INSIDE: ‘BEST OF CEDAR CITY’ AWARD WINNERS

Wednesday, December 14, 2016

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EXPERIENCED WRITER WANTED

Iron County Today, Utah’s largest circulation weekly newspaper, is seeking an experienced writer to join our staff. The right candidate will have a passion for newspapers and their important role in society.

Responsibilities Will Include:
• Handling assignments from our Managing Editor
• Attending meetings as assigned on behalf of Iron County Today
• Meeting deadlines on a weekly basis as given by the editor

Requirements:
• Previous writing experience in a newspaper setting, including coverage of government and law enforcement
• Strong ability to write concisely and clearly, with proper spelling and grammar
• Attention to detail
• Ability to work some nights and/or weekend assignments as needed
• Ability to shoot photographs as needed
• Access to email

Training will be provided, but experienced journalists are preferred.

Position could range in hours from 20-30 a week or more, depending on qualifications and need.

If interested, please submit a resume and one or two writing samples to:
news@ironcountytoday.com
Subject line: Experienced Writer Position

IRON COUNTY today

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CEDAR CITY 435.586.4400
One in five Utahns has property awaiting to be reclaimed

by Tom HARALDSEN
Iron County Today

For years, the office of Utah State Treasurer has made efforts to help state residents reclaim funds and properties from the Utah Division of Unclaimed Property. This year, for the first time ever, Treasurer David Damschen and his staff have broken down those unclaimed items by county.

Here’s the good news for Iron County residents—there is $2,672,786 in unclaimed funds or properties involving 6,412 residents—an average of $417 per claim. Statewide, one in five Utahns has property awaiting to be reclaimed.

The Division currently holds over $375 million in funds and properties awaiting reclaim from rightful owners or their descendants. Seventy five per cent of these properties were reported to the state with outdated or incomplete last known addresses.

“This is one of my favorite jobs as state treasurer, because it’s a bit like playing Santa Claus,” Damschen said.
CEDAR CITY — After two months of nominations and voting by the community, the Cedar City Chamber of Commerce has announced the winners of the 67th annual “Best of Cedar City” awards. Winners will receive their awards and recognition at a gala on Thursday, Jan. 19, 2017 in the Sharwan Smith Student Center Ballroom at Southern Utah University.

There are 12 different Best of Cedar City awards that honor community members and businesses nominated for encouraging and promoting a positive and vital economy, and preserving those unique qualities that make the Cedar City area a very special place to live, work, and visit. A lot of the time, people do things to better our community without getting this recognition, and this is our chance to recognize them. These awards give us a chance to identify those in the community who make Cedar City what it is today. Community members are invited to attend the gala and celebrate award winners. This year’s gala festivities will include prime rib dinner, “The Magic of Cedar City” themed décor and entertainment by world-class magician-comedian Eric Buss. Tickets are on sale now, $50 a person, and can be purchased online at www.cedarcitychamber.org, or by calling (435) 586 – 4484. Seating is 10 guests per table.

This will be the 67th annual “Best of Cedar City” awards gala. Past winners include Mayor Maile Wilson, Fred Adams, The Pizza Cart, the Utah Shakespeare Festival, Mindy Benson and the Iron County Care and Share.
Below are bookings as reported by the Iron County Sheriff’s Department and Cedar City Police Department. Those arrested are innocent until proven guilty.

**Dec. 5**
- Jerry Azule, Cedar City  
  Intoxication
- Tanner P. Giles, Cedar City  
  Possession stolen credit cards, forgery, theft
- Danielle Greuber, Cedar City  
  Retail Theft
- Laci J. Hiner, Cedar City  
  Retail Theft
- Christopher Taylor, Cedar City  
  Theft

**Dec. 6**
- Thomas M. Anderson, Concord, Calif.  
  Criminal Trespass, Disorderly Conduct
- Juwan T. Begay, Cedar City  
  Consume Alcohol by Minor
- Heather A. Baird, Cedar City  
  Probation Violation
- Erika M. Woolsey, Cedar City  
  Assault
- Kathryn J. Cook, Cedar City  
  Retail Theft
- William E. Elias, Cedar City  
  Aggravated Assault
- Antwaun B. Gaye, Las Vegas  
  Retail Theft
- Cody E. Ness, Cedar City  
  Intoxication

**Dec. 7**
- Jon Paxman, St. George  
  Federal Contract Prisoner
- Herman Ramirez, Surprise, Ariz.  
  Federal Contract Prisoner
- Glen D. Smith, Hurricane  
  Federal Contract Prisoner
- Andrew A. Swartz, La Verkin  
  Federal Contract Prisoner
- Garrett H. Terrill, St. George  
  Federal Contract Prisoner

**Dec. 8**
- Richard A. Fowler, Jr.  
  DUI, Unsafe Lane Change, Expired License
- Edmund S. Nieberger, Kearns  
  Controlled Substance
- Taylor J. Schurtz, American Fork  
  Drug Paraphernalia, Possession, FTA Warrant
- Nathan Smith, St. George  
  Federal Contract Prisoner
- Joshua K. Hoyt, Cedar City  
  Retail Theft
- Brian E. Mock, Cedar City  
  Retail Theft
- Daniel Hall, St. George  
  Intoxication, Assault, Domestic Violence in Presence of Child
- Cipirino J. Orenelas, Cedar City  
  Consume Alcohol by Minor, FTA Warrant
- Agustin Perez, Cedar City  
  Driving on Suspended License

**Dec. 9**
- Madalyn R. Baran, Cedar City  
  Consume Alcohol by Minor
- Aaron Begay, Cedar City  
  Intoxication, False Report to Police
- Kory D. McGhie, Cedar City  
  Possession, Retail Theft
- Kealy N. Whitliden, Cedar City  
  Consume Alcohol by Minor
- Latina M. Helritz, Cedar City  
  Probation/Parole Violation, Possession, Weapon Charges
- Donald R. Waﬄe, Jr., Cedar City  
  Drug Court Violation

**Dec. 10**
- William J. English II, Los Alamitos, Calif.  
  Intoxication, Disorderly Conduct
- Brittany D. Jensen, Cedar City  
  Obstructing Justice
- James F. McBride, Cedar City  
  Assault
- Destry J. Fain, Cedar City  
  Open Container

**SUU class project estimates financial benefit of a new animal shelter to be about $6 million**

By Kelsey KEENER  
Iron County Today

**CEDAR CITY —** A student from a Southern Utah University class presented a cost benefit analysis for a proposed animal shelter to the Cedar City Council on Dec. 7. The city has been thinking about building a new animal shelter, and Professor Joe Baker’s public finance class took on the project of developing a financial analysis for the project.

Baker explained that the class deals with the allocation of government resources and cost benefit analysis is a tool used to analyze public projects and determine if they will improve the city.

Jackson Rhoton delivered the presentation to the city council and gave an overview of what the class put together. Rhoton’s presentation covered things like results from surveys the class did, the cost for building the new shelter and the financial benefits.

The class determined through the cost benefit analysis that the financial benefit of a new animal shelter would be about $6 million, outweighing the costs, and that the greatest benefit to the city would be the reduction of overcrowding in the city’s current animal shelter.

After Rhoton finished the presentation, Baker said a few words to the councilmembers.

“I’m very proud of the class and a lot of the ideas and the unique solutions that came to the problems we faced during the semester were from the class,” he said. “It’s given my class real world experience in actually working with data and actual problems.”

Chief Adams of the Cedar City Police Department also expressed his gratitude for the class’s efforts.

“I just wanted to thank Mr. Rhoton and Professor Baker for all your work, it’s very much appreciated,” Adams said.

**VAPOR SHOP**

Continued from page 1

to do, we haven’t seen it, or we would like to be reconsidered where we’re at,” Chlutt said. “We would like to at least be able to finish out our lease.”

Chlutt also said he doesn’t know what other options he has and that all of his resources have been put into this business.

The difficulty the council faced in responding to Chlutt was that the regulations in place are from state statute, so the council can’t change them.

“(The 600 foot distance requirement) is a state statute so that’s out of our purview to even discuss,” Councilman Fred Rowley said.

After much discussion and clarification, it was determined that Chlutt’s only options are to take the word “vapor” out of the name of his business and keep the profit from tobacco products under 35 percent or to find a location that meets the separation requirements.
Opinion

Electoral college allows candidates to ignore voters

In political circles, there is much talk about elections reflecting “the will of the people.” Yes, we are examining the Electoral College which opponents label outdated and supporters laud as vital to small-population states.

Both views have merit. Hillary Clinton won the popular vote by some two million votes last month, yet some 70,000 votes from three states (Michigan, Pennsylvania, and Wisconsin) gave the presidency to Donald Trump. Only four years ago, Trump issued a Twitter post calling the Electoral College a “disaster for democracy,” but I figure he has a different view today as he orders new blinds for the White House.

I agree that the Electoral College needs to be replaced, though not always for the same reasons opponents are arguing. The need for “one person, one vote” is not enough to cart it away to the trash heap of history, since individual states have erected different barriers on voting availability, both Democrats and Republican-leaning states could create mischief to expand or limit voter turnout.

Neither do I agree with the supporters of the Electoral College when they argue that the popular vote would allow the populated East Coast and West Coast urban areas to determine the entire election. Sure, the Democrats would climb back with conservative votes from Dallas and Houston.

For me, the biggest problem with the Electoral College is that it allows candidates to overlook and disregard the views of a large swath of people. Since a Republican is not going to win the hearts in San Francisco, it is silly to spend any time or even consider the men or women in New York City and Los Angeles; however, Republicans would climb back with conservative votes from Dallas and Houston.

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Op-Ed: Beware of actions of ‘Equality Utah’

On Oct. 21, 2016, an organization by the name of “Equality Utah” filed a lawsuit in the federal district court in which the defendants are the Utah State Board of Education, the State Superintendent of Public Education, the county board of education for Cache County, and the district boards of education for the Jordan and Weber School Districts.

The allegations in the lawsuit contend that Utah’s laws prohibiting the promotion of homosexuality, transgenderism, and similar variations of sexual conduct within the classroom cause students from homes that support such lifestyles to be the victims of “bullying and harassment.” The lawsuit also contends that the denial by the schools of applications by students to organize clubs in the school that advocate homosexuality, transgenderism, and similar sexual orientations are discriminatory and unconstitutional.

The ultimate outcome of this lawsuit will have enormous repercussions for the majority of families in Utah that have children in the public schools. If the “Equality Utah” lawsuit succeeds, every reference in the state statutes regarding the teaching of homosexuality, lesbianism, bisexual and transgenderism (LGBT) will be turned upside down. What is now restricted will in fact become mandated as a part of the curriculum in all of Utah’s public schools, from Kindergarten to 12th grade.

The “Equality Utah” lawsuit has obviously been many months in the making. The public announcement by the Chairman of that organization was before a large audience of individuals supporting the goals and objectives of the lawsuit. Within the plaintiff’s petition the organization claims a membership of “more than ten thousand members” in the state of Utah, including an undisclosed number of “LGBT teachers who teach in the Utah public schools.”

On July 14, 2011, the governor of California signed into law a statute enacted by the legislature of the State of California entitled, “The Fair Education Act.” This legislation, presented at the request of the LGBT organizations within the state of California, requires that “instruction in social sciences shall include… contributions of… lesbian, gay, bisexual, transgender Americans…”

The California statute goes on to say that “a teacher shall not give instruction and a school district shall not sponsor any activity that promotes a discriminatory bias on the basis of lesbian, gay, bisexual, transgender persons…”

After the enactment of the statute, the homosexual-lesbian organizations of California then published their own instructional material for use in the public school classrooms and coordinated a continual campaign to have those materials accepted by the local school districts. Predictably, all of these materials are completely committed to the advocacy of LGBT lifestyles.

Finally, section 6 of the act states that “It is the intent of the Legislature that alternative and character schools take notice of the provisions of this act…”

Southern Utah University Associate Professor Dr. Bryce J. Christensen, Ph.D., commented on the effect of similar legislative enactments or initiatives as follows:

“And once (these mandates) are in the public schools, the children of traditionalist parents often find themselves under a steady bombardment of liberal and anti-family (themes)… the NEA’s lurch to the left has translated into any number of anti-family memes (sic), including Lesbian and Gay History Month, open attacks on “misguided and divisive” ballot initiatives (such as Proposition 8 in California) and official sponsorship of textbooks that evasively define “family” as “a group of people” or “the people you live with…”

The “Equality Utah” complaint cites a number of academic and government studies that show that the incidence of suicide among the children form LGBT homes is two to three times higher than that of children of traditionalist families. They attribute this tragedy to the “bias” in Utah public schools against LGBT. They conveniently neglect to point out that in fact many of these studies do just the opposite. They attribute the high rate of suicide among these students to the personal mental-emotional turmoil that the LGBT lifestyle creates in their lives.

The federal Constitution is silent on the subject of public education. The 10th Amendment leaves issues of this type to be resolved by individual states. (Article III of the Utah State Constitution does provide for a system of “Non-sectarian public schools.”) It is certainly not beyond the realm of possibility that the ultimate success of the “Equality Utah” position with regard to moral issues may raise the issue of whether or not the State must maintain a system of public schools.

This lawsuit is an example of an intense nationwide, actually worldwide, conspiracy to wrest control of education from parents and teachers who subscribe to the traditional family model. In other words, in order to ultimately achieve their victory they intend to replace the traditional family as the source of teaching moral and ethical values to children.

The opinions stated in this article are solely those of the author and not of Iron County Today.
Local youth receive national volunteer awards

**YVC AWARD WINNERS**

Danielle Buschman
Canyon View Middle School

Sammie Buschman
Canyon View High School

Morgan Carter
Canyon View High School

Madison Horton
Cedar High School

Kristen Lefort
SUU Success Academy

Sydney Meek
Cedar Middle School

Elena Puckett
Canyon View Middle School

Lilly Puckett
Canyon View High School

Erik Rangel
Canyon View Middle School

Haile Romine
Canyon View High School

Kimberly Simpson
Canyon View Middle School

Madisen Werner
Canyon View High School

CEDAR CITY — Thirteen youth from the Cedar City area have been honored for their service to the Youth Volunteer Corps through the YVC program. The YVC program of Cedar City, which is hosted by the Five County Association of Governments, has been lauded recently by the national organization, which is based in Kansas City, Mo.

The 100-in-1 award was presented to 12 local youth who have volunteered at least 100 hours in the YVC during a single year. One other volunteer, Aubrey Grimshaw, received the Ethics of Service Award for having volunteered at least 500 hours during her YVC career. She is a graduate of the SUU Success Academy.

In a release about the awards, David Battey, founder and president of YVC, said, “We’re so proud of these hard-working youth. Volunteering this many hours is a great accomplishment for anyone, let alone teenagers balancing school and other extracurricular activities.”

Locally, the YVC program director is Cindy Rose. You can learn more at yvcsouthwestutah.weebly.com.

Operation Christmas on the Road returns

Again this year, Operation Christmas on the Road returns to Cedar City with a little bit of Christmas while they’re away from home.

The 8th annual Operation Christmas on the Road program passes out gift bags to truck drivers during the holidays. With the help of the community last year, 200 drivers received the gift bags, and organizers are hoping to reach that goal and beyond this year. If you have anything you’d like to add to the bags, contact Ryan at 435-559-3537 to make arrangements for a volunteer to pick up your donations.

The bags will be passed out starting at 9 a.m. on Dec. 24 at the Loves station in Cedar City. Those who are interested are welcomed to come out and meet a few of the drivers.

This year’s campaign is dedicated to Ira Lee Savage, and veteran and firefighter who also drove a truck. He passed away this year.

Be a part of the program by contacting Ryan at the number above.

Red Cross urging blood donations

The American Red Cross is urging eligible donors to give the lifesaving gift of a blood donation in December, a time when donations decline but the needs of patients remain steady.

Barbara Coger will never forget the donors that gave the blood that her husband received during the holidays.

“I have been donating blood for some time, but really started encouraging others to do so after my husband received a donation on Christmas Eve,” she said. “He had not been doing well and would not survive much longer, but with that extra boost, he was able to share a big smile with me on Christmas morning, something I will always cherish.”

Donors of all blood types are needed this holiday season to help ensure a sufficient supply for hospital patients.

To encourage donations, all those who come to donate Dec. 22, 2016, through Jan. 8, 2017, will receive a long-sleeved Red Cross T-shirt, while supplies last. To make an appointment to give blood, download the Red Cross Blood Donor App, visit redcrossblood.org or call 1-800-RED CROSS (1-800-733-2767). Donors are encouraged to make appointments and complete the RapidPass online health history questionnaire at redcrossblood.org/rapidpass to save time when donating.

Upcoming blood donation opportunities:

**IRON COUNTY**

Cedar City
Dec. 27: 10 a.m. - 3:30 p.m., Cedar City Library, 303 North 100 East

WASHINGTON COUNTY

Irvins
Dec. 28: 2 - 7:30 p.m., Old Irvins Chapel, 40 West Center

St. George
Various times and days—St. George Blood Donation Center, 476 E. Riverside Drive, Suite B6
Dec. 19: 1 - 5:15 p.m., St. George Recreation Center, 285 S. 400 East

Washington
Dec. 20: 1 - 7 p.m., Washington City Community Center, 350 North Community Center Drive
Moser receives Lifetime Achievement Award

by Karen GANSS
For Iron County Today

“Dennis was absolutely instrumental in developing many successful programs we run still today”
— Rita Osborn, AHEC Director

DENNIS MOSER ACCEPTS THE LIFETIME ACHIEVEMENT AWARD at the Rural Health Association of Utah Conference.

We want to thank all of our customers for our continued success:

ANNUAL ERA REALTY CENTER Christmas Customer Appreciation Day
December 22
10:00-2:00
Treats
Gift from Santa
Coloring Contest
Santa will be here from 12:00-2:00.

Bring a nonperishable food or warm blanket to donate to the local shelter.

SUU’s MPA program ranked in top five in the country

by Nikki KOONTZ
SUU Marketing Communications

CEDAR CITY — Southern Utah University’s Masters in Public Administration (MPA) was recently ranked by The Best Master’s Degrees as fourth in the nation out of 134 institutions that offer online master’s degrees in public policy or public administration.

From the 134 initially selected programs, only 30 schools were selected to be highlighted based on accreditation and recent national rankings from major publications like Forbes magazine, The Princeton Review, and/or the U.S. News and World Report. The schools are listed in order of affordability with the first school being the most affordable.

“Our fully-accredited MPA program offers a flexible option for working professionals and pre-service students seeking an advanced degree, said MPA Program Director Angela Pool-Funai. “Whether someone is interested in higher education administration, state and local government, or some other aspect of public service, the MPA program is a great fit.”

The 36-semester hour MPA program is a professional degree suitable to all students interested in pursuing a career in management within the public or nonprofit sectors. Classes within the program focus on developing the ability to reason critically, to analyze important dimensions of public service, and to take coherent positions on key public administration and policy issues.

Versatile in its design, students may customize their program to suit their personal and career objectives. All MPA students can enroll in either online or on-campus courses. A student’s schedule can be made up of both online or on-campus classes, as long as all course requirements are met.

“We offer a robust selection of core classes and electives tailored to the needs of public sector and nonprofit professionals,” said Pool-Funai. “Students around the state - and beyond - can take advantage of our online curriculum.

Our MPA graduates are well prepared to enter into or advance within their fields of interest.”

According to The Best Master’s Degrees’ website, “the mission is to help prospective graduate students make informed decisions about what kind of degree to pursue and where to study. The main focus of the site is to provide rankings and profiles of degree programs across a variety of the most common master’s degree areas.”
The constellation Orion is coming up and Sagittarius, Scorpius, and Lyra are going down. Although we’ll lose our summer sky friends, we will have one major consolation prize: The Orion Nebula.

If you look up at the constellation Orion on a clear winter night, you will see the bright red star Betelgeuse (his left shoulder) and the bright blue star Bellatrix (his right shoulder). Underneath are three stars forming his belt: Alnitak, Alnilam, and Mintaka. If you look directly underneath the belt, about halfway to his “feet” (the stars Saiph and Rigel) you will see a faint fuzz. This is the Orion Nebula.

It is an enormous star-forming region, in which brand new stars are coming into full stardom. Some are as young as a couple hundred thousand years old, or 15,000 times younger than our sun, and are extremely luminous and active. This nebula is much larger than our Solar System—at about 24 light years across, and at only 1,350 light years away, it appears fairly large in medium-sized telescopes (4-inches and up).

Not all nebulae are like Orion’s Nebula. The word ‘nebula’ comes from Latin for ‘cloud,’ and for a long time, any cloudy or splotchy objects astronomers found in a telescope were called ‘nebulae.’ Because of this, many objects that bear no resemblance to each other have, at various times, all been labeled as “nebula.”

For example, the Crab Nebula is a supernova remnant, or a star that exploded (at least 7,000 years ago) and appears in a large telescope as a bit of fluff. “Nebulae” that are really supernova remnants include the Manatee Nebula, the Cygnus Loop Nebula, and the Spaghetti Nebula.

The Ring Nebula is what’s called a ‘Planetary Nebula’ and is neither planetary nor very nebulous. Unlike Orion’s Nebula, it is just one old star that is pushing out its atmosphere until you can see the core of the star in the center, the leftover white dwarf. In a large backyard telescope, it appears as a distant bit of remarkably round fluff.

Many dying stars like the Ring Nebula exist, including the Fine Ring Nebula, the Little Ghost Nebula, the Dumbbell Nebula, the Hourglass Nebula, and the Ant Nebula. But most nebulae you are likely to see, like the Trifid, Lagoon, and Orion Nebula, are giant clouds of dust and mostly hydrogen gas, collapsing across huge areas. When you look into Orion’s deep dense heart this winter, you can see with your own eyes a cocoon of clouds, creating new stars.

COSMIC CONTEMPLATIONS
by Leesa Ricci
National Park Service

Orion’s Nebula: NASA/ESA
M. Robberto, Public Domain

Ring Nebula: NASA/AURA/STScI
Public Domain

Crab Nebula: NASA/ESA
J. Hester & A. Loll, Public Domain

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OPEN CHRISTMAS EVE UNTIL 3PM
ASK AN EXPERT - Five tips for food safety at holiday buffets

by Kathleen RIGGS
Utah State University Extension

The aromas of holiday foods often bring to mind the sweet memories of years past. Whether a large family gathering, office party or pot luck, the holidays are filled with traditional foods that bring people together. On the other hand, there may be in your memory a time where the result of such a gathering left you nauseous, vomiting or worse because of an episode of food-borne illness.

Let’s take a closer look at buffets, whether at a holiday or any type of gathering, and be aware of how to avoid becoming ill for the holidays. Following a few general tips should help keep you protected.

1. Take time up front to be cautious and observant.

If you are invited to be a guest at a buffet-style luncheon or dinner served at a family, community, work or church gathering, be cautious up front. Do a quick review of what food is available and how it is being kept hot or cold.

Ask yourself a few questions: Does the food look fresh? Do I trust the person preparing the food? Have they had clean hands and avoided cross-contamination with raw meats or meat juices? Has the food been held at a safe temperature? The Food Safety Inspection Service specifies that hot food should be held at 140°F or warmer and cold food should be held at 40°F or colder. They also note that using the same knives and cutting surfaces to prepare a variety of foods is the main source of cross contamination leading to food-borne illness.

2.) Notice how the food is being kept hot or cold.

It is very important that food at a buffet is kept hot with chafing dishes, slow cookers and warming trays and that food that requires refrigeration is kept cold by nesting dishes in bowls of ice or small serving trays that are replaced often.

If hot foods are not in a container keeping the food steaming hot using electrical power, an insulated chest or Sterno® burners, it is very difficult to keep foods at a safe temperature for more than 30 minutes. This is true for any low-acid food like vegetables, meats, soups, casseroles, etc.

Depending on the temperature of the room, foods containing dairy may only remain at 40°F or colder for a few minutes. As food temperatures approach room temperature, bacteria can thrive. Perishable foods should not be left at room temperature more than 2 hours.

3.) Know which foods are likely to be sources of food-borne illness.

Dishes with meat, meat juices, dairy, potatoes, corn and squash are especially prone to carry food-borne pathogens if not cooked thoroughly and held at a sufficient high temperature. These foods are “dense” and are difficult to heat to the center and also chill quickly when stored in large quantities. So, if there is any doubt as to whether the food is fresh or has been stored and reheated, be extra cautious. Keep in mind that populations especially vulnerable to illness include the elderly and young children.

4.) Be aware of food-borne illnesses and symptoms.

A worst-case scenario would be to eat food containing botulism spores that could lead to death. Most illnesses, however, are caused by Clostridium perfringens, often referred to as the “cafeteria germ” because it may be found in foods served in quantity and left for long periods of time on inadequately maintained steam tables or at room temperature. The toxins cause abdominal pain and stomach cramps, followed by diarrhea. These symptoms last around 24 hours, and while uncomfortable, they are rarely fatal.

Listeria monocytogenes, another food-borne illness, is caused when bacteria multiply slowly at refrigeration temperature. To avoid serving foods containing Listeria, carefully follow "keep refrigerated" and “use by” directions, and thoroughly reheat frozen or refrigerated processed meat and poultry products before consumption. Symptoms include fever, muscle aches and sometimes nausea or diarrhea. If infection spreads to the nervous system, symptoms such as headache, stiff neck, confusion, loss of balance or convulsions can occur.

5.) Follow guidelines if you plan to take home leftovers.

Divide cooked foods into shallow containers to store in the refrigerator or freezer until serving. This encourages rapid, even cooling. Reheat hot foods to 165°F. Arrange and serve food on several small platters rather than on one large platter. Keep the rest...
SUU students shine in recent events

CEDAR CITY — The students in SUU’s College of Performing and Visual Arts have been busy over the last few weeks attending competitions and conferences throughout the region.

In November, the vocal performance students from the Department of Music competed in the National Association of Teachers Singing (NATS) Study Awards Competition in Las Vegas, Nev. at UNLV. In attendance, there were 89 undergraduate and graduate students competing as well as 31 junior high and high school students.

Southern Utah University had five 1st place winners in the undergraduate and graduate divisions, six 2nd place winners, six third place winners, and four honorable mentions. Several of the Department of Music professors also work with junior high and high school students. Southern Utah University had five 1st place winners in the undergraduate and graduate divisions, six 2nd place winners, six third place winners, and four honorable mentions. Several of the Department of Music professors also work with junior high and high school students who had three 1st place winners, four 2nd place winners, and four 3rd place winners. In total, the Department of Music had 33 students place in the competition. They will also present an honored recipient with the “Sandgren Award,” named for Edward Sandgren, the founder of The Master Singers.

The Christmas concert will be performed Sunday, Dec. 18 at 7 p.m. in the Cedar City Heritage Theater. Everyone is invited and welcomed to attend this familiar and favorite holiday tradition for friends and families. As always, admission and inspiration are free.

Master Singers to perform on Dec. 18

Since 1946-47, Cedar City’s very own musical men, The Master Singers, have been inspiring thousands throughout Southern Utah and even Eastern Nevada. They will performing again this coming Sunday.

After an unfortunate hiatus during the ’70s, the group was rescued and re-organized just in time for its 50th anniversary in 1997. The 70+ members have been singing and performing strong ever since. This year will mark the 20th year since their revitalization and as part of their annual concerts which include, Easter, Father’s Day, and Veteran’s Day, the Master Singers will share their hearts and gift of singing to help celebrate this holiday season with a special Christmas concert. They will also present an honored recipient with the “Sandgren Award,” named for Edward Sandgren, the founder of The Master Singers.

The Christmas concert will be performed Sunday, Dec. 18 at 7 p.m. in the Cedar City Heritage Theater. Everyone is invited and welcomed to attend this familiar and favorite holiday tradition for friends and families. As always, admission and inspiration are free.

SUU students have been earning accolades in performances this fall.

“As a soon-to-be theatre practitioner, attending the Statera Conference was truly life-changing”

— Kade Cox, senior Theatre Arts student
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ocial science has taken to pointing out that people
are happier with experiences than with material
objects. While a new outfit, a new car, a new piece
of technology undeniably cause feelings of satisfaction
and pleasure, the novelty soon wears off. Not so with
experience.

A trip, for instance, supplies happiness and excitement
over an extended period of time. What with planning and
arrangement, the travel days themselves, and the sharing
of common memories afterward, a family outing can pro-
vide bonding that lasts for months or years. Our family
always chooses adventure over things when deciding how
to spend our financial and energy resources.

But you don’t have to leave town to create a shared
memory with friends or family. Sometimes a single
evening can bond participants and provide topics of
discussion for weeks.

Here’s a great opportunity for just such shared expe-
rience: the well-known singing group Noteworthy will be
performing in Cedar City on Jan. 21 at our Heritage
Theater at 7 p.m. Chances are your YouTube-savvy youth
are already familiar with the Noteworthy video “Amazing
Grace (My Chains are Gone),” released a little over a
year ago. It gathered over three million views within two
weeks of its release. You might have seen it yourself; think
of those beautiful young women standing and singing in
the river.

Noteworthy is an a cappella singing ensemble of nine creative, spirited
young women who perform a variety of musical styles including rock, pop,
jazz, R&B, and spiritual. And are you familiar with the beat box? This
is a way of mimicking instrumentation using the voice and a microphone. You’ll
find yourself looking for the source of that sound you’re hearing. Where is the drum?

This group, founded in 2003, was invited by NBC
for their TV show The Sing-Off. In 2007, Noteworthy won first place in the International
Championship of Collegiate A Cappella, held at Lincoln
Center in New York City. In 2014, Noteworthy became a
part of BYU’s stable of performing organizations under
the direction of Keith Evans.

The women have sung recently in St. George where I
heard them and immediately understood their popularity.
The level of performance is high and tasteful. They sing
without accompaniment in tight harmony and appro-
priate stylistic presentation. And did I mention they are
beautiful? Maybe that is an item on the audition form.

Suggestion: tickets to hear this group would make
‘Noteworthy’ Christmas present suggestion
by Mary Anne ANDERSEN
Cedar City Arts Council

THE HERITAGE THEATRE IN CEDAR CITY will play host to Gateway Preparatory Academy’s first Community Holiday Concert.

Holiday fundraiser concert Dec. 15
Performances to help fund projects at Gateway Preparatory Academy

CEDAR CITY — A group of talented local
performers are joining forces for the Gateway
Preparatory Academy’s first Community Holiday
Concert. It will be held on Thursday, Dec. 15, from
6 to 8 p.m. at the Heritage Theatre in Cedar City.
Funds raised from the concert will be used to
make improvements to the academy’s playground.
Performers will include the Village Voices, Neil
Simon Festival, Suzuki Strings, Canyon View
Madrigals, Cedar Music Children’s Chorus and the
Gateway Preparatory Academy music students.
Tickets are $3 per person or $15 per family.
Refreshments and holiday gift items will also be
available for purchase. More information available
at 435-867-5558.

Artists-in-Residence at Zion chosen for 2017
SPRINGDALE — Four artists have been selected
to serve as Zion’s Artists-in-Residence throughout 2017.
The artists were selected from a large pool of applicants
in partnership with Southern Utah University. The
artists and residency dates are as follows:
• Jodie Hulden, Feb. 1-28, 2017: photographer, San
  Diego, Calif.
• Joshua Graham, March 31-April 28, 2017: painter
  (oil), Salt Lake City
• Tyler Patterson, Sept. 1-29, 2017: music composer,
  Los Angeles, Calif.
• Lisa Gilley, Oct. 16-Nov. 11, 2017: painter (oil),
  Nordland, Wash.
Each artist will spend 30 days in a historic
cabin in the Park, where they surround themselves in
the sights, sounds and wonders of Zion to find inspira-
tion for their work. As part of the program, each artist
conducts two public presentations on their work and
residency experience. Date, time and location for these
events are forthcoming.

The Artist-in-Residence program continues to
honor a long tradition of artists using their work to
facilitate a conversation on the value of nature and
preservation. The tradition began in the early 19th
century with the Hudson River School painters and
transcendentalists writers like Thomas Cole, and
Henry David Thoreau. The work of some of these late
artists led to preservation legislation that helped create
Yellowstone, Yosemite, and Zion National Parks.
Further information on the four selected artists
can be found on their websites: www.jodihulden.com,
www.behance.net/graham_art, www.lisagilley.com
Movie magic is still very real. Proof of that can be found in “La La Land,” which achieves the seemingly impossible task of merging classic musicals and modern sensibilities into a transporting, wonderful, heartbreaking treasure of a film. It’s the sort of movie that hasn’t come from Hollywood in decades, yet writer/director Damien Chazelle takes that legacy and transforms it into something that feels both timeless and utterly modern.

“La La Land” lets you know you’ve entered a different world right from its first scene, which opens in a traffic jam that transforms into a joyous, multi-car musical number that even incorporates parkour. It’s the kind of thing many of us wish would happen in the middle of our morning traffic jam, or see happening in our imaginations outside our head, and there’s something wonderful and deeply satisfying about seeing it play out onscreen.

From there the movie follows two dreamers, played by Emma Stone and Ryan Gosling, as they cross paths on their way to try and make it big in L.A. Stone is an aspiring actress, working at a coffee shop and running from frustrating audition to frustrating audition. Gosling is a jazz pianist with very particular dreams and a fear of “selling out” that keeps him from earning the cash he so desperately needs.

“La La Land” offers everything you could hope for out of a musical, from sweet songs and flirtatious dances to lush visuals that feel like dreams brought to life on the movie screen. The singing isn’t life changing, but it’s light and emotional enough that it never takes away from the spell the movie is casting over you.

The chemistry between the two is excellent, their scenes crackling with the snap and banter of some of the old-time greats but underpinned with real, tender warmth. As much as I love their banter, or their flirtatious dancing, my favorite moment was actually a quiet little grace note fairly early in their relationship that actually made me lose my breath a little. Chazelle is a romantic, and that fact radiates out of every line of this movie.

But he’s also a realist, and he knows that dreams aren’t easy things to keep alive out here in the real world. The movie deals with relationship stresses in a surprisingly realistic manner, giving them their full weight and angst while at the same time not demonizing anyone. It’s not easy to keep love alive, whether it’s love for another person or love for the dreams that make you get up in the morning, and Chazelle acknowledges this in a way that a lot of old-school musicals (and even a lot of modern movies) don’t.

The one warning I have to give (and this is a very mild spoiler alert, so if you don’t want it skip ahead to the next paragraph) is that I sobbed through the entire last 10 or 15 minutes of the movie. Not gentle, cinematic tears down my cheeks, but big, scrunch-faced ugly crying that would have gotten me kicked out of the theater if I hadn’t been doing it silently.

In a way, though, it’s just one more testament to the magic of the film. “La La Land” had my heart in its cinematic hands, and it refused to let go until well after the credits rolled.
Village Voices in concert Dec. 21

Village Voices and the Southern Utah Children’s Choir will present “Joyful Memories and Christmas Melodies” in a concert on Dec. 21. It begins at 7 p.m. at the Community Presbyterian Church, 2279 N. Wedgewood Lane in Cedar City.
Many times, motorists don’t yield when emergency vehicles with lights and sirens come up from behind them or at an intersection. The real question is why? Do motorists know the laws or is it something else?

Imaging if you were driving on a busy street in Iron County and you see an ambulance with its lights flashing coming up behind you in your rearview mirror. You pull over to the right like you should, but you also see some vehicles that could, but don’t. The traffic is tied up for only a few minutes. You finally pass the scene of the emergency. At that moment, you recognize the victim’s car as a friend, relative or co-worker or family member. How would you feel?

The above situation is hypothetical, but it happens daily on roads here in Southern Utah. We have many dangerous stretches of state routes and freeways. One of these is the Virgin River Gorge. Sergeant John Bottoms with the Arizona Department of Public Safety, who spends many hours patrolling the gorge, spoke with Iron County Today about the problem.

“Unfortunately, we often encounter motorists who fail to yield as we are responding to emergency calls,” he said. “We also encounter this scenario on a daily basis while responding to emergencies on the Interstate,” Bottoms said.

Emergency vehicle right of way laws are in place to protect emergency vehicle operators, patients within the vehicle, pedestrians and drivers, he said. If you do fail to yield to an emergency vehicle, you could be charged with a ticket.

“Unfortunately, we often encounter motorists who fail to yield as we are responding to emergency calls”

— Sergeant John Bottoms, Arizona Department of Public Safety

“Unfortunately, we often encounter motorists who fail to yield as we are responding to emergency calls”

— Sergeant John Bottoms, Arizona Department of Public Safety
**Cedar City Community Clinic**, 8 a.m. to 5 p.m., call 866-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

**Marina Condominums LEAGUE MEETING**, 18:30 p.m., Cedar City Library in the Park.

**Alcoholics Anonymous**, noon Speaking from the Heart AA at 4 p.m. AA-Mits, The Meeting Hall, 1067 S. Main, Cedar City for information call (877) 865-5890.

**Narcotics Anonymous**

**NARCOTICS ANONYMOUS, 6:30 p.m.**

**Narcotics Anonymous Monday Night Basic Text Study, 8 p.m.** The Meeting Hall, 1067 S. Main, Cedar City for information call (877) 865-5890.

**Narcotics Anonymous**

**Narcotics Anonymous Night 20th Anniversary**

**Al-Anon* Hope For Today (for Families of Alcoholics)**, 6 p.m., The Meeting Hall, 1067 S. Main, Cedar City, for information call (877) 865-5890.

**Mee**

**IMMUNIZATIONS/WIC/VITAL RECORDS**, 7:30 a.m. to 5:30 p.m. (walk in), Southwest Utah Public Health Dept., 260 E. DL Sargent Drive, Cedar City for questions call 865-2437.

**FREE DANCE AEROBICS CLASS, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome for information call Allison at 327-2091 (no texts please).

**FREE DOMESTIC VIOLENCE SUPPORT GROUP, 11 a.m. to 1 p.m., located on Freeway Drive between J.R.'s Truck Stop and the Travelodge, rides available at no charge from the Main Street Park pavilion by the library and returning to the same location after the lunch, look for the Sonrise Christian Fellowship van, community welcome.

**COLOR COUNTRY PICKLEBALL**, 9:30 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City for more information call Ed Smith 867-5433.

**TOPS (T.A.K.E OFF POUNDS SENSIBLY)**, 7:30 a.m. to 8 a.m., Gateway Preparatory Academy, 201 Thoroughway Dr. Enrich, fee for more information call (435) 867-9558 ext. 113, or email instructor Larry Laskowski at LarryLas@ gmail.com.

**TAE KWON DO CLASS TO BENEFIT THE CITY-BRIAN HEAD TOURISM BUREAU**

**STORY TIME AT THE FRONTIER HOMESTEAD MUSEUM,** noon, 301 W. 801 South in Cedar City, for more information call (435) 865-7827.

**Cedar City Rotary Club Monthly Meeting**, noon, Southwest Regional Technology College, 510 W. 810 South in Cedar City, for more information call (435) 865-7635.

**IMMUNIZATIONS/WIC/VITAL RECORDS**, 1 to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City for questions call 865-2437.

**RAPE AND SEXUAL ASSAULT SUPPORT GROUP, 6 p.m., for women 18 and older, Canyon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 667-6413.

**COLOR COUNTRY PICKLEBALL, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information call Seve Ed at (435) 586-3435.

**AL-ANON, 6 p.m., AA Group, The Meeting Hall, 1067 S. Main, Cedar City, for information call (877) 865-5890.

**Rebecca Christmas, “The Music of Christmas,” will be presented at 6 p.m. in the chapel at 90 South Main in Parowan.

**FREE DANCE AEROBICS CLASS, 9 a.m., class is medium to high impact, but can be adapted to any fitness level. Easy, fun dance moves. Moms can bring young children. People of all ages welcome for information call Allison at 327-2091 (no texts please).

**Color Country Pickleball**, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information, call Seve Ed at (435) 586-3435.

**Immunizations/WIC/Vital Records**, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City for questions call 865-2437.

**Red Road to Sobriety/AA meeting, open meeting, 6 p.m., Paulete White, phone Tri-States of Utah 640, Paulete Drive, Cedar City for more information call Chis or Call 867-5112 ext. 307.

**Book Babies, 10 a.m. and 11 a.m.** for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

**SUU Discover Story Time**, 6:30 p.m., Cedar City Library in the Park.

**American Sign Language II Class, 6.30 p.m. to 8 p.m., Gateway Preparatory Academy, 201 Thoroughway Dr. Enrich, for more information call (435) 867-5558 ext. 113, or email instructor Larry Laskowski at LarryLas@ gmail.com.

**TAE KWON DO CLASS TO BENEFIT THE CANYON CREEK WOMEN’S CRISIS CENTER, 7 to 8:30 p.m., Cedar City Aquatic Center, $25 per month, ages 5 and older with any experience level, sign up at the Aquatic Center.

**Color Country Pickleball**, 9:30 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City for more information call Ed Smith 867-5433.

**TOPS (T.A.K.E OFF POUNDS SENSIBLY)**, 7:30 a.m. to 8 a.m., (walk in), Southern Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City for questions call 865-2437.

**Free Lunch at Bed of Soup Kitchen**, 11:30 a.m. to 1 p.m., located on Freeway Drive between J.R.’s Truck Stop and the Travelodge, rides available at no charge from the Main Street Park pavilion by the library and returning to the same location after the lunch, look for the Sonrise Christian Fellowship van, community welcome.

**COLOR COUNTRY PICKLEBALL**, 9:30 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information call Ed Smith 867-5433.

**Tops (Take off Pounds Sensibly)**, meetings, Frosty Nigh, without buying special foods, morning meeting weigh-in is 9 a.m. with the meeting at 9:30 a.m., evening meeting weigh-in is 6:30 p.m. with the meeting at 8:30 p.m. at the Cedar City Library in the Park. For more information, call Rhea Church (morning meeting) 867-3233 or Liz (evening meeting) at 867-4748.

**Domestic Violence Support Group II, 7 to 8 p.m., for women and 18 and older, Caynon Creek Outreach Center, 95 N. Main St. #22 in Cedar City. For more information call (435) 667-6413.

**JAMES SWARTH. “PUT LIFE’S PUZZLE TOGETHER”, 7:30 a.m. to 8:30 a.m., 4th Ward Methodist Church social hall, 190 N. Main St.

**ALCOHOLICS ANONYMOUS, 8 a.m., AA Group, The Meeting Hall, 1067 S. Main, Cedar City, for information call (877) 865-5890.

**Cedar City Community Clinic, 8 a.m. to 5 p.m., call 865-1387 for an appointment, accepts Medicaid, Medicare, and all private insurances, with a sliding fee scale for uninsured patients.

**Color Country Pickleball**, 8 a.m., Southern Utah Sports Academy, 494 N. 2150 West in Cedar City. For more information, call Seve Ed at (435) 586-3435.

**Immunizations/WIC/Vital Records**, 8 a.m. to 5 p.m., Southwest Utah Public Health Department, 260 E. DL Sargent Drive, Cedar City for questions call 865-2437.
**Births**

**Atlas Whittaker**
Atlas Whittaker, son of Layton and Brea Whittaker of Cedar City, was born Dec. 5, 2016, at 5:25 a.m. He is the first grandson of Chris and Dave Beamson, and sixth grandchild of Bret and Joni Whittaker. He was born four weeks early but heavy and healthy. He is so loved by his new parents.

**Edith Webster Slack**
Edith Webster Slack celebrated her 80th birthday on Nov. 20. Edith was born and raised in Cedar City. She is married to Dell W. Slack and has five children: Brenda Wheelwright (Kerry), Jeri Rowley (Mark), Delra Alamo (Jeff), Bobette Horner (Robert), Kendall Slack (Naomi Hatch). She also has 19 grandchildren and 16 great-grandchildren.

**Ramos-Kunzler**
Nico Giovantae Ramos and Samantha Lynn Kunzler will be married on Dec. 17. An open house will be held on Dec. 15 from 7-9 p.m. at 500 S. 1100 West, Cedar City. Parents of the groom are Carl and Julie Ramos, of Rutsweiler an der Lauter, Germany. Parents of the bride are David and Carol Kunzler, of Cedar City.

**Morgan-Callister**
Dustin and Amy Callister of Cedar City are happy to announce the marriage of their son, Scott, to Brooke Morgan, daughter of Travis and Cheryl Morgan of American Fork. The couple will be married in the Manti Temple on Friday, Dec. 16, with a reception to follow in Saratoga Springs that evening. They will continue their education at SUU. A special thanks to all our friends and family for your support and love in helping us celebrate this happy union!

**Missions**

**Katelin Gale and Matthew Grover**
Katelin Gale and Matthew Grover, as well as their parents, Brett and Kay Gale and Thayne and Amy Grover, are pleased to announce their wedding in the St. George LDS Temple on Saturday, Dec. 17, 2016. All are invited to celebrate with them at a reception held in their honor that evening from 6 to 8 p.m. at the church, located at 65 N. 600 West in Cedar City (just north of the Institute Building).

**Elder Rowland**
Logan Rowland returned from the Texas, San Antonio mission on Nov. 30th. He will speak in the Midvalley 2nd Ward on Dec. 18 at 9 a.m.

**Sister Matheson**
Sister Makaley Matheson has returned from serving in the Tennessee Nashville Mission for the Church of Jesus Christ of Latter-day Saints. She will report on her mission in the Parowan 2nd Ward, 59 S. 100 West, at 9 a.m. on Dec. 18. She is the daughter of Jarred and Joy Matheson.

**Gale-Grover**
Katelin Gale and Matthew Grover, as well as their parents, Brett and Kay Gale and Thayne and Amy Grover, are pleased to announce their wedding in the St. George LDS Temple on Saturday, Dec. 17, 2016. All are invited to celebrate with them at a reception held in their honor that evening from 6 to 8 p.m. at the church, located at 65 N. 600 West in Cedar City (just north of the Institute Building).

**Atlas Whittaker**
Atlas Whittaker, son of Layton and Brea Whittaker of Cedar City, was born Dec. 5, 2016, at 5:25 a.m. He is the first grandson of Chris and Dave Beamson, and sixth grandchild of Bret and Joni Whittaker. He was born four weeks early but heavy and healthy. He is so loved by his new parents.

**The treasure of time**

TIME. You run your life by it, or rather, Time seems to run your life. There is always some appointment, deadline, overtime, or bedtime and seemingly never enough time for what matters most. And with so many versions of diversions throughout the day it can be quite difficult and even overwhelming trying to accomplish so much in so little time.

When you become caught in this cynical cycle, Time becomes an exhausting task master, not a productive partner. And when you feel there is never enough time, your pace can quickly ransack your peace. If you don’t make time to slow down, your well-being becomes a blur, and while you may be accomplishing tasks, you’re losing the fulfillment from those efforts.

There are so many valuable moments and memories to be made in your life, today! Make time for your heart and soul, not just your wallet and workplace and don’t let your precarious past carry into your precious present. Cherish your spouse and children with your time, not your ‘maybe later’ or ‘maybe tomorrow’. Time should not be labeled as merely a passing of days and dates, but a vault of priceless treasures waiting to be opened and spent…and not sparingly!

Ironically, everyone has the same amount of time
CEDAR CITY NAILS OPEN FOR BUSINESS

CEDAR CITY NAILS ENJOYED A RIBBON CUTTING courtesy of the Cedar City Chamber of Commerce. The salon, which opened in late summer, has an experienced staff that has worked together for several years. It offers a full range of services, including nails, manicures, pedicures, hair, waxing, facials and Microblading. It’s located at 2052 Cross Hollow Road and can be reached at 435-867-8812.

Gateway to Brian Head Ski Area

Beautiful in Parowan

New Construction in Sagewood Subdivision

Perfect Horse Property

Beautiful custom home in Sunset Canyon

Limited supply offering three plans, every room spacious to large. Big 80+ acre setting includes college, Dream master suite/office. Large home down across 10 acres, upgraded plank flooring, laundry, bathroom, full basement, extra 3-car garage. For more information call 435-867-8812.
Schools

from Iron County School District

North Elementary
Cedar North Elementary is excited for our Mini Mall on Dec. 16 from 1:30 to 2:30 p.m. in the gym and the lunchroom at North. Students in grades 2-5 are encouraged to set up a booth to “sell” items for our school’s Leader in Me tickets. Items for sale range from paper airplanes to cupcakes to gently used toys to time on a video game. We’d especially like to thank Craig Isom and the SUU Small Business Development Center for their kind support of this fun and educational event!

South Elementary
Busy, busy, busy! ’Tis the season of hustle and bustle and the students at South are no exception. All grades have been working hard academically on their math, reading, and science units. We are encouraging parents to check out the Borrow eBooks link on our school website. Students have a choice of hundreds of age appropriate books they can download on their devices. The 4th graders had a treat of attending a SUU women’s basketball game. Go T-birds!

Three Peaks Elementary

Canyon View Middle
The Beginning Musical Theater Class performed “Jingle Bell Jukebox” Thursday, Dec. 8, during second period and at 5 p.m. in the Canyon View Middle School auditorium. Also, the Orchestra, Choir and Band Concerts performed on Tuesday, Dec. 13: Beginner Orchestra, 5 p.m.; Intermediate Orchestra, 6 p.m.; Advanced Orchestra, 7 p.m. On Wednesday, Dec. 14: Beginner Band, 5 p.m.; Intermediate and Advanced Band, 6 p.m. Tuesday, Dec. 20: Choir, 5-6 p.m. All concerts are in the Canyon View Middle School auditorium. Hope to see you there!

TIME
Continued from page 17

and the task of finding out how best to utilize every minute. Yes, there are always distractions and interruptions that attempt to steal, or decoy your time and some days will seem endless, while others you wish would never end. At the end of each day, whether you’ve scrimpied or squandered those precious minutes, you can never have them back. Sounds too good to be true, at least for your schedule, right? That little voice, or rather, the stopwatch, in the back your mind is telling you that there is never enough time. Well, take a few minutes to ponder this timely fact. There are 168 hours in a week. Every week! So, even if you work 50 hours, and sleep 56 hours a week (8 hours a night)—but who even gets that much these days—and also allowing for snooze button obligations, you’ve still got about 60 hours left! Think about all you can do with 60 extra hours, even after the alarm clock and time clock have been pushed and punched. There is time available if you’re willing to start making more time for your home and heart, not just your schedule. The only excuse is that you are letting time be your master, rather than learning to master your time wisely.

Today, right now, is all the time you are given. Be more thankful, more forgiving. Send the card you’ve been meaning to send. Make the phone call you keep putting off and go visit the friend you rather e-mail because it’s more convenient. The choice is yours, every day. Stop counting time and go make it count! And take some time to drop me a line. coreybaumgartner@hotmail.com

More hands to heal your heart.
When it comes to your heart, you depend on professionals who can help it perform at its peak. Cedar City Heart Clinic now offers more skilled care with the addition of Dr. Melony Covington. A fellowship-trained cardiologist, Dr. Covington has the skills and experience to treat conditions from coronary artery disease and atrial fibrillation, to congestive heart failure and genetic disorders. She is committed to helping patients take charge of their heart health and enjoy life to its fullest.

Melony Covington, Dr. Aarush Manchanda and the options for treating heart conditions by calling (435) 868-5570.

Cedar City Heart Clinic
1303 N. Main St., Ste. H, Cedar City, UT 84721

Learn more about Dr. Melony Covington, Dr. Aarush Manchanda and the options for treating heart conditions by calling (435) 868-5570.
**Maria de Jesus Alba Peña**

She was the oldest of the four children born to Paul and Maria de Jesus Peña in Alamo, Nev., at the Stewart home. She was later married to Baltazar Peña on September 22, 1922 in Cuquis, Jalisco, Mexico to Silvino Delgadillo Alba and Maria Morales Sanchez. Baltazar was born in Gauadalajara, Jalisco, Mexico.

Baltazar and Maria had a total of 14 children, two on the way as well as many step sons and daughters, grandchildren, great grandchildren, nieces and nephews. Baltazar and Maria were later divorced.

Maria was an Army officer’s wife and followed Terry across the country while they returned the Cedar City in 1981. They relocated to Santa Clara to be near their children and after retirement moved to the Sunshiners in Beaver Dam, Arizona, where she was living at the time of her death.

She worked various civil service jobs throughout her career to help support her family, eventually retiring from the US Forest Service in 1994. Vicki was a talented seamstress and made many beautiful quilts with her family, friends and neighbors. She was an active member of the Church of Jesus Christ of Latter-day Saints and enjoyed providing service to members and non-members alike.

Vicki loved spending time in the mountains where she grew up learning the rewards of hard work, good fun and family values. She helped build the new family cabin and enjoyed many great memories with her family in the mountains.

The family will miss her walking partners, boysenberry pies and her ability to out bake the best biscouits. She missed her time on the mountain the last several years when her health failed.

Vicki is survived by her husband, Terri, of Beaver Dam; sons, Rick (Terri) Rosenberg of Santa Clara, Utah and Matt (Nicole) Rosenberg of Paragonah; brother, Bruce (Kathy) Taylor of Paragonah; sister, in-law Sandy Taylor of Cedar City; niece Tiffany Taylor, grandchildren, Travis (Harmony) Rosenberg, Taylor (Jessica) Pennock, Dustin (Hilllare) Rosenberg, Des (James) Boyce, Rachel (John) Boswell, Geoffrey Rosenberg, Paragonah; nieces, nephews and neighbors with more on the way. Her grandchildren and great grandchildren were the light of her life. She was preceded in death by her parents, Reen & Cleo Taylor and nieces, Trina Taylor.

A viewing was held at the Littlefield LDS Chapel in Littlefield, Arizona on Friday, December 9, 2016 from 4 to 6 p.m. Funeral services were held Saturday, December 10, 2016 at 11 a.m. at the Cedar City West Stake Center, 725 S. 1000 West, Cedar City, Utah. Interment will be Saturday, December 10, 2016 beginning at 1 p.m. viewing was held prior to the funeral service beginning at 11:30 a.m. Interment will be at the Cedar City Cemetery following the service.

The family would like to thank the numerous health care providers, who cared for Vicki over the last few years particularly Stephanie from Fit Therapy and Dr. Van Gill at the wound clinic in Dixie Medical. Also, thanks to the many wonderful friends and neighbors at the Sunshiners Community in Beaver Dam.

**James “Jim” Lewis Boyd**

James Lewis Boyd was born August 30, 1942 to Louise Polly Lewis and James Garfield Boyd in Fallon, Nev. After his mother passed away, his father married Betty Kaye who was raised by Lola’s parents Carmen and Lewis Downs on their ranch in Fallon. After their marriage, they raised him in Fallon, Nevada. He came home to complete his journey on earth. He passed peacefully surrounded by his loved ones December 2, 2016. At the age of 74, Jim married the love of his life, Judy Rae Leavitt Aday. They have been married for 26 years. Jim was previously married to Marilyn Taylor; they had six children and Jim was a U.S. Air Force brat; they moved all over through out her younger years.

In high school they landed in Clearfield, Utah, where she graduated as a member of the student council and a majorette. After high school she briefly attended the University of Utah with an official major in chemistry and a minor in education. While the couple were still in college, they met their with their collective of friends they lived a wild and adventurous life over the years.

In the 1980’s and 1990’s, Jim and Judy had a daughter in 1979, Brooke Herbert Jones. Brooke was Shelia’s whole entire world. Shelia and Judy later divorced.

Jim loved to travel and he did it with a smile. He proudly served in the National Guard and was honorably discharged in 1967. He had a passion for music! He was an accomplished pianist and sang bass with the Master’s Singers Choir. He received a Bachelor’s in music education at the University of Idaho.

He is survived by his wife Judy Boyd, his sister Kathy (Steven) Hancock; his children, Jamie, Julie, Nathan, Norali, Amy, Tony and their families, stepchildren, Chong, (Greg) Christensen, Montine (Martin) Anderson, Shane (Kimmi) Adair and 14 grandchildren.

Funeral services were held on Saturday, December 10, 2016 at 11 a.m. at the Cedar City Utah State Stake, 155 East 400 South, Cedar City, Utah. A viewing was held prior to the service that day from 9:30-10:30 a.m. at the church. Interment was in the Cedar City Cemetery following the service.

**Shawna Bradshaw Hodges Roettger**

Shawna was Born February 24, 1976 to Thomas Dean and Wanda Shearer Roettger. She passed beyond the Vail on November 6, 2016.

In 1997 Broke gave Sheila her first grandson, Haven Kyle Gower, and then her second, Janzen Robert Gower, in 1999. This making Sheila Memaw, a job she loved more than life itself. Lately it seemed as if everyone’s final wish was to come into the family about a year later through the boy he was a foster child who immediately became family Josh McCarthy. Sheila always considered Kyle and Janzen her grandchildren as well.

In 2007, Broke and Sheila had another daughter in 2011, named Mariah. Mariah was with her for 7 years before she decided to pursue another life changing experience and was later employed in the food and beverage department at the Brian Head Resort in the mid 90’s. While in Brian Head Sheila expanded her horizons and became an EMT, volunteer firefighter and worked for the town of Brian Head. While in Brian Head, Sheila met and married her soulmate, Charles Roettger, who was an active member of the Church of Jesus Christ of Latter-day Saints and enjoyed providing service to members.

Later down the line Amanda also blessed Memaw with her final grandchild she loved more then life it’s self. Later down the line Amanda also blessed Memaw with her final grandchild she loved more than life it’s self. Later down the line Amanda also blessed Memaw with her final grandchild.

Sheila always loved life and living it to the extreme and fullest. She loved cooking, hiking, camping, river rafting, skiing, live music, helping others but most of all for family food or food. She was married to many Memaw to the masses and a friend to all. Sheila went sick in September of 1997 and had been fighting ever since until her valiant battle finally ended on November 14, 2016. Sheila was an inspiration to all who knew her and held one a good time.

Sheila was preceded in death by her mother Betty Jane Wilson, father Virgil Wilson, brother Robert Cawley, Wanda Roettger Gower. brother in law David Lottitz, mother in law Lee Lottitz, mother and father in law Mary Jane and Robert Hudecek and mother and father in law in Sheila. She is survived by daughter Brookie Gower (Ryan) of Cedar City, sister Barbara Cawley of Murrieta, Geor.; brother Joe Cawley, son Gary Lottitz of Park City, step daughter Amanda Hunter (Shane) of Cedar City, sister Nicole Byl (Matt) of Pennsylvania, grandson Dakota (Alex) Hodges and MiK zone of Cedar City, ex husband Kyle Gower of Cedar City, granddaughters Makalye and Makalyne Christy of Cedar City, grandsons Drakeon and Landin Hunter of Cedar City, grandchild Josh McCarthy of Cedar City, ex husband Ulyte Lottitz of Oregon, Joseph Hudecek of Paragonah, sister in law Kathy Lottitz (EJ) of Holladay, son in law Kyle Gower of Cedar City, and hundreds of close friends she called family and dozens of teenagers who called her Memaw.

Brook and Brock would like to thank Brookdale in Cedar City for their amazing care and love for Memaw for my mother. For my time that she was all truly wonderful and have become an extended part of our family.

There will be two celebrations of life for Sheila. The first was on December 3 in Inverness, Colorado, 3020 West 12th Street. So. The second celebration will be held in Park City on March 11. Place and time will be announced at a later date.

In Lieu of flowers, please make donations to the go fund me account at https://www.gofundme.com/sheila-lottitz-memorial-fund or mail to 3171 West 1150 South, Cedar City, Utah 84720.
Do what makes you happy

by Glenn MOLLETTE
Columnist

Iving up is easy to do because we become worn out from trying. The high school student who cannot make the ball team or the college student who fails college algebra three times is frustrated. Everyone in life hits a few walls. We tried once or twice and failed and then moved on to something else.

Failing quickly is not so bad. It’s better to fail, get it over with and then move on than to fail and fail and fail and then die failing at the same thing we failed at our entire lives. It’s good to try but it’s also good to move on to something else.

Abraham Lincoln failed a lot but was eventually elected President of the United States. Some candidates will run for election a lot and never be elected. Every person who ran for President this year will probably never be elected to the Oval Office except one person. The rest will be reelected to something else or go back to what they were doing before. It’s simply the life of politics.

Michael Jordan once failed to make his high school basketball team his sophomore year. However, determination in his case paid off as he eventually became one of the greatest basketball players of all time.

We have to know when to hold them and know when to fold them is what I heard Kenny Rogers sing one time. Often the decision is easy because we run out of time to try. Life ends and we’re done. Sometimes we are out of energy and health. We simply aren’t capable of trying anymore. Sometimes we are done emotionally. We’re on empty and there is nothing replenishing our internal fortitude.

Michael Jordan once failed to make his high school basketball team his sophomore year. However, determination in his case paid off as he eventually became one of the greatest basketball players of all time.

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Often we run out of money. Financially we is nothing replenishing our internal fortitude.

Done emotionally. We’re on empty and there is nothing replenishing our internal fortitude. Sometimes we are out of energy and health. We simply aren’t capable of trying anymore. Sometimes we are done emotionally. We’re on empty and there is nothing replenishing our internal fortitude.

It’s better to fail, get it over with and then move on than to fail and fail and fail and then die failing at the same thing we failed at our entire lives. It’s good to try but it’s also good to move on to something else.

Do what makes you happy. As long as what you are doing is legal, doesn’t hurt anybody else and brings some fulfillment to your life then what you think you ought to do. It’s not a bad thing to listen to people because often people might have good input as to whether you are any good at what you are trying to do. However, you are the one who has to live the life, walk the journey and deal with your own life and thoughts at 3:00 AM in the morning. The bottom line is doing what makes you happy. As long as what you are doing is legal, doesn’t hurt anybody else and brings some fulfillment to your life then what you have to lose?

Glenn Mollette is a syndicated columnist and author of 11 books. He is read in all 50 states. Contact him at GMollette@aol.com.

Tips for first-time home buyers

Purchasing a home is a big decision, but there are other smaller decisions that you need to make first. Here are some suggestions:

Know Your Budget
Set a monthly payment that you can afford based on your income and other regular expenses. Include in that payment not just the loan itself, but the home insurance, PMI and other costs. You need to know the bottom line before you can proceed.

Cash At Closing
You’ll need to make a down payment and take care of closing costs as well. The down payment can vary greatly, anywhere from 5 to 20 percent depending on the loaner. Without 20 percent down, you’ll have that pesky PMI (private mortgage insurance). There are fees for loan origination, title insurance and an appraisal.

Miscellaneous Other Costs
Be prepared for moving expenses, regular maintenance expenses, etc. If you move into a condo or townhouse, they might be part of an HOA (homeowners association) that takes care of costs for yard maintenance, snow removal, etc. This will become part of your regular monthly payment plan, so be sure you know what those costs will be.

Utilities
It’s funny how often we take water, sewer, power and other utilities for granted. Don’t. You’ll need to budget for all of these things, and perhaps others.

Options
Be sure to do your homework on mortgage options. Keep your credit score high by paying your bills on time, and shop your mortgage around (in other words, get a few offers). You might be surprised by what you find.

We can stay with most anything in life if we enjoy what we are doing. It’s not a bad thing to listen to people because often people might have good input as to whether you are any good at what you are trying to do. However, you are the one who has to live the life, walk the journey and deal with your own life and thoughts at 3:00 AM in the morning. The bottom line is doing what makes you happy. As long as what you are doing is legal, doesn’t hurt anybody else and brings some fulfillment to your life then what you have to lose?

Glenn Mollette is a syndicated columnist and author of 11 books. He is read in all 50 states. Contact him at GMollette@aol.com.

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2017 PIONEER® 500

Five-speed automatic fun!
The Southern Utah Inter-regional League (SU-IRL) completed its fall season in November with 117 games played in Cedar City. Color Country Futbol Club (CCFC) had six teams who received medals. Taking first place were CCFC Cedar Fury 03 and CCFC Lightning Bolts 05. The four second-place teams were CCFC Swat Jr, CCFC United, CCFC Iron FC, and CCFC Strykers. Soccer in Cedar continues to grow each year, according to LeShell Murray, CCFC President. This fall, Cedar City had 30 competitive soccer teams participate in the SU-IRL. “CCFC strives to offer a home to all soccer players regardless of their ability,” Murray said in a release. They have both competitive and recreation teams to meet all the needs of the community. Their spring rec season has just opened and is for any players age 3-17. You can find more information about recreation and competitive soccer on their webpage at www.ccfcsoccer.com.

“CCFC strives to offer a home to all soccer players regardless of their ability”
— LeShell Murray, CCFC President

Redmen drop pair on road, Rams edge Eagles

by Tom ZULEWSKI
Iron County Today

The Cedar boys basketball team continued its season-opening stretch of road games with a pair of tough defeats at Juab and Salem Hills.

On Dec. 6, the Redmen led by 10 after the first quarter, but saw the lead vanish by the second in a 49-46 loss to the Wasps. Keenan Nielson continued his hot start with 25 points, but Cedar could only manage 11 points between the second and third quarters. Juab was led by 11 points from Ryker Osborne and 10 from Cody Fitzgerald.

Three days later, Nielson poured in 20 points, but Cedar dropped a 66-47 decision at Salem Hills. The Skyhawks put together a pair of 20-point quarters as the Redmen fell to 1-3 on the season.

Parker Haynie added 11 points in the loss and Mason Fakahua saw his first action of the season as he continues to recover from the knee injury suffered during football season. Fakahua finished with two points.

Cedar played a fifth straight road game at Copper Hills on Tuesday night. Results weren’t available at press deadline. They will return home and play Canyon View on Friday in a 7 p.m. varsity tipoff.

The Parowan boys team continued Region 20 play with a win last week, then competed at the 1A Preview in Richfield. The Rams evened their Region 20 record at 1-1 after posting a 41-36 win over Wayne in the home opener Dec. 6 behind 15 points from Jarrin Church and 10 from Nathan Goodman.

On Dec. 9, Parowan got off to a good start at the Sevier Valley Center with a 19-point quarter. The Rams edged the Eagles, 44-42 behind 19 points from Church and 11 from Guymon. No details were available from the game against Green River.

The Parowan boys team continued Region 20 play with a win last week, then competed at the 1A Preview in Richfield. The Rams evened their Region 20 record at 1-1 after posting a 41-36 win over Wayne in the home opener Dec. 6 behind 15 points from Jarrin Church and 10 from Nathan Goodman.

On Dec. 9, Parowan got off to a good start at the Sevier Valley Center with a 59-51 win over Tintic. The Rams led 31-27 at the half, but were able to extend the advantage with 19 points in the third quarter. Ethan Guymon led the way with 18 points and Trevor Basset added 15.

Parowan wrapped up play at the 1A Preview with a pair of games Saturday against Duchesne and Green River. The Rams edged the Eagles, 44-42 behind 19 points from Church and 11 from Guymon. No details were available from the game against Green River.

Parowan will resume Region 20 play at Bryce Valley on Thursday.
Flyers roll over Falcons

by Tom ZULEWSKI
Iron County Today

For a few brief moments, the Canyon View boys basketball team had their defensive prowess clicking in high gear, turning a pair of steals into points before the visiting Dixie Flyers could settle in.

Then the Flyers showed everyone exactly why they’re the defending 3A state champions.

Sam Stewart scored 17 points to lead three players in double figures, and Dixie used a 15-2 run to grab control and go on to a 69-53 victory over Canyon View at the Falcons’ Nest on Dec. 6 to stay perfect on the season at 4-0.

Stewart scored six points in the initial burst and Dixie built a 43-24 halftime lead before cruising to the win, its third straight by a 16-point margin.

“We knew we needed to focus and pick ourselves up defensively,” Stewart said of the Flyers’ early struggles. “Once we got going, we played together really well.”

Dixie built its cushion to as many as 24 points in the second half, and head coach Ryan Cuff said the unselfish way the team played made a big difference.

Tyler Curtis backed up Stewart with 14 points and 6-foot-7 senior Richard Guymon added 12 despite battling foul trouble for most of the second half.

“When this team shares the basketball, it’s a fun thing to watch,” Cuff said.

The Falcons were led by 18 points from junior Brantzen Blackner and 10 from Joey Lambeth. Canyon View head coach Robbie Potter said that while the team was dealing with a heavy workload after four games at the Legacy Classic in Las Vegas, the halftime deficit was simply too big to overcome.

“We were a little tired after the weekend, but didn’t play our best basketball in the first half,” Potter said. “We outscores them in the second half, so we just need to put that together to make the complete game.”

If there may have been any additional concern for the Falcons, it came in the form of eight missed free throws (13-of-21). Dixie was just 5-of-7, but hit 29 field goals — including six 3-pointers — to Canyon View’s 19.

The Falcons were able to flip the script two days later and win on the road at Snow Canyon, 65-58. Blackner led the way again with 26 points and 10 rebounds, while fellow junior Porter Miller added nine points to go with 13 rebounds.

Canyon View built its lead to 12 points at 46-34 after three quarters and improved to 3-5 overall on the season. They played at Pine View on Tuesday night, but results were not available at press deadline.

Enterprise girls hang on, beat Enterprise

by Tom ZULEWSKI
Iron County Today

The Cedar Lady Reds had an 18-point lead early in the second quarter of its game against the Enterprise Wolves on Dec. 8 after Sara Pearson scored her only points of the night.

The lead nearly disappeared, but the Lady Reds managed to find just enough in the energy tank to hold on.

Dream Weaver scored 12 points as Cedar survived a pair of second-half surges and beat over Enterprise 34-31 at home to improve to 3-1 on the season. The Wolves got 12 points from Ronnie Robinson, but lost its third straight and fell to 2-3.

While it was a win in the books, Cedar head coach John Elison had a full plate of concerns about the team’s performance.

“We had seniors making freshman mistakes,” Elison said. “Putting up shots way too early, four seconds, chuck it up. We weren’t patient. I kept preaching that to them, but had to go down the line. Good thing, it’s still early.”

When Pearson scored, it gave Cedar a 21-3 lead three minutes into the second quarter, but the Wolves finished the period with an 8-0 run highlighted by four straight points from Robinson that cut the advantage to 21-11 at the break.

After Carley Davis (eight points) opened the third quarter with a jumper, Enterprise responded with a 9-2 run that pulled them within 25-20. The Lady Reds countered with a 9-0 run that extended into the fourth quarter that Weaver finished off with a jumper in the lane that restored the lead to 34-20 early in the fourth.

It would be the last points Cedar would score. Enterprise would close the game with an 11-0 run, but missed three free throws in the six-minute stretch and ended up hitting 9 of 24 in the game.

The Lady Reds missed four free throws in the final period and finished 4-of-10 from the line.

“We didn’t show up for all four quarters,” Wolves senior forward Halle Drake said. “We like playing Cedar. They’re a good, physical team, which is tough to do in 2A.”

“It was good we got it down to three (points), but we need to put a whole game together.”

Cedar opened the week Dec. 6 with a similar 2A opponent, needing a fourth-quarter rally to get by Beaver 38-36. The Lady Reds failed to score in the third quarter, but outscored the Beavers 15-9 in the fourth to earn the win.

Davis led Cedar with 14 points and Maisei Elison added seven.

The Lady Reds played at Canyon View for its next game Tuesday night, which was too late for press deadline. Read all about it in the Dec. 21 edition.

Falcon girls play tough, come up short

by Tom ZULEWSKI
Iron County Today

The Canyon View Falcons girls basketball team found a stronger competitive footing with its opponents from last week, but remained winless on the year after a pair of tight games.

On Dec. 6, the Falcons fell 30-24 on the road at Pine View. CV led by nine after a quarter, but saw the host Panthers come back by outscoring them 13-3 in the final eight minutes to come away with the victory.

Alycia Flores and Rachel Lusk scored five points apiece for Canyon View in the loss. Claire Newby led all scorers with a double-double of 10 points and 11 rebounds for Pine View.

Two days later, the Falcons dropped a 40-39 decision at home to Snow Canyon. CV managed only four points in the third quarter after taking a 20-19 lead at the half. Morgan Cheney led the Falcons with 10 points in the loss. They played Cedar in their next game Tuesday night, but results weren’t available by press deadline. Read all about the game in the Dec. 21 edition.

PAROWAN

Parowan also dropped a pair of games last week, including its Region 20 opener on the road, a 67-19 loss to Wayne on Dec. 7. The Rams traveled to Beaver 24 hours later and fell 46-25 to the Beavers.

Parowan was within 10 points after three quarters, but Beaver pulled away by outscoring the Rams 16-5 over the final eight minutes.

Autumn Rogerson had 10 points in the loss for Parowan and Taylor Robb chipped in with seven. The Rams played at Water Canyon on Tuesday night, but results were not available.
CV wrestlers beat Cedar for third straight time

by Tom ZULEWSKI
Iron County Today

The Canyon View Falcons wrestling team knew it was flying pretty high after winning seven of its nine team duals last week at the Millard Ironman tournament.

The momentum continued Dec. 7 against its cross-town rival with the Cedar Redmen.

After seeing Cedar sweep pins in the upper weights, Canyon View picked up pins in eight of the remaining matches as they won 48-32 before a vocal crowd at the Cedar High gym in a non-region contest.

Tyler Haley, who opened the night with a pin of Cedar's Dax Hirsch in the 182-pound match in just 51 seconds, said the team needs to keep doing the work to make sure they aren't in positions to potentially get pinned.

"If we're on our back, we just have to keep finding ways to get out of it," Haley said.

The Redmen picked up three wins by pin to move in front at 18-6 as Quaid Murray (195), Nate Ellis (220) and Daniel Jordan (285) all put their opponents on their backs in the first round. Canyon View returned the favor at 106 pounds when Cole Lake pinned McKrae Spencer in 1 minute, 2 seconds.

"I'm happy with our effort," Canyon View head coach Dallas Lowry said. "We knew Cedar had the better of the upper weights, but these kids showed up and battled all night."

Garrett Brown was the next wrestler in the win column for the Falcons as he earned a second-round pin over Michael Wolfe in 3:27. In the only match that went for the full six minutes, Cedar's Dylon Arenivar got a reversal in the waning seconds to help secure a heart-stopping 12-8 victory over Canyon View's Dawson Stoor in the 120-pound match.

The Falcons would regain control and the lead when Tyrell Barney pinned Brecken Shakespear at 126 pounds, then Kasey Robinson, Brady Lowry and Colton Shumway all followed suit.

Mike Anker (152) scored a technical fall over Dallen Duncan and Jose Jimenez earned a third-round pin over Ryan Orton at 160 to give Cedar its other match wins on the night.

Canyon View wrapped up the match when Joey Mackeprang pinned Alan Garcia in the first round in the 170-pound match.

SUU hires new women's soccer coach

by SUU ATHLETICS STRATEGIC COMMUNICATION

For Iron County Today

CEDAR CITY — Southern Utah University Athletics and director of athletics Jason Butikofer and President Scott Wyatt have announced the hiring of Fred Thompson as the next head coach of the women's soccer team.

"My wife and I are thankful for the privilege of becoming the newest members of the SUU family. We are so grateful for the support and encouragement of SUU Athletics and President Scott Wyatt for choosing me to lead the SUU women's soccer program," Thompson said. "SUU is a special place and Thunderbird athletics has a bright future. I'm excited to become a part of the SUU and Cedar City communities."

"Fred will be a great addition to the SUU Athletics family. His character and expertise will provide a great platform for moving our student-athletes to their potential," Butikofer said. "I could not be more excited about elevating this program to a Big Sky Championship caliber under Fred's leadership."

Thompson comes to Southern Utah from the state of Washington where he served most recently as the director of coaching for the Thurston County United Soccer Club and as a scout for the Youth National Team in the northwest region of the United States.

Prior to Washington, Thompson spent a year coaching the Downtown Soccer Club in Las Vegas before serving at the helm of the Arsenal Soccer Club in Arizona from 2014-15.

Thompson was an assistant coach for the women's soccer team at Army West Point from 2009-2011 and interim head coach for the 2012 season. During his tenure at West Point the team had a combined record of 41-28-11, making the NCAA tournament in 2011 for just the second time in program history.

Before joining the staff at West Point, Thompson was the head coach of the men's soccer team at Bowling Green State University from 2004-2008 and an assistant coach at the University of Evansville from 2002-2004. Thompson started his collegiate coaching at Bellevue College in Washington from 2000-2002.

Prior to beginning his coaching career, Thompson was an assistant club coach for the Jamaican Under-20 National Team for men's soccer and was a goalkeeper for George Mason University where he earned All-South Atlantic Region, All-ECAC South, All-Colonial Athletic Association, All-Capital Collegiate Conference, and All-Virginia Intercollegiate League honors throughout his playing career.

For three of his four years as a player, George Mason was ranked as a Top 20 team in the nation. He was recently named as a member of the All-Time Colonial Athletic Association Team for men's soccer.

After graduating from George Mason with a bachelor's degree in finance, Thompson played for the Jamaican National Team and several professional teams including the Baltimore Blast and Tacoma Stars from the Major Indoor Soccer League and the Sacramento Knights of the Continental Indoor Soccer League.

Throughout his playing and collegiate coaching careers, Thompson has always been involved in youth soccer, coaching club teams in Washington, Las Vegas, and Arizona. Thompson currently holds a United States Soccer Federation "A" License and a Sports Life Coach Certification.

Thompson will be moving to Cedar City with his wife, Jill.

Timing is everything

as the 10-day party that is the Wrangler National Finals Rodeo unfolded at the Thomas & Mack Center in Las Vegas, the ebb and flow of everything that went on required a swivel chair and calculator just to keep up.

In the saddle bronc division, the Wright family was certainly on track to keep up its pattern of winning world titles in the even-numbered years. The youngest member of the six-cowboy clan surprised everyone at the start.

Ryder Wright barely made the field, qualifying 14th out of 15 to advance to rodeo's Super Bowl. Once the 18-year-old got in, he took off up the chute in a hurry, winning the first four rounds and rising all the way to second in the money.

But there were still six more rounds to ride.

Ryder Wright failed to score in five of them and ended up fourth in the final standings. Sources told me Ryder was close to setting a new arena record for the last round 8 ride Thursday, but got no score for touching the horse with his free hand.

From getting mentioned in the same breath as Billy Ettraker, the only other saddle bronc rider to have that run of NFR success, Wright got a rude awakening and didn't score again until winning Round 9 on Friday night.

In the end, he would drop two spots and finish $8,109 behind brother-in-law CoBurn Bradshaw of Beaver. Bradshaw scored on nine of his 10 rides and collected a fourth-place average check for $31,730 to give him the boost up the leader board.

Weirdness of the family's title-winning run aside, Ryder Wright's effort was just one example of why consistency is of the essence in order to be successful at the WNFR. When uncle Spencer Wright won his saddle bronc gold buckle two years ago, he qualified 13th, won two rounds, but scored in nine to win the average title and take the world title.

Failing to score on one ride can make a big difference between winning and losing, too. Eventual 2016 saddle bronc champion Zeke Thurston of Canada scored 86.5 on his Round 10 ride Saturday, but had to wait to see if Jacobs Crawley, who had kept the money lead from the start, could score and claim the gold buckle.

When Crawley missed his horse out, the CBS Sports Network camera crew gave Thurston the good news while interviewing him in a hallway. Thanks to a bonus of $67,269 for winning the championship, the Big Valley, Alberta native denied Crawley a straight world title by a grand total of $2,831.

Further down the standings, Rusty Wright scored on five of his 10 rides and didn't collect an average payout. Uncle Jake scored on seven of his and took home the eighth-place average check for $6,346.

The big result: JaKe beat out his nephew for eighth place overall by $2,915.

Ryder Wright will learn the lessons from his first trip to the Wrangler National Finals Rodeo and probably be a consistent qualifier for many years to come. To keep up the family tradition of gold buckles and world titles, he shouldn't forget the three most important words of any rodeo competition.

Timing is everything.

Follow Tom Zulewski on Twitter @TommyZee81 and email toominator19@yahoo.com.
Canadian Thurston wins saddle bronc crown at WNFR

by Tom ZULEWSKI
Iron County Today

LAS VEGAS — With a chance to repeat as saddle bronc world champion, all Jacobs Crawford had to do was stay on his ride and pick up the score he needed to earn another gold buckle.

When the Texan couldn’t complete the eight-second run Saturday night, it was the opening Canadian Zeke Thurston took full advantage of and took away his first world title.

Thurston finished tied for third in Round 10 with an 86.5 aboard Fire Lane, and it was good enough to give the 22-year-old the saddle bronc championship at the Wrangler National Finals Rodeo before more than 18,000 fans at the Thomas & Mack Center.

When the final scores from the 10-day event were counted, Thurston collected an extra $265,449, beating Crawley by $242,602 in winnings.

“I didn’t expect Jacobs to get a no-score, but it just goes to show you anything can happen,” Thurston said. “To win the average is a feat in itself, but to win the world title is very cool.”

Thurston, who didn’t know he had won the title until a member of the camera crew called him, was the only one of the four world champions to win a gold buckle.

“Thurston collected an extra $265,449, beating Crawley by $242,602 in winnings.”

Kimmie Wall of Roosevelt was third in the final go-round of the WNFR in barrel racing with a run of 13.61 seconds, just two-hundredths behind co-winners Sherry Cervi and Jana Bean. She ended up fourth in the average and fifth overall with $242,602 in winnings.

In bull riding, Joe Frost of Randlett failed to score on his final ride, but still finished fourth in the average and fourth overall with $217,032.

Tim Bingham of Honeyville closed strong with his second straight second-place ride of 83.5 points and finished 12th in the final money with $132,782.

SUU’s Lewis named to All-American second team

CEDAR CITY — Southern Utah University punter Tate Lewis has been picked as one of the top players in FCS college football for the 2016 season as he was named to the Madness 2016 FCS All-American Second Team.

Players were chosen to the teams after making significant contributions to their respective teams during the past season.

Lewis was the only Thunderbird named to a Madness 2016 FCS All-American Team.

Lewis earned his spot on the team after finishing the 2016 campaign ranked third in the nation, punting 78 times for 3,545 yards for an average of 45.4 yards per punt.

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NURSERY RHYMES: What line follows the rhyme, "Baa, Baa, Black Sheep"?

GEOGRAPHY: What river flows through the city of Vienna, Austria?

MOVIES: What movie was based on a play called "Everybody Comes to Rick’s"?

U.S. PRESIDENTS: What did President William McKinley die from in 1901?

MYTHOLOGY: What was the Greek counterpart of the Roman god Cupid?

TELEVISION: What was the name of the van in the "Scooby-Doo" animated series?

U.S. STATES: What is the official state flower of Kansas?

FOOD & DRINK: What herb is commonly used to make pickles?

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SCIENCE: What type of rock is basalt?