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Complete contest details/rules & enter your photo at [IRONCOUNTYTODAY.COM](http://IRONCOUNTYTODAY.COM)

- 4 Opinion
- 9 Showcase
- 12 Life
- 24 Sports
- 31 Classifieds
- 32 Comics/Puzzles

**sports**

*Big innings carry Falcons to two victories over Reds*



IRON  
COUNTY

**today**

# HOW TO SAVE A LIFE



**Cedar City Hospital Administrator Eric Packer and Tony Henderson (Intermountain Life Flight Executive Officer)**

STORY ON PAGE 2

# Life Flight lands a home in Cedar City

by Corey Baumgartner

IRON COUNTY TODAY

On Monday morning, April 24, the Intermountain Cedar City Hospital welcomed on board its newest member of the team, a Life Flight Helicopter. While the Cedar City Hospital has provided lifesaving Life Flights for many years, there are logistical challenges. Previously in emergency situations, a Life Flight helicopter would be dispatched from the St. George Hospital to Cedar City to pick up a patient and then return

to St. George, usually a 24 minute flight—both ways.

24 minutes may not seem like a very long time, but to a patient in need of life-saving critical care, those minutes can make the difference between life and death. Thanks to the acquisition of their own Life Flight helicopter, the Intermountain Cedar City Hospital can now provide even faster critical care to Iron County and the surrounding areas. The helicopter and specially trained medical crew will be stationed at the Cedar City Hospital 24 hours a day, ready to save lives.



COREY BAUMGARTNER

Joined by Life Flight pilots, crew, hospital personnel and community leaders, Eric Packer and Tony Henderson officially cut the ribbon propelling Cedar City Hospital into the future.

*“Having another medical helicopter and flight team in Cedar City will fill a gap in the community that will significantly enhance our ability to save lives and better serve patients.”*

**Kent Johnson, director of aviation services for Intermountain Life Flight**

“The Cedar City and St. George area has grown immensely during the past ten years and we’ve found ourselves struggling to accommodate many of the emergent patient flight requests with a single base at Intermountain St. George Regional Hospital,” said Kent Johnson, director of aviation services for Intermountain Life Flight. “Having another medical helicopter and flight team in Cedar City will fill a gap in the community that will significantly enhance our ability to save lives and better serve patients.”

During a special ribbon-cutting, Cedar City Hospital Administrator Eric Packer was joined by hospital staff, community leaders and several crew members of the Life Flight team.

see **LIFE FLIGHT** » 4



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# Vision Iron County hosts informative tourism event

by Ruth Scovill

FOR IRON COUNTY TODAY

Vision Iron County (VIC) is a group sponsored by the Cedar City Chamber of Commerce with the purpose of helping people communicate by bringing people from different parts of the community together to talk about their ideas and their particular takes on subjects of importance to our region. The goal is to help leaders in the area to better plan, work together and guide our future by getting better perspectives of each other's goals and directions so that the community may be more united in the directions that we are going and make more powerful plans for the future.

The topic for the meeting held April 19th at the Courtyard by Marriott Hotel was Arts, Entertainment, & Tourism. The meeting was hosted by Crystal Rockwood.

David Busk of the Cedar City Department of Workforce Services and Aimee DiBrienza, Assistant Director of SUU's Adult of Workforce Education, gave the first spotlight. Busk profiled the employment prospects, average salaries, and job availability in entertainment and tourism in our area. DiBrienza talked about two newly available podcast programs at SUU which help train workers to be more effective. Pathway 1 prepares people to work in Computer Technology and Pathway 2 prepares people for the Hospitality and Tourism sector.

Danny Stewart, director for Cedar City and Iron County Economic Development, gave the second spotlight. He spoke about the Utah Inland Port Authority designating an inland

port to be built in the Iron Springs Road area, making it more efficient for area businesses to receive materials and ship their products, resulting in increased economic development. "With our regional airport, railways, and one day trucking to many areas, Cedar City is a tremendous transportation asset," he expressed.

Crystal Rockwood also mentioned that talks are underway with the Utah Passenger Rail Association to possibly

bring passenger trains from Provo to the Cedar City area within five years, boosting travel and tourism.

Crystal Rockwood also mentioned that talks are underway with the Utah Passenger Rail Association to possibly

bring passenger trains from Provo to the Cedar City area within five years, boosting travel and tourism.

than it is locally. Last year the festival received 2000 auditions for 50 roles. The challenge is to help local people understand what the festival is about and experience it for themselves.

Danny Strand, Dixie National Forest's New Partnership Coordinator, talked about the wide variety of outdoor recreation that is available in Iron County, from mountain biking, to hiking, horse trails, and snowmobiling. He wants to make sure that visitors

tourism dependent economy. Having a good attitude about it is as helpful as anything," he said.

Gary Dallman, Regional Director of Applebee's Corporation, talked about the work that has been done to the Diamond Z arena to add heating so that it can host winter events, which will bring a whole lot of people here in the winter months and we are happy to fund it.

Kaylee Pickering, Communications



Cedar City Chamber of Commerce President Chris McCormick presents the panel with questions about their role and vision for the future of tourism in Iron County.

COREY BAUMGARTNER

bring passenger trains from Provo to the Cedar City area within five years, boosting travel and tourism.

The final part of the meeting featured a panel discussion emceed by Chris McCormick of the Chamber of Commerce. Among highlights of the discussion:

Stewart Shelly, who is Associate Education Director of the Utah Shakespeare Festival spoke about the way that challenge and opportunity go hand in hand. He says that the festival is better known nationally

have information so they can recreate responsibly, have fun and be safe while doing so.

Jim Burgess, CEO of Safari Hospitality, explained how Iron County is benefiting from people transitioning to more local vacations. Cedar draws people with sporting events and tournaments. Cedar City has done a good job of promoting them and making them happen. He also talked about extending the season by figuring out things to do indoors to fill the offseason. "We are a

Specialist of Visit Cedar City and Brian Head of the Iron County Tourism Office, explained that we have had the need for a shifted tone in our marketing to include education. Everybody discovered the trails but weren't used to proper trail etiquette—such as leaving a camping site ready for whoever comes next. "We love that you have discovered the places that we love, but we need you to protect those so that they're not just destroyed before anyone else has a chance to discover them," she expressed.

## After injury, caution counseled for vehicle maintenance safety

from Lt. Dave Mitchell

IRON COUNTY SHERIFF'S OFFICE

Last week, Iron County Sheriff deputies responded to a medical call in the area of 6400 W Lund Highway. Initial information received said a forty-year-old man was working underneath his pickup truck when the lifting jack he was using gave way causing the truck

to fall on top of him.

At the time the vehicle fell, the man was in the seated position. The truck was lifted back up by several on-scene friends who witness the incident, and pulled the man out from beneath the vehicle before emergency personnel arrived on scene. It was reported the man was conscious and breathing, but in extreme pain with

possible chest injuries.

Multiple agencies responded to include Iron County Sheriff's deputies, Cedar City Fire department, and Cedar City Police Department. Gold Cross Ambulance medical personnel arrived and begun providing medical treatment. A decision was made to contact a medical helicopter for transport. AirLife Utah medical helicopter respond with

a seventeen-minute ETA.

While we don't have any current updates at this time on the condition of the injured man, we do want to advise anyone working underneath any vehicle that has been lifted up, to use the proper safety equipment (i.e. jack stands) to avoid personal injury if in the unfortunate event the vehicle lifting equipment fails.

## opinion

### FROM THE EDITOR

## May we have hope

As we say farewell to the month of April, we hope that the April showers (and snowstorms) will bring many May flowers. We hope that no matter what challenges the future brings to our Iron County communities that we will continue to yearn and learn how to work together and for each other. We also hope that those who will graduate today and in a month are ready to turn the page and continue writing their life stories, no matter where they go and who they become.



**COREY BAUMGARTNER**  
MANAGING EDITOR

Speaking of stories, we hope that this newspaper will continue to inform and inspire you as we strive to improve and reach your hearths and hearts each week. We hope all that is written and

shared within these published pages will uplift more than upset. And that there will always be plenty of stories that transform, not just inform your life and your world.

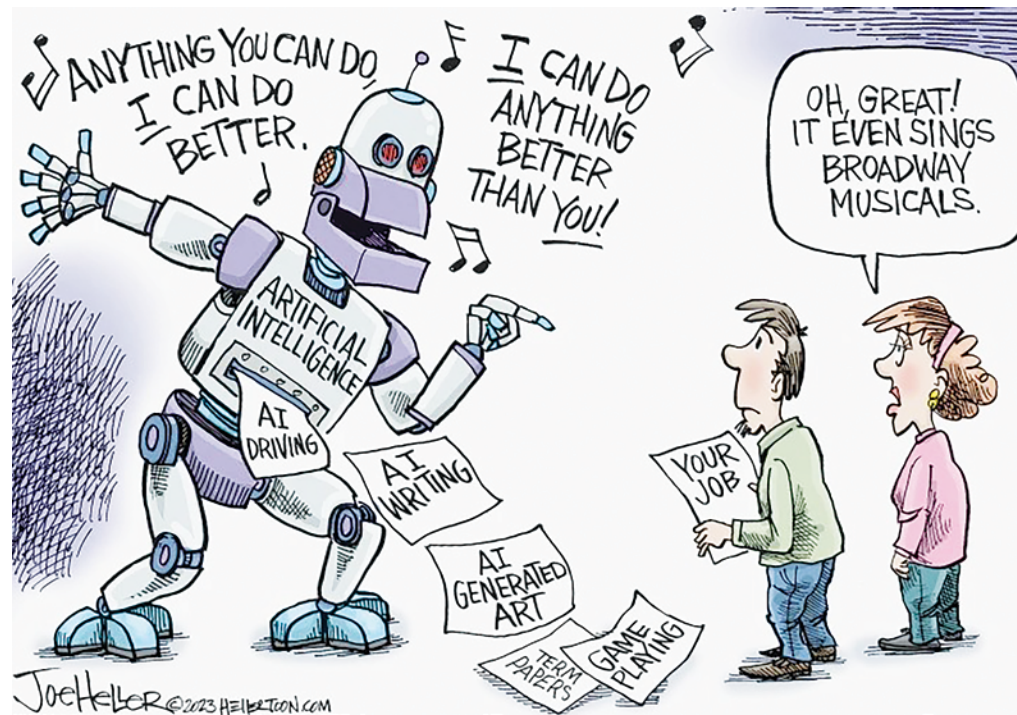
I also hope you will continue to let us know of any stories, events and people that we can help honor, celebrate and support in any way we can. Because we're each in these chapters of life together as co-creators, not just co-existors. As citizens, neighbors, friends and families, these are our Iron County communities, homes, people and stories.

### WORD OF THE WEEK

#### KINDLE

##### To light a fire

Your character (both words and actions) kindle influencing fires all around you, for better or worse, each day. Your individual embers, stoked by your motives more than mojo, can burn or build bridges, ruin or repair relationships, encourage or discourage. What are you kindling today?



### LIFE FLIGHT

« CONTINUED FROM PAGE 2

“This really shows how our community is

growing and we need to be able to meet those needs,” expressed Packer. He added, “This is going to be a game-changer, and bring more of a peace of

mind to our patients and their families.”

Special guests included the Millet Family and Gower family, who each shared personal and powerful experiences of how the Life Flight crews literally saved their lives during accidents that would have resulted in being paralyzed and even death, had it not been for the ability to quickly transport them to a hospital.

After the ribbon cutting, those in attendance were invited to take a closer look inside the helicopter and visit with the pilots who have dedicated their lives to training and saving lives. Which they will continue to do in the future from their new home base at the Cedar City Hospital. With a full-time Life Flight helicopter and professionally trained crew now available and on 24/7 standby, crucial time is saved and precious minutes become miracles.



COREY BAUMGARTNER

**The Millet family (Tami and Buddy)** share their gratitude and experiences of how Life Flight helped save the lives of their son and daughter after serious accidents.

### QUOTE OF THE WEEK

*“Life is not easy for any of us. But what of that? We must have perseverance and, above all, confidence in ourselves. We must believe that we are gifted for something, and that this thing, at whatever cost, must be attained.”*

**Marie Curie**

IRON COUNTY **today**

479 N 100 W, Suite 1  
Cedar City, Utah 84721

Ph: 435-867-1865  
Fax: 435-867-1866

IronCountyToday.com

#### ADMINISTRATION

**OFFICE**  
officemanager@  
ironcountytoday.com  
435.701.9981

#### EDITORIAL

**Corey Baumgartner**  
MANAGING EDITOR  
news@ironcountytoday.com  
435.701.9982

**Tom Zulewski**  
SPORTS REPORTER  
tominator19@yahoo.com

#### ADVERTISING

**Patti Bostick**  
SALES MANAGER  
patti@ironcountytoday.com  
435.701.9983  
(c) 435.592.1030

#### LAYOUT/DESIGN

**Devin Christ**  
CREATIVE DIRECTOR  
design@ironcountytoday.com  
435.701.9984

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# Biden-Harris admin. announces over \$140 million for water conservation, efficiency projects in west

**WASHINGTON** — The Department of the Interior recently announced a \$140 million investment for water conservation and efficiency projects as part of the President's Investing in America agenda to enhance the resilience of the West to drought and climate change. Funding for 84 projects in 15 western states, provided through the Bipartisan Infrastructure Law and annual appropriations, will go to irrigation and water districts, states, Tribes and other entities and are expected to conserve over 230,000 acre-feet of water when completed. This is equivalent to 77 billion gallons of water, enough water for more than 940,000 people.

"As we work to address record drought and changing climate conditions throughout the West, we are bringing every resource to bear to conserve local water supplies and support the long-term stability and sustainability of the Colorado River System," said Deputy Secretary Tommy Beaudreau. "The projects we are funding today are locally led and will support increased water conservation through innovative efficiency measures."

"Delivering water more efficiently is key to helping Western communities become more resilient to drought," said Bureau of Reclamation Commissioner Camille Calimlim Touton. "For more than 120 years, Reclamation and its partners have developed sustainable water and power solutions for the West. With increased funding from the Bipartisan Infrastructure Law and Inflation Reduction Act, we're able to expand that work, extending collaboration and expanding conservation."

The leaders returned earlier from visits across the West as part of the Administration's Investing in America tour to highlight the opportunities that the Bipartisan Infrastructure Law and Inflation Reduction Act are creating.

The Bipartisan Infrastructure Law includes \$8.3 billion for Reclamation water infrastructure projects over five years to advance drought resilience and expand access to clean water for families, farmers and wildlife. The investment will revitalize water delivery systems, advance water purification and reuse techniques, expand water storage capacities and complete rural water projects. The Inflation Reduction Act is investing another \$4.6 billion to address Western drought. Combined, these laws represent the largest investments in climate resilience in the nation's history and provide unprecedented resources to support the Administration's comprehensive, government-wide approach to make Western communities more resilient to drought and climate change.

In the Colorado River Basin, 12 projects will

receive more than \$20 million in federal funding from today's announcement, resulting in more than \$44.7 million in infrastructure investments. Once completed, the projects will result in a combined annual water savings of more than 29,000 acre-feet in the Colorado River System. Another 32 projects selected in California will receive \$46.7 million in federal funding. The projects will result in more than \$164.3 million in infrastructure investments in the state and a combined annual savings of more than 65,000 acre-feet once completed.

The announcement is part of the efforts underway by the Administration to increase water conservation, improve water efficiency, and prevent the Colorado River System's reservoirs from falling

to critically low elevations that would threaten water deliveries and power production. The ongoing implementation and effectiveness of these essential efforts through new investments, as well as any voluntary system conservation agreements between Basin states, will help determine the

see **CONSERVATION** » 6



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#### THURSDAY

Mostly Sunny

**72°/45°**

PRECIP: 0%  
WINDS: NNW 10-15




#### FRIDAY

Mostly Sunny

**70°/43°**

PRECIP: 0%  
WINDS: N 10-15



#### SATURDAY

Mostly Sunny

**74°/47°**

PRECIP: 0%  
WINDS: WNW 10-15



#### SUNDAY

Mostly Sunny

**78°/50°**

PRECIP: 0%  
WINDS: SW 10-15



#### MONDAY

Partly Cloudy

**77°/49°**

PRECIP: 0%  
WINDS: SSW 15-20




#### TUESDAY

Partly Cloudy

**72°/44°**

PRECIP: 10%  
WINDS: SSW 15-20



#### WEDNESDAY

Slight Chance Rain

**68°/42°**

PRECIP: 20%  
WINDS: SSW 15-20




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## public & health

### Cedar City Pink Tea pouring out support May 13

Cedar City's annual Pink Tea will take place on Saturday, May 13 from 2:30-4:00 p.m. at SUU's Gilbert Great Hall, with a traditional tea party including delicious tea delicacies, a hat contest, entertainment, and silent and live auctions.

The fundraiser tea party raises funds for Camp Kesem, a free week-long overnight summer camp experience designed for children ages 6-18 who are impacted by a parent's cancer. Tickets are \$50 with tables of 10 for \$450. Tickets may be purchased online at [powerinpink-ironcounty.com](http://powerinpink-ironcounty.com). Last year, the Pink Tea raised \$14,000 for Camp Kesem and hopes to match that amount this year. Funds provided free attendance for over 100 children to attend the camp in 2022.

"This charming event, just in time for Mother's Day this year, is the perfect way to enjoy a springtime afternoon with good food, good company and a good cause," says Deena Marchal, Pink Tea Committee Chairperson.

Matt Nickerson will emcee the event and lead the live auction featuring season tickets to the Utah Shakespeare Festival, flight certificates with SUU Aviation, a cooking class for six with Southwest Technical college chef, and more. Additional activities include a hat contest and attendees are encour-

aged to wear their fanciest hat and enjoy the entertainment and unlimited tea served by SUU's women's basketball team.



COURTESY POWER IN PINK

"When you buy a ticket to attend the Pink Tea, you are in for a memorable afternoon. The hats, the refreshments, and the entertainment are all a lot of fun. But more importantly, you are making a difference in the lives of some local kids who are going through a tough time," said Robyn Brown, cancer survivor and Power in Pink Board Member. "I am

grateful for people who helped my kids heal from the secondary-effects of cancer."

Camp Kesem recruits student leader volunteers from college campuses across the country to lead local chapters. SUU is one of only two chapters in the state of Utah where talented and committed student volunteer leaders work year-round to deliver programming and services, including Camp Kesem.

2022 Pink Tea sponsors include Miner Foundation, State Bank, Cedar City Rotary Club, Southern Utah University, Smith's, Artisans, Lovene & Donn Jersey and Steve Yates.

Sponsorships are still available and the organization is still seeking items for live and silent auctions. For silent or live auction items, contact Amy Bleak at 435-592-4307.

The Pink Tea is presented by Power in Pink-Iron County, a local non-profit dedicated to meeting the needs of women and their families in Iron County dealing with breast cancer. For more information, email [powerinpinkcedarcity@gmail.com](mailto:powerinpinkcedarcity@gmail.com) or follow the event on the Power in Pink-Iron County Facebook and Instagram pages.

*Power In Pink Iron County*

## CONSERVATION

« CONTINUED FROM PAGE 5

degree to which revised operations will be implemented.

Selected projects include updating canal lining and piping to reduce seepage losses, installing advanced metering, automated gates and control systems, and programs in urban areas to install residential water meters and other water conservation activities.

One-third of the selected projects advance the Administration's

Justice40 initiative, which aims to deliver 40 percent of the overall benefits of climate, clean energy and related investments to disadvantaged communities that are marginalized, overburdened and underserved.

This funding is part of Reclamation's WaterSMART Program, which focuses on collaborative efforts to plan and implement actions to increase water supply sustainability, including investments to modernize infrastructure. More information is available on Reclamation's WaterSMART program webpage, <https://www.usbr.gov/watersmart>.



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## Southern Utah University

# Seven students nominated for Board of Trustees Scholarship

from Kenzie Lundberg

FOR IRON COUNTY TODAY

Each year the Southern Utah University Board of Trustees Scholarship is awarded to one outstanding junior. This is one of the most prestigious scholarships offered by the University, with students being nominated by their colleges, and the seven finalists represent the best of SUU.

Here are the students that were nominated this year:

- » Allie Quarnberg, accounting
- » Alyssa Iriart, elementary education
- » Galina Hasanova, illustration
- » Keily Isabel Monzón De León, engineering technology
- » Kylee Stoddard, chemistry
- » Madelyn Gamble, nursing
- » Wyatt Read, psychology



Alyssa Iriart



Galina Hasanova

Keily Isabel Monzón De León

Kylee Stoddard



Madelyn Gamble

Wyatt Read

Allie Quarnberg



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## Southern Utah University

# Silent auction held to make a difference for refugees in Utah

by Christina Schweiss

FOR IRON COUNTY TODAY

On April 19 the SUU Michael O. Leavitt Center for Politics and Public Service in conjunction with the International Rescue Committee, hosted a campus-wide donation drive and silent auction to benefit refugees in Utah.

Utah currently has over 60,000 refugees. Recent events in Afghanistan and Ukraine have brought new attention to the need for refugee support in the United States; there is an increased demand for assistance and many decreasing

when the big invasion of Ukraine started. There was a lot of attention on refugees and there was a big rally at the Capitol. I remember being at that rally and thinking 'this is great but I'd like to make a difference rather than just tell ourselves we're doing good.'

Jones added, "It's important to morally support but I really wanted to do something that helps people on the ground. I was working at the Leavitt Center when I got the idea to put this event together and got the idea for how to put together something that helps students make a difference. I think a lot of people



The silent-auction contained many unique and wonderful items thanks to generous donors in the community.



(Left) SUU professor, Matthew Newsom speaks at the campus-wide silent auction to benefit refugees in Utah on April 19. (Right) Dr. Shobha Gurgung explains that "the notion of home is a fluid and dispersed idea."



PHOTOS BY CHRISTINA SCHWEISS

supply reserves.

The event had three speakers throughout its three hour duration. The three speakers were Sociology professor Dr. Shobha Gurgung, Anthropology Professor Matthew Newsom, and Senator Evan Vickers.

After giving a speech about how refugees are impacted, Gurgung explained that "the notion of home is a fluid and dispersed idea."

John Jones is the leader behind this event. He explained that this event "Started because I was intern- ing at the Utah State Legislature

want to make a difference, they just don't know how because the conflict seems so far away."

SUU student and Leavitt Center employee, Katie Warner, declared, "Knowing that there are people out here to donate for people in need, helps all of us feel better and helps all of us to grow and improve as a society"

To learn more about the SUU Leavitt Center and all the different events they offer, visit <https://www.suu.edu/leavittcenter>.

## CONGRATULATIONS,



## CLASS OF

# 2023!

**SUU** SOUTHERN  
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# EARTH DAY

## CELEBRATED AT JOHNSON CENTER

Earth Day  
EVERYDAY  
from the Johnson Arts Center



by Corey Baumgartner

IRON COUNTY TODAY

Last Saturday, the Johnson Arts Center ([www.johnsonartscenter.org](http://www.johnsonartscenter.org)) provided an afternoon of fun-filled, family-friendly arts and crafts and live entertainment in celebration of Earth Day. There were opportunities to take home a living plant in a custom-painted pot, or to create a masterpiece with fingerpaints and even some dancing from the local Little Leapfrogs Dance troupe ([www.littleleapfrogs.com](http://www.littleleapfrogs.com)). There was also some Earth-Day trivia, puzzles and other educational materials to help kids discover and to learn more about the amazing planet we each call home.



# Miniature art at SUMA invites you to step into Dreamland

by Corey Baumgartner

IRON COUNTY TODAY

They say good things come in small packages, or paintings and pictures, and you can come see for yourself as the miniature art gallery has returned to the Southern Utah Museum of Art. Now through May 18th, "Dreamland" offers visitors a unique and miniature view of the work of many patient and coordinated artists. Magnifying glasses are on hand to help you see the intricate artistic details better.



*"Miniature art has the power to focus our attention and capture our imagination. Because of its small nature, miniature art can also unlock our inner child. It forces us to reimagine our surroundings and look at the world in a new way."*

*Dreamland*



## POETRY CORNER

### Betty's Story

by Amyanne Rigby

Solitude

Summer's heat sings,  
Gerbers dance, Crickets  
chirp

She pauses, kisses, nuzzles,  
and lullabies.

Friday, 2 AM - Heat sings  
the blackened night

Smoke engulfs her home

Panic rips through her  
young frame.

Grabbing 6 year old Travis,  
Betty escapes the fire.

Calculating every minute,  
Every breath...for survival,  
for Stacey, for Francis.

Delivering Travis to safety,

She turns, frantically to save  
them.

Suddenly impeded,

Three men grab her,

Hoping to save this mother.

Breaking free, driven by a  
mother's will

She returns to the flames

To Stacey, to Francis, to  
hold them as the fire

Steals their last breath.

At the coal mines,

Frank receives the news.

Travis's soot stained face

turns to face the blaze alone.

His small stoic frame  
absorbs the stench

That stole everything  
from him...

Solitude.

# The gentle art of Swedish Death Cleaning

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

The Swedish word is *dostadning*, with umlauts over the “o” and “a”. It literally means death cleaning, a type of decluttering that takes place as one enters the later decades of one’s life, but the author is quick to point out that it can be undertaken at any time you feel so inclined. Margareta Magnusson, born in Sweden, is, in her own words, “aged between eighty and one hundred”. Her book, *The Gentle Art of Swedish Death Cleaning: How to Free Yourself and Your Family from a Lifetime of Clutter*, came out in 2018, and was a New York Times bestseller. And boy, did it ever speak to me when I read it recently.

I have a horror of disorder, whether from suffering from a slight case of OCD or having a father who never threw anything away. This slim volume is a joy to read, so replete with charm and good advice that I have bought copies for my sisters, and want to share some of her best ideas with you.

Start with your parents. (Too late for my sisters and me; we just rented the biggest dumpster we could find and started chucking.) Margareta suggests gentle questions like, “You have many nice things; have you thought about what you want to do with it all later on?” Then make yourself available to help them either give away—some to family members—throw away, or donate.

Then apply the same tactics to yourself. You might have things that your posterity would enjoy

now, without waiting for grief to be attached to them. For example, she tells of the well-used kitchen table that was too big for her downsizing project and the grandchild who needed a table when moving into a new apartment. The two events happily coincided. Lovely. Two problems solved.

Margareta suggests finding a plan that suits you.

Go room by room, for instance, and don’t feel a push to get things done in a hurry. A kitchen will take longer than a guest bathroom; take whatever time it takes. Or go by categories. She suggests starting with clothes. Think,

with a small smile of self-congratulation, about how someone might really need that sweater, dress, or third coat which you haven’t worn in years. In our case, haul it over to the Catholic Thrift Shoppe and feel positively saintly.

I did find one suggestion quite extreme. She says if your table will seat only six, then that is how many place settings of dinnerware and silverware you should keep. Take the rest over to D.I. (Deseret Industries)...She didn’t say that, but she would have if she lived here.

One idea was a stroke of genius: label a small box “throw away” in which you put sentimental items you can’t quite part with yet—cards, programs, drawings, etc. Then tell your family they don’t even have to look inside. Just out to the trash, no guilt attached.

Margareta has written a sequel called *The Swedish Art of Aging Exuberantly*. One chapter is titled “Eat Chocolate”. I’m reading that next.



*“I have a horror of disorder, whether from suffering from a slight case of OCD or having a father who never threw anything away.”*

## Kolob Canyon String Camp – cultivating connection, community

from Amanda Clarke

DIRECTOR, KOLOB CANYON STRING CAMP

Proudly watching this dedicated and gracious senior serve her community through the connection of music, I was struck with a sudden awareness of the absolutely real power of influence that music has in the living culture of community and people with differing, perhaps conflicting ideas; some holding hands, some holding kids, and some holding out for better days. Yet, even in these differences, everyone there was in harmony.

Sometimes as musicians, we dismiss our power of musical influence as a tepid effort not worth sharing, but it is community musicians who make a world of difference.

Kolob Canyon String Camp (KCSC) provides youth ages 3-18 the opportunity to cultivate their musical tools of influence. KCSC runs June 5th-June 9th, 2023, and will be held at Cedar High School. Renowned cli-

nicians from around the country will teach a daily, six-class curriculum which includes one-on-one coaching, technique and performance coaching, and enrichment classes. These enrichment classes such as art, juggling, choir, and more, are available for all youth whether they play a stringed instrument or not!

More information can be found on our website at [kolobcanyon-stringcamp.org](http://kolobcanyon-stringcamp.org) and questions can be answered through our email: [kolobcanyonstringcamp@gmail.com](mailto:kolobcanyonstringcamp@gmail.com).

We have been grateful to Iron County School District for being a presenting partner and encourage all ICSD orchestra students to reach out for a discount code on string-curriculum tickets. Support KCSC (501 c-3) by attending a benefit concert on Saturday, April 29th; donations can help sponsor students, clinicians, and production materials. Help us cultivate connection and harmony in our beloved Southern Utah community.

**KOLOB CANYON STRING CAMP**

*Benefit Concert*

**SATURDAY, APRIL 29th 6:30 P.M.**

**Free Admission**

**Thorley Recital Hall**  
SUU MUSIC BUILDING

Come and enjoy an evening of inspiring repertoire performed by southern Utah community string musicians.

\*Concert length will not exceed an hour.

**LEARN MORE ABOUT OUR CAMP: [kolobcanyonstringcamp.org](http://kolobcanyonstringcamp.org)**

# LET'S GO FLY A KITE!

by Corey Baumgartner

IRON COUNTY TODAY

There aren't many occasions in Cedar City when the wind is a wonderful thing, but when it comes to the annual Lions Club Kite Flight, the wind is always welcome. Last Saturday was the 19th year of the Kite Flight and Health Fair and there were a lot of high-flyers and their families flying kites on the Cedar Middle School fields. It was a celebration of the hard work the kids put in to their reading, which earned them a free kite or book for filling out their reading charts. Awards were given out during the event, but the best reward of all was the motivation to help get kids more involved and excited about reading. For upcoming events and more information about the great things the Lions Club does for our communities, please visit [cedarlionsclub.com](http://cedarlionsclub.com).



# Natural History Museum of Utah brings 'Soil Stories' exhibit to Cedar City

by *Kallee Feuz & Beth Mitchell*

FOR IRON COUNTY TODAY

Cedar City is the latest stop in the Natural History Museum of Utah's "Soil Stories" traveling exhibit, featuring the untold stories of the earth beneath us. The exhibit, which is free and open to the public, will be on display at Zions Bank's Cedar City branch, 3 S. Main St., during regular bank hours through May 31 as part of its multi-county tour across Utah.

Additionally, the public is invited to a free Community Science Night on Wednesday, May 3, from 4:30-7 p.m., also at Zions Bank's Cedar City branch. The community event will include six outdoor stations, hand-on activities and touchable specimens.

Soil Stories highlights the uniqueness of soil, which is often taken for granted. The exhibit unveils the process and players who make, enrich, and survive in soil, including:

- » Soil samples and soil crusts from across Utah
- » Insect specimens and small vertebrates
- » Indigenous farming tools, artifacts, and pottery
- » Paleosol: where it's found, and why it matters

"Traveling Treasures has made many stops in Southern Utah over the years. The Natural History Museum of Utah always does a great job making science and history accessible," said Josh Hunt, manager of Zions Bank's Cedar City branch. Visitors will learn that soils vary in color, texture and smell, and that the organisms that inhabit soil – like cicadas – are just as interesting. One exhibit shows the Indigenous farming practices that allowed Utah's original peoples to thrive in an arid climate, while another exhibit highlights the

importance of corn, beans, and squash, and their role in the soil.

"In my work studying insects, I have always been fascinated by soil," said NHMU entomology collections manager Christy Bills. "Invertebrates such as beetles, ants, and snails enrich soil and play a large role in sustaining all kinds of ecosystems in surprising ways."

For more than 20 years, the Natural History Museum of Utah and Zions Bank have partnered to bring natural history collections and research to Utah's diverse

*"Traveling Treasures has made many stops in Southern Utah over the years. The Natural History Museum of Utah always does a great job making science and history accessible"*

**Josh Hunt, manager, Zions Bank, Cedar City Branch**

communities. Each year, a team of educators, exhibit designers, bankers, and museum volunteers create a new traveling exhibit that explores a unique aspect of natural history in the state, region and beyond. For additional details about future Traveling Treasures stops and locations, visit [nhmu.utah.edu/programs/traveling-treasures](http://nhmu.utah.edu/programs/traveling-treasures).

## Free Community Event



Come and see  
**Traveling Treasures**

### COMMUNITY SCIENCE NIGHT

**Wednesday, May 3 | Open House 4:30-7:00 p.m.**

Zions Bank, 3 South Main Street, Cedar City

A one-night only FREE event for all ages, with six outdoor stations, hands-on activities, and touchable specimens. It's a science night you won't want to miss!

Traveling Treasures display cases can be viewed throughout April during regular bank hours.

**For more information call 435-586-2448**



Presented by  
**ZIONS BANK** | 150 Years  
A DIVISION OF ZIONS BANCORPORATION, N.A. MEMBER FDIC

## schools

# Gateway students celebrate Shakespeare's birthday

The K/1 classes of Gateway Academy had a wonderful afternoon at the SUU Bard's Birthday Bash. Students danced around the maypole, played games, attempted some jovial jousting, acted out a monologue and even had cake with the queen. A great time was had by all!



PHOTOS COURTESY GATEWAY ACADEMY

## IRON COUNTY SCHOOL DISTRICT NEWS NUGGETS

from LeAnn Woolstenhulme

IRON COUNTY SCHOOL DISTRICT

### Escalante Valley Elementary

Escalante Valley School is proud of our 5th grade class, who had a strong presence in the district during the last few weeks. To begin with, Anna Nesha took 1st place in our school spelling bee, followed by a 1st place win at the district spelling bee. (Her win marks the first district spelling bee winner in our school's history!) A few weeks following this event, our 5th grade competed in the water fair challenge. Again, our students succeeded and not only took home the win, but also earned a class pizza party. We are proud of our students' hard work and mastery in so many academic areas this year. Way to represent our school, 5th grade!



### Iron Springs Elementary

Fourth graders at Iron Springs Elementary have spent part of this year learning about the great state of Utah. Including the different Counties, Governors, State symbols and the process of Utah becoming a state. Family, friends and the student body were able to learn from them at a school wide assembly. The fourth-grade program is best explained from their introduction part, "On January 4,1896 Utah was admitted to the union as the 45th state. In this program, we are going to give you a musical history lesson of this great land that we love. You can go anywhere...but there's none that compare. This is the place."



### Enoch Elementary

Enoch Elementary's team won 2nd place at the You Be the Chemist competition! The 5th grade team of Hunter, Isaiah, Kasen, and Ty competed in the regional level of the competition held at SUU. The competi-

tors, ranging from 5th to 8th grade, answered chemistry questions to earn a top spot, hoping to make it to the national level. Enoch's team also created a video to solve a scientific problem. The scores from the video and regional test will be combined to determine who will advance.



Congratulations to Enoch's 5th graders for graduating the D.A.R.E. program! At the end of the lessons, the students wrote reports discussing what they learned and how they can apply it to their lives. Four students were awarded for having the best reports. Great job to Ty, Ruth, Maddy, and Bracken. Thank you to Officer Anders Humphries for all his time and hard work teaching our students important life skills!



### Three Peaks Elementary

The PTA sponsored a family week and planned many fun activities for students to do with their families. Events included: Family Dinner Night. A flyer was sent

home with easy meals to prepare together as a family. On the back of the flyer were conversation starters to use while eating dinner. Family Movie Night. Students and parents were invited to attend free movies as a family at the Cedar Fun Center. Family Bingo Night. This awesome event was held at the school's gym and had prizes for all ages including family themed baskets for winners of blackout Bingo. Family Scavenger Hunt. Families were sent on a scavenger hunt around town. Once the hunt was completed, families enjoyed free ice cream cones from Hermie's Drive In. Also, parents and students were treated to a doughnut and milk donated from Western Quality Foods. We would like to thank all of the sponsors that donated prizes for Bingo night and for our supportive PTA for the fun activities they planned for our awesome Three Peaks Elementary students and their families.



# Foundations aren't found, they're created

## LEADERSHIP 101.10

**L**eadership isn't just about finding great people to follow you. A marital happily ever after isn't just about finding the "perfect" person. Successful parenting isn't about having a perfect posterity, but improving (not just through improv) the direction of your heart and theirs. Along with the direction, leadership is also about the protection of those assets (people, places, possessions) entrusted to your care, no matter where you live, work and play.

Regardless of your record and resources, and no matter where and what kind of leader you are called and strive to continue to be, there is one crucial component, one essential thread that must be woven into your work ethic no matter where you need to lead. That thread is creating a firm foundation from which to build upon your business, employees, home, marriage and family.

True, a single thread is easily broken, but when you weave it together within each wall, reinforcing each rafter along with the other thankful threads in your life, it will strengthen and enhance every aspect of what you are striving to build and become.

When someone builds a house—before one nail is driven, or one wall goes up—the foundation must first be formed. Without a reliable place to build upon, it won't matter what kind of wood you use, walls you build, or decorations you hang up. It won't matter if your countertops are quartz or corkboard, and even your bathroom vanity will be in vain if your foundation is faulty.

The foundation isn't just the

first step. Besides where you build it, it's THE step that allows you to create reliability and sustainability that will affect everything you build upon it thereafter. From the roofing to the flooring. From the carpet to carport. From the walls to the washroom. From the basement to the belfry and every décor and dinette in between, if your foundation is faulty, it's only a matter of time before it cracks and you sink sinks, literally.

Therefore, if you want someone and something to not only succeed, but be sustainable and successful, they must be built on a firm foundation. Whether your work is in a corner office or a cubicle, strive to provide a firm foundation of sustaining through training,

**the rut**  
LESS TRAVELED

**Corey Baumgartner**

news@ironcountytoday.com



educating and motivating your people to be successful employees and people, no matter what they do or where they go.

Today, strive to create foundations for success by weaving in threads of Trust, Humor, Reinforcement, Encouragement, Accountability and Dependability. Then, continue to reinforce, improve, guide and guard everyone and everything entrusted to you through the building and fortifying of those foundations.

As you do so, you will find that your greatest successes will come from creating those foundations (and reinforcing, repairing them as needed) in each of the people you associate with, work with and live with. When leaders provide that kind of stability and security, that business, community, marriage, family and home with thrive.

## finances

### ASK RUSTY: SOCIAL SECURITY

#### Why can't I get Social Security Disability on my own or my husband's record?

Assoc. of Mature American Citizens

FOR IRON COUNTY TODAY

**Dear Rusty:** I am considered disabled by State of Washington doctors, but Social Security has turned me down three times when I applied for disability saying I don't have enough work points. I am the wife of a retired, disabled veteran who served over 20 years in the US Navy. I raised three children, one of which is disabled. How do I get Social Security to accept my disability?

Signed: Frustrated & Disabled

**Dear Frustrated & Disabled:**

Social Security's criteria for disability eligibility are separate and distinctly different from any other authority such as the State of Washington. To be eligible for Social Security Disability Insurance (SSDI) benefits, you must have earned a minimum number of credits on your own from working and contributing to Social Security, and that work must have occurred recently (you must have worked at least 5 of the last 10 years). If you did not personally earn the required credits through recent work, you cannot get SSDI benefits. I presume that is what Social Security has determined to be the case for you. And to clarify, you must be totally disabled (rendering you unable to work for at least one year) and that must be confirmed by your medical service providers, who will be contacted by Social Security's representatives.

For information, SSDI is an individually earned entitlement, thus your husband's lifetime earnings history applies only to him, and his earnings record does not extend to you for SSDI

purposes (in other words, he might be eligible for early SSDI benefits on his own, but his eligibility for those benefits does not make you eligible too). Nevertheless, if your husband is collecting SSDI benefits and you are caring for your child who became disabled before age 22, or if your husband is collecting SS and any of your children are under age 16, you may be eligible for "child-in-care" spousal benefits. Child-in-care spouse benefits are available at any age, but your husband would need to be collecting either SSDI or his regular SS retirement benefit for you to be eligible for those benefits. And if your husband is collecting SS of any kind, his disabled child (or any minor children under 18) may also be eligible for dependent child benefits from him, subject to the Family Maximum.

So, to answer your specific question about how to get Social Security to "accept your disability," unless you meet the recent work test and have earned the needed credits on your own as described above, and are totally disabled, you cannot. You may wish to confirm this by discussing

your situation with an attorney who specializes in SSDI matters. You can find such an attorney online by searching for "SSDI attorney near me" – just be sure to fully vet any firm you are considering. SSDI attorneys should not charge for an initial consultation, and they will only take your case if they believe you can win (they take their fees from any back SSDI benefits they can secure for you). SSDI attorney fees are also limited by federal law, and seeking such counsel should not result in any out-of-pocket expense for you.



**RUSSELL GLOOR**  
SOCIAL SECURITY  
ADVISOR

*This article is intended for information purposes only and does not represent legal or financial guidance. To submit a question, visit our website ([amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory)) or email us at [ssadviser@amacfoundation.org](mailto:ssadviser@amacfoundation.org).*

# CONTINUE TO SUPPORT OUR PAPER!

5



## ***Dear valued community members,***

As you know in February 2023, we faced a significant setback as our paper was forced to close due to financial struggles. However, we were not ready to let go of this important part of our community, and with the support of dedicated community members, we were able to revive the paper and resume printing.

We take great pride in serving our community and providing valuable information and news that keeps us connected and informed. As we move forward, we would like to request your continued support in keeping this vital aspect of our community thriving.

Your contribution will not only ensure the sustainability of our paper but will also enable us to deliver quality content that addresses the needs and interests of our community.

Thank you for your unwavering support, and we look forward to serving you for many years to come.

Sincerely,

*The Iron County Today team*



# ways you can help us continue serving the community...

## 1 donate



### **Make a Donation of Any Amount**

Iron County Today is delivered to the community each week for **FREE!** A one time donation to the Iron County Today will allow the newspaper to keep offering this valuable **FREE** service.

## 2 join



### **Join the Iron County Insiders Club**

For \$15 a month you will be part of the club! Club benefits include:

- » First to see news before it's printed via private Facebook group.
- » Asked for input on stories before they are run.
- » Official exclusive membership card.
- » Personal invitation and seat at ICT Annual Insiders Club Meeting where you can have some say on the direction of the paper.\*

## 3 invest



### **Own Part of Iron County Today**

It's important that the Local Newspaper is owned and operated locally and not by some out of state corporation that doesn't hold the same values as we do here in Iron County.

## 4 advertise



### **Advertise in Our Publications**

With weekly distribution to over 23,000 homes, you'll have far more eyes on your advertisement than any other option.

## 5 contribute



### **Get Your Content Published**

Are you a talented Photographer or Writer and want to help? Get published by sending us your amazing photos, editorial or story leads.\*



# SCAN HERE



**OR** go to [IronCountyToday.com](http://IronCountyToday.com) and click on this image at the top of the page:



**OR** visit us at our new offices:  
479 N 100 W, Ste. 1, Cedar City

\* Per the direction and discretion of the Managing Editor

## calendar

## THURS, APRIL 27

## MORSE CODE DAY

**IRON COUNTY HOMELESS COUNCIL (3PM) @** Libertad Community (Building A) 1044 N. Hovi Hills Drive, Cedar. A collaboration of homeless providers, public agencies, private entities committed to reduce causes of homelessness in Iron, Beaver, Garfield, Kane counties.

## FRI, APRIL 28

## SUPERHERO DAY

**SUU 2023 COMMENCEMENT @ SOUTHERN** Utah University Campus (351 W University Blvd, Cedar City). Addressing the graduating class will be: Aspen English, communication and English double major and College of Humanities and Social Sciences valedictorian. Kalli Ostermiller, a political science major. Sarah J. Penner, a psychology major with a double minor in German and theatre arts. INFO and full schedule visit: [www.suu.edu/graduation](http://www.suu.edu/graduation).



**OPEN MIC NIGHT (2ND AND 4TH FRIS, 7PM)** @ Johnson Arts Center (59 N 100 W) Each artist will have a 7-minute set. First come, first served signups at the door. \$5 donation required for entry. INFO/Q's: [info@johnsonartscenter.org](mailto:info@johnsonartscenter.org).

## SAT, APRIL 29

## ASTRONOMY DAY

**CEDAR CITY FARMERS MARKET (9AM-1PM)** @ inside IFA (winter) (905 S Main St, Cedar). FREE. Farmers, food, and artisans. Drawings, bingo, and more! INFO: Facebook, Cedar Saturday Market, or Nancy 435-463-3735.

**FESTIVAL CITY MARKET (9AM-1PM) @** (Center St. & 100 W) By Bristlecone Coffee. FREE. Handmade treasures and a bounty of local farmers, backyard gardeners, fresh fruits, veggies, with local artisans for jewelry, art, wood, pottery.

**LABYRINTH WALK (NOON-2PM) @ ST. JUDE'S** Episcopal Church (70 N 200 W, Cedar City). Come walk a beautiful tiled medieval style labyrinth within the church. Based on the labyrinth in Chartres Cathedral, France. This meditative practice has been used for centuries to calm the mind and open the soul. FREE (approx. 30 Mins.) INFO/Reservations please call Anne (702) 539-3400, Rev. Lee (435) 586-3623.



**FESTIVAL OF COLORS (5PM) @ THREE PEAKS** Oasis (7797 N Oasis St/N Lund Hwy, Cedar). Tickets: \$15 to \$35. Children (Under 10) free with an accompanied parent or legal guardian. Facemasks recommended to prevent you from breathing in colored powder. Live DJs, inflatable Rides, Vendors, Food, and more. The Festival of Colors (aka Holi): a celebration of spring, love, and new life. Everyone welcome. INFO, Tickets online @ [universe.com/events/southern-utahs-festival-of-colors-tickets-W51083](http://universe.com/events/southern-utahs-festival-of-colors-tickets-W51083).

**KOLOB CANYON STRING CAMP (6:30PM) @** SUU Thorley Recital Hall (SUU Music Bldg.). Enjoy an evening of inspiring repertoire by southern Utah string musicians. FREE admission. INFO: [kolobcanyonstringcamp.org](http://kolobcanyonstringcamp.org)

## SUN, APRIL 30

## HONESTY DAY

**"ALWAYS DO YOUR BEST. WHAT YOU PLANT** now, you will harvest later." Og Mandino

## MON, MAY 1

## TENNIS MONTH

**SUMA - MINIATURE ART EXHIBIT (11AM - 6PM) @ SUMA (13 S 300 W, Cedar).** Admission FREE. "Dreamland" will be on display through May 18. See the tiny masterpieces created by local artists! INFO: 435-865-8564 or [suu.edu/suma](http://suu.edu/suma).

## TUES, MAY 2

## HARRY POTTER DAY

**CHILDREN'S STORY TIME (TUES, 10-11AM) @** Frontier Homestead State Park Museum (635 N Main, Cedar). Admission FREE. A ranger reads a fun frontier-themed story along with a corresponding take-home activity. Recommended for preschool-aged children.

## WED, MAY 3

## WORDSMITH DAY

**YOUTH SERVICE LEAGUE (YSL) MEETING** (3:30-4:30pm) @ Cedar Visitors Center Conference Room (581 N Main). Opportunity for youth between the ages of 11 - 18 to volunteer in making a positive difference in our community. Volunteer hours look great on college applications.

**MIDVALLEY FARMERS MARKET & ARTISAN FAIRE (4-7PM) @** (780 Midvalley Rd. Enoch). Live music, jump house, face painting, and more. Beautiful, original, and unique items. Crafters and artisans are local. Everything is handmade. Have some dinner, listen to some music, and let the kids play in the jump house while you watch the sunset. A Project of The PEACE Guild - Text: 435-704-6916.

**CHARACTER SKETCHES (WEDS, 6:30-8:30PM)** @ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.



## THURS, MAY 4

## STAR WARS DAY

**NATIONAL DAY OF PRAYER (7PM) @ SUU** Great Hall. Hosted by the Cedar Area Interfaith Alliance (CAIFA). Free to all. Families welcome. Come enjoy music and prayers for our families, community and nation. Light refreshments served.

## FRI, MAY 5

**SPRING FIESTA SLOW ROLL (5:30-7:30PM) @** Historic Downtown Cedar City. A Cinco de Mayo Celebration & Slow Roll. Everyone welcome to bring some wheels and enjoy the family fun festivities! Bikes, food, live entertainment, vendors, & more. INFO: [cedarcity.org](http://cedarcity.org).



## SAT, MAY 6

**WALK OF REMEMBRANCE (10AM) @** Cedar Main Street Park. Join us for the 10th year in remembering and honoring the babies we have lost. Share Families of Southern Utah is a pregnancy and infant loss support group that has been serving Cedar City for over 10 years. We support loss families in the hospital by making priceless molds of the baby, handprints, footprints and pictures.



**WORLD LABYRINTH DAY WALK (12:30PM** and approx. 90 mins.) @ St. Jude's Episcopal Church (70 N 200 W, 1 block north of W University Blvd). No Charge. Labyrinth Society's "Walk as One for Peace." Every year thousands of people around the globe create a rolling wave of peaceful energy. Readings, music and Tibetan bells will be used to create a mindful experience. No experience needed. INFO and Reservations, call Anne at (702) 539-3400.

## SAT MAY 13

**PINK TEA (2:30 - 4PM) @ SUU GREAT HALL.** Fundraiser tea party to benefit Camp Kesem. \$50 per ticket.

Want your event on our calendar?

There is no charge for calendar items. Your submissions can be made online at [ironcountytoday.com](http://ironcountytoday.com), or emailed to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or brought to 389 N 100 W, #12, Cedar City, Utah 84721. The deadline is Friday at noon. The calendar is not to be used for advertising. Items will be printed at our discretion.

## calendar

## ONGOING OPPORTUNITIES

## GOVERNMENT

**Brian Head Council**

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

**Cedar City Council**

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

**Enoch City Council**

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

**Enoch Planning Commission**

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

**Iron County Commission**

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

**Iron County Democrats**

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

**Iron County Republican Women**

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

**Parowan City Council**

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

## SERVICE GROUPS

**American Legion Post 74**

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Veterans invited to learn about benefits, opportunities and fellowship. Honor Guard provides military honors at Veterans funerals. • Post Commander Darrin Duncan (435) 704-1466.

**Bikers Against Child Abuse**

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Room)

**DAR – Bald Eagle Chapter**

2nd Sat, 10 am • Cedar City Library, 303 N 100 E

**Elks Lodge #1556**

111 E Freedom Blvd. Cedar City, (435) 586-8332

**Lion's Club**

Tues, 12 pm • Call Pres. Roger Shurtz for mtg. info. Everyone welcome! (435) 590-2896

**Marine Corps League**

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

**Rotary Club**

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

## SUPPORT GROUPS

**AA—Alcoholics Anonymous**

(435) 635-3603 • [www.utahaa.org](http://www.utahaa.org). Helpline: John (702) 802-1332, Kara (702) 232-6829 KKCBC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Speaking From The Heart • M – Sa, Noon Steps and Traditions • M – Su, 7 am**

**Red Road to Sobriety • Mon, 6 pm** Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

**Misfits • M – F, 6 pm**

**Cedar Group • Tues, 8 pm**

**The Great Fact • T, F, Noon.** True Life Center 2111 N. Main. • (702) 802-1332 or (702) 533-7856

**Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925**

**Women's Meeting • Sat, 10:30 am**

**My Story • Sat, 8 pm**

**Thank God it's Sunday Spiritual • Sun, 11 am**

**What a Way to Start the Day • Su, W, F 7-8 am • All are welcome**

**Al-Anon**

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Al-Anon • 1st, 3rd Tues, 7-8 pm • Call for info: (435) 704-8984**

**Easy Does It • Tues, 7-8 pm • (435) 559-3333**

**Hope for Today (Family Groups)**

Thurs, 6 pm • (435) 559-3333

**Alzheimer's/Dementia**

Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn about/access resources, connect with others for support. Contact Raven Albertson, 385.831.7124, [utahaprograms@alz.org](mailto:utahaprograms@alz.org)

**ARP—Addiction Recovery**

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan Sun 7:30 pm • 85 N 600 W, Cedar City, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

**Caregivers**

1st Tues, Noon • Five County Aging Offices, 585 N Main, Ste. 1, Cedar City

**Helproom**

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, feel supported, share perspectives on healing, recovery. Join: [affiliate.rainn.org/helproom/canyoncreekservices](http://affiliate.rainn.org/helproom/canyoncreekservices).

**Multiple Sclerosis**

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

**Narcotics Anonymous**

[www.nasouthernutah.org](http://www.nasouthernutah.org) • (435) 635-9603

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Basic Text Study • Mon, 8 pm**

**Just for Today • Wed, 8 pm**

**Hope Without Dope • Thurs, 8 pm**

**Live and Let Live • Fri, 8 pm**

**Candle Light Mtg • Sat, 9:30 pm** (Small room)

**Women Only • Sun, 11 am**

**Dopeless Hope Fiends • Sun, 8 pm • Meeting Hall, 1067 S Main, Cedar (877) 865-5890**

**Nicotine Anon (12-Step)**

Fri 5 pm • KKCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

**Porn Addiction Recovery for Men**

Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

**Pregnancy, Infant Loss**

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • [www.southernutahshare.com](http://www.southernutahshare.com)

**Senior Blind/Visually Impaired**

3rd Thurs, 1:30 pm • Cedar City Library

**Southwest Parkinson's Alliance**

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

**Widows Support Group**

2nd Sat, 11-1pm • Sunrise Church. These Free meetings begin January 8th. Questions? 435-586-3640 or [Sunrisechruh.net](http://Sunrisechruh.net).

## CLASSES, CLUBS &amp; ACTIVITIES

**Adult Barre/Modern Dance**

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

**Arthritis Foundations Exercise**

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

**Book Club**

2nd Thurs, 6 pm • Cedar Library 303 N 100 E

**Boy Scout Troop 1848**

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door, next to Enoch City Business office. Text Bryan Fanton 435-327-1214

**Cedar Breaks Model A/Vintage Car Club**

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email [cedarmodela@gmail.com](mailto:cedarmodela@gmail.com).

**Cedar Chest Quilters' Guild**

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ronnie Badgett. 435-477-2243. [cedarchestquiltersguild.org](http://cedarchestquiltersguild.org)

**Cedar City ESL**

Wed, 6 pm • Free tutoring for English as 2nd Language. Cedar City Library (303 N 100 E).

**Cedar City Toastmasters**

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

**Cedar Professionals**

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit [www.cedarprofessionals.org](http://www.cedarprofessionals.org)

**Cedar Radio Control Club**

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

**Color Country Winds**

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

**Cub Scout Pack 1848**

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

**Explorer Bible Club**

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

**Folk Dancing Class**

1-2 pm • Cedar Senior Center (489 E 200 S). Come to your first International Folk Dancing Class! Teaching included. Easy to learn, fun, free for all ages. (626) 808-6129

**Hey Cedars Square Dance Club**

Wed 6-7:30 pm (Beginners), Dancing 7:30-8 pm • Cedar City Aquatic Center (2090 W Royal Hunte Dr). All former square dancers invited. INFO: Call/Text Neil Mattson 909-477-9795.

**International Folk Dancing**

Fri, 1-2 pm • Cedar City Senior Center (489 E 200 S). Free. All ages welcome. Teaching included. INFO: (626) 808-6129

**Iron County Moms For America**

2nd Thurs, 7pm • CC Visitor Center (581 N Main). Help heal our nation, keep liberty alive in your heart & home. INFO: Kami Merrill 435-592-4152 or email: [ironcountymomsforamerica@gmail.com](mailto:ironcountymomsforamerica@gmail.com)

**Motivational Mondays**

Mon, 6:30-7 pm • Cedar Yoga Space (736 N Main. Add a positive mindset and experience Cognomovement. Leave feeling more balanced, energized, and motivated. No mat needed. \$12 drop in/first time to studio is Free. 541-291-7856.

**Parowan Pickleball**

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and signup: Parowan Visitors Center 435-477-8190.

**Rock Club**

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. [southernutahrockclub.org](http://southernutahrockclub.org)

**Senior Yoga Classes**

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

**Sagebrush Fiber Artisans Guild**

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

**Sewing Group**

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

**Southern Utah Woodturners**

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

**StrongBoard Classes**

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

**Tae Kwon Do Class**

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 W Royal Hunte Dr. \$25/ mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

**Tai Chi For Health**

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

**Take Action for Freedom**

Wed, 7 pm • Stahli West 600 N. Airport Road, Cedar • Preserve Constitution, Republic, voting laws, medical freedom, education, 1st & 2nd Amendment Rights, ed. on CRT & boarder illegal immigration, local/county/state Legislature

**Top Bar Hive Bee Keeping**

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

**TOPS – Take Off Pounds Sensibly**

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

**Water Aerobics Class**

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

**Wellness Place**

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: [thewellnessplacecc.com/upcoming-classes](http://thewellnessplacecc.com/upcoming-classes)

**Wellness Wednesdays**

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PV: health, Info: Kristi Sharp (435) 986-2564, ksharp@swuhealth.org

**To add your ongoing opportunity to our calendar, call 867-1865, ext.6 or email [news@ironcountytoday.com](mailto:news@ironcountytoday.com)**

## family

# Remember the little things

## mom's CORNER(ED)

by **Weslie Stratton**  
CONTRIBUTOR



**P**arenting is an unpredictable adventure. Anyone who says otherwise doesn't have kids! Just when you think you're getting the hang of things, your little people throw you a curve ball.

That said, there are some things that can be counted on like clockwork, for better or for worse!

Like the almost impressive way that my one-year-old manages to produce a dirty diaper at exactly the wrong time, nearly every time. Or the way my five-year-old hovers and asks if I'm OK every single time I injure myself.

Our three other kids could step over the top of me, completely oblivious that I'm writhing in pain after hitting the edge of the counter with a hip, but

our sweet girl stops dead in her tracks every time she hears me say, "Ow."

Our seven-year-old boy has his share of predictable moments as well. He has developed an endearing habit that usually takes place when he is supposed to be doing his homework. He will (predictably) drag his feet and create diversions in an attempt to delay the task he has been assigned to, and I will reach the end of my patience.

As soon as he starts to hear an edge in my voice he will tell me that I am the best mom in the whole world! This happens for as long as it takes to get his homework done. I sometimes hear the same thing every 10 minutes for an hour! Yet it still has the desired effect on me.

While not all of my kids' predictable quirks are adorably endearing, they are the little things that I can rely on in this unpredictable journey of motherhood!

They are the little moments that will stick with me long after my kids are grown and I reflect on the wonderfully chaotic lifetime we shared! They are also some of the things I know will slip my mind when I

*"Taking 30 seconds to record some of these moments in my children's lives gives me just enough information to bring back a vivid memory and a smile."*

look back on these times.

While keeping a detailed day to day journal is not realistic for most busy parents, I have found that taking 30 seconds to record some of these moments in my children's lives gives me just enough information to bring back a vivid memory and a smile. Oftentimes it's a simple quote that made me pause and laugh!

To simplify my journaling and make these memories accessible I type them up on my phone and email them to myself when I have a list of 10-15 different instances. Then I eventually print them off and place them in the photo books I sometimes find the time to work on.

Whether it's paragraphs or bullet points, do yourself a favor and take note of the little things!

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# Life begins the day you start a garden

by *May Hunter*

FOR IRON COUNTY TODAY

Wondering when you can plant your garden? Cedar City and most of Iron county have an average of 135 frost-free days. In Spring, the average last frost date is May 19th. In April we can start planting cool-season vegetables starts or seeds. Pansy and snapdragon flowers are also cool-season. We can't start planting warm-season vegetables until May. But we still need to take precautions for any possible late frost.

April is the best time to plant most of your seeds. Start growing these veggies in April – corn, broccoli, green onions, peas, spinach, radishes, turnips, beets, potatoes, sweet potatoes, and squash are among a few. Be sure to check your frost zone. It's still not too late to plant tomatoes and peppers from seeds as well. Strawberries, blackberries and raspberries can be planted in late April or early May.

Home grown vegetables from your own garden with nurtured soil taste much better than those produced by hydroponics or other unnatural growing mediums. Grown folks from the older generation often comment that fruits and vegetables don't taste like they used to. Food harvested and imported in the grocery store begins to lose moisture and nutrients over time. The soil in your garden packed with healthy minerals helps you reap fresh crops packed with nutrients and flavor that taste much better. Besides, you'll be better able to monitor freshness as you'll know exactly when they were picked.

There's no comparing the taste of a tomato bought at the grocery store that lacks flavor with tomatoes freshly picked from your garden. The thing is, a lot of produce in the American grocery

stores was grown and transported from far away. This means the quality of the food degrades the longer it takes to be stocked in the stores and sold. Sure, growing your own vegetables can get a bit tiring. But it's not as complex as many people makes it seem.

vegetables is unnecessarily stressing yourself when you can easily go buy them at the grocery store. This isn't all true. Growing vegetables in a home garden is a simple yet life-changing solution to many health, environmental and economic problems.



SHUTTERSTOCK

*“To plant a garden is to believe in tomorrow”*

*Aubrey Hepburn*

To start your own garden, clean any debris from winter, edge and get the area ready. If you don't have an actual garden place, you can use containers, boxes or even your flower beds. Choose a sunny spot. Most vegetables grow better when exposed to full sun. Be sure to plant fruit and vegetables you and your family love to eat.

To many of us, the thought of growing your own fruits and

Here are some of the main steps: Choose workable soil. Choose your crops wisely. Build your bed. Plant your crops. Weed your garden. Be patient. Keep your garden healthy. Harvest.

Gardening takes time, patience and discipline, but it's also the perfect way to destress. It's very gratifying to plant, tend, harvest and share your own food. It builds self-esteem, good for your heart, natural boost of vitamin D, and exercise. Gardening can actually make you happy. Gardening adds years to your life, and life to your years.

## obituaries

### Geraldine Plannette Berry



Geraldine Plannette Berry “Jerry Berry”, 94, passed away April 19, 2023. She was lovingly cared for by her children at her home in Cedar City, Utah.

Geraldine was born March 8, 1929, in the home of her grandmother Margaretha “Maggie” Mae Bess. She was raised by her mother Theo Bess, later Plannette, and her

stepfather Robert Monroe Plannette. Attending school in Cedar City, Jerry met and married her childhood sweetheart Leonard (Ross) Berry, June 27, 1947. Ross passed on January 30, 1997, and Jerry missed him dearly! Five years later, she had a chance at love again and happily married Wayne Gordon Jackson on August 21, 2001. Jerry gained 3 loving stepdaughters, Jan (Bob) Hansen, Sally (late Joe) Melling, and Deon (Larry) Rob.

Jerry is a member of the Church of Jesus Christ of Latter-day Saints, was civic minded and active in Cedar City. During her life she had many accomplishments. She took first place in the senior bowling league, participated in the Messiah Choir for 14 years, while married to Wayne she was Honored Hostess in the annual Cedar Christmas Parade, she started the pinocle club in in 1948 (she was the last survivor). Jerry was an active member of WIBCO, “Women in Business Committee”. She was civic minded and through WIBCO she organized the first annual Quilt and Lecture Show, put together Cedar's 1st annual fashion show with hair design, and was voted woman of the year 1989 for her dedicated service to Cedar through WIBCO. Her biggest accomplishment was graduating from Vera Hatches first class of “Cosmetology College of Southern Utah” on June 23, 1968. Then she opened her own salon.

Jerry is an amazing woman who was friendly to everyone she met. She carried her final active hairdressers license at Roland William's salon to her final day! She loved hair styling, motorhome travel, bluegrass festivals, early days of mountain camping, visits, reunions of any kind, but more important “Her Family”, her extended family, friends, clientele and everyone she would meet.

Jerry is survived by her children Allen Rex (DiAnne) Berry, Carol Ann (late James) Allred, Layne Maurice (Debby Jo) Berry, Mark Ross (Jennifer) Berry, step daughters previously listed, plus multitudes of grandchildren and greats.

Proceeded in death by her mother and stepfather, husband Leonard Ross Berry, husband Wayne Gordan Jackson, sisters Lillian Joy Knowlton, Sharon Gay Ring Higgins, granddaughter Kori Lee Kupfer, and at 94 far too many to mention.

Jerry Berry's graduation will be celebrated with a funeral service on May 6, 2023, at 11:30 am at the Rock Church in Cedar City. Viewings will be held on Friday May 5th from 6-8 pm and Saturday May 6th from 10-11 am at Southern Utah Mortuary (190 N. 300 W., Cedar City, UT). Interment will be at the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences and livestreaming of the funeral services may be found at [www.mortuary.org](http://www.mortuary.org).

## obituaries

### Renon Shurtz Peterson



Renon Shurtz Peterson passed away at her daughter Janis' home April 20, 2023, in Cedar City, Utah. She was born June 9, 1922, in Escalante, Utah and was six weeks short of turning 101. Her parents were Calvin Shurtz and Verda May Roundy. Her mother died when she was 13 years old and was raised by her paternal grandmother Inez Shurtz and her uncle Leander Shurtz whom she loved dearly. She grew up in Escalante and spent her school

years there.

She married Emerson Haws Peterson on May 26, 1944, in the Salt Lake Temple. They made their home in Boulder, Utah working on their cattle ranch. She called her home in Boulder "heaven on earth" and worked alongside her sweetheart and took part in every aspect of running the ranch. She was out helping during branding calves, changing sprinklers, gardening and canning fruit and vegetables, harvesting the hay crop, moving cows to their summer and winter ranges, and cooking for everyone who helped make the ranch run smoothly. Her kitchen was the daily gathering place. Laughing and visiting and enjoying friends and family happened mostly in the kitchen while cooking or washing dishes. She was the dishwasher without argument. Don't try to take her spot in front of the kitchen sink!

She is survived by her daughters, Janis (Vernon) Reid and Cindy (Rod) Leavitt and 76 grandchildren and great-grandchildren who love her and have great memories of "Grandma Peterson." Truly "Children are the anchor that holds a mother to life." We knew she felt that way. Her time revolved around her faith, her family, and her friends which she had in abundance. We knew where she stood when it came to her strong values and her love for the gospel of Jesus Christ. She served two missions for The Church of Jesus Christ of Latter-day Saints: one in the Pocatello Idaho Mission and another in the Salt Lake City Family History Mission. Many years were spent as an ordinance worker in the Las Vegas Temple.

Her family brought her so much joy. She surrounded herself with pictures, cards, notes, and drawings from her family which hung on the walls of her home. You knew when you walked in her home what she loved because it was displayed on every surface in the house. Friends were always calling and stopping by. She cherished their friendship, kindness, and thoughtfulness. She served, loved, and felt joy throughout her life. Her strength and work ethic, which she maintained into her 101st year, were an example to all.

She was preceded in death by her parents, Calvin and Verda May, her siblings: Verl, Dean, Hal and Elaine, her son Jimmy and husband Emerson who died 51 years ago. She missed Emerson's companionship so much and waited for the day when they would be together again. We know they are having a long-awaited, wonderful reunion. The legacy she created will be felt in the lives of everyone who knew her. The phrase, "Her children rise up and call her blessed" perfectly fits how we feel about our Mom and Grandma.

Funeral services will be April 29, 2023, at the Beacon Hill Ward building (95 N. 2125 W., Cedar City, UT). Visitation will be 9:00-10:00 and the funeral at 10:30. Interment will be in Escalante, Utah at 3:30 where she will be buried by the side of her husband Emerson under the direction of Southern Utah Mortuary. Online condolences can be sent at [www.mortuary.org](http://www.mortuary.org).

### Robert C. Allen



**April 7, 1929 - April 19, 2023**

It is with heavy hearts that we inform you of the passing of our Father and Grandfather Robert C. Allen (Bob). Bob passed away on April 19, 2023, in Sparks, NV. He was born in Los Angeles, CA. He lived in Covina where he retired from Shepard Machinery. He then moved with his sweetheart Carole Lucas to Cedar City, UT in 1994. He always had a piece of fruit in his hand as it was one of his most favorite foods. He loved to go hunting, fishing, and

camping with family.

He was a dedicated person helping others when needed as he became bored if he wasn't busy doing something. He was a very skilled woodworker. He dedicated a lot of years making toys for the Happy Factory in Cedar City. He made a particular toy, a steam shovel, which helped disabled children.

In 2020, he moved to his Son's house in Sparks, NV where he resided till his passing. He had a sense of humor all the way to the end of his earthly life.

Bob is survived by his son John Allen (Donna) of Sparks, NV, Cindy Bizal (Jim) Washington, UT, Cathy Sparkman (Rick) Cedar City, UT and Chris Lucas (Jennie) Norco, CA, and several grandchildren and great-grandchildren. He will be deeply missed.

### Warren L. Rigby



Warren L. Rigby, age 84, passed away April 20, 2023, due to heart failure. He was born on October 24, 1938, and raised in Cedar City, Utah.

Beneath a rugged exterior, Warren had a soft heart and lived his life serving others. After completing a two-year mission for the Church of Jesus Christ of Latter-day Saints he joined the Army in 1961, and was a military policeman and in the 101st Airborne Division. In 1969 he graduated from Utah State University with a Bachelor's Degree in Forest

Science with a minor in Botany and Forest Recreation.

While attending college, Warren met and married Ardis Daly. Together they had seven children and a life of adventure as his career with the National Park Service took them to parks across the United States. Warren's life roles included federal law enforcement, fire fighter, paramedic, search and rescue and an ever-faithful and contributing member of the Church of Jesus Christ of Latter-day Saints. A friend to anyone in need, he could always be counted on to help.

Warren was preceded in death by his brother Bruce Rigby, and their parents, Eldro and Zina Rigby. Warren is survived by his wife of 57 years, Ardis D. Rigby and their children Christy (Michael) Tautfest, Curtis Rigby, Verl (Anita) Rigby, Teresa (Marcy DeMillion) Rigby, Sarah Rigby, Lorelei (John) McFarlin, Nathan (Annie) Rigby, 12 grandchildren, five great-grandchildren, sister Sharon Jones and brother Floyd (Claire) Rigby as well as many other relatives.

Funeral services will be held on Friday, April 28, 2023, at the Cedar City 20th Ward at 11am. Family and friends may call that morning from 9:30am-10:30am at the church. The service will be live streamed via Zoom: <https://us04web.zoom.us/j/5189493335>. Interment will follow at the Cedar City Cemetery. Online condolences can be sent to [www.affordable-funeralservices.com](http://www.affordable-funeralservices.com).

### LeeAnn Dorrity Gentry



LeeAnn Dorrity Gentry, 82 passed away April 20, 2023, in St George, Utah from a brief illness. She was the 2nd daughter born to Dennis Ward Dorrity and Fern Warner on November 13, 1940, in Provo, Utah. Along with her older sister Sharon, the family moved around a lot for their Dad's employment. They finally settled in Cedar City, Utah when mom was 14. Mom loves Cedar and has lived here most of her life.

She married her high school sweetheart, Samuel Neil Gentry in the St George temple on December 22, 1962. Together they had 2 children Michon and Brantz.

Mom worked as a teller for First Security Bank and then Wells Fargo for many years. She loved serving the community members who banked there and made many friends.

Mom was a friend to all and had a contagious laugh and happy personality that made everybody like her. She had many loyal friends including the "59ers" from high school who still get together once a month for lunch.

Mom was a member of the Church of Jesus Christ of Latter-day Saints in the Cedar 20th ward. She served in many positions, most recently as the ward music chairman for many years. She loved to organize special musical numbers for sacrament meetings.

Mom's most notable talent was that of being a mother and grandma. Her kids and grandkids were always her first priority, and she was their biggest cheerleader and supporter! Her listening ear was always available and she was always eager to hear the events of the day or your hopes and dreams.

She is survived by her children Michon Robinson (Daniel) and Samuel Brantz Gentry (Elna), her sister Sharon Webster and her family and many loyal cousins. She was preceded in death by her parents and her ex-husband Neil.

Funeral services will be held Saturday, April 29th at 1:00 with a viewing from 11:30-12:30 at the 20th ward, 755 S 1100 W. There will also be a viewing Friday, April 28th from 6-8pm at Southern Utah Mortuary. Interment will be held in the Cedar City cemetery, under the direction of Southern Utah Mortuary. Online condolences and livestreaming of the services can be found at [www.mortuary.org](http://www.mortuary.org).

## Want to submit an obituary?

There is a charge of \$50 for obituaries to be published. Submissions can be made online at [ironcountytoday.com](http://ironcountytoday.com), emailed to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or brought in typed/digitized format to 389 N 100 W, #12, Cedar City. A single submission may be up to 600 words and may include up to two photos. The deadline for submissions is Monday at noon for Thursday's publication.

## faith

# Choosing wisely to be happy – (part 2)

by Edy Meredith

FOR IRON COUNTY TODAY

**H**ave you ever had a day when everything seemed to be going wrong? The weather was cold, and your car was sluggish. Traffic was backed up. Your spouse kept texting you. Your kids were late for school, and when they got there after trudging through 3 feet of snow, they found out that school would be delayed for 2 hours with study rooms open for them to wait for classes to begin. Oh! My goodness, you think to yourself, how will I deal with this? You have several choices you tell yourself. You can steam up and get angry or you can continue driving slowly and turn on relaxing music while you pray that the Creator will help you cope with all the inconveniences. Yes, they are inconvenient, but not tragic, so you chose to relax and not project bad consequences. You chose happiness as you think of your beautiful and creative children and your very competent loving spouse.

In fact, as you drive along, you begin to feel thankfulness, even appreciation as the traffic is slowly picking up speed, and you will not be late for work. Your life is working well as you have fortunately chosen an attitude of gratitude unlike some people who speedily jump the gun to pass everyone in their way, causing further congestion, delays, and accidents as their cars skid around other vehicles. You remember from your reading and study that happiness is a precursor to joyfulness and that joy is a more vivid emotion leading to a continual sense of well-being and satisfaction. As you arrive at work and park your car, you thank the Creator for innumerable blessings.

You don't think about this again until hours later when you have finished a productive day at work and are on your way home where you will greet your children and spouse with joyful expressions of love. After dinner and your routine of speaking with each child and your spouse with hugs, you sit down contentedly to review the day's events, when you open your Bible and discover that the Bible only mentions happiness four times, and remarkably, the Bible mentions joy 192 times. Is this a discrepancy or is joy much more important than happiness? As you study this, you discover that joy can be constant while happiness is a temporary result of circumstances. When I experience joy versus happiness, does joy help me to live a more meaningful life filled with greater purpose? The philosophers and the Bible state that joy is a selfless feeling of extreme happiness, purpose, and inward peace leading you to help others and stay calm.

In that great book of history and wisdom, James advises us: "Count it all joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything." (James 1:2-4) Faithfulness gives us constancy and fidelity to our goals in life. This maturity, where even in the winds of ill fortune we can stand strong as we choose wisely, will produce joy for ourselves and those around us, and we are not blown around by the ill winds of misfortune. We persevere, we are actively patient, we are mature. Next week: How can we find Biblical joy even when those around us make our life difficult?

## Living a V-8 life

**M**ost vehicles have 4-cylinder engines. Others have 6 or 8 cylinders. What's great about extra cylinders? More cylinders equals more power. You can haul heavier cargo, tow weightier weights and more power also means quicker acceleration and of course, more speed. In our mortal vehicles, some situations and decisions may not require 8 cylinders. However, there are times when you need to be able to carry more, pull more, or even get away quickly.

**GOD'S  
garage**

Corey Baumgartner

news@ironcountytoday.com



Thankfully, as a child of God, your mortal vehicle is equipped with everything you need to succeed in life. From bumper to bumper and everything in between, God wants you to not only have a good journey but a joyful one, too. Yes, there is still opposition in all things, but that's why God gave you extra cylinders to help you escape and overcome sin, breakdowns, flat tires, getting lost and anything, or anyone trying to prevent you from reaching your divine destination.

### Cylinder 1 (Jeremiah 29:11)

Trust that God's plan is perfect, permanently in place and that you are still an important part of it. If you follow Him, He will help you become and get to who, where you were created to be.

### Cylinder 2 (Matthew 11:28)

The roads of life are not easy, even for believers. When you get tired, worn out, take a wrong turn, get lost, run out of gas, breakdown, or need to know you're not alone, God is still with you...every mile.

### Cylinder 3 (1 Corinthians 10:13)

There are plenty of potholes, detours and "Beelzebumps" in your path. Nevertheless, God will help you endure temptation and provide a way (as you pray and pay attention) for those escapes.

### Cylinder 4 (Proverbs 3:5-6)

Mortal maps are great, but your divine destination requires more divine directions. God's map may seem confusing at times, but if we trust His higher ways on life's highways, we'll not only arrive in better condition, but enjoy more of the journey along the way.

### Cylinder 5 (John 14:27)

When life gets heavier, the additional cylinders, including peace and perseverance, will kick in to help you keep going and growing through opposition, tempting traffic, and devilish detours.

### Cylinder 6 (2nd Kings 6:14-17)

No matter the obstacles, or opposition, you are not alone! You may not see the way, or are feeling the healing, but keep going knowing God is still with you.

### Cylinder 7 (2 Corinthians 6:17)

Higher cylinder lives require higher octane fuel. Make sure the fuel you put into your mind and body is clean and worthy of your journey. Including the fuel of family, friends, and the places, people you hang out with. Don't be fooled into using the wrong fuel for your Christian commute.

### Cylinder 8 (Romans 8:28, 38-39)

Even when you break down, Abba will not abandon you, or leave you stranded. No distance or detours can separate you from His heart, healing, help and love.

This week, drive safer out there in life and enjoy the journey!

## VERSE OF THE WEEK

### PHILIPPIANS 4:13

*"I can do all things through Christ who strengthens me."*

What does "all things" mean in your life? Some versions also read, I can "face all things" or "endure all things." Today, whatever you're facing, fighting, or enduring, make sure the common denominator is Christ. Even in weakness, when you're living for and with Him, willing and striving to do the best you can, ultimately relying on His grace and tender mercies, then trust that He will help you find a way to overcome, breakthrough, improve, or endure your personal "all things" in your life, no matter what.

## RAMS SOFTBALL WINS THREE

by Tom Zulewski

IRON COUNTY TODAY

The Parowan softball team produced multiple big innings and came away with three key wins in 2A South play last week. In its opening game April 17, the Rams scored eight runs in the first inning and kept up the pace on the way to a 13-1 win over the Millard Eagles. Saydee Jensen went 3-for-3 at the plate and drove in four runs to lead the Parowan offense.

Winning pitcher Madison Adams allowed only two hits to the Eagles over six innings, and the Rams were able to put the win away early with three runs in the top of the frame.

On April 18, Parowan scored in all five innings and shut out the Kanab Cowboys, 14-0. Adams combined with Layni Williams on a one-hit shutout with two walks and 11 strikeouts. The junior pitcher also went 3-for-3 at the plate and scored three runs.

In the rematch against the Cowboys at home, Parowan scored 10 runs in the opening inning and ended the game after four with a 15-0 rout to improve to 5-3 in 2A South and 8-7 overall. Jensen, Taylen Yardley, Brynlee Andersen and Katlynn Matheson all drove in two runs for the Rams in the win.

Parowan returned to play for two games that were past press deadline – Monday at Water Canyon and Tuesday at Milford. They will return home to face the Tigers on Friday starting at 3:30 p.m. to close out the regular season.



Parowan

13



Millard

1

Winning pitcher  
**Madison Adams**  
allowed only two hits to the Eagles over six innings.

# Big innings carry Falcons to two wins over Reds

by Tom Zulewski

IRON COUNTY TODAY

It's been a rare moment for the Cedar Reds in a trying season, but they had a lead in its first game against the Canyon View Falcons on April 19. Once CV got its bats in gear, the script was flipped and the end result was a Falcons win.

Jarron Bradshaw tripled and Bubba Ludlow doubled to highlight an eight-run fourth inning, and Canyon View added on four more runs in the fifth to cruise to a 12-5 victory over Cedar in the first of a two-game series at CV's home field.

A passed ball and two wild pitches added three more runs in the frame, and Falcons head coach Jason Jacobsen said his team was able to keep focus despite its early struggles.

"I like how we didn't panic," Jacobsen said. "I like our lineup and feel like we can explode at any time."

The Reds scored three runs in the top of the second on RBI singles from Jaxon Burgess, Koden Lunt and Paycen Briggs. After Briggs led off the fourth with a walk, he came around to score on a one-out single by Kyler Callister to push Cedar's lead to 4-0.

It would be all Falcons the rest of the way. The Reds were able to add a run in the fifth, but couldn't overcome six errors in the loss. Ludlow drove in two runs and Hutson Slack scored three times in the win for CV, who outthit Cedar, 10-8.

As the scene shifted to Cedar 24 hours later, Canyon View got off to a quick start and scored nine runs in the top of the fifth inning to finish off a 13-2 rout over the Reds on April 19 to improve to 15-6 overall on the season.

The Falcons scored twice in the top of the first and added a run in the second

Canyon View's Trae Carrisoza's precise pitching kept the Cedar Reds on edge during the win for the Falcons.



COREY BAUMGARTNER

*"We just want to play our best baseball at the end of the season, and I like the way we're playing."*

**Jason Jacobsen, Falcons head coach**

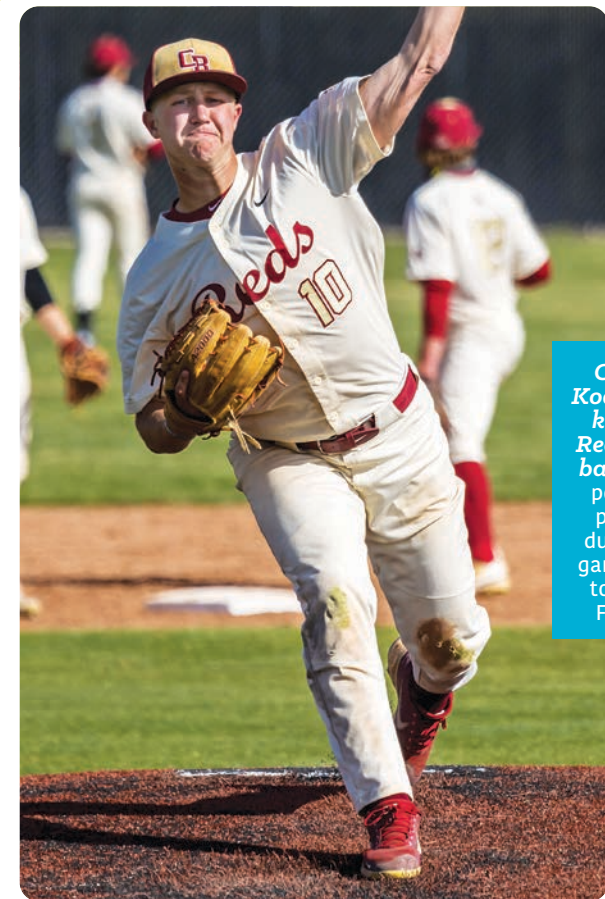
to take a 3-0 lead, but the Reds got on the board in the bottom of the third on an RBI single by Lunt. CV answered that run in the top of the fourth on a sacrifice fly by Hutson Slack, then produced its second big inning in as many days, highlighted by a steal of home, to end the game early.

"We squared up a lot of balls well and took advantage of their mistakes," Jacobsen said. "We just want to play our best baseball at the end of the season, and I like the way

we're playing."

Lunt homered for Cedar in the bottom of the fifth, but it wasn't enough to extend the game as the Reds fell to 1-19 overall on the season.

CV played a doubleheader at home against the Grand Red Devils on Tuesday that was too late for press deadline, and they will close the regular season at Grand on Friday. Cedar hosted Hurricane for a Tuesday game and will travel to play the Tigers in a Friday night game that starts at 7:30 p.m.



JR ROBINSON

Cedar's Koden Lunt kept the Reds in the battle with powerful pitching during the game 1 loss to the CV Falcons.

# Cedar sweeps with four-goal efforts on pitch

by Tom Zulewski

IRON COUNTY TODAY

Four different Cedar players scored goals, and the Reds put together two in each half on the way to a 4-1 victory over the Hurricane Tigers in Region 10 play on April 18. Tylan Murray, Jose Barraza, Mason Palmer and

Dallin Hilstead all tallied markers for Cedar, and they pulled away after the Tigers scored its only goal in the opening half.

The Reds repeated the feat April 21 when Murray scored a hat trick and led the way in another 4-1 win, this time over the Pine View Panthers on the home pitch.

Barraza added the other goal as Cedar moved into third place in Region 10 with a 6-4 record, 6-8 overall.

Ranked at No. 8 in the RPI, Cedar traveled to face Dixie on Tuesday in a game that was too late for press

deadline. They will return home to play region leader Desert Hills on Friday in a 4 p.m. start.

## PREP SCOREBOARD

### SCORES

#### Region 10 Baseball

- 4/18 Crimson Cliffs 2, Dixie 0, 8 inn.  
Snow Canyon 6, Desert Hills 2  
Hurricane 16, Pine View 12
- 4/19 Canyon View 12, Cedar 5
- 4/20 Canyon View 13, Cedar 2
- 4/21 Crimson Cliffs 11, Dixie 1  
Snow Canyon 13, Desert Hills 3  
Hurricane 13, Pine View 11

#### Region 12 Baseball

- 4/17 Emery 10, Providence Hall 5
- 4/18 Carbon 10-12, Emery 0-5  
Grand 12-4, Richfield 7-8
- 4/19 Canyon View 12, Cedar 5  
Carbon 14, Alta 2
- 4/20 Canyon View 13, Cedar 2  
Richfield 8, North Sanpete 1
- 4/21 Carbon 5, Emery 2  
Richfield 16, Grand 15

#### 2A West Baseball

- 4/18 Kanab 12, Parowan 2  
Enterprise 10, Milford 0  
Millard 20, Water Canyon 0
- 4/19 Kanab 14, Milford 3  
Manti 14, Millard 9
- 4/21 Kanab 9, Parowan 4, 8 inn.  
South Sevier 21, Beaver 2  
Enterprise 2, Milford 0, 8 inn.  
Millard 14, Water Canyon 1

#### Region 10 Softball

- 4/17 Canyon View 21, Pine View 4
- 4/18 Snow Canyon 11, Desert Hills 9  
Hurricane 6, Pine View 5  
Crimson Cliffs 11, Dixie 1
- 4/19 Cedar 5, Parowan 4
- 4/21 Desert Hills 10, Snow Canyon 2  
Hurricane 14, Pine View 4  
Crimson Cliffs 9, Dixie 2

#### Region 12 Softball

- 4/17 Canyon View 21, Pine View 4  
San Juan 11, Grand 1  
Carbon 9, North Sanpete 4
- 4/18 Canyon View 11, Richfield 1  
Lehi 8, Carbon 1
- 4/19 Carbon 8, Emery 1  
Richfield 12, Juab 9
- 4/20 Emery 13, Richfield 3  
Duchesne 3, Carbon 1
- 4/21 Canyon View 20, Grand 0
- 4/22 Carbon 8, Canyon View 2

#### 2A South Softball

- 4/17 Parowan 13, Millard 1
- 4/18 Parowan 14, Kanab 0  
Beaver 16, Panguitch 2  
Enterprise 14, Milford 2

- 4/19 Cedar 5, Parowan 4  
Milford 18, Kanab 8  
Wayne 14, Panguitch 11
- 4/20 Beaver 15, Panguitch 0
- 4/21 Parowan 15, Kanab 0  
Enterprise 19, Milford 0  
Millard 18, Water Canyon 0

#### Region 10 Boys Soccer

- 4/18 Cedar 4, Hurricane 1  
Crimson Cliffs 5, Pine View 1  
Dixie 3, Snow Canyon 2
- 4/21 Cedar 4, Pine View 1  
Crimson Cliffs 3, Dixie 2  
Desert Hills 7, Hurricane 0

#### Region 12 Boys Soccer

- 4/18 Richfield 0, Canyon View 0,  
Wildcats win 5-4 on penalty  
kicks  
Grand 4, Carbon 2  
Emery 1, North Sanpete 0
- 4/20 Canyon View 2, Grand 1
- 4/21 Carbon 2, Beaver 1  
Richfield 1, Emery 0, OT

#### 2A South Boys Soccer

- 4/18 Gunnison 6, Parowan 1  
Beaver 2, South Sevier 1
- 4/20 Parowan 2, South Sevier 0  
Beaver 2, San Juan 1
- 4/21 Parowan 1, Millard 0, 2 OT  
Gunnison 8, San Juan 0  
Carbon 2, Beaver 1  
South Sevier 4, Diamond  
Ranch 0
- 4/22 Gunnison 11, San Juan 0

### STANDINGS

RPI RANKINGS IN PARENTHESES

#### Region 10 Baseball

	REGION	OVERALL
Snow Canyon (1)	9-1	19-3
Crimson Cliffs (2)	9-1	17-3
Dixie (3)	6-2	15-5
Desert Hills (5)	4-4	11-9
Hurricane (8)	2-6	6-8
Pine View (10)	0-8	3-13
Cedar (12)	0-8	1-19

#### Region 12 Baseball

	REGION	OVERALL
Carbon (2)	8-1	13-4
Canyon View (3)	6-3	15-6
Emery (6)	5-7	11-11
Richfield (9)	4-5	9-9
Grand (15)	1-8	5-13

#### 2A West Baseball

	REGION	OVERALL
Enterprise (1)	9-1	15-4
Beaver (5)	8-2	13-5
Kanab (6)	6-3	8-7
Milford (9)	3-6	5-9
Millard (8)	4-6	9-10
Parowan (10)	1-7	2-10

#### Region 10 Softball

	REGION	OVERALL
Snow Canyon (5)	9-1	14-7
Desert Hills (3)	7-1	14-5
Crimson Cliffs (6)	6-4	10-7
Hurricane (7)	4-5	10-6
Cedar (8)	2-6	6-11
Pine View (13)	1-7	5-12
Dixie (12)	1-7	5-13

#### Region 12 Softball

	REGION	OVERALL
Carbon (4)	5-0	10-6
Canyon View (2)	5-2	17-5
Emery (9)	4-4	10-9
Richfield (14)	1-5	7-8
Grand (18)	0-4	0-10

#### 2A South Softball

	REGION	OVERALL
Enterprise (1)	11-0	15-3
Millard (9)	5-2	6-8
Beaver (5)	8-4	11-8
Parowan (3)	5-3	8-7
Milford (10)	5-5	7-7
Panguitch (13)	2-6	3-9
Kanab (17)	0-9	1-14

#### Region 10 Boys Soccer

	REGION	OVERALL
Crimson Cliffs (2)	9-1	11-2
Desert Hills (3)	9-1	10-2
Cedar (8)	6-4	6-8
Dixie (7)	6-5	7-7
Snow Canyon (11)	5-5	5-8
Pine View (12)	1-9	3-10
Hurricane (14)	1-9	1-12

#### Region 12 Boys Soccer

	REGION	OVERALL
Carbon (7)	6-2	7-3
Emery (9)	5-2	6-5
Canyon View (12)	3-4	5-6
Richfield (14)	3-5	6-7
Grand (13)	2-6	5-7

#### 2A South Boys Soccer

	REGION	OVERALL
Gunnison (2)	11-0	11-0
Beaver (6)	6-3	6-5
Parowan (12)	6-4	6-6
South Sevier (13)	5-5	5-6
Millard (10)	3-6	3-7
San Juan (18)	3-7	3-8
Diamond Ranch (20)	0-9	0-10



COREY BAUMGARTNER

Cedar's Tylan Murray scores his second of three goals with a commanding kick in the 2nd half of the Reds' victory.

# CV SOFTBALL FALLS TO DINOS

by Tom Zulewski

IRON COUNTY TODAY

The Canyon View softball team had all the momentum on its side with the regular season nearing the finish line. On April 22, the Falcons had its momentum slowed in the race for the Region 12 title.

Carbon scored four runs in the bottom of the fourth inning to break

tory. Canyon View had a four-game winning streak snapped and fell to 5-2 in Region 12, 17-5 overall.

In a busy week, CV finished with three consecutive wins, starting April 17 with a 21-4 victory over the Pine View Panthers at home. Gracie Burt and Kamryn Allen both homered twice, and Allen added seven RBI.

The Falcons made quick work of the Panthers by scoring 16 runs over



*The CV Falcons had a tough loss to the Dinos, but stayed strong and finished the week with 3 consecutive wins.*

a 2-2 tie, and the Dinos went on to post an 8-2 victory over Canyon View. Ranked No. 4 in the RPI, Carbon stayed perfect in region at 5-0 and improved to 10-6 overall.

Makayla Scovill had three hits and drove in three runs for the Dinos, who finished with 12 hits in the vic-

the final two innings – seven in the third and nine in the fourth.

On April 18, Payton Lister homered, tripled, drove in four runs and allowed only three hits in the circle as CV cruised to an 11-1 win in five innings over the Richfield Wildcats. The Falcons had only seven hits in the

game, but were helped by 11 walks issued by Richfield pitching.

In their third game, the Falcons made quick work of the Grand Red Devils, scoring 18 runs in the third inning and finishing off a 20-0 shutout. Allen and Madison Fuller hit home runs in the win for Canyon View, while Lister threw three

*Cedar's Haylee Campbell brought the Reds back from the brink of a loss with a homerun in the bottom of the 7th inning.*



COREY BAUMGARTNER

perfect innings in the circle with four strikeouts.

The Falcons played Cedar in a non-region game Wednesday starting at 3 p.m., and will close the regular season with a home game against Grand on Friday.

Cedar had a single game last week that had a memorable ending. Haylee Campbell hit a two-run homer with one out in the bottom of the seventh inning to lift the Reds to a come-from-behind 5-4 victory over the Parowan Rams on the home field April 19.

The Reds (6-11 overall) found themselves behind on the scoreboard after the visiting Rams had taken a 4-3 lead with a run in the top of the seventh inning. Winning pitcher Sadie Parson singled to set up Campbell's heroics, and she finished the day in the circle with two walks and 11 strikeouts.

Lexi Ludlow and Shaylee Johnson added home runs in the win for Cedar. After facing the Falcons Wednesday, the Reds will travel to Hurricane for a 7 p.m. start Friday.

# Rams drop pair to Cowboys

by Tom Zulewski

IRON COUNTY TODAY

Maddix Baird had two hits and drove in four runs as the Kanab Cowboys cruised to a 12-2 victory in five innings over the Parowan Rams on April 18. The host Cowboys scored four runs in the first and added six more in the second to put the game quickly out of reach.

Parowan was held to just four hits, but scored single runs

in the fourth and fifth inning to avoid the shutout. Wyatt Hall and Hunter Johnson scored for the Rams in the loss.

On April 21, the Rams returned home for the rematch with the Cowboys. Kanab scored five runs in the top of the eighth inning and completed the two-game sweep with a 9-4 victory to improve to 6-3 in 2A West region play, 8-7 overall.

Parowan (1-7, 2-10) was able to score all of its runs in the

bottom of the third to take a 4-2 lead, but Kanab answered with two runs in the top of the fifth to tie the game. Boden Mackelprang, Luke Millett, Matt Townsend and Hunter Johnson had two hits apiece for the Rams in the loss.

The Rams traveled to Milford to face the Tigers on Tuesday in a game that was too late for press deadline, and they will return home for the rematch Friday starting at 3:30 p.m.

## SUU softball drops doubleheader in Orem

by Regan Hunsaker

ASSISTANT AD, SUU SPORTS INFO.

**OREM, UTAH** – The Southern Utah Softball team fell in the final two games of the series with Utah Valley 10-2 and 11-3.

In game one, the Thunderbirds trailed by six runs in the top of the fourth inning when Capri Franzen stepped to the plate and drove a home run to left center field. Amyah Boostedt followed that up with a double down the left-field line and was then driven in by Sophia Masut. The Wolverine offense wouldn't slow down though, adding two runs in the bottom of the fourth and finishing the game with two more runs in the bottom of the fifth.

In game two, the Thunderbirds got the scoring started early in the top of the first when Freshman Riley Nielson drove third baseman Emily Gonzalez across the plate with a single to right center field. Utah Valley would answer back in the home half of the first inning, scoring a run and tying the game at one. Southern Utah second baseman, Jayne Sepulveda hit a sacrifice fly in the top of the second scoring Alayah Toscano. Allie Laub then singled to left field to score junior shortstop Miranda Lopez. The Wolverines took the lead



The Utah Valley Wolverines were too wild for the T-Birds, who return home Saturday and Sunday for their final series against rival Utah Tech.

SUU ATHLETICS

back with a big third inning scoring five runs and added three runs in the fourth. Utah Valley finished the game in the sixth with two more runs.

Lopez led the Thunderbirds at the plate with three hits on the day. The home run by Franzen was her second of the series.

The Thunderbirds will

continue WAC play with their final home series of the season against Utah Tech. The series will begin on Saturday, April 29 with a doubleheader at 1:00 p.m. MT. The series will wrap up Sunday, April 30, with a single game at 12:00 p.m. MT. The games will be broadcast on ESPN+ and live stats can be found at suutbirds.com.

## BOYS SOCCER

# Rams edge Millard for key region win

by Tom Zulewski

IRON COUNTY TODAY

Jeff Howser scored a goal off an assist from Jacob Judd in the second overtime, and the Parowan Rams beat the Millard Eagles, 1-0 in 2A South soccer action April 21. With two games remaining in the regular season, Parowan improved to 6-4 in region play.

After opening the week with a 6-1 loss to undefeated region leader Gunnison on April 18, the Rams followed up with a 2-0 shutout over South Sevier on April 20. Judd and Austin Edwards scored in the win, and Howser had both assists.

Parowan finished the regular season with two home games that were too late for press deadline. They faced Beaver on Monday and Diamond Ranch on Tuesday.

The 2A state playoffs begin Friday, and the Rams will earn a bye as long as they are in the top 11 in the final RPI rankings.

## Falcons beat Grand, split week

by Tom Zulewski

IRON COUNTY TODAY

The Canyon View Falcons rallied with a pair of goals in the second half and came away with a key 2-1 home victory over the Grand Red Devils on April 20. No other details were available, but the Falcons came through with the win after a tough loss to the Richfield Wildcats.

The teams played to a scoreless tie through 100 minutes, but Richfield won the penalty-kick shootout, 5-4, and earned the victory April 18. The Wildcats finished its Region 12 schedule at 3-5, while the Falcons are 3-4.

CV closed the regular season Tuesday with a home game against Emery that was too late for press deadline. The 3A playoffs will start Friday, and the Falcons will earn a first-round bye as long as they finish in the top 12 of the RPI rankings.

# MEN'S 4X400 METER RELAY: A Race to Remember

by *Seth Whitehouse*

SUU ATHLETIC COMMUNICATIONS INTERN

**CEDAR CITY** — When you approach the record-breaking men's 4x400-meter relay team, you are immediately greeted with a sense of humility and passion. A team that prides itself on hard work, togetherness, and perseverance has collected several impressive finishes this year, but none as remarkable as this past weekend at the Bryan Clay Invitational.

Dylan Gibson, Ashton Miller, Jaedyn Carpenter, and Nelson Douglas had the most phenomenal 4x400 meter race in program history, shattering the school record with a time of 3:07.98. With three blazing legs from Dylan Gibson (46.47), Nelson Douglas (47.32),

and Ashton Miller (48.39) to begin the race, things started to become apparent after the final handoff to Jaedyn Carpenter that something special was brewing.

"I didn't realize how fast my time split was at first," Gibson said. "When Nelson came around, and the announcer said he ran a 46.9, I thought to myself that was quick. After Ashton came in strong and handed off to Jaedyn, we started to realize exactly what was happening."

In an incredible scene, Carpenter separated himself from the rest of the pack of runners and ran the fastest split of his career so far, 45.11, to shatter the record and send his team into pure joy at the finish line.

"Our team was flying in the

race, and everything felt really solid for me when I got out onto that last lap," Carpenter stated. "I never got tired, and things just felt smooth. It was awesome to break a record like this and show how much work we've put in."

Not only does this represent a broken school record, but it's something that SUU head coach Eric Houle has been pushing his teams to accomplish since earning the position in 1992.

"When I arrived at SUU our teams were running a 3:30, and a 3:07 could contend for a national title," Houle said. "Now we look many years later, and we've closed the gap so drastically to get to this point. I've been here for many years and understand athletic performance across the board. For

this team to achieve a feat like this, it's incredible, and it's a testimony to how resilient and dedicated these studs are on this team."

These individuals earned this long awaiting record through relentless hard work and a team-first mentality that thrives on competition and group support from top to bottom. It's a bond that has been formed through countless mentally-taxing practices and has blossomed into an unshaken brotherhood.

"It's unique here because our whole team is involved in supporting one another," Douglas said. We build each other up so much, and when we get into a competition, it's intense and fun. I honestly

see **RELAY** » 30



(L to R) The team of Jaedyn Carpenter, Ashton Miller, Nelson Douglas, and Dylan Gibson had the most phenomenal 4x400 meter race in program history, shattering the school record with a time of 3:07.98.

# Playoff time is (almost) here

**A**s the weather has clearly turned to something much more positive (finally) for all spring sports athletes, we're in the time of year everyone looks forward to with nervous anticipation, some stress, and a sense of joy knowing a chance at a state title trophy is on the horizon.

We live to serve at this newspaper, so as a public service, here is your highly unofficial "if the season ended today" playoff primer to get you ready.

**The soccer playoffs are first on the docket,** and opening-round games will be played Friday in 2A and 3A. In the 4A ranks, they get under way next Wednesday, May 3.

With 14 teams making up the 4A bracket, only the top two get the first-round bye. Right now, the honor belongs to Layton Christian and Crimson Cliffs, but the Mustangs played a key showdown game Tuesday against Desert Hills, who sits directly behind them at No. 3. You never can tell how the math will shake out, but a win by the Thunder could very easily change things and give them the bye.

A little further down the rankings, the Cedar Reds had a golden opportunity of its own to move up when it traveled to Dixie to face the Flyers on Tuesday. The Reds were at No. 8, but the Flyers were directly ahead at No. 7. Cedar beat Dixie in a penalty-kick shootout at home March 31 after playing to a 2-2 tie through 100 minutes, so it's clear anything is possible.

**The 2A and 3A baseball and softball playoffs** begin a week from Friday, May 5. The top four teams in the RPI earn hosting rights for the first-round pods, and Canyon View is in excellent shape to be in the group.

CV baseball rolled over Cedar twice last week and has one more game at Grand to finish

**"If we can get our guys to compete at the plate like Bubba does, we'll all be pretty good"**

**Jason Jacobsen, Canyon View head coach**

its regular season. They were sitting at No. 3 in the RPI heading into this week, and the Red Devils were 1-8 in Region 12 play before the three-game series began.

On the softball side, Canyon View's four-

game winning streak ended after an 8-2 road loss at Carbon on April 22. They didn't lose much as they're No. 2 with a 17-5 overall record under first-year coach Hailee McDonald.

To close the regular season, CV played at Cedar for the rivalry game yesterday (Wednesday) and finishes with a home game against winless Grand on Friday.

If the season ended today, CV baseball would open the playoffs May 6 against the play-in winner between North Sanpete and American Leadership, then face either Grantsville or Emery in the required second game.

Softball would open the playoffs against the Ben Lomond-Grand play-in winner, then take on either Morgan or Juan Diego to set its bracket position for the next round at the Spanish Fork Softball Complex.

Of course, all of the above mentions are



subject to change. Watch this space for more news when the playoffs get closer.

**As the first Cedar vs. Canyon View baseball game unfolded,** it caught me by surprise when the Falcons fell behind the Reds, 4-0 as they came up for the bottom of the fourth inning. True to the eight-run rally, Bubba Ludlow's at-bat gave us a moment that can never be taught by any hitting instructor.

Taking a swing with his back foot in the air and the bat placed at a 45-degree angle from his body, Ludlow made contact with the Quaid Mackert pitch and hit the ball down the right-field line. The hit tied the game at 4-4, and CV went on to a 12-5 victory.

"If we can get our guys to compete at the plate like Bubba does, we'll all be pretty good," Canyon View head coach Jason Jacobsen said. "It wasn't pretty, but he found a way and it snowballed for us."

The rest of 3A should be on notice now. The Falcons are ready to get to Saturday at the state tournament and contend for the really big trophy.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

## RELAY

« CONTINUED FROM PAGE 29

feel like we have five guys that could step in and perform and do great things, but that shows all the work we've put in."

Accomplishing this record has come at some cost for this group this outdoor season. Cedar City suffered from one of the most unpredictable years of weather in recent history, affecting the teams' ability to train.

Unlike several other programs in the country, the Thunderbirds cannot flock to an indoor facility to continue the practice. Despite this roadblock, these athletes showed their relentless nature and desire for success, braving the cold snow storms and torrential downpours to perfect their craft countless times throughout training this season.

"It's not a coincidence that the year we crush this school record is when we have some of the worst snow," Houle said. "This group has never hesitated to train in the cold and persevere through the weather conditions we've been dealing with. They understand the true meaning of hard work and bring so much enthusiasm to everything they do. It speaks to who they are as student-athletes and individuals."

This enthusiasm and support extend far beyond the track as all of these individuals make an asserted effort to attend SUU sporting events. They thrive on growing the Thunderbird community and maintaining an incredible culture that can be passed from one generation to another.

"Each of them shows so much humility and appreciation for this place," said Houle. "They are what this university and athletic department should inspire to be."

With this finish, the Thunderbirds rank 22nd out of 315 teams in USTFCCA West Region 4x400 rankings. This puts them in direct contention with several powerhouse programs like UCLA, TCU, and Kansas. The top 24 relay teams in the region head to NCAA Regionals, while the top 12 advance as far as the NCAA Nationals.

"We know we have the guys to do it, and we just need to continue to put things together," SUU Sprinters Coach Ryan Conan said. "I think everyone ran faster than they ever have in their career this weekend, and looking ahead to the rest of the season if they knock a couple of seconds off their time they definitely have a shot at qualifying for regionals."

This sensational group will have a chance to improve on this mark in one final regular season bout at the BYU Robison Invitational from April 19-22. Follow along on SUUTFXC on Twitter for updates on the meet or through Live Stats.

Stay current on the Thunderbird track and field programs by following @SUUTFXC on Twitter and Instagram and like the Southern Utah Track and XC page on Facebook.

# classifieds

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## ANNOUNCEMENTS

**RETIRED GENTLEMAN SEEKING THE COMPANY OF A** lady for lunch or dinner dates. To correspond, text Gerald @ 435-704-6106

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## legal notices

### NOTICE OF ELECTION

Notice is hereby given that Cedar City will hold 2023 municipal election to elect four-year terms for the following: three (3) Council Members.

Given a sufficient number of candidates, a primary election will be held August 15, 2023, with the municipal general election being held on November 7, 2023.

### QUALIFICATIONS TO BE A MUNICIPAL CANDIDATE

Utah Code §10-3-301

Utah Code §20A-9-203

- Registered voter in the municipality in which the individual is elected\*
- Must have resided within the municipality for which the candidate is seeking office for the 12 consecutive months immediately before the date of the election.
- Maintain a principal place of residence within the municipality.
- If the individual resides in a territory which was annexed into the municipality: must have resided within the annexed territory or the municipality the 12 consecutive months immediately before the date of the election.
- Pay filing fee, if one is required by municipal ordinance
- Not convicted of a felony, treason, or crime relating to elections\*\*
- Cannot have been declared mentally incompetent

\* Utah Code §20A-2-101 states: A registered voter (1) is a citizen of the United States; (2) is a resident of Utah; (3) will, on the date of that election, be at least 18 years old, (4) has been a resident of Utah for 30 days immediately before that election; (5) and is registered to vote.

\*\* Utah Code §20A-2-101.5 states: A person convicted of a felony loses the right to hold office until (1) all felony convictions have been expunged, OR (2) ten years have passed since the most recent felony conviction AND the person has paid all court-ordered restitution and fines AND the person has completed probation, been granted parole, or completed the term of incarceration associated with the felony.

The filing period is during regular office hours (Monday through Friday from 8:00 a.m. to 5:00 p.m.) June 1 through June 7, 2023. All candidates for election are subject to campaign financial statement disclosure regulations. A qualified candidate may file a Declaration of Candidacy with the City Recorder, 10 North Main Street, Cedar City.



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# SPRING PHOTO CONTEST

*Top photos will be featured in our next issue of Color Country Magazine!*

Complete contest details/rules & enter your photo at [IRONCOUNTYTODAY.COM](http://IRONCOUNTYTODAY.COM)

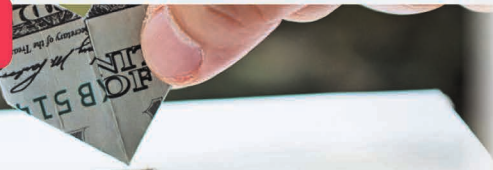
5

## ways you can support your community newspaper...

**We take great pride in serving our community** and providing valuable information and news that keeps us connected and informed. As we move forward, we would like to request your continued support in keeping this vital aspect of our community thriving. Your contribution will not only ensure the sustainability of our paper but will also enable us to deliver quality content that addresses the needs and interests of our community. Thank you for your unwavering support, and we look forward to serving you for many years to come.

1

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### **Make a Donation of Any Amount**

Iron County Today is delivered to the community each week for FREE! A one time donation to the Iron County Today will allow the newspaper to keep offering this valuable FREE service.

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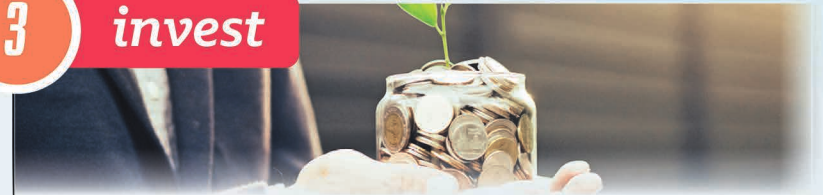
### **Join the Iron County Insiders Club**

For \$15 a month you will be part of the club! Club benefits include:

- » First to see news before it's printed via private Facebook group.
- » Asked for input on stories before they are run.
- » Personal invitation and seat at ICT Annual Insiders Club Meeting where you can have some say on the direction of the paper.\*

3

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### **Own Part of Iron County Today**

It's important that the Local Newspaper is owned and operated locally and not by some out of state corporation that doesn't hold the same values as we do here in Iron County.

4

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### **Advertise in Our Publications**

With weekly distribution to over 23,000 homes, you'll have far more eyes on your advertisement than any other option.

5

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### **Get Your Content Published**

Are you a talented Photographer or Writer and want to help? Get published by sending us your amazing photos, editorial or story leads.\*

\* Per the direction and discretion of the Managing Editor



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