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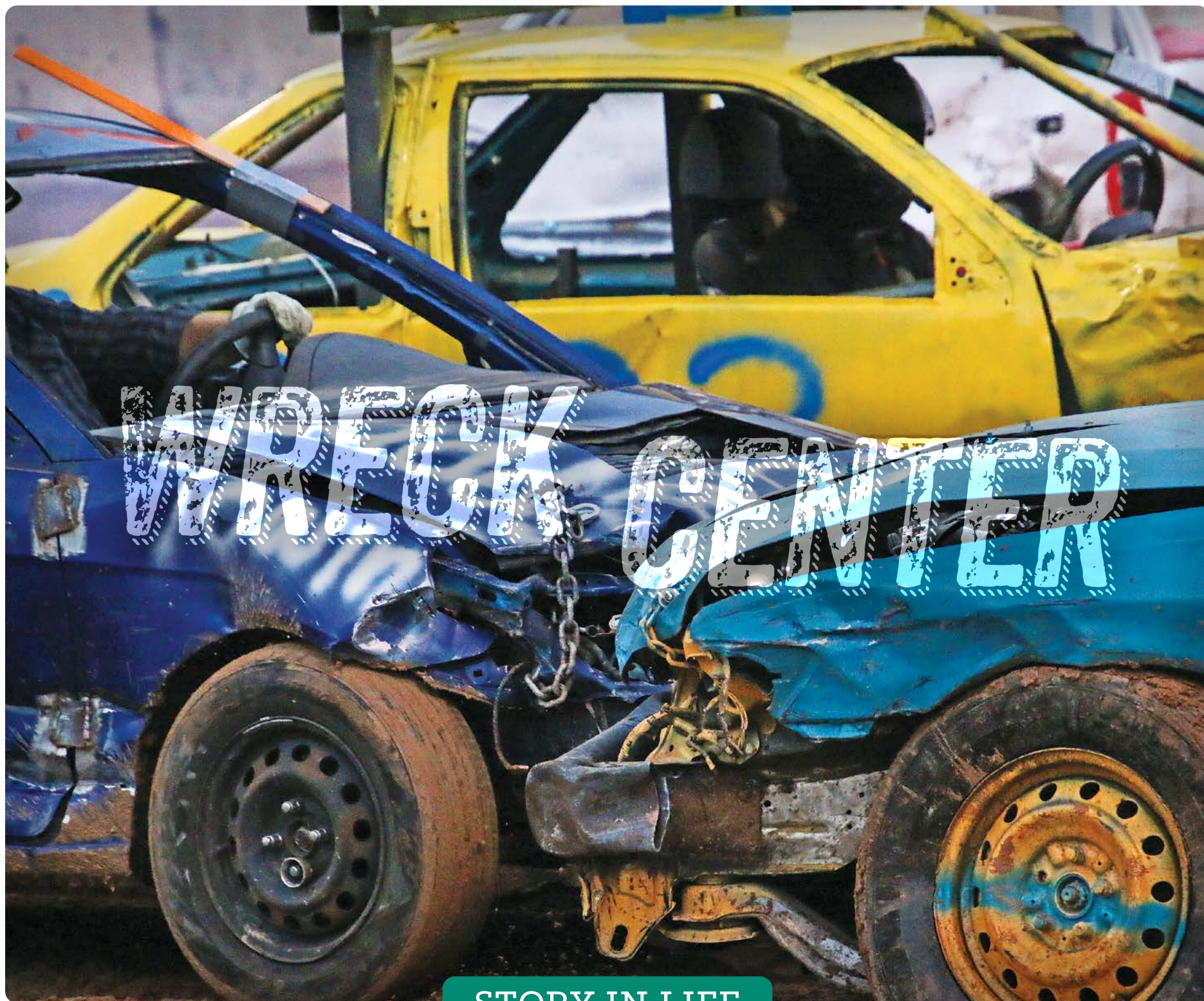
sports

Canyon
View offense
delivers, holds
off Panthers



IRON
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today



STORY IN LIFE

COREY BAUMGARTNER



GABRIELLE COSTELLO

(L to R) Off-duty CCFD Firefighter Brenton Ferraro, lifeguards Ben Jenkins, Bret Christiansen, Preston Remick, Renee Rodriguez, Kyle Lunt, and patron Paul Maggio

Aquatic Center lifeguards and patrons celebrate three heroic saves

by Gabrielle Costello

CEDAR CITY PUBLIC INFORMATION OFFICER

The Cedar City Aquatic Center had a busy summer with 50,568 patrons visiting between Memorial Day and August 11th, and teaching 561 swimming lessons from June to July. At the peak of the summer, 80 lifeguards were on staff tending to the many visitors who frequented the facility.

Aquatic Center Manager, Marcie Burrill, explained how the lifeguards complete a class of 32 hours, followed by a skills test, and then are required to perform in-service training every time they are on shift.

“Our lifeguards are constantly training and keeping up on their certification so they can be ready in the event that life-saving measures are needed, which thankfully isn’t often”

Marcie Burrill

On Wednesday, August 16th, lifeguards and patrons who were involved in three recent saves this summer were recognized at the Cedar City Council Meeting. “Our lifeguards are constantly training and keeping up on their certification so they can be ready in the event that life-saving measures are needed, which thankfully isn’t often,” said Marcie Burrill.

The patrons in attendance during one of the saves happened to be two EMTs, one a firefighter with Cedar City Fire Department. Both men jumped in and assisted lifeguards, resulting in a positive outcome.

After a brief photo and presentation, the City Council members asked to shake the hands of the lifeguards and patrons to thank them for their service and efforts to keep our community safe.

The Aquatic Center is always recruiting lifeguards, and offers many chances throughout the year to become certified, if you or someone you know is interested. As a year-round facility, regular fall hours have resumed with school back in session, and the staff is looking forward to continuing to provide excellent service for all who visit.

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Newly opened Gym provides versatility for physical, mental training in Cedar City

by Corey Baumgartner

IRON COUNTY TODAY

Local athletes leapt, flipped and jumped for joy (literally) during the grand opening of the Red Peak Gym, Cedar City's first ever multi-sport facility. What was once a dream of owners Kari and Dave Louthan, is now a reality that will benefit the community in many ways.

Ever wonder where tumblers train, acro and ariels dance through the air, and ninjas improve their skills? What about those who want to upgrade their expertise in dance, ballet, martial arts and find more flexibility in their physique? What about improving the mind through education and even learning a new language like Spanish or Chinese? The perfect place now exists. Welcome to Red Peak Gym, where you can truly learn to "Elevate Your Body and Mind."

The gym is built on what was once farmland, owned by Sage Lunt Platt and her husband Steve. After purchasing the land, Red Peak Gym is now a fully-functioning professional training and competition location that will benefit athletes of all ages throughout Iron County and beyond.

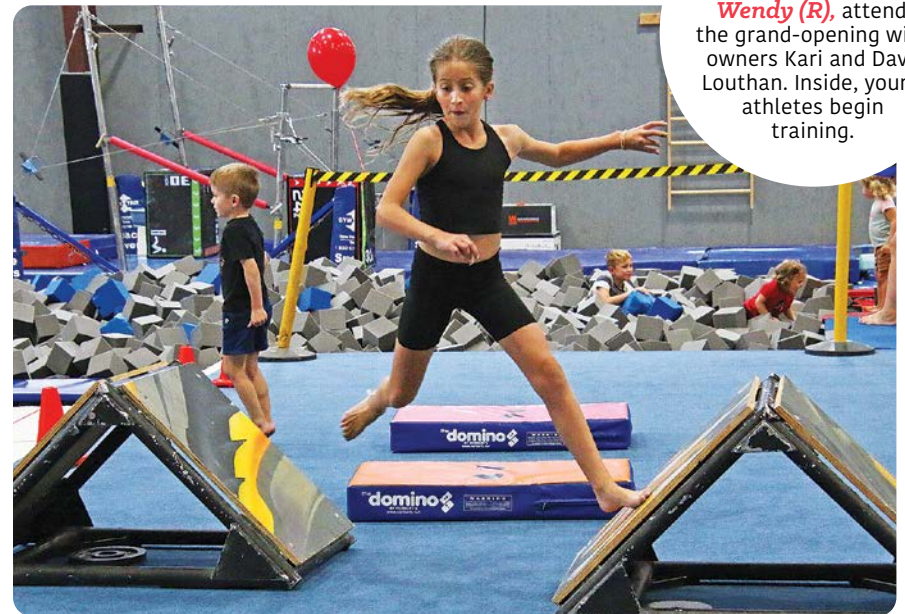
"We are so grateful for the Platts and the dedication to the community," expressed the Louthans. "We are proud of the pioneer heritage of this place and we hope to honor it by providing positive opportunities for growth."

While the gym's primary audience are those who are 2-16 years old, Kari shared that "the beautiful part about our program is that Cedar City never had a competitive gymnastics program and now we providing that service to the community."

Speaking about the experience and expertise of the training and classes offered at Red Peak Gym, she added, "All of our programs have five years+ of curriculum built into them. And these are programs that improve your physical health, but also seek to



Cedar City Mayor Garth Green and his wife Wendy (R), attend the grand-opening with owners Kari and Dave Louthan. Inside, young athletes begin training.



PHOTOS BY COREY BAUMGARTNER

"...these are programs that improve your physical health, but also seek to help you to connect with your soul and improve every aspect of your health regimen"

Kari Louthan, owner

help you to connect with your soul and improve every aspect of your health regimen. The red triangle (the letter A) in logo of the Red Peak Gym

purposely indicates the focus on Body, Mind and Soul.

This means that Red Peak Gym means business when it comes to

health and also competition. Kari shared several goals of the Gym is to not only become a host site for local gymnastic competitions, but for national and eventually international competitions. Red Peak Gym is also ready to be the host site for the Utah Summer Games for parkour, American Ninja Warrior, Allstar Cheer and many other competitions that require such a state-of-the-art facility.

see **RED PEAK** » 10

opinion

FROM THE EDITOR

Who you gonna call?

There's a definite dread that occurs when you witness water pouring in through your basement windows during a downpour. Add to that a jolt of panic as you hear the crackle of electricity from outlets and surge protectors as the water begins to rise. It's not only dangerous, but the aftermath can bring a different kind of flood, one of anxiety and a sense of despair thinking about the damage and disrepair the deluge delivered.

Who would you call in such a moment?

Sometimes things happen

so fast, there isn't time to call, but what about afterwards? Do you have someone you can call to help you clean-up the mess and even make necessary repairs to help prevent peril in the future?

And what happens when things are

damaged that cannot be repaired, or even replaced like photo albums, artwork, books and other media that are important to your life and family? Are they stored only on your phone or computer? If so, I encourage you to find a safe, reliable way to back them up. Not only in the case of flood and fire, but theft, loss and any other kinds of damage. Because these can be the worst things of all to lose and hardest to replace, if possible.

The bottom line, life is full of storms. Accidents, mistakes and the unexpected will happen. Protect most the things you value the most. Yes, this includes people. Keep important documents, photos, etc. in a place where they are least likely to be damaged. If you keep everything in a digital format, acquire a reliable backup and put it someplace safe...like a safe.

As for other valuables in your life, meaning people—friendships and relationships—keep them as safe as you can through communication, company, and encouragement. Because there's no better port in a storm than a true friend.



COREY BAUMGARTNER
MANAGING EDITOR



QUOTE OF THE WEEK

"I think the best way to have confidence is not to allow everyone else's insecurities to be your own."

Jessie J

Local communities must explore the Metaverse!

Picture a future where tourists will visit your local attractions prior to vacationing to determine if coming is worth their time. Through technology, they will place themselves in a resort, bed & breakfast or canoe/kayak on the water while sitting in the comfort of their home trying to decide if they want to explore your area in real life. Potential move-ins of your community will stroll through your streets virtually to determine if your community is an acceptable place to live. Want to showcase your community to potential businesses looking to relocate? Want to provide an attraction that will excite younger generations providing them incentive to remain around after graduation? Well, all of this is currently possible and will be mainstream in the not-so-distant future. Welcome to the Metaverse!

What is the Metaverse? The Metaverse isn't one thing, but keeping it simple, it is the process of creating a virtual and digitized world. To perfect

the Metaverse, businesses and communities will incorporate many new technologies. These might include the blockchain, augmented reality, artificial intelligence, data, and other hardware and technologies.

I get it, technology can be very intimidating. The smaller the business and community, the more daunting it will appear. That is no excuse. Let's face it, the businesses and the communities surviving in the future will be those understanding and ultimately embracing new technologies. Certainly, there is a place for traditional or legacy systems and methods in both our communities and businesses, but those alone

will prove inadequate to meet the needs of consumers and residents. It will be those businesses and communities systematically throwing off the ineffective systems of yesteryear and replacing them with the power and finesse of the upcoming data and technology boom.



JOHN A. NEWBY
COLUMNIST

IRON COUNTY today

479 N 100 W, Suite 1
Cedar City, Utah 84721

Ph: 435-701-9981
Fax: 435-867-1866

IronCountyToday.com

ADMINISTRATION

OFFICE MANAGER

officemanager@
ironcountytoday.com
435.701.9981

EDITORIAL

Corey Baumgartner

MANAGING EDITOR

news@ironcountytoday.com
435.701.9982

Tom Zulewski

SPORTS REPORTER

tominator19@yahoo.com

ADVERTISING

Patti Bostick

SALES MANAGER

patti@ironcountytoday.com
435.701.9983
(c) 435.592.1030

LAYOUT/DESIGN

Devin Christ

CREATIVE DIRECTOR

design@ironcountytoday.com
435.701.9984

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see **METaverse** » 10

Iron County portion of Three Peaks Recreation Area closed Sept. 1-3 for bike race

from Maria Twitchell

FOR IRON COUNTY TODAY

Iron County Parks and Recreation is notifying the public that their recreation facilities, including the county campground, group pavilions and Iron Sides disc golf course, will be closed to the public on September 1st -3rd to provide a safe and traffic-controlled area for the Utah NICA High School Mountain Bike Race.

Over 600 Region 6 high school mountain bikers, along with their parents and support team members, will be competing throughout the Three Peaks recreation site. The public is asked to be aware of and respect the race closures and to maintain a slow speed at all times if choosing to be in the greater Three Peaks area. There will be sections of Three Peaks operated by the Bureau of Land Management that will also be closed for the race, however, the Rocky Peak campground will be open but with limited access during race times. The County Shooting Range, BLM Model Port and Shooting Range Road will remain open.

According to Iron County Parks and Recreation

“Three Peaks Recreation Area is a premier facility to host an event of this magnitude. We hope the public will be patient with our decision to close facilities during the holiday so we can provide the absolute safest environment for the kids who are participating.”

Maria Twitchell, Iron County Parks and Recreation Director

Director Maria Twitchell, “We are thrilled to once again be hosting the NICA High School Cycling League for their Region 6 cross country mountain bike race. Three Peaks Recreation Area is a premier facility to host an event of this magnitude. We hope the public will be patient with our decision to close facilities during the holiday so we can provide the absolute safest environment for the kids who are participating.” The county park will reopen to the public on Monday, September 4th.

For questions regarding the closure of the County portion of Three Peaks Recreation Area, contact the Iron County Parks and Recreation

office at 435-586-5124 or email mtwitchell@ironcounty.net. Contact for NICA High School Cycling League is Ginger Hall, (806) 473-7915 or ginger@utahmtb.org.

WORD OF THE WEEK

SHENANIGANS

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4 WARN WEATHER



IRON COUNTY FORECAST

A STORMY AND RELATIVELY COOL END TO THE WORKWEEK. BY THE WEEKEND, THE MOISTURE WILL BEGIN TO DWINDLE, RESULTING IN A LOWER CHANCE OF SHOWERS AND THUNDERSTORMS AS DAYTIME HIGHS RETURN TO THE 80S. THE BEGINNING OF NEXT WEEK LOOKING MOSTLY DRY WITH HIGHS IN THE MID 80S AND LOWS NEAR 60.

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Thunderstorms 74°/56° PRECIP: 80% WINDS: SSW 5-10
FRIDAY
Chance Storms 78°/57° PRECIP: 50% WINDS: SSW 5-10
SATURDAY
Chance Storms 82°/58° PRECIP: 20% WINDS: SSW 10-15
SUNDAY
Chance Storms 83°/58° PRECIP: 20% WINDS: S 10-15
MONDAY
Partly Cloudy 85°/59° PRECIP: 0% WINDS: S 10-15
TUESDAY
Mostly Sunny 86°/60° PRECIP: 0% WINDS: S 10-15
WEDNESDAY
Partly Cloudy 84°/58° PRECIP: 10% WINDS: SSW 10-15

ENOCH CITY COUNCIL

Enoch City Council welcomes newest councilmember

by Neil Joslin

FOR IRON COUNTY TODAY

Bob Tingey was interviewed last Wednesday evening at the council's regular meeting and was voted as the new member of council. He will replace councilman Richard Jensen, who recently resigned and moved out of the area.

Tingey is no stranger to the workings of the city, having spent fourteen of his eighteen years in Enoch on the Planning Commission. He was sworn in at the end of the regular council meeting, after being interviewed along with four other candidates. The other candidates were: Elliott Lake, Leonard Correa, Brandon Cox and Bryce Paulson. Tingey was not sworn in until the end of the meeting and did not vote on any of the issues on the council's agenda last Wednesday.

The city's Transportation Impact Fee Facilities Plan and Policy was approved, after being tabled during the meeting on August 2. Under the new policy, Transportation Impact Fees were set at \$4,000 per single family detached home. However, the council agreed to waive the first \$2,000 making the actual impact fees \$2,000. These fees will be in effect in ninety days. The Transportation Impact Fee Facilities Plan will be revisited in five to ten years. It was stressed that the impact fees are only for new growth and not for current, or existing homes in Enoch.

The original proposed transportation impact fee was \$20,865.05 per single family detached home. That's the maximum that could have been charged. Projects discussed in the recent analysis of the impact fees include road improvements from SR 130 to the Cedar Valley Belt Route, SR 130 to the I-15 Tunnel and Old Highway 91 to the Canyon Ranch Road. All projects are impact fee eligible because they are needed due to an increase in the Average Daily Traffic (ADT) caused by new growth.

The council also learned that the State Community Impact Board approved funding for a new building to house the Enoch Police Department. The final amount of the loan is yet to be determined. That amount will be revisited by all parties involved and decided on before the CIB's gives its final funding approval in October. Enoch City Manager Rob Dotson assured council the funding has been approved and the final amount will be granted in October.

Southern Utah University

Rocky Mountain Power donates scholarship funds to SUU

by Abbie Cochrane

FOR IRON COUNTY TODAY

Rocky Mountain Power Foundation continues to support Southern Utah University by dedicating thousands of dollars in scholarship money tailored for first-generation college students, the Center for STEM Teaching and Learning, and the SUU FIRST Tech

“Because of this scholarship, I am able to attend college and get an education that would otherwise be impossible. I am so grateful for your generosity,” said Lehi Moran, music major. Another music major, Nancy Johnson, also offered her thoughts on how the scholarship aided her college experience.

“You don't know how much it

Foundation is one of the largest utility-endowed foundations in the United States. Fueled by their company motto—“support the growth and vitality of the communities served by Rocky Mountain Power and Pacific Power through charitable investments”—the Rocky Mountain Power Foundation has been providing scholarship funds to



COURTESY SUU

A group of STEM educators and administrators at Southern Utah University hold the check from Rocky Mountain Power Foundation for scholarships to benefit first generation students, SUU's STEM Center, and the SUU First Tech Robotics program.

Robotics program.

Over the past 13 years, more than 100 students have received financial support from the Rocky Mountain Power Foundation to help them become the first in their families to earn a college degree. Two SUU students shared firsthand accounts of how scholarship funds from the Rocky Mountain Power Foundation impacted their college experience and helped them achieve their academic goals.

means to have this opportunity to help make my education easier to afford. It helps ease the financial burden on my family and also myself since I try to pay for as much of my schooling as I can on my own. Thank you for helping me out.”

Eligibility requires a 3.0 GPA, financial need, and first-generation student status from rural communities within PacifiCorp's six service regions.

The Rocky Mountain Power

SUU students for over a decade.

Thanks to the Rocky Mountain Power Foundation and dozens of other prestigious donors, students of all backgrounds are able to fund their education through generously provided scholarship money.

To learn more about how to submit an application for the Rocky Mountain Power Foundation scholarships, as well as other scholarships, visit the SUU Scholarship website @ <https://www.suu.edu/finaid>

Southern Utah University

Kamarie Dalton: Service Oriented Superpower

from Clare-Estelle Perkins

FOR IRON COUNTY TODAY

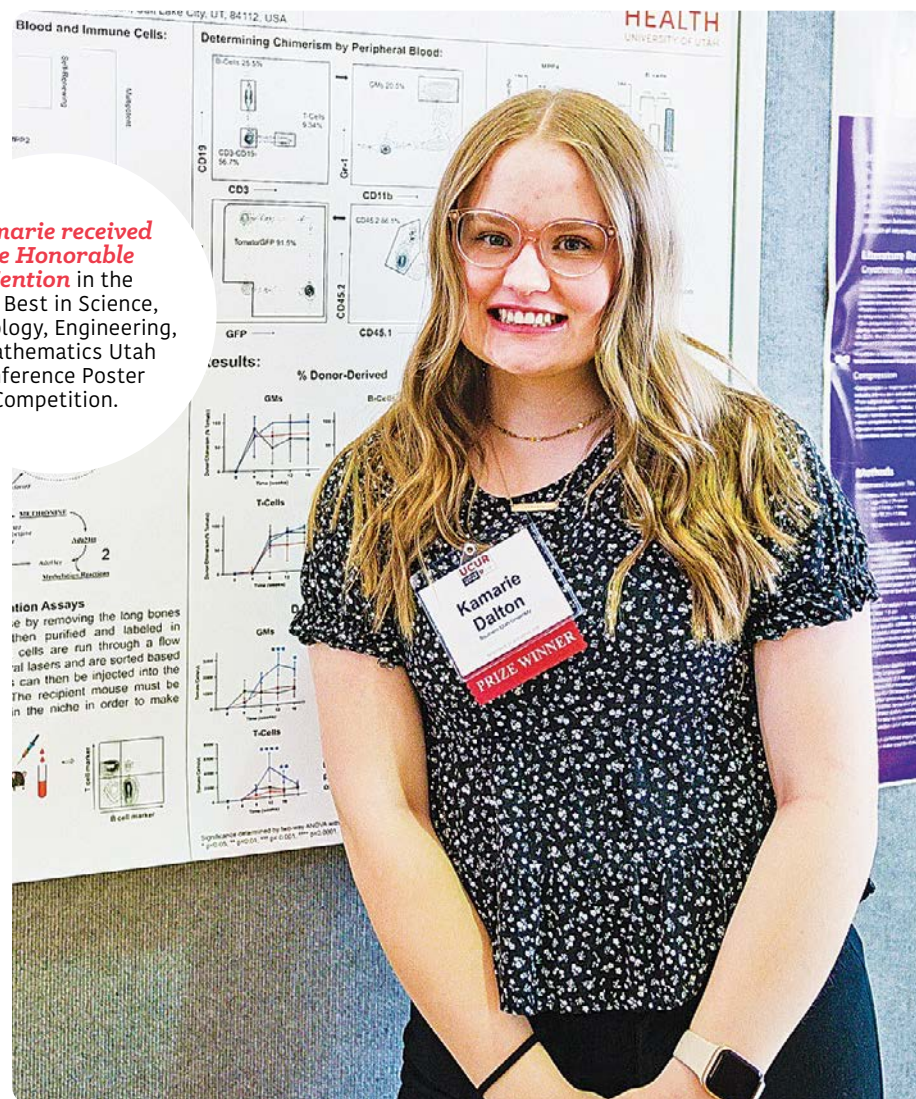
Recent Southern Utah University graduate Kamarie Dalton received awards for both her exemplary community service and academic efforts before graduating with a degree in nutrition this spring. Dalton was presented with the Georgia Beth Thompson Service during the 2023 Thunderbird Awards, and was selected for Honorable Mention in the Best in Science, Technology, Engineering, & Mathematics Utah Conference on Undergraduate Research (UCUR) 2023 Poster Competition.

Dalton has been extensively involved in service on and off campus. During her time at SUU, she has served on the Student Programming Board as an assistant athletic director and as the president of the Pre-Medical Society. Dalton is also a Service Leader in the Community Engagement Center where she manages all aspects of an after-school sports program for middle schoolers. The youth, identified by their school counselors, benefit from the carefully planned activities, positive mentorship and their time spent on campus each week—and they adore Dalton. She has positively impacted dozens of local youth.

"I am so passionate about helping people and giving back to the community, being a mentor for those that might need it and just overall being a helping hand for those in need," said Dalton. "I've been blessed with so many different things and experiences and opportunities in my life, I want to pay it forward by giving back," she shared.

Additionally, she has volunteered as a counselor at Camp Kesem, where she currently serves as the volunteer coordinator. Dalton's service has also included volunteering with the Iron County Holiday Assistance program, building a playground for a domestic violence shelter in Richfield, Utah and volun-

Kamarie received the Honorable Mention in the 2023 Best in Science, Technology, Engineering, & Mathematics Utah Conference Poster Competition.



COURTESY SUU

"I've been blessed with so many different things and experiences and opportunities in my life, I want to pay it forward by giving back"

Kamarie Dalton

teering with Bread & Soup Nite and the campus HOPE Pantry. All this love and dedication to service led her to being awarded the Georgia Beth Thompson Service Thunderbird Award. Dalton names this as one of her proudest achievements.

Dalton was also awarded Honorable Mention in the Best in Science, Technology, Engineering, & Mathematics UCUR 2023 Poster Prize, earning her a \$100 prize. This came at the end of her week-long internship at the University of Utah

in the School of Medicine's summer undergraduate research experience in Dr. Anna Beaudin's Lab. Her poster was titled "Prenatal Folate Status Influences Hematopoietic Stem Cell Function" and was the result of her research on the immune systems and health of mice aged to adulthood based on whether or not the other was given a prenatal folate supplement.

She is grateful to Professor Matthew Schmidt in the nutrition department for encouraging her to apply to this program. "Ultimately, I was able to learn so much about myself and about how to be a good researcher and how to work in a lab," said Dalton.

Dalton is grateful for the resources and opportunities SUU provided to keep her on her path. She considers the rigorous organic chemistry classes the hardest part of her college experience but is extremely grateful to the professors that helped her succeed. She took her first and last nutrition class from Dr. Nica Clark.

"Dr. Clark has been the most incredible mentor and inspiration to me," said Dalton. "She really is a master of her subject and I have loved learning from her. She has always reassured me and made me feel confident in my abilities. The entire staff of the nutrition department have been so helpful and available to me, answering all my questions and supporting me through this journey."

Dalton's advice to incoming students is to get involved, to help build their college experience into a memorable one. "When I think back on my college experience, I don't think about the classes and the homework all the time," said Dalton. "Occasionally I do, but what I'm going to remember is the many experiences I had through getting involved on campus and the friendships."

Having earned her degree, Dalton plans to start working as an ophthalmic technician at Excel Eye Center in Utah County and later apply to medical school.

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public & health

Cedar City seeks community feedback on services through digital survey

by Gabrielle Costello

CEDAR CITY PUBLIC INFORMATION OFFICER

Cedar City is home to a variety of people ranging from long-time generational residents, short-term college students, young families, business professionals, and transplants, to name a few. Every person represents a unique perspective in the growing dynamic and community of Cedar City and city officials are asking for feedback regarding services and more through a digital survey available through Thursday, August 31st. The survey should only take a few minutes, but it can result in a great impact on the future of city services by highlighting areas of improvement and areas of excellence. Visit www.bit.ly/surveycc2023 to complete the brief survey by Thursday, August 31st.

AARP offers smart driving classes

from Roland Gow

FOR IRON COUNTY TODAY

The American Association of Retired Persons is sponsoring a series of safe driving classes designed specifically for older drivers. Classes cover the many changes that occur within us, in roadway design and in the vehicles we drive. They also cover rules of the road, sharing the road with others and what to do when you can no longer drive.



Classes are four hours long and are led by local volunteers using materials specially prepared by AARP and other professionals. These lessons are designed to make drivers safer and more confident behind the wheel. They can help you save on your car insurance because many insurance companies offer discounts to individuals who have taken the course. These discounts last for three years from the date of the class. Classes cost \$20 for AARP members and \$25 for non-members.

The next class will be held September 11, starting at 1:00pm, at the Iron County Visitor Center (581 N Main, Cedar). It will be led by Roland Gow (435-865-5825). Please call to make reservation.

Cedar City Charter School proposal approved

from Casey Anderson

FOR IRON COUNTY TODAY

After years of petition, the State Charter School Board has approved the proposal for a new charter school in Cedar City. The State Charter School Board has invited American Principles Academy to bring a new classical charter school to Cedar City. If they receive final approval by the SCSB in September, the school will begin Fall of 2024 and will start as a K-9 school that will grow into a K-12 school.

Charter schools are public schools that do not charge tuition and are operated independently of the school district. American Principles Academy will be a classical school with two pillars of focus: academic achievement and character development. The school's aim is to educate both the minds and hearts of its students, as human flourishing is the goal of a classical education. The school will engage in the pursuit of truth, beauty, and goodness.

A unique offering of the school will be leveled learning for all students to ensure mastery in reading and mathematics, and will

additionally provide a rich offering of history, literature, music, art, logic, Latin, physical education and science instruction.

The second pillar of the school is character development. School programs are positive, engaging, build enthusiasm in students while demanding effort and diligence. The students will flourish as they become academically proficient, develop strong moral character, and develop a desire to impact their community in positive ways. At school, on a daily basis, the school will enthusiastically engage in the learning and practice of the skills required to accomplish

these ends. Uniforms will be required.

To receive final approval, American Principles Academy must demonstrate demand for such a school in the community. If you would like to express support for the school, you may do so by following the below QR code.



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Mercedes Carter, PA-C



Amber Dalton, FNP-C



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METaverse

« CONTINUED FROM PAGE 4

Let's get back to the Metaverse. Is it all Internet fun and games, or is it the future of many aspects of our daily lives? Many already utilize what might be called pre-metaverse options. Here are some examples. We take virtual tours of homes when looking to relocate. Take that to the next level and in lieu of video tour, you are now walking through the home in 3D style talking with your agent, asking questions as if you were there. We often in person or online visit government offices, file for business licenses, documents, and so forth. In the metaverse, it might be as if you are standing there discussing the process with the city or government employee.

As for businesses, those failing to provide various components of the Metaverse will simply die. For business, being able to sell your products via augmented reality is crucial. Customers want to experience things before laying down their hard-earned cash, or shall I say digital currency. Beauty products and others will be sampled virtually. Trips will be experienced virtually. If you are in the media industry, the metaverse is built for you. You will have the opportunity to take readers, viewers, and listeners on a virtual trip through your story. No longer view the story as words on pages, but as an actual participant so to speak.

My advice, start NOW! Make sure your schools are at least starting to educate your children at a young age. Your business or community IT specialists need to be upgraded to Metaverse specialists – start getting them the training. Technology speeds up exponentially as time goes by, the longer you wait, the farther behind you will be. You need not be an expert, but you need to understand the potential impact in order to meet the future head on.

Let me close with sharing a quote I read in a piece by Bethany Quinn, VP Strategy & Content Development for Golden Shovel Agency, where she quoted their CEO, Aaron Brossoit, Golden Shovel Agency. He said, "I predict most industries will find a use for the Metaverse. Ultimately, I imagine it will be a lot like the internet has become, always there and available. For industry leaders and site consultants, being able to meet virtually, take a virtual tour, and communicate with community leaders will be a huge advantage in prioritizing the most promising locations." As they say, let the games begin.

John Newby, Pineville, MO. is a nationally recognized publisher, community, business & media consultant, and speaker. He authors "Building Main Street, not Wall Street," a column appearing in 50+ communities. The founder of Truly-Local, dedicated to assisting communities create excitement, energy, and combining synergies with local media to become more vibrant and competitive. His email is: info@Truly-Localllc.com.



(L) A young athlete works on her aerial awareness while (R) Red Peak Gym owner Kari Louthan works with a young athlete on the trampoline.



PHOTOS BY COREY BAUMGARTNER

RED PEAK

« CONTINUED FROM PAGE 3

Part of this high-tech repertoire includes many trampolines, 2 of which are Olympic-sized and can be used by stunt people to help improve their aerial awareness and movement. Surfers and snowboarders can also train on trampolines to help them learn to flip and improve their balance.

Other amazing amenities include high-tech golf simulators, recording studio, game room, and classrooms for everything from athletics and academics to music and meditation. And it's

a great place to celebrate birthday parties, or other get-togethers. There will also be unique and fun monthly activities, currently being discussed, to include Nerf gun battles, dodgeball, and other exciting events that will involve more of the adults and also the students in the community. Every Friday is also open gym night from 6-8pm.

Want to sign up for classes, or need more information, come visit the Red Peak Gym, located at 1865 W 400 N, or go online @ redpeak-gym.com, and cedarpeaklearners.com to begin your new adventure to elevate your body, mind and have fun in the process!



CHECK US OUT ONLINE...

ironcountytoday.com

+


'22 USF company member Penny Hodson joins International Broadway tour

by Liz Armstrong

UTAH SHAKESPEARE FESTIVAL

Penny Hodson was a part of the vibrant cast of *The Sound of Music* last season, playing the beloved Marta, one of the Von Trapp children. We excitedly congratulate Hodson on her new role as a swing in the International Tour of *The Sound of Music*, presented by Broadway Asia Group.

Presenting one of the most beloved musicals of all time, there will be multi-week stops throughout the Philippines, India, Malaysia, China, Hong Kong, and Taiwan, with additional countries to be announced.

"It's such a heartwarming story. Everyone who sees it leaves feeling inspired," Hodson said. "Maria saw the best in the Captain [von Trapp], giving him space to change, and I think doing this with others in my life is important too."

From Salt Lake City, Utah, Hodson is twelve years old and has done theater for two years. She has been taking singing lessons for a year and a half and started dance lessons recently with the dance captain on tour. She's also been in *A Christmas Carol* with Hale Center Theatre, and *Matilda* and

"Maria saw the best in the Captain [von Trapp], giving him space to change, and I think doing this with others in my life is important too."

Penny Hodson



WORLD STAGE WONDER

Shrek with other arts groups in the Salt Lake area. Her future goals include going on a national tour and being in a show on the West End.

Hodson's Journey Into Acting:

Hodson honestly admitted that her first audition was one she didn't necessarily want to do.

"My mom looked in the newspaper and saw an audition for *Matilda* and encouraged me to do it," Hodson said. "I was really shy, but ended up doing it. I just wanted to be in the show, but was cast as *Matilda*!"

Hodson is always coming up with songs and dances with her little sister, and creating performances of Taylor

Swift. Looking back, her mother says, "How did we not know you were a performer?"

How the Festival Changed Her:

Hodson loves the songs in *The Sound of Music*, and enjoys that all of the Von Trapp kids are so different, with unique personalities. She also noted that the Festival prepared her immensely for the international tour. Hodson realized that practice really makes a difference, and she ended the season realizing that she loved singing harmony.

"I went into that production not knowing how to hold my own in a different harmony line," Hodson said. "Learning lines and singing melody came a lot easier for me, but I really had to work at learning harmony."

Because the production at the Festival was her first show where she was really integrated with an adult cast, Hodson learned how to be professional not only around kids, but with adults. In addition to growing as a performer during her season at the Festival, Hodson grew as an individual.

"Because we lived in Salt Lake, I had to learn how to live away from my family and commute," Hodson said. "I think this helped me prepare for living abroad away from my friends and family."

The Festival enjoyed having Hodson in the 2022 production of *The Sound of Music*, and we wish her the best of luck with her international Broadway tour of the same show.

"I was found by a New York casting agency because of the Festival," Hodson said. "I'm just so grateful for the opportunity."

Penny Hodson as Marta in a scene from the Utah Shakespeare Festival's 2022 production of *The Sound of Music*.

Join Artists, Musicians for Aug 25 Art Walk

by Sara Penny

FOR IRON COUNTY TODAY

Exceptional music is planned for the Final Friday Art Walk on Aug. 25, from 5 to 8 p.m. MB3 Jazz, Cellomania, Suzuki Strings, 8eez, Clark Leslie with a Gordon Lightfoot Tribute and several other groups are scheduled. You are invited to join the artists and musicians for an evening celebrating Cedar City art.



Cellomania directed by Nina Hansen



MB3 Jazz Ensemble

The free event is sponsored by the Cedar City Arts Council. Artists have exhibits at the corner of Center and 100 West and along the sidewalk to the Johnson Center. The Art Walk extends from the Artisans Gallery to Stone Path and on to the Southern Utah Museum of Art. The Sagebrush Fiber Artisans will be back with spinning and other fiber demonstrations. The Orchestra of Southern Utah will also have season tickets available.

The Johnson Arts Center is celebrating the opening of their outdoor stage with the popular 8eez Band. They cover popular music from the 80s. Band members are Tamara Reber

vocal, Stan Szczesny guitar, Lindsay Szczesny keyboard, Jordan Sanders bass, and Carylee Zwang drums.

MB3 Jazz will be at the IG Winery. They perform for community events as well as at Artisans. David Bolsover is on saxophone with Christian Bohnenstengel on keyboard and Shaun Means on drums.

Cellomania led by Nina Hansen will play at the Plaza in front of the Southern Utah Museum of Art. The



Roger and Amy Gold at July Art Walk



PHOTOS COURTESY CEDAR CITY ARTS COUNCIL

Kimber Gardner at July Art Walk

large cello ensemble includes a wide range of ages and has performed extensively for community events as well as on performance tours.

Clark Leslie plays violin in the Orchestra of Southern Utah, but he also has a wonderful tribute set of vocal and guitar for Gordon Lightfoot for the Stone Path location.

Starting off the evening at Stone Path will be Suzuki Strings Cedar City as they have a play-in of favorite string music. They offer group classes and orchestra for students from elementary through adult. Their website is at <https://www.suzukis-tringscedarcity.org>.

Coyote Bluegrass, A Walk to Somewhere, and Roice Nelson return for Art Walk performances. The full music schedule is below.

The Cedar City Arts Council coordinates the Final Friday Art Walks and there is no vendor fee. This is a family event and is free to the public. Thanks to everyone who participates. Art walks continue through September. Come and enjoy the art exhibits and live music on Friday from 5 to 8 p.m. For more information visit: cedarcityartscouncil@gmail.com

Musicians scheduled:

- » The Green, (Corner of 100 S Center)
- » 5 to 6 p.m. Coyote Bluegrass
- » 6 to 7 p.m. Roice Nelson
- » 7 to 8 p.m. A Walk to Somewhere (guitar and voice duo)
- » Stone Path (150 West Center)
- » 5 to 6 p.m. Suzuki Strings
- » 6 to 7 p.m. Clark Leslie, guitar and vocal (Gordon Lightfoot tribute)
- » SUMA Plaza
- » 5 to 7 p.m. Cellomania
- » IG Winery
- » 6 to 8:00 p.m. MB3 Jazz
- » Johnson Arts Center
- » 5 to 7 p.m. 8eez Band

Cedar City Arts Council

Arts

RELENTLESS ARTS ADVOCACY

Cedar City Arts Council promotes local arts events and provides opportunities for area artists. We appreciate support from the Utah Division of Museums and Arts as well as the local RAP tax, and NEA. Memberships and other sponsors are also crucial to our mission.

Let us know about your arts events and we will help share.

YOU ARE INVITED TO PARTICIPATE IN CEDAR CITY ARTS COUNCIL EVENTS:

- FINAL FRIDAY ART WALK on last Friday of the month from June through Sept. from 5 to 8 p.m. from Artisans to SUMA along Center Street. Free art displays and live music
- FALL ARTS & PHOTO CONTEST for students with Livestock Fest
- PUBLIC SOCIALS to connect the community with local artists, arts organizations, and arts educators
- MINI-GRANTS to build our arts community. Applications due August and February

- Promoting local artists of all ages and in all mediums
- Literary group book discussions
- Receive a monthly arts newsletter with membership

<https://www.cedarcityartscouncil.org>

QUESTIONS? cedarcityartscouncil@gmail.com

ARTS UPDATES: Facebook, Twitter, & Instagram #cedarcityarts

Mind those deadlines, and me

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

If you detect a note of urgency in this column, let me explain. I am writing this on Thursday, August 17th and it will be distributed on Thursday, the 24th. The following Thursday is the 31st, the last day of the month. That day is important because it is the deadline for applying for a Cedar City Arts Council Artist Mini-Grant. That means that as you read this, you will have just one week to get those applications postmarked. And we are firm in holding to that deadline. A postal or email dated one day later goes into next term's cycle. And BTW, if you received a grant 18 months ago, you are eligible to apply again.

Here is what you do: go to the Cedar Arts Council website and click on "support". You then will find "grants". (I know... A lot of that information in outdated. Hey, we are volunteers here and doing the best we can, but the form and application date you see are current.). I couldn't make the applications-fillable form work, so do this: download the application, fill it out, scan it back into your computer, and email it to cedarcityartscouncil.org by the 31st.

Now. Some more dates are going to go by if you don't pay attention. Friday, August 25th (tomorrow), is the third Final Friday Art Walk of the summer. By now you know what these are. Cedar City's finest artists and musicians display and perform along Center Street and 100 West beginning at 5:00. Locals and Festival visitors alike stroll the streets and view, and sometimes purchase, beautiful one-of-a-kind art or jewelry creations. I am especially prone to purchasing hand-made books or cards.

The Cedar City Children's Musical Theatre open its run of Joseph and the Amazing Technicolor Dreamcoat tonight, at the Heritage Theater. (Just typing those words starts songs in my head. "There's one more angel in heaven...") The show runs for a week (not Sunday), and you haven't grinned wide enough until you have seen 175 young wannabe actors and actresses on stage at once). Get your tickets early. These shows sell out.

And some brief reviews and suggestions about the Shakespeare Festival. This company is a repertoire company, meaning that most of the actors play in at least 2 shows. A result of this is that directors get less rehearsal time than they might get in other places, as they have to share their actors. We make a point of seeing as many of the plays before July 4th as we can, so the shows might be a little wobbly yet. But when we go back in August, things have tightened up considerably. Such was our experience with Emma the Musical. Go see this beautiful show before October 7th, if only to hear Allie Babich sing and watch Rhett Guter dance, if only for about 30 seconds. And A Midsummer Night's Dream was joyous right from the beginning. The costumes alone are worth the price. I'm telling you, you need to mind me about all of the above.



The charismatic character of Nick Bottom

TOPHER EMBREY EMBRACES 'LOVABLE' ROLE IN USF'S 'A MIDSUMMER NIGHT'S DREAM'

by Liz Armstrong

UTAH SHAKESPEARE FESTIVAL

This is the eleventh time that the Utah Shakespeare Festival has produced A Midsummer Night's Dream—Shakespeare's magical tale of fairies, lovers, mischief, and moonlight.

Perhaps the most humorous character in the production is Nick Bottom. Overly confident, dramatic, and self-assertive, Bottom believes himself to be the very best of the actors in the troupe of mechanicals presenting a play-within-a-play.

A fun and vibrant character, let's take a look at who has taken on this iconic role throughout the years, as well as dive into what it's like to play Bottom with current season's actor Topher Embrey.

This season, Bottom is played by actor Topher Embrey. He started acting in middle school, and his love for the 1982 film of Annie with Carol Burnett and Tim Curry inspired him to be an actor. This is Embrey's fifth production of A Midsummer Night's Dream, and his second time playing Bottom. Embrey played the charismatic character on a 2019-2020 tour of A Midsummer Night's Dream at the American Shakespeare Festival.

"The first character I played was Francis Flute/Thisbe, in high school, and I fell in love with the play," Embrey said. "It was one of the plays that we had to read in high school, and it was interesting because there were fairies...Bottom's head gets turned into a

donkey...there are the lovers that quarrel!"

Embrey gets along well with Bottom's character, as he finds similarities between the character and himself.

"My interpretation of Bottom is that he is very lovable and, like me, loves the attention," Embrey laughed. "He wants to do it all, because he thinks he can do it all."

Embrey finds Bottom especially comedic because he is overly confident, but likable because he still loves his friends. For Embrey and Director Jessica Kubzansky, the challenge with Bottom's character was trying to find a happy medium in his presentation to the audience.

"The challenge was not making him the type of diva that people don't love or root for," Embrey said.

"It's important to make sure that Bottom is not the villain of the mechanicals. He's a team player, just passionately so."

Embrey wanted to find a middle ground of not overdoing Bottom's character, but not underselling it either. For this actor, nothing is better than making people laugh.

"I know a lot of people are seeing The Play That Goes Wrong, but if you want to see the original play that goes wrong, you can see the play-within-a-play in Midsummer," Embrey joked.

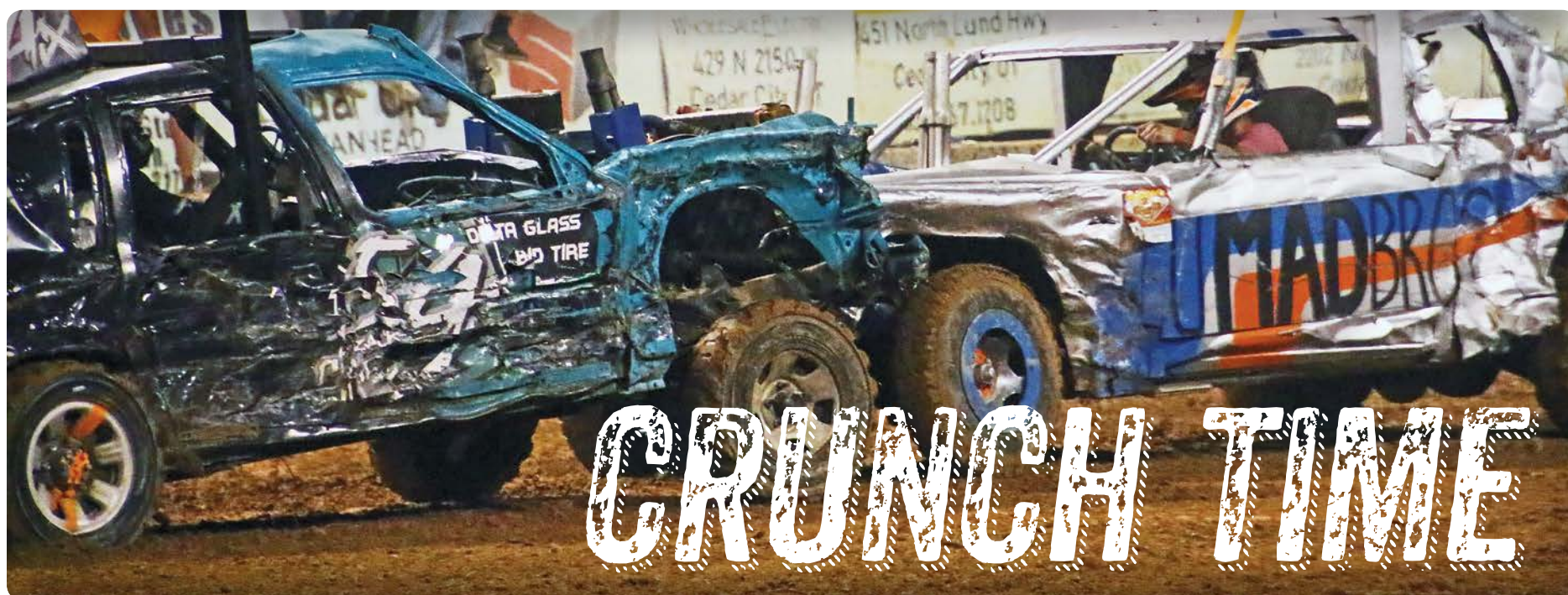
Embrey has been auditioning for the Festival since 2016, and is thrilled to be cast in the 2023 season.

"I'm so grateful to be here—I got to revisit one of my favorite characters in Shakespeare," Embrey said. "And I got to work at one of the most prestigious regional theatres in the country."



Topher Embrey as Nick Bottom in the Utah Shakespeare Festival's production of A Midsummer Night's Dream.

KARL HUGH. COPY-RIGHT UTAH SHAKESPEARE FESTIVAL 2023.



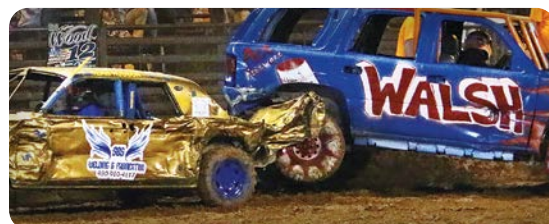
PHOTOS BY COREY BAUMGARTNER

Mangled Metal wrecks County Fair

by Corey Baumgartner

IRON COUNTY TODAY

If you've ever been to a demolition derby before, then you recognize the wreckage they always leave behind. This year's Iron County Fair Demolition Derby was no different. The car-nage was both brutal and beautiful as the cacophony of cars bashing into each other was serenaded by the symphony of the roaring crowd from the stands at the fairgrounds in Parowan. While many bravely drove into the cement surrounded arena, they knew that the size of the car and age of the driver didn't matter much because once the countdown completed, the crushing commenced. While some drivers were able to drive themselves out of the arena in peace, others were missing pieces—fenders, bumpers, tires—and had to be lifted out by chains, forklifts and other heavy machinery that came to their rescue. In the end, the ruthless wrecking was worth it. However, all of the required repairs may just reap the greatest pile of trials as these dedicated drivers prepare for next year's showdown.



family

RSV and me: preventing a nightmare

The start of school brings a new wave of cold viruses that will inevitably get traded from household to household through the fall and winter seasons. If you're lucky, your kids are old enough to blow their own noses and sanitize their own hands!

For those with infants this can be a very scary time, as their little immune systems are not yet strong enough to fight off the germs spread around the school playground.

I was a paranoid new mom. I never took our newborns out in public and I sanitized everything and everything religiously. Despite my best efforts, our second baby developed a cough and congestion at just four weeks old. She tested positive for RSV and I worried like a mother afraid of losing her baby. We kept a close eye on her for a few days, but I was unable to keep up with her congestion and her breathing became labored.

After a quick trip to urgent care, she and I shared an even quicker trip to the ER in the back of an ambulance, where they took her to the pediatric intensive care unit. We spent nearly a week in the hospital staring at a screen registering her oxygen levels and watching professionals suck her sinuses clear. It was an absolute nightmare!

Still in the midst of a postpartum emotional rollercoaster, I did my best to be strong for our baby girl while

missing our older son terribly.

Eventually she was discharged with the remnants of a nasty cough and stuffy nose. We were told to monitor her closely and take her back to the ER if she struggled to breathe. I spent many sleepless nights staring at her little chest as it rose and fell with each

mom's CORNER(ED)

by Weslie Stratton
CONTRIBUTOR



breath, praying we wouldn't ever have to repeat that experience!

I learned some valuable lessons during our time at the hospital that helped me through two more babies who both experienced upper respiratory viruses before they were many months old. While you should always confer with your child's doctor, I feel confident in just a few tips that could help prevent you from hospital time with your little ones this cold season!

1) Recognize the symptoms

Most perfectly healthy newborn babies sneeze frequently and even have very mild runny noses. Red flags for RSV include a persistent cough that begins to sound like a deep bark, in addition to nasal congestion.

2) Be prepared to treat the symptoms immediately

Newborns and kids under the age of six or seven are a frustration in that they can't take medication for cold or flu symptoms. With the recommendation from a pediatrician they can benefit from small doses of Tylenol, but it won't clear a plugged nose.

That said, your best friends for treating a virus in an infant are saline and suction. These are the supplies all parents of young babies should keep on hand and can be found at any grocery store or pharmacy. There are infant specific saline brands and a

myriad of suction tools available today. And while some still believe in the old school suction bulbs, I personally used the nifty (if not nasty) Snot Sucker.

Whatever the method, it is vitally important to keep an infant's sinuses clear. This will help prevent the virus from settling deep in their lungs, which can cause serious complications.

Don't be shy about the saline. It's a soft liquid that won't hurt your baby and they generally show signs of soothing relief. A quick spray or a few drops will usually do the trick.

The suction, on the other hand, will not be so readily accepted. Be prepared for squirmy strength you weren't aware that your baby had. It would be wise to have a second adult help hold the baby down, or swaddle them tightly so that you can work quickly and efficiently.

3) Use a humidifier in the baby's room

4) Elevate the baby in its crib to prevent worsening congestion while lying down

This can be done most easily by placing a folded or rolled towel under the top portion of the baby's mattress. It doesn't take much, just a slight angle will make a difference.

5) Seek medical treatment immediately

While viruses come and go among older children, they are far more serious in younger babies.

I believe that early treatment with these tips can help prevent a mild virus from developing into something far scarier for your little ones. Again, I am no doctor and would encourage anyone with sick kiddos to seek professional care.

Good luck this cold season, and don't forget to care for yourself as well!



Intermountain®
Cedar City Hospital

is pleased to welcome

Dr. Sean Penberthy, DO
Obstetrics & Gynecology

Dr. Sean Penberthy is a board-certified provider specializing in women's health, including a full scope of pregnancy-related conditions. He was born and raised in Lewiston, Idaho, where he grew up surrounded by the wild outdoors and spent the summers camping and backpacking. Dr. Penberthy studied Chemical Engineering and Spanish at the University of Idaho, taking a brief 2-year break to serve a mission for his church in El Salvador. Following the footsteps of his mother, a registered nurse, he chose to pursue a career in medicine attending and graduating from Pacific Northwest University of Health Sciences in Yakima, Washington. While in school, Dr. Penberthy met his wife, Adrianna. They have four sweet rambunctious children who inspire him every day to help others as they seek to shape their own families.



"I spent many sleepless nights staring at her little chest as it rose and fell with each breath, praying we wouldn't ever have to repeat that experience!"

calendar

THURS, AUG 24

STRANGE MUSIC DAY

62ND UTAH SHAKESPEARE FESTIVAL – THE Festival also offers a FREE nightly Greenshow (summer) at 7:10 pm, backstage tours, seminars, and play orientations. INFO/Tickets: 1-800-PLAYTIX (752-9849) or visit www.bard.org.

CEDAR BREAKS STAR PARTIES (6:30PM-11PM, Fri, Sat, Sun). @ Cedar Breaks National Monument North View Overlook (Hwy 143). Park admission fee \$10 per person or National Parks Pass. INFO: 435-986-7120, www.nps.gov/cebr.



JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT (7pm, 24, 25, 26, 28, 29, 30) @ Heritage Center Theater (105 N 100 E, Cedar). CCCMT's annual major performance. Tickets \$15 – \$18 per person, available at the door or online at cccmt.org.

17TH COOL AUGUST NITE CAR SHOW (6-9PM) @ Bradshaw Chevrolet (360 N Main St, Cedar). FREE. A fun family night including a raffle (Hot Tub from Red Rock Spa), food for sale, kids activities, cool classic cars. Proceeds go to medical/expenses for Addison Winder, who was diagnosed with Hodgkin lymphoma disease. INFO/Reg/Donate 435-586-6595.

FRI, AUG 25

KISS AND MAKE UP DAY

NATIVE GOODS MARKETPLACE (10-2PM) @ Utah Paiute Housing Authority parking lot (565 N 100 E, Cedar). Farmers market event. Buy goods, food, handmade items.

CEDAR STREET FEST (EVERY FRI 3-10PM) @ Cedar Fun Center (170 E Fiddlers Canyon Rd, Cedar). Local businesses, farmers markets, artists, musicians, comedians, drive-in movies, etc. for a weekly celebration of Cedar City's unique culture. INFO: www.cedarstreetfest.com.

JAC OUTDOOR STAGE GRAND OPENING (5-7pm) @ Johnson Arts Center (59 N 100 W, Cedar). Live entertainment features The 8eez. FREE! Enjoy live entertainment, crafts, food vendors, more!

FINAL FRIDAY ART WALK (5-8PM) @ MAIN Street and University Blvd. FREE! Visit with artists, see beautiful art pieces made using a variety of mediums. INFO: Facebook: /CedarCityWalks or /CedarCityArts.

PAROWAN JULY CONCERT SERIES (8PM) @ Parowan City Park (Main & Center). FREE, open to everyone. Bring a chair or blanket and your family and friends. INFO: 435-477-8190.

SAT, AUGUST 26

DOG DAY

SWEET PEA FARM BREAKFAST (EVERY SAT, 8-Noon) @ Sweet Pea Farm & Orchard (136 S 600 W, Parowan). INFO: 435-531-6461 or sweetpeafarmandorchard.com.

BREAKFAST ON THE FARM (8:30-11AM) @ Red Acre Farm (2322 W 4375 N, Cedar City). Come enjoy the farm, hear the roosters crow, feed the animals, and eat a real farm breakfast fresh and hot off the grill! INFO: (435) 865-6792 or Facebook /RedAcreFarmCSA/.

CEDAR CITY FARMERS MARKET (9AM-1PM) @ inside IFA (winter) (905 S Main St, Cedar). FREE. Farmers, food, and artisans. Drawings, bingo, and more! INFO: Facebook, Cedar Saturday Market, or Nancy 435-463-3735.

FESTIVAL CITY MARKET (9AM-1PM) @ (Center St. & 100 W) By Bristlecone Coffee. FREE. Handmade treasures and a bounty of local farmers, backyard gardeners, fresh fruits, veggies, with local artisans for jewelry, art, wood, pottery.

LABYRINTH WALK (NOON-2PM) @ ST. Jude's Episcopal Church (70 N 200 W, Cedar City). Walk the largest indoor labyrinth in Utah! Replica of the Chartres Cathedral's labyrinth in France. Open rain or shine. Available to anyone, regardless of faith tradition. Special lead facilitator is Deb Cowan (CAIFA). INFO/Reservations please call Anne 702-539-3400.

ORIGINS MOVEMENT ARTS REOPENING (2-6pm) @ Origins Gym (593 N 1450 W, Cedar). FREE parkour, aerial silk, bungee mini-classes; performances; giveaways; more! INFO: 435-592-3185.

IFC - MONSTER TRUCK INSANITY (7PM, Doors Open 5pm) @ Iron County Fair Grounds (54 N 300 E, Parowan). Awesome night of family fun. The world's biggest Corvette coming to battle! Tickets online ironcounty-fair.net/Monster-Trucks.



SUN, AUG 27

JUST BECAUSE DAY

"I WILL STUDY AND GET READY AND MAYBE my chance will come." - Abraham Lincoln

MON, AUG 28

HEROES DAY

MAYOR'S ART GALLERY @ CITY HALL (10 N Main, Cedar). See 40 traditional and digital professional works of art by Lester Yocum, of Enoch, UT, and Steve Decker. Come enjoy these internationally-awarded large-scale prints and originals. Many for sale. Through August 31.

ART THRU MONA'S EYES (M-TH 9AM-9PM) @ Cedar City Library (303 N 100 E). Fused Glass and Painting Exhibit by Mona Woolsey.



MESSIANIC DANCE WORKSHOP (4-5:30PM) @ Cedar City Library East room (303 N 100 E). Come learn fun, easy ancient Judeo-Christian dances. Info @ 702-460-2317

TUES, AUG 29

SPORTS DAY

CHILDREN'S STORY TIME (TUES, 10-11AM) @ Frontier Homestead State Park Museum (635 N Main, Cedar). Admission FREE. A ranger reads a fun frontier-themed story along with a corresponding take-home activity. Recommended for preschool-aged children.

WED, AUG 30

GRIEF AWARENESS

MIDVALLEY FARMERS MARKET & ARTISAN FAIRE (4-7PM) @ (780 Midvalley Rd. Enoch). Live music, jump house, face painting, and more. Beautiful, unique items. Have dinner, listen to music, let the kids play in the jump house. INFO: Text: 435-704-6916.

CHARACTER SKETCHES (WEDS, 6:30-8:30PM) @ Cedar City Library (303 N 100 E). Weekly

drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

PICKLEBALL LEAGUES (WED, THURS).

Pre-reg Req. See signs at new Cedar City Pickleball Courts (Bicentennial Park) or INFO: cedarcitypickleball435@gmail.com. On Facebook at "Cedar City Pickleball League and Tournaments". All ages and skill levels!

THURS, AUG 31

MATCHMAKER DAY

CEDAR CITY ARTS COUNCIL MINI-GRANTS

DUE (up to \$500). Application at <https://www.cedarcityartscouncil.org/support/quick-grants/>

FRI, SEPT 1

IRON COUNTY FAIR @ IRON COUNTY FAIR

Grounds in Parowan. Admission FREE*. A tradition that brings together families, neighbors, and friends. PRCA Pro Rodeo, Carnival, Car Show, Entertainment Tent, Exhibits, Labor Day Parade, and more. INFO/Schedule/Tickets @ ironcountyfair.net.

FESTIVAL OF HOMES (SEPT 1-4 & 8-10, 12PM

– 8PM. Tickets \$14 (3yrs+). Available online at festivalofhomes.com, State Bank of Southern Utah locations, or Coldwell Banker Advantage (26 N Main St, Cedar).

SAT, SEPT 2

UTAH HIGH SCHOOL MOUNTAIN BIKE RACE

@ Three Peaks Recreation Area. INFO: utahmtb.org.

MON, SEPT 4

PAROWAN AREA LIONS CLUBS LABOR-DAY

breakfast (7:30-10am) @ 90 S Main, Parowan. \$7 per person or \$30 family of five.

Want your event on our calendar?

There is no charge for calendar items. Your submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 479 N 100 W, #1, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.

calendar

ONGOING OPPORTUNITIES

GOVERNMENT

Brian Head Council

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

Iron County Republican Women

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

Parowan City Council

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Post 74

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Veterans invited to learn about benefits, opportunities and fellowship. Honor Guard provides military honors at Veterans funerals. • Post Commander Darrin Duncan (435) 704-1466.

Bikers Against Child Abuse

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Rm)

DAR – Bald Eagle Chapter

2nd Sat, 10 am • Cedar City Library, 303 N 100 E

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Lion's Club

Tues, 12 pm • Call Pres. Roger Shurtz for mtg. info. Everyone welcome! (435) 590-2896

Marine Corps League

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org. Helpline: John (702) 802-1332, Kara (702) 232-6829 KKC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Speaking From The Heart • M – Sa, Noon

Steps and Traditions • M – Su, 7 am

Red Road to Sobriety • Mon, 6 pm Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

The Great Fact • T, F, Noon. True Life Center 2111 N. Main. • (702) 802-1332 or (702) 533-7856

Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

Women's Meeting • Sat, 10:30 am

My Story • Sat, 8 pm

Thank God it's Sunday Spiritual • Sun, 11 am

What a Way to Start the Day • Su, W, F 7-8 am • All are welcome

Al-Anon

KKC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Al-Anon • 1st, 3rd Tues, 7-8 pm • Call for info: (435) 704-8984

Easy Does It • Tues, 7-8 pm • (435) 559-3333

Hope for Today (Family Groups)

Thurs, 6 pm • (435) 559-3333

Alzheimer's/Dementia

Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn about/access resources, connect with others for support. Contact Raven Albertson, 385.831.7124, utahprograms@alz.org

ARP—Addiction Recovery

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan
Sun 7:30 pm • 85 N 600 W, Cedar, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

Caregivers

1st Tues, Noon • Five County Aging Offices, 585 N Main, Ste. 1, Cedar City
3rd Thurs, 6:30-8:30 pm • Johnson Arts Center (59 N 100 W, Cedar). All levels of the caregiver's journey from pre-caregiving to bereavement and rebuilding welcome. INFO: Kat at 702-292-9911.

Celebrate Recovery

Fri, 6:30 pm, starting July 7, 2023 • Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, feel supported, share perspectives on healing, recovery. Join: affiliate.rainn.org/helproom/canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org • (435) 635-9603 KKC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm

Live and Let Live • Fri, 8 pm

Candle Light Mtg • Sat, 9:30 pm (Sm rm)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm • Meeting Hall, 1067 S Main, Cedar (877) 865-5890

Nicotine Anon (12-Step)

Fri 5 pm • KKC Club 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

Porn Addiction Recovery

Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • www.southernutahshare.com

Senior Blind/Visually Impaired

3rd Thurs, 1:30 pm • Cedar City Library

Southern Utah Veterans Assoc.

1st Thurs, 7 pm • Westview Christian Center, 2624 W Hwy 56, Cedar. INFO: Chuck Waddell 907-252-1365.

Southwest Parkinson's Alliance

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

Widows Ministry

2nd Sat, 11-1 pm • New Journey-Widow's Ministry @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

CLASSES, CLUBS & ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Bingo & Lunch

Fri, lunch @Noon, Bingo @3 pm. Free for Seniors @ Our House Assisted Living (995 S Regency Rd, Cedar). INFO: 435-867-0055.

Book Club

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

Boy Scout Troop 1848

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door, next to Enoch City Business office. Text Sheila Shaw 805-208-4545

Cedar Breaks Model A/Vintage Car Club

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email cedarmodela@gmail.com

Cedar Chest Quilters' Guild

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. cedarchestquiltersguild.org

Cedar City ESL

Wed, 6:30 - 7:30 pm • Free ESL lessons offered at Cedar City Public Library, Rare Book Room (303 N 100 E). No pre-registration required.

Cedar City Toastmasters

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit www.cedarprofessionals.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

Color Country Winds

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

Cub Scout Pack 1848

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

Explorer Bible Club

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

Folk Dancing Class

1-2 pm • Cedar Senior Center (489 E 200 S). Come to your first International Folk Dancing Class! Teaching included. Easy to learn, fun, free for all ages. (626) 808-6129

Hey Cedars Square Dance Club

Wed 6-7:30 pm (Beginners), Dancing 7:30-8 pm • Cedar City Aquatic Center (2090 W Royal Hunte Dr). All former square dancers invited. INFO: Call/Text Neil Mattson 909-477-9795.

International Folk Dancing

Fri, 1-2 pm • Cedar City Senior Center (489 E 200 S). Free. All ages welcome. Teaching included. INFO: (626) 808-6129

Iron County Moms For America

2nd Thurs, 7pm Help heal our nation, keep liberty alive in your heart & home. INFO: Kami Merrill 435-592-4152 or email: ironcountymoms4america@gmail.com

Parowan Pickleball

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and signup: Parowan Visitors Center 435-477-8190.

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

Sagebrush Fiber Artisans Guild

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

Senior Yoga Classes

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Sewing Group

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

Tae Kwon Do Class

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 W Royal Hunte Dr. \$25/ mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

Tai Chi For Health

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

Take Action for Freedom

Wed, 7 pm • Stahli West 600 N. Airport Road, Cedar • Preserve Constitution, Republic, voting laws, medical freedom, education, 1st & 2nd Amendment Rights, ed. on CRT & boarder illegal immigration, local/county/state Legislature

Top Bar Hive Bee Keeping

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

TOPS – Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W. Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

Wellness Wednesdays

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PV: health, Info: Kristi Sharp (435) 986-2564, ksharp@swuhealth.org

Youth Group

Wed, 6:30-8 pm • Ages 12-18. Meal, games & Bible Study. @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, info@sonrisechurch.net, sonrisechurch.net.

To add your ongoing opportunity to our calendar, call 867-1865, ext.6 or email news@ironcountytoday.com

history

World War I draft impacts Iron County (Part 3)

by Jay M. Jones

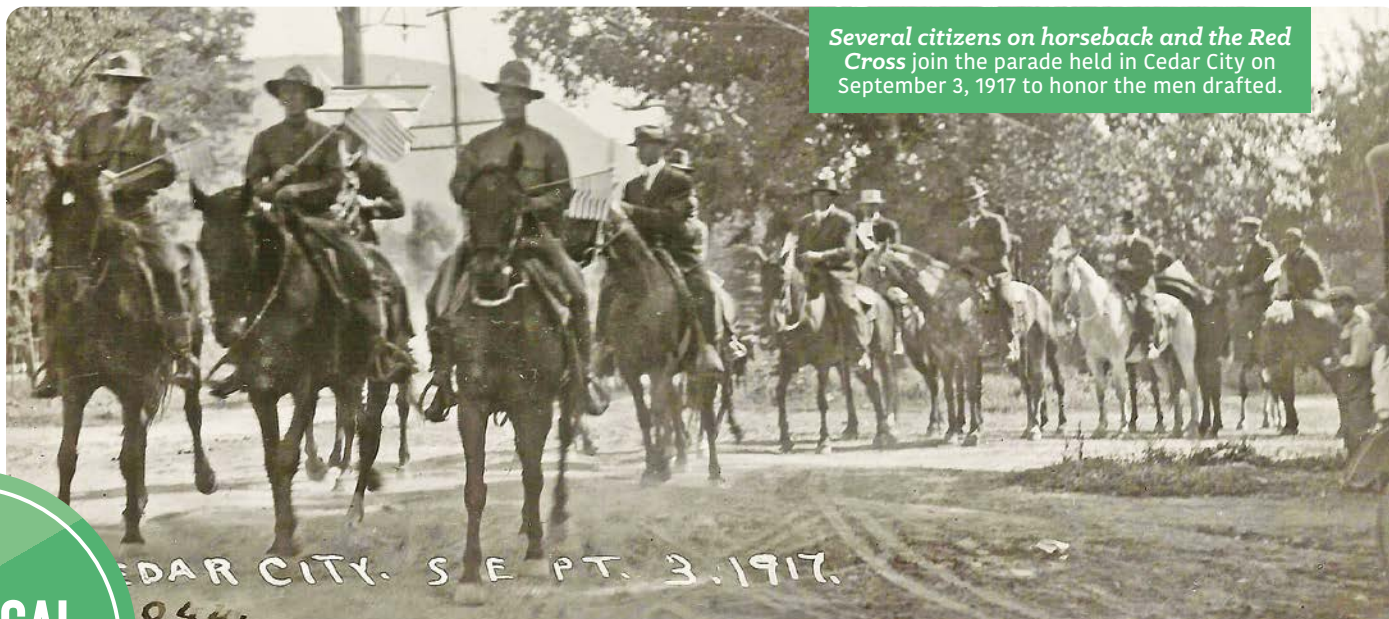
FOR IRON COUNTY TODAY

As the United States formally entered World War I on 6 April 1917, plans were accelerated to build the United States armed forces into a significant fighting force. In 1914 the United States army consisted of under 100,000 men. An additional 115,000 were in the National Guard. With the need for a much larger force, the Selective Service Act signed on 18 May 1917 required that all men between the ages of 21 and 30 years of age must register for military service.

Utilizing the workers and polling locations used for voting, 5 June 1917 was designated as national draft registration day. On 6 July 1917 the Iron County Record listed the names of 561 men in Iron County that had registration cards in possession of the local draft board. From those registered and vetted, a national lottery drafted men across the country into military service. In 1917, 46 men from Iron County were drafted.

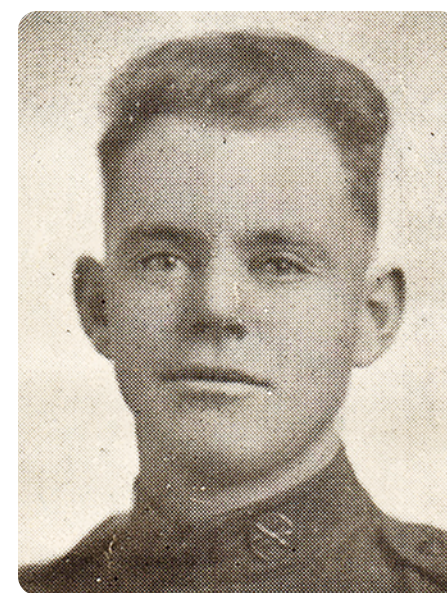
During the same time period, the Committee on Public Information began a campaign to promote public support of the war effort. George Creel, a journalist from Denver, led the committee, which produced news releases, magazine advertisements, posters, pamphlets, films, and speeches. It is reported that they also worked with the post office to censor what was considered seditious counter-propaganda.

After the names had been selected for the draft, Cedar City hosted a farewell on 3 September 1917 to honor those drafted. A parade down Main Street featured a brass band, then the draftees riding on horseback, followed by the Red Cross, and then farmers carrying local farm produce and a banner reading "These



PHOTOS COURTESY DAUGHTERS OF THE UTAH PIONEERS

HISTORICAL
THREADS



Henry Melling Jones

Will Win the War."

A town meeting was held in the tabernacle, featuring patriotic music and speeches. It was announced that Corlett Simkins and Ether Perry would fill the first two spots from Iron County in the draft. They were to leave on 7 September for training at Camp Lewis, Washington.

Fourteen months later, the Iron County Record printed a letter from

Simkins. He wrote: "Have been on the firing line for some time, so couldn't write. We were in a quiet section. I didn't even fire a shot. Perry was slightly wounded, nothing much." Ether Perry had been shot in the hip and was fortunate that a nearby ambulance was available to transport him to a hospital. He recovered and returned home to Cedar City after the war. Simkins added: "I will be

glad to get back to Cedar where the best people in the world are. I did not know how good they were until I got in the army."

Another group of 20 men left for training camp on 19 September 1917, followed by 19 men on 3 October and five on 2 November.

Claude Heist from the Escalante

see **WWI DRAFT** » 24

history

History and racial healing in Utah (Part 3)

by Edy Meredith

FOR IRON COUNTY TODAY

Whenever the subject of “race” is brought up, some get nervous, even agitated, about whether they are considered “American-enough”. That is, accepting differences between human beings, particularly in skin color, without generalizing about equality. Of course, humans vary in skin color and hue. In my family, because my skin had an olive tint, I was considered the lowest on the family food chain in social acceptance; however, I would still be considered blanco or white in Spanish America.

Race or skin color has always been a touchy topic in the U.S. and Utah. African Americans were, in fact, among the first into Utah Territory to help explore the vast territory even while it was not part of the United States and later were among the first Utah pioneers. The 1850 Census of Utah Territory lists the presence of fifty Blacks in Utah. Of the fifty, twenty-four are listed as free and twenty-six as slaves. It was the custom in most cases that the census does not include the names of those held in bondage. However, this 1850 census does and notes that some were enroute to California.

Today approximately 150 descendants of the early African American pioneers presently live in Utah. We know through historical records that three Black men entered Utah with the initial Mormon pioneer group. Green Flake is said to have driven the wagon that brought Brigham Young into the valley. Oscar Crosby and Hark Lay also appear in various historical works about the pioneers. Except for these three men, the African American pioneers of Utah have remaining relatively anonymous in the annals of Utah history. Black pioneers were both slave and free--Mormon, and non-Mormon.

Green Flake was the slave of James M. Flake, a southerner who had moved from North Carolina to Mississippi. In 1843 James Flake and his family joined the Mormon church and shortly thereafter he sold or emancipated most of his slaves and moved to Nauvoo, Illinois. James Flake did take Green and Liz, a young African American girl who was Mrs. Agnes Flake's personal maid, to Nauvoo with his family. James sent Green to work for Brigham Young where he aided the pioneers in many ways, such as planting crops and building homes. Between 1848 and 1850 Green Flake married Martha Crosby, and by 1860 he

had acquired property and was living with his family in Union, Utah, now located in Salt Lake County. When Green moved to Idaho in 1884, he kept in touch with his friends in Utah, even participating in the pioneer celebration of 1897. When Green died, his body was returned to Utah for burial next to his wife Martha in the Union cemetery.

Another African American of mixed race in Utah in 1847 was Elijah Abel, who had joined the LDS church in September 1832, received the Melchizedek priesthood on March 3, 1836, was a member of the Nauvoo Seventies Quorum in 1839, renewing his membership in 1842 in Nauvoo and later in Salt Lake City. He was also a carpenter who worked in the temple being built in Salt Lake City, where his wife Mary Ann managed the Farnham Hotel. Forty years after arriving in Utah, he went on a mission to Canada returning in 1884 when he died, fully believing in the faith he had found and looking forward to 100 per cent emancipation and participation in the next life.

In Part 4, we will consider the Banks family who has left a legacy of information called “The Banks Family: Utah’s People of Color Pioneers.”

FAMILY HISTORY CORNER

Family History can be a precious part of your legacy no matter your age or experience. Here are some great ideas to help you get started on writing your own story that will become a foundation of inspiration for your posterity for generations yet to come.



RUTH SCOVILL
CONTRIBUTOR

Junior High & High School

- » What school(s) did you go to?
- » How important was school to you?
- » Who were your school friends? Influential teachers? Rivals?
- » Were you involved in any activities such as sports, music, clubs?
- » What opportunities did you have? Jobs? Travel? Private Lessons?
- » What was the culture of the era like in your teen years, and how has it influenced you since? (Music, fads, styles)

celebrations

WEDDING

Christina Harward Camp & Mark Camp



Christina Harward Camp and Mark Camp were married in Cancun, Mexico on August 9, 2023. They would like to invite friends and family to an open house in their honor, Saturday, August 26, 2023, from 5-7pm. 451 E. Midvalley Rd. Enoch, Utah, The Church of Jesus Christ of Latter-day Saints.

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education

New director hired for Gateway Preparatory Academy

from Aspen Dail

FOR IRON COUNTY TODAY

Gateway Preparatory Academy is excited to announce the hiring of Dave Armour as the new director. First, starting as a counselor for the school, Mr. Armour as most of the students know him, helped students work through their problems and gave advice and solutions on how to make things easier. Because of this, many students trust and appreciate him. Now that school has started

I've seen it go through ups and downs and I'm excited about the opportunity to represent Gateway as an educator of students and people.

How do you think your previous role as counselor will affect how you direct?

I feel there is a lot of crossover between counselor and director as far as whether you interact with students. I think as counselors you learn how to read people, how to teach people, and how to teach them different skills. One

of the main things you do as director outside of leading the school is discipline. Discipline is all about teaching and doing those things. You also learn empathy which is important when leading a school because you have to look at others and see their side of things.

What things do you like about the school?

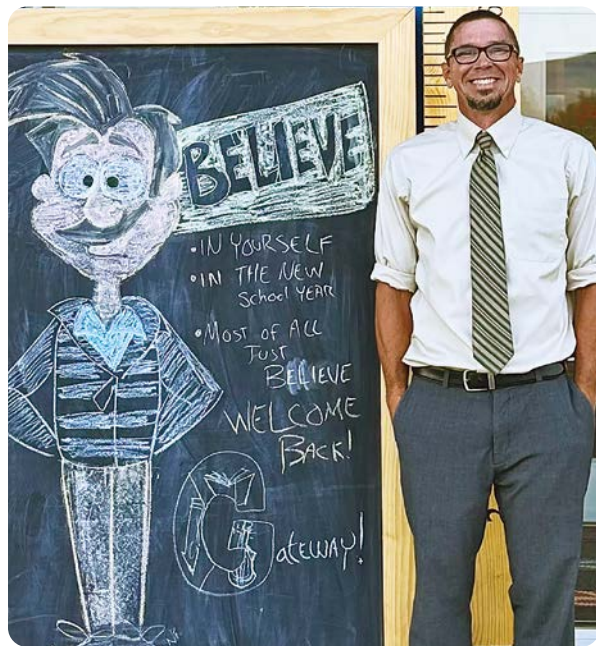
I love the students and the energy they bring. I love the staff as I've got to know them over the years. They all have a desire to do the same thing which is to help the students become better. Something that has

really improved over the last couple years that I've grown to love more is the arts and the plays. The arts night we had last year was probably the best one we've had in my five years of being here.

What things would you like to see improve at the school?

I think it's always important to look at how the teachers are teaching and what's going on to make sure

see **ARMOUR** » 23



ASPEN DAIL

Students, parents and faculty believe in and are excited for Mr. Armour to be the new Director at Gateway.

there is no doubt things are going to get busy. However, I have managed to set up an interview with him about his plans for the future of the school.

How do you feel about becoming the director of the school?

I am very excited about becoming the Gateway Director. I love this school, I've been here for 4 or 5 years now. I feel I've grown with the school.

IRON COUNTY SCHOOL DISTRICT NEWS NUGGETS

from Braylie Tullis

IRON COUNTY SCHOOL DISTRICT

East Elementary

We'd like to welcome all of our East Eagles back to school for the 23-24 school year! Our first week back came with a lot of excitement! In addition to a great open house on the 15th and a wonderful welcome by the PTA on the 16th, we were also affected by the storm on the 17th and experienced some flooding. Our faculty, staff, and the ICSD Maintenance and Custodial departments flew into action and kept our students and building safe. We would like to offer a heartfelt thank you to each of them. The safety and well-being of our students is our first priority.



We would like to remind our parents to please sign up for the Remind notifications. Keeping the phone lines clear during emergency situations is to everybody's benefit. Mr. Moyle will send out alerts via the Remind messaging system, and Mrs. Cornelius will be free to coordinate efforts from the office quickly and efficiently.

Next Wednesday, August 30th, is picture day. We are excited to have each child photographed to be included in the yearbook! Look for the picture packet that was sent home with your child if you want to order.

South Elementary

We would like to welcome all our students and parents back to school for another great year. We are excited to get going again. We hope you had a great summer. We would also like to recognize Fred Rowley for making breakfast for us on Monday to kick off the new year. Fred does this every year for us. He also fed the construction workers who are working on our school right now.



Enoch Elementary

We welcomed students back on August 15 with an Open House Day. Families came to visit their new classrooms and meet their teachers. This was the first time we had this Open House Day, to replace the Back-to-School Night. Teachers were excited to have more time with students and parents to explore the classroom and build relationships. Mascot Stripes and Mrs. Braden's 4th graders led the students in the school song and cheer during the Welcome Assembly. They learned all about being positive, accountable, willing to help and be successful Enoch Tigers.



Three Peaks Elementary

Welcome back to Three Peaks Elementary after a very nice summer break! We are happy to have all of the cute students and the hardworking teachers and paraprofessionals back to school. Three Peaks welcomes the following wonderful new teachers to our faculty this year: Sarah Betenson (Kindergarten), Jennifer Lloyd (1st Grade), Amberlee Peterson (2nd Grade), and Kourtney Gates (3rd Grade). We also have many new and returning paraprofessionals that we are very grateful for. All of our employees are highly trained and care about the education and well-being of all students at Three Peaks Elementary. Please visit our website for more information about school events: <https://tpe.ironk12.org/>



We appreciate all of the students and parents that attended Back-to-School Day on August 15. A big thanks to all those who volunteered to help make this event possible. A special thank you to our awesome PTA! Karlee Quinones-President, Nichole Ryder-President Elect, Sadie Evans-Treasurer, and Jeanette Miller-Secretary. Hearing screenings will be held on August 25 for Kindergarten thru 3rd grade. If parents do not want their child to participate in this screening, please let the school know. Fall pictures will be held on September 1, 2023. Please watch for ordering and payment information. Thanks to everyone for a tremendous start to the new school year!

A job oh well done

LEADERSHIP 101.27

Have you ever had something unexpected come up at work or home and felt that you couldn't do anything about it? Does the familiar phrase, "Oh well" come to mind when you think about certain places, people, or products? I'm sure you've heard it—if not used it—as this phrase is often one of resignation, helplessness, or giving in to the situation because there's nothing that can be done about it so why bother.

When something isn't right at work, or being accomplished as efficiently and effectively, and you've tried to fix it without success, it can be tempting to say, "Oh well," as if throwing in the proverbial towel in a boxing match you know you can't win. But this lackadaisical approach can lead to reproach and the tolerating of poor performance and/or poor behavior. If a process, product, or person, performance can be improved, one must find a better way than "Oh well."

There are better ways to use "Oh well." It can also have positive connotations in your communications. For example, when you are blindsided by something (or someone) that is negative, this phrase will help you not be phased by the foe. How? You can use "Oh well" not to be dismissive, but rather protective of yourself. If someone is talking bad about you, or doesn't want to make the time to clear up a misunderstanding, say, "Oh well...that's what they think and I'm not going to let it bother me

and keep me from doing my best."

Also, if you (or someone else) makes a mistake, saying, "Oh well" isn't trying to downplay the seriousness of the situation, or your accountability or someone else's. Rather, it's about not

letting the shame throw you off your game. By saying, "Oh well, I messed up, but I'll get back up and make it right (do better) next time" is

to accept accountability along with the responsibility to keep going, keep trying and encouraging yourself (and others) to not give up.

Used in this scenario, you're not beating yourself up by saying, "Oh well, I always make mistakes so why bother trying?" or "Oh well, that's just my rotten luck or life, so why bother believing I can be/

do better?" Instead, you're saying, "Oh well, that's alright, I'll do better next time." Or "Oh well, I know I (or that person) is having a bad day and I'll (they'll) rise above it."

The Greek

Philosopher

Epictetus said,

"It's not what

happens to you, but

how you react to it that matters." And we each

know that things—good and bad—happen to us every day. The challenge isn't the challenges as much as the choices we make during them. Will we simply tolerate, resign to opposition, or will we have the courage to stand against it, rise above it and believe that change is possible? Today, I hope your "Oh well" lead to more productivity and more victories.

the rut
LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



"Will we simply tolerate, resign to opposition, or will we have the courage to stand against it, rise above it and believe that change is possible?"

finances

ASK RUSTY: SOCIAL SECURITY

from Assoc. of Mature American Citizens

FOR IRON COUNTY TODAY

When should my wife claim Social Security?

Dear Rusty: My wife will be 65 next year, and her full retirement age is 66 years plus 10 months. Can she collect 50% of my Social Security benefit at her full retirement age and then get her own higher personal amount at age 70? Her own amount at her full retirement age is \$1,100 per month but her age 70 amount is \$1,800. My Social Security is \$2,300. Suggestions welcome. Signed: My Wife's Helper

Dear Helper: Your wife cannot separate her spousal benefit from her personal Social Security retirement benefit – whenever she claims she will be automatically deemed to be filing for both her own benefit and her spousal entitlement. Thus, she cannot claim her spousal benefit first at her full retirement age and defer claiming her own SS retirement benefit until she is 70. When your wife should claim is, essentially, a decision which should consider the urgency of her need for the money, her life expectancy, whether she will be eligible for a spouse benefit from you, and whether she is working.

Average life expectancy for a woman your wife's age is about 87. If your current \$2,300 benefit is a result of

you taking your Social Security at your full retirement age or earlier, then your wife will receive a small "spousal boost" from you. If she claims at her full retirement age, your wife's total Social Security payment will be 50% of the amount you were entitled to at your FRA and that will be her permanent amount, except for annual COLA increases. However, from what you've shared, your wife's age 70 amount is considerably more than her maximum spousal benefit so, if her life expectancy is long, that suggests she may wish to consider waiting until age 70

to claim her own maximum benefit. By doing so, your wife will get more in cumulative lifetime benefits if she achieves average life expectancy.

The unknown factor is your life expectancy because, as your widow, your wife will be entitled to 100% of the amount

you were receiving at your death, instead of the smaller amount she is receiving on her own or as your spouse. If life expectancy is long for both of you, then your wife maximizing her own benefit by waiting until age 70 to claim is a prudent choice. But if your, or your wife's, life expectancy is shorter, then your wife claiming at her full retirement age would be a better decision.



RUSSELL GLOOR
SOCIAL SECURITY
ADVISOR

This article is intended for information purposes only and does not represent legal or financial guidance. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisory@amacfoundation.org.

business

Joanne Jones Middleton



Joanne Jones Middleton, 89, passed away August 16, 2023, in Cedar City, Utah. She was born October 19, 1933, to Shadrach Cannon Jones and Ella Montez Harris in Provo, Utah. She was the 6th of 6 children. Cannon, Montez, Robert, Jim, and a twin sister that was stillborn.

Mom attended Brigham Young high school. Her best friend growing up was Diane Smith who lived across the street. Mom was a member of the Church of Jesus

Christ of Latter-day Saints. In High School, she participated in different singing activities and carried her singing on into her later life, until she had kids and realized she was the only one with that talent. After high school, she worked at different National Parks then landed at the Hotel Escalante in their accounting department and at the front desk. There, she became roommates and life-long friends with Annette Bauer. While both were working there, Donna and Cluff Jolley lined them up with two upstanding Cedar City men who became their husbands.

Mom married Robert Francis Middleton on February 2, 1957, and started her farm life. She grew up in the city so it was new to her. After living in town for a few years, they moved to Hamilton Fort so dad could just walk across the street to work. Mom adapted well, feeding doggies, washing tons of vegetables every summer night and washing whatever off of the blue, brown and green chicken eggs. Before moving to the farm, she grew her family, Diane, David, and Michael who only lived 4 months. She was a great mom and took care of her family. We were always her first priority.

For fun, mom was in a bridge club with the same ladies for about 24 years. She was active in the Lady Elks and the Lady Woolgrowers. She was the mom that took my friends on trips before we became independent because she was fun. She taught me to love Soap Operas and how to make cookies. She never missed any sporting event David was in, scorekeeping in Little League and cheering him on through High School.

She was an awesome grandma to all 7 of her grandkids, tending, shopping, watching them do their thing. If any of them are at all sarcastic, they got it from her. They all love her and will miss their chats with her. They are Danielle, Joe (Chezlie), Kade (Maddie), Rand (Tracy), Nathan (Candice), Amanda (Tyler), and Jeff (Tayler). She also has 20 great-grandchildren. Many of them have fun memories of Grand Jo or the Old Old grandma.

She was preceded in death by her husband Bob, all of her siblings and their spouses and her son Michael. She is also preceded in death by many dear friends that will be waiting for her. She is survived by her children, Diane (Kit) and David (Stacey). Thank you Mary, Sharon, and Janie for being such great friends and a very special thank you to the workers and caregivers at All Seasons care center. You made her life happy up until the very end. You are the best.

Funeral services were Wednesday, August 23, 2023. Viewing at 9:30-10:30, funeral at 11am. The viewing and funeral were held at Southern Utah Mortuary in Cedar City. Interment was in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent at www.mortuary.org.

Dick P. Judd



On Saturday, August 12, 2023, the world bid farewell to Dick P. Judd, aged 82, in Cedar City, Utah. Born in Ely, Nevada on May 4, 1941, he was the son of Marjorie Pearl Elliker and Conrad Judd.

Dick's early years were spent in Ely, where he graduated from White Pine High School. He began his higher education at Southern Utah University but soon embarked on a career in mining operations with Kennecott. While at Kennecott,

duty called, and Dick was drafted to serve his nation during the Vietnam War, earning his veteran status with the United States Army. Upon an honorable discharge, Dick resumed his role at Kennecott, later transitioning to maintenance management in the oil and gas industry.

A member of a large family, Dick was the youngest of eight siblings, including Lola Cripps (James Neilson), the eldest, often played the role of a surrogate mother, given their 20-year age difference. His other siblings include Adeline Cripps (Paul Butcher), Walt Cripps (Carol), Louis Cripps (Joanne), Ward Judd (Marilyn), Milt Judd (Nancy), and Conray Judd.

In a twist of fate, Dick met Ruth Hager at the wedding of his niece, Linda Neilson, in 1969. Despite the distance – Dick in Preston, Nevada, and Ruth in Brownsville, Pennsylvania – their love story flourished. On July 19, 1970, the couple exchanged vows in Brownsville. Dick took his city girl to the country, moving them into their first home together in Nevada. The family grew in the following few years as they welcomed daughter Michelle and son Michael.

A move to Salt Lake City in 1977 kindled his passion for golf and weekend boating trips with his family. In 1994, Dick entered the final phase of his professional journey that led him and Ruth to McCallister, Oklahoma. They relished new friendships and adventures, with memorable moments in Branson, Missouri, including go-karting. In 2004, the couple returned to their beloved Utah, forging lasting friendships in Cedar City. As years went by, Cedar City became home, where Dick formed deep bonds with friends, sharing Saturday morning coffees and cheering at SUU football games as proud season ticket holders.

Dick's legacy is one of unwavering dedication: a steadfast worker, a proud father, and an adoring husband. For him, family always took precedence. Family was the centerpiece of Dick's life. He cherished moments with his own family, as well as his siblings and their families.

He leaves behind his wife of 53 years, Ruth (Hager) Judd, children, Michelle O'Malley (Tom Bills) and Michael Judd (Heather), and his grandchildren, Zachary Wolfgramm, Ethan Judd, Kaleb Judd, Halle Rasmussen, and Allison Bills. He is predeceased by his granddaughter, Kaylee Wolfgramm.

A celebration of life will be held for Dick in Cedar City, Utah on Saturday, October 14, 2023. Details will be updated the week before on Dick's obituary page at www.mortuary.org. Arrangements are under the direction of Southern Utah Mortuary.

James Wesley Beal



James Wesley Beal, age 97, passed away August 14, 2023, in Cedar City, Utah. He was born February 19, 1926, to Edward and Anna Beal. He was raised on the family farm in Ogden, Utah by his grandmother, Isabella Baird, following the death of his mother when he was a young boy. After graduating from Ogden High School, he enlisted in the US Navy during WW II. Following his military service, he immediately returned home to provide care for

his two sisters after the death of their father.

In 1949 Jim married Gwendolyn Sparks with whom he had four children with and began working for Sears & Roebuck to support his growing family. However, he soon realized that the retail business was not an industry he was passionate about and made the decision to return to college to earn his degree in education and eventually earn a master's degree in education. Teaching and elevating youth as an educator became his life's calling. He had found his passion.

His dedication and devotion to teaching, training, and mentoring the youth in the areas in which he lived led him to a lifetime of involvement with the Boy Scouts of America. In 2008, following many years of exceptional service, The Boy Scouts Council presented Jim with the highest award that can be bestowed upon an adult volunteer leader – The Silver Beaver.

On June 19, 1974, Jim married June Marie May Brower. June (Grammy) brought a joy into his life that was blessed and eternal. Their love and laughter set an example for all who knew them and a priceless legacy for their posterity. They served an LDS mission together in Riverside, California, from 1998 to 1999. In June 2006 they moved from Banning, California, to Cedar City, Utah, which Jim felt was heaven on earth.

Jim loved life having many hobbies – among them were aviation, fishing, camping, golf, cooking and baking to name just a few. He enjoyed his membership in Rotary International, a national HAM radio club, as well as other local and national organizations. Jim also had a knack for business and bought a Dairy Queen while living in Banning, California. The high school students knew they could count on Mr. Beal for a job which was consistent with his desire to serve the young people within the community.

Jim is survived by daughter Kathy (Frank Torres) of Hesperia, California, daughter Dawna Woslum of Palmdale, California, sons, Lee (Lori) Brower, Washington, Utah, Sam (Rita) Brower of Cedar City, Utah, Brad (Tammy) Brower of Farmington, Utah, and Jon Brower of Cedar City.

He was preceded in death by his dear wife June, sisters Marie Farley and Margaret Beal and sons Edward Beal, James Beal, and Robert Beal.

Funeral services were held Monday, August 21, 2023, at the Church of Jesus Christ of Latter-day Saints 13th Ward Building located at 725 South 1100 West, Cedar City, at 11:00am. There was no public viewing. Interment was in the Cedar City Cemetery under the direction of Southern Utah Mortuary.

You can view a video of the service, share on-line condolences or memorable stories at www.mortuary.org.

VISIT US AT IRONCOUNTYTODAY.COM

business

Joann Reese Campbell



Joann Reese Campbell, age 93, formerly of Alton, Utah, passed away on August 16, 2023, in Parowan, Utah. Joann was born in Glendale, California on July 22, 1930, to Joseph Hyrum Reese and Amy Linder Reese. She lived in Mount Carmel, Utah until her graduation from Valley High School in 1948. After marrying Vane L Campbell in 1949, she settled in Alton, Utah and lived there until relocating to Parowan, Utah in 2010.

Joann was the oldest of eight children, and she was like a second mother to her younger brothers and sisters. That was a vocation that suited her perfectly. After graduating Valedictorian from Valley High School, she attended Dixie College just long enough to realize that her real place was to be a mother and a homemaker. She had met Vane L Campbell on the first day of school when she started seventh grade, and he decided the first time he saw her that he was going to marry her. They were married at Vanes home on a snowy day on January 6, 1949, in Alton, Utah, and later sealed for eternity in the St. George Temple. They settled in Alton, and she began a life of love that will never end. They spent their first summer together, her honeymoon as she describes it, on Cedar Mountain in a sheep wagon, with two or three of her younger brothers.

Joann and Vane had an idyllic marriage and a happy life together for 69 years. Vane passed away in 2014. Their relationship was one of complete and unconditional love and respect that is not often duplicated. In 2009 The Utah Commission on Marriage recognized their dedication to each other and their family with a Gold Medal Marriage Award presented in a state ceremony at the Salt Palace Convention Center in Salt Lake City. Never has a couple been more deserving of that honor. Joann became an excellent cook, her gardening skills were epic, and she could preserve and store vegetables and fruits and meats to ensure food supplies through long cold Alton winters. She could sew anything, she crocheted and knitted, and she served and loved everyone around. She became especially proficient at making quilts. She made hundreds of pieced quilts, quilted comforters, wall hangings, bedspreads, and camp quilts. Her quilting was immaculate, thousands of tiny little perfect stitches in straight lines and flashy curves, one after the other, just like her life—straight to the point with flashes of fun and humor to make things interesting and enduring.

No one could get more done in a day than Joann. She somehow never seemed to need to sleep. Always up around four thirty in the morning, she was busy until

midnight. She worked tirelessly, and she never lost her sense of humor or her enthusiasm and joy of living and of the beautiful things in life.

Joann loved to dance, and her and Vane traveled all over Southern Utah square dancing for many years. She was an accomplished musician. She played piano, saxophone, violin, accordion, guitar, and mandolin. She had a beautiful singing voice and her and Vane teamed up with a few other old timers in Alton and formed a dance band. An entire generation of young people grew up dancing to their music at high school dances, church socials, ward parties, and other get togethers. Evenings in their home were spent around the piano, singing their favorites.

She never had any spare time, but still she somehow managed to read novels, put puzzles together and do crossword puzzles. Circumstances made it necessary for her to find employment outside the home and she had several careers including a waitress, a sewing machine operator and later a manager at the sewing plant, a bank teller, and a Librarian at the Valley Elementary School. She never let her work outside the home interfere with that most important mission in her home.

She suffered from macular degeneration and slowly lost her eyesight over the last 10 years. Eventually she could see very little and so could do very little, but she was still able to pin quilt blocks together and even sew them on her sewing machine, just by feel and by habit.

Joann was an active member of the Church of Jesus Christ of Latter-day Saints and served in many callings. She once said her favorite church calling was, "the one where she could take the snakes away from the little boys trying to scare her with them and shove the snakes back in their faces." She loved children and was happy in Primary jobs. She also loved attending the temple and tried to get there often.

Joann has her sight back now and her feet don't hurt. She can dance again as she joins her loving Vane, her parents, Joe and Amy Reese, her son Vane Orlan Campbell, her great-grandchildren Dylan Overson and Addison Woffinden, her sister Sharon Willis, and her brothers Lane Reese, Kenley Reese, and Leslie Reese.

Mourning her passing while celebrating her life are her surviving children Daughter in Law Jeannette Campbell of Richfield, Utah, Leo (JoAnn) Campbell of Delta, Utah, Janet (Louis) Amold of Bountiful, Utah, Renee (Gary) Overson of Parowan, Utah, Victor (Valoy) Campbell of Mesquite, Nevada, and Dane (Susan) Campbell of Quirnbach, Germany (stationed at Ramstein Air Base). She is also survived by her brothers Neil (Mary) Reese and Jeffrey Reese, and her sister Carol Reese. Her 29 grandchildren and 60 great-grandchildren and 1 great-great-grandchild also mourn the passing of their "Homemade Grandma".

Funeral services will be held Saturday Aug 26 at noon at the Alton Ward Chapel in Alton, Utah. Friends may call at the Alton Ward Building that morning from 10:00 to 11:30 Am. Burial will be in the Alton Cemetery.

Sara "Sam" Mae Bishop Taylor



On August 11, 2023, Sara "Sam" Mae Bishop Taylor, a longtime resident of Enoch, UT, went to be with her Father in Heaven at the age of 81. She passed away at the Mon Health Preston Memorial Hospital in Kingwood, WV.

Sam was born April 9th, 1942, in Albright, WV to Hoy Bishop and Sarah Irene Weimer Bishop. Sam was the youngest of 6 girls and had a brother who died at birth. She loved living on their family farm and riding her pony. When she was 15 years old her father passed away. After graduating high

school, she and her mom moved to Jackson Hole, WY where she worked on a dude ranch, was a maid at a hotel, and joined the Snow King ski patrol. She attended University of Wyoming for one year and thanks to her roommate Pat, became a member of the Church of Jesus Christ of Latter-day Saints. Later, she was ready for an adventure and moved to Alaska driving a VW Beetle up the ALCAN Highway.

While in Alaska, she met Lynn Taylor, who was stationed at Fort Richardson Air Force Base and they came to know each other through many church activities. On November 22, 1967, they were married in the Los Angeles LDS Temple.

She worked for North American Space, known today as NASA, while Lynn attended Long Beach State College. While living in California, 4 children were born (their first baby boy was stillborn). In 1977 they decided to move to Enoch, UT, to raise their family in the "Old Enoch Church". They welcomed 3 more children while living in Utah and enjoyed the close family community they found there.

Sam was adventurous, had a good sense of humor and loved to read. She loved antiques, thrift store shopping, family history, sharing stories and spending time with her children and 20 grandchildren. She was an excellent cook. She loved serving her family and others. Sam loved the Gospel of Jesus Christ and lived a life of quiet devotion. She passed away in West Virginia while serving her sister and nephew.

She is survived by her husband Lynn, and their children: Forrest (Emily), Sara (Mike) Cook, Preston (Mindy), Cameron (Cassandra), Holly (Cason) Adams and her 20 beautiful grandchildren. She was preceded in death by her son Craig (Krista).

Viewings will be held Friday, August 25 from 6:00-8:00 p.m. and Saturday, August 26 9:30-10:30 a.m. at the Homestead building located at 1390 East Midvalley Road in Enoch, Utah. Funeral service will be at 11:00 a.m. at the Enoch Homestead Chapel, 1390 E. Midvalley Rd. Enoch, UT. For the link to view the live stream of the funeral please visit:

<https://zoom.us/j/3988138338?pwd=S1UxRlpXR3VZN09UUWM1ZT-JkR1NKQT09> (https://zoom.us/j/3988138338?pwd=S1UxRlpXR3VZN09UUWM1ZTJkR1NKQT09) Meeting ID: 398 813 8338. Passcode: 551890

ARMOUR

« CONTINUED FROM PAGE 20

we're staying up with the times as far as test scores and making sure the students are being taught appropriately. I know that in future plans of the school we're looking at expanding, which I'm excited about. I'd also

love to have more electives for the middle school.

What plans do you have for the future of this school?

One of Mr. Burt's dreams was to have a field house out there with some athletic stuff in it as well as some classrooms outside, so I think that's in the long-term

plans. Another long-term plan is possibly building a middle school or something like that. There's lots of dreams that Mr. Burt had that I'm now trying to continue on with.

With all the plans he has discussed with us today, it's exciting to imagine the future Mr. Armour has planned for our school.

Want to submit an obituary?

There is a charge of \$100 for obituaries to be published. Submissions can be made online at ironcountytoday.com, emailed to news@ironcountytoday.com or brought in typed/digitized format to 479 N 100 W, #1, Cedar City. A single submission may be up to 600 words and may include up to two photos. Submitted obituaries over 600 words will be charged an additional 10¢ per word. The deadline for submissions is Monday at 11 am for Thursday's publication.

faith

GOD'S garage

Corey Baumgartner

news@ironcountytoday.com



It's easy to have faith for a fruitful voyage while looking at the travel brochure (the beginning). It's easy to have faith when the weather forecast is great, traffic is minimal, the tires are new and the gas gauge says "full." Faith also seems simple when your flight is on time, or you finally, safely and joyfully pull into your hotel with the beds made.

What about in the middle of your mortal journey? How's your faith when you're almost out of gas with miles to go? Have a flat tire? The engine light comes on? Stuck in traffic? Are you more likely to panic, or pray? Perhaps prayer is more a placebo than a panacea when problems arise? Maybe you think God isn't and doesn't want to be involved in the day-to-day miles of your life?

Yes, He's the Author and Finisher (Hebrews 12:2), but He is also the Editor and Rewriter. He's the Beginning and the

End of your life's journey and every single mile in the middle. In other words God isn't just at the Starting Line to send you confidently on your way, or only at the Finish Line to congratulate you on a job well done (Matthew 25:21). He isn't just with those praying in the pews, He's with those whose fears and failures make them feel unworthy to even think of worshipping Him. He's with those in the trenches of temptation and turmoil and in the garage of repentance with His merciful wrenches ready repair and reinforce your heart and heal your hurts—to help tune you up, not tune you out (Romans 8:38-39).

This is why we have a Savior, why we have encouraging scriptures from the prophets and apostles. Because He knew you would have bad days, bad experiences, be worn out, make mistakes and even want to give up. That's why your glove box should contain the

Holy Scriptures, to encourage you as in Isaiah 40:31 who reminds you that "those who hope in the Lord will renew their strength...soar on wings like eagles...run and not grow weary...walk and not be faint." This means He didn't just leave you here on earth to fend for yourself.

This means your in-the-middle matters matter because you matter most of all to Him.

Today, whether you just left the Starting Line, are almost to the Finish Line, or feel lost somewhere in-between, God is with you every inch and every mile. Trust Him to help you "...throw off everything that hinders, the sin that easily entangles. And run with perseverance the race marked out for [you]."

Remember and feel that Jesus isn't waiting for you at the Finish Line, He's with you right now, wherever you are, to encourage you to not give up, that the race is worth it and so are you! He's reminding you to keep running the race before you and He will run, walk, crawl with you until you finish the race, together (Timothy 4:7).

ARE WE
THERE
YET?

VERSE OF THE WEEK

ROMANS 8:38-39

"For I am convinced that neither death nor life, angels nor demons, present or future, or any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord."

God's love is more interested in where you're going, who you're becoming than where and who you've been. His love includes tender mercies, comfort and forgiveness!

WWI DRAFT

« CONTINUED FROM PAGE 18

Valley was one of those drafted from Iron County in 1917. One of his letters home was published in the Iron County Record:

"I was hit in the left side with a machine gun bullet, and the doctor said I was very lucky for it barely missed my heart. It hit my lung, but that will heal up alright, and I shall be as good as ever, although I shall always carry a souvenir in the form of a bullet, for they didn't take it out, because they figured it wouldn't hurt anything where it was." In spite of his optimistic outlook, Corporal Heist died 15 July 1921 in Wichita Falls, Texas.

Two of the 1917 Iron County draftees did not make it home from the European battlefields.

Henry Melling Jones of Enoch was inducted into the army on 3 October 1917. He died from combat wounds on 6 August 1918 in France. He served in Company C, 58th Infantry, 4th Division. He is buried in Enoch, Utah.

Lionel Charles Dover of Cedar City married Josephine Harris in the summer of 1917 and entered military service on 3 October 1917. He died 29 September 1918 on a battlefield in France during the Argonne offensive. His family was not notified of his death until the end of November 1918.

Numbers of American forces in Europe continued to swell in 1918 as additional men were drafted, sent to training camps in the United States, and then on to the European battlefields.

One of these, Lee Rowley from Parowan serving with the 318th Engineers, wrote from "Somewhere in France":

"Out here in a strange country one may go to the front facing the flying steel of the enemy or fight hand to hand with cold steel, how could he do this unless he has someone to fight for? If he cannot go home and look his mother in the face and say, 'Mother, I have done my duty and done it well, and I am come home to stay,' he will not care whether he wins or not. So to make a good army and one that cannot be overpowered it must be one of clean, strong men not afraid to face whatever may come their way."

When the armistice was signed on 11 November 1918, there were 2 million Americans who had served on the battlefields of Western Europe, with 50,000 of these losing their lives. When the survivors returned home, they found that the war had left an imprint on the lives of the folks at home as well.

Next in the series, a look at life on the home-front in Iron County during World War I.

Falcons offense delivers, holds off Panthers

by Tom Zulewski

IRON COUNTY TODAY

For the second straight week, the Canyon View Falcons had to engage in an offensive shootout. For the second straight week, senior quarterback Jaxon Jensen came to the rescue and helped his team get in the win column.

Jensen threw two of his three touchdown passes in the fourth quarter and his 11-yard run with 3 minutes, 23 seconds left put the finishing touches on the Falcons' 55-41 victory over the Pine View Panthers on Aug. 18 at Eccles Coliseum. It was CV's first win over Pine View since 2000 and the third all-time in program history.

"We knew exactly what they did. We just made mistakes," Canyon View head coach Burke Miller said. "Our defense has to get fixed, but our offense is clicking. They've saved us the last two weeks."

Pine View rallied from a 28-7 deficit late in the second quarter and tied the game at 28 on the first play of the third when Quincy Jones – who finished with 331 receiving yards on 10 catches – took a screen pass from quarterback Adam Moore and turned it into a 92-yard touchdown. On the first play of the fourth quarter, CV took the lead for good when Lincoln Rushton ran for a 30-yard touchdown, dragging several defenders with him into the end zone.

"This team knows our offense can score points," Miller said. "They have the confidence in themselves and we know we have one of the best offenses in the entire state. We always have the mentality that we're going to come back, no matter what happens."

Jensen went to work on CV's next possession, hitting Deegan Davies with a 4-yard touchdown pass, but the Panthers didn't go away. Just 50 seconds later, Moore would find Jones – who took the ball away from a defending



CV's Trenton (Bubba) Ludlow escaped his Panther pursuer to set the Falcons up for another touchdown.

COREY BAUMGARTNER



Canyon View

55



Pine View

41

Pine View	0	21	7	13	-	41
Cyn. View	14	14	0	27	-	55

Q1 – CV – Jensen 10 run (Petty kick), 7:28
CV – Buhler 31 pass from Groft (Petty kick), 3:48

Q2 – PV – Jones 58 pass from Moore (Swift kick), 9:41
CV – Jensen 22 run (Petty kick), 6:08
CV – Ludlow 40 pass from Jensen (Petty kick), 4:15
PV – Harris 30 pass from Moore (Swift kick), 2:51
PV – Moore 1 run (Swift kick), :00

Q3 – PV – Jones 92 pass from Moore (Swift kick), 11:39

Q4 – CV – Rushton 30 run (Petty kick), 11:49
CV – Davies 4 pass from Jensen (Petty kick), 8:51
PV – Jones 40 pass from Moore (Swift kick), 8:01
CV – Buhler 5 pass from Jensen (Petty kick), 6:51
PV – Harris 5 pass from Moore (kick blocked), 4:50
CV – Jensen 11 run (kick failed), 3:23

Bubba Ludlow – on a 40-yard score. The teams would exchange two more scores two minutes apart before Jensen ran into the end zone to secure the Falcons' second win of the young season.

"We just gotta get defensive stops.

It can't be a heart attack for me every game," Miller said.

Canyon View scored on their first two possessions as Jensen found the end zone on a 10-yard run, then the team delivered a trick play when

Reds football rebounds, upsets Wasps on road

KELLING CONNECTS WITH JETER ON PAIR OF TOUCHDOWNS

by Tom Zulewski

IRON COUNTY TODAY

The Cedar Reds made a key change on the field for its road game on Aug. 18. Once sophomore Everett Kelling found his groove, it propelled his team to a surprise road victory.

Kelling threw two touchdowns to J.T. Jeter, including a 21-yarder with 4 minutes, 48 seconds left that sealed a 21-10 upset win



Cedar 0 7 0 14 - 21
Juab 0 7 3 0 - 10

Q2 - C - Jeter 31 pass from Kelling (Jenkins kick), 7:24
J - Shepherd 75 pass from Park (Richards kick), 3:55

Q3 - J - FG Roundy 29, 6:57

Q4 - C - Elliott 3 run (Jenkins kick), 9:07
C - Jeter 21 pass from Kelling (Jenkins kick), 4:48

as they evened their record at 1-1 on the season.

The Reds struck first early in the second quarter when Kelling found Jeter on a 31-yard touchdown pass, but Juab countered with 3:55 left in the half when Stockton Shepherd caught a 75-yard TD from Austin Park.

The Wasps broke the tie early in the third when Ethan Roundy hit a 29-yard field goal, but it would be their last points of the night. Cedar took the lead for good when Tredyn Elliott found the end zone on a 3-yard run with 9:07 remaining.

Cedar will head across town next for the showdown against unbeaten Canyon View on Friday starting at 7 p.m.

over the Juab Wasps. After a sluggish outing in a loss to Richfield last week, Cedar was able to keep pace with the 2022 3A state runner-up

PREP SCOREBOARD

SCORES

Region 9 Football

8/18 Cedar 21, Juab 10
Canyon View 55, Pine View 41
Lehi 31, Desert Hills 14
Snow Canyon 31, Manti 14
Bingham 26, Crimson Cliffs 23
Mountain Ridge 26, Dixie 21
Moapa Valley 34, Hurricane 18

3A South Football

8/18 Canyon View 55, Pine View 41
Cedar 21, Juab 10
Snow Canyon 31, Manti 14
Logan 47, North Sanpete 3
Carbon 21, Grand 12

8/19 Richfield 28, Snake River 0

1A South Football

8/18 Am. Leadership 50, Parowan 22
Beaver 31, Grantsville 3
Enterprise 35, South Sevier 0
Milford 45, Lincoln County 0
Kanab 35, North Sevier 0

Region 9 Girls Soccer

8/15 Cedar 2, Hurricane 1
Snow Canyon 9, Pine View 0
Desert Hills 3, Dixie 0

8/17 Cedar 5, Pine View 0
Crimson Cliffs 3, Hurricane 1
Desert Hills 2, Snow Canyon 0

Region 12 Girls Soccer

8/15 Canyon View 3, Carbon 0
Manti 2, Juab 0
Delta 5, Emery 0
Richfield 2, North Sanpete 1

8/17 Manti 4, Parowan 1
Delta 4, Millard 1

Region 18 Girls Soccer

8/15 Parowan 4, Union 3, OT
S. Summit 2, South Sevier 0

8/17 Manti 4, Parowan 1
Delta 4, Millard 1
S. Sevier 1, Am. Leadership 0

STANDINGS

RPI RANKINGS IN PARENTHESES

Region 9 Football

	REGION	OVERALL
Crimson Cliffs	0-0	1-1
Pine View	0-0	1-1
Cedar	0-0	1-1
Snow Canyon	0-0	1-1
Dixie	0-0	0-2
Desert Hills	0-0	0-2
Hurricane	0-0	0-2

3A South Football

	REGION	OVERALL
Canyon View	0-0	2-0
Richfield	0-0	2-0
Juab	0-0	1-1
Manti	0-0	1-1
Carbon	0-0	1-1
North Sanpete	0-0	0-2

1A South Football

	REGION	OVERALL
Beaver	0-0	2-0
Enterprise	0-0	2-0
Kanab	0-0	2-0

Milford	0-0	2-0
Parowan	0-0	0-2

Region 9 Girls Soccer

	REGION	OVERALL
Desert Hills	2-0	5-2
Cedar	2-0	4-2
Crimson Cliffs	1-0	3-2
Snow Canyon	1-1	3-3
Dixie	0-1	0-4
Hurricane	0-2	0-4
Pine View	0-2	0-5

Region 12 Girls Soccer

	REGION	OVERALL
Manti	2-0	4-0
Canyon View	2-0	4-1
Richfield	1-1	3-1
Carbon	1-1	2-2
Delta	1-1	2-2
Juab	1-1	1-3
N. Sanpete	0-2	1-2
Emery	0-2	0-4

Region 18 Girls Soccer

	REGION	OVERALL
Parowan	0-0	2-2
Millard	0-0	1-1
Beaver	0-0	1-2
S. Sevier	0-0	1-2
Grand	0-0	0-0
Gunnison	0-0	0-0
San Juan	0-0	0-0

SCHEDULE

Region 9 Football

8/25 Cedar at Canyon View
Springville at Crimson Cliffs
Hurricane at Hillcrest
Tooele at Pine View
Green Valley (NV) at Snow Cyn.
Dixie at Park City
Desert Hills at Minico (ID)

3A South Football

8/25 Cedar at Canyon View
Payson at Richfield
Ogden at Carbon
Manti at Grantsville
Juab at South Summit
North Sanpete at Delta

1A South Football

8/25 Providence Hall at Parowan
Beaver at Layton Christian
Emery at Enterprise
Milford at Millard
Kanab at Monument Valley (AZ)

Region 9 Girls Soccer

8/22 Cedar at Desert Hills
8/24 Dixie at Hurricane
Desert Hills at Pine View
Crimson Cliffs at Snow Canyon

Region 12 Girls Soccer

8/22 North Sanpete at Canyon View
8/24 Canyon View at Juab
Delta at Carbon
Emery at North Sanpete
Richfield at Manti

Region 18 Girls Soccer

8/22 San Juan at Parowan
8/24 Parowan at Grand
Gunnison at South Sevier

American Leadership spoils Rams football home opener

by Tom Zulewski

IRON COUNTY TODAY



Am. Leadership

50



Parowan

22

Am. Lead. 6 12 16 16 - 50
Parowan 6 0 16 0 - 22

Q1 - ALA - Huntsman 52 run (kick failed), 4:10
P - Church 40 pass from Bettridge (kick failed), 3:07

Q2 - ALA - Huntsman 60 run (kick failed), 10:32
ALA - Swarnes 10 pass from Marble (run failed), 3:42

Q3 - ALA - O'Donnell 50 interception return (Huntsman run), 9:28
P - Bettridge 1 run (2-point conversion good), 6:30
ALA - Huntsman 5 run (2-point conversion good), 2:44
P - TD run (2-point conversion good), :54

Q4 - ALA - Hough 15 run (Huntsman run), 6:24
ALA - Huntsman 60 run (2-point conversion good), 3:58

Kannon Huntsman lived up to his name, running for four touchdowns as American Leadership spoiled Parowan's home opener in a 50-22 victory Aug. 11. The visiting Eagles improved to 1-1, while the Rams fell to 0-2.

Huntsman had runs of 52 and 60 yards in the first half, and American Leadership took a 20-6 lead at the break. They would add on in the final quarter

on a 15-yard run by Gabe Huff and a final 60-yard score by Huntsman with four minutes left in the game.

Hunter Bettridge provided highlights for Parowan with a 40-yard touchdown pass to Brennan Church in the first quarter and a 1-yard run in the third.

The Rams will try again to earn its first win this Friday when they welcome the Providence Hall Patriots to Alma Richards Stadium for a 7 p.m. kickoff.

Parowan soccer splits pair of games on pitch

by Tom Zulewski

IRON COUNTY TODAY

The Parowan Rams continued the non-region portion of its girls soccer season with a split of two games on the pitch last week. The

team started with a 4-3 road win over the Union Cougars in overtime on Aug. 15 and fell in a 4-1 loss to the Region 12 co-leading Manti Templars on Aug. 17.

In the win over the Cougars, Parowan scored twice in the second

half and forced the overtime before earning the win. Matilee Sudweeks, Bella Robinson, Brentlee Mineer and Kinnin Lambert all scored for the Rams.

Manti scored twice in each half and Parowan couldn't answer in the

home loss that knocked them down to 2-2 overall on the season. Mineer scored the only goal for the Rams, who played San Juan to start Region 18 play Tuesday in a game that was too late for press deadline.

Reds sweep to pair of region soccer wins

by Tom Zulewski

IRON COUNTY TODAY

Freshman Maddie Marriott netted the game winner in the second half, and the Cedar Reds girls soccer team got Region 9 play off on the right foot with a 2-1 road victory over the Hurricane Tigers on Aug. 15. Kelsi Orton scored the other goal in the first half.

The Reds returned home and got

goals from five different players and cruised to a 5-0 shutout victory over Pine View on Aug. 17. Amanda Brown and Gabby Gomez scored in the first half for the Reds, while Kyla Johnson, Anna Hall and Kelsi Orton added on for Cedar after halftime. Cambria Simper completed the clean sheet in goal.

Cedar is 4-2 overall on the season (2-0 in Region 9) and played a road game at Desert Hills on

Cedar's Kyla Johnson (L) finds the back of the net for a score and Amanda Brown capitalizes on a penalty kick to begin the rout for the Reds.



PHOTOS BY COREY BAUMGARTNER

Tuesday that was too late for press deadline.

Across town, Canyon View had a single game last week and came away with a 3-0 road shutout at Carbon on Aug. 15. Maya Nichols, Erin Hallows and Hadlee Farrow scored for the Falcons

as they improved to 2-0 in Region 12 and 4-1 overall. Gracie Burt delivered the clean sheet in goal as CV stayed in a tie for first in region with Manti.

The Falcons played their home opener Tuesday against North Sanpete, which was too late for press deadline.

SUU wraps up its Australian tour

by Tyler Francis

SUU ATHLETIC COMMUNICATIONS

SYDNEY — The Southern Utah University women's basketball team battled against the prestigious Basketball Australia Centre of Excellence (CoE) in the final game of its foreign tour, falling in a close contest 79-76.

Coach Tracy Mason said, "We've played some terrific competition. It's been a great learning experience for us as a team. To be able to play some

"I've loved watching this team spend time together and make memories of a lifetime. It's just been an absolutely remarkable experience."

Tracy Mason, SUU Coach

games this early, especially for our new additions, has been extremely valuable. I've loved watching this team spend time together and

make memories of a lifetime. It's just been an absolutely remarkable experience."

T-Bird Tidbits:

- » Tomekia Whitman played a remarkable all-around game with 24 points, six rebounds, five assists, and five steals while shooting 47.6 percent from the field.
- » Ashley Banks nearly posted a double-double with 17 points and nine rebounds.
- » Daylani Ballena led the team in assists, dishing out six assists to go along with nine points and five boards.
- » Ava Uhrich had an impressive performance with seven points, nine rebounds, five assists, and two steals in 20 minutes of action.
- » The Thunderbirds won the battle of the boards, grabbing 47 rebounds compared to CoE's 33 boards.
- » Southern Utah dominated down low, holding a 46-32 advantage in the paint.

For all the latest on Southern Utah women's basketball, follow @SUUWBasketball on Twitter and Instagram and like the Southern Utah Women's Basketball Facebook page.



COURTESY SUU

SUU Soccer earns Academic Excellence Award

by Parker Haynie

ASST. DIRECTOR, SUU ATHLETIC COMM.

KANSAS CITY, Mo — The SUU soccer team has been recognized by the United Soccer Coaches Association for its excellence in the classroom. One of just 500 women's teams to earn the award.

United Soccer Coaches annually celebrates the academic achievements of teams whose student-athletes collectively demonstrate a commitment to excellence in their studies over the course of a full academic year.

Kai Edwards and his team maintained a 3.51 cumulative grade

point average during the 22-23 academic year.

For all the latest on Southern Utah Soccer, follow @SUUSoccer on Twitter and Instagram and like the Southern Utah Soccer Facebook page.

FALCONS

« CONTINUED FROM PAGE 25

Asher Groft hit Traie Buehler on a halfback option for a 31-yard TD pass.

Pine View got on the board for the first time when Moore connected with Jones on a 58-yard touchdown, but CV countered quickly with two touchdowns in less than two minutes. The second was a 40-yard scoring pass from Jensen to Ludlow, who caught the ball one-handed with a Panther defender draped over him. The Falcons led 28-7 with 4:15 left in the half, but PV was just getting warmed up.

Moore scored on a 1-yard run on the final play to pull the Panthers within 28-21 at the half.

Canyon View will return to its home field Friday for the annual rivalry game against the Cedar Reds, with kickoff set for 7 p.m.



COREY BAUMGARTNER

Canyon View's Asher Groft flies for the Falcons as he eluded the prowling Panther defense.

THE STRUGGLE IS REAL

When it comes to preseason outlooks, any words written by media types should always be taken with a grain of salt. We claim to know everything, but most of what we say before the games are played comes from emotion left behind from last season.

If you stunk, the expectations will be similar for the new campaign. If you surprised people, you're more likely to be put on a path toward a championship pedestal.

The Canyon View Falcons are getting a taste of what it's like to make a push up that mountain. Over the course of the first two weeks, CV has needed every last bit of offense to compensate for its defensive struggles, and it was magnified even more against a determined Pine View team.

Led by Jaxon Jensen – who already has accounted for 12 touchdowns (six running, six passing) – Canyon View has scored 112 points in a 2-0 start. No program in Utah has scored more, and only three other schools (San Juan, 106; Milford 104; Sky View 100) have reached triple digits as fast.

With the rivalry game against Cedar lurking later this week, CV head coach Burke Miller knows the defense will need to play a lot better. The Reds held Juab to a single touchdown last week, and last year's 3A runner-up knows how to find the end zone.

As long as you keep winning, the algorithm will continue to be favorable when the playoffs come around.

Staying on the North Side, CV's girls soccer team

hasn't missed a beat after losing the season opener. They're 2-0 in Region 12, but have a formidable challenge ahead as they bid to maintain its dominance. Realignment has placed four new teams in the region, and that can only add to the pressure.

Manti may be the strongest contender to

stop the Falcons' reign. Heading into this week, the Templars were 2-0 in region, 4-0 overall, and reached the 3A semifinals a year ago. CV will host Manti next Tuesday, and the teams will have the rematch on the Templars' pitch Sept. 26.

Like the Falcons, Cedar is off to a 2-0 start in Region 9 and has a strong challenger of its own in Desert Hills. The two teams faced each other on the turf at DH on Tuesday, and they're off to a combined overall start of 9-4.

It's far too early to judge anything at this point, but Cedar and DH are the only unbeaten in region play. With the population of 4A schools more than double from a year ago, winning will be the only thing that pleases the math geeks when the time comes to figure out playoff positions.

More fireworks to come.

As a new college football season approaches, it feels just a little intriguing that Southern Utah and Utah Tech scheduled several Big Sky schools as part of its preseason.

SUU will play at UC Davis in Week 3 on Sept. 16, and UT has three straight games against the Sky – at Montana State, home for Montana, then at Northern Arizona – to start its 2023 campaign.

The new conference home for our teams has changed the name only slightly from Western to United Athletic, but here's to the play having enough impact to draw attention when the FCS postseason comes calling in November.

All the speculation spoken here won't matter when the first football is kicked off. It's about to get real for everyone, so pull up a chair and enjoy.

Follow Tom Zulewski on the X at @TommyZee81 or email tominator19@yahoo.com.

RANDOM thoughts

Tom Zulewski

IRON COUNTY TODAY



“If you stunk, the expectations will be similar for the new campaign. If you surprised people, you're more likely to be put on a path toward a championship pedestal.”

TOM'S SPORTS TRIVIA

College football is less than two weeks away from the start of another season. Baseball is in the stretch run to the playoffs, and we have a champion at the Women's World Cup. Take in this set of 12 questions and please remember...no wagering!

1. This Pac-12 team was 1-11 a year ago and this new “Prime-Time” head coach wasn't happy when some of the players didn't get involved in a fight during a recent practice. Who is this coach?

2. Utah is dealing with quarterback issues as the season opener looms against Florida on Aug. 31. If Cam Rising isn't fully ready from his offseason ACL surgery, what Milford High grad will likely be elevated to the starting job?

3. What MLB team – winners of 27 World Series – found itself under .500 (60-61) on Aug. 17 and trying to avoid its first losing season since 1992?

4. What play is the NFL considering for major changes, including possible elimination, in an effort to reduce concussions?

5. A superfan of what NFL team was arrested on three counts of armed bank robbery – part of a 19-count indictment – and using the proceeds to attend games?

6. What Tampa Bay Rays shortstop was placed on the restricted list due to an investigation of social media posts?

7. The rules on uniform numbers for NFL players are relaxed during the preseason, so new Detroit Lions backup quarterback Teddy Bridgewater chose what number in honor of one of his favorite rappers – real name: Curtis Jackson?

8. What Pac-12 team will Southern Utah play in its season opener Aug. 31?

9. Utah Tech will open its season with three straight Big Sky opponents. Which one is waiting for the season opener Sept. 2?

10. Our local women's basketball teams gave their passports a workout when they played exhibition games in what two countries?

11. Anheuser-Busch returned from a one-year absence as a major sponsor for what NFL team after Josh Harris became the owner in July?

12. Who is the only host nation to reach the final at a Women's World Cup? (Australia nearly matched this distinction, but fell to England, 3-1 in the semifinals Aug. 16)

LAST WEEK'S ANSWERS

1. Sweden. The Swedes won the shootout by a 5-4 count in the seventh round.

2. Japan. Japan won the 2011 World Cup, but lost to Sweden, 2-1 in this year's quarterfinals.

3. Henry Ruggs.

4. 70. In past years, the first event of the FedEx Cup playoffs welcomed the top 125, but the number was reduced this year for the first time. The top 50 players are competing at the BMW Championship near Chicago this weekend.

5. Kevin Brown. Brown returned to the air Aug. 11 when the Orioles started a weekend series in Seattle against the Mariners.

6. Stanford and Cal.

7. Wine. Popovich is an investor in an “ultra-rare exclusive dessert wine” that was described in an ESPN.com story published Aug. 10.

8. Seattle Kraken.

9. Teddy Bridgewater.

10. Eric Bienemy.

11. Detroit Tigers and the L.A. Angels. Both teams last made the postseason in 2014.

12. The Detroit Lions will face the defending champion Kansas City Chiefs.

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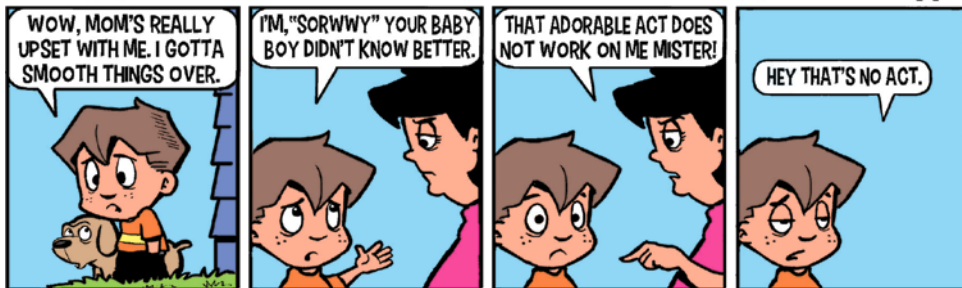


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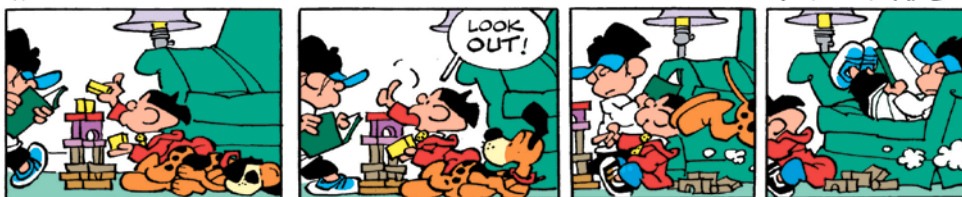
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HOCUS-FOCUS BY HENRY BOLTINOFF

Weekly SUDOKU

by Linda Thistle

4				3			7
	2			6		5	
		5	4				3
		6			1	8	
5			2				1
	7		8				9
8				7			3
		9	5				7
	6				2	1	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

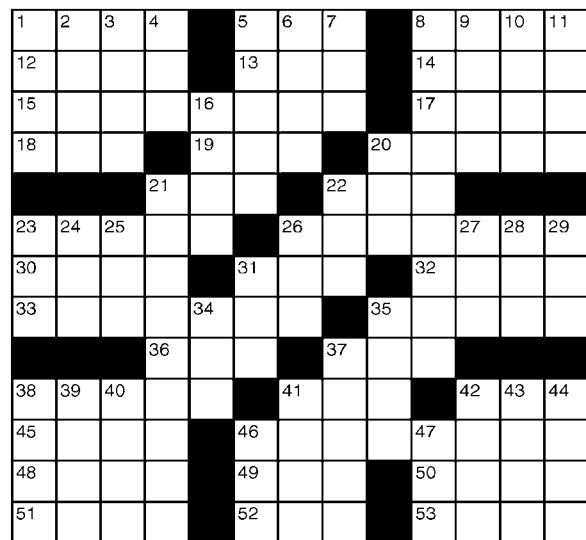
Differences: 1. Glove is different. 2. Mask is missing. 3. Bat is missing. 4. Post is missing. 5. Number is different. 6. Picking slab is missing.

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King Crossword

ACROSS

- 1 Rescue
- 5 Ozone, for one
- 8 Protracted
- 12 Carolina college
- 13 Roswell sighting
- 14 Falco of "The Sopranos"
- 15 "Game on!"
- 17 Snitch
- 18 Service charge
- 19 Rowing need
- 20 Road curves
- 21 Schlep
- 22 Deity
- 23 Everglades wader
- 26 Cure-all
- 30 Bump into
- 31 "Terrif!"
- 32 Astronaut Armstrong
- 33 Tennis tactic
- 35 Tea biscuit
- 36 Present location?
- 37 Expected
- 38 Thesaurus compiler
- 41 Drone
- 42 Airline to Sweden
- 45 Awestruck
- 46 "We should discuss this"
- 48 Actress Gilpin



- 49 Env. insert
- 50 Hybrid fruit
- 51 Adolescent
- 52 Bonfire residue
- 53 Inlets
- 9 Rhyming tributes
- 10 Egyptian river
- 11 Hair goops
- 16 Sulk
- 20 A billion years
- 21 Words at the start of a lesson
- 22 Talk on and on
- 23 Ambulance VIP
- 24 Earth (Pref.)
- 25 Gym unit
- 26 Skillet
- 27 Biz bigwig
- 28 Aachen article
- 29 Pub pint
- 31 Repair
- 34 Cauldron
- 35 Totals
- 37 Hollanders
- 38 Engrossed
- 39 Curved molding
- 40 Impale
- 41 Coop group
- 42 Long tale
- 43 Friend
- 44 Aspen gear
- 46 Meadow
- 47 Vat

DOWN

- 1 Narcissist's love
- 2 Sheltered
- 3 Cast a ballot
- 4 Em halves
- 5 Soviet labor camp
- 6 Miles away
- 7 Tofu source
- 8 #1 hit by

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Trivia test

by Fifi Rodriguez

1. MOVIES: In which U.S. state does the movie "Field of Dreams" take place?
2. FOOD & DRINK: What is sauerkraut?
3. ACRONYMS: What phrase does the acronym GPS stand for?
4. GEOGRAPHY: The country of Guyana lies on which continent?
5. TELEVISION: What is the pub where characters in "The Office" gather after work?
6. SCIENCE: How many karats are in pure gold?
7. PSYCHOLOGY: What is the fear represented by autophobia?
8. ANIMAL KINGDOM: How big is a newborn kangaroo?
9. AD SLOGANS: What product is advertised as "the snack that smiles back"?
10. LITERATURE: Who wrote "The Canterbury Tales"?

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5	8	1	2	6	3	7	9	4
9	7	4	8	1	5	6	3	2
3	2	6	4	7	9	1	5	8
6	9	3	5	4	8	2	7	1
4	1	7	9	2	6	3	8	5
2	5	8	1	3	7	9	4	6
1	3	2	7	8	4	5	6	9
8	4	5	6	9	1	7	2	3
7	6	9	3	5	2	8	4	1

Answer

Weekly SUDOKU

S	A	V	E	H	S	A	N	E	E
I	T	G	E	N	C	E	G	O	A
K	T	E	L	E	T	E	G	O	A
S	A	S	W	M	H	E	G	O	A
S	A	S	W	M	H	E	G	O	A
N	E	O	S	C	P	T	O	P	S
L	E	I	N	A	B	F	A	B	M
E	A	C	E	A	T	P	A	N	E
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S	S	S	S	S	S	S	S	S	S
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L	E	T	S	P	L	A	V	E	H
E	L	O	N	O	F	O	A	V	E
G	A	S	L	O	N	G	A	S	L

Solution time: 23 mins.

Answers

King Crossword

1. Iowa; 2. Pickled cabbage; 3. Global positioning system; 4. South America; 5. Poor Richard's; 6. 24; 7. Fear of being alone; 8. About 1 inch or less; 9. Goldfish; 10. Geoffrey Chaucer.

Trivia Test Answerst



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