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**sports**

*Reds quiet  
Thunder at  
home, win  
50-32*



IRON  
COUNTY

**today**

# FAST FUN



PHOTOS IN LIFE

# New Cedar City restaurant connects roots, makes memories in community

by Corey Baumgartner

IRON COUNTY TODAY

“Second East is more than a name, it’s a story. One that represents rootedness; the ability to connect with the past, present, and future.”

Nestled in the north end of town is Cedar City’s newest restaurant, Second East. It’s named after the place where many memories were made by co-owners Chris and Jennifer Weaver and Travis and Amyanne Rigby. They and their families want to share their roots and help others create new memories, too.

The official ribbon cutting was held on January 3rd. The place was packed with supporters from throughout Iron County. Chris Weaver and Travis Rigby opened the event and shared their gratitude in seeing this dream become a reality. “It’s crazy that a couple of Cedar City boys decided that we are going to be



Second East brings healthy food and a hometown atmosphere to the north end of Cedar City.

PHOTOS BY COREY BAUMGARTNER



Travis Rigby (L) and Chris Weaver prepare to cut the ceremonial ribbon, held by Jennifer Weaver (L) and Amyanne Rigby (R) to officially open Second East.

the first ones to create something on this end of town,” said Weaver.

Rigby added, “It’s wonderful to go into business with your brother, but also your best friend and we love contributing to the community and we appreciate everyone who

has come to support us.” He added, “We’re all about family and it’s the heritage of the Weavers and the Rigby’s that has created this dream.” He also thanked the engineers, architects, staff, dreamers and everyone involved. “They have been stalwart in making this dream happen.”

Speaking of only a couple of the many involved in the process, Byron Linford was both inspired and instrumental in helping find the right logo, interior design and branding to make Second East feel like a hometown restaurant. Dennis Gray, of Precision Development, expressed

*“We’re all about family and it’s the heritage of the Weavers and the Rigby’s that has created this dream.”*

**Travis Rigby**

gratitude for the privilege of being the general contractor. He shared, “The supervisors and suppliers were on board, and the cherry on top was that the Weaver and Rigby families were class acts. It was an honor to work with them and I am grateful to be a part of this.”

Cedar City Mayor, Garth Green echoed their words. Speaking of how it’s great to finally begin building up

see **SECOND EAST** » 10

## 2023 IN REVIEW (July–December)

The following is a continuation of the top stories from 2023. You can find a recap of stories from January through June of 2023 in last week's issue (Jan. 4).

### JULY

## Frontier Homestead Celebrates 50 years

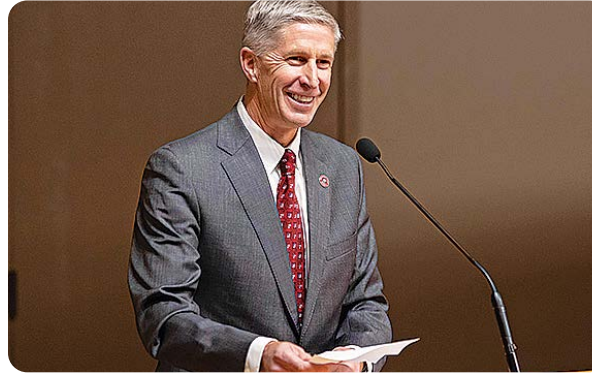
Cedar celebrated the Railroad Centennial on Saturday, June 24th in a big way, and the Frontier Homestead State Park was there to support the celebration with a fun scavenger hunt, and other activities as the 24th was the Frontier Homestead's 50th Anniversary Celebration.



## SUU Director of Athletics Doug Knuth appointed to NCAA Division I Council

Southern Utah University proudly announces the appointment of Director of Athletics Doug Knuth to the NCAA Division I Council. This high-level group is entrusted with the day-to-day decision-making responsibilities for Division I athletics across the country. "I am honored and humbled to be appointed to the NCAA Division I

Council. This appointment represents a tremendous opportunity to contribute to the future of collegiate athletics at the highest level.



## Rotary Club revs up the fun with July Jamboree

It was the largest July Jamboree to date with hundreds of vehicles, motorcycles and modern machines that made eyeballs ogle and wallets wince. Thousands of people from all over came to enjoy the beautiful cars, camaraderie, trucks, talents, food and fun, which included live entertainment and family-friendly activities.



## Huzzah for Iron County!

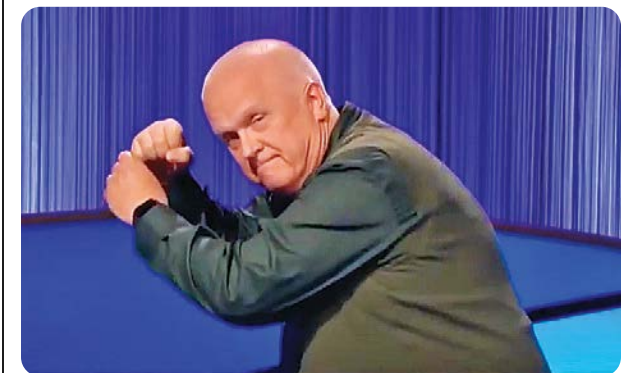
The annual Renaissance Festival returned to the Kingdom of Iron County. The 4-day festival brought many a mage, mushroom, minstrel and the medie-

val masses to the Cedar City Main Street Park. It was a magical experience where princesses became queens and knaves became knights. A crusade of performers brought mesmerizing magic, whimsical ventriloquism, fiery juggling and plenty of laughs for every noble lord and lady.



## At long last, this...is... Jeopardy!

As we last left our story of the process of playing on Jeopardy, I was down to the final episode of the tape day. Would I be chosen, or would I have to return to play tomorrow? At long last, I was chosen to play for the game that would come on TV July 7. There was definite exhaling going on, but I also knew Alex Gordon was going to be really hard to beat.



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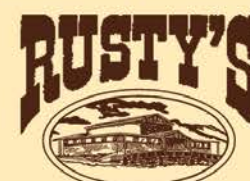
Dinner for Two  
**\$50<sup>00</sup>**

CHOOSE FROM 4 ENTREES:  
10 oz. Prime Rib • Jumbo Shrimp  
8 oz. New York Strip • 7 oz. Salmon  
Includes Salad Bar and a Side  
Reservations Recommended  
Takeout Not Available  
With this coupon. Expires 2/5/24

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Pork Flat Iron • Salmon  
Includes a Salad and a Side  
Reservations Recommended  
Takeout Not Available  
With this coupon. Expires 2/5/24

## opinion

## FROM THE EDITOR

## Let it snow

**T**oo late for one more Christmas song? Or is it perhaps too early? I'm sure Dean Martin and Frank Sinatra wouldn't mind. Either way, with our recent snowfall, it's a lot more apparent now that winter has returned. So, whether you're excited or not about the weather outside being frightful, or delightful, it's time to (if you haven't already) keep your snow shovel, brush for your car, gloves and earmuffs handy. And for anyone planning on taking a long winters nap, make sure you have plenty of wood for the fire, or a good space heater and move your warm clothes to the front of your wardrobe. And for those of you who like to use our news-



**COREY BAUMGARTNER**  
MANAGING EDITOR

paper to help you start those wonderful warm flames, I hope you at least read it first, preferably with a nice mug of hot chocolate. And as winter and 2024 carries on, if you have any wintry wisdom, or fun adventures (like sledding or snowman pics), please share them with us. Here's to a great winter, and greater new year!

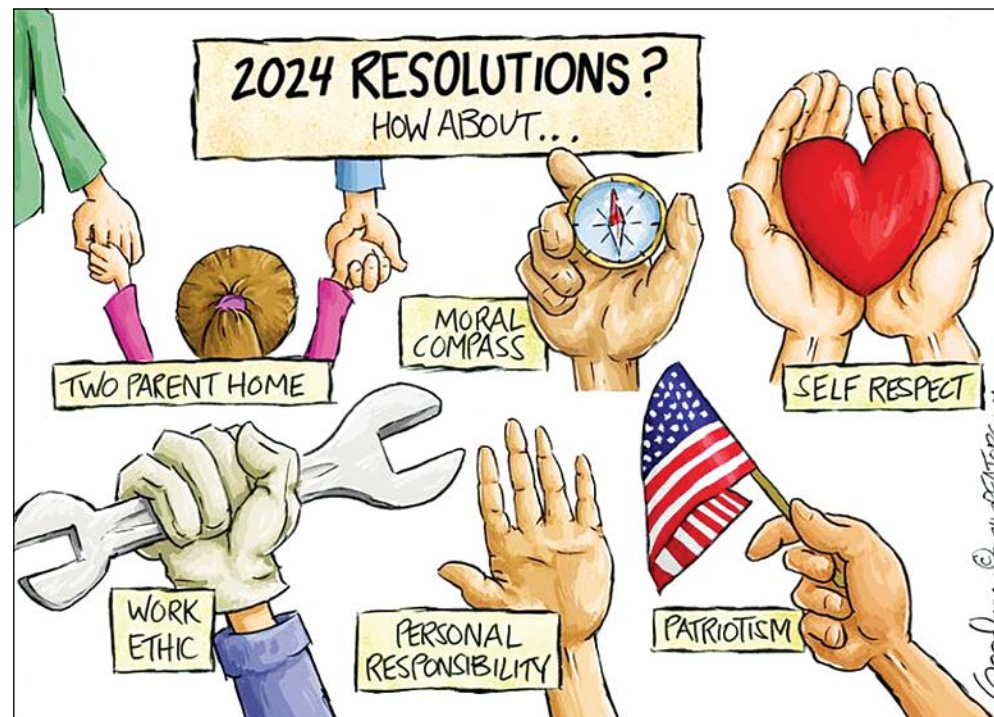
Submit your letter to the Editor on our website at [www.ironcountytoday.com](http://www.ironcountytoday.com), or by emailing it to [news@ironcountytoday.com](mailto:news@ironcountytoday.com). All letters must be brief (generally under 300 words in length), list the writer's name, city and telephone number (phone number will not be printed). Iron County Today reserves the right to edit all letters for length or content.

## WORD OF THE WEEK

## UNCLUBBABLE

*"Having or showing a disinclination for social activity: unsociable."*

Winter has officially arrived, but don't let the storms or temperature keep you from connecting with others. For family and friendships are the best fires upon which to warm one's heart.



## Utahns encouraged to oppose proposal for Natural Asset Companies

from *Brittany Griffin*

POLICY AND COMMUNICATIONS DEPUTY

Recently Utah Treasurer, Marlo Oaks opposed a proposal under consideration by the Securities and Exchange Commission (SEC) that would allow for the creation and listing of a new type of company called a Natural Asset Company (NAC) on the New York Stock Exchange (NYSE). The proposal poses a significant risk to rural economies by creating a mechanism for public and private land to be permanently removed from productive use in the name of solving climate change.

"The proposed creation of Natural Asset Companies is one of the greatest threats to rural communities in the history of our country," Treasurer Oaks said. "Under the proposal, private interests, including foreign-controlled



COURTESY PHOTO  
**Marlo Oaks,**  
Utah Treasurer

sovereign wealth funds, could use their capital to purchase or manage farmland, national and state parks, and other mineral-rich areas and stop essential economic activities like farming, grazing, and energy extraction. Recreating on

Utah's incredible natural lands could also face significant curtailment."

Unlike other types of companies, the purpose of a NAC is to maximize the value of the land's "ecological services," rather than generate a profit from traditional activities. "Unsustainable extractive activities" including energy extraction and the use of farm machinery and synthetic fertilizers, would be prohibited on NAC-

managed land.

"In western states, where the federal government owns more than half of

see **PROPOSAL** » 10

## QUOTE OF THE WEEK

*"Be a first-rate version of yourself, instead of a second-rate version of somebody else."*

Judy Garland

IRON COUNTY **today**

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# 2023 IN REVIEW

## AUGUST



### Parowan Pool grand opening a splash

Parowan residents (and southern Utah guests) attended the Parowan Pool grand opening on Monday, July 24. Moms and Dads arrived with their kiddos in tow – wearing swimsuits, floaties and goggles – ready to take a plunge! Each of the City Council members spoke, giving accolades to the myriad of workers (paid and volunteer) that got the project done. The Council stood with City Manager Dan Jessen and Mayor Mollie Halterman while commenting that the project has unified the town and revering in the volunteerism and hard work expended to accomplish such a herculean task.



### New pickleball courts now serving Cedar City

If you've never heard of, or played it, you may think it has a weird name, but it's the fastest (some would say funnest) sport around. Some compare it to a mix between tennis and ping-pong, but to those who play it, it's a lot more and a lot more fun. With the addition of 8 new courts—located at the Bicentennial Softball Fields and Skate Park—anyone who has always wanted to learn can come out and play.

### American Packaging Corporation cuts ribbon

American Packaging Corporation (APC) is proud to announce the grand opening of its new 275,000-square-foot Center of Excellence manufacturing facility in Cedar City, Utah. The \$100 million facility, which marks APC's sixth Center of Excellence across the United States and its first on the west coast,



### Cedar City's Mary Anne Andersen a recipient of annual Governor's award

In July, Gov. Spencer Cox honored individuals and organizations who have rendered exemplary service to others throughout the state. Gov. Cox said, "I am honored to pay them tribute and recognize the good they are doing in our great state." One of those well-deserved recipients was Cedar City's own Mary Anne Andersen. Mary Anne Andersen has devoted herself to building the arts community in Cedar City. She serves on the Cedar City Music Arts (CCMA) Board and writes a weekly arts column for the Iron County Today. Her service involves countless hours and dedication to making the arts flourish in Cedar City.





### Aquatic Center lifeguards and patrons celebrate three heroic saves

The Cedar City Aquatic Center had a busy summer with 50,568 patrons visiting between

Memorial Day and August 11th, and teaching 561 swimming lessons from June to July. At the peak of the summer, 80 lifeguards were on staff tending to the many visitors who frequented the facility. On Wednesday, August 16th, lifeguards and patrons who were involved in three recent saves this summer were recognized at the Cedar City Council Meeting.




**IRON COUNTY FORECAST**

LINGERING CHANCE OF SNOW THROUGH EARLY THURSDAY ON WHAT WILL OTHERWISE BE A COLD AND BREEZY DAY. INTO THE WEEKEND IT'S A BIT CALMER WHILE STAYING CHILLY BEFORE MORE SNOW POTENTIAL TO END THE WEEKEND. EARLY NEXT WEEK LOOKS QUIETER WITH GRADUALLY MODERATING TEMPERATURES.

Check your local forecast anytime at:  
[ABC4.com/weather](http://ABC4.com/weather)



<b>THURSDAY</b>
Chance Snow <b>25°/8°</b> PRECIP: 40% WINDS: NNW 10-15
<b>FRIDAY</b>
Mostly Sunny <b>31°/16°</b> PRECIP: 10% WINDS: SW 10-15
<b>SATURDAY</b>
Partly Sunny <b>36°/18°</b> PRECIP: 10% WINDS: SW 5-10
<b>SUNDAY</b>
Chance Snow <b>36°/17°</b> PRECIP: 40% WINDS: W 10-15
<b>MONDAY</b>
Partly Cloudy <b>35°/16°</b> PRECIP: 10% WINDS: WNW 5-10
<b>TUESDAY</b>
Partly Cloudy <b>39°/19°</b> PRECIP: 0% WINDS: SW 5-10
<b>WEDNESDAY</b>
Partly Cloudy <b>43°/23°</b> PRECIP: 0% WINDS: SW 5-10

## public & health

# Important new protections on personal data go into effect for Utah consumers

from Melanie Hall

UT DEPT. OF COMMERCE

**SALT LAKE CITY, UT** — Under a new state law, Utah consumers have the right to access and control their personal data. The Utah Consumer Privacy Act (UCPA) took effect on December 31, 2023. Under the new law, the UCPA also requires businesses to protect personal data and provide consumers with information about how they can exercise their rights.

### The UCPA gives consumers the right to:

- » Find out if a business is processing their personal data
- » Access their personal data
- » Request that a business delete their personal data
- » Obtain a copy of their personal data
- » Opt out of having their personal data sold or used for advertising.

Consumers may exercise these rights by submitting a request to a business. The business then has 45 days to respond to the consumer's request.

### Some of the new requirements that businesses must comply with include:

- » Protecting the confidentiality and integrity of consumers' personal data
- » Reducing the risk of harm relating to the processing of personal data
- » Provide consumers with clear and accessible privacy notices
- » Informing consumers about how they can opt out of the sale or the processing of their personal data for targeted advertising
- » Notifying consumers before processing sensitive personal data

The Utah Division of Consumer Protection's website provides educational materials about the UCPA and a complaint form for consumers at <https://dcp.utah.gov/ucpa/>. The Utah Attorney General's Office's website provides information about the UCPA and a link to the new law at <https://attorneygeneral.utah.gov/how-can-consumers-protect-their-personal-data/>.

The mission of the Division of Consumer Protection is to strengthen trust in Utah's commercial activities by protecting consumers through education and impartial enforcement. The Division administers more than 25 Utah state laws designed to protect consumers. Consumers can find more information and submit complaints at <https://dcp.utah.gov/>.

## IRON COUNTY GOVERNMENT RECAPS

### Cedar City Council (Jan. 3, 2024)

by Iron County Today Staff

IRON COUNTY TODAY

#### Welcome new councilmembers

Mayor Garth Green welcomed the two new council members, Carter Wilkey and Robert Cox. Both men expressed gratitude for the opportunity to serve on the council.

#### New members appointed to Planning and Zoning Board

Mayor Green appointed John Webster to fill the vacant spot created when Carter Wilkey was elected to the City Council. He also appointed long-time Cedar City resident James Lunt to another vacant seat. Mr. Lunt spoke about his family history in Cedar City spanning five generations and a desire to give back after benefiting from the city for 71 years.

#### Traffic Issues on Talon Drive and Eagle Ridge Loop

Several citizens attended and spoke out passionately about traffic issues on Talon Drive and Eagle Ridge Loop. They advocated strongly for reinstating a 4-way stop at the intersection of those two roads instead of the current configuration with 2 stop signs and 2 yield signs. Residents noted frequent speeding in the 25 mile per hour zone and pedestrians struggling to cross the roads safely. Several commenters highlighted recent near misses between vehicles and children attempting to cross. After discussion, the council unanimously agreed to place a 4-way stop at the Talon Drive and Eagle Ridge Loop intersection. They opted to leave a speed hump on Talon Drive between the intersection and the newly installed 4-way stop to the west until speed data can be collected to determine if it is still necessary.

#### Rumi Rent A Car Approval at Airport

The council approved a 5-year rental car lease agreement for Rumi Rent A Car to occupy the third and final rental car counter spot in the airport terminal. They will have 170 square feet of counter space inside the terminal and 5 parking spots outside for their rental car inventory. Discussion noted their total \$246 per month for the 5 parking spaces seems low compared to other area airports charging around \$100 per stall. The contract will be revisited next year when existing contracts with Avis and Enterprise expire.

#### Type 4 brush truck purchase approved for fire department

Approval was granted to purchase a new smaller Type 4 brush truck for \$295,000 to replace a 21-year-old Type 6 truck in the fire department's wildland fleet. Funding will come from wildland fire revenue, which has generated over \$2 million net profit to date after expenses. Patrol Chief Mike Phillips reviewed the equipment differences and noted it would take one to two average wildland fire seasons to recoup the cost of the new truck.

In transportation items, the council approved a modeling contract with Avenue Consultants to provide traffic studies and modeling. This will support the new subdivision review process effective February 1st. They also authorized applying for a \$300,000 federal grant that would cover 60% of costs to construct a sidewalk on the north side of Center Street connecting over I-15. The city would be responsible for the other \$134,000 if the grant is approved.

### Cedar City Planning Commission

by Iron County Today Staff

IRON COUNTY TODAY

#### Thank you Carter Wilkey

Outgoing city council commission representative Carter Wilkey gave brief remarks of appreciation to the planning commission, as he will no longer serve following his election to city council in November.

#### Rose Village PUD

There was a public hearing for an approval of the second phase of the Rose Village Planned Unit Development located at 343 West Bradley Lane. Dallas Buckner presented this item and discussion ensued regarding details such as irrigation ditches, master plan trails, and parking considerations. Two citizens from the neighboring subdivision spoke up with concerns. Martha asked for clarification about whether a trail right behind her lot was part of her property and if people would now be walking through there, as well as questioning how approval was given for two-story townhomes when she understood it would only be single-level. Another neighbor William echoed apprehensions about infringements on their privacy, safety, and the character of the community with this adjoining high-density development. The commission addressed their worries by explaining how once zoning is established, developers have certain rights to build within designated parameters without needing special conditions or restrictions. The public hearing was then closed and a unanimous positive recommendation was passed on to the city council regarding approval of phase two.

# 2023 IN REVIEW

## AUGUST



### New Gym offers versatility for Peak physical, mental training in Cedar City

Local athletes leapt, flipped and jumped for joy (literally) during the grand opening of the Red Peak Gym, Cedar City's first ever multi-sport facility. What was one a dream of owners Kari and Dave Louthan, is now a reality that will benefit the community in many ways. Welcome to Red Peak Gym, where you can truly learn to "Elevate Your Body and Mind."



### Caregiver response "phenomenal" in recent hospital flooding

The National Weather Service reported two inches of rain fell in less than an hour over Intermountain Cedar City Hospital on Thursday, August 17. "While there are flood mitigation elements throughout the city, and all around the hospital, even those can't overcome the overwhelming amount of concentrated water fall like that," said Eric Packer, administrator, and president of Cedar City Hospital. "There were rivers of water everywhere around us."

## SEPTEMBER

### The Happy Factory lives up to its name

Tucked away on the industrial end of Cedar City, there is an industry unlike any other in that area. It's a woodworking shop that doesn't make products for commercial use. It's a factory whose sole purpose is to make children happy. That's how it got its name...The Happy Factory.



### Cool August Nite continues legacy of hope and help

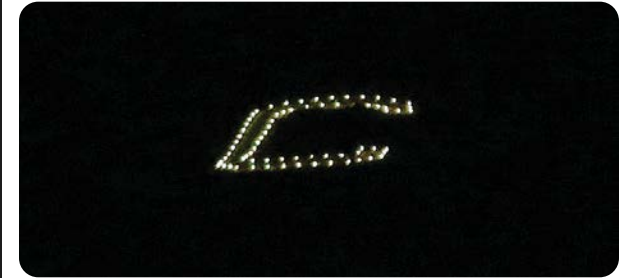
The 17th annual event was held August 24th, 2023. The community event had cool cars, music, food, bounce house and raffles. All proceeds from the car show go towards medical and other expenses for Addisen Winder, a Freshman at Canyon View High School, who was diagnosed with Hodgkin's lymphoma. Bradshaw's would like to thank all those who helped support her and her family through this difficult time. Bradshaw's was able to present a check in the amount of \$5336 to the Winder family.



### Cedar Reds light up iconic C on Cedar Mountain

Cedar High seniors brought lights to the C on Cedar Mountain for the first time, during Cedar High School's homecoming football game, on Friday night, September 22, 2023. The project to run electricity to the "C" on Cedar Mountain was something Koden Lunt (quarterback for the Cedar

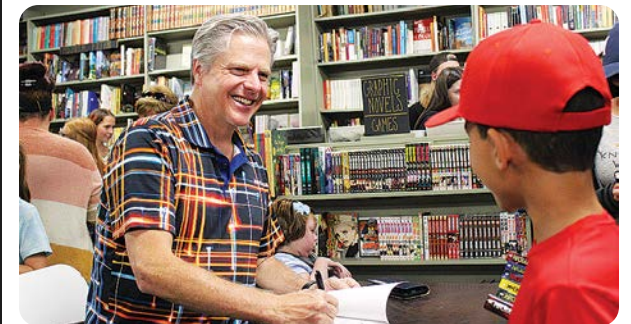
Reds) wanted to do for his football captain service project his senior year.



## OCTOBER

### Famed author of literary hero Michael Vey comes to Cedar City

What do Main Street Books and the #1 best-selling author Richard Paul Evans have in common? A lot of Books! Richard Paul Evans is an American author, best known for writing "The Christmas Box". His most recent series he is working on is called 'Michael Vey'. With volume #9 "The Traitor" being released last month, he has been on the road doing book signings and chose Cedar City to be one of his stops.



### Falcons beat Wildcats, win third straight region 12 title

After the Canyon View girls soccer team got on the board early with two quick goals, a late goal by the visitors near the end of the first half was a bit of an issue. When Brooke Davie scored early in the second half, order was restored and the team's nine seniors had a Senior Day to remember. Davie, Hallie Newman, Emilee Winters and Harmony Lopez all found the back of the net in their final regular-season home games as the Falcons pulled away over the final 40 minutes and beat the Richfield Wildcats, 6-1 on Oct. 3. CV finished the season with a 13-1 record in Region 12 and 15-2 overall.

# Newest Parowan City Council members sworn in

by Jennelle Zajac

FOR IRON COUNTY TODAY

During a brief ceremony on Wednesday, January 3, David Burton, John Dean, and David Harris were sworn in as Parowan City Council members, pledging to “support, obey and defend the constitution of the US and the constitution of the State of Utah.” Each candidate will hold their office for a period of four years.

Prior to the election in August, I asked all the candidates - if they were elected, what would be their top three priorities? Here are their answers:

## Councilman Burton

“The citizens of Parowan are my top priority; they are my first concern. As such, my first priority encompasses many things involving safety and services which provide the quality of life and economic stability our citizens deserve. My second priority is water and all infrastructure and service needs. Third is the need to be vigilant about growth as responsible growth contributes to our citizenry and more specifically impacts our water and infrastructure and ability to provide valuable services.”

## Councilman Dean

“My top priority is to work closely with the other members of the City Council, Mayor Halterman and City Manager Dan Jessen to accomplish current city projects and goals. I want to bring a spirit of cooperation and unity to the Council. My second priority is to work closely with city departments to maintain and prolong the use of City assets. My third priority is ensuring Parowan stays on budget by encouraging fiscal responsibility and working with others in the City government to secure grants.”

## Councilman Harris

“Better understand all the inner workings of the city including budget and department responsibilities. The Police and Fire departments are vital to our community and we

(L to R) The newest members of the Parowan City Council - Dave Harris, John Dean and Dave Burton, with City Recorder Callie Basset presiding.



JENNELLE ZAJAC

**“I want to bring a spirit of cooperation and unity to the Council.”**

**Councilmember John Dean**

need to make sure they have the necessary staff and materials to operate safely and effectively. Find a way to get peace between the city officials and the citizens with the best communication possible.”

Best wishes to all the City Council members for a productive and successful term of office!

The Parowan City Council meetings are held on the second and fourth Thursday of each month at 6:00 pm in the Parowan City Hall and can be viewed live online at <https://www.youtube.com/@parowancity2030>.

**CANCER CARE  
CLOSE TO HOME**

**Intermountain  
Cedar City Hospital**

To seek care or resources for you or a family member, visit [Intermountain.com/Cancer](https://www.intermountain.com/Cancer).

## 2023 IN REVIEW

### OCTOBER

#### Zions Bank Cedar City marks 150-year milestone

In October 1873, at the height of one of the worst banking crises in U.S. history, a pioneer savings bank opened in the Utah Territory. Earlier that year, pioneer leader Brigham Young had become concerned about a financial crisis spreading across the nation and gathered a group of prominent citizens to organize a savings bank. Over the next 150 years, Zion's Savings Bank and Trust Company, its name eventually shortened to Zions Bank, would go on to serve the financial needs of businesses and individuals across the Intermountain West. Zions Bank began operating in Cedar City in 1981.



#### Solar eclipse captivates southern Utah viewers

An annular solar eclipse happened last Saturday and Utah was lucky to be in its direct path. The moon started crossing the sun just past 9 a.m. with a near total eclipse at about 10:35. It hasn't happened in the Western United States since 2012, and won't happen again in Utah until 2039.



#### Power In Pink – Annual walk, 5K brings courage to breast cancer battle

Last Saturday, on a brisk fall morning, over 300 people gathered at the Cedar City's West Canyon Park for the 11th annual Power In Pink Iron County

walk and 5K. Power In Pink was founded by 4 local breast cancer survivors 11 years ago, and they have been raising awareness and funds since for those battling cancer. Power In Pink's mission is to raise awareness and help fund local breast cancer survivors to support them and their families in their battle against breast cancer. In addition, Power In Pink honors local women who have passed away from breast cancer and raises awareness for early detection, mammograms and breast cancer education.



### NOVEMBER

#### Substance abuse treatment facility opens in Cedar City

"Recovery is a journey, not a destination." So many journeys in life involve obstacles that can seem impossible to overcome. Mountains too high to climb, valleys too deep to rise above, oceans too far to cross and deserts too depressing to endure. One of those difficult obstacles to overcome during someone's journey of life can be struggling with and overcoming substance abuse. Nevertheless, there is new hope on the horizon provided by High Desert Counseling.



#### Annual sheep parade makes grand performance

When do the sheep have the 'right of way' in Cedar City, Utah? During the Annual Sheep Parade, of course. Each year, several hundred sheep are

herded right down Main Street, through intersections and green lights all the way. They are the woolly highlight of the annual Livestock and Heritage Festival.



#### Day of the Dead lives on in Cedar City

The Southern Utah Museum of Art continued to educate about the value of other cultures during this year's Dia de los Muertos. This beautiful Mexican holiday (Nov 1, 2) celebrates the memories of loved ones that have passed away. It is not meant to be a sad, or scary time, but one of joy and gratitude. For two special days (one for children and one for adults) there is singing, dancing and sweet foods to accompany the festivities.



#### Historic Cedar City celebrates 172nd Birthday

To complete Cedar City's Birthday Celebration, the Master Singers joined in the festivities with their concert in the Heritage Theatre, where all attendees were invited to sing "Happy Birthday" to the city. "We love celebrating the rich history of Cedar City" stated Aleese Cardon, chair of the Preservation Commission. "And we choose to make the celebration as special as possible because Cedar City is a very special place." We want to thank all those who made this event possible and look forward to making next year even better!

## SECOND EAST

« CONTINUED FROM PAGE 2

the north end of Cedar City, he said, “Here we are in this first step that we’ve talked and dreamed and hoped for for a long time and now we are making it happen. This is a beautiful



PHOTOS BY COREY BAUMGARTNER

**With the coolest salad bar in town,** Second East offers great food and atmosphere.



building and a wonderful start to the north end.”

Amyanne Rigby also took a moment to share some of the history of Second East, “The seasons came

and went, and we grew and outgrew our memories and our hand-me-downs, but we never outgrew Second East.”

What’s in store for you when you take a drive over to Second East? You’ll find great service and friendly folks. Guests become family as they find a warm and inviting

atmosphere with a touch of rustic décor, including the coolest salad bar in town—a repurposed Dodge van (thanks to Andy Funderburk of Funder Design & Welding). You’ll also find a great place to have a party, business meeting, or date night. They have a delicious, healthy menu and if you’ve got a craving for something sweet, right next door, in the same building, you and your sweet tooth can visit Sweet Street for a special treat. And it’s going to be the place to hang out after celebrating your team’s victory, or defeat. Because even if your team lost, there’s nothing better than good food to soothe the bruises from the battle.

Catering and online ordering are also available at [www.secondeast.org](http://www.secondeast.org) for delivery or pickup. They are located at 686 E Canyon Ranch Dr, Cedar City, or 435-708-0233. Stop on by and be a part of the family at Second East.

## PROPOSAL

« CONTINUED FROM PAGE 4

the land and is pushing for more conservation easements, the effect could be devastating. Natural Asset Companies could acquire the easements without the landowners’ consent.

After an unusually short 21-day public comment period, the SEC was expected to make a decision on January 2. In late December, the SEC announced that it is delaying the decision, reopening public comments, and instituting proceedings. Public comments should be submitted by January 18.

“I encourage Utahns to push

back against a proposal that could result in the 67% of the state owned by the federal government being placed under the control of private investors, including foreign actors, who do not have our best interest at heart. Contact the SEC, the NYSE, and your federal and state representatives and share your concerns about this troubling proposal.”

For more information: Securities and Exchange Commission: Notice of Filing of Proposed Rule Change to Amend the NYSE Listed Company Manual to Adopt Listing Standards for Natural Asset Companies: <https://www.sec.gov/rules/sro/sr-nyse-2023-09>. Also, to oppose this proposal, please visit <https://p2a.co/njcsue>.



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## 2023 IN REVIEW

### NOVEMBER

#### Veterans honored at Cedar's Veterans Memorial Park

The Historic Preservation Commission and the Iron County Veterans Coalition held a ceremony honoring local veterans at the Veterans Memorial Park. On Veterans Day we show our enduring respect and reverence for those who have served in the United States military to defend our freedoms and way of life. This past Veterans Day was one to remember. The veterans of our military services have put their lives on the line to protect the freedoms that we enjoy and sometimes take for granted. This nation will remain the land of the free only so long as it is the home of the brave.



#### Stars shine for Children's Justice Center

In a dazzling display of community spirit and skillful footwork, the annual "Dancing with the Community Stars" event took center stage at the Heritage Center on November 14. The evening, filled with glittering performances and heartfelt contributions, aimed to benefit the Iron County Children's Justice Center (ICCJC), bringing attention to the urgent need for a new facility.



#### State Bank celebrates 66th birthday with new building grand opening

Last Friday, the community of Cedar City gathered for a bank birthday and special ribbon-cutting for the new State Bank of Southern Utah Corporate office addition. Built next to their

current downtown office, this state-of-the-art building will help SBSU not only remain competitive, but better serve Cedar City and the surrounding southern Utah.



### DECEMBER

#### OSU Holiday Magic concert brings the Spirit Of Christmas

It was an evening of music and magic as the Orchestra of Southern Utah held their very first Holiday Magic concert last Thursday evening at the Heritage Center Theater. The Orchestra of Southern Utah, a group of professional and amateur musicians from throughout the southern Utah area, performed many holiday classics conducted by Carylee Zwang.



#### Official Utah Author Day a huge hit

Utah Governor Spencer Cox issued a proclamation saying that December 2nd, 2023, was to be the official Utah Author Day in celebration of authors who have helped in making Utah's great history, social impact, and value as a state. This was to acknowledge those who have written about the many aspects of the art of writing and storytelling.

#### Jones Paint & Glass saved from fire

On the evening of Monday, December 4, 2023, the Jones Paint and Glass in Cedar City was saved by the sprinkler system after an accidental fire started in a trash can. Chad Barnes was off-duty

with the Fire Department but arrived alongside the on-duty firefighters to find the building's sprinkler system had put the fire out within 30 seconds. "This is a prime example of how a sprinkler system can save a business," said Fire Chief Mike Phillips.



#### Wreaths Across America Day observed in Cedar

"Remember the fallen. Honor those who serve. Teach the next generation the value of freedom" is the mission of Wreaths Across America. This year, National Wreaths Across America Day was held on Saturday, December 16, 2023. No matter where or how they served, Wreaths Across America makes sure no one is forgotten. When the fresh, balsam wreath was placed, the service member's name was said out loud to ensure that the legacy of duty, service, and sacrifice of each veteran is never forgotten.



#### Cedar expresses gratitude for outgoing councilmembers Hartley and Isom

Cedar City staff and community members would like to express deep appreciation for outgoing council members Terri Hartley and Craig Isom and their eight years of dedication serving on the city council and various board appointments. They were recognized for their service at the December 13th city council meeting with thoughtful words and memories shared by many.

## UTAH LEGISLATIVE UPDATE

### Utah House of Representatives Report

#### Countdown to the 2024 General Legislative Session

We're just one week away from the upcoming Legislative Session, which begins Tuesday, Jan. 16. I have been working diligently alongside my colleagues to identify solutions to the problems facing our state. I look forward to passing meaningful legislation to address these needs.

Committee meetings and floor time alike are open to the public and I would love to see you in person at the Capitol. If you're unable to make the drive, you can also participate in person or online at [le.utah.gov](http://le.utah.gov). Daily schedules and agendas can be found online as well. Testifying in person or on-line makes a real difference on critical bills affecting Rural Utah.

#### Happy New Year

This past holiday season, I was reminded of what a privilege it is to serve my constituents. I am grateful to live in an area that truly reflects the spirit of giving, not only during the holiday season, but all year long. Wishing you all a happy and fruitful New Year.

#### Success Sequence

Did you know there is a specific pattern of life events that can set the next generation of Utahns up for success? Research shows 97% of people who follow this so-called "success sequence" won't fall below the poverty line in their lifetime. The sequence calls for three simple steps: First, young people need to graduate from high school. Next, they need to find full-time employment. Finally, they should marry before having children. You can learn more about the success sequence from the Deseret News at [www.deseret.com](http://www.deseret.com).

#### Utah Establishes Free Speech Principles for Higher Education

Across the country, confidence in higher-education has fallen to an all-time low according to a recent Gallup Poll, as many once-great bastions of free speech have devolved into highly political institutions. Utah won't have it. In December, the Utah Board of Higher Education unanimously approved a resolution to protect and cultivate free speech. Among other things, the resolution calls on our universities and colleges to maintain institutional neutrality on contentious political and social issues while promoting a culture of free expression and diversity of thought.

The Utah House Majority stands in support of the resolution and other efforts to strengthen one of the

fundamental missions of higher education: promoting "the exchange of knowledge and ideas through teaching, research, critical evaluation, civil discourse, and debate." We're proud of Utah's strong higher-education institutions. By establishing foundational principles of free speech, they'll remain strong.

#### My Intern for the 2024 Session

My Intern for the 2024 Session will be Gage Duffin, who recently graduated from Utah State University. He is from Shelly, Idaho. I will pass on his contact information as soon as he receives it from the state. I look forward to working with him and having him work with you!

#### Re-Election Filing

I filed for re-election on January 2nd for one more term. I will continue to work hard for District 70 and all of Rural Utah if elected. I will keep you posted weekly in the local newspapers, radio, and social media, during the seven-week Legislative Session. Thank you for allowing me to

represent you in the Utah House of Representatives. It's an honor to serve.

Respectfully,

Representative Carl Albrecht

435-979-6578

[carlalbrecht@le.utah.gov](mailto:carlalbrecht@le.utah.gov)



REP. CARL ALBRECHT  
UTAH HOUSE DISTRICT 70

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2 New York Strip Steaks	
2 Sirloin Steaks	
<b>CROCK POT PACKAGE</b>	<b>25-LB PORK VARIETY PACK</b>
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2 Beef Tri-Tips	5-lbs Bacon
2-lbs Beef Stew Cubes	6 Pork Chops
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# SWING TIME!

## Cedar High welcomes new Swing Dance Club

by Tsadakah Wilberg

FOR IRON COUNTY TODAY

Many of the clubs at Cedar High have been around for a long time. However, there have been an increasing number of new clubs lately. One of those is the Swing Dance Club. It was started at the beginning of this school year by a group of students with an interest and love of learning swing dance.

Occasionally, those students would get together and teach one another what they had been taught by teachers and the internet. As the group grew, they struggled to find a place that had enough room for so many people to dance. That was when they came up with the idea of making it into a school club. After talking with Mrs. Smith, a FACs and gym teacher at Cedar, were able to create the club and she became their advisor.

The club is run by four instructors, Arimathaea Hanuschik, Blythe Anderson, Logan Nelson, and Ezra Cox, and of course, the members of the club who keep it going. The instructors learn what they can and are always looking for more things to learn, then they teach it to the club members. Everyone works hard to learn steps and moves and all enjoy every minute. Everyone there is encouraging and they help each other learn new things.

Most of their time is spent on learning West Coast swing dancing but club members also practice and use East Coast swing and line dancing. West Coast swing dance has more of a country or bluesy feel and music. East Coast is for more upbeat music like jazz, disco, or rock. West Coast dance is slower and has more energy conservation. This leaves more room for more detail in the footwork. East swing has more jumping and spinning involved, giving it more energy. Both are easy and fun to learn.

Even though it is a new club, new members come each time and it is slowly growing. More and more students are interested in swing dancing and want to learn more. The club meets each Thursday when the cafeteria is



The newest club at Cedar High is dancing its way into the lives of students.



*The club instructors teach West Coast Swing dancing, along with East Coast including all the fancy footwork.*



PHOTOS BY TSADAKAH WILBERG

## SWING DANCE CLUB

« CONTINUED FROM PAGE 13

available and they often look for swing dancing events hosted by other organizations to join as well. There is always room for more students to join the club and it's not too late either. Cedar students in every grade and even younger children are welcome to join.

The Swing Dance Club is eager to share their passion and skill with the school. They want lots of people to have the opportunity to learn more about swing dancing and have fun doing what they love. There is an air of excitement and passion when you attend a Swing Dance Club meeting that everyone should get a chance to enjoy.

# Join your voices with the Parowan Community Choir!

from Cami Cox

FOR IRON COUNTY TODAY

The choir is a longstanding Parowan tradition, and this year's lineup of songs is a fun one! It's all about the weather, and we'll be singing favorite numbers like "Singin' in the Rain," "California Dreamin'" and other fun, well-loved tunes paying tribute to Mother

Nature's wildest wonders.

The Parowan Community Choir is just a three-month commitment, with weekly rehearsals on Monday evenings. Along with our sister singers, we greatly need male vocalists, so, can you lend us a tenor (or a bass...or a baritone)? You don't need to be a Parowan-ite to participate—we will happily accept music

enthusiasts from all over Iron County.

Rehearsals began on Monday, Jan. 8 and is looking for more singers. Come join us Monday evenings (5-6:30pm). Rehearsals take place in the band room at Parowan High School.

If you have any questions, please contact choir conductor Jay Wilcken at 435-477-8084.

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# Cross-Eyed Possum to perform bluegrass in Cedar on Jan. 20

from Jim Howells

IRON COUNTY ACOUSTIC MUSIC ASSOCIATION

Iron County Acoustic Music Association (ICAMA) is excited to announce an electrifying performance by the innovative progressive bluegrass band, The Cross-Eyed Possum. This captivating musical event will take place on Saturday January 20, 2024, at 7:00 PM in the welcoming setting of the Community Presbyterian Church Event Hall in Cedar City, Utah.

The Cross-Eyed Possum is a youthful dynamic ensemble known for pushing the boundaries of traditional bluegrass while infusing their music with elements of contemporary sounds and inventive compositions. They play with a single microphone technique used in bluegrass, feature vocal harmonies like Crosby Stills and Nash, and display the technical proficiency of a band like The Punch Brothers. Together they combine to make a mesmerizing blend of virtuoso instrumentals, tight vocal harmonies, and an energetic stage presence that sets The Cross-Eyed Possum apart in the world of progressive bluegrass. The band is currently celebrating the July 2023 release of their second studio album "Out On My Own."

Prescott, Arizona-based The Cross-Eyed Possum band is a nationally-touring band playing large events

such as Pickin' in The Pines 2023 and the 40th Annual Huck Finn Jubilee as well as smaller local events. The band is Jason Howard on upright bass, Jonah Howard on guitar and Keenan Hammack on mandolin. Jason and Keenan are past members of Sugar and the Mint, the 2017 Telluride Bluegrass Festival band contest winner. Jason graduated from NAU in 2022 with a degree in music performance. Twin brother Jonah graduated summa cum laude from Arizona State in 2022 with a degree in jazz performance. At 22, Keenan has toured the nation several times and brings an unbridled creative energy to the band. Together, the three blend pop, rock, classical, jazz, country, swing, Americana and bluegrass to inform their original music and classic arrangements.

The concert begins at 7:00 PM, Saturday, January 20, at Community Presbyterian Event Hall, 2279 N Wedgewood Lane, Cedar City. Doors open at 6:30. A \$5 suggested donation helps support live Acoustic Music concerts in Cedar City.

Iron County Acoustic Music Association is a non-profit organization dedicated to promoting live traditional and contemporary acoustic music in Iron County. ICAMA receives support from the Sorenson Legacy Foundation, Cedar City RAP funds, and the National Endowment for the Arts through WESTAF and TourWest.

## January joys for the order freak

by Mary Anne Andersen

CEDAR CITY ARTS COUNCIL

During a lovely conversation in which my friend complimented these columns and asked me what I was going to write about next, she said, "Well, everyone will be writing and talking about resolutions." So I thought, okay. Then I'm not doing that. You know—the standard things: exercising at the gym, watching your diet, answering a few of those cards that didn't get replies in December. But there are some January Joys that I'm looking forward to this year, just to put things in order.

Actually, one of them does involve food—at least the refrigerator. As I look inside my fridge, I am seeing some leftover items that are looking

very familiar, right about now. I was raised by a man who never wasted food, and that concept has governed my food choices for decades. But 2 or 3 years ago I had a great thought that has saved me from many a dreary lunch. I realized that whether I ate that last piece of soggy pie or put it down the disposal, it would be gone either way. There is no virtue in eating that single serving of dry dressing; your forcing it down will not feed a hungry child in Gaza or anywhere else. It will be gone, no matter how it disappears. I can now toss things with almost no sense of guilt. So, reach into the back of the third shelf and free up a Tupperware container of browning salad greens.



And then there is the joy of putting presents away. Decades ago I instigated the idea that when my children got a new piece of clothing, they had to trade me for an old one from the same category. An old sweatshirt for the new one, for instance. That has inherent virtues. It frees closet and drawer space and, if used things go to DI (Deseret Industries), it helps someone else out besides. How many gray turtlenecks does one person need?

And this heart-warming chore doesn't happen every year, only when you get a new purse or wallet. I love new bags or wallets with all those new slots and pockets just waiting to house those miscellaneous

cards and papers you've forgotten about. For instance: a discount card for Jackson Cleaners, that has gone out of business; a membership card for the Arts Council dated Feb. 2018. Trash can and trash can. I will hang onto the Golden Age Passport that cost \$10.00 some decades ago. It still gets a careful of visitors into the national parks. The AAA card is good until August 2024. Both go into new slots in my new wallet. Three Pizza Cart reward cards can be consolidated into one, but my Great Harvest bread card is brand new. Oops! Here is a folded receipt from Home Depot dated February. Tear it up. And my lucky \$2.00 bill definitely gets a new home. Now comes the fun part: putting things into the new bag. Next week or so: fill out coming appointments in my new desk calendar.

# 'Hitting the Breaks'

Ranger-guided snowshoe hikes have become the new 'cool' thing to do in winter.



## New contact station a shoe-in for winter visitors

by John B. Turner & Jennifer Sharp

FOR IRON COUNTY TODAY

Just in time for New Year's, the Rangers at Cedar Breaks National Monument have opened a new multi-purpose facility at the North View Overlook near the northern end of the monument just past Brian Head ski resort. That building is a contact station for winter activities in the park including Ranger guided snowshoe hiking, and dark skies astronomy viewing. Over the past few years these activities were held at random locations in the park, but they now have a place to call home. The building was donated by the Zion Forever Project, a philanthropy partner of Cedar Breaks and Zion National Park.

During most of the winter-time, the majority of the Cedar Breaks National Monument viewpoints can only be reached by snowmobile because highway 148, the usual road from Cedar City which runs through the park, is closed. However highway 143, going up Parowan Canyon and through Brian Head, will be kept clear, including the viewpoint parking lot, thanks to an agreement with UDOT. It's about a 20 minute drive from Parowan.

For now, the two main activities offered by the Rangers from the new contact station are snow shoeing and dark sky stargazing. On Friday, Saturday and Sunday, there are three snowshoe hikes daily at 9:30 am, 11:30 am and 2:00 pm. It's a fairly level hike near the canyon rim and is very

family friendly. I watched as 25 visitors were assisted by the two Ranger guides as they put on their snowshoes, had a brief orientation, and took off into the woods. There were all ages participating and a show of hands indicated that about half of the group had never used snowshoes before, so a little training was in order. The hike is about a mile long with a 15 minute break that includes a topical ranger talk.

As with all Federal lands, there is a \$10 entrance fee, which includes snowshoe rental and hike, but the fee is waived if you have an America the Beautiful National Parks Pass. The station is only staffed three days each week, but

see [CEDAR BREAKS](#) » 17

## CEDAR BREAKS

« CONTINUED FROM PAGE 16

the North View Overlook and the snowshoe trail is open all week if you are using your own equipment. Reservations are suggested by calling 435-986-7120, or through the following website: [eventbright.com](http://eventbright.com).

The new station will also be home to the Dark Skies astronomy program, held every Saturday evening from 5:30 to 7:30 pm. The program has been around for a while and it is run by volunteer astronomers starting with a 30 minute lecture, followed by an outdoor presentation with telescopes provided. There's nothing quite like looking up at the Milky Way to make you feel pretty puny!

For both snowshoeing and stargazing the new contact station has a wood burning stove to warm your hands and hot chocolate to warm your heart before you head home. Both these activities involve snow and cold air, so make sure you dress appropriately, and always check with UDOT or your personal weather app for road conditions before you head up the mountain.

At this chilly time of the year, it's not uncommon for kids (and grownups) to whine: "There's nothing to do around here" Well, Cedar Breaks is stepping up this winter to provide a solution to that, and is also planning more summer activities soon to lure you up to the beautiful natural wonder in our own backyard. You can keep up to date with new activities by tuning into their website: [nps.gov/cebr](http://nps.gov/cebr)

I can't end this article without mentioning one other observation from my visit to the new contact station. During the time I was interviewing Ranger Jonathan Pyne and his staff, Maya, Emily and Julie, it was very obvious that they were all very dedicated and showed an enormous sense of pride in their work. So, Iron County, take advantage of the natural beauty all around us and visit Cedar Breaks, because there is "ALWAYS something to do around here", and start the New Year with some fun at Cedar Breaks.



*The hikes are available for many skill levels and the sights are spectacular.*

PHOTOS BY JOHN B TURNER



# Lands Providing a Bright Future

Learn about the Utah Trust Lands Administration. They generate revenue from Trust Lands that benefit public schools and other important state institutions, ensuring prosperity for present and future generations.

Learn more at [TrustLands.Utah.gov](http://TrustLands.Utah.gov)

Iron & Beaver school districts received over

# \$2.2 MILLION

in funding this year from revenue generated on Trust Lands.

\*Charter Schools in the area also receive Trust Lands funding.



# WARNING: Do Remove Labels

Labels are placed everywhere and on everything. They help identify a product's purpose and to help the purchaser and consumer make the most prudent purchase. One of the most infamous labels can be found on mattresses. They say, "Do Not Remove Under Penalty Of Law." One should not, in good consciousness, even attempt remove that taunting tag. If one does commit such a heinous act, they better watch their back for the mattress marshal!

But seriously, the purpose of the mattress label originated to help prevent mattress malpractice. Believe it or not,

how to? Are you trying to hide what's on the inside by attaching fake or misleading labels to fool or impress others? Perhaps you've neglected removing any lying labels because you're afraid that someone will remind you of your rotten past and make you feel that your stuff will never be up to snuff?

Maybe you're just overwhelmed because you've become overstuffed with so many artificial materials that you feel like you'll never be good enough, happy enough, smart enough, etc. You can add a dozen other demoralizing and lacerating labels. Ultimately, the libel of your labels is liable

to leave you with many sleepless nights and a life of tossing and turning, no matter what kind of mattress you are sleeping on. Make no

mistake, materials matter. You matter. You may have lost a spring or two in your step, and you may have had your original stuffing replaced by mistakes and misunderstandings, but that doesn't mean you should be treated like and tossed out like, an old useless mattress.

It's time for some new stuffing, new springs and "Under Penalty Of Peace," tear off your old labels. And don't just re-write new labels, remove and replace them and anything else that doesn't help you become and live a better life. You've still got enough stuff to make your dreams come true. Wake-up, get up and go make some new labels: Fighter, Friend, Forgiver, Faithful, Focused, Fearless, First-Class. Don't forget to add a new warning label—a declaration for all the world to see when they see you. "Do Not Remove Because I Still Matter!"

*the rut*  
LESS TRAVELED

Corey Baumgartner

news@ironcountytoday.com



some misleading manufacturers would actually stuff their mattresses with horse hair, old rags, even rotten food! They saved money and materials and assumed that what the sleeper didn't see (or smell) wouldn't hurt them. Eventually, it became a requirement for all mattress manufacturers to add a label that would make clear the mattress's contents, so the consumer would know exactly what sort of stuff they were sleeping on. If the label had been removed or tampered with, it was the sign of a bad bed.

What do your personal labels say? What kinds of things have you stuffed your mind, heart and life with? What labels do people see when they look at you? More importantly what labels have you put on yourself? Do you have labels you wish you could remove but are afraid to, or don't know

## calendar

### THURS, JAN 11

MILK DAY

**UTAH FARM & FOOD CONFERENCE (11TH-12TH, 9am-7pm) @ Festival Hall, Heritage Center (105 N 100 E, Cedar).** Full Conference - \$140 Pre-Conference Event: Farm Tour - \$45 Pre-Conference Event: Hoophouse Workshop - \$55 Farm to Fork Dinner - \$75 Donations accepted. Gathers more than 150 farmers, gardeners, biodynamic practitioners, permaculturists, educators, students, activists, chefs, seed geeks, foodies, and homesteaders from Utah and neighboring states. INFO: 435-704-1222 or utahfarmconference.org.

### FRI, JAN 12

PHARMACIST DAY

**PAROWAN 173RD BIRTHDAY (9AM) @ Parowan High School Gymnasium (168 N Main St).** Song & dance by the Parowan High and Elementary Students. (11am) Luncheon and (Noon) Town Meeting @ Parowan High School Auditorium. INFO: 435-477-8190. Come back on Saturday for the Birthday Ball (7-10pm) @ Iron County Fair Building.

**HIGH SCHOOL SWIM MEET (12TH-13TH) @ Cedar City Aquatic Center (2090 W Royal Hunte Dr).** The Aquatic Center will be closed to the general public after 1 pm on Friday and all day Saturday for the swim meet.

**RED ROCK FILM FEST WINNERS SHOWCASE (7pm) INFO: redrockfilmfestival.eventive.org.**

**CEDAR BREAK SNOWSHOE HIKE (FRI, SAT, SUN, 10-3pm, thru March 31) @ Cedar Breaks National Monument.** \$10 per person. Ranger guided snowshoe hikes. Beginner-friendly. Snowshoes, poles provided. Reservations required. 1 mile roundtrip through snowy terrain, learning about the park from rangers as they stop along the way. No cost. Dress Warm. CedarBreaksInfo@nps.gov or call 435-986-7120. Requests for reservations will be confirmed by the Friday prior to the scheduled walk.

### SAT, JAN 13

VISION BOARD DAY

**STATEWIDE FARMER'S MARKET (8-11:30AM) @ Cedar City Festival Hall (105 N 100 E).** Part of the Utah Farm and Food Conference. Open to the public. INFO: utahfarmconference.org/farmers-market.

**CEDAR CITY FARMERS MARKET (10AM-1PM) @ IFA (905 S Main St, Cedar).** FREE. Farmers, food, artisans. Drawings, bingo, more! INFO: Facebook, Cedar Saturday Market, or Nancy 435-463-3735.

**FESTIVAL CITY MARKET (10AM-1PM) @ (Center St. & 100 W) By Bristlecone Coffee.** FREE. Handmade treasures and a bounty of

local farmers, backyard gardeners, fresh fruits, veggies, with local artisans for jewelry, art, wood, pottery.

**MIDVALLEY FARMERS MARKET & ARTISAN FAIRE (5-8pm) @ (780 Midvalley Rd. Enoch).** Live music, jump house, face painting, and more. Beautiful, unique items. Have dinner, listen to music, let the kids play in the jump house. INFO: Text: 435-704-6916.

### SUN, JAN 14

ORGANIZE YOUR HOME

**"IMAGINE YOURSELF LIVING IN A SPACE THAT only contains things that spark joy."** Marie Kondo

### MON, JAN 15

ELEM. SCHOOL TEACHER DAY

**NATIONAL PARK FREE ENTRY DAY TO ENCOURAGE Americans to explore America's natural beauty, rich history, and culture; admission fees will be waived. Also Martin Luther King Jr. Day of Service.** Find volunteer opportunities inspired Dr. King and the pursuit of civil rights in America. (www.nps.gov).

### TUES, JAN 16

APPRECIATE A DRAGON DAY

**"DO NOT MEDDLE IN THE AFFAIRS OF DRAGONS for you are crunchy and taste good with ketchup."** Suzanne McMinn

### WED, JAN 17

KID INVENTORS DAY

**WONDER WEDNESDAY - (4-6PM) @ SUU S.T.E.M. Center @ Geoscience Bldg. Room #323 (351 W University Blvd., Cedar).** FREE for all students K-5. Children, accompanied by an adult, can join for fun make-and-take activities self-guided programming. INFO: (435) 586-7812.

**CHARACTER SKETCHES (WEDS, 6:30-8:30PM) @ Cedar City Library (303 N 100 E).** Weekly drawing/painting sessions using live models as characters from art, literature, books, movies, TV, video games. INFO: 435-586-6661.

### THURS, JAN 18

THESAURUS DAY

**"WHAT DID THE BOOK REVIEWER SAY ABOUT the thesaurus? Don't arbitrate, assess, decree, estimate, mediate, reckon with, evaluate, or appraise a book by its cover."** Reader's Digest

## calendar

## ONGOING OPPORTUNITIES

## GOVERNMENT

**Brian Head Council**

2nd & 4th Tues, 1 pm • Brian Head Town Hall, 56 N. Hwy 143

**Cedar City Council**

Wed (except 5th), 5:30 pm • City Hall, 10 N. Main St (435) 586-2950

**Enoch City Council**

1st & 3rd Wed, 6 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

**Enoch Planning Commission**

2nd & 4th Tues, 5:30 pm • City Hall, 900 E Midvalley Rd • (435) 586-1119

**Iron County Commission**

2nd & 4th Mon, 9 am • Commission Chambers, 68 S 100 E, Parowan

**Iron County Democrats**

3rd Sat, 10 am-11:30 am • Cedar City Library, 303 N 100 E

**Iron County Republican Women**

3rd Wed, 11:30 am. Tickets \$20, <https://www.ironcountyrepublicanwomen.com>

**Parowan City Council**

2nd & 4th Thurs, 6 pm • City Hall, 35 E 100 N • (435) 477-3331

## SERVICE GROUPS

**American Legion Post 74**

2nd Mon, 6pm, Cedar Library, 303 N 100 E. Learn about Veteran benefits, opportunities, fellowship. Honor Guard provides military honors at Veterans funerals. Post Commander Darrin Duncan (435) 704-1466.

**Bikers Against Child Abuse**

2nd Thurs 7 pm • Courtyard Marriott, 1294 S Interstate Dr (Cedar Breaks Conference Rm)

**DAR – Bald Eagle Chapter**

2nd Sat, 10 am • Cedar Library, 303 N 100 E

**Elks Lodge #1556**

111 E Freedom Blvd. Cedar City, (435) 586-8332

**Lion's Club**

Tues, 12 pm • Call Pres. Michelle Wilson for mtg. info. Everyone welcome! (802) 359-2183

**Marine Corps League**

Detachment 1315, 2nd Wed, 6:30 pm Cedar City Library (303 N 100 E)

**Rotary Club**

Tues, 12:15 • Southwest Tech, 757 W 800 S, Cedar City • (435) 233-0244

**So. Utah Veterans Assoc.**

1st Thurs, 7pm • Westview Christian Center (2624 West Hwy 56, Cedar). Veterans, First Responders, Aall are welcome to attend.

## SUPPORT GROUPS

**AA—Alcoholics Anonymous**

(435) 635-3603 • [www.utahaa.org](http://www.utahaa.org). Helpline: John (702) 802-1332, Kara (702) 232-6829 KCCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Speaking From The Heart** • M – Sa, Noon Steps and Traditions • M – Su, 7 am

**Red Road to Sobriety** • Mon, 6 pm Paiute

Tribe, 440 N Paiute (435) 586-1112 Ext. 307

**Misfits** • M – F, 6 pm

**Cedar Group** • Tues, 8 pm

**The Great Fact** • T, F, Noon. True Life Center

2111 N. Main. (702) 802-1332 or (702) 533-7856

**Red Creek Group** • Wed, 7 pm • 685 N 300 E, Parowan • (435) 477-8925

**Uncommon Sense** • Sat, 10:00 am

**My Story** • Sat, 8 pm

**Thank God Sunday Spiritual** • Sun, 11 am

**What a Way to Start the Day** • Su, W, F 7-8 am • All are welcome

**Al-Anon**

KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Al-Anon** • 1st, 3rd Tues, 7-8 pm • 435-704-8984

**Easy Does It** • Tues, 7-8 pm • (435) 559-3333

**Hope for Today (Family Groups)**

Thurs, 6 pm • (435) 559-3333

**Alzheimer's/Dementia**

Tues, 5:30-6:30 pm • Cedar Library (303 N 100 E). Learn about/access resources, connect with others for support. Raven Albertson, 385.831.7124, [utahprograms@alz.org](http://utahprograms@alz.org)

**ARP—Addiction Recovery**

1st Wed, 7 pm • Parowan Seminary building, Main & 300 N, Parowan Sun 7:30 pm • 85 N 600 W, Cedar, Rm. 102 – LDS bldg. Back entrance. 435-218-9578

**Caregivers**

3rd Thurs, 5:45-7 pm • Zion's Way Home Health, 369 N 100 W #1, Cedar. All levels of the caregiver's journey from pre-caregiving to bereavement and rebuilding welcome. INFO: Kat at 702-292-9911.

**Celebrate Recovery 12-Step**

Fri, 6:30 pm • Sunrise Christian Church (6843 W 1800 N, Cedar). God can change any hurt, habit or hangup, not just alcohol addiction INFO: 435-586-3640

**Embrace Grace**

Unmarried, pregnant? You don't have to walk alone! Safe, judgment-free zone. Free baby stuff at a baby shower for you. Text or call 407-719-8595

**Grief Support Group**

2nd Tues, 5 pm • Southern Utah Mortuary (190 N 300 W, Cedar). Safe, supportive for those who have lost loved ones. You are not alone. Free. INFO: 435-586-4040

**Grief Support - Child Loss**

1st Tues, 7 pm • Cedar Library (303 N 100 E). FREE for bereaved parent, sibling or grandparent. Includes any child loss (pre-birth, young, teen, adult). INFO: 435-327-1856

**Helproom**

Fri, 2-3 pm • Free online support group for survivors of Domestic Violence, Sexual Assault. Safe to communicate, share perspectives on healing, recovery. Join: [affiliate.rainn.org/helproom/canyoncreekservices](http://affiliate.rainn.org/helproom/canyoncreekservices).

**Multiple Sclerosis**

3rd Thurs, 6-8 pm • Cedar Visitor's Center, 581 N Main. Caregivers and those with MS

**Narcotics Anonymous**

[www.nasouthernutah.com](http://www.nasouthernutah.com) • (435) 635-9603 KKCB Club (203 E. Cobblecreek Dr, Cedar City) unless otherwise listed

**Basic Text Study** • Mon, 8 pm

**Just for Today** • Wed, 8 pm

**Hope Without Dope** • Thurs, 8 pm

**Live and Let Live** • Fri, 8 pm

**Candle Light Mtg** • Sat, 9:30 pm (Sm rm)

**Women Only** • Sun, 11 am

**Dopeless Hope Fiends** • Sun, 8 pm • Mtg Hall, 1067 S Main, Cedar (877) 865-5890

**Nicotine Anon (12-Step)**

Fri 5 pm • KKCB 203 Cobble Creek Dr. Ste. 201 (North Room), Cedar • (435) 559-0394

**Porn Addiction Recovery**

Men Only • Thurs, 7:30pm • Canyon View seminary building (54 W 1925 N). North entrance.

**Pregnancy, Infant Loss**

1st Thurs, 7:30 pm • Share Families of So. Utah • 565 N Main Street, Ste. 6, Cedar • [www.southernutahshare.com](http://www.southernutahshare.com)

**Senior Blind/Visually Impaired**

3rd Thurs, 1:30 pm • Cedar City Library

**Southern Utah Veterans Assoc.**

1st Thurs, 7 pm • Westview Christian Ministry @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: Chuck Waddell 907-252-1365.

**Southwest Parkinson's Alliance**

2nd Tues, 1:30-2:30 pm • Cedar City Senior Center, 489 E 200 S • Kristy 435-559-9681.

**Widows Ministry**

2nd Sat, 11-1 pm • New Journey-Widow's Ministry @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, [info@sunrisechurch.net](mailto:info@sunrisechurch.net), [sunrisechurch.net](http://sunrisechurch.net).

## CLASSES, CLUBS &amp; ACTIVITIES

**Adult Barre/Modern Dance**

Wed, 11 am-noon, Spirit Wellness Club, 1615 N Main, Cedar City • All levels, Free to members, or \$8 drop-in fee.

**Arthritis Foundations Exercise**

Time TBA, Cedar Senior Center, 489 E 200 S • 435-586-0832. FREE. Trained instructors. Range-of-motion exercises, endurance-building activities, relaxation techniques, and health education topics.

**Arts for Adults w/ Disabilities**

Every other Tues, 1-2pm, starts Nov. 28. • Johnson Arts Center (59 N 100 W Cedar). Fun, engaging activities. Drum/Flute circles, group juggling, fine arts projects, more! All levels/abilities! 702-917-2151.

**Bingo & Lunch**

Fri, lunch @Noon, Bingo @3 pm. Free for Seniors @ Our House Assisted Living (995 S Regency Rd, Cedar). INFO: 435-867-0055.

**Book Club**

2nd Thurs, 6 pm • Cedar Library 303 N 100 E.

**Boy Scout Troop 1848**

5th-17 yrs • Thurs 6:30 pm • Old School Library, upstairs, west door. Text Sheila 805-208-4545

**Cedar Breaks Model A/ Vintage Car Club**

1st Thurs, 6pm • Get to know other vintage vehicle enthusiasts, great camaraderie, have fun, win awards at car shows, parades, etc. INFO: Mel @ 435-919-4183 or email [cedarbreaksmodela@gmail.com](mailto:cedarbreaksmodela@gmail.com).

**Cedar Chest Quilters' Guild**

Thurs, 10 am • Cedar Senior Center, 489 E 200 S. Projects for all abilities. Block of the Month. Make friends, improve skills & have fun. Visitors welcome. Info: Ms. Ronnie Badgett. 435-477-2243. [cedarchestquiltersguild.org](http://cedarchestquiltersguild.org)

**Cedar City ESL**

Wed, 6:30 - 7:30 pm • Free ESL lessons offered at Cedar Library, Rare Book Room (303 N 100 E). No pre-registration required.

**Cedar City Toastmasters**

Thurs, 7 am • Cedar City Visitor Center, 581 North Main. Find your voice, shape your future. Be the leader & speaker you want to be. (603) 731-0116

**Cedar Professionals**

Tues, 7:30 am • Springhill Suites, 1477 S Highway 91, Cedar City. Organization of business people. Stimulate business through exchange of ideas, information, referrals. visit [www.cedarprofessionals.org](http://www.cedarprofessionals.org)

**Cedar Radio Control Club**

4th Thurs, 7 pm • Cedar City Library, 303 N 100 E.

**Color Country Winds**

Wed • Come brush up on your band skills to share with the community. Call Debbie at (435) 559-9609 for time and location.

**Cub Scout Pack 1848**

K-5th • Thurs, 5 pm • Old School Library, upstairs, west side door, next to Enoch City Business office. Text LaRee Kurtz 435-559-2111.

**Explorer Bible Club**

Wed, 6:30-8 pm • 4yrs. to 6th grade, Valley Bible Church (4780 N Hwy 91, Enoch). 435-586-0253

**International Folk Dancing**

Fri, 1-2 pm • Cedar Senior Center (489 E 200 S) FREE: No Partner Needed; teaching! INFO: 626-808-6129

**Iron County Moms For America**

1st Wed, 7pm • Cedar City Library. Keep liberty alive in your hearts, homes with liberty minded book discussions. INFO: Kami Merrill 435-592-4152 or email: [ironcountymoms4america@gmail.com](mailto:ironcountymoms4america@gmail.com)

**O.A.R.S. Young Adult Group**

Tues. 9, 6-8 pm • Cedar Library (303 N 100 E). Open, Authentic, Relevant, and Spiritual. Dinner group, ages 18-30. Talk about spirituality, mutual support, curiosity, community service. Text 541-579-1554, [pastorschuyler@gmail.com](mailto:pastorschuyler@gmail.com)

**Parowan Pickleball**

Mon, 6-8 pm • Tues-Thurs, 9-12 pm • Iron County Exhibit Building. Range of skill levels, 3 indoor courts, beginners welcome. INFO, fees and sign up: Parowan Visitors Center 435-477-8190.

**PB&J Therapy Groups**

These two groups teach skills for different areas of life by utilizing recreational activities and engaging in other forms of expressing emotions. INFO: 435-267-4212. College: [forms.gle/SmGytgCfvQ1tS2pB7](https://forms.gle/SmGytgCfvQ1tS2pB7) Adolescent: [forms.gle/BZiepPW63pR6Zd8k9](https://forms.gle/BZiepPW63pR6Zd8k9)

**Rock Club**

1st Thurs, 6 pm • Gateway Academy, 201 W Thoroughbred Way, Enoch. Learn about

geology, find gems, fossils and minerals. Learn to cut and polish and make jewelry. [southernutahrockclub.org](http://southernutahrockclub.org)

**Sagebrush Fiber Artisans Guild**

Wed, 9:30-11:30 am • Grind Coffee House (19 N Main, Cedar City). Knit, crochet, weave, spin, etc. Come learn a craft, work on a project, or just socialize. Beginners welcome! Questions: Jane 435-233-8366.

**Senior Yoga Classes**

Mon, 10-11 am & Wed, 1-2 pm • Cedar City Senior Center (489 E 200 S). Easy to do. Please bring own mat. (435) 586-0832

**Sewing Group**

Wed 9-2:30 pm • Cedar Senior Center (489 E 200 S). Bring machine, cord, projects, supplies. No fees. All abilities welcome. Annie Anzalone (702) 232-0063.

**Southern Utah Woodturners**

2nd Sat, 9 am. Cedar High School wood shop, 703 W 600 S.

**StrongBoard Classes**

M-W-Fri, 9 am • IFS Studio, 2390 UT-56 #9, Cedar City. Improve core strength, balance, stability. All fitness levels welcome. Class size limited to 8. Call (661) 436-0259 to register/reserve your spot.

**Tae Kwon Do Class**

Wed, 7-8:30 pm • Cedar City Aquatic Center, 2090 N Royal Hunte Dr. \$25/mo., ages 5+, any experience level (435) 865-9223. Helps benefit Canyon Creek Crisis Center.

**Tai Chi For Health**

Wed & Fri, 9:30-10:30 am • Cedar Senior Center, 489 E 200 S. FREE low-impact, health for Seniors. Helps coordination, balance, flexibility. Maria Bailey, 435-673-3548 x103. Pre-registration not required. Space limited.

**Take Action for Freedom**

Wed, 7 pm • Stahli West 600 N. Airport Road, Cedar • Preserve Constitution, Republic, voting laws, medical freedom, education, rights, ed. on CRT & boarder illegal immigration, Legislature

**Top Bar Hive Bee Keeping**

1st Tues, 7 pm • Cedar City Library 303 N 100 E. (435) 586-6661

**TOPS—Take Off Pounds Sensibly**

Wed • Weigh-in 9 am, mtg 9:30 am., Cedar City Library, 303 N 100 E. Lose weight affordably • 586-3233 (am mtg)

**Water Aerobics Class**

Tues, Thurs, 9 am • SUU pool, 2-56 N 600 W., Fun, up-tempo workout to music. Intensive cardio, full body muscle toning. Any fitness level. All ages. \$3/class, including pool admission. (435) 327-2091 (no text)

**Wellness Place**

583 S Main Suite #5, Cedar City. (435) 592-5308. Classes: [thewellnessplaceccc.com/upcoming-classes](http://thewellnessplaceccc.com/upcoming-classes)

**Wellness Wednesdays**

Wed Noon-1 pm • Create Better Health. ZOOM Mtg ID: 841 6308 8990, PV: health, Info: Kristi Sharp (435) 986-2564, [ksharp@snuhealth.org](mailto:ksharp@snuhealth.org)

**Youth Group**

Wed, 6:30-8 pm • Ages 12-18. Meal, games & Bible Study. @ Sunrise Christian Church (6843 W 1800 N, Cedar). INFO: 435-586-3640, [info@sunrisechurch.net](mailto:info@sunrisechurch.net), [sunrisechurch.net](http://sunrisechurch.net).



# SNOW DAY!

*The weekend snowfall called out the sledders who answered for an afternoon of chilly fun on the Cedar slopes.*



## history

# Priddy Meeks: Pioneer doctor in Parowan

by Jay M. Jones

FOR IRON COUNTY TODAY

Priddy Meeks, an early doctor in Southern Utah, arrived in Parowan in May 1851, just a few months after the town was settled. The following week he was elected to the Parowan City Council.

Meeks obtained logs from the nearby mountains and built a cabin that still stands at the Meeks/Green Pioneer Farmstead on 400 West Street in Parowan.

According to Samuel Hauber in “The Meeks Homestead” at [www.intermountainhistories.org](http://www.intermountainhistories.org), Priddy “chopped down wood with an axe and then flattened the logs with an adze so that they fit close together. He used square nails to hold the house together and chinked the small openings between the logs. The loft on the east side of the cabin was accessible only by a ladder placed outside the home.” Hauber further states that this home was the first one in Parowan built outside the original fort.

Priddy Meeks was born in 1795 in South Carolina. His family moved to Kentucky, and then to Indiana, where the father was killed in an 1812 skirmish with Native Americans.

Priddy married Mary Bartlett in 1815. They had four children before she died in 1824. He then married Sarah Smith in 1826, a widow with one child. They had five children together. They moved to Illinois, where their infant daughter Hulda died of whooping cough in 1833. Priddy believed that medicine given by doctors worsened her condition and contributed to her death.

It took until the 1880’s for the United States to begin to establish a firm foundation of science for the practice of medicine and the training of doctors. In the meantime, doctors were sometimes able to make accurate observations and logical analysis that were of benefit to their patients.

Priddy’s wife Sarah became sick for a period of about two years and despaired of ever becoming well. Priddy obtained the book “New Guide to Health” by Samuel Thomson, which focused on natural herbal remedies. By following directions in this book, Priddy was able to help Sarah regain her health. He also helped neighbors who became ill, and they recognized his skill and encouraged him to quit farming and devote full time to being a doctor.

Faced with a decision, Priddy Meeks wrote in his autobiography: “I studied much to know what was my duty to God and to mankind and myself and family.”

Continuing, he wrote: “I saw my weakness and want of education, being raised in the backwoods, without learning but little only what I learned in the backwoods with my gun on my shoulder . . . Here was a trial you may be sure, for me to come in contact with learned doctors; I would not know what to say and would appear as a dunce.”

As it turned out, Meeks took cases that other doctors had given up on and provided good results.

In 1840 he joined The Church

experience to new cases, including one of the most unique medical cases in pioneer Utah.

As Meeks reports in his autobiography, James McCann, who had come to Utah as a teamster for the U. S. Army during its trek to Utah in 1857, was on his way to Southern California in winter-time via the southern route (roughly what is now I-15 from Salt Lake to Los Angeles). At Parowan, his feet were frozen, and he was taken to Dr. Meeks to have his legs amputated a few inches above the ankles.

Dr. Meeks observed that amputation was not

HISTORICAL  
THREADS



JAY M. JONES

After restoration to its original condition and design by descendants of Priddy Meeks, the cabin is part of the MeeksGreen Farmstead located at 40 N 400 W in Parowan.

of Jesus Christ of Latter-day Saints and eventually moved to Nauvoo, Illinois. When a move from Nauvoo became necessary, Meeks moved westward to Utah as a member of the Jedediah Grant pioneer company. Along the way, he successfully treated cases of black canker, high fevers and other maladies. He became a respected doctor in Utah following his arrival in October 1847 in Salt Lake City.

After moving to Parowan in 1851, additional opportunities came for Doctor Meeks to apply his

immediately required. He gave the patient increasing doses of cayenne pepper (taken internally) over the next several days to improve circulation. After a few days, new flesh started to develop in the feet, crowding out the dead tissue. Although the process was painful, in 16 days McCann was well enough to walk from Parowan to Paragonah and back again.

Priddy Meeks moved on to Harrisburg (near Leeds) in 1862. Then in 1879 he moved to Orderville in Kane County, Utah. He would die there in 1886 at the age of 91.

## family

# Straddling the fence

Like many parents I have spoken to over the years, my husband and I have juggled the idea of homeschooling our kids. We both grew up attending public school and neither of us had any homeschooled friends or acquaintances. When we considered the option with our own children, we were hesitant and unsure where to start.

Opinions vary greatly on the topic and after two years of weighing pros and cons, we stopped asking for the thoughts of others and sat down for an in-house conversation. The result was a unanimous “yes” for homeschool. So, we wrapped up the fall semester at the elementary school with our oldest in second grade and his

fulfilled at the end of the day.

## All hands on deck:

With four little kids home all day long we are discovering that housework could be a fulltime job. Knowing that I can't tackle keeping a neat home at all times along with teaching, laundry, cooking and other homemaker duties, I have learned to truly delegate. Among other things, the kids are completely responsible for keeping the dishwasher loaded and unloaded, and that alone simplifies my life.

## Less screen time:

Along with having a full schedule comes less aimless scrolling on my phone. While I don't have any social media accounts, I am prone to news updates, Pinterest scrolling and comparing wish lists between online shopping sites for the best available deals. Since starting homeschool, this time has dwindled down to the bare minimum. Again, this could be a negative or a positive depending on your preference.

## Quality time:

The amount of quality time that our family spends together has skyrocketed since we made the switch to homeschool. I find myself feeling far less frustrated with my kids! Rather than scrambling from one activity to the next and racing against the clock to accomplish tasks, we are able to really slow down and enjoy one another.

These are just a few points to consider if you, too, are juggling thoughts of homeschool. Are these things that could sway you one way or the other? My final takeaway is that the bonding we have experienced in just one week is confirmation enough for me that we have done the right thing for our family.

## mom's CORNER(ED)

by Weslie Stratton

CONTRIBUTOR



sister in Kindergarten. We celebrated Christmas and rang in the New Year with our first full week of home-based education!

With that in mind, I thought I would share a few takeaways for others wondering what changes homeschool might bring for their family.

## Every minute accounted for:

Our homeschool curriculum begins at 9 a.m. and from that point on my whole day is mapped out. While the kids find that they have far more free time than they did while attending public school, I find that I have far less. When education time is done I have a full day of mom tasks left to complete before it's time to start dinner. Some may find this to be a negative, but I am discovering that my days are brimming with productivity, and I fall asleep feeling completely

## schools

## IRON COUNTY SCHOOL DISTRICT NEWS NUGGETS

from Braylie Tullis

IRON COUNTY SCHOOL DISTRICT

### Fiddlers Canyon Elementary

We hope you have had a great winter break and are happy school is back in session! No school on Monday, January 15, in honor of Martin Luther King, Jr. Day. STEAM Week is coming January 16-19. The school's STEAM Night will be Wednesday, January 17, from 5:30pm to 7:30pm at the school. There will be fun projects and experiments that will be great for the whole family. Our school science fair will be Friday, January 19th during school hours. We are so excited to see what students have come up with! Follow the Fiddlers Canyon Elementary PTA page on Facebook for more updates, highlights, and reminders.

### East Elementary

We hope you had a terrific winter break! Our student ambassadors wanted to spread holiday cheer and organized a card drive last month. Students made cards and wrote holiday wishes for residents of local care centers. Over 500 cards and messages were delivered to Stonehenge and Cedar Rehabilitation Center. We hope they brightened the residents' holidays! SEP week will soon be here! Look for a message from your child's teacher to schedule a time to come in and discuss your student's progress! SEP week begins on January 29th. School will be dismissed at 2:30 Monday through Thursday. We'd also like to remind you that there will be no school on January 15th in honor of Martin Luther King Jr.

### Three Peaks Elementary

Three Peaks Elementary 5th grade students graduated from the DARE (Drug Abuse Resistance Education) program on December 19. Classes were taught to

students by Deputy Menke and Deputy Teeples. The course, consisting of 10 one-hour sessions, aimed to provide students with knowledge, skills, and an opportunity to explore attitudes to help them make informed decisions and to develop safe and healthy lifestyles. The 5th grade students were taught about the negative health effects of tobacco, alcohol, and drugs; communication and how to be assertive and stand up for themselves; bullying - what it is and what it is not; building healthy networks with trusted adults; tattling vs. telling; and avoiding risky situations. They also learned the Dare Decision Making Model and how to apply it in life situations: Define the problem, Assess the situation, Respond, Evaluate the decision. The Iron County Sheriff's Department spoke with the students about the importance of avoiding drugs and alcohol, watched a presentation by two highly trained dogs who currently work on the drug task force, and were presented with graduation certificates, DARE shirts, pencils, and other DARE reminders. We would like to thank everyone who made this graduation successful; especially Deputy Menke and Deputy Teeples for teaching the students, gathering prizes, and arranging the graduation activities. As the days become colder, please remember to send a coat to school with your child. Also, please label the coat so it can be returned if it gets misplaced. Just a reminder that there will be no school held on January 15 for MLK Holiday.



# Eat what you grow: SUU master gardener program

by May Hunter

FOR IRON COUNTY TODAY

What does it mean to believe in tomorrow? Is it having faith in the unknown, just hoping for a better future? Or is it preparing for tomorrow by taking action now? Perhaps it is both.

A garden is much more than a collection of plants. It is a living expression of our vision and passion. It is the manifestation of dreams. Gardening isn't just a hobby, it's a way of life. Whether you have a small backyard space or a spacious backyard, gardening gives you opportunity to watch nature right at your doorstep. Through gardening, we learn new skills, overcome challenges, and enhance our mental, physical and spiritual well-being in the process.

Did you know the average household throws out more than \$600 of produce a year? That's just crazy! Of course, you're

more likely to throw out a mushy, overripe store bought tomato than one you grew in your own garden. When something is "yours," you most likely won't take it for granted. Plus, when it's fresh—it tastes better, so it won't go bad sitting in the vegetable bin. And a garden in your backyard helps the planet. Growing food without pesticides and herbicides cuts down on air and water pollution. There is no need to get fruit and vegetables from across the nation when we can grow

our own.

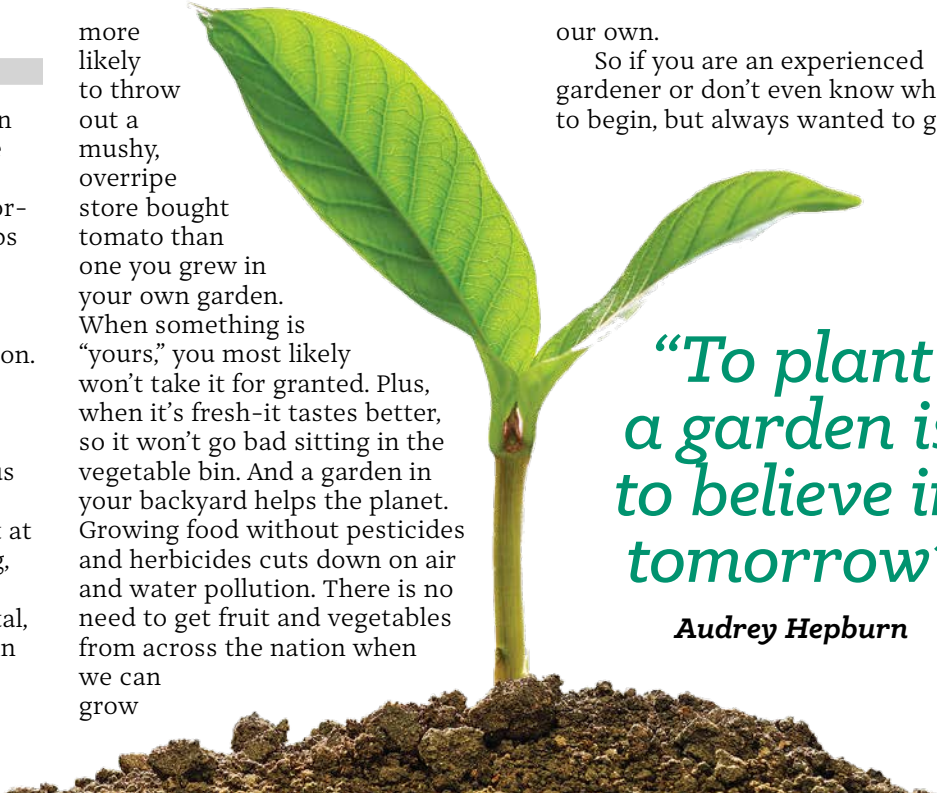
So if you are an experienced gardener or don't even know where to begin, but always wanted to grow

*"To plant a garden is to believe in tomorrow"*

*Audrey Hepburn*

your own garden—don't miss out on this incredible, informative Master Gardener Program. Registration for the 2024 Utah State University Extension Master Gardener Program in Iron County is now open! Don't miss out on this incredible opportunity to cultivate your gardening skills and make a positive impact in our community! You'll experience a mix of engaging lectures and hands-on training, delivered by specialists and faculty members from Utah State University Extension, along with opportunities to share your knowledge with others!

For more information, or to sign up (Jan 17-Feb 29), please contact: USU Extension, Iron County, 585 N. Main Street, Suite 4, Cedar City Utah. Or call: 435-586-8132, Email: [josh.martin@usu.edu](mailto:josh.martin@usu.edu). This is a free service but please reserve your space online: <https://tinyurl.com/IronGardener>. Meetings will be held on the Southern Utah University campus.



SHUTTERSTOCK

**2024 STATE-WIDE FARMERS' MARKET**  
**JAN 12 SAT 8:00 AM - 11:30 AM**  
 at the **UTAH FARM AND FOOD CONFERENCE**  
 at Heritage Center Theater Lobby  
 105 North 100 East  
 CEDAR CITY

sponsored by  
 Cedar City  
 UTAH FARM AND FOOD CONFERENCE

RED ACRE CENTER  
 FOR FOOD AND AGRICULTURE

## obituaries

### Bryan Alan Walquist



Celebrating Bryan Alan Walquist Our thoughtful, selfless son, grandson, brother, and uncle went home to be with the Lord unexpectedly Friday, December 22 after complications due to his health.

Bryan was born in Anchorage, Alaska to his parents, Kent Walquist and Dawn Willsey, and he was with them as they moved around the country for Kent's pilot work until they ultimately settled in San Diego, California. He was the oldest of their two children, and was a great brother to his younger brother Steven.

Bryan attended Hilltop High School and finished his last semester in NASSCO shipyard's high school program in 2002. He went on to earn a B.S. Degree in Marine Transportation from California Maritime Academy (California State University) in 2009.

He worked on several large ships as a second mate that took him all over the world. He had stories from Singapore, Diego Garcia, Thailand,

Peru, Fiji, and many others.

In 2017, he moved from San Diego up to Cedar City, Utah to live closer to his mom and brother. While there, he took up day-trading. He also became the "Wikipedia" of Bear Bull Trading where he helped hundreds of people as a moderator.

Bryan had a passion for music and sound, and he was an integral part of the Red Hills Southern Baptist Church worship team. He had an amazing talent for making his team sound like pros. He helped not only his own team, but other churches in Cedar City with making their audio systems sound amazing.

Bryan was a brilliant man who enjoyed helping people. He was unbelievably intelligent in many different areas, particularly with cars, boats, music, and sound. He enjoyed explaining his passions to anyone who asked, and he knew how to explain the most complex concepts in the simplest terms.

Bryan was not one to be in the spotlight. He preferred to help people behind the scenes. Several people have come forward with how much he helped them, but he never sought any attention for this help. Whether it was a friend moving, someone needing help with cars, or checking on his family's homes when they were on vacation, he was the one we all could rely on for anything. He was an incredibly selfless, helpful person.

Along with his passions, Bryan loved to laugh and had a great sense of humor. Many have mentioned videos, memes, and reels he would send randomly, just to add a bit of humor to the moment. There are so many inside jokes that he was responsible for that were sure to make everyone smile.

Bryan is preceded in death by his grandpa, Jack Walquist, and his grandparents, Gladys and Denman Claypool. He is survived by his grandmother Cynthia Walquist, mother Dawn Willsey (Tom), father Kent Walquist, brother Steven Walquist (Charley) and his three nephews, stepsister Deanna Allen (Brandon), and adopted sister Sabrina Mincey. He was an incredible grandson, son, brother, and uncle, and he is so missed.

A Celebration of Life has been scheduled in Cedar City for Saturday, January 13 at Red Hills Southern Baptist Church (4277 Wagon Wheel Dr E, Cedar City, UT 84721) at 4:30 pm. An additional Celebration of Life has been scheduled in San Diego on Saturday, January 27 at Chula Vista Golf Course in the Vista Room (4475 Bonita Rd, Bonita, CA 91902) at 12:00 pm.

### John Conard Brown



Dr. John C. Brown, 97, passed peacefully surrounded by his family on December 17, 2023, at the home of his son in St. George, Utah.

John was born March 27, 1926, in Cedar City, Utah, the first of ten children born to John Middleton Brown and Althea Lund Brown. He grew up on a farm in Hamilton's Fort, Utah, where he learned to work hard, fix anything broken, and shoot accurately with a rifle.

As a teen, his family moved to Cedar City where he gained early employment

running the movie projectors at both theaters. He was an exceptional student, also earning his pilot's license and rebuilding a Model A Ford, while attending Cedar High School. Immediately upon graduation he entered the Navy where he worked on top-secret radar projects.

Following the end of WWII, he served a proselyting mission in the Eastern States Mission, developing a strong knowledge and testimony of the Gospel of Jesus Christ which grew stronger throughout his life. After his mission, he noticed a beautiful blond in a red dress, Mary Morris. They dated during her senior year of HS and were married May 20, 1950, in the St. George Temple. They both attended Branch Agricultural College (now SUU) where he graduated as valedictorian in 1951.

John held multiple jobs to support his growing family. In 1957, at the age of 31, he moved the family to Torrance, CA so that he could attend the University of Southern California Dental School (USC). He was also valedictorian of his dental class in 1961, earning his Doctor of Dental Surgery along with multiple awards for clinical and academic excellence.

The family then took up residence in Claremont, CA where John established a successful, quality dental practice. During his career he taught part-time at USC and devoted service and leadership to many dental associations on the local, state, and national level. He ultimately served from 1988-1989 as national President of the Academy of General Dentistry representing 40,000 dentists. Along the way, he was inducted into numerous honorary dental societies recognizing his excellence in leadership and clinical skills. He was instrumental in the formation of The Dentists Insurance Company, which has been rated by AM Best as excellent for 29 years.

John enjoyed fishing, hunting squirrels, writing letters to the editor of the local newspaper, do-it-yourself projects, continuing education, and world-wide adventures. As a couple, John and Mary visited 49 of 50 states and every continent except Antarctica. He earned his instrument and commercial ratings and flew his beloved Piper Cherokee-Six (N4069W) throughout the US, Canada, and Mexico.

Service was the hallmark of John's life, whether it was free dental care to those in need, Kiwanis club activities or, most notably, leadership through his membership in The Church of Jesus Christ of Latter-day Saints. It was serving as a home-teacher where he had an incredible impact for good.

Dr. Brown is survived by his three children: Conard "Lee" (Aneta) Kansas City, MO; Douglas (Sharon) St. George, UT; and Carol Davis (Steven) Henderson, NV; his siblings: David Brown, Lorin Brown, Virginia Cate, and Cheryl Mitchell; 15 grandchildren and 51 great-grandchildren.

He was preceded in passing by his beloved wife, Mary, his parents, John and Althea Brown; his siblings, Richard "Tom", Doris Cannon, Donna Homer, William "Bill", and Scott.

Funeral services will be held on Saturday, January 13, in the Sun River 3rd Ward chapel located at 1483

Angel Arch Dr, St. George, UT. There will be a viewing from 9:30-10:30am with the funeral starting at 11:00am. Interment will be held at 3:00pm at the Cedar City Cemetery under the direction of Southern Utah Mortuary. Livestream of the services may be viewed, and online condolences may be left at [www.mortuary.org](http://www.mortuary.org).

### Angel Serafin Alvarez



Angel was 15 years old at the time of his passing. Angel is a member of the Paiute Indian Tribe of Utah and an enrolled member of the Indian Peaks Band of Paiutes. Angel resided with his mother Robyn Jake Moon until her passing in December 2018. Angel was then cared for by his brother Sidney Jake and then Angel went to live with family members on the Snow Mountain LV Paiute Reservation.

Angel attended Indian Springs High School in Indian Springs, Nevada where he was in the 9th grade. When Angel was born, he was the Biggest Preemie that his family has ever seen in the St. George Hospital NIC-Unit. He weighed 9 lbs. 14 oz.

Angel had a difficult life and a resilient soul. He was faced with many life challenges during his time on earth. Angel also lived in Cedar City, Utah with his Auntie Anthonia Jake. Angel then attended South Elementary with his cousin brother Chantz Tom-Jake, they were best buds.

During his stay in Cedar City, he attended the Paiute Indian Tribe Youth Program. Angel was the Sweetest Boy; he had many dreams of going to college and joining the Army. Angel loved to play basketball, Video Games, watch movies and his favorite movie was Flash. He enjoyed singing Paiute Salt Songs, Bird Songs and Handgame songs and was a traditional grass pow-wow dancer. Angel will be missed by all his family.

Angel is survived by his Brother Sidney Jake of Cedar City, UT, Sister Shanesse Moon of Salt Lake City, UT, niece Adriana Moon of Salt Lake City, UT and many Aunties and Uncles and many cousins. He was preceded in death by his mother Robyn Jake Moon, his father Jaime Guzman Alvarez, his Stepfather James Wilson Moon, his sister Lyric E. Moon, his brother Landon Blue Moon, Grandfather Wilford M. Jake, and Grandmother Patrisha (Pat) Grayman Wash, Uncle Wade Moon, and many other relatives.

Half night sing was held Friday January 5, 2024, at the Paiute Indian Tribal Gymnasium 440 N. Paiute Dr. Cedar City, UT. Funeral services were held on Saturday January 6, 2024, at noon at the Southern Utah Mortuary. A viewing was held Saturday January 6, 2024, at 11:00 am at the Southern Utah Mortuary. Interment was in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent at [www.sumortuary.com](http://www.sumortuary.com).

## Want to submit an obituary?

There is a charge of \$100 for obituaries to be published. Submissions can be made online at [ironcountytoday.com](http://ironcountytoday.com), emailed to [news@ironcountytoday.com](mailto:news@ironcountytoday.com) or brought in typed/digitized format to 479 N 100 W, #1, Cedar City. A single submission may be up to 600 words and may include up to two photos. Submitted obituaries over 600 words will be charged an additional 10¢ per word. The deadline for submissions is Monday at 11 am for Thursday's publication.

## obituaries

### Gayle Knell Ence



Gayle Knell Ence, a cherished wife, devoted mother, and loving grandmother, departed from this life on January 2, 2024. Gayle was a true example of unconditional love, kindness, and selflessness, and her presence in the lives of those she touched will be forever missed.

Gayle was born in Cedar City, Utah, on March 29, 1935, to loving parents who instilled in her a strong faith and work ethic, and a deep appreciation for nature. She attended Cedar High School, where she excelled academically and was also known for her infectious laughter and

warm personality. After graduation, she met the love of her life, Louis Keith Ence.

Keith and Gayle were married on October 31, 1964, at the Little Chapel of the West in Las Vegas, NV and then later sealed in the St. George Temple. Their love story was one for the ages, and they remained devoted to each other for over 50 years, until Keith's passing in 2013. Together, they raised three wonderful children, Scott, Kelly, and Natalie. Gayle knew her family was her greatest accomplishment, and her love for them knew no bounds.

Gayle was a woman of many talents, but perhaps her greatest gift was her green thumb. Her love of gardening was evident to all who visited her home, which resembled a paradise with its vibrant flowers and lush greenery. Gayle was also a lifelong member of the Church of Jesus Christ of Latter-day and had a strong testimony of the gospel that she valued.

Gayle's kindness and generosity extended beyond her own family. Her home was always open to anyone in need, and she treated everyone as if they were part of her own family. Throughout her life, she was a mentor, confidante, and friend to countless individuals who felt her loving embrace.

Gayle was preceded in death by her beloved husband, Keith, and her son, Kelly. She leaves behind a legacy of love, laughter, and kindness, that will forever be engrained in the hearts of her children, grandchildren, and great-grandchildren, whom she adored. Gayle's memory will live on in the countless lives she touched, and her absence will be felt deeply by all those who loved her. She is survived by her two children, Scott (Diana), Natalie (Jeff), her four beautiful grandchildren, K. C., Kage, Jake, and Gracey and her beautiful great granddaughter, Kynzie, who all brought so much joy to her heart. Her death is deeply mourned by her family, friends, and the community. However, her legacy of kindness, love, and generosity will continue to live on.

A celebration of Gayle's life will be held on Friday, January 12th, 2024, from 4-6 pm at Heather Hills Farm & Gardens (2027 E Midvalley Rd, Enoch, UT 84721) under the direction of Southern Utah Mortuary. Online condolences may be shared at [www.mortuary.org](http://www.mortuary.org).

### James K. Leisenring (Jimmy)

James K. Leisenring (Jimmy) passed away on December 14, 2023 in Cedar City Utah due to failing health. He was born February 23, 1949, in Fostoria, Ohio and graduated in 1967 Jimmy was an avid fisherman and loved traveling making it to all but a few states. Jim served in the army 1967-1971 mostly in Vietnam He was awarded several metals among them the Bronze Star, the Army Commendation Metal with "V" device, the Air Metal and the Combat Infantryman Badge. Preceding his in death his parents Gerald C. and Margaret N. (Wher) Leisenring his brother Donald L. Phillips of Indianapolis, Indiana, sisters Sandra K. Kroetz of Fostoria and Brenda S. Roche of Georgia. Surviving are his sisters Barbara A (Phillips) Stover of Fostoria, Ohio. Linda Kirchner of Florida and Diane L. Bickelhaupt of Findlay, Ohio and many nieces and nephews who loved him dearly. Long time friend JR Montiel of Fostoria, Ohio A celebration of life will be held on January 20, 2024, at 2pm in Cedar City Utah. for details send email to [JKL1214.0223@gmail.com](mailto:JKL1214.0223@gmail.com).

## faith

# Light up the world

### MATTHEW 5:14-16

**H**ave you ever wondered what it would be like to sit and talk with God? What if He had a porch with a place just for you? Would you visit Him? What would you talk about? I've sat on His porch many times. I've found shelter from life's storms and the courage to leave the Porch and face them. Sure, we've had some difficult, but beautiful conversations over the years and I've asked Him a lot of questions. I don't have all the answers, but I hope to share some of the precious responses I've received with you.

With those sentiments expressed, imagine living your life without light. I'm sure most of us would agree that light is important, even necessary. What if you didn't have light in your home, office, while driving on the roads at night, or during a storm? What if you didn't have light from your phone or computer? It would most certainly be a different and most likely, at least until we got used to, a more difficult world.

Jesus would agree that light is necessary. In His Sermon on the Mount [Matthew 5-7], we read that He knew the importance of both receiving and becoming a light in this world. Not only for Him, but with Him and with His light, to go and light up a darkened world, one heart and home at a time.

Being a light in this world is a great responsibility. To be a light we must first receive the light and then share it from the hilltops of our hearts and homes. Then we let it shine anywhere and to anyone that we are led to. As both light bearers and light bringers, we also need to get rid of dark things in our own

lives. For our greatest call is to help each other rise above any darkness that seeks to sink our faith, hope and love for each other and for our Heavenly Father.

Where do we acquire the necessary watts and lumens for this courageous calling? This light comes from only one source: Jesus Christ. We can increase our ability to reflect and shine His light and share His love by paying our spir-

itual light bills. This includes striving to be living righteously, praying, reading scriptures, worship, and through serving and loving others. Love is the greatest gift and light you can give and receive. There is no brighter or more powerful light in all the world, or universe, than the love of Christ.

Through Him, beyond the pews and pulpits of churches and within and without the walls of our homes, we are to be lights unto the world. We can help guide and comfort our family, friends, co-workers,

and anyone else in our spheres of influence, through this sometimes dark and dreary world. Today, be bold and bright. Don't hide your light under a bushel, basket, or apologize for it. Jesus is counting on you. Let your light so shine.

## VERSE OF THE WEEK

### ROMANS 8:31

*"What, then, shall we say in response to these things? If God is for us, who can be against us?"*

Romans 8:28 gets the familiar spotlight during trials, but all things work together for your good because God is for you! And it's not just receiving His help, it's using it to respond in faith and fortitude to whatever adversity comes your way.

GOD'S  
**porch**  
Corey Baumgartner  
[news@ironcountytoday.com](mailto:news@ironcountytoday.com)



*"What if you didn't have light in your home, office, while driving on the roads at night, or during a storm?"*

## FALCONS EDGE PAST WASPS

### REDS ABLE TO CALM THUNDER

by Tom Zulewski

IRON COUNTY TODAY

In its lone game of the week, the Canyon View Falcons found themselves in a battle, facing eight lead changes and six ties along the way. Head coach Jaycee Barnhurst was most pleased how her team delivered on the defensive end when it counted.

Maylee Spencer scored 12 points, and Brooklyn Davie added 11 as the Falcons held on for a 49-45 win over the Juab Wasps on Jan. 4. CV improved to 3-1 in Region 12 and 7-6 overall.

“Ultimately, it came down to defense. We really didn’t shoot the ball that well,” Barnhurst said. “Defensively, we made some adjustments. Bethanee (Vargas) and Hadlee (Farrow) worked their tails off on Juab’s best player.”

Juab was led by 15 points from Ava Cuff, but only two points came in the second half thanks largely to the defense from Vargas and Farrow. When Spencer

scored on a layup that beat the horn and gave the Falcons a 24-23 lead at the half, they wouldn’t trail again.

Spencer proved to be a big contributor at the right times. After Emmy Lovell hit two free throws to tie the score at 35 late in the third quarter, an Emery Miles free throw and a jumper by Spencer put Canyon View in front 38-35 heading to the fourth.

Given her first chance to play in a starting role, sophomore Payton King came through with a layup that gave CV its largest lead of the night at 43-37, and a 3-point play from Davie helped secure the win despite a 1-for-6 showing at the free-throw line in the final minute.

“We knew this would be a tight, competitive game,” Barnhurst said. “It’s good to get this win, but it will be a big help going into our two road games next week.”

Canyon View traveled to play at



Canyon View

49



Juab

45

Juab 13 10 12 10 - 45  
Canyon View 12 12 14 11 - 49

**Juab** - Cuff 15, Hyatt 9, Lovell 8, Richards 10, Harmon 3. Totals 15 12-16 45. 3-pointers - Cuff 1, Hyatt 1, Lovell 1.

**Canyon View** - Spencer 12, Nichols 5, Brush 2, Farrow 8, Miles 5, Davie 11, King 3, Vargas 3. Totals 17 13-25 49. 3-pointers - Nichols 1, Farrow 1.



Cedar

50



Desert Hills

32

Desert Hills 11 10 4 7 - 32  
Cedar 10 13 15 12 - 50

**Desert Hills** - Brown 10, Peterson 8, A. Hansen 6, Villanueva 5, Riding 3. Totals 11 5-10 32. 3-pointers - Peterson 2, A. Hansen 2, Riding 1.

**Cedar** - Gomez 22, K. Hansen 10, Shimada 8, Bird 4, Nielsen 3, Bishoff 3. Totals 16 13-22 52. 3-pointers - Gomez 3, K. Hansen 1, Shimada 2, Bishoff 1.



COREY BAUMGARTNER

Cedar's Annalyse Shimada goes up for the shot against her Thunder defender.

# Thunder shoot lights out, rout Reds

by Tom Zulewski



IRON COUNTY TODAY

When asked about the hot shooting of his team's opponent, Cedar boys basketball coach Tyler Monks had a perfect word for what he saw.

"It was a barrage," he said in the story of what the Reds had to deal with on the defensive end.

Led by Mason Rasmussen and Jackson Holman, the Desert Hills Thunder seemed like they couldn't miss from anywhere and cruised to an easy win.

Rasmussen had a game-high 20 points and Holman added 17 as Desert Hills rolled

	Desert Hills	85
	Cedar	61
<p>Cedar 8 18 11 24 - 61 Desert Hills 19 24 27 15 - 85</p> <p><b>Cedar</b> - Kreitzer 12, Stubbs 16, Englebright 5, Davis 6, Albrecht 17, Jeter 5. Totals 21 13-21 61. 3-pointers - Stubbs 3, Albrecht 2, Kreitzer 1.</p> <p><b>Desert Hills</b> - Rasmussen 20, Holman 17, Clark 4, Chase 12, Ebert 2, Allred 19, Holbrook 5, Skeen 2, Curtis 2, Openshaw 2. Totals 26 16-19 85. 3-pointers - Rasmussen 5, Holman 5, Clark 1, Chase 2, Allred 3, Holbrook 1.</p>		

lead to 11-7, but Rasmussen and Eli Allred (19 points) each hit 3-pointers to close out the first quarter and put the home team up 19-8. When Desert Hills added six more 3-pointers in the second, they took a 43-26 lead into halftime and didn't let up.

"You talk the law of averages, they'll miss a few more in the second half, but they didn't," Monks said. "Kudos to them."

*"We gave them some really good looks and they got it rolling. I don't know if I've ever seen a team that hot that early and stay that hot all game."*

**Tyler Monks,  
Cedar head coach**

The Thunder added five more 3-pointers in the third quarter and pushed the lead to 70-37, but Cedar outscored the Thunder 24-15 in the fourth to avoid playing with a running clock. Rasmussen hit Desert Hills' only 3 of the final period and added a free throw, but Easton Albrecht answered with a long-distance and conventional 3-point play.

Cedar returned to region play Wednesday with a home game against Crimson Cliffs that was too late for press deadline, and they will play at Snow Canyon on Friday starting at 7 p.m.

# CV boys rebound, beat Wasps

by Tom Zulewski

IRON COUNTY TODAY

After seeing its winning streak come to an end, the Canyon View boys basketball team didn't have to wait long to start another one. With the 3-point shooting of Carson Miles and Ty Attig leading the way, the Falcons found their way back to the win column.



Miles had 18 points and Felps Sanders added 15 as CV pulled away to a 57-36 road rout over the Juab Wasps on Jan. 5. The Falcons improved to 3-1 in Region 12 and 8-4 overall, keeping a share of first place in the standings.



Canyon View led by three after the first quarter, then put down the defensive clamps in the second, outscoring the Wasps 12-2 and building a 31-18 lead at the half. The Falcons kept up the pace in the second half and cruised to the victory aided by 12 points from Attig.

In CV's first game of the week, Attig had 22 points to lead four players in double figures, but they couldn't get past the Manti Templars, falling 69-66 on Jan. 3. Both teams played on even terms through the first half, but Manti had just enough left at the end to end up in the win column after a last-chance 3-pointer by CV fell short at the buzzer.

Reggie Frischknecht led the Templars with 21 points and Austin Thomas added 15. Miles helped the Falcons' offense with 15 points. Sanders added 14 and Jace Farrow chipped in with 10.

Canyon View was on the road for a game at Emery on Wednesday that was too late for press deadline, and they will return home tonight to face the Delta Rabbits in a 7 p.m. tipoff.

	Manti	69
	Canyon View	66
<p>Canyon View 18 21 15 12 - 66 Manti 18 21 16 14 - 69</p> <p><b>Canyon View</b> - Attig 22, Miles 15, Sanders 14, Farrow 10, Irons 5. Totals 22 16-19 66. 3-pointers - Attig 2, Miles 3, Farrow 1.</p> <p><b>Manti</b> - Frischknecht 21, Thomas 15, Barton 14, Stevens 7, Mason 6, Thompson 4, Starkweather 2. Totals 27 7-10 69. 3-pointers - Frischknecht 1, Thomas 3, Barton 2, Mason 2.</p>		

	Canyon View	57
	Juab	36
<p>Canyon View 19 12 13 13 - 57 Juab 16 2 8 10 - 36</p> <p><b>Canyon View</b> - Miles 18, Sanders 15, Attig 12, Farrow 8, Morris 2, Irons 2. Totals 23 5-6 57. 3-pointers - Miles 2, Attig 3, Farrow 1.</p> <p><b>Juab</b> - Hooper 16, Mattinson 11, Hopoate 4, Wright 3, Halverson 2. Totals 14 7-8 36. 3-pointers - Wright 1.</p>		



TOM ZULEWSKI

**Cedar head coach Tyler Monks talks to his team** during a timeout in the Reds' matchup against the Desert Hills Thunder on Jan. 5.

to a convincing 85-61 rout over Cedar on Jan. 5. The Thunder improved to 1-1 in Region 9 and 7-5 overall while the Reds fell to 1-1 and 3-10.

In total, the Thunder made 17 of their 26 field goals from behind the 3-point line, including five each from Rasmussen and Holman.

"We gave them some really good looks and they got it rolling," Monks said of the Thunder's shooting display. "I don't know if I've ever seen a team that hot that early and stay that hot all game."

Cedar kept the game close early after a Parker Englebright basket cut the DH

# Canyon View wins Iron Town Girls Wrestling Tournament

from Heather Carter

FOR IRON COUNTY TODAY

- » 1 Canyon View 302.5
- » 2 Crimson Cliffs High 155.5
- » 3 Enterprise 130.0

## Winners from Canyon View High School

### GIRLS - 99-114

- » 2nd Place - Mayra Castillo
- » 5th Place - Emma Lytle

### GIRLS - 100-114

- » 2nd Place - Brynlee Lauritzen
- » 4th Place - Raylee McCoy

### GIRLS - 110-121

- » 2nd Place - Kristie Jensen

### GIRLS - 114-125

- » 1st Place - Julia Kay
- » 6th Place - Kenzie McIntosh

### GIRLS - 116-124

- » 4th Place - Takyera Taylor

### GIRLS - 125-140

- » 1st Place - Marley Castaneda

### GIRLS - 128-145

- » 2nd Place - Brooklyn Barney
- » 6th Place - Mya Headlee

### GIRLS - 133-146

- » 3rd Place - Gemma Carter

### GIRLS - 134-150

- » 3rd Place - Kelsey Diane Weaver
- » 4th Place - Karissah Haymore

### GIRLS - 151-159

- » 3rd Place - Meletilini Matakaiongo
- » 4th Place - Lizbet Rodriguez

### GIRLS - 167-184

- » 1st Place - Adriana Sierra

### GIRLS - 189-221

- » 1st Place - EliAnna (Snail) Santos-Banks

- » 2nd Place - Maitae Cardenas

### GIRLS - 222-254

- » 4th Place - Gracie Meyer



HEATHER CARTER

The Canyon View girls wrestled their way to the top, led by coaches Travis Carter (L) and Josha and Elizabeth Kay.

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# T-Birds overcome slow start, defeat Wolverines

by Tyler Francis

SUU ATHLETIC COMMUNICATIONS

The Southern Utah University women's basketball team outscored Utah Valley 65-46 over the final three quarters of the game to claim a 71-58 victory over the Wolverines on Saturday, Jan. 6 at the America First Event Center. The Thunderbirds improve to 4-9 overall and 2-2 in Western Athletic Conference play, while the Wolverines fall to 5-8 and 0-4 in WAC play.

Head Coach Tracy Mason said, "We played hard for 40 minutes and executed the game plan. We struggled to score in the first quarter, but we figured it out and I'm just really proud of our performance."

Southern Utah won the rebounding battle, corraling 41 rebounds compared to just 29 for Utah Valley. The Thunderbirds connected on 49.1 percent of their attempts from the field, while limiting Utah Valley to only 35.6 percent shooting overall. SUU dominated in the paint, outscoring UVU 34-22 down low. Seven total players registered a field goal for the Thunderbirds, with four players scoring over 10 points.

Ava Uhrich led the way for SUU, recording her third double-double of the season with 18 points and 13 rebounds on 7-11 shooting

from the field. Daylani Ballena had an impressive outing for the Thunderbirds, tallying 16 points and a season-high eight assists. Samantha Johnston canned four shots from behind the arc enroute to scoring a season-high 15 points. Shiho Isono was the fourth T-Bird to reach double-figures, scoring a season-best

from the slow start as their offense came alive in the second quarter. Samantha Johnston and Daylani Ballena came out firing, combining for 11 points to jumpstart a 16-1 run that gave SUU a 22-13 lead with 3:20 left in the half. Southern Utah led by seven (28-21) at the break.

Southern Utah played stifling defense in the third quarter, holding Utah Valley to only 18.8 percent shooting from the field. The two squads traded buckets to begin the period, splitting the first 12 points to make the score 34-27 in favor of SUU. Then, Ava Uhrich poured in eight points to spark a 14-4 sprint that gave the Thunderbirds a 48-31 advantage heading into the final frame.

The Thunderbirds stayed aggressive, with Samantha Johnston knocking down back-to-back three pointers for SUU to start the fourth quarter. On

the ensuing possession, Johnston found Shiho Isono open for a jumper to give the Thunderbirds their largest lead of the night, 56-34, with 8:59 remaining in the game. Southern Utah never looked back as the T-Birds cruised to the finish line to claim a 71-58 victory over Utah Valley.

The Thunderbirds trav-

eled to Nacogdoches, Texas to take on the Lumberjacks of Stephen F. Austin Saturday, Jan. 13 (1pm MT). Follow @

SUUWBasketball on Twitter and Instagram and like the Southern Utah Women's Basketball Facebook page.



SUU's Daylani Ballena scored 16 points, with a season-high eight assists in the victory.

11 points in addition to grabbing five boards. Alexa Lord played an impressive all-around game with four points, five rebounds, two steals, and a career-high four blocks.

The first quarter was a low scoring affair, with the Wolverines taking a 12-6 lead at the end of the period. The Thunderbirds bounced back

## PREP SCOREBOARD

### SCORES

#### Region 9 Boys Basketball

12/30	Desert Hills 46, Elko (NV) 39
	Snow Cyn. 65, West Jordan 44
	San Ramon Valley (CA) 69, Dixie 68
1/5	Desert Hills 85, Cedar 61
	Dixie 87, Hurricane 40
	Snow Cyn. 75, Crimson Cliffs 74

#### Region 12 Boys Basketball

1/2	Emery 67, San Juan 50
1/3	Manti 69, Canyon View 66
	Richfield 57, Emery 53
	North Sanpete 63, Juab 58
	Carbon 57, Delta 51
1/4	Tabiona 69, Carbon 57
1/5	Canyon View 57, Juab 36
	Delta 62, North Sanpete 56
	Manti 77, Emery 67, OT
	Richfield 53, Carbon 32

#### Region 18 Boys Basketball

12/30	Beaver 60, Draper APA 53
1/3	Kanab 64, Parowan 45
	Beaver 46, Water Canyon 38
	South Sevier 70, Millard 28
1/5	Panguitch 87, Parowan 42
	Piute 73, Millard 39
	Enterprise 65, South Sevier 59
	Kanab 60, Beaver 47

#### Region 9 Girls Basketball

12/30	Judge Mem. 62, Pine View 45
1/4	Cedar 50, Desert Hills 32
	Dixie 51, Hurricane 44
	Snow Cyn. 58, Crimson Cliffs 39

#### Region 12 Girls Basketball

1/4	Canyon View 49, Juab 45
	Carbon 62, Richfield 37
	Emery 67, Manti 39
	North Sanpete 55, Delta 37

#### Region 18 Girls Basketball

1/4	Kanab 61, Parowan 26
	South Sevier 72, Millard 30
	Beaver 84, Water Canyon 17
12/29	South Sevier 49, Stansbury 39
	Beaver 50, Pine View 39

### STANDINGS

RPI RANKINGS IN PARENTHESES

#### Region 9 Boys Basketball

	REGION	OVERALL
Dixie (3)	2-0	11-2
Pine View (5)	1-0	9-3
Snow Canyon (9)	1-0	7-4
Desert Hills (10)	1-1	7-5
Cedar (23)	1-1	3-10
Crimson Cliffs (15)	0-2	5-7
Hurricane (19)	0-2	5-8

#### Region 12 Boys Basketball

	REGION	OVERALL
Manti (4)	3-1	10-4
Canyon View (2)	3-1	8-4
Richfield (7)	3-1	7-5
Emery (3)	2-2	10-3
North Sanpete (10)	2-2	6-6
Juab (5)	1-3	8-4
Carbon (12)	1-3	5-7
Delta (16)	1-3	4-8

#### Region 18 Boys Basketball

	REGION	OVERALL
Enterprise (1)	3-0	10-4
South Sevier (5)	3-1	9-5
Kanab (2)	2-1	9-4
Beaver (7)	2-1	6-5
Parowan (13)	2-2	3-9
Water Canyon (11)	0-3	2-4
Millard (24)	0-3	0-14

#### Region 9 Girls Basketball

	REGION	OVERALL
Cedar (3)	2-0	10-2
Dixie (4)	2-0	7-6
Snow Canyon (1)	1-0	10-1
Desert Hills (11)	1-1	4-6
Pine View (19)	0-1	2-10
Hurricane (9)	0-2	6-6
Crimson Cliffs (13)	0-2	4-8

#### Region 12 Girls Basketball

	REGION	OVERALL
Carbon (3)	4-0	9-4
Richfield (2)	3-1	9-4
Canyon View (4)	3-1	7-6
Juab (6)	2-2	8-5
Emery (9)	2-2	7-5
North Sanpete (10)	1-3	6-7
Delta (15)	1-3	5-8
Manti (12)	0-4	5-7

#### Region 18 Girls Basketball

	REGION	OVERALL
Kanab (2)	2-0	12-1
Beaver (4)	2-0	10-2
Enterprise (10)	2-0	6-7
South Sevier (3)	2-1	11-1
Millard (13)	1-2	4-9
Water Canyon (15)	0-3	2-7
Parowan (22)	0-3	1-11

# Cold second half leads to T-Birds' loss in Orem

by Parker Haynie

ASST. DIR., SUU ATHLETIC COMM.

OREM, UTAH — After leading by three at halftime, Thunderbirds scored just 24 points in the second half and fell to Utah Valley on the road, 62-80. SUU falls to 5-10 on the season and 0-4 in conference play.

SUU went on an 8-0 run to close the second half and would lead 38-35 at the

*“We have to be able to play a full 40-minutes of disciplined basketball...”*

**Head Coach Rob Jeter**

break. But an abysmal second half shooting the ball saw the Thunderbirds go 5-23 from the field and 1-10 from three for just 24 points. SUU was outscored in the second half 45-24. SUU tied the game at 52-52 with 13 minutes left but were outscored 28-10 in the final 13 minutes of the game.

SUU was led by Zion Young who had 17 points on the night, on 6-14 from the floor and 3-5 from three. Parsa Fallah added 14 points to go along with six rebounds and three assists. Dominique Ford poured in 12 of his own. Braden Housley led the team in assists with four to go along with eight points. Jamari Sibley had nine points and six rebounds, and Brock Felder had arguably the best game of his young career with seven rebounds, three assists, two blocks, and two points.

The Thunderbirds shot 36% from the floor and 21% from three. Meanwhile, the Wolverines shot nearly 56% from the floor and were led by Caleb Stone-Carrawell with 17 points, five rebounds and three assists.

“The first half was really solid, maybe some of the best team defense we have played all year. But in the second half we just weren't able to do the things that we practice, and the things we need to do to win,” said Head Coach Rob Jeter. “We have to be able to play a full 40-minutes of disciplined basketball otherwise it is going to be a long season for us,” continued Jeter.

The Thunderbirds return to action at home, against Stephen F Austin Sat, January 13th at 6:30 p.m. in the America First Event Center.



SUU ATHLETICS

**SUU's Parsa Fallah had 14 points,** six rebounds and three assists during the tough loss for the T-Birds.



**Cedar's Kenzie Bird (Top) and Kiara Hansen** brought the lightning to help the Reds defeat the Thunder.



PHOTOS BY COREY BAUMGARTNER

## GIRLS HOOPS

« CONTINUED FROM PAGE 26

Emery on Tuesday, which was too late for press deadline. They will play at Delta tonight in a 7 p.m. tipoff.

The Cedar girls started slow, but came through with a big defensive second half and beat the Desert Hills Thunder, 50-32 on Jan. 4 to improve to 2-0 in Region 9 and 10-2 overall. Gabby Gomez led all scorers with 22 points, and the Reds broke the game open after leading by just 23-21 at halftime.

Cedar outscored Desert Hills (1-1, 4-6) 15-4 in the third quarter and added a 12-7 advantage in the fourth. Kiara Hansen added 10 points in the win for the Reds, and Annalyse Shimada chipped in with 8.

Cedar played at Crimson Cliffs on Tuesday in a game that was too late for press deadline, and they will host Snow Canyon in a battle of Region 9 leaders tonight starting at 7 p.m.

# Flippin' Birds soar in season opener, score 196.025

by Regan Hunsaker

ASSISTANT AD, SUU SPORTS INFORMATION

**LAS VEGAS, Nevada** — The Flippin' Birds competed in the Mean Girls Super 16 in Las Vegas, Nevada, to open the 2024 campaign. Despite graduating many key contributors from last year's team, the Thunderbirds opened the season with an impressive 196.025. The total was good enough to secure third place against some powerhouse opponents in the meet.

The Flippin' Birds started the meet on the beam before progressing to the floor, vault, and finishing up with the bars. Southern Utah Freshman Niya Randolph placed third in the all-around and set a high bar for herself with a 39.300.

Head Coach Scotty Bauman said, "You never know what you are going to get going into that first meet. You know what you have done to prepare, but anything can happen. The team competed so well today, and we, as a staff, are very proud of them. I see this team getting better and better, and this was a great place to start our season."

## Beam (48.950)

The Flippin' Birds started the meet on the beam opening with an intense routine from Sophomore Kennedy McClain, who earned a 9.775. Freshman Niya Randolph stepped up next for the T-Birds, earning a 9.775 of her own before fellow Freshman Alyssa Fernandez equaled that mark with a 9.775. The experienced senior Aubri Schwartz then mounted the beam and impressed the judges to earn a 9.850. Junior Ellie Cacciola would follow that up with a 9.775, and rounding out the rotation was senior Aly Coutu, who grabbed a 9.750.

## Floor (48.725)

The Flippin' Birds would open the second rotation with junior Taylor Gull. Gull would lead off with a routine that would score a 9.700. Next up, Fernandez earned a 9.725 with her first collegiate routine. Cacciola would go next for Southern Utah, posting a score of 9.700. Schwartz was next and improved the team



SUU ATHLETICS

SUU's Aubri Schwartz was impressive on both the beam (9.850) and the floor (9.775) during the Flippin' Birds' 3rd place victory at the Mean Girls Super 16.

score with an impressive 9.775. Randolph then set the floor on fire with an outstanding 9.825 routine, bringing the team total to a solid 48.725.

## Vault (49.050)

In the third rotation, the T-Birds moved to the vault. Looking for a big score, McClain led off the rotation for the Birds with a 9.750. Cacciola would follow that up with a solid 9.850 vault. Sophomore Trista Goodman was next competing in the vault for the first time in her career, earning a 9.775. Randolph made a splash for the T-Birds in her collegiate debut with a 9.825. Pardue, a returning vaulter for the Flippin' Birds, posted a 9.800. Gull finished the rotation with a 9.800, bringing the team total for the event to an impressive 49.050.

## Bars (49.300)

As the final rotation began, the Thunderbirds found themselves looking for some big scores to get back in the running. Christensen started things with a 9.800 before Schwartz set a career-high with an

outstanding 9.900. Freshman Alex Routsis was next and started her Thunderbird career with an impressive 9.850. Randolph completed her first collegiate all-around with an excellent bars routine that scored a 9.875. Junior Isabella Neff wrapped up the rotation for the Flippin' Birds with a 9.875, bringing the team total

for the event to 49.300, which tied for the 5th best score in program history.

Visit [tbirdtickets.com](http://tbirdtickets.com) to reserve your seats! For all the latest on Southern Utah gymnastics, follow @SUUGym on Twitter, @SUUGymnastics on Instagram, and like the Southern Utah Gymnastics Facebook page.

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# Sometimes, you just need to move on

As the game unfolded between the Detroit Lions and Dallas Cowboys on Dec. 30, I wasn't expecting to see a win. The Cowboys had been dominant at home all season, scoring 39 points per game and going 8-0.

But the Lions were in the middle of doing something special. They clinched their first division title in 30 years the previous week when they beat the Minnesota Vikings. If you want to be really picky about it, when the Lions last won a division title, it was known as the NFC Central.

Detroit also earned its first playoff game at Ford Field – the last one came at the old Pontiac Silverdome – but bigger fish were out there for the taking.

Seeding makes a difference in who you face when the postseason starts, and the Lions were in the running for the No. 1 seed as the game with the Cowboys began. Despite one defensive mistake that led to a

92-yard Dak Prescott touchdown pass, the Lions found themselves down only 7-3 at the half. It was a pleasant surprise.

The second half was far from perfect, and an interception thrown by quarterback Jared Goff proved costly when Brandon Aubrey hit a 43-yard field goal with 1:41 left that put the Cowboys up 20-13. Detroit was without a

timeout and things looked bleak.

Somehow, Goff blew all of his critics away by engineering a near-perfect 75-yard drive capped by an 11-yard touchdown pass to Amon-Ra St. Brown. That made it 20-19 with 23 seconds still on the clock.

If you thought for one second the Lions would boot the extra point and go to overtime, you don't know head coach Dan Campbell very well, do you? The Lions went for the two-point conversion and converted when Goff hit open lineman Taylor Decker in the back of the end zone.

Hold everything...a yellow flag was thrown, and the Lions were whistled for illegal touching.

It opened the floodgates for chaos as the ball was pushed back to the 7-yard line. Goff threw an interception on the next try, but another flag came in as the Cowboys were whistled for offsides.

Tragically, the third time was not the charm as a pass intended for James Mitchell fell incomplete. The Cowboys would recover the onside kick and run off the remaining time.

Reaction to the awful call that denied the Lions was off the charts on social media, and not just from local writers or broadcasters. The NFL responded by blaming the Lions for being "deceptive." Isn't that how it's supposed to work?

Meanwhile, referee Brad Allen was allowed to keep working, but he and his crew won't be allowed anywhere near the playoffs that begin this weekend. At least that's a tiny positive.

But through all the weeping, wailing and wondering what it will take to give the Lions an actual break, there was the tiniest ray of hope for the Lions to still become the No. 2 seed. They were able to take care of the important part by beating the Vikings.

The harder part required losses by both the Cowboys and Philadelphia Eagles, but that's something none of us can control. In the end, as long as the opportunities are there, no amount of bad officiating can get in the way of good postseason karma.

*Tom Zulewski is proudly celebrating the ups and downs of one of the Detroit Lions' best seasons in a long, long time. Follow him on X – the artist formerly known as Twitter – @TommyZee81 or email tominator19@yahoo.com.*

## RANDOM thoughts

Tom Zulewski  
IRON COUNTY TODAY



*“Reaction to the awful call that denied the Lions was off the charts on social media, and not just from local writers or broadcasters. The NFL responded by blaming the Lions for being “deceptive.” Isn't that how it's supposed to work?”*

## TOM'S SPORTS TRIVIA

*The first full week of 2024 is in the books, and we have another dozen questions saluting the highlights that were worth noting. Have fun, embrace the chaos, and please remember...no wagering!*

- After 62 long days, the Detroit Pistons won a basketball game and ended a record-tying 28-game losing streak. Who did the Pistons beat at home Dec. 30?
- What Milwaukee Bucks big man said of San Antonio Spurs No. 1 draft pick Victor Wembanyama, "He's special. He's going to be an extremely good player" after the Bucks beat the Spurs on Jan. 4?
- The legend of Denver Nuggets big man Nikola Jokic continued to grow when he banked a 3-pointer from half-court at the buzzer that beat what team on the road Jan. 4?
- In what year did the Detroit Lions and Detroit Red Wings last qualify for the playoffs (hint: it's the same year and came within the last decade)?
- What Miami Dolphins receiver had to leave practice early last week after learning his home was on fire?
- Who has led the Pittsburgh Steelers to a non-losing record in all of his 17 seasons as head coach?
- Name either of the two high-profile players – reported by ESPN on Jan. 5 – who have come out in support of Antonio Pierce becoming the new head coach of the Las Vegas Raiders.

- The PGA Tour has started its 2024 season, playing its first of two tournaments in what U.S. state?
- The Australian Open, the first Grand Slam tennis tournament of the new year, begins Jan. 14 in what city?
- Shaquille O'Neal has his No. 32 retired by the Miami Heat, and the Orlando Magic will do the same in a ceremony happening Feb. 13. What was Shaq's number when he played for the Los Angeles Lakers, which is also retired?
- What NBA team was fined \$100,000 by the league for violating its player participation policy after it sat four starters in a loss to the Milwaukee Bucks last week?
- Taulia Tagovailoa, younger brother of Miami Dolphins quarterback Tua, announced his entrance into the transfer portal last week from what Big Ten school?

### LAST WEEK'S ANSWERS

- Boston Celtics. The Celtics won, 128-122 in overtime and the Pistons tied the all-time record for consecutive losses.
- Joe Flacco.
- Pop-Tarts.
- Brock Purdy.
- Nick Mullens. Mullens returned as the starter in the Vikings' regular-season finale when they faced the Lions on Jan. 7.
- Ja'Marr Chase.
- Nikola Jokic.
- Reggie Bush.
- Kris Letang.
- NRG Stadium in Houston.
- Russell Wilson.
- Washington defeated Texas in the second CFP semifinal on New Year's Day and faced Michigan for the national title Jan. 8.

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on

by Dave T. Phipps



**TIGER**

by BUD BLAKE



**The Spats**

by Jeff Pickering



**Weekly SUDOKU**

by Linda Thistle

9			2	7		6		
	4		8				1	
		7		3				5
		6			5		4	
1				4				3
8	2		6				1	
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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

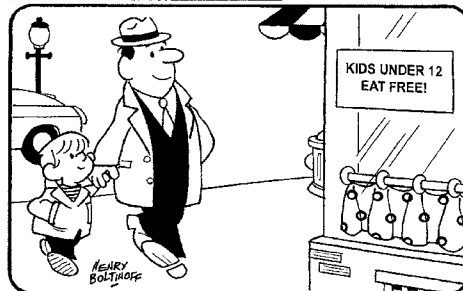
**DIFFICULTY THIS WEEK: ♦♦**

- ♦ Moderate
- ♦♦ Challenging
- ♦♦♦ HOO BOY!

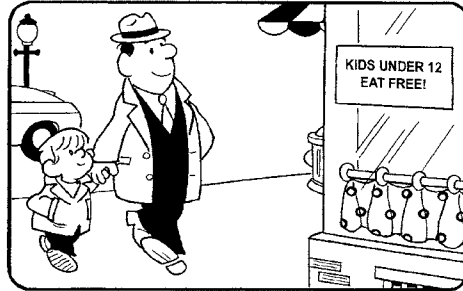
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**HOCUS-FOCUS**

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Light is moved. 2. Nose is smaller. 3. Buttonholes are added. 4. Bricks are moved. 5. Headlight is missing. 6. Shirt is different.

**King Crossword**

**ACROSS**

- 1 Muscat's land
- 5 Droid
- 8 — Romeo
- 12 Squid dish
- 14 Crowd noise
- 15 Earring shape, often
- 16 Rock's Moetley —
- 17 Little louse
- 18 Great —
- 20 Spiral
- 23 Cannon of film
- 24 Sofa brand
- 25 Cake mixes
- 28 Links org.
- 29 Los —, California
- 30 Satisfied sigh
- 32 "Say something!"
- 34 "Alfred" composer
- 35 Flower part
- 36 Run-down
- 37 Sudden bursts
- 40 Aachen article
- 41 Dog's bowlful
- 42 Fly at a low altitude
- 47 Grate
- 48 Points of view
- 49 Pro votes
- 50 Bit of butter

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15								16		
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24				25				26	27	
28			29					30	31	
	32		33				34			
			35				36			
37	38	39				40				
41				42	43			44	45	46
47				48						
49				50			51			

- 51 Regiment
- 10 Mythic man-goat
- 11 War god
- 13 1509, to Cato
- 19 Back muscles, for short
- 20 Trendy
- 21 Heart charts
- 22 Bound
- 23 Fact
- 25 Pastry store
- 26 Scarce
- 27 Hourglass
- 29 Portal
- 31 "Psst!"
- 33 Prevents, legally
- 34 Virgil epic
- 36 Billboard
- 37 Poet Teasdale
- 38 Theater production
- 39 Church section
- 40 Work on proofs
- 43 Clean air org.
- 44 — polloi
- 45 Single
- 46 Calif. clock setting

**DOWN**

- 1 Calendar abbr.
- 2 Actress West
- 3 Pie — mode
- 4 Land created by C.S. Lewis
- 5 Lisa's brother
- 6 Spanish gold
- 7 Apex
- 8 Esoteric
- 9 Chicago's Mayor
- Lightfoot

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**Trivia test** by Fifi Rodriguez

- GEOGRAPHY:** The Darien Gap separates which two countries?
- GENERAL KNOWLEDGE:** What is Three Kings Day also known as?
- MOVIES:** What's the name of the supervillain character in the animated film "Despicable Me"?
- LITERATURE:** Who is the author of "The Kite Runner"?
- TELEVISION:** What is the name of the motorcycle-riding greaser in the sitcom "Happy Days"?
- U.S. PRESIDENTS:** Which musical instrument does former President Bill Clinton play?
- GAMES:** In the game Battleship, how many ships does each player have at the beginning?
- MUSIC:** Which famous rock singer was born with the name Farrokh Bulsara?
- HISTORY:** What was the name of the first U.S. Space Shuttle?
- U.S. STATES:** Which state is home to the Mammoth cave system, believed to be the longest in the world?

8	2	5	1	9	6	3	7	4
4	6	9	7	8	3	2	1	5
1	7	3	4	2	5	8	6	9
7	5	1	3	6	9	4	2	8
3	9	2	8	7	4	7	6	1
6	9	8	4	5	2	1	9	3
5	8	4	6	3	1	7	9	2
2	1	6	9	7	8	5	4	3
9	3	7	2	5	1	4	8	6

Answer

**Weekly SUDOKU**

E	I	D	I	E	S	A	V	S
P	O	N	I	N	O	P	I	N
H	O	N	I	N	O	P	I	N
S	P	A	T	S	S	P	A	T
Y	S	E	M	S	T	E	M	S
S	P	E	A	K	A	R	N	E
H	A	G	A	T	O	S	A	V
I	K	E	A	B	A	T	E	R
N	A	V	A	X	I	T	L	I
N	S	P	L	A	N	I	T	N
T	E	A	R	D	R	O	F	C
C	A	L	A	M	A	R	I	R
O	M	A	N	B	O	T	A	L

Solution time: 22 mins.

Answers

**King Crossword**

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- Trivia Test Answers:  
 1. Panama and Colombia.; 2. Epiphany.; 3. Gru.; 4. Khaled Hosseini.; 5. Fonzie.; 6. Saxophone.; 7. Five.; 8. Freddie Mercury.; 9. Columbia.; 10. Kentucky.

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