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- 11 Showcase
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- 36 Comics/Puzzles

life

Pumpkins aplenty at Paragonah family farm



IRON COUNTY

today

GRAND GALA



STORY ON PAGE 2

Canyon Creek Services celebrate An Enchanted Night Gala

**OVER \$30,000
RAISED THROUGH
ANNUAL EVENT**

by **May Hunter**

FOR IRON COUNTY TODAY

Canyon Creek Services held their fund-raising gala at the Heritage Center, October 3, 2023. It was a success! They raised over \$30k from the event. They always learn so much each year, and are already hard at work talking about what they could do differently and better to continue making the event one to remember.

The organization was founded by a group of community members who saw a need for services and shelter to help women and children. The community came together to find every avenue going door to door asking for donations to build their beloved shelter, which hosts about 200 survivors and children per year.

"We do what we do because we have families and loved ones of our own. We are members of the community who believe that we can all strive for a safer community and one that takes care of its own. Our agency serves survivors of all kinds of danger- abuse or neglect or any other identifying factor. We believe that everyone deserve to be safe."

Funding comes from two main



Tessa & Spencer Douglas co-hosted the "An Enchanted Night Gala" event. It was an unforgettable night of impact and inspiration.

"There is no power for change greater than a community discovering what it cares about."

Margaret Wheatley



PHOTOS BY MAY HUNTER



PHOTOS BY MAY HUNTER

Director Kait Sorensen (Red) and the CCS Staff pose at the Gala which also awarded law-enforcement officers for their dedicated service.

Director Canyon Creek Services."

Thank you to everyone who attended, donated and who support our community members. If you would like to volunteer at CCS, please go to: canyoncreekservices.org/volunteer.

fundraisers per year which include, "Dine Out for Shelter", an event where restaurants donate a percent of their sales for a specific day, and the gala in October.

"Tonight, we celebrate, but we also face challenges. Our funding from the Victims of Crime Act have decreased significantly, even as demand for our services has surged. Since the start of this year, hotline calls have spiked by 75%, and we've expanded our shelter to accommodate more survivors. However, these challenges have strained our resources, forcing us to make difficult decisions, including staff positions, while still meeting the increased demand for services. We need your support to bridge this gap and ensure that survivors receive the resources and care they need, especially during these challenging times. Every dollar makes a meaningful difference-Kaitlin Sorensen

An artist's renditions showcase the new three-story Valor Hotel to be built in Parowan.



PHOTOS COURTESY RED LION

Valor Hotel opening in Parowan in May 2024

by Jennelle Zajac

FOR IRON COUNTY TODAY

Anyone getting off of I-15 at exit 75 in Parowan can see there's a flurry of activity there with construction vehicles and a big building being framed. Locals have anxiously been waiting for the Ace Hardware Store to break ground, but this is something else for now ... every day for the last few months it looks a little different – what is it?

It's a hotel! The Valor Hotel by Red Lion will be a 3-story hotel with seventy-seven rooms, including six suites and a mixture of other upscale rooms. The Valor will be privately owned and operated by an investment group, some of whom are long-time Parowan residents. In fact, some have family ties to the original settlers of the town.

The Valor is franchised under Red Lion. The owners anticipate employing 10-15 employees to care for the hotel and its guests. The Valor will boast several amenities including meeting and conference rooms, an indoor pool and spa, as well as electric bikes available for rent. Artist's renderings depict plans for spacious interior rooms with modern décor and furnishings. There will also be beautiful landscaping and plenty of parking.

As of today there are no plans for a restaurant on site, but luxury continental breakfast will be provided for hotel guests. There are future plans for a coffee shop on the site. Keep your eyes open as you approach Parowan exit 75 – the progress on the project is fascinating. The Grand Opening is scheduled for May of 2024!



opinion

FROM THE EDITOR

Checking in and checking up

It has been about six months since your Iron County Today was rightfully (and thankfully) restored. That should provide a pretty good metric to not only determine the level of customer satisfaction, but also where improvements can be made. In the past we've sent out a rather lengthy and extensive survey to find out. We'll probably do so again. In the meantime, I think it's wise to reach out beforehand and see if there are any specifics that I and the

team can correct, improve, and/or perfect for the next six months. Maybe you just have some questions, comments, ideas, or perhaps you just want to share your thoughts and feelings with our team and even our readers. My

email is open at news@ironcountytoday.com. I look forward to hearing from you and thank you for your support and encouragement.



COREY BAUMGARTNER
MANAGING EDITOR

Letters to the editor

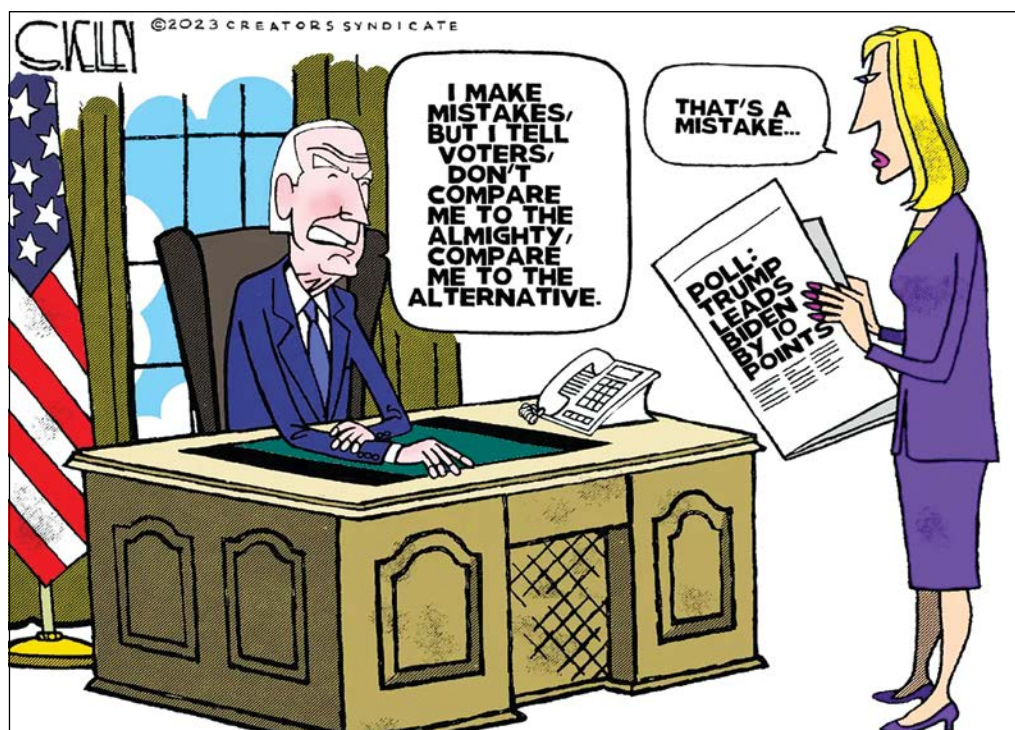
Submit your letter to the Editor on our website at www.ironcountytoday.com, or by emailing it to news@ironcountytoday.com. All letters must be brief (generally under 300 words in length), list the writer's name, city and telephone number (phone number will not be printed). Iron County Today reserves the right to edit all letters for length or content.

WORD OF THE WEEK

AGELAST

A person who never laughs; one who is habitually humorless

If you want your age to last, crack a smile once in awhile or you'll crack and your age won't last.



QUOTE OF THE WEEK

"If we give our children sound self-love, they will be able to deal with whatever life puts before them."

Bell Hooks

TO THE EDITOR

Two upcoming bonds causing controversy

On Tuesday, November 21st Iron County voters have the monumental task of deciding whether to approve two proposed bonds, tax increases to the layman, that amount to \$165.42 million dollars. The first proposed bond is for the Iron County School District and has been presented as "tax neutral" as a previous bond has been retired. For reference, an active \$69.5 million dollar bond was approved by voters in 2021 and is still being paid off. The new bond has millions of dollars allocated to replace natural turf with artificial turf at 3 county high schools among other school building expansion projects.

The second proposed bond is for Iron County to construct a new County Jail that is a 2-Pod 600 bed facility with the intent to house state and federal inmates to earn excess money to "ease the burden of Iron County property owners". The county states the current jail was proposed as a 50-year jail yet is only 37 years old. The 50-year timeline was based on projections at the time it

was designed and built.

Concerned property owners are asking if voting yes on the tens of millions of dollars in proposed bonds is the right thing to do for our children and Iron County because they will take years to repay.

During the August 15th "truth in taxation" public hearing, many residents reported they live on fixed incomes that mean they must go without as they experience high inflation and a stumbling economy. They expressed additional taxes would break them. A recent report from the Utah Food Bank states that 1 in 6 Iron County children face hunger issues. In 2021 15.3% of our Iron County neighbors lived in poverty.

Other Iron County residents question the dumbing down of educational curriculum that led to poor outcomes among our children and ask, "Is spending millions on new buildings, building expansions, and artificial turfs the right path to provide better outcomes for our children?"

Before voting, ask yourself if these are the right things to do and also the right time to do them. Many are convinced we can do better.

Ethan Gale

IRON COUNTY today

479 N 100 W, Suite 1
Cedar City, Utah 84721

Ph: 435-701-9981
Fax: 435-867-1866

IronCountyToday.com

ADMINISTRATION

Esther Hailstone

OFFICE MANAGER

officemanager@ironcountytoday.com
435.701.9981

EDITORIAL

Corey Baumgartner

MANAGING EDITOR

news@ironcountytoday.com
435.701.9982

Tom Zulewski

SPORTS REPORTER

tominator19@yahoo.com

ADVERTISING

Patti Bostick

SALES MANAGER

patti@ironcountytoday.com
435.701.9983
(c) 435.592.1030

Craig Cardon

SALES REPRESENTATIVE

craig@ironcountytoday.com
435.701.9998
(c) 435.592.3194

LAYOUT/DESIGN

Devin Christ

CREATIVE DIRECTOR

design@ironcountytoday.com
435.701.9984

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IRON COUNTY GOVERNMENT RECAPS

Cedar City Council

by JR Importante

FOR IRON COUNTY TODAY

Inspiring exchange student

16-year-old exchange student Alexander Lementovsky shared his journey from Ukraine to the USA through the Rotary exchange program. He expressed his love for basketball, interest in diplomacy, and gratitude to the Cedar City community.

New Police Officer

Officer Kason Lassen and his family were introduced and shared their story of being brought up in Cedar City.

SUU Traffic Concerns

A proposal to improve road safety near Southern Utah University (SUU) suggests installing a four-way stop at the intersection of 200 South and 1150 West. SUU and the Utah Department of Transportation (UDOT) support this idea. The intersection, just north of the SUU stadium, is concerning due to heavy traffic from both vehicles and pedestrians. Confusion arises because nearby intersections have four-way stops, leading some drivers to assume the same for 200 South. UDOT has already obtained the necessary signs for the proposed four-way stop, aiming to enhance safety, particularly for pedestrians who frequently use the area. The intersection's visibility is compromised by a road bend and a nearby childcare facility, underscoring the need for improved traffic control. SUU acknowledges that slowing down traffic and discouraging shortcuts through residential areas are important. The four-way stop is expected to change traffic patterns and boost safety. The university is committed to collaborating with the city to make this initiative successful. This includes helping with the placement of stop lines at the intersection and working on implementing crosswalks for enhanced pedestrian safety.

Increased Land Lease Rates for Airport

A debate centered on amending Cedar City's FY24 budget, specifically raising airport land lease rates. Improved land rates doubled to 60 cents/sq. ft. annually, while raw land increased to 40 cents/sq. ft. annually. This now puts Cedar City's rates at the highest in Utah. Concerns were voiced by some aircraft owners, stressing that aviation is often a passion, not a source of income. Hangar tenants worried about increased costs and potential deterrence of renters and builders, potentially hampering community growth.

Bert Paulson, airport board chairperson, highlighted the importance of the general aviation community, expressing fears of a decline in services and revenue. He advocated for a more balanced approach, considering the substantial previous rate adjustments. Tom Grenninger, a Cedar City resident since 2007, emphasized the airport's significance in his life and advocated for attracting general aviation and non-revenue-producing hobbies to boost property tax revenue and city fees. He called for a careful evaluation before implementing rate increases, particularly considering their potential impact on smaller aircraft owners and non-commercial aviation enthusiasts. JJ McGuire, a long-term tenant and representative of Sphere One Aviation, expressed concerns about recent hangar construction gaps and how rate hikes could hinder future development. He stressed the need for airport growth to maintain competitiveness and vitality. Brian Newell viewed the city's management through a business lens, comparing airport

land leases to other rentals and suggesting the proposed rate increase aligned with market standards. However, he recognized the airport's unique role and committed to further discussion on the matter. Each of the participants stressed the importance of striking a fair balance between revenue generation and community support.

Sewer Standards

The city discussed revising sewer engineering standards to enhance design for better performance. Changes include adjusting sewer line capacity during storms, setting a minimum number of homes per line for flow, and clarifying maintenance access rules. These aim to improve long-term maintenance and meet state standards. The city also talked about a \$1,354,000 grant from the Utah Division of Water Quality for a wastewater pump station and pipeline for irrigation. The city needs to match 30% (\$580,000) and clarify if accepting commits them to a \$10 million project by 2026.

Overall, the City Council members, together with Mayor Garth Green, showed dedication to infrastructure, standards, and growth while prioritizing citizen interests. Cedar City continues to progress with a strong community focus.

Cedar City Planning Commission

by JR Importante

FOR IRON COUNTY TODAY

The city Planning Commission discussed the importance of understanding zoning regulations and their impact on property values and residential surroundings. Property owners should always be vigilant about zoning changes in their neighborhoods to protect their interests. They also explored the possibility of advocating for changes to city ordinances regarding utility easements, emphasizing the need for collaboration between local government and residents to adapt to evolving needs and circumstances, including the importance of accurate property surveys and boundary assessments before undertaking any construction or property improvements.

Towards the end of the meeting the Commission was informed about significant changes proposed for the subdivision ordinance. These changes, driven by recent state legislation, include shifting many approval processes from the Planning Commission and City Council to city staff, with an emphasis on faster review timelines. The proposed changes aim to streamline the development process but also raise concerns about transparency and adequate review.

In conclusion, the meeting underscored the importance of homeowners staying informed about zoning regulations and their potential impact on their properties, emphasizing the need for property owners to be vigilant about zoning changes that may affect their surroundings. Furthermore, the meeting brought to light the intricacies of land development regulations, including the issue of public utility easements and the challenges of aligning property boundaries. It also raised concerns about upcoming changes to the subdivision ordinance, driven by recent state legislation, which may shift approval processes to city staff. This development underscores the importance of maintaining transparency and thorough review processes as our city adapts to these changes in the regulatory landscape. Overall, the meeting served as a valuable forum for addressing crucial land use and zoning matters that impact our community's quality of life.




IRON COUNTY FORECAST

WARMING BACK UP UNDER MOSTLY SUNNY SKIES TO CLOSE THE WORKWEEK AND MOVE INTO THE WEEKEND. GREAT WEATHER IN STORE FOR THE ANNUAL SOLAR ECLIPSE ON SATURDAY WITH MOSTLY SUNNY SKIES AND A HIGH IN THE UPPER 60S. TEMPERATURES TREND A LITTLE WARMER INTO EARLY NEXT WEEK BEFORE EASING BACK DOWN MIDWEEK.

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57°/31°
PRECIP: 10%
WINDS: N 10-15

FRIDAY
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63°/39°
PRECIP: 0%
WINDS: SW 5-10

SATURDAY
Mostly Sunny
69°/42°
PRECIP: 0%
WINDS: SW 5-10

SUNDAY
Mostly Sunny
72°/43°
PRECIP: 0%
WINDS: SW 5-10

MONDAY
Mostly Sunny
74°/44°
PRECIP: 0%
WINDS: SW 10-15

TUESDAY
Partly Cloudy
72°/40°
PRECIP: 10%
WINDS: SSW 10-15

WEDNESDAY
Partly Cloudy
69°/39°
PRECIP: 10%
WINDS: NW 10-15

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on



VOLUNTEERS BUNDLE UP TO DECORATE DOWNTOWN CEDAR CITY

by May Hunter

FOR IRON COUNTY TODAY

What do 1000 Corn Stalks, 50 Bales of Straw, 30 Scarecrows, and a brisk fall morning at 8 A.M. all have in common? Ask the 80 volunteers from SUU, Premier Counseling, Lion's Gate Recovery, Chrystalis, and lots of the town, who all met to help decorate downtown Cedar City.

R. Scott Phillips, Cedar City Councilman, has been leading the harvest decorating project for many years and recruited the volunteers. The project is all volunteers and receives widespread appreciation by the entire community every year.

Volunteers were unselfish, caring, patient, and just plain loving to everyone. A big thank you to all the volunteers who willingly gave their time and service to help with this project. Also thank you to Mike Adams from Parowan who donated the corn stalks.

Next time you drive down Main, check out the over 30 streetlights adorned with delightful scarecrows, corn stalks and hay bales.

"Life starts over again when it gets crisp in the fall." F. Scott Fitzgerald



PHOTOS BY MAY HUNTER

Southern Utah University



COURTESY SUU

SUU earns national rankings for academic excellence

by Nikki Koontz

SUU MARKETING COMMUNICATION

Southern Utah University is proud to announce its continued commitment to academic excellence as it secures top national rankings from both the U.S. News & World Report and the Princeton Review.

"At SUU we strive to continually enrich the academic experience for

"At SUU we strive to continually enrich the academic experience for our students"

SUU President Mindy Benson

our students," said SUU President Mindy Benson. "The hallmark of this University has been our caring faculty who provide high quality, personalized learning for our students."

SUU is ranked as the 2nd regional university in Utah and the 29th public school in the West in the U.S. News 2024 ratings. SUU was also named

as one of the 2024 Best Regional Colleges by The Princeton Review, a longstanding and trusted resource for prospective college students.

As one of the premier sources for higher education rankings in the nation, the U.S. News & World Report is responsible for evaluating nearly 1,500 four-year institutions in the U.S. on 19 different measures relating to academic reputation and student return on investment.

This recognition is especially distinctive as it was compiled based entirely on data from current students. Selected schools were chosen for being academically outstanding, and SUU students gave glowing reviews of the academics, student body and campus life.

The people at Southern Utah University are committed to transforming students into confident, motivated and empowered individuals who are ready to make their mark in the world. With over 125 years of proven mentorship and a deep-rooted sense of purpose, SUU offers an education that is both relevant and remarkable. Learn more and apply to SUU.

Storytelling's benefits discussed at SUU event

WRITER SHARES ON USING 'OLDEST MEDICAL TECHNOLOGY' TO GET THROUGH DIFFICULTY

by Christina Schweiss

FOR IRON COUNTY TODAY

On October 5, Laurel Braitman was the Grace A. Tanner Lecturer at SUU's premier event series, APEX. The title of her presentation was "What Looks Like Bravery: Loss, Resilience, and the Survival Tool Kit" – the same title as her memoir.

Braitman explained her traumatic past of her dad passing away, after a decade long battle with a rare bone cancer, when she was only 16. About two decades later, she discovered storytelling as a form of therapy.

Braitman is the Director of Writing and Storytelling at the Stanford School of Medicine. She started her presentation by saying, "I want to take today to talk about some of the things that I believe we

often don't talk about enough in American society, which would be our difficult feelings and how we get through some of the hardest things that happen to us."

By seeing the death of a loved one first hand, Braitman knows that "we often blame ourselves because to admit bad things happen for no reason is scary."

Braitman was a volunteer to support grieving children for many years. One of the children, Maria, age 6, said "The worst thing you can do when you're sad is to try to not be sad."

Braitman explained that anger is also a form of grief. She said, "We have so little outlets in our culture to talk about [grief] that when it

see **STORYTELLING** » 10



JOSEPH ROBERTS

public & health

New SoftWave TRT technology helps local doctor improve patient therapy

from Dr. Brian K. Workman

FOR IRON COUNTY TODAY

Are you tired of living with constant pain and limited mobility? Do you wish there was a non-invasive and effective solution to your health concerns? Look no further, as Dr. Brian K. Workman DC and SoftWave TRT therapy are here to transform your life and bring healing to the Southern Utah Community.

Dr. Workman DC is a renowned Chiropractor with 25 years of experience in providing holistic and patient-centered care. His passion for helping others led him to discover SoftWave TRT therapy, a groundbreaking treatment that harnesses the power of SoftWaves to stimulate the body's natural healing process.

What exactly are SoftWaves? SoftWaves or Extra Corporeal Shock Waves are created through high-energy electrical discharge in water, generating a hot plasma bubble that compresses the surrounding water and generates a pressure greater than 10MPa within nanoseconds. This unique technology offers the ONLY UNFOCUSED SHOCK WAVE on the market, delivering low-intensity, unfocused energy to the treated area.

SoftWave TRT therapy has shown remarkable results in various conditions, including sexual dysfunction. Upon delivery, the SoftWaves trigger a cellular response that activates the body's natural healing process. This leads to increased blood flow and angiogenesis the formation of new blood vessels, which enhances blood flow to the

treated area. In the case of sexual dysfunction, this increased blood flow can improve erectile function and enhance sexual performance.

The benefits of this therapy, which is also known as "the stem cell machine," don't stop there. The treatment also promotes the proliferation of muscle, bone and nerve cells, restoring tissue elasticity and supporting tissue remodeling and regeneration. Additionally, SoftWave TRT therapy activates dormant resident stem cells further enhancing the healing process.



COURTESY PHOTO

The high-tech treatment promotes the proliferation of muscle, bone and nerve cells, restoring tissue elasticity and supporting tissue regeneration.

Dr. Workman is the only doctor in Cedar City offering this revolutionizing healing. SoftWave TRT, cutting edge technology offers a personalized approach with a versatile pain management approach. This fast, effective, non-invasive therapy will help you regain control of the pain in your life.

Call or stop by for a free consultation and when you mention the ad or article in the Iron County Today you will receive a 67% discount on your first treatment.

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public & health

Informational meeting regarding ballot proposition for special bond election

from Iron County Tax Watch

CEDAR CITY PUBLIC INFORMATION OFFICER

On Wednesday, October 25, 2023, at 6:00 p.m. at Festival Hall (105 N 100 E, Cedar), in the large meeting room on the 2nd floor, there will be an informational meeting to discuss the proposed bond for the new Iron County Jail. A local attorney and financial advisor will give a presentation and provide a question-and-answer discussion.

This event is being sponsored by the Iron County Tax Watch group. In the event you have any questions prior to the meeting or need additional information, please send those requests to ironcountytaxwatch@gmail.com. The purpose of this meeting is to educate the electorate/property owners in the County so they understand the details of the proposed bond initiative.

Cedar City Fire Department emphasizes cooking safety for Fire Prevention Week

by Gabrielle Costello

CEDAR CITY PUBLIC INFORMATION OFFICER

The Cedar City Fire Department is proud to partner with the National Fire Protection

Association (NFPA) for another year of National Fire Prevention Week. This year firefighters across the nation are promoting Fire Prevention Week's campaign, "Cooking safety starts with YOU. Pay attention to fire prevention." This campaign aims to educate the community about essential fire prevention measures during cooking and how to avoid injuries and save lives.



SHUTTERSTOCK

According to NFPA, cooking remains the leading cause of home fires and home fire injuries in the United States, with unattended cooking being the primary cause of cooking-related fires and fatalities. Cedar City and the surrounding areas covered by the Fire Department can also attest to multiple cooking-related fires that thankfully did not grow to something more devastating.

To enhance cooking safety, Cedar City Fire

Department offers these key safety tips:

1. Watch what you heat

Always keep a close eye on what you are cooking and set a timer to remind you of your cooking activity. Never leave food unattended on the stove.

2. Turn pot handles towards the back of the stove

Always have a lid nearby when cooking. In case of a small grease fire, slide the lid over the pan and turn off the burner.

3. Create a "kid-and pet-free zone"

Maintain a clear space of at least 3 feet around the stove or grill and wherever hot food or beverages are prepared or carried.

In addition to these cooking safety tips, firefighters emphasize the importance of working smoke alarms. "Working smoke alarms really do save lives," shared Fire Marshal Mike Shurtz. "Every second counts even more so now when our homes are filled with more synthetic materials that burn quicker. Your smoke alarm gives you early notification so you can call 9-1-1 as quickly as possible."

In the event of a home fire, you should immediately exit the home after closing all doors and windows if possible. Having open doors and windows gives the fire inside more oxygen and fuel to burn, resulting in a more devastating outcome.

Cedar City Fire Department is fully staffed with the augmentation of volunteer firefighters and aims to provide efficient response times, however, with a growing city residents can help increase positive outcomes by remembering these vital safety measures.

For additional fire prevention tips and to learn more about Cedar City Fire Department, visit www.cedarcity.org/fire.

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public & health

Civica Rx offers high quality, low cost medicine across nation

by Lisa Larson

FOR IRON COUNTY TODAY

At a time when prescription drug costs continue to skyrocket, and medication shortages threaten the well-being of people across the nation, one company is changing the fate of millions of patients, with millions of vials of essential medicines.

Founded by Dan Liljenquist, chief strategy officer at Intermountain Health, Civica Rx is a non-profit organization that includes more than 60 health systems all working together to meet the needs of patients by increasing availability and decreasing costs on roughly 80 products to date.

"In the last five years we've made 140 million doses of medicines and treated 60 million patients," Liljenquist said. "The company is growing like crazy."

Liljenquist currently serves as the volunteer board chair for both Civica Rx and its sister company, CivicaScript. Having served in public office in the Utah State Senate, he has seen up close some of the failings in the drug market and knew he wanted to help.

"When medication shortages happen and the prices become inflated, that really bothered me," Liljenquist said. "Everyone just said, 'that's how the market works,' but I thought, it really shouldn't work that way."

Then, in August 2016 while on the treadmill at the gym, Liljenquist had the idea for another kind of entity that could police the drug market, while also bringing competition and a free market approach. The idea eventually grew to what is now Civica Rx.



Dan Liljenquist

Looking back on those early days, Liljenquist is amazed at how far they've come.

"For me it's so gratifying," he said. "People have a lot of ideas, but this is one I've been able to see from its inception all the way to treating the very first patient at Riverton Hospital... It's been a dream come true."

The goal is to create an organization that exists independently in order to respond to failures in the drug market without being beholden to a certain company.

"It's an organization that truly is owned by nobody, and yet owned by everybody," Liljenquist said. "We are here to ensure that quality generic medications are available and affordable to everyone... to do what is in the best interest of the patients."

Among the more than 80 drugs produced and provided by Civica Rx and its sister company, Liljenquist is particularly pleased with the work they're doing to provide insulin to people with diabetes. The issue is close to Liljenquist's heart, as he grew up in a family with three brothers with Type 1 Diabetes and his father was a doctor treating patients with diabetes.

"Diabetes is arguably America's most expensive chronic condition," Liljenquist said. "It's heart-breaking that millions of people are rationing their care and putting their lives at risk."

Now, thanks to Civica, this all-important drug will be easier to access.

"Civica is going to bring quality insulin at the lowest sustainable price to the market, which will be 85 to 90 percent lower than today's list price," said Martin VanTrieste, president emeritus

"Diabetes is arguably America's most expensive chronic condition. It's heart-breaking that millions of people are rationing their care and putting their lives at risk."

Dan Liljenquist

of Civica Rx.

The company's recent expansion, including opening a facility in Petersburg, Virginia where 31 drugs will be developed on site, the future for Civica, and the patients it aims to help, is looking very bright.

"Our shareholders are the patients," Liljenquist said. "We're trying to be the conscious of the market, while bringing the highest quality drugs to the market at the most sustainable price."

STORYTELLING

« CONTINUED FROM PAGE 7

goes unacknowledged I believe it comes up as other feelings that are socially acceptable – and anger in America is one. It's easier to be angry here than it is to be sad or in grief."

A way to deal with all the grief

and anger pent up inside you is by storytelling. Braitman said, "Storytelling is the oldest medical technology. It brings meaning to the events that happened to us. Good stories remind us we are not alone."

Leaving the audience full of inspiration, she said, "You want people to read till the end of your story."

To purchase Braitman's memoir, or to learn more, go to www.laurelbraitman.com. Braitman said that a memoir is a "narrative of meaning around the hardest things."

The next APEX event will take place on Thursday, October 12. The lecture is titled "Civil Dialogue: should the government regulate A.I."

Diabetes Clinic in Cedar City

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(Located in the Cedar City Medical Plaza)

All are welcome. For more information, call: 435.868.5576

IT'S A RAP!

Finale for the Final Friday Art Walks

by Ruth Scovill with Sara Penny

FOR IRON COUNTY TODAY

This summer I received an amazing assignment. Each month between June and September, I was invited to attend the Final Friday Art Walks. Every month, the gatherings showcased outstanding talent from our community. The events are sponsored by the Cedar Arts Council. Many of the featured artists are also beneficiaries of the RAP Tax.

Visiting these events gives our community a chance to see some of the amazing talent that we have an opportunity to support. Whether it is having workshops where artists teach their skills to others, or having the opportunity to enjoy and cultivate the diversity of arts within our midst.

The music for September's walk was sensational. There were old favorites like Coyote Bluegrass, the violin duo of Sara Penny and Amy Gold, the Laughing Larks flute ensemble, and Derek Wood, who plays the fiddle outside of Artisans,

see **ART WALK** » 13



*Thank you to
all the artists,
musicians and
craftsmen who
helped make this
another successful
season!*



From a blank piece of paper to transcendent sound

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

We sat in the fifth row and let the gorgeous music of Scheherazade wash over us—rich, romantic, full of mystery and emotion. The young conductor led the orchestra, his instrument, as it were, with skill and passion. The piece is full of little solos, especially for the violin, and we were sitting just feet from the concertmistress as she played the familiar strain. LeGrand and I were mesmerized, carried away on a wave of sound that we could see as well as hear.

On the way home, I couldn't stop talking about the literal miracle of it. The composer, Rimsky-Korsakov, 1844-1908, sat down at his keyboard with a blank manuscript in front of him, and when he stood up, that beautiful music had come into existence. Oh, I know that it wasn't at one sitting; it may have taken months, even years of creative effort, but he birthed it, he created something that didn't exist before his pen began writing.

How did he hear it? It wasn't as if he had a symphony orchestra in the other room that he could try things out on. LeGrand says he knew the capabilities of an orchestra so well

that he could hear it in his head, could write for all those different instruments and make them all come together in a brand new product. Did he revise? We saw an original Beethoven manuscript that had such violent crossing out that the paper was torn as he strove to get it right. And the legend is that Mozart never revised, could just get it right the first time, sometimes on a restaurant napkin.

And that is just the beginning; Benjamin Manis, the associate conductor of the Utah Symphony Orchestra, had to learn that music, had to read all those parts simultaneously, had to know when to cue



the cello soloist or when to gesture to the harpist. His style of conducting was in phrases, rather than traditional beat patterns, and it appeared that he drew the lush sounds in the air in sweeping gestures.

The instrumentalists were there after auditioning for their spots. That meant prior years of education, practice, devotion to the art of making music. Maybe some were new, but we did recognize the concertmistress. She was in that first chair last year. The piece's most familiar phrase was a haunting violin solo that she played over and over, confidently, in tune, even on the impossibly high harmonics. The cello soloist, the flute soloist—all had prepared themselves to be there.

So our experience on September 26th, in our beautiful Heritage Theater, was the culmination of the gifted creator and those who had prepared themselves to bring the notes on the page into glorious sound. Unknowable hours, effort, diligence gave us a gift that we could never have received otherwise. It was hard to leave our seats as we smiled at a friend across the aisle. He nodded as if to say, "Aren't we glad we're here?" We nodded back and sat in our seats a little longer.

"The legend is that Mozart never revised, could just get it right the first time, sometimes on a restaurant napkin."

CEDAR CITY MUSIC ARTS PRESENTS

QUEBE SISTERS



TUES OCT 17

**7:30pm • Heritage Center Theater
105 N 100 E • Cedar City**

\$30 ADULTS \$15 STUDENTS

435-865-2882

CEDARCITYMUSICARTS.ORG



Children's Music Theatre is *Calling All the Monsters*

by Jewly Krause

FOR IRON COUNTY TODAY

It was a dark and stormy night. The lonely wind howled through the trees and somewhere in the distance a mad scientist laughed and his hunchbacked helper screamed as the monsters came to life...and danced! Meanwhile the audience enjoyed a delicious dinner and some great laughs!

Don't miss out on the 10 year anniversary of the CCCMT's *Calling All the Monsters* dinner, show and fundraiser. This hilarious Halloween Musical comedy gets better with age! The kids had their fun with Joseph and the Technicolor Dreamcoat and now the adults take the stage with their amazing and amusing acting.

Of course, the comedy is perfect



COREY BAUMGARTNER

for families, friends and fiends of all ages. And this is the fundraiser for all

the fun that the CCCMT showcases each year with the performances

from our local children.

So, unless you've got something more grave to do, get your tickets, and come see your favorite monsters sing, dance and all while enjoying a delicious meal of smoked pork, Dutch oven potatoes, carrots, a salad, roll, drink and of course, a dessert to die (or dance) for.

Dinner and the show is just \$35 per person (less than dinner and a movie) or the show only matinee is just \$15. The Dinner Theater Performances are Fri Oct 13, Sat Oct 14, Mon Oct 16, Fri Oct 20, Sat Oct 21 beginning at 6:30 pm.

The Show Only Matinees are on Sat Oct 14 and Sat Oct 21 beginning at 1 pm. Tickets are available online at cccmt.org. Bring a date, your friends, family, and come support the Children's Musical Theatre fundraiser!

WALKS

« CONTINUED FROM PAGE 11

and is raising money for hospital music therapy. There are also some great new people to listen to. Clarke Lesley was playing a tribute to Gordon Lightfoot. His solid guitar and strong voice singing "Sundown," took me right back to my teen years in the '70s.

MB3 Jazz is a band who have been performing at the IG Winery. Every member of this four-piece band is a capable soloist, but also a team player, and the band moves effortlessly from one soloist to another like a team throwing a ball around. Their music is tight and solid.

This month, the Arts Walk also featured two young songwriters. On the green, Lillian VanDaam gave a lively performance accompanying herself on the guitar. At Home on the Range, Kaeli Chae, also a guitarist, serenaded us with songs inspired by her family history.

It was also fun to listen to Village Voices, an ensemble of about a dozen singers who grouped and regrouped in a lively kaleidoscope of golden oldies at the Johnson Arts Center. Robert Wrangle gave attendees a chance to do a little hands-on art, making ceramic baskets. Aspiring author Caya Okerlund, who writes under the name of N. Kurokami, was selling her beautiful book, *Silk & Shadow*. Okerlund lived in Japan, and the book is inspired by her love of Japanese culture.

Throughout the final evening of the event, artisan Ken Ragsdale showcased his work. He is a woodcarver whose work is influenced by the

beautiful basketry of the Paiute Indian tribe. He uses woodburning, carving, and staining to capture the delicate textures of baskets in wood.

Ever faithful at the Art Walks have been the ladies of the Sagebrush Fiber Artisans with their unbelievable variety of crafts. Cedar Chest Quilters Guild was represented by Sandy Crabtree and Joyce Badgett. The Guild uses their skills to bless the lives

of community members with gifts of quilts, including to those who have served in the military.

Cedar City has a history of dedication to the arts. Our lives have been enriched and blessed by the talents of our residents. Supporting the artists in our midst benefits not only their lives, but the lives of all of us who live here and have the opportunity to enjoy their diverse talents.



RUTH SCOVILL

Members of MB3 Jazz entertain the evening crowds with lively music in front of the IG Winery.

Johnson Arts Center – A history of future creativity

by Ruth Scovill

FOR IRON COUNTY TODAY

Melissa Leavitt had a dream for a community arts center, which she shared with her husband Eric. The two have busy, busy lives, but the downtime that came with the COVID

in Cedar City that brought us the Messiah, and other great music traditions that have enriched the lives of Cedar Residents.

Within the JAC there are a number of different spaces available, ranging from an outside stage that local bands have been using for concerts, a

currently looking for new teachers. Classes that are often asked for are adult art classes, especially water-colors. And according to the website, there are many other opportunities for budding artists, musicians, poets, singers and many more! There is always a lot going on at the Johnson

Arts Center. You are invited to come be part of it!

If you have a dream, the JAC can help you make it happen. To learn more, visit www.johnsonartscenter.org, or find them on Facebook.



FILE PHOTO

The mural that adorns the Johnson Center's south-facing exterior captures the artistic spirit and variety of activities that take place inside.

pandemic gave them time to contact people in the community, and begin to build a business plan that would become the Johnson Arts Center.

One of the major goals that Melissa had in mind was to provide an affordable space where teachers and other community members could have recitals, perform, give lessons, hold workshops or rehearsals, or whatever else they needed to do to make their own dreams of working with community members come true.

She also has been teaching art for a long time, both as an educator and community member. One of her pet projects has been a youth choir, which she started at St. Jude's. The Johnson Arts Center gives them a space where kids can be kids, and not be so concerned about appropriate church behavior.

The center is named after SUU vocal music educator Blaine Johnson, who taught Melissa, as well as many others in Cedar City. He was part of a group of wonderful music educators

recital room with a small grand piano, perfect for a small to medium concert (chairs and tables available), classrooms with art supplies, and small studios for more individual lessons. The center also has non consumable art supplies such as rules, brushes, easels, clipboards, and even paints. They also have rhythm instruments, costume basics, accessories and so much more.

So, what happens at the Johnson Arts Center? Everything from yoga lessons to concerts. Local artists also utilize the great spaces. Carrie Trenholm has held stained glass workshops. Lis Williams teaches a creative movements class for young children called Creative Kinetics, while Tory Adams does a dance class for small children called Leap Frogs. A young adult religious group also holds regular meetings at the center that are open to all. Homeschoolers and Scout groups use the center, as well as the Cedar Valley Community Theater.

Looking for a space to teach your trade? The Johnson Arts Center is

DAY OF THE DEAD FESTIVAL OF ALTARS

Saturday, November 4, 2023
12 - 6 p.m.

Southern Utah
Museum of Art

Join southern Utah's largest
Day of the Dead celebration!

- Mariachi Fuego
- Ballet Folkórico
- Herencia Hispana
- Storytelling
- Art Activities
- Pan de Muerto
- Face Painting
- and more



suu.edu/suma/dotd

Don't miss "Always... Patsy Cline", playing this Saturday at the Heritage Center Theater

from *The W Duo*

FOR IRON COUNTY TODAY

"Always... Patsy Cline" is a dazzling musical tribute to the legendary singer who forever changed the face of Country Music. This Saturday, Patsy, Louise and the Bodacious

and more — all accompanied by a sizzling six-piece band. This year, musicians include Troy Jones (key-board), Russell Wulfenstein (fiddle and acoustic guitar), Matt Hansen (electric guitar), Jack Allen (Bass), Jake Hartner (drums), and Austin Spendlove (pedal steel).



COURTESY W DUO

Bobcats are coming to the Heritage Center Theater in Cedar City for an unforgettable evening. Bring a friend and step into the excitement of Patsy Cline's whirlwind career from country darling to top-selling artist.

"Always... Patsy Cline" tells the true story of the legendary singer (played by Lyndsey Wulfenstein) through the eyes of her admiring and hilarious friend, Louise Seger (Mariah Wheeler). The play features 30 of Cline's most popular songs, including "Crazy," "Walking After Midnight," "Sweet Dreams of You," "I Fall to Pieces," "Always," "San Antonio Rose"

Whether you are a long-time fan of Patsy Cline, or are just looking for a fun night out, this show has humor, heart, and music everyone will enjoy brought to you by a cast you will fall in love with. Discover the powerful true story of Patsy Cline as you've never seen it before.

Don't miss "Always... Patsy Cline" this Saturday at 7:00pm at the Heritage Center Theater in Cedar City, Utah. Tickets are available online at www.thewduo.com and at the door. All seating is general admission. Come early to get a great seat. Doors open at 6:30pm.

THE W DUO PRESENTS

★★★★★
Peek Pro Reviews

Always... Patsy Cline

BASED ON A TRUE STORY
CREATED AND ORIGINALLY DIRECTED BY TED SWINDLEY

OCT. 14 7pm

HERITAGE CENTER THEATER

TICKETS: WWW.THEWDUO.COM

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PUMPKINS APLENTY

at Paragonah family farm

by John Turner

FOR IRON COUNTY TODAY

Halloween is just around the corner and if you need a pumpkin to carve or paint for your front porch it's pretty easy to pick one out of a big cardboard box in front of the market. However, if you want to make it into a really fun family adventure there's a real working pumpkin patch up in Paragonah that's just perfect for a memorable family outing.

Every October the Judd Hay Farm becomes the Judd Family Pumpkin Patch and, since 1997, through three generations, they are the only Patch in the area where you can actually pick the pumpkins off the vine. Admission is free to the 2.5 acre field and farm animal petting zoo. There's also a snack shack that features home-made pumpkin bread and cinnamon rolls, and for \$2 there's a Barrel Train for small children that goes around the farm. For the whole family, there is a wagon ride pulled by an antique tractor, that visits the surrounding farmland.

So, if you only have time to buy your pumpkin from the parking lot in front of a big box store in town, you're missing out on a wonderful alternative: a short drive to Paragonah for a family adventure on a real working pumpkin farm. They are open Monday through Saturday, 9:00 am through 7:00 pm and located at 314 E 270 N, Paragonah. They will remain open until October 29th, or until they sell out. For more information or questions, you can reach them at 435-477-8793. Have a Happy, Safe, and Very Scary Halloween!



Pick your perfect pumpkin and enjoy other adventures on the farm.

celebrations

90TH BIRTHDAY

Suzanne Cardon Morris

Suzanne turned 90 on Sept. 27 and celebrated with family at the St. George Temple open house, Paula's Mexican Restaurant, and the "Hunchback of Notre Dame" production at Tuacahn. The family also celebrated with her on a Danube River cruise in June. Happy Birthday Mom. We love you!



Announcements

There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements. Submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 479 N 100 W, #1, Cedar City. The deadline is Friday at noon for the following week's issue. Announcements should be 100 words or less. Please call 435-701-9982 for pricing for all other announcements.

D9 Meats

10% OFF

Beef Petite Filets

12-15 oz

Half Beef Brisket

Limited to stock on hand

Pre-Order by Wednesday for Pick Up on Saturday



Every Saturday
9am-1pm IFA
905 S. Main, Cedar City



240 N 200 E, Paragonah, UT • 435-463-3735 • W-F 9am-3pm



GRAND OPENING IN CEDAR CITY!



Saturday 10.14 | 5-9PM
FREE COOKIES!

642 S. Main Street



**Cedar City,
Utah**



**Iron County
Fair 2023**

SPECIAL THANK YOU to the 2023 buyers for supporting the show

\$30,000 +

MS Concrete
Mel Clark Inc.
State Bank of Southern Utah#

\$25,000 +

Dry Lakes Ranch Beef
Robert Holt Farms
Zion Plumbing & Mechanical
Schmidt Construction, Inc.
IFA#

\$15,000 +

Cedar Band Corporation -
Darin Humphries
Milt's & Rusty's Steakhouses
Leon's Alignments - Leon Nelson
Cedar City Motor Company
Security Escrow & Title -
Cal Robinson

\$10,000 +

Equestrian Pointe
Allred and Allred

\$5,000 +

Beaver County Boosters

Jeanette Johnson
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IFA - SUAC
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Cedar Orthopedic - Dr Randy Delcore
Earth Technology Inc.
SC Broadband
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M.A. Munson Law
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Cache Valley Bank
BJG Land and Livestock
Spring Creek Club Lambs
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Dr. Ryan Workman
Counting Sheep Anesthesia -
Wes Barton
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\$2,000 +

Cedar Livestock Market
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Mountain View Animal Clinic - Bryce Blood
BCX
Lamoreaux Sheep
Harris Cabinets
Wayne Childs
Yardley Rock
Tandy Bradshaw
Matt's Springs & Repair
Custom Meat Shop
Ryzan Sun Landscaping -
Ryan and Laycee Johnson
HA Farms - Coy Stowell
Michael Bahr
Tinks Auto Parts
AAA Mobile Storage - Brett Brindley
Lazy A Ranch
Jenson Brothers Farms
4B Livestock - Keith & Brooke Bali
Double O Ag Spraying
Coca-Cola Of Southern Utah
Bradshaw Livestock#
Dannelly Trucking LLC - Kelby Dannelly
Ben Batty PC
John's Septic Service
Lacey Platt

Zion Sun Floral
Smithfield
Bernie & Vicki Israelsen
Brady & Marci Webster
Adams Livestock - Kent Adams
Dr. Rhett Smith
LeeAnn Bowler
Holt and Company CPA
Cozzens Cabinets - Paul
J & D Cattle Co.
Precision Contractors - Landon Floyed
High Power Enterprises - Megan Stevens
WT Transportation Services
Clark Sheep and Cattle Company -
Bob & Donna Jean
Grandpa - Ron Heaton
Brent Hunter Farm
Garfield Rentals
Bullock Dirt Works
Wade & Ashlee Hollingshead
Wild Boys
Rock'n J 4x4s - Wendy Joseph
Barco Trucking

\$1,000 +

Wyatt & Amanda Renzello
Harmony Land & Livestock
Brett Webster
DGS Services
In Memory of McCabe Garfield
Canyon Trail Rides
Adams Storage
Mitchell Masonry
Seth Davie#
IFA Feed Division
CMC Tire - Aaron Wheelwright
The Drive Inn - Steven Kinross
Triple B Concrete

Pine Valley Outfitters
Travis Larsen Construction
Evans Trucking
David J Grant
Dave & Jetta Robinson#
Scott Spencer Jensen
Dick Clark Livestock, LLC
Superior Simmentals
Hunter Cowan
Mike's Tire & Oil
Curtis Terry
Trent Danklef
CAL-Ranch - Chase Doolin
Boyd Badders Trucking
Rashell Stubbs
Yardley Show Goats - MaCreay Yardley
Hay Kingdom
Christopher & Ross
Farm Bureau - Tyler Jeffs
Beaver Drug and Gift
ARC Construction Solutions - Sam Conder
High Desert Group - Jason Griffin
Linda Reid
MBM Livestock
Delynn Barton
Cedar City Rotary
Half Moon Trucking

\$500 +

Lance Reid
Eric Heaton

< \$500

Codi Lofland#
Dr. Sheb Davie#
Beaver Chevron & Dairy Queen
Kristi Weldert Family#
Carter Cattle

Grand Champion Lamb#

THANKS ALSO TO: All those that supported the show in way of boosts, buckle sponsors, buyers fund and scholarship donations. Rocky mountain power, leavitt group and western ag credit for sponsoring the buyers dinner. Safari property management for donating the rooms for the judges.

LAMBS

HOGS

STEERS

GOATS



Jake Davie
Minersville, Utah
Purchased by See List #



Landon Stubbs
Cedar City, Utah
IFA



Kodie Stowell
Parowan, Utah
*Purchased by Cedar City
Motor Company*



MaKinlee Yardley
Beaver, Utah
*Purchased by Yardley Rock
& Yardley Show Goats*



Maci Webster
Cedar City, Utah
Zion Plumbing & Mechanical



Graysen Garfield
Cedar City, Utah
Purchased by Evies Auto Body



Riley Stubbs
Cedar City, Utah
Purchased by MS Concrete



Luke Bowler
Enterprise, Utah
Purchased by Robert Holt Farms



Staley Webster
Cedar City, Utah
*Purchased by Zion Plumbing
& Mechanical*



Lexi Stubbs
Cedar City, Utah
*Purchased by State Bank of
Southern Utah*



Cooper Aiken
Cedar City, Utah
*Purchased by Milt's & Rusty's
Steakhouses*



Billy Counley
Cedar City, Utah
Purchased by MS Concrete

calendar

THURS, OCT 12

FARMERS DAY

ROBINSON FAMILY PUMPKIN PATCH (M-F 3-8pm, Sat 9am-8pm) @ Robinson Family Pumpkin Patch (1450 W Industrial Rd, Cedar). \$1 per person, FREE Hay Rides & Petting Zoo, \$3 pumpkin launching, \$2 corn pit, \$1 maze, \$3 horse rides. Until October 29. INFO: 435-691-5014.

JUDD PUMPKIN PATCH (M-F 5-7PM), SAT 9am-7pm) @ Judd Pumpkin Patch (314 E 270 N, Paragonah). Open until October 29. NO entrance fee. Free farm Animal Zoo. Wagon Rides \$3 per person, Barrel Train Rides \$2 per person. (3yrs. And younger free). INFO: 435-477-9783.

M.A.R.S BAZAAR (THRU 14TH, 1-9PM) @ @ Frontier Homestead (635 N Main, Cedar). Vendor Expo for Costumes, cinema, props, food trucks, vintage peddlers and gear.

17TH RED ROCK FILM FESTIVAL (THRU 15TH, 1-11pm) @ Frontier Homestead (635 N Main, Cedar). An artist retreat for independent film, movie premiers, and parties. Passes available at: redrockfilmfestival.eventive.org. Volunteers needed!

HAUNTED HOMESTEAD CEMETERY TOURS (12th - 14th 6pm) @ Frontier Homestead (635 N Main, Cedar). Admission FREE. Come back on Saturday for Carnival, Spooky Walks (admission \$2, \$8 for a family). Facebook: Frontier Homestead. INFO: 435-586-9290.

MOMS AND DAUGHTERS FOR AMERICA (7pm) Empower moms, raise patriots, and promote liberty for the healing of our nation. INFO: ironcountymoms4america@gmail.com.

FRI, OCT 13

VET NURSE DAY

CEDAR STREET FEST (EVERY FRI 3-10PM) @ Cedar Fun Center (170 E Fiddlers Canyon Rd, Cedar). Local businesses, farmers markets, artisans, musicians, comedians, drive-in movies, etc. for a weekly celebration of Cedar City's unique culture. INFO: www.cedarstreetfest.com.

DOG TRUNK OR TREAT (3-5PM) @ ENOCH PetSafe Dog Park (6300 N 700 East Minersville Hwy, Enoch). Support our local Iron County dog park and animal shelters. Show off your furry friends in their Halloween finest! Sponsored by the Friends of Festival Country K9s.

CCCMT: CALLING ALL THE MONSTERS (OCT 13, 14, 16, 20, 21 6:30pm, Show Only 14, 21 1pm). @ 150 E Altamira Ave, Cedar). Tickets: \$35 per person. Includes dinner. 10th Anniv. of this fun musical comedy performed by adults to raise money for Cedar City Children's Musical Theatre. Great night out for couples, families. INFO: Visit www.cccmt.org.

CEDAR BREAKS STAR PARTIES (6:30pm-11pm, Fri, Sat, Sun). @ Cedar Breaks National Monument North View Overlook

(Hwy 143). Park admission fee \$10 per person or National Parks Pass. INFO: 435-986-7120, www.nps.gov/cebr.

SAT, OCT 14

BOOKSHOP DAY

CEDAR CITY FARMERS MARKET (9AM-1PM) @ IFA (905 S Main St, Cedar). FREE. Farmers, food, artisans. Drawings, bingo, more! INFO: Facebook, Cedar Saturday Market, or Nancy 435-463-3735.

FESTIVAL CITY MARKET (9AM-1PM) @ (Center St. & 100 W) By Bristlecone Coffee. FREE. Handmade treasures and a bounty of local farmers, backyard gardeners, fresh fruits, veggies, with local artisans for jewelry, art, wood, pottery.

MIDVALLEY FARMERS MARKET & ARTISAN FAIRE (5-8pm) @ (780 Midvalley Rd. Enoch). Live music, jump house, face painting, and more. Beautiful, unique items. Have dinner, listen to music, let the kids play in the jump house. INFO: Text: 435-704-6916.

NEW HARMONY APPLE FESTIVAL (10AM-3PM) @ Town Park (I-15 Exit #42, West 5 miles, New Harmony). Admission FREE. Live music, kid's games, bounce houses, mechanical bull riding, fire safety demonstrations, vendors, locally grown produce and famous New Harmony Apples! All proceeds go to support the local Harmony Valley Volunteer Fire Dept. INFO: www.newharmonyfire.org/applefestival.

PAROWAN FALL FEST & CAR SHOW (10AM-4PM) Main Street (Parowan). Entertainment, craft vendors, games, food, a car show. Solar Eclipse (9:08 am to 11:56 am). Check out the Visit Cedar City · Brian Head booth with a special observatory and get your protective eyecare to watch the eclipse. INFO: 435-477-8190.

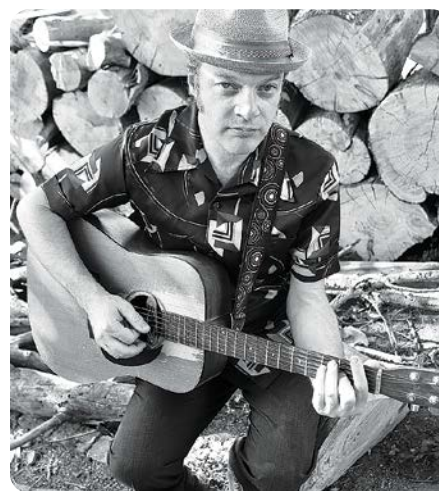
NATURE HILLS HARVEST FEST (SAT 12-6PM, Mon 4-6pm) @ Nature Hills Farm (4326 N 2100 E, Cedar). Tickets \$4 for kids (1-5yrs), \$6 adults, \$11 for Ultimate Tickets (all ages) and will include all activities (\$2 smores, \$1 animal food, and \$5 unlimited bounce house).

HAPPY FACTORY OPEN HOUSE (10-2PM) @ 896 N 2175 West Circle, Cedar. Our yearly fundraiser helps us continue to provide toys for needy children all over the world. Join us at our factory to see how they are made!

HOCUS FOCUS 2023 (3-6PM) IN HISTORIC Downtown Cedar City (200 N to University Blvd). Admission FREE. Dress up and join in for a spooky good time. Event brings awareness to businesses in the downtown. Park in the City parking garage and start at the City Offices.

CEDAR BREAKS SOLAR ECLIPSE VIEWING @ Cedar Breaks National Monument (4730 S Hwy 148). Park Entrance Fee \$10 per person or Interagency Park Pass. Park rangers will be hosting solar viewing throughout the day and eclipse glasses available for purchase in the gift store. INFO: 435-986-7120 or cedarbreaksinfo@nps.gov.

ICAMA CONCERT – JOE BAKER (7PM) @ OTC Improv Theatre: 00 pm at Off the Cuff Improv Theatre (913 S Main, Cedar). Enjoy Joe Baker's interpretation of the foundational music of America. Tickets \$10 at door. INFO: 435-817-3615, 435-867-9800. www.JoeBakerMusic.com.



SUN, OCT 15

HANDWASHING DAY

BY BEING YOURSELF YOU PUT SOMETHING wonderful in the world that was not there before. Edwin Elliot

MON, OCT 16

DICTIONARY DAY

SO. UTAH WATERCOLOR SOCIETY EXHIBIT (M-F 8-5pm, thru Nov 17th) @ Cedar City Offices, 10 N Main. A variety of styles, mediums and prices.

TOWN HALL MEETING (6-7PM) @ CEDAR Middle School Gym (2215 Royal Hunte Dr, Cedar). Iron County School District administrators and Board of Education will answer questions about the 2023 Bond Proposition and its projects. INFO: Visit bit.ly/ICSDbond23

TOWN HALL MEETING (6PM) @ COMMUNITY Presbyterian Church (2279 N Wedgewood Ln, Cedar) Info session for the Iron County bond election on the upcoming 2023 ballot to fund a new jail and sheriff's complex. County Commissioner to provide information and answer questions.

TUES, OCT 17

MULLIGAN DAY

CHILDREN'S STORY TIME (TUES, 10-11AM) @ Frontier Homestead State Park Museum (635 N Main, Cedar). Admission FREE. A ranger reads a fun frontier-themed story along with a corresponding take-home activity. Recommended for preschool-aged children.

WED, OCT 18

DAY OF UNITY

MIDVALLEY FARMERS MARKET & ARTISAN FAIRE (4-7PM) @ (780 Midvalley Rd. Enoch). Live music, jump house, face painting, and more. Beautiful, unique items. Have dinner, listen to music, let the kids play in the jump house. INFO: Text: 435-704-6916.

CHARACTER SKETCHES (WEDS, 6:30-8:30PM) @ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

PICKLEBALL LEAGUES INFO: CEDARCITYP-ickleball435@gmail.com. On Facebook at "Cedar City Pickleball League and Tournaments". All ages and skill levels!

THURS, OCT 19

NEW FRIENDS DAY

BIBLE STUDY (1-3PM) @ CEDAR CITY PUBLIC Library (303 N 100 E). 8wk study of Romans 12-16. Wayne Barber leads attendees to live righteously and discover truth through observation, interpretation, application. Workbooks \$18. INFO/Reg 435-267-2234, 435-238-3078, www.precept.org.

OSU CONCERT – "LUMINOUS" (7:30PM) @ Heritage Theater (105 N 100 E, Cedar). Tickets and INFO @ www.myosu.org. \$12 adults, \$6 children, \$6 students.

FRI, OCT 20

UT HS MOUNTAIN BIKE STATE CHAMPIONSHIPS @ Three Peaks Recreation Area (10 miles west of Cedar City off Midvalley Rd). INFO: utahmtb.org.

SAT, OCT 21

POWER IN PINK 5K FUN RUN/WALK (8:30am) @ West Canyon Park (151 S 400 E, Cedar). Reg. \$15 for SUU Students w/ID, \$35 for general reg.. FREE for all breast cancer survivors. Funds raised benefit, local women, men receiving treatment for breast cancer. One-mile walk includes remembrance walk where past breast cancer warriors and survivors are remembered, honored.

OSU: CHILDREN'S JUBILEE (NOON – DOORS open for family activities. (2pm – Music begins) @ Heritage Center Theater (105 N 100 E, Cedar). Tickets \$5 per person (babies free). One free admission with three cans of food for Iron County Care and Share. Arts and sciences come together at OSU's Children's Jubilee. A season full of exploration, creation, celebration. Tickets @ www.myosu.org.

family

Keeping home a safe haven

I love my kids more than anything in the world. That said, I'm just an ordinary mom and I have my fair share of bad parenting moments. I do my best to manage frustration, but there are days when it feels as though my kids are jumping all over my last nerve!

Over the years I have talked with other moms who confessed to coping methods that I felt were unhealthy for themselves and/or their children. In an effort to help parents manage the stress and frustration that can accompany all of the wonderful moments of parenthood, I decided to share some of my personal strategies that may help defuse a situation

thinking that all of this soda sounds unhealthy, but you're welcome to find an alternative!) The point is that you have a plan to redirect your stress and frustration as it presents itself. Something simple and enjoyable, no matter the situation.

2. Take a mental break

When you have kids and toddlers who are prone to trouble and in need of constant supervision, it can be tricky to find time for yourself. My four kids between the ages of seven and one have a tendency to tell me stories and ask me questions about four different subjects simultaneously! I do my best to sort through

the chaos and organize all of their needs. We're working on taking turns and being patient, but there comes a point when I recognize that I could use a break to let my mind go blank and think about nothing.

When I start to feel overwhelmed

or frustrated in these situations, I take the time to make sure all of my kids' immediate needs are met, and then I let them know that Mommy is taking a break. What this looks like is me still physically available in their presence, yet giving myself permission to "ignore" them. It's not perfect and it's not what most would consider peaceful, but it's 15 minutes of mental "me time" that benefits us all in the long run.

This is something I have had to train myself to do, because answering ridiculous questions like, "Can I sleep in a box tonight?" comes very naturally when you're used to being 100% available. I am now able to respond with, "We can talk about this after my break. I still have 10 more minutes!"

It's important to know yourself and recognize when a true break is needed. If you worry that you can't trust yourself to react calmly to situations at home, find someone you trust to help with your kids while you

get help for yourself.

As frustrating as they can seem, kids are looking to their parents for guidance and support. It's our responsibility to give them the love and security that they deserve. Try your best to keep your anger under control! Take these tips and make them your own, or get creative and invent something new!

Do what it takes to keep your family safe and together to create a lifetime of happy memories.

"If you worry that you can't trust yourself to react calmly to situations at home, find someone you trust to help with your kids while you get help for yourself."

mom's CORNER(ED)

by Weslie Stratton

CONTRIBUTOR



and prevent the emotional buildup that I can only imagine leads people to making the news in a string of endless abuse stories.

1. Find your guilty pleasure

When your day has gone every way but right and you're on the verge of mimicking your toddlers meltdowns, find something special to you and indulge. Keep it simple and easily accessible so that it doesn't end up adding to your already bad mood. It could be as easy as using a favorite hand lotion saved for such occasions or eating a chocolate from your secret stash. I personally treat myself to an ice-cold can of soda!

Toddler has colored all over the walls and my blood pressure is on the rise? Time for a soda break! Kids are arguing and I can't stand to hear them tattle one more time today? Sounds like a soda. Two diaper blowouts in 30 minutes? You guessed it, that's a soda earned! (You may be



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history

The Dominguez-Escalante Expedition of 1776

by Jay M. Jones

FOR IRON COUNTY TODAY

PART 1 – OVERVIEW

On 11 October 1776, an expedition of fourteen men paused on a small, remote knoll overlooking what is now called the Escalante Valley in Southern Utah to settle a controversy that had the potential to destroy them. Their leaders decided to abandon the original purpose of their journey: finding an overland route to the Spanish Mission at Monterey, California. Most of the men favored continuing westward instead of returning to Santa Fe, New Mexico. This three-part series remembers this historic saga as we approach its 250th anniversary.

In July of 1776, as Americans issued the Declaration of Independence and fought the British in the American Revolution, preparations were being made on the other side of the continent for a remarkable expedition. On 29 July 1776, Father Francisco Atanasio Dominguez led an exploring party out of Santa Fe, New Mexico in search of a viable overland route to the recently established mission at Monterey, California.

Acting as second in command and scribe was Silvestre Velez de Escalante. Because his written record of the journey became well known, his name is remembered: a town, a river, a valley, and a national monument bear his name.

“The Dominguez-Escalante Journal,” translated by Fray Angelico Chavez and edited by Ted J. Warner provides a detailed account of the epic trek. “Without Noise of Arms,” by Walter Briggs provides additional perspective.

The website historytogo.utah.gov has a section on the Dominguez-Escalante journey. It notes that Utah did not honor Dominguez, the expedition’s leader, with site names until the bicentennial of their trek in 1976. One of those sites is Dominguez Knoll in Iron County.

An important member of the expedition, Bernardo de Miera y Pacheco, was a retired military engineer living in Santa Fe. He took

frequent readings of latitude and made estimates of distance and direction traveled each day. He later drew an influential map of the regions they passed through.

Another vital member of the party, Andrés Muñiz, had traveled among

Ute Indians, Silvestre and Joaquín, to accompany them as guides. They crossed into what is now Utah in the vicinity of Dinosaur National Monument on September 12. Now they were in uncharted territory

into Utah Valley. Here they met friendly Timpanogos Indians, a Ute tribe, in a beautiful valley with abundant water, pasturage, croplands, game and fish. Dominguez and Escalante stayed three days in Utah Valley. Before resuming their journey, they indicated that they would like to return and establish

a mission among the Timpanogos, who accepted the idea. However, authorities in New Mexico did not agree to pursue the opportunity.

As Dominguez and Escalante traveled southwest from Utah Lake their provisions dwindled. Nearing

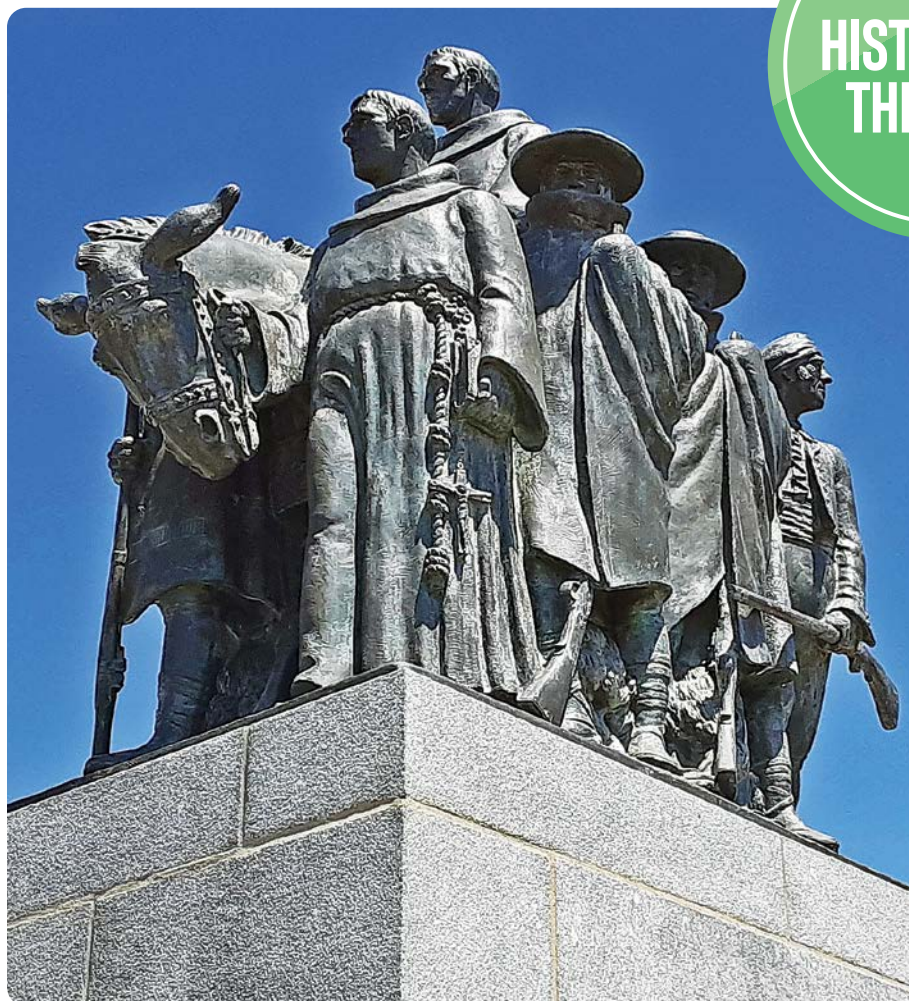
what is now Beaver County, they realized that their chances of arriving safely in California that season were slim and diminishing. A snowstorm encountered near Milford in early October made travel extremely difficult and miserable. They had expected to arrive in California before winter set in, and had not brought along sufficient winter clothing.

As difficulties continued and contention surfaced, José María, a Ute guide that replaced Silvestre, abandoned the group and returned to his home in Utah Valley. Realizing that problems would escalate as time went on, Dominguez and Escalante made the decision to return to Santa Fe.

The expedition cartographer Bernardo de Miera did not agree with the decision to abandon the original goal of reaching California. Several others agreed with Miera, and believed that opportunities in California would be worth the sacrifice needed to get there. With dissension approaching a critical level, the group stopped at what is now called Dominguez Knoll, a small hill in northern Iron County between Horse Hollow and Blue Knoll.

The story of the Dominguez-Escalante expedition will be continued from this point in Part 2.

HISTORICAL THREADS



COURTESY JAY M. JONES

The Spanish explorers of the Dominguez-Escalante expedition are memorialized on a portion of the This is the Place monument in Salt Lake City.

the Utes in Colorado and was familiar with their language.

Leaving New Mexico, the expedition pursued a northwesterly route through Colorado, familiar territory to Muñiz, where they recruited two

and very much reliant on their guides.

Silvestre and Joaquín led them up the Duchesne and Strawberry Rivers, crossed over a divide into the Spanish Fork River drainage and descended

history

African Americans are their own success story (Part 10)

by Edy Meredith

FOR IRON COUNTY TODAY

The Utah Black Chamber, primarily located in northern Utah, exemplifies American values. Their statement on their web site (utahblackchamber.com) epitomizes business success and is rooted in advocacy, representation, and financial enrichment. The Utah Black Chamber began in 2009, and in its 14-year existence it has assisted and encouraged all of its members to work together to develop resources for the underrepresented and minority owned businesses across Utah by heavily emphasizing “Allyship”, the belief that if we all work together to create thriving small businesses and to recognize minority professionals, Utah as a state will benefit by having the best economy in the United States. Acting on these values by advocating for members, demonstrating equity, promoting education and enterprise, and the whole society will be enriched.

Quoted from their website about the book published by Utah Black Chamber titled “Black Utah: Stories from a Thriving Community” in 249 pages (which I highly recommend for a minimal cost): “Black Utah highlights the stories and experiences of the Black community living in Utah. You’ll hear from dozens of individuals with diverse backgrounds sharing why Utah has a community for them and how they are thriving in this increasingly dynamic corner of the Mountain West. While hundreds of voices could have been included in this book, we are just bringing you a small sample from this ever-growing community made up of pioneers and changemakers who are actively creating a culture that lets all of us call Utah ‘home’. We are leveraging our community to provide immersive events, informational webinars, financial sponsorships and professional upskilling for our members and small businesses.”

At the following web address

(business.utahblackchamber.com/directory) are listed 24 categories of businesses, from A (Advertising & Media) to T (Transportation) and everything in between. The benefits of joining and becoming members and partner community organizations are the following: 1) donating to the Utah Black Chamber charitable organization named “Black Success Center”; 2) offering a free service to the Black community; 3) posting job opening opportunities; and 4) co-hosting events with the Black Chamber.

All of us need to be held accountable to living out our particularly American values to “proclaim liberty throughout all the land unto all the inhabitants thereof” (Leviticus 25:10) which is engraved on the Liberty Bell housed in Independence Hall in Philadelphia. This liberty includes the freedom to conduct and promote business activities of which the Utah Black Chamber is living proof.

That doesn’t mean it will always be easy, as a recent occurrence at BYU has demonstrated. We will review that in our next article. The Pew Research Center has also just released a study called “Black Americans Experience with News in which Black Americans are critical of news coverage of Black people and educating journalists would make coverage fairer.” The key takeaways are that Black people are covered more negatively than people in other racial and ethnic groups. Even Black Democrats and Black Republicans as well as Black adults across all age groups are similarly critical of news coverage of Black people and believe that educating all journalists about issues impacting Black people and their history is among the steps that would help in this news situation. We know how American attitudes began to change after they saw southern violence on television in January 1965 in Selma, Alabama. Proper and honest journalism is very important to freedom and justice.

The heart of a leader

LEADERSHIP 101.34

No matter who and where you lead, it’s tough to do so when your heart isn’t in it. Yes, somedays the heart is confident and competent. Other days, your heart may be hurting, or worn out. It’s difficult to be mentally engaged without the needed incentive and intensity that comes from your heart. This heart-less challenge can be intensified by enduring long weeks, juggling difficult duties, or struggling with battles on both the home front and the workplace.

It can be easy sometimes to overlook or take the heart for granted. Often a leader is called to see things that visibly affect

it’s wiser to focus more on what is right, not necessarily who is right. That doesn’t mean that people become expendable at the expense of their expertise, or lack thereof. It also doesn’t mean that feelings won’t get hurt, or egos bruised. However, when the focus is on becoming better, not bitter, it means that even when the idea (or the credit) isn’t yours, if it’s for the betterment of the team and the business, it’s easier to support and feel supported, even if it wasn’t your idea.

This coming to a positive conclusion for the betterment of the business is a great feeling. It also doesn’t mean that when agreements are reached that

congratulations (or apologies) aren’t ever in order. Sometimes there are casualties, but this is why the heart of a leader is crucial in any crucible because only the heart can mediate, mentor

the rut
LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



the business. Their eyes (visions) are crucial to seeing plans, procedures and products. Their ears are tuned into the voices of the employees and consumers. What about their heart? Without it, responses are often robotic and detached. This is fine if you’re leading machines, but when you’re leading people, without the heart, your future is history.

Another asset of accessing your leader’s heart is that you’re better able to see, hear and understand the hearts of those you lead. The better you understand their (and your) hearts, the better able you are to finetune and tailor training, provisions and conditions more conducive to creating and fortifying unity—the key to employment enjoyment, productivity and longevity.

That’s why in any conflict,

and mend during and after maelstroms.

Today, even with the best laid plans and provisions, great leaders also need great hearts and know that without the heart(s) of their people, it will eventually hurt the business in more ways than the bottom line. Even if sometimes provisions cannot be provided or incorporated, it’s imperative to still encourage the group, team, family to keep them going and knowing that resolutions are on the way.

That doesn’t mean there won’t be opposition, or difficult discussions. It does mean that you have the choice (and response-ability) to access the cushion and comfort of a heart that knows that where and when there is unity, the outcome of any conflict can lead to eventual victory—for everybody.

schools

Cedar High holds October Orchestra Concert

NEWS FROM THE DEN

by **Tsadakah Wilberg**

FOR IRON COUNTY TODAY

Cedar High's halls were filled with the enchanting music of strings on October 2nd. This was the first concert of the year and it did not disappoint. The music was beautiful and complex, delightful for any who listened to it. Two talented orchestras performed songs with a more eerie sound for a more Halloween feel.

There are two orchestras at Cedar, the concert orchestra and the symphonic orchestra. The concert orchestra performed first with "Afterburn" by Brian Balmages. This is an exciting piece that engages listeners and piques their interest. They followed it up with "Three Scenes from a Green Valley" by W Harbison. This is a piece made up of three songs, each contradictory and yet complementary. "Three Scenes from a Green Valley" represents the ideal musical literature.

The Symphonic Orchestra played next, performing

"Red Rhythmico" by Kirt Mosier. This song combines elements of rock and jazz emphasized with pizzicato and spiccato. This piece particularly shone with the solos of Derek Wood, Irene Hu, McKinley Hamilton, and Nathan Briggs. Then they

played a song with a story in "The Labyrinth and the Mad King" by Zach Wallmark, a piece inspired by the writings of Jorge Luis Borges. This song has a mysterious quality to it, leaving the listener to create a story from the music.

Next they performed "Legend of Sleepy Hollow" by Richard Meyer. This song was inspired by Washington Irving's chilling tale. The string sections were divided into different "parts" to build the story and song. Some played dark, unsettling

music to represent the Headless Horseman or jauntily for Ichabod Crane. Others played music that was light and playful for Katrina Van Tassel. The parts were sequential as the story played out in the minds of the audience.

They rounded off their performance with "Ghosts of Brandenburg" by Richard Meyer. This song was a darker version of a medley of famous composer Brandenburg's songs. It had a creeping, minor key song to it. As the grand finale, the two orchestras played together "Zombie Intruders" by Kirk Vogel. With the aid of Cedar percussionists, this was a very exciting piece with a creepy sound to it.

The songs were all delightful and well chosen. The music was well played and conducted. When asked, the humble performers said that they learned a lot from this performance and are eager to look to the future. They also urge others to attend their concerts as it increases the professionalism and overall experience of playing for themselves and their audiences. Overall, it was an incredible performance and everyone should attend future concerts.



Both the Concert and Symphonic orchestras bring notes to life and inspire audiences with their performances.



PHOTOS BY TSADAKAH WILBERG

Gateway 3rd graders enjoy adventure at Thanksgiving Point

by **Aly Dodds & Emmy Copley**

FOR IRON COUNTY TODAY

At Gateway Preparatory Academy, the third graders got to meet with Thanksgiving Point this week and they shared information about the life cycle of beetles, tulips and what scientists

do to study something. They brought mealworms that turn into pupa, and then beetles. The students learned that scientists have to observe, record, and then make models to study things.

We even gets to raise mealworms that turn into beetles! We also got to learn about tulips, dissect them and

they gave us tulips to plant at our school later in the year.

The Animal Ambassadors from SUU also visited Gateway. The students learned a little bit about vertebrates and invertebrates but the Ambassadors focused on snakes and lizards because those are the animals they brought.

They taught the students about what they ate, what their names were and what kind of animal they were. The students also got to pet the animals.

We are so glad they could share and come to our school and hope the second and third grade classes had fun. I know I did!

schools

IRON COUNTY SCHOOL DISTRICT NEWS NUGGETS

from Braylie Tullis

IRON COUNTY SCHOOL DISTRICT

Parowan Elementary

September has been a busy and exciting month at Parowan Elementary. We began with a visit from the rodeo clown that was in town for the Labor Day holiday weekend. Then, later in the month we were so fortunate to have a visit from the winner of Miss Utah, Sarah Sun. She is from our hometown, Cedar City. She is truly talented and an exceptional person. She spoke to our students about embracing our differences and seeking to understand one another. Her message is one that could be embraced at a global level. She shared with our students the importance and value in helping others. Then, we found out as a faculty that our very own Mr. Burton, 3rd grade teacher received the first Iron Strong Award. Superintendent Hatch came to our school to give this award to him. Mr. Burton is an amazing colleague, teacher, community member and friend. He has given 45 years to teaching elementary students. He has taught students through the years how to make a difference and serve others which he does by example. He is a true example of kindness and has such a giving spirit. You never know when he will be plowing a neighbor's walkway or dropping off some corn from his amazing garden at your door. Over the years he has taught the students about our rich history here in Southern Utah with his field trips and the third grade program. I know retirement is his next adventure which comes with sadness and excitement. Those who have had the privilege to be taught by him or work with him have been blessed. Thank you Mr. Burton, you are truly loved.

**Escalante Elementary**

Our Kindergarten class received a hands-on lesson from Becca Esplin, who explained in basic terms, how to code. Students were taught the fundamentals of computer science, beginning with a simple paper maze where students could manipulate a small piece of paper to simulate the commands of drag and drop. Using these same ideas students were asked to demonstrate their ability to click,

drag, & drop, click and hold down on an object in order to delete it, select characters and change backgrounds using the iPad app, Scratch Jr. Although they are young, these kindergarten students were able to prove their capability of performing simplified coding and had a ball while doing it!

**South Elementary**

This past week, South Elementary had our Fall SEPs. These parent-teacher conferences are a crucial and collaborative opportunity for parents and educators to come together, fostering a strong partnership in a child's education. They also provide a platform for open communication, where parents can gain insights into their child's academic progress, discuss strengths and areas for improvement, and work collectively with teachers to develop strategies that support their child's learning journey. Thanks to all those who participated in this essential aspect of their child's education. We also want to recognize our many SUU students who have been helping our students at South.

**Three Peaks Elementary**

Three Peaks Elementary was privileged to host Miss Utah, Sarah Sun, last week. She talked to the students about being friends and building a school community. Sarah played the piano, had a Q & A session, and let students choose their favorite songs for her to creatively combine into one song and play them on the piano. Her message about friendship and doing your best in school was well received by all students. We wish her luck in the upcoming Miss America pageant. Thank you to all the parents and guardians that took the time to attend their child's SEP

conference last week. The shared information is very valuable to help the teachers plan instruction for each child's needs.

**Iron County School District**

District administrators are making the rounds with presentations on the tax neutral 2023 Iron County School District Bond that will be on ballots in November. Superintendent Dr. Lance Hatch, Business Administrator Todd Hess and board members have presented at two Town Halls, at various school, parent and faculty meetings, at City Councils and even on Facebook Live. The next Town Hall will be held at Cedar Middle School at 6 p.m. on Oct. 16. Community members are invited to learn more about the five needs of the bond funds and how the district can promise it will be tax neutral, which means taxes to pay the debt service on these bonds will not increase from current levels. Previous bonds have been paid off and this bond proposal fills in that decrease. Learn more at <https://bit.ly/ICSDbond23>.

**Enoch Elementary**

Enoch Elementary's 4th graders explored Cedar Canyon. They looked for fossils, studied landforms, and learned about bristlecone pine trees, some of the oldest trees on Earth. They discussed taking care of the mountain and not littering. They enjoyed the views at Navajo Lake and Brian Head. Students celebrated Red Ribbon Week with crazy hair, silly socks, pajamas and more. Each day focused on a different way to be safe and healthy. The K-9 unit dogs showed off their specialized training that helps keep the neighborhoods safe. Officers also discussed bike and pedestrian safety with students as they rode or walked to school.

**Launch High School**

Students at Launch High School have been working all quarter to create The Launch High Haunted Asylum, a new Halloween entertainment that has something for all ages. The Haunted Asylum offers a new way for teens and young children to get into the Halloween spirit and have a fun night out. Launch High is partnering with Success Academy through a STEM Action Center grant to promote Science research and careers. This Teen Science Cafe is focused on researching the effect of fear on human physiology. The Asylum is open to the public on October 11-13 from 7-9pm. 5\$ cash admission at door. Located at the Launch High School building: 1957 W Royal Hunte Drive, next to the District office. INFO: <https://sites.google.com/ironschools.org/lhs-hauntedasylum/home>.



"It's been amazing to see the entire school come together for a big project that helps our students learn to collaborate and develop all kinds of new skills," says Mrs. Saylor, English teacher and graphic team advisor at Launch High.

obituaries

Dorbetta Jane Hoover Pittser



Dorbetta Jane Hoover Pittser, age 89, passed away on October 2, 2023, in Cedar City, Utah at her beloved home of 44 years. She was born January 8, 1934, in Canon City, Colorado to Alvin G. and Minnie E. Hoover. She went on to graduate from Modesto, California High School and was later married Robert Clinton Pittser on April 14, 1961, in Los Angeles, California.



Dorbetta worked in the community at the Cedar Care Center for many years as well as Home Health. She enjoyed working as a gardener for different businesses

in town and was even featured in the Spectrum for her gorgeous work. She was also an active member of the Church of Jesus Christ of Latter-day Saints.

She will always be remembered as a lover of all things pretty. Whether it was a colorful hat adorned with jewels, a sparkly brooch, flowers, or rocks that glittered in the sun—that was Dorbetta.

But most importantly, Dorbetta loved her family and cherished the time she spent with them. She was especially proud of her children for the kind, wonderful people they grew up to become. Her grandchildren will always have fond memories of watching Little House on the Prairie, collecting rocks, and playing games with her. She will be very missed.

Dorbetta is survived by her children Shirleen Chaffee (Russell) of Cedar City, Utah, Strala Penland of Cedar City, Utah, Keith Pittser (Beth Ann) of Cedar City, Utah, Kevin Pittser (Onjulee) of Cedar City, Utah, and Sharlia Priest (Dennis) of St. George, Utah. As well as her 17 grandchildren, 25 great-grandchildren, and 2 great-great-grandchildren.

She is preceded in death by her husband Robert Clinton Pittser, her parents Alvin G. and Minnie E. Hoover, her siblings Dorla Walker, Doris Robinson, and Darrell Hoover, and several of her nieces and nephews.

Dorbetta's Funeral Services were held Saturday October 7, 2023, at 1:00 pm, in the Greens Lake Ward Church Building (1120 W. Greens Lake Drive, Cedar City, Utah). A Viewing was held prior to the funeral from 12- 1:00 pm. Interment was in the Enoch City Cemetery under the direction of Southern Utah Mortuary.

A livestream of Dorbetta's service and online condolences may be left at www.mortuary.org.

Justin L Gray



Justin L Gray passed away on September 30, 2023, while enjoying a beautiful fall day on Beaver Mountain. Justin was born in the living room of his family home on December 29, 1945. His parents are Delmer Burdick Gray and Ilene Lamb. He was the fifth of six children.

Justin spent his childhood in the fields and back roads of Minersville Utah. He was a hard worker, and from a young age, he spent many hours hauling hay, stacking bags of grain and feeding cows. In high school, he lettered in both football and track and field. He participated in FFA and the drama club and in his senior year, he served as seminary president. He graduated from Beaver High School in 1964.

After high school, he decided to attend Dixie College so he could be closer to a cute girl he had his eye on. Two years later, on June 25, 1966, he married that girl. Her name was Noreen Gubler. Justin and Noreen spent the majority of their lives living in Enoch, Utah where they raised their five children. There was nothing more important to Justin than his family, and he showed that every day by being present and involved in his kids' varied activities as they were growing up. He also kept the family close by building a wood hauling business that the whole family could

participate in. He left his family with many happy memories of time spent together on the mountain and skills that would last them a lifetime.

Justin began his career with Standard Oil, but after a few years, he went to work as a mechanic for Bradshaw Chevrolet and he stayed there until he retired in December 2006. Justin served as both mayor and city councilor for the City of Enoch. He spent several years serving in leadership positions with the Iron County 4-H Horse Council. In addition, he was also involved in the Iron Rangers, and loved giving service to members of the community. He was an active member of The Church of Jesus Christ of Latter-day Saints, where he served in many different positions. His favorite callings were tending the little ones in the nursery and working with the young men.

Noreen passed away in May 2006. In February of 2007, Justin married Deanna Stapley Elmer, a lovely lady that he had gone to high school with. With this union, Justin was able to double the size of his family and that brought him double the joy. In 2010, Justin and Deanna served a mission together to Kirtland, Ohio. They also spend several years working in both the St. George and the Cedar City temples.

At this bittersweet time, Justin has been reunited with his wife Noreen, both of his parents, and his brother Wesley while he has left behind his wife, Deanna; his five children, Clarence Gray and his wife Suzy of Redding California, Teryl Hunter and her husband Lon of Syracuse Utah, Valyn Webster and her husband Nate of Enoch Utah, Danell Mitchell and her husband Rob of Cedar City Utah, and Haven Gray of Enoch Utah; his four stepchildren, Delayna Barr and her husband Shane of Price, Utah, Rod Elmer and his wife Heidi of Lehi Utah, Wendy Inkley and her husband Danny of Centerville Utah and Travis Elmer of Astoria Oregon; 30 grandchildren and 10 great-grandchildren; his sister Verlene Yardley and his brother's Les, Spencer and Kenneth Gray as well as many nieces and nephews. His was a life well lived.

In lieu of flowers, you may donate to the Justin Gray Memorial for Iron County 4-H through Mountain America Credit Union, which started on Wednesday, October 4th, 2023.

Thank you to all of the EMTs and first responders for their tender care as they helped us through that difficult day.

Services for Justin were held at the Enoch 6th Ward, located at 2233 East Village Green Road in Enoch, Utah. There was a viewing on Thursday, October 5th, 2023, from 6:00 pm to 8:00 pm. On Friday, October 6th, 2023, there was another viewing from 11:00 am to 12:30 pm, followed by the funeral service at 1:00 pm. Interment followed at the Enoch City Cemetery. These were rendered by Heartlight Funeral Services. Condolences and memories can be posted at <https://www.HeartlightFS.com/>.

Torrey Joseph (TJ) Bixman



Torrey Joseph (TJ) Bixman, 34, passed peacefully on September 24th, surrounded by his family. He was born on January 19, 1989. TJ was a son, brother, uncle, nephew, cousin, grandson and was an amazing friend. He left a mark on everyone he met. He was gentle, kind, loving sensitive, but his best trait was his humor. He could get a whole room laughing in the best of times and the worst of times. He was his dad's best friend and his mom's baby boy. He was always a hit with the ladies, always charming them with his baby blue eyes.

TJ had a passion for photography and graduated from Dixie Technical College in 2021. He dabbled in the stock market and found it fascinating, but his heart was with Lions Gate Recovery which was a perfect job for him. The people there touched his life as much as he touched theirs. He would've given anything to help family or a friend and now he is giving the ultimate gift of life as he was an organ donor.

He will forever live in our hearts.

He survived by his parents, Craig and Gena Bixman. By his brother, Tyler (Shara) Bixman and sisters Cailey (Andrew) Schneider and Shyla (Felipe) Gamez. His grandparents, Joseph and Alice Kukanich and many aunts and uncles, cousins, nieces and nephews. Services will be held Saturday, October 14th at 2pm at Grace Christian Church, 845 W 200 S, Parowan, UT. A service will be planned in Las Vegas on October 21st.

Want to submit an obituary?

There is a charge of \$100 for obituaries to be published. Submissions can be made online at ironcountytoday.com, emailed to news@ironcountytoday.com or brought in typed/digitized format to 479 N 100 W, #1, Cedar City. A single submission may be up to 600 words and may include up to two photos. Submitted obituaries over 600 words will be charged an additional 10¢ per word. The deadline for submissions is Monday at 11 am for Thursday's publication.

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IRONCOUNTYTODAY.COM

finances

ASK RUSTY: SOCIAL SECURITY

Federal Taxation

Dear Rusty,

Why are my Social Security benefits being taxed at all? The Social Security FICA payroll taxes taken out of my paycheck while I was working were paid with taxable income. Signed: Disgruntled Taxpayer

Dear Disgruntled Taxpayer

Many Americans share your belief that federal taxation of Social Security benefits is unfair because we pay into the program through payroll taxes on our taxable earnings. Unfortunately, Congress took a different view in 1983 when taxation of Social Security benefits was first enacted at a time Social Security was having financial issues. Congressional logic back then was that a beneficiary only personally pays 50% of the Social Security contributions made (the other half is paid by the employer) so, since your Social Security entitlement was only half paid for by you and the other half by your employer, the portion of your benefit attributable to your employer's contributions should be taxable. So, it's that other half – the portion of your benefit which resulted from employer contributions – which the 1983 Congress decided should be taxed. So, starting in 1984, if a beneficiary's overall annual income from all sources exceeded \$25,000 for a single filer or \$32,000 for those filing married-jointly, half of that person's Social Security benefits became part of their income taxable by the IRS.

That was how it worked until 1993 when a new and different Congress added another threshold which, if exceeded, resulted in

up to 85% of Social Security benefits received during the tax year becoming taxable. The logic used for the 1993 law was that beneficiaries, on average, would only personally pay for about 15% of the lifetime benefits they would eventually receive, leading that Congress to conclude that if your combined income from all sources exceeded the higher threshold (\$34,000 for single filers and \$44,000 for those filing married/jointly), up to 85% of your benefits should be taxable. I'm not defending nor endorsing those historical Congressional views, but I have researched why Social Security benefits are taxable at all.



RUSSELL GLOOR
SOCIAL SECURITY
ADVISOR

For information, the Association of Mature American Citizens (AMAC), has long advocated for eliminating federal taxation of Social Security benefits or, at the very least, raising the thresholds at which benefits become taxable. If you want to add your voice to those who oppose federal taxation of Social Security benefits, you may wish to contact your Congressional Representative to do so. And it is worth noting that eleven U.S. states, to varying degrees, also levy income tax on Social Security benefits.

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faith

Bumper to bumper stickers

Ever see one of those cars covered in bumper stickers? It's a moving diorama of destinations and declarations. Many represent a badge of courage for their voyage, a token of their touring, a memento from each automotive adventure. Others portray political affiliations, familial statistics and favorite fingers. Some represent the drivers attitude more than destination. They also include those that appear to some others as decals of defiance, symbols of imbeciles that lack wisdom, morals or respect. To each their own. I'm pretty sure some frown upon the familiar fish symbol, cringe at CTR and get cross when they see the cross on cars, buildings or clothing. Nevertheless, we need not go to war over wardrobes. We're here to help each other get back home.

Some of my favorite bumper stickers include, "Honk if you love Jesus", "Adults On Board, We Want to Live Too", the famous "Semper Fi" motto, and "Do You Follow Jesus This Closely?" Of course, there are those out there that can be a bit more questionable... "Is There Life After Death? Touch My Car and Find Out", "Too Loud? Too Bad.", "My Driving Scares Me Too." Yes, there are even worse ones out there. Just beware and be aware of what you read...and display.

Spiritually speaking, what bumper stickers do you have stuck on your mind, heart and soul? Do they encourage others who are traveling the same mortal roads as you? More importantly, do they make you feel encouraged when you read them? Sometimes other people may have stuck stickers on you. They (or even yourself) may have labeled you as a lost cause, forgotten, abandoned, unloved.

Just as the devil loves to cover your life with labels and lies, Jesus is the Best of the Best at removing those

negative, hurtful and dream discouraging decorations. I know sometimes life is still discouraging, no matter how well you're driving, or whose on board, but when the darkness tries to discourage you, shouldn't you listen to and trust the Creator, more than the Destroyer, as to whether or not you're worth the journey (Psalm 139:14, Ephesians 2:10)?

Because no matter how long you've had those buffeting bumper stickers stuck on your past and present, the Lord can still see your heart He created, the heart He died for and now lives for (1 Samuel 16:7) and He still has a future and a hope



for (Jeremiah 29:11).

That's why He came to heal your broken heart (Luke 4:18). Why He came to bind up your wounds (Psalm 147:43). And not to just put a band aid on your heart and a new bumper sticker on your life, but to replace with grace, all those negative names, all the sorrow and shame and give you a new vehicle (heart) and help you drive (live) better (2 Corinthians 5:17).

Today, may you let the Lord erase and replace any negative bumper stickers on your life and give you beauty for ashes (Isaiah 61:3).

VERSE OF THE WEEK

PSALM 90:17

"May the favor of the Lord our God rest on us; establish the work of our hands..."

If you want the Lord's blessings upon your works, then your heart, hands, feet need to be connected to His heart, hands, feet.

REACHING THE GOAL



CV's Hallie Newman blasts the ball through the defense to net a Falcons score.

FALCONS BEAT WILDCATS, WIN THIRD STRAIGHT REGION 12 TITLE

by Tom Zulewski

IRON COUNTY TODAY

After the Canyon View girls soccer team got on the board early with two quick goals, a late goal by the visitors near the end of the first half was a bit of an issue. When Brooke Davie scored early in the second half, order was restored and the team's nine seniors had a Senior Day to remember.

Davie, Hallie Newman, Emilee Winters and Harmony Lopez all found the back of the net in their final regular-season home games as the Falcons pulled away over the final 40 minutes and beat the Richfield Wildcats, 6-1 on Oct. 3. CV finished the season with a 13-1 record in Region 12 and 15-2 overall, but head coach Steve Newman knows his seniors made all the difference.

"This one is so special. We had to work as a team, play as one and take it down."

Brooke Davie

"They've played for me for four years, but they were able to recompose themselves," Newman said. "They got a little lax, and Richfield took advantage of the opportunity. We regrouped at halftime and changed the formation a bit."

Leading 2-1 at the break after Mia Winters scored for the Wildcats (6-8, 8-8), Davie restored Canyon View's two-goal lead and they would add on two more less than a minute apart to secure another victory.

"This one is so special," Davie said. "We had to work as a team, play as one and take



(Top) Hadlee Farrow's kick is on target and Emery Miles (Below) uses her head in the Falcons triumph.



PHOTOS BY COREY BAUMGARTNER

CV SOCCER

« CONTINUED FROM PAGE 29

it down.”

Emery Miles and Hadlee Farrow added the other goals for CV, who played South Summit in their opening game of the 3A playoffs Wednesday. The score of the game was not available at press deadline. The Falcons came into the tournament with the No. 1 seed.

“It’ll all depend on which one of our teams shows up,” Newman said of the Falcons’ potential. “If our team plays like we did in the second half, we’re good. If we play like we’re timid or can’t pass the ball, we’ll be in trouble.

“Fortunately, we have a fair amount of leadership with juniors and seniors. As long as we listen and work together as a team, we’ll do the best we can.”

In the opener of the 4A girls soccer playoffs, Rylan Tebbs returned from injury and scored twice as the 19th-seed Cedar Reds broke through on the road in the second half and beat the No. 14 Orem Tigers, 4-1 on Oct. 5. Cedar ended a two-game losing streak and improved to 8-9 overall.

Kyla Johnson and Kenzie Bird added the other goals as the Reds advanced to a quarterfinal matchup at No. 3 Park City on Oct. 10. The game was too late for press deadline.

Wildcats stay in control, double up Falcons

by Tom Zulewski

IRON COUNTY TODAY

Coming into its showdown game, the Richfield Wildcats knew how good the Canyon View Falcons were. Four straight times over the last two seasons, CV found a way and came out on top. On Oct. 6, Richfield found its own way and stayed unbeaten.

Reggie Hafen threw a touchdown pass and ran for a key score in the fourth quarter that sealed Richfield’s 28-14 win over Canyon View as they improved to 9-0 on the season, 4-0 in 3A South. The Falcons fell for the second time in three weeks, dropping to 2-2 in region and 7-2 overall.

Richfield looked like they had every intention of running away early when Cort Moon returned a blocked punt 30 yards for a touchdown in the opening minute, and Hafen went to work on a 66-yard scoring pass to Kai Thomas for a 14-0 lead. CV would counter quickly on its next possession when Lincoln Rushton scored on an 80-yard touchdown run to pull the Falcons within 14-7 with 6 seconds left in the first quarter.

Canyon View was able to pull even with 22 seconds left in the first half when quarterback Jaxon Jensen hit Asher Slack for a 1-yard

touchdown to make it 14-14 and give the Falcons some momentum that didn’t last.

Richfield would keep CV off the board in the second half. Beck Giblette broke the time and put the Wildcats in front for good with a 2-yard touchdown run midway through the third quarter, and Hafen scored on a 2-yard run in the first minute of the fourth. The Falcons had a chance to score a closing touchdown, but a pass in the end zone on the game’s final play fell incomplete.

CV will finish the regular season on the road Friday when they travel to Carbon to face the Dinosaurs, and Richfield will host North Sanpete.

Also in Iron County, the Parowan Rams fell behind early and couldn’t catch up as it fell 41-13 on the road at Enterprise. The Wolves scored four first-quarter touchdowns and had all of its offensive production in the first half.

Tracen Neilson returned an interception 55 yards for a score in the first quarter, and Brennan Church added a 7-yard TD in the fourth quarter for the Parowan offense in the loss.

The Rams will close the regular season with a non-region game at home Friday when they welcome the North Summit Braves to Alma Richards Stadium for a 7 p.m. kickoff.



Richfield
28



Canyon View
14

Canyon View 7 7 0 0 - 14
Richfield 14 0 7 7 - 28

Q1 - R - Moon 30 blocked kick return (Raiser kick), 11:10
R - Thomas 66 pass from Hafen (Raiser kick), :29
CV - Rushton 80 run (Petty kick), :06
Q2 - CV - Slack 1 pass from Jensen (Petty kick), :22
Q3 - R - Giblette 2 run (Raiser kick), 5:35
Q4 - R - Hafen 2 run (Raiser kick), 11:09



Enterprise
41



Parowan
13

Parowan 6 0 0 7 - 13
Enterprise 28 13 0 0 - 41

Q1 - E - Bracken 70 run (Rivera kick), 11:43
P - Neilson 55 interception return (kick failed), 6:42
E - Drake 15 run (Rivera kick), 5:44
E - Gardner 60 run (Rivera kick), 5:29
E - Bracken 73 run (Rivera kick), 1:04
Q2 - E - Drake 57 run (Rivera kick), 11:41
E - Drake 12 run (kick failed), 2:53
Q4 - P - Church 7 run (Bettridge kick), 5:08

Rams soccer ends on high note

by Tom Zulewski

IRON COUNTY TODAY

A seven-goal explosion in the first half was more than enough for the Parowan girls soccer team as it rolled to a 9-1 victory over South Sevier on Oct. 5 to finish the regular season with a perfect 10-0 record in Region 18, 12-2 overall.

Bella Robinson scored four goals while Brentlee Mineer and Kinnin Lambert added two each as the Rams won the region title by two games over Millard. On Oct. 3, Lambert scored the only goal in the first half, and it held up for a 1-0 shutout win over the Eagles. Shaylee Johnson had the clean sheet for Parowan in the win.

The Rams opened the 2A state playoffs on Oct. 11 as the No. 1 seed and played UMA Hill Field in its first game at Valentine Park, which was too late for press deadline.



DAVE MINEER SR.

Parowan's Bella Robinson (R) and Matilee Sudweeks (L) helped the Rams to another win on the pitch prior to the upcoming playoffs.

PREP SCOREBOARD

SCORES

Region 9 Football

10/6 Crimson Cliffs 63, Pine View 9
Snow Canyon 14, Dixie 10
Desert Hills 56, Hurricane 18

3A South Football

10/6 Richfield 28, Canyon View 14
Manti 49, North Sanpete 3
Juab 49, Carbon 7

1A South Football

10/6 Enterprise 41, Parowan 13
Beaver 46, Milford 7
Duchesne 20, Kanab 6

Region 9 Girls Soccer

10/5 **4A PLAYOFFS, FIRST ROUND**
Cedar 4, Orem 1
Mountain Crest 8, Hurricane 0
Logan 3, Dixie 2
Snow Canyon 14, Tooele 0
Provo 0, Jordan 0,
Bulldogs win 4-3 on PKs
Uintah 4, Bear River 2
Sky View 3, Hillcrest 1
Murray 5, Cottonwood 0

Region 12 Girls Soccer

10/3 Canyon View 6, Richfield 1
Carbon 4, Emery 0
Manti 3, North Sanpete 0
Juab 2, Delta 1
10/7 **3A PLAYOFFS, FIRST ROUND**
South Summit 2, Emery 0
Prov. Hall 8, Summit Acad. 0

Region 18 Girls Soccer

10/3 Parowan 1, Millard 0
Beaver 4, Grand 3
10/5 Parowan 9, South Sevier 1
Millard 3, Beaver 2, OT
Grand 5, San Juan 0

Region 9 Volleyball

10/3 Desert Hills 3, Pine View 0
Snow Canyon 3, Dixie 0
Hurricane 3, Crimson Cliffs 0
10/4 Canyon View 3, Cedar 2
10/5 Desert Hills 3, Snow Canyon 0
Crimson Cliffs 3, Pine View 0
Cedar 3, Hurricane 0

Region 12 Volleyball

10/3 Carbon 3, Canyon View 1
Richfield 3, Juab 1
Manti 3, Delta 1
10/4 Canyon View 3, Cedar 2
Emery 3, North Sanpete 2

Region 18 Volleyball

10/3 Parowan 3, Millard 1
Enterprise 3, South Sevier 1
10/5 Parowan 3, Water Canyon 0
Millard 3, Beaver 0

STANDINGS

RPI RANKINGS IN PARENTHESES

Region 9 Football

	REGION	OVERALL
Crimson Cliffs (2)	5-0	8-1
Dixie (13)	4-1	4-5
Snow Canyon (8)	3-2	6-3
Desert Hills (11)	3-2	4-4
Cedar (14)	2-3	3-5
Pine View (18)	1-4	3-5
Hurricane (24)	0-6	1-8

3A South Football

	REGION	OVERALL
Richfield (1)	4-0	9-0
Manti (2)	3-1	7-2
Canyon View (3)	2-2	7-2
Juab (6)	2-2	5-4
N. Sanpete (10)	1-3	2-7
Carbon (12)	0-4	1-8

1A South Football

	REGION	OVERALL
Enterprise (3)	3-0	9-0
Beaver (2)	3-0	8-1
Kanab (4)	1-2	5-4
Milford (7)	1-2	4-5
Parowan (10)	0-4	0-9

Region 9 Girls Soccer

	REGION	OVERALL
Desert Hills (6)	10-2	13-4
Crimson Cliffs (8)	10-2	12-4
Snow Canyon (11)	9-3	12-5
Cedar (19)	5-7	8-9
Dixie (20)	5-7	5-11
Hurricane (24)	2-10	4-12
Pine View (26)	1-11	1-14

Region 12 Girls Soccer

	REGION	OVERALL
Canyon View (1)	13-1	15-2
Manti (3)	11-3	13-3
Carbon (7)	10-4	11-5
Delta (5)	9-5	10-6
Richfield (9)	6-8	8-8
Juab (12)	5-9	5-11
N. Sanpete (13)	3-11	5-11
Emery (17)	0-14	0-17

Region 18 Girls Soccer

	REGION	OVERALL
Parowan (1)	10-0	12-2
Millard (4)	8-2	9-4
Grand (8)	5-5	5-5
Beaver (10)	5-5	6-8
S. Sevier (12)	1-8	4-10
San Juan (15)	0-9	0-10

Region 9 Volleyball

	REGION	OVERALL
Desert Hills (4)	10-0	20-9
Cedar (7)	9-1	16-7
Hurricane (6)	7-3	20-7
Snow Canyon (10)	6-4	16-7
Crimson Cliffs (18)	3-8	8-19
Dixie (20)	1-9	5-15
Pine View (26)	0-11	0-20

Region 12 Volleyball

	REGION	OVERALL
Carbon (1)	9-2	16-3
Emery (2)	8-3	20-3
Manti (5)	8-3	16-9
Canyon View (3)	7-4	14-6
Delta (7)	5-6	10-11
North Sanpete (12)	4-7	8-14
Richfield (10)	3-8	9-12
Juab (14)	0-11	7-15

Region 18 Volleyball

	REGION	OVERALL
Parowan (1)	8-0	19-0
Kanab (2)	8-1	17-4
S. Sevier (10)	5-4	13-11
Enterprise (12)	5-4	12-14
Millard (7)	4-5	11-8
Beaver (17)	2-8	6-9
Water Canyon (21)	0-10	2-11

SCHEDULE

Region 9 Football

10/11 Desert Hills at Cedar
Dixie at Crimson Cliffs
Pine View at Snow Canyon

3A South Football

10/11 North Sanpete at Richfield
10/12 Canyon View at Carbon
10/13 Juab at Manti

1A South Football

10/13 North Sevier at Parowan
Enterprise at Beaver
Kanab at Milford

Region 9 Girls Soccer

10/10 **4A PLAYOFFS, SECOND ROUND**
Cedar at Park City
Provo at Green Canyon
Mtn. Crest at Crimson Cliffs
Logan at Ridgeline
Uintah at Timpanogos
Snow Canyon at Desert Hills
Murray at Mountain View
Sky View at Stansbury

10/12 **4A PLAYOFFS, QUARTERFINALS**
Teams TBA

Region 12 Girls Soccer

10/11 **3A PLAYOFFS, SECOND ROUND**
South Summit at Canyon View
Providence Hall at Ogden
Richfield at Judge Memorial
North Sanpete at Morgan
Juab at Delta
Ben Lomond at Carbon
Grantsville at Manti
Union at Juan Diego

10/14 **3A PLAYOFFS, QUARTERFINALS**
Teams TBA

Region 18 Girls Soccer

10/11 **2A PLAYOFFS, FIRST ROUND**
UMA Hill Field at Parowan
Draper APA at Grand
Am. Leadership at Millard
South Sevier at St. Joseph
San Juan at Waterford
Beaver at Am. Heritage
APA W. Valley at Rowland Hall
North Summit at Maeser Prep

10/14 **2A PLAYOFFS, QUARTERFINALS**
Teams TBA

T-Birds top Texans in tight Conference tilt

by Regan Hunsaker

ASSISTANT AD, SUU SPORTS INFORMATION

STEPHENVILLE, Texas — In a thrilling comeback effort, Southern Utah triumphed in a battle with the Texans of Tarleton State 27-26. The game featured impressive second-half performances on both sides of the ball for the Thunderbirds culminating in a defensive score to seal the victory.

Head Coach DeLane Fitzgerald said, "We didn't do anything right in the first half of the game... but I am really proud of the way our guys came out in the second half and finished that game. We have got a lot of guys that are going to be exceptional in life after football because they finish what they start."

The Thunderbirds received the opening kickoff and after moving the ball a bit turned it over on an interception in the middle of the field. The Texans took advantage of the miscue and drove the short field scoring on a 14-yard touchdown pass. The T-Birds drove nearly the length of the field before the Texans made a fourth down stop to turn the ball back over.

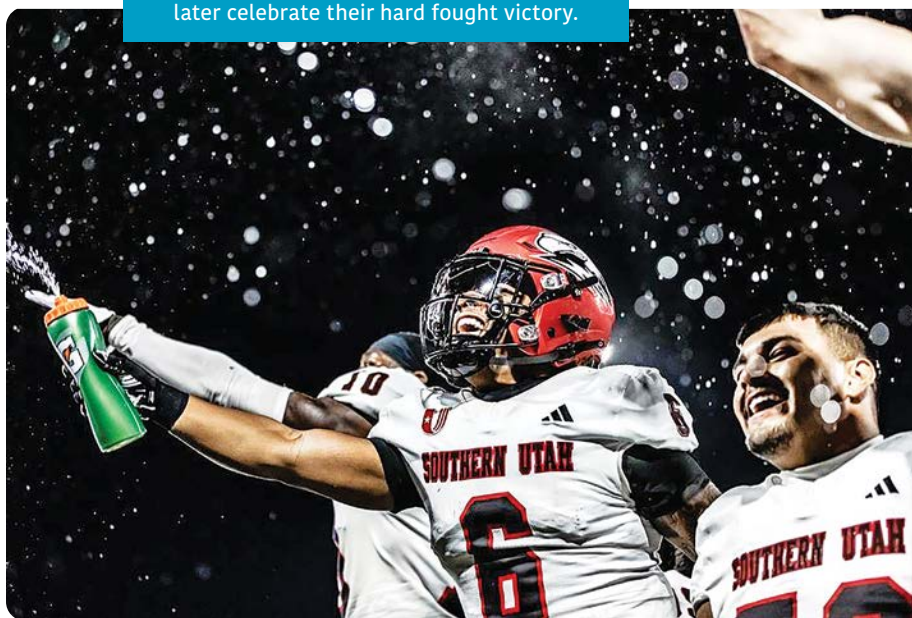
Tarleton started the second quarter by booting a 35-yard field goal extending the lead to 10-0. The Thunderbirds once again seemed to have the offense clicking but the drive stalled at about the 35-yard line. The Texan offense remained steady moving the ball well into plus territory before settling for a 40-yard field goal to make the score 13-0. Tarleton would add to their lead once more before the half with a rushing touchdown bringing the halftime score to 20-0.

The second half of the game started slow for both teams but the T-Birds were finally able to break through on a 48-yard touchdown from Justin Miller to freshman Anson Kraut. Southern Utah scored again just a few minutes later when Miller found Timothy Patrick for a five-yard touchdown to make the score 20-14 in favor of the Texans.

Tarleton bounced right back in their ensuing drive marching down the field to score another touchdown. The Texans attempted a 2-point conversion but failed making the score 26-14. The Thunderbirds refused to go



SUU's Joshua Acord races past the defense for the end zone and the Thunderbirds would later celebrate their hard fought victory.



PHOTOS COURTESY SUU

quietly though as Miller would throw his third touchdown of the game finding Targhee Lambson in the corner of the endzone to bring Southern Utah back within one score. The Thunderbird defense would deliver the final blow in the comeback as Rylen Sua-Filo and Trevon Gola-Callard forced a fumble that was scooped up by Josh Lopez who returned it for a Touchdown. The defense would hold the Texans on the final drive to give Southern Utah its first United Athletic Conference victory of the year.

The Thunderbirds will head into the bye week and have extra time to prepare for a home matchup with Austin Peay on October 21st. The United Athletic Conference matchup with the Governors will kick off at 6:00 p.m. MT and will be broadcast on ESPN+.

Reddick reaches Round of 8 just in time

by Tom Zulewski

IRON COUNTY TODAY

With the Round of 8 getting under way this weekend at the 2023 NASCAR Cup playoffs, Tyler Reddick wasn't about to feel any pressure. In his first year with the 23/XI race team, Reddick has done more than enough to be among the contenders. After a sixth-place finish at the ROVAL at Charlotte Motor Speedway on Oct. 8, Reddick had his breakthrough and stayed in contention for his first NASCAR Cup Series Championship as he heads to Las Vegas Motor Speedway on Sunday for the South Point 400.

Coming into the road-course race at Charlotte, Reddick was ninth in the points, only two behind Brad Keselowski for the last spot in the penultimate round of the playoffs. It was a deficit he treated as a positive.

"There's no pressure. Being outside by two is doable," Reddick said in an interview before the ROVAL race. "It's good pressure and helps me motivate myself. We're not stressing over every little thing."

Reddick led 27 of the 109 laps last week and earned 17 points with a win in Stage 1 and a fourth-place run in Stage 2. Thanks to five cautions for on-track incidents over the final 30 laps, it helped the driver of the No. 45 Toyota comfortably lock in his spot for a shot at the Cup. While points were in focus to end the Round of 12, Reddick believes they won't matter as much for the Round of 8 when it starts at Las Vegas on Sunday.

"Vegas is super important," Reddick said. "If we



JARED C. TILTON, GETTY IMAGES

Tyler Reddick won the pole and finished 6th in the NASCAR Cup Series Bank of America ROVAL 400 at Charlotte Motor Speedway on Oct. 8.

can take care of business there, we can detail the setup and prep to do well for the Championship 4." Reddick has wins in 2023 at Circuit of the

Americas in March and the 1.5-mile layout at Kansas Speedway in the first round of the playoffs last month. The native of Corning, Calif., likes the track he'll be running on at Las Vegas.

"It doesn't have quite as much (tire) falloff, but more bumps," he said. "(Turns) 1 and 2 are rough, 3 and 4 are tricky. Vegas is always a blast to race for me, and it's always felt pretty good."

"Being outside by two is doable. It's good pressure and helps me motivate myself. We're not stressing over every little thing."

Tyler Reddick

The 23XI Racing driver finished 15th in the spring race at LVMS, but that approach changes now with a trip to the Championship 4 at Phoenix available for the taking and races at Homestead-Miami and Martinsville on the immediate horizon.

"We're not thinking points in the Round of 8," Reddick said. "We can win one of these three, and we've been fast. I like our situation and a million things can happen."

Qualifying for the South Point 400 at Las Vegas happens Saturday starting at 11:30 a.m., and the 267-lap race runs Sunday at 12:30 p.m. with live coverage on NBC (KSL, Channel 5 locally).

SUU soccer earns 100th win in program history

by Aiden Mortensen

FOR IRON COUNTY TODAY

EDINBURG, Texas — On Thursday, Oct. 5, the Southern Utah University women's soccer team traveled to Edinburg, Texas to take on the University of Texas Rio Grande Valley Vaqueros in a conference matchup and came away with a 2-1 comeback victory.

As has been a theme with the Thunderbirds this season, the first half was a defensive battle, with only six shots on goal between the two teams. This trend held until the 44th minute, just ten seconds before halftime, when Vaqueros graduate student Jeweleen Reuille was found on the cross by junior Sydney Hammond, resulting in a goal for UTRGV, giving them the lead at half 1-0.

SUU applied the offensive pressure to open up the second half, and in the 59th minute freshman Steph



COURTESY SUU

Roper connected on a quick touch pass to redshirt sophomore Whitney Gardner for the equalizer.

Hungry for the win, the Thunderbirds would not let up, in the 68th minute, when junior Allison Keller took a shot from near midfield and was able to sneak it by the goalie, giving SUU the lead 2-1.

The Thunderbirds held on to win 2-1, the 100th win in program history, moving them to 1-7-5 overall and 1-2-1 in conference play. The loss slides UTRGV to 3-8-2 overall and 1-4 in conference play.

Coach Kai Edwards shared, "Down a goal at the half, hadn't won in a while and they came out in the 2nd half with a big-time performance. I couldn't be more proud of this team. We will enjoy the next 24 hours and not even think about Sunday yet. Right now we will enjoy this."

For all the latest on Southern Utah Soccer, follow @SUUSoccer on Twitter and Instagram and like the Southern Utah Soccer Facebook page.

Time to empty the notebook

The weather is close to reaching fall chill status, we still have three more weeks of daylight “savings” time, and the playoffs are in full swing – for high school as well as NASCAR. For no particular reason, it’s time to clean out the notebook and deliver the sports news nuggets that won’t wreck your diet.

How hard is it to do the simple act of reporting your scores? The 3A girls soccer playoffs had two play-in games that may not seem like a big deal – Providence Hall played Summit Academy and South Summit hosted Emery. Both games featured teams that had a combined total of nine wins on the season, but that’s not the point here. With the RPI, however flawed it may be, every team has a shot to continue its season with a victory. This means a future opponent is involved, and they need to know who they’ll be facing. In the case of South Summit vs. Emery, we had to wait nearly a full 24 hours before the game score was finally confirmed. It may not have mattered to the rest of us, but Canyon View was finally able to learn they needed to get ready for the Wildcats, who shut out Emery 2-0 at home with both goals coming in the second half.

It’s good to see locals who are kicking tail and taking names in the NFL, and the biggest one is SUU alum Miles Killebrew. Serving as special teams captain for the Pittsburgh Steelers, Killer set a stellar example as he blocked a punt that led to a fourth-quarter safety, and the Steelers wiped away a 10-3 deficit to beat the Baltimore Ravens, 17-10. While the 3-2 record and share of first place in the AFC North is nice, the offense under coordinator Matt Canada still needs serious work.

Killebrew’s former team, the Detroit Lions, has Desert Hills grad Penei Sewell on its offensive

line, and he’s a big part of why they’re sitting at 4-1 after a 42-24 rout over the winless Carolina Panthers. The Lions’ offense has produced more than 20 points in 14 straight games, and they’re 12-3 in the last 15.

In related TV news, Detroit’s road game at Tampa Bay next week has been “flexed” to a 2:25 p.m. kickoff that will air on Fox. Chances are pretty good we’ll get to see the game here as of this writing, and the maps came out Wednesday.

As the 4A football RPI stands heading into the regular-season finale, Cedar was in reasonably good shape at No. 14 as they got ready to face Desert Hills. The Thunder were 4-4 and the rested

Reds were 3-5 coming off the bye week, so a win will probably secure a home game for the first round of the state playoffs.

Coolest thing ever: A.J. Allmendinger held on to win the Bank of America 400 at the

Roval road course at Charlotte Motor Speedway, and it was special in more ways than one. The in-car camera caught the Kaulig Racing driver shedding tears of joy as he celebrated his third career win in 426 Cup starts.

His reasons were clear as he spoke to Marty Snider of NBC Sports in the post-race celebration.

“I hate crying right now, but it’s a freakin’ Cup race, man,” Allmendinger said. “You don’t know when it’s ever going to happen again.”

He’s preaching to the choir here, and I love seeing his joy in more ways than one. When you love what you do, through all the struggle and hard work, it never feels like work.

Follow Tom Zulewski on X – the artist formerly known as Twitter – @TommyZee81 or email tominator19@yahoo.com.

RANDOM thoughts

Tom Zulewski
IRON COUNTY TODAY



TOM'S SPORTS TRIVIA

More general madness from the week highlights the dirty dozen. We go all over the place with pride and hope you've been paying attention to sports stuff everywhere you look. Please remember...no wagering!

1. Major League Baseball's best-of-3 wild card playoff round saw all four series end in two-game sweeps. What two ROAD teams advanced by beating the Tampa Bay Rays and Milwaukee Brewers, respectively?

2. The Tampa Bay Rays ended a 33-inning scoreless drought late in Game 2 of its wild-card round playoff series, just missing the all-time mark. What National League team and 2020 World Series champ still holds the record with 34 scoreless innings?

3. What NBA head coach said this about the Los Angeles Lakers after his team beat them on the way to winning its first NBA title last season: “If they’re still worried about us, that’s on them?”

4. Who is the defending champion of the NASCAR Cup Series South Point 400 that will run at Las Vegas Motor Speedway on Sunday? He’s won at the 1.5-mile track three times.

5. Who is the New York Jets running back that returned to Denver last week a year after tearing his ACL? Who is his head coach that said he was “no longer on a pitch count?”

6. Despite failing to make the playoffs this season, it was announced last week that Bob Melvin will return to manage what

National League team in 2024?

7. What NBA team announced it will field a new WNBA entry that will begin play as an expansion franchise for the 2025 season?

8. What school located in Baltimore canceled its football game against Stony Brook last week after an on-campus shooting left five students wounded?

9. What Philadelphia 76ers star announced plans to play for Team USA at the 2024 Olympics in Paris?

10. The Vegas Golden Knights kicked off defense of its Stanley Cup title by facing what Pacific Division rival in the season opener that was played Oct. 10?

11. What two players whose teams are still in the playoffs – one from each league – finished in the top 5 in batting average for the 2023 season?

12. Two schools from Kentucky were new entries in the AP Top 25 college football rankings. Which SEC school debuted with the higher ranking at No. 20 following a 33-14 win over Florida last week?

LAST WEEK'S ANSWERS

- 1993.
- New York Mets. The game ended up unfinished.
- Baltimore Orioles.
- Quarterback Jared Goff.
- 21.
- Bryce Harper. Harper also autographed the helmet.
- Michael Oher.
- Joe Namath,
- Justin Jefferson.
- Mel Tucker.
- Ryan Day.
- Curt Schilling.



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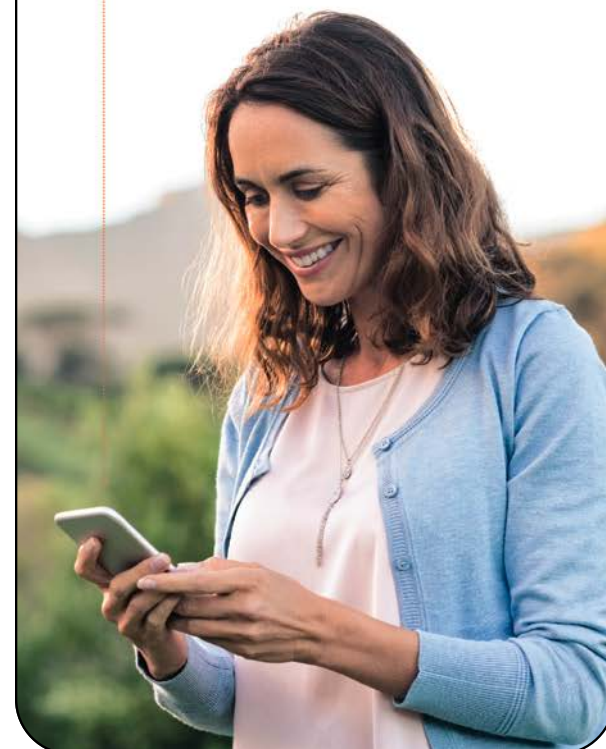
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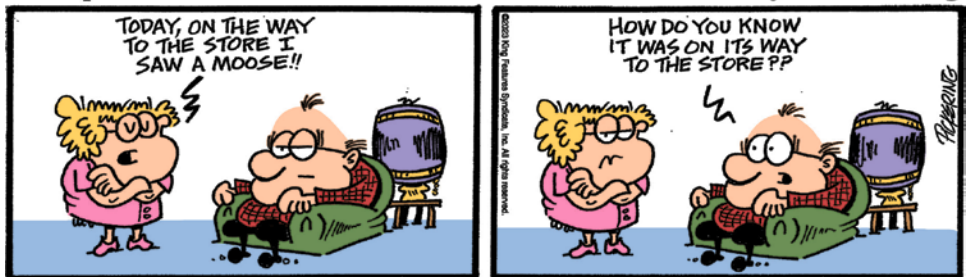
on



by Dave T. Phipps

**TIGER****The Spats**

by Jeff Pickering

**Weekly SUDOKU**

by Linda Thistle

		6		4			1	
	3		9			8		
4				2	5			7
1				3			9	
		2	7					1
	6				8	3		
		8		7		4		
	1		5					9
5					4		6	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

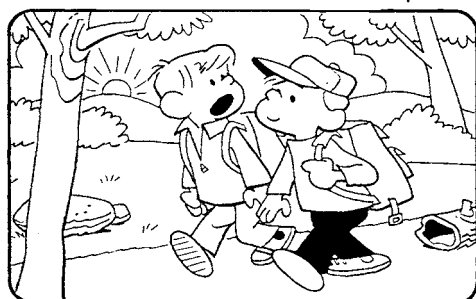
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HOCUS-FOCUS

BY HENRY BOLTIKOFF



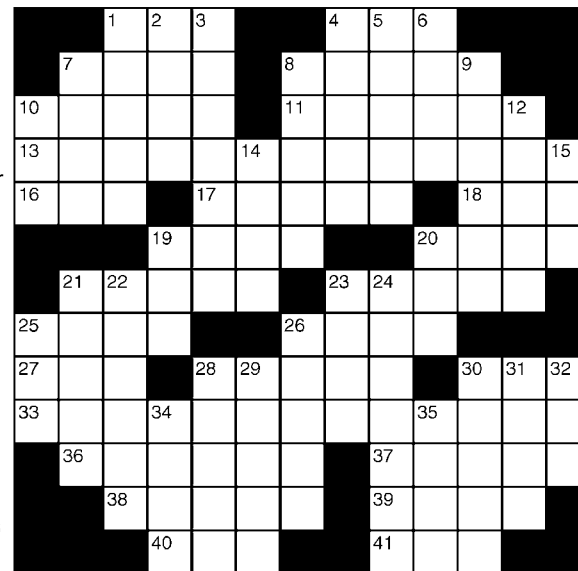
Find at least six differences in details between panels.



Differences: 1. Sign is missing. 2. Cap is missing. 3. Jacket is opened. 4. Cuffs are missing. 5. Flashlight is missing. 6. Rabbit is missing. 7. Flashlight is missing. 8. Flashlight is missing. 9. Flashlight is missing. 10. Flashlight is missing.

King Crossword**ACROSS**

- 1 Big mouth
4 Scoundrel
7 Actress Rogers
8 Underneath
10 Choir member
11 Loves to pieces
13 Woven containers
16 Raw mineral
17 Levels
18 Cistern
19 Pet food brand
20 Feel sorry for
21 Answers an invitation
23 Sandbox toys
25 Dandies
26 Billions of years
27 Simile part
28 Egypt's Mubarak
30 Pallid
33 Company codes used at a stock exchange
36 Journalist Bly
37 Bakery smell
38 Japanese wrestlers
39 Minelli of "Arthur"



- 40 AOL rival
41 Tofu source
10 Tango team
12 Sports figures
14 Eyeglass frames
15 Pigs' digs
19 Hosp. hook-ups
20 Math ratios
21 Cello bow application
22 Parking spots
23 Shetland, for one
24 Cracker shapes
25 Corpulent
26 Road curves
28 Big wheels at sea
29 Hunter in the sky
30 Lightheaded
31 Mater lead-in
32 Code-breaking gp.
34 Heidi of "Project Runway"
35 Vivacity, in music

DOWN

- 1 Chop finely
2 Out of control
3 Spy's device
4 Fragrant wood
5 At — for words
6 Dweeb
7 Israel's Golda
8 Innocents
9 Cotton pest

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1. GEOGRAPHY: Which body of water lies between Alaska and Russia?
2. TELEVISION: What city is the setting for the dramatic series "The Wire"?
3. U.S. PRESIDENTS: What is President Joe Biden's Secret Service code name?
4. MOVIES: What is the name of the island in "Jurassic Park"?
5. MUSIC: What is the pop band that The Dude dislikes in "The Big Lebowski"?
6. SCIENCE: Which metal conducts electricity best?
7. HISTORY: What is believed to be the oldest system of writing?
8. ANATOMY: What is the longest muscle in the human body?
9. U.S. STATES: Which two states don't observe Daylight Savings Time?
10. ASTRONOMY: In which constellation can you find the Horsehead Nebula?

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8	9	1	4	6	2	3	7	5
6	7	2	3	8	5	4	1	9
3	5	4	1	7	9	8	2	6
4	2	3	8	5	1	6	9	7
1	8	5	6	9	7	2	4	3
9	6	7	2	3	4	5	8	1
7	3	9	5	2	8	1	6	4
5	4	8	9	1	6	7	3	2
2	1	6	7	4	3	9	5	8

Answer

Weekly SUDOKU

A	O	S		N	S	M		
V	M	O	R	T	L	E	S	
A	V	A		S	O	M	S	
S	T	O	B	A	S	E	R	S
N	A	M		I	N	S	O	H
S	N	O		E	S	P	O	F
S	L	S		P	A	V	S	
V	A	T		P	I	T		
S	T	E	R	S				
S	K	E	T	S				
S	A	D	O	R	E	S		
S	B	E	L	O				
S	C	A	D					

Solution time: 24 mins.

Answers

King Crossword

1. Bering Strait; 2. Baltimore, Maryland; 3. Celtic; 4. Isla Nublar; 5. The Eagles; 6. Silver; 7. Cuneiform; 8. Sartorius, which stretches from the pelvis to the knee; 9. Arizona and Hawaii; 10. Orion.

Trivia Test Answers

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