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IRON COUNTY | **today**



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sports

*SUU's Simon
leaving for
Bowling
Green*



IRON
COUNTY


today

SAVE OUR PAPER!


today

SEE CENTER SPREAD TO FIND OUT HOW...

Students, teachers awarded for city's 'Love' essay contest

by Brooke Twitchell

CEDAR CITY EVENTS DIRECTOR

This past February, the Cedar City Events division began a city-wide movement to spread its love for Cedar City. With life-size letters shouting "LOVE" in Mayor's Park on the corner of Main and Center Street, residents, visitors, business owners, students, and neighbors came together to share their stories.

In its inaugural year, Cedar City Events collaborated with the Iron County School District to host an essay writing contest for our third-grade students asking them to share what they love most about where they live.

"It was heartwarming to listen to all the things that make our community special through the eyes of our next generation," shared Cedar City Events Director, Brooke Twitchell.

Four students and their teachers were recognized and awarded at the Wednesday, March 22nd City Council Meeting:



Mayor Garth Green meets with the winners of the "Love" essay contest. (L to R) Tucker Thompson (2nd), Tyler Barney (1st), Brynlee Rynearson (4th) and Jaxton Melling (3rd).

COURTESY PHOTO

First place: Tyler Barney from Iron Springs Elementary

Second place: Tucker Thompson from South Elementary

Third place: Jaxton Melling from Three Peaks Elementary

Fourth place: Brynlee Rynearson from Three Peaks Elementary

"Cedar City is the best place to live," wrote third-grader Tyler Barney and first-place winner of the essay contest. "There are lots of

"It was heartwarming to listen to all the things that make our community special through the eyes of our next generation"

Brooke Twitchell, Cedar City Events Director

fun things to do, but I mostly like it because the people in Cedar City are really nice! I'm really glad my family moved to Cedar City."

Second-place writing contest winner and third-grader Tucker Thompson shared how he finds the

see **ESSAY CONTEST** » 10



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Governor Cox visits Parowan High School

VISIT PART OF 'CONNECTING UTAH' TOUR

by Shauna Lund

FOR IRON COUNTY TODAY

The high school auditorium was packed with students who listened as Gov. Cox spoke about the future of the state as well as the need for more healthy conflicts and how students can lead by example.

"We're not talking to each other anymore," Gov. Cox said. "In fact, we're doing the exact opposite. We're just screaming at each other and social media has exacerbated that."

Five students were given the unique opportunity to ask him questions as well as respond to a few questions the governor had for each of them. Gov. Cox said as the upcoming chair of the National Governor's Association, he is choosing to focus on healthy disagreements as his initiative. He asked students to help him in his effort. He urged them to actually listen to the other side and find common ground.

"I'm not saying you have to agree with the other side," he continued. "I'm not saying that all. That's very different. Civility is important. Being kind is really important and you are doing that better than just about anywhere else I have been. We should have debates, passionate debates without hating each other."



As part of his tour across Utah, Governor Cox made time to visit with the students at Parowan High School.

"Civility is important. Being kind is really important and you are doing that better than just about anywhere else I have been."

Utah Governor
Spencer Cox




PHOTOS BY SHAUNA LUND



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opinion

FROM THE EDITOR

START THE PRESSES!

This is not an April Fool's joke... we are back in business! And thanks to you and your generous donations, we hope to remain so for a long time to come. It seems like just one month ago we were saying goodbye to you, our faithful readers. Oh, wait...it *was* just a month ago! And what a month it has been for myself and our *Iron County Today* family, trying to decide what was next for each of our lives.



COREY BAUMGARTNER
MANAGING EDITOR

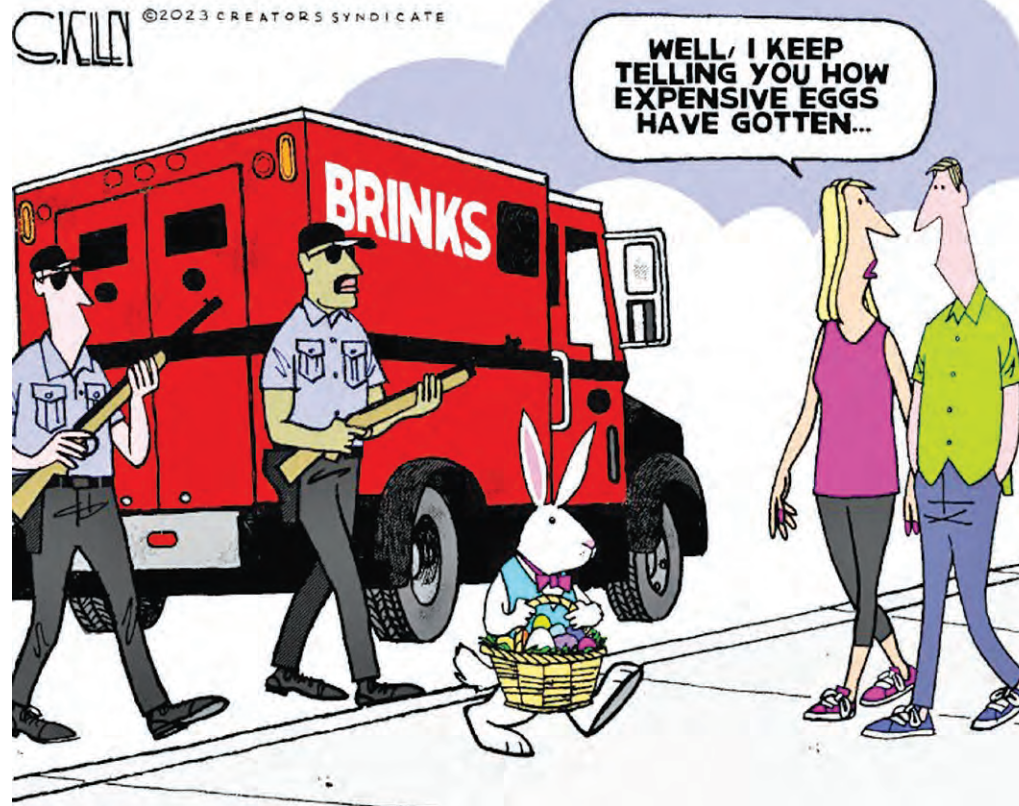
Nevertheless, we should have known that with a city filled with pioneer power, it was only a matter of time before someone realized and made into a reality that, "This is the paper." I

know many of you were willing and wanting to take up that financial mantle. I also know, and am grateful for, each of you who continue to make a contribution of your valued time, talents and treasure to support us in any way you can to help us keep ink on the publishing table.

So, what's next? Well, you now know the *Iron County Today* is being mailed directly to you. Yes, we will always miss our carriers and look forward to their upcoming careers. You also know that the ICT is now delivered on Thursday, not Wednesday. I hope the later day won't be too much of an issue.

Because no matter the delivery day, each week we'll still strive to bring you the information and inspiration to help you have more meaningful and entertaining adventures, whether you're new to Iron County or just passing through.

Turn the page and let's begin!



Sen. Romney makes statement on indictment announcement

SALT LAKE CITY — U.S. Senator Mitt Romney (R-UT) recently issued the following statement on the indictment of former President Trump:

"I believe President Trump's character and conduct make him unfit for office. Even so, I believe the New York prosecutor has stretched to reach felony criminal charges in order to fit a political agenda. No one is above the law, not even former presidents, but everyone is entitled to equal treatment under the law. The prosecutor's overreach sets a dangerous precedent for

"No one is above the law, not even former presidents, but everyone is entitled to equal treatment under the law"

U.S. Senator Mitt Romney (R-UT)

criminalizing political opponents and damages the public's faith in our justice system.

"The charges and evidence will be duly considered and the outcome decided by a jury with an obligation to fulfill its responsibility with the utmost care and impartiality. The American voters will ultimately render their own judgment on the former President's political future.

"Finally, it is also incumbent on all elected leaders to discourage violence and anger in response to this situation."

QUOTE OF THE WEEK

"Easter isn't about the bunny; it's about the Lamb."

Anonymous

IRON COUNTY **today**

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Iron County Today is distributed free of charge, thanks to our advertisers and contributors. It is mailed to over 23,000 households, with roughly 2,500 copies available in several rack locations throughout Iron County.

opinion

TO THE EDITOR

Coal Creek water grab

I am writing in opposition to the proposed water grab, to pipe the water that would normally be in Coal Creek, by Cedar City. Growing up in Cedar I spent many hours irrigating with the water from Coal Creek, wading in its waters in Cedar Canyon and enjoying the beauty of the flora and fauna that the water from Coal Creek fed. The proposed pipeline would have a detrimental impact on the beauty of the canyon, reducing and at times potentially eliminating all the available water necessary to keep the canyon green and to provide food and water for the wildlife that call the area home. A dry creek bed will eliminate the opportunity for future generations to be able to enjoy the beauty of what I enjoyed growing up.

I am calling on the City leadership to take a step back and look at alternative solutions as a dry canyon with dying trees and no wildlife will just create bigger problems in the future. If you want examples you don't have to look too far back to see the devastation that was caused by the Brian Head fires because of dry timber and the current mudslides in California because of recent fires due to not enough water to keep the timber healthy. When was the last time you took a drive in Cedar Canyon to enjoy its beauty? If the City goes through with its proposed plan those drives will change and not for the better.

Chris Lunt

2nd Amendment

Dear Editor,

The 2nd Amendment requires a "well-regulated Militia" to be gathered out of a citizenry clearly empowered to own civilian guns. It does not require the nation to legalize individual ownership of military-style weaponry allowing unstable Americans to act like totally unregulated one-person militias in their private lives. Not in your wildest dreams is that what the 2nd Amendment is about.

Throughout most of the history of the

WORD OF THE WEEK

AGITA

Heartburn; Indigestion; Agitation; Anxiety.
Got some agita? Hit the brakes and take a break before a breakdown.

Western world that the Founders were familiar with, militia members were supplied with military-style weapons only out of public armories and only after they were mustered into action.

Do not let Republicans and the gun industries continue to pull the wool over your eyes. They are blinded by greed, ignorance, rage, power . . . and did I mention greed?

Kimball Shinkoskey

Submit your letter to the Editor on our website at www.ironcountytoday.com, or by emailing it to news@ironcountytoday.com. All letters must be brief (generally under 300 words in length), list the writer's name, city and telephone number (phone number will not be printed). Iron County Today reserves the right to edit all letters for length or content.



IRON COUNTY FORECAST

A BIT OF A ROLLER COASTER WEATHER WISE WITH MILD TEMPS ON WEDNESDAY BEFORE A SYSTEM WILL BRING A SLIGHT CHANCE FOR WET WEATHER AND COOLER TEMPERATURES TO END THE WORKWEEK. BY THE WEEKEND IT'S BACK TO MOSTLY SUNNY SKIES AND A WARMING TREND.



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WEDNESDAY

Partly Sunny

69°/44°

PRECIP: 10%

WINDS: SSE 20-30



THURSDAY

Slight Chance Rain

59°/36°

PRECIP: 20%

WINDS: SW 15-20



FRIDAY

Slight Chance Rain

55°/32°

PRECIP: 20%

WINDS: NW 10-15



SATURDAY

Mostly Sunny

61°/36°

PRECIP: 0%

WINDS: NW 10-15



SUNDAY

Mostly Sunny

67°/43°

PRECIP: 0%

WINDS: SW 10-15



MONDAY

Partly Cloudy

70°/44°

PRECIP: 0%

WINDS: SW 5-10



TUESDAY

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PRECIP: 10%

WINDS: SW 15-20



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history

The Transcontinental Railroad arrives in Cedar City (Part 1)

by Jay M. Jones

FOR IRON COUNTY TODAY

On June 27, 1923, the first passenger train into Cedar City arrived with President Warren G. Harding of the United States. He spent the day touring Zion National Park before returning to Cedar City. This is the first of several articles dealing with the coming of the railroad to Cedar City and the impact the railroad had on local mining, agriculture and tourism industries. A celebration commemorating the coming of the railroad will be held this summer in Cedar City.

The driving of the Golden Spike at Promontory Summit was not the beginning of railroad history in Utah. In 1853, Congress appropriated \$150,000 and authorized the Secretary of War, Jefferson Davis, to conduct explorations by army topographical engineers to survey potential routes for a transcontinental railroad:

1. \$30,000 to survey along the U. S. southern border with Mexico. This potential route was one of the considerations leading to the Gadsden Purchase of 1854.

2. \$40,000 to survey from Arkansas, Oklahoma, and New Mexico into Southern California, roughly along present day Interstate 40.

3. \$40,000 to fund a survey by Captain John W. Gunnison along the 38th parallel of latitude. Gunnison and seven other expedition members were killed by Ute Indians near the Sevier River west of Delta, Utah in October 1853. The Walker War had not been resolved at the time, and the Gunnison party had split up to make observations. Surviving members of the group led by Lieutenant Edward Beckwith completed the survey to California.

4. \$40,000 to survey a potential northern route from St. Paul, Minnesota to the Puget Sound of Washington.

In addition to the government sponsored surveys, John C. Fremont conducted a privately funded search for a route for the proposed railroad through Utah Territory in 1853-54. His exploration was roughly along the parallel of 37 degrees north latitude. His party ran out of supplies and reached Parowan in February of 1854 just in time to avoid starvation.

The Fremont expedition was encouraged and facilitated by his father-in-law, former influential Senator Thomas Hart Benton of Missouri, who wanted the transcontinental railroad to go through his state and then into Kansas and Colorado. Fremont followed Gunnison's tracks over Cochetopa Pass in Colorado before moving on to Utah Territory and California (Nevada, not yet a state, was part of Utah Territory).

Solomon Carvalho, part of the Fremont expedition, wrote of Cedar City:

"Iron ore of superior quality, eighty percent pure iron, is found in great quantities; four miles from the city are two mountains of solid ore. Iron works are in successful operation, all the railroad iron necessary to complete a road from there to San Bernardino, can be procured here."

Needless to say, had the Fremont or Gunnison routes been chosen for the transcontinental railroad, the history of Southern Utah would have been vastly different.

In 1855 Secretary of War Davis issued a report of what was found on the various surveys, including a map of potential routes and variations. This map



John C. Fremont conducted a privately funded search for a route for the proposed railroad through Utah Territory in 1853-54.

MAYOR'S MINUTE

Welcome Back

After a brief break, I am excited to be a part of the re-installment of the *Iron County Today* newspaper which has always been so deeply valued by our community. This newspaper has been a cornerstone for those who live, work, and play in Iron County for two decades, and when we all unexpectedly said goodbye at the end of February, many of us were left wondering, "Now what?"

The newspaper business is no easy feat and I commend the Stahle family for taking on and enduring the venture for so many years so that our community had a place to read and enjoy local unbiased news.

Without hesitation, it was no surprise to see community members come together after hearing the big news from the *Iron County Today* to ask the question, "How can we help?" A local newspaper is a large part of a community's historic preservation and acts as a watering hole for invaluable information. Thankfully, it only took a few passionate people to pick up the torch, however much more help is needed both physically and financially to continue the journey. If you are interested in joining us to support this service to the Iron County residents, visit www.ironcountytoday.com and click on the top banner to learn more about how you can help.

As a member of this team, I can say we are all looking forward to providing another high-quality newspaper for the readers and hope to carry on the legacy that the Stahle family has worked so hard to build. We are learning, growing, and striving every day to keep our community the place you fell in love with. Here's to new adventures!

Cedar City Mayor
Garth O. Green



Southern Utah University

Founder's Day Lecture honors 5 contributors

by Ruth Scovill

FOR IRON COUNTY TODAY

Founder's Day was celebrated at SUU with the Howard R. Driggs Memorial Lecture at 11:30 in the Great Hall and the Founders' Day Banquet in the evening, also in the Great Hall.

This year, the Howard R. Driggs Memorial Lecture commemorated five outstanding contributors at SUU, each being honored by a different speaker. The theme of the lecture was "Power of Place." The lecture celebrated 5 outstanding individuals who have contributed to SUU.

Howard R. Driggs

Anne Leavitt, an SUU alumna, and SUU Historian, spoke first on the contributions of Howard R. Driggs who was one of four original educators at the then Branch Normal School (BNS), which at the time functioned as both a high school and a two-year college. He brought with him his wife Eva, and they encouraged and counseled the students at BNS. After teaching at BNS for 6 years, he returned to teach at the University of Utah and also taught for New York University. He became a renowned authority on the American West. His son H. Wayne Driggs later became one of the presidents of SUU (then BAC). Howard Driggs is honored to have a room in the Special Collections room in the SUU Library honoring his many accomplishments.

Burch Mann

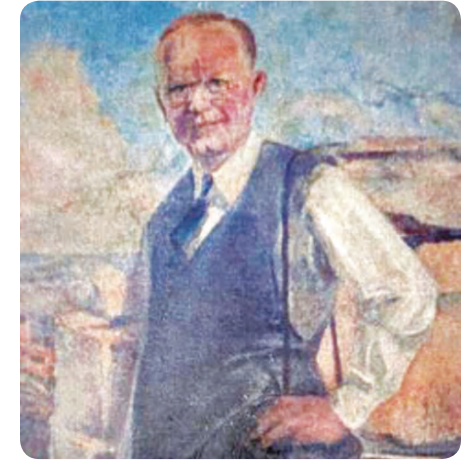
Burch Mann was an outstanding dancer and choreographer. Burch was born and raised on a Texas ranch. Dean Medini described Burch as a daring innovator and bold visionary in the field of dance, who had a wide range of experiences, including being a choreographer for the Mickey Mouse Club. She developed American character ballet. She eventually founded the American Folk Ballet which found a home at Utah State University. When Gerald Sherratt became President of SUU, he invited Burch and her daughter San Christopher, a renowned actor, writer, and dancer to be part of the



Howard R. Driggs (1873 - 1963)



Burch Mann (1908-1996)



Randall L. Jones (1881-1946)



Anne Judd (1930-2016)



PHOTOS COURTESY SUU

Walter Granger (1888-1978)

SUU teaching community.

Randall L. Jones

Randall Lunt Jones graduated from BNS with the first class. He was one of the fathers of tourism in Southern Utah. As a newlywed, he and his wife took a tour of the local parks and he became hooked. Jones was an explorer and an outstanding photographer. He toured the United States promoting Southern Utah. The trains brought tourists to see the parks of Southern Utah, bringing tourists to stop in Cedar City, which was known as the gateway of the national parks. Randal Jones designed the El Escalante Hotel which was situated directly across from the train depot (where the Sizzler now

is). It was an important way station until the train service to Cedar City ended in 1960. From the hotel, the tourist would board the famous "gear jammer" buses to take tours of Zion, the Grand Canyon, Bryce, and Cedar Breaks. The Randall L. Jones Theater of the Shakespearean Festival was named after him. He was also associated with the Intergovernmental Intern Cooperative at SUU.

Anne Judd

Anne Ashcroft Judd was the daughter of Theron Ashcroft, an outstanding educator at the then College of Southern Utah, and his wife Lucretia. She did her studies at SUU where she was very active in extracurricular

activities, including theater where she played Joan of Arc. She finished her degree at USU. Anne met and married Harl Judd, who became a professor of Engineering at SUU and later Dean of the Science Department. They had six children.

Anne is known for her volunteerism at SUU. She was on the Music Arts committee and the Cedar City Coordinating Council. She also taught weaving at SUU. She was awarded an Honorary Doctorate at SUU in 2011.

Walter Granger

Walter Granger was credited as being the person who first brought aviation to SUU. Among Walter Granger's roles in Cedar City are postmaster and two-term mayor. He also served in the Utah House of Representatives, and as a U.S. Congressman from Utah in the House of Representatives for twelve years (6 terms). He served a mission to the southern States.

He had a great influence at SUU. As a young man he had received aviation training in a program at SUU and served as a pilot in World War I. Granger enthusiastically championed SUU as a great place to train pilots, and was instrumental in bringing the Airforce Cadet training facilities to SUU (then BAC). It opened in June 1944 and over 2000 cadets trained in Cedar City. This saved the college at that time. Granger was awarded an honorary doctorate in 1976 and died in 1978.

public & health

Iron County Today offices moving

Beginning Monday April 17th, Iron County Today's new offices will be located at **479 N 100 W Ste. 1, in Cedar City**, just up the road from our current location.

Six steps to reduce caregiver stress during National Stress Awareness Month in April

Stress doesn't just affect your mood—it can have long-term health impacts as well if you don't take steps to manage it constructively. For individuals who face the stressful task of caring for a family member with Alzheimer's disease or another dementia-related illness, the Alzheimer's Foundation of America (AFA) is providing six steps to reduce caregiver stress as part of National Stress Awareness Month (April).

"Finding ways to manage and reduce stress is of paramount importance for every Alzheimer's caregiver—untreated stress over a prolonged period of time can lead to caregiver burnout and a host of other health issues," said Jennifer Reeder, LCSW, AFA's Director of Educational and Social Services. "Caregivers need to take care of themselves so they can provide the best possible care for their loved ones. National Stress Awareness Month is a great time for caregivers to be proactive about managing and reducing their stress and make an investment in self-care that will benefit them and their loved for whom they are caring."

Here are six steps caregivers can take to manage and reduce stress.

Be adaptable and positive.

Your attitude influences stress levels for both you and the person you're caring for. If you can "go with the flow," and avoid fighting the current, that will help you both stay relaxed—conversely, becoming aggravated or agitated will increase the chances that your person will as

well. Focus on how to adjust to the situation in a constructive way.

Deal with what you can control.

Some things are totally out of your control. What is in your power to control is how you respond and react to these outside factors. Concentrating on finding solutions can help make the problem itself a little less stressful.

Set realistic goals and go slow.

Everything cannot be resolved at once, nor does it need to be. Don't hold yourself to unrealistic expectations. Prioritize, set practical goals, do your best to achieve them, and take things one day at a time.

Mind your health.

Inadequate rest, poor diet, and lack of exercise can all exacerbate stress (and cause other health problems as well). As best you can, make it a priority to get sleep, eat right, drink plenty of water and find ways to be active. You cannot provide quality care to a loved one if you don't take care of yourself.

Clear and refresh your mind.

Exercise, yoga, meditating, listening to music or even taking a few deep breaths can all help relax the mind and reduce stress. Find something that works for you and do it regularly!

Share your feelings.

Disconnecting from your support structure and staying bottled-up increases stress. Whether it's with a loved one, trusted friend or a professional, don't be reluctant to talk about your stress, because that can actually help relieve it!

The AFA Helpline is available seven days a week to help provide information and support regarding caregiver stress and other caregiving questions. Connect with a licensed social worker by calling 866-232-8484, web chatting at www.alzfdn.org or sending a text message to 646-586-5283. The web chat and text message features can serve individuals in more than 90 languages.

Sandy Silverstein

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Man's selfless gift saves a life, sets example to others

by **Becki Bronson**

FOR IRON COUNTY TODAY

For years, Mike Wood, operations director of critical care for Intermountain Health in southwest Utah, has seen the impact organ donors can have on the life of a person in need; often serving as a spokesperson touting the crucial need for organ donation.

"I've always been fascinated by the idea of organ donation," Wood said. "When I was 12 my uncle was in a tragic car accident and his heart was donated to someone in the community. It was remarkable to see the impact he could have even after his death."

Last year, inspired by an article he read in an Intermountain Health publication about a Good Samaritan donor, and drawing on more than a decade of professional experience on the organ donation committee, Wood decided it was time to take his to a whole new level by donating one of his kidneys to a stranger.

"I had tried to donate a kidney to someone in my community before, but at that time my blood pressure was too high. They're pretty selective about whose organs they will take," Wood said.

His high blood pressure was attributed to his weight, so Wood set a goal to improve his health, and succeeded in lowering his blood pressure and his weight. In the meantime, the person he had hoped to donate to received another kidney, but the idea of donating was still in the back of his mind. When he read the article about a person donating their kidney to a stranger, he immediately started looking into the process.

"There are a lot of fears associated with this kind of organ donation," Wood said. "A lot of people worry for you."

Questions such as "what if your other kidney fails one day?" or "what if a family member needs a kidney one day?" swirled around him from people with the best of intentions. But none of their concerns were insurmountable in Wood's mind.

"I don't live in fear of the 'what ifs,'" Wood said. "A lot of things could happen, but I'm not going to

worry about that."

As a living donor, if Wood's remaining kidney is impaired later in life, he is moved to the top of the transplant list. And as for the chance of a family

expressing his heartfelt gratitude.

"It was really awesome!" Wood said. "I was under the impression I didn't need or want to know who received it because I wanted it to be a gift with no

made the experience even more meaningful for Wood.

"This man's wife had wanted to donate her kidney to her husband, but since she wasn't a match, she donated

APRIL IS NATIONAL ORGAN DONATION AWARENESS MONTH



COURTESY MIKE WOOD

member needing his kidney one day, Wood said the more people donate, the shorter the donor list will be for everyone.

Once Wood started the process, it only took a few months of screenings and tests before a match was located and Wood was taken into the operating room. When it was all over, he was surprised by how quickly he was able to return to normal function.

"About a week after surgery I was pretty sick, but it wasn't too bad. I was back on my bike riding to work three weeks post-op," Wood said. "I had to take it easy, and my strength and endurance were impacted, but I've built it back up."

Wood said he knows his speedy recovery is not always the case for people in his situation, but in his mind, it's a small price to pay for benefiting someone else's life in such a big way.

About a month after surgery, Wood found out just how much of an impact he had made. Not everyone wants, or is offered the opportunity, to connect with the organ recipient. But in Wood's case, the man who received his kidney sent a letter

strings attached. But this man sent me a letter. He told me he is a father of five kids and had been on dialysis three times a week for a year and a half."

In the letter, the recipient told Wood, "You gave me an awesome kidney. The surgeon said it's one of the best matches he has seen."

The chance to read that letter

her kidney to someone else when he received mine, so the chain goes on and on," Wood said. "It's a gift that gives instant life-changing benefits to somebody."

Wood hopes that his experience will open people's minds to the fact that living donation is an option, including the donation of a kidney, or part of the liver.

"There is no cost to the donor," Wood said. "The person receiving the organ pays for all the testing and medical costs and it's all handled through Donor Services. I never received a bill."

As with any surgery, there are risks associated with living donation, but whether people choose to become a live donor, or to list themselves as an organ donor in the case of their own death, Wood said every donation helps.

"Last year there were 19 organ donors from southwest Utah, with 47 organs transplanted," Wood said. "That's 47 lives saved because of people's decision to donate in the face of tragedy. We also had 14 tissue donors, which led to 40-60 transplantable donor grafts per donor."

**Intermountain
Cedar City Hospital**

ROUTINELY NAMED AS ONE OF THE TOP
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- IBM Watson Health
- Fortune Magazine
- iVantage Health
- Healthgrades
- Vizient
- Centers for Medicare & Medicaid Services
- Chartis Center for Rural Health

ESSAY CONTEST

« CONTINUED FROM PAGE 2

weather in town keeps him busy, which he loves. "If it snows, I play in the snow, and I rake leaves in fall. In the spring I ride my bike. In the summer I go camping and swimming. I can also walk to school and have the best teacher ever."

All submissions highlighted various city facilities, schools, and annual community events, and the teachers expressed how amazed they were to see the engagement they received through the writing assignment. With children like these in our community, the future is bright for Iron County!

From a Spring Fiesta to Yoga in the Park to a Half Marathon, our community is familiar with getting involved and connecting with one another through common interests such as music, food, dancing, physical activity, and love for Cedar City.

Most people recognize annual events led by the city that have become fan favorites, and the calendar is already filling up:



Brooke Twitchell presents an award to Roger Urbanek (Iron Springs, 3rd Grade Teacher) as one of his students (Tyler Barney) won 1st Place.

- » Spring Fiesta – May 5, 2023
- » Summer Yoga in the Park – June 17, July 15, August 19, September 16, 2023
- » Moonwalk & 5K Run – July 29, 2023
- » Cedar City Half Marathon – September 9, 2023
- » Downtown Lighting Ceremony – November 25, 2023

Not to mention the many privately operated events supported by the

city including the Utah Shakespeare Festival, Utah Summer Games, Simon Fest, Belgian Waffle Bike Race, Cedar Livestock & Heritage Festival, Cedar Breaks Wildflower Festival, and more!

If you love celebrating community and fun for all ages, follow Cedar City Events on Facebook and Instagram or visit www.cedarcity.org/events to stay connected.

RAILROAD

« CONTINUED FROM PAGE 6

can be found at: <https://searchworks.stanford.edu/view/hn942zv2402>

After the route was selected in 1862, Iron County made a significant contribution to the building of the first transcontinental railroad. As the Union Pacific was preparing to lay tracks in northern Utah, one of the surveyors hired was James Martineau, who had learned the surveying profession as a pioneer in Iron County.

The transcontinental railroad was completed on May 10, 1869, at Promontory Summit, Utah, as the Union Pacific tracks were joined with the Central Pacific tracks which had been built eastward from Sacramento, California. This union of the rails was celebrated throughout the United States and brought a new era of prosperity, trade and ease of travel to the entire country.

Cedar City would need to wait for 54 years to be tied into the national railroad network. When that time finally came in 1923, it would prove to be of great importance to the city and all of Southern Utah.

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Music Festivals celebrate **40 YEARS** of musical achievement

by Sara Penny

FOR IRON COUNTY TODAY

Local Music Festivals celebrated 40 years of performances this spring. The Southern Utah String Festival on March 4 and the National Federation of Music Clubs Piano Festival on March 25 served over 400 students with 39 participating teachers. Both festivals were at the SUU Music Building. Marin Colby directs the String Festival and Brittanie Larson directs the Piano Festival. A large number of volunteers serve as judges and coordinators.

Scholarship applications are open for students attending SUU in the fall who have earned at least one Gold Cup from either the String or Piano Music Festival. Sara Penny directs the Gold

Cup Scholarship program for the strings. Seniors planning to attend SUU who have earned at least one Gold Cup may apply for a \$100 scholarship by March 30 by submitting the application at <http://www.southernutahstringfestival.org/PDF/Scholarship.pdf>

“We have given as much as \$1000 a year and we encourage the students who are going to SUU to apply,” said Penny. For the piano application contact Brittanie Larson, piano director, or Penny. Scholarship applications will be accepted through May 1.

The Music Festivals started in 1983 to encourage a high level of musicianship and to provide a positive performance opportunity for students of

see **FESTIVALS** » 14



The music festivals showcase and encourage young musicians to continue their symphonic sojourns.

Rocking out '80s style for a good cause

by Cami Cox

FOR IRON COUNTY TODAY

PAROWAN — Big hair, big sleeves, mullets and Members Only jackets were on display in full force on April 1, and this shindig was no April Fools' prank. Held at Cedar Rose Estate in Parowan (that 37,000-square-foot mansion you may have noticed while traversing Old Highway 91), an '80s prom fundraiser was hosted by the Parowan Interact Club, drawing '80s enthusiasts from all around Iron County looking to travel back in time to one of the most colorful decades of the 20th century!

The evening included live music provided by popular Iron County rock band The 8eez, including all of the 1980s hit tunes one would expect at a bona fide '80s prom. Dancing, catered goodies, a silent auction, activities and tours of Cedar Rose Estate rounded out the evening. And what would a prom be without a king and queen — an honor that went to local residents Hans Ulrich and Aubrey Tuttle.

Proceeds from the evening are slated to fund a trip to Mexico later this year, where youth members of the Parowan Interact Club plan to build houses for people in need.

"They're raising money to purchase supplies and their trip costs," said Jenifer Terry, Interact advisor.

Parowan Interact Club is a service organization sponsored by the Cedar City Rotary Club that gives youth ages 12-18 opportunities to serve and develop leadership skills.

Another local youth volunteer group also helped make the evening's events possible. Volunteers from Youth Service Learning (YSL), an extension of 4-H, helped get the Cedar Rose Estate venue ready for the fundraiser.

"We're always looking for new opportunities," said YSL program coordinator Sarah Dobrinski.

Dobrinski also serves as the venue sales and operations coordinator for Cedar Rose Estate, which boasts 37,000 square feet in the main house and 8,000 square feet in the adjacent barn (which is where the main events of the '80s prom were held). The venue includes sleeping accommodations for 120, a theater room, gym,



The Parowan Interact Club hosted a most excellent 1980s prom fundraiser, complete with a soundtrack by popular Iron County band The 8eez.

PHOTOS BY CAMI COX



pickleball courts, video game room, 16-person hot tub, commercial kitchen, massage room with masseuses for hire, a 4,000-square-foot deck, and a 2,000-square-foot bridal suite/master

bedroom complete with a 9-foot-by-9-foot Alaskan king bed.

"If a bride has 16 bridesmaids, they could all sit on the bed and take photos," Dobrinski said.

In all, she added, "It's a half-mile to walk the whole house." During the '80s prom, many guests did just that, participating in guided tours of the opulent mansion and grounds.

The Parowan Interact Club will be hosting additional fundraising events this year. To learn more and stay informed about upcoming fundraisers, follow the group on Facebook and Instagram: <https://www.facebook.com/profile.php?id=100085734826195> and <https://www.instagram.com/parowaninteract/>.

Youth Service Learning welcomes both youth and adult volunteers. Those interested may contact Dobrinski at 435-216-3436 or attend one of the group's monthly meetings, which are held on the first Wednesday of each month at 3:30 p.m. at the Cedar City Visitor Center, 581 N. Main St. in Cedar City.

For more information about Cedar Rose Estate, visit CedarRoseEstate.com.

The miracles from mini-grants

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

The spring term of the Cedar City Arts Council Artists' Mini-Grant Program offered a wide diversity of applications, allowing the Council to spread its support over many different artistic genres.

Three grants were awarded in the field of dance. Jennie Grimes, from Canyon View High School, received a grant to support her plans to produce a city-wide production of The Nutcracker Ballet, involving many local dance studios and young dancers. Taylor Tumminia, a SUU student, will mount a dance project in collaboration with Dr. Lynn Vartan to be presented to the public on April 17th and 18th at SUU. Professor Alexandra Bradshaw-Yerby received funds to help facilitate student workshops when the Repertory Dance Theater performs in Cedar City in late March.

Three grants went toward supporting important music presentations to be held in Cedar City. Amanda Clark received a grant to help bring string specialists for the Kolob String Camp to be held in the summer. Joseph Howe and Dr. Lynn Vartan have been instrumental in bringing the prestigious Crossroads Music Festival to Cedar City, a concert of world-class

musicians that will occur here on June 16th and 17th. And Dr. Vartan received a separate grant that will commission in part a famous percussion composer to compose a new piece that will eventually be played by our percussion students at SUU. All three of these grants will introduce Cedar City to important musicians from around the country.

Scum Hellebore and a fellow literature student from SUU received funds to help launch their new literary journal Exposed



Bone Literary Magazine.

Ruth Hailstone, from the Lighthouse Commonwealth of Iron County, received a grant to aid in their school production of Shakespeare's "Two Gentlemen of Verona."

Artist Kimber Gardner of Two

Full Moons Art will host a show in the City Hall gallery space in August of this year. Her funds will allow her to purchase frames for her work.

These artists work in very diverse fields, from dance to percussion to literature to visual art and more. The common thread running through these applications is the outreach to the citizens of Iron County. These are not hobbyists. They are accomplished artistic individuals who desire to share their skills and passions with the world around them. That is the very defining essence of a Cedar City Arts Council Artists' Mini-Grant.

CEDAR CITY MUSIC ARTS PRESENTS

DUO BEAUX ARTS



THURS APR 20

7:30pm • Heritage Center Theater
105 N 100 E • Cedar City

\$30 ADULTS **\$15** STUDENTS



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IRON COUNTY ACOUSTIC MUSIC
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Music in Main Street Park

SATURDAY JUNE 3 NOON TO 8 PM

Music! Food Trucks! Vendors!

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FESTIVALS

« CONTINUED FROM PAGE 11

all ages. There are now two events, Piano Festival and String Festival. Several of the early participants are now professional musicians and teachers. Others have gone on to careers as varied as science, business, and medicine.

“Musical training is a huge benefit to children as they learn listening skills, cooperation, and discipline,” said Sara Penny. “In an age of instant gratification it is particularly valuable for students to work towards a long term goal and to realize the joy of musical achievement.”

Students come from throughout Southern Utah to participate and there is also an online option for the String Festival.



Intermediate Groups



Younger Groups



PHOTOS COURTESY SARA PENNY

Charming rags-to-riches musical opens in Parowan

by Cami Cox

FOR IRON COUNTY TODAY

PAROWAN — The delightful rags-to-riches musical “Daddy Long Legs” will hit the stage in Parowan April 12-15 at the Aladdin Theater, 27 N. Main St. in Parowan.

Co-directed by Heather Shurtleff and Shelley Porter and starring real-life husband-wife duo Burke Adams and Emily Adams, the production follows the story of Jerusha Abbott, “the oldest orphan in the John Grier Home,” who receives the surprising news that her college education will be anonymously funded by a mysterious benefactor, whom she nicknames “Daddy Long Legs.” Jerusha is required to write to her unknown sponsor each month, though she is never to know his identity. As she carries on her one-sided correspondence, Jerusha becomes more and more fond of the unknown, kindly, “old” gentleman who has changed her life.

Another relationship soon begins to emerge in Jerusha’s life as Jervis Pendleton, the dapper, “youngish,” unmarried uncle of one of her college roommates, begins introducing her to an exciting world of literature, travel and adventure. Jerusha’s letters to “Daddy Long Legs” chronicle her increasing closeness with the dashing Jervis and her emergence as a confident, independent “New American Woman.” But, as with any great story, unexpected surprises are just around the corner.

Stars Burke Adams and Emily Adams live in Parowan and are the parents of four children. Burke Adams is the founder of his own company, Antler Tech, and Emily Adams is the author of the book, “Is There No Other Way?”

“Their combined talent, beautiful voices and chemistry combine to make this production absolutely engaging and delightful – a must see,” Porter said.

Live musical accompaniment for the production is provided by Larissa Gurr on piano and Kevin Adams on guitar.

Tickets for “Daddy Long Legs” are \$5 and can be purchased at the door or at the Parowan Visitor Center during business hours, 5 S. Main St. in Parowan (435-477-8190). Performances are April 12, 13, 14 and 15 at 7 p.m.; doors open at 6:30 p.m.

Stay up to date regarding upcoming Parowan Community Theater auditions and productions by following “Parowan Community Theater” on Facebook.



Husband-wife duo Burke Adams and Emily Adams star in the Parowan Community Theater’s production of “Daddy Long Legs.”

CAMI COX

Parowan City Presents
With permission from Musical Theater International Inc.

Daddy Long Legs

April 12, 13,
14 & 15

Aladdin Theater
27 N. Main St.
in Parowan

Music and Lyrics by Paul Gordon
Book by John Caird
Based on the novel by Jean Webster

Curtain 7 p.m.
Tickets \$5
at the door or Parowan
Visitor Center | 477-8190

Cedar celebrates 36th annual Sigma Nu Alumni Easter Egg Hunt

by Corey Baumgartner

IRON COUNTY TODAY

It was a beautiful Saturday morning for the 36th annual Sigma Nu Easter Egg Hunt. The Cedar City Main Street Park was covered with over 30,000 colorful toy eggs (and even a bit of snow) to help celebrate the Easter holiday and make it eggs-traordinary.

The park was hopping with hundreds of children of all ages, along with their families, as they waited in their designated age-areas in anticipation for the signal to run out and begin collecting the scattered eggs with candy and prizes hidden inside, which also included new bikes for some of the lucky treasure hunters.

A fleet of helicopters from SUU Aviation flew overhead and dropped additional sweet treats onto the grass and the Easter Bunny arrived in style in a firetruck, escorted by the Cedar City Fire Department. When the special signal was given, the children raced out to begin filling their baskets, bags and beanies with the colorful eggs.

The Easter Bunny also took time to take pictures with the children with hugs and high-fives. The familiar and furry Easter eggs-pert wasn't the only celebrity at the event. Other famous peeps included Miss Iron County, Talise Mosley and one of the original organizers, Kenton Phillips, who returned to enjoy the event he helped begin



It was an Egg-citing morning for the youth of Cedar City as they raced for eggs and embraced the Easter Bunny.

HOPPY HUNTING

see **HUNT** » 16

PHOTOS BY COREY BAUMGARTNER



Each year the Sigma Nu alumni provide a fun and safe eggs-perience for the youth in Cedar City and Iron County.



PHOTOS BY COREY BAUMGARTNER

HUNT

« CONTINUED FROM PAGE 15

in April, 1987. He was grateful to see how the event has grown and for all the amazing support over the years.

The Brothers of Sigma Nu, have sponsored this Easter event for 36 years with one goal...not one unhappy (or un-happy) child. This includes providing an opportunity for parents and guardians to teach their children about being patient, kind and sharing as they scramble for the eggs. To make sure this eggs-ellent tradition continues successfully, Sigma Nu Brother, Roger Olcott, has been eggs-actly the right person to help each year be better than the last.

A huge Thank you to all of the eggs-tra special sponsors and those who donated the great prizes candy and those who helped put them into the record-breaking 30,000+ plastic toy eggs:

- » Wendy's
- » Children's Dental
- » Applebee's
- » Firehouse Subs
- » Cedar Recreation
- » Rainbow Sign and Design
- » The Warehouse
- » Family Dollar
- » ERA Realty
- » Ally 1 Disaster Solutions
- » Farmers Insurance – Olcott Agency
- » Color Country Pediatrics
- » FourPoint Health
- » The Paiute Tribe of Utah
- » MGM Mortgage
- » Cedar City Dairy Queen
- » The Tire Company
- » Bulloch Drug
- » Township Pharmacy
- » Cedar Motor Company
- » SUU Alumni
- » The Mattress Store
- » Dump Co. Rentals
- » State Bank of Southern Utah
- » High Desert Counseling
- » Cedar City Fire Department



EARTH DAY CELEBRATION

AT THE JOHNSON ARTS CENTER
59 N. 100 W. in Cedar City

SATURDAY, APRIL 22
11 A.M. - 2 P.M.

Stop by the JAC to celebrate Earth Day with live entertainment, family-friendly crafts, food vendors, and more!

Under new management

LEADERSHIP 101.8

Whether you're purchasing and/or transferring to a new business, it can be daunting. Combining forces can be challenging as new employees may not automatically fit as comfortably into the larger corporate culture. This is where ownership and leadership begin to show their true colors and commitments. Regardless of reassurances, it's the work behind the words that makes the difference. Because without integrity in the transition, trust is quickly quelled and fortitude is forfeited beneath the shuffling feet of indifference.

Even if people and product(s) remain the same in the merger, it's still a new culture to nurture.

assume that the people and processes will continue to be business as usual.

That's why the new management must be especially aware of why and how people/things work as to not only maintain that current level of production, but improve and protect it. This is not done with reins but relationships. Especially with the acquisition of smaller businesses and teams, new management must make time to earn that trust and camaraderie. Money and titles are no substitute for connecting with each individual as a person, not just an employee. Because people are always, in all ways the priority, period.

This is also where ownership and leadership differ. Comparatively speaking, ownership is easier, as it can be easy to overlook certain cogs that are necessary in not only keeping the wheels turning, but headed in the right direction. Robotically imple-

menting cookie-cutter templates to a new team can cause morale to crumble. Thus, leadership is about more than buying a building and a name. It's investing more personally in the personnel and that takes more than money and emails. True leadership requires a more personal involvement. It requires patience and persistence to focus more on the people than the profits.

Personally speaking, beyond boring boardrooms and cramped cubicles, your greatest business is your life. You are the C.E.O. of Y.O.U. You are your greatest asset and best place to invest your time, talents and treasures. Are there people, places and possessions in your life that do not improve your well-being? Tell them that you are now under new management. Meaning, you are going to begin investing more in the people, places and possessions that will help you live better, love better and become better in your life.

Have a leadership question? Send me an email news@ironcountytoday.com.



“True leadership requires a more personal involvement. It requires patience and persistence to focus more on the people than the profits.”

If the investors/leaders don't have time to continue to do so, it will put unnecessary strain and pressure on the people, product(s) and profits. Especially if the acquisition is of people where leadership was lacking, not just lethargic. Nevertheless, this creates an opportunity for the new management to not just manage, but to motivate and reinvest.

This is why trust is imperative during any transition and transaction. Anyone can purchase a business but as far as providing the tools and training, it is an investment many don't make, or follow through on, often because it's easy to overlook. It's easy to casually



SHUTTERSTOCK

SAVE OUR PAPER!



Dear Iron County,

Just a few short weeks ago, you lost a valuable treasure, your *Iron County Today* newspaper. Since that devastating news, so many of you have reached out with your concerns and questions. I have spoken with many of you through email, on the phone and in person and I know that the heartbreak was and is real and lasting.

I know you enjoyed reading about your community each week and knowing what great events and experiences were available to enjoy. I know that each section had something special for everyone. From reading about and celebrating birthdays, anniversaries, your high school's team's victory, and even to mourn with your neighbors about the loss of a loved one after reading their obituary.

Our calendar of events was a great instrument to help you find a new class, concert, parade, fair or rodeo to attend when they came to town. It was also a blessing to be able to celebrate the stories of our veterans, children and local leaders. We did our best to cover everything from sports to the spiritual, from the arts and artists to the rich and unique history found only in our Iron County communities.

I also know that this newspaper, including myself and our staff, meant so much to each of you. We wouldn't have been able to do what we did without your support. We thank you!

Then, all of a sudden, your newspaper was gone—ripped away in a matter of days, never to return. Where would you turn now for all the great, reliable information and inspiration that the *Iron County Today* provided each week? You began searching for answers, for ways to help and how you could save something as precious as your local newspaper.

Thankfully, all is not lost and you are now holding and reading the answer in your hands.

Because several community members joined forces and with their combined wisdom and wealth they took the steps necessary to purchase the name and retain the relationships created through the *Iron County Today*. This benevolent band of backers bonded together with one objec-

tive—bring the *Iron County Today* back.

However, we still need your help to maintain the progress and success of your *Iron County Today*. How? Because now you have an opportunity to help us keep making that difference. Each of you can personally participate in the protection and direction of *The Iron County Today*. You have the chance to be more than a reader and become an investor. I hope you will follow the information on the next page to find out how.

Now we look forward to the future. What has happened is history and our goal is not to create a new legacy, but with fortitude, fortify the current one. Thus, this is the first of many more issues of information and inspiration to come. As you turn each precious page in your hands, we are grateful that your hearts are still with us.

With your continued support we will “press” forward with the realization that it's not often one gets a second chance to be a part of making a difference. We will not take it for granted and we will accomplish this great goal together.

This community should be proud, each one of you, in coming together and saving our newspaper. This also includes saving our confident and competent staff, who are eager to get back to informing and inspiring you!

Yes, I will remain at the helm to help make sure the Good Ship *Iron County Today* is in good hands and hearts as it proudly, courageously sets sail once again into your hearts and hearths.

I leave you now to turn the page and get back to enjoying the stories, events and experiences that have made and will continue to make Iron County the best place to live, work and play! With great gratitude for this new chapter and adventure to begin within our communities, I celebrate with you the return of your *Iron County Today* newspaper!

Sincerely,

**Corey Baumgartner and the
Iron County Today team**

5

ways you can help save our community newspaper...

1 donate



Make a Donation of Any Amount

Iron County Today is delivered to the community each week for FREE! A one time donation to the *Iron County Today* will allow the newspaper to keep offering this valuable FREE service.

2 join



Join the Iron County Insiders Club

For \$15 a month you will be part of the club! Club benefits include:

- » First to see news before it's printed via private Facebook group.
- » Asked for input on stories before they are run.
- » Official exclusive membership card.
- » Personal invitation and seat at ICT Annual Insiders Club Meeting where you can have some say on the direction of the paper.*

3 invest



Own Part of Iron County Today

It's important that the Local Newspaper is owned and operated locally and not by some out of state corporation that doesn't hold the same values as we do here in Iron County.

4 advertise



Advertise in Our Publications

With weekly distribution to over 23,000 homes, you'll have far more eyes on your advertisement than any other option.

5 contribute



Get Your Content Published

Are you a talented Photographer or Writer and want to help? Get published by sending us your amazing photos, editorial or story leads.*



SCAN HERE



or go to IronCountyToday.com

Click on the lead article titled “Save Our Paper”
OR click on this image at the top of the page:



* Per the direction and discretion of the Managing Editor

calendar

THURS, APRIL 13

SCRABBLE DAY

MOMS AND DAUGHTERS FOR AMERICA (7pm) @ Cedar City Visitor's Center (581 N Main). Empower moms, raise patriots, and promote liberty for the healing of our nation. INFO: ironcountymoms4america@gmail.com.

IN JUBILO SPRING CONCERT (7-8PM) COME the Morn @ Heritage Center Theater (105 N 100 E, Cedar) Admission FREE. INFO: injubilo-chorale@gmail.com.

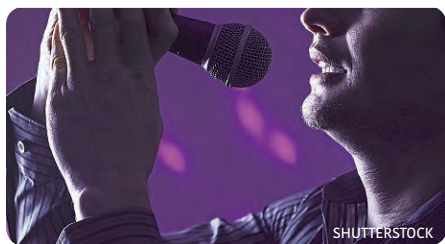
NEW MUSICAL - DADDY LONG LEGS (13, 14, 15, 7PM) @ Aladdin Theater (27 N Main, Parowan). Tickets \$5 at the door, or at Visitor's Center (5 S Main). INFO: 435-477-8190. This delightful new musical will entertain ages 6 and over.

DATE NIGHT DANCING (7:30-9PM) @ THE Point Dance Studio (470 N 2150 W, Cedar City). Ballroom dance class catered to adults (18+). Fun, flirty styles. No experience or partner necessary. \$20 per class. INFO: datenight-dancing@gmail.com, FB - DateNightDancing, southernutah.

FRI, APRIL 14

GARDENING DAY

OPEN MIC NIGHT (2ND AND 4TH FRIS, 7PM) @ Johnson Arts Center (59 N 100 W) Each artist will have a 7-minute set. First come, first served signups at the door. \$5 donation required for entry. INFO/Q's: info@johnsonartscenter.org.



FOOD TRUCK ROUNDUP (4-7PM) @ IRON County Fairgrounds (Parowan). Everyone invited to come and enjoy the variety of Food Trucks and for fun, family, food, and good times. Easter Egg Hunt will begin at 5:00 pm.

SAT, APRIL 15

RECORD STORE DAY

CEDAR CITY FARMERS MARKET (9AM-1PM) @ inside IFA (winter) (905 S Main St, Cedar). FREE. Farmers, food, and artisans. Drawings, bingo, and more! INFO: Facebook, Cedar Saturday Market, or Nancy 435-463-3735.

FESTIVAL CITY MARKET (9AM-1PM) @ (CENTER St. & 100 W) By Bristlecone Coffee. FREE. Handmade treasures and a bounty of local

farmers, backyard gardeners, fresh fruits, veggies, with local artisans for jewelry, art, wood, pottery.



PAROWAN EASTER EGG HUNT (10AM) @ Valentine Peak Soccer Fields (330 E 200 N). The Little Salt Lake Service Club invites everyone to come out and enjoy a free egg hunt. INFO: 435-477-8190.

SUMA - ARTS FESTIVAL (11AM - 5PM) @ SUMA (13 S 300 W, Cedar). Admission FREE. Come enjoy a day filled with art and whimsy with poetry, hands-on activities, dance, and music performance. Local artisans, food vendors, and upbeat entertainment. INFO: suu.edu/news/2023/03/arts-festival.html

SUMA - MINIATURE ART EXHIBIT (11AM - 6PM) @ SUMA (13 S 300 W, Cedar). Admission FREE. "Dreamland" will open in conjunction with the Arts Festival on April 15th and be on display through May 18. See the tiny masterpieces created by local artists! INFO: 435-865-8564 or suu.edu/suma.

SUN, APRIL 16

LIBRARIAN DAY

RED ROCK SINGERS EASTER CANTATA (7PM) @ St. Jude's Episcopal Church (70 N 200 W, Cedar). Admission FREE.

BRIAN HEAD END-OF-SEASON PARTY (6PM-10PM) @ Brian Head Resort (329 S Hwy 143, Brian Head). Come shred all day and enjoy the final festivities of the ski season. INFO: brianhead.com/event/end-of-season-party/



MON, APRIL 17

HAIKU POETRY DAY

PATCHES 4 PATRIOTS (11AM - 4PM) @ CEDAR City Visitor's Center (581 N Main) Iron County's Quilt of Valor. To nominate a Service Member or Veteran that has been touched by war go to the Quilts of Valor website <https://www.qovf.org>. INFO: Esmeralda Carter 757-438-2371.

SUMA SENIOR BFA EXHIBIT (M-SAT 11AM-6PM) @ SUMA (13 S 300 W, Cedar). Admission FREE. Showcasing the culmination of each graduating art student's time in the Art Department at SUU. A variety of artistic disciplines: art education, graphic design, ceramics, sculpture, illustration, photography, painting, drawing, and printmaking. INFO: 435-865-8564 or suu.edu/suma.

TUES, APRIL 18

NEWSPAPER COLUMNISTS DAY

CHILDREN'S STORY TIME (TUESDAYS, 10AM) @ Frontier Homestead State Park Museum (635 N Main, Cedar). Admission is FREE. A ranger reads a fun frontier-themed story along with a corresponding take-home activity. Recommended for preschool-aged children.



COWBOY POETRY WESTERN MUSIC OPEN MIC (3rd Tues, 6:30 pm) @ Mt. View Ranch Museum (10 S 600 W, Parowan). All are welcome to participate and/or enjoy this Western Unwind. Admission free.

WED, APRIL 19

HUMOROUS DAY

CEDAR CITY SMALL BUSINESS NETWORK (9:30am) @ Pastry Pub (86 W University Blvd, Cedar City). FREE. No long-term commitment. Come connect, interact, build relationships. INFO: cedarcitysmallbusinessnetwork.com.

WONDER WEDNESDAY - (4-6PM) @ SUU S.T.E.M. Center @ Geoscience Bldg. Room #323 (351 W University Blvd., Cedar). FREE for all students K-5. Children, accompanied by an adult, can join for adventure and fun make-and-take activities self-guided programming. INFO: (435) 586-7812.

MIDVALLEY FARMERS MARKET & ARTISAN FAIRE (4-7PM) @ (780 Midvalley Rd. Enoch). Live music, jump house, face painting, and more. Beautiful, original, and unique items for your loved one. All the crafters and artisans are local and everything is handmade. Have some dinner, listen to some music, and let the kids play in the jump house while you watch the sunset. a Project of The PEACE Guild - Text: 435-704-6916.

CHARACTER SKETCHES (WEDS, 6:30-8:30PM) @ Cedar City Library (303 N 100 E). Weekly drawing/painting sessions using live models

as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

THURS, APRIL 20

HIGH FIVE DAY

SUMA SENIOR BFA EXHIBIT (M-SAT 11AM-6PM) @ SUMA (13 S 300 W, Cedar). Admission FREE. Showcasing the culmination of each graduating art student's time in the Art Department at SUU. A variety of artistic disciplines: art education, graphic design, ceramics, sculpture, illustration, photography, painting, drawing, and printmaking. INFO: 435-865-8564 or suu.edu/suma.

FRI, APRIL 21

CREATIVITY DAY

SPRING HOME & GARDEN FAIR (FRI 3-8PM, SAT 9AM-4PM) @ Diamond Z Arena (11 N Cross Hollow Rd, Cedar). Featuring the best products and services related to home improvement. Tickets \$3 at door or look for entry ticket in the Val Pak. Tickets and INFO: 435-865-1113.

SAT, APRIL 22

EARTH DAY

BENEFIT BREAKFAST (8-10AM). ADMISSION \$5 per person. To donate and learn more visit ichba.org/home-and-garden-fair/.

LIONS CLUB 18TH ANNUAL KITE FLIGHT & HEALTH FAIR (10am - 3pm) @ Cedar Middle School (2215 W Royal Hunte Dr, Cedar). Admission FREE. Iron County students (Pre-school to 6th grade) will redeem 3 months of reading for a free Kite, Book, or Movie Pass. Students and families enjoy the booths of our sponsors, check out the Health Fair activities, and have fun flying their kites. Good food and drinks on sale by the Parowan Lion's club.

COLOR COUNTRY ROCK SHOW (10AM - 4PM) @ Cedar Rock & Bead Shop (718 W 400 N #1, Cedar). Admission FREE. Vendors and Customers wanted! Rocks, Minerals, Crystals, Beads, Metaphysical, Jewelry, and more. Drawings for prizes. Must be present to win. INFO: 435-275-4445.



calendar

ONGOING OPPORTUNITIES

GOVERNMENT

Brian Head Council

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

Cedar City Council

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

Enoch City Council

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Enoch Planning Commission

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

Iron County Commission

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

Iron County Democrats

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

Iron County Republican Women

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

Parowan City Council

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

SERVICE GROUPS

American Legion Post 74

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Veterans invited to learn about benefits, opportunities and fellowship. Honor Guard provides military honors at Veterans funerals. • Post Commander Darrin Duncan (435) 704-1466.

Bikers Against Child Abuse

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Room)

DAR – Bald Eagle Chapter

2nd Sat, 10 am • Cedar City Library, 303 N 100 E

Elks Lodge #1556

111 E Freedom Blvd. Cedar City, (435) 586-8332

Lion's Club

Tues, 12 pm • Call Pres. Roger Shurtz for mtg. info. Everyone welcome! (435) 590-2896

Marine Corps League

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

Rotary Club

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

SUPPORT GROUPS

AA—Alcoholics Anonymous

(435) 635-3603 • www.utahaa.org. Helpline: John (702) 802-1332, Kara (702) 232-6829 KKCBC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Speaking From The Heart • M – Sa, Noon

Steps and Traditions • M – Su, 7 am

Red Road to Sobriety • Mon, 6 pm Paiute Tribe, 440 N Paiute (435) 586-1112 Ext. 307

Misfits • M – F, 6 pm

Cedar Group • Tues, 8 pm

The Great Fact • T, F, Noon. True Life Center 2111 N. Main. • (702) 802-1332 or (702) 533-7856

Red Creek Group • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

Women's Meeting • Sat, 10:30 am

My Story • Sat, 8 pm

Thank God it's Sunday Spiritual • Sun, 11 am

What a Way to Start the Day • Su, W, F 7-8 am • All are welcome

Al-Anon

KKCBC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Al-Anon • 1st, 3rd Tues, 7-8 pm • Call for info: (435) 704-8984

Easy Does It • Tues, 7-8 pm • (435) 559-3333

Hope for Today (Family Groups) Thurs, 6 pm • (435) 559-3333

Alzheimer's/Dementia

Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn about/access resources, connect with others for support. Contact Raven Albertson, 385.831.7124, utahaprograms@alz.org

ARP—Addiction Recovery

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan Sun 7:30 pm • 85 N 600 W, Cedar City, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

Caregivers

1st Tues, Noon • Five County Aging Offices, 585 N Main, Ste. 1, Cedar City

Celebrate Recovery

(Christian 12-Step) Wed 6:30 pm • True Life Center, 2111 N Main, Cedar. Through Christ we can be victorious over any hurts, habits, hang-ups (Phil. 4:13) • Jeff J 801-638-1800, Gary D. 702-303-5662.

Helproom

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, feel supported, share perspectives on healing, recovery. Join: affiliate.rainn.org/helproom/canyoncreekservices.

Multiple Sclerosis

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

Narcotics Anonymous

www.nasouthernutah.org • (435) 635-9603 KKCBC Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

Basic Text Study • Mon, 8 pm

Just for Today • Wed, 8 pm

Hope Without Dope • Thurs, 8 pm

Live and Let Live • Fri, 8 pm

Candle Light Mtg • Sat, 9:30 pm (Small room)

Women Only • Sun, 11 am

Dopeless Hope Fiends • Sun, 8 pm • Meeting Hall, 1067 S Main, Cedar (877) 865-5890

Nicotine Anon (12-Step)

Fri 5 pm • KKCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

Porn Addiction Recovery for Men

Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

Pregnancy, Infant Loss

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • www.southernutahshare.com

Senior Blind/Visually Impaired

3rd Thurs, 1:30 pm • Cedar City Library

Southwest Parkinson's Alliance

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

Widows Support Group

2nd Sat, 11-1pm • Sunrise Church. These Free meetings begin January 8th. Questions? 435-586-3640 or Sonrisechurch.net.

CLASSES, CLUBS & ACTIVITIES

Adult Barre/Modern Dance

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

Arthritis Foundations Exercise

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

Book Club

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

Boy Scout Troop 1848

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door, next to Enoch City Business office. Text Bryan Fanton 435-327-1214

Cedar Breaks Model A/Vintage Car Club

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email cedarmodela@gmail.com.

Cedar Chest Quilters' Guild

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. cedarchestquiltersguild.org

Cedar City ESL

Wed, 6 pm • Free tutoring for English as 2nd Language. Cedar City Library (303 N 100 E).

Cedar City Toastmasters

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

Cedar Professionals

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit www.cedarprofessionals.org

Cedar Radio Control Club

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

Color Country Winds

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

Cub Scout Pack 1848

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-211.

Explorer Bible Club

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

Folk Dancing Class

1-2 pm • Cedar Senior Center (489 E 200 S). Come to your first International Folk Dancing Class! Teaching included. Easy to learn, fun, free for all ages. (626) 808-6129

Hey Cedars Square Dance Club

Wed 6-7:30 pm (Beginners), Dancing 7:30-8 pm • Cedar City Aquatic Center (2090 W Royal Hunte Dr). All former square dancers invited. INFO: Call/Text Neil Mattson 909-477-9795.

International Folk Dancing

Fri, 1-2 pm • Cedar City Senior Center (489 E 200 S). Free. All ages welcome. Teaching included. INFO: (626) 808-6129

Iron County Moms For America

2nd Thurs, 7pm • CC Visitor Center (581 N Main). Help heal our nation, keep liberty alive in your heart & home. INFO: Kami Merrill 435-592-4152 or email: ironcountymomsforamerica@gmail.com

Motivational Mondays

Mon, 6:30-7 pm • Cedar Yoga Space (736 N Main. Add a positive mindset and experience Cognomovement. Leave feeling more balanced, energized, and motivated. No mat needed. \$12 drop in/first time to studio is Free. 541-291-7856.

Parowan Pickleball

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and signup: Parowan Visitors Center 435-477-8190.

Rock Club

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. southernutahrockclub.org

Senior Yoga Classes

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

Sagebrush Fiber Artisans Guild

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

Sewing Group

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

Southern Utah Woodturners

2nd Sat, 9 am, Cedar High School wood shop, 703 W 600 S.

StrongBoard Classes

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

Tae Kwon Do Class

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 W Royal Hunte Dr. \$25/mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

Tai Chi For Health

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

Take Action for Freedom

Wed, 7 pm • Stahl West 600 N. Airport Road, Cedar • Preserve Constitution, Republic, voting laws, medical freedom, education, 1st & 2nd Amendment Rights, ed. on CRT & boarder illegal immigration, local/county/state Legislature

Top Bar Hive Bee Keeping

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

TOPS – Take Off Pounds Sensibly

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

Water Aerobics Class

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-temo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

Wellness Place

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: thewellnessplacecc.com/upcoming-classes

Wellness Wednesdays

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PW: health, Info: Kristi Sharp (435) 986-2564, kssharp@snuhealth.org

To add your ongoing opportunity to our calendar, call 867-1865, ext.6 or email news@ironcountytoday.com

schools

5th annual SEDC Regional Spelling Bee a success!

from Clint Stephens

REGIONAL SPELLING BEE COORDINATOR

CEDAR CITY — The Southwest Educational Development Center (SEDC) is proud to announce the successful conclusion of the 2023 Regional Spelling Bee, our 5th Annual bee, which featured participants from multiple school districts. The event took place on March 27, 2023 at the Iron County School District Office.

The SEDC Regional Spelling Bee brought together some of the best spellers from our school districts, including the top spellers from Millard, Beaver, Iron and Washington counties. In order to compete in the regional bee, students had to succeed in their classroom, school and district bees, with the top 3 from each district invited. In a friendly but competitive

spelling bee, students from grades 3-8 showcased their spelling prowess and made the audience proud with their remarkable skills.

"We are thrilled to have once again hosted the SEDC Regional Spelling Bee and provided an opportunity for talented spellers from different school districts to come together and compete. The event was a great success, and we are proud of all the participants for their hard work and dedicated practice in preparing for the bee," said Joe B. Wright, SEDC's Executive Director.

The SEDC Regional Spelling Bee followed a standard format and rules, with each student receiving a word to spell. If a student misspelled a word, they were eliminated from the competition. The last student standing was declared the winner.

After 20 rounds of intense competition, Vince

Moline, a 5th grade student from Washington School District, emerged as the winner of the 2023 SEDC Regional Spelling Bee, successfully spelling "governance" in the Championship Round. Adelyn Reid, also from Washington, and Hayes Holyoak from Millard School District rounded out the top three. These spellers received a trophy for their accomplishment, and they were praised by the judges for their exceptional spelling skills. All 12 competitors received a certificate and a medal to reward their accomplishments.

The SEDC Regional Spelling Bee was a great success and a testament to the hard work and dedication of all the participants. Southwest Educational Development Center looks forward to hosting more such events in the future and providing opportunities for students to showcase their talents.

IRON COUNTY SCHOOL DISTRICT NEWS NUGGETS

from LeAnn Woolstenhulme

IRON COUNTY SCHOOL DISTRICT

East Elementary

Preparations are underway for construction to begin on our new building! Last week the portable that houses our reading intervention center was moved from the south side of the school to the north side. It does shrink our play area, but it is necessary for construction to begin.

On Thursday, April 6th, the USU extension came and worked with our fifth-grade students. They reviewed the terms hydrosphere, atmosphere, geosphere, and biosphere. They discussed how these spheres work together to support life on earth. Farming, pollination, flooding, and drought were also covered. Students were divided into groups where they did topic specific activities, then presented their findings and work to the other students.



East Elementary has a school wide challenge this month: to have a positive attitude. We encourage you to ask your child what the best part/a positive part of the school day was. Remind your student to focus on the positive, and encourage them to have an attitude of gratitude, and to share happiness with others.

Three Peaks Elementary

Three Peaks Elementary is pleased to announce the following winners of the 2022-23 school spelling bee. For the 1st-3rd grade contest; Gracie Wilcock-1st place, Logan Wilson-2nd place, and Brynlee Bodily-3rd place. For the 4th-5th grade contest; 1st place-Aubrey Tuttle, 2nd place-Alison Rebeiro, and 3rd place- Hannah Scherzberg. We are very proud of all the students who studied hard and did a wonderful job in the class and school spelling bees. Thank you to all of the spelling bee judges for their help with this contest- Marcy Christensen (head judge), Tiffany Oliver, and Karlee Quinones. School will not be held April 8-16 for Spring Break and will resume on April 17, 2023. The PTA has planned some great family activities for the week of April 17-21. Please watch for details from teachers and notes from school.



Launch High School

Students at Launch High School Start a Nonprofit to Help Teens. A group of students at LHS formed the TeenX youth organization this semester, working with their teachers and other business advisors to learn how they could help teens gain confidence. After seeing so many of their peers struggling with intense anxiety since the COVID pandemic, these students decided to change the narrative and focus on confidence, rather than fear. Their mission is to Create a Culture of Confidence, one extraordinary teen at a time.

Founding member Emily Templin reported, "When I got to middle school, I became extremely reserved; talking to new people was difficult. Creating a culture of confidence is so important because that's exactly what I needed when I was younger. I would have been so much happier if I had access to the resources TeenX wants to provide."

The TeenX student group collaborated with researchers from SUU as well as professional event planners and graphic designers to learn not only the skills of confidence but also how to incorporate those skills into live events that will give students an opportunity to interact socially, practice confidence, and have fun. Their first live event is the Hero Run, a family friendly 5K run/walk where participants can dress up as their favorite superhero and "Tear Down Their Own Walls" of fear and anxiety.

The Hero Run will be held on May 13 at Veterans Park. There will be Mother's Day prizes, teen vendors, and student-led warm-ups. (There might even be dinosaurs!) Proceeds will go towards students who need help purchasing track shoes this season and towards the long-term goal of

bringing a Teen Center to Cedar City. Participants can find more information at <https://tinyurl.com/herorun2023>.



Fiddlers Canyon Elementary

We hope everyone is having a great spring break, and we look forward to seeing everyone back at school on Monday, April 17.

Our next PTA meeting will be held on Wednesday, April 19, at 1:30 in the faculty room. We will be voting on next year's executive committee and need your voice and your vote. If you haven't yet joined PTA, it isn't too late! Head to <https://fiddlers.memberhub.com/store> to pay your dues and become a member.

Our choir's spring concert will be held at the school on Thursday, April 27, at 6 pm. We are excited to hear students take us on a journey with their Jukebox Time Machine. Don't miss it!

The Color Run will be Friday, April 28 at the end of the school day. Students will want to wear clothes that can get colorful, and parents might want a towel to throw over car seats when picking students up after school. We can't wait for all the colorful fun! For more updates and highlights, follow the Fiddlers Canyon Elementary PTA page on Facebook.

schools

Local Sterling Scholars shine bright at competition

by Selene Corbridge, Chris Haught, & Joe B Wright

STERLING SCHOLAR COMMITTEE

Southern Utah University hosted the annual Sterling Scholar competition on March 30, 2023. One hundred and seventy-five students from nineteen high schools met on Southern Utah University's campus to complete the final round of judging. The day's events included competitive interviews followed by an Awards Program in the evening.

This statewide academic competition recognizes the achievements of Utah's high school seniors in the following fifteen categories: Agriculture Science, Business and Marketing, Computer Technology, Dance, English, Family and Consumer Sciences, General Scholarship, Mathematics, Music, Science, Social Science, Speech and Drama, Skilled and Technical Science Education, Visual Arts and World Languages.

Each of the 175 finalists were interviewed by judges and given time to explain their personal achievements and awards compiled in their digital portfolios. The winners will be chosen based on their experience and skills in scholarship, leadership, and citizenship. A winner and two runners-up in each of the categories was chosen. These deserving scholars receive a Sterling Scholar pin or charm along with a scholarship. Finalists from each high school also receive a Sterling Scholar Certificate. The three judges in each category come from local communities, Dixie State University and Southern Utah University.

Many colleges and universities in Utah offer scholarships to both the winners and the runners-up to help these students in achieving their goals. Some of these scholarships include cash amounts up to \$2500 or full tuition waivers. The support from the higher educational institutions in the state is much appreciated and utilized by Sterling Scholar recipients.

Since its inception, the program has expanded from its origins in Salt Lake City to include 5 region-wide competitions throughout the state that continue to publicly recognize outstanding seniors and encourage academic excellence. The program began in the early 1960's, when Steve Hale, a Deseret News columnist; LAVOR Chaffin, an education reporter at the Desert News; and Keith West, the Deseret News' director of marketing realized that while their newspaper had been recognizing outstanding athletes for years, there was no mechanism in place to recognize outstanding scholars. Together with the Utah Board of Education, they developed the Sterling Scholars program.

We applaud all those who labor to make this program a reality each year. The parents and teachers of all nominees have dedicated untold hours to ensure the success of these students. We give a heartfelt thanks to all that have donated so much time and energy into providing this opportunity for the best and brightest in Utah.

Congratulations to all the students and we wish you the best in all your future endeavors.

CANYON VIEW HIGH



Elsie Call
Social Science
WINNER



Hannah McKael Brandt
Dance
RUNNER UP



Regan Elise Miller
Family & Consumer
Sciences
RUNNER UP



Taytum Stratton
Science
WINNER

CEDAR HIGH



Abigail Roudy
Social Science
RUNNER UP



Alyssa Rose Monson
English
RUNNER UP



Ava Joy Parson
Visual Arts
WINNER



Jeron Clarence Osguthorpe
Computer Technology
RUNNER UP



Kirstin Lucy Corry
Music
WINNER

PAROWAN HIGH



PHOTOS COURTESY DESERET NEWS AND KSL STERLING SCHOLAR AWARDS
Ashlynn Packwood, Jeffrey Howser, Harrison Cheney, Jayden Griffiths

schools

Kite Flight to soar again in Cedar City

by Karen Plunkett

FOR IRON COUNTY TODAY

Let's bring on Spring and enjoy the Lion's Club Kite Flight and Community Health Fair. Come join us Saturday April 22, 2023, at the Cedar City Middle School lawn. The event will be from 11 AM to 3 PM.

This is the 19th year we have celebrated children's reading by giving each pre-school, grade school and middle school child a reading chart to record the time they read each day. Each child turns in their chart at the Fair and receives a movie ticket and either a kite or a book of their choice. Last year we collected 550 reading charts. Let's see if we can beat that record! The class with the most reading charts will also receive a pizza party.

We have a great group of sponsors whose dollars are divided and given to each school's PTA or PTO based on the reading charts received at the Kite Flight. There will also be free eye screenings, and of course, the kite flying contests. The Parowan Lion's club will be selling hot dogs and hamburgers and SUU's Rotaract Club is joining us and providing a Community Health Fair.

We never know what the weather will be like, but come join us for a fun filled family event.



COREY BAUMGARTNER



COURTESY CANYON VIEW HIGH SCHOOL

Canyon View students enjoy a unique visit from Utah Governor Cox.

TO BE A BUILDER

by Kayleah Madsen

FOR IRON COUNTY TODAY

Do you create problems, or do you work to solve them? Last Monday, Canyon View's Student Council paid a visit to Parowan High School to hear Governor Spencer J. Cox speak. He emphasized the importance of teaching and water conservation, and answered questions from Parowan's Student Council ranging from "What do you like about Parowan?" to "What are you doing to close the gender wage gap?"

While I could ramble on all day about his answers, it was the Governor's optimism that stuck out to me the most. Near the end of his visit he expressed his high hopes for the future of our country, and encouraged us all to "work to be builders," to help solve problems, and to make a positive impact. And here at Canyon View, our students have been busy building.

Our Sterling Scholars recently competed in a regional competition. Although not all of our competitors won, I have no doubt in my mind that each and every one of them will achieve great things, and make the world a little better for the rest of us. With that said, I am pleased to announce our competitors who finished first. Congratulations to our winners: Elsie Call (Social Science) and

Taytum Stratton (Science), and runners-up: Regan Miller (Family and Consumer Science) and Hannah Brandt (Dance). They truly deserve every bit of their victories; we are all so proud of them!

Our drama department also went to region and performed phenomenally! Canyon View placed 1st overall, as well as placing 1st place for our one act play - Macbeth. In monologues Emma Armour placed 1st in comedic, Orlando Sham placed 1st in dramatic, and Blake Dunn placed 3rd in dramatic. In scenes Elsie Call and Kayleah Madsen placed 1st in contemporary, Gavin McClelland and Brenna Haley placed 2nd in contemporary, Skyler Cooper, Jaxten Dupass, and Marina Paul placed 3rd in contemporary, Ivy Colbert and Clara Call

placed 1st in classical, and Haley Rowley, Kate Sowards, and Kate Thatcher placed 2nd in classical. In Musical Theatre, Ivy Colbert placed 1st, and Blake Dunn, Haley Rowley, Braelynn Haley, and Jared Sowards placed 2nd. Finally, in pantomime Brenna Haley and Solei Grimshaw placed 2nd. I am proud of everyone and am excited to see how we fair at state!

Even as the school year comes to a close, we continue to be builders. We continue to achieve and take pride in our school. And even though we may hit some obstacles, we always work together to solve them. This, more than anything, gives me hope for the future.

NEWS FROM THE NEST

family

Preparing for the unexpected: home edition

Families have a lot of stuff. From necessities like shoes and clothing to entertainment like books and music to toys. And more toys. And then just a few more toys.

All of the little things that make up the life of each family member can make our home feel a little cluttered at times. Especially with the majority of our family being under the age of five and still learning the concept of clean up.

While I can never guarantee that the ground will be free of puzzle pieces and stuffed animals, I have a few tricks up my sleeve to make me confident that I won't be humiliated by what unexpected visitors could find behind the front door.

First and foremost: smell.

First impressions are lasting and when the scent of last night's meatloaf is drifting out the doorway you're off to a bad start.

I personally begin my day by replacing my wax melts with a new cube to freshen our living area. If you're one of those who believes breathing the scent diffused by melted wax is somehow cancerous, there are a plethora of other options. From essential oil drops to grinding lemon peels in the garbage disposal, pick your favorite method and clear the air.

Second: do the dishes.

This task isn't nearly as simple but equally vital. Loading the dishwasher and maintaining an empty kitchen sink goes a long way toward the appearance of order and cleanliness.

Third: wipe off the countertops.

I'm fairly certain that our family is not the only one that accumulates a week's worth of paperwork, loose change, snacks and miscellaneous junk on our countertops every single day.

Keeping a basket nearby to sweep up the

mom's CORNER(ED)

by **Weslie Stratton**

CONTRIBUTOR



“First impressions are lasting and when the scent of last night's meatloaf is drifting out the doorway you're off to a bad start.”



SHUTTERSTOCK

counter clutter is helpful when you hear the doorbell ring. Take 20 seconds to load the basket and run a wet wipe across the surface.

PRO TIP: while not antibacterial, wet wipes can be used to surface clean just about everything in your home.

There it is! Follow these three basic rules to be

ready for anyone who comes your way. Keeping up on a fresh scent, dishes and a clear countertop are lifesaving ways to keep you from cringing when a neighbor invites themselves in while returning Tupperware.

If your unexpected guest asks to use your bathroom, send them home, they are not a true friend!

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business

Vibrant communities, local media must work together

This week, we discuss the importance of local media in building a vibrant transformative community. Don't confuse local media with National media, they are different in their mission and scope. Local media can be vital in a community's transformation and vibrancy. It was recently asked, What happens when a community loses their local newspaper? A follow-up question was also asked, How would that community then get their news? As might be expected, answers varied from things such as radio, social media, word of mouth, friends, neighbors, to answers such as other regional outlets and so forth. All of which are accurate to a degree, but regardless, it was agreed the community would suffer from lack of accurate information.

Who is consistently going to be the community voice sharing the community's feel-good stories, business openings, and convey the great things happening locally to the outside world? Aside from a local media company sharing the great happenings in your community, let's carry reality one step further. When potential new businesses are looking to relocate to a community, they first tend to Google all the prospective communities or locations. Without a voice sharing the great things going on, they are left with only the impressions of the less desirable things. While I wish this was only a "what if" situation, unfortunately, nearly two thousand communities across the country experience this scenario today.

Local newspapers can be the eyes into the soul of your community. They should be the community's ambassador to the outside world. If the local newspaper can't convey your community's positive message to the outside world, who then will be able to convey that message in a consistent and accurate fashion? If your local newspaper isn't doing this, demand them to do so.

Newspapers should be the community's proverbial communication town square. In today's world of media fragmentation and information sources, providing this role is more critical than ever. Local communities need every bit of help they can muster, having a local media presence fulfilling the above roles is critical to the overall success and vitality of the community.



JOHN A. NEWBY
COLUMNIST

A recent Notre Dame study indicated a community that loses their newspaper could expect the cost of local government to increase by 30% within five years. This doesn't mean government is bad, but without the media oversight, they tend to spend more than they otherwise might. Regardless of the political leanings of the local newspaper, that simple act of oversight

saves a community hundreds of thousands or even millions of dollars.

Another recent poll shows most residents believe their local newspaper is doing fine financially. While many newspapers are okay, it is safe to say most local media outlets are facing challenging and potentially crippling economic headwinds. Importantly, it is often the case communities are facing many of these same economic challenges. The media company and the community must work together, finding synergies that can be created to mold a strong community foundation from which to build. For both to succeed,

they need each other more than ever before.

When a community loses its newspaper, part of that community dies. In addition to less civil engagement, these communities may lose their identity. A quote by Portland State's Lee Shaker was recently shared with me. He said in a Nieman Lab report, "If a community loses its newspaper, it stops being its own place. It becomes a satellite of something else, rather than having its own core identity." A community without a newspaper becomes a rudderless ship adrift in the treacherous economic currents of life.

"A community without a newspaper becomes a rudderless ship adrift in the treacherous economic currents of life."

finances

ASK RUSTY: GOV. PENSION

Retired public servant feels government pension offset "unjust"

from Assoc. of Mature American Citizens

FOR IRON COUNTY TODAY

Dear Rusty: I'm a retired firefighter and live in Ohio. I earned Social Security from my side employment, but the Windfall Elimination Provision (WEP) hit my Social Security very hard. My wife worked in the school system and earned a state "SERS" pension. I understand the WEP offset and that doesn't bother me as much as the fact that my wife doesn't get my Social Security benefits when I die - her state pension is above the monthly limit for her to receive my Social Security. I earned that benefit by working extra jobs and being away from my family, and it seems unjust that my benefits expire with me. Thanks for letting me vent.

Signed: Retired Public Servant

Dear Retired Public Servant: The provision you deem as "unjust" isn't the Windfall Elimination Provision (WEP) which affects SS retirement benefits for those who also have a "non-covered" pension (a pension earned without contributing to Social Security); rather it is the Government Pension Offset (GPO) which also affects those who have a pension earned without contributing to Social Security. Though

I know it is no consolation, your frustration about the Government Pension Offset (GPO) is shared by nearly a million other Americans in a similar situation. The GPO has been law since 1983 and is intended to "equalize" how spousal and survivor benefits are paid to all beneficiaries. I'm certainly not defending it, but I've researched why the GPO was enacted decades ago.

Historically, ever since spousal and survivor benefits became part of Social Security's benefit structure in the late 1930s, if a spouse also has their own personally earned SS benefit, any spousal/survivor benefit they also became entitled to was offset by their personally earned SS retirement amount. The prevailing opinion in the 1983 Congress was that because regular spousal and survivor benefits are normally offset by the spouse's

own earned SS benefit, it was unfair that a spouse who had a "non-covered pension" didn't incur the same offset as those who had no such non-covered pension. Thus, GPO was enacted in 1983 to "equalize" how spousal and survivor benefits were paid. It is the GPO which will affect your wife's benefit as your surviving spouse because she earned her state pension while not contributing to Social Security.

To give you a more personal perspective, if your wife had, instead, worked outside of the OH school system and was entitled to a full Social Security benefit based on her own earnings from which she



RUSSELL GLOOR
SOCIAL SECURITY
ADVISOR

obituaries

Betty Lynn Burke



On Thursday, March 30, 2023, in the home of her daughter and son-in-law, our beloved Betty Richins Burke, daughter, sister, friend, wife, mother, grandmother, and great grandmother (GG), peacefully passed away. Betty had been suffering from congestive heart failure, and at 89 years old, she had overcome many obstacles associated with this heart ailment.

Betty was preceded in death by her 1st husband Gene, and 2nd husband Tom, her Mama Leah and her Daddy George, her stepmother Lenore, her brothers Arthur (Art) and Linear, and sisters Lea Rachel and Thelma, step daughter Laurie, and a great-granddaughter baby Abigail.



She is survived by her daughter Debbee Back and her husband Dennis, step daughter Donna Jones and her husband Arthur, five grandchildren: Jeremy Back, DeAnne Goaslind, Tiffany Nelson, Danny Back, and step grandson Evan Nelson; 15 great-grandchildren: Kylie, Easton, Mason, Anni, Anders, Emmi, Dawson, Pearse, Lucky, Duke, Pepper, Valentine, Adi, Cayden,

Jayden, and her younger sister Lucille Flint and brother-in-law Don Flint, and brothers- and sisters-in-law from the Burke family.

Betty was born on April 15, 1933, in Virden, New Mexico to George and Leah Richins. She attended school in Lordsburg, New Mexico, and graduated in 1951. She was crowned Homecoming Queen her senior year, participated in the Drama club, and was a Cheerleader. Betty loved to play baseball with her brother Art and his friends. Her little sister Lucille shared that she and Betty "had so much fun double-dating, going to dances, school and games together. They loved sharing each other's clothes and shoes, and cutting and styling each other's hair dos."

Betty's mama died when she was three and her two older sisters, Leah Rae and Thelma were like mothers to Betty who always expressed how grateful she was for their protection and guidance. After graduation, Betty journeyed to the big city of El Paso where she lived with her oldest sister Leah Rae. The El Paso Natural Gas Company hired Betty and she became an executive secretary in the Law department where she worked for 35 years. She married Gene, and later they divorced, but not before her only child Debbee was born. Betty was a champion bowler and consistently bowled over 200.

She was an avid collector of coins, rocks, and stamps, and she played softball for many years. Later, after 15 years of being a single mom, she met the love of her life, Tom, and they were married for 39 years. After they both retired, she and Tom enjoyed traveling around the country with their Suburban and Hi-Lo. One of their favorite trips was to Western Canada and Alaska where Betty had so much fun fishing, touring around to see the amazing

wildlife, and panning for gold.

After retiring, Tom and Betty moved to (Mountain Springs) New Harmony, Utah. They built a dream home there and their goal was to enjoy a leisurely life of retirement; however, this was not to be. Since both of them were highly skilled, they were asked to help run the local water company, which they did for 24 years. In fact, Betty bought a manual on Quick Books so she could teach herself to apply the software well enough to place all of the billing for the water company online. While they lived in New Harmony, they both earned amateur licenses to operate HAM radios. Several neighbors joined them and they participated in Ham Radio Relay competitions.

Betty loved the New Harmony Ward and she served as a Visiting Teacher, Compassionate Service leader, and the Ward Historian for many years. Betty loved to play games and taught her grandchildren Mexican Train, Solitaire, Sequence, Cribbage, and Polish Poker. For years, she and Tom enjoyed Family Home Evening and playing these games with dear friends the Readings and the Burrows. Also, Betty loved working on puzzles with her grandchildren! She liked brain challenges like 3-D puzzles and Rubik's Cube. Betty and Tom enjoyed traveling to National sites, and she prided herself that she always could quickly name the states and capitals. She was a voracious reader and collected and read hundreds of fiction, non-fiction, and church books. People collect books, but seldom read them all, Betty did! She has a binder filled with all of the titles and dates she completed the books. Also, she has numerous binders filled with all of the cards and letters she received throughout the years. They are a priceless time capsule of information.

The family loved spending the holidays with Tom and Betty, and everyone loved the time together at the family cabin. Betty wasn't a gourmet cook, yet she loved baking real homemade German Chocolate Cake, Texas Sheet Cake, Caldillo (Mexican soup), and Green Chile Turkey/Chicken Enchiladas. The grandchildren and great-grandchildren loved receiving Grandma Burke's Christmas and Birthday cards, especially since they included a cash gift.

Betty will be missed; moreover, she will be beloved and remembered for her dedication and devotion to her family, and friends, and for her love of the gospel and the teachings of her Savior.

Funeral services were held on Tuesday, April 11th in Cedar City, Utah, at Southern Utah Mortuary at 190 North 300 West. The viewing was from 12:00-12:45 PM, funeral services at 1:00 PM, and the graveside followed in New Harmony at the New Harmony Cemetery under the direction of Southern Utah Mortuary. Online condolences can be made at www.mortuary.org.

The family expresses a depth of gratitude to the 4th floor staff at the St. George Regional Hospital for their tender care of Betty. Also, we have such heartfelt gratitude to Connie who is truly an angel from the Visiting Angels, and we are grateful to Enhabit Home Health Care staff-especially our favorite PT Leslie. Thank you to Dr. Phillip Smith for always being kind and patient, to Dr. Orme for giving mom her favorite nickname, "BBGG," and to a special RN Hayley for showing so much love and compassion to Betty.

Gale Wyatt Roberts



Gale Wyatt Roberts, age 79, passed from this life on April 1, 2023. He was born in Elkmont, Alabama on April 10, 1943, to Joseph W. and Annie Lee Birdsong Roberts. His family then moved to Cedar City, Utah in 1946. It was in Cedar that Gale was raised and spent most of his life. He was proud to grow up in "Dog Town" and claimed that title his entire life.

He graduated from Cedar High School in 1961, where he excelled at track. Shortly after graduating

high school, Gale moved to Salt Lake and attended Stevens-Henagar College. He moved to Oregon for a few years before returning home to Cedar. He met the love of his life and eternal companion, Lana Topham, and they were married on August 6, 1973. Their marriage was later solemnized in the St. George Temple. He and Lana were faithful members of the Church of Jesus Christ of Latter-day Saints, and later served a mission at the Home Storage Center.

After Gale and Lana were married, they managed the Zion Motel for several years. Gale then spent the remainder of his working years in the grocery industry working for Albertsons and Fresh Market. This is where Gale formed long lasting friendships and relationships with co-workers, and customers alike. In fact, everyone in town seemed to always know him as the tall guy who worked at Albertsons. He loved seeing the daily and weekly customers as he managed the front end of the store and also worked as a cashier.

Gale was an avid bowler and golfer. He bowled in various leagues until his last back surgery. He then turned to golf and could be found on the golf course 5 days a week after retiring. He met new friends on the course and after his physical health forced him off the course, he missed those friendships dearly. He was a true sports fan and would watch just about anything on TV. However, he especially loved baseball and his New York Yankees. If he wasn't watching sports, he could always be found talking sports with his kids.

Gale loved his family deeply and was extremely proud of each of his children. He will be missed by his loving wife, Lana; his children, Allan (Stephanie) Roberts; Jeff (Danielle) Roberts; Stacie (Ryan) Peterson; Tennile (Jeremy) Manwaring; 10 grandchildren; 10 great-grandchildren; and his brother Wayne Roberts. He is preceded in death by his parents.

Funeral services for Gale were held Saturday, April 8, 2023, at 11:00 am. Viewings were held Friday, April 7th from 6:00-8:00 pm and Saturday, April 8th from 9:30-10:30 am at the Rock Church, 75 E Center, Cedar City, UT. Burial was in the Paragonah Cemetery under the direction of Mosdell Mortuary.

The family would like to thank the wonderful caregivers from Zion's Way Home Health and Hospice-Cedar City for the care shown to Gale. A special acknowledgment to Anna for the service and compassion that she gave to Gale.

PENSION

« CONTINUED FROM PAGE 26

contributed to SS, any survivor benefit she might become entitled to from you would still be offset by her personally earned SS retirement benefit. If her own SS retirement benefit was

more than her entitlement as your widow, she would get no additional amount as your surviving spouse. Or if her own SS retirement benefit was smaller than yours, her survivor benefit would still be offset by her own benefit (her benefit would be paid first and only a supplement added to bring her payment to the higher amount she

was entitled to as your widow). The purpose of the Government Pension Offset is to equalize how spousal, or survivor benefits are paid to those with, and to those without, a non-covered pension. Indeed, because the GPO only offsets the potential spousal/survivor benefit by 2/3rds of a spouse's non-covered pension, the GPO is

actually a bit more forgiving.

This article is intended for information purposes only and does not represent legal or financial guidance. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

faith

Pit Stops

What do you picture in your mind when you think of a pit stop? If you're a racecar fan, you know their importance during a race to refuel and repair. Maybe you've had to race from your car to your house to make a personal pit stop? The point is that we all need to take pit stops, each day, in our lives to help us race (live) healthier and happier.

Did you know that the Bible is also full of pit stops. Think of your favorite story from the scriptures and more often than not you'll find some type of a pit, prison, peril and persecution involved. Just as there is opposition in all things, there are pits always trying to lure us in, or keep us from living our best lives and from our divine destinations.

Shadrach, Meshach, and Abednego were cast into a fiery pit because they worshipped God more than gold (Daniel 3:13-30). Daniel was cast into a ferocious pit because he refused to stop praying to God (Daniel 6:16-28). Joseph was cast into Pharaoh's pit because he was accused falsely of a crime (Genesis 37:23-24 and Genesis 39:20-23).

And yet, in these perilous and even, inescapable pits (let alone endurable), God was still with them. In the end, their personal pits didn't stop their potential progress, or prevent their piety. Shadrach, Meshach, and Abednego were rescued from the flames. Daniel was rescued from the fangs. Joseph was not only rescued

from the chains, but was promoted from the pit to the palace.

What pits are you stuck in and striving to endure today? What pits are you trying to avoid? Yes, there are many pits of trials and temptations, but know that Jesus will help you endure and escape them (1 Corinthians 10:13). No matter what or where your perilous pits are, always remember that when life is the pits, God is still with you and for you! You may not always see it, or feel it, but He is there in the flames, the fangs and the chains. No matter how fiery, dark, or enduring your trials are, don't give up on Him. And we can't give up on each other, either.

That's why no matter your pits,



you need a personal pit crew. Some people you trust to be in your pit crew are there to pull you out (not push you in). Other times, they are there to help protect you while you endure the flames, fangs and chains. People who give you advice are often necessary, but more often than not you just need someone who can encourage you to keep racing. They're offering protection not just direction and know how to console not just counsel.

Moses had a faithful pit crew—Aaron and Hur (Exodus 17:8-13) and you can too, through Christ. No matter your race (Hebrews 12:1-2) He wants to be with you during your pit stops and a part of your daily pit crew (Romans 8:31).

His resurrection remembered brings joy and hope

by Edy Meredith

FOR IRON COUNTY TODAY

The Resurrection accounts of Jesus in the Gospels of Matthew, Mark, Luke, John (and in Paul's writings) are the most dramatic and impactful narratives ever told. One similarity unites each testimony—that none of His most loyal and steadfast followers could “see” it was Him back from the dead. The reason for this is at the very foundation of the Christian faith.

Resurrection Sunday (Easter) is called the most solemn and important holiday for Christians—a time of spiritual rebirth and celebrating the physical rebirth of Jesus after three days in the tomb. Each of His followers at first failed to recognize Him. All of them physically saw him and yet did not spiritually truly see Him. It was only when Jesus reached out and invited them to see who He truly was that their eyes were opened. This is the central message of the Christian faith. He invites us to know Him personally and provides historical evidence that changes lives even today.

The Gospel writers provide eye-witness evidence: 1) Mary Magdalene saw Him on the Sunday morning following His crucifixion (Mark 16:9, John 20:14-18); 2). Several other women saw Him a short time later (Matthews 28:9-10); 3). On the same day, He appeared to Peter (Luke 24:34, 1 Corinthians 15:5); 4). Two disciples on the road to Emmaus saw Him late Sunday afternoon (Mark 16:12-13; Luke 24:13-32); 5). In the evening of the same day, He came to the eleven (without Thomas) as they met in the upper room (Mark 16:14, Luke 24:36-48, John 20:19-23, 1 Cor. 15:5); 6). He came again to the eleven eight days later (John 20:26-30); 7). After His disciples returned to Galilee, seven met Him on the shore of the sea (John 21:1-22); 8). He appeared in Galilee to more than

500 followers (Matthew 28:16-17; 1 Cor. 15:6); 9). In the next few weeks, He revealed Himself to His brother James (1 Cor. 15:7; 10). Six weeks after the Resurrection at the time of His ascension to heaven, He was seen by about 120 people including the eleven apostles, while the day before, He met some of them in Jerusalem and led them out of the city east to the village of Bethany. Then all of them walked back toward the city until they crossed the Mount of Olives. The following morning after commanding them to evangelize the whole world, He rose into the clouds (Luke 24:49-53, Acts 1:4-15, 1 Corinthians 15:7); 11). Then remarkably Paul's encounter with the Risen Christ took place more than a year later (Acts 9:1-22).

“He invites us to know Him personally and provides historical evidence that changes lives even today.”

By comparison, many historical events that 2,000 years later people believe happened, have no eyewitness evidence but rely on second-hand information relayed to us by historians and rarely are attested to by any eyewitness testimony. The strong evidential foundation underlying Christian belief in the Resurrection of Jesus the Messiah has no parallel in historical records before or since Christ rose from the dead two thousand years ago. He lives who once was dead and subsequently has appeared to others since His birth, ministry, death, and resurrection. Hallelujah and praise to the living Messiah and Savior. Indeed, He is alive even today. “I am He who lives, and was dead, and behold, I am alive forevermore. Amen.” (Revelation 1:18)

VERSE OF THE WEEK

MATTHEW 28:5-6

“Do not be afraid, for I know that you are looking for Jesus, who was crucified. He is not here; he has risen, just as he said.”

Jesus didn't suffer and die just to make a nice bedtime story and helpful hymns. He overcame all things, including death, and rose again so He can help you through your crosses, crucibles, trials and tombs. He also wants to and will help you write and re-write your story so that no matter how many times you fall, or are pushed down, you can also overcome all things and rise again.



From SUU basketball to Bowling, Coach Simon's legacy will live on and be lived up to at SUU.

SUU ATHLETICS

SUU's Simon leaving for Bowling Green

by Regan Hunsaker

ASSISTANT AD, SUU SPORTS INFORMATION

CEDAR CITY — After a successful season, Coach Todd Simon announced that he will be leaving Southern Utah Athletics to take a head coaching job at Bowling Green. Since 2016, Coach Simon has transformed SUU's Men's Basketball program.

Athletic Director Doug Knuth said of Simon's departure, "The entire Southern Utah University and Cedar City community will miss Todd and Katie Simon and their children. We thank them for their service to our student-athletes, athletic department,

"...thank you Southern Utah, and thank you Cedar City for embracing us and believing in our vision."

Coach Todd Simon

and university. While we will miss them as colleagues and friends, we wish them all the best in their return to the Midwest and know they will be SUU fans and friends for life."

Coach Simon shared, "It was an honor and privilege to serve Southern Utah University for the past 7 years. My family and I have also grown our family

here and built lifelong relationships. We are extremely grateful for all of the student-athletes, coaches, administrators, students, faculty, fans, and alumni that have had a hand in building a perennial 20-win program that has

see **SIMON** » 33

REDS BATS STRUGGLE AGAINST DH

by Tom Zulewski

IRON COUNTY TODAY

The Cedar Reds baseball team was able to strike first in its Region 10 game against Desert Hills on April 4, but the Thunder took off with a big inning and cruised to a win.

Desert Hills scored eight runs in the bottom of the fourth inning and added four more in the sixth to finish off a 12-2 victory over Cedar. Landon Musgrave held the Reds to just two hits over five innings of work on the mound with three walks and 12 strikeouts. Krew Giles had both hits for Cedar in the loss.

On April 6, Tytan Tate and Crew Christensen combined on a two-hitter as Desert Hills shut out Cedar, 9-0. The Thunder got their offense started with two in the top of the first and added four more in the fifth to improve to 4-2 in Region 10 and 9-7 overall. Cedar fell to 0-6 and 1-15.

The Reds played at Snow Canyon on Tuesday in a game that was too late for press deadline, and they will host the Warriors on Friday starting at 3 p.m.



Cedar

2



Desert Hills

12

PREP SCOREBOARD

SCORES

Region 10 Baseball

4/4	Desert Hills 12, Cedar 2 Dixie 12, Pine View 2 Crimson Cliffs 1, Snow Canyon 0 Moapa Valley 8, Hurricane 6
4/5	Arbor View (Nev.) 10, Dixie 3 Liberty (Nev.) 4, Dixie 1 Snow Canyon 7, Spanish Fork 2 Hurricane 6, Virgin Valley 4
4/6	Desert Hills 9, Cedar 0 Dixie 8, Pine View 1 Snow Canyon 1, Crimson Cliffs 0

Region 12 Baseball

4/3	Emery 10-2, Grand 7-0
4/4	Canyon View 14-14, Richfield 4-7
4/5	Emery 14, Grand 2 Westlake 10, Carbon 4
4/7	Canyon View 14, Richfield 3

2A West Baseball

4/5	Parowan 14-11, Millard 1-12 Beaver 12, Milford 5
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Region 10 Softball

4/4	Desert Hills 11, Cedar 1 Dixie 16, Pine View 6 Snow Canyon 2, Crimson Cliffs 1
4/5	Virgin Valley 16, Pine View 1
4/6	Desert Hills 19, Cedar 3 Pine View 19, Dixie 12 Snow Canyon 2, Crimson Cliffs 1

2A South Softball

4/6	Enterprise 19, Panguitch 0
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Region 10 Boys Soccer

4/4	Desert Hills 3, Cedar 1 Snow Canyon 2, Pine View 1 Crimson Cliffs 6, Hurricane 0
4/6	Cedar 1, Crimson Cliffs 0 Desert Hills 2, Snow Canyon 1 Dixie 5, Pine View 1

Region 12 Boys Soccer

4/6	Canyon View 2, Parowan 0
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2A South Boys Soccer

4/6	Canyon View 2, Parowan 0 San Juan 0, Diamond Ranch 0, Broncos win on penalty kicks
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STANDINGS

RPI RANKINGS IN PARENTHESES

Region 10 Baseball

	REGION	OVERALL
Dixie (3)	4-0	13-3
Crimson Cliffs (2)	5-1	13-3
Snow Canyon (1)	5-1	15-3
Desert Hills (5)	4-2	9-7
Pine View (8)	0-4	3-9
Hurricane (9)	0-4	4-6
Cedar (11)	0-6	1-15

Region 12 Baseball

	REGION	OVERALL
Carbon (3)	3-0	7-3
Canyon View (2)	5-1	12-4
Emery (5)	4-2	9-6
Richfield (8)	0-3	4-7
Grand (14)	0-6	4-8

2A West Baseball

	REGION	OVERALL
Enterprise (1)	5-1	11-4
Kanab (6)	3-1	5-5
Beaver (4)	3-2	9-4
Milford (9)	2-1	4-4
Parowan (8)	1-3	2-6
Millard (11)	1-5	5-7

Region 10 Softball

	REGION	OVERALL
Desert Hills (4)	6-0	13-4
Snow Canyon (6)	6-0	11-6
Crimson Cliffs (7)	2-3	6-7
Cedar (9)	2-4	4-7
Pine View (11)	1-3	5-7
Dixie (12)	1-3	5-9
Hurricane (10)	0-5	4-6

Region 12 Softball

	REGION	OVERALL
Carbon (5)	1-0	4-4
Canyon View (3)	3-1	12-3
Emery (9)	2-2	6-6
Richfield (12)	1-2	6-5
Grand (18)	0-2	0-5

2A South Softball

	REGION	OVERALL
Enterprise (1)	4-0	7-3
Milford (8)	3-1	5-3
Beaver (7)	4-2	6-6
Millard (10)	3-1	3-7
Parowan (2)	1-1	4-4
Panguitch (12)	0-2	1-4
Kanab (16)	0-4	1-8

Region 10 Boys Soccer

	REGION	OVERALL
Crimson Cliffs (3)	6-1	8-2
Desert Hills (2)	6-1	7-2
Dixie (7)	4-3	5-5
Cedar (10)	4-3	4-7
Snow Canyon (9)	3-4	4-6
Hurricane (14)	1-5	1-8
Pine View (12)	0-7	2-8

Region 12 Boys Soccer

	REGION	OVERALL
Emery (7)	4-0	4-3
Carbon (5)	4-1	4-2
Canyon View (10)	2-3	3-3
Grand (13)	1-3	4-4
Richfield (14)	0-4	3-6

2A South Boys Soccer

	REGION	OVERALL
Gunnison (1)	6-0	6-0
Beaver (5)	5-1	5-1
Parowan (12)	4-3	4-6
Millard (6)	2-3	3-3
South Sevier (13)	2-3	2-5
San Juan (21)	1-3	1-4
Diamond Ranch (18)	0-7	0-7

SCHEDULE

Region 10 Boys Basketball

2/21	4A playoffs, first round Cedar at Desert Hills Hurricane at Ridgeline Green Canyon at Snow Canyon Mtn. Crest at Crimson Cliffs Pine View at Layton Christian Bear River at Logan
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Consistent Falcons sweep past Wildcats on diamond

CANYON VIEW EARNS NO. 2 RPI RANKING

by Tom Zulewski

IRON COUNTY TODAY

The Canyon View baseball team had to travel to St. George for the start of its Region 12 three-game series against the Richfield Wildcats due to snow that put a blanket over the fields on campus.

In the top of the third inning of Game 1 of a doubleheader April 5, a cold rain brought ice pellets that coated the field at Snow Canyon and forced a 15-minute delay. It didn't stop CV as its bats stayed hot throughout.

Cameron Calvez homered to highlight a five-run first inning, and the Falcons did

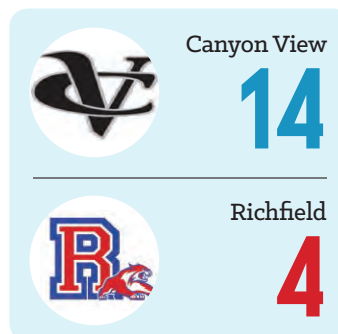
most of the work on offense early to beat Richfield 14-4 in six innings in the opener. Canyon View built a 12-2 lead after three innings, but the Wildcats were able to extend the game with single runs in the fifth and sixth. CV scored twice in the bottom of the sixth with one out to end the game.

It was more of the same in Game 2 as the Falcons built a 9-0 lead after two innings – seven runs coming in the first –

before going on to a 14-7 victory. They would switch venues to Richfield on April 7 and complete the sweep with a 14-3 win. Calvez and Ashton Arciero homered twice and Trae Carrizosa threw a complete game as CV improved to 5-1 in region and 12-4 overall.

The Falcons, who are ranked No. 2 in the first RPI of the new season, played a doubleheader at Region 12

leader Carbon, and they will face the Dinos at home on Thursday for a single game starting at 3:30 p.m.



Parowan baseball splits doubleheader with Eagles

by Tom Zulewski

IRON COUNTY TODAY

The Parowan Rams broke away from a 1-1 tie after two innings and went on to rout the Millard Eagles, 14-1 in the first game of a 2A South doubleheader on April 5. Wyatt Hall went 3-for-4, scored three times and drove in two runs to lead the offense for the Rams.

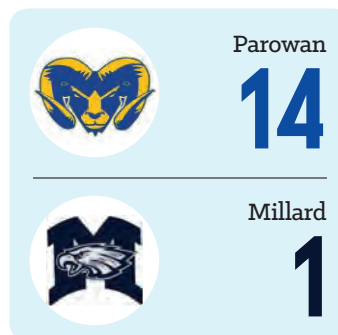
In the nightcap, Millard rallied from a 7-3 deficit after three innings and edged Parowan, 12-11 to earn the split. The Rams rallied with four runs in the bottom of the seventh, but fell a run short after the

WYATT HALL GOES 3-FOR-4 WITH TWO RBI

visiting Eagles had scored twice in the top of the inning.

Hall and Hunter Johnson drove in two runs apiece to pace the Parowan offense.

The Rams played host to Beaver on Tuesday in a game that was too late for press deadline, and they will travel to play the Beavers in a rematch Thursday starting at 3:30 p.m.



(L to R) Tatum Seegmiller, Grady Halladay, Ridger Benson, Axel Lindsey and Kabella Holyoak.



PHOTOS COURTESY DALLAS LOWRY

FIVE CV YOUTH WRESTLERS EARN STATE TITLES

by Tom Zulewski

IRON COUNTY TODAY

Five wrestlers from the Canyon View Little League program earned state titles at a recent tournament as the team placed third overall in the 3A ranks. The team representing Cedar won the title in the 4A ranks. Head coach Dallas Lowry said the Falcons' team motto for the season was "Iron sharpens iron."



The future of wrestling is in good hands as these young prodigies pine to pin their competition and for the opportunity to takedown their opponents.

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Second-half goal helps Reds upset Mustangs

by Tom Zulewski

IRON COUNTY TODAY

Corbin DeMille scored the game's only goal in the second half as the Cedar Reds came through with a 1-0 road victory over Region 10 co-leader Crimson Cliffs on April 6. With the win, Cedar improved to 4-3 in region play – its fourth win in the last five games – and handed the Mustangs its first region loss. Sam Murray earned the clean sheet for Cedar.

On April 4, Cedar had a three-game winning streak snapped with a 3-1 loss at Desert Hills. The Thunder scored twice in the second half to break a 1-1 tie and

go on to the win. Tylan Murray scored the only goal for the Reds in the loss.

Cedar played a home game against Snow Canyon on Tuesday that was too late for press deadline.

Across town, Canyon View's only game of the week on the pitch was a 2-0 win over the Parowan Rams on April 6. The Falcons scored once in each half and improved to 3-3 on the season.

CV played host to Beaver on Tuesday in a game that was too late for press deadline, and it will travel to play a road game at Manti against the Templars on Thursday starting at 3:30 p.m.



Cedar softball drops two games to Thunder

by Tom Zulewski

IRON COUNTY TODAY

The Cedar Reds dropped two games in Region 10 play last week, giving up double-figure run totals in each. On April 4, Desert Hills scored in every inning and beat Cedar, 11-1 in a game played at the Thunder's home field.

Shaylee Johnson helped the Reds avoid the shutout with an RBI single in the top of the fourth inning, but the region-leading Thunder matched the run in the bottom of the inning and ended the game early by scoring five runs in the fifth.

On April 6, Desert Hills finished off the sweep in a 19-3 rout over Cedar that lasted six innings. As they did in the series opener, the Thunder scored

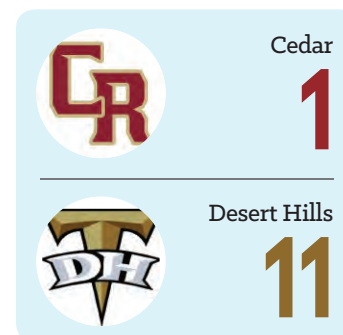
in every inning and pushed across eight runs in the top of the sixth to finish early. The Reds scored a single run in the first and added two more in the third on a triple from Lexi Ludlow.

Cedar traveled to Orem and broke a four-game losing streak with a

15-run third inning that led to a 23-10 win over the Mountain View Bruins on April 7. Jenna Crain, Megan Nielson and Haylee Campbell hit home runs for the Reds in the win.

Cedar returned to region play Tuesday with a road game at Snow Canyon that was too late for press

deadline. They hosted the Manti Templars in a non-region game Wednesday and face the Warriors again on Thursday, both starting at 3 p.m.



SUU ATHLETICS

Coach Sanders is ready to take her team back to the WAC and continue the women's winning legacy at SUU.

SUU women's basketball head coach Sanders inks five year extension

by Parker Haynie

SUU ATHLETICS

CEDAR CITY — Southern Utah University's head women's basketball coach Tracy Sanders has signed a five-year contract extension that will keep her at Southern Utah through the 2027-2028 season.

"I am thrilled to continue working with Coach Sanders to build the women's basketball program into a powerhouse in the WAC and nationally," said SUU Director of Athletics Doug Knuth. "Tracy is a wonderful person, a great coach and a perfect fit for our department, university and community. I couldn't be happier"

Sanders is fresh off a historic season for the Thunderbirds, winning the WAC regular season title and the

WAC Tournament championship, en route to leading her team to the NCAA March Madness tournament for the first time in program history.

Just five years removed from inheriting a program that won just three games the year prior to her arrival, Sanders earned the WAC Coach of the Year award after amassing 23 wins on the year and going 16-2 in conference play.

"I am so grateful to President Mindy Benson and Athletic Director Doug Knuth for the opportunity they have given me to stay here at Southern Utah University and continue to build this women's basketball program," said Sanders. "I believe we are just scratching the surface on a tradition of championships. Cedar City is home, I love this

community and appreciate all of their support and the family atmosphere surrounding my staff and players. SUU is a special place."

University President Mindy Benson said, "I am so proud of Coach Sanders and all of her accomplishments. She and her staff have built an exceptional women's basketball championship program here at SUU and I'm thrilled about what this contract extension means for the future of the program under her proven leadership."

For all the latest on Southern Utah women's basketball, follow @SUUWBBasketball on Twitter and Instagram, and like the Southern Utah Women's Basketball Facebook page.

SIMON

« CONTINUED FROM PAGE 29

elevated conferences and competed for championships.

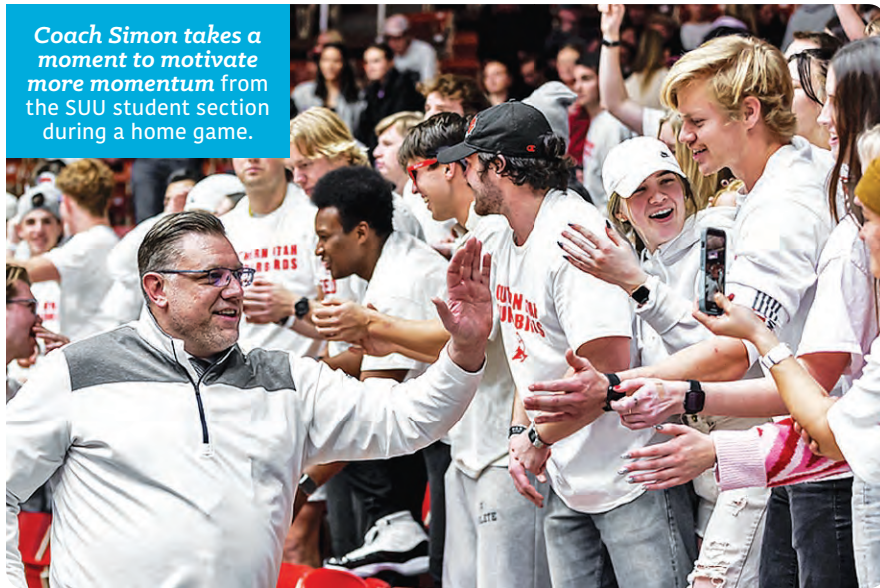
Thank you to President Wyatt and President Benson for leading our university and to Jason Butikofer, Deb Corum, Todd Brown, and Doug Knuth for their outstanding athletics leadership. From the bottom of my heart, I say thank you Southern Utah, and thank you Cedar City for embracing us and believing in our vision."

Coach Simon made his way to Cedar City in 2016 after having served as the interim head coach at UNLV in the previous season. In his first

the first .500 or better team for Coach Simon and his staff, with the T-Birds finishing 17-17. The fans in Cedar City also started taking notice more than ever before through the 2019-20 campaign, as the program set new records for all-time revenue, all-time highest average game revenue, and set records for the number of students in the student section on three separate occasions.

Coach Simon has led the Thunderbirds to an 82-43 record beginning with the 19-20 season. The T-Birds have also become a great team in the America First Event Center under Coach Simon posting a 72-29 record over his tenure making Cedar City one of

Coach Simon takes a moment to motivate more momentum from the SUU student section during a home game.



SUU ATHLETICS

year with the program, Simon led the Thunderbirds to a first-round win at the Big Sky Road to Reno Conference Tournament with a triple-overtime victory over Montana State. The Thunderbirds concluded the season with a 6-27 overall record and a 3-15 conference record. From there the program began to take off.

In 2017-18 the Thunderbirds finished 9-5 at home and ended non-conference play 6-5, marking the first time the team had finished above .500 outside of league play since the 2006-07 season.

Coach Simon began to change the culture leading the Thunderbirds at home and a year-over-year threat to win the Big Sky Conference.

The 2018-19 season marked

the toughest places to play.

This season Coach Simon became just the second coach in program history to earn three 20-win seasons accomplishing the feat in back-to-back-to-back campaigns. He will leave behind a program that has continuously improved over his tenure.

Southern Utah will begin the search process promptly and associate head coach Flynn Clayman will lead the Thunderbirds in the interim.

Stay up to date during the 2022-23 Southern Utah Men's Basketball season by following @SUUBasketball on Twitter and Instagram and by liking the Southern Utah Basketball page on Facebook.

While we were away...

Well, now. It's almost like we never truly left. After a six-week "mini-vacation," your weekly collection of news, knowledge and other assorted bits of goodness is back in your hands. While we were away, a lot of good things happened, especially from the Canyon View side of town.

When we left, the state basketball playoffs were in progress. Both Cedar teams fell in the opening round, but Canyon View took full advantage of the double-elimination format at the 3A tournament.

After both Falcon teams won their playoff openers, both lost in the quarterfinals. The girls fell to Richfield for the third time on the season and the boys couldn't keep up with the Manti Templars, who pulled away in the fourth quarter for a 70-52 win.

The CV boys couldn't get past Morgan in the Friday consolation game, but Maytee Spencer hit two clutch free throws with nine seconds left in overtime to give the girls a 52-51 win over Layton Christian and its first Saturday appearance at the state tournament since 2011.

For perspective, head coach Jaycee Barnhurst was only a freshman, still a year away from joining the varsity roster. After six seasons as head coach, the Falcons have clearly come full circle.

From a No. 8 seed, the Parowan boys basketball team shocked the world and won its second 2A state title. Behind senior Brock Felder, the Rams beat region foe Kanab, 56-53 in overtime to secure the crown.

Along the way, Parowan earned its most important win by beating No. 1 seed Enterprise in a Thursday quarterfinal, 46-40, and beat American Heritage, 48-33, to get its title shot.

-Southern Utah basketball made history on multiple fronts in its debut season in the Western Athletic Conference. The T-Bird women not only won the regular-season title, but swept to the WAC tournament championship and earned a trip to the NCAA

Tournament for the very first time. They were a 14 seed and lost to Notre Dame – a program that's challenged for national titles often – but they got there, and that's the coolest point. So much so, new athletic director Doug Knuth rewarded head coach Tracy Sanders with a contract extension.

The SUU men had another 20-win season, but lost in the WAC Tournament final to Grand Canyon. Before the T-Birds played in another CBI tournament, head coach Todd Simon resigned after six seasons to take the head coaching job at Bowling Green.

You can't fault Simon for going after the job. He's a Michigan native, graduated from Central Michigan, and couldn't pass up the chance to return

RANDOM thoughts

Tom Zulewski

IRON COUNTY TODAY



to his roots. He leaves the T-Bird program in a far better place from where he found it.

As the action headed outside, Canyon View kept up its pace from a year ago and made impressive debuts in the RPI rankings for 3A. After a three-game sweep over Richfield – where they scored 14 runs in each outing – Falcons baseball is 12-4 and has opened at No. 2 behind Juab.

Under new head coach Hailee McDonald, CV softball is 13-4 overall and at No. 3 in the RPI. Both programs can make deep playoff runs and I'm going to be around to share it all on our pages once again.

I'm working on a different approach for more trivia questions, but they will return soon. Even if you have no idea on the answers, the goal is to promote a better understanding of the things that are going on in our world.

Follow Tom Zulewski on Twitter @TommyZee81 or email tominator19@yahoo.com.

Flippin' Birds coaching staff honored by WCGA

by *Regan Hunsaker*

ASSISTANT AD, SUU SPORTS INFORMATION

CEDAR CITY — The 2023 season for the Flippin' Birds was historic in many ways. A dynamic coaching staff led the Thunderbirds to the program's first Mountain Rim Gymnastics Conference Championship. Coach Scott Bauman was named the MRGC Coach of the Year, and Jamie Wysong was honored with the Assistant Coach of the Year award.

The accolades don't stop there for the Flippin' Birds staff. The Women's Collegiate Gymnastics Association has named Coach Bauman the Region 2 Coach of the Year for the 2023 season. Coach Wysong and Coach Jeff Richards were also named the 2023 Co-Assistant Coaches of the Year by the WCGA.

The staff led the Flippin' Birds to a top 20 ranking earlier this season peaking at #16. Southern Utah earned a top 5 regional ranking in all



SUU ATHLETICS

Coach Scott Bauman was named the MRGC Coach of the Year, along with his Assistant Coach of the Year recipient, Jamie Wysong.

four events and the all-around this season under the direction of Coach

Bauman and his staff. The T-Birds set a new program road record this

season, scoring 197.175 at USU and BYU. The Thunderbirds also took the top spot in the conference in every event this season. This staff has been instrumental in coaching Karley McClain, the 2023 Mountain Rim Gymnastics Conference Gymnast of the Year. The Flippin' Birds earned a 10 -1 conference record, a 17-5 overall competition record this season, and a spot in the NCAA Regional.

The Women's Collegiate Gymnastics Association is a membership-led, professional association representing the nation's intercollegiate women's gymnastics coaches within Division I, II & III of the National Collegiate Athletic Association (NCAA).

For all the latest on Southern Utah gymnastics, follow @SUUGym on Twitter, @SUUGymnastics on Instagram, and like the Southern Utah Gymnastics Facebook page.

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