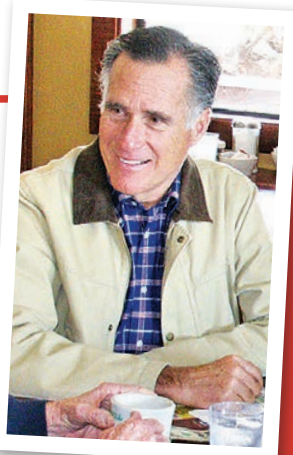


# Inside

MITT ROMNEY VISITS CEDAR CITY, ATTENDS LINCOLN DAY DINNER



# IRON COUNTY

# today



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WEDNESDAY, FEBRUARY 28, 2018

VOL. 10 NO. 13

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# IRON COUNTY

# today



IRONCOUNTYTODAY.COM

WEDNESDAY, FEBRUARY 28, 2018

VOL. 10 NO. 13

## Romney running for Utahns, not just for Senator status

by Corey BAUMGARTNER  
*Iron County Today*

**CEDAR CITY** — Patrons enjoying breakfast at Cedar City's Market Grill were greeted by a surprise guest last Friday. Mitt Romney, hopeful to become Utah's next senator in November, was visiting Cedar City to attend the annual Lincoln Day dinner and dance. Before leaving, he took a few moments to share why he not only still believes in America, but believes in Utah, too.

"Everyone in Washington is speaking of greatness," Romney began. "Greatness, in my opinion, has at least two components. The first is strength. A nation needs to be strong with good jobs and a strong military to defend itself. The second component is being good. America is not just strong, it is also good. Throughout our history, we've made extraordinary mistakes, but they've all come from a desire to do what was right.

The world has seen America as a place motivated by what is right. I know that Utah is great because it is not only strong and growing—the fastest growing state in America—but also, it's good. The people of Utah are good people."

With a strong endorsement from retiring incumbent Utah Senator Orrin Hatch, Romney isn't just running because

*"I know that Utah is great because it is not only strong and growing... but also, it's good"*

— Mitt Romney

he's confident he can win; he wants to win because he believes he can make a real difference for Utahns. Romney has been out of the political spotlight and arena, but credits his wife, Ann, with the endorsement and encouragement to step up and run for the office of Utah's senator.

"I hope to win," Romney expressed. "I've learned it's more fun winning than losing, but I'm not afraid of running because I'm not afraid of losing. You fight for what you believe in. I don't define myself by whether I get a promotion at work, or by whether I win or lose an election. My life is defined by my relationship with my wife, my family and my God."

Speaking of his previous bid for the

see **ROMNEY** | 5

## Self-styled prophet pleads guilty to charges

by Tom HARALDSEN  
*Managing Editor*

**CEDAR CITY** — A 34-year-old man pled guilty in Fifth District Court last week to one count of Rape of a Child and one count of Child Abuse. Samuel Shaffer faces at least 24 years in prison on the first charge.

Shaffer and another man were arrested in western Iron County in December after police found four young girls hidden in 50-gallon water barrels and an abandoned trailer near a makeshift compound. Shaffer and fellow self-styled prophet John Coltharp, 34, reportedly created a group called the Knights of the Crystal Blade. Prosecutors say the two conducted secret marriages to the girls.

Pursuant to a plea agreement, the Iron County Attorney's Office agreed to forgo additional charges unless the ongoing examination of seized electronic devices yields evidence of child pornography, which could result in additional charges. Additionally, the plea agreement does not affect criminal charges Shaffer faces in Sanpete County. The court scheduled the sentencing hearing for April 10.

According to a release from the sheriff's office, Iron County Sheriff Detectives and the County Attorney's Office spent many hours going over the evidence to determine the appropriate charges and ensure justice was served in this case.

"This plea agreement came only after consulting with the custodial parent of four of the young victims, and a number of state agencies regarding two other victims who are in the custody of the State of Utah," said ICSO Det. Sgt. David Mitchell. "The Iron County Attorney's Office and the Iron County Sheriff's Office believe this resolution is in the best interest of the young victims in this case. These young children have suffered enough and we would like to eliminate the necessity of them testifying in trial if possible. This plea agreement ensures Mr. Shaffer is held accountable for his criminal conduct and protects these young victims."

Each man believed they were married to two girls, ages 4 to 8. The girls were related to the men, and authorities believe the two older girls were sexually abused. After the girls were located, they were treated for dehydration and the effects of cold temperatures.



**UTAH SENATE CANDIDATE MITT ROMNEY** visited with locals at Cedar City's Market Grill on Friday after speaking at the Lincoln Day dinner on Thursday night.

COREY BAUMGARTNER

# Pizza, politics and pot discussed at SUU

by Kelsey **KEENER**  
*Iron County Today*

**CEDAR CITY** — SUU students gathered to discuss the legalization of marijuana during last week's Pizza and Politics at the Michael O. Leavitt Center for Politics and Public Service at SUU.

Moderators Ayleen Perry and Ryan Robinson began the discussion by taking a poll of the room. The majority of those in attendance were supportive of legalizing both medical and recreational marijuana, some were only in favor of legalizing it for medicinal purposes and a few did not agree with legalizing it all.

When asked whether marijuana should be under state or federal jurisdiction, most students said it should be under the state's control. Some said that leaving it under federal jurisdiction allows for better control of the substance.

The pros and cons of legalizing this substance were also discussed. Students brought up the fact that if it were legal, marijuana sales could be taxed and



KELSEY KEENER

**SUU STUDENTS CHIMED IN ON THEIR FEELINGS** about legalizing marijuana during last week's Pizza and Politics event.

those funds could be used by the state. In addition, legalization could result in decriminalization and non-violent offenders being released from prisons, which would reduce the financial burden on taxpayers. If it is legalized

there might also be better research surrounding the substance due to more people being willing to be more honest about it.

On the other hand, one student added that some people might not

want to be exposed to marijuana or any by-products of it, much like some do not want to be exposed to second-hand cigarette smoke.

Perry and Robinson gave an overview of the different ways marijuana can be ingested, then asked what forms, if any, should be legal if the substance is legalized. Some students agreed that only forms focused on the medicinal properties of the substance should be legal, and one said only forms that do not affect others, such as smoking, should be legal. A few students said that it should be legal in any form but heavily regulated.

There was much discussion on the criminal justice aspect of legalizing marijuana. Perry and Robinson asked what should happen to the current population in custody due to possession of marijuana.

Several students said that those currently serving time for possession should serve their entire sentence even if marijuana is legalized, because they still broke the law. Others suggested that non-violent offenders should be released from custody.

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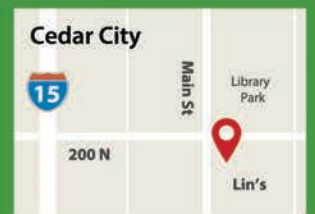
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## Bookings

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

- |  |  |
|--|--|
| <b>Feb 19</b>  | <b>Anthony D. Meacham, Cedar City</b><br>Controlled Substance  |
| <b>Laramie S. Carpenter, Cedar City</b><br>Assault   | <b>Kailie V. Roberts, Cedar City</b><br>Drug Paraphernalia   |
| <b>Julie A. Munn, Iron County</b><br>Assault, Intoxication   | <b>Justin M. Schaupp, Enoch</b><br>Controlled Substance  |
| <b>Keisha A. Caruso, Cedar City</b><br>Possession, Drug Paraphernalia  | <b>Feb 22</b>  |
| <b>Daniel P. Henry, Enoch</b><br>Possession, Drug Paraphernalia  | <b>Hailey K. Russell, Cedar City</b><br>Controlled Substance   |
| <b>Feb 20</b>  | <b>Chastelle A. Bennett, Cedar City</b><br>Retail Theft, Drive on Susp/Rev/Den License   |
| <b>Patrick R. Emmerson, Cedar City</b><br>Controlled Substance   | <b>Dalton C. Kesler, Cedar City</b><br>Communications Fraud  |
| <b>Rosanna J. Oshley, Dolan Springs, Ariz.</b><br>Retail Theft   | <b>Feb 23</b>  |
| <b>Kim M. Potter-Hatch, Cedar City</b><br>Probation Violation  | <b>Cassidi E. Berger, Hurricane</b><br>Retail Theft  |
| <b>Steven D. Sapp, Cedar City</b><br>Protective Order Violation  | <b>Daniel D. Hayden, Enoch</b><br>Theft  |
| <b>Myron W. Tom, Kingman, Ariz.</b><br>Assault, Theft, Open Container  | <b>Ryan E. White, Hurricane</b><br>Retail Theft  |
| <b>Lance D. Conley, Tucson, Ariz.</b><br>Fugitives from Justice  | <b>Feb 24</b>  |
| <b>Sandra A. Hamel, Enoch</b><br>Retail Theft  | <b>William J. English II, Cedar City</b><br>Intoxication   |
| <b>Feb 21</b>  | <b>Albert Jasper, Cedar City</b><br>Retail Theft, Minor Purch/Poss/Con Alcohol   |
| <b>Elizabeth V. Cook, Enoch</b><br>DUI, Assault, Threats Against Life/Property, Controlled Substance, Retail Theft | <b>Feb 26</b>  |
| <b>Geneva M. Arechiga, Cedar City</b><br>Resist/Interfere w/ arrest, Assault, DUI                                  | <b>Eric N. Stephenson, Holden</b><br>Controlled Substance  |
| <b>Paula L. Baldwin, Cedar City</b><br>Drug Court violation  | <b>Johahn Wade, Cedar City</b><br>Criminal Trespass, Aggravated Assault, DV in Presence of Child, Intoxication, Resist/Interfere w/ Arrest |
| <b>Steven A. Fields, Cedar City</b><br>Intoxication  |  |



COURTESY PHOTO

**THE GIRLS ON THE RUN SOUTHERN UTAH PROGRAM** serves youth in 12 sites in Iron and Washington Counties.

## Girls on the Run needs volunteers

Girls on the Run Southern Utah is a physical activity-based, positive youth development program that inspires girls in 3rd through 8th grade to be joyful, healthy and confident. The 10-week program teaches critical life skills, encourages personal development and fosters team building and community service. Volunteer coaches utilize a curriculum to engage teams of girls in fun, interactive lessons. Girls on the Run Southern Utah serves girls at 12 sites in Iron and Washington Counties and is in need of 30 coaches to ensure that 115 girls will have an opportunity to participate in this transformative program this season. The after-school program begins the week of March 5 through May 19.

"I am grateful to see first-hand how much of an impact this program has on girls. It not only unites girls of different backgrounds, but it also teaches them how to respect and accept each girl- and themselves- for who she is," said coach Krystal Helmick.

Volunteer coaches facilitate lessons to small teams of girls who typically meet after-school twice a week for 90 minutes. The program culminates with all teams participating in a celebratory 5K event. Individuals must be eighteen years old to serve as an assistant coach or twenty-one years old to serve as a head coach. Volunteer coaches do not need to be runners but must complete a background check and participate in on-line and in-person training.

Girls on the Run Southern Utah's spring coach registration is now open. For more information or to sign-up to coach visit [www.gotrsouthernutah.org/coach](http://www.gotrsouthernutah.org/coach).

## Historic Cove Fort featured in Utah Life Magazine

**PROVO** — A feature in Utah Life Magazine's upcoming issue tells the story of Cove Fort, the historic site north of Beaver that has served as a way-station for travelers for more than 150 years. The article, with story and photographs by Utah Life staffer Joshua Hardin, appears in the statewide publication's March/April 2018 issue.

Located at the western terminus of 2,200-mile Interstate 70, Cove Fort has been restored to give visitors a glimpse of frontier life in 1867, the year Brigham Young called Ira Hinckley to build the outpost to protect travelers from attack and give them a place to rest.

The civilian fort was never the scene of any fighting, though at least one person was shot there. The incident happened when two of Hinckley's sons, Bryant and Ed, found their father's pistol. "They showed it to a preoccupied babysitting telegraph operator who

examined the gun and assured them it was empty," Hardin writes. "However, the brothers went back to their nursery room where Ed pulled the trigger and accidentally shot Bryant in the knee."

LDS Church President Gordon B. Hinckley, grandson of Cove Fort's founder, presided over the reopening of the site to the public in 1994. Today, the historic stone structure is a rare opportunity for people to experience a frontier fort in Utah.

The Cove Fort story appears in Utah Life's March/ April 2018 issue, available on newsstands starting March 1. Other stories include a photo-filled feature on the forbiddingly beautiful Maze District of Canyon lands National Park, a look at the urban bird oasis at the Ogden Nature Center, Utah recipes and profiles of the artists who interpret life our state. More information is available online at [UtahLifeMag.com](http://UtahLifeMag.com).

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Opinion



To the Editor  
Deepest thanks

Dear Editor:  
The Locatelli Family would like to express their deepest and humblest thanks to:  
The City of Parowan  
Mayor Preston Griffiths  
Grace Christian Church  
and its Committee  
Pastor Dan Cowen  
Pastor Rob Bernhardt  
Rev. Jerri Lee  
and  
The Friends and Family of  
Rio Locatelli  
Your kindness and generosity mean so much to us.

No better time than now to talk about guns

The opinions stated in this article are solely those of the author and not of Iron County Today.

I have never had strong opinions on guns. Likewise, I have not been a fervent supporter of so-called gun control.

A major reason for my ambivalence is that I don't know much about guns and didn't grow up around them. My father wasn't a hunter, and my sole experience with weaponry was being forced to reassemble a gun in my required high school ROTC class. With no guns in our home, I was no more intrigued in using one than I was learning the intricacies of a vacuum cleaner.

I stayed away from the gun control debate for two reasons. One, the Constitution ambiguously gives the right to possess the guns, although courts have recognized government can set ownership limits. But my major reason for being hesitant on gun control is that banning a certain group from having something – in this case, “bad people” – is not effective. People with ill intent will generally find a way to grab a gun as surely as a drunk will find means of slurping Jack Daniels.

Typically, I object to people making laws about things they know nothing about similar to non-drinkers making laws about alcohol, those with little knowledge about guns should not be in charge of gun control.

But after the latest mass shooting

at the Florida High School, we need to have an honest conversation – a national talk without the strident voices of either the anti-gun lobby or the National Rifle Association – about why gun violence is far more prevalent in the U.S. than in any other civilized nation.

I don't want to take away your gun. But, like the vast majority of Americans who don't own weapons (and even in

17 people, mostly children, would not have been killed if the same wacko had been armed with a small boulder instead of a gun that can shoot 40 bullets in a minute!

An evangelical pastor wrote the following after a similar shooting spree in a Texas church:

“I won't pretend to know the mind of God, so all I can offer is a simple guess at what he would say. ‘Stop the killing’. Of course, killing will never end completely. We are imperfect creatures of free will, prone to sin as well as beauty. But this is categorically different from allowing the proliferation of machines solely designed to kill large numbers of people quickly, machines that bear no more semblance to a rifle than a nuclear weapon does

to a firework. And the sin of omission – doing nothing – is nearly as bad as the murder itself.

Yes, we need to chat about our options, allowing gun enthusiasts to explain to the rest of us why the AR-15 and its cousins are not limited to public safety/military personnel.

News outlets are reporting that a man posted strong feelings following the 2017 shooting rampage in Las Vegas. He wrote online that he opposed any infringement on his constitutional right to own guns. Who wrote that? His name was Nikolas Cruz, the 19-year old responsible for gunning down 17 teens and teachers in Florida.

We need to sit down and talk. There is no better time than now.



Cyclops

by Bryan GRAY  
Columnist

People with ill intent will generally find a way to grab a gun as surely as a drunk will find means of slurping Jack Daniels.

gun-happy Texas where almost two-thirds of adults don't own a gun or rifle), I need to know why assault weapons like the AR-15 are sold to the general public.

I'm not blaming the weapon for the Florida tragedy. A 19-year old psychopath pulled the trigger. But obviously

# Free firewood offered in Brian Head burn area

The Dixie National Forest, Cedar City Ranger District is offering free firewood in a large portion of the Brian Head fire burn area. Due to the size of the area burned in the Brian Head Fire, the Dixie National Forest is offering this firewood free of charge to aide in the rehabilitation of the burn area, improve aesthetic features of the forest, and to benefit families in the surrounding communities.

“This is a great opportunity to help clean up after the fire while being able to gather firewood for personal use,” said Veronica Magnuson, Cedar City District Ranger, in a release.

Anyone who would like to harvest this available free firewood must obtain a permit with tags and designated maps which are given free of charge. These permits are offered only at two of the Dixie National Forest District offices. The offices are the Cedar City Ranger District office located at 1789 N Wedgewood Lane, Cedar City, UT; open Monday through Friday 8 a.m.-4:30 p.m., (435) 865-3200; and the Powell Ranger District office located at 225 E Center, Panguitch, UT; open Monday through Thursday

8 a.m.-4:30 p.m., (435) 676-9300.

Free firewood up to 4 cords per household, per calendar year, may be harvested in the free use cutting area. The permit will include: a permit, free firewood tags, a map of the approved cutting area within the Brian Head fire area, and permit conditions and instructions. The person that comes to pick up the permit must also be present while gathering firewood in the Brian Head fire area. Cutting along Highway 143 is prohibited. Other areas excluded from free firewood collection are areas posted on the ground with signage or identified on the map as closed to firewood gathering. This includes private land, administrative sites, campgrounds, day use/picnic areas, and marked timber sales.

If members of the public would like to cut firewood outside of the Brian Head fire area on Dixie National Forest land or if they wish to cut more than the 4 cord limit per household of free use firewood in the Brian Head fire area, they must purchase an additional permit at a cost of \$20 for 4 cords of firewood at any of the Dixie National Forest Offices.



COREY BAUMGARTNER

**ROMNEY SAYS HE WANTS TO SERVE ALL UTAHNS**, and plans to travel throughout the state during his campaign.

## ROMNEY

*Continued from page 1*

U.S. presidency, he added, “Just because they don’t promote you to general doesn’t mean you stop fighting. I will keep fighting for the things I believe in; even it means disagreeing with the current president.” A president who Romney says he respects, but isn’t afraid to oppose. “The President and I have sparred on occasion, but we respect each other,” he shared. Romney is proud of the president for lowering taxes and cutting back on regulations, topics which Romney supports.

Closer to home, Romney wants to eliminate debt in Utah and be more assertive on attracting the best employers and jobs up and down the entire state. He also emphasized that wherever there’s a university, like Southern Utah University,

it should be a magnet for entrepreneurs, innovation, and growth. Romney will also fight for the environment and increase input on the protection and preservation of Utah’s federal lands, including the assets of Utah’s national parks.

When all is said and done, Romney shared that the legacy he wants to leave for Utahns is, “That I helped make Utah a better place. That I helped lift people out of poverty and improved their standard of living.” He continued, “I also want to help our country at a time of great transition and turmoil. I say that because innovation, relating to artificial intelligence and automation, is going to kill a lot of jobs. It will cause a major dramatic disruption, and I want to be there to help us navigate through that disruption, so that we have good jobs for our citizens, and more opportunities and better prosperity for the people of Utah.”

# CARMINA BURANA

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# Utah Legislative Update — Week 5

The fifth week of the session was short this week because of Presidents Day, so we've had to get plenty of work done in the remaining days. Presidents Day, or Washington's and Lincoln's Birthday, were originally created to celebrate our two most influential and beloved presidents, and the date was later expanded to celebrate all of our commanders and chiefs. We owe a lot to the service of the men who have served us in this capacity, such as the Purple Heart created by President George Washington, or the Emancipation Proclamation from President Abraham Lincoln.

On February 16, the House of Representatives had the privilege of honoring Utah's fallen soldiers on the House floor as Rep. Justin Fawson, who served in the National Guard for almost 10 years, paid tribute to them and their families. Those who lost loved ones varied in age and background: a newlywed, a widow with two young boys and mothers holding pictures of their sons. The entire House body stood and observed a moment of silence to commemorate the soldiers and the sacrifice they and their families have made for our country.

Highlights from the Week

## Early Voting

My bill, HB 141, aims to help counties make early voting more efficient. Early voting helps to keep the polls from being too crowded on election days. In some counties early voting is not being utilized to its full potential. In several counties with vote by mail as their primary form of collecting ballots, including Iron County, keeping polling places open for two weeks costs a great deal more than the number of votes received during that time. If HB 141 passes, counties will be able to reduce the number of days early voting is offered based off of need, saving money while still providing this service.

It is important that there are multiple avenues to placing ballots made to fit with the wide variety of citizens in our state. It is also important to spend tax dollar efficiently, and I believe that this bill can do both. HB 141 passed the house and is now waiting to be considered by the Senate.

## Payment in Lieu of Taxes

HB 357 is call for the federal government to give Utahns funds that we are owed. The Federal Government implemented a program called payment in-lieu of taxes for western states. Payment in lieu of taxes means that since the state governments cannot collect taxes on the federal lands in their states, the federal government will pay a fair price for the property taxes lost. Unfortunately, the federal government has not paid an equal price for the taxes that are being forgone from the federally controlled lands. Representative Ivory hopes his bill will work to determine the amount of property tax money that Utah loses every year based on the non-taxable federal lands in our state and get the funds that are owed. If the bill accomplishes its aim, the funds received could be used to fund education and help our children.

## Police Dogs

Dogs are man's best friend. Police dogs are not only their handler's best friend, but a most valuable tool and partner. K-9 units sniff out drugs and explosives, apprehended criminals and much more. These dogs are thoroughly trained, and specially bred to fulfill their duty. When a police dog

his hurt or killed it is a huge blow to the department and to their handler. SB 57 was presented to the house this week calling for the punishment for killing a K-9 officer to be increased to a second degree felony. After several stories of the value of these police dogs, as well as other practical concerns being addressed, the bill passed the House, and will be signed into law.

## Senator Orrin Hatch

The Legislature passed a concurrent resolution honoring Senator Orrin Hatch for his service and designated February 21, 2018, as "Orrin G. Hatch Day." Senator Hatch was recently named the most effective Senator by a nonpartisan research organization - the Center for Effective Lawmaking. He has been an advocate of religious liberty, authoring the Religious Freedom Restoration

Each legislative session takes on a life of its own, and this one is no different. There is still ongoing discussion about tax reform, but no concrete plan yet. One topic that just surfaced this week is a bill in the house by Representative Gage Froerer to take away the death penalty. This bill was run two years ago and passed the Senate but was not heard in the House. I have always been in favor of keeping the death penalty in Utah.

With my new assignment as Senate Vice Chair of Executive Appropriations, my days have been very full. Along with Senator Jerry Stevenson as Senate Chair, Representative Brad Last as House Chair, and Representative Mike Schultz as House Vice Chair, we have been extremely busy putting together a balanced budget. The good news is that we received updated revenue numbers this week, and we have nearly \$600 million in new money to put into the budget. A great deal of that money will go into public education.

Here are a few topics currently being discussed in which you might be interested:

## Budget Surplus

The Executive Appropriation Committee announced this week that updated revenue estimates show a surplus of \$581 million this year, which is almost twice as much as was previously expected. Some of this comes from tax revenues, and some comes from budget management.

## Resolution in Support of a New National Park in Escalante SCR8

The Senate considered a resolution (SCR8) declaring Utah's support for Congressman Stewart's effort to create the Escalante Canyons National Park and Preserve, and the Grand Staircase, Kaiparowits, and Escalante Canyons National Monuments. This bill passed the Senate and will be heard in the House next.

## Hatch Resolution

This week the Utah Senate thanked Senator Orrin Hatch for his service to the state of Utah. Nearly every Senator present offered gratitude for something specific over his 40-year career as our United States Senator. I remember when Senator Hatch intervened to help one of the local mayors, Connie Robinson from Paragonah, with a prairie dog issue. It meant a lot to all of us in rural southern Utah that Senator Hatch was never afraid to go to bat for us in a big way when we needed his help.

## First Responders

In the state of Utah, the charge of aggravated murder is applied to a murder that has especially heinous circumstances, and the charge typically has heavier penalties, which can include the death penalty. Senator Mayne's bill, SB30, makes it aggravated murder to kill a first responder, police officer, or search and rescue personnel. This bill passed unanimously in the Senate and will now be considered in the House.

## Cannabidiol Bill (SB130)

Cannabidiol (CBD) has shown promise

as a treatment for epileptic conditions. Two years ago, HB58 by Representative Froerer allowed patients suffering from epilepsy to use medical CBD for treatment. The law was silent, however, about where people could get the CBD, though most patients in Utah obtained it from Colorado. Since then, CBD products have become more widely available here in the state but are almost completely unregulated. Some CBD products are laced with potentially harmful substances like THC and fentanyl, which has led to medical complications and even hospital visits--the causes of which are due to the additives, not the CBD. This bill creates a regulatory infrastructure for CBD sales in Utah. SB130, of which I am the sponsor, has two major components. The first component authorizes the Department of Agriculture to regulate CBD products that are currently being sold. The company selling the CBD must register their product with the state and pay a fee. The fee would be used to test the integrity of the products, determining if the product is indeed CBD and nothing less and nothing more. The second component submits Utah's application for a waiver with the DEA to allow the state to develop a medical grade CBD product that doctors can prescribe, which would then be dispensed in pharmacies. This bill has passed the Senate and will be heard in the House.

## Family Planning Medicaid Waiver

Utah is only one of seven states that have not applied for a waiver to the Medicaid program that gives family planning services to individuals under the poverty level. Senator Brian Zehnder, who replaced Senator Brian Shiozawa when he resigned, is a family physician and the Floor Sponsor of HB12 Family Planning Services Amendments, which directs

the Utah Department of Health to apply for this waiver. The people that would benefit from this waiver are those who fall in the gap where they cannot afford health insurance but do not qualify for Medicaid. During Senator Zehnder's presentation of the bill, Senator Dan Hemmert spoke in favor of the legislation, pointing out the positive return on Utah's investment in helping to prevent unplanned pregnancies. The bill passed on the second reading and is tabled for the third reading because of its large fiscal note. (A fiscal note is prepared when changes to state law are proposed. It estimates costs, savings, and revenue gains or losses resulting from proposed changes.)

## Police Quotas

It is fairly common for law enforcement agencies to impose quotas on police officers for arrests, citations and stops. SB154, Prohibition of Law Enforcement Quotas, would prohibit law enforcement agencies and political subdivisions from imposing these types of quotas. The bill passed out of committee with a favorable recommendation and will now go to the Senate floor for further debate.



REP. JOHN WESTWOOD  
Utah House of Representatives



SEN. EVAN VICKERS  
Utah State Senate District 28

# SUU's innovative general education program exceeds expectations

by Nikki KOONTZ  
Assistant Director of Marketing at SUU

**CEDAR CITY** — Southern Utah University is continuing to expand its innovative approach to general education. Launched in fall of 2015 with 48 students, SUU's Jumpstart General Education program is in its third year and is growing. The program now includes two sections with 84 enrolled students and has taught the faculty a few things along the way.

According to Dr. John Taylor, Jumpstart's program director and SUU's assistant dean for Integrative Learning, the Jumpstart program takes a lot of work to run smoothly.

"You have to understand that the structure of the typical college or university is not such that it lines up well to

One large change that occurred this year was the removal of the math requirement that used to be included in the previous years.

"That one little tweak to the system helped a ton and it is probably the biggest change we made this year," said Taylor. "More and more of our incoming freshmen are coming to us with varying needs mathematically. Some students may need remedial work, while others have already completed calculus in high school."

The program has turned heads for its unusually high freshmen student retention rates. According to Taylor, "Students in the program are average students, but they retain at a higher rate than your average freshman."

The retention rate of the first cohort was 88.6 percent and continues to



**SOUTHERN UTAH UNIVERSITY STUDENTS** are enjoying the innovative Jumpstart General Education program.

pull off something like Jumpstart," said Taylor.

Each Jumpstart section is a one-year, 33-credit class that covers 10 courses worth of material. The program allows students to earn all of their general education credits through an integrated curriculum with a central theme, taught by seven professors.

Typically, a college course appears on the schedule of either the fall or spring semester for both faculty and students. In Jumpstart, the courses are integrated over both semesters.

The new format may be confusing for faculty and administrators and the logistics of creating and executing an educational experience like Jumpstart can strain the traditional systems of higher education. SUU has recognized these obstacles and has adapted to meet the unique needs of the program.


be significantly higher than what the University typically sees. The integrated nature seems to ignite a spark in students giving them a greater sense of ownership over their education.

"Jumpstart is one of the most innovative things I have had the opportunity to participate in as a faculty member," said Bill Heyborne, associate professor of biology. "The opportunity to work with a talented group of faculty, from across campus, has been a really exciting experience. Watching my colleagues work has made me a better teacher and given me so many great ideas for improving my own practice."

Taylor said that many of the students have formed lasting friendships as they learn, eat, camp, travel and grow with each other.


see **JUMPSTART** | 8

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MATT BAGLEY TEAM 865-1019    MLS 81296



**UTAH HOUSE MEMBERS HONORED FALLEN SOLDIERS** in a ceremony held on Feb. 16 on Capitol Hill.

## WESTWOOD

*Continued from page 6*

Act and has helped improve access, mobility and quality of life for millions of Americans with his sponsorship of the landmark Americans with Disabilities Act. Hatch holds the distinction of being the longest-serving

Senator in Utah's history and he has done immeasurable good for our state and nation.

### Fresh Locally Produced Homemade Food

The Legislature is considering a bill that would make it legal for children to sell lemonade. That's right, under current law, that practice is illegal. In order to sell homemade food and drinks, products must be prepared in an industrial kitchen subject to inspection, and the recipe must be submitted for approval.

HB 181, Home Consumption and Homemade Food Act, would simplify the process by allowing for the preparation and sale of homemade food or drink to an informed final customer, which means the product cannot be resold to other individuals or used in a restaurant. The producer must label the ingredients and inform the buyer of any common allergy hazards. The intent of this bill is to allow the direct sale of locally grown and produced food items. Red meat and raw dairy products are not included in this legislation. The law does not prohibit giving away such unregulated foods; it only bans their sale. HB 181 would reduce the burden on small, home-based producers that sell directly to the consumer.

Thank you all for your support.

## JUMPSTART

*Continued from page 7*

Another hurdle that the program overcame was how grades were assigned at the end of a semester when the class is a year long. Initially students were assigned temporary grades that showed students receiving a "T" for a grade. When students completed the year they would receive their final grades for all of the classes. Many organizations outside of SUU didn't understand the process. That first year the NCAA initially ruled that Jumpstart students were ineligible to play sports because the students didn't have a GPA for the first semester.

Jumpstart isn't finished growing. Taylor said that next year they plan to add another section to its program along with smaller versions of the program called Mini-Jumpstarts. They will also explore new and engaging themes for the curriculum in the future.

"We'll take portions of the model and try to apply it to other fields that may be underserved by the current model," said Taylor. "We're looking at doing some for aviation, psychology, biology and chemistry students."

SUU's President, Scott L Wyatt, explained, "We want the highest graduation rate we can possibly muster because our students deserve it. We think that Jumpstart GE is the best way to fully support our incoming students and tell them, 'Welcome to SUU. We care about you and your future.'"

## VICKERS

*Continued from page 6*

### Cannon defeats Farnsworth

Surprisingly, one of the most contentiously-debated bills of this legislative session has nothing to do with Utah law. Senator Todd Weiler's resolution, SCR1 Concurrent Resolution Recommending Replacement of Statue of Philo Farnsworth in United States Capitol, has been anxiously watched and rooted for by many Utahns. With the upcoming 100th anniversary of the nineteenth amendment, many see this as an opportunity to celebrate Utah's contribution to universal suffrage. On February 14th, the House passed SCR1, which recommends that Martha Hughes Cannon replace Philo Farnsworth in the U.S. Capitol. I grew up in Beaver as did Philo so I voted to keep Philo in Washington.

### Honoring Thomas S. Monson

Thomas S. Monson has been a prominent figure in Utah for the last 50 years. As such, it seemed fitting to honor his memory on the Senate

floor this week. HCR 5, Concurrent Resolution Honoring Thomas S. Monson, recognizes his many years of service in the Church of Jesus Christ of Latter-Day Saints, as well as his other accomplishments in life like serving in the U.S. Navy and graduating from the University of Utah and Brigham Young University. His family was present on the Senate floor during the debate. The resolution passed both chambers unanimously.

### Voter Registration Revisions

The right to vote is a Constitutional Right but the voter registration process can be burdensome and bureaucratic. In the state of Utah, voter registration forms must be postmarked at least 30 days before an election in order to be eligible to vote in the upcoming election. In addition, a voter must register to vote at least one full week before the election. The voter registration process can be simpler, more convenient, and less bureaucratic. SB112, sponsored by Senator Deidre Henderson, registers everyone to vote when they apply for or renew their driver's license, unless they select the opt-out option on the driver's license form. So far,



**MARTIN AND SUSAN TYNER** celebrated their 40th anniversary at the state capitol, meeting Sen. Vickers while there.

nine states throughout the country have implemented laws like this including Alaska, Alabama, West Virginia, and Oregon, and thirty-two are considering them this year. Oregon saw their number of registered voters increase by 400,000 since they moved to a simpler, more efficient voter registration system.

Thank you for your support, please always contact me with any questions, concerns or feedback and I will respond as soon as I am able, 435-817-5565 or evickers@le.utah.gov.

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WEDNESDAY, FEBRUARY 28, 2018

by Dawn M. **AERTS**  
*Iron County Today*

For oil painter Valerie Orlemann, the color and light of a Utah landscape always makes her stop, look, and spend time with the beauty.

Over the past 16 years, Orlemann has immersed herself in this time and place, soaking up light, form and color, and then trying to tell about it. The result is a collaboration. "It's the landscape and my experience of it," said Orlemann. "A moment in time and my response on canvas."

Though art wasn't an early interest, she first pursued a history degree at Stanford University, and later, a Master of Divinity degree at Fuller Theological Seminary. In later years, she would meet her future husband while pursuing a Ph.D. in history at the University of Wisconsin, Madison. "You could say, I didn't really know what I wanted to be when I grew up."

As a youngster, Orlemann recalls coloring under the kitchen table and being good at art in school. But it wasn't until her grandmother passed away in 1997 that she revisited art with more serious intent.

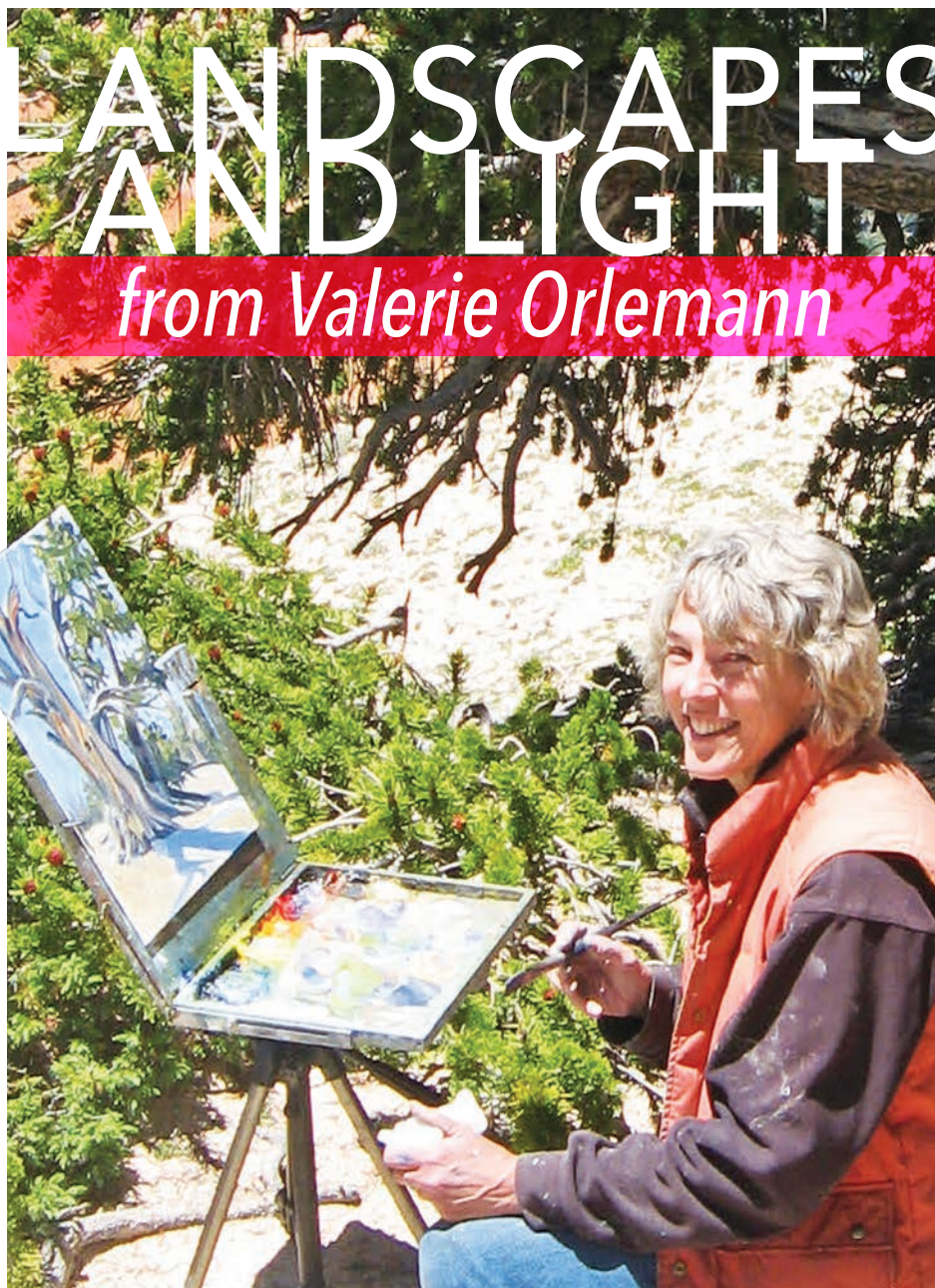
"My family gave me her large collection of unused canvases. She was a painter and I had fond memories of her -- so I decided to paint."

While Orlemann admits that her early efforts were disappointing, some showed promise.

Her husband went on to study law at the University of Utah, so as a new bride, she decided to take a job on campus. "But

*"I hope to tell the viewer where I've been and what it looked like"*

— Valerie Orlemann



**VALERIE ORLEMANN IS A UTAH LANDSCAPE PAINTER** known for her real-time oil landscapes, vivid colors and realistic style. Her work is featured in the exhibit, Landscape and Light, Frontier Homestead Museum, through March 28th and can be viewed at Art & Soul Gallery, St. George, and Artisans Gallery, Cedar City. Her work is included in the collections of Dixie State University, the St. George Art Museum and the Chapin Mesa Museum. An Artist Reception will be held Mar.3rd from 2 to 4 p.m. at the Frontier Homestead Museum.

D.AERTS

when he graduated he asked me, 'Now what do you want to do Valerie?' and told me it was my turn." It was in the Art Department at (UU) that her fascination with painting took hold.

"I began to grow as an artist there," said Orlemann, but studies came to a halt in 2003, as their daughter was born, and a new position with the U.S. Forest Service brought them to settle in Escalante. "I wound up far from any art school, but I was also surrounded with these amazing landscapes."

In those years, she involved herself with the arts community and credits her husband for connecting her to a gallery owner who wanted to display her work. The paintings began to sell and Orlemann began to paint to replace them. "Serenidad Gallery owner, Philip Priska, opened doors for me as an artist, and I was so encouraged by the interest people gave to my work."

In 2008, Orlemann's family settled in Parowan with what she described as a growing appreciation for the beauty of Utah: "I learned to paint using photographs, and found that I loved painting in oils. They dry slower and don't darken or dry as acrylics can do. Oils are opaque, which gives me the freedom to change my mind, change the composition or the objects if I want to."

She also discovered that painting outdoors, up close, and immediate was a clear advantage and an inspiration.

According to Orlemann the human eye can discern colors more accurately than a camera, and can better capture changing colors of light, or shadow.

"With my paintings, I think people see a freshness of color. I've learned that I can add or subtract features -- anything from roads and clouds to phone poles, and to make better compositions as I go. I hope to tell the viewer where I've been and what it looked like. And like any person, I'm attracted to certain subjects, the rocks, cliffs and canyons."

see **ORLEMANN** | 10

## Canyon View's 'Dream' is a groovy production

by Rachelle **HUGHES**  
*Iron County Today*

Groovy flower power takes over the stage for Canyon View High School's production of "A Midsummer Night's Dream" March 1,2,3, and 5.

Shakespeare lovers and audiences will be pleasantly surprised at the sophisticated grasp of Shakespeare's language this cast of 50 high school students has as they bring one of the the Bard's most well-loved comedies to life 1960s style.

Amongst a set of swings, vines and woody bowers accompanied by Beatles' music, the classic tale unfolds: Lysander loves Hermia, and Hermia loves

Lysander. Helena loves

Demetrius; Demetrius used to love Helena but now loves Hermia. As their soap opera takes place throughout the woods, two powerful woodland rulers are fighting, a mischievous Puck is creating romantic havoc and a group of hilarious actors are set to perform a play within the play,

The leads in the play are an impressive lineup from CVHS theatre veterans to first-timers to the stage. Sophomore Megan Baker as Puck, senior Riley Porter as Oberon, senior Madisen Kropf as Titania, senior Mitchell Wright as Lysander, senior Brynlee Bybee as Helena, sophomore Addy Wood as Hermia, sophomore Levi Saylor as

Demetrius, and senior Jorjia Cook as Bottom. Each of these young thespians brings their own interpretation to these roles that have been played countless times and yet, they are still the familiar beloved Shakespeare characters.

When audiences watch this production of "A Midsummer Night's Dream" they will meet a strong and smart Titania, a sweet Helena, a tortured Hermia, a charismatic Oberon. Bottom is perfectly over the top theatrical and Puck embraces a carefree flower power attitude. CVHS may have brought its "A Midsummer Night's Dream" into a more current century but audiences will still recognize this fun and lovable play.

Canyon View High School is set to



perform the show March 1, 2, 3, and 5 at 7 p.m. in the CVHS Auditorium. Tickets are \$5 general admission, \$7 for reserved seating, and only \$2 for CVHS student night on March 1. Tickets can be purchased at the door, from a cast member or online at: <http://our.show/canyonviewhighschool/4518>.

# Carmina Burana and Selected Works opens Feb. 28

by Ashley H. POLLOCK

SUU College of Performing and Visual Arts

CEDAR CITY —SUU's Department of Theatre Arts & Dance and Department of Music are preparing for an exciting collaborative production of Carmina Burana and Selected Works: An Original Choreographed Dance Concert in Collaboration with SUU Choirs and Orchestra and the Red Rock Singers. The concert will run February 28 and March 1, 2, 3, and 5 at 7:30 p.m., with a matinee on March 3 at 2 p.m., in the Randall L. Jones Theatre.

Tickets are \$10 for adults and \$5 for students and children. Southern Utah University faculty, staff, and students are free with a valid ID card. Faculty and staff IDs are allowed one guest. Tickets can be purchased at the door the night of the show or online at [www.suu.edu/pva](http://www.suu.edu/pva).

Based on 24 poems from the collection of Carmina Burana, Carl Orff created a musical production that has impressed audiences since 1935. Southern Utah University's Department of Theatre Arts & Dance and Department of Music will assemble their collective talents to take this historic production one step further pulling together dancers, choirs, and the orchestra in a dynamic production of movement, sound, design, and technology.

Patricia Meredith, an Artistic Director of this production, said, "Working with other performers to create an integrated work is perhaps the most effective

way to learn workflow, artistic vision, perspective, roles, and concert and technology management. The difficulty of the score, the sheer number of forces required, and the artistic and technological integration of this performance, creates challenges. Working with students and colleagues to overcome these challenges are truly the best parts of working in the College of Visual and Performing Arts."

Nicole Holt, a senior dance performance major from Spanish Fork, said, "This performance isn't only a dance performance. The music department is also participating.

Iron County community members, the Red Rock Singers will join the SUU Choirs and Orchestra to create the musical background of this performance.

Treyson Sherratt, a sophomore vocal performance major, said, "The most challenging part has been the rhythms of all the pieces I've worked on. This production taught me that if I want to perform opera as a career then I need to take the right steps to truly know my music so I can be the best [instrument] for the music to speak through. It's not enough to just stand there and sing

notes. I must invest every bit of my heart and soul into this extraordinary piece of work."

Dr. Lawrence Johnson, Chair for the Department of Music, said, "Carl Orff's Carmina Burana is well known as a tour de force, and SUU's production will be no exception! The Department of Music is excited to be a part of this major collaboration, with its orchestra and choirs joining forces with the Department of Theatre Arts & Dance. After weeks of intensive rehearsals of this challenging

music, the reward is going to be extraordinary when the students and faculty show off their talents and hard work. It may be decades before you see and hear again this grand of an undertaking of this unique masterpiece in our corner of the world...so be sure not to miss it!"

Witness this monumental collaboration of dance and live music at Southern Utah University. For more information about the College of Performing and Visual Arts, please visit [www.suu.edu/pva](http://www.suu.edu/pva).



COURTESY PHOTOS

SUU COLLEGE OF PERFORMING AND VISUAL ARTS STUDENTS come together to perform Carmina Burana and Selected Works

There will be live music that we will be dancing to. All year we have been rehearsing for this performance. There has been a lot of time and energy that has gone into putting this production together not just by the dancers and faculty who are choreographing, but also by the music department. It has been amazing to see everything come together and how our hard work is paying off."

This production will incorporate community musicians as well. Founded in 2015 and comprised of

## Arts Council planning March 5 social

CEDAR CITY — The Cedar City Arts Council sponsors networking socials for the community three times a year to become acquainted with some of the artists that live here in Iron County. The Arts Council's next social will be Monday, March 5 in the large meeting room on the second floor of the Festival Hall in the Heritage Theatre at 7:30 p.m. These events are meant to showcase and celebrate some of the artists who have received mini-grants from the Council. Our objective is to have live music, art displays, and reports on the use that the recipients have made of their awarded funds.

This Arts Social will include the presentation of an incentive/reward program available to members of the Arts Council. Various businesses in town have agreed to provide discounts in their establishments to current and new members of the Council. The businesses will be recognized and thanked that night for their willingness to support the arts in Iron County.

Angie Hanks, a student at SUU, will perform an etude on her new clarinet, purchased in part with funds that she received as an Arts Council Mini-Grant recipient. Angie's goal is to become the "the best teacher she can." Fostering that desirable attitude is just what the Arts Council loves to be a part of.

A year ago, North Elementary School applied for and received a grant to launch a series of after-

school art workshops. Under the direction of Dawn Aerts, guest instructors taught the children to work in a variety of media, they studied skills such as basic drawing, composition, perspective, shading, line and form. We have invited some students to discuss and show their work. It will make you feel good about what is going on in our schools.

Carla Carpenter, harpist, has recently moved to Southern Utah and will be playing at the Social. She has 35 years of experience in performance for community events and will play for the Social. Carpenter has had a lifelong love of music. She began singing and playing piano at age 8, and began her harp studies in college. While living in San Diego, she studied harp under Sally Armstrong, Dorinne Yoder, and Lea Bennett. In her 35 years of experience, she has played for weddings, receptions,

funerals, home shows, art exhibits, private parties and more. She loves playing the harp and finds it lends the perfect ambiance to any event.

Common Ground presents "Summertime" by Gershwin and "Star of the County Down" for a St. Patrick's preview as representatives for the Iron County Acoustic Music Association. ICAMA received a mini-grant for upgraded lighting for their monthly shows featuring local musicians.

Refreshments will be provided by The Grind and Pastry Pub.

Thanks to these businesses and organizations that are helping with membership coupons:

- AE&D Art Studio • Artisans Art Gallery
- Cedar City Children's Musical Theater
- Cedar City Jiu Jitsu & MMA
- Cedar City Junior Ballet
- Cedar Music Store and Studio • Centro
- Color Country Art Supply • Do's Hairstyle • Grind
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- Festival Orchestra of Southern Utah
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- UPS Store • Whistlesticks • Wizz



ANGIE HANKS



CARLA CARPENTER



COMMON GROUND

## ORLEMANN

Continued from page 9

In her current exhibit at the Frontier Homestead Museum visitors will find 35 landscapes titled mostly by the color and scenes of Utah – Kolob Eve, Parowan Autumn, and Above Zion, among others painted of Escalante, Cathedral Valley and Cedar Breaks.

"There are thousands of landscape painters here, but each express what they see in a unique way. It's surprising how differently we can see a landscape, and each painter has their own way of seeing, choosing colors, arranging a composition and handling a paintbrush."

Her work is sometimes mistaken for watercolor because she uses soft, short-handled brushes, softer lines with a thinner application of paint. "For me, it's more about (clear) color than form, and it is color that catches my eye." Orlemann is associated with the Kolob Society in Cedar City, and the Women Out West: Professional Artists of Utah.

Her work has been recognized by numerous art organizations over the past 15 years.

"I love the grandeur and space of the American West... the character I find in weathered old structures that have endured, and with the beauty I see here," said Orlemann of her personal connection to history and faith. "The result is a collaboration with the landscape itself, and my experience of it."



**A VIOLIN SESSION** will start things off at 8 a.m.



**JUDITH LARSEN, TREASURER,** and string festival director Marin Colby.



**KANAB PIANIST DONNA CASEBOLT**

COURTESY PHOTOS

## Music festivals will celebrate 35 years of performances

Two events next month will bring more than 500 music students to Cedar City.

The Southern Utah String Festival is set for Saturday, March 3 at Canyon View Middle School. On Saturday, March 17,

the National Federation of Music Clubs Piano Festival is set at the Southern Utah University Music Building.

Students can earn points towards Gold Cup Trophies through the Festival. If students have earned at

least one Gold Cup trophy, they can apply for a \$100 scholarship to SUU which is not dependent on a major. More information is available at <http://www.southernutahstringfestival.org/index.html>

## SUMA's 24th Art Auction set for March 7

by Tracy **SOLIMENO**

*SUU College of Performing and Visual Arts*

**CEDAR CITY** — Get ready to raise your paddles! The Southern Utah Museum of Art (SUMA) announces the return of the Art Auction to be held Wednesday, March 7, at 5 p.m. at Rusty's Ranch House. It's a time-honored tradition that incorporates great food, fine art, and auctioneering fun. Tickets are \$50 for Friends of SUMA members and \$60 for not-yet members.

Now in its 24th year, the auction began in 1992 to benefit the Braithwaite Fine Arts Gallery and is back by popular demand. Michael Bahr, Education Director, Utah Shakespeare Festival will emcee the event, along with Joe Taylor as the auctioneer. A wide range of media will be featured such as paintings, drawings, photographs, ceramics, jewelry, and other unique works of art by some of the finest artists in the region.

Participating artists include: Lynn Berryhill, Arlene Braithwaite, Doug Braithwaite, Eric Brown, Royden Card, Kevin Castro, Jenny Christiansen, Megumi Dold, Yidan Guo, Susan Harris, Brad Holt, Brian Hoover, Mary Jabens, Roland Lee, Glen Lyman, Andy Marvick, Marta Mitchell, Megan Marshall Nelson, Valerie Orlemann, Heath Papa, David Pettit, Micah Player, Michael Plyler, Todd Prince, Jennifer Rasmusson, Ron Rencher, Julie Rogers, Mike Ryan, Kate Starling, Jenny Dawn Stucki, Anna Tillet, Carrie Trenholm, Robyn Twitchell, Katharine Villard, Diane Walsh, Bob Warren, Lyman Whitaker, Mona Woolsey, and Steve Yates.

Social hour, art previews, and silent auction begin at

5 p.m., followed by the live auction at 6 p.m., and dinner at 7 p.m. Proceeds will benefit the museum by providing the primary funding for the Summer 2018 exhibition, which will be unveiled at the Art Auction. It will also offer supplemental funding for the museum's Learning + Experiences team as they develop new programs for the campus and community.

"The Art Auction is an opportunity for both our local artists and members of our community to come together

to support the Southern Utah Museum of Art," said Jessica Farling, Director/Curator of SUMA. "In the past, the event has raised substantial funds to support traveling exhibitions and related programming. We are thrilled to unveil this year's exhibition at the Art Auction, which will give our primary supporters a first look at the artist."

The Art Auction would not be possible without the support of the Rusty's Ranch House. The museum also received generous support from local sponsors: Donna Christensen at ERA Realty Center, State Bank of Southern Utah, Colette Cox at Copiers Plus, an authorized sales agency for Xerox, and Artisans Art Gallery.

"We listened to the many requests from those who love this event and are so excited to host the 24th Art Auction," said Colette Cox, Friends of SUMA Board Chair. "We appreciate all of those who have supported us over the years and have helped raise money to fund world-class exhibits and educational programs for K-12 students in our area!"

For more information or to purchase tickets, please visit <https://www.suu.edu/pva/suma/friends-of-suma/fundraisers.html>.



COURTESY IMAGE

**A BENEFIT AUCTION FOR THE BRAITHWAITE FINE ARTS GALLERY** features local artists' work, held on March 7 at Rusty's Ranch House.

## You must pay the price to be extraordinary

by Mary Anne **ANDERSEN**  
*Cedar City Arts Council*

**I**n our home we often talk about what my husband refers to as "world class" performances. By this we mean a performance in which the performer is obviously at the top of the game. A major part of the conversation is that it doesn't really matter what the nature of the performance is—vocal music, instrumental music, theater, literary works, sports—, one can always spot the performer or creator who is way ahead of the other persons in the pack. We don't even have to really understand the nature of the experience we are seeing. The pleasure is realizing that it is something way out of the ordinary.

I find that one clue that we are watching something extraordinary is that the performer always makes it look easy. The singer stands on stage, opens her mouth, looks you in the eye, and makes gorgeous sounds with a small smile on her face. The violinist's fingers fly over the strings with nary a grimace from the player. The actor isn't acting; he becomes the person whose story he's telling. The ice skater launches into the air and turns around four times before landing back on the ice with perfect balance and grace. A piece of cake.

Okay, so that is where this is going. We are avid Olympics watchers, and in weeks past, this writer, usually quite indifferent to anything that television has to offer, spent many a happy hour watching people the age of our grandchildren fly off man-made cliffs, rotate multiple times in the air, and land on his/her feet facing in the desired direction. No big deal.

Well, sometimes it is clearly a big deal. The cross-country skiers collapse on the snow across the finish line and their teammates truly seem to be concerned for their lives. But the downhill skiers launch off the top of the hill, point their skis in the straightest possible line towards the bottom, shift their weight a little bit once in a while, and they're done. No sweat.

What a pleasure it is to watch those people who are better at what they do than anyone else in the world! And we know that they didn't just contemplate strapping on a pair of skis or skates a couple of weeks ago. It is not unusual to hear a commentator say, "This is the same program she skated 2 years ago in Philadelphia." She's been practicing the same thing every day for 2 years?! Yes, because that is what it takes to make something look easy: extraordinary determination and discipline.

Some years ago I watched a world-class classical guitarist give a lesson to a student who was having trouble with a little musical embellishment after having practiced it "maybe 25 times". The teacher said he plays those tricky parts maybe 500 times. I learned that lesson: "There is no such thing as a free lunch." To be extraordinary, you've got to pay the price. Then it looks easy.



## A local youthful woodturner finds his niche

by Dawn M. **AERTS**  
*Iron County Today*

**CEDAR CITY** — Will Arcularius and Brent Arnold are an unlikely set of woodcrafters. More than 50 years of age separate the two, one is retired and the other is home-schooled.

Arcularius is President of the Southern Utah Woodturners Club and Arnold is into computer-aided drafting, playing the cello, and creating woodturning and technique videos on his own YouTube page. They do have one thing in common. Both share a passion for fine wood, a flair for turning old, discarded pieces into artful forms and a talent in woodturning.

Arnold, age 16, and the youngest member of the local wood turners club, began to fashion small wooden sculptures with a basic set of carving tools and a pocketknife his mom purchased for him when he was 8 years old. Carving became a keen interest for Arnold when he joined the Utah Valley Woodcarvers group in Orem, and met silver-haired seniors who enjoyed it as a favorite pastime.

"I went home from those first few meetings and started to carve for hours at a time." Those early projects earned him merit badges with his Cub (Boy) Scout Troup, by etching an Indian Head, animal shapes or decorative ornaments. It wasn't until his move to Cedar City in 2015 that an avid interest in all things wood evolved into much more.

"I was really sad when I had to leave all of those friends in Orem" said Arnold, "But when I went to register for high school classes here, I met the woodshop teacher, Mr. Thorley, who told me about the wood turning club. So I thought I would give it a try."

That's where Will Arcularius stepped in.

As a retired firefighter from Bishop, Calif., woodturning began with demon-



**BRENT ARNOLD, AGE 16, WITH MENTOR, WILL ARCULARIUS**, Director, Southern Utah Woodturners Club. Members will participate in the International Woodturners Symposium in May.

# TEEN TURNER

D.AERTS

strations and working with other guys on past-time projects. In 2009, after building a house in Enoch, and a roomy shop full of equipment, Arcularius opened the first meeting with 25 who had a passion for wood, an interest in sharing their work, and pursuing more advanced skills and techniques.

The Woodturners have become both friends and mentors to Arnold. For his recent Eagle Scout project, Arnold turned wood finials to dress the top of the American, State and military branch flags for the Veterans of Foreign Wars, used for burials and ceremonies.

"We just didn't expect this young man to walk into the club, or to see the talent he had already developed," said Arcularius. "But every once in awhile you run into a young person who is so focused and driven that they kind of stand out from the rest."

The club space is a collection of lathes, band saws and wood-working tools and has become a hub for 75 members who enjoy turning a variety of wood scraps and salvaged pieces into useful and artful objects at weekly meetings.

Meanwhile, Arnold credits the club for introducing him to new techniques,

the proper use of tools and what he needs to know about tool and equipment safety. "We do all sorts of projects," says Arnold of demonstrations, "that can be anything from working with bandsaws and laser equipment, to fashioning vases or candle holders using the lathe."

Arcularius would like to see more youth take an interest in wood crafting and real-world learning projects.

"Members have a perfect opportunity to share their talents through demonstrations. For young people, that can build self-confidence and improve public speaking skills, to better interact with people from another generation."

Arnold organized his own home workshop. It is small by club comparison, but outfitted with a wide set of tools, donated by some members who hope Arnold will pursue his talent. In the past year, Arnold has set up his own webpage, established a line of products on an Etsy shop site, and has continued to market his line of ornaments, birdhouses, pens, bracelets and candleholders or through techniques featured in weekly YouTube videos.

Both Arcularius and Arnold are avid wood buffs. Some of their favorite species: Aspen, Mountain Mahogany, Catalpa, Big Leaf Maple, or burl pieces can sometimes be found as discarded, or at abandoned sites.

"We try to engage younger ones in a variety of practical skills," said Arcularius of weekly projects. "That might be working with electrical connections, repairing a screen, or helping to build a wheel-chair ramp."

The process of rough woodturning is a lengthy one that requires a craftsman to wait anywhere from several months up to a year to a complete a final turn, a sealed and finished work: so patience and diligent effort is part of the mindset.

"This young man can take this into a career or into a business," said Arcularius, of youth who are commonly distracted by video games or with social media. "Working with wood, you learn real world skills, and how to live."

For more information, see [SouthernUtahWoodturners.com](http://SouthernUtahWoodturners.com); or visit Brent Arnold's website, [brentmichaelarnold.wordpress.com](http://brentmichaelarnold.wordpress.com), or email, [madebybrent@gmail.com](mailto:madebybrent@gmail.com)



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# All or nothing



## The Rut LESS TRAVELED

by Corey BAUMGARTNER

**Y**ou've heard the phrase before, "All or nothing." It's supposed to motivate you to give your all, no matter the cost, right? It's as if you're telling yourself that if you don't sacrifice everything to achieve what you want, then you are worthy of nothing. This is not the most motivating mantra for everyday life. Life's situations are rarely all or nothing. Many of them involve doing our best to negotiate acceptable and beneficial terms for everyone involved in the decision; whether at work, home, or elsewhere. Life is not about achieving perfection but moving forward in the right direction.

How do we define our "all" anyway? How do we know what is the right direction? First, realize that "all" is going to be different every day, for everyone. Sometimes we get sick, worn out, or too busy. Even if we had more than 24 hours in a day, we still couldn't do it all. You don't have to do it all to be successful, or happy. As for heading in the right direction, an all or nothing attitude can cause chaos with your internal compass. It can deceive you into focusing on and following your failures more than your successes. This causes stress, discouragement, and even depression, because you feel you've failed to give your all. You feel you might as well give up.

How does one even know if they've really given their all? I may not be able to give as much as I did yesterday, but for today, it was my best; it was my all. If I start judging and berating myself for not being as good as I was yesterday, or as good as so and so, then I'm going to become bitter, not better. Again, life is about direction, not perfection. Wake up, get up, do your best, return, rest, reset, and try again tomorrow. Yes, you may have "nothing" days, no matter how great you performed, but that's my ratty point. Stop letting your worth be defined by, and then beat yourself up with, living an all or nothing lifestyle.

When, not if, you make a mistake, learn from it and move forward. Do your best to apply the same process when others make mistakes that involve you. Because life is about much more than just learning to navigate the waters of disappointment. It's about learning to like and love yourself for who you are, and where you are, right now. If you're not in a good place, then begin making the decisions of change, right now. Also, don't think you have to be perfect to be happy, liked, or loved by yourself, or others. We should all be supportive of each other in every area and arena of life. We should be better at building each other up, not belittling and tearing each other down, including ourselves. Just because we didn't measure up as well today as we did yesterday is no reason for personal treason.

I'm not saying that you shouldn't strive to better yourself each day. However, don't put so much pressure on yourself that every mistake you make will potentially lead to a self-loathing lecture at the end of the day. If you feel like failure is your only friend, it's time to get some new friends. If you fall off your horse, get back in the saddle. If you trip during a race, get back up and finish. If you feel like you've failed at anything today, don't beat yourself up. Get back up. Try to do better tomorrow.

coreybaumgartner@hotmail.com

*Life is about  
direction, not  
perfection*

# Stop the spread of illness

**Y**ou may not have the ability to make it completely through the winter/spring without getting sick. However, you can certainly do your part to reduce the spread of colds and flu even during this peak season when we spend so much time indoors without much fresh air circulating in our homes, schools and places of employment as much as other times of year.

The National Centers for Disease Control and Prevention estimates that in the U.S. alone, there are 1 billion cases of the common cold every year. Toss in 5-20 percent of the population catching the flu and that's a lot of sickness! So, just to review, there are few basic tips we can implement for home and the workplace to reduce the spread of illness:

### Basic Tips:

- » Clean and wipe down shared surfaces such as countertops, keyboards and phones.
- » Avoid touching your mouth, nose and eyes, and wash hands thoroughly and often.
- » Get a flu shot if possible (It is most important for children, the elderly and those with compromised immune systems).
- » Eat healthy foods to strengthen your immune system.
- » Exercise moderately to maintain a healthy immune system.
- » If you are prone to sickness, ask your doctor about vitamin supplements to help support your immune system.
- » Drink plenty of water to stay hydrated.
- » Get plenty of rest.
- » Try to avoid people who are sick, and know when to stay home if you become sick.
- » Consider having hand sanitizer readily available at home, at work and in your car.

### Contain your Sneeze and Cough:

If you do get sick but not sick enough to stay home in bed, be considerate of those you will be

around at work, in the grocery store, at school, etc. Water droplets expelled as a sneeze or cough can be propelled 5 feet or more!

- » Cover your nose and mouth when you sneeze or cough.
- » Use a clean tissue when you sneeze or have a runny nose. Toss used tissues in the trash.
- » If you cannot find a tissue quickly, sneeze into your sleeve.
- » Do not sneeze into your hands! Yuck!
- » Even if you catch your sneeze or cough with a tissue, wash your hands fully with soap and water.

### Use Over-the-counter Medicines Appropriately:

If you choose to reduce symptoms so you can function at home or at work, be informed regarding possible side effects and use medicine only as directed. If you take prescription medications, it is always a good idea to check with your doctor first before combining medications. For advice choosing over-the-counter (OTC) cold and flu medicines, you may also get good basic information

online from reliable sources such as WebMD. See: <https://www.webmd.com/cold-and-flu/buy-fast-relief-cold-flu#1> for answers to questions such as: "Should I take a decongestant or an antihistamine?" or "What's best for my sore throat?"

Even though you may not be experiencing symptoms fully while taking OTC medicines, you may still be contagious. Don't be fooled into complacency and forget your responsibility to prevent spreading germs. Additional information, tips, and helps can be explored at: <https://www.cdc.gov/> (Centers for Disease Control and Prevention) and [www.nsc.org/](http://www.nsc.org/) (National Safety Council).

*Kathleen Riggs is the Utah State University Extension family and consumer sciences professor for Iron County. Questions or comments may be sent to [kathleen.riggs@usu.edu](mailto:kathleen.riggs@usu.edu) or call 435-586-8132.*



## Kathy's CORNER

by Kathleen RIGGS  
Utah State University Extension

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# Calendar

## Wed, Feb 28

**CEDAR CITY COUNCIL**, 5:30 p.m., council chambers  
**AMERICAN SIGN LANGUAGE II CLASS**, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.  
**TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER**, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.  
**IMMUNIZATIONS/WIC/VITAL RECORDS**, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.  
**FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN**, 11:30 a.m. to 1 p.m., located at 2569 Freeway Drive between Rally Stop and the Travelodge. Rides available at no charge, leaving the Main Street Pavilion by the library at 11:30 a.m. and returning to same location after the meal. Look for the Sunrise Christian Fellowship van.  
**COLOR COUNTRY PICKLEBALL**, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.  
**TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS**, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park. For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.  
**DOMESTIC VIOLENCE SUPPORT GROUP**, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

**ALCOHOLICS ANONYMOUS**, 7 to 8 p.m., Parowan United Methodist Church social hall, 190 N. Main St.  
**ALCOHOLICS ANONYMOUS**, 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.  
**NARCOTICS ANONYMOUS JUST FOR TODAY**, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.  
**CEDAR CITY COMMUNITY CLINIC**, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.  
**"VEDANTA, A MEANS OF KNOWLEDGE."** James Swartz. 'Learn who you REALLY are. 7 p.m. A 25 minute video then casual discussion. Cedar City Library in the Park (Rare Records room). The Literary Club. More info by calling Manny at 435-559-3333.

## Thurs, Mar 1

**AMERICAN SIGN LANGUAGE III CLASS**, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way, Enoch.  
**NAMI BRIDGES & FAMILY TO FAMILY CLASSES (FREE). 7 P.M.**, Southwest Behavioral Health Center, 245 East 680 South, Cedar City. To enroll, call Robert (435) 590-7749 or Rosie (435) 590-0880.  
**CEDAR CHEST QUILTERS' GUILD**, 10 a.m., Cedar City Senior Center, 489 East 200 South.  
**COLOR COUNTRY COMMUNICATORS**, Cedar City Toastmasters, 7 a.m. 86 W. University Blvd. Find your voice. Shape your future. Be the leader and speaker you want to be.  
**IMMUNIZATIONS/WIC/VITAL RECORDS**, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Dept., 260 E. DL Sargent Drive, Cedar City. Call 435-586-2437 with questions.  
**COLOR COUNTRY PICKLEBALL**, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.

**ALCOHOLICS ANONYMOUS**, 11 a.m. women-only meeting, noon Speaking from the Heart AA, 6 p.m. AA Misfits. The Meeting Hall, 1067 S. Main Street, Cedar City. More info at 877-865-5890.  
**ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP**, noon, Cedar Bowling Center, 421 E. Highway 91.  
**AL-ANON - "AFFECTED BY SOMEONE'S ADDICTION OR DRINKING? AL-ANON CAN HELP. 7-8 P.M."**, Cedar City Library in the Park, 303 N. 100 East, Cedar City. More info at 435-531-1045.  
**NARCOTICS ANONYMOUS**, 8 p.m., The Meeting Hall, 1067 S. Main. More info at 877-865-5890.  
**WATER AEROBICS CLASS**, 9 a.m., SUU pool. Fun, up tempo workout to current pop hits. The class is medium to high intensity and includes full body toning. Can be modified to any fitness level. Perfect for those with knee, hit or joint injuries. Cost is \$2 which includes pool admission. Free trial class. More info from Allison at 435-327-2091.  
**CEDAR CITY COMMUNITY CLINIC**, 8 a.m. to 5 p.m. Call 435-865-1387 for an appointment. Accepts Medicaid, Medicare and all private insurances.  
**SAGEBRUSH FIBER ARTISANS**, the Cedar City area weavers and spinners group, 6:30 p.m., Visitor's Center, 581 N. Main in Cedar City.  
**IRON COUNTY CONSTITUTION PARTY MONTHLY MEETING**, 7 p.m., Cedar City Library in the Park.  
**CEDAR CITY MASONIC LODGE #35 MEETING**, 7 p.m., 2120 W. Skyview Road, Cedar City.  
**COLOR COUNTRY NIGHTWRITERS MONTHLY MEETING**, 7 p.m., Cedar City Library in the Park, Rare Books room.  
**SOUTHERN UTAH ROCK CLUB MEETING**, 6 p.m., Lapidary Shop, 497 N. 100 West, Cedar City. A club that brings together people who share a common passion for rocks, minerals and jewelry making from Southern Utah and surrounding areas. For more information, visit www.southernutahrockclub.org.

## Fri, Mar 2

**COLOR COUNTRY PICKLEBALL**, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.  
**IMMUNIZATIONS/WIC/VITAL RECORDS**, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.  
**ALCOHOLICS ANONYMOUS**, noon Speaking from the Heart AA and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.  
**NARCOTICS ANONYMOUS LIVE AND LET LIVE**, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.  
**CEDAR CITY COMMUNITY CLINIC**, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.  
**INFORMED WOMEN OF AMERICA**, 11 a.m., Cedar City Library in the Park.

## Sat, Mar 3

**YEAR ROUND FARMERS MARKET**, every Saturday rain or shine, 9 a.m. to noon in the parking lot across from Pastry Pub. Local vegetables, greens, fruit, herbs, baked goods, artisan cheese, live plants, flowers, jams, raw honey, farm fresh eggs, and more. Also every Wednesday, same location, 4 to 7 p.m.  
**SATURDAY MARKET**, 9am-1pm every Sat. @ IFA, 905 S. Main. Good weather outside - bad weather inside. Farmers with vegetables, fruits, eggs, honey, baked goods & breads, meats, tamales, food vendors, hand-crafted items including soaps, lotions, jewelry, clothing, home décor and gifts for all ages. For more info call 435-463-3735.  
**ALCOHOLICS ANONYMOUS**, 11 a.m. women's meeting, noon Speaking from the Heart AA, 6:30 p.m. AA BB Study, and 8 p.m. My Story speaker meeting, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

## Sun, Mar 4

**ALCOHOLICS ANONYMOUS**, 11 a.m. (TGISS) AA and 6:30 p.m. 12x12 Book Study, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.  
**NARCOTICS ANONYMOUS**, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For Information, call (877) 865-5890.  
**COMMUNITY MINDFULNESS MEDITATION**, 4 p.m., St. Judes Episcopal Church, 89 North 200 West, Cedar City. This is facilitated by Amber Gower. This is a guided meditation open to the public. It is non denominational and free to all looking for guidance in group meditation. Phone 435-590-4092 for more information.

## Mon, Mar 5

**COLOR COUNTRY PICKLEBALL**, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.  
**IMMUNIZATIONS/WIC/VITAL RECORDS**, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.  
**RED ROAD TO SOBRIETY/AA MEETING**, open meeting, 6 p.m., Paiute Indian Tribe of Utah, 440 N. Paiute Drive, Cedar City. For more information call Chris at 586-1112 ext. 307.  
**ALCOHOLICS ANONYMOUS**, noon Speaking from the Heart AA and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.  
**NARCOTICS ANONYMOUS MONDAY NIGHT BASIC TEXT STUDY**, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.  
**CEDAR CITY COMMUNITY CLINIC**, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

## Tues, Mar 6

**AMERICAN SIGN LANGUAGE I CLASS**, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.  
**STORY TIME AT THE FRONTIER HOMESTEAD STATE PARK**, 10 a.m., an opportunity for preschool children to learn about the past through stories and history-related activities, story time is free thanks to the support of the Cedar City-Brian Head Tourism Bureau.  
**CEDAR CITY ROTARY CLUB WEEKLY MEETING**, noon, Southwest Applied Technology College, 510 W. 810 South in Cedar City, for more information call (435) 865-7637.  
**IMMUNIZATIONS/WIC/VITAL RECORDS**, 1 to 5:30 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.  
**RAPE AND SEXUAL ASSAULT SUPPORT GROUP**, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.  
**COLOR COUNTRY PICKLEBALL**, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.  
**WOMENS AA OPEN MEETING**, 5 to 6 p.m. at KKCB Clubhouse, 1067 S. Main, Cedar City. All are welcome. For more information, call 435-559-7777.  
**AL-ANON "EASY DOES IT,"** 7 to 8 p.m., Community Presbyterian Church, 2279 N. Wedgewood Lane, Cedar City, for more information call (435) 531-1045.  
**AL-ANON**, 7 to 8 p.m., Parowan Senior Center.  
**ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP**, noon, Cedar Bowling Center, 421 E. Highway 91, Cedar City.  
**ALCOHOLICS ANONYMOUS**, noon Speaking from the Heart AA, 6 p.m. AA Misfits and 8 p.m. AA Cedar Group, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

**WATER AEROBICS CLASS**, 9 a.m., SUU pool. Fun, up tempo workout to current pop hits. The class is medium to high intensity and includes full body toning. Can be modified to any fitness level. Perfect for those with knee, hit or joint injuries. Cost is \$2 which includes pool admission. Free trial class. More info from Allison at 435-327-2091.  
**CEDAR CITY COMMUNITY CLINIC**, 10 a.m. to 7 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

## Wed, Mar 7

**CEDAR CITY COUNCIL**, 5:30 p.m., council chambers  
**AMERICAN SIGN LANGUAGE II CLASS**, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.  
**TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER**, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.  
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**COLOR COUNTRY PICKLEBALL**, 7-10 a.m., 155 East 400 South in Cedar City. Paddles and balls supplied. For more information call Ed Severance at (435) 586-6345.  
**TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS**, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park. For more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.  
**DOMESTIC VIOLENCE SUPPORT GROUP**, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.  
**ALCOHOLICS ANONYMOUS**, 7 to 8 p.m., Parowan United Methodist Church social hall, 190 N. Main St.  
**ALCOHOLICS ANONYMOUS**, 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.  
**NARCOTICS ANONYMOUS JUST FOR TODAY**, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.  
**CEDAR CITY COMMUNITY CLINIC**, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.  
**ENOCH CITY COUNCIL**, 6 p.m., city offices.

## Want Your Event on Our Calendar?

*There is no charge for calendar items. Your submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.*



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# Schools

## NEWS Nuggets

Compiled by Le Ann **WOOLSTENHULME**  
Iron County School District

### Enoch Elementary

Coins were dropping and battles were waged during February's Penny Wars. This fundraiser from the PTA gave students the opportunity to raise their class' score or sabotage other classes with pocket change and dollars. The victors of the wars were the classes of Mrs. Leann Lundgren and Mrs. Kami White. Over \$700 was collected.

Congratulations to February's Tigers of the month and top readers! We are getting closer to our goal of 600,000 minutes. Students can track these minutes on their kite for flight also.

Enoch Elementary would like to congratulate Tonya DeGroff of Mrs. Melinda Huntsman's class, who won second place in the district spelling bee. She is now eligible to move on to the SEDC regional spelling bee March 6th.

### North Elementary

Cedar North Elementary is pleased to announce that we have been preliminarily designated as a "Gold Standard STEM School" by the State of Utah. The application process has been long and rigorous but, starting in April, we can now "officially" call ourselves a STEM (Science, Technology, Engineering, & Math) school. Some of the requirements to receive this designation are: extensive integration of all subjects with science, teacher expertise, lots of hands-on science and engineering instruction, extra-curricular science and math activities, partnering with other community entities (such as SUU), and helping students gain an interest in STEM careers. North Elementary has shown evidence that we do all these things and, as a bonus, we add strong arts integration into our school as well. If you'd like to come see what we have to offer your child, please call us at 435-586-2845 to set up an appointment to tour our building and meet our amazing faculty and staff.

### South Elementary

Students in 1st grade had some informative demonstrations by our school nurse, Mrs. Tiffany Johnson. She taught them about how to maintain good oral health. These lessons helped celebrate February Dental Health Month. The students were reminded to brush their teeth for 2 minutes twice a day, to floss once a day, to eat fruits and vegetables and limit sugary snacks, and to visit the dentist every six months.



**FIRST GRADERS AT SOUTH ELEMENTARY** celebrate Dental Health Month

### Three Peaks Elementary

The Three Peaks Elementary fifth grade students held their annual Patriot Awards program last week. Each student had the opportunity to pass off seventeen items in conjunction with the history of our country. For example; reciting the Gettysburg Address, memorizing the order of US Presidents, recognizing US symbols, state capitals, etc. We would like to let our 5th grade students know how proud we are of them and the hard work they did to prepare for this year's Patriot Program. A big

thank you to the 5th grade teachers for getting this big event ready - Mr. Jason Robison, Mrs. Tiffany Young, Mrs. Debbie Melling, and Mrs. Sherrie Mackelprang.

Three Peaks will celebrate Dr. Seuss Week February 26-March 2. Planned festivities include; different dress-up days (watch for information note), read-a-thon, guest appearances from "Thing One" and "The Cat in the Hat", and Parents and Pastries on March 1 beginning at 8:00 am. Please come and enjoy a pastry while reading a Dr. Seuss book with your child.

### Fiddlers Elementary

On Wednesday, February 21, 2018 the Mustangs at Fiddlers Elementary participated in Career Day. Members of the community volunteered their time to share "tidbits" about their career with the Fiddlers' Students. Students had the opportunity to learn from various fields of interest including forestry, medicine, geology, Aviation, business, law, athletics, science, the arts, and public protection and safety.



Career Day is an annual event at Fiddlers Elementary and is sponsored by PTA. This year the event was organized by PTA board member Rachel Sheridane.

### Cedar Middle

Cedar Middle School students participated in spirit week with daily dress ups and lunch activities. The PTSA sponsored a Valentine's party to provide a fun activity for students and help raise money for two CMS staff members. Mrs. Chamberlain's donation bucket raised \$100, so during the Valentine's party, students got to throw indoor snowballs at Mrs. Chamberlain while she was duct taped to the wall. Thank you so much for all your donations and support. The CCA classes had the chance to work with SUU. They brought Hummingbird circuit boards and other things to teach the students about programming and code. Through our Ambassadors' Club, CMS teachers have offered a job-like experience to students. Jobs were created by teachers, and students applied for these jobs. The goal is to give students a real-world focus (CCR) that will help them think about their future life, college, and getting a good job.



**MRS. MERRILLEE CHAMBERLAIN BEING DUCT-TAPED TO A WALL** for a fundraiser during Spirit Week at CMS.

## ROAD TRIP!



COURTESY OF GATEWAY ACADEMY

**7TH AND 8TH GRADE GATEWAY ACADEMY STUDENTS** were off to Salt Lake City for the school's first hands on integrated curriculum field trip. This experience offered students a variety of fun educational activities highlighting different areas of study. From the Clark Planetarium, a production of "The Music Man", This is the Place Historical Monument, the Living Planet Aquarium, and a Utah Jazz game! There was no shortage of things to do, and an endless show of smiles.

**SUU** COLLEGE OF PERFORMING & VISUAL ARTS  
SOUTHERN UTAH UNIVERSITY

### UPCOMING EVENTS

#### EVIDENCE: SUU DEPARTMENT OF ART & DESIGN CURRICULUM EXHIBITION

Southern Utah Museum of Art  
Tuesday - Saturday  
11 a.m. - 5 p.m.

#### RON & VANESSA LEMEN EXHIBITION

Southern Utah Museum of Art  
Tuesday - Saturday  
11 a.m. - 5 p.m.

#### CARMINA BURANA AND SELECTED WORKS

AN ORIGINAL CHOREOGRAPHED DANCE CONCERT IN COLLABORATION WITH SUU CHOIRS, ORCHESTRA, AND RED ROCK SINGERS  
Randall L. Jones Theatre  
February 28 and March 1, 2, 3, 5 at 7:30 p.m.  
Matinee: March 3 at 2 p.m.

#### ART INSIGHTS: ERIKA SHULTZ

Southern Utah Museum of Art  
March 1 at 7:00 p.m.

#### ART INSIGHTS: RON AND VANESSA LEMEN

Southern Utah Museum of Art  
March 8 at 7:00 p.m.

#### OPERA

Heritage Center Theater  
March 21-24 at 7:30 p.m.

[www.suu.edu/pva](http://www.suu.edu/pva)

# Frontier Folklife Festival now accepting vendor applications

**CEDAR CITY** — Frontier Homestead State Park Museum and The Frontier Homestead Museum Foundation are pleased to announce the third annual Frontier Folk Festival in Cedar City, Utah, June 22-23. Original art, live music and traditional craft demonstrations combine to celebrate the diverse heritage of southern Utah. The Frontier Folklife Festival promises to be filled with remarkable talent.

"We've been talking about this idea for years," said Todd Prince, Park Manager, in a release. "A couple years ago we introduced the festival, not knowing what the response would be. Overall, it was a good event. This year we hope to expand on our success, and offer

an exceptional experience to the community and all our patrons."

Applications are now being accepted. All interested artists and

of the Cedar City/Brian Head Tourism & Convention Bureau (<http://scenicssouthernutah.com>), marketing and advertising will be extended to market areas in Las Vegas and the Wasatch Front, increasing the Folk Festival's reach to a broad audience.

The Frontier Homestead Museum Foundation is looking forward to a diverse, quality show, and wish to thank its exhibiting artists and musicians in advance for helping to bring the arts in all of their forms to the residents of Iron County and beyond.

Questions can be directed to Festival Coordinator Todd Prince at (435) 586-9290, or via email at [frontierhomestead@utah.gov](mailto:frontierhomestead@utah.gov).



**PATRONS PERUSE ARTIST BOOTHS** at the 2017 Folklife Festival

crafters must submit an electronic application, available at <https://frontierhomestead.org/folk-fest/>.

Thanks to the generous support

## Boredom busters for your dog



### The Pet CORNER

by Dawn AERTS

**T**rying to come up with interesting or busy things for your dog to do should be listed in the owner's manual.

We all know that bored dogs, or kids can get into things. In some ways, we are their main source of entertainment and interest, so if we're not giving them stuff to do they will come up with their own ideas – that could be a game of slipper-chew or upholstery dig.

As you come up with ideas, or just play, walk or offer fetch-games, this helps a dog hone in on their natural instincts to stay busy, bond with you, and find some challenge in their world. In fact, there are dozens of ideas that can keep them mentally and physically active and more content.

Here are a few suggestions to consider for your favorite companions.

**Nose Games...** and find the treats. This game helps them practice their canine skills (using chopped carrots or little doggy biscuits). Have them watch you place them in various locations around the room, give them the cure to find and of course, your praise follows. Once they figure this game out, you can repeat in another room. Similar to find and seek.

Stuffed Kong anyone? These are non-toxic and

mostly indestructible toys that can be filled with peanut butter (or hotdog); freeze over night for a morning to-do challenge. The Kong can help with weight issues and simply entertainment.

**The Basics of Obedience...** most owners will take the time to instruct their dog in the simple ways of canine socialization. You will find that dogs enjoy learning such things as sit, steady, drop it, and of course, come.

It's important to note that dogs have the capability of learning dozens, maybe hundreds of words, so if you have the time, your dog will benefit from the education. For instance, you might try the 'shell game' which is helpful for problem solving: a little treat is placed under one of 3 little cups, you shuffle them around, and encourage a 'find.' Cats can participate too.

**Clean Up the Toys.** This game is helpful to learn for canines and children alike. If you keep their collection of little toys in one container, in one spot, they can learn to put them away and they will build on a sense of confidence and know how. These are new skills but if learned, pick up time will be rewarding for you and your canine.



Some dog owners suggest setting up a small indoor obstacle course to master: a stack of towels to jump over; a few toys to weave around, a hoola-hoop to jump through.

Finally, there are two simple gadgets that can keep your dog both alert and busy: the 'clicker' (available at pet shops) which is used to give your dog the 'way to go' signal when he does something well, and for a rainy day thing, chasing bubbles (non-toxic) can be a favorite to do.

*You can be a 'hero' by giving a homeless dog or cat a forever home. In support of the Cedar City, Enoch and other local animal shelters. For information on adopting a pet, call 586-8791 or 586-2960.*

## Business

### Local businessman honored with Ethics Award

Gary Holyoak, owner of Tink's Superior Auto Parts, with seven stores throughout Southern Utah, with the original store in Cedar City, was recently honored with Utah's Ethical Leadership Award. The awardees represent Utah's principal based ethical leadership, presented by the University Of Utah, the Daniels Fund, and the David Eccles School of Business.

Tink's was among 30 businesses so nominated and was the only business south of the Wasatch Front to ever win the award.

Known locally as "Honest Gary" because of the many years of open and transparent business transactions over the last 42 years in business, Gary and his brothers Brian Houser and Chase Holyoak never seek the spotlight; they simply follow the same guiding principle as their Father Thomas H. Holyoak did when he founded Tink's in 1975: "Do the right thing."

"This award recognizes Utah businesses, nonprofit organizations, and government entities that embody best practices on ethical behaviors," said Utah Governor Gary Herbert. "The finalists and awardees are a great representation of Utah's principal -based ethical leadership."

## Obituaries

### Patricia Lorena Peña Richey



Our wonderful wife, mother, daughter, sister and friend Patricia Lorena Peña, age 50, passed away on February 21, 2018 after a valiant fight with cancer. She was born on September 9, 1967 in Hollywood, California to Joe and Beatriz Caice Peña. She attended Santa Fe High School in California and Cal State Fullerton.

She is survived by her husband, Gregg Richey of Cedar City, UT; her children; Korryn (Manuel) Guzman of San Diego, CA, Jake Richey and Grant Richey both of Cedar City, UT. Her mother Beatriz Peña of Cedar City, UT, and her sisters Sandra Carbonell of Jacksonville, FL and Yesenia DeLama, of Whittier, CA.

She is preceded in death by her father Joe Peña. Services will be held on Saturday, March 3, 2018 at 1 p.m. at Christ the King Catholic Church, 690 S Cove Drive, Cedar City, UT. Online condolences can be made at [www.sumortuary.com](http://www.sumortuary.com).

### Submitting an Obituary

*There is no charge for obituaries of 400 words or less. Submissions can be made online at [ironcountytoday.com](http://ironcountytoday.com), or emailed to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or brought to 389 N 100 W, #12, Cedar City, Utah 84721. A single submission may include up to two photos. The deadline for submission is Monday at noon. For pricing information for obituaries longer than 400 words, please call 435-867-1865 ext. 5.*

WEDNESDAY, FEBRUARY 28, 2018

## LADY REDS SAIL PAST BEARS IN 4A PLAYOFFS

by Tom **ZULEWSKI**  
*Iron County Today*

As the Cedar girls embarked on their first game in the 4A state basketball playoffs, they found themselves in an unfamiliar position – being behind on the scoreboard.

The slow start didn't last very long.



Cedar

56



Bear River

34

Bear River	8	6	5	15	--	34
Cedar	12	18	14	12	--	56

**Bear River** – Bittner 5, Fronk 10, Bywater 8, Call 2, Cottle 5, Sidwell 4. Totals 6 19-27 34. 3-pointers – Bittner 1, Fronk 2.

**Cedar** – D. Weaver 5, J. Weaver 12, Laws 7, Shoop 4, Williams 2, Davis 10, Fielding 8, Brower 6, K. Oldroyd 2. Totals 20 13-22 56. 3-pointers – J. Weaver 2, Davis 1.

Sophomore Japrix Weaver scored nine of her game-high 12 points in the second quarter, and the Lady Reds used a 14-2 run to close the first half and gain control in a 56-34 rout over the Bear River Bears on Feb. 23. Cedar stretched its winning streak to eight straight and

improved to 18-4 overall.

Head coach Corry Nielson said being unfamiliar with Bear River led to the team's early struggles when they fell behind by four points twice in the first quarter.

"They're a brand-new team and we hadn't played them before," Nielson said of the Bears. "We had a scouting report on them and knew exactly what they were going to do, but it takes time to adjust to players you haven't seen."

The Lady Reds trailed 7-3 midway through the first quarter, but put together an 8-0 run that Dream Weaver finished off with a 3-point play that put them in front 11-7. Bear River kept the score close at 16-12 early in the second on four points from McKenzie Bywater before Japrix Weaver caught fire and turned the momentum firmly toward the home team.

"In that second and third quarter, we found out who we are," Nielson said. "We attacked the basket and did some really good things."

Freshman Logann Laws was a catalyst in the big run that closed the first half, coming up with a pair of steals that led to layups in the final minute and pushed the Cedar lead to 30-14 at the break.

The reserves had plenty of

see **LADY REDS** | 18



**CEDAR'S JAPRIX WEAVER** scores over a Bear River opponent as the Lady Reds advance in state 4A tournament play.

COURTESY OF JENNIFER WEAVER

## Falcon boys season ends with loss to Sky View

by Tom **ZULEWSKI**  
*Iron County Today*

The Canyon View Falcons didn't arrive in the 4A playoffs with a lot of momentum, but knew the challenge would be formidable as they traveled to Logan on Feb. 24 to face Region 12 champion Sky View.

Behind Mason Falslev's 28 points, the Bobcats cruised past Canyon View, 61-42, to advance to the quarterfinals Thursday at UCCU Center on the Utah Valley campus in Orem. Sky View led by 10 at the half and held CV (10-15) to just six points in the third quarter to extend the lead.

Andrew Dean added 16 points for Sky View (17-6) and Koebe Wilson chipped in with 10.

The Falcons were led by 12 points from Parker Holmes. Playing in their final games, seniors Brantzen Blackner, Joey Lambeth and Toby Potter were all held to single-digit scoring efforts. Blackner had nine points, while Lambeth and Potter each had seven. All three players hit a 3-pointer in the loss.

Sky View will face Payson, a 71-54 road winner at Tooele in its opening-round game, in a 2:30 p.m. tipoff at UVU in the quarterfinals.

## Hunt sisters sign soccer letters with Snow College



**TWIN SISTERS RACHAE AND JULIA HUNT SIGN LETTERS OF INTENT** to play soccer at Snow College. The multi-talented athletes chose their favorite sport to pursue collegiately.

by Tom **ZULEWSKI**  
*Iron County Today*

**CEDAR CITY** — Rachael and Julia Hunt are twin sisters. Their games on the soccer pitch are similar and involve a lot of speed.

On Feb. 22, the Cedar High duo earned their moment in the sun when they signed their National Letter of Intent to play at Snow College in Ephraim. They also became the third and fourth Lady Reds players to join the program since it began in 2015, joining Nicole Jenkins and Makenna Clark.

Rachael Hunt said the experience Jenkins had playing for the Badgers made a differ-

ence in the decision.

"We've always loved Nicole and knew she liked it there, so that was big for us," she said.

When the choice of sport came into the thought process, Julia Hunt said the duo's experience in track fell to the back burner when they first met Snow head coach Nuno Gourgel.

"Since our sophomore year, Coach Nuno has been talking about us," she said. "We stayed in touch, so it was one of our top options for a long time."

The pair will be joining a Badgers team that finished with a 16-0-2 record last season with a win in the NJCAA Region 18 tournament over College of Southern Nevada.



**PORTER MILLER AND HIS PAROWAN TEAMMATES** raced to a fourth-place finish in 2A boys basketball this season.

# Rams finish fourth at 2A state hoops

by Tom ZULEWSKI  
*Iron County Today*

RICHFIELD — The two Porters of Parowan – junior Porter Wood and senior Porter Miller – were on full display in the quarterfinal round of the 2A state basketball playoffs Feb. 22 at Richfield's Sevier Valley Center.

The duo combined for 37 points as the Rams took control from the start and beat North Sevier 51-40 to advance to the championship semifinals. Parowan (12-12) attacked the basket and drew fouls frequently in the first half as they built a 31-16 halftime lead.

The Rams stretched the advantage to 19 points early in the third quarter, but North Summit showed signs of life with a 10-0 run that brought the lead back within single digits at 35-26.

With Wood scoring 22 points – including a trio of 3-pointers – and Miller adding 15, Parowan was able to withstand the charge. The Rams led 39-28 after three quarters and the Braves never cut the deficit to less than seven points the rest of the way.

Parker Brown led North Summit (10-12) with 16 points in the loss and Martin Winters added 10.

The Rams saw their dreams of reaching the 2A final dashed as the

Duchesne Eagles started fast and didn't let up on the way to a 48-35 semifinal win Feb. 23. The No. 2 seed from Region 16 led 11-3 after a quarter and 21-12 at the half.

Playing in its first year as a 2A member, the Eagles didn't let up in the second half. With Wood and Miller battling foul trouble, Duchesne pushed the advantage to 14 points after three quarters and cruised from there into the title game.

Freshman Max Topham led the Rams with 13 points in the loss. Miller finished with eight points and Wood added just five, 13 below his season average.



Parowan  
**53**



Layton Chr.  
**65**

In the third-place game, Parowan fell to pre-tournament favorite and defending champion Layton Christian, 65-53 on Feb. 24. The Eagles led 28-20

at the half and pushed the pace to a 19-point edge early in the fourth quarter.

Parowan – who was led by 21 points from Wood – was able to cut the margin down to six at 59-53 with just over a minute left, but Layton Christian drained a pair of 3-pointers to seal the win.

Miller added 15 points in his final game and Topham added 11 as the Rams finished the season with a 12-14 overall record, including an 11-4 mark in its final 15 games.

## Scoreboard

### Scores

#### High School Boys Basketball

- 2/22 Parowan 51, N. Summit 40  
2A playoffs, quarterfinals
- 2/23 Duchesne 48, Parowan 35  
2A playoffs, semifinals
- 2/24 Sky View 61, Canyon View 42  
4A playoffs, first round
- Layton Christian 65, Parowan 53  
2A playoffs, third-place game

#### High School Girls Basketball

- 2/23 Cedar 56, Bear River 34  
4A playoffs, first round

#### SUU Men's Basketball

- 2/22 Portland State 96, SUU 91, OT
- 2/24 SUU 77, Sacramento State 74

#### SUU Women's Basketball

- 2/22 Portland State 70, SUU 66
- 2/24 Sacramento State 79, SUU 77

### Standings

#### Big Sky Mens Basketball

	CONF.	OVERALL
Montana	14-2	21-7
Idaho	12-4	20-8
Weber State	12-4	19-9
E. Washington	11-5	16-13
N. Colorado	10-6	19-10
Portland State	8-8	18-11
Idaho State	8-8	13-14
Montana State	6-10	13-16
<b>Southern Utah</b>	<b>5-11</b>	<b>11-16</b>
North Dakota	5-11	10-18
Sacramento St.	3-13	6-23
N. Arizona	2-14	5-24

#### Big Sky Womens Basketball

	CONF.	OVERALL
N. Colorado	13-3	21-6
Idaho	11-5	15-12
Idaho State	10-6	18-9
Weber State	10-6	18-9
Portland State	10-6	16-11
E. Washington	10-6	15-13
Montana	9-7	13-14
Montana State	8-8	14-13
North Dakota	5-11	12-15
N. Arizona	4-12	7-20
Sacramento St.	4-12	6-21
<b>Southern Utah</b>	<b>2-14</b>	<b>3-24</b>

## LADY REDS

*Continued from page 17*

opportunity to get involved in the second half, and they took full advantage. Emma Brower got inside for a basket that led to a 3-point play, and senior Lexi Williams added a layup of her own that put the lead at 44-16, Cedar's largest of the game.

Senior Carley Davis scored seven of her 10 points in the second half and said the defense helped overcome the slow beginning.

"We started playing better defense, and that's our emphasis," Davis said. "It helped us turn it into offense."

Bear River outscored Cedar 15-12 in the fourth quarter and was led by 10 points from Rachel Fronk. The Bears, who earned the No. 4 seed from Region 12 after a play-in victory over Sky View, finished the season with a 7-15 record.

Cedar advances to a quarterfinal game against Salem Hills, the co-champions from Region 10. The Skyhawks got 29 points and 13 rebounds from Lauren Gustin and beat Tooele 62-25 to improve to 21-1.

## Local soccer teams bring home medals

CCFC had 10 teams who braved the crazy weather and competed in the Rage Invitational and Icebreakers Soccer Tournaments, which had over 400 teams participating. Six of the 10 teams won medals in hard fought battles.

CCFC B09 White pulled a 2-1 win in the championship game against a team they had lost to on Saturday to win the gold. CCFC B07 was able to come back from a 0-2 deficit at half-time to tie it up 2-2 and end with a dramatic 2-0 win for gold in a PK Shootout. CCFC Premier Gold GU19 was able to secure a 1-0 win for gold over a team they had tied with during regulation play.

CCFC Strykers G08, CCFC Razzberries G07, and CCFC Premier Silver GU16 all fought hard and were able to take silver medals in their brackets. CCFC continues to work hard on growing soccer in the community and is excited that the competition teams are seeing so much success. CCFC strives to be a home for all soccer players, whether in the competition league

or in the recreation league.

CCFC Comp starts games on March 17 and CCFC Spring Rec starts games on April 10. There are a few open spots on rec

teams for those that missed registration.

Please see ccfcsoccer.com and Facebook page "Color Country Futbol Club" for more information.



**THE CCFC B09 WHITE TEAM CAPTURED THE GOLD MEDAL** at this year's Rage Invitational with a 2-1 win.

COURTESY PHOTO

# A sequel could happen for Cedar High girls

As we discussed here last week, the Cedar girls basketball team is embarking on its first run through the 4A state playoffs. While the challenge is a hard one – the Lady Reds get to face 19-1 Salem Hills in the quarterfinals Thursday night at UVU – it got the research wheels turning.

When Cedar made it to the 3A state title game for the first time under former head coach John Elison two years ago, they had to get through teams that were just as hard as who they'll be facing this time around.

After they beat Juan Diego in the quarterfinals at SUU, they had to deal with a Carbon team that lost only twice and given up 36 points per game. Thanks to a Jessica Whetmen layup with one second remaining, the Lady Reds advanced to the final with a 54-53 win over the Dinos.

As Elison admitted afterwards, he had "no idea" how the team pulled it off.

Here's our thought: They simply refused to lose. It works every time.

In the final against Snow Canyon – who had only two losses all year, just like Carbon – Cedar could have taken home the championship trophy. They missed by one errant pass in the closing seconds.

Final: Snow Canyon 58, Cedar 54.

Four of the sophomores who were part of that team have another shot to duplicate the run. Carley Davis, Bailee Fielding, Brooke Shoop and Dream Weaver all had their moments, and Dream was the one who had the assist that led to Whetmen's winning basket against the Dinos.

And they've had a lot to overcome this year to keep the dream alive.

Shoop had to miss all of her junior season because of a knee injury she suffered while with the soccer team, but she's operating at full strength. Davis missed two games in the stretch drive to the region title after getting knocked to the floor and suffering a concussion in the home game against Canyon View.

Dream Weaver knows about the concussion thing all too well. She's been wearing special protective headgear to keep playing after she suffered one in practice during the season.

To see Weaver on the floor since January, she looks like she's ready for an Olympic boxing match, which is a perfect symbol for the games the Lady Reds will be facing. Knockdown, drag-out battles where a loss means the season will end. There are no consolation games for the 4A bracket.

Welcome to progress.

» **SUU's men's basketball team came away with a split** of its two games last week. Despite blowing all of

a 13-point second-half lead, the T-Birds picked up a key 77-74 victory over Sacramento State to improve to 5-11 in Big Sky play heading to the final week of the regular season.

It was the team's first win in the home finale in eight years.

As they stand right now, the T-Birds are tied with North Dakota for ninth place in the standings. Both teams are a game behind Montana State, but SUU does not own the tiebreaker over the Fighting Hawks or the Bobcats.

In order for them to get into the 8 vs. 9 first-round game at the tournament in Reno, the T-Birds will have to finish ahead of UND. If they can't, the likely first-round opponent will be Idaho State, who stands as the No. 7 seed at the moment.

SUU closes with road games at Eastern Washington on Thursday and Idaho on Saturday. The Eagles have serious motivation because they're looking to protect their status as the No. 4 seed, which comes with an opening-round bye.

*While the challenge is a hard one...it got the research wheels turning*



## RANDOM Thoughts

by Tom **ZULEWSKI**  
Sports Writer

Eastern leads Northern Colorado by a game and closes the regular season against Northern Arizona. The Bears have to go on the road for Portland State and the Hornets.

» **While we know the SUU women are locked in as the No. 12 seed**, who they'll face in Reno is anyone's guess. Four different teams – Idaho State, Weber State, Portland State and Eastern Washington – are all in a flat-footed tie with 10-6 records and trying to settle the third through sixth seeds.

As mentioned earlier, whoever comes out of the mess as the first two get first-round byes, but the No. 5 opens with the T-Birds on Monday. No one will know who it is until they finish this week's games Friday night.

Even the best tiebreaking minds may have a hard time figuring this one out, but that's a part of why hoops tournament time is the most wonderful time of the year.

Follow Tom Zulewski on Twitter @ TommyZee81 or email tominator19@yahoo.com.

# Hoyer named new SUU volleyball head coach

by **SUU ATHLETICS STRATEGIC COMMUNICATION**

For Iron County Today

**CEDAR CITY** — Southern Utah Athletics and Athletic Director Debbie Corum have announced the hiring of Peter Hoyer as the new head coach of the Thunderbird women's volleyball program.

"After an extensive national search, we are thrilled that Pete will be joining our staff as head volleyball coach," Corum said. "Pete was highly recommended to us by coaches who have competed against him and during the interview process we became convinced that he was the right fit to elevate this program to the next level. I appreciate Frank Pucher for his diligence in leading this search and we look forward to welcoming Pete and his wife to Cedar City."

Hoyer was most recently at the University of Texas at San Antonio, where he was the associate head coach for the Roadrunners. While at UTSA, Hoyer was responsible for recruiting and training, while also working with the setters. Last season the Roadrunners earned a bid to the Conference USA Tournament, finishing fourth in the league out of 13 teams in the regular season.

"I am incredibly grateful for the opportunity to lead Southern Utah volleyball into the future," Hoyer said. "I would like to thank Debbie Corum, Frank Pucher and the entire Thunderbird family for the warm welcome we received on our visit to Cedar City. I strongly believe in the direction the athletics department is headed under Debbie's leadership and look forward to a bright future ahead for Thunderbird volleyball. I can't wait to get started and make Cedar City our home."

Hoyer served as the assistant volleyball coach for North Carolina State from 2010-2015, and helped lead the Wolfpack to five consecutive seasons with 16-plus victories, and three consecutive seasons with 20-plus wins. While at NC State, the team also made an appearance in the NCAA Tournament.

Hoyer joined the Wolfpack coaching staff after some time

away from volleyball, previously holding the title of head coach for the Dayton Flyers.

While at the helm in Dayton, Hoyer had an overall record of 178-96. He led the Flyers to two Atlantic 10 Championships in 1998 and 2001, and was named Atlantic 10 Coach of the Year in 2001. He also coached two Atlantic 10 Players of the Year, and three Atlantic 10 Rookies of the Year. His last season at Dayton, the Flyers finished 22-7 overall including an 11-3 Atlantic 10 Conference record.

Between his jobs with Dayton and NC State, Hoyer stepped away from volleyball for family reasons and became a high school teacher in the state of Texas.

Hoyer became the head coach at Dayton after a successful career as an assistant for Ohio University from 1990-1994.

His first job in collegiate volleyball was at Southwest Texas State University, where he was a graduate assistant from 1987-1990.

After graduating with a Bachelor's Degree from the University of Wisconsin-Eau Claire, Hoyer received a Master's of Education degree from Southwest Texas State University.

**SOUTHERN UTAH UNIVERSITY HAS NAMED PETER HOYER** head coach of the T-Birds' volleyball team.



# FREE Classifieds

WEDNESDAY, FEBRUARY 28, 2018

Limit of 2 ads per person and phone number, 30 words per ad. Charges apply for any additional words over 30 and for "help wanted" and "services" categories.

**1 Week** \$.14/word - 30 Words - \$4.20 (minimum). More than 30 words - \$.14/word.  
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**3 Weeks** \$.10/word - 30 Words - \$9.00. More than 30 words - \$.10/word.  
**4 Weeks** \$.10/word - 30 Words - \$9.00. More than 30 words - \$.10/word

Submit your classified ads at [www.ironcountytoday.com](http://www.ironcountytoday.com) or fax them to 867-1866 or call 867-1865 ext. 1.

**DEADLINE TO PLACE ADS IS FRIDAY AT NOON**

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## ANIMALS

**GENERAL MEETING FOR THE** public on February 24 at the Cedar City Library in the East Room at 12:30 pm to 2 pm. Elections and updates on the dog park

**MAKE AND TAKE CLASS!** Make 3 all natural pet products with essential oils! February 24th 3pm - 5pm at Ramada in Cedar City. Tickets are \$25. Purchase tickets at <http://www.festival-countryk9s.org/EVENTS.html>

**TINA'S ALL PET GROOMING** is now open in Cal Ranch-Cedar City. Please call for appointments (435) 463-8462 for baths or grooms. Walk-in for nail trims okay. Dogs, cats, and more.

## ANNOUNCEMENT

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**WANTED**

**WANT TO BUY, SMALL** to medium size gun safe. Needs to fit long guns. 435-590-1920.

**LEGAL NOTICES**

**LIEN STORAGE SALE**

NOTICE IS HEREBY GIVEN, by Enoch Storage Rentals, that the rights, title and interest of the following storage occupant's personal property will be sold at public auction for non-payment of rent. Each unit's contents will be sold in bulk as a single transaction for CASH only on Saturday, Mar 17, 2018 at 10 am at Enoch Storage located at 660 E 4930 N Enoch, UT 84721, 435-867-4655. A \$100 refundable cash performance deposit, per unit, is required of successful bidders. Successful bidders will be allowed 7 days to clean out the units.

#152 Shanna Pender; bed, furniture, dresser, bookshelf, household items, clothing.

**LEGAL NOTICES**

#155 Matthew Barr; tires, rolling tool box, vehicle stands, rims, transmissions, transfer cases, couches.

#158 Clint Porter; exercise machine, camping gear, metal cabinets, toys, bicycles, totes, furniture.

#218 Ausage Vaigafa Jr; fridge, freezer, clothes, bikes, furniture, stroller.

#310 John D. Crumback; step ladder, bikes, book shelf, furniture, clothing.

#311 John D. Crumback; go-kart, drums, tools, chairs, mini fridge.

OS-5 Clint Porter; 1973 Rancho El Rey 20 ft camp trailer.

**ICT #0033**  
Published Feb. 28, 2018  
Iron County Today

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# Comics & Puzzles

WEDNESDAY, FEBRUARY 28, 2018

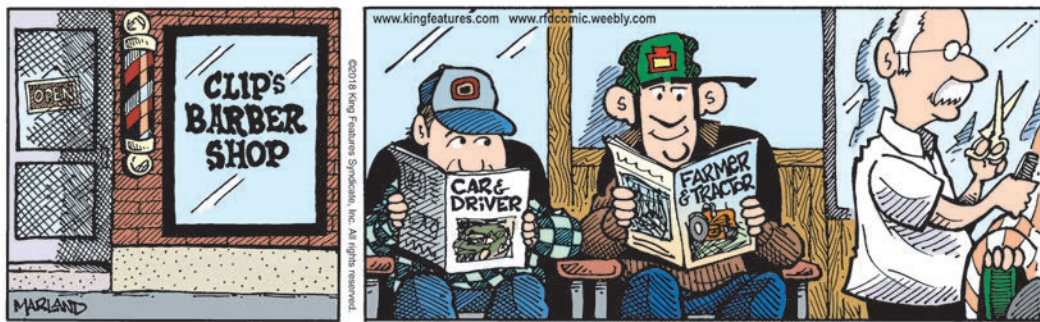
## Amber Waves

by Dave T. Phipps



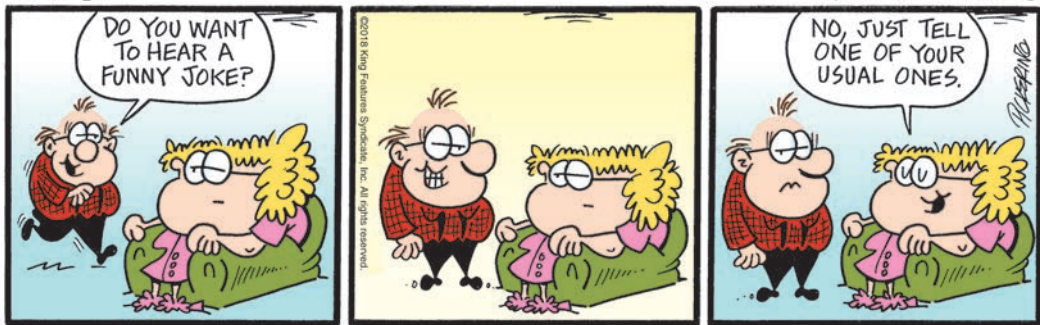
## R.F.D.

by Mike Marland



## The Spats

by Jeff Pickering



## King Crossword

### ACROSS

- 1 "If I may interrupt, ..."
- 5 Pen filler
- 8 Otherwise
- 12 African gully
- 13 Born
- 14 Sweetie
- 15 "Metamorphoses" poet
- 16 Make less intense
- 18 Disappointment
- 20 Shampoo directive
- 21 Author Buscaglia
- 22 Cravat
- 23 Fireplace minutia
- 26 Square dance party
- 30 — constrictor
- 31 Prompt
- 32 Court
- 33 Overwhelm
- 36 Archipelago components
- 38 Suitable
- 39 Modern-day evidence
- 40 Frighten
- 43 Dusk
- 47 Prison security measure
- 49 Pelvic bones
- 50 Baseball's Hershiser
- 51 Varnish ingredient

1	2	3	4	5	6	7	8	9	10	11	
12				13			14				
15				16			17				
18			19				20				
			21				22				
23	24	25				26			27	28	29
30						31				32	
33			34	35			36	37			
			38				39				
40	41	42				43			44	45	46
47						48			49		
50						51			52		
53						54			55		

- 52 Breaks a Commandment
- 53 Simple
- 54 Coloring agent
- 55 Slam-dance
- 9 Ponce de —
- 10 Cutting tools
- 11 Sea flyer
- 17 Great Lake
- 19 "— the ram-parts ..."
- 22 Pirouette pivot
- 23 Recede
- 24 Cattle call?
- 25 Satchel
- 26 Attila, e.g.
- 27 Hooter
- 28 Trouble
- 29 Ph. bk. data
- 31 100 lbs.
- 34 In an ominous way
- 35 Newspaper pg.
- 36 Hostel
- 37 Cruel treatment
- 39 Conical-cap wearer
- 40 — gin fizz
- 41 Cat of "Iron Chef America"
- 42 High cards
- 43 Vacillate
- 44 Hodgepodge
- 45 Victories
- 46 Doggerelist Ogden
- 48 Antiquated

### DOWN

- 1 MPs' quarry
- 2 Own
- 3 Tend manuscripts
- 4 Center
- 5 Halved
- 6 Night light?
- 7 Barbie's companion
- 8 Formed a vortex

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## Weekly SUDOKU

by Linda Thistle

4	8		5					3
		7	9					6
1				6	4			
	8	7						4
5				8				1
9			4		3			
	4			5				2
2		4						1
		3	1	7				

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

### DIFFICULTY THIS WEEK: ♦♦

- ♦ Moderate ♦♦ Challenging
- ♦♦♦ HOO BOY!

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## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Collar is smaller; 2. Birdhouse is missing; 3. Pot is different; 4. Sign is smaller; 5. Scarf is different; 6. Lamp is missing.

New! 24 HOCUS FOCUS puzzles \$3.50 • 24 Volumes • Order at: rbmamall.com

4	9	7	1	2	3	6	8
9	1	8	3	7	4	5	2
2	3	6	5	9	8	7	4
5	8	3	4	1	9	2	7
1	7	2	8	3	6	4	9
6	4	9	2	5	7	8	3
7	2	4	9	8	3	6	1
8	9	5	4	6	1	7	3
3	6	7	1	5	2	7	4

Answer

### Weekly SUDOKU

H	S	O	M	E	D	Y	E	A	S	E
S	N	I	S	L	A	C	L	T	L	O
I	A	V	A	N	M	O	K	O	L	O
N	W	O	N	S	U	N	S	C	A	R
S	E	I	S	E	N	M	O	D	O	B
O	O	W	O							
E	M	B	E	R	H	O	E	D	O	W
L	E	T	L	E	T	L	E	T	L	O
N	W	O	N	S	U	N	S	C	A	R
N	W	O	N	S	U	N	S	C	A	R
A	H	E	M	I	N	K	E	L	S	E

Solution time: 21 mins.

Answers

### King Crossword

- 1. Edna St. Vincent Millay; 2. 1,414; 3. Ulysses Grant; 4. Luminous intensity; 5. Mortimer Mouse; 6. The Napoleonic Wars; 7. Aquamarine; 8. Shanghai; 9. Theodore Roosevelt (Peace); 10. John Kennedy

Trivia Test Answers

## Trivia test

by Fifi Rodriguez

1. LITERATURE: What American poet wrote the line, "My candle burns at both ends; it will not last the night"?
2. MATH: The Roman numerals MCDXIV are equal to what Arabic number?
3. MONEY: Which U.S. president's image appears on the \$50 bill?
4. MEASUREMENTS: What does a "candela" measure?
5. MOVIES: What was the original name of Disney's Mickey Mouse?
6. HISTORY: What war is the Battle of Leipzig associated with?
7. GENERAL KNOWLEDGE: What is the birthstone associated with March?
8. GEOGRAPHY: What is the most populous city in the world?
9. NOBEL PRIZES: Who was the first American to win a Nobel Prize?
10. U.S. PRESIDENTS: Which president had a yacht titled the "Honey Fitz"?

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