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“You got your diploma, you deserve it and nobody can take it away from you”
— Bob Schieffer

“You got your diploma, you deserve it and nobody can take it away from you. So this is for you,” he said. “Enjoy it all day long.”

He said graduation is important to all teachers, parents, graduates and the speakers.
Schieffer recalled his graduation and that he did not graduate magna cum laude.

"It was more of a case of 'Thank you Lordy,'" he said. "I was absolutely terrified and there was a good reason for it. I had specialized in Spanish. I didn't major in Spanish, I specialized. I took it, dropped it, took it, dropped it."

He said he took nine semesters of Spanish in order to get the four required for graduation. He said grades weren't posted until after graduation and he was afraid he'd be pulled out of line to get his diploma and told he didn't pass Spanish.

"Now you've all reached the milestone," Schieffer said.

The University also presented four honorary doctorate degrees during the University Commencement. Schieffer received an honorary doctorate in public service for his political news coverage. Honorary doctorates in public service were also awarded to former SUU interim president Rich Kendell, KSL-TV news anchor and reporter Carole Mikita and past voice of the Utah Summer Games Bill Marcroft.

The commencement featured remarks from Southern Utah University President Scott L Wyatt, along with the Class of 2017 student speaker Sarah Ludlow, a Human Nutrition Major from St. George. Katelyn Yoakum, an accounting major from Las Vegas, was the 2017 Valedictorian.

Wyatt began by sharing his excitement of the university's enrollment growth through the years. He said in the last two years SUU's enrollment has grown approximately 25.4 percent, which is 12 times more than other schools throughout the state of Utah. SUU is also has the highest graduation rate of any public university in the eight intermountain west states, which is 50 percent higher than average, Wyatt said.

"This is a happening place and a lot of excitement," he said. "Not only are you coming here in increasing numbers, but you are succeeding at higher rates."

Commencement continued as Ludlow spoke, encouraging her fellow graduates to remember that the reward of graduation is walking with confidence into a job interview.

"Our reward is the wisdom we gathered and the individuals permanently pressed upon our souls," she said. "Our reward is the liberty and opportunity we can look forward to tomorrow."

Ludlow, who will pursue a screenwriting and stand-up comedy career in Chicago, quoted her favorite comedian, Tina Fey.

"Whatever the problem is be a part of the solution," she said.

Ludlow encouraged the graduates to recognize points of error but then move on.

Schieffer spoke to the class of days that have come tough in the political world as the government suffers to do right. He encouraged them to be honorable people that meet together to improve citizens.

"... where the best and brightest want to be," he said. "That's who you are and you remember nothing else. You remember nothing else that I've said, but remember this: you are fortunate because you are an American and America is a place where dreams can still come true and you must always work to keep it so and treasure it always."

Continued from page 1

For nearly 2,000 graduates, the ceremonies marked the end of one road and the start of many others.
Public meet, discuss storm water issues at Enoch open house

by Holly COOMBS
holly@ironcountytoday.com

ENOCHE Members of the public attended an Enoch City open house last Thursday night to hear from Cody Howick from Sunrise Engineering and voice their opinions regarding storm and drain water issues within the city.

Howick said spoke of preparing a master plan to work on Enoch City sewer and storm water systems.

"We go out and we pull every manhole, measure down and put in a mapping system," he said. "Through engineering data, we get flows through that system to see what the existing system is and where it is deficient."

On the maps, he said are recommendations for solutions based on the deficiencies found. Howick said that night was to get feedback from the public what their thoughts and concerns are and what solutions can come from it.

Once the solutions are considered, the cost will be brought up and presented to the city council determine what can be done.

Some citizen concerns included flooding that occurs within the city whenever it rains. 

"Enoch Road and Memorial Road are a problem," resident Sharon Yanaz said. "Water is diverted to come down Sunset, across Memorial and floods when it rains."

Yanaz said the borrowed ditches are not enough to stop the flooding.

"The city is trying to improve it so I’m here to see how it’s going to work," she said.

Population growth has caused additional issue with the storm water drainage, resident Tom Hansen said. He said he has voiced his concerns to the city before.

"I do get upset about the lack of planning for storm water run-off prior to the development," he said. "After the problem developed, there has been some effort to deal with this water but what was done, has not eliminated our problem."

He said he hopes pointing problems out to Howick will help in solving the problem areas.

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Historical Society sets May meeting

The Iron County Historical Society will have its final meeting until fall on Wednesday, May 10 at 7 p.m. at the Frontier Homestead State Park.

There will be a dinner before the meeting at 6 p.m. Please RSVP to mitchellp@suu.edu or 435-586-7976 if you would like to attend the dinner. The cost will be $10 per person.

Dr. David Lunt, history professor at SUU will be our speaker. The following is the title of his talk and an abstract of what he will be talking about:

Remembering an Athletic Hero: The Afterlife of Alma Richards
As recent events remind us—words matter

When teaching high school English, I told students that even in an electronic digital age, proper grammar, wording, and punctuation remained relevant. As an example, I would show them a sentence in which one misplaced comma changed the entire meaning.

Legal experts still question and analyze the meaning of the 2nd Amendment. (Does the “well-regulated militia” grant rights to citizens or a government-sponsored National Guard-type unit?) Similarly, the U.S. Congress has funded many programs tied to two words in the U.S. Constitution (the “general welfare”).

Words matter. This was proved this past month when a Utah district court judge offered comments prior to sentencing a middle-aged man convicted on 10 counts of forcible sexual abuse and one count of object rape.

Fourth District Court Judge Thomas Low is being criticized for his handling of the case against Keith Robert Vallejo, a former LDS bishop. His critics don’t have a problem with the length of the sentence. They also must admit that Judge Low agreed with the jury verdict and praised one of the victims for coming forward with the complaint.

The furor over Judge Low stems from two things: Initially allowing a convicted sex abuser to be released on bail prior to sentencing and, more importantly, his comments in court after reading supportive letters about the man. Judge Low quickly backtracked on the bail release, but continues to be hounded on the comments.

I have no problem with Judge Low’s thought process. However, we should all have concern about his words.

He called the convicted sex abuser “an extraordinary, good man.” Then, compounding his mistake, he tearfully noted, “But great men sometimes do bad things.”

In the first place, Judge Low is correct: good men—although not necessarily “great men”—do bad things. Few of us get out of this life without being ashamed of something we wouldn’t do a second time. A talented man like Charles Lindbergh joined other talented German scientists in supporting Adolf Hitler. (Similarly, smart people like the current president of the University of Utah make outrageous public relations blunders, as seen in the Huntsman Cancer Center leadership controversy.) History is full of good-hearted clerics and community leaders who occasionally walked the “dark street” and died with blemished reputations.

But with the victim sitting in the courtroom, a judge should not describe her attacker as an “extraordinary good man.” Sorry, but extraordinary good men do not fondle and rape teenagers. Rather Judge Low should have explained, “Men can do good things in their lives, but they must also be held accountable for the bad. You contributed to the community and your church, unfortunately you also brought evil into the neighborhood with tragic consequences for your young victims.”

The petition drives and calls for Judge Low to be removed from the bench are misguided, and I assume he would phrase his comments differently if given another chance.

There is a lesson here: To paraphrase the court record, even “extraordinary good judges can make bad comments hurtful to victims.” Let’s leave it at that.

The opinions stated in this article are solely those of the author and not of Iron County Today.
Ground breaks for SUU business building

by Holly COOMBS
holly@ironcountytoday.com

CEDAR CITY — The groundbreaking ceremony for a new business building at Southern Utah University took place last Thursday. The anticipated construction of the 42,000-square-foot building will be built in the current Sharwan Smith Center Student Center parking lot at a cost of $16 million, which was made possible with the help of the whole community, SUU President Scott L. Wyatt said.

"Excluding the two research universities, this is the first academic building where the majority of the funding has come from members of the community within the state of Utah," Wyatt said. "It took the whole community to make this happen."

Besides the community help, funding also came from legislators. Rep. John Westwood (R-Cedar City) was a major role to get the funding.

"Without the generous funding from the Utah State Legislature during the 2016 session we would not be here today," School of Business Interim Associate Dean Mary Pearson, who was the master of ceremonies at the groundbreaking that morning at 11 a.m.

A $7.5 million donation was also given from the Dixie and Anne Leavitt Foundation.

The groundbreaking ceremony continued with a musical number by The Dead Economists, a band created by School of Business Dean Carl Templin, who plays the double bass, Economics and Finance Department Chair Kim Craft, who plays lead electric guitar, Economics Professor Joe Bake, who plays guitar, harmonica and lead vocals, Aviation Director Sean Heiner, who plays the drums and Pearson, who plays keyboard. The group performed "School of Business Blues," which was composed by Baker.

The ceremony continued with remarks from Templin, Dixie and Anne Leavitt and Wyatt.

Templin, who will be retiring this year, spoke of the growing of the school of business going from being simple penmanship courses when Southern Utah University was Branch Normal School to a Business School in the late 1960s.

"Now the business unit at SUU, whether being a department, a division or a school, as it is now, has always had the updated curriculum always striving to provide the hands on education for its students," he said. "Our values are striving for excellence and integrity. The new business building will have the latest technology, flexible classrooms that can be configured for the teaching style of the professor and the learning style of the students."

He said the building will include an Investment Service Learning Lab where students can apply their acquired business knowledge to work problems. It will include an Entrepreneurship Center with many break out rooms and collaborative offices will promote student engagement and interaction with faculty. "I am so excited to see this take place to launch the School of Business into its next wonderful period of growth and innovation and I hope you are equally excited, thank you," Templin said.

Wyatt said the old Business Building will be turned into use for a science building and while students have often complained about minimal close parking, he said the university has much parking for students.

"As the university develops all the buildings will come inward and the parking will be pushed to the outside around the university," Wyatt said.

A parking lot on 200 South, where Juniper Hall dorms sat four years ago before they were taken down, will be set in place as well, he said.
Firefighters promoted, recognized by council

by Holly COOMBS
holly@ironcountytoday.com

CEDAR CITY — New positions for three firefighters were announced at last Wednesday’s Cedar City Council meeting.

Nick Howell and Mike Henfield have been with the Cedar City Fire Department for 17 years and were appointed to the position of Battalion Chief. Chad Barnes was also appointed to the Battalion Chief position and has been with the fire department for six years.

“These are the guys that run the fire ground operations and make all the decisions after the first arriving engine gets (to the scene),” Cedar City Fire Chief Mike Phillips said. “They keep the process going and keep the command moving forward.”

Phillips said there are seven battalion chiefs total within the fire department.

“The process to become a battalion chief began 15 months ago with an interview of skills, shadowing of each interested firefighter by a battalion chief to teach skills of the trade, another interview and then a skills test. "These are the three that are moving forward as battalion chiefs of the Cedar City Fire Department," Phillips said. The wives of the three put the new badges on their husbands. The new battalion chiefs shook the council and mayor’s hands and introduced themselves and their families at the meeting.

“You know the bravest people are the ones that hear (the radio) go off and they send their husbands away and we appreciate them,” council member Fred Rowley said.

Among other items at council meeting a business waiver for the Iron County Search and Rescue to do its carnival fundraiser on May 18-20 was approved by the council to be waived.

“You know the bravest people are the wives…”

— Mike Phillips, Cedar City Fire Chief
Beryl man dies in rollover accident

A Beryl man died last Wednesday when he suffered significant trauma at the scene on State Route 56 where his truck tipped and rolled.

At approximately 2:48 p.m., Morris W. Carter, 73, was driving his 2002 Peterbilt tractor truck and towing a trailer loaded with dirt westbound on State Route 56 when for an unknown reason, at mile marker 20, he allowed the 'Turks to drift off the right side of the road, according to a Utah Highway Patrol press release.

"(Carter) then corrected the truck back onto the roadway and went off the left side of the roadway," according to the release. "The driver over corrected back towards the roadway, but the weight of the load and truck shifted, causing it to tip over and roll onto its side."

Carter was not wearing a seat belt and suffered significant trauma and died at the scene.

The cab of the truck sustained significant damage in the rollover.

Maverick donates $66,800 to Toys for Tots Foundation

by Holly COOMBS holly@ironcountytoday.com

Maverik Adventure's First Stop located at 220 N. Airport Road, presented a check of $66,800 to the Toys For Tots Foundation, which was collected from voluntary donations from customers during November and December of last year.

"We are happy we are able to work with the Toys for Tots Foundation and how the community donates it goes directly back into our community so we appreciate the community's help in hitting these goals and being able to do this," Maverik District Manager Jennifer Morgan said.

"We couldn't do it without them," Jeff Lennert with the Toys for Tots Beaver/Iron Counties Coordinator said. "There are 12 other coordinators that will get a portion of this money because that's money raised in their areas."

He said it's split with others that go from Delta all the way to Grand Junction.

"So there are a whole lot of other programs involved in this," Lennert said. "So we will get about $12,000 out of it, which is still pretty good because that is about the amount we use every year."

"Toys for Tots is one of those charities that all the money raised in this area stays in this area," Lennert said. "We don't use that for operational. Today we are representing the foundation because now we got to take this and divide it up between all the other coordinators."

PASSING THE BUCK(S) IN A VERY GOOD WAY, representatives from Maverik donated $66,800 to Toys for Tots programs in Utah.
Bulloch Drug Store Boutique to hold grand re-opening

A grand re-opening at the Wood ‘n Boutique inside the Bulloch Drug Store will be on May 6 from 9 a.m. to 6 p.m. as a celebration for a full remodel and new merchandise options.

“We started to carry a few small things like Utah tees and they sold so fast so we decided to expand and see how it did,” Marketing Director Whitney Francis said. “The clothing has done so well. We are just trying to do unique clothing that you can’t find anywhere else because Cedar City doesn’t have a lot of shopping options. We decided to expand and remodel and see what happens.”

The store also carries jewelry, purses and other trinkets.

The event will include door prizes, treats and 50-cent sodas among other surprises.

The Wood ‘n Boutique is located at 91 N. Main St. inside Bulloch Drug Store.
COSMIC CONTEMPLATIONS

**Finding the North Star**

**The North Star**, also known as Polaris or the Pole Star, is one of the most recognizable stars in the night sky. Although it is a white supergiant star with a radius of about 22 million miles (about fifty times the size of the Sun), it barely cracks the list of the top 50 brightest stars. Why? Even though its surface temperature is more than 10,000 °F (making it about 2500 times as luminous as the Sun), like most stars, the North Star is a long way from Earth, with a distance of 430 light years. Since one light year is about six trillion miles, just imagine how far the North Star is in our night sky!

**The significance of the North Star** has not rise or set, but remains virtually in the same spot above the northern horizon year-round while the other stars circle around it. The North Star is one of the easiest navigational tools. Historically, humans did not have the technical devices that we have today to find our way around. They used the Sun and stars for navigation and this worked quite well. They realized that the North Star could always be found in the northern sky, therefore, you could figure out where south, west and east were as well. Even today, it is used as a navigation tool for the military or people outside looking to find their way. The North Star can actually be more accurate than a compass because compasses point you towards the magnetic north, rather than the geographic north. When you use a compass, you always have to correct the reading. No correction is needed with the North Star.

**The North Star** is one of the easiest stars to find. To begin, locate the Big Dipper, which is part of the constellation Ursa Major (the Great Bear). It will always be found in the northern sky. The Big Dipper is comprised of seven stars and looks like a large spoon with a handle attached to it. Once you locate the Big Dipper, you can find the North Star by simply looking at the two bright stars that form the outer edge of the Big Dipper spoon. These are called the ‘pointer stars’. Draw an imaginary line (see graphic) straight through these two stars and toward the Little Dipper, which is in the constellation Ursa Minor (the Little Bear). The Little Dipper is visible (depending on night sky conditions) and easily found if your imaginary line is accurate. You will notice the brightest star on the Little Dipper’s handle. This is the North Star.

By Alison HOLLAND
Cedar Breaks Master Astronomer Program

**Here’s That North Star you’ve been searching for at night.**

**Cedar City Chamber of Commerce**

**Business Tip of the Month:**

**NEED FOR SUCCESSION PLANNING**

Because of a large group of aging “Baby Boomers”, an estimated 52–70% of existing business owners will leave their business over the next 10 years. Up to 65% of family succession plans fail and up to 80% of these fail within the first two years. What’s more concerning is that 60% of existing businesses are not ready for a succession event. That puts into jeopardy the continuity of a significant number of small businesses, the strength of the U.S. Economy. Proper planning is required for a successful succession event to take place. Business owners need to better understand the basics of buying & selling, the principles of business valuation, and how to increase the sellers cash, including planning for the tax ramifications of the deal. Preparing for a succession event involves the process of positioning the business for maximum value at the optimal time.

Let us help you make your succession process effective and put the maximum amount of cash in your pocket when you exit your business. Call the SUU Small Business Development Center at (435) 865-7707.

Cedar City Chamber of Commerce (435) 586-4484 www.CedarCityChamber.org

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Open House

**MAY 6TH**
**10AM-2PM**

**436 S. CROSS HOLLOW ROAD, CEDAR CITY**

Open cabins! Come see what we offer...
Southern Utah Museum of Art hosts an extensive exhibit titled Highland Maya of Guatemala featuring the photographs of Michael Plyler May 4 through July 1, 2017, with an Artist Talk on Thursday, May 4, 2017 at 6:30 p.m. These black and white photographs are taken with traditional film and developed in an old-style wet darkroom. SUMA is open October through May from noon to 6 p.m. and June through September 10 a.m. to 7:30 p.m. Admission to SUMA is free and open to the public. Free parking is available at the corner of 300 West and University Blvd.

This exhibit incorporates 56 images of people and cultural icons in the Guatemalan region and is arranged by the language that is spoken in each area. Each image transports you to a village that brings to light the daily life of these people. The images were taken in the early 1980's through the 2000's.

Michael Plyler said of the exhibit, “These portraits span some sixteen trips over the course of twenty-three years. As such, they serve as a record for tradition and traditions changing.”

Plyler’s extensive knowledge and research into the lives and heritage of the Mayan people reflects greatly in the capturing of these stunning pieces. He shares that information throughout the exhibit, which also resides in the permanent collection of the National Museum of the American Indian at the Smithsonian in Washington, D.C.

He received a commission from the Guatemalan Tourist Institute in 1983 and was a recipient of a Visual Artist Fellowship from the Utah Arts Council in 1993. In 2010 Plyler and writer Logan Heber published “Southern Paiute: A Portrait” through Utah State University Press. As the current director of the Zion Canyon Field Institute, Plyler also serves as the Institute’s photography instructor. His work is represented by the LaFave Gallery in Springdale, Utah.

Of his time spent in Guatemala, Plyler said, “All these visits to Guatemala bear witness not only to my recording of the Mayans’ everyday lives, but my evolution as a photographer as well. My initial vision, almost exclusively in color, shifted almost exclusively to black and white by 1984. I progressed from 35mm through medium format to large format (4x5). Along the way I taught myself the intricacies of Ansel Adams’ Zone System.”

For more information about SUMA, please visit www.suu.edu/suma.
Mastering the piano? Not this way

by Mary Anne ANDERSEN
Cedar City Arts Council

Let’s say, for the sake of argument, that we have 100 percent literacy in our community. That may not be true; I know it’s not true for the state, the nation, and certainly the world as a whole. But our comfortable, well-educated, involved-parenting population probably consistently produces generations of students who can all read.

Now think how this happens. From the time a child is five or so, she has a battery of adults committed to teaching her how to read. Even before kindergarten, now that I think of it, pre-school teachers probably work on teaching her her letters and numbers.

In early grade school, she is a participant in daily activities and games designed to give her understanding of the meanings of those shapes we call letters. She does this every day and is encouraged to continue little exercises with her family after she gets home.

She advances through the grades, studying different topics in math, science, and social matters but still having reading every day. There is the operative word: EVERY. For six years, she and her friends read in all their other subjects and still practice reading per se. It can be safely said that once a child begins her first introduction to letters, she reads something new every single day for the rest of her life. When I make that observation to a ten-year-old boy who denies that he reads during the summer, I point out that he watches TV, plays games, goes to the store, drives down the street, and so inadvertently seeing words at every turn. Thus we become the skilled readers that we all are.

Now suppose you sent that little girl to school on Monday morning and she had a thirty-minute, one-on-one tutoring session with her reading teacher. Then she was sent home with material that she was to practice every day, probably re-reading the same pages in her book on a daily basis. But what if she comes across a word she doesn’t know, or has failed to grasp the idea of syllabification. And what if she is living with a parent who does not easily speak or read English. She practices incorrectly for a week or loses interest or lacks encouragement to continue. Next Monday she returns to school needing reinforcement, correction, and new information to repeat the process of essentially teaching herself to read.

After another thirty minutes, she is sent home to try again. When she does want to practice her reading, her mother is driving a sibling to soccer practice, her dad is at work, and her friends are outside. Do you think much literacy progress is being made that day?

Of course not. And yet, did you recognize the very process involved in a child’s music lessons: limited time with a teacher, no correction in case of faulty practicing, fun stuff going on in the other room. I have some solutions to offer, some of which I know work. Stay tuned next week.
A Taste of Switzerland

Swiss couple brings bit of homeland to new Cedar City BnB

by Holly COOMBS
holly@ironcountytoday.com

CEDAR CITY — A breakfast from Switzerland, a nice cabin or an RV hook-up are available at a new Bed and Breakfast known as BnB+Swiss, located at 436 S. Cross Hollows Road.

Uwe “Bruce” and Ilona Ewen moved to Cedar City about three years ago from their home country of Switzerland and opened up a new bed and breakfast.

The couple has eight cabins with a similar set up like a hotel room and offers a fresh homemade Swiss breakfast for their guests. Ilona bakes four different types of breads. She said they also have homemade sausage, cheese, Swiss cheese which is sent from Switzerland, Danish foods and a special oatmeal are some of the food items offered for breakfast.

Uwe Ewen said the King cabins come with jetted tubs. They do not have TVs, as they like to bring the cabin feel and experience to let customers enjoy the quiet and time together during their stay.

“Why have TV? You’re out here in a cabin. Talk to each other.” — Uwe Ewen, owner

Customers that stay in the cabins get breakfast with their stay while RVs do not. Ilona Ewen said they can pay $7 to receive breakfast if they wish.

She said while in Switzerland, she worked as a nurse and after a few of her family members and her best friend died and she got sick with cancer, she and Uwe decided they needed to make a new life. Ilona said they won a green card in the lottery and moved to Utah and found property in Cedar City.

“I love the scenery here,” Ilona Ewen said. “It’s amazing.” She said she also loves working and meeting different people. Aside from the bed and breakfast she works at Chef Alfredos and Uwe Ewen works at Home Depot.

“I like the friendly, nice and open people,” Ilona Ewen said.

The Ewens look forward to the Utah Shakespeare Festival to start in hopes of bringing in more customers.

The couple will host an open house on Saturday from 10 a.m. to 2 p.m. Food including real German bratwursts, Biff’s Bunkhouse BBQ roast pork sliders and more will be available.

Activities and entertainment will include a petting zoo, Cedar City Biker’s Against Child Abuse will ride in, Rising K Ranch will provide horseback riding, Drake’s Garage will have powersport repairs and a disc jockey will be playing. Raffles with prizes including a free breakfast for four people at the bed and breakfast, a gift card from Chef Alfredo’s, gift certificate for Biff’s Bunkhouse BBQ and other prizes will be available.

PHOTOS BY TOM HAMILSTON

CEDAR CITY — A breakfast from Switzerland, a nice cabin or an RV hook-up are available at a new Bed and Breakfast known as BnB+Swiss, located at 436 S. Cross Hollows Road.

Uwe “Bruce” and Ilona Ewen moved to Cedar City about three years ago from their home country of Switzerland and opened up a new bed and breakfast.

The couple has eight cabins with a similar set up like a hotel room and offers a fresh homemade Swiss breakfast for their guests. Ilona bakes four different types of breads. She said they also have homemade sausage, cheese, Swiss cheese which is sent from Switzerland, Danish foods and a special oatmeal are some of the food items offered for breakfast.

Uwe Ewen said the King cabins come with jetted tubs. They do not have TVs, as they like to bring the cabin feel and experience to let customers enjoy the quiet and time together during their stay.

“Why have TV? You’re out here in a cabin. Talk to each other.” — Uwe Ewen, owner

The Ewens look forward to the Utah Shakespeare Festival to start in hopes of bringing in more customers.

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Mothers relax! You are doing just fine

Most women experience self-doubt at one time or another over their perceived lack of poise, education, parenting skills or housecleaning skills— not to mention negative feelings about their size and shape. With Mother’s Day coming up, there are more than a few women who will shy away from the holiday thinking they are failing terribly at their roles. They will even go so far as to avoid any gathering where the virtues of motherhood will be discussed lest the sense of guilt cause tears or a desire to slink away to escape the feelings of shame.

Author Lisa Zamosky has written and posted a related article on WebMD (http://www.webmd.com/parenting/features/being-good-mom#1) titled, “Relax, You’re Being a Good Mom.” There are a few key points worth highlighting for consideration— not just for Mother’s Day but throughout the year. The following points are adapted from her article.

Screen the parenting spectator comments. As in most sports events, when it comes to the parenting game there are cheerleaders and there are hecklers more than happy to share their thoughts and insights about your skills. Whether it is an intentional direct comment, something posted on Facebook or an off-hand comment made by a thoughtless person, some feel free—even obligated— to chastise others. It is best to keep in mind that parenting is not a competition and we should avoid taking ourselves and others a bit too seriously.

Not even so-called parenting “experts” know everything. There is a plethora of sociologists, psychologists, teachers and pediatricians that we look to for advice and counsel about parenting. So what if instead of serving whole grain and natural foods, you actually feed your children macaroni and cheese? What if you actually raise your voice to your children or, heaven forbid, spank your child?

Sometimes, being “armed” with too much expert information can “lead you into the trap of believing that there is one right way to do things and that if you’re not doing it that one way your kids will suffer.” This is a perfect recipe for mother’s guilt. In real life, stress and frustration happen. Thank goodness children are resilient and when they are confident in your love for them, they can bounce back from those less than stellar parenting moments.

Going with your gut, intuition, or inspiration. According to the WebMD article, once you’ve talked to your physician, read a few books and studied some other reliable sources of parenting information, it’s time to step away from the schooling and start trusting your internal mothering guide. “We joke that kids don’t come with directions, but they do in a sense. The directions are your values, and they are the basis on which all of your decisions are made.”

Silencing the critic. It’s still difficult not to compare your mothering techniques against those of another. Comments made can get under your skin and be difficult to simply ignore. So, if you feel strongly enough to return a comment made to you about your parenting style, a standard response is “Thanks for the input!” This is a polite response that avoids further discussion with so-called “know-it-alls.”

Remember parenting basics. Applying your family’s values and beliefs to your parenting style is good parenting. Negative self-talk can be damaging to both you and your children. If your children are happy, able to talk openly with you, share loving words and actions with you, consider yourself successful no matter what others may say.

Zamosky uses her own experiences as well as quotes shared by other mothers and authors to further illustrate and drive home her main points. Don’t let the opinions of others tarnish the accolades mothers and women, in general, deserve.

Kathleen Riggs is the Utah State University Extension Professor for Iron County. Questions or comments may be sent to kathleen.riggs@usu.edu or call 435-586-8132.
Wed, May 3

AMERICAN SIGN LANGUAGE II CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughway Dr. in Enoch, free, for more information call (435) 867-5538 ext. 113, or email instructor Larry Lakowski at larryl@cox.net.

TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN’S CRISIS CENTER, 7 to 8:30 p.m., Cedar City Aquatic Center, $15 per month, ages 5 and older with any experience level, sign up at The Aquatic Center.

COLOR COUNTRY WINDS COMMUNITY BAND REHEARSAL, 7:30 p.m., Community Presbyterian Church in Cedar City, no audition, must be able to play a band instrument and read music, we even welcome “rusty” players who want to begin playing again.

FREE DANCE AEROBICS CLASS, V.a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091 (no text please).

COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West, Cedar City.

ALCOHOLICS ANONYMOUS, 8 a.m., Parkinson United Methodist Church social hall, 90 N. Main St.

ALCOHOLICS ANONYMOUS, 6 p.m., AlMfits, The Meeting Hall, 1067 S. Main St., Cedar City. For more information call (877) 865-5890.

NARCOTICS ANONYMOUS, just for today, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

Cedar City Community Clinic, 8 a.m. to 5 p.m., 865-2437. For an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

FREE CHINESE LANGUAGE AND CULTURE CLASS, 6 p.m. every Thursday and Wednesday on the SUU campus. For more information call Dr. Kacper, call 435-238-3417 or email to pelletine@gmail.com.

Enoch city council, 6 p.m., Ench City offices

BELLY DANCE DANCE DEANTEifestyle studio, 6 a.m. to 8 p.m. Cleanse: Winners of the pole dancing and belly dance categories will receive $50 and a special certificate. Enjoy artists who bring fun to the stage and share their stories.

Year-round farmers market, every Saturday rain or shine. Enjoy local fruits, vegetables, local meats, local goods, local cheeses, organic eggs, fresh flowers, local meats, local honey, local crafts, and local wine.

Sat, May 6

Only you can change your world. Dom Miguez Ruiz. “We love with conditions, trying to impose ourselves on others, instead of letting the world be what it is.”

Cedar City Council, 5:30 p.m., council chambers. American Sign Language II class, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughway Drive in Enoch, free, for more information call (435) 867-5538 ext. 113, or email instructor Larry Lakowski at larryl@cox.net.

LIFE

Wed, May 10

AMERICAN SIGN LANGUAGE II CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughway Drive in Enoch, free, for more information call (435) 867-5538 ext. 113, or email instructor Larry Lakowski at larryl@cox.net.

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FREE CHINESE LANGUAGE AND CULTURE CLASS, 6 p.m. every Thursday and Wednesday on the SUU campus. For more information, call 435-238-3417 or email to pelletine@gmail.com.

Belly Dance class at the Pointe Dance Studio, 6:30 p.m. All levels welcome. Enjoy the support of other ladies in fun and fitness and love of belly dance. Just $15 a month. More details at https://www.facebook.com/bellydanceanzali.

“Willpower doesn’t work.” Why the hall of fame, “Summer and be compensate in this present moment.” A 25 minute video then casual discussion. 7 p.m., Cedar City Library in the Park. For more information, call 435-559-7777.

Want Your Event on Our Calendar? There is no charge for calendar items. Your submissions can be emailed to news@ironcounty- today.com or can be brought to 389 N. 100 West, #12, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.
Tourism has emerged as one of the key drivers in Utah’s diverse economy, with travelers spending $8.17 billion in 2015, and contributing $1.15 billion in total state and local taxes, according to the Utah Office of Tourism. 

Income taxes from tourism related jobs contributed more than $100 million to Utah schools in 2015, according to the Kem C. Gardner Policy Institute. Motor fuel tax revenue (gas taxes), from travelers contributed more than $100 million to Utah’s transportation and infrastructure. An additional $200 million in state sales tax revenue went to Utah’s General Fund where it was used to pay for essential services in Utah including health and human services, corrections, courts and the justice system, public safety and economic development. 2015 tax contributions from tourists amount to the equivalent of each Utah household paying an additional $1,235 into the state.

“Utah is establishing our reputation as a recreation destination for tourists from all over the world,” said Vicki Varela, managing director of Tourism, Film and Global Branding. “A decade ago, people credited our red-rock wonders to Arizona and the Greatest Snow on Earth to Colorado. Today, telling people you’re from Utah stirs stories of amazing vacation memories.”

Following the success of Utah’s Mighty 5 marketing campaign, the Utah Office of Tourism is encouraging visitors to get off the beaten path and experience The Great American Road Trip on some of the state’s 27 scenic byways. Flyfishing, OHV riding and road cycling are all featured in 2017’s affinity-based digital campaigns.

Utah’s Delicate Arch is symbolic of the popularity of the state to tourists, who’ve visited in record numbers the past few years.

“Utah is establishing our reputation as a recreation destination for tourists from all over the world”

— Vicki Varela
East Elementary

East second graders spent a morning learning about safety this week at Cedar City Fire Station #1. The Cedar City Police Department taught them about bicycle safety, the Department of Natural Resources taught about wildland fire safety, and the Gold Cross Ambulance crew let them tour the inside of an ambulance. The students were treated to a tour of the fire station, and all of the amazing equipment. A dispatcher spoke about the proper use of 9-1-1, and the students were taught what to do if they encountered a gun. The highlight of the field trip was going into the Life Safety House where they learned all about fire safety at home, how to escape a fire, and the importance of having a fire escape plan. Thanks to those organizations for all of their help and support.

Schools

Iron County School District

News Nuggets

Fiddlers Elementary


South Elementary

South Elementary gave credit to the students in Debbie Harding’s 1st grade class, Wendi Fuson’s 2nd grade class, Susan Parker’s 2nd grade class, and Liz Jones’ 2nd grade class for their excellent performances of Shakespeare’s plays at the Bard’s Birthday Bash and for the school performances. A special thank you to these teachers for the time taken for rehearsals and costumes. We would like to remind parents to take their children to the 13th Annual Kite Flight for Reading and Sight activities held on Saturday, April 29, from 10 a.m. - 3 p.m. at the Cedar Middle School fields. All who turn in their completed reading chart will receive a choice of a kite, books, and movie passes and will be eligible for other drawings. The amount of reading charts turned in from Three Peaks Elementary students determines how much of the proceeds from this event go to our school. Help out the school by attending this fun and action-packed event.

Canyon View High

On April 24, the Agricultural Sales Team from Canyon View High School competed in Logan at the Utah FFA Convention and brought home the first place award. With the win, the team qualifies to represent Utah at the National FFA Competition next fall. The team was comprised of Kaylee Hopkins, Destiny Jenson, Isaac Sandoval and Sadie Webster and was coached by Janette Stubbs. “We were worried that we wouldn’t be able to go and compete after putting in a lot of time, so to be able to go and win it was great,” said Jenson. Following an intense three weeks of preparing, the team was able to come out on top. “All of us worked together and made the most of it. Nobody thought we had a chance, but I believed we could do it,” said Hopkins.

The Ag Sales state title is the first in that competition for Canyon View High School. “Janette Stubbs has been waiting twelve years for a team from Canyon View to win so it was great to get it for her,” said Webster. Congratulations to this team for representing Canyon View High School and Iron County School District so well. CVHS PTSA is excited to announce April’s Falcon’s Finest award recipients. These youth have set themselves apart by being excellent citizen students. They help CVHS be a better community. These students are known for “springing” into action to do the right thing for themselves and others. We would like to congratulate Kaylee Hillyard & Emmett Shakespeare (9th grade), Payden Dalton & Breasley Bauer (10th grade), Matthew Bench & Hannah Mendenhall (11th grade), and Brady Bauer & Cason Maxwell (12th grade). They each have received a nice certificate and movie gift card to Fiddler’s 6 Theater. Way to go!

Three Peaks Elementary

Congratulations to the students in Debbie Harding’s 1st grade class, Wendi Fuson’s 2nd grade class, Susan Parker’s 2nd grade class, and Liz Jones’ 2nd grade class for their excellent performances of Shakespeare’s plays at the Bard’s Birthday Bash and for the school performances. A special thank you to these teachers for the time taken for rehearsals and costumes. We would like to remind parents to take their children to the 13th Annual Kite Flight for Reading and Sight activities held on Saturday, April 29, from 10 a.m. - 3 p.m. at the Cedar Middle School fields. All who turn in their completed reading chart will receive a choice of a kite, books, and movie passes and will be eligible for other drawings. The amount of reading charts turned in from Three Peaks Elementary students determines how much of the proceeds from this event go to our school. Help out the school by attending this fun and action-packed event.

First, second, and third grade students were excited to visit the Cedar City Aquatic Center on April 28. They had a tremendous time swimming, playing, and sliding down the slide. Thank you to the city for providing this great facility for our community to use.

On May 2, the first grade classes traveled to Snow Canyon State Park. They had the opportunity to explore the varied landscapes - white cliffs, red sandstone outcrops and black lava deposits - while on a hike with a park ranger. The students also learned about the Mojave Desert vegetation and wildlife. What a wonderful world we live in to be able to explore nature so close to home.

Enoch Elementary

Enoch Elementary students have been busily preparing for end of year programs. Watch for information coming home from teachers about these events. Next week is Teacher Appreciation Week at our school. The PTA has worked hard all year to provide teachers with tokens of appreciation and the Enoch Elementary faculty would like to acknowledge their efforts. Our PTA goes above and beyond to help our school function and enjoy amazing opportunities.

We recently had a Penny War competition and families were so supportive. It was a huge success. The Battle of The Books competition is coming up soon. Students should be reading the books on the lists and preparing for the battle against South Elementary. This is a fun, intense competition and the students at our school, work hard all year long to prepare. End of year testing is in full swing at Enoch Elementary and attendance is crucial.

Iron County School District

News Nuggets

Compiled by LeAnn Woolstenhulme

Iron County School District

Iron County Today
2017 Valedictorians honored at SUU

by Nikki KOONTZ
SUU Marketing Communications

CELER CITY — Representing each individual college, this year’s valedictorians are among the best and brightest at Southern Utah University. This year there are six exceptional students, along with the University Valedictorian Katelyn Yoakum. These students are the highest academically ranked students in their college and were recommended by professors for their dedication and commitment to academic integrity and success.

COLLEGE OF HUMANITIES AND SOCIAL SCIENCE
Tanisha Barker
Able to combine a love for teaching and history, Tanisha Barker hopes to instill a passion for social studies in her future students. From Centerville, Utah, she studied social science composite, a combination between a social science and a secondary education major.

SUU provided a comfortable learning environment for Barker, something she wants to continue for her future students. “I always felt included here,” said Barker. “I got to know so many different people and had amazing professors who cared about me and wanted to see me succeed.”

Barker is finishing her student teaching in history at Cedar Middle School and is seeking a job at a middle school where she can also coach debate.

COLLEGE OF EDUCATION AND HUMAN DEVELOPMENT
Abigail Konerman and Logan Harker
This year, two individuals tied for the position, making Abigail Konerman and Logan Harker co-valedictorians for the College of Education and Human Development. Both recipients represent the college well, showcasing the vast array of possibilities within its borders.

Konerman grew up in the woods of Utah, she studied social science and a secondary education major from Syracuse, Utah who loves outdoors. She came to SUU Outdoors three years ago to major in outdoor recreation and parks and tourism.

She worked for SUU Outdoors and led many adventures. Her favorite moments include anytime when she was able to share her love for nature with her fellow students.

Logan Harker is an exercise science major from Syracuse, Utah who loves sports and staying active. Growing up, Harker played soccer, basketball, T-Ball, danced, and tumbled. She came to SUU with a soccer scholarship and played all four years.

During her time she got involved with the Rural Health Scholars program, served on several student committees, and volunteered as a community coach and referee. She will pursue a masters in occupational therapy at Idaho State University this fall.

SOUTHERN UTAH UNIVERSITY’S VALEDICTORIANS WERE SALUTED during the school’s commencement ceremonies last week.

GATEWAY’S GREAT DAY

THE NATIONAL JUNIOR HONOR SOCIETY AT GATEWAY ACADEMY had the privilege of going to the Mastermind Room Escape Challenge and then ate lunch at El Quetzal. They had an amazing time and loved every minute of it. The 2nd graders had a wonderful time at the Fire Station. They learned about what to do to prevent fires, how to escape in case of a fire and how to be safe. Everyone had a good learning experience. Thank you, Cedar City Fire Department.

COLLEGE OF PERFORMING AND VISUAL ARTS
Mallory Petersen
As a child, Petersen always wanted to create and make something with her hands. Thinking creatively came easy to her. After graduating high school, she came to SUU with a scholarship and was impressed with the Art and Design program.

“As an artist, I am intrigued by detail,” said Petersen. “I especially like to explore the little details I find in nature and the world around me, whether it be in raindrops, the human body, or even chrome.”

After graduation, Petersen will continue to work as an employee at the Southern Utah Museum of Art and will continue to create art. Petersen never wants her art to become stressful. She said that wherever she ends up, she would like to work in a museum.

SCHOOLS OF BUSINESS
Devron Johnson
Graduating with a bachelor’s degree in accounting, Devron Johnson always knew he had a knack for numbers. Traveling to SUU from Delta, Utah, he made a connection with the campus through his caring professors.

“Professor Jeff Orton is the reason I will have a job after I graduate with my masters degree,” said Johnson. “I went to his office one day to talk about a future career, where he proceeded to give me contact information for potential employers. I also admired Professor Price for his involvement outside of the classroom, and Professor Lewis for teaching me what it truly means to study.”

Johnson now plans to continue his education at SUU through the Master of Accountancy program. From there he will work to pass the Certified Public Accountant exam before he starts work at Eide Bailly next January.

SUU is proud of the work these representatives of the Class of 2017 have accomplished. Bright futures and outstanding achievements await these six individuals and the entire SUU 2017 graduating class.
The seasons of life are vast and varied. Some days are full of blue skies and cool breezes, while others are cloudy, dark and cold. Of course, we know that each season is necessary to keep the circle of life refreshed and renewed. I believe it is the same with the seasons of our lives. They are meant to help prepare the soil of our souls for the seeds of new dreams and renewed vows and goals that spring brings. Yes, all of us will experience winters of worry and loss, but these seemingly, seasons of treason, will pass and we will prevail over the vail of sorrow and find bright joys in our tomorrows. It sounds good, but when you’re caught in the cold, those sunny days seem so far away.

I know it’s not easy to believe the sun will ever shine again when the wintry chills of your challenges seem endless, but I promise you that the sun is still there and it will shine again. The snows will melt, the rains will stop, the clouds will flee and you will see the sun again. I know you can’t see it now, and the rain has turned into a flood, but your season of change is coming. Keep your shovel, bulbs and seeds ready.

Yet, how can we hope for May flowers when we feel like we’re being drowned by April showers? This is not an easy thing to do, but I’m sure you’ve heard it said that when the storms of life come, let us not stay inside complaining, but go outside and learn to dance in the rain. Easier said than done, but even if you don’t have an umbrella or a partner, give it a try. It may sound silly, but I’ve learned in my life that I can either learn to dance, or just sit there and drown.

Now, just because you’ve learned to dance in the rain, or plant flowers on a cloudy day, doesn’t mean you’ll never face stormy seasons of doubt or distress again. But it does mean you’ll be ready to not only endure them, but learn how to enjoy them more. And because of the things you’ve learned during your April showers, you will be more empowered to help others learn how to dance during their own storms and still plant their May flowers.

Remember, there’s always a reason for the season. Some seasons are more difficult than others, but don’t commit emotional treason and stop believing in yourself or living your life. No matter what difficult season you’re going through right now, it really will pass. Don’t be afraid of the storms of life. When they come, make sure you have and find friends and family with warm hearts and hearths. And if it happens to be raining, turn on the music and get out there and learn to dance!

If you need a partner, e-mail me. coreybaumgartner@hotmail.com

by Corey BAUMGARTNER

April showers bring May flowers

No matter what difficult season you’re going through right now, it really will pass

Religion

Ground breaks in Cedar for Hispanic Christian church

CEDAR CITY — A ground breaking for a new Christian church, specifically targeting the Hispanic community, took place last Wednesday at the church site at 1700 W. 250 North in Cedar City.

El-Shaddai God Almighty Church Pastor Hector Donis from St. George has found land to expand his ministry, which he currently has in St. George, to Cedar City with the coming of a new church to have an anticipated finish by the end of 2017.

“My vision is to help everybody to know Christ, worship the Lord and build the church, not only Hispanic community, but everybody,” Donis said.

Donis’ language is Spanish, which makes it easier for him to preach to a Hispanic congregation, but he said he hopes to get a translator and minister to people of other languages.

“I want to get equipment for a TV and have a social force to help around the world,” Donis said. “We can use technology to reach others around the world.”

With a Hispanic community of about 5,000 to 10,000 in Cedar City, he said he hopes for many to come join his congregation.

Rich Bontadelli, friend of Donis, has assisted in getting the church process going. He said the congregation in St. George meets three times per week and it will do so when the church is complete in Cedar City. There will be commuting to Cedar City for some of the congregation to participate.

“They are so excited and so happy and willing to help,” Donis said. “I think it is a good thing to have a house of the Lord.”

Bontadelli said Matt Hunt from Matt Hunt Custom Homes will be contracting and building the church.

“We had to wait for the city, Bontadelli said about the process to start the church site.

“Pastor Hector Donis and his wife, along with friends, broke ground for a new Hispanic Christian Church in Cedar City.

“My vision is to help everybody to know Christ…” — Pastor Hector Donis

Religion

Baptist University Women’s Choir coming to Enoch

ENOC — The California Baptist University (CBU) Women’s Choir will be hosted by Red Hills Southern Baptist Church Wednesday, May 10 at 7 p.m. The event is free admission, and everyone is welcome to attend.

Red Hills Southern Baptist Church is located at 4277 Wagon Wheel Dr. E in Enoch.

The CBU Women’s Choir is a musical ensemble in the Collinsworth School of Music made up of 80 women who attend the school, and the group is under the direction of Dr. Dawn Gilmore. The group rehearses and performs throughout the year and then ends with a two-week tour in the month of May.

One of their stops is in Enoch for a performance at Red Hills Southern Baptist Church where they will show their work throughout the year.

According to CBU’s website, the tour “show-case[s] [their] improved performance skills.” They will continue their tour the following day.

Red Hills is excited to host the CBU Women’s Choir and encourages anyone who can to attend the event.
Parowan National Day of Prayer on Thursday

by Holly COOMBS holly@ironcountytoday.com

With a theme “For Your Great Name’s Sake! Hear Us... Forgive Us., Heal Us,” the Parowan National Day of Prayer will take place Thursday at 11 a.m. at the Parowan Public Library Flagpole.

The event will include keynote speaker Collin Shurtleff, patriotic music, a group singing of “Let There be Peace on Earth” and “God Bless America,” the reading of the National Proclamation for Prayer by Parowan Mayor Don Landis, The National Prayer by Pastor JeriLee Harrell-Leper, welcome by County Commissioner Mike Bleak and recognition of the Jose Gabriel Garcia Velazco family, former owners of LaVilla.

“The National Day of Prayer belongs to all Americans,” according to nationaldayofprayer.org. “It is a day that transcends differences, bringing together citizens from all backgrounds.”

The First Continental Congress called for a National Day of Prayer in 1775, according to nationaldayofprayer.org. In 1863, Abraham Lincoln called for such a day. In 1952, Congress established National Day of Prayer as an annual event, which was signed into law by President Harry Truman. In 1988, the law was amended and signed President Ronald Reagan, who designating the National Day of Prayer as the first Thursday in May.

Members of The Grace Christian Church, The United Methodist Church, and The Church of Jesus Christ of Latter-day Saints and plan this event, which they have practiced since 2002, said Gail Harris, Parowan Interfaith Chair.

Christ the King Catholic Church announces woman of the year

by Holly COOMBS holly@ironcountytoday.com

As a spring tradition, Christ the King Catholic Church in Cedar City announced its 2017 Woman of the Year to a woman of great example and who shows great devotion to her family and faith.

Laura McAneney was announced for the honor, according to a press release.

“Laura has been dedicated to our music ministry for a couple of decades and it was a family’ commitment for several years,” according to the release. “She willingly lends her voice to the 9 a.m. and 7 p.m. Sunday masses every week, and brings treats for the college kids after their mass.”

McAneney’s music ministry also includes weddings, funerals, special services, holiday masses, music ministry fundraisers and helping plan the music for the church.

“During her first years at CTK, Laura was a CCD teacher and then a CCD activities director,” the release stated. “Caroling at care centers, Easter Activities Fair, sledding at Wood’s ranch and spring planting are some of the things she’s done.”

McAneney and her family helped each hear in the County Fair food booth, is part of the prayer chain and helps with the church’s Parish Council secretary for five years.

“Laura works full time and has been an exemplary Christian role model for her two daughters and the community,” according to the release. “Mrs. McAneney will be honored this month, along with other recipients from various counties, when the annual Catholic Women’s Convention is held at the Sheraton Hotel in Salt Lake City.”

Christ the King Catholic Church

690 S. Cove Drive, Cedar City
9 a.m & 7 p.m - Sundays
Spanish Service
11:45 a.m - Sundays
586-8298

The Church of Jesus Christ of Latter-day Saints

Cedar City Stake
155 E. 400 South, Cedar City
9 a.m & 11 a.m - Sundays
Enoch Stake
3600 N. Minersville Hwy., Enoch
586-5950
9 a.m, 11 a.m & 1 p.m - Sundays
Parowan Stake
90 S. Main St., Parowan
477-9297
9 a.m & 1 p.m - Sundays
586-9534

Community Presbyterian Church
2279 N. Wedgewood Ln.,
Cedar City
10 a.m - Sundays
Childcare Available
586-8891

First Baptist Church
324 W. 200 North, Cedar City
11 a.m Sundays
586-7306

Grace & Truth Fellowship
A Church of Christ
195 W 650 S, Cedar City
10 a.m & 11 a.m - Sundays
6 p.m - Wednesdays
238-3886

Grace Christian Church
845 West 200 South,
Parowan
10:30 a.m - Sundays
7 pm - Wednesdays
590-1663

Kingdom Hall of Jehovah’s Witness
620 E. Nichols
Canyon Rd., Cedar City
7 p.m - Thursdays,
10 a.m - Sundays
867-1837

If your church in Iron County is not listed in this directory or if any information is incorrect, please call 867-1865 or email news@ironcountytoday.com
Thoughts from a relative in the
Gray Bar Motel

I heard a voice a week or so ago. A voice that I had not heard for a long time but I knew who it was the minute I heard him laugh. I was going down the hall to a birthday party for my wife’s Mother who had just turned 93 years old! Fun meme-taking stopped into any victims and I was smiling by the time I made it to the lobby.

He looked a little older than I remembered him, but his laugh had not changed nor had his sense of humor. I mean Met Johnson is a man you could hardly forget!

We had a good visit while we were eating ice cream and did calculus in my head as I laughed as we took a short trip down memory lane. So many things are stored in that little spot in our brain that lets us go back to the life we knew when we were younger and more full vim and vigor.

Anyway, welcome home Met and Lana and oh yes, one of their sons is also living in Cedar now.

This is going to be a different column today...there are so many things to write about that some days I have a hard time deciding which way I want to go. I have a relative that is now spending some time at the facility in Gunnison, Utah, (known as The Gray Bar Motel) for a mistake he made a few years back. He really is a nice man and has a nice family that he rarely gets to see. Anyway, we try to keep in touch; I send him some of the columns I have written and, since he lived in Cedar for several years, he usually knows who or what I’m talking about. He in turn lists some of his friends there and them and one of those may have taken a similar column for his fellow inmates of insight into life behind bars.

The title to one of his articles is SOME PRISONERS PLAY THE GAME OF LIFE WITHOUT A FULL DECK- which reads as follows:

"An officer who teaches a class here was talking about low-functioning individuals. He said to his class of prisoners, you guys have to put up with a bunch of morons every day, all who have had to live without a full deck and that is hard to do. Whether that comes from a low IQ, mental illness, social ineptitudes, lack of education or physical and mental abuse, I believe many of these inmates are victims in their own right.

By that I simply mean we weren’t all made equal and life is not always fair.

The article goes on to defend his statement and ends by saying “we hold everyone to the same standard even if they ultimately lack the capability to reach it. It’s sad but I can’t have his didden face as I laugh."

The inmate that is writing these articles, appears to be in his early 30’s, he is clean shaven and appears quite well educated.

Well, I told you this was going to be a strange column but you read it anyway so Thank you. The next one I write will be a bit more fun...and remember “Life is short so smile, while you still have teeth." I read that little sign every time I pass the door of one of the inmates, oops I mean residents, here at Brookdale. See you around the corner!
**PLAYOFF PUSH**

Falcon soccer looks to continue success in playoffs

by Tom ZULEWSKI
Iron County Today

As the wins have piled up in the 2017 season, Canyon View boys soccer coach Spencer Davis hasn’t had many reasons to worry for one big reason. The Falcons are having fun, and the record has clearly reflected the attitude.

With 13 straight victories and a second Region 12 championship in tow, Canyon View is among the favorites to make a deep run in the 3A state playoffs that start Thursday with a home game against the Union Cougars, the No. 4 seed from Region 10. Kickoff is at 4 p.m.

“This is just a fun time of year,” Davis said. “At the beginning of the year, you’re stressing trying to get things figured out, positions, and getting everyone ready. At this point, it’s more tweaking little things, letting them play and enjoying where we’re at in the season that’s going on.”

Since a 2-1 loss at Cedar on March 9, Canyon View has produced five one-goal wins – including an overtime victory in the Region 12 opener at North Sanpete – and seven shutouts in the streak topped by a 1-0 victory at North Sanpete.

3A SOCCER PLAYOFFS
FIRST ROUND

Thursday’s Game

Union (6-8-1)

VS

Cyn. View (13-2-0)

“With the students, teachers, even our principal, there’s a fervor throughout the school talking about how well the boys are doing and how exciting it is,” Davis said.

Adding to the motivation, the Falcons jumped up to the No. 1 spot in the latest 3A Deseret News rankings. Senior Daniel Velasco said the way the team has played throughout the season is helping build the confidence to new heights.

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Even after a 3-0 win over Carbon on April 18 clinched the title and No. 1 playoff seed, the celebration was nothing out of the ordinary, mainly because the Falcons know chances to do extraordinary things are on tap in the next two weeks.

“We’re still missing a lot of opportunities at goal that have to be goals as we move into the playoffs,” said Davis, who is in his sixth season. “You can’t miss five or six goals in the playoffs and expect to win. Every open chance has to be capitalized on.”

CV will be facing a Union offense that outscored Region 12 opponents 36-5 and saw 16 different players score at least one goal. With only five seniors on the roster, the winning streak has caught the attention of the entire school.

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Despite not being able to swim for most of her senior season, McQuivey had the opportunity to showcase her skills at a practice in front of CMU head coach Geoff Hanson. It left enough of an impression for the senior to get her chance.

“I was fortunate to have been seen already by the coach before the accident,” McQuivey said.

McQuivey will be joining a Mavericks team that finished second at the Rocky Mountain Athletic Conference championship meet this season and advanced to the NCAA Division II championships in Birmingham, Ala.

She is the fourth local athlete in this school year to sign to play at the collegiate level, joining Mason Fakahua (BYU, football), Quaid Murray (SUU, football) and Ethan Fletcher (Westminster College, soccer).
Canyon View inches closer to Region 12 title

by Tori ZULEWSKI
Iron County Today

The Canyon View baseball team put together three more wins on the diamond last week and moved closer to another Region 12 crown.

In the opener of a doubleheader April 25, the Falcons scored twice in the top of the seventh inning and held on for a 4-3 victory over the Carbon Dinos. Logan Ekker drove in two runs with a two-run shot of the game for the Lady Reds. Thanks to five homers among 18 hits, the Redmen were held to just four hits and pounding out a total of 18 hits. The Lady Reds kept up the pace with nine runs in the first and pounding out a total of 18 hits.

The Falcons' offense. Colton Gochis had three

finished the series sweep April 28

a 14-4 rout. The Falcons put the game away with five runs in the top of the seventh.

Clark, Hardin and Colton Gochis had three hits apiece to lead the Falcons' offense.

Canyon View came home and finished the series sweep April 28 with an 11-5 victory over Carbon that improved their Region 12 mark to 8-1 on the season. The visiting Dinos closed within 4-3 after scoring a run in the top of the fifth, but the Falcons responded with two in the bottom of the inning and adding five more in the sixth.

Gochis hit a home run among CV’s 11 hits in the win. The Falcons close the regular season with a three-game set against Juab that will decide the Region 12 title. The winner of the series will win the crown, and it began with a doubleheader at Juab on Tuesday, a game that was too late for press deadline. Across town, the Cedar Redmen saw their dreams of another postseason berth come to an end as they were swept by the Pine View Panthers last week. The two-time defending 3A state champions opened with a 9-1 victory in St. George on April 25, then shut out the Redmen 17-0 in five innings April 28.

Pine View extinguished any drama from the Friday matchup by scoring nine runs in the first and pounding out a total of 18 hits. The Redmen were held to just four hits and saw their dreams of another playoff run come to an end.

Parowan also saw its regular season end with a pair of losses last week. The Rams fell by scores of 15-1 at Kanab on April 25 and 13-1 at Beaver on April 28, both in five innings.

Beaver did all of its damage early against Parowan, scoring five times in each of the first two innings, then adding three more runs in the third. Kanab scored four runs in the second and fourth, sandwiched around five runs in the third.

The Rams lost their final five games and finished 1-7 in 2A South play, missing the playoffs by one game behind fourth-place Milford.

Lady Reds turn up power, close in on title

by Tori ZULEWSKI
Iron County Today

The Cedar Lady Reds head to the final week of the Region 9 season in firm control of its fate in pursuit of a championship. Bringing out the power bats has helped with the surge.

Thanks to five homers among 18 hits, Cedar opened last week with a 16-1 victory over the Dixie Flyers in just three innings on April 25 in its home finale for its seventh win in a row. After Dixie scored a run in the top of the first, Cedar responded emphatically with 10 in the bottom of the inning.

Dream Weaver and freshman Denim Henkel each hit two-run blasts to help the cause.

Allie Meinsen and Pua Johnson went deep with two-run homers of their own with two out in the second inning that pushed the advantage even further, and freshman Brittnie Simcox finished off the win with one out in the bottom of the third with the fifth two-run shot of the game for the Lady Reds.

Dream Weaver, Japrix Weaver and Johnson each had three hits to lead Cedar in the win.

The Lady Reds kept up the pace with three more homers as they beat Hurricane in four innings by a 17-1 count to move to 8-0 in Region 9 play, a full game in front of Desert Hills heading to the final week.

Henkel and Sage Oldroyd hit two-run homers in the victory and Johnson added a grand slam.

Cedar played at Pine View on Tuesday in a game that was too late for press deadline. The Lady Reds will travel to face Desert Hills on Friday in a game that will likely decide the Region 9 champion who will stay home for the first round of the 3A playoffs.

Across town, the Canyon View Softball team returned to action after a 15-day break and picked up a key victory by beating Carbon at home 6-4 on April 28. The Falcons improved to 4-3 in Region 12 play and 11-7 overall. CV trailed 2-1 after the visiting Dinos got on the board in the top of the second, but they regained control with a four-run third inning and added valuable insurance with another run in the fifth.

Jordan Nielson picked up the victory in the circle for CV.

The Falcons had a pair of games this week, including a non-region matchup with Enterprise that was played Tuesday, a game too late for press deadline. They will close the Region 12 schedule with a rescheduled road game at Juab on Thursday.

Parowan finished its 2A South schedule by splitting a pair of matchups, winning 10-0 in five innings at Kanab on April 25, but falling to Beaver, 11-6 on April 28 to close in a tie with the Cowboys at 5-5 for third place.

Autumn Rogerson had a double and was staked to a 4-0 lead after two innings against the Cowboys before the Rams put the win away early with two runs in the fourth and four more in the fifth.

Against the Beavers, Parowan took a 3-2 lead after scoring a run in the top of the third, but Beaver countered with four runs in the bottom of the inning and two more in the fourth to take control.

The Rams close the regular season with a home game against Delta on Tuesday before finishing at South Sevier on Thursday.


eight

H S B

S O F T B A L L S T A N D I N G S

Through April 28

REGION 9

Dixie 6-2 Pine View 5-3 Snow Canyon 5-3 Desert Hills 5-3 Hurricane 2-6 Cedar 1-7

REGION 12

Canyon View 8-1 Juab 7-2 Carbon 7-5 Richfield 2-7 North Sanpete 0-9

2A South

Beaver 6-2 Kanab 6-2 Enterprise 5-3 Milford 2-6 Parowan 1-7

Cyn. View 14 Carbon 4
Sanchez signs with T-Bird basketball

Southern Utah women's basketball team has announced the signing of El Paso, Texas, native Natalie Sanchez. “We are excited about the signing of Natalie Sanchez,” head coach Chris Boettcher said. “One of the areas we as a team have struggled with over the past couple of years is consistent three-point shooting and we hope Natalie will help us change that. It's great to have another El Paso kid and we are excited about the energy and the passion she plays the game with.”

Sanchez comes to Southern Utah after playing four years at the varsity level for Burges High School in El Paso. During her time at Burges, Sanchez played in 123 games and averaged 14.4 points, 3.4 assists, 3.7 rebounds, and 3.5 blocks per game. She was named Newcomer of the Year after her freshman season and was named to the 1-5A First Team All-District in her sophomore and junior seasons. Her junior season was where the accolades really started to roll in as she was named to the First Team All-City, TABC All-Region, TGCA All-State, TGCA All-Star teams. After her senior season Sanchez was named the 1-5A All-District MVP and the El Paso Greater Coaches Association MVP. She was also named to the TABC All-Region, TGCA All-State, TGCA All-Star teams for the second consecutive year and the TABC All-State team for the first time. Sanchez also earned the honor of being a McDonald's All-American nominee.

Sanchez has also been named to various All-Tournament teams throughout her career including the Alamogordo VFW Holiday team, the McDonald's Classic team, the San Antonio Invitational team, and the Loretto Tournament team. Sanchez is the cousin of current Thunderbird Rebecca Cardenas.

Golfers earn conference honors

Three members of the SUU men’s golf team were honored by the Big Sky Conference today, including junior Fidel Concepcion being named All-Big Sky First Team following a stellar regular season of competition for the Thunderbirds.

During the course of the season Concepcion was named Big Sky Men’s Golfer of the Week four different times. Concepcion is currently in a tie for 43rd in the entire country when it comes to average score, sitting right at a 71 per round through 28 rounds played. "Fidel is very deserving of this recognition," SUU head coach Richard Church said. "He's been a constant competitor this season and has been the driving force for this golf team for the majority of the year."

As a freshman, the Sydney, Australia, native was a member of the All-Big Sky Second Team, he was also named to the First Team at the end of his sophomore year.

Fellow freshman Ali Hameed was also recognized by the Big Sky with Honorable Mention status. Hameed also had a very strong freshman season for SUU, with an average score of 75.43 in the 28 rounds he played. His best finish of the season was a tie for 18th at the OGIO Utah Invitational. "This is a nice accomplishment for all three of the guys," Church said. "We're excited to see what they're able to do at the tournament this weekend."

The next event for the men’s golf team was the 2017 Big Sky Conference Championships in Boulder City, Nevada, which began last Friday.

Women’s tennis signing

The Southern Utah women’s tennis team and head coach Rose Ketmayura have announced the signing of Eira during the Women’s Westerns Tour Friday.

Eira signing with SUU is very exciting for the program," Ketmayura said. "She brings a big game and a strong desire to improve. She has the potential to add great depth to the team as we take a big jump. She has a great personality that matches the team well and we are honored to have her become a Thunderbird.

Tobrand comes to Cedar City from Gothenburg, Sweden where she has competed in many different sports, but most importantly tennis. She has been ranked as high as 12th in the Swedish National Rankings and finished runner-up in the National Junior Championships in 2015. Tobrand also competed in the indoor and outdoor Regional Junior Championships in 2015 and made it as far as the quarterfinals in the Swedish Championships.

Tobrand plans on studying engineering and biology during her time at Southern Utah. "Tobrand Men’s Tennis Adds UK Native Jake Williams The Southern Utah Men’s Tennis Program and the UK," Pucher said. "The Junior Circuit in England has a very high level of junior players right now on the boy’s side, so Jake is use to a high level of competition. With our developmental program and his aggressive style of play, I believe he will be an impact player in our lineup next year."

Apart from winning junior national events, Williams also recently won a senior singles event. Williams has competed at the highest level, and he has engaged in playing ITF events by qualifying into main draws. His parents are Lesley and Simon Williams.

SUU GOLFERS FIDEI CONCEPCION, JAKE VINCENT AND ALI HAMEED have been honored by the Big Sky Conference.
Playoff notes and other goodness

Hard to believe, but the 2017 calendar has already turned to May. That means warmer weather – although one doesn’t always know for certain when it changes around these parts – graduations, and high-school playoff time.

As your public service, here’s a quick primer on what’s going on.

Soccer and 2A baseball start their march toward championship titles this week. Canyon View soccer takes its 13-game winning streak – tied with 2A school Millard for longest in the state – into the 3A playoff opener Thursday against the Union Cougars, the No. 4 seed from Region 10.

Last season, the Falcons made history by winning a playoff game for the first time. Head coach Spencer Davis admitted the 2-1 victory over crosstown rival Cedar took the energy out of them as they dropped a 3-1 game at home to Logan in the quarterfinals.

There are no such issues this time around, and the Falcons are well-adjusted to what it will take to make a deep playoff run. Even with the added pressure that’s come from a No. 1 ranking by the Deseret News, Davis said it’s given the team a benchmark that’s clearly added to the motivation.

When it comes to doing what it takes to be successful, comedic actor Steve Martin said in a 2015 interview with Charlie Rose, “be so good, they can’t ignore you.” Canyon View’s soccer team has clearly arrived and they know they have as good a shot as the rest of the favorites in the field to be at Rio Tinto Stadium on May 13.

On the baseball side, Enterprise finished a game behind Beaver and Kanab as the No. 3 seed from 2A South. The Wolves open defense of its state title against either Manti or Delta on Saturday at Gunnison.

As 3A baseball heads to its final week, Canyon View has won eight in a row and has a simple mission, needing only to beat Juab twice in this week’s three-game series to claim the Region 12 title and host the first-round pod in the playoffs that begin next Saturday.

If the potential tiebreaker puts the Falcons in as the No. 3 seed, they will open the 3A playoffs against either Desert Hills or Cedar – the second-place finisher from Region 9 – at the home of the Region 10 champion. If CV is No. 2, that opponent becomes Region 9’s No. 3 – either Snow Canyon or Hurricane – and that game would be played at the Region 11 champ.

Parowan softball finished the regular season tied with Kanab for third in 2A South with a 5-5 record. With the tiebreaker still to be determined, the Rams will open the 2A playoffs at Spanish Fork on May 11 against Manti, South Summit or South Sevier.

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Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.
Canyon View completes region run; win streak hits 13

by Tom ZULEWSKI
Iron County Today

The wins just keep on coming for the Canyon View boys soccer team.

The Falcons completed another pair of wins this week to finish a second straight perfect season in Region 12 play and head into the 3A state playoffs with serious momentum.

Scott Sanders scored twice and four teammates joined in scoring the parade as CV opened the week April 25 with a 6-0 shutout on the road at Richfield. The Falcons scored five times in the opening half before coasting to the win.

Kellen Bowdin, Mark Gibson, Tyler Wheeler and Tyson Davis also scored in the victory.

Canyon View came home for the regular-season finale April 28 and stretched its winning streak to 13 in a row with its fourth straight perfect season in Region 12 play and head into the 3A state playoffs with serious momentum.

Despite falling to Desert Hills 2-1 on April 28, the Redmen still qualified as the No. 4 seed from Region 9 for the 3A state playoffs by virtue of the Panthers’ 1-0 loss to Dixie. Cedar got a first-half goal from Jaden Carver before the Thunder rallied behind two second-half goals from Kelton Hunt to earn the victory.

Cedar finished with a 2-7-1 Region 9 record and will travel to play Region 11, its playoff opener Thursday at 4 p.m.

Parowan closed the regular season with a tie and a loss and did not qualify for the 2A playoffs. The Rams played to a 3-3 tie at Beaver on April 20 and finished with a 3-2 loss at Diamond Ranch that gave them a 1-10-1 record in 2A South play. No further details were available.

Southern Utah University has entered into a 7-year partnership extension with adidas. “adidas has provided a first class partnership over the last 14 years,” SUU director of athletics Jason Butikofer said. “The ability to elevate our relationship in a way that significantly impacts our student-athletes is paramount to our current priorities. It is with great gratitude that I take this opportunity to thank adidas for their continued support; I look forward to continuing to build our partnership for years to come.”

With the new all-school deal, the Portland, Ore.-based company will be the official athletic footwear, apparel, equipment and accessory brand of the Thunderbirds through the 2023-24 season. In addition to all 17 intercollegiate athletic Thunderbird teams, adidas will also provide apparel and accessories for coaches and athletic staff.

“This partnership extension is a great opportunity for adidas to continue our collaborative efforts with Southern Utah Athletics and to assist them with their commitment to excellence in athletics at the Division I level,” said Jim Murphy, director of NCAA Sports Marketing at adidas America. “Our mission is to help athletes perform better and we’re looking forward to building on the momentum of our existing partnership, providing the Thunderbirds with our most innovative footwear, apparel and equipment, and elevating Southern Utah Athletics across the nation.”

“adidas has provided a first class partnership over the last 14 years”

— Jason Butikofer, SUU Athletic Director

**SUU extends partnership with adidas**

**Iron County Today**

**SPORTS**

**Wednesday, May 3, 2017**

**25**

**HIGH SCHOOL Soccer**

**42 Thunderbirds Named to Big Sky Conference Winter All-Academic Teams**

The Big Sky Conference has announced the members of the 2016-17 Winter All-Academic team for men’s and women’s basketball along with men’s and women’s indoor track and field.

The CSC All-Academic teams were composed of 42 Southern Utah University Thunderbirds, including three student-athletes from the men’s basketball team, 10 from women’s basketball, 14 from the men’s indoor track and field team, and 15 from the women’s indoor track and field team. Over 500 student-athletes earned All-Academic honors.

To be eligible, a student-athlete must have met and/or exceeded the following minimum requirements: 1) Participated in at least half of the team’s competitions; 2) Achieved a 3.2 cumulative grade point average (on a 4.0 scale) at the conclusion of the most recently completed term; 3) Completed at least one academic term at his/her current Big Sky institution.

**MEN’S BASKETBALL**

Matthew Johnson SO Exercise Science
John G. Marshall SR Physical Education & Human Performance
Race R. Parsons GM Business Administration

**WOMEN’S BASKETBALL**

Rebecca Cardenas FR Exercise Science
Skyler Doman FR Exercise Science
Tiffany R. Dunlap SO Psychology
Darri Frandsen SO Mathematical Science
Kiana C. Johnson FR Psychology
Whitney M. Johnson GM Business Administration
Tierra T. McDonald SO Criminal Justice
Breana A. Reid SO Exercise Science
Jessica J. Richardson SR Exercise Science
Jamie S. Smith SO Biology

**MEN’S INDOOR TRACK AND FIELD**

Mark J. Bennett JR Economics
Cannon R. Brunsvik JR Exercise Science
Ryan B. Conant SR Physical Education & Human Performance
Travis B. Farley SO Engineering
Michael S. Finch SO Accounting
Nicola M. Fonzi SR Hotel, Resort & Hospitality Mgt
Kasey M. Knevel SO Exercise Science
Robert K. Lee SR Psychology
Albert S. Miyazawa SR Studio Arts
Aidan H. Reed SO Political Science
Novell A. Reid FR Biology
Eric T. Sandall SR Engineering
Joseph L. Wahinehooloa SR Exercise Science
Matthew P. Wright SR Exercise Science

**WOMEN’S INDOOR TRACK AND FIELD**

Kaylee Boyer SR Family & Life Human Development
Elizabeth P. Cardiff SR Exercise Science
Carly Dalton SR General Studies
Brighton V. Glassman SO Hotel, Resort & Hospitality Mgt
Peyton C. Green FR Biology
Celia J. Halpin JR Criminal Justice
Madeline L. Kaufman SO Elementary Education
Laura M. Kehr SO Exercise Science
Julieta Navarrete-Lamas SO Communication
Kassandra L. Payne SO Exercise Science
Marklee K. Peterson FR Pre-Nursing
Josie L. Riggs SR Nursing
Brindisy S. Russell JR Human Nutrition
Linnea K. Saltz FR Philosophy
Morgan Taylor JR Mathematical Science
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Call 435-327-8212 for more information.

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• Develop & maintain long-term relationships with existing clients
• Build & maintain advertising revenue through creative and strategic selling
• Achieve professional goals

Required Skills:
• Energetic team player with the ability to work independently & collaboratively
• Persuasion & negotiation skills
• Strong closing skills
• Strong verbal/written communication, presentation, listening & cold-calling skills
• Productive - ability to meet goals & deadlines; efficient time management
• Proficiency with Microsoft Office programs & Internet use
• Ability to maintain a professional appearance & demeanor
• Interpersonal skills with the ability to interact professionally with various executives at high levels
• Print advertising sales experience preferred

Qualifications:
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• Effective verbal & written communication skills
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FISHING KAYAK WITH TRAILER, extras added to kayak, used one time. Ron 951-231-5707.

REES? SLIDER 5TH WHEEL Hitch: 16,000lb. Reese 5th Wheel Ball for the back of the truck: $100. 435-313-0254.

MOTORHOME FOR SALE: 2009 National SeaBreeze Motorhome, Class A, for sale. Large slide out and awning. Separate queen bed, master bedroom. 23,000 miles, used very little. Excellent condition. $9,000 or best offer. Call 435-590-3187 if interested.

SERVICES


GIL’S MOBILE WELDING. I’LL come to your home/business. Repair fencing, gates, woodwork, iron, utilities trailers, farm equipment, cosmetic repair small/big household metal items. Fair pricing/ free estimates. Don’t toss it, I’ll weld/fix it. 435-583-3259.

J.A.S. WELDING SERVICE. Specialist on all iron work. Every type of repair, Heavy equipment, or small repairsts. All work guaranteed. Free estimates! Call 435-592-4515.

SERVICES


CUSTOM QUILTING, ALL SIZES. Need help with your quilting, cutting top together, call me. Quilts made to order including Temple quilts/Wall hangings. Weekend rental to quilt your own quilt. 435-665-6880.


DAK & DON PROP. MRTNAGEMENT. Honest & dependable, free estimates, fair pricing, 435-325-3959.


NEW GARAGE DOORS: 2 car doors starting at $649.00 installed, taxes included. Usually in stock. No more waiting 2-3 weeks. Service and repairs available usually next day. We can repair most any make/model garage door and opener. Noisy doors, springs, motor problems, we can do it all. 435-691-4725.

A-NAY LAWN & LANDSCAPE. For all your landscaping needs: sprinkler repair, and installation, mowing, trimming, thatching, weed spraying, yard cleaning and snow removal. Call Alex for Free Estimate 801-231-9319.

63 YEAR OLD WOMAN looking for a live-in light care giving situation in exchange for board. Will provide meal preparation, house keeping, laundry, showers, medication reminding, yard work, etc. 435-715-2865.

CLINTS HAULING CAN TAKE up to 13.5 cu/yards or 5000 lbs. 661-317-7574.

RECONDITIONING AND REPAIR OF all lawn mowers, trimmers, chainsaws, rototillers and many more. Call Fred at 435-590-3446. Hours: 12pm-6pm.

SERVICES


WANTED

BREAD OF LIFE SOUP Kitchen is looking for donations Bottled waters, pre-packaged granola bars, crackers, or nuts. Open Wednesdays 11am-1 pm 2569 N. Freeway Drive. Cedar City.

ITEMS NEEDED FOR YARD SALE: To benefit Youth Volunteer Corps of Iron County. All items appreciated! For drop off and pick up info, contact Cindy at 435-867-8384.

YARD SALES

ANNUAL BIG JUICY YARD sale 699 South 1175 West Friday and Saturday May 5th-6th 8-4. Six-family, clothing, books, new crafts, toys, home decor, jewelry, shoes, household supplies and much more.

KOJA YARD SALE: 1121 N. Main St, Cedar City. Saturday May 6th 10am-DONE. Camping equipment, Coleman tent, ATV ramps, RV supplies, household clothing, bikes, and more. Too much to list.


MOVING SALE UNTIL EVERYTHING gone: 1888 Ridgewood Ln Apt 107. May 6th through 20th (No guns, camping equipment, or fishing equipment.) All other household items & kids stuff. EVERYTHING GOES!

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1. LITERATURE: What was the name of the city where Anne Frank and her family hid from Nazis in “The Diary of Anne Frank”?

2. MEASUREMENTS: How many feet are there in a fathom?

3. ADVERTISEMENTS: What product could no longer be advertised on U.S. TV after Jan. 1, 1971?

4. GEOLOGY: What is the tectonic boundary between the North American and Pacific plates?

5. MEDICAL: What do the initials stand for in the BRAT diet for children with upset stomachs?

6. TELEVISION: What was the detective character’s main prop on the drama “Kojak”?

7. GENERAL KNOWLEDGE: How many siblings does a septuplet have?

8. FOOD & DRINK: What is “beurre noir”?

9. MOVIES: What movie’s last line was, “We’ll go on forever, Pa, ’cause we’re the people”?

10. MUSIC: Who composed “Music for the Royal Fireworks”?

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