

Inside

ATOMIC TESTING EFFECTS STILL FELT IN IRON COUNTY



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Porn addiction: an assault of the mind and body

Editor's Note: April is Sexual Assault Awareness Month. This is the second in a series of articles discussing the topic of relationship assault in many forms.

by Tom **HARALDSEN**
Managing Editor

Let's call pornography what it is—a form of sexual assault. Like any addiction, porn can lead to physical and mental problems, can destroy relationships, and can financially impact the addict as well as their families for years to come. There are no “single” victims of a porn addiction—those who love or even associate with the addict are victimized as well.

There's no shortage of those who've been affected by this societal cancer, even here in Zion. The addicts and their victims are more than willing to share their stories, but only once they begin to see the tide turned toward recovery. In each instance, the names of two families I spoke with have been changed to protect their identities.

For one young woman, Sheryl, now in her mid-30s, she discovered her husband's addiction when “our patterns of romance changed,” she said. “When we got married, he was so tender and gentle and thoughtful as a partner. But I could see that his level of aggressiveness changed. He even told me, ‘What used to be satisfying no longer is to me.’”

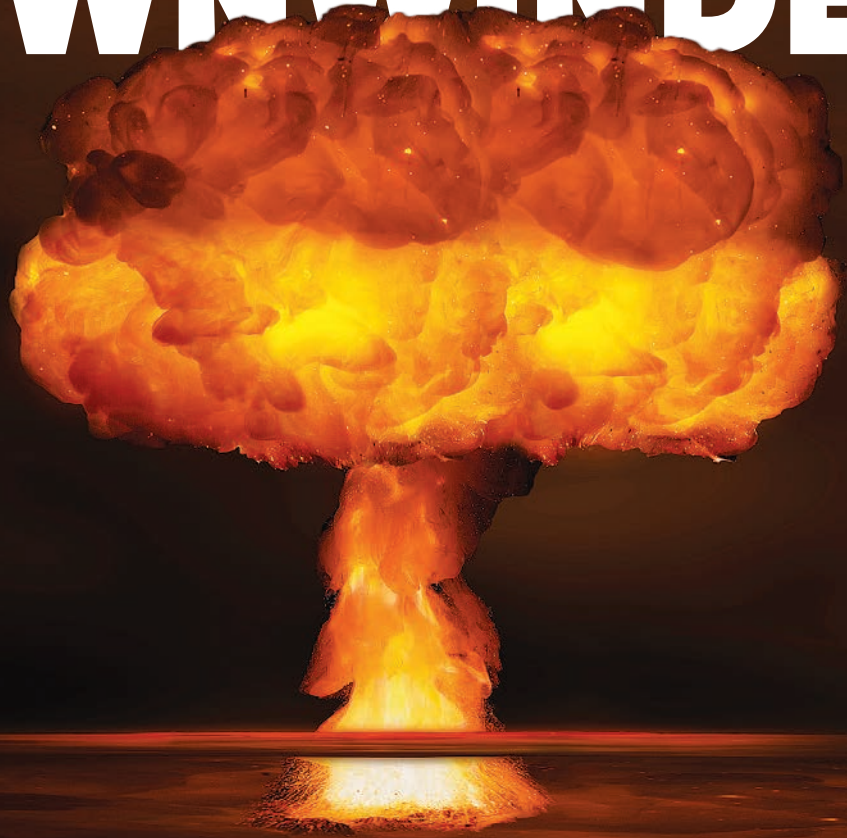
The husband, who we'll call Chad, admitted as much.

“When Sheryl asked me what was going on—why I seemed to be rougher and meaner [in their romancing], I broke down and told her that I'd been watching porn at a friend's house. I found my gratification in what I was watching people do on screen, and so I brought those thoughts and ideas home. And she wasn't agreeing to do these awful and unnatural things. It was terribly thoughtless and selfish of me. Had she not confronted me, I think the problem would have grown worse.”

Chad and Sheryl began getting counseling, and Chad ended his friendship with his “buddy” who had introduced him to illicit videos. They are still in counseling after nearly two years. Like any addiction, Chad knows he'll be fighting it for a lot

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DOWNWINDERS



ATOMIC TESTING AFTERMATH STILL A REALITY IN IRON COUNTY

by Craig **BENNETT**
Iron County Today

The bombs had names such as Morgan, Charleston and “Dirty Harry.” They appeared as flashes in the sky that looked faraway but were close enough to Southern Utah to cause damage that is still being felt by residents that are referred to as “Downwinders.” The term is used to describe the more than 60,000 people who were exposed to radioactive fallout during the nuclear testing at the Nevada Test Site.

The beginning of atmospheric testing in Nevada began with a one kiloton bomb being dropped from an aircraft on January 27, 1951. Few Washington or Iron County residents were aware of, or concerned about, the nuclear testing when the first mushroom cloud rose into view over the western desert. The testing left behind a snowy ash and reverberations that rumbled through St. George, Cedar City and Parowan that residents described as a freight

train coming through the living room.

The cloud figuratively remains over Southern Utah and Nevada to this day. Residents live with the aftermath every day, even though the fallout is not visible anymore.

Harriett Perkins grew up in Orderville and was 8 years old during the atomic testing.

“I remember being at Primary and having ash in my hair. I remember running out to see the bright red sunsets,” she remembers. “Later in life, I noticed a lump in my right eye. I never thought that the lump would end up cancerous. It ended up spreading to my face and bones. I did rounds of chemotherapy at the LDS hospital and six weeks of radiation treatment at Dixie Regional Medical Center, but two years ago it returned. I went back for the six weeks of chemotherapy and they put me on a maintenance drug. My husband retired and without insurance, we couldn't afford the \$30,000 to stay on the drug, but it's all good.”

When asked what type of warning the government had given residents, she responded, “My dad and mom talked about the tests with us and I had an uncle that worked at the bomb site, so we knew the date and time of the testing. I believe the radioactive ash remains in the dirt to this day. There are still many people my age that are being diagnosed with cancer. They need to fill out the government paperwork to be compensated.”

She continues to be a real advocate for “Downwinders” in Southern Utah.

Ninety-three atom bombs were detonated in the nearby Nevada Desert between 1951 and 1963. These bombs ushered in the atomic age, with nearly one third of the bombs tested larger than the bomb dropped on Hiroshima, Japan, during World War II.

The western desert site was chosen because of the flat terrain, and as long as the winds were blowing east, the

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Tyner honored by Cedar Council

by Kelsey **KEENER**
Iron County Today

CEDAR CITY — Martin Tyner, Founder of the Southwest Wildlife Foundation, was honored with a proclamation recognizing his dedication to Utah's wildlife during last week's city council meeting.

Mayor Maile Wilson-Edwards read the proclamation and thanked Tyner for his efforts. For 50 years, Tyner has cared for sick, injured or orphaned animals, provided opportunities for education and community events as well as wildlife programs for schools and scout groups. Tyner said he recalled approaching the city council in 1980 about his idea for the Southwest Wildlife Foundation, and although it has been a slow process the organization has made significant progress.

"The city and city council has been very supportive of the work that we're doing," Tyner said. "We've got the property, we've got the walking path, we've got the program area, we've got the restrooms out there now and we've got the bridge."

Tyner added that Rocky Mountain Power donated property to the organization and that Gilbert Construction



KELSEY KEENER

MARTIN TYNER RECEIVED THE PROCLAMATION from Cedar City Mayor Maile Wilson-Edwards.

donated a 1,200 square foot building that will be turned into a visitor center.

Tyner founded the Southwest Wildlife Foundation in 1997 as an organization dedicated to wildlife rehabilitation and education, as well as the development of the Cedar Canyon Nature Park.

County Republicans select candidates for primary

by Tom **HARALDSEN**
Managing Editor

CEDAR CITY — Voters will have a number of candidates to choose from when the Republican Party holds its primary elections on June 26.

Following the county's Republican convention on April 14 at Canyon View High School, here are the candidates who will face off on the GOP ballot:

For County Attorney, Chad Dotson and Scott Burns will face each other. Dotson received 66 percent of the delegate vote at the convention, and Burns qualified through signature collection. Scott Garrett announced during the convention that he would not seek a fifth term.

For County Commission Seat "A," incumbent Michael Bleak will face Fred Rowley in the primary. Bleak received 52 percent of the delegate vote

and Rowley received 48 percent.

For County Commission Seat "B," four candidates will vie for the nomination. Paul Cozzens received 51 percent of the delegate vote, Jennie Hendricks received 47 percent, and both Sam Brower and Michelle Jorgenson qualified through signature collection.

In the race for County Sheriff, voters will also have four candidates to choose from. Kenneth Carpenter received 61 percent of the delegate vote. His three challengers all qualified through signature collection. They are Caleb Anderson, David Evans and Del Schlosser.

Two incumbents will not face a primary election, as they ran unopposed. County Auditor Dan Jessen seeks reelection, as does County Clerk Jon Whittaker.

Iron County Today will be doing profiles on candidates prior to the June primaries

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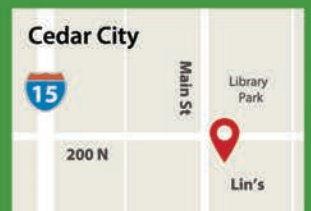
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K-9 friends celebrating pending new dog park

by Dawn M. **AERTS**
Iron County Today

ENOCH — When Lynne Brown, Diane Gil and Kim Ritz get together, their conversation often turns to the new animal shelter and the future dog park that will become a reality for residents and Enoch City.

Brown, Gil and Ritz have been part of the Friends of Festival Country K-9 dog park initiative and the non-profit concept since day one. They also share a love and passion for ensuring that local animal shelters are fully supported in their care for homeless animals.

These friends are three among dozens of residents, and local officials who come together with one mission in mind: to realize plans for an off-leash dog park that will feature a 3-acre space for both large and small dogs to exercise, and for families, friends and the disabled community to enjoy time with their canines.

“Basically, our goal has always been to build community support and funds for a fun, and safe, off-leash park,” said Gil of the effort and dream that began in 2011. “As an organization, we will finally realize that goal... this summer, along with our ongoing support for the shelters and homeless animals of Iron County.”

Gil, who relocated to Cedar City from the west coast in 2007, has always been a part of animal rescue and fostering work. Today, she and her husband Bruce provide a pet sitting care service in town. Brown, a New Englander, now retired from Southern Utah University, has called Cedar home since 1984. But both are dedicated to the care of animals and the work of shelters.

“The idea for a dog park came about through a blog,” said Gil. “There was an SUU student (Sarah Scott) who started work on this as an EDGE project, which led to informal meetings, and a group of dedicated people.” According to Brown, a webpage and email list was developed, and a campaign began, with door-to-door survey and up to 2,000 signatures--which led them to become a non-profit in 2012.

“I would say this idea began to galvanize the effort,” said Gil of the movement, mission and their research on potential locations. “As a group, we had spent time investigating four sites, researched liability issues and dog park regulations.

We met with the police chief, the Park and Recreation Advisory, local veterinarians and others.”

But site options fell short, and proposals were rejected. Gil admits that the hope began to fade.

“I would say that Bruce Hughes, one of the early supporters made a big difference. He encouraged us and inspired us to pursue 501c3 non-profit status,” said Brown. In the subsequent

we had completed in previous years,” said Gil. As it turns out, Enoch City was developing their own plans for a new animal shelter, said Brown of the offer to come, that they couldn't refuse.

It wasn't until Enoch City Manager Rob Dotson first contacted them (in 2012) that the dream became a reality. “When the city obtained a large 9-acre site in April 2016, they called us to see if we were still interested in developing the

that provide additional resources. They continue to support local shelters and homeless pets, with free and low-cost clinics for pet-parents; an annual ‘Responsible Dog Ownership Day’ and other events that promote education, animal adoption, and animal welfare efforts.

The 3-acre dog park will provide pet-parents with a fenced, off-leash exercise space for their dogs, with a location for dog training and a secure area for pet owners of all ages and owners with physical disabilities.

“There are road easements into the land that will allow for grading and land development,” said Gil of the site along Minersville Highway and surveys have been completed with boundaries, and water lines connected. “This dog park is as much for the people as it is for their pets...it's about providing a safe space where people of all ages can socialize, share information and exercise their dog.”

According to Ritz, a well-run dog park promotes responsible dog ownership and improves city enforcement of leash laws. “This park will offer a space for dog training, adoption or other events,” said Ritz, “And for local police K-9-unit training time.”

The dog park will feature multiple entries (areas for large dogs and small dogs), pick up stations, receptacles, trees, seating and a bulletin board. “There will also be rotational areas to allow for maintenance,” said Gil of double-gated entry so dogs won't get loose. The organization has also set aside close to \$18,000 to cover the initial cost of fencing and amenities. The organization offers memberships, classes and special events, low or no cost clinics, in support of local animal shelters, adoptions and rescue efforts. For more information see, www.FestivalCountryK9s.org.

“We so appreciate Enoch City, the City Manager, and others who share the vision,” said Gil of Friends, “It really was a dream come true.”



J. AERTS

(LEFT TO RIGHT) Kim Ritz, treasurer; Diane Gil, president, and Lynne Brown, vice president; all Friends of Festival Country K-9's, will join Enoch City to develop a 3-acre off-leash, fenced dog park adjacent to their new animal shelter.

year, the Friends of Festival Country K-9's would build a membership model and expand their outreach in pet adoption and to pet parents.

“Some of those years were devoted to everything from offering education seminars, classes and activities, for dog owners, to low-cost micro-chip clinics, and spay and neuter options,” said Gil. It was June 6, 2012, when the proposed concept for a dog park was first introduced to the Enoch Council.

“They didn't have a site at that point, but they were open to those plans and I think they appreciated all the research

dog park,” said Gil. With overwhelming Enoch City approval in May 2016, it was the community match they had waited for.

Today the Friends of Festival Country K-9's offers free classes with memberships

Annual Kite Flight for Reading & Sight on Apr. 28

CEDAR CITY — The Cedar City Lions Club 14th annual Kite Flight for Reading and Sight is this Saturday, April 28. It's designed to encourage the habit of regular reading with the youth in our community.

Just by participating, you'll win a free kite or book or movie ticket to Fiddlers Fun Center. Come out and fly your kite and have some fun! You'll win prizes, and money for your school. The Kite Flight for Reading and Sight is at the

Cedar Middle School field, and you can redeem your prize between 10 a.m. and 3 p.m.

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Opinion



THE BOYS OF SUMMER, CIRCA 2018.

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The opinions stated in this article are solely those of the author and not of Iron County Today.

At a political convention last week, a young woman – a candidate for a seat she is a longshot to win – gave her reason for seeking election. She was running because of her mother.

A year ago, she said, she spent time with her mother who was dying of pancreatic cancer. The two talked of their lives, their desires, their failures and successes, their dreams for the future.

“The one thing we didn’t talk about were the medical bills associated with my mother’s illness,” said the young woman. “We didn’t have to, because my mother was covered by Medicare.” The candidate vowed that she would push “Medicare for All” if she were elected. In the last months of life, she said, the conversation between the dying and their loved ones should not be filled with fears of bill collectors and financial ruin.

While I’m not a Bernie Sanders supporter, the “Medicare for All” concept has broad support. The recent tax cut gave the average Joe extra money each month to buy a couple of Big Macs and a supersized Diet Coke. That same money – and, yes, a little more – could be devoted to Medicare coverage for the general population, improving the country’s health and eliminating the major cause of U.S. bankruptcies.

A customer of mine, an ardent political conservative, raved about the “great health care from Medicare” as he battled numerous late-age hospitalizations. At the same time, however, he also fought the idea that government should assist his hundreds of employees with their own health insurance. Once he passed away, his son expanded health coverage for the workers saying “what was good for Dad, is good for his employees also.”

There will always be naysayers. Some will object that medical care is not covered in the Constitution. (And neither is public education, highways or clean water.) Others will fear fraud in a broad-based government system. (To combat fraud, throw a few doctors and hospital administrators in jail; that would stop 99% of them from gaming the system.) Others will simply balk at anything defined as a government program. (I don’t see these people urging Congress to close up Hill Air Force Base or sell Zion National Park to Chevron.)

To my mind, if we truly are a “Christian” nation, we cannot turn our backs on those less fortunate (though, without insurance, even the “fortunate” can lose their life savings and assets due to a costly medical bill.

This isn’t just me saying it. In recent weeks, it has been the position of Pope Francis who said we will be judged, not just on our position regarding social issues like abortion, sexual controversies, and church attendance, but also on support and compassion for the

physical needs of suffering people.

Wrote the Pope, “Our defense of the innocent unborn, for example, needs to be clear, firm, and passionate, for at stake is the dignity of human life. Equally sacred, however, are the lives of the poor, the destitute, the underprivileged.”

Abandoned refugees... People facing major medical calamities... the weak and the vulnerable. The courage to face up to our responsibilities and show humanity is the real way Christians should “walk the walk” and display their spirituality, he says.

I applaud the young woman who is speaking out during her campaign for public office. Her late mother would be proud of her. And even though she likely will not win at the polls, her voice will resonate to those who view compassion more importantly than toeing a political party line.



Cyclops

by Bryan GRAY
 Columnist

To the Editor

Indoor ice rink needed

Dear Editor,

I am writing to you with thoughts regarding an indoor ice skating rink in Cedar City. I am a member of the SUU Hockey Team, and our bi-weekly games are held at the Glacier Ice Arena on the hill. This facility works well, but has its limitations. Perhaps the most significant is the time period during which the rink is available. It is subject to the elements due to its location outdoors, and the heat of this southern region is problematic for keeping the ice frozen. As a consequence, the rink can only remain open for roughly three to four months out of the year. This is a short time period, especially considering the rink’s popularity while it is open. It is incredibly busy during public skate hours, consisting of people out for family get-togethers to young couples on dates. The rink is home to hockey practices for children and students of all ages, drop-in hockey games for the community, and an organized adult league in which SUU participates. All of these popular activities have an incredibly short window of time in which to take place, and it is only during this time that the rink is able to acquire profit. While this outdoor rink serves its purpose, an indoor rink would allow for profit and play on a year-round basis, and would extend its benefits to the community and the entirety of the Southern Utah region.

A large host of benefits would accompany the establishment of an indoor ice rink in Cedar City. There is not another ice rink around for approximately 200 miles in any direction from Cedar City, and the visitation of the rink would skyrocket once a year-round skating experience is made available to the citizens of our own community and surrounding cities such as St. George, Hurrigan, Parowan, Beaver, and others. The only option for ice skating would be located right here in Cedar City, establishing it as the only ice rink in the entire southern half of the state of Utah, and guaranteeing a total lack of local competition. In addition, many businesses in Cedar City would benefit from the presence of an indoor rink. Restaurants would expect to see an increase in profit as more and more aspiring customers venture



THURSDAY
Mostly Sunny
77°/46°

% OF PRECIP: 0%
WINDS: Easterly 5-10 mph

FRIDAY
Partly Cloudy
76°/50°

% OF PRECIP: 20%
WINDS: Southwesterly 10-20 mph

SATURDAY
Partly Cloudy, Breezy
73°/49°

% OF PRECIP: 10%
WINDS: Southwesterly 15-25 mph

SUNDAY
Mostly Sunny, Breezy
69°/44°

% OF PRECIP: 0%
WINDS: Southwesterly 15-25 mph

MONDAY
Mostly Sunny
64°/43°

% OF PRECIP: 0%
WINDS: Southwesterly 10-20 mph

TUESDAY
Mostly Sunny
63°/42°

% OF PRECIP: 0%
WINDS: Northerly 5-10 mph

WEDNESDAY
Mostly Sunny
74°/37°

% OF PRECIP: 0%
WINDS: Easterly 5 mph

IRON COUNTY FORECAST

Enjoy some beautiful spring weather! We'll see more sun than clouds up until our next system to end the week. That system brings a slight chance of showers or a thunderstorm by Friday and into Saturday. Chances of rain are around 20% or lower meaning it's more likely we stay dry leading into and lasting through the weekend.



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Sub-machine guns declared surplus

by Kelsey KEENER
Iron County Today

CEDAR CITY — Chief Darin Adams of the Cedar City Police Department addressed the Cedar City Council during last week's meeting to discuss the declaration of two Thompson .45-caliber sub-machine guns as surplus.

Chief Adams said the department has had the guns for a long time and that they are of no use to the department. Declaring these guns as surplus property will allow them to be sold, and the department intends to use the money for evidence improvement needs, which were not evident when the department's budget was submitted.

"We would like to use this money and look at upgrading some technology, so things like hardware, software, scanning devices," Chief Adams said. "We're also looking at beefing up the security on some electric blocks."

One of these guns was acquired by the department in 1957 when the previous

owner surrendered it. This gun is transferable, which means it can be sold to a Class III Firearms Dealer who can sell it to a qualified citizen. The department has obtained a bid of \$18,300 for this gun.

The second gun was obtained by the department in 1984 when Parowan Police Chief Wayne Townsend traded it with then Cedar City Police Chief for a Remington .308 rifle with scope. As this firearm is nontransferable, it can only be sold to a Class III Firearms Dealer who then can only sell it to another Class III dealer or law enforcement agency. The bid for this gun is \$7,100.

Chief Adams said the Cedar City Police Department would benefit from selling these guns more than the guns themselves, which is why he recommends declaring them surplus property.

"These guns provide no practical application to our current law enforcement efforts, and the department and city would benefit much more from the financial gain from the sale of both firearms," he said.

ICE RINK

Continued from page 4

into town to skate, hungry after hours of fun on the ice. The year-round basis would allow for the establishment of practices and leagues for hockey and figure skating, and grocery stores and health clubs/gyms would benefit from parents sneaking in a workout or some shopping while their children took part in those programs. Hotels and motels would benefit from families traveling to Cedar City for tournaments and competitions, and the schools from Cedar City and all other surrounding communities could offer new sporting exposures to their students, creating organized teams and expanding youth-leagues and high school athletic programs. These sporting opportunities would also allow for the expansion of SUU's athletic program, creating greater diversity in sporting opportunities for its students and more inlets for revenue. According to CollegeFactual.com, SUU generates approximately \$9,415,221 in gross revenue annually, with a net income of \$114,481 after expenses. With the addition of ice sports, this number would expect to see an increase as the athletic program expands. An indoor ice rink could focus the entirety of the southern half of the state of Utah right here in Cedar City, creating a beating heart for the well-being of the community and its citizens.

Sam Crittenden

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New police dog joins Cedar Police force

by Kelsey **KEENER**
Iron County Today

CEDAR CITY — Police Chief Darin Adams and officer Kirk Lovell introduced the Cedar City Police Department's newest K-9, Max, to the city council during last week's city council meeting.

Chief Adams explained that Max came from Logan-Haus Kennels in West Virginia and has just completed eight weeks of narcotics training. In September, Max will start another eight weeks of patrol training.

Officer Lovell said although Max is younger than most of the other police dogs, he is still good at his job and enjoys what he does, so much so that officer Lovell has to use food to get him out of his truck at the end of the day.

"When I take him home he won't get out of the truck; he'll just sit in the



KELSEY KEENER

truck," officer Lovell said. "I'll take food out and show him that there's food in the bowl and he's like 'I don't know, maybe that's something I'll do.' He's committed to it; he really likes it."

Officer Lovell explained that he and Max have been paired together since November 2017.

"He lives at my house and he's become part of my life," he said.

Officer Lovell and Max also provided a brief demonstration of Max's abilities and training for the council.

MAX, CEDAR CITY POLICE DEPARTMENT'S NEWEST K-9 OFFICER, was introduced to city council members last week by officer Kirk Lovell.

Cedar council discusses lights for Fields at the Hills

by Kelsey **KEENER**
Iron County Today

CEDAR CITY — City Engineer Kit Wareham discussed the bids for the installation of field lights on the north fields at the Fields at the Hills with the Cedar City Council during the April 18 work meeting.

Wareham explained that lights were not installed on fields two and three when the Fields at the Hills was constructed.

"Lights were not installed on these fields when we did the original complex, so we went ahead and budgeted money for this," he said.

He also said that the lighting equipment for this project was purchased through a contract with Musco Lighting, and three

other bids were received for the different installation processes of the lights.

The city staff's recommendation for the eight light pole foundation installations is Blackburn and Associates, for \$40,000. The recommendation to erect the eight light poles and install the lights is Construction Steel, for \$24,784. This bid is a time and materials bid, meaning it is based on an estimation of the time required for this portion of the project, and the city will only be responsible for the actual time it takes to complete. The last recommendation is for Marshall Evan Electric to install the wiring and electrical components needed to power the lights for \$55,100. This is also a time and materials bid.

Brewers report progress on new business

by Kelsey **KEENER**
Iron County Today

CEDAR CITY — Deandre and Sara Ridgel, owners of the Policy Kings Brewery, approached the Cedar City Council with updates on the opening of their brewery during last week's city council meeting.

Sara Ridgel said construction on their building is underway and that their intent is to bring something positive to Cedar City.

"We're just trying to bring something really nice to Cedar City," she said. "I'm from here, I'm an SUU alumni, so I thought it would be great for me to bring something like this back to my hometown area."

Sara Ridgel said she and Deandre are avid brewers and will be brewing all the beer.

She also explained the different spaces the building will have.

"The building has three separate spaces in it," she said. "One space is going to be what's called Stakeholder Package Agency, where you buy the beer that we brewed ourselves and package. The middle space is going to be our taproom, where you can come in and have a beer on draft, and everything is made by us. The third section, that's on the far right side, is where we're actually going to brew all of our beer."

Sara Ridgel explained that they are applying for a tavern and bar establishment license, so they will not be required to serve food at their establishment. She also said they intend to be open Tuesday through Saturday, from 11 a.m. to 11 p.m., and Sunday from noon to 10 p.m.

Bookings

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

April 16

Crystal D. Campbell, Cedar City
Drug Court Violation

Brandon M. Jacobson, Cedar City
Controlled Substance

Juan C. Jimenez, Beryl
Warrant of Arrest, Assault

April 17

Heather A. Baird, Cedar City
Controlled Substance

Angelique S. Callaway, Cedar City
Controlled Substance, Possession

Michael A. Carpenter, Cedar City
Speed Regulations

Carolynn Marckesano, Cedar City
Controlled Substance

April 18

Tania I. Cox, Richfield
Retail Theft

Heidi L. Macy, Cedar City
Dangerous Animal at Large, Theft

April 19

Jesse S. Blackburn, Cedar City
DV in Presence of Child, Assault

Preston J. Beasley, Cedar City
Controlled Substance, Throwing Lighted Material

Amy M. Debruijn, Salt Lake City
Failure to Stop on Command, Probation/Parole Violation

Andrew C. Hansen, Cedar City
Drug Paraphernalia

Hailey K. Russell, Cedar City
Probation/Parole Violation

April 20

James D. Copeland, Iron County
Assault

April 21

Travis D. Clark, Cedar Hills
Burglary/Vehicle

Keisha A. Caruso, Cedar City
Possession, Retail Theft, Drug Paraphernalia

April 22

Dustin J. Atkins, Cedar City
Disturbing the Peace

George Espino, Cedar City
Retail Theft, Revoked/Suspended Registration

Estaban T. Fowler, Craig, Colo.
FTA-Warrant, Fugitive from Justice, Consume Alc by Minor

Brighton V. Glassman, Cedar City
Retail Theft

Bridgett K. Stark, Cedar City
Theft less than \$500

Ryanrigvez F. Warner, Cedar City
Aggravated Assault, Attempted Homicide

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DOWNWINDERS

Continued from page 1

fallout from the blast avoided major populated areas such as Las Vegas and Los Angeles. The cloud of fallout traveled over sparsely populated areas of southeastern Nevada and Utah instead.

There are very few communities that have not been touched by cancer, birth defects or lingering bitterness because of the nuclear testing.

The RESEP, or Radiation Exposure Screening and Education Program Clinic at Dixie Regional Medical Center in St. George, was established by the Federal Government to aid thousands of individuals potentially affected by the nuclear testing. These individuals are at a greater risk for leukemia, lymphoma, breast, thyroid and other cancers. Treatments for a total of 19 cancers in all are funded by a grant from the U.S. Department of Health and Human Services.

Becky Barlow, nurse practitioner at the clinic in St. George talking with Iron County Today, said, "The clinic offers free screening for people affected by the testing. We are participating in the Senior Fair in Beaver on April 26 and in Cedar City on May 4. Anyone who was present during the nuclear testing can set up an appointment. The number of the clinic is 435-251-2875. They are currently accepting new patients.

"We want to continue to see new patients as well as repeat patients," Barlow said. "Downwinders can't change their exposure history, but they can be proactive, get screened, and get it diagnosed early if it is there. Early detection can make all the difference in overall survival."

Downwinders are described as those who lived in Washington, Iron, Kane, Beaver, Millard, Piute, San Juan, Sevier, Wayne or Garfield counties in Utah; Eureka, Lander, Lincoln, Nye, White Pine or northeast Clark counties in Nevada; and northern Mohave, Coconino, Apache, Gila, Navajo and Yavapai counties for Arizona for at least one year from 1951 to 1958 or the month of July 1962 during the nuclear testing at the Nevada Test Site. The Nevada Test Site workers who worked on site at the Nevada Pacific, Trinity and South Atlantic nuclear test facilities during an atmospheric detonation are also considered a part of this group, along with anyone who were miners, ore transporters or millers of uranium for at least one year from 1942 to 1971.

The Atomic Energy Commission press releases and brochures promised that atomic tests would be conducted with adequate assurances of safety. According to a pamphlet put out by the Joint Test Organization at Camp Mercury, Nevada dated February 1955 as a message to people who lived near the Nevada Test Site:

Declassified government transcripts released from 1978 to 1980 reportedly show that scientists knew as early as 1947 that fission products released by atomic bomb tests could be deadly to humans and animals exposed during as well as after the tests.

Sheep and their owners were reported to be Iron County's first victims of radioactivity. While being trailed across Nevada from winter range to the lambing yards at Cedar City, some 18,000 to 20,000 sheep were exposed to large amounts of radioactive fallout from tests in March and April 1953. Ranchers noticed burns on faces and lips where they had been eating radioactive grass. The ewes began miscarrying in large numbers, and at the lambing yards wool sloughed off in clumps revealing blisters. New lambs were stillborn with deformities or born so weak they were unable to nurse. Ranchers lost up to one third of their herds.

In November of 2011, the U.S. Senate passed a resolution that recognized that "downwinders paid a high price for the development of a nuclear weapons program for the benefit of the United States," adding that the downwinders "deserve to be recognized for the sacrifice they have made for the defense of the United State."

There is a compensation program available to those affected by the atomic testing in the Nevada desert. Claim forms and qualification for compensation can be found at <https://www.hrsa.gov/get-health-care/conditions/radiation-exposure/downwinders.html>.

PORN

Continued from page 1

longer. Both admit that their future as a couple is still up in the air.

So is the marriage of Scott and Catherine (Kate). They found each other more than two decades ago when both of their first marriages crumbled. Highly successful in their professions, and well respected in the community, Scott and Kate seemed to have everything going for them. Until, like Chad, Scott was introduced to pornography by a friend. Then, everything changed.

Kate doesn't discuss specifics of what Chad watched or did, but she does discuss the challenge of being married to "a porn and sex addict."

"I can honestly tell you this is one of the hardest addictions as a spouse to recover from," she said. "When you are an addict with chemical addictions, you are known to be a hero when you admit it and fight it. But as a sex and porn addict it goes a little deeper. This is because of the disturbing way an addict medicates himself. I can tell you that I have suffered with betrayal trauma as a result of the addiction."

She said, "The (D) day, meaning the discovery day, was probably one of the worst days of my life, as with everyone when they find out their spouse has been basically living two lives. I wasn't quite sure what to do next or even how to handle my own life. As a result of a marriage of investment, I decided to try and turn things around and bury myself into education on the effects of the brain of a sex and porn addict. I decided this would be good for my own healing.

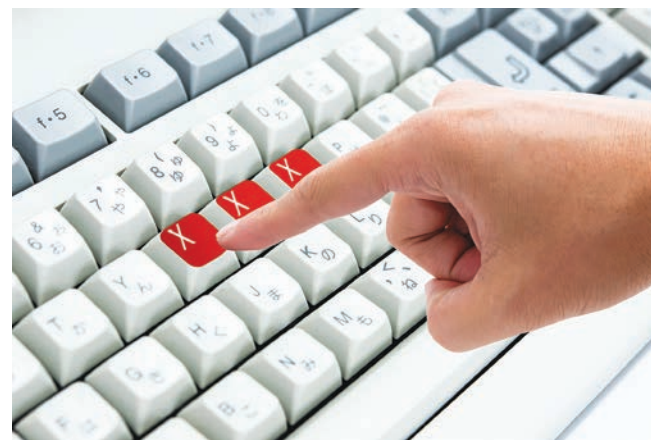
I had no idea this would be like attending a funeral

and experience grieving emotions about every week to two weeks. I have felt lost, lonesome, betrayed, angry, hurt, abandoned, lied to, cheated on and the list goes on forever. Just when you think you might have a grip on life and have it all figured out, a new emotion hits you without warning."

Kate began going to her gym daily, trying to flow off some of her anger. She also joined a group therapy with other women experiencing the same trauma. She described feeling like "I have been on the battlefield and am suffering from PTSD." At times when she has wanted to "throw in the towel," she begins journaling her thoughts on paper, getting her emotions out in writing.

"This is one of the hardest addictions as a spouse to recover from"

— Kate



THINKSTOCKPHOTOS

In Scott and Kate's case, there is also the challenge of facing family, friends and church members who "you get to face and explain why you want to cry every 30 minutes." Both Scott and Kate have cried endlessly over the situation. Scott avoids using the Internet or even cell phones—much of that ban self-imposed. He has apologized profusely to Kate and other loved ones. Likewise, Kate has had to avoid certain things herself.

"I have to be careful of where I go and what I am around, as it will set off triggers. When that happens it sends me into a spiral effect of angry emotions. I soon have to remove

myself from the area quickly."

As for their future, she said, "I can't say whether or not I will stay in my marriage, but I can say I am giving it my best shot as I know there are too many families being torn apart and I am not a quitter without a fight. I also have to remember that if I had cancer, I am positive my husband would be by my side at all times."

There are numerous resources in Davis County and throughout Utah for those fighting porn addiction. You can find them through a Google search online.



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COURTESY OF CHENILLE SAUNDERS

CEDAR CITY — Chenille Saunders, a Cedar City resident who recently won two national singing titles for the second consecutive year, will perform a victory concert on Saturday, April 28, at Cedar High School. The concert will begin at 7 p.m.

She recently performed at the North American Country Music Association's musical competition in Pigeon Forge, Tenn., where she defended both of her 2017 titles as International Female Vocalist of the

Year and Female Entertainer of the Year.

At Pigeon Forge, she won top vocalist honors with "Via Dolorosa" and her rendition of "You'll Never Walk Alone." For the top entertainer honor, she sang her arrangement of "I'll Fly Away" and a rendition of "How Great Thou Art."

"I love to sing, but more importantly, I'm thrilled for the opportunity to use music as a way of blessing more lives and helping others," she said.

She moved to Cedar City eight months ago after living in Carthage, Ill., for 14 years. In Carthage, she taught and owned Center State Music and Performing Arts School. Since moving to Cedar City, she has also begun teaching locally as well.

Many of her past students have performed on programs like "America's Got Talent," "The Voice," "The X Factor" and "American Idol."

Admission is \$5 for students and \$8 for adults. Tickets will be available at the door.

Maybe only in Heaven...

by Mary Anne **ANDERSEN**
Cedar City Arts Council

It has occurred to me that there is often a disproportionate amount of time spent in preparing something and the time for enjoyment of the finished product. This will come as no epiphany to anyone out there who has ever prepared a Thanksgiving meal. Just getting all that food on the table takes at least a day or two, depending on how much you do "from scratch." And that differs from cook to cook. I wouldn't dream of not making my pies myself—and several of them, but my rolls are courtesy of Mr. Rhodes. Then, the consuming part can be over in 30 minutes or so, depending on the population you're serving. In other words, how big a deal are the football games, or how picky are the eaters? I'm frequently left sitting in the wreckage, looking at the gourmet creations that have turned into depressing leftovers that have to be put away.

Ditto for Christmas. Weeks of preparation can be blown through in 30 minutes or less, leaving a family wondering what to do with the rest of the day.

Most working class people in the United States work fifty weeks a year to earn a vacation period of two weeks. There is a real example of imbalance. We had a friend in California who did just that—respected and successful in the company he worked for, the soul of dependability and productivity for his fifty weeks. And much of the time we knew him, he was a Scoutmaster. He used to use one of his weeks off to take the scouts on their yearly outing. That left just one week for a vacation with his family.

I used to worry so much during that week while they were away. What if the weather was really stinky while they wanted to be at the beach? What if someone were throwing-up sick and they had bought tickets for Disneyland? I used to pray—really!—that cosmic justice would allow that good man to enjoy his stingy seven days.

I'm thinking about this because it is jury season at the University and students are preparing to show off their semester's work. They have ten minutes to perform something from among the pieces they have studied for fifteen weeks and show a panel of teachers how they have progressed. What if the singer has the flu? What if the trumpet player has a chest cold that makes her cough every time she takes a deep breath? What if the accompanist has a bad moment and turns two pages instead of one? (That's one of my fears.)

Now, of course, experienced teachers know how to recognize and make allowances for most of the possible disasters that might strike, but the students feel a real pressure to be at their best in a disproportionately short period of time.

Maybe heaven is the only place where the reverse is true: an eternal reward for a relatively brief lifetime of really trying to get it right.



Finding treasures on the SUU campus

by Dawn M. **AERTS**
Iron County Today

CEDAR CITY — In the Special Collections Room at the Gerald R. Sherratt Library at Southern Utah University, you will find more than history, periodicals, compiled letters or volumes of books from the past, said Paula Mitchell, Librarian and specialist in archival research.

For Mitchell, and the many visitors who spend time in her collection, there are countless ‘treasures’ waiting to be discovered in family folders and little-known files and papers that are part of a hands-on and digital-based, online library at (SUU).

“Most of this collection is tied to this region and our communities,” said Mitchell of the ornate rooms that surround a centerpiece of work desks and walls that feature the portraits of noteworthy personalities from the past. “You’ll find writing and articles on the Mountain Meadows massacre, the pioneer trails and the Pony Express.”

The collection is vast, with deposits of books and periodicals focused on everything from the Spanish Trail, and the Southern Paiute Tribe of Utah, to Shakespearean books and period material on the LDS Church. According to Mitchell, it was Tom Challis and Inez Cooper who organized, gleaned and collected history from across campus and the community back in 1962 – that led to this ‘Collection.’

“There are roughly 246,546 volumes here, a circulation of 62,665 items per year, that serves a full-time student population of up to 10,000,” said Mitchell of her work, “And over the past decade we have been able to capture (digitized photos) online of roughly 40,000 images specific to this area.”

Mitchell, who is a native of Cedar City, says her own interest in the world of books, documents, archives and reading came about through her own parents: her father, a personnel director and an accountant at SUU until his retirement in 1994; and her mother, who served as a third-grade teacher at East Elementary school.

“I was always intrigued with the early SUU campus and the history here,” said Mitchell, who earned a Bachelor of Science degree at SUU and a Master’s degree at the University of North Texas in 2004. “My husband and I left for some time while I taught second grade in

Montana. When we returned, I didn’t want to re-certify as a teacher, but instead decided to take a position at the Library.”

According to Mitchell, she fell in love with the process of organizing, filing and record-keeping and decided at the urging of a friend to pursue an archival management course through Rutgers University in New Jersey. “I have to say that taking this course, and later, accepting a position as Special Collections Librarian, was like coming home. It was a natural fit for me.”



PAULA MITCHELL, ASSISTANT PROFESSOR, SPECIAL COLLECTIONS LIBRARIAN is at home at the Gerald R. Sherratt Library (SUU) where she assists visitors and researchers with questions and information on the historical roots of families, communities and surrounding counties (regional). For information about the Iron County Historical Society events, or for Special Collections Research questions, mitchellp@suu.edu, or 435-586-7976.

She credits Janet Seegmiller with her faithful work as a special collections coordinator and the work of Matthew Nickerson, who began the lengthy and complex process of linking the physical materials and records to an online catalogue that is well-organized and indexed with ongoing work to include and expand on collections and images.

Mitchell has worked with many visitors, fervent

researchers and writers over the past few years.

“There were a number of outstanding projects that began here,” said Mitchell of Josh LaMore’s “Beauty Beyond Telling, The Story of Cedar Breaks; the James Aton book “The Art and Life of Jimmie Jones;” and the writing “Mountain Meadow Massacre” by Richard E. Turley.

She said it is common for families to share and offer memoirs, journals, and records that pertain to the earliest history of Iron County and their own community. “You never know... as you’re preserving a certain folder of papers or file, how of this story may become not only useful but valuable to a future visitor or writer,” said Mitchell.

Her days are kept full in accommodating research requests, pondering old and newly acquired documents, as well as caring for the collection that falls under her care.

“I and others at SUU ‘dabble’ in some of the genealogy that comes our way,” said Mitchell. “The family documents can come from surrounding counties, from people who have lived in Beaver, Kane, Garfield and Iron County all of their lives.”

This, said Mitchell, is more than a repository of books and records.

“This collection includes wonderful information on Zion National Park and Cedar Breaks, the history of the college (the Branch Normal School, circa 1897) and we’re now working on student newspapers from the 1990’s,” she said. “So I find that each day is different, in a place where you can find many ‘treasures’ from the past.”

According to Mitchell the world of technology has intersected with history. “You don’t have to travel to a place any longer. You can sit in your home and access all of these things -- there is a window wide open in time, and a researcher or visitor will find what they may be searching for or something they never expected to find.”

Visitors to the Special Collections Room will find family legacies and the roots of a community at their fingertips. “Research takes time, so I like to see people who are prepared to spend a few hours, or days, and will take the opportunity to ponder their course, and goals,” said Mitchell of the job that feels like home.

“We are ready to help, to answer the questions, to find the material, or the treasure trove. But do your homework.”

Gary Stockdale to perform on April 28

CEDAR CITY — An acclaimed musician will take the stage Saturday night at Off The Cuff Improv in Cedar City. Gary Stockdale is a touring singer-songwriter, and a two-time Emmy nominated composer of TV, film, and theatre. Stockdale composed the music for Penn & Teller’s popular Showtime series, as well as the duo’s variety show, where he also served as the band leader. His name is found in the credits of a long list of tv shows and films from Sabrina The Teenage Witch, to The Aristocrats. With Spencer Green, Gary co-wrote the irreverent adult musical BUKOWSICAL, which won Outstanding Musical at the 2007 New York International Fringe Festival. Gary also composed the score for the original Off-Broadway production of PLAYDEAD, directed and co-written by Teller.



GARY STOCKDALE

Gary was an original member of the Brian Setzer Orchestra, and sang a featured solo in the cult-classic musical TV series Cop/Rock. As a veteran studio singer, he

has lent his voice to major films (Avatar, Star Wars Rogue One, Star Trek: Beyond, Prince of Egypt) and TV (The Simpsons, Family Guy), as well as backing up Mary J. Blige on the 2018 Oscars. Gary is a frequent performer in SoCal folk & acoustic venues, and comedy clubs, CBS LA recently named Gary as one of the “Best singer-songwriters in Los Angeles.” Gary’s new show, BUMPERSTICKER – The Musical, recently played the Hollywood Fringe Festival to rave reviews.

Joining Stockdale for his April 28 performance will be an old friend, Cedar City’s own Art Kaufman. Off The Cuff Improv Theatre is located at 913 S Main, near IFA. Tickets will be \$15 at the door, but may be purchased for \$12 in advance at Groovacious Records in Cedar City as well as online at otccomedy.com.

Art Works Gallery presents “Searching for Souls”

Art Works Gallery presents “Searching for Souls,” an exhibit of watercolor portraits by Yidan Guo. The opening reception takes place on Friday, April 27, 2018, from 5-8pm at Art Works Gallery, 16 N. 100 West, in Cedar City. The exhibit shows through May 19, 2018.

MINDING *the* 'GAP'

Ancient Etchings in Iron County

by Dawn M. **AERTS**
Iron County Today

If you happen to travel North on State Route 130, beyond Cedar City and Enoch, you will find open plains and fields, and an ancient place referred to by the earliest church pioneers and to the Southern Paiute Indian Tribe of Utah as "The Gap" or "God's own house."

Here, visitors will find curious etchings in Navajo sandstone, and a collection of stories that surface through the eyes of modern day archeologists, geologists and astronomy experts next to those of Hopi, Paiute and Native American narratives. "So, it is also the story of migration, a journey and a place of sacred worship," said Nancy Dalton of the site that has intrigued visitors for decades.

Dalton, who serves as an interpretive volunteer and guide for the Parowan Heritage Foundation, is one of many who has studied the "Overseer" – an out-cropping of rock that appears to swallow the sun at the correct point of astronomical change, but thankfully spits it out again. She is also familiar with the overseer who is known as a protector of Native American people and the writing symbols that remain.

Over the years Dalton has hosted a series of archeo-astronomy events that invite visitors to walk and study a gallery of petroglyphs that reveal 90

panels and roughly 1,500 figures from lizards, birds, and snakes to bear claws and geo-metric designs. "The etchings can tell us countless stories of the past," said Dalton, "But the events we focus on are the calendar system, and the mysterious alignment of lunar and solar patterns against the topography and science."

In November, "The sun sits in the mouth, and then 'gulps' as the Overseer seems to swallow the sun," said Dalton. "It implies that the summer sun has gone into its winter home, telling the

people that if they haven't fully prepared for winter, they had better move quickly south as the snow will arrive." It is also about cyclical motion and scientific perspectives.

According to observers, this cryptic event occurs in late Fall, but before, or after that date, the sun will merely pass through the mouth. For tourists who come with backpacks and walking shoes, it's the ancient landscapes, the

petroglyph gallery and the turn-of-the astronomical "switch" that seems to fascinate those who appreciate the precise, and timely twist of season.

"We encourage visitors to dress warm in Fall as the strong winds and winter temps make it icy and bitter," said Dalton of her experience in Southern Utah for 38 years.

Her home is in Paragonah, just south

.....
see **THE GAP** | 14

"Our main goal is to share the experience and awareness of what is here"

— Nancy Dalton



NANCY DALTON, WHO SERVES AS AN INTERPRETIVE VOLUNTEER AND GUIDE of the Parowan Heritage Foundation settled here 38 years ago, with husband Tony, where they've managed a family-operated beef and ranch business established in 1918. For further information on the Parowan Gap Observation Series, interpretive programs, or events scheduled see Parowan Heritage Foundation or Cedar City-Brian Head Tourism Bureau.

AERTS



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What dogs tell you about life



The Pet CORNER

by Dawn AERTS

There has always been a dog in our family. As a youngster, I had a trusty canine by my side – to sturdy me, comfort me, sleep at the foot of my bed, to play with, protect, to wrestle or to run with.

Despite long years of vacuuming up dog fur, chasing down the occasional run-away, and refilling the dog dish they will continue to be an important part of family. I mean what holiday photo doesn't include an image of our pet in the middle of the memory?

While I have read many articles about how a dog, cat, horse or any other pet can make a difference, it's also worth considering what they can teach us about what really matters – here are a few to ponder about your dog.

Live in the moment. Whether they are chewing on a dog treat, chasing a favorite toy, or taking a walk with us, they relish and savor these moments. We don't understand if dogs ponder past days or memories, but we do know that they live in the now: the past is gone, future unknown, let's be in the moment.

Overcome Fear. Yes, it does take a caring relationship, patience and kindness to turn things around. Even aggressive dogs can be swayed with the tone of our voice, and the manner they are treated. In other words, maybe a little love, or a pat on the head matters to us too.

Holding a Grudge. While humans are known to be very good at holding a grudge, a dog will never hold little things against you. No dog treat today? Okay. No walk outside? I'll wait till tomorrow. No dog bed to sleep in? Oh well. Thankfully a good dog will never hold onto anger or resentments. It's all about forgive and forget with your pet.

Play Every Day. Yes, dogs love to play, run, scramble for a toy, hang out, or take a walk – at a moment's notice. It may be a reminder that we too need to get up, get out, enjoy free-time and don't get bogged down by an iPhone. Physical motion is key to having a good mental attitude too – dogs can teach us about that.

Jump for Joy. Dogs never forget to jump with excitement or to express their joy. Like children, canines come with a very unique set of responses to new things, new accomplishments, self-discovery or knowing how to be happy as 'all get out.' We could learn something from canines about having a joyful attitude about the little things that occur each day.

Enjoy Your Journey. You might notice that a dog, when left to sit near the window of a car or truck will often stick their head out the window, smell the fresh air, and let the wind blow through their fur. Unlike humans, they don't really care about where their going to, but they do enjoy the trip. Dogs seem to know that it's not about the destination – it's all about the journey.

In other words, dogs are pretty good at enjoying life.

Be a Hero...if you have room in your heart to give an adoptable pet a safe and caring home, visit the Cedar City Adoption Shelter, 1150 W. Kittyhawk Drive, or the Enoch Shelter, 435-586-2960, or 435-586-9445. For information about the new Animal Shelter facility project planned in Cedar City, call the City Hall at 586-2950.

People

Wedding

Barton-Hunt

Mark and Sandy Barton of Paragonah, Utah, are excited to announce the marriage of their daughter Kaycee to Lincoln Hunt, son of Jesse Kay and Pamela Hunt of Veyo, Utah. The marriage will take place in the St. George LDS Temple on Saturday, April 28, 2018. A reception will be held that evening from 6 - 8 p.m. at the Barton residence, 26 South 100 East, Paragonah, Utah. In



case of inclement weather, the reception will be held at the Paragonah LDS Church.

Eagle Scout



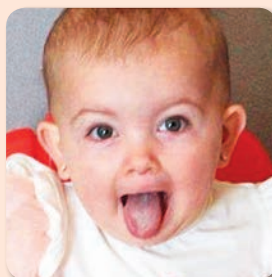
Matthew Martin

Matthew Martin of the Cove Ward has earned the rank of Eagle Scout. He will receive his Eagle Scout award on April 28, 2018 at 7 p.m. Matthew is the son of Michael and Jennifer Martin of Cedar City.

1st Birthdays

Hayvann Lyric Campbell

Hayvann celebrated her 1st birthday with family and friends at the Cedar City Aquatic Center. Our sweet bunny came to us last year on Easter Sunday, April 16, and she has blessed us everyday since with her beautiful smile and cute personality. Her proud parents are Karlee Worthen and Josh Campbell. Proud grandparents: Henry and Leisa Worthen and Jerry and Grace Campbell. Great grandparents: Lewis and



Patricia Leach, Mary Pike, Ron and Grace Rogers, Jerry and Beverly Campbell, and Nancy Nordyke-Shelley. Great Great Grandmother: Betty Frandsen We love you, Hayvann!



Kyson Dobson

Our cute little Kyson turned one April 25. His proud parents are Trevor and Kayttee Dobson. Grandparents are Stu and Vickie Hampton, Ron Dobson, Michele Louise Ingram, and the late John Lee Wilson. Kyson is such a happy baby and loves playing patty cake, and dancing.

Mission

Elder Adams

Elder Weston Adams has been called to serve in the Philippines, Tacloban Mission speaking the Cebuano language. He will report to the Provo MTC on Wednesday, May 9. He will be speaking in church Sunday, April 29 at the Canyon View Stake Center, 1985 N Main St. In Cedar City.



Religion

Spring Bible Conference at Valley Bible Church

Valley Bible Church is hosting Dr. Greg Baker from Eden, Utah, as the speaker for their Spring Bible Conference, to be held April 27-29.

Dr. Baker has served as the Pastor of Fellowship Bible Church (www.fbcliberty.com) in Liberty, Utah, since 2010. He and his wife, Danielle, have four children and love Utah. Not only do they enjoy all things outdoors, but they are passionate about sharing the gospel of Jesus Christ with believers and unbelievers alike. Pastor Greg has a particular burden to help individuals who are hungry to know more about God; he spends much of his time helping Utah friends to find God as their rock, their fortress, their deliverer, and their refuge -- God, who is "rich in mercy, is a sun and a shield to all who seek Him".

The theme of this year's Conference is "Building Bridges in A Culture of Confusion" and will focus on learning to share Biblical truth with those who are searching. There will be five sessions beginning with a meal at 6 p.m. on Friday evening, followed by the first session at 7 p.m. The second and third sessions will be at 5 p.m. and 7 p.m. on Saturday with a meal in-between, and the fourth and fifth sessions will be at 10 and 11 a.m. on Sunday. A nursery will be provided for all sessions.

Valley Bible Church is located at the intersection of MidValley Road and Highway 91 in Enoch. Call 435-586-0253 and leave a message. Messages are instantly received and answered. Or visit info@vbcfamily.com if you would like more information.



COURTESY PHOTO

DR. GREG BAKER AND HIS FAMILY will celebrate the Spring Bible Conference April 27-29.

Calendar

Wed, April 25

CEDAR CITY COUNCIL, 5:30 p.m., council chambers
AMERICAN SIGN LANGUAGE II CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.
TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.
IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.
FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 a.m. to 1 p.m., located at 2569 Freeway Drive between Rally Stop and the Travelodge. Rides available at no charge, leaving the Main Street Pavilion by the library at 11:30 a.m. and returning to same location after the meal. Look for the Sonrise Christian Fellowship van.
COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.
BAND: COLOR COUNTRY WINDS, 7 p.m., Presbyterian Community Church, 2279 North Wedgewood Lane. Brush up on your band skills to share with the community.
TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park, For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.
DOMESTIC VIOLENCE SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.
ALCOHOLICS ANONYMOUS, 7 to 8 p.m., Parowan United Methodist Church social hall, 190 N. Main St.
ALCOHOLICS ANONYMOUS, 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.
NARCOTICS ANONYMOUS JUST FOR TODAY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.
CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.
MEDITATION (WEDNESDAY CLASSES THROUGH MAY 2), 7 p.m., The Healing Tree, 535 South Main St., Ste. 4, Cedar City
VEDANTA, A MEANS OF KNOWLEDGE, James Swartz. 7 p.m., Cedar City Library in the Park. A 25-minute video then casual discussion. For more info, call Manny at 435-559-3333. The Literary Club.

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.
ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, noon, Cedar Bowling Center, 421 E. Highway 91.
AL-ANON - "AFFECTED BY SOMEONE'S ADDICTION OR DRINKING? AL-ANON CAN HELP. 7-8 P.M.", Cedar City Library in the Park, 303 N. 100 East, Cedar City. More info at 435-531-1045.
NARCOTICS ANONYMOUS, 8 p.m., The Meeting Hall, 1067 S. Main. More info at 877-865-5890.
WATER AEROBICS CLASS, 9 a.m., SUU pool. Fun, up tempo workout to current pop hits. The class is medium to high intensity and includes full body toning. Can be modified to any fitness level. Perfect for those with knee, hit or joint injuries. Cost is \$2 which includes pool admission. Free trial class. More info from Allison at 435-327-2091.
CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m. Call 435-865-1387 for an appointment. Accepts Medicaid, Medicare and all private insurances.
PAROWAN CITY COUNCIL, 6 p.m., city offices
CEDAR CITY RADIO CONTROL CLUB, 7 p.m., Cedar City Library in the Park.

Fri, April 27

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.
IMMUNIZATIONS/WIC/VITAL RECORDS, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.
ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.
NARCOTICS ANONYMOUS LIVE AND LET LIVE, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.
CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.
YEAR ROUND FARMERS MARKET, every Saturday rain or shine, 9 a.m. to noon in the parking lot across from Pastry Pub. Local vegetables, greens, fruit, herbs, baked goods, artisan cheese, live plants, flowers, jams, raw honey, farm fresh eggs, and more. Also every Wednesday, same location, 4 to 7 p.m.
SATURDAY MARKET, 9am-1pm every Sat. @ IFA, 905 S. Main. Good weather outside - bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For more info call 435-463-3735.
ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA, 6:30 p.m. AA BB Study, and 8 p.m. My Story speaker meeting, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

Sat, April 28

YEAR ROUND FARMERS MARKET, every Saturday rain or shine, 9 a.m. to noon in the parking lot across from Pastry Pub. Local vegetables, greens, fruit, herbs, baked goods, artisan cheese, live plants, flowers, jams, raw honey, farm fresh eggs, and more. Also every Wednesday, same location, 4 to 7 p.m.
SATURDAY MARKET, 9am-1pm every Sat. @ IFA, 905 S. Main. Good weather outside - bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For more info call 435-463-3735.
ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA, 6:30 p.m. AA BB Study, and 8 p.m. My Story speaker meeting, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

Sun, April 29

ALCOHOLICS ANONYMOUS, 11 a.m. (TGISS) AA and 6:30 p.m. 12x12 Book Study, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.
NARCOTICS ANONYMOUS, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For Information, call (877) 865-5890.
COMMUNITY MINDFULNESS MEDITATION, 4 p.m., St. Judes Episcopal Church, 89 North 200 West, Cedar City. This is facilitated by Amber Gower. This is a guided meditation open to the public. It is non denominational and free to all looking for guidance in group meditation. Phone 435-590-4092 for more information.

Mon, April 30

COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.
IMMUNIZATIONS/WIC/VITAL RECORDS, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.
RED ROAD TO SOBRIETY/AA MEETING, open meeting, 6 p.m., Paiute Indian Tribe of Utah, 440 N. Paiute Drive, Cedar City. For more information call Chris at 586-1112 ext. 307.
ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.
NARCOTICS ANONYMOUS MONDAY NIGHT BASIC TEXT STUDY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.
CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m. Call 435-865-1387 for an appointment. Accepts Medicaid, Medicare and all private insurances.
WOMEN'S AA OPEN CANDLELIGHT MEETING, 5 to 6 p.m., KKCB clubhouse, 1067 S. Main, Cedar City. All are welcome. For more information, call 435-559-7777.

Tues, May 1

AMERICAN SIGN LANGUAGE I CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.
STORY TIME AT THE FRONTIER HOMESTEAD STATE PARK, 10 a.m., an opportunity for preschool children to learn about the past through stories and history-related activities, story time is free thanks to the support of the Cedar City-Brian Head Tourism Bureau.
CEDAR CITY ROTARY CLUB WEEKLY MEETING, noon, Southwest Applied Technology College, 510 W. 810 South in Cedar City, for more information call (435) 865-7637.
IMMUNIZATIONS/WIC/VITAL RECORDS, 1 to 5:30 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.
RAPE AND SEXUAL ASSAULT SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.
COLOR COUNTRY PICKLEBALL, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.
AL-ANON "EASY DOES IT," 7 to 8 p.m., Community Presbyterian Church, 2279 N. Wedgewood Lane, Cedar City, for more information call (435) 531-1045.
AL-ANON, 7 to 8 p.m., Parowan Senior Center.
ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, noon, Cedar Bowling Center, 421 E. Highway 91, Cedar City.
ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA, 6 p.m. AA Misfits and 8 p.m. AA Cedar Group, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.
WATER AEROBICS CLASS, 9 a.m., SUU pool. Fun, up tempo workout to current pop hits. The class is medium to high intensity and includes full body toning. Can be modified to any fitness level. Perfect for those with knee, hit or joint injuries. Cost is \$2 which includes pool admission. Free trial class. More info from Allison at 435-327-2091.
CEDAR CITY COMMUNITY CLINIC, 10 a.m. to 7 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.
CEDAR CITY LION'S CLUB, noon to 1 p.m., Cedar City Library in the Park. For more information, visit www.lionsclubs.org .

Wed, May 2

CEDAR CITY COUNCIL, 5:30 p.m., council chambers
AMERICAN SIGN LANGUAGE II CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.
TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.
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FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 a.m. to 1 p.m., located at 2569 Freeway Drive between Rally Stop and the Travelodge. Rides available at no charge, leaving the Main Street Pavilion by the library at 11:30 a.m. and returning to same location after the meal. Look for the Sonrise Christian Fellowship van.
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BAND: COLOR COUNTRY WINDS, 7 p.m., Presbyterian Community Church, 2279 North Wedgewood Lane. Brush up on your band skills to share with the community.
TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park, For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.
DOMESTIC VIOLENCE SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.
ALCOHOLICS ANONYMOUS, 7 to 8 p.m., Parowan United Methodist Church social hall, 190 N. Main St.
ALCOHOLICS ANONYMOUS, 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.
NARCOTICS ANONYMOUS JUST FOR TODAY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.
CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.
MEDITATION (WEDNESDAY CLASSES THROUGH MAY 2), 7 p.m., The Healing Tree, 535 South Main St., Ste. 4, Cedar City

Want Your Event on Our Calendar?

There is no charge for calendar items. Your submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.



Mountain Eye Institute

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- Diabetic Retinopathy
- Treatment of Glaucoma
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mountaineyeinstitute.com

Schools

NEWS Nuggets

Compiled by Le Ann **WOOLSTENHULME**
Iron County School District

Enoch Elementary

Operation Christmas Child representatives, Terri and Joe Carroll and Rosemary Arriaga, visited our school on Wednesday, April 18. We celebrated the 108 Shoeboxes our students packed with gifts and sent to children in need around the world.

Congratulations to the 5th grade orchestra for their awesome performance on Wednesday, April 18.

Students will be participating in a Fun Run Wednesday, April 25. Students will use a pledge/donation envelope to gather pledges from family, friends, neighbors, etc. who will pledge a certain amount of money for every lap your child completes. Exact donations are also accepted. The number of completed laps after 20 minutes will be transferred to their envelope. Then students will collect the pledges/donations, as well as tell family and friends what an amazing job they did.

The Cedar City Lion's Club Kite for Flight event is Saturday, April 28. Bring the reading chart to earn prizes.



TERRI CARROLL THANKS STUDENTS for the many shoeboxes donated.



ORCHESTRA

North Elementary

Cedar North Elementary is hosting their annual Spring S.T.E.A.M. Night on Monday, May 7. We will start at 5:45 p.m. and end at about 7:30 p.m. Most of the events and presentations will be using an "open house" format; however, grade levels will be doing musical performances in the gym throughout the night according to the following schedule: 5:45--5th Grade Orchestra, 6:00--5th Grade, 6:15--Kindergarten, 6:30--1st Grade, 6:45--2nd Grade, 7:00--3rd Grade, 7:15--4th Grade. Students in each grade will please gather in the Resource Room ten minutes prior to their performance time. There will also be science, art, and engineering displays, and a teacher bake sale. All proceeds from that night will be used to promote the arts at North Elementary. Parents and friends of North Elementary are all invited to come join us!

South Elementary

Fifth graders at South Elementary enjoyed a day in Washington County. They first visited The Dinosaur Track Museum at Johnson Farm. Students were able to see tracks from creatures that roamed the area in the Early Jurassic Period. They were also able to see prehistoric fossilized fish, plant life, insect tracks, and fish swim trails. After their stop at the museum, they enjoyed lunch and some outdoor activities at Willard O. Nisson Park, which included a short hike on one of the walking trails.



Three Peaks Elementary

On April 24, the second grade classes visited SUU to participate in activities for the annual Bard's Birthday Bash. Activities included; jousting, Maypole weaving, cake with the queen, and acting out scenes from Shakespeare's plays. Thank you SUU for providing these activities for the students of Iron County School District. On April 23, second grade students from Mrs. Susan Parker's class performed excerpts of Midsummer Night's Dream. On April 24, students from

Mrs. Liz Jones' class and Mrs. Wendi Fuson's class performed scenes from Much Ado About Nothing. Thank you to the teachers and the students for all of the hard work they put into these performances.

We would like to remind parents to take their children to the 14th Annual Kite Flight for Reading and Sight activities held on Saturday, April 28 from 10 a.m.-3 p.m. at the Cedar Middle School fields. Turn in the completed student reading chart and help out Three Peaks Elementary.

Canyon View Middle

Please mark your calendar with these important dates to remember:

Performing arts production of Willy Wonka and the Chocolate Factory, May 9 and 10:

Evening performances: 6:00 PM

End of Year Orchestra Concerts, Monday, May 14:

Beginning Orchestra: 5:00 p.m.
Intermediate Orchestra: 6:00 p.m.
Advanced Orchestra: 7:00 p.m.

End of Year Celebration Concert, May 15:

Beginning Band 5:00 PM
Concert and Varsity Band 6:00 PM

Jazz Band Concert Ice Cream Party, May 16:

5:00 PM

Cedar Middle

Spring concerts for our bands and orchestras are quickly approaching. Those who have recently attended one of our music concerts will recognize that our Cedar Middle School fine arts programs are bursting at the seams. We have had continuous growth in band, orchestra and choir membership over the years and are quickly outgrowing our facilities. Our teachers and administrators support the music and arts programs in our school because they recognize the positive influence it has on our students. The world's greatest minds have always understood the importance of the arts. Aristotle said, "Music has a power of forming the character, and should therefore be introduced into the education of the young."

The CMS Advanced Orchestra traveled to the University of Utah in Salt Lake City to perform at the Jr. High School State Orchestra Festival on March 20, under the direction of orchestra teacher Christina Carrigan. These students performed beautifully in the equally beautiful Libby Gardner Hall on the U of U campus and earned superior ratings. It was a fantastic experience for these orchestra students.

Middle School interviews

EVERY YEAR AT GATEWAY

we send our middle schooler students out into the workforce, to experience some on the job training. For the past few weeks, we have been talking about job shadowing! Students have filled out applications, worked on their resumes, and practiced lots of interview questions. This was the week their hard work paid off. Students had their mock interviews! The interviewers were from the jobs they will shadow, administration, and teachers. It was an exciting week to say the least.



COURTESY OF GATEWAY ACADEMY

APRIL SPECIALS

Featuring Local Lamb
from Cedar Mountain Lamb

Lamb Patties	\$10 /lb
Lamb Steaks	\$13 /lb
Leg of Lamb	\$13 /lb

MARY'S FREE-RANGE

Whole Chicken	\$3.50 /lb
Turkey	\$5 /lb

D9 Custom Cuts, LLC

Every Sat 10am-2pm
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One size doesn't fit all

The term, one size fits all, has been in use for a long time. Since it doesn't apply to everything or everyone, it would probably be more correct to say, one size fits most. However, when it comes to things like families, friendships, and relationships, etc. I believe a more customized tailoring would provide a better fit.

True, it would be more convenient to have everything fit without the fuss of a changing room, or if every potential friend became a BFF. Unfortunately, life rarely adheres to the one size fits all, or even most, philosophy. This is especially true when it comes to our interactions with other people. There are many situations where it's not wise to expect or try and apply a one size fits all approach, or cookie-cutter practices. We're humans not robots and we're trying to build relationships not bake cookies.

However, for the sake of this ratty recipe, may I mix some baking wisdom into your daily mingling with other mortals? For example, the family unit, like baking cookies, has many different ingredients. Each parent and child have their own unique flavors and flaws. Yet, all are important and needed for the success and tastiness of the treats. No, they may not always mix together well, and they may take more effort to mix. Sometimes we will need to use a little less salt, or more sugar in how we speak to and treat one another.

Occasionally, we need to patiently acquire the proper ingredients, or let our friendships and relationships bake a little longer in love's oven. Of course, there are also those moments that every chef and baker dreads—leaving their tasty morsels in the oven too long. If we're not careful with our loved ones, feelings can get singed,

or even burned. If that's the case, you don't need to throw away the recipe. Get some more ingredients and begin again. Perhaps this time, mix in an extra scoop of forgiveness and always mix in lots of love. Love can be mixed in any time and in any amount; the more the better.

Some of you may feel like you're missing ingredients, or that the family recipe doesn't call for your personal uniqueness. You may think you'll ruin it somehow. Not true! You have something special to add to the recipe that no one else can add. You may even be a part of a family that has blended



The Rut LESS TRAVELED

by Corey BAUMGARTNER

If we're not careful with our loved ones, feelings can get singed, or even burned

together more than one recipe from different benevolent bakers. Maybe you're not missing ingredients, but you are the missing ingredient. Also, a few nuts in the family, or circle of friends, can give the cookies a nice creative crunch. No matter the recipe, we all come from different pantries and pathways of life. We all have something unique to add to life's recipe. Remember, no matter your situation, even the best recipes call for extra scoops of patience, mixed with perseverance, and love.

coreybaumgartner@hotmail.com

THE GAP

Continued from page 10

of the Indian Mounds where she has been part of the Parowan Gap research group since 1996. She explains that in-depth interest began with a Federal Highway Transportation and archeologic grant meant to link the historic I-15 route of the past to modern-day transportation corridors.

According to Dalton, the mouth of Little Creek was an original transport route around Parowan known as the Spanish Trail. "They say the Native Americans used the Gap to communicate with others at the mouth of the creek," said Dalton. "Today you can hear the neighbor go by in their noisy trucks."

Her husband's family heard and shared many stories of the early pioneers: They talked about the native people who lived here and traveled the Navajo Trail system that runs between Kanab (the back side of Little Creek), to Hurricane and on to the Navajo reservation. "I worked with my Mother-in-Law in the garden and we would come across pieces from pot shards to arrow-heads, to the remains of a pit-house. So we gathered what we could."

In 1989, an archeologist and an engineer arrived to study the geographical and cultural history of the mysterious Gap. "From that research, the Parowan Heritage Foundation and others, compiled the information into

narratives," said Dalton of the Bureau of Land Management, the Paiute Tribe of Utah, the Hopi Tribe, and the Cedar City-Brian Head Tourism Bureau.

Since then, dozens of volunteers assist with events and programs at the Gap.

But it is the solar and lunar calendar that illuminates some of that story. "The Foundation and others wanted to carry the story and history forward," said Dalton, of local events held first, and then inviting the public to workshops, walking tours and other events. In Spring and Fall, volunteers host interpretive tours that highlight the ancient way with focus on the calendar.

"So visitors can come see the 'spitting out' of the sun in Spring -- which portends a fair season ahead. Our main goal is to share the experience and awareness of what is here, with some very awe-inspiring observational events," said Dalton. In June, Dalton will host summer camp students on a field day trip from Cedar North Elementary School.

Here, people strive to protect the story of the Gap, the natural environment and the timeless cultural story it represents of an ancient land and people. "We look to the curious alignments, the odd 'Zipper-glyph' and the nature of a unique history," said Dalton. "So how does the ancient calendar system work alongside the story of migration or journey?"

Visitors want to understand those stories.

Cedar City Prescription Drug Take Back Day

SATURDAY, APRIL 28TH
10am-2pm • Smith's Food & Drug
633 S Main, Cedar City

Will Collect: Prescription & over-the-counter medications, liquids

Will NOT Collect: Medical waste, syringes, intravenous solutions and injectables

For more info. visit SouthwestPrevention.com

Free Prescription Lock Box to the First 50 Participants!

Can't attend? Don't forget about the permanent prescription disposal locations in the Cedar City Police Department and Township Pharmacy!

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TECHNICIAN**
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 Inquiries and Applications
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 Friday, May 4, 2018.

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Obituaries

William Murdock Parkinson



William Murdock Parkinson, 67, passed away peacefully at home in Enoch on April 15, 2018. He was born December 13, 1950 in Cedar City, to Foch Arnold and Nellie Orlene Murdock Parkinson.

William graduated from Beaver High in 1969, and married his wife of 48 years on April 30, 1970 in Las Vegas, Nevada, going on to become parents to Cody, Cole, Kallene, Troy and Robin.

William worked as a truck driver from the age of 15. He liked to be busy with his hands, doing masonry work, cutting wood, and building fences. He also enjoyed farming, rodeos, rock collecting, antiques, and yard sales, and was a man with many hats.

William is survived by his wife, LaRae Parkinson of Enoch, UT; children, Cody Parkinson of Cedar City, UT, Cole (Melinda) Parkinson of Cedar City, UT, Kallene Shroder of Cedar City, UT, Troy (Jackie) Orton of Beaver, UT, Robin (Mark) Horton of Milford, UT; 19 grandchildren; 6 great grandchildren, and one on the way; brother Karl Parkinson; sisters Hazel Larson and Connie Neito; as well as numerous nieces and nephews.



He is preceded in death by his parents, Foch and Nellie Parkinson; twin brother, Robert Murdock Parkinson; brother, Jim Parkinson; and sister, Margaret Carter.

Graveside service was held on Wednesday, April 18, 2018 at 1 p.m., at the Enoch City Cemetery, under the direction of Southern Utah Mortuary. There was a viewing on Wednesday, April 18, 2018 from 11 a.m. - 12:30 p.m. at the Enoch West Stake Center (3575 N Minersville Hwy, Enoch, UT). Online condolences can be sent at www.sumortuary.com.

Harl Elmer Judd



Harl Elmer Judd was born in Richfield, Utah on October 16, 1932. He was the oldest of three children born to George Elmer Judd and Elva Matilda Hansen. He spent his childhood years in Kanab, Utah. Here he learned from his father a love for ranching. Riding horses, caring for the cattle, spending time at the ranch and on the Kaibab were things he learned to love. After graduating from Kanab High School, he attended BAC and then Utah State University where he received his PhD in Engineering. He married Beatrice Anne Ashcroft and they were the parents of

five children: LuAnne (Eric Brown), David (Lynnette), Jeannine (Keenan Hart), Charles (Shauna), Sharon Judd and the late Retta (Todd Gale).

Harl taught for many years at what is today Southern Utah University. He was instrumental in the acquisition of the first computers on campus and worked to see the sciences thrive, served as the Dean of the School of Science, and for a short time as the Acting President. As a member of The Church of Jesus Christ of Latter-day Saints he served with diligence and joy in many leadership callings, but never sought for the limelight. He was dedicated to, and had a love for the gospel and for his family. Family time was important, from playing games to hiking and working on the farm. His actions demonstrated the depth of his love. On the farm he taught his children and then his grandchildren not only work, but to love the land as he did. His patience increased as the size of the family increased, enabling him to work long summer hours with his inexperienced grandchildren who learned to work by his side, harvesting pumpkins and potatoes, and moving sprinkler lines. This patience became more powerful as he tenaciously battled Parkinson's Disease for over 35 years. When his body was able to do less, he spent more time figuring how to accomplish the task from another angle. He did not complain, but simply sought to live life to the fullest, working around and in spite of the restrictions which accompanied this disease.

He is survived by his sister Shirlyn Frost, five children, 24 grandchildren and 54 great grandchildren. He is preceded in death by his wife Anne, his brother Thayne, his daughter Retta, and a great granddaughter Nona.

Funeral services were held on Saturday, April 21, 2018 at 12 Noon at the Cedarview LDS Chapel (1925 W 320 South, Cedar City). A viewing was held on Friday, April 20 at the church from 6 to 8 p.m. A viewing was held on Saturday, April 21 at the church from 10:30 to 11:30 a.m. Interment was in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be made at www.sumortuary.com

A special thanks to the Beehive House for their loving care along with the special attention he received from Taylor Johnson.

Robin Drew Haight



Robin Drew Haight, age 65, passed away on April 16, 2018 in Cedar City, Utah. Robin was born on September 16, 1952 in Salina, Utah, to Leonard Drew and Mary Belle Ivie Haight. He was the oldest of four children. He married his eternal sweetheart Brenda Gubler on May 7, 1976 in the St. George LDS Temple.

At a young age, Robin learned a strong sense of responsibility in his family. He spoke fondly of his childhood and had many great memories in the Cedar Valley helping on his Grandparent's farm. He was an Eagle Scout. He found

a passion for athletics playing baseball, football and basketball. He was an All-State athlete in football and basketball and graduated from Cedar High School in 1972 having served as the Student Body President. He earned full-ride basketball and leadership scholarships to Southern Utah State College and also served as the Student Body President there.

Robin served a 2-year LDS mission to Auckland, New Zealand. He spoke highly of his experiences serving the Lord and served in many leadership capacities including Zone Leader and Assistant to the President.

After graduating from SUSC in 1977, Robin and Brenda moved to Seattle, Washington where Robin attended the University of Washington Dental School; earning his doctorate degree in Dentistry in 1981. They returned to Cedar City with their small family where he practiced dentistry for 37 years.

Robin was blessed through his service in The Church of Jesus Christ of Latter-day Saints. He served faithfully in many callings including a Bishopric, the High Council, Scouting, and teaching in various capacities. Since he lost his father when he was 8-years-old, he did all he could with his family, teaching them skills and making memories. He served in many capacities in the Boy Scout Program promoting meaningful activities and life experiences. He often recounted stories of scouting adventures that he shared with many youth and leaders.

His hobbies included Dutch-oven cooking, hunting, fishing and spending time with family. He had a strong loyalty to Cedar City and used his cooking and organizational skills in many community events over the years.

He had a big heart, a brilliant mind and a contagious laugh. He lived his life to the fullest and will be missed by many.

Robin is survived by his wife Brenda; sons Bryan (Heather) Haight, Michael (Tausha) Haight; daughters Tamara (Mike) Twitchell, and Jennifer (Doug) Kerksiek along with 15 grandchildren; brother David (Nancy) Haight; brother-in-law Richard Thomas and sister Joann Bergera. He was preceded in death by his parents; sister Kathryn Haight Thomas and brother-in-law Gregg Bergera.

Funeral services were held on Saturday, April 21, 2018 at 1p.m. at the Cedar West Stake Center, 725 South 1100 West, in Cedar City, Utah. A viewing was held on Friday, April 20, 2018 from 6-8 p.m. at Southern Utah Mortuary. On Saturday, April 21, 2018 the viewing was at the Cedar West Stake Center from 11:30-12:30 p.m. Interment was in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be made at www.sumortuary.com.

Jerry Hugh Goff



Jerry Hugh Goff, 76, passed away peacefully at home on April 17, 2018 in Cedar City, Utah. He was born, April 21, 1941 to Hugh Arnold and Goldie Rose Steele Goff, in Salt Lake City, Utah.

Jerry served his country in the Army with honor during the Vietnam War, and was proud of his service. He met and married the love of his life, Jolene Webster, and they had three children; David, Stacey and Ryan. He was a member of The Church of Jesus Christ of Latter-day Saints.

Jerry was a jack-of-all-trades, and could do anything he turned his hand to.

He loved Kanarra Mountain and the annual deer hunt he started with his boys, and continues to this day. He enjoyed carpentry, fixing things, was a cowboy and horseman, who loved riding, telling stories, and playing golf. He especially loved his family, was everybody's friend, and known as the life of the party. Jerry said that he had never met a stranger!

Jerry is survived by his wife, Jolene Webster Goff of Cedar City, UT; his children, David Nelson (Julie) Goff of Las Vegas, NV, Stacey Goff (Brad) Lindburg of Las Vegas, NV, Ryan Jerry (Holly) Goff of Cedar City, UT; 9 grandchildren, and 1 great grandchild.

He is preceded in death by his parents, Hugh and Goldie Rose Goff, and his brother, Rex Goff.

Funeral services were held on Saturday, April 21, 2018 at 2 p.m. at the Cedar 15th Ward LDS Chapel (500 W 400 N, Cedar City, UT). There was a viewing on Friday, April 20, 2018 from 6- 8 p.m., and again on Saturday, April 21, 2018 from 12:30 - 1:30 p.m. at the Cedar 15 Ward LDS Chapel. Interment was in the Cedar City Cemetery, under the direction of Southern Utah Mortuary. Online condolences can be sent at www.sumortuary.com.

Debra P. Smith



Debra P. Smith of Cedar City, Utah peacefully passed away at home in the arms of her loving husband the morning of April 17, 2018. She was born July 2, 1954 along with her twin brother, Danny, in Cedar City, Utah to Donald and Frances Allard Patterson of Beaver, Utah.

At an early age Deb found her passion to serve people as her parents had restaurants while she was growing up the first one being during the 60s, The Little Kitchen Cafe in Cedar City. Deb was a natural and loved meeting people. She stayed in the food service business her entire life, opening Ed and Deb's Cafe with

her husband in January 1987. It quickly became a big hit with the locals as well as up and down I-15. Over the years they taught a lot of kids how to work hard and have fun. There were many friendships built and Deb always loved her customers and employees. Years later people are still talking about Ed and Deb's and their wonderful food, particularly their fresh from scratch Biscuits N Gravy! This was certainly one of the best times of Deb's life.

Deb loved her family very much and was a wonderful caretaker to both of her parents, making sure their last years were comfortable. Her family all knew that the one thing she loved was family gatherings and meals together. Her favorite time of year was Christmas because it meant family time. She loved putting up Christmas lights and decorating the home for all to enjoy.

Deb is survived by her husband, Edward Smith of Cedar City; daughter Monica (Travis) Seifers, grand-daughters Autumn and Aspen, great-grandsons Hoyt and Stryder, and great-granddaughter, Austynn, of Milford; daughter Codi Perkins, grandsons Dallas, Kolton, Austin, and granddaughter, Preslee, daughter Trisha (Robert) Turnbaugh, grandsons Joshua and McCoy, all of Cedar City; sister Helen (Joseph) Brunelle of Colorado Springs, Colorado. She had several nieces and nephews whom she loved dearly.

She was preceded in death by her parents, twin brother Danny, older brother Larry, and grandson, Jaden Lee Puffer Laws.

Deb's wishes were to be cremated. A Memorial Service will be held Saturday, April 28, 2018 at 12 p.m. with a visitation from 10 a.m.-noon at the Cedar 4th Ward located at 500 West 400 North, Cedar City, Utah. Arrangements are under the direction of Southern Utah Mortuary. Online condolences can be made at www.sumortuary.com.

SUU

COLLEGE OF
PERFORMING & VISUAL ARTS
SOUTHERN UTAH UNIVERSITY

UPCOMING EVENTS

SENIOR BFA CAPSTONE
EXHIBITION &
ART INSIGHTS: DAVID EMITT
ADAMS EXHIBIT

Southern Utah Museum of Art

Tuesday - Saturday

through May 5

11 a.m. - 5 p.m.

Open late Thursdays until 8 p.m.

Graduation Weekend Hours

May 4 from 11 a.m. - 8 p.m.

May 5 from 10 a.m. - 5 p.m.

SUU ORCHESTRA CONCERT

Thorley Recital Hall

April 25 at 7:30 p.m.

www.suu.edu/pva

Maurer signs letter with SUU track

by Tom ZULEWSKI
Iron County Today

Cedar High's Trenton Maurer had two built-in advantages when it came down to making a choice for college to apply his talents in track and field. He lives a block from the Southern Utah campus and his older sister – fellow alum Shaye Maurer-Springall – is an assistant coach for the T-Birds team.

It all added up to his own winning moment as Maurer signed his letter of intent April 18 to join the SUU track program before family, friends and teammates at the CHS campus. Maurer was a running back for the Redmen football team, but knew track and field was his true passion. Shaye was a role model from the start.

“Ever since I was a little kid, I looked up to her and always thought it was so cool she could go to college,” Maurer said. “Growing up a block from SUU, it was always a part of my heart that I wanted to go and run for them. That’s the main reason.”

In addition to the close proximity of SUU to his home, Maurer’s passion is with track and field.

“I had a great time playing football, but I really love track,” he said.

Maurer is undecided on a course of study. He had interest from other schools, including for football, but didn’t have any desire to go anywhere else.

“I listened to them, but I already knew what I was going to do,” Maurer said.

Maurer described head coach Eric Houle as “funny with a warm personality,” but Shaye Maurer knew she didn’t have to sway her little brother.

“He was interested from the beginning. I didn’t have to encourage him that much,” she said. “He just kept getting faster and faster and really wanted to go to SUU. I’m excited about that. We needed a hurdler, and he’s one of the best ones out there.”

Maurer finished third in the finals of last year’s 3A state meet in the 110-meter hurdles at BYU, finishing with a time of 15.25 seconds behind Weber State commit Carter Reynolds of Desert Hills and Richfield’s Josh Thomas.



CEDAR'S SHAUN BAUMAN AND HER TEAMMATES bested Desert Hills 11-7 last week, keeping the Lady Reds in the thick of the Region 9 race.

COREY BAUMGARTNER

Cedar softball moves closer to Region 9 crown

by Tom ZULEWSKI
Iron County Today

Cedar head softball coach Chris Weaver knew his team hadn’t faced the type of pitching he knows it will see at the 4A state tournament. The Lady Reds had their moments, but came through in the clutch for two more wins and pulled closer to another Region 9 title.

Dream Weaver hit her second home run of the game to break a tie, and Cedar went on to score four runs in the bottom of the sixth inning for a 7-3 win over Snow Canyon. Denim Henkel added a two-run home run – her 11th of the season – and Shaun Bauman hit a two-run single in the key sixth-inning rally.

“You see great pitching like what we had today at state,” Weaver said. “We’re not overconfident, but we just need to see better pitching every time.”

Other than a first-inning home run from Dream Weaver and the blast from Henkel, Snow Canyon starter Payton Jensen kept Cedar in check. The Warriors struck first on an RBI single from Courtney Averett and took a 2-1 lead in the top of the third on a home run from Marly Moala.

Snow Canyon was able to answer Henkel’s home run with a run in the top of the fourth on a sacrifice from Alex Demming that tied the score at 3-3, setting the stage for Cedar’s late heroics. Bryton Holyoak allowed a double to Demming in the top of the seventh, but struck out

pinch-hitter Tyler Mooring for the final out.

In the second game of the week, Cedar reduced its magic number for clinching another Region 9 title to one with a duplicate performance against Desert Hills. The Lady Reds broke another sixth-inning tie with four runs and beat the Thunder 11-7 on a cold, windy day at Tom Cardon Field.

Kylie Oldroyd was the hitting star in Cedar’s 19th straight region win, going 3-for-4 with a two-run home run in the

mph throughout the game, the Thunder were able to capitalize and grab the lead. Tori Hinton hit a two-run home run off Cedar starter Kenzie Waters in the third to pull Desert Hills within 5-3, then starting pitcher Brianna St. Clair chased Waters with a two-run homer in the fourth that summoned Holyoak.

The senior left-hander got Katelyn Phillips to pop out for the second out of the inning, but Addi Betts went deep on a 1-0 pitch for a 6-5 Thunder lead.

After Kylie Oldroyd’s double put the Lady Reds back in front in the bottom of the frame, the score held until the top of the sixth when Betts hit the first pitch from Holyoak over the fence in center field to tie the score.

Allie Meisner started the winning rally for Cedar as she was hit by a pitch from St. Clair. Dream Weaver hit a fly ball that was pushed by the wind and glanced off the glove of center fielder Kylee Christensen, putting runners at second and third.

Henkel’s groundout plated Meisner to break the tie, and Pua Johnson drove in Weaver with a single to push the lead to two. Oldroyd followed by sending a 2-2 pitch from St. Clair over the fence in left-center.

Holyoak allowed a two-out single to St. Clair in the top of the seventh, but secured the win for Cedar by getting Phillips to ground out.

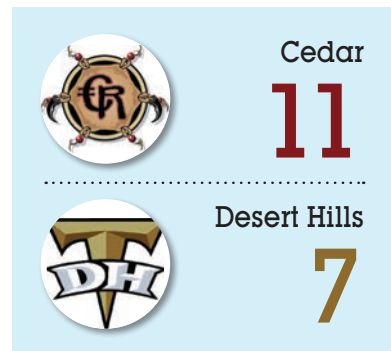
The Lady Reds were idle Tuesday and resume region play Friday with a 4 p.m. game at Canyon View.

sixth inning and five RBI. Henkel got the winning rally started with a run-scoring groundout.

“That’s a sign of her maturity at the plate,” Chris Weaver said of Henkel’s productive out.

Cedar broke out quickly with four runs in the bottom of the first – two scoring on a Sage Oldroyd double – and stretched the lead to 5-1 in the second on an RBI single from Dream Weaver.

With the wind gusting to more than 30



Falcons soccer falls 5-0 to Thunder on road

Cedar Redmen earn their first region win

by Tom ZULEWSKI
Iron County Today

The Canyon View Falcons knew their playoff hopes were hanging by a thread. Looking for a win to take control of its fate,

the Falcons ran into too much Ben Simister. Simister scored a hat trick and assisted on the other two goals as the Thunder pulled away in the second half and posted a 5-0 shutout over the Falcons at home April 17. DH (5-1-4 Region 9) led only 1-0 at the half, but scored four times in the final 40 minutes.

CV fell to 4-6-0 in Region 9 play, but kept its hold on the final playoff spot after Pine View dropped a 5-1 decision to Dixie. The Panthers trail (3-5-2) trail the Falcons

by a point with two games remaining in the regular season.

Cedar also played a single game last week, coming away with a first-half goal from Tito Garcia and hanging on for a 1-0 win over Hurricane, its first of the Region 9 season (1-8-0).

The Falcons and Redmen were scheduled to face each other at Cedar on April 20, but the match was postponed due to snow. No official word was available on when it will be played.

CV softball wins twice, stays in playoff hunt

by Tom ZULEWSKI
Iron County Today

Junior pitcher Jordan Nielson threw a pair of complete games as the Canyon View softball team kept its playoff hopes on track with a 4-3 win over Hurricane on April 17 and a 7-1 home victory over Pine View on April 20.

CV improved to 4-3 in Region 9 and stayed in fourth place in the standings.



Against the Tigers, the Falcons scored three runs in the third and one in the fifth to take a 4-0 lead, but Hurricane made them sweat down the stretch with two runs in the bottom of the fifth and

one in the sixth.

Nielson, Taylee Braegger and Camry Higgins had RBI doubles in the win for Canyon View.

The Falcons got another strong outing from Nielson in the victory over the Panthers as she struck out four, walked one, and went 3-for-3 at the plate. Braegger added two RBI, Higgins drove in one with a sacrifice fly, and Makenzie Whitehair doubled to score another run.

Canyon View returned to Region 9 play with a home game against Dixie on Tuesday that was too late for press deadline. The Falcons will host region leader Cedar on Friday.

	Cyn. View	7
	Pine View	1



AVERY ALLEN OF CANYON VIEW connects on this pitch during a recent game.

Scoreboard

Scores

High School Baseball

- 4/17 Dixie 14, Cedar 0
- 4/18 Mtn. View 3, Canyon View 2
- 4/19 Dixie 9, Cedar 2
- 4/20 Westlake 11, Canyon View 7
Westlake 15, Cedar 6

High School Softball

- 4/17 Canyon View 4, Hurricane 3
- 4/18 Cedar 7, Snow Canyon 3
- 4/19 Cedar 11, Desert Hills 7
- 4/20 Canyon View 7, Pine View 1

High School Boys Soccer

- 4/17 Desert Hills 5, Canyon View 0
Cedar 1, Hurricane 0
- 4/20 Cyn. View at Cedar, postponed

Standings

Region 9 Baseball

	REGION	OVERALL
Snow Canyon	8-0	20-1
Dixie	8-0	19-2
Desert Hills	6-4	13-5
Pine View	4-4	10-6
Cedar	4-6	9-11
Hurricane	0-8	7-12
Canyon View	0-8	5-13

Region 9 Softball

	REGION	OVERALL
Cedar	9-0	15-5
Desert Hills	7-2	16-4
Snow Canyon	5-3	12-7
Canyon View	4-3	6-6
Hurricane	3-5	10-6
Pine View	1-7	6-12
Dixie	0-9	1-16

Region 9 Boys Soccer

	REGION	OVERALL
Dixie	8-0-3	10-0-3
Snow Canyon	7-0-3	7-0-5
Desert Hills	5-1-4	7-2-4
Canyon View	4-6-0	5-6-2
Pine View	3-5-2	4-8-2
Cedar	1-8-0	2-9-0
Hurricane	1-9-0	1-12-0

Flyers hammer Redmen, stay in tie for region lead

by Tom ZULEWSKI
Iron County Today

For the second time in a week, the Cedar Redmen was held without a hit by the opposition. When the rematch rolled around this time, the Dixie Flyers made

sure there would be no letdown.

Cooper Vest threw a no-hitter in five innings as the Region 9 co-leaders kept pace with Snow Canyon in a 14-0 mercy-rule win at Flyer Field on April 17. The Flyers followed that effort up with a 9-2 win at Cedar two days later to move to

8-0 in region and 19-2 overall.

Catcher Chase Lundin carried the big bat for Dixie in the Tuesday win, going 3-for-3 with five RBI, finishing a triple shy of the cycle. They eliminated any thought of drama early, scoring four runs in each of the first two innings and adding six more in the third.

In a game that was moved up a day due to weather, Lundin got the scoring started in the second inning off Tanner Eyre with a solo home run and Reggie Graff added a two-run double for the early 3-0 lead.

Dixie would add three more runs in the fourth, but Cedar got two runs back on a double from Chase Houston in the bottom of the fifth – only the second and third runs Flyers have surrendered in region play this season.

From there, Dixie secured another win with a run in the sixth and two more in the seventh.

The Redmen played one more out-of-region game at home April 21, dropping a

15-6 decision to 6A school Westlake. The visiting Thunder led 5-1 after four innings and pulled away late with four runs in the sixth and six more in the seventh.

Cedar (4-6 Region 9, 9-11 overall) has a bye from region play this week and will take to the road for games at Richfield today and at Kearns on Friday.

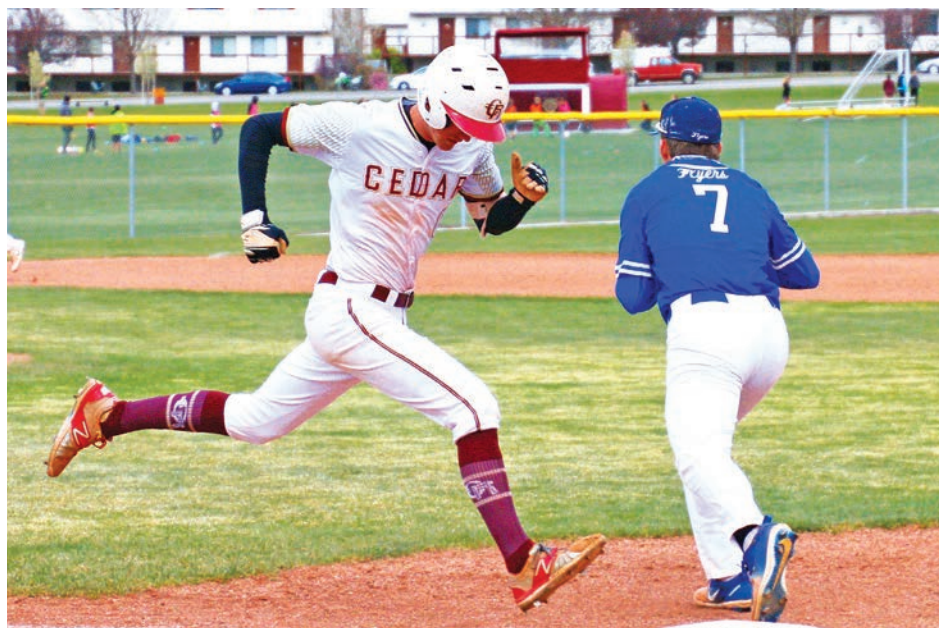
Canyon View had two games in non-region play last week, but saw its struggles continue.

The Falcons fell 3-2 at Mountain View on April 18, then saw a late rally fall short at home in an 11-7 loss to Westlake on Saturday.

Trace Hardin held the Bruins to just two hits, but CV could only manage single runs in the sixth and seventh innings

in the loss. The Falcons trailed only 6-5 heading to the top of the seventh in the home matchup, but the Thunder scored five runs in the inning to secure the win.

Hardin homered twice for CV, who fell to 5-14 on the season. The Falcons returned to Region 9 play Tuesday with a home game against Hurricane.



COREY BAUMGARTNER

THE DIXIE FLYERS DROPPED CEDAR 9-2 LAST WEEK, as the Redmen fell to 4-6 in region play.

Can't stand the weather

The calendar may say April, but for sports fans, the athletes who play the games, and the writers who cover them, the month has been a weatherman's nightmare.

It's bad enough they have to describe what's going on in the skies without triggering visions of an impending apocalypse, but when it messes up the schedule of our favorite games, that's a problem that causes torn hair follicles and an increase in honey-do lists everywhere.

Through April 18, according to weather.com, 25 Major League Baseball games have already been postponed. Just two years ago, that number was the total for the entire season.

Let's face it. The weather in April is unpredictable – showers and snow are the theme of the month – and not everyone wants to sit through a baseball game when it feels like February at times.

But despite the objections, skepticism and cynical feelings, the 162-game season that's been around since 1961 isn't going away. Those who have to make adjustments and reschedule games have it worst of all.

It's no different for the athletic directors at Cedar and Canyon View. They were hit hard with the postponement problem last week.

There were the easy adjustments at Cedar – two scheduled home softball games were moved from Tuesday and Friday to Wednesday and Thursday. The Friday baseball game against Dixie was also moved up.

But a scheduled soccer game between the two schools wasn't and had to be postponed due to a one-inch blanket of snow that covered the field at Cedar completely before lunchtime. The timing couldn't have been worse.

Despite holding a 4-6 region record, the Falcons are sitting in the last spot for the 4A playoffs from Region 9. The margin is a single point over Pine View, which only adds to the need to get the Cedar-CV game rescheduled.

A Falcon win over the Redmen would put all the pressure on the Panthers for the regular-season finale Friday. Ironically, Pine

View plays at Cedar on Tuesday and needs at least a tie to stay alive.

If they get it, Canyon View closes at home against Region 9 co-leader Snow Canyon and the Panthers play at Hurricane. CV shut out Cedar 8-0 in the first meeting and will be going after a similar effort the second time around.

Extending the season is at stake. That's more than enough motivation.

» Weird stat of the day:

On the baseball side, the Region 9 race is clearly going to come down to the final-week showdown between Dixie and Snow Canyon. Both teams are unbeaten in region play, and both teams have had stellar pitching.

Through April 20, Warriors opponents have scored 10 runs in eight games. The Flyers have done even better, allowing just three.

When the research office looked it up, they were surprised to learn Cedar and Canyon View



RANDOM Thoughts

by Tom ZULEWSKI
Sports Writer

25 Major League Baseball games have already been postponed

are the two region teams that have solved the pitching of the co-leaders, at least a little. The Redmen scored seven runs on Snow Canyon in an 8-7 loss April 5, and the Falcons scored two in a 15-2 loss March 21.

Hurricane was able to push across one on the Warriors last Friday in a 7-1 loss.

Against the Flyers, Cedar broke through for two runs in a 9-2 loss last Thursday, and CV was the first team to be able to score on Dixie in a 6-1 loss April 13. It also broke the Falcons' 20-inning scoreless drought it had as a team.

In the search for positive things to hang the hat on, it's not hard to find them if you know where to look.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

Sanders named head coach of SUU women's basketball

by SUU ATHLETICS STRATEGIC COMMUNICATION

For Iron County Today

CEDAR CITY — Southern Utah Athletics and Athletic Director Debbie Corum have announced Tracy Sanders as the new head coach for the Thunderbird women's basketball program.

"There was a large number of very qualified candidates interested in this position, and Tracy was one of the favorites from our very first conversation with her," Corum said. "She has many years of experience helping lead a successful program, both as a student-athlete and a coach. And her vivacious personality is infectious. We welcome Tracy and her family to Cedar City with a great amount of excitement and anticipation for the future of SUU women's basketball."

Sanders will join the Thunderbirds from Saint Mary's College where she has served on staff for the last 12 years under head coach Paul Thomas. Sanders has held the title of Associate Head Coach for the past five seasons. Her current duties include coordinating all aspects of recruiting, opponent scouting, game preparation, and player development.

"I am extremely honored and excited for the opportunity to lead the Southern Utah University women's basketball team," Sanders said. "I want to thank President Scott Wyatt, and Director of Athletics Debbie Corum, for believing in my ability to guide this program

to success and build a winning tradition here in Cedar City."

Sanders has worked primarily with the post players during her time with the Gaels, which led to the development of two WCC Players of the Year, a two-time WCC Defender of the Year, and a WCC Tournament MVP amongst many other accolades. The two-time WCC Defender of the Year, Louella Tomlinson, is the Gael's all-time leading scorer, taking the title from Sanders herself, and holds the NCAA record for career blocks per game average.

Before starting her coaching career in 2000, Sanders was a four-year letterwinner for the Gaels from 1996-2000. During her time as a member of the team, Sanders was a three-time All-WCC First Team member, two-time WCC Tournament Team member (including Tournament MVP in 1999), WCC Freshman of the Year in her inaugural season, and WCC Player of the Year her junior season. She led the conference in scoring for three straight years and finished her career as the WCC's second all-time leading scorer.

In addition to her individual achievements, Sanders led the Gaels to the program's first NCAA tournament appearance in 1999 and the WNIT in 2000. In 2007, Sanders was inducted into the Saint Mary's Hall of Fame and in 2014 she was inducted into the WCC Hall of Honor.

Sanders will move to Cedar City with her husband, Jon, and her two children, Cason and Samantha.



COURTESY OF SUU

TRACY SANDERS



SUU'S SOFTBALL TEAM LOST THREE ONE-RUN GAMES at Sacramento State, and head to Idaho State this weekend.

COURTESY OF SUU

Thunderbirds swept at Sac. State

by SUU ATHLETICS STRATEGIC COMMUNICATION

For Iron County Today

SACRAMENTO, Calif. — The Southern Utah softball team wrapped up a three-game road series with Sacramento State Saturday afternoon with a 2-1 loss to the Hornets.

The Thunderbirds scored first in the game on a sacrifice fly from Sarah Murphy that scored Makenzie Ball in the third inning.

The Hornets answered back in the bottom half of the inning with an RBI single to tie the

game. They took the lead in the fourth on a solo shot from Suzy Brookshire.

Neither team would be able to put up any more runs as 2-1 was the final score. Five Thunderbirds had hits in the game.

Kalei Watkins started in the circle for the Thunderbirds and pitched four innings, giving up just four hits and two runs. Samantha Guile pitched the rest of the way and allowed just one hit in two innings of work.

The Thunderbirds will hit the road once again next weekend as they take on the Idaho State Bengals in a road Big Sky series.

FREE Classifieds

WEDNESDAY, APRIL 25, 2018

Limit of 2 ads per person and phone number, 30 words per ad. Charges apply for any additional words over 30 and for "help wanted" and "services" categories.

1 Week \$.14/word - 30 Words - \$4.20 (minimum). More than 30 words - \$.14/word.
2 Weeks \$.12/word - 30 Words - \$7.20. More than 30 words - \$.12 per word.

3 Weeks \$.10/word - 30 Words - \$9.00. More than 30 words - \$.10/word.
4 Weeks \$.10/word - 30 Words - \$9.00. More than 30 words - \$.10/word

Submit your classified ads at www.ironcountytoday.com or fax them to 867-1866 or call 867-1865 ext. 1.

DEADLINE TO PLACE ADS IS FRIDAY AT NOON

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ANIMALS

BEGINNING DOG AGILITY CLASSES start Thursday, April 26, 2018 @ D&B's Dog House. 5-6 pm Puppy and 6:30 to 7:30 Adult dogs. For info. call Gail Workman at 435-592-5487

BABY GUINEA PIGS: 2- 6 months old, 4- just weaned. \$20 each -includes small bag of bedding and small bag of food. 435-592-5363.

ANNOUNCEMENT

I AM OFFERING HIGH quality residential home inspections to who needs them great rates please call or text for quote 435-559-1790 Matthew christensen

FRESH FERTILIZED ORGANIC EGGS, Weighted Blankets, AT&T 2-line speaker phone, oval serving platter, Plantronics Headset, satellite TV dish, vanity chair. 435-559-1657

AUTOMOBILE

2014 SIERA DINALI 2500 Diesel Truck: V8, crew cab, Leather interior, Power sunroof. 25,000 miles. Many options, Hitch included (\$2000 value) \$48K. Text or Call 435-817-2939.

FOR SALE

JAZZY CHAIR, EXCELLENT SHAPE (needs 2 batteries) & the carrier for the back of your car for the Jazzy. Also an older wheelchair, bigger. \$2000.00 for all. 435-572-5848.

AIR CONDITIONING UNIT FOR window- works well \$100. Singer Sewing Machine- reconditioned \$100. Desk with Book Case, Solid Wood- \$200. 435-572-5848.

MOBILITY CHAIR, QUANTUM Q6 Edge (Pride). Excellent condition, new batteries, fully functional. Reclines flat and elevates. \$3,500 obo. Call/text (435)327-2101. Cedar City.

FOUR WHEELER - 2WD, 2000 Honda 400ex, four stroke,. Always garaged, NO rust. Runs perfect, new battery, twist throttle, nerf bars, rear rack, extra set of tires and wheels. \$1800. 754-562-5223.

SPORT CRAFT POOL CUE with Case Graphite & Titanium \$25. Please Call or Text 435-383-3656.

FOR SALE

SERTA PERFECT SLEEPER PILLOW top mattress dbl size w/frame and foundation \$120.00. Bedding also available. 435-867-1298

HELP WANTED

DRIVERS: NEW DEDICATED POSITIONS. HOME WEEKLY. NO EXPERIENCE NECESSARY. Call NOW 888-852-6250

LOOKING FOR A GRANITE Fabricator in a very busy shop. Please call 435-590-5984 to set up an interview. No Experience Necessary.

MISCELLANEOUS

LADDERS - WERNER 16' and 28' fiberglass extension ladders with quick click leg levelers and padded end covers. 3-4 years old. Great shape and safe. 16'-\$100, 28'-\$150. 562-754-5223.

APPROX. 40'X12' POLE BARN with Metal Roof. FREE!!! Take down and Haul Away. In Duck Creek Village. Contact Larry 435-867-8082.

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1 ACRE FOOT OF water in Beryl area, \$3000. OBO Call 435-313-6174.

FOR SALE 17' FOLBOT 2 person kayak-sailboat rig. Custom Made. Original Owner. Excellent Condition. \$400. Photos available. Call Clark. 801-292-4093

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HANDYMAN. LICENSED, AFFORDABLE & guaranteed. Carpentry, concrete, masonry, drywall, flooring, painting/staining, landscaping, roofing, welding & pressure washing, minor electrical/plumbing etc. and general repairs/maintenance. Excellent references. Call Pat 435-559-4520.

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CARING COMPANION SERVICES: PROVIDES care and companionship for seniors in need, including transportation, shopping, meal preparation, medication reminders and respite care. References available. Call: Linda Peterson (435) 233-6802.

CAPT. RICK-HANDYMAN CARPENTER/PAINTER: REPAIRS & Renovations Decks, Railings, Fences, Doors, Windows, Kitchens, Baths, Appliances, Varnishing, Light Trucking. Honest & Reliable, Clean & Careful, Cedar City Area Rick 435-477-9032. Cell:612-802-6205.

SERVICES

HORSE RIDING/TRAINING LESSONS: YOUR horse at your place, or public arena. 40 years experience, pleasure or show, English or Western. 208-794-8182 (call or text) chrismillstraining@gmail.com

ROOFING: RE-ROOFS AND REPAIRS. Serving central and southern Utah. Call or text Dave for a free estimate 435-236-9010.

WANTED

YOUTH VOLUNTEER CORPS IS collecting items you no longer want or need for our upcoming annual yard sale fundraiser. Please call Cindy Rose at 435-867-8384 for details

YARD SALE

FREE PICK UP OF items you no longer want or need for Youth Volunteer Corps annual fundraising yard sale. Please call Cindy Rose at 435-867-8384 for scheduling or drop off

CEDAR CITY KOA 1121 North Main Street, April 27th-28th, 9am-???, Multi-family!

EXTRA!

Kids Can Get Paid Too!!!



If you are 10 years or older and interested in delivering the newspaper, please contact:

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North Cedar City/Enoch
Stormee Anderson • 592-5724

Parowan/Paragonah
Wendy Hanson • 477-9100

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cedarfloral@gmail.com
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Rory Smith-Owner/Pharmacist

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SPRING PHOTO CONTEST

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PHOTOS DUE MAY 9@10PM

WINNING PHOTOS WILL BE FEATURED IN OUR PAPER AND WEBSITE ON MAY 16!

Complete contest details/rules & enter your photo at:
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Questions? Call 867-1865 ext. 4



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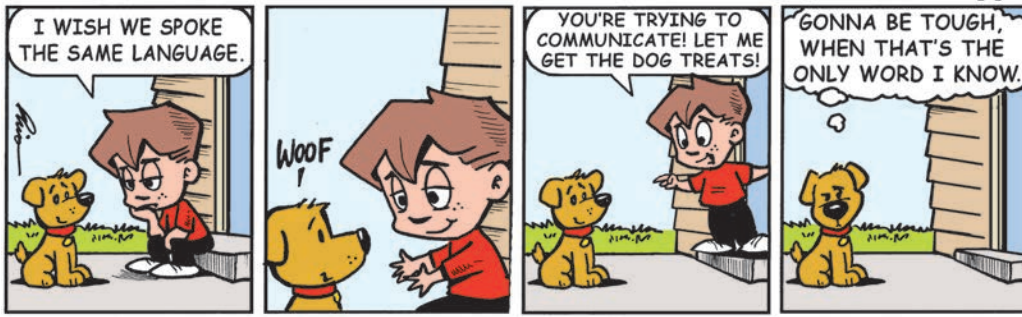
IRON COUNTY **today**

Comics & Puzzles

WEDNESDAY, APRIL 25, 2018

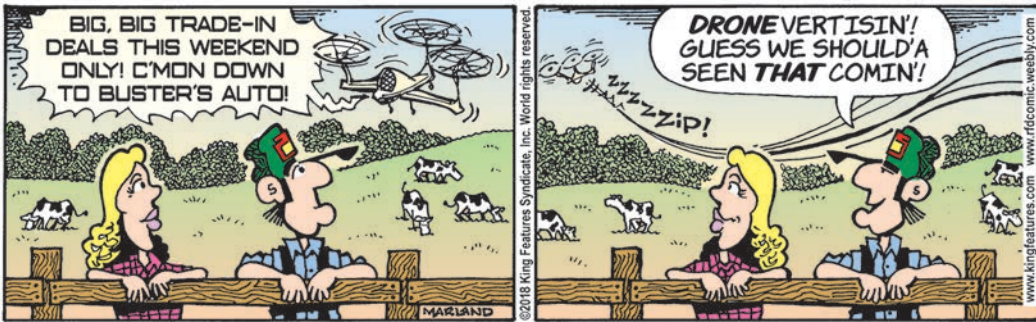
Amber Waves

by Dave T. Phipps



R.F.D.

by Mike Marland



The Spats

by Jeff Pickering



King Crossword

ACROSS

- 1 Restroom, for short
- 4 Back talk
- 8 Blunders
- 12 Yale student
- 13 Friends, old style
- 14 Manner of walking
- 15 Gut level
- 17 Sans siblings
- 18 Feline
- 19 Snake or lizard
- 21 Untamed horse
- 24 Apiece
- 25 Second person
- 26 Wheel center
- 28 Basic assumption
- 32 Piquancy
- 34 Afternoon beverage
- 36 Water conduit
- 37 Come in
- 39 Sprite
- 41 Stitch
- 42 Tin Man's need
- 44 Alt-rock band, Barenaked —
- 46 Cheesy paper
- 50 Make marginalia
- 51 Vivacity, musically
- 52 Hun opponent

1	2	3	4	5	6	7	8	9	10	11	
12			13					14			
15			16					17			
		18			19		20				
21	22			23		24					
25			26		27		28		29	30	31
32			33		34		35		36		
37				38		39		40		41	
			42		43		44		45		
46	47	48			49		50				
51					52		53			54	55
56					57				58		
59					60					61	

- 56 Enthusiastic
- 57 Send forth
- 58 Fish eggs
- 59 Optimistic
- 60 Antitoxins
- 61 Agent
- 9 Hindu process
- 10 Streamlet
- 11 Eyelid woe
- 16 Has the skill set
- 20 Coatrack part
- 21 Memory measure
- 22 Reddish horse
- 23 No longer stylish
- 27 Spelldown
- 29 Guests
- 30 Duel tool
- 31 Nightly telecast
- 33 Earth science
- 35 Every last crumb
- 38 Carnival city
- 40 Tex-Mex treat
- 43 18-Across' ennead
- 45 Follow relentlessly
- 46 Slope transport
- 47 Jason's ship
- 48 Life stories, briefly
- 49 Exemplar of thinness
- 53 Round Table title
- 54 Upper surface
- 55 "Yoo-hoo!"

DOWN

- 1 Third O.T. bk.
- 2 Boxer Muhammad
- 3 Baron's superior
- 4 Draw
- 5 Melody
- 6 Celebrity
- 7 Drag (Var.)
- 8 Braggart's journey?

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Weekly SUDOKU

by Linda Thistle

8			5			9		
	2				1			4
		3		8			7	
	1		6	9				7
		4		7				5
5					2	8		
6			9					1
		8			6		3	
		5		8				2

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

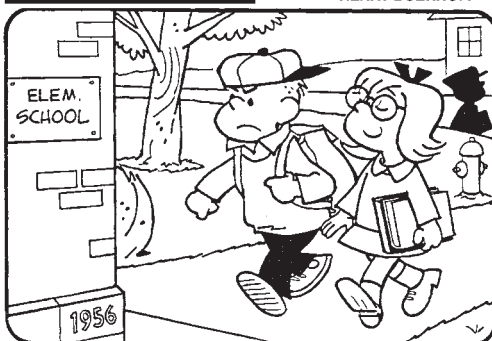
DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

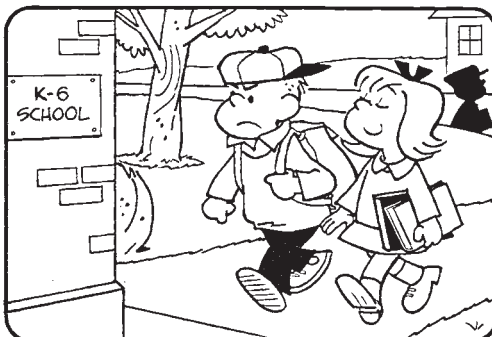
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Sign is different. 2. Cornerstone is missing. 3. Arm is moved. 4. Glasses are missing. 5. Book is moved. 6. Fireplug is missing.

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7	4	9	8	1	3	5	6	7
5	6	3	7	9	2	1	8	4
8	1	7	4	5	6	2	3	9
3	9	8	2	4	1	4	6	7
6	5	1	3	7	8	4	9	2
7	2	4	5	6	9	8	1	3
9	7	2	6	8	4	3	5	1
4	8	5	1	3	7	9	2	6
3	1	9	3	1	9	3	1	8

Answer

Weekly SUDOKU

V	A	S	A	S	E	R	A	S	O	R
H	R	O	E	M	I	T	O	G	O	G
S	P	I	E	S	I	G	I	V	I	O
S	E	S	I	D	O	L	O	T	A	B
S	E	S	I	L	L	A	I	O	I	O
S	E	S	E	L	F	E	R	E	R	E
S	E	S	E	T	A	N	G	T	A	N
S	E	S	E	P	I	P	E	N	E	N
S	E	S	E	H	U	B	G	I	V	E
S	E	S	E	P	E	R	O	N	O	N
S	E	S	E	C	A	T	H	E	P	I
S	E	S	E	L	I	T	L	E	R	S
S	E	S	E	R	A	L	H	A	L	I
S	E	S	E	R	S	A	S	S	A	S

Solution time: 25 mins.

Answers

King Crossword

Trivia test

by Fifi Rodriguez

- ART: Which artist from Iowa painted the iconic "American Gothic"?
- BUSINESS: Where is the Target store's headquarters?
- GEOGRAPHY: What is the longest mountain range in North America?
- LANGUAGE: What is the meaning of the Latin term "ad infinitum"?
- GENERAL KNOWLEDGE: When does winter begin in the Southern Hemisphere?
- NOBEL PRIZES: Who was the only prime minister to win the Nobel Prize for Literature?
- FOOD & DRINK: What are the ingredients in a Moscow Mule?
- ANATOMY: What is the most common blood type in human beings?
- ANIMAL KINGDOM: What is the largest rodent in North America?
- LITERATURE: How many lines are in a Shakespearean sonnet?

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- Trivia Test Answers:
1. Grant Wood; 2. Minneapolis, Minnesota; 3. Rocky Mountains; 4. Going on forever; 5. June 21; 6. Winston Churchill; 7. Vodka, ginger beer and lime juice; 8. O positive; 9. The beaver; 10. 14

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