

IRON COUNTY Today



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IN STYLE

WEDNESDAY, JULY 6, 2016

VOL. 8 NO. 31

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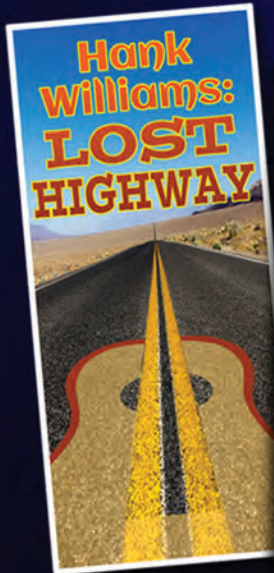


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For more information visit suu.edu/beverleyarts



the
BEVERLEY
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IRON COUNTY Today



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WEDNESDAY, JULY 6, 2016

VOL. 8 NO. 31

Iron County proudly celebrates America's independence

BY COREY BAUMGARTNER
Reporter

IRON COUNTY – It was a 4th of July Monday filled with people, parades, flags, fanfare and fireworks, as Iron County celebrated America's Independence Day. Cedar City, Enoch, Parowan and Brian Head each honored the historic day in their own patriotic way with high school marching bands, dancing groups, and Cinderella

and rodeo royalty, water guns and of course plenty of candy. Fun 4th of July activities included live bands, bounce houses, car shows, artisan vendor booths, horseshoe tournaments and fireman games. While everyone celebrated in their own unique way, for those who gave and give their all for the freedom of our country, one thing is certain – Iron County citizens are truly proud to call their home “the land of the free and the home of the brave.”



COREY BAUMGARTNER

COMMUNITY MEMBERS in Cedar City, Enoch, Parowan and Brian Head turned out to celebrate their country's independence at various 4th of July celebrations and parades.

Preliminary results tallied in primary election

BY CODY SMITH
Reporter

IRON COUNTY – Iron county voters cast their votes for party nominations at the county, state and national level, and preliminary reports show some elected positions could experience historic change. Locally, preliminary results show that the favorite for Iron Commissioner Seat “C” is incumbent Alma Adams with 40 percent of the vote. Vying for the Seat “C” nomination were former Iron County Sheriff's Lt. Jody Edwards and private investigator Sam Brower.

“I am very happy to have secured the Republican nomination and now be placed on the November ballot,” Adams said. Adams said he is thankful to his challengers for a good campaign. “I appreciate my many supporters and the trust of the citizens,” he added. “I look forward to continued efforts to solve the many public lands issues we face such as over population of wild horses on our desert ranges.” Adams said he hopes to continue addressing the challenges with public lands grazing and endangered species, efforts to solve the RS2477 road issue, and creating a county-wide OHV trail system with route markers, kiosks, and online maps. “It is always exciting, engaging, and challenging to be involved in public service,” Adams said. Preliminary results show

SEE ELECTION | 9



COREY BAUMGARTNER



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New Cedar Saturday Market benefits community

BY CODY SMITH

Reporter

CEDAR CITY – Cedar City residents now have four farmers' markets to visit with the addition of the new Cedar Saturday Market at C-A-L Ranch.

Nancy Dalton, D9 Custom Cuts and Cedar Saturday Market manager, said the Cedar Saturday Market, which started May 1 is an addition to the farmers' market at IFA, the Saturday farmers market at Ogden's Carpet and the Wednesday Downtown Farmers Market.

"We wanted to be... inclusive (by) including all farmers, gardeners, food vendors, youth agricultural groups, and artisans/crafters, and, that we wanted to run our market as a legal business entity with transparency," Dalton said.

C-A-L Ranch managers "enthusiastically" welcomed the new market, Dalton said.

"We invite all farmers, home gardeners, food vendors and artisans that hand-craft their items to join us on Saturdays," Dalton said. "We do not allow imported items, multi-level marketing and garage sale items. And, yes, we have turned away vendors who do not make their own items," Dalton added.

Dalton expects the market to grow in July once local gardens and orchards reach peak production.

"These people enjoy

working together, serving our market customers, and their willingness to comply with State Regulations regarding raw food products," Dalton said.

Bill Holiman is a local bee keeper and sells his honey at the new market. He said he enjoys teaching people he meets at the new market how to become bee keepers and assisting them in creating their own hives.

"We meet a lot of people and make a lot of friends," Holiman said. "It's an incredible place to be. The people that are vendors and work around there are all my friends."

Dalton said the Cedar Saturday Market management team is comprised of market vendors who donate their time, and management uses all vendor fees to pay for mar-

keting, annual Utah Dept. of Agriculture Farmers Market permit, business licenses, insurances, checking account, business incorporation fees, and accounting supplies.

Vendors include Alicia's Tamales, Bread and Honey by Bill and Norma Holiman, D9 Custom Cuts, LLC, Four Country Gals, Graft Farms (eggs), Grandma's Gift Cottage,

Holstein Farms (cheese and eggs), Pronto Pups, Stapel's Signs and Laser Services, and Valerie's Body Care Products.

"What the community and our market customers don't see is that many of our vendors anonymously donate products to various youth groups and families in need, because these vendors believe in giving back to the community due to

the great support that they have received from our community," Dalton said.

Dalton said being a broader farmers' market with a diversity of vendors benefits customers by providing them with a better market experience and the ability to choose from a wide selection of food and craft items.

Robert Graft of Graft Farms said the market features one of the vendors with a drawing. Dalton said a short story about the vendor with pictures is featured on the market's Facebook page – Cedar Saturday Market.

Visitors to the Cedar Saturday Market find in-season local and out-of-state produce, honey from bee hives in the Cedar Valley area, chicken and duck eggs, frozen USDA-inspected meat products, traditional Mexican caramel sauce made from goats' milk in a licensed/inspected facility, cheese products, tamales, baked goods, artisans who make body care products using natural ingredients, hand-woven wool rugs and dish towels, unique laser engraved gifts and jewelry, and hand-tied fleece blankets and shawls.

Vendors congregate for the Cedar Saturday Market every Saturday from 9 a.m. to 1 p.m. at C-A-L Ranch.

For more information on the market or to get vendor information, contact Nancy Dalton at (435) 463-3735.

"We invite all farmers, home gardeners, food vendors and artisans that hand-craft their items to join us on Saturdays"

–Nancy Dalton, Cedar Saturday Market Manager



PHOTO COURTESY OF CEDAR SATURDAY MARKET FACEBOOK PAGE

WITH THE ADDITION OF THE NEW CEDAR SATURDAY MARKET at C-A-L Ranch which started May 1, Cedar City residents now have four farmers' markets to visit.

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CEDAR CITY CHAMBER OF COMMERCE

PRESENTS

Business Tip of the Month:

• NETWORKING •

As a business owner, you know just how important networking can be. In fact, you've probably found many of your partners, customers, or investors at networking events. Try your best to use every day to make a new connection— a strong connection. Meet someone you've been chatting with on LinkedIn for lunch and discover similar interests, how your business and theirs might be a match; or finally call that contact you exchanged business cards with at your last trade show. Whoever it is, now is as good a time as any to really solidify that new business relationship.

Cedar City Chamber of Commerce (435) 586-4484 www.CedarCityChamber.org



CEDAR CITY POLICE CHIEF BOB ALLINSON speaks at an open house celebrating his career and retirement last week.

COREY BAUMGARTNER

Cedar City police chief 'breaks free' after 41 years of service

BY COREY BAUMGARTNER
Reporter

CEDAR CITY – “He’s Breakin’ FREE!” said the farewell message wrapped around the cutlery at an open house celebrating the retirement of Cedar City Chief of Police Robert D. Allinson at the city offices last week.

Members of Allinson’s family, close friends and colleagues, along with grateful members of the community, gathered to express their appreciation for the man who loved, led and served them every moment of his career.

Lt. Darin Adams, who will be sworn in as the new chief of police during the City Council meeting on July 6, began the afternoon by saying, Allinson is “a man of great talent, compassion, progressive forethought, (who) took his well-deserved place as our leader.”

A slideshow of photos highlighting Allinson’s career was shown before his wife, Carol, shared a very touching tribute to

her husband.

“If your work was to speak for you now,” she began, “it would say that you are a leader with dedication, passion and perseverance, always finishing strong.” She added, “This city would not be what it is today if you hadn’t chosen to be its champion, laboring to make every corner of it a little better than it was when you found it.”

Allinson’s son and daughter also spoke proudly of their father and his accomplishments. They both shared amusing stories of what it was like to have a police officer for a father, but most importantly how honored they were to be his children.

“He made the choice to get in the game and combat the wolves that maim our society instead of standing on the sidelines,” said his son, Corey. “As evil has tried to strip him down it has only strengthened his faith and made him stronger. He is a great man who has done great things.”

His daughter, Shelle,

said, “How proud I am to be the chief’s daughter and to be able to stand up and say that you’re my dad and all the wonderful things you’ve done for me and my kids in our lives. I love you very, very much.”

Cedar City Mayor Maile Wilson also expressed her gratitude to Chief Allinson. “You will truly be missed and we’re so thankful for everything you’ve done for our city and for the department,” she said.

Allinson presented his mother and wife bouquets of flowers for their foundations of love and support while growing up, throughout his career and his life.

“I’m humbled immensely and things said here today were very touching and I couldn’t ask for a better way to end my career or a better place to do so. I love this community,” Allinson said. “Through the years I’ve had a great privilege to work with a lot of great people and you see that today.”

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Opinion

FROM THE EDITOR

Making good use of our freedom

On July 4, 1776, the Second Continental Congress officially adopted the Declaration of Independence, a document declaring independence from tyranny and formally justifying the United States' decision to initiate war against the greatest military power on earth at the time.



JEFF LOWE
Managing Editor

"With a firm reliance on the protection of Divine Providence," pledging his life, fortune and sacred honor in its support, John Adams signed his name to the declaration. Less than a year later, no doubt having seen the captivity and death of many of his countrymen, and the

destruction of property and the ravages of war, Adams wrote his wife on April 26, 1777.

"Posterity! You will never know, how much it cost the present generation, to preserve your Freedom! I hope you will make a good use of it. If you do not, I shall repent in Heaven, that I ever took half the pains to preserve it," he wrote.

Having recently celebrated the July 4 holiday, the anniversary of our country's declaration of freedom, there is no better time to reflect on Adams' hope for us. As his patriotic posterity, more than 239

SEE **FREEDOM** | 10



"IT'S THE ONLY STRETCH OF ROAD IN THE STATE THAT ISN'T UNDER CONSTRUCTION."

Activists correct on mail-in balloting

I seldom agree with pushy conservative activists, especially those who see conspiratorial hands snatching freedom from liberty-loving Utahns, but I have to agree with some of the points argued recently against mail-in voting.

A mid-June op-ed in the Salt Lake Tribune by perennial conservative mouthpiece Janalee Tobias and a fellow GOP traveler claimed that mail-in voting was essentially a gift to incumbents and a fraud on the voting public. Tobias is correct that the mail ballot systems all but kill off the in-person Election Day. She is also right that allowing voters to mark their ballots



Cyclops

BY BRYAN GRAY

Anything that makes voting easier will naturally pump up the numbers of people voting. But is that what we really want?

early erases the importance of any pre-Election Day information.

"Adios, last minute, highly explosive scandals that can throw the bums out," Tobias wrote. "Aloha last week/final hours polling fever that can tip a close race ... No more embarrassing last-minute revelations about drunk driving records, sweetheart loans, union graft, secret cash gifts, dogs on the station wagon roof, contract kickbacks, pregnant mistresses, or phony war records?"

Okay, Tobias is a little too dramatic, but mail-in ballots do take the luster

SEE **CYCLOPS** | 10

CORRECTION

In the 101 + Things To Do in Iron County special publication, Wood ranch and kids' pond was incorrectly referred to as Woods ranch and kids' pond on page 15 of the publication.



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Public health and safety officials host car seat inspection

BY JEFF LOWE
Managing Editor

CEDAR CITY – Safe Kids Utah and the Southwest Utah Public Health Department hosted a free car seat check-point for the public on June 30 at the Boulevard Home Furnishings parking lot in Cedar City.

Cars parked underneath a temporary pavilion as trained child passenger safety technicians and members of the Utah Highway Safety Office performed thorough checks to ensure car seats and booster seats were installed properly. Technicians also answered questions from parents about where to best place the car seat and how to properly use the seatbelt.

“If we can get parents to buckle up and kids to buckle up, it saves lives,” said Mike Irvine, with the Utah Highway Patrol, who was on hand to help with the inspections. “If we train other people to help train parents, we will save lives.”

Inspection checkpoints included checking proper fit of the child in the harness, particularly noting that the chest clip should be right

at the armpit. Technicians also looked for the expiration date of the seat (most seats expire after six years and all seats have a date of manufacture printed into the underside of the seat), and whether the stickers had been torn off, a tell-tale sign that there is something wrong with the seat.

“We’re not here to just be a car seat installation, we’re here to encourage and educate parents on how to properly install their car seats so if there’s a problem, or they switch vehicles, they will know what to look for and fix any issues and keep their kids safer down the road,” Irvine said.

Kylaas Flanagan, a health educator with SWUPHD

trained car seat technician, provided a list of common problems with children’s car seats, including placing a child in a forward-facing car seat too early and not using a booster seat.

Utah law requires that children be in a rear-facing car seat until at least their first birthday, and most safety organizations say that a child should remain rear-facing until at least 2 years of age. Children are five times safer rear-facing than they are forward-facing, regardless of their age, Flanagan said.

Utah law also states that a child needs to be in a booster seat until age 8, or until they are at least 4’9” tall. Flanagan stated that most parents skip this step entirely, but catastrophic injury can occur in an accident because booster seats allow the seatbelt to work correctly on a smaller body. Most of the time kids are taken out of boosters too early, and that’s a huge safety mistake, he added.

Additional problems include using the lower anchors and the seatbelt together. Flanagan encourages parents to read the manual that comes with the car seat and not to add things onto the car seat unless it was made from the manufacturer for the specific model number.

Flanagan urges all drivers to understand that they are using their vehicle to get somewhere safely, not quickly.

“If you could save your child from irreparable harm, and all it took was to put them in a car seat correctly, why wouldn’t you do that?” he said.

Flanagan offers free car seat checks available by appointment. Call (435) 865-5151 and leave a message to schedule an appointment.

Corey Baumgartner contributed to this article.



PHOTOS BY COREY BAUMGARTNER



CAR SEAT SAFETY TECHNICIANS inspected car seats and offered safety tips at a free event June 30 in Cedar City. The event was hosted by Safe Kids Utah and the Southwest Public Health Department.

Summer Fun!

coloring contest winners

Congratulations to all the winners and thanks to all the businesses and individuals who participated!

5 BUCK PIZZA

1st- Avery Jo Huff, 7

Runners up

Serenity Rosales
Cindy Almanza
Will Anderson
Warren Barlow

BOULEVARD HOME FURNISHINGS

Kaden Adams, 6
Blythe Anderson, 10

CEDAR VIEW PEDIATRIC DENTISTRY

0-6 age division

1st- Sarah Simmons
2nd- Ren Knudsen

7-12 age division

1st- Walyann Jessop
2nd- Sadie Aldrich

CENTURY 21 PRESTIGE

0-5 age division

Mia Chenault, 4

6-10 age division

Ashley Carter, 9

11-15 age division

Nicole Eberhard, 12

16-99 age division

Corinne Placido, 37
Sarah Bronsema, 34
Taryn Dorius, 20

IRON COUNTY TODAY

0-5 age division

Ellie Hicken

6-10 age division

Milton Jessup

LADYBUG NURSERY

CEDAR CITY LOCATION

0-5 age division

1st- Alison Huff, 5
2nd- Logan Baker, 5
3rd- Ella Chenault, 1

6-10 age division

1st- Brooke Jessop, 10
2nd- Serenity Rosales, 6
3rd- Jayden, 8

ENOCH LOCATION

0-5 age division

1st- Ellie Hicken, 5
2nd- Connor Z., 3
3rd- Eliza Moon, 4

6-10 age division

1st- Cheyenne Adams, 10
2nd- Kien Hicken, 8
3rd- Sophie Erramouspe, 7

MATTRESS STORE

0-6 age division

Kelsi Jessop

7-11 age division

Hayden Gunter

12-17 age division

Ethun Anderson

PIZZA HUT

0-5 age division

1st- Lorin Jessop, 5
2nd- Ellie Hicken, 5
3rd- Clark Anderson, 4

6-10 age division

1st- Chyenne Addams, 10
2nd- Devanhi Castillo Zamudio, 10
3rd- Hayden Gunter, 10

SUU HEAD START

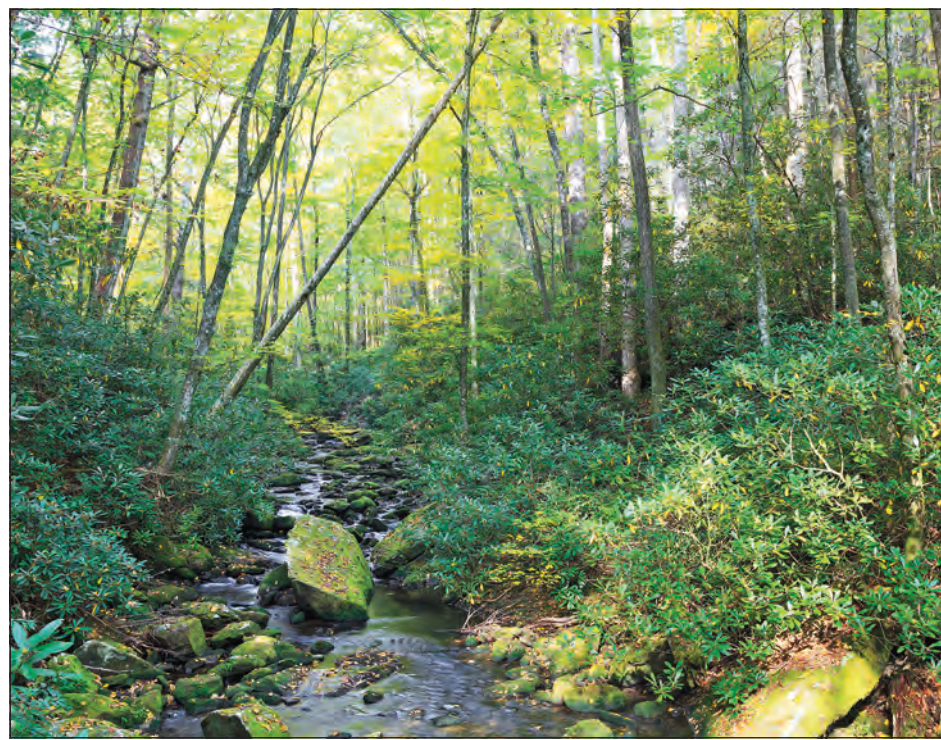
3 year old division

Emma Westood

4 year old division

Lily French





THINKSTOCKPHOTOS

AN OPEN HOUSE FOR THE PUBLIC to discuss the proposed implementation of vegetation treatments on National Forest System lands within the Upper Mammoth Creek watershed is scheduled for July 12.

Public collaboration, comment invited on proposed vegetation treatments

BY CRAIG BENNETT
Reporter

SOUTHERN UTAH - With the amount of acreage on fire in the Southern Utah area, public officials are always looking for ways to decrease fire danger, but when it does occur they look for ways to better manage it.

Marcia Gilles, Dixie National Forest Public Affairs Officer, released a statement proposing to implement a variety of vegetation treatments to improve forest health, reduce the threat of insect disease and reduce fire threat to values at risk.

The Cedar City Ranger District invites public collaboration and comment on these proposed treatments. An open house for the public is scheduled for July 12, 2016 from 3 to 4:30 p.m. at the Dixie National Forest Cedar City Ranger District, located at 1789 N. Wedgewood Lane.

Approximately 1,509 acres of vegetation treatment are proposed on National Forest System lands within the Upper Mammoth Creek watershed. These treatments include a variety of forestry and fuels practices such as thinning, aspen stand improvement, harvest, salvage, prescribed burning and reforestation.

The Upper Mammoth Farm Bill Project is located approximately 5 miles southeast of Brian Head along Utah

State Route 143 in Iron County, Utah. The watershed contains several residential developments.

The project area was recommended by Utah Gov. Gary R. Herbert as an area requiring active, on-the-ground, landscape scale treatment to reduce insect and disease infestations as authorized by section 8204 of the Agricultural Act of 2014 (Farm Bill) (Section 603 of HFRA - 16.U.S.C.6591b).

The project is needed to re-forest areas impacted by insect- and disease-caused mortality and promote species diversity, to reduce surface and ladder fuels near values at risk and to lower the insect hazard rating in order to protect forest vegetative communities from future outbreaks.

"There are some great projects being proposed in the Upper Mammoth Creek Watershed, such as wildland urban interface defense, aspen enhancement, forest health improvements," said Veronica Magnuson, Cedar City District Ranger. "I invite the public to collaborate with the forest on this project and I look forward to your thoughts, ideas and comments."

For additional information on the Upper Mammoth Farm Bill project visit the project website at www.fs.usda.gov/project/?project=47935 or call the project contact, Jennifer Green at (435) 865-3224.

Approximately 1,509 acres of vegetation treatment are proposed on National Forest System lands within the Upper Mammoth Creek watershed

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Search efforts continue for missing persons in Southern Utah

BY CRAIG BENNETT
Reporter

SOUTHERN UTAH

– Authorities located two missing persons from the Southern Utah area last week, but according to www.utahsright.com, there are close to 100 individuals still missing in the state of Utah, some as far back as the 1960s.

On average, 90,000 people are missing in the USA at any given time, according to Todd Matthews from the National Missing and Unidentified Persons System, or NamUs, a national database for missing people.

Authorities located a runaway female juvenile who ran from the Mountain Springs Preparatory School, a local boarding school in Cedar City June 18. Ashley Gooch, a 17 year old, was found safe on June 29. She was located in New Mexico and was reunited with her parents.

Thomas Schwab, a 15 year old from Hurricane, went missing on June 29.

He was located the next day around 3:10 p.m. Police officials said Schwab was located in an area close to the place he was last seen. Citizens in the area saw the missing teen and alerted officers to his location.

According to www.stgeorgeutah.com, a Santa Clara man has been missing since June 27, and his disappearance has been reported as suspicious.

David Corey Heisler, 30, was reported missing by his father, Kenneth Heisler, when he realized his son was not home but his car was gone. Kenneth Heisler reportedly found blood stains in the garage, as well blood stains throughout his kitchen area.

David Heisler, described as 6-foot-1-inch, 170 pounds with green eyes and dark brown hair, went missing between 3:35 a.m. and 2:30 p.m. June 27 while his father was at work.

David Heisler is an only child and a permanent resident at his mother and father's home in Santa Clara, along with his

anyone with information on David Heisler's whereabouts to contact the Santa Clara-Ivins Police Department at

According to Gephardt Daily, 17-year-old Smith walked away from his home in the St. George area. His parents, Tracey Smith and Darrin Smith, thought he was on his way to school for the day. He left behind his wallet, laptop and cell phone, along with cash. A note was found by his parents about a week later, but its contents have never been fully disclosed. Smith has not been seen or heard from since.

In talking with Iron County Today, Macin Smith's mother Tracey said, "There's been a few potential sightings in the last couple of weeks. One in Vegas, one in Salt Lake City, but nothing has come from them. Red Rock Search and Rescue has done

a couple more searches in the St George area which resulted in zero clues. It's as if he was plucked up from our neighbor-

hood and taken to some unknown universe. I don't really have anything new to report. I wake up every morning with a heavy heart as this trial endures and becomes our family's new normal."

Smith's family has announced a reward of \$10,000 for his safe return. So far, the reward has not resulted in any new leads. Smith's mother, as well as other family members, maintains a Facebook page called "Help Find Macin Smith" that is updated daily.

Macin has light blue eyes, and he had short blond hair when he went missing. Anyone with information on the whereabouts of Macin Smith can contact the St. George Police Department at (435) 627-4300 or David Cummings at Red Rock Search and Rescue at (702) 787-4068.

These are only a few of the missing individuals from the Southern Utah area. If you have any information on any missing individual, please contact authorities.

There are close to 100 individuals still missing in the state of Utah, some as far back as the 1960s

utahsright.com



6-year-old daughter. His daughter and mother were on vacation when David Heisler went missing.

Authorities are asking

(435) 634-5730.

It has been more than 10 months since 17-year-old Macin Smith went missing.

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Utah Title 65A Chapter 3 Section

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'Willy the Kid: Shakespeare in the American West' coming to SUU library

BY SUU MARKETING COMMUNICATION
Special to Iron County Today

CEDAR CITY – The Gerald R. Sherratt Library will commemorate the 400th anniversary of William Shakespeare's death through an exhibit titled "Willy the Kid: Shakespeare in the American West." The exhibit opened July 5 and will run until Oct. 31 in the library's Special Collections.

The walk-through exhibit features 16 printed artifacts including posters and scripts from the Gold Rush era (1850-1870), as well as stories of actors and production teams who traveled to the American West to put on Shakespeare shows in gold mining towns.

Matt Nickerson, associate dean of the SUU library, said he wanted to have an exhibit in conjunction with the Utah Shakespeare Festival, which complimented the American Library Association's traveling folio.

"I started doing research on a cool story of Shakespeare to do for the exhibit and I discovered that he was the most popular playwright on the western frontier," Nickerson said.

Michael Bahr, education director at the Utah Shakespeare Festival, said the exhibit will showcase the popularity of Shakespeare's works during that time.

"We want to celebrate his place in the American West and his importance to the early communities," Bahr said. "He was a man for the West and was important for civilizing the West."

The exhibit is sponsored in part by the Education Department at the Utah Shakespeare Festival and Utah Humanities. Utah Humanities enriches cultural, intellectual and civic life by providing opportunities for all Utahns to explore life's most engaging questions and the wonders of the human experience.

"Willy the Kid" is free to the public every Monday through Friday from 10 a.m. to 5 p.m. The library will host an opening reception for the exhibit on July 6 at 6 p.m. in Special Collections. All are welcome to join for free food and refreshments.



PHOTOS COURTESY OF SUU MARKETING COMMUNICATION

"WILLY THE KID: Shakespeare in the American West" exhibit will run until Oct. 31 in the Special Collections section of the Gerald R. Sherratt Library at SUU.

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ELECTION

Continued from page 1

Cedar City Police Officer (R) Michael Bleak as the favorite for Iron Commissioner "A." Bleak earned 56 percent of the vote over Casey O. Anderson. Anderson currently holds Seat A until Jan. 1, 2017. On March 25, former Iron County Commissioner David Miller resigned from Seat A midterm after holding it for more than three years. Bleak and Anderson were unavailable for comment.

At a national level, preliminary results show Misty K. Snow earned a historic Democratic nomination for U.S. Senate. Snow is the first transgender person to earn a major-party nomination for U.S. Congress in the United States.

Snow earned 57 percent of the vote within Iron County and 59 percent statewide over Jonathan Swinton.

"Today we have earned a major victory," Snow said. "We have shown that voters will turn out in numbers to support progressive candidates that take strong stands on issues. I want to thank

all the wonderful people of Utah who supported me in the Democratic primary; without your support none of this would have been possible."

Snow's campaign manager, Jennifer Koh, said it was a historic day for the LGBT community, but Snow wants to emphasize that she is not running on the basis of being a trans woman. Rather, her experiences as a trans woman have given her the empathy to understand the struggles of people who think the American Dream is out of reach.

"I'm running to give a voice to the voiceless," she said.

Snow now advances to take on Republican Mike Lee in the November General Election.

The race for Utah's governor narrowed, for preliminary results show Gov. Gary Herbert won the Republican Party nomination with 65 percent of the vote within Iron County and 71 percent statewide.

Michelle Boulter earned the majority, 39 percent of the vote, within Iron County toward the nomination for School Board District 15.



PHOTO COURTESY OF BECKI BRONSON

PICTURED LEFT TO RIGHT, Cedar City Hospital's Volunteer Coordinator Cathy Hohn, HR Specialist Paige Stites, Nurse and Quality Consultant Natalie Persons, Administrative Assistant Kathleen Brinkerhoff, new Hospital Administrator Eric Packer, hospital Foundation Major Gifts Officer Michael France, hospital Public Relations Manager Becki Bronson, and hospital Foundation Board Trustee Dennis Schnarr at a celebration last week celebrating the hospital's Top 20 Rural Hospital in the Nation award.

Cedar City Hospital celebrates rural hospital award, welcomes new administrator

BY BECKI BRONSON

Special to Iron County Today

CEDAR CITY – Cedar City Hospital celebrated its recent Top 20 Rural Hospital in the Nation award and welcomed new hospital administrator Eric Packer with a beach-theme event June 29.

More than 300 attendees were given a new running shirt with the

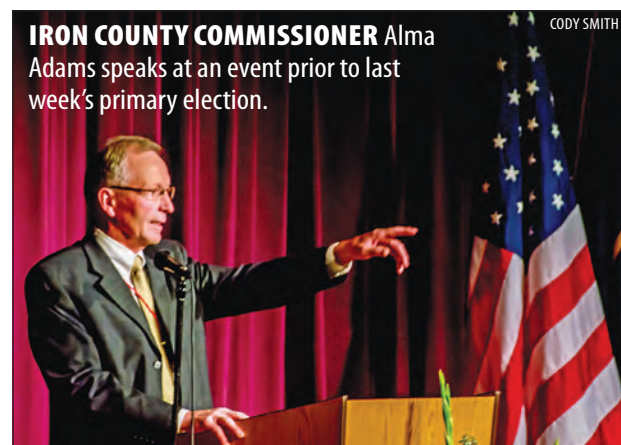
Top 20 award on it, and a beach ball with the Cedar City Hospital logo. They enjoyed some delicious frozen yogurt popsicles, cold sandwiches, and ice cold watermelon.

Eric Packer, who began his job as the new hospital administrator in April 2016, was officially welcomed to the community as many came out to the event to get to meet and

know him.

He said, "There are so many good people in our community who have made me feel welcome

and I'm very grateful and appreciative. We have such a world-class hospital here and I'm proud to be a part of it."



IRON COUNTY COMMISSIONER Alma Adams speaks at an event prior to last week's primary election.

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CYCLOPS

Continued from page 4

off any last-week campaigning. It does something else as well: It increases the cost of campaigning; meaning lobbyist money is becoming even more vital in winning elections.

When the mass of voters went to the polls on a given Election Day, candidates generally mailed out materials several weeks prior to voting. However, when voters have ballots

sitting on their kitchen counter more than three weeks in advance, candidates are forced to expend money on mailers and door hangers much earlier. In my experience as a vendor and political consultant, the cost of campaigning with vote-by-mail has increased at least 30 percent. That is not a positive if you want to attract "average citizens" to run for public office.

The push for mail-in voting stems from the sensible idea that allowing people to vote whenever

they wish, from their kitchen or living room increases the number of people participating in the process. Anything that makes voting easier will naturally pump up the numbers of people voting.

But is that what we really want? Considering how little so many people understand about public policy, I submit that we don't need more votes, we need more informed voters. Vote-by-mail advocates state that mail-in voters leisurely study the issues

on candidate websites before marking the ballot. That is great for candidate marketing, but not actual knowledge of the issues.

Call me "old school," but what's wrong with the tradition that men and women concerned about their nation, state, and community would find 30 minutes of time on a given day to mark a ballot at a convenient polling place? Sure, a majority of people don't vote. That is their choice and maybe they shouldn't vote if they don't

have a clue as to whom or what they are voting for or against.

Tobias wrote that she feels sorry for the Democratic gubernatorial candidate running in this fall's general election.

"He may not have a whispered prayer to overtake the deep-pocketed, entrenched opponents like (Gary) Herbert ... No matter what Herbert scandal bomb might detonate, critical votes will have already been cast" due to vote-by-mail.

I don't necessarily share her view that scandals are hiding at every turn. But I sympathize when she sees mail-in voting becoming "as thrilling as paying your cable bill."

At least, with your cable bill, you understand the benefits for which you are paying.

The opinions stated in this column are those of the author and not necessarily those of the ownership or management of this newspaper.

FREEDOM

Continued from page 4

years later, are we making good use of our freedom?

Facing tyranny and oppression from the British government, another of the signers of the Declaration of Independence, Thomas Jefferson wrote, "We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness."

The meaning and impact of these words was significant.

The representatives of the 13 United States had just declared that every person is guaranteed certain rights just by virtue of being born, among them life, liberty and the pursuit of happiness. At the time, these words were revolutionary. Today, however, contrary to Adams' hope, many of us hold these truths not merely to be self-evident; we also take them for granted.

Remember that the Declaration of Independence didn't say we are entitled to be happy. Rather, we have the unalienable right to the pursuit of happiness. With so many modern luxuries and conveniences, perhaps those of us who were born into freedom assume that happiness, itself, is our right and our privilege - not just that we are entitled to pursue it. This, I believe, is precisely what Adams feared - that we, the future generations, would forget that a price was paid for our freedom, our right to pursue happiness. Actively pursuing the things that make us happy (rather than sitting back waiting for happiness to descend upon us) is precisely what Adams meant when he

suggest that we make good use of our freedoms.

With the exception of those members of the military who have served and who continue to serve our country, most of us will never know the cost of which Adams wrote. After all, it's human nature to forget.

The more distance between present day times and those who gave their lives to preserve our freedom, the easier it is to develop a sense of entitlement. It's easy to feel we deserve happiness.

When our happiness is disrupted by pain, sadness and hardship, we have feelings of resentment; we feel offended by the very notion that someone or something has dared disturb it. We feel it is our right to have our unhappiness automatically restored to us. We complain and bemoan our circumstances, thus defeating the very freedoms that Adams, Jefferson and so many others sacrificed to secure. By assuming it is our right to be happy, we forfeit our unalienable right to pursue happiness, the very paradox Adams feared.

Having just celebrated the July 4th holiday and with Adams' words ringing in our ears, I hope we remember to make good use of our freedom.

I hope we take the time to remember where our freedom came from. I hope we remember that it is our right to live how we wish; it is our right to pursue what makes us happy, and that those rights, unalienable as they are, came at a great price and should never be assumed or taken for granted.

I hope you had a very happy Independence Day. Thank you to those who serve to protect our freedom and to those who remember how much it costs to preserve.

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SHOWCASE

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WEDNESDAY, JULY 6, 2016

Brian Head celebrates 4th of July in adventurous style

BY COREY BAUMGARTNER
Reporter

BRIAN HEAD – During the winter months, Brian Head Ski Resort is known for its amazing snow, but in the summer it becomes known for its amazing scenery and attractions. And this weekend, the resort celebrated Independence Day with adventure and style.

During the weekend-long event, artisan vendors set up booths near the Giant Steps Lodge and sold everything from delicious raw honey and fresh-popped kettle corn, to jewelry, home decorations and other various arts and crafts.

Several bands such as Wilhelm, Bila Gaana, and Muddy Boots, entertained the crowds while they enjoyed the beautiful cool weather and Brian Head's signature food and drink specials.

Nearby, visitors took a scenic ride on the chairlift, while others biked and hiked the beautiful green mountainside. Other activities included racing down the mountain on an inner tube, flipping on the bungee trampoline, flying down the zip line and practicing zombie hunting skills on the new archery range. Even without snow, Brian Head has an adventure for everyone.

Mark Wilder, public relations coordinator for Brian Head, spoke about the family-friendly versatility of the resort.

"You don't have to be a hardcore athlete to enjoy the mountain," he said. "We've got something for everyone and every skill level."

This includes an adventure trail for kids and even a disc golf course. Of course all the 4th of July festivities led up to the much anticipated fireworks show.

For more information, event schedules and prices for all the exciting events happening at Brian Head this summer, visit www.brianhead.com.



PHOTOS BY COREY BAUMGARTNER

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A decorative row of colorful pencils in various colors including purple, blue, green, yellow, orange, and red, arranged in a slightly curved line at the bottom of the advertisement.

The 2016 Utah Shakespeare Festival feels like it is going to be epic

BY RACHELLE HUGHES
Reporter

I first visited the Utah Shakespeare Festival 22 years ago and saw my first production on the Adams Theatre stage. I was just visiting Cedar City and had no idea that this was the beginning of a two decade relationship with the festival.

Over the past 20 years I have worked for the festival, written for them and about them and attended their plays, their Greenshows and interviewed their actors, and directors, all while teaching my children to love theatre and the arts from the seats of their facilities.

I have watched them grow. So, like many other residents of Southern Utah, I believe this season of 2016 is going to be epic as we participate in the grand opening of the Beverley Taylor Sorensen Center for the Arts.

The 2016 Utah Shakespeare Festival has become more than just good theatre. Aptly themed "The Greater Escape," the festival's eight plays this season will be the centerpiece for a cultural experience that also includes the new Southern Utah Museum of Art and its exhibits, free Greenshows, a Shakespeare character garden and two new theatres and more in the new arts complex. Everything from the choice of plays to the free exhibits and tours at the SUMA feels designed to involve the entire family and patrons from every age and walk of life.

On July 7 at 10 a.m. the grand opening of the festival will begin, with three days of events, most of them free. Opening week events will include family art projects, tours of the new Beverley Center for the Arts, music from local performers and more. To see a full schedule of the opening celebration events visit www.bard.org.

This year the Utah Shakespeare Festival will present eight plays that appeal to every age from the youngest theatre-goer to the most seasoned theatre buff. The dynamic lineup includes "Mary Poppins," "The Cooanuts," "The Odd Couple," "The Three Musketeers," "Henry V," "Much Ado About Nothing," "Julius Caesar" and "Murder for Two."

Engelstad Shakespeare Theatre

Henry V
June 28 to September 10

By William Shakespeare

The final installment in the three-part story of Prince Hal. In this final play Prince Hal becomes King Henry V and as he transitions from prince to king he must convince his kingdom he is worthy of a crown as he fights to earn the loyalty of his countrymen.

The Three Musketeers
June 29 to September 9

By Ken Ludwig

Three musketeers and one courageous little sister set out to battle villains and intrigue in this adaptation of the classic Alexandre Dumas swashbuckling tale of honor, courage and humor.

Much Ado About Nothing
June 27 to September 8

By William Shakespeare

Two sets of lovers show us the different sides of love from jealousy to humor to honor with Beatrice and Benedick engaging in one of Shakespeare's most famous battles of wits and love while their friends must overcome jealousy and treachery to find their happy ending.

Randall L Jones Theatre

Mary Poppins
July 2 to September 3

The Utah Shakespeare Festival's production of Disney and Cameron Mackintosh's musical. The "practically perfect" nanny will dance, sing and fly across the festival's stage this summer with her charges Jane and Michael.

The Cooanuts
July 1 to October 15

The Marx brothers' slapstick finds new life in this adaptation featuring the characters Harpo, Groucho and Marx in a story that has plenty of hijinks, music and shtick. Music and lyrics are by Irving Berlin, with book by George S. Kaufman. The show is adapted by Mark Bedard with a musical adaptation by Gregg Coffin.

The Odd Couple
September 14 to October 22

By Neil Simon

The Utah Shakespeare Festival's two artistic directors take on the roles of single friends Oscar and Felix who become roommates after their recent marriage breakups only to discover that they could not be more mismatched in their personalities. Fortunately for the audience, this makes for hilarious theatre.

Eileen and Allen Anes Studio Theater

Julius Caesar
July 29 to October 22

Shakespeare's take on what the Utah Shakespeare Festival calls "a dazzling masterpiece of betrayal and faithfulness, treachery and trust."

Murder for Two
August 4 to October 22

Book and Music by Joe Kinosian and Book and Lyrics by Kellen Blair

A 90-minute comic musical mystery where one actor plays the investigator and the other one plays all the suspects.

For more information on show times and tickets visit Bard.org.



THE 2016 UTAH SHAKESPEARE FESTIVAL has become more than just good theatre. Aptly themed "The Greater Escape," the festival's eight plays this season will be the centerpiece for a cultural experience in Cedar City.

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Cedar band Full Tilt Boogie realizing its debut album

BY CHUCK TRIPLETT

Special to Iron County Today

CEDAR CITY – Cedar City band Full Tilt Boogie will be releasing its debut album on July 9 at Mike's Tavern. The show will run from 9 p.m. to 1 a.m. and will feature songs from the band's self-titled debut album.

The band has been hard at work writing, recording, re-writing and re-recording for almost 6 months. Its members are excited for people to hear the album. The 4-hour show costs only \$5 and will feature all of the songs from the album, as well as songs from other artists that have inspired the band.

Along with the show, the band will be offering its first merchandise ever, selling copies of its self-titled debut album, band

T-shirts, stickers and release posters (created by Jeff Hansen using the ink letterpress method). The album was recorded in Swift and Triplett's studio and masterfully mixed by Frank Stearns of www.mars-mobile.com. The band is dedicating the album to longtime friend, mentor and Groovefest founder, Tim Cretsinger.

The album would not have been possible without the incredible crowd-funding Kickstarter campaign that allowed fans to donate money to help the band complete the album in exchange for limited-edition items from the group.

Upon the release of its debut album the band will be embarking on a summer filled with performances across Utah. For information about upcoming shows, visit www.fulltiltboogie.us.

The album is "a funky bluesy rollicking good time record with a lot of heart

and soul from a tight outfit. Their respect for one another shines through on every number, especially on the beautiful ballads. The recording and production is first class. Cedar City should be honored to have such quality natural talent and ability represent us. Well done," said Lisa Cretsinger, owner of Groovacious Records.

Jon Smith, DJ for X96 in Salt Lake City, said, "(It) made the classic rock fan in me smile. Wicked bass lines and a solid sound. This band has their shit together. I loved 'Hold It' and 'Easy Rider,' but the whole album is tight!"

Brian Passey, reporter for the The Spectrum & Daily News, said, "Some of Southern Utah's best musicians come together for a set of songs that sounds both familiar and fresh. The music is original, but you feel as if you already know it somewhere deep in your soul."



PHOTOS COURTESY OF FULL TILT BOOGIE

CEDAR CITY'S FULL TILT BOOGIE will release its debut album with a show at Mike's Tavern July 9 beginning at 9 p.m.

I'm back and content with what we have here

BY MARY ANNE ANDERSEN

Cedar City Arts Council

Broadway at 10 at night is another planet and brighter than noon. We came out of the theater after seeing "Finding Neverland" to shoulder-bumping crowds of people who were surprisingly polite and mindful of the traffic and crowds.

I was the gawker who kept stepping in front of people or bumping into other gawkers. And it took us a minute to remember which direction to go to our parking garage.

Towering over us were huge neon signs, eye-squintingly bright and psychedelic colored, proclaiming their shows as the "best in years," the newest, the warmest, the most enchanting, the most memorable.

Spanning Broadway was a large set of bleachers, crowded to capacity with people looking down the street at what, we wondered? We thought there must a street show of some sort about to start, but then realized that the seats were permanent and a few hundred people were just sitting and watching –

watching the girls dressed only in paint, the changing signs overhead, the taxis trying to get through the crowds without flattening someone, watching us, the tourists.

I was very mindful of not losing sight of my companions; it would be so easy to get swallowed up in that mass of people and we foolishly hadn't agreed on a meeting place in case of separation.

New York City is of

course a theater-lover's Mecca. Had we the money and the time we could have happily gone to two shows a day, but then we'd have missed the Yankees game and not seen Babe Ruth's bat or Mickey Mantle's jersey.

And the museums! We'd have not seen Klimt's "The Woman in Gold" or three of VerMeer's small output of just 34 paintings.

And then there was

walking the new High Line, an elevated park built along a former elevated train line. It goes for a little over a mile over the Greenwich Village part of the city and is a lush garden of beautifully-tended plants and trees and some 30 works of art. And you can buy gelato! We felt so lucky to have spent an hour and a half there.

So there is one of the two major problems of being a tourist in New York City: there is too much to do and never enough time to see even what you most want to see. And the other problem is the most vexing

for me: the amount of time spent getting to where you want to be. From our home base in New Jersey it was a 2-hour commute each way, so 4 hours of travel to spend 6 hours in the city. And to get from place to place required numerous subway transfers once you got into the city.

So I'm home and content with my 6-minute ride to some of the best theatre in the country.

The Pastry Pub isn't a New York deli, but Syroos knows me, and I like the food there. And the parking is free, not \$65 for 12 hours.



LIFE TODAY

WWW.IRONCOUNTYTODAY.COM

WEDNESDAY, JULY 6, 2016

Local school buses, garbage trucks receive prevention message makeover

BY JEFF LOWE

Managing Editor

CEDAR CITY – Thanks to a grant from Parents Empowered, 10 Iron County school buses, as well as a Cedar City and Enoch City garbage truck, received a new look in recent weeks, complete with drug and alcohol prevention messages from the Iron County Prevention Coalition.

The Iron County Prevention Coalition is a made up of a group of concerned citizens dedicated to reducing the negative effects of drugs and alcohol in our community. The organization was recently awarded a grant from Parents Empowered, a media and education campaign funded by the Utah Legislature, and a portion of the grant money received went toward purchasing and installing bus and truck wraparounds. This is the first such project in the state of Utah.

“The reason (Parents Empowered) was giving these grants

out is to get communities to mobilize and raise awareness for underage drinking prevention,” said Heidi Baxley, a prevention specialist and Iron County Prevention Coalition coordinator. “We were trying to find creative ways, not only to partner with big community agencies, but to get the word out.”

With the help of the Iron County School District and key partners in Cedar City and Enoch, the Iron County Prevention Coalition was able to install the wraparounds, which include messages such as “Alcohol endangers teens,” with a teenage girl stuck inside a plastic six pack carrier, and “Utah is one of the driest states in the nation. Help make sure teens stay that way.”

“They’re funny and eye-catching and relate back to underage drinking,” said Baxley of the wraps. “Hopefully parents will see it and think about it. We’re hoping they raise awareness that parents are a huge influence in the lives of their kids, especially

teens.”

Baxley said despite some beliefs to the contrary, underage drinking is a “huge problem” in Utah. She said when Utah kids drink, they tend to binge drink and that parents need to be on the lookout for warning signs. In Iron County, data shows that teens are drinking and that they are receiving alcohol from adults who purchase it for them, she added.

In addition to the wraparounds project, the Iron County Prevention Coalition has used the Parents Empowered grant to purchase prevention messages at gas stations and restaurants throughout the area. The grant money has also helped to fund community booths at local events.

For tips, tools and data about underage drinking and other prevention information for parents, visit www.parentsempowered.org.



THE IRON COUNTY PREVENTION COALITION, with the help of a grant from Parents Empowered, placed drug and alcohol prevention wraparounds on Iron County school buses, and Cedar City and Enoch garbage trucks.



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Calendar

WEDNESDAY, JULY 6

CEDAR CITY COUNCIL, 5:30 p.m., council chambers, city offices.

ENOCH CITY COUNCIL, 6 p.m., city offices.

SOUTHERN UTAH ROCK CLUB MEETING, 6 p.m., Cedar City Aquatic Center, new members welcome, door prizes, rock drawings, show and tells and refreshments. There will also be planned monthly rock hunts. For more information visit www.southernutahrockclub.net.

ADULT COLORING BOOK CLUB, 7 p.m., Cedar City Library in the Park patio area, the library will provide some supplies, but attendees are also welcome to bring their own, come for a fun night of coloring and mingling with new friends.

AMERICAN SIGN LANGUAGE II CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.

TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

COLOR COUNTRY WINDS COMMUNITY BAND REHEARSAL, 7:30 p.m., Community Presbyterian Church in Cedar City, no audition, must be able to play a band instrument and read music, we even welcome "rusty" players who want to begin playing again.

FREE DANCE AEROBICS CLASS, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091 (no texts please).

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 a.m. to 1 p.m., located on Freeway Drive between JR's Truck Stop and the Travelodge, rides available at no charge from the Main Street Park pavilion by the library and returning to the same location after the lunch, look for the Sonrise Christian Fellowship van, community welcome.

ACTIVITY CLASS FOR THOSE WITH ALZHEIMER'S AND DEMENTIA, 11:45 a.m. to 3:45 p.m., Cedar City Senior Center, \$25 includes lunch, snacks and materials, for more information call LuAnn Lundquist at (435) 319-0407.

COLOR COUNTRY PICKLEBALL, 9:30 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City, for more information call Ed Severance at (435) 586-6345.

TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park, for more information call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

DOMESTIC VIOLENCE SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

"UNDERSTANDING LIFE" BY JAMES SWARTZ, Vedanta, "putting life's puzzle together by acquiring the knowledge that dispels ignorance," 7 p.m., a 25-minute video followed by casual discussion, free, Cedar City Library in the Park rare books room, The Literary Club, 559-7777.

ALCOHOLICS ANONYMOUS, 8 to 9 p.m., Parowan United Methodist Church social hall, 190 N. Main St.

ALCOHOLICS ANONYMOUS, 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

ALCOHOLICS ANONYMOUS WOMEN'S MEETING, noon, Cedar City Library in the Park.

NARCOTICS ANONYMOUS JUST FOR TODAY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

THURSDAY, JULY 7

BEVERLEY CENTER FOR THE ARTS OPENING CELEBRATION, beginning with a ribbon cutting at 10 a.m. and continuing with live performances, food, music, tours and more. The center will be the new home of the Utah Shakespeare Festival and includes Southern Utah University's Southern Utah Museum of Art. For more information and a detailed schedule of events visit www.suu.edu/beverleyarts.

SAGEBRUSH FIBER ARTISANS, the Cedar City area weavers and spinners group, meeting at 6:30 p.m., Visitor Center, 581 N. Main St. in Cedar City, all who are interested in fiber arts are invited, free, no dues or fees.

IRON COUNTY CONSTITUTION PARTY MONTHLY MEETING, 7 p.m., Cedar City Library in the Park.

CEDAR CITY MASONIC LODGE #35 MEETING, 7 p.m., 2120 W. Skyview Road, Cedar City, for more information visit www.cedarcitylodge.org or call (435) 704-0045.

YOUTH ADVISORY COUNCIL ACTIVITY, open to all teens ages 12 to 18, 4 p.m., Cedar City Library in the Park, monthly meetings include crafts, book discussion, planning events, or playing games, check out cpliyac.blogspot.com for more information, come join the fun!

COLOR COUNTRY NIGHTWRITERS MONTHLY MEETING, 7 p.m., Cedar City Library in the Park, rare books room, meeting open to all writers and would-be writers, no cost, if you are interested in writing or learning to write please attend.

STORY TIME AT THE CEDAR CITY LIBRARY IN THE PARK, 10 and 10:30 a.m., free.

AMERICAN SIGN LANGUAGE III CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.

CEDAR CHEST QUILTERS' GUILD, 10 a.m., Cedar City Senior Center, 489 E. 200 South in Cedar City, all are welcome to join the group for quilting activities.

COLOR COUNTRY COMMUNICATORS, Cedar City Toastmasters, 7 a.m., 86 W. University Boulevard, Pastry Pub Banquet Room back door. Find your voice. Shape your future. Be the leader and speaker you want to be.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City, for more information call Ed Severance at (435) 586-6345.

ALCOHOLICS ANONYMOUS, 11 a.m. women-only meeting, noon Speaking from the Heart AA, and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, noon, Cedar Bowling Center, 421 E. Highway 91, Cedar City.

AL-ANON HOPE FOR TODAY (FOR THE FAMILIES OF ALCOHOLICS), 7 p.m., The KKC Meeting Hall, 1067 S. Main St., Cedar City, for information call (435) 531-1045.

NARCOTICS ANONYMOUS, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

FRIDAY, JULY 8

BEVERLEY CENTER FOR THE ARTS OPENING CELEBRATION, including live performances, food, music, tours and more. The center will be the new home of the Utah Shakespeare Festival and includes Southern Utah University's Southern Utah Museum of Art. For more information and a schedule of events visit www.suu.edu/beverleyarts.

FREE DANCE AEROBICS CLASS, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091 (no texts please).

COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City, for more information call Ed Severance at (435) 586-6345.

FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 a.m. to 1 p.m., located on Freeway Drive between JR's Truck Stop and the Travelodge, rides available at no charge from the Main Street Park pavilion by the library and returning to the same location after the lunch, look for the Sonrise Christian Fellowship van, community welcome.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

NARCOTICS ANONYMOUS LIVE AND LET LIVE, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

SATURDAY, JULY 9

BEVERLEY CENTER FOR THE ARTS OPENING CELEBRATION, including live performances, food, music, tours and more. The center will be the new home of the Utah Shakespeare Festival and includes Southern Utah University's Southern Utah Museum of Art. For more information and a schedule of events visit www.suu.edu/beverleyarts.

JULY JAMBOREE CRUISE-IN PRESENTED BY THE CEDAR CITY ROTARY CLUB ON CEDAR CITY'S HISTORIC DOWNTOWN MAIN STREET WILL RUN FROM 4 TO 10 P.M. THERE WILL BE VENDORS, food and a wide variety of vehicles. For more information visit www.julyjamboree.com.

FULL TILT BOOGIE CD RELEASE SHOW, 9 p.m. to 1 a.m., Mike's Tavern in Cedar City, \$5.

MARINE CORPS LEAGUE DETACHMENT 1315 MONTHLY MEETING, 9:30 a.m., Marriot Springhill Suites, 1477 S. Old Highway 91, Cedar City, veterans of all services are welcome.

SOUTHERN UTAH WOODTURNERS, 9 a.m., Cedar High School Wood Shop, 703 W. 600 South, anyone interested in woodturning, from beginner to the very experienced, are invited to attend, the group usually has a challenge for the month and a demo on turning, for more information call (805) 712-2174.

ORDER OF THE EASTERN STAR MONTHLY MEETING, 11 a.m., anyone interested in joining OES is invited to join us for a lunch following the meeting at approximately 12:30 p.m., for more information contact Kim Fiero at 867-6222.

SATURDAY FARMERS MARKET: YEAR ROUND, every Saturday rain or shine, 9 a.m. to noon, 905 S. Main St. in Cedar City, local vegetables, greens, fruit, herbs, baked goods, artisan cheese, live plants, flowers, jams, raw honey, farm fresh eggs, and more.

OVEREATERS ANONYMOUS, 10:30 to 11:30 a.m., Cedar City Public Library, free meetings, no obligation, for anyone who wants to stop eating compulsively, contact (435) 310-0779 for more information.

ALCOHOLICS ANONYMOUS, 11 a.m. women's meeting, noon Speaking from the Heart AA, 6:30 p.m. AA BB Study, and 8 p.m. My Story speaker meeting, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

SUNDAY, JULY 10

ALCOHOLICS ANONYMOUS, 11 a.m. (TG/SS) AA and 6:30 p.m. 12x12 Book Study, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

NARCOTICS ANONYMOUS, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

MONDAY, JULY 11

IRON COUNTY COMMISSION MEETING, 9 a.m., commission chambers in the county courthouse at 68 S. 100 East in Parowan.

AMERICAN LEGION POST 74 IN CEDAR CITY, 6 p.m. meeting, Cedar City Library in the Park, veterans of all services are welcome to attend.

FREE DANCE AEROBICS CLASS, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091 (no texts please).

COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City, for more information call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

RED ROAD TO SOBRIETY/AA MEETING, open meeting, 6 p.m., Paiute Indian Tribe of Utah, 440 N. Paiute Drive, Cedar City, for more information call Chris at 586-1112 ext. 307.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

NARCOTICS ANONYMOUS MONDAY NIGHT BASIC TEXT STUDY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

TUESDAY, JULY 12

ARTS AFIRE PLEIN AIR PAINTING DEMONSTRATION AT CEDAR BREAKS NATIONAL MONUMENT, 10 to 11 a.m., Point Supreme, featuring Arlene Braithwaite. Park entrance fees apply.

CEDAR CITY TOP BAR HIVE BEE KEEPING ASSOCIATION MEETING, 7 p.m., Cedar City Library in the Park, frameless Langstroth hives and healthy bees. All bee keepers welcome. For more information call Peggy Marton, (310) 477-2181 or email peggymarton@aol.com.

DINING FOR WOMEN CEDAR CITY CHAPTER MEETING, 5:30 p.m., delicious potluck and short presentation, DFW chapters fund grassroots programs helping women and girls in education, health, business and self-worth, for questions and the address of this month's gathering, email BethGaines54@gmail.com or call or text (435) 201-3529. For more information on the non-profit, visit www.DiningForWomen.org.

AMERICAN SIGN LANGUAGE I CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.

STORY TIME AT THE FRONTIER HOMESTEAD STATE PARK, 10 a.m., an opportunity for preschool children to learn about the past through stories and history-related activities, story time is free thanks to the support of the Cedar City-Brian Head Tourism Bureau.

CEDAR CITY ROTARY CLUB WEEKLY MEETING, noon, Southwest Applied Technology College, 510 W. 810 South in Cedar City, for more information call (435) 865-7637.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

RAPE AND SEXUAL ASSAULT SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City, for more information call Ed Severance at (435) 586-6345.

AL-ANON "EASY DOES IT", 7 to 8 p.m., Community Presbyterian Church, 2279 N. Wedgewood Lane, Cedar City, for more information call (435) 531-1045.

AL-ANON, 7 to 8 p.m., Parowan United Methodist Church social hall, 190 N. Main St.

ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, noon, Cedar Bowling Center, 421 E. Highway 91, Cedar City.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA, 6 p.m. AA Misfits and 6 p.m. AA Cedar Group, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 10 a.m. to 7 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

WEDNESDAY, JULY 13

CEDAR CITY COUNCIL, 5:30 p.m., council chambers, city offices.

UTAH MIDSUMMER RENAISSANCE FAIRE AT THE CEDAR CITY MAIN STREET PARK, 11 a.m. to 9 p.m., including a wide variety of vendors and entertainment. The event is free, but there is always a wide variety of food and goods for sale. To learn more, visit www.umrf.net.

ARTS AFIRE PLEIN AIR PAINTING DEMONSTRATION AT CEDAR BREAKS NATIONAL MONUMENT, 10 to 11 a.m., Point Supreme, featuring Valerie Orlemann. Park entrance fees apply.

MARINE CORPS LEAGUE AUXILIARY MONTHLY MEETING, 10:30 a.m., Cedar City Library in the Park, for more information call Betty at 586-9790.

ADULT COLORING BOOK CLUB, 7 p.m., Cedar City Library in the Park patio area, the library will provide some supplies, but attendees are also welcome to bring their own, come for a fun night of coloring and mingling with new friends.

AMERICAN SIGN LANGUAGE II CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.

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DOMESTIC VIOLENCE SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

"THE WILL-LESS STATE IS HAPPINESS" BY FRANCIS LUCILLE, "we are that which we are looking for. I am what I seek," 7 p.m., a 25-minute video followed by casual discussion, free, Cedar City Library in the Park rare books room, The Literary Club, 559-7777.

ALCOHOLICS ANONYMOUS, 8 to 9 p.m., Parowan United Methodist Church social hall, 190 N. Main St.

ALCOHOLICS ANONYMOUS, 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

ALCOHOLICS ANONYMOUS WOMEN'S MEETING, noon, Cedar City Library in the Park.

NARCOTICS ANONYMOUS JUST FOR TODAY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.



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Tai Chi and yoga are offered at Stone Path

BY VALERIE BROWN

Special to Iron County Today

CEDAR CITY – Stone Path Massage and Energy Center is currently offering Tai Chi and a variety of yoga classes to the general public on Tuesday, Thursday, and Saturday.

Lindsay Miller's yoga class goes through a basic Asana practice, which involves directional movement of the spine and conscious breathing. It begins by connecting with your breath, then going through some easier warming up postures which peak to more challenging ones and cools down with some stretches.

After the physical practice, students lie on their back in Savasana (Corpse Pose), which is a time to let the work integrate into the body while allowing the body to come into stillness. Lindsay then circulates through the room and gives a brief head massage with lavender oil to help facilitate relaxation. After about 8 minutes of lying in stillness, she plays the harmonium and sings to bring students out of their Savasana. Yoga's purpose is to keep the body healthy and to work on quieting the mind in order to more clearly understand situations and people around you. There are many physical and emotional benefits of doing yoga.

Improved flexibility is one most noticeable benefits of yoga. You will gradually loosen up, and may also notice that aches and pains will start to diminish.

It builds

muscle strength balanced with flexibility and better posture. Practicing yoga takes your joints through a full range of motion and helps keep your spine supple. It also helps to improve circulation, oxygen flow, and lymph drainage.

Kayce Pearson's beginning yoga class features foundation poses, nothing advanced or scary. There are a lot of balancing poses, like the tree pose, more variations in the middle, and a lot of stretching before and after. Anyone of any level can do these.

Kayce's "Bring your Child to Yoga" class is based on Cosmic Kids Yoga. First, Kayce tells a story that lasts about 20 to 30 minutes. Participants do yoga throughout the story and there are different poses for each animal. There is a poster with all the animal poses.

They also play different games like Simon Says and do fun adult-kid partner poses. Kids don't understand how to work with their bodies to get into different positions, so they need to focus and they have so much fun.

Dr. Sandra Brady leads "warm" yoga on Tuesday and Thursday mornings. This is an upbeat fast-paced yoga class with the room heated up to 85 degrees.

Sami Roe is the Tai Chi instructor on Tuesday at Stone Path. Tai Chi is a low-impact, slow-motion exercise that can be easily adapted for anyone from the most fit to people who are wheelchair-bound or recovering from surgery. It requires no special equipment and can be done inside or out. Just wear comfortable, loose fitting clothing.

Stone Path Massage and Energy Center is located at 150 W. University Blvd. in Cedar City. Call (435) 267-2692 or visit www.stonepathenergy.com to schedule an appointment. Visit www.facebook.com/StonePathEnergy for a listing of upcoming events and classes.

KAYCE PEARSON TEACHES beginning yoga classes and "Bring your Child to Yoga" at Stone Path Massage and Energy Center.

PHOTO COURTESY OF STONE PATH



A CHEF AT NINJA Japanese Steakhouse & Sushi prepares a meal for customers.



PHOTOS BY CODY SMITH

Ninja Japanese Steakhouse & Sushi's expertly crafted sushi beckoned me

I hate chain restaurants, but it seems when family and friends dine out, those dreaded establishments win too often. I've become biased, and I avoid restaurants that seem to be a chain. Recently, however, I made a gross misinterpretation.

Since it opened, I believed Ninja Japanese Steakhouse & Sushi to be a chain rather than the dream of a man who only goes by the name Raymond.

Raymond is shy, so when I tried to talk to him about his life he gave me his manager Sam Bennett. Sam let me take photos and sit with the restaurant's customers for a few hours. Watching people recoil from the onion volcano's flames or catch shrimp flung by Tom Chak, an energetic Cantonese Hibachi chef, and photographing them was torturous on my empty stomach. The sizzle of the grill top, smell of caramelizing sauces, and expertly crafted sushi beckoned me. But, I wanted to experience the restaurant from the other side, the side of the host, waitress, and chef.

Bennett said the cooks are mostly Chinese, and he eats at least one of the three Chinese meals they prepare for the restaurant

staff every day. Although, staff was not the word the young manager used – he continually said family. Raymond's wife and children are in China visiting family for two months, but he still feels at home because of the family he has at work. In the rare moments Raymond speaks, he does so quietly and with intent. He speaks more often with his eyes and through them, it's easy to see the love he has for his employees.

"Do you want to eat something?" is nearly all Raymond said to me all night, and I enthusiastically said yes. He prepared for me a Mango Special, an off-the-menu roll, and Beef Negimaki, which is thinly sliced New York Strip steak rolled around cream cheese and scallions before being seared over a bed of yellow onions and teriyaki sauce. More simply put, it was divine. I couldn't wait to eat. But first, I had to be that one guy – the one that photographs his food.

The food was outstanding as it has always been. After I finished the Beef Negimaki, my hunger gave way to satiation. I was finished, and as I walked out the howling laughter of the crowd surrounding the Hibachi grills was all that remained.



CODY SMITH
Reporter

I wanted to experience the restaurant from the other side, the side of the host, waitress, and chef

MISSIONS

Sister Jesslyn Whittier



Sister Jesslyn Whittier has returned from successfully serving in the Texas Dallas LDS Mission for 18 months. She will be speaking at the Enoch 2nd Ward (451 E. Midvalley Road, Enoch) sacrament meeting on July 10 at 1 p.m. Her family would like to invite all her friends and family to come celebrate her safe return at a backyard dinner on Saturday, July 9 from 6 to 8 p.m. at the Whittier residence, Jessie's home (4652 N. California Trail, Enoch). Welcome home, Jess!

Sister Alexi Larson



Sister Alexi Larson has returned from serving in the California Carlsbad Mission for The Church of Jesus Christ of Latter-day Saints. She will speak in church July 10, 2016 at the Cobble Creek Ward. She is the daughter of Shane Larson and Randi Mangum.

1ST BIRTHDAY

Zander Nathan Reeves



Zander Nathan Reeves celebrated his first birthday on June 18, 2016. His parents are Nathan and Hayley Reeves of Cedar City, Utah. Zander loves dancing, music, animals, books, laughing and playing. He brings so much joy to everyone around him. His grandparents are Linda Reeves of Enoch, Utah and Ron and Tammy Cox of Fairview, Utah. We love you so much, Zan!

BRENNA BURROWS PHOTOGRAPHY

There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements. Announcements and photos can be submitted to news@ironcountytoday.com or at 389 N. 100 West, Suite 12, Cedar City. The deadline is Wednesday at 5 p.m. for the next week's issue. Announcements should be 100 words or less. Call 867-1865 ext. 6 for pricing for all other announcements.

People

60TH ANNIVERSARY

Richard Messer and Joyce Crabtree Messer



Richard and Joyce Messer celebrated their 60th wedding anniversary on June 29. They have seven children: Scott (Marcie), Michelle (Chuck), Lori, Steven (Roberta), Mark (Amanda), Jeff, and Brett (Hillary). They love their 31 grandchildren and five great-grandchildren who celebrated with them. Happy anniversary, Richard and Joyce.

JUNE 2016 CARRIER of the MONTH



Ellen Orlemann, Parowan

Desires LOVE.

Denies LOVE.

Much Ado about Nothing

The Tony Award-winning Utah Shakespeare Festival is not just a theatrical presentation - any more than the Taj Mahal is just a house. It's eight of the liveliest, most professionally-produced plays this side of Broadway.

Drama, comedy, Shakespeare, contemporary theatre and a few genres in between. And it's conveniently set in the midst of Cedar City's stunning new Beverley Center for the Arts.

But wait, there's more: The interactive Greenshow, backstage tours, play seminars, panel discussions with world-class cast members and artists, plus enlightening play orientations. And a nearby renowned national park or two, or three.

No wonder it's called a festival. It's also quite accurately referred to as **The Greater Escape.**



June 27 - October 22
 Much Ado about Nothing • Henry V
 The Three Musketeers • Mary Poppins
 The Cocoanuts • Julius Caesar
 Murder for Two • The Odd Couple

The Greater Escape.

UTAH SHAKESPEARE FESTIVAL

AT THE BEVERLEY CENTER FOR THE ARTS

800-PLAYTIX • bard.org • [#utahshakes](https://twitter.com/utahshakes)

Southern Utah Residents get half-price tickets on the day of the performance. Monday-Thursday. (Some restrictions apply)



PHOTOS BY JEFF LOWE

A CEDAR AREA INTERFAITH ALLIANCE choir and band performs during a patriotic concert July 3 at Christ the King Catholic Church in Cedar City.

Cedar Area Interfaith Alliance hosts annual patriotic concert

BY JEFF **LOWE**

Managing Editor

CEDAR CITY — Community members filled the meeting space at Christ the King Catholic Church in Cedar City to capacity July 3 to enjoy the Cedar Area Interfaith Alliance's annual patriotic concert.

The program featured musical performances from the CAIFA Choir and Band, as well as performances by a children's choir, under the direction of Melissa Leavitt, the Southern Utah Hand Bell Choir, directed by Donna McNabb, and Color Country Winds.

Father Bob Bussen, of Christ the King Catholic Church, opened the concert by welcoming the community to the event.

"We are delighted to have this opportunity to make available our sacred space for us to pray and sing and be together as we honor our country," he said. "CAIFA is a wonderful organization, an organization of various religions and religious communities that live here in the Cedar area."

Bussen took the occasion to share a story from his experience in sitting on a discussion and interview panel, comprised of various members of the religious community in the area, at the recent Governor's Honors Academy at Southern Utah University. He said one student, hoping to elicit some interesting responses, asked what is said of the other panel members behind their backs.

"I was pleased to say,

'Behind our back, we say exactly what we say to each other ... here in front of you. That's because, while you may think we're in competition with each other, we're all really good friends.'"

"Tonight is kind of a unique opportunity in Cedar City, where you can meet with your neighbors of varying faiths to give praise and thanks to God for the goodness of our country," he concluded.

The choir and band performed several patriotic musical selections, including "Give

Me Your Tired, Your Poor" and "America the Beautiful," interspersed with readings by members of the choir. The children's choir performed a medley of folk tunes and "Freedom Song," after which the Southern Utah Hand Bell Choir, with Emily Britt on piano, performed several numbers. The choir and band concluded with a tribute to George Cohan, with Bryan Paul as soloist, followed by "God Bless America," as the congregation, some waving American flags, joined in the final verses.

Ruth Kinney concluded the concert with an inspiring reading just prior to the benediction and community ice cream social.

"Each of us is responsible for the effort we make as a community to come together in unity to do the work that makes a community, built solidly on a firm foundation of faith and hope, a community of welcome, of nurture for our youth to bring them up to be the sons and daughters of that faith and hope," she said.

"On March 4, 1865, President Abraham Lincoln delivered his second inaugural address to a hurting, yet hopeful nation, just as we are today," she continued. "May his words once again become the song and the heart cry of the American people. 'With malice toward none, with charity for all, with firmness in the right as God gives us to see the right, let us strive on to finish the work we are in.' 'With high hope for the future,' God bless America."



FATHER BOB BUSSEN, of Christ the King Catholic Church, speaks to community members during the annual CAIFA patriotic concert.

Church Directory

Calvary Chapel
101 E. Nichols Canyon Rd.
Suite A-6, Cedar City
10 a.m. - Sundays,
7 p.m. - Thursdays
867-8188

**Cedar City Seventh Day
Adventist Church**
4571 N. Hwy. 91, Enoch
11 a.m. - Saturdays
592-2142

**Christ the King
Catholic Church**
690 S. Cove Drive, Cedar City
9 a.m. & 7 p.m. - Sundays
Spanish Service
11:45 a.m. - Sundays
586-8298

**The Church of Jesus Christ
of Latter-day Saints**
Cedar City Stake
155 E. 400 South, Cedar City
586-8381
9 a.m. & 11 a.m., - Sundays
Enoch Stake
3600 N. Minersville Hwy., Enoch
586-5950
9 a.m., 11 a.m. &
1 p.m. - Sundays
Parowan Stake
90 S. Main St., Parowan
477-8929
9 a.m. & 1 p.m. - Sundays

Church of Christ
1075 S. Fir, Cedar City
11 a.m. Sundays
586-9534

**Community
Presbyterian Church**
2279 N. Wedgewood Ln.,
Cedar City
10 a.m. - Sundays
Childcare Available
586-8891

First Baptist Church
324 W. 200 North, Cedar City
11 a.m. - Sundays
586-6994

Grace and Truth Fellowship
A Church of Christ
195 W 650 S, Cedar City
10 a.m. & 11 a.m. - Sundays
6 p.m. - Wednesdays
238-3886

Grace Christian Church
845 West 200 South,
Parowan
10:30 a.m. - Sundays
7 p.m. - Wednesdays
590-1663

**Kingdom Hall of
Jehovah's Witness**
620 E. Nichols
Canyon R., Cedar City
7 p.m - Thursdays,
10 a.m. - Sundays
867-1837

**Light of the Valley
Fellowship Church**
995 S. Regency Rd., Cedar City
(Brookdale Senior
Solutions)
1:30p.m. - Sundays
590-7362

Mountain View Baptist Church
1160 S. 860 West, Cedar City
11 a.m. & 6 p.m. - Sundays
865-1211

New Life Church
Spring Hill Suites
1477 S. Old Hwy 91, Cedar City
10 a.m. Sundays
233-0047

**Parowan United
Methodist Church**
190 N. Main, Parowan
10 a.m. - Sundays,
6:30 p.m. - Thursdays
477-1334

**Potters House Christian
Fellowship Church**
732 North Main,
Cedar City
11 a.m. & 6:30 p.m. - Sunday's
7:30 p.m. - Wednesdays
695-8212

**Red Hills Southern
Baptist Church**
4277 N. Wagon
Wheel Dr., Enoch
10:45 a.m. - Sundays
865-7068

Sonrise Christian Fellowship
201 E. 3800 N. Enoch
(Gateway Academy)
10 a.m. - Sundays
586-3640

**St. Jude's
Episcopal Church**
70 N. 200 West, Cedar City
10 a.m. - Sundays
586-3623

Trinity Lutheran Church
410 E. 1935 North,
Cedar City
10 a.m. Sundays
586-7103

True Life Center
2111 N. Main St., Cedar City
9 a.m. & 11 a.m. -
Sundays
867-0405

Valley Bible Church
4780 N. Hwy 91, Enoch
11 a.m. - Sundays
586-0253

**Westview Christian
Center**
2624 W. Hwy 56, Cedar City
11 a.m. - Sundays,
6:30 p.m. - Wednesdays
865-1550

If your church in Iron County
is not listed in this directory or if any
information is incorrect, please call 867-1865
or email news@ironcountytoday.com

Schools



PHOTOS COURTESY OF SUU MARKETING COMMUNICATION

Southern Utah University students experience life abroad

BY SUU MARKETING COMMUNICATION

Special to Iron County Today

CEDAR CITY – According to a recent graduate study by IES Abroad, students who study abroad have higher acceptance rates into graduate schools, secure jobs more quickly and have higher starting salaries than their classmates.

For that very reason, more than a hundred Southern Utah University students took their education from the classroom into the world with the study abroad opportunities offered by SUU this summer.

The study abroad program, which is organized through the Sargon Heinrich Global Engagement Center, took 134 students with 27 majors to 16 countries from Ireland to Australia.

Sierra Bonner, a senior strategic communication major from Heber City, Utah, traveled to Tonga and witnessed the differences in cultural communication styles. By observing the Tongans and experiencing their generosity, Bonner learned more about the importance of being grateful and helping others.

“I have changed my entire outlook on life just from spending those two weeks abroad,” said Bonner. “Having the opportunity to immerse myself into the Tongan culture and meet people on the island was something I’ll always cherish and never forget.”

Shon Spevak went to Central Europe to study about compar-

ative public policy. It surprised him how easy it was to connect with the people and realized that, despite language barriers and cultural differences, people all over the world have a lot in common.

“My experience was top-notch,” Spevak said. “Never once did I feel like our time was being wasted. I loved every minute of the trip. I love SUU and the education that I’ve gained by being part of the institution.”

Elizabeth Judd, a senior Spanish major from Maplewood, Minn., traveled to Costa Rica to improve her language skills and learn more about the culture. She spent three weeks volunteering at an orphanage and one week doing service in one of the poorest neighborhoods in Costa Rica.

“If I could relive my month in Costa Rica, I would in a heartbeat,” Judd said. “It was an incredible feeling to not only expand my horizons and experience a new culture, but to also leave a positive mark on the place I visited.”

Studying abroad provides the opportunity to take education out of the classroom and into the world. Students are able to learn from different cultures, find new interests, serve, improve language skills and make lifelong friends.

To learn more about the SUU study abroad program, visit the Sargon Heinrich Global Engagement Center website at www.suu.edu/academics/study-abroad/index.html.



STUDYING ABROAD PROVIDES THE OPPORTUNITY to take education out of the classroom and into the world. Students are able to learn from different cultures, find new interests, serve, improve language skills and make lifelong friends.



Cedar City student among graduates of Utah Connections Academy

BY UTAH CONNECTIONS ACADEMY

Special to Iron County Today

CEDAR CITY – Utah Connections Academy, a tuition-free, online public school serving students statewide in grades K-12, hosted its annual high school graduation ceremony at Thanksgiving Point in Lehi June 2. Students traveled from all over the state to receive their diplomas.

Britnie Hafen, of Cedar City, was among the 67 students who earned their high school diplomas through the fully-accredited school, which offers a high-quality, college preparatory curriculum. Graduation was even more

meaningful for the students who attended the ceremony because many of them met each other for the first time.

More than 60 percent of UCA graduates have indicated they will continue their education and immediately enter colleges and universities, while approximately 30 percent have indicated they will attend vocational school, enter the military, start careers or pursue other plans. Combined, the school’s graduates reported receiving more than \$83,000 in scholarships.

For information about Utah Connections Academy, visit www.UtahConnectionsAcademy.com.



PHOTO COURTESY OF UTAH CONNECTIONS ACADEMY

UTAH STATE SEN. LINCOLN FILLMORE addresses the Utah Connections Academy 2016 graduating class at graduation on June 2 at Thanksgiving Point in Lehi.

Obituaries



THINKSTOCKPHOTOS

The Division of Utah State Parks and Recreation announces new Honor Pass

BY MICHELE HILL
Moab Travel Council

UTAH – The Division of Utah State Parks and Recreation will offer a free Honor Pass to qualified veterans who are Utah residents and who were honorably discharged, and have a service-related disability rating of 50 percent or greater.

Veterans meeting this requirement will need to provide a current Summary of Benefits letter issued by the Department of Veteran Affairs in order to obtain the Honor Pass at select locations across Utah.

Honor Passes will be available at most state

parks starting July 1. Visit www.stateparks.utah.gov/resources/veterans-honor-pass for updates on current distribution sites before you leave to pick up a pass.

The Honor Pass is valid for day use admittance only to all state parks for the qualified veteran and up to seven guests in the same private vehicle.

Honor Passes are only valid when in possession of the qualified veteran to whom they were issued and are nontransferable.

The Honor Pass is also not valid for special fees and charges within state parks, including camping fees, golf greens fees and special program fees.



STATEPARKS.UTAH.GOV

Raedell Jean Robison Woolsey

Raedell Jean Robison Woolsey passed away peacefully on Friday, June 24, 2016 in Cedar City, Utah at the age of 75. Raedell was born Jan. 29, 1941 in Ogden, Utah to Elmo J Robison and Rose Dot Bronson.

She graduated from Cedar High School in 1959.

In 1972, she married Frank LaVoy Woolsey for time and all eternity in the St. George temple. They made their home on the Woolsey Ranch and proceeded to raise three daughters.

Raedell was a strong, patient, and graceful woman who put family above all. She was a stalwart and faithful servant of the LDS Church. She was set apart as a missionary for four years when she was only 10 years old, and was a chaplain for the Daughters of Utah Pioneers more recently. She found joy in visiting teaching and temple work.

She was the true rancher's wife: cooking at roundup, growing her garden, and spending time on the mountain and desert. She loved to read and crochet, and was always fascinated with archaeology and Native American history.

Raedell is survived by her husband, LaVoy; daughters, Angela (Chris) Goodbar of Centerville, Utah, Katrina (Duane) Blunt, Krystal (Rylee) Munns both of Cedar City, Utah; brother, Dennis (Amy) Robison of Farmington, N.M.; sisters, Tamara (Jay) Smith of Las Vegas, Nev., Lainna (Joe) Hill of Fort Smith, Ark., Yvonne Wray of Farmington, N.M., Cheryl (Doug) Burrow of Glendale, Ariz.; nephew, Greg (Michelle) Turnbeaugh of Cedar City, Utah; grandchildren, Brenton, Jadeian, Paislee, Reata, McKenzie, and Shane; and four great-grandchildren. She is preceded in death by her parents.

Funeral services were Thursday, June 30, 2016 at the Cedar City North Stake Center, 370 N. 4050 West. A viewing was Wednesday, June 29, 2016 at Southern Utah Mortuary, 190 N. 300 West, and on Thursday, June 30, 2016 before services at the Cedar City North Stake Center. Interment will be at the Cedar City Cemetery. Online condolences can be made at www.sumortuary.com.

The family would like to thank the staff of Cedar City Intermountain Hospital and Kolob Care Center for their loving care and compassion. We are fortunate to have such facilities.



Clare Sherry Ellingson

Clare Sherry Ellingson, age 81, returned peacefully to his Heavenly Father on June 26, 2016 in Cedar City, Utah. He was surrounded in love by some of his children, grandchildren and his best friend and beautiful wife of almost 58 years, June.

Clare was born in Lethbridge, Canada on Jan. 11, 1935. He served a 2 1/2-year mission for The Church of Jesus Christ of Latter-day Saints in Norway. Afterwards, he attended BYU where he met and married June Nythel Dudley on July 11, 1958 in the Idaho Falls Temple. He received his Bachelors of Arts in Economics and Statistics from BYU.

He has had the blessing and opportunity to call many places in the world his home, including Calgary, Alberta; Sydney, Australia; Provo, Utah; Las Vegas, Nev. and most recently Cedar City, Utah.

Clare never had a stranger in his life. Within minutes of meeting Clare for the first time he would discover a friend, relative or interest in common that would lead into a conversation. He could make you feel like you've known each other for decades and he always had a joke or two to work into every conversation.

A huge aspect and less known trait of his life were his humanitarian efforts and love for his fellowman. Along with his wife, he would quietly spend countless hours preparing and serving meals to the homeless and providing them with socks and blankets.

He also served as a Chaplain in the Indian Springs Prison and, along with June, as Addiction Recovery Missionaries in Las Vegas and Cedar City. He will be remembered for his love of singing and never being able to hear a hymn without either joining in or humming along. He loved woodworking and poetry and he was also known for his super human strength in arm wrestling.

His parents, Sherwood and Etta Conlon Ellingson, precede him in death. He is survived by his wife, June; his sister, Mary Esther (Donald) Stephenson; six children, Craig (Keila) Ellingson, Tracy (Lynda) Ellingson, Kirsten (David) Fields, Kari (Richard - deceased) Vidal, Vicki (Scott) Perkins, Marnie Palang; and 17 grandchildren.

Funeral services will be Friday, July 8, 2016 at 11 a.m. at the Cedar City Stake Center on 155 E. 400 South. Interment will be in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be made at www.sumortuary.com.



Luana Peterson Larsen

Luana Peterson Larsen, our beloved wife, mother, grandmother, great-grandmother, sister, aunt, cousin, friend and neighbor, passed away June 20, 2016 in West Jordan, Utah.

She was born March 21, 1934 in Salt Lake City, Utah to George Victor and Thelma Chidester Peterson. She was married to Harrison Ford Simmons on June 26, 1954 in Malad, Idaho. They were later divorced.

She married Garth W. Larsen on Aug. 25, 1981 in Aurora, Utah. Their marriage was later solemnized in the Manti LDS Temple.

Luana's children are Karrie Owens, Shauna and Art Polson, Christi and Dillon Dwyer, Robin and Jerry Mortensen, and Jacki and Brent Terry. Her step-children are Debbie Anderson, Danny and Pam Anderson, Mark Anderson, and Stephen Larsen.

She has 25 grandchildren and 16 great-grandchildren. Her sisters are Geneal Simmons and Rhea Burt.

She is preceded in death by a daughter, Denise Simmons; a grandson, Tyson Simmons; and a brother, George Wayne Peterson.

Funeral services were June 27 at the Aurora 2nd LDS Ward Chapel in Aurora, Utah.



Ruth Marie Bess Wheeler

Spunky and vigorous! Nothing could dim the spark of this sassy, redhead whose zest for life and feisty spirit lightened all those around her.

She could be seen strolling the stores, playing video poker, and quilting masterpieces. Her quilts are cherished by all who received one and while they still warm our bodies it was her kind-hearted nature that now continues to warm our souls.

On June 19, 2016, Marie, 80, struck the jackpot as she triumphantly passed alongside her loved ones after a courageous and graceful battle with lung cancer. Instead of cleaning her already spotless house, she is now cleaning up the heavens and whipping her late husband back into shape.

Much like the puzzles she loved to assemble, her life was composed of many pieces. A mother who committed her life to raising her family, a passion for yard work, a love for the outdoors and travel, and laughter that could be heard from miles away; often when she got a rise out of someone after a well thought out scare. Whether it be hunting, camping or fishing, Marie took life by the reigns and lived it to the fullest.

She is preceded in death by her husband, USMC Veteran Edward Wheeler, parents Joseph "Doad" Bess and Elsie Mosdell Bess, four sisters and nine brothers. She is survived and will be dearly missed by her four children, MaNaun Middleton (Chris), Penny McCollum (Steve), Paul Wheeler (Bonnie), and Laura Majors (Michael); as well as seven grandchildren; six great-grandchildren; and her brother Keith.



Joan Cox Hafen

Joan Cox Hafen was born Nov. 6, 1936 in Rockville, Utah to Julius and Genevieve Cox. She was the fifth of 10 children.

Joan grew up in Rockville, spending much time in Zion National Park. As a teenager, she worked at Grandma's Kitchen as a waitress, as well as babysitting the owner's children. She also worked as a housekeeper at the North Rim of the Grand Canyon.

She graduated from Hurricane High School in 1955.

She met Donald Weston Hafen and after only six weeks of courting, they were married in Joan's parents living room on April 25, 1959. They were sealed for time and eternity in the St. George Utah LDS Temple on Sept. 29, 1960.

Joan spent her married life working side by side with Donald, taking care of their family business, Hafen Nursery, driving truck and hauling plants. This is where they taught their children the important value of hard work.

Her life could be summed up on one word: service. She spent her life in service to family, friends, and church. She gave endless service to her children, especially to her handicapped daughter, Donita, working tirelessly each day since Donita was born to make sure she had every need attended to.

Joan was a faithful member of The Church of Jesus Christ of Latter-day Saints. She accepted and magnified every calling extended to her.

Her hobbies included hand sewing, quilting, playing the piano, playing bells in the bell choir, and spending time with her family.

She was a colon cancer survivor, but due to the many years of the effects of it and subsequent surgeries, she passed into eternity on Wednesday, June 22, 2016, in Las Vegas, Nev.

Joan is survived by her loving sweetheart of 57 years, Donald Weston Hafen; her children, Donita, Jolynne Barnum (Dennis), Monica McDonald (Bruce), and Russell Don (Cassandra); 12 grandchildren; nine great-grandchildren; and three siblings, Kola Wittwer (Clifford), Sharon Hunt (Billie), and Dexter Cox (Colleen).

Our family would like to thank the doctors and nurses at Valley Hospital for the compassionate service given to our mom.

Services were Friday, July 1, 2016 at Black Mountain Stake Center, 400 S. Water Street, Henderson, Nev. A viewing was before services.

Interment was at the Ivins City Cemetery, Ivins, Utah on July 5, 2016.

Mary Ann Winstel

Mary Ann Winstel from Enoch, Utah passed away peacefully, surrounded by her family on Wednesday, June 29, 2016 at the age of 78. Mary Ann was born to Roy and Eileen Humes on Dec. 7, 1937, in Follansbee, W.Va. She grew up with two sisters, Helen and Laura, and one brother, Roy.

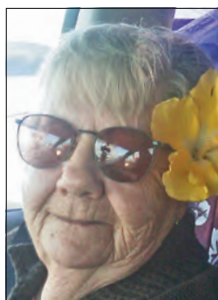
She married Robert John Winstel on June 22, 1954. The couple lived in Southern California and raised four children.

She was preceded in death by her husband, Robert, and her daughter Tammy.

She is survived by her daughter Debora and her husband, Scott Baugh; her daughter Lori; her son, Robert, and his wife, Janinne; her grandchildren, Scott, Landon, Edward, Breanna, Zachary, Vanessa, Rachel and Robert (Robbie); and her beloved pets, Tuffy and Max.

Mary Ann was a homemaker. She loved cooking and liked to crochet and watch home improvement shows in her spare time. She enjoyed trips to Mesquite, Nev. to play bingo and the slots!

There are no services being held at this time. Arrangements are being handled by Southern Utah Mortuary. Online condolences can be made to the family at www.sumortuary.com.



SPORTS TODAY

WWW.IRONCOUNTYTODAY.COM

WEDNESDAY, JULY 6, 2016

Southern Utah sparkles as host to Pro Watercross event



PHOTO COURTESY OF DAVID CORDERO

IN ITS 21ST YEAR OF RACING, Pro Watercross features some of the world's most-skilled athletes on machines that reach speeds of more than 85 miles per hour.

HURRICANE — The red rocks and sparkling blue beauty of Sand Hollow State Park served as a backdrop to an exciting weekend of Pro Watercross racing June 24-25.

The fourth event of the Pro Watercross circuit, dubbed the Red Desert Championship, featured the top watercraft athletes in the world, as well as a healthy contingent of amateurs — some as young as 10 years old.

"The athletes are incredible, the racing keeps fans spellbound and the scenery is second to none," said Kevin Lewis, director of the St. George Area Sports Commission. "It's a fascinating event and we want to continue to turn up the excitement on a local level."

In its 21st year of racing, Pro Watercross features some of the

world's most-skilled athletes on machines that reach speeds of more than 85 miles per hour. In the marquee event of the weekend, Toshi Ohara of Chiba, Japan, tore through the water June 25 claiming the Pro-Am Ski GP title.

Other professional winners included Mark Gomez (freestyle), Troy Snyder (Box Stock), David Cabrera (Ski Stock), Sam Nehme (Sport GP), and Trey Frame (Runabout GP).

"We are so thrilled to have made this stop again on our national tour," said AJ Handler, CEO of Pro Watercross. "Hurricane and St. George were great hosts for us. They truly roll out the red carpet and do their best to help us make this event a success."

Race officials were thrilled with the numbers from the live online

streaming. Using Facebook Live, the feed had an organic reach of 300,000 — which means significant exposure for the Southern Utah area.

"The success of the live streaming is a win for tourism here in St. George," Lewis said. "Those folks watching online from all around the world are getting a taste of the surreal natural beauty that we are lucky enough to be around every day. It was a wonderful weekend and we look forward to another great event next year."

A TV broadcast of the event will air on Altitude Sports Television at a date to be released later. For more information about the Pro Watercross Tour, visit www.prowatercross.com.



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Johnson sisters suit up as Thunderbird teammates

BY SUU ATHLETICS - STRATEGIC COMMUNICATIONS

Special to Iron County Today

CEDAR CITY – The idea of Whitney and Kiana Johnson playing on the same college team had been talked about, but neither of them really saw it coming to fruition.

This upcoming season, the sisters will be suiting up for Southern Utah University as members of the women's basketball team, together on the court.

"It has always kind of been our family's dream that we would play together," Whitney said. "We've always wanted to, and it was always a dream to play at the college level. Never thought it would actually happen, but now that it has, it's a dream come true."

Kiana echoed many of the same sentiments, saying she can't wait to be on the floor with her sister in a Southern Utah jersey.

"I've always wanted to play with my sister, and it's really cool how it came together," Kiana said. "It's

really important for me to play with her because we play different positions, so we have an opportunity to work together on the floor and work that sister telepathy."

Unlike what you would expect with sisters, the duo had very different paths to Cedar City.

Whitney played her high school ball at Lone Peak in Utah, and Kiana played her high school career in Tuscaloosa, Ala. after the family moved in the years separating the two players.

Most recently, Whitney played for the New Mexico Lobos and Kiana spent a year at Northern Colorado before embarking on an LDS mission.

"Even when people ask us where we're from, I say New Mexico and she says Alabama, so our hearts are in

completely different places," Whitney said. "We really have had very different life experiences in general, so it makes it fun working together because we've known each other our whole lives but we're constantly learning new things about each other and learning to work together on and off the court."

With the two competitors growing up together, it was safe to assume two college basketball players would have some memories of some pretty solid pick up games, which they both confirmed.

"The one 1-on-1 game that I remember, and will never forget, is when we were at the church and we were playing 21 and I beat her 21-0," Kiana said while beaming from ear to ear. "So then from then on I knew I could beat her."

Whitney responded with a smile on her face, "I have no recollection of that game, I don't think it actually happened, she probably dreamed it."

Whitney also said the type of player they both are makes 1-on-1 contests very intense, and she had the final word when it came to what really happens when the two play.

"It's obviously very competitive," she said. "Both of us hate to lose, both of us get very angry when we lose. We actually haven't played 1-on-1 since she's been back from her mission, because we know we'll both get angry, so we're just trying to stay on good terms. But I win the majority."

When the season starts and the two players are able to be out on the floor in the Centrum Arena together, they know their familiarity will play a big factor.

"We're definitely already hard on each other," Kiana said. "We hold each other to a higher standard for sure, even if they're unrealistic."

Whitney echoed many of the same sentiments.

"It helps us improve, because even though we hold each other to higher standards we have each other's back and we do understand each other emotionally and mentally in ways that nobody else can," she said.

"Never thought it would actually happen, but now that it has, it's a dream come true"

—Whitney Johnson

SISTERS WHITNEY AND KIANA JOHNSON will suit up for the Southern Utah University women's basketball team this fall.



IRON COUNTY TODAY

LITTLE LEAGUE ALL-STAR baseball and softball tournaments will begin in Cedar City this week, with champions being crowned July 9 and July 12.

Little League All-Star baseball, softball tournaments set to begin

BY TOM ZULEWSKI

Sports Writer

The end to another Little League season has come in Cedar City, and the annual All-Star tour-

naments for baseball and softball are set to begin at Veterans Park and Fields on the Hill.

Tournaments in all divisions – from 9-10 year-olds to Juniors – begin today.

Champions will be crowned for softball and U13 baseball on July 9, while all other divisions play their title games July 12.

Here is the schedule of games for today, July 6:

Baseball 9-10:

Cedar American vs. Washington, Noon (Veterans Park Field 8); Snow Canyon vs. Dixie, 5 p.m. (VP Field 8)

Baseball 10U:

Cedar National vs. Snow Canyon, Noon (Veterans Park Field 7); Parowan vs. Grantsville, 2:30 p.m. (VP Field 8); Cedar American vs. Dixie, 7:30 p.m. (VP Field 7).

Baseball 11U:

Snow Canyon vs. Cedar National, 2:30 p.m. (VP Field 7)

Baseball Majors:

Washington vs. Parowan, 5 p.m. (VP Field 7); Cedar American vs. Enterprise, 7:30 p.m. (VP Field 8)

Baseball 13U:

Washington vs. Cedar National, 10 a.m. (VP Field 10); Dixie vs. Cedar American, 1 p.m. (VP Field 10)

Baseball Juniors:

Enterprise vs. Snow Canyon, 4 p.m. (VP Field 10); Washington vs. Cedar National, 7 p.m. (VP Field 10)

Softball Minors:

Cedar American vs. Cedar National, 10:30 a.m. (Fields on the Hill, Field 3). Winner faces Parowan at 1 p.m.; Dixie vs. Washington, 3:30 p.m., Field 2; Snow Canyon vs.

Enterprise, 3:30 p.m., Field 3. Winners face each other at 6 p.m. on Field 3, losing teams play on Field 2.

Softball Majors:

(all games at Fields at the Hills Field 4) Cedar American vs. Cedar National, 11:30 a.m.; Snow Canyon vs. Washington, 2 p.m. Snow Canyon-Washington winner plays Dixie at 4:30 p.m., and the Cedar American-Cedar National winner plays Enterprise at 7 p.m.

Softball Juniors:

(all games at Fields at the Hills Field 1): Washington vs. Enterprise, 4:30 p.m.; Cedar American vs. Cedar National, 7:30 p.m.

Winners in the Majors and Juniors divisions for baseball and softball earn spots at the Little League and Junior League West Regionals.

Majors Baseball:

San Bernardino, Calif., Aug. 7-13.

Juniors Baseball:

Vancouver, Wash., Aug. 3-10.

Majors Softball:

San Bernardino, Calif., July 22-29.

Juniors Softball:

Tucson, Ariz., July 15-21.



PHOTO COURTESY OF SUU ATHLETICS STRATEGIC COMMUNICATIONS

For Yonce, Summitt stood tall in women's hoops

BY TOM ZULEWSKI
Sports Writer

The death of long-time University of Tennessee women's basketball coach Pat Summitt on June 28 due to Alzheimer's disease was mourned far and wide among those who knew her and those who were fans of the team. That impact reached all the way to the Southern Utah women's team and touched assistant coach Robert Yonce on a personal level.

Yonce, who is in his third season on the staff of coach Chris Boettcher, attended school in Knoxville from 2008 to 2012 and served as a practice team player under Summitt in his first two years. The Lady Vols won their last national championship under Summitt the spring before Yonce arrived in 2008, and he quickly learned how bright the competitive fires burned.

"She was a hard worker who demanded the best out of you every day," Yonce said. "Not only her players, but the managers, coaches and practice players. She wanted us to come in and really compete against (the players) to give them a good look."

"We did drills, run different offenses and defenses, whatever they wanted us to run."

There were only two guidelines for Yonce and his fellow practice team players: Don't take a charge and don't run into the players. Everything else was fair game, and the bumps and bruises with Summitt's practices were plentiful.

"I remember taking elbows to the chest a couple of times from Glory Johnson, who is now a member of the L.A. Sparks," Yonce said. "There were times I was left with scratch marks and I got hit in the jaw with an elbow. They're very physical and they don't play lightly."

Yonce added if the practice team ever won any portion of a drill, the team would make sure to replay it until they won.

"Pat instilled that competitive nature in them to fight and have the will to win every time they stepped on the floor," Yonce said.

But just as important to the

SUU assistant was Summitt's appreciation for every person who was part of the Tennessee women's basketball program.

"Without her disease, she could remember every face and every name of every player she's coached," Yonce said. "That's phenomenal. She doesn't remember all the wins, but she remembered every player that came through her program. I'd even extend that to managers, the administration she worked with, even the practice players. She knew our names by the second or third practice that we were there."

"She wanted to know who you were, what your background was, why you were there, and she would help you in any way she could," he said.

Yonce coached with Summitt's only child, her son Tyler, for an AAU team while he was at the school, and he recalled how she was always there to check in.

"We'd come home and she'd ask us how our practice went," Yonce said. "Here was a legendary coach at the university level and she loved to let us talk about practice and how it went. She didn't always correct us, and was very good at listening. If you wanted her advice, she would give it."

After Summitt stepped down in 2012, Tyler

Summitt went on to become an assistant coach at Marquette. Yonce said it was a sad day when Summitt coached her final game.

"She loved the program so much, having her around was pretty special," he said. "Anytime you have a coach who's done it that long (38 years with 1,098 victories, more than any other Division I coach, men's or women's) and done it that well, it's going to be hard whenever she does step down."

Yonce credited Summitt for helping him get to where he is and said being a part of the Lady Vol family made a difference.

"It's a very special place," Yonce said. "Once you're there, you're always a part of it. She did a great job of making people better from the first day you met her till the last day you worked with her."

Pat Summitt was 64 years old.



PHOTO COURTESY OF SUU MEDIA RELATIONS

ROBERT YONCE, an assistant coach under Chris Boettcher at SUU, started his career as a coach/counselor at the Pat Summitt Summer Basketball Camp in Tennessee.



PHOTO COURTESY OF SUU ATHLETICS STRATEGIC COMMUNICATIONS

SEVERAL THUNDERBIRDS from the cross country and track and field teams are gearing up to qualify or be part of the Rio 2016 Olympic Games.

Thunderbirds chase the Olympic road to Rio

BY SUU ATHLETICS -
STRATEGIC COMMUNICATIONS
Special to Iron County Today

CEDAR CITY – The Rio 2016 Olympic games are looming on the horizon and with Opening Ceremonies slated to take place in Rio de Janeiro on Aug. 5, several Thunderbirds from the cross country and track and field teams are gearing up to either be part of the event or qualify to get there.

Former Bowerman Trophy winner and 2012 Olympian Cam Levins will be lacing up at the Canadian Olympic Trials on July 7, where he has hopes of qualifying for the games in Rio in both the 5,000-meter and the 10,000-meter.

Two current members of the Thunderbird cross country and track and field teams will also be competing in the Canadian Olympic Trials, as both Mike

Tate and Ibrahim Ahmed have their eyes on a spot on the Olympic team.

Tate, who is already set to represent Canada at the NACAC U23 Championships, will be running the 5,000-meter and the 1,500-meter at the Olympic Trials, while Ahmed will be competing in the 5,000-meter.

Another former Thunderbird will be attempting to make it to Rio, but as a member of the Brazilian Olympic team. Carlos Valley, who was a four-time Conference Champion and NCAA Regional Qualifier, is hoping to represent his country on the biggest stage.

A couple former T-Bird athletes will take the road to Rio as coaches.

Nathan Ott, who is currently a coach at Northern Arizona, and Greg Watson, who is coaching at Kansas State, will both be coaching athletes through the

Olympic Trials. Both coaches were Conference Champions as athletes during their time as Thunderbirds.

People can be involved in the Olympics in a handful of ways. For former T-Bird Jason Blackham, that means working with athletes from a medical standpoint. Blackham, who was an SUU athlete from 1997-2001, has been selected by the United States Olympic Committee to be a physician for team USA in Rio.

Jason's wife, Merrilee Blackham, was also involved in the Olympic process, as she qualified and competed in the USA Olympic trials for the marathon in February.

For all things SUU Track and Field you can follow @SUUTrackandxc on Twitter and Instagram and like the Southern Utah Track and XC page on Facebook.

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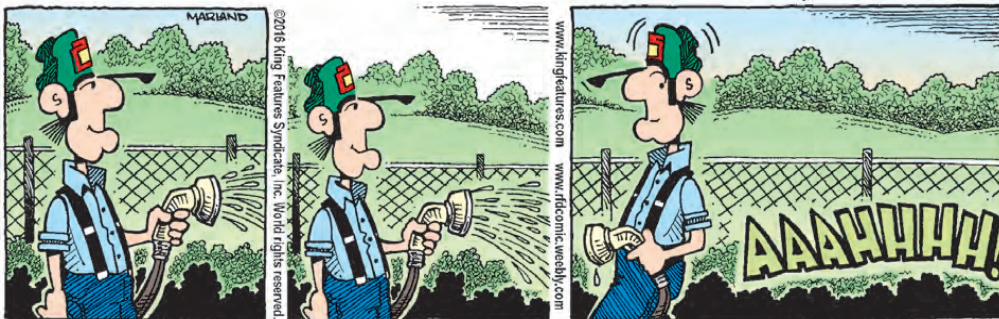
Amber Waves

by Dave T. Phipps



R.F.D.

by Mike Marland



The Spats

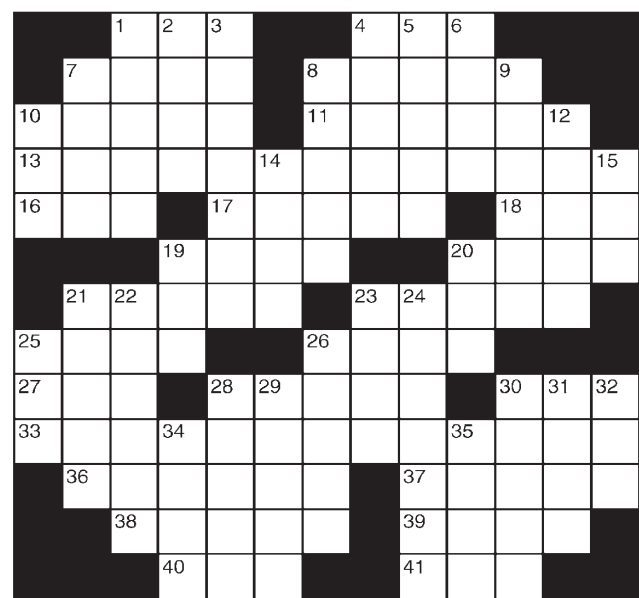
by Jeff Pickering



King Crossword

ACROSS

- 1 Integers (Abbr.)
- 4 Journey segment
- 7 Mr. Crockett
- 8 Baby's ailment
- 10 Roof edges
- 11 Parka
- 13 Square one
- 16 Chum
- 17 Jagged
- 18 Cattle call?
- 19 Portent
- 20 Show boredom
- 21 Accumulate
- 23 Carriages
- 25 Coagulate
- 26 "Peter Pan" pooch
- 27 Existed
- 28 Oddballs
- 30 Extinct bird
- 33 1996 movie title that's an anagram of 13-Across
- 36 Champagne + OJ
- 37 Two under par
- 38 Ship of the desert
- 39 Sore
- 40 Tex- -- cuisine
- 41 Speck



DOWN

- 1 Fleet-related
- 2 Finished
- 3 Methods
- 4 Yearns (for)
- 5 Run off to wed
- 6 Early helicopter
- 7 Information
- 8 Church law
- 9 Alligator's cousin
- 10 Kreskin's
- 12 Recognizes claim
- 14 Angers
- 15 Heavy weight grain
- 19 Cheerios
- 20 Nay canceler
- 21 Antitheft device
- 22 Tile art
- 23 Variety of shark
- 24 As a substitute
- 25 5 percent of a ton (Abbr.)
- 26 Kathmandu's land
- 28 Travelocity mascot
- 29 Newark's county
- 30 Strength
- 31 Siblingless
- 32 Candle
- 34 Mosque
- 35 Snack in a shell

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Weekly SUDOKU

by Linda Thistle

8			2			3
	7	9	8			
4	3				6	
	2	6			1	
6		1	9			
	3	4				8
		5	3			1
9			4	5		
	1	7				4

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

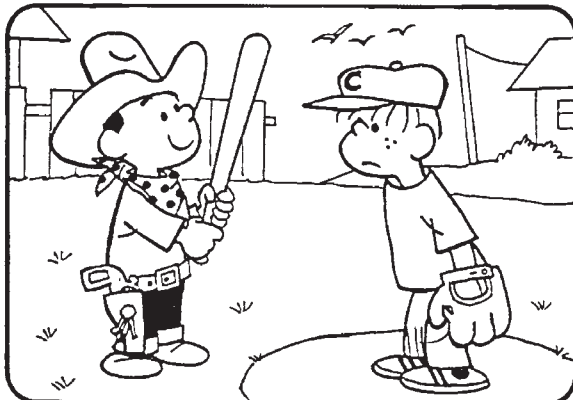
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Board is missing. 2. Gun in holster is moved. 3. Bandana is hidden. 4. Ball is missing. 5. Number is missing. 6. Glove is different.

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Trivia test

by Fifi Rodriguez

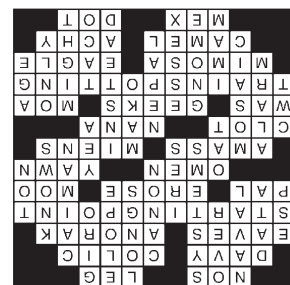
- GENERAL KNOWLEDGE: When was the European Union founded?
- MOVIES: In which animated Disney movie did the character of Sebastian appear?
- U.S. PRESIDENTS: Which president received a patent for a device that would lift boats over shoals and obstructions in a river?
- LANGUAGE: What does the Latin phrase "corpus Christi" mean?
- THEATER: Who wrote and composed the play "Camelot"?
- HISTORY: Where was the Constitution signed in 1787?
- MATH: What type of geometrical figure would the term "deltoid" describe?
- LITERATURE: Which author invented the character of Hercule Poirot?
- ANIMAL KINGDOM: What is a group of whales called?
- GEOGRAPHY: What is the longest river in Europe?

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8	9	6	5	4	2	1	7	3
3	2	7	1	6	9	8	5	4
5	4	1	3	8	7	2	6	9
7	8	2	6	9	3	4	1	5
4	5	1	3	8	7	2	6	9
3	2	7	1	6	9	8	5	4
8	9	6	5	4	2	1	7	3

Answer

Weekly SUDOKU



Solution time: 25 mins.

- Nov. 1, 1993.
- "The Little Mermaid".
- Abraham Lincoln.
- Body of Christ.
- Alan Jay Lerner and Frederick Loewe.
- Independence Hall, Philadelphia.
- A triangle.
- Agatha Christie.
- A pod or a gam.
- The Volga.

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IRON COUNTY Today

Photos Due:
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