Ladies Weekend

Sept 28-30

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There are lots of bulbs to choose from in different shapes, sizes, and colors.
We have deer resistant varieties including: Daffodils, Nasturtium, Hyacinths, Allium, Iris, and more!
We carry certified Dutch Netherlands Bulbs!

Nutra-Mulch $6.49 EVERYDAY PRICE

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Leaf & Lawn Rakes $9.99 & up 30% OFF Exp. 10/7/17

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Ladybug Cedar 42 S. Westview Dr. Cedar City, Utah 435-586-3805 Mon-Sat 9-6
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OPEN YEAR ROUND Cedar & Beaver Locations ladybugnursery.com
Local policing agencies plan town hall meetings

by Craig BENNETT
Iron County Today

The Iron County Sheriff’s office and local enforcement agencies will be holding Town Hall meetings with the public at several locations, starting tonight. Come learn about the Iron County Sheriff’s Office, Cedar City Police Department and the Parowan Police Departments.

Lt. Del Schlosser with the Iron County Sheriff’s Department told Iron County Today, “We are doing the meetings to get the public involved in their Sheriff’s Office. We feel the public should have an open dialogue with the Sheriff’s Office. We want the public to know where their tax dollars are spent and what resources we provide. We also want to give them an opportunity to ask questions.”

Ken Carpenter, Parowan City Police Chief, said, “This is the first time we have had a law enforcement specific Town Hall Meeting in Parowan, and I appreciate Sheriff Gower’s interest in meeting with us.”

Chief Carpenter went on to say, “I am also excited for the opportunity to meet with our community members to answer their questions and concerns. Often community members see police at work in a handful of capacities, but don’t fully comprehend the reasoning behind why we do the things we do, nor the end result of those efforts.”

Carpenter said the meetings are “an opportunity to meet with those we serve and answer questions. Others may question why we need specific equipment or may have misperceptions as to cost and sources. But often community members may feel timid about making inquiry, and inaccurate rumors are the result. This is an opportunity for us to help.”

Cedar City — As part of the Make Cedar Sparkle campaign, residents gathered last Saturday to help clean up downtown Cedar City.

Community members and organizations arrived at the city offices early Saturday morning to help prepare curbs and gutters for painting, sweep, pull weeds and spruce up Historic Downtown Cedar City.

Scott Phillips, a member of the Historic Downtown Economic Committee, said this event was an opportunity for the committee to make progress in the way of rejuvenating historic downtown.

“We are looking for ways to revitalize and to make our Historic Downtown vibrant,” he said. “One of the things we can do right away to show a visible sign that we are doing (something) is to clean up downtown.”

Cedar City Councilman Craig Isom said Saturday’s cleanup effort was a good chance for people to team up.

“This is just an opportunity for community members to come together and do what a community does,” Isom said. “We have a lot of people that will be coming to visit our city, and in anticipation of that we wanted to get everything cleaned up and make it sparkle so that the community can be a showplace for people that are coming to visit.”

Members of the Youth City Council were also readily participating in the endeavor.

Jasie York said she wanted to help for the positive impact the campaign will have.

“I think it’s good that we’re cleaning our city and taking care of it and that we’re trying to make a difference for the better,” York said.

Jasmine Tapia said she was grateful for the opportunity to volunteer.

“I feel like anything to make the city beautiful or just to help people in general is a good thing and I aspire to do that for the rest of my life,” she said.
CEDAR CITY — It all starts Monday-Southern Utah University’s Homecoming 2017. Homecoming at SUU is a celebration of the splendid panoply of collegiate life, as well as of the community that supports it. It is, of course, an opportunity for alumni to build and renew friendships and alliances with the University, including today’s students, and to be buoyed by shared ties, but it is also something greater. Whether you were a student of the BAC or CSU, of SUSC, or SUU, whether you are a student today, are a parent of a Thunderbird, a descendant of a founding family or another treasured friend of the University, you share in the rich and singular heritage of SUU. Special memories of the institution abound, and Homecoming is a wonderful opportunity to rekindle that pleasant spirit of belonging. The cohesiveness of the University forms the frame of every Homecoming and this year’s events will certainly strengthen the ties that bind us all together.

Homecoming events will take place the week of October 2-7 with events each day. For all SUU Homecoming information, please visit https://www.suu.edu/homecoming/ or call us (435)586-7777.

**Monday, October 2**
Dive-In Movie in the SUU PE Building Swimming Pool. Cars 3 will begin at 6:30 p.m. and Pirates of the Caribbean: Dead Men Tell No Tales will follow afterwards.

**Tuesday, October 3**
Ben Rector in Concert will be at SUU for all to enjoy. Tickets can be purchased at tbirdtickets.com for this event. The concert will begin at 7:30 p.m. in the Centrum Arena.

**Wednesday, October 4**
Cheer on your favorite Miss SUU contestant on at 7 p.m. at the Auditorium.

**Thursday, October 5**
11:30 a.m.- 12:30 p.m., an Alumni Spotlight on Richard Miller will take place in the Whiting Room. All are invited to attend this APEX Focus Event and get a glimpse into the life of Richard Miller.

The College of Science and Engineering will be hosting a Cardboard Boat Race at 11:30 a.m. at the SUU PE Building Swimming Pool. All SUU students, faculty, staff, and alumni are welcome to build a boat and race. Everyone is invited to watch the fun. Sign up https://goo.gl/aG7VZY if you would like to submit an entry. Make sure to read the Official Rules https://www.suu.edu/cose/techfair/contests.html#cardboard before beginning on your boat.

The Alumni Banquet & Awards will take place at 6:30 p.m. at the Gilbert Great Hall from 6:30-8 p.m. Please RSVP to the Alumni Relations Office at (435) 586-7777 or alumni@suu.edu by October 2nd. This year the Homecoming Honorees are: Richard Miller, Outstanding Alumnus; Jim Johnson, Distinguished Service; and Crystal Sekaquaptewa, Young Alumnus.

**THE ANNUAL HOMECOMING PARADE**
is just one of many activities planned for SUU starting Monday.
Age Out Loud event message: Live Well

by Dawn AERTS
Iron County Today

CEDAR CITY — Older adults and their caretakers were invited to meander along the walking trail outside Cedar City Hospital on Saturday to see Tai Chi and chair yoga demonstrations, to hear tips on home safety, physical therapy exercise, and in general, how to age well during the 1st “Age Out Loud” event celebrating older adults and caregivers.

Janelle Brown, the Older Adult Advocate at the hospital since 2014, wants to connect the elderly and caregivers with all of the resources available to them in the community. Brown, a registered nurse who has spent time in in-home care, has seen the challenge that older adults (and caregivers) face each day.

“This event is really about introducing the elderly to better health options,” said Brown, “and providing them with the opportunity to see, and explore the many health benefits available to them.”

Current data shows that older people represent about 10 percent of the population, and about 50 percent of hospital (day) stays.

She explained that by 2030, the older adult will represent up to 20 percent of the population, with expanded need for health services.

“This event encourages older adults to take a proactive approach to better living,” Brown said, “to find and access the resources they need to age well, with the tools and support caregivers will need too.”

The “Age Out Loud” morning event featured screenings for dementia, blood pressure and depression, as well as useful information on in-home safety precautions, Tai Chi and exercise demos using a Yoga Chair.

“This was an (interactive) experience,” said Brown, “and a holistic-response to these issues. Brown pointed out that both depression and insomnia are challenges that older adults face – along with managing (prescribed) medications and the ability to cope with physical issues that emerge over time. “I am really grateful with the community response to the need for both donations and volunteer help.”

She says that the “Giving Tree” (in the hospital lobby); projects among hospital staff, and other community-driven programs continue to support the needs of older adults with donated items like toiletries, bus passes, gift certificates for services or items, which are made available (based on need) through the Five County Association (Aging project) in Cedar City.

Meanwhile, local agencies continue to seek volunteers who are willing to spend time with an older adult, help with yard work, or provide some support and relief for caregivers.

“We have many individuals who are stepping forward to help in some way,” Brown said. “This is our way to celebrate older adult month by providing service to those who have taught and served us.”

Brown said that she doesn’t want older adults to be silent about the aging process, “They need to speak up about what their needs are, and to be proactive in pursuing good health – that is, to ‘Age Out Loud.’”

To volunteer, make a donation or for more information on Aging Well issues, contact, Janelle Brown at Cedar City Hospital, 435-868-5818.
The opinions stated in this article are solely those of the author and not of Iron County Today.

Specific birthdays represent milestones. Ages 18 and 21 reflect adulthood. Age 30 admonishes you to "get your life together." Age 50 plants you firmly in middle age. Age 60 put you close to retirement. Age 65 places you near full Social Security. Age 70 means you probably spend more time reading the obituaries than the comics.

There is little to ponder at age 69. So when I crossed that mark this month while sitting at Chicago's Wrigley Field in the afternoon and in Las Vegas later that evening, all I could think of was how an unemployed 30-year-old at the Cub game could still spend $150 on a Kris Bryant jersey and that a seafood dinner for could cost $347.

At my age, the most common question I hear concerns why I’m still working. The answer is two-fold. First, "why not?" Second, "I enjoy it." It also gives me something to do instead of worrying about the crazy times in which we live.

We could face another war due to a mentally ill punk in North Korea chal- lenguely by a say-anything-to-get-elected infant in Washington, D.C. We continue to believe that the Arab world years for democracy despite the sorry saga of religious persecutions and beheadings. Americans thirst for a fast sport which results in concussions and early death. Traditional boxing was violent enough; today, younger fans prefer a variation in which you can not only break a person's nose, but also kick him in the groin. Overpaid basketball players pant after the owner offering the biggest paycheck.

A considerable number of people believe ridiculous posts on the Internet, following the rants of a guy who ten years ago would have been just another idiot sitting on a barstool. Without a stable belief system, anything is to be considered: Millions of Peruvians voted illegally in the U.S. election, Missouri never ratified statehood, Elvis is living on a beach in Maui, and string beans cause cancer.

Our on-demand society has no patience. We want everything right now, this instant. Instead of relaxing on airplanes, passengers get cranky and rude when flights depart 10 minutes late or beverage service is interrupted.

Our Utah legislators worry more about a grown man drinking a beer than they do about the dangers of texting while driving. Many fret about Utah's air quality but belly up to the bar with oil and gas lobbyists. Meanwhile, our federal representatives righteously tout tax cuts while refusing to agree on ways of reducing spending to offset the income loss.

Yes, I could sit around and complain to my fellow senior citizens, but it is easier to wake up in the morning, smell the coffee, and head to work. As long as we have an educated news media, and free elections, bookstores, and public libraries, there is time to turn things around. It won't happen today, but there is still time for a 69-year old to take a nap. Nothing is hopeless.
What does “Do right” mean to you? Doing what’s right is often difficult, but always simple. We naturally know what’s right by looking inward and honestly consulting our consciences. A man who does what’s right because someone forces him to is less significant than a man who willingly chooses to do right.

Leadership is not about being popular for the moment. It’s about being respected for a lifetime which means being true to yourself and totally committed to the adherence of the most significant character traits, qualities and attributes.

A true leader lives by the nine Rules of Right, a list of tactics utilized by leaders to not only gain success and significance, but to develop the people around him into great leaders themselves.

The nine Rules of Right means finding:

» The Right People, not just merely the good, great or best people.

» The Right Relationships that go beyond win/win because it’s not what we do but whom we do it with.

» The Right Training that includes learning the correct things to make and keep us brilliant at the basics to maximize efficiency.

» The Right Reasons that identify our “why” and make winning personal.

» The Right Leaders who are strong, passionate, visionary. You can have state-of-the-art facilities, unlimited resources and a stellar product but if you have a terrible leader, your organization will fall. However, you can have run-down facilities, limited resources and a mediocre product but with an incredible leader, your organization will thrive and succeed.

» The Right Tools and necessary resources of time, money and trained personnel.

» The Right Authority where people at every level are empowered to make right decisions because they have been given the required power to act on those decisions.

» The Right Practices so things are done correctly to maximize effectiveness.

» The Right Rewards that make us significant because we really want what we get, rather than merely make us successful, because we begin with the end in mind and get what we want.

By surrounding ourselves with people who are positive, courageous and trustworthy, we increase our ability to do the right thing at all times. My successful self might say, “I will do what’s best for me.” But my significant self always says, “I will do what’s right. Period.”

Dan Clark is considered one of the top 10 speakers in the world, and he’s a New York Times best-selling author, publishing nearly three dozen books. He has appeared on over 500 television and radio shows, including Oprah and Glenn Beck, and has been featured in magazines such as Forbes, Inc., Entrepreneur and Millionaire. Clark is available to speak to local businesses and organizations. For more information about booking Clark for a speech or leadership training, contact info@danclarkspeaks.com or call 1-800-676-1211.

Utah resident Dan Clark is one of the most sought-after motivational speakers in the world. He teaches leadership and safety training courses, conducts public speaking workshops and hosts a talk radio show, The Art of Significance, on VoiceAmerica.com on Tuesdays from 1-3 p.m. (MDT).
CEDAR CITY — The YVC volunteers of Iron County have been awarded a “Building Our Future” grant from the Youth Volunteer Corps Headquarters located in Kansas City, Mo. This grant will allow the YVC to do three exciting service projects across the community of Cedar City.

YVC Headquarters has been impressed with the Cedar City YVC affiliate, because of the significant impact they’ve had on the people of Cedar City by doing past service projects.

The first project will be building raised garden beds at the Family Support Center. Cindy Rose, Program Coordinator of the Cedar City YVC, said, “Building these garden beds will benefit our youth volunteers by educating them how to prepare soil for the winter so that it will be ready for planting in the Spring.” The garden beds will allow the Family Support Center to grow their own food, which will save budget money. It will also benefit the children who visit the Center, because they will learn how to grow and harvest food.

The plan is to have the raised garden beds completed by the end of October, which means they must get started as soon as possible. The YVC would like to request support from the community for guidance with the planning of the project and possibly some assistance in building the raised garden beds. The youth will be very involved and do most of the work, but they need some help in overseeing the project construction. Specifically, help is needed in measuring, cutting and assembling the garden beds.

Please contact Cindy Rose through the information below if you can be of assistance.

The YVC will be doing two other service projects after they complete the raised garden beds. The next service projects will be for the Cedar City Memorial Grove and Children’s Justice Center, which are scheduled to be completed by the end of March. Watch for the next news article sharing the details of what the next service projects are and how you can get involved.

If you would like to help the YVC with this project or are interested in joining, please contact Cindy Rose at crose@fivecounty.utah.gov, call 435-867-8384 or drop by 585 N Main, Suite #1. There is never a fee for YVC, and it’s a great way to stay busy and contribute to your community while having fun! Your volunteer hours look great on college applications too.

YOUTH VOLUNTEER CORPS OF CEDAR CITY will build raised garden beds at the Family Support Center.

**Crews wrapping up road repairs in Iron County**

Kacy Ellsworth, Public Information Officer for the Dixie National Forest, said the first phase of the road improvements took place for eight straight days, wrapping up September 25.

The goal of the project is to improve forest roads that have been eroded and damaged.

Forest Service Roads (FSRs) within the project are FSR 076 and 510 (Red Creek Reservoir), FSR 050 (Clear Creek), FSR 081 (Bunker Creek), and FSR 261 and 1676 (Blue Springs).

The second work period will begin roughly October 2, with the project expected to end somewhere around November 1. No road closures will take effect, however, heavy machinery and equipment will be present on the roads. During this time, the road is expected to be very rough, but passable by high clearance vehicles. Visitors should expect delays on these routes. Delays can be up to an hour in length.

The Forest Service Road crew, Iron County Road Department and contractor crews will be using specialized milling and crushing equipment to break existing material into a gravel surface four to six inches deep. The road will then be reshaped with a road grader and compacted to produce a suitable travel surface.
CEDAR CITY — Southern Utah University celebrates in high-flying fashion Sept. 30 with the unveiling of 17 new aircraft. The event offers the community an opportunity to view new airplanes and helicopters, participate in flight simulation experiences, and enjoy a live music concert at the hangar.

SUU’s fleet of new red aircraft includes 10 Cirrus SR20 airplanes, and seven new helicopters purchased for the university’s Professional Pilot Aviation Program. The event titled Red Sky Rally will take place on Saturday, Sept. 30, at the Cedar City Regional Airport from 5 p.m. to 10 p.m. Featuring indie-rock band Van Lady Love of Provo, the concert at the hangar begins at 8:30 p.m.

“This group of newly purchased fixed- and rotor-wing aircraft will help us accomplish our core values of safety first, quality instruction, and training in advanced and relevant aircraft,” said David Dyches, Professional Pilot Aviation Program deputy executive director. “Both the Cirrus and Robinson aircraft prepare students to seamlessly progress from flight training to employer operated aircraft.”

Cirrus SR20 fixed-wing aircraft are the only factory-designed training aircraft with the Cirrus Airframe Parachute Systems (CAPS). Deploying a parachute from the aircraft’s mainframe if the aircraft experiences trouble, CAPS is designed to lower passengers to safety. Additionally, the planes have other safety features and advanced avionics that provide maximum protection to students and instructors. Robinson R-44 rotor-wing aircraft also offer advanced avionics and radar tracking mechanisms that are industry leading designs.

“The addition of the Cirrus aircraft will elevate our program by offering the most advanced and safest training available in the world”

— Scott Wyatt, SUU President

According to SUU President Scott Wyatt, “The addition of the Cirrus aircraft will elevate our program by offering the most advanced and safest training available in the world.” Red Sky Rally attendees can enter a drawing for the chance to get behind the controls of a flight simulator. The first 300 attendees to complete their “Earn Your Wings” passports will receive an SUU balsa wood airplane kit take-home gift. SUU students with a student ID can qualify to enter a drawing for helicopter flyovers at the SUU vs. Cal Poly Homecoming football game on Saturday, Oct. 7.

The free concert at the hangar features Van Lady Love of Provo. Winner of the New Music Seminar #1 Artist on the Verge Award in 2014, Van Lady Love has since opened for Blink 182 and Train, among others. Events, prizes, paper airplane contest and concert at the hangar are open to the public, free of charge.

Red Sky Rally is presented by the SUU Professional Pilot Aviation Program and the Office of Community & Academic Enrichment. For more information, contact (435) 865-8255, or email communityeducation@suu.edu.

Tanner Center “Ecosystems and Human Values” panel Oct. 3

CEDAR CITY — The Grace A. Tanner Center for Human Values at Southern Utah University is developing forums that explore how the humanities and notions of human values connect to a variety of disciplines. During the month of October, the Tanner Center will sponsor discussions on the topic of “Ecology, Place, and Human Values” in partnership with the SUU Biology Department and Native American History Week.

This topic will be addressed from the perspectives of Biology, Geology, Archeology, Journalism and Literature. The panel discussion will occur on Tuesday, October 3, at 11:30 a.m. in the Student Center Theater, and is free and open to the public.

The discussions will open with a panel titled “Ecosystems and Human Values: Exploring our Connections with Natural Landscapes” featuring Dr. George Handley, Associate Dean of the College of Humanities at BYU, and SUU professors Dr. Helen Boswell (Biology), Dr. Jackie Grant (Biology), and Dr. Grant Shimer (Geology). Dr. Handley specializes in Comparative Literature, focusing on the literatures of the Americas. He is also the author of Home Waters: A Year of Recompenses on the Provo River, a work of creative non-fiction that includes nature writing, personal and environmental history, and reflections on ecotheology.

For more information on related events, please refer to the following website: https://www.suu.edu/tanner/center.html. Or contact the Tanner Center director, Dr. Danielle Dubrasky at dubrasky@suu.edu.
Sometimes ‘happy’ is right next door

by Dawn AERTS
Iron County Today

CDAR CITY – This isn’t your typical factory. In fact, the factory workers here don’t get paid a dime.

In winter, some arrive early in the morning when the big room is still chilly and the workshop is dark. The work conditions are modest at best, but their production line is full of smiles despite the somewhat tedious nature of the job. “There aren’t a lot of (monetary) perks here,” says Donna Cooley of the Happy Factory she dutifully cares for. Over the past 20 plus years, she and her late husband Charlie founded the workshop with the help of donations, dedicated volunteers and businesses who envisioned sending small wooden toys – to kids around the world. “It’s a big job... that Cooley readily admits takes a community to accomplish. And sometimes job satisfaction comes with smiles and a hug, says Cooley of the Cedar City charitable operation now international. That said, Cooley is more surprised at how it all got started: In 1996, Cooley estimates that they have shipped over 1,445,459 toys to more than 600 organizations, groups and people in up to 125 countries. I guess you might say this is a labor of ‘production’ love.”

The Factory, now a world-wide operation of wooden toy distribution, also finds their way into the hands of children who have lived through a range of natural disasters. It was Charles who envisioned the design for seven wooden cars and trucks while Donna managed the production output with volunteers who do everything from cutting patterns, to varnishing, assembly and shipping. “Once they’re ready, we sand them, coat them, and little wheels are attached,” Cooley explained. She estimates that it costs about 50 cents per individual toy, with some additional costs for wheels, saw blades, building maintenance and shipping fees. For that reason, The Happy Factory accepts donations on their website.

“We’ve even had people ‘hand-carry’ toys to places they travel to around the world, and to humanitarian organizations,” Cooley said. One of their most unique creations is a toy steam shovel which a child can both sit on and manipulate the bucket for seriously disabled children. “It seems that these little steam shovels and little toys (that children can hold in their little hands) can help to rejuvenate minds, or help them to cope with the world around them... That’s why we call it the Happy Factory,” says Cooley with a smile.

For more information, to donate, volunteer, or to attend the 15th Annual Happy Factory Fundraiser Gala and Dinner set for Thursday, Nov. 9, 6 p.m. at the Sharwan Smith Center ballroom at Southern Utah University, call 435-586-8352 or visit, www.happyfactory.org.

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Donna Cooley, Happy Factory Co-founder, and Long-time Volunteer Bob Allen represent hundreds of local volunteers, organizations and businesses who have donated their time, talent and contribution to producing and distributing over 1,442,000 little wooden cars and trucks to needy children across the U.S. and to agencies and groups in more than 125 countries.

“We might not be able to make a toy for every child who needs one but we’re certainly going to try!”

— Donna Cooley, Happy Factory

Charles founded the workshop with the help of donations, dedicated volunteers and businesses who envisioned sending small wooden toys – to kids around the world. She can only smile as she remembers her husband’s knack for designing their seven little patterns of tiny cars. “We decided to become a non-profit in 1998,” says Cooley of the work and distribution they had wanted to keep a secret but which exploded through word-of-mouth news by 2000. “Charlie always said (with delivering those toys) we got more hugs than we did at a family reunion!”

And the factory continued to grow. Soon more volunteers signed on and miracles continued. “We had one local factory that donated huge bins of scrap wood,” says Cooley, “and a pickup load of hardwood strips” that inspired her husband to design their now signature line of small wooden cars. In fact, local cabinet shops, like Timberline Cabinets, have been donating scrap ends since 2004. “I still can’t believe all of the blessings,” she said. As production increased their distribution list grew. Cooley explains that shipments now go to children in family shelters, churches, and schools, to Head Start branches across the U.S., to national and international foundations, to crisis centers and to needy kids around the world.

And the miracles also continued. One company donated the use of a huge warehouse for six full years, while others came forward with finishing supplies and other needed donations. She is particularly thankful to companies like Metalcraft Technology who provided temporary building space and community leaders who stepped forward to donate. “We learned that 500 million children live in a world without toys,” Cooley said. “But Charlie and I (along with hundreds of volunteers and donators) felt that we might not be able to make a toy for every child who needs one, but we’re certainly going to try!”

Since founding the Happy Factory in 1996, Cooley estimates that they have shipped over 1,445,459 toys to more than 600 organizations, groups and people in up to 125 countries. I guess you might say this is a labor of “production” love.”

"I don’t think we fully know the impact of providing a simple little toy for a child who may never have received one,” she said. “Sometimes, it’s as if a light suddenly turns on and I have to say, we get inspired by all those happy faces.”

The Factory, now a world-wide operation of wooden toy distribution, also finds their way into the hands of children who have lived through a range of natural disasters. It was Charles who envisioned the design for seven wooden cars and trucks while Donna managed the production output with volunteers who do everything from cutting patterns, to varnishing, assembly and shipping. “Once they’re ready, we sand them, coat them, and little wheels are attached,” Cooley explained. She estimates that it costs about 50 cents per individual toy, with some additional costs for wheels, saw blades, building maintenance and shipping fees. For that reason, The Happy Factory accepts donations on their website.

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For more information, to donate, volunteer, or to attend the 15th Annual Happy Factory Fundraiser Gala and Dinner set for Thursday, Nov. 9, 6 p.m. at the Sharwan Smith Center ballroom at Southern Utah University, call 435-586-8352 or visit, www.happyfactory.org.

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Below are bookings as reported by the Iron County Sheriff’s Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

September 18
Elijah J. Christopher, Cedar City Assault, Criminal Mischief
Mehemiah L. Sutherland, Cedar City Probation/Parole Violation
Marina L. Peterson, Cedar City Theft, DUI, Controlled Substance

September 19
David E. Cyphert, Cedar City Drug Court Violation
Verne F. Holmes, Las Vegas Federal Contract Prisoner
Jerry L. Jones, Cedar City Federal Contract Prisoner
Chet B. Perkins, Cedar City Assault
Samantha J. Pfleiderer, Cave Creek, Ariz. DUI
Jamie R. Pullman, Riverside, Calif. Federal Contract Prisoner
Sergio Solares-Perez, St. George Federal Contract Prisoner
Humberto Villatoro-Trinidad, St. George Federal Contract Prisoner

September 20
Lloyd W. Smith Sr., Cedar City Intoxication
Ryan L. Warner, Cedar City Theft
Jared F. Charles, Cedar City Retail Theft

September 21
Jeremy Black, Cedar City Propelling a Bodily Substance, Resist/Interfere w/ arrest
Billy J. Blake, Cedar City Retail Theft
Adalai A. Finch, Orem Controlled Substance
Joseph H. Petersen, Bountiful Failure to Comply w/Court

September 22
Justice D. Ruesch, Milford Consume Alcohol by Minor
Steven Acosta, St. George Open Container in Vehicle, Possession, Intent to Distribute

September 23
Jaye Begay, Cedar City Child Abuse Inc. Physical Injury, Theft

September 24
Jeremy D. Blackham, Cedar City Intoxication, Accidental Prop. Damage
Steven W. Rasmussen, Cedar City DUI
Coby B. Harring, Parowan Theft Lost Property, Forgery, Controlled Substance
Robert J. Harting, Parowan Forgery, Poss. of Forgery/Writing/ Device
Volunteers sought for Public Lands Day

Join us at Cedar Breaks National Monument on National Public Lands Day (NPLD) September 30, 2017. NPLD is the nation’s largest, single-day volunteer effort to give back to the lands where we play, learn, exercise and relax! NPLD is also a fee-free day for all federal public lands and many state parks.

Meet at the Cedar Breaks Visitors Center. Our time will run between 10 a.m. and 2 p.m.

Give back to your community and Cedar Breaks by collecting native seeds as well as transplanting native forbs and grasses to rehabilitate disturbed sights. We may also do some trail rehabilitation to provide better hiking experiences in the park.

Make sure to bring good boots, gloves, a warm jacket, water and food. The daytime temperatures could be around 40-50 degrees so dress warm and come prepared for rain and wind.

Whether or not you volunteer on National Public Lands Day, make sure to get out and enjoy nature or simply learn more about your public lands and the plants and wildlife that live there. Your work will help ensure our public lands continue to be beautiful places for all to enjoy.

For more information about NPLD, visit NEEFusa.org/NPLD. The public is encouraged to follow and participate in environmental stewardship conversation on social media using the hashtag #NPLD and #WhyICare.

Homecoming

(Continued from page 2)

Cheer on the Lady Thunderbirds Volleyball vs. Idaho State at 7 p.m. in the Centrum Arena.

The Powder Puff Football Game will begin at 8 p.m. at the Eccles Coliseum. Following the game, join us for the Pep Rally at the field.

Friday, October 6

The Women’s Soccer Team will compete against Idaho State at 4 p.m. at the Soccer Pitch.

The SUUSA Executive Council Reunion is open to all former members of SUUSA’s executive council along with guests from 6-7 p.m. in the Shooting Star Room.

Alumni and current SUU band students will unite for one fantastic concert at Cedar City’s Heritage Center. Admission is FREE and all are invited to attend this concert from 6:30-7:30 p.m. at the Heritage Center Theater.

Forever Red is an event that you don’t want to miss. Held at the Upper Quad lasting from 7:30-11:45 p.m. Live music, food, interactive games & activities, bounces houses, photo booth and fireworks. Free and open to all.

Following Forever Red, at midnight, kiss your sweetheart in the Founder’s Monument plaza to become a True T-Bird. Hosted by the SUU Student Alumni Association.

Saturday, October 7

Saturday’s events will kick off with the SUUper Sorrel 5k Run/Walk at 7:30 a.m. hosted by the SUU ROTC. The race begins on the north side of the PE Parking Lot on W. Harding Avenue. See map https://goo.gl/eGYffv for entire route.

The SUU Cross Country teams will run at the Color Country Invitational at Cedar Ridge Golf Course at 8 a.m.

Join us at the Pancake Breakfast at the J. Reuben Clark Jr. Alumni House. Come enjoy FREE food and fun before the Homecoming Parade starts, compliments of the SUU Emeriti, Alumni, and Student Alumni Associations.

At 10 a.m., pick a good seat alongside West University Boulevard to view the Homecoming Parade. Cheer on the Lady Thunderbirds volleyball vs. Eastern Washington at 11:30 a.m. in the Centrum Arena.

Leavitt Center alumni, along with families and friends, are invited to a luncheon at the Leavitt Center from noon-2 p.m. Stop by and visit as your schedule allows. Come cheer on the T-Birds as they go head to head with the Cal Poly Mustangs for the Homecoming football game. Join us at 6 p.m. at the Eccles Coliseum.

Celebrate Homecoming Week at the Homecoming Dance in the Student Center Ballroom beginning at 9 p.m. after the Football Game.

Sunday, October 8

The women’s soccer team will compete against Weber State at 1 p.m. at the Soccer Pitch.
by Alison HOLLAND
For Iron County Today

If you are fortunate enough to look up at the sky on a clear, dark night, you can see thousands of stars. They look like they are scattered all over the sky and sometimes, you can use your imagination to see pictures in them. These pictures are called constellations and can be defined as a group of stars that make imaginary patterns in the sky.

Normally, they are named after mythological characters, people, animals and objects and usually have an amusing story to tell, filled with unique tales of another world. Historically, these shapes were valuable for astrological predictions, navigation and interaction among astronomers. However, as modern astronomy developed, discrepancies between objects in the universe, including constellations made the study of stars a difficult one. The International Astronomical Union (IAU) stepped in to gain control and make sense of things in 1925. They officially named Eighty-eight (88) constellations and assigned areas of the sky specific constellation names.

One of the constellations officially named in our night sky is called Cygnus (Sig-nus). Its name in Latin means ‘The Swan’ and is truly a highlight of our summertime night sky. This is a magnificent constellation and is easily found directly overhead in the northern hemisphere from July to October and visible in the late evening sky from May through December. As you look up in the night sky and see the Swan, you will notice that its wings are spread wide, his neck stretched out and his feet formed by dimmer stars, are trailing behind as he flies south along the beautiful Milky Way, which passes through the middle of this constellation. As you view Cygnus, notice that it actually looks like a Swan, with his neck extending forward the way real swans do in flight. It is also known as the Northern Cross because it its shape. The main stars form a cross, making is easy to understand this popular nickname.

This is known as an asterism, a pattern of stars that is not a known constellation. It is simply a pattern within a recognized constellation. As the 16th largest constellation, Cygnus is beautiful and exciting to look for in our night sky. The tail is marked by the blue supergiant, first magnitude star called Deneb, which is Arabic for ‘Tail’. It is a brilliant star and very noticeable, despite its distance of 1600 light years from earth; the light 186,000 miles per second, takes 1600 years to reach us. Deneb is the 14th brightest star in our night sky. Cygnus is also home to one of the prettiest double stars in the sky, called Albireo. The bright star is a golden yellow while its dull partner is blue. Their magnitudes are 3.2 and 5.4 and can be found at the beak of Cygnus. At the center of Cygnus, is a star called Sadr and is the 68th brightest in our night sky. In Arabic, it means ‘The Hens Breast’ with a magnitude of 2.23.

Rep. Stewart announces Congressional App Challenge

Rep. Chris Stewart’s office has announced that Utah’s 2nd Congressional District will be participating in the third annual Congressional App Challenge (CAC), an app competition for students in high school and below.

“I invite all students from Utah’s 2nd Congressional District to participate in the Congressional App Competition,” the Utah Congressman said. “Computer science and STEM education are crucial proficiencies for the rising generation. By recognizing our nation’s young programming talent, I want to help encourage students to continue engaging in these fields."

The Challenge runs until November 1, 2017. The competition is open to all students who meet the eligibility requirements, regardless of coding experience. We strongly encourage students of all skill levels to participate and to learn how to create their own apps. Winners will be selected by a panel of judges and be given Congressional recognition for their achievements in STEM and computer science. Their apps will be featured on a display in the U.S. Capitol in Washington D.C., on house.gov, and on the Congressional App Challenge website.

The CAC was created because Congress recognized that STEM and computer-based skills are essential for economic growth and innovation, and that the U.S. has been falling behind on these fronts. By some estimates, the U.S. may be short a million programmers by 2020. These are high-paying, high-demand jobs. To maintain American competitiveness, it’s crucial that the United States invests in our youth now, and helps them acquire these valuable skills. The CAC encourages students to pursue those skills and recognizes them for their efforts.

For further information about the Congressional App Challenge, visit www.CongressionalAppChallenge.us.
CEDAR CITY — Nationally known pop singer Ben Rector will perform in concert on October 3 at 7:30 p.m. in the SUU Centrum Arena. Tickets are available at tbirdtickets.com.

The singer-songwriter’s latest album Brand New, released via Aptly Named Recordings, shows Rector going back to his beginnings, penning 12 sincere and humble songs brimming with a youthful spirit. Filled with lush string arrangements, driving percussion, pounding piano chords and effortless melodies, Brand New is more than just masterful songwriting. The album is a slice of Rector’s real world.

“With this record, I wanted to… capture songs that jump out of the speakers”

— Ben Rector

honest ruminations on life and love and the latest step in a journey he began as a teenager playing guitar in his Tulsa home.

Then, every song was a discovery – something magnetic and new – and making music was about the thrill of songwriting; turning those songs into a career was only a dream. Now, one year after his entry into the Top 10 on the Billboard 200 Chart, the 30-year-old has independently achieved over 440,000 albums and 7 million tracks consumed. His four studio albums and 2014’s Live In Denver have repeatedly put him on top of the iTunes charts, leading to sold-out shows and fans who sing along to every word in theaters and amphitheaters across the country. His debut single at radio, title track “Brand New,” reached Top 5 at Hot AC, Top 10 at AC and Top 30 on the pop chart.

In Brand New, Rector pairs his experience of writing songs and touring with the rediscovered energy of his early days. “Growing up, I’d stay up all night playing music,” he said in a release. “It was my passion. But the past five years have been an intense season, lots of touring and quick album cycles, and it’s easy to lose touch with the reason I started writing. With this record, I wanted to find that feeling again — to capture songs that jump out of the speakers.”

Brand New’s 12 songs were written by Rector, with a handful of co-writers lending their help to several tracks. The songs draw heavily from Rector’s own experiences and are rooted in powerful pop hooks and an energy reminiscent of a debut album. “I feel crazy taking pictures, hearing a thousand people scream, this is a lot for an Oklahoma kid like me,” he admits during “Fear,” a song that celebrates both the struggles and triumphs of touring. In “Paris,” he recounts a trip abroad, and on the thoughtful “Men That Drive Me Places,” he questions his position as a celebrated performer, while the taxi drivers who whisk travelers like him from location to location go unrecognized. And of course, the title track, “Brand New,” describes the elation of re-capturing the energy and innocence of youth.

Recorded in his adopted hometown of Nashville, and partially in Norman, Okla., Brand New was produced by Rector and Ed Cash, Cason Cooley, and Chad Copelin. In each setting, Rector explains, “the goal was to capture a performance rather than build a performance.” Rector’s development as a songwriter and musician is clear here; the album displays his deft grasp of the tools of his trade and his strength as a dynamic live performer.
CEDAR CITY — It’s time for another Final Friday in Cedar City with live jazz, contemporary and classical music, and art demonstrations. The Cedar City Arts Council invites you for the Final Friday Art Walk on Sept. 29 from 5 to 8 p.m. with events stretching from Artisan’s on University Blvd (Center St.) to 300 West at the Southern Utah Museum of Art (SUMA). The Final Friday Art Walk is free and exhibits are open throughout the summer.

From 5 to 8 p.m. enjoy artist demonstrations from the Kolob Plein Air Society on the lawn at 100 West Center. Wood turner Keith French is also at this location. Sagebrush Fiber Artisans are demonstrating spinning and other fiber arts in front of the SUU Alumni House from 5:30 to 8 p.m.

Artisans features violin/guitar duo Stan and Lindsay Szczesny from 5 to 6 p.m., Roice Nelson with original vocal and guitar music from 6 to 7, and cellist Nina Hansen from 7 to 8 p.m.

Art Works Gallery presents an exhibit by Spike Ress and Sue Cotter with guitarist Ken Butterfield.

MB3 Jazz Quartet performs at the IG Winery from 5 to 7 p.m.

Steven Swift and April McPherson perform at Stone Path from 5 to 6 p.m. with cellists Matthew Erhard and Brynn Wrinkle from 6 to 7 p.m.

For updates on featured artists and musicians visit the Cedar City Art Walk page at https://www.facebook.com/Cedar-City-Art-Walk. Celebrate our city’s arts and culture this summer by bringing your family and friends to the Art Walk.

Projects and activities of the Cedar City Arts Council are supported in part by the Utah Division of Arts & Museums, the State of Utah, the National Endowment for the Arts, the Cedar City Recreation, Arts, & Parks Tax, and the Cedar City • Brian Head Tourism Bureau.

Final Friday Art Walk is on Sept. 29
Renowned actor Patrick Page performing Sept. 29 at the Utah Shakespeare Festival

CEDAR CITY — After twenty-eight years away, Patrick Page is returning to the Utah Shakespeare Festival to perform his one-man show All the Devils Are Here, an exploration of the evil depicted in Shakespeare's plays.

He will present a public performance in the Eileen and Allen Anes Studio Theatre at 2 p.m. on September 29. General admission tickets are $25 and can be purchased at the Festival Ticket Office in the Beverley Center for the Arts, by calling 800-PLAYTIX, or online at www.bard.org. Advance reservations are strongly recommended.

Earlier in the day, Page will perform the new play for students, including participants in the annual Shakespeare Competition, hosted by the Festival and Southern Utah University.

“Patrick is joining other theatre artists who have come to adjudicate for the annual Shakespeare Competition to assist in the training of budding actors,” said Education Director Michael Bahr. “He offered to perform the play as an additional opportunity for students to learn their craft from a professional.”

Tickets to this performance are free and limited to students and their teachers. However, they must have a complimentary ticket that is available by contacting the Ticket Office in person or by calling 800-PLAYTIX. These tickets are not available online.

Page was a popular performer at the Festival from 1984 to 1989, playing such roles as Ben Jonson in Nothing Like the Sun, Iago in Macbeth, Jacques in As You Like It, Marcus Brutus in Julius Caesar, and the title roles in Macbeth and Richard III. He has since acted across the country and been hailed as “one of America’s leading classical actors” by the Wall Street Journal and the Washington Post.

He originated the role of the The Green Goblin in Spider-Man, Turn Off the Dark and the Grinch in How the Grinch Stole Christmas. Other New York credits include Scar in The Lion King on Broadway, the title role in Cymbeline for the New York Shakespeare Festival in Central Park, Henry VIII in A Man for All Seasons, Max in The Sound of Music at Carnegie Hall, and Jacob Marley in A Christmas Carol at Madison Square Garden.

For more information visit www.bard.org.

Hard to NOT be an arts supporter in Cedar City

by Mary Anne ANDERSEN
Cedar City Arts Council

On the evening of August 25, I was sitting at a table on the corner of Center Street and 100 West. On my left played a quartet of jazz musicians comprised of some of the best players in the area. The door to the art gallery was open, there were working artists inside, crackers and cheese in the back room. Around the corner to my right, another gallery was featuring the work of an artist named Fish, who was there in person. The Shakespeare Festival was down the street, and I was thinking, “It doesn’t get much better than this.”

I was talking to people, trying to interest them in becoming supporting members of the Cedar City Arts Council. Many of them asked me, “What is it for me? Why should I become a member?” In the first place, I said, we are bringing you this classy evening of artists and musicians for blocks along our downtown streets. Our Final Friday Art Walks are becoming more and more popular as the summer progresses.

But I have a bigger story that I didn’t have time to tell those inquiring strollers. So for those of you who are still wondering why to support the CCAC, listen to this:

An Arts Council mini-grant helped Natalie Young and the Sugar House Review bring the Nebraska poet Todd Robinson to Cedar City in July to do workshops and a poetry reading for the community. A local citizen attended that public reading. This gentleman was raised in a family that didn’t value the arts to a large degree, never having attended a Shakespeare play, for example.

In spite of this upbringing, this gentleman had written some poetry in his younger years. He listened to the poetry that was read that night and was occasionally moved to tears. (He wasn’t the only one.) He felt encouraged to write again; in fact, he went home and penned something that very night.

The next evening, he was invited to dinner with Natalie, husband Nano Taggart, and poet Todd Robinson. With a quavering voice and trembling hands, the erstwhile novice got up enough courage to read his poem at the table. To a well-known, published, professional writer! Robinson was so encouraging, taking seriously the gentleman’s work, offering gentle suggestions, and urging him to keep writing.

If you are a member of the Arts Council, you have a hand in such events that are maybe life-changing for a fellow Cedar Citian. Someone asked me how often the meetings are. I quickly explained that a member’s time commitment was totally up to her, not a membership requirement at all. What we really have to offer is a sense of satisfaction in knowing that a modest yearly membership fee of $35 per couple means you have a part in shoring up some of the most beautiful things about Cedar City.

Maybe the amateur poet’s family is indifferent, but don’t the rest of you want to say, “I want to encourage the arts in Cedar City!”

SUU COLLEGE OF PERFORMING & VISUAL ARTS
SOUTHERN UTAH UNIVERSITY

UPCOMING EVENTS

ADRIENNE READ CONCERT
Thorley Recital Hall
September 25 at 7:30 p.m.

ROSECRANTZ AND GUILDENSTERN ARE DEAD
Engelstad Shakespeare Theatre
September 29 at 7:30 p.m.
October 2, 5, 6, 7 at 7:30 p.m.

ART INSIGHTS- MARISSA VIGNEAULT
Southern Utah Museum of Art
October 5 at 7:00 p.m.

WIND SYMPHONY featuring SUU ALUMNI
Heritage Center Theatre
October 6 at 6:30 p.m.

SOIREE FACULTY RECITAL
Southern Utah Museum of Art
October 9 at 7:30 p.m.

www.suu.edu/pva
Two Utah Shakespeare Festival employees taking their bows

CEDAR CITY — Two senior staff members will be taking their bows and exiting the Utah Shakespeare Festival stage this fall. Jyl Shuler, long-time development director, has announced her retirement effective October 31; and Zachary Murray, general manager and recently interim executive director, is taking a new job in the Southern Utah University Budget Office beginning October 1.

“These two individuals have been key players at the Festival,” said Executive Producer Frank Mack in a release. “I will personally miss their professionalism, and the Festival as a whole will need to work hard to fill their shoes.”

Shuler started at the Festival 28 years ago and has led the development efforts through periods of enormous growth and financial challenge, including the raising of millions of dollars for building the Beverley Center for the Performing Arts which opened in 2016. She will be retiring from her work at the Festival, but will continue her volunteer work in her adopted home of Cedar City.

“I have had amazing opportunities to get to know and work alongside some of the most dedicated and enthusiastic people on the planet. The Festival staff, board, and volunteers are hard-working, creative, and talented individuals,” Shuler said. “With all the great people I have met, my time at the Festival wasn’t really work; it was ‘getting to know you’ every day. What could be better than that!”

“As development director, Jyl filled the vital role of raising contributed income over her long tenure,” said Mack. “While she will be missed, it is wonderful to see her enter this next phase of her life, and I wish her much happiness.”

Murray started as general manager at the Festival in 2014, and for much of 2017 also filled the role of interim executive director when R. Scott Phillips retired in March. It was only recently that he was able to transition back into the sole job of general manager when Frank Mack was hired to lead the Tony Award-winning organization.

“This is a bittersweet transition for me. I am excited for this opportunity to work in higher education again, but will miss working at the Festival with so many talented and dedicated individuals,” said Murray. “The theatre is important to our community and allows people to connect to art and storytelling in a unique way; and, when it comes to storytelling, the Utah Shakespeare Festival is second to none.”

Mack also complimented Murray on his tenure at the Festival, noting his acumen in behind-the-scenes accounting, budgeting, and financial management. “This is exactly the kind of critical work few people know about but makes a huge, difference in the success of the organization,” he said. “His extraordinary skills will be missed at the Festival, but will continue to serve Southern Utah University in his new role.”

The search to fill both positions is now underway at the Festival, with the hope to find the right people and fill the roles as soon as possible.

Tickets are now on sale for the Festival’s 56th season, which will run from June 29 to October 21.

The Festival’s 2017 season continues through October 21 with performances of How to Fight Loneliness, A Midsummer Night’s Dream, The Tavern, and William Shakespeare’s Long Lost First Play (abridged). For more information and tickets visit www.bard.org or call 1-800-PLAYTIX.

The Utah Shakespeare Festival is part of the Beverley Taylor Sorenson Center for the Arts at Southern Utah University, which also includes the Southern Utah Museum of Art (SUMA).

Auditions for ‘Messiah’ set for Sept. 28

CEDAR CITY — Auditions for vocal solos for the Orchestra of Southern Utah’s production of “Messiah” will be held on Sept. 28 in Thorley Hall, beginning at 6 p.m.

Please reserve a time by emailing or calling Emily at emilyosucedarcity@gmail.com, or calling 435-233-8213. A panel of three judges will select the soloists for the selected portions.

To see the desired works needed, check www.myosu.org under auditions.
Would you like to see your granddaughter's first ballet recital, take a “virtual visit” through Europe from your sofa, or chat with a distant childhood friend?

Lesle Dodge, Director of Skybridge…Pathways says these are but a few of the ways that “savvy seniors” can now enjoy access to real-time moments.

Since 2014, it’s become her personal mission to connect the elderly or caregivers with today’s techno-trends: Email, Facebook, and Skype-based innovations.

The company offers multiple “Pathways” for those who have an interest in computers and who want to explore new channels to connect with family or friends.

“We live in such a different world than 10 years ago,” Dodge said. “And this technology can provide instant ‘live’ interaction around the world.”

“"For seniors, they can now be part of family events, or visit the new grand-baby”

— Leslie Dodge, Skybridge

According to Dodge -- the elderly, their caregivers, and non-native people speaker--can be unaware of those options or how to access them.

“One of the first steps is to set up their first E-Mail or Gmail account,” she explained. “From there, clients can choose to learn some basics skills, or consider other features.”

Skybridge can also assist in setting up live video conversations.

“We can help them check in with a son or daughter who may live on the other side of the country,” Dodge said, “or coach them on how to send text messages to a friend.” She notes that a Skybridge “navigator” can be dispatched to the homebound. “For seniors, they can now be part of family events, or visit the new grand-baby.”

In addition, Skybridge navigators can assist at local senior care centers, long-term residential homes or in a

MARIAH DODGE, SUU STUDENT AND ‘NAVIGATOR,’ with 95 year-old Cedar City resident Renon Peterson at a weekly session. Clients can choose the location (at home, a library, park, school or restaurant) for convenient and flexible sessions.
**Cedar City Community Clinic**, 10 a.m. to 7 p.m., call (805) 790-1171 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

**Cedar City Community Clinic**, 5:30 p.m., council chambers

**American Sign Language II Class**, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskey at laskeylar6@gmail.com.

**Cedar City Library**

**Cedar City Community Clinic**, 8 a.m. to 7 p.m., Cedar City Senior Health Center, 245 W. Main St., Cedar City, for information call (877) 865-5890.

**Cedar City Community Clinic**, 8 a.m. to 7 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch, free, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskey at laskeylar6@gmail.com.

**The Kwon Do Class to Benefit the Canyon Creek Women’s Crisis Center**, 7:30 p.m., Community Presbyterian Church in Cedar City, $25 per person, ages 5 and older with any experience level, sign up at the Aquatic Center.

**Color Country winds community band rehearse**, 7:30 p.m., community Presbyterian Church in Cedar City, no audition, must be able to play a band instrument and mad music, we welcome "nasty” players who want to begin playing again.

**Immunitations/wic/ vital records**, 8 a.m. to 5 p.m., walk in, Southwest Utah Public Health Department, 260 E. D. Sargent Drive, Cedar City, for questions call 586-2437.

**Free lunch at a bread of life Soup kitchen**, 11:30 a.m. to 1 p.m., located at 2569 Freedom Drive between Rally Stop and the TowAide. Riders available at no charge, leaving the Main Street Pavilion by the library at 11:30 a.m. and returning to same location after the meal. Look for the Sonshine Christian Fellowship van.

**Color Country Pickleball**, 9:30 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information call (435) 586-6345.

**TopS (take off pounds sensibly) meetings**, lose weight without buying special foods, morning meeting in 9 a.m. with the meeting at 9:30 a.m., evening meeting in 6:30 a.m. meeting from 7 to 8 p.m. at the Cedar City Library in the Park. For more information, call Rhea Chours (morning meeting) at 586-3233 or Liz (evening meeting) at 867-4784.

**Domestic Violence Support Group**, 6-7:30 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. in Cedar City. For more information call (435) 867-9411.

**Alcoholic anonymous**, 8 to 9 p.m., Parowan United Methodist Church social hall, 190 N. Main St.

**Alcoholic anonymous**, 6 a.m. to 7 p.m., Arts & Meds, The Meeting Hall, 1067 S. Main, Cedar City. For more information call (877) 865-5890.

**All alcoholic anonymous just for today**, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For information call (877) 865-5890.

**Cedar City Community Clinic**, 8 a.m. to 5 p.m., call (877) 865-5890 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

**Win With Endurance**, Vernon Howard, “Persist in your inner search for something new and true. Don’t put up with pain anymore.” 6:05 minute video then casual discussion. 7 p.m., Cedar City Library in the Park (Rare Books Room). The library Club Call Mamy at 425-519-3333 for more information.

**American Sign Language in Class**, 6:30 to 8 p.m., Gateway Preparatory Academy, 201 Thoroughbred Way in Enoch. For more information call (435) 867-5558 ext. 113, or email instructor Larry Laskey at laskeylar6@gmail.com.

**Nami Bridges & Family to Family classes** (Free), 7 p.m., Southwest Behavioral Health Center, 245 East 680 South, Cedar City. To enroll, call Robert (435) 590-7949 or Rose (435) 590-0880.

**Cedar chest quilters’ guild**, 10 a.m., Cedar City Senior Centre, 715 W. Center St., Cedar City.

**Color country communicators**, Cedar City Toastmasters, 7 a.m., 48 W. University Blvd. Find your voice. Share your future. Be the leader and speaker you want to be. Immunizations/wic/vital records, 7:30 to 5 p.m. (walk in), Southwest Utah Public Health Dept., 260 E. D. Sargent Drive, Cedar City. Call 586-2437 with questions.

**Color country pickleball**, 9:30 a.m., Southern Utah Sports Academy, 494 N. 2150 West, Cedar City.

**Alcoholic anonymous**, 11 a.m. women’s meeting, meeting from the Heart AA, 6 p.m. at A4 Mills. The Meeting Hall, 1067 S. Main St., Cedar City. More info at (877) 865-5890.

**Alcoholic anonymous**, 8 p.m., The Meeting Hall, 1067 S. Main St., Cedar City. For more information call (435) 867-5558 ext. 113, or email instructor Larry Laskey at laskeylar6@gmail.com.

**DAWN**, 8 p.m., 1067 S. Main St., Cedar City. For information call (877) 865-5890.

**Community mindful meditation**, 4 p.m., St. Judes Episcopal Church, 89 North 200 West, Cedar City. This is facilitated by Amber Green. This is a guided meditation open to the public. It is non denominational and free to all looking for guidance in group meditation. Phone 435 590-4072 for more information.

**All alcohol anonymous** for today (for families of alcoholics), 7 p.m., the KCIC Meeting Hall, 1067 S. Main. More info at 435-531-1045.

**Narcotics anonymous**, 8 p.m., The Meeting Hall, 1067 S. Main, Cedar City. More info at (877) 865-5890.

**Water aerobic classes**, 8 a.m. to 9 a.m., pool side fun, uptempo workouts to up-tempo hits. The class is medium to high intensity and includes full body toning. Can be modified to any fitness level. Perfect for those with knee, hip or joint issues. Cost is $2 which includes pool admission. Free trial classes. More info from Allinson at 435-327-2091.

**Belly dance class in the point dance studio**, 6:30 p.m. to 7:30 p.m., Friday and Saturday. Enjoy a group of women and men enjoying belly dance in fun and fitness and love of belly dance. Just $15 a month. More details at https://www.facebook.com/bellydancezarifa/
Schools

NEWS Nuggets

Compiled by Le Ann Woolstenhulme
Iron County School District

East Elementary

After being rained out on their first attempt to observe mountain forest and wetland ecosystems, the fourth graders at East enjoyed a day at Wood’s Ranch on Sept. 18. They spent the morning working in learning stations that explored things like Fibonacci patterns and tree age estimation. They also used figurative and descriptive language to write about their experiences. A big thanks to all of the parent volunteers that helped make the day special!

Students are learning how to use Canvas: digital classroom that enhances student learning by coming from a love of learning and wanting to share that love with others. Her favorite quote is, “A day without laughter is a day wasted.” -Charlie Chaplin

Fiddlers Elementary

Fiddlers Elementary is teaming up for the Walk More In Four program with UDOT and the Student Neighborhood Access Program. Throughout the month of September, Fiddlers’ students were challenged to “Walk More” to school. This program encourages healthy lifestyles as well as provides education in bike and walk safety. Students who participate and submit their form will be eligible for prizes. Winners will be announced in October.

North Elementary

Cedar North Elementary reminds parents of our upcoming SEP week conferences. Your child’s teacher should be contacting you soon to set up an appointment with him/her during the week of Oct 2 - Oct. 6. Please be sure to come and meet with your child’s teacher! When home and school work together, great things happen in the life of a child!

Our PTA book fair will be happening that week, as well. Parents are also reminded that school will be dismissed at 2:25 EVERY day that week, including Wednesday. Kindergarten will meet: AMK- 8:55 to 10:55 and PMK- 12:25 to 2:25. Thank you for all your support!

South Elementary

South’s 4th graders had an adventure on Cedar Mountain this week. They are learning about different land zones, and had a lesson about the transition biome while at the water shed. At Navajo Lake they were able to eat lunch and study different plant life. They enjoyed observing frogs in their natural habitat. Also this week, Sue Okroy, from the Utah State Board of Education presented a literacy training session for parents and others interested in helping students improve their reading skills.

Enoch Elementary

This week at Enoch Elementary students are enjoying working on their new Chromebooks. Students are learning how to use Canvas: digital classroom that enhances student learning by keeping all their assignments and materials in one spot.

At Enoch Elementary, we would like to shine a spotlight on Mrs. Sherrin Rieff. Sherrin teaches fifth grade and adores her students. Her favorite food is pizza, especially from Pizza Factory. Her favorite color is green. She loves rock music, and has a fear of heights. To relax, Mrs. Rieff loves to curl up in a soft blanket with a good novel. She enjoys camping, hunting, fishing, and spending time outdoors with her family. She has been married for sixteen years, has three children, and two dogs. Mrs. Rieff’s inspiration for teaching comes from a love of learning and wanting to share that love with others. Her favorite quote is, “A day without laughter is a day wasted.” -Charlie Chaplin

Three Peaks Elementary

Three Peaks PTA will host our annual Move-A-Thon on Sept. 29 from 2-3 p.m. Please watch for the blue pledge sheet that was sent home with each child. 100 percent of the proceeds will be used for classroom supplies and equipment.

Three Peaks Elementary will hold SEP conferences Oct. 2-6. Teachers will send home appointment times for each student. Please make every effort to attend these important meetings so that parents and teachers can discuss valuable information about each student. The PTA will host a Scholastic Book Fair in the library, Oct. 2-6, during SEP week. Hours will be 11:45 a.m. to 2 p.m. and 2-5 p.m. (hours subject to change). All are welcome to attend.

Cedar Middle

CMS would like to welcome 12 new staff/teacher members at our school this year. We have Emily Piep-Chorus, Travis Wood-Science, Chelsea Robinson-Math, Madie Schmidt-Sped, Amelia Harris-Social Worker, Charley Walquist-7th LA, Jennifer Davis-6th, Kassidee Myers-6th, Marta Delgado-Dual Immersion, Rebecca Spencer-ASL/Music, Jill Maxwell-SPED, Keith Robinson-Counselor. We are halfway through the first term, and things are running smoothly! For those interested, we will be having picture retakes on the Sept 26.

LIVE LEARNING

Drama, Choir and some Instrumental students at Gateway Academy attended the Tuacahn production of “Newsies” this week to have a live performance experience. This opportunity lets students see first hand the importance of stage placements, props, timing, acting, singing, movement and very importantly concert etiquette. Attending live performances and plays is a big part in the arts curriculum and is invaluable to the students’ development as artists themselves.
Signs of Life

(Part 1)

The Rut

LESS TRAVELED

by Corey BAUMGARTNER

The signs of life are all around us. They tell us when to go, how to go, where to go and how long before we get there. From everyday signs and symbols come simple wisdom that can also help the journey of our lives be more enjoyable, not just endurable. When we obey them we usually arrive at our destinations safely, even if it’s not always as quickly as we’d like. Because there’s no doubt that we live in a fast-paced world. Stop signs are more often a quick pause and yellow traffic lights usually mean speed up to beat the red light, right? However, we can’t just race through life all the time or we will miss many good things that need contemplation more than just pausing.

Yes, we should slow down in school zones, construction zones, parking lots and any place where there are pedestrians. And there are plenty of annoying speed-bumps to quickly remind us to slow down. Slowing down and using caution is also advisable when we find ourselves in life’s construction zones—new jobs, new classes, marriage, having a family, etc. Regardless of the roads we travel, we must not let the pace of life, become a detour from things that will bring peace into life.

Once we find ourselves upon the highways of life the pace will quicken and we must proceed with added caution. Just because there are no longer stop signs or traffic lights to delay us that doesn’t mean we can be careless. We need to be sure we are buckled up and paying attention to speed, spacing, and other potentially distracted, drowsy, and speeding drivers around us. Accidents at high speeds can be disabling and deadly, not just cause frustrating fender-benders.

We can experience similar situations while traveling the roads of life. As we learn how to become better drivers we hopefully learn how to also be patient with others. We each have important destinations and sometimes we all get delayed and distracted. There are road closures, detours, traffic jams and sometimes we miss our exits, or find ourselves driving the wrong way on a one-way street. And when we realize we’re on the wrong road, make a timely U-turn, or take the next exit to get back on track. It’s unsafe and unsafe to keep going down a road that will not take us to our desired destinations or destiny.

Thus, we have to pay attention to the road signs and/or our GPS to make sure we’re heading in the right direction. Don’t be afraid to recalculate, pull over to check the map, or ask for directions. It’s better to be late than remain lost. When we do get lost, or realize that we are not in a safe place with safe people, look for the emergency exits and get out. There are some places we shouldn’t travel to, no matter how fun and inviting they appear to be.

coreybaumgartner@hotmail.com

Birth

Paul Ivo Arnold

Paul Ivo Arnold, son of Paul and Emily Arnold of Cedar City, was born on September 6, 2017 at 3:09 p.m. He weighed 7 lbs. 15 ozs. Welcome to the world baby Ivo! We are so happy you are a part of our family!!!

1st Birthday

Lette Marie Zobell

Our world full of FUN just turned ONE! Lette Marie Zobell is a perfect 10 to her parents, Coby and Kaylene and adored by her siblings Kysa, Hayden, Shelby, Easton, Nash, Ari and Vynn. She is spoiled by her grandpa, Ken Zobell, priceless to her grandparents, Ron and Shirlene Camp and loved dearly by Papa and Nana, Kevin and Becky Orton. Lette loves all foods, her puppy Packer, going up and down the stairs on her own and doing anything outside! We love you! Happy Birthday "Lette Bug!"

50th Anniversary

Bryan & Helen Sherwood

Bryan and Helen Sherwood will be honored for their 50th anniversary at a party on Saturday, Sept. 30, from 4 to 7 p.m. It will be held at Pavilion Park in Milford. Dress is casual, and the family requests no gifts.

Rent to Own

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SKYBRIDGE

Continued from page 15

home door – that is, the laptop, the I-pad, speakers and head phones. It’s all portable,” says Dodge of once a week, or more frequent sessions.

The concept at Skybridge extends to those who want the communication benefits but don’t want the detailed instruction.

“We find that some clients may be physically incapable of working on keyboards, and they want someone there to work with those services,” Dodge said. “We approach this as a personalized ‘how to’ of pathways.”

While the service began as a “pilot project” -- it has evolved into a full-service Cedar City hub.

“I’ve found that seniors, especially those living in assisted living facilities, so enjoy the experience of just receiving the printed Emails,” she said. “It’s one of those things that seniors miss most from their own past – so we can get them a mail delivery.”

In this new world of technology, Dodge said that savvy seniors can send and receive text messages, post messages, and enjoy photos moments on Facebook. If a senior has physical limitations, navigators can help with family research, or learn how to experience that trip they’ve always wanted to take.

For more information on Skybridge, go to their website, Skybridge1.com.

“It’s also a great time to record one’s life history,” Dodge said. “We know that seniors have all of this great life experience to share.”

While the elderly, infirm, or homebound can often isolated from the world outside their door – Dodge is hopeful about the pathways available.

“This is how families connect. So we try and open the door to that future with a ‘tech’ person in their corner.”

D9 Custom Cuts

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Religion

Fall revival planned at Mountain View Baptist

CEDAR CITY — Evangelist Jon Groves and his family will spearhead the 2nd annual Fall Revival at Mountain View Baptist Church in Cedar City. The Revival begins on Sunday, Oct. 1 and will run through Oct. 4. Jon Groves is an evangelist traveling across the United States holding special services geared towards reviving churches in individuals. He and his sons sing special music, and you can be assured of laughter as well as being stirred up from his preaching. Services on Oct. 1 will be at 10 am and 11 am., and that evening at 7 pm. From Oct. 2-4, an evening service will begin at 7 pm. Mountain View Baptist Church is located at 1160 South 860 West in Cedar City. Phone 435-865-1211 for more information or visit www.mvbaptistcedar.org.

SUMMER TIME REUNIONS

I was visiting with Dayne Gardner the other day after church at Brookdale and he mentioned how nice it was to have seen so many of his high school classmates  at their 60th Class Reunion, which was held recently. and told me of some of the things they talked about and what a good time everyone had. A few days later he brought me the following newsletter which I thoroughly enjoyed and thought it was worth sharing with you:

He was a widower and she a widow. They had known each other for a number of years having been high school classmate and having attended class reunions in the past without fail.

This 60th anniversary of their class the widower, and the widow, made a foursome with two other singles. They had a wonderful evening, their spirits high, with the widower throwing admiring glances across the table and the widow smiling coyly back at him.

Finally, during one dance, he picked up the courage to ask her, “Will you marry me?” After about 6 seconds of careful consideration, she answered, “Yes, Yes I will!”

Needless to say, the evening ended on a happy note for the widower. However the next morning he was troubled. Did she say “yes” or did she say “no”? “Why you silly man,” she replied, I said Yes. Yes, I will! And I meant it with all my heart!”

The widower was delighted. He felt his heart skip a beat. Then she continued, “And I’m so glad you called. For the life of me I couldn’t remember who asked me!”

My thanks to Dayne Gardner for sharing that with me. He had just gone to his 60th reunion and I really think this was just a funny item he gave to those who attended. Or was it? Or is it true Dayne?

I graduated from Hurricane High School in 1947! Can that have been 70 years ago? The last class reunion I went to was our 65th and wouldn’t you know we were all still handsome and beautiful and full of vim and vigor. Yeah right! But as I remember we did have a good time. Now I will end this column with Best Wishes and Love to my good friend here at Brookdale, Beverly Chandler. Beverly is leaving to go back to Bountiful to live with her sister, Nancy. A lot of you older Cedar residents may remember her as Beverly Clove. She was married to Tim Clove who had an electrical business here in Cedar, but died way too young. Their son Randy is currently married to Wendy Wood. Beverly’s grandson is also named Randy and is married to Lisa. They are living here in the valley.

Beverly is a delightful, gracious, refined, funny lady and I will miss her! We will all miss her! May only good things come your way Beverly and may God hold you always in ‘the hollow of His hand.’

Bye for now, Bernice

Around

THE CORNER

by Bernice REMBER

Columnist
Fifteen graduates of Southern Utah University (SUU) recently received their White Coat as a formal representation of the beginning of their journey as a medical student. These students are a part of the class of 2021 at Rocky Vista College of Osteopathic Medicine (RVUCOM) and represent both their Parker, Colorado, and new Ivins, Utah, campuses.

On July 21, 2017, six of these students celebrated the start of their journey to becoming physicians at the Colorado campus. These include Brandon Bealer (Cedar City, Utah), Colby Presley (Blythe, California), EJ Leavitt (Cedar City, Utah), Jaron Matsunaka (Hilo, Hawaii), Levi Myers (St. George, Utah) and Trystan Blake (Herriman, Utah). The RVUCOM-CO campus was founded in 2006 and currently hosts programs in osteopathic medicine, biomedical sciences, and physician assistant studies.

The new Southern Utah campus garnered the most SUU students, making them RVUCOM-SU’s forth undergraduate feeder school, with nine students enrolled in their inaugural class. Proud members include Jake Allinson (Goshen, Utah), Joann Durfee (Cedar City, Utah), Colson Healy (Provo, Utah), Haley Shumway (Lehi, Utah), Paydon Newman (St. George, Utah), Cody Patterson (Santa Clara, Utah), Chris Sauceda (Cedar City, Utah), Taylor Sirrine (Cedar City, Utah), and Jared Wilson (Richfield, Utah).

The Southern Utah White Coat Ceremony was held at the Tuacahn Center for the Arts in Ivins, Utah, on September 16. Keynote speaker Dr. Thomas Told explained how his vision for a medical school in Southern Utah has been a dream of his since he was a pre-medical student himself, seeking to become a rural family practice physician. Dr. Told said, “As a young boy, I promised myself I’d become a country doctor and return one day to help the small towns of Utah find and keep their doctors since so many students must leave the state to become physicians. ”

To emphasize RVUCOM’s dedication to rural medicine, Dr. Told had the class of 2021 stand up, and sit down based on various “rural prompts” related to their upbringing. The four students who remained standing at the end were from very small communities, and were tasked to share their passion for rural areas with their classmates over their next few years. This commitment to serving rural and underserved populations is evident in RVUCOM’s mission and choice of Ivins as a campus location.

During medical school, each student will complete didactic curriculum, clinical rotations, and a full residency in their area of specialty. The RVUCOM incoming classes consist of 135 students per campus and 55 percent of the Ivins students are from Utah. Classes are shared between the two campuses electronically, so faculty and curriculum are identical. RVUCOM boasts many accolades as an osteopathic medical school, including being ranked as the top innovator in medicine for 2014 by 5280 Magazine, ranked as one of the ten least expensive schools by US News & World Report, and designated as a Military Friendly School. More details can be found online at http://www.rvu.edu/.

All students were members of the SUU Rural Health Scholars Program, which provides additional services for students interested in careers in health care. This program is available at Southern Utah University, Dixie State University, Snow College, and Utah State University-Eastern in Price. Services assist students in becoming successful applicants to medical, nursing, pediatry, dental, pharmacy, and other health professions programs. Student applications are strengthened through a regimen of classes, seminars, community service, job shadowing, research and advisement. For more information about the Utah Center for Rural Health programs, contact Karen Ganss at 435-865-8660 or visit www.suu.edu/ahec.

FROM LEFT TO RIGHT: Joanna Durfee, Jared Wilson, Haley Shumway, Cody Patterson, Colson Healy, Taylor Sirrine, and Jake Allinson. Not pictured: Paydon Newman and Chris Sauceda.

FROM LEFT TO RIGHT: Trystan Blake, Brandon Bealer, EJ Leavitt, Jaron Matsunaka, Colby Presley, and Levi Myers.

Be the One who Saves Me!

If you have room in your heart to give an adoptable pet a safe and caring home, visit the Enoch City Shelter, 900 East Midvalley Road, or call Chris at 435-586-9445.

Adorable dogs and cats can also be adopted by visiting the Cedar City Animal Shelter, 1150 W. Kittyhawk Drive, or for adoption information call, 435-586-2960.
Tear down the fear factor of natural disasters

The news has been filled with detailed footage of people being evacuated from their homes, waiting in line for water and food or gasoline—these become in short supply when disasters are forecast. While other parts of the nation face hurricanes and tropical storms, Utahns have had a fair share of fires and flooding the past few months. Seeing others struggling on prime locations:

- **Water:** one gallon of water per person per day for at least three days, for drinking and sanitation
- **Food:** at least a three-day supply of non-perishable food
- **Battery-powered or hand crank radio** and a NOAA Weather Radio with tone alert
- **Flashlight**
- **First aid kit**
- **Extra batteries**
- **Whistle to signal for help**
- **Dust mask** to help filter contaminated air and plastic sheeting and Duck/duct tape to seal off windows and doors if sheltering in place
- **Moist towelettes, garbage bags, and plastic ties for personal sanitation**
- **Wrench or pliers** to turn off utilities (e.g. natural gas)
- **Manual can opener** for food
- **Local maps**
- **Cell phone with chargers and a backup battery**

Additional items that are also considered important but add size and weight to the kit may require one or more additional portable totes or back packs. Those items include pet supplies, changes of clothing, sleeping bags, cash, prescription medications and more. The complete list is found at the link above.

Now assembling a kit is not a one-time-only task; it requires regular maintenance. You may need to place a re-occurring date on the calendar to update and replenish the kit. Canned and packaged food will expire, batteries will lose power, and you may even think of things that need to be added or adapted to better suit your needs. For example, not everyone is crazy about nor can they eat dense energy bars.

Finally, the link also describes where to store your kits—namely in three prime locations:

- **Home:** Keep this kit in a designated place and have it ready in case you have to leave your home quickly. Make sure all family members know where the kit is kept—Families may also benefit from taping a list to the container top or storing in a pocket of the backpack a list of pre-determined additional valuables that can be located and loaded in 5-15 minutes to take with them if they have time, space and transportation available.
- **Work:** Be prepared to shelter at work for at least 24 hours. Your work kit should include food, water and other necessities like medicines, as well as comfortable walking shoes, stored in a “grab and go” case.
- **Vehicle:** In case you are stranded, keep a kit of emergency supplies. It can be simple and similar to your work kit but you may also benefit from some sort of shelter and source of warmth should you need to leave your car behind in route.

The key to facing potential disasters is preparedness—Yes, the suggestions for supplies listed here are important and can reduce the fear of being hungry, cold or even injured. However, also take courage in the power of the human spirit demonstrated time and again among our local neighbors, families and friends as well as people across the nation. Heroes are born from ordinary people who accomplish extraordinary things in the face of challenges. You may very well become a hero to your own family members— even strangers—and we never know how well we will rise above our circumstances until we are called upon to do so. Just remember, the human race of which you are a part is and will continue to be amazing.

Kathleen Riggs is the Utah State University Extension family and consumer sciences professor for Iron County. Questions or comments may be sent to kathleen.riggs@usu.edu or call 435-586-8132.

Kathy's CORNER

by Kathleen RIGGS
Utah State University Extension
Darryl Henry Little

Darryl Henry Little, 51, beloved husband, father, son, grandfather, brother, uncle, and dear friend left this life on September 18, 2017 in St George, UT.

Darryl was born November 23, 1965 in Cedar City, Utah to Edward Little and Antionette Johnston Little. He grew up in Cedar City, participating in Boy Scouts and Native American sports tournaments. He graduated from high school in 1983 and from Pima College, Arizona, where he studied building technology and construction management, later going on to work as a firefighter and an archaeologist.

Darryl was a member of the Cedar Band of Paruts, later in life becoming the tribe’s culture consultant. He was an animal lover and enjoyed spending time with his people, with his family roots in Arizona and Nevada. He married Sharon Brown Little on September 30, 2012.

Darryl was a Redkins fan, and enjoyed basketball, baseball, fishing, hunting, riding, snow tubing, working in the yard, listening to music, and spending time with family. He had his way of always finding the good in people, and believing in everything despite all that he had been through. He broke all stereotypes and lived his life according to his choices. He was self-sufficient and took care of everyone around him, encouraging them to also be independent. He always had the best advice, lived life one day at a time and never gave up, because he believed that life is beautiful and there is always hope.

He is survived by his wife, Sharon Little, children, Bryan Little, Meladee (Jason) Killpack, Chanter (Chris) Little, Ryhen Little, Ryan Jonsson, 1 grandchild, Bryan Edward Little Jr.; his mother, Anita Little; and sisters Christine Little, Francine Little, Michelle Little, Deana Little and Brenda Little; and many nieces and nephews, that he loved dearly. He is preceded in death by his son, Tyler Charles; father, Edward Little, sister, Pauline Little; and grandparents, Henry I. and Carrie K Zuniga, and Topah and Dorothy Little.

Funeral services were held at 1 p.m. on Saturday, September 23, 2017 at Southern Utah Mortuary (190 North 300 West, Cedar City, UT). A viewing was held Saturday, September 23, 2017 at Southern Utah Mortuary. Interment was in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent to www.sumortuary.com

Alice Olson

After a courageous seven-year battle with breast cancer, Alice (Ali) Donna Rorie Olson passed away peacefully on Saturday, September 16, 2017, in her home in Cedar City, UT.

Born in Baltimore, Maryland, on May 24, 1955, she graduated from Winona State University in 1975 and earned her Master's in Personnel and Organization in 1977. She married Christopher Carl Olson on August 20, 1994. They operated Hoot and Holler (Good Food for Your Dog), which she held dear and loved every day. She also took great pride in her culinary skills, and cooked for her family and friends, always having extraordinary food available at her home. She was a published author and enjoyed quilting and serving as the President of the Utah Valley Women's Quilting Guild.

Alice was a breast cancer survivor for many years. She was a devoted and loving wife, mother, grandmother and great grandmother. She was greatly missed.

Funeral services were held on Saturday, September 17, 2017 at 11 a.m. at the Edgemont 11th Ward chapel located at 3050 Mojave Lane. Interment was at the East Lawn Memorial Cemetery. Condolences can be expressed at www.bergmortuary.com

Lawrence Meadows

Lawrence Ronald Meadows, age 80, quietly passed away on October 26, 2017. A Celebration of his life was held on Saturday, September 23, at the Cedar City Stake Center, 725 South 11th Street, under the direction of Affordable Funeral Services. Online condolences can be sent to be remembered by everyone he met as a gentle and fair man who lived his life to please others and to please his Father in Heaven.

He was a devoted member of the Church of Jesus Christ of Latter-day Saints, serving for many years in various callings including as a Primary teacher for many years.

He was a devoted husband, father, son, grandfather, brother, uncle, and dear friend left this life on September 18, 2017 in St George, UT.

He is survived by his wife, Sharon Little, children, Bryan Little, Meladee (Jason) Killpack, Chanter (Chris) Little, Ryhen Little, Ryan Jonsson, 1 grandchild, Bryan Edward Little Jr.; his mother, Anita Little; and sisters Christine Little, Francine Little, Michelle Little, Deana Little and Brenda Little; and many nieces and nephews, that he loved dearly. He is preceded in death by his son, Tyler Charles; father, Edward Little, sister, Pauline Little; and grandparents, Henry I. and Carrie K Zuniga, and Topah and Dorothy Little.

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Karen Jane Floyd Parkinson

Karen Jane Floyd Parkinson returned to her father in Heaven on September 13, 2017 at the age of 83. She passed at home in the company of her many children and of many of her grandchildren.

She was born on March 17, 1934 in Cedar City, Utah to Glenwood Sandin and Mamie Maywell Parkinson, and raised in the same home in Cedar City.

She graduated from Brigham Young University and began working for Mountain Fuel Supply Company as a Home Economist.

She was sealed to her eternal companion, Raymond Bramwell Parkinson, April 12, 1957 in the Salt Lake Temple.

She was a loving wife, mother, grandmother, and great grandmother. She was loved by her family and friends for her sense of humor, her kindness, and her love for others.

Karen was always the Lord and her family first in her life. She had a strong testimony of the Gospel and served in many church capacities including Young Women's President twice, Stake Primary Counselor, Primary President, Relief Society President, and Ward Organist. She was a dedicated and loving wife, mother, grandmother, and great grandmother. She was greatly missed.

Funeral services were held on September 15, 2017 at 11 a.m. at the Edgemont 11th Ward chapel located at 3050 Mojave Lane. Interment was at the East Lawn Memorial Cemetery. Condolences can be expressed at www.bergmortuary.com

Noehren Robert Eggett

Noehren Robert Eggett passed away peacefully on the early morning of September 20, 2017. Dad had a good life, which was full of wonderful people, beautiful places, and many good times. Dad will be missed by all who knew him.

He was an active member of the Church of Jesus Christ of Latter-day Saints, serving in many callings including as a Primary teacher for many years.

He was a devoted husband, father, son, grandfather, brother, uncle, and dear friend left this life on September 18, 2017 in St George, UT.

He is survived by his wife, Sharon Little, children, Bryan Little, Meladee (Jason) Killpack, Chanter (Chris) Little, Ryhen Little, Ryan Jonsson, 1 grandchild, Bryan Edward Little Jr.; his mother, Anita Little; and sisters Christine Little, Francine Little, Michelle Little, Deana Little and Brenda Little; and many nieces and nephews, that he loved dearly. He is preceded in death by his son, Tyler Charles; father, Edward Little, sister, Pauline Little; and grandparents, Henry I. and Carrie K Zuniga, and Topah and Dorothy Little.

Funeral services were held at 1 p.m. on Saturday, September 23, 2017 at Southern Utah Mortuary (190 North 300 West, Cedar City, UT). A viewing was held Saturday, September 23, 2017 at Southern Utah Mortuary. Interment was in the Cedar City Cemetery under the direction of Southern Utah Mortuary. Online condolences can be sent to www.sumortuary.com

Alexia Mansour Jr.

Alexia Mansour, Jr, 86, quietly passed away peacefully in the early morning of September 20, 2017. Dad had a good life, which was full of wonderful people, beautiful places, and many good times. Dad will be missed by all who knew him.

He was a devoted husband and father to all, and an incredible example – Noehren, affectionately known as ‘Dox’, was playing night games with his friends when he was hit by a car and pronounced brain dead the following morning. Sunday, September 17, 2017, his family asked his organs to be donated to save three others. They are being donated to help three others live and help many others improve their quality of life, he has helped the family reach his goal.

He was known for his love and family. He was a devoted husband and father to all, and an incredible example – Noehren, affectionately known as ‘Dox’, was playing night games with his friends when he was hit by a car and pronounced brain dead the following morning. Sunday, September 17, 2017, his family asked his organs to be donated to save three others. They are being donated to help three others live and help many others improve their quality of life, he has helped the family reach his goal.

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**Redmen overcome penalties, hold off Tigers in Hurricane**

by Tom ZULEWSKI
Iron County Today

Hurricane — Despite its best efforts, the Cedar Redmen were seeing a chance at a win slipping away. Multiple penalties at the worst possible times weren’t helping as the clock ticked down.

When Ethan Boettcher picked off an Adam Heyrend pass, order was finally restored.

Boettcher came up with the interception with 20 seconds remaining to secure Cedar’s 14-8 road victory over the Hurricane, spoiling the Tigers’ Homecoming game Sept. 22.

Cedar improved to 2-1 in Region 9 and 3-3 overall, but it wasn’t easy thanks largely to a sea of yellow penalty flags that littered the turf throughout.

One call wiped out a Redmen touchdown in the second half, and another took away a big gain that put them inside the Hurricane 10-yard line.

“It’s just a matter of us being more disciplined,” Cedar head coach Josh Bennett said. “I’m proud of how our kids fought, and the defensive effort was outstanding.

Offensively, our execution was much better, but we’ve just got to cut out the penalties.”

Hurricane (1-2, 2-4) broke up Cedar’s shutout bid when Jaron Cordova scored on an 11-yard touchdown in the second half, and another took away a big gain that put them inside the Hurricane 10-yard line.

“The Tigers’ onside kick and fumble recovery of the game at 56 seconds left in the game. When Ethan Boettcher came up with the interception with 2:42 left.

The Cedar defense forced four turnovers, and a Tayvien Brown interception with 2:42 to play in the first half led directly to a key touchdown. Brown caught a 26-yard pass from quarterback Jaxon Garrett on third-and-20 to keep the 70-yard drive alive, then Garrett connected with Luke Maggio from 9 yards out with 10 seconds left to give the Parowan Rams have outscored the opposition 149-0. They

**RUNNIN’ PAST REBELS**

Rams rout Rich Rebels on road

by Tom ZULEWSKI
Iron County Today

The Parowan Rams have proven two big things so far under new head coach Carter Miller. When the offense is on, the Rams have been a dangerous team. Combined with a stellar defense, Parowan continued its serious roll through 1A non-region play Sept. 22.

Senior Porter Miller scored three rushing touchdowns, and the Rams rolled to their fourth shutout win of the season, a 26-0 blanking over the Rich Rebels. Parowan compiled its third road shutout and improved to 4-1 on the season with one non-region game remaining.

Ethan Guymon got the scoring started for Parowan with a 43-yard touchdown run in the opening quarter. Miller followed up later in the period with a 40-yard run of his own that stretched the Rams’ lead to 14-0 over the Rebels (1-4). Miller would complete his touchdown trio with a 42-yard run in the second quarter and added a 26-yard run in the fourth that finished off the scoring.

Parowan will play at home this week for just the second time this season as they welcome Wayne to Alma Richards Stadium on Friday for a 7 p.m. kickoff.

In its four wins, the Rams have outscored the opposition 199-0. They lead all of the 1A teams in scoring with 212 points, an average of over 42 per game.

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**Scores & Recaps from Competition in Iron County**

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<tr>
<th>Parowan</th>
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**First Quarter**
- P – Guymon 43 run (Bassett kick)
- P – Miller 40 run (Bassett kick)

**Second Quarter**
- P – Miller 42 run (kick failed)

**Fourth Quarter**
- P – Miller 21 run (kick failed)

Redmen a 14-0 lead heading to the break.

After a punt backed Hurricane up to its own 2-yard line early in the fourth quarter, Cedar came up with its second fumble recovery of the game at the Tiger 30. A personal foul stopped the momentum and Zane Montgomery missed a 40-yard field goal with 5:37 left.

Trenton Maurer helped Cedar strike first in the second quarter when he found the end zone on a 9-yard touchdown. Maurer had 37 yards on three carries in the 77-yard drive as the Redmen took a 6-0 lead.
The Heart of an Archer: Ed Eliason

by Dawn AERTS
Iron County Today

NEW HARMONY — Yes, it’s a skill that humans have engaged in through the ages -- first as a way to defend oneself or to hunt for food, and in modern times, as a prestigious sport introduced for the first time into the U.S. Olympics program back in 1972.

That was the year that “Ed” Eliason earned his rank as one of the best archers in the world, traveling with the 1972 U.S. Archery Team to compete at the Summer Olympic Games in Munich. For Eliason, it was also the year that a group of Palestinian terrorists (Black September) stormed the huge Olympic Village, took nine Israeli athletes hostage, with the incident ending in a deadly shoot-out at Munich Airport.

“Some would say that this tragedy marred those 1972 Summer Games,” said Eliason of his many experiences and passion for archery. “But there were also numerous moments of spectacular athletic achievements, which many Americans will never forget.”

It was that year that American swimmer Mark Spitz won seven gold medals and one Russian teenager, Olga Korbut, earned two “dramatic” gold medals. And it is that kind of positive attitude and can do personality that Eliason says propelled him to achieve in the memorable moments of life and competition.

While archery hasn’t always been a popular sport in the U.S. or elsewhere, says Eliason, it continues to be a sport that he finds both challenging and personally motivating.

“I guess this really started with my grandmother, who worked hard all of her life, but who had that positive ‘can do’ spirit,” says Eliason of his family’s Norwegian roots.

“And this is the kind of encouragement you need to succeed in any sport.”

Eliason grew up near Puget Sound in Washington state, played football and basketball in high school, and eventually attended Western Washington University on a music scholarship. “I actually studied to become a music teacher,” says Eliason of his early interest in playing the trumpet with the high school band. But in 1961, all that changed, when he enlisted into the U.S. Army and pursued his calling with the elite Green Berets.

He says it was only after he left the military and returned to Washington that he picked up a hobby that grabbed his focus and ambition.

“I have to admit it became much more than a hobby,” says Eliason, who evolved into one of the best archers on record who reached the U.S. Olympic Games (1972) as well as competing in the 1983, 1991 and 1995 Pan American Games, winning 10 total medals, six of them golds.

Eliason is well known for offering up impromptu archery introductions in his New Harmony backyard and his efforts in developing introductory archery classes at SUU and at local high schools and an Archery Club. “I’ve been told that

ED ELIASON SHARES HIS LOVE OF ARCHERY with students at SUU and in the community.

“Some new archers may…have good form… but what really counts (in this sport), is what is going on inside the athlete”

— Ed Eliason

in their life – the first thing I think about in the morning is that bow, experimenting, testing, approach, mind-set. It’s still that kind of thrill, and that kind of focus hasn’t swayed for over 50 years,” Eliason said.

Eliason admits that his early interests in music and teaching have following him into the field of archery. He and a handful of others have focused their efforts on providing and expanding archery opportunities in high schools, through the Archery Club as well as by offering Introductory Archery classes to sophomores and seniors.

“Archery teaches you to stand tall in the competition that’s ahead of you, to really focus on the conditions and the situations that you find yourself in,” Eliason said.

According to archery experts, the process of becoming and achieving success in any sport requires good physical condition, correct eating patterns, to have the right equipment, to develop a strong and formidable state of mind.

“I have a daily log book I follow, and an archer works on his skill and stance and discipline every day,” said Eliason with a smile, “I call it ‘going to the Gauntlet’ and standing tall.”
Lady Reds shake off rough start, edge Canyon View

**by Tom ZULEWSKI**
Iron County Today

In the department of unusual beginnings, the Cedar Lady Reds found themselves in an early two-goal hole against their cross-town rival within the first five minutes.

Over the course of the next 20 minutes, Logann Laws and Rachael Hunt helped put the pieces back together as the Lady Reds earned another win.

Laws and Hunt each scored twice in the opening half, and Cedar had to hold on in the second half to come away with a 4-3 victory over the Canyon View Falcones on Sept. 19. The Lady Reds won for the sixth time in the last eight matches and stayed within one point of Dixie with three games left to play.

“Canyon View did a good job executing their game plan. We just didn’t play the extra 40 minutes,” Cedar head coach Scott Kamachi said. “Our players were cruising down the stretch.”

The Falcons got out in front early when Cedar was whistled for a handball in the box as Mia Smith converted the penalty kick. With the wind blowing strong, CV keeper Jessica Hinck scored for the second time this season (Piine View) as her long kick took one big bounce over the head of keeper Megan Crites and settled into the net for the early 2-0 lead.

After Cedar’s offensive surge put them back in front 4-2 at the half, Canyon View answered in the 45th minute when Tylee Bulloch crossed a shot from the right side past Crites into the top left corner of the net to cut the deficit back to one. “This is the third game where we dominated the first half, but just couldn’t build on the lead or take the game away,” Kamachi said. “We know we can score goals, but we’ve got to make sure we continue to score. We feel like we have a good chance as long as we play a whole 80-minute game.”

Canyon View head coach Mark Comstock came away pleased with his team’s overall effort in spite of the loss. “It’s about a full 80 minutes, and where we played tough for 70 minutes,” he said. “We gave them opportunities in those 10 minutes, and you just can’t let down. Cedar’s a good enough team where if you let them in it, their speed makes a difference.”

Laws kept up her scoring spree two days later for Cedar as she put all of the goals in the net in the Lady Reds’ 4-0 shutout over Snow Canyon that pulled them into a tie for second place in Region 9 at 6-3-0. The freshman scored once in the first half, three times in the second, and has eight goals in Cedar’s last three games.

Canyon View couldn’t give Cedar any help as they dropped a 3-1 decision at home to Dixie in their other game of the week. Maddie Comstock had the lone goal for the Falcons in the loss. Up in Parowan, the Rams played to a 3-3 tie with Beaver in the showdown for first place in the 2A South standings Sept. 19. Parowan led 2-1 at the half, but the Beavers flipped the mirror around in their favor over the final 40 minutes.

Vanessa Lozano scored twice and Aubrey Pickett had the other goal for the Rams.

Two days later, Pickett scored four times as the Rams did all of its offensive work in the first half and routed winless North Sevier by a 9-0 count to improve to 4-0-1 in 2A South play. Lauren Logan added two goals for Parowan in the victory.
The good, the bad, and the downright unusual

In the search for a few good column topics this week, the research office didn’t have to travel very far. Cedar earned a road football win that wasn’t easy, and the girls soccer team has a freshman who’s turned into a scoring powerhouse.

Canyon View football is still working out the bugs in the system under new head coach Skyler Miller, and Parowan is continuing to dominate under Carter Miller.

In no particular order, here’s how the world turned in our hometown.

» Cedar’s 14-8 road win at Hurricane on Sept. 22 could have easily had a lot more points, but the offense kept shooting itself in the foot time and again with too many ill-timed penalties.

Exhibit A: With the Redmen leading 6-0 late in the second quarter, Tayvien Brown came up with an interception that killed a Tigers drive. A holding call pushed them back, but Brown caught a 26-yard pass on third-and-20 that kept the drive alive.

Jaxon Garrett threw a 9-yard scoring pass to Luke Maggio with 10 seconds left, and the two-point conversion pushed the Cedar lead to 14-0 at the intermission.

It would prove to be a valuable score.

Exhibit B: In the third quarter, Cedar had a touchdown and a long gain to inside the Hurricane 10-yard line called back on penalties. The defense continued to do the work to keep the Tigers off the scoreboard.

Exhibit C: In the fourth quarter, the Redmen had a chance to put the game away after Hurricane broke the shutout on a Jaron Cordova touchdown. A holding call pushed them back, but they were forced to punt.

Even with the end zone 85 yards away for Hurricane with no timeouts and only 1:15 showing on the clock, Cedar was hurt by two more penalties that gave the home team 30 free yards.

But after a holding call went against Hurricane, Ethan Boetcher stopped the insanity with a victory-saving interception and the Redmen improved to 2-1, only a half-game behind Dixie for second place in Region 9 play.

» In the stat of the day, the Canyon View girls soccer team has a freshman who’s made serious noise in the 1A ranks. They’re 4-1 and all four wins have been by shutout. They haven’t allowed a point since giving up a touchdown on the kickoff to start the second half at Millard on Aug. 25.

Parowan is on top of 1A in points scored (212) and fewest points allowed (14). The No. 2 team in both categories is fellow 1A South member Milford, who has scored 187 and allowed just 42.

As long as things hold, the two teams could be facing each other at Milford in the regular-season finale Oct. 19. With the No. 1 seed in the playoffs at stake.

» No pressure: Cedar freshman Logann Laws had managed to score one goal very early in the Region 9 season. Over the course of the last three games – wins over Dixie, Canyon View and Snow Canyon – Laws has produced eight goals, with the most impressive performance coming in a 4-0 shutout over the Warriors on Sept. 21.

The goals haven’t been the most artistic, but they’ve found their way into the net. One such goal came in the Lady Reds’ 4-1 win at Dixie on Sept. 12.

Laws found herself open to the right of the Flyer goal, came in the Lady Reds’ 4-1 win at Dixie on Sept. 12.

The goals haven’t been the most artistic, but they’ve found their way into the net. One such goal came in the Lady Reds’ 4-1 win at Dixie on Sept. 12. Laws found herself open to the right of the Flyer goal, but her shot took a looping path toward the far post before clanking off and settling in the twine.

Laws’ surge is living proof even finger paintings can produce results any team will love.

Follow Tom Zulewski on Twitter @TommyZee81 or emailominator19@yahoo.com.

A look back: Getting close to Williamsport

In August 1955, the Cedar City Little League All Star team came within one game of going to the baseball Little League World Series in Williamsport, Pa. The team won the District Tournament in Cedar City, and the Intermountain Sectional Tournament in Salt Lake City to qualify for the Western Regional Tournament in Santa Monica, Calif.

It was a big deal for the people in Southern Utah. The team boarded the train at Lund and traveled to Los Angeles in the company of Bill Coltrin, sports writer for the Sal Lake Tribune who chronicled the tournament for the people in Utah. The team spent the week playing baseball and enjoying some of the sights of Los Angeles (including a flight in the Good Year Blimp).

Cedar City defeated Visalia, California and Vancouver, British Columbia, to qualify for the championship game against San Diego – the winner going to Williamsport.

Cedar lost the championship game and missed the World Series.

To my knowledge, no other Little League team in Southern Utah has come that close to going to the Little League World Series.
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DEADLINE TO PLACE ADS IS FRIDAY AT NOON

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Comics & Puzzles
Wednesday, September 27, 2017

Amber Waves
by Dave T. Phipps

OK THE BILLS ARE PAID AND THE CHORES ARE DONE.
THE KITCHEN IS CLEAN AND THE LAUNDRY IS FOLDED.
KIDS ARE ASLEEP, DO YOU WANT TAKE ADVANTAGE OF THIS OPPORTUNITY?

ZZZZ
ZZZZ

ACROSS
1. Jail, aboard ship
5. Altar affirmative
8. Mediocre
12. Ireland
13. Upper limit
14. One-liner, often
15. Strews about
17. Language of Pakistan
18. Light brown
19. Chapeau
20. Diamond corners
21. Gender
22. Humor
23. Range
26. Plant
30. October stone
31. Half a dozen
32. Sea eagle
33. Seeming contradiction
35. Magnificent
36. Ultra-formal wear
37. "Absolutely"
38. Malice
41. Sawbuck
42. Scalding
45. Speck
46. Breaks into smitherens
48. Addict
49. Listener
50. Neighborhood

DOWN
1. Tops
2. Costa –
3. Persia, now
4. Obtain
5. Glacier climber’s tool
6. Pub missile
7. Chances, for short
8. Illegal occupants
9. Yours and

51. Jewels
52. Reaction to a
53. Indigent
54. Foreskin
55. Musical number
56. You
57. Pen name?
58. Spills everywhere
59. Candle material
60. Thing
61. Comparison word
62. Medal earner
63. Sandwich cookie
64. Despot
65. Red or Black
66. Nevertheless
67. 100
68. 150
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91. 1300
92. 1350
93. 1400
94. 1450
95. 1500
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98. 1650
99. 1700
100. 1750

The Spats
by Jeff Pickering

You’ve been sitting in that chair doing nothing all day.

Some people live their lives in the fast lane.

I prefer to live mine in the parking lot.

Weekly SUDOKU
by Linda Thistle

HOCUS-FOCUS
by Henry Boltinoff

Place a number in the empty boxes in such a way that each row, across, each column down and each small 3-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK:

HAT: Moderate
HCD: Challenging
HHHD: Hoo Boy!

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Trivia Test
by Fifi Rodriguez

1. ANATOMY: Where is the muscle called latissimus dorsi located in the human body?
2. GENERAL KNOWLEDGE: When did the last Ice Age end?
3. RELIGION: What do the Four Horsemen of the Apocalypse represent in the Book of Revelation?
4. GAMES: What color of clothing does Princess Peach wear in the Mario Brothers video games?
5. GEOGRAPHY: What business is London’s Fleet Street associated with?
6. U.S. STATES: Which state’s official song is “Yankee Doodle”?
7. TELEVISION: What comedy show introduced the McKenzie Brothers?
8. MUSIC: How many characters were represented in the Village People disco group?
9. LITERATURE: How does the following proverb end: “Beggars can’t...
10. HISTORY: What kind of plane did Charles Lindbergh fly across the Atlantic Ocean in 1927?

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