



## THE ONLY FULL-TIME FULLY STAFFED AUDIOLOGY AND HEARING PRACTICE IN CEDAR CITY



Our staff is the most comprehensive team of hearing healthcare professionals of any hearing healthcare provider in Southern and Central Utah with a staff including a Doctor of Audiology, a Registered Nurse, Nationally Board-Certified Hearing Instrument Specialists, an Auditory Training Provider, and a Medical Assistant. If you are in need of a FREE Hearing Health Evaluation (\$150 Value) or a solution to better hearing and understanding you can trust our comprehensive team of providers and the longest tenured hearing care provider in the area.

**FREE**  
**REAL WORLD**  
**HEARING ASSESSMENT**  
(\$150 Value)

Our FREE Real World Hearing Assessment (\$150 Value) is the type of real-world testing that patients in Southern Utah have been clamoring for from their hearing healthcare providers. No longer do you have to sit in a quiet room and respond to random beeping. With our new testing capabilities you can see how well you understand in noisy places and real-life scenarios. Once we have assessed your ability to understand in noise, our Doctor of Audiology can prescribe the best course of corrective action for your particular need.



**Pamela Montgomery-Earl, RN, AuD**  
Doctor of Audiology,  
CCC-SLP/A, FAAA

**Justin Bateman, HIS-Intern**  
Hearing Instrument Specialist



**NILSSON**  
HEARING CLINICS

*Empowering Active-Aging*

**Cedar City Clinic (435) 233-7644**

1277 Northfield Rd. #A200 • Cedar City, Utah 84720

[www.NilssonHearingClinics.com](http://www.NilssonHearingClinics.com)

# WINTER PHOTO CONTEST



Photo by Brian Peck | 2014-15 Winter Photo Contest Winner

**Photos are due Jan. 20 at 5pm.**

**Winning photos will be published Jan. 27.**

There is a limit of one photo per entrant, and photos can be emailed to [design@ironcountytoday.com](mailto:design@ironcountytoday.com) or brought by our office at 389 North 100 West #12, Cedar City. Please include the name of the photographer and his or her city of residence with the submission. Call 867-1865 ext. 4 with any questions.

**IRON COUNTY Today**

**STEVE OGDEN'S FLOORING & DESIGN**

CARPET ■ CABINETS ■ COUNTERTOPS ■ TILE ■ HARDWOOD ■ LAMINATES

**TOP QUALITY CARPET AT Discounted Prices!**

up to **60% Off\*** \*15 Yard Minimum. Ends 1/30/16

2232 North Main St., Cedar City  
**435-867-1777 • [www.odgensflooring.com](http://www.odgensflooring.com)**

FOLLOW YOUR MUSIC.

DISCOVER the

**WESTMINSTER COLLEGE**

**MUSIC EXPERIENCE**

We will be in **St. George** at **Tuacahn Performing Arts High School** for regional scholarship auditions on **FEBRUARY 6, 2016.**

To schedule your audition or for more information, email [music@westminstercollege.edu](mailto:music@westminstercollege.edu) or call 801.832.2379.

**WESTMINSTER**  
SALT LAKE CITY

CALL OR VISIT US FOR ALL YOUR REAL ESTATE NEEDS

**435-586-2777**

259 W. 200 N., Cedar City

[www.cedarcityera.com](http://www.cedarcityera.com)

<p><b>EXECUTIVE HOME.</b>                  Builders personal executive home. Luxuriously upgraded. Crown Molding, hand carved solid core doors, amazing Chefs kitchen, island, subzero, walnut flooring, granite, built-in office. \$1,850,000  <b>JENNIFER 586-9775    MLS 74052</b></p>	<p><b>AMAZING VIEWS.</b>                  This is one of the better 23.03 lots in the area, all flat and usable. The views are breathtaking of the Kolob Canyons and Pine Valley mountains. \$290,000  <b>DEBBIE 590-0890    MLS 73562</b></p>
<p><b>CABIN.</b>                  Darling rustic cabin on 20 acres with animal rights. If you want privacy but not far from Hwy 14 then this is the place for you. Beautiful treed property with all kinds of wildlife at your door. \$350,000  <b>LEANNE 559-4356    MLS 72857</b></p>	<p><b>GORGEOUS HOME.</b>                  Gorgeous executive home recently remodeled with many upgrades, including new windows, recessed lights &amp; ceiling fans, kitchen remodeled last spring. \$155,000  <b>NAISBITT-BAGLEY TEAM 865-1019    MLS 73943</b></p>
<p><b>A MUST SEE.</b>                  Absolutely adorable! This 2 bedroom home is open, spacious, quiet with views! Newer home. Washer/dryer and fridge stay. Nice pellet stove. Great plan! 2 car garage, shed/shop. \$92,500  <b>BOB 327-1246    MLS 73789</b></p>	<p><b>SPACIOUS INSIDE.</b>                  Beautiful, spacious home in wonderful neighborhood. Sits on a cul de sac next to parks, walking trails and lake on the hill. Large covered patios to enjoy the views and yard. Large open floor plan with family rooms on each level, plus office/work shop. \$330,000  <b>CURT 691-9195    MLS 73806</b></p>

# IRON COUNTY Today



## INDEX

- Opinion..... 4
- Showcase..... 9
- Life..... 12
- Calendar..... 14
- People..... 15
- Obituaries..... 16
- Sports..... 17**
- Classifieds..... 20

WEDNESDAY, JANUARY 20, 2016

VOL. 8 NO. 7

## Parowan stitches together memories at city's 165th birthday celebration

BY COREY BAUMGARTNER  
Reporter

**PAROWAN** – The mother town of Southern Utah celebrated its 165th birthday on Jan. 13. Proud of its pioneer heritage, Parowan continues a legacy of community steeped in tradition and stitched together with love and unity.

The celebrations began Wednesday morning in the Parowan High School gymnasium, where elementary and high school students, dressed in pioneer and western attire, joined to perform dances and sing songs in honor of their historic hometown.

After the performances, the students took part in the grand march to symbolize the unity and togetherness of the Parowan schools and their community. The traditional march was led by Parowan Mayor Don Landes and his wife Bev, along with citizens of the year, Ron and Cherie Smith. Following the grand march, a special lunch was served to the public before the final event of the day, the town hall meeting, held in the Parowan auditorium.

During the meeting, the newest Parowan City Council member, Vickie Hicks, welcomed the audience and then spoke on the celebration's theme, "A Stitch in Time." Taken from the old proverb, "A stitch in time saves nine." The theme represents preparation and prevention. By doing something right the first time it will prevent more problems, or stitches, down the road.

Council member Hicks explained the theme as a description of Parowan's personality.

"Prevention, maintenance and conservation are the solution to almost all problems confronted by all of us as ordinary people," she said.

"America's infrastructure is sadly lacking. Everything from bridges to powerlines need a massive overhaul. However, we can pat ourselves on the backs for taking care of our city and its infrastructure."

SEE BIRTHDAY | 7



COREY BAUMGARTNER

**PAROWAN STUDENTS** dressed in pioneer and western attire performed dances and sang songs in honor of their historic hometown.



**A NISSAN XTERRA** was allegedly stolen in Cedar City Jan. 15 before the suspect led officers on a high-speed chase northbound on Interstate 15 and crashed the vehicle into a cement flood control tunnel.

PHOTO COURTESY OF CEDAR CITY POLICE DEPARTMENT

## Man leads officers on high-speed chase after allegedly stealing vehicle

BY CODY SMITH  
Reporter

**CEDAR CITY** – Cedar City police and Iron County sheriff's deputies apprehended a man Jan. 15 after he allegedly stole a running vehicle from a convenience store and led officers on a high-speed chase.

The owner of the Nissan Xterra witnessed 27-year-old Alex Patton get into the vehicle and drive off. The victim then alerted police of the theft at approximately 6:30 a.m. CCPD Sgt. Jimmy Roden said the victim left the vehicle unsecured and running.

Before long, CCPD officers located the suspect traveling north on Interstate 15. Roden said the officers attempted to stop the vehicle, but the driver fled.

Patton crossed the median and drove through oncoming traffic, which caused a significant risk to other vehicles on the

roadway, Roden said. Doing this, Patton forced several vehicles to the side of I-15. He narrowly missed a collision with an Iron County Sheriff's Deputy assisting in the pursuit.

Patton drove off the freeway and traveled through a barbed wire fence before crashing into a cement flood control tunnel that runs underneath the freeway and frontage road. As a result of the crash, the Nissan was disabled and officers took Patton into custody.

"Patton is currently being treated at Cedar City Hospital for what is believed to be significant drug impairment and for his injuries sustained during the crash," a police document stated. "He is listed in serious condition."

Following his release from the hospital, CCPD officials say Patton will be facing several charges including theft of an automobile, reckless endangerment and evading the police.

**ALL 2015 GMC MODELS ARE AT INVOICE COST!!! AND YOU KEEP ALL THE REBATES!!!**



TRI-STATE MOTORS



298 SOUTH MAIN, CEDAR CITY

435-586-6563

WWW.TRISTATEMOTORS.COM

**COME QUICK!** Only 10 models left including: GMC Sierra 1500 & 2500HD and GMC Terrain!

We're making room for the 2016's so come take advantage now! We also have special financing available on these models! **Rates as low as 2.69%!!!**

**GET YOUR BEST DEAL NOW** before they're all gone!!!

**2015 GMC Sierra 1500 4x4 SLE**

w/ 8" color touchscreen & integrated streaming Bluetooth, tow package, back-up camera and much more!

Original List Price: \$44,320

– Discount: \$7,411

**YOUR PRICE: \$36,909!!!**

# Controversy continues over use of public lands in the west

BY CRAIG BENNETT  
Reporter

**IRON COUNTY** – With the protestors at the Malheur Wildlife Refuge, the standoff at the Bundy Ranch in April 2014, and the conviction of San Juan County Commissioner Phil Lyman for an illegal ATV ride through a closed canyon, the use of the public lands in the west continues to be controversial.

But, could it, or is it, already happening right here in Iron County?

According to [www.nrcs.usda.gov](http://www.nrcs.usda.gov), Iron County is comprised of approximately 2,110,720 acres. Seventy-seven percent of Iron County is public land or urban lands. Most federal public land is administered by the United States Forest Service and the Bureau of Land Management. Much of the state land is administered by the School and Institutional Trust Lands Administration and the Utah Division of Wildlife Resources.

David Miller said, “It is happening here in Iron County. We live in a county that is very diverse. Many of the policies made don’t just include the use of federal land, it is use of land to do many things, build golf courses and shopping malls. The decisions,

groups are unduly influencing public land policies. Efforts are continuing to close right of ways and limit the use of public lands by these groups. They pursue it by working the legal system. For example, when ranchers are subjected to arbitrary decisions

ation in Harney County.

He said Dwight Hammond and his son, Steven Hammond, both ranchers from Harney County, have been sentenced to prison, not once, but twice. The Hammonds are in prison for starting a backfire – a common

and Ryan, and other ranchers are occupying the Wildlife Refuge building to make a stand for property rights throughout the United States. CNN News reported that dozens of heavily armed white people, some armed with semi-automatic weapons have taken over a federal government building in Oregon.

One of the first to react, according to CNN, was writer Elon James White, who started the social media hashtag, “OregonUnderAttack,” to portray how he felt people would react if the occupiers weren’t white.

“Did I miss the call for the national guard in Oregon? I recall them in Ferguson and Baltimore,” stated journalist Roland Martin in a widely shared tweet.

According to [www.thehill.com](http://www.thehill.com), Rep. Peter DeFazio, a Democrat from Oregon, wants the Justice Department to more aggressively go after the protesters.

*Iron County is comprised of approximately*  
**2,110,720 acres.**



**77%**  
*of Iron County is public land or urban lands.*

though, are made by the local community.”

“The local agencies, BLM, Forest Service and others, are employed by very talented people in this area,” he continued. “They live here and understand the needs of this area. The challenge is that very proactive, agenda-driven environmental

made in Washington D.C., the grazing permits of cattlemen can be deemed noncompliant and confiscated. It is un-American. Lands need to be managed locally and not on the federal level.”

Addressing the U.S House, Rep. Greg Walden, Republican for the 2nd District from Oregon, outlined his thoughts on the situ-

practice, even in Southern Utah, to prevent further damage to land – that burned 139 acres of public land, he said, adding that they will sit in prison, time served and time going forward, for five years under a law that was never intended to mete out that punishment.

The Bundy brothers, Ammon

SEE PUBLICLANDS | 8

# AUTO TITLE LOANS

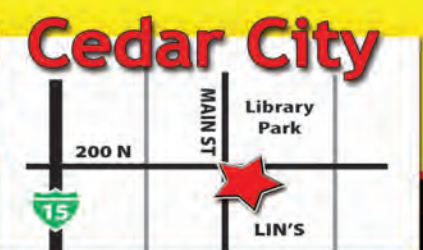
## ANY YEAR • ANY MAKE • ANYBODY

# 30 DAYS FREE

### LOWEST RATES • CASH IN 10 MINUTES!

# PAWN PLUS

## 586-PAWN (7296)



ON MAIN ST & 200 NORTH  
NEXT TO LIN'S MARKET

© 2012 On My Heck Marketing DMH 1732



COREY BAUMGARTNER

**CEDAR CITY MAYOR MAILE WILSON** congratulates January's employee of the month, Jennifer Weaver, of the Employee Advisory Council.

# Cedar City council approves plans for parking, payroll

BY COREY BAUMGARTNER  
Reporter

**CEDAR CITY** – The Cedar City Council has approved several key components to help maintain the city's growth by improving the quality of life for full-time city employees and university students.

The benefits of a recent compensation study of other Utah cities to determine employee rate increases is finally paying off. As approved at the Jan. 13 city council meeting, all full-time employees will receive a 2 percent pay increase and the process of bringing salaried employees closer to their minimum target salaries was also unanimously approved.

Another hot topic at the meeting concerned the success of Southern Utah University and the need for student housing. After several discussions, investigations and comparisons among local student housing projects, City Engineer Kit Wareham made the recommendation to adjust the current parking ordinance of 1.3 parking spaces per unit to .85 parking spaces.

The recommendation to decrease the parking spaces limit was debated diligently as concerns about safety and the privacy of nearby businesses,

such as the Southern Utah Mortuary across the street of the Leavitt Land project located on the southwest corner of 200 North and 300 West, were discussed.

The council approved the ordinance change; however, the voting was not unanimous. Council member Terri Hartley said she believes if the current ordinance of 1.3 parking spaces has shown to be working for current student housing trends, where more students are driving

the ordinance change would not be retroactive to other already constructed student housing locations, unless they choose to build additional units, which would now fall under the updated parking ordinance.

Other agenda items included the recognition of January's employee of the month, Jennifer Weaver, of the Employee Advisory Council. Kathy Dahl, public works executive secretary, representing the EAC, said of Weaver, "Her efforts are building more confidence among participants and she is very approachable and is able to communicate with the youngest participant and the most competitive coach."

Police Chief Bob Allinson also introduced two new police officers to be sworn in to duty. Officer Stenson Bergstrom and Officer Eamonn Taylor proudly took the officer's oath and are looking forward to serving the citizens of Cedar City.

Allinson also reminded the community to help keep watch over the cemetery as there have been several cases of serious vandalizing over the past few weeks. If anyone should witness suspicious behavior or have information, please call the police office at (435) 586-2956.

*As approved at the Jan. 13 city council meeting, all full-time [city] employees will receive a 2 percent pay increase*

cars and requesting single occupancy housing, reducing the number may create future parking problems.

Brent Drew, with Leavitt Land, assured the council that his numbers do not support every student owning a car and that additional parking has been purchased south of the mortuary and therefore .85 parking spaces would be plenty for current student parking needs, without being a burden to nearby businesses or local traffic.

Also noted was that

**Affordable Dentistry for the Whole Family**

Affordable Treatment & Convenient Hours  
Same Day Crowns • Digital X-rays  
Lumineers • Implants • Restorations  
6 Month Smiles • and More!

All About **Smiles**  
DENTISTRY  
RYAN S. GUNN DMD

Feel Comfortable and At Home  
**435.865.9797**  
409 S Main St, Cedar City, UT 84720  
CedarCitySmiles.com

SMILE

Looking for a Female Women's Healthcare Provider?

**Sheral Fish PA-C**  
Gynecology & Women's Health

**435-865-9500**  
110 W. 1325 N., Suite 300, Cedar City, UT

- ❖ Annual Female Physicals
- ❖ Birth Control Counseling
- ❖ Hormonal & Menopausal Management
- ❖ Premarital Exams
- ❖ Pelvic Pain
- ❖ Bladder Problems
- ❖ Abnormal Paps
- ❖ Abnormal Bleeding
- ❖ Bio-Identical Hormones
- ❖ Weight Management

The Cedar City Institute of Women's Health  
Obstetrics • Gynecology • Infertility • Gynecologic Surgery

**www.CCIOWH.com**

## Human nature for the rich and stupid

### Cyclops

BY BRYAN GRAY



It is human nature for some people (the economically privileged, for instance) to desire special pleasure and convenience. It is also human nature for many people to become overly emotional and anguished over events that realistically make little difference in their lives.

In Utah last week we saw both of these impulses.

We start off with a little-noted service at the Salt Lake City International Airport – premium reserved parking.

The concept, of course, is nothing new. Parking lots near sports arenas and downtown entertainment districts typically cost more than those two blocks away, and valet parking is a longstanding option. But the airport's new deal is only for the bling crowd. For \$50 a day (think how many families the Utah Food Bank would feed for that amount) Utahns can have access to 71 reserved parking spaces closest to the terminals. The lucky drivers will also have their own dedicated entry lane (so the Lexus won't have to associate with the riff-raff) plus concierge service with personalized staff assistance and travel accessories.

What a service! The next thing you know the reserved parking space will come with complimentary

mentary sushi, a shave and shoeshine, and a makeover at Nordstrom. The \$50 will save the driver the 5 minute wait for the parking shuttle and all the horrific torture of walking 50 steps to the TSA line – and I wouldn't be a bit surprised if those saving the 50 steps regularly pay a monthly fee to exercise at Gold's Gym. The lesson being that physical exercise is fine, but not for mundane tasks like walking through an airport.

The more publicized example of human nature was the announcement by the University of Utah that the men's basketball team would suspend its games with BYU. The Utes' "Coach K" gave a feeble reason that fans and players were increasingly turning violent during the "Holy War" matchup.

This announcement became the most talked about story of the entire week and I supposed it was only natural for a handful of fans to call their legislators and ask for a government response.

Okay, if I were a legislator receiving such a call I would say (sympathetically, of course), "I understand your concern and like you, I think the University of Utah's decision is silly. However, we lawmakers face critical challenges

that impact real lives. We have anywhere from 50,000 to 100,000 citizens who don't have reasonable access to health care, aging infrastructure needing repairs, we have the highest classroom loads of any state in the U.S., and our air quality is at times life threatening.

"With all these problems (and with my Republican promise to limit government interference) the last thing on my agenda is to worry about 30 scholarship players dribbling a ball. Frankly, I'd worry more about restraining the ridiculous cost of college tuition than I would about basketball schedules."

Yes, that's what I would say. But that's not what Utah Speaker of the House Greg Hughes said when asked about the issue on KSL radio. He had been deluged with angry calls, he claimed, and since the University of Utah receives state funding, he would be responsible for legislation forcing the Utes to play the Cougars.

I guess it's human nature to be stupid.

*The opinions stated in this column are those of the author and not necessarily those of the ownership or management of this newspaper.*



## TO THE EDITOR

### The benefits of vaccines

To the Editor:

I would like to respond to Roger Clyde's letter to the editor on the Gardasil vaccine appearing in the Dec. 16, 2015 edition of Iron County Today.

I am a board certified cardiologist who practiced invasive/interventional cardiology for many years. Now I work 85 hours a week focusing on patient education and preventive medicine.

I have no financial relationship with the pharmaceutical industry. In fact, the age population that relates to Gardasil is not an age group that I generally treat.

I do see, however, the ill-fated medical consequences that occur later in unvaccinated subjects. A patient of mine recently died of metastatic HPV related carcinoma (biopsy proven) who was not vaccinated with Gardasil. A patient of mine lost vision

in one eye from herpes zoster who was not vaccinated with the shingles vaccine. A child last week died in Las Vegas from influenza who was not flu vaccinated. I have had many patients succumb to pneumococcal pneumonia who did not get their Pneumovax injections.

Doctors base their treatment regimens on randomized controlled trials and outcomes data, not on

SEE LETTER | 8

# IRON COUNTY Today

www.IronCountyToday.com

389 N. 100 West, Suite 12 • Cedar City, Utah 84721

435-867-1865 • Fax: 435-867-1866

#### ADMINISTRATION

**R. Gail Stahle, Publisher**  
gail@ironcountytoday.com

**Deborah Martineau, Office Manager**  
officemanager@ironcountytoday.com

#### ADVERTISING

**Stu Piltz, Sales**  
stu@ironcountytoday.com • 435-463-9947

**Scott Stahle, Sales**  
scott@ironcountytoday.com • 801-755-5999

#### EDITORIAL

**Jeff Lowe, Managing Editor**  
news@ironcountytoday.com

**Tom Zulewski, Sports Writer**  
**Cody Smith, Reporter**

**Ashley Langston, Reporter**

**Corey Baumgartner, Reporter**

**Rachelle Hughes, Reporter**

**Craig Bennett, Reporter**

**Charley Walquist, Reporter**

#### LAYOUT/DESIGN

**Devin Christ, Creative Director**  
design@ironcountytoday.com

#### CIRCULATION

**Chad Westwood, S. Cedar City**  
chad@ironcountytoday.com • 435-590-9714

**Stormee Anderson, N. Cedar City/Enoch**  
stormee@ironcountytoday.com • 435-592-5724

**April Oliver, Parowan/Paragonah**  
april@ironcountytoday.com • 435-590-8922

# SUU celebrates grand re-opening of Leavitt Center

BY COREY BAUMGARTNER  
Reporter

**CEDAR CITY** – In 1998, SUU Professor Craig Jones, now emeritus professor of political science, gave his class the same test immigrants take before becoming citizens of the United States. The results were discouraging.

“None of you should be citizens,” Jones said as he reviewed the test results with his class. “You’ve got to learn more to be good citizens,” he remembers saying. In addition to helping his students, the test also led to an inspired vision.

“We’ve got to do more to improve the knowledge about citizenship and give our students a great experience,” said Jones, who envisioned a place on campus where politics could be discussed mutually and without the stigma of intimidation, which can often accompany and cloud political discussions.

On Jan. 12 that vision took a significant step forward with the grand re-opening of the Michael O. Leavitt Center for Politics and Public Service. Named

after former Utah Gov. Michael O. Leavitt, and located in the Sharwan Smith Center on the SUU campus, the Leavitt Center strives to help teach politics and

students, community members and city officials, Donna Law, executive director of the Leavitt Center, assured Jones that his vision was alive and well.

today,” she said.

“Politics affects everything we do,” she continued. “This is a really incredible gathering space for students and the community

the only political center at a university in the state of Utah.”

Also addressing those in attendance was Stuart Jones, SUU vice president of advancement and son of Professor Craig Jones. He began his remarks with a Chinese proverb that ends with “If you want happiness for a lifetime, learn how to serve.”

Jones explained, “This center was started to make a difference in the lives of others in neighborhoods and the nation through service.” In honoring the center’s namesake, Jones said, “Mike Leavitt is an amazing example of someone who not only devoted his life to his state and nation, but who I think is a powerful example to all of you students; that from here, you can go anywhere and I hope that’s what you choose to do.”

For more information on the Leavitt Center, visit [www.facebook.com/leavittcenter](http://www.facebook.com/leavittcenter). Community members and students are also welcome to visit the center on Wednesdays at noon for “Pizza and Politics” to discuss current events in the news and government.



COREY BAUMGARTNER

**CRAIG JONES**, emeritus professor of political science, cuts the ribbon at the grand re-opening of the Michael O. Leavitt Center for Politics at Southern Utah University Jan. 12.

encourage student participation throughout the government and their community.

Speaking to an audience of

“The words that you used to found this center, leadership, citizenship and service, are still the hallmarks that guide our work

to be able to come and talk about the breadth of politics ... What’s really great about this center is that it is run by students. We’re

# Cedar City Hospital receives national award for rural health performance leadership

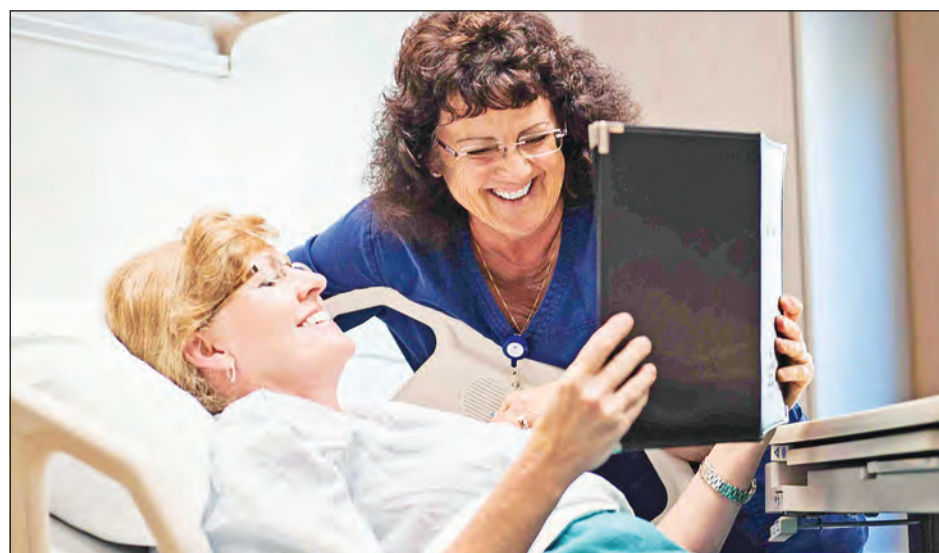


PHOTO COURTESY OF CEDAR CITY HOSPITAL

**CEDAR CITY HOSPITAL** was recently honored with the National Rural Health Day Performance Leadership Award.

BY BECKI BRONSON  
Special to Iron County

**CEDAR CITY** – Two major health organizations, iVantage Health Analytics and NOSORH (National Organization of State Offices of Rural Health) recently honored rural hospitals across the country with the “National Rural Health Day

Performance Leadership Award.”

One of the hospitals they selected to receive this award is Cedar City Hospital, which was found to have performed in the top quartile in all four categories by which the organizations measures: Quality, Outcomes, Patient Satisfaction, and Financial Stability.

The awards are based on findings from the iVantage Hospital Strength Index, which captures performance metrics from more than 4,000 acute care hospitals and more than 1,300 rural and Critical Access Hospitals. Facilities selected for the award were top quartile performers in one or more of four categories: Quality, Outcomes,

Patient Satisfaction, and Financial Stability.

Cyndi Wallace, interim administrator for Cedar City Hospital, said, “I am especially proud of this award because it shows not only our excellence in pro-

viding the very best care, but also achieving this in a rural area. Those of us who have lived in rural areas understand the inherent challenges that come from not being as connected and close to resources and

support than more urban areas can be. So we’re honored to receive this award, and are very proud of our outstanding staff and the exceptional care we are able to provide at Cedar City Hospital.”

Protect your world

Auto • Home  
Life • Retirement

**Call me today to discuss your options.**

Some people think Allstate only protects your car. Truth is, Allstate can also protect your home or apartment, your boat, motorcycle - even your retirement and your life. And the more of your world you put in Good Hands®, the more you can save.

**Mike Haight**  
435-586-3110  
1870 N. Main Street, #106  
Cedar City  
[michaelhaight@allstate.com](mailto:michaelhaight@allstate.com)

Call or stop by to see how much you can save.

Insurance subject to terms, qualifications and availability. Allstate Property and Casualty Insurance Co., Allstate Fire and Casualty Insurance Co., Allstate Indemnity Co. Life Insurance and annuities issued by Lincoln Benefit Life Company, Lincoln, NE, Allstate Life Insurance Company, Northbrook, IL. In New York, Allstate Life Insurance Company of New York, Hauppauge, NY, Northbrook, IL. © 2010 Allstate Insurance Co.



JEFF LOWE

**DR. CARLOS MERCADO**, left, poses with Tyler Patten, office coordinator, in front of the new Southern Utah Kidney and Hypertension Center in Cedar City.

# Southern Utah Kidney and Hypertension Center to open in Cedar City

BY JEFF LOWE  
Managing Editor

**CEDAR CITY** – Members of the Iron County community and surrounding areas now have access to the most advanced kidney and hypertension therapy available right in Cedar City.

The new state-of-the-art Southern Utah Kidney and Hypertension Center, located at 1320 N. Main St., will be fully operational by Jan. 25.

Drs. Carlos Mercado, Carlos Leon-Forero, and Nestor Almeida have been providing care to members of this community for several years. The creation of the new center is a culmination of combining their ability to care for patients with all the latest advances in medical therapy in a comfortable setting.

“We have a state of the art facility, not by the Southern Utah standards, but by world-wide standard,” Mercado said.

The main purpose of the center is to provide excellent care to patients who suffer from any kind of kidney affliction or hypertension. The location is divided into two areas. One is a medical practice that treats

patients who have high blood pressure, early stages of kidney disease and focuses on preventing kidney disease progression; the second area is a dialysis center.

Mercado said, “Dialysis is required in order to sustain or support life for people whose kidneys have stopped working completely, for any reason.”

Dialysis can be provided as a home therapy or as in-center dialysis. Dialysis patients generally will spend 3 to 4 hours in the center receiving treatment three days a week. The center has worked tirelessly to create a home style, open facility. Mercado explained that the center hopes to create better interaction, better patient care and provides an on-site doctor who will look at each patient’s needs on a continuous basis.

One patient population that will be significantly impacted by the opening of this facility is those who used to drive 45 minutes to an hour to get to a dialysis center.

“Sometimes the best option is for them to not drive,” Mercado said.

The facility is capable of providing access to nurses and doctors 24

hours a day, seven days a week, as well as training so that dialysis treatments can be completed at home. The center will be approved to provide both peritoneal and hemodialysis treatments at home. Patients will be trained in the center and then enabled to complete the therapies at home. With advances in technology, the physicians and nurses will be able to review the data from the treatment sessions, read how the treatments are going and adjust care accordingly.

“I am proud and honored to say that the community of Cedar City will have such a center and have such a great health care provider for those type of patients in town,” Mercado said.

Providing patients with brand new techniques that are proven to be better, with better outcomes and better quality is only one dimension of care where the center is striving for excellence. Tyler Patten, office coordinator at the center, has been working along with his staff to create the feeling of being at home inside this medical clinic. He noted that he and the staff are trying to create a

## Ladies Luncheon

A Celebration of Women’s Athletics



Welcome to all

**February 12, 2016**  
**Noon**

11:45am Silent Auction / Drawing

At the Gilbert Great Hall,  
Hunter Conference Center  
on the campus of  
Southern Utah University

**\$25 per plate**  
**\$250 per table**

Admission includes opportunities to win amazing prizes.  
Attendance includes two free tickets to:  
Women’s Basketball Game Feb. 13 at 7PM vs Montana St.

**RSVP to Sophie Spivack by February 1st**  
(435) 586-7832 • sophiespivack@suu.edu

COLDWELL BANKER

ADVANTAGE

26 N. Main Street  
Cedar City, Utah  
**(435) 586-2525**  
[www.coldwelladvantage.com](http://www.coldwelladvantage.com)

 <p style="color: red; font-weight: bold; font-size: 18px; transform: rotate(-45deg); position: absolute; top: -20px; right: -20px;">\$359,900</p> <p style="font-weight: bold; margin: 0;">Beautiful Completely Remodeled Home</p> <p style="font-size: 10px; margin: 0;">On 4 private acres. 2,340 SF, 3 bed/2.5 bath with two decks to enjoy the fantastic view of Kolob Fingers! <b>MLS# 73372 • Adriane Kadera 590-9661</b></p>	 <p style="color: red; font-weight: bold; font-size: 18px; transform: rotate(-45deg); position: absolute; top: -20px; right: -20px;">\$152,000</p> <p style="font-weight: bold; margin: 0;">Nice One Level Home</p> <p style="font-size: 10px; margin: 0;">1,140 SF home with 3 bedrooms/2 bathrooms on 0.43 acres. 2 car garage, large patio, completely fenced and landscaped yard with full sprinkler system. <b>MLS# 73860 • Diane Janes 590-2227</b></p>
 <p style="font-weight: bold; margin: 0;">Beautiful “Cedar Mountain Villa” Townhome!</p> <p style="font-size: 10px; margin: 0;">Over 1800sf 3bd/2.5ba! Open Spacious Floor Plan! Fully landscaped! Great Views! Excellent Condition! Great Buy! <b>MLS#74074 • Judy Lindsay 559-1346</b></p>	 <p style="color: red; font-weight: bold; font-size: 18px; transform: rotate(-45deg); position: absolute; top: -20px; right: -20px;">\$305,000</p> <p style="font-weight: bold; margin: 0;">Country Home on Acreage</p> <p style="font-size: 10px; margin: 0;">2,590 S.F. Home and Hayfield with Water Rights <b>MLS# 72094 • Dan Roberts 559-2221</b></p>
 <p style="font-weight: bold; margin: 0;">Great Townhome near SUU!</p> <p style="font-size: 10px; margin: 0;">Great Rental History For the Investor! Great Starter Home! New Carpet/Paint! Very Affordable! <b>MLS#74088 • Judy Lindsay 559-1346</b></p>	 <p style="color: red; font-weight: bold; font-size: 18px; transform: rotate(-45deg); position: absolute; top: -20px; right: -20px;">\$219,900</p> <p style="font-weight: bold; margin: 0;">Great Family Home w/Upgrades</p> <p style="font-size: 10px; margin: 0;">In a lush park like setting. 5 bedrooms, 2 3/4 baths, attached 2 car garage, detached garage w/workshop. <b>MLS# 73144 • Berta MacGregor 327-1372</b></p>

## KIDNEY CENTER

Continued from page 6

family environment.

Patten explained that his patients will enter a friendly, comfortable clinic.

One patient remarked, "I come here and it's more like I come to hang out with Tyler and Carlos and I get medical advice as well," recalled Patten.

"The people who are going through dialysis are a very suffering community, health wise," said Mercado. "When somebody is affected or sick from kidney disease, it's not just the patient; the whole family is sick ... knowing that your family member will be well taken care of is something that is extremely important."

In addition to providing

dialysis, the center is aligned with Intermountain Healthcare to provide transplant evaluations. Patients are no longer required to travel to Salt Lake City for those evaluations. The center provides a transplant program in Southern Utah, though surgeries will still take place in Salt Lake City.

Patients throughout the region from Parowan, Beaver, Milford, Panguitch, Cedar City and more will be able to receive the best kidney care in a personalized way through the Southern Utah Kidney and Hypertension Center from doctors, nurses, technicians, a social worker, and dietician determined to provide first-rate care for their patient family.

For more information, contact Tyler Patten at (435) 586-1276.

## BIRTHDAY

Continued from page 1

"This theme of our birthday celebration has given me a greater determination to serve the citizens of Parowan with greater efficiency and intelligent spending," she added.

Hicks also spoke of the need to reach out to the Millennial generation, and the need to bridge the technological gaps so they will not just be the next generation, but be able to take their communities, nation and the world to a better place.

"We need to reach out and cultivate this Millennial generation that is so technologically different from my generation and that of many Parowan citizens," she counseled. "They are our future and they will solve our problems with more technology. Millennials, I encourage you to get involved with your city and community. We need your ideas and your skills."

Landes then introduced the citizens of the year, Ron and Cherie Smith. He presented them with a special plaque and a symbolic cookie jar as tokens of appreciation for all they have done throughout the years for Parowan and its community.

Speaking of the children of Parowan, Mayor Landes said, "What a great bunch of young people. My most fond hope would be to somehow find a way to keep all those young people here in Parowan as long as they live." He then added a different side of that sentiment, quoting Ron Smith's response. "Yes, but think of how great they'll be should they leave and the impact they'll have throughout the world."

Smith, a previous mayor of Parowan, then left the audience in stitches as he recollected the story about trying to jump the silage pit in his truck with unexpected passengers riding in the

back. He ended his words with a fond love for his hometown.

"Our blood runs blue and gold. We love the school and we love this town," he said. "I can honestly tell you that the letter P on the hill stands for Paradise."

The meeting's guest speaker, Elaine Baldwin, spoke of the historical connection between Parowan and Panguitch. Baldwin, the Panguitch Quilt Walk Festival chairwoman, told the harrowing and heroic story of how the winter of 1864 wiped out the wheat harvest in Panguitch, so they sent seven brave men to Parowan to get wheat for their families and animals.

Along the way the snowdrifts became so deep that the men prayed for help and were inspired to lie quilts out on the snow to walk upon so they wouldn't sink

A special statue in Panguitch was commissioned in honor of the "Quilt Walk" and those seven brave men and the compassionate people of Parowan.

"We are so grateful for their sacrifice and for the people of Parowan and the good feeling that comes whenever I drive through this community. I hope that each and every one of you can truly love and appreciate the history of your community and ours," Baldwin concluded.

In closing, Brenda Chamberlain, of Parowan, sang a beautiful medley of pioneer music along with written narration. She said, "Those brave people who settled Parowan have given us their stitches in time as they put down roots; affording we Parowanites our heritage and pride in our history."

It is a history woven with threads of love, stitches of sacrifice and courage, into a quilt of qualities that will bridge the gap between the pioneers of the past and those of the future.

# Local youth encouraged to 'stand up, speak out' for healthy relationships

BY JEFF LOWE

Managing Editor

**IRON COUNTY** – The Utah Healthy Relationships Taskforce, in conjunction with Canyon Creek Women's Crisis Center in Cedar City, is sponsoring the "Stand Up. Speak Out. For Healthy Relationships Media Contest."

The contest is designed to promote healthier, safer communities and schools and allow youth an opportunity to showcase their talents in various artistic categories. The contest closes Feb. 29 and is open to all Utah youth in grades 6 through 12.

"This is something we do with Healthy Relationships Month during February," said Mickey Johnson, a youth advocate with Canyon Creek Women's Crisis Center. "Students have the month of January and February to complete it and it's something to get middle school and high school kids thinking about healthy relationships in a different way?"

Contest categories include visual arts (drawings, paintings, posters, photographs, etc.); YouTube videos (PSAs, music videos, etc.), not to exceed 3 minutes in duration; and written works (songwriting, poetry short stories,

essays, etc.), not to exceed 500 words in length. Judging will take place at a local level with the top three entries advancing in each category to a state-level competition judged by the Healthy Relationships Taskforce.

Johnson said allowing kids

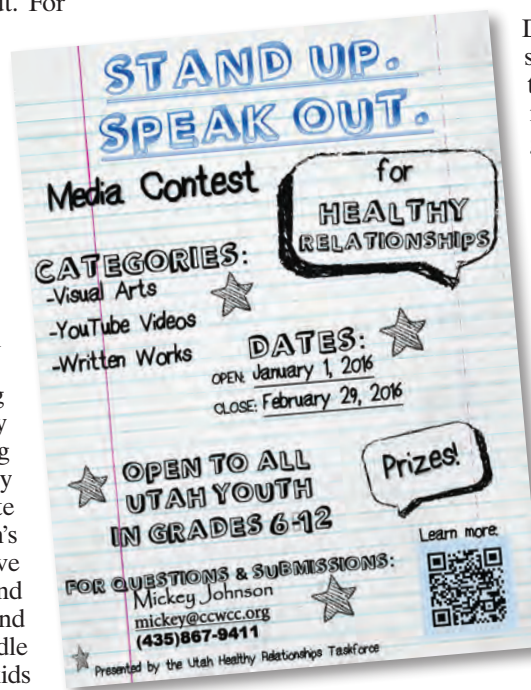
really thinking about what they want in a relationship and what they don't want," she said. "If they can establish healthy boundaries in adolescence, then in theory as they move into adulthood ... hopefully they can avoid some of the scary relationships we see."

According to the Utah Department of Health website, students are encouraged to submit a description of their media piece to help judges get a feel for the thought process and work the student put into the piece. Students are also encouraged to work in groups or individually.

In conjunction with the media contest and Healthy Relationships Month, Canyon View High and Cedar High will host a healthy relationships awareness basketball game on Feb. 10. Players, cheerleaders and fans will wear purple to bring awareness to the issue and games will take place at both high schools on the same night.

Johnson also hosts a youth group at the Canyon Creek Women's Crisis Outreach Center Thursdays at 4 p.m. The public is invited and encouraged to attend.

For questions and submissions to the media contest, contact Mickey Johnson at mickey@ccwcc.org or at (435) 867-9411.



the opportunity to express their thoughts about healthy relationships through artistic media raises a different awareness than what otherwise may occur during such an impressive time of life.

"We're trying to get youth ...

## New Parowan City Council members take oath of office



PHOTO COURTESY OF PAROWAN CITY

**NEW PAROWAN CITY COUNCIL MEMBERS** Jay Orton, Vickie Hicks, and Alan Adams were sworn into office at the Jan. 14 Parowan City Council meeting.

# Falling does not have to be an inevitable result of growing old

BY JEFF LOWE  
Managing Editor

**SOUTHERN UTAH** – According to the National Council on Aging, falls are the leading cause of fatal and non-fatal injuries for older Americans. In fact, one-third of Americans age 65 and older fall each year.

Every 13 seconds an older adult is treated in an emergency room for a fall and every 20 minutes an older adult dies from a fall, according to the U.S. Centers for Disease Control and Prevention.

Yet, despite these unsettling statistics, “falling is not an inevitable result of aging,” according to the council. “Through practical lifestyle adjustments, evidence-based falls prevention programs, and clinical community partnerships, the number of falls among seniors can be substantially reduced.”

The Five County Area Agency on Aging in Southern Utah is organizing several free health workshops and classes, including a falls prevention class during which local seniors and their family members can learn these evidence-based falls prevention techniques, said Tracy HeavyRunner, program director for Home & Community Based Services at Five County Area Agency on Aging.

“Aging does not

mean you have to fall,” HeavyRunner said. “We’re trying to teach people safety first.”

Stepping On is a seven-week workshop filled with strategies and techniques to help prevent falls, according to a press release from the Five County Area Agency on Aging.

“Stepping On has been researched and proven to reduce falls by 30 percent in older adults and is designed for those 60 and older who have had a fall in the last year or who are concerned about preventing potential falls,” according to the release.

HeavyRunner said the workshops are led by a health professional and a peer leader and feature local guest experts such as physical and occupational therapists, pharmacists and optometrists. Topics include balance and strengthening exercise, how to eliminate fall hazards at home and how medications can contribute to falls.

Classes will take place at the Cedar City Senior Center, the St. George Senior Center and at the Hurricane Senior Center. Stepping On classes in Cedar City will begin March 9 and go through April 20. Organizers are currently looking for volunteers to help teach the courses. Volunteers will be trained at the Five County Association of

Governments in St. George Feb. 8-10 from 8:30 a.m. to 4 p.m. each day.

In addition, the agency will offer Living Well with Chronic Conditions, a six-week educational workshop that teaches people how to manage chronic conditions such as asthma, diabetes, COPD, chronic pain, fibromyalgia and many others. Family members caring for a person with such a condition are also encouraged to attend.

Benefits reported by those who have taken the classes include increased energy and decreased fatigue, better communication with physicians, increased activity and social life, and decreased stress levels, among other things. The program was developed through a research grant from Stanford University and is designed to enhance regular treatments and disease-specific education that participants are already receiving. It includes a manual attendees can keep and continue to use, according to the release.

The agency will also offers classes on moving for better balance and an Arthritis Foundation exercise program.

For more information about free health workshops or to volunteer, contact Tracy HeavyRunner at (435) 673-3548 or the Cedar Senior Center at (435) 225-1222.

## LETTER

Continued from page 4

YouTube videos. I am always amazed when patients bring in incorrect health information dredged off the internet and actually stop life saving medication without advice from their doctor.

HPV is well established to cause cervical cancer in women, anal cancer, genital cancer, and throat cancer. The FDA uses a rigorous multispecialty, multi-committee stepwise analysis of drugs and their trials before approval. The FDA uses the same principle in approving treatment applications as do all physicians – risk

versus benefit. That is, the benefit of the treatment in restoring health and saving lives far exceeds the small risk of an adverse event.

Reports of possible links between the HPV vaccine and certain “syndromes” including complex regional pain syndrome and postural orthostatic tachycardia syndrome have circulated in the lay population. The European Medicines Agency carefully reviewed the data and recently concluded there is no connection.

Vaccines are one of the best tools the medical industry has for preventive medicine. The alternative is to regress to the Middle

Ages and let the ravages of infectious diseases take their toll on mankind.

To quote Dr. Oz last month “More than 80 million girls and women worldwide have received the HPV vaccine, and the number of cases of genital warts, cancer of the cervix, throat and anus that it prevents far outweighs any risks. So let’s make protection of young people – boys and girls – from HPV a priority. The vaccine stands tall as one of the most legendary accomplishments of modern medicine.”

Ronald Roth, M.D.,  
F.A.C.C.  
Parowan

## PUBLIC LANDS

Continued from page 2

“Well the lights and the heat are on at the Malheur Wildlife Refuge illegally occupied by ultra right-wing, anti-government extremists,” said DeFazio on the House floor. “But you gotta wonder if the lights are on, why nobody’s home down at the Justice Department?”

Speaking to Iron County Today from the Malheur National Wildlife Refuge, Ryan Bundy,

brother of Ammon Bundy, said, “It’s one of the most awesome events in American history; we are here for the duration. We’re here to fight for people’s rights and the locals have extended a lot of support.”

Ryan Bundy went on to say, “There are hoards of law enforcement agencies staged around the area, but no one has approached us to this point.”

“It is our goal to get the logger back to logging, the rancher back to ranching,” said Ammon Bundy. “We will be here

as long as it takes.”

The federal government manages much of the land in many western states including 53 percent of Oregon and a significant portion of Iron County. Many ranchers say they are managed under unfair rules, and many environmentalists say mining, logging and ranching have run roughshod for decades on public lands and have left pollution for the taxpayers to clean up. The controversy continues as well as the occupation of the wildlife refuge.

**INVENTORY REDUCTION SALE**

**JANUARY 18-23, 2016**

**HUGE DISCOUNTS ON OUR \$5, \$10, & \$20 BARGAIN TABLES**

**40% OFF**  
40% off Calendars

**Up to 75% OFF**  
Selected Boutique Items,  
Christmas Items &  
Bargain Attic

**Special Coupon**  
**25% OFF**  
Any regular priced item  
(Prescriptions Excluded Expires Feb 14<sup>th</sup>)

\*Some exclusions apply

Wood's Lace  
BULLOCH DRUG  
Cedar City, Utah  
Comfort home HOME DECOR & MORE

facebook.com/bullochdrug  
instagram.com/bullochdrug  
pinterest.com/bullochdrug

91 N. Main Cedar City • 435-586-9651 • M-F 9am-8pm • Sat 9am-6pm

# SHOWCASE

WWW.IRONCOUNTYTODAY.COM

WEDNESDAY, JANUARY 20, 2016

## Nikolai Massenkoff and Russian Folk Festival to perform at Heritage Center

BY CHARLEY WALQUIST  
Reporter

**CEDAR CITY** – Cedar City Music Arts will present Nikolai Massenkoff, world celebrated singer, along with the Massenkoff Russian Folk Festival, in a performance at the Heritage Center Theater in two shows Jan. 26 for Iron County Schools and the community.

The group will perform at 10 a.m. for Iron County Schools and then later at 7:30 p.m. for the community.

Tickets for adults are \$40, and children's tickets are \$15. Iron County and SUU students can purchase tickets for \$15 as well with a valid ID. Those with season tickets will receive their tickets in their season ticket packet.

Carol Modesitt, co-president of Cedar City Music Arts, has been the main coordinator for the event. She has worked closely with Sandra Jane Calvin, artistic representative for the group, who is based in San Francisco, to make this event a reality.



PHOTO COURTESY OF CAROL MODESITT

**NIKOLAI MASSENKOFF** and the Massenkoff Russian Folk Festival will perform at the Heritage Center Theater Jan. 26.

"There will be singing, dancing, and authentic Russian instruments," Modesitt said.

"The event is aimed for every age group or family," she added.

"Massenkoff Russian Folk Festival is an authentic, cultural presentation of Russian songs,

Balalaika Music and Russian Folk Ballet all equally represented throughout the performance in authentic Russian style, language and costumes," according to [www.nikolaimassenkoff.us](http://www.nikolaimassenkoff.us). The company includes professional Russian

dancers, professional artists, and conservatory graduate musicians.

Their music is from Tsarist Russia and World War II to the present day. All the music is in the original Russian language and is accompanied by tradi-

tional Russian Folk Instruments. "We have not had this in Cedar City before, but they do perform all over the world," Modesitt said.

"Mr. Massenkoff and his troupe have performed worldwide, at Carnegie Hall, and with more than 17 symphony orchestras in the United States," she added.

This kind of event brings a unique, cultural experience to Cedar City since this is not an event that has occurred here before.

"My favorite part of being involved in this event is the fact that we are bringing authentic Russian culture to Cedar City," Modesitt said.

"I am excited to see and hear the performers sing, dance, and play," she added.

For season tickets, individual event tickets, and donations via credit card, contact Melody Hughes at (435) 586-3336 or (435) 592-9200, or call the Heritage Theater Box Office at (435) 865-2882 or visit [www.cedarcitymusicarts.org](http://www.cedarcitymusicarts.org).

## SUU's Department of Theatre Arts & Dance to present 'You Can't Take It With You'

BY SUU CPVA  
Special to Iron County

**CEDAR CITY** – When a girl from an eccentric family of spirited non-conformists falls in love with a boy from a conservative business pedigree the result can only be outright hilarity.

SUU's Department of Theatre Arts and Dance presents Moss Hart and George S. Kaufman's Pulitzer Prize-winning comedy "You Can't Take It With You."

Directed by Richard Bugg, SUU professor of Theatre Arts and founder of Cedar City's Neil Simon Festival, the production is a zany clash of ideals, ambitions and romance. The laughter begins Feb. 3 at 7:30

p.m. Performances continue on Feb. 4, 5, 6 and 8 at 7:30 p.m. with a special Saturday matinee on Feb. 6 at 2 p.m. The show will be performed at SUU's Randall L. Jones Theatre.

Directed by co-author George S. Kaufman, "You Can't Take It With You" opened on Broadway in the middle of the Great Depression on Dec. 14, 1936 and ran for 838 performances. The play won the 1937 Pulitzer Prize for Drama. It was adapted for film in 1938 and won Academy Awards for Best Picture and Best Director (Frank Capra) out of seven nominations.

The timeless comedy has been revived on Broadway five times – most recently in 2014 in

an acclaimed production that received five Tony Award nominations. The popular comedy has been produced for television in four separate broadcasts beginning in the late 1940s.

The Vanderhof-Sycamore-Carmichael household in upper Manhattan is unique. Grandpa enjoys going to college commencements, tending to his snakes and avoiding paying his taxes. His daughter Penny pursues playwriting and painting with equal zest while her husband, Paul, manufactures fireworks in the basement. Their daughter, Essie, is a would-be ballerina and part-time candy maker, and her husband, Ed, is a xylo-



PHOTO COURTESY OF SUU CPVA

"YOU CAN'T TAKE IT WITH YOU" marks the return of local favorite Dan Frezza to the SUU stage.

# SUU's Satellite Salon Series returns

BY **SUU CPVA**

*Special to Iron County*

CEDAR CITY – The return of SUU's most innovative music program promises to spark creativity in more ways than you can imagine. SUU's groundbreaking Satellite Salon Series presents "Power Play: An Electric Evening of Music," a performance built around the works of electronic composer Jason Francesco Heath.

Developed by series creator Dr. Lynn Vartan, the evening will feature guest artists Alma Fernandez, violist, and Heath along with SUU's Shane Summers, pianist, and Dr. Lucas Goodrich, tenor, and percussionist Vartan. These artists will participate in a joint concert on Jan. 30 at 7:30 p.m. On Jan. 29, Heath, Fernandez and Vartan will participate in a master class for SUU students, high school students or anyone interested in electric composition. This event takes place at 3 p.m. The concert and master class will take place at Thorley Recital Hall in SUU's Music Building. All events are free and opened to the general public.

A diverse concert in its musical variety, "Power Play: An Electric Evening of Music" showcases the music of Jason Francesco Heath and includes the premiere of two new works. Fernandez performs "Rain Ceremony" for viola and live electronics; she joins Summers for "Alchemy of Everyday Things," a piece for viola, piano and electronics. Fernandez collaborates with Vartan on a new work for viola, percussion and live electronics. Goodrich sings "Broken Machines," which features solo and duo performers and live electronics. Summers solos on "Color Variations," a work for re-tuned keyboard. Vartan premieres a new composition by Heath for solo percussion and live electronics.

Heath is a Los Angeles based composers and elec-

tronic media artist. His music has been heard at such diverse venues as Bang on a Can, Pacifica radio's "Global Village," KPCC with Steven Cuevas, "Sacred Mondays" on KXLU 88.9, People Inside Electronics (P.I.E.), Hear Now, What's Next Ensemble's "Los Angeles Composers Project," "Villa Aurora," UC Berkeley's CNMAT (Center for New Music and Audio Technologies),

Aron Kallay.

From 2010-2014, Heath developed and implemented a series of music technology outreach programs that have engaged thousands of people of all ages. His programs make use of gaming controllers, Wacom tablets, various custom-built electronics, and original software. In 2013, he founded UCR Gluck Laptop Ensemble. As a dedicated music educator,

Music and UCLA, where she received a master's degree in Viola Performance. She performs regularly with such ensembles as the Los Angeles Opera Orchestra, LA Master Chorale, Long Beach Symphony and Santa Barbara Chamber Orchestra. Fernandez is also active in the recording industry, having played for numerous motion picture soundtracks, television shows, and record

closely with composer Tigran Mansurian, having given the west coast premiere of his Percussion & Viola duet in 2007. Alma participated in the Dilijan Chamber Music Series featuring Mansurian's third string quartet, with an interpretation that was described by the Los Angeles Times as a "gripping, expert performance."

Vartan performs regularly and is percussionist for Southwest Chamber Music, two-time Grammy nominee in the "Best Classical Album of the Year" and "Best Small Ensemble with or without a conductor" categories. Vartan has been featured on the Los Angeles Philharmonic Green Umbrella Series, the Different Trains Series and has soloed with the Music and the Court series in Pasadena, Calif., and the Sierra Wind Symphony.

She recently released her first solo recording, "Dancing on the Head of a Pin." Vartan received her master's and doctorate degrees from the University of Southern California with special honors and recognition. She teaches percussion at Southern Utah University.

Created by Vartan, the Satellite Salon Series allows for personal interaction and communication between a resident or guest musician and or visual artist and music students from SUU and the region through master classes, question and answer sessions and workshops. The series is also an educational program, designed to give Southern Utah rural high school students the opportunity to learn from professional musicians and artists during the Master's Class.

Experience the electronic compositions of Jason Francesco Heath. Don't miss "Power Play: An Electric Evening of Music." For more information on the SUU College of Performing and Visual Arts events, visit [www.suu.edu/pva](http://www.suu.edu/pva).



PHOTO COURTESY OF SUU CPVA

**ALMA FERNANDEZ**, violist, will perform at SUU's Satellite Salon Series, "Power Play: An Electric Evening of Music" Jan. 30.

Pepperdine University, Chapman University, Cal State Fullerton, Carnegie Mellon University and many more.

As a highly sought-after composer, he recently received commissions from the Ray-Kallay Duo, The Varied Trio, Brightwork New Music, The Lyris Quartet, The Barbara and Art Culver Center of the Arts, cellist Maggie Parkins, and Grammy-nominated pianist

Heath has lectured at Pomona College, Chapman University, Pepperdine University, UC Riverside, Cal State San Bernardino, the Colburn School of Music and Cal State Long Beach. He currently teaches Electronic Music, Counterpoint, and applied Music Composition at Los Angeles City College (LACC).

Fernandez, violist, attended the Oberlin Conservatory of

albums.

As a chamber musician, she has been described as "...a soulful violist" (- Los Angeles Times, Mark Swed). She is a member of the Denali String Quartet, resident ensemble of the Jacaranda Chamber Music Series in Santa Monica, which gave the world premiere performance of Ben Johnston's "Revised Standards."

She has also worked

## SUU THEATRE

*Continued from page 9*

phone player and delivery man for his wife's candies.

Then there is Alice Sycamore, Paul and Penny's other daughter, who, despite the eccentricity thriving all around her, holds down a job in a highly respected New York business firm and has fallen in love with her boss, Tony Kirby. However, their relationship is threatened when Tony insists that their families meet, resulting in a would-be dinner party that remains a high point in American comedy.

Creating the colorful and eccentric environment of the comedy are scenic designer Brian Jude Beacom, costume designer Chyanne Christensen, lighting designer J.D. Sargent, sound designer Ryan Turpin and properties master Ruth Faulkner. Kristine Nordby serves as the production's stage manager assisted by Chris Stewart and Kat Taratko.

"You Can't Take It With You" marks the return of local favorite Dan Frezza to the SUU stage where he previously appeared as Shylock in "The Merchant of Venice" and in "A Christmas Carol on the

Air." Dan is also known for his numerous appearances at the Utah Shakespeare Festival with roles in "Two Gentlemen of Verona," "Richard II," "King John," "Loves Labors Lost," "Mary Stuart," "As You Like It," "Coriolanus," "Winter's Tale" and "Measure for Measure" to name a few. In the Kaufman and Hart comedy classic, Frezza plays the beloved patriarch of the zany family, Martin Vanderhof.

The Sycamore family is portrayed by Tatem Trotter as Penny, Alex Grieg as Paul, Amber James as Alice, Brittany Reed as Essie, and Robert F.

Wilson as Paul. The other members of the eccentric household include Steve Turner as Mr. DePina, Kade Cox as Boris Kolenkhov, Kaitlyn Curry as Rheba and Justin Stockett as Donald. Joshua Leigh Hopkins plays Tony Kirby with Henry Ballesteros and Madeline Peck as his parents. The cast also includes Devin Anderson, Nicole Heath, Benjamin Knowlton, Max Kunz, Abigail Nakken and Parker Rawlins.

Ticket prices for "You Can't Take It With You" are \$10 for adults, \$8 for alumni with card and \$5 for youth. SUU faculty, staff and students are admitted

free with a valid ID. Faculty and staff are entitled to bring one guest. The CPVA Flex Pass offers six admissions to any theatre, dance or music event and can be used for a single entrance to a production or can be used to admit six people to one event. The cost of the Flex Pass is \$40 per pass (a \$65 value).

For tickets or the Flex Pass, call the SUU Ticket Office at (435) 586-7872, Monday through Friday, 8 a.m. to 4:30 p.m., or purchase in person at the Centrum Arena box office. Single tickets may be purchased online at [www.suu.edu/pva/arts](http://www.suu.edu/pva/arts).

# Brian Head Resort to host Great White Weekend Music on the Snow

BY CHARLEY WALQUIST  
Reporter

**BRIAN HEAD** – Brian Head Resort and the KOMP/POINT Radio gang will host the Great White Weekend Music on the Snow beginning Jan. 19 and lasting through the weekend.

“The Great White Weekend is a radio event

until 4 p.m.

Along with this, there will be giveaways at the Giant Steps Upper Deck throughout the day. From 4 until 9 p.m., there will be a party at the last Chair Saloon on the top floor of the Giant Steps Lodge. There will be live music, a barbecue, drinks, and giveaways there as well.

The event is targeted to

ment up at Brian Head.

According to www.komp.com, those interested can book rooms at the Cedar Breaks Lodge and save 15 percent by mentioning Great White Weekend when they call.

The event planning has gone smoothly, and the coordinators are excited for the weekend to get here. Burgess said the

*“The Great White Weekend is a radio event and party that we have been doing with KOMP radio in Las Vegas since 1997”*

**–Ron Burgess**

and party that we have been doing with KOMP radio in Las Vegas since 1997,” said Ron Burgess, director of marketing.

The event will begin on Friday night with check-in at the Cedar Breaks Lodge. The evening will then start with the Weekend Warm-up Party at the Cedar Breaks Lodge Bar from 9 p.m. until close.

The following day there will be skiing and snowboarding from 10 a.m.

an audience of those over the age of 25.

The event will conclude Sunday morning with checkout. There will be snowboarding and skiing from 10 a.m. until 3 p.m. when the radio crew will go back to Las Vegas.

Both Burgess and Eric Rodriguez from Lotus Broadcasting at KOMP Radio have worked to coordinate the event. It is a weekend that promises to be full of fun and excite-

radio stations have been great to work with through the planning.

People are encouraged to bring “their party hats” for a fun weekend.

The coordinators would like to thank their supporters McGhie’s Ski, Bike and Board Shop, Cedar City/Brian Head Tourism Bureau, Cedar Breaks Lodge and Budweiser.

For more information, call (866) 930-1010.

# Come learn an unusually beautiful artistic genre

BY MARY ANNE ANDERSEN  
Cedar City Arts Council

**CEDAR CITY** – Last February the Cedar City Arts Council broke precedent when awarding its Artists’ Mini-Grants and creating a President’s Award, an exceptional grant given to a recipient who proposed a project of unusual creativity, beauty, and value to the community.

That award was bestowed on Dr. Patricia Hill, emerita professor of chemistry at Millersville University of Pennsylvania. Dr. Hill has more than 20 years of experience teaching courses and workshops that

explore the chemistry of art and artists’ materials. She has taught high school and college students, teachers, and practicing artists. The thrust of her art is the melding of the chemistry of metals and the creation of jewelry.

She proposed a series of five workshops in which students would learn different metal-working techniques that are then applied

appropriately to works of art.

Two of these workshops have already taken place, but there are three more for those interested in learning and actually creating in this unusually beautiful artistic genre.

On Jan. 30 there will be a workshop on anodizing reactive metals

– fusing glass to metals. Art applications include torch enameling of copper shapes.

Due to the hands-on nature of the work being done, each class has a limit of 20 students. The first two sessions were two-thirds and three-fourths full, and the remaining sessions are predicted to be nearly full as well.

Examples of the type of jewelry being created will be seen and described at the next Cedar City Arts Council Social, to take place on Jan. 25, at the Heritage Festival Hall at 7 p.m. The social will also feature work of other artists

in the area, including a choir from Fiddler’s Canyon Elementary School. Refreshments will be served.

These classes are truly unique in the experiences of Cedar City’s already-diverse cultural scene. Each class costs \$10 (\$5 for students). Interested persons may contact Dr. Hill by phone at (717) 413-8839 or by email at pat.hill@millersville.edu.



– modifying the surface of metals with electricity. Art applications include multicolored disk pendants and marble pendants, and aluminum bracelets. On Feb. 13 there will be a workshop on electroplating and electroforming metals. Art applications include copper to silver to gold – pennies jewelry and coating plastic with metal. On Feb. 20 there will be a workshop on enameling



State of Utah Licensed Custom-Exempt Meat Processing Facility

## SUPER BOWL SPECIAL

### Bacon-Wrapped Sirloin Steaks

- \$10/lb
- Purchase Now or Pre-order by Feb 3rd - Pick Up Feb. 6th
- Other Specialty Meats can also be Pre-Ordered



**Year-Round Farmer’s Market**  
Every Saturday Morning • 9 a.m. - Noon  
Inside Cedar City’s IFA

Purchase Quality Meat Products At:

**D9 Custom Cuts, LLC**  
Facebook.com/pages/D9-Custom-Cuts  
240 N. 200 E. • Paragonah, UT  
435-463-3735

## MIDTOWN TIRE & AUTO

“Great Service You Can Trust!”



- Open Sat. 8-Noon
- Free Shuttle Service
- Financing Available
- Bridgestone/Firestone Affiliated Retailer

Includes FREE Car Wash

# \$24<sup>99</sup>

+ Taxes & Fees

Oil Change PLUS TIRE ROTATION

Oil Change & Filter up to 5 Qts. of Oil • Premium Products  
Fluid Check & Fill • Courtesy Check Includes: Tire & Suspension  
Inspection, Battery Alternator, Starter, and Braking System  
Not valid w/any Other Offer • Exp. 3/31/16

586-0460

433 S. Main, Cedar City (Look for the Big Tire in Front)  
See our website at [midtowntireauto.com](http://midtowntireauto.com) for other savings!



## LET US HELP YOU ACHIEVE YOUR GOALS AND DREAMS!



## THE MARKET HAS TURNED, THE TIME TO BUILD IS NOW!

# SMJ CONSTRUCTION

GENERAL CONTRACTOR • CUSTOM HOMES • COMMERCIAL  
MULTI-FAMILY • REMODELS • RESTORATIONS

(435) 867-4801 \*WWW.SMJHOMES.COM \*SMJHOMES@GMAIL.COM



PHOTO © COURTESY OF SOUTHERN UTAH ROCK CLUB

**A MEMBER OF THE SOUTHERN UTAH ROCK CLUB** polishes a rock at the club's lapidary shop.

## Rock club, shop provide fun for rock hounding enthusiasts

BY CHARLEY WALQUIST  
Reporter

**CEDAR CITY** – For those who love rock hounding, the Southern Utah Rock Club provides a place to share those little treasures found while hiking, explore local areas during group trips, and learn to make jewelry out of their finds.

The Southern Utah Rock Club has been around for approximately six years and currently has around 150 members, said Joe Jenson, the club's president.

"We have members from Mesquite to Salina. They're not just from Cedar City," Jenson said.

"We have a lot of fun

learning about rocks, where they're at, and making jewelry."

The club meets the first Wednesday of the month at 6 p.m. at the Cedar City Aquatic Center in Room 2. Anyone who is interesting in learning about rocks is welcome to attend.

"We're pretty open to anyone who wants to come to the meetings. We're a pretty open club," Jenson said.

The members get together and discuss things about rocks and have a "show and tell" where they show the rocks they have found and purchased and tell stories about them. They also discuss the geology of the rocks themselves.

In addition to the meetings, the Rock Club organizes one rock hounding trip per month.

Jenson said they go to several places, including Mesquite, Delta, Beaver, Washington County, and Iron County.

In addition to their monthly meetings and outings, the club also has a lapidary shop where people can grind and polish their finds to make jewelry out of them. They have oil and water saws to cut the rocks.

The shop is almost as old as the club. The club moved into its current space last October, and offers the machines as well as lessons

SEE **ROCK CLUB** | 16

## Local meditation group focuses on reducing stress, increasing awareness

BY JEFF LOWE  
Managing Editor

**CEDAR CITY** – The world can be a complicated place. Even in a community as seemingly peaceful as Cedar City, distractions, stress and busy schedules demand our constant attention and, perhaps, take us away from what matters most in life.

Based on this fundamental premise, a group of local residents, led by Todd Prince, meet at The Healing Tree for regular meditation sessions.

"I've always had an interest in Eastern philosophy," Prince said, "so when the opportunity came along (to lead a meditation group), I took it."

The group has been meeting since the 1990s. Locations and members have changed as time has passed, but the focus has remained the same – to increase awareness and foster a calm mind.

"(Meditation) helps cultivate present moment

awareness, so you're not so spaced out or walking around on autopilot, not really aware of anything," Prince said. "What this is doing ... is strengthening or cultivating Samadhi or

100 percent."

The group meets in four to eight week sessions and then breaks for a period of time before starting back up again, Prince said. The sessions are focused

on a variety of meditation approaches. On Jan. 7 Prince led a group in hearing meditation and on Jan. 14 the group focused on touch meditation, an approach centered on touching and focusing attention on various inanimate objects. Sometimes a book is used as the focus of the discussion, Prince added. The current meditation session will conclude Jan. 21 starting at 7 p.m. at The Healing Tree.



JEFF LOWE

**TODD PRINCE** directs a meditation class at The Healing Tree in Cedar City.

one-pointed concentration, which is helpful when you're driving a car or doing a math problem or talking with someone. You're not distracted; you're fully there

and Prince said a number of different religions and beliefs are represented through the members of

SEE **MEDITATION** | 16



### Cedar View Pediatric Dentistry

1251 Northfield Rd. Suite 201  
Cedar City • 586-8188

We will match any competitors discounts!

**Dr. Tyler Albrecht**

DMD, Pediatric Dentist



**Dr. Sean Schexnayder**

DMD, Pediatric Dentist



**Dr. Jeff Higbee**

DMD, Pediatric Dentist



**Introducing New Dentist Dr. Nathan Call**

DMD, Pediatric Dentist



DENTAL EXAMS AND CLEANING ARE FREE FOR CHILDREN UNDER 3!

# Schools

## Enoch Elementary has life skill assembly

As SEP meetings draw closer, please watch for information coming home with each student regarding meeting times. These valuable meetings will be taking place the first week of February. Thank you for taking the time in your schedule to come visit with teachers regarding student goals, concerns, and successes.

Little Caesars and 5-Buck Pizza each donated two pizzas to the semi-annual speech graduation party that will be held on Jan. 29. Our school appreciates the support of these businesses that allow these hard working speech students to celebrate meeting their goals and moving on from the speech program.

The life skill that Enoch Elementary students are focusing on this month is hard work. We had a Marvin and Jessie life skill assembly last week and it was a great reminder of how important hard work is for success in life.

## South Elementary plans SEP week

Our PTA is meeting Jan. 21. Please come join us for lunch in the library at 11:30 a.m. We always have new needs, and we would love some new volunteers with unique gifts to share.

The first week in February is SEP week. Please be watching for a note from school, requesting a moment to meet with you and share student strengths and strategies for making the second half of the year most successful.

One of our magical grade levels is Kindergarten. Mrs. Ginger Ekker makes up one half of that teacher team. She loves teaching literature; she decided to teach because she loves taking care of children. Just spend one moment in her room and that is obvious!

She loves spending time with her family, when she has a spare moment, and her favorite thing about South is the friendships she's developed here, which sometimes seems like family!

## Three Peaks Elementary names Reflections winners

Three Peaks Elementary would like to congratulate the winners of the 2015-16

Reflections Contest. The winners are as follows. Literature Category: Award of Excellence – Kaelice E. and Award of Merit – Gracie T. Photography Category: Award of Excellence – Sydni P. Visual Arts 2D and 3D: Award of Excellence – Kaelice E. Award of Merit – Jack P., Savannah L., and Janeth V. Honorable Mentions – Clara C. and Maggie S. Special Recognitions – Kallen L., Alex L., and Qory J.

An awards assembly will be Jan. 22 at 2:30 p.m. in the Three Peaks Elementary gym. We would like to thank PTA volunteer Mrs. Julia Valerius for all of her hard work in making this year's Reflections contest successful.

## Canyon View Middle prepares students

The CVMS eighth graders have begun preparing for high school and beyond. They have received their ACT EXPLORE test results, and this week learned about the Utah Scholars initiative and how to qualify for the Regents' Scholarship in high school.

All of this will help them to know how to have a four year plan for high school, and to be as ready as possible for the next step after high school, whether that's going to a college or university, earning an associate degree, or a technical or skills certificate. All our students are encouraged to get education beyond high school graduation.

The science fair is Jan. 22. Honors science students need to be prepared with a completed project and board that day.

Combined CVMS and CVHS Pops Concert will take place Thursday, Jan. 28 at 7 p.m. at CVHS Auditorium. All orchestras from both schools will be participating. Don't miss this great event.

## Cedar Middle has First Aid Frenzy

Health students participated in a First Aid Frenzy with the help of awesome parents and equipment bought with funds from an ICSD Foundation grant. A big THANK YOU to everyone involved!

Also, we are fortunate to have such wonderful counselors, Ashley Whiting and Steve Kroff, who spoke with the students about respect.



PHOTO COURTESY OF AMANDA RUNGE

**GEORGIA BRADY** was diagnosed with Acute Lymphoblastic Leukemia at 16 months of age. To participate in the giveback event to benefit her family, dine at Chili's on Jan. 20, mention that you are there for the Bradys, and 15 percent of your check will go to the fundraiser.

# Cedar City Chili's hosting giveback event Jan. 20

BY AMANDA RUNGE  
*Special to Iron County Today*

**CEDAR CITY** – On Jan. 20, Chili's Cedar City will be hosting a giveback event for Georgia Brady.

Georgia was diagnosed with Acute Lymphoblastic Leukemia at 16 months of age.

She is a fighter, and has been enduring treatments for a year now, and has approximately another year to go in her fight.

To participate in the giveback, simply dine at Chili's on Jan. 20, mention that you are there for the Bradys, and 15 percent of your check will

go to the fundraiser. A special event will be going on between 5:30 and 7:30 p.m. for this fundraiser as well – "An Evening with Beauty and the Beast."

The Disney princess beauties from the local Fight Like a Girl chapter will be there, as well as the beasts of the SUU gridiron, the championship winning Thunderbird Football Team.

For a donation of your choice, the princesses and players will come to your table to chat, take pictures, and sign autographs, all while you enjoy your dinner. This will be a fun, family-friendly event you won't want to miss.



**GEORGIA BRADY**

# SPECIAL THANKS

A special thank you goes out to the **Knights of Columbus** for their yearly coat drive for children in need. **This year's successful drive provided needed coats for many children in need in Iron County.** Many coats for teens and adults were also provided. Coats have been desperately needed this year due to several severe cold spells and many families and individuals are very grateful for the warm coats. If you have any suggestions for any other individuals, groups, or businesses that deserve a special thank you, please email Robert at [help.for.the.homeless.one@gmail.com](mailto:help.for.the.homeless.one@gmail.com).

# Calendar

## WEDNESDAY, JAN. 20

**CEDAR CITY COUNCIL**, 5:30 p.m., council chambers, city offices.

**ENOCH CITY COUNCIL**, 6 p.m., city offices.  
**ANNUAL BEST OF CEDAR CITY AWARDS GALA WITH THE CEDAR CITY AREA CHAMBER OF COMMERCE**, SUU Sharwan Smith Center Ballroom, this year will include a prime rib dinner, performances by the SUU Jazz Band, and a 1920s theme, tickets are on sale for \$45 per person and are available at www.cedarcitychamber.org or by calling 586-4484.

**STORY TIME AT THE CEDAR CITY LIBRARY IN THE PARK**, 10 and 10:30 a.m., free.

**TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER**, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

**BEGINNING SQUARE DANCE CLASS SPONSORED BY THE HEYCEDARS SQUARE DANCE CLUB**, 6:30 to 8 p.m., 489 E. 200 South, Cedar City, first night is free, \$4 per person each night after, for more information call Ralph Rawlinson at (435) 668-4867 or Pat Mathews at (435) 531-6811.

**COLOR COUNTRY WINDS COMMUNITY BAND REHEARSAL**, 7:30 p.m., Community Presbyterian Church in Cedar City, no audition, must be able to play a band instrument and read music, we even welcome "rusty" players who want to begin playing again.

**TRAUMATIC BRAIN INJURY SUPPORT GROUP**, 6 to 7 p.m., Cedar City Library in the Park, come join our support group for conversation, games, and friendship, family and friends are welcome, call Jerry at 590-6244 for more information.

**IMMUNIZATIONS/WIC/VITAL RECORDS**, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

**FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN**, 11:30 a.m. to 1 p.m., located on Freeway Drive between JR's Truck Stop and the Travelodge, community welcome.

**AWANA BIBLE CLUB**, for youth ages 3 through sixth grade, 6:30 to 8 p.m., at Valley Bible Church, AWANA is a non-denominational children's Bible ministry with more than 60 years experience, for more information contact the church at 586-0253 or Keith at 865-1704.

**ACTIVITY CLASS FOR THOSE WITH ALZHEIMER'S AND DEMENTIA**, 11:45 a.m. to 3:45 p.m., Cedar City Senior Center, \$25 includes lunch, snacks and materials, for more information call LuAnn Lundquist at (435) 319-0407.

**TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS**, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park, for more information call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

**DOMESTIC VIOLENCE SUPPORT GROUP**, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

**"LIVE FROM WHO YOU ARE" BY JAMES SWARTZ**, Vedanta, "release yourself from the bondage of slavery and ignorance. First, stop injuring yourself," 7 p.m., a 25-minute video followed by casual discussion, free, Cedar City Library in the Park rare books room, The Literary Club, 559-7777.

**ALCOHOLICS ANONYMOUS**, 8 to 9 p.m., Parowan United Methodist Church social hall, 190 N. Main St.  
**ALCOHOLICS ANONYMOUS**, 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

**ALCOHOLICS ANONYMOUS WOMEN'S MEETING**, noon, Cedar City Library in the Park.

**NARCOTICS ANONYMOUS JUST FOR TODAY**, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

**CEDAR CITY COMMUNITY CLINIC**, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

## THURSDAY, JAN. 21

**SUU CONVOCATION FEATURING JESSE MOONEY-BULLOCK**, puppeteer, speaking on "The Eloquent Object: Sculptural Puppets that Speak Volumes," 7 p.m., SUU Auditorium, co-sponsored by SUU's Art Insights program.

**SUU BUSINESS EXECUTIVE SPEAKER SERIES FEATURING DAVE PINAMONTI**, president of Somerton Dwelling, presenting "Is Life a Dress Rehearsal?" at 11:30 a.m., Sharwan Smith Center Starlight Room, lunch to follow, RSVP to Savannah Cannon at (435) 586-5462.

**"MY MOTHERHOOD MATTERS" GATHERING**, 7 to 8 p.m., Cedar City Library west conference room, a door prize will be available for those who attend and all materials from the meeting will be made available on the blog the next day, for more information visit www.mymotherhoodmatters.com.

**JANUARY MEDITATION SESSION AT THE HEALING TREE**, 7 to 8 p.m., 535 S. Main St. Suite 4 in Cedar City, participants will be introduced to a variety of meditation approaches designed to increase awareness and foster a calm mind, no previous meditation experience required, contributions to the class will be by donation, if you would like to make a gift the suggested donation is \$5 per class

**STORY TIME AT THE CEDAR CITY LIBRARY IN THE PARK**, 10 and 10:30 a.m., free.  
**CEDAR CITY MASONIC LODGE #35 MEETING**, 7 p.m., 2120 W. Skyview Road, Cedar City, for more information visit www.cedarcitylodge.org or call (435) 704-0045.

**COLOR COUNTRY COMMUNICATORS**, Cedar City Toastmasters, 7 a.m., 86 W. University Boulevard, Pastry Pub Banquet Room back door. Find your voice. Shape your future. Be the leader and speaker you want to be, www.cedarcitytoastmasters.org.

**IMMUNIZATIONS/WIC/VITAL RECORDS**, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

**ALCOHOLICS ANONYMOUS**, 11 a.m. women's meeting only, noon Speaking from the Heart AA, and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890, or for information on the Hope for Today meeting call (435) 531-1045.

**ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP**, noon, Cedar Bowling Center, 421 E. Highway 91, Cedar City.

**AL-ANON HOPE FOR TODAY (FOR THE FAMILIES OF ALCOHOLICS)**, 8 p.m., The KKCB Meeting Hall, 1067 S. Main St., Cedar City, for information call (435) 531-1045.

**NARCOTICS ANONYMOUS**, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

**CEDAR CITY COMMUNITY CLINIC**, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

**FRIDAY, JAN. 22**

**NIKOLAI MASSENKOFF AND THE RUSSIAN FOLK FESTIVAL**, 10 a.m. children's matinee and evening performance at 7:30 p.m., Cedar City Heritage Theater, 105 N. 100 East, \$40 general admission or \$15 for students, tickets can be purchased online at www.cedarcitymusicarts.org or by calling 586-3336.

**OFF THE CUFF COMEDY IMPROVISATION CELEBRATES 12 YEARS**, 9:30 p.m., 913 S. Main St. in Cedar City, as a special treat, the cast from Year One will be back to perform a vintage edition of OTC Comedy for one night only, a lot of players from throughout OTC's 12 years will be in attendance, for more information visit www.facebook.com/offthecuffotc or call (210) 446-7768.

**FREE DANCE AEROBICS CLASS**, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091.

**FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN**, 11:30 a.m. to 1 p.m., located on Freeway Drive between JR's Truck Stop and the Travelodge, community welcome.

**IMMUNIZATIONS/WIC/VITAL RECORDS**, 7:30 a.m. to 5 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

**ALCOHOLICS ANONYMOUS**, noon Speaking from the Heart AA and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

**NARCOTICS ANONYMOUS LIVE AND LET LIVE**, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

**CEDAR CITY COMMUNITY CLINIC**, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

## SATURDAY, JAN. 23

**CEDAR BREAKS GUIDED SNOWSHOE WALK**, a 2-mile trek in a winter wonderland, snowshoes available, to make a reservation or for more information call 586-9451 ext. 4425.

**SATURDAY FARMERS MARKET: YEAR ROUND**, every Saturday rain or shine, 9 a.m. to noon, 905 S. Main St. at IFA Country Store in Cedar City, local vegetables, greens, fruit, herbs, baked goods, artisan cheese, live plants, flowers, jams, raw honey, farm fresh eggs, and more.

**OVEREATERS ANONYMOUS**, 10:30 to 11:30 a.m., Cedar City Public Library, free meetings, no obligation, for anyone who wants to stop eating compulsively, contact (435) 310-0779 for more information.

**ALCOHOLICS ANONYMOUS**, 11 a.m. women's meeting, noon Speaking from the Heart AA, 6:30 p.m. AA BB Study, and 8 p.m. My Story speaker meeting, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

## SUNDAY, JAN. 24

**ALCOHOLICS ANONYMOUS**, 11 a.m. (TGISS) AA and 6:30 p.m. 12x12 Book Study, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

**NARCOTICS ANONYMOUS**, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

## MONDAY, JAN. 25

**IRON COUNTY COMMISSION MEETING**, 9 a.m., Iron County Commission Chambers, 68 S. 100 East in Parowan.

**SOUTHERN UTAH WATERCOLOR SOCIETY MEETING**, 5:30 p.m., Cedar City Library in the Park, come sell or buy at the "Mainly Art Stuff" yard sale, visitors welcome.

**START SMART BASIC BUSINESS START-UP CLASS**, 3 p.m., SUU Business Resource Center, 510 W. 800 South in Cedar City, if you have a great business idea but don't know how to get started, this workshop is for you, free, but space is limited, RSVP to 865-7707 or br@suu.edu.

**BOOK BABIES: STORY TIME FOR TODDLERS AT THE CEDAR CITY LIBRARY IN THE PARK**, 10:30 a.m., free.

**FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN**, 11:30 a.m. to 1 p.m., located on Freeway Drive between JR's Truck Stop and the Travelodge, community welcome.

**IMMUNIZATIONS/WIC/VITAL RECORDS**, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

**AWANA BIBLE CLUB**, for teenagers in seventh through 12th grades, 6:30 to 8:30 p.m., at Valley Bible Church, AWANA is a non-denominational children's Bible ministry with more than 60 years experience, for more information contact the church at 586-0253 or Keith at 865-1704.

**RED ROAD TO SOBRIETY/AA MEETING**, open meeting, 6 p.m., Paiute Indian Tribe of Utah, 440 N. Paiute Drive, Cedar City, for more information call Chris at 586-1112 ext. 307.

**ALCOHOLICS ANONYMOUS**, noon Speaking from the Heart AA and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

**NARCOTICS ANONYMOUS MONDAY NIGHT BASIC TEXT STUDY**, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

**CEDAR CITY COMMUNITY CLINIC**, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

## TUESDAY, JAN. 26

**STORY TIME AT THE FRONTIER HOMESTEAD STATE PARK**, 10 a.m., an opportunity for preschool children to learn about the past through stories and history-related activities, story time is free thanks to the support of the Cedar City-Brian Head Tourism Bureau.

**CEDAR CITY ROTARY CLUB WEEKLY MEETING**, noon, Ramada in Cedar City, for more information call (435) 865-7637.

**FREE DANCE AEROBICS CLASS**, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091.

**IMMUNIZATIONS/WIC/VITAL RECORDS**, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

**RAPE AND SEXUAL ASSAULT SUPPORT GROUP**, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

**AL-ANON "EASY DOES IT"**, 7 to 8 p.m., Community Presbyterian Church, 2279 N. Wedgewood Lane, Cedar City, for more information call (435) 531-1045.

**AL-ANON**, 7 to 8 p.m., Parowan United Methodist Church social hall, 190 N. Main St.  
**ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP**, noon, Cedar Bowling Center, 421 E. Highway 91, Cedar City.

**ALCOHOLICS ANONYMOUS**, noon Speaking from the Heart AA, 6 p.m. AA Misfits and 8 p.m. AA Cedar Group, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

**CEDAR CITY COMMUNITY CLINIC**, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

## WEDNESDAY, JAN. 27

**CEDAR CITY COUNCIL**, 5:30 p.m., council chambers, city offices.

**CEDAR CHEST QUILTERS' GUILD 10TH ANNUAL RETREAT**, Ramada Inn in Cedar City, this year there will be two national teachers, for more information visit www.cedarchestquiltersguild.org.

**STORY TIME AT THE CEDAR CITY LIBRARY IN THE PARK**, 10 and 10:30 a.m., free.

**TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER**, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

**BEGINNING SQUARE DANCE CLASS SPONSORED BY THE HEYCEDARS SQUARE DANCE CLUB**, 6:30 to 8 p.m., 489 E. 200 South, Cedar City, first night is free, \$4 per person each night after, for more information call Ralph Rawlinson at (435) 668-4867 or Pat Mathews at (435) 531-6811.

**COLOR COUNTRY WINDS COMMUNITY BAND REHEARSAL**, 7:30 p.m., Community Presbyterian Church in Cedar City, no audition, must be able to play a band instrument and read music, we even welcome "rusty" players who want to begin playing again.

**TRAUMATIC BRAIN INJURY SUPPORT GROUP**, 6 to 7 p.m., Cedar City Library in the Park, come join our support group for conversation, games, and friendship, family and friends are welcome, call Jerry at 590-6244 for more information.

**IMMUNIZATIONS/WIC/VITAL RECORDS**, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

**FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN**, 11:30 a.m. to 1 p.m., located on Freeway Drive between JR's Truck Stop and the Travelodge, community welcome.

**AWANA BIBLE CLUB**, for youth ages 3 through sixth grade, 6:30 to 8 p.m., at Valley Bible Church, AWANA is a non-denominational children's Bible ministry with more than 60 years experience, for more information contact the church at 586-0253 or Keith at 865-1704.

**ACTIVITY CLASS FOR THOSE WITH ALZHEIMER'S AND DEMENTIA**, 11:45 a.m. to 3:45 p.m., Cedar City Senior Center, \$25 includes lunch, snacks and materials, for more information call LuAnn Lundquist at (435) 319-0407.

**TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS**, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park, for more information call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

**DOMESTIC VIOLENCE SUPPORT GROUP**, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

**ALCOHOLICS ANONYMOUS**, 8 to 9 p.m., Parowan United Methodist Church social hall, 190 N. Main St.

**ALCOHOLICS ANONYMOUS**, 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

**ALCOHOLICS ANONYMOUS WOMEN'S MEETING**, noon, Cedar City Library in the Park.

**NARCOTICS ANONYMOUS JUST FOR TODAY**, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

**CEDAR CITY COMMUNITY CLINIC**, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.



### Mountain Eye Institute

LASER & SURGERY CENTER

**ACCEPTING NEW PATIENTS!**

**Specialized Services Include:**

- "No-stitch" Cataract Surgery
- Macular Degeneration • Diabetic Retinopathy
- Treatment of Glaucoma
- Pediatric Strabismus • General Eye Exams



**On Site Optical Center**

**1811 W. Royal Hunte Dr. Ste. 1, Cedar City, UT 84720 • 435. 586.1131**

**mountaineyeinstitute.com**

# People

## NEWBORN

### Orion Skyler Rowley

Orion Skyler Rowley was born Jan. 7, 2016 to Travis Rowley and Stefanie Wippler, of Cedar City. Orion weighed 7 pounds, 7 ounces. We are proud to welcome our baby boy Orion into the world. He is such a sweet and handsome little boy. He is welcomed by his big brothers, Jayden, Gavin, Travis, and big sister. We are excited to get to know our newest bundle of joy.



## 95TH BIRTHDAY

### RaVenna Leigh-Fisher, Baker

A native of Cedar City, RaVenna Leigh-Fisher, Baker celebrates her 95th birthday on Jan. 28. She was born in 1921, raised in Cedar City and graduated from BAC and the University of Utah. She was accepted into the WASP Women's Air Force Patrol during WWII.

Later she married one of her flight instructors after he returned to the United States after flying the Hump for 20 months. After Al Fisher's death, RaVenna married Harry Baker and moved to Illinois where they owned and operated several



drug stores. RaVenna moved home to Cedar City after Harry's death. She is still very active in teaching and helping others.

Congratulations and happy birthday, RaVenna!

## ADOPTABLE PETS IN IRON COUNTY

### SOPHIE

This sweet girl is Sophie. She is approximately 3 years old and loves attention. She has a lot of energy, but listens very well. She gets along with other dogs and doesn't seem to mind the cats. She is a happy pup. Sophie is looking for her home. She is located at Cedar City Animal Control, (435) 586-2960.



## MISSION

### Elder McKay Smith

Elder McKay Smith has returned from serving a two-year mission in the Oregon Eugene Mission for The Church of Jesus Christ of Latter-day Saints. He will speak in church Jan. 24 at the Fiddlers Canyon Chapel (638 E. Canyon Center Drive) at 1 p.m. His parents are Terry and Jill Smith.



*There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements. Announcements and photos can be submitted to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or at 389 N. 100 West, Suite 12, Cedar City. The deadline is Wednesday at 5 p.m. for the next week's issue. Announcements should be 100 words or less. Call 867-1865 ext. 6 for pricing for all other announcements.*

### ASHER

Meet Asher, He is a Border Collie and is approximately 2 years old. He loves attention. He loves to fetch and play tug-of-war. He gets along well with others. He is house broken. Asher has a lot of energy! His adoption fee is \$50. Once his new owner gets him neutered they will get \$25 of that fee back. He is all up to date on his vaccines. Asher is looking for his home. He is located at Cedar City Animal Control, (435)586-2960.



# My Motherhood Matters officially launches in Southern Utah

BY EMILY ADAMS

Special to Iron County

**SOUTHERN UTAH**  
– On Jan. 4, 2016, a pair of Southern Utah sisters officially launched their website and organization aimed to uplift and strengthen society's most pivotal and often overlooked contributors – mothers.

Co-founders Emily Adams, of Enoch, and Cassie Riding, of St. George, decided to create the organization, "My Motherhood Matters," in an effort to teach, support and inspire women in their role as mothers.

The response from the community has been overwhelming. In just 24 hours, the My Motherhood Matters Facebook Group garnered more than 1,000 members and a week after its launch the page has nearly 1,500 followers. The website and Motherhood Moments Blog has received hundreds of hits and the sisters' realistic, yet positive approach to

motherhood seems to have struck a chord in the community.

One way that My Motherhood Matters aims to uplift women is by getting real, real fast.

"We don't seek to sugar-

all types – super moms, working moms, stay-at-home moms, single moms, grand-moms, future moms, frustrated and overwhelmed moms, mothers of one or mothers of 10. We are all learning and grow-

month (except for July and December) from 7 to 8 p.m. in the Cedar City Library West Conference Room. This "Gathering Group" will be instructed on a specific topic each month by professionals and mothers

and come back recharged with tips on how to further their fulfillment in this essential role. As such, they request that children be left at home to facilitate a more conducive learning environment for all.

juggle all of their responsibilities and they aren't receiving the support and encouragement that is necessary to be successful in the home. We want to be a positive voice that deliberate mothers are essential to the success of individuals, families, communities and the world at large."

For those who cannot meet in person, a brief synopsis of the group and all handouts will be made available the following day at [www.mymotherhoodmatters.com](http://www.mymotherhoodmatters.com), and the companion Facebook Group, [www.facebook/groups/mymotherhoodmatters](http://www.facebook/groups/mymotherhoodmatters). The website blog will also feature a post written by a different mother each week in a "Motherhood Moment Monday" series as well as frequent updates with encouraging quotes and mothering resources.

For more information, email [mymotherhoodmatters@gmail.com](mailto:mymotherhoodmatters@gmail.com) or join the Facebook Group for all updates on upcoming meetings and posts.

*My Motherhood Matters*

**A Gathering Place for Mothers to  
TEACH, SUPPORT and INSPIRE**

**Bringing More Joy, Peace and Fulfillment  
To Our Individual Lives, Our Families  
Our Communities and Our World**

IMAGE COURTESY OF EMILY ADAMS

coat motherhood. We aren't out to paint an unrealistic portrait. Motherhood is a very real challenge, but it is also incredibly rewarding," Adams said.

"We want mothers of

ing through this process and this organization is an opportunity to learn and teach together," she added.

My Motherhood Matters plans to meet on the third Thursday of every

alike, followed by time to discuss specific questions and issues relevant to those in attendance. The purpose of the group is to have mothers step away from their families for one hour

"We've gone from the concept of 'it takes a village to raise a child' to a very isolated and lonely experience as mothers. So many women are feeling overwhelmed as they try to

# Obituaries

## Betty Renee Peterson Pace



Betty Renee Peterson Pace, age 81, returned to her Heavenly Father on Jan. 9, 2016 at her home in New Harmony, Utah, surrounded by members of her family. She was born on June 26, 1934 to Sherald J and Velma Williams Peterson in Cedar City, Utah.

Betty spent her childhood in Boulder City, Nev. as her father moved there to help build Hoover Dam. She spent her high school years living in Davis Dam, Ariz. attending high school in nearby Kingman. Summers were spent visiting grandparents in Kanarrville, Utah.

After graduating high school she met the love of her life, Gordon H Pace, of New Harmony. They married Feb. 14, 1953. Together they raised four sons and a daughter. She often said that being a wife, mother and homemaker for her family was her greatest joy in life. She and her family lived in New Harmony, Utah; Boulder City, Nev.; Downey, Bishop, Whittier, and Lone Pine, Calif.; and finally coming full circle—to retire back on the family farm in New Harmony, Utah.

Her commitment was to her family and her Savior, Jesus Christ and she loved serving those around her. As a member of the LDS church, she served in many different capacities including primary and Sunday school teacher, cub-scout den mother, and most often in the Relief Society presidencies of wards she lived in.

There are many memories of her taking a meal or a warm loaf of bread in to a family in need or just providing support for someone that needed a listening ear. She took both her mother and mother-in-law into her home and lovingly cared for them in their aging years. She was a ministering angel to so many.

Betty is survived by her husband of 63 years (next month), Gordon; sons, Mark of Banning, Calif., Steve of Glendora, Calif., James (Carolyn) of New Harmony, Utah, and Greg of Las Vegas, Nev.; daughter, Nancy (Russ) Thornley of Orem, Utah; sister Cherie Baldwin of Cedar City, Utah; 12 grandchildren and four great-grandchildren.

She was preceded in death by her father and mother, brother Dal Peterson, and granddaughter Angela Thornley.

The family extends their heartfelt gratitude to so many that assisted as Betty faced the challenge of Alzheimer's Disease, especially Rachelle Colvin, Francesca Gregersen, Victoria Diaz, Deborah Corbridge, Bob Groke and the IHC Hospice Staff, and LuAnn Lundquist of the Alzheimer and Dementia Society.

Funeral services were Jan. 16, 2016 in the New Harmony LDS Chapel (12 S. Main St., New Harmony, Utah). A viewing before services Saturday also at the church. Interment was in the New Harmony Cemetery under the direction of Southern Utah Mortuary. Online condolences can be made at [www.sumortuary.com](http://www.sumortuary.com).

## William Eugene Stapleton



William Eugene Stapleton (Gene), 61, of San Antonio, Texas, passed away Tuesday, Jan. 5, 2016.

Gene was born March 12, 1954 in Los Angeles, Calif. He grew up in Oklahoma and Oregon, graduating high school from North Salem High in 1972. Gene joined the United States Air Force following graduation and served honorably for 20 years, retiring in 1994 as Master Sergeant.

Gene was an adventurous child and teen. In high school he was very well liked and peers flocked to him. He is remembered as getting his siblings into random trouble and also befriending everyone. Gene received many awards, medals, and recognition during his service in the military. He was a hard worker, who showed up early and stayed late. This trait followed him in to his careers following retirement.

Through his career in the military he was able to live in many states and countries. While stationed at Nellis Air Force Base in Las Vegas, Nev., Gene married Jennilee Thayer. They were married for 26 years. In 2004, he moved to San Antonio, Texas. He loved watching football, crime TV shows, old war movies, working on his 1951 Willys, riding his motorcycle, and Mountain Dew. Gene had a great sense of humor, loved wearing funny hats, had a heart for people, talked to anyone and everyone, and really enjoyed sharing stories about his military service.

Gene was a great brother, friend, father, uncle and grandpa. His work ethic and love for giving will never be forgotten by the many people whose lives he touched.

Gene is survived by his children, Robert Stapleton of Alexandria, Va., Samantha (Aaron) Kallas of Fairbanks, Alaska, Michelle (Thomas) Childers-Garrison of Cedar City, Utah; four grandchildren, Kara (10), Mason (6), Ethan (4), and Jeffrey (2 months); siblings Linda Miller of Las Vegas, Nev.; Johnny (Cheri) Johnson of Salem, Ore.; Annie (Dan) Harrison of Houston, Texas; Eddie (Angie) Johnson of Salem, Ore.; and many nieces, nephews, and cousins. Gene was predeceased by his parents and his older sister, Christine Runell Stapleton.

Military funeral service will take place at 10 a.m., Friday, Jan. 29, 2016 at Southern Nevada Veterans Memorial Cemetery in Boulder City, Nev. A Celebration of Life luncheon will follow from noon to 2 p.m. at the LDS Chapel, 2550 Buchanan Boulevard, Boulder City, Nev.

In lieu of flowers, memorial donations can be made to Fisher House Foundation, P.O. Box 97229 Washington, DC 20077-7804.

## RueGene Rollo



RueGene Rollo, 72, passed away on Wednesday, Jan. 13, 2016 at Kolob Rehab Center. He was born on Nov. 23, 1943 in Cedar City, Utah to Ruel and Bessie Rollo.

RueGene worked 32 years as a heavy equipment operator for Cedar City Street Department. At one time or another every kid in Cedar City was given a grader ride from him.

He was a farmer at heart, spending most of his years working on the farm. He also spent many years involved with the distribution of North Field Irrigation Water. He was a hard-working man. His grandkids always brought a smile to his face and he loved seeing them.

Survivors include his wife of 38 years, Lorraine; three sons, Robert (Lynette) Rollo, Mark (Alisa) Rollo, Nickolas (Rachel) Rollo; and one daughter, Lori Bowler. Also surviving are 13 grandchildren, one great-grandson and two brothers, Alex (Laurel) Rollo and Gary Rollo, both of Cedar City.

The family had a private viewing on Tuesday, Jan. 19, 2016 at Southern Utah Mortuary with a graveside service at the Cedar City Cemetery at 1 p.m. under the direction of Southern Utah Mortuary. Online condolences can be sent at [www.sumortuary.com](http://www.sumortuary.com).

## Barbara LaGloria Busath Pane



Barbara LaGloria Busath Pane, 93, passed away Thursday, Jan. 7, 2016 in Cedar City, Utah. She was born Dec. 6, 1922 to Joseph Nelson and Nina LaGloria Busath in Salt Lake City, Utah.

She had one older brother, Dan and a younger sister, Marylou. They grew up with many fun memories of their home on 10th South and 1381 East.

When she was 18, she went to nursing school in Phoenix, Ariz. She spent the next few years as an Army Nurse during World War II, serving in the States and in Europe. She had many stories to tell.

Her family was important to her; unable to have children of her own, she adopted all her nieces and nephews. She spoiled all of us on birthdays and at Christmas time. She also adopted many pets through the years and she called them her children.

She met George Pane and they were married on Nov. 25, 1956. She was welcomed into his family, who were important to her. They shared their lives and their pets until George's passing in 1979.

Barbara was a nurse at many different hospitals in the Los Angeles area. She was there when several of her nieces and nephews were born. She was professional and excelled where she worked. She worked in nursing administration and later in her career she went back to school to earn her master's degree in Hospital Administration. She retired as Director of Nursing at the CIGNA Medical Center in Los Angeles, Calif.

She had lots of talents; she played the organ and piano for church. She painted pictures and made beautiful needle point pictures. She liked to cook. The last few years, her favorite places were church and Wal-Mart; she would visit with everyone.

Barbara is survived by her nieces and nephews: Sandra Little (Bill) of Pahrump, Nev., Scott Busath of San Diego, Calif., Jon Busath (Judy) of Coeur d'Alene, Idaho, Steven Clarke (Sharon) of Cedar City, Utah, Joanne Morgan (Dallas) of Centerville, Utah, Gordon Clarke (Janet) of Stansbury Park, Utah, and Ellen Bennett (Bruce) of St. George, Utah.

She will be missed by all who knew her.

Funeral services were on Saturday, Jan. 16, 2016 at the Enoch Chapel (451 E. Midvalley Road, Enoch, Utah). A viewing was before services at the church. Interment was in the Enoch Cemetery under the direction of Southern Utah Mortuary. Online condolences can be made at [www.sumortuary.com](http://www.sumortuary.com).

## ROCK CLUB

*Continued from page 12*

on some of the techniques for making jewelry with the rocks.

"Sometimes we have demonstrations there. We teach people how to make cabochons – round rocks for necklaces," Jenson said.

Other demonstrations include wire wrapping classes where people use one of the rocks they have found and use a fine wire wrapped around a cabochon to create a beautiful pennant for a necklace. There have also been silver-smithing classes and

rock tumbling classes.

To use the rock shop, people must take a two-hour class that includes individual instruction for their own safety and to ensure the machines do not get damaged.

There is a small fee to use the machines.

The Rock Shop is typically open Wednesday afternoons from noon to 4 p.m., Thursday afternoons from 5:30 to 8:30 p.m., and Saturday mornings. The hours vary depending on whether a supervisor is available.

For more information, visit [www.southernutahrockclub.net](http://www.southernutahrockclub.net).

## MEDITATION

*Continued from page 12*

the group. Their purpose is simply to improve their everyday lives by using the techniques regular meditation can afford.

"A lot of times we're so busy we're just on automatic pilot," Prince said. "We're bombarded with outside stimuli, whether it's entertainment, the internet, cell phones, there's so much out there that is distracting. We get so busy with everything that's out there we rarely turn our energies inward and take an assessment of what's going on internally."

Prince said when people become habituated to these distractions they tend to react out of habit instead of living in the moment and making every decision consciously. It also lends itself to stress.

"In the West, that's typically what draws a lot of people to meditation – the relief from stress,"

Prince said.

"(Meditation) is giving them tools for when they find themselves becoming stressed, anxious, angry, fearful, when their emotions are rising that are distracting them from what they're doing. It allows them to come back to the present moment by simply using objects as a focus, a point of awareness ... to harness that energy internally and to direct it back to themselves so they're more productive and calm," he added.

Prince said in the spirit of sharing meditation instruction, contributions toward the classes are done by donation. The suggested donation is \$5 per class. Otherwise, the meditation classes are offered at no cost. The Healing Tree is at 535 S. Main St., Suite 4 in Cedar City.

For more information about the class, visit [www.healingcedarcity.com](http://www.healingcedarcity.com) or contact Todd Prince at (435) 867-9824.

*There is no charge for obituaries of 400 words or less with up to two photos. Please email submissions to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or bring to 389 N. 100 West Suite 12, Cedar City. The deadline is Monday at 9 a.m. For pricing information for obituaries longer than 400 words, please call 435-867-1865 x 106.*

**LAST DAY TO ENROLL IN HEALTH INSURANCE IS JANUARY 31ST**

**WE GUARANTEE THE LOWEST FEES IN TOWN!!**

**TAVOTAX**

INSURANCE

**AVOID OBAMACARE PENALTIES**

**AVOID PAYING HIGH FEES! WE REALLY START AT \$60**

**HOME • AUTO • SR-22 (FREE)**

443 W 200 N  
Cedar City, UT 84720  
Phone: 435-865-6615  
Fax: 435-865-5851

Monday-Friday 10am-7pm  
Saturday 10am-4pm  
Hablamos español  
[omejia@tavotax.com](mailto:omejia@tavotax.com)

[www.tavotax.biz](http://www.tavotax.biz)

## Flippin' Birds fall to Utes in home gymnastics opener

BY TOM ZULEWSKI

Sports Writer

The atmosphere was electric from the start, with fans waving glow sticks inside a darkened Centrum as pre-game introductions took place for the Southern Utah gymnastics home opener Jan. 15.

Once the meet against Utah began, the visiting Utes showed why they're always a team consistently in the running for national titles.

Utah fell below a 49 on just one rotation and cruised past the Flippin' Birds 196.725-195.600 before a packed house of 4,873 fans, the large majority making plenty of noise for each successful routine by the home team. Redshirt sophomore Madyson Blake won the floor exercise for SUU with a 9.900, and Stacie Webb tied for second with the Utes' Tiffani Lewis at 9.850 on vault.

While the T-Birds showed a 1.5-point improvement over their performance at Denver last week, coach Scott Bauman said plenty was left on the table as they had to count two falls.

"It wasn't our strongest meet. I know we can do much better," Bauman said. "Our bar team is very strong, but they had some serious issues out there and it's one of the issues we'll address next week ... You can't count falls

SEE GYMNASTICS | 19

*"As long as our gymnastics looks good, we don't worry about the scores. We just do the best we can."*

—Madyson Blake

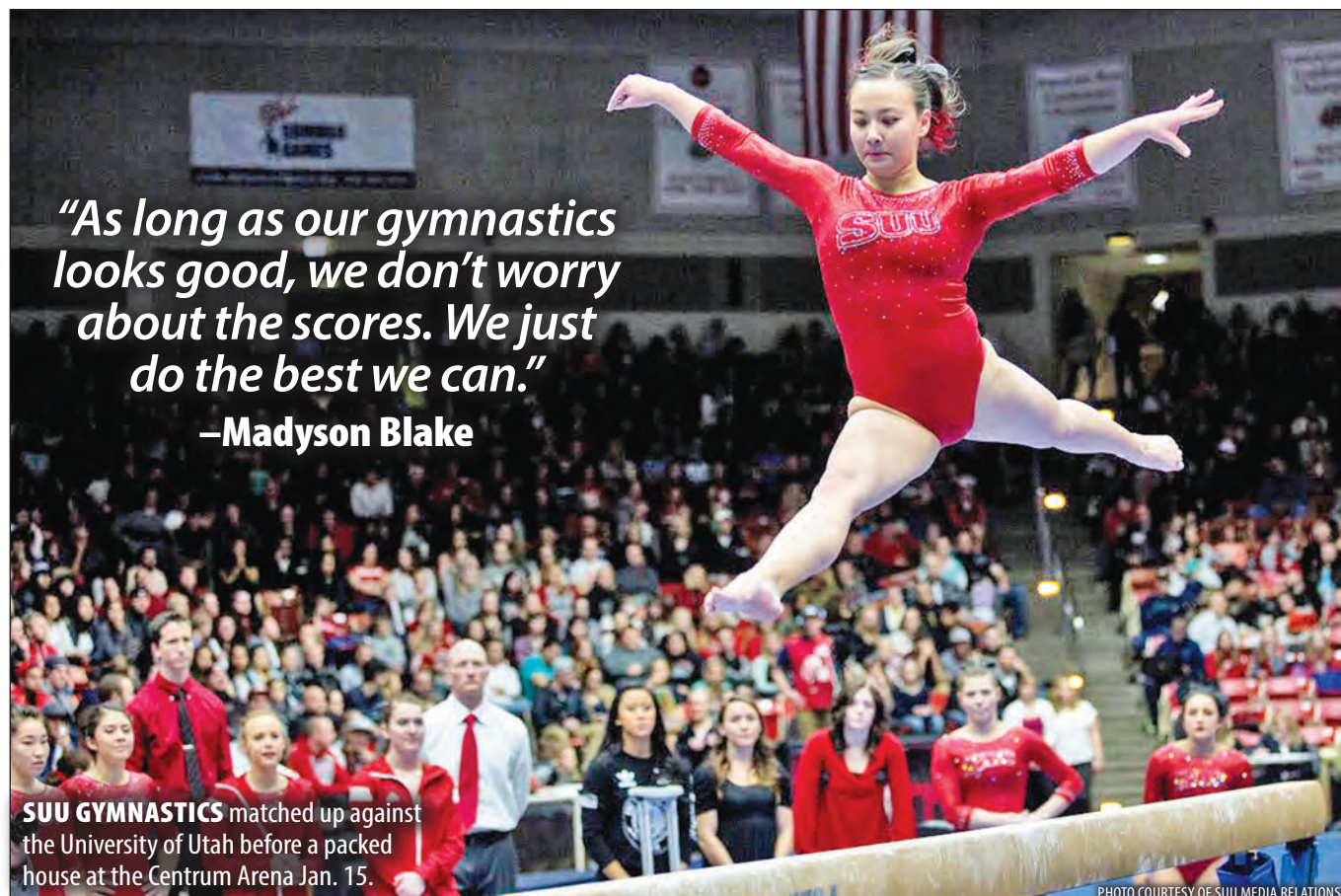


PHOTO COURTESY OF SUU MEDIA RELATIONS

SUU GYMNASTICS matched up against the University of Utah before a packed house at the Centrum Arena Jan. 15.

## Redmen struggle late, fall to Warriors

BY TOM ZULEWSKI

Sports Writer

Offense may be fun for most fans to watch, but high-school basketball teams know defense is a better key to determining who wins championships at season's end.

The Snow Canyon Warriors had enough defense – and a few well-earned breaks – that got them off on the right foot for the start of Region 9 play.

Justin Loveless and Brock Staheli combined for 28 points, and Snow Canyon held on down the stretch to beat the Cedar Redmen 57-51 on Jan. 13. The Redmen missed four free throws in the final minute and fell to 5-6 on the season.

Loveless finished with 15 points and Staheli added 13.

With a team heavy on juniors, coach Craig Cardon praised the progress Cedar

made in spite of the loss.

"I saw growth today. I thought we got better," Cardon said. "We saw some emotion, we played with some pride. We lost our composure, and one of the things we have to do as a team is learn how to win close games."

Snow Canyon trailed 29-27 early in the third quarter, but went on an 11-0 run to take its largest lead of the night at 38-29 before Cedar chipped away. The Redmen got within 53-49, but struggled at the foul line and couldn't reclaim the advantage.

"We had turnovers and they made baskets," Cardon said of the Warriors' surge. "We had a couple of let-downs and took some shots that aren't necessarily the ones we wanted. The free throws were horrendous, and that's something the kids know how to do. It's just shooting them when they're tired."

Keenan Nielson led



### SNOW CANYON 57 CEDAR 51

Snow Cyn. 8 17 13 19 -- 57  
Cedar 10 14 10 17 -- 51

**Snow Canyon** – Staheli 13, C. Barney 1, H. Barney 5, Taimi 10, Tupu 8, Hammer 5, Loveless 15. Totals 20 12-18 57. 3-pointers – Staheli 1, H. Barney 1, Taimi 1, Hammer 1, Loveless 1.

**Cedar** – Fletcher 2, Nielson 15, Fakahua 9, Brinkerhoff 13, Haynie 12. Totals 19 9-17 51. 3-pointers – Nielson 3, Fakahua 1.

### Friday's Game DESERT HILLS 70 CEDAR 49

Cedar with 15 points, but the Redmen had only five players on the final stat sheet. Ben Brinkerhoff added 13 points and Parker Haynie had 12.

"We didn't have a great shooting night, but if you play good defense, you always give yourself a chance," Snow Canyon coach James Brown said. "The run ignited us, then we got some easy baskets off pressure ... Cedar is the toughest place to get a win, so when you get it, it's always a big deal."

On Jan. 15, Desert Hills beat Cedar, 70-49, its third straight loss and second to start Region 9 play. Marcus McKone led the Thunder with 18 points and Logan Hokanson added 17.

Desert Hills (12-1 overall) led 15-11 after a quarter and extended the margin to 36-23 at the half before pulling away with the help of 11 3-pointers.

Haynie led Cedar with 16 points in the loss.

CINDY TEEGE

# Falcons off to 2-0 Region 12 start



JR ROBINSON

BY TOM ZULEWSKI  
*Sports Writer*

The Canyon View Falcons continued their winning ways by sweeping their first two games of Region 12 play on the road last week. CV has won five in a row and seven of its last eight overall.

The Falcons opened the week with a 75-69 victory at Carbon on Jan. 12 as three players scored in double figures, led by 22 points from senior Lorenzo Camba. CV led 40-36 at the half and hit nine 3-pointers in the win.

Sophomore Brantzen Blackner added 17 points and Xavier Stoker helped out with 10.

On Jan. 15, CV had little trouble with Juab, turning up the defensive heat for the first three quarters before cruising to a 52-35 win over the Wasps. Blackner led the way with 13 points, Stoker finished with 12 and Spencer Jensen added 11.

Canyon View led 30-14 at the half.

CV will play one more on the road this week Jan. 22 at Richfield.

# Rams trample Valley



DAVID MINEER

**PAROWAN BASKETBALL DEFEATED VALLEY, 56-49,** in Parowan Jan. 13 by holding Valley to just 16 total first half points. Brenen Rowley, Jeffrey Hamilton and Trevor Bassett scored in double figures for the Rams.

# Redmen teams sweep January Invitational swim title in Cedar

BY TOM ZULEWSKI  
*Sports Writer*

**CEDAR CITY** – With less than a month to go before the Utah 3A state swim meet, the Cedar and Canyon View swim teams got their shot to continue the work on improving and building toward championship glory.

The Cedar Redmen teams did well enough to stay the course and finished with both team titles at the January Invitational meet held Jan. 16 at the Cedar City Aquatic Center. The boys' team survived a hard-fought three-way battle and scored 335 points, two ahead of East and three in front of Uintah. The girls didn't have nearly the stress level, finishing with 398 points, 44 better than East.

"It's so good for my swimmers to have them look at 4A and 5A swimmers," Cedar coach Richard Coston said. "We can beat Delta all day long, but we need to race against the really good teams. We've got a lot of good swimmers on the boys' side, and the

girls are loaded in every class."

The Redmen set themselves up for the finish by getting a win from Alex Knight in the 100-yard backstroke and a runner-up from Felix Weingartner in the 100 breast before finishing fifth in the 400 free relay. East could only manage a third-place showing behind Canyon View and Copper Hills, but just beat the Utes at the wall by .08 seconds to claim the second spot in the final standings.

Knight also won the 200-yard individual medley in 2:05.99.

On the girls side, Cedar swept the relay events – 200 medley, 200 free and 400 free – and got other individual wins from Katelyn Gross (200 IM, 100 backstroke) and Elisa Price (100 free).

Canyon View, which will host the Region 12 championship in a one-day meet at the CCAC on Jan. 30, finished fifth in both the boys' and girls' team standings. Coach Kirt Brown said the team has been working through an

assortment of late-season aches and pains.

"We've been working hard, but I haven't seen any PRs for a while," Brown said. "It was still a good meet for us. Not the best as far as team points go, but individuals had some good swims."

Nathan Wallace, a commit to BYU, made a loud statement that he's ready to contend for a few more state titles in his senior year with wins in the 200 free (1:49.62) and as the anchor leg in the 200 free (1:33.93) and 400 free (3:29.44) relays.

The effort came for Wallace despite not being at full strength.

"Nathan is really sore," Brown said. "We're waiting for a taper for him where he can get a little rest. If he's not hitting his times right now, that's OK, because that means he'll do his best times when they need to happen."

The Falcons boys finished with 263 points, 61 behind Copper Hills, and the girls had 206, three ahead of Grantsville.

# Lady Reds fall twice to start region play

BY TOM ZULEWSKI  
*Sports Writer*

Coming off a perfect 12-0 season in Region 9 play last year, the Cedar Lady Reds knew they had a lofty standard to try to reach again. With its first two games on the road, Cedar found challengers who are ready to make their own run for the top

spot in 2016. Traveling to Snow Canyon for the region opener Jan. 12, Cedar got 27 points from senior Courtney Morley, but saw its fourth-quarter rally fall short in a 56-53 loss to the Warriors. The Lady Reds trailed 18-10 after a quarter, but cut the margin to just two at 41-39 heading to the fourth.

Four players scored in double figures for Snow Canyon (2-0, 13-1), led by Madison Mooring's 17 points. Shaylee Reed added 12, while Natalie Coulam and Sydney Bott helped out with 11 points apiece. Mooring and Bott each made three 3-pointers in the victory.

Snow Canyon enjoyed nearly a 2-to-1 edge at the free-throw line, going 16-of-25 to Cedar's 7-of-13.

Two nights later, Desert Hills broke the game open in the second half and beat Cedar 50-36 at the Thunderdome behind 22 points from BYU-bound Ashley Beckstrand, who played all 32 minutes. The Thunder led 17-15 at the half, but held the Lady Reds to just nine points in the third quarter.

Desert Hills contained Morley throughout the night, holding the senior to only four points. Dream Weaver led the Lady Reds (0-2, 9-5) with 10 in the loss.

Cedar played its region home opener against Pine View on Jan. 19. Results weren't available at press deadline.

### Tuesday's Game

## SNOW CANYON 56 CEDAR 53

Cedar 10 13 16 14 -- 53  
Snow Cyn. 18 11 12 15 -- 56

**Cedar** – Morley 27, Weaver 8, Davis 7, Myers 6, Williams 2, Ziegler 2, Robinson 1. Totals 21 7-13 53. 3-pointers – Morley 4.

**Snow Canyon** – Mooring 17, Reed 12, Coulam 11, Bott 11, Durante 2, Hoskins 2, McConnell 1. Totals 17 16-25 56. 3-pointers – Mooring 3, Bott 3.

### Thursday's Game

## DESERT HILLS 50 CEDAR 36

# SUU rally falls short in home loss

BY TOM ZULEWSKI  
Sports Writer

**CEDAR CITY** – The Southern Utah women’s basketball team wrote its latest chapter of the Big Sky season in similar fashion to the first three – a slow start, followed by a big rally, and a tough defeat in the end.

Hayley and Delaney Hodgins combined for 45 points, including three crucial 3-pointers in the later stages of the second half, and Eastern Washington held on for an 85-82 victory over the T-Birds at the Centrum to stay unbeaten in Big Sky play at 4-0. Hayley Hodgins hit six of the Eagles’ 13 3-pointers and led all scorers with 24 points, and Delaney added 21 to go with three triples.

“The end outcome isn’t exactly what we hoped for, but the execution and competitive effort, especially in the second half, is exactly what we hoped for the whole game,” SUU coach Chris Boettcher said. “They just have really

## E. WASH. 85 S. UTAH 82

EWU	22	26	17	20	--	85
SUU	18	18	23	23	--	82

**Eastern Washington** – Payne 15, D. Hodgins 21, Kapri Morrow 2, Phillips 13, Cunningham 8, Chandler 2, H. Hodgins 24. Totals 27-62 18-24 85. 3-pointers – Payne 2, D. Hodgins 3, Phillips 2, H. Hodgins 6.

**S. Utah** – Munns 7, Baird 5, Reid 15, Koerber 4, McDonald 8, Frandsen 13, Richardson 12, Smith 18. Totals 31-64 14-20 82. 3-pointers – Munns 1, Reid 1, McDonald 2, Smith 2.

good shooters and when they get going like they did tonight, it’s tough to combat that. A few plays here or there were the difference between us winning and losing.”

SUU (0-4 Big Sky, 3-12 overall) trailed 48-36 at the half, but rallied and took the lead for the first time since the early moments when Jamie Smith hit a jumper to make it 71-70.

Hayley Hodgins had the answer with a 3-pointer then, after Bree Reid (15 points) sliced inside for a layup, followed up with another long-distance dagger, and the Eagles

wouldn’t lose the lead again.

Jessica Richardson hit two free throws on the next T-Bird possession, but Delaney Hodgins followed with a third straight triple that kept Eastern in control.

“It was good to come home,” Smith said. “It was fun to try and get a win against one of the best teams in our conference. We came out fighting in the second half, and it took a pretty good halftime speech. We took a deep breath and got rolling.”

Added Boettcher, “When you’re playing one of the top teams in the conference, you can’t just be good. You have to be great. When you’re a young team struggling to put consistency together, you have to be mentally tough.”

Panguitch alum Darri Frandsen had 13 points and Richardson added 12 despite playing only 24 minutes while battling first-half foul trouble. For the game, SUU shot 48

percent from the floor and committed just 12 turnovers.

“That’s a huge confidence boost for us,” Boettcher said of the T-Bird shooting effort. “I’m more excited how many looks we got at the rim. Sometimes we settle for being a 3-point shooting team, and we countered some of their pressure by driving to the basket, making plays and getting easier shots.”

Of SUU’s 64 attempts from the floor, they made 6 of 15 from behind the 3-point line. Eastern Washington made 13 of 34 and out-rebounded SUU 37-34. Ashli Payne added 15 points for the Eagles and Tisha Phillips chipped in 13.

**NOTES:** Montana State is the only other unbeaten team in the Big Sky. The Bobcats improved to 5-0 (12-4 overall) with a 69-61 win over North Dakota ... SUU enjoyed a 32-18 edge in points in the paint and got 17 points from the bench.



PHOTO COURTESY OF SUU MEDIA RELATIONS

## GYMNASTICS

Continued from page 17

against teams like Utah and think you’re going to do anything but get your butt whipped out there.”

After opening the night with a solid 48.925 on the vault, Danielle Ramirez and Karen Gonzales took hard spills off the bars and the home team produced its lowest rotation score of the night at 48.325.

“We’re going with a lot of new stuff this year,” Bauman said. “A lot of these kids are competing with them for the second time in their lives. We know there will be some growing pains.”

Webb, who added a 9.850 on floor and 9.875 on balance beam, said the big crowd was a big help in energizing the team from the start.

“It worked out really well because the crowd was so loud and so supportive of us,” Webb said. “The atmosphere from the team is usually like that, but to have the whole arena cheering us on made a huge difference.”

Blake got the night started for SUU with a 9.800 on vault, and said scores aren’t as much of a concern in the early stages of the season.

“We just want good gymnastics,” Blake said. “As long as our gymnastics looks good, we don’t worry about the scores. We just do the best we can.”

As for the winning floor routine, Blake said getting over the initial run was the hard part.

“After I landed the first pass, it felt really good and I knew I was going to hit the rest of my routine,” Blake said. “When I nailed it, I was really happy about it.”

Breanna Hughes won the vault with a 9.900 and shared the uneven bars crown with teammate Cassandra Lopez with a 9.925 for the Red Rocks. Samantha Partyka and Kari Lee tied for the balance beam win, also with a 9.900.

Before the start of the meet, SUU honored former Flippin’ Bird Kellie Dangerfield with a moment of silence and a standing ovation from the crowd that included her mother and two sisters. Dangerfield passed away in September at age 28.

“Kellie was bigger than life,” Bauman said. “She was one of those people who could really lift your spirits and get you going. She was an amazing human being to watch on balance beam and uneven bars, so good on those events.”

“Her passing was one of the toughest things I’ve ever had to deal with. Having her family with us tonight was so nice. They’ve done a lot for SUU, and that’s our way of repaying Kellie. We’ve always looked up and smiled before every rotation, and now there’s a really cool reason to do it.”

# Parowan Rammettes drill team announced as 1A South champs



PHOTO COURTESY OF CAMILLE TOPHAM

**THE PAROWAN HIGH SCHOOL RAMMETTES** took first place at the 1A Region drill competition in Richfield Jan. 16. It has been 21 years since a region drill championship has come home to Parowan. The last region and state championships for the school were in 1994 and 1995. The region drill trophy will be awarded at halftime during the region basketball tournament in Cedar City Feb. 27. The state drill competition will take place at UVU on Feb. 5.

# FREE CLASSIFIEDS!

Limit of 2 ads per person and phone number, 30 words per ad. Charges apply for any additional words over 30. We are now charging for all ads in the "help wanted" and "services" categories.

**1 WEEK** \$.14/word - 30 Words - \$4.20 (minimum). More than 30 words - \$.14/word. **2 Weeks** \$.12/word - 30 Words - \$7.20. More than 30 words - \$.12 per word. **3 WEEKS** \$.10/word - 30 Words - \$9.00. More than 30 words - \$.10/word. **4 Weeks** \$.10/word - 30 Words - \$9.00. More than 30 words - \$.10/word

IRON COUNTY TODAY'S FREE CLASSIFIEDS SECTION IS A SERVICE TO THE COMMUNITY AND IS NOT INTENDED TO BE USED BY FOR-PROFIT BUSINESSES. ADVERTISEMENTS ARE THE SOLE RESPONSIBILITY OF THE ADVERTISER. IRON COUNTY TODAY HEREBY DISCLAIMS ALL LIABILITY FOR ANY DAMAGE SUFFERED AS THE RESULT OF ANY ADVERTISEMENT IN THIS NEWSPAPER AND IS NOT RESPONSIBLE FOR ANY CLAIMS OR REPRESENTATIONS MADE IN ADVERTISEMENTS IN THIS NEWSPAPER. IRON COUNTY TODAY HAS THE SOLE AUTHORITY TO EDIT AND LOCATE ANY CLASSIFIED ADVERTISEMENT AS DEEMED APPROPRIATE. IRON COUNTY TODAY RESERVES THE RIGHT TO REFUSE ANY ADVERTISING.

**Ad deadline is Fri. at noon.**

Submit your classifieds online at [www.ironcountytoday.com](http://www.ironcountytoday.com) or fax to 867-1866 or call 867-1865 ext. 1.

**389 N. 100 West, Ste. 12, Cedar City**

## ANIMALS

## ANNOUNCEMENT

## FOR SALE

## FOR SALE

## FOR SALE

## HELP WANTED

### FREE SIAMESE KITTENS

TO a good home -litter box trained. 2 female adult cats - fixed: one siamese, one black & white. One black german shepherd -\$300.00 no papers. 702-486-5264.

### ANNOUNCEMENT

**I PICK UP COATS** and blankets for the homeless. Please call Robert at 435-233-8702. Please leave a message. If you do not hear back from me, please call again.

### BREAD OF LIFE SOUP

kitchen needs several long "flat griddles" to replace the ones that have recently worn out. Call Laura @435-559-7737.

### PEANUT BUTTER, CHILI

**AND** canned fruit are constant need at the Care & Share pantry. All three are important sources of nutrition for the poor. Call 435-586-4962 or drop by.

### JOIN THE SINGLES DINNER

club. Our club goes out once a month. Next date February 13th. It's our Valentine's Dinner Party. Call 435-635-7632 or email: [mnpjr2@yahoo.com](mailto:mnpjr2@yahoo.com) for more information.

### THE HOMELESS SHELTER AT

244 West 900 North needs steel-toed boots for some of their clients that currently have jobs. Coats, blankets, and sweat clothes also needed. Call Lee. 435-586-5142.

### CHRISTENSEN HOME SERVICES OFFERING

spring window cleaning commercial and residential great rates 801-643-3493

### AUTOMOBILES

### TRAILER TIRES AND WHEELS.

(6) BF Goodrich Commercial T/A All Season LT225/75-R16 "E" rated tires mounted and balanced on 16x6 steel chrome-clad 6 lug wheels with center caps. Less than 1000 miles. Look great! Paid \$1900. Will take \$1000. Gary (562) 754-5223.

### 1979 CADILLAC DEVILLE. BODY

is in great shape, only 86,000 miles. Please respond by text to 435-559-1271. Price \$4,000.

### 1996 INFINITY Q45T FULL

Power, sun roof, heated power seats, 6 CD changer, tilt-n-cruise, \$2850.00 OBO. Call: 435-867-9080.

### MICHE PURSE - LEATHER

strap and chain strap plus 9 different covers in various colors. Excellent condition. Original cost \$310. Asking \$155 for everything. 435-867-6418.

### LADIES LEOPARD FUR 3/4

coat, size medium. Original cost \$300. Asking \$110. Ladies charcoal grey wool full length coat, size Large Petite, Original cost \$225. Asking \$90. 435-867-6418.

### RV COVER. USED RV cover.

24ft trailer or motorhome. Good quality, only a couple of small holes near bottom. Comes with bag. Paid \$350. Will take \$75. Gary 562-754-5223

### ITEMS FOR SALE: MASTER

portable Massage Table, excellent condition, plumbing tools and wood working tools. Ask for Bob:(435) 867-4330, Cedar City

### PLANTRONICS T-10 TELEPHONE/HEADSETS, AT&T

2-line Speaker-Phone 24 speed-dial numbers 19 other features, Uniden Remote Twin-phone set, Mirrors 41.5"X32", 44"X28", 5'X8' camper shell, office hutch. 435-559-1657

### CEMETARY PLOT IN PAROWAN,

new section. \$350.00. Call 435-477-2383.

### DINING TABLE WITH FOUR

chairs \$300.00, 42 inch round kitchen table with four matching chairs all in excellent condition. Asking \$300.00 please call 317-883-4923.

### FENDER LAP STEEL GUITAR,

8 string, three legs, Circa 1953. Fender Side Kick keyboard 60 amplifier. Men's snow boots, aspen sports, size 10. Redwing men's leather boots, size 10. 435-867-6080.

### OAK ROLL TOP DESK:

4 1/2 Ft. long, Excellent Condition \$100.00. Dresser 10 Drawer Broyhill Darkwood 5 1/2 Ft. long with 3 1/2 x 4 1/2 FT Mirror \$75.00 435-867-6134.

### KAWAI CA93 DIGITAL PIANO

with Real Wood Soundboard \$1,798 Great condition. Bench included. Named one of the 20 Top MI Products for 2011 by Music Inc Magazine. 435-531-2554.

### WHITES IDX PRO METAL

Detector, Asking \$325.00, Paid \$600.00. Includes the head phones. Brand New, only used once. Call: 435-867-2752.

### WOMAN HAS MANY BRAND

new left shoes size 9 1/2-10. Amputated Left leg so would like to let another get use of left shoe. FREE. Sketchers and others. Call: 435-616-1412.

### MEN'S ROSSIGNOL SKIS/SALOMON BINDINGS.

Like new \$35. Boots:Best offer. Rental skis: \$5. Electric Bread Maker excellent \$25. New skateboard \$20. 435-705-5929

### HELP WANTED

#### FULL-TIME MAINTENANCE DIRECTOR.

Some weekends and holidays. Responsible for the maintenance and repair of the buildings and grounds. Conducts inspections of safety systems, including fire systems. Follows a budget, inventory control of supplies and equipment. Must be experienced and knowledgeable with all repairs of a building and apartments. Must be able to pass background screenings and drug tests. Must have a current driver's license and be able to drive a small bus. Applications and Job Description can be picked up at Brookdale Cedar City, 995 S Regency Road, Cedar City, UT. Full benefit package.

#### FULL-TIME RESIDENT PROGRAMS DIRECTOR.

Some weekends and holidays. Plans, develops, and implements creative and exciting programs to meet the individual needs of residents, including outside trips and events. Must be able to pass background screening and drug checks. Must have a current driver's license and be able to drive a small bus. Applications and Job Description can be picked up at Brookdale Cedar City, 995 S Regency road, Cedar City, UT.

#### SOUTH CENTRAL COMMUNICATIONS:

Immediate job opening in Kanab for Executive Assistant: Performs secretarial and administrative duties for the CEO. Performs duties of highly confidential nature that require broad and comprehensive knowledge of the company's policies and operations. Responsibilities require discretion, judgment, tact and poise. A high degree of trust and an expectation of confidentiality with information is a must. Incumbent may have considerable latitude and flexibility in carrying out

**YOUR AD HERE!**  
**867-1865**

**JJ's Window Cleaning & Blinds**

Start the New Year off with Clean Blinds  
**15% OFF BLIND CLEANING** Exp. 1/31/16

**10% OFF WINDOW CLEANING** New customers only. Exp. 1/31/16

Blind Cleaning • Rain Gutter Cleaning • Pressure Washing Blinds • Shades • Shutters • Screens • Storm Doors  
Thank you for supporting your local veteran owned business!

**FREE ESTIMATES • 865-5850**

Try One of our New 50/50 Burgers!

**Brick House cafe**

Best of State Local Diner 2014 & 2015

**\$1 OFF ANY ENTRÉ**

Mon-Sat 8 a.m. - 9 p.m.  
**86 S. Main, Cedar City • 435-586-5344**

**Car Audio-Security-Video-Electronics**

**AVA AUDIO VIDEO EXPRESS**

HANDS FREE DEVICES for your phone (keep yourself from getting a ticket)

987 N. Main, #11 Cedar City • 435-865-7865  
**"The Finest Car Audio in Cedar City"**

**Brian Stephen Blackham**  
Network Administrator  
Computer Specialist

cell: 714.580.3964 • alt: 435.313.0892  
email: [bblackh1@yahoo.com](mailto:bblackh1@yahoo.com)

790 East 1030 South • St. George, UT 84790

**TYNER'S GROOMING**  
Professional Dog and Cat Grooming

Serving Southern Utah for Over 30 Years!

**PLEASE CALL FOR APPOINTMENT 435-586-6061**

491 S. MAIN UNIT 7A, CEDAR CITY  
LIKE US ON

**HELP WANTED**

assigned tasks. Excellent benefits and competitive compensation based on experience. Submit resume to: South Central Communications, PO Box 555 Escalante, UT 84726 Attn: HR or email HR@socen.com

**MISCELLANEOUS**

**PLANTRONICS T-10 TELEPHONE/HEADSETS, AT&T** 2-line Speaker-Phone 24 speed-dial numbers 19 other features, Uniden Remote Twin-phone set, Mirrors 41.5"X32", 44"X28", 5'X8' camper shell, office hutch. 435-559-1657.

**OH, BABY! DIAPER CAKES.** Adorable and practical gift for baby showers. A diaper cake makes a cute centerpiece! Custom colors & decorations available. Reasonably priced. Call or text 435-327-2101.

**I CROCHET BEAUTIFUL DISH** rags \$5. Call Sherie 435-586-7047.

**WE WILL PICK-UP AND** sell your unused items from storage units, homes, etc. on line and charge a small percentage. We will also ship the sold items. Call 435-590-2572.

**DO IT OURSELVES. LANDSCAPING,** Painting, Home Repair & More. Holiday Clean-up. Snow Removal. Quality work/low rates/honest, dependable. No job too big. Free estimates, Todd-435-619-3309, Office-435-267-2665 (senior discounts).

**JOIN THE SINGLES DINER** club. Our club goes out once a month. Next date February 13th. It's our Valentine's Dinner Party. Call 435-635-7632 or email: mnpjr2@yahoo.com for more information.

**REAL ESTATE**

**IF YOU THOUGHT THIS TIME OF YEAR WOULD BE A BAD TIME TO SELL YOUR HOUSE,** think again. Desperate woman looking for a home to buy in Iron County, up to \$130,000, has to meet rural development requirements or piece of land under \$20,000 (Can pay cash for land). If you go with my agent, only 5% commission is required. 435-233-8140 or 435-263-5854.

**OWNER WILL CARRY!** 2 bedroom 1 bath Condo in Parowan. will consider owner financing or Rent to Own. 435-592-6118

**TEMPLE LOT FOR SALE.** Temple Lot in Carmel Canyon. I'm willing to Owner Finance with Down Payment. 1/2 acre Lot. 888-507-8808

**RECREATION**

**SENIORS SOCIAL CLUB.** COME join us for an afternoon of relaxation, interaction, good conversation, nostalgic music. Noon-4pm in Parowan. Lunch/Beverages served. This is YOUR time, enjoy! Details: 435 705 5929

**RENTALS**

**PAROWAN 2 BED, 2 bath,** 1,440 sq. ft., Living room, Dining room, Family room w/ gas fireplace, Full kitchen & utilities, large lot, no pets, non-smokers, available January 15th. Call: 435-559-1482.

**ROOM FOR RENT. STUDIO** Apartment with private entrance, bathroom and kitchen. \$500.00 a month includes Cable Tv and utilities. no smoking no pets Parowan Ut 84761 435 531 2434

**RENTALS**

**HOUSE IN CEDAR CITY:** 3 Bedroom, 2 Bath on 1/2 acre w/storage. Washer and dryer hook ups. No smoking. Asking \$735.00/mo. Call: 435-590-1026.

**5 BEDROOM HOME:** \$850.00/MONTH on a large lot. Dogs allowed. Call: 435-590-3650.

**PRIVATE ROOM FOR FEMALE** in beautiful home, across the street from SUU. Rent \$250.00/month Call or Text: 801-637-7328.

**HOME FOR RENT. ONE** bedroom, 1 bath home. Full garage, washer/dryer hook-ups. Located near downtown Cedar City. \$400.00 per month. Text 435-559-1271.

**BEAUTIFUL 2 BEDROOM** 1 bath duplex for Rent Cedar City by Iron Springs Elem. Fenced backyard washer/dryer and water/garbage included. \$575/month. No smoking/pets 435-531-9482.

**SERVICES**

**COMPUTER RUNNING SLOW?**

We remove the viruses, do computer tune-up/optimization, and more. A+ Basic Computer Maintenance serves Iron County. Friendly, local, and affordable. Call Connie at 435-327-0980.

**LOOKING FOR LIVE-IN-LIGHT-CAREGIVING SITUATION.** Cedar City or Surrounding area. Provide Housekeeping, Laundry, Medication reminders. May be reached at 913-713-3865.

**SERVICES**

**CREATIVE TOUCH SALON IS MOVING LOCATIONS.**

You can now find us at 987 N. Main #4. We also have 1 space available for a honest, fun cosmetologist. Call Raina 590-8093.

**HOUSE CLEANING.**

For a nice Clean & Sparkling home call Debra, References available. 435-559-2095.

**LONGARM RENTAL DO YOUR OWN QUILTING.**

Have quilts to quilt, rent my long arm to finish your quilts or I will quilt them for you. Call Granny's 435-865-6880

**WANTED**

**WANTED: HOST FAMILIES. LOOKING FOR LOVING FAMILIES** to host foreign exchange students for the Fall 2016 school year. Apply now! www.AYUSA.org

**LOOKING FOR A USED ANVIL 35 LB. - 50 LB.** Call Sam 435-590-9985.

**LOOKING FOR A USED 10 HP GASOLINE MOTOR,** horizontal 3/4 inch shaft. \$50.00+ Call Sam 435-590-9985.

**YARD SALE**

**ESTATE / MOVING SALE. INCLUDES PIANO, COMPUTER, MISC. FURNITURE** and kitchen items. Saturday, January 16, 2016, from 10:00 am to 4:00 pm. Text for specifics, 435-559-1271



**BIG HIT VAPOR & MMA APPAREL**  
987 N. MAIN, CEDAR CITY UTAH  
435 559 3008 + 435-854-VAPE(8273)  
BIGHITVAPORMMA@GMAIL.COM

**CARRIERS WANTED****PAROWAN**

Call April Oliver at  
**435-590-8922**

**CEDAR NORTH AREA**

Call Stormee Anderson at  
**435-590-8922**

**Diesel Pickup Specialists**


**Cummins • Powerstroke • Duramax**  
2048 N. MAIN, CEDAR CITY 435-865-0055

**WOOD****TILE**

*Festival ~ Abbey Carpet & Floor*

**Let It Snow!  
Let It Snow!**

Come see the 100% water resistant flooring  
festivalcarpet@infowest.com

2572 W Hwy 56, Cedar City 586-1114

**VINYL****CARPET****PROCUREMENT INTERN****UTAH PROCUREMENT TECHNICAL ASSISTANCE CENTER**

30 hours/week; 12 months/year. Bachelor's degree pref'd; high school diploma req'd. Valid Driver's License. Ability to travel an average of 5 days/month. \$12+ per hour, DOE. Open until filled. Details/apply online at <http://jobs.suu.edu>. Contact Human Resources at [jobs@suu.edu](mailto:jobs@suu.edu) or (435)586-7754. EOE/AA Employer

**SUU** SOUTHERN UTAH UNIVERSITY  
LEARNING LIVES FOREVER

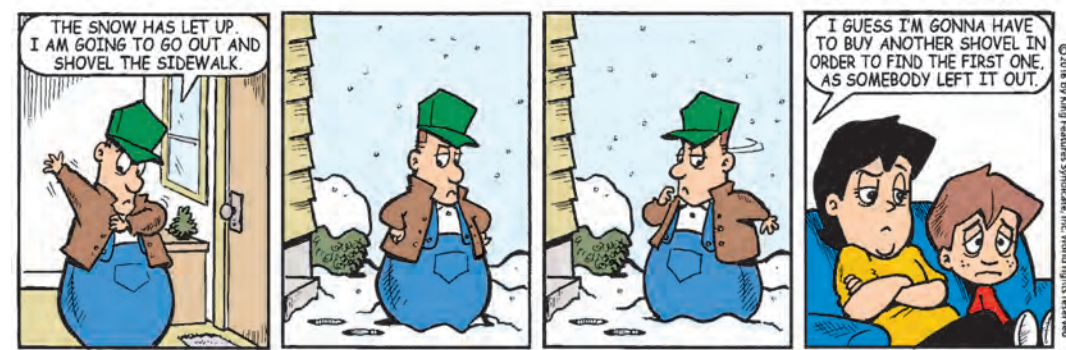
**PRODUCTION ADMINISTRATIVE ASSISTANT****UTAH SHAKESPEARE FESTIVAL**

Part-time; 12 months/year; starts ASAP. Bachelor's Degree or three years equivalent professional office exp req'd. Office management exp; strong interpersonal and organizational skills. \$10.00+ per hour, DOE; First consideration date: 1/23/16; open until filled. See details/apply online at <http://jobs.suu.edu> Contact: Human Resources at [jobs@suu.edu](mailto:jobs@suu.edu) or (435)586-7754. EOE/AA Employer

**SUU** SOUTHERN UTAH UNIVERSITY  
LEARNING LIVES FOREVER

# Amber Waves

by Dave T. Phipps



# Out on a Limb

by Gary Kopervas



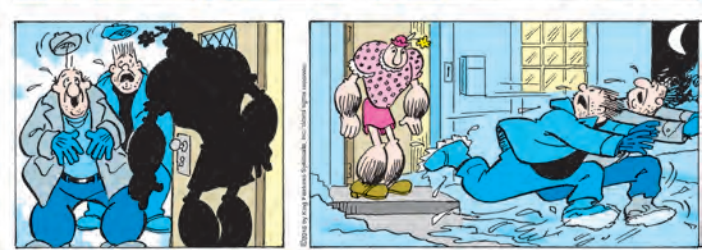
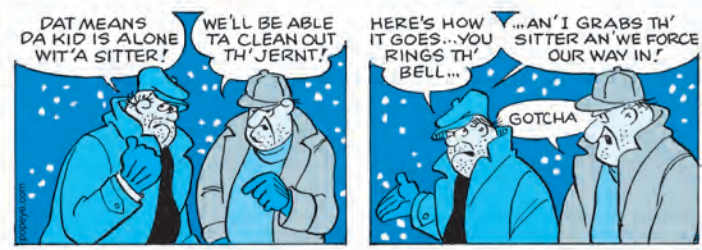
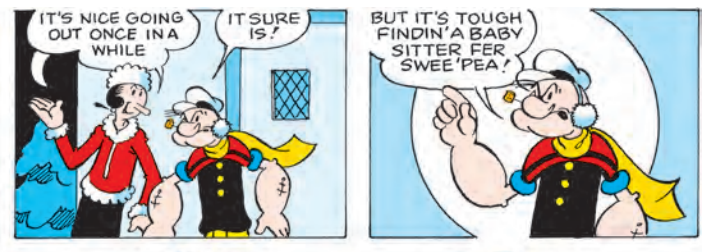
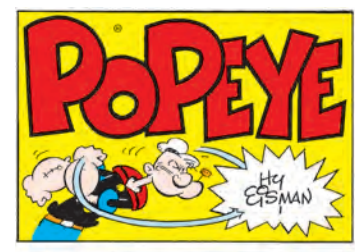
# R.F.D.

by Mike Marland



# The Spats

by Jeff Pickering



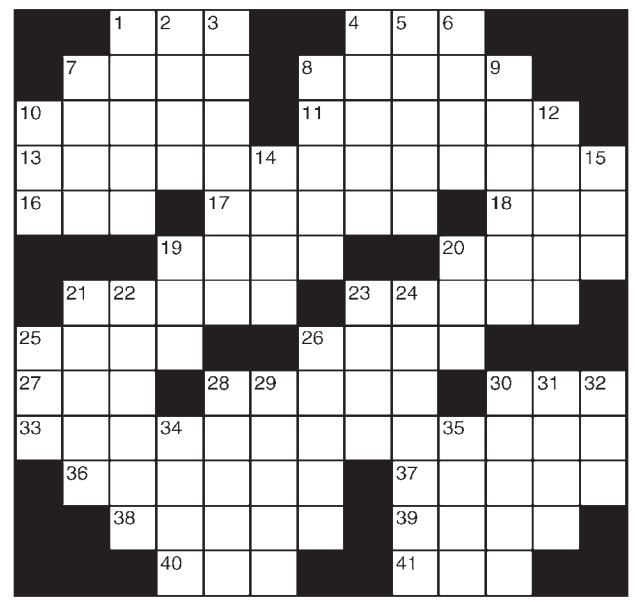
# King Crossword

## ACROSS

- 1 Moo goo gai pan pan
- 4 Snitch
- 7 Prop for Sherlock
- 8 Intrinsically
- 10 Insertion mark
- 11 Mountain-eering tool
- 13 New Orleans section
- 16 Scoundrel
- 17 Storefront sign info
- 18 Raw rock
- 19 Olympic sled
- 20 Desert-like
- 21 Harvests
- 23 Ski trail
- 25 Nevada city
- 26 Sex Pistols genre
- 27 Suitable
- 28 Highlanders
- 30 Island garland
- 33 "3rd Rock From the Sun" cast member
- 36 Baltimore bird
- 37 Change
- 38 Hairnet

## DOWN

- 1 Sent a telegram
- 2 Admitting customers
- 3 Burger enhancer
- 4 Happen again
- 5 Neighborhoods
- 6 Despot
- 7 Prefix with
- 8 Resentment
- 9 Blackmail
- 10 Ozone depletor (Abbr.)
- 12 Weird
- 14 Swine
- 15 Scarlet
- 19 "7 Faces of Dr. —"
- 20 Request
- 21 Copy, for short
- 22 Goes in
- 23 Green shot



- 24 Entomologist's study
- 25 U.K. fliers
- 26 Sat for a picture
- 28 Ice cream tool
- 29 Actress Sevigny
- 30 Non-clergy
- 31 Sea eagle
- 32 "— Impossible"
- 34 NPR's Totenberg
- 35 Sweater material
- 39 Carry legal or medic
- 40 Mimic
- 41 Crafty

## Weekly SUDOKU

by Linda Thistle

4			8					9
	3			5		8		
		1			7			6
		2	5					6
5				1				2
3					6	1		
7				2				4
		4	3				8	
	2				1	9		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ★★ ★**

★ Moderate    ★★ Challenging  
★★★ HOO BOY!

© 2016 King Features Synd., Inc.

# Trivia test

by Fifi Rodriguez

1. GEOGRAPHY: Where is the country of Belize located?
2. HISTORY: In what country did the 1960 Sharpeville massacre occur?
3. LITERATURE: In what state did poet Emily Dickinson live her entire life?
4. MOVIES: What was the name of the spaceship in "Alien"?
5. GENERAL KNOWLEDGE: A strong, cool wind called the mistral is associated with which country?
6. MYTHOLOGY: What kind of creature is a griffin?
7. TELEVISION: Which character on "The Addams Family" spoke the catchphrase "you rang"??
8. THEATER: Which play's title character was nicknamed "The Demon Barber of Fleet Street"??
9. MUSIC: Who wrote the song "Lucy in the Sky with Diamonds"??
10. ANCIENT WORLD: What figure is depicted by the Colossus of Rhodes?

**King Crossword**    **Weekly SUDOKU**    **Trivia Test Answers**

Solution time: 25 mins.

Answers

King Crossword

Answers

Weekly SUDOKU

Answers

Trivia Test Answers

1. Central America
2. South Africa
3. Massachusetts
4. Nostromo
5. France
6. A lion's body with an eagle's head.
7. Lunch
8. Sweeney Todd
9. John Lennon and Paul McCartney
10. The Greek sun god Helios