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SCAN ME

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LOCAL DEALS INSIDE!

IRON COUNTY

today

# Frontier Fifty



STORY IN LIFE

# Lions Club proud to sponsor July 4th Parade

from Cedar City Lions Club

FOR IRON COUNTY TODAY

The Cedar City Lions Club is grateful for the opportunity to sponsor the Cedar City area Independence Day celebration. The Spirit of '76 Parade (the patriotic pageant at the beginning of the traditional parade), the traditional July 4th parade, and The Independence Day Festival at Main Street Park are a gift of service our club members are happy to provide on our nation's birthday!

We Serve! Is the Lions Club motto, and for over 90 years that's exactly what the Cedar City Lions Club has done. Besides the Independence Day activities our club sponsors the Kite Flight for Sight reading program that raises thousands



COREY BAUMGARTNER

of dollars for Iron County School District elementary school PTA organizations. The Great American

Stampede Collegiate Rodeo is another club sponsored activity that promotes the Southern Utah University

Rodeo Team, providing scholarships for agricultural students and celebrating our local livestock heritage.

Cedar City Lions Club, working with local optometrists, provides eye care to community members in need. Collecting used eye glasses for redistribution to underprivileged parts of the world is an ongoing club project. Our club also supports the Happy Factory with donations of time and money. The work of Lions is evidenced throughout Cedar City- pavilions at parks, CATS transportation shelters, monuments to pioneers and veterans, all erected and donated by the Lions.

If you have a heart for service, like to get involved in community events, and want to meet and work with nice people, consider joining Cedar City Lions Club. We have a ROARING good time! For more information, please go to: [cedarlionsclub.com](http://cedarlionsclub.com).

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Cedar City Lions Club



# Spirit of '76

## Independence Day Parade

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## opinion

## FROM THE EDITOR

Helping hands,  
hearts, heroes

I had the opportunity to spend a part of my weekend at the Emergency Room at the Cedar City Hospital. Not for me, but accompanying a friend with some health concerns. It's a different world late at night at the hospital. It's also an inspiring one to witness how many people there are in our community who offer their hands

and hearts to help those in need, no matter what time of day or night it is.

I know it's the same for each of our community's Police and Fire Departments and all First-Responders, Caregivers and



**COREY BAUMGARTNER**  
MANAGING EDITOR

anyone else who sacrifices schedules, sleep and sometimes even their sanity to help provide care and comfort for others. If you see, or know any of these heroes out in the community, I hope you'll continue letting them know they are needed and appreciated. And if you are one of those heroes, thank you!

Submit your letter to the Editor on our website at [www.ironcountytoday.com](http://www.ironcountytoday.com), or by emailing it to [news@ironcountytoday.com](mailto:news@ironcountytoday.com). All letters must be brief (generally under 300 words in length), list the writer's name, city and telephone number (phone number will not be printed). Iron County Today reserves the right to edit all letters for length or content.

## WORD OF THE WEEK

## BESMIRCH

*To soil; tarnish; discolor.*

Some search for ways to besmirch, while others choose the quest to find the best in others.

QUOTE  
OF THE WEEK

*"Those who don't read have no advantage over those who can't."*

Mark Twain

Artificial Intelligence empowers  
local small businesses

## BUILDING MAIN STREET, NOT WALL STREET

We have discussed the impact of Artificial Intelligence (AI) on small local communities in the past, but let's focus on the impact and opportunity for smaller businesses as well. Small local businesses face numerous challenges in effectively promoting, marketing, and branding themselves. With the advent of AI, local businesses can leverage cutting-edge technologies to enhance their strategies, reach their target audience, and establish a strong brand presence. Let's explore how small local businesses can utilize AI to optimize their promotional efforts, market more efficiently, and build a robust brand identity.

AI enables businesses to analyze vast amounts of customer data to understand their preferences, behavior patterns, and demographics. By leveraging this data, local

businesses can tailor promotional campaigns that deliver personalized content, recommendations, and offers to individual customers based on their needs, likes and habits. According to a study by Evergage, 88% of marketers report a measurable lift in business results from personalization efforts. A local restaurant can use AI-powered chatbots to engage with customers, collect feedback, and make personalized menu recommendations based on their previous dining experiences and preferences.

AI can enhance the effectiveness of promotional campaigns by providing valuable insights into target audiences. By analyzing user data from various sources, AI algorithms can identify potential customers with precision,



**JOHN A. NEWBY**  
COLUMNIST

see **A.I.** » 9

IRON COUNTY **today**

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# Lee spearheads Islet Transplantation Bill

Sens. Mike Lee (R-UT), Ted Budd (R-NC), and Marsha Blackburn (R-TN) introduced a bill aimed at empowering patients and improving the outdated regulation of islet transplantation, a cutting-edge treatment for individuals with Type 1 Diabetes. Rep. Matt Rosendale (R-MT) introduced a companion bill in the House of Representatives. Focused on patient-centered care, this effort would move islets to a more appropriate regulatory framework.

Islets, vital micro-organs in the pancreas responsible for insulin production, are essential for individuals' well-being. However, those with Type 1 Diabetes face a daily struggle as their islets fail to function properly, necessitating insulin injections. Islet transplantation presents a transformative solution by utilizing islets from deceased donors to restore natural insulin production, potentially liberating patients from constant insulin administration.

Unfortunately, the current regulatory framework classifies islets as drugs, hindering progress and limiting access to this life-changing procedure. While

other nations recognize islets as organs, establishing islet transplantation as the standard of care, the United States lags behind with outdated regulations.

Of the bill, Sen Lee said, "This bill holds tremendous potential for those living with this chronic condition, offering the possibility of reducing or eliminating the need for injected insulin. By redefining islets as organs rather than drugs, we aim to align the regulatory framework with the scientific advancements in the field. This will promote innovation, enhance patient access to islet transplantation, and potentially improve outcomes and quality of life for individuals with Type 1 Diabetes. It is time for Congress to act and address the regulatory mismatch that currently hinders progress in islet transplantation. By granting regulatory authority to the appropriate agencies and prohibiting the classification of islets as drugs, we can unlock the full potential of this life-changing procedure."

Of the bill, Piotr Witkowski MD Ph.D., Professor of Surgery, University of Chicago, said, "The ISLET Act is

extremely important for our patients with type 1 diabetes and is long overdue. It will allow us to treat the most vulnerable patients with a life-threatening form of diabetes and develop novel therapies to cure the disease. If passed, Americans, like diabetic patients in other countries, will finally have open access to islet transplantation procedures and the chance to experience a new life, one without insulin, constant blood sugar swings, and fear of sudden death."

Of the bill, Whitney Rimmer, an ISLET transplant recipient, said, "The Increase Support for Life-saving Endocrine Transplantation (ISLET) Act would be an answered prayer for so many with diabetes. I know, because I was a brittle type 1 diabetic for 32 years and recently received an islet cell transplant that has allowed me to be insulin independent. This has allowed me to really live again, not just survive, and to be present for my children, family and friends."

## Romney welcomes investment to expand high-speed internet in Utah

U.S. Senator Mitt Romney (R-UT) applauded a recent announcement from the Department of Commerce that the State of Utah would be awarded more than \$317 million in a Broadband Equity, Access, and Deployment (BEAD) program grant. The Infrastructure Investment and Jobs Act—negotiated by Senator Romney and his colleagues—created the BEAD program to help expand high-speed internet access to rural and underserved communities.

"Access to affordable, fast, and reliable broadband is critical for the education of our students and economic development opportunities in communities throughout our state," said Senator Romney. "I was proud to help lead negotiations of the bipartisan infrastructure bill to secure needed resources for Utah. This award of more than \$317 million will go a long way in continuing Utah's efforts to expand broadband access into these rural and underserved

*"High-speed internet is no longer considered a luxury—it's as important as any other utility for a quality of life"*


**Rebecca Dilg, director, Utah Broadband Center**

communities."


"Utah has been a long-time leader in expanding broadband, and this federal investment gets us even farther, especially in the rural areas of our state," said Governor Cox. "High-speed internet will help create jobs and new economic development opportunities, and we're excited

to see the difference broadband access will make for families and communities throughout our state. We appreciate the work of Congress and the Biden administration to put together a plan that will work for Utah."

"High-speed internet is no longer considered a luxury—it's as important as any other utility for a quality of life bringing education, employment, health-care, commerce, entertainment, and social connections right to our homes," said Rebecca Dilg, director of Utah Broadband Center. "The State of Utah has been working for years to encourage the buildout of broadband—especially in our rural communities. There are still gaps, however, not only in infrastructure, but in affordability and accessibility. The announcement of more than \$317 million coming directly to Utah will allow state leaders to collaborate with local governments, tribal leaders, and stakeholders to identify the greatest needs."



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**SUNDAY**  
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WINDS: SSW 15-20

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**MONDAY**  
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**TUESDAY**  
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**IRON COUNTY FORECAST**

WARM AND WINDY TO CLOSE OUT THE WEEK AND MOVE INTO THE WEEKEND UNDER MOSTLY SUNNY SKIES. TEMPERATURES WILL TREND A BIT WARMER INTO NEXT WEEK RESULTING IN A STRETCH OF DAYS MAINLY IN THE LOW 90S WITH OVERNIGHT LOWS IN THE LOW 60S.

**WEDNESDAY**  
Sunny  
**92°/61°**  
PRECIP: 10%  
WINDS: SW 15-20

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## Southern Utah University

# Ivory Homes donates \$75,000 to Women in Business

by Abbie Cochran

FOR IRON COUNTY TODAY

Ivory Homes, Utah's number one homebuilder, recently announced a \$75,000 gift to Southern Utah University in support of the Ivory Women Student Success Initiative. The initiative provides scholarships to 10 business students to complete a Women Business Leadership Certificate.

"I am thrilled at the opportunity the Ivory Women Student Success Initiative will provide to our students,"

centered around women in business, participate in the Ivory Hack-a-House competition, and work closely with SUU's Women in Business club.

"We remember the teacher who saw our potential and made a significant difference in our lives," said Dr. Paige Gardiner, faculty director of Ivory Women Student Success Initiative. "This program provides SUU faculty with the resources we need to reach out to more students and give them the individualized mentoring, care, and encouragement they need to succeed. We are indebted to Clark and



COURTESY SUU

The program provides faculty with the resources to reach more students and give them individualized mentoring, care, and encouragement.

said Mary Pearson, dean of the SUU Dixie L. Leavitt School of Business. "This program will further their personal and professional development and allow student participants to see their leadership potential. Great thanks to Clark and Christine Ivory for their generous support of this initiative."

The Ivory Women Student Success Initiative is a new program that provides female business students with more academic and field experience. 10 students will be selected as "Ivory Scholars," and along with receiving a half-tuition scholarship and a \$1,000 stipend per semester, students will take six credits of women leadership classes, attend conferences and events

Christine Ivory. Thank you for helping us change the female narrative for women in our state."

The Clark and Christine Ivory Foundation educates, builds, and supports female students in rural Utah for roles as future business leaders. By developing female business leaders at SUU, the Ivory Foundation's goal is to sustain communities and improve the equitable role of women in southern Utah.

SUU's Dixie L. Leavitt School of Business offers 13 business programs to help students achieve their highest potential through top-tier classes taught by professors with real-world experience.

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## history

# A century ago in Utah: the trip that killed a president

by Ronald Fox & Michael De Groot

DESERET NEWS

On June 20, 1923, a popular Republican president said goodbye to his dog, Laddie Boy, escaped the 90-degree weather in Washington, D.C., and embarked on what he called the “Voyage of Understanding.” It was a hundred years ago this week that President Warren G. Harding made a two-day stop in Utah as part of this tour.

The people of Utah did not know Harding was just beginning to learn about the corruption of his friends who had high positions in his administration. Utahns didn’t know his doctors were worried about the strain the vigorous trip might have on his weak heart (which was being treated occasionally with a commonly prescribed medicine called arsenic). They didn’t know he would be dead 37 days after his visit.

Former Utah Gov. William Spry, whom Harding had appointed U. S. Commissioner of Lands (like the Bureau of Land Management director today) acted like a modern-day White House advance man, planning out the minute details of what was officially called the “Tour of the President to Alaska.” With help from Utah Sen. Reed Smoot, it was no surprise that one of the stops had to be the Beehive State.

Harding and first lady Florence Harding arrived in his personal railroad car “Superb” in Ogden on June 26. After visiting with city officials, they boarded a car with Utah Gov. Charles R. Mabey and his wife for the trip to Salt Lake City. Thousands of Utahns lined the road. Passing through Layton, the president’s motorcade stopped for a little girl on the side of the road who had a large basket of flowers for the first lady (the little girl was Elizabeth Ellison, who in later years, with her husband and president of Zions Bank, Roy Simmons, was very active in civic and business affairs).

The motorcade next stopped at the Bountiful Tabernacle for a speech. The president and his motorcade later

*President Warren G. Harding address a large crowd at Liberty Park in Salt Lake City on June 26, 1923. Gov. Charles Mabey stands at the rear of the automobile.*



PHOTOS COURTESY RON FOX



*President and Mrs. Harding meet with Native Americans in Cedar City on June 27, 1923.*

drove down South Temple, then Main Street, where 100,000 people greeted their president, then out to Liberty Park where he spoke to thousands of schoolchildren who practically buried his automobile with flowers. It was estimated that he shook 3,000 hands that day. He also met with Elizabeth Stapley, the first Latter-day Saint to be born in Utah.

The party ended up at the Hotel

Utah where he was greeted by yet another large crowd. After a luncheon reception, Harding partnered with another president, Heber J. Grant, the prophet leader of The Church of Jesus Christ of Latter-day Saints, for a round of golf at the Salt Lake Country Club.

Following a private dinner at the hotel, President and Mrs. Harding visited the Church Office Building and then went to the Mormon Tabernacle

where Harding made a radio address to the large crowd regarding economic conditions, and World War I veterans. In the evening, the presidential party boarded his rail car at the Union Pacific Station and traveled overnight to Cedar City.

Arriving in Cedar City at 7:30 in the morning on June 27, the president and party were greeted by thousands of local citizens and officials including a group of Native Americans. At Zion Canyon, the president was greeted by sheriffs that assembled some 75 horses for the president, first lady, Smoot, Mabey, President Grant and other dignitaries to ride up the canyon. Harding donned a cowboy hat, kerchief and oversized chaps. After the ride, the first lady said, “I would not have missed this trip for anything.”

The president’s train departed on its way to Yellowstone National Park. He made one more stop at Brigham City where he greeted local officials and a large crowd.

The strain of the trip, including food poisoning, caught up with Harding in Alaska. He went to San Francisco to recuperate but died suddenly of a heart attack on Aug. 2. Reports say his dog, Laddie Boy, howled mournfully that night.

## UTAH LEGISLATIVE UPDATE

Friends and neighbors,

With the start of summer, I hope you and your loved ones have had the opportunity to take advantage of Utah's beautiful outdoors. This month has been busy and productive on Capitol Hill. In addition to our regular interim meetings, the Legislature examined several appointments made by the governor and legislation regarding the special election for Congressional District 2. Read a more in-depth overview of our interim meetings and the special session below.

Last week we had the opportunity to celebrate the Fourth of July. I hope you remembered to take appropriate precautions to alleviate the risk of wildfires when setting off fireworks. As always, I would love to hear your thoughts and suggestions for future legislative work. Thank you for staying updated on the political process.

### Special Session Update

Special sessions serve as a chance for the Legislature to address urgent matters between regular sessions. This month, we convened for the second special session of the 65th Legislature to allocate funds for the special election of Congressional District 2, following Rep. Chris Stewart's resignation. Ensuring Utah maintains representation with minimal delay is of utmost importance, and we took steps to expedite the process to fill the vacant seat.

We passed H.B. 2001 Election Amendments, which makes temporary amendments to current election law, including changing the dates of the 2023 municipal primary and general elections and appropriating money to cover the costs associated with those changes.

To minimize the amount of time the congressional seat will be vacant and to accommodate this year's municipal elections, primary elections throughout the state will be held on September 5, 2023, and the general election on November 21, 2023.

H.B. 2001 also modifies deadlines for changing party affiliation status in relation to the special congressional election date and provides for a one-time appropriation of \$2.5 million to cover costs.

Congressman Stewart has been a dedicated public servant and good friend. He will be missed as a leader in Utah, and I thank him for his service to our state and nation. We keenly anticipate welcoming a new individual to Utah's congressional delegation.

### Advice and Consent

The Senate convened for advice and consent to confirm the governor's appointments to several public positions, including nine new members to the Utah Board of Higher Education, Brian Steed as the new Great Salt Lake commissioner and Brian Redd as the new executive director of the Department of Corrections.

### Sensitive Materials in Schools

Last year, the Legislature passed H.B. 374 Sensitive Materials in Schools to prohibit pornographic or inappropriate books in school libraries. Since the law passed, school districts created policies and processes to review books with public input. With the new law in place, an individual challenged the Bible's content for school-aged children in Davis School District. After the Bible was reviewed by a committee, it was deemed inappropriate for younger children in elementary or middle school but appropriate for high school students. The Davis School District recently completed a review on the matter and overturned the committee's decision, making the Bible available in elementary, middle and high school libraries. The bill will be worked on over the next few months and vetted during the 2024 General Session. Watch the Administrative Rules and General Oversight Committee here and the Education Interim Committee here.

### Appropriations Subcommittee & Interim Committee Highlights

Following the approval of specific study items, our committees began discussing potential policies in more depth, considering the key subjects and issues facing our state. Highlights from appropriation and interim meetings are below.

Legislators discussed artificial intelligence (AI) policies for state agencies during the Government Operations Interim Committee. Utah's Chief Information Officer shared the opportunities and dangers of AI in state government. Though AI is already providing strong productivity gains for the workforce, the Legislature is cautious and have created a working group to examine the benefits and pitfalls.

The Natural Resources, Agricultural and Environmental Quality Appropriations Subcommittee heard from the Utah Geological Survey about the need for geologic hazard mapping to mitigate landslides and other hazards in metropolitan, rapid development and high recreational use areas. The need for landslide mapping and geotechnical reports would give researchers a better understanding of Utah's geological makeup and provide Utahns with safety information about the location of their homes and businesses.

The Transportation Interim Committee heard from legislative staff on reckless driving and road rage. Utah Highway Patrol also presented data regarding increasing road rage violence in Utah and shared that over the last five years, an average of 770 crashes yearly were due to aggressive driving and road rage, with fatalities steadily increasing in the last three years with some of these behaviors escalating to gesturing, yelling, confrontation, assault and murder.

### First-time Homebuyer Assistance Program

During the 2023 General Session, the Utah Legislature worked to combat the state's housing crisis. One of the solutions was S.B. 240 First-time

Homebuyer Assistance Program, which allocates \$50 million to aid first-time homebuyers. S.B. 240 is anticipated to help approximately 2,500 Utahns get out of apartments and into homes. Learn more about the program and the application process here, [utahhousingcorp.org/homebuyer/programs/sb240](http://utahhousingcorp.org/homebuyer/programs/sb240)

### Bryce Canyon Celebrates 100 Years

This month, Bryce Canyon National Park is celebrating 100 years. President Warren G. Harding first deemed Bryce Canyon as a national monument on June 8, 1923. Five years later, Bryce Canyon National Park was officially established. Bryce Canyon is a national and state treasure offering unparalleled views and experiences. The national park's rich landscape is home to the world's most extensive collection of hoodoos, a specific rock formation. It also has more than 70 miles of trails and more than 60 million visitors from around the world have come to this unique national park. I join the rest of Utah and the U.S. in celebrating its centennial anniversary!

### Juneteenth

On June 19, 1865, Union Major General Gordon Granger announced the end of the Civil War to the people of Texas and proclaimed that all enslaved persons were free. With that announcement, the Emancipation Proclamation issued years earlier was finally in full effect. Since then, June 19 has been known and celebrated as "Juneteenth," and is the oldest nationally celebrated commemoration of emancipation. As we celebrate the end of slavery, I want to express my gratitude to all those who sacrificed to extend fundamental freedoms to all Americans.

### USBE Providing Nutritious Meals for Children

We are excited to share news about the 2023 Summer Food Service Program organized by the Utah State Board of Education (USBE). This initiative aims to ensure children across the state have access to healthy and nourishing meals during the summer months. You can learn more about it here, <https://www.fns.usda.gov/meals4kids>

### ALEC Rich States Poor States

Recently, we celebrated Utah being ranked by Rich States, Poor States as the number one state in the nation for economic outlook for the 16th year in a row. I am proud of Utah's No. 1 ranking, which further solidifies our reputation as a highly attractive destination for businesses with a strong workforce and excellent standard of living for all. This achievement is a testament to Utah's ongoing accomplishments on the national stage.

Thank you for the opportunity to serve you. I am grateful to you for your support and feedback as we continue to work through the issues important to you and to our area of Utah.

Sincerely, Evan



SEN. EVAN VICKERS  
UTAH SENATE DISTRICT 28

## A.I.

« CONTINUED FROM PAGE 4

helping local businesses create targeted advertising campaigns yielding higher conversion rates. Local boutiques can use AI-driven analytics tools to identify the demographics, interests, and preferences of their customers. This information can then be used to create customized advertisements on social media platforms, reaching the right audience at the right time.

AI-powered social listening tools can help local businesses monitor and analyze social media platforms, online forums, and review websites to gauge customer sentiment, identify trends,

and track brand mentions. This real-time feedback can provide invaluable insights for enhancing marketing strategies and improving brand perception. An example might be a local coffee shop employing AI-powered sentiment analysis tools to monitor social media conversations and detect customer feedback. The business can promptly address the issues, demonstrating a commitment to customer satisfaction.


AI technologies, such as natural language processing and machine learning, can assist local businesses in creating high-quality, engaging content. From generating blog posts to crafting social media captions, AI algorithms can automate content creation tasks, freeing up time for business owners to focus on other

critical aspects. AI chatbots and virtual assistants can be deployed to provide instant customer support, answer common queries, and assist with purchasing decisions. By offering 24/7 support, local businesses can improve customer satisfaction and drive loyalty.

Without a doubt, AI not only levels the playing field with their larger national competitors, it also presents small local businesses with powerful tools to promote, market, and brand themselves effectively. By harnessing the capabilities of AI, businesses can deliver personalized experiences, target their audience more precisely, listen to customer sentiment, create engaging content, and enhance customer service. These advancements enable local businesses to compete


with larger enterprises and establish a strong brand presence in the digital landscape. Embracing AI is not only a smart business decision but also a vital step toward future-proofing local businesses in an increasingly competitive market.


*John Newby is a nationally recognized Columnist, Speaker, & Publisher. He consults with Chambers, Communities, Business & Media. His "Building Main Street, not Wall Street," column appears in 60+ newspapers and media outlets. As founder of Truly-Local, he assists chambers, communities, media, and businesses in creating synergies that build vibrant communities. He can be reached at: [John@Truly-Local.org](mailto:John@Truly-Local.org).*




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## public & health

### Dangerously Hot: Temps inside cars increase more, faster than you may realize

Even before the summer sun tips thermometers into triple digits, there are several areas of safety people need to consider when it comes to keeping children safe, particularly in the car.

“People need to realize that a child, because of their body surface area, will heat up three to five times faster than an adult, and their organs will start to shut down if their temperature reaches 104 degrees,” said Dr. Kerri Smith,



pediatric hospitalist for Intermountain Health in southern Utah, based in St. George. “Within 10 minutes, a car can heat up by 20 degrees. People need to realize how quickly things can happen, especially with young kids.”

The kind of danger Dr. Smith is referring to — leaving a child in a hot car even for a few minutes — can result in serious danger or even death. And even though national statistics show these cases are rare, roughly 35-38 cases per year Dr. Smith said, they do happen and it’s always tragic.

“I have more personal experience with it because I actually had this happen to one of my patients,” Dr. Smith said. “The child was 12 months old, and she wasn’t the parent who usually took the child to daycare, so it was out of her routine. She didn’t remember the baby was in the backseat and the baby died. It was tragic.”

In order to avoid this kind of deadly memory lapse, Dr. Smith suggests keeping the diaper bag in the passenger seat so it will serve as a visual reminder that there is a child in the back, particularly when the person driving is not used to transporting a child. Another suggestion is to put something in the backseat near the child that you are likely to miss the moment you leave the car — like a purse or a cell phone.

“Anything that will remind the driver to look in the back before leaving the car,” Dr. Smith said.

In addition to these precautions, Dr. Smith said it is imperative to teach children about car safety, such as never playing in a vehicle, even when it is parked.

“Keep vehicles locked so children do not have access to them,” Dr. Smith said. “And if you have children, check all the doors, and the trunk, before you leave. Kids can find their way into those hiding places.”

When the heat reaches an apex in southern Utah, just regular driving in the car can prove to be a risk for a child overheating. When possible, Dr.

Smith suggests starting the car ahead of time and have the air conditioning running to cool things before you leave. Portable fans in the backseat, particularly for children in rear-facing car seats, can be helpful too.

While the number of deaths resulting from a child being left in a hot car are relatively low nationwide, there are many cases of children suffering from heat stroke and other heat-related injuries in hot cars, so the more precautions taken, the better.

“In general, keeping kids safe from heat stroke and overheating is similar to adults,” Dr. Smith said. “Remove clothing and let the heat dissipate if they are showing signs of being too hot.”

Drinking cool liquids and offering a cold compress under the person’s arms can also be helpful.

“It’s just important to never even consider leaving a child or a pet in the car when you’re going to run an errand,” Dr. Smith said. “Even if you are leaving the car running and the air conditioning on. What if the air stops for some reason? It is worth taking them in with you.”

Lisa Larson,  
Intermountain Health

### Rocky Mountain Power reminds customers about the risks of mylar balloons

Those bright, shiny balloon bouquets offer a festive touch for any celebration. However, their lighter-than-air quality can get out of hand, literally, and have unintended consequences for the power grid.

“Mylar balloons may seem like small, harmless things,” said Curt Mansfield, Rocky Mountain Power’s senior vice president of power delivery. “But when Mylar balloons touch power lines, the metal material is conductive. This causes power fluctuations and outages.”

Every year, Rocky Mountain Power experiences outages related to Mylar balloons, which impact customers and the power grid. Balloon-related out-

ages often cause damage to equipment, requiring costly repairs.

“These outages are easily preventable,” Mansfield said, “We’re just asking people to be more careful about how they handle balloons in an effort to keep customers from being inconvenienced.”

There are steps you can take to help minimize the potential dangers:

- » Keep the balloons indoors where they can’t rise into overhead power lines or drift into contact with transformers or substations.
- » Make sure the string for each balloon is securely attached and short enough to control its direction.
- » Attach a weight to the balloon’s string so it cannot float away, and never intentionally release metallic balloons.
- » Deflate balloons after the holiday and keep them as mementos or dispose of them properly. Birds and squirrels have been known to carry balloon remnants onto lines.
- » Never chase a loose balloon across streets or attempt to retrieve a balloon from a power line or substation.

If you notice a balloon near a power line, do not try to retrieve it. Report it to Rocky Mountain Power by calling 1-888-221-7070. For more information, visit [rockymountainpower.net](http://rockymountainpower.net).

Jona Whitesides,  
Rocky Mountain Power

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# WONDROUS WALK

*Final Friday Art Walks return to Cedar streets*

by Ruth Scovill

FOR IRON COUNTY TODAY

I knew there would be music, but never having made it out to a Final Friday Arts Walk before, I didn't really know what to expect, but I was pleasantly surprised at all the amazing artists showcasing their creative crafts and musicians performing and everything in between.

One particular artist, Ron Holms, collected driftwood off the coast and added tail-lights and hood ornaments from classic automobiles to make working lamps. Another artist, Kimberly of Batcho Gallery used recycled copper wire and crystals to design trees, and figurines mounted on unique rocks.

Several other artists showcased their skills in watercolors, weaving, jewelry crafting, 3-D decoupage and beautiful beading. The Cedar Chest Quilt Guild was also present with their lovely quilts which are often donated to the school districts, Canyon Creek Women's Crisis Center and are used in the Quilts of Courage program to honor veterans.

Local photographer, Andrew Baruffi, displayed his photos of wildlife and the beautiful formations in Zion National Park. Another local photographer, Asher Swan brought pieces from his Artisan Gallery, which contains his life's work from having a great eye for composition and detail that would grace any home.

Another artist, Hanna Dawson showcased her beautiful Prussian Bleu artwork. The blue ink revolutionized the world of art because the



It was an eclectic collection of creations from artists and musicians.



by *Mary Anne Andersen*

CEDAR CITY ARTS COUNCIL

**W**e were sitting outdoors in the seminar grove on the USF campus waiting for the seminar to begin, following our seeing the production of *Emma, the Musical*, the day before. The seminar leader asked how many attendees were in Cedar City for the first time and a few raised their hands. I suddenly saw things through the eyes of someone new, and thought, “The SUMA building in the background is magnificent! Huge, modern, and there is no charge for entrance. The gallery shows large pieces of world-famous painters and is the home of the work of Jimmie Jones, of course. Wow! Lucky Cedar City.”

And then as it happened, I was on my way up the hill later and passed Groovacious advertising their art wall displaying the work of Mona Woolsey and began thinking of all the small venues in this town where one can see the work of local artists. I went into the store and Lisa Cretsinger and I

*“On the day I stood on the sidewalk, there were six small pieces—different artists, different media—and just the size to make a walker stop in her tracks for a few moments along the street”*

just kept thinking of places where one could go, alone or with our families, to have a mini art gallery experience. (A display of student art is replacing Mona’s work now.)

So, I began walking around town. A couple of years ago, the Arts Council awarded the Southern Utah Watercolor Society funds for a hanging system whereby they have displayed the works of their members in the front window of Main Street Books. On the day I stood on the sidewalk, here were six small pieces—different artists, different media—and just the size to make a walker stop in her tracks for a few moments along the street.

And then, on a whim, I went into The Grind next door, knowing that they have had art on the wall in times past. Sure enough, there were seven pieces by plein-air artist Ron Walter, framed and ready for sale for under \$300.00.

On a roll, I crossed the street and tried to enter the hallway in the City Offices, where Lisa said Brad Holt, another recipient of an Arts Council mini-grant, had a show. But the doors were locked, because it was a Saturday, I guess. And I also happen to know that Nick Froyd’s Color Country Art Supply, which shows a lot of work by local artists, is also closed on Saturday, so I will save those for a weekday and give a report. And get yourselves out to the Homestead and see a show by the Watercolor Society which will be up in July, organized by President Michael Clark.

And here is something you won’t want to miss: under the direction of Mona Woolsey and Tiffany Marchant, there is a show called Women in Art presently showing in the Cedar City Library. I attended this show last year and actually bought a watercolor! On Thursday, July 13th, there will be a reception from 6:00 to 8:00 where you can see the show and meet the artists—and munch. Take your family and raise everybody’s couth level!



## FINAL FRIDAY

« CONTINUED FROM PAGE 11

process of making the dye provided a lower cost way of manufacturing blue ink. Before this time, making blue pigment was so expensive that it was prohibitive, making it a rare color in art work. Prussian Bleu also has the quality of being photosen-

sitive, meaning that it can be used with sunlight to create interesting shadow castings.

used to illustrate stories that they would tell their children. The figures in the pictures display aspects of life that are important to Native American way of life. Alongside the artists were musicians showcasing their melodies and tunes. Bill and Loretta Westbrook, aka “Coyote Bluegrass”, provided lively music and Roice Nelson followed with fun songs he



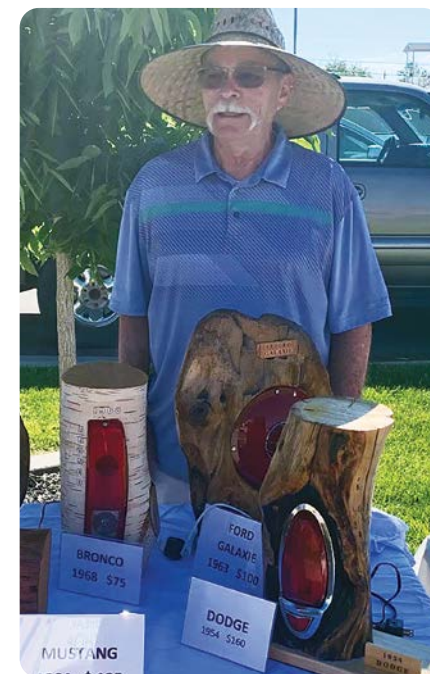
*Joey's Island Art*



*Aubree Larson*

sitive, meaning that it can be used with sunlight to create interesting shadow castings.

Displaying her beautiful acrylic art, Tamarah Butler, uses white ink on backgrounds of ombre colors. She then creates what she calls a “storyteller,” patterned after Navajo storyteller bracelets, which mothers



*Ron Holms*

PHOTOS BY RUTH SCOVILL

had written and accompanied himself on the guitar. One of the songs was a humorous piece about the trials of living in windy old Cedar City. Sara Penny joined Southern Utah strings in a fiddle duet.



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# Producing quality theatre for 20 years:

## Meet USF's Costume Crafts Supervisor Rosa M. Lazaro

by Liz Armstrong

UTAH SHAKESPEARE FESTIVAL

There's a lot that goes into producing high quality plays—including everything from props, sound, set design, costumes, and more. Rosa Lazaro has been a part of this process for over twenty years now at the Utah Shakespeare Festival, and it's people like her that have kept the organization producing quality productions since it was founded in 1961.

### The Beginning

For Lazaro, it all started when she was a high school student in Delta, Utah. The Festival's late Founder Fred C. Adams visited Delta, his hometown.

"He got me interested and excited [in theatre]," Lazaro said.

But Adams inspired the young student in more ways than one, influencing not just her interest in theatre, but also her educational journey.

"I was a first generation college student. My father was an immigrant from Mexico, and my prospects of going to college were very slim," Lazaro said.

One of seven children, Lazaro was the first to successfully attend college.

"A lot of that was due to Fred, knowing that these amazing people came out of Delta," Lazaro reflected. "I'm not sure I would've ever left [my hometown] had Fred not come through when he did."

### Lazaro's Start at the Festival

Lazaro enrolled at Utah State University and first came to the Festival in 1996 as a scenery mover. At the time, she was primarily interested in carpentry, properties, and technical directing and spent about three years working in scenery and at the prop shop with Properties Director Ben Hohman.

Adams, along with other early Festival framers Doug Cook and Cam Harvey, showed Lazaro that every member of the company counts.

Lazaro reflected on her first season at the Festival, when she was working on scenery for *The Three Musketeers*. Adams introduced himself to her, and from then on, remembered her.

"Everyone was so important to him, even the people who pushed the scenery," Lazaro said.

"Later I would add many [other Festival] mentors like Lew Haslam, Phil Haslam, R. Scott Phillips, and, of course, Jeffrey Lieder," Lazaro said. "All helped me see my own potential. I'm sure there were many others, but honestly the support from my Festival family has never rested."

### Furthering Her Education

In 1999, after finishing her undergraduate degree at Utah State University, Lazaro heard that Southern Utah University needed a part time assistant technical director. Since Lazaro had worked full time for several summers at the Festival, she was qualified for the job.

"From there I was encouraged to go to graduate school to become a technical director," Lazaro said. "The Festival [instilled] in me that I could go to grad school. I discovered I could achieve more than I ever thought I could."

Lazaro is now a professor of theater at Texas A&M University, Corpus Christi. From a young girl not sure she could finish her undergraduate degree to a professor teaching everything from costume



Rosa M. Lazaro

COURTESY PHOTO

design and production to stage management, this was a massive accomplishment.

"I get choked up thinking about what [those at the Festival] did for me," Lazaro said.

Now, as a professor, Lazaro strives to plant the same passion in her students that those at the Festival instilled in her.

"In my interview at Texas A&M, I said I wanted to keep coming back to the Festival, and they told me they wanted me to do that, and to take students that I thought were good enough back with me," Lazaro said.

Lazaro has done just that, bringing young students and technicians to the Festival, and influencing them the way she once was influenced.

"It's amazing that [at the Festival], we touch each other's lives and it has a domino effect," Lazaro said. "We continue to pay it forward."

### The Transition from Props to Costuming

Lazaro began graduate school to become a technical director. From there, she discovered she loved costuming, and so she changed her graduate focus from technical directing to costume design.

"Jeff Lieder was kind enough to give me a chance and brought me into costume crafts, which is kind of when properties and costumes has a baby," Lazaro said. "Twenty years later, I am the Costume Crafts Supervisor."

In this department, Lazaro and her team create things like shoes, armor, millinery, and accessories. She has been supervising since 2010.

Lazaro's favorite show she has worked on to date was *Richard III* in 2003, when Henry Woronicz played Richard, designed by Bill Black.

"I built this beautiful piece of plate armor that I worked tirelessly on," Lazaro said. "I remember Henry saying it was brilliant and hearing the applause when Henry walked out in it."

For Lazaro, this was perhaps the most significant point in her career.

"I couldn't imagine going back to any other part of theatre after that," Lazaro said. "It was so amazing to see the appreciation, and they had planted in me what I wanted to do for the rest of my life."

### Why She Keeps Coming Back

"Jeff tells everyone that the Festival is a very addictive place, and it's true," Lazaro said. "Not just because the people are wonderful to work with, but because of what it teaches you."

"We work hard to create beautiful costumes to help tell impactful stories that can change people's lives," Lazaro said. "I couldn't imagine working anywhere else."

Lazaro reflects on where the Festival started, when it was only the Adams Memorial Theatre across the street to the three theatres, administration center, production shops, and rehearsal hall it boasts now.

"I'm a part of that. Being able to look back where we started and knowing the passion that is put into each show . . . the standards at the Festival are something to be proud of," Lazaro said.

For Lazaro, it comes down to one simple question: Why do it at all if you're not going to do it to such a brilliant standard?

"We know what it takes to do great, great theatre," Lazaro said. "That is what's going to keep me coming back year after year."

# Frontier Homestead Celebrates 50 Historic Years



Blacksmiths were an important part that shaped the history and forged the future of Iron County.

RUTH SCOVILL

by Ruth Scovill

FOR IRON COUNTY TODAY

Cedar celebrated the Railroad Centennial on Saturday, June 24th in a big way, and the Frontier Homestead State Park was there to support the celebration with a fun scavenger hunt, and other

activities. The 24th was also set to be the Frontier Homestead's 50th Anniversary Celebration, but not wanting to create a conflict of interest with the Railroad celebration, they chose to play a supporting role on Saturday and do their own celebration on Monday June 26th instead where visitors experienced

family-friendly and fun hands-on interactive experiences.

Cary Bicsioie Rose of the Navajo Tribe demonstrated jewelry making. She said that she learned the art from her mother, who was also a sheep-to-rug weaver, and taught her the traditional ways. Her mother taught her about the duality of the human

spirit represented by two wolves of different temperaments which exist in each of us, each having important roles in our lives at different times. This is reflected in the asymmetry of much of her beautiful jewelry. She believes that the different stones

## family

## Independence Month

mom's  
CORNER(ED)

by Weslie Stratton

CONTRIBUTOR



The month of July is a very patriotic time for the Stratton family, for obvious reasons. We like to kick things off with Independence Day and keep the ball rolling with festive colors, patriotic songs, traditional snacks and trivia.

All month long you can hear our kids singing *The Star Spangled Banner* as they play with their toys. We have been known to add The Pledge of Allegiance to our list of activities on an ordinary day and read books about the Founding Fathers.

This year I decided to start our celebration with



SHUTTERSTOCK

a questionnaire for our three oldest to see where they stand with US history.

The following are their unfiltered answers to each question.

**From our three-year-old girl**

Q: What are America's colors?

A: Red, white and blue.

Q: What is something that is red, white and blue?

A: Popsicle.

Q: When do we eat those popsicles?

A: On a hot day.

Q: What's your favorite song?

A: Proud to be an American! And, We Will Rock You.

Q: What does it mean to be free?

A: To get out of timeout.

**From our five-year-old girl**

Q: What do we celebrate on the Fourth of July?

A: America's birthday.

Q: What does it mean to celebrate America's birthday?

A: It is really hot on the Fourth of July.

Q: What makes America special?

A: The American Flag

Q: Who was the first president of the United States?

A: George Washington

Q: What does it mean to be free?

A: To listen to Jesus. And, I think, to look at the American Flag, 'cause I always see American Flags.

**From our seven-year-old boy**

Q: What happened on July 4, 1776?

A: Americans won the war that made America.

Q: What was that war called?

A: The Revolutionary War

Q: How many stars are on the flag?

A: There used to be 13, now there's 50.

Q: Why are there 50 stars?

A: For 50 states.

Q: What are the 50 states?

A: Oh geez that's a hard question.

Q: What does it mean to be free?

A: To not have kings and queens. So they don't rule us.

As you can tell, we're off to a good start, but there is still so much to learn about how our great nation came to be and the reasons that we eat red, white and blue popsicles!

While the official Independence Day celebration has ended, ask yourself what more you can do this month to educate your family and keep the spirit of freedom alive and well in the good old USA.

## FAMILY HISTORY CORNER

Family History can be a precious part of your legacy no matter your age or experience. Here are some great ideas to help you get started on writing your own story that will become a foundation of inspiration for your posterity for generations yet to come.



RUTH SCOVILL  
CONTRIBUTOR

**Living Through History**

- » What are some significant historical events you have seen/experienced in your lifetime?
- » Why were they important to you?
- » How did they impact your life? Your family's lives?
- » Are they still important to you, or has their impact/influence faded?
- » What events do you wish you could have seen, or been a part of?

# D9 Meats

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# THE POWER OF PURPOSE

## LEADERSHIP 101.20

**P**urpose creates unity and integrity in every mission of your business, team, school, church, relationship and home. From the architect to the janitor, from the pew to the prophet, from childhood to parenthood and from the trenches to the temples, when you have a purpose, you wonder and wander less. You doubt and pout less and you not only accomplish more, but you become more in the process. You become a better person, employee, spouse, parent, friend.

When you and your people know why they're working so hard for something (the purpose), not just the vision on the horizon—and have the proper procedures and provisions—they will not only work together, but stay together through thick and thin to see the job through. Their proven camaraderie will improve, not just complement their accomplishments.

What reminds you of your purpose? Is this why many people read self-help books, podcasts, etc. and put inspiring pictures and words on their walls and halls—to remind them of their

## the rut LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



purpose? Positive people and products encourage them to not only do, but to become, even when things are difficult.

However, purpose alone is not enough. Purpose without process (planning and action) is like a rocking chair—you're moving but not going anywhere. Without a process, your progress will feel like you're spinning your tires in the sand, or stuck in the muck of life. And without motivation and desire to put the process in action, you won't get anywhere either. Thus, the process beneath (foundation) your purpose will transform your rocking chair into a rocket ship.

This is why great leaders don't just dish out duties. They develop desire and devotion to the cause of the company, but not at the expense of the cause of self-improvement, self-reliance

and becoming a better, happier person—the true purpose in life.

Some may say the happiness and well-being of their employees is not the leader's duty or responsibility. I understand this stand and also respectfully disagree. Any leader who wants their business to truly be successful will succeed more by providing opportunities to improve their employees. The better the employees, the better the business. Because when that person goes home, or leaves the home, feeling accomplished, they will come back better for any business.

And yes, it's okay for you as the leader to focus on "me" as long as it makes the "we" better. This purpose and process must start with you and then it must become about making things better and achieving success for everyone involved, in every aspect of their lives, not just their careers.

Today, leadership isn't just about improving the bottom line, or getting to the finish line by making people do good work. It's about making them feel good while they're doing it, so they desire to not only repeat, but improve and become good. With this purpose as a priority, the company, companionship, profession, family, etc. will prosper cumulatively and exponentially!

# SUMMER PHOTO CONTEST

*Winning photos will be featured in our Fall issue of Color Country Magazine!*

**PHOTOS  
DUE  
AUG. 14**

Complete contest details/rules & enter your photo at [IRONCOUNTYTODAY.COM](http://IRONCOUNTYTODAY.COM)

## calendar

## THURS, JULY 6

## Thirsty Thursday

**62ND UTAH SHAKESPEARE FESTIVAL – THE** Festival also offers a FREE nightly Greenshow (summer) at 7:10 pm, backstage tours, seminars, and play orientations. INFO/Tickets: 1-800-PLAYTIX (752-9849) or visit [www.bard.org](http://www.bard.org).



**INTO THE WOODS (PRO CAST JULY 6-9,** 7pm), (Student Cast July 13-15, 7pm) @ IMPAC Studio (389 N 100 W, Ste 7, Cedar). Tickets \$25. Available on [eventbrite.com](http://eventbrite.com). INFO: [im-pac.com/theatre-company](http://im-pac.com/theatre-company).

## FRI, JULY 7

## FORGIVENESS DAY

**CEDAR BREAKS WILDFLOWER FESTIVAL** (9-5pm Daily) @ Cedar Breaks National Monument (Hwy 148). Self-guided hikes focusing on the wildflowers, how to identify them, and much more. Park admission fee \$10 per person. INFO: 435-986-7120 or [www.nps.gov/cebr](http://www.nps.gov/cebr).



**SUMA: CREATE PLAYDATE (10AM) @ SUMA** (13 S 300 W, Cedar). A special free storytime and hands-on creative activity in performing and visual arts. About 45 minutes long, geared toward preschool children (ages 3 to 5) and their parents, guardians.

**PAROWAN SCAVENGER HUNT (10-5PM) @** the Parowan Visitor Center (5 S Main St, Parowan). Come any time between (10-5pm) on Fridays June-July. Get riddles/clues to find objects all over Parowan. Return to pick a treasure from the chest! INFO: 435-477-8190.

**CEDAR STREET FEST (EVERY FRI 3-10PM) @** Cedar Fun Center (170 E Fiddlers Canyon Rd, Cedar). Local businesses, farmers markets, artisans, musicians, comedians, drive-in movies, etc. for a weekly celebration of Cedar City's unique culture. INFO: [www.cedarstreetfest.com](http://www.cedarstreetfest.com).

**26TH JULY JAMBOREE KICK-OFF PARTY** (6-9pm) @ Tink's Superior Auto Parts (210 S 200 N, Cedar). Live music by Fenwick Way, food vendors, cool cars, and lots of fun!

**SIMONFEST THEATRE CO. @ HERITAGE** Center Theater (105 N 100 E, Cedar). Matinee (2pm), and evening performance 7pm). INFO/Tickets [www.simonfest.org](http://www.simonfest.org) or 435-267-0194.

**PAROWAN JULY CONCERT SERIES (8PM) @** Parowan City Park (Main & Center). FREE, open to everyone. Bring a chair or blanket and your family and friends. INFO: 435-477-8190.

## SAT, JULY 8

## VIDEO GAME DAY

**SWEET PEA FARM BREAKFAST (EVERY SAT,** 8-Noon) @ Sweet Pea Farm & Orchard (136 S 600 W, Parowan). INFO: 435-531-6461 or [sweetpeafarmandorchard.com](http://sweetpeafarmandorchard.com).

**CEDAR CITY FARMERS MARKET (9AM-1PM)** @ inside IFA (winter) (905 S Main St, Cedar). FREE. Farmers, food, and artisans. Drawings, bingo, and more! INFO: Facebook, Cedar Saturday Market, or Nancy 435-463-3735.



**FESTIVAL CITY MARKET (9AM-1PM) @** (Center St. & 100 W) By Bristlecone Coffee. FREE. Handmade treasures and a bounty of local farmers, backyard gardeners, fresh fruits, veggies, with local artisans for jewelry, art, wood, pottery.

**1ST UTV/ATV POKER FUN RUN (9-5PM).** Beginning in Parowan. Hosted by Painted Hills RV Resort and Dusty Pine Motorsports. Self-guided ride. Prizes, food, and good times. Optional Dinner (\$15) follows. Tickets on [eventbrite.com](http://eventbrite.com).

**26TH JULY JAMBOREE (4-10PM) @ HISTORIC** Downtown Cedar City (University Blvd to 400 N). Admission FREE. Vendors, beer garden, food, bouncy house, beautiful classic cars. An unforgettable event for the whole family. Please no pets. INFO: [www.julyjamboree.com](http://www.julyjamboree.com).

## SUN, JULY 9

## FASHION DAY

**CEDAR UNITARIAN UNIVERSALISTS** MEETING. (Noon, 2nd Sun) @ Gazebo Pavilion in City Park. Bring a chair. If inclement weather meet at 1280 E Midvalley Rd in Enoch. Please call Bonnie, 435-590-0596 and leave message for details.

## MON, JULY 10

## KITTEN DAY

**CULVER'S CARS & CUSTARD (6-8PM) @** Culver's (1065 S Main, Cedar). Classics, Customs, Supercars with a cruise down Main Street (8pm). Free single-scoop per entry. INFO: Mike (909) 717-1232, [ekimjacobs@gmail.com](mailto:ekimjacobs@gmail.com).

## TUES, JULY 11

## PET PHOTO DAY

**CHILDREN'S STORY TIME (TUES, 10-11AM) @** Frontier Homestead State Park Museum (635 N Main, Cedar). Admission FREE. A ranger reads a fun frontier-themed story along with a corresponding take-home activity. Recommended for preschool-aged children.

**LIVE JAZZ (7PM, 2ND TUES) @ OFF THE** Cuff (913 S Main, Cedar). Brought to you by the Jazz Alliance of Cedar City. INFO: [jazzallianceofcedarcity.org](http://jazzallianceofcedarcity.org).

## WED, JULY 12

## SIMPLICITY DAY

**41ST UTAH RENAISSANCE FAIRE HELD** (11-8pm 12th-15th) @ Cedar City Main Street Park (200 N Main). Admission Free. 4 fun-filled days with great entertainment, food, vendors, rides. Wee ones can participate in the Candy Cannon blast-off each day and a Giant Donut walk and Pie Eating contest. INFO: [www.umrf.net](http://www.umrf.net) or Rick Bryant 435-233-5862, Cathy Bryant at 435-233-5862, or Ralph McAfee at 435-559-5676.

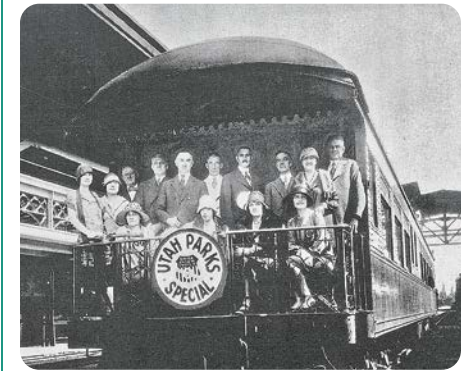
**MIDVALLEY FARMERS MARKET & ARTISAN FAIRE (4-7PM) @** (780 Midvalley Rd, Enoch). Live music, jump house, face painting, and more. Beautiful, original, and unique items. Crafters and artisans are local. Have dinner, listen to music, let the kids play in the jump house while you watch the sunset. a Project of The PEACE Guild - Text: 435-704-6916.

**CHARACTER SKETCHES (WEDS, 6:30-8:30pm) @** Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

## THURS, JULY 13

## ROCK DAY

**HISTORIC UNION PACIFIC PHOTOGRAPHY** EXHIBITION (1-7pm, Closed Sundays) @ Randall L. Jones Theater (50 S 300 W, Cedar). Many photos taken by Cedar City Native Son, Homer Jones (b. 1909 d. 2012) and the son of Randall L. and Lovina S. Jones. Approx. 70 historic photos chronicle the Union Pacific Railroad in Cedar City and Utah's National Parks.



## FRI, JULY 14

**CEMETERIES OF IRON COUNTY TOUR (8AM).** Leave from Cedar City Library Parking Lot (303 N 100 E). Admission FREE. Participants provide own transportation, water, snacks, personal items. No restrooms available. Preregistration REQUIRED at [cedarcitylibrary.org](http://cedarcitylibrary.org) or by contacting Steve Decker 435-586-6244 or [dsteve@cedarcity.org](mailto:dsteve@cedarcity.org). Tour guides are Ryan Paul & Steve Decker. Designed for adults who want to get out and engage in a field trip with a scholar and explore and learn about the area.

**FOOD TRUCK ROUNDUP (3:30-7:30PM) @** Iron County Fairgrounds (Parowan). Everyone invited to come and enjoy the variety of Food Trucks at the fairgrounds for fun, family, food, and good times.

## Want your event on our calendar?

There is no charge for calendar items. Your submissions can be made online at [ironcountytoday.com](http://ironcountytoday.com), or emailed to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or brought to 479 N 100 W, #1, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.

## calendar

## ONGOING OPPORTUNITIES

## GOVERNMENT

**Brian Head Council**

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

**Cedar City Council**

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

**Enoch City Council**

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

**Enoch Planning Commission**

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

**Iron County Commission**

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

**Iron County Democrats**

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

**Iron County Republican Women**

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

**Parowan City Council**

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

## SERVICE GROUPS

**American Legion Post 74**

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Veterans invited to learn about benefits, opportunities and fellowship. Honor Guard provides military honors at Veterans funerals. • Post Commander Darrin Duncan (435) 704-1466.

**Bikers Against Child Abuse**

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Room)

**DAR – Bald Eagle Chapter**

2nd Sat, 10 am • Cedar City Library, 303 N 100 E

**Elks Lodge #1556**

111 E Freedom Blvd. Cedar City, (435) 586-8332

**Lion's Club**

Tues, 12 pm • Call Pres. Roger Shurtz for mtg. info. Everyone welcome! (435) 590-2896

**Marine Corps League**

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

**Rotary Club**

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

## SUPPORT GROUPS

**AA—Alcoholics Anonymous**

(435) 635-3603 • [www.utahaa.org](http://www.utahaa.org). Helpline: John (702) 802-1332, Kara (702) 232-6829 KKC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Speaking From The Heart** • M – Sa, Noon

**Steps and Traditions** • M – Su, 7 am

**Red Road to Sobriety** • Mon, 6 pm Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

**Misfits** • M – F, 6 pm

**Cedar Group** • Tues, 8 pm

**The Great Fact** • T, F, Noon. True Life Center 2111 N. Main. • (702) 802-1332 or (702) 533-7856

**Red Creek Group** • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

**Women's Meeting** • Sat, 10:30 am

**My Story** • Sat, 8 pm

**Thank God it's Sunday Spiritual** • Sun, 11 am

**What a Way to Start the Day** • Su, W, F 7-8 am • All are welcome

**Al-Anon**

KKC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Al-Anon** • 1st, 3rd Tues, 7-8 pm • Call for info: (435) 704-8984

**Easy Does It** • Tues, 7-8 pm • (435) 559-3333

**Hope for Today (Family Groups)**

Thurs, 6 pm • (435) 559-3333

**Alzheimer's/Dementia**

Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn about/access resources, connect with others for support.

Contact Raven Albertson, 385.831.7124, [utahprograms@alz.org](mailto:utahprograms@alz.org)

**ARP—Addiction Recovery**

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan

Sun 7:30 pm • 85 N 600 W, Cedar City, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

**Caregivers**

1st Tues, Noon • Five County Aging Offices, 585 N Main, Ste. 1, Cedar City

3rd Thurs, 6:30-8:30 pm • Johnson Arts Center (59 N 100 W, Cedar). All levels of the caregiver's journey from pre-caregiving to bereavement and rebuilding welcome. INFO: Kat at 702-292-9911.

**Celebrate Recovery**

Fri, 6:30 pm, starting July 7, 2023 • Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, [info@sonrisechurch.net](mailto:info@sonrisechurch.net), [sonrisechurch.net](http://sonrisechurch.net).

**Helproom**

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, feel supported, share perspectives on healing, recovery. Join: [affiliate.rainn.org/helproom/canyoncreekservices](http://affiliate.rainn.org/helproom/canyoncreekservices).

**Multiple Sclerosis**

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

**Narcotics Anonymous**

[www.nasouthernutah.org](http://www.nasouthernutah.org) • (435) 635-9603 KKC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Basic Text Study** • Mon, 8 pm

**Just for Today** • Wed, 8 pm

**Hope Without Dope** • Thurs, 8 pm

**Live and Let Live** • Fri, 8 pm

**Candle Light Mtg** • Sat, 9:30 pm (Small room)

**Women Only** • Sun, 11 am

**Dopeless Hope Fiends** • Sun, 8 pm • Meeting Hall, 1067 S Main, Cedar (877) 865-5890

**Nicotine Anon (12-Step)**

Fri 5 pm • KKCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

**Porn Addiction Recovery for Men**

Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

**Pregnancy, Infant Loss**

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • [www.southernutahshare.com](http://www.southernutahshare.com)

**Senior Blind/Visually Impaired**

3rd Thurs, 1:30 pm • Cedar City Library

**Southwest Parkinson's Alliance**

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

**Widows Ministry**

2nd Sat, 11-1 pm • New Journey-Widow's Ministry @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, [info@sonrisechurch.net](mailto:info@sonrisechurch.net), [sonrisechurch.net](http://sonrisechurch.net).

## CLASSES, CLUBS &amp; ACTIVITIES

**Adult Barre/Modern Dance**

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

**Arthritis Foundations Exercise**

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

**Bingo & Lunch**

Fri, lunch @Noon, Bingo @1:15. Free for Seniors @ Our House Assisted Living (995 S Regency Rd, Cedar). INFO: 434-867-0055.

**Book Club**

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

**Boy Scout Troop 1848**

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door, next to Enoch City Business office. Text Sheila Shaw 805-208-4545

**Cedar Breaks Model A/ Vintage Car Club**

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email [cedarmodela@gmail.com](mailto:cedarmodela@gmail.com).

**Cedar Chest Quilters' Guild**

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. [cedarchestquiltersguild.org](http://cedarchestquiltersguild.org)

**Cedar City ESL**

Wed, 6:30 - 7:30 pm • Free ESL lessons offered at Cedar City Public Library, Rare Book Room (303 N 100 E). No pre-registration required.

**Cedar City Toastmasters**

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

**Cedar Professionals**

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit [www.cedarprofessionals.org](http://www.cedarprofessionals.org)

**Cedar Radio Control Club**

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

**Color Country Winds**

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

**Cub Scout Pack 1848**

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

**Explorer Bible Club**

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

**Folk Dancing Class**

1-2 pm • Cedar Senior Center (489 E 200 S). Come to your first International Folk Dancing Class! Teaching included. Easy to learn, fun, free for all ages. (626) 808-6129

**Hey Cedars Square Dance Club**

Wed 6-7:30 pm (Beginners), Dancing 7:30-8 pm • Cedar City Aquatic Center (2090 W Royal Hunte Dr). All former square dancers invited. INFO: Call/Text Neil Mattson 909-477-9795.

**International Folk Dancing**

Fri, 1-2 pm • Cedar City Senior Center (489 E 200 S). Free. All ages welcome. Teaching included. INFO: (626) 808-6129

**Iron County Moms For America**

2nd Thurs, 7pm • CC Visitor Center (581 N Main). Help heal our nation, keep liberty alive in your heart & home. INFO: Kami Merrill 435-592-4152 or email: [ironcountymomsforamerica@gmail.com](mailto:ironcountymomsforamerica@gmail.com)

**Parowan Pickleball**

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and signup: Parowan Visitors Center 435-477-8190.

**Rock Club**

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. [southernutahrockclub.org](http://southernutahrockclub.org)

**Sagebrush Fiber Artisans Guild**

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

**Senior Yoga Classes**

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

**Sewing Group**

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

**Southern Utah Woodturners**

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

**StrongBoard Classes**

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

**Tae Kwon Do Class**

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 W Royal Hunte Dr. \$25/ mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

**Tai Chi For Health**

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

**Take Action for Freedom**

Wed, 7 pm • Stahli West 600 N. Airport Road, Cedar • Preserve Constitution, Republic, voting laws, medical freedom, education, 1st & 2nd Amendment Rights, ed. on CRT & boarder illegal immigration, local/county/state Legislature

**Top Bar Hive Bee Keeping**

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

**TOPS – Take Off Pounds Sensibly**

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

**Water Aerobics Class**

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W. Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

**Wellness Place**

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: [thewellnessplacecc.com/upcoming-classes](http://thewellnessplacecc.com/upcoming-classes)

**Wellness Wednesdays**

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PW: health, Info: Kristi Sharp (435) 986-2564, [ksharp@swuhealth.org](mailto:ksharp@swuhealth.org)

**Youth Group**

Wed, 6:30-8 pm • Ages 12-18. Meal, games & Bible Study. @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, [info@sonrisechurch.net](mailto:info@sonrisechurch.net), [sonrisechurch.net](http://sonrisechurch.net).

**To add your ongoing opportunity to our calendar, call 867-1865, ext.6 or email [news@ironcountytoday.com](mailto:news@ironcountytoday.com)**

## HOMESTEAD

« CONTINUED FROM PAGE 15

used in the jewelry can influence the wearer.

The pioneer crafts were brought to life by a number of hands-on demonstrations. Justina Parsons-Bernstein led a doll making activity. Amy Howe baked cornbread in a brick oven over an open fire. Norm Forbush, Tristan Miller, Garrett Gray and others helped people make their own rope twine. Derek Nelson and William Bagnall demonstrated the art of blacksmithing, heating iron over a forge and pounding it into shape.

Towards the end of the evening, Giani Julander shared the importance of “story” as she gave the opening speech during a special presentation about the park.

The motto of the park is “Where

history becomes your story.” The purpose of the park is to help people learn the stories of the area, but as people come to the park, they also become part of the story of the park, and the park becomes part of the visitors’ story. She encouraged people to come back to the park again and again to see what the park is doing differently, adding, changing, and improving, and to make the park a part of their story.

Jeff Rasmussen, the Director of the Utah Division of State Parks, spoke next. He said that besides being a museum, the Frontier Homestead is also a park, because of the hands-on experiences that help visitors create memories. With its picnic tables, activities, and other amenities, it is a great place to be. The big electric shovel and cabooses outside get people’s attention and

Many enjoyed the delicious Dutch Oven delights, beautiful beading and sheep shepherding.



PHOTOS BY RUTH SCOVILL



invite them to come in. Each addition to the park, from the Hunter home and the milking barn to the brick oven, there are so many things that have been added over the years that bring new events and opportunities for visitors to come, and keep them coming back.

Rasmussen also took time to recognize current and former employees who have made the park what it has become. He also recognized the partnerships the park has with the city and county, the part-time employees and volunteers, the Friends Foundation, and Katherine Ross, Ryan Paul, and Norm Forbush, and many others who have contributed to the park.

Rasmussen said that the goal of the state parks is to make all their sites a destination where visitors will want to come, but they also want the parks to be local gems where locals come to enjoy the experience. He feels that the Frontier Homestead has accomplished that goal.

## finances

### ASK RUSTY: SOCIAL SECURITY

from Assoc. of Mature  
American Citizens

FOR IRON COUNTY TODAY

## Income Tax on Social Security Benefits

**Dear Rusty:** I just started receiving my Social Security in February of 2023. I am also working part time at a company 24 hours a week. My question is... I feel like I missed something when I signed up for Social Security because they are not taking any taxes out. What did I miss? How do I go about fixing it so I don't get hit at the end of the year? They are taking taxes out of my paycheck now, do they still take it out of my Social Security because I am working? Please help if I am not doing something right. Signed: Conscientious Senior

**Dear Conscientious:** Unfortunately, when the Social Security Administration processes your application for benefits, they don't usually inform you that your Social Security benefits may become part of your taxable income. I expect that's because your benefits only "may" become taxable – they do not definitely become taxable, because Social Security benefits are taxed only if you exceed a certain income threshold.

Here's how it works:

If you file your income tax as an individual and your "combined income" from all sources is more than \$25,000, then 50% of

the Social Security benefits you received during the tax year becomes part of your overall taxable income at your particular IRS tax rate. But if your combined income as an individual tax filer is more than \$34,000 then up to 85% of the SS benefits you received during the tax becomes part of your overall taxable income.

If your income tax filing status is "married – filing jointly" the thresholds are higher – if your combined income from all sources as a married couple exceeds \$32,000 then 50% of the Social Security benefits you received during the tax year becomes part of your taxable income. But if your combined income as a married couple exceeds \$44,000 then up to 85% of your SS benefits received during the tax year are taxable.

"Combined income" is also known as your "Modified Adjusted Gross Income" or "MAGI." Your MAGI is your Adjusted Gross Income on your tax return, plus 50% of the Social Security benefits you received during the tax year, plus any non-taxable interest or untaxed foreign income you had (note that withdrawals from a Roth IRA are not included). If your "MAGI" exceeds the above thresholds, some of your Social Security benefits are taxable; if you are under the first threshold for your IRS filing status they are not.

Social Security doesn't automatically withhold



**RUSSELL GLOOR**  
SOCIAL SECURITY  
ADVISOR

see **INCOME TAX** » 22

## obituaries

### Thorval Jay "TJ" Fillerup



Thorval Jay "TJ" Fillerup passed away on June 26, 2023. TJ was born March 2nd, 1934, in Lapoint, UT to Clesson Jay Fillerup and Hilda Nyberg Fillerup. After the death of his mother at the young age of 4, Clesson married Veda Rasmussen who lovingly cared for and raised him like her own. Later, moving to Salt Lake City, TJ attended and graduated from South High School in 1952.

Starting his career right out of high school TJ went to work for Western Electric where, throughout his 35 year career, was part of many changes in the phone business and eventually retired from AT&T. During his time with the phone company, he served 2 years in the military, always saying he served in the "foreign country" of Fort Polk, Louisiana. TJ treasured his many friendships created throughout his career and life experiences, always doing his best to keep in touch with everyone he possibly could.

TJ married Ann Dent Fillerup and had 5 children, Arlan Jay Fillerup (Lori), Boyd Dee Fillerup (Gloria Clark), Karen Fillerup, Annette Lee (Terry), Karalynn Dowdell. TJ and Ann later divorced. In 1988 TJ married Nancy Lee Clark Fillerup and became a step father to 6 step children, Lisa Dame (David), Louise Craig, Bob Shermer (Michelle), Stephen Evans (Christine), Pam Chancellor and Juliette Chesley (Kent).

He is loved and deeply respected by many grandchildren and great-grandchildren. TJ loved his family and leaves a legacy of great strength, love and countless memories of never-ending support. With deep humility TJ stepped up to be the big brother everyone wished they had, earning the love and respect of his 7 brothers and sisters.

Spending his early years in the Lapoint and Jensen area, TJ learned to work hard and never stopped. He enjoyed hard work, developing many craftsman skills of which he never hesitated to share and help others. There was never a project or repair we took to dad that he couldn't figure out how to fix. There was never a home we lived in where he hadn't added a room, a garage, built a deck or finished a basement.

He loved the "good old country music" and legendary comedians, spending countless hours enjoying good music and good comedy, especially in his later years often sharing a good joke or two with all of us.

TJ's work took him and his family to many different places, blessing us with good memories and lifelong friends. He especially enjoyed the 21 years he and Nancy spent in Mount Pleasant, adding more and more decks, more and more rooms and garages, as well as more good friends and neighbors.

He is now enjoying a great reunion with his mother Hilda, step mother Veda, father Clesson, daughter Karen, son Boyd, grandsons Daniel and Eric, granddaughter Nicole, sisters Marleen and Valena and brother Errol. TJ died peacefully listening to his "good old country music". He will be deeply missed.

### Lawrence Robert Dotson



Lawrence Robert Dotson passed away on June 19, 2023, at the Cedar Health and Rehabilitation Center in Cedar City, Utah due to health issues. He was born on January 26, 1943, in Kimberly, Nevada to Mark Robert Dotson and Betty Lou Jones.

Larry was a life-long active member of The Church of Jesus Christ of Latter-day Saints. He was an animal lover—especially his kitties and doggy, Bandit. He had been disabled for many years, leaving his job as a pantograph operator for McDonnell/Douglas-Boeing.

He was preceded in death by his Mother Betty Lou House, his Father Mark Robert Dotson, his Brothers Mark David Dotson, Ronald Ray Meachum, Arnold Ray House—Brothers-in-law



Delbert Ray Hunt, Rick Flocken, and Jeff Towles; his sisters Devonnie Ellen House, Joyce Fay Towles, and niece Shannon Kaye Hunt.

He is survived by his sisters: Kita Hunt, JoAnne (Larry) Stillwell, and Heidi (Steve) Majors; his brothers: John (Patti) Dotson, Israel (Genelle) Dotson, Matthew (Jacque) Dotson, Steve (Aurora) House, Phil (Cecilia) House; sisters-in-law: Cathy Dotson and Yvonne Meachum; along with their children and grandchildren, including those of Devonnie (Rick) Flocken and Joyce (Jeff) Towles.

A graveside service was held at the Parowan Cemetery (834 Canyon Road) on Saturday, July 1st at 1:00 pm. Condolences and memories of Lawrence can be posted online at [affordablefuneralservices.com](http://affordablefuneralservices.com).

## Want to submit an obituary?

There is a charge of \$100 for obituaries to be published. Submissions can be made online at [ironcountytoday.com](http://ironcountytoday.com), emailed to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or brought in typed/digitized format to 479 N 100 W, #1, Cedar City. A single submission may be up to 600 words and may include up to two photos. Submitted obituaries over 600 words will be charged an additional 10¢ per word. The deadline for submissions is Monday at 11 am for Thursday's publication.

## INCOME TAX

« CONTINUED FROM PAGE 21

taxes from your monthly benefits, and the FICA tax being withheld from your earnings are not used for that purpose. Everyone who works and earns must pay SS tax on their earnings, which are mandatory contributions supporting the federal Social Security program. But that FICA payroll tax has nothing to do with income tax on your Social Security benefits. If you are working 24 hours per week and also collecting Social Security benefits, you will likely exceed the threshold for your tax filing status, which means that at least some of your 2023 benefits will become taxable. That could, as you suspect, result in a surprise “hit” when you file next year’s income tax return.

Nevertheless, fixing this is quite easy:

Download IRS form W-4V from the IRS website here: [www.irs.gov/pub/irs-pdf/fw4v.pdf](http://www.irs.gov/pub/irs-pdf/fw4v.pdf). You will be able to choose the percentage of your Social Security benefits you wish to have withheld for income tax purposes. Complete the form and mail it to your local Social Security office (get the mailing address here: [www.ssa.gov/locator](http://www.ssa.gov/locator)). Social Security will then start withholding income tax from your monthly Social Security benefit payment, which will mitigate any additional tax due when you file your 2023 tax return next year.

*This article does not represent legal or financial guidance. To submit a question, visit our website ([amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory)) or email us at [ssadvisor@amacfoundation.org](mailto:ssadvisor@amacfoundation.org).*

## faith

# The unknown soldiers of the American Revolutionary War (Part 3)

by *Edy Meredith*

FOR IRON COUNTY TODAY

**T**he mainly untold story of Black patriots continues to educate Americans as we learn of their bold courage to defend freedom. Reverend William Howard Day, a Black abolitionist, editor, educator, and minister said in 1852, “Of the services and sufferings of the colored soldiers of the Revolution no attempt has, to our knowledge, been made to preserve a record. Their history... lies upon the soil watered with their blood...”

Remembering that the most precious legacy a people can hand to their children and succeeding generations is a nation founded on freedom, we, on this week of July 4th remembrance, bring up the efforts and sacrifices of all who fought in America’s war for freedom. The many who were dressed in rags and tattered uniforms, and even more amazing, many of those American soldiers were slaves, not free men and women.

We know some of the battle cries of the Revolution, but the main one was for freedom from oppressive government. Today we will mention those who fought for a freedom they could not share at the time. Of George Washington’s troops, it has been estimated that more than five thousand were Black African Americans. Many of them enlisted during the wintertime of 1777 through 1778 although some of them served during the entire time, viewing their eight-year service as a career. White volunteers tended to serve for shorter times in the Continental army and militia groups.

One of the most dedicated of these Black patriots was William Lee, George Washington’s personal valet and slave. In portraits of Washington, William (Billy) Lee is frequently shown standing next to Washington and is even in the por-

trait of Washington’s December 26, 1776, river crossing of the Delaware to capture the Hessians the British had hired. Billy had been purchased when he was a teenager for sixty-one pounds and fifteen shillings along with his brother Frank. Billy Lee was Washington’s faithful valet and was set free to live at Mount Vernon for

*“If [William] Billy Lee had been a White man, he would have had an honored place in American history because of his close proximity to George Washington ... but because he was a Black servant, a humble slave, he has been virtually ignored by both Black and White historians and biographers.”*

*Fritz Hirschfeld, historian*

his entire life in Washington’s will (he died in 1810, 11 years after Washington died). The historian Fritz Hirschfeld, said, “If Billy Lee had been a White man, he would have had an honored place in American history because of his close proximity to George Washington ... but because he was a Black servant, a humble slave, he

has been virtually ignored by both Black and White historians and biographers.”

Other African American Revolutionary War soldiers were the tough and prepared Black soldiers who were members of the Green Mountain Boys: from Vermont Lemuel Haynes, from Massachusetts Barzillia Lew, and others such as Primus Black and Epheram Blackman, all of whom accompanied Ethan Allen on his historic mission. The Green Mountain Boys stopped sheriffs from enforcing oppressive British laws and organized to defend the property of residents as well as participating in the capture of Fort Ticonderoga.

After the war, Haynes returned to school and received the first honorary degree of Master of Arts bestowed on an African American. He also became the first black congregational ordained minister in America, writing sermons and letters and heading up churches in Vermont and New York. Barzillia Lew was born free in a Black settlement near Boston. He was said to be a large man and described as a giant, towering over most other men of his time.

There were so many African Americans who fought in the Revolutionary War that it would be impossible to list them all. Please refer to the following books: “Black Patriots in the American Revolutionary War: The Untold Story” by Patrick G. Cabral; “Miracles in American History” by Susie Federer; “The American Miracle: Divine Providence in the Rise of the Republic” by Michael Medved; “The Triumph of the American Revolution: Angel in the Whirlwind” by Benson Bobrick.

These defining moments during the Revolutionary War and the forgotten soldiers are deserving of our study and attention to remind us of what the American dream is even today and to help us all to become true American Patriots again!

## faith

## ROAD RAGE

**H**ave you ever been cut off in traffic? Ever been honked at, yelled at, glared at, pointed at, or worse, by someone peeved at their perceived judgment of your deficient driving and vice-versa? Ever been stuck in traffic—when you're already late for work, almost out of gas, or in an emergency? What about that person in front of you who doesn't see the green light because they're too busy texting, or talking on their phone? Ever been tailgated, or had someone slam on their brakes right in front of you? Ever had someone steal your parking space when you were clearly there first? Welcome to human nature 101—the fight for survival of the fittest—or fastest, and definitely not necessarily the smartest.

There's a reason why the word Danger contains the word Anger.

We've all thrown the advice to be "slow to anger" (James 1:19-20) out the window and become "fools" (Proverbs 29:11) on the road, at the grocery store, the office, or the home. We've let too many suns set (and rise) on our anger (Ephesians 4:26-27). We've all done things that aren't smart behind the wheel, even when we're not upset. And when other people do it to us (intentionally or not—hopefully unintentional) the temptation may come to react negatively and retaliate, right?

Seeking payback is not a good

*“Aren't we secretly sometimes hoping lightning strikes that offending driver? Or a police officer shows up out of the blue and pulls them over?”*

investment for your present or future, or for those driving outside, or alongside you. Retaliation ruins many moments long after drivers (and passengers) arrive at their destination. It has also led to many accidents and worse. Easier said than done when eyes are glaring and tempers are flaring, right?

Before you use your horn or your hand, God wants you to use your heart (Colossians 3:13). You can't prevent, or always avoid every fault, delay, or accident on the roads, at the workplace, or in the home. When these situations do happen, you can react with retaliation through replication (which usually leads to



escalation), or you can react with patience and find (or create) a solution to the problem.

Sometimes in these maelstrom moments, we may wonder whatever happened to "Vengeance is mine" (Romans 12:19)? Aren't we secretly sometimes hoping lightning strikes that offending driver? Or a police officer shows up out of the blue and pulls them over?

While I'm not sure minor traffic infractions qualify for God's vengeance (thankfully—at least in my case!), these incidents are not coincidences, but opportunities for each of us to increase our patience, compassion and capacity to forgive. They are chances to choose to temper our tempers and avoid further damage by being blinded by anger (Matthew 15:14).

Today, no matter what roads you travel, take time to pray for protection and patience (for you and other drivers). If something negative happens, stay focused not infuriated. Calm down, slow down. Pull over and collect your thoughts when needed. Stay in tune by playing good tunes and get to where you're going safely, soundly and hopefully happily.

## Moving forward with God's plan for you

by Kylie Leavitt

FOR IRON COUNTY TODAY

**G**rowing up, I was a planner. I would plan everything—what I was going to eat each day, what every hour of my day would be filled with, what I'd be wearing for the week, what my future husband would be like, how many kids I would have, what my dog would be like, and how my dream house would look. As an adult, I quickly learned that life, more often than not, does not go according to how you planned it.

An old friend once told me, "The best way to make God laugh, is to tell him your five year plan."

This quote has recently spoken very true to me. This year, I had plans for my husband to go to SUU's MBA program, graduate in two years, and eventually get a job somewhere in Utah. When he told me in December that he still wanted to obtain an MBA, just not at SUU, my whole world was shaken. Now, we're in North Carolina, finding our way and re-establishing ourselves. The whole process has left me with one very important question in mind: How do we follow God's plan for us when we don't know what His plan for us is?

Elder David A. Bednar, an apostle for The Church of Jesus Christ of Latter-day Saints, gives an answer. He said, "When sons and daughters of God commu-

nicate with Him [God], we call it prayer. When he communicates with us, it comes in a variety of methods, means, or channels."

Elder Bednar continued, comparing different revelations we receive as different forms of light. He talked about how we at times receive revelation that comes quickly and dramatically. This form of revelation is similar to a light being turned on in a dark room, and how once that light is on, you can see everything clearly.

Sometimes, God's plan for us is clear and it comes all at once, just like a light being turned on in a room. Other times, God's plan for us is revealed to us slowly. Elder Bednar compares this kind of revelation to the sun rising. It happens slowly, gradually, and over time, more and more things come into a clearer view.

Other times, God's plan for us is unclear and takes a lot of time to find. Elder Bednar compares this revelation to a foggy day, where there is just enough light that you are no longer left in the darkness.

No matter how much light you have, what is most important in finding out God's plan for you is to keep placing one faithful foot in front of the other until you can clearly see what God needs you to do. And, like a puzzle, once you place one piece, it will help provide direction for the next piece.

## VERSE OF THE WEEK

## PSALM 56:11

*“In God have I put my trust: I will not be afraid what man can do unto me.”* Each day you have the challenge to choose to focus on fear or faith. While the consequence of both are not always instant; only one will bring peace. The other will try to break you into pieces.

# 'Honored & Humbled'

*SUU Director  
of Athletics  
Doug Knuth  
appointed to  
NCAA  
Division I  
Council*

*by Regan Hunsaker*

ASSISTANT AD, SUU SPORTS INFORMATION

Southern Utah University proudly announces the appointment of Director of Athletics Doug Knuth to the NCAA Division I Council. This high-level group is entrusted with the day-to-day decision-making responsibilities for Division I athletics across the country. Composed of athletics directors, athletics administrators, Senior Woman Administrators, faculty athletics representatives, and student-athletes, the DI Council represents every Division I conference. Knuth will begin his term with the NCAA Division I Council on August 1, 2023.

Director of Athletics Doug Knuth said, "I am honored and humbled to be appointed to the NCAA Division I Council. This appointment represents a tremendous opportunity to contribute to the future of collegiate athletics at the highest level. I look

see **KNUTH** » 26



# Sports scene explodes with big announcement

**W**hen tourists come to our area in the summer months, national parks are a big focus. Hiking, hot weather, and even a dash of Shakespeare in Cedar City dot the calendar every year. Other than our area's collection of golf courses, sports opportunities for spectators are at a premium unless long-distance travel to Las Vegas and elsewhere is involved. That changed with a big announcement that happened June 30.

For the first time in more than 60 years, the PGA Tour will have a full-field event in Southern Utah, the Black Desert Championship. Official dates for the tournament were not announced, but a press release from the PGA Tour stated the event will happen in October of 2024 on the course located in Ivins.

Dignitaries were in abundance at the announcement, including Utah Gov. Spencer Cox and PGA Tour President Tyler Dennis. They touted how even though the Black Desert Championship will be played after the Tour Championship and FedEx Cup winner is crowned, a strong field of players is likely because the final standings – including cash awards and securing of PGA Tour exemptions for 2025 – won't be determined until the calendar year ends.

While this news is an excellent moment for the area, it leaves questions of how well the new event plays against things that have been on the October schedule for a long time. If it happens in the first weekend of October, it'll be bumping up against the St. George Marathon, which turns 46 years old in 2023.

SUU and Utah Tech football will be in mid-season form by October. The T-Birds will have home games at Eccles Coliseum on Oct. 21 and 28, while the Trailblazers will be at Greater Zion Stadium on Oct. 7 and 28.

As far as TV coverage, the Black Desert Championship won't be seen on CBS or NBC, but on the Golf Channel, Peacock and ESPN Plus – three networks that require monthly payments to view the streaming at a time when people are still cutting the cord. That could change, but don't bank on it.

But on the plus side, the Black Desert Championship will be an LPGA Tour event that's set for May 1-4, 2025. With that earlier announcement, it cements the course as one of only three in the entire country that will host events on both tours, joining Pebble Beach (AT&T Pebble Beach Pro-Am and the U.S. Women's Open) and Ritz-Carlton Tiburon Golf Club in Naples, Fla. (LPGA Tour Championship in November and the PGA Grant Thornton Invitational in December).

Things have changed fast and for the better in the sports scene around this area. It's worth celebrating and worth making travel plans for.

*“Things have changed fast and for the better in the sports scene around this area. It's worth celebrating and worth making travel plans for.”*

**And on a personal competition note:** For the third time in the last 13 years, I'm about to enter the game show competition arena. It's not just any game show, though. This is the Holy Grail, Excalibur, Camelot and the Stanley Cup all rolled up in one glorious package. Your intrepid columnist is going to be on Jeopardy, and it's worth seeing. We taped at Sony Pictures Studios in Culver City, Calif., on May 16, and my program – maybe first of several? – airs Friday night, July 7 at 6:30 p.m. on KJZZ. I'll have a full recap of the whole wacky adventure – and there's a lot to tell – in next week's column.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

## RANDOM thoughts

Tom Zulewski  
IRON COUNTY TODAY



## TOM'S SPORTS TRIVIA

*With the July 4th holiday in the rear-view mirror, here are another dozen questions devoted to the sports news of the week. Please remember... no wagering!*

1. Domingo German became the 24th pitcher in Major League baseball history to throw a perfect game when the New York Yankees beat the Oakland A's on June 28. What day of the week is Spanish for "Domingo?"
2. Retired after the 2022 season, J.J. Watt joined which broadcast network as an analyst for its NFL coverage? Bonus: after playing his first 10 seasons with the Houston Texans, which team did Watt play for when he retired?
3. Who set a Los Angeles Angels club record when he hit his 14th home run for the month of June in a June 29 loss to the Chicago White Sox? This player has 29 home runs and a 3.02 ERA.
4. Where will the 2023 MLB All-Star Game be played July 11?
5. Where is the Women's World Cup being held when it starts July 20? Bonus: Name any of the other three countries playing alongside the USWNT in Group E.
6. Who is the defending men's singles champion at Wimbledon, going for his 8th title at the All-England Club and 24th Grand Slam title overall?
7. Last year, Tony Finau had a hot stretch on the PGA Tour in July when he won twice in a four-week span. Name either city (not the tournament name) where Finau finished first.
8. Not only are the Las Vegas Aces the defending WNBA champions, but the team signed its best player to a 2-year contract

extension June 30. Who is this player, who has averaged 19 points a game in her six seasons in Vegas?

9. The American League has won 21 of the last 25 MLB All-Star games (not including the tie in 2002) and holds the record for most runs scored in a game. What is the number?
10. Which L.A. Angels player is the only repeat winner (2014, 2015) of the All-Star Game MVP award?
11. In an article published in Vanity Fair, which two-time Super Bowl-winning tight end from the Kansas City Chiefs was quoted as saying, "My managers and agents love to tell me how underpaid I am...I love winning. I love the situation I'm in.?"
12. Which team has the most starters (four) of any team in the 2023 MLB All-Star Game?

### LAST WEEK'S ANSWERS

1. The Jazz took Taylor Hendricks at No. 9, then added Keyonte George out of Baylor at No. 16 and closed with Brice Sensabaugh of Ohio State at No. 28 overall.
2. KJZZ (Channel 14). The station will carry all regular-season games not aired on ESPN, TNT or ABC.
3. Serbia.
4. Thompson. Amen was taken by the Houston Rockets at No. 4 and Ausar went to the Detroit Pistons at No. 5.
5. Brandon Miller of Alabama.
6. Indiana Pacers.
7. Kyle Kuzma was the 27th player taken in the first round of the 2017 NBA Draft by the Los Angeles Lakers.
8. Jimmer Fredette was taken as the No. 10 pick of the first round by the Milwaukee Bucks in the 2011 NBA Draft.
9. Kentucky.
10. Tyler Herro and Bam Adebayo.
11. Cleveland. The Cavaliers held the No. 1 pick in 2003, 2011, 2013 and 2014.
12. Kansas.

# SUU's Torres loses in round of 16 after exceptional Utah State AM Performance

by Parker Haynie

ASST. DIRECTOR, SUU ATHLETIC COMM.

**CEDAR CITY** — SUU's Leo Torres advanced through two rounds of match play in the 125th running of the Utah State Amateur Championship.

After making the stroke play

back rounds of 76. However, Williams' tournament came to a close in the round of 64 where he lost 2 and 1 to Devin Tovey.

Ryan Brimley, SUU basketball alum advanced to the match play portion of the championship after stroke play rounds of 80 and 76 but his tournament would be ended by Simon Kwon



SUU ATHLETICS

SUU's Leo Torres putt on a great performance, making it to Round of 16.

cut with rounds of 76 and 77, Torres competed against Darrin Overson in the first round of match play and would go on to win 1-up. In the second round Torres defeated Braxton Watts 2 and 1 and advanced to the round of 16. Leo's run came to a close at the hands of Simon Kwon in the round of 16.

Rashon Williams also made the stroke play cut, shooting back-to-

as well in the round of 64.

Incoming freshman Luke Barnes and SUU golf alum Austin Jaramillo did not advance to match play.

For all the latest on Southern Utah Golf, follow @SUUGolf on Twitter and Instagram and like the Southern Utah Golf page on Facebook.

## KNUTH

« CONTINUED FROM PAGE 24

forward to collaborating with my esteemed colleagues on the Council, representing SUU and the WAC to advocate for the best interests of student-athletes nationwide."

With nearly 30 years of experience, including 10 years as a Division I director of athletics, Knuth brings a wealth of knowledge and expertise to this prominent

role. His track record demonstrates his unwavering focus on student-athletes, coaches, and staff, and his commitment to fostering educational and professional opportunities. Knuth began serving as Athletic Director at Southern Utah in January of 2023.

Knuth's prior experience includes serving as the director of athletics at the University of Nevada, where he successfully managed 400 student-athletes, 16 athletic programs, and a team of 150 staff and coaches. Notably, during his tenure, he oversaw significant fundraising efforts and achieved remarkable long-term growth. Before his time at the University of Nevada, Knuth held the senior associate athletic director position at the University of Utah, Michigan State University, Ohio University, the University of Massachusetts, and his alma mater the University of Connecticut.

Knuth's academic achievements are equally commendable, as he holds a master's degree in business administration from Northwood University, a master's

degree in sport administration and facility management from Ohio University, and a bachelor's degree in business administration from the University of Connecticut. His appointment to the NCAA Division I Council marks an exciting new chapter for Southern Utah University, reinforcing its commitment to excellence and dedication to the holistic development of student-athletes.

Southern Utah University, home to 15 NCAA Division I athletic teams

*"This appointment represents a tremendous opportunity to contribute to the future of collegiate athletics at the highest level."*

**Doug Knuth, SUU  
Director of Athletics**

is a proud member of the Western Athletic Conference. In its inaugural year in the WAC, the women's basketball team earned both a regular season title and a tournament championship while the men's basketball team boasted the best record in the state of Utah. Track and field celebrated nine student-athletes qualifying for the NCAA Regionals, and the men's cross-country team secured second place in the WAC Championship. The

Thunderbirds women's soccer team captured its most successful season in program history while the volleyball team secured a spot in the WAC Tournament. The Flippin' Birds gymnastic team made its tenth consecutive appearance at Regionals in 2023 winning a Mountain Rim Conference Championship.

Under Knuth's leadership, Thunderbird Athletics is poised for continued success on the national stage.

For more information, please follow @SUUThunderbirds on Twitter and Instagram. Also, like the Southern Utah Athletics page on Facebook.

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