

Children Throughout County Enjoy Hunting for Easter Eggs



IRON COUNTY

today

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WEDNESDAY, APRIL 19, 2017

VOL. 9 NO. 20

Ladybug Nursery



CALENDAR OF EVENTS

All Classes and Events are Free!!!

FRIDAY, APRIL 28

Class: 6:00-7:00 pm
"Tomatoes & Vegetables"
Cedar City location only

SATURDAY, APRIL 29

Class: 10:00-11:00 am
"Ways To Keep Your Garden In Tip Top Shape"
Cedar City location only

Dirt Days Are Here Again!!!

Thriller-Filler-Spiller

Characteristic

- "T" Thriller - Adds height and drama to the container. Typically planted in the middle or corner of the container.
- "F" Filler - Fills the middle area of the container. These plants tend to have a mounded or rounded growth habit.
- "S" Spiller - These gracefully spill over the sides of the container. They have blooms or leaves for contrast.



← Thriller

← Filler

← Spiller

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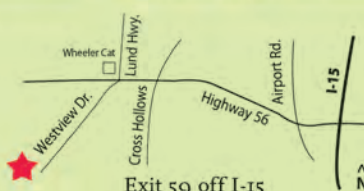
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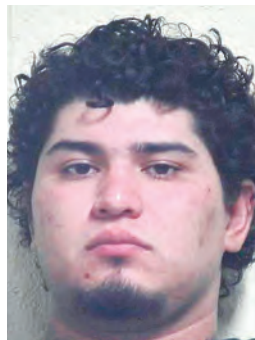
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WEDNESDAY, APRIL 19, 2017

VOL. 9 NO. 20

Pre-sentencing pending for car arson suspect

by Holly COOMBS
holly@ironcountytoday.com



IRON COUNTY SHERIFF'S OFFICE
ISAAC WALL

A Cedar City man who set fire to multiple cars in January pleaded guilty to three counts of arson last Tuesday.

Isaac Wall, 23, damaged six vehicles in four different locations in Cedar City on Jan. 10. Wall accepted a plea agreement last week, which reduced the original six second-degree felony counts of arson to three. The charge carries a recommended

sentence of one to 15 years in prison.

The fire, which began because of Wall's frustration over a divorce, extended to multiple fires as his attempt to commit suicide unsuccessfully. The damage of the vehicles totaled more than \$10,000, Cedar City Police Sgt. Jerry Womack said.

A pre-sentencing investigation for Wall is set for May 23 in Fifth District Court.

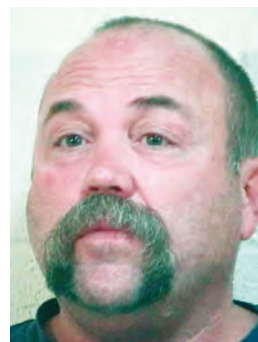
Man threatens to kill Cedar City Hospital staff, patients

by Holly COOMBS
holly@ironcountytoday.com

Cedar City Hospital staff and patients took caution last Saturday afternoon after a local man allegedly threatened to kill patients and staff.

James Dean Hanson, 52, was booked into the Iron County Correctional Facility and currently faces an infraction for disorderly conduct as well as charges of making terroristic threats, lewdness and resisting arrest, all class-B misdemeanors.

During the alleged time frame when Hanson was yelling profanities and threatened violence in the lobby



IRON COUNTY SHERIFF'S OFFICE
JAMES DEAN HANSON

see **THREAT** | 2



COUNTY CONTINUES WATER RECHARGE, FLOOD MITIGATION

WATER IS PRECIOUS, BUT CAN ALSO POSE DANGER when it turns to flooding. Efforts are underway to mitigate that threat.

COURTESY PHOTOS

by Holly COOMBS
holly@ironcountytoday.com

With a safe field of 21,000 acre-feet and 28,000 acre-feet being pumped, there has been much concern to conserve water in Iron County.

Paul Cozzens, member of the Cedar City Council and Iron County Water Conservancy District, and many others spearheaded a few separate efforts to lower that amount. Cozzens and others within the county began a project by the Cedar City Regional Airport called Flood Mitigation.

It involves the management and control of flood water movement, such as redirecting flood run-off through the use of floodwalls and flood gates, rather than trying to prevent floods altogether. In this case is snow that melts and trickles down the mountain as well as coal creek water flow is being directed to a gravel pit by the airport.

Why gravel though?

"Gravel is a great strata that allows the water to percolate," Cozzens said. "There is about 1,500 acre-feet that's gone into the flood mitigation pit, and about 1,300 of it has gone into the aquifer."

Cozzens said during the day the flow is reduced, but about midnight the snow on the mountain has melted and has flowed down with a strong and steady flow.

The time frame for the water flow into the pit will continue until the end of April and the infrastructure will be in place if needed in the future. Cozzens said the Iron County Water Conservancy District as well as the GMP Committee meets monthly to discuss ways to fix the overdraw issue. There are only three ways to solve this; conservation, importing new water and recharge.

"We encourage people to help conserve," he said. "We encourage smart watering systems for lawns, for example

it can sense the moisture content and apply the right amount of water, or if it raining it can sense that and your sprinklers won't turn on."

Cozzens said the district has sponsored a water fair to teach fourth graders how to be water wise.

"Because agriculture uses nearly 80 percent of the water even if municipalities conserve it doesn't have as large of an effect as we would hope," he said. "What is exciting is Agriculture is finding new options to conserve by applying water in different ways as well as growing crops that don't require as much water."

Another effort being made is collecting water before it hits Quichipa Lake and pumping it to it recharge basins.

"We're diverting the water because once it goes into the lake it gets contaminated and we can't use it," Cozzens said. "It's like putting salt in a glass of water, you can't get it out, the water is wasted to evaporation because there is so much clay under the lake that it can't percolate into the ground so we are going to capture it before it

gets to the lake, send it down a channel under Highway 56 and pump it into some recharge basins."

He said the state engineer is very happy with the county's effort to be proactive with solving our water challenges.

"If we aren't (proactive) and don't solve our own problem with the aquifer the state engineer can deem any water after a certain date to be a junior right. It can be a big deal because Cedar City as well as others could lose the ability to use their water rights," Cozzens said.

Iron County Water Conservancy District Executive Director Paul Monroe complemented Cozzens' motivation to facilitate and help the effort and said the projects have been a huge impact on saving water in the county. "Everyone can see that it is needed," he said.

— **Paul Cozzens**

"We're diverting the water because once it goes into the lake it gets contaminated and we can't use it"

Man pleads guilty to beating teenagers

by Holly COOMBS
holly@ironcountytoday.com

A man accused of beating three teenagers with a cast iron pan, pleaded guilty to the charge last Tuesday.

Josh Israel Kern, 42, has been held in the Iron County Jail with a \$10,000 cash-only bail since his arrest March 28 for allegedly beating three underage children repeatedly in addition to emotionally abusing them, according to court documents.

The juvenile victims recounted more than a decade of physical and verbal abuse during an interview at the Iron County Children's Justice Center in March.

A victim recounted being struck with a belt and being hit in the head with a cast iron pan multiple times, according to court documents. The repeated abuse regularly resulted in

severe bruising on multiple parts of the victim's body.

The other victims recalled to authorities repetitive physical abuse, including being hit with belts, ax handles and paddles. The alleged abuse occurred when the victim's received poor grades or failed to complete household chores, according to court documents.

Verbal abuse included calling the victims stupid and worthless, as well as instructing one victim how to kill themselves.

Court documents indicate Kern would allegedly abuse the victims when they received poor grades or failed to complete household chores.

Last week, Kern pleaded guilty to one count of child abuse, a third-degree felony, and has been ordered by Judge Keith Barnes to stay away from the victims and to



IRON COUNTY SHERIFF'S OFFICE

JOSH ISRAEL KERN

not possess a firearm, who have currently been relocated to "undisclosed areas" for safety.

The charge was reduced from a second-degree felony to a third-degree felony as part of the plea deal.

Kern was originally held in the Iron County Correctional Facility with a \$10,000 cash-only bond, but has since been reduced to \$5,000 cash or bond per Barnes after his plea deal. Kern's sentencing will proceed in 5th District Court on May 23.

THREAT

Continued from page 1

area near the emergency room, staff and patients were encouraged to keep distance.

Hanna and Dustin Williams had just become parents of a new baby girl the day before when Hanson's actions affected the Williams's actions to keep visitors away during that afternoon.

"We weren't sure what was going on, but we were told to stay in our rooms because it was a dangerous situation," Dustin Williams said.

Hanson was allegedly yelling profanities and threatened violence while in the lobby area near the emergency room in the Cedar City Hospital at approximately 1 p.m., according to the probable cause statement filed in the Iron County Justice Court.

Hanson had allegedly been yelling that he was "crazy" and was going to "start killing people" if he didn't see a doctor immediately, witness statements to police reported.

Once police officers arrived, Hanson allegedly refused numerous orders to cooperate so he could be taken into custody. Force was needed to complete the arrest.

During the process of the arrest, Hanson allegedly pulled his pants and underwear completely down — exposing himself to both law enforcement and hospital staff — when asked if he had any weapons on him at the time.

Hanson was booked into the Iron County Jail on \$2,040 bail. He was released on a bond later that day. He will appear in the 5th District Court on June 27 for an arraignment.

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4th Annual Walk for Remembrance and Hope

Share Families of Southern Utah, a local pregnancy and infant loss support group, is holding their 4th Annual Walk for Remembrance and Hope on May 13, at the Main Street Park in Cedar City. Registration and shirt pick-up will begin at 9 a.m. The event will begin at 10 a.m. and will include a short program, a one-block walk on Main Street, and a balloon release to help spread awareness for pregnancy and infant loss. This is Share's only fundraiser for the year and all support is appreciated.

Share helps those families who have experienced pregnancy and infant loss by:

- » Giving comfort in the hospital at the time of loss.
- » Donating hand and foot molds, blankets, and clothing to grieving families.
- » Providing volunteer photographers to capture priceless memories.
- » Hosting monthly support groups to give strength, encouragement, and

comfort in the ongoing process of grieving.

Share seeks to break the stigma of silence associated with pregnancy and infant loss and invites and encourages everyone to attend this event to raise awareness and honor the memory of precious babies who have gone too soon. This event is free to attend and participate in, however if you would like to get a shirt with your baby's name on it, a water bottle, and a balloon to release, the cost for early registration is \$15 and can be completed online (www.southernutahshare.com). After April 22, the price increases to \$20 and you will lose the option to have your baby's name on the shirt. This is Share's only fundraiser of the year and all donations are appreciated. Also - anyone who wishes to may create a lawn sign to decorate in honor of their baby and bring it to post on the day of the walk.

For more information, contact Christie at 435-592-3210.



COMMUNITY MEMBERS WILL WALK to spread awareness for pregnancy and infant loss on May 13.

COURTESY PHOTO

Cadets honored, Wyatt speaks at ROTC dinner

by Holly COOMBS
holly@ironcountytoday.com

As the end of the semester is present, the Southern Utah University Army ROTC had its formal dinner in the Sharwan Smith Student Center Ballroom last Wednesday night.

Awards for outstanding work throughout the school year were awarded to cadet recipients, a video presentation was given by Cadet MollyJane Comp to honor Capt. Jerome Young, assistant professor of military science, who is retiring this year.

Southern Utah University President Scott L. Wyatt was the evening keynote speaker.

Wyatt spoke of the importance of the country freedoms that were created many years ago and encouraged the cadets to remember that there is no country with such freedoms.

"Thomas Jefferson inserted an aspirational statement which will set the state for North American politics and we will continue to strive for it today," Wyatt said. "And in our modern day secular moral realm of this world it is nice to remember that he, Thomas Jefferson, and consequently all of them acknowledged that there were such things as absolute rights and absolute wrongs these are his words."

He quoted the Declaration of Independence:

"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit



HOLLY COOMBS

SUU PRESIDENT SCOTT L. WYATT RECEIVED A GIFT from Maj. Michael Rhinehart, a casing from the cannon blasts the ROTC shoots out during SUU Football games as a gift for all he's done for the ROTC.

of Happiness. — That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed,"

Wyatt continued that for the first time, the government draws its power and authority from the people. The government is set up to protect the people, not the people to feed the government. While the words of the Declaration of Independence are commonplace today, he said it wasn't even close to it in 1776.

"There was not a country that would have such a thing in 1776," Wyatt said.

He spoke of the Gettysburg Address and that even the French Constitution uses part of.

see **ROTC DINNER** | 9



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Administration

R. Gail Stahle

Publisher
gail@ironcountytoday.com

Deborah Martineau

Office Manager
officemanager@ironcountytoday.com

Advertising

Scott Stahle

Sales Manager
scott@ironcountytoday.com
801.755.5999

Stu Piltz

Sales Representative
stu@ironcountytoday.com
435.463.9947

Editorial

Tom Haraldsen

Managing Editor
news@ironcountytoday.com

Holly Coombs

Associate Editor
holly@ironcountytoday.com

Cody Smith

Reporter

Corey Baumgartner

Reporter

Craig Bennett

Reporter

Kelsey Keener

Reporter

Tom Zulewski

Sports Writer

Layout/Design

Devin Christ

Creative Director
design@ironcountytoday.com

Circulation

Brittany Westwood

S. Cedar City
brittanyw@ironcountytoday.com
435.590.6012

Stormee Anderson

N. Cedar City/Enoch
stormee@ironcountytoday.com
435.592.5724

Wendy Hanson

Parowan/Paragonah
wendy@ironcountytoday.com
435.477.9100

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389 N 100 W, Suite 12
Cedar City, Utah 84721
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Fax: 435-867-1866
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Opinion



Want to Submit a Letter to the Editor?

Please submit your letters to news@ironcountytoday.com or bring or mail them to 389 N. 100 West, Cedar City, Utah 84721. All letters must be signed, be brief (generally under 300 words in length), list the author's city and give the writer's telephone number (phone number will not be printed). We reserve the right to edit all letters for length or content. For letters arriving by e-mail, we will use the author's e-mail address in lieu of a signature.

Let's use some common sense

Thomas Jefferson wrote that laws and justice should be “construed by the ordinary rules of common sense.” This wasn’t reflected in last week’s headlines.

I read of a Utah man who embezzled more than \$1 million from two of his employers by fraudulently selling shares of corporate stock. He had been ordered by a judge to pay the money back (good luck with that!) and had received a stern and stiff penalty—one whole year in a federal prison. (Gee, I know men who served five times that long for selling a few joints to an undercover cop.)

Then I read of a Salt Lake man arrested for allegedly attacking an 18-year-old woman in the locker room in a college gym. Police knew the guy fairly well; he had a long record of drug and firearms violations and protective order/harassment infringement. Since this jewel was only 33 years old when arrested for the sexual assault, the law apparently has had a difficult time keeping him off the streets.

A short time in the slammer... Yes, sometimes justice can be a mere feather. Then, at other times, it can be a mean and hard-fisted hammer.

Take the case of Betty Ramos Castro. She came to Utah from Colombia some 25 years ago with the intent of getting married to a U.S. citizen. The marriage never took place, and, due to conflicting information about the citizenship process, she never became a citizen. In the harsh light of the law, the woman had overstayed her temporary visa

by more than 25 years.

And what had she done during these 25 years? Oh, she hadn’t embezzled money from investors or engaged in drug-dealing or criminal stalking. Instead she held a steady job, paid her taxes, cared for a



Cyclops

by Bryan GRAY
Columnist

...our sense of morality should bring sympathy for those in Central America fleeing violence and poverty

disabled son (an 18-year-old with cerebral palsy), and helped out her 86-year-old mother (a legal resident of the country).

Yet the federal government got its pound of flesh last week. She was hustled on an airplane and deported.

We can argue about the broken immigration policy. However, the majority of Americans approved of Pres. Obama’s executive order turning a sympathetic eye on working tax-paying “illegals” while focusing on deporting criminal elements. As Jefferson would have said, this makes total sense. Much of our economy depends on foreign workers but the “legal process” is too slow in allowing them entry. At the same time, our sense of morality should bring sympathy for those in Central America fleeing violence and poverty. The Pope understands this and so does the LDS Church.

Personally I (and I wager you, too,) would rather live next to Betty Castro than the sexual predator or the man bilking his neighbors through fraudulent stock deals. But despite a rallying cry from supporters like Mormon Women for Ethical Government, Betty received an injustice, not justice, while immigration authorities can only pat themselves on the back for breaking up a family (and probably passing expensive medical costs to the taxpayers).

One of the organizers of Mormon Women for Ethical Government said the deportation “goes against everything that is moral and humane and ethical in our nation.” Thomas

Jefferson couldn’t have said it better himself.

The opinions stated in this article are solely those of the author and not of Iron County Today

Leisure Services continue to discuss master plan

by Holly COOMBS
holly@ironcountytoday.com

The Leisure Services Master Plan continues to go forward as a meeting last Wednesday took place in the Cedar City Council chambers to present the first draft of the action plan and timeline.

Project Consultant Jay Bolwinkel of MGB+A briefly discussed some of the projects, policies and programs to be considered for the next 20 years.

Bolwinkel said the ice rink would be one facility that would be considered in a 10-year plan and possibly located near the Cedar City Aquatic Center where it is already currently located.

Policy priorities were created to put the goals in place for the five, 10 and 20 years of planning.

These include:

- » Sustainable venues and programs
- » Involving volunteers and public-private partnerships
- » Wise use of RAP, TRT and alternative funding sources
- » City Council will have a fair process for private enterprises to lease city property to provide recreational services
- » Future revenue for lease vs. city provided facility
- » Private enterprise to lease city property and make improvements
- » Study opportunity costs of allowing private business to use city property to build permanent structures
- » Disposal of property if partnership doesn't succeed

Bolwinkel also said that one priority would be to improve the Skate Park.

"It's got pieces sticking out that could actually hurt people," he said.

Other concerns are making sure all recreational areas and trails have signs and maps accessible and visible to better maintain what is already in the city. Extended comments and suggestions on each item were brief, because the meeting lasted close to six hours.

Vinnie Fava, an avid skateboarder, gave comment about the best place for an improved skate park would be right where it is or somewhere near the interstate.

"People driving buy would see it and have an interest to stop," Fava said.

Kerry Fain, co-operator of the ice rink also was happy to hear a new ice rink was in the works before the time of the possible deterioration of the current outdoor rink. Fain also said the rink provides opportunities for youth to enjoy and do well in the sport of hockey. Her daughter Alyssa recently competed in nationals within the sport and come back successful.

She agreed the area suggested for the new rink would be great or near the freeway where it can be seen by drivers and encourage them to stop.

"Our next step will be for all members of the committee to look at the action plan and timeline and to see if they are organized sequentially, proof for accuracy and submit their comments to the consultant," Leisure Services Director Bryan Dangerfield said.

The final meeting for the Master Plan will be next Wednesday, where discussion of possible funding sources and final changes will be made to the document, which will then be presented to the Cedar City Council for consideration on May 10.

Firefighters, police officers recognized

by Holly COOMBS
holly@ironcountytoday.com

New firefighters and police officers were recognized and sworn in and a new Park Manager was introduced at last Wednesday's Cedar City Council meeting.

Jeremy Valgardson with the Employee Advisory Committee presented Greg Orloski from the Cedar City Fire Department with the Employee of the Month Award for April. Orloski became a volunteer firefighter in 2002 and became full-time in 2008.

"Greg is a great asset to the department, he is very punctual always arriving early to be prepared for his shift before it starts," Valgardson said, reading the recommendation from the fire department. "When given a task or a project his is always ready and willing to get right on it."

The recommendation for Employee of the Month from the department also said Orloski is known to be very resourceful and insures completeness of the project.

"He has a lot of experience in the do it yourself type projects and everything from new construction to restoration of a classic vehicle," Valgardson said. "Greg's reputation for attention to meticulous detail is well known and respected around the fire station."

New volunteer firefighters were recognized for their completion of the Fire Academy training by Travis Fails.

"Volunteerism in the fire department is pretty low right now," Fails said. "We had a big meeting and close to 50 people who showed up that night."

During the meeting interested persons were let know the extent of physical needs in the firefighter position as well as the long nights



HOLLY COOMBS

NEW FIREFIGHTERS, TOP, AND POLICE OFFICERS who have joined their respective Cedar City departments were recognized by city council.

that might be needed to do the job at times.

"Firefighters have done 3,000 hours of training since February with the recruit academy and studying on their own to prepare for the test," he said.

The group of eight were congratulated on doing extremely well. They included Sara Mason, Forrest McMahon, Kristi Miller, Michael Niemann, Trevor Pollock, Wyatt Shurtz, Lucas Twitchell and Logan Washburn.

"In Cedar City we do things different than Washington and St. George and these guys picked up the concept and did well," Fails said.

Four new and promoted Cedar City Police officers were sworn in at the council meeting.

Zach Adams was promoted to corporal, Ron Skeem was sworn in as a patrol officer and Matt Carpenter

and Tyrell Crofts were sworn in as animal control officers.

Bryan Dangerfield, Leisure Services director, awarded Austin Bingham, Parks and Outdoor Division Manager, with the MVP Award of the year in Leisure Services.

Bingham took the job of Superintendent at Cedar Ridge Golf Course and his position with the Parks was given to new comer Wade Orme.

Orme, originally from northern Utah near Brigham City, had since managed many golf resorts in Las Vegas. He said he is excited for the opportunity to serve the Cedar City Community.

"I'm glad to be in a small town area," Orme said. "I'm excited to be here and hope to be for a long time. I'm happy with the city, how it's growing and the opportunities I will have to work with it."

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Reception planned for retiring SUU Dean

CEDAR CITY — The School of Business at Southern Utah University (SUU) has announced the upcoming retirement of its Dean, Dr. Carl R. Templin. Dean Templin has served in this position for 20 years, since 1997. The School of Business consists of the following departments: Accounting; Economics & Finance; Management, Marketing & Hospitality (HRHM); and Military Science.

The School of Business will be hosting a reception in honor of Dean Templin on April 21 in the Whiting Room at the Hunter Conference Center from 3:30-5 p.m.

Dean Templin achieved the rank of Full Professor on March 23, 2001, and also served for approximately a year and a half as Interim Provost and Academic Vice President. During his tenure the Masters of

Business Administration (MBA) Program was established and began enrolling students in 2000. Three years later the Department of Management, Marketing and Hospitality was created, followed by a National Advisory Board consisting of alumni and other top business professionals.

In April 2006, Dean Templin was successful in achieving the top, internationally recognized, business school accreditation through the Association to Advance Collegiate Schools of Business (AACSB) for SUU business degrees. By 2010 he had established 15 international partnerships with other institutions, enabling shortly thereafter, students to earn International Certificates in Business. In 2015, the Graduate Accounting Program achieved a regional high ranking in US News

and World Report's, "Top 50 Graduate Schools."

As one of his final contributions, Dean Templin played a critical role in the establishment of a new building on campus for the School of Business. The groundbreaking ceremony will be Thursday, April 27, from 11 a.m.-noon.

"Carl leads by example - he is a Dean who performs admirably in all 3 areas in which his faculty are evaluated. He has taught in the classroom, he has published regularly over his tenure here, and has also provided enormous service by advising clubs, working on committees, and heading up the accrediting effort," said Alan Hamlin, Professor of Management. "The only fault I can find in Carl is that he can't say no. He does the work of two Deans at any other university."

Bookings

Below are bookings as reported by the Iron County Sheriff's Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

April 10

Jeremy F. Steele, Parowan
FTA-Warrant, Retail Theft, Intoxication

Ricky M. Gentry, Cedar City
DV-Presence of Child, Assault

Maddie D. Marshall, Cedar City
Theft, Forgery

Ronald Lorenzo, Cedar City
Failure to Stop on Command

John B. Nibert, Cedar City
Controlled Substance, Threats Against Life/Prop, Driving Violations

Kim M. Potter-Hatch, Parowan
Threats Against Property

Dean J. Desmazes, St. George
Possession, DUI

April 11

Mara Jansons, Cedar City
Controlled Substance

Carly A. Alley, Cedar City
Retail Theft

Joshua C. Alley, Cedar City
Retail Theft

April 12

Mikha D. Medina, Washington
Drug Distribute/Offer

Declan E. Morrison, Cedar City
Consume Alcohol by Minor, Drug Paraphernalia

Albert Engelsman, Cedar City
Theft

April 13

Brandon L. Birdsell, Cedar City
Controlled Substance

Enrique Montano-Jimenez, Glendale
Federal Contract Prisoner

Tanya R. Roady, Cedar City
Drug Paraphernalia, Assault, False Report

Shawnie Delgado, Little Field
Speed Regulations, Tobacco Pur/Pass by Minor

April 14

Isaac B. Blackburn, Parowan
Possession and Use of Stolen Credit Cards

Johnny D. Atchison, Elbert, Colo.
Probation Violation

April 16

Daniel L. Bowen, Ogden
DUI

Dallas J. Hillstead, Kanarrville
Criminal Trespass

COSMIC CONTEMPLATIONS

by Leesa **RICCI**

Cedar Breaks National Monument

Living with a star is so easy, we often forget it's there. But studying it has been an endeavor in patience, long-suffering, and blindness. Eventually people got around burning their retinas with the cunning use of indirect observation. By 1309, the astronomer Kamal al-Farisi was using a camera obscura (which projects the image of the sun into a box) to safely study solar eclipses. By 1611, Christoph Scheiner was using a helioscope, which looks like a cross between a telescope and the camera obscura.

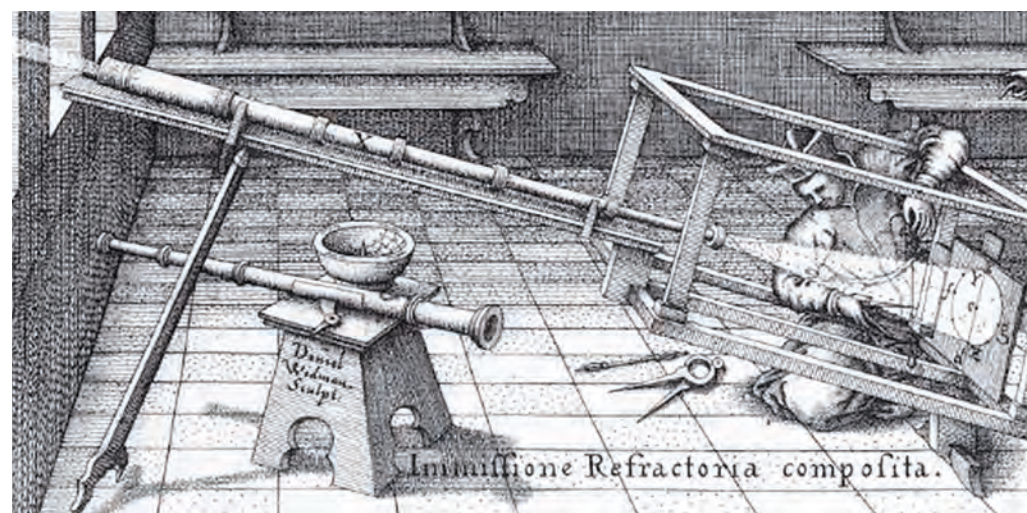
Today countries around the world have launched solar probes. They monitor the solar wind, measure magnetic fields, and study flares and coronal mass ejections (CME). These probes are important to our understanding of how stars work, but they also help us understand the sun's impact on Earth. For example, could a CME that hits Earth hurt us? It's complicated. In 1989 a billion-ton CME tore away from the sun and slammed into Earth's magnetosphere at over a million miles per hour. A giant superheated cloud of plasma traveling at a million miles per hour sounds really deadly, but for all that energy crashing into us no one on the ground was harmed – at least not directly. Satellites went out, communication systems went down, and power grids crashed. Most famously there was the Quebec Blackout, where millions of Canadians lost power. In March. In Canada. So it was a problem.

Today, a powerful CME hitting Earth would cause even bigger problems because we have so many more artificial satellites we rely on than we did in 1989. This is one of the big reasons studying the sun is so important.

But what can we see here on Earth? While we can't get the personal views that these probes get, we can see solar prominences, flares, and sunspots right here from our own backyard. Like Kamal al-Farisi or Christoph Scheiner, we need special equipment – in our case, a solar telescope. A typical solar telescope (called an H-alpha telescope) will have a serious filter on the inside, blocking out the majority of sunlight that would otherwise reach our eyes. While you should NEVER LOOK DIRECTLY AT THE SUN,



USING A SOLAR TELESCOPE can be the only safe way to view the sun. upcoming Sun Parties will allow that.



COURTESY PHOTOS

you can look at the sun safely through a solar telescope. Unfortunately these telescopes are expensive and can only be used for one object: Our sun.

Fortunately we live in a place with many astronomy enthusiasts! If you are interested in looking at the sun through a solar telescope, but don't want to invest in one, come out to one of these events this year:

- **SATURDAY, APRIL 22:** The Southern Utah Space Foundation (SUSF) will be hosting a sun party at Main Street Park (at the Hexagon Pavilion) at Noon.
- **MONDAY, AUGUST 21:** SUSF and

SUU are combining with the Cedar City Public Library to observe the 2017 solar eclipse (at the library).

• **FRIDAY, SEPTEMBER 22:** Many organizations will take part in a solar viewing extravaganza for the 1st Annual Southwest Astronomy Festival, which will take place at various locations throughout southwestern Utah.

If you do have a solar telescope that you would be willing to set up and share with the public at the astronomy festival, please contact Leesa Ricci at leesa_ricci@nps.gov.

Youth Volunteer Corps holds open house

by Holly **COOMBS**
holly@ironcountytoday.com

An open house for the support efforts of the Youth Volunteer Corps and the Five County Area Agency took place at the Utah State University Extension Building at 585 N. Main St. last Wednesday.

Cindy Rose, YVC Program Director, said that efforts to sponsor and support YVC and the agency are growing.

Some programs that are available at the open house include a Senior Companion and Foster Grandparent program.

"We're always looking for new volunteers and we are always looking for clients to serve," Senior Corps Coordinator Joni Lyman said.

Senior companions assist other seniors with groceries or just sit down and play a game, Lyman said. Other programs included Caregiver Support Group, which assists caregivers to do their best at their jobs. Contact Heather Cox said the group is there to help those who work in home services and other caregiving efforts.

The group meets every second Friday from 1 to 2 p.m. at 995 Regency Road in Cedar City.



HOLLY COOMBS

CEDAR CITY'S OUTSTANDING CORPS OF YOUTH VOLUNTEERS held an open house last week.

Five County Community Action Partnership also presented a booth at the open house. Some things they help with include sponsoring YVC, aimed at helping families that live at or below the 10 percent poverty level.

They support the VITA program and Regional 5 County Agency as well as work with the USU Extension with a lot of direct services, including helping with taxes, bus passes, gas vouchers and even security deposits to get people who need housing.

According to one of its pamphlets, it serves Beaver, Garfield, Iron, Kane and Washington Counties.

Take Back the Night event held on SUU campus

by Kelsey **KEENER**
Iron County Today

The Canyon Creek Women's Crisis Center and Southern Utah University's REAL Peers partnered last Thursday for the Take Back the Night event.

The event started with a walk that started at SUU Sharwan Smith Student Center, went east on 200 South, then north on 300 West to the J. L. Sorensen Physical Education Building and back into the Student Center.

The walk was an opportunity for community members to show support for survivors of domestic or sexual violence. Following the walk were speakers from the CCWCC and REAL Peers, as well as a song performed by Niall Hodges-Burns.

First to speak was Andrea Donovan, an academic advisor for SUU, a social worker and leader of women's groups for CCWCC. Donovan focused on resistance to violence and stressed the important of positive social responses to survivors of violence.

"It is vital to recall that where there is violence, there is always resistance to that violence, even when that resistance is not easily discernable," she said.

Kate Sorensen, who helps provide education to students through a healthy

relationships program, discussed the ways that women and young girls are taught violence against them is unavoidable.

"I am here today to stand with all of you and say that violence is not inevitable," she said. "We can stop it."

Sorensen also gave several statistics about domestic and sexual violence, and said that survivors do not feel safe.

"We're here to tonight not only to stand against violence but also to let survivors know that we believe them, that we support them, and that our community will do whatever we need to do to make it safe for everyone," Sorensen said.

She included that although the title for the CCWCC says "Women's," the organization provides assistance to anyone effected by or experiencing violence, including men and children.

SUU President Scott Wyatt said it is important to take the issue of violence seriously.

"I'm extremely grateful for everyone that put this together," he said. "We really need to take these kinds of things seriously and help support our students and the community. And we all need to have a better understanding of all the things we need to do to be supportive, respectful and helpful to others."

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SUU STUDENTS DISCUSS THE LIES THEY'VE TOLD, and been told, at an on campus event.



KELSEY KEENER

Endure Life campaign addresses suicide issues

by Kelsey KEENER
Iron County Today

SUU Presidential Ambassadors helped spread awareness of mental issues and suicide by bringing a non-profit company called Endure Life to SUU's campus. The Presidential Ambassadors are required to do service projects, and this awareness project featured the sale of Endure Life shirts and hats, with profits being donated to Counseling and Psychological Services at SUU as well the founder of Endure Life coming to campus to speak on the subject.

Miles Anderson, the Presidential Ambassador who led the project, said the topic of mental health is close to him.

"It's something that's very near to my heart, and my committee is very supportive," Anderson said. "I hope to be involved in mental health policy as my career trajectory."

Chelsea Stout, founder of Endure Life, spoke on April 11 about why she started her non-profit company. She was exposed to suicide at 10 years old, and has encountered it several times since then. Stout said she prefers to focus on the positive, rather than the negative.

"My biggest message would be to turn your negatives into positives and just know that you're not alone," she said. "What I want to do with Endure Life is focus more

on the solution rather than the problem, and positive outlets like sports and art."

She encouraged people to turn negatives into positive, specifically through positive outlets, and said there are many ways to support others.

"If you see someone that's feeling down, even if you don't know them, put a smile on their face," Stout said. "Be a shoulder to lean on and know that you have shoulders to lean on. Show people you care."

Stout named her company Endure Life to let people though they can endure, and chose trees as her logo because of her connection with nature.

"You can't just have this perfect scenario in your head and think it's going to work out like that, life's not like that," she said. "So endure what you need to, but enjoy when you can. You have to take the good with the bad. A lot of people see the bad and just start spiraling down, so endure what you need to and come out on top."

Kiersten Perkins, a freshman at SUU, said Endure Life presents a positive way of providing awareness.

"Endure Life is more of a positive approach, saying you can endure anything," Perkins said. "Suicide is one of those things where the more people talk about it, the more we become aware and the more we're able to spot signs. The more that we talk about it the more preventable it will be."

'What's Your Big Lie?' SUU students are asked

by Kelsey KEENER
Iron County Today

Jordan Anaxi visited SUU April 3 to talk about mental health and silent suffering in the Randall L. Jones Theatre. Anaxi started his presentation by introducing himself and "What's Your Big Lie," a program that runs on the concept that everyone has "big lie" they keep to themselves and that in inhibits them in their daily lives.

"If you're lying day to day about a core part of who are you, extensive studies have shown that you are constantly in a fight or flight mode," he said. "Meaning that you are more prone to anxiety and depression, you are virtually unable to pay attention and you feel like there's this fog, this haze, this confusion that's just around you all the time."

After talking about his own experiences with mental health struggles, Anaxi explained that the WYBL program started in Canada when problems with drugs, alcohol, pregnancies and suicides were noticed in students (of all ages) and no one could figure out why. That's when Anaxi started asking people what their lie was with an anonymous submission system, and he now travels all over doing the same thing.

"There's a lot of silent suffering, and we see it all the way down from our kids to our elders," he said. He gave a brief overview with some statistics about college students, including that one out of 12 students make a suicide plan, that one out of four students have suicidal thoughts and that two out of three students need help but can't or don't know how to get it.

Then Anaxi asked everyone in the audience what their lie is and what was keeping them up at night, and those

who chose to could submit answers completely anonymously through a text or online. After a few minutes, the submissions appeared on the screen and ranged from dealing with suicidal thoughts or anxiety to instances of sexual assault or abuse and self-harm.

Anaxi chose to address a few of the submissions and make an effort to validate the feelings that were expressed and provide comfort.

As there were many submissions about self-harm, the next question Anaxi asked was "When was the last time you had thoughts of self-harm?" Answers ranged from years ago to just moments before the presentation. For anyone who didn't share, or didn't have any such thoughts, Anaxi reminded the audience that everyone's pain matters.

"All pain is relevant, and it's all serious," he said.

Then Anaxi invited students to join him on stage and share their story. Four students stood up to share their experiences, which included being bullied or abused and attempting suicide. Audience members used the anonymous submission system to share messages of support with whoever was sharing at the time, something Anaxi said had never happened before.

Anaxi concluded his presentation by reminding everyone that they are not alone, and the discussion had proved that. He said he hopes that those who attended continue the conversation.

"There's a lot of different ways this can go, but my sincere hope is that maybe you feel a little bit more courage to speak up," he said. "Next time you see someone whether its in your house, or on campus or wherever, when you see that someone may not be okay - say something, because you have the chance to."

"There's a lot of silent suffering... all the way down from our kids to our elders"

— Jordan Anaxi

Cedar City Prescription Drug Take Back Day

SATURDAY, APRIL 29TH
10am-2pm • Smith's Food & Drug
633 S Main, Cedar City

Will Collect: Prescription & over-the-counter medications, liquids

Will NOT Collect: Medical waste, syringes, intravenous solutions and injectables

For more info. visit SouthwestPrevention.com

Free Prescription Lock Boxes to the First 25 Participants!



SUU STUDENTS DISCUSS THE FIRST 80 DAYS of President Trump's administration at a presentation on April 11.

KELSEY KEENER

Trump's first 80 days discussed at Leavitt Center

by Kelsey **KEENER**
Iron County Today

On April 11 at the Michael O. Leavitt Center at SUU, students were able to review and discuss President Donald Trump's first 80 days in office. Shawn Werber and Evan Miller moderated the event, first giving information about the topics that were discussed then offering the audience a chance to provide input.

Topics like Betsy DeVos' appointment to the position of Secretary of Education, the potential de-funding of arts and humanities programs, Trump's proposed wall along the southern border of the United States and his recent executive order on immigration were discussed.

Students were invited to share their opinions on each of the items Werber and Miller introduced, and multiple positions were expressed. Some students questioned whether or not DeVos has enough experience in education; some suggested that the government does not to be involved

in regulating humanities and media.

When it came to Trump's proposed wall, Ayleen Perry said the idea has been proposed before but the uproar surrounding it currently has more to do with the way the President talks about it.

"Wanting to enforce immigration is nothing new ... it's just the rhetoric that President Trump has used for this wall that is extremely offensive," she said.

On the subject of the immigration ban, issues like the suffering of people in countries, the current state of European nations and the safety of the United States were discussed.

Jordan Call, a member of the executive council for the Leavitt Center, said events like this are good for students.

"I think it's also good to hear both sides of the argument," he said. "Students here at SUU

need to learn about what's happening throughout the country and how President Trump's first 80 days effect what's going on nationwide, on a state level and local level."

"...the rhetoric that President Trump has used for this wall that is extremely offensive"

— Ayleen Perry

ROTC DINNER

Continued from page 3

"This nation is in fact the city on a hill, it is in fact exceptional," Wyatt said. "It has in fact been won by brave people like you.

He encouraged the cadets that the next time they celebrate Independence Day to remember they are celebrating the birth of a nation set on great principles.

"The founding of this nation did not make anything perfect," he said. "We have struggled, but these people dared to pledge their lives, their fortunes and their sacred honor to try, but not just to try and protect this country, but spread

it through the world."

Cadets in the ROTC include Kevin Andrews, Anthony Canales, Stacie Cardenas, Samuele Colombo, Allison Garcia, Cameron LeFevere, Pierre Ollie, Stephen Peterson, Christopher Quigley, Wade Seekatz, Jena Tapia, Kierra Vanderlinden, Dalan Bennett, Valarie Burke, MollyJane Comp, Ron Condie, Anthony Fuentes, Katlynn Julander, Michael Lankford, Garrett Minkler, Cameron Molina, Michelle Nilsson, Angel Pena, Virginia Smith, Cody Warren, McKenzie Bennett, Anthony Braun, Declan Rosdahl, Ryan Savage, Jackson Greene, Austin Maddox, Sky McMahon, Jessica Pullan and Danae Upshaw.

Sorenson Center for Arts wins construction award

Big-D Construction, which built the Beverly Taylor Sorenson Center for the Arts in Cedar City, received the "Champion of the Year" award from the Utah Chapter of the Associated Builders and Contractors.

The award was given for the first time and is set to be an annual event.

The project was listed at the top of the category for institutional buildings over \$10 million. The Salt Lake City-based company also took home first place in the category for buildings over \$20 million for its work on the Utah Public Health Laboratory in Taylorsville.



Joyce Dunkley, Cedar City

"I wish I hadn't waited so long to do it."

Joyce Dunkley postponed carpal tunnel release surgery for years thinking she could heal with rest, massage and exercise. But when pain began interrupting her nighttime sleep, she knew she needed to act. Dr. Lex Allen operated on Joyce's right hand in October 2015 performing an endoscopic carpal tunnel release. Thrilled with the results, Joyce begged to have her left hand done as soon as possible. Now free from pain, Joyce can enjoy knitting the afghan she put away years ago.



Robert Nakken, MD



Lex Allen, MD

Learn more about Dr. Lex Allen, Dr. Robert Nakken and the latest in endoscopic carpal tunnel release surgery by calling (435) 704-9228.

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SUNDANCE TRIO

comes to SUU



by Ashley H. **POLLOCK**
SUU College of Performing and Visual Arts

CEDAR CITY — The Sundance Trio will be at Southern Utah University on Tuesday, April 25, at 7:30 p.m. in the Thorley Recital Hall. In 2005, Sundance Trio was created for the purpose of performing trios that were written for the oboe, bassoon and piano. The trio is based out of Northern Utah and members of the trio include oboist GERALYN GIOVANNETTI, bassoonist Christian Smith, and pianist Jed Moss. Music from their repertoire includes pieces composed by Willard Elliot, Richard Faith, Óscar Álvarez Valero, Francis Poulenc, Simon Sargon, Theodor Burkali, and many more. Admission is free and open to the public.

Geralyn Giovannetti, a founding member of Sundance Trio, is Professor of Oboe at Brigham Young University and a member of the faculty ensemble, Orpheus Wind Quintet. She received her DMA degree from the University of Michigan and is also a graduate of the Western University in her native Canada. She has toured extensively throughout the United States, Canada, Europe, Mexico and Brazil. As a member of the award winning Canadian woodwind quintet, Essex Winds, she has recorded three CDs. Dr. Giovannetti has served as a judge for the IDRS Young Artist Competition and for the Asian Double Reed Society Competition. She currently chairs the Young Artist Oboe Competition for the IDRS.

Christian Smith is Professor of Bassoon at the BYU School of Music. Beyond his responsibilities with the bassoon studio, he teaches instrumental conducting, directs the woodwind chamber music program, and regularly performs with Orpheus Wind Quintet, the resident faculty wind quintet.

An active orchestral musician, Dr. Smith has played under such conductors as Robert Shaw, Raymond Leppard, John Williams, Joseph Silverstein, Maxim Shostakovich, Keith Lockhart, Craig Jessop, and Mack Wilberg. Likewise, he has performed with the Utah Symphony, Utah Opera, Ballet West Orchestra, Toledo Symphony, Ann Arbor Symphony, Flint (Michigan) Symphony, Michigan Chamber Players, Utah Chamber Artists, Colors of the Baroque, and the Canyon Winds woodwind quintet. Currently he is principal bassoonist with the Orchestra at Temple Square in Salt Lake City.

Jed Moss is a prolific performer who has appeared on the Columbia Artists' Community concert series, the Utah Arts Council Performing Arts Tour, the Mendelssohn Society of Chicago series, the Nova Concert series, the Canyonlands New Music series, the Abravanel Distinguished Visiting Composers series and the Contemporary Music Consortium of Utah. Moss has toured in Austria and Germany as a soloist with Utah's Repertory Dance Theater. As a collaborative pianist, he has performed with musicians from the nation's top orchestras, including the Los Angeles Philharmonic and the New York Philharmonic. Moss performs frequently on faculty recitals at Brigham Young University, Utah Valley University and the University of Utah, and has made guest appearances in partnership with various artists at Colleges and Universities in Washington, Oregon, Idaho, Nevada, California, Colorado, Texas, Ohio, Illinois, Kansas, Missouri, Maryland, New York and Washington D.C. Moss was a member of the Paradigm Trio for six years, and is now the pianist for the Sundance Trio, performing and recording newly commissioned works for oboe, bassoon and piano.

For more information on SUU's Music Department, visit www.suu.edu/pva/music.

COURTESY OF SUU

THE POPULAR SUNDANCE TRIO WILL PERFORM ON TUESDAY, APRIL 25 in the Thorley Recital Hall at Southern Utah University.

It's cold and wet - must be spring

by Mary Anne **ANDERSEN**
Cedar City Arts Council

Spring is here. How do I know? Because it's cold and snowy outside. Yes, my tulips are up but their little cups are often filled with wet, heavy snow, causing them to bend over, almost to the ground. I have hundreds of tulips in my yard, the result of an orgy of bulb buying in The Netherlands seven years ago and I love to see them come up every year. The areas around them are a mess, though, needing weeding and tidying up, but the ground is muddy and cold, not at all inviting to this fair-weather gardener. So I enjoy them from a distance, appreciating their yellow and red and peach color-coded alerts that spring is really going to happen.

Another sure sign of spring is the absence of a certain student in my piano studio. From September through the winter he faithfully shows up at his appointed hour. I've given up on assigning him music that I think he needs to become a bit more culturally savvy. The "masters" don't do it for him, so I let him choose his own music. It's not always great, but, hey, at least he's playing the piano. But not now. He's at the baseball diamond, in the same slush and mud cradling my tulips, and I won't see him until my schedule allows flexibility from week to week to accommodate his practice and game times. Which seem to me to be much too frequent, but I've given in to the tyranny of sports long since.

The produce section in the grocery store is showing real promise about now. I was taught to buy my vegetables and fruit according to the seasons at a glorious farmers' market in central California, so I don't buy anything that has to be shipped or flown in from Central or South America. (Well....actually I buy bananas,

pineapple, and squash all year 'round without a tinge of guilt.) But the spring goodies are starting to show up from California, about as close as we can get to local-grown here. We will eat the strawberries from California daily now for weeks, exulting when they are sweet and juicy. Artichokes are available from Watsonville and since

I live with a non-partaker, I get to eat the whole thing myself. Asparagus is still from Mexico and I have to admit to buying it, but soon it, too, will come from closer; even our own little farmers' market will have it for two or three weeks. Then it's just a matter of time before the melons, pit fruits, and summer squash are from the U.S. Goodbye oranges, hello plums.

A discouraged clerk at the grocery store on one particularly nasty day a couple of weeks ago said she was done. She was moving to Arizona where she could be warm all the time. I love warm weather, but God intended variety, I firmly believe. The beauty of summer is that it comes after those slushy, shivery springs.



2017 Plein Air Art Invite selects artists

SPRINGDALE — Zion National Park and the Zion National Park Foundation have finalized the dates, event locations and artists for the 2017 Plein Air Art Invitational. The week-long event starts on Monday Nov. 6 and culminates on Saturday Nov. 11 with the “Art-In-The-Park” Paint Out and Silent Auction event held on the grounds of the Zion Lodge.

During the week, artists can be seen throughout the Park producing paintings as they naturally exist in that moment – Plein Air style painting. The artists will paint in an assortment of mediums, including watercolor, oil, pastels, and acrylic. Painting demonstrations, lectures, and opportunities to buy art will also be included in the week’s event.

Each artist will exhibit two studio pieces for sale in the Zion Human History Museum from September 1 to the close out of the event. Renderings from the Paint Out event and Silent

Auction can be purchased Saturday at the Zion Lodge. The Plein Air pieces painted during the week will also be on sale at the Museum over the weekend.

Proceeds from the event support Zion National Park’s Art and Youth Initiatives. “As Zion National Park’s official nonprofit partner, we are proud to host the 9th annual Plein Air Art event with our park partner,” said Mark Preiss, Director, Zion Project. “This project sustains the park’s heritage of art, while proceeds help us give thousands of our area school children once in a lifetime experiences in Zion National Park every season.”

“This project sustains the park’s heritage of art”

— Mark Preiss

“The Plein Air Event ties us to the Park’s artistic heritage in a powerful and accessible way,” said Jeff Bradybaugh, Superintendent, Zion National Park. “Through the eyes of our artists, we constantly gain new perspective and understanding about why Zion matters, and the importance of its protection for everyone forever.”



THINKSTOCKPHOTOS

• 2017 Plein Air Art Invitational Artists •

Joshua Been, oil Salida, CO	J. Brad Holt, oil Cedar City, UT	Steve Stauffer, oil Murray, UT
Arlene Braithwaite, pastel Cedar City, UT	Mary Jabens, oil Cedar City, UT	Gregory Stocks, oil Cottonwood, AZ
John D. Cogan, acrylic Farmington, NM	William Scott Jennings, oil Louisville, CO	Paula Swain, oil Salt Lake City, UT
Michelle Condrat, oil Salt Lake City, UT	Shanna Kunz, oil Ogden, UT	Michele Usibelli, oil/acrylic Woodway, WA
Bill Cramer, oil Prescott, AZ	John Lintott, oil Grand Junction, CO	Kimbal Warren, oil Mapleton, UT
Cody DeLong, oil Cottonwood, AZ	James McGrew, oil Lake Oswego, OR	Ellie Wilson, oil Provo, UT
Bruce Gómez, pastel Denver, CO	Meredith Nemirov, watercolor Ridgeway, CO	Suze Woolf, watercolor Seattle, WA
George Handrahan, oil Layton, UT	Aaron Schuerr, pastel/oil Livingston, MT	William Wright, watercolor Stevenson, MD

Spring

PHOTO CONTEST

There is a limit of one photo per entrant, and photos can be e-mailed to design@ironcountytoday.com or brought by our office at 389 N. 100 W. Suite 12, Cedar City. Please include the name of the photographer and his/her city of residence. By submitting your photo, you agree to give Iron County Today permission to publish your photo. Call 867-1865 ext. 4 with any questions.

Time to get out and
snap those photos
that represent the
Spring season to you!

Photos Due:
MAY 3 @5PM

Winning photos will be published May 10th

IRON
COUNTY **today**

TOP TOWN

Parowan marked in 25 best American towns by Expedia

by Holly COOMBS
holly@ironcountytoday.com

Parowan City has been honored as one of the top 25 best towns in America by carrentals.com, an Expedia Company.

A blog titled "The 25 Best Small Towns in the Country" was written this last year and highlighted Parowan as the second on the list.

"According to the feature, these small American towns were selected for being postcard-beautiful, incredible historical significance and must-eat restaurants that make each one with the visit," Kimberly Deese, carrentals.com communications specialist, said.

During Parowan City Council Parowan Mayor Don Landes spoke of the grandness of the city and encouraged the council to emphasize what Cedar City Council member Fred Rowley proposed weeks ago in a council meeting to make "Cedar City Sparkle."

"We can make Parowan Sparkle," Landes said.

Regarding what has been done in the past to keep Parowan looking well and attended to, Landes said the investment and work has been "pretty darn stingy and we've made the best of what we've got."

He encouraged that things get better to beautify the city as the dedication of the Cedar City LDS Temple nears at the end of the year.

"The temple celebration will bring people into Parowan and we need to be ready," Landes said.

The blog honoring the little towns, like Parowan, were mentioned for this reason:

"There's just something about small towns that captures people's hearts. Whether it be the historic buildings lining Main Street, the welcoming locals greeting visitors like friends, or the modest cafes serving up 'homemade' everything, small towns have an attraction to them that can't be ignored," according to the blog. "We, CarRentals.com, love them and we think you'll love them, too. We searched the country from coast to coast to find the 25 best small towns in the nation. Why did we choose them? Some are postcard-beautiful. Some have incredible historical significance. Some have must-eat restaurants. And all are worth the drive."

Parowan, approximate population 2,827, was the first Iron County town and was marked to be a "bounty of fun," according to the blog.

"The 23-mile drive to nearby Dixie National Forest has miles upon miles of unreal trails, and the Little Salt Lake to the north is worth a visit," the blog stated.

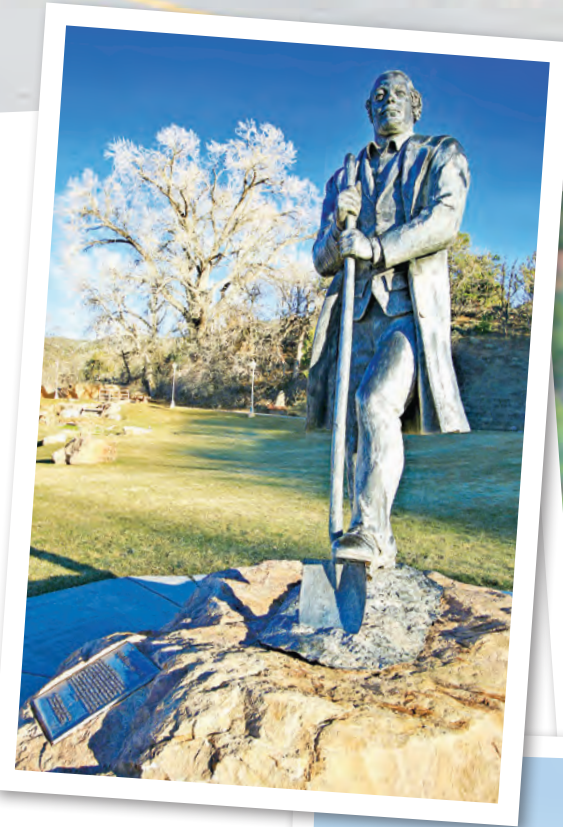
» What Makes It the Best: The outdoor activities in this town never end.

» One Thing You Must Do Here: Head into the heart of Dixie National Forest and make your way to Cedar Breaks National Monument. Whip out your phone and snap as many selfies as you can while perched atop Sunset View Overlook.

» Best Time to Visit: If you fancy yourself a snow bunny, you may want to think about driving out to this gorgeous Utah town during the winter months. The slopes of Brian Head Ski Resort are less than 20 minutes away and are perfect for all levels of riders.



FILE PHOTOS



"There's just something about small towns that captures people's hearts"

— carrentals.com

PAROWAN HAS BEEN LISTED AS ONE OF THE 25 BEST SMALL TOWNS IN THE COUNTRY, a very deserving honor.



What should I do with all these dried beans?

This time of year, case lot sales are becoming common now that winter has ended. Among bulk items being offered at discount prices are several foods known to store well for several years, when handled properly. Among those food items are found several types of dried beans, sold in paper or plastic packaging.

Unless your family cooks with beans on a regular basis, a 25-pound bag of dried beans may seem a bit intimidating—seemingly impossible-- to use up within the foreseeable future. If this sounds like you, here are some storage options to consider so you will have quality beans available when you need them for months or years ahead.

Utah State University Extension provides the following information to consumers wishing to add dried beans to their long-term food storage.

» Storing Dried Beans

Quality & Purchase. For the most part, dry beans are graded U.S. No. 1 (best) through U.S. No. 3, based on defects. Lesser quality beans are generally graded “substandard” or “sample”.

Packaging. Like most stored foods, beans are best stored in the absence of oxygen and light. Oxygen can lead to rancidity of bean oils and light will quickly fade bean color. The best packaging choices are #10 cans or Mylar-type bags. Canning jars are suitable for smaller quantities providing the jars are stored in a dark place. Oxygen absorbers should be used to remove oxygen from the packages to extend shelf life and minimize off-flavors.

Storage Conditions. Beans in normal polyethylene (food-grade) bags have a shelf life of 1 year or more. Like most stored foods, colder storage temperatures will increase shelf life. When packaged in #10 cans or Mylar-type bags, with the oxygen removed, they have a shelf life of 10 years or more. A BYU study indicated that samples that had been stored up to 30 years had greater than 80 percent acceptance by a consumer taste panel for emergency food use.

Use from storage. All dried beans, except lentils and split peas, require soaking in water for rehydration. Typically, 3 cups of water are needed for every 1 cup of dried beans. Allow beans to soak overnight and then rinse them in clean water. To cook beans, cover rehydrated beans with water in a stock pot. Simmer for 2-4 hours until beans are tender. Once tender they can be spiced and used in cooking recipes. As dried beans age the seeds



Kathy's CORNER

by Kathleen RIGGS
Utah State University Extension

become harder. This results in longer rehydration and cooking times. At some point, the seeds will no longer rehydrate and in that case must be ground as bean flour. (<http://extension.usu.edu/foodstorage/hm/dry-beans>)

» Preserving Dried Beans-

It is common for home food preservers to “bottle” or “can” dried beans so they are hydrated and ready to use in recipes. For safety reasons, it is important to follow current guidelines for preserving dried beans as described by the National Center for Home Food Preservation. If you are new to pressure canning, please go to the website and read how to safely use a pressure canner (http://nchfp.uga.edu/how/can_04/beans_peas_shelled.html) or contact your local county Extension office.

Procedure: Place dried beans or peas in a large pot and cover with water. Soak 12 to 18 hours in a cool place. Drain water. To quickly hydrate beans, you may cover sorted and washed beans with boiling water in a saucepan. Boil 2 minutes, remove from heat, soak 1 hour and drain.

Cover beans soaked by either method with fresh water and boil 30 minutes. Add ½ teaspoon of salt per pint or 1

teaspoon per quart to the jar, if desired. Fill jars with beans or peas and cooking water, leaving 1-inch headspace. Adjust lids and process as a Hot Pack- Pints for 75 minutes; Quarts 90 minutes at 15 pounds pressure (altitudes 3,000-6,000 ft.) or 13 pounds with a dial-type gauge tested for accuracy by the local Extension Office. WARNING: Do not place dried beans in a jar and add water as a method to prepare beans for processing. To guarantee safety, beans must be hydrated first!

Whenever you get in the mood for fresh-cooked chili, humus, beans and ham hocks or refried beans, having quality beans on hand that have been prepared and stored properly will be a great asset to your menus at mealtime.

Kathleen Riggs is the Utah State University Extension family and consumer sciences professor for Iron County. Questions or comments may be sent to Kathleen.riggs@usu.edu or call 435-586-8132.



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RICHARD 559-3722 MLS 78311

SUU everywhere

PALEOECOLOGY

Originally a business management professional for 20 years, Claire Cleveland came to Southern Utah University with a passion for geology and biology.

At SUU, Claire discovered that the intersection of life and earth fascinated her, leading to her double major in geology and biology. Her varying experiences in both her classes and SUU's EDGE program made Claire think outside the box to become a paleobiologist/geobiologist. Claire is now pursuing her a doctorate at Pennsylvania State University, as a National Science Foundation Graduate Research Fellow, and finding new ways to make science more accessible to the public.



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Easter, eggs, bunnies serve Iron County for holiday weekend

by Carin MILLER
For Iron County Today

CEDAR CITY — With the sound of a horn, hundreds of giggling children scrambled into the grass to gather eggs, hoping to win a fantastic prize at last Saturday's annual Sigma Nu Easter Egg Hunt in Main St. Park.

The 30,000 colorful dots that littered the ground were spread across four age-divided sections of the park by the many volunteers who came together to make the event happen for the 30th year in a row.

"We have two bikes we are going to give away in each of the (four) age groups," said egg hunt organizer Bruce Barclay. That, was in addition to the hundreds of brightly colored Easter baskets stuffed full of goodies — 50 for each age group.

10-year-old Cedar City resident Daxton Corry won a bike in the age nine to 12 category. He said he has been coming to the egg hunt his whole life, and this is the first "big prize" he has ever won.

Jatanna and Jeff Hull of Cedar City were there with their toddler daughter, Aspen Hull, for the first time. They said they put eggs across the couch at home and had her practice before coming out for the fun.

Preparation for the event took months, said Roger Olcott, who

works side-by-side with Barclay each year making sure the hunt happens for community children. The key to making it all come together, he said, is the tremendous generosity of Cedar City businesses and fellow Greeks who contribute.

"Like the Horizon House," Olcott said, explaining that he couldn't even guess how many hours they put into stuffing eggs for the hunt. "They were so amazing; they stuffed like 25,000 eggs."

Olcott said organizers start to gather funds for the hunt as early as January, calling on Sigma Nu brothers of the past each year to donate.

Southern Utah University chapter of Sigma Nu brother Dave Duce said he stopped in Cedar City on his way home to Los Angeles, specifically to see this year's egg hunt. Duce was one of the egg hunt's founding members, and he said he hasn't seen it in action since he left Cedar City after Graduation.

"If I had to guess," Duce said, "I would say that there were less than a hundred people (at the first egg hunt)."

Looking around at the crowd in the park Saturday, Duce said he was almost blown away at how much the event had grown since the last time he attended. What started as a simple way for Sigma Nu to give back to the

community by way of service, he said, has grown into something he never could've imagined.

The humble Sigma Nu brothers, Barclay, who was there the first year of the egg hunt, and Olcott, who joined the fraternity shortly thereafter, both reminisced about the early years when they boiled and dyed all of the eggs for the event.

When asked if they could project a number of participants in 2017, each of the men agreed they were scared to venture a guess; but if they had to, Barclay and Olcott said, they would say the number landed somewhere in the 1,500 range.

Olcott said the egg hunt simply would not be possible without all of the amazing sponsors who gave so much every year. From in-kind donations to monetary contributions, he said, every single act of kindness makes a huge difference in the community a whole.

"We have these sponsors," Olcott said. "And please, hit them so hard, because that is the glue that holds it together — the biggest thing, is them."

Other Easter egg hunts took place in Enoch last Monday on the grass at Enoch City office, in Parowan at the Valentine Peak Soccer Fields last Saturday and at Brian Head Ski Resort Sunday morning.



CARIN MILLER



CARIN MILLER

Hunting Season!

FROM BRIAN HEAD, ABOVE, TO ENOCH, AT RIGHT AND BELOW, AND IN CEDAR CITY (the Easter Bunny supervising), Iron County kids had a ball hunting for eggs.



HOLLY COOMBS



LINED UP AND READY TO GO were these eager Easter Egg hunters in Cedar City.

CARIN MILLER



HOLLY COOMBS

Calendar

Wed, April 19

CEDAR CITY COUNCIL, 5:30 p.m., council chambers
AMERICAN SIGN LANGUAGE II CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.

TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

COLOR COUNTRY WINDS COMMUNITY BAND REHEARSAL, 7:30 p.m., Community Presbyterian Church in Cedar City, no audition, must be able to play a band instrument and read music, we even welcome "rusty" players who want to begin playing again.

FREE DANCE AEROBICS CLASS, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091 (no texts please).

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 a.m. to 1 p.m., located at 2569 Freeway Drive between Rally Stop and the Travelodge. Rides available at no charge, leaving the Main Street Pavilion by the library at 11:30 a.m. and returning to same location after the meal. Look for the Sunrise Christian Fellowship van.

COLOR COUNTRY PICKLEBALL, 9:30 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information call Ed Severance at (435) 586-6345.

TOPS (TAKE OFF POUNDS SENSIBLY) MEETINGS, lose weight without buying special foods, morning meeting weigh-in at 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in 6:30 with meeting from 7 to 8 p.m. at the Cedar City Library in the Park, for more information, call Rhea Church (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

DOMESTIC VIOLENCE SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

ALCOHOLICS ANONYMOUS, 8 to 9 p.m., Parowan United Methodist Church social hall, 190 N. Main St.

ALCOHOLICS ANONYMOUS, 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

NARCOTICS ANONYMOUS JUST FOR TODAY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

FREE CHINESE LANGUAGE AND CULTURE CLASS, 6-7 p.m. every Tuesday and Wednesday on the SUU campus. For more information, call 435-238-3417 or email to peiliteng@gmail.com

ENOCH CITY COUNCIL, 6 p.m., city offices.

"UNDERSTANDING LIFE" JAMES SWARTZ, 'Put life's puzzle together. Acquire the knowledge that dispels ignorance-Vedanta.' A 25 minute video then casual discussion. 7 p.m. Cedar City Library in the Park (Rare Books Room). The Literary Club. For more information, call 435-559-7777.

BELLY DANCE CLASS AT THE POINTE DANCE STUDIO, 6:30 p.m. All levels welcome. Enjoy a group of supportive ladies in fun and fitness and love of belly dance. Just \$15 a month. More details at <https://www.facebook.com/bellydancerarifa/>

Thurs, April 20

AMERICAN SIGN LANGUAGE III CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way, Enoch.

NAMI BRIDGES & FAMILY TO FAMILY CLASSES (FREE). 7 P.M., Southwest Behavioral Health Center, 245 East 680 South, Cedar City. To enroll, call Robert (435) 590-7749 or Rosie (435) 590-0880.

CEDAR CHEST QUILTERS' GUILD, 10 a.m., Cedar City Senior Center, 489 East 200 South.

COLOR COUNTRY COMMUNICATIONS, Cedar City Toastmasters, 7 a.m., 86 W. University Blvd. Find your voice. Shape your future. Be the leader and speaker you want to be.

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Dept., 260 E. DL Sargent Drive, Cedar City. Call 435-586-2437 with questions.

COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West, Cedar City.

ALCOHOLICS ANONYMOUS, 11 a.m. women-only meeting, noon Speaking from the Heart AA, 6 p.m. AA Misfits. The Meeting Hall, 1067 S. Main Street, Cedar City. More info at 877-865-5890.

ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, noon, Cedar Bowling Center, 421 E. Highway 91.

AL-ANON HOPE FOR TODAY (FOR FAMILIES OF ALCOHOLICS), 7 p.m., the KKCB Meeting Hall, 1067 S. Main. More info at 435-531-1045.

NARCOTICS ANONYMOUS, 8 p.m., The Meeting Hall, 1067 S. Main. More info at 877-865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m. Call 435-865-1387 for an appointment. Accepts Medicaid, Medicare and all private insurances.

SENIOR BLIND AND VISUALLY IMPAIRED SUPPORT GROUP, 1:30 p.m., Cedar City Library in the Park. For transportation or information, call 435-705-1367 or 435-704-4798.

POETRY NIGHT, free and open to the public, 7 p.m., Cedar City Library in the Park.

Fri, April 21

FREE DANCE AEROBICS CLASS, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091 (no texts please).

COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information, call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

NARCOTICS ANONYMOUS LIVE AND LET LIVE, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

IWA, Informed Women for America, 11 a.m. to noon, Cedar City Library in the Park west room. If you are working, bring your own lunch and ideas. Go to IWA Cedar City on Facebook.

Sat, April 22

YEAR ROUND FARMERS MARKET, every Saturday rain or shine, 9 a.m. to noon, 905 S. Main St. in Cedar City, local vegetables, greens, fruit, herbs, baked goods, artisan cheese, live plants, flowers, jams, raw honey, farm fresh eggs, and more.

CEDAR SATURDAY MARKET, 1 to 5 p.m., inside IFA, 905 S. Main. Includes farmers, gardeners, food vendors, youth agricultural groups and artisans/crafters.

ALCOHOLICS ANONYMOUS, 11 a.m. women's meeting, noon Speaking from the Heart AA, 6:30 p.m. AA BB Study, and 8 p.m. My Story speaker meeting, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

DIA DE LOS NIÑOS, 2 to 4 p.m., Cedar City Library in the Park. Join us for crafts and learn about new countries. A free event open to the public.

Sun, April 23

ALCOHOLICS ANONYMOUS, 11 a.m. (TGISS) AA and 6:30 p.m. 12x12 Book Study, The Meeting Hall, 1067 S. Main St., Cedar City, for information call (877) 865-5890.

NARCOTICS ANONYMOUS, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For Information, call (877) 865-5890.

Mon, April 24

FREE DANCE AEROBICS CLASS, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091 (no texts please).

COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information, call Ed Severance at (435) 586-6345.

IMMUNIZATIONS/WIC/VITAL RECORDS, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

RED ROAD TO SOBRIETY/AA MEETING, open meeting, 6 p.m., Paiute Indian Tribe of Utah, 440 N. Paiute Drive, Cedar City. For more information call Chris at 586-1112 ext. 307.

BOOK BABIES, 10 and 10:30 a.m., Cedar City Library at the Park. Story time designed for babies and toddlers up to age 2.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA and 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

NARCOTICS ANONYMOUS MONDAY NIGHT BASIC TEXT STUDY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

IRON COUNTY COMMISSION, 9 a.m., County Courthouse, Parowan.

Tues, April 25

AMERICAN SIGN LANGUAGE I CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.

STORY TIME AT THE FRONTIER HOMESTEAD STATE PARK, 10 a.m., an opportunity for preschool children to learn about the past through stories and history-related activities, story time is free thanks to the support of the Cedar City-Brian Head Tourism Bureau.

CEDAR CITY ROTARY CLUB WEEKLY MEETING, noon, Southwest Applied Technology College, 510 W. 810 South in Cedar City, for more information call (435) 865-7637.

IMMUNIZATIONS/WIC/VITAL RECORDS, 1 to 5:30 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City. For questions call 586-2437.

RAPE AND SEXUAL ASSAULT SUPPORT GROUP, 6 to 7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 867-9411.

COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information call Ed Severance at (435) 586-6345.

AL-ANON "EASY DOES IT", 7 to 8 p.m., Community Presbyterian Church, 2279 N. Wedgewood Lane, Cedar City, for more information call (435) 531-1045.

AL-ANON, 7 to 8 p.m., Parowan United Methodist Church social hall, 190 N. Main St.

ALCOHOLICS ANONYMOUS LUNCH BUNCH GROUP, noon, Cedar Bowling Center, 421 E. Highway 91, Cedar City.

ALCOHOLICS ANONYMOUS, noon Speaking from the Heart AA, 6 p.m. AA Misfits and 8 p.m. AA Cedar Group, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

CEDAR CITY COMMUNITY CLINIC, 10 a.m. to 7 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

SUU DISCOVER STORY TIME, 6:30 p.m., Cedar City Library in the Park.

CEDAR READS PANEL DISCUSSION AT THE CEDAR CITY LIBRARY IN THE PARK, 7 p.m. This year we are reading "Congratulations By the Way" by George Saunders, based on a commencement address given at Syracuse University in 2013. The library has 10 copies available for check out for patron use.

FREE CHINESE LANGUAGE AND CULTURE CLASS, 6-7 p.m. every Tuesday and Wednesday on the SUU campus. For more information, call 435-238-3417 or email to peiliteng@gmail.com

Wed, April 26

CEDAR CITY COUNCIL, 5:30 p.m., council chambers

AMERICAN SIGN LANGUAGE II CLASS, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at larrylas@gmail.com.

TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN'S CRISIS CENTER, 7 to 8:30 p.m., Cedar City Aquatic Center, \$25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

COLOR COUNTRY WINDS COMMUNITY BAND REHEARSAL, 7:30 p.m., Community Presbyterian Church in Cedar City, no audition, must be able to play a band instrument and read music, we even welcome "rusty" players who want to begin playing again.

FREE DANCE AEROBICS CLASS, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome. For information call Allison at 327-2091 (no texts please).

IMMUNIZATIONS/WIC/VITAL RECORDS, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah

PUBLIC HEALTH DEPARTMENT, 260 E. DL Sargent Drive, Cedar City, for questions call 586-2437.

FREE LUNCH AT BREAD OF LIFE SOUP KITCHEN, 11:30 a.m. to 1 p.m., located at 2569 Freeway Drive between Rally Stop and the Travelodge. Rides available at no charge, leaving the Main Street Pavilion by the library at 11:30 a.m. and returning to same location after the meal. Look for the Sunrise Christian Fellowship van.

COLOR COUNTRY PICKLEBALL, 9:30 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information call Ed Severance at (435) 586-6345.

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ALCOHOLICS ANONYMOUS, 8 to 9 p.m., Parowan United Methodist Church social hall, 190 N. Main St.

ALCOHOLICS ANONYMOUS, 6 p.m. AA Misfits, The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

NARCOTICS ANONYMOUS JUST FOR TODAY, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

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FREE CHINESE LANGUAGE AND CULTURE CLASS, 6-7 p.m. every Tuesday and Wednesday on the SUU campus. For more information, call 435-238-3417 or email to peiliteng@gmail.com

CONVERSATIONS ON TRAUMA AND SPIRITUALITY, a panel with Scott Kiloby, Richard Miller and Russ Hudson, facilitated by Julie Yau. "Be the welcoming without an agenda for helping or fixing another. Just Be what is present." 7 p.m., Cedar City Library in the Park (Rare Books Room), The Literary Club. For more information, call 435-559-7777.

BELLY DANCE CLASS AT THE POINTE DANCE STUDIO, 6:30 p.m. All levels welcome. Enjoy a group of supportive ladies in fun and fitness and love of belly dance. Just \$15 a month. More details at <https://www.facebook.com/bellydancerarifa/>

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KELSEY KEENER

SPRING WAS WELCOMED AT AN APRIL 11 EVENT in Cedar City's Main St. Park.

'Splash of Spring' event ushers in season

by Kelsey **KEENER**
Iron County Today

Community members gathered at Main Street Park April 11 to come together to celebrate spring and learn about good nutrition during the Splash of Spring event, which was the culmination of an undergraduate research project done at SUU.

Anthropology and nutrition students, supported by Liz Olson, an assistant professor of anthropology at SUU, did an undergraduate research project on hunger and nutrition for young children in Cedar City.

The students did a Knowledge, Attitude, Practices survey of elementary school parents and caregivers to find out how much parents and caregivers know about good nutrition. The survey results indicated that over 50 percent of those surveyed had good knowledge of nutrition and 99 percent believe it's important to monitor what their child eats.

The Splash of Spring event was held to educate parents about good nutrition, and students partnered with local farmers and organizations to provide healthy food and knowledge about accessing healthy foods in the future.

Olson said this project provided students with a way to get started in larger research projects.

"We see this project as laying the groundwork for a lot of these students who are in anthropology and nutrition to go on and continue doing some of this work," she said. "It was really meaningful for the (students), and I hope also for the community."

She also said community involvement was a large part of the project, as well the desire to educate the community.

"We worked a lot with these different community partners," Olson said. "That's why we wanted to have this community gathering at the end, to share

information about what (the students) did, to make this farm-fresh food and show that local foods are accessible and healthy, and because of the time of the year we thought it would be fun to do a little Easter egg hunt too. We put treats in (the eggs) but we also put in things like factoids about healthy nutrition and coupons for local businesses."

Olson added finding ways for the community to come together over food is a very successful tool.

"We found that community gardens and community programs that bring people together around food are really successful and that helps combat rates of things like poor nutrition or malnutrition and obesity," she said.

Maddy Gines, one of the students involved in the project, said writing the survey for the project was educational for her, and she wanted to encourage people to be healthier.

"I learned a lot about how to talk about nutrition and how to ask questions," Gines said. "And it was important for all of us that everyone knew this was fresh, local food. We want to encourage people to be more connected with where their food comes from."

Hannalore Lamers, another student involved with the project, said she wanted to bring people together.

"I hope that (people) learn more about where their food comes from and what it means to get together as a community," Lamers said.

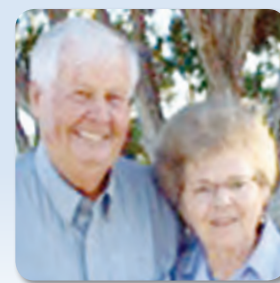
The other students who participated in the project were Christina Karpinski, Sara Ludlow, Megan O'Sullivan and Grace Rose. The project also involved collaboration with several community members and organization, including the USDA Forest Service, the Iron County Extension Office, Marigold Gardens, Red Acre Farm, Lin's, Main Street Books and Firehouse Subs. More than 300 people attended the event.

"We want to encourage people to be more connected with where their food comes from"

— Maddy Gines

People

80th Birthday



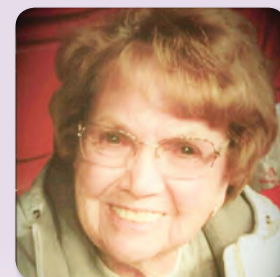
Arlo B. Larson

Arlo B. Larson of Cedar City celebrated his 80th birthday on April 17, 2017. This young man has brought so many blessings to his family. We are truly blessed to have him as our father. We love you Dad! Happy Birthday: Teresa (Lee) Holmes, Brad (Debbie) Larson, Cory (Cindy) Larson, Janice Larson Jensen, Greg (Brittanie) Larson.

90th Birthday

Afton Stapley

Afton Stapley turned 90 on April 11! Local birthday celebration was on April 15 with family and friends. Afton is loved by many as she and her husband, Ray, made their home in Cedar City by building in 1947, which she still enjoys today. Blessed with three children, Boyd, Belinda and Brad, 18 grandchildren, 33 great and 6 great-great grandchildren. They loved traveling, camping and boating. They served numerous LDS callings and community



service activities. They enjoyed 66 years together before Ray passed in 2012. Afton loves playing Bridge with her friends locally and online. We love you Mom! Happy Birthday!

There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements.

Announcements and photos can be submitted to news@ironcountytoday.com or at 389 N. 100 West, #12, Cedar City, Utah 84721. The deadline is Wednesday at 5pm for the following week's issue. Announcements should be 100 words or less. Please call 435-867-1865 ext. 6 for pricing for all other announcements.

FREE DIABETIC CLASSES

for Patients & Families



Next Meeting
Topic:

Metabolic
Syndrome

When:

1 hour a month.
Every 3rd Thursday
at 7pm.

Where:

Bulloch Drug Store
91 N. Main Street
435-586-9651

Our next meeting will be held on:
Thursday, April 20, 2017



Schools

IRON COUNTY SCHOOL DISTRICT News Nuggets

compiled by LeAnn **WOOLSTENHULME**
Iron County School District

East Elementary

Students at East Elementary are working hard to become Golden Eagle readers. The PTA has been working hard, as well, running the reading incentive program throughout the year. In order to attain Golden Eagle status, the students must read 5,500 minutes at home. For every 500 minutes of home reading, an award is earned. Some milestone awards even come with prizes! We have over 88 percent of East 1st-5th grade students involved in this optional reading program. Over half of our kindergartners are also participating. Currently there are 79 Golden Eagle readers at East, with many more on track to become Golden Eagle readers by the end of the year. Way to go, Eagles! A big shout-out to our hard working PTA for devoting so much time and energy to encourage our students to read at home!



Escalante Valley

We've had a great week here at E-Valley! We had three students participate in the calculator challenge. They were Madeline Cluff, Jens Neilson, and Brandon Campos. They did an amazing job representing our school. We are very proud of them! We were also able to attend the Anes studio in Cedar City. They performed Once On This Island for only E-Valley students. It was great! We hope everyone has a great spring break!

Iron Springs

Mia Hatch, a 4th grader at Iron Springs, was the Arbor Day Regional Winner in the Southern Region. What an accomplishment! The state only had three regional winners, and she was one of them. Because of this, Cedar City will celebrate planting trees at the Main Street Park. Way to go Mia!!



North Elementary

North Elementary is tying up a number of loose ends as our school year draws to a close. We are fully involved now with end-of-year testing, including SAGE and, soon, DIBELS. Please ensure your children come to school well-rested, well-fed, and with a great attitude! We have found over and over again that what happens in the morning at home greatly affects what happens at school the rest of the day. On a separate note, we are also fully involved with packing up our classrooms in preparation for "Moving Day" which will start on May 18. The old school will be coming down soon after that! If you'd like to come say "good-bye" to an old friend, please join us on May 1 from 5:30 - 7:30 p.m. As part of our STEAM Education Night, we are opening up just about the whole school for you to come walk through our halls and classrooms to reminisce about "the good old days" at North Elementary!

Parowan Elementary

Parowan Elementary just finished another successful Scholastic Book Fair sponsored by our dedicated PTO. Thanks to all parents who volunteered and supported the book fair. The 3rd and 4th grades will be participating in the Annual Egg Drop on April 14. Students will be thinking of ways to protect a raw egg from a twenty-foot drop off the PHS roof. We will take a week off for Spring Break, then return to finish up SAGE end of level testing.

South Elementary

The fourth graders participated in the district Calculator Challenge. The competition challenges students on their speed and accuracy calculating math facts. The winners for South were Krew Giles, Sophia Parson, and Mia Lopez. Cal Ranch hosted South's Kindergarten classes and let them observe and learn about chicks and baby turkeys (turkey poults). The students enjoyed learning fun facts about these animal babies. Second graders have been learning about the human body and the importance that nutrition has on maintaining good health. South is gearing up for our Color Run on May 3. The Color Run is to help raise money for new Chromebooks.



SOUTH ELEMENTARY'S CALCULATOR CHALLENGE WINNERS: Krew Giles, Sophia Parson, and Mia Lopez, not pictured Camden Shirley

Three Peaks Elementary

On April 26, the first and second grade classes will be visiting SUU to participate in activities for the annual Bard's Birthday Bash- jousting, Maypole weaving, cake with the queen, and acting out scenes from Shakespeare's

plays. That evening from 6-7 p.m. at Three Peaks Elementary, the second grade students from Mrs. Susan Parker's class will perform excerpts of Midsummer Night's Dream. At 7 p.m., students from Mrs. Liz Jones' class and Mrs. Wendi Fuson's class will perform scenes from Much Ado About Nothing. Thank you SUU for providing activities for the students of Iron County School District to participate in.

Canyon View Middle

On Wednesday, April 12, 180 members of the Honor Society attended a BBQ celebrating their accomplishments this past school year. Students have had to maintain a 3.7 GPA all three quarters. Not only are they the best when focused on academics, they have demonstrated exemplary behaviors in all classes-no N's or U's. Tasty food, challenging games, and a lot of fellowship and fun were experienced by all who attended.



Cedar Middle

On April 7, we held our annual 6th Grade Career Day where we invite various members from the community to come and present to our students about their career. Presenters discussed what their job looks like day-to-day, education and training required, their favorite part of the job, challenges they encounter, and answered questions from students. We appreciate all who helped and support Cedar Middle School! Special thanks to CCPD, CrossFit Cedar City, SWATC, SLC SWAT Team, Cedar City Hospital, SUU Athletics, Watson Engineering, SUU College of Science, State Bank of Southern Utah, the Forest Service, Lisa Taylor, Steve Kroff and Robyn Brown.



Schools

FUN WITH ART AT SUMA



GATEWAY ACADEMY STUDENTS HAD THE OPPORTUNITY TO VISIT THE SOUTHERN UTAH MUSEUM OF ART on a field trip last week. Students toured the museum, learned about various artists and made an art box of their own. Students had a wonderful time and got a lot of inspiration for our school art festival in May.

Big Bang a big boost for science study

by Kelsey **KEENER**
Iron County Today

Last Friday in the Science Building at SUU, students and families got the chance to learn about science during the Big Bang event.

One of the features of the event was the Animal Ambassadors, a club at SUU that uses live animals to educate and connect with people about science.

Brittany Kemme, a member of the Animal Ambassadors, said the group was there to help share a positive outlook on science.

"We do a lot of educational outreach," she said. "We were invited to come out and share the animals with people and bring a new perspective to the fact that science is cool."

Benjamin Bahr, an SUU student, said the event was a good way for kids to enjoy science.

"I think it is a great opportunity for SUU to get the community involved," he said. "Most of the time kids growing up don't really like science so I think its important that kids see how fun science can be and that you're actually able to find success in science."

The event also featured physics and chemistry shows and smaller demonstrations, a geology demonstration, a planetarium and allowed the public access to the Garth and Jerri Frehner Museum of Natural History.



KELSEY KEENER

MAKING SCIENCE FUN TO STUDY WAS THE GOAL at the Big Bang event at SUU last week.

CHURCH Directory

Calvary Chapel
101 E. Nichols Canyon Rd.
Suite A-6, Cedar City
10 am - Sundays,
7 pm - Thursdays
867-8188

**Cedar City Seventh Day
Adventist Church**
4571 N. Hwy. 91, Enoch
11 am - Saturdays
592-2142

**Christ the King
Catholic Church**
690 S. Cove Drive, Cedar City
9 am & 7 pm - Sundays
Spanish Service
11:45 am - Sundays
586-8298

**The Church of Jesus Christ
of Latter-day Saints**
Cedar City Stake
155 E. 400 South, Cedar City
586-8381
9 am & 11 am, - Sundays
Enoch Stake
3600 N. Minersville Hwy., Enoch
586-5950
9 am, 11 am & 1 pm - Sundays
Parowan Stake
90 S. Main St., Parowan
477-8929
9 am & 1 pm - Sundays

Church of Christ
1075 S. Fir, Cedar City
11 am Sundays
586-9534

**Community
Presbyterian Church**
2279 N. Wedgewood Ln.,
Cedar City
10 am - Sundays
Childcare Available
586-8891

First Baptist Church
324 W. 200 North, Cedar City
11 am - Sundays
586-6994

**Grace & Truth Fellowship
A Church of Christ**
195 W 650 S, Cedar City
10 am & 11 am - Sundays
6 pm - Wednesdays
238-3886

Grace Christian Church
845 West 200 South,
Parowan
10:30 am - Sundays
7 pm - Wednesdays
590-1663

**Kingdom Hall of
Jehovah's Witness**
620 E. Nichols
Canyon R., Cedar City
7 p.m - Thursdays,
10 am - Sundays
867-1837

**Light of the Valley
Fellowship Church**
995 S. Regency Rd., Cedar City
(Brookdale Senior Solutions)
1:30pm - Sundays
590-7362

**Mountain View Baptist
Church**
1160 S. 860 West, Cedar City
11 am & 6 pm - Sundays
865-1211

New Life Church
Spring Hill Suites
1477 S. Old Hwy 91, Cedar City
10 am - Sundays
233-0047

**Parowan United
Methodist Church**
190 N. Main, Parowan
9:30 am - Sundays
6:30 pm - Thursdays
477-1334

**Potters House Christian
Fellowship Church**
732 North Main,
Cedar City
11 am & 6:30 pm - Sundays
7:30 pm - Wednesdays
695-8212

**Red Hills Southern
Baptist Church**
4277 N. Wagon
Wheel Dr., Enoch
10:45 am - Sundays
865-7068

**Sonrise Christian
Fellowship**
201 E. 3800 N. Enoch
(Gateway Academy)
10 am - Sundays
586-3640

**St. Jude's
Episcopal Church**
70 N. 200 West, Cedar City
10 am - Sundays
586-3623

Trinity Lutheran Church
410 E. 1935 North,
Cedar City
10 am Sundays
586-7103

True Life Center
2111 N. Main St., Cedar City
9 am & 11 am - Sundays
867-0405

Valley Bible Church
4780 N. Hwy 91, Enoch
11 am - Sundays
586-0253

Westview Christian Center
2624 W. Hwy 56, Cedar City
11 am - Sundays,
6:30 pm - Wednesdays
865-1550

If your church in Iron County is not listed in this directory or if any information is incorrect, please call 867-1865 or email news@ironcountytoday.com

the Pet CORNER



Five Ways Cats Show Love

DAWN AERTS
Contributor

There is little doubt that cats appreciate and love us people.

While those who have not been blessed with a furry feline in their lives might not believe the kitty-hype, owners will tell you that cats can and do show affection in a multitude of subtle and even obvious ways.

That said, cats show affection differently than people. Some of these behaviors can both annoy and puzzle us, but their unique gestures are mostly an expression of love. Here are five of the most common signals in the cat-world.

The Purr: Those purrs can be soft and gentle or sometimes, like a Harley Davidson rumble. While a simple purr can mean anything from personal delight to time for din-din, when they purr in your presence it is definitely a sign of love.

The Roll: Cats generally love to toss and roll on their sides. When it happens, consider this a loving greeting and a ploy for more attention. Presenting the tummy in any situation is a vulnerable gesture for cats, and reserved mostly for the people they love.

The Head Bunt: When your cat 'cheek rubs' or gently pushes against you, it isn't just cute moment, but a behavior that is commonly shared with other cats. If your cat likes to press against your leg, consider it a little kitty hug.

The Scratch: Yep, pay attention to the places your cat scratches the most: You might say it's there feline way of visiting the places most frequented by their special people -- like your favorite living room chair perhaps?

Cat Naps: There is no greater compliment from a cat that chooses your bed, your pillow, or your lap as a favorite place to nap. Cats can sleep up to 16 hours a day, but they are most vulnerable (in the cat world) during their nap time. If they nestle into your spot, it's probably love.

Finally, with all of their "kitty weirdness," there's no doubt that cats just like to "hang out" with us.



COURTESY PHOTO

In Support of the Enoch Animal Control Office; the Cedar City Dog Shelter and Iron County Animal Rescue shelters. For pet adoptions, call 435-586-8791 or 435-586-2960.

Self-Worth Day



The Rut LESS TRAVELED

by Corey BAUMGARTNER

As the world turns on April 22, we will celebrate another Earth Day. Will you plant a tree? Recycle a water bottle, or walk to work? Whatever you do and are doing, thank you! The support of Earth Day has definitely grown since 1970, and rightfully so. The Earth is our home and we need to take care of its precious resources any way we can.

The Earth has another precious resource that needs protecting, maintaining and celebrating: YOU! When was the last time you celebrated your worth? When was the last time you took time to be thankful for the amazing person that you are? Have you forgotten the value of you? Maybe you've been too busy? I know life's not perfect, but like Earth Day, with celebration also comes a dedication to living a better life by investing in and preparing for the future and learning to enjoy the journey along the way. Take time today, right now, and celebrate you.

What else can you celebrate? Who and what are the most valuable resources in your life? Hopefully they will include the people who uplift and celebrate having you in their lives. Do you also celebrate them? Always remember that your life is also a valuable resource. Are you taking care of your most precious assets, especially those internally? Take some time and look for those things that will edify your self-worth and get rid of those things that are polluting your emotional, physical and spiritual environments.

Unfortunately, we live in a world where one doesn't have to look far to see, or be affected and infected by pollutions and impurities. Too often, lives are turned into landfills with all the tempting trash and captivating poisons out there. It's hard to breathe sometimes with the emotional pollutants and immoral smog that smothers one's self-worth by blocking out the blue skies of self-confidence and the sunshine of happiness.

If anything is contaminating your self-worth, or suffocating your happiness, get rid of it before it steals the oxygen from your joy and pollutes your peace. Is your atmosphere full of fear? Maybe the lakes and streams of your heart and soul have become full of the toxic waste of doubt, discouragement, and regret? Find the sources and shut them off. Get your waters rolling again and wash any impurities away.

How can we also turn our landfills of life back into gardens? Don't just stop and smell the roses, plant some along the way. Only together can we truly get rid of the rotten and replant, rebuild and restore the beauty we've been missing in our lives and also help others to restore their self-worth and joy again. After all, we're not just on this planet together, we're in this life together. If we will make time to sustain and maintain ourselves, our friendships and relationships; this world, along with our homes and hearts, will be full of worth and worth celebrating every day!

Who and what are the most valuable resources in your life?

Obituaries

Jeri Denise Landes Bennett



Surrounded by her loving husband, and family, our beloved Wife, Mother, Grandmother (Mema), Sister, Daughter, and Friend passed peacefully from this mortal plane into the loving arms of our Father in Heaven, and earthly Father and Mother.

Jeri was born May 13, 1961, in Murray, Utah to William Riley Landes and Francis Darnell Campbell. She was the third of four children. She and her older two sisters were sealed to their parents in the LDS Manti Temple on February 16, 1963. In 1964 her parents moved to Las Vegas,

NV where Jeri and her three siblings were raised. She resided in Las Vegas for 41 years where she attended Will Beckley Elementary, Joe Mackey 6th Grade Center, K.O. Knudson Jr. High, then graduated from Valley High School in 1979. In March of 2006 Jeri and Rick Bennett were married, then moved to Cedar City, UT, where she lived until her passing. She worked in the banking industry for 16 years, then later going to work with her father in the steel construction industry.

Jeri was a devout member of The Church of Jesus Christ of Latter-day Saints. She had a very strong testimony of the gospel and a deep love for her Heavenly Father and Savior Jesus Christ. She held various positions in the church, with the Primary Presidency and Visiting Teaching Supervisor being among her favorites.

Jeri raised three beautiful children whom she loved and cherished with all her heart. Her most cherished times was spending time with her family, especially her husband, children, and grandbabies. She loved to laugh and post daily jokes on Facebook, which for the last several of years was her outlet and connection to everyone she loved so dearly. For a long time she would refer to herself as "The Sit Down Comic," later she changed it to the "Lay Down Comic." Everyone always looked forward to her daily post. She will be missed by many.

Jeri was preceded in death by both her father William Riley Landes (Papa), and her mother Francis Darnell Campbell (Dinah). She is survived by her husband Richard G. Bennett (Rick), her children, Karl Justin Krosta, Courtney Krosta Chappell (Steve), and Austin Taylor Bennett. Six grandchildren; Jordan, Colton, (Krosta) Brooklyn, Bridger, Bronson, and Bryant (Chappell). Her siblings; Patti Landes Adams (Mike), William Darin Landes (Lisa), Doni Landes Wagner (John).

Funeral services along with remembrance and visitation time will be held (Saturday) April 22, 2017, at the LDS Equestrian Point Ward Chapel, 370 N. 4050 West, Cedar City, UT. Remembrance and visitation time will begin at 10:30 to 11:30 a.m. open to relatives and friends. Family Prayer will be from 11:30 a.m. to noon, with funeral services from noon to 1 p.m. Graveside services to follow at the Cedar City Cemetery, 685 N. Main Street, Cedar City, UT.

The Family would like to give a special Thank You to Dr. Jason North and staff of Cedar Ridge Family Practice; and Dayne Johnson and staff of Southwest Spine and Pain Clinic, for always being there and never giving up on Jeri and Rick through all the years of her illness. Also a Special Thanks to Duane Lamoreaux, Larry Hansen and staff of Serenity Funeral Home, for their courtesy, compassion, professionalism and friendship.

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Obituaries

Janet Loper Blake



Late on the evening of her granddaughter's birthday April 12, 2017, our mother, grandmother, sister, aunt and friend, took her final breath of air on Earth. She was surrounded by her family at her daughter's home in Washington, UT and is finally at peace after a lengthy struggle with pancreatic cancer. Born on March 19, 1948 in Mount Pleasant, Pennsylvania, Jan was the 3rd of 4 children to Edward William Loper and Gertrude Frances Kulczak.

As a child, Jan traveled the globe with her two older sisters Jeanne and Marsha as an "Air Force Brat." Their father served as Master Sargent at Air Force Bases in Everson, PA; Moses Lake, WA; Great Falls, MT; and Ipswich, England where the family welcomed their "big" little brother Richard. The family later settled into their permanent residence in Las Vegas, NV when Edward was transferred to Nellis Air Force Base.

Jan attended many schools during her childhood. During her travels, she attended the Jesus Mary Convent in Ipswich, England, and Ursuline Academy in Great Falls, MT. After settling in Las Vegas, she attended Lincoln Elementary, Nellis Elementary, Jim Bridger Middle School, JD Smith Junior High, and graduated from Rancho High School, class of 1966.

Jan married Billie Lee Blake on January 21, 1967 in Las Vegas, NV, where they started their young family. It was obvious to all that Jan always wanted to be a wife, mother, and homemaker, as she excelled at each. Their four beautiful daughters were always a source of great pride for Jan and Bill.

Jan loved the simple things in life. She loved going on drives with Bill to see new places and take in the beautiful scenery of Southern Utah. The family also spent many a weekend at their cabin in Duck Creek, where they would fish, hunt, go on drives, and enjoy the fresh air. That tradition continued on with the next generation, as the cabin was also a favorite destination for many of the grandchildren.

Jan was the ultimate sports fan. No matter the season, there was always a team she was following and cheering for. Although she was born in Pennsylvania and had a deep rooted love for the Steelers and Pirates, she soon became a devoted fan of many Utah teams. The last few years of her life, her schedule was definitely planned around Jazz games. She had exhilaration when they won, and sadness when they lost.

Jan was kind, caring, thoughtful, understanding, and will be missed greatly by all that were fortunate enough to know her.

Jan is survived by daughters Sandy Smith (Steve), Jackie Barnson (Shawn), Lori Anderson, Nancy Shirts (Casey); siblings Jeanne White (Walt), Marsha Toms, Richard Loper (Rosemary); in-laws Leon Blake (Dorothy), Shirley Thompson (Louis), Royal Blake (Billie); eight grandchildren Sadie & Shayden Smith, Zane & Dax Barnson, Amberlee & Alec Anderson, Anique & Vander Shirts; two great-grandchildren Jaxen Smith and Ellie Rose Anderson.

She is preceded in death by her husband Billie Blake, parents Edward & Gertrude Loper, brother-in-law Ernie Toms; parents-in-law Hollis & Lucia Blake, siblings-in-law Wilma & Lynn Boyter, and Wesley & Phyllis Blake; son-in-law Brant Anderson; grandchildren Brittany & Coy Barnson.

Funeral services were held at 1 p.m. Monday, April 17, 2017 in Cedar City, UT at Southern Utah Mortuary (190 N 300 West). A viewing was held from 11-12:30 p.m. prior to services. Interment was held in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be made at www.sumortuary.com.

Darrin Steve Ivie



Darrin Steve Ivie, age 53, passed away April 8, 2017 near Saint George, Utah. He was born on June 17, 1963 in Brigham City, Utah, to Steven Glade and Bonnie Kay (Cobb) Ivie.

Darrin was raised in Heber City, Utah where he graduated from Wasatch High School. He loved to play baseball, and received a scholarship to play for Utah State. He served a full-time mission for the Church of Jesus Christ of Latter-day Saints in Peru where he learned Spanish. Soon after returning from his mission, he met the love of his life Jolene Lewis and the two were married and sealed for Time and all Eternity in the Jordan River

temple. Darrin's most treasured moments were those spent with his wife and seven children. He always put his family first, and was serving them any chance he could. Darrin served faithfully in all of his church callings. He enjoyed his time as a leader of the Boy Scouts, counselor in the Stake Presidency, and most recently the Bishop of the Veyo, Utah ward.

Darrin is survived by his wife Jolene (Lewis) Ivie, and children Nathaniel (Erica), Mitchell (Josie), Kameron (Abigail), Matthew (Carli), Ben, Adam and Amy Ivie. He cherished his three grandchildren, Ava, Reagan and Asher. Darrin is preceded in death by his father, Steven Glade Ivie, father-in-law Darrell Wilford Lewis, grandparents Ross and Lena Cobb and Wanda and Glade Ivie, aunts Dianne Zdunczyk, Robyn Barnhurst, uncle Kelly Barnhurst, cousin Shelly Stock.

Funeral services were held Saturday, April 15, 2017 at 11 a.m. in the Diamond Valley Stake Center. Public viewing was in the same location Friday, April 14 and April 15. Interment was held following funeral service in the Pine Valley, Utah, cemetery under the direction of Affordable Funeral Services, 2002 North Main Street, Cedar City. Online condolences can be sent his memorial page at www.affordablefuneralservices.com

Ronald Carl Beebe

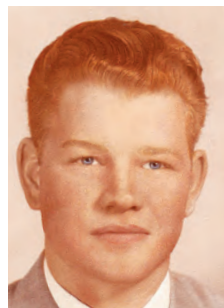


Our Heavenly Father called home our 86 year old loving husband, father, grandfather, Ronald Carl Beebe at his home in Beaver, Utah, on April 8, 2017.

Ron was born on October 9, 1930 to Rose Anna (Barnson) Beebe and Carl George Beebe in Circleville, Utah. He was an avid baseball player and graduated from Piute High where he went into the Navy for one year. After the Navy he went to college in Cedar City, Utah, at S.U.S.C (S.U.U.) and then went back to his hometown of Circleville, Utah and became a farmer. He met his future wife, Cherie Ann Smith from Beaver, Utah and they were married May 2, 1958. They were later sealed in the St. George Latter-day Saint Temple.

Ron changed employment and began working for the Dixie National Forest Service where he became a Timber Technician and Fire Boss for 35 years. He was blessed to serve in the communities of Circleville, Panguitch, and Escalante.

Ron held several church callings but he was the proudest of his mission call with his spouse to the Cove Fort, Latter-day Saint Mission, where he and Cherie served for



two years.

He is survived by: his wife; his children Wade R. (Lori Gillies), Nancy A. (Glen) Hallows, Sheila L. (Harold) Shotwell; 13 Grandchildren; 23 Great Grandchildren; 1 great-great grandchild; his three sisters Helen Davis, Colleen Allen, Joanne Wood; brother-in-law Fred and Juanita Smith.

He is preceded in death by his parents and his sister, Jessie Bailey. Some of his civic activities include Circleville Volunteer Fireman, Member of the Escalante Lion's Club and Smokey the Bear Parade Mascot.

Ron was an avid deer hunter and loved anything outdoors. Grandpa Ron also loved to tease his grandchildren and great grandchildren.

A viewing in Ron's honor will be held Friday April 14, 2017 at 11 a.m. at Southern Utah Mortuary (195 N. 200 W. Beaver, Utah), followed by a graveside service at 1:30 p.m. the Mountain View Cemetery, Beaver Utah.

Interment will be in the Mountain View Cemetery under the direction of Southern Utah Mortuary. Online condolences can be made at www.sumortuary.com.

Cleo Jean K Smith



Our Mother, Grandmother, Great-grandmother, sister, Aunt, and friend, Cleo Jean K Smith 87, passed away at home on April 9th, 2017. She had a short battle with cancer. She was born Cleo Jean Mortensen, April 6, 1930 in Parowan, Utah. The 4th child out of 7 to John and Clara Mortensen. She was raised and educated in Parowan with her siblings. They learned to grow their own food, take care of farm animals, sew clothes, and helped care for their grandma Mortensen. She graduated from Parowan High School. She soon began dating a handsome curly dark haired man known as Swead. On August 2, 1948 Leo (Swead) and Cleo K Smith were married. She found out the next day was his birthday. Swead had recently returned from WWII where he learned the trade of diesel mechanic in the Navy. Cleo was working as a waitress. She moved to Cedar City where she began her lifelong journey with her husband. They had five children, Alfred, Karen, Cathy, Robert, and Dorothy.

Cleo was born with the gift to gab. It didn't matter if you were her family or a stranger she would talk and talk and the stories never ended. She especially talked about her

children and grandchildren and never stopped bragging about them. She was always a hard worker and couldn't be slowed down even in her later years. She enjoyed roller skating at the Brown Derby in Parowan. She also participated in many bowling leagues winning several competitions.

She is survived by her daughter Dorothy K. Nolan, grandchildren, Krisdee (Derek) Nelson, John Posey, Justin Mosher, Robert Nolan III, Camie (Shay) Seegmiller, Jackie Smith, Jasmine Hoke, and Jody (Khai) Smith-Xiong and many great-grandchildren. Siblings Norine, Lloyd (Helena), Retta (Larry), and Etta. She was preceded in death by her parents, two brothers Robert (Jack) and Alfred, her husband and four of her children, Alfred, Karen, Cathy, Robert, two grandsons Scott and Kelly Posey, and one great-grandson, Hayden Morgan. Also many other close family and friends.

Funeral Services will be directed by Hughes McArthur Mortuary held on Saturday April 22, 2017 at 1 p.m. at the Cedar City Rock Church. There will be a viewing on Friday evening from 6-8 p.m. and Saturday from 11-12:30 p.m. prior to the funeral. Interment will take place at the Cedar City Cemetery. The family would like to thank Zion's Way Hospice and the many caregivers who helped Cleo be comfortable in the last stage of her life.

Stanley Quentin Johnson



His life could be summed up with a quote from Thomas Edison, "I never did a day's work in my life, it was all fun." Stanley Quentin Johnson, 77, slipped peacefully to the other side, at his home in Parowan, Utah, on April 8, 2017.

Born July 14, 1939, in Murray, Utah Stan was the fourth child of Reynold Quentin Johnson and Mildred (Argyle). After serving a mission in Denmark, (1959-1962) he married Pamela "Penny" Pearson in the Salt Lake Temple on September 19, 1963. Stan is survived by Cherylyn Dye (Tracy), Stacey Johnson,

Stanley Neil (Tina), Rebecca Carlson (Ken), Karyn Langston (Dan), Shannon Madsen (Dale), Brenda Kirkpatrick (Todd), Janette Johnson and Matthew Johnson. His siblings include Marilyn, Reynold Jr. (Doreen), and Vernnon (Debbie). Stan was preceded in death by siblings Derrell, (Joyce), Timothy, and sons Travis and Alexander. On October 28, 1994, Stan married Polly Ivory and their marriage was solemnized in the Provo Temple.

Inspired by the Danish artist, Thorvaldsen, while on his mission, Stan became an internationally renowned Master Artist. In 1997, was chosen as the Featured Artist of Utah, at the Susquicentennial celebration of the Mormon pioneers arriving in Salt Lake City. At the Days of '47 Invitational Art Show, over 40 of his bronze sculptures were displayed in the Grand Building at the Utah State Park. In his later years he and Polly produced several life size sculptures including those of the Prophet John Taylor, Parley P. Pratt, Paulina Phelps Lyman, "Aunt Pliny", and the Panguitch Quilt Walk.

Stan had a voracious appetite for research and was interested in everything. He read Egyptian, as well as Native American pictographs and petroglyphs, which led to many wild trips allowing him to read rock writings for his friends. Encouraged by Hugh Nibley, he and Polly wrote, Translating The Anthon Transcript utilizing his vast language studies.

Polly maintains, "The best Boy Scout leaders are men who wish they were still 12 year old boys." Stan certainly fit that scenario, as he was an exemplary 11 year old scout leader, helping many boys on their way to receiving their Eagle Scout rank. At Thunder Ridge Scout Camp there is still a story circulating about an unexpected 6 inch snow storm in July, at Thunder Ridge scout camp, which soaked all the firewood. Stan's scouts were the only ones to get their fire started, having been taught sundry and diverse ways of fire starting by Stan. Two hours later, the frustrated staff had Stan's boys come to their camp and show them how to start their fire. The many skills and lessons he taught those young boys will last a lifetime. Evidence of Stan's prowess was apparent when, in 2007, he received the Silver Beaver Award.

Stan studied the gospel with relish, and thought missionary work was one of the greatest privileges one could have while on this earth. He and Polly did not request where they would be sent as senior missionaries, but he later admitted that he was thrilled to be returning to Denmark. His favorite part of his second mission was reuniting with a lady he had taught, 55 years ago. Stan discovered that her then infant was now the Bishop of the largest ward in Denmark. There is no doubt that Stan is enjoying teaching the gospel in his new environment!

Stan's love for all these things is only superseded by his love for his family, and his fondest wish was always that they would keep the commandments, repent when necessary, and all be together in the eternities. One of his finest Christlike qualities was his ability to "frankly forgive" others no matter how grievous the offense. He always shared his love of his Savior Jesus Christ. He was certain that the plan of salvation, the plan of happiness, was a reality. The knowledge of his being out of pain and free to learn at an accelerated pace at this moment, gives all who love and miss him great joy; brings a smile to our faces.

Funeral service is under the direction of Affordable Funeral Services in Cedar City, Utah. Online condolences can be sent to his memorial page at www.affordablefuneralservices.com

In lieu of flowers please contribute to the missionary fund of The Church of Jesus Christ of Latter-day Saints.

Submitting an Obituary

There is no charge for obituaries of 400 words or less with up to two photos. Please email submissions to news@ironcountytoday.com or bring to 389 N. 100 West #12, Cedar City, Utah 84721. The deadline for submission is Monday at 9am. For pricing information for obituaries longer than 400 words, please call 435-867-1865 ext. 6.

PERFECT TEN



CANYON VIEW PLAYERS SHAKE HANDS WITH NORTH SANPETE following an 8-0 victory last week.

TOM ZULEWSKI

Canyon View soccer stretches win streak to 10 games

by Tom **ZULEWSKI**
Iron County Today

Facing a North Sanpete team that took them to overtime in the first meeting of the season, the Canyon View soccer team knew the power of home cooking was waiting for them.

Jose Larios wasted no time to help his teammates move one step closer to another Region 12 title.

Larios scored four goals – including two in the game’s first four minutes – and the Falcons finished things early in an 8-0 rout over the Hawks on April 14. CV improved to 5-0 in Region 12 and won its 10th straight overall.

“In my mind, they put it together. They’re starting to dial in,” assistant coach Dustin Schiabile said. “It

was a good comeback game from having to go into overtime all these away games,” Larios said. “We want to prove we’re out here to get region and come for state.”

the start. After his opening outburst, the junior completed a hat trick with a low rolling shot in the 28th minute that made it 4-0, and his long-range shot from well outside the 18-yard box in the 70th minute ended the match early on the mercy rule.

“It felt nice to be at home after

17th minute, and Scott Sanders nailed a shot from a slight angle inside 10 yards in the 35th minute that pushed the lead to 5-0 at the break.

Sanders scored his second goal of the game and team-leading eighth of the season on a header off a cross in the 48th minute, and R.J. Batt booted in a rebound off a corner kick in front for the Falcons’ seventh goal six minutes later.

Matt Bench earned his fourth clean sheet of the season and first since the Falcons shut out Snow Canyon 1-0 on March 21.

CV opened the week on the road April 11 and came away with a 3-1 win over Carbon, scoring twice in the first half.

The Falcons played the Dinos at home Tuesday in a 3:30 p.m. kickoff that was too late for press deadline, and they would secure another Region 12 title with a win.



Cyn. View

8



N. Sanpete

0

BOYS SOCCER STANDINGS

Through April 14

REGION 12

Canyon View	5-0-0
North Sanpete	3-2-0
Carbon	2-2-0
Juab	1-3-0
Richfield	0-4-0

“We want to prove we’re out here to get region and come for state

— Jose Larios

Henkel blast keeps Cedar softball unbeaten

by Tom **ZULEWSKI**
Iron County Today

It was the kind of day Cedar softball coach Chris Weaver called “miserable,” complete with wind gusts that were clocked at more than 50 mph at times.

Freshman Denim Henkel found a way to brighten the mood with one big-time swing that carried the Lady Reds to sole possession of first place in the Region 9 softball standings.

Henkel belted a three-run homer that capped a four-run rally in the bottom of the sixth inning, and Cedar held on for a 4-3 victory over the Desert Hills Thunder to stay unbeaten through the first half of Region 9 play at 5-0.

The Lady Reds played through two key mistakes in running the bases and Weaver was more than grateful afterwards.

“This was a miserable day,” Weaver said. “Props go out to both teams. This was a great game on both sides. We made some mistakes, but they didn’t hurt us.”

The winning rally for the Lady Reds began after Corinn Grantham led off the top of the sixth with a solo home run for Desert Hills – who lost for just the second time overall on the season – to stake them to a 3-0 lead.

Starting pitcher Bryton Holyoak avoided further trouble in the inning after Megan Wiscombe reached on an error and Ashlee File sacrificed by striking out Savannah Wright and Morgynn Rossmeyer.

That’s when Cedar went to work in the bottom half and solved Thunder pitcher Brianna St. Clair.

With one out, Dream Weaver doubled and Sage Oldroyd drove her home with a single to get the Lady Reds on the board. Pua Johnson was hit by a pitch and Henkel wasted no time, turning around the first pitch she saw from St. Clair and sending it over the fence in left field.

It was the freshman’s second home run of the week. “I just had faith in myself and my team,” Henkel said.

Holyoak allowed Rilee Stookey to reach on a one-out single in the top of the seventh, but she settled down to strike out Sophie Wilcox and got Katelyn Phillips to ground out.

“They capitalized on our mistakes, but we capital-

“I just had faith in myself and my team”

— Denim Henkel

SOFTBALL STANDINGS

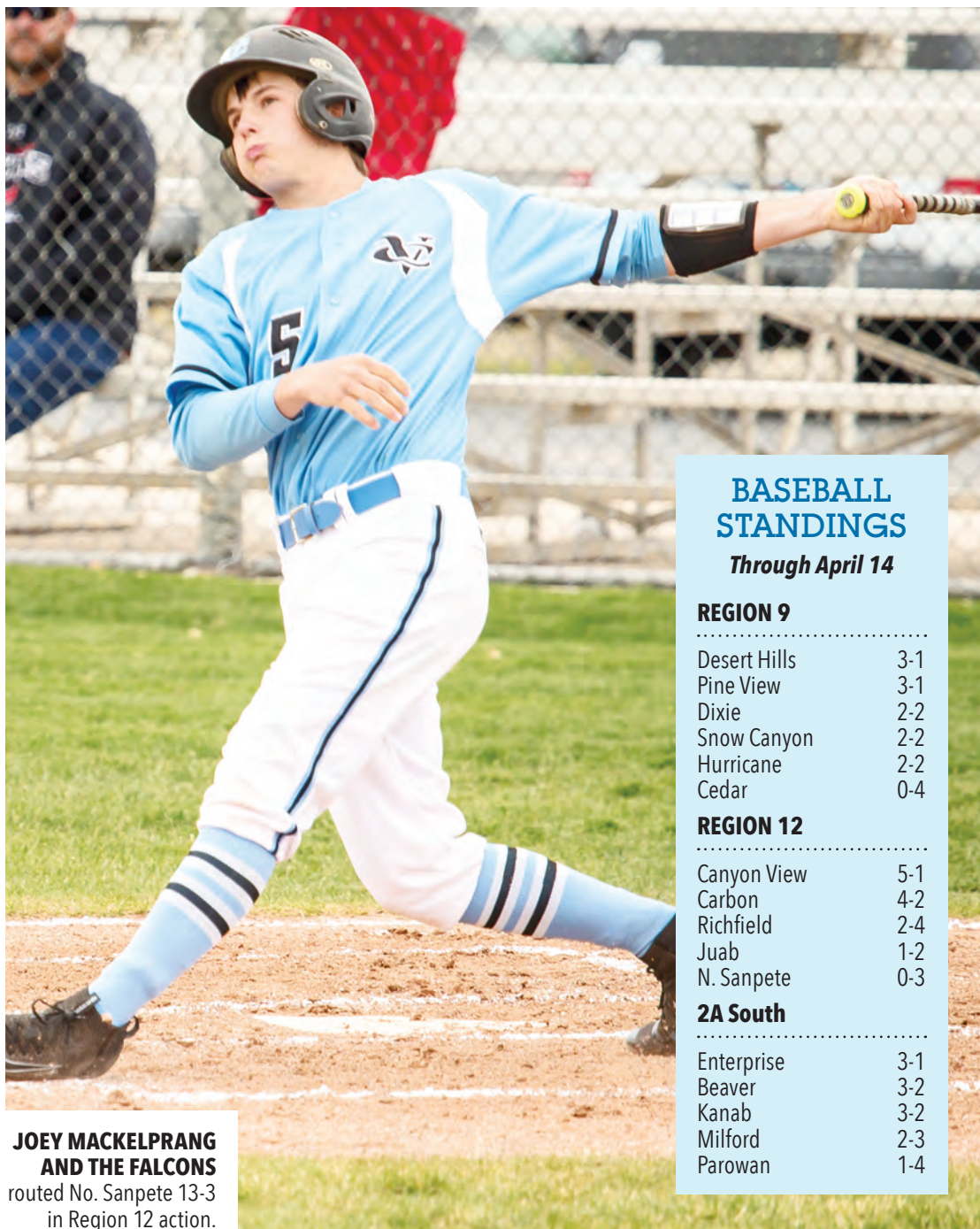
Through April 14

REGION 9

Cedar	5-0
Desert Hills	3-1
Snow Canyon	2-2
Hurricane	2-2
Dixie	0-3
Pine View	0-4

HIGH SCHOOL Baseball

Falcons continue surge, sweep visiting Hawks



by Tom **ZULEWSKI**
Iron County Today

The Canyon View baseball team had struggled to find any sort of offensive momentum. Once Region 12 play began, the groove returned.

Against the North Sanpete Hawks, the momentum turned into a tidal wave.

Colton Gochis belted a home run and the Falcons scored early and often on the way to identical 13-3 victories in five innings of a doubleheader sweep at home April 11. The Falcons put up four runs in the first inning of the opener and added six more in the second.

“We swung it really good today,” Canyon View head coach Jason Jacobsen said. “All up and down the lineup, one through nine contributed, and that’s always fun to see. You never want to be too high or too low, though. Whenever you think you’ve got this game mastered, it will come back to get you.”

Canyon View completed the doubleheader sweep in similar fashion to Game 1, scoring three in the first and six in the second. North Sanpete scored twice in the top of the fifth after two were out, but the Falcons put the win away with three runs in the bottom of the inning that ended the game early.

On Friday, CV needed a late-inning push to secure the series sweep over the Hawks with a 9-3 victory on the road. The Falcons took the early lead with three runs in the first, but North Sanpete pulled even with a single run in the third and two

Cyn. View
 **13**

N. Sanpete
 **3**

more in the fifth.

Canyon View had the answer with four runs in the sixth and two more for added insurance in the seventh that sealed the win as they improved to 5-1 in Region 12, one game ahead of Carbon, its next opponent April 25.

Rams drop two

The Parowan baseball team’s offense continued to struggle as it fell twice in 2A South play last week. The Rams were shut out by Beaver, 12-0, on April 11, then fell at home 6-1 against Milford the following day.

The Beavers banged out 18 hits and took advantage of six Rams errors, putting the game away early by scoring six runs in the top of the sixth inning.

Against Milford, Parowan trailed 2-1 after three innings, but the Tigers pushed across a single run in the fifth and three more in the seventh to secure the victory.

Grayson Robb homered for the only run in the loss for Parowan, who fell to 1-4 in 2A South play.

BASEBALL STANDINGS

Through April 14

REGION 9

Desert Hills	3-1
Pine View	3-1
Dixie	2-2
Snow Canyon	2-2
Hurricane	2-2
Cedar	0-4

REGION 12

Canyon View	5-1
Carbon	4-2
Richfield	2-4
Juab	1-2
N. Sanpete	0-3

2A South

Enterprise	3-1
Beaver	3-2
Kanab	3-2
Milford	2-3
Parowan	1-4

JOEY MACKELPRANG AND THE FALCONS routed No. Sanpete 13-3 in Region 12 action.

JR ROBINSON

Late-inning rally proves not enough for Redmen

by Tom **ZULEWSKI**
Iron County Today

Just when all looked lost for the Cedar baseball team, something magical happened.

An unlikely six-run rally in the bottom of the seventh inning against Hurricane on April 11 pulled the Redmen out of an offensive funk and into an 11-11 tie.

But that only extended the game, and the Hurricane Tigers didn’t waste any time responding to the challenge.

Hurricane put together a four-run rally in the top of the eighth inning and escaped with a 15-11 win over Cedar to earn its first Region 9 victory of the season.

The Tigers started with five runs

in the top of the first, but Cedar got rolling with three runs of its own in the bottom of third, two scoring on a double from Drake Lewis. Hurricane seemed to regain control of the game as they scored six in the fifth to stretch the lead to 11-3, but Cedar had an answer.

After scoring twice in the bottom of the fifth, Cedar took advantage of three walks to get the game-tying rally started. Brandon Johnson and Bridger Bunnell singled to cut the deficit in half,

and a wild pitch plated the fourth run of the frame before Lewis came through.

The momentum was short-lived, though, as the Tigers responded in the eighth with the winning rally. Two singles and a double produced the runs that restored Hurricane’s lead, and Cedar went down quietly in the bottom of the eighth.


Two days later, the Tigers kept the lead from the start and swept the series with a 7-4 victory over the Redmen. Hurricane evened its


Region 9 mark at 2-2, while Cedar fell to 0-4.

The Tigers scored three runs in the bottom of the first, while the Redmen answered with two in the third on an error and an RBI single from Ben Hulet.

Hurricane scored two more in the fourth and two in the fifth to push the lead to five. Cedar got two runs back in the bottom of the sixth and had the potential tying run at the plate with one out in the bottom of the seventh, but Nick Horsley got a strikeout and flyout to end the game.

Cedar traveled to Region 9 co-leader Desert Hills for a Tuesday game that was too late for press deadline. The Redmen will return home to play the Thunder in a Thursday afternoon game with first pitch set for 4 p.m.

Cedar
 **11**

Hurricane
 **15**

HIGH SCHOOL Softball

Lady Falcons rout Hawks

by Tom ZULEWSKI
Iron County Today

Madisyn Christensen hit a three-run homer that was part of a seven-run rally in the bottom of the sixth inning, and Richfield had to hold on for a 9-8 victory over the Canyon View Falcons in Region 12 softball play April 11.

Canyon View had leads of 2-0 after the first inning and 3-2 after they scored a run in the fifth, but Richfield responded from a 15-3 loss when the teams played at the Falcons' home field by putting together the big rally.

Every run was needed as the Falcons' comeback bid fell a run short despite scoring five times in the top of the seventh. Jordan Nielson had three hits for CV and sophomore Taylee Braegger drove in two runs.

The Falcons shook off the loss two days later with a 13-0 rout over North Sanpete to even its Region 12 record at 3-3. CV ended the game on the run rule by scoring 10 runs in the top of the fifth inning.

Amber Francisco and Kelsee Hyatt hit home

runs in the victory over the Hawks. CV returns to Region 12 play April 25 for a home game against unbeaten Juab. First pitch is at 3:30 p.m.

Parowan splits pair

The Parowan softball team found both ends of the scoring extreme in splitting a pair of games in 2A South play last week.

The Rams opened the action April 11 with a 31-5 home loss to Beaver in four innings. The Beavers scored 13 runs in the opening inning and added five more in the third, but Parowan avoided the early run rule by scoring single runs in the first and second innings, then adding three more in the third.

Beaver would respond by scoring 12 runs in the top of the fourth.

Parowan recovered against Milford the following day and posted a 14-0 shutout over the visiting Tigers in five innings at home. Autumn Rogerson homered and got the victory in the circle as the Rams improved to 2-3 in 2A South.

Cyn. View
13

N. Sanpete
0



PAROWAN'S LADY RAMS SHUT OUT MILFORD 14-0 last week, and currently are 1-2 in 2A South play.

SOFTBALL STANDINGS

Through April 14

REGION 12	
Juab	4-0
Canyon View	3-3
N. Sanpete	3-3
Carbon	2-4
Richfield	1-4
2A South	
Enterprise	4-0
Beaver	5-1
Kanab	3-3
Parowan	2-3
Panguitch	1-2
Milford	0-6

DAVID MINEER

HIGH SCHOOL Soccer

Redmen shutout Tigers

by Tom ZULEWSKI
Iron County Today

Abe Brower scored a hat trick and the Cedar Redmen threw themselves back in the chase for a Region 9 playoff spot with a 7-0 shutout over the Hurricane Tigers on April 14. Cedar broke a 10-game winless streak and closed within two points of the Tigers with three games left.

Ethan Fletcher, J.D. Beacham, Kanyon Komarek and Rem Roche added the other markers for the Redmen and Jake Rekhop earned the shutout in goal, his first of the season.

Cedar (1-5-1 Region 9) built a 3-0 halftime lead before adding the remaining scores over the final 40 minutes. They played Dixie at home Tuesday in a game that was too late for press deadline.

The Redmen dropped a 2-0 decision

to region leader Snow Canyon in its other game of the week April 11. The Warriors (5-0-1 Region 9) got second-half goals from Ben Kemp and Kolton Barber to secure the victory.

BOYS SOCCER STANDINGS

Through April 14

REGION 9	
JSnow Canyon	5-0-1
Dixie	4-1-1
Desert Hills	4-2-0
Pine View	2-4-0
Cedar	1-5-1
Hurricane	1-5-1
2A South	
Millard	9-0-0
Am. Leadership	8-1-0
Delta	5-3-0
Diamond Ranch	3-4-0
Beaver	2-6-0
Merit Academy	1-7-0
Parowan	1-8-0

Parowan breaks lengthy losing streak

The Parowan soccer team snapped a 24-game losing streak April 13 with a 2-1 road win over Merit Academy in 2A South play. No details were provided from that game, but it was the Rams' first win since April 20, 2015 – a 1-0 shutout over South Sevier.

On April 14, Parowan (1-8-0 2A South) just missed earning a second straight win as they fell 4-3 at home to American Leadership. Oscar Celis scored twice for the Rams in the loss.

LADY REDS

Continued from page 22

ized on theirs, too," Holyoak said.

Both sides stranded two base runners in the second inning, but couldn't score. Allie Meisner helped deny Desert Hills a run when she made a diving catch that nearly got away due to the difficult winds. The play was discussed by the umpires after Weaver appealed.

Johnson walked to start the bottom of the inning and Henkel singled, but St. Clair settled down and retired the next three hitters in order.

Desert Hills would strike first in the top of the third when Wilcox worked a two-out walk to keep the inning alive and Katelyn Phillips doubled. Cedar

nearly answered in the bottom of the inning when Abby Anderson led off with a walk, stole second and advanced to third as Meisner grounded out, but she was thrown out at the plate on a delayed steal attempt.

Wiscombe helped the Thunder take advantage when she led off the fourth with a home run for a 2-0 lead.

Cedar overcame a shaky start with four errors in its other game of the week, scoring eight runs in the third inning to wipe out a 5-1 deficit as they went on to beat Pine View, 12-7. Henkel hit a two-run homer in the big rally and Oldroyd delivered a two-run shot of her own in the fourth.

The Lady Reds' only game of the week happens Friday at home against Snow Canyon. First pitch happens at 4 p.m.

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Dear Jazz fans: It's only one



RANDOM Thoughts

by Tom ZULEWSKI
Sports Writer

There was much rejoicing in the land late Saturday night when Joe Johnson – he of the dozen games of postseason experience – hit the buzzer-beater that boosted the Utah Jazz to a stunning 97-95 road victory over the Los Angeles Clippers in Game 1 of their opening-round NBA playoff series.

It was made all the more impressive in that the Jazz – who matched the Clippers' 51 regular-season wins but missed out on home-court advantage due to the dreaded tiebreaker – pulled it off without master defender Rudy Gobert for all but the game's opening offensive possession.

The importance of the victory in the 4-versus-5 Western Conference matchup isn't lost around these parts, no question. The Jazz won a playoff game for the first time since closing out the Denver Nuggets in Game 6 on April 30, 2010, seven full seasons ago.

In that year, the Jazz were also the No. 5 seed. In that year, Utah matched Denver with 53 victories, but lost out on the tiebreaker due to the Nuggets having won three of four head-to-head during the regular season.

This time around, the only difference is two fewer victories and a different opponent. The regular-season series between the Jazz and Clippers went in the exact same manner.

It's just a little bit *deja-vu-ish* when you break it all down, but the Jazz know it's only one win. After all this time, one could just as easily lead to four and a chance to move further up the playoff ladder.

» The news was just as exciting March 27 when the Oakland Raiders' move to Las Vegas was formally approved by a 31-1 vote. For the second time in the organization's history, they're packing up for a new destination.

And it's only a two-and-a-half-hour drive – minus a time-zone change – from Cedar City. That alone is reason to start thinking about season tickets for the new stadium, even if you have to

wait until 2019 at the earliest.

Disclosure: I have several friends who are Oakland Raiders fans. They stayed true to the team for the most part when they spent 12 seasons in Los Angeles, but aren't willing to make the emotional investment this time around.

You can't blame them, but there's plenty of blame to go around on the business side of the ledger. The Oakland Coliseum is closing in on 50 years old, and that's well beyond the norm for sports stadiums these days.

If you need a reference point, Joe Louis Arena – the home of the NHL's Detroit Red Wings – hosted its last game this season after 38 years. They are moving into Little Caesar's Arena in the fall along with the Detroit Pistons, who stayed at the Palace of Auburn Hills for only 28 years.

» We reported in this space last week of the resurgence of the Canyon View baseball team, who found its offensive mojo with 24 runs in a three-inning span that led to a doubleheader sweep over Richfield.

The tidal wave of momentum continued in its series with North Sanpete. CV came through with a pair of 13-3 wins over the Hawks at home, then delivered in the clutch Friday with a four-run rally in the sixth as they finished off the series sweep with a 9-3 victory.

Head coach Jason Jacobsen talked about staying humble with the success because "You never want to be too high or too low, though. Whenever you think you've got this game mastered, it will come back to get you."

Jacobsen doesn't have to look further for an outside example than former pupil Keaton Kringlen, playing his sophomore year at BYU.

After winning the national Player of the Week honor for his efforts in a West Coast Conference series sweep over St. Mary's two weeks ago, Kringlen went 1-for-13 in three games against Pacific.

The pendulum swung back the other way this weekend as the

sophomore went 5-for-12 in the Cougars' series win over Pepperdine.

Through the ups and downs, Kringlen is still second on the team in hitting (.341), home runs (five) and RBI (37). The Cougars are 9-3 in the WCC and travel to San Diego this weekend to face the first-place Toreros.

Never too high, but never too low, either. A pretty solid mantra to live by in the baseball world.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

It's just a little bit deja-vu-ish when you break it all down, but the Jazz know it's only one win

Pickleball extravaganza set for Little Valley

ST. GEORGE — For the second consecutive year The Fields at Little Valley recreational complex is the backdrop for the USA Pickleball Association West Regional Tournament, as the world-class venue is set to host the tournament April 20-22.

"The Fields at Little Valley pickleball complex is a state of the art facility – truly something special," said Bob Klarich, Tournament Director and St. George resident. Klarich noted Little Valley is the only public outdoor complex in the country with 24 courts. "It has excellent lighting for night play, stadium seating on select courts for special events like our Regionals, a sound system with speakers at many of the 24 courts and plenty of shade for spectators."

Pickleball combines elements of tennis, badminton and table tennis as two or four players face off on a surface of 880 square feet – less than half the square footage of a tennis court for singles play and less than a third for doubles play. It carries significant appeal for athletes past their physical prime who still yearn for athletic competition.

"Pickleball is a great sport for folks of all ages, one that children and their grandparents can play together," Klarich said. "There are very few sports where that is possible, and there is a particular draw to people 60 years and older who may have been hard-core tennis players whose bodies simply cannot take the pounding. Pickleball is low impact and is more about skill and placement than raw athleticism. People who play can continue to improve even as they age."

Klarich said he expects approximately 450 participants to compete in three different age-group categories (19 and older; 50 and older; 65 and older). Within those age group categories there are skill-level differentiations as well as singles and doubles teams.

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FORD 8N FARM TRACTOR with wagon loader and blade, good rubber, early 1950's, Call Sam 435-590-9985.

MOVING SALE: LIVING ROOM, Dining Room, & Bedroom Furniture, Rugs, Tools, Camping Equipment. Call 951-231-5707 for more information.

ADJUSTABLE BAR STOOLS: TWO wood & metal, rustic-style stools in new condition. Adjustable to different heights. \$60 for the pair. Call/text (435)327-2101.

BEAUTIFUL CUSTOM MADE IVORY Bridal Gown. Size 8-10, embroidered bodice with full tulle skirt. Princess style. Original cost \$2200.00 will sell for \$150.00. Call or text 435-383-3656.

LA LAKERS LEATHER JACKET back-to-back 2000 & 2001 Champions size XXL, \$75.00. New 3 drawer file cabinet, \$35.00. Outdoor potting table, \$25.00. Call or text 435-383-3656.

SNOWBLOWER - HONDA 3HP gas blower, runs great. \$99.00 OBO. 435-463-9947.

5TH WHEEL TRUCK TAILGATE For Sale: Black Steel 5th wheel tailgate fits Chevy Silverado in good condition has all parts, \$50.00 obo. Call 435-238-5762

JAZZY-NEEDS BATTERY, MAKE OFFER. 100 Ft. Air hose-make offer. 10" Rock pulverizer, grinds down to 600 fine, make offer. Electric 3/4 horse motor, make offer. 180 S. 200 E. 435-592-0620.

FOR SALE

LAWN MOWERS, TRIMMERS, & edgers. Re-conditioned and priced to sell. Call Fred at 435-590-3446.

DELUXE PROGRAMMABLE STATIONARY RECUMBENT exercise bike. Has pulse/heart sensors, automatic tensioner, used approx. 6-10 hrs. \$85.00 Firm. John at 435-327-6819.

HELP WANTED

REST AREA ATTENDANT: SALARY \$9.00/hr. Located in Parowan Utah. Rest area attendant needed to work at Lunt Park rest area, 10 miles north of Parowan on I-15. Duties include mowing, weed control, cleaning and maintaining bathrooms and buildings, grounds care, and snow removal. Must be able to lift 50lbs. Work: Thursday-12 noon-6 pm, Fri-Sun 7am-7pm. Full time position, will train, Call Bruce 435-704-0020.

MISCELLANEOUS

ARTISTS WILL PAINT MURALS, portraits, landscaping, you name it. Reasonable fees. Call 435-327-8212.

HELP WANTED

JOIN US FOR THE Great Cloth Diaper Change and Earth Day Event! April 22nd, Heritage Center, Room #7, 9:00am to 1:00pm. Free family event with vendors, raffle prizes, and more!

ADVANCED LAWN CARE. QUALITY, affordable, dependable lawn care for Cedar City area. Lawn/yard maintenance, clean ups, sprinkler repair/installation, sod or seed installation. For a FREE ESTIMATE call 435-592-4969

BAMBOO & GLASS DINETTE Set: \$150.00. White twin headboard: \$100.00. Desk: \$50.00. Queen Bed frame & gold headboard: \$25.00. Cord Organ: \$40.00. All in great condition. 435-590-1720.

CREATIVE TOUCH BEAUTY SALON is now accepting students for a nail tech apprenticeship program. 867-4786.

FIRE WOOD: ABOUT 3 cord of firewood for sale, split, no bark, good and dry, hot burning cottonwood, \$100.00 a good cord, you pick up. call 435-586-0443 for more info.

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BRIAN HEAD CONDO FOR SALE: Cedar Breaks resort Brian Head studio unit furnished, mountain views, steps to ski lifts. New stainless steel appliances, flooring, and windows. Indoor pool/sauna/spas, restaurant. \$40,000 702-469-7704.

PAROWAN HOME, 4 BEDROOM, 2.5 bath, garage, 2,500 sq ft., Newish HVAC, Greenhouse, Redwood decks front & back, Hot tub, remodeled kitchen & great room, \$215,000. 435-393-5035.

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MOTORCYCLE FOR SALE: STREET legal dirt bike. 2008 Lifan, 200cc, four-stroke. Well maintained, smooth ride. \$750. Call/text (435)327-2101.

2004 ITASCA SPIRIT MOTORHOME, self contained, sleeps 6, solar, new tires, steps & shocks, 24ft. Approx. 43,000 miles, \$25,000.00. 435-393-5035.

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NEED HELP GETTING YOUR shopping done? Do you or a loved one need some assistance with your grocery shopping? Hate going to the store? Let the Grocery Girl ease your burdens. Call or email for shopping and delivery services. 435-704-4796 grocery-girlllc@yahoo.com

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63 YEAR OLD WOMAN looking for a live-in light care giving situation in exchange for board. Will provide meal preparation, house keeping, laundry, showers, medication reminders. Call 913-713-3865.

JEXTERS AUCTIONS - PUBLIC Auction House: Jexters Auctions is a live and online auction house in St. George, Utah. We sell vintage items, collectibles, antiques, furniture, tools, electronics, and other high quality items. Auctions are held every other Friday evening and every other Saturday. Consigners are welcome! For more information, including auction dates and times, check us out at www.jexters.com.

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A-NAY LAWN & LANDSCAPE. For all your landscaping needs: sprinkler repair, and installation, mowing, trimming, aeration, thatching, weed spraying, yard cleaning and snow removal. Call Alex for Free Estimate 801-231-9319.

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IN-EXPENSIVE TREADMILL. 435-867-6324.

BREAD OF LIFE SOUP Kitchen is looking for donations of gift cards in increments of \$25 for Gas stations and grocery stores. 435-559-7737.

BREAD OF LIFE SOUP Kitchen is looking for donations Bottled waters, prepackaged granola bars, crackers, or nuts. Open Wednesdays 11am-1pm 2569 N. Freeway Drive. Cedar City

YARD SALE

YARD SALE: ANNUAL YARD sale 4/22 8am to ?.... guns, tools, furniture, clothes etc... 3857 W 1500 N, Cedar City

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Comics & Puzzles

WEDNESDAY, APRIL 19, 2017

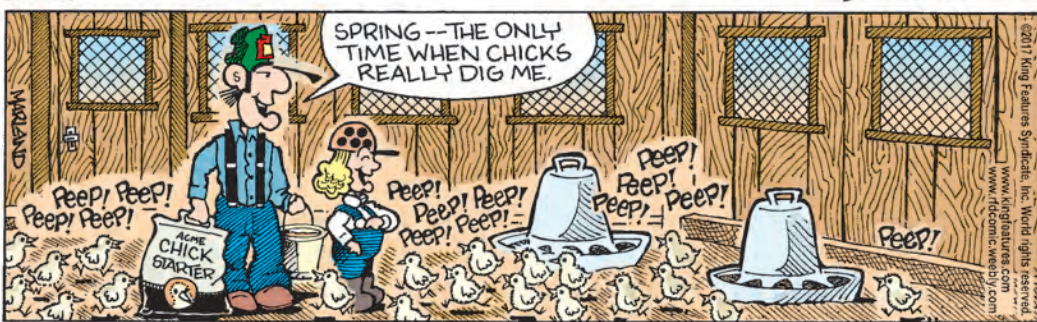
Amber Waves

by Dave T. Phipps



R.F.D.

by Mike Marland



The Spats

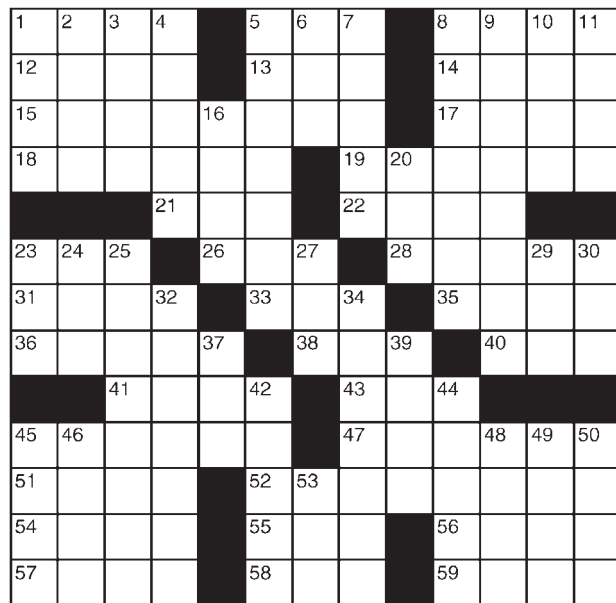
by Jeff Pickering



King Crossword

ACROSS

- 1 Emanation
- 5 Comedian DeLuise
- 8 Edinburgh dweller
- 12 Quarrel
- 13 — budget
- 14 Color quality
- 15 Think about
- 17 Erstwhile Peruvian
- 18 Mean
- 19 Animal shelter
- 21 Corroded
- 22 H.H. Munro's pseudonym
- 23 Handy Latin abbr.
- 26 Bobby of hockey lore
- 28 Celebrate
- 31 Cheer (for)
- 33 Still
- 35 Guns the engine
- 36 Literary category
- 38 With 46-Down, shared fairly
- 40 Scarlet
- 41 Bound
- 43 Billboards
- 45 Black eye, e.g.
- 47 Proof that you're who you say you are



- 4 Bewildered
- 5 Unsteady, as from old age
- 6 Inseparable
- 7 Report card data
- 8 Scoundrel
- 9 Underhanded one
- 10 Fairy tale starter
- 11 Blue hue
- 16 Grooving on
- 20 Listener
- 23 Work unit
- 24 Pirouette pivot
- 25 Magician
- 27 Agt.
- 29 First lady
- 30 Leary's drug
- 32 Platitudes
- 34 Coached
- 37 Type measures
- 39 Probability
- 42 Pie nut
- 44 Diving gear
- 45 Seethe
- 46 See
- 38-Across
- 48 Prayer ending
- 49 Actress
- 50 Sketched
- 53 Tramcar contents

DOWN

- 1 Spore cases
- 2 Word after 10-Down
- 3 Carry on

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Weekly SUDOKU

by Linda Thistle

5		1				2		
		9	8	5				
	8		7	4				3
		6	3				8	
3		9						1
	7			5	4			
		7		6		5		
9		8						6
	1		2	3				

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

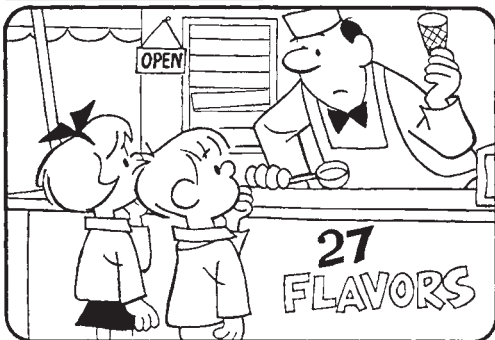
DIFFICULTY THIS WEEK: ◆◆◆

- ◆ Moderate
- ◆◆ Challenging
- ◆◆◆ HOO BOY!

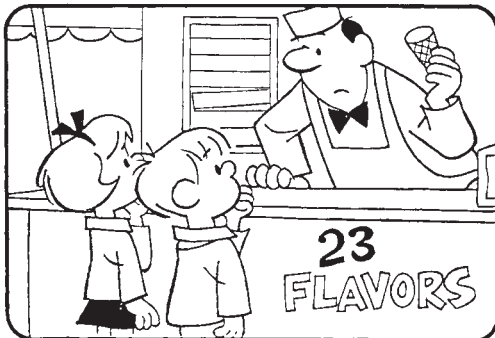
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Elphaba; 2. Shoulder; 3. Six (Montana, South Dakota, Nebraska, Colorado, Utah and Idaho); 4. A forward slash or stroke; 5. Dr. Pepper; 6. Chico, Harpo, Groucho, Gummo and Zeppo; 7. Green and yellow; 8. Topiary; 9. Peterhouse; 10. San Francisco

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Trivia test

by Fifi Rodriguez

1. THEATER: What was the name of the Wicked Witch of the West in the play "Wicked"?
2. ANATOMY: Where in the human body is the scapula located?
3. GEOGRAPHY: How many U.S. states border Wyoming?
4. LANGUAGE: What is a solidus?
5. FOOD & DRINK: Mr. Pibb was created to compete with what similar-tasting soft drink?
6. ENTERTAINMENT: What are the stage names of the Marx brothers?
7. ART: Chartreuse is a combination of which two colors?
8. GENERAL KNOWLEDGE: What is the ornamental shaping of plants called?
9. HISTORY: What is the oldest college at Cambridge University?
10. U.S. CITIES: What U.S. city once was a Spanish settlement called Yerba Buena?

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8	7	3	6	2	4	5	1	9
9	4	1	7	5	8	3	2	6
2	5	6	9	1	3	7	4	8
6	3	4	5	6	2	8	7	1
1	9	7	8	4	6	2	5	3
5	8	2	1	3	7	9	6	4
3	6	9	4	7	5	1	8	2
4	1	5	1	8	9	6	3	7
2	7	8	2	9	3	8	4	5

Answer

Weekly SUDOKU

W	N	E	N	E	S	L	A	R
M	A	N	E	D	N	E	S	L
E	N	E	N	E	S	L	A	R
B	E	N	E	D	N	E	S	L
R	E	N	E	D	N	E	S	L
M	E	R	E	N	E	D	N	E
E	R	E	N	E	D	N	E	S
R	E	N	E	D	N	E	S	L
A	T	E	S	A	K	I	E	L
L	E	N	E	D	N	E	S	L
A	T	E	S	A	K	I	E	L
C	O	L	O	R	E	L	E	V
S	C	O	L	O	R	E	L	E
R	E	V	S	A	K	I	E	L
R	E	V	S	A	K	I	E	L
S	C	O	L	O	R	E	L	E
A	R	A	D	O	M	S	C	O

Solution time: 25 mins.

Answers

King Crossword

1. Elphaba; 2. Shoulder; 3. Six (Montana, South Dakota, Nebraska, Colorado, Utah and Idaho); 4. A forward slash or stroke; 5. Dr. Pepper; 6. Chico, Harpo, Groucho, Gummo and Zeppo; 7. Green and yellow; 8. Topiary; 9. Peterhouse; 10. San Francisco

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