputies and citizens whenever our agencies are stretched thin,” said Sommers. The VIPS Team has grown to 16 members who ‘step in’ to tackle everything from aiding a stranded motorist, to assisting with accidents, traffic or the injured.

They wear the honored uniform of law enforcement, keep a day log, and follow routine procedures when responding to police calls that often seem like second nature. VIPS volunteers are trained to handle risky situations: that can be as a first responder, administering first-aid, CPR, using a call radio, or tending to traffic or crime scene protection.

While they are not sworn police officers, they do assume the inherent risk of wearing a badge and uniform.

Lynn Papworth, who served with a Fresno, Calif., Police Reserve unit, comes from a family of professionals who served the Los Angeles Police Department. “Most of our people have been around law enforcement for many years in many roles,” said Papworth. “Volunteers may have family in the military or other service, so it’s something that seems very familiar to our experience.”

In the scope of their work, VIPS volunteers are required to attend bi-monthly training designed for new recruits and to meet ongoing competence standards.

“The traffic duties often take us along the freeway,” said Sommers of a 30-year

career working in patrol, as a traffic officer and for a specialized accident-investigative team in San Bernardino, Calif. “As a volunteer, you will respond to minor and major accidents; sometimes traffic has to be managed, you handle injuries or facilitate a tow-away.”

In general, it’s the busy duties that need to get done.

Sommers has attended a variety of courses that involve traffic recon-



LEFT TO RIGHT: GARY LADD, BILL SOMMERS AND LYNN PAPWORTH are part of VIPS team who provide support to the Iron County Sheriff’s Department and, or the Cedar City Police Department program.

struction at Northwestern University, Texas A&M, the Institute of Police Technology at the University of North Florida, Cal Poly (Pomona) and at junior colleges. He has since taught traffic classes at Rio Hondo Junior College, at Chaffee College and served as advanced instructor at the San Bernardino County Sheriff’s Regional Training Academy.

According to Sommers and

Papworth, VIPS log reports from 2017 show that volunteers invested up to 4,990 hours of duty time which would equate to about \$ 107,000 in comparable staff time. VIPS volunteers like Gary Ladd, a former Clark County, Nev., IT specialist, and Papworth most often work in teams of two.

“What we see are drivers who come (through here) from out West, from cities like Las Vegas or Los Angeles going

motorist out of a snow bank or protecting an accident scene. Their teams come prepared to assist with everything from medical kits and lug wrenches, to water bottles and flashlight.

“Law enforcement is a career like no other,” said Papworth, “There is a mindset for community service. A volunteer may have retired from a first career, but they return to it again and some just don’t want to retire from that kind of duty. They want to serve the community and find a good deal of satisfaction in that.”

It’s the ‘nitty-gritty’ of police work that keeps volunteers challenged.

“I would say that it’s a role that gives us the opportunity to serve in every aspect of law enforcement,” said Sommers, “That’s from traffic-monitoring at bike races, to assisting with wild fires (like the Hicks and Brian Head Fire), to dealing with flight crashes to safeguarding crime scenes.”

Team members experience risk and a sense of personal reward every day. “We do carry some risk in wearing a uniform, in the areas we patrol or in the relationships (people have) to law enforcement,” added Sommers. “But if you attend the training and follow the guidance, those risks can be minimized.”

Ladd and Papworth estimate that a VIPS volunteer will respond to an average of 100 or more incidents and, or accidents each year.

“There’s really no better way to put it,” said Papworth of the program, “We are the eyes and ears of the community and are ready to assist when resources get stretched.”

The Iron County Volunteers in Police Service Program (VIPS) invites candidates with interest to complete an application process that includes interviews, criminal background check, driver history, drug-test and fingerprinting. For application, visit www.ironsheriff.net

into the very unpredictable conditions with our winter weather and mountain roads,” said Papworth of Southern Utah. “So maybe they don’t bring along a hand-jack, or the spare tire, or what they should have for a potential emergency.”

Winter and summer holiday weekends are often their busiest time frame. According to Sommers, VIPS teams often find themselves helping a stranded



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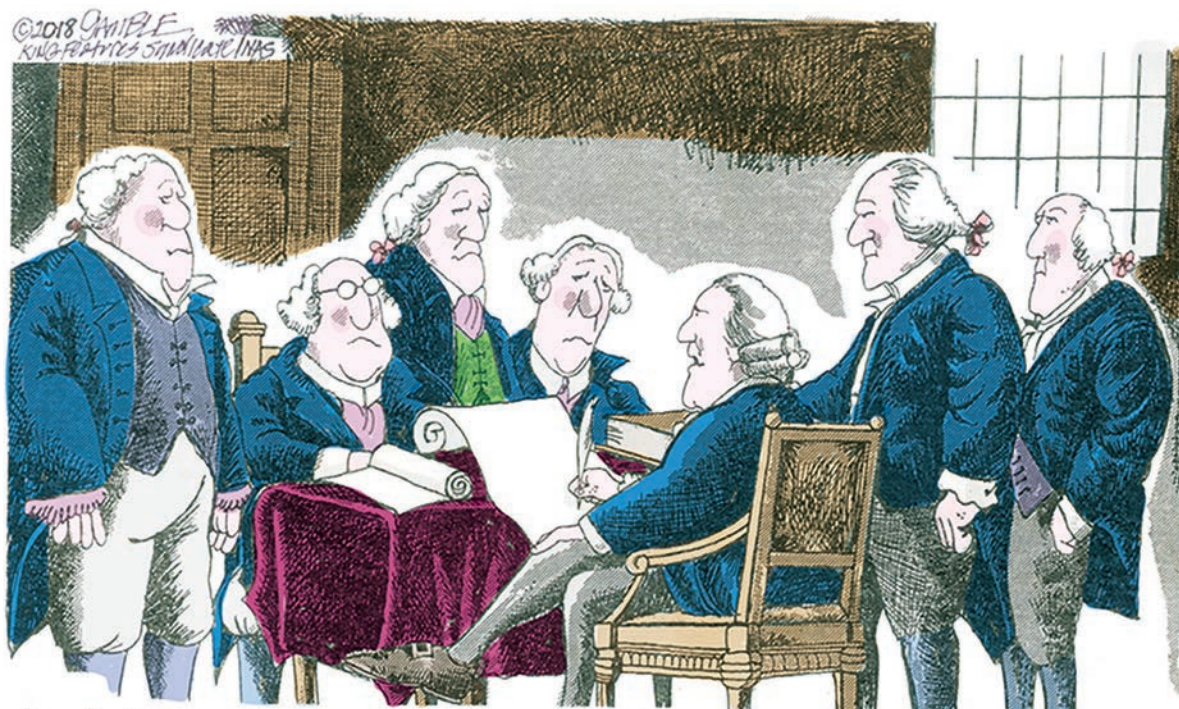
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Opinion

"Unfortunately we can't ban the members of Congress or the President from tweeting because 'tweets' haven't been invented yet!!"

Music can make you feel nostalgic, or old

The opinions stated in this article are solely those of the author and not of Iron County Today

I'm attending a music concert and I'm feeling very, very old. The music is sonic boom loud and the lyrics of the songs are indistinguishable from the sound of a faulty car muffler.

But it doesn't seem to make any difference to the age 50-something crowd. After only 30 seconds into the first song, two men have already removed their t-shirts, figuring that hard rock and hairy chests are two-punch ingredients of romantic libido.

Another man, a shirt-and-tie stockbroker during the day, walks up to me. He is wearing a t-shirt bolder blaring the band's name. "Hey," he says to me, "Tonight I'm going to rage." (I would think a professional stockbroker would rage against the slumping stock market or the crushing economic blows from the Trump tariffs. But no, he is joining the rage of hard rock, high-decibel guitars. Tonight he'll grunt and spit; tomorrow he'll look in the closet for the white shirt.)

Music changes with generations. I get it! My father couldn't understand how I could appreciate Bob Dylan albums. ("He sounds like a fox caught in barbed wire.") The Beatles and subsequent British bands? ("They should get a haircut, stop shouting 'yeah, yeah, yeah,' and attempt some real music.") Even though I couldn't enjoy Black Sabbath, I've searched out new bands to show I was still progressive and not locked into the 60s.

But to me, the lyrics were more important than the amplifications. I lived through the hard rock era, the bouncing anger of the rappers, and the

drug-induced droning of electronic music. And now one of my clients, a 50-something woman who teaches Primary, thinks I'm an old fogey since I can't understand her love affair with death metal music.

For those of you who aren't acquainted with death metal, let me give you an explanation. The singers admittedly don't try to sing. They scream, they screech, they bellow, they sneer, and (yes) they rage. If their fans understand all the words from the microphone the group has failed miserably.

And here's a sampling of death metal song titles: "First Day in Hell," "My Favorite Cadaver," "Slowly We Rot," "Regurgitated Guts," "Masked in Leeches." Of course, what do you expect from bands

named Pestilence and Pungent Stench, Misery Index, Hate Storm Annihilation, or Morbid Angel?

Compared to this genre, the Rolling Stones and Bruce Springsteen should be relegated to the "Easy Listening" racks in music stores.

Psychologists will explain music as a means of reliving one's past. One person hears an Eagles song and remembers meeting a girl. Another hears Blink 182 and recalls his first job and early years in college. When I think of Kenny Rogers, I recall my first trip to Reno, Nevada. When I hear Johnny Cash, I'm reminded of a high school buddy (since deceased) who played eight-tracks in the delivery van of his family's business.

Music brings us back. And music I can't understand makes me feel arthritic and ancient. Oh, I can still rage – but I save it for things that really matter. And that's why I'm as welcome at a hard rock concert as a sushi-eater at a western barbecue.



Cyclops

by Bryon GRAY
Columnist

To the Editor

Re: Prairie dogs

Dear Editor:

This letter is in regards to your article in the July 3, 2018 paper ("A new habitat for Utah prairie dogs"). There are several untruths in the article.

It is surrounded by public land. Actually it is surrounded by private land on three sides. As far as every one collaborated, not one notice was sent to surrounding land owners. This was done completely on the down and dirty. The property was sold for around \$3436 an acre. I own property bordering the preserve with water, natural gas and electricity, I couldn't get \$1500 an acre with the improvements. Sounds like good old boys deal to me.

The preserve in my opinion lowered the surrounding property values. Not many people want to live next to a prairie dog preserve. I asked the commissioners if they were going to lower my taxes; that was met with a blank stare! The D.N.R. came out and did a count of prairie dogs on our properties, none were found in Red Canyon Estates where I live. I was told I could get a take permit when the dogs show up to eradicate them. Why is it my problem to get rid of their plague carrying rodents?

I asked the county if there was any money for mitigation. That answer was a no. Great foresight. No money for fencing or any measures of control. It becomes the surrounding residents' problem. The preserve is surrounded by Red Canyon Estates and Allard Estates. We as residents would like to share our perspective on how the article covered up the truth and even the location of the property. If you want to meet with the surrounding residents contact me and I will arrange a meeting.

Joe Portolese

4 PINPOINT WEATHER



IRON COUNTY FORECAST

A MONSOON PATTERN LOOKS LIKE IT WILL STICK AROUND FOR A WHILE. WE SHOULD HOLD STEADY IN THE UPPER 80S WITH HIGH HUMIDITY, AND CHANCES OF DAYTIME STORMS THROUGH THE WEEKEND AND INTO NEXT WEEK.

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WINDS: S 5-10

THURSDAY
Chance T-Storms
86°/63°

PRECIP: 20%
WINDS: S 5-10

FRIDAY
Chance T-Storms
87°/63°

PRECIP: 20%
WINDS: S 5-10

SATURDAY
Chance T-Storms
88°/64°

PRECIP: 20%
WINDS: Light

SUNDAY
Chance T-Storms
88°/64°

PRECIP: 20%
WINDS: N 5-10

MONDAY
Chance T-Storms
89°/65°

PRECIP: 20%
WINDS: SW 5-10

TUESDAY
Chance T-Storms
87°/62°

PRECIP: 20%
WINDS: W 5-10



FIRE EATERS



PHOTOS BY COREY BAUMGARTNER

THERE WAS NOTHING CHICKEN ABOUT ENTERING THE FIRST ANNUAL, WINGS OF DEATH chicken wings eating contest. Held in the city of Enoch, daring contestants worked their way through an inferno of wings with varying degrees of hotness that made even the Scoville scale begin to sweat. In the end, Johnny Trujillo outlasted the competitors and won the cool prize of \$1000.00.

Entries sought for Enoch Pioneer Day parade

ENOCH — Enoch's Pioneer Day celebration will be on Tuesday, July 24. The theme this year is "We Believe." The celebration will begin

with a parade along Midvalley Road starting at 4:30 p.m. The parade will be followed by dinner, games, live music, and dancing in the park at 475

E. Midvalley Road. If you would like to be in the parade, you may call Lynn Nielson at 435-592-5908 for more information.

July 4th

READER PHOTO...



SUBMITTED BY KENZIE WOOD

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Intermountain Cedar City Hospital



KELSEY KEENER

SUU Aviation hosts July 4th event

by Kelsey **KEENER**
Iron County Today

CEDAR CITY — Community members had the opportunity to celebrate Independence Day

with aviators and aircrafts at the T-Bird Hangar Party on July 4. The party featured several helicopters and small planes that guests could take pictures with, and many pilots who were

available to answer questions, as well as snow cones and live music from 3hattrio. Guests were also invited to stay and watch the city's firework show from the hangar.

New name for women's crisis center

CEDAR CITY — The Canyon Creek Women's Crisis Center has changed its name to Canyon Creek Services. Executive Director Dr. Brand Wadsworth made the announcement last week.

"For 22 years, Canyon Creek has operated in the Cedar City area, serving all of Iron, Garfield, and Beaver counties," he said in a release. "Beginning as an emergency safe shelter for women and children fleeing domestic violence, the organization has since grown and expanded significantly, particularly within the last 5 years. The time has come for our name to acknowledge what has been true about the organization for some time: that we serve all survivors affected by these types of violence regardless of gender, age, and whether or not they are in

crisis. We also want the communities we serve to know about and take advantage of the many prevention and education services and resources we can provide in order to make our communities safe for

its work. We have added Services to reflect the core of what we do and the diversity of tasks and operations in our work."

Wadsworth continued by saying, "We at Canyon Creek Services express our appreciation in working with us during this transition and in helping this new name to be recognized and used. Our

new web address is www.CanyonCreekServices.org

and will be up and running by July 3rd, and we can be found on social media as Canyon Creek Services. We

have had a rich history and are optimistic about the future as we work with you, serve survivors, and pursue our vision of communities free of domestic and sexual violence."

The center is located at 95 N. Main Street, Ste. 22, in Cedar City.



everyone. We have retained Canyon Creek in our name to preserve, honor, and build on the legacy of this organization and the countless individuals who have been a part of

Free Shred Day for seniors on July 13

CEDAR CITY — Every year, approximately 15 million identities are stolen in the United States. That's nearly 7 percent of adults. And the average identity theft victim loses \$3,500 when their identity is stolen. Unfortunately, elderly people are even more likely to have their identity stolen because they are seen as an easy target because they are often more vulnerable.

The Area Agency on Aging- Five County Senior Medicare Patrol is offering a free shred truck for any Medicare beneficiaries to use to dispose of their personal documents. The shred truck will be available on July 13 from 12-2 PM in the parking lot of the Paiute Tribal Building located at 440 North Paiute Drive, Cedar City.

Identity theft occurs when a thief steals the elderly person's social security number, bank account numbers and other financial or personal documents. With this information, he can open a new credit card account for his own use, apply for loans in the victim's name, drain the victim's bank accounts, and illegally obtain professional licenses, driver's licenses and birth certificates. For most seniors, a compromised Social Security number also means a compromised Medicare number. If thieves fraudulently use a senior's Medicare number, that person may have financial repercussions or may not be able to get care when they need it.

For these any many other reasons, it is important for seniors to dispose of any identifying personal information.

For questions, please contact Amy Brinkerhoff at (435) 867-6020.

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Bookings

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

July 2

Albert E. Antelope Jr., Cedar City
Obstructing Justice.

Jacob E. Booth, Paragonah
Assault, Burglary

Victoria N. Corbin-Pennington, Cedar Cedar
Possession w/Intent, Open Container in Vehicle, Forgery, Speed Regulations, Receive Stolen Property

Jason J. Moorhous, Phoenix
DUI

Kendrick R. Johnson, Cedar City
Assault

July 3

Curtis A. Carson, Orem
Resist/Inter w/arrest, Criminal Mischief, Aggravated Assault, Causing Injury police animal, Possession

Brandy L. Houchin, Cedar City
Theft

Trenton H. Bigsoldier, Cedar City
Drug Paraphernalia, Aggravated Assault

Louis R. Borchardt, Enoch
Intoxication, Retail Theft

July 4

Seth S. Barlow, Cedar City
Fugitive from Justice, Controlled Substance, Child Endangerment

Migel A. Cerriteno-Corral, Newcastle
Disorderly conduct, Criminal Mischief, Drive w/o insurance, Resist/Inter w/arrest, failure to stop on command, Intoxication

Keith D. Peterson, Cedar City
Lewdness

Amy S. Roser, Cedar City
Drug Paraphernalia

July 5

Sabrina M. Biddle, Salt Lake City
Possession

Keon L. Covington, Cedar City
Consume Alc by Minor

Yadviga A. Frazier, Cedar City
Retail Theft

Michael R. Messersmith, Salt Lake City
Assault

Nicole Shields, Rhane, N.D.
Attempt to Disarm Peace Officer

July 6

Shawnele L. Montgomery, St. George
Probation Violation

Jason T. Brand, Garland
Assault

Alec T. Partain, Cedar City
Drug Paraphernalia, Controlled Substance

July 7

Tammela J. Mounteer, Beryl
Criminal Trespass

Alan J. Asco, Logan
Criminal Mischief, Assault

July 8

Jesse S. Blackburn, Cedar City
Burglary of a Dwelling, Theft, Drug Paraphernalia

Ian R. Kuykendall, Cedar City
Open Container, DUI

Joseph M. Powers, Cedar City
Disorderly Conduct, Intoxication

Danielle S. Riding, Cedar City
Theft, Burglary of a Dwelling

John N. Shtakleff, Cedar City
Assault

July 9

Michelle M. Petersen, Cedar City
Theft

Mike's Running to celebrate first year in Cedar

by Kelsey **KEENER**
Iron County Today

CEDAR CITY — To celebrate Mike's Running's one-year anniversary, owner Mike Greer is hosting Mike's Mad Dash, a two-mile run, this Saturday.

Greer opened Mike's Running in July of 2017 after moving to Cedar City from Phoenix, Arizona and noticing a lack of quality running products and knowledge. The store is located at 2092 W. Cross Hollow Road in Cedar City.

"I love running and Cedar City is just an amazing place to run," he said. "But there was always a voice here in the community: you couldn't go anywhere to get good quality running products, shoes, apparel, and nutrition."

Greer said he was hesitant to start a new business because of the amount of work it would take, but believes in progression and moving forward. So he started working on the business in 2016. He said the mission of Mike's Running is to elevate the running community.

"Our goal here is to first and foremost to bring quality products to the community," he said. "Second is (to bring) a knowledge base and third is to build up support in the community and bring new races and things like that to the city."

He added that he feels Mike's Running has



been well embraced by the community and is working to support smaller running events as well as cross-country and track teams in southern Utah.

Greer offers a courtesy foot and gait analysis to customers in order to help find the best fit from the best shoe for each individual. The analysis considers the foot profile and arch height, as well size of the foot and pronation. Using a treadmill and video analysis, employees can help customers find the right shoe.

"We use the treadmill, we use video analysis and do side-by-side comparisons with different shoes to see which shoes give you the right amount of support," he said. "That way, ideally we get you in the perfect shoe for your foot."

In addition, Mike's Running employs people with a variety of first-hand knowledge and life experiences to be able to help customers with any issues or injuries they experience with running. Greer said knowledge is a large part of preventing injuries when running, as well as recovering and getting back to full speed.

"That's half the battle is staying on the road, staying on the road and getting to the start line," he said.

Mike's Mad Dash will begin at 8:00 a.m. this Saturday, and participants can register for \$12 at mikesmaddash.com.

BIKE TRAIL

Continued from page 2

something open as soon as we could," said Del Orme, the Recreational Staff Officer for the Dixie National Forest, in a release. "Right Fork showed the best potential to be open this summer, and it was important to show what we could do with these trails."

They don't intend to stop there. Brian Head Town, Dixie National Forest, and the Iron County Restaurant Tax Board, along with several other partners including DMBTA, were recently awarded matching grant funding from the Utah Office of Outdoor Recreation to complete an

additional \$200,000 worth of mountain bike trail improvements – including the left fork of Bunker Creek, Dark Hollow, and the Scout Camp Loop.

"Brian Head relies on mountain biking as a keystone for its summer economy," said Clayton Calloway, Brian Head Town Mayor. "Brian Head Resort has put a bunch of money into their lift-served trails this year, and they have future phases of improvements scheduled. With the trails we're going to improve on the Dixie, it's hard not to be excited that Brian Head is returning to its glory days of mountain biking. The fire was a terrible thing, but it's been great to see the community come together to take the lemons the fire handed us and make some lemonade."



Rod and Sandy Kaminska, Cedar City

"Anterior hip surgery helped us become *more active.*"

After seeing her husband, Rod's, quick recovery following a total hip replacement two years ago, Sandy mustered the courage to have the advanced procedure herself. Using the latest techniques — the direct anterior approach — Dr. Robert Nakken replaced Sandy's hip and the results were better than Sandy expected. In fact, Rod and Sandy have each had both hips replaced now so they can spend more time doing the activities they love.



Robert Nakken, MD



Lex Allen, MD

Learn more about Dr. Lex Allen, Dr. Robert Nakken and the latest in joint replacement procedures by calling (435) 704-9228.

Intermountain
Southern Utah Orthopedics
and Sports Medicine

166 W. 1325 N., Ste. 150, Cedar City, UT 84721

Drop Box Locations in Iron County

» Iron County Sheriff's Office

2132 North Main Street
Cedar City, UT 84721
(435) 867-7500
Hours: Monday - Friday, 8 a.m. to 5 p.m.

» Parowan Pharmacy

20 N. Main Street
Parowan, UT 84761
(435) 477-3000
Hours: Monday - Friday, 9:30 a.m. to 6:00 p.m.

» Township Pharmacy

108 W. 1325 North
Cedar City, UT 84720
(435) 867-0800
Hours: Monday - Friday, 9 a.m. to 6 p.m.

» Cedar City Police Department

10 N. Main Street
Cedar City, UT 84720
(435) 586-2956
Hours: Monday - Friday, 8 a.m. to 5 p.m.

DROP BOX

Continued from page 1

box to combat this problem head-on. Finally, I was recently able to meet with the DEA (Drug Enforcement Administration), who helped make the right contact with Intermountain and the Iron County Prevention Coalition.”

Gower said he is happy to now have this drop box at the sheriff's office. "It's been a goal of mine for a long time," said Gower. "This has been huge. Unfortunately, we do have a significant problem with prescription drugs getting in the public, out of people's medicine cabinets. They end up on street level, sold on a black market, and the result is people become addicted. Worse than that, the end result sometimes is we zip them up in a body bag. It has to stop."

Gower said law enforcement has seen an alarming increase in prescription opioid abuse and pulled a Narcan packet out of a zippered pocket on his pant uniform (Narcan is used to treat a drug overdose in an emergency situation) to demonstrate. "Each of us with the Iron County Sheriff's Office carries this Narcan with us everywhere now," said Gower. "In the last year, we've already have four lives saved because of it. We want everyone to use this drop box. I want to be emptying that drop box every single month."

Eric Packer, administrator and CEO of Cedar City Hospital, said "It's one of the top initiatives of our hospital to fight opioid abuse and reduce opioid use. We are very grateful to be a strong community partners with agencies like the Iron County Sheriff's Office to have a safe and easy place to get rid of unused medications, including opioids. Intermountain Healthcare and Cedar City Hospital are appreciative of the enthusiasm that Sheriff Gower and the Iron County Sheriff's Department have for this project. It's evident that this is an organization that has the community's best interest at heart and wants to take proactive steps in protecting our homes and families."

Amber Rich, Intermountain's Community Health Partner Specialist, said "Iron County has not been immune to the death toll related to the opioid epidemic in this country. In fact, overdose deaths in Iron County based on population size are nearly double the national rate." Rich explained that the Utah Department of Health reported the drug poisoning death rate per 100,000 in Utah is 21.7 deaths and 13.2 deaths nationally. In Iron County the rate is 24.3 deaths. Currently, drug overdose is the leading cause of accidental death in this state and prescription medications are responsible for more deaths than all illicit drugs combined.

VSRC

Continued from page 1

those affected to reach out.

"We need anyone who was there that night to reach out to us even if you live in another city or outside the United States, so we can connect you with services and assess what we can do to serve you," he said.

Anyone who is dealing effects from the shooting - anyone working at the event, anyone who tried to help a victim, any responders, anyone who attended the festival, anyone who knows someone who was at the event or knows someone who was affected by it - is being asked to apply for the NVCP even if they may not be experiencing effects right now. Clark County Commissioner Susan Brager explained this in a press release.

"Even if survivors don't feel they need help now, we encourage them to get an application on file with

the Nevada Victims of Crime Program, so they will be eligible for assistance later if they need it," she said. "A lot of survivors may decide to see counseling in the months or years to come, and this program can assist you with covering co-pays."

An application for the NVCP is on the VSRC website: <https://vegasstrongrc.org/>. The center also offers victim advocacy and support, grief counseling, spiritual care referrals and technical assistance accessing other resources for claiming personal items left behind at the concert venue. The center partners with several agencies to help provide necessary services to survivors: the Clark County Department of Social Services; NVCP; the Legal Aid Center of Southern Nevada; Nevada Division of Child and Family Services; Clark County Department of Family Services; Southern Nevada Adult Mental Health Services; Las Vegas Metropolitan Police Department Victims Services Division.

The VSRC can also be reached by phone at 702-455-2433 (AIDE) or 833-299-2433.

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Showcase

WEDNESDAY, JULY 11, 2018

MERRY WIVES of WINDSOR

full of interesting, funny characters

by Rachelle HUGHES
Iron County Today

Overheard from a teenager leaving Utah Shakespeare Festival's Merry Wives of Windsor -- "That is my favorite Shakespeare play."

While I can't necessarily agree that it is my favorite Shakespeare play, there was a lot of enthusiasm from the audience as the play unfolded opening night. One of Shakespeare's comedies featuring the rogue Sir John Falstaff and several smart and resourceful women along with the men who love them, Merry Wives of Windsor lends itself to lots of opportunities for laughs.

Sir John Falstaff (John Ahlin) is up to his usual tricks, but this time in the early 1900s. He shows up in Windsor already in trouble for his recent swindle of a Justice of the Peace. He apologizes but immediately starts to concoct his next hustle. His huge ego has him believing that the wealthy housewives Mistress Alice Ford (Tarah Flanagan) and Mistress Margaret Page (Stephanie Lambourn) are in love with him. He decides to write each of them the same love letter in an effort to con money out of the two rich housewives. Falstaff is not as clever as he believes, and Mistress Ford and Mistress Page are two best friends who happen to be

Shakespeare Theatre into a fetching early 20th century town full of white gables and cascading wisteria. Merry Wives of Windsor is one of those plays that can really be set in any era and the pre-World War one era was a perfect fit. The musical additions added to this adaptation were an extra treat for those who love classics like "A Bicycle Built for Two" and "Shine On Harvest Moon."

Flanagan (Mistress Ford) and Lambourn (Mistress Page) stole the show, as well they should in a play about two merry wives. Flanagan's Ford was saucy, silver-tongued and absolutely lovable while Lambourn's Mistress Page was confident loyal and

IN
Review



delightful. As a self-professed hater of the Falstaff character, I actually found myself really enjoying Ahlin's Falstaff. Ahlin is a master at expression and creating a believable and well-rounded character. Harding's Welsh parson was easily one of my favorite performances of the play. He was a cheerful, talebearing, adorable matchmaker and friend to all. Geoffrey Kent's

"merry and honest" and full of ideas how to teach Falstaff a lesson. Even Mistress Ford's jealous husband Frank Ford can't keep up with the clever tactics of his wife.

Meanwhile, Mistress Page's daughter Ann Page (Cailen Fu) is navigating the advances of three suitors of her own: a foolish Abraham Slender, nephew to the Justice of the Peace, the older respected French physician Doctor Caius and a young gentleman, Fenton. She is as clever as her mother in getting what she wants in the end. Acting as go betweens, mediators, and partners in crime to absolutely everyone are the servant to Master Caius (Michael Elich), Mistress Quickly (Leslie Brott), and the Welsh Parson played by Michael A. Harding.

Hilarity should ensue. Yet, I found myself waiting for the big guffaw moment all night. While, it never came for me, I found plenty to enjoy about the play. Apollo Mark Weaver's set design transformed the Engelstad

performance as Frank Ford was also a scene stealer. He, most of all, brought humor and pathos to the play as a supposedly cuckolded, forlorn, scheming but loving husband. His counterpart George Page played by Henry M. McDaniel was even-tempered and fair and if you listened carefully had the good fortune to utter the phrase that encompasses the theme of the 2018 Utah Shakespeare Festival season.

"... I hope we shall drink down all unkindness."

Merry Wives of Windsor plays in the Engelstad Shakespeare Theatre through September 8. Tickets can be purchased at bard.org or by calling the box office at 800-Playtix.



Circle of Flutes in the Paiute Indian Band

by Dawn M. AERTS
Iron County Today

CEDAR CITY — They don't read music sheets or study the principles of composition. Their music is based on the individual, the notes of an inner composer, and will come mostly from the heart. That is the way Roger Clark describes the circle of young flutists who meet at the Paiute Indian Band office weekly for the melodies that rise up from Native American music traditions.

Clark's flute class is one of several that are part of the Cedar Prevention Series. Here you will find programs for adults and youth -- an open Drum group, Bird Songs, and guitar lessons are offered. "We know that music can be a powerful outlet, and unique form of expression," said Clark of classes designed to encourage self-esteem, self-expression and personal confidence.

Over the last two years, Clark and his counterpart, Chris Bagby, have guided and shared their talent in music with

young people from the five Paiute Bands. In 'Indian country,' flute playing is but one way to explore music, with harmony that flows through the individual.

"In the very deep traditions of Native American music, the melody is unique to each player, and each time you play you will hear something different or new."

No one song will sound the same as another, said Clark.

While some choose to play flute, others choose drums. "As they start out, they are pretty unsure of themselves," said Clark of flute-players, "But I also see that this particular music is part of their nature. Once they pick it up, it comes very naturally to them and so that musical (ear) may be built into their DNA."

According to the Native American tradition and thought, everything has a purpose in 'Mother'

nature. "That is everything to include trees, animals, people," said Clark of the music, "so every note is to keep in harmony with that. As the flutist plays, the eyes are usually closed, and no melody

"In the... traditions of Native American music, the melody is unique to each player"

— Roger Clark



FROM LEFT TO RIGHT: Mars Bloodgood, Brisin Jake, Braidin Jake, Kaleb Jake and Roger Clark play hand-made flutes that vary in size and sound, each signified by a golden eagle, a sparrow hawk, a red tail bird or others.

will be played or heard in exactly the same way."

As a Prevention Specialist for the Paiute Bands of Utah, Clark has seen many young people blossom through music and mentorship. "In the modern world, this is way to build on cohesiveness, and to build up trust in each other," said Clark. "If there is a problem at home, at school or in life, music is one of those very important connections that we use to express ourselves."

In the fall, residents may hear the

simple flute melodies being played as a young student practices outside, against the strength of a mountain or with the optimism of an early morning sunrise.

In the summer, flute players will share their music at the local park, during Inter-Tribal functions, or on reservation lands held by the Five Paiute Bands in Utah. "Flute players always stand as a circle...in time. Like nature, we move clockwise, in a circle," said Clark. "Then each musician plays a song in their own way, with none exactly alike."

SUMA celebrates second anniversary

CEDAR CITY — In celebration of the Southern Utah Museum of Art's second anniversary, a new exhibit opened at the museum last weekend.

James Surls: Across the Universe Divide opened to members and donors last Friday evening during a private reception featuring live music from 3hattrio and dinner provided by The French Spot.

The exhibit opened to the public on Saturday, the two-year anniversary of SUMA opening, during the Birthday Bash. There were several crafting activities, and Floyd the SUMA Families Fox was revealed as the Families Membership mascot.



PHOTOS BY KELSEY KEENER

THE SECOND ANNIVERSARY OF THE SOUTHERN UTAH MUSEUM OF ART was celebrated with exhibits and a performance by the 3hattrio on July 6.



SUU COLLEGE OF PERFORMING & VISUAL ARTS
SOUTHERN UTAH UNIVERSITY

UPCOMING EVENTS

JAMES SURLS: ACROSS THE UNIVERSE DIVIDE

Southern Utah Museum of Art
Tuesday – Saturday
July 7 through September 29
11 a.m. – 5 p.m.
Open late Thursdays until 8 p.m.

CREATE PLAYDATE

Southern Utah Museum of Art
Tuesday, July 17 from 11 – 12 p.m.

YOGA AT SUMA

Southern Utah Museum of Art
Thursday, July 26 from 4 – 5 p.m.

SUMA AFTER HOURS

Southern Utah Museum of Art
Friday, July 27 from 5 – 8 p.m.

ART ADVENTURES

Southern Utah Museum of Art
Saturday, August 11
from 10 a.m. – 1 p.m.

www.suu.edu/pva

It's Green Show season again in Cedar

by Mary Anne **ANDERSEN**

Cedar City Arts Council

Some time ago I heard Fred Adams talk about a survey that was asked of Iron County residents regarding their attendance at The Utah Shakespeare Festival. The question was something like, "Have you patronized the Utah Shakespeare Festival?" Seventeen percent of the respondents said yes. Followup question: "Have you attended a play at the Festival?" Only three percent said yes. (I totally made those numbers up because I can't remember them exactly, and Fred didn't call me back, but that was the idea.)

So although many residents of Cedar City and surrounding areas had been on the Festival grounds and attended a green show, few stayed for the play that followed. If you don't know, a green show is a short production of singing, dancing, and comedy performed in the outdoors prior to a longer theatrical production. Most festival-type theaters have them and they have been an important element of our family's summer activities for years.

When my now-adult children think about the green shows it is in the backdrop of the old Adams Theatre and tree-shaded courtyard. Families brought blankets and folding chairs to sit on the lawn and hillside in front of the stage, and the fun began. In the early days of the Festival, there were live musicians on Renaissance instruments. A family presented a Punch and Judy puppet show a few yards away and sometimes Martin Tyner was there with his magnificent birds.



The dancers and singers wore renaissance-type costumes and presented certain acts predictably from year to year. The maypole was my favorite; I would fantasize that I would be called out of the

audience to participate in the weaving of those colored streamers. (I can only imagine the chaos that would have ensued.) The egg dance, a brief comedy sketch, and the Loch Ness monster were also perennial acts that we expected to see. Wandering among the audience were girls in peasant costumes selling the famous tarts that were also a standard of the Festival and the college kids manning the snack shack spoke in dialects appropriate to the theme of the evening.

Alas, things changed over the years. More and more of the music was canned, from any time period, and Nessie didn't show up anymore.

Those good memories are the reason I am feeling better about the current green show on the lawn of the new Sorenson complex. The song choices are not modern pop, thank heaven, and the costumes are somewhat appropriate to the Renaissance era. One live instrumentalist softens the technology of the canned music, and there is audience interaction. (You need to go just to see little children dance with complete lack of self-consciousness on the grass.) And there is a maypole, sort of, the egg dance, and Nessie shows up on Scottish night!

It isn't exactly like the old days, but I guess there is no way to get that magnificent tree to the new space. But do the girls selling tarts have to look like restaurant servers?

So. Utah Actors Workshop this month

Whether you're a seasoned actor or a novice looking to get your start, Doty/Dayton Productions is offering a prime opportunity to develop your skills this summer at a film acting workshop taught by producer/director Lyman Dayton (creator of hit films like the award-winning "Where the Red Fern Grows," "Seven Alone" and 2016's "Drop Off").

On the heels of a very successful workshop presented in February and March, and at popular request from past participants, Dayton and his longtime colleague Shelley Monson will offer their second 2018 workshop beginning in July. Monson has worked with Dayton on film projects for over 25 years, and collaboratively, the two will offer a variety of invaluable instruction, ranging from the intricacies of acting in front of the camera to the ins and outs of making it in the film industry—everything from putting together an acting resume to successfully participating in production interviews and working with an agent.

After directing many new actors in his films over the years, Dayton has developed a distinctive technique that accentuates the attributes that make each actor unique.

"Most of us don't appreciate our uniqueness, so on a conscious or unconscious level, we tend to imitate others

rather than to capitalize on the very thing that makes us special," he said in a release. One aspect of the workshop will focus on helping participants play to their own strengths and learn to showcase their unique attributes in front of the camera.

Past workshop participant Jessica Schoppman drove three hours each way over a six-week period to attend the February/March workshop. She had this to say about the experience: "The classes were fun, and I learned more than just acting lessons. I even learned more about myself. It was awesome to see how far we all came. My sister, who wasn't interested in acting, attended the class with me, and now she, too, is interested in acting." The sisters plan on attending the upcoming workshop in July.

The cost of the six-week workshop is \$250 per participant. Specific dates and locations will be selected and announced once

all participation slots are filled.

Two sections will be offered: one for youth (ages 8-16) and one for adults (ages 17 and above). Those interested in participating may call or text Lyman Dayton at 435-705-6450 or email lymandayton@gmail.com. Interested parties may also contact Shelley Monson at 435-862-5862 or shelley1427@gmail.com for further information.



COURTESY PHOTO

PRODUCER/DIRECTOR LYMAN DAYTON is offering an acting workshop again this month for performers in Southern Utah.



THE FOREIGNER

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Fun Filled 4th!

FRIENDS AND FAMILY CELEBRATED THIS YEAR'S 4TH OF JULY WITH FUN AND FIREWORKS. From the parade honoring our country and its heroes, to the entertainment at the city park, and finally to the fantastic fireworks display even the Star-Spangled Banner would be proud of.



Boredom Busters for Your Dog

Trying to come up with interesting or busy things for your dog to do should be listed in the owner's manual.

We all know that bored dogs, or kids, can get into things. In some ways, we are their main source of entertainment and interest, so if we're not giving them stuff to do they will come up with their own ideas – that could be a game of slipper-chew or upholstery dig.

As you come up with ideas, or just play, walk or offer fetch-games, this helps a dog hone in on their natural instincts to stay busy, bond with you, and find some challenge in their world. In fact, there are dozens of ideas that can keep them mentally and physically active and more content.

Here are a few suggestions to consider for your favorite companions.

Nose Games...and find the treats. This game helps them practice their canine skills (using chopped carrots or little doggy biscuits). Have them watch you place them in various locations around the room, give them the cure to find and of course, your praise follows. Once they figure this game out, you can repeat in another room. Similar to find and seek.

Stuffed Kong anyone? These are non-toxic and mostly indestructible toys that can be filled with peanut butter (or hotdog); freeze over night for a morning to-do challenge. The Kong can help with weight issues and simply entertainment.

The Basics of Obedience...most owners will take the time to instruct their dog in the simple ways of canine socialization. You will find that dogs enjoy learning such things as sit, steady, drop it, and of course, come.

It's important to note that dogs have the capability of learning dozens, maybe hundreds of words, so if you have the time, your dog will benefit from the education. For instance, you might try the 'shell game' which is helpful for problem solving: a little treat is placed under one of 3 little cups, you shuffle them around, and encourage a 'find.' Cats can participate too.

Clean Up the Toys...This game is helpful to learn for canines and children alike. If you keep their collection of little toys in one container, in one spot, they can learn to put them away and they will build on a sense of confidence and know how. These



The Pet CORNER

by Dawn AERTS

are new skills but if learned, pick up time will be rewarding for you and your canine.

Some dog owners suggest...setting up a small indoor obstacle course to master: a stack of towels to jump over, a few toys to weave around, a hoola-hoop to jump through. Finally, there are two simple gadgets that can keep your dog both alert and busy: the 'clicker' (available at pet shops) which is used to give your dog the 'way to go' signal when he does something well, and for a rainy day thing, chasing bubbles (non-toxic) can be a favorite to do.

You can be a 'hero' by giving a homeless dog or cat a forever home. In support of the Cedar City, Enoch and other local animal shelters. For information on adopting a pet, call 586-8791 or 586-2960.

Well that was fun!

What started out to be just another ho-hum column last time turned out to be a really fun one for me! I guess I shouldn't have included Brookdale's telephone number to help me find the poem I was looking for but guess what--the response was great. I had several people call me via the receptionist desk who then took time to find me with messages from people who just wanted to help.

there in the late 1950s! And also that her brother, Glade Holyoak, is married to my niece, Cheri Bernice Worthen Holyoak! Strange things are done....!

And then, much to my delight, Harold Shirley, former mayor of our fair city for several years, came to see me and brought a nice type-written copy of the poem. Harold is a retired school teacher at Cedar High, and loves good literature of just about any kind. He loves to sing and often conducts the Master Singers who perform at the Heritage Theatre. We had a short, but interesting visit about Sam Mcgee and I appreciate him helping me. I'm hoping to get a program ready, with help from Huck (his nickname) and Diane, his wife, to present here at Brookdale. I'm pretty sure all the residents and members of their families would enjoy it and maybe some of them would participate! I'll call you, Mr. Shirley....ok? If that program never comes to fruition I'll always wish it had!

My last column was a bit too long, so I'll wish you all a Happy Fourth

of July and encourage you to look up the poem written a long time ago that begins "There was tumult in the city of that quaint old Quaker town. The streets were rife with people pacing restless up and down- People gathered at the corners where they whispered each to each, while the sweat stood on their temples with the earnestness of speech. Will they do it? Dare they do it?" Etc. Etc. Etc. See if you can find it, I'm pretty sure you will love it,

Have a great summer!! See you around the corner - Bernice

What started out to be just another ho-hum column last time turned out to be a really fun one for me!



Around THE CORNER

by Bernice REMBER
Columnist

A couple I had never met before, Richard and Arlene Outstretch (I hope that is how they spelled their name) of Parowan, came by with a whole book of poetry written by Robert W. Service who was the author of "The Cremation of Sam McGee," the poem I was looking for. They even took the time to go to the public library, get a copy of his Book of Poems and bring it back to me! And then, while we were just visiting, Arlene remembered she had worked in the Curio Shop at Zion Lodge when Bud and I were managers

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Calendar

Wed, July 11

CEDAR CITY COUNCIL, 5:30 p.m., council chambers

TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 a.m. to 1 p.m., located at 2569 Freeway Drive between Rally Stop and the Travelodge. Rides available at no charge, leaving the Main Street Pavilion by the library at 11:30 a.m. and returning to same location after the meal. Look for the Sunrise Christian Fellowship van.

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

BAND: COLOR COUNTRY WINDS, 7 p.m., Presbyterian Community Church, 2279 North Wedgewood Lane. Brush up on your band skills to share with the community.

TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park, For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

DOMESTIC VIOLENCE SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

ALCOHOLICS ANONYMOUS, 7 to 8 p.m., Parowan United Methodist Church social hall, 190 N. Main St.

ALCOHOLICS ANONYMOUS, 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

NARCOTICS ANONYMOUS JUST FOR TODAY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

WATER AEROBICS CLASS, 8 a.m., SUU pool. Fun, up tempo workout to current pop hits. The class is medium to high intensity and includes full body toning. Can be modified to any fitness level. Perfect for those with knee, hit or joint injuries. Cost is \$16 a month which includes pool admission. Free trial class. More info from Allison at 435-327-2091.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

PAROWAN CITY COUNCIL, 6 p.m., city offices

PARKINSON'S SUPPORT GROUP, 2:30 p.m., Brookdale Senior Health Center, 995 S. Regency Road, Cedar City.

BIKERS AGAINST CHILD ABUSE COLOR COUNTRY CHAPTER MEETING, 7:30 p.m., 593 N. 1450 West, Cedar City.

CEDAR CITY LIBRARY BOOK CLUB, 7 p.m., Cedar City Library in the Park.

Fri, July 13

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

NARCOTICS ANONYMOUS LIVE AND LET LIVE, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

Sat, July 14

YEAR ROUND FARMERS MARKET, every Saturday rain or shine, 9 a.m. to noon in the parking lot across from Pastry Pub. Local vegetables, greens, fruit, herbs, baked goods, artisan cheese, live plants, flowers, jams, raw honey, farm fresh eggs, and more. Also every Wednesday, same location, 4 to 7 p.m.

SATURDAY MARKET, 9am-1pm every Sat. @ IFA, 905 S. Main. Good weather outside - bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For more info call 435-463-3735.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA, 6:30 p.m. AA BB Study, and 8 p.m. My Story speaker meeting, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

MARINE CORPS LEAGUE DETACHMENT 1315 MONTHLY MEETING, Springhill Suites, 1477 Old. Highway 91, Cedar City. Veterans of all services are welcome.

SOUTHERN UTAH WOODTURNERS, 9 a.m., Cedar High School woodshop, 703 W. 600 South, Cedar City.

ORDER OF THE EASTERN STAR MONTHLY MEETING, 11 a.m. Call Kim Fiero for meeting information at 435-867-6222.

Sun, July 15

ALCOHOLICS ANONYMOUS, 11 a.m. (TGISS) AA and 6:30 p.m. 12x12 Book Study, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

NARCOTICS ANONYMOUS, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For Information, call (877) 865-5890.

COMMUNITY MINDFULNESS MEDITATION, 4 p.m., St. Judes Episcopal Church, 89 North 200 West, Cedar City. This is facilitated by Amber Gower. This is a guided meditation open to the public. It is non denominational and free to all looking for guidance in group meditation. Phone 435-590-4092 for more information.

Mon, July 16

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

RED ROAD TO SOBRIETY/AA MEETING, open meeting, 6 p.m., Paiute Indian Tribe of Utah, 440 N. Paiute Drive, Cedar City. For more information call Chris at 586-1112 ext. 307.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

NARCOTICS ANONYMOUS MONDAY NIGHT BASIC TEXT STUDY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m. Call 435-865-1387 for an appointment. Accepts Medicaid, Medicare and all private insurances.

WOMEN'S AA OPEN CANDLELIGHT MEETING, 5 to 6 p.m., KKCB clubhouse, 1067 S. Main, Cedar City. All are welcome. For more information, call 435-559-7777.

Tues, July 17

STORY TIME AT THE FRONTIER HOMESTEAD STATE PARK, 10 a.m., an opportunity for preschool children to learn about the past through stories and history-related activities, story time is free thanks to the support of the Cedar City-Brian Head Tourism Bureau.

CEDAR CITY ROTARY CLUB WEEKLY MEETING, noon, Southwest Applied Technology College, 510 W. 810 South in Cedar City, for more information call (435) 865-7637.

IMMUNIZATIONS/WIC/VITAL RECORDS, 1 to 5:30 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

RAPE AND SEXUAL ASSAULT SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

AL-ANON "EASY DOES IT," 7 to 8 p.m., Community Presbyterian Church, 2279 N. Wedgewood Lane, Cedar City, for more information call (435) 531-1045.

AL-ANON, 7 to 8 p.m., Parowan Senior Center.

ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, noon, Cedar Bowling Center, 421 E. Highway 91, Cedar City.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA, 6 p.m. AA Misfits and 8 p.m. AA Cedar Group, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

WATER AEROBICS CLASS, 8 a.m., SUU pool. Fun, up tempo workout to current pop hits. The class is medium to high intensity and includes full body toning. Can be modified to any fitness level. Perfect for those with knee, hit or joint injuries. Cost is \$16 a month which includes pool admission. Free trial class. More info from Allison at 435-327-2091.

CEDAR CITY COMMUNITY CLINIC, 10 a.m. to 7 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

CEDAR CITY LION'S CLUB, noon to 1 p.m., Happy Factory, 895 N. 2175 West, Cedar City. For more information, visit www.lionsclubs.org.

Wed, July 18

CEDAR CITY COUNCIL, 5:30 p.m., council chambers

TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 a.m. to 1 p.m., located at 2569 Freeway Drive between Rally Stop and the Travelodge. Rides available at no charge, leaving the Main Street Pavilion by the library at 11:30 a.m. and returning to same location after the meal. Look for the Sunrise Christian Fellowship van.

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

BAND: COLOR COUNTRY WINDS, 7 p.m., Presbyterian Community Church, 2279 North Wedgewood Lane. Brush up on your band skills to share with the community.

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DOMESTIC VIOLENCE SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

ALCOHOLICS ANONYMOUS, 7 to 8 p.m., Parowan United Methodist Church social hall, 190 N. Main St.

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NARCOTICS ANONYMOUS JUST FOR TODAY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

ENOCH CITY COUNCIL, 6 p.m., city offices.

Thurs, July 12

NAMI BRIDGES & FAMILY TO FAMILY CLASSES (FREE), 7 P.M., Southwest Behavioral Health Center, 245 East 680 South, Cedar City. To enroll, call Robert (435) 590-7749 or Rosie (435) 590-0880.

CEDAR CHEST QUILTERS' GUILD, 10 a.m., Cedar City Senior Center, 489 East 200 South.

COLOR COUNTRY COMMUNICATORS, Cedar City Toastmasters, 7 a.m. 86 W. University Blvd. Find your voice. Shape your future. Be the leader and speaker you want to be.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Dept., 260 E. DL Sargent Drive, Cedar City. Call 435-586-2437 with questions.

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, noon, Cedar Bowling Center, 421 E. Highway 91.

AL-ANON - "AFFECTED BY SOMEONE'S ADDICTION OR DRINKING? AL-ANON CAN HELP." 7-8 P.M., Cedar City Library in the Park, 303 N. 100 East, Cedar City. More info at 435-531-1045.

NARCOTICS ANONYMOUS, 8 p.m., The Meeting Hall, 1067 S. Main. More info at 877-865-5890.



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www.smithfieldfoods.com

Herd Technician
Excellent career opportunity. Starting at \$12/hr. with certification advancements to \$13/hr. within the first year of employment. Full-time positions with great benefits!

For additional details, requirements and to apply, visit www.smithfieldfoods.com/hogproduction


FREE Child Developmental Screenings

For children 3 & 4 years old

Iron County

Parowan Head Start JUNE 20th 11-5pm 55 S 300 E Parowan, UT 84761	Cedar City Fiddlers Center JULY 11th 12-6pm 1830 N Main St. Cedar City, UT 84721	Cedar City Main Center JULY 18th 11-5pm 2390 W Highway 56 #1 Cedar City, UT 84720
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BY APPOINTMENT (walk-ins welcome)
Call (435) 586-6070 to Schedule



HEAD START PRESCHOOL

Go the distance

Have you taken your summer vacation yet? Did you go visit family members that you haven't seen in a while? Maybe you took a family road-trip to help reconnect and reminisce about the great gifts that are your familial relationships. Whatever you did, or are going to do this summer, there will probably be some form of travel, or distance involved.

Distance, and its relative, Time, are often the dictators and detours of our desires, destinations, and devotions. We can miss out on many wonderful opportunities for life, and even love, because we let distance dictate our decisions, our motivations and our actions.

Real love (familial, marital, etc.) goes far beyond logistics. Miles mean nothing when you know a loved one is waiting at the end of them; no matter how far, or long the journey. Yes, distance is daunting, but why can't love also be given more authority and priority in your life?

Speaking of distance and love, despite the statistics of long-distance relationships, they can work—if you're both willing to work at them. Distance is temporary. Sure, it's great to date someone nearby, but does that mean you shouldn't try if love comes along and they don't happen to be the girl or guy next door? As long as you're both working towards closing the distance gap, love will make all the difference.

Too many people give up on the best things in their lives because they're focusing on what the mirror, scale,



The Rut LESS TRAVELED

by Corey BAUMGARTNER

Miles mean nothing when you know a loved one is waiting at the end of them

or the map says. When you love someone then really love them. I know you wish you could hold their hand, or feel their arms around you more often, but distance is only time and time is temporary. With today's technology, people can be more connected with their families and other loved ones more often than people who lived barely fifteen years ago could connect! We just have to be willing to go the distance for what we truly desire. Not only the physical distance, but the emotional and spiritual distances, also.

Going the distance isn't about the miles. It's about living and fighting for who and what you love and believe in. Sometimes, the best people and opportunities in your life are closer than you think. Distance shouldn't matter when you are family. Sure, it hurts to be away at the holidays, or when you can't be there for special occasions. Technology can help make the distance bearable and crossable.

When you love someone, let them know in any and every way you can. Don't let logistics and statistics—or technological troubles—keep you stuck, or stagnant on your journey of life and love. If everyone is willing to work towards creating more smiles, until there are less miles, then that's enough to make things work. Don't let distance dictate your decisions, or your destiny. What, or who, do you want most in your life? Perhaps it's time to go the distance.

coreybaumgartner@hotmail.com

People

Weddings

Bryson-Crook

Aubrey Rose Bryson, the daughter of Tom and Sharon Bryson of Cedar City, Utah, and Kody James Crook, son of Alan and Michele Crook of Coos Bay, Oregon, will be married on July 14, 2018 in the Payson, Utah temple. A reception will be held that evening from 7-8:30 p.m. at the BYU Skyroom. The couple will reside in Portland,



Oregon, where Kody will attend dental school at OHSU.



Kamachi-Winn

Scott and Nancy Kamachi are pleased to announce the marriage of their daughter Katlin Mae Kamachi to Bracken Jason Winn, son of Jason and Leslie Winn. The couple will be married July 14, 2018. Please join us for a reception that night from 7 to 9 p.m. at 676 S. Azalea Circle, Cedar City, Utah. The couple is registered at Amazon and Target.

Birth

Kohen Kate Shaheen

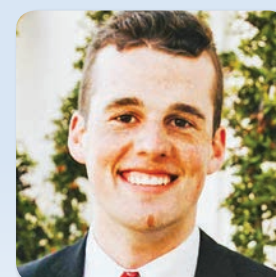
Kohen Kate Shaheen, daughter of Hunter and Stephanie Shaheen of Cedar City, was born on June 12, 2018 at 3:46 p.m. She weighed 6 lbs. 6 oz. and was 18 inches long. Grandparents are Tom and Carol Walker of Cedar City and Larry and MiShele Shaheen of Salina. Kohen's siblings are Nixon (age 6) and Hudson (age 3).



Missions

Elder Brown

Elder Max Joseph Brown, son of John and Lisa Brown, has been called to serve in the Arequipa Peru Mission for The Church of Jesus Christ of Latter-day Saints. Max will be speaking in the Enoch 2nd Ward on July 15 at 11 a.m. at the Enoch Chapel, 451 East Midvalley Road, Enoch.

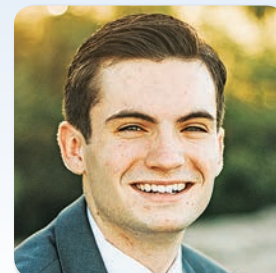


Elder Curry

Cole Curry has been called to serve a service mission in the QRS Department at LDS Church Headquarters. He reported on June 19, 2018. He returned to South Mountain Ward to speak in sacrament meeting on July 8, 2018, at 9 a.m.


Elder DeLaigle

Joshua Franklin DeLaigle has been called to serve as a missionary for The Church of Jesus Christ of Latter-day Saints. He will be serving in the Antofagasta, Chile mission. His farewell will be July 15 in the Enoch building located at 555 East Midvalley Road in Enoch at 1 p.m.



There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements. Announcements can be submitted online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon for the following week's issue. Announcements should be 100 words or less. Please call 435-867-1865 ext. 5 for pricing for all other announcements.

**FREE
DIABETIC CLASSES**
for Patients & Families





Next Meeting
Topic:
**Diabetic
Neuropathy**

When:
1 hour a month.
Every 3rd Thursday at
7pm.

Where:
Bulloch Drug Store
91 N. Main Street
435-586-9651

Our next meeting will be held on:
Thursday, July 19, 2018





Q Are you good enough for Heaven?
A Visit our booth at July Jamboree or our website to find out.
Romans 3:10-26 | Philippians 3:8-9



New Life CHURCH

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UNCHANGING WORD *of* GOD



SUNDAYS | 10AM

SPRINGHILL SUITES CONFERENCE ROOM

1477 South Old Hwy 91, Cedar City
435.233.0047 | www.newlifechurchcc.org

Man's service to country, community fills long, full life

by Louise R. **SHAW**
For Iron County Today

LAYTON — When you've lived over 100 years, you've got lots of stories to tell.

And when you're Grant Keeler, those stories are filled with service to country and church and family.

Keeler, who once lived and worked in Cedar City, now lives in a quiet spot in Layton, surrounded by fruit trees and flowers in a home filled with memories, where he spends a lot of time reading.

But life wasn't always quiet. He was a pilot in World War II and Vietnam and the years between. He was a prisoner of war in Germany. He and his wife Raola "Rae" raised five children.

For his life and contributions, the Layton resident will be honored at this summer's Stadium of Fire in Provo.

But that's getting ahead of the stories.

Keeler was born in Utah County in — yes — 1918. June 21 to be precise.

After seeing barn stormers at a county fair, he became determined to learn to fly and went to Southern California to work in the aviation industry. It was there he met his wife, who was also working in the aircraft industry at the time.

After seeing a newsreel featuring Jimmy Stewart in "a brand new captain's uniform," he "drove to Los Angeles and joined the Army Air Corps."

That began a 28-year career in the service, a career flying and maintaining planes that would take him to war in Europe and Vietnam, and to positions in Colorado and Minnesota and more.

During World War II, he was shot down twice. The first time he was able to land his B-17 crew of 10 in friendly territory.

The second time, Nov. 4, 1944, he ended up in Stalag Luft III, on the border of East Germany and Poland for six months. It was the same camp where, the year before, prisoners had attempted what has become known as the "Great Escape."

"I learned to appreciate good food," he says of his experience in the prison camp. The fresh, white bread he was given after his release remains to this day "the best I've ever eaten."

He tells of being liberated by General Patton's Seventh Army on April 29 of the next year, of getting new, clean clothing, meeting Gen. Eisenhower and then returning to the United States that July.

Keeler decided after a 30-day leave, to remain in the Air Force and was sent to aircraft maintenance officer school in Illinois.

In September of 1948, he returned to Germany, this time to track the air lift planes going in and out of Berlin during the Berlin Air Lift.

When back in the United States in 1951, he was assigned to the Air Defense Command at Ft. Snelling in Minneapolis, Minn., then to assignments in Washington, D.C., and Colorado Springs, Colo.

He remembers flying an ADC general to the Florida Keys during the Cuban Missile Crisis.

He tells of going to Taiwan as part of a military assistance group to the Chinese Air Force.

And then came Vietnam, where he arrived in

March of 1970 as a squadron commander for a Forward Air Control squadron.

When remembering those years, he tells of having to change out of his uniform before returning home to Colorado, since so many in the country were opposed to the U.S. involvement in the war.

A quick look through a treasured scrapbook shows evidence of the service he gave his country: a certificate for the Legion of Merit, an article about Wisconsin residents being concerned by the sonic booms made when Keeler and his pilots flew faster than the speed of sound, a photo taken as he's climbing in his plane in a pressure suit, a telegram sent to his wife reporting him missing in action in Germany, another letting her know he was a prisoner of war. "My main interest was flying," says Keeler now, "but I'm gratified that we were able to help our country maintain the freedoms that we enjoy."

After retiring from the service in 1972, the Keelers ran a hotel in Cedar City, then Keeler did "odd electrical wiring jobs" in Utah County. They served an LDS mission to Dublin, Ireland in 1984 and in 1991 moved to Layton, where he began volunteering in the pharmacy at Hill.

He was named Volunteer of the Year in 2007 and continued his service there until five years ago — at age 95.

His wife died of cancer in 2003. He has outlived three of his five children.

For Kathie Keeler, a daughter, her father has been an example not only of service, but of empathy.

"He taught us the importance of accepting everyone regardless of their skin color, their sex, their race, their outlook," she said. "Because he'd been living all over the world, he really developed an inclusive and respectful outlook."

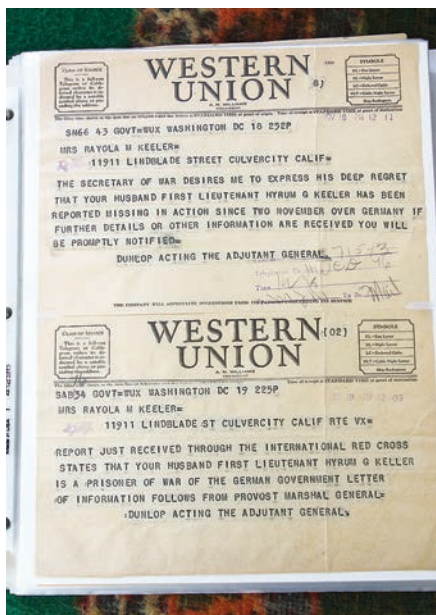
She and her brother are very proud of their dad, she said.

"I really believe his military service was his calling in life," she said. "It was so important not only to his purpose in living but an important contribution to the entire world."

It's been "a rather diverse life," Keeler says of his going-on-100 years. "I was born in a warm and friendly family and have had good friends throughout life," he said. "I'm grateful for every bit of it."



GRANT KEELER AGAIN WEARS THE UNIFORM representing his decades of military service. He will turn 100 in June.



COURTESY PHOTOS

TELEGRAMS SENT TO KEELER'S WIFE help tell one of the stories of his life.

Obituaries

Michael Simkins



Michael Simkins, 76, passed away after a short illness with his family beside him, June 30, 2018 in Kaysville, Utah. He was born March 28, 1942 to Vergene and Grace Simkins. Married Shanna Rae Hunt in the Manti LDS Temple.

They have five children.

Mike served an LDS Mission to the East Central States and recently served with his wife on a Guide Service mission three years at the Salt Lake City Temple Square.

Mike is survived by his wife, Shanna; children Scott (Deani) Simkins, Sherry (Scott) Wilde, Cindi (Ryan) Schut, Launa (Jason) Turnbow, Jennifer (Brady)

Rowley, 21 grandchildren and 5 great-grandchildren. Siblings Shirley (Jerry - deceased) Miller, Janice (Dick) Milne, Jeannie (Wally) Boggess, and Gary (Diana) Simkins.

Funeral services were held on Saturday, July 7, 2018 at 11 a.m. at the LDS Wellington Ward Chapel on 235 N. Bonneville Lane in Kaysville, Utah. Family and friends called Friday evening July 6, 2018 from 6-8 pm and from 9:30-10:30 Saturday morning before funeral services at the same location.

Interment was held at the Mountain View Memorial Estates 3115 E. Bengal Blvd. Cottonwood Heights, Utah 84121.

Bob Kitchens



Bob Kitchens, beloved husband, father, grandfather and uncle, passed away peacefully in his sleep on June 9, 2018. He was born on May 12, 1935 in Augusta, Georgia to Marion James Kitchens and Jessie Denham. He married Cecilia Dulco on May 30, 1954.

Bob was in the Navy and served at the Hickam Air Force Base in Hawaii. During his career he worked at Lockheed and retired at age 55. He later moved to Utah and fell in love with the area. He was an avid hunter and fisherman.

Bob, you will always be loved and in the hearts of your wife Cecilia and your

daughters Anne and Susan.

Online condolences can be sent to www.affordablefuneralservices.com

Isabel Gimenez de Prieto



My dear mother, Isabel Prieto, passed away on July 7, 2018 at the age of 92 years old in Parowan, Utah. Born in Rosario, Argentina on April 19, 1926 to her parents Maximiliano Gimenez and Natalia Lopez, both immigrants from Spain. She grew up in the city of Rosario and married her husband Angel Prieto on April 22, 1950. They lived in Rosario until February 1980 when she and her husband immigrated to the United States to stay close to their only daughter. They had a wonderful life together.

Isabel was an accomplished seamstress, but she loved knitting more

than anything. She made numerous blankets, sweaters, hats, scarfs for grandchildren, great-grandchildren, other family members and friends. She entered many of the items she knitted in the Iron County Fair through the years getting sweepstakes and blue ribbons.

She became a member of The Church of Jesus Christ of Latter-day Saints on March 1950, just one month before she got married. The baptism was performed by her future husband. She served in about every calling in the church, most of the time in the Relief Society. She loved being a visiting teacher and many times she brought me along with her when I was a child.

She had one daughter, eight grandchildren and 20 great-grandchildren. She loved her family very much and her family loved her.

She is survived by her daughter Silvia Page, her son-in-law Leland Page, grandchildren Lalena Taylor (Brent), Natalie Roach (Matthew), Garritt Page (Elizabeth), Daniel Page (Michelle), Benjamin Page (Ruth), Seth Page (Daisy) and Amy Dow (Cory), and 19 great-grandchildren.

She is preceded in death by her husband, her parents, brothers Jose and Placido, sister Elida, granddaughter Marisa and great-granddaughter Isabel Rose.

Funeral services will be held on Friday, July 13 2018, at 1 p.m. in the Parowan Stake Center (90 S Main, Parowan, UT). A viewing will be held on Friday, July 13, from 11:30 a.m. to 12:30 p.m. in the Relief Society room of the Parowan Stake Center. Interment will be in the Parowan City Cemetery, under the direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com.

The family wished to express gratitude to the nurses from Intermountain Home Care and Hospice for the loving care shown to my mother during the last six months of her life.

WEDNESDAY, JULY 11, 2018



CORONADO to COMPETE

THE INTERNATIONAL FINALS YOUTH RODEO IN OKLAHOMA IS UNDERWAY. Kanarrville's McKenna Coronado is among the competitors.

Kanarrville resident headed to International Finals Youth Rodeo

SHAWNEE, Okla.— McKenna Coronado of Kanarrville is competing in the 26th annual International Finals Youth Rodeo that runs through July 13 at the Heart of Oklahoma Exposition Center in Shawnee, Oklahoma.

Coronado is participating in the world's richest youth rodeo, hoping to win her share of more than \$250,000 in prize money and championship saddles and buckles.

Coronado joined more than 850 of the top high school rodeo athletes from around the world for the 2018 IFYR. She is vying for prizes in barrel racing, pole bending and breakaway roping.

Contestants will compete in 10 events running simultaneously in three arenas throughout the week. Events include barrel racing, pole

bending, breakaway roping, goat tying, team roping, tie-down roping, steer wrestling, bull riding, saddle bronc riding and bareback riding. The IFYR consists of two long go-rounds

“The International Finals Youth Rodeo attracts the best youth rodeo athletes in the world”

— Chris Dunlap, IFYR

and a short go. All contestants compete once in each of the long go-rounds. The top 15 averages in each event will compete in the short go finals on Friday.

“The International Finals Youth Rodeo attracts the best youth rodeo athletes in the world,” said Chris Dunlap, assistant director of the Heart of Oklahoma Exposition Center and

International Finals Youth Rodeo. “The IFYR was developed to provide a professional level competition to high school athletes and now, more than two decades later, the IFYR is where any hopeful rodeo champion wants to be and be seen.”

The International Finals Youth Rodeo, held annually since 1993, is a 501 (c)3 non-profit organization that presents top high school athletes with a professional rodeo. In 2017, more than 920 contestants and their families traveled from 34 states and Australia to participate in the IFYR. For more information, visit IFYR.com or call (405) 275-7020.

Bowler sweeps to trio of titles at wrestling tournament

by Tom ZULEWSKI
Iron County Today

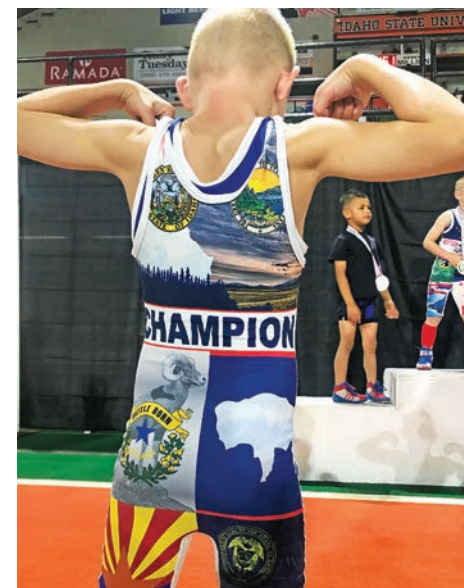
Cedar City resident Jaxton Bowler wrestled his way to three titles at the Western States Championships that were held in Pocatello, Idaho on June 18-20. Bowler swept to gold medals in Greco-Roman, Folkstyle and Freestyle divisions.

Bowler also won a singlet for his win in Freestyle to represent all of the Western states. He competed against youth from Hawaii, Montana, Idaho, Washington, California and Nevada.



PHOTOS COURTESY OF KATIE BOWLER

JAXTON BOWLER WON THREE TITLES at the Western States Championships in Idaho last month. He is shown with his coach.



A midsummer week's sports dream



RANDOM Thoughts

by Tom ZULEWSKI
Sports Writer

With the July 4th holiday in the rear-view mirror, the sports landscape has a bit of a barren feel to it right now. It's the middle of summer, but the stories aren't as plentiful.

Fear not, weary traveler. We may live in a land of the random, but there's enough out there to leave with a satisfied feeling.

» **The Cedar National majors girls softball team** has returned to the Little League Softball West Regional that starts July 21 in San Bernardino, Calif. The defending champions return to defend their title and will open against a team from Hawaii in a 10 a.m. start.

For the first time, all of the games at the regional through the championship July 26 will be streamed through the new ESPN Plus service. A seven-day free trial is available via the ESPN app.

Led by the pitching of Michaela Whitehair, Cedar National held the opposition to just three unearned runs over the course of the state All-Star tournament. If they can get the timely hits to go with the pitching, the potential is there for the team to be contenders for a return trip to Portland, Oregon, for the Little League Softball World Series.

» **In the search for good sports programming** to watch on television, you can't help but wonder if the July 4 Nathan's Hot Dog Eating contest has worn out its welcome on ESPN. I stopped watching a few years back when Paul Page had a very interesting descriptive word to describe Takeru Kobayashi when he clearly couldn't handle the volume of what he was eating anymore.

Page called it a "reversal," but those of us with more normal eating sensibilities saw it for what it was. Kobayashi vomited, and it was clearly shown on-air.

No words could wrestle away the queasy feeling that came from the moment.

» **On a related note:** Two thought schools are out there on some things I've seen recently. I had no idea cornhole championships were worthy of TV time, and darts definitely make for intriguing viewing.

If you haven't seen the game of cornhole, you're basically throwing a bean bag from one end and aiming for the "cornhole" that sits on an elevated platform 27 feet away at the other. If the bean bag sits on the playing surface after the players have finished, it's worth one point. All cornholes are worth three.

Only one player scores in a frame, and the first to 21 wins.

But in darts, you're throwing at a board that has a few more targets and a lot more points. I caught some of the U.S. Darts Masters final that was held at Mandalay Bay in Las Vegas on July 7, and the action was riveting.

The mission of the players is simple. Score exactly 501 points to win and win eight of 15 "legs" to advance. When we got to the final, it had a comeback of pretty tremendous proportions.

Scottish player Gary Anderson trailed American Rob Cross by a 4-1 count, but rallied with seven straight legs to claim the title and a payday of \$26,576, equal to 20,000 British pounds.

Not bad for throwing three darts at a time. It's always nice work if you can get it.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

SUU 91st among D-1 programs

by SUU ATHLETICS STRATEGIC COMMUNICATION

For Iron County Today

CEDAR CITY — Southern Utah University has ended season as one of the top-100 Division I teams in the 2017-18 Learfield Directors' Cup Standings, earning the 91st spot in the nation.

The Director's Cup tracks the nation's most successful intercollegiate athletics program for their performances throughout the year.

"This is an accomplishment that we are all incredibly proud of," SUU Athletic Director Debbie Corum said. "It shows that we're making the right steps as a department to not only be competitive in the Big Sky and the state of Utah, but the entire NCAA."

Southern Utah was the second Big Sky Conference team in the

Directors' Cup standings, behind only Northern Arizona who finished in 70th. The next closest Big Sky team to Southern Utah was Northern Colorado in 188th.

Big Sky and in-state rival Weber State finished 201st in the standings. SUU also finished ahead of Utah Valley University, who landed in 211th.

In regards to teams with FCS designation, the Thunderbirds were 13th in the nation.

Southern Utah's placement was strongly boosted by the men's cross country, football, men's indoor track and field and gymnastics programs for their

national finish amongst the other top teams in the NCAA.

The Learfield Directors' Cup was developed as a joint effort between the National Association of Collegiate Directors of Athletics (NACDA) and USA Today. Points are awarded based on each institution's finish in NCAA Championships. Complete standings and the scoring structure can be found on NACDA's website at www.directorscup.org. In addition, please visit www.thedirectorscup.com, like us on Facebook at facebook.com/ldirectorscup or follow us on Twitter @ldirectorscup.

"This is an accomplishment that we are all incredibly proud of"

— Debbie Corum, SUU AD

Two Thunderbirds earn Big Sky academic honors

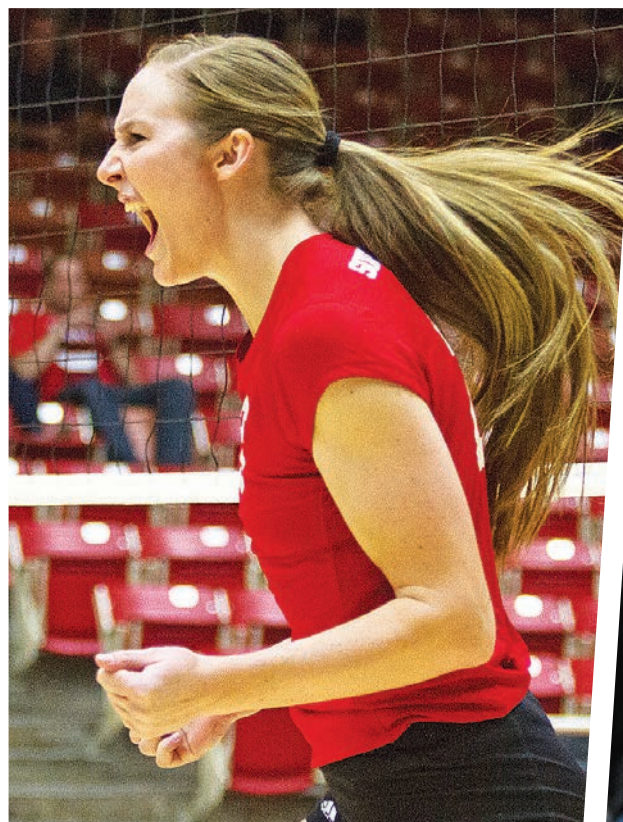
CEDAR CITY — SUU Thunderbirds MaCail Evans and Matthew Wright have been named 2018 Scholar-Athletes of the Year by the Big Sky Conference.

To qualify for the award, a student-athlete must have a minimum grade-point-average of 3.2 (on a 4.0 scale), be a member of the graduating class and/or have completed their last year of intercollegiate athletic eligibility, have completed at least two years of intercollegiate competition and be a letter winner in their respective sport.

Evans, a former Thunderbird volleyball player from Minersville, Utah, was a force for the Thunderbirds last season. She appeared in all 110 sets for the

Thunderbirds, and finished second on the team with 244 kills. She also had 136 total blocks during the 2017 campaign. She also became sixth all-time in SUU history in terms of total blocks.

Wright ran on the national stage for the Thunderbirds multiple times during his career, running at the NCAA Cross Country National Championships in both 2016 and 2017. He also ran at NCAA West Prelims during the 2017 Outdoor season, and ran at the NCAA Mountain Region Cross Country Championships twice. The Enoch native left Southern Utah as a six-time medalist at various Big Sky Conference Track & Field Championship meets.



MACAIL EVANS



MATTHEW WRIGHT

PHOTOS COURTESY OF SUU

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4 Weeks \$.10/word - 30 Words - \$9.00. More than 30 words - \$.10/word

Submit your classified ads at www.ironcountytoday.com or fax them to 867-1866 or call 867-1865 ext. 1.

DEADLINE TO PLACE ADS IS FRIDAY AT NOON

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CHESTER DRAWER & 2 large bar chairs, wheel chair, BBQ (propane or gas), vacation trailer with 1 jack & rear view mirrors. Call for information. 435-233-5255.

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IRON COUNTY **today**

Comics & Puzzles

WEDNESDAY, JULY 11, 2018

Amber Waves

by Dave T. Phipps



R.F.D.

by Mike Marland



The Spats

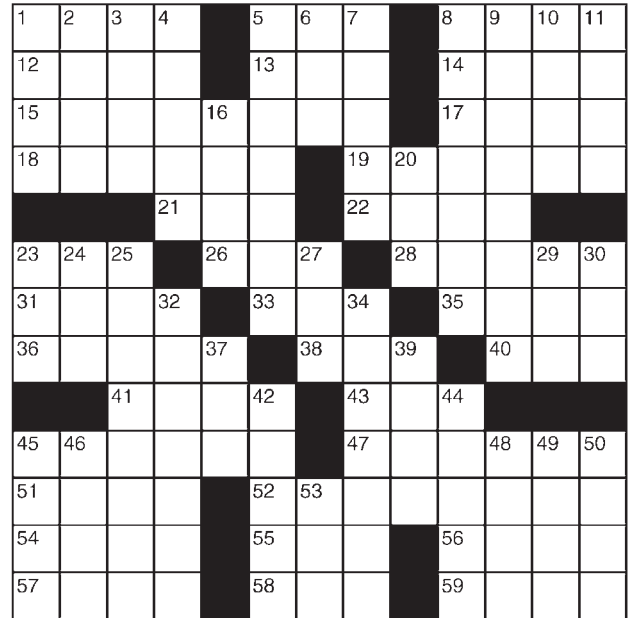
by Jeff Pickering



King Crossword

ACROSS

- 1 Departed
- 5 "Gosh!"
- 8 Capri or Wight
- 12 Wheelbase terminus
- 13 Scepter
- 14 Mast
- 15 Punishing, in a way
- 17 Erstwhile acorns
- 18 Fares, at times
- 19 British P.M., 1945-51
- 21 "— the season ..."
- 22 Crucifix
- 23 Lived
- 26 AAA job
- 28 Grand tales
- 31 Rose fruit
- 33 Unruly bunch
- 35 Within (Pref.)
- 36 Give a speech
- 38 Kids' card game
- 40 Understand
- 41 Hear the alarm
- 43 Decay
- 45 Film festival city
- 47 Rock concert staffer
- 51 Low-pH
- 52 Sending unwanted



- 9 Big name in sporting goods
- 10 Victoria, for one
- 11 Gaelic
- 16 Make booties
- 20 Sock part
- 23 Personal question?
- 24 Atmosphere
- 25 Generating
- 27 "Holy mackerel!"
- 29 B-F link
- 30 Drunkard
- 32 Stunt double, e.g.
- 34 Rapid out-pouring
- 37 — out a living
- 39 Space
- 42 German city
- 44 Domesticates
- 45 Lot wares
- 46 Antioxidant berry
- 48 "Thank You" singer
- 49 Race place
- 50 Hollywood clashers
- 53 Opposite of "post-"

DOWN

- 1 Final
- 2 World's fair
- 3 Antiaircraft fire
- 4 Doctrine
- 5 Astronaut Gus
- 6 A billion years
- 7 — Allan Poe
- 8 U-235, e.g.

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Weekly SUDOKU

by Linda Thistle

1		7		3		8		
	4		7					2
	6		9		3			5
		8		2		4		
4			7		6			
	1		5					7
6	9		2					5
		3	9					1
5				6	2			8

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTIHOFF

Find at least six differences in details between panels.

Differences: 1. Bow is smaller; 2. Sleeve cuff is missing; 3. Cornerstone is missing; 4. Book is reversed; 5. Hat is missing; 6. Cap is missing.

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8	6	2	9	4	3	1	7	5
9	1	4	7	5	6	3	8	2
3	5	7	8	2	1	4	6	9
7	2	8	4	3	5	9	1	6
1	3	9	6	7	8	5	2	4
6	4	5	2	1	9	8	3	7
5	7	3	1	6	4	2	9	8
2	9	1	5	8	7	6	3	4
4	8	4	9	3	9	7	2	1

Answer

Weekly SUDOKU

S	O	S	E	N	I	N	S	I	G
O	D	E	R	G	E	R	I	R	A
G	I	N	G	A	C	I	D	A	C
E	S	A	M	A	M	A	D	I	E
T	O	T	R	O	T	M	A	K	E
T	O	R	A	T	E	W	A	R	O
O	N	D	E	M	O	B	A	L	I
S	A	S	T	O	F	E	P	I	C
O	D	O	R	O	T	I	S	T	I
E	E	A	T	S	K	E	N	S	A
S	A	K	S	O	A	K	S	A	K
A	L	E	R	O	D	S	P	A	H
E	L	E	F	T	G	E	I	S	L

Solution time: 25 mins.

Answers

King Crossword

Trivia test

by Fifi Rodriguez

- TELEVISION: Who is the current host of the "Family Feud" game show?
- ART: What is the only work of Michelangelo's that bears his signature?
- INVENTIONS: Who developed and patented the electric telegraph in the United States in 1837?
- GEOGRAPHY: What is the capital of South Dakota?
- LANGUAGE: What letters end a gerund in the English language?
- GENERAL KNOWLEDGE: What is the common term for bovine spongiform encephalopathy?
- U.S. PRESIDENTS: How many vice presidents served with President Franklin D. Roosevelt during his four terms?
- U.S. STATES: Which state was once an independent sovereign nation?
- ASTRONOMY: How old is the sun in our solar system?
- GAMES: How many chance spaces are on a Monopoly board?

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Trivia Test Answers:
1. Steve Harvey; 2. "The Pieta"; 3. Samuel Morse; 4. Pierre; 5. "ing"; 6. Mad cow disease; 7. Three: John Nance Garner, Henry Agard Wallace and Harry S. Truman; 8. The Republic of Texas; 9. About 4.6 billion years; 10. Three

YOU'RE INVITED

Dinner at the Courtyard The Doctor Speaks on Dementia

➔ **July 26th at 5:00pm** ➔

Courtyard Marriott

1294 S. Interstate Dr., Cedar City, UT 84720

Limited Seating; RSVP Required

"Everyone knows someone who is a cancer survivor, but no one knows an Alzheimer's survivor."

– Dr. Bredesen

Who This Event Is For:

1. If you are over the age of 50
2. If your doctor has ever told you that you were diabetic
3. If you have high blood pressure
4. If you sometimes have difficulty hearing
5. If you are retired without a driving purpose
6. If you forget more than you used to, or find it hard at times to recall the right words or names of people you know well
7. If any of the above apply to you, a loved one, or neighbor we look forward to seeing you and them at this Dementia Education Dinner

Learn The

#1 Most Modifiable Risk Factor for Preventing Dementia

Presented By:

Dr. Jacob Burrows, AuD

Southern Utah's Leading Expert on the Cognitive Benefits of Medically Treating Hearing Loss, Tinnitus, and Balance and a Director of Audiology for Intermountain Audiology

Dr. Burrows works and studies closely with **Dr. Keith Darrow, PhD, the Only Harvard and M.I.T. Trained Neuroscientist practicing audiology in America** and the Amazon Best-Selling Author of *"Stop Living In Isolation"* which will be our gift to you for attending.



Reserve Your Seat at:

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