

# Ladybug Nursery

**Happy Father's Day!**

**SATURDAY  
JUNE 17**  
**FREE 4" Vegetable  
Plant for Dad!**

**DADS  
TELL THE  
BEST JOKES!**

"Why did the farmer plant a seed in the pond? Because he wanted to grow a WATERMELON."

**JUNE 15-22**

Kids & Dads come in for a

**FREE PUMPKIN PLANT!**

See who can grow the biggest one!

## 7 GARDENING TIPS

1. Put your garden to bed dry. Moisture on the leaves at night leads to more diseases
2. When spraying for insects and diseases change up the active ingredient in the pesticide for better results. (these are usually found on the front of the packaging)
3. When planting trees be sure to mix 1/3 mulch with 2/3 native soil. Create a well around the base of the tree. Be sure to fill the well up with water, 2-3 times a week depending on the weather.
4. Most insects are nocturnal. So if you can't see what is eating your plants grab a flashlight and take a nighttime stroll through your vegetable and flower beds. Be sure to look under the leaves.
5. Fertilize regularly.  
(N)Nitrogen - for the growth of the plant  
(P)Phosphate - for the root and fruit production  
(K)Potassium - for all-around plant health
6. Now is a good time to plant, the soil temperatures are warming up, your vegetables and flowers will grow quick.
7. Sing to your plants!! Smile it's the perfect time to start your garden

**LARGE SELECTION  
of Trees & Shrubs**



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& Vegetables**

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**4" Vegetables**



**\$1.59**

**4" Tomatoes**



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**Ladybug Enoch**

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Enoch, Utah  
**435-586-2615**  
**Mon-Sat 9-6**



**Beaver Nursery**

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[www.extension.usu.edu](http://www.extension.usu.edu)  
for more gardening tips

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showcase

Photos  
are  
for the  
birds



IRON  
COUNTY

today

# LET THE GAMES BEGIN!



STORY IN SPORTS

# Bonds of Blue: Cedar City Police Department rallies around fellow officer battling cancer

from Becki Bronson & Gabbie Costello

FOR IRON COUNTY TODAY

Most onlookers could easily assume something big was going down at the Intermountain Cancer Center at Cedar City Hospital the last few weeks. “I saw several police cars and officers had swarmed the cancer center, lights going,” said Keith Millett, former Cedar City Police Lieutenant and Security Manager at Cedar City Hospital.

The lights, and sirens, and police officers were all there to rally and support fellow police officer Devin Mackelprang during his last, weeklong stretch of chemotherapy treatment for his battle against testicular cancer.

Speaking of the bonds of blue he said, “I can’t say what it meant to me to have them there. Having the support of my law enforcement family has made all the difference. We have a bond that is truly like family. To the point I would do anything for these guys, including giving my life for



them. With their support, what felt impossible became something that I felt I could do, with them there for me, cheering me on.”

He added, “The police service is like a second family, leaning on one another when times are tough and celebrating together when times are good,” said Cedar City Police Chief Darin Adams. “We want to thank the amazing staff at the Cancer Center for offering compassion and high-quality care during Officer Mackelprang’s treatments. We are looking forward to his road to recovery and are proud to stand beside him and his family today and always.”

In February of 2023, a weird, constant aching pain started on Devin’s lower right abdomen. “I thought it maybe could be appendicitis, so went to my doctor, who said there weren’t any other symptoms than that pain that would indicate appendicitis, so thought perhaps it could be a kidney stone,” said Devin. About the same time, I had found a lump on my right testicle. Never would I have

*“With their support, what felt impossible became something that I felt I could do, with them there for me, cheering me on.”*

**Devin Mackelprang**

thought of cancer, though. I’m 27, healthy, athletic. I came to find out later testicular cancer is most prevalent between 18- to 40-year-old men.”

Surgery was scheduled to remove the lump and biopsy it. It was cancer. “It’s a type called testicular seminoma,” said Devin. “A CT scan, then a PET scan, showed it had gone to my lymph nodes in my stomach, but hadn’t spread beyond that. This form of cancer typically responds well to treatment, but that doesn’t make the treatment any easier.

Devin said Cedar City Police Department was outstanding in supporting him every single way. But as Devin was nearing the last week of his chemo treatment, he was struggling very badly. “There came a time I didn’t want to continue,” said Devin. “I’ve never quit anything in my entire life, and yet this was the first time I had ever felt that

see **MACKELPRANG** » 4



PHOTOS COURTESY BECKI BRONSON

*There was no doubt about support for Devin and his wife Haley, when the Cedar City Police were joined by officers from Enoch, SUU, the Sheriff’s Department and other friends and family members.*

# CEDAR CITY ALL ABOARD! RAILROAD



**JUNE 19-24, 2023**



[cedarcity.org/CCRR](http://cedarcity.org/CCRR)



UNION PACIFIC  
FOUNDATION



## DAILY EVENT SCHEDULE

### Monday, June 19, 2023

**11:00 am - 4:00 pm: The Iron Horse Comes to Iron County: A History of the Railroad in Southern Utah Exhibition**  
SUU Campus, Gerald R. Sherratt Library, Special Collections

**2:00 pm - 8:00 pm: CCRR Centennial Train Ride**  
Cedar Post Pawn Shop, 221 North 100 West

**2:00 pm: Utah Parks Company Historical Marker Dedication**  
Former site of the El Escalante Hotel. UPC, a subsidiary company of Union Pacific Railroad, Town & Country Inn, 189 Main Street

**3:00 pm: Utah Parks Commissary Historical Marker Dedication**  
UPC, a subsidiary company of Union Pacific Railroad  
Cedar Post Pawn Shop, 221 North 100 West

**4:00 pm: Utah Parks Company Bus Garage Historical Marker Dedication**  
UPC, a subsidiary company of Union Pacific Railroad  
DecorWorx, 451 North Main Street

**5:30 pm: OPENING Antiques and Ancestry Exhibition**  
Display of Union Pacific and Utah Parks Company memorabilia  
Library-In-The-Park, 303 North 100 East

**5:00 pm and 7:00 pm: Railroad History Paint Night.**  
Enjoy friends & fun at this themed art event. \$20.00 per person.  
Tickets available at Heritage Center.  
Iron Springs Resort, 3196 Iron Springs Rd.

### Tuesday, June 20, 2023

**9:00 am - 5:00 pm: Utah National Parks Memorabilia Exhibit**  
Iron County Visitor's Center, 581 North Main Street

**9:00 am - 9:00 pm: Antiques and Ancestry Exhibition**  
Display of Union Pacific and Utah Parks Company memorabilia  
Library-In-The-Park, 303 North 100 East

**11:00 am - 4:00 pm: The Iron Horse Comes to Iron County: A History of the Railroad in Southern Utah Exhibition**  
SUU Campus, Gerald R. Sherratt Library, Special Collections

**12:30 pm: OPENING Utah National Parks Memorabilia Exhibit**  
Iron County Visitor's Center, 581 North Main Street

**2:00 pm - 8:00 pm: CCRR Centennial Train Ride**  
Cedar Post Pawn Shop, 221 North 100 West

**6:00 pm: Historic Downtown Railroad Story Walking Tour**  
The Cedars Hotel, 52 North Main Street

**7:00 pm: Union Pacific Railroad Photo Exhibition (1-night only).**

**8:00 pm: U.P. Memories and You. Stories about the Union Pacific Railroad and Utah Parks Company.**  
The Cedars Hotel, 52 North Main Street

### Wednesday, June 21, 2023

**9:00 am - 5:00 pm: Utah National Parks Memorabilia Exhibit**  
Visitor's Center, 581 North Main Street

**9:00 am - 9:00 pm: Antiques and Ancestry Exhibition**  
Display of Union Pacific and Utah Parks Company memorabilia  
Library-In-The-Park, 303 North 100 East

**11:00 am - 4:00 pm: The Iron Horse Comes to Iron County: A History of the Railroad in Southern Utah Exhibition**  
SUU Campus, Gerald R. Sherratt Library, Special Collections

**11:00 am - 5:00 pm: The Union Pacific Railroad Experience**  
Children's activities related to the railroad in southern Utah  
Frontier Homestead State Park, 635 North Main Street

**11:30 am: Railroad Scavenger Hunt Kick-Off**  
Frontier Homestead State Park, 635 North Main Street

**2:00 pm - 8:00 pm: CCRR Centennial Train Ride**  
Cedar Post Pawn Shop, 221 North 100 West

**7:00 pm - 9:00 pm: Family Night**  
Games, activities and fun for the whole family  
Frontier Homestead State Park, 635 North Main Street

### Thursday, June 22, 2023

**9:00 am - 5:00 pm: Utah National Parks Memorabilia Exhibit**  
Visitor's Center, 581 North Main Street

**9:00 am - 9:00 pm: Antiques and Ancestry Exhibition**  
Display of Union Pacific and Utah Parks Company memorabilia  
Library-In-The-Park, 303 North 100 East

**9:00 am: Railroad Scavenger Hunt Continues**

**11:00 am - 4:00 pm: The Iron Horse Comes to Iron County: A History of the Railroad in Southern Utah Exhibition**  
SUU Campus, Gerald R. Sherratt Library, Special Collections

**2:00 pm - 8:00 pm: CCRR Centennial Train Ride**  
Cedar Post Pawn Shop, 221 North 100 West

**5:00 pm: Mural Art Unveiling at the Former Union Pacific**  
Commissary Building, Cedar Post Pawn Shop, 221 North 100 West

**5:30 pm - 8:00 pm: Sing Away Social at the Depot**  
Celebrating the historical significance of the Cedar City Depot with stories, Cedar City Community Band, National Park Lodge Sing-Away, entertainment, food, activities and prizes. Program at 7 pm.  
Best Western Plus, 50 West 200 North

**6:00 pm - 8:00 pm: Neighborhood Slow Roll**  
Bike, trike, stroller, skate and unicycle riders of all ages welcome  
Park Discovery, 2077 W. Royal Hunte Drive

**8:30 pm: Children's Movie: Luca**  
Park Discovery, 2077 W. Royal Hunte Drive

### Friday, June 23, 2023

**9:00 am - 5:00 pm: Utah National Parks Memorabilia Exhibit**  
Visitor's Center, 581 North Main Street

**9:00 am - 9:00 pm: Antiques and Ancestry Exhibition**  
Display of Union Pacific and Utah Parks Company memorabilia  
Library-In-The-Park, 303 North 100 East

**9:00 am: Railroad Scavenger Hunt Continues**

**11:00 am - 4:00 pm: The Iron Horse Comes to Iron County: A History of the Railroad in Southern Utah Exhibition**  
SUU Campus, Gerald R. Sherratt Library, Special Collections

**2:00 pm - 5:00 pm: CCRR Centennial Train Ride**  
Cedar Post Pawn Shop, 221 North 100 West

**6:00 pm - 9:00 pm: Mayor's Railroad Centennial Gala**  
(Invited guests only, no general public access)

### Saturday, June 24, 2023

**9:00 am - 2:00 pm: Utah National Parks Memorabilia Exhibit**  
Visitor's Center, 581 North Main Street

**9:00 am - 6:00 pm: Antiques and Ancestry Exhibition**  
Display of Union Pacific and Utah Parks Company memorabilia  
Library-In-The-Park, 303 North 100 East

**11:00 am - 5:00 pm: Railroad Scavenger Hunt**

Take your completed Scavenger Hunt form to the Party-in-the-Park Information Tent by 5:00 pm to redeem for a prize.

**11:00 am - 5:30 pm: CCRR Centennial Train Ride**  
Ride the train at the Party-In-The-Park location.

**11:00 am - 6:00 pm: Centennial Party-In-The-Park**  
Games, Food Trucks, Cedar Breaks Model A and Vintage Auto Club Cars, Cedar City Community Band, Children's Choir, Paiute Tribe performance

**5:00 pm: President Warren G. Harding's Speech Re-enactment**  
President Harding's June 27, 1923 speech delivered from a Union Pacific Pullman replica  
Main Street Park, Corner of 200 North and Main Street

**6:30 pm - 7:30 pm: Jazz Band Playoff**  
Centennial Stage, Main Street Park, 200 North and Main Street

**6:30 pm - 8:30 pm: Free Family Swim**  
Cedar City Aquatic Center, 2090 W. Royal Hunte Drive

**7:30 pm - 9:30 pm: Outdoor Dance with Live Music**  
Centennial Stage, Main Street Park, 200 North and Main Street

## opinion

### FROM THE EDITOR

# Flags and Fathers

On Flag Day, no matter our personal beliefs, grievances, may we be grateful for the freedoms we have and for those who fought to give them to us.

There's a quote that says, "Those who disrespect our flag have never been handed a folded one." Meaning that it can be easy to complain about

and condemn war when that person isn't the one fighting in, surviving from, or striving to prevent war—let alone having to endure the loss of a loved one who paid the ultimate price.

I am grateful to all the grandpas,

grandmas, fathers, mothers, brothers, sisters, sons, daughters and all those brave soldiers before them, who have fought, are fighting now and will fight in future wars and fight to prevent them and to help keep our country and communities safe.

We also celebrate another significant day in June, Father's Day. Though, I wonder, shouldn't it be closer to Mother's Day, since both are crucial to the survival and success of our civilization?

Nevertheless, to those fathers striving to defend the hearts of their loved ones on the greatest battlefield of all—the home front—please keep fighting and flying the flags of your courage and commitment to yourself, your families and your communities. And to those without a father to celebrate, or who need a father in their lives, may those of us who can strive to become that banner of benevolence, to become a faithful father-figure in the lives of those who need a good father, to know that good fathers exist and they can make a difference in this world, one heart at a time.



**COREY BAUMGARTNER**  
MANAGING EDITOR



## MACKELPRANG

« CONTINUED FROM PAGE 2

maybe I really, truly, couldn't do this, I couldn't do this final stretch of chemo."

Devin's best friend Patrick "Pat" McCoy, also a Cedar City Police Officer was completely supportive. "There's nothing I wouldn't do for him. I trust him with my very life," expressed Mackelprang.

Devin's final treatment was Monday, June 12, and he got to ring the ceremonial bell that patients ring, signaling the end of their treatment.

Devin said this experience has made him feel his mortality keenly. "I've been through dangerous things, and kind of felt bulletproof," said Devin. "But my priorities are so different now. Kolton's smile is the best thing in the world, and I pay attention and just take that in now. Making memories and spending time together is what matters most. I don't worry about the little things anymore."



Officer Devin Mackelprang rings the ceremonial bell signifying the end of his chemo treatment and his ongoing victory over cancer.

COURTESY BECKI BRONSON

### QUOTE OF THE WEEK

"I remember a very important lesson that my father gave me when I was 12 or 13. He said, 'You know, today I welded a perfect seam and I signed my name to it.' And I said, 'But, Daddy, no one's going to see it!' And he said, 'Yeah, but I know it's there.'"

Toni Morrison

### WORD OF THE WEEK

#### CAJOLE

To deceive by flattery, coax

To entice seems nice, but both deceiver and receiver will eventually pay the price when promises are not put into practice.

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# Lee introduces ARTICLE ONE Act to reclaim congressional power

WASHINGTON — Sen. Mike Lee (R-UT) introduced the ARTICLE ONE Act, a bill that would reclaim significant legislative powers delegated to the executive branch by the National Emergencies Act of 1976.

When Congress passed this act in 1976, it gave the president of the United States the ability to exercise unilateral power like a king. Now, there are more than forty ongoing national emergencies that were never approved by Congress and have no expiration date.

“This kind of lawmaking-by-proclamation runs directly counter to the vision of our Founders and undermines the safeguards protecting our freedom,” said Sen. Lee. “It’s high time

that Congress reclaimed its legislative power and restored constitutional balance to our Republic.”

Of the bill, Rep. Roy said, “The presidency was never meant to have monarchical power over the American people; that’s why the framers of our constitution designed a system of checks and balances.

“For far too long, however, presidents from both sides of the aisle have ignored Congress and undermined the constitutional order by abusing the virtually unchecked power to declare national emergencies.

“The Article One Act reasserts Congress’ authority over emergency declarations and rebalances federal

power between the legislative and executive branches as the framers of the Constitution intended for it. I am proud to join my friend Senator Mike Lee in reintroducing this bill and am glad to have Representative Steve Cohen join me in this bipartisan initiative.”

Of the bill, Sen. Blumenthal said, “If we continue to sit on the sidelines, our institution will ignore its constitutional responsibility, undermining our fundamental separation of powers.”

Of the bill, Rep. Cohen said, “Our government is defined by checks and balances. But right now, Presidents can tap into emergency powers without any meaningful political check, time

limit, or public rationale. We need to restore the balance of power and make sure that emergency powers are used only in emergencies and that Congress is integral to the process.

The ARTICLE ONE Act would automatically end all future emergency declarations made pursuant to the NEA after 30 days unless Congress affirmatively votes to extend the emergency. Currently, Congress can cancel an emergency declaration only by passing a resolution that can withstand a presidential veto.

The bill’s full name is the “Assuring that Robust, Thorough, and Informed Congressional Leadership is Exercised Over National Emergencies Act.”

## Romney, King, Cotton introduce legislation to promote military service

WASHINGTON — U.S. Senator Mitt Romney (R-UT), joined by Senators Angus King (I-ME) and Tom Cotton (R-AR), introduced the Military Service Promotion Act of 2023, legislation aimed at addressing the current military recruitment crisis by enhancing military recruiter access to high schools and colleges. While current law requires high schools to

Course, which helps prepare those interested in joining the Army for the required physical fitness and aptitude testing.

“Our military is facing the largest recruitment crisis in 50 years, which has real impacts on our national security,” said Senator Romney. “Yet amidst this crisis, military recruiters often face hurdles, and in some cases even hostility, from

ways to help those who want to serve our country successfully meet the requirements to do so.”

“Maine Veterans consistently share how service in the Armed Forces provides economic mobility and transferable, tangible skills that last a lifetime,” said Senator King. “As reports show that many young Americans are not aware of these life-changing possibilities, the bipartisan

### LEGISLATION AIMS TO INCREASE STUDENTS’ AWARENESS OF OPPORTUNITIES, BOLSTER LONG-TERM MILITARY READINESS


provide access to military recruiters, this bill requires schools to respond to requests from recruiters within 60 days; requires recruiter access to high school career fairs and similar events; gives the military access to college student drop-out information; and requires the Department of Defense to look at expanding the U.S. Army’s Future Soldier Preparatory


schools when trying to engage with students to educate them about their options for military service. Military recruiters must be afforded at least the same access to high school students as colleges and universities are given. Students should be exposed to the opportunities and benefits that military service can provide, and the Department of Defense should be looking at

Military Service Promotion Act would provide students information about the opportunities and benefits of military service. The more students we teach about these options, the better we can address the concerning issue of geographic diversity among our troops and our recruiting crisis.”

“Our military’s unprece-

see **MILITARY** » 6













**IRON COUNTY FORECAST**

A CHANCE OF THUNDERSTORMS AS WE WRAP UP THE WORK WEEK. WARMING TEMPERATURES AND AMPLE SUNSHINE FOR IRON COUNTY OVER THE WEEKEND WITH HIGHS IN THE 80'S

Check your local forecast anytime at: [ABC4.com/weather](http://ABC4.com/weather)



<b>THURSDAY</b>	Partly Cloudy <b>77°/52°</b> PRECIP: 15% WINDS: SW 10-20	
<b>FRIDAY</b>	PM Thunderstorms <b>75°/53°</b> PRECIP: 40% WINDS: SW 10-15	
<b>SATURDAY</b>	Mostly Sunny <b>81°/56°</b> PRECIP: 5% WINDS: SW 10-20	
<b>SUNDAY</b>	M. Sunny/Windy <b>81°/56°</b> PRECIP: 5% WINDS: SW 15-25	
<b>MONDAY</b>	Partly Cloudy/Windy <b>79°/53°</b> PRECIP: 0% WINDS: SW 20-30	
<b>TUESDAY</b>	Mostly Sunny <b>79°/51°</b> PRECIP: 10% WINDS: SW 15-25	
<b>WEDNESDAY</b>	Sunny <b>80°/51°</b> PRECIP: 0% WINDS: SW 10-20	

# Parowan's pool preparations progress

by Jennelle Zajac

FOR IRON COUNTY TODAY

At Thursday's City Council meeting, Parowan City Manager Dan Jessen provided an update on the renovation of the Parowan City Pool.

the planned modifications is underway. There's a fresh new coat of white paint on the interior of the building, concrete decking and accessory pads are being poured, and new electrical conduit and wire is being installed. Over the

on July 4th.

If you'd like to help in the pool's progress, Parowan City has set up a fund for donations on their website at [www.Parowan.org](http://www.Parowan.org) (click on the "Pool Donations" button in the lower right corner). If you'd like to



JENNELLE ZAJAC

*The Parowan pool may not look like much now, but with so many great volunteers helping, it's going to be amazing!*

Walls have been torn down, leaks in the pool and filtration system have been repaired, old decking was removed, and landscaping dirt work has begun. Demolition, for the most part, has been completed.

The process of putting everything back together with

next couple of weeks, the exterior wall and fence modifications will be installed, and new pool decking will be completed. Countless volunteers have made the pool renovations possible. The renovation project is on schedule and the city still plans a Grand Reopening

volunteer your muscle, contact the volunteer coordinator Stephanie Robinson at 435-319-5632. If you're a contractor and can help with stucco, carpentry, electrical, concrete, pool/plaster repair, roofing, landscaping or fabricating, contact Dan Jessen at 435-477-3331.

## MILITARY

« CONTINUED FROM PAGE 5

dented recruiting crisis is hurting our ability to keep America safe," said Senator Cotton. "This legislation will give military recruiters the tools to communicate better with schools and the millions of young Americans eligible for military recruitment."

### Background:

The U.S. Army is facing some of its greatest recruiting challenges since it became an all-volun-

*“Military recruiters must be afforded at least the same access to high school students as colleges and universities are given.”*

**Senator Mitt Romney (R-UT)**

teer force. Only 23 percent of Americans 17 to 24 years of age are physically, academically, and otherwise qualified to serve in the military. Nearly 80 percent of Army recruits come from military

households—which is partially explained by 50 percent of youth reporting that they know “little to nothing” about military service. Only 1% of the U.S. population currently serves.

## PAROWAN CITY COUNCIL

by Jennelle Zajac

FOR IRON COUNTY TODAY

### Hard Surfaces and Billboards

First was the hearing on amendments to Parowan City Land Use codes 15.52.030, 15.52.050, 15.94.020, and 15.50.060. While there were no public comments regarding parking lots and hard surfaces, several members of the public spoke both in favor of, and against passing the billboard ordinance, which would allow billboards to be erected along the I-15 corridor within the Parowan City limits, with some restrictions. The council voted to table and reexamine the billboard ordinance in a future meeting.

### FY2024 City Budget

The FY2024 Parowan City Budget was the subject of the second public hearing. City Manager Dan Jessen gave a presentation on the state of the nation's economy and its impact on Parowan City as well as the Parowan City budget for FY2024. The council voted to adopt the tentative budget. A vote for the final budget is expected at the next meeting.

### FY2024 Tax Rate and RAP Tax on Ballot

Finally, the council voted to adopt two resolutions: 2023-06-01, approving the Certified Tax Rate for FY2024 - this resolution states that the City will work within its FY2024 budget and has no intention to trigger truth in taxation, which means that there are no planned tax increases for FY2024. 2023-06-01. Resolution declaring the City's intent to query Parowan residents via a ballot question as to the addition of a .1% sales and use tax to fund cultural, recreational, and zoological facilities (commonly known as the RAP tax), affirms that the question will be on the November 2023 ballot for Parowan residents.

### City Council Election 2023

Eleven Parowan residents have thrown their hats into the ring for a seat on the Parowan City Council, the largest field of candidates since her tenure as Recorder. Three seats will be available.

David Burton, Matt Gale and Jim Shurtleff are existing council members whose terms will expire. All three will run for reelection against candidates Courtney E. Miles, John Dean, Jessica L. Smith, Debra Slotboom, Ronald V. Clayton, David M. Harris, Vickie L. Hicks and Larraine Evans Clayton vying for three open seats.

In 2021, approximately 1300 citizens voted in the primary. Upon close of the General Election and several recounts, Sharon Downey and Rochell Topham were elected. Of interest is that this was the same year that write-in mayoral candidate, Mollie Halterman, was elected as the first-ever female mayor of Parowan.

## history

# The Railroad and Southern Utah Tourism

## RAILROAD TO CEDAR CITY, PART 7

by Jay M. Jones

FOR IRON COUNTY TODAY

On June 27, 1923, the first passenger train into Cedar City arrived with President Warren G. Harding of the United States. This is the seventh and final article of a series dealing with the coming of the railroad to Cedar City and the impact the railroad had on local mining, agriculture and tourism industries. A celebration commemorating the coming of the railroad will be held next week (19th-24th) in Cedar City.

The completion of the rail line from Lund into Cedar City was only the beginning of the investment that the Union Pacific Railroad made to the development of Southern Utah's tourism industry.

According to Wayne K. Hinton in "Getting Along: The Significance of Cooperation in the Development

of Zion National Park," published in the Fall 2000 issue of *Utah Historical Quarterly*:

*"During 1923 and 1924 the Union Pacific Company and its subsidiary Utah Parks Company spent \$1,713,000 for improvements directly or indirectly related to park development. National advertising expenses for 1923 to 1924 were \$100,000 for ads in the Saturday Evening Post, Literary Digest, and other national magazines, periodicals, and newspapers, and for the publication of an elaborately illustrated booklet on Zion." (A free digital version of that booklet can be found at the Project Gutenberg website, <https://gutenberg.org/ebooks/47397>)*

Prior to the coming of the railroad to Cedar City, developments in promoting the scenic attractions of the region had come gradually. Zion was



Union Pacific bus with tourists, 1928.

the first national park in Utah, and with that designation, nearby Bryce Canyon and Cedar Breaks gained in prominence as well.

Native Americans had been well

acquainted with Zion, but the first recorded exploration of the area was by Nephi Johnson in 1858. Later, John Wesley Powell describes his 1870 journey down the East Fork of the Virgin River through Parunuweap Canyon in his 1875 report, "Exploration of the Colorado River of the West and its Tributaries."

Promotion of Zion Canyon as a scenic wonder began in 1904 with the display of several landscape paintings of the canyon by Frederick Dellenbaugh at the St. Louis World's Fair. Dellenbaugh had been with Powell on the second Colorado River trip in 1871, as well as follow-up explorations of the Colorado River drainage area.

Further, "The Parry Brothers bought two seven-passenger National Touring Cars for their concession. Both they and local citizens hoped that these activities would bring significant advances in the numbers of visitors to [Zion]."

What began as Mukuntuweap National Monument, after further exploration the name was changed to Zion National Monument, as well as significant increases in land area. In



Utah Parks Special Train, about 1928.

PHOTOS COURTESY SUU SPECIAL COLLECTIONS

## public & health

### Millions of Americans about to lose Medicaid. Here's what they need to know.

Millions of Americans will soon lose Medicaid coverage, as some pandemic-era provisions that kept people continuously enrolled in the program expire. But those who find themselves newly ineligible for Medicaid have plenty of other options for affordable coverage. Licensed, professional agents and brokers can ensure they secure health plans that meet their needs and budget.

The looming exodus from Medicaid is a product of the Families First Coronavirus Response Act, which Congress passed in March 2020. It offered additional federal funding for Medicaid as long as states did not disenroll anyone from the program for the duration of the public health emergency.

This continuous coverage provision, and the enhanced federal funding, swelled Medicaid's rolls. Total enrollment in December 2022 was 85 million -- up from approximately 64 million in February 2020.

This past December, Congress gave states the green light to review the eligibility status of people enrolled in their Medicaid programs beginning in April. States have 12 months to return to "normal," pre-pandemic eligibility and enrollment rules. The federal government will gradually scale back the extra Medicaid dollars it has been sending to the states -- until that enhanced match disappears entirely at the end of this year.

As a result, millions of people may have to find new health plans. The Department of Health and Human Services estimates that up to 15 million people may lose Medicaid and CHIP coverage. About 45% of this group -- 6.8 million people -- will likely remain eligible for Medicaid. They'll just need to reconfirm their eligibility for the program with their state Medicaid agency.

Many beneficiaries are unaware of this requirement. They may ignore phone calls or letters from the state

seeking to verify their eligibility. Or they may have moved and neglected to update their address with the state. In the end, they can be purged from Medicaid without knowing.

About 8.2 million Medicaid enrollees will need to find replacement coverage. Many will be able to do so through work. HHS projects that about 5 million will migrate from Medicaid to employer-sponsored insurance. Another 2.7 million will likely be able to get subsidized coverage through the Affordable Care Act's exchanges. More than 60% of that group, HHS estimates, could qualify for zero-premium plans.

Of course, it can be difficult to wade through all the insurance options on the exchanges -- or to figure out how to confirm eligibility for Medicaid.

***"The looming exodus from Medicaid is a product of the Families First Coronavirus Response Act, which Congress passed in March 2020."***

Licensed, professional agents and brokers can help these millions of folks weigh their health insurance options. They have the knowledge and expertise to assist people with re-enrolling in Medicaid, if eligible -- or to claim all the subsidies to which they may be entitled through the exchanges. Better yet, their services are generally free for consumers.

As states begin to cull their Medicaid rolls, it's critical that those who have relied on the program over the last few years understand all the affordable health insurance options that remain available to them. Agents and brokers can ensure that they do.

*Janet Trautwein is CEO of the National Association of Benefits and Insurance Professionals (nabip.org). This piece originally ran in the South Florida Sun Sentinel.*

## RAILROAD

« CONTINUED FROM PAGE 7

1919, Zion became a national park. In 1920, Zion National Park was dedicated, drawing attention and visitors from far and wide. In 1921, the Union Pacific Railroad purchased the Los Angeles and Salt Lake Railroad and ramped up the intensity of projects to open up the new national park and surrounding area to large numbers of tourists.

Randall Jones, who had been prominent in promoting the establishment of Zion, Bryce Canyon and Cedar Breaks, was hired by the Union Pacific to promote travel to the Utah Parks to groups across the country, and even in Europe. He presented slide shows of photographs he had taken of the parks. After one such promotion in Washington D. C., the *Washington Star* ran an article on 29 January 1928 with the headline, "One Man's Enthusiasm Resulted in Creation of a National Park."

Although it took the efforts of many people to establish Zion National Park, the article is entertaining and contains some interesting points:

Jones would look into the Zion Canyon country from his father's ranch on Cedar Mountain.

"Jones was adventurous. One day he set out from the ranch, rode for two days and nights and ended up in the heart of what is now known as Zion Canyon. . . .

"Those three days decided his career. While he was finishing the business of growing up and getting an education he began to bother people about Zion Canyon. "Why isn't it a national park?"

"At that that time it seemed to him a near crime that everybody in the world didn't have the opportunity to go and look at the sights of Zion Canyon as did the people around Cedar City."

"Perhaps what Great Falls Park needs is a Randall Jones."

With the completion of the railway into Cedar City and the creation of the Utah Parks Company subsidiary to manage travel and lodging for the tourists going to the national parks, the Union Pacific purchased the lodging concession from Wylie and built the Zion Lodge.

They also purchased the transportation concession from the Parry brothers, bought 40 buses and began offering tours to the parks.

Cedar City was the starting point for travelers on the UPC tours. "Union Pacific invested in the success of the community and marketed the town as if it were one of their own holdings," according to the book *Singaway: Working and Playing for the Utah Parks Company, 1923-1972*, written by Ryan Paul & Janet Seegmiller.

"In Cedar City the UPC maintained the fashionable and commodious El Escalante Hotel. Begun by local residents and finished by the Union Pacific, the L-shaped structure had 92 rooms, a large banquet hall, and dance floor. Tourists, movie stars, politicians, governors, and apostles roamed the halls and enjoyed the exceptional dining and service the staff provided."

Paul and Seegmiller document experiences of hundreds of UPC employees, many of them young students working the summer months to save for college expenses.

The coming of the railroad provided opportunities for the development of the iron mines in Iron County, opened the door to tourism in Southern Utah, and gave a major boost to agricultural interests in the area. The railroad also facilitated the transport of some World War II troops to and from Cedar City for training at the Branch Agricultural College, which helped the institution survive during a time of drastically reduced enrollment.

Despite the huge investment to develop tourism by the Utah Parks Company, the endeavor was never profitable. After the Great Depression and World War II, automobiles became increasingly popular for vacation travel. Providing national park excursions became more of a public relations and good will expense than a profit generator for the Union Pacific parent company.

But the investment in human capital—providing employment and the opportunity for higher education for a large number of young adults in Southern Utah for nearly 50 years—proved to be a tremendous gift that cannot be adequately quantified.

# Red Rock Film Fest to present Awards Winners Showcase on June 15

from Matt Marxteyn

RED ROCK FILM FESTIVAL

The 16th edition of the Red Rock Film Festival & Utah Film Market showcased over 100 films including 11 Utah Filmmakers in two sections, one in Cedar City last October and one in January in St. George. The winners list is expanded with many to be shown at the Winners Showcase in Cedar City June 15.

Several of the films won multiple awards such as Armenian entry "It's Spring..." which won the Grand Jury Prize at Red Rock for Best Fiction Feature, directed by Roman Musheghyan, Best Cinematography in a Fiction Feature (Suren Tadevosyan), Best Acting in a Fiction Feature (Aleksander

Khatchatrayam) and Best Hook for Fiction Feature at the Utah Film Market.

Tying into the Festival's theme of 'explore the grey' Anna Khachatryan the film's co-producer said, "The film 'It's Spring...' showcases love, war, tragedy and life at its best and its worst. It starts with light and moves towards darkness and encompasses the grey of life."

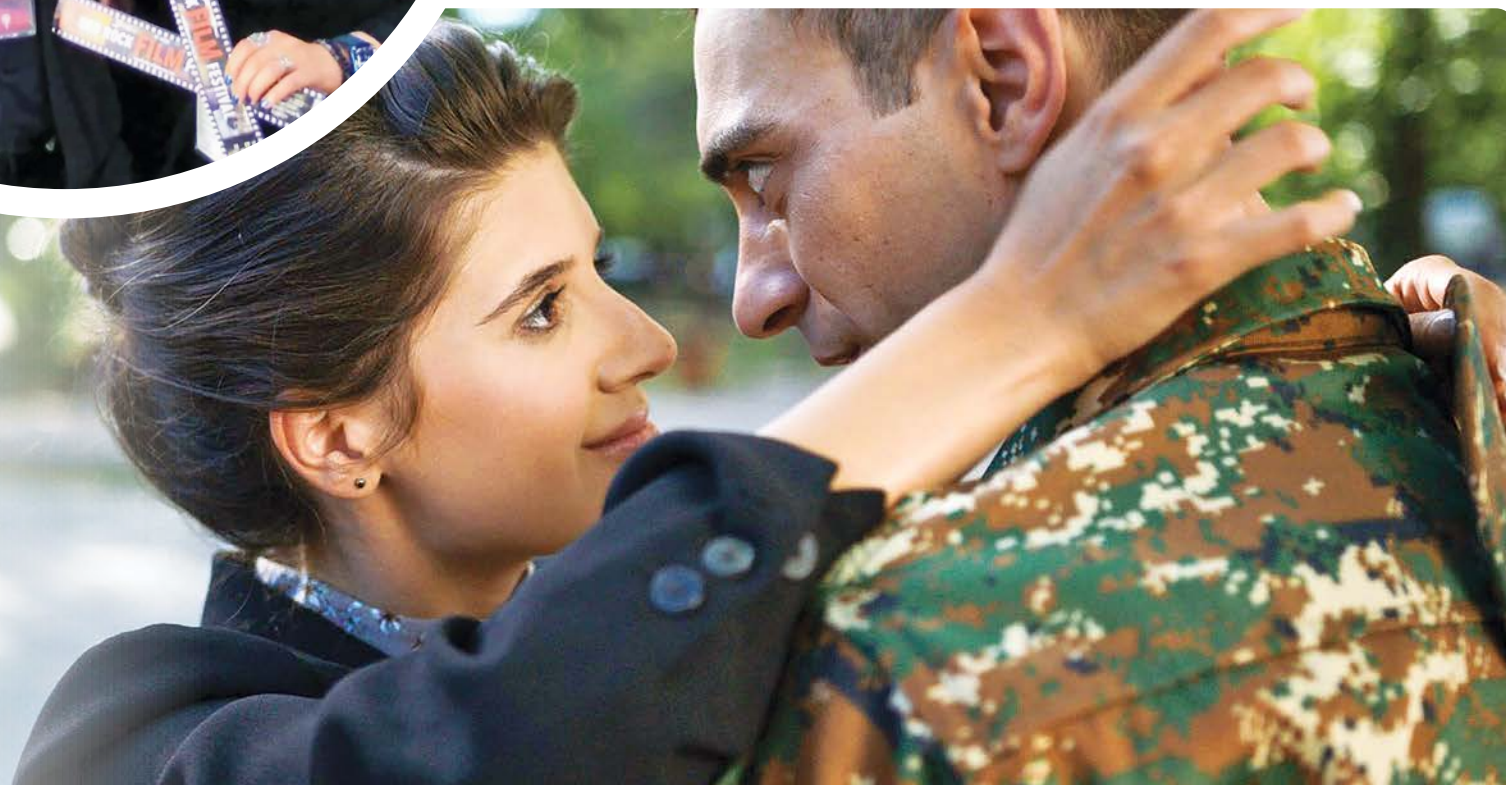
The Grand Jury winning documentary feature went to Min Bae's "Reset" being presented at the Winners Showcase and is a political tale about South Korea's worst maritime disaster that traumatized a nation and resulted in the death of 304 passengers. The film also won the micro-cinema Aglet Award for Documentary Feature Production.

Several shorts will also be presented such as the Best Fiction Short Vince Williams's "Launch" starring soap actors Jacob Young

see **AWARDS** » 12



(L) Armenian director Roman Musheghyan and Co-producer Anna Khachatryan won the Grand Jury prize for "It's Spring" (Below).



# A prep for the new USF season—short and sweet

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

It's time to prepare for the 2023 Utah Shakespeare Festival season, "Believe"! First of all, some fun facts: 2023 is the 62nd anniversary of the Festival, once you decide how to count the year 2020, when the season was dark because of COVID. The season has expanded from 3 plays in 1962's opening year to 7 or 8 productions per season. In 2000, the Festival won the prestigious Tony award for best regional theater in the country. In 2015, the new Beverly Sorenson Center for the Arts opened, adding two new theaters and the SUMA gallery to the existing Randall Theatre.

In 2012, the Festival committed to producing all the works of Shakespeare, a program called "Complete the Canon". This includes all the history plays in chronological order. The end of this season will have only 5 more plays to go in this ambitious undertaking.

*"Just sit back and let the play work its magic on you."*

**Fred Adams (on *A Midsummer Night's Dream*)**

Four of this season's plays are by Shakespeare, an unintended number as *Romeo and Juliet* replaced *West Side Story* when a broken water pipe damaged the sound equipment in the Englestad Theater. Two tragedies, *Coriolanus* and *Timon of Athens* will alternate in the small Anes Theater. They explore the modern themes of ambition, materialism, power, and the nature of friendship.

*Romeo and Juliet* is a story familiar to everyone, whether one has seen the actual play or not. As many times as I've seen it—the Festival has done it 5 times here—I never stop sympathizing with the young lovers; I always hope that it will maybe end happily this time. Sadly, it never does.



Then there is the delightful *A Midsummer Night's Dream*. It has been said that on any given day in the calendar year, "Midsummer" is playing somewhere in the world. I can't verify that, of course, but I do know that the Festival has done it 10 times here, plus once as a traveling show. We've seen all of those multiple times plus on other stages, including at Stratford-On-Avon!

You might want to prep for this a little bit; the 4 story lines can be a bit overwhelming. Or you can do as Fred Adams (USF founder) said and "just sit back and let the play work its magic on you."

Three non-Shakespeare plays include *A Raisin in the Sun*, a multi-award-winning play about what is

a reasonable cost for hanging onto one's dreams, especially when you start out, as this Black family does, with the cards already stacked against you. Jane Austen's novel, *Emma*, about a less-than subtle matchmaker, is the musical in this season's lineup. We know nothing about it, so are looking forward to a new experience as you must be.

And finally, Michael Bahr's prediction of the run-away hit of the summer, *The Play That Goes Wrong*. Save money to take your whole family! You won't believe the rapid-fire gags that lead to a gasp-inducing finish.

Let's talk money: good news. This year the Festival has extended its day-of, half-price tickets to the whole week. And for \$200.00, you can purchase vouchers for 8 shows. We buy 2 of these each!

## Master Singers concert to feature special guest



David L. Wankier

COURTESY DAVID WANKIER

from Harold Shirley

FOR IRON COUNTY TODAY

The Master Singers Father's Day Concert on June 18 will feature David L. Wankier as guest conductor. Born in Logan and growing up in Vernal and Delta, Wankier attended SUSC as a music major and studied with Blaine Johnson and Hal Campbell. After serving a mission to New England, he taught band and chorus in Monticello, then junior high in Vernal, then taught high school choir and guitar in Delta and then Las Vegas.

He retired from teaching in 2017 after 42 years of choral instruction. He served as vice-president of Utah Music Educators for nine years. He served as a member of the Salt Lake Symphonic Choir, the Choral Artists of Southern Nevada, and a member of the Southern Nevada Choral Arts Society. As the conductor of the Delta High choir, he represented Utah at the French Bi-Centennial Celebration in Paris in 1989. He still conducts the Desert Echo Choir in Delta each Wednesday night.

David married Angela Matheson, and together they have four children and eight grandchildren. David's love of music, and sharing it with others, defines his life.

# D9 Meats

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# PHOTOGRAPHY IS for the birds



*Southern Utah is an amazing place to watch and photograph many beautiful species of birds.*



PHOTOS BY JOHN BYRON TURNER

by John Byron Turner

FOR IRON COUNTY TODAY

This past winter lasted so long that my wife and I were experiencing serious cabin fever here in Parowan. So, rather than becoming permanent couch potatoes, we set out to photograph some of the birds of prey that we have seen along the rural roads throughout the Iron County farmlands.

Jennifer has always been an avid bird watcher and I have been involved in many areas of photography most of my life. We are both retired now, so we headed down the farm roads once or twice a week when we weren't getting blasted by yet another snowstorm.

On our first couple of trips, we wanted to find the bald eagles we had read about in this newspaper, and we found quite a few. Along the way we also saw lots of hawks...mostly red tails, and recently we spotted a very well-camouflaged pair of owls who had just built a nest. Once spring got closer we began seeing several hawk nests, so we now have eight or ten sites which we regularly monitor and are seeing the birds attending to their eggs.

Now that the snowy farm fields have turned to lush green crops, we have watched the owl hatch two owlets that started out as little fuzz balls resembling Ewoks from Star Wars, but we have watched them turn into fierce, curious little owls. We have seen them start to advance to a stage known as branching, where they test life out of the nest for the first time, and start to try out their wings, under the close supervision of their parents.

In photographing these beautiful birds, we learned pretty quickly that none of these birds are anxious to pose for a camera, and that a lot of patience is necessary when shooting bird photos. The hawks were especially anxious for us to leave their territory and would hover over our heads menacingly. You can only get so close before they get spooked, and we don't want to disturb their habitat, so a telephoto lens is a must.

Also, while it can be easier to spot and photograph birds during winter, when the trees are bare, now that summer has arrived it is becoming increasingly more difficult to find them. So please be watchful and careful.

## AWARDS

« CONTINUED FROM PAGE 9

("The Bold and the Beautiful", "All My Children") and Amanda Baker ("All My Children"). The film is based on a true story of Apollo astronaut John S. Bull who applied to be the first man on the moon while confronting the NASA training gauntlet during the pinnacle days of the space race.

David Baram's "Ball and Vase" won the Best Fiction Featurette award and granted the film's lead Austin Pendleton a nomination for Best Acting in a Fiction Short. Other films the Winners Showcase will be honoring include Elliott Fettweis's "Broccoli" (Best Collegiate Fiction Short) about a woman who gives birth to the aforementioned vegetable, Shane Dioneda's "Space Race" (Best Collegiate Animation Short and Aglet Award winner), Juhaidah Joemin and Sandra Khoo's "Footprints In The Forest" (Best Animation Short), Javier Cano Larumbe's "Saphi" (Best Dance or Fashion Short), Deepak Reddy's "Manasanamaha" (Best Music Video) and Louis Besse's "The Great Survival" (Best Short-Short).

Utah Filmmakers Tim Kemple and Faith Briggs' "Erin McGrady" won Best Documentary Short, one of four films the team had at the Festival that qualified for both the Utah Filmmaker category and the main Documentary Short category.



COURTESY RRF

**"Launch" is a film based on the true story of Apollo astronaut John S. Bull** who applied to be the first man on the moon while confronting the NASA training gauntlet during the pinnacle days of the space race.

Several winning films will be screened in three separate showtimes at 4:30 pm, 6:30 pm, 8:30 pm, 9:30 and 10:30 pm at the Award Winners Showcase Thursday June 15 at the Cedar Fun Center (170 East Fiddlers Canyon Road) Each

show is \$10 at the door or online at [redrockfilm-festival.eventive.org](http://redrockfilm-festival.eventive.org). The Festival is currently taking submissions until July 20th with varying entry fees at [filmfreeway.com/RedRockFilmFestival](http://filmfreeway.com/RedRockFilmFestival) for its 17th Annual Festival.

# SUMMER PHOTO CONTEST

*Winning photos will be featured in our Fall issue of Color Country Magazine!*

**PHOTOS  
DUE  
AUG. 14**

Complete contest details/rules & enter your photo at [IRONCOUNTYTODAY.COM](http://IRONCOUNTYTODAY.COM)

# Parowan Fun Run

## ENTHUSIASTS ENJOY ANNUAL CAR SHOW

by *Jennelle Zajac*

FOR IRON COUNTY TODAY

Seventy degrees and partly cloudy skies were the backdrop for the 32nd annual Parowan Fun Run Car Show last weekend. Car enthusiasts of all ages, from near and far admired the variety of cars, trucks, vans and motorcycles on display. Each vehicle showed the clear pride of ownership the participants have for their vehicles. Some might even call it love!

A table of trophies waited to be presented to the winners and lots of smiles were seen while

kids and grandparents took photos in front of their favorite cars and hot rods.

The sponsor, Parowan City and Desert Cruisers, offered T-shirts and hot dogs for sale and the show had plenty of vendor booths offering a variety of clothing, gifts, and home decor, as well as lots of food options for every age and palate. Bounce houses were also a highlight for anyone ready to get their jiggle on!

When this author spoke with some of the car owners, the general consensus was that it couldn't have been a better day!



*Parowan's 32nd annual Fun Run Car Show* revs up the classy event with classic cars.



# The history and consistency of change

## FAMILY HISTORY CORNER

Things have really changed since I was a kid. I remember when a blue 5-cent postage stamp with George Washington's portrait would send a first-class letter. Nowadays, not many people even send letters. If you do send a letter, it's more expensive. I just read that the price for Forever Stamps in 2023 is going up to 63 cents a stamp.

I used to type my English essays on a Royal typewriter that I got for Christmas my sophomore year in high school. IBM electric typewriters were a thing, but not in my family's budget. It took a little finger-power to get the keystrokes even and my essays were often full of "flying caps" from not holding down the shift key hard enough to get to the capital letters. I still have that typewriter, and it's in great shape. However, now days I can't even find a ribbon to buy for it, so it sits on my shelf as a little historic display.

Gone are the days of inky fingers, Liquid Paper, and typewriter erasers, and I love the freedom of editing that computers allow. However, I have a bit of a love/hate relationship with spell checker, having been sabotaged by it on a fairly regular basis, but I have to admit that it usually is a very helpful tool.

Even at the slow rate that I

switch computers, I still have been through at least half a dozen since my dad purchased our family's first Apple when I was three years into my college career. Every change in operating system or recording method brings with it a loss of data. Gone are the days of floppy disks, but so is all the writing that I had saved on them. I once joked with one of my teachers that we needed computer archaeologists to recover all the lost data, only to be told that it really was a thing.

This has given me a degree of cynicism about the staying power of technology, only compounded by stacks of VHS and VCR tapes containing movies that can no longer be played for lack of a player. Even DVDs are being replaced by on-demand from Amazon and other streaming providers. That leaves us at the mercy of whoever decides what stays and what goes on the menu of available shows. Dinosaur that I am, I believe that books are still our most stable information repositories.

That being said, I am going to be doing a column about writing family and personal histories once or twice a month. I would like this to be an interactive column, so if you have comments, please email me at [larksongwriting@gmail.com](mailto:larksongwriting@gmail.com). In between columns, watch for a Family History Corner where I will put some thought-provoking questions to help you find ideas to write about. This week, I thought it would be fun to kick this off by thinking about the things that you have seen change.

- » How have changes in our culture/society changed your life?
- » How has entertainment changed in your lifetime?
- » What kinds of technologies have been invented since you were young?
- » How did you do things before the new technologies?



RUTH SCOVILL  
CONTRIBUTOR

*"I remember when a blue 5-cent postage stamp with George Washington's portrait would send a first-class letter."*

## people

### MISSION

#### Elder S. Caleb Weaver

Elder S. Caleb Weaver returns home from the Quito, Ecuador Mission, June 21. He speaks in the Cedar Mountain Ward (2015 N. Wedgewood Lane) Sunday June 25 at 10:30 p.m. Those who wish to welcome him are invited to his home that same day for "Cookies and Caleb" from 7-9 pm.



### Want to submit an announcement?

There is no charge for birth, first birthday, mission, Eagle Scout, 50th anniversary (and up), wedding and 80th birthday (and up) announcements. Submissions can be made online at [ironcountytoday.com](http://ironcountytoday.com), or emailed to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or brought to 479 N 100 W, #1, Cedar City. The deadline is Friday at noon for the following week's issue. Announcements should be 100 words or less. Please call 435-701-9982 for pricing for all other announcements.



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# Preparing for possible “Food Chain” disruptions in 2023

In recent years, there have been memorable shortages of various foods, from baby formula to baking yeast, and from eggs to ground beef and chicken. Depending on your source of trusted news, this year you may hear of pending shortages of olive oil, corn, and even higher-end alcoholic beverages such as champagne. However, it is not time to panic just yet.

USDA statement: According to the US Department of Agriculture, “there are currently no nationwide shortages of food, although in some cases the inventory of certain foods at your grocery store might be temporarily low before stores can restock. Food production and manufacturing are widely dispersed throughout the U.S. and there are currently no wide-spread disruptions reported in the supply chain.” (<https://www.usda.gov/coronavirus/food-supply-chain>)

What is a real possibility is that many local food products are at risk of being in short supply in the coming months. It’s only been a few months since the avian flu affected huge populations of turkeys. Additionally, with the huge spring run-off throughout the state, some farmland is still too wet to plant, meaning many farmers will not be planting their normal crops. In addition, the cold temperatures earlier this year took the lives of thousands of new calves.

Well, enough about doom and gloom. If nothing else, these examples could serve as a wake-up call to address areas where you could be better prepared to feed you and your family for more than this week or this month. This isn’t a call to become a “Prepper”, but it is an opportunity to think through how you might become less dependent upon what is known as the Food Supply Chain.

## Take stock of what you have

A place to start is to look through your pantry, chest freezer, refrigerator, and/or where you keep food storage items (home canned foods, spices, canned chili, flour, sugar, etc.). If you haven’t already built up a supply of ingredients for your family’s favorite meals, desserts, etc., this is a good time to consider assembling key ingredients to make the recipe several times over the next few months. What may come to mind could include chocolate chips,

applesauce, tomato or spaghetti sauce, peanut butter, ground beef, pasta noodles, etc.

Sometimes, you may have a full pantry, but you can’t come up with a recipe in your mind of what to prepare for dinner. A convenience now available is the availability of several mobile phone apps where you check a box or list what you have on hand and then, the app magically offers recipe suggestions. Examples of apps include “SuperCook” and “Whisk”. Or, on your desktop/tablet, just type in the search engine something like “make a meal with what I have” and review any of several websites.

## Plants/herbs for the home garden

Perhaps you use fresh herbs or produce in a few of your favorite recipes. You may wish to consider planting your own herb garden, plants in pots, or the more traditional raised beds, or ground level beds. Buying seeds at the end of the current planting season for next year’s crop helps

to have peace of mind for the coming year or two. Store seeds in a cool, dry, dark location in a sealed baggie. Not your forte? Read on.

## Shop in season, group buys and/or in bulk

Watch for sales in your local grocery store or shop the farmer’s market for fresh items that can be used soon or preserved for future use. Similarly, utilize case lot sales of canned and packaged food items.

## Food preservation options

It may be a great time to consider one or more methods of preserving favorite foods that will be on hand for future use. Frozen, dehydrated, canned (aka bottled), freeze dried, smoked, or cured, there are many safe options available to you.

Questions you may have regarding home food preservation may be directed to your local USU Extension Office. Look for the office nearest you at <https://extension.usu.edu>. County offices and resources are found under one or more tabs on the home page.

*Kathleen Riggs is the USU Extension family and consumer sciences professor for Iron County. Questions or comments may be sent to [kathleen.riggs@usu.edu](mailto:kathleen.riggs@usu.edu) or call 435-586-8132.*



## finances

### ASK RUSTY: SOCIAL SECURITY

from Assoc. of Mature American Citizens

FOR IRON COUNTY TODAY

## How will working affect my first year’s benefits?

**Dear Rusty:** I retired from working in January of this year and have since claimed Social Security. I didn’t work at all in February or March, but I began a part time job in April. I’m very confused about how Social Security counts earnings for the first year. I don’t know if I need to keep each month’s earnings under \$1,770 or if they average it. Some of the literature I’ve found says each month must remain under \$1,770 or NO benefit will be paid that month. Two people at the Social Security office told me that they’ll just dock me \$1 for every \$2 I am over that, even in my first year. I also cannot find anything about when they count your income. Is it when it’s earned or when it’s paid? If I go over in a month because there are three pay periods, can they withhold the benefit for that month? I’m just so confused! Signed: Part Time Worker

**Dear Part Time Worker:** The Social Security earnings test during your first year collecting benefits before full retirement age is, indeed, somewhat confusing. The reason is because there are two methods which Social Security may use during your first calendar year collecting early benefits, and they will use the one which results in the least financial impact to you. To elaborate:

If you claim benefits mid-year before your full retirement age, for the remainder of that first year (starting in the month benefits begin and ending in December) you’ll be subject to a monthly earnings limit (\$1,770 for 2023). If you exceed the monthly limit in any remaining month of that first calendar year, you won’t be entitled to benefits for that month, so Social Security would (eventually) take back that month’s benefit. That is, unless using the annual limit (\$21,240 for 2023) instead will result in a smaller penalty. If your total earnings for your first year collecting are over the annual limit (e.g., \$21,240 for 2023), the penalty would be \$1 for every \$2 over the annual limit and, if that is less than the penalty from using the monthly limit, they will assess the smaller penalty. In other words, Social Security will use the method which is most beneficial to you when assessing a



**RUSSELL GLOOR**  
SOCIAL SECURITY  
ADVISOR

## calendar

THURS, JUNE 15

NATURE PICS DAY

**FIELD TRIP – RUSH LAKE PETROGLYPHS** (8am - Noon). With Dr. Emily Dean. Leave from Cedar City Library Parking Lot (303 N 100 E). Admission FREE. Participants provide own transportation, water, snacks, etc.. No restrooms. Pre-reg Required. Sign up at cedarcitylibrary.org or contact Steve Decker at 435-586-6244, dsteve@cedarcity.org.

**RED ROCK FILM WINNERS SHOWCASE** (4:30-11pm) @ Cedar Fun Center (170 E. Fiddlers Canyon Rd., Cedar). Out of more than 100 films you can see the best in Utah films and International Animation, Documentary, Drama, Sci-Fi, Music Video and more. Shows are \$10 at door or redrockfilmfestival.eventive.org/schedule

FRI, JUNE 16

CASEY DAY

**SUMA: CREATE PLAYDATE (10AM) @ SUMA** (13 S 300 W, Cedar). A special free storytime and hands-on creative activity in performing and visual arts. Each Create Playdate is about 45 minutes long and is geared toward preschool children (ages 3 to 5) and their parents or guardians.

**PAROWAN SCAVENGER HUNT (10-5PM) @** the Parowan Visitor Center (5 S Main St, Parowan). Come any time between (10-5pm) on Fridays June-July. Get riddles/clues to find objects all over Parowan. Return to pick a treasure from the chest! INFO: 435-477-8190.

**CEDAR STREET FEST (EVERY FRI 3-10PM) @** Cedar Fun Center (170 E Fiddlers Canyon Rd, Cedar). Local businesses, farmers markets, artisans, musicians, comedians, drive-in movies, etc. for a weekly celebration of Cedar City's unique culture. INFO: www.cedarstreet-fest.com.

**PAROWAN OLD ROCK CHURCH DAYS @ OLD** Rock Church (59 S 100 W, Parowan). Special guest and keynote speaker T.C. Christensen. Experience the Mother Town Magic with food, vendors, tours, entertainment, children's games, a quilt show, a silent auction, and more. INFO: Facebook (Old Rock Church)



**43RD ANNUAL PAIUTE POW-WOW (FRI-SAT)** Grand Entry 1pm and 7pm) @ Paiute Indian Tribe outdoor arbor (440 N Paiute Dr, Cedar). FREE. Everyone welcome! Spirit Run (Sat 6:30 am - 10:30 am. INFO: Patrick Charles 435-559-7529, the Paiute Tribe 435-586-1112, or visit www.UtahPaiutes.org/powwow/ or on Facebook: /PITUAnnualRestorationPowWow/.



**MONSTER TRUCKS (FRI-SAT) @ CROSS**

Hollow Event Center (11 N Cross Hollow Rd, Cedar) Gates open (5pm), Pit-Party (5:30-6:30), Show (7pm). Tickets \$35 VIP Tickets, \$21 Adults, \$11 for Kids (3-11). A night of monster trucks. Don't miss your chance to ride in a monster truck. INFO/Tickets: monstertruckfamilytour.com.

**CROSSROADS MUSIC FESTIVAL (7-9PM) @** SUU Library Quad (351 W University Blvd, Cedar). Red Rock Percussion Group (7pm), Samba Fogo (8pm). FREE and family-friendly. Bring your blanket, sit on the lawn, and enjoy two great nights of music! VIP seating is also available for \$10 online. INFO: suu.edu/crossroads.



SAT, JUNE 17

GARBAGE MAN DAY

**SWEET PEA FARM BREAKFAST (EVERY SAT,** 8-Noon) @ Sweet Pea Farm & Orchard (136 S 600 W, Parowan). INFO: 435-531-6461 or sweetpeafarmandorchard.com.

**CEDAR CITY FARMERS MARKET (9AM-1PM)** @ inside IFA (winter) (905 S Main St, Cedar). FREE. Farmers, food, and artisans. Drawings, bingo, and more! INFO: Facebook, Cedar Saturday Market, or Nancy 435-463-3735.

**FESTIVAL CITY MARKET (9AM-1PM) @** (Center St. & 100 W) By Bristlecone Coffee. FREE. Handmade treasures and a bounty of local farmers, backyard gardeners, fresh fruits, veggies, with local artisans for jewelry, art, wood, pottery.

**WATER FESTIVAL (10-2PM) @ CEDAR CITY**

Main Street Park (200 N Main). Admission FREE. Southwest Plumbing Supply & The Central Iron County Water Conservancy District host the annual community Water Festival to help educate about water and showcase the latest technology in water conservation. INFO: cicwcd.org/water-festival/ or 435-865-9901.

SUN, JUNE 18

FATHERS DAY

**62ND UTAH SHAKESPEARE FESTIVAL – THE** Festival also offers a FREE nightly Greenhouse (summer) at 7:10 pm, backstage tours, seminars, and play orientations. INFO/Tickets: 1-800-PLAYTIX (752-9849) or visit www.bard.org.

MON, JUNE 19

LEARNING DISABILITY WEEK

**RAILROAD CENTENNIAL CELEBRATION (19TH** – 24th) Join Cedar City for a week-long celebration to commemorate the 100-year anniversary of the railroad coming to town. All events are FREE and open to the public unless otherwise specified. INFO: www.cedarcity.org/ccr



TUES, JUNE 20

PRODUCTIVITY DAY

**CHILDREN'S STORY TIME (TUES, 10-11AM) @** Frontier Homestead State Park Museum (635 N Main, Cedar). Admission FREE. A ranger reads a fun frontier-themed story along with a corresponding take-home activity. Recommended for preschool-aged children.

**COWBOY POETRY WESTERN MUSIC OPEN** MIC (3rd Tues, 6:30 pm) @ Mt. View Ranch Museum (10 S 600 W, Parowan). All are welcome to participate and/or enjoy this Western Unwind. Admission free.

WED, JUNE 21

SELFIE DAY

**MIDVALLEY FARMERS MARKET & ARTISAN** FAIRE (4-7PM) @ (780 Midvalley Rd. Enoch). Live music, jump house, face painting, and more. Beautiful, original, and unique items. Crafters and artisans are local. Have dinner, listen to music, let the kids play in the jump house while you watch the sunset. a Project of The PEACE Guild – Text: 435-704-6916.

**CHARACTER SKETCHES (WEDS, 6:30-** 8:30pm) @ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

THURS, JUNE 22

KISSING DAY

**NEIGHBORHOOD SLOW ROLL & FAMILY MOVIE** (6-8pm – Slow Roll) and (8-10pm – Family Movie @ Park Discovery (2077 W Royal Hunte Dr, Cedar). Everyone is welcome to bring some wheels and enjoy the family fun festivities including games, FREE swag, and raffle.

FRI, JUNE 23

**IRON SPRINGS SUMMER MUSIC FESTIVAL** (6pm) @ Iron Springs Adventure Resort (3196 N Iron Springs Rd, Cedar). Live music, food trucks, lawn games and don't forget to bring your own chair. INFO/Tickets @ ironspring-sutah.com or 435-708-0101.

SAT, JUNE 24

**FRONTIER HOMESTEAD STATE PARK** MUSEUM'S 50TH ANNIVERSARY @ (635 N Main St, Cedar). INFO: 435-586-9290 or visit www.frontierhomestead.org.

Want your event on our calendar?

There is no charge for calendar items. Your submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 479 N 100 W, #1, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.

## calendar

## ONGOING OPPORTUNITIES

## GOVERNMENT

**Brian Head Council**

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

**Cedar City Council**

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

**Enoch City Council**

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

**Enoch Planning Commission**

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

**Iron County Commission**

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

**Iron County Democrats**

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

**Iron County Republican Women**

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

**Parowan City Council**

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

## SERVICE GROUPS

**American Legion Post 74**

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Veterans invited to learn about benefits, opportunities and fellowship. Honor Guard provides military honors at Veterans funerals. • Post Commander Darrin Duncan (435) 704-1466.

**Bikers Against Child Abuse**

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Room)

**DAR – Bald Eagle Chapter**

2nd Sat, 10 am • Cedar City Library, 303 N 100 E

**Elks Lodge #1556**

111 E Freedom Blvd. Cedar City, (435) 586-8332

**Lion's Club**

Tues, 12 pm • Call Pres. Roger Shurtz for mtg. info. Everyone welcome! (435) 590-2896

**Marine Corps League**

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

**Rotary Club**

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

## SUPPORT GROUPS

**AA—Alcoholics Anonymous**

(435) 635-3603 • [www.utahaa.org](http://www.utahaa.org). Helpline: John (702) 802-1332, Kara (702) 232-6829 KKCBC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Speaking From The Heart** • M – Sa, Noon

**Steps and Traditions** • M – Su, 7 am  
**Red Road to Sobriety** • Mon, 6 pm Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

**Misfits** • M – F, 6 pm

**Cedar Group** • Tues, 8 pm

**The Great Fact** • T, F, Noon. True Life Center 2111 N. Main. • (702) 802-1332 or (702) 533-7856

**Red Creek Group** • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

**Women's Meeting** • Sat, 10:30 am

**My Story** • Sat, 8 pm

**Thank God it's Sunday Spiritual** • Sun, 11 am

**What a Way to Start the Day** • Su, W, F 7-8 am • All are welcome

**Al-Anon**

KKCBC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Al-Anon** • 1st, 3rd Tues, 7-8 pm • Call for info: (435) 704-8984

**Easy Does It** • Tues, 7-8 pm • (435) 559-3333

**Hope for Today (Family Groups)**

Thurs, 6 pm • (435) 559-3333

**Alzheimer's/Dementia**

Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn about/access resources, connect with others for support. Contact Raven Albertson, 385.831.7124, [utahprograms@alz.org](mailto:utahprograms@alz.org)

**ARP—Addiction Recovery**

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan Sun 7:30 pm • 85 N 600 W, Cedar City, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

**Caregivers**

1st Tues, Noon • Five County Aging Offices, 585 N Main, Ste. 1, Cedar City  
3rd Thurs, 6:30-8:30 pm • Johnson Arts Center (59 N 100 W, Cedar). All levels of the caregiver's journey from pre-caregiving to bereavement and rebuilding welcome. INFO: Kat at 702-292-9911.

**Celebrate Recovery**

Fri, 6:30 pm, starting July 7, 2023 • Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, [info@sonrisechurch.net](mailto:info@sonrisechurch.net), [sonrisechurch.net](http://sonrisechurch.net).

**Helproom**

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, feel supported, share perspectives on healing, recovery. Join: [affiliate.rainn.org/helproom/canyoncreekservices](http://affiliate.rainn.org/helproom/canyoncreekservices).

**Multiple Sclerosis**

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

**Narcotics Anonymous**

[www.nasouthernutah.org](http://www.nasouthernutah.org) • (435) 635-9603 KKCBC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Basic Text Study** • Mon, 8 pm

**Just for Today** • Wed, 8 pm

**Hope Without Dope** • Thurs, 8 pm

**Live and Let Live** • Fri, 8 pm

**Candle Light Mtg** • Sat, 9:30 pm (Small room)

**Women Only** • Sun, 11 am

**Dopeless Hope Fiends** • Sun, 8 pm • Meeting Hall, 1067 S Main, Cedar (877) 865-5890

**Nicotine Anon (12-Step)**

Fri 5 pm • KKCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

**Porn Addiction Recovery for Men**

Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

**Pregnancy, Infant Loss**

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • [www.southernutahshare.com](http://www.southernutahshare.com)

**Senior Blind/Visually Impaired**

3rd Thurs, 1:30 pm • Cedar City Library

**Southwest Parkinson's Alliance**

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

**Widows Ministry**

2nd Sat, 11-1 pm • New Journey-Widow's Ministry @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, [info@sonrisechurch.net](mailto:info@sonrisechurch.net), [sonrisechurch.net](http://sonrisechurch.net).

## CLASSES, CLUBS &amp; ACTIVITIES

**Adult Barre/Modern Dance**

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

**Arthritis Foundations Exercise**

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

**Book Club**

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

**Boy Scout Troop 1848**

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door, next to Enoch City Business office. Text Bryan Fanton 435-327-1214

**Cedar Breaks Model A/Vintage Car Club**

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email [cedarmodela@gmail.com](mailto:cedarmodela@gmail.com).

**Cedar Chest Quilters' Guild**

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. [cedarchestquiltersguild.org](http://cedarchestquiltersguild.org)

**Cedar City ESL**

Wed, 6:30 - 7:30 pm • Free ESL lessons offered at Cedar City Public Library, Rare Book Room (303 N 100 E). No pre-registration required.

**Cedar City Toastmasters**

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

**Cedar Professionals**

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit [www.cedarprofessionals.org](http://www.cedarprofessionals.org)

**Cedar Radio Control Club**

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

**Color Country Winds**

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

**Cub Scout Pack 1848**

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

**Explorer Bible Club**

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

**Folk Dancing Class**

1-2 pm • Cedar Senior Center (489 E 200 S). Come to your first International Folk Dancing Class! Teaching included. Easy to learn, fun, free for all ages. (626) 808-6129

**Hey Cedars Square Dance Club**

Wed 6-7:30 pm (Beginners), Dancing 7:30-8 pm • Cedar City Aquatic Center (2090 W Royal Hunte Dr). All former square dancers invited. INFO: Call/Text Neil Mattson 909-477-9795.

**International Folk Dancing**

Fri, 1-2 pm • Cedar City Senior Center (489 E 200 S). Free. All ages welcome. Teaching included. INFO: (626) 808-6129

**Iron County Moms For America**

2nd Thurs, 7pm • CC Visitor Center (581 N Main). Help heal our nation, keep liberty alive in your heart & home. INFO: Kami Merrill 435-592-4152 or email: [ironcountymomsforamerica@gmail.com](mailto:ironcountymomsforamerica@gmail.com)

**Parowan Pickleball**

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and signup: Parowan Visitors Center 435-477-8190.

**Rock Club**

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. [southernutahrockclub.org](http://southernutahrockclub.org)

**Sagebrush Fiber Artisans Guild**

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

**Senior Yoga Classes**

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

**Sewing Group**

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

**Southern Utah Woodturners**

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

**StrongBoard Classes**

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

**Tae Kwon Do Class**

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 W Royal Hunte Dr. \$25/ mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

**Tai Chi For Health**

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

**Take Action for Freedom**

Wed, 7 pm • Stahli West 600 N. Airport Road, Cedar • Preserve Constitution, Republic, voting laws, medical freedom, education, 1st & 2nd Amendment Rights, ed. on CRT & boarder illegal immigration, local/county/state Legislature

**Top Bar Hive Bee Keeping**

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

**TOPS – Take Off Pounds Sensibly**

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

**Water Aerobics Class**

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W. Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

**Wellness Place**

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: [thewellnessplacecc.com/upcoming-classes](http://thewellnessplacecc.com/upcoming-classes)

**Wellness Wednesdays**

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PW: health, Info: Kristi Sharp (435) 986-2564, [ksharp@swuhealth.org](mailto:ksharp@swuhealth.org)

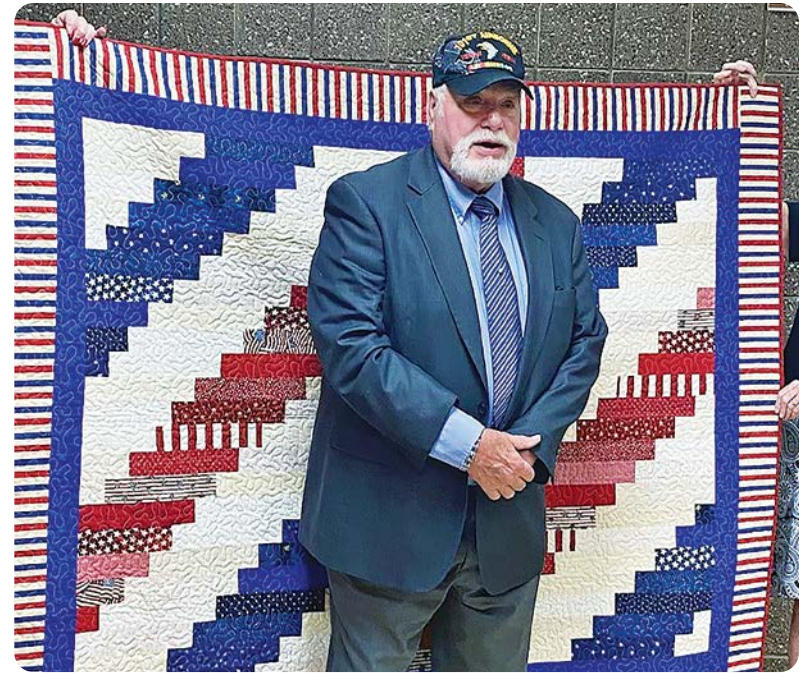
**Youth Group**

Wed, 6:30-8 pm • Ages 12-18. Meal, games & Bible Study. @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, [info@sonrisechurch.net](mailto:info@sonrisechurch.net), [sonrisechurch.net](http://sonrisechurch.net).

**To add your ongoing opportunity to our calendar, call 867-1865, ext.6 or email [news@ironcountytoday.com](mailto:news@ironcountytoday.com)**



(L to R) Group Leader Esmeralda Carter presents QOV quilts to Tech Sergeant David Grandbois & Lance Corporal Conrad Stadig



Sergeant Tim Hopkin

## Local veterans recognized during Quilts of Valor ceremony

from Esmeralda Carter

FOR IRON COUNTY TODAY

During the 20th anniversary of the Quilts of Valor foundation on May 22, 2023, the Patches4Patriots group of Iron County awarded five local Vietnam Veterans their Quilts of Valor.

Group Leader, Esmeralda Carter and her board

members were honored to award these Vietnam Veterans their Quilts of Valor.

- » Lt. Colonel Daniel Jones, US Army
- » Staff Sergeant Rick Royer, US Air Force
- » Sergeant Tim Hopkin, US Army

Two more local veterans were also recognized for Quilts of Valor on June 5, 2023.

- » Lance Corporal Conrad Stadig
- » Tech Sergeant David Grandbois

The community joined in celebrating and supporting these Vietnam Veterans. Each Veteran was awarded a special quilt and a Presidential Vietnam Commemoration Pin, commemorating the 50th and their Anniversary of the Vietnam War and their Vietnam Era pins.



Staff Sergeant Rick Royer



Jen Oeland (L) and Group Leader Esmeralda Carter (R) present the QOV to 2nd Lieutenant Colonel Daniel Jones

PHOTOS COURTESY PATCHES4PATRIOTS

# Becoming a capable coach

## LEADERSHIP 101.17

Whether you lead from the living room, boardroom, mailroom, classroom, courtroom, or courtside there are many common qualities that define and refine what it means to be a coach, or a leader of those entrusted to your concern and care.

We all compete in different ways every day of our lives. Some days we compete a little harder, other days we need a coach, or a cheerleader, true friend, etc., to help us find our flame and get back in the game. This is what separates good coaches from great ones.

A great coach doesn't just take interest in his team, he invests in them—as a whole and individually. Their success on and off the “court” will be a game changer for you and will translate into winning the game. Don't expect a joyful, victorious team in the locker room if you don't first have that unity on the field.

As an athlete (no matter your arena) when you know your coach is there for you, you feel like you can do anything! That level of confidence will more than make up for any inconvenience from incompetence.

As a competent coach (not just a competitive one) you create a culture that creates and fortifies unity. Not a culture where people fear to mess up (be human), but one where everyone is striving unselfishly for the good of the company and its

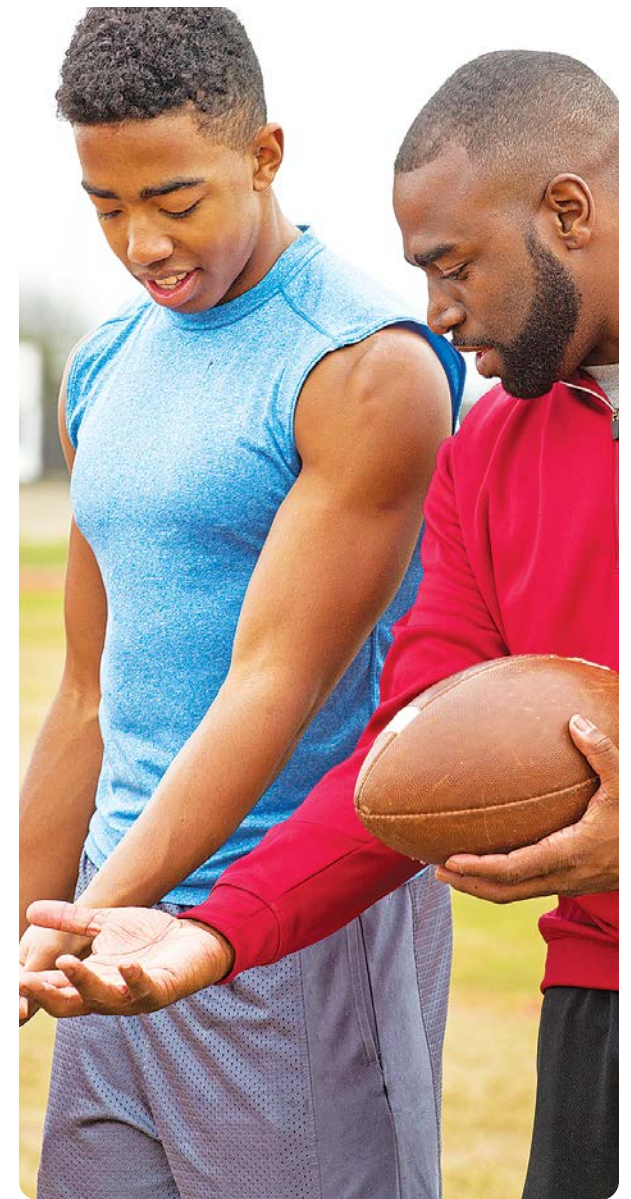
people, knowing that it will reciprocate back to them in dividends, not dead-ends.

A great coach also discovers how to lead each person as an individual not just an employee, or a number. This empowers and emboldens that person more than their paycheck or benefits. True, you will have some people who want to be led and some who don't. Great coaches learn to lead them both. Just because they don't want to be led, doesn't mean they don't want to do the work. Perhaps they just need more autonomy and trust. They know you'll still be watching, correcting, maybe chastising, but not nit-picking and babysitting. Also, not giving up on someone in certain situations takes energy, patience, time, faith and love, but in the end, whenever and however long it takes, it will be worth it.

True leadership is always more about relationships than rules. It's more about camaraderie than control. The less a coach finds ways to encroach and

the more ways they find to higher those they hire, the better the players become, the more enjoyable the game is (no matter the score) and the more victories will be achieved.

Also true is that leadership can be lonely. Nevertheless, that's the price leaders pay for the privilege of their position. However, that loneliness can be dissolved through not just unlocking the doors of your locker room (home, office) but unlocking the potential of the people you play, work and live with. Today, strive to make unlocking your people's potential a priority of becoming a more capable coach.



SHUTTERSTOCK

## BENEFITS

« CONTINUED FROM PAGE 15

penalty for exceeding the earnings limit during your first calendar year collecting benefits. And just for clarity, the earnings limits are much higher and the penalty less during the year you attain full retirement age (FRA).

Something else to be aware of: if you know in advance you will exceed the annual limit it would be best to inform Social Security in order to avoid an Overpayment Notice next year. If you have exceeded the limits, they will determine an overpayment amount and will ask you to either pay back what is owed in a lump sum or

will withhold your benefits for enough months to recover what you owe for exceeding the 2023 earnings limit.

Finally, it is when your income is earned that counts, not when it is paid. So, for example, if you worked in January 2023 and were paid for that work in February 2023, that is considered January income which wouldn't count toward the February earnings limit.

*This article is intended for information purposes only and does not represent legal or financial guidance. To submit a question, visit our website ([amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory)) or email us at [ssadvisor@amacfoundation.org](mailto:ssadvisor@amacfoundation.org).*

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## family

# Summer slack off

**S**ummer is notoriously a time for families to do things at their own pace. For some that means the calendar is penciled full of activities, while others prefer to leave their days wide open and take them one at a time.

One thing every kid counts on at the end of the school year is a little more freedom! The opportunity to stay up late, sleep in the next morning, eat a little more sugar and forget a portion of what was learned over the previous year. But how much of this so called “freedom” is beneficial for our still growing kiddos?

I experimented on my own kids over the last month to give you my recently educated opinion!

For the first week of summer break I allowed my four kids to really slack off. I permitted far more screentime that I ever do during the school year, I gave them unlimited access to snacks between meals and we played outside past bedtime. I even adjusted the baby's naps around fun activities the other kids wanted to do throughout the week!

By the end of this trial period I found that I had a house full of overtired little people with big expectations

for the next week of summer. I discovered that allowing my kids to stay up late did not guarantee that they would sleep in the following morning.

I confirmed that excessive snacking leads to full tummies before dinnertime. And when kids don't eat their dinner because they already filled up on crackers and grapes, they will undoubtedly be “starving” around bedtime. Too much screentime led to far more arguing while simultaneously lessening their interest in productive activities.



SHUTTERSTOCK

## mom's CORNER(ED)

by **Weslie Stratton**  
CONTRIBUTOR



And all of the above led to a frazzled mom! My takeaway from this exercise is that kids thrive on structure.

The following week we reeled things in while allowing for reasonable summer fun. The kids went back to their standard school year bedtime on the weeknights and screentime was cut back significantly. Snacking was once again limited and important meals enjoyed.

So what perks of summer vacation are left for my kids to enjoy? While snacking may be limited, they get a say in our weekly grocery order. This means we are now buying frosted animal crackers

and juice boxes when we're typically a water drinking, cheese and cracker eating family. They are allowed frozen otter pops after lunch every day of the week rather than just the weekends and we stay up past bedtime on Friday nights.

It may not sound like much but I have learned that it doesn't take much to break the norm and keep young kids happy.

Sleep and healthy meals are essential for growth, development and Mom's sanity! So next time your kids beg for later bedtimes or cookies and milk for dinner because its summertime, remind them that there are worse things than eating a well-balanced meal. Like doing homework after school!

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## obituaries

### John Peterson Larson



John Peterson Larson, 89, of Cedar City, Utah passed away on June 4, 2023, surrounded by his family.

John was born on June 11, 1933, to Oscar Larson and Sarah Peterson Larson in Malad, Idaho. He lived in a small farming community and graduated from Malad High School. He was affectionately also known as "Johnny" or "John P."

Shortly after high school, he moved to Burbank, CA and started working for Union Oil Company. He

held various positions within the company for over forty years, including owning a service station. He was known for being an extremely hard worker, without ever taking a sick day.

He had a love for the outdoors. He enjoyed water skiing, boating, fishing, skeet shooting, hiking, river rafting, road trips, camping—mainly at Power House in Idaho. Being in nature was one of his favorite activities, especially being in the Tetons and Jenny Lake.

He was a follower of Christ and his faith never wavered. He was a member of The Church of Jesus Christ of Latter-day Saints. He held various callings throughout the years from Bishop, Young Mens, Stake callings, Missionary, Temple Worker, and many others. He was strong in his beliefs and was always willing to share the Gospel with others.

He loved talking about cars, airplanes, eating hamburgers, the tv show Taxi, jokes, reading books, going for walks after dinner, having his dog chew his feet, building things, working in the garage, waking up before the sun, funny sneeze sounds, taking pictures at every occasion, talking politics, hating seatbelts and always had a major sweet tooth.

John was preceded in death by his parents, sister (Donna Larson Brown), brother (J.O. Larson), brother (Ralph). Also his loyal canine companions, Mister and Benson.

He is survived by his wife, Edith Sheffield. They were married for 23 years. They resided in Long Beach, CA prior to retiring to Cedar City, UT. He raised five kids. Stephen Larson (Becky), Tami Larson Mallette (late John Mallette), Kristin Larson Lewis (Joey), Stephanie Larson, and John K. Larson in Orange County, CA with his former wife, Nancy T. Larson.

Grandchildren: Ashley Larson Gill (Joshua), Michael Larson (Allison), Abbey Larson Jensen (Conner), Mathew Larson, J.T. Mallette, Cody Mallette, Lexi Shaw Foster (Jared), Quinnie Lewis, and Alex Lewis. Great-Grandchildren: Masha Gill, Henry Gill, Jack Foster, Lucy Foster, and Wells Larson.

He will be remembered for his faithful service to the Lord, always lending a hand to help a neighbor, being a hard worker and his love for being around his family and grandkids and having them make him laugh.

Funeral Services will be held on Friday June 16th at 11:00 am at The Church of Jesus Christ of Latter-day Saints, 2015 North Wedgewood Lane, Cedar City, UT. A viewing will be held prior to that from 9:30 am -10:30 am at the Church. Interment will be in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online Condolences and livestream of the service can be found at [www.mortuary.org](http://www.mortuary.org) on John's obituary page.

### Craig Matheson



Victor Craig Matheson (Sarge) passed away on June 6, 2023, in St. George, Utah. He was born on December 30, 1946, to Victor and Reva Matheson. He was born and raised in Cedar City, UT and didn't travel far from home. He married Paulette Slack on June 30, 1967, who later passed away on June 16, 1994. He then married Vicki Major Parker (that girl from over on 89) on August 19, 2004.

He graduated from Cedar High School (a true Redman). He joined the National Guard in 1965 and served his country for 38 years, where he ventured to many different places, but Cedar City was home. He was proud to be an American. He loved to be outdoors, especially sitting on a rock watching his fishing pole. He could bullshit with the best of them. He loved his family and his door was always open. Dad was a simple man and loved a cold beer and a good fry of mutton. He cooked a mean turkey and his



homemade jam was second to none. Dad had a nickname for just about everyone, especially his grandkids, like Spider, Walley, The Natural, Sam, Bert and Peanut.

Dad loved his Indianapolis Colts and was a diehard sports fan. He loved to talk to his kids and grandkids. He always had a story or a joke to tell you. He loved working in his yard and garden and took a lot of pride in them.

He loved watching Gunsmoke and old John Wayne movies. He loved listening to his old country music, like Johnny Cash, Marty Robbins, and Lorne Green.

Dad had the best sense of humor and could always make you laugh with his sarcasm.

We love you and we will miss you. 'Keep Smilin'.

Victor is survived by his wife Vicki, his children Lynette (Sam) Matheson of Enoch, UT and Justin (Tara) Matheson of West Jordan, UT, 15 grandchildren and 5 great-grandchildren; his siblings Kim (Margo) Matheson, Vance Matheson, Gayle (Sid) Webster, DeAnne (Mike) Sherratt, Vicki Webster all of Cedar City, UT, and Denise (Ed) Stanfill of Maricopa, AZ. He is preceded in death by his wife Paulette Slack Matheson, his parents Victor and Reva, granddaughter Jessica Simkins and grandson Trace Parker.

Funeral services will be held on Saturday, June 10, 2023, at 2:00 pm at the Church of Jesus Christ of Latter-day Saints at 500 West 400 North Cedar City, Utah. Viewings will be held on Friday, June 9th from 5-7 pm and on Saturday, June 10th from 12:30-1:30 pm at the church. Interment will be at the Cedar City Cemetery, under the direction of Southern Utah Mortuary. Online condolences may be left, and livestreaming of the services may be viewed at [www.mortuary.org](http://www.mortuary.org).

### Janet Lee Denman Anderson



Janet Lee Denman Anderson was born in Atlanta, GA on April 19, 1953. She passed away peacefully in her home in Cedar City, UT, surrounded by loved ones, on the early morning of May 20th. Janet was a valued member of the community and was actively involved in volunteering at her local church, Valley Bible Church.

Janet became a believer and follower of Jesus in 2011, and it completely changed her life. Serving Jesus, her church family, her children, and grandchildren was her main

focus throughout the latter part of her life.

Janet is predeceased in life by her son Christopher Payne and grandson Cody Anderson she is survived by brother Eddie Denman, sister Lisa Denman Richardson three other children: Andrew Anderson (Amy), Lisa Anderson (Mark), and Joshua Anderson (Leslie), as well as 11 grandchildren.

A memorial service is being held at Valley Bible Church (4780 N. Highway 91 Enoch, UT) on June 23, 2023, at 7 PM.

### Clifford (Cliff) Hoppus



Clifford (Cliff) Hoppus passed away at the age of 93, on Sunday May 28th, after a brief illness. He was born at home at his family's farm in Armstrong, Iowa on February 23, 1930. He was the youngest of 8 children, 6 boys and 2 girls. When he was about 6 weeks his father died at age 42 and the family was forced to leave the farm and live in town. His mother worked 2 jobs and his older siblings helped to support the family.

Cliff served in the US navy from 1949 to 1952, which brought him to

Southern California. Several years later he was introduced to Janet Hedrick by his niece Barbara Slotter. Cliff and Janet were married July 7, 1956, and were blessed with 2 children, Clifford Jr. and Claire. They were happily married for close to 52 years until Janet passed in January 2008. Cliff has dearly missed Janet ever since and thought of her every day. Cliff was a wonderful husband and dad as well as a caring Grandpa to Justin and Siena Whipple.

Cliff spent many years working in the aerospace industry in California and was able to retire at 55 and move to Utah, which he had grown to love after hunting in the area for over 20 years. That was close to 40 years ago and during that time both Cliff and Janet really enjoyed being involved in the Cedar City community and the Community Presbyterian church where they both were part of the planning committees, helped with vacation bible school, and served as Deacons of the church. Cliff also was the President of the Hospital auxiliary for several years and volunteered for the Utah Foster Care system as well. He was also very proud to be a Free Mason and part of the Scottish Rite and kept his membership up with both of these until he passed.

Cliff loved almost all kinds of music, especially country, and went to many concerts and shared the music he loved by making special tapes for family members and friends. The family home had large speakers throughout the house and he was known to dance occasionally to the enjoyment of his children and their friends.

Cliff will be remembered as a very kind, caring, gracious and generous person who will be dearly missed by all that knew and loved him.

There will be a memorial service held at 1:00 p.m. on Saturday August 12th at the Community Presbyterian church in Cedar City.

## Want to submit an obituary?

There is a charge of \$100 for obituaries to be published. Submissions can be made online at [ironcountytoday.com](http://ironcountytoday.com), emailed to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or brought in typed/digitized format to 479 N 100 W, #1, Cedar City. A single submission may be up to 600 words and may include up to two photos. Submitted obituaries over 600 words will be charged an additional 10¢ per word.

The deadline for submissions is Monday at 11 am for Thursday's publication.

## faith

# Learning from loss to experience gratitude...again (Part 9)

by Edy Meredith

FOR IRON COUNTY TODAY

Utah Governor Spencer Cox joined the Children's Collaborative for Healing and Support in May to announce a pilot program in Utah designed to support grieving children and connect them to needed services. According to the Children's Collaborative, there are more 60,000 young people in Utah who have experienced the death of a parent or caregiver. Utah's pilot program established by Gov. Cox has the purpose of helping kids get the help they need. One in 15 children will experience the death of a parent, sibling, or friend before they reach the age of 18, and they shouldn't have to suffer alone. The program will use both a "school based identifying strategy with a data matching system using public records on a state level". Trauma such as loss of parents, siblings, or friends experienced as a child can haunt a person for a lifetime of grief if untreated. The Children's Collaborative for Healing and Support can be accessed at the website: [childrenscollaborative.us](http://childrenscollaborative.us). An 80-page report about the organization can also be found at: [covidcollaborative.us/assets/uploads/img/](http://covidcollaborative.us/assets/uploads/img/)

HIDDEN-PAIN-FINAL.pdf.

Adults can also be faced with loss leading to extreme grief, anguish, regret, and woe meaning distress of mind and body with poignant sorrow when we ask ourselves, "How long will this last?" The heartache of grief could result from many different causes: death, divorce, loss of a valued job, and even the loss of a dream. While these dark valleys could change our lives forever, we do not need to wallow in a state of depression; we can learn to appreciate what we had and go on to even greater results, even triumphs. Professional counselors have identified five stages of grief: (1) denial, (2) anger, (3) guilt, (4) depression, and (5) acceptance. Each of these stages is a natural progression, and everyone has their own timetable.

Believing in a God who cares can help us experience the fullness of what we have gained through having had a blessing and then losing it. Life is full of loss and gain, both spiritually and materially. 2 Corinthians 1:3-5 says, "Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our tribulation, that we may be able to comfort those who are in any trouble, with the comfort with which

we are comforted by God for as the suffering of Christ abounds in us, so our consolation also abounds through Christ." Yes, when we accept the trials and tribulations of life, we learn to experience the joy that comes from the God of all comfort.

Virtually no one can travel through life from birth to death without undergoing pain, distress, or hardship of some kind. We are the directors of our attitudes, and as James 1:17 says: "Every good and every perfect gift is from above, and comes down from the Father of Lights, with whom there is no variation or shadow of turning."

Turn that frown upside down so that the beauty of life, with its ups and downs, shines through your life and through the lives of those who know you.

Dr. Luke who followed the apostle Paul through many downturns and difficulties wrote in the Gospel of Luke 1:78-79: "Because of God's tender mercy, the morning light from heaven is about to break upon us, to give light to those who sit in darkness and in the shadow of death, and to guide us to the path and way of peace." We who suffer are the salt of the earth seasoning the world we live in with wisdom and gratitude, lighting the world with love.

One of the advantages of taking your vehicle to an auto shop for maintenance and repairs is because they have a Mechanic On Duty. Mechanics are professionals that are trained and certified to work on many makes and models. They can undertake and make repairs whether it's an oil change or an engine overhaul. It's important to have confidence in your mechanic so that you know the repairs are done completely, correctly and to help you drive and arrive safely at your desired destinations.

When God sent each of us to Earth He gave us a map (Scriptures – 2 Timothy 14-17) and a Navigator (Holy Ghost – John 14:26). And because He knew we would each need mortal (and moral) maintenance—along with daily repairs—He also gave His only Begotten Son so us mortal travelers "should not perish" (Mosiah 3:16-17).

This means that not only is God's Garage open 24/7, but there is a Messiah On Duty 24/7, who knows every make and model of child of God and who also has every training and certification as your Savior to make the necessary repairs (through repentance) and to help you confidently and safely get back on the road.

Why is Jesus always on duty? Because you are most important to Him and He loves you with an "everlasting love" (Jeremiah 31:3). Everlasting love doesn't take holidays, or weekends. It's there when one's weakness needs strengthening. It doesn't need sleep, or lunch breaks

illness, accident or time. Also, with Sunday being Father's Day, I know some people don't have fathers to celebrate, or who don't want to celebrate them because they didn't have a good father. I pray you will still have or find good men and good father-figures in your life to celebrate.

Maybe you're the one to break the generational challenges and chains of not having a righteous role-model of manhood and fatherhood in your life.

Today, or tonight, no matter what time or day it is, your personal and powerful Messiah is on duty to help comfort, encourage and repair you. There's no need to schedule an appointment for a future time because He has a spot open just for you, right now. The only wait time is between your heart and His. And if you can't make it to Him, then He'll

come to you (Psalm 109:26). Yes, it may be through another person—a caring companion, friend, father-figure, a maternal or other parental pillar, but rest assured that His Spirit is training and certifying them to help you.

Above all, know that you have a Heavenly Father who loves you and is with you, always

## Messiah on duty



when it comes to healing the broken (Psalm 121:4-5).

Concerning this Godly Gift, your personal Messiah On Duty, our loving Father in Heaven has also given us goodly parents to help guide and guard us. True, sometimes those parents fail, even bail on their responsibilities. Other times we lose the ones we look up to and love to

## VERSE OF THE WEEK

### EPHESIANS 6:11-18

*"Put on the full armor of God... so that when the day of evil comes, you may be able to stand your ground... With this in mind, be alert and always keep on praying for all the Lord's people (your family)."*

It takes great courage to be a father. There are so many oppositions and temptations that attempt to cause contempt and detour dads from their divine duties to their spouse and posterity. Daily they need to put on and utilize the full (not partial) Armor of God.

SCORES + RECAPS FROM IRON COUNTY COMPETITION

## sports

# GRAND OPENING

## Larry H. Miller Utah Summer Games officially begin!

by Corey Baumgartner

IRON COUNTY TODAY

It was a beautiful evening at the Southern Utah University Eccles Stadium. Thousands of athletes from around Utah gathered together to enjoy some good music, food, fun and fireworks.

SUU President Mindy Benson welcomed the athletes also introduced Jonathan Oglesby, the new executive director of the Larry H. Miller Utah Summer Games. Other special guests included Utah Governor Spencer Cox and First Lady Abby Cox, who officially opened the 37th annual Utah Summer Games.

Also during the evening the Paiute Tribe of Utah gave the athletes and audience a special ceremonial performance and Sophia Marie Guerrero sang a powerful National Anthem. She was followed by the country music duo LOCASH, who sang their country hits despite Chris Lucas performing without his other half Preston Brust, who was with his wife having their baby girl.

During their intermission, the stadium cheered on torch bearer Faye Gulini (Team USA – Olympic Snowboarder) as she took the torch around the track before lighting the iconic Olympic cauldron. Following the flames, the fireworks show was a blast to behold and was followed by more music from LOCASH.

Thank you to all the athletes, parents, volunteers and supporters! Good luck and do your best no matter your chosen battles ahead.



(Clockwise) Olympic snowboarder Faye Gulini prepares to light the iconic torch as Utah Gov. Cox opens the 37th Utah Summer Games in Cedar City and Marie Guerrero honors our nation.



PHOTOS BY COREY BAUMGARTNER

# Davis becomes All-American, finishes 8th at Nationals

by Regan Hunsaker

ASSISTANT AD, SUU SPORTS INFORMATION

**AUSTIN, Texas**— Southern Utah Junior Astley Davis captured First-Team All-American status with an impressive 8th place finish at the 2023 NCAA Division I Outdoor Track and Field Championships Friday evening. Davis broke the Southern Utah program record in the process triple jumping 16.17m.

Coach Eric Houle said, "To break a school record and become All-American on the biggest stage in this sport is outstanding. Astley now ranks among the best athletes to ever compete for SUU."

Southern Utah University is proud to recognize Astley Davis for his exceptional performance during the 2023 outdoor track and field season including his exceptional performance at Nationals. Davis showcased his talent and commitment, achieving remarkable results this season in the long jump, triple jump, and 100m events.

In the 100 meters event, Davis recorded an



Davis displayed remarkable skill in the triple jump, setting a new school record twice, including the 16.17m mark at the national championships.

*"To break a school record and become All-American on the biggest stage in this sport is outstanding. Astley now ranks among the best athletes to ever compete for SUU."*

**Coach Eric Houle**

impressive time of 10.79 seconds with a wind reading of 1.8 meters per second, displaying his speed and agility. He also contributed to the team's success in the 4 x 100 relay, achieving a noteworthy time of 42.15 seconds at the 2023 Utah Tech Invitational.

Davis's prowess continued in the long jump, where he achieved notable distances, including 7.34 meters at the 2023 WAC Outdoor Track & Field Championships. Davis displayed remarkable skill in the triple jump, setting a new school record twice this season, including the 16.17m mark at the national championships.

His outstanding performances throughout the season are a testament to Davis's dedication and talent, making him an invaluable asset to Southern Utah University's track and field team. We look forward to his continued success as a Thunderbird.

Southern Utah will head to the offseason as the distance team prepares for this fall's Cross Country season. Stay current on the Thunderbird track and field programs by following @SUUTFXC on Twitter and Instagram and like the Southern Utah Track and XC page on Facebook.

# English wraps superb sophomore campaign at Nationals

by Regan Hunsaker

ASSISTANT AD, SUU SPORTS INFORMATION

**AUSTIN, Texas** — Southern Utah sophomore Cedar English wrapped up his 2023 campaign with an outstanding effort at the 2023 NCAA Division I Outdoor Track and Field Championships Wednesday evening. English who qualified to compete in the long jump placed 22nd overall.

Coach Eric Houle said, "He came in as one of the best in the NCAA. The experience is exactly what we hoped



English had many notable performances throughout the year in the long jump, javelin and the speedy and successful 4x100 relay team.

COURTESY SUU

for him. Cedar had some problems with his knee and that had an impact on his performance. However, he still performed at a very high level, and the experience will make him a stronger competitor in the future."

During the outdoor track and field season, English participated in several events. Cedar was part of a 4 x 100 relay team that achieved a time of 42.15 seconds at the 2023 Utah Tech Invitational, showcasing outstanding speed and teamwork. In the long jump, English had multiple notable performances throughout the year. He achieved a personal best distance of 7.73m at the 2023 Bryan Clay Invitational which moved him into second in program history. English also competed well throwing the javelin this season.

Overall English posted a very successful 2023 Track and Field campaign. Cedar represented Southern Utah Athletics very well this season and we look forward to his continued success as a T-Bird.

# Almirola earns surprising win at Sonoma

by Tom Zulewski

IRON COUNTY TODAY

**SONOMA, Calif.** — The race was clearly Kyle Larson's to lose. When a late caution flag, only the second one of the day, came out, Eric Almirola swooped in and stole the thunder.

Almirola took the lead off the caution with 15 laps to go and cruised to the checkered flag in the XFINITY Series DoorDash 250 on June 10 by nearly two seconds in front of A.J. Allmendinger. Larson had a shot to catch Almirola with eight laps to go, but lost control through the hairpin Turn 11 and lost his last chance to come back. The caution at lap 62 wiped out Larson's lead that had grown to 13 seconds as he finished third.

Almirola won his fourth career XFINITY race and led all of the final 15

laps. He credited finding the rhythm from working with his Cup car before the race and a four-tire pit stop that brought him into position to make a move for the win.

"I knew clean air was gonna be important and had my work cut out for me with Larson and Allmendinger," Almirola said. "I ran my pace, took care of the tires, and I still can't believe it. Of all the places to get a road win done, I'm glad it was Sonoma. I always get excited about racing here."

When Larson did the wheel hop, it was the break Almirola was looking for.

"I had Larson on my back bumper, and when my spotter told me Larson made a mistake, I had a lead of 10, 15

see **ALMIROLA** » 26



LOGAN RIELY, GETTY IMAGES

**Eric Almirola celebrates with a burnout** as his crew cheers after winning the NASCAR Xfinity Series DoorDash 250 at Sonoma Raceway on June 10.

# Martin Truex Jr. nails down fourth Sonoma win

by Tom Zulewski

IRON COUNTY TODAY

**SONOMA, Calif.** — As good as Martin Truex Jr. has been at Sonoma Raceway, he didn't win either of the first two stages on June 11. When it came down to winning the flag that mattered, Truex left no doubt how good he was.

Taking the lead away from Chase Elliott with 14 laps to go, Truex cruised to the checkered flag and won the Toyota/SaveMart 350 for the fourth time in his career. The driver of the No. 19 Bass Pro Shops Toyota for Joe Gibbs Racing beat former teammate Kyle Busch by nearly three full seconds.

"We had some issues last year where we would show up at road courses and kind of outsmart ourselves," said Truex, who led four times for a race-high 51 laps. "Reinvent the wheel, come up with some super-crazy trick setup because we knew our cars weren't as good as the other manufacturers."

After a 26th-place finish in last year's Sonoma race, the offseason work on the road courses paid off in

an impressive turnaround for Truex on Sunday.

"There's a lot to this that's really hard to explain," he said. "Tons of work in the offseason on everything. Road courses and short tracks were a big focus for Toyota and JGR."

As for racing and beating his former teammate, Truex gave Busch a full helping of respect.

"In 17 or 18 years, we've had maybe two run-ins where it was maybe 'hey, I was stupid,'" Truex said. "We've had great races and finished 1-2 a lot of times. He's great to race with and I'd race him any day of the week for a win."

Busch led once for 17 laps and was able to take the lead from Truex after the first caution came out for an uncontrolled tire on pit road at lap 51,

four laps before the end of Stage 2 in the 110-lap race. He held on to earn a playoff point ahead of Joey Logano, but in the final stage, Busch couldn't catch Truex after the last restart.

Logano rallied after qualifying 17th to finish third.

"It's a comeback from yesterday, for sure. We were awful," Logano said. "I woke up this morning and thought a top-10 would feel pretty good. We were competitive, not the best car, but had good strategy and a little bit of luck."

With his second win of the season and 33rd of his career, Truex moved into the points lead by 13 ahead of William Byron. Chris Buescher and Elliott completed the top five finishers.

Denny Hamlin qualified on the pole, led all of the first 32 laps and easily won Stage 1, but ran into trouble on lap 93 after a wreck near the starting line. He finished 36th.

The race had only two cautions for six laps, and the winner's average speed was 81.989 mph around the 12-turn road course. The NASCAR Cup Series will be idle this week and return June 25 at Nashville Superspeedway.



**Martin Truex Jr. celebrates** after winning the Toyota/SaveMart 350 at Sonoma Raceway on June 11.

LOGAN RIELY, GETTY IMAGES

# Las Vegas A's still a few years away

**W**hen you look at the Oakland A's, baseball fans know that in 2023, the crew in green and gold can be described as truly awful. Through June 11, the green and gold are 17-50, not even clearing a .250 win percentage.

Even with a five-game winning streak in progress, the A's are on pace with the 2003 Detroit Tigers, who had the same record after Game 67. A team that has four World Series on its franchise history resume shouldn't be this bad.

Sadly, that's exactly what the A's have become – one of the worst teams in Major League Baseball. They have the identical record that the 2003 Detroit Tigers had, and the 1962 New York Mets are still a full two games better.

I've wondered this for a while, but there can't be any way this is a marketing ploy to get the A's to pack up and move to Las Vegas. Yes, there can, and yes, there is.

For now, the team's current home is the Oakland Coliseum, which is 55 years old and an absolute dump. The lease runs out after 2024, and there's a plan being discussed for a new ballpark in Vegas that would cost \$1.5 billion. The ownership group is asking the Nevada legislature to get taxpayers – you and me – to foot a good chunk of the bill, and some sources are saying the amount is around \$380 million.

But there's a bit of a problem. Channel 3 out of Las Vegas reported the plan was tabled when

lawmakers held exactly one debate on Senate Bill 509 and couldn't get further due to additional issues in dealing with the state budget.

So here we are on Square One. Fans in Oakland held a "reverse boycott" June 13 as a unique form of protest where instead of staying away from a team with a 17-50 record, they were encouraged to come out and buy as many tickets as they could.

The calls from Bay Area fans are getting louder for team owner John Fisher to sell the team to local interests so the A's can stay in Oakland.

It's a noble idea, but it's lacking in execution until Oakland finds a way to put the A's in a new home. With Las Vegas dragging its feet right now, it's clear the door is open. Good luck figuring out who

will make the necessary commitment first.

**Haylee Campbell was the headline player for the Cedar softball team** as she was named to the all-Region 10 first team for her performance on a Reds team that reached the second day of the 4A state softball tournament. Lexi Ludlow and Sadie Parson were named to the second team, and Marley Geddes received honorable mention.

Follow Tom Zulewski on Twitter @TommyZee81 or email [tominator19@yahoo.com](mailto:tominator19@yahoo.com).

## RANDOM thoughts

Tom Zulewski

IRON COUNTY TODAY



## ALMIROLA

« CONTINUED FROM PAGE 25

car lengths," Almirola said of Larson's error. "I immediately thought to calm down, slow down and not wheel hop."

Larson took only two tires on the final pit stop. It was a frustrating end to his day when a Jeffrey Earnhardt spin brought out the last caution.

"I thought choosing (to restart) behind the leader (Almirola) would have been good. I thought he would get a better launch," said Larson, who was third on the final restart

and finished there after leading a race-high 53 of the 79 laps. "When Daniel (Suarez) got such a good launch, it choked up the left lane and had me in a bad spot. I had a great shot to win, but I just got a little too greedy there."

In the debut race of the XFINITY Series at Sonoma, Larson was blistering fast around the 1.99-mile road course, winning the pole with a lap at 78.387 seconds, nearly eight-tenths of a second better than Justin Allgaier. Allgaier was runner-up last week at Portland (Ore.) International Raceway to Cole Custer, who qualified 26th and finished sixth at Sonoma.

Larson left the rest of the 38-car field in the dust as he handily won Stage 1. After briefly falling out of the lead during a caution at lap 20, Larson restarted fifth, was in the lead by lap 27 and stretched it out in dominating fashion to win Stage 2 by more than 9 seconds.

Ty Gibbs finished fourth and Parker Kligerman was the highest finishing XFINITY driver in fifth. Allgaier, Austin Hill, Sammy Smith and Sam Mayer completed the top 10 finishers. The two race cautions covered eight laps and the winning average speed was 76.388 mph.

## TOM'S SPORTS TRIVIA

*This week's collection of 12 questions runs the gamut from soccer to NASCAR and a few surprises for the gamer in all of us along the way. No need to answer in the form of a question, but please remember...no wagering!*

1. Which legend of soccer left his former European club and joined Major League Soccer club Inter Miami on June 7?
2. Who is the newest NFL player to be on the cover of the Madden 24 video game?
3. Who said of the LIV Golf League, "I hope it goes away," after a deal was made last week to merge the controversial group into the PGA Tour?
4. For the first time in NHL history, two players who identify as Indigenous are playing for the Stanley Cup in 2023. Brandon Montour of the Florida Panthers is one, but which member of the Vegas Golden Knights is the other? He scored the go-ahead goal early in the third period of Vegas' 5-2 win in Game 1.

5. Who described his 2022 NFL season as "awful" after difficult offseason contract negotiations with the San Francisco 49ers? This receiver's yards from scrimmage shrank more than half from 2021 to 2022.
6. Who is the new head coach of the Detroit Pistons after he signed a six-year, \$78.5 million deal May 31? This coach was fired after leading the Phoenix Suns to the NBA Finals in 2021.
7. Where is next week's US Open golf championship being held?
8. Which Cleveland

Browns running back said he's "playing for" the late Jim Brown after learning Brown played a big role in convincing the team to select him in the second round of the 2018 NFL Draft?

9. The Oklahoma softball team started its quest for a fourth straight NCAA title in the best-of-3 Championship Series June 7. Which ACC team did they play in the final for the second time?
10. Which former Utah State standout is now the starting quarterback for the Green Bay Packers?
11. Who won the 2022 Toyota/SaveMart 350 at Sonoma Raceway and became only the fifth foreign-born driver to win a NASCAR Cup Series race?
12. Which WWE Hall of Famer – real name Hossein Khosrow Ali Vaziri – who had a rivalry with Hulk Hogan, among others, passed away last week at the age of 81?

### LAST WEEK'S ANSWERS

1. Nick Nurse.
2. Las Vegas Raiders.
3. Southeastern Conference (SEC).
4. Max Scherzer.
5. Wake Forest was named the No. 1 seed for the NCAA Regionals. Ole Miss, last year's national champion, failed to qualify.
6. Randall Cobb and Allen Lazard.
7. Colorado Avalanche.
8. Chicago White Sox. Hendriks picked up his first win since his return June 4 as the White Sox beat the Detroit Tigers, 6-2.
9. Eric Lewis.
10. The Memorial Tournament.
11. The San Antonio Spurs beat the New Jersey Nets, 4-2, in the 2003 NBA Finals.
12. Fair catches on kickoffs.

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Iron County Today's classifieds section is a service to the community and is not intended to be used by for-profit businesses. Advertisements are the sole responsibility of the advertiser. Iron County Today disclaims all liability for any damage suffered as the result of any advertisement in this newspaper and is not responsible for any claims or representations made in this newspaper. Iron County Today has the sole authority to edit and locate any classified ad as deemed appropriate and reserves the right to refuse any advertising.

## FOR SALE

**FOR SALE 2007 YAMAHA VSTAR 1300 TOURING BIKE** under 14000 miles 4000.00 or best offer. Call John Ward 909 730 9504

**TRAVEL SCOOTER 2016 SERIES LIKE NEW ONLY USED** once. With electric charger/ Travel Pro-Red 3 wheeler \$650 OBO. It runs 6 miles an hour. Call Jerry or Debbie 435-275-6326 or Leave Message.

**FOLLOWING ITEMS FOR SALE: NEW NEVER USED MY** pillow Large dog bed \$50, 3" Mr pillow King size mattress topper \$85, Free-standing propane garage heater \$40. Text 972-832-9929

## HELP WANTED

**CROSS HOLLOW HILLS AREA HELP ON LOT MAINTENANCE** including- weeding, trimming shrubs, fertilizing and area clean up. On and off through the summer. Ideal for teen. 435-867-6293

## MISCELLANEOUS

**RED CROSS COMMUNITY BLOOD DRIVE. THURSDAY, JUNE 22nd 1pm - 7pm.** 3575 N Minnersville Highway Cedar City. Your Donation makes a huge difference! To Schedule an appointment, please log on to [redcrossblood.org](http://redcrossblood.org) and enter Sponser Code EnochWStake.

## SERVICES

**CLOCK REPAIR. ALL CLOCKS INCLUDING GRANDFATHER** and Antique Clocks. Over 30-years experience. Pick-up and Delivery for grandfather clocks. Call Bill, 435-590-2640.

**IF YOU NEED HELP WITH YARD CLEANING, CONSTRUCTION** or tree trimming/ debris clean up. I can help with Sprinkler systems and Landscaping needs plus rain gutters. Please contact \*82 702-467-6470

**LOVELL LANDSCAPE EST IN CEDAR CITY 1996. SPECIALTY** in Sprinkler Repair and all aspects of landscaping. Lovell Landscape at 435-592-0677

**DOG OBEDIENCE CLASSES: SATURDAYS, 10AM, STARTING** 6/17, at Paragonah Park. \$90/6wk. Phone (541)733-9467 to register (please leave message).

**CALL US AT 435-701-9981 TO PLACE YOUR CLASSIFIED AD**

## YARD SALES

**YARD SALE: JUNE 17 8 AM-1PM, 3727 N MONARCH DR-** Monarch Meadows subdivision; it's community wide. Recliner chair, books, clothes, quilts, kitchen items, jewelry, fostoria crystal and much more. See you Then

**GARAGE SALES SATURDAY, JUNE 24, 9AM-3PM POWER &** Hand Tools, Serger, Toys, Puzzles, Dog Crate, Furniture, Pictures, Purses, Shoes, many Kitchen & Household Items 2119 and 2149 N Hawthorne Lane

*We can dress your feet for any occasion... EVEN CAMPING*



**CARDON'S**  
EST. 1984  
SHOES AND CLOTHING

**MERRELL**

74 N. Main, Cedar City • 586-6161 • [cardonshoes@gmail.com](mailto:cardonshoes@gmail.com)  
Next to Firehouse Subs • Mon-Fri 9:30am-6pm

**JJ's Window CLEANING & BLINDS**



**\$100 OFF**  
COMPLETE HOME OF WINDOW FURNISHINGS  
Minimum of \$600.  
With coupon. Exp. 8/31/23

**SHUTTERS • BLINDS • SHADES**

*Thanks for supporting your local veteran owned business!*

**FREE ESTIMATES • CALL TODAY! • 435-865-5850**

**Diesel Pickup Specialists**



**SMITH DIESEL PERFORMANCE**

Cummins • Powerstroke • Duramax

2048 N. MAIN, CEDAR CITY 435-865-0055



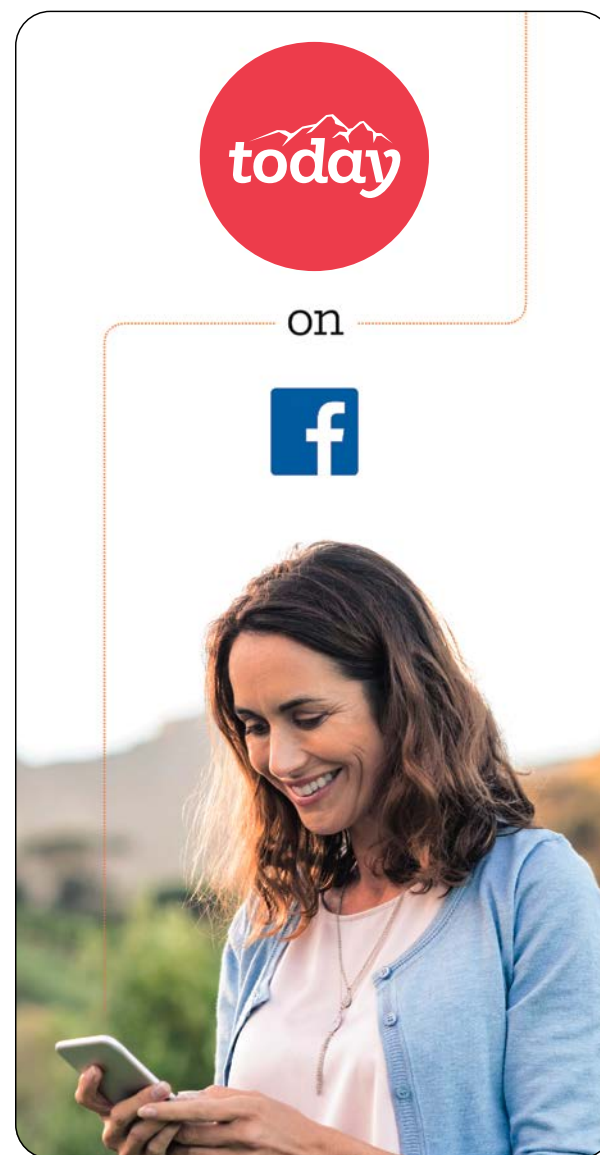
**T.M.S. TREES**

**ALL TREE SOLUTIONS**  
435.592.6347

**24 HOUR EMERGENCY TREE SERVICE**

**FREE ESTIMATES!**

**\$50 OFF!**  
TREE TRIM OR REMOVAL  
WHEN MENTIONING THIS AD



**today**

on

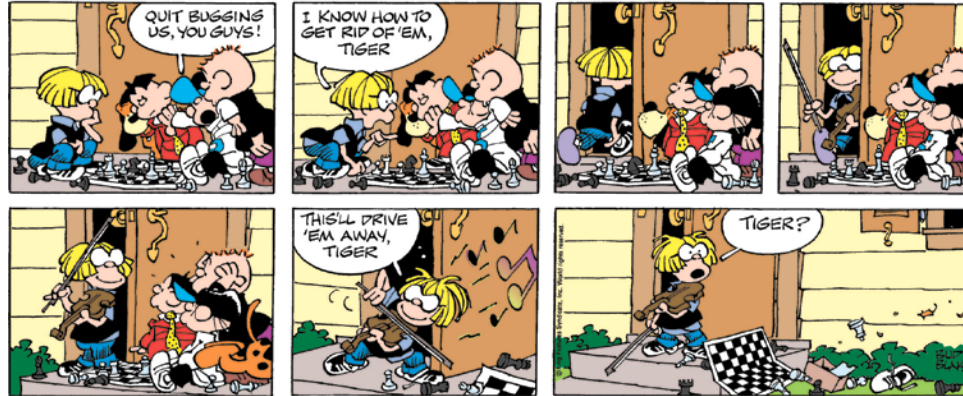
**f**

## Amber Waves

by Dave T. Phipps

**TIGER**

by BUD BLAKE



## The Spats

by Jeff Pickering



## Weekly SUDOKU

by Linda Thistle

3			1	9				
	1	7					2	
9			3					8
8	4			5				
3				2		7		
	4		5					1
5		1						6
2				5		1		
	9	6	8		7			

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

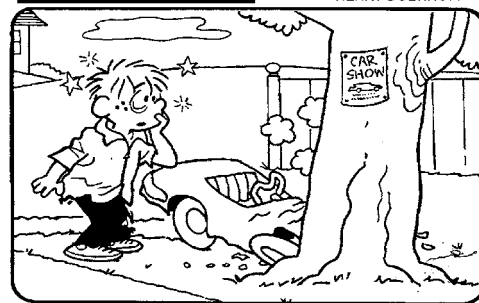
## DIFFICULTY THIS WEEK: ◆◆

◆ Moderate ◆◆ Challenging  
◆◆◆ HOO BOY!

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## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

# AFFORDABLE DENTISTRY

Dental Implant,  
Abutment, & Crown

**\$1500/tooth**

Custom Dentures

**\$750/plate**

Immediate Dentures

**\$550/plate**

Zirconia Crowns

**\$525/tooth**

# Smiles RESTORED

## FREE CONSULTATION

FOR DENTAL IMPLANTS, DENTURES, & IMPLANT  
DENTURE SYSTEMS. — Includes X-Ray —

Restrictions apply. Mention discounted fee when booking appointment. Please call for details.  
Cannot be combined with any other offers. Insurance will be billed under contract rate if applicable.

**\$59**  
**NEW PATIENT  
SPECIAL**

EXAM • XRAY • CLEANING

(for patients without  
dental insurance)

435-586-7061 • 535 S.SUNSET DR, CEDAR CITY • SMILESRESTOREDUFUTAH.COM

advertise

CALL 435.592.1030

Our newspaper is delivered every week to over 23,000 homes.  
That's more eyes on your advertisement than any other option.

IRON COUNTY | **today**

5

## ways you can support your community newspaper...

**We take great pride in serving our community** and providing valuable information and news that keeps us connected and informed. As we move forward, we would like to request your continued support in keeping this vital aspect of our community thriving. Your contribution will not only ensure the sustainability of our paper but will also enable us to deliver quality content that addresses the needs and interests of our community. Thank you for your unwavering support, and we look forward to serving you for many years to come.

1 **donate**



### Make a Donation of Any Amount

Iron County Today is delivered to the community each week for **FREE!** A one time donation to the Iron County Today will allow the newspaper to keep offering this valuable **FREE** service.

2 **join**



### Join the Iron County Insiders Club

For \$15 a month you will be part of the club! Club benefits include:

- » First to see news before it's printed via private Facebook group.
- » Asked for input on stories before they are run.
- » Personal invitation and seat at ICT Annual Insiders Club Meeting where you can have some say on the direction of the paper.\*

3 **invest**



### Own Part of Iron County Today

It's important that the Local Newspaper is owned and operated locally and not by some out of state corporation that doesn't hold the same values as we do here in Iron County.

4 **advertise**



### Advertise in Our Publications

With weekly distribution to over 23,000 homes, you'll have far more eyes on your advertisement than any other option.

5 **contribute**



### Get Your Content Published

Are you a talented Photographer or Writer and want to help? Get published by sending us your amazing photos, editorial or story leads.\*

\* Per the direction and discretion of the Managing Editor



← **SCAN HERE**

OR go to [IronCountyToday.com](http://IronCountyToday.com)  
OR visit us at our new offices:  
479 N 100 W, Ste. 1, Cedar City