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*Happy Mother's Day*

SPECIAL MOTHER'S DAY SECTION INSIDE

# Cedar Council discusses small businesses, dogs, community events

by JR Importante

FOR IRON COUNTY TODAY

Cedar City values small businesses and RC's Rocket Motor Components was recently recognized for their contributions. Owned by Gary Rosenfield, RC's has been supplying Aerotech RMS-compatible parts to model rockets and rocket companies for 27 years. Cedar City was also named the third-best small town to start a business in 2023 by WalletHub, due to its favorable business environment, access to resources, and business costs.

The ongoing debate over allowing dogs in public spaces is ongoing, and a recent meeting discussed conflicting signage at local softball fields. Although dogs are allowed in the fields, signs state otherwise, confusing and frustrating dog owners. One of the softball player claimed his dog is a licensed emotional support animal and is well-behaved, and does not bark or cause any problems. However, they and other dog owners feel punished for not being able to take their well-behaved dogs to public places. They suggested

signage be changed to reflect the rules more clearly and to clarify that well-behaved dogs are allowed. Others at the meeting pointed out that not all dogs are well-behaved and there can be safety issues, especially if dogs are off-leash. Additionally, people who are afraid of dogs may feel uncomfortable if they are allowed in public spaces.

Heather Carter proposed a request to close 100 West Center Street at Harding Avenue for the Saturday Festival City Farmers Market. The council approved the request, but Mayor Garth Green warned Heather to watch out for noise levels as the market was closer to the Shakespeare Festival in the outdoor theatre. In the ensuing discussion, Heather said some businesses would benefit from having the market on Center Street, while others opposed it. She also expressed her willingness to facilitate discussions with the parties concerned.

The council's aim is to continue to support community organizations and the needs of the university to create an inclusive and thriving community.

# Parowan City Power Cost Adjustment explained

by Jennelle Zajac

FOR IRON COUNTY TODAY

At the April 27 city council meeting, Parowan City Council voted to enact a Power Cost Adjustment, which will raise rates for Parowan's energy customers.

The Power Cost Adjustment seeks to reimburse Parowan City for approximately \$800,000 in losses that it has paid to procure power on the citizens' behalf in recent months in response to upward

fluctuations in power costs in the Western United States. High natural gas prices, storage constraints and pipeline troubles, as well as a shortage of coal supplies in Utah contributed to higher costs, in addition to Glen Canyon Dam power production being severely impacted by drought conditions. In fact, the US Bureau of Labor Statistics reports that the nationwide price for electricity has risen by 10% over

see **POWER** » 4



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# Share hosts annual Walk of Remembrance

## EVENT HONORS BABIES WHO HAVE PASSED ON

by *Kylie Leavitt*

FOR IRON COUNTY TODAY

On May 6, 2023, Share hosted their 10th annual Walk of Remembrance at Main Street Park in Cedar City. Share is a local non-profit infant and pregnancy loss support group. They've made it their mission to go to hospitals when they've heard a family has lost their baby and provide miscarriage and loss kits to help the family remember their child. They make molds of hands and feet, take pictures, give them baby blankets, and ask what support the mother needs to help recover from the loss. Everything they do comes from donations from the community and from the fundraiser they hold each year. Their main mission is to serve those whose lives have been affected by the tragic death of a baby through pregnancy loss, stillbirth, or within the first few months of life.

Heidi Hamilton shared, "This walk is our one-time a year fundraiser, and what we do with the money is use it to make the molds, and do support group meetings, and whatever we can to support these grieving families."

She continued, "If there has been a loss, we'll come at any time during the day or night and try to be there for that family. We have all been there and we just want to make sure that no one leaves the hospital without any kind of support."

During this fundraiser, they sell tee-shirts, sweat-shirts, and hold a raffle to raise money for the work they do. They also remember the lives of the little ones who were lost by singing, reading poetry, and going on the Walk of Remembrance.



*This special event allows people to share their grief and support each other in the loss of their little angels.*

*"We don't want anyone to be alone. We don't want anyone to suffer in silence."*

**Laurie Laws**

As for what this support group means to the community, Laurie Laws said, "I lost my baby in 2011 and we didn't have Share then. We just had a couple of ladies in our community who wanted to help, and they started this and called it Halo originally. They wanted to help our angels move on. They worked towards Share, and Share is a national group. We have more permissions to help reach out in the community to help a little more. The most important thing about Share to me is helping women know that they are not alone. They have someone they can talk to who is understanding and doesn't just dismiss their losses."

"There are so many women in our community that people don't even



PHOTOS BY KYLIE LEAVITT

know that they've lost a baby and they just suffer in silence. We don't want anyone to be alone. We don't want anyone to suffer in silence. We want to bring awareness and we want them to know they can talk about their babies. Everyone else talks about their babies and we want you to talk about yours, too."

If you are a woman who has lost a baby and need the support of Share, they want you to know you can reach out to them. You can contact them by emailing [southerutahshare@gmail.com](mailto:southerutahshare@gmail.com) or go to their website [southernutahshare.org](http://southernutahshare.org). They have several people monitoring their emails and will respond as quickly as they can.

In the last 12 months, Share has gone and provided support to 17 fam-

ilies and met in the ER for 2 different families. They also provide the ER with miscarriage kits, which include a blanket, a diaper and a hat, and an angel key chain. They have provided the ER with 30 of these kits and they are almost out. If you would like to help Share continue to bless the lives of these families, you can visit their website and donate or volunteer.

Share has blessed and continues to bless the lives of many mothers who are grieving the loss of their little ones. The impact their donations brings to these families is monumental. The community is grateful for Share's service to these families and for the healing they are able to provide with their selfless donations.

## opinion

### FROM THE EDITOR

# Happy Mother's Day

**N**o matter who calls you Mother, or who you call your children, I hope that this coming Sunday will be a day of reunion for you and your family. And for any families with challenges (which should be all of them) may it also be a time of restoration. May it be a time of reflection and remembrance of the good moments. And where there are not so good moments, may there be a forgiving and a forging of new and happy memories of, with and for mothers and our families.



**COREY BAUMGARTNER**  
MANAGING EDITOR

And to those mothers who aren't having such a happy day because they're having doubts and/or regrets, or even feeling undeserving of such a day devoted to them, please know that you are worth it and that you are still loved, not only today, but the other 364 days, too!

*"I hope that this coming Sunday will be a day of reunion for you and your family"*

### WORD OF THE WEEK

#### AUSPICIOUS

*Promising success; favorable.*

You may be suspicious of my motives, and maybe a bit loquacious with the littering of literature, but it is merely an auspicious (perhaps even precocious) ploy to help support improving your life's lexicon of learning.



### POWER

« CONTINUED FROM PAGE 2

the last year.

How the Power Cost Adjustment (PCA) works: The PCA is applicable to all rate schedules for Parowan's electric customers and shall be increased or decreased as a charge or credit to reflect ongoing variations in power supply costs. Costs will be tracked on a rolling six month average which will be the sum of actual purchased power costs above and beyond what the Parowan base rate will cover.

What this means to Parowan residents: Rather than seeking to repay the entire \$800,000 in the first six months of the PCA, the City Council voted to enact a \$.04/kwh increase. The reasons for

this price are threefold: Power costs are expected to "soften" in the coming months, the \$800,000 takes time to pay back, and increases or decreases in costs will be diluted.

For those that currently pay \$75 per month on the Electric portion of their bill, the new cost would be \$99.36. According to Jeremy Franklin, Parowan's Power Director, this increase is likely to be temporary and once the \$800,000 is repaid the PCA will rise and fall with the rolling costs – some months could be ZERO and some months an increase.

Parowan's current per kwh rate for residential customers is \$.093693, lower than the average rate for Utahns (according to findenergy.com). The PCA will raise the price to \$.133693 for the first month, which is about average for Utah's residents.

### QUOTE OF THE WEEK

*"Mother is a verb. It's something you do. Not just who you are."*

**Cheryl Lacey Donovan**

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# SUU celebrates opening of newest classrooms in Bristlecone Hall

by Ruth Scovill

FOR IRON COUNTY TODAY

On April 27, 2023, the day before the SUU Commencement, ribbon cutting ceremonies were held to open SUU's newest classroom building, Bristlecone Hall. With 17 classrooms, 7 labs, 7 art and film studios, offices for 80 faculty and staff, and open workstations for students, this is one of the largest classroom buildings on the SUU campus.

The new building is located at the corner of 200 South and 800 West, south of the America First Event Center. Each of the departments to be housed in the building got to participate in their own ribbon cutting. A fifth impromptu cutting was held for all the students who will have the opportunity to use the building.

The ceremonies were conducted by Marvin Dodge, SUU Vice Pres. for Finance and Administrative Services. The building will house the Dean's Office for the College of Performing and Visual Arts; the Department of Filmmaking, Art, & Design; the Department of History, Sociology, &



SUU President Mindy Benson, along with other leaders from the University and community, prepares to cut the ribbon and make the moment official.

Anthropology; and the Department of Mathematics. Dodge noted that the student body at SUU has doubled in the last nine years, creating the need for more space. In his thanks to all those who contributed to the building, he noted project managers Tiger Funk and Ben Johnson.

Chad Nielson, of MHTN Architects, the company that designed the building, spoke about all the people who were involved in bringing the original vision of the building to fruition. Like a movie production, it required the contributions of many people working together as a team to realize the director's vision. The multilevel design of the building, including the different materials in the facade were meant to blend the building into the community, and make it feel more relatable. Among its many features, the building includes a large film studio with a cyclorama wall which creates the illusion of infinity and allows the subject to be the center of attention. The building contains many types of facilities: art, film, and sound studios; classrooms; student collaborative spaces' and offices that will help put the students at the center of attention.

Jeff Palmer of Layton Construction spoke about how the building started with someone having a



vision and understanding the need for this building and what it could do for the students and faculty on the campus. He then enumerated all the people who

see **BRISTLECONE HALL** » 8




PHOTOS BY RUTH SCOVILL

The new building will provide 17 classrooms, 7 labs, 7 art and film studios, offices and workstations for students.





**IRON COUNTY FORECAST**

SUNSHINE WITH WINDY CONDITIONS ON WEDNESDAY THAT COULD LEAD TO MORE PATCHY BLOWING DUST. WINDS EASE FOR THE SECOND HALF OF THE WORK WEEK AS TEMPERATURES GO ON A STEADY WARMING TREND UNDER SUNNY SKIES. BY THE END OF THE WEEKEND INTO EARLY NEXT WEEK ITS HIGHS IN THE 80S AND LOWS IN THE 50S WITH MORE BREEZY CONDITIONS.



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<b>WEDNESDAY</b>
Sunny & Windy <b>65°/33°</b> PRECIP: 0% WINDS: SE 20-30
<b>THURSDAY</b>
Sunny <b>64°/39°</b> PRECIP: 0% WINDS: NW 10-20
<b>FRIDAY</b>
Sunny <b>73°/44°</b> PRECIP: 0% WINDS: SW 10-15
<b>SATURDAY</b>
Sunny <b>77°/47°</b> PRECIP: 0% WINDS: NW 10-15
<b>SUNDAY</b>
Sunny <b>82°/54°</b> PRECIP: 0% WINDS: SW 10-15
<b>MONDAY</b>
Mostly Sunny <b>85°/54°</b> PRECIP: 0% WINDS: SW 15-20
<b>TUESDAY</b>
Sunny <b>83°/54°</b> PRECIP: 0% WINDS: SW 20

## public & health

# Diabetes specific services coming to Cedar City

from Garrett Galt, FNP-C

FOR IRON COUNTY TODAY

For the many adults in the Cedar City area struggling with diabetes, there will soon be a new way to get all the necessary education and treatment a little closer to home, thanks to the new Cedar City Diabetes Clinic opening this summer.

It's a project that's been in the works for years, beginning with casual discussions that turned to serious planning as people like Harmony Rosenberg, RN and certified diabetes care and education specialist (CDCES), noticed a significant increase in the need.

"This was part of my five-year plan three years ago," Rosenberg said. "I brought it up to our hospital administration, suggesting we have a clinic with a provider in the space, along with continuing our diabetes education services. The

administration was very receptive. It's exciting to see it all coming to fruition."

According to the most recent data from Utah Department of Public Health in 2021, roughly 8.1 percent of the adult population in Cedar City has diabetes, which aligns closely

with the Utah average of 8.4 percent. However, the population growth in the last few years in Southern Utah has increased the need for diabetes services. Plus, having a Diabetes Clinic in Cedar City will relieve some of the pressure on local resources and those currently available in St.

George, while allowing people from outlying rural areas easier access to these important services.

"Diabetes is a life-changing condition, and it can be tough to manage," said Garrett

Galt, Family Nurse Practitioner, who will be the main provider in the Cedar City Diabetes Clinic. "To have a place where these patients can come to receive treatment and focused

education will be extremely helpful."

The center will work in conjunction with primary care providers in the Cedar City area, operating as a referral-based clinic. The clinic will work with patients with type one, type two, and gestational diabetes. One of the main elements to note is that this clinic will offer two different services — the medical provider and Diabetes Self-Management Training — that can be used together or independent of one another.

Diabetes Self-Management Training is an American Diabetes Association accredited program that has been offered in the Cedar City area for many years. It includes more focused interventions, insulin management, technology management and more, all with the goal of setting patients up for success at home.

Patients who choose to transfer their diabetes care to the clinic will be

see **DIABETES** » 8



Being able to receive council and assistance from local medical personnel will help those with diabetes live more confidently and healthy.

## NEW DIABETES CLINIC

OPENING SUMMER 2023

Cedar City Hospital

PROVIDER: Garrett Galt, FNP-C.

Services offered by the clinic include management of type 1 diabetes, type 2 diabetes, and gestational diabetes, along with comprehensive diabetes education.

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## history

# RAILROAD TO CEDAR CITY (PART 3)

*On June 27, 1923, the first passenger train into Cedar City arrived with President Warren G. Harding of the United States. He spent the day touring Zion National Park before returning to Cedar City. This is the third of several articles dealing with the coming of the railroad to Cedar City and the impact the railroad had on local mining, agriculture and tourism industries. A celebration commemorating the coming of the railroad will be held this summer in Cedar City.*

by Jay M. Jones

FOR IRON COUNTY TODAY

Railroads in 19th century America brought great wealth to some, bankruptcy to others, and an overall increase in the standard of living for many. Because railroad development was a major driver of wealth creation, many people followed newspaper reports of the words and deeds of railroad barons and promoters. This news and gossip became something of a spectator sport, with drama to match a championship sporting event and brutality equal to a back-alley fist fight.

In Southern Utah it was recognized that a railroad would enable the development of rich iron ore deposits in Iron County and also be a boon to the agricultural interests of the area. Talk of the coming of a railroad, followed by delays and disappointment, had become an old story.

From the Southern Usonian, a newspaper published in Beaver, we find an article titled "Railroad Talk" dated 30 Dec 1887:

"It is further asserted, among knowing ones, that among the conditions of the bonding of the Coal and Iron mines at Cedar City is the construction of a railroad from Cedar westward to a point about ninety miles, where this line will connect with the Salt Lake and Los Angeles Railroad, now in contemplation.

"All this railroad talk is very nice to hear and build air-castles upon, but the great question is, when will it materialize?"

## THE SAN PEDRO, LOS ANGELES AND SALT LAKE RAILROADS

Part of the answer to that question was to be found in Southern California. In 1870 the village of Los Angeles had a population of just under 6,000. It was 20 miles inland from the unimpressive port of San Pedro. Los Angeles businessman Phineas Banning built a railroad from the port to downtown Los Angeles. Because of the shallowness of the port, flat bottomed boats shuttled cargo from



Edward H. Harriman

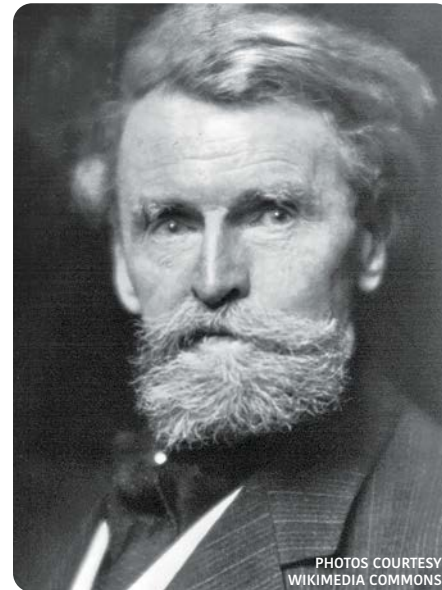
ships anchored offshore. Banning then became the driving force in getting state and federal funding for dredging and breakwater improvements to the San Pedro harbor, which eventually became a highly functional deep-water port.

In 1876 the Southern Pacific came to Los Angeles from Northern California via Bakersfield. Railroad baron Collis P. Huntington of Southern Pacific had threatened to bypass Los Angeles unless the city provided huge incentives of land, cash, and tax waivers. The city complied.

In 1885 the Santa Fe Railroad arrived in Los Angeles, which resulted

in rate wars with the Southern Pacific as economic activity boomed. By 1890 the population of Los Angeles had increased to over 50,000. Soon smaller railroads were organized to serve local areas within the Los Angeles area as the population swelled to over 100,000 by 1900.

Some of these smaller railroads merged into the Los Angeles Terminal Railway, serving Los Angeles, Glendale, Long Beach, Pasadena and nearby areas. Gross revenues reached \$130,000 in 1899, with \$60,000 coming from passenger fares and \$70,000 from freight. Expenses were \$109,000, resulting in a net profit of \$21,000. This small company had much bigger plans. Central to that was building



William A. Clark

a rail line between Los Angeles and Salt Lake City. To do so would require much more capital than the Los Angeles Terminal Railway had.

Officials from the railway approached major capitalists in the Eastern U. S., hoping to interest them in financing the proposed new construction. The reception was cold

– not because the idea lacked merit, but because of fear of damaging their existing investments in railroads such as the Southern Pacific and the Santa Fe. Efforts to conference with Edward H. Harriman of the Union Pacific were not successful. He was preoccupied at the time with preparations for a notable scientific expedition to Alaska.

Los Angeles banker J. Ross Clark had a brother, William A. Clark, that had the means to solve the problem. William, known as "The Copper King", was a wealthy mining speculator, capitalist and soon to be senator from Montana. He was willing to invest. He also happened to own a Salt Lake newspaper, the Herald Republican. Over the next few years, the Herald published many articles providing a picture of the development of the new Salt Lake to Los Angeles rail line from the Clark perspective.

Meanwhile in Southern Utah, the Utah & Pacific Railroad had been organized by A. W. McCune and David Eccles to extend the railroad south and west of Milford to the Nevada state line, which was accomplished in 1899. A station at Lund in Iron County became important to the Southern Utah economy. The Utah & Pacific tracks became part of the Oregon Short Line Railroad, which had acquired other tracks from Salt Lake to Milford from the Utah Southern Railroad. The Oregon Short Line in turn was owned in part by Edward H. Harriman of the Union Pacific.

On 21 August 1900 the Los Angeles Terminal Railway publicly announced that William A. Clark had acquired an interest in their railway with the intent of linking Los Angeles and Salt Lake City. The news was not favorably received by the Southern Pacific nor the Union Pacific. A Southern Pacific official warned that his company as well as the Santa Fe would have competing lines running to Salt Lake

## BRISTLECONE HALL

« CONTINUED FROM PAGE 5

took part in funding, designing, and constructing the building. The building represents roughly 191,000 hours of labor. Materials came from all over the world at a time when procuring them was often difficult. Palmer commended the sacrifice of all those who were involved in the construction of the new building.

Evan Vickers, state senator, noted that one of the more competitive issues that comes to the senate is trying to get buildings on campuses across the state of Utah. He shared that, "SUU has set an example in the construction of their buildings in avoiding extravagance and focusing on functionality. They are something to be proud of."

Don Ipson talked about how this building had come into the budgeting process in 2021 late in the game. He complimented SUU for its example of stewardship in building this and other buildings. He challenged the legislature to fund this building, which he said would come in under budget and on time. He promised it would be an example to the rest of the state. The legislature agreed to go along with that. He talked about the process of planning and constructing the building, and overcoming challenges that arose. He also promised that it would be life-changing to the students who pass through this building.

SUU President Mindy Benson expressed that this building takes SUU into the next century. "Our founders could not have envisioned the technology that is in this building, let alone the gorgeous facility that it is. It will be transformative for our students."

She also explained that the emblem of the bristlecone pine was brought to the campus by former president Royden C. Braithwaite. "As one of the oldest living things on earth, the bristlecone pine adapts to both favorable and unfavorable conditions." She added, "Not only does Learning Live Forever on our campus, but it also comes through sacrifice, adaptability and resilience. This building represents what SUU hopes for its students to learn: the ability to learn, constantly adapt and grow. May we all adapt and learn to thrive even in the midst of challenging conditions."

## DIABETES

« CONTINUED FROM PAGE 6

able to spend more time with Galt, the nurse practitioner, in a setting that allows for more time to focus specifically on diabetes treatment.

"In a 20-minute appointment, a primary care provider has to cover a lot of bases," Galt said. "I am able to focus just on diabetes; everything from lifestyle changes to medication, depending on the patient needs."

The Cedar City Diabetes Clinic will be located across the street from Cedar City Hospital and is scheduled to open this summer.

## RAILROAD

« CONTINUED FROM PAGE 7

before the newcomer could get underway.

Although it was clear that Clark and the L. A. Terminal would have many obstacles placed in their way, they remained determined. In November of 1900 they organized the Empire Construction Company to build their road. The L. A. Terminal created another entity, "The San Pedro, Los Angeles & Salt Lake Railroad Company" under the laws of the state of Utah on 20 March 1901. The new company acquired relevant property from the Los Angeles Terminal Railway and had a capitalization of \$25,000,000.

After the organization of the San Pedro, Los Angeles & Salt Lake Railway, E. H. Harriman of the Union Pacific offered to buy them out. Clark refused, convinced that he could make his new endeavor successful on his own.

Both the Union Pacific and the SP,LA&SL commenced building separate tracks from both the Utah-Nevada state line and from Southern California, with the intent to meet somewhere in the middle. The two competing enterprises got in each other's way, and some notable physical confrontations occurred in Lincoln County Nevada and Pomona, California. Some controversies were taken to court, and it was not always clear which side had the advantage, or whether they would destroy each other.

One of the most difficult problems the two sides encountered in Lincoln County was in locating routes through the narrow canyons. Federal law prevented one company from excluding another from canyons and gorges. If work proceeded according to the separate surveys, the lines of the two companies would cross 26 times in a distance of 60 miles.

Because of the mounting difficulties, work on laying tracks was halted by both companies until problems could be sorted out. Both Clark and Harriman seemed determined to move ahead with their own plans, but others in their respective companies convinced them that a compromise was needed.

Finally, it was decided that the two companies would merge their efforts and build one rail line. Agreements were carefully drawn up. Clark agreed to sell to Harriman one-half interest in the San Pedro, Los Angeles & Salt Lake Railroad. Harriman was to convince the Oregon Short Line Railroad to sell their tracks and property in Utah south and west of Salt Lake City to the SP,LA&SL.

With these troubles put behind, the railroad lines between Salt Lake and Los Angeles were joined south of Las Vegas on 20 January 1905. With the accomplishment of that major milestone, a branch line from Lund into Cedar City should have been an easy task. It was not to be quite so simple.



# DaVine Finds

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# D9 Meats

## Mother's Day Deal

Moms can choose between a

# FREE

Package Pre-Cooked Sausage Links  
OR 1-lb Ground Beef

With meat purchase at Farmers Market May 13th



Every Saturday  
9am-1pm • IFA  
905 S. Main,  
Cedar City, UT



240 N 200 E, Paragonah, UT • 435-463-3735 • M-F 9am-3pm

# iFiesta!

## Community celebrates Spring Fiesta and Slow Roll



*Last Friday, Cedar City hosted the annual Spring Fiesta and proved once again why it is well-known for being the Festival City.* Despite the chilly May evening, the diverse gathering created cultural connections and provided education and entertainment, which included a magnificent mariachi band, dancing and delicious foods from various vendors. The Fiesta also offered the attendees the opportunities to visit the many booths boasting the bountiful benefits provided through community services located in Iron County. Also during the Fiesta, despite the threatening wind and rain trying to turn it into a siesta, there were plenty of bikers, boarders, scooters and skaters in the Slow Roll riding around the beautiful neighborhood of Historic Cedar City.



# Annual Orchestra fundraiser returns with 'Roaring Twenties' themed soiree

by **Rebekah Gonzalez**

FOR IRON COUNTY TODAY

The Orchestra of Southern Utah may have performed their last Concert for the Musical Treasures season, but the music has not stopped yet. The "Roaring Twenties" themed sixth Annual Silver and Gold Soiree will take place on Friday, May 19, from 5 to 7pm at the Lobby at the Cedars Hotel, 52 North Main. Tickets are on sale now at [www.myosu.org](http://www.myosu.org).

The annual Silver and Gold Soiree is a unique fundraiser event that features a variety of art, music and items for the silent auction as well as early access to season tickets and mingling with musicians and artists and friends from across the community. This event is a wonderful opportunity for those who support the Orchestra to get to know and meet the members off the stage, mix and mingle with beautiful music, food, art and support the orchestra's upcoming season. The Trifecta Jazz Trio featuring Michael Vance on saxophone, McKay Tebbs on guitar, and William Walker on bass will perform.

In 2015, the OSU Board sat down for a meeting to discuss that year's new season. It was there that Suzanne Tegland had the idea about creating an event where patrons and musicians could interact. With the help of Ariel Rhodes, OSU Flautist and Woodwind Section Leader, Suzanne and Ariel set up the first Soiree for the end of the concert season in the spring.

Since that first year, the Soiree has become an ongoing event and allows patrons and those who attend the concerts a chance to get to know the Orchestra. "We wanted an event that got closer interaction with the musicians and the people who come to the concerts," Tegland said, "Often, those who attend the concert don't have the opportunity to really socialize with the Orchestra members. There's those on the stage and those in the audience, and after a concert there's not a lot of time to socialize. The Soiree gets rid of that boundary and allows for those in the audience and those on stage to interact in an open setting. Ticket sales only cover about 10-15% of operating costs." Tegland

explained, "The Soiree helps fill in funds that keep ticket prices down and allows for free tickets to be given for the 4th and 9th Grade VIP Passports. There will be live music, beverages (alcoholic and non-alcoholic), and hors d'oeuvres." The biggest part of the Soiree comes from those who donated to the event providing for the silent auction and the drawing. There are artworks, gift certificates and baskets that have been donated for this event.

The Orchestra has had a truly inspiring season setting new attendance records, purchasing a harp, performing the World Premier of the Braveship production, a soul shattering Rock Gold concert, and featuring outstanding youth performers. Creating these experiences for the community

has been pure joy for the members of the Orchestra however; it does come at a cost. Soiree ticket purchases go towards supporting the Orchestra in the upcoming season that is looking to be equally as musically fulfilling.

This year's event is unique from years past with its beautiful Roaring Twenties theme, a fun change as the Orchestra welcomes back the fundraiser event since being put on "hold" during Covid restrictions.

"We so appreciate the fabulous donations for the silent auction," said Harold Shirley, OSU President. See silent auction items at <https://osucedarcity.blogspot.com/2023/03/roaring-20s-soiree.html>.

Jenifer Terry will serve as master of ceremonies and

Lisa Cox is preparing the festive food. Patrons are invited to dress up for the evening.

The Silver and Gold Soiree will take place on Friday, May 19, from 5 to 7 p.m. at the Lobby at the Cedars Hotel, located at 52 North Main St, Cedar City. Tickets cost \$50 per person or \$350 for groups of eight. The Orchestra is still accepting donations for the drawings and silent auction. To purchase tickets go to [www.myosu.org](http://www.myosu.org) or to make a donation, please contact Amy Gold [amygoldosucedarcity@gmail.com](mailto:amygoldosucedarcity@gmail.com). Thanks to all who help bring the music to Cedar City by participating in this annual event and special thanks to our donors, musicians, and patrons.



**The Trifecta Jazz Trio will perform along with exceptional items to bid on, including those from Sara Patterson and Red Acre Farm.**



COURTESY PHOTOS



COURTESY FRED ROWLEY

**Dr. Xun Sun receives the Sandgren Award** for his decades of dedication and contributions to the arts..

## OSU conductor honored during Master Singers concert

While this special Easter concert was held in April, the majesty and message of this concert still reverberates within our community.

by **Ling Yu**

FOR IRON COUNTY TODAY

On Sunday, April 2, 2023, the cold evening wind brought the warmth of rich male voices of Cedar City's Master Singers in concert from the Cedar City Heritage Theater.

The songs touched hearts and lifted spirits. The program included some light songs just for fun, and such classic favorites as The Lord's Prayer, I Walked Today Where Jesus Walked, and How Great Thou Art. These often heard classics were made even more appealing by remarkable arrangements done by local musicians such as Dr. Hal Campbell and his son-in-law, Mr. Allen Lee who conducted the choir as well.

The highlight of the evening was the presentation of the Master Singers coveted Sandgren Award to SUU faculty member, Dr. Xun Sun. The award honors people who make extraordinary contributions to the community, and especially those who enhance the musical tradition and culture.

Dr. Sun has conducted the Orchestra of Southern Utah for about 20 years. He has been at the front of musical offerings of all varieties throughout his years in Cedar City. Dr. Sun has also conducted major orchestras in the United States, China and Ukraine.

Dr. Sun said he "was honored to receive this award." As an immigrant, he appreciates the warm acceptance he and his family have enjoyed. He expressed gratitude for friendships formed as members of the commu-

# Theaters I have known and loved—or not

by *Mary Anne Andersen*

CEDAR CITY ARTS COUNCIL

Entering the theater space at Off the Cuff always makes me feel that I could be in Greenwich Village, in New York. The room is small, maybe 100 seats or so; the building was obviously meant for something else besides a theater and has exposed pipes, dark walls, an old sectional couch in one corner behind the seats. The seats themselves, however, are great! —comfy, large, and upholstered, with names on the back of people who donated to space. The stage, just a couple of steps above floor level, is small but adequate for what I've seen there. (I suspect there is not much back-stage space, though.) The lighting is simple, a little more than on or off, but it was all quite adequate for The Temperamentals, a Stephen Wagner-directed show that was partially sponsored by the Arts Council. In fact, the space was appropriate for the play, intimate enough to allow us to really see the acting nuances of the fine cast.

Another theater in our community, the Heritage Theater is just the opposite: large, relatively new, beautiful high wood walls that make for great acoustics. The lighting and sound capabilities are excellent, there is a large backstage area, and there is a balcony where many people prefer to sit. The Green Room and adjoining dressing rooms are very well appointed, but unfortunately, there is a heating problem in the Green Room. It must be 80 degrees in there, and it doesn't seem to change from one



concert to the next. But the point is, our showpiece theater is famous in Utah and praised highly by our out-of-town guests. It does us proud.

Thorley Hall, in the SUU music building, is woefully inadequate for our fine music department. The lighting is relatively new, a big improvement over lights that used to sort of wink off and on, and the seats are comfortable, but there are not enough of them for an audience of any size at all. It is fine for recitals, but no back-stage area and clumsy access make it inadequate for choir concerts and such. Fortunately, a renovation of the entire building is in the works that will include important improvements to Thorley Hall.

LeGrand and I have seen some interesting theaters in our musical travels. The story associated with the beautiful Abravanel Hall in Salt Lake City, home of the Utah Symphony, is that the construction-cleanup business did the work for free because of the flakes of gold they vacuumed up from the gold-leaf facings on the balconies. Elsewhere, a beautiful, very large state-of-the-art high school auditorium was the envy of other high schools until, whoops, it was found to be too wide, and the acoustics were terrible. During the first year of use, money was spent on sound improvements.

And the worst theater we've ever seen was in Mexico, where an attractive outside facade hid a theater where the only access to the stage was a narrow winding staircase. Who checked that design, we wondered? The USF theaters are another article.

musicians under the tutelage of local musicians.

As the concert ended with the song "God Bless America." Both Dr. Sun and his wife Ling Yu commented that from the perspective of immigrants, the song expresses their feelings. They said in unison, "Living in America truly is a great blessing!"

## DR. SUN

« CONTINUED FROM PAGE 16

nities of Cedar City and of SUU. They especially expressed their appreciation for the ways their children, Anna, Sarah and David, have thrived growing up in Cedar City. All three have excelled as

ORCHESTRA OF SOUTHERN UTAH'S  
**ROARING 20'S**  
**SOIREE**

Hors d'Oeuvres  
Auction  
Live Music

**5:00 PM - 7:00 PM**  
**Friday, May 19, 2023**

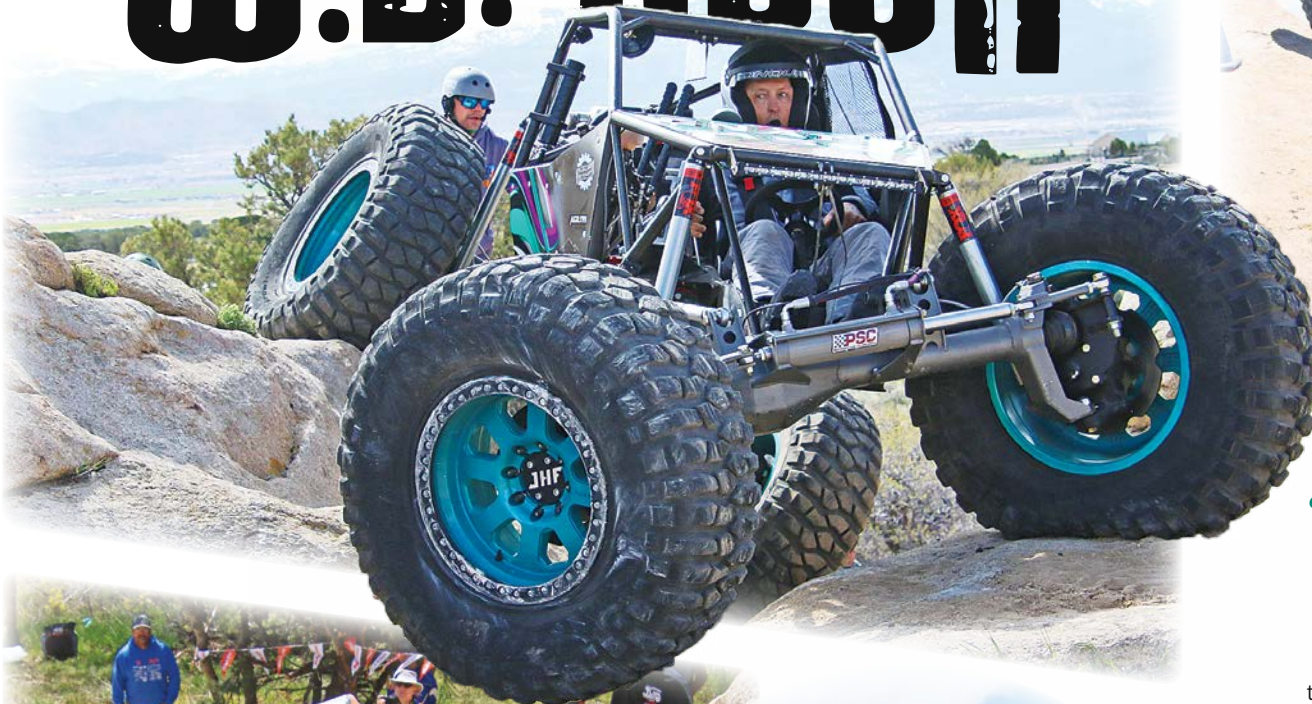
**The Lobby at the Cedars Hotel**  
**52 N. Main Street, Cedar City, UT**

**\$50 per Person • \$350 for groups of 8**  
All proceeds support the orchestra

For tickets or more information, please visit:  
**my.osu.org/tickets**

Daring drivers battle boulders at

# W.E. ROCK



*It was a windy weekend at Three Peaks, near Cedar City, but that didn't stop the spectators or competitors during this year's World Extreme Rock Crawling Championship Series. Each year, the W.E. Rock tour brings the best drivers to Iron County to rival the rocks. During this competition, with the guidance of their spotters and the watchful eyes of the judges, each driver faces the clock and the rocks as they attempt to expertly evade strategically placed colored cones by creatively and courageously climbing courses that take them up, over, around and down the rocky crags and cliffs of Three Peaks. While there were some wrecks on the rocks, it was a successful event.*



# Mother C.E.O.

**T**his week's ratty rhetoric attempts to address some of the challenges, choices and chores that are often inherent within the rigorous role of being a mother. I also hope to provide encouragement to those mothers who don't get to experience a traditional Mother's Day because of the challenges and churning in their lives at this time.

With that being said, Happy Mother's Day to you, no matter

## LEADERSHIP 101.12

for past, or current mistakes and playing the "What if I would have been a better mother?" game? Alright, then maybe Mother's Day for you is more about reflection and recommitment to being a better you—whether you have kids or not. Which, by the way, successful motherhood is not about having perfect kids, either.

Regardless, many mothers don't give themselves enough credit. While motherhood is magnified one day in May, let's make sure it isn't marginalized during the other 364

days. Because while it can be said that none of us would be here without our mothers, motherhood—and love—aren't defined by genetics or holidays. They are about striving to make a difference for the better in the heart, home, neighborhood, nation and the world—whether you feel like the monarch or the minion. This may seem like daunting definition with all your daily "duties", but often it's the smallest acts that make the biggest impacts.

Ultimately, in between all the choices, challenges and "chores" of motherhood—even in the heart-breaking trials of trying to become a mother—remember that being a successful mom and motherhood isn't about perfection. It's about the direction of your desires to be the best mom you can with who you are, where you are and what you have, or don't have. Because motherhood isn't defined by numbers (age, wage, or stage of life). Motherhood is defined by how you love and care for others, even if they aren't your biological blessings.

So, where are the leadership lessons in these words about motherhood? There is only one lesson to be learned (lived) here...and that is to love yourself. With all the hurts, doubts, regrets and what if's, please don't stop loving yourself. And if you don't love yourself now, as C.E.O. of your life and your future, give yourself permission to start loving you, right now.

## the rut LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



who you are and whether you have children of your own, or are blessed by children of family members, friends, or even if you feel disowned by the ones you do have.

That last scenario may sound a bit harsh on the heart, but sometimes it's easy to forget that not all mothers are having a "happy" mother's day. They feel left out, even left behind, for any number of reasons and treasons. This can lead to getting lost in the compare and despair between their own emphasized shortcomings and failures and those other moms who seem to always have it all together.

Maybe instead of celebrating being a mother, you're beating yourself up

*“While motherhood is magnified one day in May, let's make sure it isn't marginalized during the other 364 days.”*

# 2023 Pink Tea this Saturday supports Camp Kesem

from Donna Law

FOR IRON COUNTY TODAY

Live and silent auctions will be just part of the fun and entertainment at the Pink Tea, Saturday, May 13 from 2:30 to 4 p.m. at SUU's Gilbert Great Hall. Helicopter rides with SUU Aviation, a personalized culinary class with Chef Jon Woodgate from Southwest Tech, a getaway to Ruby's Inn, and theatre tickets to the Utah Shakespeare Festival, SimonFest, Tuacahn and Hale Center Theatre are just a few of the grand experiences up for auction at this year's event. Tickets are \$50 with tables of 10 for \$450. Tickets may be purchased online at [powerinpink-ironcounty.com](http://powerinpink-ironcounty.com).

“This fancy hat tea party is such

County is thrilled to partner with these students to produce the Pink Tea and help send kids to Camp Kesem.

“When you buy a ticket to attend the Pink Tea, you are in for a memorable afternoon. The hats, the refreshments, and the entertainment are all a lot of fun. But more importantly, you are making a difference in the lives of some local kids who are going through a tough time,” said Robyn Brown, cancer survivor and Power in Pink Board Member. “I am grateful for people who helped my kids heal from the secondary effects of cancer.”

2023 Pink Tea sponsors include Miner Foundation, State Bank of Southern Utah, Cedar City Rotary Club, Southern Utah University,



COURTESY POWER IN PINK - IRON COUNTY

a fun way to support a very important cause,” said Deena Marchal, Pink Tea Committee Chairperson. “We have fancy hats to rent or buy and many unique items and experiences in our live and silent auctions. Our entertainment is always delightful.”

Pink Tea proceeds benefit Camp Kesem, a summer camp specifically for kids ages 6-18 whose parents are impacted by cancer. Kesem works with universities and colleges and SUU is one of only two chapters in Utah. SUU student leaders work year-round to deliver programming and services. Power in Pink-Iron

Smith's, Artisans, Lovene & Donn Jersey and Steve Yates. If you cannot attend the event, but would like to support this effort financially, you may make a donation online at [powerinpink-ironcounty.com](http://powerinpink-ironcounty.com).

The Pink Tea is presented by Power in Pink-Iron County, a local non-profit dedicated to meeting the needs of women and their families in Iron County dealing with breast cancer. For more information, email [powerinpinkcedarcity@gmail.com](mailto:powerinpinkcedarcity@gmail.com) or follow the event on the Power in Pink-Iron County Facebook and Instagram pages.

## calendar

## THURS, MAY 11

## TWILIGHT ZONE DAY

**MOMS AND DAUGHTERS FOR AMERICA** (7pm) @ Cedar City Visitor's Center (581 N Main). Empower moms, raise patriots, and promote liberty for the healing of our nation. INFO: ironcountymoms4america@gmail.com.

**COMEDIAN NICK HOFF (7PM) @ HERITAGE** Center Theater (105 N 100 E, Cedar). Tickets \$25 to \$35 depending on seating. Available online at nickhoff.com.

**IRON SPRINGS SUMMER MUSIC FESTIVAL** (6pm) @ Iron Springs Adventure Resort (3196 N Iron Springs Rd, Cedar). Live music (Firehouse and Winger), food trucks & lawn games. Bring your own chair. INFO/Tickets @ ironspringsutah.com or 435-708-0101.

## FRI, MAY 12

## HOSPITAL DAY

**FOOD TRUCK ROUNDUP (3:30-7:30PM) @** Iron County Fairgrounds (Parowan). Everyone invited to come and enjoy the variety of Food Trucks for fun, family, food.



SHUTTERSTOCK

**OPEN MIC NIGHT (2ND, 4TH FRI, 7PM) @** Johnson Arts Center (59 N 100 W) Each artist will have a 7-minute set. First come, first served signups at the door. \$5 donation required for entry. INFO/Q's: info@johnsonartscenter.org.

## SAT, MAY 13

## MINI-GOLF DAY

**CEDAR CITY FARMERS MARKET (9AM-1PM)** @ inside IFA (winter) (905 S Main St, Cedar). FREE. Farmers, food, and artisans. Drawings, bingo, and more! INFO: Facebook, Cedar Saturday Market, or Nancy 435-463-3735.

**FESTIVAL CITY MARKET (9AM-1PM) @** (Center St. & 100 W) By Bristlecone Coffee. FREE. Handmade treasures and a bounty of local farmers, backyard gardeners, fresh fruits, veggies, with local artisans for jewelry, art, wood, pottery.

**PAROWAN FARMERS MARKET & CRAFT FAIR** (9am - 2pm) @ the Iron County Event Center and Fair Grounds (54 N 300 E, Parowan). Admission FREE. A day of fun with shopping and great food. INFO: ironcountyfairgrounds.com.

**HERO RUN (9AM) @ VETERAN'S PARK (200 N 200 E, Cedar).** Registration \$15-\$20 available on eventbrite.com. All proceeds go towards scholarship funds for teens and the long-term goal of bringing a Teen Center to Cedar City. Grab your cape, hitch up your tights, and come on over! Kick off your Mother's Day weekend with Family! Fun! Food! (And Dinosaurs!)



**KOLOB STATION CHILI COOKOFF & FIRE AWARENESS** (11am - 3pm) @ New Harmony Exit 40 Station (1388 Old Hwy 91, New Harmony). Enjoy some of New Harmony's best chili. Learn about keeping your property safe this wildlife fire season. Interested in entering the Chili Contest? Call Sonia at 562-712-1491.

**PINK TEA (2:30 - 4PM) @ SUU GREAT HALL** (351 W University Blvd, Cedar). The Pink Tea is a fundraiser featuring tea and treats, a hat competition, entertainment, and a silent and live auction. All profits benefit Camp Kesem in Iron County. Camp Kesem provides a free camp experience for children of parents who have battled cancer. Tickets \$50 per person. Available at paybee.io/@pinkpower@10.

## SUN, MAY 14

## MOTHER'S DAY

**PAROWAN COMMUNITY CHOIR - "LOVE!"** (7pm) at Church of Jesus Christ of Latter-day Saints stake center (90 S. Main). Free admission.

**HISTORY 1948: THE BIRTH OF THE MODERN** nation of Israel.

## MON, MAY 15

## BIKE TO WORK WEEK

**RED CROSS BLOOD DRIVE (10AM - 4:30PM,** May 15/16) @ State Bank of Southern Utah (377 N Main, Cedar). Sign up @ redcrossblood.org



SHUTTERSTOCK

## TUES, MAY 16

## SEA MONKEY DAY

**CHILDREN'S STORY TIME (TUES, 10-11AM) @** Frontier Homestead State Park Museum (635 N Main, Cedar). Admission FREE. A ranger reads a fun frontier-themed story along with a corresponding take-home activity. Recommended for preschool-aged children.

## WED, MAY 17

## PACK RAT DAY

**MIDVALLEY FARMERS MARKET & ARTISAN FAIRE (4-7PM) @** (780 Midvalley Rd. Enoch). Live music, jump house, face painting, and more. Beautiful, original, and unique items. Crafters and artisans are local. Have dinner, listen to music, let the kids play in the jump house while you watch the sunset. A Project of The PEACE Guild - Text: 435-704-6916.

**CHARACTER SKETCHES (WEDS, 6:30-8:30pm) @** Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.



## THURS, MAY 18

## I LOVE REESE'S DAY

**SUMA - MINIATURE ART EXHIBIT (11AM - 6PM) @** SUMA (13 S 300 W, Cedar). Admission FREE. "Dreamland" will be on display through May 18. See the tiny masterpieces created by local artists! INFO: 435-865-8564 or suu.edu/suma.

## FRI, MAY 19

**ORCHESTRA OF SOUTHERN UTAH SOIREE** (5pm) @ Cedars Hotel (52 N Main St, Cedar). Tickets \$50 per person or \$350 for group of 8. Join the Orchestra of Southern Utah for an evening of the Roaring '20s. Live music, food, live and silent auctions, meet the orchestra and Board. INFO/Tickets: my.osu.org/tickets.

## SAT, MAY 20

**"A NEW HOPE" 5K FUN RUN/WALK (8AM)** @ Old Enoch Park (1600 E 5250 N, Enoch). Categories: 5K (Kids 12-Under - \$5), 5K (Race - \$25), 5K Walk (Stoller - \$25). Breakfast, Prizes, Give Aways, more! Sign up at raceentry.com. (Search: Iron County Children's Justice Center Fun Run 5k). INFO: Jennifer Davis 435-590-1317.



**COLOR COUNTRY ROCK SHOWS (10AM - 4pm) @** Cedar Rock & Bead Shop (718 W 400 N #1, Cedar). Admission FREE. Vendors and Customers wanted! Come for Rocks, Minerals, Crystals, Beads, Metaphysical, Jewelry, more. Drawings for prizes. Must be present to win. INFO: 435-275-4445.



**SUMA ART AUCTION (5-8PM) @ SOUTHERN** Utah Museum of Art (13 S 300 W, Cedar). Admission is TBA. Features live music and catered dinner. Get ready to bid on a variety of the finest art from around the region in both silent and live auctions. Proceeds will support the museum. INFO: 435-865-8564 or suu.edu/suma.

**OTC CONCERT - RICK SHEA & TONY** Gilkyson (8pm - 10:30pm) @ Off the Cuff Improv Theatre (913 S Main, Cedar). Performing for the first time in southern Utah both are outstanding guitarists, and at different times have performed as members of Dave Alvin's band, The Guilty Ones. Tickets \$20. Available online at otccomey.com/concerts.

## Want your event on our calendar?

There is no charge for calendar items. Your submissions can be made online at ironcountytoday.com, or emailed to news@ironcountytoday.com or brought to 479 N 100 W, #1, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.

## calendar

## ONGOING OPPORTUNITIES

## GOVERNMENT

**Brian Head Council**

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

**Cedar City Council**

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

**Enoch City Council**

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

**Enoch Planning Commission**

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

**Iron County Commission**

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

**Iron County Democrats**

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

**Iron County Republican Women**

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

**Parowan City Council**

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

## SERVICE GROUPS

**American Legion Post 74**

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Veterans invited to learn about benefits, opportunities and fellowship. Honor Guard provides military honors at Veterans funerals. • Post Commander Darrin Duncan (435) 704-1466.

**Bikers Against Child Abuse**

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Room)

**DAR – Bald Eagle Chapter**

2nd Sat, 10 am • Cedar City Library, 303 N 100 E

**Elks Lodge #1556**

111 E Freedom Blvd. Cedar City, (435) 586-8332

**Lion's Club**

Tues, 12 pm • Call Pres. Roger Shurtz for mtg. info. Everyone welcome! (435) 590-2896

**Marine Corps League**

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

**Rotary Club**

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

## SUPPORT GROUPS

**AA—Alcoholics Anonymous**

(435) 635-3603 • [www.utahaa.org](http://www.utahaa.org). Helpline: John (702) 802-1332, Kara (702) 232-6829 KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Speaking From The Heart • M – Sa, Noon Steps and Traditions • M – Su, 7 am**

**Red Road to Sobriety • Mon, 6 pm** Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

**Misfits • M – F, 6 pm**

**Cedar Group • Tues, 8 pm**

**The Great Fact • T, F, Noon.** True Life Center 2111 N. Main. • (702) 802-1332 or (702) 533-7856

**Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925**

**Women's Meeting • Sat, 10:30 am**

**My Story • Sat, 8 pm**

**Thank God it's Sunday Spiritual • Sun, 11 am**

**What a Way to Start the Day • Su, W, F 7-8 am • All are welcome**

**Al-Anon**

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Al-Anon • 1st, 3rd Tues, 7-8 pm • Call for info: (435) 704-8984**

**Easy Does It • Tues, 7-8 pm • (435) 559-3333**

**Hope for Today (Family Groups)**

Thurs, 6 pm • (435) 559-3333

**Alzheimer's/Dementia**

Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn about/access resources, connect with others for support. Contact Raven Albertson, 385.831.7124, [utahprograms@alz.org](mailto:utahprograms@alz.org)

**ARP—Addiction Recovery**

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan Sun 7:30 pm • 85 N 600 W, Cedar City, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

**Caregivers**

1st Tues, Noon • Five County Aging Offices, 585 N Main, Ste. 1, Cedar City

**Helproom**

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, feel supported, share perspectives on healing, recovery. Join: [affiliate.rainn.org/helproom/canyoncreekservices](http://affiliate.rainn.org/helproom/canyoncreekservices).

**Multiple Sclerosis**

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

**Narcotics Anonymous**

[www.nasouthernutah.org](http://www.nasouthernutah.org) • (435) 635-9603

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Basic Text Study • Mon, 8 pm**

**Just for Today • Wed, 8 pm**

**Hope Without Dope • Thurs, 8 pm**

**Live and Let Live • Fri, 8 pm**

**Candle Light Mtg • Sat, 9:30 pm** (Small room)

**Women Only • Sun, 11 am**

**Dopeless Hope Fiends • Sun, 8 pm • Meeting Hall, 1067 S Main, Cedar (877) 865-5890**

**Nicotine Anon (12-Step)**

Fri 5 pm • KKCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

**Porn Addiction Recovery for Men**

Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

**Pregnancy, Infant Loss**

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • [www.southernutahshare.com](http://www.southernutahshare.com)

**Senior Blind/Visually Impaired**

3rd Thurs, 1:30 pm • Cedar City Library

**Southwest Parkinson's Alliance**

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

**Widows Support Group**

2nd Sat, 11-1pm • Sunrise Church. These Free meetings begin January 8th. Questions? 435-586-3640 or [Sunrisechruh.net](http://Sunrisechruh.net).

## CLASSES, CLUBS &amp; ACTIVITIES

**Adult Barre/Modern Dance**

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

**Arthritis Foundations Exercise**

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

**Book Club**

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

**Boy Scout Troop 1848**

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door, next to Enoch City Business office. Text Bryan Fanton 435-327-1214

**Cedar Breaks Model A/Vintage Car Club**

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email [cedarmodela@gmail.com](mailto:cedarmodela@gmail.com).

**Cedar Chest Quilters' Guild**

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. [cedarchestquiltersguild.org](http://cedarchestquiltersguild.org)

**Cedar City ESL**

Wed, 6:30 - 7:30 pm • Free ESL lessons offered at Cedar City Public Library, Rare Book Room (303 N 100 E). No pre-registration required.

**Cedar City Toastmasters**

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

**Cedar Professionals**

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit [www.cedarprofessionals.org](http://www.cedarprofessionals.org)

**Cedar Radio Control Club**

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

**Color Country Winds**

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

**Cub Scout Pack 1848**

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

**Explorer Bible Club**

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

**Folk Dancing Class**

1-2 pm • Cedar Senior Center (489 E 200 S). Come to your first International Folk Dancing Class! Teaching included. Easy to learn, fun, free for all ages. (626) 808-6129

**Hey Cedars Square Dance Club**

Wed 6-7:30 pm (Beginners), Dancing 7:30-8 pm • Cedar City Aquatic Center (2090 W Royal Hunte Dr). All former square dancers invited. INFO: Call/Text Neil Mattson 909-477-9795.

**International Folk Dancing**

Fri, 1-2 pm • Cedar City Senior Center (489 E 200 S). Free. All ages welcome. Teaching included. INFO: (626) 808-6129

**Iron County Moms For America**

2nd Thurs, 7pm • CC Visitor Center (581 N Main). Help heal our nation, keep liberty alive in your heart & home. INFO: Kami Merrill 435-592-4152 or email: [ironcountymomsforamerica@gmail.com](mailto:ironcountymomsforamerica@gmail.com)

**Motivational Mondays**

Mon, 6:30-7 pm • Cedar Yoga Space (736 N Main. Add a positive mindset and experience Cognomovement. Leave feeling more balanced, energized, and motivated. No mat needed. \$12 drop in/first time to studio is Free. 541-291-7856.

**Parowan Pickleball**

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and signup: Parowan Visitors Center 435-477-8190.

**Rock Club**

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. [southernutahrockclub.org](http://southernutahrockclub.org)

**Senior Yoga Classes**

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

**Sagebrush Fiber Artisans Guild**

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

**Sewing Group**

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

**Southern Utah Woodturners**

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

**StrongBoard Classes**

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

**Tae Kwon Do Class**

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 W Royal Hunte Dr. \$25/ mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

**Tai Chi For Health**

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

**Take Action for Freedom**

Wed, 7 pm • Stahli West 600 N. Airport Road, Cedar • Preserve Constitution, Republic, voting laws, medical freedom, education, 1st & 2nd Amendment Rights, ed. on CRT & boarder illegal immigration, local/county/state Legislature

**Top Bar Hive Bee Keeping**

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

**TOPS – Take Off Pounds Sensibly**

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

**Water Aerobics Class**

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

**Wellness Place**

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: [thewellnessplacecc.com/upcoming-classes](http://thewellnessplacecc.com/upcoming-classes)

**Wellness Wednesdays**

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PV: health, Info: Kristi Sharp (435) 986-2564, ksharp@swuhealth.org

**To add your ongoing opportunity to our calendar, call 867-1865, ext.6 or email [news@ironcountytoday.com](mailto:news@ironcountytoday.com)**

## schools

### IRON COUNTY SCHOOL DISTRICT NEWS NUGGETS

from *LeAnn Woolstenhulme*

IRON COUNTY SCHOOL DISTRICT

#### *Enoch Elementary*

Enoch Elementary's 3rd, 4th, and 5th graders competed at the annual Track & Field event. Students sprinted in a variety of races, including a team relay race. They also participated in the softball throw and the long jump. The top competitors received medals and ribbons. "It's fun!" said 5th grader Daytin. "We get to play in the field, and the races are fun too."

#### *Iron Springs Elementary*

Students in Third, Fourth and Fifth grade at Iron Springs Elementary have the opportunity to sign up to be in the school choir. This requires them to come to school every Friday at 8:00 am to practice. This past week they held a concert to showcase what they have been working on with several solos and duets featured throughout. Mrs. Mock and Mrs. Wells have done a wonderful job.



#### *Escalante Valley Elementary*

When one of Escalante Valley Elementary kindergarten students found an owl pellet

at home, her grandpa volunteered to come into the class to share his knowledge on this subject. As the students watched on, he cautiously dissected the owl pellet to reveal the owl's last meal. Students were fascinated by the process, and before long they were able to decipher the bones by their shapes and sizes. Science came to life for these little learners as they took time to learn more about the world around them.



#### *Three Peaks Elementary*

The Three Peaks Elementary Level 2 class had an opportunity to visit the Thunder Junction All Abilities Park in St. George last week. This park features a dinosaur theme that includes complete wheelchair accessible playground equipment, climbing wall, an "erupting" volcano, splash pad, toys shaped like dinosaurs, many interactive activities, and a "roaring" C.P. Huntington 1/4-scale train on a 2,700-foot track. The students had fun learning about dinosaurs, playing with friends, and eating sack lunches in the park. We appreciate the opportunities that Southern Utah gives us to explore and learn about new things. Thank you to the teacher, Mrs. Holly Snowden, and the paraprofessionals who provide learning opportunities for our

students and are willing to help them explore new places. We also appreciate the Iron County School District bus drivers who take our students to various destinations to experience exciting places.



#### *Fiddlers Canyon Elementary*

We are gearing up for Fitness Week here at Fiddlers with a kickoff assembly on Monday and Walk or Bike to School Day on Friday. Watch your child's homework folder for more information. Mark your calendars for Spring Arts Night on Monday, May 22, from 5:30-7:30. There will be math and literature takeaways, ideas for summer fun, singing by students, and a scavenger hunt all around the school. Follow the Fiddlers Canyon Elementary PTA Facebook page to stay updated on all the things going on at our school.



## Gateway Connect hosts first meeting to discuss homeschooling

from *Amy Gibson*

GATEWAY ACADEMY

Gateway hosted its first networking event on Thursday because of the need in the community to support their homeschool and distance education population better.

"They need a place to feel connected and to find resources they might not know about, and that is what we are trying to provide," said Amy Gibson, Growth and Compliance Administrator.

What started out as a simple way to show homeschool families the options available for their students became a fantastic opportunity for our community to connect and network. With around 300 in attendance, the organizations could share summer programs, camps, clubs, and services they provide. We can't wait for next year!

A huge thank you to 4H Extension, AYSO, Boys and Girls Club, Cedar City, Cedar City Singers Company, Civil Air Patrol, Gateway's

Discovery Program, Family Support Center, Frontier Homestead, Girl Scouts of Utah, Harmony Education, Iron Giants Mountain Bike Club, Johnson Arts Center, Let's Play Music, My Tech High, Origins Family Fitness, Patriot Jiu-Jitsu, Red Peak Gym, Southwest Education Academy, Southwest Prevention Coalition, SUNYFL, SUU PREP, SUU STEAM Center, SUU's Early College Online, and Yellow House Book Rental for coming out and sharing their programs with us!



COURTESY GATEWAY ACADEMY

## business

# David Mineer Jr. named Utah's Small Business Person of the Year

from Kenzie Lundberg

FOR IRON COUNTY TODAY

The U.S. Small Business Administration has announced this year's Small Business Person of the Year winners – over 50 outstanding small business owners and entrepreneurs from across the United States. David Mineer Jr., owner of Construction Monitor, has been selected as Utah's Small Business Person of the Year for 2023.

"David Mineer Jr. is absolutely deserving of this recognition. He and his team have steadily grown the business year over year. Dave makes intentional business decisions that help him lead his team to success. I'm honored to work with Dave, and happy he is receiving this well-deserved award" said Joni Anderson, director of the SUU Small Business Development Center (SBDC) and regional manager for APEX Accelerator.

Mineer was nominated by Joni Anderson, who he has worked with regularly over the years, and who more recently has been assisting him with government contracting resources through APEX Accelerator (formerly PTAC).

Construction Monitor was started in 1989 by David Mineer Sr. His son David Mineer Jr. later purchased the business from his father in 2014. Construction Monitor collects and compiles construction data from building permits across the United States. The information is a valuable resource for construction industry suppliers and organizations, including the U.S. Census Bureau. The data is also used for analyzing construction related markets.

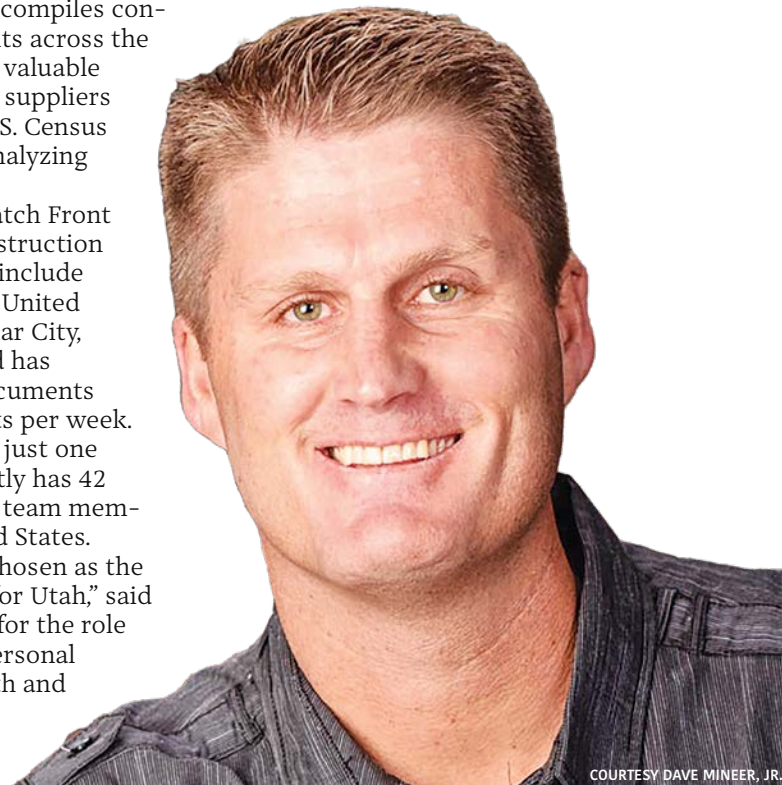
Since its beginning on the Wasatch Front of Utah (covering 8 counties), Construction Monitor has grown its coverage to include over 2,800 jurisdictions across the United States and is headquartered in Cedar City, Utah. The amount of data collected has grown from just a few hundred documents per week to over 50,000 documents per week. Construction Monitor started with just one employee 34 years ago, and currently has 42 employees and over 150 additional team members located throughout the United States.

"It's an incredible honor to be chosen as the Small Business Person of the Year for Utah," said Mineer. "I am grateful to the SBDC for the role they have played, not only in my personal development, but also in the growth and development of our company. The tools, resources and knowledge provided by the SBDC have

been a catalyst for continued growth and success. Words cannot express our deep gratitude for all they have done to assist us."

Each year, the SBA celebrates National Small Business Week by recognizing the achievements of outstanding small business owners and entrepreneurs across the United States. All National Small Business Week winners were recognized at an awards ceremony in Washington, D.C., on April 30 and May 1. Additionally, the Utah Small Business Administration recognized Utah award winners at an event held on May 4 in Salt Lake City.

*The Utah SBDC Network is part of a nationwide program, sponsored by the U.S. Small Business Administration, and in partnership with the Governor's Office of Economic Opportunity, and various institutions of higher education. Southern Utah University hosts the Cedar City Small Business Development Center located at the Cedar City Business & Innovation Center, 510 West 800 South in Cedar City, Utah. The SBDC offers free and confidential professional business advising and training to help small businesses succeed as part of their mission to strengthen the economy.*



COURTESY DAVE MINEER, JR.

## family

# Gifting made easy and affordable

**M**y family recently received a last minute invite to a birthday party for a four-year-old boy we did not know well. In an effort to be outgoing and friendly, we accepted! I immediately thought to myself, "Do we need to take a gift?"

**mom's**  
CORNER(ED)

by **Weslie Stratton**

CONTRIBUTOR



While this question is debatable considering the short amount of notice we were given, I hate to show up empty handed to an event created almost entirely for gift giving (especially when a family with as many kids as ours could easily eat the whole birthday cake). That said, I did not feel obligated to break the bank.

This begs the question, what do you get for a kid you don't know that doesn't cost much but doesn't give away how cheap it is?

I have two answers to this question. Both gifts are suitable for children eight and under and could be considered gender neutral. All of my kids enjoy playing with these items equally.

**1. Monster Trucks:** these sturdy toys are available at every Walmart for \$3.88. While inexpensive, they can take a beating and live to drive another day. You could say this item is traditionally for boys but I have seen some adorable hot pink trucks and my daughters fight over them just as much as my boys.

**2. Playdoh:** individual tubs of this entertaining goop can be purchased for \$0.50 a pop (also at Walmart). I pick three or four different colors to toss in a bag with some tissue paper and know that any kid will find enjoyment in this stuff. I like to pair one of these two choices with a bag of gummy worms or equally appealing and age-appropriate treat.

If you don't already have gift wrapping supplies you can get a small bag with coordinating tissue for \$1 each and still be well under \$10 total.

Keep these options in mind for the many birthday invitations your kids bring home from school that may have you rolling your eyes and thinking, "Again? Already?" In fact, it might be wise to stock up on a few of each to save a trip to the store!

# Death comes to 2nd East

## MEMOIRS OF A MORMON GIRL RAISED IN DOG TOWN

In the early hours of August 12, 1977, my older brothers returned from delivering the news to the neighbors' doorsteps. The Salt Lake Tribune and Deseret News provided school clothes and treats from Cowley Drug. Clad in their mismatched attire and donning their "paper bags," the "boys" burst through the screen door hoping to find food, but instead they found grief.

Aunt Starr and Uncle Bernell sat on the couch with tears streaming down their cheeks. My mother had just received a phone call from her father Ora, announcing the untimely death of mom's sister Betty and her two young girls, Frances (9) and Stacey (8) in a house fire. Betty was just 29 years old.

I slept soundly in the little pink bedroom in my summer nightgown clinging to my sister with my chubby hands. I have no memories of my Aunt Betty in this life.



AMYANNE RIGBY  
CONTRIBUTOR

*"Betty was a hero in the end... Betty was a mother."*

I like to think the scent of Gerbers lingered in the soft summer air the night of August 11th as Betty tucked her three small children into bed with a kiss on the cheek and a nuzzle on the nose. But I can only imagine how the last night of a mother of three was spent. Betty loved to arrange flowers, and she enjoyed getting her fingers grimy while working on the family car. She was smart and talented and loved small children, and she enjoyed listening to the stories of the elderly. She was a sympathetic friend with a "ready ear." It is reported that an avalanche of flowers welcomed her casket at her funeral.

Betty was a hero in the end... Betty was a mother.

# Reduce chances of flood, water damage to your home this spring

For any who have experienced firsthand the impact of water, hail, or mud inundating their home and/or neighborhood, hearing that there is serious potential of flooding from spring run-off this year may induce a sense of dread and/or helplessness.

Fortunately, there are many things that can be done now to prevent or lessen the possibility of first-time or repeated flooding in and around your home. There are also ways to prepare personally and with your family for such an event.

Housed on the Extension Disaster Education Network is a publication from North Dakota State University titled, "Steps to Reduce Flood and Water Damage" most of which is shared here:

### HOME:

**Move valuables to higher locations.** Get items such as irreplaceable family photo albums, high school yearbooks, personal videotapes, tax records, insurance policies and household inventories off the bottom shelves in the lower level of your home.

**Move hazardous materials to higher locations.** This includes paint, oil, cleaning supplies and other dangerous materials.

**Move snow away from the house's foundation.** If the ground is sloped 1 inch per foot near the house, moving snow just 3 to 5 feet from the house will reduce problems.

**Keep water out of window wells.** Since windows can't withstand much pressure, build dams, and contour the ground so water will naturally drain away from the house. This can be accomplished using sandbags or adjusting landscaping.

**Get downspouts in place** so that as snow melts, they can carry the water away from the house. Use caution if they are buried or frozen and need to be repositioned. Salt or a chemical to melt them free will probably damage the lawn.

**Plan an escape route** if certain roads or streets are known to flood easily. Where would you go if your home flooded — a local shelter, a family member or friend's house?

**Plan for pets.** Pets aren't allowed in shelters due to health regulations. If left behind, stressed pets can damage your house, and their safety is at stake too.

**Assemble supplies in case the electricity goes off.** Gather water, food that requires no refrigeration or cooking, a non-electric can opener, a battery-powered radio and flashlight, extra batteries.

**Assemble supplies for a possible evacuation.** Gather water, nonperishable food, paper

## Kathy's CORNER

by Kathleen Riggs

USU EXTENSION



plates/cups and plastic utensils, extra clothing and shoes, blankets or sleeping bags, a first aid kit and prescription medications, cash and credit cards, important phone numbers, special items for babies and the elderly.

**Prepare appliances for flooding.** Know where to shut off appliances at the fuse box or breaker panel. Put freezers, washer, dryers, and other appliances up on wood or cement blocks to keep the motors above the water level. If high water is imminent and large appliances can't be moved, wrap them in polyethylene film, tying the film in place with cord or rope. The water will still get

see **FLOODING** » 25

**Bible Day Camp**  
 May 29-June 2 • 9am-Noon  
 Community Presbyterian Church  
 Children K-5th Grade  
 \$10 1st child • \$5 siblings  
 \$20 family suggested donation

**Register & Get More Info:**  
 vbspro.events/p/85da4a,  
 scan the QR code  
 or call 435-586-8891



SHUTTERSTOCK

## FLOODING

« CONTINUED FROM PAGE 24

in, but most of the silt won't so cleanup will be easier.

The online article also shares ways to safely shut off electricity if water is present, how to plug basement floor drains, and care for sump pumps.

### FAMILY:

These steps are ways to help preserve living space but don't forget to prepare yourself and your family for what to expect so they are physically and emotionally ready in the event of flooding.

**Discuss what to do in case of a flood.** Plan and practice an evacuation route.

**Ask an out-of-state family member or friend to be your family contact.** If family members get separated during an evacuation, each should get in touch with that contact. Make sure everyone has the contact's phone numbers.

**Discuss safe emergency procedures.** Teach adults and older children where service panels, water service mains and natural gas mains are and how to turn them off if necessary.

**Discuss the situation with children honestly and openly.** Hiding the situation from them will probably be even more stressful.

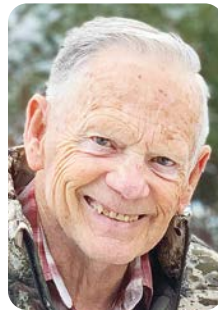
It has been said that "knowledge is power." In this case, using knowledge preparing to lessen or prevent damage to home, property, and preserve a sense of emotional well-being and safety is certainly exercising personal power.

To access and/or download the complete article, see: <https://www.ag.ndsu.edu/publications/disasters/steps-to-reduce-flood-and-water-damage>

*Kathleen Riggs is the Utah State University Extension family and consumer sciences professor for Iron County. Questions or comments may be sent to [kathleen.riggs@usu.edu](mailto:kathleen.riggs@usu.edu) or call 435-586-8132.*

## obituaries

### LaMont Fox Rosenberg



With heavy hearts, we announce the passing of LaMont Fox Rosenberg, who departed from this world on Tuesday, May 2, 2023. He had just celebrated his 80th birthday 2 weeks prior.

Born in Cedar City, Utah on Monday, April 19, 1943, LaMont was born to Horace Adrian Rosenberg and Mary Olive Fox. He grew up in Cedar City on the west side of town, where he attended Cedar High School. He started upholstery work in a local shop called Twitchell Upholstery when he was 16 years old. While working at Twitchell's, which later changed to Messer Upholstery, he grew a love for upholstery work and continued with this profession throughout his life. He worked tirelessly in his shop at home and earned the respect and admiration of his many customers, many of whom were close friends. He also retired as a custodian for the Iron County School District after working for 17 years. LaMont proudly joined the National Guard at the age of 21 and served our country for 20 years before retiring from active duty.

LaMont was a devoted husband to his wife Marsha Cope, together they shared 57 years of marriage. They were married in Cedar City Utah on Friday, September 17, 1965, and later sealed for time and eternity in the St. George Temple with their family on Thursday, November 16, 1989. Together, they raised 5 children; Russell (Hilary) Cedar City, UT, Kirt (Sherel) Cedar City, UT, Jed Rigby, ID, Susy (Todd) Benson Cedar City, UT, and Bonnie (Derek) Petersen Tooele, UT. Their children brought him immense joy and pride in his life. He was a loving grandfather to 21 grandchildren, 6 great-grandchildren, and 3 great-grandchildren on the way. His family fondly remembers his warm smile, playful spirit, and witty jokes. He had a contagious laugh that could shake the red hill and a twinkle in his eyes when sharing a Coke from KB with his family.

LaMont was a man of many passions and interests. He loved to go hunting with his boys, twin brother LaMar and younger brother Joe. You could find him every morning at the Market Grill getting coffee with his buddies. He also had a love for vehicles, exclusively Chevrolets. You could find him at any car show in Iron County, especially The Iron County Fair or the July Jamboree. Many evenings were spent on drives up Cedar Mountain in his many different trucks looking for deer or elk with his wife Marsha.

He is survived by his wife (Marsha), sister (Virginia), brother (Joseph), his children (5), grandchildren (21), and great-grandchildren (6). He was preceded in death by his parents, twin brother LaMar and younger sister Mary.

Viewings were held Monday, May 8, 2023, from 6-8 pm and Tuesday, May 9, 2023, from 10-11 am at Southern Utah Mortuary (190 N 300 W Cedar City, UT). A memorial service in honor of LaMont was held at The Old Rock Church located (75 E Center St Cedar City, UT 84720) on May 9, 2023, at 12 pm. Interment was at the Cedar City Cemetery, under the direction of Southern Utah Mortuary. Online condolences can be sent to [www.mortuary.org](http://www.mortuary.org).

### James Carlyle Bills



James Carlyle Bills, 76, passed away on May 1, 2023. James was born on March 3, 1947, to Carlyle and Laura Bills. Jim was raised with his two brothers Dick and Lynn in Cedar City, Utah for most of their childhood. Jim or "Jimmy" loved riding horses, hunting, fishing, farming, raising livestock and spending time with friends and family. He

loved his family and would do anything for them.

Jim married Connie in 1971. Together they had five children, Travis (Nagila), Raylynn (Pat), Jamie (Jason), Jess (Ann), Carlyle (Nichole). He is the grandpa to 18 grandchildren and great-grandpa to 5 great-grandchildren.

Anyone that knew Jim knows he always had a story to tell, and he loved to visit. He is loved and will be missed by many.

Funeral services were held on Friday, May 5, 2023, at 12:00 pm at Southern Utah Mortuary. A viewing was held prior to that on Friday, May 5, 2023, at the Mortuary from 10:30-11:30pm. Interment was in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences may be left at, along with the livestreaming of the services, [www.mortuary.org](http://www.mortuary.org).

## Want to submit an obituary?

There is a charge of \$100 for obituaries to be published. Submissions can be made online at [ironcountytoday.com](http://ironcountytoday.com), emailed to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or brought in typed/digitized format to 479 N 100 W, #1, Cedar City. A single submission may be up to 600 words and may include up to two photos. Submitted obituaries over 600 words will be charged an additional 10¢ per word. The deadline for submissions is Monday at 11 am for Thursday's publication.

## faith

by Kylie Leavitt

FOR IRON COUNTY TODAY

On May 6, 2023, the Episcopal Church invited all to come join them to walk the labyrinth on World Labyrinth Day. The Saint Jude's Episcopal church also invites everyone, from all walks of faith, to come and walk their labyrinth once a month. However, this month was special and a bit different from other months because everyone around the world at 1:00 their time was walking a labyrinth, while sending constant prayers all around the world.

Those who walked the labyrinth on May 6, walked for world peace. They walked because they care for others and they care for their own inner peace. This walk started in Auckland, New Zealand and worked its way all the way around the world. Cedar City was towards the end of this world walk.

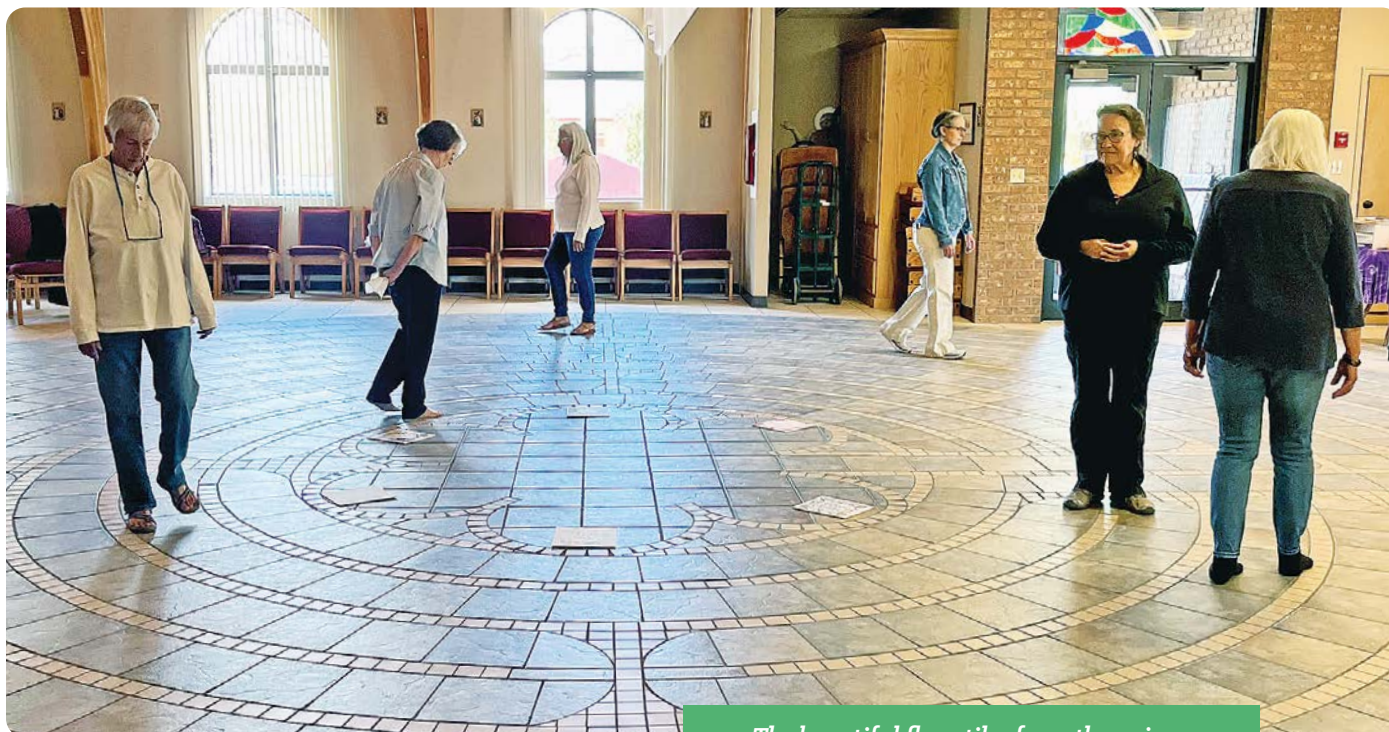
Stein said, "The idea of this was for everyone to walk at 1:00 pm as one for world peace."

Before the walk, Anne Stein, the labyrinth facilitator, shared some history about the labyrinth. "We know that labyrinths have been used with many different cultures, including Native Americans. We particularly started seeing labyrinths showing up on buildings in Greece, on coins, then the Romans adopted them from Greece. The biggest change for us is when the Christians adopted it about 1,000 A.D. and started walking around it," she explained.

She then shared the difference between a maze and a labyrinth. "A maze has many branches and lots of ends. It's kind of a parlor game, if you will. It's built to confuse and confound. The labyrinth, on the other hand, is set up so as long as you follow the path, you will get to the center. Once you get to the center, you can follow the path back and you will get to the end, where you started. It's built for clarity and for walking meditation."

She then explained that for many people, that sitting meditation doesn't work well. That the human

# The Episcopal Church invited all to participate in World Labyrinth Day

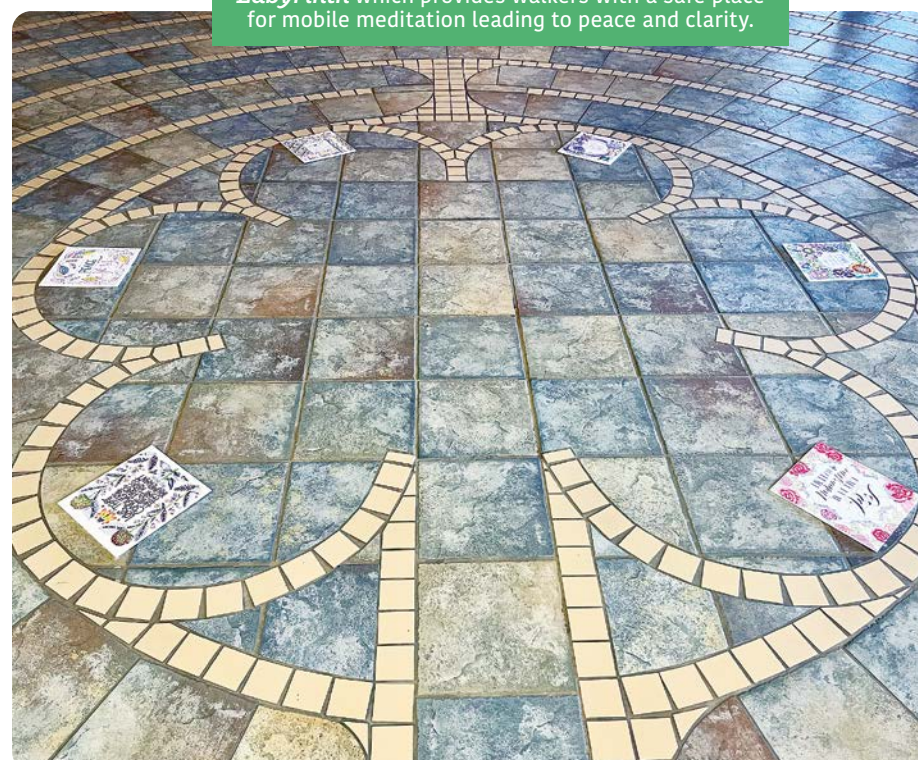


The beautiful floor tiles form the unique Labyrinth which provides walkers with a safe place for mobile meditation leading to peace and clarity.

body is not made to sit, at least for long. The labyrinth is meant to keep the body and mind moving. That for some, it takes 45 minutes to walk, others take longer, others complete it quicker, but everyone who walks it goes in and finds clarity and time to ponder their thoughts.

When you look at the labyrinth, you will notice that there are many twists and turns. As you walk these twists and turns, most find that it keeps your mind meditating. That those twists and turns serve as a metaphor for life. Not all paths are straight. Some are windy. Others come to an end and start again. And some paths are even blocked and you must find a way to work around those blockades.

No matter what your walk on the labyrinth looks like, no matter how long it takes, you will find that by the end that you may feel more clarity, more peace, and more united with both yourself and others.



## faith

# An attitude of gratitude, forgiveness has benefits (Part 4)

by Edy Meredith

FOR IRON COUNTY TODAY

The University of Pennsylvania (founded November 14, 1740, by our one of our revered and creative American founders Benjamin Franklin) has started a new study program in awarding a Master of Applied Positive Psychology. They advertise it as the first in the world and that their university is always ahead “of the curve” or greater, better, and more advanced than other comparable institutions of learning. The encouragement of positive thinking has reached and taught this 280-year-old organization that mental and emotional health needs to focus on optimistic and constructive results.

Even the Mayo Clinic, founded around 1864 one-hundred years later than UPenn, is now promoting adult mental health that focuses on healthier relationships, reduction of anxiety, stress, and hostility leading to fewer symptoms of depression, lower blood pressure, a stronger immune system, with improved heart health, and self-reflection

that promotes forgiveness for others and for the self. Forgiveness, as a commitment to change, can improve one’s life and one’s relationships with others. The Mayo Clinic states that forgiveness is the dominant factor in improving one’s life because it requires a person to honestly evaluate and assess what wrongs a person is holding against another, and which are holding oneself back from experiencing emotional freedom in the joyous process of life, emotional growth, and maturing.

Some might say that this all sounds like fuzzy thinking, sounding good but not firm, strong, valid, or solid. However, before jumping to that conclusion, please take this additional scientific information into consideration. In The Epoch Times (Epoch Health January 23, 2023) the reason why some people don’t get infected with predominant viruses could be the influence of happiness. Scientific research on immunity finds that “Positive thinking promotes antiviral immunity.” As is well known, human emotions, thoughts, and mental states do affect our health and have material and physical effects. “They can affect essential aspects of our biochemistry, from hormone

production to our perception of pain.” Both positive and negative emotions are manifest physically, and at their worst can cause illness or at their best can promote antiviral immunity and antibody production. In other words, emphasize your positive reactions and reduce your negative responses.

Forgive a neighbor any trespasses. Even though anger can be righteous as we perceive sinful actions of others, when we let our anger harden into resentment, it can become a poison in our own mind and body that can block freedom and grace (unmerited love) from flowing through our own life and prevent our body from producing the antibodies we need to stay physically, mentally, emotionally healthy, and happy. Choose forgiveness and the joyful happiness it brings. Watch more peaceful sunrises and sunsets. Fill your emotional gas tank with love and joy, not with world weariness. Our life here is just a moment in eternity. Treat yourself and others with loving forgiveness. Some revered teachers have taught that our responses to life experiences here and now will determine our eternal destiny. Next week, we will continue our pursuit of love, happiness, and joy.

## Are we there yet?

With summer vacation quickly approaching, you may already be planning an adventurous road trip. While snacks, fuel and vehicle maintenance are a must, here are a few other bare necessities to help you bear the journey with joy and help keep your road trips from becoming rude trips.

If you’ve been on road trips before, you’re familiar with iconic phrases everyone experiences, whether in the front seat or the back. One of the most familiar is, “Are we there yet?” On our individual journeys in life, we each have ideals and ideas of what our best road trip looks like. While there are plenty of opportunities in between mile markers to wonder if we’re there yet, there is another familiar phrase, “Why aren’t we there yet?”

One desired (but delayed) destination and question may be, “Why don’t I have that spouse and family yet?” After all, you’ve been driving in the right direction faithfully for many miles without any

signs you’re getting closer. Sure, you’ve broke down here and there and been distracted by detours but you’re still striving to stay on the straight and narrow. Or, maybe your wondering is about why your health (or wealth) hasn’t improved? Don’t focus on your apparent failures, keep going and doing the best you can (Galatians 6:9). Keep trusting in

especially when you see other people who have “arrived” and are enjoying things you’ve been praying forever for. Don’t compare and despair. Everyone has their own needs and speeds. It’s not about the velocity but the vector of your journey. Keep trekking and trusting God to prepare and provide (Psalm 37:1-7).

There are also moments and miles when many of us are wondering how much longer we must (can) endure before we can start enjoying. No matter your destination or how many snacks and games you have, or even the sightseeing, it’s not as much fun if you’re always alone. Yes, sometimes alone is good

but when you’re with good people, anything becomes more enjoyable. So, as we share the road, remember that relationships are crucial to our individual crucibles. We need each other! Not so they can reprimand us as much as remind us that we’re not alone, and that we don’t have to do it all alone.

Today, if you are wandering and wondering, “Am I there yet?” know that even if you feel miles away, God is with you and will help you reach your divine destination (Psalm 16).



God as your Divine Navigator (Romans 8:25) to get you to where (and when) you need to be (Psalm. 46:10).

Ultimately, the journey of life isn’t about the miles as much as the smiles. Yes, there are plenty of frowns, but life isn’t about arriving as much as it is about becoming. Don’t let worry deter and detour you if you’re not there yet (Philippians 4:6). Enjoy the moments you do have, endure the bad ones, and don’t give up. I know it’s easier said than done,

## VERSE OF THE WEEK

### LUKE 2:51

*“And his mother treasured up all these things in her heart.”*

While the context for this Biblical verse is incomplete—this was spoken after Jesus’ mother and father were worried when he went “missing” and were anxiously searching for him—individually it has significant meaning for mothers. What do you treasure in your heart about your children? Yes, there are missteps, mistakes, worries and anxieties (from and for both parents and posterity). Do not let them prevail and prevent you from enjoying and creating good moments.

# DOUBLING UP

## Cedar takes two from Pine View

by Tom Zulewski

IRON COUNTY TODAY

Taislee Arehart and Hayley Ennis had three hits apiece, and Cedar scored in every inning on the way to a 12-2 victory over the Pine View Panthers on May 5. Pitcher Sadie Parson allowed only five hits and two runs to the Panthers as the Reds finished the regular season 6-6 in Region 10, 11-13 overall. Shaylee Johnson added a solo home run and scored three times for Cedar, who pulled away with the help of a six-run fourth inning to give the seniors a win for the Senior Day finale.

Cedar started the two-game series with a 10-run fifth inning that helped them come from behind to beat Pine View on May 2, 18-8. Parson and Haylee Campbell hit home runs, and the Reds pounded out 22 hits to earn the victory. The game went the full distance of seven innings, and Cedar completed the scoring with four runs in the top of the seventh.



**CHS Senior Lexus Ludlow helped the Reds reign** over the Panthers with great plays from the 1st base and at the plate.

PHOTOS BY COREY BAUMGARTNER



The Reds went out of the region for a game at Enterprise on May 1, and the Wolves scored a run in the bottom of the seventh inning to hold on for a 6-5 victory. Cedar had wiped out a 5-1 deficit by scoring four runs in the top of the fifth.

The Reds were waiting for their opponent as of press deadline, but they will open the 4A state playoffs in the best-of-3 Super Regional on May 12. A single game will be played at the home of the higher seed starting at 4 p.m., and the second game will be played May 13 at 11 a.m. A second game will follow if necessary.

# Topham throws shutout, Falcons beat Eagle

by Tom Zulewski

IRON COUNTY TODAY

When Canyon View and Juan Diego faced each other in the 3A state playoffs one year ago, baseballs were flying out of the yard and scoring was plentiful. In the rematch played May 6, Myles Topham made sure the Soaring Eagle bats stayed quiet and the Falcons were able to earn a satisfying win.

Topham threw a complete game two-hitter and Hutson Slack's bases-clearing double highlighted a five-run third inning as Canyon View shut out Juan Diego, 7-0, to stay in the championship bracket. A transfer from Cedar, the senior struck out 11, walked two, and allowed only one runner to reach second base.

"Over the last couple of weeks, Myles has really figured some things out," Canyon View head coach Jason Jacobsen said. "We challenged him to be better, and he had command of all of his pitches

*"When you have command of three pitches, you'll be pretty tough to hit."*

**Jason Jacobsen, Canyon View head coach**

today. When you have command of three pitches, you'll be pretty tough to hit."

Topham got all the cushion he would need from the Falcons in the third when two batters reached on errors from the Eagle to drive in one run, Bubba Ludlow singled to score another, and Hutson Slack's big hit stretched the lead to 5-0.

CV did its last bit of work to end the day for JD starter Malik Harris in the fourth when senior Trey Jacobsen came through with a check-swing two-run single to put the margin at its peak. Topham did the rest, getting a pair of called third strikes to quash one threat and ending the game with his 11th and final strikeout.

"It looked like a changeup, so I was out in front," Trey said. "I sat back on it, it got us two runs and helped us earn an insanely good victory."

With their 20th win of the year, Canyon View faced Region 12 champ Carbon in a quarterfinal game played Thursday at Kearns that starts at 7 p.m.

CV started the playoff day with a 14-7 victory over the Providence Hall Patriots, scoring five runs

see **FALCONS** » 30

# Reds finish season with win

by Tom Zulewski

IRON COUNTY TODAY

Jacob Boyer had three hits and Koden Lunt added a two-run double as Cedar defeated the Pine View Panthers, 10-1, on May 5. The Reds broke the game open with six runs in the fourth inning, and Jaxon Burgess threw a complete game, allowing only four hits with one walk and five strikeouts.

in the top of the sixth, but the Reds matched it with a run in the bottom of the frame to complete the scoring.

The Panthers won the opening game of the series on May 2, breaking a tie with two runs in the fourth and fifth innings to beat Cedar, 5-1. Nash Schroeder held the Reds to a run on four hits over 6  $\frac{2}{3}$  innings to earn the victory, adding nine strikeouts in the effort.

In the opening round of the 4A soccer playoffs, No. 9 seed Cedar fell to the Dixie Flyers, 7-2 on May 3 at Walt Brooks Stadium. Facing Dixie for the second time in eight days, the Reds were able to strike first with a goal from Tylen Murray, but Hayes Thompson helped the Flyers take off by scoring twice in a minute. Thompson would add two more goals before halftime as Dixie took a 5-2 lead at the break.



**With a timely blast, Cedar's Krew Giles beats the ball to the bag and sets the Reds up for a scoring play.**

COREY BAUMGARTNER

Colter Bunnell and Quaid Mackert drove in two runs each for Cedar, who finished with 10 hits and closed the regular season with three wins in its last four games.

Pine View broke up Burgess' shutout bid with its only run

Lunt drove in Cedar's only run in the third with a double. The Reds finished the season fifth in Region 10 with a 3-9 record and will start the 3A playoffs May 11 on the road with the best-of-3 Super Regional.

After a 30-minute delay for lightning, the game resumed and the Flyers added two more goals to put an end to Cedar's season. Carden Murray scored the other goal for the Reds, who finished with a 7-10 overall record.

## FALCONS

« CONTINUED FROM PAGE 29

in the first inning and adding six in the third. The visitors – who advanced after a 12-2 play-in victory over South Summit the day before – had a trio of two-run innings to stay close, but the Falcons added three big insurance runs in the bottom of the sixth to secure the victory.

Canyon View finished the regular season on May 1 with a 2-0 road loss at Enterprise. The Wolves scored both runs in the fifth inning and held the Falcons to three hits.

In the softball playoffs, Saige Hancock and Jayda Gleave hit back-to-back home runs and CV got off to a fast start and shut out the Juab Wasps, 11-0 in six innings. Maddie Fuller hit an inside-the-park grand slam in the first inning before Hancock and Gleave did their work in the fourth.

“With doing what we did today and being each other’s teammate, I have no doubt we can make a run. One hundred percent,” said Gleave, who went 4-for-4 at the plate and scored three runs.

The Falcons were able to end the game early by scoring five times in the bottom of the sixth as they improved to 21-5 on the season.

“We had some dry spells at the plate, but our defense held up really well,” CV head coach Hailee McDonald said.

The Falcons will play in the championship bracket against the Morgan Trojans on Thursday at the Spanish Fork Softball Complex starting at 12:15 p.m. Morgan advanced after a 14-9 win over Ogden.

In the 3A soccer playoffs, Canyon View saw its season come to an end in the opening round May 3 after a 2-0 road loss to Region 12 foe Carbon. The Dinos scored both goals in the first half to advance, and CV’s season ended with a 5-8 overall record.

## PREP SCOREBOARD

## SCORES

## Region 10 Baseball

- 5/2 Pine View 5, Cedar 1  
Crimson Cliffs 10, Hurricane 0  
Dixie 7, Desert Hills 2
- 5/5 Cedar 10, Pine View 1  
Crimson Cliffs 14, Hurricane 6  
Desert Hills 8, Dixie 4

## Region 12 Baseball

- 5/1 Grand 16, North Sevier 6  
Union 6, Carbon 2
- 5/2 Enterprise 2, Canyon View 0
- 5/5 **3A PLAYOFFS, FIRST ROUND**  
Grand 8, Judge Memorial 6  
North Sanpete 3, Morgan 1  
Providence Hall 12, S. Summit 2  
Am. Leadership 7, Ben Lomond 1
- 5/6 Cyn. View 14, Providence Hall 7  
Juan Diego 12, Richfield 2  
Juab 12, Grand 1  
Emery 2, Summit Academy 1  
Carbon 16, North Sanpete 1  
Grantsville 4, Ogden 0  
Manti 12, Am. Leadership 1  
Union 10, Delta 8
- 3A PLAYOFFS, SECOND ROUND**  
Canyon View 7, Juan Diego 0  
Carbon 9, Grantsville 0  
Manti 13, Union 5  
Juab 5, Emery 2
- ONE-LOSS BRACKET**  
Ogden 6, North Sanpete 3  
Summit Academy 8, Grand 6  
Richfield 10, Providence Hall 0  
Am. Leadership 15, Delta 7
- 5/9 **ONE-LOSS BRACKET**  
Grantsville at Summit Academy  
Am. Leadership at Juan Diego  
Richfield at Union  
Emery at Ogden
- 5/11 **CHAMPIONSHIP BRACKET**  
At Kearns  
Canyon View vs. Carbon  
Manti vs. Juab

## 2A West Baseball

- 5/1 Kanab 20-19, Water Canyon 2-0
- 5/2 Virgin Valley 9, Parowan 2  
Enterprise 2, Canyon View 0  
Delta 9, Millard 3
- 5/6 **2A PLAYOFFS, FIRST ROUND**  
At South Sevier  
Parowan 5, Millard 3  
South Sevier 22, Parowan 2  
At Enterprise  
Milford 9, Gunnison 4  
Enterprise 4, Milford 0  
At Duchesne  
Duchesne 20, Water Canyon 4  
Kanab 8, North Sevier 0  
Kanab 1, Duchesne 0  
At Beaver  
Beaver 11, North Summit 1  
San Juan 12, Monticello 0  
Beaver 10, San Juan 3
- ONE-LOSS BRACKET**  
North Summit 14, Monticello 2  
North Sevier 19, Water Cyn. 4
- 5/9 **ONE-LOSS BRACKET**  
Parowan at Gunnison  
Milford at Millard  
North Summit at Duchesne  
North Sevier at San Juan

- 5/11 **2A PLAYOFFS, CHAMPIONSHIP BRACKET**  
At BYU  
South Sevier vs. Beaver  
Enterprise vs. Kanab

## Region 10 Softball

- 5/1 Enterprise 6, Cedar 5  
Pine View 6, Beaver 3
- 5/2 Cedar 18, Pine View 8  
Desert Hills 16, Dixie 0  
Crimson Cliffs 13, Hurricane 8
- 5/5 Cedar 12, Pine View 2  
Crimson Cliffs 6, Hurricane 3  
Desert Hills 17, Dixie 0

## Region 12 Softball

- 5/1 Richfield 3, S. Sevier 2, 8 ins.
- 5/2 Carbon 9, Union 3  
Richfield 7, Piute 6
- 5/6 **3A PLAYOFFS, FIRST ROUND**  
At Canyon View  
Juab 17, Judge Memorial 3  
Canyon View 11, Juab 0  
Morgan 14, Ogden 9  
At Grantsville  
Ben Lomond 14, Delta 13  
Grantsville 21, Ben Lomond 0  
South Summit 8, Emery 5  
At North Sanpete  
Richfield 17, Summit Acad. 2  
North Sanpete 10, Richfield 0  
Union 10, Juan Diego 0  
At Carbon  
Carbon 18, Am. Leadership 3  
Manti 14, Providence Hall 8
- ONE-LOSS BRACKET**  
Emery 15, Ben Lomond 0  
Providence Hall 10, Am. Lead. 0  
Juan Diego 14, Richfield 12  
Juab 14, Ogden 10
- 5/11 **3A PLAYOFFS, QUARTERFINALS**  
At Spanish Fork  
Canyon View vs. Morgan  
North Sanpete vs. Union  
Carbon vs. Manti  
Grantsville vs. South Summit
- ONE-LOSS BRACKET**  
Teams TBD

## 2A South Softball

- 5/1 Duchesne 4, Parowan 2  
Enterprise 6, Cedar 5  
Pine View 6, Beaver 3  
Millard 23, Panguitch 1
- 5/2 Millard 15, Parowan 13  
Milford 15, Panguitch 4
- 5/6 **2A PLAYOFFS, FIRST ROUND**  
At Parowan  
Parowan 16, Piute 0  
Beaver 15, Altamont 0  
At Enterprise  
Kanab 15, Rowland Hall 0  
Enterprise 15, Kanab 0  
Millard 8, North Summit 3  
At Duchesne  
Monticello 24, Wayne 13  
Duchesne 27, Monticello 0  
Gunnison 16, Milford 6  
At San Juan  
San Juan 15, Panguitch 0  
South Sevier 14, North Sevier 2
- ONE-LOSS BRACKET**  
Kanab 12, North Summit 5  
Piute 16, Altamont 1  
North Sevier 20, Panguitch 5  
Milford 15, Monticello 0

- 5/11 **2A PLAYOFFS, QUARTERFINALS**  
At Spanish Fork  
Parowan vs. Beaver  
Enterprise vs. Millard  
San Juan vs. South Sevier  
Duchesne vs. Gunnison
- ONE-LOSS BRACKET**  
Teams TBD

## Region 10 Boys Soccer

- 5/3 **4A PLAYOFFS, FIRST ROUND**  
Dixie 7, Cedar 2  
Desert Hills 5, Hurricane 1  
Ridgeline 3, Bear River 0  
Green Canyon 8, Pine View 0  
Mountain Crest 3, Logan 1  
Sky View 2, Snow Canyon 1
- 5/6 **4A PLAYOFFS, QUARTERFINALS**  
Dixie 2, Layton Christian 1  
Green Canyon 1, Ridgeline 0  
Crimson Cliffs 4, Sky View 2  
Mtn. Crest 3, Desert Hills 1
- 5/11 **4A PLAYOFFS, SEMIFINALS**  
At Zions Bank Stadium  
Dixie vs. Green Canyon  
Crimson Cliffs vs. Mtn. Crest

## Region 12 Boys Soccer

- 5/3 **3A PLAYOFFS, SECOND ROUND**  
Carbon 2, Canyon View 0  
Ogden 8, Providence Hall 0  
Judge Memorial 5, Emery 0  
Morgan 9, Richfield 0  
Juan Diego 9, Grantsville 0  
Delta 3, Ben Lomond 0  
Manti 8, Grand 0  
Juab 4, Am. Leadership 0
- 5/6 **3A PLAYOFFS, QUARTERFINALS**  
Ogden 3, Judge Memorial 2, OT  
Juan Diego 2, Delta 0  
Morgan 5, Carbon 1  
Manti 1, Juab 0
- 5/10 **3A PLAYOFFS, SEMIFINALS**  
At Zions Bank Stadium  
Ogden vs. Morgan  
Juan Diego vs. Manti

## 2A South Boys Soccer

- 5/3 **2A PLAYOFFS, SECOND ROUND**  
Wasatch Acad. 3, Parowan 2  
St. Joseph 15, Freedom Prep 0  
Rowland Hall 5, Merit Prep 0  
American Heritage 1, Millard 0  
Maeser Prep 5, Draper APA 1  
APA West Valley 6,  
Intermountain Christian 1  
Gunnison 8, South Sevier 0  
Waterford 1, Beaver 0
- 5/6 **2A PLAYOFFS, QUARTERFINALS**  
St. Joseph 12, Wasatch Acad. 2  
Maeser Prep 6, APA W. Valley 1  
Amer. Heritage 2, Rowland Hall 1  
Waterford 2, Gunnison 1
- 5/10 **2A PLAYOFFS, SEMIFINALS**  
At Zions Bank Stadium  
St. Joseph vs. Amer. Heritage  
Waterford vs. Maeser Prep

## STANDINGS

## RPI RANKINGS IN PARENTHESES

## Region 10 Baseball

	REGION	OVERALL
Crimson Cliffs (2)	11-1	21-3
Snow Canyon (1)	10-2	20-4
Dixie (3)	8-4	17-7

Desert Hills (5)	6-6	13-11
Cedar (12)	3-9	4-20
Hurricane (10)	2-10	6-12
Pine View (9)	2-10	5-15

## Region 12 Baseball

	REGION	OVERALL
Carbon (2)	11-1	17-5
Canyon View (3)	9-3	20-7
Emery (8)	5-7	12-13
Richfield (11)	4-8	9-13
Grand (16)	1-11	6-18

## 2A West Baseball

	REGION	OVERALL
Enterprise (2)	10-1	18-4
Beaver (4)	9-3	16-6
Kanab (6)	7-3	13-7
Millard (8)	5-7	10-12
Milford (10)	4-8	7-12
Parowan (9)	2-8	6-13

## Region 10 Softball

	REGION	OVERALL
Desert Hills (3)	11-1	18-5
Snow Canyon (4)	11-1	19-9
Crimson Cliffs (6)	8-4	12-7
Cedar (7)	6-6	11-13
Hurricane (9)	4-8	10-10
Pine View (13)	1-11	6-16
Dixie (12)	1-11	5-17

## Region 12 Softball

	REGION	OVERALL
Carbon (4)	8-0	16-6
Canyon View (2)	6-2	21-5
Emery (8)	4-4	12-11
Richfield (14)	1-6	10-13

## 2A South Softball

	REGION	OVERALL
Enterprise (1)	12-0	23-6
Beaver (5)	10-4	14-9
Parowan (4)	9-4	13-9
Millard (9)	8-5	9-11
Milford (10)	6-7	9-10
Panguitch (14) 3-10	5-15	
Kanab (16)	1-11	4-17

## Region 10 Boys Soccer

	REGION	OVERALL
Crimson Cliffs (2)	10-2	13-3
Desert Hills (3)	10-2	12-4
Dixie (8)	7-5	10-7
Snow Canyon (10)	7-5	7-9
Cedar (9)	7-5	7-10
Pine View (12)	1-11	3-13
Hurricane (14)	1-11	1-13

## Region 12 Boys Soccer

	REGION	OVERALL
Carbon (5)	6-2	9-3
Emery (9)	6-2	6-6
Canyon View (12)	3-5	5-8
Richfield (13)	3-5	7-9
Grand (14)	2-6	6-8

## 2A South Boys Soccer

	REGION	OVERALL
Gunnison (2)	12-0	14-1
Beaver (6)	8-4	8-6
Parowan (8)	8-4	8-6
South Sevier (14)	5-6	6-8
Millard (12)	5-7	5-8
San Juan (18)	3-9	3-11

# Big inning carries Rams softball in 2A playoffs

by Tom Zulewski

IRON COUNTY TODAY

Saydee Jensen and Katlynn Matheson hit home runs, and the Parowan softball team scored 10 runs in the first inning to help beat the Piute Thunderbirds, 16-0 in three innings, in the first round of the 2A state playoffs May 6. The Rams (13-9) added three runs in the second and third innings, and winning pitcher Madison Adams didn't allow a hit, walking one and striking out seven.

It was an important boost for Parowan, who closed the regular season with a pair of losses. On May 1, Duchesne rallied with three runs in

the top of the seventh inning to beat the Rams, 4-2 in a tournament game played at Maple Mountain. Jensen had three hits, including two doubles, for Parowan. They scored both runs in the second inning and held a 2-1 lead until the Eagles' big inning.

On May 2, Millard scored five runs in the fifth inning and held on late for a 15-13 victory over Parowan that finished the regular season. Jensen and Taylen Yardley drove in four runs each for the Rams in the loss.

Parowan will play region rival Beaver today in a 2A quarterfinal game at the Spanish Fork Softball Complex starting at 12:15 p.m.

On the baseball diamond,

Parowan split two games in the opening rounds of the 2A playoffs. The Rams started with a 5-3 win over the Millard Eagles on May 6 behind two hits apiece from Cooper Townsend, Matt Townsend and Hunter Johnson. Johnson drove in three runs for the Rams on a pair of doubles in the victory.

They went on to face the top-seed South Sevier Rams later in the day and the hosts did all of their scoring in the first three innings on the way to a convincing 22-2 rout that knocked Parowan down to the one-loss bracket. South Sevier scored 10 runs in the first, then added six-run innings in the second and third to

cruise to the win.

The Rams, who are seeded ninth, traveled to Gunnison to face the Bulldogs on Tuesday in a game that was too late for press deadline. A win would preserve Parowan's season, and they would play another elimination game today at BYU starting at 11 a.m.

In the 2A soccer playoffs, Parowan was eliminated in the second round after a 3-2 loss at home to Wasatch Academy on May 3. The visiting Tigers took a 2-0 lead at halftime, but needed a second-half goal to secure the victory as the Rams rallied.

Parowan finished its soccer season with an 8-7 overall record.

# Gerardi earns spot at Kansas City Chiefs rookie mini-camp

by Regan Hunsaker

ASSISTANT AD, SUU SPORTS INFORMATION

**CEDAR CITY** — Former Southern Utah punter and kicker Jake Gerardi is getting a shot to prove himself to an NFL team. The SUU graduate from Oceanside California has been invited to rookie mini-camp with the Kansas City Chiefs.

Gerardi said of the opportunity to try out for a spot with the Chiefs, "It's truly an honor to get an invite. It's what most, if not every college kid dreams of. I am really thankful to the Chiefs because they are giving me a shot just like Southern Utah did and I hope to have a similar outcome as I had at Southern Utah."

Gerardi was a difference-maker on the field for the Thunderbirds last season. In the fall of 2022, he punted 53 times for 2550 yards. With great skill, Gerardi placed 19 punts inside the 20-yard line and booted 21 punts of over 50 yards. During the season he set and tied his career-long punt of 73 yards against Tarleton State and Stephen F. Austin.

Gerardi paced the WAC and the FCS with a 48.0 yards per punt average over 53 attempts. He had four punts this year that traveled more than 70 yards. Gerardi also served as the primary kickoff specialist for the Thunderbirds. He registered a touch-back on exactly half of his kickoffs, 31-of-62.

Gerardi was named First Team All-WAC and made the Bluebloods First Team



**Precision punter Jake Gerardi**, formerly of SUU, is getting the chance of a lifetime to try out for the Kansas City Chiefs.

All-WAC list. He also earned the distinction of WAC Special Teams Player of the Year for the 2022 season. In a rare feat, Gerardi, a special teams player, was honored by his SUU teammates as the team MVP for the year.

Gerardi's accolades extend beyond the conference as he was named to four different All-America teams. He was named to the 2022 Walter Camp Football Championship Subdivision All-America Team along with the AFCA All-America First Team. Gerardi's impact was recognized by the Associated Press when he was named to the 2022 FCS AP All-America First Team. Finally, Gerardi was recognized by the Division I Football Championship Subdivision Athletics Directors Association as a 2022 FCS ADA All-American.

The Chiefs will hold their rookie mini-camp from Friday, June 5 through Sunday, June 8. Rookies get a chance to get to know the coaching staff during this period before the veterans get into the building. The camp will give them a chance to find out what they have missed in the offseason program to this point and allows them to acclimate to life in the NFL.

For all the latest on Southern Utah football, follow @SUUFB\_ on Twitter, @SUUFB on Instagram, and like the Southern Utah Football Facebook page.

SUU ATHLETICS

# Local Track & Field athletes compete at BYU Invitational



**Clockwise)** McCoy Smith (CHS) 6th in Boys 4A-6A 300 Meter Hurdles (39.29). Kiara Hansen (CHS) 4th in Girls 4A-6A Shotput (37' 9.5"). Quincy Esplin (CHS) 1st in Girls 4A-6A Discus (132' 7.25"). Brentlee Mineer (PHS) 4th in Girls 1A-3A 100 Meter Hurdles (15.38).



# Falcon baseball makes playoff blonde a thing

**A**s if there wasn't enough intrigue with Canyon View baseball's 3A playoff rematch against Juan Diego on May 6, winning pitcher Myles Topham pointed out his teammates and something unique everyone did to get ready for the postseason run.

They all dyed their hair blonde. Some looked like platinum blonde, others had a beach-blonde look, but they all had one united purpose in mind. It's all about winning the big trophy at Kearns High this weekend, and after what we witnessed from the Falcons against the Soaring Eagle, it won't be the least bit surprising if they reach Saturday and play for the championship for the first time since 2010.

NHL teams in the playoffs wear beards. What CV is doing here is an excellent alternative, and it's clear right now they seem to be having the most fun.

The softball team, playing in their first year with Hailee McDonald as head coach, is on a similar path. They shut down Juab and McDonald said in her postgame interview the team can definitely do more at the plate. The opening win over Juab was played with a stiff wind pushing the ball out to right-center field, and the Falcons only hit two home runs.

With both baseball and softball at the 20-win plateau heading into this week's play, it'll pose an interesting travel dilemma – and probably a lot of text messages – if both teams can reach their respective championship rounds.

CV softball last reached Saturday at the state tournament in 2014 and hasn't played for a title since winning the big trophy in 2006. They'll be playing in Spanish Fork starting today.

**As I was driving around last Friday,** I checked in on the high-school baseball games that were being played in the evening for Region 10. Our two sports radio stations – The Fan Sports Network and ESPN 97.7 – do the best they can to present the best games for the listening audience, but what happened on this day can only be described as weird.

Dixie was hosting Desert Hills in the regular-season finale, and Crimson Cliffs could have clinched the region title with a road win at Hurricane. When I tuned in

to The Fan (95.3 FM in St. George or 93.1 in Cedar City), I got the Flyers-Thunder game.

That was all well and good, but when I checked in with 97.7 FM (they don't have a working signal anywhere on the dial when you get past Toquerville), that station was at Desert Hills calling the same game.

I have one glaring, obvious question. With the Mustangs still needing a win to clinch the Region 10 title outright, why did both radio stations elect to broadcast the other game? Yeah, Crimson won easily, but they clinched a region crown because of it. It's too bad no one got to hear or see it anywhere.

## **The RPI needs some major tweaking**

after what could only be described as a very strange development. In the 4A soccer bracket, Cedar had a No. 8 ranking heading into the final week of the regular season. They headed to the playoffs on a high note after upsetting Region 10 co-champion

Desert Hills in a 1-0 win at home April 28.

You would logically think the Reds would have earned the right to host a first-round playoff game last week after it beat both of the region champions – two of the seven wins they had on the season – but the algorithm only sneered at you with disdain.

When the rankings came out for the playoffs, Cedar was knocked down a notch to No. 9. Dixie also fell a spot to No. 8, but the Flyers were the ones who got to stay home and face the Reds for the second time in eight days. After winning 3-2 on April 25, Dixie got goals in quick succession and routed Cedar, 7-2 to end the Reds' season.

All you can do is shake your head at a system that clearly has issues, but the players know you still need to play to win the game, no matter where it is.

Follow Tom Zulewski on Twitter @TommyZee81 or email [tominator19@yahoo.com](mailto:tominator19@yahoo.com).

## RANDOM thoughts

Tom Zulewski  
IRON COUNTY TODAY



# SUU women's basketball names Allyson Fasnacht associate head coach

by Regan Hunsaker

ASSISTANT AD, SUU SPORTS INFO.

**CEDAR CITY** — Southern Utah University women's basketball head coach Tracy Sanders has announced Allyson Fasnacht as the team's new associate head coach ahead of the 2023-24 season.

"I am so thrilled to have someone of Allyson's caliber join our women's basketball program," Sanders said. "She brings a wealth of experience in all aspects of coaching, recruiting, and skill development. Allyson is the definition of servant leadership, she has a tremendous ability to lead and enrich the life of every student-athlete she works with. Allyson has played and coached at a high level and understands what it takes to build and sustain success. I believe she will have an immediate positive influence on our program."

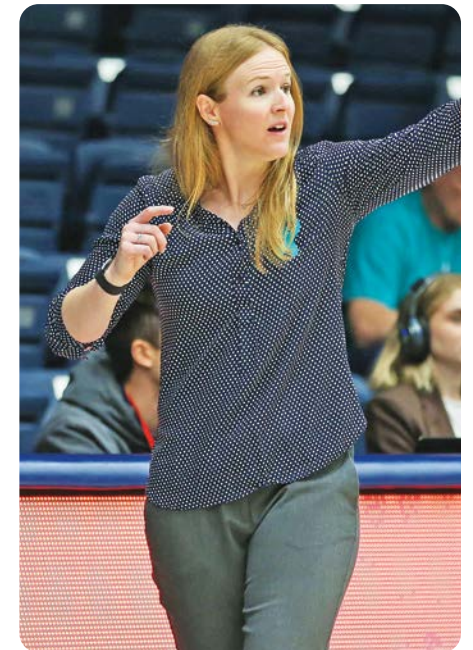
Fasnacht spent the past 12 years at Saint Mary's, serving her first eight years as an assistant coach before getting promoted to associate head coach in 2019. During this time, Sanders and Fasnacht served on the coaching staff together before Sanders was hired as the head coach of the Thunderbirds in 2018. Fasnacht was named Saint Mary's interim head coach for the 2022-23 season.

Fasnacht made an immediate impact with the Gaels, winning 20 or more games and reaching the postseason in each of her first eight seasons. Overall, SMC went 206-158 during Fasnacht's time with the program. Under Fasnacht's direction, seven play-

ers earned All-WCC Freshman Team honors and 18 earned All-WCC teams.

Fasnacht served as a graduate assistant coach for the Nevada women's basketball team from 2009-2011. Before attending Nevada as a graduate student, Fasnacht earned a position as an assistant coach at Furman University.

Before getting involved with coaching, Fasnacht played college basketball for Liberty



SUU ATHLETICS  
**Asst. Coach Fasnacht will bring a vast array of experience and expertise to help Coach Sanders and the Lady T-Birds excel next season.**

University from 2004-2008. Fasnacht helped lead the Flames to three Big South Tournament Championships and earned three trips to the NCAA Tournament, advancing to the Sweet 16 in 2005.

Fasnacht earned a bachelor's degree in 2007 in sports management from Liberty University and later graduated with a master's degree in educational leadership from Nevada.

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## legal notices

### NOTICE OF ELECTION

Enoch City will hold a 2023 municipal election to elect four-year terms for three (3) City Council members. The candidate filing period is during regular office hours (Monday through Friday from 8:00 am to 5:00 pm) June 1, 2023 through June 7, 2023. The City Recorder will be available for questions or assistance each filing day. A candidate filing a Declaration of Candidacy must file in person at the Enoch City Office, 900 E. Midvalley Road, Enoch UT and must meet the requirements of Utah Code Annotated Section §10-3-301. All candidates for election are subject to campaign financial statement disclosure regulations.

For more information call the Enoch City Office at 435-586-1119 or go to [www.cityofenoch.org](http://www.cityofenoch.org).

#### QUALIFICATIONS TO BE A MUNICIPAL CANDIDATE:

(Utah Code §10-3-301, Utah Code §20A-9-203)

- Registered voter in the municipality in which the individual is elected\*
- Must have resided within the municipality for which the candidate is seeking office for the 12 consecutive months immediately before the date of the election.
- Maintain a principal place of residence within the municipality.
- If the individual resides in a territory which was annexed into the municipality: must have resided within the annexed territory or the municipality the 12 consecutive months immediately before the date of the election.
- Pay filing fee, if one is required by municipal ordinance
- Not convicted of a felony, treason, or crime relating to elections\*\*
- Cannot have been declared mentally incompetent

\* Utah Code §20A-2-101 states: A registered voter (1) is a citizen of the United States; (2) is a resident of Utah; (3) will, on the date of that election, be at least 18 years old, (4) has been a resident of Utah for 30 days immediately before that election; (5) and is registered to vote.

\*\* Utah Code §20A-2-101.5 states: A person convicted of a felony loses the right to hold office until (1) all felony convictions have been expunged, OR (2) ten years have passed since the most recent felony conviction AND the person has paid all court-ordered restitution and fines AND the person has completed probation, been granted parole, or completed the term of incarceration associated with the felony.



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\* Per the direction and discretion of the Managing Editor



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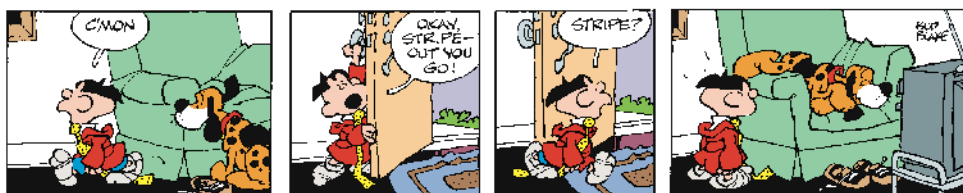
479 N 100 W, Ste. 1, Cedar City

by Dave T. Phipps



**TIGER**

by BUD BLAKE



The Spats

by Jeff Pickering



**Weekly SUDOKU**

by Linda Thistle

	9			3	5			
6			4					7
	8	6			1	2		
2	3		6					1
	5		7				8	
	4			9	2			
1			7					9
8		4		5	7			
	2			1	3			

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK:** ◆

◆ Moderate ◆◆ Challenging  
◆◆◆ HOO BOY!

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**HOCUS-FOCUS**

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Shade is missing; 2. Title is missing; 3. Lamp is moved; 4. Pillow is missing; 5. Switch is missing; 6. Fajamas are different.

**King Crossword**

**ACROSS**

- 1 Standard
- 4 Like custard
- 8 Jubilation
- 12 Candle count
- 13 Crib cry
- 14 Verdi opera
- 15 "Yellow" band
- 17 Zorro's marks
- 18 Teeny bit
- 19 Lincoln's coin
- 20 Long-limbed
- 22 Wild guess
- 24 "How sweet —!"
- 25 "Light My Fire" band
- 29 Rock's Brian
- 30 Berth places
- 31 Quick swim
- 32 "Jump" band
- 34 Greek cheese
- 35 Always
- 36 Gourmand
- 37 Task
- 40 Vivacity
- 41 Sci-fi prefix
- 42 "Jeremy" band
- 46 Privy to
- 47 Robust
- 48 Mine yield
- 49 Honey bunch?
- 50 Historic Scott
- 51 Evergreen type

1	2	3	4	5	6	7	8	9	10	11
12			13					14		
15		16						17		
		18					19			
20	21			22	23					
24				25				26	27	28
29			30					31		
32		33					34			
		35					36			
37	38	39				40				
41				42	43				44	45
46				47				48		
49				50				51		

**DOWN**

- 11 Relaxed
- 12 Lobbying org.
- 13 Previously
- 14 Seminary
- 15 study
- 16 Void
- 17 Fancy party
- 18 "Today" rival,
- 19 briefly
- 20 "Mine field"
- 21 Garden pavilion
- 22 Property claim
- 23 Genesis garden
- 24 Feet, slangily
- 25 Cushions
- 26 Schreiber
- 27 of "Ray Donovan"
- 28 Sicilian volcano
- 29 Transparent
- 30 Seabird
- 31 Scrabble piece
- 32 Schiller poem used by
- 33 Ceremony
- 34 Mast
- 35 Macadamize
- 36 Marsh birds
- 37 Flunk
- 38 Goofed
- 39 First bed
- 40 Sharpen
- 41 Slender woodwind
- 42 Hay bundle
- 43 Third degree?
- 44 Corn serving
- 45 Exist
- 46 Kitten's cry

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5	3	9	1	8	6	2	4	7
12	7	1	5	3	4	6	9	8
6	4	8	6	7	2	7	3	1
7	6	2	7	6	9	3	5	1
3	8	3	5	6	3	8	4	1
8	3	4	8	7	1	2	4	8
5	1	6	4	9	8	3	7	2
1	2	4	7	1	6	9	8	5
7	6	9	3	8	4	8	3	6
8	5	6	8	5	6	8	4	6

Answer

**Weekly SUDOKU**

W	E	L	L	E	S	D	R	E	D	Y	E
M	A	R	E	D	H	A	L	E	N	O	N
A	M	O	R	O	P	E	A	L	L	A	M
C	O	H	O	B	R	I	O	I	O	H	O
E	V	A	F	E	R	N	E	A	T	E	R
L	A	N	A	L	E	N	N	A	N	N	A
P	I	P	I	E	R	S	P	O	N	E	N
O	R	S	T	H	E	D	O	R	S	O	R
L	E	G	G	A	S	T	A	B	O	S	
N	N	N	P	E	N	N	A	I	O	T	A
V	A	G	E	M	A	M	A	V	I	D	A
E	S	Z	E	D	P	L	A	V	A	I	D
L	E	G	G	A	S	T	A	B	O	S	

Solution time: 26 mins.

Answers

**King Crossword**

1. "Finding Nemo" (Bruce the Shark); 2. Oscar the Grouch; 3. Algeria; 4. When someone's eyes are two different colors; 5. Hawaii and Arizona; 6. "A Time to Kill," by John Grisham; 7. Paella; 8. A leap of leopards; 9. Sparta and Athens; 10. AT&T.



1. MOVIES: Which animated movie includes the line, "Fish are friends, not food"?
2. TELEVISION: What is the name of the "Sesame Street" Muppet who lives in a trashcan?
3. GEOGRAPHY: What is the largest country geographically in Africa?
4. ANATOMY: What is complete heterochromia?
5. U.S. STATES: Which two states don't recognize Daylight Savings Time?
6. LITERATURE: Which best-selling novel (1989) is set in Clanton, Mississippi?
7. FOOD & DRINK: What is the national dish of Spain?
8. ANIMAL KINGDOM: What is a group of leopards called?
9. HISTORY: Which two Greek city-states fought the Peloponnesian War?
10. AD SLOGANS: Which company once urged customers to "reach out and touch someone" by telephone?

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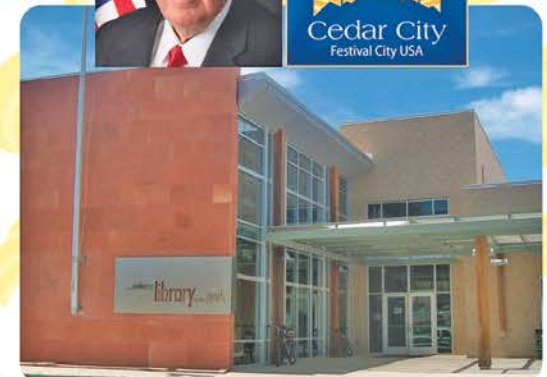
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## READING & FILM SCHEDULE

### May 13 (Saturday)

9:00 AM Charlotte's Web  
10:00 AM Pippi Longstocking  
11:00 AM Babe  
12:00 PM Matilda  
1:00 PM A Bear Called Paddington  
2:00 PM Nim's Island  
3:00 PM Mr. Popper's Penguins  
4:00 PM Hatchet

### June 8

9:00 AM Indian In The Cupboard  
10:00 AM The Witches  
11:00 AM Charlotte's Web  
12:00 PM The Mouse and The Motorcycle  
1:00 PM The Lion, The Witch, & The Wardrobe  
2:00 PM Freaky Friday  
3:00 PM Lion - A Long Way Home  
4:00 PM Hatchet

### July 13

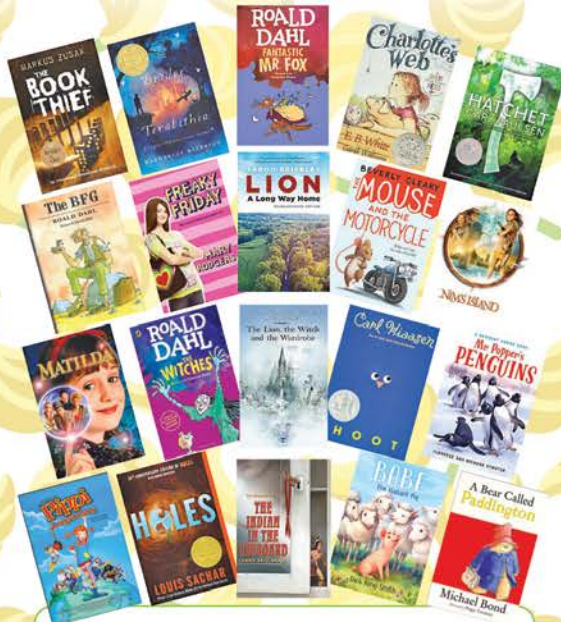
9:00 AM Babe  
10:00 AM A Bear Called Paddington  
11:00 AM The Indian In The Cupboard  
12:00 PM The Witches  
1:00 PM Lion - A Long Way Home  
2:00 PM Mr. Popper's Penguins  
3:00 PM Bridge to Terabithia  
4:00 PM Matilda

### August 10

9:00 AM BFG  
10:00 AM The Book Thief  
11:00 AM The Mouse and The Motorcycle  
12:00 PM The Lion, The Witch, & The Wardrobe  
1:00 PM Freaky Friday  
2:00 PM Holes  
3:00 PM Pippi Longstocking  
4:00 PM The Fantastic Mr. Fox

### September 9

9:00 AM Hatchet  
10:00 AM Hoot  
11:00 AM The Indian In The Cupboard  
12:00 PM The Witches  
1:00 PM The Mouse and The Motorcycle  
2:00 PM The Lion, The Witch, & The Wardrobe  
3:00 PM Lion - A Long Way Home  
4:00 PM Freaky Friday



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and enjoy a banana split, then...
3. Get another book.

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